The 'Allenburys' Foods: a progressive dietary suited to the growing digestive powers: October 1913.

Contributors

Allen & Hanburys

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Milk Tood No. 1. From birth to three months. Milk Food No. 2. Trom three to six months.

Malted Food No.3. From six months upwards. Calendar Polotter.

| 77 × | | | | gross consumer | |
|------|-----|----|----|-------------------|-----|
| OC | T | BE | RI | 913 | 5. |
| Sun | *** | 5 | 12 | 19 | 26 |
| Mon | - | 6 | 13 | 20 | 27 |
| Tu | *** | 7 | 14 | 21 | 28 |
| Wed | 1 | 8 | 15 | 22 | 29 |
| Th | 2 | 9 | 16 | 23 | 30 |
| Fri | 3 | 10 | 17 | 24 | 31 |
| Sat | 4 | 11 | 18 | 25 | *** |

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