

Sussex County Lunatic Asylum Haywards' Heath : I. - Account of the construction of the Asylum, and the early proceedings connected therewith. II. - Second Annual Reports, 1860.

Contributors

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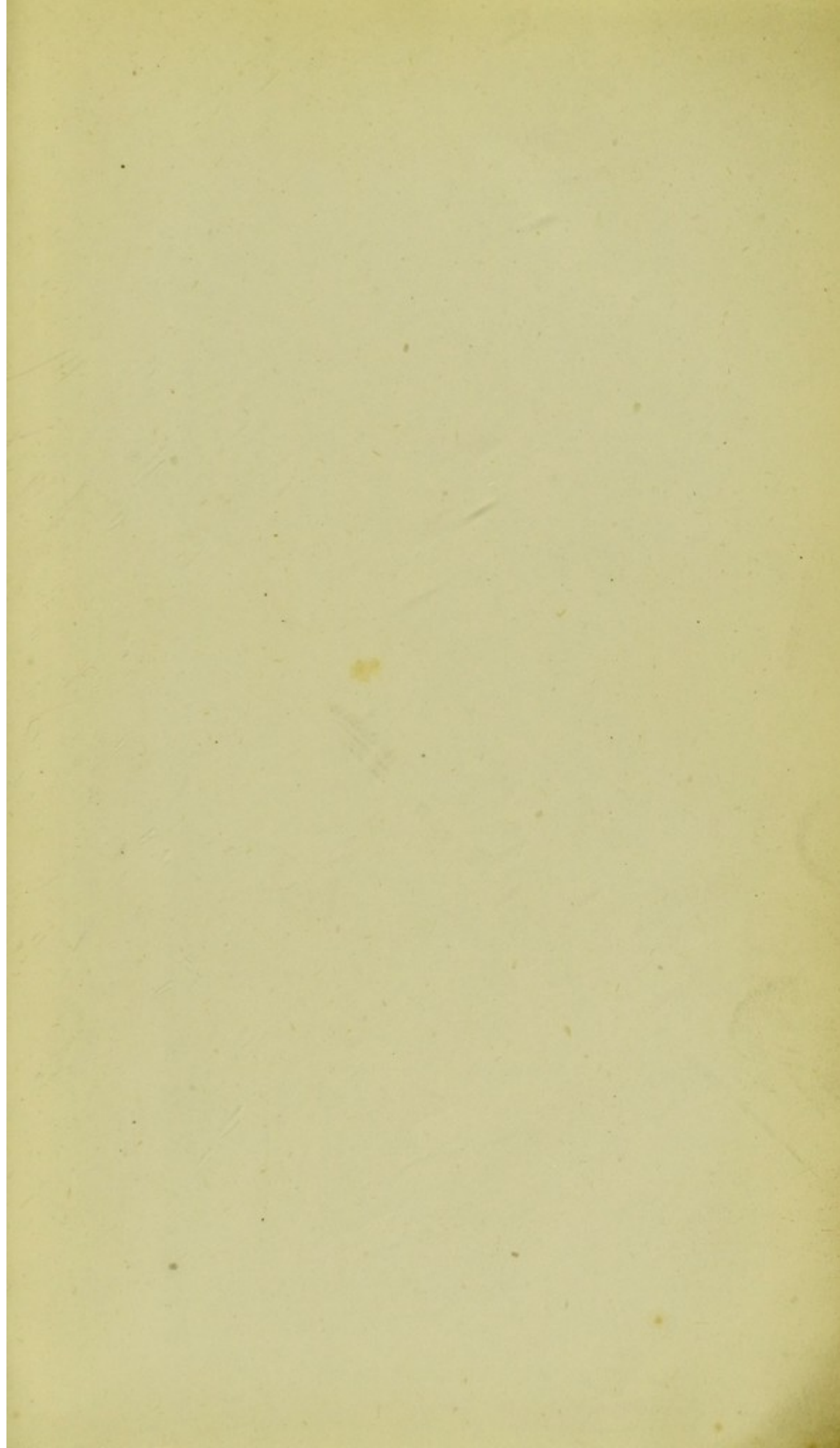
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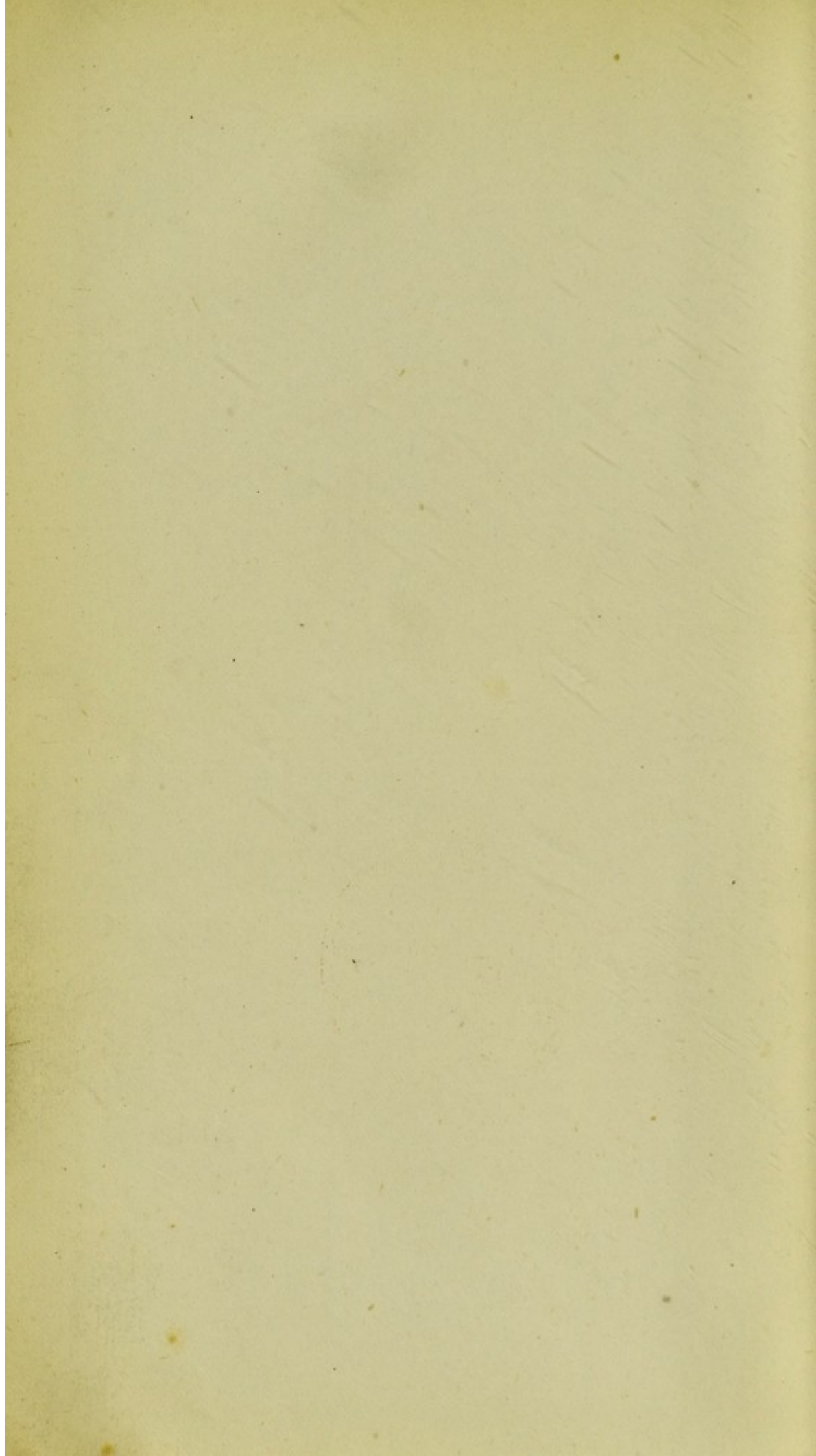
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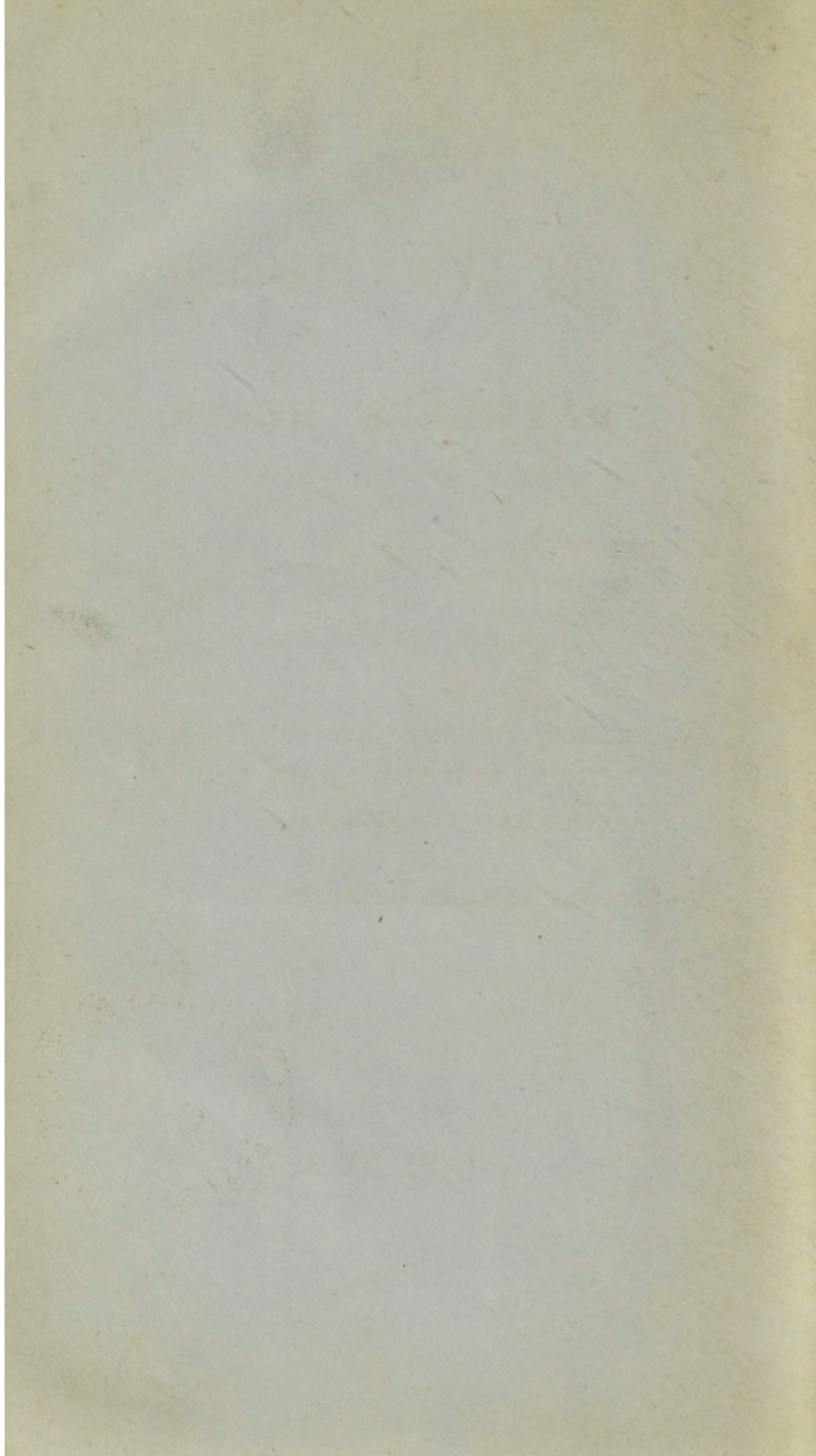


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Sussex

COUNTY LUNATIC ASYLUM

HAYWARDS' HEATH.

I.—ACCOUNT OF THE CONSTRUCTION OF THE
ASYLUM, AND THE EARLY PROCEEDINGS
CONNECTED THEREWITH.

II.—SECOND ANNUAL REPORTS, 1860.

LONDON:

1861.



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SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS' HEATH.

I. — ACCOUNT OF THE CONSTRUCTION OF THE ASYLUM, AND THE EARLY PROCEEDINGS CONNECTED THEREWITH.

*AT THE EPIPHANY SESSIONS held for the
Eastern and Western Divisions of the County,
in January, 1860, THE COMMITTEE OF
VISITORS appointed for providing an Asylum
for the Pauper Lunatics of the County of Sussex,
REPORTED, among other things:—*

THAT, at the Easter Sessions, 1846, a Committee of Justices was appointed to superintend the erecting or providing an Asylum for the Pauper Lunatics of the Eastern Division of the County alone, or to treat and enter into an Agreement with the Justices acting for the Western Division.

That in September, 1854, in consequence of the passing of the 16 and 17 Vict., cap. 97, which rendered it compulsory upon Counties to provide an Asylum for the Pauper Lunatics thereof, that Committee, after several previous

meetings with the Committee of the Western Justices, entered into an Agreement to unite in providing an Asylum for the Pauper Lunatics of both Divisions; and such Agreement stipulated that the expense thereof, and of its future maintenance, should be borne in the proportion of 67 parts in every 100 parts by the Eastern Division, and of 33 parts in every 100 by the Western Division: and that the Committee of Visitors should consist of 14 Eastern Justices, and 8 Western. The number of Justices for the Eastern Division was fixed by the Committee at 14, in order that when the Borough of Brighton nominated 2 Justices of that Borough as Members of the Committee, the correct proportion between the two Divisions should be maintained.

At the Michaelmas Session, 1854, the Agreement for uniting was reported to the Court, and the Committee was then appointed to carry the same into effect.

That several Farms were inspected, and after much consideration, it was finally resolved, unanimously, to recommend that a portion of Hurst House Farm, in Wivelsfield, being nearly in the centre of the County, and within about a mile of the Hayward's Heath Station, should be purchased. A provisional Agreement was entered into with Henry Charles Lane, Esq., the owner, for the purchase of the portion which had been selected, comprising about 120 acres, with a Farm House and Buildings, at the price of £5,750, and Timber at a valuation. The selection of the site met with the full approval of the Commissioners in Lunacy, and the Agreement was sanctioned by the Secretary of State, and ratified at the Midsummer Session, 1855.

That the Committee, in execution of the duty which

devolved upon them, invited five eminent architects, who were all experienced in the erection of Lunatic Asylums, to furnish designs, with plans and estimates, for the proposed Asylum for the County. Four of those gentlemen complied with the request, and the several plans and designs, together with their respective estimates, received the anxious and careful consideration of the Committee; it was eventually determined that those of Mr. Henry Edward Kendall, Jun., of 33, Brunswick Square, London, were the most eligible, as well as the least expensive, and accordingly they were selected;—such plans and estimates were submitted to the Commissioners in Lunacy, and by them reported to the Secretary of State, who duly approved of them, and they were then submitted, at the Epiphany Sessions, 1857, to this Court for approbation, which was at once given.

That the Committee immediately afterwards took steps for obtaining tenders for the erection of the Building, and at the Easter Sessions, 1857, they reported that they had entered into a contract with Messrs. Rees and Ayers, of Dover, for erecting the Asylum for the sum of £37,400; such contract was approved by the Court, and Messrs. Rees and Ayers commenced their work.

That a Sub-Committee was appointed to superintend their progress, and, in addition to the frequent visits made by individual members, fortnightly meetings were held at the Works by such Sub-Committee, and monthly meetings by the general Committee, during the erection of the Asylum. The progress made was from time to time reported to the Sessions, and at Easter Sessions, 1858, the Building, having been sufficiently advanced to require that provision should be made for the Engineering Works, a contract, which had

been entered into with Messrs. Ayers and Ismay for £3,423, was then submitted to, and approved by, the Court.

That Dr. Charles Lockhart Robertson, of Charles Street, Berkeley Square, had been appointed the resident Medical Superintendent, and the Rev. Henry Hawkins, had been appointed the Chaplain.

That the necessity of having a plentiful supply of water, prevented the opening of the Asylum so soon as otherwise it might have been. An Artesian well, which had been sunk to the depth of 217 feet, required longer time to complete, owing to the extreme hardness of the strata, than had been anticipated. The Well had been finished, and the result was a most abundant supply of good water.

That the Asylum had been fitted and furnished, and clothing obtained for 400 Patients. The Asylum, however, is capable of containing 450.

That on the 25th July, 1859, the Asylum was opened for reception of Patients, and the whole of the Lunatic Paupers who had been confined in other Asylums, were soon after received into the Asylum, with the exception of two old and feeble Patients, whose removal might have been attended with danger to them.

That since the opening of the Asylum it had been visited by the Commissioners in Lunacy, and they had expressed their satisfaction as well with the Building as also with the care bestowed upon the Patients, and with the arrangements generally.

That the sum for which it was assumed the Building alone could be erected was £42,000; but owing to an alteration in the levels produced by a change, at the instance of the Commissioners in Lunacy, of the site originally proposed for the Building, and to sundry alterations and additions, which, as the erection went on appeared to be necessary, many extra expenses were incurred, which caused the sum for building and engineering to amount to £46,531 6s. 10d.

That other sums had been expended in the making of approaches to the Asylum, Roads, Airing Courts, Yards, in laying out the Garden, and bringing the Farm into better cultivation, in the purchase of Stock, Farming Implements, and in all those works which were found to be necessary for the occupation of the Building, and in providing the requisite Fittings, Furniture, Clothing, &c., for the Patients, together with other incidental expenses, as will appear in the Abstract of Accounts appended to the Report.

That the burial of the Patients in a distant church-yard having been found to be inconvenient, and attended with expense, the Committee had selected a spot on the farm, contiguous to the Asylum for a burial ground, which has been approved of by the Secretary of State.

That the portion of Hayward's Heath, which is situate within the Manor of Oathall, in which Manor Hurst House Farm is comprised, was about to be inclosed under the Inclosure Acts. That in allotting several pieces for sale, the valuer set out two small portions, together 3r. 12p., immediately adjoining the North-west corner of the Asylum property; and to prevent any annoyance which might be occasioned if such two lots had fallen into other hands, the

Committee considered it expedient to purchase the same at the sum of £104, and a small quantity of timber on one of the lots, to be taken at a valuation. That the Secretary of State, and the Commissioners in Lunacy had approved such purchase.

That the number of Patients at the date of the Report, in the Asylum, was 285 ; viz., 135 Males, and 150 Females.

That the total number of admissions and discharges, and also the number of deaths, together with the number cured since the opening of the Asylum, was stated in the Medical Superintendent's Report, which accompanied the Report of the Committee.

That the rate of Maintenance had been fixed by the Committee for the period from 25th July to the 30th September, at 13s. per week, and at the same sum for the then current quarter.

The Medical Superintendent at the same time made his First Report, which was appended to the Report of the Committee, and was as follows :—

THE MEDICAL SUPERINTENDENT'S FIRST ANNUAL REPORT.

THE Medical Superintendent has the honor to submit his First Annual Report to the Committee of Visitors.

On the 25th July the Asylum was opened for the reception Opening of
the Asylum. of Patients, and 50 Patients, selected at a previous visit, were removed from Bethnal Green Asylum, London. By the end of August, nearly all the Insane Patients belonging to the County, confined in Licensed Houses, were removed to the Asylum at Hayward's Heath, to the number of 230.

The Medical Superintendent has to acknowledge the assistance rendered to him in his difficult undertaking by the Medical Officers of the Licensed Houses at Bethnal Green, Camberwell, Hoxton, and Peckham. These 230 Patients all arrived at Hayward's Heath without the slightest accident, although as many as 60 were removed at one time.

The removal to the County Asylum of the Sussex Patients Subsequent
Admissions. confined under the Secretary of State's Warrant, and subsequent recent admissions, including the Patients belonging to the Borough of Hastings and nine private Patients, have

raised the total number of admissions, during the five months the Asylum has been opened, to 303, viz., 142 Males, and 161 Female Patients.

Discharges. During this same period, eight cases have been discharged, and ten have died. (*See tabular statements of Discharges and Deaths at the end of this Report.*)

Of the eight cases discharged, six were sent home cured. The two last in the table of discharges (Table III) are of interest, the one, as being the first Patient admitted direct from his Parish into the County Asylum, and who, although suffering from a severe form of mental disease, entirely recovered; and the other, as one in whom the mere removal to the County Asylum from a Licensed House in London, where she had been many years confined, was apparently the cause of cure.

Deaths.
(Obituary
Table.)

The average age at death of the ten fatal cases, was 45.8 years. One case lived only 13 days after admission; she was dying when she arrived from her Parish at the Asylum. Another case survived only 13 days her removal from London, in consequence of inflammatory cold caught on the journey; her age was 63 years.

The advanced age and weakly condition of many of the chronic cases removed from London, leads the Medical Superintendent to fear an unusually large mortality during this winter.

**Table of
Changes
since the
Opening of
the Asylum.**

The following table exhibits, in a statistical form, the changes which have occurred in the Asylum during the five months it has been open.

TABLE I.

Shewing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Asylum, 25th July, to 25th December, 1859.

				Male.	Female.	Total.
Removed from various Asylums on the opening of the Asylum at Hayward's Heath* }				115	135	250
Admitted for the First Time since the opening of the Asylum..... }	M.	F.	T.			
	27	26	53			
Re-admitted	0	0	0	27	26	53
Total Admitted since the opening of the Asylum				142	161	303
Total under Care since the Opening of the Asylum				142	161	303
Discharged:—						
	M.	F.	T.			
Cured	2	4	6			
Relieved.....	0	0	0			
Not Improved	1	1	2			
Died	4	6	10			
Total Discharged and Died since the Opening of the Asylum..... }				7	11	18
Remaining in the Asylum, Dec. 25th, 1859 ..				135	150	285
Average Number Resident (mean population)				108 $\frac{32}{158}$	124 $\frac{90}{158}$	232 $\frac{112}{158}$

* Under this head are included all the Pauper Lunatics chargeable to the County, who, previous to the Opening of the Asylum, were maintained in Licensed Houses, near London, as also the Brighton and Hastings Patients of the same description. Herein are also included seven Patients confined under Warrant from Her Majesty's Secretary of State for the Home Department.

The number of Patients in the Asylum this day (Christmas Day, 1859) is 135 Male, 150 Female ; Total, 285.

The mean population, as calculated on the daily number resident, has been for the five months (25th July—25th December, 1859,) $232\frac{11}{158}$.

Table of
Unions.

The following table gives, in one view, the Admissions, (removals and recent admissions) Discharges, and Deaths, 25th July—25th December, 1859, classified according to the Unions to which the Patients are chargeable ; it will aid in shewing the distribution of mental disease in the County :—

[TABLE II.

TABLE II.—*Shewing the Number of Patients Removed to the Asylum on its opening July 25th, 1859; Since Admitted, Discharged, and Dead; also distinguishing the Patients belonging to the different Unions, to December 25th, 1859.*

UNIONS.	Removed on the opening of the Asylum.			Since admitted for the First Time.			Total under Treatment.			Discharged Cured.			Discharged not Recovered.			Died.			Total Discharged and Dead.			Remaining in the Asylum Dec. 25, 1859.			UNIONS.
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	
Arundel	1	..	1	..	1	1	1	7	2	..	..	..	..	..	..	..	..	..	..	..	1	1	2	Arundel.	
Battle	6	1	7	..	1	1	2	27	9	..	..	..	..	..	..	..	..	..	..	..	6	2	8	Battle.	
Brighton	23	40	63	4	6	10	46	5	73	..	..	1	..	..	3	1	2	4	..	..	25	44	69	Brighton.	
Chailey	4	5	9	1	2	3	7	5	12	..	..	..	..	..	..	..	..	..	..	..	5	7	12	Chailey.	
Cuckfield	4	7	11	1	1	2	8	5	13	..	..	..	..	..	1	..	..	..	..	..	5	7	12	Cuckfield.	
Eastbourne	3	7	10	2	0	2	7	5	12	..	1	..	..	..	..	..	..	..	..	..	5	6	11	Eastbourne.	
East Grinstead	9	2	11	..	..	..	2	9	11	..	..	..	..	..	1	..	..	..	..	..	8	2	10	East Grinstead.	
Hailsham	5	8	13	..	..	..	8	5	13	..	..	..	..	..	..	..	..	..	..	..	5	8	13	Hailsham.	
Hastings	3	7	10	2	2	4	9	5	14	..	..	..	..	..	..	..	..	..	..	..	5	9	14	Hastings.	
Horsham	3	3	6	2	2	4	5	5	10	1	..	..	..	..	1	..	..	..	..	..	3	5	8	Horsham.	
Lewes	3	4	7	..	..	..	4	3	7	1	..	..	..	..	..	..	..	..	..	..	2	4	6	Lewes.	
Midhurst	4	5	9	..	..	..	5	4	9	..	..	..	..	..	..	..	..	..	..	..	4	5	9	Midhurst.	
Newhaven	1	3	4	..	..	..	3	1	4	..	1	..	..	..	..	..	..	..	..	..	1	2	3	Newhaven.	
Petworth	3	4	7	1	1	2	5	4	9	..	..	..	..	..	1	..	..	..	..	..	4	4	8	Petworth.	
Broadwater	3	4	7	..	2	2	6	3	9	..	..	..	..	..	..	..	..	..	..	..	3	6	9	Broadwater.	
Rye	3	2	5	..	..	..	5	3	8	..	..	..	..	..	..	..	..	..	..	..	3	2	5	Rye.	
Steyning	5	6	11	1	1	3	8	6	14	..	..	..	..	..	1	..	..	..	..	..	6	7	13	Steyning.	
Sutton	3	1	4	..	1	1	5	3	9	..	..	..	..	..	..	..	..	..	..	..	3	2	5	Sutton.	
Thakeham	2	2	4	..	..	..	4	2	9	..	1	..	..	..	..	..	..	..	..	..	2	1	3	Thakeham.	
Ticehurst	5	3	8	..	1	1	9	5	12	..	1	..	..	..	..	..	..	..	..	..	5	3	8	Ticehurst.	
Uckfield	8	3	11	1	..	1	12	2	15	..	..	..	..	..	..	..	..	..	..	..	9	3	12	Uckfield.	
Westbourne	2	3	5	..	..	..	5	3	8	..	..	..	..	..	..	..	..	..	..	..	2	3	5	Westbourne.	
Westfrie	3	3	6	..	1	1	7	3	9	..	..	1	..	..	2	..	..	..	..	..	3	2	5	Westfrie.	
Westhampnett	6	8	14	2	..	2	16	8	20	..	..	..	..	..	..	..	..	..	..	..	8	8	16	Westhampnett.	
County, Eastern	3	3	6	..	1	1	7	3	8	..	..	..	..	..	..	..	..	..	..	..	3	4	7	County, Eastern.	
County, Western	..	1	1	..	..	..	2	..	2	..	..	..	..	..	..	..	..	..	..	..	..	..	1	1	County, Western.
Other Counties	..	..	..	..	1	1	2	..	2	..	..	..	..	..	..	..	..	..	..	..	..	..	1	2	Other Counties.
Private Patients	..	..	..	8	1	9	9	8	17	..	..	..	..	..	..	..	..	..	..	..	8	1	9	Private Patients.	
Total	115	135	250	27	26	53	142	161	303	2	4	6	1	1	2	4	6	10	7	11	18	135	150	285	

Improved
Condition of
the Patients
removed
from London

A very marked improvement has taken place in the general health and conduct of the patients (many cases of long standing mental disease) removed from London. The invigorating influence of the pure air and water of Hayward's Heath has given light and colour to many who on admission presented a worn and debilitated appearance; while the order and discipline of the Establishment have reduced into harmony and good conduct some of the most violent and unpromising cases of insanity which the Medical Superintendent ever met with in practice.

The beauty also of the site of the Asylum, looking out on the free downs, which are ever changing their distance and their shape, as the lights and cloud-shadows sail over them, and over the graceful forms of whose endless variety of slopes the eye wanders unarrested by abruptness, with an embracing feeling of fulness and a restful satisfaction to the pure sense of Form,* has not been without its calming influence on many of the Patients, and has, in several instances, been the subject of their conversation with the Medical Superintendent at his visit to the Wards.

The general
Order of the
House.

The House is already in good working order; each duty and requirement of the day have their appointed hour and agent, and the means best fitted for the curative employment of the Patients are in daily operation.

Employment
of the
Patients.

The cleaning of the Wards, on both sides of the House, is performed by them, and all the domestic labour of a large household is entrusted to some of them. The Male Patients

* See Lectures and Addresses by the late Rev. Frederick William Robertson, M.A., of Brighton.

are also employed on the Farm and Garden, under proper supervision, and in the Workshops, with the artisans of the Establishment, as tailors, shoemakers, carpenters, bakers, bricklayers, painters and glaziers; and a beginning has been made in mat-making.

In the Asylum, however, of an Agricultural County like Sussex, outdoor Farm Labour is the principal source of employment, and the Patients employed with the Artisans are a small minority. In the Female Department, the Kitchen and Laundry, together with the Needlework, are the chief means of employment. The Classes, it may be here stated, for general Instruction and for Music are fairly begun, under the superintendence of the Chaplain. The Medical Superintendent anticipates considerable benefit to the convalescent Patients from these Classes: their personal superintendence by the Chaplain will contribute materially to their ultimate success.

Occasional amusements—not too frequent—to encourage Amusements those who work, and to break the monotony of the routine life of an Asylum, are, in the opinion of the Medical Superintendent, of advantage both to the Patients and to their Attendants. A weekly dance for the Patients and Household is held on Wednesday evening, in the Recreation Hall, at which 100 of the Patients have more or less joined in the evening's amusement. A very fair Band, composed of Attendants and Patients, has been formed. On Christmas Eve the Hall was decorated, and the dance kept up till a late hour.

The supply of Newspapers, Books, and Games, granted by

the Visitors, is by a certain number of the Patients appreciated.

The
Incurable
Cases.

But in referring to these various evidences of mental activity and healthy employment in the Asylum, the other side of the picture must also be looked at.

It must not be forgotten that a large number of hopeless cases of Insanity, on whose weary path no remedial agencies can throw any light or change, are also the objects of our care. It is in their treatment that the heavy pecuniary expenditure of the Asylum is incurred, and they form (though the least prominent feature in such a Report as the present,) the most anxious portion of the Medical Superintendent's charge. They require a daily and hourly care and watching, often of the most wearying and harassing kind, yet of which labour the remedial results can only be seen and recognized by those familiar with the symptoms and progress of chronic mental decay.

It is due to the Officers of the Establishment that the Medical Superintendent record here his approval of the manner in which the Patients now referred to have been tended and cared for. He has in evidence thereof the satisfaction of adding that, since the opening of the Asylum, no accident, injury to a Patient, or even escape has occurred. He cannot, indeed, venture to hope that another year will prove as free from such accidents and mishaps, which appear with the permanence of a natural law in the history of every large Asylum, however well-ordered.

Diet.

The Diet scale in use is herewith annexed. The Insane require a liberal, nourishing diet. The Medical Superinten-

dent ventures to think that this Diet scale combines this requirement with a reasonable regard to economy. He has ordered very few extra articles of Diet during the period, an important item of expense in many County Asylums.

Wednesday in each week has been set apart for the visits of the friends and relations of Patients; visits which the Medical Superintendent is always anxious to promote and encourage. In cases of urgent sickness notice is sent to the relations, who in such cases are admitted on other days also. Visiting Day

A Uniform dress has been adopted for the Attendants, Male and Female. The dresses are made in the Asylum Workshops. Uniform of Attendants, Male and Female.

The hours of the Chapel Services and Chaplain's visits to the Wards have been fixed by the Medical Superintendent, in conjunction with the Chaplain, so as to suit the various hours and other requirements of the House. The Chaplain's Annual Report to the Visitors is herewith annexed. Chapel Services.

The Medical Superintendent has, in conclusion, to submit the Balance Sheet for the five months the Asylum has been opened. Several of the items are preliminary expenses which tend to increase the Maintenance Account in the early history of every Asylum. The steady reduction, so far as is consistent with the curative treatment of the Patients, in the weekly charge for Maintenance, is a subject of his most anxious care. He confidently anticipates a gradual reduction of this charge. Financial Statement.

(Signed) C. L. ROBERTSON, M.B. CANTAB.,
MEMBER OF THE ROYAL COLLEGE OF PHYSICIANS,
Medical Superintendent.

25th December, 1859.

No. in Register.	Date of Admission.	Date of Discharge.	Age on Discharge.		DURATION OF DISORDERED ADMISSION.		
			Male.	Female	Age at First Attack.	Number of previous Attacks.	Duration of present Attack.
116	August 5th, 1859	August 22nd, 1859	59		52	First	6 Years
155	August 11th, 1859	Sept. 17th, 1859		54	53	First	1 Year
170	August 16th, 1859	Sept. 20th, 1859		36	36	First	3 Weeks
21	July 25th, 1859	Nov. 5th, 1859		59		Several	1 Year
3	July 25th, 1859	Nov. 26th, 1859		49	35	Two	2 Years
237	Sept. 8th, 1859	Nov. 23rd, 1859	10		From	Birth	
206	August 24th, 1859	Nov. 29th, 1859		46	41	First	5 Years
43	July 27th, 1859	Nov. 30th, 1859	20		20	First	1 Week

No. in Register.	Date of Admission.	Date of Death.	Age at Death.		DURATION OF DISORDERED ADMISSION.		
			Male.	Female	Age at First Attack.	Number of previous Attacks.	Duration of present Attack.
35	July 25th, 1859	August 6th, 1859		63	63	First	6 Months
169	August 13th, 1859	August 25th, 1859		49	49	First	1 Month
111	August 5th, 1859	Oct. 13th, 1859	43		37	First	6 Years
219	Sept. 2nd, 1859	Oct. 25th, 1859	45		41	First	4 Years
118	August 10th, 1859	Oct. 27th, 1859		65	65	First	4 Months
122	August 11th, 1859	Nov. 22nd, 1859		33	33	First	5 Months
228	Sept. 2nd, 1859	Nov. 24th, 1859	19		Congenital	Idiot	
282	Nov. 17th, 1859	Dec. 7th, 1859		56	54	Several	4 Days
277	Nov. 9th, 1859	Dec. 20th, 1859	37		37	First	2 Months
239	Sept. 15th, 1859	Dec. 22nd, 1859		48	47	First	16 Months

TABLE III.

A HISTORY OF THE DISCHARGES, FROM THE 25th JULY, TO 25th DECEMBER, 1859.

Case No.	MENTAL AND PHYSICAL STATE ON ADMISSION.				CIVIL STATE ON ADMISSION.			APPARENT OR ALLEGED CAUSE.			Result.	REMARKS.
	Form of Disease.	Particular Propensities or Hallucinations.	Original Intellect and Disposition.	Bodily Complications or Disorder.	As to Marriage.	As to Religious Persuasion.	As to Occupation.	PREDISPOSING.		Exciting.		
								Hereditary.	Other Causes.			
10.	Mania	Irritable and Eccentric	Good.	Chronic Rheumatism	Married	Church of England	Glazier	Not known	Ill health <			

Case I., First Attack, and within 3 Months.—Class II., First Attack above 3, but within 12 Months.—Class III., Not First Attack, and within 12 Months.—Class IV., Cases of more than 12 Months duration.

TABLE IV.

OBITUARY, FROM 25th JULY, TO 25th DECEMBER, 1859.

Case No.	MENTAL AND PHYSICAL STATE ON ADMISSION.				CIVIL STATE ON ADMISSION.			APPARENT OR ALLEGED CAUSE.			Cause of Death.	REMARKS.	
	Form of Disease.	Particular Propensities or Hallucinations.	Original Intellect and Disposition.	Bodily Complications or Disorder.	As to Marriage.	As to Religious Persuasion.	As to Occupation.	PREDISPOSING.		Exciting.			
								Hereditary.	Other Causes.				
1	Melancholia	Religious Delusions	Fair	Very debilitated, covered with ulcers, vermin, and bruises Filthy habits Dirty habits Extreme debility Paralysis of left side Habits filthy None Habits dirty	Widow	Protestant Dissenter		No information to be obtained			Bronchitis	A Transfer from Bethnal Green	
2	Dementia	Utter Mental Prostration			Married	Mormon	Wife of Laborer			Mormonism	Exhaustion	Admitted from her own home moribund. Lived [12 Days]	
3	Dementia	Ditto			Married	Church of England	Bricklayer					Pyæmia	Transfer from Bethnal Green
4	Dementia	P propensity to Pilfering	Fair		Married	Church of England	Cochman					Sanguineous Apoplexy	Transfer from Hanwell
5	Melancholia	Refusal of Food			Widow	Church of England	Charwoman					Exhaustion	Transfer from Bethnal Green
6	Monomania	Religious Delusions		Married	Church of England		Wife of Laborer			Over Study	Bronchitis	Transfer from Hoxton House	
7	Dementia	Extreme Incoherence		Single	Church of England						Dysentery	Transfer from Hoxton House	
8	Mania	Destructive		Single	Church of England						Valvular Disease of Heart		
9	Dementia	Extreme Mental Prostration		Widow	Romanist	Stableman					Pulmonary Apoplexy		
10	Dementia										Exhaustion	Admitted in a filthy unsatisfactory state	

Case I., First Attack, and within 3 Months.—Class II., First Attack above 3, but within 12 Months.—Class III., Not First Attack, and within 12 Months.—Class IV., Cases of more than 12 Months duration.

THE HISTORY OF THE UNITED STATES

OF THE UNITED STATES OF AMERICA

The history of the United States is a story of growth and development. It begins with the first settlers who came to the New World in search of a better life. They found a land of opportunity, but also a land of challenge. The early years were marked by struggle and hardship, but the spirit of the pioneers was unyielding. They built a nation from scratch, one that was based on the principles of liberty and justice for all. The story of the United States is a story of the triumph of the human spirit over adversity.

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TABLE V.
INCOME and EXPENDITURE, from 25th July to 31st December, 1859.

INCOME.					EXPENDITURE.				
HEADS OF INCOME.	QUARTER ENDING		TOTAL.	Total Income.	HEADS OF EXPENDITURE.	QUARTER ENDING		TOTAL.	Total of General Heads of Expenditure.
	Michaelmas.	Christmas.				Michaelmas.	Christmas.		
	£ s. d.	£ s. d.	£ s. d.	£ s. d.		£ s. d.	£ s. d.	£ s. d.	£ s. d.
<i>From Parishes in Sussex.</i>					<i>Provisions.</i>				
For Maintenance	1,254 14 8	2,122 10 1	3,377 4 9		Meat	154 18 11	321 14 10	476 13 9	
<i>From Parishes in other Counties.</i>					Flour	78 18 8	145 8 9	224 7 5	
For Maintenance		16 2 0	16 2 0		Rice, Barley, &c.	8 1 9	4 18 6	13 0 3	
<i>From County Treasurer.</i>					Cocoa, Coffee, Tea	35 4 4	42 4 4	77 8 8	
For Maintenance	30 8 7	55 2 4	85 10 11		Sugar and Treacle	35 4 9	41 16 1	77 0 10	
<i>From Friends of Private Patients.</i>					Sundry Groceries	8 6 11	12 7 1	20 14 1	
For Maintenance		37 5 3	37 5 3		Tobacco and Snuff	8 16 3	15 6 0	24 2 9	
For Sale of Farm Produce	5 9 9	5 16 9	11 6 6		Butter	37 7 8	43 11 5	80 19 1	
For Sale of Articles from Stores ..	7 5 9	12 5 11	19 11 8		Cheese and Eggs	26 14 11	46 12 7	73 7 6	
Refunded by Attendants for use of Uniform		10 2 6	10 2 6		Malt, Hops, and Beer	99 0 0	197 18 8	287 19 5	
					Milk	24 14 1	17 7 6	42 1 7	
					Farm	110 18 2	120 1 11	231 0 1	
Total	1,297 18 9	2,259 4 10	3,557 3 7	3,557 3 7	Total	619 7 2	1,009 8 2	1,628 15 4	1,628 15 4
					<i>House and other Expenses.</i>				
					Coals		200 0 0	200 0 0	
					Soap	21 7 10	32 1 8	53 9 6	
					Starch, Soda, Blue	6 9 8	7 19 7	14 9 3	
					Candles and Oil	2 15 6	6 5 6	9 1 0	
					Furniture, Linen and Bedding ..		81 10 2	81 10 2	
					Brooms and Brushes		11 11 0	11 11 0	
					Rates and Taxes		8 5 0	8 5 0	
					Stationery and Postage	10 3 3	8 8 9	18 12 0	
					Printing and Advertisements ..		0 5 1	0 5 1	
					Carriage of Goods		16 5 6	16 5 6	
					Funeral Expenses	3 2 4	11 15 5	14 17 9	
					Periodicals and Books	1 6 11	8 13 1	10 0 0	
					Gas supplied		53 0 0	53 0 0	
					Total	45 5 6	446 0 9	491 6 3	491 6 3
					<i>Clothing</i>		174 5 8	174 5 8	174 5 8
					<i>Salaries and Wages.</i>				
					Salaries of Officers	130 15 8	222 10 0	353 5 8	
					Wages of Servants	145 13 11	250 1 8	395 15 6	
					Total	276 9 6	472 11 8	749 1 2	749 1 2
					<i>Medicine, &c.</i>				
					Drugs, Trusses, &c.	8 10 6	15 19 8	24 10 2	
					Wine, Spirits, &c.	4 3 7	21 13 7	65 17 2	
					Total	52 14 1	37 13 3	90 7 4	90 7 4
					<i>Incidentals.</i>				
					Removal of Patients	150 0 0	21 5 9	171 5 9	
					Incidentals	9 17 4	15 13 3	25 10 7	
					Total	159 17 4	36 19 0	196 16 4	196 16 4
					Total Expenditure from Weekly Rate	1,183 13 7	2,176 18 6	3,330 12 1	3,330 12 1
					FROM CAPITAL ACCT.				
					Labour	25 2 7	54 14 8	79 16 10	
					Iron, Lead, and Lime		9 6 1	9 6 1	
					Glass		3 0 10	3 0 10	
					Paint		12 19 4	12 19 4	
					Sundries		1 10 0	1 10 0	
					Total	25 2 7	81 10 6	106 13 1	106 13 1
					Total Expenditure	1,178 16 2	2,258 9 0	3,437 5 2	3,437 5 2
								Balance ..	226 11 6
								TOTAL	3,663 18 6

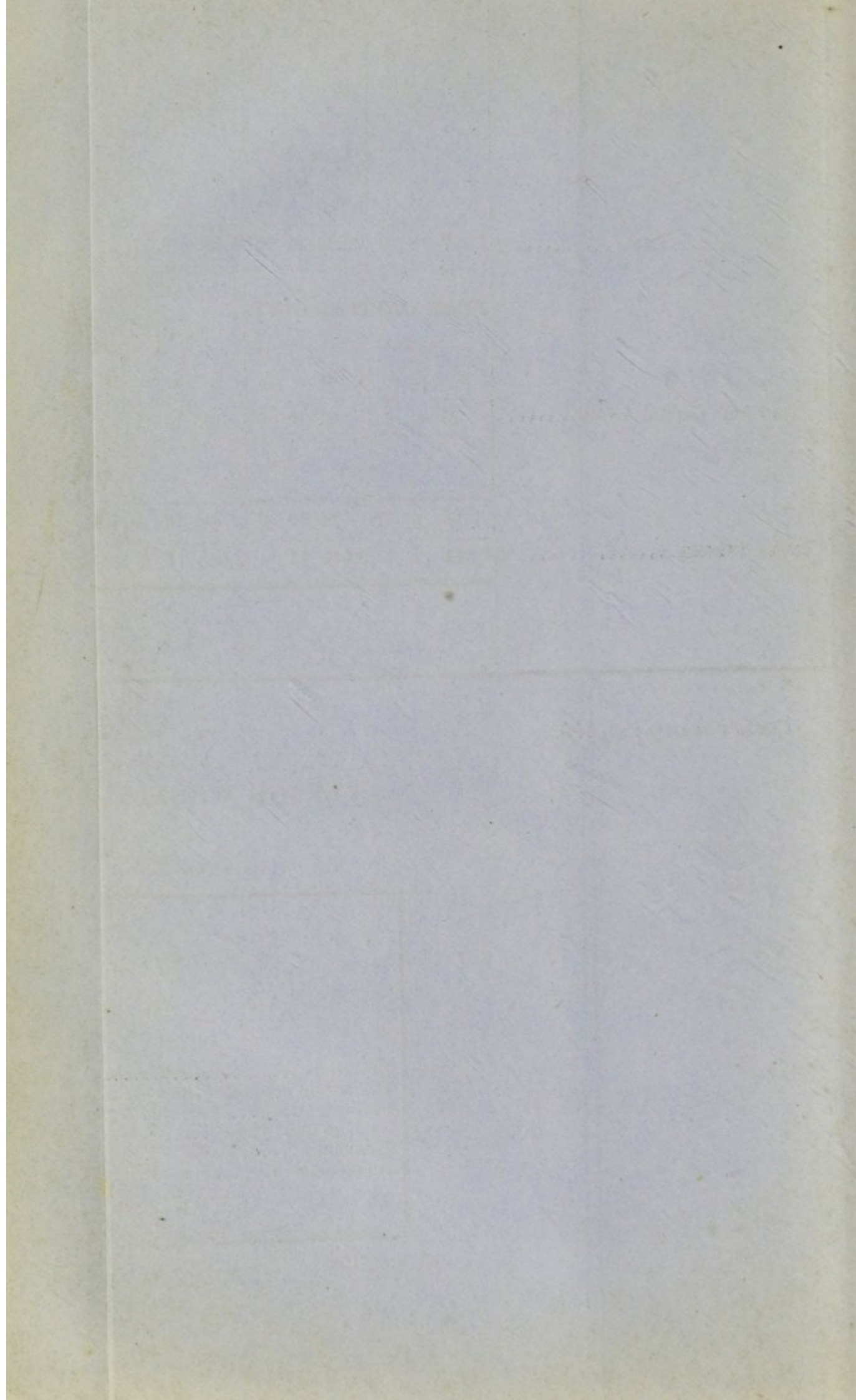
Dated January 2nd, 1860.

(Signed)

S. A. MORTLOCK,
Clerk and Steward.

AVERAGE WEEKLY EXPENDITURE FOR EACH PATIENT.
FROM WEEKLY RATE,
From 25th July to 25th December, 1859.

	QUARTER ENDING	
	Michaelmas.	Christmas.
	s. d.	s. d.
Provisions	7 0½	5 11½
House and other Expenses	0 6½	2 6½
Clothing		1 0
Salaries and Wages	3 1½	2 8½
Medicine	0 7½	0 2½
Incidentals	1 9½	0 2½
	13 0½	12 7½



SUSSEX LUNATIC ASYLUM.

ABSTRACT OF CAPITAL ACCOUNT.—BUILDINGS, LAND, &c.

To 21st December, 1859.

	£	s.	d.
Purchase of Land, Timber, Conveyancing, Compensation to Tenant for Damage, and Tenant's outgoing Valuation	7,263	5	11
Buildings as per Contract, Additions to the Buildings, including further Accommodation, Airing Courts, &c., recommended by Commissioners in Lunacy	42,404	15	6
Gas and Engineering Works for House	3,849	17	4
Water Supply, Sinking Wells, Engine House, Engine, and Pumps	2,118	14	6
Levelling, Draining, Enclosing, Laying-out and Stocking Kitchen Garden and Supplying the same with Water, and also Cultivating and Improving the Farm	823	16	4
Earthwork on the Estate generally, forming Approaches to the Asylum, Roads, Yards, Slopes, and Terraces, Levelling and Draining the Grounds	2,273	6	2
Architect's Commission and Salary, and Expenses of Clerk of Works	2,576	1	2
Building	£61,309	16	11

ESTABLISHMENT CHARGES.

	£	s.	d.
Fittings	2,695	18	0
Furniture, Linen, and Bedding	8,625	1	3
Clothing and Drapery	1,938	3	11
Coals and Coke	449	12	2
Salaries, Wages, and Maintenance	1,158	17	8
Medicines, Surgical Instruments, &c.	86	19	8
Printing, Advertising, Stationery, Books, &c.	351	18	6
Rates, Tithes, Carriage of Goods, and other incidental Expenses	454	7	10
Insurance of Building	101	17	6
Farming Implements and Stock	479	19	5
	16,342	15	11
Clerk to the Committee, and Solicitor's Charges for professional business, Disbursements, &c., for the years, 1854, 1855, 1856, 1857, 1858, and 1859	751	7	2
Costs of the Solicitors to Mortgagees for preparing their Securities	300	10	6
Premiums to Architects, Surveyors, &c., previous to Building	227	17	6
	£78,922	8	0

	£	s.	d.
Amount of Money borrowed on Mortgage of Eastern Rates ..	53,600	0	0
The like, of Western Rates	26,400	0	0
	£80,000	0	0

1859, December 22nd. *The Accounts of which the foregoing is an Abstract, have been Examined and Audited by us,*

(Signed)

ROBT. TROTTER.

JOHN ALEXANDER HANKEY.

THE UNIVERSITY OF CHICAGO

THE UNIVERSITY OF CHICAGO PRESS

THE UNIVERSITY OF CHICAGO PRESS

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THE
CHAPLAIN'S FIRST ANNUAL REPORT.

Christmas, 1859.

THE Chaplain has the honor to submit his first Report to the Committee of Visitors.

He entered upon the partial fulfilment of his duties on the last Sunday in July.

From that date until the end of September, according to arrangement, Afternoon Service only, with Sermon on Sundays, was performed in the Chapel, and occasional attendance given on week days.

On the first Sunday in October the Chaplain commenced his regular ministrations.

The Chapel Services are as follows :—On Sundays, Morning Prayer at Ten ; Litany with the Commandments, Epistle, and Gospel, &c., and an Exposition of Scripture, at Twelve ; full Evening Service, with Sermon, at Three.

It is purposed to celebrate Holy Communion for the first time on Christmas Day, and thenceforward on the last Sunday in each month.

On Wednesdays and Fridays the Litany alone is said.

On Tuesdays, Evening Service with Lecture, is performed at 7 p. m., for the convenience of the Household; on this occasion, the Patients do not attend.

The Congregation, (Household and Patients) on Sundays is considerable, and the behaviour of the Patients orderly. Some of them appear to take a devout and intelligent interest in the service. On week days the attendance is smaller, but very satisfactory.

Visitation of
Wards.

The Chaplain usually visits each Infirmary twice, and the other Wards once in the course of the week.

In reply to a communication addressed to the Incumbent of Wivelsfield, a letter has been received, in which permission has been kindly granted to the Chaplain to visit those *employés* of the Asylum who may be resident in houses situate in Wivelsfield parish. He will accordingly visit those houses, from time to time.

Classes for
Patients.

An encouraging report, it is thought, may be made of the Male and Female Adult Classes, which have been held on Tuesdays and Fridays, during several weeks, under the Chaplain's superintendence; more than thirty different Patients have attended since the commencement. The usual number of the two Classes is not less than twelve. Instruction is given chiefly for writing; and a short time is devoted, before the Classes separate, to some subject of Geography or History, treated in a familiar or entertaining manner. But not the least result hoped for from the Class Meeting, is the friendly understanding and intercourse which it is anticipated will be gradually promoted between a large number of the Patients and the Chaplain.

An evening in each week is set apart for receiving back ^{Library.} and distributing the Books belonging to the Asylum Library. A convenient opportunity is thus afforded for conference with the Attendants and Servants who come to exchange their books.

A Grace to be used before and after Meals, and a simple ^{Grace and} form of Prayer for morning and evening, has been drawn up ^{Form of} for use in the Wards. ^{Prayer.}

In any future Report which the Chaplain may prepare, he trusts that he may be able to present a more detailed account of matters within his province, than he has done at this time.

(Signed) HENRY HAWKINS, M.A., OXON.,
Chaplain.

An evening in each week is set apart for religious instruction. The children are taught to read the Bible and to sing hymns. A common prayer is said at the close of each lesson. The children are also taught to be kind and helpful to others.

A series of lessons is given on the life of Jesus. The children are taught to love God and their neighbors. They are also taught to be obedient to their parents and to their teachers.

In our lessons we also teach the children to be honest and to tell the truth. We teach them to be brave and to stand up for what is right. We also teach them to be patient and to wait their turn.

The children are also taught to be kind and helpful to others. They are taught to share their toys and to play nicely with their friends. They are also taught to be respectful to their teachers and to their parents.

II.—SECOND ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS, 1860.

AT THE EPIPHANY SESSIONS held for the Eastern and Western Divisions of the County, in December, 1860, and January, 1861, the COMMITTEE OF VISITORS of the SUSSEX PAUPER LUNATIC ASYLUM appointed at the Epiphany Sessions, 1860, reported:—

THAT, prior to the time they were appointed, the Asylum was only partially occupied; that there were in the House at the time of their appointment 285 Patients, viz., 135 Males and 150 Females. Of these, 274 were Pauper Patients from various parts of the County, and 11 were Patients from other places.

That the weekly cost of maintenance of the County Pauper Patients was at that time 13s. per head.

That the number of Patients in the Asylum at the date of their Report was 399; of whom 172 were Males, and 227 Females. Of these, 357 were Pauper Patients from various parts of the County, and 42 were from other places.

That the Patients admitted and discharged during the year, with the number of cures and deaths, were stated in the Second Annual Report of the Medical Superintendent.

That they had been able, during the year, to reduce the weekly cost of Maintenance of the Pauper Patients from 13s. to 10s. 6d., which was the rate for the then current quarter, and although the present prices of provisions were higher than before. The Committee confidently hoped the cost of Maintenance would be still further reduced. The reduction had not been attained by any diminution of the comforts and care of the Patients, which had been rather increased, but by the improved working of the Asylum.

That the Burial Ground, which was mentioned in the last Report, had been cleared and levelled, and had since been fenced in, and having received the approbation of the Bishop, had been conveyed to the Ecclesiastical Commissioners, and that, on the completion of these necessary preliminaries, the Bishop, on the 11th June last, attended at the Asylum and performed the ceremony of consecration.

That the Committee had had occasion to notice some defects in the construction of the Buildings of the Asylum, and some departures from the Specification of the Works contracted for. As these had not been brought to their attention by Mr. Kendall, the Architect employed in the erection of the Building, the Committee thought it right to call for the opinion of Mr. Shaw, another Architect. Mr. Shaw made a report on these matters, and the Committee had had several communications with Messrs. Rees and Ayers, the Contractors, and Mr. Kendall, the Architect, thereon, but nothing had been decided on.

That the Farm and Garden were being brought into better order and condition; and considerable quantities of produce were then obtained from them. The old Farm Buildings

were, however, totally inadequate for the purposes required ; and such Buildings as existed were in a ruinous state. New Buildings were in course of erection, and nearly completed.

That the inclosure of the Oathall Common adjoining the Asylum, alluded to in a former Report, had been completed during the year, and an allotment of nearly six acres had been made to the County. This ground, which extends along the whole front of the Asylum, will be of material importance and advantage ; but being in a very rough and irregular condition, and totally unfenced, there would be expense for levelling and the necessary Fences, which are required under the provisions of the Inclosure Act.

That the occupation of so large a building, with its numerous inmates, had been productive of serious inconvenience to the neighbourhood ; and the drainage from the sewers into brooks and watercourses on other persons' land, had been made the subject of complaint. The Committee were then happy to report that they have been enabled to remedy this grievance, by having a new Sewer made ; but this had been attended with some expense.

That the supply of Water proved most ample ; and the Engines and Works supplied by Messrs. Easton and Co. had answered in every respect, and it was hoped they would be sufficient for any probable increase of Patients.

The Medical Superintendent at the same time made his Second Annual Report, which was appended to the Report of the Committee, and was as follows :—

THE

MEDICAL SUPERINTENDENT'S SECOND
ANNUAL REPORT.

Second
Annual
Report.

THE Medical Superintendent has the honour to submit his Second Annual Report to the Committee of Visitors.

Numbers on
the 25th Dec.,
1859.

On the 25th of December, 1859, the numbers in the Asylum were 135 Male, 150 Female; total, 285.

Admissions.

The Admissions during the year have been 81 Male, 107 Female; total 188.

Discharges.

The Discharges have been 19 Male, 21 Female; total 40.

Deaths.

The Deaths have been 25 Male, 9 Female, total 34.

Mean
Annual
Population.

The mean population resident, during the year has been 159 Male, 198 Female; total 357.

Numbers
this day.

The numbers in the Asylum this day are 172 Male, 227 Female; total 399.

Table shew-
ing the
numerical
results of the
Year.

These numbers may be stated in the following tabular views :—

TABLE I.

Return shewing the Admissions, Re-Admissions, Discharges, and Deaths, during the Year 1859-60.

				Male.	Female.	Total.
In the Asylum December 25th, 1859 .				135	150	285
	M.	F.	T.			
Admitted for the first time during the year .	80	107	187			
Re - Admitted during the year	1	..	1			
Total admitted				81	107	188
Total under care during the year				216	257	473
Discharged or Removed :—						
	M.	F.	T.			
Recovered	12	18	30*			
Relieved	3	3	6			
Not Improved ..	4	..	4			
Died	25	9	34			
Total Discharged and Died during the year				44	30	74
Remaining in the Asylum December 25th, 1860, (including absent on trial, 0 Male and 3 Female)				172	227	399
Average numbers resident during the year				159.38	197.6	356.98

These figures yield the following per centages :—The Recoveries, including the six cases discharged relieved, were

Numerical results in per centages.

* At the Committee Meeting on the 22nd December, 2 Male and 4 Female Patients were discharged cured, but have not yet been removed by their respective families. The number of "cures" therefore, for the year, stands at 36, together with 6 cases more "relieved."

19·1 per cent of the Admissions*. The mean Annual Mortality has been 9·5 per cent.

The numerical results of treatment since the opening of the Asylum (25th July, 1859) are shewn in Table II. :—

TABLE II.

Return shewing the Admissions, Re-Admissions, Discharges and Deaths, for the Period from the Opening of the Asylum, 25th July, 1859, to the 25th December, 1860.

	Male.	Female.	Total.
Patients Admitted during the period .	222	268	490
Re-admissions	1	..	1
Total Cases Admitted	223	268	491
Discharged or Removed :—			
	M.	F.	T.
Recovered	14	22	36
Relieved	3	3	6
Not Improved ..	5	1	6
Died	29	15	44
Total Discharged and Died during the period	51	41	92
Remaining December 25th, 1860	172	227	399
Average numbers resident during the period	133·79	161·05	294·84

The following Table III. shews the numerical results of the year arranged according to Unions :—

* "The true per centage of recoveries is one which in different institutions in different degrees is intermediate to that calculated on the admissions and that calculated on the discharges. Whilst, therefore, I fully admit that the plan of calculating the recoveries upon the admissions fails in exhibiting with precise accuracy the results of treatment in any hospital for the Insane, I yet believe it affords a much nearer approximation to the truth when considerable periods are concerned, than that calculated on the discharges; and that it is, therefore, very decidedly to be preferred to the latter method of calculating the recoveries."—*Dr. Thurnam on the Statistics of Insanity.*

TABLE III.—*RETURN shewing the Number of Patients Admitted and Discharged during the Year 1859-60, distinguishing the Unions to which they belong.*

PARISHES OR UNIONS.	Remaining in the Asylum, Dec. 25, 1859.			Admitted during the Year 1859-60.			Total under Treatment.			DISCHARGED.			Died.			Total Discharged and Died.			Remaining in the Asylum, Dec. 25, 1860.			PARISHES OR UNIONS.	
	M.	F.	T.	M.	F.	T.	M.	F.	T.	Recovered or Improved.			Unimproved.			M.	F.	T.	M.	F.	T.		
										M.	F.	T.	M.	F.	T.								
Amberley	1	1	2	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	Amberley.	
Arundel	7	2	9	1	1	1	1	2	3	1	1	1	1	1	1	1	1	1	1	1	2	Arundel.	
Battle	25	44	69	19	15	34	44	59	103	5	3	8	5	3	10	11	8	19	33	51	84	Battle.	
Burham	2	3	5	2	2	4	4	8	16	1	1	1	1	1	2	3	5	1	3	7	12	Burham.	
Brighton	5	7	12	3	1	4	8	10	17	1	1	1	1	1	1	1	1	4	5	6	15	Brighton.	
Broadwater	..	..	..	7	10	17	7	10	17	..	..	..	..	..	..	..	..	2	6	9	15	Broadwater.	
Chailey	..	..	..	1	1	2	1	1	2	..	..	..	..	..	..	..	..	1	1	1	3	Chailey.	
Chichester	..	..	..	2	3	5	2	3	5	..	..	..	..	..	..	..	..	1	2	3	6	Chichester.	
Clapham	..	..	..	1	1	2	1	1	2	..	..	..	..	..	..	..	..	1	1	1	3	Clapham.	
Cuckfield	4	7	11	2	3	5	6	10	16	..	..	..	..	..	..	..	..	1	2	3	6	Cuckfield.	
Eastbourne	5	6	11	1	1	2	5	7	12	..	..	..	..	..	..	..	..	1	4	7	11	Eastbourne.	
East Grinstead	8	2	10	1	2	3	9	4	13	..	..	..	..	..	..	..	..	1	8	3	11	East Grinstead.	
Ferring	1	..	1	1	..	..	1	..	1	..	..	..	..	..	..	..	..	..	1	..	1	Ferring.	
Hailsham	5	8	13	1	3	4	6	11	17	..	..	..	..	..	..	..	..	1	5	11	16	Hailsham.	
Hastings	5	9	14	1	1	2	6	10	16	..	..	..	..	..	..	..	..	..	6	10	16	Hastings.	
Horsham	3	5	8	2	4	6	5	9	14	..	..	..	..	..	..	..	..	1	4	9	13	Horsham.	
Lewes	3	4	7	2	1	3	5	6	11	1	..	..	..	..	..	..	..	2	3	5	8	Lewes.	
Midhurst	4	5	9	1	1	2	5	6	11	..	..	..	..	..	..	..	..	1	4	6	10	Midhurst.	
Newhaven	1	2	3	1	2	3	2	4	6	..	..	..	..	..	..	..	..	2	1	2	3	Newhaven.	
Petworth	4	4	8	3	3	6	7	10	14	..	..	..	..	..	..	..	..	1	6	7	13	Petworth.	
Rye	3	2	5	3	3	6	6	9	11	..	..	..	..	..	..	..	..	1	5	4	9	Rye.	
Steyning	6	7	13	2	2	4	8	10	18	1	1	1	1	1	1	1	1	2	6	10	16	Steyning.	
Sutton	3	2	5	1	2	3	4	5	8	..	..	..	..	..	..	..	..	1	4	3	7	Sutton.	
Thakeham	2	1	3	..	4	4	2	5	7	..	..	..	..	..	..	..	..	..	2	5	7	Thakeham.	
Ticehurst	5	3	8	2	4	6	7	9	18	1	1	2	1	1	1	1	1	2	6	8	12	Ticehurst.	
Uckfield	9	3	12	..	6	6	9	5	17	..	..	..	..	..	..	..	..	3	8	7	15	Uckfield.	
Westbourne	2	3	5	..	2	2	2	3	5	7	..	..	..	..	..	..	..	..	2	5	7	Westbourne.	
Westfrie	3	2	5	..	..	..	3	2	5	..	..	..	..	..	..	..	..	1	2	2	4	Westfrie.	
Westhammett	8	3	16	..	6	..	12	10	22	1	2	3	1	2	3	1	1	3	11	8	19	Westhammett.	
West Tarring	..	1	1	..	2	..	..	1	1	..	..	..	..	..	..	..	..	..	..	1	1	West Tarring.	
County, Eastern ..	3	4	7	..	..	..	5	4	9	..	..	..	..	..	..	..	..	1	4	4	8	County, Eastern.	
County, Western ..	..	1	1	..	..	..	..	1	1	..	..	..	..	..	..	..	..	..	..	1	1	County, Western.	
Other Counties ..	1	1	2	13	16	29	14	17	31	2	1	3	2	1	3	4	6	1	10	16	26	Other Counties.	
Private Patients ..	7	2	9	6	13	19	13	15	28	2	5	7	2	1	3	6	6	1	7	9	16	Private Patients	
TOTAL	135	150	285	81	107	188	216	257	473	15	21	36	4	..	4	25	9	34	44	30	74	399	

Admissions. The Admissions during the year have been no less than 188. Besides the recent cases occurring in the County, the Admissions (and also the mortality) have this year been increased by the transfer from the Union Houses of a number of chronic cases. It is not to be anticipated that the Admissions of the coming year will equal these numbers.

Discharges.
(See Table of.) Annexed to this Report is an accurate tabular statement of the history of the cases discharged during the year. It will be seen that the recoveries, with few exceptions, have occurred in the cases submitted early to treatment in the Asylum. It cannot too often or too strongly be urged on the Parochial authorities how much the patient's chance of ultimate recovery depends on his immediate and early removal to the Asylum. Attempts to treat recent cases of mental disease in the wards of a Union House, result only in the aggravation of the symptoms and imperil the chances of cure altogether.

Deaths.
(See Table of.) A similar tabular statement of the history of the fatal cases is also annexed.

The mortality for the year is large, among the Male patients especially. Several very infirm old men were removed from London at the opening of the Asylum, who died during the winter from slow decay. Again, several cases have been admitted during the year in a dying state.

All past experience tends to show that the early history of an Asylum is marked by a small per centage of recoveries and by a high rate of mortality, and that when the transfer from the Union Houses of chronic cases has ceased, and the current mental disease of the year is at once brought under treatment these proportionate results materially improve.

The sanitary condition of the Asylum throughout the year has been very good; no serious disease, save that incidental to the course of the mental malady, having in any case shewn itself. There has been no diarrhœa or other zymotic disease.

Sanitary
condition of
the Asylum
during the
Year.

This high standard of health is owing mainly to the abundant supply of good water and to the perfect system of sewage. It is also the result of the liberal dietary allowed, (a copy of the diet table is herewith annexed,) including an abundant supply of fresh vegetables from the Asylum garden, and of sweet milk from the farm, and of the regular hours enforced on the Patients.

The general management of the Asylum, to which detailed reference was made in the First Annual Report, including under the term all that relates to the moral and medical treatment of the Patients, is in progressive development. The various means of employment are more fully carried out; the order and discipline of the Establishment is being consolidated, and the staff of Attendants, on whose efficiency the working of the several elements of treatment so much depends, is decidedly on the improvement.

General
Management

The Medical Superintendent is, however, fully conscious of how much remains herein for the future to accomplish.

The Rules as required by the 53rd sec. 16 & 17 Vict., c. 97, have been submitted to the Secretary of State, and on the 10th January, 1860, received his final approval.

Rules.

The annexed table (IV.) shows the daily average number of Patients employed and the nature of that employment. A rough calculation, at a low average of the money value of this labour, amounting to £1,534 15s. 2d. is added. As a curative agent its value to the patients is priceless.

Value of
Patients'
Work.

TABLE IV.

*Average number of Patients employed daily in the year 1860, and
the estimated value of the labour.*

OCCUPATION OR TRADE.	Daily Average Number of Patients	Rate per Day.	Estimated Yearly Average Value of Patients' Labour.			REMARKS.
MALE PATIENTS.		d.	£	s.	d.	
Farm and Garden Labourers	30	4	155	0	0	
With the Painter, Glazier and Plumber	3	6	23	5	0	
„ Carpenter	4	12	62	0	0	
„ Bricklayer	1	4	5	3	4	
„ Tailor	9	0	70	10	9	See Table V. p. 36
„ Shoemaker	10	0	107	6	1	See Table VI. p. 37
„ Matmaker	7	4	36	3	4	
„ Engineer	3	8	31	0	0	
„ Baker	1	6	7	15	0	
„ Brewer	2	6	15	10	0	
„ House Porter	1	6	7	15	0	
In the Stores (including Coal Porters)	5	6	38	15	0	
„ Kitchen	1	6	7	15	0	
„ Laundry	1	6	7	15	0	
Cleaning in the Wards	35	3	135	12	6	
„ in the Corridors and centre Buildings	5	3	19	7	6	
FEMALE PATIENTS.						
In Laundry and Wash-house	35	6	271	5	0	
„ Kitchen	12	4	62	0	0	
„ Needlework in the Wards	65	4	335	16	8	
„ Household Work, Cleaning, Wards, &c.	40	3	135	0	0	
Total	..	..	1,534	15	2	

On the 25th of July, being St. James' Day, the Anniversary of the opening of the Asylum was celebrated as a holiday. The sermon was preached by the Rev. Arthur Garfit, M A., Curate of Richmond; the Patients afterwards had a public dinner in the Recreation Hall, followed by games on the lawn and a dance in the evening. It is proposed in future years to continue the celebration of this day in commemoration of the benefits which this House has been the means of conferring on the Insane poor of the County.

The Medical Superintendent has the satisfaction of recording that another year has passed without any serious accident or injury to any patient. The only nominal exception has been the loss, by escape, of a male patient, who subsequently was heard of as an inmate of Oxford Castle, whither he had been committed as a vagrant. He is now at large. It was a case, the leading feature of which was the delusion that the sun had got into his throat, and that an operation was necessary for its removal. On other subjects he was tolerably sane, and the authorities at the Oxford Gaol do not appear to have discovered the existence of his mental disease.

The Balance Sheet for the year 1860 (Table IX.,) as examined by the House Committee, is herewith annexed. It exhibits a steady reduction in the average weekly cost of maintenance.

The Medical Superintendent has, in conclusion, to record his approval of the conduct of the Officers, and, with few exceptions, of the Attendants and Servants of the Asylum, during the year now ended.

(Signed) C. L. ROBERTSON, M.B. CANTAB.,
Medical Superintendent.

25th December, 1860.

TABLE V.
TAILOR'S SHOP. *Account of Patients' Work and Earnings for the Year 1860.*

CLOTHING MADE UP.	Number of Articles.	Price of making per Article.	Value of Work.	REMARKS.
		s. d.	£ s. d.	
Patients' Coats and Jackets (Cloth)	63	2 6	7 17 6	
" Trousers (Fustian and Cord) ..	106	2 9	14 11 6	
" Waistcoats (Cloth)	13	1 3	0 16 3	
" Ticken Dresses	—	2 6		
" Rugs	8	8 0	3 4 0	
Attendants' Uniform Coats	8	10 6	4 4 0	
" Trousers	12	4 6	2 14 0	
" Waistcoats	6	4 0	1 4 0	
" Caps	9	2 0	0 18 0	
REPAIRS—				
Patients' Coats	284	0 8	9 9 4	
" Trousers	673	0 8	22 8 8	
" Waistcoats	165	0 4	2 15 0	
" Ticken Dresses	17	0 6	0 8 6	
Deduct Master Tailor's Wages				
			70 10 9	
			54 12 0	
			£15 18 9	
Total				

TABLE VI.
SHOEMAKER'S SHOP. *Amount of Patients' Work and Earnings for the Year 1860.*

ARTICLES MADE UP.	Number of Articles.	Price of work per Article.	Value of the Work.			REMARKS.
			£	s.	d.	
Mens' Leather Shoes.....	180	s. 3 d. 0	27	0	0	
Women's Leather Boots.....	180	2 0 0	18	0	0	
" Shoes	15	1 9 3	1	6	3	
Cloth and Canvas Boots	2	1 6 0	0	3	0	
Mens' Leather Boots (Nailed)	27	4 0 0	5	8	0	
REPAIRS—						
Boots and Shoes repaired	371½	0 8	12	7	8	
" " soled and welted.....	572	1 6	42	18	0	
" " locked and strapped	19	0 2	0	3	2	
Deduct, Master Shoemaker's Wages			107	6	1	
Total			54	12	0	
			£52	14	1	

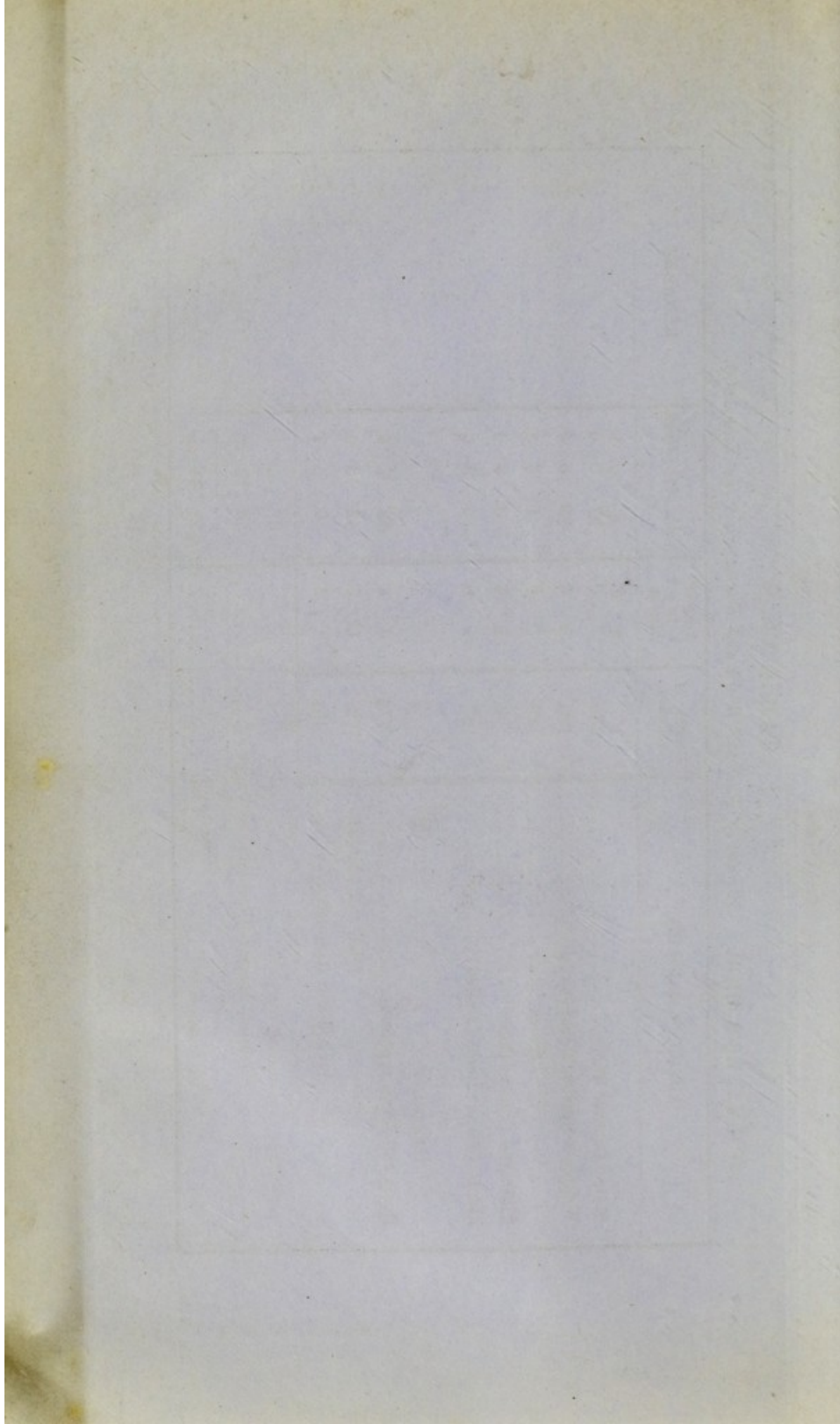


TABLE VII

A HISTORY OF THE DISCHARGES DURING THE YEAR ENDING CHRISTMAS DAY 1860.

No. in England.	Date of Admission.	Date of Discharge.	Age at Discharge.		EDUCATION OF DISCHARGE ON ADMISSION.					MENTAL AND PHYSICAL STATE ON ADMISSION.					CIVIL STATE ON ADMISSION.		AFFAIRS OR ALLEGED CAUSE.			
			Age at Discharge.		Education of Discharge.		Form of Discharge.	Particular Propensity or Habit.	Original Judgment.	Bodily Complication or Disorder.	As to Marriage.	As to Religion and Profession.	As to Occupation and Education.	Pecuniary.		Feeling.	Remarks.			
			Males.	Females.	First.	Second.								First.	Second.			First.	Second.	
4	Nov. 17th, 1840.	Jan. 14th, 1841.	34	38	1st	1 Month.	I.	Mania, Acute.	Very violent	Good	Married	Church of England	Indus-try	Household	High-betting Disappointment	Recovered Not Improved	Private Patient. See No. 17	Transfer from another Asylum.		
279	Nov. 14th, 1840.	Feb. 1th, 1841.	39	20	Third	6 Years	IY.	Mania, Manicula	Attempts to injure eyes	Good	Single	Church of England	Domestic Servant	Household	Amnesia	Recovered				
249	Sept. 26th, 1840.	March 14th, 1841.	29	21	2nd	9 Months	II.	Mania, Manicula		Fair	Single	Church of England	Domestic Servant	Household	Religious Excitement	Recovered				
254	Oct. 27th, 1840.	April 6th, 1841.	29	20	2nd	4 Days	III.	Mania, Berman		Fair	Single	Church of England	Domestic Servant	Household	Religious Excitement	Recovered				
192	Nov. 2nd, 1840.	Nov. 2nd, 1840.	29	20	2nd	4 Days	III.	Mania, Berman		Fair	Single	Church of England	Domestic Servant	Household	Religious Excitement	Recovered				
154	May 2nd, 1840.	May 2nd, 1840.	29	20	2nd	4 Days	III.	Mania, Berman		Fair	Single	Church of England	Domestic Servant	Household	Religious Excitement	Recovered				
180	Jan. 4th, 1840.	Jan. 4th, 1840.	29	20	2nd	4 Days	III.	Mania, Berman		Fair	Single	Church of England	Domestic Servant	Household	Religious Excitement	Recovered				
318	April 3rd, 1840.	June 12th, 1841.	31	17	Second	1 Month.	I.	Mania, Manicula	Very violent	Good	Married	Church of England	Indus-try	Household	Losses in Business	Recovered	Remained in this Asylum.	Private Patient, a re-admission		
17	May 2nd, 1840.	June 12th, 1841.	31	17	Second	1 Month.	I.	Mania, Manicula	Very violent	Good	Married	Church of England	Indus-try	Household	Losses in Business	Recovered				
241	Aug. 3rd, 1840.	July 14th, 1841.	27	25	Second	1 Week	III.	Acute Mania	Destructive. Noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
262	June 2nd, 1840.	July 14th, 1841.	25	23	2nd	7 Months	III.	Acute Mania	Destructive. Noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
244	June 2nd, 1840.	Aug. 10th, 1840.	71	50	First	1 Week	III.	Acute Mania (Senile)	Very noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
233	July 1st, 1840.	Aug. 10th, 1840.	65	45	First	2 Weeks	III.	Acute Mania	Very noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
232	June 6th, 1840.	Aug. 10th, 1840.	65	45	First	2 Weeks	III.	Acute Mania	Very noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
230	July 1st, 1840.	Aug. 10th, 1840.	44	33	Second	1 Week	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
415	Nov. 2nd, 1840.	Sept. 10th, 1841.	44	33	Second	1 Week	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
412	Nov. 2nd, 1840.	Sept. 10th, 1841.	44	33	Second	1 Week	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
411	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
410	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
409	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
408	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
407	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
406	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
405	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
404	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
403	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
402	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
401	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
400	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
399	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
398	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
397	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
396	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
395	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
394	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
393	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
392	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
391	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
390	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
389	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
388	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
387	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
386	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
385	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
384	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
383	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
382	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
381	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
380	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
379	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
378	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
377	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
376	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
375	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
374	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
373	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
372	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
371	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
370	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
369	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
368	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
367	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
366	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
365	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
364	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
363	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
362	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
361	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
360	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
359	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
358	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
357	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
356	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
355	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
354	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
353	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
352	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40	First	1 Day	III.	Acute Mania	Violent and noisy	Fair	Married	Church of England	Lawyer's Wife	Household	Peopled State	Recovered				
351	Sept. 2nd, 1840.	Oct. 12th, 1841.	45	40																

Class I, First Attack, and within 3 Months.—Class II, First Attack, above 3, but within 12 Months.—Class III, Not First Attack, and within 12 Months.—Class IV, Cases of more than 12 Months duration

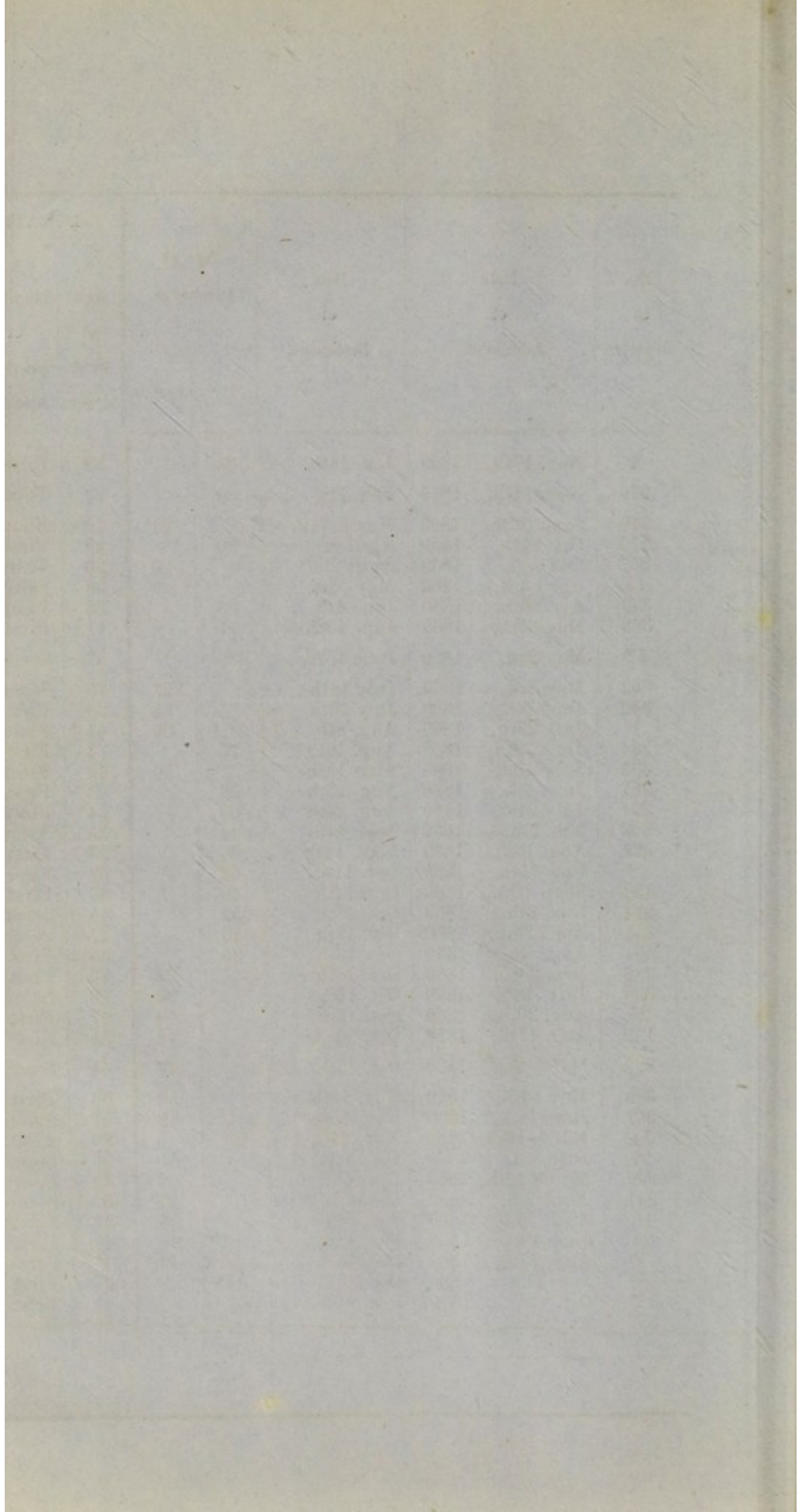
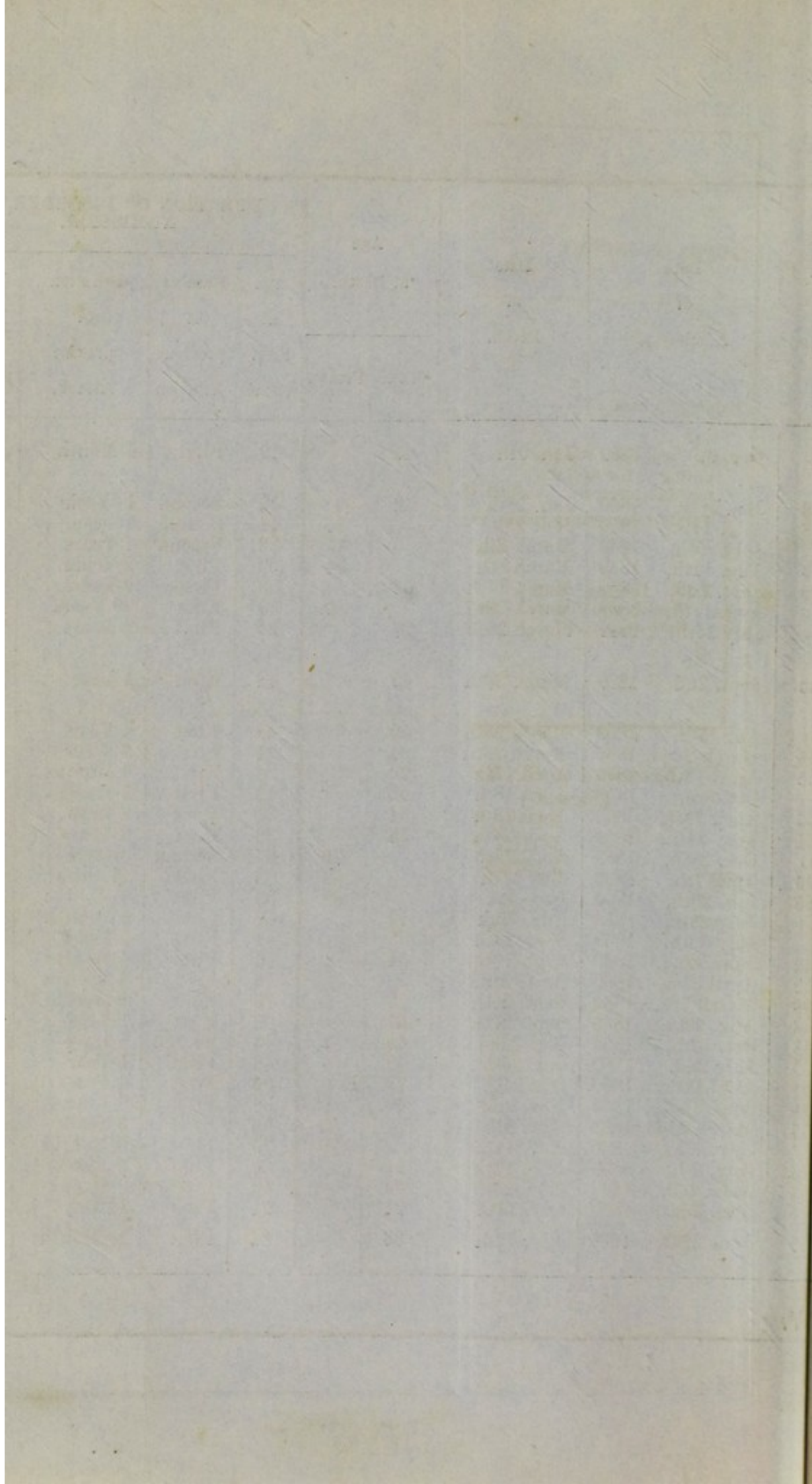


TABLE VIII.
OBITUARY FOR THE YEAR ENDING CHRISTMAS DAY 1860.

No. in Institution.	Date of Admission.	Date of Death.	Age at Death.	DURATION OF DISORDER OR AFFECTION.				MENTAL AND PHYSICAL STATE ON ADMISSION.					CIVIL STATE ON ADMISSION.			APPARENT OR ALLEGED CAUSE.			Cause of Death.	REMARKS.	
				Age at First Attack.	Number of previous Attacks.	Duration of present Attack.	Class in previous Report.	Form of Disease.	Particular Propensities or Inclinations.	Original Intellect and Disposition.	Bodily Complexion or Disorders.	As to Marriage.	As to Religion or Profession.	As to Occupation and Education.	PREDISPOSING.		Exciting.				
															Hereditary.	Other Cause.					
7	Dec. 6th, 1850	Jan. 9th	49	49	First	1 Month	I.	Acute Mania	Destructive	Good	Templary	Married	Church of England	Farmer	Hereditary		Over Anxiety	Exhaustion	Private Patient		
200	Jan. 10th, 1850	Jan. 10th	42	42	Second	1 Week	II.	General Paralysis	Suicidal	Fair	Feeble	In Sinking State	Married	Church of England	Publican			Disappointment	Exhaustion	Transfer from another Asylum	
118	Aug. 11th, 1850	Jan. 25th	45	45	Second	1 Year	II.	Dementia	Suicidal	Fair	Feeble	Epileptic	Single	Church of England	Servant		Epilepsy		Exhaustion	Transfer from another Asylum	
127	July 25th, 1850	March 4th	41	41	Second	2 Years	IV.	Chronic Mania	Suicidal	Fair	Feeble	Epileptic	Married	Church of England	Coburn's Wife		Epilepsy		Exhaustion	Transfer from another Asylum	
137	Aug. 12th, 1850	March 4th	55	55	First	2 Years	IV.	Dementia	Suicidal	Fair	Feeble	Epileptic	Single	Church of England	Soldier			Intemperance	Phthisis Pul.	Transfer from another Asylum	
222	Sept. 2nd, 1850	March 14th	39	39	First	2 Years	IV.	Chronic Mania	Furious	Fair	Phlegmatic	Single	Church of England	Soldier							
158	Aug. 11th, 1850	March 20th	27	27	First	2 Years	IV.	Manicula	Fair	Fair			Single	Church of England						Transfer from another Asylum	
229	Sept. 2nd, 1850	March 27th	49	49	First	1 Year	II.	Monomania	Of Pride	Fair		Married	Church of England	Gardener	Hereditary			Apoplexy (Cerebr.)	Transfer from another Asylum		
91	Aug. 5th, 1850	March 28th	59	59	First	1 Year	II.	Manicula	Suicidal	Weak	Worn of Throat	Married	Church of England	Labourer	Hereditary		Jehaury	Exhaustion	Transfer from another Asylum		
233	Nov. 22nd, 1850	March 29th	74	74	First	3 Weeks	I.	Delirium	Suicidal	Fair	Blind	Single	Church of England	Labourer				Exhaustion	Sent in to die		
341	April 15th, 1850	April 17th	26	26	First	6 Months	II.	Chronic Mania	Destructive	Fair	In Sinking State	Married	Church of England	Butcher			Intemperance	Exhaustion	Private Patient		
1	Oct. 1st, 1850	April 18th	42	42	First	2 Days	I.	Mania	Destructive	Fair	In Sinking State	Married	Church of England	Schoolmaster			Intemperance	Exhaustion	Died 9 hours after admission		
26	April 18th, 1850	April 18th	31	31	First	2 Days	I.	Mania	Destructive	Fair		Epileptic	Married	Church of England	Schoolmaster		Epilepsy		Exhaustion		
101	Aug. 24th, 1850	April 24th	38	38	First	2 Years	IV.	Dementia	Suicidal	Fair			Married	Church of England	Farmer's Wife				Exhaustion		
30	Dec. 24th, 1850	April 25th	70	70	First	3 Days	II.	Monomania	Suicidal	Fair			Married	Church of England	Farmer's Wife			Organic disease	Exhaustion	Transfer from another Asylum	
340	April 7th, 1850	May 17th	65	65	First	11 Days	I.	Monomania	Suicidal	Fair			Married	Church of England	Labourer				Exhaustion	Transfer from another Asylum	
166	Jan. 28th, 1850	Jan. 28th	43	43	First	6 Months	II.	Dementia	Suicidal	Fair			Single	Church of England	Labourer				Exhaustion	Transfer from another Asylum	
15	July 28th, 1850	Sept. 14th	35	35	First	6 Years	IV.	Dementia	Suicidal	Fair	Phthical	Married	Church of England	Soldier			Intemperance	Phthisis	Transfer from another Asylum		
12	June 24th, 1850	Sept. 17th	51	51	First	6 Months	II.	Monomania	Of Pride	Fair	Phthical	Married	Church of England	Labourer			Intemperance	Phthisis	Transfer from another Asylum		
119	July 24th, 1850	Sept. 22nd	55	55	First	2 Months	I.	Manicula	Suicidal	Fair	Epileptic	Married	Church of England	Labourer		Epilepsy		Exhaustion	Transfer from another Asylum		
128	March 5th, 1850	Sept. 25th	73	73	First	1 Month	I.	Dementia	Suicidal	Fair		Single	Church of England	Tailor	Hereditary	Anxiety	Old Age	Exhaustion	Transfer from another Asylum		
138	Aug. 29th, 1850	Sept. 27th	45	45	Second	8 Days	II.	Mania	Suicidal	Fair	Diabetic	Single	Church of England	Labourer				Exhaustion	Sent in to die		
46	Oct. 10th, 1850	Oct. 22nd	48	48	First	1 Year	I.	Dementia	Suicidal	Fair	Dropical	Married	Church of England	Labourer			Intemperance	Exhaustion	Transfer from another Asylum		
144	Aug. 11th, 1850	Oct. 27th	70	70	First	2 Years	IV.	Dementia	Suicidal	Fair		Married	Church of England	Gardener			Intemperance	Exhaustion	Transfer from another Asylum		
155	Aug. 25th, 1850	Nov. 2nd	69	69	First	2 Years	IV.	Dementia	Suicidal	Fair	Weak	Married	Church of England	Schoolmaster			Over Study	Exhaustion	Transfer from another Asylum		
24	Sept. 12th, 1850	Nov. 4th	49	49	First	6 Months	II.	Manicula	Suicidal	Fair	Burlesque	Married	Church of England	Labourer's Wife	Hereditary	Old Age	Anxiety	Exhaustion	Transfer from another Asylum		
141	Aug. 14th, 1850	Nov. 17th	49	49	First	2 Years	I.	Monomania	Suicidal	Fair	Phthical	Married	Church of England	Labourer		Epilepsy	Intemperance	Exhaustion	Transfer from another Asylum		
166	Aug. 24th, 1850	Nov. 27th	21	21	First	14 Days	I.	Manicula	Suicidal	Weak		Single	Church of England	Labourer				Exhaustion	Transfer from another Asylum		
275	Nov. 7th, 1850	Dec. 12th	72	72	First	18 Months	IV.	Dementia	Manicula	Fair	Epileptic	Single	Church of England	Labourer		Epilepsy	Intemperance	Phthisis	Transfer from another Asylum		

Class I, First Attack, and within Three Months.—Class II, First Attack above 3, but within 12 Months.—Class III, Not First Attack, and within 12 Months.—Class IV, Cases of more than 12 Months duration.



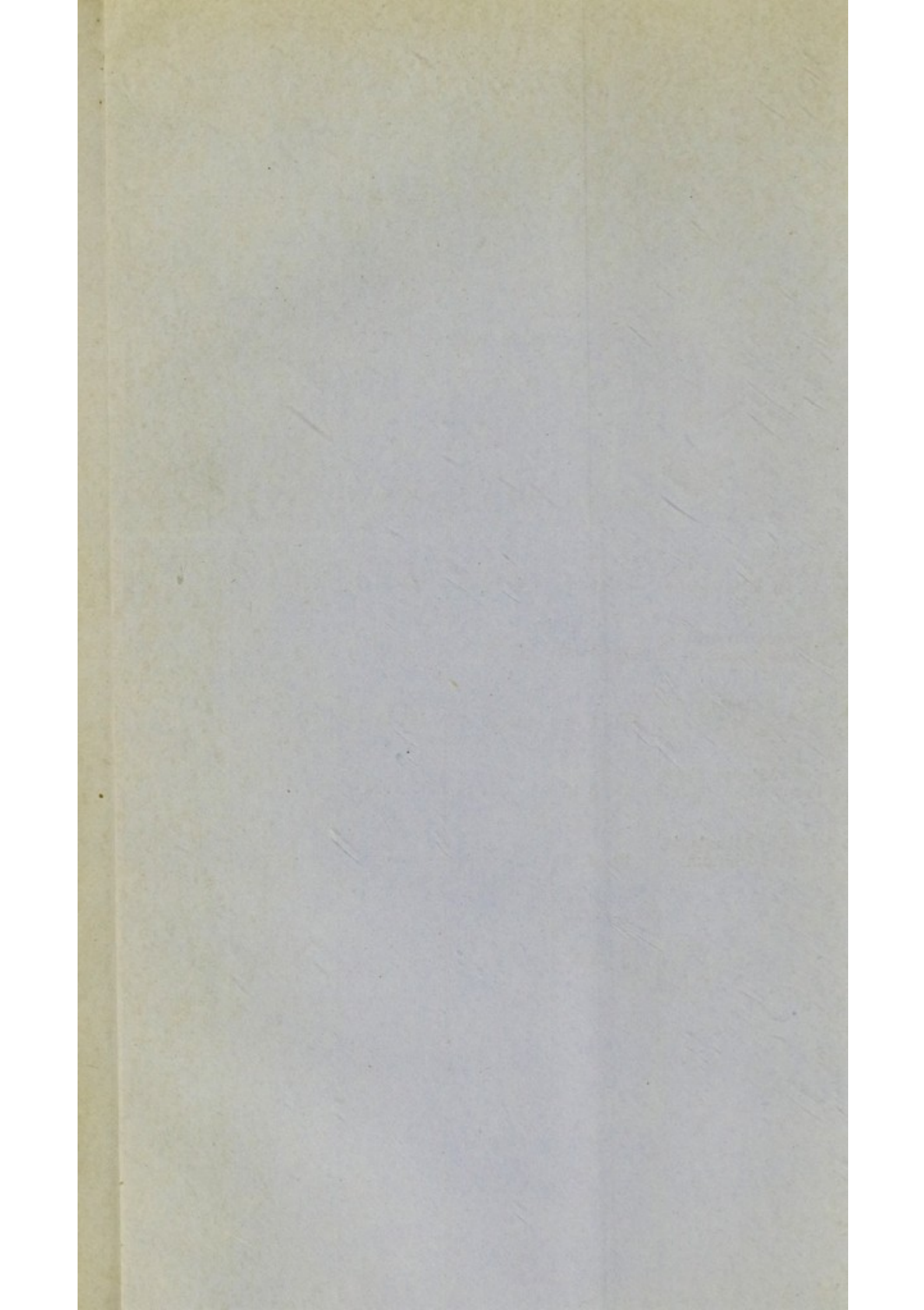


TABLE X.

BALANCE STATEMENT for the Year ending December 31st, 1860.

1860.	£	s.	d.	1860.	£	s.	d.
Dec. 31. To Amounts due for the Maintenance of Patients from Unions contributing	2,157	6	11	Dec. 31. By Amount due to sundry Tradesmen, on account of Maintenance of Patients	1,797	8	5
" To ditto from Unions not contributing	565	12	0	" By Amount due to Salaries	187	10	0
" To ditto from County Treasurers	53	19	7	" By Amount due to sundry Tradesmen, on account of Repairs to the Asylum	145	6	10
" To ditto from Friends of Private Patients	226	13	4	" By Surplus	2,126	3	2
" To Amount due from County Treasurer for ordinary Repairs	204	10	8				
" To ditto ditto from Capital Account	55	14	10				
" To Balance of Cash this day in Banker's hands	992	11	1				
	£4,256	8	5		£4,256	8	5

Examined by the House Committee, 26th January, 1861.

(Signed)

EDWARD SMITH BIGG, *Chairman.*JAMES H. SCLATER, *Jun.*

JOHN MANSHIP NORMAN.

(Signed)

S. A. MORTLOCK,

Clerk and Steward.

TABLE XI.

Account of Provisions consumed in the Year 1860.

Number of Officers and Servants	45
Ditto Male Patients	172
Ditto Female Patients	227
Total Number	444

Meat—Bacon	2,591 $\frac{3}{4}$ Pounds.
„ Beef and Mutton	51,133 $\frac{3}{4}$ „
„ Pork	5,066 $\frac{1}{2}$ „
Beer	19,258 Gallons.
Bread	136,683 Pounds.
Butter	4,169 „
Cheese	6,504 „
Cocoa	4,100 $\frac{1}{2}$ „
Coffee	1,949 $\frac{1}{2}$ „
Eggs	2,215 Number.
Flour	127,232 Pounds.
Potatoes	778 Bushels.
Chicory	187 $\frac{6}{16}$ Pounds.
Sugar	8,298 $\frac{3}{4}$ „
Tea	690 $\frac{1}{16}$ „
Treacle	7,616 $\frac{1}{2}$ „
Milk	7,714 $\frac{3}{4}$ Gallons.
Wine	11 $\frac{9}{12}$ Bottles.
Whiskey	45 $\frac{4}{12}$ „
Gin and Brandy	89 $\frac{9}{12}$ „

TABLE XII.
Contract Prices of the Principal Articles of Consumption for the Year 1860.

ARTICLES.	QUARTER ENDING											
	March.			June.			September.			December.		
Ox Beef	£	s.	d.	£	s.	d.	£	s.	d.	£	s.	d.
Wether Mutton	0	8	2	0	7	7	0	7	10 ¹ ₂	0	7	9
Flour, Households	0	8	2	0	8	5 ¹ ₂	0	9	0 ¹ ₂	0	7	9
" Seconds	1	13	0	1	14	0	2	0	6	2	5	0
Malt	1	10	0	1	12	0	1	18	6	2	3	0
Hops	3	8	0	3	8	0	3	12	0	3	12	0
Cheese	4	3	0	4	8	8	4	4	0	10	0	0
Butter	3	12	4	3	15	0	3	19	0	3	8	0
Bacon	5	12	0	5	8	0	4	19	0	4	14	0
Sugar, Raw	3	10	0	3	12	0	3	16	0	3	10	0
" Refined	2	2	0	2	2	0	2	3	0	2	3	0
Soap, Yellow	2	13	0	2	16	0	2	16	0	2	16	0
" Soft	2	0	0	1	14	6	1	14	0	1	14	0
Coals, Wallsend	1	0	0	0	15	0	0	16	0	0	15	0
" Hartley's	1	4	0	1	4	0	1	3	9	1	3	9
" "	1	1	0	1	1	0	1	2	6	1	2	6

SUSSEX LUNATIC ASYLUM.

ABSTRACT OF CAPITAL ACCOUNT,

From 1st January to 22nd December, 1860.

BUILDINGS, LAND, &c.

	£	s.	d.
Purchase of Land from Inclosure Commissioners, Timber, &c.	142	7	1
Water Supply, Addition to Buildings, &c.	1,507	7	5
Gas and Engineering Works	223	18	0
Levelling, Draining, and Improving Farm.....	95	16	11
Earthwork on the Estate, forming Roads, Yards, Terraces, and Airing Courts.....	788	13	3
Building.....	£2,758	2	8

ESTABLISHMENT CHARGES.

	£	s.	d.
Fittings	133	11	1
Furniture, Linen, and Bedding.....	31	4	0
Alteration of Drainage, Rates, Tithes, Carriage, and other incidental Expenses	274	11	11
Insurance of Building	25	17	7
Farming Implements and Stock.....	151	13	0
	616	17	7
Clerk to the Committee, and Solicitor's Charges for professional business, to January, 1860	53	3	5
Costs of Solicitors to the Mortgagees for preparing Securities	24	16	0
Costs of Solicitors to Ecclesiastical Commissioners in respect of Burial Ground, and charges for Consecration.....	24	16	2
	3,477	15	10
Amount expended to Epiphany Sessions, 1860	78,932	8	0
Total Payments to Epiphany Sessions, 1861	£82,410	3	10

	£	s.	d.
Amount of Loans raised: Eastern Division..	56,280	0	0
Western Division..	27,720	0	0
	84,000	0	0
Received for Rent and Timber	412	9	8
Total Receipts.....	£84,412	9	8

1860, December 22nd. *The Accounts of which the foregoing is an Abstract,
have been Examined and Audited by us,*

(Signed)

JOHN MANSHIP NORMAN.
ROBT. TROTTER.

THE CHAPLAIN'S SECOND ANNUAL REPORT.

25th December, 1860.

THE Chaplain has the honour to lay before the Committee of Visitors a brief Report of various matters relating to his Office.

The Sunday Services, consisting of Morning Prayer at 10 a.m., Litany, Commandments, &c., and Lecture at 12 noon. Divine Service. and Evening Service with Sermon, at 3 p.m., have been fairly attended. The conduct of the Patients has been orderly; in many cases, devout. Many of them take an intelligent interest in the Services, and join in the responses and singing. The average attendance of Patients on Sundays and Week-days in each of the months appears to be nearly as follows:—

On the Sundays in *January* the average attendance of Males and Females, 146, and on Week-days, 60.

Average attendance in *February*, on Sundays, Males 57, Females 94, and on Week-days, Males 21, Females 47.

	Males.		Females.		Males.		Females.
<i>March</i> , Sundays ..	53	..	93	Week-days ..	19	..	50
<i>April</i> , „	57	..	98	„	23	..	54
<i>May</i> , „	65	..	100	„	33	..	49
<i>June</i> , „	83	..	101	„	51	..	51
<i>July</i> , „	97	..	115	„	58	..	51
<i>August</i> , „	103	..	130	„	45	..	40
<i>September</i> , „	107	..	134	„	59	..	49
<i>October</i> , „	110	..	127	„	54	..	49
<i>November</i> , „	100	..	132	„	52	..	48
<i>December</i> , „	102	..	128	„	44	..	38

The Week-day Morning Service at 8.30, consists of the greater portion of the Church's Order for Morning Prayer. On Wednesdays and Fridays the Litany only is said.

On Tuesday evenings at 7, Divine Service, with a Lecture, is performed for the convenience of the Household; and on Saints' Days there is Evening Service, with Lecture, at 5 p.m.

Chaplains'
Visitations

The Chaplain is in the habit of visiting the Male and Female Infirmaries usually three times, and the other Wards once, in each week. It is his custom on Sunday afternoons to have interviews in his room, with a few selected patients, two or three coming together, the Females for the first, the Males for the last half-hour. During these visits the Chaplain has had convenient opportunities of becoming more familiarly acquainted with the dispositions and circumstances of individual patients than he could otherwise have been.

With the sanction of the Rev. George Dixon, Perpetual Curate of Wivelsfield, the families of artizans, &c., residing in that parish, have been, from time to time, visited.

Funerals.

Since the consecration of the Cemetery, ten burials have taken place in the ground. The funerals have been attended by several of the friends and also of the Patients, whose behaviour has been uniformly quiet and decorous.

Schools.

The Male and Female classes have been in operation for more than a year. Up to the end of October, men and women used to assemble in one room, at the same hour, but on the 25th of that month an evening class for Male Patients was commenced and has been since held on Mondays and Thurs-

days from 6.30 to 7.30. The Female Class continues to meet on Tuesdays and Fridays at 3 p.m. The average attendance at each class since the date of separation has been about 19. The chief subjects of instruction are Reading, Writing from Copies and by transcribing. An Elementary English History is being read aloud by the more advanced scholars.

Some popular and entertaining Books have recently been ^{Library,} added to the Library. The Chaplain assigns a portion of Tuesday evenings for exchanging the Books.

The Chaplain would conclude his summary of matters within his department, with the expression of a hope that in the next year's report, there may be evidence of further progress in the moral and spiritual condition of those committed to his pastoral charge.

(Signed) HENRY HAWKINS, M.A., OXON.
Chaplain.

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REPORT
OF
THE FARM COMMITTEE,
FOR THE YEAR 1860.

THE Farm Committee are happy to report considerable improvement in the Asylum Farm during the past year.

In spite of the wet season, felt with peculiar severity, on a soil, foul and impoverished, the condition of the land is much improved; hedge-rows have been grubbed, and much progress has been made in the general cultivation of the Farm.

The Airing Courts and Grounds in front of the Building have been levelled, the slopes turfed, and the roads on the Farm (with the exception of some unfinished portions) put in order.

The Buildings on the Farm having been found insufficient and much dilapidated, it has been necessary to build new ones, which are now nearly completed.

The Farm, during the past year, only shows a small profit after paying rates and taxes ; but it has been of great service to the Lunatic inmates, by affording them healthy labour ; and the Farm Committee look with confidence to obtaining much more favorable results during the present year.

(Signed)

EDWARD SMITH BIGG.

JOHN MANSHIP NORMAN.

JAMES H. SCLATER, JUN.

FARM AND GARDEN ACCOUNTS,

Cr.

From 1st January to 31st December, 1860.

Dr.

	£	s.	d.	£	s.	d.
By Sale of—						
2 Calves	1	10	0			
Wool	6	18	4			
1 Calf	1	1	0			
Skins, 8s. 6d., and						
22s. 9d.	1	11	3			
Hide & Fat	1	9	3			
Poundage	0	2	6			
Sundries	0	10	6			
				13	2	10

„ Balance from Maintenance
Account 774 4 1

£787 6 11

	£	s.	d.
To Purchase of—			
62 Pigs	64	11	0
4 Cows	62	14	0
Sharps and Bran.....	88	2	8
Seeds and Plants	114	10	2
Oats, Beans, &c.....	48	2	6
Straw	76	10	10
Mangold	49	7	0
Manure.....	33	4	7
Labour	237	6	6
Sundries	12	17	8

£787 6 11

Cr. THE PRODUCE AND ITS VALUE.

	£	s.	d.
By			
848 lbs. Beef, @ 6 ¹ / ₂ d. ..	23	17	0
639 „ Mutton ... @ 7d. ..	18	12	9
6532 „ Pork @ 7d. ..	190	10	4
7468 ³ / ₄ gals. Milk.... @ 10d. ..	311	3	11 ¹ / ₂
1256 ¹ / ₂ lbs. Butter .. @ 1/1 ..	68	1	2 ¹ / ₂
966 ¹ / ₂ bush. Cabbage @ 1/0 ..	48	6	6
636 „ Carrots.. @ 1/6 ..	47	14	0
240 ¹ / ₂ „ Parsnips @ 2/0 ..	24	1	0
367 ¹ / ₂ „ Turnips @ 1/0 ..	18	7	6
272 ¹ / ₂ „ Potatoes @ 3/6 ..	47	13	9
87 ¹ / ₂ „ Peas and Beans ..	9	1	11
27 ³ / ₄ Sacks Wheat @ 23/0 ..	31	18	3
Onions	3	0	6
Other Vegetables.....	7	14	1
Herbs	1	16	6
Fruit	1	6	9
2588 Eggs @ 1d. ..	10	15	8
Poultry	1	10	3
Carting.....	41	19	0

1074 Trusses Hay.. @ 2/0 ..	107	8	0
33 ³ / ₄ Sacks Oats .. @ 12/0 ..	20	5	0
55 Tons Wurzel @ 25/0 ..	68	15	0
1500 Bush. Swedes @ 9d. ..	56	5	0
337 Rods Vetches @ 10d. ..	14	0	10

£1174 4 9

THE EXPENDITURE.

Dr.

	£	s.	d.
To			
Balance of Cash brought down	774	4	1
Rates and Taxes	30	1	6
1260 Bushels of Grains at 4d. per bushel	21	0	0
Rent of land	80	0	0

The Amount on the *Cr.*
side for—

Hay	}	 266 13 10
Oats		
Wurzel		
Swedes		
Vetches		

Profit..... 2 5 4

£1,174 4 9

Examined by Farm Committee.

(Signed) EDWARD SMITH BIGG.
JOHN MANSHIP NORMAN.
JAMES H. SCLATER, Jun.

(Signed)

S. A. MORTLOCK,
Clerk and Steward.

Sussex Lunatic Asylum.

THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£450	Furnished Apartments, Coals, Gas, Vegetables, and Washing.
Chaplain	200	
Clerk to Visitors	100	
Assistant Medical Officer	100	Furnished Apartments, Board, Lodging, and Attendance.
Clerk and Steward	100	ditto
Housekeeper	50	ditto
Head Attendant (Male Department)	50	ditto
ditto (Female ditto) ..	31	ditto

ATTENDANTS AND SERVANTS.

14 Male Attendants	£28 to £30	0 0	(at discretion of Medical Sup.); Board, Lodging, & Washing.
16 Female „	15 to	20 0 0	ditto
House Porter	30	0 0	Board, Lodging, and Washing.
Head Laundry Maid	24	0 0	ditto
4 Laundry Maids	18	0 0	ditto
Cook	24	0 0	ditto
Dairy Maid	16	0 0	ditto
Kitchen Maid	12	0 0	ditto
2 House Maids	12	0 0	ditto
Engineer	1	15 0	per Week; House, Coals, & Gas.
Bailiff and Gardener	1	1 0	„ House, Coals, & Vege-
Assistant Gardener	0	17 0	„ ditto [tables.
Farm Attendant	1	0 0	„
Tailor	1	1 0	„
Shoemaker	1	1 0	„
Mat Maker, &c.	1	1 0	„
Baker	1	5 0	„
Brewer and Store Porter ...	1	5 0	„
Carpenter	1	10 0	„
Bricklayer	1	5 0	„
Painter and Glazier	1	5 0	„
Blacksmith	1	5 0	„
Stoker	1	1 0	„
Ditto	0	18 0	„
Gas Man	1	1 0	„
Cow Man	0	16 0	„
Cow Boy	0	10 0	„
Carter	0	16 0	„

25th December, 1860.

DIET SCALE—SUSSEX LUNATIC ASYLUM, HAYWARD'S HEATH.

WEEK DAYS.	DINNER, At 1.0 P.M.										SUPPER, At 6.0 P.M.											
	Males.					Females.					Males.					Females.						
	Bread.		Cocoa.		Bread.	Cocoa.	Bread.		Cocoa.		Bread.		Cocoa.		Bread.		Cocoa.		Bread.		Cocoa.	
	oz.	pt.	oz.	pt.	oz.	pt.	oz.	pt.	oz.	pt.	oz.	pt.	oz.	pt.	oz.	pt.	oz.	pt.	oz.	pt.	oz.	pt.
Sunday	9	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1
Monday	9	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1
Tuesday	9	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1
Wednesday ..	9	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1
Thursday	9	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1
Friday	9	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1
Saturday	9	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1	6	1
Weekly Total	42	7	35	7	30	3½	34	16	12	3	56	15	3½	30	24	12	8	1	48	42	3½	7

Extra Diet for Sick.—(At the discretion of the Medical Superintendent.)—Extra Meat Dinner, Mutton Chop, Fish, Eggs, Mutton Broth, Beef Tea, Milk, Arrow-Root, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Cal's Foot Jelly, Porter, Port Wine, Sherry, Brandy, Gin, Whiskey.
Extra Diet for Working Patients.—½ Pint Beer, 2 oz. Bread, 1 oz. Cheese, at 11 A.M., and ½ Pint Beer at 4 P.M., the Laundry Patients ½ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, ¾ lb. ditto; 1 lb. Vegetables, 1 lb. Bread, 2 Pints Beer, daily. 2 oz. Tea, ¾ lb. Sugar, ¼ lb. Coffee, ½ lb. Butter, 1 lb. Cheese, weekly. ¾ lb. Meat may be exchanged for Pudding or Pies, at the discretion of the Housekeeper.
Cocoa for One Hundred Patients.—3¼ lb. Cocoa, 6½ lb. Treacle, 3 Gallons Milk, or more, if the Dairy yield it.
Coffee 1½ lb. Coffee, ½ lb. Chicory, 4 lb. Sugar, 2 Gallons Milk.
Tea 1 lb. Tea, 4 lb. Sugar, and 2 Gallons of Milk.

Mutton Broth { The Liquor of the Cooked Meat, Bones, &c., 25 lb. Meat, 3 lb. Scotch Barley, 4 lb. Rice, 4 lb. Scotch Oatmeal, 25 lb. Turnips,
Meat Pie { Cabbage, Parsnip, Leek, Onion, or other Vegetables, Herbs, Salt and Pepper.
Batter Pudding { Dripping Crust, 31 lb. Flour, 50 lb. Potatoes, 13 lb. Meat. Fruit Pie occasionally instead.
25 lb. Meat, 30 lb. Flour—Boiled and Baked alternately.

25th December, 1860.

(Signed) C. L. ROBERTSON, M.B., CANTAB.,
Medical Superintendent.

