Address to the reverend the ministers of the Church of Scotland, from the managers of the Vaccine Institution at Edinburgh.

### Contributors

Vaccine Institution Royal College of Physicians of Edinburgh

### **Publication/Creation**

Edinburgh : Printed by Geo. Caw ..., 1803.

### **Persistent URL**

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# ADDRESS

TO THE

REVEREND

THE

## MINISTERS OF THE CHURCH OF SCOTLAND,

FROM THE

MANAGERS OF THE VACCINE INSTITUTION

AT

## EDINBURGH.

## EDINBURGH:

And delivered to the Clergy at the Shop of Meffrs Bell and BRADFUTE, Bookfellers, Parliament-Square.

1803.

ADDAL CHURCH OF SCOTLARD. ARBE MORT TDIMAURON: R54880

## TO THE REVEREND

THE

### MINISTERS OF THE CHURCH OF SCOTLAND.

#### REVEREND SIRS,

WE deem it unneceffary to offer any apology for the liberty which we have taken of addreffing to you the annexed Report from the Surgeons of the inflitution for promoting Vaccine Inoculation at Edinburgh, well knowing that active benevolence is not more your duty than your inclination.

In requefting your affiftance to diffeminate the bleffings of vaccine inoculation among the poorer part of your flocks, we afford you an opportunity of promoting their comfort, in a degree inferior only to what they experience from the functions of your facred office.

You are already acquainted with the general history of Dr Jenner's difcovery of inoculation for cow-pox, and of its affording a complete fecu-

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rity against the contagion of small-pox; we shall therefore only beg leave to call your attention to the following short statement of facts:

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IN the *fir/t* place, it is certain, that notwithftanding the long continued practice of inoculation with variolous matter, even when employed according to the most approved plan, above 50,000 died annually of the natural fmall-pox in Great Britain and Ireland.

In the *fecond* place, it is equally certain, that in Great Britain and Ireland near half a million have been rendered perfectly fecure against the contagion of fmall-pox, by having been inoculated for cow-pox, and that, according to the most authentic accounts, none have died, and few have fuffered any inconveniency from the operation of vaccination. This contrast is too striking to require any comment.

THE principal obftacles to the universal adoption of vaccine inoculation in Scotland, are founded,

1/t, ON religious prejudices; and,

2d, ON the difficulty which the poor labour under of procuring the operation to be performed.

THE first can be removed only by you. The well-merited confidence which the people repose in in you, and the endearing relation which fubfifts between you and them, from the benevolent nature of your facred office, must render every recommendation from you on this fubject effectual.

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THE removal of the fecond obftacle must likewife in a great measure depend upon you.

It is well known to you, that there are many parts of Scotland too remote to enjoy the benefit of medical affiftance, and in every parifh there are many who find the expence of procuring it beyond their ability. Among them the fmallpox makes peculiar havoc, often carrying off the great majority of a family, and leaving many of those who furvive objects of commiseration for life.

To remedy this great evil, we do not hefitate to propofe, that you yourfelves fhould take the trouble of inoculating with vaccine virus all thofe who are not able to procure medical aid for that purpofe; or, if you decline performing the operation yourfelves, that you fhould get the Catechift, Schoolmafter, or fome fenfible man in your parifh, to perform it.

To enable you to do this, we have fubjoined to the report formerly mentioned fuch plain inftructions, that the operation may be entrufted to any of those to whom you are pleased to communicate them.

A 2

WE are fenfible that the execution of our plan will be attended with a confiderable degree of trouble to you; but your benevolence will be amply rewarded by the reflection, that you have contributed materially to the important work of exterminating one of the greateft fcourges of the human race, and that your endeavours have been united with those of fome of the first characters in the British empire in this truly meritorious undertaking.

> Elcho, Henry Erskine, Adam Rolland, George Baird, James Finlayson, Alex. Monro, fen. Alex. Wood,

Vice-Prefidents.

Committee.

REPORT OF THE SURGEONS TO THE INSTITUTION FOR PROMOTING VACCINE INOCULATION.

[Prefented to the Annual Meeting of Contributors to the Public Difpenfary and Vaccine Inftitution of Edinburgh, held on the 29th January 1803.]

THE Surgeons of the Vaccine Inftitution have the honour to inform the Meeting, that from the 18th of February 1801 to the 29th of January 1803, they have inoculated 1204 children at the Difpenfary.

THESE have paffed regularly through the cowpox, and hardly fuffered any inconveniency during its progrefs.

A GREAT proportion of these children have been exposed to the contagion of small-pox fince they were vaccinated, which they have completely rerelifted. Indeed, fo much is this the cafe, that we have now the fatisfaction to fee a great many mothers, who brought their children to be inoculated at an early period of this establishment, return with a younger fet to reap the benefits of which it is productive. From them we have uniformly heard, that they were fo much convinced of the fecurity of their children who had been vaccinated, that they never prevented them from being in company with those who were affected with small-pox.

BESIDES

BESIDES those who have been inoculated at the Institution, we have vaccinated a confiderable number in private, a great proportion of whom have been subjected to variolous inoculation without effect.

To fecond the benevolent intention of diffeminating the bleffings of vaccination as much as poffible, we have given many hundred parcels of genuine matter to gentlemen who have called at the Inflitution, and have forwarded many more to medical practitioners in all parts of the world.

WE have paid very great attention to the proper method of preferving the virus in an active ftate.

WE have been the more attentive to this circumftance, from the conviction that a great number of difappointments have happened from a neglect of fimilar precaution.

WE have received very fatisfactory accounts of the activity of the virus, fent from the Inftitution, to many parts of Scotland, to the north of England, to Ireland, to America, and to the Weft Indies. We have fent matter to the Eaft Indies, but have as yet had no information of its fuccefs.

FROM

FROM all these accounts, we are happy to inform you, that your benevolent inflitution has already been the means of preferving many thoufand useful lives to the community.

THAT the bleffings of this difcovery might be extended to the remoteft corners of this kingdom as fpeedily as poffible, we took the liberty of fuggefting to the Committee, at the laft quarterly meeting, on the 5th of November 1802, the propriety of having this report " published in the " form of, or accompanied by, an Address to the " Clergy of Scotland, with fuch plain directions " annexed, that any clergyman, or other fensible " perfon, might perform the operation in remote " corners of the country, which are out of the " reach of medical affistance."

Or this fuggestion you were pleased to approve, by ordering it to be published in the newspapers, fanctioned by the name of your prefes.

SINCE that time, a treatife on the cow-pox, addreffed to the Clergy of Scotland, has been publifhed by one of our brethren. While we allow the ingenious performance of this gentleman all due praife, we by no means think that it has fuperfeded the neceffity of our proposed Addrefs.

THE

THE principal points which we have endeavoured to explain in the annexed inftructions are,

if, THE mode of performing the inoculation.

2d, A PROPER attention to the progress of the difease, in order to diffinguish the constitutional from the local affection, or what has been called the spurious difease.

3d, The proper period at which virus fhould be taken for inoculation. And,

Lastly, The proper method of preferving the virus .--

ON the fubject of preferving the vaccine virus in a flate of activity, and of procuring a fupply adequate to the demand, we have treated pretty fully in the annexed Inftructions. This we thought neceffary, as we find demands for virus every day, even from fome of the largeft towns in Scotland, where they have not yet been able to keep up a regular fupply of it.

The importance of having proper eftablishments, from which to procure genuine vaccine matter at any time, the following little history will evince.

ABOUT fix weeks ago, a gentleman, from the Ifle of Mull, applied to us for vaccine matter to fend to that island. At the fame time he informed us, that the fmall-pox had made its appearance there, and was committing horrible devastation among the inhabitants. In one family, the mother, and five children out of fix, fell victims to this difeafe, and in every family a very great majority of the infected had fallen a facrifice to this cruel distemper. The matter was fent off immediately; and we have the fatisfaction to inform the Meeting, that we have received accounts from the medical gentleman there, that the matter had proved active; that he had inoculated a very great number of all ages; and that he had fucceeded in banishing the small-pox from the ifland. How happy this conclusion! But how tragical would it have been, had there been no medical man, or fome other proper perfon, to have conducted the vaccine inoculation on the ifland !!! And that this is the cafe in many of the illands and remote corners of Scotland is well known to every perfon acquainted with these parts of the country.

BESIDES the numbers who have been inoculated at the Difpenfary, and the very great fupply of genuine virus which is daily fent abroad, this Inflitution has been of confiderable fervice by fhewing the practice of vaccination to a great B many many young gentlemen belonging to the Univerfity, to whom we give all the information in our power.

BEFORE we conclude, we beg leave to congratulate the Meeting on the happy profpect of feeing their efforts in the caufe of humanity fo nobly feconded by people of all ranks in the metropolis, and to express our hopes, that fomething of the fame kind, upon a very broad basis, will take place in this city. Then may we expect that the time is not far distant, when that terrible fcourge of the human race, the small-pox, shall be exterminated from these realms, and ultimately from the face of the earth.

> WILLIAM FARQUHARSON. JAMES BRYCE.

REPORT OF THE SURGEONS TO THE VACCINE IN-STITUTION AT THE PUBLIC DISPENSARY OF EDINBURGH, FRIDAY, MAY 6.

THE Surgeons have the honour to inform the Committee, that they have inoculated near 300 children fince the laft quarterly meeting, which makes the number inoculated at the Difpenfary near 1500.

In the laft Report they took the liberty of fuggefting the plan of an Addrefs to the Clergy of Scotland, accompanied with inftructions for vaccine inoculation, and mentioned the outlines. You were pleafed to appoint a fub-committee to get thefe properly prepared, fo as to be read at this Meeting. We beg leave to mention, that, though they are in great forwardnefs, it will require a few days to finish them : We therefore fuggest the propriety of continuing the powers of the fub-committee, and of having thefe papers read at an extraordinary meeting fome days previous to the 19th of May, when the General Affembly fits down, fo as that the members may get their copies before leaving Edinburgh. SINCE the laft meeting, we have received many additional accounts of the fuccess of vaccination from all quarters. We have likewise heard from Dublin of an official communication having been made by the Lord-Lieutenant to the Colleges of Physicians and Surgeons, defiring them to report to him their opinion of the most effectual method of rendering vaccination general in Ireland, and our correspondent has promised us a copy of the Report as soon as it is published.

In our laft Report we took the liberty of congratulating the Meeting " on the happy pro-"fpect of feeing their efforts in the caufe of hu-" manity fo nobly feconded by people of all ranks " in the metropolis, and to express our hopes that " fomething of the fame kind, upon a very broad " bafis, fhould take place in this city." We again beg leave to call the attention of the Committee to this fubject, which feems, if poffible, more neceffary than ever, in confequence of its being agitated in Dublin, as well as in London. We had fome expectation of being able to have procured the Report of the London Committee, but find, by a correspondence with Dr. Jenner, that it is not yet published.

> WILLIAM FARQUHARSON. JAMES BRYCE.

INSTRUCTIONS FOR CONDUCTING THE VACCINE INOCULATION.

IN order to fecure the fuccess of vaccine inoculation, the principal points to be attended to, are,

1/t, THE mode of inferting the virus.

2d, A PROPER attention to the progress of the difease, in order to diffinguish the constitutional from the local affection, or what is called the spurious difease.

3d, The proper period at which the virus should be taken for inoculation. And,

Lastly, The proper method of preferving the virus, fo as to have a constant supply of it even in the most remote corner of the country.

Ift, THE mode of inferting the virus,-

IF the virus to be inferted be in a fluid flate, it ought to be kept completely to the point of the lancet, by means of a pin, or the point of another lancet, until it becomes fo viscid as not to be ea-

fily

fily rubbed off. If, on the contrary, the virus be in a dry flate, or to be obtained from a cruft, it must be moistened with a drop of cold water, and applied to the point of a lancet, as above directed. It may then be inferted, about mid-way between the shoulder and the elbow, either by means of a very flight foratch, not exceeding the eight of an inch, or by an oblique puncture of the fame fize, merely under the foarf skin; and of these modes we prefer the latter. In both methods care should be taken to wipe off the matter from the lancet, fo as to fairly lodge the virus in the wound.

2d, A PROPER attention to the progress of the disease, in order to distinguish the constitutional from the local affection, or what is called the spurious disease.

It appears to us, that authors have created an unneceffary degree of difficulty and confusion, by the introduction of the term fpurious into the pathology of cow-pox; for we prefume, that the affection must either be cow-pox or not. If the virus be taken from a genuine vaccine pusse pusses and proper period, and inferted before it has fuffered any change, it can produce nothing but a cowpox pusse. This, however, may be confiitutional or local, and it is to the difcrimination of these affections that we wish particular attention should be paid. THE regular progress of the affection is as follows:

It very frequently happens, that a confiderable degree of rednefs, extending in a circle round the punctured part, is obfervable in a few minutes after the operation has been performed.

WHEN this does not take place, there is little change until the third day, when a fmall red fpot will appear on the punctured part, which, on pafsing the finger over it, is found to be elevated and hard. This on the fourth or fifth day will become perceptibly veficated. This veficle will go on increasing till about the eight or ninth day, when it will be of confiderable magnitude. It will be of a circular or oblong form, according to circumftances, having a well defined margin and a confiderable depression in the center, where a fmall cruft is formed, appearing to fix the central parts to the parts underneath. About this time a rofe-coloured efflorescence, or areola, begins to appear around the bafe of the puftule. About the eight or ninth day the patient fometimes becomes fretful, reftlefs, and has fome fymptoms of fever, but this is generally fo flight as hardly to be observed.

About the tenth day, the puftule will have attained its greatest magnitude. The central crust

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is then much enlarged, and the margin of the veficle appears very turgid. The furrounding efflorefcence, or areola, is at this time very confideraable, and extends in a circle from half an inch to an inch and a half in diameter. Clofe upon the veficle this efflorefcence is very deep coloured, approaching to livid, but becomes more faint as it recedes towards the circumference. The parts underneath feel very hard and tenfe, and about this time there is generally fome hardnefs and fwelling in the arm-pit.

About the fourteenth day, the efflorefcence, or areola, has entirely difappeared, leaving the fpace which it occupied of a dingy yellowifh colour. At this time too, the hardnefs below the areola has gone off, and the veficle is formed into a hard cruft. This cruft is elevated above the fkin of the furrounding parts, is hard and gloffy, of a mahogany colour, and is nearly transparent.

This cruft generally falls off about the eighteenth or twentieth day, when the whole process is finished.

IF the puftule has paffed regularly through these different stages, and more especially if about the eighth or ninth day some fretfulness or fever has been observed, then we may rest satisfied that the antivariolous process has been effected. But

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as in many cafes thefe regular ftages are not clearly marked, neither can any fever be detected; and as it may certainly happen that the affection is merely local, and confequently ineffectual for the prevention of fmall-pox, we fhall first detail fuch appearances as may in general lead to the detection of a local puftule, and afterwards mention a teft of a conflictutional affection, which we have found very effectual, and which we would recommend to be practifed by those who have had little experience in the new inoculation, until they become well acquainted with the true character of a conflictutional puftule.

THE progrefs of the local vaccine puffule is much quicker than that of the conflictutional one, and greatly refembles the progrefs of a pimple, or fuppurating tumor from the prick of a thorn, or any other extraneous body. Its commencement is marked by a troublefome itching.

So early as the fecond or third day from inoculation, this puftule will be found to contain a yellow purulent matter. It is fometimes furrounded by a confiderable degree of rednefs; but this is never fo extensive nor circumfcribed as in the conftitutional puftule, neither is there the fame degree of hardnefs underneath as in the conftitutional affection. This puftule is generally ftrawcoloured, and its fhape is conical throughout. Its courfe is finished, or the whole is formed into a cruft, about the fixth or feventh day from inoculation. The cruft is foft, unequal in its furface, and opaque, and very unlike the hard smooth gloffy femitransparent cruft already defcribed.

It frequently happens, that the inflammation on the arm is fo flight, while at the fame time no fever is perceptible, that there is much doubt whether or not the conflictutional affection may have taken place; and there are inflances where, although the progrefs of the puffule has been regular, and a confiderable degree of inflammation has been obferved, yet the conflictution has not been affected, and the perfon has afterwards been affected by the fmall-pox. It is for preventing miftakes in inflances of this fort, and in other cafes in which the difcrimination between the local and conflictutional puffule cannot eafily be made, that we would recommend the teft as particularly ufeful.—

THE teft we have alluded to is obtained by means of a double inoculation, which is to be conducted in the following manner:

WHEN the puncture on the arm has become perceptibly veficated, which generally happens on the fifth day, as before mentioned, virus is to be taken from it, and inferted into the other other arm. If this fecond puncture inflames, fhews an areola round the fmall formed puftule, and, in fine, makes the fame progrefs with the firft puftule, [a] *i. e.* having its courfe finished in eight or nine days, while that of the original puftule is finished in thirteen or fourteen; then, although the inflammation may have been very flight, and although no fever had been observed, there can be no doubt of the constitution having been affected, and consequently there can be no doubt of the antivariolous effect of the operation.

3d, THE proper period at which the virus should be taken.—

The proper period for taking the vaccine virus is from the perceptible vefication of the puffule on the fourth or fifth day, to the appearance of the areola on the ninth day. When the areola is completely formed, it will be prudent to defift from taking any more virus, unlefs it continues to flow perfectly limpid. If the progrefs of the veficle be accelerated or retarded, as frequently happens, the virus muft be taken fooner or later accordingly. To obtain the virus, let the edges of the veficle be gently punctured with a lancet  $C_2$  in

[a] It is to be observed, that the second pustule is not above a fixth part of the fize of the first pustule, and that the arcola is in like proportion. in feveral points.—A limpid fluid will immediately begin to ooze out, and may be taken on the point of a lancet for immediate use, or be dried for prefervation, as shall now be mentioned.

Lastly, THE proper method of preferving the vaccine virus, fo as to have a constant supply of it, even in the most remote corner of the country.----

This is a very important point, and ought to be particularly attended to, as upon it depends, in a great measure, the fuccess of the whole plan.

VARIOUS means have been fuggefted for preferving the vaccine virus in an active flate; but we fhall only mention those which we have found from experience to be the most fimple, and the best.

IF the virus is to be used immediately, it may be taken on the point of a lancet, as we have already mentioned. It may even be dried on the lancet, and used any time within 24 hours, but should never be used in this way after that period.

Ir the virus is to be kept for any length of time, or to be fent to any diftance, it may be preferved between two plates of glafs. Let a piece of common window glafs be cut into fquares of about an inch, inch, fo as that they fhall be fmooth when placed upon each other. Let the collected vaccine fluid be confined to a fmall fpot, about the fize of a fplit pea, upon the center of one of thefe glaffes, and be allowed to dry in the common heat of the atmosphere, without exposure to the heat of a fire, or of the fun. When dry, it fhould be immediately fecured by placing over it the other piece of glafs. It may then be wrapped in gold beater's fkin, or moiftened bladder. In this fituation it may be kept for use, or fent to a diffance.

ANOTHER method, and that which we have generally followed, is to have a fmall phial made for the purpofe, having a long ftopper reaching nearly to the bottom. This ftopper is ground at the upper part, fo as to ftop the mouth of the phial as exactly as poffible, and that part of it which is within the phial is formed into fquare furfaces. Upon these fquares the virus is lodged, and when dry is put into the phial, where it is completely fecured from the action of the external air.

WE have already fent vaccine virus in thefe bottles to the Weft Indies, and have received an account of one of them having been opened 60 days after it was closed, and another 62, and in both the virus was found perfectly active.

FOR

For fome time paft, we have inoculated a great many perfons with virus obtained from the conflitutional cruft, formerly deferibed. When we began this practice, we did not truft to the appearance of the affection produced by the cruft, but inoculated the children afterwards with the virus of finall-pox, and found that they were completely unfusceptible of that difeafe.

Some caution, however, is neceffary in the choice of crufts for inoculation.—

In the *fir/t* place, it is neceffary that the pufule fhould have paffed regularly through the different ftages.

In the *fecond* place, it is neceffary to afcertain that the crufts to be ufed are the original crufts formed from the veficles, and which are found to be nearly transparent. The best mode of keeping these crufts is to enclose them in a small phial, with a well ground glass stopper, as soon as they fall off, and thus seclude them from the air. They will keep for a long time perfectly active. We have found them so more than two months after they have fallen off.

WE are more earnest in recommending this mode of preferving the vaccine virus, as, if it is properly properly attended to, a conftant fupply may be kept in the most remote corner of the country.

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IT were to be wished, that, in addition to the above methods of preferving vaccine virus, inftitutions for promoting the vaccine inoculation were eftablished, not only in every town, but in every large village where a medical practitioner refides. By this means a conftant fupply of recent virus could be kept up for the fupply of the neighbourhood. Even in remote parts, where the inoculation is under the charge of the Clergyman, or fome perfon employed by him, a constant fupply of recent fluid matter might be kept up, by appointing a particular place where the children were to be brought, and inoculating them in fucceffion. As the cow-pox cannot be communicated in any other way than by inoculation, there can be no rifk of following this method, unlefs where the danger of fmall-pox contagion forces the practitioner to inoculate a great number at one time.

In the mean time, till these defirable ends can be obtained, we affure the Clergy that vaccine matter shall be transmitted to them, by post, from the Institution at Edinburgh, as soon as it can be properly obtained, after application shall be made for it. THE inoculated cow pox is fo mild that it may be fafely communicated to all ages, in every feafon, and to children in any habit of body whatever ;—although, when the danger of contagion from the fmall-pox does not prefs, we would advife the operation to be deferred till the child is from two to three months old. We would likewife advife the operation not to be performed during a feverifh fit of teething, nor while the child is labouring under any febrile difeafe, or any inflammatory eruption, efpecially near the eyes. However, if the fmall-pox be in the neighbourhood, children may be inoculated at any time, without running much rifk.

No preparation is neceffary before inoculation for cow-pox, unlefs to remove coffivenels by a gentle purgative.

THERE is hardly any cafe of inoculated cowpox that requires medical treatment, except where the fever runs high, or the arm inflames much. A dofe of mild phyfic will remove the fever; and the inflammation of the arm may be reduced by the repeated application of cold water, or by the application of a folution of fugar of lead, in the proportion of twenty grains to an English pint of water.

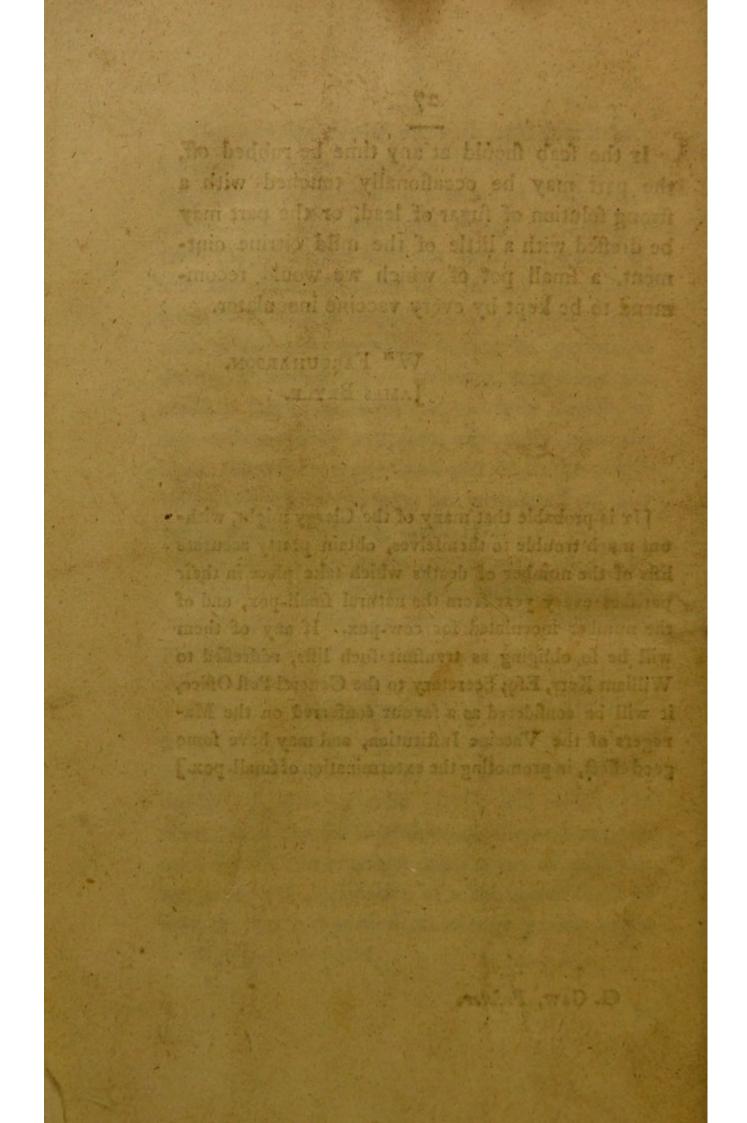
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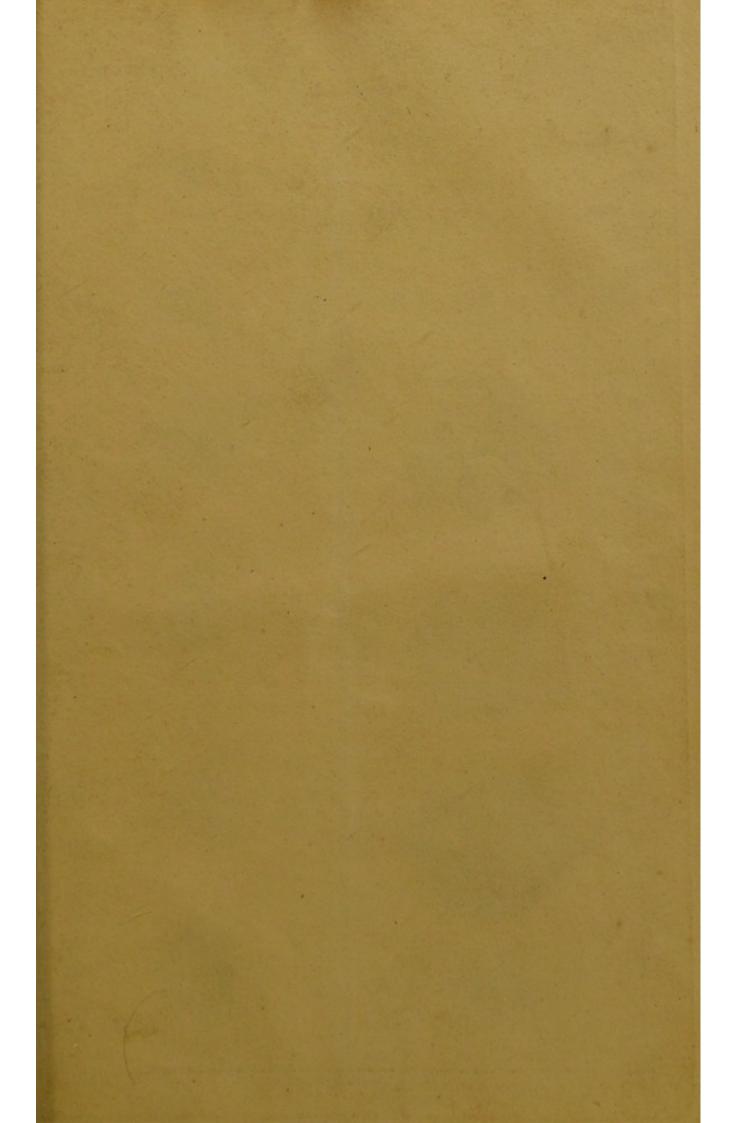
IF the fcab fhould at any time be rubbed off, the part may be occafionally touched with a ftrong folution of fugar of lead; or the part may be dreffed with a little of the mild citrine ointment, a fmall pot of which we would recommend to be kept by every vaccine inoculator.

> W<sup>M</sup> FARQUHARSON. JAMES BRYCE.

[IT is probable that many of the Clergy might, without much trouble to themfelves, obtain pretty accurate lifts of the number of deaths which take place in their parifhes every year from the natural fmall-pox, and of the number inoculated for cow-pox. If any of them will be fo obliging as transmit fuch lifts, addreffed to William Kerr, Efq; Secretary to the General Post Office, it will be confidered as a favour conferred on the Managers of the Vaccine Institution, and may have fome good effect, in promoting the extermination of fmall-pox.]

G. CAW, Printer.





· COW + POX · Genuine Kind. (Page 12) Spurious Kind. 3" day Fig. 1. 3. day A 5. day Fig. 2. 8. day Fig.3." 4. day B + dar -10-1-1--10-1-1-Incision .F. 5. day C Fig 4 10 day 6. day D 1. day Figs 7. day E n. day Fig.6 8. day F 15 day Batterworthe, fe, Leeds .



