

## **Canesten combination treatments : it takes two.**

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# Canesten®

## Combination Treatments



It takes...  
two

[www.canesten.co.uk](http://www.canesten.co.uk)



# Symptoms of Thrush

## External

Intense  
Itching

Inflammation  
of the Vulva

## Internal

White, creamy,  
odourless discharge  
(more than normal).

Inflammation of  
the vagina.

Burning

Soreness

Thrush is an internal infection, but most women also suffer from irritating external symptoms. It is therefore important to use a combination product to soothe the **external itch** and treat the **internal infection**.

## Canesten Soft Gel Pessary Combi 500mg Soft Gel Pessary & 2% w/w Cream

Clotrimazole



### Benefits

- Unique to over the counter, Soft Gel Pessary format
- Designed to be comfortable to insert
- External cream soothes the external itch

## Canesten Oral and Cream Duo

Oral Capsule Fluconazole  
Thrush Cream Clotrimazole



### Benefits

- Easy to swallow capsule for the internal infection, for those seeking a convenient treatment
- External cream soothes the external itch.

## Canesten Combi Pessary & Cream

Clotrimazole



### Benefits

- Traditional pessary to clear the internal infection
- External cream to soothe the external itch

## Canesten Cream Combi Internal & External Creams

Clotrimazole



### Benefits

- Internal cream treats the internal infection
- External cream soothes the external itch

Always read the label.

# Canesten®



Combination products  
soothe both the **external**  
**symptoms** and clear the  
internal infection.

## Key facts

75% of women suffer from thrush as some point in their life

- If you haven't experienced thrush before or start to suffer from regular attacks you should consult your GP

- Thrush is not a sexually transmitted disease, however if you are sexually active you can pass the infection to your partner during sex.

- Antibiotics, stress and the use of perfumed soaps are the biggest causes of thrush.

- The number one tip is to try and maintain a healthy lifestyle as this can reduce your susceptibility to thrush.

- If you suffer from thrush on a recurring basis, it is a good idea to opt for loose clothes and cotton underwear.