

**Your arse can absorb HIV like a sponge : if you get fucked without a condom HIV can enter the bloodstream through the lining in the arse / GMFA.**

**Contributors**

Gay Men Fighting AIDS (Organization)

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If you get fucked without a condom,  
HIV can enter the bloodstream  
through the lining in the arse.



YOUR  
**ARSE**  
CAN ABSORB HIV  
LIKE A SPONGE





- ⌘ **Most gay men with HIV became infected by getting fucked without a condom. This is because the thin lining of your arse is extremely efficient at absorbing HIV.**
- ⌘ **Your arse does not have to be damaged or bleeding to be vulnerable to HIV. However, damage to the lining inside your arse does increase the risk of transmission.**
- ⌘ **Dildos or fisting can damage the lining of your arse without you noticing, and douching (washing the inside of your arse) can cause irritation. These can make your arse even more vulnerable to infections like HIV.**
- ⌘ **Having an STI can also make it easier to catch or pass on HIV. If you fuck or get fucked, using condoms is the most reliable way to prevent the transmission of HIV.**

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For information on how HIV is transmitted:

Visit: [www.gmfa.org.uk/cocksure](http://www.gmfa.org.uk/cocksure)

Call: London Lesbian and Gay Switchboard, 020 7837 7324;

THT Direct on 0845 12 21 200.

To express your views on HIV services in London,  
visit: [www.ergoclear.com/express](http://www.ergoclear.com/express)

