

Think. Talk. Time to test? : HIV testing in and around London / CHAPS, Community HIV and AIDS Prevention Strategy.

Contributors

CHAPS (Organization)

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THINK. TALK.

TIME TO
TEST?



CHAPS
COMMUNITY
HIV AND AIDS
PREVENTION
STRATEGY

The Terrence Higgins Trust Helpline:
0171 242 1010 (12 noon-10pm daily).
<http://www.chaps.org.uk>

Safer fucking for gay men

Why use condoms?

HIV can be passed on when blood or semen get into the bloodstream. Wearing a condom and using plenty of water-based lubricant will reduce the risk when you fuck or are fucked.

INSTRUCTIONS



As soon as the penis gets hard, place an unrolled condom on the tip.



Squeeze out the air from the end of the condom (to make room for any cum), and unroll the condom to the base of the penis.



Use plenty of water-based lubricant such as KY. Don't use oil-based lubricant like Vaseline or Baby Oil as these can make the condom break.



After cumming, hold onto the base of the condom firmly (to stop any cum leaking), then pull out. Use each condom only once.

Some condoms are lubricated with spermicides such as Nonoxynol 9. Some people are sensitive to this. Condoms without spermicides are no less effective than those with spermicides.

Use a water based lubricant such as Phoenix or Bodywise Silk.

Never use oil-based lubricants like Vaseline or Baby Oil as they damage the condom.

Use a strong good quality condom such as Mates Super Strong, Durex Ultra Strong, HT Special or Boys Own.

If you're fucking or being fucked always **use** a condom and lots of water-based lubricant.

Condoms can sometimes **slip off or break**

Check it now and then, and change it if you need to.

Never use a condom more than once.