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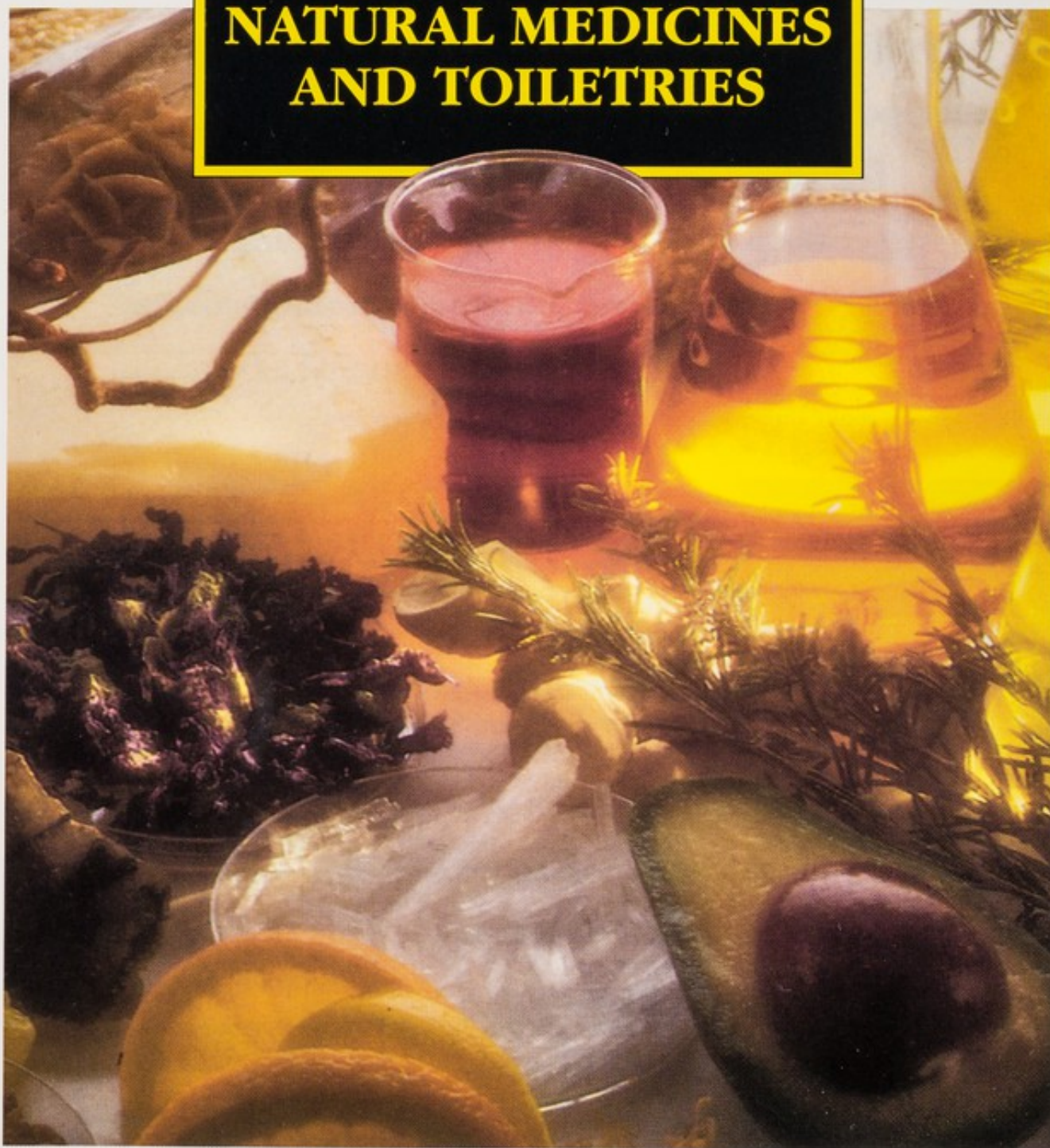
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**WELEDA**  
**NATURAL MEDICINES**  
**AND TOILETRIES**



**Harnessing the Power of Nature**

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**for Health**

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# WELEDA MEANS HEALTH WITHOUT EXPLOITATION, BEAUTY WITHOUT HARM

## WELEDA NATURAL MEDICINES

Weleda has a complete range of natural remedies you can buy over-the-counter from your local chemist or health store. Together, they make up an effective medicine chest for the whole family – young and old alike. They include several well-known and valued remedies, such as **Calendolon Ointment**, famous for treating cuts and abrasions; **Weleda Massage Balm**, for muscle strain, cramp and aching joints; **Arnica Ointment**, famous for bruises; **Weleda Cough Elixir** and **Herb & Honey Elixir** (ideal for children) both of which give wonderful relief; and excellent remedies for headaches and migraine, burns and scalds, babies' teething troubles and colic, stomach ache and nausea, nervous strain, rheumatic pains, restlessness – even sunburn and insect bites.



## WELEDA HOMOEOPATHIC MEDICINES

Weleda offers the widest range of homoeopathic remedies available in the UK for sale over-the-counter\*. These are exceptionally safe, gentle medicines. Ideally, they should be Medicine's first line of defence before more powerful drugs are used. Yet sometimes people only turn to homoeopathy when other forms of treatment have proved unsuccessful. Nobody yet fully understands how it works – there are plenty of theories! –

but there are countless people in this country and across the world who are thankful that it does. Contact Weleda for a list of useful books and leaflets, or ask for advice in your local chemist or health store.

\* Other potencies, substances and pharmaceutical forms are available from Weleda direct.

## WELEDA DENTAL CARE

Weleda's dental products are totally free from detergents and artificial additives. Used regularly, they help maintain sound teeth, a healthy mouth and gums.

**Salt Toothpaste** is invigorating, with deep cleansing action. **Herbal toothpaste** is a natural guard against decay. **Krameria toothpaste** promotes healthy gums. **Calendula toothpaste** is exceptionally kind to tender teeth. **Plant Gel toothpaste** is specially formulated for children. And Weleda's famous **Gargle and Mouthwash** ensures all-round oral hygiene.



## WELEDA BABY CARE

Weleda's Baby Care Range is based on the well-known soothing properties of Calendula.

The range includes: **Baby Moisturiser**, **Baby Soap**, and **Nappy Change Cream**. Each combines pure vegetable oils with Calendula and other ingredients chosen for their mildness and soothing qualities.



## WELEDA SKIN CARE

Even in our teens, the skin begins to lose natural moisture and elasticity. This process accelerates as we age.

Weleda's skin care range utilises the extraordinary moisture-retaining properties of Iris root, carefully dried in the sun for three long years. Balanced and harmonised with pure essential oils and plant extracts, it helps keep your skin looking supple and youthful. The range includes: **Iris Cleansing Milk**, **Iris Soap**, **Iris Cream Moisturiser**, **Iris Hand Gel** and **Iris Night Cream**. In addition Weleda **Aknedoron** and **Deep Cleanser** are particularly beneficial for teenage or problem skins.



## WELEDA BATH AND BODY CARE

Weleda **Bath Milks**, **Soaps**, **Deodorants**, **Body Toners** and **Massage Oils** all use the therapeutic powers of pure essential oils, such as Citrus, Lavender, Pine and Rosemary in combination with other natural substances to provide a unique bodycare range for use by the whole family.





## WELEDA HAIR CARE

Three shampoos, a conditioner and a scalp massage make up Weleda's Hair Care Range. **Calendula Shampoo** is an exceptionally mild "no tears" shampoo which leaves hair soft, shining and manageable. **Lemon & Melissa Shampoo** is specially formulated for normal to oily hair. **Rosemary Shampoo** is a gentle, frequent wash shampoo for all hair types. **Rosemary Hair and Scalp Massage** tones the scalp and is specially beneficial for damaged, bleached and permed hair. And **Rosemary Conditioner** is an all-purpose after-shampoo conditioner.

## NEW FROM WELEDA

A comprehensive range of homoeopathic remedies for animals to maintain the health of your pet. Contact Weleda for details.

## WELEDA'S PRINCIPLES

All of Weleda's work is based on the philosophy of Rudolph Steiner – Anthroposophy – which includes the fundamental principle that Mankind should live in harmony with Nature.

## THE WELEDA HERB GARDEN

Here, a dedicated team of gardeners, specially trained in organic gardening techniques, raise more than 300 different species of medicinal plants.

## PACKAGING

Wherever possible, Weleda uses materials which can be re-cycled. This is one reason for the use of glass, wherever possible, rather than – say – plastic. Naturally, Weleda never uses propellants such as CFCs.

## NO ANIMAL TESTING

Weleda is resolutely against all product testing on animals. Every pack carries a full list of ingredients. A list of products suitable for vegans is available on request.



**Harnessing the Power  
of Nature for Health**

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