

Case Book of Voluntary Boarders

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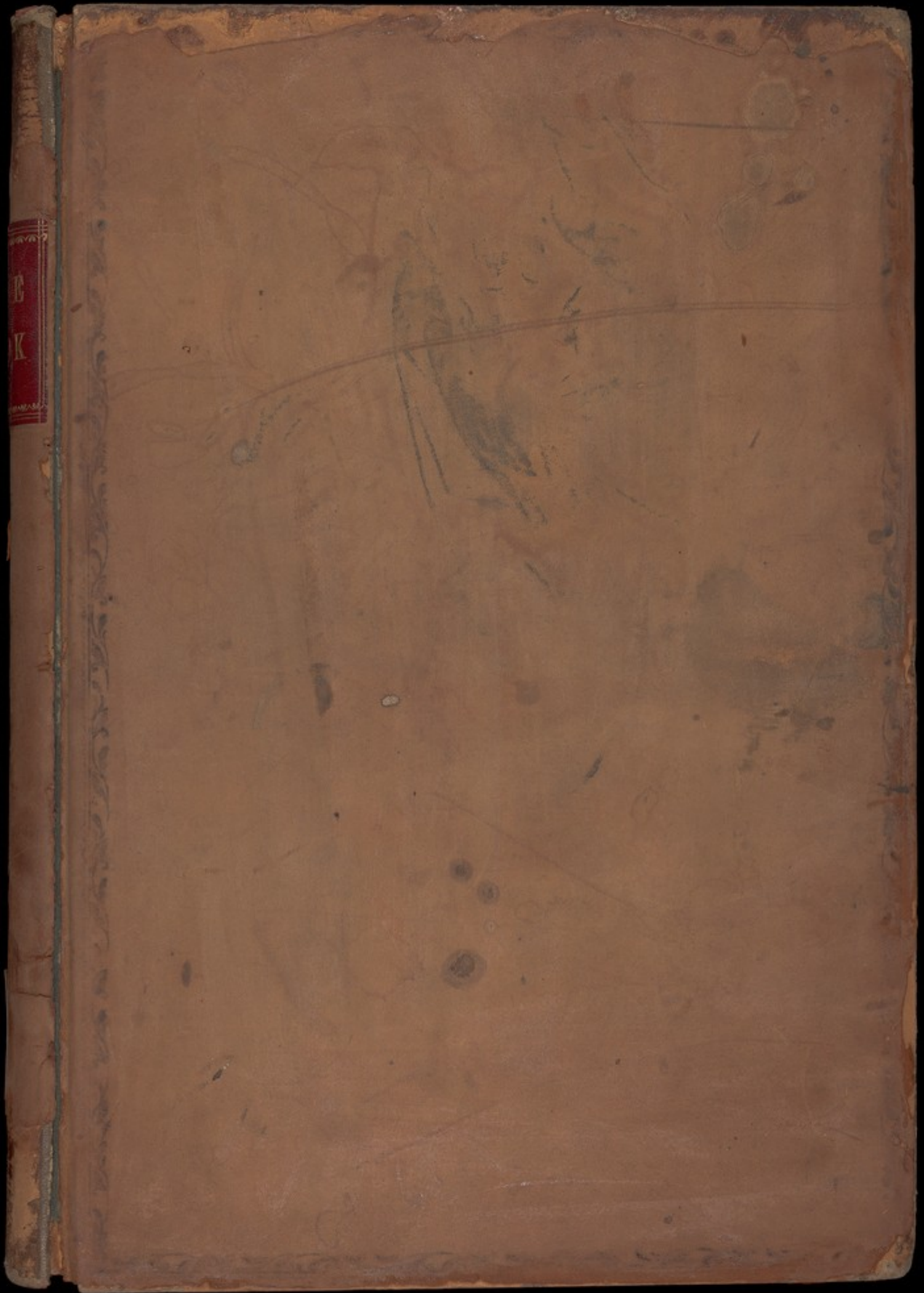
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D. Wotherspoon -

Food - light diet - Soda-water - ad lib.

Milk. Benger - Milk pudding -

Cutlet - fish - fruit

Small quantities every two hours -
during day & night when awake -
Drainage of food removed each time
Care taken as to serving.

Remains in Bed entirely for the present -
except washing bath etc.

Smoking 4 papers ~~at~~ daily no more
or cigarettes.

Temp. Pulse taken - ~~at~~ twice a day
Pulse - recorded - on chart 6 times a day

Baths Hot Bath - daily -
be very careful about sudden movements
afterwards -
Electric Baths - ~~at~~

* Drops - Morphine in decreasing doses -
atropine in increasing ones. } hypod.
Strychnine when morphine much
reduced -

~~XXXXXXXXXX~~ Hemysol
Mist. ~~Per N.Y. in T.D.~~ Cine (n° 80)
~~2.000 Co. 3i~~
Aq. Cinn. ~~at~~ 3i 6.000

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Feb 15. 1896

Needham } Commisrs
G Harold Wmson } in Lunacy

July 13. 1896

Needham } Commisrs
G Harold Wmson } in Lunacy

March 13. 1897

Johnawallis } Commisrs
J. S. Bayly } in Lunacy

July 15. 1897

Johnawallis } Commisrs
J. S. Bayly } in Lunacy

Feb 14. 1898.

L. A. King } Commisr
in Lunacy

Oct 20. 1899

Needham } Commisrs
J. S. Bayly } in Lunacy

14. April 1900

Ellamitt } Commisrs
G Harold Wmson } in Lunacy

19. Nov: 1900

Ellamitt } Commisrs
G Harold Wmson } in Lunacy

Feb 9. 1901

Sidney } Commisrs
J. S. Bayly } in Lunacy

July 23. 1901

Sidney } Commisrs
in Lunacy

Feb. 14. 1902

Needham } Commisrs
G Harold Wmson } in Lunacy

Feb 15. 1902

Needham } Commisrs
G Harold Wmson } in Lunacy

11. Nov: 1903

Ellamitt } Commisrs
W F Hall } in Lunacy

July 7. 1905

Needham } Commisrs
W F Hall } in Lunacy

14. March 1906

Ellamitt } Commisrs
d d Shadwell } in Lunacy

Ellamitt } Commisrs
d d Shadwell } in Lunacy

OCT. 16 1906

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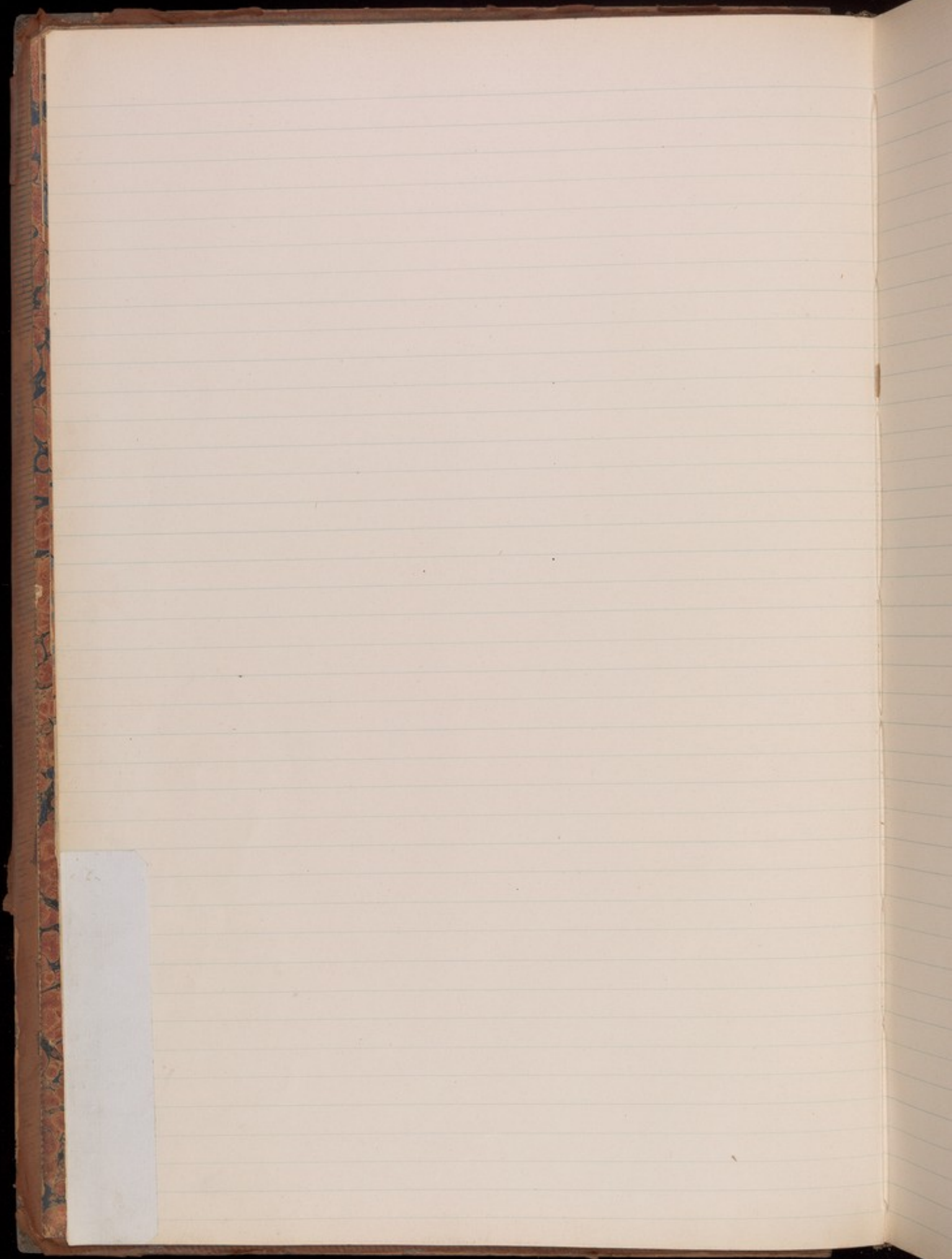
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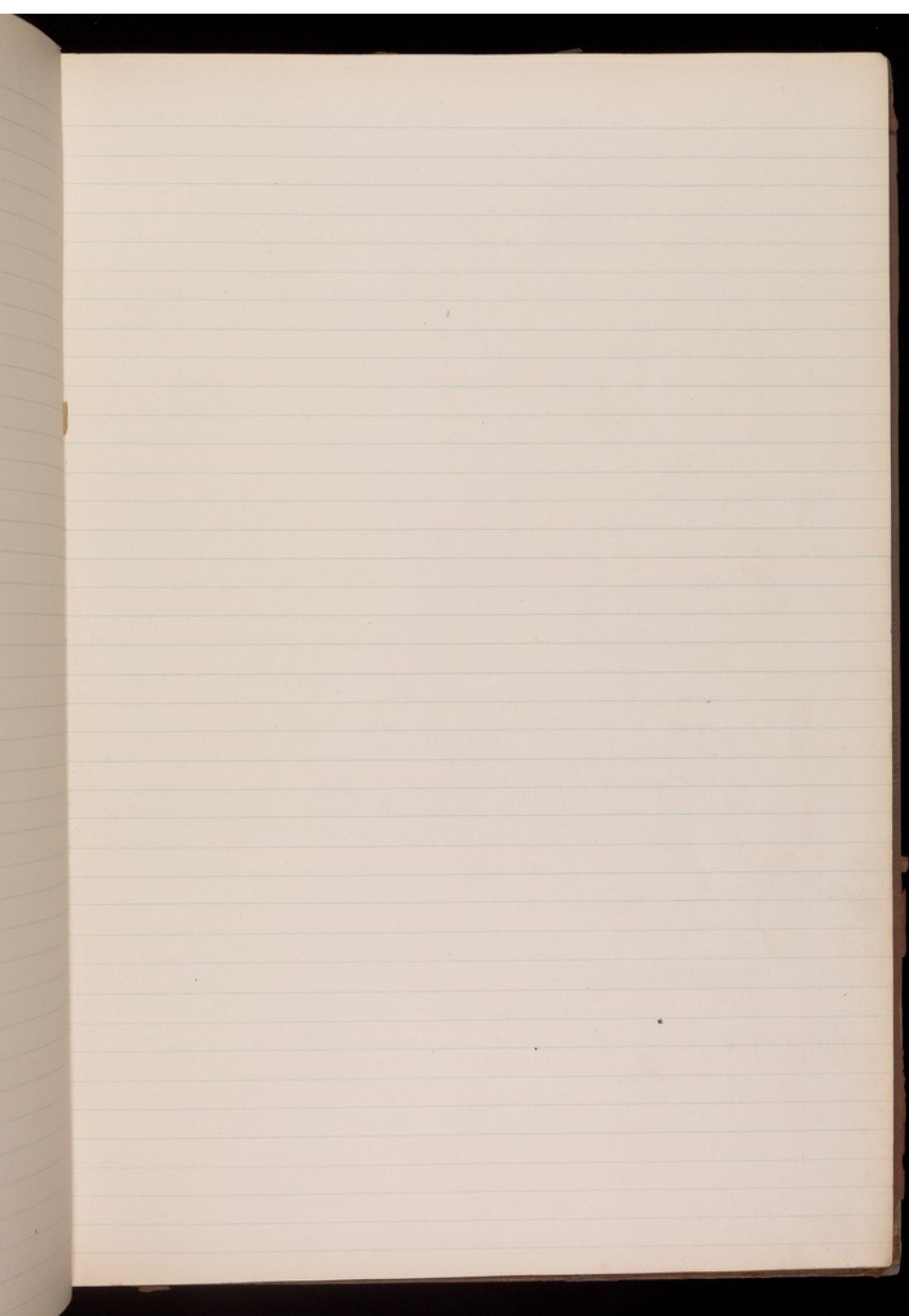
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James Andrew

Admitted 13th December 1895.

He is a well built man rather above middle height, with a stoop. White hair getting thin, beard & moustache. He is apparently in good bodily health for an old man. His urine shows a deposit of phosphates but nothing else abnormal. He is restless at night & sleeps poorly, is often wandering about his room. He has hallucinations of sight & hearing: thus he sees people in his room or just getting behind the curtains, & hears them talking about him. At other times he laughs about these things & recognises them as hallucinations. His memory is impaired. H. J. MacKenzie.

Dec. 20th. His condition is very variable: sometimes he is very sensible & collected at other times he is much confused & does not know where he is. His hallucinations continue at intervals. He sleeps often very badly & other nights he sleeps well. H. J. MacKenzie.

.. 29th. There is little change in his condition. His hallucinations appear at times & at other times he seems to recognise their foolishness. H. J. MacKenzie.

Jan. 4th 1896. He was restless in the early part of last night but slept well for about six hours afterwards. He goes out walking with his attendant usually daily. He at times has an idea that the trees are full of monkeys, or that the trees are big men & he fancies he sees them walk about, & he says he does not care to go too near them lest they should pick him up & put him into one of their pockets & run off with him. H. J. MacKenzie.

15th. He continues much the same, sleeps irregularly. He has numerous passing fancies: thus he thinks a meeting is to be held in his sitting room & arranges all the chairs for it; or he hears people talking & singing & mentioning his name outside his window. He seems to fear being attacked in the night for he often asks me if I can guarantee him a good night & that he will not be molested. He takes food well & maintains his bodily health. H. J. MacKenzie.

Feb. 14th. He shows no sign of improvement in mental condition. He sees imaginary people in his room or their reflections in his mirror & hears singing & talking outside his windows. He often will not sit in the easy chairs in his room, thinking the seats have men inside them. He sleeps poorly & frequently spends most of the night in an chair or wandering about. H. J. MacKenzie.

18th. Two days ago he assaulted his attendant: he was afterwards very sorry for what he had done; no serious injury was done. Today he has left with his nephew & att. W. Cotes for Bournemouth.

1896.

Harriet Elizabeth Mary Morgan

from page 3.

April 30th

She is profoundly depressed. She has an anxious careworn expression. She does not speak unless spoken to & then only answers in a whisper. She hears voices, those of her husband & other relatives. She says that she has done great wrong & ought to die & that she will destroy herself if she gets a chance. She is troublesome about taking food & only takes liquids. She sleeps badly. Cottanwell

May 12th

She remains in the same depressed miserable state & appears to take interest in nothing. She thinks her father is dead. She frequently expresses a wish that she were dead. Arrangements are being made to have her certified. Cottanwell

May 14th

She was this day certified & is now detained as an ordinary certified patient. Cottanwell

Harriet Elizabeth Mary MorganAdmitted January 2. 1896.

She is a thin spare woman, tall: with a not very evenly balanced mind. She has been here on several occasions both as a certified patient & as a Voluntary boarder. She spends most of her time at a hydrogeopathic establishment at Skley (Craiglands) & comes here for rest & quiet & says that she has now come for the change. She talks somewhat vaguely about Dr. Hobson & seems to think that he is in love with her (this is reported to me by the Chief Nurse): she is also reported to have said that if Dr. Hobson did wish to marry her, she would not marry him. She is cheerful & bright & makes herself quite at home. Her bodily health is apparently good. Costanwell.

- Jan: 3. She has spent the day in bed. She thinks that she is suffering from rupture (hernia) but there is no reason to suspect this. She is afraid to sleep in her room without a key & the same compromise (as on the last occasion) has been made, viz: a key has been fixed behind the door in a box with a breakable glass front. She is quite content & giving no trouble. Costanwell.
- Jan: 5. She complains of feeling nervous & not liking to sleep alone & it has been arranged that a nurse sleeps in her room. She wanders about the grounds & takes walks by herself outside the grounds. She plays the piano & sings a great deal. Costanwell.
- Jan: 15. There is nothing fresh to report. She is well both physically & mentally. She is out daily when the weather is favourable. She attends all the entertainments in the house. Costanwell.
- Jan: 25. Yesterday & today she has remained in bed, saying that she always has two days in bed at these times. She is menstruating. Her general condition is satisfactory. She says that she is leaving on Feb: 5 & will return to Skley on that day. Costanwell.
- Feb: 5. She left this day after giving due notice of her intention to leave & returned to Skley. Before leaving she expressed herself as thoroughly satisfied with everything: saying also that she felt better for the change & rest. Costanwell.

Admitted February 16. 1896.

- Feb: 16. She returned this day saying that she could not settle away & was much happier here. She remains in much the same condition as noted above. Costanwell.
- Mar: 15. There is little or nothing to add. She is occasionally somewhat depressed, but not seriously. Menstruation is regular but these times she generally spends a couple of days in bed. She spends a considerable part of each day out of doors, either in the gardens or walking in the country. She is weak-minded & is at times unsettled & evidently wanting to return to Skley. Costanwell.
- April 15. She has lately been more unsettled & has been frequently complaining of the other patients. With me she is reserved & non-communicative, saying that she prefers to talk to Dr. Pierce. Costanwell.
- April 25. She has been during the past three days unnaturally depressed & miserable & again declines to give me any reason to account for the depression: she says that she has good reason, but will mention it to Dr. Pierce. She went yesterday for a picnic with others to Stamford Bridge, but came in looking very miserable & said that she did not enjoy it at all. Her bodily health keeps good. Costanwell.

There appears to be no adequate reason for her depression. She cannot explain why she is so gloomy. She says she has done wrong - & that she ought to be in prison Bedford Pierce.

see page 2.

Martyn Wesley Miles. age 56. admitted 4th February 1876.

He is a man rather above middle height (5 ft 9 in) well nourished; with grey hair, which is getting thin on the temples, & thick grey moustache. He presents no symptoms of bodily disease, except a tendency to constipation.

He was here as a certified patient from 19. V. 74 to 21. VI. 81 when he made his escape, being out on parole, went to London. In 1876 he went to America to join the Society of "Shakers" as he wanted to try the community of life. He stayed there some years but it did not seem to answer & he returned to his country in.

He says he has had a chance in the world & has tried to make his way but it has not come to much & he now wishes to come back here. He is apparently rather feeble minded: he is extremely garrulous & talks straight on almost without a pause. H. J. Mackenzie.

Feb. 11. He has slept well each night since admission. Expresses himself as quite comfortable & says he wishes to stay here for some time. He has today commenced to make a catalogue of the books in the library in the Fruit Gallery. He occupies his time in reading, writing etc. H. J. Mackenzie.

" 18th He spends most of his time in reading. He writes to various friends asking them to help him & hopes that arrangements will be made for him to stay here. He suffers from constipation for which he takes Pulo Glycyrrhiz. Co., $\mathfrak{z}\mathfrak{i}$ in the morning, occasionally. H. J. Mackenzie.

" 25th He continues about the same, He occupies his time fairly well. He is rather hypochondriacal imagining his health is falling off: except a tendency to constipation there is nothing apparently the matter with him physically. H. J. Mackenzie.

March 5th He thinks that his greatcoat being too tight has injured his lungs & says he feels an oppression in his breathing in consequence & talks a great deal about the evil effects of pressure on the internal organs. He is very talkative & evidently weak minded. H. J. Mackenzie.

April 4th. He occupies himself largely in reading & does some office work occasionally: he also goes messages with the City, sometimes. He shows his weak minded state by his conversation & general deportment. He is in very fair health but suffers from constipation, for which he is taking a mixture containing Liq. Strychni $\mathfrak{m}\mathfrak{xxx}$. La Belladonna. $\mathfrak{z}\mathfrak{i}\mathfrak{ss}$, Aquam ad $\mathfrak{z}\mathfrak{viii}$ $\mathfrak{z}\mathfrak{ss}$ three day, & Pulo Glycyrrhizae when required: he has improved somewhat under treatment. H. J. Mackenzie.

" 22nd Yesterday he went out for a walk alone as he has frequently done before & did not return till late about 10.45 pm when he seemed confused, as if he had been drinking. This morning he tells me that he bought $\mathfrak{z}\mathfrak{i}$ of Laudanum from each of two chemists then walked out to Battercrambs Woods & drank the whole quantity because he believed in the sentiment "It is better not to be than not to be nobly"; this life he thought was useless, & he wanted to

taken away. Enquiry at the two Chemists he named showed that the Laudanum had been purchased. Pupils are now small equal circular & react very slightly to light.

His friends have been communicated with, with a view to his being certified.

H. MacKenzie.

He was admitted as a certified patient on May 1st. H. MacKenzie.

Francis James CommonAdmitted 11th August 1896.

He is a stoutly built man, of about medium height: well nourished. Head well formed. Hair brown closely cropped: wears a moustache. Speech on admission was somewhat thick & indistinct.

Thoracic & abdominal organs are apparently healthy.

He is stated to have been drinking heavily for some time.

He has had outbreaks of this sort at long intervals one four years ago & another ten years ago.

On admission he was very sleepy & said he wanted to go to bed at once. He lay down on a sofa & slept for several hours. Hf. Mackenzie.

Aug. 12th He slept poorly last night. Now he is agitated, restless & impatient. He says he feels he is dying. In the morning he wrote out a notice that he wished to leave but later on wrote it up. He had a mild Turkish bath, & has been given a mixture containing $\text{Si. Capivi } \text{m} \text{ } \text{iv}$ $\text{Spt. Am. Ar. } \text{m} \text{ } \text{xvi}$ $\text{Spt. Utra } \text{m} \text{ } \text{xvi}$ $\text{S. Zingib. } \text{m} \text{ } \text{x}$ $\text{Syr. Soluton } \text{z} \text{ } \text{ij}$ $\text{Aq. ad } \text{z} \text{ } \text{ij}$ every 3 or 4 hours. Towards evening he was more settled & not so restless as he had been. Hf. Mackenzie.

11. 13th Last night he was very anxious & a sleeping draught was given. Paralytic. He slept well through the night & this morning is still sleepy. He is rather more reasonable & calmer, but is still nervous & frightened, & troubled by fears that he will lose his position in business etc. He is having another Turkish bath. He has taken food well. Hf. Mackenzie.

This patient left The Retreat on August 17th 1896.

Hf. Mackenzie

Mary Eleanor Smith.

admitted October 3, 1896.

She is of medium height, of fairly good physique & well nourished. There are no signs of recent disease & no marks of recent injury except for a slight superficial bruise in the left side of the neck. Complexion fair. Hair grey with artificial front. Features regular. Eyes grey, opacity of right pupil & an iridectomy has been performed on the left side. Tongue fairly clean. Teeth defective at sides, fairly good at front. Finger joints slightly enlarged. No physical signs of organic disease of heart or lungs. Abdominal organs apparently healthy.

She is apparently somewhat weak minded, very much wrapped up in herself & fond of talking of her ailments, but whether these are real or imaginary it is difficult to tell at present. She is by no means unpleasant, but is nervous & timid & does not seem to like the idea of stopping at Bellevue, where she has a bedroom to herself, sharing the sitting rooms with others. She says that she suffers from chronic constipation & rheumatic foot & she suggests all kinds of medicines; she has evidently been in the habit of taking medicines regularly. Costaunwell

October 9th

She has settled fairly comfortably & until this morning has not shown any evidence of delusions, though there has been something almost indescribable about her which stamped her as of unsound mind. This morning however she came over to the Retreat to see Dr. Pierce. She was apparently agitated & at first disinclined to speak, but afterwards said that she thought that people were plotting against her. She has been out for walks & also shopping in the city & on one occasion when out she bought a box of Tamar Indian. She is evidently suffering from some delusions, but she keeps them in the background. Costaunwell.

October 10th

Yesterday afternoon she was out walking in the grounds by herself when she was missed, nothing was heard of her till a telegram came from her at Malton saying that she was with friends there, a later telegram came from her friends asking for some one to meet her at York station between 8 & 9. She was met at the time named. She could give no reason for going. Costaunwell

October 17th

She is hesitating in manner & at times seems to be in a confused state. She imagines that she is suffering from a variety of ailments, rheumatic foot etc. She appears to put some sort of wrong construction on what is said to her & twists things about in her mind until she is thoroughly confused & almost unable to explain herself. She is apparently comfortable, but is undecided whether to go or stay. Her bodily health is fairly good & she apparently sleeps well. Costaunwell

October 24th

There is no material change in her condition. She has the same hesitation in manner & speech & never can decide what to do or whether to go out or not. Her bodily health keeps good. Costaunwell

October 31st

She imagines that she suffers from almost every ailment that flesh is heir to: her latest proposition being that she should wear a belladonna plaster over the region of the heart, for some imaginary ailment of that organ. She is entirely unable to think for herself & does not like other people to suggest for her. She still thinks that people are plotting against her & that no one wishes to have her, that we wish to get rid of her etc. Costaunwell.

November 26th

There is no material change in her mental condition. She hesitates very much in all that she says or does & her manner is most undecided. She is very reserved & will not speak openly to me though she frequently seems as though she had something to say & cannot make up her mind to say it. She handed me her notice to leave this morning & this I accepted & wired to her friends, but this afternoon she sent for me & requested me to give it back & allow her to stay. She had made arrangements

to go to Belper in Derbyshire to stay with friends & she asked me to write & write to them. However plainly anyone may speak to her she is certain to put a wrong construction on what is said. Miss Godson states that the patient is afraid to go outside the gates, but the patient will give me no reason & when spoken to on the subject remains silent. She tells me that she had written on the notice six times between the 23rd & today before she was satisfied that she had said what she wanted to say. She says also that she is obliged to write all her letters several times. Her bodily health keeps good & she looks well. Coltunwell.

November 29th She is still very undecided & today after an interview & just as I was leaving the house she sent word that she wanted to see me & simply asked one question: viz: - "Have you anything against me?" to which of course I replied "No" & she went back to her dinner. She evidently has some ill defined delusions of persecution. Coltunwell.

December 8th Since the last note she has been very reticent & reserved, but has shown just the same vacillation & indecision. This morning Miss Tindall from Haze Rectory, Belper called & persuaded the patient against her will to leave & go to stay at Belper with the Rev: Tindall & herself. The patient was at first apparently anxious to go but could not make up her mind definitely & only decided at the last minute. Miss Tindall was warned of the responsibility she took upon herself & left Belle Vue at 2.30 pm to catch a train at 3. pm. (See letter book, page 313. Dec: 7. 1896) Coltunwell.

Benjamin Holland Stephenson

admitted October 14th 1896.

He is a short man, of small build, but fairly well nourished. There are no marks of recent injury & no signs of recent disease. Features regular. Complexion dark. Hair turning grey with beard, whiskers & moustache of same colour. Eyes brown, pupils equal, reacting to light & accommodation. No physical signs of organic disease of heart or lungs. Abdominal organs apparently healthy. Tongue slightly furled. Teeth very defective. Pulse 88.

He is depressed, agitated & miserable. He has an anxious & careworn expression. He is timid & apparently apprehensive. He states that he cannot help feeling miserable & that he will never be any better. He admits that he has practised masturbation & attributes his present state to the practice. He says that for some time past he has been unable to occupy himself & that he wants to get better on account of his sister, but that he has no hope. He is restless but has managed to play a fair game of billiards this evening. (dodge, to sleep in room with attendant)

C. Strawell

Oct. 20th. He is very restless & uneasy. He says he is in constant fear from the other patients. He apparently can settle to nothing but wanders to & fro in the corridors. He does a little work in a fitful way. He takes food well but he sleeps very poorly.
H. Mackenzie.

.. 24th He was in bed all day yesterday saying he was too bad to get up, - he felt too weak. He told me he thought he suffered from some bodily disease of a serious nature & that his genital organs were shrivelling up. He is about as restless & miserable as ever & thinks he should never have come here but can hardly make up his mind whether to go or stay. He sleeps poorly. Twice he has had a draught of 30 $\frac{1}{2}$ p of Paraldehyde & has slept well after it. He has done a little work out of doors - rolling the golf greens etc. H. Mackenzie.

Nov. 2nd. Today his sister visited him & he left with her. There was little change in his condition but he was if any thing a little more settled. H. Mackenzie.

A LEEDS CASHIER'S DEATH.

INQUEST AT BIRKDALE TO-DAY.

Mr. Jones, Deputy Coroner, held an inquest at Birkdale Common to-day, on the body of Holland Benjamin Stephenson (52), cashier, Leeds.

The evidence adduced showed that the deceased became mentally depressed during October, and said life was not worth living. On November 2 he went to Southport for hydropathic treatment, under which he seemed much better. On Thursday morning he parted from a friend, saying he was going to see the doctor. Instead of doing so he purchased a revolver and some cartridges, professing for a friend going to South Africa. He took the train to Birkdale Common, asked the way to the open country, and at a quarter-past three he was found dead, but warm, in a ditch on Halsall Moss, shot through the head, with the revolver close by. There was no sign of any struggle.

A verdict of "Suicide while temporarily insane" was returned.

VENEZUELA, 240

York Home Learning Press, 1896

Harriet Elizabeth Mary Morgan

admitted February 22. 1897

She is tall & thin & her physical condition is not materially changed since she left here in June '96. She is somewhat depressed & says that she has lately been worried over money matters. She kept to her room almost from the time of admission till she came down to a dance in the evening, this voluntary seclusion is not her custom. Costa

February 23^d She is reported not to have slept at all. She is very depressed. She does not take food well. Spent most of the day lying on a couch. She says that apparently the other patients do not want her here. Declined to go out. Costa

February 24th She is reported to have passed another bad night. She says that she hears voices "a muffled voice" calling to her "bloody Mrs Morgan". She says that she had a vision in the night & saw the figure & face of a man on the wall & this approached her & frightened her very much. She recognized the figure. She says that on former occasions the voices were caused by her illness, but that now they are caused by her wickedness & they tell her that she has among other things committed murder. She commenced to menstruate this morning. She has had a special nurse. Costa

March 1st She has spent a couple of days in bed after the last note was made & has been carefully watched all the time. She has the hallucinations just the same as mentioned above. She is miserable & depressed & says that this is different to her other attacks & is altogether caused by her wickedness. She takes food very badly. She sleeps badly. Costa

March 7th She is still very miserable & is frequently unoccupied, though at times during the week she has been more cheerful, still the brightness has soon passed off & given way to gloom. She still sleeps badly & she does not take food well. Her expression is sad & careworn. She does not care to go out. She is making arrangements to return to Wobey. Her bodily health keeps fairly good. Costa

Alice Fane Stoddard Sturge

Admitted 5th Oct. 1897

She was a certified patient here from Nov. 10: 1890 to May 19: 1891. & again from March 6 1896 to Feb. 24: 1897 when she was discharged recovered

She is well nourished & in good bodily health. There are no signs of physical disease.

She converses freely. She said she was willing to come in if we would keep her always ~~there~~

She says she feels she has not been so well lately & therefore was willing to come back. H. J. Mackenzie.

Oct. 11th. She sleeps only poorly. She is disinclined to occupy herself. At times she is sullen & taciturn & will hardly speak. She eats poorly. H. J. Mackenzie.

- 18th. She has been getting steadily worse since last note. She has refused food & has taken very little for some days. She is reserved & taciturn & is untidy in her personal attire. Steps have therefore been taken to have her certified & she was today admitted as a certified patient
H. J. Mackenzie.

Henrietta Elizabeth Mary Morgan.

Admitted Oct 18: 1897.

She has been staying in Lodgings in York for some weeks & came frequently to the Retreat. She apparently felt a need for some further supervision & arranged to come in. She says it is like coming home to her to come back here.

She has frequently been a voluntary boarder here before. - the last time was February of this year. She is fairly well nourished & shows no sign of physical disease.

H. J. Mackenzie.

Oct 25th The first two days after admission she remained in bed as she was menstruating. She is now up & about as usual. She goes out for walks & dines - comes to the entertainments & plays the piano. H. J. Mackenzie.

Nov. 1st She occupies her time as above. She is exceedingly rude to Dr. Noah Kemp & avoids her as far as possible. She is in fairly good bodily health. H. J. Mackenzie.

" 8th She goes on much as usual; walks out a good deal. She eats & sleeps well. H. J. Mackenzie.

" 14th She left today went to Skley. H. J. Mackenzie.

Joseph Briggs

Admitted Nov. 14: 1894. Age 72

He is a stoutly built man, rather above middle height, well nourished - has a healthy rosy tinge to his face. Pupils react normally to light. Teeth gone above (he wears artificial ones) Palate normal.

He shows no sign of physical disease in thoracic nor abdominal viscera. [See Case Book XI, p. 118]

He was here as a certified patient from Sept 11: 1878 to Mar 4: 1879 & was discharged Recovered

He now complains of feeling great restlessness & inability to sleep after about 3 a.m.

While he is lying awake he begins to think life is not worth living & he wishes he could find a way out of it, which thoughts distress him. He says he has wished for a bath to drown himself in. He has never made any attempt of suicide. H. f. Mackenzie

Nov. 24. He has improved somewhat. He sleeps better getting five or six hours' sleep. He tells me he has had none of these "dreadful feelings" since he has been here. He is very restless & uneasy at times & thinks he has made a mistake in coming here at all. Much of his time is unoccupied. He does not play games & cares little for reading though he occasionally looks at a paper. H. f. Mackenzie

Dec. 1st. He has been better & more cheerful & settled, but today he not so well & is irritable & restless. He wanders about the corridors & cannot settle to anything. H. f. Mackenzie

- 8th. He improved again since the last note but for the last few days he has been very irritable & depressed & has been inclined to refuse food. He says he thinks something is going wrong at home with his business but he can assign no reason for thinking so. He is usually worse in the morning & improves as the day wears on. He sleeps fairly well. H. f. Mackenzie

- 16th. He still has fears that something is going to happen to him & that things are going wrong at home & he is very anxious to home to see about them. He has left today with his son his family having decided to give him a trial at home. H. f. Mackenzie.

Morgan Harriet Elizabeth May.

Admitted Feb. 8. 1899

She appears to be in a restless rather unsettled state. She has been living in lodgings in York and is anxious to come here as ^{she} gave a days notice of her wish to do so. She was urgent in her desire to come in & would not wait for the rooms to be got ready, properly. She is in fairly good bodily health. She has been placed in the Belle Vue Cottage. She was here as a V.B. from Oct 18 to Nov 14th 1894 & previously 1899 as a patient.

H. J. Mackenzie.

Feb. 15th She seems well contented. She goes out a good deal. She says she thinks she will stay here till April. She is always rather feeble minded but shows no sign of being worse than usual.

H. J. Mackenzie.

.. 22nd She suddenly developed a strong desire to go to Gt. Gley & get "more country". It appears that as a confinement was expected in the Cottage she wished to get away before it was very inconvenient when she was just too late. She left today & went to Gt. Gley.

H. J. Mackenzie.

April. 7th She has returned today. She appears to be rather depressed but is otherwise much as usual. She is restless & unsettled. Her bodily health is good.

H. J. Mackenzie.

.. 14th From what she has been telling Dr. Pierce it appears that she hears voices & has heard them more or less constantly for a long time. She seems in a way to know what they are yet at times they influence her conduct & seem to have a good deal to do with her restlessness & to be in large part the cause of her coming & going or frequently never settling for long in any place.

H. J. Mackenzie.

.. 21st Today she has left & returned to Gt. Gley.

H. J. Mackenzie.

May 15th The spirit of unrest having again come upon her she returned to the Belle Vue cottage today, in the hope of soon getting into the Retreat itself. She is in much the same condition as when she left. She appears to feel safer when in or near the Retreat than when in lodgings by herself.

H. J. Mackenzie.

.. 14th She has today come into the Retreat bar room in the Centre.

H. J. Mackenzie.

.. 26th Today she has left making some excuse of having to go some about business matters but she seemed glad enough to catch at any excuse. She has gone back to Gt. Gley.

H. J. Mackenzie.

June 8th She returned to the Retreat again to-day, on the plea that she got depressed at Gt. Gley. She in return goes about a good deal but no special object in view: requires a lot of attention from the nurses.

N. Kemp.

June 15th She left to-day being desirous of returning to Gt. Gley.

N. Kemp.

June 26th She returned to the Retreat to-day, having wired for permission to do so. This time Dr. Pierce stipulated for a month's residence to which she agreed.

N. Kemp.

July 30th She continually thinks ideas & something wrong with her. That it

Fanny Petshell Bunt.

Admitted Nov. 24th 1894

She is of medium height & fairly well nourished. Her hair is brown. Her eyes grey. There is no evidence of injury, no physical signs of organic disease. Menstruation normal, & there is some constipation. Her mother died about 2 years ago, having become insane before the end. The patient herself was ~~conspicuous~~ in the beginning of this year, ^{for a short time} ~~was~~ ⁱⁿ Cheshire Asylum, near Manchester, ^{as a voluntary patient} & recovered. She has not been in good health for some time past nor has had to give up her work, viz. bookbinding. She suffered much from pains in the back of her eyes. For weeks, she has been suspicious of their having been watched, of people getting into her room at night, of hearing footsteps on the stairs & in the drawing room. She has thought that she had been followed into a shop. She thought she had lost control over her thoughts & that she communicated them to others involuntarily. She has not been sleeping at all well.

R. Kemp.

Nov. 29th. Last night she was very depressed & requested she allowed to sleep in the observation dormitory, as she felt suicidal & could not trust herself. She said she felt as though she were being assassinated: accordingly she was moved into the observation dormitory about 10.30 P.M. To-day she has also been very depressed, saying she did not know how she was going to get through the night.

R. Kemp.

Dec. 6th. She has been rather brighter, & sleeping much better. She thinks some drug was put into the milk she got in the other night. She does not think the milk was poisoned, but that the nurse in ignorance had given her some sedative. She keeps herself employed & eats fairly well.

R. Kemp.

Dec. 12th. She sleeps better: thought the other day her milk had been poisoned & got excited when Miss Kirk, Nurse Hodgson & Leach drank some of it, & said it did us no harm, she owned to her mistake. Constipation troublesome - taking aperient.

R. Kemp.

Dec. 19th. Wanted to send a letter to the Committee, today that, if the people who are making accusation against her, would come & have it out with her - she was ready to answer any question put to her. Was soon dissuaded from sending it, no accusation of crime having been made.

R. Kemp.

Dec. 29th Rather brighter & less suspicious but moody.

R. Kemp.

Jan 29th 1845.

There is not much change to date. She is unoccupied & very absent minded. Still suspicious of various people. Body's health good. R. Kemp.

Feb. 5th. She left to-day for Scarborough. R. Kemp.

March 5th. She does not improve. absent minded, thoughtless & idle.

Often laughs without any reason. Often suspicious. R. Kemp.

29th March. She left to-day for Cheshire at, Cum Manchester. R. Kemp.

Morgan, Harriet Elizabeth Mary. from page 14.

is very necessary for her to take special care of herself. She is neither a cannot easily settle to any game for any length of time. She requires as before a good deal of attention from the nurses. R. Kemp.

July 12th. To-day she went to Bridlington to look for rooms as she wanted to leave the Retreat. She was accompanied by Miss Gordon. After some conversation with Dr. Pierce, she was less eager to leave. Finally returned from Bridlington without taking any room & determining to remain a little longer in the Retreat. R. Kemp.

July 21st. She left the Retreat to-day for Skelley. R. Kemp.

Aug. 30th. She was admitted again to-day: she appears to be fairly cheerful: she is at the cottage in Skelley at Belle Vue & has to go to the Retreat.

Aug. 28th. This morning Mrs Morgan appears very depressed: she has not slept much for some nights having been kept awake, at all days by people talking outside; she hears the people calling her husband's name, & she thought that she had been in the street also, as she had heard someone say "D." She has also had some hallucination of sight - seeing some faces on the blind. She is depressed & fearful, I think she is not wanted in the Retreat. She is not eating well. To-day she came into the Retreat, & she sleeps in the 9th Gallery. She is not to go beyond the ground alone, & a watch is to be kept on her movements inside. R. Kemp.

Sept 1st. She is very depressed, not sleeping & not eating well. Has twice screamed in the night, saying she had a nightmare. I think she is not wanted here & that everyone goes out of the room when they find she is in it. She talks about wanting to leave. She sits in the corner of the drawing room 20/10 most of the day & she does nothing. R. Kemp.

Sept. 8th. She continues to hear voices, & cannot make out what is real & what is not, some of the voices she knows & some she does not. She wakes up one night, & said she was going to be killed. She is completely

Bryan John Francis Selvin. F.B. 35 Admitted Oct. 24: 1898

- He has frequently been a patient here before he was last discharged on Feb. 4: 1896. He is now in a state of mild excitement & appears to be on the eve of a break down. He has been living in lodgings at Acorn with an attendant. He has been restless & sleeping badly. He has also been giving presents & spending money, pretty freely which are usually bad signs with him. He is in good bodily health but is rather thinner than usual. H. J. Mackenzie.
- 1898
Nov. 12th. He appears to be a little better. He sleeps fairly well. His talk is sometimes a little foolish but otherwise there is not much amiss. He goes out for drives daily. H. J. Mackenzie.
- 15th He continues much the same as in good bodily health. H. J. Mackenzie.
- 30th He is gaining weight. He is quiet & talks sensibly. He spends a large part of each day in driving in rather exacting standard. He loses in the distance he goes. He eats & sleeps well. H. J. Mackenzie.
- Dec. 29th. He continues much about the same shows no signs of getting worse: apparently the attack which threatened is passing off. H. J. Mackenzie.
- 1899
Jan. 21st. Yesterday he had a passing attack of right sided hemianopsia (partial) which passed off in a few hours. In the evening he had an early attack of conjunctivitis. It was treated with zinc sulph. gr. ʒ in ʒj of water. This morning it had passed off & his eye was normal. He keeps much the same mentally: goes out driving daily & often goes to the meet for hounds. H. J. Mackenzie.
- Feb. 25th. He has remained well since the above note. He goes out driving frequently. H. J. Mackenzie.
- March 23rd. There is no particular change to report. He is occupied as above. At times there are slight symptoms of excitement. H. J. Mackenzie.
- April 20th. He is rather irritable & shows signs as of a coming break down. He is more talkative than usual & laughs more. He continues to go out driving. His bodily health is good. H. J. Mackenzie.
- May 24th. The threatenings of a break down have passed off & he is now going on much as usual. H. J. Mackenzie.
- June 22nd. No change. H. J. Mackenzie.
- July 20th. No change. H. J. Mackenzie.
- Aug. 22nd. No change. H. J. Mackenzie.
- Nov. 22nd. Yesterday while out fishing he slipped down a steep bank into the river & got wet up to his neck. He scrambled out but in doing so he strained his right knee. There appears to be a slight synovitis in the joint: it has therefore been wrapped in cotton wool & bandaged & he says it is much more comfortable. H. J. Mackenzie.
- December 4th. His knee is now all right, & he is none the worse for his accident. H. J. Mackenzie.
- March 26th. There is no material change. He has been going out driving daily sometimes to visit sometimes to see the fox hounds meet & sometimes just for the drive. He

gets irritable at times nothing seems to please him then but mostly he is in a good humour His bodily health is good. H.F. Mackenzie.

June 30th He continues much the same. He goes out driving daily. He spends money pretty freely likes to give numerous presents. He says he is comfortable here winter today. He is in good health H.F. Mackenzie.

Oct 1st He remains about the same. His bodily health is good. H.F. Mackenzie.

Jan 3rd He shows but little change. He goes out for drives daily. H.F. Mackenzie.

31st For the past week or ten days he has not been so well mentally. He has been collecting trifles in the garden stying them up with string: he has been talking in rather an excited way & has been rather irritable - all signs which seemed to suggest a coming break down. But he has improved again & within the last day or two has been quieter & better. He has had an attack of indigestion for which he was given Sod Bicarb ʒiʒss before meals. He has now quite passed off H.F. Mackenzie.

Feb. 14th He is irritable somewhat excited. He talks in a rather foolish, childish way. He is neglectful as to his personal appearance. He works about in the garden in a way he does not do when well. His indigestion is better. He sleeps well. H.F. Mackenzie.

March 14th The excitement & irritability have gradually passed off & he is now much as usual. He is not driving out as much as he did & spends more time in the grounds. His indigestion is better H.F. Mackenzie.

June 17th He returned two days ago (15th) from Scarborough where he has been staying, with an attendant, for a fortnight. He appears somewhat dull & complains of indigestion; due, he says, to the bad cooking at Scarbro'. He has been given a mixture of Sod Bicarb ʒiʒss T. Gent ʒiʒss Ag ad ʒiʒss, ʒʒss before meals. He seems well satisfied to get back here. H.F. Mackenzie.

24th He has become depressed & apathetic. He has for three days he has spoken little & only in answer to questions. He is not taking food well. He is unoccupied with taking little apparent interest in what is going on. H.F. Mackenzie.

July 14th He has continued depressed & will not speak at all & shows interest in anything. Yet at times he seems distressed & looks as though he wished to say something but could not & seems frightened. He is taking food badly & looks considerably thinner. In consequence of his mental state showing no improvement but rather getting worse he has today been placed under certificates. See case book XIX, Page 152.

Emma Fermell. V.B.

Admitted July 199.

Aged 26 (?). Sister imbecile previously nursed from Retreat - (N. Hodgson in B.V. Demase).
Another sister once under care - is still excitable - (Marion)
Mother died under care -

Brother - W.T. Fermell Rathside Ballystown - brought patient over to England on
Wed. morn^g last. some years ago.

Past H. Has been suspicious of near relatives for some years - made a will ~~by~~ ^{some years ago.} this
an Edinbrough Solicitor Mr. J.F. Fairweather because she could not trust family lawyer

Recently a patient of Dr Craig's Dundudno. until about 1 mo ago - she then went
to her friends in Ireland.

D. Pro. Com^g. Was excitable in Ireland - at Beeston. Dr Clark wired for Nurse - Nurse Hodgson
sent over. Dr Clark advised certificates but friends would not hear of it - was
sent to York to be under Dr Puce's care privately, without his consent, & placed in
lodgings 7 B.V. Demase.

Patient excitable restless, has many delusions, that her food is poisoned that she
is dying of fever, that her brother & other relatives wish to get rid of her in order to get
her money, that the nurse is conspiring against her. On the way over she talked
freely to strangers and gave a woman a £5 note whom she had never seen
before.

She wrote very numerous excited letters - esp^l to Mr. Fairweather
& Dr Craig - The former called to see her on Thursday night (July 29) bringing Dr.
Sorenson - who had a long interview with her. Dr Sorenson said she was
decidedly insane & quite unfit to be under care in lodgings -

It was however impossible to arrange for certificates as no relative was
available - & she was admitted as V.B. under 48 hrs notice on July 1. to Belle Vue
House.

B.C. She remains in the same mental state - writes numerous letters - last night
July 2.99 implored me to give Dr Craig a parcel she left in her lodgings in case she should
die in the night, constantly talks of Dr Craig, thrust into my hand another parcel
for him & today implores me to let him see her saying that "she does not mind
dying but she would die happier having seen him first" Miss Marion Fermell
turned up last night wished at once to remove patient, whereupon patient
wrote that she would leave in 48 hrs. The two sisters were very excited first
arguing about Dr Craig, then about the detention. I formed the ~~the~~ conclusion
that Miss Marion was mentally unfit to take care of her sister, & declined to
allow her to remove patient before the expiry of the notice. She was very un-
reasonable. so I requested her to say good bye to her sister & leave.

Dr Craig called also last night but did not see patient.

She had a fair night under the circumstances but her delusions are
unaltered. I have wired to her brother that he must come over & that
unless patient is certified I cannot longer have anything to do with the case.

B. Bird.

Harriet Elizabeth Mary Morgan, from page 16.

- unoccupied all day, & does not care to go out, so it has been insisted upon. This is a change from the former settlement. Takes her food only fairly well; only speaks when spoken to. R. Kempf.
- Sep. 16th She continues to be quiet & idle, but talks whole talks less depressed, is now willing to go out, & has a better appetite. She has the hallucination of hearing yet, & complains of all sorts of "banging" during the night. Bodily health is good. R. Kempf.
- Oct. 5th She left to-day for Shelby. R. Kempf.
- Oct. 21st. She returned from Shelby again ^{yesterday.} to-day: she is quiet & depressed, & sits all day doing nothing, except when she is outwashing. She sleeps in a room with a nurse. R. Kempf.
- Nov. 1st The hallucination of hearing present in this case; she says she hears voices always, sometimes the voices of people whom she knows & of whom she has known: she says they say objectionable things: she is idle all day sitting in the ¹⁰³⁰ in the same position ~~and~~ doing nothing, occasionally going out for a walk. She does not come to any of the entertainments or "at Home" etc. Inclined to be indolent & to stay in bed a good deal. R. Kempf.
- Nov. 10th There is no change reported. R. Kempf.
- Dec. 13th Patient is a good deal brighter; she talks more readily, sometimes reads or plays the piano. She plays whist almost every day, as she is very fond of it. She now comes to the "at Home", though 1900 not to the other entertainments. R. Kempf.
- Jan. 23. She left to-day for Shelby being alarmed at the outbreak of influenza in the town. R. Kempf.
- Feb. 16. This patient returned to-day, as she found she was getting depressed at Shelby, being somewhat alone. She is sleeping at the Cottage & taking dinner, to & supper with the Centre. She is very cheerful, & pleased to return to the Retreat. R. Kempf.
- March 29. She has come over from the cottage to the Centre, accordingly. She had got into a panic one night hearing some one was at the window of her room. She is depressed again. R. Kempf.
- April 25th She has continued very depressed, sitting alone in her room, doing nothing all day, refusing to go out, only doing so under compulsion. She has been anxious to leave for some time, so at last she went to-day. Her brother having made arrangements for her. R. Kempf.

James H. Longe.Admitted July 15; 1899.

He is a man of rather over middle height well nourished. His expression is nervous & agitated. There is no sign of visceral disease. Tongue furred & tremulous.

He is stated to have been drinking since July 4th: he started with beer & went on to spirits or whatever he could get & was quite unable to stop himself. He has had several such attacks before but not so severe. He is now silent & moody & likes to be

1899 left alone. He says he wishes to stay here a few days to get over the craving for drink. H. J. Mackenzie
July 17. He is now much brighter, stalks more freely. He has slept well each night. His tongue is clean: his appetite is returning. He wishes to go home tomorrow

H. J. Mackenzie

.. 18th He left this afternoon. H. J. Mackenzie.

Bernard Crocker.

Admitted July 26: 1899

He is a well nourished young man Height 5'8" Weight 94.13 lbs. There is an old bruise on the chest. He presents no signs of visceral disease. His expression is vacant & fatuous, he is evidently weak minded. He does not speak unless addressed & then generally repeats his answer several times in a silly way.

From Hist. Mother's brother was never able to earn his living, she sister was insane but never under care. Patient's brother is under care: he was brilliant at school & passed the first M.B. exam at Durham well, but he did nothing after that.

The patient himself has never been quite right. He never could do much & has been worse the last two years. He has masturbated considerably. He has studied music & used to practice for five or six hours a day. His playing (piano) has deteriorated a good deal of late. The above facts were communicated by his father - Dr James Crocker of Bingley Yorks. H. J. Mackenzie.

Aug 1st He is irritable at times & presents any sort of control. He often refuses to go out. He plays the piano persistently & repeats the same tune over & over again. He has been taking food poorly. He talks in a silly way. He told me that the Queen was insane because she acted & spoke as if she was God & the Holy Ghost. He sleeps well at night. H. J. Mackenzie.

" 8th He remains much the same but often will not speak at all. H. J. Mackenzie.

" 15th He often sits quite unoccupied staring vacantly about him. He does nothing but play on the piano. He will not speak save seldom to any one else. He takes food poorly & is very irritable if pressed to take any. He often bursts out laughing with no apparent cause & can assign none. H. J. Mackenzie.

22nd He was today certified & admitted as a certified patient see Book XIX Page 28.

H. J. Mackenzie.

Sarah Hannah Milner

admitted Aug. 16th 1899.

She is unmarried, & aged 34: She is thin & rather above middle height. Her face is pale, with hair on the upper lip & on the chin. There is no sign of organic disease.

As a child she was excitable at school at least, was irritable & given to fits for younger sisters. Seven years ago, she had an attack of mania, during which she would eat & rage. This lasted for 6 months; she was under Dr. Packer's care. She made a good recovery: no cause could be assigned. Since then she has been at Kendal for 6 months, then near Blackpool, then at home for some months. During the last 2 or 3 years in a boarding house at Bunsdon, helping Miss Palmer. Six months ago she had a slight attack, & on Aug. 12th she was violent & abusive requiring restraint.

Since coming here she has been quiet, amiable & well behaved, doing a little housework, & joining in the amusements in the evening. She sleeps by herself. R. Kemp.

Aug. 22nd. She remains quiet & well behaved. She shows little & seems to be anxious to please, by doing whatever is asked her. She told me she felt very discouraged, at the return of the attacks of violence. She could tell when one was coming on, by her being so irritable beforehand. Then some new trials will be the cause of her violence, during which she does not care what she does or says, & she can't help herself. R. Kemp.

Aug. 30th She seems to be rather more cheerful; she keeps herself very well occupied, that taken to bicycling. She is quiet & does not appear to be irritable. R. Kemp.

Sep. 7th She continues to be cheerful & bright, keeping herself well occupied either with work in the morning which she does well, or bicycling & tennis. Bodily health is good. R. Kemp.

Sep. 14th There is no change, except. Bodily health is good. R. Kemp.

Oct. 22nd. She appears to be much more cheerful, doing her work willingly, & anything else that comes her way: This cheerfulness has unfortunately been upset by a visit from the "father paid" after dark. Etc.: She was much distressed by this. R. Kemp.

Nov. 1st She appears white & out of health, is nervous & is not quite so bright. She complains of her back a good deal: she has been ordered a day in bed & to keep quiet for some time & to take as

much rest as possible. Some of Iron & Quinine. R. Kempf.

- Nov. 15th She is much brighter again, & has improved with the rest. She has signed the paper for another 3 months, & when doing so told us how grateful she was for all that was being done for her etc. R. Kempf.
- Dec. 20th This patient continues to be bright & cheerful, always anxious & willing to help when she can. Bodily health keeps good. R. Kempf.
- 1900
- Jan. 20th Every now & again she seems to get exhausted & to have no energy, when she complains of her back, this without any special cause. A few days quiet rest & some iron usually put her right. Mental condition as above. R. Kempf.
- Feb. 20th She signed the voluntary Boarder agreement again yesterday with the same willingness as before. R. Kempf.
- March 20th There is no change to report. R. Kempf.
- April 24th Patient continues to be cheerful & industrious: she is very devoted to most forms of outdoor exercise, but is not quite strong enough for it all. Her manner toward persons & the dearest things is an awkward fashion. She is very kindhearted with the people about her. R. Kempf.
- May 24. There is no change to report. R. Kempf.
- June 24. Patient is cheerful, industrious & very happy & contented with her work & position here. She looks after the flowers throughout the house & has been given help so that she can get about. Her manner toward persons as before. She is most loyal to the institution. Her bodily health keeps good. R. Kempf.
- July 24. There is no change. R. Kempf.
- Aug. 15. Patient is happy & contented & industrious. She is liable to become very anemic, but Bland's Pills & rest, improve her condition speedily. R. Kempf.
- Nov. 15th Patient continues to be well pleased & contented with her surroundings. She is most sociable & willingly industrious: besides her work in the dining Hall, she looks after the plants in the house, waters them & looks after that want changing. She had one or two excursions in the summer, as well as being 3 weeks at Gainsborough & home in Scarborough, from where she only returned on Nov. 13th. Bodily health keeps fairly good, but she has to take Iron in some form or another pretty continuously. R. Kempf.
- 1901
- Feb. 15. Bodily health keeps pretty fair. R. Kempf.
- May 18. Patient has just returned from Banister where she has been for two weeks visiting friends. She is better physically for the change. Mentally unchanged. R. Kempf.

Benjamin Johnson.Admitted Sep^r 1. 1899.

Age 54, married - Formerly Solicitor's Clerk - Wesleyan

H.P.C. Recently has been extravagant, talkative, riding in cabs foolishly - in the past six weeks -

P.C. Is thin, gaunt, ill nourished -

Mental Condition. Is talkative, but apparently exhibits no delusions. He is constantly boasting of what he has done and can do. It appears to have been a hard working, largely self-educated man, also a successful solicitor's clerk. But he talks of these things with great freedom to anyone who will listen. He is restless & restless -

B. Pierce

Sep 14th Has settled rather better than was expected & is willing to carry on advice given. He sleeps badly, talks fast badly. Mental condition a shade better, he is rather less restless.

B. Pierce

Is taking Ac Nit Mur dil on V. DeLant Co. 3p. + 4s. and Bryn. hypophosphites.

Sept 12 - Appears to be more comfortable and less restless the last few days. He still talks very much of himself & his past work. He is apparently a man who has had a hard time at high mental pressure & has been more or less successful. He knows this and takes great pride in the fact. He does not mix with other patients but prefers reading by himself.

H. B. Fuller

Oct 12th Has steadily improved & gained weight & returned home recovered. Before leaving signed the pledge to remain an abstemious.

B. Pierce

Benjamin Johnson.

re-admitted Feb. 15. 1900.

H.P.C. Keeps well - tea total until about 14 days ago. When he became excitable & again began to take stimulants.

On Feb 9. 1900. appeared - covered out stay but said he would return on Monday - He signed the usual paper dating it Monday.

In the interval he went to Scarborough & was thrown out of a trap he hired & the damage amounted to £7.10.0 which he can ill afford to pay.

P.C. Thin very excitable restless. Same day signed a paper to leave but tore it up. Advised to stay in bed but would not do so.

Feb. 21st Worse - slept badly, delusional said last night that he was going to be fetched away by by soldiers. Wrote a paper saying he wished to leave but addressed it to a Mr. Crombie.

Certified.

B. Pierce

of June 20: 1900.
soft heart
are no other

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Mackenzie.
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NAME Benjamin Johnson

DATE OF ADMISSION. Sept 1. 99.

H.P.C. Recent

No. STATE. Married. AGE 52. Information given by wife. 118.

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FAMILY HISTORY.

GRANDPARENTS. Not known -
PARENTS. M. d. at Wakefield - F d. dd age -
BROS, SISTERS. 1 B. well - 2 S. died - 1 being }
CHILDREN. two - M. & F. 21 - well - } delicate.
INTERMARRIAGES.
INSANITY. Mother - thro accident
EPILEPSY. No.
ALCOHOLISM. No
OTHER NEUROSES.
PHTHISIS. None -
OTHER DISEASES.
FAMILY PECULIARITIES. None.
Family delicate.

TREATMENT ADOPTED. Hossein D. Audrick - }
also D. Smith. }

SUICIDAL?

DANGEROUS?

PHYSICAL CONDITION ON ADMISSION.

GENERAL CONDITION.

NUTRITION. WH. HT.

COMPLEXION. TEMPERAMENT.

TEMP. PULSE.

INJURIES.

HEAD.

EYES.

PUPILS.

TONGUE.

TEETH.

PALATE.

THORAX.

HEART.

LUNGS.

ABDOMEN.

URINE.

LIMBS.

NERVOUS SYSTEM.

REFLEXES.

TREMORS.

SPEECH.

HANDWRITING.

DIAGNOSIS.

PROGNOSIS.

DATE.

SIGNED.

PREVIOUS HISTORY.

CHILDHOOD. delicate - thin.
BODILY ILLNESSES. none -
Influenza 1899.
PREVIOUS ATTACKS. Jan 99 - June 98, 95.
CAUSES. x - -
DURATION. 1 mo 2 mo 1 mo.
WHERE TREATED. remain at home -
RECOVERY. became depressed.

RELIGIOUS PERSUASION. Wesleyan.

OCCUPATION. Solicitor's Clerk - 38 yrs

HABITS. with Newstead Wilson
Redhall.
Leeds.
Worked too long hours.

HISTORY OF PRESENT CONDITION.

FIRST SYMPTOMS July 21. 99.

ANTECEDENT CIRCUMSTANCES. Alcoholic lately -
Kiddie, in cab. - extravagant. sufficient to
ruin the family; ordered alterations
PROGRESS. last 14 days worse -

Certified.

Reynold Pierce

My doctor
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have been
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holding
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Good
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Joseph Edward Scott. Aged 40. Admitted June 20: 1900.
 Nutrition fairly good Height 5' 9 3/4" weight 90 + 2 1/2 lbs. Pulse 52 weak & soft. Heart
 sounds as rather feeble but no murmur is to be heard. Lungs normal. There are no other
 signs of any disease.

My doctor & friends think that
 for the past 16 months or so, I
 have been under a mental delusion
 about my personal religious condition.
 They attribute the cause very much
 to the great personal afflictions,
 particularly influenza, & to very
 heavy family afflictions & troubles,
 through which I have passed.

But my theory of the case is
 different, and I most strongly
 adhere to it, as almost the only
 possible correct one, altho' I admit
 physical aggravation may have
 arisen from the causes named above.

I have been an active member
 of a Dissenting Church for many
 years, but between me and my
 Maker I gradually lapsed, through
 unfaithfulness & disobedience to con-
 viction, into a hypocrite, while yet
 holding a fair standing amongst my
 fellows. This grieved much the
 Good Spirit of God, & 15 or 16 months
 ago, I was conscious of falling

of his case just before to come.
 In my this manner of conversation corresponds the way
 he left him in a very weak state. H. Mackenzie.
 though he will talk when talked to. He does a little
 at of time in reading. H. Mackenzie.
 a tonic of 1/2 gr. strychnin 4 or 5 times a day. H. Mackenzie.
 is out occasionally alone. H. Mackenzie.
 pronounced as ever that his trouble is spiritual not
 it goes on with discuss current events freely &
 strychnin. H. Mackenzie.
 brought today. He remains about the same. His
 4 3/4. H. Mackenzie.
 the 4th inst. & left the institution today. H. Mackenzie.

Benja

NAME Benjamin Johnson

DATE OF ADMISSION. Sept. 1. 99.

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PC. Is

No. STATE, Merrid. AGE 52. Information given by wife.

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Sept 4th H
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FAMILY HISTORY.

GRANDPARENTS. Not known.
PARENTS. M. d. at Wakefield. F. d. disease.
BROS, SISTERS. 1 B. well - 2 S. died. 1 living delicate.
CHILDREN. two - M. & P. 21 - well.
INTERMARRIAGES.
INSANITY. Mother - thro accident
EPILEPSY. no.
ALCOHOLISM. no
OTHER NEUROSES.
PHTHISIS. none.
OTHER DISEASES.
FAMILY PECULIARITIES. None.
Family delicate.

Sept 12 - Appears
At 20 of
he has
Annual

PREVIOUS HISTORY.

CHILDHOOD. delicate - thin.
BODILY ILLNESSES. none.
Influenza Sep. 99.
PREVIOUS ATTACKS. Jan 99. June 98, 95.
CAUSES. x.
DURATION. 1 mo. 7 mo. 1 mo.
WHERE TREATED. Remains at home.
RECOVERY. became depressed.

Oct 12th Has
leaving

RELIGIOUS PERSUASION. Wesleyan.
OCCUPATION. Solicitor's Clerk. 38 yrs
HABITS. with Newstead & Wilson Red Hall Leeds.
Worked too long hours.

Benja
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HISTORY OF PRESENT CONDITION.

FIRST SYMPTOMS July 28. 99.
ANTECEDENT CIRCUMSTANCES. Alcoholic lately -
Riding in cab. extravagant. sufficient to
ruin the family; ordered alterations
PROGRESS. last 14 days worse -

rapidly, into a apostasy, the Good Spirit departing from me every day since. This greatly alarmed me & brought great wretchedness and I have done hardly anything since but make violent & frantic efforts to arrest the apostasy, & regain some comfort but without avail. Of course this continuity of thought & attention to one subject only, has wrought havoc with the brain, and one great Dr in Liverpool gave his opinion that my ailment was entirely physical, declining to discuss with me my religious trouble tho' himself a Christian I believe. I have for 6 months been taking strychnine under his direction, with some benefit.

Because I have steadily maintained my conviction that my condition was due almost entirely to religious trouble because God had cast me off, there is no doubt I have given my relatives cause for concern & irritation, with my fearful melancholy.

URINE.
LIMBS.
NERVOUS SYSTEM.
REFLEXES.
TREMORS.
SPEECH.
HANDWRITING.
DIAGNOSIS.
PROGNOSIS.
DATE. SIGNED.

Certified.

Reaprod Pierce

Joseph Edward Scott. Aged 70. Admitted June 20: 1900.
 Nutrition fairly good Height 5' 9 3/4" weight 90 1/2 lbs. Pulse 52 weak & soft. Heart
 sounds as rather feeble but no murmur is to be heard. Lungs normal. There are no other

and moody & dreadful expressions
 of despair, frequently uttering vio-
 lent epithets of despair, by night
 when awake, as well as day, and
 which was trying for the members
 of my family & household.

Nevertheless I justify & adhere
 to my theory & position, both be-
 cause of my experience of this sad
 apostasy, and from Scripture.
 How can either friends or doctors
 deny the facts of my consciousness
 or think I am deluded with them,
 for "what man knoweth the things
 of a man, save the spirit of the
 man which is in him?"

It is also in accordance with God's
 own declared word about unfaithfulness
 - "I will spew thee out of my mouth."
 "Walk in the light while ye have the
 light, for if the light that is in thee be
 or become darkness, how great is that darkness."
 "For judgment I am come into this
 world, that they which see not may see,
 and that they which see may become
 blind." "For to him that hath shall
 be given & he shall have abundance but
 from him which hath not, shall be taken

of his case just before to come.

loomy this manner of conversation corresponds the
 eye left him in a very weak state. H. Mackenzie.
 ough he will talk when talked to. He does a little
 cal of time in reading. H. Mackenzie.

a tonic of *Lij Strychum* $\text{m} \div$ three a day. H. Mackenzie.
 ves out occasionally alone. H. Mackenzie.

owned as ever that his trouble is spiritual not
 al goes on with discuss current events freely &
Strychum. H. Mackenzie.

orough today. He remains about the same. His
 4 3/4. H. Mackenzie.

the 4th inst. & left the institution today. H. Mackenzie.

Benja

NAME Benjamin Johnson

DATE OF ADMISSION. Sep 1. 99.

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No. STATE. Mansid. AGE 52. Information given by wife. W.B.

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FAMILY HISTORY.

GRANDPARENTS. not known -

PARENTS. M. d. at Wakefield - F d. do. age

BROS., SISTERS. 1 B. well - 2 S. did. - 1 being delicate

CHILDREN. two - M. & P 21 - well -

INTERMARRIAGES.

INSANITY. Mother - three accident

EPILEPSY. no.

ALCOHOLISM. no

OTHER NEUROSES.

PHthisis. none -

OTHER DISEASES.

FAMILY PECULIARITIES. None.
Family delicate

Sept 12. - Appears
At 20 of
he has
inward
Oct 12th Has
leaving

PREVIOUS HISTORY.

CHILDHOOD. delicate - thin.

BODILY ILLNESSES. none -
Influenza 1899.

PREVIOUS ATTACKS. Jan 99. June 98. 95.

CAUSES. x.

DURATION. 1 mo. 7 mo 1 mo

WHERE TREATED. Mansid. at home -

RECOVERY. became depressed.

Benja
H.P.C. Key
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Feb. 21st W.
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RELIGIOUS PERSUASION. Wesleyan -

OCCUPATION. Solicitor's Clerk. 38 yrs

HABITS. with Herstead Wilson
Red Hall.
Leeds.

Worked too long hours.

HISTORY OF PRESENT CONDITION.

FIRST SYMPTOMS July 28. 99.

ANTECEDENT CIRCUMSTANCES. Alcoholic lately -
Riding in cab - extravagant. sufficient to
ruin the family; ordered alteratives

PROGRESS. last 14 days worse -

away that which he hath?
When the nuclear spirit is gone out of the man, he passeth through waterless places seeking rest & findeth it not. Then he saith I will return into my house whence I came out. Then goeth he & taketh with himself seven other spirits more evil than himself, & they enter in & dwell there and the last state of that man is worse than the first.
Now because I adhere as a certainty of my experience, to the belief that God had cast me away as an apostate, I am told I am under a delusion, - but only on this one point, for I am said to be as sane on all others as anybody else. But why should I be regarded as deluded? This I confess, that the utter hopelessness of my case Godward, has not unfrequently made suicide a real factor in my thoughts. I have found my own view of the case, amply & swiftly confirm'd in experience, while the prophecies of others of an improvement, & the return of comfort to the mind as the body grew stronger, I have found absolutely falsified. So I frequently say the outlook for me is infinitely terrific, as my attitude is mostly awaiting my doom, and I sometimes feel awfully lonely in spirit. Forgiveness of God, & misunderstood by men. I am growing daily worse, - hardened indifferent & abusive. Twice dead.
Rom. 12.

URINE.

LIMBS.

NERVOUS SYSTEM.

REFLEXES.

TREMORS.

SPEECH.

HANDWRITING.

DIAGNOSIS.

PROGNOSIS.

DATE. SIGNED.

Certified.

Beaumont

Joseph Edward Scott. Aged 70. Admitted June 20: 1900.
 Nutrition fairly good. Height 5' 9 1/2" weight 9 st 2 1/2 lbs. Pulse 62 weak & soft. Heart sounds are rather feeble but no murmur is to be heard. Lungs normal. There are no other signs of bodily disease.

The annexed paper is sent as a statement of his case just before to come.

Mental State. - His expression is gloomy & his manner of conversation corresponds to this.

- He tells me that he has had influenza & it left him in a very weak state. H. J. Mackenzie.
- June 24th. He is quiet & rather reserved though he will talk when talked to. He does a little work in the garden, & spends a good deal of time in reading. H. J. Mackenzie.
- July 4th He remains just the same. He is taking a tonic of Lig. Strychni $\text{m} \ddot{\text{o}}$ twice a day. H. J. Mackenzie.
- " 11th He continues about the same. He goes out occasionally alone. H. J. Mackenzie.
- " 18th He says he is no better & is as much convinced as ever that his trouble is spiritual not physical. He takes an interest in what goes on & will discuss current events freely & cheerfully. He continues to take Lig. Strychni. H. J. Mackenzie.
- Aug 30th He went to Gainsborough House Scarborough today. He remains about the same. He is taking Byrr's Hypophosphites twice daily 3/4. H. J. Mackenzie.
- Sept 26th He returned from Scarborough on the 24th inst. & left the institution today. H. J. Mackenzie.

Morgan, Harriet Elizabeth.

admitted June 23rd 1900.

Patient is cerebral, quiet, unoccupied, keeping much to her own room: she is restless & never remains long in ^{the} one room at a time, but going out is. She says she has pretty good nights. R. Kempf.

July 4. She left ^{to-day} with Miss Annie Peters for Goshaland, where they have got room. R. Kempf.

Pape, William Dunbar.

Admitted Sept 21: 1900.

Age 40. Married.

He is apparently in good bodily health & presents no sign of visceral disease.
Urine Acid 3.4/1030 No albumen no sugar.

He says that he has not been feeling quite himself lately & wishes to come here to recover. He gets on all right if not crossed but when thwarted he gets irritable & excited. From his account things do not seem to have been going quite smoothly between his wife & himself. He says she wished to have her way & he wished to have his & now he has come here to show her that he means to keep the upper hand.

Sept. 22nd He has slept well. He has occupied himself with reading, billiards etc. He complains of all his relatives & says that for the present he does not wish to have anything to do with them. H. J. Mackenzie

Sept. 29th He is now working in the garden daily. He talks much as when he came in. He suggests to the Chief Attendant as a good practical way to settle differences was to toss a coin & whichever lost stood up & let the other strike him in the face. He has not however tried to carry this into effect. He eats & sleeps well. H. J. Mackenzie

Oct 6th He has been more excited of late. At a dance two days ago he was very excited & odd in his behaviour. In leaving he made an attempt to put his hand under a lady's dress. He can give no coherent account of explanation of his conduct but talks in a rambling way as usual.

Oct 10th He has been certified & today was admitted as a certified patient. H. J. Mackenzie
See Case book No XIX p. 93.

Haye, Thomas.Admitted Oct. 29: 1900.

Age 62. Married.

He is well nourished as the thoracic & abdominal viscera are apparently healthy.

Urine acid sp. gr. 1022. No albumen. Copious deposit of phosphates.

- He is rather restless & irritable. He complains of sleeping badly w/ a peculiar feeling in his head - a sort of dizzy feeling at times aching. H. J. Mackenzie
- Nov. 1st. He slept poorly each night until last night when did a little better. Gets up during the night & disturbs other people. He is rather restless in the day time. He has been out for walks with an attendant. H. J. Mackenzie.
- .. 8th He is now sleeping in a single room & has been since Nov. 2nd. He is sleeping much better. He is more settled & less irritable than he was. He says his head feels better. He occupies himself in reading, listening to the radio & walking. H. J. Mackenzie.
- .. 15th He has made steady progress. He is much more settled. He sleeps well & occupies his time pretty fully in the day time. His appetite is good. H. J. Mackenzie.
- .. 23rd He left today & went home. His improvement was fully maintained. H. J. Mackenzie.

Adams, JohnAdmitted Jan 12: 1901.

Age 54 Married.

He is very thin & poorly nourished. There is no evidence of visceral disease in the thorax, or abdomen. His pupils react normally. Height 5' 4 3/4" Weight 8 st. 2 1/2 lbs.

He is depressed & irresolute. He hardly seems able to make up his mind to do anything.

He begins to say something & strikes in the middle of a sentence. He often does not answer a question for a long time until it has been repeated. He says he knows he is not well. H.J. Mackenzie

Jan. 19th He is troublesome in regard to food & is inclined to refuse it. He is depressed & unoccupied. He tells me that the other people are speaking against him, but that he has done nothing to give them cause. He sleeps fairly well but is sometimes restless. H.J. Mackenzie.

" 26th He continues restless & uncertain. He sits down to write a letter but spends hours over it without getting it finished & does not go into meals in consequence, unless forced. He calls after one in the corridor & comes apparently to say something of importance but when he gets a few words out he strikes & retreats & never seems able to say what he has on his mind. He seems to have an idea that his wife is here somewhere although he admits that her letters come from Dresden. H.J. Mackenzie.

Feb. 4th He continues restless & unoccupied. He is taking food better but shows no other improvement. He sleeps fairly but is often restless in the morning & often knocks at his door to get out long before the time for getting up & will not believe that it is so early. H.J. Mackenzie.

" 11th There is no improvement to report. He is unoccupied, restless & miserable. He talks in the same hesitating way over finishing a sentence. He takes food fairly well. H.J. Mackenzie.

" 26th He has now been placed under certificates & removed ^{today} to the North Riding Asylum at Clifton. He shows no improvement. H.J. Mackenzie.

1901

Sarah Hannah Milner

from page 24

- Aug. 18. Patient continues to be cheerful & contented: she is very energetic & takes a great interest in the other patients & is good to them & very helpful. She celebrated her 2nd anniversary here with a song party & took infinite trouble over it. Her duties are to water the plants in the house, a work she does only fairly well, being rather a trial to the nurses she fills so much water, her movements being nervous & jerky. Bodily health fairly good. R. Kempf.
- Sep. 14. Patient is in bed for a day or two: she admitted to having felt most irritable lately & having almost lost herself control, on one occasion over a new triple. She is very down hearted about it, but tries her best to look on the bright side of things. Treatment heat in bed, quiet & fresh air. R. Kempf.
- Dec. 14. Patient continues on now to be bright & cheerful, obliging & willing to take part in all that goes on. R. Kempf.
- Feb. 14. Patient left to-day to stay 3 months in a doctor's house in Richmond. R. Kempf.

Sarah Hannah Milner.

admitted Nov. 6. 1902

- Nov. 7. Patient returned yesterday. Since leaving here in February she has been staying in the house of Dr. Packer at Richmond, except for a few weeks in August when she was at home. Up about a month ago she kept very well, but during the last few weeks she has, on more than one occasion been on the point of losing her self control. She is very disappointed & cannot account for her failure in this direction. She does not think she has been overtaxing her strength. She looks anaemic & thin, but otherwise her bodily health is good. She is perfectly willing to do just whatever we think is best for her. She is to remain in bed for the present. R. Kempf.
- Nov. 10. Patient has been in bed since admission, getting up to-day for an hour & taking a walk in the grounds, then going back to bed. She feels this breakdown rather heavily & weeps easily when talking about it. She is eating well, & taking lact. ferri perleto. m. 7. t. i. d. R. Kempf.
- Nov. 17. Patient continues to rest a good deal, just getting up in time for dinner. She had a severe headache the night before last, & remained in bed all day yesterday. She is still rather depressed at having to come back here, but perfectly willing to do what is thought best for her. R. Kempf.

- Nov. 24. Patient is keeping better, & is beginning to look less white than when she first came in. She remains in bed till about 11 a.m. & goes to bed soon after tea. She goes out driving & walks in the grounds. For the rest she writes letters & reads. N. Kempf.
- Dec. 2. Patient continues to improve bodily & is rather more cheerful, getting used to the old life again here. She rises about 10 o'clock & remains up till about 8 o'clock. She is sleeping better now than when she first came in. Her wanner & throes are as feebly as ever. N. Kempf.
- Dec. 9. Patient is doing pretty well. She is resuming all her old interests in the place, & is never idle. Bodily health is improving. N. Kempf.
- 1903 Jan. 10. Patient is fairly well, but suffers a good deal from headache especially if she takes part in any social gathering here. She feels a good deal. She is not quite happy & contented, & her surroundings trouble her much more than they did formerly, & she is homesick to get back to Richmond. N. Kempf.
- Jan. 23. Patient is far from happy: she sleeps well & takes her food well & fully appreciates all that is being done for her, but the patients trouble & depress her. She is notably sympathetic & pitiful on the subject of her surroundings & the company she has to keep. She wept miserably this morning & told us the utter sadness of it all oppressed her unpeakably. She is to meet now before meals & to have a special nurse to go out with her & the company to her. N. Kempf.
- Feb. 15. Patient is much brighter & more cheerful & more like her old self. She anxiously hopes to return to Richmond at the end of this month. N. Kempf.
- Feb. 27. Patient left to-day for Richmond, where she is returning to the home of Dr. Packer. She has improved, but is still rather sensitive to her surroundings, & the troubles of the patients. N. Kempf.

Thompson, Thomas.Admitted Jan 14: 1901.

Age 46. Married.

He has been previously in the Retreat under certificates twice. Last time see Case Book XIX Page 64. He left on Aug. 10: 1900 on trial & was discharged & recovered Oct 9: 1900.

He has not been sleeping well of late hence his return as a V.P.

He is well nourished & shows no sign of visceral disease.

He is cheerful & happy & does not exhibit either excitement or depression. H. J. Mackenzie.

Jan 24th He is occupying himself with wood carving & drawing. He goes out for walks: plays billiards etc. He is sleeping well & in trouble. says he feels very well. H. J. Mackenzie.

" 31st He has a little indigestion but that is improving. Otherwise he is well. He occupies himself well. Last night he did not sleep well but except that he has been sleeping very well. H. J. Mackenzie.

Feb. 4th He is sleeping well now. He occupies his time well. He draws & paints & does wood carving. He goes out a good deal. He looks after the meteorological instruments. His general health is good. H. J. Mackenzie.

March 4th He is going on well. He occupies himself well - largely in wood carving. He takes an interest in all that goes on. comes to the entertainments etc. He plays the harmonium at the service on Sunday evenings. His bodily health keeps good. H. J. Mackenzie.

April 2nd He is just now engaged in carving a clock face in oak, which he has for the most part designed himself. He is always bright & cheerful. He is sleeping well. H. J. Mackenzie.

" 19th He has left today gone to live with his wife in lodgings in York. H. J. Mackenzie.

Rogers, Mary Amelia.

admitted Feb. 20. 1901.

Patient is an old grey haired lady from Dalton, Ga. She has signs of a past left sided hemiplegia, in face, arm & leg; she walks with the aid of a stick on account of the weakness of the one leg. She is about medium height & is fairly well nourished. The heart clumps are apparently healthy; the urine is normal. Oct. 63.

Mental Condition:

Patient had not nearly enough clothing underneath her dress, in fact was curiously attired, having on no chemise nor anything in its place. She talks coherently, but all about religion subjects & when asked how she is says - "God is taking care of me, & I shall be all right." In this strain she immediately talks to strangers, writes rambling letters on the same subject, which are innumerable to all sorts of people; she writes a great deal on painted test cards & sends them for postage like ordinary post cards. She has been quiet & reasonable since admission. R. Kempf.

Feb. 27. Patient has been quiet well behaved & manageable: she writes numerous letters to all sorts of people. She fell down in her bedroom one night but did not seem any the worse for it. She takes her food well, does some needlework or reads when not writing & goes out drives with the other ladies, & takes part in the "at Home", etc. R. Kempf.

Mar. 6. Patient has continued quiet & well managed. She is cheerful & sociable & not idle. She gives no trouble with her dressing etc. R. Kempf.

Mar. 13. There is no change since last note. Patient is sociable & friendly with the other patients. She keeps herself well occupied. One night she was a little nervous about herself, & fancied she was not well, but that soon passed off, & after the beginning of the night she did not bother the nurse again. R. Kempf.

March 20. Patient continues much in the same condition she writes numerous letters; she is a devoted & enthusiastic friend, is very sociable enjoying the "at Home" & entertainments. R. Kempf.

April 4. Patient is apparently quite happy & contented here; she keeps herself well occupied with sewing & writing. She goes out walking in grounds when she has someone to lean on, & driving. She is sociable & genial, & takes part in the various "at Home" & parties. Her bodily health is fair. She was in bed a few days lately on account of soreness of the feet, which soon disappeared. R. Kempf.

May 2. There is not any change. Patient is contented & happy here. She has a large correspondence, writing many letters & notes & sending off replies etc. She is local secretary of a peace society. Her walking is not good, a

She usually requires anurse to help her. R. Kempf.

June 9. Patient has been troublesome at night, getting out of room & wandering about, consequently she has been moved into an observation dormitory to sleep. Very talkative & always a strong religion element in her conversation. She continues to have a large correspondence: she not always quite tidy in her habits. Inclined to have mild attacks of conjunctivitis: bodily health fair. R. Kempf.

July 14. There is no mental change: bodily health is fairly good. R. Kempf.

Aug. 14. Patient had hoped & planned to go home but it was arranged for her to remain here. She went to Seaside for 2 weeks but had some diarrhoea there & was exceedingly low spirited and not getting home. She seems so now & does not care for her old interests here; she is quiet & does not complain a great deal. R. Kempf.

Sep. 18. Patient is quiet & keeps herself occupied with sewing, reading & letter writing. She is still very much disappointed about her little home, & that so far she had not been able to settle up things there, before the house is given up entirely. She moves about slowly, bodily health is fair. R. Kempf.

Oct. 10. Patient has kept pretty well lately, so to-day she left for home, where she is to have a companion to look after her. R. Kempf.

Lockwood, John.Admitted March 29: 1901.

Age 45. (6.11/6/55)

This is a fairly nourished man of medium height. He looks feeble but there is no sign of visceral disease. Pulse small irritable. Heart sounds are clear. Lungs apparently healthy. Urine sp. gr. 1025. acid reaction, contains no albumen: there is a deposit of mucus. His pupils react to light. His expression is rather vacant. He seems to take little notice of what goes on about him. He answers questions very slowly, solemnly but correctly enough.

1901

- April 7th. There is little change to report. He spends his time largely in reading. He walks out a little alone. He feels the cold a good deal & his hands are often cold. H. J. Mackenzie.
- .. 20th. He talks rather more than he did and so slowly. He does a little weeding in the garden. His general health is fairly good. He caters well. H. J. Mackenzie.
- May 29th. He appears to have roused up somewhat with the warmer weather & takes more apparent interest in things. He goes out by himself: does a little work in the garden & reads when in the house. H. J. Mackenzie.
- June 18th. He continues much about the same. H. J. Mackenzie.
- July 20th. He shows no material change. He goes out by himself. He does a little work in the garden but spends most of his time in reading. H. J. Mackenzie.
- Oct. 17th. He left for today. He was somewhat brighter though there was no great change. All his mental processes were slow. H. J. Mackenzie.

1902

- April 8th. This patient was admitted last night. He has been somewhat excited & talkative. The other day he rushed out of the house up the street & then began to take off some of his clothes. He is now rather excited & more talkative than usual. He seems quite content however to stay here. His bodily health is fairly good but his skin & his hands & feet tend to be cold. H. J. Mackenzie.
- .. 15th. He is quiet & requires no trouble. He is rather more talkative than usual but otherwise he shows little sign of excitement. He occupies himself chiefly in reading. H. J. Mackenzie.
- May 4th. He is going on very quietly & has settled down into his old quiet way. He always answers slowly, when addressed. He reads a little out in the garden, he also goes to a class of Swedish drill which has lately been started. He is rather constipated & is taking each evening a bi-faltered containing Col. S. Van E. & Bellad. & also. He is otherwise in good health. H. J. Mackenzie.
- June 10th. There is no change to report. H. J. Mackenzie.
This patient left the Retreat on July 10th 1902. H. J. Mackenzie.

1909

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Boyd, William Henry.Admitted April 1: 1901

Age 57 Married.

He is a tall, rather spare man. His heart clungs are normal. Urine of p. 10-30 acid reaction: contains no albumen nor sugar. There is no sign of visceral disease elsewhere.

He is depressed & has many hypochondriacal fancies. Thus he thinks that a foul faecal odour exudes from his skin, owing to his bowels not acting properly: that he does not pass enough urine & that in consequence water accumulates in his abdomen. He also says that the attendants at Morning Side Asylum gave him drugs, put them on his tooth brush, sponge etc. which made these troubles worse, & also made his rough irritable. He says he can never be better & his case is quite hopeless. H. G. Mackenzie.

April 4th. Yesterday he went out alone on parole shortly after two & met his wife. He was about half an hour too soon so did not meet her but walked on alone. He seems to have been overcome by a desire to get rid of his troubles & in a way he went to the Quay & jumped in. He was rescued by a police constable taken to the Police Station from whence he was fetched by an attendant & brought up here. The amplex cutting is from last night's Evening News.

He was rather chilly when he arrived. He was put to bed with a hot water bottle & is apparently none the worse for his adventure. He has been placed under certificates & today admitted as a certified patient.

See Case book XIX. Page 127.

GALLANT RESCUE BY A YORK POLICEMAN.

NARROW ESCAPE FROM DROWNING.

P. C. Whitaker, of the York City Police Force, saved a man's life this afternoon at great risk to his own, and there is no doubt that if his action had been in the slightest degree less prompt, the man would have been drowned. About half-past two he was on Skeldergate Bridge, when he heard someone shout that there was a man in the river. He ran down the steps, and about a hundred yards down the New Walk, and then saw a man in difficulty in the middle of the river. He at once swam to his assistance, and held the man up until a boat, skulled by William Hall, waterman, reached them. Both were got into the boat. The man had sunk twice before the constable reached him. The rescued and the rescuer were hauled, and they walked to the Police Station, where they were attended to and were given dry clothing. The man had jumped into the river near Skeldergate Bridge from the New Walk, and it is remarkable that he was not drowned as the river there is deep and as the current was strong, there being a good deal of "fresh" in. These circumstances make the rescue especially creditable. The rescued man was taken in a cab to the Retreat. He did not seem to be much the worse for his narrow escape from death. P. C. Whitaker's gallant act is worthy the notice of the York Humane Society.

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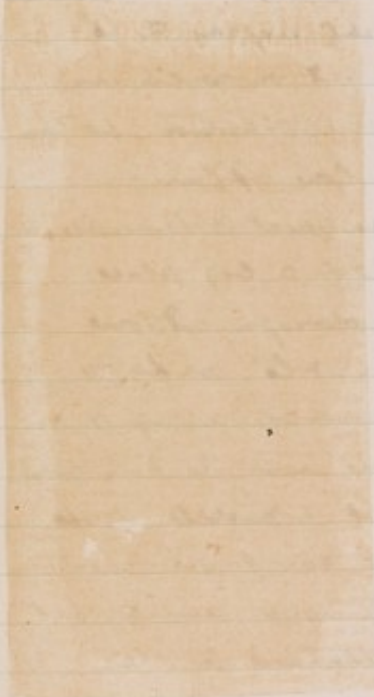
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Barnforth, Mildred.Admitted June 7, 1901

111 Bodwath Rd. Barnsley. Age 21, rather above medium height, fairly well nourished. Skin white & anaemic. Weight 8 st. 10 lbs. Temp. 98.2. There is no sign of organic disease of heart or lungs. Eyes - full brown, pupils big & normal reaction. Patient states she had rheumatic fever some years ago. There has been no sign of mental deficiency before this attack. There is no history of mental affection in the family: a Grandfather was intemperate. Mother died of Consumption.

Patient has been of good mental vigour, & has been accustomed to read & study. Is reported to have had odd fancies about dress. On 19th April 1901 patient was away in the middle of the night, gone home. She had been at a dance & after waiting about at the station caught a train for Scarborough. She has had impulses to leave home since then & has got up in the night to do this. A nurse has been with her for some weeks states she has twice been excited, has been inclined to self injury & to think herself dead: she thinks patient does not get on with her step-mother but does think there is any justification for this. There is thought to be the complication of a love affair.

June 8. Patient came in last evening: she was then quiet & sensible, & spoke frankly of not knowing this was such a big place. To night she told me about herself & her designs at some length: is inclined to reiterate her remarks & to make a great point of keeping the reason of her running away a most profound secret. She says that for some time she has been low spirited because everything was in such a muddle, & she kept thinking of all sorts of things & felt as if she could not keep thinking. She told me she has tried to injure herself, but never could quite do it. She is much attached to her father & regrets all the worry she has caused him. Treatment ordered is Rest, Seclusion & Local. Ferri perchlor & Mucil. & Mucil. R. Kemp.

June 14th Pt having expressed suicidal intention was placed under certificate. See Case Book XVIII page 311

Follows. Elizabeth Gertrude.

Admitted Nov. 7, 1901.

Oct. 28. Single. Second attack. Was here 4 years ago.

Patient is above middle height & is pretty well nourished. Weight 92-4 lbs. Temp. subnormal. pulse good; 78. No apparent organic lesion in heart or lungs. Urine normal.

Patient is quiet & perfectly well behaved: She talks pretty freely about herself, but is a little slow at answering questions. She complains that everything has got into a "mess" lately. She tells us she felt sure a man in Lancaster was in love with her, although he had not told her so, & had not shown her any special attention, in fact she seldom met him. She says she knew by the way he looked at her. She feels it to be very foolish about it, but is convinced she is in the right. Her sister tells us it is pure imagination. Patient thinks she has got the man into trouble in some way but can't explain how. Lately she has avoided meeting people at all & has kept too closely to her homework. She says she can never go back to Lancaster etc. She sleeps in a dormitory with another patient & two nurses, & has had a fairly good night. She is to have parole beyond the grounds. H. Kempf.

Nov. 11th. Patient is quiet & keeps herself pretty well occupied: She is somewhat inclined to get out of doing things, saying she feels tired & weak. She especially would like to shun the society of men. She eats well & sleeps well. H. Kempf.

Nov. 18th. There is not much change to report: Still thinks that the man in Lancaster was in love with her; to-night she asked us if she was supposed to be in love with Dr. Pierce, because she thought we thought she was. She plays hockey, but is inclined to get lost in her own thoughts. Bodily health keeps good. H. Kempf.

Nov. 26th. Patient continues much the same. She keeps herself very well occupied, but still would like to shun a mixed society, & is slightly inclined to be lazy, or rather only to adopt sedentary occupation, & to get out of hockey, walks, dances etc. Appetite good, & has not wanted to talk about herself so frequently. H. Kempf.

Dec. 2. There is no change in patient's condition. She is pretty much absorbed in herself, although she keeps herself fairly well employed. She thinks there has been some mistake as she is told & has deceived everyone etc. Bodily health good on the whole, had an attack of palpitation at hockey one day: Civilization is very slow. is unhappy in mixed society. H. Kempf.

Dec. 14. There is no change to report. Patient has been moved to Belle Vue, to-day. H. Kempf.

1902. Jan. 15. Patient remains in much the same condition. She is free of morbid ideas & gives to self introspection. & says she can't go on like this much longer etc etc. H. Kempf.
- Feb. 6. Patient continues to be very muddled & confused. She told me a few days ago that she did not want George Banor to make use of her mind & to work on it - & failed to explain in any way what she meant. She remains quiet & well behaved. H. Kempf.
- Feb. 15. Patient became violent & noisy on Feb. 12th at night & had to be brought to the Retreat from Belle Vue. She has been since - very confused, excited - stamping about the room & screaming. She says she has voices telling her she is the Devil etc. She has been Certified to-day & admitted as a patient. H. Kempf.
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Wood, Beatrice.admitted Jan. 23, 1902

2 Midland Rd., Hyde Park, Leeds. Aet. 24. Typist & shorthand writer. Well nourished, no sign of organic disease in heart or lungs. Temp. 98.4. Pulse regular, good volume, about 80. Scar on left side of the throat, posteriorly is the cicatrix of an incision to drain an empyema from which she suffered 1 1/2 years ago, subsequent to pneumonia. With this exception patient has had good health physically. This is her second attack of mental disease. Until her first attack which occurred 2 years ago, when patient was of a placid temperament & was much like other people. Her first attack lasted about 10 months, & was characterized by violence & dirty habits. She was treated at home & made a good recovery, & has remained well since then until Christmas 1901. The family history is good. Father died of apoplexy, mother is alive & Grandparents lived to 91 & 102 years of age.

About Christmas she gave way to crying a good deal. On boxing day, she was very confused & went out a walk with no stockings on. She was out all the afternoon alone. After this she was sometimes a little clearer, but was erratic in her conduct, would not dress herself properly etc. Treatment consisted chiefly in rest in bed & sleeping draughts.

On admission.

Patient signed & dated correctly the V.B. admission form, having first read it through carefully. She answers sensibly but appears a little bit subdued by her surroundings. She knows she had come to the York Retreat.

R. Kemp.

Jan. 27. Patient is quiet & well behaved, but does not do much. At first she refused her food, but only for a short time. She won't always do what she is told; but is emotional being inclined to laugh & cry at nothing. She is erratic in her toilet & does her toilet hair in a curious fashion. She speaks very little. R. Kemp.

Feb 3. There is not very much change to report in condition of patient. She is restless & aimless, erratic in her dress, & foolish in her remarks & sometimes so in her behaviour. R. Kemp.

- Feb. 10. Patient remains in the same condition. She is odd in her behavior & remarks, very erratic in her mode of dressing: when required to do things properly she is violent & resistive. She goes to entertainments etc under compulsion, but when there, seems to enjoy herself very much. Bodily health good. R. Kempf.
- Feb. 17. Patient remains in much the same condition as noted above. She gets into a bad temper when required to do something she does not like. Her conversation is foolish, & rather her remarks are apt to be far the seldon covered. Under supervision she keeps herself neat & tidy. R. Kempf.
- March 13. There is a little improvement in this case, patient does some housework & is more easy to manage. She is still quiet, but more reasonable over the daily duties of life. Bodily health good. R. Kempf.
- April 7. The improvement in this case continues. Patient behaves reasonably, keeping herself employed with housework & needlework. She goes out with another patient, & has parole inside the grounds. She comes willingly to the social functions & seems to enjoy them. R. Kempf.
- April 23. Patient is quite well again & has gone home to-day. R. Kempf.

Marriott, Sarah Ann.admitted June 4. 1902

of Merton. She is rather below medium height, & is of pale complexion. Her eyes are blue & hair grey, patient being about 60 years of age. Temp. 98.4. Pulse 100. Weight 87.6 lbs. There is a linear cicatrix below the umbilicus, towards the pubes, where 20 years ago the incision for an abdominal operation was made, for the removal of an uterine or ovarian tumour. Bodily health is apparently good.

She is rather congested & says she did not want to come. She is depressed & thinks there is no money to pay for anything.

She does seem quite to understand her position. R. Kemp.

June 7. Patient is restless & depressed. She writes letters about all her people being dead or starving in the street, & about her not having any money. She is troublesome with her food & sleeps very little. R. Kemp.

June 10. Patient continues to be restless & depressed. She tells me she hears voices telling her that all her people are dead. She thinks she has no money no food etc. She sleeps badly. R. Kemp.

June 14. Patient is much as usual. She is very restless & inclined to keep taking off her clothes, which she apparently thinks don't belong to her. At table she gives her food to the other patients, because she thinks she has no right to it. She is quite unoccupied & takes her food badly. Her friends have been written to with a view to certifying her. R. Kemp.

June 25. Patient was to-day certified & sent to the North Riding asylum at Clifton. R. Kemp.

Balkwill, Frederick Pryor.

Admitted Dec 30: 1901.

Having been discharged from certificates he is remaining as a voluntary Boarder. He occupies his time pretty fully in reading, writing etc. He joins in the amusements & entertainments of the place. He takes a great deal of interest in those about him & tries to assist them in any way he can. He frequently speaks at the Sunday evening meetings. He goes out on parole. His bodily health is good. H. J. Mackenzie.

1902
March 26th. He continues much the same. He is in good health. H. J. Mackenzie.

June 10th. There is no material change to report. He is in good bodily health. H. J. Mackenzie.

Sept. 24th. He is in good bodily health. He walks out alone. He occupies himself in reading, writing various mechanical employments. He also assists in the surgery. He (H. J. Mackenzie) went away with his brother to visit friends at Kirbymoorside for fortnight in Aug (14th to 25th).

Dec. 20th. He continues much in the same way as noted above. He is in good bodily health. He goes out alone. He breakfasts in bed & gets up at a variable time between that in dinner. He assists in the surgery, play, billiards, chess etc. & often speaks at the Sunday evening meeting. H. J. Mackenzie.

1903
March 14th. There is no change to report.

June 20th. No change. H. J. Mackenzie.

Sept. 19th. Since the above note he has been away twice on visits. On July 16th he went for a two weeks visit to Cambridge along with a friend. From Sept 1st to 19th he was at Phoenixby Hall, Scarbro. He continues much the same & is occupied as usual. His bodily health is good. H. J. Mackenzie.

Dec. 24th. He continues just as usual. He preaches most Sunday evenings; he assists in the surgery. He joins in games etc. He is in good bodily health. H. J. Mackenzie.

1904
March 25th. There is no change to note. He is in good health. H. J. Mackenzie.

Sept 30th. He remains just the same. He makes himself useful in various ways & joins in the amusements etc. He is in good bodily health. H. J. Mackenzie.

1905
Jan 4th. No change. H. J. Mackenzie.

April 10th. He is in good bodily health. He occupies himself pretty fully & goes on just as usual. H. J. Mackenzie.

October 9th. There is no particular change to note. He is in good bodily health. He goes out alone. He enters with interest into much of amusement that is going on & makes himself useful in various ways.

.. 21st. For the past day or two he has shown symptoms of commencing excitement. H. J. Mackenzie.

He has been restless & talkative. Yesterday morning he wanted to go off to Leeds by the morning train to marry a former member of the staff whom he declared himself to be in love with. In the night he had had a divine revelation telling him this was all right. He was however persuaded by B. Price to stay in & go to bed & rest instead. He slept fairly well last night at intervals. H. J. Mackenzie.

.. 27th. His excitement is increasing: he talks in a rambling, almost incoherent way, though he recognizes those about him. Last night he had a bad night & did not sleep at all; he was out of bed

a great part of the time. He also broke some of the bedroom crockery. He says he has telephone communication with people known in that way and he wants him to do without being told. He is taking nourishment well - chiefly liquid. Steps are being taken for his certification. H. J. Mackenzie.

1915
Oct 31st The night before last he had a very bad night, was out of bed frequently was inclined to be violent. Two attendants were with him most of the night. He is quite incoherent in his talk & talks almost incessantly, is very restless. Last night he was put to sleep in the padded room & slept about six hours - the first sleep he has had for four nights. He is quieter today & remains in bed in the padded room. He is however no clearer. He takes liquid nourishment well & his strength keeps up. H. J. Mackenzie.

Nov. 2nd. Yesterday he was visited by two doctors & a relative Mr H. Richardson who signed a petition & today he has been admitted as a certified patient under a Magistrate's Order. He slept fairly well last night but is otherwise no better.
See Case Book XXI Page 91. H. J. Mackenzie

Thompson, Thomas

Admitted Feb 28: 1902.

Age 47 Married.

He has been previously in the Retreat as a Voluntary Boarder see page 33.

He is in good bodily health except for a little cold. He is bright & cheerful.
H. J. Mackenzie.

March 4th. He occupies himself with music, drawing, carving etc. He also takes charge of the meteorological instruments.
H. J. Mackenzie.

" 21st. He is in good bodily health. He occupies himself well. He goes out on parole freely.
H. J. Mackenzie.

April 25th. He continues well occupied with wood carving, drawing, music etc. He is in good bodily health.
H. J. Mackenzie.

May 30th. He continues much the same. He takes an interest in all that goes on. He takes charge of the meteorological instruments.
H. J. Mackenzie.

July 2nd. He left here today.
H. J. Mackenzie.

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Harvard, George

Admitted Feb. 28: 1902.

He is well nourished in fairly good bodily condition shows no sign of physical disease
Weight 90-10 lbs.

He is depressed. He says he has a change feelings - feels as if he did not love his wife or children & thinks God has left him. H. J. Mackenzie.

March 7th. He spends much of his time in reading. He walks out with an attendant. He is depressed & fretful at times. He says old forgotten sins come back to him & he thinks the devil has got ~~into~~ into him & makes him feel like this. H. J. Mackenzie.

" 14th There is no material change. He eats & sleeps well. He occupies his time pretty fully reading, writing, playing the piano & doing some household work etc. He is depressed & fretful at times. H. J. Mackenzie.

" 21st He remains much the same. He joins in games - hockey, billiards etc. comes to the entertainments; & does some work in the house - polishing etc. At times he is very depressed & weeps over his miserable fate. He eats & sleeps well. H. J. Mackenzie.

April 7th Last evening he went to bed early but was got up again to come to service. Afterward he gave to the Charge Attendant (Smith) a bottle of Laudanum which he said he had purchased the day before when out walking. He had meant to take it but felt that it was wrong to do so. He has been fretting a good deal of late in the old style - that he does not love his wife, & the devil has got into him & makes him think all sort of wicked things. H. J. Mackenzie.

May 5th. Since the above note he has been variable some days being fairly bright & others rather depressed & inclined to weep. Today he is somewhat depressed. He struggles against his feelings & occupies himself fairly well. He sleeps well. H. J. Mackenzie.

June 13th He has for the last two or three weeks been getting rather brighter & more cheerful. He talks very little now about his wicked & unnatural thoughts. He plays cricket & other games. His bodily health is good. H. J. Mackenzie.

July 25th. He is variable but on the whole has less depression though at times he gets very down. He plays cricket & joins in the amusements of the place. H. J. Mackenzie.

Sept 1st. He went to Gainsborough House Scabro, on Aug. 15th. He was rather depressed at first but brightened up afterwards. He left today went away with his wife. H. J. Mackenzie.

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Awmack Henry Frank

Admitted March 6th: 1902.

See Case Book ~~XIX~~ Page 190.

He works steadily in the joiners shop. He goes out occasionally on parole.

H. Mackenzie.

March 22. He left today went home to start work in his father's business in Leeds where a vacancy has occurred.

H. J. Mackenzie.

Edward Lane

Admitted Oct 29: 1902.

He is thin & rather poorly nourished. There is no evidence of visceral disease. He has a worn, worried expression. Height 5' 9 1/2". Weight 9 st. 8 lbs. Pulse 72. soft.

About 7 years ago he had a tram accident in which his foot was crushed. He took morphia for the pain then. But not till 3 or 4 years ago did he take it regularly. For about the last two years he took cocaine with it. He has lately taken as much as gr XII of morphia & gr XV to XX of Cocaine hypodermically in 24 hours. He gave it all up from about October 1901 to January 1902. Then resumed it on starting for home from New Zealand.

gr III of cocaine was given hypodermically the night of admission as he was anxious to have it given once - not to be kept - said he would feel more satisfied.

Oct. 31st: He has slept little & been very restless at times. Today at noon gr III of morphia sulph. was given hypodermically - the first since admission. The points of both arms are much indurated from old punctures. He is leaning out in bed most of the day. H. J. Mackenzie.

Nov 1st: He has a most distressing feeling of restlessness at times which makes it difficult for him to remain in bed. This is to have morphia every other day in diminishing quantities. He has been sick several times during the day. He had gr III of paraldehyde at night but slept very little. H. J. Mackenzie.

" 4th: He has a most distressing restlessness chiefly on the days when he has no morphia. He has had three electric baths but yesterday (when he had had no morphia) the bath seemed rather to increase the restlessness & had to be cut short in consequence. On the days when he has had morphia the electric bath seems to soothe him & incline him to sleep. He has been sick several times but not the 2nd time. He had gr III of paraldehyde last night & was restless till 1 a.m. & slept about 3 1/2 hours. H. J. Mackenzie.

" 10th: He has been nursed in bed hitherto but today he was up & out sitting on the verandah for

about two hours. He is now sleeping better even on the nights when he has had no morphia. The restlessness even when he is awake is much less. He has a cup of cocoa & some bread & butter in the night. H. J. Mackenzie.

1902
Nov. 18th He has today had his last dose of morphia (gr 1/4). The following are the dates & quantities of morphia given since admission: - Dec 3rd gr 1/2, Nov. 2nd gr 1/2, Nov 4th gr 1 3/4, Nov 6th gr 1 1/2, Nov 8th gr 1 1/2, Nov 10th gr 1 1/2, Nov 12th gr 1, Nov 14th gr 3/4, Nov 16th gr 1/2, Nov 18th gr 1/4. He has had no cocaine after the first night. He continues to take the electric baths about every other night for 15 minutes at 5 to 50 m.a. He sits out daily on the veranda & walks about a little, though he is still resting most of the time. H. J. Mackenzie.

.. 26th He had his last electric bath last night - he has had eleven in all. He sleeps well now each night - has cocoa etc. during the night. He is up all day & walks out. He seems now to have little inconvenience from the deprivation of morphia. He takes food well & has gained considerably in weight. H. J. Mackenzie.

Dec. 20th He is making satisfactory progress. He makes himself useful & is very helpful with some of the patients. He sleeps well. H. J. Mackenzie.

1903
Feb 4th He is going on satisfactorily. He assists in the medical work of the Institution & makes himself generally useful in many ways. H. J. Mackenzie.

March 10th He continues employed as above. H. J. Mackenzie.

April 22nd He has suffered from lumbago lately but is better now. For the last two days, he has suffered from headache. H. J. Mackenzie.

Aug 18th Discharged today. H. J. Mackenzie

Jessie Eliza Gubbins.

admitted Dec. 5, 1902.

Patient is below medium height, slender (weight = yet $2\frac{1}{4}$ lbs), of fairly good complexion, but looks blue with cold at times. She has fair hair blue eyes (pupils normal), & a nose that has once been broken. She speaks in a thin voice. Her age is 28. Temp. normal & pulse. Urine normal. There is no sign of organic disease in the heart or the lungs. Patient is a protégée of the Countess of Portsmouth, having at one time been her secretary for 3 months. Information about her has been derived from Lady Portsmouth.

The Parents of the patient live separately & one of them is alcoholic. Patient's mother suffered from melancholia at the climacteric but whether she was under care or not, is not yet ascertained. For some time past patient has been subject to fits of depression & despair when she desperately declares she will do anything & fling up whatever work she is at. She herself attributes her depression to loss of confidence in a friend she held very dear. Once in a fit of despair she wandered about the streets at night. Till a gentleman befriended her. Later on she was tempted to become this man's mistress, but saved herself in time & abandoned the step. Lately she has been very erratic & unsettled, following no track for any length of time. At the instigation of Lady Portsmouth she has come here as a voluntary Boarder.

Her physical health has been good, except for having once suffered from dropsy, she tells us, when a child.

Mental Condition on admission.

Patient is quiet & very self possessed. She will not admit to being at all in impaired health. She declares that physically she is absolutely sound & that as her reason is clear her mind is also in a good condition. She freely admits her fits of depression but denies that they go beyond normal limits, & that they are not justified by a sufficiently good cause, viz: the acute pain & bitterness at losing her friend. She utterly repudiates the idea that she can in any way be benefited by her stay here. R. Kemp.

Dec. 10. Patient had notified her desire to come, but on talking the matter over with Dr. Pierce she changed her mind & burned her letter. She was unhappy because she thought Sister had been sharp with her. She admits she always falls out with people, & asserts that nobody likes her, in fact they absolutely dislike her. She dislikes having to go to bed early

Having to deal in with rules & regulations. Food is a difficult question as she will not take with eggs etc. R. Kempf.

Dec. 18. Patient is inclined to be depressed & says she has a fit of misery coming on & she cries a good deal. Last night she sat in the alcove in the galley till after 10 o'clock she was dozed. This was not known till she confessed as she is not visited during the night. She talked to me to night, saying nobody cares for her, that she must have somebody to love & yet if she goes on loving someone she only stores up misery for herself etc. She speaks bitterly of her broken friendships, which appear well, but sit does not

Dec. 26. Patient has been telling me she

1903 She sits till

Jan. 2. Patient was here to wash over a book return: pa saying she would do to go to bed with a nurse, & saw D. Pierce, food. She

not touch any if she could not go to her room. She accused us all of wicked cruelty etc. than wept etc. R. Kempf.

Jan. 3. Patient has destroyed her notes to go, & is a good deal softened. She says she is willing to stay if she is to be kept on exactly the same footing as she was before the last day or two. In an interview with D. Pierce myself, which she had this morning, she worked herself into a great passion & gave a falsely colored account of the doings on Jan 1st: R. Kempf.

Jan. 24. Patient's life has many ups & downs, & she is continually at the mercy of her feelings. She is entirely absorbed in herself, & if anyone speaks either sharply or even in an offhand manner, she is immediately offended & broods over it for long enough. She is in love with nurse Davis & writes her sickly letters. R. Kempf.

Wednesday night.

Dear D. Kempf

My second note to you is a rather painful one to me to write, but I feel I owe you a confession - which is more easily made when your eyes are off me! When I said I saw & heard you last night (Tuesday) I meant that I was in the alcove when you passed

She behaves perfectly better: she is very touchy her feelings. R. Kempf. She writes long letters & is inclined towards her time. R. Kempf.

She was offended by the nurse had been looking away, & did not - desperate letter to her refused to promise me she her own room: She refused - or to go to her own room in the workroom with a - was sent to bed by a bad night & refused

day & said she would not touch any if she could not go to her room. She accused us all of wicked cruelty etc. than wept etc. R. Kempf.

Having to deal in with rules & regulations. Food is a difficult question as she will not take with eggs etc. R. Kempf.

Dec. 18. Patient is inclined to be depressed & says she has a fit of misery coming on & she cries a good deal. Last night she sat in the alcove in the galley till after 10'clock she was do watched. This was not known till she confessed as she is not visited during the night. She talked to me to night, saying nobody cares for her, that she must have somebody to love & yet if she goes on loving someone she only stores up misery for herself etc. etc. She speaks bitterly of...

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Dec. 26. Patient to me tell name here.

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Jan. 2. Patient name to over a return: saying she would do to go to with a nurse, & D Pierce food.

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not touch any if she could not go to her with all of which cruelty etc. than accept etc. R. Kempf.

Jan. 3. Patient has destroyed her notes to go, & is a good deal softened. She says she is willing to stay if she is to be kept on exactly the same footing as she was before the last day or two. In an interview with D Pierce myself, which she had this morning, she worked herself into a great passion & gave a falsely colored account of the doings on Jan 1st: R. Kempf.

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Dec. 26. Patient has been telling me she is here. She is 1903 she sits till about

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late, & I did not go to my bed till one o'clock I ask you to put me on my honour never to do so again - if you can trust me again. I am afraid you will feel very much out of patience with me.
Yours cordially (Shops!)
Jessie Sutcliffe

she is very touchy feelings. R. Kempf.
She writes long letters & strongly attached to a inclined towards her time. R. Kempf.
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Dec. 26. Patient has been behaving pretty well lately. She writes long letters to me telling me all about herself, & has become strongly attached to a nurse here. She is seldom carefully employed & is inclined towards her time.

1903 She sits till about 10 o'clock then goes to bed. R. Kempf.

Jan. 2. Patient was very troublesome last night. She was offended by the nurse to whom she is so violently attached. The nurse had been looking over a book with her & had been called away, & did not return: patient then wrote a furious & desperate letter to her saying she would do something desperate. She refused to promise me she would do herself no harm if she went to her own room: she refused to go to bed in the East Centre dormitory - or to go to her own room with a nurse sitting up. She was left in the workroom with a nurse, & remained there till 1.15^{am} when she was sent to bed by D. Pierce, to the E.C. dormitory. She had a bad night & refused food. She has taken very little food to-day & says she would not touch any if she could not go to her room. She accused me all of wicked cruelty etc. & has wept sore. R. Kempf.

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Jan 29. Patient has been most complaining lately, first about the noise there is in her corridor at night, which she grossly exaggerates, secondly because she finds she gets an egg in her coffee for lunch, & thirdly because she has been remonstrated with for being a bother in the 9th gallery kitchen. She is determined to go away on Feb. 5th when her 2 months are up. She is not a favorite with the patients because she thinks always of herself, not with the nurses because she gets them into trouble. She is very vain & thinks a lot of her personal appearance. R. Kemp.

Feb. 5. Patient has been depressed & miserable since the last note. She has wept a good deal, & does not seem quite to know her own mind. To-day on talking over matters, she agreed to remain a few weeks longer, then when, Dr. Pierce said she was to live on the Centre she refused & said she would go away. She has been looking for lodgings this afternoon, but seems reluctant to go away. R. Kemp.

Feb. 6. Patient left to-day. She says she has been most humiliated while here. She puts a wrong construction on almost everything that is said to her, & twists conversations round to meet her own views in almost a cunning manner. She won't take help that is offered to her, because it does not take the precise form she desires. She abuses Sister Blanche freely & accuses her of lack of consideration etc, then when asked if anyone has treated her unkindly she says, "only one person, & that is the person I am most fond of - Nurse Davis." She puts great store by her affection for Nurse Davis, & says Nurse Davis' lack of affection for her is the cause of all her trouble. Her spirits vary with the amount of attention she gets from Nurse Davis, exactly like a love sick maiden. R. Kemp.

Feb. 11. Patient was in lodgings from Friday Feb. 6. till Monday Feb. 9th when she left them without saying anything to anyone, but leaving farewell letters to Dr. Pierce & Nurse Davis. The one to Nurse Davis was a farewell love letter, the one to Dr. Pierce contained instruction as to how to dispose of her clothing etc. She spoke to the police who were communicated with, but they heard nothing of her. She ran into the Retreat grounds last evening about 9 o'clock. She was found in the summer house on the terrace by some

nurses. She came in willingly. She said she had wandered about the Convent all Monday night (Feb. 9) walking about 12 or 14 miles. All Tuesday she had been in York, having had breakfast, spent some time in the Newbery Reading room, & the rest of the time going backwards & forwards to Felford on a cart. She says she came to the Retreat last night to catch a glimpse of nurse Davis. She went thankfully to bed. This morning she is miserable & does not know what to do. If Dr Pierce would have permitted her to go back to the 9th gallery she would have not hesitated to sign the Y.B. paper, but because he insisted on her being on the Centre, she would not sign it for Congraph, but when Dr Pierce told her he would have otherwise to inform the Relieving officer, then she signed it. She went out to send a wire to Lady Paternosh & to get her box up here, & then came to the "at Home" later on. She seemed to enjoy the "at Home"; but has had an hysterical outbreak on going to her room. H. Kemp.

Feb. 18. Patient has been fairly quiet & well behaved, than not given quite so much trouble as before. H. Kemp.

March 2. Patient has repeatedly ^{been} late for meals yesterday when she went to tea, & quarter of an hour late. The door was locked. She was very indignant; she refused her supper when the time came for it, & when milk was taken to her at 12 o'clock she threw the cups & saucers across the room. In the morning she would not let the nurses into her room, until compelled to & refused her breakfast. Dr Pierce would not let her go out to look for lodgings, which she had been doing lately, until she had taken food. She was very rude & indignant with Dr Pierce, but took the food present out in a cab in the afternoon to look for lodgings. She came in about 4 or 4.30 & got permission from Dr Pierce to go out again after tea promising to be in at a certain time. She has not turned up, but Dr Pierce has had an express letter from her saying she has gone by the 7.15 train to London. H. Kemp.

March 4. Patient returned again from London last night, having been sent back by Lady Paternosh. She was at the gate some time before she came in, waiting there to send a note to Dr Pierce. Dr Mackenzie admitted her. She declared to him she was in great fear of being trapped again. She was sent to the Cottage. H. Kemp.

March 23. Patient left today to go into lodgings. H. Kemp.

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Jennie Horleston

Admitted Jan. 23. 1908.

of York. Jewels, unmarried, aet 26. Works in Cocoa works - packs. Patient is about medium height, very slender, of rather pasty complexion. Her hair is brown - eyes greyish; pupils normal reaction. She has a cough, but there is no sign of organic disease in heart or lungs. H.R.C. Patient has been depressed for some months; first in London, from where she came to be with her sister in York. There has been no improvement.

Patient is quiet & well behaved; very slow in answering questions, & rather unwilling to talk about herself. She complains of feeling oppressed & miserable, & as though she could not do anything. She realises her position as a voluntary boarder at Gainsborough Home where she came yesterday. H. Kempf.

Jan. 30. I have not seen patient since last note, but she is reported to be quiet. They have some difficulty in persuading her to take the necessary amount of food. Her weight is 7st 2^{3/4} lbs. She is having Biquad. H. Kempf.

Feb. 6. She is reported to be in much the same condition. H. Kempf.

Feb. 13. Patient does not appear to improve much. She is still rather depressed, & slow of speech - slow in answering questions. When her sister visits her - she is still at Scarbro: she is always anxious to return with her. H. Kempf.

March 1st. Patient is reported to have been very excited, but has apparently quieted down again. She is not improving at all. H. Kempf.

March 30. Patient was brought to the Retreat yesterday from Scarborough. On March 28th she had become most excited & abusive, using most objectionable language, & all over some trifles. Miss Thomason at Gainsborough Home, following our instructions, would not allow patient to remain too long in a room by herself, & hence this outburst. She was quiet & rather congested yesterday, but came here quietly enough with a nurse Miss Wood. H. Kempf.

March 31. Patient tells us to-day that the cause of her excitement on March 28th was that the voices of her friends annoyed her so, & worried her. She thought they were somewhere about, but did not know where. She is quiet here, but very troublesome with her food & yesterday she was fed with a spoon by the nurses. She has slept fairly well since coming here. She is listless & quite unoccupied; she is anxious to go & live with her sister. Attempts are being made to admit her at the North Riding Asylum,

Harrist Amy Kirby

Admitted March 10-1903

York Home, Middleborough.

Female. Unmarried, no occupation, age about 45.

Patient is about medium height, rather under. She has dark hair, turning grey. Florid complexion & slightly prominent eyes - greyish green - myopia. Pupils react to light & converge to accommodation. Temperature 97.6 pulse, good quality, 76 beats per minute. Weight 127.6 lbs.

No sign of organic disease in heart or lungs.

H. P. C.

In Aug. 1902 patient said to be run down, often tired - fainted once when dressing. For a few days was depressed. Later on in that week "voices" came on - "voices under the home."

P. H.

Eleven years ago patient had influenza, & afterwards had a mental illness - probably agitated melancholia, was depressed excited & violent heard voices. Was treated at home with nurses & in lodgings. There was no return of this illness till Aug. 1902. There is no history given of any heredity, patient's sister saying there never has been anything of this kind in the family. Her lived a quiet domestic life with her mother who is now 75 years of age.

Present Condition

Patient is quiet & reserved or rather dull & shrink from company. She is rather slow in answering questions. Took some time to grasp the contents of the Y. B. form she signed, & was a little dubious about signing it. She complains of voices; any noise becomes a voice, hears procession & band - may last a long time. Hears people's voices in the street when window is shut. Although she has a somewhat doubting faith that the voices will go when she improves in health, the voices are real enough to her. Suffered a good deal from headache & neuralgia principally in the left frontal region.

She has a bedroom on the 9th gallery, but in the meantime is to sleep in small observation dormitory on 2nd centre, & is to have electric bath.

A. Kemp.

March 12. Patient is quiet & well behaved, doing all she is asked to.

She rather dreads at the car displayed for her. She does not go out alone but accompanied by a nurse. She does not think there is anything the matter with her. She had an electric bath to-day - for 10 minutes, 25 m.a. H. Kempf.

March 16. Patient had a second bath on the 14th. She still hears the voices, is rather confused in her mind about having signed the V.B. paper. She came to the "at Home" last night. Same supervision as before. H. Kempf.

March 23. Patient remains pretty much about the same. She confided to her sister who came to see her that she thought sometimes that we were laughing at her. She sleeps in her own room now, & goes into the grounds by herself. She has not had another electric bath. She sleeps fairly well about 6 hours, & she takes her food pretty well. H. Kempf.

March 30. There is no mental change: patient is rather slow at answering questions. Sometimes does not reply at all. She admits to hearing the voices continually. She is quiet & retiring. She has had two electric baths during this last week, for 12 & 15 minutes respectively & of 25 & 30 m.a. strength. H. Kempf.

April 6. Patient continues much about the same: she is never very bright but she seems less so than usual, & less willing to talk. She keeps herself employed with needlework & reading. She has had two more electric baths this week. She sleeps fairly well in her own room & taking her food pretty well. H. Kempf.

April 13 Patient wrote to Dr. Price yesterday intimating that she thought she should not spend any more of her mother's money by being here, but later on she admitted she was willing to remain here longer. She is quiet, & retiring & keeps to herself a good deal. She has had no electric bath since the last note. To-day she is spending the day with her cousins. H. Kempf.

May 7. There is not much change to report in this patient's condition. She is quiet & retiring, keeps a good deal to herself & does not converse very much. The hallucinations of hearing persist. She is anxious to be allowed to go out unattended, but so far she has not been permitted to do so. She does not think there is anything the matter with her. She has had nine electric baths up to this date. She has lost 1 lb in weight. H. Kempf.

May 28. Patient has improved during the last few weeks, & has been keeping brighter & more cheerful. She has had 11 electric baths up to this date. She says the "voices" don't worry her so much & acknowledges the wisdom of her having come here. She left to-day. H. Kempf.

Craig, John D. Age 45.

Admitted March 13: 1903.

About 25 years ago he had a severe blow on the head from a unit handle on board ship. He was unconscious for a few minutes & after about two hours the wound was sewn up & he was taken home in a cab. The doctor told him that the skull was not injured but also said that part of the brain could be seen: so he states. The wound healed in about five weeks. He says that ever since he has always felt different on the side of the head where he had the injury. He often has headaches or uncomfortable feelings over that part of the forehead. It is however not quite clear that all his nervous symptoms began after the accident though they seem to have been worse. It was about four years after the accident, when he was an officer & had not been going aloft as much as he did before, that he first noticed he became giddy if he went aloft. Also about this time he began to be bothered about things. For the past few years things have been getting worse with him & for a year past have been so bad that he has not been able for work.

Station Admission. - He is a healthy looking man about middle height. He is well nourished. Tongue flabby, slightly coated & a little tremulous. Teeth many decayed. Sclera grey. Pupils circular equal medium sized, react rather sluggishly to light. Lungs normal. Heart sounds rather feeble. Pulse 68, small & soft. On left side of forehead is a long scar about six inches in length with a small depression about the middle of it into which the tip of the finger can be put.

He is troubled by fears & doubts sometimes he doubts whether he may not have killed a man years ago. He also is worried with feelings in his head trouble him so much that he cannot settle his mind so any work he gets rather depressed. H. J. Mackenzie.

March 14th He did not sleep much last night. Today he is cheerful & interested in what is going on. He occupies his time in one way or another. H. J. Mackenzie.

" 20th He has been rather troubled with constipation which was relieved by *lib. Senna* by *Fig. 371*. He has also been given fruit in the morning. He is mostly bright & cheerful but occasionally in the middle has an oppressed feeling in his head & at times his old doubts & fears come over him. He says he always feels that he could not bear pressure on the ~~head~~ depression in his head as he can on other parts. He does not sleep well. H. J. Mackenzie.

" 24th He interests himself in all that goes on & joins in the games & entertainments. He is sleeping rather better: he often has some hot milk in the night. H. J. Mackenzie.

April 6th He does not change much. At times he is rather down & has headache or feeling of oppression but he can generally shake it off, if called on to do anything, for a time at least. He sleeps fairly now. His constipation is better though not quite relieved. His bodily health

1903 in other
April 14th had
epilepsy

1903 is otherwise good

H. f. Mackenzie.

April 14th. Today he left went home to Sunderland. He seemed brighter and more cheerful for the time to have shaken off his fears in great part.

H. f. Mackenzie.

Jennie Holston

from page 64

at at Rockham. Contipation is very troublesome. H. Kempf.

April 7. Patient is still at the Retreat. She continues to have the hallucinations of hearing. She is quite unoccupied, listless & slow in answering questions. She is taking her food pretty well & has fairly quiet nights. H. Kempf.

April 14. Patient is a little brighter than quite so idle. She has not been sleeping quite so well, having had several restless nights lately. She continues to hear voices. H. Kempf.

May 7. Patient has improved a little, she keeps herself employed now, with a little persuasion, & is not quite so listless. She denies hearing the voices now & says she has not heard them for some little time past. Her bodily health is good, but her weight has not varied.

H. Kempf.

May 23. Patient left to-day to live in lodgings with her sister. H. Kempf.

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Clara Pauline Samman.

Admitted April 23. 1903

Clifford Villa, Doncaster. Female, aet 39. No occupation.

Patient is tall, thin, & of a pallid complexion. Her hair is light brown, & her eyes are blue. The pupils are circular, equal in size & reaction is normal. There is no sign of organic disease in the heart or lungs.

H.P.C.

Patient had been pretty well since leaving her last summer, until a short time ago. She had been visiting some friends in Oxford & returned about 3 weeks ago, when her sister did not think she was quite so well, but it was not until a few days ago, that patient seemed to be quiet, & said she was losing her voice. She expressed her willingness to come here, so her sister brought her forthwith.

P.H. This is patient's third attack. She was in Bootham asylum for two years, about 2 or 3 years ago, & at the Retreat from January to July 1902.

Condition on admission.

Patient is quiet, speaking very little & rather uncertain of herself. She willingly signed the V.B. application having read it first & apparently understood it. Later on in the day, she was brighter & helped the nurses with some ward work, & spoke more freely. A. Kemp.

April 26. To-day patient has not spoken at all & seems to be very depressed. She is very unwilling to take her food, & the nurses have to watch her closely in this matter. A. Kemp.

April 29. Patient is still silent & very troublesome with her food, the nurses having had to feed her. Her habits are not clean. A. Kemp.

May 1. Patient is still silent, but wrote on a slip of paper to me that she felt something humming about inside her. Her habits continue to be faulty & she is very troublesome with her food & quite unoccupied. She was seen by two doctors to-day with a view to certification. A. Kemp.

May 5. Patient has been admitted to-day as a certified patient. A. Kemp.

Annie Elizabeth Babbie.

Admitted May 21: 1903.

This patient was under certificate here from Nov. 10: 1902 to Mar 20: 1903 when she was discharged recovered see Case Book XX Page 1.

She has been depressed for about four weeks following a severe attack of abdominal pain similar to what she had when here before.

Her physical condition presents nothing of special note: there is no sign of visceral disease (except the pain she suffers from occasionally) nothing abnormal is to be felt in the abdomen.

Mentally she is depressed & has a worried anxious expression. She says she feels depressed & does not know why unless it be the pain she has suffered. H. J. Mackenzie.

May 25. Patient escaped to day about 3:00 clock. She went from Hudsonfield saying she was going home. H. Kemp.

Milner, Sarah Hannah,

admitted June 9th 1903.

Patient came from Dr. Packer's home at Patch today. She had had a breakdown last night, during which she was violent. Dr. Packer reports that he had to keep by her to prevent her attacking his wife. It was quite sudden apparently, at least the loss of self control was.

Patient is in good bodily health, but is thin, only weighing 74.1 lb. Temperature normal.

Patient much depressed by this breakdown & weeps freely frequently. She cannot bear to think about it at all but distresses her to think back of it. She says she was not specially run down & had been taking very good care of herself. She is in bed in the meantime. H. Kempf.

June 14. Patient is a little brighter, but the remembrance of her attack is causing her very acute mental pain. She looks upon it as a very acute "throw-back", & is worried by the material loss it will be to her friends. She says it was due in great part to her own selfishness but will not say exactly how. She is eager to keep herself employed so that her mind may be busy, & not have time to dwell on her attack. H. Kempf.

June 21. Patient continues to keep fairly cheerful, but her mind seems to be on tension, & her idea seems to be to keep herself so occupied that she has no time to think. She digs up the dandelions in the garden, which keeps her busy in the morning. She had a bad headache yesterday & remained in bed in consequence, but is better today & has been out to church alone. H. Kempf.

June 29. Patient is keeping fairly cheerful. She digs in the garden in the morning, rests & goes out in the afternoon & plays cards in the evening. She is taking her food well & sleeps well, but her mind seems to be forever on her recent attack & its consequences. H. Kempf.

July 9. Patient showed a little irritability of temper yesterday; she kicked another patient & moved a chair roughly making rather a scuffle in the room. She was much distressed about it afterwards. She says her one idea is to keep her mind busy. She is thin though she takes her food well. She is now having Bayrol. H. Kempf.

July 28. Patient is better again, seems to be more cheerful. She keeps herself pretty well employed with needlework, gardening & card playing with

Another patient in the evening. H. Kempf.

Aug. 13. Yesterday morning patient lost her self-control while lying awake in the early hours. She was dwelling on the outlook for herself & suddenly as she said, "got beside herself"; she got up, flung the towel hair into the corridor & then changed her dress. She was of course much upset by this loss of self control. She says her mind is in a state of agony every now & again & she craves for some work that will take her out of herself & that will not just be created for her. She does needlework in the morning & does in the afternoon or goes out walking, having parole beyond the grounds. Her bodily health is good & she has gained 4 lbs in weight in the last month.

Oct. 25.

H. Kempf.

Patient continues to suffer mentally, on account of the dark outlook for herself. The fact that her friends do not encourage her to look beyond asylum life depresses her terribly. She cannot accept this thought, & resents keenly that her friends should do so tacitly. On the whole she is now more able to grasp content with this mental suffering though she does not think it is in anyway diminished. She continues to keep herself well employed, & attends a course of extension lectures in the city.

H. Kempf.

Dec. 24. Patient is brighter than she was, but continues to feel bitterly disappointed about her breakdown & to feel hopeless about her future. She makes a brave effort to live down all this & to keep her troubles to herself, but many days are worked with a good cry, & then she resumes her burden again. She spent 3 days at home last week.

H. Kempf.

Jan. 14. Patient is fairly bright just now & keeps herself well employed. She has a little rheumatism in one shoulder, which is being rubbed right now. Otherwise there is no change.

H. Kempf.

Jan. 18. The shoulder is swollen & painful & patient feels ill. She is in bed, having fomentation applied. She is to have Sod. Salicyl. gr. 15 T. I. d.

H. Kempf.

Jan. 23. The shoulder is subsiding. Patient could not stand the sod. Salicyl. so it was stopped. The diet prescribed is non-nitrogenous. She suffers from shooting pains to day, & is still in bed.

H. Kempf.

Jan. 31. Patient is much better. She has been up for 35 minutes to day.

H. Kempf.

Feb. 18. Patient is much better. She is up most of the day & goes out twice daily. She is inclined to have pains from time to time.

H. Kempf.

March 26. Patient had a break down about 5 weeks ago. Feb. 20. She lost control of herself, & broke her bedroom ware, & threw her dinner about the corridor. That night she slept in the 4th gaseous dormitory as she could not trust herself to sleep alone. Since then she has been brighter.

H. Kempf.

Daniel Richard.admitted July 27th 1902.

On admission patient was cheerful & talkative, asked about several of the staff whom he knew, & soon made himself at home.

He seems to have no delusions, but is irritable, frolic somewhat of a busy-body. Yesterday his son Mr. Santoris took him for a walk. He has been about the grounds. He seems content to stay in the Institution, tho' he wanted yesterday to go to the Bradford Anarchist meeting of friends.

His physical condition is good & the only abnormality found in the chest was a slight bronchovascular murmur at the cardiac apex, which appeared the superficial in origin.

Subs. on admission S.S. T. normal. Tongue clean.

Edward Lane.

Aug 21st. No change. Went for a walk with a large number of other patients & very restless, silly & noisy. He continually asks the trustees, & the work in the garden & tho' he agrees readily enough at the time of the refusal. He asks again next day, as if he had forgotten that he was so recently told that he was not well enough.

.. 31st. He continues restless. His untidiness in his personal habits makes equal litter in the rooms. He talks in a lively excited way. H. J. Mackenzie

Sept 10th. He is getting worse. He has given notice of his wish to have several times but has withdrawn it again. Today however he left with his son. H. J. Mackenzie

New, John Augustus Parker

Admitted Sept 25th 1903.

This patient was admitted on an Urgency Order (see Case Book XXI Page 23) and made a very rapid recovery so that a Magistrate's Order was not obtained. He remains an voluntary boarder as a little longer residence seemed desirable. He goes out on parole, joins in the games etc. He eats & sleeps well. He suffers somewhat from Constipation.

H. J. Mackenzie

- Oct 3rd He is going on very well. He goes out on parole. He has today gone to the only Hall Scarborough for the week end along with some others
- 10th He continues to keep quiet well. He occupies himself with making games etc. He eats & sleeps well. He enjoyed the visit to Scarborough very much.
- 14th He is rather restless & worries about his future. At times he is somewhat depressed. He seems unsettled & does not stick to any occupation for long. He is in good bodily health. He goes out on parole alone or with another patient.
- 19th Last night, in going to the East Villa to sleep he tried to escape the attendant who was with him, & afterwards told him that if he had a pistol he would shoot himself. He is restless & unsettled. His parole is stopped.

H. J. Mackenzie

H. J. Mackenzie

H. J. Mackenzie

H. J. Mackenzie

rather depressed at times & wanting to know exactly when he can return to work etc. He is sleeping under observation.

H. J. Mackenzie

has given statutory notice of his wish to leave. He had seen the Commissioners & accepted their advice & did not put it in the box till last night. It was taken to Seabrook Park Asylum where he was sent & the freight & luggage the whole way & enclosed letter & a copy of Dr Pierce's certificate.

H. J. Mackenzie

York Retreat

November 11; 03.

My dear Dr. Pierce,

It is quite impossible for me to continue at the Retreat

I am I know a most irritable and impatient youth yet I feel it is quite futile to attempt staying on here as I can't stand the strain

He can
write
But in case of the 10th

Daniel Richard.admitted July 27th 1902.

On admission patient was cheerful & talkative, asked about several of the staff whom he knew, & soon made himself at home.

He seems to have no delusions, but is irritable, frolic somewhat & a heavy body. Yesterday his son Mr. Santanis took him for a walk. He has been about the grounds. He seems content to stay in the Institution, tho' he wanted yesterday to go to friends.

His physical condition is good & the chest has a slight roughened murmur which appeared the superficial in the tube on admission S.S. T. name

Aug 21st no change. Went for nice picnic with very restful, sitting on grass. He continues in the garden & tho' he agrees readily enough to go next day, as if he had forgotten that was not well enough.

.. 31st He continues restless. He is untidy in his rooms. He talks in a lively excited way.

Sept 10th. He is getting worse. He has given notice of withdrawal if again. Today however he left

to my nerves and if I am unconvicted of any public crime I do not see why I should undergo such torture voluntarily

Thinking you most cordially for all your kindness which I have been quite unable to appreciate by reason of my horrid eccentricity of fighting about shadows

Kind regards
yours very truly
J.H. Mear.

Maw, John Augustus Parker

Admitted Sept 25th 1903.

This patient was admitted on an Urgency Order (see Case Book XXI Page 23) & made a very rapid recovery so that a Magistrate's Order was not obtained. He remains an voluntary boarder as a little longer residence seemed desirable. He goes out on parole, joins in the games etc. He eats & sleeps well. He suffers somewhat from Constipation.

H. J. Mackenzie

Oct 2nd He is going on very well. He goes out on parole. He has today gone to the only Hall Scarborough for the week end along with some others

H. J. Mackenzie

10th He continues to keep quiet well. He occupies himself with making games etc. He eats & sleeps well. He enjoyed the visit to Scarborough very much.

H. J. Mackenzie

14th He is rather restless & worries about his future. At times he is somewhat depressed. He seems unsettled & does not stick to any occupation for long. He is in good bodily health. He goes out on parole alone or with another patient

H. J. Mackenzie

19th Last night, in going to the East Villa to sleep he tried to escape the attendant who was with him, & afterwards told him that if he had a pistol he would shoot himself. He is restless & unsettled. His parole is stopped.

H. J. Mackenzie

rather depressed at times & wanting to know exactly when to return to work etc. He is sleeping under observation

H. J. Mackenzie

has given statutory notice of his wish to leave. He had seen the Commission & accepted their advice & did not put it in the box till last night. I took him to Seabrook Park Asylum where he was kept & the freight struggled the whole way received letter & a copy of Dr Pierce's certificate.

H. J. Mackenzie

There with indicate my own
intention of painting the
retreat within forty-four hours of
this date

J. H. Maw

11th October 1903.

Daniel Richard.admitted July 27th 1902.

Old Mission patient was cheerful & talkative, asked about several of the staff whom he knew, & soon made himself at home.

He seems to have no delusions, but is irritable, foolish somewhat of a busy-body. Yesterday his son Mr. Santanis took him for a walk, she has been about the grounds. He seems content to stay in the Institution, tho' he wanted yesterday to go to friends.

His physical condition is good & the chest has a short roughened scar which appeared the superficial in the tube on admission S.S.T. name

Aug 21st no change. Went for nice picnic to the very restful, silly party. He continues in the park & tho' he agrees readily enough to give next day, as if he had by then that was not all wrong.

31st He continues restless. His untidy in his rooms. He talks in a lively excited way.

Sept 10th. He is getting worse. He has given notice of withdrawal if again. Today however he left

D. Richard's Certificate - Nov 13, 1902.

He is gloomy, depressed, restless and unform of purpose. He says he is quite altered from his former self, that gloomy thoughts oppress him, that he is haunted by the fear that he may injure some one or do something bad. Though he says he wishes to leave the Retreat, he has no idea where he can go or what he can do.

He was admitted to the Retreat under an Emergency Order on Sept 19th, improved materially & remained as a Voluntary Boarder & has since become sane - He told the Visiting Commissioners on the 11th inst that he concurred in their advice that he might be retained at the same night but saying he could not do so. In my opinion he is unfit to be trusted & is inclined towards self-injury

Inaw, John Augustus Parker

Admitted Sept 25th 1903.

This patient was admitted on an Urgency Order (see Case Book XXI Page 23) and made a very rapid recovery so that a Magistrate's Order was not obtained. He remains an involuntary boarder as a little longer residence seemed desirable. He goes out on parole, joins in the games etc. He eats & sleeps well. He suffers somewhat from Constipation.

H. J. Mackenzie.

Oct 3rd. He is going on very well. He goes out on parole. He has today gone to Thorsby Hall Scarborough for the week end along with some others.

H. J. Mackenzie.

10th. He continues to keep quiet well. He occupies himself with reading games etc. He eats & sleeps well. He enjoyed the visit to Scarborough very much.

H. J. Mackenzie.

14th. He is rather restless & worries about his future. At times he is somewhat depressed. He seems unsettled & does not stick to any occupation for long. He is in good bodily health. He goes out on parole alone or with another patient.

H. J. Mackenzie.

19th. Last night, in going to the East Villa balcony he tried to escape the attendant who was with him, & afterwards told him that if he had a pistol he would shoot himself. He is restless & unsettled. His parole is stopped.

H. J. Mackenzie.

24th. There is little change. He is restless, rather depressed at times & wanting to know exactly what his future is & how soon he can return to work etc. He is sleeping under observation.

H. J. Mackenzie.

20 13th. He has become decidedly worse. He has given statutory notice of his wish to leave. He wrote this two days ago - the same day he had seen the Commissioners & accepted their advice to stay - but he kept back the note & did not put it in the box till last night. It was therefore decided to certify him & send him to Seabrook Park Asylum where he was taken in the evening by two attendants & he fought & struggled the whole way & seemed very confused. Annexed is his letter & a copy of Dr Pierce's certificate.

H. J. Mackenzie.

Improved mentally & somewhat
 became more - He told the visiting
 Commission on the 11th that
 he intended to leave the night
 before last. He said that he
 had written a letter to the
 Commission & had put it in
 the box on the 11th but that
 he had not put it in the box
 till last night.

Milner, Sarah Hannah.

from page 76.

- May 4. Patient is bright & cheerful, taking an active part in all that goes on in the institution. Her mental condition & her future do not appear to trouble her now, & apparently she does not dwell much on her own condition. She has gained weight & her bodily health is improved. She spent a week end at Thoresenly Hall recently. N. Kemp.
- Aug. 17. There is no change. She was at home for a week end in June. N. Kemp.
- Nov. 23. Patient is doing very well just now; she does good work in the workroom each day for which she is paid. She is bright & cheerful once home in September 1905 for a week. N. Kemp.
- Feb. 24. Patient is pretty cheerful, & very helpful doing good useful work in the workroom for which she is paid. She has attended the University Extension lectures during the winter & has been doing the papers for them. N. Kemp.
- May 26. Patient has just returned from a fortnight's visit to Bunsdon. Shortly before that she had a mild attack of violence - it hardly amounted to violence - loss of self control, when she got angry with Miss Whitehead one one time - & almost struck her. She told St. Pierre, that before one of these attacks she has obsessions & feels sure she is going to strike some one - in this case it was Miss Whitehead especially. She seems much brighter for her visit to Bunsdon. She is very diligent at her work. Bodily health good - weight keeps steady. N. Kemp.
- Aug. 16. Patient had a second attack of violence shortly after her return from Bunsdon. She says she felt it coming on in the morning, but thought she could fight it out, however she could not, and went into the workroom about 10 o'clock, caught hold of Miss Whitehead & knocked her down. She of course was filled with remorse afterwards, & broke down, but was still irritably & explosive. She was put into another room for a day or two. She felt better. Miss Whitehead was sent to Scarborough. Since then Miss Milner has been as usual & is going away on Aug 21st for a fortnight or more. N. Kemp.
- Nov. 17. Patient is pretty well just now. She was away for 3 weeks during the end of August & early part of September. She then attended the Friends' summer school at Sidcot & this she enjoyed immensely. She has, as usual been attending the University Extension lectures in York, during the autumn. She hopes to go to Woodbrooke, about the middle of 1906 January. N. Kemp.
- Jan. 8. Patient left to-day. She goes to Woodbrooke for 3 months. N. Kemp.

1906.

Milner, Sarah Hannah.admitted Apr. 19. 1906.

- April 20. Patient returned to the Retreat last night. She had been at home after her sojourn at Woodbrooke. The Woodbrooke visit was a great success & patient enjoyed it immensely. She has come back in good spirits & in good bodily health. She has gained about 4 lbs in weight. She was 3 months at Woodbrooke. H. Kemp.
- May 19. Patient continues to keep very well. She is very desirous of going into lodgings near here, but at the same time keeps her connection with the Retreat. She takes a share in school work, & she hopes to do some other social work of a like nature. It depends upon the consent of her father. H. Kemp.

Gill, Helen Jane.

admitted Oct. 13, 1903.

24 Bath Terrace, Gosforth, near Newcastle. Widow of no occupation.
aet. 50. C. of England.

Her husband died 2 years ago, leaving her with 7 or 8 children. The eldest is now about 29 & the youngest about 6. They were left very badly off, & patient took a situation as companion to an old lady, a mental case, & also later, studied midwifery, so as to qualify as a mental maternity nurse: she did not succeed in this, & then her husband's relatives bought her a home, & have helped to support her lives. Her sister-in-law, Mrs George Gill states that the patient will not drink at all for about 6 weeks or several months, then comes the craving for drink which has to be satisfied.

Patient is a big stout woman, with a florid complexion & rather coarse appearance. Her eyes are blue & rather shifty. There is no sign of organic disease in heart or lungs.

Oct. 14. Patient appears a little uncertain of her surroundings, & how she will like her new environment. She was rather concerned when Dr. Pierce explained to her about the "Intensity Treatment," which it is proposed to subject her to. She is frightened at the idea of the hypodermic injection. She wept each time to-day that an injection was given. She has had 3 injections to-day, containing strychnine nitrate 60 gr. & atropine sulph. 200 gr.

H. Kemp.

Oct. 15. The hypodermic injection have been repeated to-day, as yesterday. Patient complained so much that the arm was first treated with ethyl chloride spray, before the puncture was made, but even this made the patient weep. H. Kemp.

Oct. 17. The hypodermic injections were stopped yesterday, as an urticarial punctiform rash appeared on her back & on the forearms when the needles had entered. Patient is now having the strychnine & atropine by the mouth. H. Kemp.

Oct. 20. The doses have been increased to-day. Atropine sulphate gr. $\frac{1}{50}$; Strychnine nitrate gr. $\frac{1}{50}$. There has been no effect upon the pupils so far. Patient is much more cheerful, & comes to the social gatherings & entertainments, & goes out, though not alone. H. Kemp.

Oct. 24 Atropine sulphate gr. $\frac{1}{50}$; Strychnine nitrate gr. $\frac{1}{50}$. This t. i. d. H. Kemp.

Oct. 27 atropine sulphate gr. $\frac{1}{50}$; Strychnine nitrate gr. $\frac{1}{50}$. H. Kemp.

Nov. 1. atropine sulphate gr. $\frac{1}{50}$; Strychnine nitrate gr. $\frac{1}{50}$ H. Kemp.

- Nov. 8. The dose has been increased - atropine sulphate to $\frac{1}{80}$ gr. Styrchaine nitrate continues to be $\frac{1}{20}$. Patient complains of an irritable feeling in the eyes. There is a slight degree of dimness of vision, but the pupils are not very much dilated. Patient has been rather depressed about her future, worrying about the intentions of her friends who have put her here, & pay for her. She fears they will place her in a home for incurables. She is emotional, & helpless in manner & seems devoid of stamina & backbone. She is quite docile here & does whatever she is told. She still has a shifty look. Never looks you straight in the face for long. She is also having a tonic containing, Cinchona, Calumbo, & Sarsaparilla, which she says gives her an appetite. H. Kemp.
- Nov. 21. The dose of atropine sulphate has been increased to-day to $\frac{1}{60}$, & that of styrchaine nitrate to $\frac{1}{10}$. Patient still complains of the irritation of the eyes, otherwise there is little to note. The pulse is rather rapid, being about 96-100. She goes out to church by herself, but has not been into the city by herself on a week day yet. She is rather brighter than she was & less afraid of the future. H. Kemp.
- Nov. 28. The atropine sulphate has been stopped & patient is now having nitrate of styrchaine alone. $\frac{1}{24}$ t.i.d. H. Kemp.
- Dec. 23. The styrchaine has been stopped, but she continues to take the cinchona mixture. She takes her food well & sheaves well. She is rather emotional & feels helpless about what her friends have in view for her, but on the whole she is fairly bright. She has been moved into a smaller room, & she goes down to meals now. H. Kemp.
- 1904 Jan. 25. Patient has been much upset because her friends have requested her to sign a paper, agreeing to remain here 12 months from abroad now. If she had not done so they were going toward the small sum of money she has of her own - for her maintenance here. She is feeling the heat of workroom runs now & is to be paid for it. There has been no alcoholic intemperance as yet. H. Kemp.
- Feb. 15. Patient has gone to Scarborough for a few days. She has not been very well lately, having cold, & a broken blister on her toe; also the left eye has shown signs of conjunctivitis very slightly once or twice. She is selfish & emotional. H. Kemp.
- 22nd She returned from Scarborough today & seems to have enjoyed her visit. H. Mackenzie.
- March 26. Patient is much as usual, taking charge of the workroom, which she does fairly well; she is inclined to be indolent & self-indulgent, & takes great care of herself when there is anything the matter with her. She has eczema of the hands in a mild form. There has been no relapse from sobriety. H. Kemp.

- May 4. Patient continues to do her work & to take part in all that goes on in the home. She is self indulgent & selfish, extravagant, & likes to go about & see all she can. She is always amiable to the Officers of the Retreat but is apt to grumble & run the place down to others. She was at Thoresby Hall for a week end lately. There was a suggestion that she was drinking again, but this was not confirmed in any way. H. Kempf.
- June 20. Patient is pretty well: she is bright, cheerful & industrious & is doing well in the workroom which she manages. She is troubled with eczema of the hands. There has been no further suspicion of alcohol. H. Kempf.
- July 24. There is no change. H. Kempf.
- Oct. 13. Patient is doing fairly well. She does her work in the workroom & has played a good deal of Croquet in the summer. She is rather weak minded & is very selfish & self indulgent, but there has been no lapse from strict abstinence. H. Kempf.
- 1905
Jan. 15. Patient continues much as usual: she has depressed days but cheers up again. She has been at Scarborough Thoresby Hall for a weekend, spending the time with her children & friends. She is liable to frequent colds now troubled with her eyes, but beyond a little inflammation of the conjunctiva there did not seem to be much amiss. She has continued strictly T. T. H. Kempf.
- April 12. There is no change. H. Kempf.
- July 12. Patient was at home for 3 weeks lately, returning on July 7th. She is quite well & strictly T. T. She appears to have enjoyed her time at home. H. Kempf.
- Oct. 14. There is no change. H. Kempf.
1906.
Jan. 16. December. There is no change. H. Kempf.
- April 13. Patient returned from Scarborough on Feb. 19th. After leaving Thoresby she spent a fortnight with Lady Gills then she came on here. She is much disappointed that her friends so distinctly urge her remaining on here. She freely expected that she would now go into lodgings. There is no mental change. She is selfish, grumbling & intolerant to a degree, but still she remains quite T. T. H. Kempf.
- Aug. 18. Patient left to-day & is going to board with a lady in Leamington. H. Kempf.

Deau, Lanta.

of Harrington, near Portofraet.

Admitted Nov. 10. 1903

single, age 32. Greek.

During the last 3 years she lost both parents & a brother & a sister. She became very nervous, everything worried her & she could not concentrate her mind upon anything. She became engaged to a school master about this time, but she could not wake up her mind that she cared for him, which preyed on her mind to a considerable extent. About the same time she went to live alone in a home that had been left to her, which she thinks was bad for her, giving her too much opportunity for brooding. A year ago she became depressed & sleepless, for nearly 6 weeks she has taken sulphonal at night, nearly 4 tablets & since then sleeping draughts. There was no business worry connected with the case. She has taken her good bodily: there has been no temptation to suicide.

As a child she suffered from chorea, but otherwise she has had good bodily health. She has liked domestic pursuits & was as a rule active & energetic. There have been no former attacks.

Her father died of some affection of the liver & her mother also, according to her. Apparently her mother suffered also from melancholia with heart complication.

Patient is tall, weight 52 7/8 lbs: hair brown & wavy, eyes greyish. Teeth bad, only 2 in upper jaw the rest roots only. Tongue slightly furred. Face is pale; expression tired & worn looking.

Heart & lungs normal. Temperature 98.2° Pulse about 84. Gang good quality.

Patient is depressed & low spirited at having to mix with the other patients: she complains mostly of the sleeplessness, & the fact that she keeps on always thinking. She says that after even a simple conversation, she will keep thinking about it & get over it again & again in her mind. She says she hears nothing like voices in her head. She is inclined to reiterate the story given above of her sleeplessness, again & again, & it is a little difficult to follow as she gives it. Last night she slept in the dormitory but was much upset by the patients, so to-night she is to sleep in a single bedroom, being visited frequently by the night nurses.

H. Kemp.

Nov. 17. Patient has slept very little since she came in. She looks much more

rested however. She remains in bed till about midday, having an hour's general massage before rising. She goes out in the afternoon, has some amusement in the evening & half an hour's massage again before settling for the night. She has 2 eggs daily & extra milk. She comes to the entertainments etc. H. Kempf.

Nov. 24. Patient still feels very dreary & helpless: she sleeps very little, & complains of the continual hum of thought going on in her head, from which she says she gets no peace. She says that a thought repeats itself in her head to such an extent that she almost hears the words at times. She is perfectly well behaved, keeps herself occupied with needlework, & is willing to take part in the social gatherings & entertainments & also is active at hockey & walking. H. Kempf.

Dec. 1. There is very little improvement, she continues to sleep badly, & is distressed & harassed by the repeated hum of thoughts in her head. She gets plenty of exercise & is very helpful on the gallery & willing to take part in any amusement. The treatment is the same as noted above, except that the eggs have been stopped to-day. She has gained about 6 lbs in weight. H. Kempf.

Dec. 17. There is not very much improvement in patient's mental condition: she continues to sleep badly, & to be troubled with the continual hum of thoughts in her head, which sometimes take the form of actual words, though she knows these words are not actually said. She has gained weight, is almost never idle but keeps herself busy with needlework, & active exercise in the shape of walking & playing hockey. She is apt to be hopeless about herself & to wonder if her distress is ever to be reduced. H. Kempf.

1904 Patient is on the whole a little brighter, though she does not admit feeling so

Jan. 14. It is not that she consciously wakes herself out to be wretched as she is, but that she unconsciously dwells more on her sleeplessness & her depression, than on the times when she is brighter & forgets her troubles. She is seldom idle & enters into all our amusements & pursuits with interest. She continues to complain of the conversation which seem to go on in her head, from which she says she gets no rest: sometimes it is only a hum of thought & sometimes like an actual conversation. She has been troubled with indigestion which was relieved with Rhabarb & Soda. Now she has in addition Pot. Brom. gr. 10. t.i.d., without much effect on her sleeplessness. H. Kempf.

Feb. 18. Patient is much brighter to all appearances & seems better physically. She is still very distressed & says she sleeps badly. She says she is so weary of it all. The night some days she sleeps pretty well at times. H. Kempf.

.. 26th She has today gone to Foxenby Hall, Scarborough

H. Kempf

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March 30th There is not any material change in patient's condition, and he has gone home to day. H. Kemp.

Morgan, Hannah, Elizabeth May.

Admitted Nov. 23. 1903

- Nov. 23. Patient has been admitted as a voluntary Boarder, at the invitation of the Commissioners, as they preferred to have her in that capacity than as a certified patient. H. Kempf.
- Dec. 3. Patient has been a little upset by the change in her position here. Secretly she feels safer as a patient, for some reason or another. At present she is inclined to complain of the night nurses, & says they are bad to her, & start laughing & giggling when she appears. She told them to their faces, but would not admit to Dr. Pierce that she did not feel excellently well, or that she had disturbed nights. She won't go into prayers in the morning till Miss Thomaston appears. Because of the
- 1904
right nurses: apart from this patient seems to be much as usual. H. Kempf.
- Jan. 13. Patient was in bed for a day or two recently with cold, but is up & about again. Mentally she seems brighter again: she has talked me over of going away for a little change, but so far she has made up her mind. She takes plenty of exercise in the open air, reads & plays cards. She is helpful & takes very good care of herself. H. Kempf.
- Feb. 18. She is brighter again & like her usual self - there has been no return of the idea of the nurses bothering her. She has had a touch of lumbago. H. Kempf.
- May 4. Patient leads her accustomed life, of reading, open air walks, & cards. She has become very fond of Bridge & plays almost every evening. She is bright & cheerful. Liable to suffer from toothache with a swollen face, occasionally, but is very averse to having the decayed roots attended to by a dentist. She is using a mouth wash of Boric Colic. H. Kempf.
- June 20. Patient has been very restless for the last few days, & has indulged in loud uncontrollable laughter. To-day she has been much worse, almost midday, undressed, barricaded her bedroom door, threw the water about & was quite irrelevant & at times incoherent in her talk. She told me to go to her eldest brother for an explanation of the upset & just say the word "applicant" to him. She also told the nurse she had been whipped by Mr. Saviour. Last night she slept in a dormitory. She is taking insufficient food. H. Kempf.
- June 27. Patient has been very excited lately. She talks incoherently & was very angry because she thought her husband, who has been dead many years, was in one of the beds in the dormitory. She was indignant & violent & said she had never seen such behaviour. She was indignant with me again to-day on account of this & struck me. She is taking insufficient food. H. Kempf.
- July 6. Patient has been quieter during the last day or two, but before that she

Steel, Nellie Hannah McBriggall.

Admitted Jan. 3. 1904.

'Shanghai', West Ferry, Dundee. Aged 20 years. Baked in her father's workhouse. Patient has been ill for about 5 or 9 months. She was under care in the Dundee Royal Asylum, Gosrie House, for 3 months, from July 1903; later she went to Johnston, near Glasgow & stayed for 2 months with a Mrs Murdoch there. She is said to have improved considerably. Before going to Gosrie House she had behaved very strangely & had been giving out tracts to passers by. & had formed some kind of sentimental attachment with a telegraph boy, to whom she thought she had some mission. Her habits have not always been clean & she has refused her food.

She is said to have been bright & intelligent as a child; no pervasiveness. Fond of playing the piano & given to religious meetings. She was at Achworth school for one year.

Father Thomas alive - the latter worrying & fidgety.

A niece of patient's father insane.

Her brother - disappeared 2 years ago. Thought to be in South Africa; he got through a lot of money & was supposed to have kept undesirable company.

Patient is below middle height, rather stout, with brown hair, which she herself cut in a very irregular fashion about a month ago. Her appearance is untidy & she looks as though she wanted a good wash & clean up.

Temperature normal; pulse regular - 78. Throat & lungs normal.

Urine - 1022 - acid. No albumen. No deposit - clear amber.

Patient is unwell, I think she has come here to a situation of some sort, to earn her livelihood. She says she has a good character from her teachers, that this is a good opportunity for her. When asked if it was not because of her health she had come here, she thought not, as no girl could be in better health than she was. She takes the Retreat for a hospital for the sick poor, & beyond that she does not go. She admits that she has to accept D. Pierce as the woman in the meantime as her guide, philosopher & friend, & is willing to do so. R. Kemp.

Jan. 6. Patient is still confused, & except for picking at her clothes & playing with the ashes from the fire when she has nothing better to do, she is behaving fairly well. She is very willing to work & to take part in anything that is going, whether she has a clear idea as to what is going on, or not.

she is destructive in the way she picks her clothes. She takes her food well. N. Kempf.
 Jan. 18. Patient is still confused, & does not realize her true location here at all.
 She is destructive, picking her clothing to pieces, & is not always clean
 in her habits. To-day she is admitted as a certified patient. N. Kempf.

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Frederick C. Spencer

Admitted Jan 19: 1904.

He is fairly well nourished. The abdominal & thoracic viscera are apparently healthy. Pupils circular, equal, react somewhat sluggishly to light. Knee jerks well marked. There is some ankle clonus on both sides.

He is very nervous about himself. He attributes his present condition to a strain of the abdominal muscles some years ago. A swelling can be detected at the spot but he says he feels it there yet. He is feeling run down unfit for work. H. J. Mackenzie.

Jan 5th He is being nursed in bed & fed up. He has only been up to the Sunday services. He has gained a little weight. He seems cheerful & fairly contented. He eats well & sleeps fairly. H. J. Mackenzie.

Jan 30th. Today he has been up for the first time (except on Sundays to the service) for four hours. His variable is worried about himself at times rather depressed. He complains of funny feelings in his head at times. H. J. Mackenzie.

Feb. 8th. He is about the same. He takes a good deal of interest in all that is going on. He is up daily & goes out. He eats & sleeps well. The ankle clonus though still present is a good deal less than on admission. H. J. Mackenzie.

11th Today he played the harmonium (at his own request) for the evening meetings. He is up daily but lies down for an hour before meals. H. J. Mackenzie.

14th He has been much worried by letters from home telling him he must go home at once. He is restless & depressed. He is going out about daily. He eats & sleeps well. He has been given the following mixture R. Liq. Styracini M. L. Div. Sulph. ^{gr. 10}
Ac. Sulph. R. q. s. T. Amant. ʒiij Ag. ad ʒiijij sig. ʒss t. d. s. H. J. Mackenzie.

23rd He has brightened up again. The ankle clonus has disappeared. He has today left home to Grange-over-Sands Hydro. H. J. Mackenzie.

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Yatham Elizabeth,

admitted April 4, 1904

of 19 Park Place West, Sunderland. aged 38. Government.

Three years ago patient had a bad attack of influenza, back to which she dates a good deal of her bodily ill health. She states that a friend of hers suffered from exophthalmic goitre, & she visited this friend frequently. She fancies that in this way she herself has contracted exophthalmic goitre. For the last 3 months she has been treated with electricity in the form of high frequency currents. She says she has had good health except for bad bilious attacks. She pursued her occupation of bookbinding until a fortnight ago.

Patient's mother & father are alive, & also two brothers. She had another brother who died at 18 in an imbecile institution in Lancaster.

Patient is about medium height, perhaps a little below. She has a nice complexion, blue eyes & light brown hair, mixed with a good deal of grey. Pupils react to light & converge to accommodation. Her teeth are good, tongue furred. There is frequent winking.

Temperature normal. Pulse 110. regular. There is marked pulsation in the veins of the neck & in the thyroid gland.

Heart. apex beat in 5th intercostal, slightly outside nipple line. No signs of cardiac dullness to the upper border or to the right. A haemic murmur can be heard up & down the left border of the sternum & also a murmur can be heard at the aortic cartilage, systolic in rhythm & conducted into the vessels of the neck.

There is no sign of organic disease in the lungs.

There is a slight degree of exophthalmos.

The thyroid gland is considerably enlarged. Normal the middle of the neck the measurement = $11\frac{1}{2}$. At the lowest part of the gland = 12.

Patient is rather talkative & excitable. She behaves quite properly, so far. She is anxious about herself & fanciful. She says the people in Sunderland were talking about her & saying she was a flirt etc.

She says she became sleepless after nursing her mother through an attack of hepatic.

R. Kemp.

April 7. I saw Miss Tatham again yesterday. She has been restless, both during the night as well as during the day, getting out of bed & going to the matron's room for tal volatile because she felt faint. She thinks she is much better & might go back to Sunderland. She is not taking sufficient food. A night nurse was to be put on with her. The pulse rate was quiet being only about 120.
H. Kemp.

April 14. I saw patient again yesterday. She is quieter, less restless, but continues to take insufficient food. She is to have the constant current.
H. Kemp.

April 30. I saw patient to-day. She is quieter, & resting more. She is suffering from a slight attack of diarrhoea, & her temperature went up to 100° last night, but she seems pretty well in spite of it all. She no longer requires a night nurse.
H. Kemp.

May 10. Patient is still very thin. She is restless & very anxious to go home. She controls herself very well & on the whole behaves well.
H. Kemp.

June 2. Patient left to-day.
H. Kemp.

Robinson, Emily

admitted May 10. 1904

Patient has been peculiar for some time. Lately she has been staying at Southbridge Wells, with a nurse. She has been gradually becoming worse. She has become very suspicious of everybody as, thinking her letters are tampered with & that stuff is put into her food. She does not hear voices.

Patient is a woman over 40. She is above medium height, & is fairly well nourished. Her hair is black streaked with grey; eyes greenish grey; lips thin & compressed. (No physical examination was made as her brother Dr. Lewis Robinson assured me she was all right & suggested that I should defer it.)

Patient was admitted to Thoresby Hall yesterday. She was irritable & expressed much disappointment with Thoresby & its surroundings. She felt sure she could not sign the R.A. papers etc. She became rather more reasonable after talking to her brother, & after seeing round the house, & having the fire-arms explained to her. She showed total lack of confidence in us all. H. Kemp.

May 18. Patient is reported to be going on fairly well. She is very suspicious about her letters & thinks that they are tampered with. She is very reticent about her fears & ideas. She is well behaved & keeps herself occupied. H. Kemp.

May 25. There is very little change. Patient is evading her stay at Thoresby, but she lives in hopes of getting home. She is suspicious & distrustful. She behaves very badly to her nurse & can't bear to think she might be used for any one but herself. H. Kemp.

May 31. There is very little reported about Miss Robinson - she has been a little low-spirited during the last day or two, having not heard definitely from her people about going home. She is suspicious about her letters being tampered with, & is distrustful of the people about her. H. Kemp.

June 12. Patient seems rather brighter, but otherwise there is no real change. H. Kemp.

July 16 Patient lives in hopes of going home soon. She is very active in mind & body. She is a keen botanist. She is very plausible in conversation & explains away her little peculiarities very cleverly. She barricades her doors adroitly, from the time notions of people would lock their bedroom door in a hotel. She is

fidgety about her letters because she says she had trouble with them at
Cambridge Wells before she went to Thoresby. She says she has complete
confidence in everybody at Thoresby. H. Kemp.

Aug. 8. Patient is in much the same mental condition. She left Thoresby
to-day. H. Kemp.

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My. Isabel
of Darlington.

Admitted April 29, 1904.

Patient has been much worried & tired by her mother's illness. Her mother has been ill mentally for several years & has been treated all that time at home, with a day & a night nurse in attendance. Patient had her jewels stolen by one of the nurses & this seems to have preyed on her mind.

Patient has light brown hair, blue eyes & rather a pasty complexion. She is rather above middle height or perhaps just about it: of full figure & small waist. Temperature normal & pulse also: no signs of organic disease. She has an anxious worried expression, looking worn & tired as though she had not slept much lately.

She arrived at Thoresby Hall on the evening of April 29. She is low spirited & worried about herself & speaks in a helpless, plaintive rather hopeless style. She does not think she will do any good at Thoresby, because it is so quiet, & what she wants is to be taken out of herself. She says she has been wished & that she is not what people take her to be, & that she cannot get away from herself. She is sleepless. M. Kemp.

May 3. A nurse has been put on night duty with Miss My, as she has been talking about doing herself some harm & is very depressed. She is under observation during the day also. She hid her purse containing £4, away amongst her clothing for safety, then forgot about it & thought it had been stolen. It was searched for well throughout the house, but was not found for 2 days. She has habitually indulged in self abuse. M. Kemp.

May 10. Patient has become very restless & the nurses have had considerable difficulty in getting her to take her food. Last night she wet the bed. To-day she will hardly speak, & sits on the edge of her chair rubbing her hands together. M. Kemp.

May 13. Patient left Thoresby Hall to-day, was certified & admitted to the Retreat as a patient. M. Kemp.

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Casey, Ellen.

admitted July 1, 1904

Patient says she has not been well since Christmas; she seems gradually to have lost interest in everything, to have lost hope & faith, till she has almost no feeling & seems just numb. She has not slept well either. Her brother, a medical man, attributes it to nervousness. Her duties have all been at home.

Patient is about 5ft 3" in height. Her hair is dark, eyes brown & complexion fairly good. No teeth are good & prominent. She is myopic. Pupils normal in size & position. She is fairly well nourished.

There is no sign of organic disease in the chest. Temp. 98°.

- July 2. Patient seems quiet & depressed. Says she does not seem to care about things. She has lost interest in everything & feels as though she does not care about God or anything. She says she does not sleep very well & does not care about her food. She herself does not attribute her illness to any definite cause. R. Kempf.
- July 7. Patient appears to be brighter. She has worked in the work room, gone out for a drive & played croquet to-day. She says she slept rather better last night. Yesterday she said she did not feel different at all. On July 4, she went to see "Buffalo Bill". R. Kempf.
- July 14. Patient appears to be bright & interested in things, but does not admit feeling any better. She occupies herself & amuses herself, fills up her day one way & another. She is thin although she takes her food fairly well. R. Kempf.
- July 21. Patient is on the whole brighter, although she can't quite see it. She blames herself for having got into this careless, indifferent state, for having, or seemingly having lost her love for all things good. She questions, rather than denies the possibility of her ever feeling better. She is sleeping rather better. R. Kempf.
- July 28. Patient is on the whole brighter & is sleeping better. She says she still feels indifferent & callous about things. She has gained weight. R. Kempf.
- Aug. 4. Patient continues to improve & has been taking an active interest in croquet, playing in the tournament. She is sleeping better & is taking food pretty well. R. Kempf.
- Aug. 30. Patient is rather better but she has not lost the idea that everything towards her is wrong, that it is her own fault & if she could only feel like herself again. She is sleeping fairly well, & she is herself actively interested in what goes on around her. She gains weight, slowly. R. Kempf.

- Sep. 15. There is less improvement than we hoped. Patient is not sleeping
 as well as she should do. She is still much worried by her own
 condition & tends to be morbidly introspective. On the other hand she
 is active & keeps herself well employed with needlework & outdoor
 exercise & is fairly sympathetic & companionable. H. Kempf.
- Sep. 27. Patient left to-day. She has been rather brighter during the last
 day or two & left in fairly good spirits. She has gone to Whitley
 accompanied by their housekeeper. H. Kempf.

Harrison, Eliza Maria.
Bally, near Doncaster.

Admitted July 2-1904

Patient is about middle height, fair hair, blue eyes, & a rather creamy delicate complexion. There is no sign of organic disease in heart or lungs. Weight 82 9 lbs. Pulse rather slow, about 64. There are several bruises on both arms - upper arms & forearms.

Patient is excitable & talkative, remembers about having been here before, wants to know about the people she has seen used to know. She talks as though she were very delicate & tells me her heart is weak & that she fears she may have caught consumption from a friend with whom she has been staying. She has a great deal to say & says it. H. Kemp.

July 6.th Patient has been very troublesome, being restless & excitable, irritable & difficult to please. She sobbed when Dr. Pierce came round, but shed no tears. She has been sleeping in a 3 bedded room, but has been wakeful & disturbed the other patients. She has been transferred to the 4th gallery. At meal times she behaves badly, rises from the table, & lies on the window seat. She complains of everything & must speak to draw attention to herself. H. Kemp.

July 13. Patient is a mixture of indolence & restlessness. She thinks she must stay in bed, but is constantly out of it wandering about the gallery in her petticoats. She says she can't & doesn't sleep, she says she has indigestion & feels faint etc. She would like to be up & wandering about in a too-gown all day. H. Kemp.

July 20. Patient was transferred to Belle Vue, four days ago. There is not any change in her condition, she is as fidgety & difficult & talkative as ever.

H. Kemp.

July 27. Patient has been very restless, wanting first one thing & then another, & complaining of various ailments. She sleeps badly & is out of bed constantly disturbing the nurse who sleeps there. She is indolent always wanting to remain in bed.

H. Kemp.

Aug. 3. Patient is still restless & troublesome, wanting a dozen things in a few minutes.

She is indolent, moody & lazy, & wastes all sorts of things the water with her.

K. Kemp.

- Sep. 2. Patient varies, but there is a monotony in her variability. She is complaining, excitable & restless. Frequently she is very abusive. She is indolent & hysterical, lying in bed during the morning, and running about the gallery in her dressing gown meanwhile. She has always something wrong with her. She is no longer at Belle Vue but has returned to the Retreat this week place about 3 weeks ago. She can be pleasant & agreeable. K. Kemp.
- Oct. 12. Patient recalled a short time ago of her father's death. He committed suicide by hanging himself & she got the first intimation of this from the newspapers. She was much upset & has been difficult, hysterical & perverse ever since. K. Kemp.
- Oct. 22. For more than a week past it has been extremely difficult to manage Miss Harrison, she has been considerably excited, excitable, restless. She has talked freely of strangling herself & has abused us all roundly for ill-treating her etc. She was seen by D. Swanton on Oct 20th & by D. Audeen on Oct 21, who have each certified her. She is under continuous supervision. K. Kemp.
- Oct. 24. Patient has been to-day detained under certificates. K. Kemp.

Pettigrew Andrew Henry (Williamson) Admitted 7 June 1904
 Age 45. P.H. →

Patient is depressed, & worrying about business matters, sleeps badly, and gets excited periodically, but the excitement is of short duration. His bodily condition is healthy, but rather a worn and anxious expression of countenance.

15th June

Patient has made good progress. sleeps better. periods of excitement have become less frequent. occupation is sought after, and exhibits a condition of composure, occupies himself reading Principals, (Books of a high standard).

31st June

There is still improvement, takes part in the games, and a general interest in what is going on amongst the other patients. Had an interview with his wife, went out with her to lunch, and saw her off by train. returning with an attendant, feeling gratified at the liberty afforded him.

6th July

Condition still favourable and showing an even progress.

Letter from Dr. Yellowlee.

Age about 45; thin and run down. lately extended his business premises, and a very good run of business came, followed by a slackening, as it had done in most businesses; then came anxiety, needlessly great; then depression, which painted all in darker colours. He had a revolver and placed it against his temple, but did nothing more. Is perfectly clear and intelligent, and wishes to get well again. About three years ago he had a similar attack of short duration, from a similar cause and got perfectly well in 2 or 3 months. I think his mother was peculiar or weak minded for a good many years before she died, the condition coming on about 60 or 65, and attributed to a life of too great seclusion. He is of nervous temperament, anxious about business, has been accustomed to success, and is worried by the very idea of failure.

Brogan, Charlotte Maria.

Admitted July 20. 1904

of Doncaster. aged 40. married one child, a second child died.

Before her marriage, about years ago, patient had good health. She was then a lady's maid. About 5 years ago she had an illness something of a nervous nature, but she made a good recovery from it. Her present ^{illness} dates back two years. It began with an attack of neuritis & she could not walk with it & since then walking has been her chief difficulty. For the greater part of this time she has not walked at all, for months she has not left her bed. Her husband is butler to the Officer's mess in 2nd Yorkshire & Lancashire Regiment.

Patient presents a delicate appearance, skin extra white, conjunctivae pearly, lips thin but bluish. Expression at first sight sweet, like that of a confirmed invalid, who bears her sufferings patiently, which is hardly the case in question. She had to be lifted out of the cab, & carried into the house in a chair. It was a warm day but patient was very warmly clad with a seal skin cape on.

She told the story of her illness with conscientious detail; her manner was showed anxiety lest she should not tell the truth, the whole truth & nothing but the truth; every now & again she stopped in her speech to collect herself. The eyelids winked nervously.

The condition of the lungs is normal.

Over the base of the heart a soft systolic murmur is heard, it has a slightly musical tone. The pulse is small, regular & fine - about 84. The tongue is furrowed.

No muscular pascies can be discovered. There is very fair strength in the grip. Patient can't stand well, but her attitude when attempting to do so shows more reluctance than inability, reluctance being due to fear of the inability to do so. While in bed, she raises both feet fairly high, and flexes the knee joint & can resist pressure on the shins.

The knee jerks are unduly brisk. The superficial reflexes are normal. There is no Cock of Lantation.

Temperature on the evening of her admission was 100°. This morning it is 99°.

July 26. Patient has had a quiet night & seems fairly contented this morning. She again

reported the story of her illness to the minutest detail. She is afraid of the slightest breath of fresh air, is bundled up with clothes a-heads having any taken away although the weather is warm. H. Kempf.

July 31. Patient is being given Weir-Kitchner treatment. She is in bed & kept quiet, food well, & has massage twice daily. The massage for only 20 minutes morning & evening to begin with. She faithfully reports the slightest variation of a symptom, & deems all of great importance. She takes food well & says she sleeps well. She is not visited during the night by a nurse at all, as the least disturbance rouses her. She is having Rhythmicopsia. H. Kempf.

Aug. 6. Patient is improving a little. The muscles of the legs & thighs are not so flabby. She seems a trifle less anxious about herself. She looks better but is still pale. H. Kempf.

Aug. 13. Patient progresses in spite of herself. She is much absorbed with her aches & pains. Never fails to describe each little one minutely. She is perfectly willing to do whatever is required of her, but is totally without interest in anything outside her illness. H. Kempf.

Aug. 20. Patient has been up walking during the last few days. The first time she walked she was much inclined to be hysterical & laughed foolishly at her attempts. She hobbled along with her back bent, finding it difficult to maintain her balance in this unaccustomed position. She got on better the second & not so well the third day because of a rather than a superior. And the proceedings. She complains much of pain when walking. H. Kempf.

Aug. 27. Patient has been in bed again when feet became oedematous. The swelling has gone down & she sits outside a good deal with her feet up. H. Kempf.

Sep. 12. Patient has improved has improved considerably if somewhat reluctantly. She wakes her own bed & puts her room to rights. She peels a basket of potatoes each day & walks about naturally. She continues to have a supply of aches & pains & has as other subject for conversation. The lips are sometimes a trifle blue, but the condition of the heart is better. The murmur is much less pronounced, & the cardiac dullness is not enlarged. She suffers slightly from indigestion. H. Kempf.

Oct 5. Patient has continued to keep well & has walked into the city more than once. She left today. H. Kempf.

(No. 102) Saleeby, Frank G.Admitted Oct 9: 1904.

He was a medical student for some years but failed all but the final examination (at Edinburgh University). He has for some three years been taking morphine but not to any very great extent. He got up to about gr^{iv} in a week - grⁱⁱ on Saturday night & grⁱⁱⁱ on Wednesday night. He usually took it by the mouth but at one time took it in suppositories. The pleasant effects lasted about six hours followed by twelve hours of quiet & twelve hours of restlessness. For the last six weeks he has hardly taken any morphine. He has occasionally taken other drugs as cocaine (which did not suit him) & bromidia. During the past three years he has sometimes given up the morphine altogether for several weeks when the craving has become too strong for him. In the last six months he has taken some alcohol - 2 glasses of beer & two glasses of whiskey in a day. He has had no treatment except an attempt at hypnotism which was unsuccessful. About three years ago he made a suicidal attempt by opening his radial artery: he also burned on the gas in his room & swallowed some opium. He fainted & on reviving started the bleeding again: he was found about 7 am. This attempt he says was due to the depression following masturbation which he had recently begun.

He is fairly nourished. Height 5' 11" Weight 114.3 1/2 lbs. His heart, lungs & other organs appear to be healthy.

There is a peculiar expression in manner - a partial vacancy - which seems to suggest that his present condition is not all (or perhaps not to any great extent) due to the morphine he has taken but is rather the result of general commencing mental enfeeblement.

The following course of treatment is to be adopted: a cold sitz bath in the morning with cold sponging down the spine: general massage, to remain in bed till dinner time, & after dinner have exercise as far as possible in the open air; electric bath (sinusoidal) every other evening: Lig. Hyg. 1/2 to be taken three times a day. H. J. Mackenzie.

Oct 15th He usually sleeps well but the night before last he was very restless & out of bed several times.

He is going on with the treatment as noted above. H. J. Mackenzie.

Oct 29th He continues the treatment as above. He appears to be somewhat brighter & to take more interest in what is going on. He writes a great many letters to numerous friends & acquaintances. He is now sleeping very well. H. J. Mackenzie.

Nov 5th For the last few days he has been complaining of sore throat. His throat is a little red & inflamed.

especially on the right side. He has been given Chlorate of Potash & Borax tablets
 mouth-air improving. He shut himself up in his room & drew the curtains saying
 that he felt the light trying to his eyes. He has today been up for about two
 hours. H. J. Mackenzie.

Nov 19th. His throat is better. He goes out in the grounds & occasionally plays Badminton.
 He was much alarmed when the attendant who gives him massage got a cold: he feared
 that he also would be infected; & was greatly relieved when the massage was given
 up. He is now having much more exercise than formerly. He is getting restless
 now & is anxious to be off. H. J. Mackenzie.

Nov 22nd. He left this morning by an early train for Edinburgh. H. J. Mackenzie.

Newton, Richard Palmer. age 23

Admitted Nov 28: 1904.

His mother is at present in the Retreat under certificate.

He is a slightly built & poorly nourished youth & looks considerably younger than his age.

There is no sign of visceral disease.

His expression is somewhat feeble & he often laughs in a silly way. He says he is in the habit of masturbating every five days & justifies the practice saying that he has in this way purified his body of all lust. He does not seem able to see that there is anything incontinent in his indulging in this way & at the same time going into Holy Orders (which he intends to do).

H. J. Mackenzie.

Dec. 1st He has today gone to Thoresby Hall, Scarborough, where he is to remain for the present.

H. J. Mackenzie.

10th. He seems to have settled in at Thoresby fairly well. He rests in bed for a considerable part of each day. He goes out on parole alone & has always come in to time. His habits as to masturbation do not seem to be much improved.

H. J. Mackenzie.

1906.

Jan 24th He seems to be fairly settled at Throsby Hall, but talks of shortly going to read for his degree. He is however very apathetic: it is difficult to get him up in the morning & he needs supervision to get him to dress otherwise he would stand about & make little or no progress. He goes out for walks alone. He does not appear to associate much with the others in the house. He is thin but appears in fairly good health. H. Mackenzie.

Feb. 22nd. He is increasingly irregular at meals & in the routine of his daily life - goes out late for his walks & comes in when meals are half over such like. He requires constant attention & pressure to get him to dress - when left alone he will stand for a long time gazing at the basin & doing nothing. His habits as to masturbation, which improved for a time, are worse again. He takes food well & his weight keeps about stationary. H. Mackenzie.

March 31st. He left today & went to Donbridge Wells to board in a family.

H. Mackenzie.

Frank Bamford, age 18.

Admitted Dec 3: 1904.

Accountant's Articled Clerk. (Aunt Miss Bamford, Westwood Rd. Beverley)

F.H. Father lives in India is in good health. Mother died of malaria. One paternal uncle died of "Consumption of Brain", was ill twice a "mad case".

P.H. At school patient did not get on - went down in the form - always a marked boy - habitually inaccurate.

Heromanes his statements are often greatly exaggerated. 2 yrs ago his father came home & found him morbid & sullen he was made a butt of by the others - is "weak". Takes violent aversions without cause. Rather morbid 8 or 9 yrs ago. Has always been inclined to be depressed & look on the dark side of things.

Last summer he had an attack of depression lasting 14 days.

H.P.C. 16 days ago he said he had to go to London & got £2. He did not go but stayed at a Hotel in Hull. Went to Cardiff quite unprepared.

He has been thinking of suicide & said brave people commit suicide. In the spring "episode with servant girl" - only 16 yrs. - He was much depressed later.

He takes long walks & mooms about what to be brought back.

In August he came home quite confused & dazed.

He says he once took chloroform but his word is not reliable.

He is a well nourished youth. Height 5'4" weight 104.13 1/2 lbs. His internal organs are apparently healthy. Palate not highly arched. Pupils circular, large, react properly to light. There are some acne spots over the face.

He says he is subject to fits of depression which come over him for no reason but which distress him very much. He seems exceedingly willing to do anything he is told - almost too much so in fact.

H. J. Mackenzie.

Dec 10th. He seems to have settled down very well. He eats & sleeps well. He joins in the amusements plays hockey etc. He complains of occasional fits of depression especially in the morning but for the most part is bright & cheerful.

H. J. Mackenzie.

17th He joins in the amusements & takes a good deal of interest in hockey etc. He occupies his time otherwise fairly well reading, walking out etc. He is occasionally rather depressed.

H. J. Mackenzie.

24th He does some work in the garden but there is reason to think that he uses the work as an excuse for getting out into the grounds. He does not do a great deal, but prefers to walk round with the nurses & their patients who have difficulty in staking them off. However he does not misconduct himself. He joins in the games. He is in good bodily health.

H. J. Mackenzie.

Jan 16th 1904. He continues much the same. He goes out to work: sometimes he seems to try to work better especially after he has been talked to about it but he soon slips back. He was visited by his aunt yesterday it appears that about three weeks ago he made an excuse to get out alone asking if he might go to the station to meet his aunt when he knew she was not coming. He complains less of the depressed feelings. He eats & sleeps well. H. J. Mackenzie.

Jan 28th. He left today.

H. J. Mackenzie.

Schofield Maria. Aged.

Admitted 21st Dec 1904

Patient is of medium height, dark, and rather spare, has an anxious expression. Bodily condition good, although she is thin. Complains of cracking noises in her head, which she states move from one side to the other. She states that she thinks they originated from the treatment a Quack gave her for Rheumatism of the head, evidently wrong; from the account she gives of the various manipulations she was subjected to. Heart and Lungs are healthy, she takes food fairly well, but does not sleep well. Complains of her clothing a good deal, it is either too heavy or not warm enough, and at times makes excuses for the shabby condition of them, although they are quite good.

4. 2

4th. Patient is much the same, but wants to return home but after talking to her on the subject of returning home, she was persuaded to remain a bit longer.

13th. Patient still desirous of going home, though slightly better, more contented, and taking food well. Sleeping better. Her friends thinking she had better return, as she so much wanted to. She was sent home with Sister Brown as far as Leeds where her friends met her.

E. E. D.

Guest Margaret Mary.Admitted Dec. 27, 1904

Dec. 28. Patient has been under certificate in the Retreat since March 1902, with the exception of a few months in the summer of 1902 when she was at home on trial. She is now well enough to be discharged but is remaining on as a V.B. for a few months. She has agreed to do work like a nurse & is to receive payment. She is a trifle work-minded. N. Kemp.

March 30. Patient has kept very well & has worked well. She has parole & goes about as she pleases. N. Kemp.

April 13. Patient left yesterday & has gone to live with the wife of one of our attendants. She is very well. N. Kemp.

Sciot, Anna Maria.admitted Dec. 4. 1904

Patient has been under certificates here since Dec. 6. 1903. She has been admitted as a voluntary boarder owing to the lapse of the certificates & her mental condition permitting the same. She is pleasant & amiable, but quiet & sometimes she gets rather depressed. She does needlework & goes out for walks & goes out into the grounds. She has thyroid extract grs. daily. H. Kempf.

March 5. Patient is useful working daily in the workroom & in help for to some extent in the gallery. She is at a rule cheerful & amiable, goes out walking with a nurse & takes part in anything that is going on. Thyroid is stopped. H. Kempf.

June 21. Patient has kept very well & left to-day with her sister and a friend.

H. Kempf.

Dunsdale, Catherine Sarah,

admitted March 9, 1905

Yunbridge Wells.

sister of Sir Joseph Dunsdale - ex Lord Mayor

of London.

Patient has never been very strong mentally, but has always been able to lead a good useful life. For about two years she has not been quite well & has been doing things that were strange for her. She has had a companion during that time. For a short time before coming here she has had a nurse.

She has enjoyed good bodily health.

Patient had an X-ray under certificate in the Retreat where she died there.

Patient is in good bodily health; she is above middle height & is very stout. Eyes & hair dark.

Patient is confused & very slow at answering questions, many of which she leaves unanswered. She does not know why she came here, & seems uncertain about having signed the papers. She says she is quite well & does not require medical treatment. She is to sleep in a single room with a nurse sitting up. She is at Belle Vue. R. Kemp.

March 12. Saw patient to-day on her return from church. She was confused & depressed, & says she can't make things out. She says she should not be here & is worried about her home etc. She is very slow at expressing herself, & puts her hand to her forehead, as though in distress & moves about a little & "does not know what she ought to do". In the morning she refused money for the church collection because she had no right to it. Miss Godson reports that she became more cheerful as the day goes on. She goes out with a nurse, & is now without a night nurse. R. Kemp.

March 19. Patient is still rather confused & depressed especially in the evening. She continues to be worried by ideas about money & about her home etc. Slow at expressing herself. She goes out with the nurse. Sleeps only fairly well. R. Kemp.

March 26. Patient is a trifle more talkative & is perhaps rather readily communicative to strangers - giving information to waitresses in To. rooms etc. She is not allowed out alone however. R. Kemp.

April 2. Patient is rather more cheerful; she goes out to concerts & exhibitions of pictures etc. - always with a nurse. Rather inclined to spend her money freely. She is sleeping better. R. Kemp.

April 12. Patient continues to improve: she is still slow in expressing herself, but this is less marked with people she knows well. She continues to be inclined to be ~~over~~ injudicious in what remarks she does

REPORT

Private

Visit March 3rd 1905.

PHYSICALLY: Well nourished, no apparent difference from last visit. There would be the possibility that she would go on satisfactorily from that time without giving much serious trouble, though I am not sure that if she is restored to mental health she will be long not answering at all.

MENTALLY: Still dull and apathetic. Conversation still lengthened and rarely answers a straightforward question for some seconds, often will be long not answering at all.

Whereas, on the last visit her mental attitude was present requires careful attention, one of depression and doubt, mixed with possibly strangers and provided she had no money. Now there slight delusions that she had no money. There appears to be a definite delusion, crystallising that she has no money at all, that consequently the house is being stripped to pay her debts, that the water is being cut off, with the result or delusions, she is not in the w.c., that the electric light is cut off, so that the whole place is in darkness, and when it is shown that the water is not cut off and that the light is still there the answer is "Yes but it will be presently" for a person of her social position is unable to hear her own voice when she speaks, and yet she says that "they" say that there is no water, and that there is no light, that there is no money. Questioned as to who they are she makes no reply.

RECOMMENDED:

That she have an opportunity to be placed amongst strangers, preferably at a seaside and whatever hallucinations of hearing, in fact I definitely think that she has not. She signed her name after a little persuasion quite legibly and satisfactorily, and she quite gave me the impression that she would make no objection to signing it for a Power of Attorney.

She did not appear to me to be suicidal or at all inclined to be suicidal, nor did it occur to me that she is likely to be violent, but she quite

Private

May 10
June 10
July 10
July 10
July 10

May 11

Visit March 3rd 1905. K. Kemp. Patient is cheerful + goes about with a good deal of freedom. She is not least better work needed.

June

Patient continues to improve. She is now cheerful. K. Kemp. PHYSICALLY: Well nourished, no apparent difference from last visit. MENTALLY: Still dull and apathetic.

July

Corruption still lengthened and rarely answers a straightforward question for some seconds, often not answering at all. Whereas, on the last visit her mental attitude was

July

known one of depression and doubt, mixed with possibly slight delusions that she had no money now there

July

in error she had no money at all, and consequently the money being stripped to pay her debts, that

she stated the water is being cut off, with the result that there is no water in the w.c.'s, that the electric light is cut off, so that the whole place

is in darkness, and when it is shown that the water is not cut off and that the light is still there the answer is "Yes but it will be presently"

She states that she can hear nothing, that she cannot hear her own voice when she speaks, and yet she says that "they" say that there is no water, and that there is no light, that there is no money. Questioned as to who they are she makes no reply.

I have not been able to satisfy myself that she has hallucinations of hearing, in fact I definitely think that she has not. She signed her name after a little persuasion quite legibly and satisfactorily, and she quite gave me the impression that she would make no objection to signing it

for a Power of Attorney. She did not appear to me to be suicidal or at all inclined to be suicidal, nor did it occur to me that she is likely to be violent, but she quite

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wishes to converse people outside. She is more cheerful. A. Kempf.

May 10. Improvement is maintained & continued. Patient is cheerful reasonable & goes about with a nurse & Miss Gordon. She is at best rather weak minded.

June 10. Patient continues to give me the impression that if removed from her present surroundings and placed amongst strangers there would be the possibility that she would go on satisfactorily from that time without giving much serious trouble, though I am of opinion that if she is restored to mental health the period of convalescence will be long.

July 10. Patient was to have left by the steamer but she fell down & sprained the left knee. She was not able to get out. But I am of opinion that the patient will be long.

To sum up the mental condition, she at present requires careful supervision amongst strangers and provided she is placed in suitable surroundings it may not be necessary for her to be placed under certificates, but it should be borne in mind that there is always this possibility

which may occur, because owing to her peculiar ideas or delusions, she is apt to do exceedingly strange things, such as to get behind the counter in a shop and ask them to keep her there, to make small scenes in public streets, and even to behave in such a way in the front garden of her house as is unseemly for a person of her position.

Her present mental condition is also such that should it be advisable she could be placed under certificates without any difficulty.

RECOMMENDED: That she have an entire change to the seaside amongst strangers, preferably to a doctors house and whatever arrangements be made, it be borne in mind that there may be a possibility at a comparatively short notice of her having to be placed under certificates.

Clawson

wake to cause people outside. She is more cheerful. H. Kempf.

May 10. Improvement is maintained & continued. Patient is cheerful & reasonable & goes about with a nurse & Miss Godson. She is at least rather well minded.

H. Kempf.

June 10. Patient continues to dwell in much interest in the preparation for her new home. H. Kempf.

July 10. Patient was to have left by 2000 train but on July 6th she fell down & sprained the left knee. H. Kempf.

serious trouble, though I am of opinion that if she is restored to mental health the period of convalescence will be long. To sum up the mental condition, she at present requires certain supervision amongst strangers and provided she is placed in a suitable environment it may not be necessary for her to be placed under certificates, but it should be borne in mind that there is always this possibility

July 20th - She has present under certificate, but has not begun to go out. H. Kempf.

July 31. Patient to be placed under certificate, but it should be borne in mind that there is always this possibility

which may occur, because owing to her peculiar ideas or delusions, she is apt to do exceedingly strange things, such as to get behind the counter in a shop and ask them to keep her there, to make small scenes in public streets, and even to behave in such a way in the front garden of her house as to cause annoyance for a person of her position.

Her present mental condition is also such that should it be advisable she could be placed under certificates without any difficulty. That she have an entire change to the seaside amongst strangers; preferably to a doctor's house and whatever arrangements be made, it be borne in mind that there may be a possibility of a comparatively short notice of her having to be placed under certificates.

RECOMMENDED:

H. Kempf

wake to cease people outside. She is more cheerful. H. Kempf.

May 10. Improvement is maintained & continued. Patient is cheerful reasonable & goes about with a nurse & Miss Godson. She is at least rather well minded.

H. Kempf.

June 10. Patient continues to do well in much interest in the preparation for her new home. H. Kempf.

July 10. Patient was to have left by now almost, but on July 6th she fell down & strained the left knee. Spasms were set up. The swelling has subsided considerably. They say - that much lameness is coming out. Mr. J. J. saw the patient recommended heat & ice applications. Rest continues with gentle massage for half an hour daily. H. Kempf.

July 20th - The knee is improving steadily. Patient is up but cannot begin to go about much. Mentally she keeps well. H. Kempf.

July 31. Patient left today & has gone into a home of her own with a companion. She appears to be very well. H. Kempf.

Abrons, Ernest Leopold. Admitted 11th March 1905.
Age 39. Married. Fair complexion.

Bodily Condition. He is in fairly good bodily health, well nourished, the internal organs are healthy, but muscular power rather feeble, eyes rather suffused, pupils dilated.

Mental Condition. He has a distressed look, exhibits signs of restlessness, and expresses anxiety as to his mental condition, extremely nervous, and attributes his present condition to syphilis, which he says he contracted three years ago. (but letters from his medical attendant, deny that he has had anything of the kind gave him a course of Mercury, more to satisfy ^{him} than anything else, there are no signs of such, but he had an attack of gonorrhoea, for which he was treated. Has had a previous attack to present, but was not under treatment.

490

18th March 1905. Patient has been very restless, not being able to stay in bed at night, wandering up and down the corridors has had very little sleep, complaining of a tight band round his head, which prevents him from sleeping, looks agitated and more distressed, still takes food well. He was given a sleeping draught on the night of the 19th and had a good night's rest, but did not seem much improved next day.

491

25th. Patient more or less the same, sleep not much improved. He is very distressed & worried about himself, always talking about himself, and the possible developments of his case, and reverts to the Syphilitic origin of his malady, takes food well, is having electric baths every second night, and massage daily.

492

6th April. Patient somewhat improved, has been able to occupy himself more, and take some interest in the doings of others, Ego less marked, expression improved, not so worried, sleeping better.

493

13th. A continued improvement, he has been able to occupy himself and has sufficient composure to dine with the other patients in common dining Hall, but still has fits of distress and restlessness

494

20th. Not quite so well. a return of nervous feeling, a want of composure, and a look of extreme agitation, not sleeping so well. can not occupy himself for long together, not taking food so well. G. G. D.

26th April. Patient continues in a very agitated condition, cannot possibly occupy himself for long together, and is a universal annoyance. he has been sleeping badly, but had 5 hours sleep last night, although when going to bed, he anticipated death. It is thought a change of treatment might be tried, his relatives are coming today, to talk the matter over, he has lost a little weight, his present weight is $10 \cdot 6 \frac{3}{4}$. I have examined him today, and find the internal organs in good health, his nutrition is good though he has lost weight, there is however an infected condition of the ^{secretory} skin. G. G. D.

May 3rd. He left here today went to Manchester to be placed under "Christian Science" treatment. Weight 10 st 8 lbs — just the same as when admitted.

H. G. Mackenzie

Scard. Friedrich J. Admitted 28 January 1903.
Age. Married.

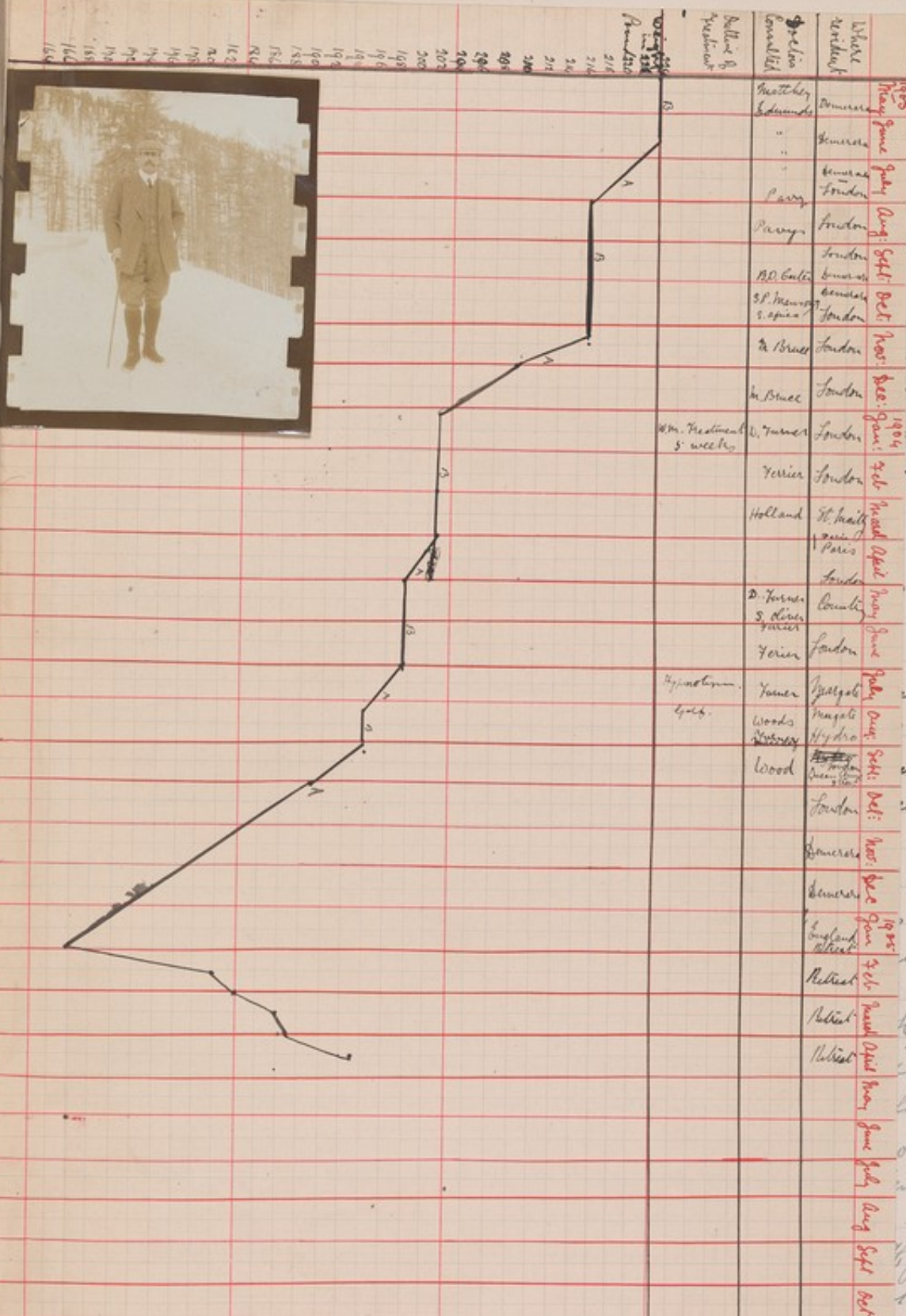
P.H. In June 1903. Patient had an attack of Influenza, (in Demerara), from which he did not altogether recover, and then nervous symptoms developed. He came home to England the end of July 1903, to consult. Some opinions in London, he saw D. Pavy, who stated he was in good general health, recovering (this was at the end of August, after treatment). He returned to Demerara in the end of September, where he saw D. Carter, & afterwards D. S. P. Mansoon. He was sent to South Africa for a fortnight, but did not improve much, so came back again to England, where he saw Mitchell Bruce, he remained under his treatment for 2 months, with no marked improvement, then he consulted D. D. Turner, who prescribed Wier Mitchell treatment for 5 weeks. After that he saw Ferris, who ordered him to St. Moritz for 2 months, when there he consulted D. Holland, he left St. Moritz for a month in Paris, and from Paris he returned to London, when he again consulted Ferris, and he was ordered to the country with D. S. Oliver for a month, and then he returned to London, where he saw Ferris & Turner, who prescribed Hypnotism, and he then went to Margate to obtain salvation from Golf, he saw Woods at Margate, and then left to go to a Hydro in Richmond, from which he returned to London to Queen Ann Street, under D. Wood.

Bodily Condition. He is in fair bodily health, fairly well nourished, internal organs are healthy. weight 12 st. 6 3/4 lbs. Height 5 ft. 11 1/2 in.

Mental Condition. Seems slightly depressed, and Hypochondriacal. He says he does not think he can live long, as his liver is all gone wrong, and that his body is worn out, and consequently any physical exertion will wear out his brain, he sleeps badly. weight 12 st. 10 lbs. (increase 3 1/2 lbs.)

17th Feb. Patient is in much the same condition, no improvement. Sleeps badly, and does not take food well, but is making an effort to occupy himself with wool work, his varied conditions of body & mind seem to distress him not a little.

14th Feb. In more or less the same condition, he however occupies himself a little more, and goes out for 3 hours instead of one. Weight 12.13 3/4 (increase of 1 1/2 lbs). The Dentist paid him a visit.



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22nd Feb Patient improving slightly, he is able to occupy himself without so much effort, he expresses a want of appetite, and is not taking food well, he is having some medicine, and electric baths. Has had his teeth extracted.

30th Patient somewhat better, but feeling rather low after the operation for his teeth, lost a fair quantity of blood, had to apply a styptic, a good deal of difficulty with food, and not sleeping so well.

1st March A steady improvement, mouth healing up well, went to dentist to get a temporary set in, a good deal more cheerful, and taking more exercise, improving with his food, which he has peptonised, increasing in weight.

20th March. Patient still improving and gaining weight, does not talk quite so much about himself, more cheerful, & taking an interest in what is going on, taking food better.

1st April. Continues to improve, gets out a good deal, and is sleeping better.

17th April. A great improvement, a good deal more cheerful, has been able to do some useful work, drafting plans &c, and plays a game of Croquet, and cards in the evening, interesting himself in photography, keen on snapshots. Lines of expression coming back.

May 25th He continues to improve in several respects. His weight continues to increase is now 14 st. 8 lbs. He eats & sleeps well. He occupies his time fairly well. He still maintains that he is getting worse & that especially his liver is worse & will prove fatal before very long. He often says this with a smile however.

July 3rd. He maintains the improvement noted above. He goes out a great deal, plays croquet, & has been cycling. He still maintains that his veins are tight & that his liver is not very weak & that he is going down hill. He wishes for a change & as I am going for a short time temporary duty in an ambulance home in Normandy, London, he has proposed to go with me & this has been arranged. We leave tomorrow.

Aug 1st. He returned from Normandy on Aug 2nd. The change has not been beneficial. He was very miserable a great part of the time. Various relatives came to see him & he was much upset thereby. He did not sleep well & was often restless. Latterly (for about ten days) at his urgent request an attendant was got for him so that he might have some one to call on at night. He frequently sent me notes to say he was fast getting weaker & could not last much longer. Towards the end he said feared he should be too ill to travel back to York & if he started he should die on

the way. After he had fairly started however he brightened up considerably & made
out the journey without any difficulty.

H. J. Mackenzie.

Sept 14th. Today he has left again to stay with a sister in Devonshire. He has
improved again & is able for a good deal of exercise - cycling, croquet etc.

Weight 14 st 10 lb

H. J. Mackenzie.

Hardy, Hope.

Admitted April 12, 1908

of York. Kevald age 31. no occupation.

Patient states that her illness began 3 years ago, when she first began to have pain after food, for which she tried causing off various foods, but obtained no relief for any variation in diet: constipation was severe, but there was no sickness & there were no headaches. During this time also, there were no menstrual periods, which however, had been regular before that. Last summer she was in the York County Hospital for 7 weeks, but did not improve at all.

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Continuous series of hot water bottles to abdomen.

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7 am. Milk - ^{lightly curdled} yolk of one egg. toast. bread + butter.

10 am. Milk. toast.

1 pm. Chop. or steak - ^{lightly curdled} mullin - beef + Pork. one potato or
milk pudding - ^{steamed fruit} steamed fruit or berries.

full diet.

4. pm. Milk.

7. pm. Chop or steak - same kinds as dinner.

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Chop + potato or steak + potato + rice pudding + steamed fruit twice daily - with milk + toast + yolk of an egg in between - no egg only in the day. Hot bottles continuously. The abdomen is becoming motiled. Twice during the week she has had baths & the abdomen scrubbed. Splashing can be heard a little above the umbilicus. an enema was given yesterday. H. Kemp.

April 29. Patient weighed at the 24th - 127. 4 1/2 lbs. diet the same. She had a good deal of pain on the 27th - today she had an enema - complained of feeling sick afterwards. Splashing as low as 1" above the umbilicus. H. Kemp.

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Admitted April 12, 1908

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Patient states that her illness began 3 years ago, when she first began to have pain after food, for which she tried causing of various foods, but obtained no relief for any variation in diet: constipation was severe, but there was no sickness & there were no headaches. During this time also, there were no menstrual periods, which however, had been regular before that. Last summer she was in the York County Hospital for 7 weeks, but did not improve at all.

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Chop & potato or Steak & potato & rice pudding & stewed fruit twice daily - with milk & toast & yolk of an egg in between - no egg only in the day. Hot bottles continuously. The abdomen is becoming mottled. Twice during the week she has had baths & the abdomen scrubbed. Splashing can be heard a little above the umbilicus. an enema was given yesterday. M. Kemp.

april 29. Patient weighed at the 24th - 127. 4 1/2 lbs. diet the same. She had a good deal of pain on the 27th - today she had an enema - complained of feeling sick afterwards. Splashing as low as 1" above the umbilicus. M. Kemp.

Hardy, Hope.

Admitted April 12, 1908

of York. Female age 31. no occupation.

Patient states that her illness began 3 years ago, when she first began to have pain after food, for which she tried causing off various foods, but obtained no relief for any variation in diet: constipation was severe, but there was no sickness & there were no headaches. During this time also, there were no menstrual periods, which however, had been regular before that. Last summer she was in the York County Hospital for 7 weeks, but did not improve at all.

Patient's height is 5 ft. 1 1/4". Weight 4 st. 11 1/2 lbs. Anxious expression of face.
girth round waist 21". girth round arm 6 1/4".

Temp. 98.2°

Heart & lungs are normal

Epigastrium & hypogastrium. Palpation reveals nothing, no peritumor. Percussion reveals a tympanitic note down to the umbilicus, & splashing can be heard as far. The note changes if patient lies first on one side & then on the other, the side being dependent being also dull. Hard lumps of feces can be felt in the left iliac region in the descending colon.

Patient complains of pain & discomfort after food, & flatulences. She is in bed. Hot bottles being in continuous application to the epigastrium. She is having milk & hot water - 6 oz every 2 hours.

April 15. Patient is being strictly confined to bed. Last night she had just got her evening meal. The hot bottles are being continually applied. An enema was given yesterday, giving considerable relief. To-day she is having more solid food. H. Kemp.

April 22. Patient weighs 5 st. During the last week she has complained of flatulences on one or two occasions & pain on the 17th & 21st. She has chop & potato or steak & potato & rice pudding & stewed fruit twice daily - with milk & toast & yolk of an egg in between - no egg only in the day. Hot bottles continuously. The abdomen is becoming mottled. Twice during the week she has had baths & the abdomen scrubbed. Splashing can be heard a little above the umbilicus. An enema was given yesterday. H. Kemp.

April 29. Patient weighed on the 24th - 4 st. 4 1/2 lbs. Diet the same. She had a good deal of pain on the 27th - to-day she had an enema - complained of feeling sick afterwards. Splashing as low as 1" above the umbilicus. H. Kemp.

- May 8. Patient has been doing pretty well; the stomach having contracted considerably. Splashing can be heard only as low down as $1\frac{1}{4}$ above the umbilicus. She now weighs 5 st. $7\frac{3}{4}$ lbs. She still has some pain occasionally but not much. Treatment the same, except that the bottles are not quite so hot as the abdomen was inclined to be so. H. Kempf.
- May 15. Patient has had a fairly good week. She now weighs 5 st 9 lbs. Girth round waist $22\frac{1}{2}$. - Round arm $7\frac{1}{2}$. She has been up & sitting out in the balcony. She has twice complained of pain during the week. Constipation continues & patient has an enema about every 3rd or 6th day. She has abdominal massage twice daily. She has a bath, with scrubbing about every second day. H. Kempf.
- May 22. Patient continues to improve except in the matter of constipation. She weighs 5 st. $12\frac{1}{2}$ lbs. - The girth round the waist & the arms are the same as last week. There has been no complaint of pain, & patient has been up & out for some hours each day. H. Kempf.
- May 29. Patient continues to improve - weight is now 6 st. $1\frac{1}{2}$ lbs. The treatment remains the same. H. Kempf.
- June 5th Weight 6 st $2\frac{1}{2}$ lbs. She is up all day, but this week there has been some return of the pain & discomfort. The constipation has been less obstinate. H. Kempf.
- June 18. Weight 6 st. $5\frac{1}{4}$. Patient continues to do well & has been doing some light housework. Constipation has to be relieved by an enema from time to time. H. Kempf.
- July 8th Patient left to day; she had continued to do well. H. Kempf.

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Adams, H. C.

Admitted Oct. 3rd 1903.

Age 37. Married.

(not a mental case)

P. H. Patient a medical man, who from childhood had suffered from indigestion when 15 years of age. had pain after meals, accompanied by vomiting, & was subject to constipation. At 19, consulted Specialists, & by one was ordered to Cape, he was there very thin & Phthisis was feared. he continued in this state of health as a Medical Student, and did his work with great difficulty, still suffering in the same way. he started Medical Practice, but his symptoms increased in severity, rendering his work very trying, he thought that his attacks were induced by cold, or disagreeable smells. his pain was in epigastrium and eventually he had to be confined to bed, & lay there curled up. he found that a hot bottle relieved him. there was never copious vomiting, or particles of undigested food, no haematemesis.

In 1901. He saw a well known Specialist, who first diagnosed his complaint, it was discovered that the Stomach was dilated, lower edge below umbilicus, splashing & metallic tinkling. In June of this year he was 5 weeks in Newing Home, under above Specialist, receiving treatment as follows, Special light diet, restricted liquids & solids, Milk, Eggs, fish, & General & Abdominal massage, medaily. Constipation was treated with enemata as a rule, but he had a course of (Glycy powder), although vomiting stopped he lost weight, being 7-10 entering & 7-10 on leaving. He now took a holiday and did a Winter holiday work, but his condition was miserable. In 1902. He saw his Specialist again, who took him to a distinguished Surgeon, who advised Laparotomy this advice was confirmed by three other ~~Surgeons~~ Physicians. So the Surgeon wanted to search for obstruction & perform Gastro-Enterotomy, Patient did not mind former, but objected to latter, so decided to give up his Practice, and take a 3 months holiday on NE coast, & defer operation. On Sept 11th 1903, he saw Dr. Bedford Pierce, when he was very thin weighing 8-4 in his clothes, always in discomfort, & in terror of attacks of pain. he had restricted his diet, his skin was always dry, never sweating, and still had constipation.

On Oct 3rd 1903. he was admitted into the Retreat, for a course of special treatment. It was found that his stomach was greatly distended, he was very thin, weighing 8-4 lb. (The originality of Special treatment not being claimed by Dr. B. Pierce)

- 1st The patient was put in bed, in an airy sunny room.
- 2nd Hot bottles or tins, are continually applied to the abdomen
- 3rd He is given a liberal supply of ordinary food, regardless of discomfort,
- 4th No medicine of any kind is administered
- 5th It is desirable that he be isolated from worry, receiving & writing no letters, and does not smoke and even read.
- 6th No stimulants are given, not tea, coffee or cocoa,

The above is practically "Stendall's Treatment"

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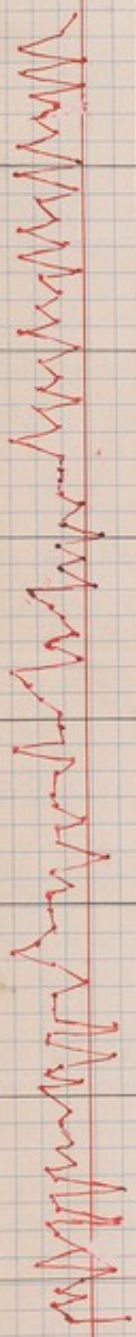
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The hot Colic, seem an essential. the value appears to lie in relaxing pain & promoting peristalsis. in the early stages of treatment a continuous sphygm. day & night is required. The patient in consequence soon became frigid & over abstinent.
 The dieting, must be liberal and must be given regardless of complaint, much depends on a good Nurse, and the determination of the Physician.

17th Diets. The patient has had during last week, pork & other kinds of meat, as well as abundance of green vegetables & fresh fruit, which he had not taken for years. he had macaroni in some form every day - after macaroni cheese. The only special point in dieting was the rejection of the whole of egg. The quantities given being good helpings at first, always more than he had appetite for. with injunctions it was to be finished without argument. Gut left by one self 11 $\frac{1}{2}$ inches Weight 8 $\frac{1}{2}$ lbs.
 Arm over back 9 $\frac{1}{2}$ inches

19th. Patient still on same treatment & doing well. one other item being added. That is, he was placed in a warm bath for 15 minutes twice a week, but it was not considered to be of any material benefit so was discontinued after a few weeks.
 Gut left by one self 11 $\frac{1}{2}$ inches Weight 9 $\frac{1}{2}$ lbs.
 Arm over back 9 $\frac{1}{2}$ inches

21st. Patient still improving. the stomach steadily retracting, and a diminishing of splashing sounds. At 29th for first time went out Weight 9 $\frac{1}{2}$ lbs.

24th Protrusion. A still further improvement, gradually gaining weight. The skin & subcutaneous tissue had materially increased in thickness, and wonderful to relate, his wife did not know him when she beheld the monster. Gradual drill was now started. Weight 9 $\frac{1}{2}$ lbs.

27th Hor. I slept continuously improved. And now exercise was commenced continued, and more regular. his weight increasing to 10 lbs.

28th Hor. Going on very satisfactorily, weight increasing, and eating well. all pain was absent, and no uncomfortable feeling after food, and what was more remarkable was the complete disappearance of constipation. Weight 10 $\frac{1}{2}$ lbs.

Patient continued to improve up to the time of his discharge on 17th Feb 1904. when he was in good health, however than he had been all his life, and free from all abdominal symptoms.

No. 115

Bright, Mildred K.

Single.

Admitted June 26: 1905.

She is a tall fairly well nourished girl. Her viscera are apparently healthy except that the pulse is rapid & irregular; there is no cardiac murmur.
 Urine: Sp. 1010. acid. No albumen nor sugar.

She is somewhat depressed & apathetic. Occasionally she is rather highly excited & talks loudly. H. J. Hackenzie.

July 3rd. She has slept on the whole, well each night since admission, but last night she did not sleep much. The humor does not seem any worse for it today. She spends a great deal of time out of doors, reads & sews a good deal. H. J. Hackenzie.

July 11th. Patient tells us that she is convinced that eternity has begun for her, & that she is suffering the pains of hell. She says she is dead to all real feeling & that nothing, no shock or calamity could rouse any better nature in her, she simply does not care about anything. She tells us she could not take her own life because, seeing eternity has begun for her, she could not bring about her death. On examination of the heart to-day a murmur can be heard, but the rhythm of it is not quite definite - its area of distribution is characteristic of a preystolic. Patient is bright & breezy. H. Kempf.

July 18th. Patient tells us she has made a discovery & that is, that she has to live for ever. She says she tried to see if she could smother herself, but found she could not! She does not sleep very much only an hour or two & she gets very unhappy because she thinks of all the things she might have done. She does not take food any too well. H. Kempf.

July 25th. There is not very much change to report in the patient's condition. She sleeps rather longer & consequently it was cheerier in the morning. She is having her food upstairs as she can be less dilatory there. H. Kempf.

Aug. 16. Patient is keeping better on more reasonable. She sleeps all right now: she continues to be most pessimistic about her recovery & to-day declared she would give us \$1000. if we sent her home well. She gained 2 lbs in weight last week. H. Kempf.

Sep. 1. Patient has been sleeping very much better, & was rather brighter until yesterday

when she had a bad day - headache & depression. She lost 1 1/2 lbs in weight the previous week. She told me last night, that perhaps she was not eternally lost. M. Kempf.

Sep. 8. Patient says she only exists & does not live. She admits to having indulged in self abuse, but promises to give this up. M. Kempf.

Oct. 4. Patient went to Thornely Hall, Scarborough yesterday. She is improved but she is not well yet & has not gained weight this month. M. Kempf.

Nov. 28. Saw Miss Bright at Thornely on Nov. 28. She is distinctly improved, although she still thinks she is a bad lot, but is philosophical about it & decides she must just make the best of it. She is working well. She has gained 4 lbs in weight. M. Kempf.

Dec. 8. Patient left Thornely Hall yesterday, & went home accompanied by her mother. She was rather hysterical before going & took flight & thought it impossible for her to go etc, but went off finally in good spirits. M. Kempf.

1906
Feb. Had note from Mr Bright saying his daughter was not well & could not concentrate her mind or add up a column of figures. (B.P.)

Catherine Woodhead. single. Age 79.

Admitted June 26: 1905

She is fairly well nourished. Her viscera, except her heart, appear to be in a healthy condition for her age. There is aortic systolic murmur. The pulse is 84 small but regular. Her feet ankles are oedematous.

Urine. Sp. 1005, Acid reaction. Contains neither albumin nor sugar.

On admission she had several superficial bruises on her back & shoulders neck.

Her memory is bad: she says she cannot remember things now for more than a few minutes. She is confused restless. She worries about her things & her money wanders about looking for them. She gets out of bed wanders about in her night dress. H. J. Mackenzie

July 3rd She is at times very restless & worrying. She forgets so much that she cannot understand her surroundings. She mistakes the identity of those about her. She sleeps irregularly & sometimes is very restless. She has attacks of petit mal. H. J. Mackenzie.

July 11th Patient is restless & fails to understand her whereabouts or why she is here. She has almost no memory & cannot recognize people in the evening whom she has seen in the morning. She was visited yesterday by Dr. Rawson & Dr. Jalland with a view to certification, & he concluded the former was Sister Margaret's husband. There have been no epileptic seizures during the last week. H. Kemp.

July 18th Patient is restless & irrelevant in her talk. She has no memory, & forgets entirely the people she met during the day, & mistakes their identity. There has been one seizure during the week. H. Kemp.

July 20. Patient was admitted to day as a patient, under a reception order.

H. Kemp.

no 26-1905

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James Robert White. Admitted on 1st July 1906. Widower. Age. 47.

A strongly built man, but very thin, and ill-nourished, has been depressed since the death of his wife in September 1902, went to Harrogate for change, & then returned to business, but was not much improved and underwent an operation to see if there could be anything found to account for his abdominal pain; nothing however was found, and he became worse. more depressed and he was admitted into the Retreat on above date, after being here for a week, and apparently improving made an attempt on his life with a penknife, consequently he was certified, and the further notes will be found in case book XXI

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Hirschleffe, Mary Elizabeth.Admitted June 16, 1905

Patient was first admitted on an emergency order, but failing to give evidence of insanity during the first week of her coming here. She was discharged & readmitted as a voluntary boarder. M. Kempf.

July 10th. Patient had all her teeth extracted to-day. Dr. Ramsay gave ether & Mr. Recardon drew the teeth. She stood both the anaesthetic & the operation well. The night is pretty comfortable. M. Kempf.

July 13. Patient has done very well: the gums are healing nicely. She has been rather depressed for a night or two but is better now in sleeping better. M. Kempf.

July 20. Patient is up again & goes about as usual. She is very quiet keeps herself busy with needlework & knitting etc. She is very retiring & quiet that one is apt to overlook her, in spite of her height. She never obstructs herself on our notice. M. Kempf.

Aug. 16. Patient has been quite quiet all along, gives us trouble, but occupied herself with sewing & knitting & goes into the garden. She has had good nights until last night when she seemed disturbed. She is remembering just now. She is often seen talking to herself, and she successfully avoids all statements about voices etc. M. Kempf.

Sep. 1. Patient remains quiet well behaved. She had to sleep in the dormitory one night, but one night only - as she was inclined to be noisy. She evades all question about voices. M. Kempf.

Oct 4. Patient is quiet & reserved & self contained as usual. She holds herself aloof from all, & never will converse much with us. She is often heard noisy at nights. M. Kempf.

Nov. 4. Patient has been rather more outspoken to us lately & accused us of having insulted her etc. She wept which seemed to do her good & then she has been more reasonable since. She evades chiefly any admission at all about the presence of "voices" & tells us no one ever spoke to her in this way before. She is going home about the end of this month. M. Kempf.

Nov. 29. Patient left to-day, going to London with her sister. She told us she looked on her time here, as so much time wasted. M. Kempf.

June 16 1915

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Morgan, Harriet Elizabeth MorganAdmitted July 5, 1905

July 6th Owing to patient's certificates having expired, she has been admitted as a Voluntary Boarder. She is very restless & suspicious, & accuses us of thinking ill of her. She has asked for a change of bedroom because the one she is in is next to another patient, whom she dislikes & who, she declares, insulted her. H. Kempf.

July 25. Patient has gone to-day to Seley. She is at war with most of us here, but we do not know why. She wanted another change of bedroom & because that could not be given to her, she has gone off. She complains of everybody. H. Kempf.

1906.

June 1. Patient returned to the Retreat to-day. She has been staying at Hamogate for a short time, but at usual nothing pleased her in the home she was in. She has also been in rooms in York. She is in good bodily health, but is thin. She is rather restless & is never usefully employed. H. Kempf.

Patient left the Retreat on June 15th. H. Kempf.

Oct. 17. Patient has been in the Retreat since Oct. 6. but has left again to-day. She is as restless & unsettled as ever. H. Kempf.

Dec. 9. Patient was admitted yesterday to Thoresby Hall. She had been staying in rooms in Scarborough for a short time, but as usual she soon wanted a change. She is reported to be in good bodily health. H. Kempf.

Dec. 21. Patient came over to-day to the Retreat from Thoresby. She is reported to have been very irritable while at Thoresby. H. Kempf.

1907

Jan. 2. Patient has left the Retreat to-day. She has been most irritable & got into a white passion over nothing, fancying a nurse had answered her rudely. They found some empty brandy bottles amongst her things at Thoresby. H. Kempf.

July 9, 1965

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Brown, Harry. Single, 21.

Admitted Aug 10: 1905.

He has been doing a little poultry farming.

Height 5' 4". Weight 9 st 2 1/2 lbs.

He is thin & poorly nourished. He had an attack of infantile paralysis in his right arm is weaker & less developed than the left one: the right leg is also somewhat weaker & he walks with a limp.

The thoracic & abdominal organs are apparently healthy.

He seems dull & disinclined to talk. He says he knows he is not well & is willing to stay here for a time to get better. He has the appearance of being somewhat feeble minded.

H. J. Mackenzie.

Aug. 17th He has slept well each night since admission. He is depressed & fretful. He stands about in the corridor & does nothing. He declines to sit down & is with difficulty got to go outside where he only stands about. He cannot be got to do any work or occupy himself at all.

H. J. Mackenzie.

24th He does not make any progress but rather seems to get more confused. He at times has a weeping fit. He is untidily neglectful as to his personal appearance. He is quite unemployed & stands about in the corridor. The other day he went for a walk alone & did not return to dinner: he was found at the station & returned with the attendant in a cab. He had no reason to give for his conduct.

H. J. Mackenzie.

31st He continues much the same. He will do nothing but stand about in the corridor. One day (26th) he stood so long that he wet himself. He was put to bed & afterwards met the bed. He is fretful & miserable. He sleeps well at night.

H. J. Mackenzie.

Sept 9th He shows no improvement. He is quite unoccupied. He stands about in the corridor gazing vacantly about him: he declines to go into the sitting rooms or to sit down in the corridor. He expresses a willingness to work but cannot be got to start. He stands holding a tool (eg. a rake or a hoe) but making no attempt to use it. He is frequently very fretful & nervous. His habits are faulty.

H. J. Mackenzie.

Oct 5th He stood about in the corridor so long that he wore out the carpet. He has been transferred to the West End. Today he threw his cap into the fire "because he did not like it." He is fretful: stands about in the corridor with not sit down. He is unemployed & seems to take little interest in anything. He is now having Swedish Drill each morning as formerly in addition a regular walk in the grounds, shot of undue fatigue, massage every night - general,

& electric baths (sinusoidal current) twice weekly, extra diet of milk & eggs.
 This was begun on Sept 26th. He has now gained between two & three pounds in weight, but
 otherwise is much the same. H. J. Mackenzie.

Nov 1st. He continues the above course of treatment. He does not show much improvement mentally.
 He is often fretful & cries. At times he is abusive & uses bad language. He has
 tried to run away once or twice. His weight keeps about the same about 90 lbs.
 H. J. Mackenzie.

.. 14th On Nov. 14th he was sent to Thoxenby Hall, Scarborough with a special attendant.
 He had brightened up a good deal at the prospect of going. I saw him there yesterday.
 He has been getting on very well & has given no trouble. He had done a little
 work in the garden & has been out for walks. He talks much more than he did
 & seems interested in what is going on. H. J. Mackenzie.

Dec 16th. He has continued to improve steadily so that now his parents pronounce him to be better
 than he has been for years. He has been working well. He goes out freely & takes an
 interest in all that goes on. He has left Thoxenby Hall today & gone home.
 H. J. Mackenzie.

Harrison, Elizabeth Maria.

Admitted Oct. 19, 1906

Patient having recovered from an attack of simple mania, for which she has been under treatment here for the last 15 months, not wishing to leave the Retreat, she has decided to remain on as a voluntary Boarder. Patient is quiet & well behaved & sensible. M. Kempf.

~~Nov.~~ Nov. 26. Patient is suffering from cellulitis of the right ^{arm} hand. She noticed the thumb of that arm hand with a few, slight complaints of pain on Nov. 22nd. On the 23rd, by the evening there was considerable swelling of the hand, which had spread to the arm on Friday - Nov. 24. Temperature rose to 103°. There was little heat anywhere; Treatment = Hot glycerine & Bismolone - then boracic baths & boracic fomentation. On Nov 25th Mr. Jalland, saw the arm & made 4 incisions - one on the palmar surface of the thumb, one on the front of the fore arm; one on the dorsal aspect of the thumb & a fourth on the back of the forearm. The arm bath was used pretty continuously yesterday. To-day Mr. Jalland enlarged the opening on the front of the fore arm considerably. There has also been injected antistreptococcus serum twice to-day - at twelve & at 3 P.M. The inflammation has spread up to the shoulder. The boracic bath has been abandoned in favor of boracic fomentation, & to night although the inflammation has spread the arm looks no worse. The temp. has come down to 100.6, but the pulse is rapid & irregular. She was sick both to-day & yesterday after the chloroform & consequently has been doing badly with food. She is now on Champagne. M. Kempf.

Nov 27th. The probe with a pin was on Sunday 21st on examination later there was no sign of injury. Patient pointed out the place as being on the palmar surface just at the bend of the joint. A third dose of antistreptococcus serum was given last night at 7:30 p.m. Patient is this morning clear in mind but her pulse is & bands perceptible. The inflammation has not spread further over the shoulder but the condition of the arm is bad. She has stimulant and strychnine on up every two hours, & on the whole has taken a fair amount of liquid food. She vomits occasionally.

B. Price.

Nov. 28. Gauze had set in by yesterday morning & this morning it is well up the fore arm. She complains of considerable pain in the elbow. The inflammation has spread throughout the axilla. She was pulseless last night with a temperature of 95°, there is no further change this morning. She is very restless & rejects everything now but ice. During the night she kept bravely down fairly well. M. Kempf. Last night she had tried opi 2-40.

Nov. 29. Patient died this morning about 2 o'clock. She was most restless until 3:30 yesterday. She had opium in a nutrient enema in the morning & at 2:30 in the afternoon an hypodermic of morphia gr 1/4. She slept after this, only during

kept for a minute or two. During the morning she had tried to get up
 in bed & had the bed arm from her thinking it did not belong to
 her. She rose up about 10 a.m. today & tried to get up & had incoherently
 then slept again & died quietly shortly before 2 o'clock in the
 presence of Sister O'Connell & Sister Ebel. Knot Kemp.

Dimodale, Catherine Sarah
3 New Walk Terrace, York.

Admitted Nov. 18th 1905.

Patient was previously a Voluntary Boarder in The Retreat, from March 9th to July 31st of this year. (See Page 119)

The patient is very confused. She has fears that people are coming to rob her and she has expressed a wish that she might be taken to a safe. Then she was afraid she would not be received there as she had no money. She is troubled at having taken her house & incurred various expenses, for she says she has no money to pay with. The night before admission she screamed a good deal, wishing the neighbours to hear her. She fancies that she has lost all her strength, & that she has no inside, but she takes nourishment fairly well. She has talked of jumping out of the window. Her bodily condition is good: she is well nourished there is no sign of visceral disease.

H. J. Mackenzie

Nov 22nd she has slept fairly well each night since admission. She is dull & confused & answers questions slowly or not at all. She says she has no body. She has been nursed mostly in bed, sitting up in her dressing-gown. She seems quieter & less fearful since admission. She has taken food well.

H. J. Mackenzie.

Handwritten notes on the left edge of the page, including the words "Kunst" and "Hof".

Handwritten notes on the left edge of the page, including the words "Hand", "Kunst", "Hof", and "Kunst".

Myers, Hannah.Admitted Nov. 20, 1904.

Dyke Rd. Brighton.

aged 31.

no occupation.

Jewess.

H.P.C.

Patient has been more or less mental during the last 4 years. She first went to Chesham Royal as a voluntary Boarder, but did not improve much. Since then her mental condition has varied, sometimes she has been better & sometimes worse. She has moved from place to place accompanied by her sister.

Her parents died about 4 years ago, & a year later she became engaged to be married. The engagement & its subsequent breaking off is looked upon purely as coincident & in no way a causal factor in the illness. Symptoms have taken the form chiefly of religious doubts & anxiety about the correctness of her faith. She has been inclined to refuse food.

P.H.

Patient has had one previous attack of mental illness, when she was 21 years of age & when she went to Chesham Royal for the first time as a voluntary Boarder. She apparently made a good recovery. She has been her father's housekeeper & has led rather a stagnant life. She has been always an orthodox Jewess - perhaps a narrow Jewess. She has always been selfish. She again went to Chesham voluntarily 4 years ago. Suffered from hypochondria - rather better lately.

Family History.

Both Parents are dead. They had good health & were no relation one to the other. The father died of heart trouble. He was always rather peculiar. Patient has a brother and a sister living, both in good health.

Present Condition

Patient is rather below medium height; weight. She has distinctly a Jew's face. The eyes are very prominent. The white of the eye can be seen all round when she opens them at all widely. There is no enlargement of the thyroid gland. Heart & lungs are normal: pulse firm & regular. Temperature 98. Urine 1020. Acid. no deposit. no albumen. Two sugars. Palate fairly normal. Teeth - upper left. false.

Mental Condition.

Patient signed the V.D. paper, understanding what she was doing. She was in rather a distressed state of mind but she did not speak the truth, the whole truth & nothing but the truth. She is introverted morbidly exact. She doubts her faith, thinks she ought to become a Christian, yet does not want to. She sees signs about, like the sign of the cross & hears a voice saying Christ is here. She is inclined to be hysterical, is frightened & clings to the people about her.

H. Kempf.

Dec. 8. Patient is being nursed in bed. To-day she seemed more reasonable, & did not talk quite so hurriedly & in such confusion about her faith. She asks to see a Jewish minister but was satisfied when she heard there was not one in York. She sleeps very little & has been much anxious to have sleeping draughts, but this has been refused her. H. Kempf.

Dec. 10. Patient has been up one or twice & has gone out into the garden. She is still fluctuating & her mind seems to work in a cycle. She says when she speaks the voice in her brain immediately takes her to task for almost everything she says, then she is in an agony but she has not spoken the truth & has given a wrong impression. Religious doubts assail her & yet she does not want to change her faith. H. Kempf.

Dec. 17. There is very little change: liable to outbreak of hysterics. H. Kempf.

Dec. 27. Patient is frequently thrown into an agony of apprehension & doubt lest trifles in conversation, or things she sees, should be sent to her as a sign or a signal for her to change her religion. At times she becomes really hysterical & is apt to be noisy during 1906. the night. She is restless & cannot occupy herself for long. H. Kempf.

Jan. 15. There is very little change. Patient is very restless, & apparently keeps turning things over & over in her mind until she finds meanings & messages from the Almighty in the most trivial things. She says she does not hear voices but things "scream in her brain", & thoughts turn over & twist till she is quite beside herself. She becomes quite panic stricken & hysterical sometimes. She goes out walking & for drives. She does not sleep much. H. Kempf.

Feb. 2. There is no change. Patient has been put on Pat. Brom. of 15 T. i. d. without much effect so far. H. Kempf.

March 1. Patient has been rather worse lately, the obsessions presenting her to herself as an entreat, that she call out & scream, & becomes hysterical. She sleeps in the dormitory. She has been placed under certificates. She is very depressed & says that she feels as if she must die to end her misery, but brightness of face. H. Kempf.

Q

Matthews, Rebecca A.

Admitted Nov. 20, 1905.

Carroll Colne, Essex.

aet. 38.

no occupation.

Friend.

H. P. C.

Patient has been out of health for some little time, but it was not until April of ^{this} year that it became necessary to seek advice specially. At that time she began to hear the voice in her throat & to conclude that this was the voice of a cat which she had formerly known. Since then she has travelled all the continent, but has not improved at all.

P. H.

No previous attack. Had always been bright & intelligent & has received a good education.

Family History.

Parents are dead; has one sister & 2 brothers alive & well. There has been no history of insanity.

Present Condition.

Patient is above medium height. Weight 10 st. 2 1/2 lbs. She is of a pale complexion, rather bilious complexion. There is a cicatrix under the chin where a submaxillary abscess had been opened. She wears glasses for myopia. The palate is inclined to breadth.

Temperature 98.6°. Pulse 78 - regular & firm: The apex beat of the heart is within the nipple line & the sounds are pure. The lungs are healthy. The conformation of the chest is peculiar. There is a distinct hollow in the xiphoid-sternal region like a Collier's chest. The urine is acid. 1030 20 Aug 1906

The albumen.

Mental Condition.

Patient is nicely dressed & perfectly composed & well behaved. She talks frankly of the voices which trouble her & of her depression. She says the voice speaks in her throat. She slept 4 hours during the night, was restless & depressed. H. Kemp.

Dec. 4. Patient is inclined to be depressed in the early morning, but brightens up during the day. She has been talking to me about this curate, & how she came to meet him a few years ago in connection with extension lectures, & how she fancied he meant more than only friendship & that tried to put him out of her thoughts. Then she did not see him for 2 years or so when suddenly the voice started in her throat. She says it is his voice & it talks to her telling her to care for her. She has twitches in the abdomen at times & this she declares is the voice & it speaks to her there as well. When I was examining the chest this twitching occurred. She has complained of a tight sore throat, & has kept indoors on account of it. H. Kemp.

Dec. 11. Patient was very depressed yesterday - bothered by the voice & the jerky movements. She has been remaining in bed a good deal lately owing to cold, but has been later on in the day. She slept about 4 to 5 hours. She kept herself employed with wood carving & painting etc. H. Kemp.

Dec. 18. Patient is rather brighter again. When she was talking to me she suddenly complained of pain in the epigastric region, which she attributes to the voice, then it passed off. She also tried to point out to me how thin she was in the antero-posterior diameter & said there was nothing of her, & that the voice was wearing her away. The cold is better. H. Kemp.

Dec. 27. Patient is wonderfully bright & is quite interesting to talk to. She is shortly going to begin singing lessons. H. Kemp.

1906
Jan. 30th. She shows as slow improvement. She is depressed at times but the fits of depression are not so frequent as formerly. She still hears the voice, which is frequently accompanied by muscular twitching. The twitchings at times awaken her at night. She sleeps poorly though rather more than she did - now when she has a good night. She has gained considerably in weight. She occupies herself well. She paints, carves in wood. She has music lessons weekly & practices other days. She goes into town to learn clay modelling. H. Kemp.

Feb. 27. Has made progress, sleeps better. She is well occupied. The Hall - entrance & are generally associated with movements with involuntary twitches. Complained last night of voice associated with her heart. Say I Doves, I with last Friday & she thought her much better. H. Kemp.

1906.

Rebecca A. Matthews (cont.)

March 24th. The hallucination muscular spasms continue. She sleeps irregularly. Two days ago she began to take Pot Brom. gr^{xv} twice a day. It has improved her sleeping the muscular twitchings have been less. She is well occupied in painting, carving etc. Usually she is bright & cheerful but occasionally gets a fit of depression for a day or two. Her appetite is good & she is gaining in weight. H. J. Mackenzie

April 28th She does not seem to be making much further progress. When she is interested in anything the hallucinations cease to trouble her but at other times they bother her a good deal & are usually associated with involuntary muscular movements. She continues to take bromide - strontium bromide having been substituted for the potassium salt since April 10th it being supposed to be less liable to cause spots on the skin. She has just been visited by her brother & sister as usual she is somewhat depressed afterwards. H. J. Mackenzie

June 12th. She has had a severe cold but has now got rid of it. Her "difficulties" were not so prominent as in previous colds. She continues to take Strontium Bromide gr^{xv} twice a day & she sleeps fairly well. Dr. Peice had a long talk with her today & reported to her brother-in-law as follows: - She is still subject to hallucinations of a peculiar kind. She speaks of them as "voices", but they are not actually heard & I should have thought the word "voice" was only a figure of speech to describe an unusual experience. These hallucinations are by no means so constant or so persistent as formerly & I do not think they influence her conduct now. She has entirely given up the previous delusion that they were dependent on the influence of a particular person.

She is making arrangements to leave & go into Cornwall with a nurse. H. J. Mackenzie

June 14th She left today went, with Nurse Joy as companion, to Cornwall. H. J. Mackenzie

Thompson, Thomas.Admitted Jan 4: 1906.

Age 51, Married, Retired Grocer.

He has been in the Retreat previously: - Under Certificates from Sep 120th to Dec 8th 1896 when he was transferred behind the private care of a doctor & afterwards recovered (See Case Book XVI p 305) & from March 4th to Oct 9th 1900 when he was discharged & recovered (See Case Book XIX p 67) He was also under certificates in 1886 in the house of Dr. Graves Burton at Hamwell.

He has been here as a Voluntary Boarder twice previously: - From Jan 14th to April 19th 1901, & from Feb 28th to July 2nd 1902 (See pp 33 & 50 of this book.)

He has not been sleeping well of late & lately has not slept at all at night. He began to feel uneasy about it & decided to come here. His general bodily health is good his appetite keeps up. He is bright & cheerful but has a somewhat strained expression as though he needed a good sleep & rest. Weight 9 st 4 lbs H. J. Mackenzie.

Jan 11th. He slept fairly well the first night he was here & has slept well each night since. He looks & feels much better for it. He has begun to do some painting & also plays the violin. H. J. Mackenzie.

" 13th. He continues to sleep well at night. Yesterday he had a little headache but it went off after a night's rest. He fills up his time chiefly with painting, music, reading & chess, & he goes out for walks by himself. H. J. Mackenzie.

" 25th. He is sleeping well. His appetite is good & he feels better in himself. He occupies his time in his favourite pursuits of painting & music chiefly. H. J. Mackenzie.

Feb 6th. He is going away well. He is bright & cheerful. He employs himself & makes himself useful in the place. He eats & sleeps well. H. J. Mackenzie.

March 6th. He continues bright & cheerful. He occupies himself well with painting & music & takes an interest in all that goes on. He eats & sleeps well. H. J. Mackenzie.

April 24th. He has continued well & has been busily occupied most of the time in one way or another. He left today. H. J. Mackenzie.

Ms Cowan, Gertrude Margaret

Admitted Jan 9: 1906.

Age 43, married.

Husband, David McCowan Esq, Jr, Western Club, Glasgow.

She is a well nourished woman. Height 5'6", weight 94.13 lbs.

There is no evidence of visceral disease. Heart & lungs are normal: Pulse 64, rather soft.

Irides greyish brown. Pupils medium sized, circular, equal, react to light.

Tongue slightly furred in the middle. Teeth fairly good.

Urine. S. G. 1028. No albumen. There is a copious deposit of urates.

The patient is depressed. She says she is given over to the power of evil & is completely possessed by the devil. She is quite positive that there is no hope of her ever being any better as it is not illness but wickedness that is the matter with her. She will talk a little on general subjects but always comes back to the one point - that she has ruined her own life & that of her family. She says it is no use doing anything now - that she used to be fond of work & of reading but it is all of no use now. H. J. Mackenzie.

Jan 16th. She spent the first two days in bed refusing to get up & did nothing most of the time would not read or look at a paper. She now gets up for the greater part of each day rising rather late. She plays cards with the nurse a little. She has been out for a walk in the grounds. She seems to take a little more interest in things than she did. She talks very little unless spoken to & then usually answers only in a monosyllable. She takes food fairly well. She sleeps very poorly & for the first few nights did not sleep at all. H. J. Mackenzie.

23rd She continues much the same. She talks little. Occasionally she breaks down & cries. She does not get up until well on in the forenoon. She reads a little & plays cards, & she goes out for walks. But she says it is all quite useless. She sleeps poorly - seldom more than ~~an hour~~ an hour throughout the night. She takes food fairly well. H. J. Mackenzie.

31st As she has not slept satisfactorily she has begun to have electric baths - sinusoidal

current: she had one three nights ago the second tonight. She had 35 ma. for 20 min.

She dislikes the treatment intensely saying that of course it can do her no good

H. J. Mackenzie

1906
Feb 8th. The electric baths have been discontinued. She now has Swedish gymnastics daily. She goes out for walks & drives. She looks at papers & books in a listless way. She has slept rather better of late but only three or four hours as a rule.

H. J. Mackenzie

28. Last Tuesday was visited by Dr. Yellowless. He thought she was a trifle better but looked thinner. She still sleeps badly but better than on admission. Does very little but has been out to tea & has twice played Bridge in the dining room. Holds herself aloof from almost everybody. Still doing the Swedish gymnastics but not with any zest. Not well occupied.

Her mental state is much the same, insists that she is helpless & wicked & resents any suggestion that her state is due to disease. The sin that she says she has committed before she was married appears to have been mammmary excitation - this is exaggerated by her into a crime for which there is no forgiveness. She repeatedly repeats re-iterates that she 'knows' there is no hope, & that she is possessed by the Devil.

B. Pierce

March 31st. She has made little progress since the last note. She still maintains stoutly that there is no hope for her & that the devil has got her & gets quite indignant at the suggestion that it is illness not sin that is the matter with her. Occasionally however she does show a little interest in things. She has been induced to come to one or two entertainments lately. She goes out a fair amount walking, driving & motoring. She sleeps poorly. When the Commissioners visited her on the 16th inst. she broke down except over her troubles.

H. J. Mackenzie

April 14th. She has made progress in some ways since of late. She is more inclined for conversation is more agreeable & she is brighter & takes more interest in what is going on. Her husband has just been spending the week end in York & has taken her out daily. She has & in the main been bright with him & taken interest in home affairs. She ~~does~~ hardly mentioned the devil having got her at all though when directly questioned she still adheres to the idea. She is sleeping better. She is now allowed parole outside & has been out for a walk today by herself.

H. J. Mackenzie

May 11th. She has continued to improve slowly. She has consented that her husband should arrange to go away with her for a trip. On May 4th she was visited by her husband & Dr. Yellowless & matters were arranged. The next day she was depressed & declared she could not go - she began to weep on the 7th - she however brightened up again & yesterday when her husband visited her she was undecided. She went out motoring together & she was interested in everything & very much herself. She slept fairly well last night. Today she went off quite bright & smiling looking more cheerful than she has ever done here.

H. J. Mackenzie

M'Case, Gertrude Margaret.Admitted June 22, 1906.

Aug. 26th She is variable, at times being miserable & irritable at other times seeming fairly cheerful & inclined to talk on general subjects. She plays croquet & takes an interest in it at times. She maintains that she is right & everybody else is wrong, as both being in the power of evil. Her husband has visited her today & she has rather given him the impression that she is beginning not to be quite so sure her view is the right one, though of course she will not admit that. Her bodily health is good. She sleeps fairly well on the whole.

H. J. Mackenzie.

Sept 27th She does not show any real improvement. She is often very irritable. She seems unable to enter into any employment. She reads or looks at books but does not seem to take an interest in them. She complains of a little sciatica on the left side. She has been given a mixture of Potass Sod ʒiʒ ʒij Am. Ar. ʒiʒ Ag ad ʒviii, of which ʒj is to be taken three times a day.

H. J. Mackenzie.

Oct 22nd She continues about the same although there are some indications of improvement. She is variable at times being quite pleasant & almost cheerful at other times depressed & silent or irritable. She occupies herself rather better than she did. She appears to have more control over herself. When directly questioned she still declares her belief in her old delusions as firmly as ever. Her bodily health is good.

H. J. Mackenzie.

Nov 25th There is very little change to report in this case. She does not talk much about her ideas but admits that they are as firmly fixed as ever. She resents being looked upon as ill. She is for the most part unemployed. says she cannot do anything or be of use to any one. She will not come to entertainments etc. She had a Turkish bath on the 20th (much against her will) in order to promote excretion.

H. J. Mackenzie.

Dec 23rd She has today gone with her husband to London today over Christmas. There is very little apparent change in her condition. She is in good bodily health.

H. J. Mackenzie

Continued on Page 164

Langdon, John Winkley

4 Winkley Square, Preston.

Ophthalmic Surgeon

Admitted March 15: 1906.

Age 52. Married

He is a rather short, stoutly built man.

He is well nourished.

Iris: brown. Pupils circular, medium sized, equal react normally to light.

There is no tremor in the face, but there is a little fine tremor in the hands especially the right.

Power in the right hand is good: sensation is also good but he describes it as being rather woolly.

He is shaky on his legs. He can only take little tottering steps & cannot swing his legs

properly. Knee jerks present on both sides - a little exaggerated on right

side. Plantar reflexes are reduced.

Tongue is clean: quite steady.

The other organs are apparently healthy.

He is somewhat depressed, restless. He complains of inability to work & of sleeplessness. He complains of symptoms of neuritis in his right arm - numbness & tingling especially when lies on that side.

H. J. Mackenzie.

March 22nd. He has been very restless & slept poorly since admission. He suffers from asthmatical attacks & often spends a great part of the night in a chair. Occasionally he is noisy at night & shouts & seems to be afraid of something though he cannot explain what next morning he has forgotten about it. He is having tablets of Nitroglycerin given for his asthma & Nitrite of Amyl to inhale in a bad attack which relieves him for a time: as he is stated to have been taking an excess of alcohol he has been started on the Atropine & Stychnine treatment.

H. J. Mackenzie.

29th. He is often very restless. He sleeps poorly often not at all & it is impossible to keep him in bed. He gets attacks of terror & fears the place is on fire & tries to get out of the room. He is at times confused & does not seem to know where he is: but in the morning he is clearer. His breathing is asthmatical & difficult. He continues to take the Nitro-glycerine. He is continuing with the Atropine & Stychnine treatment: the accommodation of his eyes is a good deal affected.

H. J. Mackenzie.

April 5th. He gets more confused not only at night but often during the day as well. He sleeps badly & is often very restless & noisy & shouting at night. Occasionally he sleeps fairly well, & sometimes he has a little sleep in the day. He is entirely unemployed. He is now having only stychnine injected & he says he feels it benefits him. He takes food well.

H. J. Mackenzie.

12th. He has continued to get more confused & less able rightly to appreciate his surroundings. It was therefore deemed advisable to place him under certificates & this has today been done - see Case Book XIX p. 109.

over.

D. J. W. Langdon (continued)

The following are the particulars of the course of atropine & ~~with~~ a strychnine treatment.

The solutions used were atrop. sulph. gr. $\frac{1}{10}$ in $\frac{3}{4}$ i & strychnine Nitrat. gr. $\frac{1}{10}$ in $\frac{3}{4}$ i

Date.	Atropine.	Strychnine.	No. of Injections.
March 20 th	2 m	2 m	2
21	2	2	3
22	3	3	3
23	4	3	2
24	5	4	2
25	6	4	3
26	5	5	3
27	5	5	2
28	5	5	2
29	5	5	2
30	5	5	3
31.	4	6	2

The following tonic was taken six times a day from March 23rd to April 12th.

R. Lig. Gumbian Co. Conc. Fluidoz. m X

" Cinchonae " m X

" Capivi " m p.

Sol. of Strychnine (gr. $\frac{1}{10}$ in $\frac{3}{4}$ i) m i

" Atropine Sulph. (gr. $\frac{1}{10}$ in $\frac{3}{4}$ i) m i

Glycerine. $\frac{3}{4}$ i

Aq ad $\frac{3}{4}$ p.

afterwards the same tonic was continued but without the Capivi & the Atropine, to the end of the course - May 3rd.

From April 1st to May 3rd he had m v of Strychnine Solution twice a day when all injections were stopped.

Gabude Margaret McCowan Continued from Page 161

- Dec 26th He returned from London today. She seems brighter & has enjoyed her visit. She is more inclined to talk on general matters & occupies herself better. H. J. Mackenzie.
- 1901
Jan 3rd She has paid another short visit to London with her husband - leaving Dec 30th & returning yesterday. She has apparently got on very well. H. J. Mackenzie.
- 13th She has left today accompanied by V. Hall & has gone to London in the first instance. H. J. Mackenzie.
-

Pearl, Mary Louise.
Somerset

act. 45.

admitted Jan. 14, 1906.

H. P. C.

About 6 weeks ago, there was gradual depression preceded by fearful dreams in which spiritual matters were prominent. She said the Lord had revealed his will that she would have pain for eternity. Suffered from Neuralgia for years requiring her going away from home: pain in the left side of the head beginning in the supra-orbital region, sometimes it would change over, twist up with vomiting, having lasted 4 or 5 days. She lost weight early. There has been no improvement during her illness, but the depression has apparently supplanted the pain.

The cause has been attributed to the climatic, stormy weather has contributed largely.

Patient is inclined to refuse food, this has been practically spoonfed.

P. H.

Fair health in childhood & youth.

In 1884 in Guy's Hospital for Hysteria. Very depressed in 1884 but husband says this passed off, when she became converted.

Family History.

Father's father was said to be eccentric; died of softening of the brain.

Mother died of asthma - the parents not related. Some of the

Paternal relatives eccentric. One brother died of softening of the brain brought on by intemperance.

There are two children alive well - ages 11 1/2 & 10 years.

Present Condition.

Patient is very thin & looks as though she had been very ill. She was carried in & carried up to bed. She is very white. She does not say anything, but sipped a little cocoa milk that was given her.

Temperature is 97. The pulse is rapid 120, but there is no irregularity & the strength is very fair.

On examination of the chest, the lungs are apparently healthy. The apex

beat of the heart is just within the nipple line. A third cardiac beat is a murmur heard, presystolic in character & rhythm.

In her dressing gown she weighs 5-11. 8 1/2 lbs.

The skin of the palm of the hand is peeling from the sole of the feet.

She passes urine freely: acid. no albumen. no sugar.

The tongue is turned & the mouth appears parched.

Mental Condition

Patient signed the V. D. paper before coming here. She does not speak at all; but is perfectly quiet & does whatever she is told. She makes no reply to questions.

H. Kempf.

Jan. 18. Patient is still confined to bed. The pulse continues to be rapid, & slightly irregular varying from 112-120. She takes food pretty well. Constipation is troublesome, yielding to-day to an enema. She speaks almost not at all, but replied to my question with an effort, that she could not explain. There is no rise in the temperature.

H. Kempf.

Jan. 25. Patient seemed very weak & exhausted, two days ago, but yesterday to-day she has been better. The pulse became very rapid 132, & she was very troublesome with food. Temperature 97° in the morning & 98° in the evening. Pulse 812 in the morning & 120 in the evening. She is being kept strictly to bed in the recumbent posture. She speaks very little.

H. Kempf.

Feb. 1. Patient is much better, but is still being kept strictly to bed. The pulse is now 88. Patient can feed herself & she has gained good weight. She tells us she is very unhappy but cannot explain why, & seemed despairing when I said we would get her well & send her home. She is troubled with piles. She has been having strict. Digitalis m. & e. every 4 hours off & on for about a week, but it is now stopped. She is on a simple nutrition diet with tomatoes twice daily.

H. Kempf.

Feb. 7. Patient is still in bed & remains silent. She is stronger physically but there is little mental improvement. She makes no reply when we ask her if she realizes where she is & why she came here: she seems depressed & says she has no clothes, then relapses into silence.

H. Kempf.

Feb. 18. Patient continues to improve, but is very quiet. She is much stronger physically, she says very little.

H. Kempf.

March 1. Patient is up & dressed each day. She is very depressed & wept very much this morning when talking to me. She says she has no right to be here, & she knows she did wrong in coming. She fears she will be put in prison.

for leaving her husband & children. She does not believe she will ever be
brighter than she is now. She keeps herself occupied with needlework
etc. H. Kempf.

Mar. 20. Patient has been to-day placed under certificate, remains in
the Retreat as a patient. This has been done on the recommendation
of the Commissioners in Lunacy. H. Kempf.

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Dannatt, John.

admitted to Throssley Hall. 27.II.1906

Com. merchant act. 58. of Holywell Barton in Hamber.

A patient of D. Moxley. Barton in Hamber.

F.H. vide further statement. F. died apoplexy

M. depressed when young - again at 70. recovered.

P.H. Never strong always ailing.

Apparently masturbation in childhood - on his mind ever since.

Slight jaundice some years ago.

Was inclined to be depressed some years ago. recovered.

H.P.C. Somewhat depressed 12 mos. much worse since his sister married

Had anxiety about nephew who returned from S.A. with Phthisis.

Slightly getting worse but last 2 mos rather better.

Has been taking Veronal for months, also had Thyroid treatment for a month.

No evidence of suicidal tendency.

28.II.1906

P.C. Patient looks thin - is emotional. Scars come to him easily. He is a fable looking man, rather above average height. Walks slowly - rather fussy -

Pupil. ret. Tongue clean. He is badly nourished.

Heart - Lung Nil disc.

Abdomen nil - D. Moxley spoke of thickened band over epigastrium but I could discover nothing

KJ. = +. Slight ankle oedema both feet. P.R. not exaggerated.

Mental. Is depressed, hyperochondriacal.

Speaks of having difficulty thro' frequent micturition - complains of piles.

Considers his health due to mastⁿ in childhood - says he has sperm habitually loss of seminal fluid at stool - The impression is given that his own account of his ailments are exaggerated. Thinks he is in a bad way - has told friends he is financially in difficulty - It is true that he has had increased denia lately. Complains of abdominal pain after food.He exhibits no delusions or hallucⁿ.

Diagnosis Neuroasthenia -

B. Bisco.

March 9th. Patient continues depressed seems miserable about himself. He says he does not sleep, though this is reason to think this is exaggerated. He says his appetite is poor but he takes food fairly well. He has daily massage etc is taking Santalogen.

" 15th He has improved in some respects, though he does not admit it himself. His appetite is better & he sleeps more. But he is depressed & fearful about himself. He likes to be tucked

up on a sofa would not go out unless purred.

H. J. Mackenzie.

April 4th. He does not show much improvement though he is a little stronger & better able to walk. He does not gain in weight to any extent though he is eating well. He continues to have daily massage. He sleeps better. But he is still very depressed about himself & will not admit that he is any better at all.

H. J. Mackenzie.

May 2nd. He makes slow but undoubted progress. He walks better & more briskly. He will talk more on general subjects not merely about himself. When questioned about himself he is quite sure there is no improvement. He now walks considerable distances altogether & seems brighter.

H. J. Mackenzie.

June 5th. He appears to be making a little progress, though he will not admit of himself. He sleeps better than he did. He can walk more & takes a considerable interest in what goes on - He has been doing some gardening & seems really interested in it. He joins in general conversation instead of sitting silent except as he used to do. He takes food fairly well. His weight remains about the same.

H. J. Mackenzie.

This patient left Thosby Hall on July 15th 1906. He had continued to make slow progress & took more interest in what was going on

H. J. Mackenzie.

Alfred Ransford.

Wholesale Grocer.

married. Age 46.

Admitted April 25: 1906.

He has been a certified patient at Fulbourn Asylum, Cambridge, where he has been for about a month. He attributes his attack to overwork & worry in connection with the elections. He has been discharged from Fulbourn & has come straight here, accompanied by his wife.

Height 5' 8" Weight 11st 2½ lbs.

He appears to be in good bodily health there is no sign of visceral disease.

He recognizes that he has been ill mentally & says he now feels the need of rest & quiet to get him up again. But he says he need not have been sent to the Asylum & he recovered almost as soon as he got there.

H. J. Mackenzie.

May 2nd. He has slept very well each night since admission. He is quiet & reserved. He occupies himself well - he works in the garden, reads, walks out etc.

H. J. Mackenzie.

.. 9th He continues to occupy himself well. He eats & sleeps well. He appears still to have some feeling of resentment about his being sent to Fulbourn Asylum, but that is lessening.

H. J. Mackenzie.

.. 16th He has been going on very quietly. He has today gone to Thoxenby Hall, Scarborough. He seems to be recognizing more the necessity there was for his being sent to an asylum. He admits that at the time he was suicidal. His feeling of resentment about it has in great measure passed away.

H. J. Mackenzie.

.. 28th He is going on very well at Thoxenby Hall. He walks about a good deal & joins in the games etc. He eats & sleeps well & says he feels better for the rest & quiet.

H. J. Mackenzie.

June 20th. He has this day left Thoxenby Hall when discharged. He has been keeping very well.

H. J. Mackenzie.

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Kargrove, Ethelburga Mary.

Admitted June 14th 1906.

She is a thin, poorly nourished girl. Height 5'4 1/2" weight 70 1/2 lbs Temp. 98.2°
 Pulse 68 good regular. There is a suspicion of a mitral systolic murmur.

Lungs normal.

Pupils medium sized, circular, equal, react normally to light.

Palate normal. Tongue clean.

She is somewhat talkative & flighty. She expresses no delusions. She admits that she was worse a short time ago & recognizes the need of her having care at present. She is scheming in bed for a few days.

June 21st. She has been up & going about the grounds. She reads & writes herself with, needlework.

She does not sleep well.

28th she has been kept in bed for the past week that she might have complete rest at the menstrual period. She is however anxious to be up again. She has been sleeping better of late - since she has been having rest in bed.

H. Mackenzie.

H. Mackenzie.

H. Mackenzie.

June 14th 1900

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Ellis, Helen MaryAdmitted May 22, 1906.

South Cliff, Rocket, Sunderland.

aet. 28. Secretary. Church of England. Single.

H. P. C.

About two years ago she first noticed herself becoming dreamy. Had the sensation of double consciousness, seemed to be outside of herself & watching what she herself was doing. At this time she left home & started secretarial work in London. Her condition improved in some respects, but she found that she was innoculate & slow at her work. She was operated on for adenoids last July. Later she was recommended to consult Ruge Shaw who advised her to come here. She says she sleeps well & takes her food well. Occasionally she feels very depressed. Patient also complains of being absent minded, leaving things without paying etc. She has ringing in the ears but no deafness. She complains of trembling of the hands & arms.

P. H.

She has enjoyed good bodily health. As a child she had measles. She has suffered from adenoids.

At the age of 19, she felt ill mentally. She used to wake up at night feeling afraid of dying. During the daytime she was apprehensive of some untoward fate overtaking her. She was however conscious this was abnormal. She got over this sort of feeling entirely. Six years ago she became depressed, had to work in a strong room with some old books, & thought the "mustiness" of the occupation was not wholesome; it made her feel bad.

F. H.

Patient states that one sister has suffered mentally.

Present Condition.

Patient is distinctly "more than committal." She measures 5ft. 11 inches. Her weight is 12 stone five lbs. She is bonnie, with fair hair, blue eyes & a fresh rosy complexion. Her teeth are good, the palate is a trifle high. The tongue narrow & pointed. Clean. Temperature 98.4. The pulse firm & regular. 64. Pupils usual, react to light & converge to accommodation.

The apex beat of the heart is in the 5th intercostal + 1/2" within the nipple line.
 The sounds are fine. Very distinct. The lungs are healthy.
 The speech is thick, the replies are a little deliberate. There was
 marked trembling of hands + arms during examination. The knee
 jerks are brisk. Menstruation present.

Patient gave a perfectly clear account of her condition, + apparently
 took a very sensible ^{view} of it. She has come here seeking relief. She complains
 of this dreamy condition + being absent minded, + also of low spirits.
 She admits that she has felt as if life was not worth living,
 but says straight out that she would not do herself any harm. A. Kempf.
 May 29. Patient has detailed down very well. She stayed in bed for the first
 day or two. She goes out alone, + writes a great many letters which
 she puts herself. She has played croquet for the first time + seems to
 have taken to it. A. Kempf.

June 14th She occupies herself well - she does some gardening reads, writes, + does
 needlework etc. She seems contented + happy. H. J. Mackenzie.
 " 21st She continues to occupy herself well. She goes out alone + cycles. She does
 a fair amount of work in the garden. She always appears bright + cheerful. H. J. Mackenzie.
 July 24. Miss ~~Thompson~~ Ellis went to Throesley Hall on July 3rd.
 I saw her there yesterday. She tells me she is still forgetful
 + absent minded although she feels at the same time better.
 She has gained 4 1/2 lbs in weight since last month. A. Kempf.
 Aug. 11. Patient left Throesley Hall to-day. A. Kempf.

Parker, Thomas. Imm. keeper; Castleford;

Age 44. Married.

Admitted, 28th May 1956

Patient was sent by D. Kemp of Castleford, without papers, he was sent to an attendant's house, to be interviewed by a medical man, who found he could not certify, and he was next day admitted as a voluntary boarder.

H.P.C.

He was in a confused condition; which was ~~then~~ due to drugs administered before his arrival, during his stay outside (at the house of attendant) the effect of the drug passed off more or less, and he became fairly sensible, and was so when he was admitted, he remained in this condition most of the day, sleeping a good deal, but taking little food.

P.H. Has been addicted to alcoholism for a considerable time, his Father was alcoholic, also his brothers. His wife states that he has been drinking hard lately and not taking much food.

30th Patient has had a good night, seems a little more himself, and has taken pretty well of food.

31st Patient not so well, no sleep, very confused, cannot be kept in bed, wanting to go home, talking in a very disorganized way. Certification necessary.

Transferred to other case book. E.S.D

8th May 1945

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Harris Henry Nevill.

Age 60.

Single.

Admitted 20th July 1956

Aug 4th. He suffers at times from what he calls acute depression - he feels utterly unaccountable, wretched - he cannot interest himself in anything or occupy himself. He suffers from constipation & nearly always requires an enema or aperient to get an evacuation. He spends most of his time in bed. He has massage twice daily, electric baths twice a week (about 40 m.a. sinusoidal current) & a Turbil bath once a week.

H. H. Nevill

- 20th July 1904
- Aug 11th. He continues about the same, but is beginning to brighten up a little. The constipation continues troublesome he worries over it a good deal. He takes Kinyadi water in the morning. His appetite is fairly good etc has gained 4 lbs in weight during the past week - weight now (in pyjamas & slippers) 15 st. - H. J. Mackenzie.
- 18th He continues to improve. The times of severe depression have practically passed away. He says that the chief trouble now is constipation, but even that is beginning to yield. He is going about more, plays croquet occasionally. He rests a great part of the time. He continues the massage, electric & Turkish baths. He eats & sleeps well has gained 1 1/4 lb. in weight in the past week. H. J. Mackenzie.
- Sept 15th He has made great progress in now practically well. He goes out for cycle rides sometimes alone but he prefers company. He is bright & cheerful. The constipation does not now trouble him. He is arranging to go home in a few days. H. J. Mackenzie.
- 21st He left today with his sister who has been staying in York for a few days. H. J. Mackenzie.
-

Colthurst, Edward.

Admitted Aug 7: 1906.

93 Pembroke Road, Clifton, Bristol.

Age 29.

Single.

Articled solicitor.

F.H. Father (alive) drunk before father's birth.

Mother, good health.

3 brothers & 3 sisters - all well

one sister died of clot of blood in brain after having tooth out.

H.P.C. Alcoholism began about 3 yrs ago went on for a continued period being looked upon as the ordinary wild oats. After that, in 1898 he went into a Retreat. In 1899 he saw Dr. Bramwell re hypnotic suggestion then went to stay with a doctor in Essex to receive this treatment.

In Jan. of this year he saw Dr. Freeman & had 10 weeks' treatment with strychnine & Apopie. He had a relapse in the end of May & another almost directly. In June he went to the Normood Sanatorium & while under treatment there & having considerable doses of Apopie he broke down again. His intervals between the outbreaks have been getting shorter. From Normood he came straight here.

On Admission. - He is a well nourished man about medium height.

He presents no sign of visceral disease. Heart & lungs are normal.

Urine acid. Sp. 1021. No albumin, sugar nor deposit.

Reflexes normal.

He says that he has sudden impulses to drink which sometimes come on quite suddenly without warning. He says the first impulse is as though someone from a distance was hypnotizing him. After he has once begun he cannot stop himself. But a very slight circumstance will often keep - for the time at least - from taking the first drink. There does not seem to be much of the nature of a definite craving that he must satisfy.

Aug. 14th. He is going on very quietly. He plays games - tennis, croquet etc. reads. He spends a

H. J. MacKenzie.

great deal of time out of doors. He eats & sleeps well.

H. J. Mackenzie.

Aug 21st. For the last time or three days he has been going out alone on parole yesterday he went to Harrogate & returned alright.

H. J. Mackenzie.

- 24th Yesterday afternoon he went out alone & did not return to tea. Later in the evening Mr Forbes received a letter - sent by express delivery from the G.P.O. - asking him to go to him at the Old George Inn. He went, & found him drinking. After a good deal of persuasion he was got away. He had something to eat at a refreshment room & finally they drove up here. He was in a somewhat maudlin, inclined to be emotional. He had previously given the key of his drawer to Forbes & asked him to take away his razors etc. as he did not feel safe to have them as he was. With some difficulty he was got to bed. An attendant was told off to sit up with him - an arrangement which he disliked himself. He slept fairly well the latter part of the night. This morning he was much more himself though depressed & wretched. He was extremely anxious to keep an appointment with Mr. Simeon Shell in Sheffield to have his eyes tested. He went with Mr. Darby. He was very restless & anxious to have some more drink. At one time he seemed as if he looked so faint that he was allowed a small quantity of brandy but that was all. Mr. Shell found some astigmatism & prescribed glasses accordingly.

H. J. Mackenzie.

- 31st He is now feeling as usual again. His spectacles have come today & he has begun to wear them. He is going out again alone & has had no more alcohol. The spectacles are Cyl. + .75 D axis vert. for both eyes.

H. J. Mackenzie.

Sept 8th. Yesterday afternoon he went out alone. He telephoned & says he would not be in to tea & asked for someone to meet him at the Opera House & take him some money. However he came in to tea. He had had some drink but seemed better. He went with an attendant to the Opera House, & had one drink then. He returned all right & went to bed. Soon after ten o'clock he gave the attendant an empty bottle which had contained tablets - but from which the label had been removed - & said he had "taken all the stuff". He also told him he did not expect to be there when he returned. I saw him ~~but~~ soon after. He seemed strange in his manner & had difficulty in speaking & in sitting up in bed. After some time he told me the tablets were Easton's Syrup & he thought he must take the lot to have any effect. I tried to pass a tube to wash out his stomach but the tube seemed to irritate so much & so much irritation that I gave it up & administered gr xx of Sulphate of Zinc which made him sick in a few minutes; he felt better after that. Then he had 3j of Syrup of Chloral = gr xv of Chloral Hydrat. He slept fairly well; he was under continuous supervision all night. The effects of the Strychnine have passed off. He is depressed & rather listless. He is staying in bed today. He tells me that each tablet was equal to 3j of Easton's Syrup & there seem to have been 25 in the bottle & as there is 1/32 gr of Strychnine in each dram of Easton's Syrup he must have taken between 7/8 & 1 gr of Strychnine.

H. J. Mackenzie.

Sept. 16th. He is now all right again. He has taken over the charge of the pony shop admires people out when required cases to the pony. He has brightened up since he had the definite occupation. He has today at dinner time begun to take Kalg's protein free diet. He has also promised to give up smoking altogether.

2.

" 20th He went to the theatre this evening with an attendant & insisted on having a glass of beer. He would none but was persuaded not to have it. He continues to look after the pony shop so far as is known has never had any drink while out with it. H. J. Mackenzie.

Oct 16th. Things have gone on well so far. He has altogether given up tobacco. He continues well employed. He has today been given parole outside on the understanding that of course he has no drink. He goes out with a definite object and not merely to wander about to kill time. H. J. Mackenzie.

Nov 6th. All went on well till last evening when he became in the worse for drink. He wished to go out again with an attendant & was grieved at being refused. He wished out his notice to go. This morning he still thought he had better go. He has left today. He went into lodgings near The Retreat. H. J. Mackenzie.

Suckett, Ivor Lloyd.

Admitted Sept. 15: 1906.

Married

Physiologist - Cambridge.

H.P.C. Illness has been coming on slowly but not spoken about. The last 2 yrs he has been rather restless - stated vaguely sure of his spiritual state. About 8 days ago he broke down - depressed. He has been eating badly because he looks on his illness as spiritual - to be cured by prayer & fasting. Last 2 yrs ascetic life - has practiced extreme avoidance of pleasures to pursue spirituality.

P.H. Always rather reserved went his own way. Delicate as a baby. Bodily health in adult life good. Life regular. Always excitable & jumpy. Given to social works. Boys clubs - altruistic effort. Believes in demoniacal possession. Thinks 90% of insanity due to spiritual not natural causes, - since the last 2 yrs. Has wished to give up his life to curing neurasthenia & melancholia. Has had one previous attack of depression lasting 6 mos. - due to overwork but in his own estimation, to pride. Physically prostrate - thought he was dying. Recovery followed on an appeal from a nurse not to be self-indulgent. Sacrificed it was a permanent spiritual cure.

F.H. Father died of Cerebral Tumour. Mother living.
2 Mothers also 1 elder & brother & 2 sisters maternal.
1 child.

State on Admission - Height 5'8", Weight 9.12 3/4. He looks run down & rather out of health. There is no sign of visceral disease. Urine: Acid. Sp Gr. 1.030. Contains no albumens or sugar. There is a deposit of mucus.

Mentally he is somewhat depressed. He talks in a rather morbid way about his spiritual condition. He says that neurasthenia from which he suffers is due to selfishness & is to be cured by spiritual means rather than any other. He seems to regard insanity altogether as more akin to possession by evil spirits & selfishness than to any bodily disorder. There is a curious hesitancy & catch in his speech & sometimes which does not amount to an actual stammer but which makes him stop in the middle of a sentence.

H.J. Wackenzie

Sept. 22nd. He rather brighter. He occupies himself fairly well - he does some carpentry, reads & takes an interest in all that goes on. He has slept well each night since he came. He takes food well.

H.J. Wackenzie

" 29th. He continues to occupy himself well chiefly with normal occupations. He goes out for

walks alone. He talks in the same volubrious way about selfishness though not quite so much as he did. He continues to eat & sleep well.

H. Mackenzie.

Oct. 6th. He continues about the same. He is well occupied & joins in games & amusements. His physical condition is improving & he eats & sleeps well.

H. Mackenzie.

" 11th He left the Retreat today & went to Hull to visit his friend D. Eve.

H. Mackenzie.

Sep^r 20. 1906.

Staryus, Miss Thomasin Frances.

Admitted as a V.B. at Throxbury Hall.

Aet 53. Formerly in S.P.O. has retired on a pension.

Sister Mr. Dillo 33 Britton, York.

F.H. 20th child of 13 - no insmits.

P.H. Has had Bright's disease.

14 yrs ago ill - haematuria, cystoscope, X rays nil discerned.

Cause of Myasthenia. saw D. Watson Chene.

At this time began to complain of memory. P.O. work more difficult.

6 yrs sick leave then resigned Newcastle.

Has had fear of mental trouble & was much disturbed when a colleague became insane.

H.P.C. In Mar will - stayed with some ladies in Ireland. Depressed on return to England.

Could not perform simple duties - saw D. Hale White who recommended rest in Ireland. stayed with Miss McMorris, Killeaden Ho. near Kiltinagh or Mayo.

No better - delusions of immortality developed. Thought there were insects about trouble with food.

P.C. Has come over direct from Mr. McMorris home.

Looks well nourished, but very depressed. Weight 94 lbs.

Speech very delayed - replies after a long interval, frequent no reply.

Appears to understand everything said. Very slow in movements, but not resistive.

Did not tell me much of herself. but told her sister that she was ashamed of herself, & thought she could not be paid for.

Chest nil abnormal. Pulse regular quiet, Tongue clean, Pupils read,

No anaemia. no evidence of abdominal disease.

No pain or tenderness anywhere & no complaints -

Has also told her sister that she would never be better.

Ordered - rest in bed late, then up & gentle exercise.

Urine - Sp. Gr. 1026. Acid. No albumin. No sugar.

Sept. 24th She is very depressed. She will hardly talk at all and most only answers direct questions & that briefly so the things have to be repeated before she takes any notice. She looks at a book but is otherwise unoccupied. She sleeps well. H.F. Mackenzie.

29th She continues depressed & will hardly talk even when addressed. She is unemployed except that she looks at a book but she does not seem to read it or take any interest. She goes out for a walk when she is taken. H.F. Mackenzie.

Oct. 23rd She continues in the same depressed state. She will hardly talk at all. She looks at a book but it is doubtful if she reads it. She goes out for walks when she is taken. Her bodily health seems to be good. H.F. Mackenzie.

Nov. 7th She has improved a little. She looks brighter. She answers questions briefly & sometimes

Salps a little. She occupies herself rather more

H. Mackenzie

20. 1906.

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McCormack, William

Admitted Sept 29: 1906

Age 27.

Married

He was admitted as a certified patient into The Retreat on Dec 10: 1894 & discharged
recovered March 2: 1895

Station Admission. - He talks rather thin. Dark complexioned.

Height 5:10" Weight 9 st 9 1/2 lbs.

Thoracic abdominal viscera are apparently healthy. Pupils circular,
medium sized, equal, react normally to light. Knee jerks are well marked on
both sides.

Apparently he is somewhat depressed, but he chiefly lacks initiative. He says he
does not seem able to do anything. He answers questions very briefly & does not
make any remarks or start conversation. H. J. Mackenzie.

Oct 23rd. He has improved slightly but not to any marked extent. He talks a little with
join in a conversation but he lacks initiative & is only very partially occupied.
His general health is good. He eats & sleeps well. H. J. Mackenzie.

Nov. 4th. He has continued much the same. He has perhaps brightened up a little when rather

more interest in things. He seems unable to settle upon definite employment & is quite content to have much of his time unemployed. He has left today & gone away with his wife.

H. H. H. H. H.

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larger

to consider
L. H. H. H.

He says he
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