

It's happening : sex + drugs +HIV +AIDS / Sheffield AIDS Education Project.

Contributors

Sheffield AIDS Education Project

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You can't catch AIDS

You can become infected with the HIV virus - **Human Immuno-Deficiency Virus**

This virus eventually weakens your body's defences. When your immune system breaks down, you are vulnerable to a series of different illnesses. Together these are called **AIDS - Acquired Immune Deficiency Syndrome**

People with HIV infection are healthy, and lead active lives.

Some people with AIDS can also lead active lives.

People living with AIDS deserve our respect and support.

Sheffield Youth Clinic
Mulberry Street, City Centre
Monday/Tuesday 3.30 - 6pm
Wednesday 4 - 6.30pm

Sheffield AIDLine
(Mon-Thurs: 7pm - 10pm)
0800 844334
Sheffield Drugs Advice Line
580033

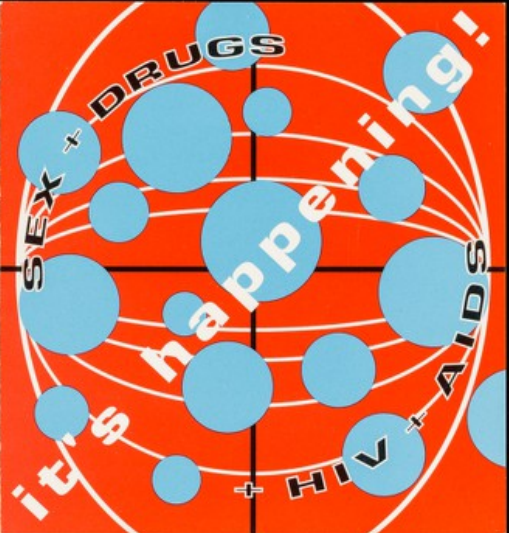
Rockingham Drug Project
117 Rockingham Street
9.30am - 5pm

Dept. of Genito-urinary Medicine (Special Clinic)
766928

Produced by Sheffield Aids Education Project
Original idea: Jeff Jones & Cath Street
This leaflet: Jeff Jones & Dorn Raban Designs

DON'T FORGET

INFORMATION



sex facts control drug facts

AIDS is caused by the virus HIV (Human Immuno-Deficiency Virus)

the virus can be present in blood, vaginal or cervical fluids or semen

you are at risk of infection if these fluids get into your blood stream

so unprotected anal or vaginal intercourse is risky

using a condom makes penetrative sex safer

mutual masturbation is safe

safer sex sounds boring - but it's as exciting as you make it! Sex doesn't have to involve penetration. Use your imagination!!

there's lots we can do to stop HIV spreading in our communities

sex is often difficult to talk about - but it's worth the effort - your sex life might improve !

talk about it with your friends and your boyfriend or girlfriend

you have the right to say no

you have the right to ask for what you want

you can protect yourself - insist on safer sex

Drug-users, prostitutes and gay men didn't 'cause A.I.D.S'. A.I.D.S. didn't 'come from Africa'. H.I.V. is passed on through penetrative sex without a condom, or sharing needles. It's what you do, not who you are, that puts you at risk.

if you are sharing needles and syringes, the virus can get into your bloodstream

it makes no difference what you inject (speed, heroin etc.) - sharing 'works' puts you at risk

free needles and syringes can be obtained in Sheffield from the Free Needle & Syringe Exchange Scheme - call 580033. This service is confidential

alcohol - if you have too much to drink and pick someone up you might forget about safer sex