### Lives of British physicians.

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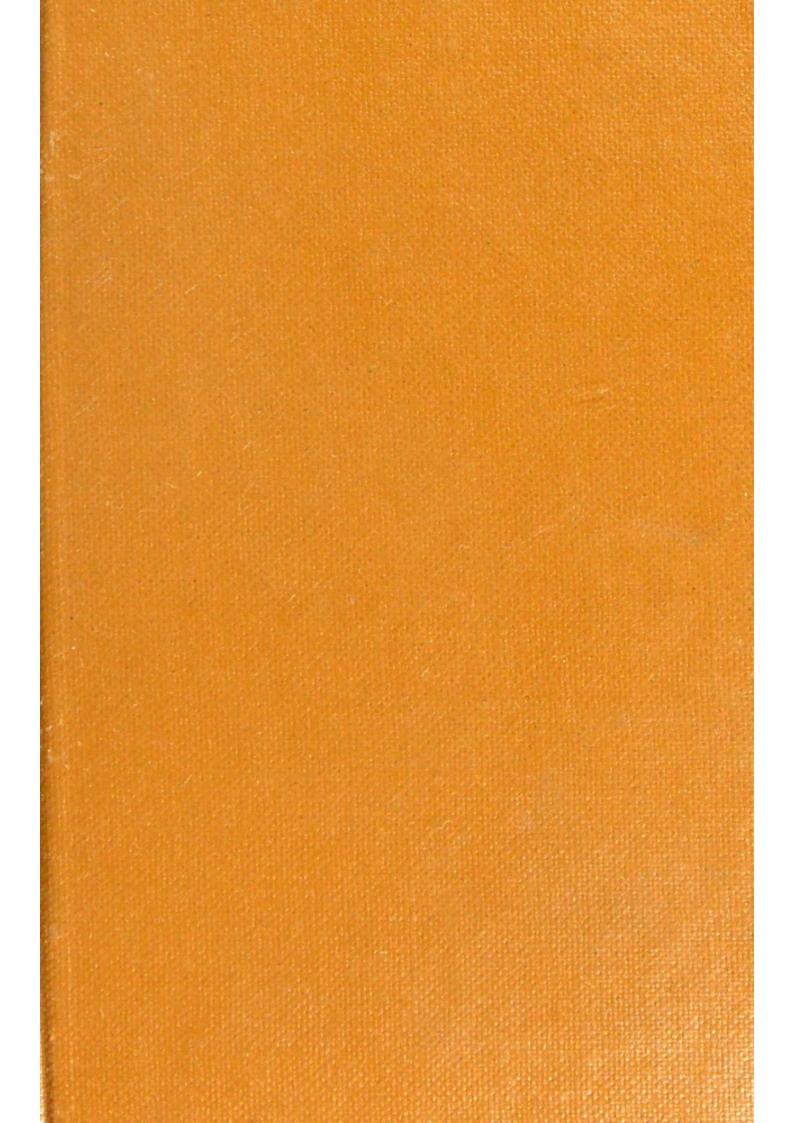
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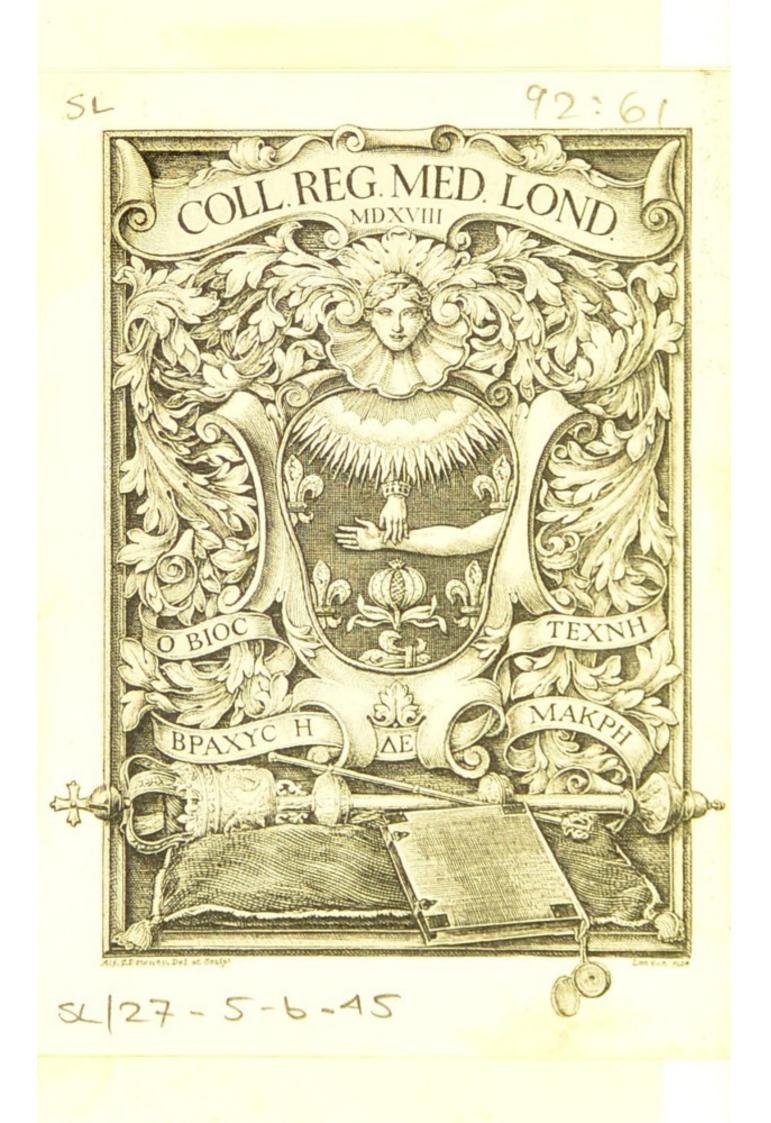
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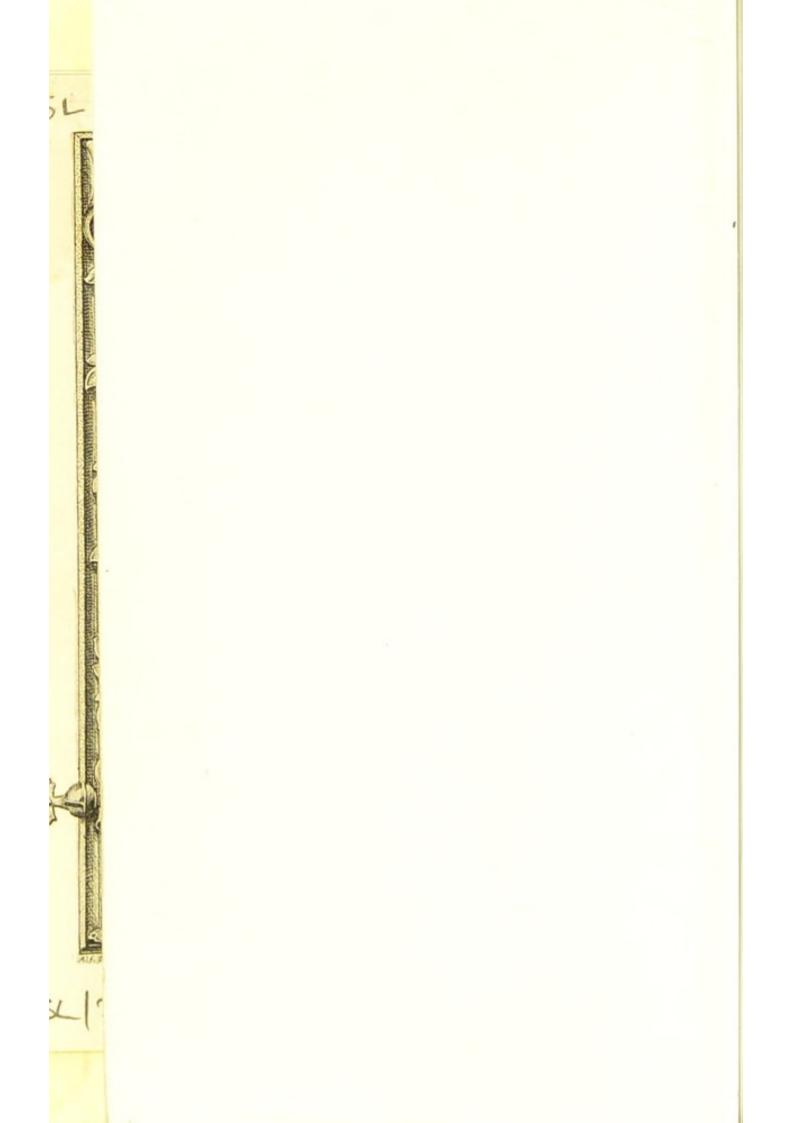
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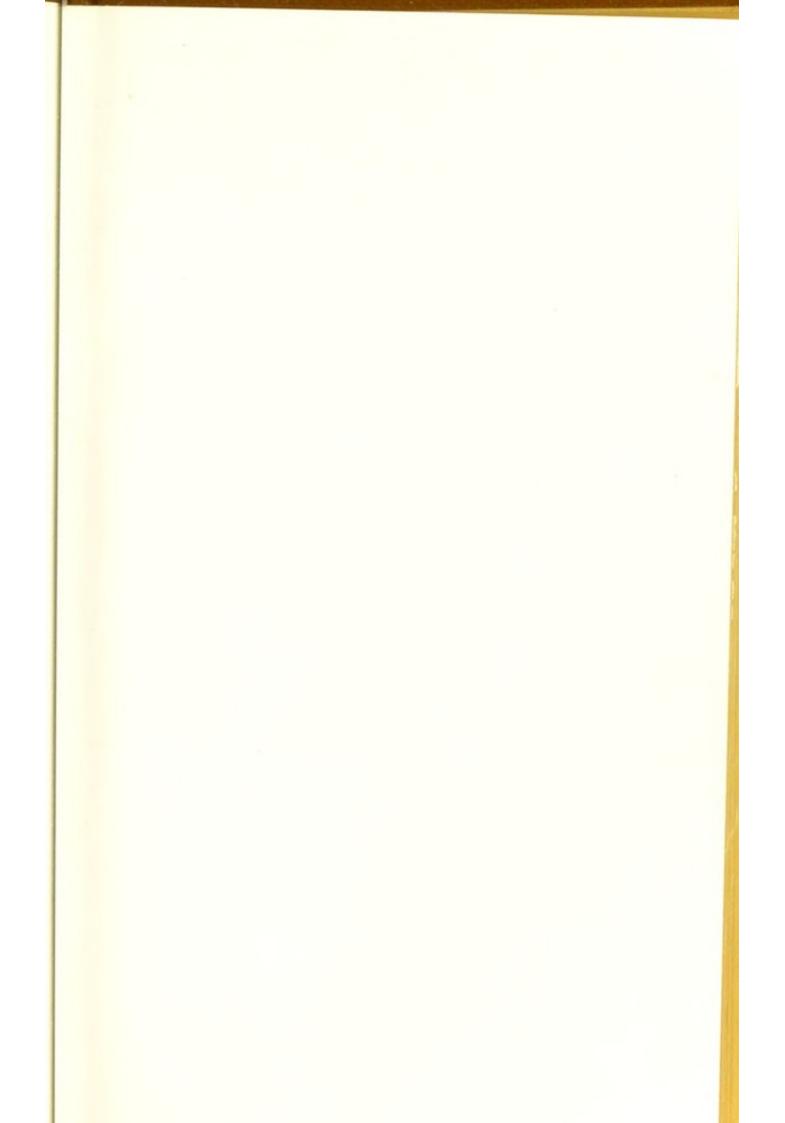


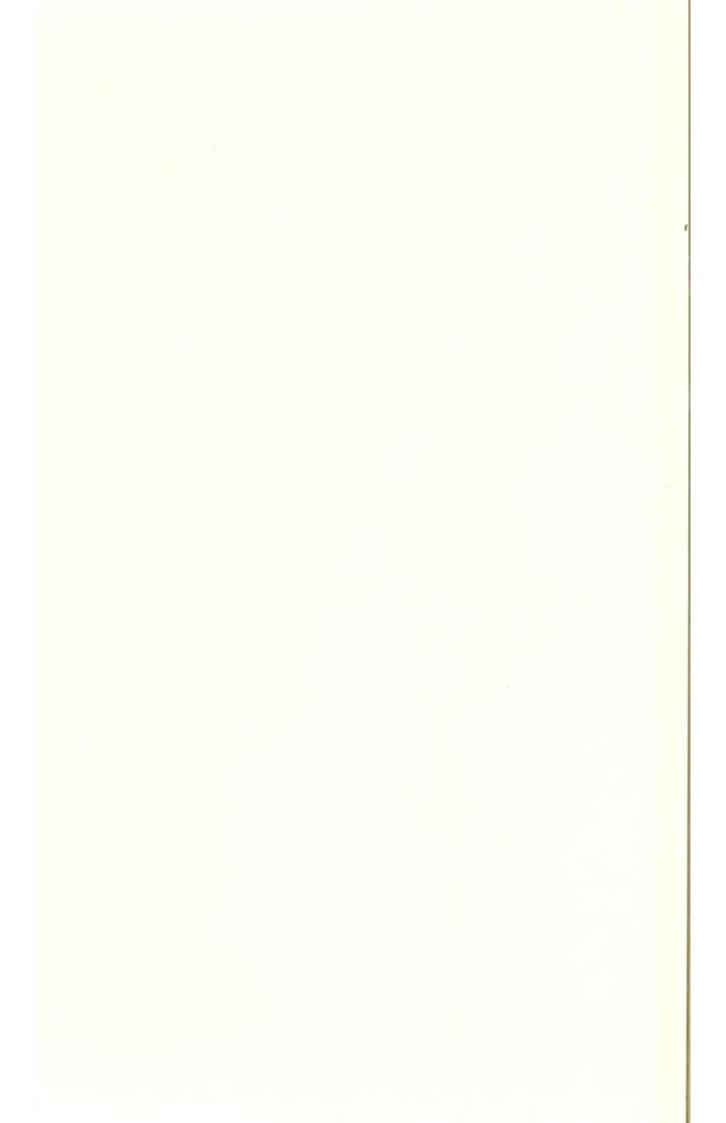


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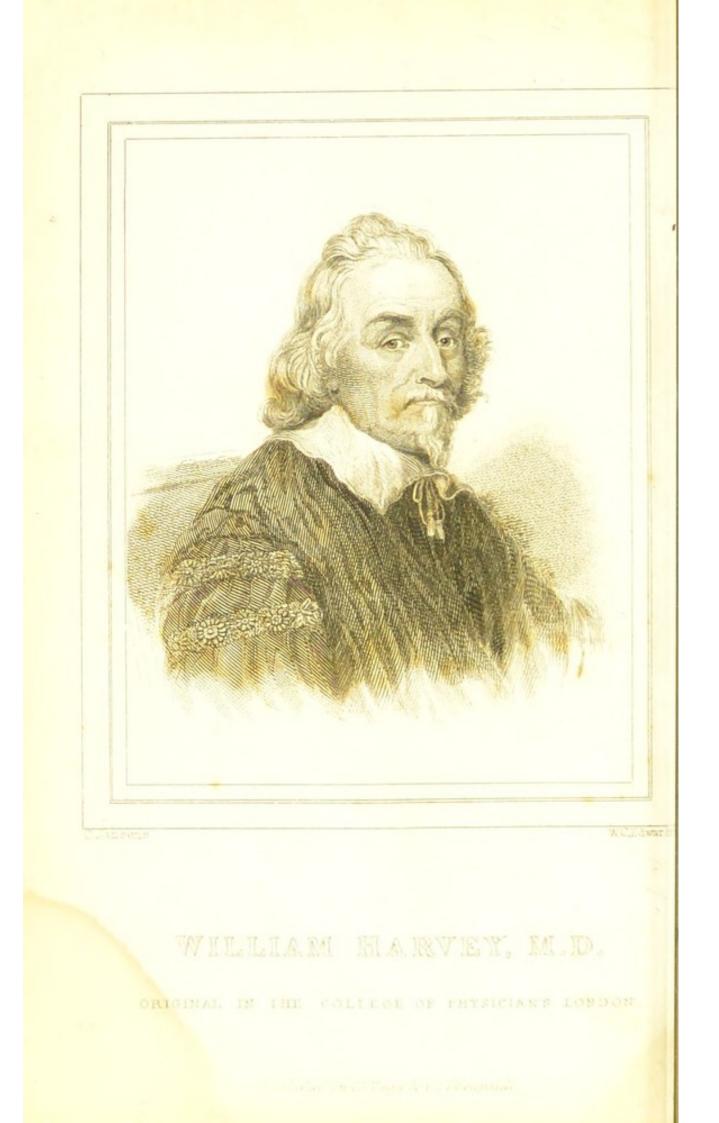
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# LIVES

OF

# BRITISH PHYSICIANS.

LINACRE. CAIUS. HARVEY. BROWNE. SYDENHAM. RADCLIFFE. MEAD. HUXHAM. PRINGLE. FOTHERGILL. HEBERDEN. CULLEN. HUNTER. WARREN. BAILLIE. JENNER. PARRY. GOOCH.

NOW FOR THE FIRST TIME ADDED :

MERRIMAN. HALFORD. PARIS. CHAMBERS. CLUTTERBUCK.

WITH

FOUR PORTRAITS.

### LONDON:

ILLIAM TEGG AND Co., 85, QUEEN STREET, CHEAPSIDE.

1857.

LONDON: HADDON, BROTHERS, AND CO., PRINTERS, CASTLE STREET, FINSBURY.

5L BOYAL COLLEGE OF PHONE TANK 92:61 34741 H. K. Ecliott tu/u/-3 Aug. 1967

### THOMAS MAYO, M.D., F.R.S.,

President of the Royal College of Physicians, &c.

WITH SENTIMENTS OF THE UTMOST RESPECT FOR HIS HIGH

INTELLECTUAL ENDOWMENTS, PROFOUND ATTAINMENTS,

AND

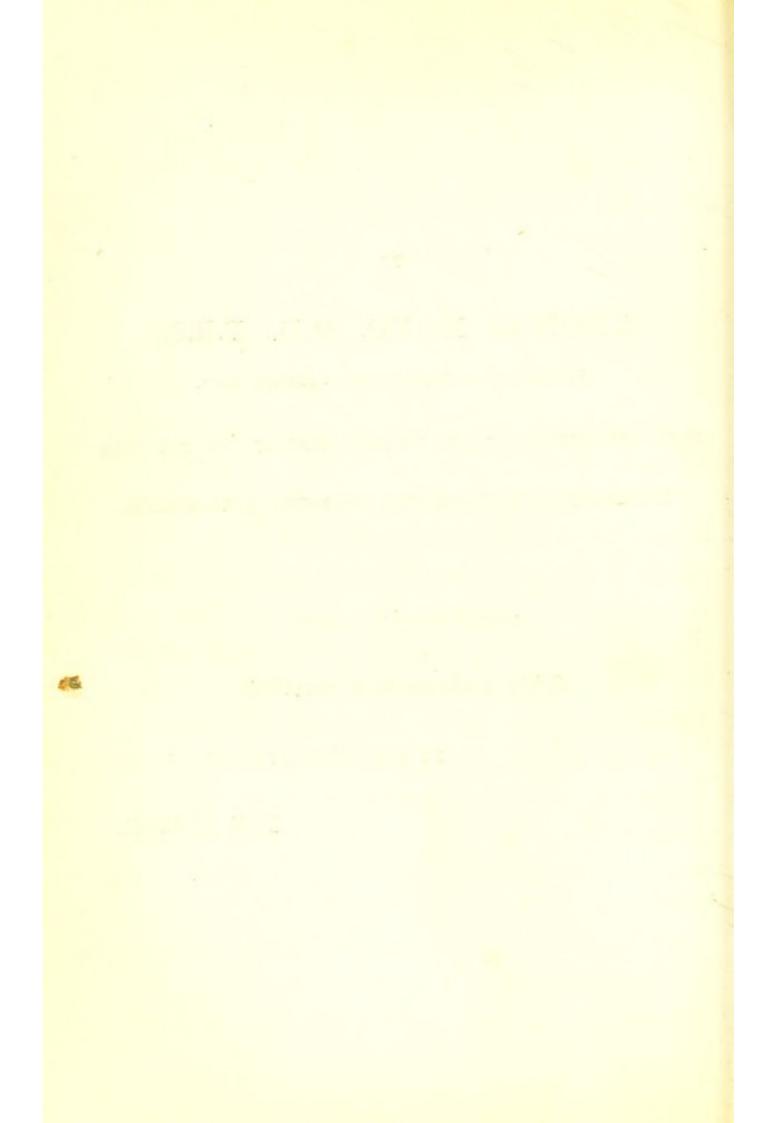
DISTINGUISHED POSITION,

This Volume is Enscribed

BY HIS OBEDIENT SERVANT,

THE EDITOR.

TO



# PREFACE.

"A PHYSICIAN in a great city (says Johnson in his Life of Akenside) seems to be the mere plaything of Fortune; his degree of reputation is, for the most part, totally casual; they that employ him, know not his excellence; they that reject him know not his deficience. By any acute observer, who had looked on the transactions of the medical world for half a century, a very curious book might be written on the 'fortune of physicians."

There can be no question, that from physic as from every other profession, examples may be brought in which talent has not ensured success, but, on the contrary, the caprice of Fortune been fully shown. In the *Lives* which follow, however, the celebrity obtained in the world has alone been the guide of selection;—and the perusal of the volume, it is hoped, will satisfy the youthful

#### PREFACE.

reader, that the gloomy observation of the great moralist must be received as pointing, not to the rule, but to the exceptions; and that, generally speaking, in this course of active life, as in others, the long labour of preparatory study, anxious diligence of observation, and conscientious assiduity in practice, are crowned with all the distinctions which generous ambition aspires to reach.

The important services rendered to the general literature and science of the country by some of the busiest members of this busy profession, are dwelt upon in these pages with just pride, though by no means in such detail as the subject might claim; nor perhaps could any other walk of exertion furnish a larger proportion of names eminent for intellectual zeal and power, which have also deserved to be handed down for moral dignity of character, piety to God, and benevolence to man.

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# PREFACE

### TO THE SECOND EDITION.

SINCE the publication of the first edition of this work, several eminent British Physicians have terminated their useful and honourable careers. Amongst these are the five whose memoirs are added to the original volume, and appear in this, the second edition. For the memoirs of Sir Henry Halford and Dr. Paris, the Editor is indebted to Dr. Munk, the Librarian of the Royal College of Physicians. That of Sir Henry Halford is extracted from the "Roll of the Royal College of Physicians,"-a MS. in three large volumes, compiled and presented to the College by Dr. Munk. The Life of Dr. Paris is a reprint with Dr. Munk's permission, of his recently published memoir of that distinguished Physician. The Editor is responsible for the lives of Merriman, Chambers, and Clutterbuck. No alterations have been made in the memoirs which constituted the first edition of the work.

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# LIVES

OF

# BRITISH PHYSICIANS.

### LINACRE.

THE life of this great man is so intimately connected with the revival of learning in Europe, with the introduction of the Greek language into England and with the first establishment of a rational practice of physic in this country, that it must be equally interesting to the general scholar and to the student of medicine.

Thomas Linacre was born at Canterbury in the year 1460, was educated at Oxford, where he was elected Fellow of All Souls' College, and went afterwards, for his further improvement, into Italy, whither he accompanied an embassy, sent by Henry VII. to the court of Rome. At Florence he was fortunate enough to attract the attention and secure the patronage of Lorenzo de Medici, whose princely and liberal spirit had procured for him the title of the *Magnificent*; and whose own vigorous imagination and elegant style entitle him almost exclusively to the appellation of the restorer of Italian literature. In patronizing learning and learned men, Lorenzo had, however, only followed the example of his grandfather, Cosmo de Medici, who had, some years before, established at Florence an academy expressly for the cultivation of the Platonic Philosophy, and had collected from all parts (by means of foreign correspondents) manuscripts of the Greek, Latin, and oriental languages, which formed the foundation of the Laurentian Library. Cosmo died in 1464, at the age of seventy-five, and was succeeded by Lorenzo, who, without affecting the title of sovereign prince, reigned at Florence in the greatest splendour, and adorned the city with the most costly and noble edifices. He assembled around him the most ingenious and learned persons of the age; and, to increase the treasures already collected by his predecessor, employed John Lascaris, at his own expense, to procure the writings of the ancients in Greece and Asia Minor. Angelo Poliziano was the teacher of the children of Lorenzo, and when Linacre arrived at Florence, he was allowed the privilege of attending the lessons of the same preceptor. He began the study of Greek under Demetrius Chalcondylas, who had fled from Constantinople, when it was captured by the Turks. This event, so important in its consequences, had taken place in 1453; and the Greeks, among whom some remains of learning were still preserved, being scattered by these barbarians, took shelter in Italy, and imported, together with their admirable language, a tincture of their science, and of their refined taste in poetry and eloquence. These unfortunate refugees had found a welcome reception under the roof of Cosmo de Medici; and in re-

turn had instructed the Florentines in reading and comprehending those writings of the ancient Greeks whom Boccaccio had taught them to admire. For, even so early as the middle of the fourteenth century, this last celebrated man had introduced a love of the Greek language amongst the Italians,-had founded at Florence a chair for the teaching of it, and placed in it one of the most learned of the Greeks of Constantinople. The name of this early professor was Leontius Pilatus, whom Boccaccio received into his own house (though he is represented as a man of very disagreeable and unaccommodating manners); supported him during his stay at Florence; entered himself as one of his first scholars; and procured, at his own expense, the Greek MSS. which were employed in the lectures of the professor. For, as this was before the invention of the art of printing, the lecturer read aloud from his own copy, which was perhaps the only one of the author (possessed by the class) upon whom he was making commentaries to a very numerous auditory. The knowledge, however, of this copious and beautiful language must have been confined to a few, till after the capture of Constantinople, the consequent dispersion of the Greeks, and, more especially, till after the invention of printing. Without the aid of printing, learning could never have become accessible to the bulk of the people; and without the demand for books, which learning occasions, the art of printing itself might, to this day, have been classed among the useless contrivances invented by ingenious visionaries. The impatience manifested, at the time we

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speak of, to possess the lost treasures of antiquity, thus opportunely helped to demonstrate the value of this new medium of communication. Printing has made books infinitely more accessible to all classes of persons in point of expense-causes them to be more easily read and apprehended—and enables information to be circulated with a degree of rapidity of which, in ancient times, there is no example. This important discovery, which facilitated the progress of letters so immensely, was not introduced into Italy till 1465; and when Linacre was studying Greek under Demetrius Chalcondylas, that scholar must have been superintending the printing of the edition of Homer, published at Florence in 1488.\* The opportunities Linacre enjoyed under the patronage of Lorenzo, he turned to the best advantage; and when he quitted Flo-

\* A copy of this valuable work is in the library of the College of Physicians; and it is not improbable that Demetrius may have employed the young Linacre, the future founder of the college, to look over the proof-sheets of this curious edition. What could have been a better exercise for the young student? A great authority in matters of this sort, Dibdin, speaks of this edition in the following terms: "Homerus, Chalcondylæ. Florent. fol. 1488. Græce, 2 vol. Editio princeps. This is one of the most celebrated publications of the fifteenth century, well known to bibliographers, and to be found in all the libraries of the curious. This immortal work (for such a production at such an early period of typography well merits the appellation) was composed and executed by the care, application, and at the expense of Demetrius Chalcondyla, an Athenian, and Demetrius of Crete." Mr. Palmer, in his History of Printing, thus observes on it : "This excellent work I have seen in the curious library of Dr. Mead ; and I dare affirm, that whoever examines the whiteness and strength of the paper, the fineness of the character, the elegant disposition of the matter, the exact distance between the lines, the large margin, and, in short, the whole performance, with its various ornaments, will easily own it. a masterpiece in that kind."

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rence he proceeded to Rome, and there studied medicine and natural philosophy under Hermolaus Barbarus. He applied himself particularly to the study of Aristotle and Galen; and the knowledge he had acquired in the classical capital of Tuscany enabled him to read these authors in their own language; indeed, he is said to have been the first Englishman who made himself master of these writers by perusing them in the original Greek.

Having previously graduated at Padua, Linacre returned to England, was incorporated M.D. at Oxford, gave temporary lectures on physic, and taught the Greek language in that university.\* This was before the foundation of a regular professor's chair at Oxford : for it was Cardinal Wolsey who first established a chair for teaching Greek in that university,-a novelty, which is said to have rent that celebrated seat of learning into violent factions, that frequently came to blows. Here, amidst the groves of the academy, the students divided themselves into parties, bearing the names of Greeks and Trojans, which sometimes fought with an animosity as great as was formerly exercised by those hostile nations themselves. Indeed, to such an absurd extreme was this contest carried, that a new and more correct method of pronouncing Greek having been introduced, the Grecians themselves were divided into parties; and it was remarked that the Catholics favoured the former pronunciation, while the Protestants gave countenance to the new. Gardiner employed the authority of the king and council to suppress in-

\* Sir Thomas More, then an undergraduate of Canterbury College, which now forms part of Christ Church, was one of his pupils.. novations in this particular, and to preserve the corrupt sound of the Greek alphabet,—so little liberty was then allowed of any kind! The penalties inflicted upon the new pronunciation, were no less than whipping, degradation, and expulsion ; and the bishop declared that, rather than permit the liberty of innovating in the pronunciation of the Greek alphabet, it was better that the language itself were totally banished the university.

Notwithstanding the ridicule of this officious and misplaced zeal in so trivial a matter, it is impossible not to pause for a moment, and reflect how important an event was the taking of Constantinople, and the subsequent diffusion of the language and learning of the Greeks over the hitherto barbarous nations of Europe; more especially when we view it as connected with the other mighty changes which either preceded, or almost immediately followed it. The discovery of both the Indies, the invention of the art of printing, of gunpowder, and the great innovations effected in religion, combined to make so general a revolution in human affairs, that commerce, arts, science, and government, all received at this period an impulse towards improvement, from which they have never yet receded.

But to return to Linacre. On his settling in England, his reputation became so high, that king Henry VII. called him to court, and entrusted him with the care both of the health and education of his son, Prince Arthur. Linacre is said also to have instructed Princess Catharine in the Italian language. As the prince died at sixteen years of age, this important trust could not

have long been enjoyed by him; but he probably continued his instruction of the Spanish princess for many years. The Infanta, we know, instead of returning to her father, Ferdinand, was contracted, after the death of his elder brother, to Prince Henry, and lived long enough to regret the mercenary policy of the king, who, it is said, was induced to form this ill-omened alliance, by his unwillingness to return Catharine's dowry, amounting to two hundred thousand ducats.

The reputation of Linacre, employed as a court physician, continued to increase, and in the reign of Henry VIII. he appears to have stood above all rivalship at the head of his profession. Besides his medical skill, his attainments as a scholar must have mainly contributed to his eminence; for the countenance given to letters by Henry VIII. and his ministers, rendered learning fashionable in England. Erasmus speaks, with great satisfaction, of the general regard shown at this time in Britain by the nobility and gentry to men of knowledge. Writing to one of his correspondents from Brussels-"Literature," says he, "would triumph here also, if we had in this country a prince like the king of England, who, well informed himself, and of an acute understanding, openly protects men of letters; besides the Cardinal of York (Wolsey) encourages, by every means in his power, a love of letters, as also does the Reverend the Cardinal Campeggio, who is himself an excellent and most learned man. The palace of the king of England," he concludes, "contains more men of erudition than any academy."

Linacre employed the wealth and influence

which his station afforded him, to promote the interests of science and the welfare of the public. He founded two lectures on physic in the University of Oxford, and one in that of Cambridge. The endowment at Oxford was left to Merton College; and the Cambridge lecture was given to St. John's College.

But the great glory of Linacre was, that he projected and accomplished a most important service to medicine, by the institution of the Royal College of Physicians in London. He had beheld with concern the practice of physic chiefly engrossed by illiterate monks and empirics; a natural consequence of commiting the power of approving and licensing practitioners to the bishops in their several dioceses, who certainly must have been very incompetent judges of medical ability. To strike at the root of this evil, he therefore obtained, by his interest with Cardinal Wolsey, letters patent from Henry VIII., dated in the year 1518, constituting a corporate body of regularbred physicians, in London, in whom should reside the sole privilege of admitting persons to practise within that city, and a circuit of seven miles round it.

To use the words of the charter of the college : "Before this period, a great multitude of ignorant persons, of whom the greater part had no insight into physic, nor in any other kind of learning; some could not even read the letters on the book, so far forth, that common artificers, as smiths, weavers, and women, boldly and accustomably took upon them great cures, to the high displeasure of God, great infamy of the faculty, and the

grievous hurt, damage, and destruction of many of the king's liege people." This was the state of things before the foundation of the College of Physicians. Afterwards, it is true, empirics were occasionally treated in the most summary manner, and their dealings with the credulous must have been wicked and gross, to have deserved such a punishment as the following, recorded by Stow, in his Chronicles : "A counterfeit doctor," says he, "was set on horseback, his face to the horse's tail, the same tail in his hand as a bridle, a collar of jordans about his neck, a whetstone on his breast, and so led through the city of London with ringing of basins, and banished. Such deceivers," continues the chronicler, "no doubt, are many, who, being never trained up in reading or practice of physick and chirurgery, do boast to doe great cures, especially upon women, as to make them straight that before were crooked, corbed, or crumped in any part of their bodies, &c. But the contrary is true; for some have received gold, when they have better deserved the whetstone."

On the establishment of the College, which was to put an end to those and similar abuses, Linacre was elected the first president, and continued in that office during the remainder of his life, about seven years. The assemblies of the College were held at his own house in Knight Rider's-street, which he bequeathed to them at his death. It may here be observed, with propriety, that the foundation of the College of Physicians has had the most useful and beneficial results. By their charter, they are empowered to examine medical candidates after a certain period of study, and, upon their giving proofs of competency, to authorize them to practise medicine. A system has consequently been constructed for the public service, which has now been carried on for more than three centuries, by which the character and respectability of physicians, and through them of the whole medical profession, has been raised to a higher eminence than in any other nation of Europe.

Towards the latter part of his life, Linacre entered into holy orders, the motives to which step are not a little dubious. If, as some assert, the only benefice conferred upon him, was a chantership in the cathedral of York, it would be most obvious to suppose that a devout regard for the clerical character was his chief inducement. But others mention his appointment to several church preferments besides—none of them, however, very profitable; and most of them resigned soon after his induction to them. From a passage in an epistle of his to Warham, archbishop of Canterbury, it would seem that the acquisition of an easy and honourable retreat had been his principal object.

About this time, Linacre appears to have been exceedingly afflicted with that painful disease, the stone, of which he ultimately died, and which must now have greatly incapacitated him for the active duties of his profession. Whatever the motives were which induced him to go into the church, it is said, that on the assumption of his new character, he applied himself to those studies which are more peculiarly connected with it; and it is related of him, that a little before his death, when worn out with fatigue and sickness, he first

began to read the New Testament: on perusing the 5th, 6th, and 7th chapters of St. Matthew, containing Christ's sermon on the Mount, he threw the book from him with great violence, passionately exclaiming, either this is not the Gospel, or we are not Christians,—a declaration, if rightly understood, equally honourable to the morals he found there inculcated, and severe upon those of the age in which he lived.

It is, nevertheless, agreed on all hands, that the character of this eminent person, whether as an upright and humane physician, a steady and affectionate friend, or a munificent patron of letters, was deserving of the highest applause. Were other testimonies wanting, it were sufficient, in justification of this eulogium, to mention, that he was the intimate friend of Erasmus. That great and worthy man frequently takes occasion to express his affection and esteem for his character and abilities, and in his letters calls him "meum Linacrum, his dear friend, his preceptor, and patron." Writing to him from Paris, in 1506, after a visit he had made in England, Erasmus styles him his most learned and accomplished preceptor, and then proceeds to relate to him the disasters of his own journey. He says he had suffered much in his passage across to France, that he had been four days at sea, that he had caught cold, that his head ached, that the glands behind his ears were swollen, his temples were throbbing, and that he suffered much from a noise in his ears; and he concludes this long catalogue of accumulated maladies, by lamenting that, in the mean time, "No Linacre is at hand, to restore him to health by his skilful advice." In another letter, and on another occasion, he writes to him again from Paris, to beg that he would have the goodness to send him the prescription of a medicine, which Linacre had ordered for him while in London, but which his stupid servant had left at the apothecary's shop, and so lost. These are proofs of the esteem in which his skill was held, by one of the wisest men of the age in which he lived; and as the medical writings he has left are only translations, we must form our judgment of his talents as a physician, by the universal reputation he acquired among his contemporaries for skill in the practice of his art. An instance of his sagacity is recorded in a prognostic he made concerning his friend Lily, the grammarian whose certain death he foretold, if he should consent to the excision of a malignant tumour on his hip; and the event verified his prediction. Erasmus, in a letter to Bilibaldus Pirckheimerus, gives a very particular account of the manner in which he was relieved by the direction of Linacre in a fit of the gravel; and the rational simplicity of the method offers a favourable specimen of his medical practice. He says, Linacre, whose assiduity in attendance was equal to his knowledge, sent for an apothecary to his sick chamber, and caused him in his presence to prepare the following remedy :- Camomile flowers and parsley were tied up in a linen cloth, and boiled in a vessel of pure water, till half the liquor was exhausted ; the cloth was then wrung out, and applied hot to the affected part, and ease was presently procured. In a violent attack, this remedy, on the second

application, brought away a stone as big as an almond. One cannot deny, that the remedy was a judicious one; but a warm bath, which would now-a-days have been suggested by any tyro in physic, would have been a little more efficacious, though it might not have had so medicated an appearance; a circumstance of no small importance in these matters.

Besides his medical translations, Linacre wrote on mathematics and on grammar: the first of these works he dedicated to prince Arthur, the second to the princess Mary. In the preface of this latter work, he declares, that having been appointed by the king to take care of the health of the princess, and not being able, on account of his own increasing infirmities, to perform the duties of a physician, he bethought himself how he could be of the most use to his illustrious charge. He saw in the princess a most favourable disposition towards the cultivation of letters, and he therefore devoted himself to the perfection of this treatise on the rudiments of the Latin grammar, which might aid her highness in her studies.

To sum up his character, it was said of him, that no Englishman of his day had had such famous masters, viz., Demetrius and Politian, at Florence; such noble patrons, Lorenzo de Medici, Henry VII. and Henry VIII.; such high-born scholars, the prince Arthur and princess Mary, of England; or such learned friends: for amongst the latter were to be enumerated Erasmus, Melancthon, Latimer, Tonstal, and Sir Thomas More. Of his translations of Galen, Erasmus spoke in the highest terms; and when writing to a friend, to whom he was sending some of these books, he says, "I present you with the works of Galen, now, by the help of Linacre, speaking better Latin than they ever before spoke Greek." In the British Museum there are two copies of Linacre's translation of the fourteen books of Galen's *Methodus Medendi*. They are in the finest possible condition, and are the presentation copies of Henry VIII. and Cardinal Wolsey. The title of the king's copy is illuminated with the royal arms; that of Wolsey's is decorated with the Cardinal's hat. On the binding of his majesty's are the royal arms and motto impressed. The dedication to the cardinal is in manuscript; they are both on spotless vellum.

Linacre died in great agony from the stone, October 20, 1524, aged sixty-four; and was buried in St. Paul's cathedral, where a monument was afterwards erected to his memory by his admirer and successor in fame, Dr. Caius.

### CAIUS.

JOHN KAYE, or KEY, more generally known by his Latinized name of Caius, was born at Norwich, October 6, 1510. He became, like Linacre, a court physician, enjoying that dignity during the successive reigns of Edward VI., Queen Mary, and Queen Elizabeth ; like him, too, he had studied abroad, and travelled over the greatest part of Italy, Germany, and France. On his return to England, Caius settled in the country, and practised at Cambridge, Shrewsbury, and Norwich. From the latter place he was called to court, and appointed physician to Edward VI. Following the footsteps of his great predecessor, he was distinguished for his knowledge of the Greek language, which gave him a superiority over most of his contemporaries; and he imitated the example of Linacre, also, in revising, correcting, and translating several of Galen's works, which were printed at different times abroad. But, in addition to these, Caius was an original writer, and the author of some curious books; one of the most singular of which is in English, being designed for the use of the people at large. It is the only work he seems to have composed in his native tongue, (on all other occasions he wrote in Latin); and the quaint simplicity of the language of that day, now nearly three hundred years ago, sounds strangely in modern ears, and cannot easily be read without exciting a smile. But the treatise

itself forms a very curious article in the annals of medicine, and relates to a sort of pestilence which infested this country at various periods, committed great ravages, and was attended with some remarkable circumstances.

The title of the work is, "A Boke, or Counseill against the disease, commonly called the Sweate, or Sweatyng Sicknesse. Made by Ihon Caius, doctour in phisicke. Very necessary for everye personne, and much requisite to be had in the handes of al sortes, for their better instruction, preparacion, and defence, against the souddein comying and fearful assaulting of the same disease."—12mo. 1552.

The author makes an apology for writing his treatise in English, "For," says he, "the commoditie of that which is so written, passeth not the compasse of England, but remaineth enclosed within the seas. But," he adds, "as this disease is almost peculiar unto us Englishemen, and not common to all men, following us, as the shadowe the body, in all countries, albeit not at all times; therefore compelled I am to use this our English tongue, as best to be understood and most needful, to whom it most behoveth to have speedy remedie."

This curious disease appeared, for the first time, in the army of the Earl of Richmond, upon his landing at Milford-haven in 1485, and spread to London, were it raged from the beginning of August to the end of October. So formidable and fatal were its effects, that the coronation of Henry VII., the victor in the battle of Bosworthfield, was deferred till this strange pestilence had subsided. It was a species of malady

unknown to any other age or nation, which occasioned the sudden death of great multitudes. Caius describes it, as it appeared for the last time among us. The treatment of it is perhaps the most interesting, at least affords us the most amusing particulars. It turns upon the sole idea of promoting the sweat, and Caius lays down the strictest rules for avoiding anything that might expose the patient to the least cold, or check this salutary and critical evacuation. On this point he is peremptory. "If two be taken in one bed, let them so continue, although it be to their unquietness; for fear whereof, and for the more quietness and safety, very good it is, during all the sweating time, that two persons lie not in one bed."\* To promote perspiration they are ordered to 'drink posset ale, made of sweet milk, turned with vinegar, in a quart whereof parsley and sage, of each half one little handful, hath been sodden, &c.

· The manners and mode of life of our ancestors, as may be inferred from this precept, were probably nearly the same at this time as they were described by Erasmus about thirty years before; the condition of which may be supposed to have contributed to deter him from accepting the splendid offers of Henry VIII. and Cardinal Wolsey, made to induce that great scholar to fix his residence in England. "A magnificent apartment, a yearly pension of six hundred florins, and a benefice that produced yearly one hundred marks, were not sufficient to counterbalance the disgust he felt at the incommodious and bad exposition of the houses, the filthiness of the streets, and the sluttishness within doors. The floors," continues Erasmus in his Letters, "are commonly of clay, strewed with rushes, under which lie unmolested an ancient collection of lees, grease, fragments, bones, spittle, excrements of dogs and cats, and every thing that is nasty." To such a sordid and uncleanly mode of life, Erasmus was disposed to impute the frequent visits of the plague in England; and there can be no question that it would also mainly contribute to the spread and devastation of the epidemic sickness described by Caius.

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If under this treatment, loaded with bed-clothes, and almost stifled with heat, they happen to feel faint, " cause them," says the doctor, " to lie on their right side, and bow themselves forward, call them by their names, beat them with a rosemary branch, or some other sweet little thing-do not let them on any account sleep, but pull them by the ears, nose, or hair, suffering them in no wise to sleep, until such time as they have no luste to sleep; except to a learned man in physick, the case appears to bear the contrary. If under this discipline they happily recover, and find their strength be sore wasted, let them smell to an old sweet apple, and use other restoratives of similar efficacy; for," concludes Dr. Caius, "there is nothing more comfortable to the spirits than good and sweet odours."

The disease was of the most malignant and fatal character; it immediately killed some in opening their windows, some in one hour, many in two, and at the longest "to them that merrily dined, it gave a sorrowful supper."

He called it "Ephemera," or a fever of one natural day, for it lasted only twenty-four hours. In the fifth year of the reign of Edward VI. it began at Shrewsbury in the midst of April, and proceeded with great mortality to Ludlow, and other places in Wales, then to Chester, Coventry, Oxford, and other towns in the south; it reached London 7th July, from thence it went through the east part of England into the north, till the end of August, and entirely ceased towards the close of September. Caius enumerates many causes of the disease, but chiefly shows why it attacks the English more than any other nation. "The reason is none other than the evil diet of the country, which destroyeth more meats and drinks, without all order, convenient time, reason, or necessity, than either Scotland, or all other countries under the sun, to the great annoyance of their own bodies and wits, hindrance of those which have need, and great dearth and scarcity in the commonwealth. Wherefore if Esculapius, the inventor of physick, the saver of men from death, and restorer to life, should return again to this world, he could not save these sorts of men." In corroboration of this, he remarks, "that those who had the disease, sore with peril or death, were either men of wealth, ease, and welfare ; or of the poorer sort, such as were idle persons, good ale drinkers and tavern haunters-the laborious and thin dieted escaped." This curious English book the author afterwards revised, and put into a more scientific form, and into the Latin language, and published it in 1556, under the title De Ephemerá Britannica.

In this more enlarged treatise, he speaks more fully of the article of diet, digresses, and gives us a minute account of the methods employed in his day, of making beer and ale, and of the process of malting, concluding with a copious panegyric upon temperance, extracted from the ancients. With an ostentatious display of learning, he enumerates all the most trifling details of the mystery of brewing, and having deposited the nutritious beverage in casks in the cellar, concludes emphatically—*Ita Ala fit.* He then proceeds to describe how *Bera* is made; but we will not follow him into the minutiæ of the fabrication of the thinner pota-

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tion, though it is very amusing to read his learned discourse upon these familiar articles of daily consumption, interlarded with Greek terms, and reference to the orros xgibiros of Athenæus and Herodotus.

The symptoms of the sweating sickness were as follow :--- it affected some particular part, attended with inward heat and burning, unquenchable thirst, restlessness, sickness at stomach and heart (though seldom vomiting), headache, delirium, then faintness and drowsiness; the pulse quick and vehement, and the breath short and labouring. Children, poor and old women were less subject to itof others scarce any escaped the attack, and most died : in Shrewsbury, where it lasted seven months, about a thousand perished. Even by travelling into France, or Flanders, the English, according to Caius, did not escape; and what is stranger, "even the Scotch were free, and abroad, English only affected, and foreigners not affected in England." None recovered under twenty-four hours.

It has been mentioned before that it first showed itself in England in 1485—it appeared again in 1506—afterwards in 1517, when it was so violent that it killed in the space of three hours; so that many of the nobility died, and of the vulgar sort in several towns half often perished. It appeared also in 1548, and proved mortal then in the space of six hours: many of the courtiers died of it, and Henry VIII. himself was in danger. In 1529, and only then, it infested the Netherlands and Germany; in which last country it did much mischief, and destroyed many, and particularly was the occasion of interrupting a conference at Marpurgh, between Luther and Zuinglius, about the Eucharist. The last appearance of the sweating sickness in England was in 1551, when in Westminster it carried off one hundred and twenty in a day, and the two sons of Charles Brandon, both Dukes of Suffolk, died of it.

This is a short outline of the treatise of Caius upon this singular disease. It may be remarked, with reference to his statement, that it was peculiar to the natives of this country, that there seems to be some vulgar prejudice mixed up with that notion, as its first appearance was neither among Englishmen, nor in England, but amongst the foreign levies of the earl of Richmond, who had either brought it with them, or more probably generated it in the crowded transport-vessels, on board of which they were embarked. This body of troops is described by a contemporary historian, Philip de Comines, as the most wretched he had ever beheld, collected, we may suppose, from jails and hospitals, squalid, and covered with filth. A highly malignant and contagious disease might readily be produced in such circumstances; but why it should appear under so new and singular a form, why this should be renewed so many times at irregular intervals, and should at length entirely cease, are questions perhaps impossible to be solved. That the climate of England was not essential to the existence of that disease, is rendered manifest by its raging with great violence in Germany and the Low Countries in 1529 and 1530; and that the persons of foreigners were not secure in England, appears from the death of Ammonius, a learned Italian, and a particular friend of Erasmus, in 1520, (in which year the sickness also prevailed in Calais;) and from the death of another of that nation, related by Caius himself. On the supposition of its being a fever of the putrid and malignant kind, we shall scarcely be able to account for its prevailing most among the rich and well fed, contrary to what we now observe of that class of disorders; and, indeed, the vast numbers related to be swept away by it, evidently prove its frequency amongst the lowest ranks of people.

To revert to the character of Caius, it has been mentioned before that he seems to have modelled himself upon the example of Linacre, and he followed him also in his patronage of learning : for being in great favour with Queen Mary, he obtained from her majesty a licence to advance Gonville Hall into a college; which permission he suitably seconded by endowing it with several estates for the maintenance of three fellows and twenty scholars, and by various other acts of bounty. This was effected in the course of the years 1557 and 1558; and his name, together with that of the co-founder, still gives title to the college. He framed a new body of laws for this society, and in 1559 accepted the mastership of it, which he retained as long as he lived. In 1565 he began to enlarge his college by the erection of a new square, which was finished in 1570 at the expense of 1834l., a very considerable sum at that time.

The inscriptions which he caused to be put over the gates of the new square of his College exhibit at once specimens of the quaintness of the man, as well as of the moralizing turn of the age in which he lived. One, being low and little, was

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inscribed "Humilitatis;" the next, which was a portico of handsome structure, was inscribed, "Virtutis;" and on the opposite side was written, "Jo. Caius posuit sapientiæ." The gate leading to the public schools, through which all passed for their degrees, was inscribed "Honoris." Caius seems to have derived great satisfaction from this disposition of his bounty; for he made this mansion of learning the retreat of his old age; and after resigning the mastership of the College, he resided as a fellow commoner, assisting at daily prayers in the chapel, in a private seat built for his own use.

But besides being the founder of a college at Cambridge, which is, to this day, the chief medical college in that celebrated University, and the author of an interesting treatise on one of the most curious diseases that have ever appeared among us, Caius distinguished himself as a naturalist, and was the correspondent of the celebrated Gesner. Between Gesner and Caius an intimate friendship existed; and the former, who was so eminent a scholar, philosopher, and naturalist, as to have acquired the name of the Pliny of Germany, speaks of Caius in terms of the highest commendation. In his preface to his Icones Animalium, he styles him a man of consummate erudition, judgment, fidelity, and diligence; and in an epistle to Queen Elizabeth, bestows upon him the epithet of "the most learned physician of his age." At the request of Gesner, he composed a treatise on British dogs, which was afterwards greatly improved and enlarged in 1570.

In this memoir he gives a brief account of the variety of dogs existing, in his time, in this country, and adds a systematic table of them, subjoining, for the instruction of his correspondent, their English names, which are as follow: "Terrare harier — bludhunde — gasehunde — grehunde leviner, or lyemmer — tumbler — spainel — setter — water-spainel, or fynder — spainel-gentle, or comforter—shepherd's dog—mastive, or bandedog—wappe—turn-spit—dancer."

Of his manner of treating his subject, the following may be given as specimens :---

The *Terrare* takes its name from its subterraneous employ, being a small kind of hound, used to force the fox, or other beasts of prey, out of their holes.

The Harier derives its name from hunting the hare.

The *Bludhunde*, or Slothunde, was of great use, and in high esteem, amongst our ancestors. Slot means the impression left by the foot of the dog in the mire. This dog was remarkable for the acuteness of his smell, tracing any wounded game that had escaped from the hunter, and following the footsteps of the thief, let the distance of his flight be ever so great. The bloodhound was in great request on the confines of England and Scotland, when the Borderers were continually preying on the herds and flocks of their neighbours, and was used also by Wallace and Bruce, during the civil wars.

The Gasehunde would select from the herd the fattest and fairest deer, pursue it by the eye, and, if lost for a time, recover it, and again select it from the herd which it might have rejoined. (This species is now extinct, or, at least, unknown.)

The *Grehunde* was the first in rank among dogs, as appears from the forest-laws of Canute, who enacted, 'That no one under the degree of a gentleman should presume to keep a greyhound;' as also from an old Welsh saying, which signifies that you may know a gentleman by his hawke, his horse, and grehunde. Notwithstanding the rank it held among the canine race, Caius mentions, on the authority of Froissart, the following fact, not much to the credit of the fidelity of this species :--When that unhappy prince, Richard the Second, was taken in Flint Castle, his favourite greyhound immediately deserted him, and fawned on his rival, Bolingbroke, as if he understood and foresaw the misfortunes of his former master. This act of ingratitude, the unfortunate monarch observed, and declared aloud, to be the presage of his future death.

The Leviner, or Lyemmer.—The first name is derived from the lightness of the kind; the other from the old word Lyemme, a thong; this species being used to be led with a thong, and slipped at the game. This dog hunted both by scent and sight, and in the form of its body observed a medium between the hound and the grehunde. They were chiefly used for the chace of wolves. According to Caius, we are indebted to Spain for the Spainel; but the Comforter, or Spainel-gentle, comes from Malta.

The Mastive, or Bandedog.—Of these, he says, three were a match for a bear, and four for a lion. It appears that Great Britain was so noted for its mastiffs, that the Roman Emperors appointed an officer in this island, with the title of Procurator Cynegii, whose sole business it was to breed, and transmit from hence to the amphitheatre, such dogs as would prove equal to the combats exhibited at that place. The mastiffe has been described, by other naturalists, as a species of great size and strength, and a very loud barker ; whence they have derived its name, mastiff, quasi Mase thefese ; it being supposed to frighten away robbers by its tremendous voice.

This memoir upon Dogs was not the only work of our physician on subjects connected with natural history, for he wrote a treatise on some rare plants and animals, as well as an account of the hot springs of England.

Caius was a Fellow of the College of Physicians, having been admitted in 1547. He passed through all the offices, for several years had been chosen censor, often registrar and treasurer, and for seven years and more was president of this royal foundation. He left behind him a book, written with his own hand, of the College Annals, bearing date 1555, and ending 1572, which was the first book kept of their transactions, and is written in Latin, in a clear style, and with great method.

He was always an eminent defender of the College rights and privileges; and a difference arising between the physicians and surgeons in the reign of queen Elizabeth, as to whether the latter might administer internal remedies in sciatica, and various other similar diseases and wounds, Caius was summoned, as president of the College, to appear before the Lord Mayor and others of the Queen's delegates. On this occasion he defended the College rights so learnedly, and so strenuously pointed out the illegality of the practice of the surgeons in the forementioned cases (though they were supported by the Bishop of London, the Master of the Rolls, and others), that it was unanimously agreed, by the Queen's Commissioners, that it was unlawful for the surgeons to practice in the said cases.

This conduct of Caius might make him some enemies,—at all events, it would render him notorious, though it appears strange that Shakspeare should have selected his name for the ridiculous French Doctor, in the comedy of the "Merry Wives of Windsor." From his celebrity, he might have used it as the generic name of a physician. But Shakspeare was little acquainted with literary history, and might possibly wish to treat him as a foreign quack, because the doctor was handed

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down as a kind of Rosicrucian, and, it is said, left behind him some secret writings, which tended to confirm that opinion. The great dramatist is very hard upon the physician, calls him *bullystale*, *urinal*, *and muck-water*, reflecting upon that particular inspection which made a considerable part of practical physic at that time. Thus, mine host of the Garter, availing himself of the doctor's imputed ignorance of the English language, makes him the butt of his ridicule, and annexes to the terms he uses a sense directly opposite to their real import. To make him amends, "he will clapper-claw him tightly;" and, to promote his suit as a lover, "he will be his adversary towards Ann Page."

But the real Dr. Caius, as we have seen, was a man of various and extensive learning; accurately acquainted with the Greek language, and remarkable for his Latin style, which is pure and copious, and formed upon the best models of antiquity. A list of his works which he left behind him will fully warrant this opinion. Among them were translations from Galen and Hippocrates; a corrected edition of Celsus; a Treatise on the Pronunciation of the Greek and Latin Languages; and one on the Antiquity of the University of Cambridge. Caius had always a propensity to antiquarian studies, and he was induced late in life to write the last-mentioned treatise, by the following occurrence :- Queen Elizabeth, paying a visit to Cambridge in 1564, the public orator, in a speech before her Majesty, extolled the antiquity of that university, to the prejudice of that of Oxford. This incited one Thomas Key, a Fellow

of All Souls' College, Oxford, to vindicate the honour of the seminary to which he belonged, in a publication, wherein he asserted, that it was founded by some Greek philosophers, companions of Brutus, and restored by Alfred about the year 870. This was too great a triumph to be borne by the Cantabrigians; and accordingly, our physician, at the instigation of Archbishop Parker, stepped forth, and in a learned dissertation, to which he fixed the signature Londinensis, asserted the antiquity of his own University, and called in question that of Oxford. With all the forms of antiquarian certainty and precision, he established its foundation by one Cantaber, 394 years before Christ, and in the year of the world four thousand three hundred and odd. Thus, after defeating the Oxford claim, derived from the companions of Brutus, yet allowing them an origin as far back as from Alfred, he gains a priority of time for Cambridge of 1267 years! To such trifling and uninteresting objects did he apply his accuracy and diligent research !

His other critical performance was, on the genuine pronunciation of the Greek and Latin languages. It is somewhat extraordinary that, so soon after the revival of letters, we should differ in our pronunciation of the learned languages from those who were our masters in them. This difference, we know, is at present very great. With regard to the Latin, we stand single in our manner of pronouncing the vowels, in opposition to every other nation in Europe. Caius, by his long residence abroad, and connexion with foreign literati, was led to prefer their method. As to the

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Greek he wished to have it pronounced after the manner of the modern Greeks.

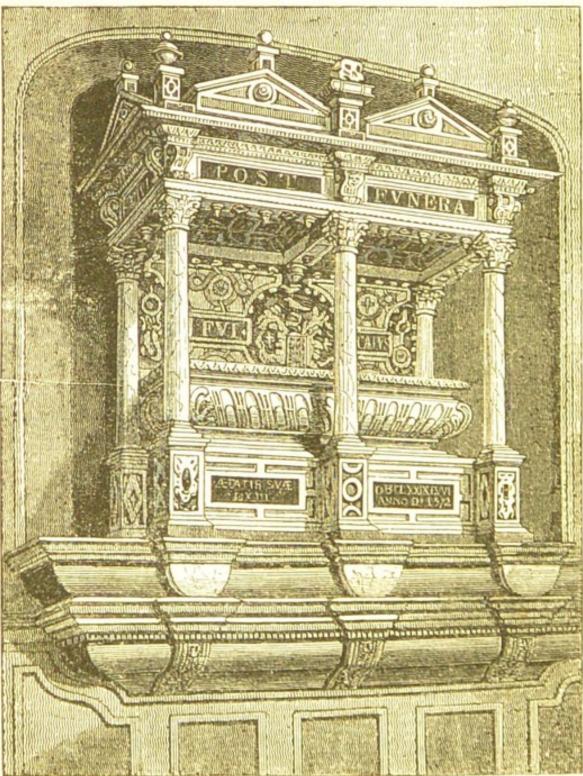
To conclude. From the variety of his writings already alluded to, it will be admitted, by all, that he was fully entitled to the reputation of a critic, a linguist, a physician, a naturalist, and an antiquary. He passed the last years of his life, as has before been stated, in the academic retreat he had formed for himself at Cambridge; but does not appear to have retired from the public business of his profession from any gloomy distaste to the world, but from a truly philosophic fondness for learned leisure ; as is apparent from the numerous pieces upon literary subjects, in which he was engaged to the last moment of his life. Before his death he was reduced to a state of great bodily weakness; and from a curious passage in Dr. Mouffet's Health's Improvement; or, Rules concerning Food, we learn that he attempted to sustain his decaying frame by reverting to the food of infancy. The passage is as follows :---

"What made Dr. Caius in his last sickness so peevish and so full of frets at Cambridge, when he sucked one woman (whom I spare to name), froward of conditions and of bad diet; and contrariwise, so quiet and well, when he sucked another of contrary dispositions? Verily, the diversity of their milks and conditions, which, being contrary one to the other, wrought also in him that sucked them contrary effects." Notwithstanding all these precautions, Caius died July 29, 1573, in the 63d year of his age, and was buried within the chapel of his own College, in a grave made some time before his death, which, it is said,

## BRITISH PHYSICIANS.

he foretold; and on his monument (of which an engraving is subjoined) instead of a prolix epitaph, was placed in the laconic inscription :—

## FUI CAIUS.



G WILLIAMS.

THE lives of the two last eminent men are chiefly remarkable as affording striking examples of the combination of the scholar and physician, and showing how much we are indebted to the profession of physic for the introduction of classical literature, and the general revival of learning, amongst us. The establishment of the College of Physicians, and the characters of its founder and of his immediate successor, have contributed more than any thing else to promote and continue, to the present day, that highly advantageous and creditable union of the science of physic with the scholastic attainments of the University. To this fortunate occasion, the rank in society occupied by physicians in this country (so much superior to what they hold in any other) is chiefly to be ascribed. But neither Linacre nor Caius, though they advanced and adorned their profession by elegant accomplishments, can be considered as having given a new era to medical science, by any great or signal discovery.

The subject of the present chapter calls up recollections that justly place his name in the highest rank of natural philosophers. The same services which Newton afterwards rendered to optics and astronomy, by his theory of light and gravitation, Harvey conferred upon anatomy and medicine by his true doctrine of the circulation of the blood.

A short statement of what is meant by the circulation of the blood, will enable us fully to appreciate the value and importance of this great discovery. And this may the more easily be done, as the apparatus by which it is carried on, is, at this time of day, probably the best understood of any part of the animal economy.

Of the utility of the circulation, every one will be immediately aware, when it is mentioned, that one of its chief purposes is to distribute to every part, every extremity, nook, and corner of the body, the nourishment which is received into it, by one aperture :--- What enters at the mouth, by means of this function finds its way to the fingers' ends. To effect this difficult purpose, two things are necessary. 1st. A proper disposition of the bloodvessels, which has been not unaptly compared to the laying of the water-pipes in a populous city. 2d. The construction of the engine at the centre, viz., the heart, for driving the blood through them. In the case of the conveyance of water, one system of pipes is sufficient; but in the living body another system of vessels is required, to reconvey the blood back to its source. The body, therefore, contains two systems of blood-vessels, called arteries and veins. The next thing to be considered, is the engine which works this machinery : for this purpose there is provided in the central part of the body a hollow muscle, viz., the heart, by the contraction of whose fibres the four cavities of which it consists are squeezed together, so

as to force out of them any fluid they may happen to contain. By the relaxation of the same fibres, these cavities are in their turn dilated, and of course prepared to admit any fluid which may be poured into them. Into these cavities are inserted the great trunks, both of the arteries which carry out the blood, and of the veins which bring it back. The arteries arise from cavities called ventricles; the veins pour their contents into cavities denominated auricles. By the successive contractions and dilatations of these several cavities of the heart, it has been calculated that all the blood in the body passes through the heart about once in four minutes. Consider what an affair this is, when we come to very large animals! The aorta (which is the name given to the chief artery) of a whale is larger in the bore than the main pipe of the water-works at London-bridge, and the water roaring in its passage through that pipe is inferior in impetus and velocity to the blood gushing from the whale's heart.

To render this short account more precise, it must be observed, that with the apparatus mentioned above, two distinct circulations are carried on. For besides circulating generally through the body, the blood must come somewhere into contiguity with the air, in order to purify it, and change its colour from dark to bright red. Hence the heart is, as it were, a double organ, having a double office to perform : of its four cavities, two are employed to carry on the general circulation, while the remaining auricle and ventricle keep up the smaller circulation through the lungs, where the blood meets with the atmospheric air.

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Stated in this summary way. nothing seems easier, more obvious, or more readily understood, than the physiology of this great and important function; but until the name of Harvey it was involved in the greatest obscurity, and mixed up with all manner of contradictory absurdities. And yet before his day many things were made out; the valves of the veins, for instance, were known; the pulmonary circulation was understood, and several other essential points had been established; still the great inference had never been drawn. So often are we on the very threshold of a discovery, which by some fatality we miss; and when it is at length made, have only to express our astonishment that we were so marvellously purblind as to overlook it!

But the early life of Harvey, and the opportunities of his education, led him step by step in the brilliant career of his investigation, till it was finally crowned with success.

William Harvey was descended from a respectable family in the county of Kent, and was born at Folkstone on the 1st of April, 1578. He was born in the house described as built of fair stone, which, after his death, became the post-house of the town, and which Harvey left by will, together with some lands adjoining, to Caius College, Cambridge. His younger brother, Eliab, would, it is said, have given any money in exchange for it, because it was the paternal mansion, and all his brethren had been born there; but the doctor thought that his own memory would be better preserved, by leaving it to the college where he had been educated; besides, his brother Eliab, who had become

a very rich merchant, possessed noble seats of his own, and was worth at least 3000*l*. per annum.

At ten years of age, he was sent to the grammar-school in Canterbury; and having there laid a proper foundation of classical learning, was removed to Gonville and Caius College, in Cambridge, and admitted as a pensioner in May 1593. After spending about five years at the University, in those academical studies which are preparatory to a learned profession, he went abroad for the acquisition of medical knowledge, and, travelling through France and Germany, fixed himself, in his twenty-third year, at Padua.

The university of this city was then in the height of its reputation for the study of physic, for which it was principally indebted to Fabricius ab Aquapendente, the professor of anatomy\*, whose lectures Harvey attended with the utmost diligence.

Fabricius taught the existence of valves in all the veins of the body; and from that moment his intelligent pupil endeavoured to discover the use of these valves.

This inquiry was the foundation of his after fame. He took his doctor's degree at Padua, in 1602, when he was only twenty-four years of age. In the course of the same year he returned to

\* There is still to this day exhibited to strangers at Padua, a very ancient anatomical theatre, which is said to have been the one built by Fabricius at his own expense. Circular seats, rising almost perpendicularly one above the other, now nearly black with age, give to the small apartment, which is wainscoted with curiously carved oak, a most solemn and venerable appearance. The lectures were given by candle-light, as, from the construction of the theatre, no other light could be admitted; but this, indeed, is considered to be the best mode of exhibiting to a class the various subjects which are required for the elucidation of an anatomical lecture.

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England, and having again graduated at Cambridge, settled in the practice of his profession in London. In 1604 he was admitted a candidate of the College of Physicians, and was elected fellow about three years after. About this time the governors of St. Bartholomew's Hospital made an order, that on the decease of Dr. Wilkinson, one of the physicians to that charity, Dr. Harvey should succeed him in that office, which event took place in the following year. But the most important appointment which he obtained, was that of reader of the anatomical and surgical lectures at the College of Physicians in 1615, when he was thirtyseven years old.

He now seriously prosecuted his researches on the circulation of the blood, and it was in the course of these lectures that he first publicly announced his new doctrines; but though he taught his opinions on this subject *vivâ voce* to his auditors, he continued assiduously to repeat his experiments, and verify his observations, for many years, before he ventured to commit them to the press.

It is not intended to enter into the minute arguments and physiological reasonings by which he maintained the truth of his doctrine, but it may be mentioned, that while Fabricius ab Aquapendente had taught him, at Padua, that the use of the valves of the veins was to moderate the flow of blood from their trunks into their branches, Harvey more rationally and more obviously insisted that the valves were intended to facilitate the return of the blood to the heart. Tie up a vein, or compress it, as is done in the simple operation of venesection, and you see the part of the vein at a greater distance from the heart swell and become distended ; whereas the contrary happens if you pass a ligature round an artery. By this, and other similar reasoning, he demonstrated that the heart being excited to contract by the stimulus of the blood, that fluid is impelled through the arteries, and having served every purpose of secretion and nourishment, returns by the veins, to recommence its circulation. Great, however, as was the discovery of Harvey, his doctrine was not so complete and perfect in all its parts as it has since been rendered by the labours of later physiologists. In two points, his system must be acknowledged, even by his greatest admirers, to have been defective; for he does not seem to have been aware of the contractile power of the coats of the arteries, nor to have thoroughly understood the minute connexion of the veins with the arteries.

Harvey's work cost him twenty-six years to bring it to maturity; his discovery was ill-received, most persons opposed it, others said it was old, very few agreed with him. He had, indeed, his admirers; witness, for example, certain verses which were addressed "To the incomparable Dr. Harvey, on his Book of the Motion of the He art and Blood," in which these lines occur :—

There didst thou trace the blood, and first behold What dreams mistaken sages coined of old. For till thy Pegasus the fountain brake, The crimson blood was but a crimson lake, Which first from thee did tyde and motion gaine, And veins became its channel, not its chaine. With Drake and Ca'ndish hence thy bays are curl'd, Fam'd circulator of the lesser world.

But the epithet circulator, in its Latin invidious

signification (quack), was applied to him by many in derision, and his researches and discoveries were treated by his adversaries with contempt and reproach. To an intimate friend he himself complained, that after his book of the circulation came out he fell considerably in his practice, and it was believed by the vulgar that he was crack-brained : all his contemporary physicians were against his opinion, and envied him the fame he was likely to acquire by his discovery. That reputation he did, however, ultimately enjoy ;—about twenty-five years after the publication of his system, it was received in all the universities of the world— and Hobbes has observed, that Harvey was the only man perhaps who ever lived to see his own doctrine established in his lifetime.

The original MSS. of Harvey's lectures are preserved, it is said, in the British Museum, and some very curious preparations, (rude enough as compared with the present ingenious methods of preserving parts of the human body,)which either he himself made at Padua, or procured from that celebrated school of medicine, and which most probably he exhibited to his class during his course of lectures on the circulation, are now in the College of Physicians; they consist of six tables or boards, upon which are spread the different nerves and blood-vessels, carefully dissected out of the body; in one of them the semilunar valves of the aorta are distinctly to be seen. Now these valves, placed at the origin of the arteries, must, together with the valves of the veins, have furnished Harvey with the most striking and conclusive arguments in support of his novel doctrines.

The interesting relics just mentioned had been carefully kept at Burleigh-on-the-hill, and were presented to the College by the Earl of Winchelsea, the direct descendant of the Lord Chancellor Nottingham, who married the niece of the illustrious discoverer of the circulation of the blood. The noble donor, in presenting them to the College of Physicians, about eight years ago, expressed a hope, in a letter addressed to the President, that these specimens of the scientific researches of Harvey might be deemed worthy of their acceptance, and thought that they could nowhere be so well placed as in the hands of that learned body of which he had been so distinguished a member.

The date of the first promulgation of his doctrine of the circulation is not absolutely ascertained: it is commonly asserted that he first disclosed his opinion on the subject in 1619, after he had been lecturing four years. The index, however, of his MS. in the British Museum, which contains the propositions on which the doctrine is founded, refers them to April, 1616. Yet, with a patience and caution peculiarly characteristic of the sound philosopher, he withheld his opinions, as has been observed before, from the world, until reiterated experiment had amply confirmed his system, and had enabled him to demonstrate it in detail, and to advance every proof of its truth of which the subject is capable.

It was not before he had attained his 50th year, that his "Treatise on the Motion of the Heart and Blood, dedicated to Charles I." appeared, having been committed to the press at Francfort, in 1628. His choice of this city for the place of publication is supposed to have arisen from its celebrated fairs, by means of which, books printed there were rapidly circulated throughout all Germany and the greatest part of Europe.

Some time before this, the reputation of Harvey had recommended him to the notice of the court, and he had been appointed physician-extraordinary to King James I.; in 1632, he was made physician to his successor, Charles I. By his unfortunate royal master he was always treated with regard and favour; and the attachment to arts and sciences, which formed a conspicuous part of the king's character, contributed not a little to promote and encourage the pursuits of our philosopher.

It is not without a degree of pardonable vanity, that Harvey describes his Majesty, with some of the noblest persons about the court, as deigning to be the spectators and witnesses of his experiments. The interest King Charles took in the success of his anatomical researches was of singular service to him; and, in particular, his majesty's favourite diversion of stag-hunting furnished him with the opportunity of dissecting a vast number of animals of that species in a pregnant state.

About this time he appears to have gone abroad, and to have accompanied the Lord High Marshal of England, Thomas Howard, Earl of Arundel and Surrey, as his physician, in his embassy to the Emperor. Mr. William Hollar (who was then one of his Excellency's gentlemen) told Aubrey, that in his journey to Vienna, Harvey would always be making excursions into the woods, making

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observations of strange trees and plants, earths, &c., and sometimes run the danger of being lost. So that, as the gossiping antiquary remarks, "My Lord Ambassador would be really angry with him; for there was not only danger of thieves, but also of wild beasts."

During his absence abroad, the Governors of St. Bartholomew's Hospital allowed him to delegate his office of physician to Dr. Smyth; and soon afterwards, in consideration of his professional employment at court, which obliged him to a close attendance upon the person of the king, they appointed Dr. Andrews his assistant in the hospital, continuing, however, the former salary to Harvey, out of regard for his great merit and signal services.

On one of these occasional absences from his professional duties in the metropolis, he accompanied the king in a journey to Scotland. It was in 1633 that Charles went to his northern dominions, attended by the court, for the purpose of holding a parliament, and going again through the ceremony of a coronation. The nobility and gentry of both kingdoms are said to have rivalled each other in expressing all duty and respect to the king, and in showing mutual friendship and regard to each other. No one could have expected, from exterior appearances, the change that was approaching. While the court was occupied in these flattering festivities, so soon to be followed by acts of treacherous duplicity and scenes of tumult and bloodshed, Harvey, whose mind seems never to have been idle, made an excursion to the Bass Rock, in the Frith of Forth, of which he has left an elegant and picturesque description. He introduces it by way of illustrating some of his notions relating to the formation of the egg-shell; and after quoting the opinions of Aristotle, Pliny, and others, on this point of physiology, he continues in the following words :—

"And now we are upon this subject, give me leave to expatiate awhile. In the eastern barren islands of Scotland, there is such a great abundance of almost all sorts of sea-fowl, that if I should relate all that I have heard, though from persons of great integrity, I fear I should be suspected to be more fabulous than those several authors who discourse of the Scottish or Soland-geese, which they pretend to be born from the fruit of certain trees falling into the sea (*which fruit or geese they themselves never saw*). However, I shall venture to relate what my own eyes have seen.

"There is a little island, the Scots call it Bass, (by this, reader, guess at the others,) it is not far from the shore, seated in the main sea, and standing upon a rugged and dangerous clift, (you may call it rather one great continued stone or rock, than an island) it is not above a mile about. The superficies of this island (in the months of May and June\*) is almost covered quite over with nests, eggs, and young ones, that for their infinite abundance you can scarce set your foot in a spare place, and such a mighty flock hovereth over the island, that (like thick clouds) they darken and obscure the day; and such a cry and noise they make, that you can hardly hear those that stand next you. If you look down into the sea beneath

\* It was in June that the king made his visit to Scotland.

you (as from a steep tower or precipice), you will see it all spread over with several sorts of fowl, swimming to and fro, in pursuit of their prey, just as some ditches or lakes in the spring-time are paved with frogs, or open hills and steep mountains are covered with flocks of sheep and goats. If you sail round the island, and look up into the several cliffs and caverns of it, you will find them all peopled and inhabited with several colonies of birds and fowl, of distinct kind and magnitude; more, indeed, than in a clear night, when the moon is absent, there are stars to be discerned in the firmament: and if you observe the several regiments of those that sally out and those that flock homewards at the same time, you would take them for an infinite swarm of bees. It is not to be imagined what a vast yearly revenue the lord of the island maketh of the plumes and the old nests \* (which are useful for firing), together with the eggs, which he boils, and then trafficketh away: that which he himself told me was indeed incredible.

"But one thing, which comes nearer to our "It does not seem from this account of the island, that the Solan-goose itself was, in the days of Harvey, held in esteem, as a sort of luxury; though about the middle of the 17th century, i. e. about 50 years afterwards, Pennant states that a young one was sold for 20d., and it maintained the same price in the time of the naturalist. Then it was, and is still, served up roasted, a little before dinner, as an article of Scottish *friandise*. Pennant gives the following affiche of the sale of this delicacy.

## "SOLAN GOOSE.

"There is to be sold, by John Walton, Jun., at his stand at the Poultry, Edinburgh, all lawful days in the week, wind and weather serving, good and fresh Solan geese. Any who have occasion for the same, may have them at reasonable rates.

" Aug. 5, 1768."

purpose, seemeth to me remarkable in chief, and doth give a clear testimony of the excessive multitude; which is, that this island, as you approach it, shineth with a white glazing, and the cliffs resemble mountains of the purest chalk, though the native complexion of the stone be obscure and black.\*

"That which thus discoloureth the island, is a white crust, which is friable, and of the very same consistence, complexion, and nature with the eggshell; † so that all parts of the island are plastered over with this hard tegument, and crumbling or friable crust of shell. The bottom of the island, which the tide washeth every day, retaining still its natural colour, clearly showeth that that fucus, or sophisticated whiteness, proceeds from the birds. None of these birds are citizens of the place, but foreigners all, and resort thither for convenient laying, and there they continue some weeks, as in an inn, till they and their young ones be all in a condition to fly away together. But that white rough cast is so solid, firm, and thick, that you would think it were the genuine and natural substance of the soil," &c.

Soon after his return from Scotland, the anatomical skill of Harvey was employed, by the king's command, in the dissection of that extraordinary

\* The Bass Rock is principally composed of clink-stone, and belongs to the secondary trap rocks of the Wernerian.

<sup>†</sup> According to chemists, egg-shells are composed of carbonate of lime and phosphate of lime, cemented by animal matter; and Vauquelin asserts, that the excreted matter, alluded to by Harvey, consists also of the same substances, together with the addition of a small quantity of silica. Assuredly, Harvey did not know this; but his natural sagacity made him suspect their identity.

instance of longevity, Thomas Parr, who died November 14, 1635, at the age of 153 years. He was a poor countryman, who had been brought up from his native county, Shropshire, by Thomas, Earl of Arundel, and shown as a great curiosity at court. At the age of 88, he had married his first wife; at 102, he had done penance in church, for a breach of the laws provided against incontinency. When he was 120, he married again, taking to wife a widow, with whom he is represented to have lived upon the most affectionate terms. At 130, he had threshed corn, and done other agricultural work, by which he gained his livelihood. His usual habits of life had been most sparing ; his diet consisting of coarse brown bread, made of bran; of rancid cheese, and sour whey; but when, on his arrival in London, he became domesticated in the family of the Earl of Arundel, his mode of living was changed, he fed high, drank wine, and soon died.

According to Harvey, who opened his body, his death was occasioned by a peripneumony, brought on by the impurity of a London atmosphere, and the sudden alteration of his diet. There were adhesions of the lungs to the pleura on the right side; his heart was large, his intestines sound; but the cartilages of his ribs, instead of being ossified, as they generally are in elderly persons, were, on the contrary, soft and flexible in this man, who was more than a century and a half old. His brain was sound; he had been blind for twenty years before his death, but his hearing was distinct: his memory was very bad.

The civil wars at length breaking out, Harvey,

who was attached to the king, as well by his office as by gratitude and affection, followed the fortunes of his master, and on his leaving London, in consequence of the increasing tumults, attended him, and was present at the battle of Edgehill, in 1642.

The royal army lay near Banbury; that of the parliament at Keinton, in the county of Warwick. In the early part of the day, the advantage was decidedly with the king; but, from the impatience of his body of reserve, who judging, like raw soldiers, that a complete victory was gained, heedlessly followed in pursuit of the fugitive troops of the enemy, the tide of battle turned against Charles, and towards its close everything wore the appearance of a defeat, rather than a victory. Some advised the king to leave the field; but the monarch rejected such pusillanimous counsel. The two armies faced each other for some time, but neither of them retained courage sufficient for a new attack. All night they lay under arms; and next morning found themselves in sight of each other. General, as well as soldier, on both sides, seemed averse to renew the battle. Five thousand men are said to have been found dead on the field of battle; and the loss of the two armies, as far as can be ascertained by the opposite accounts, was nearly equal. Both sides claimed the victory; but the king, except the taking of Banbury, had few advantages to boast of, and a few days after the battle continued his march, and took possession of Oxford, the only town in his dominions which was altogether at his devotion. Harvey, with the rest of the royal household, retired to this city, and

there he was destined to remain some time. He related to a friend, that, on the day of the battle of Edgehill, he had the charge of the Prince (afterwards Charles II.) and of the Duke of York; while the fight was going on, he withdrew with the young princes under a hedge, and took out of his pocket a book, which he began to read. He had not pursued his studies long, before a cannonball grazed on the ground near him, which made him remove his station. The following adventure, also, had come under his notice: Sir Adrian Scrope was dangerously wounded, and left for dead amongst the slain, which happened to be the saving of his life. It was cold, clear weather, and a frost came on during the night (the battle of Edgehill was fought on the 23d of October), which stanched the bleeding of the wounded man; about midnight, some hours after his hurt, he awaked, and was fain to draw a dead body upon him for the sake of warmth.

At Oxford, Harvey had abundant leisure to pursue his favourite studies; though under the disadvantage of having lost many most valuable notes of experiments, which he had previously made. At the beginning of the rebellion, his lodgings at Whitehall had been plundered; and his papers, containing his curious observations upon the dissection of frogs, toads, and a number of other animals, disappeared. This was a loss which he never ceased to lament, saying, "that for love or money, he could never retrieve or obtain them." He was incorporated Doctor of Physic on the 7th December, 1642; and in 1645 was made, by the king's mandate, Warden of Merton College, in the room of Dr. Nathaniel Brent, who, in compliance with the prevailing party, had left the University, and taken the covenant. It is related of him, that, during his stay at Oxford, he was in the habit of visiting George Bathurst, B.D., at Trinity College, who had a hen to hatch eggs in his chambers, which they daily opened to see the progress and way of generation. This was a very favourite study with Harvey, and forms the subject of his other great work, second only in importance to his doctrine of the circulation of the blood.

The method above mentioned, of illustrating this obscure function, he had adopted, because, to use his own words, "Eggs were a cheap merchandise, and were at hand at all times and in all places; and it was an easy matter to observe out of them what are the first evident and distinct works of generation; what progress Nature makes in formation, and with what wonderful providence she governs the whole work."

At Oxford, where his stay must have exceeded three years, he became acquainted with a young physician, Dr. Charles Scarborough, who was afterwards knighted by Charles II. Harvey delighted much in the conversation of Scarborough, who was, however, in these troublesome times, much disposed to neglect his medical studies for the more brilliant profession of arms. To check this military ardour, Harvey took the young doctor, and accommodated him with a lodging in his own apartment, saying, "Prithee, leave off thy gunning, and stay here; I will bring thee into practice."

While at the university, he is supposed to have written a little book, in duodecimo, against Riolan, in which he makes out his doctrine of the circulation more clearly. But when Charles, in evil hour, was persuaded to put himself in the power of the Scottish army at Newark, and orders were issued for the surrender of Oxford, Harvey was obliged to resign his short-lived appointment of Warden of Merton (Dr. Brent resuming his office), and came up to London in 1646, and lived with his brother Eliab, a rich merchant, who resided opposite to St. Lawrence in the Poultry, and who had also a country house at Roehampton.

In 1649, he is said, by a contemporary writer, to have travelled again into Italy, in company with his friend, Dr. Ent; but no other of his biographers mentions this circumstance, and Aubrey, the author alluded to, is not always to be relied upon; for, as a late eminent critic observed of him, "he thought little, believed much, and confused every thing." It is certain, however, that Harvey withdrew from the world about this time, and passed his time in retirement, in a house which he possessed at Combe, in Surrey. Here there was good air, and a pleasant prospect ; and, to indulge a whim he had of delighting in being in the dark, he caused caves to be made in the earth, in which, in summer time, he was pleased to meditate. In this seclusion he was found, in the year 1651, by his intimate friend, Dr. Ent: the result of whose visit was the publication of Harvey's second work, called his "Exercitations on the Generation of Animals;" which had employed almost as large a portion

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of his time as his immortal treatise on the circulation of the blood.

"I found him," says Ent, "in his retirement not far from town, with a sprightly and cheerful countenance, investigating, like Democritus, the nature of things. Asking if all were well with him, - 'How can that be,' he replied, 'when the state is so agitated with storms, and I myself am yet in the open sea? And, indeed,' added he, 'were not my mind solaced by my studies and the recollection of the observations I have formerly made, there is nothing which should make me desirous of a longer continuance. But, thus employed, this obscure life, and vacation from public cares, which disquiet other minds, is the medicine of mine."" Ent goes on to relate a philosophical conversation between them, that brought on the mention of these papers of his, which the public had so long expected. After some modest altercation, Harvey brought them all to him, with permission either to publish them immediately, or to suppress them till some future time.

"I went from him," says Dr. Ent, "like another Jason, in possession of the golden fleece, and when I came home, and perused the pieces singly, I was amazed that so vast a treasure should have been so long hidden; and that while others with great parade exhibit to the public their stale trash, this person should seem to make so little account of his admirable observations." Indeed, no one appears to have possessed, in a greater degree than Harvey, that genuine modesty which distinguishes the real philosopher from the superficial pretender to science. His great discovery was not

publicly offered to the world, till after many years' probation among his colleagues at home; and the labours of all the latter part of his life would scarcely have appeared till after his death, had not the importunities of a friend extorted them from him.

The work obtained by Dr. Ent, consists chiefly of a detail of facts and observations, which will not easily admit of an analysis; but the general inference to be drawn from the whole of these Exercitations, seventy in number, is in favour of the universal prevalence of oval generation. His chief example is the hen and chick; he was the first who pointed out the origin of the latter from the cicatricula of the ovum, and who perceived the punctum saliens to be the heart. He accurately displays, as far as the eye could inform him, the successive formation of the several parts; and herein corrects many ancient errors. He maintains that the formation of viviparous animals is not different from that of birds. In perusing this curious treatise, abounding as it does with anatomical observations, which are valuable from the great attention and accuracy with which they were made, the reader may perhaps be surprised to find the theory of Harvéy, on this obscure and mysterious function, so full of metaphysical arguments, and resting at last upon an hypothesis incapable of proof..

But there is a limit to all human knowledge. Harvey was now in his 71st year, and the remainder of his life seems to have been spent in acts of generosity and munificence, which exhibit, in the strongest point of view, the love he bore his pro-

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fession, and the anxious desire he felt to secure and promote its future interests.—Having made known one of his liberal intentions to the President of the College of Physicians, Dr. Prujean, who then held that office, announced his design to the Fellows assembled, in the following words: "If I can procure one that will build us a library, and a repository for simples and rarities, such an one as shall be suitable and honourable to the College, will you assent to have it done or no; and give me leave, and such others as I shall desire, to be the designers and overlookers of the work, both for convenience and ornament?"

The College, as may readily be supposed, assented most willingly to so liberal a proposal, and voted the erection of the statue of Harvey, of white marble, in the robes of a doctor, to be placed in their hall, with a Latin inscription, alluding to the two great works by which he had rendered himself immortal, and hailing him as the perpetual benefactor of their body!

The building was now begun, and finished in the following year, when Harvey invited his colleagues to a splendid entertainment; and the doors of the museum being thrown open, the munificent old man, in the most benevolent manner, and wishing all prosperity to the republic of medicine, presented at once the mansion and all its valuable contents to the College. He then laid down the office of professor of anatomy and surgery, which he had hitherto held; and was succeeded in that appointment by that eminent anatomist, Glisson.

The building, or Museum of Harvey, as it was called, is described as a noble edifice, of Roman

architecture, (of rustic work, with Corinthian pilasters,) and consisted of an elegantly-furnished convocation room, or parlour, below, and a library, filled with choice books and surgical instruments, above; it was erected in the garden of the College of Physicians, (at that time situated in Amen Corner,) which was of an irregular form, extending as far as the Old Bailey to the west, and towards the south reaching the Church of St. Martin, Ludgate, and the Museum must have stood near the spot upon which Stationers' Hall has since been built. On the outside, on the frieze of the edifice, was the following inscription, in letters three inches long,

> Suasu et cura Fran. Prujeani, Præsidis, et Edmundi Smith, Elect. Inchoata et Perfecta est Hæc Fabrica. An. MIOCLIII. (1653.)

The regulations of a public library in London, established nearly two centuries ago, however simple in themselves, may not be entirely without interest. Besides medical books, the museum of Harvey contained treatises on geometry, geography, astronomy, music, optics, natural history, and travels. It was to be opened on Fridays, from two till five o'clock, in summer, but only till four in the winter season; also, during all meetings of the College, and whenever else the custos or librarian being at leisure, should choose to be present; but no books were allowed to be taken out.

In 1654, on the resignation of the presidency by Dr. Prujean, the College appointed Harvey, in his absence, to succeed him, and proroguing the meeting to the next day, deputed two of the elects, Dr. Alston and Dr. Hamey, to acquaint him with this resolution. Harvey then came, and in a handsome speech, returned them thanks for the honour they had done him, but declined the office,\* on account of his age and infirmities; at the same time recommending the re-election of their former President, which was unanimously complied with. He still, however, frequented the meetings of the College. His attachment to that body was shown yet more conspicuously in 1656; when, at the first anniversary feast, instituted by himself, he gave up his paternal e tate of 56l. per annum, in perpetuity, to their use. The particular purposes of this donation were the institution of an annual feast, at which a Latin oration should be spoken in commemoration of the benefactors of the College, a gratuity for the orator, and a provision for the keeper of his library and museum. All this attention to perpetuate a spirit of concord and social friendship among his brethren, was in full accordance with Harvey's benevolent and liberal sentiments.

For two years longer he supported, with difficulty, the burden of age and infirmities, and died on the 3rd of June, 1657. When seized with his mortal illness, he knew it was all over with him, and sent for his nephews, among whom he began to distribute some little presents: to one he gave the minute watch, t with which he had made his

\* He is, however, generally represented, both in his portraits and in his bust, as wearing the robes of office of the President of the College.

† From a remark made by Harvey incidentally, in relating one of his experiments, it would seem, that in his day, for all computations less than a minute there was no very definite measure of time. Speaking of the effect of warmth upon an incubated egg, on

experiments; to another, a different token, and so on; and made signs (for being seized with the dead palsy, as his biographer expresses it, in his tongue, he could not speak) to Sambroke, his apothecary, in Blackfriars, to let him blood in the tongue: but it did no good.

His death is recorded by Hamey, in his curious MS., in the following words.

Gulielmi Harvæi, fortunatissimi Anatomici, desiit sanguis moveri, tertio Idus Junii, 57. cujus alioqui perennem motum, in omnibus verissimè asserverat.

Sepultus 26 Junii, 1657—quo die inauguratus est Cromwellus.

More than three weeks, then, elapsed between his death and funeral; but as it was attended by all the Fellows of the College to a considerable distance from the city, it was, probably, upon a scale of unusual magnificence, and some time was required to make all the necessary arrangements. To explain what Hamey says as to Cromwell's inauguration, it must be observed, that the usurper had been declared Protector four years before, and had been then installed into that high office with great solemnity; in the year 1657, the title of king was offered him, which, after an agony and perplexity of long doubt, he felt obliged to refuse, though the representatives of the nation, in the most solemn manner, tendered the crown to him. "The Parliament, when the regal dignity," says Hume, " was rejected by Cromwell, found themselves obliged to retain the name of a Commonwealth and

the fourth day, he says, "Upon laying my finger warm upon it for the space of only twenty pulses."-Exercitatio 17.

Protector: and in order to sanctify the government by a seeming choice of the people, framed, what they called, an humble petition and advice; by this deed, the Protector had the power given him of nominating his successor, had a perpetual revenue assigned him, together with other privileges. When this deed was accepted by the people, Cromwell, as if his power had just commenced from this popular consent, was anew inaugurated in Westminster Hall, after the most solemn and most pompous manner." It was to this second ceremony that Hamey alluded. Harvey, notwithstanding the counter-assertions of Laurence and all his other biographers, certainly died, as Hamey says, in 1657, and was buried on the 26th of June, of that year; for on reference to the Annals of the College of Physicians, it appears that, on the 25th of that month, the following admonition to the Fellows of the College was given :

> Com. Solennia Trimestria. 25° Junii, 1657.

## Monentur Socii, ut togati prosequi velint exequias funeris Drs. Harvæi, postero die celebrandas.

One who was at his funeral, says, that he lies buried in a vault at Hampsted, Essex, which his brother Eliab built; he is lapt in lead, and on his breast in large letters, was to be read

## DR. WILLIAM HARVEY.

In his person he was very small in stature, round faced, of an olive complexion, with small, round, black eyes, full of spirit, and hair black as a raven, till within twenty years of his death, when it became quite white. He is represented to have been, like the rest of his brothers, very choleric in his temper, and in his younger days to have worn a dagger, which he would be apt to draw upon slight occasions. But when he grew up to manhood, and during his long life, he had the character of being candid, cheerful, upright-living on terms of great harmony with his friends and brethren, showing no spirit of rivalry or hostility. He was as little disposed by nature to detract from the merits of others, as to make an ostentatious display of his own. The many antagonists whom his renown and the novelty of his opinions excited, were in general treated with modest and temperate language, frequently very different from their own, and while he refuted their arguments, he decorated them with all due praises.

He was a great martyr to the gout, and his method of treating himself was as follows :—He would sit with his legs bare, even if it were frosty weather, on the leads of Cockaine House, where he lived for some time with his brother Eliab, or put them into a pail of water, till he was almost dead with cold, and then he would betake himself to his stove, and so it was done. He was troubled with insomnolency, and would then get up and walk about his chamber in his shirt, till he was pretty cool, or even till he began to shiver, when he would return to bed and fall into a sleep.

He and his brother, who was a Turkey merchant, drank coffee, before coffee-houses came into fashion in London. His visits to his patients he made on horseback with a foot cloth, his man following on foot, in the same way in which the judges were then accustomed to ride to Westminster Hall.

Every one will naturally wish to know what sort of practitioner so eminent a physiologist was, and in what esteem he was held as a physician by his contemporaries. It appears that he died worth £20,000, a sum not very considerable, when we reflect that he must have been at least fifty years in practice, and was besides a court physician. One who, living with him on terms of intimacy, ought to have known the truth, has asserted that he was acquainted with several practitioners who would not give threepence for one of his *bills*; that his prescriptions were so complicated,\* that it was difficult to make out what he aimed at—that he was no chemist, and that generally his *Therapeutique* was not admired.

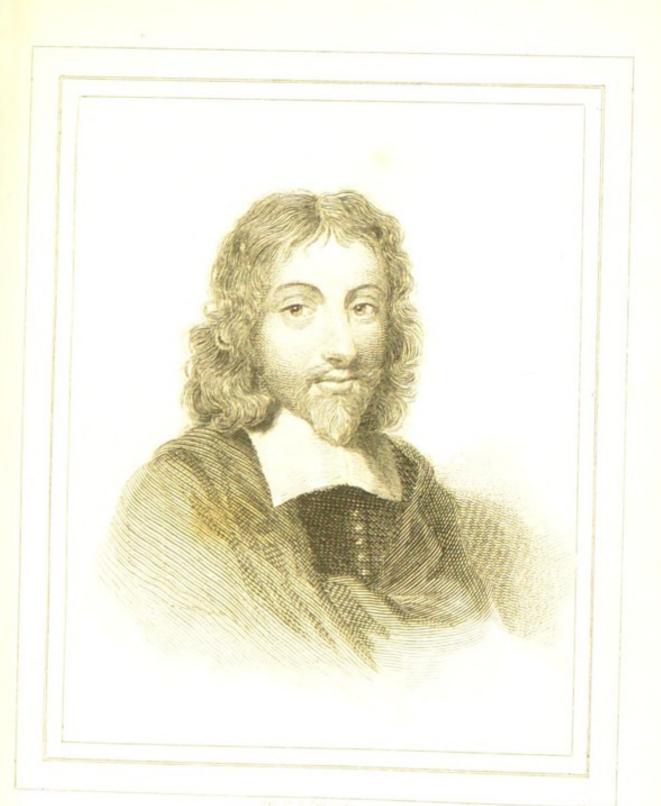
\* The prescriptions of Harvey must have been multifarious indeed, in their combination, to have deserved this sarcasm, for the fashion of those days was to give very complex remedies. Perhaps the moderns err in the other extreme, and affect too much simplicity, since it must be known to every physician of experience that a combination of similar remedies will produce a more certain, speedy, and considerable effect, than an equal dose of any one, even of the most powerful, of the drugs, that enter into the prescription; and this is in accordance with that universal maxim in cookery, never to employ one spice if more can be procured. The very curious prescriptions ordered for his Majesty Charles II., on his death bed, are preserved in the library of the Society of Antiquaries, but they are more remarkable for the multiplicity of the signatures attached to them, than for the variety of their composition; they are signed by no less than sixteen doctors; the name of Charles Scarburgh (the young physician whom Harvey patronized during his stay at Oxford) standing the first of this large consultation, which is, with great propriety, denominated Medicorum Chorus. According to court etiquette, the names of all the subscribing doctors are written at full length, and not, as in ordinary circumstances, indicated by their initials only.

It is probable that Harvey was too much occupied in the pursuit of knowledge, too intent upon making discoveries in the world of science, to have cultivated the habit of quickly discriminating ordinary diseases, or to have become very expert and ready in the employment of the resources and expedients of the practical art of medicine. That his buisness declined after the publication of his doctrine of the circulation of the blood, he himself complained of, and ascribed to the opposition and jealousy of his rivals; but it is more likely that the habits of abstract speculation in which he now began to indulge caused him to neglect the usual arts of gaining the confidence of the public, which if a physician once possess, he needs not the countenance, and may boldly set at defiance the envy, of his professional brethren. The example of Harvey may be regarded, therefore, as a splendid illustration of the truth of the opinion of a late celebrated physician, as declared in his posthumous work-" That the most successful treatment of patients depends upon the exertion of sagacity or good common sense, guided by a competent professional knowledge." If anatomy alone were sufficient to make a great physician, who ever could have been put in competition with Harvey?

# SIR THOMAS BROWNE.

THE celebrated author of the *Religio Medici*, was born at London, in the parish of St. Michael, in Cheapside, on the 19th of October, 1605. His father, who was a merchant of an ancient family, at Upton, in Cheshire, died during his infancy, and he was placed for his education at the school of Winchester; but the early death of his father left him exposed to the rapacity of a guardian, and his mother marrying again, he found himself deprived, as it were, of both parents, helpless and unprotected.

In the beginning of the year 1623, he was removed from Winchester, and entered a gentleman - \* commoner of Broadgate Hall, afterwards called Pembroke College, Oxford. After he had taken his Master of Arts degree, he turned his studies to physic, and first began, rather prematurely, as it would appear, to practise his profession in Oxford-Here, however, he did not remain long shire. settled, but went over to Ireland with his father-inlaw, Sir Thomas Dutton, either for the purpose of gratifying his curiosity, or induced by the promise of some advantage to himself. But that country had then little to attract the observation of a man of letters; and Browne soon quitted the sister island, and passed over into France and Italy. To complete his medical education, he prosecuted his studies at Montpellier and Padua; and after some



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stay at these famous schools, returned home by way of Holland, and was created Doctor of Physic at the University of Leyden.

Of his travels we have no certain account; and there remain no observations made by him in his passage through those countries which he visited. It is to be regretted, therefore, that we have lost the pleasure and instruction which might have been received from the remarks of a man so curious and diligent; indeed it is to be lamented, that those who are most capable of improving mankind, so frequently neglect to communicate their knowledge, as if it were more pleasing to gather ideas than to impart them, or because, to minds naturally great, few things appear of so much importance as to deserve the notice of the public.

Browne returned to London about the year 1634; and the next year is snpposed to have written the celebrated treatise, Religio Medici, a work which was no sooner published, than it excited attention in an extraordinary degree. It first came out, as it was said, surreptitiously, in itself a circumstance calculated to recommend it to notice ; but besides this, it was distinguished by much learning, great subtlety, and exuberant imagination, and written in the strongest and most forcible language. Such a book was, of course, soon criticised; and the correspondence that took place between the critic, Sir Kenelm Digby, and Browne, has been characterized as "affording an ostentatious display of conscious unworthiness, and desire of concealment, on the one part, and pompous professions of reverence and anxious apologies on the other." The letters that passed

on this occasion provoked the bile of one who himself spent his whole life in authorship, which he vented, by remarking sarcastically, "that the reciprocal civilities of authors form one of the most risible scenes in the farce of life."

When the Religio Medici appeared, the Earl of Dorset had recommended it to the perusal of Sir Kenelm Digby, who returned his judgment upon it, not in a letter, but a book. Of this Browne had been informed by the officious zeal of some good-natured friend, and before the criticism actually appeared. While it was still in the press, the irritable author wrote a letter, entitled "Upon the Information and Animadversions to come forth upon the imperfect and surreptitious copy of Religio Medici." In it, he assures Sir Kenelm, "that that book was penned many years past, and with no intention for the press, or the least desire to oblige the faith of any man to its assertions; that it was contrived in his private study, and as an exercise unto himself, rather than an exercitation for any other; that it had passed from his hand under a broken and imperfect copy, which by frequent transcription had still run forward into corruption." "If," he writes, "when the true copy shall be extant, you shall esteem it worth your vacant hours to discourse thereon, you shall sufficiently honour me in the vouchsafe of your refutation, and I oblige the whole world in the oc-casion of your pen. Your servant, T. B."

The answer of Sir Kenelm Digby contained the following passages :---

"Worthy Sir,-Speedily upon the receipt of your letter of the third current, I sent to find

out the printer that Mr. Crook (who delivered me yours) told me was printing something under my name concerning your treatise of Religio Medici, and to forbid him any further proceeding therein; but my servant could not meet with him: whereupon I have left with Mr. Crook a note to that purpose, entreating him to deliver it to the printer. I verily believe there is some mistake in the information given you, and that what is printing must be from some other pen than mine; what I writ was but the employment of one sitting; and there was not twenty-four hours between my receiving my Lord of Dorset's letter, that occasioned what I said, and the finishing my answer to him. I pretend to no learning : to encounter such a sinewy opposite, or make animadversion upon so smart a piece as yours, is requisite a solid stock and exercise in school-learning; my superficial besprinkling will serve only for a private letter, or a familiar discourse with lady auditors. With longing, I expect the coming abroad of the true copy of that book, whose false and stolen one hath already given me so much delight ;---and so as-suring you, I shall deem it a great good fortune to deserve your favour and friendship .-- I kiss your hand, and rest your most humble servant,

"Winchester House. KENELM DIGBY."\* The author of the Religio Medici may, perhaps, in the ardour of his imagination, have hazarded an expression which a mind intent upon faults

\* Sir Kenelm Digby, a person, according to Lord Clarendon, very eminent and notorious throughout the whole course of his life, from his cradle to his grave—a man of very extraordinary person and presence, which drew the eyes of all men upon him, of a fair may interpret into heresy, if considered apart from the rest of his discourse; but a phrase is not to be opposed to volumes. There is scarcely a writer to be found (whose profession was not divinity), that has so frequently testified his belief of the sacred writings, has appealed to them with such unlimited submission, or mentioned them with such unvaried reverence. Browne professes himself a Protestant of the Church of England, to whose faith (he writes thus) "I am a born subject, and therefore in a double obligation subscribe unto her Articles, and endeavour to observe her constitutions: whatever is beyond, as points indifferent, I observe according to the rules of my private reason, or the humour and fashion of my devotion; neither believing this because Luther affirmed it, or disproving that because Calvin hath disavouched it; I condemn not all things in the

reputation in arms, in a word, possessing all the advantages that nature and art could give him. It is impossible, however, to acquit him of excessive credulity, or of deliberate imposture; for, on his return from his travels, in 1623, he rendered himself remarkable by the application of a secret he had met with abroad, which afterwards made so much noise in the world, under the title of the "Sympathetic Powder," by which wounds were to be cured, although the patient was out of sight,—a piece of quackery scarcely credible. The virtues of this powder, Sir Kenelm maintained, were thoroughly inquired into by King James, his son, the Prince of Wales, the Duke of Buckingham, with other persons of the highest distinction, and all registered among the observations of the great Chancellor Bacon, and were to be added by way of Appendix to his Lordship's Natural History.

On the breaking out of the civil war, he was by order of Parliament committed prisoner to Winchester House, but soon afterwards set at liberty at the intercession of the Queen Dowager of France. It was here, during his confinement, in 1643, that he wrote the "Observations," alluded to above. Council of Trent, nor approve all in the Synod of Dort. In brief, where the Scripture is silent, the Church is my text; where that speaks, 'tis but my comment: where there is a joint-silence of both, I borrow not the rules of my religion from Rome or Geneva, but the dictates of my own reason. It is an unjust scandal of our adversaries, and a gross error in ourselves, to compute the nativity of our religion from Henry VIII.,\* who, though he rejected the Pope, refused not the faith of Rome, &c."—*Religio Medici*, section 1, § 5.

Such is Browne's confession of his own faith; and the opinion of one  $\dagger$  who weighed well the arguments for and against his orthodoxy, was, "that all testimonies on the subject apparently concurred to prove, that he was a zealous adherent to the faith of Christ, that he lived in obedience to his laws, and died in confidence of his mercy."

Of the novelty of the paradoxes with which this extraordinary book abounds, the reader may form some notion, from one or two extracts.

"There are a bundle of curiosities, not only in philosophy, but in divinity, proposed and discussed by men of supposed ability, which, indeed, are not worthy our vacant hours, much less our serious studies. "Tis ridiculous to put off, or down, the general flood of Noah, in that particular inundation of Deucalion; that there was a deluge, seems

\* According to Buchanan, the Scottish historian, who, to escape the fury of the Franciscans, fled into England, towards the latter end of Henry's reign, "Every thing was upon so premious a footing, that those of both factions were burnt the same day, and with the same fire; Henry VIII. having more regard to his own security than to the purity of religion."

† Johnson.

not to me so great a miracle, as that there is not one always. How all the kinds of creatures, not only in their own bulks, but with a competency of food and sustenance, might be preserved in one ark, and within the extent of 300 cubits, to a reason that rightly examines, it will appear very feasible. There is another secret, not contained in the Scripture, which is more hard to comprehend, and put the honest father (St. Augustin) to the refuge of a miracle; and that is, not only how the distinct pieces of the world and divided islands should be first planted by men, but inhabited by tigers, panthers, and bears ;- how America abounded with beasts of prey and noxious animals, yet contained not in it that necessary creature, a horse, is very strange."-page 61.

Again—"Search all the legends of times past, and the fabulous conceits of those present, and 'twill be hard to find one that deserves to carry the buckler unto Sampson; yet is all this of an easy possibility, if we conceive a divine concourse, or an influence from the little finger of the Almighty."

In the *Religio Medici*, the author speaks much, and, in the opinion of Digby, too much of himself; but yet so generally and concisely as not to afford much light to his biographer; but what most awakens curiosity is, his solemn assertion, that "his life has been a miracle of thirty years; which to relate, were not history, but a piece of poetry, and would sound like a fable."

The wonders to which he alludes, were probably the visionary transactions of his own mind, the result of self-love operating upon a vigorous imagination; for the biography of Browne does not afford us any remarkable occurrences to relate; on the contrary, is as uniform and devoid of adventure as that of the most retired man of letters could possibly be. His history, therefore, will be chiefly comprised in the history of his works, which were numerous, and full of interest and curiosity.

Dr. Browne settled, in 1636, at Norwich, where his practice soon became very extensive, many patients resorting to him for advice; and in 1637, he was incorporated doctor of physic in the University of Oxford. A few years after, he married Mrs. Mileham, of a good family in the county— "a lady (as she is described) of such symmetrical proportion to her worthy husband, both in the graces of her body and mind, that they seemed to come together by a kind of natural magnetism."

This marriage could not but draw the raillery of contemporary wits upon a man who had just been wishing, in his "Religio Medici," that "we might procreate like trees," and had lately declared, that "the whole world was made for man, but only the twelfth part of man for woman;" and that man "is the whole world, but woman only the rib, or crooked part of man." Whatever were the opinions of her husband, or by whatever motives the lady herself had been induced to marry a man professing such strange notions, she had no reason to repent her choice, for she lived happily with him one and forty years, and bore him ten children, of whom one son and three daughters outlived their parents.

In 1646, his work entitled Enquiries into F 2

Vulgar and Common Errors appeared, which, as it did not arise, like his former one, from fancy and invention, but from observation and the study of books, and was an enumeration of many unconnected particulars, must have been the collection of years, and the result of a design early formed and long pursued. Of its originality, and consequent difficulty, he speaks himself in his preface-"We hope it will not be unconsidered, that we find no open tract, or constant manuduction, in this labyrinth; but are offtimes fain to wander in the America and untravelled parts of truth. And therefore we are often constrained to stand alone against the strength of opinion, and to meet the Goliath and giant of authority, with contemptible pebbles, and feeble arguments, drawn from the scrip and slender stock of ourselves."

Of this ingenious, amusing, and rambling farrago, a few specimens may be selected at random.

"The conceit and opinion of the Centaurs began in the mistake of the beholders, as is declared by Servius, when some young Thessalians on horseback were beheld afar off, while their horses watered, that is, while their heads were depressed, they were conceived by the spectators to be but one animal, and answerable hereunto have their pictures been drawn ever since."—*Pseudodoxia Epidemica*, book i., page 13.

"The antipathy between a toad and a spider, and that they poisonously destroy each other, is very famous, and solemn stories have been written of their combats; wherein most commonly the victory is given unto the spider—of what toads and spiders, it is to be understood, would be considered. For the Phalangium and deadly spiders are different from those we generally behold in England. However, the verity hereof, as also of many others, we cannot but desire; for hereby we might surely be provided of proper antidotes in cases which require them; but what we have observed herein, we cannot in reason conceal; who having, in a glass, included a toad with several spiders, we beheld the spiders, without resistance, to sit upon his head, and pass over all his body, which at last, upon advantage, he swallowed down, and that in few hours, unto the number of seven. And in the like manner will toads also serve bees, and are accounted enemies unto their hives."—p. 203.

"Wondrous things are promised from the glowworm; thereof perpetual lights are pretended, and waters said to be distilled which afford a lustre in the night: and this is asserted by Cardan, Albertus, Gaudentinus, Mizaldus, and many more. But hereto we cannot with reason assent; for the light made by this animal depends upon a living spirit, and seems by some vital irradiation to be actuated into this lustre. For when they are dead, they shine not, nor always while they live, but are obscure or light according to the diffusion of this spirit, and the protrusion of their luminous parts, as observation will instruct us. For this flammeous light is not over all the body, but only visible on the inward side, in a small white part near the tail. When this is full and seemeth protruded, there ariseth a flame of a circular figure, and emerald-green colour, which is more discernible in any dark place, than day; but when it falleth and seemeth contracted, the light disappeareth, and the colour of that part only remaineth. Now this light, as it appeareth and disappeareth in their life, so doth it go quite out at their death—As we have observed in some, which, preserved in fresh grass, have lived and shined eighteen days; but as they declined, their light grew languid, and at last went out with their lives. Thus also the Torpedo, which alive, hath power to stupify at a distance; hath none, upon contact, being dead, as Galen and Rondeletius particularly experimented. And thus far also those philosophers concur with us, which held the sun and stars were living creatures, for they conceived their lustre depended on their lives: but if they ever died, their light must also perish."—p. 205.

In his chapter of the Bear, book iii., he says-

"That a bear brings forth her young informous and unshapen, which she fashioneth after by licking them over, is an opinion, not only vulgar, and common with us at present, but hath been of old delivered by ancient writers. Upon this foundation it was an hieroglyphic with the Egyptians. Aristotle seems to countenance it ; Solinus, Pliny, and Ælian directly affirm it ; and Ovid smoothly delivereth it : but this opinion is repugnant unto the sense of every one that shall inquire into it, and Aldrovandus, from the testimony of his own eyes, affirmeth that in the cabinet of the senate of Bononia there was preserved in a glass, a cub, dissected out of a bear, perfectly formed, and complete in every part."—p. 123.

About the basilisk he is somewhat puzzled, but of the wolf he speaks as follows :---

"Such a story as the basilisk, is that of the

wolf, concerning priority of vision-that a man becomes hoarse, or dumb, if a wolf have the advantage first to eye him. So say Pliny, Theocritus, and Virgil-and thus is the proverb to be understood, when during the discourse if the party or subject interveneth, and there ensueth a sudden silence, it is usually said, Lupus est in fabula .--The ground, or occasional original hereof, was, probably, the amazement and sudden silence the unexpected appearance of wolves do often put upon travellers; not by a supposed vapour or venomous emanation, but a vehement fear, which naturally produceth obmutescence; and sometimes irrecoverable silence. Thus birds are silent in presence of a hawk, and Pliny saith that dogs are mute in the shadow of a hyena."-p.'129.

These extracts will serve to show the nature of this curious book; which exhibits much shrewdness and common sense, though the author of it was not himself altogether free from the credulity which he reprehends and exposes in others, as will appear from the following anecdote :- Browne having heard a flying rumour of sympathetic needles, by which, suspended over a circular alphabet, distant friends or lovers might correspond, he procured two such alphabets to be made, touched his needles with the same magnet, and placed them upon proper spindles; the result was, that when he moved one of his needles, the other, instead of taking by sympathy the same direction, "stood like the pillars of Hercules." Dr. Johnson, when relating this story, observes, in his characteristic manner, " that it continued motionless will be easily believed ; and most men would have been content to believe it, without the labour of so hopeless an experiment. Browne might himself have obtained the same conviction by a method less operose, if he had thrust his needles through corks, and then set them afloat in two basins of water." It is singular also, that notwithstanding his zeal to detect old errors, he seems not very easy to admit new positions; for he never mentions the motion of the earth but with contempt and ridicule, though the opinion which admits it was then growing popular, and was surely plausible, even before it was confirmed as an established truth by later observations.

Having now twice experienced the delights of authorship, and become callous to the molestations of censure, he took an early opportunity of appearing again before the public. In 1658, the discovery of some ancient urns in Norfolk gave him occasion to write "A Discourse of Sepulchral Urns,"\* in which he treats, with his usual learning, on the funeral rites of the ancient nations, exhibits their various treatment of the dead; and examines the substances found in the urns discovered in Norfolk. There is, perhaps, none of his works which better exemplifies his reading or memory. It is scarcely to be imagined how many particulars he has amassed together, in a treatise which seems to have been written for the occasion ; and for which, therefore, no materials could have been previously collected.

In his epistle dedicatory to his worthy and honoured friend, Thomas Le Gros, of Crostwick, Esquire, he observes, "when the funeral pyre

<sup>\*</sup> Hydriotaphia, as he learnedly calls this treatise.

was out, and the last valediction over, men took a lasting adieu of their interred friends, little expecting the curiosity of future ages should comment upon their ashes, and having no old experience of the duration of their reliques, held no opinion of such after-consideration. But who knows the fate of his bones, or how often he is to be buried ?"

He thinks that the practice of burning and burying the body were equally ancient. According to some tradition, Adam was buried near Damascus, or Mount Calvary; and Abraham and the patriarchs were also buried. Hector was burned before the gates of Troy. Among the Romans, Manlius, the consul, burnt the body of his son; but Numa, by a special clause in his will, was not burnt, but buried; and Remus was also solemnly buried. The two ceremonies seem, therefore, to have been coeval and indifferent. The origin of cremation, or burning, he thinks, may be attributed to the opinions of those ancient philosophers who conceived that fire was the master principle in the composition of our bodies; and, therefore, funeral piles were heaped up, in order to waft them more speedily to their native element. But the Indian Brahmins, he is rather disposed to think, "are too great friends unto fire, for they imagine it the noblest way to end their days in fire, and therefore burn themselves alive." He mentions the different modes of burying as practised by various nations, and remarks that the rites of sepulture do not seem to be confined to man, for there would appear to be some approach to this practice among elephants, cranes, ants, and bees; "the latter

civil society," says Browne, "at least carry out their dead, and hath exequies, if not interments."

The discovery which gave immediate occasion to his Treatise, he relates in the following words:

"In a field of old Walsingham, not many months past, were digged up between forty and fifty urns, deposited in a dry and sandy soil not a yard deep, not far from one another; not all strictly of one figure, but most answering those described; some containing two pounds of bones, distinguishable in sculls, ribs, jaws, thigh-bones, and teeth, with fresh impressions of their combustion; besides the extraneous substances, like pieces of small boxes, combs handsomely wrought, handles of small brass instruments, brazen nippers, and in one, some kind of opale."-p. 6. Coals and cinders were dug up in the neighbourhood, from which he conjectures that this was the place (ustrina) for burning their bodies. The urns themselves, he supposes to be Roman, and either containing the ashes of Romans themselves, or of Romanized natives, who had adopted and observed the customs of their conquerors. The spot was not far from a Roman station or garrison, five miles only from Brancaster, anciently called Brannodunum. He thinks that Britain was formerly very populous: and though many Roman habitations are not known, yet that the Romans were at one time in great number in this country, would appear from the fact that 70,000, with their associates, were slain in the battle in which Queen Boadicea commanded. That Britain was a conquest held in great esteem by the Romans, there can be no doubt:

in fact, though so far removed from the capital of the empire, no fewer than ten imperial persons had visited it, viz., Cæsar, Claudius, Britannicus, Vespasian, Titus, Adrian, Severus, Commodus, Geta, and Caracalla.

Of the precise antiquity of these reliques in Norfolk, nothing could be known, for there were no ancient coins or medals enclosed within the urns, which might lead to any conjecture about the date of the interment. In some which had been dug up "in Spittlefields (Spitalfields), near London, the coins of Claudius, Vespasian, Commodus, Antoninus, together with lachrymatories, lamps, bottles of liquor, and other articles of affectionate superstition," had been discovered. From the thinness of the bones in the Norfolk urns, particularly of the skulls, the smallness of the teeth, and the slenderness of the ribs and thigh-bones, it was not improbable that many of them were the remains of women, or of persons of tender age. After a very learned dissertation upon the funeral customs of the Greeks, the Romans, the Egyptians, the Jews, the Danes, &c., he concludes in favour of cremation, or burning; for, says he, "to be knaved out of our graves, to have our sculls made drinking bowls, and our bones turned into pipes, to delight and sport our enemies, are tragical abominations, escaped in burning burials."-p. 17.

To this Treatise on Urn-burial, the author added another upon the Garden of Cyrus, or the Quincunxial Lozenge, or Net-work Plantation of the ancients. It has been well observed that some of the most pleasing literary performances have been produced by learning and genius exercised upon subjects of little importance, as it seems to have been the pride of wit, in all ages, to show how it could exalt the low, and amplify the little. In the prosecution of this sport of fancy, Browne considers every production of art and nature, in which he could find any decussation or approach to the form of a quincunx ;\* and as a man once resolved upon ideal discoveries seldom searches long in vain, he finds his favourite figure in almost every thing, so that a reader might be led to imagine, that decussation was the great business of the world. Though he has, doubtless, carried this notion to a laughable extreme, yet the fanciful sports of great minds are never without some advantage to knowledge. Browne has interspersed many curious observations on the form of plants, and the laws of vegetation; and appears to have been a very accurate observer of the modes of germination, and to have watched with great nicety the evolution of the parts of plants from their seminal principals.

The tracts above alluded to are all which he put forth during his lifetime; but after his death many papers were found in his closet, corrected and transcribed by his own hand, and, to all appearance, intended for the press; several of which were afterwards published. Of these posthumous treatises, there may be noticed, "Observations upon several Plants mentioned in Scripture." These remarks, though they do not immediately rectify the faith, or refine the morals of the reader, yet are by no means to be censured as superfluous niceties, or

\* A row or rank, in the form of a five in cards

useless speculations: they often show some propriety of description, or elegance of allusion, utterly undiscoverable to readers not skilled in oriental botany; and are sometimes of more important use, as they remove some difficulty from narration, or some obscurity from precepts. A second of these tracts is entitled, " Of Garlands, or Coronary or Garland Plants." A third is, "A letter on the Fishes eaten by our Saviour with his Disciples, after his Resurrection from the Dead :"-this treatise is unsatisfactory, however, in its result, as all the information that diligence or learning could supply, consists in an enumeration of the fishes produced in the waters of Judea. A fourth is entitled, "Answers to certain Queries about Fishes, Birds, and Insects, and a Letter of Hawks and Falconry, ancient and modern.". This last has some curious observations on the art of hawking,\* which he considers as a practice unknown to the ancients. Another of his discourses is, "On Languages, and particularly the Saxon Tongue."

"So much," he observes, " of the old Saxon still remains in our English, as may admit of an orderly discourse and series of good sense, such as not only the present English, but Ælfrec, Bede, and Alfred might understand, after so many hundred years. It is true that we have borrowed from the French many substantives, adjectives, and some

\* One of the oldest practices in falconry he mentions to have been the following: -"If a hawk were unquiet, they hooded him, and placed him in a smith's shop for some time, where, accustomed to the continual noise of hammering, he became more gentle and tractable." verbs; but the great body of numerals, auxiliary verbs, articles, pronouns, adverbs, conjunctions, and prepositions, which are the distinguishing and lasting part of a language, remain with us from the Saxon." To prove his position, he has drawn up a short discourse of six paragraphs, in Saxon and English, of which every word is the same in both languages, excepting the terminations and orthography. These are specimens—

### ENGLISH.

The first and foremost step to all good works is the dread and fear of the Lord of heaven and earth, which, thorough the Holy Ghost, enlighteneth the blindness of our sinfull hearts to tread the ways of wisedom, and leads our feet into the land of blessing.

For to forget his law is the door, the gate, and key, to let in all unrighteousness, making our eyes, ears, and mouths to answer the lust of sin, our brains dull to good thoughts, our lips dumb to his praise, our ears deaf to his gospel, and our eyes dim to behold his wonders, which witness against us, that we have not well learned the word of God, that we are the children of wrath, unworthy of the love and manifold gifts of God, greedily following after the ways of the devil and witchcraft of the world, doing nothing to free and keep ourselves from the

#### SAXON.

The erst and fyrmost stæp to eal gode weorka is the dræd and feurt of the Lauord of heofan and eorth whilc thurh the Heilig Gast onlihtneth the blindnesse of ure sinfull heorte to træd the wæg of wisdome, and thone læd ure fet into the land of blessung.

For to fuorgytan his laga is the dure, the gat, and cæg, to let in eal unrightwisnysse, makend ure eyge, eore, and muth to answare the lust of sin, ure brægan dole to gode theoht, ure lippan dumb to his preys, ure earen deaf to his gospel, and ure eyge dim to behealden his wundra, while gewitnysse ongen us, that wee of noht wel gelæred the weord of God, that wee are the cilda of ured, unwyrthe of the lufe and mænigfeald gift of God, grediglice felygend æfter the wægen of the deoful and wiccraft of the weorld, doend nothing to fry and cæp ure saula from the

#### ENGLISH.

burning fire of hell, till we be buried in sin, and swallowed in death, not to arise again in any hope of Christ's kingdom.

Which draw from above the bitter doom of the Almighty of hunger, sword, sickness, and brings more sad plagues than those of hail, storms, thunder, blood, frogs, swarms of gnats and grasshoppers, which ate the corn, grass, and leaves of the trees in Ægypt.

If we read his book and holy writ, these among many others, we shall find to be the tokens of his hate, which gathered together might mind us of his will, and teach us when his wrath beginneth, which sometimes comes in open strength and full sail, oft steals like a thief in the night, like shafts shot from a bow at midnight, before we think upon them.

Thus are we far beneath, and also worse than, the rest of God's works; for the sun and moon, the king and queen of stars, snow, ice, rain, frost, dew, mist, wind, four-footed and creeping things, fishes, and feathered birds and fowls, either of sea or land, do all hold the laws of his will.

#### SAXON.

byrnend fyr of hell, till we be geburied in synne and swolgen in death, not to arise agen in ænig hope of Christes kynedome.

While drag from buf the bitter dome of the Almagan of hunger, sweorde, seoknesse, and bring mere sad plag thone they of hagal, storme, thunner, blode, frog, swearme of gnæt, gærsupper, while eaten the corn, gærs, and leaf of the treowen in Ægypt.

Gyf weræd his boc and heilig gewrit, these gmong mænig othern, we sceall findan the tacna of his hatung, while gegatherod together miht gemind us of his willan, and teac us whone his ured onginneth, while sometima come in open strength and fill seyle, oft stæl gelyc a theof in the niht, gelyc sceaft scoten fram a boge at midneoht, beforan we thinck uppen them.

Thus eare we far beneoth, and ealso wyrse thone, the rest of God's weorka; for the sun and mone, the cyng and cquen of stearran, snaw, ise, ren, frost, deaw, miste, wind, feowerfet and crypend dinga, fix, yefetherod brd and fælan, auther in sæ or land, do eal heold the lag of his willan. Besides the tracts already enumerated, he left behind him one, of "Artificial Hills, Mounts, and Burrows in England;" another, "of the Answers of the Oracle of Apollo at Delphos;" also, "A Prophecy concerning the Future State of several Nations;" and "Museum Clausum," in which the author amuses himself with imagining the existence of books and curiosities, which either never were in being, or are irrecoverably lost.

There were also published, as posthumous works of his, "Some Account of the Tombs and Monuments in the Cathedral of Norwich," and "Answers to Sir William Dugdale's Inquiries about the Fens," together with some other small pieces. In the *Biographia Britannica*, is inserted a letter of his, containing "Instructions for the Study of Physic;" and some essays, entitled "Christian Morals," are attributed to him.

From the enumeration of these different works, all exhibiting very great talent, ingenuity, and acquirement, he will appear to have fully merited the distinction conferred upon him by the College of Physicians, who chose him an honorary fellow of their body in 1665; and to have abundantly deserved the character given of him on that occasion *—virtute et literis ornatissimus*, "eminently embellished with literature and virtue."

But it is not on the praises of others, but on his own writings that he is to depend for the esteem of posterity, of which he will not easily be deprived, while learning shall have any reverence among men: for there is no science in which he does not discover some skill; and scarce any kind of knowledge, profane or sacred, abstruse or elegant, which he does not appear to have cultivated with success. However, if his style has great excellences, it must be allowed that it is not without its faults. The pen of Johnson has characterized it as "vigorous, but rugged; learned, but pedantic; deep, but obscure;" with other pointed antitheses, in a manner not altogether free from the defects which he is himself reprehending.

The high strain of moral reflection with which Browne closes his Treatise on Urn-burial, affords passages of splendid eloquence that cannot easily be equalled. For example—

"There is no antidote against the opium of time, which temporally considereth all things. Our fathers find their graves in our short memories, and sadly tell us how we may be buried in our survivors'. To be read by bare inscriptions, like many in Gruter; to hope for eternity by any metrical epithets, or first letters of our names; to be studied by antiquaries who we were, and have new names given us like many of the mummies, are cold consolations unto the students of perpetuity, even by everlasting languages.

"The night of time far surpasseth the day—who knows when was the æquinox? Every hour adds unto that current arithmetic, which scarce stands one moment. — Darkness and light divide the course of time, and oblivion shares with memory a great part even of our living beings. Who knows whether the best of men be known; or whether there be not more remarkable persons forgot than any that stand remembered in the known account of time?—The sufficiency of Christian immortality frustrates all earthly glory, and the quality of either state, after death, makes a folly of posthumous memory.—But man is a noble animal, splendid in ashes and pompous in the grave, solemnizing nativities and deaths with equal lustre, nor omitting ceremonies of bravery in the infamy of his nature."

In 1671, Browne received the honour of knighthood from Charles II. at Norwich, where he continued to live in high reputation, till, in his 76th year, he was seized with a colic, which, after having tortured him about a week, put an end to his life, October 19, 1682.

Of the brilliant qualities of the mind of Sir Thomas Browne, the reader may judge by consulting his works; for an account of his minute peculiarities we are indebted to the hand of friendship. Mr. Whitefoot, who knew him intimately, says, "His complexion and hair were, like his name, brown, his stature moderate, his habit of body neither fat nor lean. In his clothing, he had an aversion to all finery, and affected plainness both in the fashion and ornament. He kept himself always very warm, and thought it most safe so to do, though he never loaded himself with such a multitude of garments as Suetonius reports of Augustus, enough to clothe a good family. He was never seen to be transported with mirth, or dejected with sadness. Always cheerful, but rarely merry; seldom heard to break a jest, and when he did he would be apt to blush at the levity of it: his gravity was natural without affectation. Parsimonious in nothing but his time, whereof he made as much improvement with as little loss as any man in it; when he had any to spare from his practice, he was scarce patient of any diversion from his study: so impatient of sloth and idleness, that he would say, he could not do nothing. He understood most of the European languages, Latin and Greek critically, and a little Hebrew. He went to church constantly, when he was not prevented by his practice, and never missed the sacrament of his parish if he was in town (Norwich). He read the best English sermons he could hear of, and delighted not in controversies. He might have made good the old saying of Dat Galenus opes, had he lived in a place that could have afforded it, but there was small scope at Norwich to acquire great professional gains." He was indulgent and liberal to his children; two of his sons travelled into various countries, and two of his daughters were sent to France. Such expenses, added to his hospitality and abundant charities, prevented the accumulation of a large fortune; but he bequeathed a comfortable estate to his widow and children. On his monument, in the church of St. Peter Mancroft, Norwich, is the following inscription :

## Near the Foot of this Pillar

Lies Sir Thomas Browne, Kt. and Doctor in Physick. Author of Religio Medici, and other Learned Books, Who practic'd Physick in this city 46 years, And died Oct. 1682, in the 77 year of his Age, In Memory of whom Dame Dorothy Browne, who had bin his Affectionate Wife 41 Years, caused this Monument to be Erected.

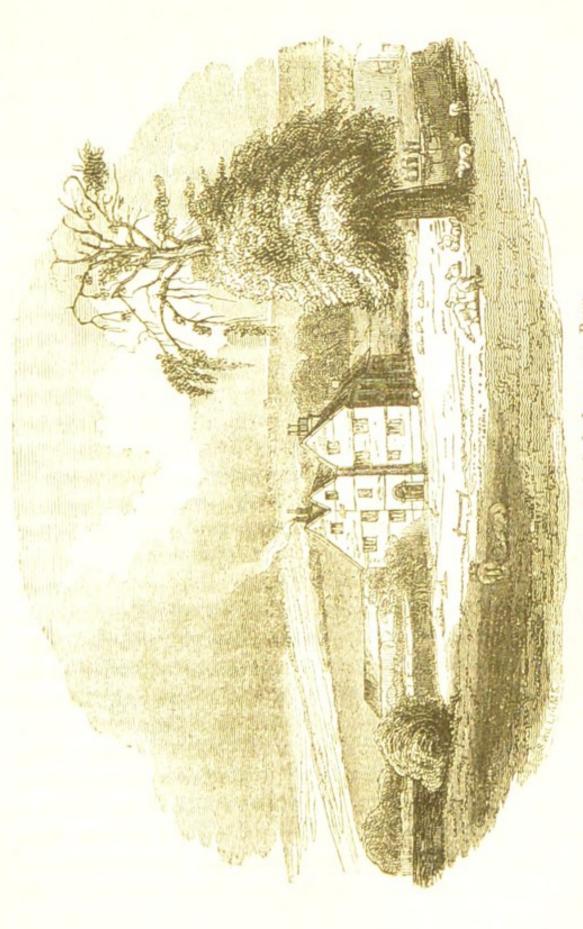
G 2

# SYDENHAM.

THIS great man effected a real revolution in physic, and no one ever had a more just claim to the title of a restorer of true medical science. But his was the triumph, not so much of transcendent genius, as of good sense over vague hypothesis: to him the praise belongs of having been an accurate observer, who, endowed with great sagacity, conducted his researches with skill, and was guided by a sure method in all his investig tions. In a word, no physician ever exerted so beneficial an influence over that branch of the art, to which all others are subservient, viz. its practical application. His claims to our admiration will appear the greater, if we reflect for a moment, that he lived at a time when chemistry, and the sect of the mathematical physicians, were in the highest vogue; and pause to consider the difficulties which he must have encountered, when he recommended to his countrymen to follow the footsteps of nature and experience.

Thomas Sydenham was born in the year 1624, at Wynford Eagle, in Dorsetshire, where his father, William Sydenham, Esq. had a large fortune. The house in which he was born was formerly a considerable mansion, but it is now converted into a *farm-house*, and stands on the property of the present Lord Wynford.





The House in which Sydenham was Born.

Under whose care he was educated, or in what manner he passed his childhood-what youthful discoveries he made of a genius peculiarly adapted to the study of nature-what presages of his future eminence in medicine he afforded-no information is to be obtained. That he gave some early indications of talent can, however, scarcely be doubted, since it has been observed, that there is no instance of any man, whose history has been minutely related, that did not in every part of his life discover the same proportion of intellectual vigour. At the age of eighteen, he was entered a commoner of Magdalen Hall, Oxford, in midsummer term, 1642, but left the university as soon as it became a garrison for Charles I. Now the battle of Edge Hill was fought in the month of October of that year, and a few days afterwards the king retired to Oxford. At this distance of time, it is curious to speculate whether the young Sydenham, a freshman at College, could by any possibility have become acquainted with the great discoverer of the circulation of the blood, then in attendance upon the unfortunate monarch : probably not. It is certain they espoused different sides in politics : for while Harvey was a staunch royalist, Sydenham joined the army of the Parliament, though he spent a few years only in the camp, and never attained a higher rank than that of captain. His ultimate choice of a profession was determined by an accidental acquaintance with Dr. Coxe, a physician eminent at that time in London, who in some sickness prescribed for the brother of Sydenham, and, entering into conversation with him, inquired what walk of life he designed to

follow. The young man answering that he was undetermined, the doctor recommended physic to him, and his persuasion was so effectual, that he returned to Oxford, for the purpose of enjoying leisure and opportunity to pursue his medical studies. Here he employed himself with diligence; and was created bachelor of physic, April 14, 1648, at the visitation of the university by the Earl of Pembroke.

It is not true, therefore, as has been asserted by Sir Richard Blackmore, that "he was made a physician by accident and necessity, without any preparatory discipline, or previous knowledge, and that he never deigned to take it up as a profession, till the civil wars were composed, when, being a disbanded officer, he entered upon it for a maintenance." Sir Richard, after hazarding these assertions, tells us in proof of them the following story :-- "When one day I asked Sydenham to advise me what books I should read to qualify me for practice 'Read Don Quixote,' replied he, 'it is a very good book, I read it still.' So low an opinion," continues the knight, " had this celebrated man of the learning collected out of the authors, his predecessors." Upon this story it has been shrewdly remarked, "That Sydenham recommended Don Quixote to Blackmore, we are not allowed to doubt; but the relater is hindered by that selflove which dazzles all mankind from discovering that he might intend a satire, very different from a general censure, of all the ancient and modern writers on medicine, since he might, perhaps, mean, either seriously or in jest, to insinuate that Blackmore was not adapted by nature to the study

of physic, and that whether he should read Cervantes or Hippocrates, he would be equally unqualified for practice, and equally unsuccessful in it." Thus does Johnson repel the charge brought against Sydenham, of having commenced practice without previous study; but why it should be thought necessary to deny that he exercised his profession for a maintenance, does not seem very obvious; his father, indeed, may be allowed to have been a gentleman of plentiful estate, and yet the son require the emoluments of a gainful profession; and who has ever practised physic, and risen to any eminence in it, who has disdained to receive the reward of his skill and diligence?

About this time, Sydenham was elected a fellow of All Souls' College, and remained some years at Oxford, studying his profession, but he took his doctor's degree at Cambridge.

On leaving the English universities, he travelled to Montpellier, at that time the most celebrated school of physic, in quest of further information, and on his return to his native country, settled in Westminster, where he soon rose to eminence as a practitioner. In 1663, on the 25th June, when he was thirty-nine years of age, he was admitted a member of the College of Physicians of London. The biography of Sydenham is remarkably barren of events, more so, perhaps, than that of any other eminent physician, and it is only by perusing his works carefully, that one is enabled to pick up a few solitary facts illustrative of his private history. Of his published treatises, it has been said, that most of them were extorted from him by his friends, and several written, by way of letter, to

gentlemen who desired his opinion on any particular subject, or pressed him to make public what observations he had made.

His "Methodus Curandi Febres, &c." appeared for the first time in 1666, and the chapter on small-pox, which it contains, is extremely interesting, not only because it presents us with his novel method of treating the disease, but because it furnishes a most curious example of the caution with which he reasoned upon the cause or origin of that formidable malady. It has lately been asserted, that no hint whatever is to be found in the writings of Sydenham, that he thought the small-pox could arise from contagion; a trace, however, is discoverable in the treatise of which we are now speaking, that the idea had once crossed his mind, though he ultimately rejected it. To enlarge upon this very curious piece of medical literature, would here be out of place; yet the general reader can scarcely fail to be surprised, that so obvious a property as the contagious nature of the small-pox, should have escaped the sagacity of such a man as Sydenham. So, however, it was!

As to his practice in that disease, it is best explained in his own words—"I see no reason," says he, "why the patient should be kept stifled in bed, but rather that he may rise and sit up a few hours every day, provided the injuries arising from the extremes of heat and cold be prevented, both with respect to the place wherein he lies, and his manner of clothing." The rivals of Sydenham contended, that the whole of his treatment consisted in doing nothing, and that he made a great stir about what, according to him, might be comprehended in two words-nihil agendum. This opposition on the part of his medical brethren, together with the prejudices of mankind, threw many obstacles in the way of its general adoption, but its author foretold with confidence, and with truth, that, after his own death, it would prevail. The fact is, that though Sydenham lived in the first degree of reputation, enjoyed the friendship and acquaintance of many of the most eminent men of his day, amongst others, that of the illustrious Locke, and was in very considerable practice, yet he never possessed that overwhelming ascendency and irresistible popularity which his immediate successor attained. Nor were the improvements of Sydenham fully appreciated by the world, till they were forced upon the notice of the public by Radcliffe, who, in this way, advanced the art of medicine much more than by any original discoveries of his own.

The part he took in the civil wars, and the politics of his brother, William Sydenham, who, under the Protectorate, obtained many high appointments, amongst others, the post of governor of the Isle of Wight, might possibly have kept him out of favour with the court; in truth, he appears to have been desirous only of conscientiously doing his duty to the utmost of his power, and chiefly anxious to practise his profession in the most unostentatious manner. His distaste for popularity (for it could not be affectation in so candid a nature) may be inferred from these expressions, in the epistle prefixed to his chapter on the gout :—" I do not much value public applause; and, indeed, if the matter be rightly weighed, the providing for esteem (I being now an old man) will be, in a short time, the same as to provide for that which is not: for what advantage will it be to me after I am dead, that eight alphabetical elements, reduced into that order that will compose my name, shall be pronounced by those who come after me?"

At the commencement of his professional life, it is handed down to us by tradition, that it was his ordinary custom, when consulted by patients for the first time, to hear attentively the story of their complaints, and then say, "Well, I will consider of your case, and in a few days will order something for you." But he soon discovered that this deliberate method of proceeding was not satisfactory, and that many of the persons so received forgot to come again ; and he was consequently obliged to adopt the usual practice of prescribing immediately for the diseases of those who sought his advice.

is In 1668, a new edition of his Methodus, &c., appeared, to which was added a chapter upon the great plague of 1665. Sydenham observes, that some might think him rash and arrogant, for pretending to write upon this subject, as he was several miles distant from the city, during the greatest part of the time the plague raged, and therefore might be supposed not to be sufficiently furnished with observations : but "seeing that more skilful physicians, who bravely ventured to continue during so very dangerous a time, have not yet written upon that subject, he hopes that all good men will pardon him for publishing his opinion upon that dreadful national calamity." It seems that he remained in the metropolis till about the middle of June, 1665, about which time the plague raged so cruelly, that in the space of seven days it destroyed as many thousands in London. Then, being endangered by the near approach of the pestilence to his own house, at length by the persuasion of friends, he accompanied the vast numbers of those that left the city, and removed his family some miles from thence.

The scene he left behind was of this appalling description :- In the months of August and September, three, four, or five thousand died in a week: once eight thousand. In some houses carcases lay waiting for burial; and in others, persons in their last agonies. In one room were heard dying groans, in another the ravings of delirium, and not far off relations and friends bewailing their loss, and the dismal prospect of their own departure. Some of the infected ran about staggering like drunken men, and fell and expired in the streets; others lay comatose, never to be awakened but by the last trump; others fell dead in the market while buying necessaries for the support of life; the divine was taken in the exercise of his priestly office, and physicians found no safety in their own antidotes, but died administering them to others. It was not uncommon to see an inheritance pass successively to three or four heirs in as many days. The number of sextons was not sufficient to bury the dead. The bells seemed hoarse with continued tolling, and at last ceased. The burial places could not hold the dead : they were thrown into large pits dug in waste grounds, in heaps of thirty or forty together. It often happened that those

who attended the funerals of their friends one evening, were the next carried to their own long home; and yet the worst was not certain, for the disease, as yet, had no relaxation."—Such is the relation of an eye-witness,\* who was one of the physicians appointed by government to visit the sick.

The first appearance of this dreadful pestilence is thus described :--- "Towards the close of the year 1664, two or three persons died suddenly, attended with symptoms that plainly manifested the nature of the disease : hereupon some timid neighbours moved into the city, and unfortunately carried the contagion with them; and, for want of confining the persons who were first seized, the whole city was, in a little time, irrecoverably infected. As soon as it was rumoured that the plague was in the city, it was impossible to relate what accounts were spread of its fatality; every one predicted its future devastations, and terrified each other with remembrance of a former pestilence. It seems quite ascertained, that it was imported into London by goods from Holland, brought thither from the Levant, and first broke out in a house in Long-acre, near the end of Drury-lane, where those goods were carried, and first opened; two Frenchmen dying, the family endeavoured to conceal it, but it spread from that house to others, by the unwary communication with those who were sick ; and infected the parishofficers who were employed about the dead: it went on, and proceeded from person to person, from house to house.

\* Hodges-Loimologia.

"In the first house that was infected, there died four persons; a neighbour, hearing that the mistress of the house was ill, visited her, and carried home the distemper to her family, and died, with all her household. A minister, called to pray with the first sick person in the second house, was said to sicken and die immediately, with several more in his family. A Frenchman, who lived near the infected houses, removed for fear of the distemper, into Bearbinder lane, and died, to the great affliction of the city. Then the physicians began to deliberate, for they did not at first imagine it to be a general contagion; but the Secretaries of State got notice of it, and ordered two physicians and a surgeon to inspect the bodies, who assured the people, that it was neither more nor less than the plague, with all its terrifying particulars; and that it threatened a universal infection, so many people having already conversed with the sick or distempered, and having, as might be supposed, received infection from them, that it might be impossible to put a stop to it. This filled people's heads so, that few cared to go through Drury-lane.

"As soon as the magistracy, to whom the public care belonged, saw how the contagion daily increased, and had now extended itself to several parishes, an order was immediately issued out, to shut up all the infected houses, that neither relations nor acquaintance might unwarily receive it from them; and to keep the infected from carrying it about with them.

"Terror and apprehension now led the multitude into a thousand weak and absurd things, which

there wanted not persons wicked enough to encourage : people were seen running about to fortunetellers, cunning men, and astrologers, to have their nativities cast, and to know their fortunes. This folly made the town swarm with wicked pretenders to magic and the black art; it became common for them to have signs with inscriptions,-Here liveth an astrologer-Friar Bacon's head-Mother Shipton-a Merlin, or the like; in short, the usual signs of these impostors were to be seen in almost every street. One great mischief was, if these deluders were asked if there would be a plague, they all agreed to answer, yes; for that maintained their trade: had the people not been kept in a fright, the wizards would have been rendered useless, and their craft at an end; but they always talked of the influences of stars and conjunctions of planets, which must, necessarily, bring sickness, distempers, and the plague. Saturn and Jupiter had been observed in conjunction, in Sagittarius, on the 10th of October; and Saturn and Mars also, in the same sign, on the 12th of November! There was no remedy for this horrid delusion, till the plague put an end to it, by clearing the town of most of these mock calculators.

"Before this happened, many of the people, given up to prophecies, dreams, and old wives' tales, became so enthusiastically bold as to run about the streets with their oral predictions, pretending that they were sent to preach to the city; one, like Jonah at Nineveh, cried in the streets,— 'Yet forty days, and London shall be destroyed;' another ran about naked, except a pair of drawers about his waist, crying, day and night (like a man mentioned by Josephus, before the destruction of Jerusalem), 'Oh! the great and terrible God!' and said no more, but repeated these words continually, with a voice and countenance full of horror, a swift pace; and nobody could observe him to stop, or rest, or take any sustenance, nor would he enter into speech with any one."

The effects of terror upon the mind of the vulgar may easily be imagined : to avert the impending woe, they had recourse to charms, philters, amulets, and exorcisms. Meanwhile the gravest and most discreet persons viewed the gradual deepening of this great national calamity with feelings of awe and amazement. The first notice of the plague which occurs in the Memoirs of Pepys is in these words,—

"April 30th. Great fears of the sicknesse here in the city, it being said, that two or three houses are already shut up. God preserve us all !"

An order was made, about this time, that the houses of all infected persons should be marked with a red cross, having with it this inscription,—

# LORD, HAVE MERCY UPON US!

This circumstance is mentioned by Pepys, thus :

"June 7th. The hottest day that ever I felt in my life.—This day, much against my will, I did, in Drury-lane, see two or three houses marked with a red cross upon the doors, and 'Lord have mercy upon us' writ there; which was a sad sight to me, being the first of the kind that, to my remembrance, I ever saw." Ten days after this entry into his diary, he relates the following occurrence.

"June 17th. It struck me very deep this afternoon, going with a hackney-coach from Lord Treasurer's, down Holborne, the coachman I found to drive easily and easily, at last stood still, and came down hardly able to stand, and told me that he was suddenly struck very sick and almost blind, he could not see; so I light and went into another coach, with a sad heart for the poor man and for myself also, lest he should have been struck with the plague."

Of the distemper itself, it may be sufficient to mention, that it was very horrible in its symptoms, but in some more so than in others; the swellings, which were generally in the neck or groin, when they grew hard, and would not break, became painful, with the most exquisite torment; some, not being able to bear it, precipitated themselves from a window, or otherwise made away with themselves; others vented their pain by incessant roarings; loud and lamentable cries were heard in the streets, sufficient to pierce the very heart."

The precaution of shutting up houses was generally considered a very cruel and inhuman measure, and the poor who were so confined made bitter lamentations; the imprisonment, in fact, became so intolerable, that many attempted, both by violence and stratagem, to effect their escape: in these efforts several watchmen were killed, others wounded and left for dead, where the people, in infected houses, were opposed in their attempts to get away. Many houses having several ways out, some into other streets, it was impossible for one man to guard all the passages, so as to prevent the escape of people rendered desperate by the fright of their circumstances, by resentment of their treatment, as well as by the raging of the distemper itself; so that they would talk to the watchman on one side of the house, while the family made their escape at another.

In Coleman-street there were abundance of alleys; a house was shut up in White's-alley, which had a window into another court, that had a passage into Bell-alley; watchmen stood at the door of the house night and day; while the family went away, in the evening, out at the window, and left the poor fellows watching and warding for near a fortnight. Near the same place a watchman was blown up with gunpowder, and burnt dreadfully: while he made hideous cries, and no one would venture to come near him to help him, those of the family that were able to stir, got out of the one-pair of stairs window, leaving two sick in the house, to whom nurses were sent.

"A watchman had kept his post two nights at a shut-up house, and the day-watch, during one day: the day-watch was come again to his duty: all this while no noise was heard, no light was seen, nothing was called for, nor the watchman sent on any errands (which was their principal business): one night the dead cart was stopped there, and a maid servant put into it, wrapt only in a green rug; next day the watch heard a great crying and screaming, occasioned, as was supposed, by some of the family just dying; the watchman knocked at the door, but none answered a great while;

when one looked out and said (with an angry quick tone, yet with a voice that was crying), "What d'ye want, that ye make such a noise?" He answered, 'I am the watchman, how do ye do? What is the matter?' The person answered, 'What is that to you?-stop the dead cart.' The cart was stopped, and they knocked again ; but nobody answered, and the cart-man would not tarry. When the day-watchman came, they knocked again a great while; none answered: the casement being open at which the person had looked out, they procured a ladder, and found a dead woman on the floor, covered only with her shift. A magistrate ordered the house to be broken open, wherein were none found but the dead sister to the mistress of the family; the master, his wife, several children and servants, escaped at some back door, or over the tops of houses; whether sick or sound, was not known."

The Government exerted itself to the utmost to stem the pestilential torrent, appeals to heaven were ordered, and the king commanded the College of Physicians jointly to write something in English that might be a general directory in this calamitous exigency: some were chosen out of that body and appointed specially to attend the infected on all occasions; and two persons out of the court of Aldermen were required to see this hazardous task properly executed. The plague, however, continued unabated; in July 18th, Pepys remarks—" I was much troubled this day to hear at Westminster, how the officers do bury the dead in the open fields, Tuttlefields, pretending want of

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room elsewhere;" and about a fortnight afterwards this is the entry in his diary :---

"Aug. 3d .- To Dagenhams. All the way, people, citizens, walking to and fro, inquire how the plague is in the city this week by the bill: which by chance at Greenwich, I had heard was 2020 of the plague, and 3000 and odd of all diseases. By-and-by met my Lord Crewe returning : Mr. Marr telling me by the way how a maid-servant of Mr. John Wright (who lives thereabouts), falling sick of the plague, she was removed to an out-house, and a nurse appointed to look to her; who being once absent, the maid got out of the house at the window and ran away. The nurse coming and knocking, and having no answer, believed she was dead, and went and told Mr. Wright so; who and his lady were in great strait what to do to get her buried. At last resolved to go to Burntwood hard by, being in the parish, and there get people to do it. But they would not; so he went home full of trouble, and in the way met the wench walking over the common, which frighted him worse than before; and was forced to send people to take her, which he did; and they got one of the pest-coaches and put her into it, to carry her to a pest-house. And passing in a narrow lane, Sir Anthony Browne, with his brother and some friends in the coach, met this coach with the curtains drawn close. The brother being a young man, and believing there might be some lady in it that would not be seen, and the way being narrow, he thrust his head out of his own into her coach, and to look, and there saw some-

body look very ill, and in a sick dress and stunk mightily; which the coachman also cried out upon. And presently they came up to some people that stood looking after it, and told our gallants that it was a maid of Mr. Wright's carried away sick of the plague, which put the young gentleman into fright, had almost cost him his life, but is now well again."

In the months of August and September, the contagion changed its former slow and languid pace, and having as it were got master of all, made a most terrible slaughter, so that three, four, or five thousand died in a week, and once eight thousand. By the Lord Mayor's order, Sept. 6, fires were made through all the streets and open places of London and the liberties thereof; which were continued three whole nights and days, to purge and purify the air. The propriety of this practice was much doubted, and much debate among the faculty ensued thereon; but before the controversy was ended, the fires were extinguished by some very smart hasty rain, as if the heavens mourned for so many funerals, as well as for the fatal mistake that had been committed, in employing so pernicious a remedy. The day after this experiment, Evelyn writes in his Kalendarium :---

"Sept. 7.—Neere 10,000 now died weekly; however I went all along the citty and suburbs from Kent-streete to St. James's, a dismal passage, and dangerous to see so many coffines exposed in the streetes; y<sup>e</sup> streetes thin of people, the shops shut up, and all in mourneful silence, as not knowing whose turn might be next."

Contemporary writers are full of similar descriptions, and one employs the following striking and impressive language. "Now the cloud is very black, and the storm comes down very sharp: Death rides triumphant on his pale horse through our streets, and breaks into almost every house, where the inhabitants are to be found : people fall as thick as leaves from the trees in Autumn, when shaken by a mighty wind. There is a dismal solitude in London streets: every day looks with the face of a sabbath, observed with a greater solemnity than it used to be in the city. Shops are shut up; people rare; and few that walk about, insomuch that grass begins to grow in some places, and a deep silence in almost every place, especially within the city walls."

Within the walls, The most frequented once and noisy parts Of town, now midnight silence reigns e'en there ! A midnight silence, at the noon of day ! And grass, untrodden, springs beneath the feet ! DRYDEN.

These scenes of desolation and woe excited in the mind of Pepys the following train of thought and extraordinary moral reflection: "Sept. 3rd. —Lord's day. Up; and put on my coloured silk suit, very fine, and my new periwigg, bought a good while since, but durst not wear, because the plague was in Westminster when I bought it; and it is a wonder what will be the fashion after the plague is done, as to periwiggs, for nobody will dare to buy any haire, for fear of the

\* God's terrible Voice to the City, by Plague and Fire .- VINCENT.

infection, that it had been cut off the heads of people dead of the plague. My Lord Brouncker, Sir J. Minnes, and I, up to the vestry at the desire of the justices of the peace, in order to the doing something for the keeping of the plague from growing; but Lord! to consider the madness of people of this town, who will (because they are forbid) come in crowds along with the dead corpses to see them buried; but we agreed on some orders for the prevention thereof."

Even so early as June 24, their majesties removed from Whitehall to Hampton Court; on the following month, on the 29th July, the court removed again and went to reside some time at Salisbury; but that city being soon infected, the king chose his residence at Oxford. Every body, in short, who was enabled to escape, sought the country; and it is related, that though all the people did not go out of London, yet all the horses did; there was hardly one to be bought or hired in the whole city, for some weeks: many persons travelled on foot, .and, to prevent lying at inns, carried soldiers' tents with them and lay in the fields: the weather being warm, there was no danger of taking cold -" the poor fugitives carried beds or straw to lie upon, and provisions to eat, living as hermits in cells, for none would venture to come near them." They carried the infection with them into the country, and it spread, towards the end of this and the following year, over a great part of England. It gradually abated in the metropolis; but it was not till Nov. 20, 1666, that public thanksgivings were offered up to God for assuaging the late contagion and pestilence,

in London, Westminster, and within the bills of mortality.\*

Sydenham returned to London so very soon, and when the plague continued still so very violent, "that it could not be (he says with great modesty) but by reason of scarcity of better physicians, I should be called in to the assistance of those who had the disease." Thus he saw both the beginning and the end of this great epidemic, and he did not neglect to profit by his opportu-nities of observation. His method of practice was to bleed very largely; and he relates the case of a noble lady, of about twenty-one years of age, of a sanguine complexion, to whom he was called in the beginning of May, 1665 (before he left London), who was bled once or twice, but not sufficiently, and whom he thought he might have saved by a more liberal use of the lancet. In proof of the benefit of bleeding, he mentions an occurrence, related to him by the Hon. Francis Windham, governor of Dunster Castle, in Somer-setshire, during the civil wars. It happened that,

\* "Since the plague of 1665, this country has happily, in consequence of the establishment of the laws of quarantine, been protected from these awful epidemics; of these, the last was certainly the most terrible, but the History of England contains records of similar visitations, almost as calamitous. In the Diary of Evelyn, the following notice occurs, relating to a period of forty years only before the date of this, which has been called, emphatically, *the great plague*, and when he was but five years of age:

"1625. I was, this year, sent by my father to Lewes in Sussex, to be with my grandfather, Stansfield, with whom I passed my childhood. This was the year in which the pestilence was so epidemical, that there dy'd in London five thousand a week; and I well remember the strict watches and examinations upon the ways as we passed."

at that calamitous period, the plague also raged in many parts of England, and it chanced to be brought from another place to Dunster, where some of the soldiers dying suddenly with an eruption of spots, it seized many others. Among the troops was a surgeon, who had been a great traveller, but who was at that time serving as a common soldier, and who humbly entreated the governor of the castle to permit him to do all he could for the relief of his fellow-soldiers, afflicted with this dreadful disease; leave being obtained, he took away a vast quantity of blood from every sick person, on the first attack of the disease, before there was any sign of swelling: he bled them till they were ready to drop down, for he bled them all standing and in the open air: nor had he any vessel in which to measure the blood : afterwards he ordered them to lie in their tents, and though he gave no medicine at all after the bleeding, yet, of the many whom he thus treated, not one died. On the propriety of copious and frequently repeated bleeding, Sydenham appeals to those physicians who continued in town while the plague raged, and confidently asks if they had ever observed, when this practice had been employed before any tumour appeared, the death of any one patient to ensue. He, however, met with much obstruction in the employment of his method of cure, and says, with great simplicity, "I will give an instance of an injury I once did, but without guilt, not because I let blood, but because I was not allowed to take away as much as was necessary. Being sent for to a young man of a sanguine complexion, and

strong constitution, who had been seized with a violent fever two days before, with giddy pains of the head, violent vomitings, and such like symptoms, and finding, upon inquiry, that he had no sign of a swelling, I immediately ordered that a large quantity of blood should be taken away, which had the appearance of blood drawn in a plurisy, and I prescribed also a ptisan, with cooling juleps and broths. In the afternoon he was bled again, and on the following morning lost the same quantity. Towards the evening of this day I visited my patient, and found him much better; but his friends, notwithstanding this improvement, were violently opposed to further bleeding. But I earnestly contended that it should be repeated again, saying, that he needed only undergo the operation once more, and he would be safe; on the contrary, if they continued obstinate, it would have been better that no blood had been taken away at all, and that the cure had been attempted by perspiration; in short, I predicted that the patient would thus die. The event confirmed the prognosis, and while we were disputing the matter, the purple spots broke out, and he died in a few hours."

Sydenham concludes his chapter on the plague in the following remarkable words. "If the reader shall find that I have anywhere erred in theory, I beg his pardon; but as to practice I declare I have faithfully related every thing, and that I never proposed any plan of cure before I had thoroughly tried it. Indeed, when I come to die, I trust I shall have a cheerful witness in my breast, that I have not only, with the greatest dili-

gence and honesty, attempted the recovery of the health of all who committed themselves to my care, of what condition soever they have been (of whom none was otherwise treated by me than I desire to be, if I myself should happen to suffer the same diseases), but that also I have laboured to the utmost of my power, if by any means it might be, that the cure of diseases may be managed after I am dead with greater certainty : for I esteem any progress in that kind of knowledge (how small soever it be), though it teach no more than the cure of the toothache, or of corns upon the feet, to be of more value than the vain pomp of nice speculations."

From his treatise on the Gout, which has always been considered a masterpiece of description, we learn that he had suffered from the attacks of that painful disease during the greatest part of his life. In the dedication, which is to the learned Dr. Thomas Short, Fellow of the College of Physicians, he mentions, that while composing the treatise itself, he was so tormented with the gout, that he was unable to hold a pen, and was obliged to employ an amanuensis. It was written in 1683, and begins thus :- "Without doubt men will suppose that either the nature of the disease I now treat of is in a manner incomprehensible, or that I, who have been troubled with it thirty-four years, am a very dull fellow, seeing my observations about it and the cure of it little answer their expectations." With the graphic pen of one who has suffered the terrible martyrdom of this disease in his own person, he describes-"How the patient goes to bed and sleeps well till about two o'clock in the morning, when he awakes with a pain seizing his

great toe, heel, calf of his leg, or ankle; it is at first gentle, increases by degrees, and resembles that of dislocated bones: towards the following night it reaches its height, accommodates itself nicely to the various forms of the bones of the instep, whose ligaments it seizes, resembling the gnawing of a dog, and becomes, at length, so exquisite, that the part affected cannot bear the weight of the clothes upon it, nor the patient suffer any one to walk hastily across the chamber. The severity of this first attack continues for twenty-four hours, when the sufferer enjoys a little ease, begins to perspire, falls asleep, and when he awakes finds the pain much abated, but the part swollen. The next day, and, perhaps, for the two or three following days, towards evening, the torture returns, but remits towards the time of cock-crow. In a few days, the other foot is destined to endure the same excruciating agony." Sydenham goes on to enumerate the catalogue of complaints that afflict the gouty person,-" till at last he is worn out by the joint attacks of age and of the disease, and the miserable wretch is so happy as to die." And here he makes the following moral observation :--"But (which consideration ought to be a comfort to others as well as to myself, who, though we are but moderately endowed with mental acquirements and the gifts of fortune, yet are afflicted with this disease) thus have lived, and thus at length have died, great kings and potentates, generals of armies, admirals of fleets, philosophers, and many other equally distinguished personages." With this cruel disease he contended from the early age of twenty-five; and he speaks of

a fit with which he was seized in 1660, when he was only thirty-six, which was very violent, and continued longer than any preceding attack. He lay, continually, for two months, during the summer of that year, either in or upon a soft bed; and then, for the first time, began to feel the symptoms of an equally painful and distressing malady, the gravel." In 1676, after the breaking up of a great frost, and having walked much, and for a long time, he suffered a very severe paroxysm, and the symptom which alarmed him recurred as often as he rode in a coach along the paved streets, though the horses went gently.

This complication of disorders made it very necessary for him to be attentive to his diet, which he regulated, as he informs us, after this manner: -"In the morning, when I rise, I drink a dish or two of tea, and then ride in my coach till noon;\* when I return home, I moderately refresh myself with any sort of meat, of easy digestion, that I like (for moderation is necessary above all things); I drink somewhat more than a quarter of a pint of Canary wine, immediately after dinner, every day, to promote the digestion of the food in my stomach, and to drive the gout from my bowels. When I have dined, I betake myself to my coach again; and, when business will permit, I ride into the country, two or three miles, for good air. A draught of small beer is to me instead of a supper, and I take another draught when I am in bed, and about to compose myself to sleep."

<sup>\*</sup> At the present time, no physician thinks of leaving his home before the hour that Sydenham was returning from his round of morning visits to his patients.

The treatise from which this extract is made was the last published in his lifetime, and he concludes it, by observing, that he has now given to the world the sum of all which he had hitherto known concerning the cure of diseases, up to the day on which he wrote it, viz., to the 29th of September, 1686. His work, entitled Processus Integri, the compendious result of all his practical experience, was published after his death, and has been generally considered to have settled the question, as to whether he wrote his treatises in English, and procured them afterwards to be translated into Latin. This posthumous work exhibits so much classical learning, that Dr. Johnson (no mean judge in these matters) pronounces Syden-ham to have been well versed in the writings of antiquity, more particularly in those of the great Roman orator and philosopher, whose huxuriance of style he appears to have endeavoured to imitate.

The gout and the stone were distempers which even the art of Sydenham could only palliate, without hope of a cure; but if he has not been able, by his precepts, to instruct us how to remove them, he has at least left us his example how to bear them; he never betrayed any indecent impatience or unmanly dejection under his torments on the contrary, supported himself by the reflections of philosophy and the consolations of religion; and in every interval of ease applied himself to the assistance of others with his usual assiduity.

After a life thus usefully employed, he died at his house, in Pall Mall, on the 29th of December, 1689, and was buried in the aisle, near the south door, of the church of St. James, in Westminster.

But the epitaph that indicated the spot being nearly obliterated, the College of Physicians resolved, in 1809, to erect a mural monument as near as possible to the place of interment, within that church, to the memory of this illustrious man, with the following inscription :—

> Prope hunc Locum sepultus est Thomas Sydenham, Medicus in omne Ævum nobilis. Natus erat A. D. 1624, Vixit Annos 65. Deletis veteris Sepulchri Vestigiis Ne Rei Memoria interiret Hoc Marmor poni jussit Collegium Regale Medicorum Londinense, A. D. 1810. Optime Merito !

# RADCLIFFE.

FOLLOWING the direction of the son of Sirach, "to honour a physician with the honour which is due to him," we shall speak of Radcliffe as he deserves; not extolling him for scholastic attainments which he did not possess, but giving him every credit for the strong good sense and natural sagacity with which he was really endowed, and without concealing the coarseness of his wit, or the imprudent levity of conduct, in which it was his humour occasionally to indulge. His munificent acts of bounty, his almost unexampled liberality, point him out as one of the most celebrated of a profession that has always been distinguished for its liberality; and fully explain to us the esteem in which he was held by his contemporaries, to whom, in spite of his infirmities of temper, the generosity of his disposition, and the sprightliness of his conversation, rendered him at all times a most agreeable companion.

The father of Dr. John Radcliffe possessed a moderate estate in Yorkshire; and though himself more addicted to the improvement of his paternal acres than to the cultivation of letters, he determined to listen to the advice of his neighbours and friends, and instead of bringing up his son (born in the year 1650) to trade or agriculture, sent him to the grammar-school of Wakefield.

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Here he made such progress, that his father, notwithstanding the incumbrance of a numerous family, all to be provided for, resolved to give him an Oxford education, and entered him, at the early age of fifteen, a member of University College. He took his degree of A. B. in due time; he was made senior scholar of his college, yet, as no fellowship became vacant there, he removed to Lincoln College, of which he had been previously invited to become a Fellow.

Here he was enabled, by a more liberal allowance granted him by his mother (for his father was now dead), to pursue the study of physic, which he had chosen, and attend the different courses of anatomy, chemistry, and botany, delivered in the University. He took his degree of Master of Arts in 1672, as it is said, with uncommon applause. As to his academical career, we are told that he held logic in small esteem, but devoted himself eagerly to the cultivation of more general literature. It was his boast that he did not prepare himself for the practice of the art of healing, by what he considered a useless application to the rubbish of antiquity contained in musty volumes, but by a careful examination of the most valuable treatises that made their appearance in his own times. His books, while he was a student of medicine, though well chosen, were so few in number, that, being visited by Dr. Bathurst, the Master of Trinity College (the companion of Harvey in his experiments upon the incubation of eggs), and asked by him where was his library, Radcliffe replied, by pointing to a few

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vials, a skeleton, and a herbal, in one corner of his room.

He became Bachelor of Medicine in 1675, and immediately began the exercise of his profession in the city of Oxford itself. At his first entrance upon the stage of action, he fell foul of the apothecaries, and experienced no small opposition from Foulks and Adams, two of the most eminent of that calling, who decried his method of practice, more especially because it was contrary to the one adopted by Dr. Lydal, at that time the most celebrated practitioner in the University. The method of Lydal was slow; that of Radcliffe expeditious, prompt, and decisive; and the superiority of talent and good sense in the latter became soon so conspicuous, that his opponents, the apothecaries themselves, were obliged to make interest with him, "to have his prescriptions on their files."

His success, as may readily be believed, was not viewed without feelings of envy, and his rivals maintained that his cures were only guess-work, and affected sarcastically to regret that his friends, instead of breeding him up to physic, had not made a scholar of him. On the other hand, Radcliffe was not wanting in his own defence, nor sparing of abuse towards his antagonists, whom he bespattered with all sorts of opprobrious names, and derided, because of the slops, caudles, and diet drinks with which they drenched their patients. It was neither, however, by his abuse of others, nor by any empirical boldness, that at this early period of his medical career, he seems to have completely gained the confidence of the public,

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but by his judicious method of treating the smallpox: a method, indeed, which Sydenham had introduced into the art of medicine about ten years before Radcliffe established himself at Oxford. It consisted in the employment of the cooling treatment-a practice which seems to have been partly suggested by reasoning upon the nature of the . disease, and which has been amply sanctioned by experience. In his original treatise upon the smallpox, Sydenham dwells much upon the salutary influence of cold, in those worst and most aggravated forms of that disease, which are sometimes brought on by the pernicious use of the heating and stimulating treatment then in vogue. Luckily, he observes, it occurs occasionally, that from the preposterous application of external heat and inward cordials, the patient becomes delirious, and in a fit of frenzy, escaping from the cruel attention of his nurse, leaps out of bed, lies exposed for many hours to the cool night air, and thus haply recovers. In proof whereof he relates an anecdote of a person whom he knew, who in his youth had gone to Bristol, and while there was seized with the small-pox, and became delirious. His nurse having occasion to go into the town, left her patient to the care of others, during her absence. Being detained somewhat longer than she expected, the sick person (as it seemed to those about him) gave up the ghost. As the weather was very hot, and the body was stout and corpulent, in order to prevent the bad odour of the corpse, they lifted it immediately from the bed, and placed it, with the exception of its being covered by a sheet, in a state of perfect nudity

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upon a table. The nurse, in the mean time, returns, and, hearing the sad tidings, proceeds sorrowfully to the chamber of death; but on removing the sheet, and looking at the countenance, thinks she can perceive some faint signs of life remaining, and having replaced the extended body in bed, recalls, by some means or other, the apparently dead man to life, and in a few days sees him restored to perfect health.

Few, however, of his contemporaries approved of the practice of Sydenham, though he himself was so convinced of its propriety, that he concludes his original treatise upon this disease, by declaring, that if his young son William, whose welfare and life were dearer to him than the wealth of the Indies, were to be seized with the small-pox, he should direct him to be treated in the same manner.

The new method, as it was called, had indeed the sanction of the illustrious Locke, himself a physician; but the generality of the practitioners of that day continued to trudge on in the ancient course of their forefathers. Radcliffe was free from the bigotry and prejudices of his brethren; and one of the first-fruits which he reaped from his early determination to leave the trammels of authority, and willingly admit the light of recent discovery, was the most remarkable success of his practice in this very disease, in which he strictly followed the precepts laid down by Sydenham. The small-pox was raging in the city and in the neighbourhood of Oxford, with great fatality; and instead of stoving up his patients as was done by other practitioners, Radcliffe employed the *new* method, exposed the sick to the free access of the air, gave them cooling emulsions, and employed other approved antiphlogistic remedies, and thus rescued more than one hundred from the jaws of death.

About this time also he had another piece of good-fortune, in the case of Lady Spencer, at Yarnton, some few miles from Oxford. This lady had been under Dr. Lydal and Mr. Musgrave's hands, for some time, without deriving much benefit from their prescriptions, and with small hopes of recovering from a complication of disorders. In this dilemma, she was induced, at the entreaty of her son-in-law, Mr. Dormer, to send for Radcliffe, whose reputation was now beginning to spread. His advice was very successful; in a short space of time the patient was restored to health, and lived many years afterwards. The fame of this unexpected recovery, and the extensive connexions of the lady's family, brought him into fashion, and he was patronized by the noble houses of Northampton, Sunderland, Caernarvon, and Abingdon. Indeed, before he had been two years a bachelor of physic, there were few families of any credit, within reach of Oxford, who had not had occasion to appreciate his professional skill.

Having received some affront, he quitted Lincoln College, and resigned his Fellowship, but continued to reside in the University, and in the year 1682 took the degree of Doctor of Medicine, going out Grand Compounder—a circumstance which is supposed to indicate the possession, thus early, of at least 40*l*. per annum in land. His

business augmented; and he maintained, by his frank and manly conduct, and by his endeavours to discountenance the attempts of quacks and intermeddlers as much as possible, the respectability and fair dealing of his profession. The art of uroscopie, as it was called, was at this time much in vogue, and the credulous became the dupes of various impostors, who pretended to cure people, at a distance, of all manner of human maladies, by the exercise of this absurd mode of divination. Provided with this infallible indication of disease, it is related that a foolish woman came to Radcliffe, and, dropping a curtsey, told him that, having heard of his great fame, she made bold to bring him a fee, by which she hoped his worship would be prevailed upon to tell her the distemper her husband lay sick of, and to prescribe proper remedies for his relief .- "Where is he?" cries the doctor .- "Sick in bed, four miles off." Taking the vessel, and casting an eye upon its contents, he inquired of the woman what trade the patient was of; and, learning that he was a boot-maker, "Very well," replied the doctor; and having retired for a moment to make the requisite substitution, "take this home with you; and if your husband will undertake to fit me with a pair of boots by its inspection, I will make no question of prescribing for his distemper by a similar examination."

His practice in the country procured him considerable wealth, but, not content with his provincial reputation, he removed to London, when he was about thirty-four years old, and settled in Bow-street, Covent Garden. Here he had not

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been established more than a twelvemonth, before he rose to the head of his profession, and received, in daily fees, the sum of twenty guineas. To this rapid success, the pleasantry of his discourse and his ready wit are said to have greatly contributedmany even feigning themselves ill for the pleasure of having a few minutes' conversation with the facetious doctor. In 1686, he was appointed physician to the Princess Anne of Denmark; and soon after, about the time the Bishops were sent to the Tower, was sorely beset, as well by the Master of the College at Oxford, where he had received his education, as by the court chaplains, Father Saunders and another Dominican, to change his religion, and turn Papist. To the solicitations of the first, sent to him by the king, he turned a deaf ear; and to Mr. Obadiah Walker, of University College, Oxford, he wrote the following letter, in reply to an epistle of his, in which he had told Radcliffe, "that he should be incessant in his prayers to the great God above, and to the blessed Virgin, that he might be enlightened, and see the things that belonged to the peace of his immortal soul."

"Bow-street, Covent-garden, May 25, 1688. "Sir,—I should be in as unhappy a condition in this life, as you fear I shall be in the next, were I to be treated as a turn-coat; and must tell you, that I can be serious no longer, while you endeavour to make me believe what, I am apt to think, you give no credit to yourself. Fathers, and councils, and antique authorities, may have their influence in their proper places: but should any of them all, though covered with dust 1400 years ago, tell me, that the bottle I am now drinking with some of your acquaintance is a wheel-barrow, and the glass in my hand a salamander, I should ask leave to dissent from them all.

"You mistake my temper, in being of an opinion that I am otherwise byass'd than the generality of mankind are. I had one of your new convert's poems in my hands just now; you will know them to be Mr. Dryden's, and on what account they were first written, at first sight. Four of the best lines, and most apropos, run thus :—

> " By education most have been misled, So they believe, because they were so bred: The priest continues what the nurse began, And thus the child imposes on the man.

"You may be given to understand from hence, that, having been bred up a Protestant at Wakefield, and sent from thence in that persuasion to Oxford, where, during my continuance, I had no relish for absurdities, I intend not to change principles, and turn Papist, in London.

"The advantages you propose to me, may be very great, for all that I know: God Almighty can do very much, and so can the king, but you'll pardon me if I cease to speak like a physician for once, and with an air of gravity am very apprehensive that I may anger the one, in being too complaisant to the other. You cannot call this pinning my faith to any man's sleeve: those that know me are too well apprized of a quite contrary tendency. As I never flattered a man myself, so 'tis my firm resolution never to be wheedled out of my real sentiments; which are, that since it has been my good fortune to be educated ac-

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cording to the usage of the Church of England, established by law, I shall never make myself so unhappy as to shame my teachers and instructors, by departing from what I have imbibed from them.

"Yet though I shall never be brought over to confide in your doctrines, no one breathing can have a greater esteem for your conversation, by letter, or word of mouth, than, Sir,

"Your most affectionate "And faithful servant, "JOHN RADCLIFFE."

And Radcliffe was as constant in his friendship as he proved himself to be in his religious principles; for when, in the succeeding revolution, Mr. Walker fell into poverty and distress, he allowed him, to the day of his death, a very handsome competency, and contributed largely to his funeral expenses, so that he might be conducted honourably to his grave in Pancras church-yard, where he was privately interred. From this creditable anecdote, it will be seen, that Radcliffe was firm and staunch in his Protestant faith, though, from the following, related by his earliest biographer, one may infer that, in everything connected with politics, his conduct was regulated by merely prudential motives.

When, in the latter end of the year 1688, the mismanagements of the court became so numerous, and the apprehensions of their further increase so very strong, that they could no longer be tolerated, the Prince of Orange was invited over, with an armed force, to redress the grievances of the

subject. His highness accordingly came, and was joined by the chief of the nobility, even by Prince George of Denmark, who thought himself obliged to prefer his duty to God before that which he owed his king and father. The princess, his royal consort, at that time pregnant, and under Dr. Radcliffe's immediate care, likewise got away by night with the Bishop of London, and retired to Nottingham. It was their intention to stay there till the storm should be blown over; and the prelate above mentioned pressed the doctor to accompany the princess, in his capacity of her royal highness's physician; but Radcliffe excused himself, alleging the multiplicity of his practice, and the dangerous state of health in which many of his patients happened to be, requiring his constant and unremitting attendance, and thus avoided taking any decisive step. He cautiously took care that no imputation of guilt could, by any possibility, attach to him afterwards, had the revolution not succeeded, whereby the throne was declared vacant, and occupied by King William and Queen Mary.

With King William came the famous Dr. Bidloo, as chief physician; but the presence of this formidable rival did not injure the fame of Radcliffe, which, on the contrary, increased daily: it was said, indeed, that Bidloo, who was otherwise expert in the knowledge of physic, and knew how to prescribe proper medicaments when he hit upon the distemper, from frequently mistaking the nature of English constitutions, subjected those who advised with him to the greatest hazards. Be this as it may, Radcliffe so far got the start of all his

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competitors, that even his majesty's foreign attendants, Mr. Bentinck (afterwards Earl of Portland), and Mr. Zulestein (Earl of Rochford), applied to him in cases of necessity, wherein he always displayed his skill to the greatest degree; the first being cured by him of a violent diarrhœa, which had brought him almost to the point of death; and the last, who was very corpulent, of a lethargy, that had baffled the skill of all other practitioners. The gratitude of King William, for the recovery of his two favourites, was manifested to Radcliffe by a present of 500 guineas out of the privy purse, and an offer of making him one of his majesty's physicians, with a salary of 2001. per annum more than any other. The caution and worldly wisdom of Radcliffe were here again exhibited; for though he accepted the present, he begged to decline the appointment, considering that the settlement of the crown was then only in its infancy, and that accidents might occur to disturb its security. Nor did he lose by his refusal, for the weak condition of the king's health, which had from his majesty's childhood suffered from frequent attacks of asthma, required his constant professional assistance; so that it was said, that one year with another, for the first eleven years of the reign of King William, Radcliffe received more than 600 guineas for his annual attendance upon his majesty, exclusive of what he received from the great officers of the court. These may serve as specimens of his prudence; and the following story, which may be best related in the words of his first biographer,\* affords a good example of his hu-

\* W. Pittis.

"It will not be much out of the way to insert a diverting passage, between Sir Godfrey Kneller, the king's chief face-painter, and the doctor, since it happened near this time; and, though not altogether so advantageous to the doctor's memory as the generality of his sarcastic replies, yet will be of use to bring in a very happy turn of wit from him that speaks in rejoinder to it. The doctor's dwelling-house, as has been said before, was in Bow-street, Covent Garden, whereunto belonged a very convenient garden, that was contiguous to another on the back of it, appertaining to Sir Godfrey, which was extremely curious and inviting, from the many exotic plants, and the variety of flowers and greens, which it abounded with. Now as one wall divided both inclosures, and the doctor had some reason, from his intimacy with the knight, to think he would not give a denial to any reasonable request, so he took the freedom, when he was one day in company with the latter, after extolling his fine parterres and choice collection of herbs, flowers, &c., to desire the liberty of having a door made, for a free intercourse with both gardens, but in such a manner as should not be inconvenient to either family.

"Sir Godfrey, who was, and is a gentleman of extraordinary courtesy and humanity, very readily gave his consent; but the doctor's servants, instead of being strict observers of the terms of agreement, made such a havoc amongst his hortulanary curiosities, that Sir Godfrey was out of

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all patience, and found himself obliged, in a very becoming manner, to advertise their master of it, with his desires to him to admonish them for the forbearance of such insolences; yet, notwithstanding this complaint, the grievance continued unredressed, so that the person aggrieved found himself under a necessity of letting him, that ought to make things easy, know, by one of his servants, that he should be obliged to brick up the door, in case of his complaints proving ineffectual. To this the doctor, who is very often in a cholerick temper, and from the success of his practice imagined every one under an obligation of bearing with him, returned answer, that Sir Godfrey might even do what he thought fit, in relation to the door, so that he did but refrain from painting it; alluding to his employment, than whom, none was a more exquisite master of. Hereupon, the footman, after some hesitation in the delivery of his message, and several commands from his master to give it him word for word, told him as above. 'Did my very good friend, Doctor Radcliffe, say so?' cryed Sir Godfrey. 'Go you back to him, and, after presenting my service to him, tell him, that I can take anything from him but physic.' A reply more biting than true, though allowable, from what he had received from the aggressor : so, if the one was at the height of excellence in his unequalled skill in physic, the other had attained to as consummate an experience in the art and mystery of limning."

At the close of the year 1689, when he had gained additional credit and fame by a cure he

had performed upon the Duke of Beaufort, he was called in to a consultation with the king's physicians, Doctors Bidloo and Laurence, and was so successful as to suggest means which speedily restored his majesty to a share of health sufficient to enable him to join his army in Ireland, and gain the victory at the Boyne. In 1691, the young Prince William, Duke of Gloucester, son of the Prince and Princess of Denmark, was taken ill of fainting fits, a complaint which had been fatal to several of the children of their royal highnesses, and his life was despaired of by the court physicians. Radcliffe being sent for, first begged that the queen and the princess, who should both be present, would rely solely upon him, and allow the use of no other prescriptions but his; and then, by the employment of a few outward and inward applications, restored the little patient to such a state of health, that he never had anything like a delirium from that time till the day of his death. Queen Mary, who constantly visited the child, was so pleased with Radcliffe, that she ordered her chamberlain to present him with 1000 guineas. His fame was now so great, that every body flocked to him for advice; and it is recorded, that his neighbour, Dr. Gibbons, received 1000l. per annum from the overflow of patients who were not able to get admission to the great physician of the day.

Hitherto, everything had prospered with him; but in the year 1692 his fortune was chequered with a considerable loss. The doctor, amongst other acquaintance, had contracted a great fami-

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liarity with Betterton, the famous tragedian, and at his persuasion was induced to risk no less a sum than 5000l. in a venture to the East Indies: the ship sailed, and had a favourable passage; when on her return, she was taken by the Marquis de Nesmond, and all her cargo, amounting in value to 120,000*l*. captured by the enemy. This loss ruined the poor player, but Radcliffe received the disastrous intelligence at the Bull's Head Tavern, in Clare Market (where he was enjoying himself with several persons of the first rank), with philosophic composure; desiring his companions not to interrupt the circulation of the glass, " for that he had no more to do but to go up so many pair of stairs to make himself whole again." Nor did this pecuniary loss check the exercise of his liberal spirit, for it was in the course of this year that he contributed a considerable sum towards the repairs and embellishments of University College.

In the following year, after long solicitation of his friends, he, for the first time, thought of matrimony, and began to pay his court to the daughter of a wealthy citizen. The parents of the young lady gave their consent, and it was settled that he should receive on the day of marriage 15,000*l*., and the residue of their property at their death ; his own fortune being then estimated to amount to 30,000*l*. The match, however, was broken off, upon Radcliffe discovering that the book-keeper of his intended bride's father had anticipated him in securing her affections, and possessed the most unequivocal claim to the title of her husband.

#### BRITISH PHYSICIANS.

Upon this occasion, he wrote the following letter to the father.

# " Bow-street, Covent-garden, May 19, 1693.

" SIR-The honour of being ally'd to so good and wealthy a person as Mr. S-d has push'd me upon a discovery that may be fatal to your quiet, and your daughter's reputation, if not timely prevented. Mrs. Mary is a very deserving gentlewoman, but you must pardon me, if I think her by no means fit to be my wife, since she is another man's already, or ought to be. In a word, she is no better and no worse than actually quick with child, which makes it necessary that she be disposed of to him that has the best claim to her affections. No doubt but you have power enough over her to bring her to confession, which is by no means the part of a physician. As for my part, I shall wish you much joy of a new son-in-law, when known, since I am by no means qua-lified to be so near of kin. Hanging and marry-ing, I find, go by destiny; and I might have been guilty of the first, had I not so narrowly escaped the last. My best services to your daughter, whom I can be of little use to as a physician, and of much less in the quality of a suitor. The daughter of so wealthy a gentleman as Mr. S-d can never want a husband, therefore the sooner you bestow her, the better, that the young Hans en Kelder may be born in wedlock, and have the right of inheritance to so large a patrimony. You will excuse me for being so very free with you, for tho' I cannot have the honour to be your son-

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in-law, I shall ever take pride in being among the number of your friends, who am,

## "Your most obedient servant, JOHN RADCLIFFE."

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After this disappointment, it is related that, notwithstanding the urgent entreaties of his friends, he gave up all thoughts of marriage: though an idle story is told of a lady of quality having fallen in love with him, and feigned herself sick, that she might the more frequently enjoy the opportunities of his society and conversation; that Radcliffe very ungallantly laid the whole affair before the lady's father; and that, in consequence, she was almost immediately married to a nobleman who had been before in vain soliciting the honour of her hand.

In the month of December, 1694, Queen Mary was seized with the small-pox, and her sickness assumed the most alarming symptoms. Her Majesty's physicians were at their wits' end, and it was decided by the Privy Council to send for Radcliffe, to avert, if possible, the calamity with which the nation was threatened. At first sight of the prescriptions, without having even entered the chamber of the royal patient, he exclaimed, with his characteristic rudeness, that "her Majesty was a dead woman, for it was impossible to do any good in her case, where remedies had been given that were so contrary to the nature of the distemper : yet he would endeavour to do all that lay in him to give her some ease."

For a short time there were some faint hopes of

<sup>&</sup>quot; Sir,

recovery, but his efforts were ultimately in vain, and the queen died. Some few months after this unhappy event, the doctor, who till then had kept himself in the good graces of the Princess Anne of Denmark, forfeited them, owing to his too great addiction to the bottle, and after the following uncourtly manner. Her royal highness, being indisposed, caused him to be sent for; in answer to which, he promised to come to St. James's soon after; as he did not, however, make his appearance, a messenger was again despatched after him, to inform him that the princess was extremely ill, and to describe the nature of her indisposition .- When Radcliffe heard the symptoms detailed, he swore by his Maker, " That her highness's distemper was nothing but the vapours, and that she was in as good a state of health as any woman breathing, could she but believe it." No skill or reputation could excuse this rudeness and levity; he was, in consequence, dismissed from his attendance on the princess, and Dr. Gibbons succeeded him in the care of her health. His credit with the king remained, notwithstanding, undiminished, of which a splendid proof was given in the following year, by his being sent for to go abroad to attend the Earl of Albemarle, a great favourite of his majesty, and who had a considerable command in the army during the compaign which ended with the taking of Namur. Radcliffe remained in the camp a week only, was successful in his treatment of his patient, and received from King William 12001.; from Lord Albemarle 400 guineas and a diamond ring ; he was offered also the dignity of a baronet, which he begged to decline, on

the plea of having no children to inherit the title. In 1697, after the king's return from Loo, having ratified the treaty of peace at Ryswick, his majesty found himself much indisposed at his palace at Kensington, and the advice of Radcliffe was had recourse to. The symptoms of the disease were dropsical, and though not treated very properly by the other physicians, nor considered by them as threatening any immediate danger, were looked upon by him as of a formidable nature. The interview which Radcliffe had with his majesty is described by Pittis in the following words :—

"The king, when the Doctor was admitted, was reading Sir Roger L'Estrange's new version of Æsop's Fables, and told him, that he had once more sent for him, to try the effects of his great skill, notwithstanding he had been told by his body-physicians, who were not sensible of his inward decay, that he might yet live many years, and would very speedily recover. Upon which the Doctor, having put some interrogatories to the king, very readily asked leave of his majesty to turn to a fable in the book before him, which would let the king know how he had been treated, and read it to him in these words :—

"'Pray, Sir, how do you find yourself? says the doctor to his patient. Why truly, says the patient, I have had a most violent sweat.—Oh! the best sign in the world, quoth the doctor. And then a little while after, he is at it again, with a pray how do you find your body? Alas! says the other, I have just now such a terrible fit of horror and shaking upon me! Why this is all as it should be, says the physician, it shows a mighty strength of

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nature.—And then he comes over-him the third time, with the same question again: Why I am all swelled, says tother, as if I had a dropsy.— Best of all, quoth the doctor, and goes his way: Soon after this, comes one of the sick man's friends to him, with the same question, How he felt himself? Why, truly so well, says he, that I am e'en ready to die of I know not how many good signs and tokens.'

" ' May it please your majesty, yours and the sick man's case is the very same,' cries Radcliffe-' you are buoyed up with hopes that your malady will soon be driven away, by persons that are not apprized of means to do it, and know not the true cause of your ailment: but I must be plain with you, and tell you that, in all probability, if your majesty will adhere to my prescriptions, it may be in my power to lengthen out your life for three or four years, but beyond that time nothing in physick can protract it, for the juices of your stomach are all vitiated; your whole mass of blood is corrupted, and your nutriment, for the most part, turns to water. However, if your majesty will forbear making long visits to the Earl of Bradford (where the king was wont to drink very hard) I'll try what can be done to make you live easily, tho' I cannot venture to say I can make you live longer than I have told you.' He then left a recipe behind him, which was so happy in its effects, as to enable the king, not only to make a progress in the western parts of his kingdom, but to go abroad, and divert himself at his palace at Loo, in Holland."

In 1699, the Duke of Gloucester, heir-presump-

tive to the crown, was taken ill; and notwithstanding the antipathy felt by his mother, the Princess of Denmark, to the personal attendance of Radcliffe, he was sent for :—he pronounced the case hopeless, and vented his abuse upon the two other physicians in no measured terms. He told them, "That it would have been happy for this nation, had the first been bred up a basket-maker, (which was his father's profession,) and the last continued making an havock of nouns and pronouns, in the quality of a country schoolmaster, rather than have ventured out of his reach, in the practice of an art which he was an utter stranger to, and for which he ought to have been whipped with one of his own rods."

At the close of this year, the king, on his return from Holland, where he had not very strictly followed the prudent advice given by Radcliffe, being much out of order, sent for him again to the palace at Kensington. In reply to some questions put by the physician, the king, showing his swollen ankles, which formed a striking contrast with the rest of his emaciated body, exclaimed, "Doctor, what think you of these?" "Why truly," said he, "I would not have your majesty's two legs for your three kingdoms."

With this ill-timed jest, though it passed unnoticed at the moment, the professional attendance of Radcliffe at court terminated, nor would the king ever suffer him to come again into his presence, notwithstanding the Earl of Albemarle, who was then the chief favourite, used all his interest to reinstate him in favour. After the death of King William, which soon afterwards took place, an attempt was made to overcome the repugnance which was felt towards Radcliffe by Queen Anne; but her majesty would by no means consent to his coming at that time to court, alleging, in reply to the recommendations of his friends, that he would send her word again that her ailment was nothing else but the vapours. His advice was nevertheless frequently resorted to, on the various occasions of her Majesty's illness, and for his opinions and prescriptions he was most liberally rewarded.

In 1704, at a general collection for propagating the Gospel in foreign parts, Radcliffe, under a borrowed name, and unknown to any member of the society, settled 50*l*. per annum for ever upon them;—and, in the same year, he made a present to the late deprived Bishop of Norwich, of 520*l*., to be distributed amongst the poor nonjuring clergy. The secret of the first act of liberality transpired from the avowal of the trustee who made the annual payment, and who thought the knowledge of it might incite others to similar deeds of charity. The letter which he wrote to the bishop was found amongst the prelate's papers, and ran as follows :—

" Bloomsbury Square, July 24, 1704.

"My Lord,—When I was the last time with you at Hammersmith, you did me the honour to tell me, that I had it in my power to be an assistant to the poor suffering clergy, and that Mr. Shepherd had contributed large sums to that end. No one can be more sensibly touched with their misfortunes than I am; and tho' I have not abilities equal to the gentleman's before named, I

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intend not to fall short of him in my will to do them all possible kind offices. The bills that bear this company will testify my esteem for them; but as gifts of this nature, if made public, carry a shew of ostentation with them, I must be earnest with you, my good Lord, to keep the name of the donor secret. I have nothing more to intreat from you, than the favour of your making choice of the most deserving persons, and believing that I am, with all possible sincerity, my Lord,

"Your Lordship's most obedient

"And most faithful servant,

"JOHN RADCLIFFE.

"Be pleased to limit the number to fifty persons, that they may have 10*l*. per head."

In 1705, he bought an estate in the county of Buckingham, for 12,000*l*. Many acts of liberality and charity are recorded of him about this time; amongst them, a donation of money to Oxford, in the year 1706, towards some public buildings then going on; but his means were now very ample, his fortune amounting, in 1707, to 80,000*l*.

In conversation with Dr. Sprat, Bishop of Rochester, concerning acts of charity, the prelate dwelt upon the satisfaction which well-disposed men feel, in seeing the result of their good deeds in their lifetime, whereas Radcliffe was a strenu ous advocate for *posthumous* benefactions : nevertheless, in a day or two, he addressed the following letter to his Lordship :—

" Bloomsbury Square, May 26, 1707. " My good Lord,-The inclosed bills will sufficiently testify the deference I pay to your Lordship's judgment, and my willingness to contribute towards the relief of persons in distress for conscience-sake. The insupportable tyranny of the Presbyterian clergy in Scotland, over those of the Episcopal persuasion there, does, I hold with your Lordship, make it necessary that some care should be taken of them by us, that are of the same household of faith with them, and by the late act of Union (which I bless God I had no hand in) of the same nation. But, my Lord, I need not tell you, many collections of this nature have been misapply'd, and given to persons in no manner of want, instead of those men in low circumstances, that are real objects of compassion. I cannot be induced to love a Scripture Janus, such as (if I am not very much deceived) is the archbishop of Glasgow, who, I must confess, talks very well; and in our old acquaintance John Dryden's words,

> "Has brought the virtues of his soil along, A smooth behaviour and a fluent tongue;"

but acts very much like the *Primate* these verses were made upon, for I never yet heard that, amidst all his fine harangues to incite the people to exert themselves in the support of the necessitous, this most reverend father in God, notwithstanding he is in circumstances so to do, has ever advanced one shilling to his afflicted brethren, but has always had a share, and that very large, of all sums that have been gathered for their use. My Lord of Edinburgh, Dr. Scott, Mr. Skeen, and others that have been with me, are just objects of every honest man's charity. They have suffered very

much, without any token of despondency, or pusillanimity, in the extremest difficulties. To such as these, I beg of your Lordship, that the money I have drawn for, in the name of *Francis Andrews*, may be distributed, and in such portions as are suitable to their respective characters, and the demands of their families.

" Not that I would prescribe to a judgment so unerring as your Lordship's, in the exercise of an office which you have been always famed for the discharge of, with the greatest exactness; but would remind your Lordship, that there are men in the world, who, by an appearance of sanctity, very often impose upon such as are really possessed of it. The very nature of these charities, considering how obnoxious the gentlemen, whom they are bestowed on, are to the present administration, requires secrecy as to the names of the donors, yet, if it be thought necessary, for the better satisfaction of those whom they are given to, to set them down in a list, with the detail of their respective contributors, it will be an act of friendship in the good Bishop of Rochester, upon many considerations, relating to my employ, and otherwise, to make use of that which I have drawn the bills in, rather than the name of,

> " My good Lord, "Your Lordship's most obedient "And most devoted servant, "JOHN RADCLIFFE.

"N.B. The bills before mentioned are for 300l., and drawn upon Mr. Waldgrave, goldsmith, in Russel Street, Covent Garden." Such solid proofs of genuine and unostentatious benevolence will be allowed to have compensated for many a rude speech : overbearing and hasty in his temper, he possessed at the same time many redeeming qualities; and it should be recollected, in considering his rough conduct towards his professional brethren, that he had been spoiled by an uninterrupted course of successful practice, and that the habits of jovial indulgence, in which he was countenanced by the society of persons of the first quality of that period, would naturally tend to make him less circumspect in his manners and conversation than the decorum of modern days would tolerate.

Notwithstanding these numerous acts of liberality, his professional gains enabled him to purchase various estates; in 1708, he added the manor of Linton to his paternal inheritance in Yorkshire, and bought another in Northamptonshire, of the value of 300*l*. per annum. In the same year he purchased also the perpetual advowson of the living of Headborne-Worthy, in Hampshire, which he bestowed upon Mr. Bingham, Fellow of University College, Oxford, a person of great learning and merit.

The dangerous illness of Prince George of Denmark caused the queen to forget the former discourteous levity of Radcliffe, and he was accordingly once more applied to, and admitted into the royal presence; but his skill proved unavailing, and the prince died of a dropsy, consequent upon an asthma of long standing. On the doctor's arrival in Bath, where the prince was drinking the waters, Pittis says the queen told him, "That no

rewards or favours should be wanting, could he but remove the convulsions she was troubled with, in the cure of those which her dearly beloved husband bore." But Radcliffe, continues his biographer, "who was unused to flatter, instantly gave the queen to understand, that nothing but death could release his Royal Highness from the pangs he was afflicted with; and though it might be a rule amongst surgeons to apply caustics to such as were burned or scalded, it was very irregular among physicians to drive and expel watery humours from the body by draughts of the same element; and that the prince had been so tampered with, that nothing in the art of physic could keep him alive more than six days."-A prediction which was verified.

In 1710, Radcliffe himself was attacked by illness, and on his recovery had thoughts of retiring into the country, as the hurry of business had now become burthensome to him : this intention, however, he was induced to relinquish, at the persuasion of Dr. Sharp, the archbishop of York ; and it so happened, that this worthy prelate was the first patient of distinction who profited by the doctor's advice on his resuming the practice of his profession, as will appear from the following letter :—

"Good Doctor,—I must own, and I do it with great pleasure, that next to the providence of the great God, my recovery is owing to you. But the diligence and concern you have shown in your attendance upon me, is of far less moment than your regard for the preservation of a gentleman\*

\* Dr. Sacheverel, at that time impeached.

thro' whose sides the dignity of the sacerdotal order is wounded. The reasons you give for others to stand by him in the day of trial are very just, and the pains you take in soliciting for his acquittance extremely commendable. He should not have carried things so far; however, since he has, it will be looked upon as an act of uncharitableness in us, that are his brethren, not to endeavour to exhibit him out of the difficulties he has plunged himself into. I must applaud your making interest for bail for him, and think it much better that the Doctors B-s and L-r should be his sureties, than the Duke of B-t and B-m, because they will not be so much the mark of the persons at helm. I fear we shall not have power enough to give a parliamentary sanction to the doctrines he has preached; but, in all-probability, we shall be able to mitigate the punishment some people threaten him with.

"The expenses he must be at in his defence, cannot but be very great, and beyond his abilities; therefore, I altogether approve your designs towards the discharge of them, as a work of the greatest charity, and am,

> " Good Doctor, "Your most obliged friend, " And humble servant,

"JOHN EBOR."

About this time Radcliffe lost one of his most intimate friends and companions, Lord Craven; and as he must have reflected that the death of this nobleman had been accelerated by habits of excess and indulgence, which his physician had, by his

own example, rather contributed to countenance than to check, it is no wonder that the event made a great impression upon his spirits. He suddenly became more grave and thoughtful; and expressed his feelings in this letter to their common friend, the Duke of Beaufort.

"My dear Duke,-You will doubtless be very much surprised and grieved at the death of one of your most intimate acquaintances, which makes me wish that some other hand had eased mine of a task that renews my affliction, at the same time it gives birth to yours. But since it may be expected from me, as the physician of the deceased, to give you the circumstances of my poor Lord Craven's sickness and untimely end, your Grace will have the goodness to be made apprized of them after this manner. His lordship, from a particular freedom of living, which he took and always indulged himself in, had contracted an obeseness of body, that through want of exercise made him entirely averse to it. This disposition bred an ill habit of body in him, from whence proceeded dropsical symptoms, which I endeavoured to prevent the effects of, by proper remedies. Nor could they have proved unsuccessful, had his lordship been of a less hospitable temper, or the nobility and gentry been less taken with the sweetness of his conversation and affability of his deportment. Alas! I tremble for your Grace, when I consider that all these good qualities, that were so eminent and conspicuous in my dear breathless lord, occasioned the very loss of them, for other noblemen's imitation; for by these engaging, these attractive,

and alluring virtues, the best, good-natured companion that ever lived, is lost, for ever lost, to all our hopes and wishes, and had it not in his power to abstain from what was his infelicity, while it was thought to be his comfort.

"Poor William, Lord Craven! How did I flatter myself with the uninterrupted enjoyment of his inviolate and unalterable friendship, during the residue of those few years of life that are allotted for me! How have I dwelled upon the contemplation of his future acts of affection, loyalty, and beneficence to the church, the state, and the commonwealth, when I should be laid low in the earth, and be devoid of means to see and admire 'em ! And yet, how have I been deceived in surviving that dear, that agreeable person, whose death I ardently desired, for the sake of posterity, to be long, long preceded by my demise.

"Your Grace will pardon me this one soliloquy in remembrance of a loss that is in common to all who had the honour of his acquaintance, or who might have received benefit by his example. And give me leave to tell you, that next to yourself and my good Lord of Denbigh, there is no one whose welfare I had more at heart than his lordship's.

"What is incumbent upon me, is to request of your Grace to take care of a life so important as yours is, in this dearth of great and valuable men; and to assure you, that while you consult the preservation of your health, by letting the exercises of the field share with the pleasures of the bottle, in so doing, your Grace will not only give length of days to that which is mortal in your own earthly fabrick, but for some small time longer

prevent the return of that frail tenement of clay to its first origin, which as yet continues to be dragged on, by,

" My dear Duke, "Your Grace's most obliged " And faithful servant, " JOHN RADCLIFFE."

Two years after the date of this letter the Duke of Beaufort was taken ill of the small-pox; and the manner in which Radcliffe treated both the disease and the friends of the patient is thus given by Pittis.—"The doctor was sent for, and found his Grace's window-shutters closed up in such a manner, by the old lady dutchess his grandmother's order, that not a breath of air could come into the room, which almost deprived the duke of the very means of respiration. This method had been observed by the physicians, in her Grace's youthful days; and this she was resolved to abide by, as the most proper in this conjuncture, being fearful that her grandson might otherwise catch cold, and by the means of it, lose a life that was so precious to her and the whole nation. She had also taken a resolution to give her attendance upon the duke in person, during his sickness, and was in the most violent consternation and passion imaginable when Dr. Radcliffe, at his first visit, ordered the curtains of the bed to be drawn open, and the light to be let in as usual into his bed-room. 'How, said the dutchess, have you a mind to kill my grandson? Is this the tenderness and affection you have always expressed for his person? 'Tis most certain his grandfather and I were used after another manner; nor shall he be treated otherwise than we were, since we recovered, and lived to a great age, without any such dangerous experiments.' 'All this may be,' replied the doctor with his wonted plainness and sincerity; 'but I must be free with your Grace, and tell you, that unless you will give me your word that you'll instantly go home to Chelsea and leave the duke wholly to my care, I shall not stir one foot for him : which if you will do, without intermeddling with your unnecessary advice, my life for his that he never miscarries, but will be at liberty to pay you a visit in a month's time.' When at last, with abundance of difficulty, that great lady was persuaded to acquiesce, and give way to the entreaties of the duke and other noble relations, and had the satisfaction to see her grandson, in the time limited, at Chelsea, restored to perfect health: insomuch that she had such an implicit belief of the doctor's skill afterwards, that though she was in the 85th year of her age at that very time, she declared that it was her opinion she should never die while he lived, it being in his power to give length to her days by his neverfailing medicines."

During the stay of Prince Eugene in England, which took place in this year, he condescended to accept an invitation to dine with Radcliffe, who is said to have treated his princely guest after the fashion of true old English hospitality: instead of the ragouts and other French dishes with which the nobility had entertained him, the doctor ordered his own table to be covered with barons of beef, legs of mutton and pork, and other substantial British viands, and directed some strong beer, seven years old, to be served round to the company,

in addition to foreign wines. The prince was so pleased with this national repast, that on taking his leave, he addressed Radcliffe in French to the following effect:—"Doctor, I have been fed at other tables like a courtier, but received at yours as a soldier, for which I am highly indebted to you, since I must tell you that I am more ambitious of being called by the latter appellation than the former. Nor can I wonder at the bravery of the British nation, that has such food and liquors of their own growth as what you have this day given us a proof of."

In the following year (1713) he was elected Member of Parliament for the town of Buckingham, and began now to retire from practice, recommending Dr. Mead to his patients. During his short sitting in the House, he is recorded to have made two speeches—one in favour of the malt-tax bill, the other in support of the bill to prevent the growth of schism. The first began in this manner:—

"Mr. Speaker—I am sensible, that tho' I am an old man, I am but a young member, and therefore should defer speaking till my betters have delivered their sentiments; but young and old are obliged to shew their duty to their country, which I look upon with the eyes of a son to his parent. Crassus's son, that was tongue-tied, spoke when his father was in danger; and I, who otherwise should have no relish for speech-making, do the same upon the same motive," &c. &c.

On the 28th of July, 1714, Queen Anne was seized with the sickness which terminated her life. Radcliffe was at that time not in London, but

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confined by a fit of the gout at his house at Carshalton, in Surrey: notwithstanding, his enemies accused him of refusing to give his professional advice in the case of his sovereign; and a Member of Parliament went even so far as to move, on the 5th of August, four days after the death of the queen, that Radcliffe should be summoned to attend in his place, in order to be censured for not waiting upon her majesty in her last extremities. Upon this occasion he wrote the following letter to a friend.

# " Carshalton, Aug. 7, 1714.

"Dear Sir—I could not have thought so old an acquaintance, and so good a friend, as Sir John always professed himself, would have made such a motion against me. God knows, my will to do her majesty any service has ever got the start of my ability, and I have nothing that gives me greater anxiety and trouble than the death of that great and glorious princess. I must do that justice to the physicians that attended her in her illness, from a sight of the method that was taken for her preservation, transmitted me by Dr. Mead, as to declare nothing was omitted for her preservation; but the people about her (the plagues of Egypt fall on them !) put it out of the power of physick to be of any benefit to her. I know the nature of attending crowned heads in their last moments too well, to be fond of waiting upon them without being sent for by a proper authority .- You have heard of pardons being sign'd for physicians, before a sovereign's demise .- However, as ill as I was, I wou'd have went to the queen in a horse-litter,

had either her majesty, or those in commission next her, commanded me so to do. You may tell Sir John as much, and assure him from me, that his zeal for her majesty will not excuse his ill-usage of a friend who has drank many a hundred bottles with him, and cannot, even after this breach of a good understanding, that ever was preserved between us, but have a very good esteem for him. I must also desire you to thank Tom Chapman for his speech in my behalf, since I hear it is the first he ever made, which is taken the more kindly; and to acquaint him, that I shall be glad to see him at Carshalton, since I fear (for so the gout tells me) that we shall never sit any more in the House of Commons together.

> I am, dear Sir, "Yours with the greatest friendship "And observance, "JOHN RADCLIFFE."

The tide of popular feeling was, however, against him; and he was not without some apprehension of suffering even personal violence, in case he ventured out, as will appear from this letter, addressed to his friend Dr. Mead, at Child's Coffeehouse, in St. Paul's Churchyard.

# " Carshalton, Aug. 3, 1714.

"Dear Sir—I give you and your brother many thanks for the favour you intend me to-morrow, and if there is any other friend that will be agreeable to you, he shall meet with a hearty welcome from me. Dinner shall be on the table by two, when you may be sure to find me ready to wait on L 2 you; nor shall I be at any other time from home, because I have received several letters that threaten me with being pulled to pieces, if ever I come to London. After such menaces as these, it is easy to imagine that the conversation of two such very good friends is not only extremely desirable, but the enjoyment of it will be a great happiness and satisfaction to him who is,

"Dear Sir,

"Your most obliged

"Humble servant,

"Past four in the afternoon."

"JOHN RADCLIFFE.

Radcliffe survived only a few months the date of this letter, dying on the 1st Nov. 1714, in the 65th year of his age, and falling, according to his earliest biographer, "a victim to the ingratitude of a thankless world, and the fury of the gout."

By his will he left his Yorkshire estate to the Master and Fellows of University College for ever, in trust for the foundation of two travelling fellowships; the overplus to be paid to them, for the purpose of buying perpetual advowsons for the members of the said college. The choice of the two fellows was vested in the Archbishop of Canterbury, the Lord Chancellor, the Chancellor of the University of Oxford, the Bishops of London and Winchester, the two principal Secretaries of State, the Lord Chief Justices of the King's Bench and Common Pleas, and the Master of the Rolls-all for the time being. To St. Bartholomew's Hospital he gave, for ever, the yearly sum of 500%, towards mending their diet, and the further yearly sum of 1001. for buying of linen: 50001. for the

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enlargement of the building of University College, Oxford; 40,000*l*. for the building of a library at Oxford; and when the library should be built, 150*l*. per annum to the librarian, and 100*l*. per annum, for ever, for buying books. After the payment of these bequests, and some legacies to various individuals mentioned in the will, he gave to his executors, in trust, all his estates in Buckinghamshire, Yorkshire, Northamptonshire, and Surrey, to be applied to such charitable purposes as they all, in their discretion, should think best; but no part thereof to their own use or benefit.\*

Besides the Radcliffe Library, which was finished and opened in 1749, the Observatory and public Infirmary at Oxford were built from these funds, the faithful and enlightened guardians of which have ever been found ready to contribute, according to their means, to every charitable and useful purpose. In 1825, they gave 2000*l*. towards building the present College of Physicians; and, towards defraying the expenses of the erection and completion of the Oxford Lunatic Asylum, opened in 1827, they subscribed by four donations, at different periods of that work, the sum of 2700*l*. —the ends and purposes of which establishment seemed to accord with, and bear an affinity to, those of the Radcliffe Infirmary.

\* The first trustees were the Right Hon. William Bromley, Principal Secretary of State, Sir George Beaumont, Bart., Thomas Sclater, of Gray's Inn, Esq., and Anthony Keck, of Fleet-street, Gentleman. The present trustees are, Lord Sidmouth, Mr. Cartwright, M.P. for Northamptonshire, Mr. Ashurst, M.P. for Oxfordshire, Sir R. Peel, and Mr. Charles Bathurst. When any vacancy occurs, it is filled up by the remaining trustees electing another. Radcliffe's body lay in state at the house where he died, till the 27th of November; it was then removed to an undertaker's in the Strand, and thence escorted to his favourite city, Oxford.

The following is the programme of the ceremony to be observed at his funeral.

"At a General Meeting of the Vice-Chancellor, Heads of Houses, and Proctors of the University of Oxford, at the Apodyterium (Vestry) of the Convocation-House, on Saturday, Novr. 27, 1714,

"For the more solemn performance of the funeral rites of the late Worshipful Doctor John Radcliffe, our most munificent benefactor, it is agreed and ordered as follows:

"I. That upon ringing St. Mary's great bell on Wednesday next, at one of the clock in the afternoon, all members of the Convocation do repair to the publick schools, in their common gowns and caps, there, together with the vice-chancellor and proctors, to receive the corpse at the great gate, and to attend the same to the Divinity School, where it is to be deposited, and to lie for public view till eleven of the clock on Friday morning.

"II. That on Friday, at twelve of the clock, upon tolling St. Mary's great bell, all members of the Convocation aforesaid, (as also the noblemen,) do meet in the Convocation House, in such their several habits and hoods as are usually worn at the holding a Convocation; there to abide in their proper seats, whilst the public orator makes a Latin oration over the body, which on that occa-

sion is to be removed thither, and whilst other proper ceremonies are performing.

"III. That from thence, all the company doattend the body by Brazen-Nose, Lincoln, Exeter, and Jesus Colleges, to North-Gate, and so by Carfax to St. Mary's Church; where, all persons being seated in their proper places, and the burial service being begun by Mr. Vice-Chancellor, after the lesson, a funeral anthem is to be sung by the choir; and when that is ended, and the corpse brought to the grave, the orator is to make another short speech, after which, the remaining part of the burial office being performed, every one is quietly to depart home.

"IV. That a Convocation be held, in which the benefactions of Dr. Radcliffe being first declared, a proposal shall be made to the house for a decree to enrol the Doctor's name in the registry of the public benefactors of the University, for conferring honorary degrees, and for giving all other possible testimonies of our grateful regard to the testimony of the deceased.

"V. All Bachelors of Arts and Under-graduates are hereby strictly commanded to behave themselves in a manner suitable to so solemn an occasion. And all persons whatsoever are enjoined, upon the severest penalties, not to tear off the escutcheons, or to make any disturbance in the Church, the Divinity School, or in any part of the procession. And all Magistrates are to take care that no disorder may happen through the whole course of the solemnity, or, at least, that no offender may go unpunished.

"BERN. GARDINER, Vice-Chancellor.

"All Colleges and Halls are desired to toll a bell from twelve of the clock on Wednesday, and from twelve of the clock on Friday, till the great bell of St. Mary's ceases on each day."

A few years ago, about 1820, the situation of his grave in St. Mary's Church was not very precisely known; but on opening one near the supposed spot, a brick grave was discovered, which proved to be that of Radcliffe, by the evidence of a gold coffin-plate; the simple inscription of which was forthwith copied, and engraved on the marble pavement-stone immediately over the place.

#### JOHN RADCLIFFE M. D.

# DIED NOV<sup>R</sup>. THE I<sup>ST</sup>. 1714,

### IN THE 65<sup>th</sup>. YEAR

#### OF HIS AGE.

But where, and of whom, can it be said with so much propriety as of Radcliffe, in the classical city of Oxford, embellished, as it is, with buildings that bear his name—

### Si monumentum requiris, circumspice?

In the course of this memoir many instances have been given to show that Radcliffe was bold, rude, and frequently wanting in the common courtesies of life, particularly towards his professional brethren, with whom he was always waging war. This trait of his character was happily ridiculed in the "Map of Diseases," given by Martin Scriblerus, which was "thicker set with towns than any Flanders' map;" for there Radcliffe was painted at the corner, contending for the universal

empire of this world, and the rest of the physicians opposing his ambitious designs, with a project of a treaty of partition to settle peace.

With such a disposition, one cannot be surprised that his fame and success raised him up many envious rivals, who were unwilling to give him any other praise than that of an active, ingenious, adventuring empiric, whom constant practice had brought at length to some skill in his profession. On the other hand, he has been represented by Dr. Mead, who knew him well, and was a most competent judge of his merits, "to have been deservedly at the head of his profession, on account of his great medical penetration and experience."

Richardson relates of him that he once said to Dr. Mead, "I love you, and now I will tell you a sure secret to make your fortune; use all mankind ill,"-and it certainly was his own practice. Radcliffe himself owned that he was avaricious, even to spunging (whenever he could contrive to do it), at a tavern reckoning, a sixpence or shilling among the rest of the company, under pretence of hating (as he ever did) to change a guinea, because (said he) it slips away so fast. He would never be brought to pay bills without much following and importunity; nor even then, if there appeared any chance of wearying out his creditors. A pavier, after long and fruitless attempts, caught him just getting out of his chariot at his own door, in Bloomsbury Square, and set upon him. "Why you rascal," said the doctor, "do you pretend to be paid for such a piece of work? why, you have spoiled my pavement, and then covered it over with earth to hide your bad

work." "Doctor," said the pavier, "mine is not the only bad work that the earth hides." "You dog, you," said Radcliffe, "are you a wit? you must be poor—come in;" and paid him.

If this fondness for money be truly imputed to him, it must, at the same time, be admitted by all, that

> -though he were unsatisfied in getting (Which was a sin) yet in bestowing-He was most princely.

# MEAD.

RICHARD MEAD was born at Stepney, near London, on the 11th of August, 1673. His father, Matthew Mead, a name still eminent amongst divines, had been one of the two ministers of that parish, but had been ejected for non-conformity, in the second year after the restoration of Charles the Second. This circumstance did not prevent him from continuing to preach there before a numerous congregation of dissenters, until his demise in 1699. His fortune was considerable, and he bestowed a liberal education on a progeny of thirteen children, of whom Richard was the eleventh. A private tutor was maintained in his house until the violent measures of 1683 scattered this little seminary abroad. King Charles was resolved to wreak his revenge on those whom he could not make proselytes to his principles, or to his want of principle; the aged minister of Stepney was accordingly accused of being privy to some designs against the government, and, as a non-conformist could not trust to the consciousness of innocence, he committed the chance of safety to flight. Having placed Richard at a good school, he departed for Holland. The boy distinguished himself early by his attainments in the Greek and Latin languages, and was sent to complete his studies at Utrecht, at the age of sixteen. The

eminent Grævius was here his preceptor; and after a residence of three years, being resolved to dedicate himself to medicine, he bent his steps to Leyden. Pitcairn was the professor of the practice of medicine at this university, and his young pupil managed to unlock his usual reserve so far, as even to obtain from him several valuable hints, of which he afterwards availed himself in his writings, but never without an acknowledgment of their origin.

When his medical education was accomplished, he travelled in various parts of Europe, and particularly in Italy, in company with his eldest brother, with David Polhill, Esq., and with Dr. Pellet, who subsequently became president of the London College of Physicians. He appears to have employed this opportunity to great advantage; and at Padua took the degree of doctor. He returned home in 1696, and commenced the practice of his profession in the house where he had first seen the During some years of residence at Stepney, light. he succeeded in establishing his reputation. In 1701 he published his "Mechanical Account of Poisons," on which he had been some time employed. He deserves particular notice, as having been one of the early votaries of experimental physiology: no small degree of courage was necessary for the path which he had chosen. He handled vipers, provoked them, and encouraged them to seize hold of hard bodies, on which he imagined that he could collect their venom in all its force. Having obtained the matter, he conveyed it into the veins of living animals, mixed it with human blood, and even ventured to taste it,

in order to establish the utility of sucking the wounds inflicted by serpents. He laboured to discover a specific for the cure of hydrophobia, and has only added his great name to the long catalogue of failures. He alludes to the investigation of some chemical substances, whose publication might have been injurious to society; this was neither a vain insinuation, nor a groundless fear, in the age in which Mead lived, when secret poisoning had attained a fatal perfection in some parts of Europe, and when the infant state of chemical science had not yet revealed the numerous . tests which we now possess for detecting the presence of poison. Whatever may be the merit of these Essays, their author afforded a noble instance of candour, when, forty years afterwards, he retraced, in a second edition, not a few of his former opinions, acknowledging, that "in some facts he had been mistaken, and in some conclusions too precipitate." In his younger days he had believed that he could account, mechanically, for the effects of several poisons, by their mixture with the blood; but, improved by age and experience, he became convinced, that, in all living creatures, a matter infinitely more subtile, exists, over which poisons possess a real, although inexplicable, power.

His second work attempted to illustrate the Influence of the Sun and Moon upon Human Bodies; but, as the Journal des Sçavans of the time says, "the particular merit of this book is, that, independently of the system, we find it filled with a number of observations of great importance in the practice of medicine."

In his travels through Italy he had met with the letter of Bonomo, which contains an Account of the cutaneous Worms which generate the Itch. Mead presented an analysis of Bonomo's researches to the Royal Society. He was elected a fellow, and two years afterwards, placed on the council, of which he continued a member from 1707 till his death. Sir Isaac Newton appointed him, in 1717, one of the vice-presidents. In 1703, Mead was chosen physician of St. Thomas's Hospital, and, about the same time, was appointed by the company of Surgeons to read the anatomical lectures in their hall, which he continued to do during six or seven years with much credit. Mead has thus the honour of forming one link in that chain of physicians who, down to the resignation of Baillie, were almost the sole teachers of anatomy in this country. The University of Oxford conferred the doctorate on him in 1707, and in 1716 he was admitted a fellow of the College of Physicians. He was one of the censors of that body in 1716, 1719, and 1724, but declined to accept the office of President, which was offered to him in 1744. George the Second, who had employed him in his family whilst Prince of Wales, appointed him his own physician, on succeeding to the throne in 1727. Mead was now fast approaching the summit of his fortune: Radcliffe took particular pleasure in promoting the interests of an individual whose character was totally opposite to his own, and towards whom, perhaps, from that very contrast, he felt an attraction. Into whatever favourable situations Radcliffe may have promoted

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Mead, it is certain, that his amiable manners and fine accomplishments would enable him firmly to maintain his place. On the death of his protector, Mead moved into his house in Bloomsbury Square, and resigned the hospital.

Two days before the demise of Queen Anne, Mead was called to a trying situation,-to consult at the bedside of a dying sovereign. He possessed, however, not merely the professional knowledge, but also the intimacy with society, and the ready tact which the emergency demanded. Some in such situations find a protection in reserve, but Mead, either more penetrating or more decided than the other attendants on her majesty, no sooner was admitted to her presence, than he declared that she could not long survive. Finding it difficult to obtain assent, he intimated that it would be sufficient to send to Hanover an account of the symptoms, from which the physicians attached to that court would at once perceive, that before the detail reached them, the subject of it must have ceased to exist.

Mead had frequently perceived the efficacy of purgatives in preventing or diminishing the secondary fever, in cases of confluent small-pox, and in 1747 he printed his "Treatise on the Small-Pox and Measles," in Latin. The purity and elegance of style exhibited in this work have attracted the admiration of scholars. He subjoined a "Translation from Rhazes," in order to show the conformity existing between the practice of the Arabians and that recommended by Sydenham and Freind. Boerhaave, with whom Mead had kept up a constant correspondence, supplied him with the only remaining Arabic manuscript of the Essay of Rhazes, which is preserved at Leyden. Mead had been long before instrumental in promoting inoculation for the small-pox. The Prince of Wales desired him, in 1721, to superintend the inoculation of some condemned criminals, intending afterwards to encourage the practice, by employing it in his own family: the experiment amply succeeded, and the individuals on whom it was made recovered their liberty.

When the terrible plague which ravaged Marseilles communicated a dread of its recurrence in England, the question of contagion was warmly agitated. The majority of the French physicians discredited its contagious origin, and the interests of commerce in our own country favoured the negative view. On the other hand, the risk of neglecting to guard against the deadly invader, induced the government to apply to Mead for advice on the occasion. After a careful examination of the subject he declared his opinion that the plague is a contagious distemper,-and a quarantine was accordingly enjoined. In his Short Discourse concerning Pestilential Contagion, and the methods to be used to prevent it, he has given ample directions for the system of Medical Police which ought to be enforced in case of the actual occurrence of the plague,-a calamity from which we have happily escaped. This tract excited so much interest at a period of alarm, that it passed through seven editions in one year.

Without the interposition of Dr. Mead, there is reason to believe that the invention of Sutton for expelling the foul and corrupted air from ships

and other close and confined places, would have shared the same fate with many other useful discoveries, which ignorance, jealousy, and often private interest, have stifled in their birth. But fortunately, our illustrious patron of science, being at first sight convinced of the advantages of his method, was determined to procure time and patience for a scheme of whose ultimate success he was confident: accordingly he engaged the Lords of the Admiralty to order a trial of the new machine to be made, at which he himself assisted with them, and with several fellows of the Royal Society, whom he had interested in the cause : he presented a memorial to that learned body, in which he demonstrated its simplicity and efficacy; and also procured a model of it to be made in copper, which he deposited in their museum. At last, after a ten years' tedious solicitation, he obtained from the Lords of the Admiralty an order to Mr. Sutton to provide all the ships of his Majesty's navy with this useful machine. We believe that it has been since superseded by more recent inventions.

Mead gradually felt that disposition to retire from the giddy whirl of professional routine which usually induces the wise to snatch, if possible, a short interval of repose and retrospection between the infirmities of age and the parting moments of existence. This period he partly occupied in the composition of his *Medica Sacra*, or Commentary on the more remarkable diseases of which mention is made in the Bible; in which it was his object to reconcile the knowledge derived from actual observation with the features of malady which are there delineated. He is of opinion that the de-

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moniacs were lunatics and epileptics. The most important of all his works was also the fruit of those hours of leisure-his Medical Precepts and Cautions, in which he has frankly delivered the result of his extensive experience, and of his mature reflection He concludes the work with some able remarks on the preservation of bodily and mental health, which derive additional weight as the last words of an octogenarian. Compared with similar productions of its epoch, this book stands high on the ground of judgment and of taste; it is generally free from the superstitious polypharmacy which defaces many of its contemporaries, and from the diffuseness and verbiage which the fashion of the time abused into the multiplication of bulky volumes. It is highly valuable as a compendious and elegant specimen of the doctrines and practice of the first half of the last century. Such were the employments of his latter years : the advancement of physical science, and an explanation of some of the difficulties which casually present themselves to the student of that nobler study which pursues immortality :-- " how worthy," to use the words of one of this numerous biographers, "is that man to have lived, who dies thus occupied !"

After the most brilliant eareer of professional and literary reputation, of personal honour, of wealth, and of notoriety, which ever fell in combination to the lot of any medical man in any age or country, Mead took to the bed from which he was to rise no more, on the 11th of February, and expired on the 16th of the same month, 1754. His death was unaccompanied by any visible signs of pain.

In practice he had been absolutely without a rival; his average receipts had, during several years, amounted to between six and seven thousand pounds, an enormous sum in relation to the value of money at that period. So great was the anxiety to obtain his opinion, that he daily repaired to a coffeehouse in the city, and to another at the west end of the metropolis, to inspect written or to receive oral statements from the apothecaries, and to deliver his decision. His charity and his hospitality were unbounded; the epithet "princely" has often been applied to him on this head, but he has truly left an example which men of all ranks may be proud to imitate according to their means; these qualities in Mead were not the result of the accident which exalts or limits our means, but were the spontaneous expression of his heart. His gratuitous advice was ever open, not merely to the indigent, but also to the clergy, and to all men of learning; and he devoted his emoluments to the patronage of literature and of the fine arts in a manner that requires a more distinct mention.

Radcliffe was a worthy predecessor of Mead in the magnificent use which he made of his fortune. We may safely challenge any country to produce two individuals of the same profession, and flourishing at the same period, who have with equal generosity applied their revenue to the promotion of science and of erudition, and to the relief of misery. But Mead excelled all the nobility of his age and country in the encouragement which he afforded to the fine arts, and to the study of antiquity. Considered merely in the light of a patron, he would remain perhaps the most conspicuous example of that character which biography has celebrated; but when to his exertions in that difficult and often thankless career are added the most eminent medical practice of his time, consummate acquirements, and literary labours important to the healing art,—we shall find it difficult to select his equal among the annals of any period. Those excellent traits do not, however, complete his portrait; a noble frankness, suavity of manners, moderation in the estimate of his own merit, and a cordial acknowledgment of the deserts of his contemporaries; liberality, not merely of purse, but also of sentiment, must be drawn in order to finish the likeness.

In some respects his position in society resembled that which Sir Joseph Banks so long occupied to the honour of his country; but circumstances and natural genius had conspired to endow Mead with a more delicate and refined taste and a more comprehensive range of perception and of knowledge. Justly is it to be regretted that so few among the many opulent and gifted individuals who adorn our times, have been disposed or enabled to imitate the example which these two illustrious persons have bequeathed to posterity. Mead possessed in an extreme degree the taste for collecting ; but his books, his statues, his medals, were not at all confined to ornament a secluded apartment, or to amuse only his own leisure; the humble student, the unrecommended foreigner, the poor inquirer, derived almost as much enjoyment from these unburied treasures as their ingenious owner.\* In his spacious mansion, in Great Or-\* Sir Hans Sloane, we may digress to enumerate as another of mond-street, he had built a gallery, which only his opulence and taste could have filled. The printed catalogue of his library contains 6592 separate numbers; the most rare and ancient works were to be found there : Oriental, Greek, and Latin manuscripts formed no inconsiderable part. His collection of statues, coins, gems, prints, and drawings, will, probably, remain for ever unrivalled amongst private amateurs. His pictures alone were sold, at his death, for 3400*l*. Ingenious men sought in his house the best aid for their undertakings, and in the owner their most enlightened, as well as most liberal patron. He constantly kept in his pay several scholars and artists, who laboured, at his expense, for the benefit of the public.

His correspondence extended to all the principal literati of Europe. They consulted him, and sent him curious presents, but in such acts he was

those physicians who, not satisfied with a life of liberality, have considered, in their last moments, in what manner they might render themselves most beneficial to posterity. The foundation of the British museum was the immediate result of his will, in which he directs, that, after his decease (which occurred in 1753) the whole of his museum of natural and artificial curiosities, which had cost him fifty thousand pounds, should be offered to Parliament for the moderate sum of twenty thousand pounds, to be paid to his family. The contents of his collection were very various, and consisted of a library of 50,000 volumes, of 23,000 medals and coins, of anatomical preparations, specimens of natural history, and a variety of other objects, whose particulars were entered in a catalogue, comprising thirty-eight volumes folio, and eight volumes quarto : such was the origin of the British Museum, which was opened in 1759. Thirty years before his death, Sloane had presented to the company of Apothecaries his botanical gardens at Chelsea; and they have erected a statue of the founder in front of the greenhouse.

more frequently the creditor than the debtor. The King of Naples sent to request of him a complete collection of his treatises, and, in return, gave him the great work, which he was then encouraging, on the antiquities of Herculaneum; a compliment not the less flattering from an accompanying invitation to Mead to visit him at his palace. At his table might be seen the most eminent men of the age, both natives and foreigners; and he was often the only individual present who was acquainted with all their different languages. Pope was a ready guest, and the delicate poet was always sure to be regaled with his favourite dish of sweetbreads. Politics formed no bar of separation : Mead was a zealous Whig; but the celebrated physicians Garth, Arbuthnot, and Freind, were not the less his intimate associates, because they were Tories. Towards the learned Freind he displayed a remarkable instance of disinterestedness. Freind was a member of parliament, (a distinction which we should gladly find more frequent in the history of medical men,) and was sent to the Tower for some supposed political offence. While in confinement, he commenced that precious History of Medicine which has transmitted his name to posterity. Mead frequently visited him, attended his patients in his absence, employed the warmest solicitations with Sir Robert Walpole for his release, and when he had procured his liberation, presented him with a very large sum, which he had received from the clients of his brother practitioner. The good of mankind, and the honour of his country, were two of his ruling principles. He persuaded the wealthy

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citizen, Guy, to bequeath his fortune towards the foundation of the noble hospital which has honourably consecrated his name.

Mead was twice married: by his first wife, Ruth Marsh, he had eight children. One of his daughters was married to Sir Edward Wilmot, Bart., an eminent physician, who enjoyed the particular favour of George the Second and Third ; another became the wife of Dr. Frank Nicholls, who was the most distinguished anatomical teacher of his time, and was the inventor of corroded anatomical preparations : he was likewise physician to the king. Mead's second wife was Anne, the daughter of Sir Rowland Alston, Bart. Although his receipts were so considerable, and although two large fortunes were bequeathed to him, his benevolence, public spirit, and splendid mode of living, prevented him from leaving great wealth to his family. The physician, who was the Mecænas of his day, whose mansion was a grand museum, who kept a second table for his humbler dependents, and who was driven to his country house, near Windsor, by six horses, was not likely to amass wealth,-but he did better -he acted according to his conviction, that what he had gained from the public could not be more worthily bestowed than in the advancement of the public mind; and he truly fulfilled the inscription which he had chosen for his motto:

Non sibi sed toti.

# HUXHAM.

THE writings of John Huxham have obtained far more notoriety than the incidents of his life, of which scarcely any traits remain. He was the son of a butcher at Halberton, in Devonshire. In early life he appears to have displayed a strong bent towards medical pursuits, which he cultivated with much ardour at Leyden, a university very high in reputation at the period of his studies, and of which he became one of the most eminent graduates. Plymouth was the scene of his professional career, where he finally acquired extensive practice, and realized a considerable fortune. He early obtained entrance into the Royal Society, and communicated several papers on pathology and morbid anatomy, which are printed in the Philosophical Transactions.

Huxham deserves particular honour as being one among those physicians who returned first to the path of observation, and who made nature their especial object of study and reflection, instead of blindly commenting on the dreams of their predecessors. It was not that he despised the knowledge to be gathered from books, or the fruits of former experience; on the contrary he was profoundly versed in the ancient writers, was thoroughly imbued in particular with the works of Hippocrates, and composed in the Latin language with much fluency. But he perceived that the master, who was the object of his veneration, had derived his light from a careful and minute inspection into the regions of disease, and in this respect he sedulously imitated his example with a success which few have had the perseverance to attain. He paid an earnest attention to the fluctuations of the seasons, to the changes of weather, and to their influence on the production of disease. This was the field which Huxham chiefly cultivated,-an obstinate and difficult soil, demanding constant attention, and vigilant patience, and most slow in the rewards which it yields to the labourer. In the two volumes of his Observationes de Aere et Morbis Epidemicis, he has detailed the results of a register kept at Plymouth during nearly thirty years (from 1724 to 1752). A third volume was edited after his death, which occurred at Plymouth, in 1768. This supplementary volume was published in 1770, by his son; and it is much to be regretted that this gentleman, who was also a Fellow of the Royal Society, did not enrich the work by some records of that father, who has stamped a lasting, although modest celebrity on the name of Huxham. His Treatise on Fever has become the most popular of his works; it appeared in 1750, and was rapidly translated into German and French. His French biographer (1822) eulogizes it in terms which will not find universal assent in this country; he asserts that it is infinitely superior to the various Treatises on Fever which have been subsequently published in England, without excepting that of Cullen. This preference seems to be founded on his having

assigned an inflammatory cause to the greater part of fevers; or, in other words, on his having approximated in principle to the school of Broussais. The German historian of medicine, Sprengel, more temperately ranks his work as the best which appeared on that subject during the first half of the eighteenth century. His discrimination and description of the slow nervous fever form one of its most remarkable features. A singular distinction befell Huxham in consequence of this production. The Queen of Portugal was attacked with fever and was reduced to the last extremity, in spite of the exertions of the physicians of her country. The king at length summoned the physician attached to the British factory. This gentleman declared that he entertained some hope of her recovery, but stipulated on her being resigned to his sole discretion. Under his treatment the disorder soon took a favourable turn, and her majesty rapidly convalesced. On being complimented at this successful issue, the physician replied that his only merit consisted in the application of doctrines which he had learned from the work of Huxham. The king immediately procured a translation of it to be made into the Portuguese language, which was published in a handsome quarto, and was transmitted by him to Huxham in a rich form.

Huxham was also the author of Observations on Antimony, in 1756. An antimonial wine was formerly sold under his name, and a tincture of bark still bears it. His theory and practice were considerably influenced by the old humoral pathology, but he was not a blind partisan. He differs from many practitioners of his age in the

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paucity of prescriptions scattered through his works, and indeed lays it down, that the physician who knows a disease, cannot be at a loss respecting the form of his remedy; an opinion in which we cannot implicitly defer to his authority. His works have always been popular in Germany and France. They were collected by Reichel, and published in three volumes octavo, at Vienna, in 1773. We believe that a new edition of them will shortly appear at Leipsic, as a portion of the Collected Latin Medical Classics, an enterprise which reflects honour on Germany-since the exhibition of such respect to the great observers of former times does not at all interfere with the pursuit of modern improvements, but is highly useful in tending to correct the prejudice, which flatters itself that every new case is a discovery.

# PRINGLE.

BOTH the families from which this physician descended are of ancient and honourable standing in the south of Scotland. His father was Sir John Pringle, Bart., of Stichell, and his mother was sister to Sir Gilbert Elliott, of Stobs, who also enjoyed the same rank.

He was born in 1707, at Stichell House, in the county of Roxburgh, and after an early education by a private tutor under his father's roof, was removed to the University of St. Andrews. After a residence here of some years, he went to Edinburgh, in 1727, with the view of studying physic, the profession which he was now resolved to follow. Another account supposes, that after he had studied at Edinburgh, he was intended for commerce, and was sent to Amsterdam to further that object; and that, while in Holland, his mind received an accidental direction towards medicine from hearing a lecture, at Leyden, delivered by Boerhaave, which made a particular impression on his mind. It appears certain that he remained only one year at Edinburgh, and then hastened to avail himself at Leyden of the closing labours of the illustrious Boerhaave, who was then considerably advanced in years, and whom a longer delay might have finally precluded him from hearing: nor were the instructions of that great master

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scattered on a barren soil. During his studies, which were most diligent, he formed an intimate friendship with Van Swieten, who ultimately acquired at Vienna, and, indeed, throughout Europe, a reputation of equal lustre. In 1730, his graduation was accompanied by a thesis "De Marcore Senili," and his diploma was signed, among other professors, by Boerhaave, Albinus, and Gravesande.

Pringle now settled in Edinburgh, and even in the early part of his career obtained universal esteem. These are not mere words of course, since we find him appointed in 1734, to be joint Professor of Moral Philosophy, with the right of succession on the death of his senior. His text book, in discharging this new employment, was Puffendorff's treatise *De Officio Hominis et Civis;* but he continually recommended to his pupils the works of Bacon, and particularly the *Novum Organon*. He annually delivered several lectures on the Immateriality and Immortality of the Soul.

That a young physician should commence his practice by becoming a professor of ethics may, to some, appear an extraordinary mode of introduction to eminence in the art of healing. Few, however, have attained more practical skill, more intimate acquaintance with their own peculiar science, or more deserved success than Pringle. To suppose that general attainments in knowledge, and even a predilection for its finer literature, have a tendency to disqualify or enfeeble the medical practitioner, is to avow an ignorance of the character and private history of the most distinguished men who in every age and country have improved or elevated that profession. Variety of knowledge was never seen to encumber the possessor; on the contrary, it prepares an ampler space and a firmer footing for all that is to come after. In the numberless and unexpected emergencies which occur in the relief of diseases of the body and the mind,-in the ever varying combinations of causes and of character which present themselves, an almost universal acquaintance with nature and art would seem to be demanded. The power of making good observations, a retentive memory, a fixed attention, and the habit of generalizing, are among the most important qualities of the physician,-and these can only be acquired or strengthened by an early and extensive intellectual education. Some of the most enlightened governments of Europe have perceived this truth during the present century, and now exact from the candidate for medical honours a course of more or less rigorous preliminary studies in general literature: we may cite France and Prussia in particular. The science of medicine is truly an alembic, through which the most dissimilar ingredients may be distilled into a pure and precious elixir vitæ.

A new field of exertion awaited Pringle, when, in 1742, he was appointed physician to the Earl of Stair, who then commanded the British army on the continent. This was the golden moment of his life, from which his eminence begins to date. For this appointment he was chiefly indebted to his friend Dr. Stevenson, an eminent physician at Edinburgh, who was intimately acquainted with this nobleman. Through the interest of his new patron he was appointed physician to the military hospital in Flanders; and it was provided in his commission that he should receive a salary of twenty shillings a day, and be entitled to half-pay for life. The attention which he paid to his duty as an army physician does not require to be enlarged upon. His Treatise on the Diseases of the Army, which was first printed in 1752, is an ample proof of his zeal and industry in the branch of duty to which he had been so unexpectedly summoned, and testified that his previous pursuits had only rendered him more ready for any new department of his profession. One most humane measure, and hitherto unpractised in warfare, appears to have sprung principally from his suggestion. It had been previously customary to remove the sick for the purpose of security, when the enemy was near, to a considerable distance from the camp,—and many were, consequently, lost before they could be placed under the care of medical officers. Lord Stair, sensible of this evil, proposed to the Duke de Noailles, when the army was encamped at Aschaffenburg, in 1743, that the hospitals, on both sides, should be considered as sanctuaries for the disabled, and mutually protected. The French commander, a nobleman distinguished for benevolence, readily acceded to the proposition. After the battle of Dettingen, when the British hospital was at Feckenheim, a village upon the Maine, at a distance from the camp, the Duke, having occasion to send a detachment to another village upon the opposite bank, and apprehending tha tthis measure might alarm the sick, despatched

information to them that he had given express orders to his troops to forbear from disturbing them. This noble agreement was rigidly observed by both parties during that campaign.

When deprived of the presence of Lord Stair, who soon retired from the command, Pringle recommended himself so well to the Duke of Cumberland, as to receive from his hands, in 1745, a commission appointing him physician-general to our forces in the Low Countries, and other parts beyond sea; and, on the following day, he was presented with a second commission from the Duke, as physician to the royal hospitals in these countries. Finding himself now permanently employed, he resigned his professorship at Edinburgh, which had been continued under his name by assistants. In 1745 he was recalled to England to attend the forces which were to be sent against the Scotch malcontents. He was about the same time chosen a fellow of the Royal Society. In 1747 and 1748 he again accompanied the troops abroad, and after the conclusion of the treaty of Aix-la-Chapelle finally established himself in London, where his connexions and active exertions soon raised him into extensive practice. In 1749 he was appointed physician in ordinary to the Duke of Cumberland; and in 1750, he published, in a letter to Dr. Mead, his Observations on the Gaol or Hospital Fever. This essay was occasioned by the gaol distemper, which prevailed at that time in London, and in his choice of this theme for his first literary effort we perceive that skill in availing himself of the circumstance of the moment which usually characterizes superior minds, and conducts

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to that success which the careless routineer ascribes to chance. A variety of papers from his pen now enriched the Philosophical Transactions; one of the most remarkable contained his "Experiments upon Septic and Antiseptic Substances, with remarks relating to their use in the Theory of Medicine," and Copley's gold medal was the reward of this ingenious investigation. Another gave an "Account of several persons seized with the Gaol Fever by working in Newgate, and of the manner by which the infection was communicated to one entire family." This communication was deemed so important by the eminent Dr. Stephen Hales, that he requested the author's permission to publish it, for the common benefit of the kingdom, in the Gentleman's Magazine,-at that time by far the most popular literary vehicle in the country. A remarkable case of fragility, flexibility, and dissolution of the bones,-and a relation of the virtues of soap in dissolving the stone,-formed two of his next contributions to the society of which he was so distinguished an ornament.

In 1752, he married a daughter of Dr. Oliver, an eminent physician of Bath, but this lady did not long participate in his increasing celebrity. About the time of his marriage appeared the first edition of the work which has stamped his name on the list of medical classics, and to which we have before alluded. This celebrated book passed through, we believe, seven editions during the life of the author, and was translated into German, French, and Italian,—distinctions which were at that period not so easily accorded as at present. Few medical works have

enjoyed a more friendly or universal reception than the Observations on the Diseases of the Army: in alluding to it Haller designates the author as "Vir illustris,-de omnibus bonis artibus bene meritus." From the time that Pringle had been appointed physician to the army, it seems to have been his favourite object to soften, as far as was in his power, the sufferings attendant on warfare, -and his benevolent efforts were not fruitless. Among the important points which he illustrates, are, the force which may at any time be relied upon for service; the effects of long or short campaigns upon the health of soldiers; the difference between taking the field early, and going late into winter-quarters; and other calculations founded on the materials which warfare too liberally supplies. He has proved the indispensable necessity of a free circulation of atmospheric air in hospitals, from observing, amongst other facts, that the sick who were placed in hospitals having defective doors and windows were most speedily restored to health, and were less subject to relapses. Desgenettes observes, that he has often verified this assertion in the French military hospitals, and that he has frequently had occasion to break the windows of hospitals, when the indifference or prejudices of the attendants precluded other means of a regular ventilation. General Melville, when governor of the Neutral Islands, was enabled to be singularly useful, in consequence of the instructions which he had received from the writings and conversation of Pringle. By taking care to have his men always lodged in large, open, and airy apartments; and by rapidly shifting their quarters

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from the low, damp, and marshy parts of the country, to the dry and hilly grounds, so as never to let his forces remain long enough in the swampy places to be injured by their malaria, he preserved the lives of seven hundred soldiers.

In 1753, Pringle was chosen one of the council of the Royal Society. Honours of every sort now crowded upon him with that accumulative rapidity which usually follows the individual on whom the sun of prosperity has once begun to shine, and who has sufficient prudence to warm himself in its rays, without being dazzled by sudden brilliance. On the marriage of George the Third, he was appointed physician to the young queen, and a few years subsequently was created a baronet. He had been previously admitted as a licentiate of the London College of Physicians, and, in 1763, was elected a fellow of that body. We soon find him physician to the Princess Dowager of Wales; and, after being incorporated into several foreign societies, he obtained, in 1772, the highest distinction of his career, in the eminent office of president of the Royal Society. The period of his election was a fortunate epoch of natural knowledge : a taste for experimental investigation was diffusing itself through every part of the civilized world, and the genius of Pringle found a happy occupation in cherishing this spirit. A universality of knowledge, and a singular liberality of spirit, united to very considerable experience, both of active and studious life, seem to have peculiarly fitted him for his difficult post. Sir Godfrey Copley had, originally, bequeathed five guineas to be given, at each anniversary meeting of the Royal Society,

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by the determination of the president and council, to the author of the best experimental observations made during the preceding year. This pecuniary offering was, at length, converted, with greater propriety, into a gold medal; and Pringle ably carved a new road to personal distinction and utility, by the excellent discourses which he took occasion to deliver on the presentation of this annual tribute. Six of these have been edited by Dr. Kippis, and display an intimate acquaintance with the history of philosophy, a noble zeal for its advancement, and a style unaffected, elegant, and perspicuous. The subject of the fourth discourse was particularly suited to his disposition and pursuits; it accompanied the award of the medal to Capt. Cook, and discussed the means employed by that sagacious commander towards preserving the health of sea-men. The intimate friendship which subsisted between them renders it probable that Pringle had communicated some valuable suggestion on the subject to his intelligent friend; and no pupil in the schools of Hygiene has ever existed, more capable of reducing its rules to practice,-since, with a crew of one hundred and eighteen men, Cook performed a voyage of three years and eighteen days, throughout all the climates between fifty-two degrees north and seventy-one degrees south, and only lost one companion of his wanderings. The use of sweet-wort, a rigid attention to cleanliness, and the careful preservation of his company from wet, and other injuries of weather, formed the chief part of his dietetic code. His example has not been lost upon our navy, which

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now maintains, in the confinement of a ship, a degree of health nearly equal to, if not often exceeding, the average observed at home.

Pringle became physician extraordinary to the king in 1774. We have not room for the enumeration of the honours which he gradually received from abroad, and can only select his admission as one of the foreign members of the Royal Academy of Sciences at Paris, to which he succeeded on the vacancy which Linnæus had left in a society not prodigal of its favour. He had been elected to the chair of the Royal Society in the sixty-sixth year of his age, and the pressure of advancing time, increased by an injury from a fall, induced him, in 1778, to resign his arduous dignity, although earnestly solicited to retain it. The illustrious Banks was appointed his successor. Pringle's house continued to be the resort of ingenious men of all nations; his conversations, given on Sunday evenings, formed a point of union between his own friends and scientific travellers. He hoped, at length, to derive advantage to his infirmities from a journey to Scotland, and for a short time fixed his residence at Edinburgh. But Edinburgh, however interesting in other respects, failed in restoring to his spirits the renovating impulse which he had fondly anticipated : it presented the wreck of former ties, and that melancholy spectacle of vanished kindred and declining friends, which ever awaits the aged wanderer on revisiting the scenes of his youth. Before entirely quitting this city he presented ten volumes, folio, of Medical and Physical Observations, in manuscript, to the College of Physicians. He was, at the

same time, preparing two other volumes, containing the prescriptions referred to in the previous ones.

He did not long survive his return to London. On the 14th of January, 1782, he was dining with a small club, which was held at Watson's, in the Strand; a fit seized him, from which he never recovered. He died a few days after, in his seventyfifth year.

Pringle devoted much time to the study of divinity during the latter part of his life. In early life, his religious opinions seem to have been fluctuating, but he diligently investigated the subject in his maturer days, and became an earnest reader of commentators on the Scriptures, and of sermons. He published, at his own expense, some Theological Letters, which Michaelis had addressed to him.

Bacon was his favourite author; in his school he had endeavoured to discipline his mind. To metaphysics, which he had formerly publicly professed, he latterly lost all attachment. Though he did not derive much pleasure from poetry, he was a lover of music, and had even been a performer at a weekly concert at Edinburgh.

A monument was erected to his memory in Westminster Abbey; and Vicq d'Azyr, as well as Condorcet, celebrated his name in eulogies delivered before the Academy of Paris. He must be ranked with the most successful individuals who have ever cultivated physic, since he obtained, conjointly, the patronage of the great, the respect of the learned, and the confidence of the public.

# FOTHERGILL.

THE father of John Fothergill was a member of the estimable society of Quakers, and resided at Carr-End, in Yorkshire, the family estate of a preceding generation, where this excellent man was born in the year 1712. He was one of many children, a circumstance which is generally, and with justice, considered favourable to the development of talents. His chief literary education was imbibed in the school of Jedburgh, in Yorkshire, a seminary which has acquired both classical and mathematical reputation. About the age of sixteen, he was apprenticed to Mr. Bartlett, an eminent apothecary at Bradford, who had previously been the master of Dr. Hillary. His sagacity and assiduity soon induced his intelligent preceptor to permit him to visit and prescribe for his patients. On the expiration of his term, he repaired to Edinburgh, at a period when the professorial chairs were occupied by Monro, Alston, Rutherford, Sinclair, and Plummer, all students of the Boerhaavian school, and whose merits have been recorded, by Fothergill himself, in an account which he published, in after life, of Dr. Russell, his contemporary and associate. The eminent Monro discovered the powers of his pupil, and urged him to reside sufficiently long to obtain the doctorate-for till then he had only intended to

qualify himself for the profession of an apothecary. He used to take notes of the heads of each lecture, and on returning to his lodging, translated into Latin those which had been given in English; he then carefully consulted and compared the opinions, both of the ancients and the moderns, on the subject of the lecture, to which he added such remarks upon each as his reading and reflection suggested. In his clinical studies he followed a similar plan; when any case occurred to fix his attention, he examined the various authorities which bore upon the point, and formed a comparative result from their evidence and opinions. Many years afterwards he recommended this method to Dr. Lettsom, in a letter which concludes by enforcing "the careful perusal of Hippocrates, and also of Aretæus and Celsus: one can never be too well acquainted with the knowledge contained in the first, nor with the elegant expres-sions of the last." These modes of study are not peculiar to Fothergill, but they are important to remark in tracing the steps by which an obscure man attained independence and distinction, and strengthen the evidence of the efficacy of earnest reading in a profession which is by many supposed to depend for success on natural abilities, or worldly industry, or mere personal observationwhereas none more requires all the assistance that can be derived from the experience of others. Monro, in the fourth edition of his Osteology, which appeared in 1746, acknowledges the aid which he had obtained from his young pupil. In addition to his other occupations, Fothergill preserved a diary of his actions and occurrences, in

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Latin. He graduated in 1736, and chose the use of Emetics for the subject of his thesis. He now came to London, the scene of all his subsequent eminence, and frequented the wards of St. Thomas's Hospital, where his application was equally unremitting. In 1740 he accompanied some friends on a short excursion to the continent, of which a brief sketch remains in a Latin letter addressed to his friend Dr. Cuming, of Dorchester. On his return he settled in Gracechurch-street, and in 1746 became a licentiate of the College of Physicians.

The fertility of his mind now began to evince itself in some detached essays, among which we remark one "On the Origin of Amber," his observations on the Manna Persicum, and more particularly those "On a Case of recovering a Man dead in appearance." It is possible that these last may have had some share in contributing to the establishment and regulations of the Humane Society, which was several years after founded by the exertions of Dr. Hawes and others.

A large practice rapidly rewarded the pains which he had bestowed on his education: as to his pecuniary means or early patrons little information remains, but it is certain that he acquired employment more early than the generality of his brethren: it is probable that the religious community of which he was a worthy member contributed something to the rapidity of his advancement. Nothing (says Dr. Lettsom) hurt his feelings more, than an estimate of the medical profession, formed upon lucrative advantages; he was ever averse to speak of his pecuniary emoluments: "My only wish," he declared, "was to do what little business might fall to my share as well as possible; and to banish all thoughts of practising physic as a money-getting trade, with the same solicitude as I would the suggestions of vice or intemperance." These were not mere words of parade: when the success of his practice had elevated him to the summit of his career, he still professed and acted upon the same generous reasoning. "I endeavour," says he, in a letter written several years afterwards, "to follow my business, because it is my duty, rather than my interest; the last is inseparable from a just discharge of duty ; but I have ever wished to look at the profits in the last place, and this wish has attended me ever since my beginning." In another place he remarks, "I wished most fervently, and I endeavour after it still, to do the business that occurred, with all the diligence I could, as a present duty, and endeavoured to repress every rising idea of its consequences . . . . . . . such a circumscribed, unaspiring temper of mind, doing every thing with diligence, humility, and as in the sight of the God of healing, frees the mind from much unavailing distress, and consequential disappointment." These familiar effusions of a spirit which cannot be accused of imbecility or apathy, are the more interesting, because few of the distinguished members of the medical profession have bequeathed to us so explicit an avowal of the motives which animated or sustained them in one of the most rugged roads of human travel.

In 1748 Fothergill raised his reputation to a great height by his "Account of the Sore Throat attended with Ulcers; a disease which hath of

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late years appeared in this city, and in several parts of the nation." A disorder of this kind had lately caused much havoc, and not least among the higher orders of society. Two nephews of the Duke of Newcastle had fallen victims to it, and its progress excited great alarm. Here Fothergill found an opportunity for bringing his penetration to bear on a topic of new and immediate interest, and he availed himself to the utmost of the favourable moment. He had observed that the methods of cure usually resorted to, such as bleeding, purging, and the medicines daily employed to remove inflammations, in general produced an injurious effect in this epidemic. It was confounded in ordinary practice with the common sore throat, or inflammation of the tonsils. Our author carefully distinguished the variety in the nature of the complaint, and in the progress of the symptoms, which were here usually of the typhoid kind, and presented a disposition to gangrene in the parts affected. His practice was temperate, yet not guided by any exclusive views; even gentle purgatives he found injurious, but clysters might be given, in case of constipation. A gentle emetic was often prescribed; gargles, bark combined with the mineral acids, and various stimulants, formed the basis of the treatment. The Spanish physicians had pursued a somewhat similar plan in the visitations which they had experienced of this complaint. Fothergill uses the following expressions in summing up this subject: they will afford a specimen of his pathology. "The cause of this tendency (to putrefaction) is a putrid virus, or

miasma sui generis, introduced into the habit by contagion; principally by means of the breath of the person affected. This virus, or contagious matter, produces effects more or less pernicious according to the quantity and nature of the infection, and as the subject is disposed to receive or suffer by it. Putrefactive and malignant diseases, in common, admit of the most sensible and secure relief from discharges of the peccant matter, either upon the skin in general, or on particular parts of the body. The redness, and cutaneous efflorescence, in the present case, may be considered as an eruption of the like nature, and therefore to be promoted by such methods as have proved successful in similar diseases. A cordial, alexipharmic, warm regimen has been found by experience to be of the most use in such cases." Called in on this occasion by many of the first families in the metropolis, he improved the opportunity so well that he soon acquired a large income. The generality of medical men usually entertain a particular affection for some one or more branches of their professional studies, and the public has gained considerably by this occasional preference, which, while it does not necessarily diminish the attention of the individual to the ultimate object of his science, is sometimes the source of discoveries or institutions important to the community at large. Chemistry and botany were the favourite objects of his hours of relaxation or retirement. At Upton, near Stratford in Essex, he purchased an extensive estate, and furnished a noble garden, whose walls enclosed five acres, with a profusion of exotics which he spared no pains in collecting. "At an

expense seldom undertaken by an individual, and with an ardour that was visible in the whole of his conduct, he procured from all parts of the world a great number of the rarest plants, and protected them in the amplest buildings which this or any other country has seen. He liberally proposed rewards to those whose circumstances and situations in life gave them opportunities of bringing hither plants which might be ornamental, and probably useful to this country, or her colonies; and as liberally paid these rewards to all that served him. If the troubles of war had permitted, we should have had the Cortex Winteranus, &c. &c., introduced by his means into this country; and also the Bread-Fruit, Mangasteen, &c., into the West Indies. For each of these, and many others, he had fixed a proper premium. In conjunction with the Earl of Tankerville, Dr. Pitcairn, and myself, he sent over a person to Africa, who was employed upon the coast of that country, for the purpose of collecting plants and specimens. Those whose gratitude for restored health prompted them to do what was acceptable to their benefactor, were always informed by him, that presents of rare plants chiefly attracted his attention, and would be more acceptable to him than the most generous fees. How many unhappy men, enervated by the effects of hot climates, where their connexions had placed them, found health on their return home at that cheap purchase! What an infinite number of plants he obtained by these means, the large collection of drawings he left behind will amply testify; and that they were equalled by nothing

but royal munificence, at this time largely bestowed upon the botanic gardens at Kew. In my opinion, no other garden in Europe, royal or of a subject, had nearly so many scarce and valuable plants. That science might not suffer a loss, when a plant he had cultivated should die, he liberally paid the best artist the country afforded, to draw the new ones as they came to perfection; and so numerous were they at last, that he found it necessary to employ more artists than one, in order to keep pace with their increase. His garden was known all over Europe, and foreigners of all ranks asked, when they came hither, permission to see it; of which, Dr. Solander and myself are sufficient witnesses, from the many applications that have been made through us for that permission."

The account which we have here given is the more honourable to Fothergill, because it comes from the pen of a distinguished individual, who was not merely an excellent judge of horticultural pursuits, but the patron of all that was useful to his country and his age,-the late Sir Joseph Banks. A winding canal, in the figure of a crescent, formed this garden into two divisions, and occasionally opened on the sight, through branches of rare shrubs, which lined the walks on its sides. In the midst of winter, when the earth was covered with snow, evergreens were here clothed in full verdure. Without exposure to the open air, a glass door, from the mansion-house, gave entrance into a suite of hot and green-house apartments, nearly 260 feet in extent, and containing above 3400 distinct species of exotics, whose foliage formed a beautiful contrast to the shrivelled natives of colder climes. In the open ground, about 3000 distinct species of plants and shrubs bloomed on the return of summer.

Such displays were not in him the effect of ostentation; he had always in view the enlargement and elevation of his own mind, and the prospect of multiplying the enjoyments of his fellowbeings. He formed a useful exchange of the productions of the earth. From America he received various species of catalpas, kalmias, magnolias, firs, oaks, maples, and other valuable productions, which became inhabitants of his own soil, and some of which were capable of being applied to the most useful purposes of timber ;--and he transported, in return, the green and bohea teas from his garden at Upton, to the southern part of that continent. He endeavoured to improve the growth and quality of coffee in the West Indian Islands; and procured from China the bamboo cane, with a view of naturalizing it in our intertropical possessions. He made many efforts to introduce the cinnamon-tree into the West Indian colonies. He attempted to procure the tree which affords the Peruvian bark, and is said to have, at length, so far succeeded, as to have had one plant in his garden. To two captains of ships he offered each a reward of one hundred pounds for a plant in vegetation of the true Winter's bark (Winterana aromatica). But his attention was not confined to the vegetable kingdom. Da Costa is indebted to him for many valuable remarks inserted in his History of Shells,-of which Fothergill possessed the best cabinet in England, next to that of the Duchess of Portland. His collection

of minerals was more rare than extensive; and the gratitude of his numerous friends had supplied him with many curious specimens of the animal world. He afforded employment to many artists, in directing the delineation of various productions of Nature, which were too bulky to transport, or too perishable to preserve : twelve hundred of such drawings are said to have been in his possession, and were purchased, at his death, for the Empress of Russia, at the price of 2,3001. His collection of natural history was purchased, on his decease, by the eminent Dr. William Hunter, and is, probably, at this moment, to be found, in part, in the museum which that distinguished physician bequeathed to the University of Glasgow, after having vainly solicited the Ministers of the time to enable him to establish one in London.

He maintained a frequent correspondence with North America, where his father and brother had spent many years in the service of religion. Several families are said to have even crossed the Atlantic, with a view of placing themselves under his care. He earnestly laboured to promote the improvement of rural economy and of commerce in that part of the world. In conjunction with his friend, Peter Collinson (a name upon which we should be glad to dwell more at length), he encouraged the cultivation of the vine there; and still more usefully strove, with others, to abolish the *slave trade* among his own brethren—an object which they at length had the happiness to accomplish.

Charity was the predominant feature in Fothergill's character; that beautiful quality which many

find so difficult to imitate, and which, in mostminds, is a flower the slowest to blossom, and the earliest to decay. Few names on the record of biography will bear comparison with him in this respect. We do not know whether this noble characteristic was in him the result more of an original tenderness of disposition, or of self-discipline and principle; it seems probable that the study of our Divine Revelation had opened this plenteous fountain of beneficence in a mind not naturally of an enthusiastic temperament. When, during the summer, he retired to Lea-Hall, in Cheshire, he devoted one day in every week to attendance at Middlewich, the nearest market-town, and gave his gratuitous advice to the poor. He assisted the clergy, not merely with his advice, but on numerous occasions with his purse: on one occasion he was reproved by a friend for his refusal of a fee from a person who had attained a high rank in the church :-- " I had rather" (replied the doctor) "return the fee of a gentleman with whose rank I am not perfectly acquainted, than run the risk of taking it from a man who ought, perhaps, to be the object of my bounty." When he paid his last visit to patients in decayed circumstances, it was not unusual with him, under the appearance of feeling the pulse, to slip into their hand a sum of money, or a bank-note; in one instance, this mode of donation is said to have conveyed one hundred and fifty pounds. To the modest or proud poverty which shuns the light of observation, he was the delicate and zealous visitor; in order to preclude the necessity of acknowledgment, which is often painful in such minds, he would endeavour to in-VOL. I. 0

vent some motive for his bounty, and hence afford to the receiver the pretensions of a claim, while the liberal donor appeared to be only discharging a debt. Rarely was any subscription commenced on whose list the name of Fothergill did not stand foremost. When the success of our arms had filled our prisons with foreign captives, he was appointed member of a committee which superintended the sums raised for their relief; and it should be stated, to the honour of his community, that above one-fourth of the whole subscription was contributed by the Quakers, who then scarcely formed the two-hundredth part of the nation. To Dr. Knight, a literary man, whose character was deservedly esteemed, but who, by some speculations in mining, had become embarrassed in circumstancs, he is supposed to have afforded aid to the amount of a thousand pounds. We shall not pause to calculate the total amount of his bounties, which have been estimated at so high a sum as two hundred thousand pounds; but it is evident, that his generosity knew no other limit than his means.

In 1763 he was elected a fellow of the Royal Society. His reputation soon extended to other countries; he was one of the earliest members of the American Philosophical Society, instituted at Philadelphia. Linnæus distinguished by his name a species of *Polyandria Digynia*. The Royal Society of Medicine, at Paris, chose him as an associate in 1776; and his letters of admission were the more honourable, because they included a request, that Fothergill would nominate any persons of his acquaintance whom he might deem eligible to become corresponding members of the body. Vicq d'Azyr communicated this mark of confidence in a Latin letter.

When the House of Commons was informed of the fatality of the gaol distemper, which had appeared among the French and Spanish prisoners confined at Winchester, an application was made to him for his opinion, and he recommended Dr. Carmichael Smith as medical superintendent of the prison. A singular success attended the efforts of that accomplished physician, which reflected honour on both parties.

Far from confining his investigations to his own profession, or to natural history, his mind embraced, with great activity, every scheme connected with public improvement. Internal commerce, police, the economy of prisons, all occupied his attention, as the occasions arose for their improvement : he directed his thoughts at one time to the establishment of public baths and of public cemeteries, the latter of which admit, at this moment, of much improvement, and in their present condition, in London, are equally offensive to the eye, as they are probably injurious to the health, of the inhabitants. He was very instrumental in establishing an excellent seminary for the children of Quakers not in affluent circumstances, at Ackworth. The disputes between the mother country and the American colonies engrossed him very earnestly: he engaged actively in various attempts to promote concord; and appears to have been employed, to a certain extent, in political negociation. Franklin, with whom he treated on this subject, declares, that he doubts whether any man has ever existed

more worthy than Fothergill of universal veneration.

Perhaps we might have spoken more largely of his literary essays, which were numerous; in recording the generality of men, these would occupy us more fully, but in the life of Fothergill they form only a secondary consideration. The fame of authorship, and the accomplishments of the man of science, are consumed in the blaze of that exalted virtue which was not contented merely to discharge with indifference the decencies of life, nor even honourably to fulfil its duties, but sought, in every period of its career, to improve the condition of mankind, to befriend the weak, and to feed the hungry, and literally considered the fruits of its own labour as a treasure invested for the benefit of others.

In December, 1780, he experienced a second attack of suppression of urine ; two years previously it had been relieved, but no art could now remove it. The pain was very acute, his thirst was insatiable,-but his mind was as serene as in its best days; he endeavoured even to assume the cheerfulness which was natural to him when in health. He expressed to a friend his hope "that he had not lived in vain, but in a degree to answer the end of his creation, by sacrificing interested considerations, and his own ease, to the good of his fellow-creatures." In a fortnight he breathed his last. More than seventy carriages followed his remains to the grave, not filled with the careless attendants on the great, who mourn in order to be visible, but with individuals whom he had contributed to render happy.

Dr. Hird has drawn, from affectionate intimacy, a personal sketch of this great man, which our readers will view with the gratification which attends a visit to the private apartment of the illustrious. The person of Dr. Fothergill was of a delicate rather of an extenuated make; his features were all character; his eye had a peculiar brilliancy of expression, yet it was not easy so to mark the leading trait as to disengage it from the united whole. He was remarkably active and alert, and, with a few exceptions, enjoyed a general good state of health. He had a peculiarity of address and manner, resulting from person, education, and principle; but it was so perfectly accompanied by the most engaging attentions, that he was the genuine polite man, above all forms of breeding. At his meals he was remarkably temperate; in the opinion of some, rather too abstemious, eating sparingly, but with a good relish, and rarely exceeding two glasses of wine at dinner or supper: yet, by this uniform and steady temperance, he preserved his mind vigorous and active, and his constitution equal to all his engagements.

Not satisfied with the acts of generosity which he had multiplied during his lifetime, he directed in his will that the presents which had been made to him should be restored to their donors.

## HEBERDEN.

It is impossible to view the countenance of this excellent man, as delineated in his portraits, without an immediate respect, and even affection, towards his memory. The tranquillity of mind, the gentle benevolence, and the unaffected modesty which beam on every feature, represent with truth the amiable and unblemished ornament of the domestic circle; while the air of discernment and reflection which pervades the whole, announces with equal justice the genius for observation, and the power of combining its results. The life of such an individual, pursued into its minuter details, would have been equally interesting to the world at large, and instructive to the student of his own profession. Unfortunately, few materials exist to render due account of an individual who, after being placed in collision with the vices and follies of a metropolis during nearly half a century, appears to have retired to the grave without having contracted on his way a single particle of corruption, rich in the accumulated wisdom of age, and still richer in all the innocence of youth.

William Heberden was born in London in the year 1710. He was sent at a very early age, near the end of 1724, to St. John's College, Cambridge. He took his first degree in 1728, and became M. D. in 1739. He remained at Cambridge

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about ten years longer as a practitioner of physic, . and gave an annual course of lectures on the Materia Medica. In 1746 he became a fellow of the Royal College of Physicians in London, and two years afterwards he left Cambridge, having presented to St. John's College the specimens which had been employed in his lectures. He also added to this donation, a few years afterwards, a collection of astronomical instruments of some value. He now established himself in London, was elected a fellow of the Royal Society in 1769, and was employed in a very extensive medical practice during more than thirty years. When he became sensible that his age required indulgence, he passed the summer at a house which he had purchased at Windsor; but he continued his practice in the winter for some years longer. In January, 1760, he married Mary, daughter of W. Woollaston, Esq., by whom he had five sons and three daughters; but he survived them all, except the present Dr. William Heberden,\* and Mary, married to the Rev. G. Jenyns. In 1778 he was made an honorary member of the Royal Society of Medicine at Paris. Dr. Heberden's first publication seems to have been a short essay on the incongruous composition of the Mithridate and Theriaca, entitled Antitheriaca, 8vo. 1745.-2. He sent to the Royal Society an Account of a very large human Calculus, weighing more than two pounds and a quarter avoirdupois, Phil. Trans. XLVI., 1750, p. 596.-3. Account of the effect of Lightning at Southwald in Essex, Ph. Trans. LIV.,

\* Well known as the author of very valuable Observations on the Increase and Decrease of different Diseases. 4to. Lond. 1801.

1764, p. 198. Both these essays are erroneously attributed, in Dr. Maty's index, to his brother, Dr. Thomas Heberden, of Madeira, who sent several other papers to the Society. Dr. Heberden was one of the principal contributors to the first three volumes of the Medical Transactions, a work which was published, in a great measure, at his suggestion, by the College of Physicians, and in which we find several of his original communications .--4. Remarks on the Pump-water of London, I., 1768, p. 1.-5. Observations on Ascarides, pp. 45, 54.-6. On Night Blindness, or Nyctalopia, p. 69.-7. On the Chicken-pox, p. 427.-8. On the Epidemical Cold of 1767, p. 437.-9. Queries, p. 499, relating to Bark, Camphor, Cold, the Gout, and Apoplexy.-10. On Hectic Fever, II., 1772, p. 1.—11. On the Pulse, p. 18.—12. On a Disorder of the Breast, p. 59-(the Angina Pectoris).-13. On Diseases of the Liver, p. 123.-14. On the Nettle Rash, 173.-15. On Noxious Fungi, p. 216.-16. Queries, p. 449, on Sizy Blood, on Hernia, on Damp Clothes, and on Venesection in Hæmorrhages.-17. On an Angina Pectoris, III., 1785, p. 1.-18. On the Ginseng, p. 34.—19. On the Measles, p. 389.—20. Table of the Mean Heat of the different Months in London, Phil. Trans. LXXVIII., 1778, p. 86.

The most important of his works, and one which will extend his reputation to a very distant posterity, is the *Commentarii de Morborum Historia et Curatione*. 8vo. Lond. 1802. This very remarkable book appeared both in Latin and English. He had long been in the habit of making notes in a pocket-book at the bedside of his patients;

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and every month he used to select and copy out under the proper titles of the diseases, whatever he thought particularly worthy to be recorded. In the year 1782 he employed himself in digesting this register into the form of a volume of Commentaries on the History and Cure of Diseases, with a particular resolution never to depend on his memory for any material circumstance that he did not find expressly written down in his notes. These commentaries were entrusted to the care of his son, Dr. W. Heberden, to be published after his death. We find in them a greater mass of valuable matter, accurately observed and candidly related, than in almost any other volume that has ever appeared upon a medical subject.

It has been remarked, that the more experience a physician acquires in his profession, the more he is in general inclined to approach to the opinions of Heberden, and the more he is compelled to esteem his writings.

He possessed a singular combination of modesty and of dignity of character. He was not only a wellinformed and accomplished scholar, but a man of the purest integrity of conduct, of mild and courteous manners, distinguished by genuine piety and by unaffected benevolence of heart. He bought a sceptical work, left in manuscript by Dr. Conyers Middleton, of his widow, in order to destroy it.\* He was at the expense of publishing another work of the same author, on the Servile Condition of Physicians among the Ancients, as well as an edi-

<sup>\*</sup> Having discovered that a publisher would give 150l. for the work, he presented 200l. to the widow, and committed it to the flames.

tion of some of the plays of Euripides, by Markland. He had an opportunity of rendering an essential service to Dr. Letherland, a man of deep and very extensive learning, but of retired habits, and very little known even in his own profession, although he contributed, by his literary information, to the popularity of more than one of his colleagues. Dr. Heberden's extensive practice made it inconvenient for him to accept the appointment of physician to the queen; and the king, who had always shown towards him the greatest esteem and regard, readily adopted his disinterested recommendation of Dr. Letherland as his substitute in the situation. He died on the 17th of May, 1801, at the age of above 90 years, having exhibited, at the close of his life, the same serenity of mind which he had enjoyed through its course, and the same earnest faith in the Christian Revelation which had formed alike the rule and the happiness of his existence.

The most important addition which a superior understanding can, at present, contribute to the stock of medical knowledge, is not so much *novelty* as *truth.* New things have been presented to us, in rapid succession, during many centuries; and the most urgent want of the science is to establish what is true, and to separate the genuine from the suspicious. There is much force in the frequent remark of Cullen, that there are more false facts in medicine than false theories. Heberden perceived this state of things, and has supplied towards its relief all that a single mind could hope to accomplish. He is one of the few medical writers who may deservedly claim the title of eclectic; he had no favourite doctrines to main-

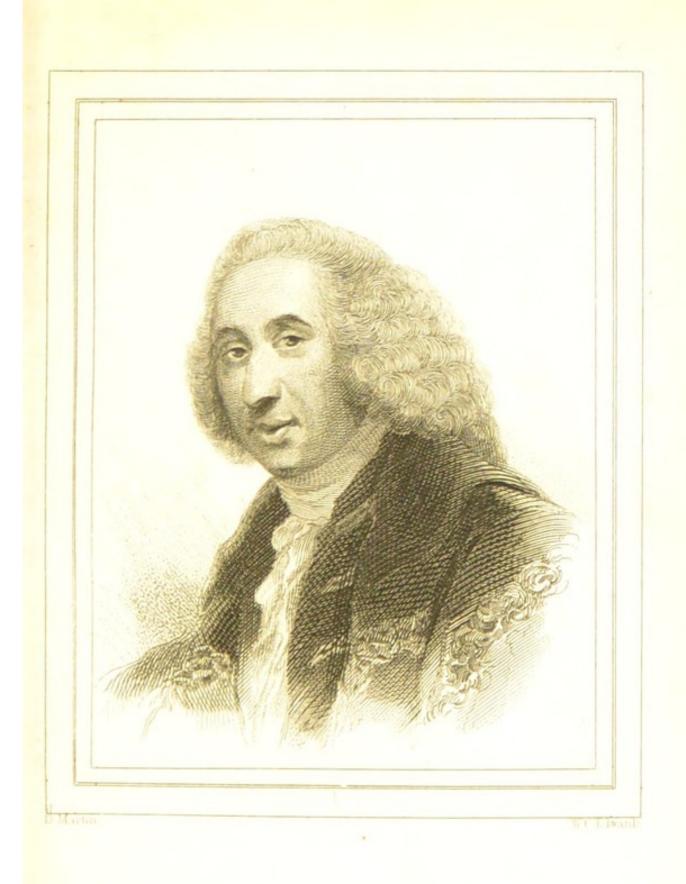
### HEBERDEN.

tain, no prejudices to gratify, and was solely animated by the desire of recording, with fidelity, that which he had seen and done. So many medical authorities have been ambitious of founding a sect; so many writers have been merely stimulated by the desire of acquiring immediate practice and have discussed with passion the most serious topics,—that it is gratifying to be always able to find in the pages of Heberden a scrupulous and unvarnished narrative of the symptoms of disease, and of the effects of remedies, such as they presented themselves to a calm and deliberate intellect, during a length, and extent, and variety of opportunity rarely enjoyed by any practitioner of any age or country.

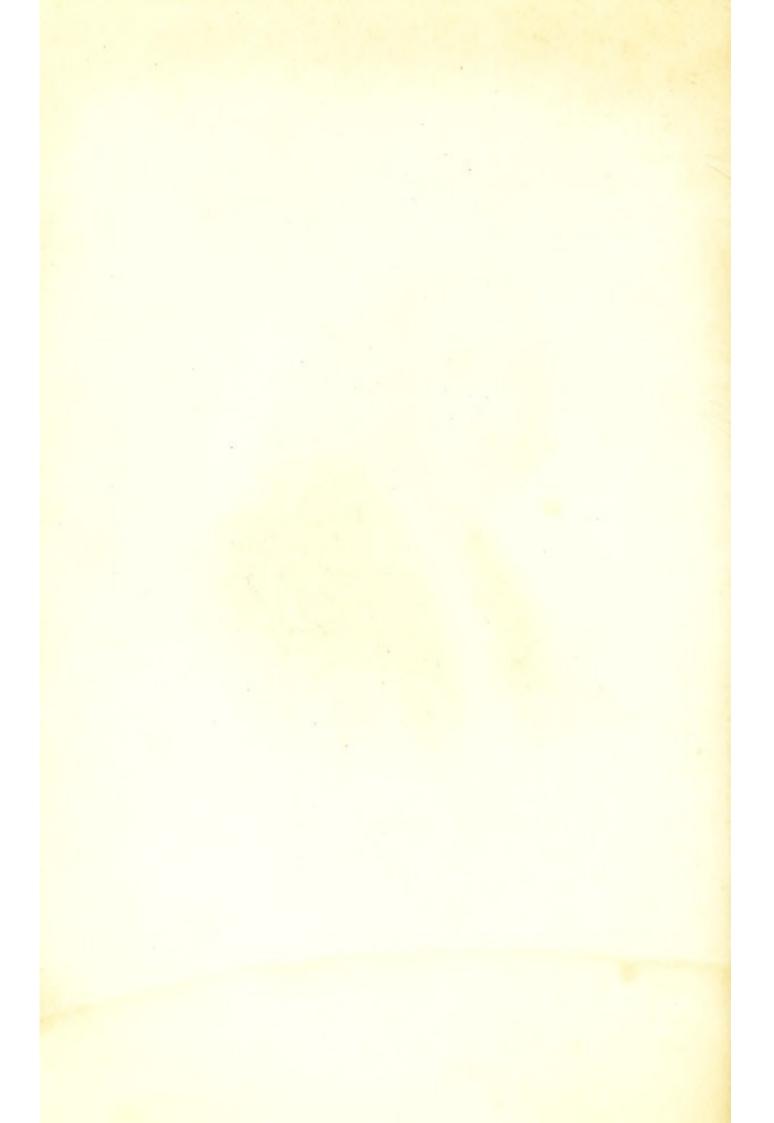
The impartial Soemmering considered the Commentaries of such value, that he has reprinted them, in Germany, with a preface, in which he styles their author the Medicus vere Hippocraticus. Professor Friedlaender, of Halle, has published an edition at Leipsic, as a portion of the Latin Medical Classics.

## CULLEN.

WILLIAM CULLEN was born in 1712, in Lanarkshire; his parents were in humble circumstances. After serving an apprenticeship to a surgeonapothecary, in Glasgow, he became surgeon to a merchant-vessel, trading between London and the West Indies. He soon, however, returned to his own district, and practised among the rustic inhabitants of the parish of Shotts-a region proverbial, even in Scotland, for bleakness and poverty. Here an accident occurred, which probably gave a colour to his future fortune. The Duke of Argyle made a visit to a gentleman in the neighbourhood, and was amusing himself with some chemical investigations which required apparatus not in his possession: his host recollected young Cullen, as a person likely to supply the deficiency; and Cullen was accordingly invited to dinner, introduced to the duke, and installed in his good opinion. He soon removed to Hamilton, and (as it appears by the register of the town-council of that place) was admitted a counsellor in 1737. During 1739 and 1740 he was chief magistrate of the burgh. Here he was a general practitioner, and was surrounded by apprentices in his pharmacy. A connexion in business was formed between him and another young man, afterwards destined to nearly equal celebrity: William Hunter was a native of the same part of the country, and these kindred



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minds entered into a partnership. Their principal ambition, at this time, was to procure the means of improving their medical education and grade; and in order, mutually, to further this honourable object, it was stipulated, that one of them should be alternately allowed to study, during the winter, in some medical school, while the other should continue to carry on the business in the country, for the profit of both parties. Cullen took the first turn, and passed his winter at Edinburgh. William Hunter chose London for his place of study, when his season arrived, and the selection was propitious to his future progress, since he soon recommended himself, in that metropolis, to Dr. Douglas, a lecturer on anatomy and obstetrics, who engaged him as an assistant. Thus ensued a premature dissolution of partnership: Cullen was not the man who could throw obstacles in the road to his friend's advancement; he readily cancelled the articles, and they maintained ever after a cordial communication by letters, although the accidents of life seem never more to have granted them a personal interview. How full of interest would such a meeting, in after life, have proved to two such individuals, who had parted in poverty and obscurity, and who would have greeted each other again at the head of their respective professions, and in the meridian of fortune and of fame.

During this period of country practice, Cullen formed a union of a more permanent nature, which, happily for him, was not dissolved until very late in his life. Early in his career he had formed a strong attachment to Miss Johnston, the amiable daughter of a neighbouring clergyman. This lady was a real prize to him; she possessed beauty, good sense and temper, an amiable disposition, elegant manners, and even a little fortune, which, however diminutive in modern calculation, was important in his actual position. She married him when he had no worldly advantages to recommend his suit, presented him with a numerous family, and enjoyed the gratification of sharing his dignified prosperity until 1786, when she peacefully expired.

The Duke of Hamilton being taken suddenly ill at the palace which bears the same name, was induced, by the character which he had heard of Cullen, to apply for his aid. Cullen not only benefited him by his skill, but attracted him by his conversation. To profit by the accidents, which common men neglect, is the true secret of success. The interest of this nobleman appears to have procured him the situation of lecturer on chemistry in the University of Glasgow. He had previously taken his doctor's degree and began his course, in 1746. Here we perceive the versatility of his powers and his excellent judgment: he eclipsed the former professors, was the idol of his pupils, and for the first time, probably, in his life became an object of envy. His singular talent for arrangement, his distinct enunciation, his vivacity of manners, and thorough acquaintance with his science, rendered his lectures interesting in a degree which appears to have been until then unknown in Glasgow. His medical practice daily increased; and, when a vacancy occurred in 1751, he was appointed by the king to the professorship of medicine.

The patrons of the university of Edinburgh were very anxious to strengthen their seminary, and directed their attention to the rising fame of Cullen. Dr. Plummer, their professor of chemistry, soon left a vacancy, which Cullen was invited to fill. He resigned all his employments in Glasgow, and repaired, in 1756, to the city which was to become the scene of his distinction, from which he finally sent forth admiring pupils to all parts of the world, and which he really enriched and benefited by the halo which he flung around the medical school during his brilliant career. The eminence of a university depends, more than is generally imagined, on the attraction of one or two great names, which exert a magnetic influence : no expense can be misplaced by the governors of a university in drawing such rare individuals to their bosom. Chemistry had been rather neglected at Edinburgh, but Cullen restored it to its rights, and even created a tide in its favour : chemistry now brought a more numerous assemblage to its hall, than any other science, excepting anatomy. Many students spoke of Cullen with a sort of enthusiasm; this produced a reaction and an opposition party, which endeavoured to misrepresent his doctrines. Cullen's reputation only became more clear through this fermentation. He proceeded steadily and tranquilly in the path of instruction, and opened a large field of private practice, which his frank and engaging manners, his kindness and his disinterestedness, enabled him to cultivate with growing success. He became the friend of his patients; they could neither dispense with his attendance nor with his intimacy.

While professor of chemistry, he also for several years delivered clinical lectures at the royal infirmary. Alston, who was professor of Materia Medica, and who has left a large work on that branch of study, died in 1763, and Cullen succeeded him; and though now in the middle of his chemical course, persevered at the same time with his new topic, and commenced it only a few days after his new nomination. Eight or ten pupils alone had entered under Alston, but Cullen attracted above one hundred. An imperfect copy of these hasty lectures was published by one of the hearers, and Cullen thought it necessary, in the latter part of his life, to give them to the public in a more correct and mature form : they accordingly appeared in two quarto volumes, and embraced also the important doctrines of general therapeutics, a part of the theory of medicine which has in the present age incurred unmerited neglect. On the death of Dr. White, Cullen rose another step, and delivered the theory of medicine, ceding his chemical chair to Black, his former pupil. Rutherford \* next disappeared from the chair of practical medicine: Gregory became a rival candidate with Cullen, and it was arranged that these accomplished competitors should alternately lecture on the theory and on the practice of medicine. Their talents were of a dissimilar kind, and the students amply profited by the variety and emulation exhibited without any injury to friendship. After cooperating most happily for the benefit of all parties, Gregory was suddenly cut off in the prime of life, and Cullen continued to occupy the practical pro-

\* Grandfather to Sir Walter Scott.

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fessorship until a few months before his death, which spared him to his seventy-seventh year, in 1790. To the last he was great, but that ardour and energy which had strongly characterized him at a former period, gradually declined; his vivacity was, however, still such as might in general belong to an individual in the mid-day of existence. Some have perceived traces of senility in his treatise on the Materia Medica,—but Cullen even then retained powers which many would gladly acknowledge as their own in their brightest days.

His appearance was striking, and not unpleasing; his countenance was expressive, his eye lively and penetrating. His person was tall and thin; to the stranger who passed him he appeared a contemplative man. In his lectures he never attempted to read; they were delivered almost extemporaneously, and the same plan seems to have been followed by Monro and Black. Of all the Edinburgh professors of that period, the lettered Blair was the only one who could not trust his eye one moment from the manuscript. A few short notes sufficed to preserve a certain order with Cullen, and an ease, a force, and a variety were thus imparted to his matter and his style, which few have rivalled, and still fewer can hope to emulate under similar circumstances. His particular illustrations were always new, suited to the occasions of the moment, and were produced in an artless, bold elocution, which captivated every listener. Alibert bears testimony to the impression which he created on the foreign students, who flocked unprejudiced volunteers to his standard,

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and who preserved indelible recollection of his power to convince and to awaken. His arrangement was clear to the dullest capacity. The spirit of his discourse was always in unison with the tone of voice and the expression of countenance inspired by the particular mood which governed him on the day. If he were joyous, all the figures introduced for illustration abounded with mirth and good humour; if he were grave, the objects placed in view were of a more sombre hue, and on a grander scale; and if he were peevish, (which we may easily believe to have been his least accustomed frame,) a peculiar tone of thought, word, and action, excited a new train of ideas in his auditory. The languor of a nerveless uniformity was never experienced. He did not so much strive to imbue the student with particular details, as to present him with a general view of the whole subject,-to show what had been already attained,-to point out what remained to be discovered, --- and to place him on the road which seemed to conduct to a solution of difficulties. A rapid outline was first drawn, in which the whole figure started boldly at once from the canvas, distinct in all its parts, and unmixed with any other object; presently he began to trace the picture anew, to strengthen the features, to sketch the distance, and to complete the whole in as perfect a manner as the state of his science would permit.

His conduct towards his pupils was exemplary. With those who appeared diligent he formed an early acquaintance, inviting them to supper in very small parties, and freely discussing with them, at such opportunities, their doubts, their wishes, and their prospects. With the most assiduous he gradually formed an intimacy, which often proved highly beneficial to their private interests. His excellent library was at all times open to their use; he kept up a correspondence with them on their departure from the university, and was often instrumental in establishing them in desirable situations. His benevolent mind doubtless often looked back on the struggles of his early days, and sympathy with those who had to encounter similar privations often opened his purse to straitened merit. To seek out the obscure, to invite the humble, was his particular pleasure; he behaved to such rather as if he courted their society, than as if they could be bettered by his patronage. He often found out some polite excuse for refusing to take payment for his lectures, and steadily refused to accept a fee from any student; a custom which, we believe, has become naturalized at Edinburgh from the date of Cullen.

Hoffman and Baglivi had restored to the solids that direct and essential influence upon the healthy and morbid states of the system which the humoral pathologists had assigned to the *fluids*. They had endeavoured to demonstrate that the changes which occur in the condition of the fluids are merely the consequences and necessary effects of the changes which the solids undergo. The operations of life, in short, and all its revolutions, were thus accomplished in the solid parts of the system, which Hoffmann designated, in consonance with his doctrine, as the Solidum Vivens. The Solidists are distinguished from the old Methodic sect, in acknowledging, with Hippocrates, the existence of a vital

principle, the laws of which can be known only from the observation of the phenomena peculiar to living bodies; and these phenomena themselves, according to the solidists, result from the agency of this principle upon the fibres, among which nature is supposed to have distributed it, for the purpose of animating them all with a certain portion of energy and activity. In this school Cullen appears to have formed himself. He considers the human body as a combination of animated organs, regulated by the laws, not of inanimate matter, but of life, and superintended by an immaterial principle, acting wisely, but necessarily, for the general health, correcting deviations, and supplying deficiencies, not from a knowledge and a choice of the means, but through a pre-established relation between the changes produced, and the motions required for the restoration of health. This principle, in its various ramifications, governed every part of his theory of medicine. The action or the torpor of the extreme arteries chiefly influenced the motions which the living principle regulated.

From the dictates of Boerhaave no appeal had hitherto been made; this innovation was, as usual, hailed by the young with admiration, and regarded by the advanced with distrust or dislike. The system of Cullen is combined with so much judgment that it fills the mind as one whole; nothing seems wanting, and nothing redundant. He has amply succeeded, at all events, in accomplishing that which he professed to be his principal aim, the improvement of the judgment: *this* should be the principal aim of every method of teaching; and when the judgment is once matured, the student CULLEN.

may be safely allowed to pursue alone the eclectic path, unfettered by any of those exclusive and domineering guides, who literally represent the blind conducting the blind. Cullen was in the habit of repeating, "there must be a tub to amuse the whale," and the history of medicine, in every age and country, amply confirms his application of the adage. His doctrine, modified by Brown and Pinel, has made the tour of Europe, but few of his imitators or detractors have imitated the sagacity which he displayed in searching out the indications of cure, and the enlightened scepticism with which he examined the chaos of materia medica.

His Physiology was a little work of much merit in reference to the period of its publication; it was translated into French, German, and Latin. His First Lines of the Practice of Physic appeared in 1784. Pinel and Bosquillon published rival translations at Paris, where the work has been reedited so recently as 1819. It has also appeared in a German, Italian, and Latin form. His Nosology will probably survive all his other works; it is indisputably the best system which has yet appeared, and can only be appreciated by a comparison with its predecessors and its posterity. His Materia Medica, though a bulky work, was speedily transplanted to France, Germany, and Italy. He has also left a tract on the recovery of persons drowned, and seemingly dead. Dr. Thomson, of Edinburgh, has recently combined with the previously printed works of Cullen, several valuable additions from his manuscripts. A valuable edition of the First Lines has lately appeared at Edinburgh, to which Dr. William Cullen (a relation of the author) and Dr. J. C. Gregory have added, in the form of an appendix, such notes and illustrations as may afford to students an idea of the additions made to the science of medicine since the period of the original publication.

Intimately connected with the memory of Cullen is the history of the system of Brown, which acquired a more rapid popularity than any which has been yet propounded, and which, in some parts of Europe, is scarcely yet extinct. This unfortunate man of genius was originally a teacher of Latin at Edinburgh, and a translator of theses into that language. About the middle of life he obtained permission to attend the medical classes gratuitously, and thus commenced the study of the profession with a mind previously tinged with the technical language of the science. He instructed the children of Cullen in Latin, and an intimacy arose between them. Brown attached himself warmly to Cullen and to his doctrines; he even looked forward to the prospect of obtaining a future maintenance in London by repeating Cullen's lectures after his death. Some disagreement occurred; Brown was a man of impetuous character, and of imprudent habits, and he immediately became the virulent antagonist of his patron. If Cullen had never taught, the system of Brown would have never been moulded,-and Cullen was wounded by some of the arrows which he had himself pointed. Brown appears to have had no acquaintance with the bedside of the sick, and his medical erudition was very limited. He commenced a course of opposition lectures, which

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he continued through various difficulties, and under singular circumstances, which we should feel no pleasure in detailing. The doctrines of Cullen had previously triumphed over Boerhaave at the Medical Society of Edinburgh, but they now received a shock from the new pretender, who found many youthful admirers at home,-and abroad an army of partisans. The simplicity and plausibility of his theory were very attractive ; and the ease with which it was learned and practised flattered the indolent and the routinist. In these respects it resembled the progress of the views which Broussais has been lately disseminating in France with nearly equal success. To understand and to practise both required little previous knowledge of any subject; a single lecture unfolds both. Brown divided all diseases into two groups, or families: the one was sthenic, the other asthenic; the former was produced by accumulated excitability, and was characterized by direct debility; the latter was induced by exhausted excitability, and was characterized by indirect debility. His therapeutics was as simple as his nosology; the sthenic diseases are to be cured by bleeding, purging, and a low diet,-while the asthenic ailments demand stimulating substances of various quality and force. The ramifications and dependencies of medical theories are most curious to trace. Cullen seems to have built his structure on the foundation which Hoffmann and others had laid; Brown availed himself of the nervous energy of Cullen, and converted it into excitability; Darwin, in some parts of his Zoonomia, uses nearly the language of Brown, although his practice is distinct; and the

contra-stimulant school has recently arisen in Italy composed from the ruins of Brown, by the labour of Rasori and Tommasini. But that which is solid in medicine never excites enthusiasm on its first announcement, and some of the warmest admirers of Brunonianism have survived to recant their allegiance.

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## HUNTER (WILLIAM).

THE general employment of male practitioners in the treatment of pregnancy appears to have been accompanied, in our own country at least, by a diminution in the mortality of women at that most important crisis, and is hence a subject of congratulation. It is not that females are unfit for the task, but that they are not in the habit, with us, of receiving a professional education suitable to overcome the difficulties which occasionally present themselves; and that ignorance and prejudice are far more dangerous than a total abandonment to nature. In some countries, on the other hand, the midwife is excellently trained in her art; at Vienna, at Florence, at Paris, and in some other cities, the most ample opportunities are afforded for her instruction; and few accoucheurs will probably be more successful than midwives so well initiated as Madame Boivin, and others of her description.

Astruc could find no earlier instance of the use of men-midwives than at the confinement of Madame de la Valière in 1663. She was anxious for concealment, and called in Julian Clement, an eminent surgeon of the time. He was secretly conducted into the house, where she lay covering her face with a hood, and where the king is said to have been hidden behind the curtains. He attended her subsequent labours, and his success brought this new profession into vogue, and the fashion was gradually transplanted into other countries.

Mawbray seems to have been the first teacher of obstetrics in London. He was lecturing in 1725, and established a lying-in hospital, to which students were admitted. The Chamberlains followed him—a family which professed to possess a better method of treating difficult labours than was known to others, and maintained a sort of mystery as to their instruments. This pretension was imitated by others. Smellie gave a new dignity to the subject by his talents and his lessons; although he is accused by a rival of advertising to teach the whole science in four lectures, and of hanging out a paper lantern, inscribed with the economical invitation, "Midwifery is taught here for five shillings."

William Hunter was born on the 23d of May, 1718, at Kilbride, in the county of Lanark. He was the seventh of the ten children of John and Agnes Hunter, who resided on a small estate in the above parish, called Long Calderwood, which had been long in the possession of the family. The youngest of the family was John, afterwards so celebrated as a surgeon and physiologist. One of the sisters married Dr. Baillie, the professor of divinity in the University of Glasgow, and became the mother of the eminent physician whom we shall afterwards have occasion to record.

William Hunter was sent to study at Glasgow at the age of fourteen, and remained there five years, with the reputation of prudence and of good

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scholarship. He was at this time designed for the church; but some objections arose, and while uncertain, he encountered Cullen, who was then established in practice at Hamilton. An intimacy was established; Hunter resolved to embrace the profession of his friend, and resided in the family of Cullen nearly three years—years which he has often been heard to call the happiest of his life. But the memory has power to scatter a sunshine over past moments, which did not illumine them when actually present: even the gloomy periods of our existence are sometimes reproduced by recollection in an attractive form. Medical men often sacrifice a portion of happiness in the pursuit of very extensive practice; and, when thus swallowed up in a vortex which impedes almost every other pleasure except that of seeing money accumulate, it is very natural for them to look back with fondness and regret on the obscurer days in which they could find leisure to enjoy existence.

Allusion has been made, in the Life of Cullen, to the honourable terms on which a partnership was formed between these two gifted individuals, and to the manner in which it was dissolved. Hunter went to Edinburgh in 1740, and remained until the ensuing spring in attendance on the principal lectures delivered there. The summer of 1741 brought him to London, where he commenced his residence under the roof of the eminent Smellie, at that time an apothecary in Pall Mall. He studied anatomy, and dissected under the superintendence of Dr. Frank Nicholls, who was the most eminent teacher of anatomy in London at that time, and who had formerly professed the science at Oxford. Hunter had brought a letter of introduction to Dr. Douglas, from the printer Foulis, of Glasgow; this physician was then intent on an anatomical work, which he did not live to complete; and was looking out for a young man of abilities and industry whom he might employ as a dissector. This circumstance fixed his attention on Hunter, and finally induced him to invite the young stranger into his family, for the double purpose of assisting in dissections, and of directing the education of his son. At this time he was also a surgical pupil at St. George's Hospital. Douglas died in 1742, but Hunter still continued to reside with his family.

An essay On the Structure and Diseases of Articulating Cartilages appears to have been the first production of his pen; it was communicated to the Royal Society in 1743. To teach anatomy was now his favourite plan, but he did not engage prematurely nor rashly in that undertaking; he passed some years more in the silent acquisition of the necessary knowledge, and in the careful formation of a collection of preparations which might assist his lectures. A promising opportunity at length occurred for the exercise of his talents. A society of naval surgeons had engaged Mr. Samuel Sharpe to deliver some courses of instruction on the operations of surgery: that gentleman at length declined the task, and William Hunter stepped into his place. He afforded so much satisfaction, that his hearers soon requested him to extend his lessons to anatomy.

His first anatomical course was attempted in 1746. He experienced much anxiety and doubt at the outset, but applause gradually inspired him with confidence, and he at length found the principal happiness of life to consist in the delivery of a lecture. Mr. Watson, one of his earliest pupils, accompanied him home after the trying moment of his introductory discourse. Hunter had just received seventy guineas from admission-fees, which he carried in a bag under his cloak, and observed to his friend, that it was a larger sum than he had ever before possessed. The early difficulties of eminent men form perhaps the most instructive and animating portion of their biography. Linnæus records of himself, Exivi patria triginti sex nummis aureis dives. The profits of his two first courses were considerable; but, by contributing to relieve the wants of some of his friends, he found himself, on the approach of the third season, under the necessity of deferring his lectures for a fortnight, merely from the want of money to supply the expense of the usual advertisements. This unpleasant embarrassment operated as a check upon him in the use of money, and probably formed one remote source of the large fortune which he afterwards accumulated. In 1747 he was admitted a member of the Corporation of Surgeons; and, in the spring of the following year, accompanied his pupil, James Douglas, on a tour through Holland to Paris. At Leyden he visited Albinus, whose admirable injections (as he afterwards informed Dr. Cullen) inspired him with a strong emulation to excel in that curious department of anatomy. His lectures were not interrupted by this journey, which was completed before the winter.

In the early part of his career he practised both surgery and obstetrics; but he had always felt an aversion towards the former, and gradually confined himself to the latter pursuit. Dr. Douglas, his patron, had acquired reputation in this branch, and Hunter was also successively elected one of the accoucheurs to the Middlesex Hospital (1748), and to the British Lying-in Hospital (1749). Some other favourable circumstances combined to fix him. Smellie, although a man of merit, was unpleasing in his exterior and manners, and was unable to make his way amongst the refined or fastidious. The abilities of Hunter at least equalled those of Smellie, and his person and deportment gave him a decided advantage. Sir Richard Manningham, one of the most eminent accoucheurs of the time, died about this period ; and Dr. Sandys, who divided with him the fashion of the day, retired into the country a few years after the commencement of Hunter's reputation. Sandys had been formerly professor of anatomy at Cambridge; he was a most assiduous cultivator of that science, and formed a large collection of preparations illustrative of it; after his death it fell into the hands of Mr. Bromfield, and was finally sold to Dr. Hunter for two hundred pounds.

In 1750 Hunter obtained the degree of Doctor of Medicine from the University of Glasgow, and about the same time quitted the roof of the Douglas family to reside in Jermyn Street. In 1756 he became a licentiate of the College of Physicians. When the queen became pregnant in 1762, his advice was solicited; and he was, two years afterwards, appointed physician extraordinary to her Majesty. His avocations now multiplied themselves so rapidly, that he was obliged to seek an assistant for his lectures; and, having noticed the ingenuity and industry of William Hewson, he selected him for that office, and subsequently made him a partner in his lectures. This connexion subsisted until 1770, when a separation was occasioned by some disputes, and Cruikshank succeeded to the honourable situation. In 1767, Hunter became a Fellow of the Royal Society: and in 1768, he received an appointment on which he conferred celebrity by the zeal with which he discharged it-the professorship of anatomy in the Royal Academy of Arts, which had been recently founded by George III. He adapted his anatomical knowledge to the objects of painting and sculpture with remarkable tact; and the originality and justness of his observations in this entirely new career evinced the promptitude and versatility of his talents. On the death of Fothergill he was unanimously elected to preside over the Medical Society. In 1780 the Royal Medical Society of Paris created him one of their foreign associates; and he soon afterwards obtained a similar distinction from the Royal Academy of Sciences of that city.

The Anatomy of the Human Gravid Uterus appeared in 1775—a work distinguished alike by the splendor and the correctness of its delineations. Ten of the thirty-four plates which it contains had been completed so early as 1751; but the publication was retarded by the anxiety of the author to render his work as perfect as his opportunities would permit. In the preface he candidly

acknowledges that, in most of the dissections, he had been assisted by his brother, John Hunter. In this work were first delineated the retroversion of the uterus and the membrana decidua reflexa, for the discovery of which we are indebted to the subject of our memoir. The famous engraver, Strange, was an intimate friend of the author, and did two of the plates; some of the other engravings are also remarkable for elegance of execution. Hunter did not live to publish a work designed to illustrate the engravings, and descriptive of the anatomy, of the gravid uterus; but he left very ample collections towards it, which were edited from his manuscripts, in 1795, by Dr. Baillie, in the form of a thin volume in quarto. Two Introductory Lectures to his Course of Anatomy were also published, from the papers found at his death.

He had been employed for some time in collecting materials for another important work on the history of the various concretions which are formed in the human body: the portion relative to urinary and biliary concretions appears to have been almost completed. Many beautiful engravings, intended to accompany this book, were finished at the time of his decease.

About ten years before his end his health was so much impaired, that, fearing he might soon become unfit for the profession which he loved, he proposed to recruit himself by a residence in Scotland, and was on the eve of purchasing a considerable estate, when the project was frustrated by a defect in the title-deeds. This trifle banished his rural plans, and he remained in London, con-

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tinually declining in health, but pursuing distinction with the same ardour with which he had courted it in his earlier days. He rose from a bed of sickness to deliver an introductory lecture on the operations of surgery, in opposition to the earnest remonstrances of his friends. The lecture was accordingly delivered, but it was his last; towards the conclusion his strength was so much exhausted, that he fainted away, and was finally replaced in the chamber which he had been so eager to quit. In a few days he was no more. Turning to his friend Combe, in his latter moments, he observed, "If I had strength enough to hold a pen, I would write how easy and pleasant a thing it is to die." He expired on the 30th of March, 1783: his brother John occasionally introduced the catheter in this last paralytic seizure.

When he began to practise obstetrics, Hunter's ambition was fixed on the acquisition of a fortune sufficient to place him in easy and independent circumstances. Before many years had elapsed, he found himself in possession of a sum adequate to his wishes in this respect; and this he set apart as a resource of which he might avail himself, whenever age or infirmities should oblige him to retire from business. He confessed to a friend, that he once took a considerable sum from this fund for the purposes of his museum, but that he did not feel himself perfectly at ease till he had restored it again.

After he had obtained this competency, as his wealth continued to accumulate, he formed a remarkable and praiseworthy design of engaging in some scheme of public utility, and at first VOL. I.

had it in contemplation to found an anatomical school in this metropolis. For this purpose, about the year 1765, during the government of Mr. Grenville, he presented a memorial to that minister, in which he requested the grant of a piece of ground in the Mews, for the site of an anatomical theatre. Dr. Hunter undertook to expend seven thousand pounds on the building, and to endow a professorship of anatomy in perpetuity. This scheme did not meet with the recep-tion which it deserved. In a conversation on this subject, soon afterwards, held with the Earl of Shelburne, his Lordship expressed a wish that the plan might be carried into execution by subscription, and very generously requested to accompany his name with a thousand guineas. Dr. Hunter's delicacy would not allow him to adopt this proposal. He chose rather to execute the plan at his own expense, and accordingly purchased a spot of ground in Great Windmill-street, where he erected a spacious house, to which he removed, from Jermyn-street, in 1770.

In this building, besides a handsome amphitheatre, and other convenient apartments for his lectures and dissections, one magnificent room was fitted up with great elegance and propriety as a museum.

Of the magnitude and value of his collection some idea may be formed, when we consider the great length of years which he employed in making anatomical preparations, and in the dissection of morbid bodies, added to the eagerness with which he procured additions from the museums of Sandys, Falconar, Blackall, and others, which were, at different times, offered for sale in the metropolis. Friends and pupils were constantly augmenting his store with new specimens.

On removing to Windmill-street, he began to extend his views to the embellishment of his collection, by a magnificent library of Greek and Latin Classics; and formed also a very rare cabinet of ancient medals, which was, at the time, considered as only inferior to that belonging to the King of France.\* The coins alone had been purchased at an expense of twenty thousand pounds. Minerals, shells, and other objects of natural history, were gradually added to this museum, which became an object of curiosity throughout Europe. It now enriches the University of Glasgow; and the liberal owner bequeathed to that body 80007. as a fund for the support and augmentation of the whole.

William Hunter contributed several Essays to the Philosophical Transactions, and to the Medical Observations and Inquiries, published by the Medical Society of London. In one of these, he had the merit of first describing the varicose aneurism. In his work, entitled Medical Commentaries, we find him warmly engaged in controversy, and principally in a dispute with the eminent Monro, of Edinburgh, respecting his claims to certain discoveries—particularly the origin and use of the lymphatic vessels. The eagerness of the contending parties in this discussion was very natural, when

• Nummorum veterum populorum et urbium qui in Museo Gulielmi Hunter asservantur descriptio figuris illustrata. Opera. et studio Caroli Combe. Lond. 1783. the interest and honour of the discovery are considered. The title of William Hunter is now generally conceded. It is chiefly to his exertions, and to those of his pupils, Hewson, Shelden, and Cruikshank, combined with those of Mascagni, in Italy, that we are indebted for the complete examination and history of that system of vessels. Blumenbach awards this palm to William Hunter, and few will be disposed to contest his decisions on such subjects.

William Hunter was regularly shaped, but his frame was slender, and he was rather below the middle stature. He was an early riser; and when his professional visits were finished, was constantly to be found in his anatomical rooms, or in his museum. In making inquiries of his patients, he had an appearance of attention, which seldom failed to conciliate their confidence. He was diffident and candid in consultation with his brethren; in familiar conversation he was cheerful and unassuming. In his lectures he was celebrated for the variety and appositeness of the anecdotes with which he enlivened or illustrated the theme : men of the world, artists, and persons of every taste, listened to him with gratification. As an accoucheur, he is allowed to have done much to introduce the moderation and caution which now prevail, amongst intelligent practitioners, in the use of instruments :- "I am clearly of opinion," says he, in one of his latest publications,\* "from all the information which I have been able to pro-

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<sup>\*</sup> Reflections relative to the Operation of Cutting the Symphysis of the Ossa Pubis.

cure, that the forceps (midwifery instruments in general, I fear), upon the whole, has done more harm than good."

William Hunter sacrificed nothing to pomp: he was indifferent to common objects of vanity but having no family which might inherit the fruits of his toil, he nobly resolved to bequeath them to the public, in a durable and beneficial form. He was not a man of ardent temperament—he had in him little of the fire of genius, but he was highly useful in his generation; and he is one of many proofs of the eminence and importance to which a good understanding, a ready perception, and a retentive memory, may conduct the man who commences life with very few other possessions.

When he invited his younger friends to his table, they were seldom regaled with more than two dishes; when alone, he rarely sat down to more than one: he would say, "A man who cannot dine on this deserves to have no dinner." After the meal, his servant (who was also the attendant on the anatomical theatre) used to hand round a single glass of wine to each of his guests. These trifles are mentioned as a trait of the old manner of professional life, and as a feature of the man who devoted seventy thousand pounds to create a museum for the benefit of posterity.

# WARREN.

RICHARD WARREN was born on the thirteenth of December, 1731, at Cavendish, in Suffolk, of which place his father, Dr. Richard Warren, Archdeacon of Suffolk, was the rector. This divine was conspicuous in his time; he was one of the antagonists of Bishop Hoadly in the controversy respecting the Eucharist, and edited the Greek Commentary of Hierocles upon the Golden Verses of Pythagoras. Our physician was the third of his sons: his early education was obtained at the public school of Bury St. Edmund's. In 1748, after the death of his father, he was transferred to Jesus College, Cambridge. Warren was one of those rare characters, which distinguish themselves equally during the period of education and in the more trying scenes of mature life. At this moment his means of support were scanty, and the prejudices which then prevailed among certain leading members of the university were not calculated to encourage or smooth the progress of the son of an able Tory. These distinctions of party have now happily disappeared from our universities. Young Warren overcame every difficulty of his position; his name is the fourth on the list of wranglers in the year of his degree. He obtained two prizes for Latin prose composition in two successive years. On obtaining a fellowship of his college, the church was probably suggested to him as a profession; his inclination, rather than his finances, directed him to legal pursuits, but one of the little incidents of the place decided his doubts, and started him on a road in which few have enjoyed a more prosperous journey.

Dr. Peter Shaw was at this time an eminent physician in London. He was one of the medical attendants upon George the Second, and generally accompanied that sovereign on his excursions to Hanover: to posterity he is better known as the editor of the works of Bacon and of Boyle, and as the author of several publications on medicine and on chemistry. He placed his son at Jesus College, under the care of Warren. The talents of the tutor were not lost upon the father, who finally took a warm interest in his pursuits, induced him to commence the study of medicine, and gave him the hand of his daughter Elizabeth, in 1759. His career was equally brilliant and rapid, but his own disposition and attainments were a main ingredient in his success : a hundred individuals might have touched at the same port, and would have remained wind-bound for life: but Warren combined nearly all the qualities which form not merely the popular, but the great physician. The expression of his countenance was at once amiable and acute, his deportment was polished and kind, his knowledge was various, his comprehension was remarkably clear and quick, and unfolded itself to the listener in a prompt, accurate, and lively strain, and in language the most fortunately chosen. In 1762 he took his degree of Doctor of Medicine, which requires a much longer term in the English universities than

elsewhere; and in the same year was created physician to George the Third, on the resignation of his father-in-law. We are not to suppose that Warren marched straight to his goal without any extraneous aids, but the aids which he obtained were attracted by the excellence of his character. Shaw had introduced him to many valuable friends. Sir Edward Wilmot, the worthy son-in-law of Mead, was one of the physicians to the court, and being inclined to retire from the fatigues of business, he had previously recommended Warren as physician to the Princess Amelia, the daughter of George the Second. This elevated patient required more than ordinary attention: she was subject to sudden seizures which gave rise to alarm. During two summers the princess visited Tunbridge Wells under his care. In 1787 he was appointed physician to the Prince of Wales.

Warren was one of the earliest physicians to the Middlesex Hospital: after remaining a short time in that situation, he was elected to fill the same office at St. George's Hospital, and held it during several years.

His eminence is not to be ascribed to mere patronage, nor to singularity of doctrine, nor to the arts of a showy address, nor to any capricious revolution of fortune's wheel: it was the just and natural attainment of great talents. These talents, indeed, cannot be subjected to the scrutiny of literary criticism, because he was too early engrossed by pressing occupations to find leisure sufficient to commit many of his observations to paper,—but the accuracy of his prognosis and his fine sagacity survive in the recollection of a few. His ready

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memory presented to him, on every emergency, the extensive stores of his knowledge,-and that solidity of judgment, which regulated their application to the case before him, would have equally enabled him to outstrip competition in any department of science and art. He was one among the first of his professional brethren who departed from the formalities which had long rendered medicine a favourite theme of ridicule with the wits who happened to enjoy health. He was one of the few great characters of his time, whose popularity was not the fruit of party favour ; without any sacrifice of independence, he gained the suffrages of men of every class, as well as the more difficult applause of his own fraternity. He enjoyed the friendship of many distinguished men, and among others, of Lord North; his conversation, indeed, was peculiarly fitted to conciliate every variety of age and of temperament. The cheerfulness of his own nature, and the power which he possessed of infusing it into others, enabled him to exercise over his patients an authority very beneficial to themselves; and in this respect, as in some others, he has left an instructive example to future professors of medicine, who perhaps do not always sufficiently seek to inspire the objects of their care with a train of animating thoughts. The chamber of the sick is no enlivening scene to those who enter it, but cheerfulness of manner is not the less agreeable to the sick, because repugnant to the feelings of the attendant; it is one of the surest modes of acquiring the confidence of a patient, and in some cases operates as a restorative of no mean efficacy.

Warren arrived early at the highest practice in this great metropolis, and maintained his supremacy to the last, with unfading faculties. The amount of revenue sometimes enters into the computation of a medical character, and such anecdotes, perhaps, form a link in the domestic history of the profession. He is said to have realized nine thousand a year, from the time of the regency; and to have bequeathed to his family above one hundred and fifty thousand pounds. He died, at his house in Dover-street, on the 22d of June, 1797: his disease was erysipelas of the head, which destroyed him in his sixty-sixth year, at the very time when the most sanguine hopes were entertained of his recovery by Sir George Baker and Pitcairn. His widow, two daughters, and eight sons survived him; and have erected in Kensington church a just tribute,-Viro ingenio, prudentiâque aucto, optimarum artium disci-plinis erudito, comitatis et beneficentiæ laude bonis omnibus commendatissimo. Dr. Turton succeeded him as physician to the king and to the prince of Wales.

Two memoirs were inserted by him in the Transactions of the College of Physicians; in the first volume of that collection is one On the Bronchial Polypus, and in the second, a not less interesting essay, On the Colica Pictonum. It rarely occurs to a family to witness, in two successive generations, the display of similar abilities, and of success in the same pursuit; but the son, who was educated to his own profession, shares at present the post of honour which his parent had so long occupied.

## BAILLIE.

MATTHEW BAILLIE was born in Scotland, in 1761, at the parsonage (or manse) of Shots, in Lanarkshire. His father was the clergyman of that place, and became afterwards professor of divinity in the University of Glasgow. His mother was the sister of two men whose names will not be soon forgotten,—Dr. William Hunter, and John Hunter the surgeon, whom it is almost superfluous to record as the founder of the museum which has signalized his name in every land where science is cultivated; nor, in the enumeration of his celebrated relations, will it ever be omitted that he himself was the brother of Joanna Baillie, the great poetess of The Passions.

After passing through the school of Hamilton, where his industry and talent were early disclosed, he entered the University of Glasgow. He appears to have devoted himself, during three years, to the study of languages, of mathematics, and of general philosophy; a mode of education, which experience as well as theory indicate as the best preparation to any pursuit which may afterwards be destined to become the principal object of life. Baillie loved to retrace, in later days, his early companions of the Glasgow classes, and eagerly treasured the good fortune that befell many of them, but in which he probably outstripped them all. His first choice of a profession seems to have been in favour of the Church, but the eminence of his maternal uncle, William Hunter, decided him to embrace the more anxious pursuit of medicine. In the mean time, he obtained one of the Scotch exhibitions at Balliol College, Oxford, where he resided to complete his general education, while his vacations were also advantageously passed under the roof of his uncle, in London. Under auspices so favourable, he soon became a proficient in anatomy, and commenced as a demonstrator, in the anatomical school of his uncle, only two years after entering upon the study of that science. For the progress he had so rapidly made he was greatly indebted to the assiduous instruction of his kind preceptor, who spared no pains in cultivating in his young pupil that habit of ready and exact explanation of every subject he treated, for which Baillie was in after life so remarkable. The manner he adopted, it is related, was as follows :--- "Matthew, do you know anything of to-day's lecture?" demanded Dr. Hunter of his nephew. "Yes, sir, I hope I do." "Well then, demonstrate to me." "I will go and fetch the preparation, sir." "Oh no, Matthew, if you know the subject really, you will know it whether the preparation be absent or present." After this short dialogue, Dr. Hunter would stand with his back to the fire, while the young Baillie demonstrated the subject of the lecture which had just been delivered; and then the student was encouraged by approbation and assistance, or immediately upon the spot convicted of having carried

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away with him nothing but loose and inaccurate information. At the end of another year, his uncle died, and bequeathed to him the use of the museum (which is now an ornament to the University of Glasgow), his theatre and house in Windmillstreet, and also a small family estate in Scotland. The last of these legacies Baillie nobly yielded to his uncle, John Hunter, from a consideration that he was the natural heir. William Hunter also left him about one hundred pounds a year; and devoted the remainder of his fortune to the support of his museum, to the erection of a building for its reception at Glasgow, and to an annuity to two surviving sisters.

The example and precepts of so distinguished a relative as William Hunter, afforded advantages such as few students have possessed. Baillie observes of him, in a manuscript lecture, that no one ever possessed more enthusiasm for the art, more persevering industry, more acuteness of investigation, more perspicuity of expression, nor, indeed, a greater share of natural eloquence. The clearness and simplicity which rendered the lessons of William Hunter so instructive and so captivating, were visible, in nearly an equal degree, in the lectures which Baillie continued, during many years, to deliver in the same school. He seized every occasion of examining diseased appearances after death, and preserved minute notes of his observations; his zeal in one instance endangered his life, from a slight wound received on his hand, by a knife, while engaged in the dissection of a putrid body. He gradually accumulated a well-selected collection of specimens of diseased organs; it illustrates almost every diseased alteration in the human body, and is now preserved in the College of Physicians, to whom he presented it, with a sum of six hundred pounds towards its maintenance, and with his medical library.

In 1787, in his twenty-seventh year, he was elected one of the physicians to St. George's Hospital; and two years afterwards, took the degree of doctor of medicine at Oxford, and became a fellow of the College of Physicians of London.

Animated and surrounded by the labours of the two Hunters, Baillie collected and arranged a multitude of pathological facts, which he presented to the world, in 1795, in his most useful work on The Morbid Anatomy of some of the most important parts of the Human Body. This well-known book reached five editions during his lifetime; it was twice translated into French, and twice into German; it has also appeared in Italian. The illustrious Professor Soemmering was one of his German translators: in the letter which accompanied the present of his translation to Baillie, he styles it superior to any eulogium in his power to bestow. When speaking, in print, of its merits, he observes, in language which is doubly valuable, as coming from one of the most competent judges of the subject ;--- " the strictest attachment to truth characterizes every page of Dr. Baillie's work : accurate and impartial reasoning is every where conspicuous; and there is no part but what displays the share of attention that had been paid in observing those alterations of structure to which the various parts of our body are subject. Atten-

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tive and thinking practitioners will here find facts which will furnish them with the true causes of many phenomena they have observed; they will often find explanations that they had long wished for; and some will meet with facts, which, instead of agreeing with favourite theories, will serve in the strongest manner to refute them." Meckel, the most distinguished living anatomist in Europe, in the fasciculi of Morbid Anatomy which he has recently published, is perpetually citing the text and plates of Baillie, and has clearly derived more information from this source than from any other. Indeed no one can form a just notion of his power of compressing his subject matter, without comparing his treatise with the more voluminous ones which had preceded it on the same subject : there is scarcely a pathological fact in the enormous tomes of Bonetus, Lieutaud, and Morgagni, which is not to be found in the small and unpretending manual of Baillie. In the second edition he made a valuable addition of the Symptoms, but the drudgery of extensive practice, which gradually overwhelmed and oppressed him after the age of forty, prevented him from making any further important improvements. About four years after the appearance of this manual, he began to publish his "Engravings," illustrative of it: these plates reflect equal honour on the editor, the draughtsman, and the engraver; in beauty they have never been excelled. Mr. Clift, the Conservator of the Museum of the College of Surgeons, ought to be mentioned as the artist of the drawings.

In his twenty-ninth year Baillie married Sophia, the second daughter of the eminent Dr. Denman,

who, from his extensive connexions as an accoucheur, possessed many opportunities of recommending his son-in-law. A few years afterwards, Dr. Pitcairn, also, with whom Baillie had been acquainted in very early life, was obliged, at the height of his fame, to relinquish his business through declining health, and introduced his friend to his patients. The circumstances of the illness and death of this accomplished physician, which made so favourable an opening for the rising fortunes of Baillie, were peculiarly melancholy. He had been obliged to give up his practice, and embark for Lisbon in the summer of 1798, where a stay of eighteen months in the mild climate of Portugal so far restored him to health as to warrant his return to England, and partial resumption of his professional duties. But his convalescence was of short duration only, and Pitcairn was destined soon to fall a victim to a disease that had hitherto escaped the observation of the faculty; and though he had never published any medical work himself, the peculiar and melancholy privilege was reserved for him, to enlighten his profession in the very act of dying. In the spring of 1809, in the month of April, he complained of a soreness in his throat, which, however, he thought so lightly of, as to continue his professional visits for a day or two more. In the night of the 15th of that month, his throat became worse, and on the morning of the following day Baillie called upon him accidentally, but observed at that time no symptoms indicating danger; the insidious disease, however, slowly advanced, and after the lapse of twenty-four hours the embarrassment of breathing became suddenly

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more distressing, and in a few minutes the patient was dead.

But to return to Baillie, his engagements increased so rapidly, after the first secession of Pitcairn from London, that in 1799, after having performed the duties of physician to St. George's Hospital during thirteen years, he resigned that appointment, gave up his anatomical lectures also, and, removing to Grosvenor-street, devoted himself entirely to general practice. Unfortunately the brilliant success of his career did not add much to his own happiness; it was the means of rapidly unhinging his constitution, and of chilling both the elasticity and the tranquillity of mind which are only to be found when the body is in health. He does not seem to have been sufficiently early aware, that those who lead a life of constant unvarying devotion to one pursuit, gradually lose their relish for all other occupations, and become even indifferent to any relaxation. Medical men often painfully evince the truth of this remark. Even the taste which he had acquired in his youth for rural scenery and pursuits did not survive to abstract or to charm him at the time when fortune had made him owner of a large domain; and when retirement to the country became necessary to his health, he did not find in its haunts the repose which those alone enjoy who, in the midst of their busiest toils, have endeavoured to cherish and to keep alive a relish for the beauties of nature, of art, or of literature.

Baillie was physician extraordinary to the late king, and physician in ordinary to the Princess Charlotte. In 1810 he attended on the Princess

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Amelia. He was afterwards called to attend George the Third in his last illness; an attendance which was protracted during ten years, and carried him very frequently to Windsor. He was invited to become an associate of many learned bodies, and received the singular honour of more than thirty dedications in an age when dedications are becoming more rare and more genuine. His prosperity did not render him less modest in his estimate of himself: he used to say to his own family, "I know better, perhaps, than another man, from my knowledge of anatomy, how to discover a disease, but when I have done so, I do not know better how to cure it." He was remarkable for the consideration which he paid to the feelings of his professional brethren, and more particularly to the younger branches; punctuality was also one of his characteristics.

He was in the habit, during many years, of devoting sixteen hours of each day to business: he often paid visits to his patients until a late hour at night. His physical frame was not so strong as his resolution, and the sword began to wear out the sheath. An irritability of mind sometimes involuntarily contended against his natural kindness of heart. He frequently came to his own table after a day of fatigue, and held up his hands to the family circle eager to welcome him home, saying, "Don't speak to me," and then, presently, after a glass of wine, and when the transitory cloud had cleared away from his brow, with a smile of affection he would look round, and exclaim, "You may speak to me now."

He amassed a very considerable fortune; but it

was not at the expense of generosity; his kindness and even his munificence are preserved in the memory of many of his survivors. He was in the constant habit of refusing fees, when he thought they could be ill afforded; and not a few of his patients have become his pecuniary debtors. He had no taste for splendour, but he lived in the manner of an affluent English gentleman. His person was below the middle size, his countenance was plain, but frank; he retained the dialect of his country, and was blunt in his address, but, when excited into earnest conversation, his features became illuminated with vivacity and intelligence. His personal habits were particularly simple. He preserved through life that tender interest towards his native land which invariably animates superior minds.

From his habit of public lecturing, he had acquired two great advantages : First, a minute and accurate knowledge of the structure of the human body; and, second, the most perfect distinctness and excellent arrangement, in what may be called the art of statement. For this latter quality he was very remarkable; and even when he was compelled to relinquish lecturing (by which he had acquired it), in consequence of the growing extent of his practice, it continued to be of daily advantage to him. In examining a patient, for the purpose of learning the symptoms of the complaint, the questions he put were so few as to give an impression of haste and carelessness; in conversing on the case with the physician whom he met in consultation, he was very short and clear; and it was not until the relations or friends

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of the patient were admitted, and he proceeded to communicate to them the result of the consultation, that he appeared to full advantage. He then gave a short practical lecture, not merely on the symptoms of the patient, but on the disease generally, in which all that was known on the subject was brought to bear on the individual case, and in doing this, his utterance was so deliberate, that it was easy to follow him. His explanations were so concise, that they always excited attention, and never tired ; and the simplicity of the language in which they were conveyed, where all technical terms were studiously avoided, rendered them perfectly intelligible.

It was a maxim with him that the most successful treatment of patients depended upon the exertion of sagacity or good common sense, guided by a competent professional knowledge, and not by following strictly the rules of practice laid down in books, even by men of the greatest talents and experience. "It is very seldom," he was used to say, "that diseases are found pure and unmixed, as they are commonly described by authors; and there is almost an endless variety of constitutions. The treatment must be adapted to this mixture and variety, in order to be as successful as circumstances will permit; and this allows of a very wide field for the exercise of good common sense on the part of the physician."

In his view of the case of a patient, he selected the leading features of the subject, and, neglecting all minor details, systematically abstained from touching upon anything ingenious, subtle, or farfetched. Hence, in the treatment of disease, he was not fertile in expedients, but aimed at the fulfilment of a few leading indications, by the employment of the simplest means; if these failed, he was often at a loss what to do next, and had not the talent, for which some are distinguished, of varying his prescription every day, so as to retain the confidence, and keep alive the expectation, of the patient. But this peculiarity of mind, which was perhaps a defect in the *practice* of his profession, was a great advantage to him in his discourse, and rendered him unrivalled as a lecturer. After writing a prescription he read it over with great care and consideration, for fear of having committed a mistake.

During his latter years, when he had retired from all but consultation practice, and had ample time to attend to each individual case, he was very deliberate, tolerant, and willing to listen to whatever was said to him by the patient; but, at an earlier period, in the hurry of great business, when his day's work, as he was used to say, amounted to sixteen hours, he was sometimes rather irritable, and betrayed a want of temper in hearing the tiresome details of an unimportant story. After listening, with torture, to a prosing account from a lady, who ailed so little that she was going to the Opera that evening, he had happily escaped from the room, when he was urgently requested to step up stairs again ; it was to ask him whether, on her return from the Opera, she might eat some oysters : "Yes, Ma'am," said Baillie, " shells and all."

One so engaged, in the daily toil and laborious duties of a great metropolitan doctor, may easily be conceived to have enjoyed little leisure for the cultivation of any literary or scientific pursuit, not immediately connected with his profession; and Baillie, it must be allowed, was wholly and entirely a physician. A few years only before his death, during a visit which the late Professor Gregory of Edinburgh made to London, these two eminent countrymen, equally distinguished in their respective departments, conversed together on several occasions; and the judgment they jocosely passed upon each other was expressed in the following manner:—" Baillie," said the accomplished and classical professor, " knows nothing but physic." " Gregory," exclaimed the skilful and experienced London practitioner, " seems to me to know every thing but physic."\*

In 1823, after much bodily suffering, but with an unshaken mind, his career was terminated, too soon for himself, for his friends, and for the public. He left some *Brief Observations on Diseases*, for private posthumous publication. They are very interesting to those who love to read the experience of an eminent man rather than to grasp at specious promises of novelty, and to confirm what they have learned rather than to wander in search of doubt.

We cannot present the reader with a more just appreciation of this excellent man than is contained in the observations which his distinguished contemporary, Sir Henry Halford, delivered at the

\* Dr. Gregory, who for many years ably filled the chair of the theory and practice of medicine in the University of Edinburgh, was, however, highly distinguished as a physician, as well as in the world of letters.

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College over which he presides, on the character of his departed friend.

"The same principles which guided Dr. Baillie in his private and domestic life governed his public and professional behaviour. He was kind, generous, and sincere. His purse and his personal services were always at the command of those who could prefer a proper claim to them; and every branch of the profession met with equal attention. Nay, such was his condescension, that he often incurred great inconvenience to himself by his punctual observance of appointments with the humblest practitioners.

"In consultation he was candid and liberal in the highest degree; and so industriously gave credit to the previous treatment of the patient, (if he could approve of it,) that the physician who called him in never failed to find himself in the same possession of the good opinion of the family as he was before the circumstances of the case had made a consultation necessary.

"His manner of explaining the disease, and the remedies recommended, were peculiar to himself, and singularly happy. It was a short compressed lecture, in which the objects in view, and the means by which they were to be obtained, were developed with great clearness of conception, and in such simple, unadorned language as was intelligible to his patient, and satisfactory to his colleague.

"Before his time, it was not usual for a physician to do much more than prescribe remedies for the malady, and to encourage the patient by such arguments of consolation as might present themselves to humane and cultivated minds. But, as the assumed gravity and outward signs of the profession were now considered obsolete customs, and were, by general consent, laid aside by the physicians, and as a more curious anxiety began to be observed on the part of the patient to learn every thing connected with his complaint, arising naturally from the improved state of general knowledge, a different conduct became necessary in the sick-room.

"The innovation required by the spirit of modern times never could have been adopted by any one more fitted by nature and inclination to carry it into effect than Dr. Baillie.

"The attention which he had paid to morbid anatomy enabled him to make a nice discrimination in symptoms, and to distinguish between disorders which resemble each other. It gave him a confidence also in propounding his opinions, which our conjectural art does not readily admit; and the reputation which he enjoyed, universally, for openness and sincerity, made his dicta be received with a ready and unresisting faith.

"He appeared to lay a great stress upon the information which he might derive from the external examination of his patient, and to be much influenced in the information of his opinion of the nature of the complaint by this practice.

"He had originally adopted this habit from the peculiar turn of his early studies; and, assuredly, such a method, not indiscriminately, but judiciously employed, as he employed it, is a valuable auxiliary to the other ordinary means, used by a physician, of obtaining the knowledge of a disease submitted to him. But it is equally true, that, notwithstanding its air of mechanical precision, such examination is not to be depended upon beyond a certain point. Great disordered action may prevail in a part, without having yet produced such disorganization as may be sensibly felt; and to doubt of the existence of a disease, because it is not discoverable by the touch, is not only unphilosophical, but must surely, in many instances, lead to unfounded and erroneous conclusions. One of the inevitable consequences of such a system is frequent disappointment in foretelling the issue of the malady, that most important of all points to the reputation of the physician; and though such a mode of investigation might prove eminently successful in the skilful hands of Dr. Baillie, it must be allowed to be an example of dangerous tendency to those who have not had his means of acquiring knowledge, nor enjoyed the advantages of his great experience, nor have learned, by the previous steps of education and good discipline, to reason and judge correctly. The quickness with which a physician of keen perception, and great practice, makes up his mind on the nature of a disease, and the plan of treatment to be employed, differs as widely as possible from the inconsiderate haste which marks the decisions of the rash and the uninformed.

"Dr. Baillie acquired business early by the credit of his book on morbid anatomy. From the date of its first publication, its materials must have been furnished, principally, by a careful inspection of the diseased preparations collected in the museum of his uncle, Dr. Hunter. But it opened a new and most productive field of curious knowledge and interesting research in physic; and when he came to add, in the subsequent editions which were required, an account of the symptoms which accompanied the progressive alteration made in the natural structure of parts, by some diseases, during the life of the patient, from his own observation and experience, he rendered his work highly valuable and universally popular. Impressed, as he was, with the great importance and value of such morbid preparations, in assisting the physician to discriminate obscure internal diseases, his generosity prompted him, after the example of the immortal Harvey, to give, in his lifetime, his own collection to the College of Physicians. He has thus laid the foundation of a treasury of knowledge, for which posterity will owe him a debt of gratitude to the latest period.

"He published, from time to time, several medical papers in the Transactions of the College, and in other periodical works; all written in a plain and simple style, and useful, as containing the observations of a physician of such extensive experience.

"But justice cannot be done to Dr. Baillie's medical character, unless that important feature in it, which appeared in every part of his conduct and demeanour,—his religious principle, be distinctly stated and recognised. His ample converse with one of the most wonderful works of the Creator,—the formation of man, inspired in him an admiration of the Supreme Being, which nothing could exceed. He had, indeed, 'looked through nature up to nature's God;' and the promises of the Gospel, on the conditions explained

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by our Redeemer, were his humble, but confident hope in life, and his consolation in death.

"If one precept appeared to be more practically approved by him than another, it was that which directs us to do unto others as we would have them do unto us; and this was felt and acknowledged daily by all his professional brethren in their intercourse with him.

"On the whole, we may say of him what Tacitus does of Agricola:—Bonum virum facile crederes; magnum libenter."

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Among all the names which ought to be consecrated by the gratitude of mankind, that of Jenner stands pre-eminent : it would be difficult, we are inclined to say impossible, to select from the catalogue of benefactors to human nature, an individual who has contributed so largely to the preservation of life, and to the alleviation of sufferings. Into whatever corner of the world the blessing of printed knowledge has penetrated, there also will the name of Jenner be familiar; but the fruits of his discovery have ripened in barbarous soils, where books have never been opened, and where the savage does not pause to inquire from what source he has derived relief. No improvement in the physical sciences can bear a parallel with that which ministers, in every part of the globe, to the prevention of deformity, and, in a great proportion, to the exemption from actual destruction.

The ravages which the small-pox formerly committed are scarcely conceived or recollected by the present generation; and an instance of death occurring after vaccination is now eagerly seized and commented upon; yet forty years have not elapsed since this disease might fairly be termed the scourge of mankind, and an enemy more extensive and more insidious in its warfare than even the plague. A family blighted in its fairest



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hopes, through this terrible visitation, was an everyday spectacle: the imperial house of Austria lost eleven of its offspring by the small pox in fifty years alone;\* the instance is mentioned, because it is historical, but in the obscure and unrecorded scenes of life, this pest was often a still more merciless intruder.

Nevertheless, a painful reflection is forced upon us, in considering the history of Jenner; he surely did not receive, among his countrymen, the distinction, the fortune, and the fame which he merited. It seems that, among nations called civilized, the persons who contribute to amusement, and to the immediate gratification of the senses, occupy a higher share of attention, than the gifted and generous beings who devote their existence to the discovery of truths of vital importance. The sculptor, the painter, the musician, the actor, shall engross, a thousand times, the thoughts of citizens, who perhaps, only five times in a whole life, consider the merits of a Jenner. The little arts of puffing, the mean machinery of ostentation, never once entered the heads of a Newton, a Watt, or a Jenner; but they protrude into meridian splendour the puny pretensions of countless poetasters, witlings, and amateurs. Real genius and active industry should not be dismayed, however, by this indifference which clouds the dawn of their exertions, and which sometimes nips the bud of noble aspirations; for great truths there will always come a time and a place; the

<sup>\*</sup> The grandfather of Maria Theresa died of it, wrapped, by order of the faculty, in twenty yards of scarlet broad-cloth.

man who works for the benefit of his fellowbeings can afford to wait the hour allotted for the full development of his labours, and bequeaths, in tranquil confidence, to posterity the reputation which he may have failed to obtain from a dominant coterie of capricious contemporaries. The father of Jenner was vicar of Berkeley, in

The father of Jenner was vicar of Berkeley, in Gloucestershire, the possessor of considerable landed property, and a member of a family of great antiquity in that county and Worcestershire. Edward Jenner, his third son, the illustrious subject of our memoir, was born in the vicarage on the 17th of May, 1749.

Before Edward was nine years of age he manifested a growing taste for natural history in forming a collection of the nests of the dormouse; and when at Cirencester, he spent the hours, devoted by the other pupils of Dr. Washbourn's school to play, in searching for the fossils which abound in that neighbourhood. He was removed from this seminary to Sudbury, near Bristol, in order to be instructed in the elements of surgery and pharmacy by Mr. Ludlow, a person of eminence in his profession. When he had completed his apprenticeship to this gentleman, he came to London, to pursue his studies under the care of John Hunter, in whose house he resided, as a pupil, during two years. Jenner was, on his arrival in London, in the twenty-first year of his age, and John Hunter was now in his fortysecond. This difference of age did not prevent the formation of a real friendship; a community of tastes and pursuits united them to the last; and Jenner could not fail to profit by the many oppor-

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tunities which his patron enjoyed, as a lecturer, as surgeon to St. George's Hospital, and in the possession of a menagerie at Brompton, where he prosecuted his inquiries into the habits and structure of animals. This was a fortunate crisis in Jenner's life; the spark of observation was latent in his mind, and Hunter supplied the friendly breath. Jenner became an enthusiast in pursuit of natural history, in its most extended sense. In the dissection of tender and delicate organs, and in minute injections, he was almost unrivalled, and displayed the parts with the greatest accuracy and elegance. He bequeathed to Dr. Baron, of Gloucester, his friend and able biographer, a preparation which combines all these qualities. It represents the progress of the ovum in our common domestic fowl, from its first development to its full and complete growth, when it is about to be dropped from the oviduct. The vascularity of the membrane which invests the ova, as well as the internal state of the oviduct, where the shell is formed, are all exhibited with masterly skill.

While he was residing with Hunter, in 1771, Captain Cooke returned from his first voyage of discovery. The specimens of natural history which had been collected by Sir Joseph Banks were in a great measure arranged by Jenner, who was recommended by Hunter for that service. So much dexterity and knowledge were evinced by him in the execution of this labour, that he was offered the appointment of Naturalist to the next expedition, which sailed in 1772. Neither this flattering proposal, however, nor any other more enticing prospects, could alter his purpose of fixing his abode in the place which had given him birth. He was partly influenced in this determination by the grateful affection which he entertained towards his eldest brother, the guide of his orphan years; and partly by that attachment to rural scenes, and to the traces of early life, which operates more or less on every generous and sensitive heart.

He returned, accordingly, to Berkeley, and took up his residence with his brother Stephen. Few men have commenced their career with a more conscientious preparation for its duties. Towards John Hunter he ever maintained the most grateful friendship, and generally spoke of him as the dear man: he kept up an active correspondence with his former instructor, and the letters preserved in Dr. Baron's memoir are full of lively interest on subjects of natural history and physiology; pictures form sometimes a topic of discussion, and on both sides remarkable ardour and industry are displayed on the investigations congenial to their disposition. His practice rapidly increased, and he acquired a degree of reputation rarely attained at so early an age. Still he abstracted from the fatigues of country practice a sufficient portion of time to accumulate, in a short time, a series of specimens illustrative of comparative anatomy and natural history, which, had they been displayed with more ostentation, would have formed no inconsiderable museum. His attention was, in later years, drawn to a more engrossing object; otherwise, his researches in the above field must have placed him

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finally in an elevated rank amongst its most successful explorers. We perceive that Jenner was not conducted to his great discovery by an accident which might have equally favoured a less diligent student, but that his mind was prepared to seize any previously unnoticed phenomenon which might present itself, and to derive from a careful and vigorous spirit of observation those profitable results which the indolent and timid ascribe to the chance of fortune, but which are in reality the rewards of patient and well-directed inquiry.

We shall enter more minutely into the early period of Jenner's life than into the details of his later years, which are in a manner embodied with the subject that has consecrated his name. The years in which a great character forms itself, and the manner in which it displays itself before it has ripened into public fame, are always those least familiar to the world, and, we may add, are often the most instructive and animating to others. In this early part of his career Jenner afforded indications of genius which good judges of character recognised as the harbingers of future reputation. His surgical attainments, his amiable and polished manners, and his very general information, secured to him a welcome reception from the most distinguished families in his district. His tenderness, kindness, and meekness, were remarkable; an uncommon delicacy of feeling occasionally threw a pensive shade over his mind, but his lively disposition equally entered into the deepest sympathy with the sadder moments of his friends, or gaily participated in their happier hours. The excursions which he was obliged to make gratified

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his keen relish for the picturesque beauty in which his neighbourhood abounded; and many were delighted to accompany him twenty miles in his morning rides, eagerly listening to the overflowings of an enthusiastic admirer of nature and of art.

His appearance and manner during this portion of his life were vividly described to Dr. Baron by one of his earliest friends, in terms so characteristic that the object stands before us. "His height was under the middle size, his person was robust, but active and well formed. In his dress he was peculiarly neat, and everything about him showed the man intent and serious, and well prepared to meet the duties of his calling. When I first saw him, it was on Frampton Green. I was somewhat his junior in years, and had heard so much of Mr. Jenner of Berkeley, that I had no small curiosity to see him. He was dressed in a blue coat and yellow buttons, buckskins, wellpolished jockey boots, with handsome silver spurs; and he carried a smart whip with a silver handle. His hair, after the fashion of the times, was done up in a club, and he wore a broad-brimmed hat. \*

"We were introduced on that occasion, and I was delighted and astonished. I was prepared to find an accomplished man, and all the country spoke of him as a skilful surgeon and a great naturalist; but I did not expect to find him so much at home on other matters. I, who had been spending my time in cultivating my judgment by abstract study, and smit from my boyhood with the love of song, had sought my amusement in the rosy fields of imagination, was not less surprised than gratified to find that the ancient affinity between Apollo and Æsculapius was so well maintained in his person."

The attraction of Jenner's conversation would often induce his friends to accompany him even at midnight many miles on his road homewards from professional avocations. His humour is described by Dr. Baron as most enlivening and descriptive, and the more engaging, as it was alike free from all manner of impurity and of malevolence. In these respects he was, as Izaak Walton says, neither beholden to the devil nor his own corruptions, but kept clear of both. His imagination was always active, and he appears to have frequently sought relaxation from severer studies in poetical compositions. He was much attached to music performed on the violin and flute. In his latter years (says Dr. Baron), after his renown had filled the world, and after the many cares attendant on vaccination had orten weighed heavy upon him, I have seen him shake them entirely off, take up a humorous strain, and sing one of his own ballads with all the mirth of youthful life. We subjoin a few specimens of his verse, not so much for their poetic merit (though that of the second piece, especially, has received high and just praise), as to mark his flexibility of talent, and his close observation of the features of nature.

#### ADDRESS TO A ROBIN.

COME, sweetest of the feather'd throng ! And sooth me with thy plaintive song ; Come to my cot, devoid of fear, No danger shall await thee here. No prowling cat, with whisker'd face, Approaches this sequester'd place ;

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#### BRITISH PHYSICIANS.

No school boy, with his willow-bow, Shall aim at thee a murd'rous blow; No wily limed twig e'er molest Thy olive wing or crimson breast: Thy cup, sweet bird ! I'll duly fill At yonder cressy, bubbling rill; Thy board shall plenteously be spread With crumblets of the nicest bread : And when rude winter comes, and shows His icicles and shiv'ring snows, Hop o'er my cheering hearth, and be One of my peaceful family : Then sooth me with thy plaintive song, Thou sweetest of the feather'd throng !

#### SIGNS OF RAIN.

### An Excuse for not accepting the Invitation of a Friend to make a Country Excursion.

THE hollow winds begin to blow, The clouds look black, the glass is low, The soot falls down, the spaniels sleep, And spiders from their cobwebs creep. Last night the sun went pale to bed, The moon in halos hid her head. The boding shepherd heaves a sigh, For see! a rainbow spans the sky. The walls are damp, the ditches smell; Closed is the pink-eyed pimpernel. Hark! how the chairs and tables crack ; Old Betty's joints are on the rack. Loud quack the ducks, the peacocks cry; The distant hills are looking nigh. How restless are the snorting swine !--The busy flies disturb the kine. Low o'er the grass the swallow wings; The cricket, too, how loud it sings ! Puss, on the hearth, with velvet paws, Sits smoothing o'er her whisker'd jaws. Through the clear stream the fishes rise, And nimbly catch th' incautious flies : The sheep were seen, at early light, Cropping the meads with eager bite.

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Though June, the air is cold and chill; The mellow blackbird's voice is still. The glow-worms, numerous and bright, Illumed the dewy dell last night; At dusk the squalid toad was seen, Hopping, crawling, o'er the green. The frog has lost his yellow vest, And in a dingy suit is dress'd. The leech, disturb'd, is newly risen Quite to the summit of his prison. The whirling winds the dust obeys, And in the rapid eddy plays. My dog, so alter'd in his taste, Quits mutton-bones, on grass to feast ; And see yon rooks, how odd their flight! They imitate the gliding kite; Or seem precipitate to fall, As if they felt the piercing ball. 'T will surely rain : - I see, with sorrow, Our jaunt must be put off to-morrow.

In March, 1788, he added greatly to his happiness by marrying Miss Catharine Kingscote, a lady of elegant manners, accomplished mind, and vigorous understanding; in her counsel and sympathy he found support in many of the future trials of his life.

About this time, his curious paper on the Cuckoo was read at the Royal Society, and printed in the *Transactions*. He had bestowed great care in collecting the facts, and in reporting them with fidelity. It explained the habits of the cuckoo with much clearness, and its account has been adopted by every succeeding naturalist. The cuckoo does not itself hatch the six eggs which it lays, from time to time, in the spring, but places them singly in the nest of the hedge-sparrow, water-wagtail, &c.; the office of incubation being

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thus transferred to the latter. It is remarkable that its eggs, although much larger than those of these other birds, do not require a longer period of incubation. The young cuckoo grows rapidly, and soon expels the brood of the sparrow, &c., from their own nest. Jenner proposes a new solution of these peculiarities; for which we refer our readers to the original, or to the analysis of his biographer.

Oppressed by the fatigues inseparable from general practice in the country, he resolved to confine himself to medicine, and obtained, in 1792, a degree of M.D. from the University of St. Andrew's. No man has conferred more lustre on that title, however obtained, than Jenner; but it is due to this ancient seminary to state, that it no longer affords admission to its honours on such easy terms; it has reformed itself, and now deserves to rank with most of the medical schools of Europe in the tests of proficiency which it demands from candidates. Towards the end of 1794, Jenner was attacked with a typhus fever, which nearly proved fatal. The excellent Dr. Parry, of Bath, came to attend him. He has himself left a touching picture of his own sufferings, as well as those of his family, in a letter addressed to his friend, W. F. Shrapnell, Esq.

We now arrive at the critical period of Jenner's life, to which our limits will render a very inadequate justice; happily the subject is one on which information has been amply accumulated, and is easily accessible on all sides.

While Jenner was pursuing his professional education in the house of his master, at Sudbury,

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a young countrywoman applied for advice; the subject of small-pox was casually mentioned in her presence; she immediately remarked, "I cannot take that disease, for I have had cow-pox." This was a popular notion in his district, but it now fixed his attention, and grew with his growth. It appears that, in Dorsetshire, a pustular eruption, derived from infection, and chiefly showing itself on the hands of milkers who had milked cows similarly disordered, attracted attention about forty or fifty years ago. It had been found to secure persons from the small-pox. Numerous examples are said to have been communicated to Sir George Baker, who had been, not long before, engaged in a very troublesome, though honourable and successful, controversy respecting the endemical colic of Devonshire, and was probably unwilling to break another lance. In one of Jenner's notebooks, of 1799, we find the following anecdote :---" I know of no direct allusion to the disease in any ancient writer, yet the following seems not very distantly to bear upon it. When the Duchess of Cleveland was taunted by her companions, Moll Davis (Lady Mary Davis) and others, that she might soon have to deplore the loss of that beauty which was then her boast, the small-pox at that time raging in London : she made a reply to this effect,-that she had no fear about the matter, for she had had a disorder which would prevent her from ever catching the small-pox. This was lately communicated by a gentleman, in this county, but unfortunately he could not recollect from what author he gained this intelligence."

Jenner had frequently witnessed the ravages of

small-pox; he also vividly remembered the discipline to which he had been himself subjected preparatory to his inoculation for that disease : " There was," to use his own words, " bleeding till the blood was thin, purging till the body was wasted to a skeleton, and starving on vegetable diet to keep it so." He early mentioned his rumours of the vaccine protection to John Hunter, who does not seem to have afforded him much encouragement. He appears to have first considered the subject in 1775, and it often recurred to him between that time and 1796, when he made his first decisive experiment. Riding with his friend Gardner, in 1780, on the road between Gloucester and Bristol, he sketched to his friend, in the outlines of anticipation, the plan which he wished to pursue, and the success which might possibly hereafter dawn upon him. These are the delicious moments of genius, of industry-when, wandering for a time from the rugged or thorny walk of daily exertion, the prospective eye looks down from a tranquil and lofty eminence on the distant and varied scenery of hope, melting into the sky, and illumined with all the colours of imagination.

At the meetings of the Alveston Medical Club, of which he was a member, he often introduced his favourite theme, but failed in communicating his own enthusiasm to his hearers, who denounced the topic as a nuisance, from its frequent appearance, and even sportively threatened to expel the orator if he continued to harass them with this importunate discourse. Jenner everywhere proclaimed his belief in the efficacy of his antidote, but he found none to second his wishes; a similar reception had been experienced by Harvey, when he published his views of the circulation of the blood. Let no one hereafter abate the honest zeal of useful pursuit, because his ideas are chilled at first by a universal frigid sneer, or by careless ridicule; such has ever been the fate of those who labour for the benefit of mankind: even the wisest among us oppose innumerable prejudices to the acknowledgment of a new truth; and happy are those who, like Jenner, survive to witness the triumph of their painful struggles in its promulgation.

In 1788 he carried to London a drawing of the casual disease, as seen on the hands of the milkers, and showed it to Sir Everard Home, and to others. John Hunter had alluded frequently to the fact in his lectures; Dr. Adams had heard of the cowpox both from Hunter and Cline, and mentions it in his treatise on Morbid Poisons, printed in 1795, three years previously to Jenner's own publication. Still no one had the courage or the penetration to prosecute the inquiry except Jenner. A noble but modest spirit animated him amidst the doubts of all; he has left us an interesting picture of his feelings. "While the vaccine discovery was progressive, the joy I felt at the prospect before me of being the instrument destined to take away from the world one of its greatest calamities, blended with the fond hope of enjoying independence, and domestic peace and happiness, were often so excessive, that, in pursuing my favourite subject among the meadows, I have sometimes found myself in a kind of reverie. It is pleasant to me to recollect that those reflections always ended in devout acknowledgments to that

Being from whom this and all other blessings flow."

Hitherto he had only remarked the casual disease; it remained to be proved whether it was possible to propagate the affection by inoculation from one human being to another, and thus communicate security against small-pox at will. On the 14th of May, 1796, an opportunity occurred of making the trial. On that day an annual festival is still held at Berlin to commemorate the event. Matter was then taken from the hand of Sarah Nelmes, who had been infected by her master's cows, and inserted by two superficial incisions into the arms of James Phipps, a healthy boy of about eight years old. After zealously multiplying his experiments, he published his first memoir in June, 1798. He had originally intended to consign his results to the Transactions of the Royal Society; but Dr. Gregory has quoted from Mr. Moore's History of Vaccination (p. 20), the cause of their not appearing in that form-Jenner had been seriously admonished not to present his paper, lest it should injure the character which he had previously acquired among scientific men by his essay on the Cuckoo. In this work he announced the security against small-pox afforded by the true cow-pox, and also traces the origin of that disease in the cow to a similar affection of the heel of the horse.

This is neither the time nor the place for recording the various disappointments and difficulties which darkened the outset of this inestimable discovery, nor do we wish to recall the names of those who violently opposed its progress, or who less

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candidly sought to undermine the pretensions of its author. The late eminent surgeon, Mr. Cline, deserves to be enumerated among the warmest friends of Jenner; he advised him to quit the country, and to settle in Grosvenor Square, promising him an income of ten thousand a year as the fruits of his practice. Here was the tide in Jenner's life which perhaps he might have taken to his advantage, but those who read the modest and philosophic reasons which he assigns for preferring his original situation, will respect his motives. "Shall I," says he in a letter to a friend, "who even in the morning of my days sought the lowly and sequestered paths of life, the valley and not the mountain,-shall I, now my evening is fast approaching, hold myself up as an object for fortune and for fame? Admitting it as a certainty that I obtain both, what stock should I add to my little fund of happiness? My fortune, with what flows in from my profession, is sufficient to gratify my wishes."

However wisely Jenner may have consulted his own feelings on this occasion, the public lost the benefit of his judgment and presence; after a long period of apathy, and in spite of ridicule, a reaction at length ensued, and vaccination suddenly became a favourite with all ranks, and was not always judiciously practised, nor carefully examined. While the author of the discovery was absent, busy rivals started up; he was not present to plead his own claims, nor to explain his own views; cabals were formed, not for the purpose of doing him justice, but rather to repress him into obscurity. But these alloys are seldom wanting to successful projectors, and we are scarcely surprised to find that one active promoter of the discovery is only so far penetrated with Jenner's merit, as to offer him the situation of extra-corresponding physician to a vaccine institution, with the privilege of recommending patients by proxy, on the payment of an annual guinea. But an honourable tribute was paid to him so early as the summer of 1799, when thirty-three of the leading physicians, and forty eminent surgeons of London, signed an earnest expression of their confidence in the efficacy of the cow-pox. Persons of elevated rank deserve the highest commendation when they afford support to objects which do not easily become familiar to them ; the Royal Family of England exerted themselves to encourage Jenner; the Duke of Clarence was very active in the cause in the early part of 1800, and in the March of the same year Jenner was introduced successively to the Duke of York, the King, the Prince of Wales, and the Queen ; all of whom did themselves honour by the attention which they bestowed upon him.

Jenner next directed his benevolent exertions to diffuse the blessing among other countries. In order to estimate properly the fruits of his exertions, let us consider the evil which he combated, and which he finally deprived of its principal strength. From an examination of the London bills of mortality during forty-two years, Dr. Jurin ascertained that, even after *inoculation* had been introduced, one in fourteen of all that were born perished by the small-pox. Of persons of every age taken ill in the natural way, one in five or six died; while even of the inoculated one in fifty fell a victim. Condorcet, in recommending the adoption of vaccination in France, exclaimed, "La petite vérole nous décime." In the Russian empire it is said to have swept away two millions in a single year.\* At Constantinople it proved fatal in many epidemics to one half of those infected. But, after that the disease had been undergone, traces often remained in the habit only inferior in severity to the evil itself; it appears from the records of the London Asylum for the Indigent Blind, that three-fourths of the objects there relieved had lost their sight through the small-pox. These inflictions might fill many pages of detail; they ought to be steadily borne in mind even at present.

The late professor Gregory had the merit of introducing vaccination into Scotland, in which he was aided by Sir Matthew Tierney. Dr. Waterhouse succeeded, about the year 1800, in establishing the practice in America. Dr. De Carro, at that period settled in Vienna, deserves particular mention for his successful exertions in communicating this antidote to Asia. We cannot afford space to enumerate the active promoters of the measure on the continent of Europe, but Dr. Sacco of Milan distinguished himself both by active co-operation, and by personal inquiries into the origin of cow-pox. Most of the governments of Europe have since enjoined the practice by various enactments, which more or less amount to compulsion, and the results have been more favourable under such circumstances than in our

\* Woodville on Small-Pox, p. 292.

own country, where individuals are abandoned to the guidance of their own capricious suggestions.

A committee of parliament was soon appointed to consider the claims of Jenner upon the gratitude of his country. It was clearly proved that he had converted into scientific demonstration a local tradition of the peasantry. The committee reported that he was entitled to a remuneration of  $\pounds 20,000$ ; but an objection was raised in the house, and £10,000 were voted to him in 1802. In 1807, parliament displayed more justice, and awarded to him an additional grant of £20,000. In 1808, the National Vaccine Establishment was formed by the government, and was placed under his immediate direction. Honours were now profusely showered upon Jenner by various foreign princes, as well as by the principal learned bodies of Eu-In the biographies of most men such rope. honours would be recapitulated with minuteness, but the character of Jenner can derive from them no additional lustre; the universal voice of mankind has given its suffrage in his favour, and his name will probably survive most of the societies in which it was enrolled. Dr. Baron, in his interesting biography, by which we have largely profited, has published many of the letters which Jenner wrote to afford intelligence, or to express his thanks ; they breathe the finest spirit of modesty and temperance, combined with generous zeal, and a discriminating judgment. In the explanations which he had sometimes occasion to deliver in society, he always exhibited the same qualities, clothed in an eloquent and winning form.

He passed the remainder of his years principally

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at Berkeley and at Cheltenham, continuing to the last the inquiries which tended to elucidate the great object of his life, and equally respected and beloved by those who entered his circle. Dr. Valentin, an eminent physician of Nancy has published in France an interesting account of a visit, or pilgrimage, which he made to genius; he left him an enthusiastic admirer. Dr. Joseph Frank, in his Medical Travels, printed at Vienna, has paid a similar tribute of disinterested respect.

He died by a sudden attack of apoplexy at Berkeley, in February, 1823, in the seventy-fourth year of a green old age. A statue has been erected to his memory in his native county, but we regret to add that no monument has as yet been raised to him in Westminster Abbey, whose proudest inmates would be honoured by such companionship.

We are acquainted with five medals which have been struck in honour of Jenner, and it is greatly to the honour of the German nation that three of these were produced in that country. The surgeons of the British navy presented him with one, and the London Medical Society with another. The eminent physiologist, Rudolphi, of Berlin, in his Catalogue of the Medals of Men of Science, prefaces the list of Jennerian medals with the just expression, Dear to the human race. We regret to be obliged to oppose to this generous sympathy an article which has appeared in the Dictionnaire des Sciences Médicales, in which Dr. Husson, who had been an early correspondent of Jenner's, makes a singular discovery, "sur l'origine vraiment Française de la Vaccine." In 1803, Dr. Husson

had spoken in warm terms "de la découverte de Jenner," and had hailed him as one of the "plus grands bienfaiteurs de l'humanité." But in the article of Vaccination, published in the above dictionary, in 1821, he declares in detail that the first idea was given by a Frenchman, videlicet, Mr. Rabant, a protestant minister at Montpelier.

But a question more worthy of attention forces itself on our notice. Is the small-pox totally under the control of vaccination, and is it likely to be extirpated? Those who consider the carelessness and improvidence of mankind, the manner in which trivial accidents often impede the most earnest intentions, and the alloy of evil so largely mixed up with every earthly good, cannot entertain any sanguine hope to that effect, but are not at all the less penetrated with the value of vaccination. Every habit and every object in nature has its exceptions. Thousands of seeds are deposited yearly in the earth, which never shoot into life, but the farmer does not the less continue to sow. The cases of small-pox which occur after vaccination are not more numerous than the exceptions which alike occur to other human antidotes. If vaccination cannot be at present considered as a never-failing and invariable preservative, it must continue to be recommended as a very potent and a very general preventive of small-pox. It is an operation attended with no danger, and with very little inconvenience; it protects a very large majority; and in those instances in which small-pox occurs subsequently to it, it usually assumes a mild character. It should be noticed, that these subsequent instances are less frequent in the countries in which

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vaccination is *enforced* by the government, than in our own. The Council of Health, of Paris, in their annual report for 1828, declare, that the deaths from small-pox continue gradually to diminish in that city; and express a belief, that the authorities are more active than ever in propagating vaccination, and that the prejudices of the public are daily yielding to the conviction forced upon it by repeated evidence of efficacy.

We shall conclude with the important statement conveyed in the last "Report of the National Vaccine Establishment" to the Secretary of State for the Home Department.

# March 2d, 1829.

The number of persons who have died of small-pox in the course of the last year, within the bills of mortality, amounts to 598; and we have no reason to think that this distemper has abated any thing of its virulence, or that it is more controllable by the expedients of our art than it was in the times of its more general prevalence; for it still proves fatal to one out of three of those who take it in the natural way. It may seem strange, therefore, that any part of the population of the capital can still be found insensible to the advantages of the protective process, or careless enough to forego the resource which the charity of Parliament most humanely and generously provides for its safety.

We have the satisfaction, however, of finding that more than 10,000 of the poor have been vaccinated in London and its neighbourhood since our last Report ; and it is particularly gratifying to learn, from the records of the last year's experience of the Small-pox Hospital, that no patient admitted there under small-pox, after vaccination, had been vaccinated by any officer of this Establishment ; whence it is fair to presume, that when the operation has been performed with due care and intelligence, it is much less liable to be followed by small-pox, and that such care and circumspection are absolutely necessary to a just and confident expectation that complete protection will be afforded by it. We have supplied lymph to the army and navy, to the Colonies, and to various parts of the Continent of Europe, since our last account; and our correspondence, which has become more extensive than ever, bears us out in assuming that there is no increase in the proportion of cases of smallpox after vaccination, which affords an answer to questions put to us repeatedly as to the gradual diminution and wearing out of the vaccine lymph by time; for it does not appear to us to be weakened or deteriorated by transmission through any number of subjects in the course of any number of years.

CALEB HILLIER PARRY was born at Cirencester, in Gloucestershire, on the 21st of October, 1755. He was descended from an ancient and respectable family in Pembrokeshire, which formerly had considerable possessions in that county, and in Carmarthenshire. This property became much subdivided amongst twenty-one children, the descendants of one parent; but an elder branch of the family still retains the hereditary estates of Penderry and Portelew, and the late John Parry, their owner, served the office of sheriff for his own county, in the year 1771.

The Rev. Joshua Parry, father of Dr. Parry, was a dissenting minister, distinguished alike for his knowledge and talents in an Augustan age of literature, and for his loyalty in turbulent and doubtful times. He was, during thirty years, the intimate friend and correspondent of Allen, Lord Bathurst, the Mæcenas of the age ; and was connected with Hawkesworth, Tucker, Doddridge, Lewis, Scott, and many other eminent men. He was an excellent classical, Welsh, and Hebrew scholar, and an admired contributor to various periodical publications. Hawkins, in his life of Johnson, informs us, that he was one of the original writers in the Gentleman's Magazine, and that "his head teemed with knowledge." A voт 2

lume of his sermons, and two detached sermons against Popery, evince the purity of his style, and the excellence of his moral and religious principles. Numerous letters, addressed to Mr. Parry, by his noble friend, and by many other celebrated persons, still manifest the love and respect in which he was held by all who had the pleasure of his acquaintance, and the high opinion which they entertained of his abilities, his acquirements, and his moral qualities. This valuable individual died at Cirencester, where he had always resided, in the year 1776, at the age of fifty-seven.

Dr. Parry was the eldest of three sons and seven daughters, the last survivor of whom was the late Lady Hobhouse. His mother inherited from her father, Mr. Caleb Hillier, the estates of Upcote and Minety, and other lands in Gloucestershire, which descended to the subject of our present memoir. Young Parry received the rudiments of his education at the school of the Rev. Mr. Washbourn at Cirencester, and there formed, with the late Dr. Jenner, a friendship, which during the remainder of their lives contributed to the advantage and happiness of both.

In 1770, he was placed at the academy at Warrington, in Lancashire, where he became a general favourite, as well from his disposition as from his talents. Among his acquaintance, at this period, may be mentioned the late Dr. Aikin, whose friendship and correspondence he maintained and valued during many subsequent years. In a letter, addressed to his father, Mr. Parry is thus favourably described by his tutor, the well-known Dr. Enfield : "He has such an uncommon share of manly

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sense, such a calmness of temper, and philosophical firmness of mind, that I think he may safely be trusted to the direction of his own mind. Indeed, my dear sir, you have great reason to think yourself happy in him. His genius, his application, his disposition, all promise great I hope neither your expectation, nor things. mine, concerning him, will be disappointed." His person is also thus described in a letter, written at the same period :-- "He is more than ordinarily tall for his years, and admirably well proportioned. In his air and deportment there is a gravity that, though he is not yet sixteen, he might very well pass for twenty. He is very fair, has regular features, and eyes the most penetrating, with an expression of great sweetness."

He continued at Warrington till 1773, in which year, having chosen the medical profession, he commenced his studies at Edinburgh. In the summer of 1775, he visited London, and during two years resided chiefly with the late Dr. Denman. He returned to Edinburgh in 1777, and graduated in the month of June, 1778, being then in his twenty-third year. As annual president, he was greatly instrumental in procuring a royal charter for the Medical Society, then recently instituted in that city. His correspondence, relative to this subject, with Dr. Robertson, the historian, and principal of the university, is still preserved.

In October, 1778, Dr. Parry was united to Miss Rigby, to whom he had formed an early attachment at Warrington. This lady, the daughter of John Rigby, Esq., of Lancaster, was no less celebrated for her beauty than for her amiable disposition and engaging manners. The friendship and admiration of Mrs. Barbauld dedicated to her young friend several of the poems which she was then publishing. The exquisite lines addressed "to Miss R. when attending her mother at Buxton," exhibit the character and merits of Mrs. Parry. Her mother, the daughter of Dr. Taylor, well known as a Hebrew scholar, by his numerous writings, and from a portrait by Houbraken, had been celebrated by the same muse.

Shortly after his marriage, Dr. Parry proceeded to the continent; and having visited Holland, Flanders, and France, took up his final residence at Bath, in November, 1779; and scarcely quitted that city for a day during the remainder of his useful and valuable life.

It has been remarked, that within a short period after his settlement at Bath, Dr. Parry assumed a high and commanding station, professional as well as social. He became much distinguished by his extensive and enlightened practice, by the humanity of his character, and by the publication of numerous medical writings. The profession of medicine, which, at the early age of eighteen, he had adopted from choice, he pursued through the maturity and fulness of years, with a fondness and ardour which ensured superiority and success, Few individuals have, indeed, been more zealously devoted to this pursuit, or have engaged in it with a more intense desire of improving the science; or of augmenting its power as an instrument of practical benefit to mankind. Few individuals have been more incessantly occupied in its duties, or

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have been more rewarded by private attachment and by public confidence. It is true that, like other ardent minds, he felt some degree of early impatience at the slow rate of professional advancement, and even entertained some little doubt as to the ultimate attainment of the desired success. Under these circumstances, the advice and experience of his esteemed friend, Dr. Denman, were readily communicated; and while they exhibited the warrantable grounds of hope, moderated also the indulgence of premature and unjustifiable expectation. A letter, dated December 20, 1780, says, "I heard, soon after your arrival at Bath, of your determination to settle there, and as I had always the best opinion of your judgment, had no doubt but you had considered the likelihood of getting forward in the profession. This, you know, can only be done either by powerful interest, or by slow degrees, consequent to the assiduous and able exercise of your profession. You must not be dispirited if the attempts you make often fail to answer your expectations. With respect to myself, I assure you, it will give me very sincere pleasure to contribute to your success."

A second letter, dated October 16, 1781, alludes to the same subject :—"Since the time of your first settling at Bath, I have ever borne in mind the wish to serve you, if an opportunity offered. There have been very few, but I have mentioned you to several who have come down. I am not surprised that you find your receipts come in slowly at present, but all young practitioners think, when they set up their standard, that the world should immediately flock to it, and they are

generally disturbed when they find the contrary. generally disturbed when they find the contrary. But all business is progressive, and the steps now taken may be so calculated as to produce their effect ten years hence. There must be a vacancy before we can get into business, and when there is, the competition must be equal in many points, as age or standing, character for knowledge, industry or readiness to exert our knowledge for the good of our patients, moral qualities, and the like. On the whole, I do not know what any man can do to get patients, but to qualify any man can do to get patients, but to qualify himself for business, and then to introduce himself to the notice of those who are likely to employ him. But it is hard to say, on what hinge this matter may turn, as I see men, in great business, of every disposition, or turn of conduct, and with very different degrees of knowledge, and some, I think, with very little, but with great appearance of it. What is very hard, and yet I know two or three instances of it, is, that a man shall be esteemed as a friend, acknowledged to be a man of parts, but none of his friends think of employing him in his profession. This I can hardly explain, unless by the old observation, 'he is too good a poet to be a good physician.' You have judged very wisely in getting appointed to the Charity. It must do some good, though hardly ever so much as is expected from it. I know not why the late Dr. Fothergill said it was a bad thing. With all that can be done, the progress of business must be slow, and may depend upon circumstances which no man can command; but whatever happens, it is a point both of wisdom to the world, and justice to one's self, not to be put out of humour."

This excellent advice had the best effect on Dr. Parry's conduct. There were, however, still many points connected with the practice of medicine which, while they materially interfered with his wish to improve the science, and confer all the benefits of which he was capable, excited his surprise, and at the same time, offended his integrity. "A great part," he says, "of the obstacles to the improvement of the science of medicine originates in the habit of self-indulgence, leading persons to the gratification of present appetite, or the removal of present suffering, with little or no consideration of the future. Hence the whole wretched system of temporizing which flatters the patient, and is a disgrace to the profession. A man shall be grossly ignorant of the whole science of medicine, yet if he has a certain degree of assurance, aided by an adequate number of fashionable phrases, some speciousness in decorating mystery, with a determined resolution of flattering his patients by an appearance of great zeal and attachment, and by confirming the good opinion which they entertain of their own discernment in the choice of the medicine and diet which they most like, that man shall grow popular and rich under the hourly dereliction of every principle of truth, honour, and conscience, and become accessory to the daily destruction of his fellow-creatures. This is the reason why a large party of all ranks is always inclined to favour the most uneducated of the medical profession; and why the subordinate branches are often preferred, even at an equal expense, to the higher."

Notwithstanding these discouraging sentiments,

Dr. Parry rose, by slow and sure degrees, into fame and fortune. The acute feelings of disap-pointment were for many years placed in abey-ance, and the beneficial consequences of integrity, industry, perseverance, and a readiness to exert his extensive knowledge, were amply experienced at the period already assigned as his probationary term. The daily list of his patients, kept from the year 1780 to Oct. 25, 1816, the day which, by a paralytic seizure, terminated his career of public service, accurately records the opinion which was entertained of his merits, and the extent of his professional emoluments. It appears that during this period nearly the whole catalogue of British nobility and many of the most distinguished men in the kingdom visited Bath for his advice, and, in their preserved correspondence testify the benefits which they had received from his skill and attention. It may not be altogether without interest and benefit to the junior members of the profession, to lay before them the progressive increase which appears to have taken place in Dr. Parry's pecuniary profits. By exhibiting the effects of perseverance and knowledge, in connexion with a steady attention to those higher objects, the inquiry after truth, and an unwearied performance of all the duties of charity, such a view may preserve many from unwarrantable expectation, and encourage others under a despondence arising from the inevitable delays and difficulties incident to their professional entrance upon the world.

The receipts of Dr. Parry's first year, 1780, were 39l. 19s.; of his second, 1781, 70l. 7s; of 1782, 112l. 7s.; of 1783, 162l. 5s.; 1784,

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2391. 5s.; of 1785, 4431. 10s.; of 1786, 5521. 9s.; of 1787, 755l. 6s.; of 1788, 1533l. 15s. From the tenth year of his practice, the amount rapidly increased, and appears to have varied from 3001. to above 6001. per month. Of one day, the receipts for separate attendances were fifty guineas. That Dr. Parry's emoluments might have been still more considerable appears from an important fact, which is also deducible from the same source, and which should be kept in mind by those who would, in other respects, follow his meritorious example. In the year 1805, besides a continued service at public charities, he had given private attendance to 30,000 indigent persons in the city of Bath and its neighbourhood. At the commencement of his career he had laid down a principle, to which he rigorously adhered, never to spare his own pains, nor to refuse his assistance in cases where pecuniary compensation could not easily be afforded. A table, in his own handwriting, gives a long list of those persons from whom he invariably refused to take fees.

It is greatly to be lamented, that, in the medical profession, the power of recording, and of communicating the results of experience is diminished exactly in proportion to the increased opportunities of observation. In the multiplicity of his daily engagements, the eminent practitioner cannot find the requisite leisure for arranging his facts and opinions in such a manner as may best conduce to the public benefit, or to the establishment of important principles. This regret must, in a great degree, be connected with the circumstances in which Dr. Parry was placed. It becomes, how-

ever, a subject of surprise and admiration, that in the midst of toil and anxiety, in health and in disease, he never deviated from the plan of recording all that was interesting or important in his practice. At the bedside of his patient, in his carriage, in his walks, or at home, he kept a register of all the facts which might be available to the improvement of his knowledge, and to the confirmation of his doctrines or principles. In the preface to his posthumous works, he alludes to this circumstance. "It cannot be denied that the profession of medicine labours under peculiar disadvantages. The very multiplication of the opportunities of knowledge so harasses and fatigues by the practice of the art, as often to afford little leisure or inclination to cultivate and extend the science. If to this rule there occur some exceptions, they depend not on any superiority of mental talents, but on early habits of application, on the force of motives, on the felicity of local situation, and on the capacity of the body to en-dure privation and labour without suffering that langour which would impair the energy of the mind.

"The business of man is not merely to eat, to drink, to sleep, to enjoy sensual pleasures, and then to lay himself down and die. Exclusively of eternal concerns, every human being should have one great and laudable end in life, which should constitute his chief motive to action, and to which, therefore, all his other occupations should be subservient. Habits of this kind having been long formed, whatever may be the nature of the object in view, or however difficult its attainment, the pursuit is no longer painful. On the contrary,

the mind associates it with all other trains of thought, reluctantly wanders from it, and returns to it with delight, as to its native home.

"Feelings like these which have long made my professional pursuits my greatest pleasure, aided by the wish of emulating some great professional names, and by a strong desire that the world may be the better for me after I shall have left it for ever, have supported me under the privation of domestic and social gratifications, and under exerions incessantly pursued through sickness, sorrow, and pain.

"The great book of nature, which is alike open to all, and is incapable of deceiving, I have hourly read, and I trust not wholly in vain. During the first twelve or fourteen years of my professional life, I recorded almost every case which occurred to me either in private practice or in the chief conduct of an extensive charity. When, afterwards, the multiplication of common examples seemed to me an unnecessary waste of inestimable time, which might be much more profitably employed, I contented myself with the more useful task of recording chiefly such cases, or, on a few occasions, such particular circumstances only of cases as led to the establishment of principles. This I have generally done on the spot, or rarely deferred beyond the day of observation, always rejecting what, on repeated and varied inquiry, I have not been able fully to verify.

"Whatever inferences from phenomena have suggested themselves to me, I have immediately noted down, and afterwards carefully examined on all sides, and in every light. By this method, which I strenuously recommend to all persons engaged in scientific pursuits, whether physical or moral, I have often been able to ascertain the order of phenomena, and to catch new links which have gone some way towards completing the whole chain of causes and effects.

"Under these circumstances, I have been able to record a considerable number of dissections, together with nearly seven hundred illustrative cases, which chiefly serve as the basis of my intended work.

"Far, however, am I from looking back on my professional life without considerable self-reproach and regret. How often have opportunities been neglected of ascertaining points essential to the discovery of inestimable truths, for which my records are now searched in vain! It may, perhaps, be some excuse, that the error is common to me with many others of mankind, who at an early period of experimental investigation are ignorant of what is wanting to the advancement of the science which they profess."

The work to which allusion is here made was a System of Pathology and Therapeutics, which Dr. Parry had contemplated from an early period of his professional life. Dissatisfied with many of the principles which regulated the usual practice, and with the want of success which too frequently attended their adoption, he rejected many of the doctrines of the schools, and determined to rely upon his own observation and judgment. In his first inquiries respecting the nature and affections of the nervous system, he discovered much obscurity, and much gratuitous assumption, which led to practical results always doubtful, and generally injurious. In the midst of these difficulties, he was induced to examine the effects of the circulating system, in its relation to many obscure morbid affections of the brain and nerves. In this system, he perceived a frequent and palpable origin of that irritation which became an immediate cause of many nervous affections; and from the management of the same system, derived a new and more available means of relief than could be obtained under the common doctrines and practice. The first notice of Dr. Parry's observations on this subject appears in the Memoirs of the London Medical Society, for 1788, in an Essay to which their silver medal was adjudged. This paper contains the first hints of a theory, which it was the author's intention subsequently to develop, at great length, on the subject of what has been called "determination of blood" to various parts of the system : with a more particular reference to its effects in the production of diseases of the head, and of all those affections which are denominated nervous. This doctrine became the constant object of his attention, and while it guided his practice, formed also the point towards which were directed his collections of facts and histories. On the same subject he addressed a letter to the editors of the Analytical Review, and in the Monthly Magazine of May and June, 1798, vindicated his opinions against the arguments of Mr. John Bell, in his General System of Anatomy. Pursuing the same views, he published a paper in the Philosophical Transactions of 1811, on the Effects of Arterial Compression; and, in 1815,

gave to the world an epitome of his opinions in a first volume of "Elements of Pathology and Therapeutics; or the Outlines of a Work intended to ascertain the Nature, Causes, and most Efficacious Modes of Prevention and Cure of the greater number of the Diseases incidental to the Human Frame, illustrated by numerous Cases and Dissections." This first volume contained the general pathology. In the preface, Dr. Parry says, "The author of the following work has long been in the habit of recording such facts connected with the profession of medicine as have occurred to his own observation, and have appeared to him calculated to amend received errors, or to suggest new truths. These facts, it has been his intention to arrange, as soon as a sufficient number should be collected to admit of being disposed in a distinct and consistent form. The immediate exigencies of his profession have, however, so retarded the accomplishment of this design, that he every day sees announced, as novelties, opinions, which for thirty years have formed the basis of his practice. If, however, this anticipation may have occasioned him some loss of credit, it has been fully compensated by the advantage which the delay has afforded, of scrutinizing specious hypotheses, and correcting hasty misconceptions. Sufficient time has now been allowed for all the purposes of observation which the author can reasonably expect to accomplish during what may remain to him of physical and mental capacity: and he thinks that he cannot employ his leisure better, than in giving an epitome of his pathological and practical principles; reserving the recital of the very numerous

cases and dissections, which are the proofs of those principles, for a much larger work, which he has long meditated, and which he still hopes that he may be able one day to accomplish." This first volume of "General Pathology" was intended to precede a second, including "General Therapeutics." The larger work would have comprehended the special application of his principles and opinions to the various diseases of the human frame. In the midst of health and activity, Dr. Parry was, in 1816, arrested by the hand of disease, and thus terminated his career of public service and utility. It may be considered a fortunate circumstance, that the fears and anticipations of his friends had induced him to address his serious thoughts to the preparation of an epitome of his opinions. The public would otherwise have been deprived even of this imperfect gift, and the exertions and experience of an active life would have been comparatively thrown away. Little, indeed, would have remained to do justice to his own memory, or to vindicate his claims and practice against the charges which ignorance is apt to lay against innovation, and the appearance of superiority.

During the previous years, Dr. Parry had, it is true, become the author of other medical works. In 1799, he published an "Inquiry into the Symptoms and Causes of the Syncope Anginosa, commonly called Angina Pectoris, illustrated by Dissections;" in which, after examining into the causes of idiopathic syncope in general, he draws the following conclusions, with regard to this particular disease. I. That it is a case of syncope, preceded by notable anxiety or pain in the region

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of the heart. II. That the tendency to this disorder arises from mal-organization in the heart itself; which mal-organization seems to be chiefly induration of the coronary arteries. III. That this mal-organization acts by diminishing the energy of the heart. IV. That the chief symptoms of the disease are the effects of blood retarded and accumulated in the cavities of the heart and neighbouring large vessels. V. That the causes exciting the paroxysms are those which produce this accumulation; (1) by mechanical pressure, (2) by stimu-lating, in an excessive degree, the circulating system. VI. That, after a certain approach towards quiescence, the heart may recover its irritability, so as again to carry on the circulation in a more or less perfect degree, from the operation of the usual stimuli; but, VII. That death may at length ensue from a remediless degree of inirritability in the heart.

In the year 1809, Dr. Parry published, in the Edinburgh Medical and Surgical Journal, "Observations on the Utility of Venesection in Purpura," which he considered to be "of the nature of what are called active hæmorrhages; since it matters not, in a pathological view, whether febrile extravasation of blood takes place from the rupture or gaping of an artery, in the cellular membrane, in the skin, or on the surface of the epithelion in the nose, fauces, or bronchia." The cases adduced "strengthened an opinion which he, more than twenty years before, maintained, and which a large subsequent experience had tended to confirm, that in various diseases, among which may be reckoned inflammations, profluvia, hæmor-

rhages, dropsies, exanthemata, and other cutaneous eruptions, and even the generality of nervous affections, there is one circumstance, in common, which is an over-distension of certain blood vessels, arising, probably, from their relative want of tone, or the due contraction of their muscular fibres."

In the year 1814, Dr. Parry published Cases of Tetanus and Rabies Contagiosa, having adopted the latter term in preference to that of hydrophobia, which he considered an improper designation, as applicable only to a single symptom of this formidable disease, "without the existence of which the patient would as certainly, and probably as soon die, as when it exists in the greatest degree." He showed that the part primarily affected is not the pharynx, œsophagus, or stomach, but the upper portion of the trachea, together with other parts of the apparatus concerned in the function of respiration. He considered the characteristic circumstances to be a local spasm, and convulsive action of the respiratory organs ;---an inordinate action of the voluntary muscles, whether from a perverted function of the brain, or a want of power in the muscles themselves precisely to obey the will. There cannot, he thinks, be a greater mistake than to suppose, either that the fever of hydrophobia is of the inflammatory kind, or that its peculiar symptom arises from local inflammation of the fauces, the cardia, or any other part. While from experience and analogy he discovers no guide to practice, and believes that all means have hitherto been ineffectual in the true canine hydrophobia, which he considers to be the effect

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of a poison introduced into the system, he is of opinion that the only security lies in the prevention of the disease, by the excision of the bitten part at any period before constitutional symptoms have commenced. In this work, as in his Syncope Anginosa, the chief object was to establish pathognomic distinctions by which the nature and symptoms of the disease might be accurately determined, as the safest guides for the adoption of remedial measures, more perfect and effectual.

In 1816, Dr. Parry published his last medical work, "An Experimental Inquiry into the Nature, Causes, and Varieties of the Arterial Pulse, and into certain other properties of the large Arteries in Animals with warm blood." This work, important in its application to physiology, pathology, and surgery, leads to conclusions as to the usual state and relative proportions of the moving powers of arteries very different from those of preceding physiologists. While the experiments fully prove a power of dilatation and contraction not only to exist, but to be owing to a cause partly mechanical, elasticity-and partly vital, or what the author calls tonicity, he shows that the power which in muscles is called irritability, is entirely wanting in the arterial tubes, which suffer no degree of contraction from the application of a great variety of chemical and mechanical agents, called stimuli. They further show, that, in the larger arteries, there is no sensible dilatation or contraction from the systole and diastole of the left ventricle of the heart, and therefore that the pulse cannot depend on that alternation; that the chief cause of the

pulse is a strong and predominant impulse of distension from the systole of the left ventricle of the heart, given by the blood as it passes through any portion of an artery forcibly contracted within its natural diameter; and that the visible pulse is sometimes owing to a locomotion of the vessel, unconnected with contraction and dilatation.

Dr. Parry's experiments also demonstrate the curious fact of an entire reproduction of the larger arteries, in cases where large portions of the carotids in sheep had been cut out, or where the arteries had been tied by ligatures.

The various doctrines and opinions of this author have been, as it was natural to expect, subjected to the severe tests of critical scrutiny and examination. The last effort of his pen was a reply to the observations of Dr. Wilson Philip, in a Letter addressed, 1816, to the Editor of the "Medical and Chirurgical Review." A consideration of the objections and arguments which have been opposed to Dr. Parry's doctrines appears in a work of his son, published in 1819, and entitled, "Additional Experiments on the Arteries;" and more particularly in a preface and introductory volume to the posthumous writings of Dr. Parry, published by the same editor, in 1825. Without wishing to enforce an entire and unqualified deference to the opinions of his father, this latter author considers himself "excused for an attempt, in connexion with the republication of Dr. Parry's former works, and the publication of much new matter, to rescue him from objections which appear to have been advanced in haste, in ignorance, or in error." In this preface, an account is given

of the heterogeneous materials which were left in the editor's hands, and of the principle on which a selection for publication was made. However true it may be, that these posthumous fragments confer no additional reputation on their author, and that they fall short of the expectations of the public, it has never been denied that they supply an ample store of valuable materials for reflection, and abundant hints that may assist the future labourers in the wide field of medical inquiry. Amongst these imperfect records, Dr. Parry's preface to his intended volume, which appears in a more complete form, may, perhaps, be considered one of his most important productions. It consists of an inquiry into the nature of human knowledge, and the means of attaining it; and into the mechanism of cause and effect, with a particular reference to the science of medicine. It was his opinion, that "above all, it is essentially requisite that the physician should learn the art of reasoning, or that facility of distinguishing or rightly classing ideas which must necessarily flow from the habitual application of the mental faculties to various branches of science, and which he who has been merely occupied with what is called the practice of the profession, can rarely hope to possess."

As a practitioner, he was distinguished by a clear insight into the nature of various maladies, by promptness and decision in their treatment, and by a marked humility and kindness to his patients. In his professional connexions and relations he was eminently liberal, and, at the same time, independent. While he treated his

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medical brethren and his patients with candour and deference, he would submit to no improper dictation; nor, for the purpose of retaining a friend, or of conciliating a foe, submit to any measure which was inconsistent with the strictest integrity. In his opinion, the qualities of the gentleman and really honest man were necessarily associated in the character of the perfect physician.

Though the subject of our memoir was widely known and estimated in this his principal capacity, it is perhaps true, that he was no less celebrated as one of the most scientific agriculturists of his day. "As a lover of agricultural objects, he was rewarded by the distinctions of many societies, and cultivated as a friend or as a correspondent by men of all ranks, the most eminent for their practical or theoretical acquaintance with the diversified subjects of natural and moral economy." In the years 1786-7 he became possessor of a farm in the neighbourhood of Bath, and within a walk of his town residence. It was impossible for a mind, constituted as his, to pursue the routine, and to witness the effects, of agricultural operations, without attending, at the same time, to the principles which regulate the science, and which should direct the practice. Hence every walk to his farm, intended as a means of occasional relaxation from severe professional pursuits, gave occasion to some interesting investigation; and every crop became the source of inquiry into the means of additional increase, or of economical improvement. Among other subjects which at an early period came under Dr. Parry's consideration,

an inquiry as to the most profitable kind of stock, with reference to his own circumstances of soil and situation, engaged his principal attention. After a cautious examination of the question, he decided in favour of a breed of sheep which, by its hardiness, should not require peculiar care or expense of food, and by the superiority of its fleece, should more than counterbalance any possible deficiencies of weight or carcass. In the second part of his Essay on the Merino Sheep (p. 97,) to which the Board of Agriculture adjudged their highest premium, Dr. Parry has, at considerable length, given the history of his flock, and his original views in regard to it. This account is particularly interesting as connecting his name with those of several individuals of the highest rank, who had then conceived the design of introducing into this kingdom, upon an extended scale, the breed of fine-woolled sheep. From this period, during the remainder of an active life, this specific object was pursued by Dr. Parry with consummate skill, and with unwearied assiduity. That his endeavours were successful, is manifest from the event of the frequent competitions in which he was engaged with the breeders and manufacturers of the finest home and foreign wools and cloths, and from the various prizes which, during many successive years, were awarded to his exhibitions. In the year 1800, his late Majesty accepted a piece of blue cloth manufactured from Dr. Parry's wool, and declared that, from its excellent quality, he should feel a pride in wearing it. In 1813, the Prince Regent and the Duke of Clarence also gratified Dr. Parry by accepting, the former a piece of scarlet, the latter

of navy-blue cloth; both of which they highly commended, and expressed their determination to wear, as a credit to the British grower and manufacturer.

The following is, it is feared, an imperfect list of Dr. Parry's various agricultural writings.

In the volumes of the Bath and West of England Society are the following papers :---

Vol. III. (1786, 1791.) Experiments and Observations on English Rhubarb.

Vol. V. (1794.) An Essay on the Cultivation and Value of the Cichoreum Intybus, or Wild Endive.

Vol. IX. (1799.) Account of a Prize Crop of Cabbages.

Vol. X. (1805.) Two Addresses on the subjects of improved Sheep by the Spanish Mixture, their Wool, and its Value in Superfine Cloth, &c.

Vol. XI. Six various Papers :---

(1) A Letter containing further Observations on Wool.

(2) An Inquiry whether the pure Merino Breed of Sheep is now necessary in order to maintain the Growth of Superfine Wool in Great Britain.

(3) Tables of the Female Descendants from One Hundred Shearling Ewes, during Twenty Years.

(4) An Inquiry into the Causes of the Decay of Wood, and the means of preventing it.

(5) Correspondence relative to a very fertile Piece of Land at Wantage, in Berkshire, with remarks.

(6) Additional Observations on the Crossing of Animals.

The following Papers, by Dr. Parry, were published in the "Farmer's Journal :"-

Vol. V., No. 255, Aug. 17, 1812. On Purity of Blood, and on Growing Fine Wool.

---- No. 257, Aug. 31, 1812. On Purity of Blood.

—— No. 260, Sept. 21, 1812. On Wool, and the Causes that affect its Quality and Quantity on the same Sheep.

Vol. VI., No. 262, Oct. 5, 1812. On the Question whether the Merinos are a Pure Breed, and on the Effects produced by Crossing.

---- No. 265, Oct. 26, 1812. On the Effects of Food, Fear, and Habit on Animals, and of the Agency of Man, illustrated by the English Race-Horse.

——No. 266, Nov. 2, 1812. Observations on the English Race-Horse. Crossing beneficial in other Animals and Man.

---- No. 272, Dec. 14, 1812. On the Merino Subject.

In the Bath Herald, Nov. 1, 1804, Dr. Parry published a long defence of his friend, Lord Somerville, in answer to an attack there made upon him, with regard to the subject of his flock.

In the year 1800, Dr. Parry published a separate work, entitled "Facts and Observations tending to show the Practicability and Advantage of producing, in the British Isles, Clothing Wool equal to that of Spain:" and in the year 1807, the Board of Agriculture published, in their Transactions, an Essay on the Nature, Produce, Origin, and Extension of the Merino Breed of Sheep; to which they had awarded their premium

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of 50%. The Report of the Board, through their secretary, Arthur Young, is as follows :-- "The author divides his memoir into two parts; the first contains an historical and descriptive account of Spanish sheep, and their establishment in the various countries to which they have been sent. (This is the most interesting and complete account I have met with .- A. Y.") The second part contains the history of his own flock and practice, and includes in it the whole business of breeding, food, management, wool, carcass, sale, and distempers, with observations on the means of spreading the race. It is a most able and highly satisfactory production, and will do honour to the author who composed it, and to the Board, if they shall publish it.—A. Y.

On the 28th of November, 1808, the following resolution was adopted by the Farming Society of Ireland—" Resolved, that Caleb Hillier Parry, M. D., F. R. S., be, and he is hereby elected, an honorary member of this society, in testimony of our respect for the author of the useful and ingenious Essay on the Nature, Produce, Origin, and Extension of the Merino Breed of Sheep."

Dr. Parry took particular delight in horticulture; and very voluminous MSS. indicate the minute attention which he paid to the varieties and improvement of fruit-trees, and to every other subject connected with the cultivation and management of a garden.

It has been truly said, that, for many years, Dr. Parry was more allied to the public by the variety of his other accomplishments and pursuits, than by those of his immediate profession. It would not be easy to adduce an instance of higher endowments, whether we look for the resources and refinements of ordinary society, or the more profound attainments of intellectual and cultivated life. His intimate acquaintance with the arts of music, poetry, and painting, and his enthusiasm with regard to each of these subjects, are well remembered by those who knew him. From their cultivation he derived solace and amusement after many a weary day of toil and anxiety.

In all subjects of natural history he was particularly interested, and had made extensive collections of minerals, rocks, and organic remains. Whilst the sciences to which these related were yet in their infancy, he had amassed materials which would have grown into volumes, and have supplied important records in the history of these favourite departments of inquiry. In 1781 he published " Proposals for a History of the Fossils of Gloucestershire," the introduction to which was intended to include all that was known on the subject of organic remains, and the result of many experiments and observations in which he had been long and ardently engaged. His increasing avocations suspended, and finally prevented, the completion of this work ; but his remaining MSS. are a sufficient proof of his industry, knowledge, and discrimination.

Dr. Parry was an indefatigable reader. Besides a continued attention to more severe subjects, he had an intense pleasure in the perusal of works relating to history, voyages, and travels. Of the latter, particularly, there was scarcely a published volume with which he was not familiar. With the classical poets and ancient dramatists of England

he was thoroughly conversant. Amongst his last writings was an Essay on the Character of Hamlet, which, even in the midst of an afflicting illness, he dictated to his daughters.

His accurate acquaintance with the history and relations of his own and other countries had rendered him the esteemed friend and correspondent of Burke and of Windham. Letters, addressed to the latter, on the internal defence of Great Britain at the time of a threatened invasion, and on the recommendation of spearmen or lancers, and light artillery, are still in existence. His insight into our commercial relations is evinced by a series of letters which point out the importance of our South American trade, particularly that of the colonies of Demerara, Essequibo, and Berbice; and which, in 1796, were published in the "Sun," under the signature " Nereus." As a metaphysician, few individuals possessed a clearer head, or a more profound judgment. Many MSS. remain which exhibit his own originality, his admiration of Locke, and the low esteem in which he generally held the philosophy of the Scotch school.

Dr. Parry's correspondence was very extensive, as well on the subject of medicine, as of agriculture, gardening, and other topics. Many admirable letters, addressed to two of his sons, who were spending three or four years on the Continent, and to his youngest son, in the navy, indicate his paternal care and affection, and the value of his precepts and advice.

In person Dr. Parry was remarkably handsome. With much dignity of manner he united a certain playfulness, which, while through life it had invigorated and charmed his domestic circle, scarcely deserted him under the severest trials and amidst the heaviest afflictions. His miscellaneous reading, extensive knowledge of men and manners, and an excellent memory, supplied, in his intercourse with society, a constant fund of amusing anecdote, and of appropriate allusion. From an intimate acquaintance with many celebrated military and naval characters, he had become remarkably conversant with the details and adventures of their profession; and scarcely a battle had occurred during the preceding century, with the minute circumstances of which he was not acquainted. In the "Athenæum," (vol. v.) for April, 1809, is a Letter, which states the claims of his friend, Lord Rodney, to the invention of breaking the line. During a severe illness, of nearly six years' duration, he amused himself with dictating anecdotes of many distinguished friends and contemporaries, which might well deserve a place in a more extended memoir.

Dr. Parry was an early member of the Bath and West of England Society of Agriculture, Arts, Manufactures, and Commerce (1780). As a member of its committees, as a contributor to its volumes, and as a successful candidate for its premiums, he was, for many years, one of its principal supporters. In 1797, he was elected a vice-president, and in 1817 was honoured with the gold Bedford medal, as a mark of esteem and gratitude for many past services. In 1782 he was chosen a governor of the Bath General Hospital : in 1800, elected a fellow of the Royal Society : in 1801, a member of the Society of Natural His-

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tory at Göttingen, (Physische Gesellschaft): in 1808, an honorary member of the Farming Society of Ireland: and in 1814, a vice-president of the Merino Society of London.

Dr. Parry had four sons and five daughters; of the former, the illustrious navigator, Captain Sir William Edward Parry, R. N., is the youngest.

Dr. Parry died at his house in Sion Place, Bath, on the 9th of March, 1822, having removed thither from his usual residence, the Circus, in April, 1817. On the 25th of October, 1816, he had been afflicted with a paralytic attack, which deprived him of the use of his right side; and during the remainder of his life, a period of nearly six years, rendered his speech imperfect, and almost unintelligible. Though his existence was become a state of complicated bodily disease and suffering, his mental activity never deserted him. He occupied himself in reading during many hours of the day, and marked every interesting passage that occurred to him. From these he caused the most valuable parts to be transcribed by his daughters, and in this manner formed several volumes of useful and miscellaneous information. His professional life being ended, his chief occupation and amusement now consisted in his farm and in his gardens-the entire direction and management of which he undertook. Under these circumstances, he dictated the collection of anecdotes and reminiscences to which allusion has above been made; and on the arrival of his son, Captain Parry, from his first expedition to Melville Island, he revised the whole of his First Journal, previously to its being submitted to publication.

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It has been truly said, that "Dr. Parry was a sincere believer in Christianity, an excellent husband, father, and friend, devoted to his king, and firmly attached to the constitution of his country."

No one in his sphere died more regretted. Many of his friends, and a very numerous assemblage of his professional brethren, at their own request, attended his venerated remains to their grave in the Abbey. The latter caused a handsome monument, bearing the following inscription, to be erected to his memory.

# H. S. E.

CALEB HILLIER PARRY, M. D., R. S. S. Vir probus Cultor Dei pius Medicus sagax. Artem quâ pollebat, In hâc urbe per annos fere XL Ingenio, moribus, Multiplici literarum cognitione, Exornavit: Scientià, naturæ indagatione perspicaci, Feliciter promovit. Ne tanto nomini Ulla pars observantiæ Desideraretur, Amici, eàdem arte consociati, Hor marmor P. C. Vixit annos LXVI., Obt. IX. die mens. Mart. A. S. 1822.

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ROBERT GOOCH was born at Yarmouth, in Norfolk, in June, 1784. His father was, early in life, a master in the Royal Navy, and afterwards commanded a vessel in the merchant service. The circumstances of his parents were not such as to enable them to give their son the advantages of a classical education: he was sent as a day scholar to a school kept by a Mr. Nicholls, where he was taught writing and arithmetic. As a boy, he was active and brave, though not strong ; his disposition was affectionate, and he was much beloved by his early associates ; some of his school-boy intimacies continued to the time of his death. He was not remarkable for early proficiency : neither quickness of apprehension nor retentiveness of memory seemed to distinguish him from ordinary boys. When about fifteen years of age he was apprenticed to Mr. Borrett, a surgeon and apothecary at Yarmouth. At this time he began the study of Latin, and with little or no assistance from others taught himself to read that language with tolerable facility.

Among some loose papers of his, on the subject of dreams, occurs the following passage, which gives so lively an image of this period of his life, that it must not be omitted.

" From the age of fifteen to twenty-one I was

an apprentice to a country surgeon, and when I had nothing else to do, no pills to roll, nor mix-tures to compose, I used, by the advice of my master, to go up into my bed-room, and there, with Cheselden before me, learn the anatomy of the bones by the aid of some loose ones, together with a whole articulated skeleton, which hung up in a box at the foot of my bed. It was some time before I overcame the awe with which I used to approach this formidable personage. At first, even by daylight, I liked to have some one in the room during my interviews with him; and at night, when I laid down in my bed and beheld the painted door which inclosed him, I was often obliged to make an effort to think of something else. One summer night, at my usual hour of retiring to rest, I went up to my bed-room, it was in the attic story, and overlooked the sea, not a quarter of a mile off. It was a bright moonlight night, the air was sultry; and after undressing I stood for some time at my window, looking out on the moonlight sea, and watching a white sail which now and then passed. I shall never have such another bed-room, so high up, so airy, and commanding such a prospect; or, probably, even if I had, it would never again look so beautiful, for then was the spring-time of my life, when the gloss of novelty was fresh on all the objects which surrounded me, and I looked with unmingled hope upon the distant world. Now-but I am rambling from my story. I went to bed, the moonlight which fell bright into my room showed me distinctly the panelled door behind which hung my silent acquaintance; I could not help thinking of

him-I tried to think of something else but in vain. I shut my eyes, and began to forget myself, when, whether I was awake or asleep, or between both, I cannot tell-but suddenly I felt two bony hands grasp my ancles, and pull me down the bed; if it had been real it could not have been more distinct. For some time, how long I cannot tell, I almost fainted with terror, but when I came to myself, I began to observe how I was placed : if what I had felt had been a reality, I must have been pulled half-way out of the bed, but I found myself lying with my head on my pillow, and my body in the same place and attitude as when I shut my eyes to go to sleep. At this moment this is the only proof which I have that it was not a reality, but a dream."

An accidental acquaintance with a gentleman of the name of Harley, which took place at this time, had a great and lasting influence on Gooch's character. Mr. Harley was about thirty years of age, and nearly blind; he was fond of reading, and from the state of his eyes dependent upon others for his literary enjoyments. His studies were miscellaneous - history, chemistry, sometimes medicine, and very often metaphysics. Gooch used to pass most of his evenings in reading aloud to Mr. Harley. Amongst the books so read were Bishop Berkeley's Works, Hartley, and Hume's Essays. Mr. Harley used to discuss the subjects of their reading with his young friend, and being a man of acute intellect, he called into action those faculties of mind in which Gooch was by nature most gifted. At a comparatively early age he became accustomed to

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reason on abstract subjects, and to take nothing for granted : unquestionably this was not without its disadvantages and dangers, but had it not been for his accidental acquaintance with Harley, Gooch might perhaps have neglected altogether the cultivation of his reasoning powers at the time of life when that cultivation is most important; so fully impressed was he with this fact, that he always felt grateful to Mr. Harley; paid him every attention during life, and bequeathed him 100%. at his death, as a proof of his regard. When, in the autumn of 1824, Gooch revisited Yarmouth, after an absence of many years, his attention to his early friend was most marked. The evening of his arrival he was eager to call upon him, and when it was suggested, that it was late and dark, he exclaimed, that he could find the house blindfold: he groped his way down the narrow rows, and recognized with delight the old broken brass knocker, which remained unchanged.

While Gooch was with Mr. Borrett the attack upon Copenhagen took place, and on the return of Lord Nelson, the wounded were placed in the Naval Hospital at Yarmouth. Being acquainted with some of the young surgeons, Gooch, though then but a boy, was not unfrequently at the hospital. "I was (he says in a letter written long afterwards) at the Naval hospital at Yarmouth, on the morning when Nelson, after the battle at Copenhagen, (having sent the wounded before him,) arrived at the roads and landed on the jutty. The populace soon surrounded him, and the military were drawn up in the market-place ready to receive him, but, making his way through the dust, and the crowd,

and the clamour, he went straight to the hospital. I went round the wards with him, and was much interested in observing his demeanour to the sailors: he stopped at every bed, and to every man he had something kind and cheering to say; at length he stopped opposite a bed on which a sailor was lying, who had lost his right arm close to the shoulder joint, and the following short dialogue passed between them. Nelson-'Well, Jack, what's the matter with you?' Sailor-' Lost my right arm, your honour.' Nelson paused, looked down at his own empty sleeve, then at the sailor, and said, playfully, 'Well, Jack, then you and I are spoiled for fishermen-cheer up, my brave fellow!' And he passed briskly on to the next bed; but these few words had a magical effect upon the poor fellow, for I saw his eyes sparkle with delight as Nelson turned away and pursued his course through the wards."

Gooch, while occasionally visiting the Naval Hospital, became acquainted with Mr. Tupper, (afterwards an eminent practitioner in London,) who was then connected with the Government Hospitals at Yarmouth. This gentleman was more advanced in his medical education than Gooch, having attended the Borough hospitals. He possessed a manuscript copy of Mr. Astley Cooper's Lectures, which he lent to his young friend, by whom they were eagerly transcribed. Little at that time could he have anticipated the probability of coming, at a comparatively early period of life, into contact with the leading practitioners of his age, and taking his place amongst them upon no unequal footing; still less that he should pass away before them, ripe in fame, but immature in years—" Nescia mens hominum fati," and happy are we in our ignorance.

Before he removed from Mr. Borrett's, Gooch became acquainted with Mr. William Taylor, of Norwich, a man whose name is indissolubly connected with the literature of his age, and who has always delighted in assisting with his counsels, his library, and his purse, young men to whom nature had been more bountiful than fortune, and in whom he thought he could discover promise of future excellence. If he was sometimes mistaken, he was not so in Gooch's case, and theirs was a life-long intimacy. Notwithstanding the limited circumstances of Gooch's family, aggravated by the detention of his father in a French prison, great sacrifices were made by his mother and an aunt, advanced in years, in order to send him to Edinburgh; and with scanty means he arrived there, landing from a Leith smack in October, 1804. He was known only to one person in Edinburgh, Mr. Henry Southey, who was a year his senior at that university, and to him he came, as it were, consigned. They had been acquainted, as boys, at Yarmouth. At this time, Gooch was remarkably shy, and rather helpless in worldly matters; it was in fact his first flight from home, and he felt that everything around him was new and strange. A few weeks reconciled him to his new situation, and no one ever entered upon his academical studies with a more fixed determination to profit by the advantages which the place afforded. During the first season he rarely, if ever, missed a lecture : he attended the

Royal Infirmary, and became a member of the Medical and Speculative Societies. In these societies he very soon acquired the power of expressing himself with tolerable facility; but he spoke much better the second year than the first, and before the end of the third session, few men were more formidable debaters. He never affected to declaim, but he was a close reasoner, and a most unsparing opponent. On one occasion, when a medical coxcomb had written a paper, as full of pretension as it was void of merit, Gooch so severely handled him in the debate, that he burst into tears, and left the meeting. Though, at this part of his life, he was in private society remarkably shy in the company of strangers, in public speaking he was perfectly confident and self-possessed.

During the first season of his abode at Edinburgh, he associated almost exclusively with Mr. Lockyer, who afterwards settled as a physician at Plymouth; Mr. Fearon, who had been in Egypt, as surgeon to the Coldstream, and had returned nearly blind from the ophthalmia, and who afterwards practised as a physician at Sunderland; (a man whom no one could know without loving-cheerful and liberal, full of knowledge, with a clear head and a warm heart, free from every selfish feeling;) and Mr. Henry Southey: the very different characters of these individuals may have contributed in no trifling degree to their intimacy. The sole survivor of the party still looks back to their convivial meetings with a conviction that they did not owe their charm merely to the joyous period of life at which

they occurred. In May most of the students leave Edinburgh; and the ensuing summer was an eventful one to Gooch. He returned to Yarmouth, and passed a part of the vacation at Norwich, with Mr. William Taylor, with whose aid he began the study of German; but during this summer he had other occupations besides that study. He became acquainted with Miss Emily Bolingbroke, and soon formed an attachment which became mutual. She was an elegant, accomplished, sensitive, and fragile creature; one of those beings who shrink from notice, and can only be appreciated by those who know them intimately. To a man of Gooch's temperament, always disposed to take a gloomy view of his own affairs, an engagement, the accomplishment of which depended upon his professional success, did not contribute to immediate happiness; nothing, however, could be more liberal than the conduct of the young lady's friends ; they looked to the probability of his success with far more confidence than he did, and allowed a correspondence to continue, which, under the relative circumstances of the parties, more worldly-minded parents would have forbidden. When he returned to Edinburgh the following autumn, after a loss of some weeks at Cambridge, (whither he had gone, upon erroneous information respecting the probability of his obtaining a medical fellowship,) Gooch first evinced that disposition to melancholy which never afterwards left him. He was, at times, as cheerful as any man, but the habitual, every day tendency of his mind was to despondency; he never spoke of his own prospects in life without

expressing an exaggerated notion of the difficulties he should have to encounter.

In the course of this winter he had some slight attacks of asthma, to which ever after he was occasionally liable. This year he lived in the same house with his former associates, Fearon and Southey, and became acquainted with his future friend and patron, Dr., afterwards Sir William Knighton : Gooch was not slow to appreciate the profound sagacity and commanding power over the minds of others, which so remarkably characterized this distinguished person. Through the whole of his after life he was accustomed, in all matters of importance, to apply to Sir William Knighton for advice.

The summer of 1806 was passed by Gooch in Norfolk, nearly as the former had been, in the society of Miss Bolingbroke and the study of modern languages. Whilst he was at Yarmouth, the French frigate, La Guerrière, was captured and brought into the Roads by the Clyde, and the sick and wounded of both vessels were sent ashore to the hospitals. This extraordinary number of patients was too much for the ordinary number of medical attendants, and Gooch was requested to assist them. In a letter to a friend he relates the following anecdote .- " Among my patients was a French sailor who had received a splinter wound in the leg, which had split the principal bone up into the knee, and produced violent inflammation of the joint; his constitution, after a time, beginning to give way, it was thought necessary to sacrifice his limb in order to save his life, and it was accordingly amputated above the kneejoint. The stump did well, and all danger from

this quarter was at an end, but from long lying on his back the flesh upon his loins began to ulcerate and mortify, and the mortification spread extensively: this is a common occurrence to patients who are long confined to one posture in bed, and as the ulceration arises from pressure, it is not likely to heal while the pressure continues. With a good deal of difficulty I lifted the poor fellow upon his side; he was sadly wasted about the hips, and lest they should ulcerate too, as soon as he was tired of lying on one side, he was turned on the other. In this way I contrived to keep him from lying upon his ulcerated loins; it is not easy to conceive, however, the difficulty of keeping a person in this situation continually on his side ; he lies very well when first turned upon it, but in a little time the posture gets uneasy, he ceases to support himself, and insensibly he turns into a new position; a few hours after having placed him completely on his side, you will find him turned almost on his back, without his being aware of it. It required a good deal of care and contrivance to obviate this difficulty, but the difficulty was obviated, all pressure was taken off the sloughing surfaces, and I soon had the pleasure of seeing the wound become florid, healthy, and beginning to heal. But the time was now come for me to leave the hospital, and deliver up all my patients into the hands of another attendant. At the end of a fortnight I returned to Yarmouth to take ship for Edinburgh, and of course walked down to the hospital to see how Pierre (the poor Frenchman) and my other patients were going on. His eye happened to

be on the door as I entered the ward; he immediately caught sight of me, and clasping his hands with a cry of joy, turned his face upon the pillow, and burst into tears. He knew I was to return in my way to Edinburgh-he had been looking for me every day-he felt that he should die, and now he said that he should die happy. During my fortnight's absence the poor fellow was dreadfully altered, and looked as if he would soon verify his own prognostic. He had not been neglected, in the common acceptation of the term among hospital surgeons; he had had the ordinary attention of a naval hospital, but his situation required more; his new attendant, I dare say, knew as much of surgery as I did, but he felt less interest about him, and had not given him that thought and attention which I had. He had been suffered to lie continually upon his back; the wounds on his loins, which I had left clean and florid, were covered with new and extensive sloughs, and his constitution had sunk rapidly. He was wasted to a skeleton, had become irritable and low-spirited, and did nothing but complain of neglect, cry over his sufferings, and regret the loss of my attendance. He was sure he should die, he said, but he should not die happy unless he saw me first. The nurse said that he had been continually talking of me; he had amused himself with writing French verses about me, and was never so cheerful, they said, as when he had his slate in his hand, and was working at his poetry. It was fortunate, at least I am glad, that I came back when I did, for the poor fellow died the night after my return. The affair affected me a good deal-I shall never

forget it. His constitution was so reduced that he might possibly have died under the most careful attendance; but I have often regretted that I did not defer my journey in order to see him fairly through the dangers of his illness."

The last winter in which Gooch resided at Edinburgh, he formed an intimacy with Mr. Travers and Dr. Holland; he was chiefly occupied in writing his Thesis de Rachitide, preparing for his examination, and exercising himself for that purpose with his friend Fearon, in colloquial Latin. It is to be regretted that the custom of examining in Latin should still be continued, particularly in Edinburgh, where the great majority of the students are very deficient in classical knowledge. Very few even of the best educated men express themselves with facility in Latin, and every candidate for a degree might have the quantum both of his medical and classical attainments ascertained by a better test than a Latin conversation. In June, 1807, Gooch took his degree of Doctor of Medicine, and immediately afterwards made a tour in the Highlands, with Mr. Travers for his companion. During this excursion his health and spirits were better than usual; he enjoyed the scenery, and the similar circumstances in which he and his friend were placed made them excellent companions. He always looked back to this excursion as one of the most agreeable in his life. From Scotland Gooch returned by sea to Yarmouth, and remained some months in Norfolk. Feeling the necessity of fitting himself for the practice of every branch of the medical profession, he resolved to pass the winter in the study of

anatomy and surgery in London. He therefore became a pupil of Mr. Astley Cooper's and dissected diligently in the Borough. Early in the following year he formed a partnership with Mr. James of Croydon, a general practitioner of eminence in that neighbourhood. Here Gooch immediately entered upon the active duties of his profession; he had great opportunities of acquiring practical knowledge, and soon became a favourite in the families which he attended. Many of the individuals to whom he first became known as a country surgeon were afterwards useful to him in London.

It was at the commencement of the year 1808 that Gooch first appeared in the character of a critic. Several of his friends agreed to establish a new medical journal, and he became one of the principal contributors to the London Medical Review-which existed for about five years, and contained many articles of very considerable merit. The great error of all young reviewers is the abuse of assumed power; it is gratifying to self-esteem to point out defects, and the youthful critic is more anxious to discover faults than excellencies. Gooch used often at a later period of his life to regret the severity in which he had indulged in some of his early essays in this department. His first article was on the subject of insanity; the book reviewed a translation of Pinel. By a singular coincidence the first and the last of his literary labours were on the same subject. There is a paragraph in this review which is so applicable to Gooch's own peculiar conformation of mind that he must have had an eye to himself when he wrote it. "There are some characters," he says, "who are commonly called low-spirited, gloomy, desponding fellows. During an interval of occupation, when the mind is free to range where it pleases, they are constantly painting their future lives with a pencil dipped in black. Aware that they possess certain resources of money, knowledge, and patronage, they view their present situation in the same light with the most cheerful of their companions. But the character of the man, the extent of his resources, and the usual conduct of the world being given, to find his future lot, he commences his calculations with the same assumptions, and differs from them in the conclusion. They deduce success, he misfortune; and the consequence is, that he becomes a frequent prey to those sorrowful apprehensions and gloomy emotions which want only strength and permanency to constitute one species of mental disease."

At this time Gooch was on the point of marrying the woman of his choice, and with a fair prospect of success in his profession—still he was not happy. Do "coming events cast their shadows before?" and had he a presentiment that in less than three years he should see the object of his fondest affections pine away and die? The lady was not in good health when she married, and though pregnancy suspended the progress of disease, after her confinement she became decidedly consumptive. She lingered for about fifteen months, and died on the 21st of January, 1811. The infant survived its mother about six months, and was buried in the same grave with her.

Grievously as Gooch felt this affliction, he did not sink under it. When a man has suffered the heaviest calamity which can befall him, (not arising from his own misconduct,) there is, after a short time, a sort of re-action, and in the early part of life a spirit of adventure not unfrequently succeeds. Gooch's religious feelings (and they were naturally strong) afforded him the best consolation, and next to religion schemes for a new scene of professional action. Being now somewhat better off in point of circumstances, he resolved to remove to London, and endeavour to obtain practice as an accoucheur-physician. Several of his friends were already established in the capital, doing well, and disposed to serve him; he had gained some reputation by his writings, and had acquired a consciousness of his own powers. There was perhaps no period of his life when he was less inclined to despond with regard to his future success, than that at which he quitted Croydon.

Having taken a house in Aldermanbury, before he established himself permanently in London, he made an excursion into the north of England, in order to visit Dr. Fearon at Sunderland, and Dr. Henry Southey at Durham. On this occasion he made the tour of the English Lakes, and passed some days with Mr. Southey at Keswick. The poet had seen him at Edinburgh in the autumn of 1805, as his brother's early and intimate friend, had liked him at first sight, and became more acquainted with him in London, and during his residence at Croydon. He had now better opportunity of appreciating his moral and intellectual worth; and this visit led to an intimacy which continued during the remainder of Gooch's life.

On his return to London he became a licentiate of the Royal College of Physicians, and before the close of the year 1811 he had fairly entered the lists as a candidate for practice in the city. He had chosen the line of accoucheur as that in which his medical friends could most easily assist him. It may be allowable to name those persons to whom he was chiefly indebted for his early introduction into practice; and, first, Mr. George Young, then an eminent surgeon in the city, a gentleman to whom Gooch ever expressed himself under the greatest obligations, and whom he was accustomed to describe as a most accomplished practitioner, a delightful companion, and an indefatigable friend ;-Dr. Babington, to whom Gooch afterwards dedicated his work upon the diseases peculiar to women, and whom he there characterizes most justly: and Sir William Knighton, then in full practice at the west end of the town, to whom, more than to any other individual, he owed his early success in life.

In 1812 Dr. Gooch was elected physician to the Westminster Lying-in Hospital; an appointment which afforded him great opportunities of acquiring a practical knowledge of the difficulties of midwifery. Ordinary cases are in such hospitals attended by the regular nurses and the pupils, but when a difficulty occurs, the physician is summoned—in proportion to the size of the establishment these important cases are more or less frequent, and what the private practitioner may meet with but a few times in the course of his life, to

a hospital physician is a common occurrence. The advantages of such a situation to Gooch were incalculable. In a letter to a friend written at this time he speaks thus cheerfully of his own prospects :- "You will be glad to hear that practice is coming in upon me, in a way and with a rapidity which surprise me; if its after progress is at all proportionate to its commencement, (of which I feel no doubt,) it will soon carry me out of the reach of pecuniary cares. I have been attending the daughter of one of the most zealous methodists I ever met with; he never gives me a fee but I find written in red ink on the bank-note some religious sentence. I have now two of these curiosities lying by me; on one is written, 'Who shall exist in everlasting burnings?' on the other, 'The wages of sin is death.' There were several others which I cannot remember. I have sent them out into the world to do all possible good, and these will soon follow them." In the course of this year Gooch was elected joint lecturer on midwifery at St. Bartholomew's Hospital, with Dr. Thynne, who was then very infirm, and who died early in the following year.

An extract from a letter addressed to Mr. Southey, dated January, 1813, illustrates his state of mind at this period with reference to a second marriage to which that friend had strongly advised him. "One part of your letter produced a deep impression on me. There is no fear, however, but I shall again become a husband, nor will a second attachment become less likely from being deferred another year or two. I am too friendly to marriage in general, too sick of a soli-

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tary fireside, too indisposed to relish even the innocent pursuits which single men depend on for amusement, too thoroughly convinced that gaiety, as it is commonly called, is incapable of affording me pleasure, too disposed to look to the pursuits of knowledge, and the endearments of affection, for my happiness in this world. At present, however, unless I am much mistaken, an attachment would not be desirable for me. Mine is an anxious disposition-more given to fear than to hope. During the last year, it is true, I have scarcely known what fear is, but this I refer not to any change in my character, but to an alteration in my circumstances-for although I have become an adventurer, and thrown myself in the way of difficulties, I have always been encouraged by the thought that even if I failed, my failure would injure no one but myself. Notwithstanding the unexpected degree of my success, I am still an adventurer, and shall feel myself to be so until I have gained an income equal to my expenses. You will smile perhaps at the apprehensiveness of my nature, but such it is, and so far from my being able to mend it, I believe the less I think of it the better it becomes. No domestic enjoyments would compensate to me for pecuniary anxieties. As long as there remains the slightest uncertainty about my success, so long had I better remain single, not only in fact but in feeling. As soon as I have gained a competent income (which, by the by, becomes the more necessary because I may chance to marry a woman without a fortune, for I shall certainly choose my second wife from the same feelings which led me to my first) when

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I have a competent income I shall have neither disinclination nor difficulty in again becoming attached, as I have some reason to believe that there is still left in me more susceptibility than I once thought I should ever again possess."

At the very time when this letter was written Gooch was forming an attachment to the sister of his friend Mr. Travers, and notwithstanding all his prudent resolutions, soon became convinced that he should best consult his own happiness by expediting his marriage with a person every way qualified to make him happy. There was, indeed, nothing imprudent in his so doing, for his practice was rapidly increasing, and the death of Dr. Thynne gave him the whole profit of the lectures at St. Bartholomew's Hospital.

These lectures, though a source of emolument, were also a source of great anxiety to Gooch. He found himself called upon to give a complete course of prelections upon a very extensive subject, on many parts of which he felt his own knowledge to be as yet but imperfect, and no time, or at most a very inadequate time, could be allowed for preparation. It was impossible to write each lecture, and he often found himself compelled to go to the hospital with scanty notes, and not fully possessed of all that was known on the subject. He was a severe critic of himself, and though most of his auditors came away satisfied with the clearness of his statements, and the liveliness of his manner, he over-estimated all the defects of which he was conscious. He used to look forward to the hour of lecturing with horror. In one of his letters he says, "I am going down

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to lecture with a palsied mind and a palpitating heart."—Yet he generally came back from the hospital in better spirits than he went. Anxiety, with regard to his success as a lecturer, affected his health, and laid the foundation of that disorder of his stomach, from which he was never afterwards entirely free. In a few years Gooch became one of the best lecturers in London, and used to go into the class-room without any notes, with the most perfect confidence, able to teach clearly and impressively that which he himself thoroughly understood : but for this power he paid too high a price.

In January, 1814, Gooch married Miss Travers. He announced his approaching nuptials to his friend, Mr. Southey, thus,-"Lost time is lost happiness; the years of man are three score and ten, the months therefore 840, about 360 of my share are already gone, how many have I to spare? On the 21st of this month I leave London, and on the 1st of February, God permitting, I bring home my wife .- To me, at least, you have been a successful preacher." Ten months afterwards he wrote another cheerful letter, reporting progress in his profession, and stating his expectation that he had taken leave of the fear of poverty for life, but expressing a little doubt how far his health might bear the air and the exertions of London. There was but too much ground for apprehension on this point; in every other respect Gooch was most happily circumstanced, every year added to his reputation, and consequently to his income; and in his domestic relations no man could be more fortunate; but no sooner was he free from the dread of poverty which had haunted him in

early life, than his health became sufficiently impaired to fill his mind with gloomy anticipations.

In the spring of 1815 he suffered from an inflammatory attack on his lungs, and in a letter thus alludes to his illness,-""At one time I was more alarmed about myself than I ever remember. I say alarmed, for I did not feel afraid of death, so lowly do I estimate the pleasures of life-so diluted and mingled are even its best hours, and so uncertain is their continuance, even when we are going most merrily adown the current; yet I was alarmed-for I shuddered at the thought of dying just when I had come within reach of, but before I had time to grasp success, and leaving my wife pregnant and almost unprovided for. I am slowly recovering, my chest is well, but I am not." A few days' residence in the country restored him to his usual health.

In April his first boy was born: at this time, Gooch's business was rapidly increasing, and more particularly in the west end of the town, where he profited by the overflowing of his friend Knighton's practice; this circumstance led to his removal, early in 1816, from Aldermanbury to Berners Street. Although there was little or no risk attending his removal, it was not without some misgivings that he changed his abode, and he was for some time anxious lest the increase of connexion in one part of London should not equal the loss of patients in the other. A few months settled the question satisfactorily.

Towards the close of this year, Gooch went on a professional visit to the Marquis Wellesley, at Ramsgate, to whom he was introduced by Sir William Knighton; here he was taken alarmingly ill, his stomach became so irritable as to reject all aliment, and for several days he vomited incessantly. Every care and attention was shown him, and as soon as it was safe for him to travel, Lord Wellesley sent one of his own servants with him to London. Gooch always expressed himself grateful for the kindness he experienced on this occasion, and highly gratified with the conversation of one of the most accomplished scholars and statesmen of the age.

From this period he dated the commencement of that formidable disorder of the stomach-to which he was subject at intervals through the remainder of his life. In a few weeks after his return from Ramsgate he regained strength enough to resume his professional duties. Success is very wholesome to the body, if not to the mind, and in a man of Gooch's temperament, to both; his life was doubtless prolonged by the stimulus of increasing reputation. In 1818 he writes thus cheerfully,-" My children (he had now three) are healthy, and more delightful to me than I had anticipated before I was a father. In my profession I am striding on with a rapidity which I had no right to expect at my age and standing; the progress I have made, and from the state of competition the prospects I have before me, are such, that by fifty years of age, and very likely before, I must be able to retire with a competence. This is the happiest time of my life; my home is delightful to me-my station satisfactory, whether I regard what is doing for me or what I am doing for others-my pecuniary cares gone-my prospects bright, and I may add, as certain as any thing can be, that is if I live and preserve my health ; but there's the rub-

that troubles me more than ever, and though I can no where detect any mortal disease, yet I am in a state which keeps constantly before my mind the probability that my life will be short, too short for me to do what I could do for my family, and what little I would try to do in my way for mankind."

The next two years of Gooch's life were marked by increasing success in his profession, but the satisfaction resulting from this circumstance was more than balanced by anxiety on the score of his wife's health and his own.

In 1820 he lost his eldest son, an interesting and promising child of five years old : no calamity which he had ever experienced affected him so deeply as the death of this boy. In a letter, written soon after this event, he says, "There is only one subject I can talk to you about, and that is my boy; he is always in our thoughts. Southey, in 'Roderick,' gives the recipe for grief with a truth which shows he has tried it, and found its efficacy-religion and strenuous exertion. Whoever says, that the latter is the chief, says false, for the former affords support when the mind is incapable of exertion; it tranquillizes in moments which exertion cannot reach, and is not only not the least, but the best of the two. When we went down to Croydon to deposit our dear boy in my little tenement there, you will easily believe that I approached the town and entered the church-yard with strange feelings : ten years back I had visited this spot to lay a wife and a child in the same tomb; since then I had recovered from my grief, had formed new affections, had had them wounded as bitterly as the former,

and was now approaching the same spot again on a similar, and as poignant an occasion. The scene was singularly instructive, it cried out with a voice, which I heard to my centre, of the endurableness and curability of grief-of the insecurity of every thing-the transience of life-the rapid and inevitable current with which we are all hurrying on; and it asked me, how I could fear to submit to that state into which so many whom I had dearly loved had already passed before me? You will be interested to know the state of the contents of the tomb after the lapse of so many years; both the coffins looked as if they had been deposited yesterday, as clean, as dry, as firm : if they could have been opened, I have little doubt the bodies would have been found in proper form, though changed. I added my beloved boy to its former inhabitants, and then asked myself, who goes next?"

Within ten years he was himself deposited in the same spot. The death of his favourite child and his own ill health naturally directed Gooch's thoughts more and more to the subject of religion. Like many wise and truly pious men he had at times misgivings with regard to the efficacy of his own faith : one night, soon after the funeral, when he had been harassed by doubts, praying fervently for their removal, and in a very excited state of mind longing for the apparition of his boy, he fell asleep, thinking that if such a vision should be vouchsafed him, he could never doubt again. The dream which followed is not the less striking because it may be reasonably explained by the state of his mind and body at the time.—He

thought his child appeared, and told him, that although his prayers had been heard, and a spirit was allowed to visit him, still, that he would not be satisfied, but would consider it merely as a dream ; adding, he who will not believe Moses and the prophets, will not believe though one comes from the dead. Here he awoke, and afterwards related the dream to several of his friends. At this time Gooch read a good deal of theology, and his letters and conversation showed how much his mind was occupied with this subject.

In one of his letters he gives an account of Dr. Chalmers .- " On Sunday I went to hear him preach at the Scotch church in Hatton Garden, and at the peril of my ribs succeeded in getting in; and in the evening heard him again, at the Wesleyan chapel, where he preached to a congregation of four thousand. It was a striking sight, every pew full, the standing places crowded up to the very doors. It is difficult to compare strong impressions which we have received at different periods of our life, but I think I may say, that I never heard so powerful a preacher; a good deal of this power, however, depends on his manner-an earnestness of heart, a fiery vehemence, which occasionally would be rant, but that the vehemence of the manner never rises above the energy of the thought and expression. He has a curious, but very useful custom ; at the end of a passage, ornamented in the highest possible degree, and perfectly on fire with energy, he makes a dead pause, and then states the pith of the passage, with the calmness and familiarity of conversation: thus sending his hearers away, not

only with warm feelings, but with clear conceptions."

While Mr. Benson held the living of St. Giles's, Gooch frequently attended at that church, and was a great admirer both of the writings and preaching of that powerful advocate of Christianity.

The life of a physician, in very full practice, allows of little time either for study or recreation, but the state of Dr. Gooch's health was such, that he was obliged to restrict himself in the number of his daily visits, and thus made some leisure for literary pursuits. His mind was always too active for his body, and he frequently suffered in health from writing (or rather dictating, for his wife wrote every thing for him) too earnestly, or too long at a time. Every summer he was obliged to quit London altogether for some weeks, and usually found most benefit from a journey.

In 1822 he visited Paris. On his return he writes thus to Mrs. Bolingbroke, with whom through life he continued to correspond :-- " My journey to France, like all earthly things, has afforded me a mixture of good and evil; I have returned in better health, pleased with some things, disappointed with many, and resolved (as long as I continue in the same mind) never to go abroad again during any future holidays from-business. When I leave London I want repose; in my last excursion I had any thing but that, for the fatigues of business are nothing to the fatigues of sightseeing in Paris. I used to come home at night half dead; but the next morning I was alive again, and ready to run the same foolish round-I say foolish, because three-fourths of the sights you

are dragged to see, are, in my mind, not worth seeing. The pleasantest day I spent in France was in travelling from Paris to Rouen, sitting on the outside of the carriage, and looking about on a beautiful and ever-changing country, observing the grotesque appearance of the peasantry, and passing through towns interesting from historical association. I shall take the hint, and if ever I leave town again for health and relaxation, it shall be for an unhurried tour through Wales or Cumberland, or some of the beautiful counties of England. Horace Walpole said, that after Calais there was nothing in France striking : and I can understand what he means, for our first day in Calais was the most striking day I experienced; even the crossing was exciting and agreeable: I had never before been on board a steam packet, and without the aid of wind or tide, or any visible means, to see it turn round and walk over the waters, gave me a lively sense of the power of man. It was a glorious morning; the sea was green, and scarcely more ruffled than a lake; the deck was crowded with well-dressed passengers, and the scene was indescribably lively. We entered Calais harbour, playing the popular tune of Henry IV .- between the piers on each side, a mile long, thronged with people. On landing, the first aspect of the town-its ramparts-as you pass along the streets, the dresses of the people, their long-eared caps, gold ear-rings, blue stockings, and wooden shoes, ugly faces and strange tongue, all so entirely different from what you left four hours ago-it was a striking moment; but alas! it was only a moment. The eye soons gets accustomed to the costume of a foreign country; I had experienced this pleasure a long time before in my first journey to Scotland, when it was far more lively and lasting than now : now the only time I felt it was, as I have described, on my first entrance into Calais, and it was scarcely ever repeated during the rest of my tour. I am an old man—with me the bloom is off the plum, there is nothing in life which can afford me lively pleasure, except for a moment, but the pleasures I have around my fire-side; and I see clearly, that for the rest of my life, I must seek contentment from the attainment of a competence, the education of my children, and preparing for the ills and the end of life."

This letter is very characteristic of Gooch: it shows the effect of bodily disorder upon a mind naturally alive to everything interesting in nature and art; but uneasy sensation made him incapable of enjoying anything, as he says, for more than a moment. It had an influence upon his literary taste, so that few books which he read gave him pleasure; and there were still fewer people whose conversation he could tolerate, for more than a short time: but though he became thus ultrafastidious, his natural affections were unimpaired, his heart was unchanged, and his reasoning powers seemed to acquire fresh vigour.

The following autumn, he made a tour through North Wales; and on his return passed a day in the company of Dr. Parr, at Warwick. They had previously met in London; and Gooch afterward gave an account of these two interviews in a lively paper, which was printed in Blackwood's Maga-

zine, and entitled, Two Days with Dr. Parr. On this occasion, when speaking of the different professions, and relative advantages and disadvantages of each, Parr said, the most desirable was that of physic, which was equally favourable to a man's moral sentiments and intellectual faculties. One of the party reminded him of his first interview with Dr. Johnson. "I remember it well," said Parr ; "I gave him no quarter,-the subject of our dispute was the liberty of the press. Dr. Johnson was very great: whilst he was arguing, I observed that he stamped; upon this I stamped. Dr. Johnson said, 'Why do you stamp, Dr. Parr?' I replied,-'Sir, because you stamped, and I was resolved not to give you the advantage even of a stamp in the argument."

Gooch remarks of Dr. Parr, that one of the striking features of his character seems to have been a child-like simplicity and sincerity, one effect of which was, that feelings of personal vanity were let out, which any other man would have felt under the same circumstances, but which he would have prudently kept to himself; yet Parr's mode of displaying it rather excited a smile than a sneer.

In the summer of 1824, Gooch passed a few weeks in Norfolk, and derived all the enjoyment which his state of health permitted from the society of his early friends in Yarmouth and Norwich.

Towards the close of this year the question of altering the quarantine-laws began to be agitated, and he took a lively interest in the subject. He writes thus to Mr. Southey, in a letter dated April, 1825 :--- "I remember, about fifteen years ago, telling you that I never felt what was called patriotism : time has altered me in this respect, as well as in many others: and I grieve to see the number of men who, some from ignorance and others from wickedness, are doing all they can to injure their country. At this time, a set of half-educated, wrong-headed, medical adventurers, are trying to persuade the Govern-ment that the plague is not contagious, and that there is no need of any precautions to keep it out of the country. The writings by which the public mind is assailed on this subject are filled with the most absurd reasoning, garbled statements, and all sorts of dishonest measures. Eminent men are even quoted against the contagiousness of the plague, who never entertained a doubt of the opposite opinion. These writings are swallowed as gospel by worthy, active members of Parliamentare repeated in their speeches; and I understand that the subject is to come before the House on Tuesday night, and that some material change is likely to be proposed, and even carried, in our quarantine-laws. Something ought to be done to stay the mischief. But what is every body's business is nobody's business-the trustworthy minds are too busy, too modest, or too indolent to do anything, and thus the public are governed by, what William Taylor calls, not real merit, but noisy conspicuity. We deserve, however, to suffer, if we do not exert ourselves ; and as nobody else will undertake the task, I will. But here, unluckily, I have been disabled for some time by one of my old illnesses, which has confined me to the house nearly three weeks, and which has left me very

weak, and incapable of much exertion. It will require some time before I am fit for work of any kind. In the meanwhile, to stay the mischief, I have put into Mr. Peel's hands some of the evidence I have collected on the subject; and I now write to you, to say, that if you have any notes of reading on the subject, I shall be very thankful for them."

How well he performed the task thus self-imposed, is seen in the article on the Contagious Nature of the Plague, which appeared in the Quarterly Review for December, 1825. As Gooch reprinted this paper among his other medical works, there can be no impropriety in giving him the credit which is so justly due.

During the whole of this year he suffered much from illness. He went to the Continent in search of health, but the crossing from Dover to Calais brought on a sickness which continued after he landed, confined him to his bed three days at Calais, and three weeks at Bruges ; and he returned weaker than he went. He had the good fortune to be accompanied on this excursion by his accomplished friend, Dr. Robert Fergusson, to whose skill and attention he was much indebted, and who greatly lessened the anxiety of Mrs. Gooch, the indefatigable nurse and constant attendant of her husband in all his journeys.

While at Ghent, ill as he was, Gooch contrived to visit the Beguinage there; and in one of his letters gives an account of the evening service in the chapel :—"When we entered, it was nearly dark; the only lights were a few tall tapers before the altar, and as many at the opposite extremity

of the chapel, before the organ; the rest of the building was in deep gloom, having no other light than what it received from these few and distant tapers. There were a few people of the town kneeling, on straw chairs, in the open space before the altar, but the rest of the chapel was filled on each side, from end to end, by the Beguine nuns, amounting to several hundreds, all in their dark russet gowns and white stiff hoods; and all in twilight, and deep silence, and motionless, and the silence interrupted only by the occasional tinkling of a bell, or by a nun starting up with outstretched arms in the attitude of the Crucifixion, in which she remained fixed and silent for many minutes. It was the strangest and most unearthly scene I ever beheld."

The Beguines, like the Sœurs de Charité, act as nurses to the sick poor in the hospitals; and the best of nurses they make, combining more intelligence than can be found among the uneducated classes with a high sense of duty.

It was a favourite scheme of Gooch's to direct the flow of religious enthusiasm towards the hospitals in this country. The superiority of the Parisian to the London hospitals in point of nurses must be obvious to the most superficial observer. An association of middle-aged females animated by religious feelings, for the purpose of relieving the extremes of human misery, not by pecuniary aid, but by personal attention to the sick poor, in imitation of the Sisters of Charity, or rather of the Beguines (for the latter are bound by no vow except to be chaste and obedient while they remain in the order, and have the power of returning to the

world whenever they please) might be eminently useful. The letters on this subject, published in the Appendix to Mr. Southey's Colloquies, were written by Dr. Gooch. They have been reprinted at Liverpool, as a means of calling attention and inviting assistance in support of an institution for educating nurses which has been established there. Mr. Hornby, the rector of Winwick, is the individual by whose active exertions this scheme has been, to a certain extent, carried into effect, and who had previously introduced the subject into a printed sermon.

Gooch returned from Flanders in wretched health, and found himself under the necessity of relinquishing the practice of midwifery: that branch of his business he transferred as far as he could to Dr. Locock, on whom he could thoroughly rely, and henceforth confined himself to the prescribing part of his profession. He spent the month of October at Bath, and returned to town somewhat better; but on the 1st of January, 1826, he was attacked with hæmoptysis. On his recovery from this attack, he writes thus :-- "You will be sorry to hear that since I last wrote to you I have had another long and suffering illness. Early on Newyear's morning I was waked by a symptom I never had before-a hæmorrhage from the lungs. As I have for many years never passed a day without some degree of cough and expectoration, I immediately concluded that this was the breaking up of some old organic mischief in the lungs, and took it for granted that my hour was come; and now I felt the difference between the prospect of death during bodily suffering which has no remedy, and

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the same prospect in a state of mental and bodily comfort. Generally my illnesses have been suffering, and death has looked a welcome visitor. Now, on the contrary, I felt well, at least I had no pain. Every object around me and before me looked pleasant, and I felt unwilling to quit them; but it was not dying, but parting with those dear to me, which caused the pang. It was just what I have felt when death hath removed from me those I loved, and just what I should have felt in the prospect of my wife and all my children being taken from me by death. The hæmorrhage soon ceased, and I believe was of no consequence; but the anxiety I felt about it, and the low diet which I observed for a fortnight, ended in one of my old vomiting illnesses, which lasted three weeks, and has now left me as thin as the anatomie vivante."

Notwithstanding these repeated illnesses, which withdrew him for months together from his profession, Gooch's reputation continued to increase; and as soon as he was able to resume his practice, he always found that he had more patients on his list than he could visit. In April, 1826, he was appointed librarian to the King-a situation which added much to his comfort, by insuring him a moderate annuity for life, in case (which then appeared too probable) ill health should oblige him to relinquish his profession entirely. For this he was indebted to the kindness of his friend, Sir William Knighton. The summer of this year Gooch passed chiefly at Malvern; he had intended to visit the Cumberland Lakes again, but found his strength unequal to the journey. The air of Malvern agreed with him, and he returned to town

able to resume his medical practice, but still obliged to restrict himself to a very limited number of hours of active employment. His mind was, however, rarely at rest; he was either occupied in preparing for publication his work on the diseases of women, or in contributions to periodical publications. In whatever he engaged, there was an earnestness of purpose which not unfrequently exhausted his bodily powers. The few remaining years of Gooch's life exhibited a striking contrast between mental vigour and bodily weakness. His best health was that of a complete valetudinarian; but he was able to see a considerable number of patients most days, and to devote some hours to literary labour. The summer of 1827 he passed at Southborough, near Bromley; that of the following year at Hampstead and Tunbridge Wells.

Gooch had now been for a considerable part of his life engaged in attending more particularly to the diseases of women, and he was not a man upon whom the lessons of experience were lost. The publication of his work on this subject was, therefore, sure to add to his reputation. He corrected the last sheets of this volume while at Brighton, in the summer of 1829; and he lived long enough to know that he had not disappointed the high expectations of his medical friends. On his return to town he found that his book had been praised by every professional reader, and that he could have increased his practice to any extent had his health permitted. But his strength was unequal even to the former demands upon it. His bodily powers failed gradually and progressively, but his

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mind retained its activity almost to the last. He became a living skeleton, and so helpless that he was fed like an infant, yet he would dictate with a faltering voice sentences which indicated no mental feebleness. Once or twice he became delirious for a few minutes, and the consciousness that he was so, distressed him greatly. His life was prolonged for some days by the constant watching of his medical friends, Mr. George Young and Mr. Fernandez, who relieved each other at his bedside ; and by the admirable nursing' of his wife, whose health suffered materially by her incessant attentions.

On the 16th of February, 1830, he breathed his last. Enough has been stated in this brief memoir to show that Robert Gooch was no ordinary man. During a short life, embittered by almost constant illness, he succeeded in attaining to great eminence in his profession, and left behind him valuable contributions to medical knowledge. His Essay on the Plague settled the question of the contagious nature of that disease, at least for the present generation; and, when the same controversy shall be again revived (for medical as well as theological heresies spring up again after the lapse of a few generations), will furnish facts and arguments for the confutation of future anti-contagionists. The paper on Anatomy in the Quarterly Review for January, 1830, which bears internal marks of being his, and must, of course, have been dictated from his death-bed, has placed the question in a right point of view, by proving that it is the interest of the public rather than of the medical profession, that the impediments to study of that

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science should be removed. His book On the Diseases Peculiar to Women is the most valuable work on that subject in any language; the chapters on puerperal fever and puerperal madness are probably the most important additions to practical medicine of the present age.

With regard to personal appearance, Gooch was rather below the ordinary height, and always thin ; his countenance was elegantly marked; the dark full eyes remarkably fine; the habitual expression made up of sagacity and melancholy, though no features could exhibit occasionally a more happy play of humour. His manners were singularly well adapted to a sick room-natural, quiet, impressive; and the kindness of his heart led him to sympathize readily with the feelings of others, and rarely failed to attach his patients strongly. They who were accustomed to rely upon him merely for professional aid, found it difficult to supply his place; to his intimates and his family his loss was irreparable. Dr. Gooch left three childrentwo boys and a girl; his family were moderately provided for, but his sons inherited the inestimable advantage of their father's good name and example.

# MERRIMAN.

THE name of Merriman having been justly celebrated for nearly a century in the annals of obstetricy, it is considered advisable to preface this biographical memoir by a few notes upon the first accoucheur of that name. Samuel, the first Dr. Merriman, was born at Marlborough, in Wiltshire, on December 29, 1731. He graduated at Edinburgh, as M.D., in 1753; his thesis was an essay of so much value, that it was thought worthy of being reprinted by William Smellie, S.P.E.S., in the second volume of his "Thesaurus Medicus," a collection of theses for the degree of M.D. at the University of Edinburgh, published in 1779, in four vols. 8vo. The cards of admission to the lectures which Dr. Merriman received from the professors at the University are worthy of being noted, as instances of a simplicity of manners which has now quite passed away; they are ordinary, muchused playing-cards, with the name, &c. written on the back. The following are exact copies of some, which were preserved as curiosities :---

"1749, Oct. 18, Anatomy, No. 7th, Samuel Merryman, 85," is the card given by Professor Monro, written on the four of clubs ; "College of Institutions of Medicine, R.W.,  $17\frac{5}{5}\frac{2}{3}$ , No. 24, Samuel Merryman," is Dr. Whytt's card, written upon an eight of hearts ; and "A Course of Chemistry begun at Edinb<sup>r</sup> 14th Nov. 1752, And. Plummer, for Samuel Merriman, No. 24," is the card admitting to the Chemical Lectures, written upon the nine of diamonds. The London cards of the same period were more elegant, though very simple. Dr. Merriman's card of admission to the lectures of Dr. William Hunter is a blank card, with an ill-engraved seal in black-wax, representing a head, and bears in writing, "No. 62, Anatomy by William Hunter, Jan<sup>ry</sup> 1752," and on reverse, "Mr. Merriman."

Dr. Merriman, senior, first settled as a physician in Bristol, and afterwards removed to Andover, in Hampshire; but finding that a young unknown physician had little chance of success in his profession, he came to London in April, 1757, and commenced practice in Queen-street, May-fair, as an apothecary (the term "general practitioner" being unknown in those days), in partnership with Mr. Oakley Halford, who was about to retire from practice. He continued to practise as an apothecary for about twenty years, when he acted on his diploma, and practised only as a physician. Dr. Merriman, senior, was removed from this world, 17th August, 1818, aged eighty-six. On the morning of his decease, his daughter read to him a few passages in the newspaper which were likely to interest him; he afterwards searched in Watts's Lyric Poems for a passage which he thought applicable to his situation, but in vain ; before nine o'clock on the same evening he had ceased to breathe. He died at his son-in-law's house, 26, Half Moonstreet, his daughter, Mrs. Merriman, being the sole surviving child of a family of fourteen children.

Samuel Merriman, M.D., the immediate subject of this memoir, was born at Marlborough, 25th October, 1771, and was the only son of an elder brother of the above-mentioned Dr. Merriman, Mr. Benjamin Merriman, a brewer in large business in that town. He was a man of scientific pursuits, and published several pamphlets upon political economy. His wife was a niece of that very upright judge, Sir Michael Foster.

Dr. Merriman received his early education at the Free Grammar School, Marlborough, founded by King Edward VI., and presided over at that time by the Rev. Joseph Edwards.

On his thirteenth birthday, 1784, he arrived in London, to reside with his uncle, having travelled by the stage coach, which, leaving Newbury, where he had slept, at six in the morning, reached London at five in the afternoon.

For a short time, he went to the school of Mr. Robert Roy, in Old Burlington-street; and he remembers often to have seen, in very fine weather, as he was going to school, Dr. Denman, who lived next door to Mr. Roy, getting on horseback to visit his patients. This mode of visiting patients was likewise frequently adopted by Sir Richard Croft, and by some other physicians.

Under the able tuition and direction of Dr. Merriman, sen., he began his medical studies, obtaining the greatest amount of his professional knowledge from the very sound and extensive medical skill and science of his uncle.

In 1795, he attended the midwifery lectures of Dr. Thynne at the Westminster Lying-in Hospital, having previously gone through the usual courses of lectures at the Anatomical Theatre, in Great Windmill-street, by Baillie and Cruikshank; but his clinical knowledge of disease was principally obtained by seeing the numerous patients of his cousin William, son of Dr. Merriman, sen., first in company with him, and subsequently, during his long illness, which proved ultimately fatal, as his friend.

The practice of an apothecary, previously to the present century, was of a nature very different from what it is now. There were then no retail druggists, but every apothecary had his shop, not often open, but always easily accessible. At these shops, the prescriptions of physicians were made up; here casual patients used to apply for advice and assistance; here persons might at any time go and be bled, and, "in the spring and fall," many considered it necessary, according to the instructions of the almanacks, that blood should be taken from them; and here the minor cases of surgery were attended to, so that every day a number of small fees were received from these casual patients. And this necessarily led to a good deal of better and more lucrative practice.

The practitioners of the present day hold a higher rank, in consequence of their being more highly educated; this is as it should be: at the same time, they experience more difficulty in obtaining practice than the apothecaries above alluded to.

In 1799, Mr. Merriman married his uncle's daughter, Ann, continuing, however, still to reside in his uncle's house in Queen-street, May-fair, and practising as an apothecary—a department he resolved to abandon in 1807, finding that it interfered with his increasing midwifery practice. He, therefore, entered into partnership with Mr. Peregrine, of Half Moonstreet, to whom he soon relinquished the general practice.

About this time a vacancy occurred in the office of

physician-accoucheur to the Westminster General Dispensary, by the death of Dr. Boys. As the number of parturient women from this dispensary amounted to from 500 to 600 every year, the appointment appeared valuable to Mr. Merriman; but the degree of M.D. was required before he could be elected. Hitherto he had practised upon the right which the membership of the Society of Apothecaries conferred, but it was recommended to him by Dr. William Saunders and Dr. Willan, to apply to Marischal College, Aberdeen, for the honorary diploma granted by that university; and Dr. Vaughan (afterwards Sir. H. Halford, Bart.), Drs. Matthew Baillie and Andrew Bain, signed a testimonial in his favour. Dr. Merriman, his uncle, gave a separate testimonial; and Dr. Saunders also bore testimony to his abilities. The professors of Marischal College, however, declined to grant a diploma, until they had received a second certificate, from some eminent practitioner, stating that he had personally examined the candidate. This difficulty was removed by the kindness of Dr. Vaughan, who undertook the examination; and the degree was accordingly granted, A.D. 1808. The contest at the dispensary, between Dr. Clough, who had a few years previously lost his election by one vote only, and Dr. Merriman, was warm and close, and again ended in the defeat of Dr. Clough, Dr. Merriman gaining the election, principally in consequence of the exertions of Dr. Denman in his behalf. He resigned this appointment in 1815, and was appointed consulting physician-accoucheur, and subsequently vice-president, of the charity. In 1814, the governors, by an unanimous vote, presented to him a handsome silver bread-basket, with a suitable inscription.

In 1808, Dr. Merriman was appointed by the governors of the poor of St. George's, Hanover-square, to take charge of the midwifery cases in the parish requiring extraordinary assistance-a duty which he performed for nineteen years. In 1809, by the death of Dr. Poignand, vacancies occurred in the office of physician man mid-wife to the Middlesex and West. minster Lying-in Hospitals. It had been intended, by Dr. Mayo, physician to the Middlesex Hospital, to propose Dr. Thynne to fill the vacant office ; but when Dr. Denman, at the weekly board, proposed Dr. Merriman, Dr. Thynne declined to present himself. Dr. Roberton then presented himself, pleading that Dr. Merriman was ineligible, because physicianaccoucheur to another institution. Upon this objection being started, it was found necessary to call together a special general meeting of the governors; and by a vote of twenty to one, it was resolved-" That as much of the bye-laws as relates to the disqualifying the physician man-midwife for belonging to any other charity for sick and lame be suspended." On this Dr. Roberton withdrew; and all opposition having subsided, it was found difficult, on the day of election, August 17, 1809, to collect a sufficient number of governors to form a court. The hospital being in the habit of giving to the physician man-midwife five shillings for each case of labour attended, the intention being that one-half should be paid to the midwife, and the other half remain in the hands of the physician, in compensation for his expenses in coachhire when called to difficult labours, Dr. Merriman, in a manner characteristic of the high and generous spirit which always actuated him in his profession, introduced the plan of giving the whole five shillings

to the midwife, or to the patient, if attended by a pupil, the premium being paid on her bringing back the pupil's certificate of his attendance upon her. The plan was found to work exceedingly well, and is still continued. Dr. Merriman's yearly reports to the weekly board, on the state of the midwifery department, are given at full length in the valuable history of the hospital, by Erasmus Wilson, Esq.

Dr. Merriman commenced his lectures on midwifery at the Middlesex Hospital, in 1810, and continued them till 1825, when he resigned them to Dr. Hugh Ley. These lectures were largely attended, and very many of the practitioners now living in all parts of England, recollect with great esteem their former teacher.

While engaged in the duties described above, Dr. Merriman received a note from Dr. Gooch, who was ill, and had been obliged inconveniently to postpone on that account the opening of his course of lectures on midwifery at St. Bartholomew's Hospital; he, therefore, requested Dr. Merriman to give a portion of the course for him. To this he acceded, and during three courses, in 1820-1, he lectured at Middlesex and St. Bartholomew's Hospitals, frequently giving a morning and an evening lecture on the same day.

It was then agreed by Drs. Gooch and Merriman to continue the course of lectures conjointly, but when this was submitted to the consideration of the medical staff of the hospital, an objection was made that Dr. Merriman had never been a pupil at St. Bartholomew's, to the propriety of which objection he perfectly assented, and withdrew his claims. Subsequently, Dr. Conquest was appointed. The decease of Sir Richard Croft augmented considerably the number and rank of Dr. Merriman's patients. He had been long enough in practice to have acquired much reputation, and he now became more extensively employed in consultation practice, which induced him, in 1822, to remove to Brookstreet, Grosvenor-square.

Dr. Merriman took very great interest in the Middlesex Hospital; from the time of his first connexion with it he was a constant attendant at the weekly board. This weekly board had recently been changed from a close to an open board, in the hope of raising the hospital from a state of insolvency. This was the strong recommendation of Lord Robert Seymour, the renovator of the hospital, to all the governors; and the success of the measure was most gratifying. Dr. Merriman commenced the subscriptions raised in 1833 for enlarging the hospital; he also begun the subscription in 1835 for founding the medical school, and gave to the school the skeleton of a native of Fort Macquarie, New South Wales. He first obtained for the assistant-surgeon defined and explicit duties, and brought forward the proposal for having an assistant-physician.

Being fond of literary and archæological pursuits, he hunted out the names of the persons represented in the large picture in the board room, of the Earl of Northumberland laying the first stone of the hospital in 1755, in "Marybon-fields," as the locality was then termed. He compiled the brief history of the hospital prefixed to the laws and lists of governors. To him is due, in a great measure, the application to Parliament for the incorporation of the hospital, with power to hold landed property, notwithstanding the statute of mortmain. He was honoured by the application of the lecturers, for four successive years, to deliver the prizes obtained in the medical school, and was appointed one of the treasurers of the hospital, in 1840, an office which he held till 1845.

Dr. Merriman early became, by purchase, a member of the Society of Apothecaries, but was too much engaged in practice to take much personal interest in the endeavours to obtain a licensing body for the future apothecaries. After several years' agitation of this question, and after the two Colleges of Physicians and Surgeons had refused to take upon themselves the duty of examining candidates for general practice, it was at last offered to, and accepted by, the Worshipful Society of Apothecaries.

The Apothecaries of London had originally been incorporated by King Edward III. with the Company of Grocers; other and extensive privileges were granted to them in the reign of Henry VI., and they were finally separated from the Grocers, and formed into a distinct Society, by James I. By the Act of Parliament passed in 1815, power was given to the Master, Wardens, and Court of Assistants of this Society of Apothecaries, to elect annually twelve of its members into a Court of Examiners, who should examine and license all future apothecaries. The first Court of Examiners, which assembled on Thursday, the 1st of August, 1815, could not be very strict as to the qualifications required from candidates; but the successive Courts of Examiners have cautiously and gradually, but steadily, persevered in imposing a higher and higher standard of qualification from the candidates, and in the year 1828, they laid down a code of regulations, from which a most

decidedly good effect has resulted. In 1831, the Court determined to require from students evidence of their having attended lectures on midwifery; and expecting that it would have a good moral effect upon the students to have upon the Court an examiner fully acquainted with this branch of medicine, they requested Dr. Merriman to allow himself to be proposed as a candidate for the office of examiner; he was accordingly elected by the Court of Assistants, and was re-elected annually for six years, when he retired in consequence of ill-health. The wisdom evinced by the Court in this and many other points, is amply proved by the distinguished character the apothecaries of the present day bear, and has had a collateral effect in inducing the proportionate increase in the amount of knowledge now required by the Colleges of Physicians and Surgeons from the candidates seeking their licenses, above that which was required at the time of the passing the Apothecaries' Act. Dr. Merriman was shortly afterwards elected one of the Court of Assistants of the Society, but he did not serve the office of Master or Warden, owing to the infirmities of age. He was a member of the old Lyceum Medicum Londinense, founded by John Hunter and Dr. George Fordyce, which was at one time extensively supported, but gradually crumbled away; so that when, in the year 1837, an attempt was made to collect the names of the old members, very few could be discovered. The object of ' this inquiry was to ascertain whether the survivors would be willing to transfer the funded property of the Lyceum in the hands of Sir Alexander Crichton, the sole remaining trustee, to the Society for the Relief of Widows and Orphans of Medical Men in London

and its Vicinity, or to have it equitably divided amongst the survivors. It was, with only one dissentient voice, finally agreed to make a present of the money to that very excellent society. This exception was the once celebrated political propagandist, John Gale Jones, to whom had been awarded one of the Lyceum Medicum Londinense gold medals, for his prize essay on the Whooping-cough. Poor Jones was now in great affliction and poverty; he was nearly blind, he had lost several of his children, and another, a daughter, was at the point of death; still he expressed his regrets that he was not able to do as much as the other surviving members. To him, therefore, was paid £10, much more than the amount which justly belonged to him, and his last few days were rendered more comfortable by the money so received-few indeed, for he only lived about a week afterwards. Mr. Gale Jones had been in considerable practice as a general surgeon, but his love of political excitement, and his great power as a public speaker, drew him away from the sober paths of his profession, and made him a reformer and a beggar. He was one of the most effective speakers that ever addressed an audience, and his speeches were much admired even by some of the most thoughtful of his own profession. The Lyceum Medicum Londinense had been succeeded by the Westminster Medical Society, which met with various turns of fortune; latterly it had risen in public estimation, and has now become united with the long-established and well-known Medical Society of London.

Dr. Merriman was for many years a fellow of the Medical Society of London, in Bolt-court, of the Linnæan Society, and of the Royal Medical and Chirurgical Society, to which he was elected treasurer in 1837, His resignation took place in 1847.

Dr. Merriman became a member of the Society for the Relief of Widows and Orphans of Medical Men, in 1800, and was for many years one of its treasurers.

Throughout his life, Dr. Merriman frequently sent communications to the literary periodicals, besides papers read before the Medical Societies, and published in their Transactions. He also published several separate works, on important subjects connected with the branch of practice with which he was more intimately connected.

His other literary productions are principally in the Gentleman's Magazine, and deserve some notice. In the seventeenth volume, new series, 1842, is a letter identifying the various persons contained in a picture by Hogarth, called "Cunicularii, or the Wise Men of Godliman in Consultation," a satire upon the notorious impostor, Mary Toft, the Godliman rabbit-breeder. In the nineteenth volume, 1843, is an interesting letter touching upon the honours conferred on medical men -viz., the peerage, baronetcies, membership of parliament, &c.; and reference is made to the story, that when Dr. Freind was imprisoned, Dr. Mead attended his patients for him, and received £5,000 in fees, which he handed to Dr. Freind on his release, and reasons are given to prove that so large a sum could not have been so received by Dr. Mead.\* In the twenty-second volume, 1844, are two very interesting letters on the "taking her chamber," or "taking her rights," or "child-bed privilege," of queens and great ladies, explaining what is meant by those terms, and giving references to old authors who

\* See Life of Mead, page 166.

mention the subject. To the list of the authors may now be added Miss Strickland, who, in her History of Elizabeth, Queen of Henry VII., describes at some length the ceremonies she went through on "taking her chamber," a month or thereabouts, before her confinement. In volume xxv., 1846, is an interesting memoir of the rise of the father of medical booksellers, John Callow. In volume xxvi., 1846, is a memoir of Julian Clement, the celebrated surgeon-accoucheur of Paris, temp. Louis XIV., and of his journey into Spain to attend the queen of that country in her confinement. Also notices of Daniel Turner, M.D., and his contemporaries; and of Drs. Richard Bathurst and William Baylies, formerly physicians of the Middlesex Hospital. Dr. Merriman's last contribution to this celebrated periodical is a notice of Gideon de Lawne and his family. He was an apothecary of considerable eminence in the city of London in the reign of James I., and to him the Society of Apothecaries was much indebted for his liberality and support.

Dr. Merriman was very fond of noting down memoranda of medical and other scientific men whom he had known personally or by repute; and, possessing an excellent memory, he was very often able to mention incidents which are highly interesting to lovers of literature. Two works, published some years ago, the "Picture of the College of Physicians," and Wadd's "Nugæ Chirurgicæ, &c." he has largely illustrated with anecdotes of the persons mentioned; and he had a large collection of portraits of medical men. Philological subjects also much interested him, so that he was able to send articles to this and other magazines and journals on a variety of different subjects.

The following is a list of his more important contributions to the Gentleman's Magazine :---

1828. Part i. p. 290. Announcement that Miss Dayrolles was the prototype of the "Miss Larolles" in Miss Burney's "Cecilia."

Ibid, p. 218. On Mr. Mace being Editor of the "New Testament in Greek and English," &c.

1829. Part i. p. 408. On the word " Desight."

1831. Part i. p. 224. On the Translation of  $\kappa \alpha \mu \eta \lambda o_{\mathcal{G}}$  in the Gospels. (This subject is further elucidated by S. W. J. M. in Vol. xxiv. New Series, A.D. 1845.)

1832. Part i. p. 10. Memoir of Thomas Morgan, author of "The Moral Philosopher."

Ibid. p. 290. Reference given to the publication in the *Gentleman's Magazine* for 1749 of the "Power of Innocence," a Poem.

Ibid. Part ii. p. 228.—1833. Part i, p. 209. On the word "Aroint," used by Shakspere.

New Series.—1835. Vol. iii. p. 611. Reference to and comments on a Poem addressed by Dr. Hannes to Sydenham.

1836. Vol. v. p. 32, On our Saviour's healing the "Maimed."

Ibid. p. 224, Copy of a Letter from Sawrey Gilpin to the first Dr. Merriman in 1792.

1837. Vol. vii. p. 434. Memoir of Dr. Hugh Ley.

1838. Vol. x. p. 672. Additions to obituary notice of James Norris, Esq.

1839. Vol. xi. p. 450. Explanation of "Painted Coaches." 1839. Vol. xii. p. 204. Memoir of John Merriman, Esq.

Ibid. p. 257. Strictures on the new Life of Milton in Lardner's Cabinet Cyclopædia, as reflecting on Dr. Johnson. 1840. Vol. xiv. p. 612. On Dr. Johnson's early knowledge

of Savage.

1841. Vol. xvi. p. 212. Memoir of Thomas Merriman, Esq. Ibid. Vol. xviii. p. 251. Letter from Francis Const, Esq., respecting his own family and that of the Potticary's.

1843. Vol. xix. p. 489. Observations on the rank of A A 2

Medical Men, and on Midwifery, in reply to "J. R." (A MS. addition adds the name of Dr. Radcliffe to the list of M.P.s.)

Ibid. Vol. xx. p. 469. Letter of Matthew Guthrie, M.D. to Maxwell Gartshorne, M.D. 1797.

Ibid. p. 145. Anecdotes of Daniel Turner, M.D., who died 1741.

1846. Vol. xxv. p. 481. On the authorship of "The Lounger's Commonplace Book."

Ibid. Vol. xxvi. p. 153. Account of J. W. Newman, Esq, the author.

Subsequently to this date increasing age and infirmities rendered Dr. Merriman's hours of employment fewer and fewer; but, whenever he was able to pursue his favourite avocations, he delighted himself, his family, and friends by relating and recording many interesting anecdotes. One of these latter exercises deserves a separate notice, viz., an historical retrospect of the science and practice of medicine, published in the London Journal of Medicine under the title of "The First of October, 1851, by an Octogenarian."

The few societies which Dr. Merriman was able to attend at this advanced period of his life occupied also his energetic mind, and Notes and Queries, brought before his notice, received several interesting articles from his richly-stored memory. Thus employed, he awaited, with true Christian patience, the hour that was to remove him from this world of trouble to one of rest; and he will long live in the memory of his numerous friends as one of the most affectionate and estimable of men.

Several portraits of Dr. Merriman were taken at different periods, two of which only have been engraved; one, a private plate; the other was published in the *Lancet*, prefixed to a memoir.

### MERRIMAN.

Mrs. Merriman died 10th March, 1831, after sufferings of the most acute description, endured for many years. Their issue were: a daughter, who died 17th June, 1844, having been married to the Rev. John Ward, Vicar of Great Bedwyn, Wilts, now Rector of Wath, in Yorkshire, by whom she had several children; another daughter, now living; and a son, the present Dr. Merriman, Consulting Physician to the Westminster General Dispensary, and Physician to the Royal Infirmary for Children.

It is not usually the fate of medical men to acquire riches; some few, indeed, are super-eminently fortunate in this respect, but the greater number must be contented if, in their old age, they can avoid the *res angusta domi*. This was the case with Dr. Merriman. The largest amount of fees which, he ever received in one year was somewhat above £4,000; but his expenses were necessarily very great, and they were increased by an afflicting illness in his family of twelve years' duration.

Such is a concise but faithful and accurate account of the career of one of the most amiable and excellent practitioners that ever practised in this metropolis. There are few surgeons, who have been any considerable time in general practice in London, who have not, at one period or another, availed themselves of the valuable opinion and profound knowledge of Dr. Merriman in obstetric cases, or the diseases of women and children. None who have had that opportunity can ever forget his undeviating kindness and consideration. To the youngest as to the oldest he was, in every sense of the word, the professional brother, and always won the esteem of the practitioner as well as of the patient. Nor must the generous conduct of Dr. Merriman be forgotten by those who were not able to give him his fee. Indeed, he made it a rule never to take a fee from clergymen with small incomes, from governesses, or other persons engaged in the duties of education. To himself such a proceeding was no less an honour than to the profession of which he was so distinguished an ornament.

The last illness of Dr. Merriman was mercifully curtailed. He had during the spring and summer months attended with wonderful regularity, considering his age and infirmities, the weekly meetings of the Directors of the Clerical, Medical, and General Life Assurance Company, and the less frequent Courts of Assistants of the Society of Apothecaries, and had attended a meeting at the first-named society only twelve days before his decease. At this meeting it was observed by some of his brother directors that they would hardly see him again at the Board-a prophetic declaration, truly, for three days afterwards, viz., on Nov. 13th, he retired very early to his bedroom, which he never again left alive. His illness much resembled former attacks, but there was a greater prostration of strength, in which the mind, hitherto so strong, partially suffered; yet this was the cause of a blessing to himself and to his relatives, for having earnestly desired once more to receive the Holy Communion, and the day on which he was most equal to the exertion being one of universal excitement-the day appointed for the funeral of the late Duke of Wellington-so that the administration of the sacrament could not then be accomplished, his mind became impressed, doubtless by the permission of the Almighty, with the belief that he had partaken of this blessed communion,

### MERRIMAN.

and he calmly awaited that call which was to summon him to the reward of his earnest and unceasing endeavours, in a truly Christian spirit, to perform his duties in equal measure to every one with whom he came in contact. Four days afterwards, viz., Nov. 22, 1852, he quietly breathed his last, in fervent prayer for all whom he was leaving, just four weeks after the completion of his eighty-first year.

Though Dr. Merriman had only three children of his own, yet he had the charge of five grand-nephews and grand-nieces to his wife. Three of these he educated from childhood, put them out in the world, and ever received them in his own bouse as a father; the others were not thrown on his hands during early childhood, but were entirely brought up by him afterwards. His family was, therefore, virtually eight children, and the burden fell heavily upon him in his early professional career, when his income depended all but entirely upon his own exertions; but his spirit was one to labour for the pleasure of seeing others enjoy the fruits of that labour. For years he was never absent from home more than one or two days in the year; but he laboured on, rejoicing that his exertions in London were enabling others to recreate their health and strength in the country. His thoughts were never for himself, but on what he could do to benefit others who depended upon him. Such a man could not be rich, for though his receipts were large, his liberality expended freely: for a friend to require assistance was enough-he gave willingly, and did not always receive again. Such is the character of one whose childhood was spent in moderate affluence, his youth in difficulties, and his manhood in exertions to benefit others without regard to the labours imposed on himself.

## SIR HENRY HALFORD.

THIS distinguished member of the medical profession was the second son (the eldest son having died at an early period) of Dr. James Vaughan, an eminent physician at Leicester, and was born in that town, on the 2nd of October, 1766. He was educated at Rugby, and whilst there evinced that love of classical literature for which he was afterwards so distinguished. He went from Rugby to Christchurch, Oxford, and as a member of that house, proceeded A.B., 31st January, 1788; A.M., 17th June, 1788; M.B., 14th January, 1790; M.D., 27th October, 1791.\* Previously to taking his degrees in physic, he had spent some months in Edinburgh, and he practised for a short time in conjunction with his father at Leicester. Dr. Vaughan came to London about 1792, and consulting Sir George Baker on his future prospects, was told that he stood little chance in the metropolis for five years, during which time he must continue to support himself from other sources at the rate of about £300 a year. Nothing daunted, and doubtless confident in his own powers, he, with this intention (and the alternative, in case of failure, of returning to Leicester, to take his father's position), borrowed £1,000, and on that

\* Such were the dates of Sir Henry Halford's degrees as given in the "Catalogue of Oxford Graduates," 8vo., Oxford, 1851.

#### HALFORD.

capital commenced his career in London. He was elected physician to the Middlesex Hospital, on the 20th of February, 1793; was admitted a candidate of the Royal College of Physicians on the 25th of March, 1793; and a fellow, on the 14th of April, 1794.

His Oxford connexions, elegant attainments, and pleasing manners at once introduced him into good society, and he secured a position among the aristocracy by his marriage on the 31st of March, 1795, to the Hon. Elizabeth Barbara St. John, the third daughter of John, eleventh Lord St. John, of Bletsoe. Dr. Vaughan's success from the very first would seem to have been certain; and Dr. Richard Warren, then one of the leading physicians in London, and a man of shrewd observation and sound judgment, predicted on his settling in town that he would rise to the head of his profession. His progress towards that position was rapid. In 1793, within a year of his settlement in London, he was appointed physicianextraordinary to the king; and by the year 1800, his private engagements had become so numerous, that he was compelled to relinquish his hospital appointment. Other circumstances conspired to advance his interests. After the death of Lady Denbigh, widow of his mother's cousin, Sir Charles Halford, he became possessed of an ample fortune, changed his name in 1809, by act of parliament, from Vaughan to Halford, and as a mark of royal favour, was created a baronet on the 27th of September, 1809.

About this time, when in attendance on the Princess Amelia, King George III. desired him, in case of his Majesty's experiencing a relapse of his mental derangement, to take the care of him, adding that Sir Henry must promise not to leave him, and if he wanted further help, he should call Dr. Heberden, and in case of further need, which would necessarily occur if Parliament took up the matter, Dr. Baillie.

On the illness of the King, which occurred soon afterwards, Sir Henry Halford, though physicianextraordinary only, was summoned to attend; and his prompt introduction of Dr. Heberden and Dr. Baillie, at once insured the confidence of the Queen and of the Prince of Wales, the latter of whom appointed Sir Henry one of his physicians-in-ordinary, and secured for him in 1812 the appointment of physician-in-ordinary to the King. The confidence then reposed in Sir Henry by the Prince was continued when the latter came to the throne,-he was appointed physician-in-ordinary to George IV., and he held the same position in the medical establish-ments of William IV., and of her present Majesty, Queen Victoria. Sir Henry Halford was thus physician-in-ordinary to four successive sovereigns - an honour never before enjoyed by any English physician. At the death-bed of three of these it was his melancholy privilege to minister. Almost every member of the Royal Family from the time of George III. had been under Sir Henry's professional care. His attentions to the Duke of York during his last illness were so unremitting, that to manifest the sense entertained of them, he received, by Royal warrant, a grant of armorial augmentations and supporters. His arms were previously: argent, a greyhound passant, sable; on a chef azure, three fleursde-lis, or. For the centre fleur-de-lis was substituted a rose argent, and in further augmentation, was added

#### HALFORD.

on a canton ermine, a staff entwined with a serpent proper, and ensigned with a coronet, composed of crosses patée and fleurs-de-lis (being that of a prince of the blood-royal). As a crest of augmentation, a staff entwined with a serpent, or, as on the canton. As supporters, two emews proper, each gorged with a coronet, composed of crosses patée and fleurs-de-lis.

Upon the decease of George IV., Sir Henry received another flattering proof of royal esteem and appreciation: a very splendid clock, surmounted by a bust of his Majesty, was presented to him by the Royal Family, in evidence, as the inscription states, "of their esteem and regard, and in testimony of the high sense they entertain of his professional abilities and unwearied attention to their late beloved sister, the Princess Amelia, her late Majesty Queen Charlotte, his late Majesty King George III., his late Royal Highness the Duke of York, and, lastly, of his Majesty George IV."

Sir Henry Halford's progress and eminence among his professional brethren, and in the College of Physicians, were no less rapid and distinguished than with the public and the royal family. His attainments as a practical physician were of the very highest order. Though inferior, it is said, to Dr. Baillie in accuracy of diagnosis, he was undoubtedly superior to him in that which constitutes the real aim and office of the physician-the cure and alleviation of disease. In this point of view, Sir Henry Halford attained to consummate skill. Endowed with quick perception, a sound judgment, and an almost intuitive knowledge of the powers of medicines, he wielded the resources of his art with a confidence, precision, and success, which was unapproached by any of his contemporaries. For many years he shared with Dr. Baillie

the highest professional honours, confidence, and emoluments of the metropolis; and on the death of that great anatomist, in 1823, he was left without a rival. Thenceforward, until overtaken by age and illness, he maintained an indisputable pre-eminence in the profession.

No sketch of Sir Henry Halford's life would be complete without especial reference to his long and distinguished connexion with the Royal College of Physicians. Throughout the whole of his successful career, and even when most oppressed by the arduous and harassing duties of his extensive professional business, Sir Henry was ever attentive to the highest interests of that learned body, and ready and anxious to devote himself, his energies, and influence to the furtherance of its welfare and the maintenance. of its dignity. He served the office of Censor in 1795, 1801, 1815; he delivered the Harveian Oration in 1800, and again in 1835; he was named an Elect, the 6th of February, 1815, and on the 30th of September, 1820, was elected President-an office to which he was annually and unanimously re-elected, and the duties of which he continued to perform with honour to the College and credit to himself, till his death, on the 9th of March, 1844, in the 78th year of his age.

To Sir Henry Halford's energy and exertions the College of Physicians mainly owe their removal from Warwick-lane to Pall Mall East. The inconvenience of the former situation, the rapidly increasing and almost irremediable dilapidations of the buildings of the old College, with the consequent deterioration of the property, had long been seen and lamented. Various attempts towards repair or removal had been made, but each and all had proved abortive. On

Sir Henry's election to the office of President, he applied his energies to the furtherance of an object which the fellows had much at heart, but had not dared to encounter. Mainly through Sir Henry Halford's influence, a grant of the ground on which the College now stands was obtained from the Crown; the fellows lent their pecuniary aid by donations, subscriptions, and loans; the present college was commenced, and on the 25th of June, 1825, was opened by Sir Henry Halford with an eloquent Latin oration, delivered to an audience of upwards of three hundred persons, among whom were their Royal Highnesses the Dukes of York, Sussex, Cambridge, Gloucester, the Prince Leopold, and a brilliant assemblage of the most noble and learned of the land. The King, on the morning of the opening of the College had been graciously pleased to confer on the President the star of a Knight-Commander of the Guelphic Order, and William IV. subsequently promoted him to be Grand Cross. Sir Henry, in testimony of his appreciation of the "noble exertions" which the fellows had made to furnish the means of rebuilding the College, munificently defrayed the expenses (amounting to £300) of the splendid collation provided on the occasion of the opening.

The debt of gratitude due from the College of Physicians to Sir Henry Halford, for his unwearied exertions in its behalf, cannot be overrated. It has been respectfully acknowledged in several of the Harveian Orations — in none, however, with equal elegance, or with so happy a sketch of the President's character, as in the eloquent oration of 1848 by Dr. Francis Hawkins :—" Ecquis enim unquam fuit, vel Medicus clarior, vel litteris perpolitior, vel Collegii amantior, vel omnibus fere acceptior? Sit mihi fas in hoc dilecto nomine paulisper immorari. Erat, ut nostis, ad morbos dijudicandos sagax, ad sublevandos pollens; ingenii acumine, remediorum copia, pariter insignis. Nolite autem existimare, Auditores, eum ingenii vi aut acumine tantammodo esse confisum. Vobis ego hoc confirmare possum, vel diligentissime eum juvenilem ætatem egisse. Tuto, prius, et scienter, armis uti perdidicerat, quam celeriter et venuste. Studio igitur et labore extitit Medicus, plenus et perfectus, cui nihil neque a Natura denegatum, neque a Doctrina non delatum esse videretur.

"Mores hominum et vitæ consuetudinem apprime callebat; atque is erat qui, facillime citissimeque, mentes omnium sensusque degustaret. Ejus erat proprium maxime, 'scire uti foro;' et laus ea, non ultima—

### "' Principibus placuisse viris.'

Erga omnes erat benevolus, quippe, suapte natura, suavis et benignus; quippe, cum dolentibus optime mederi soleret, a dolore quovis animanti cuiquam incutiendo refugiebat. Itaque, vir erat plurimis amicitiis, inimicitiis perpaucis aut nullis: nam si forte dissensio aliqua incidisset, quamprimum redire in gratiam gestiebat animus.

"Ardebat, mihi credite, singulari quodam amore in hoc Collegium, cui, tamdiu, omnium concessu, præfuit. Quid enim? testabor has ipsas ædes? quas, maximis curis et laboribus suis, nobis adparavit; quas dedicavit oratione pura sic, ut Latine loqui pæne solus videretur; quas igitur ei, quem prope dixerim Conditorem nostrum quintum, perpetuo fore monumento prorsus existimo. Hic, hic inquam, si quærat quispiam Halfordi monumentum, circumspiciat."

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Sir Henry Halford was a Fellow of the Royal and Antiquarian Societies, and a trustee of Rugby School; and, in virtue of his office as President of the College of Physicians, was President of the National Vaccine Establishment, and a Trustee of the British Museum.

He died from the effects of natural decay, attended with much neuralgic pain, at his house in Curzonstreet, May Fair, on the 9th of March, 1844, and was buried in the Church of Wistow, Leicestershire, where a monument to his memory bears the following inscription :—

HENRICO HALFORD, Baronetto, G.C.H., Ex Æde Christi apud Oxonienses, M.D. Jacobi Vaughan, Medici clari Filio clariori : Qui Sobrini sui Caroli Halford, Baronetti (Eidem ordini et ipse adscriptus), Hæreditatem ex Testamento et nomen suscepit. Medicorum Coll. Reg. Londin. Cum plausu et favore omnium Annos XXIV. præfuit. Regum Georgii III., Georgii IV., Gulielmi IV. Medicus Ordinarius; Necnon a plerisque ejusdem stirpis principibus In opem familiariter vocatus. Ad morbos dijudicandos sagax ad sublevandos pollens Ingenii acumine, remediorum copia pariter insignis Artem quam moribus ornabat, Late et feliciter exercebat, Literis humanioribus admodum imbutus, Vixit omnibus acceptus, erga omnes benevolus. Natus die Octobris ii. A.S. MDCCLXVI. Obiit die Mart. ix. A.S. MDCCCXLIV. In solo Salutis Auctore Jesu Christo Spem vitæ immortalis omnem collocavit. Filius gratus pius H.M. fac. cur.\*

\* The pen of the accomplished Registrar of the College of

Sir Henry Halford's early success as a physician left him but little leisure for composition. His two essays in the Medical Transactions-the one on the "Climacteric Disease," the other on the "Necessity of Caution in the Estimation of Symptoms in the last steps of some Diseases"-the only strictly medical writings from his pen, are of a character to make us regret that his contributions to our professional literature were not more numerous. His remaining essays were read at the evening meetings of the College, before a mixed assemblage, and are, therefore, necessarily of a somewhat popular character. They were admirably adapted to the occasion, and they afford abundant proof of Sir Henry's elegant taste and classical attainments. His two Harveian Orations, and his Oration on the opening of the new College, are models of Latin composition, while his "Nugæ Metricæ," written chiefly in his carriage, and in the course of his professional rounds, testify to his ability in the composition of Latin poetry.

Physicians, Dr. Hawkins, is, we are sure, to be recognised in this elegant inscription.

## PARIS.

JOHN AYRTON PARIS, M.D., was born at Cambridge, on the 7th of August, 1785, and was baptized at St. Benedict's in that town, on the 7th of September following. He was the son of Thomas Paris, of Cambridge, Gent., by his wife Elizabeth Clay, the eldest daughter of Edward Ayrton, of Trinity College, Doctor of Music. Of the former we can recover no particulars; the latter. who is represented as a woman of strong and cultivated mind, survived to witness her son's eminence, and died at Chester, on the 8th of January, 1847, aged 84.

His early education was of a domestic nature, and, if I am correctly informed, his mother was for many years his only tutor. When about twelve years of age he was placed under Mr. Barker, of Trinity Hall, Cambridge, with whom he remained one year. He was then sent for two years to the Grammar School of Linton, under Dr. Curteis. Of the progress which he made at Linton, I have not been able to obtain any particulars. Subsequently he was removed to London, and placed under the private tuition of Dr. Bradley, one of the physicians to the Westminster Hospital, an accomplished mathematician and a good classical scholar. With him he read Latin and Greek, and acquired some knowledge of botany.

He was matriculated at Cambridge as a pensioner of Caius College, on the 17th of December, 1803;

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and was elected to a Tancred Studentship in Physic on the 3rd of Jannary, 1804. In this capacity he made the Tancred speech, in October, 1808. From the commencement of his career at Cambridge, he evinced that strong predilection for natural philosophy which characterized his future life. He was a diligent student of chemistry under Professor Farish, and of mineralogy under Dr. Clarke. He obtained the special notice of these two distinguished teachers, and the friendship and countenance of Mr. Smithson Tennant. From Cambridge he proceeded to Edinburgh, then at the zenith of its reputation as a school of practical medicine, and became the friend and intimate companion of some of the most distinguished men who then adorned the Northern capital. His sojourn in Edinburgh was for improvement in the practical part of physic, and he attended with much diligence the lectures of Dr. James Gregory, whose masculine understanding, sound judgment, and extensive learning commanded his highest admiration. His love for chemistry and natural philosophy was, however, still predominant. He perfected the knowledge he had acquired at Cambridge, by attendance on Dr. Hope and Mr. Playfair, and was one of the most active members of the Apparatus, or Philosophical Committee of the Royal Medical Society.

Dr. Paris took his degree of Bachelor of Medicine at Cambridge, July 2, 1808; a license *ad practicandum* from the University shortly afterwards; and then proceeded to London. Here he had the good fortune to attract the notice of Dr. Maton, who, struck by the extent and accuracy of his chemical knowledge, and the versatility of his genius, held out PARIS.

to him the hand of friendship, warmly espoused his interests, and constituted himself, in the highest sense of the term, his patron. In the early part of 1809 Dr. Maton resigned his office of Physician to the Westminster Hospital, and owing probably to that gentleman's recommendation, Dr. Paris, by a resolution of the house committee, was requested to undertake the duties until a successor could be appointed. Shortly after this he was attacked with fever, and was unable to attend on the day fixed for the reception of candidates. His credentials were, however, presented by his relative, Mr. William Ayrton, and on April 14, 1809, being then but twentythree years of age, he was elected physician to the hospital by an overwhelming majority over his competitor, Dr. Donald Mackinnon. Dr. Paris entered on the duties of his office with ardour, and soon afterwards commenced a course of lectures on pharmaceutic chemistry. On the 11th of December, 1809, he married Mary Catherine, the eldest daughter of Francis Noble, Esq., of Fordham Abbey, Cambridgeshire.

By his lectures and his writings (for he had published a "Memoir on the Physiology of the Egg," 8vo., London, 1810; "A Syllabus of a Course of Lectures on Pharmaceutic Chemistry," 8vo., London, 1811; and "Pharmacologia, or, the History of Medical Substances," 12mo., London, 1812), Dr. Paris had already attained a name among his contemporaries, and was regarded as one of the most rising members of his profession, when a circumstance occurred which exerted an important influence on his future career. The death, in 1813, of Dr. John Bingham Borlase, the early instructor of Sir Humphry Davy,

and for many years the leading physician at Penzance' left a vacancy in that part of Cornwall, which many of the resident families were anxious to have efficiently supplied. Some influential gentlemen applied to Dr. Maton to recommend them a physician. He named Dr Paris, who, after some hesitation, was induced for a time to forego his prospects in London and remove thither. Previously thereto he returned to Cambridge, was created Doctor of Medicine, July 6, 1813,\* resigned his office at the Westminster Hospital, and having, on the 30th of September, 1813, been admitted a candidate of the Royal College of Physicians, he proceeded to Penzance, carrying with him letters of introduction and recommendation to the first families in Cornwall, most of which had been procured for him by Dr. Maton.

Dr. Paris's progress in Cornwall was rapid beyond his expectations. His first year's receipts more than doubled the largest amount which Dr. Borlase had ever obtained, and his progress onwards was uninterrupted. He was admitted on terms of intimacy and friendship by the best families in the county. He co-operated with them in every effort for the advancement of science, and he urged them to exertions which, without him, would never have been made. At Cambridge, Dr, Paris had applied himself with enthusiasm to mineralogy, and when settled in Cornwall, a county beyond all others

\* Dr. Paris was admitted M.D. July 8th, 1812, the earliest day possible, viz., the day after Commencement Tuesday, but he could not be created Doctor till Commencement Tuesday, 1813, viz., July 6th. He is technically called a Doctor of the year 1813.

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favourable to the study of that and the allied science of geology, he devoted his leisure hours to these attractive subjects. Lamenting that such vast opportunities for original research as were there presented should be neglected, and anxious to systematize efforts and foster them to maturity, he proposed, and with the co-operation of scientific friends established, the Royal Geological Society of Cornwall.

The first meeting was held on the 11th of February, 1814, when Dr. Paris delivered an able address, and was appointed secretary. The objects of the Society, as stated by himself, were to cultivate the sciences of mineralogy and geology in a district better calculated perhaps for such pursuits than any other spot in Europe-to register the new facts which are continually presenting themselves in the mines; and to place on permanent record, the history of phenomena which had hitherto been entrusted to oral tradition. But above all, its object was to bring science, in alliance with art, to prevent the accidents which had so frequently occurred from explosion in the operation of blasting rocks; and, in short, to render all the resources of speculative truth subservient to the ends of practical improvement.

The Society thus inaugurated has been long established on a firm and lasting basis. It now ranks among the leading scientific associations of the age; and has issued several volumes of transactions, containing essays of the utmost value and interest. Dr. Paris's contributions were neither few nor unimportant: they comprise papers, "On a recent Formation of Sandstone occurring in various parts of the Northern Coasts of Cornwall;" "On the Accidents which occur in the Mines of Cornwall in consequence of the premature Explosion of Gunpowder in blasting rocks, and on the Methods to be adopted for preventing it, by the introduction of a Safety Bar, and an instrument termed the Shifting Cartridge;" "Observations on the Geological Structure of Cornwall;" "On Gregorite (Manacchanite) discovered at Lanarth;" "On a New Substance found accompanying Welsh Culm," and "Stones and Clays annually exported from Cornwall, for the purposes of Architecture, Manufactures, and the Arts."

The Safety Bar, described in the second of the papers above mentioned, has come into general use, and has proved an inestimable boon to the Cornish miner. In practical value, it is second only to the Safety Lamp of Davy, and like that, should confer immortality on the name of its inventor. "By this simple but admirable invention," says a writer in the *Times*, "Dr. Paris, no doubt, saved more lives than many heroes have destroyed."

Agriculture, too, attracted some portion of Dr. Paris's attention, and he communicated to the Penwith Agricultural Society a valuable paper "On the Soils of Cornwall, with a view to form a rational System of Improvement by the judicious Application of Mineral Manure." This was printed at the request of the Society, and published at Penzance in 1815. About the same time, he issued anonymously an interesting little work, "A Guide to the Mount's Bay and the Land's End." The first edition was soon exhausted. A second, much enlarged and improved, appeared some time after its author had quitted Cornwall.

Dr. Paris had never intended to make a lengthened stay in Cornwall, and he took leave of the county in 1817, in a "Memoir of the Life and Scientific Labours of the late Rev. Wm. Gregor, A.M.," an attached personal friend, who had distinguished himself by the discovery of Manacchanite, or, as it has since been termed, Gregorite. This elegant biographical sketch was read before the Geological Society of Cornwall at the anniversary meeting of 1817, and was published by request. In it he announces his approaching departure, and takes an affectionate farewell of the Society he had himself founded. His brief sojourn in the county probably exerted no unimportant influence on his subsequent career in London. He had made friends among the aristocracy and gentry of Cornwall, and their influence was now exerted to advance his interests in the metropolis.

On Dr. Paris's return to London in 1817, he took up his abode in Sackville-street, but in the following year removed to Dover-street, Piccadilly. At this period he began a course of lectures on Materia Medica in Windmill-street, which were continued for several successive years, and contributed greatly to his reputation. To a perfect knowledge of chemistry and botany, sound common sense, and a keen perception of the fallacies with which his subject had in the lapse of ages been encumbered, he added the charms of elegant language, abundant classical illustration, and a fund of anecdote which could not fail to rouse and rivet the attention of his pupils. He soon became one of the most popular lecturers on Materia Medica in London, and attracted a considerable class, among which were many of the most distinguished physicians of the present day.

The College of Physicians (of which he had been

admitted a Fellow, September 30, 1814), had about this time become possessed of one of the most complete collections of Materia Medica in Europe. That collected by Dr. Burges, and presented to the College after his death by Mr. E. A. Brande, to whom it was bequeathed, had recently been collated with the cabinet of Dr. Coombe, purchased for that purpose; and the College, anxious to make it available for instruction and improvement, instituted (out of their own funds) an annual course of lectures on Materia Medica. The scientific attainments of Dr. Paris, and the reputation he had already attained as a lecturer, pointed him out as the proper occupant of the new chair. In June, 1819, he entered on the duties of the office by the delivery of a short series of Lectures on the Philosophy of the Materia Medica. The substance of these elegant discourses was introduced into the third edition of the "Pharmacologia," and its publication constitutes an epoch in the history of the science and art of prescribing. Dr. Paris retained his office of Lecturer on Materia Medica at the College until 1826, in which year he took for his subject the recent additions to the Materia Medica, with all the new discoveries in chemistry which had reference to that subject. The attendance on these, the first lectures delivered at the New College in Pall Mall East, was so large, that numbers went away unable to obtain even standing room in the theatre.

Of Dr. Paris's subsequent career but little need be said. The unvaried tenor of a physician's life affords few opportunities for remark, and rarely furnishes any extraordinary incidents. From the period at which we have now arrived, his fame and his practice

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steadily increased, and, although he never attained to the extensive professional engagements of a Baillie, a Halford, or a Chambers, he enjoyed for more than a quarter of a century a very select and highly respectable practice. "To Dr. Paris," writes one who evidently knew him well, "the office of physician was no hireling's work, to be hurried through for the purpose of accumulating a fortune, or earning distinction. It was the business and glory of his life."

As a practical physician, Dr. Paris was deservedly esteemed. His medical knowledge had been matured with care, and his discriminating sagacity enabled him to apply his collected stores with equal readiness and accuracy. His retentive memory and unruffled observation permitted him to meet each exigence by resources well adapted to regulate the operations of nature in circumstances the most alarming. In the sick-room he was cautious and thoughtful, impassive and imperturbable. His examination of a patient was peculiar, and to the rising generation of physicians might appear superficial and insufficient. He laid much stress upon the information to be derived from the general aspect of his patient, and his knowledge of the physiognomy of disease was minute and accurate. A few well-directed questions led him to the seat of the malady, and this once established, three or four more sufficed for all the purposes of diagnosis and of treatment. In the lastnamed, the all-important part of the physician's office, Dr. Paris was probably unrivalled. Few have possessed a more accurate knowledge of remedial agents; none of his contemporaries employed them with greater accuracy, confidence, or success. Fully sensible of the value of properly

directed combination, his prescriptions were at once elegant and efficient. Notwithstanding—it may rather be in virtue of his knowledge—he was no lavish prescriber of drugs. He knew when these were no longer necessary—when diet, or regimen, or Nature alone was sufficient for the contest. He dwelt much on general principles, and was loath to act without a precise indication. In the last case in which the writer met him—a case of much anxiety, and during many days of imminent danger—he studiously avoided all medicines, and, after dwelling on the absence of a definite indication, concluded the consultation with the aphorism of Boerhaave :—

"Abstine si methodum nescis."

The result proved the wisdom of his advice.

By his colleagues of the College of Physicians, he was held in the highest respect. He served the office of Censor in 1817, 1828, 1836, 1843; and of Consiliarius in 1836 and 1842. He was named an Elect on the 25th of June, 1839, and he delivered the Harveian oration in 1843. On the 20th of March, 1844 (at the vacancy occasioned by the death of Sir HenryHalford), he was elected President of the College, an office to which he was annually re-appointed, and which he continued to fill to the time of his death. For twelve years he occupied this distinguished position, and conducted the affairs of the College with exemplary firmness, judgment, and kindness. Superior to his predecessor in scientific knowledge, he was inferior to him in classical attainments. The one was an accomplished philosopher-the other an elegant scholar. Dr. Paris was educated at Cambridge-Sir Henry Halford at Oxford. Both were

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brilliant examples of the peculiar discipline and tendencies of their respective universities at that period; and both were calculated, though in different ways, to shed lustre on the learned body over which they so long and so ably presided.

We now approach the close of Dr. Paris's career: He had long suffered from disease of the urinary organs, and, although subject to frequent attacks of agonizing pain, he preserved so calman exterior that few suspected the existence, none the degree, of the malady which was bringing him to the grave. The death of Mrs. Paris, to whom he was tenderly devoted, added mental anguish to bodily sufferings. She died June 24, 1855, of a disease which his skill could not cure, and which it could not always alleviate. His distress was that deep feeling of the heart which disdains the weakness of complaint. The feeling itself might have been too acute to admit of this alleviation, for trifling afflictions are alone querulous, or his philosophy might have checked the rising sigh. From this bereavement, he never thoroughly recovered. For several months before his death indications of failing bodily powers might be perceived. He became perceptibly thinner, and was exhausted by efforts which a short time previously had been borne with impunity. His mental powers remained, however, as vigorous as ever. "The last ten days of his life were spent in the midst of excruciating sufferings, which were borne with the most remarkable fortitude. His chief concern appeared to be to console and comfort those around him, who could ill disguise their grief at the impending and irreparable loss. His intellect remained to the last as clear as at any time of his life; and while power of speech

remained, no one who listened to him could believe that the end was so near at hand." He died at his house in Dover-street, on the morning of the 24th of December, 1856, in the 72nd year of his age, and was buried by the side of his wife at Woking Cemetery.

Dr. Paris's mental powers, which were naturally strong, had undergone that discipline which a complete university education, and a deep study of chemistry, are so well calculated to impart. His memory was large, and singularly tenacious,-a fact once acquired was never lost—a passage once read he could reproduce at pleasure. The leading feature of his mind was a comprehensive clearness. What he perceived he saw distinctly; what he had contemplated was present to his mind under all its different relations, and with all its varied connexions. He possessed a vigorous imagination and a ready wit; and was keenly alive to the facetiæ of human character. His reading had been extensive, but discursive rather than deep. The impressions he had received were preserved in their primitive strength and in their original words, and his good sense and sound judgment led him to apply them with admirable effect. To an extensive knowledge of natural philosophy, he added a competent acquaintance with ancient and modern literature, of which his excellent memory enabled him to make the best use. He had a great command of language, and his choice of words was singularly happy. His writings are characterized by an elegance peculiarly his own. Their diffuseness, depending as it does on the number and variety of his illustrations, and the frequency and beauty of his metaphors, adds to,

rather than detracts from, the pleasure of their perusal.

His general attainments, conversational powers, quickness of repartee, and fund of anecdote, which he told with the happiest effect, rendered him an acquisition to any society. Under a plain exterior, he possessed many of the best qualities of our nature. To a manly straightforwardness of purpose and of action, and an intense hatred of dissimulation or pretence, were added considerable self-possession and marked decision of character. He was slow, but sincere and firm, in his friendships. Those admitted to his intimacy can testify to the kindness of his disposition and the warmth of his heart.

Dr. Paris has been represented as an accomplished classical scholar. We can find no ground for the assertion that he was distinguished at Cambridge for classical attainments; and those who knew him best are aware that he made no pretensions to excellence in that department of literature. He possessed that amount of classical knowledge which marks the educated English gentleman, but he could lay no claim to the character of a finished or critical scholar. His Harveian Oration was characterized rather by the beauty of its ideas than by the elegance of the language in which they were conveyed.

His knowledge of chemistry was extensive and profound. To this fascinating science he had early devoted himself; and he attracted notice on first settling in London, by the extent and precision of his chemical attainments. These brought him into communication with Wollaston, Davy, Young, and others, at a period when chemistry was undergoing one of the most important revolutions which its history presents, and was assuming its rank among the most exact and demonstrative of the inductive sciences. The association with these distinguished philosophers maintained his interest in that science. Notwithstanding the distractions of an increasing practice, he still devoted much of his time to chemistry, and, until within a short period of his death, kept himself on a level with the rapid advances it was making. Although his name is not associated with any great discovery, the respect in which he was held and the deference paid to his opinions by the first chemical philosophers of his age, suffice to attest the profundity of his attainments.

Dr. Paris's writings were numerous and important. The "Pharmacologia," the work on which his professional reputation was founded, and upon which it will mainly rest with posterity, appeared as a small duodecimo volume in 1812. A second edition, somewhat enlarged, appeared shortly afterwards ; but it was not until 1820, when the third edition was issued, that the work presented those claims to public notice and approbation by which it was afterwards distinguished. To this edition Dr. Paris prefixed the substance of the lectures he had delivered from the chair of Materia Medica at the College of Physicians in 1819. This consisted of two parts. The first, or historical introduction, comprises a philosophical and searching inquiry into the different moral and physical causes which have operated in swaying the opinions of practitioners, and in producing the revolutions which have taken place in the belief of mankind with regard to the power and efficacy of different remedial agents. The second part, "On the Theory and Art of Medicinal Combination," though

founded on Gaubius's work, De Methodo Concinnandi Formulas Medicamentorum, contained a fund of new and most important information, and had the effect of directing the attention of the profession to a subject of great importance, which had been generally neglected in this country. This edition met with a rapid sale, and was exhausted in three months. Repeated and large impressions were henceforward demanded. The fourth appeared in the same year (1820) as its immediate predecessor; the fifth in 1822; the sixth in 1825; the seventh in 1829; the eighth in 1833. Several of these consisted, we believe, of 2,500 copies. The ninth edition, which bears the date of 1843, was the last professional work of Dr. Paris's pen. This was entirely re-written, in order to incorporate the latest discoveries in physiology, chemistry, and materia medica; and, in some points of view, it may be regarded as a new work. It no longer comprised, as did the previous editions, a treatise on special pharmacology, or a history of the individual articles which constitute the materia medica, but was devoted to an extended inquiry into the modus operandi of medicines, and a fuller exposition of that province which the author had made, and with justifiable complacency claimed, as peculiarly his own, namely, the philosophy of medicinal combination, from which alone can be deduced the theory and art of prescribing. The "Pharmacologia" was no less successful in a mercantile than in a literary point of view; and while it established its author's reputation, it added considerably to his pecuniary resources. We know, on the best authority, that Dr. Paris realized by it more than five thousand guineas.

In 1823 he published (in conjunction with Mr. Fonblanque), a treatise on "Medical Jurisprudence," in three volumes, 8vo.; and in 1825, "The Elements of Medical Chemistry." The former was a valuable contribution to a subject then beginning to attract the attention of the profession, and ere long to become an essential branch of study by the medical student. In many respects this was superior to any existing work upon the subject, and in some it still remains unrivalled. "It is written," says a contemporary reviewer, "in a more classical and attractive style than most medical works; it embraces the subject throughout its remotest branches; it is interspersed with objects of curiosity to catch the attention of the general reader, while it handles ably and minutely the more essential topics of pure science. It abounds in allusions to interesting cases decided in the English courts, and upon the whole, perhaps, no work yet exists in which the precision of medical inquiries at law is more forcibly instilled by precept, or more beautifully illustrated by example."

The "Elements of Medical Chemistry" was intended for the exclusive use of the medical student. It made no pretensions to the character of a complete manual of the science. Its author purposely excluded whatever appeared to have no direct application to the profession, his sole object being to collect all the chemical facts of professional interest, to conduct the student to a knowledge of their principles by the shortest path, and to remove from his road every adventitious object that might obstruct his progress or unprofitably divert his attention. The design was felicitous; its execution able. The work was on a level with the most recent discoveries in chemistry, and many of its facts are placed in original and striking relations. The volume, strange to say, failed to attract attention, never became popular, and, after lingering long on hand, the remaining copies were disposed of at a sacrifice by the publisher.

The "Treatise on Diet, with a view to establish, on practical grounds, a System of Rules for the Prevention and Cure of the Diseases incident to a Disordered State of the Digestive Organs," appeared in 1827. It had an extensive sale, passed through several large editions, and was only less successful than the " Pharmacologia." The fifth and last edition, enlarged and almost re-written, was issued in 1837. This, like all his other works, is characterized by strong good sense, and is written in a style to please the most fastidious reader. The author studiously avoids unnecessary refinement in his distinctions, and keeps steadily in view the object he has before him-the simplification of a difficult subject and the correction of errors, which, though sanctioned by names eminent in the profession, are founded on an incorrect or imperfect view of the laws which govern the animal frame. The most valuable and original portion of the work is that on Dietetic Observances,-on the periods for, and intervals between, meals-the quantity and quality of food at each, and the conduct to be observed prior and subsequent thereto. These, with an able essay on "Dietetics," in the Cyclopædia of Practical Medicine, comprise the whole of Dr. Paris's medical writings.

The "Life of Sir Humphry Davy, Bart.," London, 1831, at once established Dr. Paris's reputation in a department of literature unconnected with those in

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which he had already been distinguished. In this work, to quote the words of an eloquent writer, "Dr. Paris has ably discharged the duties of a biographer, and with a powerful eloquence, and a lofty enthusiasm, has raised an imperishable monument to the memory of his friend." The "Life of Davy," will remain one of the classical biographies of the English language, and is, undoubtedly, one of the most perfect we possess of any scientific man. For this work, Dr. Paris received 1,000 guineas.

The qualities of Dr. Paris's mind were peculiarly adapted to biography, for which, with a consciousness of his powers, he had ever shown a predilection. We have already mentioned his elegant sketch of the Life and Scientific Labours of the Rev. William Gregor, and have now to add, as the product of his pen, "A Biographical Memoir of W. G. Maton, M.D.," and "A Biographical Memoir of Arthur Young, Esq., Secretary to the Board of Agriculture." The former, read at one of the evening meetings of the College of Physicians, was printed in quarto, for private circulation only; the latter was published in volume ix. of the Quarterly Journal of Science, Literature, and the Arts.

His delightful little book, "Philosophy in Sport made Science in Earnest," is too well known to require more than a passing notice. It appeared anonymously in three volumes, small 8vo. in 1827, but its author's name soon transpired, and became generally known. It attained an enormous popularity, and has passed through numerous large editions. The work is now out of print, but a new edition is on the eve of publication. The last sheets were corrected by its lamented author within a few days of his death, we believe

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in the midst of suffering, and after he was confined to the bed from which he rose no more.

Dr. Paris was a Fellow of the Royal Society, Honorary Doctor of Civil Law of Oxford, and Honorary Member of the Board of Agriculture; and in virtue of his position as President of the College of Physicians, was President of the National Vaccine Establishment, a member of the Medical Council of the Board of Health, and a Trustee of the British Museum.

His bust, by Jackson, is at Falmouth, in the Hall of the Royal Cornwall Polytechnic Society. His portrait by Skottowe, engraved by Bellin, has, since Dr. Paris's death, been presented by his family to the College of Physicians. A portrait, representing him in his robes as President of the College, has been painted by Pickersgill, and is now in that artist's studio.

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## CHAMBERS.

DR. CHAMBERS was descended from a good family in the county of Northumberland. He was born in India, in 1786, and was the eldest son of William Chambers, Esq., a gentleman in the civil service of the East India Company. Mr. Chambers was a distinguished oriental scholar, and served first at Madras, and afterwards at Calcutta. His brother, Sir Robert Chambers, was chief justice of Bengal, where Mr. Chambers served as a Master in Equity, and in other offices of the Supreme Court, till his death, in 1793, with much honour and credit. Mr. Chambers had married, in 1778, Charity, daughter of Thomas Fraser, Esq., of Inverness-shire, by whom he had issue, two sons and two daughters. The second son, Sir Charles Harcourt Chambers, was appointed in 1823 one of the Judges of the Supreme Court of Bombay, where he died, in 1828.

The eldest son, whose career we have to trace, was brought to England in 1793, on the death of his father. He was then seven years of age, and received his early education at the grammar-school of Bath, from whence he was transferred to Westminster. He was elected on the foundation at Westminster, and in due time proceeded to a scholarship at Trinity College, Cambridge. At the university he obtained considerable classical and mathematical distinction, and, having taken several prizes, he had every expectation of obtaining a fellowship. In this, however, he was disappointed; and in consequence of this disappointment, he was led to abandon his original intention of entering the church, and determined upon becoming a physician.

On coming to London, he consulted the father of an old college friend, who happened to be the celebrated Mr. John Pearson, the eminent surgeon, then one of the surgeons to St. George's Hospital, and living in Golden-square. By Mr. Pearson's advice he entered at the Windmill-street School of Medicine, at the head of which was Mr. Wilson. Here he became the fellow-student of many of the distinguished men with whom he was associated during his long and successful professional life. He studied there for some time; and, having meanwhile taken the degree of M.A. at Cambridge, he went to Edinburgh, and spent a year there in diligent attendance upon the various lectures of that school. On his return to London, he placed himself under the tuition of Dr. Bateman and Dr. Laird, at the Bishop's Court Dispensary, Lincoln'sinn. At this comparatively humble institution, he spent a year and a half, and, as he often stated subsequently, with great improvement. He also enrolled himself as a pupil of St. George's Hospital, and studied diligently at the Eye Infirmary, in Moorfields, under Dr. Farre and Messrs. Travers and Lawrence. While at St. George's, he became a licentiate of Cambridge, and commenced practice in Dover-street, where he lived in good style with his mother, and soon clubbed with her to keep a carriage. At this time, Dr. George Pearson, Dr. Warren, Dr. Nevinson, and Dr. Thomas Young,

were the physicians to St. George's Hospital, and Dr. Chambers soon attracted the notice of these gentlemen by his unwearied attention to the practice of the hospital, and the dissections. After he had been little more than three years a pupil of St. George's, Dr. Pelham Warren, then in great practice, met him one day, and told him to be at his post at the proper time, when he would hear something very agreeable to him. On going to the hospital, he learnt that Dr. Warren had just resigned, and that he and Dr. Nevinson were determined to support him as the candidate to succeed him; he was in consequence appointed to the important post of full physician to St. George's Hospital. This good fortune happened on the 20th of April, 1816, when Dr. Chambers was just thirty years of age. About the same time, he graduated at Cambridge, and received high praise from Professor Haviland, for the manner in which he sustained the disputation preceding the degree.

It was at the end of the year 1815 that he first put his name on his mother's door in Dover-street; but his receipts were so small, that it was not until the year 1819 that he began to keep regular accounts of his fees. In 1819 he was appointed, on the resignation of Dr. Dick, examining physician to the East India Company. In the year 1814 he officiated for Dr. Dick during the greater part of the year. In September, 1815, he was appointed assistant - physician to the Company, with a salary of £200 per annum, and, as we have seen, succeeded Dr. Dick four years afterwards, when his salary was raised to £420 a year. Another hundred a year was afterwards added for his additional duties, arising out of the Medical Relief Fund, at Poplar, and the Hospital and Lunatic Asylum, at Hackney. Thus, his income, independently of private practice, amounted to £520 a year, and this was increased by being appointed about this time a medical director of the Westminster Life Office.

In the year 1816 his fees from practice amounted to about £50; and he got this year from the hospital about £60. In 1817 the fees were about £80, and the hospital £65. In 1818 the fees increased to £150, the hospital varying but little. In 1819 his fees were £433; but of this, one fee amounted to 200 guineas. This sum was given him by a great patroness of his, for visiting her at Holmpton, near Hull, and was done, as he has often stated, as much to encourage him as from any real occasion. In 1820 he retrograded to £211 as the fee receipts for the year; and the hospital, this year, produced him only £27. Nevertheless, he married in 1821, and removed to No. 10, Curzon-street. The lady he married was Mary, daughter of Dr. William Mackinnon Frazer, of Balnairn, Inverness-shire, and Lower Grosvenor-street, who had been previously in great practice as a physician in Bath By this marriage, he had four children, two sons and two daughters, all of whom are still living.

From the year of his marriage, his professional receipts steadily increased, so that in 1825 they reached to nearly £2,000 from fees alone. His reputation kept pace with his fortune, and in 1822 he was appointed one of the censors of the College of Physicians. He had also been appointed honorary physician to the Lock Hospital—an office he

held for some years, and which he resigned in 1827. In 1824 he removed to No. 23, Lower Brook-street; and at the commencement of the medical session, October, 1825, he joined Dr. Macleod in lecturing on the Practice of Physic in the school first established in Windmill-street, and afterwards transferred to St. George's Hospital. The Royal Society elected him a fellow in 1828. His acceptance with the profession and success with the public steadily increased, so that in the year 1833 his fees rose to upwards of £4,200. Notwithstanding a severe illness in 1834, which kept him out of London nearly the whole year, his income kept up in 1835-6, and in 1837 it had reached to nearly £9,000. On October 2nd, 1836, he was sent for to see Queen Adelaide, at Windsor; and on the 25th of October was gazetted physician-in-ordinary to the Queen. Upon the illness of the King, in May of the following year, he was appointed physician-in-ordinary to His Majesty William IV., who created him K.C.H., but allowed him to decline the honour of ordinary knighthood, which had until that time been considered a necessary accompaniment of the Commandership of the Guelphic Order. On the accession of her present Majesty, he was gazetted one of the physicians-in-ordinary; and in 1839, he was appointed physician-in-ordinary to H.R.H. the Duchess of Kent. From 1836 his income ranged for many years between seven and nine thousand pounds, and it kept up to the full point even in the year of his temporary retirement, in 1848. In 1835, he had resigned the office of Physician to the Honourable East India Company, the duties of which, conjoined to his private practice, he found

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more than he could continue adequately to fulfil. About 1837 he ceased to lecture, and in 1839 he resigned the post of physician to St. George's Hospital, with which he had been so long and so honourably connected. He had removed to a larger house, No. 46, Brook-street, in 1832, where he resided until his illness in 1848. On his return to town, he took a smaller house, in Cumberlandstreet, Hyde-park. Dr. Chambers died at his country seat, the 17th of December, 1855.

From our account of Dr. Chambers's practice, it will be seen that it was steady and progressive, but at first gave no extraordinary indications of its subsequent extent. In his greatest year, 1837, he had reached the mature age of fifty-one, so that it was no fashion or caprice which placed him at the head of the metropolitan physicians—a post to which he attained only after twenty years of incessant occupation in practice !

Dr. Chambers was by no means a voluminous author. His lectures on the practice of medicine, published in the *Medical Gazette*; the lectures on cholera, which he was requested by his colleagues to give in 1833, and which were republished in the *Lancet* in 1849, with the classical and elegant addresses delivered during his presidency at the Medico-Chirurgical Society, constitute the bulk of what he gave to the world. Judging from these publications alone, it might be fancied that Dr. Chambers lived a life of tolerable ease from pen and ink, or that he only wrote when his writings insured the *honorarium*. The lifting of the veil shows, however, a very different picture. When Dr. Chambers began practice, he regularly made clear

and concise memoranda in Latin, respecting every case which came before him, and copied all the pre-scriptions he gave his patients. The books he used for the purpose were quarto volumes, of about 400 pages each. His early case-books were labelled A, B, C, D, and so on; but he soon got to the end of the alphabet, and had to begin afresh with the numerals. He filled no less than sixty-seven of these precious volumes, besides numerous thinner quartos in the shape of indices! The matter they contain is necessarily immense. All his cases, and every day's work, were regularly entered and indexed as carefully as in a merchant's ledger, so that, notwithstanding his vast practice, he could, with the utmost ease, tell a patient that had consulted him that day seven years; or when he had suffered from such and such disease, and had been prescribed such and such medicines. His entries also contained notes of consultations and post-mortems in striking cases. His plan was to insert his home cases in his day-book leisurely at the time he prescribed; and then, after his return in the evening, he would, from memory, enter the cases he had visited and the prescriptions he had written. This, and the arrangements for the next day, with notes about consultations, and the preparation of his list for the morrow, frequently occupied him through the night, and until the rising sun peeped in upon his labours. Then he retired to a brief rest, to begin work again between eight and nine o'clock.

In the zenith of his practice, he had scarcely time to get a single meal with regularity, and the pace of his horses in the streets of London was seldom less than ten miles an hour. In addition to his

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remarkable notes of cases, he had a way of sketching diagrams of his patients and their maladies. His books are full of outlines of figures, with here a dot to indicate a cavity in the lung; there a portrait of hydrothorax, with the heart bulging against the right ribs; and here, again, a case of hepatic enlargement, or a case of diffused tubercles. All these things were done in such a manner as to indicate to him the very spot and extent of any disease which had passed under his sagacious diagnosis. The facts we have here detailed show that Dr. Chambers devoted himself to the duties of practice with the most laborious and devoted conscientiousness, and that his works, if not published, existed for his own satisfaction and the benefit of his patient. This industrious note-taking, extending, as it did, from 1815 to 1848, a period of thirty-three years, is one of the most herculean labours which we know of in the profession of medicine. Published volumes shrink into littleness in comparison; and it deserves to be remembered, that this work was self-imposed from a sense of duty, and for the satisfaction of a delicate conscience, which was ever fearing that enough had not been done or compassed in each particular case. But these volumes of private cases were not all. When Dr. Chambers was first appointed physician to St. George's, clinical clerks had not been invented, and the physicians kept their own books, entering their own cases and their own prescriptions in the hospital archives. This duty was performed with uncommon zeal by Dr. Chambers until Dr. Hope's time, who first released him from this profound drudgery. The hospital books, taken in Dr. Chambers's own hand-writing, probably equal in

extent his private case-books. Do not these facts fully justify the Horatian precept, that nothing great is ever accomplished without great labour? We see here the reasons why Dr. Chambers rose to the first place in medicine, and we see that this could neither have been given nor held by any merely fortuitous circumstances.

But these arduous tasks were performed under complicated difficulties. From an early period his health was delicate, and in the course of his practice a great many circumstances occurred which would have broken up the career of any man less attached to practice, and to whom practice adhered less steadily. As early as 1825, he became affected with bronchocele, and was very ill from May until almost the end of the year, partly from the bronchocele itself, and partly from having nearly poisoned himself with iodine, the iodic saturation not being attended, however, with any beneficial results to the disease. He was next attacked with rheumatism, on the 25th of December, 1826, and was obliged to go to Bath, from whence he did not return till the 23rd March, 1827, having been quite incapable of work for three months. In the autumn of this year, he was ill again, and out of town the whole of September, from fever brought on by exposure to miasma at Chelsea. During the cholera visitation in 1833, he was thrown out of a gig in Regent-street, on the 23rd of August, and was so much injured as to be obliged to be out of town until the 1st of October. This accident happened from his having been sent for suddenly to see Mr. Cutler, then living in Sackville-street, who was reported to have had a sudden attack of cholera. Dr. Chambers got instantly into

the gig in which the messenger came, and was thrown out; and but for having drawn his hat closely upon his head when the horse took fright, he would probably have been killed upon the spot. The alarm respecting Mr. Cutler proved unfounded, and when Dr. Chambers was carried to his own house in Brook-street, he found Mr. Cutler had heard of his accident, and was actually come to inquire for him. Another severe shock happened to him in 1834. This time he imbibed poison in the dead-house of St. George's Hospital, on the 14th of February, while examining the body of a patient who had died of a malignant variety of pleurisy, and which nearly destroyed him, first by the primary poison, and then by an attack of secondary inflammation and suppuration. A long and painful illness was the result, which was accompanied by the usual effects of this variety of wound, and left the right hand much deformed by sloughing and suppuration, the traces of which remained distinctly visible; indeed, the fingers of this hand were so crooked, that the vulgar invented a theory, which said the fingers were bent from the constant occupation of taking fees! During this illness it was thought right by his friends to send Dr. Chambers to Tunbridge Wells, where he remained from March until May. While at Tunbridge Wells he was deeply beholden to many of the leading physicians and surgeons in London, who constantly attended him, and, as he always declared, saved his life (after it was generally despaired of) by their kind and and persevering attention. Sir B. Brodie, especially, paid him a daily visit, when Tunbridge was not so accessible as now, for several weeks. In August,

he had somewhat recovered, when he went to Richmond, and thence to Hampstead. Altogether, this illness disabled him from the pursuit of the regular course of his public and private practice for nearly a year. Indeed, the poison gave a shock to his nervous system, from which he never entirely recovered; though it was after this that his great years of practice followed. In 1838, he was again taken ill on the 5th of January, and remained so till the 7th of February, when he began to do a little business, but he did not undertake full practice until the end of that month, and was scarcely able to enter into it with energy and spirit all the year. He was absent from town this year during the greater part of August, and in September and October. He now endeavoured every year to recruit himself from the exhaustion of almost incessant occupation night and day, with no opportunity of taking regular sleep or regular meals, by retiring into the country, to some house he took for the season, where he would stay, with as little interruption as possible, for six weeks or two months. In the year 1841 he purchased a house and an estate at Hordle-cliff, Hants, which afterwards became his favourite place of retirement.

In 1840, he was again interrupted by a severe illness. From this time he continued in full practice till 1848, at which period he began to feel the effects of his laborious life to such an extent, that his friends thought it their duty to urge his leaving London in the time of his fullest employment, and to spend more of his time in retirement at his estate in Hampshire. He returned to London in a few months, but only to a limited practice, so far as to see at home such patients as might wish to consult

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him, and to give his assistance in consultations. It will be seen from this narrative, that Dr. Chambers never had any continuous opportunity of realizing a very large fortune by his profession, though he possessed a good income. His constant illnesses were, of course, attended by great expenses, as well as the withdrawal from practice.

In 1839, when, as regards worldly success and income, the culminating point of Dr. Chambers's career had been reached, the greatest bereavement of his life occurred. This year his beloved wife died of pthisis, leaving in his heart a void which, to a man of his affectionate and kindly feelings, no worldly success, no public applause or reward, could soften or efface. This sad event, with his previous illness, rendered him much unfit for business during the next two or three years, though, driven as he was by his work, he was necessarily fully engaged.

It may be curious to learn something about royal attendances and royal fees. The salary of the physician-in-ordinary is £200 a year, besides his regular fees when called upon to act. From motives of liberality towards others of the court medical staff, Dr. Chambers did not take the annual fee, during the reign of Queen Adelaide, but received his regular fees of two guineas each whenever he attended at the Court. During the reign of her present Majesty, Dr. Chambers received the usual salary of Court physician, and on several occasions attended her Majesty and the Royal children. Formerly, all the physicians-in-ordinary were of the same rank ; but at the commencement of the present reign, Lord Melbourne named Sir James Clark, senior physician-in-ordinary, though there

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is in reality no such office except as a new creation.

In the sick-room, Dr. Chalmers was ever distinguished by a rare sagacity, the result of long experience, a vigorous intellect, and cultivated powers. That he was skilful in the management of chronic maladies and ailments his long hold upon the good opinions of the aristocracy will show. But it was in the treatment of acute disease that he especially shone. Here he was bold, energetic, and successful. He never left his patient to be destroyed by the vis necatrix while waiting for the vis medicatrix. His desire was to stand face to face with disease, and to treat it without disguise or hesitation. We may give an instance of his principles in this respect. Every one remembers the elegant and valuable remarks of Dr. Alison, in his historical memoir at the commencement of the first volume of the "Cyclopædia of Medicine," respecting the different values of bleeding, calomel, and opium, in subduing peritonitis. Dr. Alison maintained that the mere pain of peritonitis often killed, and that, therefore, opium should always be combined with calomel and bleeding, so that pain and inflammation should be subdued pari passu. But Dr. Chambers would act upon a different plan. In his opinion the pain depended on the inflammation, and to give opium in quantity would be to put a mask between the physician and the disease, behind which the latter might destroy the patient unperceived. Hepreferred to deal with pathology openly, and not to remove the pain as a palliative measure, but rather by quelling the inflammation, which was the cause of pain. Dr. Chambers acted towards disease as

Nelson did towards the enemy-to place himself fairly alongside, and abide the issue.

Dr. Chambers kept himself remarkably au niveau with all that related to the progress of medicine as a practical art, and was one of the first physicians in England to adopt the use of the stethoscope.

Notwithstanding his vast experience and acknowledged skill in the treatment of disease, Dr. Chambers preserved the diffidence-we had almost said the humility-of his youth, throughout his career. His laborious note-taking was the result of the fear he had lest he should do wrong, or commit some error of practice. Like many other distinguished men, he was seldom perfectly satisfied with what he had done, and his anxieties, which he could not control, respecting his patients, no doubt contributed, as well as his great physical labours, to impair his strength. This nervousness of Dr. Chambers was only a misfortune to himself. Most assuredly it did not spring from any incompetence, nor did it stay his hand in treatment, for he was always decisive and energetic; but the excessive sensibility and feeling of responsibility was often injurious to his own peace of mind. On some occasions this feeling was excessive. During the last illness of his old patient, the Queen-Dowager, he was asked to visit her, but declined to do so unless in consultation, because he was then in delicate health, and shrank from the responsibility attaching to such a patient. In a less degree this feeling was present during the greater part of his life. In his figure and manner, Dr. Chambers was the beau ideal of the physician. Everything about him was preeminently physician-like. In stature he was tall,

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dignified, and commanding. His demeanour to patients was most winning and agreeable; and it may be said that no medical man ever met Dr. Chambers in consultation without being perfectly satisfied with him. The most entire liberality and even indifference about fees characterized his behaviour. On all occasions he was willing, as regards remuneration, to give way to others.

# CLUTTERBUCK.

DR. HENRY CLUTTERBUCK was born in 1770, at Marazion, near Penzance, Cornwall. He was the fourth son of a solicitor in extensive practice in that town. He early evinced a desire to follow the medical profession, and was articled as a pupil to Mr. Kemp, a surgeon in general practice at Truro, and who enjoyed a considerable provincial reputation. At the age of twenty-one he repaired to London, and entered as a student at the united hospitals of St. Thomas and Guy, where he attended the lectures of Dr. George Fordyce, Dr. William Saunders, and the elder Cline. After pursuing his studies with unwearied diligence, he presented himself for examination before the corporation of surgeons, whose Hall was at that time in the Old Bailey. He passed his examination the 7th of August, 1790, the fees paid amounting to £27 18s. 6d.

Shortly after this, he started as a general practitioner in Walbrook, where he soon succeeded in making a considerable income; but, having a decided turn for literary pursuits, he was occupied in editing a bi-monthly work, entitled the *Medical and Chirurgical Review*. This periodical was mainly analytical, and bore a considerable resemblance to Dr. Johnson's Review, but it was rather smaller, and was published at two shillings a number. This work, which was probably the first attempt at establishing a medical

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periodical in the metropolis, was the result of the sole and unassisted labour of Dr. Clutterbuck, with the exception of a single contribution from Dr. Pearson, and one also from Dr. Beddoes. It possessed a considerable reputation at the time of its publication, and most deservedly so; it was essentially practical in its character, and gave a *résumé* of all the new books, English and foreign, of the time. It no doubt gave Dr. James Johnson the idea of his Review, the first number of which appeared about thirteen years after Dr. Clutterbuck's series had ceased to exist. The Review was published by Boosey, of Old Broad-street, and was a source of considerable profit to its learned editor.

The Review was carried on for fifteen years,\* amid early professional struggles, and during various changes in the life of its conductor. With his characteristic industry and perseverance, however, the author determined to proceed on until it had become the means of establishing his reputation as a scientific and practical physician. The last number of the Review made its appearance in 1807, exactly fifty years ago; so that Dr. Clutterbuck had been an editor for fifteen years before two-thirds of the present generation of surgeons were born! His practice in Walbrook continued to increase; but he had determined to graduate as a physician, and accordingly went to Edinburgh in 1802, where he attended the classes of the second Monro and Dr. James Gregory. He afterwards attended lectures at the University of Glasgow, and here he graduated in the early part of

\* Each annual volume contained about five hundred pages.

1804, the following being the subject of his inaugural thesis :--- "Tentamen medicum inaugurale, quædam de sede et naturâ febris complectens;" so that at this time he evidently meditated the publication of his great work on Fever. Dr. Farre graduated at the same time. On receiving his diploma, he almost immediately repaired to London, and presented himself for examination at the College of Physicians. At this time, however, no member of the College of Surgeons could become a candidate for the physician's diploma so long as he remained a member of that inferior college; so that Dr. Clutterbuck was obligedto get disfranchised from Surgeons' Hall. To effect this, he had to pay £22. He passed his examination as a licentiate of the college with much credit, and immediately established himself as a physician at No. 17, St. Paul's Churchyard, occupying only a part of the house.

Dr. Clutterbuck had now obtained considerable reputation in his profession, and became anxious to be connected with some public institution for the treatment of disease. A vacancy in the office of physician to the General Dispensary in Aldersgatestreet, by the resignation of Dr. Lettsom, occurred in 1807, and he became a candidate for the vacant office. He was opposed by the late amiable and excellent physician, Dr. Birkbeck, who, however, soon retired from the contest, seeing that the great majority of the governors was in favour of his opponent. This opposition, instead of acting injuriously to the future position of the contending parties, formed the commencement of a friendship as true and as lasting as almost any on record.

Dr. Birkbeck was shortly afterwards elected one of

the physicians to the Dispensary, and remained for upwards of twenty years a colleague of the subject of this memoir. Dr. Clutterbuck ever maintained the strongest regard for this great friend of mankind and of education, and had the melancholy satisfaction of administering to him, in his last illness, the resources of his art and the consolations of his friendship. The colleagues of Dr. Clutterbuck at the General Dispensary were Dr. William Lambe, as physician, and Mr. Norris and Mr. Vaux as surgeons. The first of these gentlemen was a very accomplished physician, and a most benevolent and kind-hearted man, his advice and purse being open on all occasions to the sick and the needy. He was rather eccentric in his manners, and a rigid vegetarian, having for nearly half a century before his death never tasted animal food. He wrote a work to show that almost all diseases, but particularly those of a scirrhous nature, had their origin in the use of animal diet, and in the impure water supplied to the metropolis. He did not, however, insist upon all his patients keeping to a vegetable diet, but he strongly relied upon the necessity of their drinking nothing but filtered water; and he had the model of a glass filter in his consulting room, which he invariably exhibited and described to his patients. Dr. Lambe had never any considerable practice of a remunerative character, and lived for many years a short distance out of town. He, however, had a consulting-room in King's-road, Bedford-row, at which he was in the habit of attending three times a week, Never was a poor patient turned from the door at any of the hours of his attendance, and this most benevolent man assisted with money those who without it were unable to obtain the little

luxuries necessary in sickness, and the medicines he had prescribed. Mr. Norris was the friend of Mr. Warner, surgeon to Guy's Hospital; and Mr. Vaux had at that time a large City practice.

Shortly after his appointment to the General Dispensary, Dr. Clutterbuck commenced his lectures on the Theory and Practice of Medicine, and on Materia Medica. He delivered three courses in the year, and had a large class.

Lecturing, at that time, was spread over a much more limited field than it is at present; and afforded something like remuneration to those who undertook the important and laborious office of teachers. Dr. Clutterbuck's class steadily and gradually increased in numbers, and in one year his receipts from the fees of students amounted to upwards of one thousand pounds! He continued to lecture on medicine for nearly a quarter of a century; but, long before the termination of that period, his class had much fallen off, owing to the establishment of the Londou University and other schools. A course of lectures delivered by Dr. Clutterbuck at the Aldersgate School, was published in the Lancet about twentyfive years ago. The style of Dr. Clutterbuck's lectures was similar to that of his writings; they were plain, forcible, and unadorned, full of practical facts, with an entire absence of speculation. About the time of his appointment to the Dispensary, he published his chief work, entitled, an "Inquiry into the Seat and Nature of Fever." It was a large octavo volume, of about five hundred pages. This work soon went through a second edition, and was translated into some of the continenal languages. It justly raised the character of its author, who was at

once acknowledged to be one of the most original thinkers, and one of the most practical physicians of the age. This work may be considered as an expanded view of the subject of his inaugural thesis, and in which he endeavoured to show that what is usually termed idiopathic fever, and which has been almost invariably considered as a disease of the whole system, is, in reality, and from the first, a topical affection of the brain, consisting in inflammation of that organ, and requiring a corresponding mode of treatment. In stating this, however, he cautiously guards his readers against the conclusion that some have inadvertently come to, that blood-letting ought to be the general remedy. This, he observes, is by no means a necessary inference from the doctrine; on the contrary, he insists, that although blood-letting is sometimes requisite, and, indeed, indispensable, to the safety of the patient, there are numerous occasions in which, as in all other inflammations, it is both unnecessary and objectionable.

At the time of the publication of this work, Dr. Currie was at the height of his popularity as the teacher of the "liver doctrine;" that, in fact, the liver was the Pandora's box, whence issued all the evils that flesh is heir to. The following characteristic letter was sent by Mr., afterwards Sir, Astley Cooper, to Dr. Clutterbuck, on being presented with his work "On Fever."

"MY DEAR SIR,—I return you many thanks for your valuable publication, which must be highly useful to the profession. I entirely agree with you regarding the seat of the disease, and the organs it more particularly affects. The world has been more than sufficiently long led astray by the hypothesis of the liver being the seat of almost all diseases, and in obedience to this idea, the practice of medicine has become entirely empirical.

"I am, yours very truly obliged, "ASTLEY COOPER."

Dr. Clutterbuck had very early in life become a Fellow of the Medical Society of London, at that time the only medical society in the metropolis, with the exception of the Physical Society at Guy's. This Society, so largely indebted to Dr. Lettsom, not only as its founder and the contributor of a splendid library and a valuable house in Bolt Court, but also for his establishment of the Fothergillian Medal, in honour of the memory of his friend and patron, Dr. Fothergill, had become almost the exclusive property, so far as places of honour were concerned, of a small clique. At the head of these was Dr. James Sims. This gentleman for many years had been the president-so long, indeed, had he filled this important office, that he regarded it in the light of a holding for life, and never contemplated anything like "a brother near the throne." The Society consisted at this time of almost all the élite of the profession, and the long retainment of office by Dr. Sims, gave rise to much discontent among the great body of the fellows of the Society. At length a party was formed, with the view of altering the laws and rendering the appointment of president a bi-annual necessity. Among the chiefs of this party were Dr. Clutterbuck and Dr. Birkbeck. At length the agitation was successful; Dr. Sims was deposed, after a reign of many years, and Dr. Walshman was appointed president. The struggle, however, for the just rights of the great body of the fellows had naturally given offence to some parties, and determined some of the principal fellows to leave the Society and form one in opposition to it. From this circumstance, the Royal Medical and Chirurgical Society had its origin, the first founders of it being Sir A. Cooper, Dr. Yelloly, and Dr. Marcet, three of those fellows who in 1809 retired from the Medical Society of London.

In the year 1808 Dr. Clutterbuck removed to his last residence in New Bridge-street, Blackfriars, a house which had been formerly occupied by, and in which died, Mr. Chandler, one of the surgeons to St. Thomas's Hospital, and to whom Sir Astley Cooper was an apprentice.

Dr. Clutterbuck, with the late Mr. Tyrrell, established the Aldersgate School of Medicine, and at this place he continued to lecture for some time on the Practice of Physic.

Dr. Clutterbuck's connexion with the Medical Society of London was of very long duration; he was contemporary with Lettsom, and most of the men who flourished towards the end of the last and the commencement of the present century; and he always regarded that institution with the most friendly feelings. The body of fellows of the Society, justly estimating the high professional character of Dr. Clutterbuck, and esteeming him for his many good qualities of head and heart, on three separate occasions, conferred upon him the honour of the president's chair. On all these occasions he conducted himself with the utmost kindness and consideration, and always listened to the youngest fellows of the Society wth patience and attention. All that

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constitutes the beau ideal of a chairman of a grave deliberative assembly like a medical society was to be found in Dr Clutterbuck. No man in it had so completely the respect and confidence of the great body of the fellows. As a speaker in the usual debates, he confined himself generally to really practical subjects, and had an objection to enter into discussions on mere speculations and doctrines unsupported by facts. He maintained with great perseverance, but always with modest firmness, his opinion regarding the effects of inflammation and blood-letting on the system. He viewed with a jealous eye all innovations upon the more practical pursuits of the physician, and was slow to receive evidence upon the virtues of new remedies over those which had stood the test of a long and searching experience. In all matters of debate in which he entered the lists, he treated the youngest and most inexperienced member with the greatest kindness, candour, and respect. He might be considered the model of a debater on medical subjects; never for a moment carried away into statements which he could not substantiate, and always preserving the full command of his temper; he spoke with a deliberation and with a clearness which have been seldom excelled. The style of his address was rather cautious than energetic, and he was perfect in the choice of his language. Indeed, it would be difficult to conceive a more finished composition of words than fell from the deliberate lips of Dr. Clutterbuck in a debate. He was so easy to follow, and so clear in his statements, that there was no possibility of misunderstanding him, and the short-hand writer who had to take his speech would, if he took it correctly, have

no faults in style or composition to correct. Nearly up to the time of his death he was one of the most regular attendants at the Society, usually occupying the same seat on the left hand of the president, and next to the secretary. Dr. Clutterbuck, with one or two exceptions, attended the annual festival of the Society for fifty years.

Among the papers read by him before the Society, were a Life of Dr. Hulme, and a Life of Dr. Birkbeck, the latter of whom he attended in his last illness. In addition to his work on Fever, he published in 1795 a small work on the Poison of Lead, in which he recommends mercury as an antidote. He was led to this by a comparison of the effects of these two substances on the system, the one acting as a sedative, the other as a stimulant. His Life of Dr. Hulme, he also published separately. Dr. Hulme was physician to the Charterhouse, and, with Dr. Lettsom, was the principal founder of the General Dispensary. He also published, in 1839, an Account of an Epidemic Fever that prevailed to a wide extent in London at that time. His latest work was entitled, "A Series of Essays on Inflammation, tending to show that most diseases either actually consist in inflammation, or are consequences of it more or less remote."

Dr. Clutterbuck had a very respectable practice, chiefly among the merchant princes and middle classes of London. He early acquired distinction by his writings and lectures, and his reputation was still further increased by his connexion with the General Dispensary. He always attributed his success to his connexion with the literature of the profession; and he looked back upon his labours as an editor and a journalist among those things in his life of which he had the most reason to be proud.

Dr. Clutterbuck performed the active duties of his profession to the very last. He attended the anniversary meeting of the Medical Society on the 8th of March, 1856. Having heard the oration at Willis's Rooms, he left the room to walk home, and in crossing a street was knocked down by a street cab. From the injuries thus received he never recovered, but lived about six weeks afterwards. He retained his faculties to the last, and is said to have seen patients on the very day he died.

The life of Dr. Clutterbuck is fraught with lessons of instruction, and affords an admirable example of the success which results from industry, perseverance, and probity. He was unassisted by family influence, fortune, or connexions, and had few patients amongst the higher classes. He never received an honour from the College of Physicians, having declined the only one offered him—a fellowship, at an advanced period of his life. But he was highly respected and even venerated by the public and the profession, as an example of an excellent and practical physician who had attained the highest reputation by his own talent, industry, and spotless character.

Dr. Clutterbuck married in 1810, and left one son and four daughters.

In person, Dr. Clutterbuck was somewhat above the middle height, and robust in form. His countenance was rather striking than handsome; his features being large and marked. His complexion was florid. A very good portrait of him was painted by subscription for the Medical Society of London, and is now in the meeting room of that institution. In this place, brief reference may be made to some of the early contemporaries of the subject of this memoir. Of those who were in practice when Dr. Clutterbuck commenced, none remain; and this is not extraordinary when it is recollected that he commenced his career as a general practitioner upwards of sixty years ago! Among those whom he occasionally met in consultation was John Hunter, who at that time lived in Leicester-square, and to whom Dr. Clutterbuck occasionally sent patients. He used to describe Hunter as at that time an agreeable but plain-mannered man, who always went carefully into a case, though his questions were generally few and to the point. His mode of prescribing was very simple. He was cheerful and agreeable, and was a favourite amongst those who consulted him. Neither Mr. Astley Cooper nor Mr. Abernethy had at that time arrived at any celebrity.

Amongst the physicians who enjoyed the largest share of public favour at that time was Dr. Lettsom, who lived in a court in Basinghall-street, and had a very extensive practice, chiefly with the citizens. London, sixty years ago, in what is now called "the City," was a very different place from what it is now. All the great merchants and bankers had their winter houses in town, and in these, during many months of the year, they resided, keeping up establishments which fairly vied with the west-end nobles. It was amongst these that the chief of Lettsom's practice consisted; and he accumulated a large fortune, a portion of which he left as a munificent gift to the profession. He retired occasionally to his villa at Camberwell-grove; but he was seldom "out of harness." He was essentially a man of business, a good practitioner, and a great favourite with his patients. On his retirement from practice, Dr. Clutterbuck and Dr. Birkbeck succeeded to a considerable portion of it.

Dr. George Fordyce, also, at that time, enjoyed great reputation as a physician and teacher. He was physician to St. Thomas's Hospital, and lived in Essex-street, in the Strand, where he lectured on the theory and practice of medicine. He talked broad Scotch. His lectures were given in his parlour in the evening, and were well attended. They were given partly from notes and partly extempore, and were models of practical instruction given in clear and simple language. Dr. Clutterbuck attended these lectures, and kept up an intimate acquaintance with the lecturer until his death. Dr. Clutterbuck always regarded him as one of the most practical and well-informed physicians that he had the good fortune to meet during his long career of practice.

Dr. George Pearson, physician to St. George's Hospital, had at that period a considerable practice at the west-end of London. He was a neighbour of John Hunter, and lived in Leicester-square. Dr. Clutterbuck was in the habit of meeting him frequently in practice, and of seeing at his table most of the noted men of the time.

Dr. Babington, when Dr. Clutterbuck commenced practice, was the apothecary to Guy's Hospital. He was an early and a late friend of the subject of this memoir, and was on terms of intimacy with him until he died.

Dr. Currie, who lived in New Bridge-street, Blackfriars, had for a long period the "run of the town" in all cases of liver disease, or where it was supposed to exist. He was by no means a sound practitioner, and was very wild in his notions respecting disease. He attributed every ailment "which flesh is heir to" to disease or disorder of the liver, and treated his patients accordingly. He was himself attacked with disease, which he persisted, in opposition to his medical attendants, in declaring was an affection of the liver, and was angry if any one differed from him in this opinion. He died, however, of what proved to be tubercular disease of the lungs.

Dr. Birkbeck was an early friend and colleague of Dr. Clutterbuck at the General Dispensary. He was a man of much general information, a great friend to education and to the improvement of the condition of the working classes. He commenced practice in Cateaton-street, removed thence to Broad-street, and afterwards to Finsbury-square, where he died. He was a man of extremely sober and abstemious habits, and the disease from which he suffered severely dyspepsia—was probably aggravated by the overrigorousness of his diet. He never had a large practice, much of his time having been devoted to other objects.

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