The 'Allenburys' diet: most easy of assimilation: August 1911.

## **Contributors**

Allen & Hanburys

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# The Allenburys DIET

# MOST EASY OF ASSIMILATION.



A unique and light diet for the Nursing Mother, Invalid and Dyspeptic. It is very sustaining and nourishing, and is especially useful to the Aged, and those who cannot digest cow's milk.

Prepared from Pure Milk, rich in Cream, and Whole Wheat (predigested). It can be made in a minute, the addition of boiling water only being necessary.

Pamphlet and Sample sent Free on request.

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Sun.			6	13	20	27
Mon.			7	14	21	28
Tu.		1	8	15	22	29
Wed		2	9	16	23	30
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			11			
Sat.	-	5	12	19	26	

ALLEN & HANBURYS LTP Lombard Street, LONDON.