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# COUNTY OF ZETLAND

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH

1953



Public Health Office,

Brentham Place,

LERWICK, August, 1954.

To

The Department of Health for Scotland
The County Council of Zetland
The Town Council of Lerwick
The Education Committee of Zetland County Council

Ladies and Gentlemen,

I beg to submit my Annual Report on the Fublic Health Administration of the County for the year 1953.

I am, Your obedient Servant,

S.A.B. Black,

Medical Officer of Health.

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#### VITAL STATISTICS

The following is a summary of the principal statistics for the year 1953. Figures for the years 1951 and 1952 are given for comparison. The figures given are corrected for transfers.

|  | ante to | Zetland |        | Scotland |
|--|---------|---------|--------|----------|
|  | 1951    | 1952    | 1953   |          |
| Population (estimated)   | 19,475  | 19,058  | 18,949 |          |
| Crude death rate per 1,000 population                              | 17.6    | 16.0    | 15.2   |          |
| Death rate adjusted for age and sex distribution                   | 11.4    | 10.4    | 9.9    | 11.5     |
| Live births (including illegitimate)                               | 305     | 281     | 300    |          |
| Birth rate (per 1,000 population)                                  | 15.7    | 14.7    | 15.8   | 17.8     |
| Illegitimate birth rate (per 100 births)                           | 4.3     | 3.2     | 3.7    | 4.7      |
| Infant mortality rate  | 20      | 25      | 3      | 30       |
| Deaths from tuberculosis (all forms)                               | 10      | 6       | 3      |          |
| Death rate from tuberculosis (all forms)                           | 0.51    | 0.31    | 0.16   | 0.26     |
| Deaths from pulmonary tuberculosis                                 | 8       |         | 2      |          |
| Death rate from pulmonary tuberculosis                             | 0.41    | -       | 0.11   | 0.23     |
| Deaths from principal epidemic diseases                            | 18      | 9       | 1      |          |
| Death rate (per 1,000 population) from principal epidemic diseases | 0.92    | 0.47    | 0.05   | 0.08     |

The Registrar General's estimate of the population of the county in the middle of the year 1953 is 18,949 which is a decrease of 109 on the estimated population in 1952.

The crude death rate is 15.2; the average rate for the previous five years was 16.7. The death rate corrected for age and sex distribution is 9.9; the average figure for the past five years was 10.8.

For the first time since 1947 the number of live births (300) exceeded the number of deaths (288). In the previous five years (1948-1952 inclusive) there were 142 more deaths than births.

As explained in previous reports the death rate is well below the replacement level and even if all emigration from the county were to cease a drop in the repulation would still be inevitable.

There was only one death of an infant under one year of age, and consequently the infant mortality rate (3 per 1,000 live births) is the lowest ever

recorded for the county.

In dealing with such a small number of births a truer picture is obtained by considering the average infent mortality rate for a five year period. This rigure for the years 1949-53 is 22; (the rate for Scotland in 1953 was 30). The table on page 4 gives further information about stillbirths and infent and neo-natal deaths in recent years.

There were three deaths from tuberculosis during the year, and the death rate for this disease is now down to 0.16 per 1,000 population, and is the lowest ever recorded.

When dealing with a small unit of population it is possible occasionally to achieve flattering figures such as we have done this year - (only one infant death, and only three deaths from tuberculosis) - but again the average rate over a period of years should be studied to get an honest picture of conditions. The tuberculosis death rate (all forms) for the five year period 1949-53 was 0.48, which is very nearly the same as the quinquennial average rate for Scotland during this period.

However, the record low mortality rate for the past

two years, 0.31 and 0.16 is encouraging.

The following table shows in order of frequency the most common ascribed causes of death:-

| Cause   | Number     | Percentage of total deaths. |
|---|------------|-----------------------------|
| Arteriosclerotic and degenera heart disease.      | tive<br>76 | 26%                         |
| Malignant neoplasms                               | 56         | 19%                         |
| Vascular lesions affecting central nervous system | 51         | 17%                         |
| Senility  | 20         | 7%                          |
| "Other violence"                                  | 10         | 3%                          |
| m . /   |            |                             |

This table shows some increase in the proportion of deaths caused by melignant neoplasms (cancer) - 19%; for the past several years this figure has been around 15%.

The following table shows the number of deaths at various ages from all causes. More than half of the deaths in the county were among percens over 75 years of age. About one fifth of those dying were under 65 years of age.

#### 1952

#### Number of Deaths

| All ages    | 269 |
|-------------|-----|
| - 1         | 1   |
| 1 - 4       |     |
| 5 9         | -   |
| 10 - 14     | 1   |
| 15 - 24     | 4   |
| 25 - 34     | 3   |
| 35 - 44     | 11  |
| 45 - 54     | 20  |
| 55 - 64     | 26  |
| 65 - 74     | 71  |
| 75 - 84     | 102 |
| 85 and over | 49  |
|             |     |

#### CARE OF MOTHERS AND YOUNG CHILDREN

The Local Authority's ante-natal clinic at Hillhead was attended by 389 different expectant mothers and children.

In the country districts the District Nurses recorded 5,885 welfare visits to 1,010 different pre-school age children.

Maternity outfits are provided by the District Nurses to expectant mothers when required.

The table below shows figures in recent years for stillbirths, neo-natal deaths, and total deaths of infants under one year of age. By "neo-natal deaths" is meant deaths of infants during the first month after birth. It is during this period that most infant deaths occur and prematurity is the cause of most of these deaths. As over 70% of our maternity cases occur in hospital in this county/

county most premature infants receive hospital care.

The Mursing Service has available equipment in stock for the special nursing of premature infants who may be born at home.

The table below shows figures in recent years for stillbirths, neo-matal deaths and deaths of infents under one year:-

|       | Sirths<br>(Corrected for<br>transfers) | Still-<br>oirths. | Total<br>Deaths<br>under<br>1 year. | Nec-Natal<br>Desths. | Infent<br>Mortality<br>Rate. |
|-------|--|-------------------|-------------------------------------|----------------------|------------------------------|
| 1945  | 293.                                   | 4                 | 10                                  | 4                    | 34                           |
| 1.946 | 31.8                                   | 10                | 13                                  | 10                   | 41                           |
| 1967  | 356                                    | 14                | 11                                  | 6                    | 30                           |
| 1948  |  | 5                 | 14                                  | 6<br>9<br>3          | 47                           |
| 1948  |  | 6                 | 9                                   | 3                    | 28                           |
| 1950  | 308                                    | 3                 | 11                                  | 10                   | 36                           |
| 1951  | 505                                    | 8                 | 6                                   | 4                    | 20                           |
| 1958  | 287                                    | 8                 | 7                                   | 6                    | 25                           |
| 1955  | 300                                    | 9                 | 1                                   | 1                    | 3                            |

In Lerwick the Infant Welfare Centre issues vitamin preparations and welfare foods for children. In country districts the District Nurses supply these to mothers. In 1954 the Local Authority will become directly responsible for issuing these welfare foods when the Ministry of Food hands over this responsibility.

#### DENMAL CARE OF PRE-SCHOOL CHILDREN

In less year's report the difficulty of providing an adequate preventive dental service was explained. In 1953 the number of pre-school children treated by the School Dental Officer was 14. More examinations and treatments of pre-school children will be possible if the Local Authority succeeds in its efforts to recruit a second dental officer.

#### MIDWIFERY

The table on the next page shows that only in Yell, Whalsay and Unst do nothers continue to have their infants in their own homes. On Shetland Mainland and Burra Isle end also in the smaller remote islands most of the confinements are booked into the Maternity Annexe, which during the year handled 71% of all confinements.

## Births during 1953/

#### Births during 1953

| Area              | <u>La</u><br>hospital | At home | <u>Aren</u> ho  | In  | At<br>home |
|-------------------|-----------------------|---------|-----------------|-----|------------|
| Burra Isle        | 13                    | 2       | - Papa Stour    | 1   | -          |
| Bressay           | 3                     | -       | Sandsting       | 16  | -          |
| Delting           | 6                     | 3       | Sandwick        | 9   | 1          |
| Dunrossness       | 11                    | 4       | Skerries        | -   | 2          |
| Fair Isle         | 1                     | -       | Tingwall        | 33  | 4          |
| Fetlar            | 1                     | 1       | Trondra         | -   | -          |
| Foula             | 2                     | -       | Unst            | -   | 10         |
| Culberwick, Quari | Y 2                   | -       | Walls, Sandness | 3 7 | 2          |
| Lerwick           | 93                    | 10      | Whalsay         | 1   | 14         |
| Nesting, etc      | . 4                   | 5       | Yell            | 3   | 19         |
| Northmavine       | 9                     | 6       |                 |     |            |

32 midwives notified their intention to practise midwifery in the county during the year.

During the year there were no cases of puerperal pyrexis or puerperal fever. There were no deaths of mothers as a complication of childbirth.

#### HEALTH VISITING AND HOME NURSING

Our District Nursing staff combine the duties of Health Visitors and District Nurses. In recent years there has been much discussion about the duties of Health Visitors, about their training, and about their co-operation with practitioners. From reading reports in the medical press it seems that in various places in the south there is often poor co-operation between whole-time local authority Health Visitors and the general practitioners.

We are fortunate in avoiding any such difficulty. In thinly populated rural counties it is quite possible to combine a health visitor's duties with home nursing duties and with a limited amount of midwives duties. The combination of duties is in fact an advantage. A nurse who is well known to a family and is accepted by them as a friend and helper in times of illness is likely to have far more prestige in the household than a person who is solely engaged in the work of a health visitor. In practice we find that District Nurses can use their considerable influence to teach infant welfare, general hygiene, and tuberculosis precautions.

It is doubtful if they would have as much authority if their ordinary nursing duties did not give them welcome access to the house. The combining of Home Nursing and Health Visitor work also has the advantage that the nurse is working in close contact with the practitioner and thus the family doctor becomes associated with the nurse's

public health duties.

Some statistics of the work done by District Nurses are given in the Appendix of this report. The number of home nursing visits performed by our staff of nineteen nurses totalled 34,372.

We are now fortunate in having a more settled staff of District Nurses. Eleven nurses have been with us for more than five years, and six others for over three years.

There is difficulty in filling posts in outlying small islands and it is only with difficulty that we are able to recruit/

recruit relief nurses for holiday relief work. During 1953 eleven different nurses were employed for extra holiday relief work; some of these were nurses from the south, others were retired nurses living in the county.

The County Council continued with its policy of trying to improve the conditions under which the nurses live and work. During 1953 one new Nurses' house at Pridge of Walls was completed and was occupied by the two nurses who work in Sandsting and Aithsting. This is the fifth house that has been made available since the Local Authority took over the running of the Nursing Service.

The Nursing Service is supplied with a fleet of fifteen cars. One new car was purchased in 1953, bringing the total of new cars bought since 1948 up to fifteen.

#### CARE OF THE AGED. DONESTIC HELP SCHEME

A scheme for the provision of domestic help to households requiring such help for medical reasons received approval in April, 1953.

During the year a start was made in trying to provide such help for aged persons who could not be looked after

in hospital.

There are approximately 600 persons over 80 years of age in the county, and there are about 1,500 persons between

the ages of 70 and 80.

Several of these people require help if they are to manage to live in their own homes. Only a small proportion of them can be cared for in institutions. Welfare Officers have difficulty in country areas in recruiting enybody to work as "home-helper." Fortunately good neighbours and relatives give valuable assistance in most cases.

There are a few people who are under the wrong impression that a domestic help scheme is an arrangement by which one can get paid for carrying out one's ordinary family obligations towards aged relatives. The scheme has proved helpful in a few very deserving cases. We have yet a let to learn about how to work such a scheme under the difficult circumstances that exist here.

#### VACCINATION and IMPUNISATION

Returns from practitioners show that only 18 vaccinations against smallpox were made in 1953 under the County Council's scheme. Fourteen of these were primary vaccinations. It is probable that many other vaccinations were done by practitioners privately; such vaccinations would not normally need to be notified to the Public Health Office.

Vaccination during infency is advisable. It makes subsequent re-vaccination safer and easier. It is a pity that so many parents are content to leave their children unvaccinated until adolescence when they have to submit to primary vaccination on being called up for national service, or when going to sea, or on entering the nursing profession.

Diphtheria immunisations are given by practitioners who hold immunising sessions at country schools. The Medical Officer of Health immunises children at Lerwick Central School and at the Welfare Clinic. Figures for Diphtheria Immunisations done during 1953 are given on the following page./

|                              | Number given course of two injections | Re-inforcing dose    |
|------------------------------|---------------------------------------|----------------------|
| Lerwick Child Welf<br>Centre | care 52                               | district of District |
| Lorwick Central Pu<br>School | ablic 82                              | 134                  |
| By Fractitioners             | 164<br>208                            | 342<br>376           |

#### PREVENTION OF ILLNESS, CARE, and AFTER CARE

This is the heading under which I am asked to report on preventive measures against tuberculosis.

On page 2 of this report it has already been explained that for the second year in succession the county has had its record low tuberculosis death rate. Throughout the country there has been a reduction in mortality in recent years. The use of new drugs and the success of surgical treatment has brought this about. In Scotland the percentage reduction in the crude death rate from tuberculosis from 1949 to 1952 has been 54 per cent.

In this county there is another factor apart from treatment that is having a marked effect on the tuberculosis figures. There is now far less opportunity of acquiring infection than there used to be. The number of notifications of new cases are fewer.

A simple skin test can show whether a child's body defences have yet encountered a tubercle germ or not. A "positive" result from the test shows that the child has at some time encountered a tubercle germ. Many thousands of children have been tested in this way in Britain. The samples tested show differences in different parts of the country, but it is quite usual in the south for about 10% to 20% of children to be positive to the test on going to school and for about 50% to be positive by the time they leave school.

During the period from September, 1952 to June, 1953 over 2,000 children in Shetland schools were tuberculin tested, and we found that only 7% of children of all ages showed evidence of ever having encountered any tubercle germs. This means that there is now far less opportunity of acquiring a tuberculous infection in Shetland than there is in the south.

This is satisfectory, but it creates a problem. It means that our population of young adolescents will go south for national service or for university or technical training without having acquired any naturally developed resistance to the disease, and they will do this at a most susceptible age for acquiring infection.

For this reason it is most desirable that as many school leavers as possible be given B.C.G. vaccine to increase their resistance to tuberculosis.

In November, 1953, the Department of Health made B.C.G. vaccine available to local authorities for immunising children about to leave school. Since then there has been a good response by parents and the vaccine has been used in several schools. Particulars of this work should, however, be given in the report for 1954.

During the year there was no waiting list for admissions to the Sanatorium. 21 cases were admitted. 14 of these were re-admissions and 7 were new cases.

128 patients on the tuberculosis register were visited by District Nurses in their homes. 886 visits were made to these patients.

The chest clinic at the Sanatorium was attended by 452 out-patients during the year. (This clinic is attended by many patients other than tuberculous cases and contacts).

The table below shows the number of notifications of new cases and the number of deaths from tuberculosis in recent years. It was found necessary to give B.C.G. vaccine to four child contacts of cases notified in 1953.

|               | Total                                 | 33                | 20      | 17      | 11      | 10   | 9    | 10   |
|---------------|---------------------------------------|-------------------|---------|---------|---------|------|------|------|
| DEATHS        | Non-<br>Pulmonary Fulmonary Total     | 11                | 80      | 7       | 1       | 1    | 9    | 1    |
|               | Pulmonsry                             | 222               | 12      | 13      | 10      | 0.   | 1    | 0.2  |
|               | .Total                                | 19                | 44      | 41      | 30      | 21   | 222  | 123  |
| NOTIFICATIONS | Non-<br>Pulmonery . Fulmonery . Total | 30                | 17      | 10      | 00      | cv2  | 80   | 4    |
| NOTE          | . Vienomin                            | 31                | 27      | 31      | 22      | 19   | 14   | 80   |
|               | 뒘                                     | 1931-35 (Aversge) | -       | 200     |         |      |      |      |
|               | Year                                  | 1931-35           | 1936-40 | 1941-45 | 1946-50 | 1921 | 1952 | 1953 |

Other tables containing information about tuberculosis are given in pages 2 and 3 in the Appendix of this report.

#### CONTROL OF INFECTIOUS DISEASES

The table below shows the number of cases of notifiable infectious diseases in the county during 1953.

Whooping cough was widespread in Whiteness, Sandsting and Aithsting at the beginning of the year, and in Yell during the autumn.

| Disease                    | At<br>all ages | -1 | 1- | 5-  | 15- | 25- | 45- | Received<br>hospital<br>treatment |
|----------------------------|----------------|----|----|-----|-----|-----|-----|-----------------------------------|
| Lerwick Burgh              |                |    |    |     |     |     |     |                                   |
| Scarlet Fever              | 2              | -  | -  | 2   | -   | -   | -   | -                                 |
| County                     |                |    |    |     |     |     |     |                                   |
| Acute Primary<br>Pneumonia |                | _  | -  | -   | _   | -   | 1   | Altr_                             |
| Erysipelas                 | -              | -  | -  | -   | -   | 2   | -   | -                                 |
| Scarlet Fever              |                | -  | 2  | 4   | -   | -   | -   | -                                 |
| Whooping Cough             | 177            | 9  | 31 | 118 | 16  | 2   | 1   | -                                 |
| Total                      | 177            | 9  | 33 | 122 | 16  | 4   | 2   | -                                 |

There are infectious conditions causing much minor ill health which do not appear on the above table.

An epidemic of sore throats with earache as a complication occurred around Ollaberry in February. Minor epidemics of gastro-enteritis occur from time to time. These are usually of a trivial nature and are only known about after it is too late to be able to trace out the cause.

More hygienic methods of handling food and more general health education of the public would help to prevent such ailments. It is wrong to lay all the blame on those who handle food commercially. Hygiene inside the home is also of importance.

#### MENTAL HEALTH

There are sixteen certified mental defectives and four "home lunatics" living in the county with their relatives. These cases are visited by welfare officers and practitioners.

Certified patients sent to the Royal Mental Hospital at Montrose numbered six during the year. Other patients were treated as voluntary patients at Kingseat Hospital.

A consultant from Kingseat Hospital visits Shetland regularly. The size of the problem of looking after mentally ill patients and mental defectives is not generally appreciated. Such patients occupy about 40% of all hospital beds in Scotland, and at the end of 1951 there were 71 patients from Shetland alone in the Royal Mental Hospital at Montrose.

#### NURSERY AND CHILD MINDERS REGULATION ACT

There are no persons in this county paid for services given as "child minders."

#### REPORT ON SCHOOL MEDICAL INSPECTION

#### Year ended 31st July, 1953

#### STAFF

School Medical Officer (part-time):-

S. A. B. Black, M. D. , D. P. H. , D. T. M. &H.

School Dental Officer: -

Alfred Young.

School Nurses (part-time): -

Lerwick - One.

Other Areas - 19 District Nurses in 19 areas in the County.

#### Specialist Medical Officers:-

The various consultants of the North-Eastern Regional Hospital Board to whom cases from this County are referred.

#### Clerks: -

2 (part-time)

#### GENERAL STATISTICS

Population of Area - 19,058 (at start of school year).

Number of Schools:-

Primary - 41 Secondary - 13 Side Schools - 3

Number of children on register - 2,903 Number of children in average attendance - 2,607 Percentage attendance for year 87.9

#### SYSTEM AND EXTENT OF MEDICAL INSPECTION

During the school year ending July, 1953, all schools were visited for medical inspection of the pupils except the schools at Papa Stour and Trondra.

Pupils in the following age groups were given routine school medical inspection: -

- (1) All entrants and pupils not previously subjected to routine school medical inspection.
- (11) Pupils born in 1945 (examined for visual acuity and hearing only).
- (111) Pupils born in 1943 (1V) Pupils born in 1939. (V) Pupils born in 1936.

Table 1 of this report shows that 1,088 children were given systematic examination; this is 135 fewer than last year.

114 children not in the age groups for examination were re-examined on account of some possible defect noted at previous 61 children missed routine examination through being examinations. absent on the day of the examination, so that 93 per cent of those due This percentage has shown for examination were actually examined, very little variation in the past eight years.

Parents or other relatives attended with 277 of the children receiving routine inspection.

#### THE FINDINGS OF MEDICAL INSPECTION

Table 11 shows in detail under separate headings the number of defects found at systematic inspections. There are no figures that are unusual.

Cleanliness. There is an improvement in the cleaning the ren's hair. This year head nits were found in only 10 children examined at routine inspections. The District Nurses issue insecticidal hair lotions to the families showing signs of infestation, and periodically examine children at school. Their efforts are now proving more successful.

Skin Conditions and Defective Conditions of Ear, Nose and Throat fortunately continue to be comparatively uncommon. The proportion both fortunately continue to be comparatively uncommon. of children showing defects under this heading in school inspections in other areas are usually far higher than our figures. that these defects are more easily acquired by people living in urban conditions.

Defective Vision. Fifty five children seen at routine school inspections were recommended for refraction. In the previous two years the numbers were 77 and 87. The reduction may be due to parents becoming quicker at detecting defective vision, with the result that glasses are provided for the children before the fault is detected at a school inspection.

Table 111 classifies children into groups in accordance with the severity of the defects discovered. The table is similar to the equivalent table in last year's report. There is a reduction of over 2 per cent in the numbers with Group 11 and Group 111 defects, but an increase of about 2 per cent in the numbers in Group 1V.

Table IV gives particulars of handicapped children in the county. The number of children educable but mentally handicapped who are at ordinary schools is nine. At the end of the school year (July, 1953) there were six children attending special schools in the south.

#### SANITATION IN SCHOOLS

The Education Authority's programme of improvements to school premises continues and a detailed statement of work done will be found on page 30 of the Annual Report of the County Sanitary Inspector.

#### SCHOOL DENTAL SERVICE

Table V gives particulars of the dental inspections and treatments given by Mr. Young before he retired at the end of the school year.

As explained in last year's report the Education Committee and the Public Health Committee have been trying to extend and improve the Local Authority's dental service to school children, pre-school children and expectant mothers. Efforts have been made to try and recruit two school dentists. If a preventive dental service is to be worked then routine treatment at an early stage of decay must be our aim, rather than providing emergency treatment for toothache.

The North Isles has not had as big a share of the School Dentist's time as other parts of the county, but this has been rectified since the end of the school year (ending July, 1953) and will be reported upon in next year's report.

The shortage of dentists in the school dental service can be seen from a table in the Report of the Department of Health, 1953 (page 121). Several local authorities have one dentist for every six, seven, or ten thousand pupils. However the report indicates that the supply of dental officers for the Local Authority services is increasing.

#### TABLE 1

Total number of children examined at: -

| (A)       |                    |                                   | Other systematic<br>Examinations:- |
|-----------|--------------------|-----------------------------------|------------------------------------|
|           | (Entrants          | 312                               | -                                  |
|           | Second Age Group   | 249                               | -                                  |
| Ordinary  | Third Age Group    | 265                               | - 100                              |
| Schools   | Fourth Age Group   | 12                                | -                                  |
|           | (Fifth Age Group   | -                                 | -                                  |
| Secondary | (Fourth Age Group  | 221                               | - 1793                             |
| Schools   | (Fifth Age Group   | 29                                | - 1                                |
|           |                    | 1088                              | _                                  |
|           |                    | =                                 | =                                  |
| (B) Of    | ther examinations: |                                   | 84                                 |
|           |                    | Re-inspections<br>Medical Officer |                                    |
|           |                    |                                   | 114                                |
|           |                    |                                   |                                    |

Number of individual children inspected at systematic examination, who were notified to parents as requiring treatment (excluding uncleanliness and dental caries):-

| Entrants         | - | 11 |
|------------------|---|----|
| Second Age Group | - | 15 |
| Third Age Group  | - | 27 |
| Fourth Age Group | - | 39 |
| Fifth Age Group  | - | 2  |
| Other systematic |   |    |
| examinations     | - | -  |
|                  |   | _  |
|                  |   | 94 |
|                  |   |    |

Of 114 children given a re-inspection or special examination 28 were notified to parents as requiring treatment, and 29 were noted for re-examination again during the school year 1953-54.

# TABLE 11

Return of number and percentage of individual children in each age group suffering from particular defects:-

|    | Nature of<br>Defect.   | Total de-<br>fective at<br>all ages | Entra<br>Boys        | nts<br>Girls | Third<br>Age G<br>Boys | roup          | Fourt<br>Age G<br>Boys | roup | Fifth<br>Age Gr<br>Boys G | coup  | All A<br>Boys        | ges<br>Girls |
|----|--|-------------------------------------|----------------------|--------------|------------------------|---------------|------------------------|------|---------------------------|-------|----------------------|--------------|
|    | Number examined:   |                                     | 164                  | 148          | 144                    | 121           | 118                    | 115  | 15                        | 14    | 441                  | 398          |
| 3  | Clothing<br>unsatisfactory   | -                                   | -                    | -            | -                      | -             | -                      | -    | -                         | -     | -                    | -            |
| 2. | Footgear<br>unsatisfactory   | -                                   | -                    | -            | -                      | -             |                        |      | -                         | -     | -                    | -            |
| 3. | Cleanliness- (a) Head: Dirty, nits or vermin (b) Body: Dirty or verminous  |                                     | 2<br>1,2<br>1<br>0,6 |              | 0.7                    | 6 5.0         |                        | 0.9  | -                         | 17111 | 3<br>0.7<br>1<br>0.2 | 1.8          |
| 4. | Skin- Ringworm  (a) Head:     Impetigo     Other     diseases  (b) Body: Ringword     Impetigo  Scabies     Other diseases | 0.1                                 |                      |              | 0.7                    |               | 0,8                    |      |                           |       | 0.2                  |              |
| 5. | Nutritional State<br>Slightly defective<br>Bad   |                                     | 1.8                  | 0.7          | 3<br>2.1<br>-          | 4<br>3.3<br>- | 0.8                    | 0.9  |                           | -     | 1.6                  | 1.5          |
| 6. | Mouth and teeth unhealthy  | 9<br>1.1                            | 1.2                  | 2.0          | 0.7                    | 1.7           | -                      | 0.9  | -                         | -     | 0.7                  | 6            |
| 7. | Naso-pharynx- (a) Nose: (1) Obstruction r observation (11)Requiring operation (11)Other conditions                         | eq. 1<br>0.1<br>1<br>0.1            | 0.6                  |              | 11111                  |               | 111111                 | 0.9  |                           | 11111 | 0.2                  | 1 0.3        |
|    | (b) Throat: (1) Tonsils req. observation (11) Requiring  | o.8                                 | 1.2                  | 2            | 0.7                    | 0.8           | 0.8                    | -    | -                         | -     | 0.9                  | 0.8          |
|    | operation (c) Glands req, observation (l1)Requiring operation  | 0,5                                 | 1.8                  | 0.7          |                        | -             | -                      |      |                           |       | 0.7                  | 0.3          |
| 8. | Eyes- (a) External dise Blepharitis Conjunctiviti  | 0.8                                 | 3                    | 3 2.0        | -                      |               | -                      | 0.9  | -                         |       | 3,0.7                | 1.0          |

# TABLE 11 (Cont'd.)

|    | Nature of                            | Total de-<br>fective at<br>all ages  |     |       |        | roup  |      | roup         | Fifth<br>Age Gr<br>Boys ( |               |       |       |
|----|--------------------------------------|--|-----|-------|--------|-------|------|--------------|---------------------------|---------------|-------|-------|
|    | Conjunctiviti                        |  | -   | -     | -      | -     | -    | -            | -                         | -             | -     | a     |
|    | Corneal opaci                        |  | 1 - | -     | -      | -     | -    | -            | -                         | -             | -     | -     |
|    | Strabismus                           | - 5  | 2   | 2     |        | 1     | -    | 0 -          | -                         | -             | 2     | 3     |
|    | Other disease                        | 0.6  | 1.2 | 14    | -      | 0.8   | -    | -            | -                         | -             | 0.5   | 0.8   |
|    | (b) Visual acuity                    |  |     | See   | end of | Table | e 11 |              | 6                         | To the second | -     |       |
| 9. | Ears-                                |  |     |       |        |       |      |              |                           |               |       |       |
| 0  | (a) Diseases:                        |  |     |       |        |       |      |              |                           |               |       |       |
|    | Otorrhoea                            | 3  | 2   | -     | -      | -     | -    | -            | 1                         | -             | 3     | -     |
|    |                                      | 0.4  | 1.2 | -     | -      | -     | -    | -            | 6.7                       | -             | 0.7   | -     |
|    | Other diseases                       |  | 1   | _ 2   | - 3    | . 8   | 10   | 4            | -                         | -             | 14    | 14    |
|    | /1 \ n a                             | 3.3  | 0.6 | 1.4   | 2.1    | 6.6   | 8.5  | 3.5          | -                         | -             | 3.2   | 3.5   |
|    | (b) Defective hear                   | The state of the s |     |       |        |       |      |              |                           |               |       |       |
|    | Grade 1                              | 2  | 1   | -     | 1      |       | -    | -            | -                         | -             | 2     | 9 -   |
|    | 0 22/01                              | 0.2  | 0.6 | -     | 0.7    | -     | -    | -            |                           | -             | 0.5   | -     |
|    | " 11(a)                              | 0.2  |     | 8.7   | 0 7    | 1     | -    | -            | -                         | -             | 1     | 1     |
|    | " 11(ъ)                              | 0.2  | 0.0 | 15    | 0.7    | 0.8   | 7.0  | 1.1.7        | -                         | -             | 0,2   | 0.3   |
|    | " 111                                | -  | -   | -     | -      | -     | -    |              | -                         | -             | -     | -     |
| -  |                                      |  |     |       |        |       |      |              |                           |               |       |       |
| 0. | Speech-                              | 2  |     |       |        |       |      |              |                           |               |       |       |
|    | Defective                            | 3  | 2   | 7 - 1 | -      |       | -    | 1            | -                         | -             | 2     | 1     |
|    | articulation                         | 0.4  | 1.2 | -     | -      | y ag  | -    | 0.9          | -                         | -             | 0.5   | 0,3   |
|    | Stammering                           | 1  | -   | 0 8-  | 1      | -     | -    | 0 000        | -                         | -             | 1     | -     |
|    |                                      | 0.1  | -   | -     | 0.7    | -     | -    | -            | -                         | -             | 0.2   | -     |
| 1. | Mental and Nervous                   | 3  |     |       |        |       |      | 1014         | to and the                | Lily          | and i | Dig P |
|    | Condition-                           | variant  |     |       |        |       |      |              |                           |               |       |       |
|    | (a) Backward (due                    |  |     |       |        |       |      |              |                           |               |       |       |
|    | irregular                            | 1  | -   | -     | -      | 1     | -    | -            | -                         | -             | -     | 1     |
|    | attendance, etc                      |  | -   | -     | -      | 0.8   | -    | -            | -                         | -             | -     | 0.3   |
|    |                                      | 5  | 1   | -     | 2      | -     | 1    | 1            | -                         | -             | 4     | 1     |
|    | (intrinsically                       | 0.6  | 0.6 | -     | 1.4    |       | 0.8  | 0.9          | -                         | -             | 0.9   | 0.3   |
|    | (c) Mentally defective (educable)    | -  |     |       |        |       |      |              |                           |               |       |       |
|    | (d) Mentally defec                   | -  | -   | -     | -      | -     | -    | -            | -                         | -             | -     | -     |
|    | ive(ineducable                       | t- 2   | -   | -     | -      | 1     | -    | 1            | -                         | -             | -     | 0.5   |
|    | (e) Highly nervous                   | 0.2  | -   | -     |        | 0.8   | -    | 0.9          | -                         | -             | - 7   |       |
|    | or unstable                          | 0,2  | 0 ( | 0 7   | 7      | (5.5) | E.   | -            | -                         | 0.3           | 1     | 1     |
|    | (f) Difficult in                     | 2  | 0.6 | 0.7   | -      | -     | -    | -            | -                         | -             | 0.2   | 0.3   |
|    | behaviour                            | 0.2  | -   | -     | 2      | -     | -    | -            | -                         | -             | 2     | -     |
|    |                                      |  |     |       | 1.4    |       |      |              | -                         |               | 0.5   |       |
| 2. | Circulatory system                   | 1-   |     |       |        |       |      |              |                           |               |       |       |
|    | (a) Organic heart                    |  |     |       |        |       |      |              |                           |               |       |       |
|    | disease:                             | 4  |     | -     | 1      | 2     | -    | 1            | -                         | -             | 1     | 3     |
|    | (1)Congenital                        | 0.5  |     | -     | 0.7    | 1.7   | -    | 0.9          |                           | -             | 0.2   | 0.8   |
|    | (11)Acquired                         | 5  | -   | -     | 1      | 3     | 1    | -            | -                         | -             | 2     | 3     |
|    | (2) 2                                | 0.6  | -   | -     | 0.7    | 2.5   | 0.8  | -            | -                         | -             | 0.5   | 0.8   |
|    | (b) Functional                       | 4  | 1   | 2     | 1      | -     | -    | -            | -                         | -             | 2     | 2     |
|    | conditions                           | 0.5  | 0,6 | 1.4   | 0.7    | -     | -    | -            | -                         | -             | 0.5   | 0.5   |
|    | Lungs-                               |  |     |       |        |       | 1    | The state of |                           | -             |       |       |
|    | Chronic Bronchitis                   | -  | -   | -     | -      | -     | _    | -            | _                         | 000           | 10-   | _     |
|    | THE PERSON NAMED IN COLUMN TWO       |  |     |       |        |       |      |              |                           |               |       | 1     |
|    | Suspected tubercul                   | osis -   | -   | -     | -      | 100   | -    | -            | -                         | -             | -     | -     |
|    | Suspected tubercul<br>Other diseases | osis -   | 4   | 1     | 1      | -     | -    | -            | -                         |               | 5     | 1     |

# TABLE 11 (Cont'd.)

| Nature of<br>Defect                                       | Total de-<br>fective at<br>all ages | Entrants<br>Boys Girl             | Age Group              | Fourth<br>Age Group<br>s Boys Girls | Fifth<br>Age Group<br>Boys Girls | All Ages<br>Boys Girls               |
|---|-------------------------------------|-----------------------------------|------------------------|-------------------------------------|----------------------------------|--------------------------------------|
| 14. Deformities— (a) Congenital (b) Asquired (Infantile   | 3 0.4                               | 2 -                               | - 1<br>- 0.8           | 1                                   |                                  | 2 1<br>0.5 0.3                       |
| Paralysis) (c) Acquired (probable                         | 7                                   | 1 1                               | 2 2                    | 1 -                                 | The fire                         | <br>4 3                              |
| rickets) (a) Asquired (Other                              | 0.8                                 | 0.6 0.7                           |                        |                                     | -                                | 0.9 0.8                              |
| causes)   | 4 -05                               |                                   | 8 - 8 -                | 7 2                                 | 00402 2                          |                                      |
| 15. Infectious<br>diseases                                |                                     | -1 1                              | 9- 1-                  | 2 2 2                               |                                  |                                      |
| 16. Other diseases<br>or defects                          | 1.0                                 | 2 1<br>1.2 0.7                    |                        |                                     | : :                              | 6 2<br>1.4 0.5                       |
| 8. (b) Visual acuity:                                     |                                     |                                   |                        |                                     |                                  |                                      |
| Nature Total de-<br>cf fective at I<br>Defect. all ages I | Intrants .                          | Second<br>Age Group<br>Boys Girls | Age Group              | Age Group                           | Fifth<br>Age Group<br>Boys Girls | All Ages<br>Boys Girls               |
| Total number subjected<br>to routine vision test          |                                     |                                   |                        |                                     |                                  |                                      |
|   | 4 3                                 | 137 111                           | 141 116                | 118 114                             | 14 14                            | 414 358                              |
| Visual acuity:<br>Fair 59<br>7.6<br>Bad 47                |                                     | 6 12<br>4.4 10.8<br>4 6           | 9 7<br>6.4 6.0<br>4 13 | 7 12                                | 2 1<br>14.3 7.1                  | 29 30<br>7.0 8.4<br>15 32<br>3.6 8.9 |
| 5.1   | - 33.3                              | 2.9 5.4                           | 2.8 11.2               | 5.9 10.5                            | a Total all all a                | 3.6 8.9                              |

TABLE 111

Systematic Medical Examinations

|                                     | Entra              | nts                                   | 3rd a             | ge group              | 4th                | ige group | 5th ag             | 5th age group         | Total              | al   |
|-------------------------------------|--------------------|---------------------------------------|-------------------|-----------------------|--------------------|-----------|--------------------|-----------------------|--------------------|--|
|                                     |                    | % of the                              |                   | % of the              |                    | % of the  |                    | % of the              |                    | % of the                                   |
| *<br>Classification                 | No. of<br>children | No. of exd. in<br>children this group | No of<br>children | exd. in<br>this group | No. of<br>children |           | No. of<br>children | exd. in<br>this group | No. of<br>children | exd. at<br>systematic<br>medical<br>exams. |
| Group 1                             | 283                | 90.70                                 | 229               | 86,42                 | 197                | 75.42     | 26                 | 89.65                 | 735                | 87.61                                      |
| " 11(a)                             |                    | ,                                     | 4                 | 1.51                  | 17                 | 7.30      | 2                  | 6.90                  | 23                 | 2.74                                       |
| " 11(b)                             | 4                  | 1.28                                  | 1                 | 0,38                  | 1                  | 0.43      |                    | ,                     | 9                  | 0,72                                       |
| " 11(c)                             | 1                  | 1                                     | 1                 |                       | 1                  |           | 1                  |                       |                    |  |
| Total                               | 4                  | 1.28                                  | 5                 | 1.89                  | 18                 | 7.73      | 2                  | 6.90                  | 59                 | 3.46                                       |
| 111 "                               | 11                 | 3.53                                  | 11                | 4.15                  | П                  | 4.72      | 1                  | 1                     | 33                 | 3.93                                       |
| " 1V(a)                             | 13                 | 4.17                                  | 18                | 6.79                  | 3                  | 1.29      | 1                  | 3.45                  | 35                 | 4.17                                       |
| " 1V(b)                             | 1                  | 0,32                                  | 2                 | 0.75                  | 7                  | 1.72      | 1                  |                       | 7                  | 0.83                                       |
| Total                               | 7/1                | 64.4                                  | 20                | 7.54                  | 7                  | 3.01      | 1                  | 3.45                  | 77                 | 5.00                                       |
| Total Mo. of child-<br>ren examined | 312                | 100,00                                | 265               | 100,00                | 233                | 100,00    | 29                 | 100.00                | 839                | 100.00                                     |

\*Definitions of each group: 1. Children free from defects. 11(a) Defective vision not worse than 6/12 in the better eye with or without glasses. 11(b) Condition of the mouth and teeth requiring treatment. 11(c) Both (a) and (b). 111. Children suffering from allments (other than those mentioned in 11) from which a complete recovery is anticipated within a few weeks. 1V(a) Where complete cure or restoration of function (in case of eye defect, full correction) is considered possible. 1V(b) Where improvement only is considered possible, e.g. without complete restoration of function.

Children in the 2nd Age Group are examined for visual acuity only and are therefore not classified into groups,

# Table of Average Age, Weight and Height of Children Examined at Systematic School Medical Inspection During the Year Ended 31st July, 1953

| Group              |           | Months     | Average Weight in 1bs | Average Height in inches |
|--------------------|-----------|------------|-----------------------|--------------------------|
| Entrants: -        |           |            |                       |                          |
| Males<br>Females   | 5<br>5    | 8.8<br>9.1 | 49.8<br>48.2          | 45.1<br>44.4             |
| Third Age Group: - |           |            |                       |                          |
| Males<br>Females   | 9 9       | 7.0<br>7.2 | 72.5<br>70.4          | 55.0<br>53.1             |
| Fourth Age Group:  | - 12 15 7 |            |                       |                          |
| Males<br>Females   | 13<br>13  | 6.8        | 108.3<br>110.1        | 64.9<br>61.7             |
| Fifth Age Group: - |           |            |                       |                          |
| Males<br>Females   | 16<br>16  | 7.7<br>6.4 | 149.1<br>144.8        | 69.4<br>64.3             |

TABLE 1V

Return of ALL Exceptional Children of School Age in the Area

|    | Disability  | At<br>ordinary<br>schools | At special schools or classes  |            | Total.   |
|----|---|---------------------------|--|------------|----------|
| 1. | Blind   | - enterests               | 1  | To bear of | 1        |
| 2. | Partially sighted:  (a) Refractive errors in which the curriculum of an ordin- ary school would adversely                           |                           |  |            |          |
|    | affect the eye condition (b) Other conditions of the eye, e.g. cataract, ulceration, etc., which render the                         | - 483<br>002<br>013       | 1  |            | 1        |
|    | child unable to read ordin-<br>ary school books or to see<br>well enough to be taught in<br>an ordinary school                      | -                         | order or   |            | -        |
| 3. | Deaf:   |                           |  |            |          |
|    | Grade 1   | -                         | mo.Tito In   | rest -     | -        |
|    | " 11(a)   | 5 00 To 100               | telumine to to   | STATE - 14 | -        |
|    | " 11(0)   | 1                         | -  |            | 2        |
| 4. | Defective speech:  (a) Defects of articulation requiring special educational measures  (b) Stammering requiring special educational | a ventra                  | A CONTRACTOR OF THE PROPERTY O |            | -        |
| 5. | Mentally defective: (Children between 5 and 16 yrs.)  | -                         | too agreement  | (8)<br>(3) | -        |
|    | (a) Educable  | 9                         | 1  | T-11       | _10      |
| ,  | (b) Ineducable  | 4                         | Asset Albert 18  | 9          | *13(+2)  |
| 6. | (a) Mild and occasional   | 1                         | marriage and   | Jeon -     | 1        |
|    | (b) Severe (suitable for care<br>in a residential school)   | mer-reaction              | Looms sulso  | The -      | -        |
| 7. | Physically Defective:<br>(Children between 5 and 16 yrs.)<br>(a) Non-pulmonary tuberculosis   | The To have               |  |            |          |
|    | (excluding cervical glands) (b) General orthopaedic   | Anna anna                 | of Madical   |            | mortine- |
|    | conditions  | The state of              | 1  | 1          | 2        |
|    | (c) Organic heart disease<br>(d) Other causes of ill health   | -                         | al wife and  | 1          | 1        |
| 8  |   | 2                         |  | 62         | 2        |
| 8. | Multiple defects  | -                         | -  | ~1         | 1        |

<sup>\*</sup> Two additional mentally defective children of school age are in institutions for mental defectives in the south.

Epileptic and blind.

# TABLE V

## Dental Inspection and treatment

Number of children who were: -

(1) Inspected by dental officer:-

|            |  | (-)  |
|------------|--|--|
|            | (a)<br>Systematic Sp   | (b)  |
| Age        |  |  |
| 6-         | . while the contract of the co | gondy cases, rotar   |
| 5 -<br>7 - | 6 619  | ) 619  |
| 7 -        |  | ) 311  |
| 8 -        |  | ) 285  |
| 9 -        |  | 48) 271  |
| 10 -       |  | 288  |
| 11 -       |  | 274  |
|            | 15 and over 396  | 249  |
|            |  |  |
|            | 2693   | 48 2693  |
|            |  | 2741   |
| 101        |  | All the state of t |
| (2)        | Found to require   | 3 703  |
| (3)        | Actually treated by  | 1321   |
| ()         | Dental Officer   | 1205   |
| (4)        | Number of attendances made by  | 120)   |
| 1.17       | children for treatment   | (No record)  |
| (5)        | Fillings:-   |  |
|            | (a) Permanent teeth  | 1375   |
|            | (b) Temporary teeth  | 2208   |
| (6)        | Extractions: -   | Control of the Contro |
|            | (a) Permanent teeth  | 63   |
| (7)        | (b) Temporary teeth  | 2312   |
| (1)        | Number of administrations of a general anaesthetic   | 12   |
| (8)        | Other operations:-   | 12   |
| 1-7        | (a) Permanent teeth)   | 00   |
|            | (b) Temporary teeth )  | 28   |
| (9)        | Number of half-days devoted to in  |  |
| 11         | Number of half-days devoted to to  |  |
| (10)       | Number being treated under priva   | te arrangement - No record   |
| (11)       | Treatment refused - None.  | D -24-4 - O- to-stood  |
| (75)       | Children visiting Saturday "open<br>mostly from country districts, n   | or treatment,  |
|            | were treatments given apart from   |  |
|            | following school inspection and  |  |
|            | the Clinic by arrangement.   |  |
| (13)       | Scaling and treatment of gums -  | - 274.   |

#### PORT HEALTH ADMINISTRATION

During the year 254 vessels made a port in Shotland their first port of cell after leaving a foreign country. In each case satisfactory Declaration of Health statements were received by the Customs Officers.

#### FOOD SUPPLIES

Particulars of the administration of Acts and Orders to do with Milk, Ice Cream, Meat and Other Foods are given in the report of the County Sanitary Inspector.

#### NATIONAL ASSISTANCE ACT, 1948

Accommodation for persons (other than hospital patients) needing institutional care is provided at the Bravik Hospital by arrangement with the local Hospital Board. At the end of 1953 there were 9 "local authority" cases in this hospital.

During the year it was not found necessary to use Section 47 of the National Assistance Act to remove any aged person to an institution by order of the Court.

It has been estimated that hostel accommodation is required for about  $2\frac{1}{2}$  per cent of elderly persons in a community. By this standard this county requires 90 beds in homes for old people.

The building at Viewforth, Lerwick, is still under construction and there are plans ready for the conversion of Leog House into a hostel for the aged.

Even with these two homes we will still have only half the beds considered necessary by the standards of the Medical Advisory Committee of the Scottish Health Services Council.

#### SUMMARY

In the summary of the Annual Report for 1951 I reported on the position which the Local Authority had reached in adjusting itself to the changing conditions which public health authorities are facing at present. The position has not changed much in the two years that have elapsed since then. Advances in hospital medicine and in elaborate forms of treatment still receive more attention and support than do the less exciting measures and restrictions needed to prevent ill health.

Various reports have stressed the need for an expansion of the country's preventive services both for economic reasons and to lessen the volume of work borne by hospitals. Below is a quotation from a report recently made by the Scottish Branch of the Society of Medical Officers of Health:

"The existing service has gone astray by placing the emphasis on the hospital and the treatment of established disease. The actual expenditure incurred in 1952-1953 was: - Hospital Services - £296 millions; General Medical, Dental, and Pharmaceutical Services - £154 millions; and Local Authority Services - £21 millions (plus another £21 millions from rates). Also, not all of the last mentioned £42 millions was spent on preventive medicine: for example, over £9 millions/

£9 millions of the Local Authority total was spent on the ambulance service of England and Wales. Broadly, for every pound spent on services to promote health and prevent sickness, £5 are spent on treatment at home and £10 on treatment in hospital. .....it is worth remembering that a 2 per cent saving on the hospital and specialist service would permit of a 15 per cent expansion of the local authority preventive and health promoting services."

As long as there is a shortage of public health dentists, nurses and doctors in the country not much expansion of the service is likely.

Public Health authorities seem to be becoming more and more involved in welfare work. One hears the term "social medicine" used where previously the description "public health" was applied. The classical public health problems of controlling infectious disease no longer occupy as much of the time of the health staff as they used to do.

As regards our own position in this county we can claim that there is good co-operation between the different branches of the health service (and so there should be in a small place).

The helpful co-operation of the public has helped to reduce the incidence of tuberculosis considerably and we are entitled to feel some cautious optimism

about this disease.

The news in recent years about better housing, better milk supplies, and new water schemes has been satisfactory. There is room for improvement in food hygiene and

for some advance in health education.
The care of the many aged persons in the county is our biggest immediate problem.

#### APPENDIX

#### MATERNITY AND CHILD WELFARE

## Home Visitation During Year

(a) In Lerwick by Nurse M. L. Shearer, Health Visitor: -

|                      | No. visited for first time. | Total<br>Visits |
|----------------------|-----------------------------|-----------------|
| Expectant mothers    | 12                          | 30              |
| Infants              | 120                         | 206             |
| Children (1-5 years) | 360                         | 454             |

(i) By District Nurses who perform midwives' duties as well as health visitors' duties:-

|                              | No. visited for first time | Total<br>Visits |
|------------------------------|----------------------------|-----------------|
| Expectant mothers<br>Infants | 198<br>265                 | 1596<br>1871    |
| Children (1-5 years)         | 745                        | 2214            |

#### BIRTHS DURING 1953

| (1)   | Total number of live births during year (before correction for mother's residence |   | 289 |
|-------|---|---|-----|
|       | Total number of stillbirths   | - | 9   |
| (11)  | Total number of births in (1) occurring in institutions                           | - | 215 |
| (111) | Total number of births occurring at home:   |   |     |
|       | Doctor present  | - | 59  |
|       | Doctor not present  | _ | 24  |

#### TUBERCULOSIS

#### NUMBER OF CASES DIAGNOSED AS SUFFERING FROM TUBERCULOSIS

|                 | Males | Females | Total |
|-----------------|-------|---------|-------|
| Respiratory     | 4     | 4       | 8     |
| Non-Respiratory | 2     | 2       | 4     |
|                 | 6     | 6       | 12    |

# NUMBER OF CASES WITH THEIR HOME RESIDENCE IN THE AREA WHO RECEIVED TREATMENT IN SANATORIA OR OTHER INSTITUTIONS

|                               |                     | Respi    | ratory  | Non-Res | piratory |
|-------------------------------|---------------------|----------|---------|---------|----------|
|                               |                     | Males    | Females | Males   | Females  |
| In Institution January 1st:   |                     | 11       | 12      | 4 -     | 1        |
| Admitted duri                 |                     | 13       | 9 -     | 6       | 5        |
| Discharged du the year:       |                     | 10       | 11      | 6       | 3 1      |
| Died in<br>Institutions       | :Adults<br>Children | e i e de | 1 -     | 1       | : :00    |
| In Institution December 31st: |                     | 14       | 9 -     | 4       | 3 -      |

# NUMBER OF PERSONS RESIDENT IN THE AREA AT 31st DECEMBER, 1953, WHO WERE KNOWN TO BE SUFFERING FROM TUBERCULOSIS

| RESPIRATORY  | Males.   | Females. | Total |
|--|----------|----------|-------|
| 1. Sputum or other meterial exemine and tubercle bacilli found       | ed<br>45 | 36       | 81    |
| 2. Sputum or other material examine and tubercle bacilli never found |          | 10       | 20    |
| 3. Sputum or other material not examined                             | 8        | 18       | 26    |
| NON-BESPIRATORY  |          |          |       |
| 1. Abdominal   | 2        | 10       | 12    |
| 2. Spine   | 6        | 10       | 16    |
| 3. Bones and joints (exclusive of spine)                             | 7        | 2        | 9     |
| 4. Superficial glands  | 3        | 8        | 11    |
| 5. Lupus   | 2        | 4        | 6     |
| 6. Other parts or organs   | 7        | 3        | 10    |

# Prescribed particulars on the administration of the Factories Act, 1937

## County of Zetland (Excluding Burgh of Lerwick)

#### Part 1 of the Lot

 INSPECTIONS for purposes of provisions as to health (including inspections made by Sanitary Inspectors)

|  | Nu   | mber             | Number of<br>Written Occupiers |              |   |  |
|--|--|------------------|--------------------------------|--------------|---|--|
| Premises   | Reg  | on ister.        | Inspectio                      | ns. notices. |   |  |
| (i) Factories in<br>Section 1, 2, 3<br>and 6 are to be<br>by Local Author<br>ii) Factories no<br>in (i) in which<br>is enforced by | , 4<br>enforce<br>ities<br>t includ<br>Section | 55<br>led<br>1 7 | 64                             |              |   |  |
| Authority iii)Other Premi Section 7 is en the Local Autho cluding out-wor premises)  | forced b                                       | ру<br>:-<br>-    | -                              |              | ALLOWARD AND AND AND AND AND AND AND AND AND AN |  |
| TOTAL  |  | 55               | 64                             | _            | -   |  |
| 2. CASES IN WHI  | mber of  |                  | in which d                     | ,            | Number of cases in which                        |  |
| Partic-  |  |                  | To H.M.                        | by H.M.      | rosecuted<br>were                               |  |
|  | nd. Reme                                       | died.            | Inspector                      | Inspector    | instituted                                      |  |
| Want of cleanliness  | 2  | 2                | -                              | -            | -   |  |
| Overcrowding   | -  | -                | -                              | -            | -   |  |
| Unreasonable<br>temperature  | -  | -                | -                              | -            | -   |  |
| Inadequate ventilation   | -  | -                | -                              |              | -   |  |
| Ineffective<br>drainage of   |  |                  |                                |              |   |  |
| floors<br>Sanitary   | 1  | 1                | -                              | -            | -   |  |
| Conveniences (a)insufficient (b)unsuitable o   |  | 1                | -                              | -            | -   |  |
| defective<br>(c)not separate   | 1  | 1                | -                              | 1            | -   |  |
| for sexes Other offences the Act (not in offences relati   | against  | -                | -                              |              |   |  |
| outwork)   | .L   | 1                | -                              |              | -   |  |

TOTAL

6

# Prescribed particulars on the administration of the Factories Act, 1937

## Burgh of Lerwick

# Part 1 of the Act

1. INSPECTIONS for purposes of provisions as to health (including inspections made by Sanitary Inspectors)

|  | Number   |                               | Number of             |                          |  |  |  |
|--|--|-------------------------------|-----------------------|--------------------------|--|--|--|
| Premises   | on<br>Register.  | Inspections                   | Written<br>s. notices | Occupiers<br>prosecuted  |  |  |  |
| i) Factories in which Section 1, 2, 3, 4 and 6 are to be enfined by Local Authorities ii) Factories not in (i) in which Section (ii) in which Section 7 is enforced by the Authority iii) Other Premises Section 7 is enforced the Local Authority cluding out-workers premises) | Corced es 61 ecluded etion 7 Local in which ed by (ex- | 25                            | -                     | -                        |  |  |  |
| TOTAL  | 61   | 25                            | -                     | -                        |  |  |  |
| 2. CASES IN WHICH DEFECTS WERE FOUND   |  |                               |                       |                          |  |  |  |
| Number   | of cases i   |                               |                       | Number of cases in which |  |  |  |
| Partic-<br>ulars Found.  | Remedied, I  | Referr<br>To H.M.<br>nspector | hw H M                | rosecutions              |  |  |  |
| Want of cleanliness 2  | 2  |                               | 1                     |                          |  |  |  |
| Overcrowding -   | -  | -                             | 2                     | -                        |  |  |  |
| Unreasonable<br>temperature -  |  | -                             | _                     | _                        |  |  |  |
| Inadequate ventilation -   |  | _                             |                       |                          |  |  |  |
| Ineffective<br>drainage of   |  |                               |                       |                          |  |  |  |
| floors 1<br>Sanitary   | 1  | -                             | -                     | - 5                      |  |  |  |
| Conveniences (a)insufficient -   | _  |                               |                       |                          |  |  |  |
| (b)unsuitable or defective 1   | 1  |                               |                       | -                        |  |  |  |
| (c)not separate  | _  | -                             | 1                     | -                        |  |  |  |
| Other offences egain   | st   |                               | -                     | -                        |  |  |  |
| the Act (not includi   | nø   |                               |                       |                          |  |  |  |
| outwork) -   | -  | -                             | -                     | -                        |  |  |  |
| TOTAL 4  | 4  | -                             | 2                     | -                        |  |  |  |