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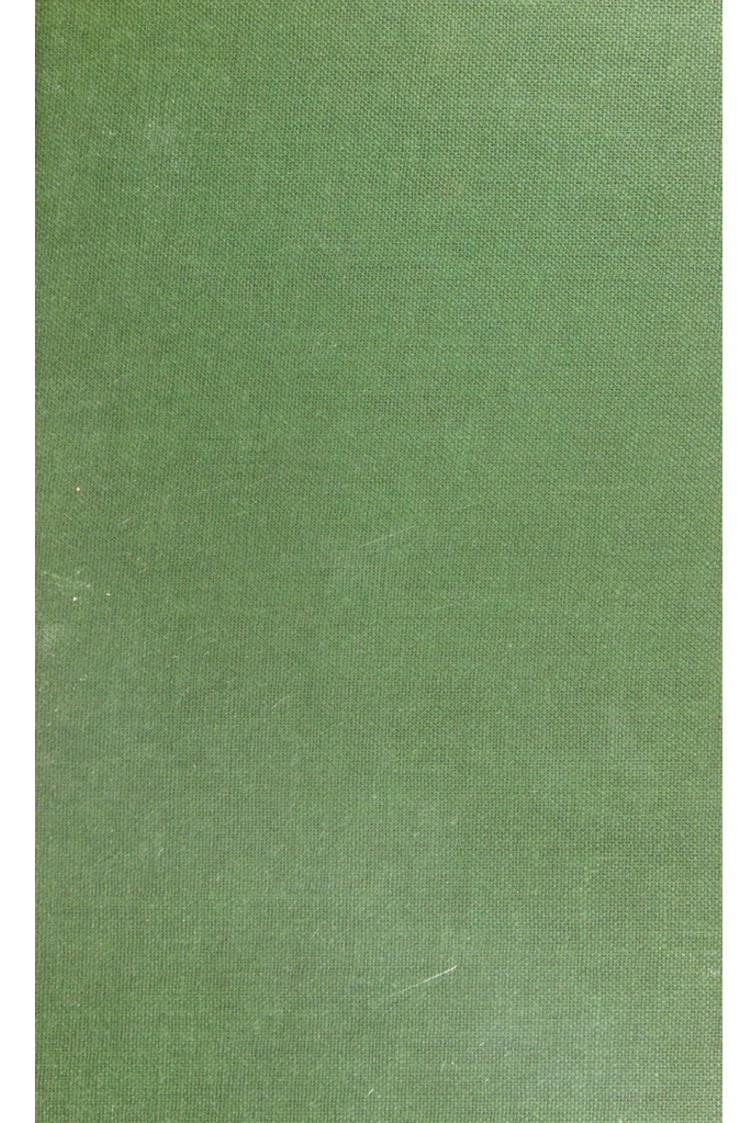
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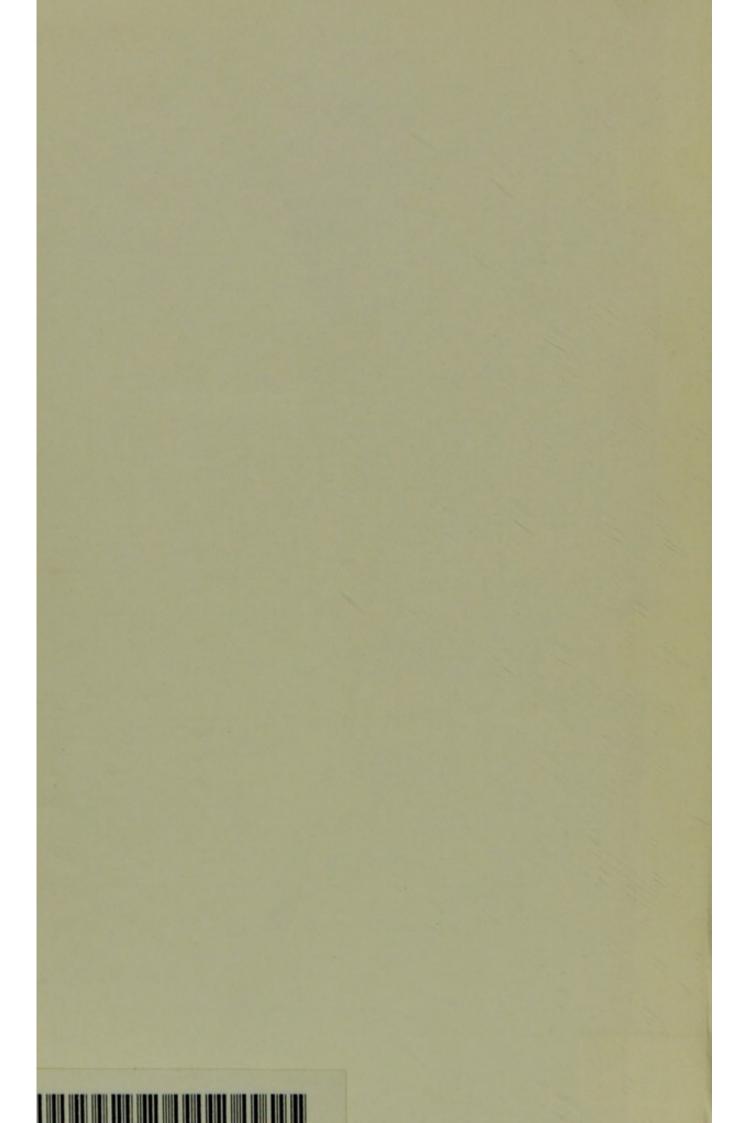
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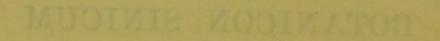




## BOTANICON SINICUM

### Part III

BOTANICAL INVESTIGATIONS INTO THE MATERIA
MEDICA OF THE ANCIENT CHINESE



Hart III

MEDICA OF THE ANCIEST CHINESE

# BOTANICON SINICUM

NOTES ON CHINESE BOTANY
FROM NATIVE AND WESTERN SOURCES

BY

#### E. BRETSCHNEIDER, M.D.

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#### Part III

BOTANICAL INVESTIGATIONS INTO THE MATERIA MEDICA OF THE ANCIENT CHINESE.

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### BOTANICON SINICUM.

# BOTANICAL INVESTIGATIONS INTO THE MATERIA MEDICA OF THE ANCIENT CHINESE.

#### INTRODUCTION.

In connection with a former paper dealing with the economic plants known to the Chinese in the classical period, and forming the second part of the *Botanicon sinicum*, the author of those notes now attempts to examine and identify the drugs of vegetable origin noticed in the earliest Chinese works on Materia Medica,—the *Shen nung Pen ts'ao king* and the *Ming i pie lu*.

The first of these works, the 神農本草經 Shen nung Pen ts'ao king, or Herbal of the Emperor Shen Nung, of which a detailed notice has been given in Part I of the Botanicon sinicum [p. 27 seqq.] has, as the word king (classic) in the title indicates, always been and is still considered by Chinese practitioners a book of the highest authority and a model of pharmacological wisdom. Therefore most of the drugs mentioned in this ancient pharmacopæia are still kept in store and sold for medical use, and are still known by the same names as they appear in that ancient book.

Although the authorship of this work has always been ascribed to the legendary Emperor Shen Nung [B.C. in the 28th century], there is internal evidence in it, at least in that which was current with the above title in the 5th century, that it had been compiled in the Han period [B.C. 202–A.D. 221], but presumably from earlier traditions on the subject.

The Shen nung Pen ts'ao king or Pen ts'ao king (Herbal Classic), also simply termed Pen king, was originally a book treating of 365 different drugs, in accordance with the number of days in the year, arranged in three classes according to their medical virtues. LI SHI-CHEN in his Pen ts'ao kang mu [Chap. IV] gives the Index of the original work, in which appear 252 names of vegetable drugs. These are nearly all spoken of and commented upon in the Pen ts'ao kang mu, and all that is known regarding the drugs of the Pen ts'ao king is from the quotations found in LI SHI-CHEN'S Materia Medica, from which it appears that the Pen ts'ao king gives only particulars regarding the mode of preparing the officinal parts of the plants for medical use, their specific virtues and their therapeutic use. It is quite exceptional to find in this ancient book any descriptive details with respect to the plants from which the drugs are derived.

The 名醫別錄 Ming i pie lu, called also simply Pie lu, is a supplement to the Shen nung Pen ts'ao, adding to the original Materia Medica 365 more drugs, employed by eminent physicians in the Han and Wei periods. [The Wei dynasty reigned A.D. 221-264.] In the first part of the Botanicon sinicum [p. 42] I have said that this work, as is indeed stated by Li Shi-chen in his account of it, was compiled by 陶宏景 T'AO HUNG-KING, who lived A.D. 452-536. But the frequent quotations from it in the Pen ts'ao kang mu, together with T'AO HUNG-KING's commentaries thereupon, prove that the Pie lu was an independent treatise which

well as other ancient authors when referring to the Pie lu call it sometimes Pen ts'ao king, and thus seem to comprise both the Shen nung Pen ts'ao and the Pie lu under this general appellation of Herbal Classic. In the History of the Sui dynasty [A.D. 589-618], Chap. 36, section on Literature, we find the title of a work 陶宏景本草經集注, i.e. the Pen ts'ao king, collected and explained by T'Ao Hung-King. This work contained probably the Shen nung Pen ts'ao and the Pie lu with the commentary of T'Ao Hung-King.

The Pie lu is an enlargement of the Herbal of Shen Nung. We meet in it with notices of all the plants mentioned in the earlier work to which an account of the drugs used in the Han and Wei periods is added. These accounts are very short, giving only in a few cases descriptive details of the respective drugs (plants). But the provinces or districts where the drug in question is produced are generally indicated. Nearly all these geographical names refer to the Ts'in [3rd cent. B.C.] or Han periods, although some of them can be traced to the Chou dynasty [B.C. 1122-249]. In a few cases they cannot be ascertained. The part of the plant which is used in medicine and the time of gathering it are also noticed. The Pie lu uses generally four phrases to distinguish the localities in which the plants grow, viz.:—

生山谷 it grows in mountain valleys (in the mountains). 生川谷 it grows in river valleys (the plain is probably meant, meadows).

生田野 it grows in fields.

生平澤 it grows in level marshes (low marshy land).

As detailed accounts of the *Pen ts'ao kang mu*, the great repertory of Chinese Materia Medica, published by Li Shichen in the second half of the 16th century, and of the authors and books quoted in this important work have been given

in the first part of the *Botanicon sinicum*, I shall therefore confine myself here to an enumeration of such books and authors' names as appear more frequently in the following pages.

There are first two ancient treatises on Materia Medica 1. (2)<sup>2</sup> the 采藥錄 Ts'ai yao lu and 2. (3) the 雷公藥對 Lei kung Yao tui, the compilation of which tradition refers to the time of the legendary Emperor Huang ti [B.C. 27th cent.]. The Ts'ai yao lu, or directions for gathering drugs, is ascribed to 桐君 T'ung Kün, one of the ministers of Huang ti, the other, the Materia Medica of Lei Kung, to one of the sages who assisted the emperor in his investigations into the Art of Healing.

The next in order are two works on the same subject:—3. (4) the 李氏藥錄 Li shi Yao lu, by 李當之 Lī Tang-chī, and 4. (5) the 吳氏本草 Wu shi Pen ts'ao, by 吳曾 Wu P'u, both written in the first half of the third century.

- 5. (6).—The 炮炙論 P'ao chi lun, a work explaining the medical virtues of drugs, written about the middle of the 5th century, by 雷公 Lei Kung or properly 雷黎 Lei Hiao.
- 6. (9).—The 千金食治 Ts'ien kin shi chi, by 孫思邈 Sun Sz'-mo [beginning of 7th cent.].
- 7. (10).—The 藥性本草 Yao sing pen ts'ao and the 藥性論 Yao sing lun, two works, both by 甄權 CHEN KUAN [6th and 7th cent.].
- 8. (11).—The 唐本草 T'ang Pen ts'ao, by 蘇恭 Su Kung [7th cent.].
- 9. (12).—The 食療本草 Shi liao pen ts'ao, by 孟詵 Meng Shen [second half of 7th cent.].

<sup>&</sup>lt;sup>2</sup> The figures in parentheses refer to Botanicon sinicum, I, p. 40-54.

- 10. (13).—The 本草拾遺 Pen ts'ao shi i, by 陳藏器 Ch'EN Ts'ANG-K'I [first half of 8th cent.].
- 11. (14).—The 海藥本草 Hai yao pen ts'ao, by 李珣 Li Sün [second half of 8th cent.].
- 12. (15).—The 四聲本草 Sz' sheng pen ts'ao, by 蕭炳 Siao Ping. [T'ang period, 7th to 9th cent.].
- 13. (18).—The 本草性事類 Pen ts'ao sing shi lei, by 杜善方 Tu Shan-fang [T'ang period].
- 14. (19).—The 食性本草 Shi sing pen ts'ao, by 陳士良 Ch'EN SHI-LIANG [10th cent.].
- 15. (20).—The 蜀本草 Shu pen ts'ao, by 韓保昇 HAN PAO-SHENG [10th cent.].
- 16. (21).—The 日華諸家本草 Ji hua Chu kia pen ts'ao, by 大明 Ta Ming [A.D. 970].
- 17. (22).—The 開資本草 K'ai pao Pen ts'ao, by 馬志 Ma CHI [second half of 10th cent.].
- 18. (23).—The 嘉祐補註本草 Kia yu Pu chu Pen ts'ao, by 掌禹錫 CHANG YÜ-SI and 林億 LIN I [A.D. 1057].
- 19. (24).—The 圖經本草 T'u king pen ts'ao, by 蘇頸 Su Sung [end of 11th cent.].
- 20. (26).—The 證 類 本 草 Cheng lei pen ts'ao, called also 大觀本草 Ta kuan Pen ts'ao, by 唐慎微 T'ANG SHEN-WEI [A.D. 1108].
- 21. (27).—The 本草衍義 Pen ts'ao yen i, by 寇宗奭 K'ou Tsung-shi [A.D. 1115].
- 22. (29).—The 用藥法象 Yung yao fa siang, by 李杲 Li Kao, called also 明之自 Ming CHI-TSZ' and 東垣 TUNG YÜAN [12th and 13th cent.].

- 23. (30).—The 湯液本草 T'ang i pen ts'ao, by 王好古 Wang Hao-ku, called also 海藏 Hai Ts'ang and 進之 Tsin chi [first half of 13th cent.].
- 24. (31).—The 日用本草 Ji yung pen ts'ao, by 吳瑞 Wu Shui. [Mongol period, 13th and 14th cent.].
- 25. (33).—The 本草衍義補遺 Pen ts'ao yen i pu i, by 朱震享 Chu Chen-Heng [second half of 14th cent.].
- 26. (40).—The 本草會編 Pen ts'ao hui pien, by 汪機 WANG KI [16th cent.].

In the subsequent account of the vegetable drugs mentioned in the Shen nung Pen ts'ao and the Pie lu the reader will find them treated of in the same order as in the text of the Pen ts'ao kang mu, where the names of drugs first given in the Shen nung Pen ts'ao are always placed at the head of the respective articles. The principal object kept in view by the author in extracting the following notes from Li Shi-chen's work, is the botanical identification of the drugs of vegetable origin mentioned in the ancient Chinese works on Materia Medica. Notice is therefore taken only of such details in the ancient descriptions of drugs and plants as may be serviceable to this end. Statements of no interest for European readers have generally been omitted.

The style used by the ancient Chinese authors in describing plants is generally very simple, but owing to the vagueness of the expressions and terms, the translator often meets with great difficulty, and is constrained to guess should the plant described be unknown to him. Thus the character 子 tsz', which means "seed," is frequently used in ancient books for 實 shi, fruit, and the latter character again often occurs there with the meaning "solid," opposed to hollow. 莖 heng is the stem of herbaceous plants, but it is also used for petiole and for 幹 kan, the trunk of a tree. 黃 miao, which

originally means "tender blade of herbs and grass, sprouts," is more generally used in the sense of herb (stem and leaves together). As sui is properly a spike of flowers, an ear of corn, but the ancient authors use this term also to designate a panicle, raceme, etc.

Great confusion and vagueness prevail in these ancient descriptions of plants with respect to colours. 青 ts'ing originally means "blue." The dictionaries say it is the colour of indigo. But when applied to plants it always means "green," the character 線 lü, now the common term for green, being but rarely used in the Pen ts'ao kang mu. The character 碧 pi [Williams' Dict., 691] means green or blue jade. It is occasionally used in the Pen ts'ao to indicate the colour of flowers, and I think blue is meant. 辈 tsz' is originally a purple colour, but frequently it must be translated by violet or brown. 赤 ch'i and 紅 hung are used for red in the Pen ts'ao, the first being the older term. The term 五色 wu se, the five primary colours, occurring in the classics [see Shu king, p. 80], is defined by the commentators by 青 blue, 黃 yellow, 赤 red, 白 white, 黑 black. When meeting in the Pen ts'ao with a term like 紅白花 we are, if the plant described be unknown to us, left in doubt whether we have to translate red and [or] white flowers or reddish white flowers.

Chinese pharmacy and therapeutics with complicated prescriptions, which fill up the greater part of the text of the Pen ts'ao kang mu, do not lie within the compass of our investigations, and the medical uses of the drugs are only occasionally noticed. In our opinion European science can learn nothing in this department of Chinese knowledge. We do not mean to deny that there are in China vegetable drugs possessed of powerful medical virtues, but the Chinese Faculty in employing them in their practice of medicine

are seldom guided by experience, but rather by fanciful suppositions regarding the virtues of drugs. The Chinese are much addicted to the doctrine of "signatures," which prevailed also in Europe centuries ago and which is based upon a belief that an external mark or character on a plant indicates its suitableness to cure particular diseases. Thus they employ internally a decoction of thorns of Gleditschia or Zizyphus to accelerate the bursting of abscesses. The pods of a Gleditschia, which resemble in shape the tusk of a boar, are administered in toothache; the yellow bark, or wood, of Berberry in jaundice; emmenagogue properties are ascribed to the red coloured root of Rubia cordifolia. The reader interested in the Chinese views with respect to the medical virtues of drugs may find information on the subject in Dr. F. Porter Smith's Contribution towards the Materia Medica, etc. of China, 1871.

We constantly meet in the ancient Chinese accounts of plants and drugs with names of provinces, prefectures, districts, etc. where the drugs were produced. The author has bestowed a peculiar attention upon the correct identification of the geographical names of various periods appearing in the Pen ts'ao kang mu. This is by no means an easy task. As has already been pointed out in the first part of my Botanicon sinicum [p. 67-69] the same names at different times were applied to quite different localities of the empire. The Hung-king, in speaking of the localities where medicinal plants are produced, frequently employs the terms 近道 kin tao and 邊道 pien tao, adjoining and border provinces. The first we understand to mean the provinces not far distant from the capital and translate it by Central China.

<sup>&</sup>lt;sup>3</sup> Comp. e.g. in the Appendix: 160, Kuang chou; 234, Ning chou; 187, Liang chou; 228, Nan hai; 389, Wu; 146, King chou; 124, Kiang nan; 229, Nan kang.

To avoid complicated and frequently repeated explanations in the text of our translations from the *Pen is ao kang* mu, and to save space, it has been considered advisable to omit all Chinese characters referring to geographical names and to consign the geographical identifications to the Appendix.

# TITLES OF SOME CHINESE, JAPANESE AND EUROPEAN BOOKS QUOTED IN MY RESEARCHES BY ABBREVIATED REFERENCES.

- P. = Pen ts'ao kang mu, the great Chinese Materia Medica and Natural History by Li Shi-chen [second half of the 16th century. See Botanicon sinicum, I, p. 54].
- T. = T'u shu tsi ch'eng, the great Chinese Cyclopædia, published in 1726. [See Botanicon sinicum, I, p. 71.] My quotations refer to the chapters of the Botanical Section.
- Ch. = Chi wu ming shi t'u k'ao, a Chinese Botany illustrated by woodcuts, published in 1848. [See Botanicon sinicum, I, p. 73.] My quotations refer to the drawings.

The quotations from the Rh ya and the Classics refer to Botanicon sinicum, Part II.

Kiu huang = Kiu huang Pen ts'ao, a treatise on plants which can be used for food; accompanied with woodcuts dating from the end of the 14th century. [See Botanicon sinicum, I, p. 49-53.]

App. = Appendix to the present volume on ancient Chinese geographical names.

K.D. = K'ANG HI'S Dictionary, the K'ang hi Tsz' t'ien or Chinese Dictionary, published in 1716 by order of the Emperor K'ANG HI.

W.D. = Williams' Syllabic Dictionary of the Chinese Language, 1874.

Amen. exot. = E. Kempfer's Amenitates Exotice, 1712, in which a great number of Japanese plants are described, sometimes also figured. The Chinese names in Chinese characters are generally added. [See Botanicon sinicum, I, p. 126.]

Kwa wi, a Japanese Botany, illustrated by woodcuts, published in the middle of the last century and translated into French by Dr. L. SAVATIER in 1873. [See Botanicon sinicum, I, 99].

Phon zo = Phon zo dzu fu, a large Japanese work on Botany with nearly 1,800 coloured drawings illustrating the Chinese Pen ts'ao kang mu, and published in 1828. [See Botanicon sinicum, I, p. 100, Hon zo dzu fu.]

So moku = So moku dzu setsu, another Japanese Botany with 1,215 excellent drawings representing herbaceous plants. [See Botanicon sinicum, p. 101.] I quote these drawings in preference to those of the Phon zo. To the latter I generally refer only in the cases in which the plant in question is not mentioned in the So moku as e.g. trees.

The Theorem The Thunder Theorem Theorem 1784. [See Botanicon sinicum, I, p. 126.]

Sieb. Icon. = Dr. Ph. Fr. Siebold's Coloured drawings representing Japanese plants, about 600, unpublished. [See Botanicon sinicum, I, p. 127.]

Sieb. Zucc. Fl. Jap. = Dr. Ph. Fr. Siebold et Dr. Zuccarini, Flora Japonica, 1835–1870; described and pictured 150 plants. [See Botanicon sinicum, p. 127.]

Sieb. acon. — Siebold's Synopsis Plantarum Œconomicarum Universi Regni Japonici, 1827.

HOFFM. SCHLT. = J. HOFFMANN et H. SCHULTES, Noms indigènes d'un choix de Plantes du Japon et de la Chine. 2nd edition 1864. [See Botanicon sinicum, I, 127.] The botanical identifications of Japanese and Chinese names of plants are based upon Siebold's statements.

MIQ. Prol. Fl. Jap. = F. A. G. MIQUEL, Prolusio Flora Japonica, 1866.

Franch. Sav. Pl. Jap. — A. Franchet et L. Savatier, Enumeratio plantarum in Japonia sponte crescentium, 1874– 1876.

J. Matsumura, Nomenclature of Japanese Plants, in Latin, Japanese and Chinese, 1884.

GAUGER = G. GAUGER, Chinesische Roharzneiwaaren, 1848. Descriptions of Peking drugs, with drawings. [See Botanicon sinicum, I, p. 122.]

Tatar. Cat. = A. Tatarinov, Catalogus Medicamentorum Sinensium, 1856. [See Botanicon sinicum, I, p. 122.]

Han. Sc. pap. = D. Hanbury's Science Papers, 1875. P. 209-277 his Notes on Chinese Materia Medica are reprinted, which originally appeared in 1860, 1861. [See Botanicon sinicum, I, p. 128.]

P. Smith = Dr. Fr. Porter Smith, Contribution towards the Materia Medica and Natural History of China, 1871. [See Botanicon sinicum, I, p. 128.]

Cust. Med. = List of Chinese Medicines passing through the Chinese Maritime Customs, 1889.

Hank. Med. = R. Braun, List of Medicines exported from Hankow and the other Yangtze Ports, 1888.<sup>4</sup>

<sup>4</sup> Both the last-named books were published by order of the Inspector-General of the Chinese Maritime Customs. The first comprises the Chinese names of all the drugs appearing in the Chinese Customs tariff and which from the first of November 1884 to the 31st October 1885 passed inwards and outwards through the Customs of the 19 principal Chinese ports opened to European trade. Quantity and value and the places of production of

Parker, Sz ch'uan plants = Chinese Names of Plants collected by E. H. Parker in Sz ch'uan 1880 and 1881, and determined by Dr. Hance. [See China Review, XI, 1883, p. 339.]

Parker, Canton plants — Chinese Names of Canton Plants, by E. H. Parker. [See China Review, 1886, p. 104-119.]

Gardner, Ichang plants = Vegetable Products of the Consular District of Ichang, in the Province of the Hupeh, by C. T. Gardner. [See Journ. Ch. Br. Asiat. Soc., XIX, (1884), p. 6-26.]

Henry, Chin. plants = Chinese Names of Plants, by Augustine Henry, M.A.-L.R.C.P. [See Journ. Ch. Br. Asiat. Soc., XXII, 1887, p. 233 seqq.] These names refer to plants of the province of Hupeh.

Ind. Fl. sin. = Index Floræ sinensis, by F. B. Forbes, F.L.S., and W. B. Hemsley, A.L.S., 1888. Now in course of publication.

the drugs are noticed. These two books would have been very useful compilations had the compilers confined themselves to giving only such particulars as could be derived from the official documents of the Customs, adding occasionally a short popular description of the drug from their own observation. But unhappily they attempted to identify the drugs from the Chinese names only, without examining them. They satisfy themselves with relying almost entirely upon the identifications of Chinese drugs as put forth in Dr. F. PORTER SMITH'S Contributions towards the Materia Medica of China, etc., a work full of erroneous notions, as has been elsewhere detailed. It is a matter of regret that the valuable collections of Chinese drugs in possession of the Chinese Maritime Customs were not sent to Europe to be examined by competent specialists before the costly publication of the List of Chinese Medicines was undertaken. Dr. A. Henry wrote me, before the book was published, that he had revised it. His corrections (referring evidently to plants well-known to him and determined at Kew) seem to be contained in Part II, Alphab. Index. But unhappily his name does not appear in the book, and the reader is unable to decide for what identifications he is responsible.

[With regard to my share in the publication of "List of Chinese Medicines" I may state:—Part II was sent to me for revision: but I am not responsible for the Index as it stands, as additions and "corrections" were made after it left my hands. My revision consisted in (1) omitting all the grave wrong identifications, (2) in grouping under one heading the many different Chinese names which often exist for a single drug. This was a very laborious piece of work. Part I of this work is entirely free from any editing and is full of errors. The scientific names are not to be depended on. The classification has not been carried out, as e.g. bulbs are entered under "seeds," etc. etc.—A. HENRY.]

# THE MEDICINAL PLANTS OF THE SHEN NUNG PEN TS'AO KING AND THE PIE LU.

1.—甘草 Kan ts'ao. P., XII a, 1. T. CLX.

Comp. also Rh ya, 199, Classics, 425.

Pen king:—Kan ts'ao (sweet herb). The root is sweet of a uniform nature, non-poisonous.

Pie lu:—Kan ts'ao, also 蜜甘 mi kan (honey sweet), | 草 mi ts'ao (honey herb), 美草 mei ts'ao (excellent herb), 露草 lu ts'ao [this name occurs in the ancient dictionary Ki tsiu pien and in Tung fang so, second century B.C.], 國老 kuo lao. The latter name, old man of the Empire, which properly is a title given to meritorious statesmen, according to T'AO HUNG-KING is applied to the plant on account of its eminent virtues as a remedy. The Pie lu says:—The kan ts'ao grows in the river valleys (plains) of Ho si [west of the Yellow River, r. App. 79] and on sand-hills. It is also found in Shang kün [north-eastern part of Shen si, r. App. 273]. The people gather the root towards the end of the 8th month and dry it in the sun during 10 days.

T'AO HUNG-KING considers the kan ts'ao to be one of the most important of medicines, which takes the same place among drugs as the Ch'en hiang [Aloewood, see 307] among fragrances. It enters into almost all prescriptions. Besides this it has the property of neutralizing the effect of poison. He says that in his time the drug was not brought from Ho si and Shang kün, but the places of production were Shu [Sz' ch'uan, v. App. 292], Han chung [Southern Shen si, v. App. 54] and especially it was supplied by the

barbarian tribes who dwelt in or about the district of Wen shan [in N. Sz' ch'uan, v. App. 388]. The root has a red rind, is of a hard solid structure. The best sort is called 拉罕草 Pao han ts'ao, from a place in the country of the Si K'iang barbarians [Kukonor, N.E. Tibet, App. 300—Ancient Pao han is now Ho chou in Kan su, v. App. 242]. It is not advisable to dry the root by means of artificial heat, for it then becomes fissured. Another kind of kan ts'ao resembles fish-bowels. It is not advisable to cut it with a knife. A drug of an inferior quality is produced in Ts'ing chou [East Shan tung, v. App. 363]. There is also the tsz' (purplish or violet) kan ts'ao. It is slender, but for fault of a better drug it may also be used.

Su Sung [11th century]:—The kan ts'ao grows in all the prefectures of Shen si [modern Shensi and E. Kansu, v. App. 284] and Ho tung [present Shan si, v. App. 80]. It is a plant from one to two feet high. The leaves resemble those of the huai (Sophora). In the 7th month it produces violet flowers resembling those of the nai tung [unknown to me] which are followed by pods like pea-pods. The root has a red rind, is from 3 to 4 feet long, coarse or slender. In its upper part the principal root emits horizontal branches (runners) which are beset with rootlets. After the crown and the red rind have been removed, the root is dried in the shade.

Kan ts'ao is still the common Chinese name for Liquorice or Glycyrrhiza. A good drawing of a Glycyrrhiza sub kan ts'ao, roots, flowers and echinate legumes, is found in the Ch. [VII, 6].

Comp. Phon zo, V, 1, 甘草 Glycyrrhiza.

Sieb. weon., 305, Glycyrrhiza, kan soo. E. China introducta, rarius et quidem in provinciis insulæ Sikok culta.

TATAR. Cat. 25 .- P. SMITH, 136. Liquorice root.

Cust. Med., p. 4 (22). New chwang exported in 1885 Liquorice to other Chinese ports 1,767 piculs,—p. 30 (100), Tientsin exported 4,576 piculs,—p. 46 (18), Chefoo exported 8,690,—p. 68 (34), Hankow exported 1,148,—p. 455 (587). Liquorice, places of production:—Chili, Shan tung, Shen si, Kan su.

In 1882 I sent some specimens of Chinese Liquorice root from Shan si to Prof. Dr. Flückiger, who in the 2nd edition of his *Pharmacognosie* [p. 355] writes that he is not able to distinguish it from Spanish Liquorice of the first quality.

The Liquorice root used in medicine in Europe is derived from Glycyrrhiza glabra, L., indigenous in Southern Europe. The typical form of this supplies the Spanish Liquorice, which is considered to be the best. The variety glandulifera, which grows in Hungary, South Russia, yields the Russian Liquorice, which is likewise derived from Gl. echinata, L.

LOUREIRO [Fl. cochin., 543] states that Chinese Liquorice root is yielded by Gl. echinata and glabra of the northern provinces of China. [See my Early Europ. Res. Fl. China, p. 145.]

Bunge [Enum. pl. Chinæ bor., 97] records Gl. glandulifera from the neighbourhood of Peking and the Great Wall.

PRZEVALSKY [Mongolia, Tangut, etc., Engl. edition, I, 191] states that the root of Gl. uralensis, Fischer, one of the characteristic plants of the Ordos, is dug up there by the Mongols, hired by the Chinese, who despatch the drug down the Huang ho to supply the Chinese markets. The same plant is recorded by Father David [Franchet, Planta David. Mongol., 93] from the Peking plain and Southern Mongolia. It grows also in the Altai and Ural mountains.

#### 2.—黃耆 huang ki. P., XII a, 6. T. CLII.

Pen king:—Huang (yellow) k'i, 戴糁 tai san. Root used in medicine. Taste sweet, nature slightly warm. Non-poisonous.

Pie lu:—Other names: 戴椹 tai shen, 麦草 ki ts'ao, 百本 po pen (a hundred roots), 獨 | tu shen, 蜀脂 Shu chi. The huang k'i grows in the mountain valleys of Shu [W. Sz' ch'uan, v. App. 292], in Pai shui [in Mid Shen si, v. App. 239], in Han chung [S. Shen si, v. App. 54]. It is gathered in the second and tenth months, and dried in the shade.

The Hung king:—Now the drug brought from Lung si and The yang [both in Mid Kansu, v. App. 216, 336], which is of a yellowish white colour and sweet, is considered the best, but it is scarce, and more generally an inferior sort of a white colour and coarse-grained, which comes from Hei shui [v. App. 60] and Tang chang [in Mid Kan su, App. 330] is used. There is also a red kind which is employed for making plasters.

The Yao sing lun [7th century] calls this plant 王孫 Wang sun.

Su Kung [7th century]:—Now the best sort comes from Yüan chou [in E. Kan su, App. 414] and Hua yüan [in E. Shensi, App. 88]. That from Shu and Han chung is not much employed. That from I chou [in Kuang si, App. 103] and Ning chou [in N.E. Kan su, App. 234] is also of a superior quality.

Su Sung [11th century]:—This drug is abundantly produced in all the prefectures of Ho tung [Shan si, App. 80] and Shen si (modern Shen si and E. Kan su). There are several sorts of it. The rind of one of them furnishes textile fibres.

Li Shi-chen:—The common name of the plant nowadays is 黃 茂 huang ki. The original name (v.s.) is

sometimes erroneously written 黃蓍 huang shi. The leaves of the huang k'i resemble those of the huai (Sophora japonica) but are smaller and pointed. They resemble also the leaves of the tsi li (Tribulus terrestris) but are broader and larger, and of a whitish green colour. The flowers are of a yellowish purple colour, as large as those of the huai. The fruit is a pointed pod, one inch and more long. The root is from 2 to 3 feet long. That which is tight and solid, like the shaft of an arrow, is the best. The young leaves are edible, and therefore the plant is also cultivated as a vegetable.

The Kiu huang [XLVI, 13] and the Ch. [VII, 3] represent sub huang k'i a leguminous plant.

TATAR. Cat., 10: huang k'i, Radix Sophoræ flavescentis. The latter is a common plant in North China.

Gauger [8], who describes and depicts this Chinese drug, is of opinion that it is the root of an Astragalus. This view is confirmed by Father David, who in the account of his journey in S. Mongolia speaks of a large herbaceous plant hoang tehy, of the order Leguminosæ, the root of which is dug up there and sent to China as a medicine. Franchet [Plantæ David. Mongol., 86] described it as Astragalus hoang tehy. In Hupeh the drug huang k'i (ch'i) is derived from Astragalus Henryi, Oliv. [See Henry's memorandum in Hooker's Icones. Plant., tab. 1959.]

Comp. also my Early Europ. Res. Bot. Chin. [p. 147], Loureiro's Robinia flava and infra 7 sub. huang tsing.

P. Smith, 202: huang k'i, Sophora tomentosa. But [p. 180] he identifies erroneously the same Chinese name with Ptarmica sibirica.

Cust. Med. p. 24 (25), huang k'i exported from Tien tsin 3,545 piculs,—p. 58 (10) I chang 224 piculs,—p. 68 (26) Han kow 1,450.—P. 451 (510): Places of production:

Manchuria, Chi li, Shan tung, Sz ch'uan, Shen si. Several sorts are distinguished on the Port lists and are probably yielded by different plants. There are the hung (red) k'i, 451 (510) exported from I chang, the pai (white) k'i and other kinds.

So moku, XIV, 3:—黃 芪 Hedysarum esculentum, Ledeb. (edible root).

Kwa wi, 30:—Same Chinese name, Astragalus lotoides, Lam. (same as Astr. sinicus, L.).

So moku, XIV, 4:—木 黃 芪 (the first character means woody). Astragalus reflexistipulus, Miq. Siebold states that it was introduced into Japan from China.

3.—人 爹 jen shen, the famous Ginseng root. P., XIIa, 11. T., CXXV.

Pen king:—人參, also written 人葠 jen shen, 人銜 jen hien, 鬼蓋 kui kai. The root used officinally. Taste sweet, nature slightly cold. Non-poisonous.

Wu P'u [3rd cent.]:—The plant is also called 黃麥 huang (yellow) shen. It grows in Han tan [S. Chi li, App. 56]. In the 3rd month it shoots forth leaves which are

The leaves of the Ginseng, Fig. shen lu, are also employed in medicine.

dentated. The branches (petioles?) are black, the stem is covered with hair. The root is dug up in the 3rd and 9th months. It is hairy, has hands, feet, a face and eyes like a man possessed of a god.

T'AO HUNG-KING: - Shang tang (the locality mentioned in the Pie lu) is south-west of Ki chou [Northern part of present Chi li, App. 119]. The drug which now comes from that locality is a long root of a yellow colour resembling the fang feng [an umbelliferous plant. See below, 31]. It is succulent and sweet, and highly valued. The drug brought from Po tsi [in the present Corea, App. 261] is slender and hard, of a white colour. In taste it is weaker than the Shang tang drug. There is a third sort produced in Kao li [Corea, App. 116]. This is the same as the Liao tung drug [mentioned in the Pie lu]. It is of large size but devoid of juice, soft and inferior to that from Po tsi. But the best of all is the Shang tang drug.6 The plant sends up only one straight stalk. Its leaves are four or five together (i.e. four or five leaflets at the top of a common petiole). The flowers are of a purple colour. There is a Corean song in praise of the Ginseng (高麗人作人參讚) saying: the branches (petioles) which grow from my stalk are three in number, and my leaves are five by five. The back part of the leaves is turned to the sky, the upper side downwards. Whoever would find me must look for the 根 kia tree. T'AO HUNG-KING explains that the kia tree resembles the t'ung (Paulownia), growing very high and casting a large shade. In this kind of place the Ginseng is found in great abundance. The gathering and preparing of the drug require a great deal of experience. There is some Ginseng found at present

<sup>&</sup>lt;sup>6</sup> Nowadays, on the contrary, the Ginseng from Liao tung, Manchuria and the northern part of Corea is considered the best. No Ginseng is now produced in S.E. Shan si or ancient Shang tang.

Regarding the kia tree, see Bot. sin., II, 226.

in the mountains not far distant [the author lived, it seems, in Kien k'ang, the present Nan king], but it is not good.

Su Kung [7th cent.]:—The Ginseng which is now used comes chiefly from Kao li and Po tsi [v. supra]. That which grows on the Tsz' t'uan shen mountain of the 太行 T'ai hang range [App. 323] in Lu chou [in S.E. Shan si, App. 204] is called 紫團參 Tsz' t'uan shen.

Han Pao-sheng [10th cent.]:—Now Ginseng is produced in Ts'in chou [in S.E. Shan si, App. 362], in Liao chou [in S.E. Shan si, App. 190], in Tse chou [in S.E. Shan si, App. 345], in P'ing chou [in Chi li, App. 255], in I chou [in Chi li, App. 101], in T'an chou [in Chi li, App. 329], in Yu chou [present Peking, App. 411], in Kui chou [in N. Chi li, App. 168], in Ping chou [App. 253]. All these prefectures are situated near the T'ai hang range.

LI SÜN [8th cent.]:—The Ginseng with which the kingdom of Sin lo [in S. Corea, App. 311] pays tribute has hands and feet and resembles a man. It is above a foot long. It is kept pressed between boards of shan mu [see Bot. sin., II, 228], bound and wrapped up with red silk. The Ginseng of Sha chou [App. 266] has a small short root and is not of any practical value.

Su Sung [11th cent.]:—All the prefectures of Ho tung [Shan si, App. 80] and also the mountain Tai shan [in Shan tung, App. 322], produce Ginseng. That which is imported under the name of Ginseng from Sin lo (Corea) through the provinces of Ho pei [Chi li, App. 78] and Min [Fu kien, App. 222] is not so valuable as that of Shang tang [S.E. Shan si. V. supra]. The plant begins to shoot in the spring. It is found in the depths of the mountains in shady, moist places, growing beneath the kia tree [v. supra] and the ts'i (varnish) tree. When the plant is young and not above 3 or 4 inches high it shoots forth a branch with

five leaves (five leaflets at the top of a common petiole) and after four or five years it sends out a second with the same number of leaves; it has, however, neither stalk nor flowers as yet. At the end of ten years it shoots forth a third branch, and many years after a fourth, each of them having five leaves. It then begins to produce from the middle of the heart a stalk which is commonly called 百尺杵 po chi chu (pestle of a hundred feet). In the third and fourth months it bears small pale violet flowers about the size of a grain of millet, the filaments of which are like untwisted silk. The fruits (berries) which ripen at the end of autumn are of the size of a ta tou (Soy bean) and from 7 to 8 together. They are at first green but become red as they ripen. When they are quite ripe they fall off of themselves. The root is in figure like a man. The Ginseng which is found on the T'ai shan mountain [v. supra] has a green stalk and green leaves and a white root. Another kind of Ginseng grows in Kiang Huai [An hui, Kiang su, App. 124, 89]. It is called t'u jen shen (native Ginseng), grows two feet high. Its leaves are opposite, resemble a small spoon, like the leaves of the kie keng [Platycodon. See 6]. The root, which shows five joints, bears likewise a resemblance to the kie keng root but is more tender and of a sweeter, more pleasant taste. Its flowers appear in the autumn. They are of a purple colour tinged with green. The root is dug up in spring and in autumn.—It is said that in order to know the true Ginseng of Shang tang, two persons walk together, one going with Ginseng in his mouth and the other with his mouth empty. At the end of three or five li he who has the Ginseng in his mouth does not find himself at all out of breath, whilst the other on the contrary is tired and breathless. This is a mark of the goodness of the drug.

K'ou Tsung-shi [12th cent.]:—The Ginseng of Shang tang has a long thin root which sometimes reaches above a

foot deep in the earth and often divides itself into ten branches. It is sold for near its weight in silver and is obtainable with difficulty.

LI SHI-CHEN: - Ancient Shang tang is what is now called Lu chou [in S.E. Shan si, App. 2047. The people look upon the Ginseng as a calamity for the country where it grows (for the drug must be delivered to the emperor without compensation). That which is made use of at present comes from Liao tung (Manchuria). The three kingdoms Kao li, Po tsi and Sin lo (mentioned by the ancient authors as producing Ginseng) now constitute the kingdom of Chao sien [Corea, App. 9]. Corean Ginseng is much carried to China. The people there cultivate it also like a vegetable. The seeds are sown in the 10th month. That (root) which is dug up in autumn and in winter is firm and full of juice; on the contrary that taken in the spring and summer seasons is soft and devoid of juice, which difference does not proceed from the good or bad quality of the ground where it grows. The Ginseng root of Liao tung when it has its rind on is of a smooth yellow colour like the fang feng [v. supra], but when the rind is taken off it is firm and white like starch. Other roots are frequently substituted for the true Ginseng, namely the sha shen [Adenophora, see the next], the tsi ni [Adenophora, see 5] and the kie keng [Platycodon, see 6]. The sha shen and the tsi ni are entirely devoid of juice, have no heart (無心 without energy?) and are of an insipid taste. The root of the kie keng is hard, has a heart (有 P) has active properties?) and is of a bitter taste. But the root of the true Ginseng is of a juicy substance, has a heart and an agreeable sweet taste with a spice of bitterness. It is commonly called 金并玉蘭 kin tsing yū lan. That which is in the shape of a man is called 孩兒琴 hai rh shen (infant's Ginseng). It is frequently adulterated. Su Sung [in the T'u king Pen ts'ao

—11th cent.] figures the Ginseng from Lu chou [v. supra] with three branches and five leaves [i.e. five leaflets at the top of a common petiole, v. supra]. This is the true Ginseng. But his figure of the Ginseng from Ch'u chou [in An hui, App. 25] is, judging from the form of the leaves, the sha shen, and his Ginseng from Ts'in chou [in S.E. Shan si, App. 362] and Yen chou [in Shan tung, App. 404] and likewise his native Ginseng from Kiang Huai [v. supra] must all be referred to the plant tsi ni. These drugs are frequently confounded with the true Ginseng. At present [Li Shi-chen says] the true Ginseng is no more met with in the prefecture of Lu chou [in S.E. Shan si]. Compare also infra 4, at the end.

T'AO HUNG-KING and other ancient authors say that the Ginseng root is very apt to breed worms, especially when exposed to the sun or the wind.

LI YEN-WEN (an author of the Ming period, who wrote a treatise on Ginseng) says that Ginseng grows in such a manner that the back part of its leaves is turned towards the sky, and therefore it does not like either the wind or the sun. Taken as a medicine it is generally chewed crude without any other preparation, or it is dried before the fire on a sheet of paper for medical use. Sometimes it is also steeped in a kind of wine called property shun tsiu. Ginseng must neither be kept in an iron vessel nor prepared with any instrument made of that metal.

The drawing given in the Ch. [VII, i] of the jen shen plant is bad and incorrect.

Tatar. Catal., 64: jen shen, Radix Panacis Ginseng.— P. Smith, 103.

Cust. Med., p. 4 (21):—Ginseng exported from New chwang in 1885 about 180,000 piculs to other ports of China. The list enumerates several sorts. The wild Ginseng from Manchuria is the highest in price = 6,400 Taels per

picul; next in order stands the first quality Corean Ginseng = 1,000 Taels. The best cultivated Manchurian Ginseng = 200 Taels per picul.

It is well known that the most highly valued specimens of Ginseng are the property of the Chinese Emperor and come only occasionally to the market. Superior sorts are sold from 20 to 250 times their weight in silver. The Chinese consider this drug the most powerful and even life-prolonging medicine. The wild Manchurian root is the most prized. But the experiments made repeatedly by European physicians with genuine Ginseng proved that it does not possess any important medicinal properties.

From the ancient Chinese accounts of the Ginseng plant it would appear that in ancient times it grew in the mountains of Shan si and Chi li. The Shan si drug was considered the best. At present it is met with in a wild state only in Manchuria and Corea. As the wild plant even in these countries is very rare, Ginseng is much cultivated in Manchuria, Corea and Japan.

About 50 years ago Dr. P. Kirillov, then physician to the Russian Eccles. Mission at Peking, sent a complete herbarium specimen of the wild-growing Manchurian Ginseng to St. Petersburg, where it was described and depicted in Gauger's Repert. f. Pharmacie, etc. [I (1842), p. 516] by C. A. Meyer under the name of Panax Ginseng. The Manchurian species is closely allied to the N. American Panax quinquefolium. Both have palmate leaves with five-toothed leaflets, minute flowers, arranged in an umbellate manner, and red berry-like fruits. The difference between them is principally in the shape, and according to the Chinese also in the medical properties, of the roots.

În Japan Panax Ginseng occurs only in a cultivated state. Amæn. exot., 818: 人姿 sju sjin, vulgo nisji, nindsin,

sinice som. Sisarum montanum Coræense. On the annexed plate [fig. 4] Kæmpfer correctly depicts the Ginseng root, but the plant he figures on the same plate as the true Ginseng is Sium Ninsi, L., an umbelliferous plant, in Japanese mukago ninzin.

Phon zo [V, 4, 5] and So moku [IV, 46]:—人 爹 Panax Ginseng, japonice ninzin.

According to the ancient Chinese authors the best sort of the true Ginseng was considered the 上葉梦 Shang Tang shen or Ginseng from Shang Tang in S.E. Shan si. But nowadays this Chinese name is applied to the root of Codonopsis tang shen, Oliv., a Campanulacea. See Dr. Henry's memorandum in Hooker's Icon. Plant. [tab. 1966]. The Tang shen is figured in Ch. [VII, 49] as a climbing Campanulacea.

# 4. 一沙爹 sha shen (Sand Ginseng). P., XIIa, 23.—T., CXL.

Pen king:—Sha shen. Root officinal. Taste bitter. Nature slightly cold. Non-poisonous.

Pie lu:—Synonyms: 鈴兒草 ling rh ts'ao (bellwort, campanula), 知母 chi mu [this name is properly applied to another plant. V. 9], 羊乳 yang ju (goat's teat), 虎鬚 hu sũ (tiger's beard), 苦心 k'u sin (bitter heart). The sha shen grows in the river valleys (meadows) of Ho nei [S.E. Shan si, N. Honan, App. 77], in Yüan kü [in S.W. Shan tung, App. 415] and 般陽 Pan yang [in N.W. Shan tung, App. 241], in the mountains. The root is dug up in the 2nd and 8th months and dried in the sun.

Wu P'u [3rd cent.]:—The sha shen is also called 白 零 pai (white) shen. In the second month, when the plant first begins to grow, it resembles the k'ui (Malva). The root is white, juicy, like the root of the mustard plant and as large as the wu tsing (turnip).

T'Ao Hung-king:—There are five drugs to which the name shen (Ginseng) is applied, viz. the jen shen (true Ginseng), the sha shen (the plant under review), the 玄梦 hūan (black) shen [v. infra 18], the 丹 [ tan (red) shen [v. 20], the 苦 [ k'u (bitter) shen [v. 34]. These are termed the "five shen." There is also a drug called 紫 [ tsz' shen [purple shen, v. 21]. The sha shen grows in the central provinces. Its leaves resemble those of the kou k'i (Lycium). The root is white, juicy.

Su Kung [7th cent.]:—The best drug comes from the Hua shan mountain [in S.E. Shen si, App. 86].

Su Sung [11th cent.]:—The sha shen is common in the central provinces. The plant grows in the mountains, in abushy manner, two feet high. The leaves resemble the kou k'i [v. supra], vary in size, are pronged (or lobed). In the 7th month it opens its violet flowers. The root resembles the mallow root and is about the size of a finger, of a reddish yellow colour outside, white within, juicy.

LI Shi-chen:—The name sha shen (Sand Ginseng) refers to its growing in a sandy soil. The name pai shen (white Ginseng) is applied to it on account of the white juice contained in the root. The sha shen is a common mountain plant. When it first begins to grow, in the second month, the young leaves resemble those of the shui k'ui (water mallow, Limnanthemum), but are thinner, not shining. In the 8th or 9th month it is from 1 to 2 feet high. The leaves are collected around the stem; they are long, pointed, resemble those of the kou k'i but are smaller in size and toothed. In autumn small violet flowers appear between the leaves; they resemble a bell in shape, the corolla is fivelobed. The filaments are white. Sometimes the corolla is also white. The fruit is as large as that of the tung ts'ing

(*Ilex*); it contains small seeds. When the plant grows in a sandy soil its root is large and becomes more than a foot long, but when produced in a loamy soil it has a small short root. The root as well as the stem contain a white juice. The root is more juicy when dug up in autumn.

The sha jen plant with root, leaves and flowers is figured in the Kiu huang [LI, i] and Ch. [VII, ii]. The drawings represent a Campanulacea, probably an Adenophora.

Gauger, 31:—Description of the sha shen root.— Tatar., Cat., 50: sha shen, Radix Adenophora seu Campanula.—P. Smith, 4.

Cust. Med., p. 46 (25):—Sha shen exported in 1885 from Chefoo to other Chinese ports, 2,894 piculs.—P. 474 (1078). Place of production Shan tung, An hui.

Henry, Chin. pl., 405:—Sha shen in Hu pei is Adenophora polymorpha, Ledeb., and other species.

Kiu huang, LI, 17, and Ch., VIII, 68:—細葉 【 si ye sha shen (sha shen with small leaves), bad drawings, roots and leaves.

Amon. exot., 822:—沙爹 sadsin. Lychnis sylvestris, foliis Leucoji lanuginosis, flosculis albis pentapetalis . . . . radice Pastinacæ, ab impostoribus pro radice ninsin (Ginseng) supponi solita.—Kæmpfer seems to be mistaken. The description of the flowers does not agree with a Campanulacea. In the So moku [III, 6, 7] 沙爹 is Adenophora verticillata, Fischer. Ibid., 5:—細葉! Wahlenbergia marginata, A. DC. (Campanulacea). Both these species are known also from China.

There is a plant 黨 零 Tang shen figured and described in the Ch. [VII, 49]. Large root, bluish white bell-shaped flowers. Creeping plant, frequent in Shan si. It is said

there that the full name should be 上黨參 Shang Tang shen (Ginseng from Shang Tang in S.E. Shan si), which name in ancient times was applied to the best sort of the true Ginseng. But as this latter has long disappeared in that locality [v. supra, 3] the people have applied the above name to the plant substituted for the genuine drug.

GAUGER [14] figures and describes the drug Tang shen, cylindrical roots. The plant has a square stem. He conjectures that it may be a Rubiacea.—Tatar. Cat. [19]:—Tang shen. Radix Convolvuli?

Comp. also P. SMITH, 104, 48.

Cust. Med., No. 1251:—Tang shen, Campanumaa pilosula, Franch.

Cust. Med., p. 70 (64):—Tang shen exported in 1885 from Hankow to other Chinese ports, 8,330 piculs. Ibid., 60 (24), from I chang 197 piculs.—Ibid., p. 481 (1251), places of production: Shan si, Shen si, Sz ch'uan, Hu peh.—See also Hank. Med., p. 43.

# 5.—薺 花 tsi ni. P., XIIa, 25.—T., CXLIII.

Comp. Rh ya, 45.

In the *Pen king* this name is given as a synonym for *kie keng* [see the next], but the *Pie lu*, which is followed by Li Shi-chen, keeps these drugs apart.

According to the *Pie lu* the root of the *tsi ni* is used in medicine. Its taste is sweet, its nature cold. Non-poisonous. It counteracts the effects of poison.

T'AO HUNG-KING:—In its root and stem the *tsi ni* much resembles Ginseng, but the leaves are different in shape and smaller in the *tsi ni*. The root is of a sweet taste and has the property of neutralizing poison.

Su Sung [11th cent.]:—The tsi ni is a common plant in Mid China, especially in Jun chou [in Kiang su,

App. 111], Shen chou [in Ho nan, App. 283]. The root is dug up in the 2nd and 8th months and dried in the sun. It is of a pleasant sweet taste. The people use it also for food. According to LI Shi-chen the 杏蓼 hing shen (apricot [leaved] Ginseng) mentioned by Su Sung is the same as tsi ni.

the kie keng (Platycodon), in its roots the Ginseng, for which it is fraudulently substituted. The Kiu huang pen ts'ao calls it 杏葉沙麥 hing ye sha shen (sha shen with apricot leaves), also 白麵根 pai mien ken (white flour root). Another name is 甜桔梗 t'ien kie keng (sweet kie keng, see the next). Its leaves resemble apricot leaves, but they are smaller, slightly pointed, toothed and white underneath. The corolla of the flower is bowl shaped, 5 clet't, white, sometimes blue. The root is like a wild carrot, gray outside, and with white hairs (filaments) within. The leaves as well as the root are used for food. The leaves are also known under the name 隱 茲 yin yen and employed to destroy intestinal worms. This name is found in the Rh ya [84].

The Kiu huang [LI, 6] and Ch. [VIII, 69] figure sub hing ye sha shen a Campanula or Adenophora. Blue flowers.

So moku [III, 10]:—薺 苨 Adenophora remotiflora, Miq. Ibid. [III, 9]:—杏葉沙參 Adenophora latifolia, Fischer.

# 6.—桔 梗 kie keng. P., XIIa, 28.—T., CLI.

The Pen king makes the kie keng and the tsi ni [see the preceding] to be the same, but the Pie lu and all subsequent writers agree in keeping them apart. Of both of these plants the root is officinal. That of the kie keng is of a pungent taste; nature somewhat warm and slightly poisonous. The stem and the leaves (Fig.) are also used in medicine.

Pie lu:—The kie keng, which is also called 白藥 pai yao (white drug), 梗草 keng ts'ao, grows in the mountain valleys of Sung kao [in Ho nan, App. 317] and in Yüan kü [in S.W. Shan tung, App. 415]. The root is dug up in the second month and dried in the sun.

Wu P'u [3rd cent.]:—The kie keng is also called 利如 li ju, 符尾 fu hu, 房間 fang t'u. Its leaves resemble those of the tsi ni [v. 5]. The stem is like a pencil of a purple colour. It begins to grow in the second month.

T'AO HUNG-KING:—The kie keng is a common plant in Mid China. The young plant can be eaten boiled. It is also used as a vermifuge. The root is fraudulently substituted for the true Ginseng.

Su Sung [11th cent.]:—Its root is as thick as a finger, of a yellowish white colour. The plant grows one foot and more high. Its leaves resemble apricot leaves but are longer, and stand opposite, four together. Can be eaten boiled. In summer it opens its small blue flowers resembling those of the kien niu (Pharbitis). The root is dug up in the 8th month. It has a heart [comp. above, sub. 3]. The root of the tsi ni has no heart.

LI Shi-chen:—The kie keng and the tsi ni are plants of the same order. The difference is that the tsi ni is sweet and the kie keng is bitter. Therefore the tsi ni is also called 甜 桔 梗 t'ien (sweet) kie keng.

The plant kie keng represented in the Ch. [VIII, 11] is Platycodon grandiflorum, A. DC.—See also Kin huang [XLVII, 1]. Bad drawing.

The drug kie keng is described and depicted in GAUGER [49].

Tatar. Cat., 58, kie keng. Radix Platycodonis grandiflori.—P. Smith, 173. Henry, Chin. pl., 52:—Kie keng, Platycodon grandiflorum. Common in Hu peh.

Cust. Med., p. 120 (7):—Kie keng in 1885 exported from Chin kiang 2,162 piculs,—p. 44 (5) from Che foo 138,—p. 96 (5), from Wu hu 60,—p. 22 (7), from Tien tsin 10.—Hank. Med., 3: Exported from Han kow. Places of production: An hui, Chi li, Hu nan, Hu peh, Sz ch'uan.

Amæn. exot., 822:—桔梗 kekko, vulgo kikjo and kirakoo. Rapunculus medicamentosus, foliis oblongis denticulatis. Radice palmari, pingui, lactescente, multiplicis virtutis, & secundum in usu medico locum obtinente a radice nindsin (Ginseng); flore campanulæ, cœruleo.—Thbg. [Fl. jap., 88] identifies Kæmpfer's plant with Campanula glauca, which is the same as Platycodon grandiflorum. [See China Review, XV, p. 346.]

So moku, III, 4:—Same Chinese name, Platycodon grandiflorum.

# 7.—黃精 huang tsing. P., XIIa, 32.—T., CLII.

The above name appears first in the *Pie lu*. Synonyms given in the same work: **荒** 竹 t'u chu, **鹿** 竹 lu chu (deer bamboo), 救窮草 kiu k'iung ts'ao (poor man's relief), 重樓 chung lou, 雞格 ki ko. The huang tsing is a mountain plant. The root is dug up in the second month and dried in the shade. Its taste is sweet, its nature is uniform. Non-poisonous.

The leaves resemble bamboo-leaves, but are shorter. The root resembles that of the wei jui (Polygonatum, see the next) and also the root of the ti (a rush) and the chang pu [Acorus, see 194]. It has large joints, is succulent. It is not commonly used in medicine, but the root is highly valued by Taoists. Root, leaves, flowers, fruit,

all are eaten. For medical use the root is steeped in wine or administered in powder. The leaves much resemble the leaves of the poisonous plant kou wen [see 162], and people frequently confound this plant with the kuang tsing. In Taoist books the kuang tsing is also called 仙人餘糧 sien jen yū liang (extra ration of the immortals).

The Taoists consider the huang tsing to be a kind of 芝 chi (plant of immortality) and therefore call it also 黃 芝 huang (yellow) chi, 戊 已 芝 wu ki chi.

Lei Hiao [5th cent.]:—The kou wen [v. supra], which is injurious to life, resembles the huang tsing.

Su Kung [7th cent.]:—When growing in a fat soil, the root of the *huang tsing* attains the size of a fist, but in poor soil it is not larger than the thumb. It is akin to the *wei jui*. The *kou wen* is quite a different plant.

Ch'en Ts'ang K'i [8th cent.]:—The true huang tsing has opposite leaves. There is one kind of it in which the leaves are all inclined on one side. This is called 偏精 p'ien tsing (p'ien = inclined on one side). T'ao Hung-king is incorrect in stating that the kou wen resembles the huang tsing.

Su Sung [11th cent.]:—The huang tsing is as common in North China as in the South. The best drug comes from Sung shan [in Honan, App. 317] and Mao shan [in Kiang su, App. 218]. The plant grows from one to two feet high. The leaves resemble bamboo-leaves, but are shorter. They stand opposite, two and two together. The root is soft, of a yellow colour, its lower part is red. In the fourth month the plant opens its greenish white flowers, which resemble the flowers of small beans. The seed is white, resembles millet. The yellow root, which has some resemblance to young ginger-root, is very sweet and of a pleasant taste. It is dug up in the second month, boiled,

and dried in the sun. The mountain people make a preserve of it for sale which is very sweet and pleasant. They gather also the young plants to use them for food. It is a very palatable dish; they call it 畢 菜 pi ts'ai.

LI SHI-CHEN: - The huang tsing grows wild in the mountains. It is also cultivated. Its leaves resemble bamboo-leaves but are not pointed. They are arranged in a whorl from three to five around the joints of the stem. The root grows in a horizontal direction, resembles that of the wei jui. The people gather the plant (stem and leaves) to use it for food. The bitter taste disappears after macerating and cooking. This is the 筆管菜 pi kuan ts'ai (pencil-holder vegetable). The Po wu-chi [3rd cent.] relates the following legend :- Emperor Huang TI once asked one of his sages whether he knew a plant which when eaten gives immortality. The sage replied: There is the plant of the great male (or bright) principle (太陽) which is called 蓄精 huang tsing (yellow ethereal essence). When eaten it prolongs life. There is also the plant of the great female (or dark) principle (太陰) which is called 鉤吻 kou wen. When it enters the mouth, it kills man.

The huang tsing is also called 垂珠 ch'ui chu (beads hanging down), which name refers to its drooping flowers and berries.

An author of the 16th century states that its root resembles young ginger, whence the popular name 野生薑 ye sheng kiang (wild ginger). By partly steaming and drying it is prepared for food and used as a substitute for corn. Another name is 来館 mi pu.

Kin huang [LIII, 2] and Ch. [VIII, 18-21, also X, 43] sub huang tsing, representations of various species of Polygonatum. The above Chinese descriptions of the huang tsing agree in a general way.

At Peking the name huang tsing is applied to Polygonatum macropodum, Turez., and P. chinense, Kth., both wild and cultivated. The roots are eaten. In the Peking mountains these plants are more generally known by the name 甜草根 tien tsiao ken (sweet root) and distinguished as large-leaved and small-leaved.

LOUREIRO [Fl. cochin., 99] applies the Chinese name hoam cim (huang tsing) to Galium tuberosum (a dubious plant) and states that the root of this plant is eaten boiled.

TATAR. [Cat., 10] identifies erroneously the drug huang tsing with Radix Caraganæ flavæ. He refers it evidently to Loureiro's Robinia flava, sinice hoam khin [Fl. cochin., 556]. P. Smith, 51, has the same erroneous identification, but the sweet mucilaginous drug huang tsing which he describes is Polygonatum.

The drug huang tsing I obtained from a Peking apothecary shop, was the root of a Polygonatum.

Cust. Med., p. 342 (52):—Huang tsing exported 1885 from Canton to other ports of China 64 piculs,—p. 210 (22) from Wen chou 64,—p. 186 (39) from Ningpo 12.—Small quantities also exported from Amoy and Swatow.

SIEB., Œcon., 76:—Convallaria multiflora, var. odora (Polygonatum). Japonice narukojuri; sinice 黃精 Radices rarius eduntur.

So moku, VI, 6:—黃精 Polygonatum multiflorum, All.— Ibid., VI, 7, 大葉黃精 (large-leaved huang tsing) P. canaliculatum, Pursh.

## 8.—萎蕤 wei jui. P., XIIa, 35. T., CXLII, CXXX.

Pen king:—Wei jui (the second character means pendent twigs or leaves), 女萎 nü wei [comp. Rh ya, 52]. The root is officinal. Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—The wei jui is also called 玉竹 yū chu (jade bamboo) and 地简 ti tsie (earth nodes). It grows in the valleys of the T'ai shan mountain [in Shan tung, App. 322]. The root is dug up in the beginning of spring and dried in the sun.

In the dictionary Shuo wen [A.D. 100] the plant is called 萎移 wei i, in the Wu P'u [3rd cent.] it is 葳奘 wei jui.

T'AO HUNG-KING:—The wei jui is a common plant. Its root resembles that of the huang tsing [v. 7] but is smaller. The people eat it.

Su Sung [11th cent.]:—The plant is common in Ch'u chou [in An hui, App. 25], in Shu chou [in An hui, App. 294], in Han chung [S. Shen si], in Kün chou [in Hu pei, App. 172]. The stem is straight like a bamboo arrow-shaft; the leaves are narrow and long, white on the upper side, green below. It is a kind of huang tsing. The root is of the thickness of a finger, covered with radical fibres, one or two feet long, edible. The flowers appear in the third month, and are of a green colour. The fruit is globular (berry).

LI SHI-CHEN:—It is a common plant in the mountains. Its root grows in a horizontal direction like that of the huang tsing, but is smaller, of a yellowish white colour, soft, covered with many radical fibres. It is very difficult to dry. The leaves grow two and two together, resemble bambooleaves. The plant is very easily propagated from the roots. The leaves and the root both are eaten boiled.

Kiu huang [LI, 3] and Ch. [VII, 14] sub wei jui, representations of a Polygonatum.

HAN., Sc. pap., 255, examined and described the drug received from Shanghai under the name of yü chu

(jade bamboo). It seems what Hanbury had before him were the rhizomes of a *Polygonatum*, but, having been misled by the Chinese name, he believed they belonged to a bamboo.

P. Smith identifies yū chu and wei jui erroneously [p. 31] with bamboo rhizomes and [p. 175] with Polygonatum aviculare.

Cust., Med., p. 48 (36):—Yū chu, exported 1885 from Chefoo to other Chinese ports 367 piculs,—p. 352 (169) from Canton 160 piculs,—p. 26 (71) Tientsin 86,—p. 8 (68) New chwang 66,—p. 102 (73) Wu hu 41.—Smaller quantities exported from Kiu kiang, Ning po.—P. 492 (1547). Places of production: Manchuria, Chi li, Shan tung, An hui, Che kiang, Sz ch'uan, Kuang si.

SIEB., Œcon., 75:—Convallaria latifolia. Japonice hanemumasu. Sinice 菱 鞋.

So moku [VI, 3] same Chin. name, Polygonatum vulgare, All.

Polygonatum vulgare is a common plant in the mountains of Northern China. The starchy mucilaginous root of it is eaten by the natives. The Chinese drug wei jui or yū chu is probably derived from this species.

## 9.—知母 chi mu. P., XIIa, 39. T., CXXIX.

Pen king:—Chi mu, also written 蚳母 ch'i mu. Other names 賃母 huo mu, 地 參 ti shen, 連母 lien mu. According to Li Shi-chen the second name (ch'i mu) means, mother of the eggs of ants, and is derived from the resemblance of the seeds, when they first begin to germinate, to ant's eggs. The root is officinal. Taste bitter. Nature cold. Non-poisonous.

For other ancient names see Rh ya, 94.

Pie lu:—The chi mu is also called 苦心 k'u sin (bitter heart), 見草 rh ts'ao. It grows in the river valleys (plains) of Ho nei [S.E. Shan si, App. 77]. The root is dug up in the 2nd and 8th months and dried in the sun.

T'AO HUNG-KING:—Now the *chi mu* is met with in P'eng ch'eng [in Kiang su, App. 247]. It (the root) resembles the *ch'ang p'u* [Acorus, see 195]. The leaves are succulent and have a great vitality, and even when dried by fire the plant survives.

Su Sung [11th cent.]:—The plant is found in the prefectures of Pin chou [in Shan tung, App. 251], Ho chou [in Kan su, App. 73], in Huai chou [in Ho nan, App. 93], in Wei chou [in Ho nan, App. 381], Chang te [in Ho nan, App. 5], likewise in Kie chou [in Shan si, App. 135], Ch'u chou [in An hui, App. 25]. In the 4th month it opens its green flowers resembling those of Allium. In the 8th month its fruit is formed.

Under the name of *chi mu* the *Ch.* [VII, 41] figures three different plants, all bad drawings. One of them represents a plant with lanceolate leaves and may perhaps be intended for *Anemarrhena asphodeloides*, Bge., which plant in the Peking mountains, where it is common, is known as *chi mu*.

Tatar., Cat., 16:—Chi mu, Radix Anemarrhenæ asphodeloides et Ophiopogon.—Gauger [42] describes and figures the chi mu. He says: Rhizomes of a monocotyl plant, having the appearance of the root of Acorus Calamus. Comp. also Han., Sc. pap., 259.

P. SMITH [57] identifies the *chi mu* erroneously with *Chelidonium*.

Cust. Med., p. 22 (9):—Chi mu exported 1885 from Tientsin to other Chinese ports 3,400 piculs.—A small quantity is also exported from Chefoo, p. 44 (6).—P. 436 (136):—Place of production: Chi li.

The plant figured in the So moku [II, 14] sub 知母 is, according to Franchet, Aletris japonica, Lamb. I should rather think that the Japanese drawing represents Anemarrhena. The plant represented under the same Chinese name in the Phon zo [V, 20, 21] has been identified by Franchet with Anemarrhena asphodeloides.

# 10.—內蓯蓉 jou ts'ung yung. P., XIIa, 41.—T., CLXXI.

Pen king:—Jou ts'ung yung. The root and the stem are officinal. Taste sweet. Nature slightly warm. Non-poisonous.

Pie lu:—The jou ts'ung yung grows in Ho si [west of the Yellow River, App. 79], in mountain valleys, also in Tai [in N. Shan si, App. 321] and Yen men [in N. Shan si]. It is gathered on the 5th day of the 5th month, and dried in the shade.

Wu P'u [3rd cent.]:—This plant, which is also called 內松答 jou sung yung and 黑司命 hei sz' ling, grows in the mountains of Ho si, in shady places. It is gathered from the 2nd to the 8th month.

The localities Tai and Yen men (mentioned in the Pie lu) are in the province of Ping chou [N. Shan si, App. 253] and are rich in horses. People say that the jou ts'ung yung plant is produced from the semen of the wild horses dropping on the ground. The growing plant has the appearance of flesh. It is cooked with mutton broth and is very restorative. It may also be eaten raw. It is also common in Ho nan. The best drug comes from Lung si [Mid Kan su, App. 216]. It is flat [having been pressed], of a yellow colour, succulent, has many flowers. Its taste is sweet. That brought from the northern countries is considered of a second quality. It is short and has but few flowers. That from Pa tung [E, Sz' ch'uan, App. 237]

and Kien p'ing [E. Sz' ch'uan and W. Hu pei, App. 139] is of an inferior quality.

HAN PAO-SHENG [10th cent.]:—The jou ts'ung yung grows in the Fu lu hien district in Su chou [in Kan su, App. 47, 313], in a sandy soil. In the 3rd and 4th months the people dig up the root, which is more than a foot long, cut out from the centre three or four inches, pass a string through it and dry it in the sun. In the 8th month it is ready for use.

The skin (of the plant) is scaly like the cone of a fir. As to the ts'ao (herbaceous) ts'ung yung it is gathered in the middle of the 4th month. It is from five or six inches to one foot long, has a round stem of a purple (violet) colour.

Su Sung [11th cent.]:—The plant is found in all prefectures of the province of Shen si [modern Shen si and E. Kan su, App. 284] but this is inferior to the drug brought from the border of Si k'iang [N.E. Tibet, App. 300] which is fleshy, thick and more potent. Ancient writers say that it is produced from the semen of the wild horse.

Ch. [VII, 17]:—Jou ts'ung yung. A rude drawing. No inference can be drawn from it.

TATAR., Cat., 13:—Ts'ung yung and [64] jou ts'ung yung, Orobanche præparata.—The same drug figured and described in GAUGER [51]. He says it is a large tongue-shaped fleshy root covered with scales, in a salted condition. In 1879 I procured the same drug at Peking. It was said to be brought from Mongolia. It proved to be Phelipæa salsa,

C. A. Meyer, order *Orobanchaceæ*. It consisted of the whole plant, salted, the stem about three inches thick and scaly. This plant is common in S. Siberia, Dsungaria, Mongolia. It has been gathered in 1874 by Dr. Piassetsky in Kan su [Ind. Fl. sin., II, 222]. The name ts'ung yung in China is probably applied to several plants of the order *Orobanchaceæ*.

Cust. Med., p. 70 (71):—Ts'ung yung exported 1885 from Hankow to other Chinese ports 78 piculs. The drug is referred there, it is unknown to me on what authority, to Ruta angustiflora [sic!], which is most probably a mistake. Braun [Hankow Med., 46] states that ts'ung yung in Hankow is Æginetia japonica, and gives 大芸 ta yün as a synonym. According to the Cust. Med., p. 26 (54) of the drug ta yün, in 1885, 562 piculs were exported. Ibid., p. 485 (1359):—Ts'ung yung, Æginetia, sp. Places of production: Chi li, Shan si, Sz ch'uan, Hu peh. The drug ta yün is unknown to me.

HOFFM. & SCHLT., 26:—草 蓯 蓉 Æginetia japonica, Sieb. Zucc. [on the authority of SIEBOLD].

Phon zo, V, 21, 22:-- 內 蓯 蓉. The plant figured there under this Chinese name is an Orobanchacea.

The Ts ao ts ung yung noticed in the above account has a separate notice given of it in the P. [XIIa, 43] under the name of  $\mathfrak{H}$  is  $lie\ tang$ , which plant is said there to be the same as the ts ao (herbaceous) ts ung yung.

The lie tang, also called 栗當 li tang is first spoken of in the K'ai pao Pen ts'ao [10th cent.] as a plant growing on rocks in the province of Shan nan [S. Shen si, App. 268]. Its root resembles the root of Nelumbium speciosum. It is used in medicine.

HAN PAO-SHENG [10th cent.]:—It grows in Yüan chou, Ts'in chou, Wei chou, Ling chou [all in the eastern part

of present Kan su, App. 414, 358, 383, 195]. The root is dug up in the middle of the 4th month. It is from five or six inches to one foot long. The stem is round and of a white colour. It is also gathered for use, and pressed and dried in the sun.

Su Sung [11th cent.]:-The root of the ts'ao ts'ung yung is very like the jou ts'ung yung, and after the flowers have been scraped off and the drug has been pressed it is substituted for the latter; but it is less potent than the jou ts'ung yung. It is also called lie tang.

The Ji hua Pen ts'ao [10th cent.] terms the herbaceous ts'ung yung = 花 [ hua (flowering) ts'ung yung.

The Ch. [XVI, 58] represents sub lie tang a cylindrical stem covered with scales.

The plant figured in the Phon zo [V, 22] sub 列當 is a small Orobanchacea.

Under the name of 銷陽 so yang the P. [XIIa, 43] mentions yet another plant which the Chinese believe to be a kind of ts'ung yung.

LI SHI-CHEN says:—The so yang is produced in Su chou (in Kan su). According to the Cho Keng-lu [14th cent.] it grows in the steppes of the Ta ta (Tatars, Mongols) in such places where the wild horse and the scaly dragon have happened to copulate. From the semen dropping upon the ground, sprouts like those of the bamboo shoot forth. The upper part is more succulent than the lower. It is covered with scales, resembles the penis and is a kind of ts'ao ts'ung yung. It is reported that lecherous women of the Ta ta use the so yang for purpose of masturbation. It is said that from the contact with the female organ it assumes the characteristics of the natural organ. The natives dig it up, wash it, take off the skin, dry it in the sun, and then use it as a medicine.

This is probably the plant so yen mentioned by the Chinese mediæval traveller Ch'ang chun [A.D. 1221] in North Mongolia. [See my book Chin. Mediæv. Travellers, p. 52.]

Ch., VIII, 63:—So yang. Rude drawing representing a cylindrical stem covered with scales.

The drug so yang which I procured in an apothecary's shop at Peking, and which has been examined by Professor Flückiger, seemed to be Cynomorium coccineum, L., order Balanophoreæ. This is a singular, fleshy, red, herbaceous plant, which, as the genus name indicates, resembles a canine penis. According to Potanin and Przewalski, it is a common plant in the Mongolian desert.

Braun, Hankow Med., p. 40:—So yang, reddish brown roots with wrinkled surface. Sz ch'uan, Shan si, Ho nan.

Cust. Med., p. 70 (60):—So yang exported 1885 from Hankow to other Chinese ports 24 piculs.—Ibid., 478 (1189): so yang, Balanophora. Places of production: Sz ch'uan, Hu peh.

# 11.—赤箭 ch'i tsien.—P., XIIb, 1.—T., CLVI.

Pen king:—Ch'i tsien (red arrow), also 離 母 li mu, 鬼 督 郵 kui tu yu. Root officinal. Taste pungent. Nature warm. Non-poisonous.

Pie lu:—The ch'i tsien grows in the river valleys (plains) of Ch'en ts'ang [in Shen si, App. 14], in Yung chou [Mid Shen si, App. 424], also in T'ai shan [in Shan tung, App. 322] and Shao shi [in Ho nan, App. 281]. The root is dug up in the 3rd, 4th and 8th months, and dried in the sun.

PAO P'o-Tsz' [4th cent.] calls this plant 合離草 ho li ts'ao and 獨搖芝 tu yao chi, or self-moving chi, for it is said to move even when the air is still. It grows in the

depths of the high mountains; no other plants are found near it. The root is very large and has twelve smaller tubers of the size of a hen's egg on the sides. The people use the tubers for food.

T'AO HUNG-KING:—The ch'i tsien is a kind of  $\not\succeq$  chi [plant of immortality, properly a Fungus, v. infra, 266]. It has a stem like the tsien kan [a reed used for arrow-shafts. Bot. sin., II, 564] of a red colour. The leaves grow at the top. The root is very large, resembles that of the  $y\bar{u}$  (Colocasia antiquorum), has twelve secondary tubers on the sides. The plant is not moved by wind, it moves only in still air.

In the Yao sing Pen ts'ao [7th cent] this plant is termed 赤箭芝 ch'i tsien chi (red arrow chi).

Su Kung [7th cent.]:—The ch'i tsien is a kind of chi [v. supra]. The stem resembles the tsien kan [v. supra] is of a red colour. The flowers and the leaves, which are likewise red, are at the top of the stem. It has wings like an arrow. The flowers open in the 4th month. The fruit resembles a decayed k'u lien [Melia. V. 321]. The kernels are five or six angled and contain a mealy matter. When dried in the sun it is spoiled. The root is juicy, from five to six inches long, has ten and more smaller tubers on the sides. It is eaten raw, for in a dry state it is uneatable.

In the K'ai pao Pen ts'ao [10th cent.] the plant in question is called 天麻 t'ien ma (heavenly hemp) and said to grow in Yün chou [in Shan tung, App. 421], Li chou [in Shan tung, App. 184], T'ai shan [in Shan tung, App. 322], Lao shan [in Shan tung, App. 180]. The root is dug up in the 5th month and dried in the sun. Its leaves resemble those of the shao yao (Pwonia albiflora) but are smaller. From the midst of them rises a straight stem resembling the tsien kan [v. supra]. The fruit is produced

at the top and resembles the fruit of the su sui tsz.<sup>9</sup> It becomes yellow and ripe at the time of the withering of the leaves. The principal root is connected with 12 secondary tubers of various sizes like the tien men tung [Asparagus lucidus. See 176]. Some of them are in shape like cucumbers, others like radishes. They are much used for food, both raw and steamed. The best sort is produced in Yün chou [v. supra].

I omit the details given regarding this plant by other authors quoted in the P., for these accounts are confused and contradictory. Su Sung [11th cent.] seems to take the ch'i tsien and the t'ien ma to be distinct plants, both common in Middle China.

The figure of the ch'i tsien or t'ien ma in the Ch. [VII, 8] is a fancy drawing.

TATAR., Cat., 56:— Tien ma, Radix Urtica tuberosa?—GAUGER [52] describes and figures the drug, a fleshy root, egg-shaped, three inches long.

Henry, Chin. plants, 464:—Tien ma or ch'i tsien, a Gastrodia, order Orchideæ.

Cust. Med., p. 60 (25):—Tien ma exported 1885 from I chang to other Chinese ports 76 piculs.—Ibid., 70 (67): from Han kow 500 piculs.—P. 493 (1296) Places of production: Hu peh, Sz chiuan.

Phon zo, V, 23, 24:—赤箭 or 天麻. Figured a plant with a large root. It has the appearance of an Orobanchacea. But according to Franchet this drawing refers to Gastrodia elata, Bl. I may observe that G. sesamoides, R. Br., in Australia has a root which is full of starch and which is much eaten by the natives.

<sup>&</sup>quot; 續 隨 子 Euphorbia Lathyris in Japan. So moku [IX, 23].

12.—元 shu (chu). P., XIIb, 4.— T., CII. Comp. Rh ya, 7, 8, 159.

Pen king:—Shu, also 山薊 shan ki. The root is officinal. Taste sweet. Nature warm. Non-poisonous.

Pie lu:—The shu is also called 山薑 shan kiang (mountain ginger) and 山連 shan lien. It grows in the mountain valleys of Cheng shan and Nan cheng in Han chung [in Southern Shen si, App. 16, 226, 54]. The root is dug up in the 2nd, 3rd, 8th and 9th months and dried in the sun.

Wu P'u [3rd cent.]:—The shu is also called 山芥 shan kie (mountain mustard) and 天薊 t'ien ki (heavenly thistle).

T'AO HUNG-KING: - Cheng shan and Nan cheng (the localities mentioned in the Pie lu) are identical. The shu is a common plant. The best drug comes from the mountains Tsiang shan [unknown to me. App. 351], Pai shan and Mao shan [both in Kiang su, App. 238, 218]. The root is dug up in the 11th and 12th months. At this time of the year it is very fat (resinous), and sweet. From the leaves a pleasant fragrant beverage is made. There are two kinds of shu. One of them is the 白朮 pai shu (white shu or shu simply so called). Its leaves are large, covered with hair and lobed. Its root is sweet, contains little resin, is used in the form of pills and powder. The other kind is the 赤龙 ch'i shu or red shu. It has small leaves, not lobed. The root is small and of a bitter taste, contains much resin. It is used in a fried state. That brought from the eastern frontier is large, not strong, and is not much used.

Su Sung [11th cent.]:—The shu is a common plant. The best drug comes from Mao shan [v. supra] and Sung shan [in Ho nan, App. 317]. The plant grows from two to three feet high. In summer it opens its violet flowers

resembling those of the ts'z' ki [spiny thistle. See 83]. Sometimes the flowers are yellowish white. After summer it produces seeds and in autumn the plant withers. The root resembles ginger, is beset with radical fibres. Its skin is black, the heart is yellowish white, contains a resinous juice of a purplish (brown) colour. T'AO HUNG-KING distinguishes two kinds of shu. His pai (white) shu is the same as the yang fu of the Rh ya [see Rh ya, 8]. At present it is found on the high mountains in the prefectures of Hang chou [in Che kiang, App. 58], Yüe chou [in Che kiang, App. 418], in Shu chou [in An hui, App. 294], in Süan chou [in An hui, App. 315]. Its leaves stand opposite each other, are covered with hair. The stem is square, on its top are the flowers. They are of a pale purple colour, or blue, or red. The root is branched. That from the violet flowered kind yields the best drug. By the drug shu mentioned in ancient prescriptions always the pai shu is to be understood.

LI Shi-chen says that the pai shu plant resembles the ki (thistle). The taste of the root is like ginger and mustard. It is much cultivated in Yang chou [Che kiang, Kiang su, App. 400] and also known under the name of 吳朮 or shu from Wu [Che kiang, Kiang su, App. 389]. The ancient prescriptions do not discriminate between the white and the red shu. It was only in later times that the latter was distinguished and termed ts'ang shu.

The 蒼朮 ts'ang shu is first mentioned by K'ou Tsung-shi [12th cent.] as a succulent root of the size of a finger, with a gray skin and of a pungent, bitter taste. It is used in the same way as the pai shu, which is sweet.

LI SHI-CHEN identifies the ts'ang shu with the 赤坑 ch'i (red) shu which is mentioned in the Pie lu, in the Rh ya [159] and by T'AO HUNG-KING [v. supra]. It is also known

under the names of 山 蔚 shan ki (mountain thistle), 山 精 shan tsing, 仙 亢 sien shu. It is a common mountain plant with leaves clasping the stem. The leaves are from three to four lobed, serrated on the margin and provided with small spines. The root resembles ginger.

Kiu huang, LI, 8, and Ch., VII, 9, sub ts'ang shu, representation of an Atractylis.

TATAR., Cat., 5:- Ts'ang shu (chu). Radix?

GAUGER describes and depicts [5] the drug pai shu and [46] the ts'ang shu.

Hanb., Sc. pap., 255: — Ts'ang shu. Rhizome of Atracty-lodes, sp.

P. Smith, 28:—Peh shuh, Atractylodes alba and tsang shuh, Atractylodes rubra [species names invented by P. Smith].

Cust. Med., p. 188 (68-70):—Pai shu 1885 exported from Ning po to other Chinese ports about 28,000 piculs. In small quantities also exported from Han kow, Wen chow, Kiu kiang.—Ibid., p. 469 (961) Places of production: Che kiang, Kiang si, An hui, Yün nan.

Ibid., p. 8 (59):—Ts'ang shu exported from New chwang 1,708 piculs,—p. 26 (62), from Tientsin 1,620 piculs,—p. 48 (34), from Che foo 74 piculs,—p. 70 (69), from Han kow 2,254 piculs,—p. 102 (64), from Wu hu 7 piculs.—Ibid., 484 (1330). Places of production: Manchuria, Chi li, Shan tung, Sz ch'uan, Hu peh, An hui, Che kiang.

See also Hank. Med., p. 39.

Phon zo, V, 24, 25:—白术 Atractylis ovata, Thbg.,—26, 27 蒼术 A. lancea.

So moku, XV, 52:— 蒼朮 Atractylis ovata,—51, same Chinese name, A. lancea, said to be from China,—50, 白朮 A. ovata, said to be from China.

SIEB., Icon. ined., V:一蒼 尤 Atractylis chinensis, DC.

The latter is a common plant in the Peking mountains. It is very spiny. The leaves very variable in shape. Flower-heads small, of a pale violet colour. All the Eastern Asiatic species of Atractylis are now generally reduced to one species—A. ovata. [See Ind. Fl. sin., I, 459.]

## 13.—狗 脊 kou tsi. P., XIIb, 16.—T., CLXVI.

Pen king:—Kou tsi (dog's backbone) or 百枝 po chi (hundred branches). The root is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—The kou tsi, also called 强 膂 k'iang lü (worm's back), 扶筋 fu kin, 扶蓋 fu kai, grows in Ch'ang shan [in Chi li, App. 8] in river valleys. The root is dug up in the 2nd and 8th months and dried in the sun.

Wu P'u [3rd cent.]:—It is also called 狗青 kou ts'ing. The root of the kou tsi resembles the pi hiai [Smilax. See 178]. The stem has joints like the bamboo and is prickly. The leaves are round, of a red colour. The root is yellowish white, resembles the bamboo-root, is covered with hair.

T'AO HUNG-KING:—The kou tsi is a common plant in the mountains. It resembles the pa k'ai [Smilax China. See 179]. The stem is prickly, the leaves are round and have red veins. The root presents protuberances and excavations, resembles a ram's horn.

Su Kung [7th cent.]:—The kou tsi is a medicinal plant, which resembles the kuan chung [a Fern, see the next]. It has a long root with many protuberances and resembles the backbone of a dog. The flesh of the root is of a greenish colour, whence the [above] ancient name kou tsing (dog green).

Su Sung [11th cent.]:—The kou tsi is found in the Tai Hang mountain range (between Chi li and Shan si,

App. 323] and in the prefectures of Tsz' chou [in Shan tung, App. 367], Wen chou [in Che kiang, App. 385] and Mei chou [in Sz ch'uan, App. 219]. The plant grows one foot high, has no flowers. In its stem and leaves it resembles the kuan chung [v. supra]. Its leaves are sharp, finely divided. The root is of a black colour three or four inches long, has many protuberances, resembles the backbone of a dog. Large specimens are two fingers' thick. The flesh of the root is of a greenish colour. It is dug up in spring and in autumn and dried in the sun. The drug now used in medicine is that beset with gold-coloured hairs (radical fibres). The plant spoken of by T'Ao Hung-king as having prickles is the pi hiai (Smilax) not the kou tsi.

LI Shi-chen:—Of the kou tsi there are two kinds. One has a black root resembling the backbone of a dog, the other is covered with gold-coloured hairs and resembles a dog in shape. Both are used in medicine. The plant described as the kou tsi by Wu P'u and T'Ao Hung-king is not the true kou tsi but the pa kia, which according to the Po wu-chi [3rd cent.] is akin to the pi hiai [v. supra] and sometimes is also called kou tsi. The plant described by Su Kung and Su Sung is the true kou tsi.

Ch. [VIII, 2] sub kou tsi, representation of a fern with bipinnate fronds.

Loureiro [Fl. cochin., 829] Polypodium Baromez, L., Agnus scythicus, sinice keu tsie. Radix oblonga, crassa, carnosa, multiformis, supra terram exerta: radiculis crassis, pilis densissimis, tenuibus rufis tota vestita.—This is the Cibotium glaucum in Flora hongk. [466], a fern.

Hanb., Sc. pap., 121.—Р. Smith, 194, Tartarian. Lamb.

Cust. Med., p. 186 (47):—Kou tsi exported 1885 from Ning po to other Chinese ports 52 piculs,—p. 210 (25), from Wen chow 45 piculs,—p. 344 (66), from Canton 42 piculs.— Ibid., p. 455 (606) Places of production: Che kiang, Kuang tung, Kuang si.

The Phon zo [VI, i] figures sub 狗脊 a fern with bipinnate fronds. Franchet, Enum. Pl. Jap. [II, 204] refers this drawing with a? to Onoclea germanica, Willd.

14.—實 衆 kuan chung. P., XIIb, 18.—T., CXXXIII. Comp. Rh ya, 110.

Pen king:—Kuan chung. Other names: 實節 kuan tsie, 實渠 kuan k'ü, 百頭 po t'ou (hundred heads), 虎卷 hu küan, 扁 府 pien fu. The root is officinal. Taste bitter. Nature slightly cold. Poisonous.

Pie lu:—The kuan chung is also called 草 陰 頂 ts'ao ch'i t'ou (herbaceous owl's head). It grows in the mountain valleys of Yüan shan [unknown to me, App. 416], in Yüan kü [in Shan tung, App. 415] and on the Shao shi mountain [in Ho nan, App. 281]. The root is dug up in the 2nd and 8th months and dried in the shade.

The King:—The kuan chung is common in Middle China. Its leaves resemble those of the great kue [a fern. See Rh ya, 185]. The root in its shape, colour and hairy appearance recalls the head of an owl  $\lceil v. \ supra \rceil$ .

Su Sung [11th cent.]:—The kuan chung, otherwise called 鳳尾草 feng wei ts'ao (phœnix-tail plant) is common in the provinces of Shen si [now Shen si and E. Kan su, App. 284] and Ho tung [Shan si, App. 80] and also in King and Siang [Hu pei, App. 145, 305].

LI SHI-CHEN:—The *kuan chung* is a common plant in the mountains, in shady places. Several stalks issue from the same root. They are as thick as a quill, slippery. The leaves are in opposite pairs, resemble those of the *kou tsi* 

[see 13] but are not serrated or dentated. They are of a yellowish green colour, the under side is paler. The root is crooked and covered with erect dense black hair, like that of the kou tsi, but it is larger and resembles an owl.

Ch. [VIII, 18]:—Kuan chung. Representation of a fern with large pinnate fronds, covered with spores. Root covered with dense hair.

According to M. FAUVEL ["Trip of a Naturalist to the Chin. Far East," 11], in Shan tung the name *kuan chung* is applied to *Aspidium falcatum*, Sw., a fern, known also from Fu kien and S. Shen si.

Henry [Chin. pl., 199, 200]:—Kuan chung. This name in Hu peh is applied to several ferns, viz. Woodwardia radicans, Sm., Onoclea orientalis, Hook., Nephrodium filix mas, Rich.

Cust. Med., p. 344 (69):—Kuang chung exported from Canton to other Chinese ports 15 piculs,—p. 278 (61), from Amoy 0.43 piculs.—Ibid., p. 457 (647) Places of production: Fu kien, Kuang tung.

Phon zo [VI, 3, 4]:一貫 眾 Fern. According to Franchet: Lomaria nipponica.

## 15.—巴戟天 pa ki t'ien. P., XIIb, 20. T., CLXXIV.

Pen king:—Pa ki t'ien. The root is officinal. Taste bitter and sweet. Nature slightly warm. Non-poisonous.

Pie lu:—The pa ki t'ien grows in Pa [E. Sz ch'uan, App. 235] and in Hia p'ei [in Kiang su, App. 63] in mountain valleys. The root is dug up in the 2nd and 8th months and dried in the shade.

T'AO HUNG-KING:—At present the people use also the drug which comes from Kien p'ing [in Sz ch'uan and

Hu pei, App. 139] and I tu [in Hu pei, App. 104]. The root resembles that of the *Pæonia moutan*, but is smaller, of a red colour outside, black within. When prepared for use, the heart is taken out.

Su Kung [7th cent.]:—A popular name for this plant is 三蔓草 san man ts'ao. The leaves resemble tea-leaves; they do not fall off in winter. The root consists of fleshy tubers.

Su Sung [11th cent.]:—The plant grows in Kiang Huai [An hui, Kiang su, App. 124, 89], in Ho tung [Shan si, App. 80], but the best kind comes from Shu chou [part of Sz ch'uan, App. 292]. Description of the plant not quite clear.

The Ji hua Pen ts'ao [10th cent.] calls it 不调草 pu tiao ts'ao (plant which does not fade).—The plant pa ki t'ien seems to have been unknown to Li Shi-chen.

The Ch. [VII, 16] gives under the name of pa ki tien two rude drawings representing two different plants, one from Ch'u chou [in An hui, App. 25], the other from Kui chou [in Hu pei, App. 169].

TATAR., Cat., 1:—Pa ki t'ien. Not identified.—Gauger [3] describes and figures the root.

This is perhaps the pa tsi hien in Lour., Fl. cochin., 477, the Chinese name for Septas repens, now called Herpestis Monnieria, Benth. Order Scrophularinew.

Cust. Med., p. 346 (103):—Pa ki tien exported 1885 from Canton to other Chinese ports c. 600 piculs,—p. 318 (52), from Swatow 38 piculs,—p. 280 (84), from Amoy 2 piculs.—Ibid., p. 467 (926) Places of production: Kuang tung, Kuang si, Che kiang.

The drawing sub 巴戟天 in Sieb., Icon. ined. [II] seems to represent a Polygala. The plant described and

figured in the Kwa wi [11] under the same Chinese name is, according to Franchet, Polygala Reinii. Comp. also Phon zo, VI, 6, under the same Chinese name. The figure of the plant shows only leaves.

# 16.—遠 志 yūan chi. P., XIIb, 21.—T., CXXXIII.

Comp. Rh ya and Classics, 194, 443.

Pen king:—Yūan chi, 小草 siao ts'ao (small herb), name applied to the leaves. Other names 細草 si ts'ao (same meaning), 棘境 ki yūan, 萋繞 yao yao. Root and leaves officinal. Root bitter. Nature warm. Non-poisonous.

Pie lu:—The yūan chi grows in T'ai shan [in Shan tung, App. 322] and in Yüan kü [in Shan tung, App. 415]. The root is gathered in the 4th month and dried in the shade.

T'AO HUNG-KING:—Yüan kü is the prefecture of Tsi yin in Yen chou [in Shan tung, App. 347 and 404]. At present the drug commonly used comes from P'eng ch'eng [in Kiang su, App. 247] and Lan ling [Shan tung, App. 174]. In the 加方 sien fang (Taoist prescriptions for procuring long life) the siao ts'ao [v. supra, the leaves of the plant] is used. It resembles the ma huang [Ephedra, see 97] but is green.

MA CHI [10th cent.]:—In its stem and its leaves it resembles the ta ts'ing [Justicia. See 89] but is smaller.

Chang Yü-hi [11th cent.]:—The plant is mentioned in the Rh ya. It resembles the ma huang, has red flowers, yellow, sharp leaves. The upper part of the plant is called siao ts'ao.

SU SUNG [11th cent.]:—This plant grows in North China. Its root resembles that of the hao (Artemisia). It is of a yellow colour. The leaves resemble those of the ma huang, ta tsing and other plants. In the 3rd month it produces white flowers. The root is nearly one foot long.

There is one kind of this plant in Sz chou [in An hui, App. 319] with red flowers and a large root. Another kind is produced in Shang chou [in Shen si, App. 278]; it has a black root. Now the siao ts'ao, used in medicine in ancient times, is seldom employed.

LI Shi-chen:—There are two kinds of yüan chi, one has larger, the other smaller leaves. The siao ts'ao spoken of by T'AO HUNG-KING belongs to the latter, the plant mentioned by MA Chi is the large-leaved. It has red flowers.

Ch. [VII, 13] yūan chi and Kiu huang [LIII, 5] representations of Polygala.

TATAR. [Cat., 31] yüan chi, Rad. Polygalæ tenuifoliæ.— The roots of the yüan chi described and figured in GAUGER, 24.—P. SMITH, 175.

Cust. Med., p. 72 (84):—Yüan chi exported 1885 from Han kow to other Chinese ports and Japan, 350 piculs,—p. 28 (73), from Tien tsin 150 piculs,—p. 48 (49), from Che foo 119 piculs,—small quantities from I chang, Chinkiang.—Ibid., p. 493 (1557) Places of production: North and Mid China.

The drug yūan chi in China and Japan is yielded by Polygala sibirica (large-leaved), P. tenuifolia (small-leaved) and P. japonica. For further particulars see Bot. sin., II, 194, 443.

# 17.—淫羊藿 yin yang huo. P., XIIb, 24.—T., CLXXIX.

Pen king:—Ying yang huo, also **剛前** kang ts<sup>c</sup>ien. The root and the leaves are officinal. Taste pungent. Nature cold. Non-poisonous.

Pie lu:—The yin yang huo grows in Shang kün [in N.E. Shen si, App. 273] and in Yang shan [in N. China, App. 399], in mountain valleys.

Su Kung [7th cent.]:—The plant is commonly called 仙靈脾 sien ling p'i. The leaves resemble pea-leaves, but are round and thin. Stem slender but hard.

Su Sung:—It is a common plant in North and Mid China. The stem like that of millet. The leaves like apricotleaves, provided with prickles (on the margin). The root is of a purple colour, beset with radical fibres. In the 4th month it bears small white or purple flowers. In the 5th month the leaves are gathered and dried in the sun. One kind, which is produced in Hu and Siang [Hu nan, App. 83, 307] has leaves like the pea on slender petioles, which do not fade in winter. The root resembles that of the huang lien [Coptis. See 26]. In Kuan chung [Shen si, App. 158] the plant (another kind) is called 三枝九葉 san chi kiu ye (three twigs-common petioles-nine leaves). It grows from one to two feet high. The root and the leaves much used in medicine. The Shu pen ts'ao says, the best for use is that plant which grows where the sound of water is not heard.

LI Shi-chen:—The plant grows in high mountainous regions. Several coarse stems like thread issue from the same root and grow one or two feet high. Each stem divides into two branches, each branch (common petiole) bears three leaves. The leaves are from two to three inches long, resemble apricot-leaves or pea-leaves. They are very thin, dentated, with small prickles, glabrous on the upper side, glaucous beneath.

Ch. [VIII, i]:—Yin yang huo. The drawing seems to represent Epimedium sagittatum, Bak. [Aceranthus sagittatus, S. & Z.], which agrees with the above Chinese description.

TATAR. [Cat. 30]:—Yin yang huo, Folia Populi (an erroneous identification).—P. SMITH [176] identifies the same Chinese name with Populus spinosa. This name is purely

imaginary on his part.—The yin yang huo which I obtained from an apothecary's shop in Peking were the leaves of Aceranthus sagittatus, a plant recorded by our botanists from Hu pei.—Comp. Henry, Chin. pl., 556.

Cust. Med., p. 362 (286):—Yin yang huo exported 1885 from Canton to other ports of China, 30 piculs,—p. 74 (111), from Hankow 25 piculs,—p. 288 (227) a small quantity from Amoy.—Ibid., p. 492 (1,536) Places of production: Shen si, Hu peh, Fu kien, Kuang tung, Kuang si.

Ind. Fl. sin. [I, 32]. Three species of Epimedium reported from Mid and North China.

So moku [II, 45]:一淫 羊 藿, Aceranthus sagittatus. According to Siebold this plant has been introduced from China into Japan.

Pen king:—Hüan shen (dark ginseng), also 重臺 chung t'ai. The root is officinal. Taste bitter. Nature slightly cold. Non-poisonous.

Pie lu:—The plant is also called 端麥 tuan shen, 咸し hien shen, 正馬 cheng ma. It grows in the river valleys of Ho kien [in Chi li, App. 75] and in Yüan kü [in Shan tung, App. 415]. The root is dug up in the 3rd and 4th months and dried in the sun.

Wu P'u [3rd cent.]:—The plant is also called 支臺 hüan t'ai, 鹿腸 lu ch'ang, 鬼藏 kui ts'ang. It grows in Yüan kü [v. supra] and Shan yang [App. 270]. The leaves are covered with hair. They stand four opposite, resemble the leaves of the shao yo [Paonia. See 52]. The stem is black, square, from four to five feet high. The fruit is black.

T'AO HUNG-KING:—The hüan shen is a common plant in Mid China. Its stem is like that of the true ginseng but higher. The root is very black, slightly fragrant. The Taoists use it as a perfume.

Su Kung [7th cent.]:—The yuan shen has a disagreeable smell. Its stem does not resemble that of the ginseng. It is unknown to the author that the drug is used as a perfume.

MA CHI [10th cent.]:—It has a square stem, from four to five feet high, of a brown colour, covered with fine hair. The leaves are large, like the palm of the hand, and sharp. The fresh root is greenish white, succulent; when dried it becomes purplish black.

Su Sung [11th cent.]:—The leaves stand opposite, resemble those of the *chi ma* [Sesamum. See 216]. They are long, serrated. The stem is slender, of a purplish green colour. In the 7th month it opens its greenish flowers, in the 8th month it produces black fruits. Another kind has white flowers, a large square stem covered with fine hair. The root consists of from five to seven different pieces.

LI SHI-CHEN:—The yüan shen which is now used, is that described by Su Sung. Su Kung is right in stating that the root has an unpleasant smell. It is perennial and frequently worm-eaten, and therefore full of holes. The flowers are purple or white. It is also called 黑 寥 hei shen (black ginseng) or 野脂麻 ye chi ma (wild Sesamum).

Ch., VII, 43: — Yuan shen. The drawing is too indistinct to permit of identification.

Tatar., Cat., 48:—Huan shen, Radix.—Gauger, 40, the same root described and figured.—Hans. [Sc. pap., 255] also describes this root. It is internally fleshy and black. P. Smith, 104:—Black Ginseng.

Cust. Med., p. 192 (115, 116):—Yüan shen exported in 1885 from Ning po 4,700 piculs.—Ibid., 493 (1563) Places of production: Che kiang.—According to Braun, [Hank. Med.] exported also from Hankow.

So moku, XI, 57:— 支 參 Scrophularia Oldhami, Oliv. The above Chinese description might perhaps agree.

# 19. 一地 榆 ti yū. P., XIIb, 30. — T., CXXXVII.

Pen king:—Ti yü (ground elm). The root and the leaves used in medicine. Taste of the root bitter. Nature slightly cold. Non-poisonous.

Pie lu:—The ti yū grows in Tung po [in Ho nan, App. 379] and Yūan kū [in Shan tung, App. 415] in mountain valleys. The root is dug up in the 2nd and 8th months and dried in the sun.

The same work says the 酸赭 suan che grows in the mountains of Ch'ang yang [in Shan tung, App. 7]. Comp. infra Li Shi-chen.

T'AO HUNG-KING:—The leaves of ti yū resemble elm leaves, but are longer and, as they cover the ground when the plant first begins to grow, the latter is called ti yū or ground elm. Its flowers and seeds (or fruits) are of a brown colour like the shi [soy. See Bot. sin., II, 355] wherefore it is also called 玉豉 yū shi. The root is used for fermenting liquors. The Taoists burn it and use it for alchemistic purposes (?). The mountain people substitute the leaves for tea. They may also be eaten fried.

Su Sung [11th cent.]:—The ti  $y\ddot{u}$  is a common plant in the plain, on meadows and marshes. From the perennial root, in the 3rd month, the leaves issue. They cover the ground. After this a single stem shoots forth, from three to four feet high. It divides and produces leaves which

stand opposite. The leaves resemble elm-leaves but are narrower and longer, serrated on the margin. In the 7th month the flowers appear. They are of a dark red colour and resemble (the flower-head) a mulberry. The root is black outside, red internally, resembles the willow root.

LI SHI-CHEN:—The Wai tan fang (alchemistic prescriptions) says, the ti yü is also called suan che [sour che, v. supra] for it is of a sour taste and of a brown colour. The same name is still applied to the ti yü by the people in K'i chou [in Hu pei, App. 121, Li Shi-chen's native place]. It is sometimes erroneously written suan tsao (sour jujube).

The rude drawings of the ti yü as given in the Kiu huang [XLVI, 30] and in the Ch. [VIII, 4] seem to be intended for Sanguisorba officinalis, L. (Poterium), the Burnet, with which the above Chinese description agrees.

Tatar., Cat., 21:— Ti yü, Rad. Hedysari.—P. Smith, 110.

Cust. Med., p. 350 (150):—Ti yū exported 1885 from Canton to other Chinese ports 47 piculs,—p. 146 (116), from from Shanghai, 8 piculs.—Ibid., p. 482 (1,273) Places of production: Che kiang, Kuang tung, Kuang si.

Our common burnet is a common plant in North and Mid China. In the Peking mountains it is known by the name of ti yü. The Canton drug may be yielded by another plant, for in the *Ind. Fl. sin.* [I, 246] no *Poterium* is reported from South China.

Kwa wi, 29:—地榆 or 玉豉 Sanguisorba officinalis. So moku, II, 24:—地榆 Poterium officinale, which is the same.

#### 20.—丹 梦 tan shen. P., XIIb, 32.—T., CLVI.

Pie lu:—The tan shen, also called 赤 麥 ch'i shen (red ginseng) grows in T'ung po [in Ho nan, App. 379], in river valleys, and in T'ai shan [in Shan tung, App. 322]. The root is dug up in the 5th month and dried in the sun.

T'AO HUNG-KING:—The T'ung po [mentioned in the Pie lu] is a mountain situated in I yang [a district in Ho nan, App. 107]. The Huai River takes rise on it. It is not to be confounded with another mountain of the same name in Lin hai in the province Kiang tung [Che kiang, App. 192 and 124]. The tan shen is a common plant in Mid China. It has a square stem covered with hair, purple (or violet) flowers. The people call it sometimes 逐馬 chu ma.

Wu P'u [3rd cent.]:—In its stem, leaves and seed capsules it resembles the *jen* [Perilla. See 67]. The plant is covered with hair. The root is of a red colour. In the 4th month it opens its purple (violet) flowers.

Su Sung [11th cent.]:—It grows in all the prefectures of the provinces of Shen si [modern Shen si and E. Kan su] and Ho tung [Shan si, App. 80], also in Sui chou [in Hu pei, App. 314]. The leaves resemble those of the po ho (Mentha), are covered with hair. Purple flowers in spikes. The root is of a red colour, of the thickness of a finger. One plant has many roots.

LI SHI-CHEN:—There are five kinds of *shen* [ginseng. Comp. above, 4], distinguished according to their colour and their effect upon the five viscera:—

- 1.—The 人參 jen shen [true ginseng. See 3]. It operates upon the spleen and is called the huang (yellow) shen.
- 2.—The p | sha shen [see 4]. It operates upon the lungs and is called the pai (white) shen,

- 3.—The 支 [ hüan shen [see 18]. It operates upon the kidneys and is called the hei (black) shen.
- 4.—The 驻蒙 mou meng [see 21]. It operates upon the liver and is called tsz' (purple) shen.
- 5.—The 男 [ tan shen. It operates upon the heart and is called ch'i (red) shen.

The latter is a common plant in the mountains. Its leaves (leaflets) are five together on a common petiole, resemble those of the wild su (Perilla). The root is red externally and has a purple flesh.

Ch., VII, 20:—Tan shen. Rude drawing, but it seems a Salvia is intended. [Comp. also X, 37] siao (small) tan shen, likewise a Salvia.

Tatar., Cat., 20:—Tan shen. Rad. Salviæ miltiorhizæ.— P. Smith, 194.

Salvia miltiorhiza, Bge., is a common plant in the Peking mountains. It has been recorded also from Shan tung, Hu pei, etc. It has a cinnabar red root, from three to seven foliate leaves, large violet flowers.

Cust. Med., p. 70 (62):—Tan shen exported 1885 from Han kow to other Chinese ports 405 piculs,—p. 124 (55) from Chen kiang 257 piculs,—p. 46 (30) from Che foo 233,—p. 26 (56) from Tien tsin 17 piculs.—Ibid., p. 480 (1246) Places of production: Chi li, Shan tung, Shan si, Shen si, Sz ch'uan.

Phon zo, VI, 18: - 丹 參 Salvia nipponica, Miq.

#### 21.—紫 參 tsz' shen. P., XIIb, 34.—T., CLIX.

Pen king:—Tsz' shen (purple ginseng), 柱蒙 mou meng. The root is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The tsz' shen is also called 童 腸 t'ung ch'ang, 馬行 ma hing, 聚式 chung jung. It grows in Ho si [West of the Yellow River, App. 79] and in the mountain valleys of Yüan kü [in Shan tung, App. 415]. The root is dug up in the 3rd month. After drying by fire it becomes purple.

T'AO HUNG-KING says that it is not much used in medicine.

The ancient authors give confused contradictory accounts of the plant. Some say it resembles in its leaves the Sorrel (Rumex), others liken the flowers to a Polygonum. The root when dried is of a dark purplish colour, the flesh within is pale red. It resembles the root of the tsz' ts'ao [Lithospermum erythrorhizon. See 23] but is smaller.

Ch. VII, 44:—Tsz' shen. Rude drawing. A quite different plant is represented under the same Chinese name in Ch. [XXIII, 31].

In the Peking mountains the name tsz' shen is applied to the root of Polygonum bistorta, L.

So moku, VII, 54:—紫麥 Polygonum bistorta, var. foliis ovatis and other varieties.—Phon zo, VI, 20 v.—Same identification.

The typical form of *Polygonum bistorta* is called 拳 *爹* k'üan shen (fist ginseng in Chinese) in the So moku [VII, 53].—Same identification in the Kwa wi [57].

The k'üan shen is mentioned in the P. [XIII, 63]. This name appears first in the T'u king Pen ts'ao [11th cent.]. The plant is said there to grow wild in Tsz' chou [in Shan tung, App. 367]. Its leaves resemble those of the yang ti [Rumex. See 193], the root is like a lobster, and of a black colour. It is dug up in the 5th month.—The k'üan shen is not mentioned in the Ch.

P. SMITH, 39:—Bistort root.

#### 22.—主 孫 wang sun. P., XIIb, 35. T., CXXVI.

Pen king: — Wang sun. The root is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—The wang sun, otherwise called 黃孫 huang (yellow) sun, 黃昏 huang hun, grows in Hai si [in Kiang su, App. 50] in river valleys, also near the wall of the city of Ju nan [in Ho nan, App. 110].

Wu P'u [3rd cent.] says, in Ch'u [Hu kuang, App. 24] it is called wang sun, in Ts'i [N.E. Shan tung, App. 348] it is 長孫 ch'ang sun or 海孫 hai sun, in Wu [Kiang su, An hui, App. 389] it is 白功草 pai kung ts'ao or 蔓延 man yen.

T'AO HUNG-KING says that in prescriptions the wang sun is also termed 黃昏 huang hun and 牡蒙 mou meng. But later authors prove that this is a mistake, for huang hun is the same as the ho huan [Acacia. See 324] and mou meng is the tsz' shen [v. 21].

CH'EN Ts'ANG-K'I [8th cent.] calls it 早 稿 han ou (Nelumbium root in a dry soil). The root resembles that of Nelumbium speciosum. It grows in the T'ai Hang mountain range [in N. China, App. 323].

LI SHI-CHEN:—The leaves of the wang sun are crowded towards the top of the stem as in the tsz' ho ch'e [Paris. See 151]. These leaves resemble the leaves of the ki ki [Chloranthus. See 42]. The drawing of the wang sun in the Pen ts'ao kang mu seems to be intended for a Paris, the leaves of this genus, as is known, being whorled at the apex of the stem.

Ch., VIII, 3: - Wang sun. Drawing indistinct.

Comp. also HENRY, Chin. pl., 320.

So moku, VII, 81, 82:—主孫 Paris quadrifolia, L., and P. tetraphylla, A. Gray.

#### 23.—紫 草 tsz' ts'ao. P., XIIb, 36. T., CLIX.

Comp. Rh ya, 142, for other ancient names.

Pen king:—Tsz' ts'ao (purple herb). The root is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The tsz' ts'ao is also called 紫丹 tsz' tan (purple cinnabar red). It grows in the mountain valleys of Tang shan [in Kiang su, App. 334] and in the country of Ch'u [Hu kuang, App. 24]. The root is dug up in the 3rd month and dried in the shade.

In the Wu P'u [3rd cent.] it is called to have (earth blood). This name is properly applied to Rubia. [See 182.]

T'AO HUNG-KING:—This plant is produced in Siang yang [in Hu pei, App. 306]. Much of the drug is also brought from the district of Sin ye in the Nan yang prefecture [in S.W. Ho nan, App. 312, 231]. The people there cultivate it and employ it for dyeing a purple colour. It is not much used in medicine.

LI Shi-chen:—This plant has purple flowers and a purple root, whence the name tsz' ts'ao. It is cultivated for the colour yielded by its root. This root must be dug up in spring before the plant has flowered. Then the colouring matter will be found to be very bright. But if gathered after flowering the colour has become deeper and is consequently inferior in quality. The top of the root [I should rather think the plant above the ground] is covered with white hair. By certain processes a yellow colour can be produced from the root. The Yao chuang people [v. App. 402] call this plant 浩 省 本 ya hien ts'ao.

Ch., VII, 46:—Tsz' ts'ao. Representation of Lithospermum erythrorhizon, S. & Z. Lour., Fl. cochin., 127:—Anchusa officinalis, radice longa, rubra. Sinice tsu tsao.—Tatar., Cat., 61:—Tsz' ts'ao. Rad. Anchusæ.—Gauger [48] describes and figures the root.

Henry, Chin. pl., 508:—In Hu pei tsz' ts'ao is Lithospermum erythrorhizon.—Ind. Fl. sin., II, 154.

Cust. Med., p. 60 (40):—Tsz' ts'ao exported 1885 from I chang to other Chinese ports 73 piculs, 10—p. 8 (65) from New chwang 27 piculs,—p. 354 (203) from Canton 2 piculs.—Hank. Med., 48:—Exported from Han kow.

Regarding L. erythrorhizon in Japan see Bot. sin., II, 142.

# 24.—白頭翁 pai t'ou weng. P., XIIb, 38. T., CLXXII.

Pen king:—Pai t'ou weng (the gray head), 野丈人 ye chang jen (wild old man), 胡王使者 hu wang shi che (barbarian prince's envoy). Root and flowers used in medicine. Taste of the root bitter. Nature warm. Non-poisonous.

Pie lu:—The pai t'ou weng, also called 柰何草 nai ho ts'ao, grows in Kao shan [in Kiang su, App. 118], in mountain valleys and in waste places. It is dug up in the 4th month.

T'AO HUNG-KING:—It is a common plant. Near the root it is covered with a soft down and thus resembles the gray head of an old man, whence the above names.

Su Kung [7th cent.]:—Its leaves resemble those of the shao yo [Pania. See 52], but are larger. It produces one stem, at the top of which is a purple flower resembling that of the mu kin [Hibiscus syriacus. See Rh ya, 6]. The

<sup>10</sup> The export from I chang of 73 piculs is 業皮 tzŭ p'i, which seems to be a different substance from tzŭ ts'ao. The point at any rate requires elucidation.—A. Henry.

fruit is as large as a hen's egg and covered with white hairs more than an inch long, which hang down like tassels, thus resembling the head of an old man.

Other authors quoted in the *P*. describe the *pai t'ou weng* differently, not quite distinct. The plant intended by Su Kung may perhaps be a *Pulsatilla* (*Anemone*), the fruit of which, with the long feathery tails of the seeds, may be compared to an old man's head.

The Ch. figures under the name pai tou weng two different plants,—IX, 52, a plant unknown to me, and VIII, 14, it seems, an Eupatorium. At Peking pai tou weng is Eupatorium Kirillowii, Turez.

So moku, X, 36:—白頭 豬 Anemone cernua, Thbg.

Cust. Med., p. 68 (48):—Pai t'ou weng exported 1885 from Han kow to other ports of China 69 piculs.

## 25.— 白及 pai ki. P., XIIb, 39. T., CLVII.

Pen king:—Pai ki, also 連及草 lien ki ts'ao, 甘根! kan ken (sweet root). The root is officinal. Taste bitter... Nature uniform. Non-poisonous.

Pie lu:—The 白皮 pai ki grows in Pei shan (northerni mountains) in river valleys, also in Yüan kü [in Shan tung, App. 415] and in Yüe shan [mountains of Yüe? App. 420]. The same work says, the 白給 pai ki grows in mountains valleys. Its leaves resemble those of the li lu [Veratrum. See 142], the root is like a mortar. It is dug up in the 9th month. [Li Shi-chen says that the two drugs pai ki, differently written, are the same.]

Wu P'u [3rd cent.]:—The pai ki in its stem and leavess resembles the ginger plant and the li lu. In the 10th months purplish red flowers appear on the top of the plant. The root resembles a mortar, wherefore it is also called 日根 kiu ken (mortar root).

T'AO HUNG-KING:—It is a common plant in Mid China. The leaves resemble those of the *tu jo* [Alpinia. See 55], the root resembles that of the *ling* [Trapa. See 296]. It has hairs between the joints. It is not much used in medicine, but it is good for making paste.

Han Pao-sheng [10th cent.]:—The pai ki is produced in Shen chou [in Ho nan, App. 282]. The leaves resemble the young (unexpanded) leaves of the tsung (Chamærops), also the leaves of the li lu (Veratrum). One stem shoots forth in the 3rd or 4th month and produces purple flowers. In the 7th month the fruit ripens and assumes a dirty colour. The root is white and resembles that of the Trapa and has three horns. From the top of the root the sprouts issue. The root is dug up in the 8th month.

Su Sung [11th cent.]:—The plant is common in North and Mid China. It grows on rocks, one foot and more high. The leaves resemble palm-leaves, are as long as two fingers. It bears purple flowers in summer.

LI SHI-CHEN:—HAN PAO-SHENG'S account of the plant is correct. It produces only one stem. The flowers are an inch long, of a reddish purple colour. The heart of the flower is like a tongue. The root resembles the *Trapa*. It has a navel like the *fu tsz*' [Scirpus tuberosus. See Rh ya, 59] and is difficult to dry.

Ch., VIII, 12:—Pai ki. Representation of an Orchidea, probably Bletia hyacinthina. It is stated there that the viscid juice of the root is used in manufacturing porcelain.

TATAR., Cat., 4:—Pai ki. Rad. Amomacew.—GAUGER, who describes and figures the root [6], means that it belongs to an Orchid.—P. SMITH, 13.

The drug which I procured, under the name of pai ki from a Peking apothecary's shop, agreed in shape with the above Chinese descriptions and seemed to be the bulb of

Bletia hyacinthina, R. Br., an Orchid with purplish violet flowers, much cultivated at Peking under the popular name of lan hua. This bulb, when put in water, forms a mucilage which at Peking is used by the manufacturers of "cloisonnés."

Henry, Chin. pl., 361:—Pai ki in Hu pei is Bletia hyacinthina.

Cust. Med., p. 68 (43):—Pai ki exported 1885 from Han kow to other Chinese ports 385 piculs. See also an interesting note regarding the pai ki in the Report on Trade, Chin. Mar. Cust., 1869, p. 68, Ning po, from which port the drug is likewise exported.

So moku, XVIII, 34:— 白 及 Bletia hyacinthina.—Same identification in Sieb., Icon. ined., VIII.

## 26.—黃連 huang lien. P., XIII, i. T., CLIII.

Pen king:—Huang (yellow) lien, 王連 wang lien.— The root is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The huang lien grows in Wu yang [in E. Sz ch'uan, App. 396], in river valleys, and in Shu [W. Sz ch'uan, App. 292], also on the southern slope of the T'ai shan [in Shan tung, App. 322]. The root is dug up in the 2nd and 8th months.

T'AO HUNG-KING:—Wu yang is in Kien p'ing [in Sz ch'uan and Hu pei, App. 139]. Now the drug brought from Western China is of a paler colour and less juicy than that from Tung yang [in Che kiang, App. 376] and Sin an [in Che kiang, App. 310] which are considered the best. That from Lin hai [in Che kiang, App. 192] is of an inferior quality. Before use the smaller fibres of the root are removed, and then it looks like a string of beads.

In the Yao sing lun [7th cent.] the drug is called 支連 chi lien.

Han Pao-sheng [10th cent.]:—The plant grows in a bushy manner, about one foot high. One stem (petiole) bears three leaves, which do not fall off in winter. The flowers are of a yellow colour. The drug produced in Kiang tso [S. An hui, Kiang su, App. 124] is like a string of beads, that from Shu (Sz ch'uan) does not show this peculiarity. Now the best sort is considered to come from the country of Ts'in [Shen si, App. 358], also from Hang chou [in Che kiang, App. 58], Liu chou [in Kuang si, App. 199].

Su Kung [7th cent.]:—This plant is produced in Shu [Sz ch'uan, App. 292], in Kiang tung [Kiang su, Che kiang, App. 124], and in Li chou [in Hu nan, App. 185]. The drug from the latter place is the best.

Su Sung [11th cent.]:—The plant grows in Kiang and Hu [Mid China, App. 124, 83], in King chou [in Hu pei, App. 146], K'ui chou [in Sz ch'uan, App. 170] and Süan ch'eng [in An hui, App. 315]. The drug from the latter place is of a superior quality. Inferior sorts come from Shi [in Hu pei, App. 288], K'ien [N. Kui chou, App. 141], Tung yang [in Che kiang, App. 376], Hi chou [in An hui, App. 62], Ch'u chou [in Che kiang, App. 23]. The plant is one foot high, the leaves resemble those of the kan kü (sweet Chrysanthemum, unknown to me). In the 4th month it bears yellow flowers, in the 6th it produces fruits like those of the k'in (celery) and likewise yellow.

LI Shi-chen:—At the time when Li Tang-chi wrote his herbal, at the end of the Han dynasty, the huang lien from Shu [W. Sz ch'uan] was considered the best. In the Tang period the drug from Li chou [v. supra] was preferred. Now the drug used in medicine comes from Wu [Kiang su, App. 389] and Shu [Sz ch'uan]. The best is that produced in Ya chou and Mei chou [both in Sz ch'uan, App. 398, 219]. There are two sorts of huang lien. One has a coarse root destitute of hair (radical fibres), and forming a series of

united tubers. The root (with its branches) resembles the claw of a bird. It is firm and juicy, of a deep yellow colour. The other sort has no tubers, is densely covered with hair. (radical fibres), is not juicy and is of a pale yellow colour.

Ch., VII, 32:—Huang lien. Only leaves and root figured. It seems a Ranunculacea is intended.

TATAR., Cat., 10:—Huang lien. Radix Leontice.—GAUGER [9], huang lien and [10], Ch'uan huang lien (huang lien from Sz ch'uan), figured and described. Jointed, yellow rhizomes, very bitter.

P. Smith, 126:—Huang lien identified with Justicia. 11

According to Parker [China Review, X, 28] the huang lien plant is much cultivated in the mountains of Sz ch'uan. It is Coptis teeta, Wall. (Order Ranunculacea). See Henry, Chin. pl., 137.

The yellow bitter root huang lien, which I obtained from a Peking apothecary's shop, and which was examined by Prof. Flückiger, seemed to belong to Coptis teeta. The root has sometimes the appearance of a bird's claw.

DYMOCK, in his Veget. Mat. Med. of W. India, p. 13, states that the root of Coptis teeta is much exported from China to India.

Cust. Med., p. 70 (59):—Exported 1885 under the name of shui lien from Hankow to other Chinese ports 856 piculs,—p. 58 (21) from I chang 300 piculs.—Ibid., p. 452 (516) Places of production: Sz ch'uan, Hu peh, Shen si, Yün nan.

So moku, X, 38:—黃連 Coptis anamonæfolia, Sieb. & Zucc.—Ibid., 39, 五加葉黃連 (five-leaved huang lien) = C. quinquefolia, Miq. Ibid., 40:—三葉黃連 (three-leaved huang lien) = C. trifolia, Salisb.

<sup>&</sup>quot; "I have visited a huang lien plantation in the mountains of Hu peh, and the plant is undoubtly Coptis teeta, Wall."—A. HENRY.

## 27.—黄芩 huang kin. P., XIII, ii. T., CLIII.

Pen king:—Huang (yellow) k'in, 廣腸 fu ch'ang (putrid bowels). The root is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—Other names: 空陽 k'ung ch'ang (hollow bowels), 內虚 nei hü (empty inside), 經 岑 king k'in, 黃文 huang wen. The huang k'in grows in Tsz' kui [in Hu pei, App. 368] in river valleys, and in Yüan kü [in Shan tung, App. 415]. The root is dug up on the 3rd day of the 3rd month and dried in the shade.

Wu P'u: - Other names: 好婦 tu fu, 邱 頭 yin t'ou.

T'AO HUNG-KING:—The fresh juicy and solid drug is called 子本 tsz' k'in. The old broken drug with holes within is 宿本 su k'in. As the drug is frequently rotten it is also called fu ch'ang [v. s.]. Now the best comes from P'eng ch'eng [in Kiang su, App. 247]. It is also produced in Yü chou [in Kuang si? App. 412]. That of a superior quality is of a deep yellow colour, firm, without holes. It is much used in medicine, but not in Taoist prescriptions.

Su Kung [7th cent.]:—Now the best comes from I chou [in Kuang si, App. 103], Fu chou [in Shen si, App. 43], King chou [in Kan su, App. 153]. That from Yen chou [in Shan tung, App. 404], which is also of a good quality, is known by the name of 姓尾孝 t'un wei k'in (sucking-pig's tail).

Su Sung [11th cent.]:—The huang kin is common in Mid and North China. The plant grows about one foot high. Leaves small and long, purple flowers. The root resembles that of the chi mu [see 8].

LI Shi-chen:—The huang kin is a bitter root of a yellow colour. The old root is yellow outside, black within, with many holes. The ancient dictionary Shuo wen writes

Ch., VII, 36:—Huang k'in. The figure seems to intend a Scutellaria.

Tatar., Cat., 10:—Huang kin, Radix Scutellaria viscidula, Bge. (which has yellow flowers). But in his drawings of Peking plants, Tatarinov applies the name huang kin to S. macrantha, Fischer, with blue flowers. This latter is a Siberian plant, common also in North China. It is the Cassida montana in Amman's Stirp. rar. ruth. (1739), p. 42, tab. 6. Radix carnosa extus et intus flava saporis subamari, etc.

P. SMITH, 194: -Sc. viscidula.

The drug huang k'in obtained from an apothecary's shop at Peking were thin transversally cut slices of a yellow, bitter root.

Henry, Chin. pl., 141:—Huang kin. In Hu pei a name for Berberis nepalensis, Spr. 12

Cust. Med., p. 24 (26):—Huang k'in exported 1885 from Tien tsin 5,530 piculs,—p. 44 (16), from Che foo, 517 piculs,—p. 68 (27), from Han kow 162 piculs.

So moku, XI, 48:—黄芩 Scutellaria macrantha.—See also Kwa wi, 14.

#### 28.—秦 艽 Ts'in kiao. P., XIII, 16. T., CXXXIX.

Pen king:—Ts'in kiao. The root is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—The ts'in kiao grows in Fei wu [in Sz ch'uan, App. 37], in mountain valleys. The root is dug up in the 2nd and 8th months and dried in the sun.

<sup>12 &</sup>quot;This name I have since found to be erroneous."-A. HENRY.

The Hung-king:—Now this drug is produced in Kan sung [in Sz ch'uan, App. 114] and Lung tung [App. 214]. Worms eat the root and produce reticulate figures on it. It is twisted and contorted. The large root of a yellowish white colour is the best.

Su Kung [7th cent.]:—The drug is commonly called 秦 膠 Ts'in kiao. The original name was 秦 礼 Ts'in kiu. The best is produced in King chou [in Kan su, App. 153], Fu chou [in Shen si, App. 43], K'i chou [in Shen si, App. 120].

According to Siao Ping [Tang period] it is also called 秦爪 Tsin chao.

Su Sung [11th cent.]:—It grows plentifully in North China (Shan si and Shen si). The root is of a dark yellow colour, twisted and contorted, one foot long. The leaves resemble Lettuce-leaves. In the 6th month it produces purple flowers resembling those of the ko [Pachyrrhizus. See 174].

LI SHI-CHEN does not seem to know this plant. He says only that the name is derived from the country of 秦 Ts'in [Kan su, Shen si, App. 358], where it is produced, and 紅 twisted.

Ch., VII, 48:—Ts'in kiao. The drawing shows only the root and leaves. The text says that the plant grows on the Wu t'ai shan mountain, in Shan si.

P. Smith [102] thinks that the Ts'in kiao is the Justicia gendarussa, but he does not say whereupon this identification is based.

Cust. Med., p. 66 (8):—Ts'in kiao exported 1885 from Han kow 1,280 piculs, and p. 72 (86), the rind of the same drug 308 piculs,—p. 22 (11):—Ts'in kiao exported from Tien tsin 786 piculs. It is said there to be the bark of Xanthoxylon alatum. P., 58 (2) from I chang exported 217 piculs.

<sup>13</sup> Evidently confounded with 288 Ts'in tsiao.

The drug ts'in kiao is unknown to me. I suppose the above identifications are both wrong.

# 29. 一茈胡 ts'z' hu. P., XIII, 17. T., CXLIX.

Pen king:—Ts'z' hu, 地 薫 ti hün. The root is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—The ts'z' hu leaves are called 尝當 yūn hao. They are of a pungent taste, fragrant, and can be eaten. The plant grows in Hung nung [in Ho nan, App. 99], in river valleys, and in Yüan kü [in Shan tung, App. 415]. The root is dug up in the 2nd and 8th months and dried in the sun.

Wu P'u [3rd cent.] calls it 山 菜 shan ts'ai (mountain vegetable) and 茹 草 ju ts'ao (edible herb).

T'AO HUNG-KING:—It grows in Mid China, resembles the ts'ien hu [Angelica. See 30]. The Po wu chi [3rd cent.] says: The leaves of the yūn hao resemble those of the sie hao<sup>14</sup> (an umbelliferous plant). The young white shoots, which appear in spring and in autumn, and are from four to five inches long and fragrant, may be eaten. It is found in Ch'ang an [present Si an fu in Shen si, App. 6] and Ho nei [in N. Ho nan, App. 77].

Su Kung [7th cent.]:一茈 is the ancient form for 柴 ch'ai (firewood), and the name of the drug is more commonly written 柴 胡 ch'ai hu.

Su Sung [11th cent.]:—This plant is common in North and Mid China. The best drug comes from Yin chou [in Shen si, App. 407]. The plant is very fragrant. Its stem is purplish green, rigid, shows fine lines (is channelled). The leaves resemble bamboo-leaves but are narrower and

smaller. In the 7th month it bears yellow flowers. The root is of a pale red colour, resembles that of the ts'ien hu [see 30]. A peculiar sort of the ch'ai hu grows in Tan chou [in Shen si, App. 327].

LI SHI-CHEN observes that the character  $\mathbb{R}$  in ancient times was also used for  $\mathbb{R}$  tsz "purple" and refers to Rh ya, 142. He states that the ch ai hu plant when young may be eaten, but the old plant is used for firewood, whence the name. He further proves that the ancient authors confounded under the name of ch ai hu several umbelliferous plants. The northern ch ai hu is not the same as that produced in the south.

Kiu huang, XLVI, 25, and Ch., VIII, 27:—Ch'ai hu. Rude figures, probably intended for Bupleurum.

Tatar., Cat., 14:—Ch'ai hu, Radix Bupleuri octoradiati.—Gauger [41] describes and figures the root, which he believes to belong to an umbelliferous plant.—P. Smith, 45.

In the Peking mountains the name ch'ai hu is applied to Bupleurum falcatum, L., and B. octoradiatum, Bge. Both have yellow flowers. The above Chinese descriptions of the ch'ai hu agree.

Cust. Med., p. 66 (1):—Ch'ai hu exported 1885 from Han kow 3,340 piculs,—p. 120 (1), from Chin kiang 197 piculs,—p. 22 (1), from Tien tsin 157 piculs.

So moku, V, 41:—柴胡 Bupleurum falcatum, L.—Comp. also Kwa wi, 47.

#### 30.—前胡 ts'ien hu. P., XIII, 21. T., CXLIX.

Pie lu:—The root of the ts'ien hu is dug up in the 2nd and 8th months and dried in the sun. It is of a bitter taste. Nature slightly cold. Non-poisonous,

T'AO HUNG-KING:—It is a common plant in the marshes of Mid China. The best drug comes from Wu hing [in Che kiang, App. 390]. The root resembles the *ch'ai hu* [v. 29] but is softer.

Su Sung [11th cent.]:—It is a common plant in Mid and North China. The fragrant young sprouts are eaten. White flowers. The root is of a greenish purple colour. There are several sorts.

LI Shi-chen:—The plant grows 2 feet high. The young leaves are eaten. Flowers of a dirty white colour resembling those of the *she ch'uang* [Cnidium. See 49]. The root is black outside, white internally, fragrant. The best is produced in the northern provinces.

Kiu huang, XVI, 29, and Ch., VIII, 24:—Ts'ien hu. Representations of an umbelliferous plant, probably an Angelica.

Tatar., Cat., 11:—Ts'ien hu. Rad. Angelicæ?—P. Smith, 17.

Henry, Chin. pl., 59:—Ts'ien hu in Hu pei is an Angelica.

Cust. Med., p. 184 (8):—Ts'ien hu exported 1885 from Ning po 1,084 piculs,—p. 66 (5), from Han kow 277 piculs.—Small quantities exported from Fu chow and Pak hoi, p. 220, 414.

So moku, V, 33:-前胡 Angelica refracta, Fr. Schm.

# 31.—防風 fang feng. P., XIII, 22. T., CXXXVI.

Pen king:—Fang feng, 鋼 尝 t'ung yūn. The root is officinal. Taste sweet. Nature warm. Non-poisonous.

Leaves, flowers and seeds also used in medicine.

Pie lu:—Other names of the plant: 厄草 hui ts'ao, 屏風 p'ing feng, 蘭根 kien ken, 百枝 po chi [hundred branches. Comp. also 13]. The fang feng grows in Sha yüan [in Shen si, App. 267], in marshes, also in Han tan [in Chi li, App. 56], Lang ye [in Shan tung, App. 178] and Shang ts'ai [in Ho nan, App. 276]. The root is dug up in the 2nd and 10th months, and dried in the sun.

Wu P'u [3rd cent.]:—The plant is also called 回 尝 hui yūn and 百蜚 po fei. The leaves are slender, round, dark green and yellowish white. In the 5th month it bears yellow flowers, in the 6th black fruits.

The Hung-king observes that a place Sha yuan does not exist [comp. App. 267]. The best drug comes from Peng cheng [in Kiang su, App. 247] and Lan ling [in Shan tung, App. 174] which is not far from Lang ye. It is also exported from Yü chou [App. 412]. A drug of an inferior quality is produced in Siang chou at the frontier of I yang hien [in Ho nan, App. 305, 107].

Su Kung [7th cent.]:—The drug produced in Ts'i chou [in Shan tung, App. 348] and Lung shan [in Chi li, App. 213] is considered the best, but that from Tsz' chou [in Shan tung, App. 367], Yen chou [in Shan tung, App. 404] and Ts'ing chou [in Shan tung, App. 363] is also good. The leaves resemble those of the mou hao [Artemisia. Bot. sin., II, 432] and the fu tsz' [Aconitum. See 134]. T'AO HUNG-KING is wrong in stating that a place Sha yüan does not exist. Sha yüan lies south of T'ung chou. But the drug which comes from that locality is inferior to that from the eastern provinces.

Su Sung [11th cent.]:—It is a common plant in Mid China. Its leaves resemble the tsing hao (Artemisia) but are shorter and smaller. When young they are of a purplish red colour. The people of Kiang tung, of Sung and Po<sup>15</sup> [in An hui, App. 124, 316, 259] eat the young

leaves as a vegetable. They have a pleasant taste. In the 5th month the plant opens its small white flowers. The inflorescence is like that of the shi lo (an umbelliferous plant). The seeds resemble those of the hu sui (Coriander) but are larger. The root is large, of a dirty yellow colour, resembles the root of the shu k'ui (Althæa). The best comes from Ts'i chou [v. supra]. The sort called 石防風 shi fang feng grows in Ho chung fu [in S.W. Shan si, App. 74].

LI Shi-chen:—The drug which is produced in Kiang and in Huai [Kiang su and An hui, App. 124, 89] is the shi (stone) fang feng. It grows on rocks, whence the name. In the second month the people there gather the young leaves for food. They are pungent, sweet and fragrant. It is called 珊瑚菜 shan hu ts'ai (coral vegetable). The root looks coarse and deformed. The plant can be raised from seed.

Ch., VII, 23:—Fang feng. Rude drawing. Umbelliferous plant.

Lour., Fl. cochin., 622:—Coreopsis leucorhiza, sinice fam fum (fang feng). Ibid., 452:—Origanum Dictamnus, sinice: Quam tum (Canton) fam fum. Notandum in provinciis borealibus Sinarum nasci aliam plantam eodem nomine fam fum vocatam, radice carnosa alba, subfuseformi, magni usus in medicina, sed prorsus alienam ab Origano.

D'INCARVILLE, in his list of Peking plants, calls the fang feng Persil des montagnes.

TATAR., Cat., 23:—Fang feng. Rad. Libanotidis?—Gauger [17] describes and figures the same drug, the root of an umbelliferous plant.—P. Smith, 133.

<sup>16</sup> At Peking the name fang feng is applied to two umbelliferous plants, viz. Stenocælium divaricatum, Turcz. (Siler divaricatum, Benth. & Hook.) and Peucedanum rigidum, Bge.

<sup>&</sup>lt;sup>16</sup> Fang fêng in mountains of Hu peh is the name given to Peucedanum terebinthaceum, F.—A. HENRY,

Cust. Med., p. 22 (21):—Fang feng exported in 1885 from Tien tsin 2,319 piculs,—p. 44 (10), from Che foo 1,063 piculs,—p. 2 (11), from New chwang 746 piculs.

Amæn. exot., 825:—防風 boofu & fofu. Ligusticum vulgare.—Ibid., 山防風 san bofu, vulgo jamma bofu. Apium littorale folio Aquilegiæ pinguiore. According to The The Theorem [Fl. jap., 117] this is Peucedanum japonicum. Comp. also infra, 133.

So moku, V, 10:- 防風 Siler divaricatum.

## 32.—獨活 tu huo. P., XIII, 25. T., CXXXIV.

Pen king:—Tu huo, 羗活 k'iang huo, 羗青 k'iang ts'ing, 護羌使者 hu k'iang shi che. The root is officinal. Taste bitter and sweet. Nature uniform. Non-poisonous.

Pie lu:—Other name 獨搖草 tu yao ts'ao (self-moving plant). The tu huo grows in the river valleys of Yung chou [Mid Shen si, App. 424], also in Lung si [in Kan su, App. 216] and Nan yao [unknown, App. 232]. The root is dug up in the 2nd and 8th months and dried in the sun. This plant is not moved by wind, it moves only in still air, whence the above names [tu huo means self-moving].

Wu P'u [3rd cent.] calls it 胡王使者 hu wang shi che.

T'AO HUNG-KING:—The localities mentioned in the Pie lu all belonged in former times to the country of the K'iang [Tibetans, Kukonor, App. 131]. The drug k'iang huo which is produced in those localities is smaller, full of joints, succulent, and of a strong nature. That which comes from I chou [in Sz ch'uan, App. 102], Pei tu [in Shan si, App. 246], Si ch'uan [in Kan su, App. 296] is called tu huo. It is of a whitish colour, larger. Both are used in the same way.

Su Sung [11th cent.]:—The best sorts of the tu huo and the k'iang huo are now produced in Shu Han [Sz ch'uan, App. 293]. The Pen king takes the tu huo and the k'iang huo to be the same, but these names refer to two different although allied plants. That drug (root) which is of a purple colour and has the joints close together is the k'iang huo, that of a yellow colour and forming a large mass is the tu huo.

LI SHI-CHEN:—The tu huo and the k'iang huo are two different species of the same genus. That which grows in China is the tu huo, that produced in Si K'iang [Kukonor, Tibet, App. 300] is the k'iang huo. The tu huo is also called 長生草 ch'ang sheng ts'ao (high-growing plant).

Ch., VII, 24:-Tu huo. Representation of an umbelliferous plant.

D'Incarville [Peking Plants] saw the plant tu huo in the mountains three or four days' journey from Peking. He thinks it was an Angelica [probably A. grosseserrata, Max.].— Tatar., Cat., 21:—Tu huo. Rad. Angelica?—Tatar., Cat., ii:—K'iang huo. Radix.—Gauger [50] describes and figures the same root, which he states has an unpleasant balsamic smell.—P. Smith [18] describes both these drugs as Angelica.

<sup>17</sup> Henry [Chin. pl., 36, 475] identifies the k'iang huo, as well as the tu huo, with Peucedanum decursivum, Max.

Cust. Med., No. 1,364:—Tu huo, Angelica inaqualis, Max.

Cust. Med., p. 70 (72):— Tu huo exported 1885 from Han kow 1,327 piculs,—p. 8 (63), from New chwang 203 piculs.

<sup>&</sup>lt;sup>17</sup> Peucedanum decursirum is called by some of the natives in the I chang mountains tu huo and chiang huo; but I do not consider that the sources of the drugs occurring in commerce under these two names have yet been made out. Several umbelliferous plants are probably concerned.—A. HENRY.

Ibid., p. 66 (11) Sz ch'uan:—K'iang huo exported from Han kow 1,821 piculs,—p. 58 (1), from I chang 383 piculs.

Aman. exot., 826:—獨活 doku quats, vulgo dosjen, udo. Frutex annuus, radice eduli, etc.—Sieb. & Zucc. [Fl. jap., I, p. 57] identify this plant, described by Kæmpfer, with Aralia cordata, Thbg., or A. edulis, S. & Z. Kæmpfer is mistaken with respect to the Chinese and the first Japanese name, which do not belong to the plant he describes and which is Aralia edulis and has another Chinese name. [See 46.]

So moku, V, 34, 35:—獨活 Angelica japonica, A. Gray.
—Phon zo, VII, 16:—Same Chinese name, Archangelica Gmelini, D.C. Japonice dokukwats [comp. supra, Kæmpfer].

The umbelliferous plant figured in the So moku [V, 37] and the Phon zo [VII, 16, 17] sub 羌活 has not been identified by Franchet.

# 33.—升麻 sheng ma. P., XIII, 29. T., CXLIX.

Pen king:—Sheng ma (ascending hemp). The root is officinal. Taste sweet and bitter. Nature uniform, slightly cold. Non-poisonous.

Pie lu:—Other names: A Ki chou ma or chou sheng ma [some believe (Kuang ya, Wu P'u) that Chou here denotes the ancient state of Chou in Mid Shen si, on the Wei River]. The sheng ma grows in the mountain valleys of I chou [in Sz ch'uan, App. 102]. The root is dug up in the 2nd and 8th months and dried in the sun.

T'AO HUNG-KING:—In ancient times the best kind was reckoned to be produced in Ning chou [Yün nan, App. 234]. The drug is small, black and firm. Now that from I chou (Sz ch'uan) is of a good quality. It is small, and after the skin has been taken off shows a green colour. It is called

雞骨 | ki ku (chicken-bones') sheng ma. Another sort is produced in Pei pu [see App. 244]. It is juiceless, large and of a yellow colour. A third sort, which comes from Kien p'ing [App. 139], is also large, of a feeble taste and not much used. It is known by the name of 落新婦 lo sin fu and reputed for neutralizing poison. A decoction of the leaves is used in infantile diseases.

CH'EN TS'ANG-KI [8th cent.]:—The lo sin fu is now more commonly called the 小升麻 siao (little) sheng ma. Medical virtues the same as those of the sheng ma.

MA CHI [10th cent.]:—The *sheng ma* which is brought from Sung Kao [in Ho nan, App. 317] is of a green colour. It has less power than the drug from Shu [Sz ch'uan, App. 292].

Su Sung [11th cent.]:—The sheng ma is produced all over Mid China. The best sort comes from Shu ch'uan [Sz ch'uan, App. 292]. The plant grows three feet high. Its leaves resemble hemp-leaves. In the 4th or 5th month it produces white flowers arranged in a spike like that of the su (Setaria). The fruit is black. The root is like the root of the hao (Artemisia) of a purplish black colour, covered with hair (radical fibres).

LI SHI-CHEN:—The name sheng ma is derived from the resemblance of the leaves to hemp-leaves. Its common name nowadays is JII # Thin ch'uan sheng ma (sheng ma from Sz ch'uan).

Ch., VII, 18:-Sheng ma. Rude drawing.

The name *sheng ma* seems to be applied to various ranunculaceous and saxifragaceous plants.

The sheng ma is noticed in Grosier's Chine [III, 349, chine ma].

TATAR., Cat., 53: - Sheng ma. Radix.

Hanbury, Sc. pap., 261:—Shing ma, rhizome of Thalictrum rubellum. H. relies only upon Siebold's identification of the Japanese drug with the above Chinese name. He is wrong in referring to Cleyer's Med. simpl., 90, sien mao. 18 Cleyer's [16] xim ma is intended for sheng ma.—P. Smith, 216:—Thalictrum.

In the Peking mountains the people apply the name sheng ma to Cimicifuga daurica, Max. (Ranunculaceæ), also to Astilbe chinensis, Max. (Saxifrageæ). The two plants, indeed resemble each other in their outer appearance.

Henry, Chin. pl., 420:—Sheng ma. In Hu pei this name is applied to several species of Astilbe and also to Cimicifuga.

Cust. Med., p. 348 (131):—Sheng ma 1885 exported from Canton 2,047 piculs,—p. 190 (81), from Ning po 145 piculs,—p. 6 (45), from New chwang 44 piculs.—Hank. Med. [37]. The drug is also exported from Han kow.

So moku, X, 12-14, 16:— ## fix various species of Cimicifuga, and ibid. [19] same Chinese name, Astilbe japonica, Miq., ibid. [28] same Chinese name, Anemonopsis macrophylla, S. & Z.—See also Phon zo [VII, 19-24] under the same Chinese name, Cimicifuga, Anemonopsis, Trautvetteria, Astilbe.

HOFFM. & SCHLT, 578:—Thalictrum rubellum, S. & Z., sinice (vide Siebold), a kind of 升 流.

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Pen king:—K'u shen (bitter ginseng), 菩蘵 k'u shi [this name is also applied to another plant. See 106, Physalis, and Bot. sin., II, 547], 水槐 shui huai (water Sophora). The root and the fruit are officinal. Taste of the root bitter. Nature cold. Non-poisonous.

Pie lu:—Other names: 地槐 ti huai (ground Sophora), 菟槐 t'u huai, 驕 l kiao huai, 白莖 pai heng (white stem), 芩莖 k'in heng, 綠白 lū pai (green and white), 陵郎 ling lang, 虎麻 hu ma (tiger's hemp). The k'u shen grows in Ju nan [in Ho nan, App. 110] in the mountains and in fields. The root is dug up in the 3rd, 8th and 10th months and dried in the sun.

T'AO HUNG-KING:—It is a common plant in Mid China. The leaves have a strong resemblance to those of the *huai* (Sophora japonica). Yellow flowers. The fruit is a pod. The root is very bitter.

Su Sung [11th cent.]:--The root is of a yellow colour, from five to seven inches and more long. From three to five stems issue from it, three to four feet high. The leaves are very like those of the *huai* and deciduous. Flowers yellowish white. Fruit (or seeds) small beans.

LI Shi-chen likens the pods of the plant to the siliqua of the radish. Other names 野槐 ye (wild) huai, 苦骨 k'u ku (bitter bone).

Ch., VIII, 5:-Ku shen. Rude drawing. Leguminous plant.

Lour., Fl. cochin., 556:—Robinia amara, Cochinchina, China, sinice khu sem. Radix subcarnosa, multiplex luteofusca, amarissima. Ibid., 555:—R. mitis. Same Chinese name. Both these species are known only from Loureiro's description.

TATAR., Cat., 33:—K'u shen. Radix Robiniæ amaræ [TATARINOV evidently relies upon Loureiro's identification].
—P. Smith, 186.

I have seen the drug k'u shen, obtained from Wen chou fu, transversally cut slices of an exceedingly bitter root, one inch in diameter.

Henry, Chin. pl., 190:—K'u shen in Hu pei is Sophora Kronei, Hance.

Cust. Med., p. 344 (68):—K'u shen root exported 1885 from Canton 56 piculs,—p. 122 (33), from Chin kiang 4 piculs,—p. 294 (304), k'u shen seeds exported from Amoy 3 piculs.

So moku, XIV, 28:— 苦 參 Sophora angustifolia, S. & Z. According to the Ind. Fl. sin. [I, 202] this is identical with S. flavescens, Ait., a common plant in North and Mid China. S. Kronei has also been reduced to this species, which at Peking is called 野 槐 ye (wild) huai.

## 35.—白鲜 pai sien. P., XIII, 36. T., CLVIII.

Pen king:—Pai (white) sien (strong smell). The rind of the root is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The rind of the pai sien (root) is produced in Shang ku [in Chi li, App. 272] in river valleys, also in Yüan kü [in Shan tung, App. 415]. It is gathered in the 4th and 5th months and dried in the shade.

T'AO HUNG-KING:—It is also called 白羊鮮 pai yang (goat) sien. These names refer to the white colour of the root and its strong smell, like the odor of goats. It is therefore also termed 白疸 pai shen (the second character — odor of goats). It is a common plant in Mid China. The best sort is produced in Shu [Sz ch'uan, App. 292].

Su Kung [7th cent.]:—The plant grows more than a foot high. Its leaves resemble those of the Chu yü [Boymia rutacarpa. See 291]. The root has a white rind, is juicy. Purplish white (violet) flowers. The root should be dug up in the second month, for in the 4th or 5th it has already lost its power.

Su Sung [11th cent.]:—It is also called 地羊鮮 ti yang sien. It is common in Ho ch'ung [S.W. Shan si, App. 74], Kiang ning fu [present Nan king, App. 129], Ch'u chou [in An hui, App. 25], Jun chou [in Kiang su, App. 111]. Flowers of a pale purple colour, resemble small shu k'ui (Althæa) flowers. Root like a small turnip with a yellowish white rind. The mountain people eat the young leaves.

Li Shi-chen:—The fruit consists of several carpels like that of the tsiao (Zanthoxylon). The plant is therefore also called 金雀兒椒 kin tsio rh tsiao (golden bird's Zanthoxylon).

Ch., VII, 40:—Pai sien. Rude figure. Plant with pinnate leaves. Ibid., X, 6:—Pai sien p'i. This figure may be intended for Dictamnus. The drug pai sien obtained from an apothecary's shop in Peking, a white root cut in slices, seemed to belong, according to Prof. Flückiger, to a Dictamnus. The above Chinese description agrees in a general way. Dictamnus albus, L. (D. Fraxinella, Pers.) is a plant which exhales a strong but not unpleasant odor. It has a white root which in former times was used in medicine in Europe. It is known from Manchuria, Corea, Japan. [Ind. Fl. sin., I, 104.]

Cust. Med., p. 10 (78):—Pai sien p'i exported 1885 from New chwang 170 piculs,—p. 104 (86), from Wu hu 4 piculs.—Hank. Med., 31:—Exported also from Han kow.

Phon zo, VII, 26:—白鮮 Dictamnus Fraxinella.

# 36.—貝母 pei mu. P., XIII, 39. T., CXXIX.

Comp. for other ancient names Bot. sin., II, 75, 423.

Pen king:—Pei mu (mother of cowry shell). In the Index of the Pen king it is called 藥寶根 yao shi ken.

The root (bulbs) officinal. Taste pungent. Nature uniform. Non-poisonous.

Pie lu:—Other names: 勤母 k'in mu, 苦菜 k'u ts'ai, 苦花 k'u hua, 空草 k'ung ts'ao. The pei mu grows in the country of Tsin [Shan si, App. 353]. The root is dug up in the 10th month and dried in the sun.

T'AO HUNG-KING: — The root resembles cowry shells collected together, whence the name pei mu.

Su Kung [7th cent.]:—Leaves like garlic-leaves. The root ought to be gathered in the 4th month, when garlic is ready. In later months it is not good. The best drug is brought from Jun chou [in Kiang su, App. 111], King chou [in Hu pei, App. 146] and Siang chou [in Hu pei, App. 305]. It is also produced in Kiang nan [South of the Yang tsz', App. 124].

Su Sung [11th cent.]:—Localities enumerated where the drug is produced, in present Kiang su, An hui, Ho nan, Hu pei, S. Shan si. Its leaves resemble those of buckwheat. It bears greenish flowers resembling in shape the ku tsz' [Convolvulus. See 169]. The root is dug up in the 8th month. It consists of many (small) bulbs collected together and resembling cowry shells. There are many sorts of pei mu.

Ch., VII, 42:—Pei mu. Representation of a tuberous plant with hastate leaves.

Lour., Flor. cochin., 423:—Thalictrum sinensé (a plant known only from Loureiro's description), sinice poi mu. Radix tuber subrotundus, solidus, albissimus. Root used in medicine.

P. SMITH, 225:—Pei mu, Uvularia grandiflora, and [112] pei mu, Hermodactyle or corms of Colchicum. Both identifications are wrong.

Interesting notices regarding the pei mu, cultivated near Ning po, are found in the Reports on Trade [Chin. M. Customs] for 1869, p. 61, and for 1880, p. 142. It is there stated that these bulbs are much larger than the pei mu produced in Sz ch'uan, but do not possess medicinal properties to the same extent as the Sz ch'uan drug.—See also the same Reports for 1879, p. 32, Han kow, regarding the 川貝貝 中 pei mu from Sz ch'uan, where it is much cultivated and is in great repute for the treatment of several diseases.

Father David states [Journ. N. Ch. Br. As. Soc., VII, 212] that the pei mu which grows in the high mountains of Mu pin [Tibet, on the border of Sz ch'uan] and the corms of which are much used in medicine, is a Fritillaria with yellow flowers. This is, according to Franchet [Planta David., II, 130], Fritillaria Roylii, Hook.— Fortune [Res. am. the Chinese, 261] speaks of a Fritillaria with grayish white flowers, cultivated near Ning po for its bulbs, used in medicine. This is, it seems, the pei mu mentioned in the Reports on Trade.—Henry, Chin. pl., 366:— The name pei mu in Hu pei is applied to a Pleione (Orchid), but this is not the Sz ch'uan drug of the same name.

Cust. Med., p. 76 (135):—川貝母 pei mu from Sz ch'uan exported 1885 from Han kow 356 piculs,—p. 62 (51), from I chang 281 piculs.—Ibid., 190 (104), 土貝母 native pei mu exported from Ning po 2,474 piculs.

So moku, V, 81:—貝母 Fritillaria Thunbergii, Miq. (Uvularia cirrhosa, Thbg.). Yellow flowers.—See also Kwa wi, 10.

## 37.—白茅 pai mao. P., XIII, 45. T., CIII.

Comp. for other ancient names Bot. sin., II, 183, 459.

 officinal. Taste sweet. Nature cold. Non-poisonous. The young sprouts and the flowers are also used in medicine.

Pie lu:—The mao ken grows in the country of Ch'u [Hu kuang, App. 24], in mountain valleys and fields. The root is dug up in the 6th month.

T'AO HUNG-KING:—It is now called 白茅菅 pai mao kien. The root resembles the cha k'in (a kind of celery), is of a sweet, pleasant taste.

Su Sung [11th cent.]:—It is a common plant. Its sprouts, which shoot forth in spring and cover the ground, are like needles. The people call them 茅針 mao chen (mao needles). These sprouts are edible and good for children. In summer the plant bears white, plushy flowers, and withers in autumn. The root is very white. It is dug up in the 6th month. The plant 菅 kien is a kind of mao.

LI SHI-CHEN:—There are several sorts of mao, viz. the pai (white) mao, the kien mao, the huang (yellow) mao, the hiang (fragrant) mao, the H | pa mao. The leaves in all these plants are the same (for they are all grasses).

The pai mao plant is short and small. In the 3rd month it bears white flowers in panicles, followed by small fruit (seeds). The root is white, very long, flexible like a tendon, provided with joints, of a sweet taste. The people call it \$\frac{1}{8} \cdot sz' mao (floss silk mao). The plant can be used for thatching. It is likewise employed for wrapping up things offered in sacrifice. This is the drug mao ken, spoken of in the Pen king. The dry root, at night, gives out a light, and after decaying changes into glow-worms.

The pai mao is a grass, Imperata. For further particulars see Bot. sin., II, 459.

The Cust. Med. [p. 278 (76)] notices the mao ken as exported in a small quantity from Amoy, and [p. 344 (89)] c. 290 piculs imported from Hong kong into Canton. It is not stated from what Chinese port it was brought to Hong kong.

38.—地筋 ti kin (earth tendon). P., XIII, 49. T., CXXXVIII.

Pie lu:—Other names: 菅根 kien ken, 土筋 t'u kin (earth tendon). The ti kin is produced in Han chung [S. Shen si, App. 54]. The root is covered with hair (radical fibres). It is dug up on the 3rd day of the 3rd month. It is used in the same way as the pai mao.

T'AO HUNG-KING:—It (the root) is smaller than the pai mao.

LI SHI-CHEN states (sub pai mao) that the kien mao resembles the pai mao but it is longer. It grows in the mountains. It flowers in autumn (the pai mao in summer). When in seed it bears sharp pointed bristles which stick to clothes. The root is short, hard, like a small bambooroot, jointless. As a medicine it is less potent than the pai mao root.

For further particulars see Bot. sin., II, 460.

## 39.— 龍 騰 lung tan. P., XIII, 50. T., CLXIV.

Pen king:—Lung tan (dragon's gall). The root is officinal. Taste bitter and harsh. Nature very cold. Non-poisonous.

In the Kuang ya, 陵游 ling yu is given as an old name for lung tan.

Pie lu:—The lung tan grows in Ts'i k'ü [unknown, App. 349] in mountain valleys, also in Yüan kü [in Shan tung, App. 415]. The root is dug up in the 2nd, 8th, 11th and 12th months and dried in the shade.

T'AO HUNG-KING:—It is a common plant in Mid China. The drug from Wu hing [in Che kiang, App. 390] is the best. The root resembles that of the niu si [Achyranthes. See 101], is exceedingly bitter.

Su Sung [11th cent.]:—Its root is perennial, of a yellowish white colour. It has about ten branches, resembles the niu si [v. supra] but is shorter The plant grows about one foot high. Leaves like young garlic-leaves. The stem is slender like a small bamboo-branch. The flowers, which appear in the 7th month, are bell-shaped, of a blue colour, resemble the k'ien niu [Pharbitis. See 168]. It is commonly called 草 [ ts'ao (herbaceous) lung tan. There is another kind which is called 山 [ shan (mountain) lung tan. It is of a bitter harsh taste. It does not lose its leaves by hoar frost. The mountain people employ it for the cure of various diseases.

Kiu huang, XLVI, 27, and Ch., VIII, 6, and X, 40:— Lung tan ts'ao. The figures represent Gentiana.

In Morrison's Engl. Chin. Dictionary (1822), lung tan ts'ao is given as the Chinese name for Dictamnus albus. See also P. Smith, 87. Probably a mistake.

TATAR., Cat., 36:—Lung tan ts'ao. Rad. Gentianæ.—
P. Smith [102] suggests that the lung tan ts'ao may probably be the Gentiana asclepiadea, but this species (European) has not been recorded from China.

It seems that in China the name lung tan is applied in various provinces to different species of Gentiana. In the Peking mountains lung tan is G. barbata, Froel., and G. Olivieri, DC. The Ind. Fl. sin. [II, 123-138] enumerates 57 Chinese species of this genus.

Cust. Med., No. 791:—Lung tan, Gentiana scabra, Bge. (Hu peh).

Cust. Med., p. 6 (26):—Lung tan ts'ao exported 1885 from New chwang 64 piculs,—p. 202 (277), from Ning po 28 piculs,—p. 132 (178), from Chin kiang 32 piculs,—p. 114 (210), from Wu hu 3 piculs.

So moku, IV, 48, 49:—龍膽草 Gentiana Buergeri, Miq.—Phon zo [VIII, 5, 6] same Chinese name. Several species of Gentiana.

## 40.—細辛 si sin. P., XIII, 51. T., CLXI.

Pen king:—Si sin (slender and pungent), ↑ ≱ siao sin. The root is officinal. Taste pungent. Nature warm. Non-poisonous.

In the Shan hai king it is called 少辛 shao sin.

Pie lu:—The si sin grows in the mountain valleys of Hua yin [in Shen si, App. 87]. Root dug up in the 2nd and 8th months and dried in the shade.

T'AO HUNG-KING:—Now the drugs from Tung yang and Lin hai [both in Che kiang, App. 376, 192] are used, but they are inferior to the *si sin* from Hua yin.

Su Sung [11th cent.]:—The true *si sin* from Hua chou [in Shen si, App. 85] is slender (fine rootlets) and of a very pungent taste, whence the name. It is frequently substituted for the *tu heng* [v. infra].

LI Shi-chen:—The ancient Po wu chi [3rd cent.] observes that the si sin is frequently confounded with the tu heng. The difference between these two plants is that the si sin has tender leaves resembling those of a small mallow. The stem is slender, the root is straight, of a purple colour and very pungent in taste. The tu heng has leaves resembling a horse's hoof, a coarser stem, a contorted root of a yellowish white colour and a pungent taste.

For identification see the next.

#### 41.—杜 衡 tu heng. P., XIII, 54. T., CXLVIII.

The Pen king gives this name as a synonym for tu ju [v. infra, 55], but the Pie lu applies it to another plant.

Comp. also Bot. sin., II, 156, 414.

Pie lu:—The tu heng is a mountain plant. The root is dug up on the 3rd day of the 3rd month and dried in the sun.

T'AO HUNG-KING: — In its root and leaves it much resembles the *si sin*, but it is less potent. It is not much used in medicine. The Taoists employ it for scenting clothes.

The T'ang Pen ts'ao [7th cent.] calls it 馬蹄香 ma t'i hiang (horse's-hoof fragrance).

Su Sung [11th cent.]:—It is a common plant in Mid China. Perennial root. A small branchless plant, two to three inches high. Leaves like a horse's hoof in shape. Purple flowers. Fruit of the size of a pea, contains small seeds.

The si sin and the tu heng are both species of Asarum. See Bot. sin., II, l.c.

Tatar., Cat., 44:—Si sin. Folia Heterotropæ asaroides (= Asarum Thunbergii, Al. Br.).—P. Smith, 112.

The drug si sin received from an apothecary's shop in Peking consisted of the tender, fibrous roots with some leaves of an Asarum.

Cust. Med., p. 2 (14):—Si sin exported 1885 from New chwang 2,044 piculs,—p. 44 (13), from Che foo 20 piculs,—p. 68 (37), ma sin (ma t'i hiang) from Han kow 132 piculs,—p. 302 (407), from Amoy the same exported in a small quantity.

#### 42. 一及已 ki ki. P., XIII, 55. T., CXXXIV.

The Pie lu has only the name (ki ki), no details.

Su Kung [7th cent.]:—The ki ki grows in the mountains, in shady valleys. The plant has only one stem, at the top of which are four leaves. The flowers are white, issue

between the leaves. The root resembles that of the si sin [Asarum. See 40] but is of a black colour, bitter and poisonous. It is dug up in the 2nd month and dried in the sun.

LI SHI-CHEN adds that the plant is also called 獐耳納辛 chang rh si sin. Chang rh (—deer's ear) refers to the shape of the leaves.

Ch., VIII,  $29 : -Ki \ ki$ . Representation of a plant with leaves in accordance with the above description.

So moku, II, 49:一及己 Chloranthus serratus, Roem. & Sch.—DC. Prodr. [XVI, 1, 475]. Caule simplici ultrapedali herbaceo . . . . foliis 4 approximatis . . . . See also Kwa wi, 12.

SIEB., Icon. ined., VII:—及己 Tricercandra quadrifolia, A. Gray. (Same as Chloranthus japonicus, Sieb.), known also from China.

## 43.—徐長卿 sũ ch'ang k'ing. P., XIII, 57. T., CLXXI.

Pen king:—Sü ch'ang k'ing, 鬼督郵 kui tu yu. The root is officinal. Taste pungent and bitter. Nature uniform. Non-poisonous.

As Li Shi-chen explains, Sü Ch'ang k'ing is properly the name of a man, a physician in whose memory the plant was named. In the Index of the Pen king we find besides sü ch'ang k'ing also a name of a plant 石下長卿 shi hia ch'ang k'ing, which name seems to refer to its growing beneath (among) stones. Some ancient authors consider it identical with the sü ch'ang k'ing, others say it is a distinct plant.

Pie lu:—The sũ ch'ang k'ing grows on the T'ai shan mountain [in Shan tung, App. 322], also in Lung si [in Kan su, App. 216]. It is dug up in the 3rd month. The shi hia ch'ang k'ing grows likewise in Lung si, in marshes.

The description given of the sü ch'ang k'ing by the ancient authors is not characteristic. A rude drawing of the plant is found in the Ch. [VII, 21]. Comp. Henry, Chin. pl., 154.

So moku, IV, 30:—徐 長 卿 Pycnostelma chinensis, Bge.—See also Kwa wi, 33.

The 鬼 喜郵 kui tu yu, which name in the Pen king is given as a synonym for the sü ch'ang k'ing and also for the ch'i tsien [vide 11], is considered by the authors who commented upon the ancient Materia Medica, to be a distinct plant which resembles the former only in its root. See P., XIII, 56.

Su Kung [7th cent.] describes the kui tu yu as a plant with a single always moving stem, at the top of which the leaves are inserted like an umbrella.—Another author says that the flowers come out between the leaves and are of a yellowish white colour. It is figured in the Ch. [VIII, 30] in accordance with the above description.

So moku, XVI, 2:—鬼都郵 Macroclinidium verticillatum, Franchet, a Composita. The leaves are arranged in a whorl at the top of the stem. White flowers.

## 44.—白 微 pai wei. P., XIII, 58. T., CLVII.

Pen king:—Pai (white) wei, 春草 ch'un ts'ao (spring herb). The root is officinal. Taste bitter, saltish. Nature uniform. Non-poisonous.

LI SHI-CHEN refers this plant to Rh ya, 147. It has been erroneously identified by the commentators of the Rh ya with the mang ts'ao [see 158].

Pie lu:—Other names: 薇草 wei ts'ao, 白幕 pai mo, 骨美 ku mei. The pai wei grows in the river valleys of P'ing yüan [in Shan tung, App. 258]. The root is dug up on the 3rd day of the 3rd month and dried in the shade.

T'AO HUNG-KING says it is a common plant in Mid China.

SU SUNG [11th cent.]:—It grows in Mid and North China. Its leaves resemble willow-leaves. Red flowers. Root yellowish white.

Kiu huang, L1I, 26, and Ch., VII, 39, sub pai wei, rude drawings showing large follicles. An Asclepiadea seems to be intended.

Cust. Med., p. 346 (113):—Pai wei exported 1885 from Canton 13 piculs,—p. 188 (71), from Ning po 1.75 picul.

So moku, IV, 26:—白 薇 Vincetoxicum acuminatum, Morr. & Den. (Maxim.),—[27] same Chinese name, V. atratum, Morr. & Den. and [28] V. macrophyllum, S. & Z.

# 45.—白前 pai ts'ien. P., XIII, 60. T., CLVII.

This is mentioned in the *Pie lu* as a drug (root) useful in cough. Taste sweet. Nature slightly warm. Non-poisonous.

T'AO HUNG-KING:—The pai ts'ien grows in Mid China. The root resembles that of the si sin (Asarum) but is larger, of a white colour, not soft, breaks easily. It is much used in curing cough.

Su Kung [7th cent.]:—The plant grows a foot and more high. Leaves like willow-leaves, also like the leaves of the yūan hua [Daphne. See 156]. The root is longer than the si sin root, white. It grows on islets and on sandy ground. It is commonly called 石藍 shi lan also 嗽藥 sou yao (cough medicine).

Ch., VIII, 26:—Pai ts'ien. The plant represented shows only leaves.

Cust. Med., p. 346 (105):—Pai ts'ien exported 1885 from Canton 9 piculs.

So moku, IV, 32:—白前 Vincetoxicum purpurascens, Morr. & Den.

#### 46.—當歸 tang kui. P., XIVa, 1.—T., CXXXII.

Pen king:—Tang kui, 乾歸 kan kui. The root is officinal. Taste bitter. Nature warm. Non-poisonous.

For other ancient names see Bot. sin., II, 5, 49.

Pie lu:—The tang kui grows in Lung si [in Kan su, App. 216] in river valleys. The root is dug up in the 2nd and 8th months and dried in the shade.

In the Ku kin chu [4th cent.] the plant is called 交無wen wu.

Su Kung [7th cent.]:—The tang kui is produced in Tang chou [in Sz ch'uan, App. 332], in Tang chou [in Kan su or Sz ch'uan, App. 331], this is of a superior quality, in I chou [in Sz ch'uan, App. 102], in Sung chou [in Sz ch'uan, App. 318]. There are two kinds. One resembles the large-leaved kung k'iung [Angelica. See 47] and is called ma wei tang kui [v. supra]. This is now much used. The

other resembles the small-leaved kung k'iung. It is called 蠶頭 | ts'an t'ou (silk-worm's-head) tang kui. This is the drug from Li yang spoken of by T'AO HUNG-KING. It is not much used.

Su Sung [11th cent.]:—The tang kui grows in Ch'uan Shu [Sz ch'uan, App. 26], Shen si [App. 284], also in Kiang ning fu [Nan king, App. 129], Ch'u chou [in An hui, App. 284]. The best drug comes from Shu (Sz ch'uan). The leaf is divided into three segments. It flowers in the 7th or 8th months. The flowers resemble those of the shi lo (Anethum?), and are of a pale purple colour. The drug which is thick and fleshy, of a dark yellow colour and not rotten, is the best.

LI SHI-CHEN:—The drug is now much cultivated for sale by the people of Sz ch'uan, Shen si, Ts'in chou [in Kan su, App. 358] and Wen chou [in Sz ch'uan, App. 387]. The ma wei tang kui from Ts'in chou is the best.

Ch., XXV, 14:—Tang kui. Rude drawing representing, it seems, an umbelliferous plant.

The aromatic root tang kui brought from Sz ch'uan, and much valued by the Chinese, was sent to Paris, in 1723 by the Jesuit Father Parennin. [See my Earl. Eur. Res. Fl. Ch., p. 31]. D'Incarville [Peking Plants] says it is a kind of "Ache" (Celery).

Tatar., Cat., 19:—Tang kui. Rad. Levistici chinensis?—Gauger [13] describes and figures the root. He thinks that it belongs to an umbelliferous plant.—Hanb., Sc. pap., 260:—Tang kwei, described as a fleshy branchy root . . . approaching in odour that of Celery or Angelica. Hanbury identifies it erroneously with Aralia edulis, as does also P. Smith [20], but [p. 133] the latter refers the name tang kui to Levisticum.

Cust. Med., p. 70 (63):—Tang kui exported 1885 from Han kow 11,700 piculs,—p. 60 (23), from I chang 650 piculs,—p. 26 (57), from Tien tsin 441 piculs,—p. 46 (31), from Che foo 80 piculs.

Cust. Med., No. 1,250:—The Sz ch'uan tang kui is the root of an Umbellifer not yet determined.

So moku, V, 5:一當歸 japonice toki, Legusticum acutilobum, S. & Z.

Sieb., Æcon., 246:—Apium ternatum, japonice toki, sinice 🖺 Herba edulis ac medici usus. Siebold's Apium ternatum is Ligusticum acutilobum.—This identification is not in contradiction with the Chinese description of the tang kui. L. acutilobum is known from Japan, Corea, Formosa. According to Dr. Henry, Angelica polymorpha, var. sinensis, Oliv., is the source of the drug tang kui exported from I chang and Han kow. See Hooker's Icones. Plant, tab. 1999.

There is a plant 土 當歸 t'u (native) tang kui noticed in the P. [XIII, 28], but the plant is not described. Drawings of it are given in the Kiu huang, XLIX, 27, and Ch., XXV, 5. From these drawings and the descriptions there it may be concluded that it is an umbelliferous plant. It is said to grow wild in the mountains of Kiang si and Hu nan.

So moku, V, 53:—土 當歸 japonice udo, Aralia cordata, Thbg. This is the same as A. edulis, S. & Z., Flora japon. [I, p. 57, tab. 25] and Sieb. [Œcon., 242]. Accordding to Siebold the udo is universally cultivated in Japan, in fields and gardens, and valued chiefly on account of its root, which is eaten like Scorzonera. The young stalks are also a delicious vegetable. S. thinks that the plant has been introduced into Japan from China. It is, however, not mentioned in the Ind. Fl. sin. Whether the Chinese t'u tang kui is Aralia edulis is doubtful.

The udo is described by Kæmpfer, Aman. exot. [826] but the Chinese characters there and the names doku quatz, do sjen are erroneous, for they are applied to an Angelica [see 32].

### 47.—芎 藭 kung k'iung. P., XIVa, 5. T., CXLV.

Pen king:—Kung k'iung. The root is officinal. Taste pungent. Nature warm. Non-poisonous.

The plant kung k'iung is repeatedly mentioned in the Shan hai king.

Pie lu:—Other names: 胡 [ hu k'iung, 香果 hiang kuo. Name of the leaves 蘼蕪 mi wu. The kung k'iung grows in the river valleys of Wu kung, also in Sie ku and Si ling [all in Shen si, App. 393, 309, 301]. The root is dug up in the 3rd and 4th months and dried in the sun.

T'AO HUNG-KING:—The localities Wu kung, Sie ku Si ling are all near Ch'ang an [in Shen si, App. 393, 309, 301, 3]. The drug is now produced in Li yang [in An hui, App. 186]. The plant is also much cultivated. It has fragrant leaves which resemble those of the she ch'uang [Cnidium. See 49]. Large joints. The stem is slender, looks like a horse's bit, whence the name 馬街 [ ma hien (horse's-bit) kung k'iung. That found in Shu (Sz ch'uan) is smaller.

Su Kung [7th cent.]:—The drug kung kiung is now produced in Tsin chou [in Kan su, App. 358]. That from Li yang is no longer in use. The kung kiung is also cultivated. This drug (the root) represents large fleshy masses which contain much resin. That brought from the mountains is smaller in size, poor, and of a bitter, pungent taste. The best time for digging it up are the 9th and 10th months,

Su Sung [11th cent.]:—The plant grows in Shen si [App. 284], Ch'uan Shu [Sz ch'uan. App. 26] and in the mountains of Kiang tung [An hui, Kiang su, etc., App. 124], the best is that from Shu Ch'uan (Sz ch'uan). Its leaves resemble those of the shui k'in [Enanthe. See 250], the hu sui (Coriandrum), the she ch'uang (Cnidium). They grow in a bushy manner, but the stem is slender. The leaves are very fragrant. The people of Kiang tung and Shu gather them for preparing a beverage. It flowers in the 7th or 8th month. Small white flowers like those of the she ch'uang. The root is hard and poor, of a yellowish black colour. The drug which comes from Kuan chung [Shen si, App. 158] consists of compact masses resembling the brain of a bird, whence the name \(\mathbb{E}\) \

II Shi-chen:—The best sort comes from Hu Jung [N.E. Tibet, App. 82]. Ancient authors call it ma hien kung k'iung, from the resemblance of the root with its joints to a horse's bit. Another kind is called tsio nao kung. That from Kuan chung [Shen si, App. 158] is called 京 [king kung, also 西 [si kung, that produced in Shu (Sz ch'uan) is JII [ch'uan kung, that brought from T'ien t'ai [in Che kiang, App. 340] is called 台 [t'ai kung, that from Kiang nan [App. 124] is 撫 [fu kung. In Shu (Sz ch'uan) the kung k'iung is much cultivated. The leaves continue without withering till late in autumn. The root is perennial.

The JII | ch'uan kung is figured in the Kiu huang [XLVI, 31], only leaves and the root, a nodular roundish mass. Evidently an umbelliferous plant. See also Ch., XXV, 4.

TATAR., Cat., 18:—大川 芎, the great kung from Sz ch'uan, Rad. tuberosa Levistici?.—GAUGER [12]:—The same

drug figured and described: the thick, globular, nodose rhizome of an umbelliferous plant resembling in taste and odour that of Parsley.

TATAR., Cat., 24:—茯 芎 fu kung [I suspect the first character is a mistake for 撫 fu (v. supra)], Rad. tuberosa Levistici.—GAUGER [19]:—The drug fu kung figured and described as resembling the ch'uan kung, but smaller.

Hanb., Sc. pap., 260:—Ch'uan kung. Nodular masses consisting apparently of the root stock of some umbelliferous plant allied to Angelica, etc. The odour of the drug resembles that of the tang kui [see 46].

Cust. Med., No. 247:—川 芎 ch'uan kung, Pleuro-spermum, sp., or Conioselinum univittatum, Turcz. (Umbellif.)

Cust. Med., p. 66 (13):—Ch'uan kung exported 1885 from Han kow 7,180 piculs,—p. 58 (6), from I chang 1,368 piculs.—Ibid., p. 66 (21), si kung exported from Han kow 77 piculs,—p. 342 (62), from Canton 50 piculs.

So moku, V, 2:—芎藭 or 川芎 umbelliferous plant not identified by Franchet. The Phon zo [IX, 4] represents the large nodose roots of the same plant. See also Kwa wi, 34, 川芎, sen kiu.

So moku, V, 2, 3:—大葉川芎 (large-leaved), Angelica refracta, Fr. Schm.

Sieb., Pl. œcon., 254:—Selinea? Sinice 芎藭, jap. sen kjo. Colitur in usum officinarum. Siebold's senkjo is, according Franchet, Angelica decursiva, Miq.

### 48.—藤蕪 mi wu. P., XIVa, 9. T., CXLIII.

Pen king:—Mi wu. Leaves officinal. Taste pungent. Nature warm. Non-poisonous.

For other ancient names see Bot. sin., II, 89, 412.

Pie lu:—Other names: 被禁 wei wu, 江麓 kiang li. The leaves of the kung k'iung plant are the mi wu [v. 47]. The mi wu is brought from the marshes of Yung chou [Mid Shen si, App. 424] and Yüan kü [in Shan tung, App. 415]. The leaves are gathered in the 4th and 5th months and dried in the sun.

T'AO HUNG-KING:—The plant is produced in Li yang [in An hui, App. 186] where it is much cultivated by the people. The leaves are fragrant, resemble those of the she ch'uang (Cnidium). The plant is frequently mentioned by poets but seldom used in medicine.

Su Kung [7th cent.]:—There are two sorts, both fragrant. One has the leaves of the k'in (Celery), the other resembles the she ch'uang (Cnidium).

LI Shi-chen quotes an ancient author who states that the name kiang li is derived from the name of the provinces situated on the (lower) Kiang (Yang tsz' kiang), where the plant grows. The Pie lu gives kiang li as a synonym for mi wu, but Sz' ma Siang ju (the celebrated poet, who lived in the 2nd cent. B.C.) in one of his poems keeps them apart. The tender young leaves of the plant are called mi wu. The same plant, after the roots have developed, is called kung k'iung. The mi wu has small leaves resembling the she ch'uang. The kiang li is a variety of it. It has large leaves resembling the k'in (Celery).

#### 49.—蛇蛛 she ch'uang. P., XIVa, 10. T., CLXVII.

Pen king:—She ch'uang (serpent's bed), 蛇栗 she su (serpent's millet), 蛇米 she mi (serpent's rice). The seeds are officinal. Taste bitter. Nature uniform. Non-poisonous.

For other ancient names see Bot. sin., II, 157.

Pie lu:—Other names: 牆 蘪 ts'iang mi, 思益 sz' i, 繩毒 sheng tu, 棗 棘 tsao ki. The she ch'uang grows in Lin tsz' [in Shan tung, App. 194] in river valleys and fields. The fruit (seeds) is gathered in the 5th month and dried in the shade.

T'AO HUNG-KING:—It is common in fields. Flowers and leaves resemble those of the mi wu [see 48].

Han Pao-sheng [10th cent.]:—The leaves resemble those of the small-leaved kung kiung [see 47]. White flowers. Seed like millet, yellowish white. The plant grows in low, moist places. The best kinds are produced in Yang chou [Kiang su and Che kiang, App. 400] and Siang chou [in Hu pei, App. 305].

Su Sung [11th cent.]:—The plant grows two or three feet high. Fine leaves, like those of the hao (Artemisia). Flowers white, arranged at the end of the stalks like an umbrella, more than a hundred together, forming a nest [the author means to describe an umbelliferous inflorescence] like the ma k'in [see Bot. sin., II, 38]. The seeds are light, of a grayish yellow colour, like millet.

The she ch'uang is Cnidium Monnieri. For further particulars see Bot. sin., II, 157.

Cust. Med., p. 372 (419):—Seeds of she ch'uang exported from Canton 7 piculs,—p. 296 (334), from Amoy 0.3 picul.

# 50.—薹本 kao pen. P., XIVa, 12. T., CXLIX.

Pen king:—Kao pen, 鬼卿 kui k'ing, 鬼新 kui sin. The root is officinal. Taste pungent. Nature warm. Non-poisonous.

Pie lu:—It is also called 微莖 wei heng. The kao pen grows in the mountain valleys of Sung shan [in Ho nan, App. 317]. The root is dug up in the 1st and 2nd months and dried in the sun. The fruit (seeds) are likewise used in medicine.

Su Kung [7th cent.]:—The *kao pen* in its stem, leaves and root, and also in taste, is very much like the *kung k'iung*. The best is produced in Tang chou [in Kan su, App. 331].

Su Sung [11th cent.]:—The plant grows in Si ch'uan [in Kan su, App. 296], Ho tung [Shan si, App. 80], Yen chou [in Shan tung, App. 404], Hang chou [in Che kiang, App. 58]. The leaves resemble those of the pai chi hiang [see 51] and the kung k'iung, but are smaller. In the 5th month it bears white flowers, in the 7th or 8th month it produces seed. The root is of a purple colour.

LI Shi-chen:—The kao pen grows in the mountain recesses of Kiang nan [Kiang su, An hui, App. 124]. The root resembles that of the kung kiung, but is lighter and less juicy. It is unfit for making a beverage (decoction, for which purpose the kung kiung is used). In ancient times it was used as a perfume and called kao pen hiang.

Tatar., Cat., 26:—Kao pen. Rad. Conii seu Cicutæ? Erroneous identification.—P. Smith, 62.

In Japan the above Chinese name is applied to Nothosmyrnium japonicum, Miq. (Umbellifera). For further particulars see Bot. sin., II, 413.

Cust. Med., p. 342 (62):—Kao pen exported 1885 from Canton 50 piculs,—p. 168 (417), from Shang hai 0.65,—p. 186 (46), from Ning po 0.53 picul.

In Hu peh the drug kao pen is derived from Ligusticum sinense, Oliv. See Dr. Henry's note in Hooker's Icones. Plant., tab. 1958.

# 51.—白芷 pai chi. P., XIVa, 14. T., CLVII.

Pen king:—Pai chi, 【 香 pai chi hiang, 白茝 pai ch'i, 芳香 fang hiang (fragrance). The root is officinal. Taste pungent. Nature warm. Non-poisonous.

Pie lu:—Other names: 澤芬 tse fen (marshes' fragrance), 苻離 fu li. The pai chi grows in Ho tung [S.W. Shan si, App. 80], in river valleys and marshes. The root is dug up in the 2nd and 8th months. The leaves are likewise used in medicine.

T'AO HUNG-KING:—It is a common plant in Eastern China. The leaves are used as a perfume.

Su Sung [11th cent.]:—It is common in the country of Wu [Kiang su, App. 389]. Root more than one foot long, coarse or slender, of a white colour. Leaves opposite as broad as three fingers. Yellowish white flowers. The best is produced in Huang tse [unknown. App. 96].

Tatar., Cat., 4:—Pai chi. Radix Umbelliferæ (Angelicæ).
—Gauger, 4:—Same drug figured and described. Umbellifera.—P. Smith [120] identifies it erroneously with Iris florentina.

LOUREIRO, Fl. cochin., 114:—Dorstenia chinensis (a dubious plant unknown to botanists), sinice pe chi. Habitat in provinciis borealibus imperii Sinensis. Radix aromatica in usum medicum. It seems that Loureiro described the plant partly from a Chinese drawing.

Cust. Med., No. 940:—Pai chi. Root of Angelica anomala, Pall.

Cust. Med., p. 68 (45):—Pai chi exported 1885 from Han kow 1,825 piculs,—p. 142 (78), from Shang hai 550 piculs,—p. 58 (16), from I chang 337 piculs.

For further particulars regarding the pai chi, an umbelliferous plant, see Bot. sin., II, 410.

### 52.—芍藥 shao yo. P., XIVa, 18. T., CXV.

Pen king:—Shao yo. The root is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—Other names: 型食 li shi, 餘容 yū yung, 延 yen. The shao yo grows on the Chung yo mountain [in Ho nan, App. 33] in river valleys. The root is dug up in the 2nd and 8th months and dried in the sun.

Other ancient names: 將離 tsiang li,離草 li ts'ao.

T'AO HUNG-KING:—The best sorts are found on the Pai shan and Tsiang shan mountains [both unknown. App. 238, 351] and on the Mao shan [in Kiang su, App. 218]. The root is white and about a foot long. The plant is also found in other localities, but that is for the greater part the red sort, which is of an inferior quality.

MA CHI [10th cent.]:—There is a white and a red sort (according to the colour of the root). The flowers are also white or red.

Sung [11th cent.]:—It is a common plant. The best drug comes from Huai nan [An hui, Kiang su, App. 90]. The young sprouts are of a red colour. Leaves on the top of the stem, three branches, five leaves (the author means biternate leaves) resembling the leaves of the mou tan [Pæonia mou tan. See 53], but they are longer and narrower. The plant is from one to two feet high. Its flowers are white, red or purple. The fruit resembles that of the mou tan, but is smaller. According to the Ku kin chu [4th cent.] there are two kinds of shao yo, the ‡ [ ts'ao (herbaceous) shao yo and the 木 [ mu (tree) shao yo. The latter has large flowers of a deep (red) colour and is commonly called 牡丹 mou tan [see 53]. According to other authors the mu shao yo is a name for the purple

shao yo, (the root of which) is poor and fibrous, whilst the shao yo with a white, fat root is called  $\textcircled{2} \mid kin \pmod{9}$  shao yo.

Ch'en Ch'eng [11th cent.] says, that the shao yo, mentioned as a wild plant by the ancient authors, is now much cultivated by the people.

LI Shi-chen:—In ancient times Lo yang [the ancient capital of China, in Ho nan, App. 201] for the cultivation of its mou tan flowers and Yang chou [in Kiang su, App. 400] for its shao yo. For medical use now the drug obtained from the shao yo cultivated in Yang chou is generally employed. There are more than thirty varieties of the cultivated shao yo, single and double flowered. The root of the single flowered is used in medicine. It is white or red according to the colour of the flowers.

The shao yo is Pæonia albiflora, Pall. For further particulars see Bot. sin., II, 403.

Lour., Fl. cochin., 419:—Pavonia officinalis [Loureiro describes under this name P. albiflora], sinice xo yo (sho yo). Varietates flore albo et rubro (radice rubescente). Habitat culta spontaneaque per totum imperium Sinense, maxime in provinciis borealibus. Virtus radicis, imprimis rubræ, nervina, cephalica, emmenagoga.

TATAR., Cat., 15:—赤 [ ch'i (red) shao yo, Rad. Pæoniæ rubræ.—P. Smith, 169.

Paonia albiflora, Pall., is common in the mountains of North China and also much cultivated in gardens under the name of shao yo. It has the same Chinese name in Hu pei [see Henry, Chin. pl., 393] and in Japan.

Cust. Med., p. 122 (44):—Pai (white) shao yo exported 1885 from Chin kiang 7,388 piculs,—p. 68 (46), from Han kow 2,134 piculs,—p. 58 (17), from I chang 327 piculs,—p. 24 (43), from Tien tsin 5 piculs,

Ibid., p. 22 (10):—Chi (red) shao yo exported from Tien tsin 2,075 piculs,—p. 2 (6), from New chwang 211 piculs,—p. 44 (7), from Che foo 2 piculs.

53.—牡丹 mou tan. P., XIVa, 22. T., CCLXXXVII to CCXCII.

Pen king:—Mou tan (the male red) 鼠姑 shu ku, 鹿韭 lu kiu. The bark of the root is officinal. Taste pungent. Nature cold. Non-poisonous.

Pie lu:—The mou tan grows in the mountain valleys of Pa [E. Sz ch'uan, App. 235] and in Han chung [S. Shen si, App. 54]. Root dug up in the 2nd and 8th months, and dried in the shade.

T'AO HUNG-KING:—Now this plant is also found in the eastern provinces of China. The red sort is good.

Su Kung [7th cent.]:—It grows in Han chung and Kien nan [W. Sz ch'uan, App. 136]. The plant has the appearance of the yang t'ao [see Bot. sin., II, 493]. In summer it puts forth white flowers, followed in autumn by roundish green fruit which becomes red in winter and does not fall off. The root resembles that of the shao yo [see 52]. It has white flesh and a red rind. The local name is 百雨全 po liang kin (hundred taels gold). In Ch'ang an [in Shen si, App. 6] it is known under the name 吳 [ ] wu mou tan (mou tan from Wu), which is the true mou tan.

Su Sung [11th cent.]:--Now the drug from Ho chou [in Sz ch'uan, App. 69, b.] is considered the best. Those from Ho chou and Süan chou [both in An hui, App. 71, 315] are also of a good quality. The mou tan grows in a wild state in the mountains of Tan chou and Yen chou [both in Shen si, App. 327, 403], in Ts'ing chou [in Shan tung, App. 363], Yüe chou [in Che kiang, App. 418], in

Ch'u chou and Ho chou [both in An hui, App. 25, 71]. Its flowers are of different colours—yellow, purple, red, white—and appear in the 3rd month. The flowers and leaves of the wild-growing plant are the same as in the cultivated sorts, but the wild mou tan produces only single flowers. In the 5th month it produces fruit of a black colour, resembling a cock's head, with large seeds. The root is of a yellowish white colour, from five to seven inches long, of the thickness of a pencil-holder.

K'ou Tsung-shi [Sung dynasty]:—The rind of the root of the mountain mou tan is that which is used in medicine. The cultivated plant produces also dark red and pale blue flowers.

LI Shi-chen:—From ancient times the mou tan flower has been called 花 王 hua wang (king of flowers). Ou Yang-siu [Sung dynasty] enumerates more than thirty cultivated varieties of it. The Hua pu (a treatise on flowers, Sung dynasty) records that to the west of Tan chou and Yen chou [in Shen si, v. supra] the mou tan is so common that the country people use its wood for fuel like the king (Vitex) and ki (Zizyphus).

The mou tan is the China Tree Pæony, Pæonia Moutan, Sims., a favorite garden-flower of the Chinese, which they have cultivated from a remote period. In ancient times Lo yang, the old capital of China, in Ho nan, was famed for its mou tan flowers [see sub 52].

A good drawing of the plant is found in the Ch. [XXV, 18].

TATAR., Cat., 39:—Mou tan p'i (rind). Radix Paoniae moutan.—Gauger [28] figures and describes the drug. In the drug-shops it is simply called 丹皮 tan p'i.—P. SMITH, 169.

Cust. Med., p. 104 (87):—Tan p'i exported 1885 from Wu hu 1,606 piculs,

Amæn. exot., 862:—牡丹 bo tan. Pæonia major stirpe ligneo surrecto, folio ramoso, laciniis inæqualiter divisis.

Phon zo, IX, 13, 14:—Same Chinese name, Pæonia Moutan.

# 54.—木香 mu hiang. P., XIVa, 24. T., CXVII.

Pen king:—Mu hiang (wood perfume). The root is officinal. Taste pungent. Nature warm. Non-poisonous.

Pie lu:—Other name 蜜香 mi hiang (honey perfume). The mu hiang grows in the mountain valleys of Yung ch'ang [in W. Yün nan, App. 426].

T'AO HUNG-KING:—This drug (spoken of in the *Pie lu*) is the 青木香 ts'ing (green) mu hiang, which now however is not brought from Yung ch'ang. The mu hiang now employed in China is all brought by foreign ships. People say that it is produced in Ta Ts'in [the Roman Empire in Asia and Europe]. It is not used as a medicine, but only as a perfume.

Su Kung [7th cent.]:—There are two kinds of mu hiang. The best comes from K'un lun [see App. 171]. That from Si hu [see App. 299] is of an inferior quality. The leaves of the mu hiang resemble those of the yang t'i [Rumex. See 193] but are longer and larger. The flowers resemble those of the kü hua (Chrysanthemum). The fruit is yellowish black and likewise officinal. The mu hiang is much used in medicine. T'AO HUNG-KING is wrong in stating that it is only employed as a perfume.

CHEN KUAN [7th cent.]:—According to the Nan chou i wu chi [3rd cent.] the ts'ing mu hiang comes from T'ien chu (India). It is the root of an herbaceous plant and has the appearance of the kan ts'ao (Liquorice).

Su Sung [11th cent.]:—The drug mu hiang is brought in ships from Kuang chou (Canton), but is not produced there. Large wrinkled root like that of the k'ie tsz' (Solanum melongena). The leaves resemble those of the yang t'i [v. supra] but are longer and larger. They are also like those of the shan yao (Dioscorea). Large root. Purple The buds of the root used in medicine. mu hiang root looks like a rotten bone. That which is of a bitter taste and sticks to the teeth is of a good quality. There is a sort of mu hiang which grows in Kiang and Huai [Kiang su and An hui, App. 124, 89], and is called 土青 木香 t'u (native) ts'ing mu hiang, which is not much used in medicine. The Shu pen ts'ao [10th cent.] states that in the garden of the prince Meng Ch'ang the mu hiang was cultivated. It was a plant from three to five feet high, leaves eight or nine inches long, wrinkled, soft, and covered with hair. Yellow flowers. This was probably the t'u mu hiang. In Buddhist books the mu hiang is called 矩瑟 佗: kü-se-t'o (probably kush tam is intended, Costus).

K'OU TSUNG-SHI [12th cent.]:—The ts'ing mu hiang is found beyond the frontier [west of] Min chou [in Kan su,, App. 223]. The plant has leaves like the niu p'ang [Arctium Lappa. See 91] but they are narrower and longer. The stem is from two to three feet high and bears one yellow flowers resembling the kin ts'ien (Inula). The fresh root is fragrantt and has a pungent taste.

Ch'en Ch'eng [11th cent.]:—The mu hiang is brought to China from foreign countries, as has already been stated by T'AO HUNG-KING and SU SUNG. But the mu hiang which is produced in Ch'u chou [in An hui, App. 25] and Hai chou [in Kiang su, App. 48] is the root of a plant called 馬兜鈴 ma tou ling (horse's bell), which is also used in medicine.

LI Shi-chen notices that the above name mi hiang is also applied to the ch'en hiang [Aloewood. See 307] and 木香 mu hiang to a kind of Rose [the fragrant Rosa Banksia. Comp. 171].

Ch., XX, 21:—Ma tou ling or t'u ts'ing mu hiang, and [XXI, 2] t'u ts'ing mu hiang, good drawings representing an Aristolochia. See also Kiu huang, XIVI, 15:—Ma tou ling. The latter name (horse's bell) refers to the shape of the fruit.—Ch., XXV, 11:—Three miserable drawings of the ts'ing mu hiang, produced in Ch'u chou and Hai chou, and of the mu hiang from Canton.

TATAR., Cat., 40:—Mu hiang, and [27] kuang (Canton) mu hiang, Costus amarus.—GAUGER, 23:—Kuang mu hiang described and figured. The root has a violet-like smell. It seems to belong to a plant of the Composite order and resembles the root of Inula Helenium.

Hanb., Sc. pap., 257:—Root mu hiang received from Shang hai. It was the root of Aucklandia Costus, Falc. (Aplotaxis Lappa, Done. Composita). Costus root or Putchuk.—Williams, Chin. Commerc. Guide, p. 100.—P. Smith, 29.

In Dymock's Vegetable Mat. Med. of W. India [p. 372] this plant is called Aplotaxis auriculata, DC., in Sanscrit kushta, in Arabic and Persian kust, in Bengal patchak. The root is collected in large quantities in the highlands of Kashmeer and exported to Punjab. It is much shipped to China. P. Smith is wrong in stating that putchuk is a Canton name for the drug.—Garcias ab Orto [middle of the 16th cent.] in his Indian Pharmacopæia [Clusius, Exot. 204] says:—Costus in Malacca, ubi ejus plurimus est usus pu cho dictus et inde vehitur in Sinarum regionem.

As to the mu hiang or tsing mu hiang produced in China and called there also t'u tsing mu hiang or ma tou ling, this is, according to Tatar. [Cat., 12] Rad. Aristolochiæ. See also Hanb., Sc. pap., 259.—Tatar., Cat., 38:—Ma tou ling. Fructus Aristolochia contortæ (a Peking species).—Hanb., l.c., 239:—Ma tou ling. Fruits of Aristolochia Kæmpferi.—P. Smith, 22.

According to the Customs' Report on Trade for 1867 [p. 42] and 1868 [p. 51], the native puchuk grown in the neighbourhood of Ning po is a common garden creeper, an Aristolochia. Some years later Dr. Hance examined this plant. It proved to be a new species—A. recurvilabra. See Journ. Bot., 1873, p. 72.

Henry, Chin. pl., 294:—Ts'ing mu hiang in Hu pei, Aristolochia, sp.

It is not quite clear whether the tsing mu hiang in the Cust. Med. is the foreign or the native drug. It is stated to have been exported 1885 from Han kow [p. 66 (9)] to the extent of 34 piculs,—and [p. 338 (20)] imported into Canton 24 piculs. Ibid., p. 28 (88):—Ma tou ling exported from Tien tsin 27 piculs.

Dr. Henry states [in Hooker's *Icones. Plant.*, tab. 1975] that *Inula racemosa*, Hook. fil., is cultivated in the mountains of Hu peh as a substitute for *putchuk*.

FRANCHET refers the drawings in the *Phon zo* [IX, 14, 15] sub 木香, and in the *So moku* [XVII, 3, 4] sub 土木香, to *Inula Helenium*, L.—*Phon zo*, XXVI, 4-6:—馬兜鈴 Aristolochia Kampferi, Willd.

### 55.—杜 岩 tu jo. P., XIVa, 30. T., CXLVIII.

Pen king:—T'u jo, 社 衡 tu heng. 19 The root is officinal. Taste pungent. Nature slightly warm. Non-poisonous.

<sup>19</sup> Regarding this synonym see 41.

Pie lu:—Other names: 杜 連 tu lien, 若芝 jo chi, 白芩 pai k'in, 白連 pai lien. The tu jo grows in the marshes of Wu ling [in Hu nan, App. 394] and in Yüan kü [in Shan tung, App. 415]. The root is dug up in the 2nd and 8th months and dried in the sun. In the Kuang ya it is called 整衡 ch'u heng.

T'AO HUNG-KING:—It is a common plant. Its leaves resemble kiang (ginger) leaves and are veined. The root resembles the kao liang kiang (Galanga), but is smaller, of a pungent taste and fragrant. It is also very much like the root of the süan fu [Calystegia. See 169] and is confounded with it, but the leaves are different. The tu jo is mentioned as a fragrant plant in the Elegies of Ts'u [4th cent. B.C.].

Su Kung [7th cent.]:—The plant is common in Kiang and Hu [Mid China, App. 124, 83]. It grows in shady places. The plant resembles the *lien kiang* [a Zingiberacea. P., XIVa, 29], the root the kao liang kiang.

HAN PAO-SHENG [10th cent.]:—The plant resembles the shan kiang [Alpinia. See 56]. Yellow flowers, red fruit, as large as small jujubes. Inside the fruit resembles the tou k'ou [Cardamom. See 58]. That produced in Ling nan [S. China, App. 197] and Hia chou [in Hu pei, App. 64] is the best. The Fan tsz' ki jan says that the tu heng and the tu jo are produced in the southern prefectures and in Han chung [S. Shen si, App. 54].

LI Shi-chen:—There is in the mountains of Ch'u [Hu kuang, App. 24] a plant which the people call 良喜根 liang kiang ken (root). It resembles ginger and is of a pungent taste. This is the plant which Chen Kuan [7th cent.] notices under the name 独子墓 chao tsz' kiang.<sup>20</sup> Su Sung [11th cent.] calls it 山臺 shan kiang (mountain ginger) and states that it is produced in Wei chou [in Ho nan,

<sup>20</sup> Chao tsz' a barbarian tribe in the S.W. of China.

App. 391], that it has purple flowers and no seeds. The root used in medicine. All these names according to Li Shichen refer to the tu jo. The larger sort is called kao liang kiang, the smaller tu jo. In the Tang period the tu jo was brought as tribute from Hia chou [v. supra].

Ch., XXV, 9:-Tu jo. Representation of a Zingiberacea, probably an Alpinia, 良喜 liang kiang is given as a synonym.

So moku, VII, 13:—杜 岩 Pollia japonica, Hornst. (Commelinacex).

### 56.—山 薑 shan kiang. P., XIVa, 31. T., XLIII.

As we have seen, In Shi-chen takes the shan kiang or mountain ginger to be the same as the tu jo, but in the next article he describes it as a distinct plant, of which the root, the flowers and the seed are officinal.

T'AO HUNG-KING:—The eastern people (East China) call it shan kiang. In the south it is called 美草 mei ts'ao (beautiful plant).

CHEN KUAN [7th cent.]:—The root and the whole plant of the shan kiang much resemble ginger, but it (the root) is larger, has the smell of camphor-wood. The southern people eat it. There is one sort which is called chao tsz' kiang. It is of a yellow colour, very pungent, acrid and strong [compare above, 55].

Su Sung [11th cent.]:—The shan kiang is produced in Kiu chen [in Cochinchina, App. 154] and Kiao chi [Cochinchina, App. 133], but it is also found in Min [Fu kien, App. 222] and Kuang [Kuang tung and Kuang si, App. 160]. The Ling piao lu i [Tang dynasty] says, regarding this plant:—The stem and the leaves all resemble the ginger-plant, but the root is not much eaten. The flowers resemble those of the tou k'ou [Cardamom. See 58],

but are smaller. The flowers are arranged in spikes and appear between the leaves. The flower-buds (?) are like wheat-grains, small and of a red colour. In the south the unopened flowers are called 含质花 han t'ai hua. They are prepared with salt water and mixed with sweet dregs. In winter they then become like amber in colour and are of a pleasant, fragrant and pungent taste.

LI SHI-CHEN:—The shan kiang grows in the south (of China). Its leaves resemble those of ginger. The flowers are red, very pungent. The fruit (or seeds) is like Cardamom [ts'ao tou k'ou, see 58]. The root resembles the tu jo [see 55] and the kao liang kiang [see 57]. The seeds are substituted for the ts'ao tou k'ou, but are very hot and strong.

Ch., XXV, 53:—Shan kiang. Rude drawing, perhaps Alpinia.

Lour., Fl. cochin., 13:—Canna indica, L., sinice san kiam (shan kiang).<sup>21</sup>

So moku, I, 11:-山 薑 Alpinia japonica, Miq.

Cust. Med., p. 372 (416):—Shan kiang seeds exported 1885 from Canton 116 piculs.—The same exported also from Han kow. See Hank. Med., p. 35.

57.—高良薑 kao liang kiang. P., XIVa, 32. T., CLXXVIII.

Pie lu:—Kao liang kiang. The root and the fruit officinal. Taste pungent. Nature very hot. Non-poisonous. It is produced in the district of Kao liang [in Kuang tung, App. 117]. The root is dug up in the 2nd and 3rd months,

<sup>21</sup> Canna indica is cultivated at Peking under the name of 美人蕉 mei jen tsiao. It does not seem that the shan kiang in the P. refers to this plant,

It resembles in shape and in odour the tu jo [see 55], but the leaves are like those of the shan kiang [see 56].

T'AO HUNG-KING:—This is a kind of ginger produced in the district of Kao liang, whence the name.

In Sün [8th cent.]:—紅豆蔻 hung tou k'ou (red nutmeg) is the name for the fruit of the kao liang kiang. It is a common plant in Nan hai [Kuang chou fu, App. 228]. It looks like a reed. The leaves resemble ginger-leaves. The flowers are veined with red and arranged in a spike which is at first enclosed in a spathe. The young flowers are prepared with salt.

Su Sung [11th cent.]:—The kao liang kiang is a common plant in Ling nan (South China), also in K'ien and Shu [N. Kui chou and Sz ch'uan, App. 141, 292]. It is also found in Central China, but this sort is not much used in medicine. The plant grows from one to two feet high. The leaves resemble ginger-leaves. Purplish red flowers like those of the shan kiang.

FAN CH'ENG-TA [12th cent.] in his description of the southern provinces of China, says that the hung tou k'ou is a plant with leaves like a reed. It shoots forth one stem bearing a large spathe which bursts and then a drooping spike of beautiful pale red flowers appears. The flowers resemble peach or apricot flowers.

LI SHI-CHEN states that the plant is also known under the name of 蠻 萬 man kiang (ginger of the Southern Barbarians).

Ch., XXV, 39:—Kao liang kiang. The drawing seems to represent a Zingiberacea. The plant is said to grow in Yün nan. Yellow flowers.

Lour. [Fl. cochin., 7] gives cao leam kiam as the Chinese name for Amomum Galanga, L., the Galanga major

of Rumphius, Galanga root, = Alpinia Galanga, Sw. Pale yellow flowers. Root and seeds used in medicine by the Chinese.

TATAR., Cat., 26, 34:—Kao liang kiang or liang kiang, Galanga. Williams [Chin. Commerc. Guide 120] has 良蓝 liang kiang, Galangal, the root of Alpinia Galanga. The seeds of the same plant are used as aromatic medicine under the name of hung tou k'ou. Ibid. [p. 84] the same seeds are called kao liang kiang tsz'.—Hanb. [Sc. pap., 107, 252] describes and figures the fruit capsules received from Shanghai under the name of kao liang kiang tsz' or hung tou k'ou. They proved to belong to Alpinia Galanga.—P. Smith, 9, 10.

Another kind of Galanga, the lesser or Chinese Galanga of commerce, the Galanga minor of Rumphius, is referred in the Flora Hongk. [349] to Alpinia chinensis, Rosc., a plant of smaller stature than the A. Galanga, known from Canton more than one hundred years ago. But in 1873 Dr. Hance described [in the Journ. Linn. Soc., XIII] a plant which had been presented to him by Taintor as growing wild and cultivated in the island of Hai nan and called liang kiang by the Chinese. Hance named it Alpinia officinarum, and believes that this yields the true Chinese Galanga. It has white flowers, veined with dull red.

It would seem from the ancient Chinese accounts above translated regarding the tu jo and the kao liang kiang, that the first is the Galanga minor, the second the Galanga major. But probably the above names were applied to different species of Alpinia in various parts of China. Marco Polo [Yule's 2nd edition, II, 207, 208] mentions the galingale produced in immense quantities in the kingdom of Fu ju (province of Fu kien), and also in Java [II, 254]. Dr. Fr. Hirth thinks [China Review, II, 97] that the name Galanga

has been derived from the Chinese kao liang kiang. It seems however more naturally to trace it in kulanjana, the Sanscrit name for Galangal.

So moku, I, 10:一高良薑 Alpinia allied to A. chinensis.—Phon zo, IX, 20, 21:—Same Chinese name, same identification.

### 58. 一豆 蔻 tou k'ou. P., XIVa, 35. T., CXLVII.

Pie lu:—The tou k'ou grows in Nan hai [Southern Sea, App. 228]. Seeds and flowers used in medicine.

In the Nan fang i wu chi it is called 漏 | lou k'ou.

Su Kung [7th cent.]:—The plant resembles the *shan kiang* [see 56]. The flowers are yellowish white. The root and the seeds resemble the *tu jo* [see 55].

Su Sung [11th cent.]:—The 草豆菠菠 ts'ao (herbaceous) tou k'ou is a common plant in Ling nan [S. China, App. 197]. It grows like a reed. The leaves resemble those of the shan kiang. The root is like the root of the kao liang kiang [see 57]. The flowers 22 open in the 2nd month, they are in spikes at the bottom of the stem. The young leaves are rolled up. The flowers are of a reddish colour, darker at the end of the spike. Gradually the leaves become larger and the flowers paler. The flowers are sometimes of a yellowish white colour. The southern people collect the flowers and salt them. The fruit resembles the lung yen (Nephelium longan) but is pointed, and the rind (capsule) is not squamous. The seeds within the capsule resemble those of the pomegranate. They ripen in summer and are then gathered and dried in the sun. The root and all parts of the plant exhale an odour which recalls camphor-wood and are of a pungent taste.

<sup>22</sup> This account is taken from an earlier work, the Nan fang ts'ao mu chuang [3rd cent.], tou k'ou hua.

LI SHI-CHEN: - The ts'ao tou k'ou and the 草果 ts'ao kuo are not the same, as some believe. There are differences. Now the tou k'ou produced in Kien ning [in Fu kien, App. 138] has a fruit as large as the lung yen, but a little longer. It (the capsule) has a vellowish white thin rind with prominent ridges. The seeds are as large as the su sha (Amomum villosum, Lour.), pungent and fragrant. But the ts'ao kuo which grows in Tien [Yün nan, App. 338] and in Kuang [Kuang tung and Kuang si, App. 160] has a large oblong fruit resembling the ho tsz' (Terminalia chebula). The rind (of the capsule) is black and thick, the ridges are close together. The seed is coarse, pungent and of an unpleasant odour recalling that of Cantharides. The people use it as tea or in various other ways as a spice. The people of Kuang take the fresh ts'ao kuo and steep it in the juice of the mei fruit (Prunus mume) mixed with salt. After it has become red it is dried in the sun and offered with This is called hung yen (red salt) ts'ao kuo. small unripe fruit is called 顯 哥 舌 ying k'o she (parrot's tongue). In the time of the Mongol dynasty the ts'ao kuo was much valued as a spice.

LI SHI-CHEN quotes from Buddhist books the Sanscrit name of the tou k'ou, being 蘇乞迷羅細 su-ki-mi-lo-si.—Sukmil is the Tibetan name for Cardamom [see further on].

Ch., XXV, 30:—Tou k'ou. Representation of an Amonum with large leaves and small, wrinkled capsules.

Lour., Fl. cochin., 6:—Amonum globosum. Sinice tsao keu (ts'ao tou k'ou). Corolla supera, albo-rubra...

Pericarpium globosum... cortice tenui fragili.

TATAR., Cat., 5 :- Ts'ao tou k'ou, Cardamomum.

This is the Large Round Chinese Cardamom figured and described sub ts'ao (tou) k'ou in Hanb., Sc. pap., 95, 96, 248.—P. Smith, 14.

Lour., Fl. cochin., 5:—Amomum medium, sinice tsao quo (草果). Pericarpium oblongum, striatum, crassum, coriaceum.—Tatar., Cat., 5:—Ts'ao kuo. Fructus Amomi medii.—This is the Ovoid China Cardamom figured and described in Hanb., Sc. pap., 105, 106, 250:—P. Smith, 14.

Cust. Med., p. 372 (433):—Ts'ao (tou) k'ou exported 1885 from Canton 0.2 picul.

*Ibid.*, p. 372 (434):—*Ts'ao kuo* exported from Canton 653 piculs,—p. 406 (164), from Kiung chow 428 piculs,—p. 424 (132), from Pak hoi 402 piculs.

The drawing in the Phon zo [IX, 21, 22] sub 草豆蔻 represents, it seems, Loureiro's Amonum globosum, of which only the fruits are known to European botanists.

自豆蔻 pai tou k'ou (white Cardamom) is the Chinese name for the Cardamom imported from foreign countries. P., XIVa, 37. T., CXLVII. The seeds are used in medicine. It does not seem to be mentioned in Chinese works before the 8th cent.

Chen Ts'ang-k'i [8th cent.]:—The pai tou k'ou is produced in the country of Ka-ku-lo, and is called there 多骨 to ku. The plant resembles the pa tsiao (Musa, Banana). The leaves resemble those of the tu jo [Alpinia. See 55]. They are from eight to nine feet long, shining, evergreen. Flowers of a pale yellow colour. The fruit is produced in clusters, hanging down like grapes. They are at first green but become white when ripe. They are gathered in the 7th month.

Su Sung [11th cent.]:—This plant is now grown in Kuang chou (Kuang chou fu) and in I chou [in Kuang si, App. 103], but the drug is inferior in value to that brought by foreign ships.

LI Shi-chen:—The fruit (capsule) of the pai tou k'ou is globular, as large as that of the k'ien niu [Pharbitis. See 168]. Its outer skin is thick and of a white colour. The seeds are like the su sha [v. supra]. To prepare it for medical use the skin is taken off and the seeds are roasted.

Ch., XXV, 64:—Pai tou k'ou. Rude drawing. The Cardamom plant seems to be intended.

Lour., Fl. cochin., 4:— Amonum Cardamonum, L. Sinice pe teu keu. Flores albo-lutei. Capsula 3 gona rotunda. Semina cortice laevi, albicante.

The Amomum Cardamomum of Linnæus is the Round or Cluster Cardamom, a native of Cambodja, Siam, Java. The pai tou k'ou is still much imported into China from Cochinchina, Siam and Malabar. It seems that the Malabar Cardamom, Elettaria Cardamomum, the seeds of which are very similar in odour and taste to those of the Cluster Cardamom, go also under the name of pai tou k'ou. The pai tou k'ou which I obtained from a Tibetan apothecary's shop at Peking was Malabar Cardamom. The Tibetans call it sukmil [comp. above the Sanscrit name su-ki-mi-lo-si].

Rheede [Malab., XI, p. 10], in describing the Elettaria, says:—In aprico fructus exsiccatur solo, ubi cortex, qui primo crassus, viridisque, extenuatur et ex ruffo albescit.

The country Kakulo, mentioned in the above Chinese account as producing the pai tou k'ou, is unknown to me. I may however observe, that kakula is the Arabic name for Cardamom [Roxbg., Fl. ind., 1874, p. 24].

The Round or Cluster Cardamom is also known under the name of 東坡 [ I Tung p'o tou k'ou, probably after the celebrated poet Su Tung-p'o, who, towards the end of the 11th century, lived for some years in the island of Hai nan

and wrote notices of useful plants. Comp. Hanb., Sc. pap., 253.—See also Williams, Commerc. Guide, p. 84.—P. Smith, 14.

內豆蔻 jou (fleshy) tou k'ou is the Chinese name for Nutmegs, the nuts of Myristica moschata. Mace, the arillus of the nutmeg, is called 內豆花 jou tou hua (flower). It seems improbable that nutmegs were known to the Chinese before the 8th century. P., XIVb, 45. T., CXLVII.

CH'EN Ts'ANG-K'I, the first Chinese author who mentions the jou tou k'ou, states that it is brought by ships from foreign countries, where it is called ka-kū-le (probably intended for kakula, which, however, as we have seen, is Cardamom).

SU SUNG [11th cent.] reports that the jou tou k'ou is also cultivated in South China.

LI Shi-chen:—The jou tou k'ou in its flowers and fruit resembles the ts'ao tou k'ou. The difference is that the latter (is a capsule) in which the seeds are contained, whilst the jou tou k'ou is solid (a solid nut), the outer skin of which is covered with wrinkled lines, and the inner substance is reticulated and mottled like the betelnut.

Ch., XXV, 63:—Jou tou k'ou. Rude, incorrect drawing. But the Phon zo [IX, 27, 28] sub 內豆蔻 gives a good figure of Myristica moschata.

WILLIAMS [in his Commercial Guide, 98, 95] gives [erroneously, it seems] 豆蔻 tou k'ou as the Chinese name for nutmegs. As we have seen above, the original meaning of tou k'ou is Cardamom.

Татак., Сат., 64:-Р. Ѕмітн, 156, 141.

59.—莎草 so ts'ao, 香附子 hiang fu tsz'. P., XIVb, 58. T., CVII.

For other ancient names compare Rh ya, 97.

Pie lu:—The so ts'ao grows wild. It (evidently the root) is gathered in the 2nd and 8th months. Taste sweet. Nature slightly cold. Non-poisonous.

The leaves and the flowers are likewise officinal.

T'AO HUNG-KING:—This plant is mentioned in the Shi king. It is no longer used as a medicine. There is a medicinal plant 鼠 [ shu so, but that is different.

Su Kung [7th cent.]:—The root of the so is called hiang fu tsz' [hiang = fragrant, fu tsz' properly the small tubers of Aconite. See 143] also 雀頭香 tsio t'ou hiang (sparrow-head fragrance). The stem and the leaves of the plant resemble the san leng (triangular grass, Scirpus, Cyperus). It (the root, tubers) is used as a perfume.

Su Sung [11th cent.]:-It is a common plant, which in its leaves resembles the hiai [Allium. See 242] but is weaker. The root resembles the head of a chopstick. In a topographical work of the T'ang period the 水香 稜 shui hiang leng (cornered fragrant water-plant) is spoken of as growing in the ponds and marshes of Po p'ing [in Shan tung, App. 2607. Its root is called 珠結 so kie (so knot) also 草附子 ts'ao fu tsz'. In Ho nan and Huai nan [An hui, Kiang su, App. 90] it is known by the name of k | shui so, in Lung si [in Kan su, App. 216] they call it 地 藾 根 ti lai ken, in Shu (Sz ch'uan) it is 續 根 su ken (attached root tubers) also 水巴或 shui pa ki. The plant now grows abundantly in Fou tu [in Sz ch'uan, App, 42] and is called there 三 稜草 san leng ts'ao (triangular grass). It is used for making shoes. The whole plant, and especially the root (tubers), is used in medicine.

K'OU TSUNG-SHI [12th cent.]:—Hiang fu tsz' is the name for the tubers which are frequently found attached to

the root of the so plant. These tubers have a thin, chapped skin of a purplish black colour and are very hairy. After the skin has been removed the white flesh becomes apparent.

LI Shi-chen:—The leaves of the so plant are like Allium leaves—hard, shining, sharp on the margins. The stem is hollow, triquetrous. Green flowers in spikes. The roots are fibrous. Beneath the radical fibres small tubers are produced. These are of the size of a small jujube, pointed at both ends, and covered with fine black hair. They are much used in medicine. In Sanscrit books the plant is called 目 萃 哆 mu ts'ui ch'e (or ta).

Ch., XXV, 35:—So ts'ao. Representation of a Cyperus with oblong tubers.

As has been stated in *Bot. sin.*, II, 97, the names so ts'ao and hiang fu tsz', given in the P. as synonyms, were applied in ancient times to two distinct cyperaceous plants,—so to a *Scirpus*, the culms of which were used for making shoes, umbrellas, rain-cloaks, hats, and hiang fu tsz' to the fragrant tubers of a *Cyperus*.

Lour., Fl. cochin., 53:—Cyperus rotundus, L. Ubique in Cochinchina et China. Radix tuberibus ovatis, parvis, odoratis, pilosis. Sinice hiam phu cu.

TATAR., Cat., 45:—Hiang fu tsz. Radix Cyperi.—GAUGER [39] describes and figures these tubers, which he refers to C. rotundus.

P. SMITH, 81:—So ts'ao, hiang fu tsz', Cyperus esculentus, and [51] so ts'ao, Carex hirta [arbitrary identification].

Comp. also HENRY, Chin. pl., 144.

Cust. Med., p. 210 (15):—Hiang fu tsz' exported 1885 from Wen chow 76 piculs,—p. 340 (41), from Canton 75 piculs,—p. 186 (31), from Ning po 58 piculs.—Smaller quantities exported also from Shang hai, Amoy, Swatow.

I may observe, regarding the name mu ts'ui ta, as given in Chinese Buddhist books, that musta or mustuka is a Sanscrit name for Cyperus rotundus, L.

Regarding the Japanese cyperaceous plants, to which the above Chinese names are applied, see Bot. sin., II, 97.

There is another cyperaceous plant with officinal tubers which is described in the P. [XIVb, 55] under the name 荆 三 稜 san leng, from the country of King (Hu pei). San leng (triquetrous) is a general name for several cyperaceous plants. See the drawing Ch., XXV, 55.—T., CLXXVII.

TATAR., Cat., 44:—San leng ts'ao. Rad. Cyperi seu Scirpi.—GAUGER [37] describes and figures the san leng. Tuber about one inch in diameter.—P. SMITH, 82:—King san leng, Cyperus rotundus.

Cust. Med., p. 70 (53):—San leng exported 1885 from Han kow 109 piculs,—p. 130 (147), from Chin kiang 60 piculs,—p. 188 (76), from Ning po 29 piculs,—p. 92 (70), from Kiu kiang 5 piculs.

Comp. Phon zo, IX, 33:—荆 三 稜 Cyperacea.

#### 60.—薰 草 hün ts'ao. P., XIVb, 72. T., CVIII.

Pie lu:—The hün ts'ao, which is also called 蒸草 hui ts'ao, grows in low, marshy places. It is gathered in the 3rd month and dried in the shade. That with the joints taken off is good.—The same Pie lu says also:—The | 實 hün shi (fruit) grows in marshes in Lu shan [in Ho nan, App. 203]. The whole plant is officinal. Taste sweet. Nature uniform. Non-poisonous.

T'AO HUNG-KING:—According to the Yao lu [attributed to T'ung Kün, a minister of Emperor Huang Ti], the hün ts'ao has leaves resembling those of the ma (hemp) and each two

standing opposite. The Shan hai king states:—On the Fou shan (mountain) there grows a plant with leaves like the ma. It has a square stem, red flowers, black fruit. It smells like the mi wu [see Rh ya, 89] and is called hūn ts'ao. It is good for curing ulcers. Now it is commonly called 燕草 yen ts'ao. Some say it has the appearance of the mao (Imperata) and is fragrant, but that is not the hūn ts'ao which the people cultivate. The plant hui [Bot. sin., II, 406], frequently mentioned by poets in ancient times, is unknown to T'AO HUNG-KING, as he says.

Ch'en Ts'ang-k'i [8th cent.]:—The hün ts'ao is the same as the 零陵香 ling ling hiang (fragrance). Hūn is the name for the root of the hui plant.

MA CHI [10th cent.]:—The ling ling hiang grows in the mountain valleys of Ling ling [in Hu nan, App. 196]. Its leaves resemble those of the lo le (Ocimum basilicum). The Nan yüe chi [5th cent.] says that the local name of the plant is yen ts'ao [v. supra]. It is also called hün ts'ao or hiang ts'ao (fragrant herb). This is the hün ts'ao of the Shan hai king.

Su Sung [11th cent.]:—The ling ling hiang is now a common plant in Hu kuang [App. 83] where it grows in marshy places. Its leaves resemble those of hemp, each two standing opposite. Square stem. In the 7th month it produces very fragrant flowers. In ancient times it was called hūn ts'ao. The people of Southern China dry it by artificial heat till it assumes a yellow colour. It is also found in Kiang and Huai [An hui and Che kiang, App. 124, 89] and used as a perfume. But this is less valued than that from Hu kuang and Ling nan. The fragrance increases when the plant decays. In ancient times the hūn ts'ao was used in medicine, and the name ling ling hiang was unknown. But now the people use it only as a perfume added to cosmetics.

Fan Ch'eng-ta, in his account of the southern provinces [end of the 12th century], states that the ling ling hiang is a common plant in I chou and in Yung chou [both in Kuang si, App. 103, 430] and other places. The plant is used for making mats, pillows and matresses. The locality Ling ling [spoken of by earlier authors as producing this plant] is now called Yung chou [in Hu nan, App. 425], but this plant does not grow there.

Regarding the identification of the hun ts'ao or ling ling ts'ao, which seems to be Ocimum basilicum, see Bot. sin., II, 406, 407.

61.—蘭草 lan ts'ao. P., XIVb, 75. T., LXXXI and LXXXII.

Pen king:—Lan ts'ao, 水香 shui hiang (water perfume).
The leaves are officinal. Taste pungent. Nature uniform.
Non-poisonous.

Pie lu:—The lan ts'ao grows in the ponds and marshes of T'ai Wu. It (the leaves) is gathered in the 4th and 5th months.

T'AO HUNG-KING:—It is not used now in prescriptions. T'ai Wu is the kingdom of Wu [Kiang su, App. 389] where T'ai Po<sup>23</sup> lived. There is now in Tung men [Eastern Gate. Unknown to me] a plant used for making fragrant oil<sup>24</sup> and which is called 蘭香 lan hiang. This is the lan ts'ao.

<sup>23</sup> The founder of the state of Wu. See MAYERS' Chin. Read. Man., 243.

LI TANG-CHI [3rd cent.]:—The lan ts'ao is the same plant as that which the people now cultivate under the name of 都梁香 tu liang hiang [Fragrance from Tu liang, in Hu nan, App. 370]. The tse lan [see the next] is also called tu liang hiang.

Su Kung [7th cent.]:—The lan, a fragrant plant, is the same as the tse lan. It has a round stem, a purple receptacle of flowers. In the 8th month the flowers are white. It is commonly called lan hiang (fragrance) and grows by the sides of rivulets. It is also much cultivated as an ornamental plant.

HAN PAO-SHENG:—The lan ts'ao grows in low, damp places. Its leaves resemble those of the tse lan, but are longer, pointed and coarsely toothed. Flowers red and white, fragrant.

Ch'en Ts'ang-k'i:—The lan ts'ao and the tse lan are two distinct plants. The lan ts'ao grows by the sides of marshes, its leaves are glabrous, succulent. The root is small and of a purple colour. It is gathered in the 5th and 6th months and dried in the shade. This is the tu liang hiang. Women mix it (it seems the leaves) with oil to dress their hair.—The tse lan has pointed, slightly hairy leaves, not glabrous, and is succulent. Square stem, purple joints. This is the plant regarding which Su Kung states that it bears white flowers in the 8th month.

LI Shi-chen:—The lan ts'ao and the tse lan are two species of the same genus. Both grow on the borders of water-courses or in swamps. They have perennial roots, purple, branched stems with red joints, opposite leaves issuing from the joints, slightly serrated. But the lan ts'ao has a round stem, long joints (internodes), glabrous leaves, whilst the tse lan has a nearly square stem, short joints and leaves covered with hair. The young leaves of both are

gathered and worn (in satchels) on girdles. In the 8th or 9th month the plants are from three to four feet high. The flowers are in spikes like those of the ki su (a Labiata). The flowers are red and white (or perhaps reddish white). Small seeds. The plant which in the P'ao chi lun is called ta (great) tse lan is the same as the lan ts'ao, and the siao (small) tse lan, there is what we call tse lan.

For the identification of the lan ts'ao see the next.

#### 62.—澤 蘭 草 tse lan ts'ao. P., XIVb, 78. T., LXXXII.

Pen king:—Tse lan ts'ao (marsh lan), 虎 l hu (tiger) lan, 龍 棗 lung tsao (dragon jujube). The leaves are officinal. Taste bitter. Nature slightly warm. Non-poisonous.

Pie lu:—The tse lan grows on the margins of all the great lakes or swamps in Ju nan [in Ho nan, App. 110]. It (the leaves) is gathered on the 3rd day of the 3rd month, and dried in the shade.

The descriptions of the *tse lan* as given by the authors quoted in the P. are not characteristic and much confused. Some compare it to plants of the Labiate order, from other descriptions it would seem that it is a *Composita*. According to Li Shi-chen the roots are eaten and called 地 宇 ti sun. The seeds are also used in medicine.

I have already pointed out [Bot. sin., II, 405] that the fragrant plant is lan mentioned in the Classics, and by early Chinese poets, was most probably a fragrant orchid. The figure in the T. [l.c.] under the name of lan is without doubt intended for a plant of this order. Li Shi-chen observes that this lan of the Classics and poets is probably called lan hua (lan flower). It has leaves like the mai men tung (Ophiopogon) and is not to be confounded with the lan ts'ao, which is quite different.

China is very rich in orchids. In our days one of the most favorite of them among the Chinese in the south is the 吊蘭花 tiao (suspended) lan hua, called also 風 [ feng (air) lan, the Aërides odorata of Loureiro, Fl. cochin., 642.—Bridgm., Chin. Chrest., p. 452 (5).—Amæn. exot., 864:—Fu ran, cum icone. [V. infra, sub 202].

The Cust. Med. [p. 160 (319)] notices 30 piculs of 蘭花米 lan hua mi, classed among seeds, as imported to Shang hai.

Ibid., p. 152 (201):—佩蘭葉 pei lan ye (lan leaves worn on the girdle) exported from Shang hai 1.15 picul. Said to come from Sz ch'uan. Ibid., p. 194 (163):—The same imported to Ning po 1.10 picul.

*Ibid.*, 360 (283):—*Tse lan* exported 1885 from Canton 22 piculs,—p. 288 (222), from Amoy 5 piculs.

The figures of the lan ts'ao and the tse lan ts'ao, in the Ch. [XV, i and 13], seem both to be intended for species of Eupatorium, order of Compositæ. Dr. Hance states that in S. China Eupatorium stæchadosmum is cultivated on account of the fragrance of its flowers. See Ind. Fl. sin., I, 405.

In Japan the Chinese names 蘭草 and 澤蘭草 are both applied to Eupatorium. For particulars see Bot. sin., II, 405.

### 63.—香 薷 hiang ju. P., XIVb, 81. T., CL.

Pie lu:—Only the name hiang (fragrant) ju and medical properties noticed. It seems the leaves are officinal.

T'AO HUNG-KING:—It is commonly eaten raw as a vegetable. It is also gathered in the 10th month and dried.

The Shi liao Pen ts'ao [7th cent.] calls it 香菜 hiang jou and 香茸 hiang jung,

Su Sung [11th cent.]:—The plant is cultivated but rarely in the north. It resembles the pai su [Perilla. See 67] but the leaves are smaller. It is produced in Shou ch'un and Sin an [both in Che kiang, App. 291, 310]. There is one kind which is called I [ shi hiang ju. It grows on rocks, is slender, of a yellow colour, pungent and fragrant and much valued.

K'ou Tsung-shi [12th cent.]:—The hiang ju grows wild in the mountains of North and South King Hu [Hu nan, App. 147]. In Pien and Lo [both in Ho nan, App. 248, 201] the people cultivate it in gardens and eat it as a vegetable during the hot season.

LI Shi-chen:—There are the wild-growing hiang ju and the cultivated one. The latter is called 香菜 hiang ts'ai (fragrant vegetable). There is a large-leaved and a small-leaved sort, the first is the best. The plant has a square stem, incised leaves like the huang king (Vitex) but smaller. In the 9th month purple flowers in spikes, followed by small seeds. There is one sort with more slender leaves like those of the lo chou (Kochia) and which grows only a few inches high. This is the shi hiang ju. Another name for the hiang ju is 蜜蜂草 mi feng ts'ao (bee plant).

Ch., XXV, 32:—Hiang ju. Representation of a Labiata, probably Elsholtzia.

TATAR., Cat., 46:—Hiang ju, Elsholtzia cristata. This is a common plant in the Peking mountains. Debeaux [Flor. Shang hai, 48, Tien tsin, 36] saw it cultivated in Chinese gardens.—P. Smith, 94.

Cust. Med., p. 80 (202):—Hiang ju exported 1885 from Han kow 173 piculs,—p. 374 (464), from Canton 31 piculs,—p. 92 (84), from Kiu kiang 31 piculs,—p. 300 (390), from Amoy 8 piculs.

So moku, XI, 16:--香 薷 Elsholtzia cristata, Willd.

# 64. 一爵 床 tsio chuang. P., XIVb, 84. T., CLXVIII.

Pen king:—Tsio chuang. Leaves and stem officinal. Taste saltish. Nature cold. Non-poisonous.

Pie lu:—Other name: 香蘇 hiang su (fragrant su). The tsio chuang grows in Han chung [S. Shen si, App. 54], in river-valleys and fields.

Wu P'u [3rd cent.] calls it 管麻 tsio ma.

Su Kung [7th cent.]:—This plant grows in marshes and corn-fields and by way sides. It resembles the hiang ju [Elsholtzia. See 63], but the leaves are longer and larger. They resemble the jen [Perilla. See 67] but are smaller. Its vulgar name is 赤眼老母草 ch'i yen lao mu ts'ao (red-eyed old mother's herb).

LI SHI-CHEN:—It is a common plant in the plain and in waste places. Square stem with joints. It resembles the large-leaved hiang ju [see 63]. But when rubbed [the leaves] between the fingers the latter is fragrant, whilst the tsio chuang exhales a somewhat unpleasant odour.

Ch., XXV, 23:—Tsio chuang. The drawing represents a labiate plant.

### 65.—假蘇 kia su. P., XIVb, 85. T., LVIII.

Pen king:—Kia su (Pseudo-Perilla), 鼠糞 shu ming. The whole plant, especially the flower-spikes, used in medicine. Taste pungent. Nature warm. Non-poisonous.

Wu P'u [3rd cent.] calls the plant also 荆芥 king kie (kiai) and states that it has leaves like those of the lo li (Chenopodium) but smaller. The plant is eaten in Shu [Sz ch'uan, App. 292].

T'AO HUNG-KING:—The kia su is not used now in medical prescriptions.

Su Kung [7th cent.] classes it among the vegetables.

LI Shi-chen:—The king kie grows wild and is also much cultivated. The young plants are fried and eaten. The taste is pungent and fragrant. The plant has a square stem, small leaves resembling those of the tu chou [Kochia. See 111] but narrower and smaller, of a pale yellowish green colour. In the 8th month it opens its small flowers, arranged in spikes like those of the su [Perilla. See 67]. The seeds are small like those of the ting li [see 114].

Ch., XXV, 22:—Kia su or king kie. It seems Salvia plebeja, R. Br., is intended by the drawing. This plant at Peking is called king kie, but the same name is also applied to Nepeta tenuifolia, Bth.

Tatar., Cat., 58:—King kie, Salvia plebeja.—P. Smith, 192.

PARKER, Canton pl., king kie = Salvia plebeja, also Moslea lanceolata, Maxim. But Loureiro [Fl. cochin., 453] gives quam tum kim kiai (king kie of Canton) as the Chinese name for Origanum creticum, L. [O. vulgare. See Ind. Fl. sin., II, 282].

Henry, Chin. pl., 70:—The name king kie applied in Hu pei to various plants: Phtheirospermum, Mosla, Elsholtzia, Melampyrum.

Cust. Med., p. 132 (172):—King kie exported 1885 from Chin kiang 463 piculs,—p. 202 (264), from Ning po 200 piculs,—p. 92 (80), from Kiu kiang 123 piculs.—The Hank. Med. [p. 6] mentions it also as exported from Han kow.

So moku, XI, 31:—假蘇 or 荊芥 Nepeta japonica, Maxim., and [32] same Chinese names, N. tenuifolia, Benth.

## 66.—積雪草 tsi süe ts'ao. P., XIVb, 92. T., CXXXVI.

Pen king: — Tsi süe ts'ao (snow plant). Stem and leaves officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The tsi süe ts'ao grows in the river-valleys of King chou [Hu kuang, App. 146].

T'AO HUNG-KING explains the name (snow plant) by the cooling properties of the plant. But it was then not used in medical prescriptions.

Su Kung [7th cent.]:—This plant has leaves resembling the round Chinese copper coins, and therefore the people of King Ch'u [Hu kuang, App. 145] call it 地袋草 ti ts'ien ts'ao (ground coin herb). It has a slender but strong stem, creeps on the ground. It grows near rivulets.

Su Sung [11th cent.]:—It is a common plant, which is also called 連發草 lien ts'ien (connected coins) ts'ao. According to the collection of prescriptions of the Tien pao period [9th cent.] it grows in Hien yang [Shen si, App. 65] in low, marshy places, also in Lin tsz' [in Shan tung, App. 194] and Tsi yang [in Shan tung, App. 346] in ponds and marshes. It is very fragrant, has round leaves, resembles the po ho (Mentha) and is also called 胡薄荷 hu po ho. It is very common in Kiang tung, Wu Yüe and Tan yang [all in An hui and Kiang su, App. 124, 389, 328], where the people eat it. In Liu ch'eng situated in the province of Ho pei [Chi li, App. 198] it is called 海蘇 hai su.

In Shi-chen:—In An hui and Che kiang, where the people used to drink an infusion of the leaves, the plant is called 新羅 l l sin lo po ho [Sin lo = S. Corea, App. 311]. It is also found in Hu kuang and in Min (Fu kien).

Ch., XXV, 24:—Tsi süe tsao. The figure shows only leaves. Probably Nepeta Glechoma, Benth. (Glechoma hederacea, L.), our Ground Ivy, which is a common plant in China, is intended. The above descriptions in the P. agree in a general way.

Aman. exot., 887:—積雪 sakusetz, kakidoro, tsubogusa. Herba repens Hederæ terrestris facie ac folio, flosculis hexapetalis, purpureis, etc. According to Theo. [Fl. japon., 116] this is Hydrocotyle asiatica, L. But in the So moku [XI, 2] 積雪 is Nepeta Glechoma.

## 67. 一蘇 su. P., XIVb, 94. T., LVIII.

Pie lu:—Su. Stem, leaves and seeds used in medicine. Taste pungent. Nature warm. Non-poisonous.

The su is mentioned in the Rh ya [64].

Su Sung [11th cent.]:—The su is the  $\mathfrak{X}$   $\mathfrak{K}$  tsz (purple) su. The best sort has the leaves purple coloured on both sides. The stem and the leaves are gathered in summer, the seeds in autumn. There are several kinds of su, the shui (water) su [see 68], the  $y\ddot{u}$  (fish) su, etc. All these are kinds of jen [v. supra].

LI SHI-CHEN:—There is the 紫 [ tsz' (purple) su and the **H** | pai (white) su. The seeds of both are sown in the 2nd and 3rd months. They grow also spontaneously from seeds left on the ground. Square stem, roundish, pointed, toothed and serrated leaves. In a rich soil it (the tsz' su) has leaves of a purple colour on both sides, but in a poor soil they are green on the upper side, purple only underneath. The pai or white su has its leaves white (downy) on both sides. This is the 荏 jen. The young leaves of the purple su are eaten as vegetable food salted or pickled together with the mei fruit [Prunus Mume. See 272]. In summer they make a beverage of the leaves, which are very fragrant. The root is also used. In the 8th month it opens its small purple flowers, arranged in spikes, and afterwards capsules are formed like those of the king kie [Salvia. See 65]. In the 9th month, when the plant is half withered, the seeds are gathered. These are small, like mustard seeds, of a yellowish red colour. They yield an oil like the oil obtained from the jen.

The su and the jen are species of Perilla. For further particulars, see Bot. sin., II, 64.

Cust. Med., p. 373 (422):—Su tsz' (seeds) exported 1885 from Canton 24 piculs,—p. 164 (360), from Shang hai 3 piculs,—p. 200 (241), from Ning po 2 piculs.

Ibid., p. 298 (360): - Tsz' su from Amoy 2.5 piculs.

Ibid., p. 130 (142):—Pai su tsz' from Chin kiang 9.7 piculs,—p. 110 (164), from Wu hu 6 piculs.

Ibid., p. 360 (275, 276):—Su stalks and leaves, from Canton 24 piculs.

## 68.—永 蘇 shui su. P., XIVb, 97. T., LVIII.

Pen king:—Shui (water) su. The stem and the leaves are officinal. Taste pungent. Nature slightly warm. Non-poisonous.

Pie lu:—Other names: 芥瓶 kie tsu, 芥苴 kie tsü. The shui su grows in Kiu chen [App. 154], in ponds and marshes. It is gathered in the 7th month.

Wu P'u [3rd cent.] calls it 雞 蘇 ki su (chicken su).

T'AO HUNG-KING:—It is not used in medical prescriptions. Kiu chen is a distant place which has not been identified.

HAN PAO SHENG [10th cent.]:—Leaves like those of the pai wei [Vincetoxicum. See 44], in two opposite. Violet flowers coming out between the joints. Taste pungent, aromatic.

Su Sung [11th cent.]:—The shui su is a common plant by the sides of water-courses. It is much eaten in the south as a vegetable. It is also frequent north of the Kiang, but the people there do not eat it. In Kiang tso [v. supra] the ki su is not the same as the shui su. The tsi ning [v. supra] is also a different plant. The leaves of the shui su are toothed, fragrant, of a pungent taste, those of the tsi ning are narrow and longer, covered with hair, and exhale an unpleasant odour.

Wu Shui [Mongol period] says that the shui su is also called 龍腦薄荷 lung nao po ho (Camphor mint), but from an earlier account, quoted by Su Sung, it would seem that this plant resembles an Artemisia.

Ch., XXV, 20:—Shui su. Figure of a Labiata, as also under the same Chinese name in the Phon zo, XII, 14.

The 莲葉 tsi ning is described in the P. [XIVb, 99] as a distinct plant, called also 臭蘇 ch'ou (stinking) su. Judging from the drawings in the Ch. [XXV, 51] and in the Phon zo [XII, 15] it is a Labiata. The drawing under the above Chinese name in Sieb., Icon. ined., VI, is Calamintha?

### 69.—菊 kü. P., XV, i. T., LXXXVII-IX.

Pen king:—Kü, in the Index 菊華 kü hua, also 箭華 tsie hua. Flowers and other parts of the plant officinal. Taste bitter. Nature uniform. Non-poisonous.

For other ancient names see Bot. sin., II, 130, 404.

Pie lu:—Other names: 女節 nü tsie, 女華 nü hua, 女莖 nü heng, 日精 ji tsing, 更生 keng sheng, 傳延年 fu yen nien, 陰成 yin ch'eng, 周盈 chou ying. The kü hua grows in river-valleys and fields in Yung chou [in Shen si, App. 424]. The root is dug up in the 1st month, the leaves are gathered in the 3rd, the stem in the 5th, the flowers in the 9th, the seeds in the 11th month, and dried in the shade.

According to Ts'ul Shi [Han period] the names nü tsie, nü hua refer to the flowers. In the Pao p'o tsz' [3rd and 4th cent.] it is stated that the above names ji tsing, keng sheng, and chou ying in Taoist prescriptions to promote longevity, are applied to the root, stem, flower and seeds of the kü plant.

The Hung-king:—There are two kinds of  $k\bar{u}$ . One has a purple stem, is fragrant and of a sweet taste. The leaves are used in soups. This is the genuine  $k\bar{u}$ . The other, with a green stem, is larger and has the smell of the have and ai (both Artemisia). It is of a bitter taste and not

much eaten. This is the *pseudo kū* called also 苦意 k'u (bitter) i. The leaves in both are about the same. The kū grows plentifully in Li hien, in the prefecture of Nan yang [in Ho nan, App. 183, 231] and is also common in other places. It is much cultivated. There is also a variety called pai kū with white flowers.

Su Sung [11th cent.]:—The  $k\ddot{u}$  is a common plant. That produced in Nan yang [v. supra] is the best. It flowers in autumn and bears seed in winter. There are many varieties, with large and small flowers. Some have flowers with a yellow disk and white ray flowers, others are entirely yellow.

Wu Shui [Mongol period]:—That with large, fragrant flowers is the 甘菊 kan (sweet)  $k\ddot{u}$ , that with small yellow flowers is the 黃 [  $huang k\ddot{u}$ , that with small flowers of an unpleasant odour is the 野 [ ye (wild)  $k\ddot{u}$ .

Lt Shi-chen:—There are a hundred varieties of the  $k\ddot{u}$ . The flowers are of various colours, single or double. The kan (sweet)  $k\ddot{u}$  is used in medicine. It is much cultivated, and grows also wild in the mountains. Its leaves are eaten.

 $K\ddot{u}$  is a general name for many plants of the order Compositw: Chrysanthemum, Aster, etc.—but the  $k\ddot{u}$  par excellence, and which the ancient Chinese authors above quoted call the true or sweet  $k\ddot{u}$ , is the Chrysanthemum sinense, Sab., the favourite winter-flower of the Chinese, who have cultivated it from time immemorial, it seems, in numerous varieties. It is also common in a wild state in the mountains of North China and also in other parts of the empire. The wild plant is about one foot high, and blossoms late in autumn. Small flower-heads. Florets of the disk yellow, those of the circumference rose coloured. I suspect that the huang (yellow)  $k\ddot{u}$  of the ancient authors is the Chrysanthemum indicum, L., likewise a common wild plant all over China.

It has small flower-heads, yellow florets in the disk as well as in the circumference. At Peking it is called siao ye kü hua (small, wild Chrysanthemum).

Kiu huang, LIII, 20:—Kü. Rude drawing. Small flower-heads.

Ch., XI, i:—Kü hua. Two figures. One represents a Chrysanthemum with large double flowers, the other a plant with small flower-heads; probably the wild form is intended.

Lour., Fl. cochin., 610:—Chrysanthemum indicum, L. Late cultum ob pulchritudinem floris in Cochinchina et China. Sinice ta kio hua (large kü hua). Loureiro's Chr. indicum is the Chr. sinense.

Ibid.:—Chr. procumbens [Lour. describes under this name Chr. indicum]. Spontaneum, cultumque in Cochinchina et China. Inveniuntur multæ varietates:—(1) flore pleno, integre ligulato, flavo,—(2) flore radiato, disco et radio flavis,—(3) disco flavo, radio albo,—(4) flosculis omnibus albis. [Comp. above the varieties according to the Chinese authors.]

P. SMITH [62] erroneously identifies the pai kü hua with Chrysanthemum album, and [145] ye kü hua with Matricaria Chamomilla. Both these plants have not been recorded from China. Ibid., 19:—Huang kü, Anthemis.

Cust. Med., p. 74 (113):—Kü hua exported 1885 from Han kow 315 piculs,—p. 30 (108), from Tien tsin 270 piculs,—p. 196 (173), from Ning po 210 piculs.

Ibid., p. 362 (293):—Kan kü exported from Canton 45 piculs.

Ibid., p. 128 (102):—Huang kü hua exported from Chin kiang 20 piculs,—p. 324 (150), from Swatow 2.3 piculs.

*Ibid.*, p. 324 (155):—*Pai kū hua* exported from Swatow 147 piculs,—p. 128 (107), from Chin kiang 42 piculs,

Amæn. exot., 875:— kik, kikf vel kikku, i.e. Matricaria. Cujus cum sylvestris tum præcipue hortensis, plurimæ sunt varietates.

So moku, XVII, 18:—菊 花 Pyrethrum (Chrysan-themum) sinense.

Ibid., 21:—冬菊 (Winter Chrysanthemum) Pyr. (Chrys.) indicum.

Ibid., 22:—野菊花 Pyretrum seticuspe, Maxim. Small, yellow flower-heads.

## 70.—菴 薗 an lü. P., XV, 5. T., CXLVI.

Pen king:—An lü. Seeds used in medicine. Taste bitter. Nature slightly cold. Non-poisonous.

Pie lü:—The an lü seed is produced in Yung chou [in Shen si, App. 424] in river-valleys, also in Shang tang [S.E. Shan si, App. 275] by waysides. The seeds are gathered in the 10th month and dried in the shade.

T'AO HUNG-KING:—It has the appearance of the hao and the ai (both Artemisia), and is a common plant in Middle China. The Taoists use it. People cultivate it. Snakes dislike it.

Su Sung:—It grows in Kiang and Huai [Kiang su, An hui, App. 124, 89], from two to three feet high, resembles Artemisia in its leaves, flowers in the 7th and bears seed in the 8th month.

LI Shi-chen:—The leaves of the an lü do not resemble the ai (Artemisia vulgaris) but rather the kü (Chrysanthemum), and are thinner and much divided into narrow segments. Leaves green on both sides. The stem grows from four to five feet high, is white, like that of the ai, and rough. In the 8th or 9th month it opens its small, pale

yellow flowers. Fruit (seed) like that of the ai, small. The old plant is used for thatching roofs, whence it is also called 覆 菌  $fou l\bar{u}$ .

Ch., XI, 3: -- An lü. Representation of an Artemisia.

So moku, XVI, 21:—港簡 Artemisia Keiskiana, Miq. (known only from Japan, E. Manchuria and Corea).— Hoffm. & Schlt. [548] identify the same Chinese name with Siphonostegia chinensis, Benth., but this seems to be a mistake. Comp. infra, 86.

## 71.—著 shi. P., XV, 5. T., C.

Pen king:—Shi. Fruit receptacles with the achenes used in medicine. Taste bitter and acid. Nature uniform. Non-poisonous.

This is the Chinese divining plant, about which see Bot. sin., II, 428, Achillea sibirica. Comp. Legge's Yi king, Appendix, V, p. 422:—"Anciently when the sages made the "Yi in order to give mysterious assistance to the spiritual "intelligences, they produced the rules for the use of the "divining plant shi."

Pie lu:—The shi fruit is produced in the mountain valleys of Shao shi [in Ho nan, App. 281]. It is gathered in the 8th and 9th months, and is dried in the sun.

Su Kung [7th cent.]:—The stem of this plant is used in divination (数).

Su Sung [11th cent.]:—The shi is found growing near the sacrificial hall of the white tortoise at Shang ts'ai hien in the prefecture of Ts'ai chou [in Ho nan, App. 276, 342]. It has the appearance of the hao (Artemisia), grows from five to six feet high. From thirty to fifty stems spring up from one root. Late in autumn purple flowers appear at the end of the branches. They resemble the kū hua (Chrysanthemum, Aster). Fruit like those of the ai (Artemisia).

LI SHI-CHEN says that the shi is a kind of hao (Artemisia), a divine plant.

For further particulars see Bot. sin., II, 428.

Cust. Med., p. 8 (54, 55):—Shi exported 1885 from New chwang 760 piculs.<sup>25</sup>

## 72. — 艾 ai. P., XV, 8. T., CI.

Comp. also Bot. sin., II, 77, 429.

Pie lu:—The ai is also called 醫草 i ts'ao (vulnerary herb). The plant which yields the ai leaves [used for cauterizing] grows in the fields. The leaves are gathered on the 3rd day of the 3rd month, and dried in the sun. Taste bitter. Nature slightly warm. Non-poisonous.

Su Sung [11th cent.]:—The ai is a common plant. The best sorts are produced in 覆道 Fu tao (elevated road) and 四明 Sz' ming (name of a monastery in Che kiang). The ai leaves are used for cauterizing, and therefore the plant is also called 灸草 kiu ts'ao (moxa). It is a kind of hao (Artemisia). The leaves are white (downy) underneath. The leaves must be gathered on the 3rd day of the 3rd month or on the 5th of the 5th month.

LI Shi-chen:—In the Sung period that from Fu tao in T'ang yin [in Ho nan, App. 335] and Sz' ming was considered the best. The first was called 北艾 pei (northern) ai, the other 海 [ hai (sea) ai. Since the Ch'eng hua period (1465-1488) the drug from K'i chou [in Hu pei, App. 121] is much valued and known under the name of 蕲 艾 k'i ai. This plant is common on mountain plateaux. Perennial root, straight, white stem, four or five feet high. The leaves resemble those of the hao, are five-lobed with

A mistake: the drug exported from New chwang is a kind of huang-chi-shih; in the Customs List 著 is a misprint for 省 chi (i.e. without the 140th radical).—A. HENRY.

small points, green on the upper side, white and downy underneath, soft and thick. In the 7th or 8th month flower-spikes like those of the ch'e ts'ien [Plantago. See 115] with small flowers come out between the leaves. Small seeds.

The ai is the Artemisia vulgaris, L., very common in N. China, both wild and cultivated. Good figure sub ai in the Ch. [X, 81] also in the Kiu huang [XLVIII, 25] sub 野艾蒿 ye (wild) ai hao.

Ch., XIV, 65:—千年艾 ts'ien nien ai (a thousand years' ai) or 蘄艾 k'i ai. It is said there that this plant grows wild on the To ho shan mountains in Hu pei. This is Tanacetum chinense, A. Gray. It is cultivated under the name of k'i ai at Peking and its downy leaves are used for moxa.

Lour., Fl. cochin., 600:—Artemisia vulgaris. Sinice ngai ye (ai leaves). Ibidem Artemisia chinensis. Sinice khi ngai. Ex plantæ hujus foliis exsiccatis et contusis fit moxa seu cauterium actuale. It seems that the plant Lour. describes as A. chinensis is Tanacetum chinense.

Tatar., Cat., 1:—Ai tsz', Artemisia indica.—P. Smith, 25.

HENRY, Chin. pl., 7:—Ai hao in Hu pei is A. indica (a variety of A. vulgaris).

Cust. Med., p. 360 (278):—Ai (large-leaved) exported 1885 from Canton 3 piculs,—p. 378 (511), ai jung (moxa punk) from Canton 8 piculs.

*Ibid.*, p. 356 (224):—K'i ai exported from Canton 22 piculs,—p. 286 (181) from Amoy 3 piculs.

The Chinese mode of cauterizing by burning the down of Artemisia vulgaris or Tanacetum chinense upon the skin, seems to be of very ancient date. Its invention is ascribed

to the Emperor Huang TI. In the History of the Sui dynasty, in the section on Literature, there is the title of a work 黃帝鍼灸經 Huang ti chen kiu king or Emperor Huang Ti's work on Acupuncture and Cauterizing. The Rh ya [77] gives 冰臺 ping t'ai (ice turret) as a synonym for ai. The Po wu chi [3rd cent.] explains the character ping (ice) in the name by the fact that the ai leaves (or moxa) were ignited by means of a piece of ice cut into a roundish form which collected the sun-beams.

Amæn. exot., 897:—艾 gai, vulgo jamogi. Artemisia vulgaris major; quæ junior vocatur futz, ex qua fit Moxa, celebris stupa pro cauterio actuali.

Sieb., Œcon., 213:—Artemisia chinensis, Moksa japon. 艾. Ex herba præparantur moksa celebrata.—Ibid., 376:—Artemisia ibuki jomogi (A. vulgaris). Ad præparandam moksam.

So moku, XVI, 16:—艾 Artemisia vulgaris. Japonice yomogi, ibuki yamogi.—Guibourt, in his Hist. naturelle des drogues [III, 52], says, as many other authors did before him, that moxa is a Chinese and Japanese word. But this is an error which has already been refuted, 200 years ago, by Rumphius, who, in his Herbarium Amboinense [V, 261, 262, sub Artemisia latifolia, baru tschina], writes:—H.e sinensis fomes igniarius. Hic fomes vulgo moxa vocatur, per longum autem tempus detegere non potui quænam vox moxa esset, quumque animadvertebam a Sinensibus hic habitantibus non intelligi, hinc concludi, Portugallicam esse corruptam vocem, derivatam a mocho h.e. muco, cum quo forte Portugalli siccatam hujus herbæ fomitem comparant.

BAILLIÈRE [Dict. de Médecine, etc., 1873] suggests that moxa may be derived from the Greek Mixes, a fungus which in a dried state was used by the ancient Greeks to burn the skin, and which is mentioned by Hippocrates.

## 73.—茵 蔯 蒿 yin ch'en hao. P., XV, 14. T., CXLIV.

Pen king:—Yin ch'en hao. Leaves and stem used in medicine. Taste bitter. Nature uniform, slightly cold. Non-poisonous.

Pie lu:—The yin ch'en grows in T'ai shan [in Shan tung, App. 322] on mountain slopes. It is gathered from the 5th month to the beginning of autumn, and dried in the shade.

In the Kuang ya [3rd cent.] it is called 因 壁 yin ch'en.

T'AO HUNG-KING:—It is a common plant and resembles the p'eng hao [see Bot. sin., II, 436] but the leaves are smaller and denser. The stem does not die in winter and in spring thrives again.

HAN PAO-SHENG [10th cent.]:—Its leaves resemble those of the tsing hao [see 74] but are white (downy) underneath.

Su Sung [11th cent.]:—It is a common plant in Mid China. The best sort comes from T'ai shan [in Shan tung, App. 322]. It resembles the p'eng hao, but the leaves are smaller (finer). It has neither flowers nor seed. One kind, the shan (mountain) yin ch'en is used like the ai hao. It is different from the cultivated yin ch'en.

LI Shi-chen:—The yin ch'en hao was much cultivated in ancient times as a vegetable. The shan (mountain) yin ch'en, which is used in medicine, is different. Now the people of Huai and Yang [An hui and Kiang su, App. 89, 400] on the 2nd day of the 2nd month gather the leaves of the wild yin ch'en, mix them with flour, and prepare cakes which they call | If yin ch'en ping.

Ch., XI, 22:—Yin ch'en hao. Representation of an Artemisia.

Lour., Fl. cochin., 598:—Artemisia abrotanum [the plant Loureiro describes is not this species. See DC. Prodr.,

VI, 108: certe diversa]. Sinice yin chin hao. Habitat incultum, cultumque in Cochinchina, China.

Tatar., Cat., 30:—Yin ch'en hao. Flores Artemisiæ.— P. Smith, 25:—Art. abrotanum.

Cust. Med., p. 74 (112):—Yin ch'en exported 1885 from Han kow 135 piculs,—p. 90 (52), from Kiu kiang 103 piculs,—p. 126 (99), from Chin kiang 1.7 picul,—p. 324 (145), from Swatow 3 piculs,—p. 30 (107), from Tien tsin a small quantity.

Amown. exot., 897:—茵蔯 intsjin, vulgo fki jamogi & kawara jamogi. Abrotanum campestre. The [Fl. jap., 309] refers this to his Artemisia capillaris (with capillary leaves).—So moku, XVI, 28:—Same Chinese name A. capillaris.

## 74.—青 蒿 ts'ing hao. P., XV, 16. T., LXII.

Pen king:—Tsing hao (green Artemisia), 草 [ tsiao (herbaceous) hao, 方 潰 fang hui. Leaves, stem, root and seed used in medicine. Taste bitter. Nature cold. Non-poisonous.

For other ancient names see Bot. sin., II, 13.

Pie lu:—The ts'ao hao grows in the marshes of Hua yin [in Shen si, App. 87].

T'AO HUNG-KING:—This is a common plant, now generally called ts'ing hao. The people eat it mixed with fragrant vegetables.

HAN PAO-SHENG [10th cent.]:—The ts'ao hao in Kiang tung [App. 124] is called M [ sin hao, for its smell resembles that of the beast called sin. In the north it is called ts'ing hao. The young leaves are pickled in vinegar. The leaves resemble those of the yin ch'en [see 73] but are not white underneath [whence the name ts'ing or green hao]. The plant grows more than four feet high. The leaves are

used in medicine. This plant is mentioned in the Shi king [the author refers to Shi king, 246, hao. See Bot. sin., II, 431].

Su Sung [11th cent.]:—The tsing has very fine (small) leaves, which are eaten. Late in autumn it bears pale, yellow flowers. The seeds are like millet and are gathered in the 9th month. Root, stem, leaves and seeds are all used in medicine.

K'ou Tsung-shi [12th cent.]:—The ts'ing hao is also called 香 | hiang hao (fragrant Artemisia). It has a red root and fragrant leaves.

LI SHI-CHEN:—The ts'ing hao has a coarse, succulent stem of the thickness of a finger. The stem and the leaves are of a dark green colour. The leaves resemble those of the yin ch'en but are dark green on both sides. The root is white and firm. The flowers appear in the 7th or 8th month. They are small, yellow and slightly fragrant. The fruit resembles that of hemp and contains small seeds.

Ch., XI, 93, sub ts'ing hao or ts'ao hao, representation of an Artemisia with capillary leaves.

TATAR., Cat., 12:—Ts'ing hao, Artemisia.—P. SMITH, 25:—Ts'ing hao, Artemisia Dracunculus. He says it is abundant in Hu peh, and sometimes eaten as a vegetable.

Debeaux, Fl. de Shang hai, 38, Fl. de Tien tsin, 28:— Artemisia Dracunculus, sinice tsin kao, cultivated as a vegetable.

Cust. Med., p. 356 (231):—Tsing have exported 1885 from Canton 18 piculs.

Hank. Med., 6, 7:—The same mentioned as exported from Han kow.

So moku, XVI, 25:一青 蒿 Artemisia apiacea, Hance (A. abrotanum, Thbg.).

## 75.—自 蒿 pai hao. P., XV, 20. T., LXII.

Pen king:—Pai hao (white Artemisia). Leaves, root and seeds used in medicine. Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—The pai hao grows in the marshes of Chung shan [in Chi li, App. 31]. It is gathered in the 2nd month.

T'AO HUNG-KING states that the pai hao is not used in medicine.

Su Kung [7th cent.]:—The 藥 fan or 皤蒿 pai hao of the Rh ya [12] is the 白 l pai hao. The leaves are covered with a white down, whence the name.

Su Sung [11th cent.]:—In ancient times the people used the leaves of the pai hao for food. Now they employ for this purpose the 宴當 lou hao, which some authors have erroneously identified with the pai hao.

LI SHI-CHEN:—The pai hao is a common plant. There are two kinds of it, one growing in water, the other in dry land. The first is the pai hao of the Pie lu. It is fragrant and pleasant, whilst the dry land plant is pungent and unpleasant. The pai hao of the Pie lu is without doubt the same as the lou hao.

The pai hao as well as the lou hao are species of Artemisia. For further particulars see Bot. sin., II, 433, 430.

#### 76.—馬先蒿 ma sien hao. P., XV, 22. T., LXII.

Pen king:—Ma sien hao, 馬矢蒿 ma shi hao. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—Other names: 練石草 lien shi ts'ao, 爛石草 lan shi ts'ao. The ma sien hao grows in Nan yang [W. Ho nan, App. 231], in marshes.

Su Kung [7th cent.]:—Leaves as large as those of the ch'ung wei [Leonurus. See 78]. The flowers are red and white. Stem and leaves gathered in the 2nd and 8th months, the seed ripens in the 8th and 9th months. This plant is also called 虎麻 hu ma or 馬新 蒿 ma sin hao.

This is the *Incarvillea sinensis*, Juss. For further particulars see *Bot. sin.*, II, 432.

## 77.— 杜 蒿 mou hao. P., XV, 23. T., LXII.

Comp. Bot. sin., II, 14, 432. Lu kí confounds it with the ma sien hao [76].

Pie lu:—Mou hao (male Artemisia). Leaves used in medicine. Taste bitter, slightly sweet. Nature warm. Non-poisonous. This plant grows in the fields. It is gathered in the 5th and 8th months.

T'AO HUNG-KING :- It is not used in medicine.

Su Kung [7th cent.]:—It is also called 齊頭蒿 ts'i t'ou hao. It has leaves resembling those of the fang feng [Stenocælium. See 31] but finer and thinner, not glaucous.

LI SHI-CHEN:—Its leaves are flat, narrow at the base, broad and lobed at the end. The young leaves can be eaten. Deer are fond of the plant. In autumn it bears small, yellow flowers. The fruit is as large as that of the ch'e ts'ien [Plantago. See 115] and contains minute seeds, hardly distinguishable, wherefore the ancients asserted that the plant has no seeds, and called it the male southernwood.

The mou hao is an Artemisia. In Japan this Chinese name is applied to Art. japonica. See Bot. sin., II, 432.

# 78.—芜 蔚 ch'ung wei. P., XV, 24. T., CXXIX.

Pen king:—Ch'ung wei, 益母 i mu, 益明 i ming, 火 枚 huo hien. The seeds are officinal. Taste sweet. Nature slightly warm. Non-poisonous.

For other ancient names see Bot. sin., II, 25, 444.

Pie lu:—Other name: 貞蔚 chen wei. The ch'ung wei grows near the seashore and on the margins of pools and marshes. It (the seeds) is gathered in the 5th month.

T'AO HUNG-KING:—This plant is found everywhere. Its leaves resemble those of the *jen* [Perilla. See 67]. The stem is square. Small, oblong triangular seeds. Seldom used in medicine.

Ch'en Ts'ang-k'i [8th cent.]:—The popular name of the ch'ung wei is 臭草 ch'ou ts'ao (stinking plant).

TA MING [10th cent.]:—Stem, leaves and root likewise used in medicine.

Su Sung [11th cent.]:—The plant is common in gardens and in waste places. It is mentioned in the Rh ya [25]. The seeds are black and resemble those of the ki kuan (Celosia cristata). Square stem.

K'ou Tsung-shi [12th cent.]:—The young plant can be used for food.

LI Shi-chen:—The ch'ung wei grows abundantly near water-courses, in damp places. The young plant in spring resembles a young hao (Artemisia). In summer it is from three to four feet high. It has as quare stem. The leaves resemble ai leaves (Artemisia vulgaris) but are green (not downy) underneath. They are trilobed with long points. The small flowers are arranged (in a whorl) around the joints, and are of a red colour tinged with white. Each calyx contains four seeds as large as those of the t'ung hao (Chrysanthemum Roxburghii), triangular and of a gray colour. The living plant has an unpleasant odour. The root is white. The descriptions given by ancient authors—as, for instance, that the leaves resemble Perilla leaves, that the seeds are black, etc.—are incorrect. There are two kinds of ch'ung

wei, one with purple and the other with white flowers. The last is the *i mu*, the purple-flowered is called 野天麻 ye t'ien ma. Other authors say that the purple-flowered is the true *i mu*. The name *i mu* (mother's help) is explained by its seeds being useful in women's diseases.

Ch., XI, 25:—Ch'ung wei or i mu ts'ao. Good drawing representing Leonurus sibiricus, L. This plant has red flowers and a disagreeable odour.

Tatar., Cat., 29:—I mu ts'ao, Leonurus sibiricus.— According to Parker, the same Chinese name is applied to the same plant in Sz ch'uan [China Review, X, 169] and at Canton Leonurus sibiricus is i mu ai.—P. Smith, 132:— Ch'ung wei or i mu, Leonurus sinensis [the species name is purely imaginary on his part].

Cust. Med., p. 376 (470):—I mu ts'ao exported 1885 from Canton 18 piculs,—p. 300 (398), from Amoy 2 piculs,—p. 40 (231), from Tien tsin i mu plaster 0.4 picul.

So moku, XI, 41:一益 母 and 芜 蔚 Leonurus sibiricus.

#### 79.—薇 銜 wei hien. P., XV, 30. T., CLI.

Pen king:—Wei hien, 糜 街 mi hien. Stem and leaves officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—Other names 承書 ch'eng kao. The wei hien grows in Han chung [S. Shen si, App. 54], in marshes, also in Yüan kü [in Shan tung, App. 415] and Han tan [in Chi li, App. 56]. In the 7th month the stem and the leaves are gathered and dried in the shade.

Other names noticed by Wu P'u [3rd cent.]:一無心草 wu sin ts'ao (plant without a heart), 無頃 wu tien, 承媵 ch'eng ki.

Su Kung [7th cent.]:—The southern people call the plant 吳風草 wu feng ts'ao. In Ch'u [Hu kuang, App. 24]

they distinguish two sorts, the greater and the smaller wu feng. Another name is 鹿 街草 lu (deer) hien ts'ao. People say that deer, when sick, have recourse to this plant and then recover. This plant grows in a bushy manner, resembles the ch'ung wei [Leonurus. See 78] and also the pai t'ou weng [see 24]. Its leaves are covered with hair. The stem is red.

HAN PAO-SHENG [10th cent.] adds that it has yellow flowers and a reddish black root.

LI SHI-CHEN:—The Shui king chu [5th cent.] states that the wei hien plant grows plentifully in the Si shan mountains in Wei hing [in Shen si, App. 384]. The plant is said not to move by wind. It moves only when the air is still.

In the *Phon zo* [XIV, 12, 13] 薇銜 is given as the Chinese name for various species of *Senecio*, viz.: S. nikoensis, Miq., S. palmatus, Pall., S. nemorensis, L.

## 80. 一夏 枯草 hia ku ts'ao. P., XV, 31. T., CXXXVI.

Pen king:—Hia ku ts'ao (plant withering in summer), 夕句 si kü, 乃東 nai tung. Stem and leaves officinal. Taste bitter and pungent. Nature cold. Non-poisonous.

Pie lu:—Other names: 燕面 yen mien. The hia ku ts'ao grows in the river-valleys of Shu [Sz ch'uan, App. 292]. It is gathered in the 4th month.

Su Kung [7th cent.]:—It is found everywhere in marshes, and grows till late in winter. Its leaves resemble those of the suan fu [Inula. See 81]. In the 3rd or 4th month it bears purplish white flowers, in spikes, resembling those of the tan shen [Salvia. See 20], then produces seed, and withers in the 5th month.

LI SHI-CHEN:—It is a common wild plant, grows from one to two feet and higher. Its stem is nearly square.

Leaves opposite on the joints, resembling those of the süan fu, but longer, serrated on the margin, downy underneath, and finely veined. Small pale purple flowers in spikes which issue from the top of the stem. Small seeds, four together. It is also called 鐵色草 tie se ts'ao (plant of the colour of iron).

Ch., XI, 66:—Hia ku ts'ao. The figure seems to represent Prunella vulgaris, L., our common self-heal. The drawing under the same name in the Kiu huang [XLVII, 23] is indistinct. It is said there that the hia ku ts'ao grows in Ho nan, Che kiang, An hui, especially in Ch'u chou [App. 25].

D'INCARVILLE, Peking plants (MS.):—Hia kou tsao, Brunelle. On en voit chez les droguistes à Pékin. Elle vient des provinces méridionales.

Lour., Fl. cochin., 203:—Celosia margaritacea. Sinice: hia khu ts'ao.

Tatar., Cat., 45:—Hia ku ts'ao, Lophanthus.—P. Smith [138] Lophanthus.

PARKER [China Rev., X, 162]:—Prunella vulgaris, hia ku ts'ao, a common roadside plant in Sz ch'uan.

Henry, Chin. pl., 161:—The name hia ku ts'ao in Hu pei is applied to Prunella vulgaris, also to Ajuga decumbers, Thbg.

The drug (dried leaves and flowers) hia ku ts'ao which I received from Wen chou seemed to belong to Prunella. The Chinese name "iron coloured plant" refers probably to the brown coloured bracts and calyces of Prunella.

Cust. Med., p. 202 (266):—Hia ku ts'ao exported 1885 from Ning po 157 piculs,—p. 374 (463), from Canton 85 piculs.

Amæn. exot., 897:—夏枯草 vulgo utsu bogusa et urukki. Brunella major, folio non dissecto. So moku, XI, 4:—Same Chinese name, Ajuga genevensis, L.—Ibid., 8:—滁州夏枯草 [i.e. hia ku ts'ao from Ch'u chou, v. supra], Prunella vulgaris.

## 81.—旋覆花 sũan fu hua. P., XV, 35. T., CXX.

Pen king:—Süan fu hua, 全沸草 kin fu ts'ao. Flowers officinal. Taste saltish. Nature warm. Slightly poisonous.

For other ancient names see Bot. sin., II, 139.

Pie lu:—Other name: 戴椹 tai shen. The süan fu grows in low marshes and valleys. The flowers are gathered in the 5th month and dried 20 days. The root is also used in medicine.

T'AO HUNG-KING:—It grows in Mid China in low, damp places, and resembles the kü hua (Chrysanthemum) but is larger. It must not be confounded with the 旋 蒿 süan fu, the root of which plant is used in medicine. [Ealystegia. See 169.]

Su Sung [11th cent.]:—This plant grows along the edge of the water. It resembles the hung lan (Carthamus tinctorius), but is not prickly. It grows from one to two feet high. Leaves like willow-leaves. Stem slender. In the 6th month it opens its flowers, which resemble the Chrysan-themum. They are as large as a small copper coin, and of a deep yellow colour. The people of Shang tang [S.E. Shan si, App. 275], where it grows in fields, call it 全後花kin ts'ien hua (gold coin flower). In Mid China it is much cultivated in gardens.

LI Shi-Chen:—The wild plant, which grows on the margins of water-courses, has small single flowers resembling the kū. But when cultivated the flowers become large. The root is small and white. It is also called 夏菊 hia kū (summer Chrysanthemum) and 滴滴金 ti ti kin (dripping gold).

Ch., XI, 68:—Süan fu hua. Good drawing of an Inula. See also Kiu huang, XLVI, 16.

Tatar., Cat., 48: —Süan fu hua. Flores Inula chinensis.

P. SMITH [119] states that Inula chinensis was introduced into China in the 6th century. His assertion is evidently based upon a statement in the Yu yang tsa tsu, reproduced in the P., that a plant kin ts'ien hua (gold coin flower) was introduced into China during the Liang dynasty, from a foreign country where its original name was p'i-shi-sha. But this plant was certainly not Inula chinensis, which is a common indigenous plant in N. China. It has beautiful yellow flowers.

Cust. Med., p. 362 (301):—Süan fu hua exported 1885 from Canton 11 piculs,—p. 154 (218), from Shang hai 1.3 picul,—p. 290 (234), from Amoy 1.3 picul,—p. 214 (64), from Wen chou 1 picul.

Amæn. exot., 877:—旋覆 sen fuki, vulgo oguruma, Aster luteus. Figured in Kæmpf., Icon. sel., 30. This is Inula japonica, Thbg.

So moku, XVII, 5:- Same Chinese name, Inula japonica.

# 82.—青葙 ts'ing siang. P., XV, 37. T., CLVI.

Pen king:—Ts'ing siang, 草蒿 ts'ao hao, 26 萋蒿 ts'i hao. Name of the seeds: 草决明 ts'ao küe ming.27 The leaves, the stem and the seeds officinal. Taste bitter. Nature slightly cold. Non-poisonous.

Pie lu:—The ts'ing siang grows in the plains, by roadsides. Stem and leaves gathered in the 3rd month, the seeds in the 5th and 6th months. T'AO HUNG-KING:—It is a common plant. It resembles a flowering wheat-ear. The seeds are very small.

• Su Kung [7th cent.]:—This plant is about one foot high. It has small, soft leaves. Flowers whitish purple. The fruit forms a horn. The seeds are black, flat, shining, and look like the seeds of the hien [Amarantus Blitum. See 256] but are larger. The plant grows in low, damp places. The people of King and Siang [both in Hu pei, App. 146, 305] call it 崑崙草 k'un lun ts'ao.

Su Sung [11th cent.]:—The plant is common in Kiang and Huai [Kiang su and An hui, App. 124, 89] and in Mid China. It grows from three to four feet high. The leaves are broad, resemble willow-leaves, but are softer. The stem is like that of the hao (Artemisia), greenish red. Its flowers appear in the 6th or 7th month, they are red in the upper part (of the ear), white in the lower part. Seeds black, shining and flat, resembling those of the lang tang [Scopolia. See 139]. The root is like Artemisia root.

LI Shi-chen:—The ts'ing siang grows wild. The young plant resembles the hien [v. supra], and can be eaten. In its leaves, flowers and seeds the ts'ing siang resembles the ki kuan (Celosia cristata, cockscomb), only the flower-spikes of the latter are larger and flat. The ts'ing siang is therefore also called 雞冠莧 ki kuan hien or ye (wild) ki kuan. Su Kung is wrong in saying that the fruit has the shape of a horn.

Kiu huang [XLVII, 18] and Ch. [XI, 46] sub tsing siang, representations of Celosia argentea, L. The description in the P. agrees.

Lour., Fl. cochin., 203:—Celosia argentea. Sinice tsim siam tsu.

TATAR., Cat., 13:—Ts'ing siang tsz'. Semina Celosiæ argenteæ.—P. Smith, 57.—I have also seen seeds received

under the above Chinese name from Wen chou. They were small, black, shining and undoubtedly belonged to the above-mentioned plant.

Cust. Med., p, 366 (343):—Tsing siang exported 1885 from Canton 5.68 piculs,—p. 292 (272), from Amoy 0.85 picul.

So moku, III, 61:—青葙, japonice nokeito, Celosia argentea.

Sieb., *Œcon.*, 127:—Same Chinese and Japanese names, *Celosia argentea*. Herba tenera edulis.

# 83.—大 薊 ta ki and 小 薊 siao ki. P., XV, 43. T., CVIII.

Pie lu:—The ta ki and the siao ki (the great and little ki or thistle) are gathered in the 5th month. Of both the leaves and the root are officinal. Taste sweet. Nature warm. Non-poisonous.

FAN WANG [4th cent.] uses the name 馬 [ ma ki (horse thistle).

T'AO HUNG-KING:—The great ki is also called 虎 l hu (tiger) ki, the little one 貓 l mao (cat) ki. These plants resemble each other in their leaves, which are very spiny. They grow abundantly in a wild state. Not much used in medicine.

Su Kung [7th cent.]:—The great and the little ki resemble each other, but the medical virtues of the drugs are different. The great ki grows in the mountains, the root is beneficial in ulcers and abscesses,—the little ki grows in low marshes, it does not accelerate the bursting of abscesses, but it breaks the blood.

In the Ji hua Pen ts'ao [10th cent.] we met with the names 山牛蒡 shan niu p'ang (mountain burdock) and 刺 葡 ts'z' ki (spiny thistle) applied to these plants.

Su Sung [11th cent.]:—The siao ki is a common plant. Its vulgar name is 青東 献 ts'ing ts'z' ki (green spiny thistle). The young leaves together with the roots, in spring, when the plant is from two to three inches high, are used for food and considered very palatable. In the 4th month the plant is about one foot high and very spiny. The flower-heads issue from the heart of the plant and resemble those of the hung lan (Carthamus tinct.). They are of a greenish purple colour. The people in the north call it 千全草 ts'ien chen ts'ao (thousand needles plant). For medical use the stem and the leaves are gathered in the 4th month, the root in the 9th, and dried in the shade.—The greater ki in its leaves and root resembles the lesser, but the plant is fatter and larger.

K'ou Tsung-shi [12th cent.]:—The greater and the lesser ki resemble each other. Flowers like tufts of hair. The greater grows from four to five feet high, has wrinkled leaves, the lesser is only one foot high. Leaves not wrinkled. It is used as a vegetable.

LI SHI-CHEN gives as synonyms the names 雞頂草 ki ting ts'ao (cockscrown), 野紅花 ye hung hua (wild Carthamus). Some authors refer the ta ki to Rh ya, 137, ki or kou tu.

Ch., XI, 86:—Ta ki. Two drawings, apparently Cnicus is intended. One of the plants figured shows a tuberous root. It is said there that the root of the ta ki in Kiang si is known to the native physicians under the name of t'u jen shen (native ginseng).—Comp. also Kiu huang, XLVI, 3, ta ki. Leaves eaten. Root said to be poisonous.

Lour., 589:—Carduus tuberosus, Canton. Sinice thu gin sen. The tuberous root is officinal.

TATAR., Cat., 19:— Ta ki. Radix Cardui seu Dipsaci.— In the Peking mountains the people apply the name ta ki to

Cnicus pendulus, a thistle-like Composita, from five to six feet high, very spiny, with enormous purple flower-heads.

Henry, Chin. plants, 515:—Ta ki in Hu pei, Cnicus japonicus, DC. var.

So moku, XV, 37: - 大 蓟 Cnicus spicatus, Maxim.

Ch., XI, 85:—Siao ki. The drawing represents a Cnicus with small spiny leaves, small flower-heads. See also Kiu huang, XLVI, 2.

Lour., Fl. cochin., 588:—Carduus lanceolatus, L. [= C. chinensis, DC. Prodr., VI, 629], sinice siao ky or la di ts'ao.

TATAR., Cat., 47:—Siao ki, Carduus seu Dipsacus.—Comp. P. Smith, 51, 64, sub Carduus and Cirsium.

Henry, l.c., siao ki = Cnicus segetum, Bge.

Amæn. exot., 897:—薊 kei, vulgo asami. Carduus pratensis latifolius.

So moku, XV, 36:—小前 Cnicus japonicus, DC. (vide Maxim.).

Phon zo, XV, 13:—Same Chinese name, Cnicus purpuratus, Maxim., and Cn. Hilgendorfii, Franch. But in the So moku [XV, 42] the latter appears with the Chinese name 到頁草 [v. supra, Li Shi-Chen].

SIEB., Œcon., 210:—Carduus acaulis, sinice 小 勸, japonice noa sami. Radix atque herba edules. According to Maximowicz this is Cnicus japonicus.

Cust. Med., p. 350 (139):— Ta ki exported 1885 from Canton 0.2 picul.—Ibid., p. 344 (44), siao ki exported from Canton 1.68 picul,—p. 276 (36), from Amoy 0.07 picul.

#### 84.—續斷 su tuan. P., XV, 45. T., CXXXIII.

Pen king:—Su tuan, 属折 su che. (Both these names mean: to join together what is broken). The root is officinal. Taste bitter. Nature slightly warm. Non-poisonous.

Pie lu:—Other names:接骨 tsie ku (join together broken bones), 龍豆 lung tou. The su tuan grows in the mountain-valleys of Ch'ang shan [in Chi li, App. 8]. It is gathered in the 7th and 8th months and dried in the shade.

Wu P'u [3rd cent.]:—It is produced in Liang chou [in Ho nan, App. 187].

The descriptions of the *su tuan* given by authors of various times are confused and contradictory, and no conclusion can be drawn from them; some compare it to the *ch'u ma* (*Boehmeria*), others to a thistle.

The drawing in the Ch. [XI, 33] sub su tuan may be intended for Dipsacus.

TATAR., Cat., 49:—Su tuan. Rad. Cardui seu Dipsaci. In the Peking mountains su tuan is Dipsacus japonicus, Miq.

P. Smith, 64:—Su tuan or JII Mr Ch'uan tuan, Cirsium lanceolatum, an imaginary identification.

Henry, Chin. pl., 164:—In Hu pei su tuan = Dipsacus asper, Wall.

Cust. Med., p. 340 (46):—Su tuan exported 1885 from Canton 240 piculs.—The Cust. Med. mentions the Ch'uan [Sz ch'uan] su tuan as imported into several Chinese ports.<sup>28</sup>

In Japan 續斷 is Lamium album, L. So moku, XI, 11.

Comp. also Bot. sin., II, 118.

The Hankow list of medicines.—Customs Med., p. 66 (14) mentions it (1,610 piculs) as Chiuan tan JII H. See Alphabetical Index of Customs Med., No. 474, for the various popular names given to Hsü-tuan.—A. Henry.

It is stated there that it comes from Han kow and Shang hai, but neither the Ch'uan su tuan or the su tuan are mentioned as articles of export in the Han kow list, and in the Shang hai list we find, p. 138 (21), that 1,310 piculs of Ch'uan su tuan were imported to Shang hai from Han kow and other ports.

## 85.— 苦 类 k'u yao. P., XV, 47. T., CLXI.

 $Pie\ lu:-K`u$  (bitter) yao. Leaves used in medicine. Taste bitter. Nature slightly cold. Non-poisonous. It can also be eaten.

T'AO HUNG-KING:—The k'u yao is a common plant. The people of Ch'eng [Ho nan, App. 17] eat the stem raw.

HAN PAO-SHENG:—It grows in low, damp places. The stem is round, not spiny, and can be eaten raw. Seeds like those of the *mao ki* [cat's thistle. See sub 83].

LI SHI-CHEN: This is the plant kou or yao of the Rh ya  $\lceil 62 \rceil$ . It (the stem) is of the thickness of a finger, and hollow inside. At the top of the stem is a flower-head like that of the ki (thistle). The young plant can be eaten. The people of Che tung [Che kiang, App. 10] at the ts'ing ming feast (in spring) gather the young plants and eat them. It is believed that then they will not be afflicted with sores for a year. The juice of the plant is mixed with rice for food. In the Tsao hua chi nan (an alchemistic work) the plant is called 苦板 k'u pan, the larger kind 苦藉 k'u tsie. Its leaves resemble those of the ti huang [Rehmannia. See 100], and are of a bitter taste. When young they are downy. In summer the stem developes. It is covered with hair. The flowers are white and numerous, the fruit is small. That kind which bears neither flowers nor fruit is called 地 膽 草 ti tan ts'ao (ground gall plant). Its juice is bitter, like gall. This plant is common in damp places.

Ch., XIV, 6:-K'u yao. The drawing represents leaves of a spiny plant.

So moku, XV, 41:一苦 奖 Cnicus nipponicus, Maxim.

# 86.—漏 虚 lou lu. P., XV, 47. T., CXXXIII.

Pen king:—Lou lu, 野蘭 ye lan. Root and leaves officinal. Taste saltish. Nature cold. Non-poisonous.

Pie lu:—The lou lu grows in the valleys of the K'iao shan mountain [in Shen si, App. 134]. The root is dug up in the 8th month and dried in the shade.

T'AO HUNG-KING:—The K'iao shan is Emperor HUANG TI's burial-place. It lies in Shang kün [in Shen si, App. 273]. The leaves and the root are used in medicine. The latter is commonly called 鹿 驪根 lu li ken. Ground with bitter wine it is useful in curing itch-sores.

Su Kung [7th cent.]:—The popular name of this drug is 炭蒿 kia hao (Artemisia with pods). The stem and the leaves resemble those of the pai hao [Artemisia. See 75]. Yellow flowers. The pod is as long as that of the si ma (small hemp, unknown to me, perhaps Sesam) and as thick as a quill. It has four or five divisions (cells) and becomes black in the 7th or 8th month. By this (i.e. by producing a pod) it is distinguished from all the hao (Artemisia) plants. The stem and the leaves, also the seeds, are used in medicine, but not the root. The name lou lu is also applied to several other plants.

MA CHI [10th cent.]:—The low lu has a stem like a quill, from four to five feet high. The fruit is a capsule, like that of the yu ma (oil-hemp or Sesamum) but smaller. The people of Kiang tung [Kiang su, etc., App. 124] use the leaves in preference to the root. The drug from Kiang ning [Nan king, App. 129] and Shang tang [S.E. Shan si, App. 275] is considered the best.

CH'EN TS'ANG-K'I [8th cent.]:—The people in the south use the leaves, the people in the north the root.

HAN PAO-SHENG [10th cent.]:—Its leaves resemble those of the küe hao (Incarvillea). It is a common plant in the marshes of Ts'ao chou and Yen chou [both in Shan tung, App. 344, 404]. In the 6th and 7th months the stem is gathered and dried in the sun. It then becomes blacker than any other dried plant.

The Ji hua Pen ts'ao [10th cent.] calls this plant 鬼油麻 kui yu ma (devil's Sesam).

There are descriptions of the plant by several other Chinese authors, but they are confused and contradictory. Evidently they confound several plants.

LI SHI-CHEN observes, that there is in Min [Fu kien, App. 222] a plant called *lou lu*. It has a stem six or seven feet high resembling that of the *Sesam* plant. In autumn, when it withers, it becomes black, like varnish. This is the true *lou lu*. This latter name means "black."

Ch., XI, 36:—Lou lu. Rude drawing. Comp. also Kiu huang, XLVI, 26.

Cust. Med., No. 756:—Lou lu, root of an herb (Serratula sp.?)

Cust. Med., p. 122 (34):—Lou lu exported 1885 from Chin kiang 1.38 picul,—p. 344 (82), from Canton 0.1 picul.

TATAR. [Cat., 35] gives 劉 寄 奴 liu ki nu as the Chinese name for Siphonostegia chinensis. See also P. SMITH, 198. But judging by the description of the liu ki nu in the P. [XV, 32] and T. [CLXXI] this is a plant of the order Compositæ. It is first spoken of by Su Kung [8th cent.], and vaguely described. LI SHI-CHEN says that it has yellow flowers resembling those of a small kü (Chrys-

anthemum). The Ch. [XIV, 20, 21] has sub liu ki nu two rude figures, one of them seems to refer to a Composita. According to the Cust. Med., p. 374 (452), 202 (275), 286 (183), this drug is exported from Canton, Ning po, Amoy, resp. 7, 2, 1 piculs.

So moku, XVII, 40:—劉 寄 奴 Solidago virgo aurea, L. (our common Golden Rod) and ibid., 43, same Chinese name, Senecio palmatus, Pall.

# 87.—飛廉 fei lien. P., XV, 50. T., CXXXIV.

Pen king:—Fei lien. Root and flowers officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—Other names: lou lu [see 86], 木禾 mu ho, 飛雉 fei ki (flying cock), 【輕 fei k'ing (to fly and not heavy), 伏兎 fu t'u, 伏豬 fu chu, 天薺 t'ien tsi. The fei lien grows in Ho nei [in Ho nan, App. 77]. In the 1st month the root is dug up, and in the 7th and 8th months the flowers are gathered and dried in the shade.

T'AO HUNG-KING:—It is a common plant and much resembles the k'u yao [Cnicus. See 85], but its leaves are much incised (or sinuated or laciniated). The stem has skins (raised lines) which issue from the base of the leaves and continue down the stem, resembling the wings of an arrow. Purple flowers. This drug is not used now in medicine, only Taoists consider the stem and the branches as securing longevity.

Su Kung [7th cent.]:—There are two kinds of this plant. One grows in low marshes and is the plant described by T'AO HUNG-KING. The other grows on the summits of mountains. Its leaves resemble those of the first but are not sinuated, and very downy. Its stem is red, not winged. The root goes straight down, has no lateral branches, the

rind (of the root) is black, the flesh white with black veins. When dried in the sun it becomes black, like the root of the yüan shen [see 18].

Ch., XI, 37:—Fei lien. The drawing is probably intended for Carduus crispus, L., with which the above Chinese description of the fei lien agrees. Carduus crispus is a common plant in the Peking mountains.

So moku, XV, 40:—飛順 Carduus crispus. See also Kwa wi, p. 9.

## 88.— 学 麻 ch'u ma. P., XV, 51. T., XXXIX.

This is the grass-cloth plant, Boehmeria nivea. See Bot. sin., II, 391.

The *Pie lu* gives only the name *ch'u ma*, and specifies its medical virtues. Root and leaves used in medicine. Taste sweet. Nature cold. Non-poisonous.

T'AO HUNG-KING says, the ch'u is a kind of hemp, used for spinning thread.

Su Sung [11th cent.]:—The ancient authors do not record where the ch'u ma is produced. Now it grows plentifully in Min [Fu kien, App. 222], Shu [Sz ch'uan, App. 292], Kiang [Kiang su, etc., App. 124] and Che [Che kiang, App. 10]. From its fibres cloth is woven. The plant grows from seven to eight feet high. Its leaves resemble the leaves of the ch'u [Broussonetia papyrifera. See 333], but are not lobed. They are green on the upper side, white underneath, covered with short hairs. In summer and autumn the plant bears spikes of small green flowers. Root yellowish white, not heavy.

Li Shi-chen:—The ch'u occurs wild and is also much cultivated. The people distinguish the 業 [ tsz' (purple) ch'u, with purple leaves, and the 白 [ pai (white) ch'u

with its leaves green on the upper side and white underneath. The leaves can be prepared for food. The seeds are of a brownish gray colour. Perennial root.

The plant has the same Chinese name in Japan. For further particulars see Bot. sin., II, 391.

## 89.—大青 ta ts'ing. P., XV, 54. T., CV.

Pie lu:—Ta ts'ing (great green). Its stem is gathered in the 3rd or 4th month and dried in the shade.

T'AO HUNG-KING:—This plant is found in East China and in the border provinces. It has a purple stem about one foot high. Stem and leaves officinal.

Su Sung [11th cent.]:—It is produced in all the prefectures of Kiang tung [E. of the Kiang, App 124], in King nan [Hu nan, App. 148], in Mei, Shu [Sz ch'uan, App. 219, 292] and in Hao [in An hui, App. 59]. Stem purplish green, resembling the shi chu (Dianthus). Flowers purplish red, resemble those of the ma liao (Polygonum) and the yüan hua [Daphne. See 156]. The root is yellow.

LI SHI-CHEN:—It is a common plant, and grows from two to three feet high. Stem round. Leaves from three to four inches long, green on the upper side, paler underneath, placed in pairs at the joints. In the 8th month small red flowers in corymbs. Fruit at first green, of the size of the tsiao (Zanthoxylon) fruit. In the 9th month it becomes red. LI SHI-CHEN explains the name ta ts'ing (great green) by the dark green colour of the stem.

Ch., XI, 88:—Ta tsing. A plant figured which is unknown to me.

TATAR., Cat., 18:—Ta ts'ing. Caules et folia Polygoni tinctorii.—P. SMITH, 175.

Cust. Med., 360 (277):—Ta ts'ing leaves exported 1885 from Canton 1.15 picul,—p. 350 (140), ta ts'ing root 0.1 picul. But ta ts'ing is identified there with Indigofera tinctoria, whether correctly, I am not prepared to say.

Hoffm. & Schlt., 312:—大青 Justicia crinata, Thbg. (Acanthaceæ). This is, according to DC. Prodr., XI, 493 = Peristrophe tinctoria, Nees. = Justicia purpurea, Lour., Fl. cochin., 31.—But, strange to say, [in DC. Prodr., XI, 485] Thunberg's Just. crinata is identified with another acanthaceous plant, the Dicliptera crinita. This latter is the same as Dianthera japonica, Thbg. [Fl. jap., 21, tab. 4]. I may observe that Loureiro describes also a Justicia tinctoria: Folia viridi colore saturata, eodem telas pulchre imbuunt. The ta ts'ing in Chinese works does not seem to refer to one of these acanthaceous plants.

The P. [XV, 55] notices also a plant called 小青 siao tsing (little green). The T'u king Pen ts'ao [11th cent.] says only a few words regarding this plant. It is said to grow in Fu chou [in Fu kien, App. 46]. It flowers in the 3rd month. The people there employ the leaves.

Ch., IX, 16:—Siao ts'ing. Figure of a plant with pinnate leaves and a large root. Unknown to me. Ibid., XIV, 48:—Siao ts'ing. This figure seems to represent Ardisia japonica, Bl. Comp. Henry, Chin. pl., 13.

## 90. - 蠡 實 li shi. P., XV, 57. T., CLXV.

Pen king:—Li shi, 劇草 k'i ts'ao, 豕首 shi shou (pig's head). The fruit is officinal. Taste sweet. Nature uniform. Non-poisonous.

For other ancient names see Bot. sin., II, 36, 467.

Pie lu:—Other name: 荔寶 li shi. The li shi grows in Ho tung [in Shan si, App. 80] in river-valleys. The fruit is gathered in the 5th month and dried in the shade.

Su Kung [7th cent.]:—The *li shi* is also called 馬 蘭子 ma lin tsz', and mentioned in the Yüe ling (Li ki) under the name of 荔 li.

Su Sung [11th cent.]:—The plant is common in Shen si [App. 284]. It is found also in Ting chou and Li chou [both in Hu nan, App. 341, 185] and frequent near Pien [in Ho nan, App. 248]. Its leaves resemble those of the hiai [Allium. See 242] but are longer and thicker. In the 3rd month it opens its blue flowers. The fruit is formed in the 5th month. It is a horn (capsule). The seeds are as large as hemp seed, red and angulous. The root is fibrous and long, of a yellow colour. The people use it for brushes. Kao Yu, of the Han dynasty, says that it grows in the marshes of Ho pei [in Shan si, App. 78]. The people of Kiang tung used to cultivate it in front of their houses and called it 早清 han p'u.

LI SHI-CHEN refers to the Rh ya [36] and states that the people south and north of the Yellow River call the plant 鐵掃帚 t'ie sao chou (iron besom). Another name for it is 三堅 san kien.

Ch., XI, 42:-Li shi. The drawing represents an Iris.

At Peking ma lin is a common name for Iris oxypetala, Bge. The name is sometimes erroneously written 馬蘭 ma lan.<sup>29</sup> Tatar., Cat., 38, has ma lan hua. Flores Iridis oxypetalæ.

Amæn. exot., 872:—馬蘭 farin, vulgo buran. Iris hortensis, alba, germanica.—According to The The Theorem [Fl. jap., 33] this is Iris sibirica.

So moku, XVI, 44:—Aster trinervius, Roxb.

So moku, II, 8:—Same Chinese name, Iris ensata, Thbg.—Phon zo, XVI, 2:—蠢寶, japonice haran, Iris ensata. The same Chinese name is applied there to I. sibirica.

鐵掃帚 tie sao chou, which in the P. is given as a synonym for li shi or Iris, appears in the So moku [XIV, 22] as the Chinese name for Lespedeza juncea, a leguminous plant, and the drawings under the same name, in the Kiu huang [L, 20] and Ch. [XII, 45], although rude figures, seem to refer to the same plant.

## 91.—恶 實 wu shi. P., XV, 60. T., CLXVI.

Pie lu:—Wu shi (evil fruit), 風 粘 shu nien, 牛 蒡 niu p'ang. The wu shi grows in Lu shan [in Ho nan, App. 203], in marshes. The seeds, the stem and the root are officinal. Taste of the seeds pungent. Nature uniform. Non-poisonous.—Taste of the root and the stem bitter. Nature cold. Non-poisonous.

Su Kung [7th cent.]:—Lu shan [also the name of a mountain] lies to the north-east of Teng chou [in Ho nan, App. 337]. The leaves of the wu shi plant are as large as those of the yū [Colocasia. See 261]. The involucrum of the fruit has the appearance of the [spiny husk] of the chestnut. The seeds are small and long like those of the ch'ung wei [Leonurus. See 78].

Su Sung [11th cent.]:—The wu shi, also called niu p'ang, is a common plant. It has large leaves like the yü [v. supra], but longer. The seeds resemble the seeds of the grape, and are of a gray colour. The involucrum of the fruit is like the husk of the chestnut, but smaller, of the size of the end of a finger. It is covered with spines. The root, which is sometimes very large, is used for food. The seeds

are officinal. The spines of the involucrum of the fruit lay hold of the rats who pass near it and stick to them, whence the name *shu nien* (rat and to stick).

LI SHI-CHEN: - In ancient times the people cultivated the niu p'ang plant in a rich soil, and the leaves were eaten as a vegetable. The root was likewise prepared for food. It is very nourishing, but is now seldom eaten. The plant grows from three to four feet high. In the 4th month it opens its pale purple flowers, which are crowded together. The fruit resembles that of the feng tree (Liquidambar formosana) but is smaller. The calyces of the flowers have small spines. More than a hundred flowers form a globular head. The root is of the thickness of an arm, nearly a foot long and of a gray colour. The seeds are gathered in the 7th month, the root is taken up in the 10th. The plant (flower-head) is provided with hooked spines, whence the name wu shi (evil fruit). Other vulgar names are 牛菜 niu ts'ai (ox-vegetable), 大力子 ta li tsz', 便牽牛 pien k'ien niu, 夜叉頭 ye ch'a t'ou, 蝙蝠刺 pien fu ts'z' (bat spine), 蒡 蓊 菜 p'ang weng ts'ai.

Kiu huang [LIII, 4] and Ch. [XI, 84], sub niu p'ang tsz', good drawings of Arctium Lappa, L., which is a common plant in North and Central China. In Peking it is called niu p'ang tsz. It is known under the same name or as ta li tsz', in Sz ch'uan and Hu pei [Parker in China Rev., XI, "Names of Sz ch'uan Plants," and Henry, l.c., 312].

Tatar., Cat., 41:—Niu p'ang tsz'. Semina Lappæ.

Cust. Med., p. 78 (182):—Ta li tsz' exported 1885 from Han kow 636 piculs,—p. 16 (129), from New chwang 520 piculs,—p. 34 (174), from Tien tsin 5.50 piculs. Ibid., p. 34 (160), niu p'ang tsz' from Tien tsin 1.89 picul.

Amæn. exot., 828:—牛蒡 gobo, umma bufuki. Bardana major: quæ hic in terra pulla colitur, ob radicem, ante caulium eruptionem, culinis destinandam.

So moku, XV, 34:—Same Chinese name, Lappa major Gært. Japonice gobo.

Sieb., Œcon., 211:—Arctium Lappa, sin. 牛蒡, japon. koboo. Radices obsonium vulgatum.

### 92. 一桌 耳 si rh. P., XV, 64. T., CLVI.

Pen king:—Si rh, 胡桌 hu si, 地葵 ti k'ui (ground mallow). The fruit, the stem and the leaves are officinal. Taste of the fruit bitter. Nature warm. Slightly poisonous. The stem and the leaves are bitter and pungent. Nature slightly cold. Slightly poisonous.

For other ancient names of the plant in the Classics see Bot. sin., II, 184, 438.

Pie lu:—The si rh grows in the river-valleys of An lu [in Hu pei, App. 1] and in Ta an [in Shan si, App. 320] in neglected places. The ripe fruit is gathered.

T'AO HUNG-KING:—The people of Ch'eng [Ho nan, App. 17] eat it and call it 常思菜 ch'ang sz' ts'ai. The leaves are used for dyeing clothes a yellow colour. The plant is seldom employed in medicine.

卷耳 kūan rh, in the Rh ya the name reads 蒼耳 ts'ang rh. [This is an error. The character ts'ang was not used in the classical period to designate this plant.] The Po wu chi [3rd cent.] reports that in Lo [in Ho nan, App. 201] there was a man who drove sheep to Shu (Sz ch'uan). The fruit of the 胡泉 hu si plant, being covered with prickles, adhered to the fleeces of the sheep, and when they returned they brought the seeds of the plant to China, whence it is also called 羊資來 yang fu lai (it came carried on the back of sheep). Another popular name is 道人頭 Tao jen t'ou (Taoist head).

Kiu huang, LII, 22:—蒼耳 ts'ang rh (green ear). Rude drawing representing Xanthium strumarium, L. It is said there that the fruit resembles a mulberry and is covered with prickles. The leaves are eaten.

Ch., XI, 50:—Si rh. Good drawing of Xanthium strumarium. This is a very common weed all over China, called ts'ang rh at Peking.

TATAR., Cat., 5:—Ts'ang rh. Fructus Xanthii strumarii.—Hanb., Sc. pap., 233.—P. Smith, 233.

According to Parker [Canton Plants] ts'ang rh is also the Chinese name for this plant at Canton.

Cust. Med., p. 372 (427):—Ts'ang rh exported 1885 from Canton 9.7 piculs,—p. 298 (353), from Amoy 1.23 picul,—p. 350 (156), from Canton 0.25 picul of the root.

Amæn. exot., 892:—蒼耳 sooni, namome. Xanthium. Lappa minor.

So moku, XX, 25:—Same Chinese name, Xanthium strumarium.

But 卷耳 [So moku, VIII, 71] is Cerastium glutinosum, Fries.

## 93.—天名精 t'ien ming tsing. P., XV, 68. T., CLXXIV.

Pen king:—T'ien ming tsing, 麥句薑 mai kū kiang, 蜸甍 hia ma lan (frog blue), 豕首 shi shou [pig's head. Comp. 90]. Leaves and root officinal. Taste sweet. Nature cold. Non-poisonous.

Comp. also Bot. sin., II, 35.

Pie lu:—Other names: 天 蔓 菁 t'ien man ts'ing, 天門精 t'ien men tsing, 墨 松 ti sung, 玉門精 yü men tsing, 蟾 蜍 蘭 shan chu lan (toad lan), 菜 顱 chi lu (pig's head). The t'ien ming tsing grows in marshes in the plain. It is gathered in the 5th month. The accounts given by the ancient authors of this plant, which has so many names, are confused and not characteristic. Probably several plants are confounded. Su Kung [7th cent.] says, that the tien ming tsing is also called 活度草 huo lu ts'ao. The people in the south call it 地态 ti sung (ground cabbage), also tien man tsing (heavenly rape), for the leaves resemble cabbage or rape-leaves, and are of a sweet, pungent taste.

LI Shi-chen:—The young leaves of the tien men tsing are wrinkled like cabbage-leaves or leaves of the mustard plant. They smell somewhat of foxes, but can be eaten when cooked. The plant has small yellow flowers like small Asters. The fruit resembles that of the ting hao (Chrysanthemum Roxburghii). The seeds stick to people's clothes. They have at first an unpleasant, fox-like smell, but after heating become fragrant. The root is white. Other names of the plant: 数面草tsou mien ts'ao (wrinkled leaf), 母猪芥mu chu kie (sow mustard). The fruit (seed) is called 鐵風 ho shi (crane's louse), the root 士牛膝t'u niu si.

The ho shi (crane's louse) or seed of the t'ien ming tsing, according to the authors of the T'ang and Sung periods, is an important medicine. It is of a bitter and pungent taste, slightly poisonous, and reputed to destroy insects.

Cust. Med., p. 366 (358):—Ho shi exported 1885 from Canton 12 piculs,—p. 158 (296), from Shang hai 5.49 piculs,—p. 198 (204), from Ning po 1.15 picul.

Ch., XI, 16:-T ien ming tsing. The drawing may perhaps be intended for Carpesium [v. infra].

Tatar., Cat., 56:—T'ien ming tsing. Semen Amaranthaceæ.—P. Smith, 12.

In Japan the name 天名精 is applied to Carpesium abrotanoides, L. See So moku, XV, 62. This plant, of the

order Compositæ, yellow flowers, is common in South and Mid China. Three other species of Carpesium are known from China.

### 94.—蘆 lu. P., XV, 76. T., CIX.

This is the common reed, Arundo phragmites, L. (Phragmites communis), also called 葦 wei and 莨 kia. Comp. Bot. sin., II, 210, 211, 213, 455.

Pie lu:—Lu. The root, the young sprouts, the stem and the leaves are officinal. Taste of the root, the stem and the leaves, sweet. Nature cold. Non-poisonous. The sprouts are slightly bitter.

Su Kung [7th cent.]:—The lu root is produced in low marshes. The stem and the leaves of the lu resemble the bamboo, the flowers are like those of the ti [a smaller reed. See Bot. sin., II, 455] and are called 蓬 p'eng nung. The root is dug up in the 2nd and 8th months and dried in the sun.

Su Sung [11th cent.]:—The lu resembles the bamboo, its leaves clasp the stem, which is not branched. White flowers in panicles resembling those of the mao [Imperata. See 37]. The root is also like that of the bamboo, but the joints are at a greater distance apart. That part of the root which is below the water (in the mud) is sweet and pungent, that which is in the water is not good for use. The tender sprouts of the lu are much used for food, like bamboo-sprouts.

Kiu huang, LIII, 13:—Lu sun (lu sprouts), and Ch., XIV, 10:—Lu or wei, figures of Arundo phragmites.—P. Smith, 171.

Henry, Chin. pl., 253:—蘆 柴 lu ch'ai (fuel) in Hu pei = Phragmites Roxburghii, Kth.

Cust. Med., p. 344 (83):—Lu ken (root) exported 1885 from Canton 3.43 piculs.

Amæn. exot.:—葦 i, vulgo assi, jussi. Arundo palustris vulgaris, foliis latioribus, calamis firmis, ex quibus puto penicilla scriptoria confici.

According to MIQUEL [Prol. Fl. jap., 166] josi is the Japanese name for Phragmites Roxburghii, Nees. The common reed Phr. communis is also found in Japan. MIQUEL does not mention its Japanese name. One of these two species is figured in the Phon zo, XVI, 9, 10, sub \(\mathbb{R}\).

## 95.—甘 蕉 kan tsiao. P., XV, 59. T., CLXXXV.

Pie lu:—Only the name is given and the medical properties of the root are noticed.

Kan tsiao is the plantain or Banana (Musa), of which detailed and good descriptions by ancient authors are given in the P. I defer the translation of these accounts to another part of the Botanicon sinicum.

### 96. 一霎 荷 jang ho. P., XV, 81. T., CXLIII.

Pie lu:—Jang ho, 覆植 fu tsū, 【草 jang ts'ao. It grows in the mountain valleys of Huai nan [in An hui, Kiang su, App. 90]. The root is officinal. Taste pungent. Nature warm, slightly poisonous. It is used as a vermifuge. The leaves also are employed.

In the poems of Sz' Ma Siang Ju [†B.C. 120] this plant is called 簿 直 po tsü.

The Ku kin chu [4th cent.] says, the jang ho resembles the fu tsu [v. supra. Other reading pa tsiao, Banana] but is white. The flowers issue from the root. Its unopened flowers are eaten. The leaves and the root are like ginger.

T'AO HUNG-KING:—There are two sorts. The red sort (I suppose red root) is now called  $jang\ ho$ , whilst the white is  $fu\ ts\ddot{u}$ . The first is good to eat, the white is used in medicine. The leaves in both sorts are the same.

Su Sung [11th cent.]:—The jang ho is much cultivated in King and Siang [both in Hu pei, App. 145, 305] and in Kiang and Hu [Mid China, App. 124, 83]. It is also found in the northern provinces. The leaves resemble those of the banana. The root is like ginger-shoots but more succulent. The leaves wither in winter. The root is much pickled. The best is that grown in the shade of trees.

Ch., III, 68:—Jang ho. Henry [Chin. pl., 359] refers this drawing to Lilium giganteum, Wall. But the descriptions of the jang ho in the P. seem rather to point to Zingiber.

Amæn. exot., 826:—蘘 荷 Dsjooka vulgo Mjoga. Zingiber edule, sapore molli . . . . bulbo florigero ex radice circa caulem in terræ superficie nascente . . . .

This is the Amomum mioga, Thbg. [Fl. jap., 14] figured in Banks' icon. sel. Kæmpf., tab. 1.—Same Chinese name [So moku, I, 9] Zingiber Mioga, Rosc.

Sieb., Œcon., 101:—Zingiber Mioga, same Chinese name. Soboles juniores quæsitum obsonium.

The above Chinese descriptions of the jang ho seem to agree with Zingiber Mioga. This plant however has not been recorded from China. Hance [in Journ. Bot., 1882, p. 80] described Z. integriloba, a new species from Hong kong, which is allied to Z. Mioga.

### 97.—麻 黃 ma huang. P., XV, 83. T., CLIV.

Pen king:—Ma huang (hemp yellow), 龍沙 lung sha. The stem is officinal. Taste bitter. Nature warm. Non-poisonous.

Pie lu:—Other names: 與相 pei siang, 與鹽 pei yen. The ma huang grows in Tsin [Shan si, App. 353] and Ho tung [S.W. Shan si, App. 80]. The stem is gathered in the beginning of spring and dried in the shade until it assumes a green colour.

T'AO HUNG-KING:—This plant now grows in Ts'ing chou [E. Shan tung, App. 363], in P'eng ch'eng [in Kiang su, App. 247]. In Yung yang and Chung mou [both in Ho nan, App. 427, 30] the best sorts are produced. It is of a dark green colour and has much foam (?).<sup>30</sup> The drug from Shu (Sz ch'uan) is of an inferior quality.

Su Kung [7th cent.]:—It grows plentifully in Cheng chou [in Ho nan, App. 15], Lu t'ai [unknown, App. 205], in Kuan chung [Shen si, App. 158], in Sha yüan [in Shen si, App. 267], on the banks of the Yellow River and on sandy islets.

The Yu yang tsa tsu [8th cent.] states that the small yellow flowers of the ma huang appear in cymes at the top of the stem. Its fruit resembles the fu p'en tsz [raspberry. See 166] and is edible.

Su Sung [11th cent.]:—The ma huang is common near Pien king [K'ai feng fu, App. 248]. The best drug comes from Yung yang and Chung mou [v. supra]. The plant grows about one foot high. Yellow flowers at the top. The fruit is small, resembles the scaly bulb of a lily, and is of a sweet taste. Its smell recalls the ma huang (hemp yellow, pollen

of hemp?). The outer skin of the fruit is red. It contains black seeds. The root is purplish red. The people distinguish the female and the male ma huang plant. The male produces neither flowers nor fruit.

LI SHI-CHEN:—Its root, which is about one foot long, has a yellowish red skin.

Ch., XI, 51:—Ma huang. The drawing seems to be intended for Equisetum.

Lour., Fl. cochin., 823:—Equisetum arvense. Sin. ma huam.

Tatar., Cat., 37:—Ma huang, Ephedra.—P. Smith, 93:—Ephedra flava.—The drug which I received under the name of ma huang from an apothecary's shop in Peking—slender yellow or green stems or branches of a plant, cut into small pieces—proved to belong, on microscopical examination, to Ephedra. E. vulgaris is a common plant in N. China and Mongolia. The description of the ma huang in the P. agrees with Ephedra.

Phon zo, XVI, 18:--麻 黃 Equisetum arvense.

Ephedra (order Gnetaceæ), with its leafless branches, has a slight resemblance to Equisetum, which is a cryptogamous plant. Ephedra has yellow flowers, male and female flowers on different plants, and produces red, edible berries.

Cust. Med., p. 12 (91):—Ma huang exported 1885 from New chwang 966 piculs,—p. 36 (199), from Tien tsin 213 piculs,—p. 74 (107), from Han kow 66 piculs,—p. 194 (161), from Ning po 31 piculs.

Cust. Med., No. 801:—Ma huang, Ephedra vulgaris, Rich. var. helvetica, Hook. & Thom.

## 98.—石 龍 駕 shi lung ch'u. P., XV, 90. T., CLXXVI.

Pen king:—Shi lung ch'u (stone dragon grass), 龍鬚 lung sũ (dragon's moustaches), 龍珠 lung chu, 草續 斷 ts'ao

su tuan. Stem and root officinal. Taste sweet. Nature uniform. Non-poisonous.

The Shan hai king mentions a plant 龍修 lung siu. Kuo P'o comments that this is the plant 龍須 lung sü which grows in rock-holes, and the stem of which is used for making mats.

The Ku kin chu [4th cent.] relates that when Emperor Huang TI soared up to Heaven on a dragon, his ministers seized the dragon's moustaches, which dropped to the earth and produced the plant so called.

Other legends are found in the *Shu i ki* [6th cent.] in which this plant is mentioned in connection with Mu wang's eight famous horses and the fabulous Si wang mu or western royal mother. The plant is also called 西王母簪 Si wang mu's hair-pin. In Kiang tung the mats woven of this plant were known under the name of mats of Si wang mu.

Some ancient authors refer the lung sü grass to Rh ya, 16.

Pie lu:—Other names: 龍 華 lung hua, 縣 莞 hūan huan, 方 賓 fang pin. The shi lung ch'u grows in Liang chou [in Ho nan, App. 187] in mountain valleys and marshes. The stem is gathered in the 5th and 7th months and dried in the sun. That with nine joints, and which has a strong taste, is the best.

T'AO HUNG-KING:—It has a slender green stem with joints, red fruits. It is found in Mid China, growing in water between stones, and is employed for making mats.

Ch'en Ts'ang-k'i:—It grows in Fen chou, Ts'in chou, Shi chou [all in Shan si, App. 38, 362, 286].

LI SHI-CHEN:—The lung sü grass grows in tufts. It resembles the tsung sin ts'ao [see the next] and the fu ts'z' [Eleocharis. See Rh ya, 59]. The plant rises straight, has

neither branches nor leaves. In summer there appear on the top of the stem small flowers in spikes, followed by small fruits (seeds). The people of Wu [Kiang su, App. 389] cultivate it much and use it for matting. It is rarely met with there in a wild state. It is also known under the name of 語葉草 Tsin yūn ts'ao. Li Shi-chen observes that Tsin yūn is the name of a district in the prefecture of Ch'u chou in Che kiang, where this grass is produced on the Sien tu shan mountain. [See Bot. sin., I, p. 226 (42).]

I have already noticed [Bot. sin., II, 455] that the fine mats made of the lung sü grass are still known in China and much prized. But the grass which furnishes the material is unknown to botanists.

Ch., XI, 39:—Shi lung ch'u or lung sü ts'ao, and Phon zo, XVI, 22:—石 龍 第 representations of fine-leaved grasses.

### 99.— 龍常草 lung chang ts'ao. P., XV, 91. T., CLXIV.

Pie lu:—It grows by the sides of rivers in summer as well as in winter, and resembles the lung ch'u [see 98]. The stem is used in medicine. Taste saltish. Nature warm. Non-poisonous.

LI SHI-CHEN thinks that this is the plant mentioned in the Rh ya [16]. It is also called 糕 的 草 tsung sin ts'ao.

Ch., XIV, 13:—Lung shang ts'ao.—Phon zo, XVI, 21:—龍常草 figure of a Graminea.

## 100.—地 谐 ti huang. P., XVI, i. T., CXXXVII.

Pen king:—Ti huang (earth yellow), 地髓 ti sui (earth marrow). The root is officinal. Taste sweet. Nature cold. Non-poisonous.

For other ancient names of the plant see Bot. sin., II, 180.

Pie lu:—The ti huang grows in the marshes of Hien yang [in Shen si, App. 65]. That which is produced in a loamy soil is the best. The root is dug up in the 2nd and 9th months and dried in the shade. The drug is used in this dried state, 乾地黃 kan (dry) ti huan, or the fresh root is used, 生地黃 sheng (fresh) ti huang.

T'AO HUNG-KING:—Hien yang is the same as Ch'ang an [the ancient capital of China, in Shen si, App. 6]. The ti huang grows in Wei ch'eng [same as Hien yang, App. 382]. The fruit looks like a wheat-grain. Now the dried ti huang from P'eng ch'eng [in Kiang su, App. 247] is the best. That from Li yang [in An hui, App. 186] is of second quality. The drug from Pan k'iao in Kiang ning [Nan king, App. 240] is also prized. The juice, pressed from the root, is likewise used in medicine.

Su Sung [11th cent.]:—It is a common plant. The best drug comes from T'ung chou [in Shen si, App. 378]. The leaves of the ti huang appear in the 2nd month. They resemble the leaves of the ch'e ts'ien [Plantago. See 115] and are all on the ground (radical leaves). They are wrinkled, rough, and veined. The scapes are from three or four inches to one foot high. They bear flowers resembling those of the yu ma (Sesamum), of a purple colour. Sometimes the flowers are yellow. The fruit is a capsule, like that of the lien k'iao [Hypericum. See 120]. Small grayish brown seeds. The root is like a man's hand with fingers, varies as to size, and is yellow throughout. The plant is not always raised from seed, frequently it is propagated from the root. In a fat soil the root attains considerable dimensions and becomes very juicy. The extract obtained by pressing and steaming the root is called 熟 地 黃 shu ti huang.

LI SHI-CHEN gives a similar description of the plant. Leaves and scapes covered with hair. Flowers red and yellow. The young leaves can be eaten. The drug from Huai king fu (in Ho nan) is considered the best.

The P. [XVI, 10] notices after the ti huang a plant called 胡面蓉 hu mien mang, regarding which the Pen ts'ao shi i [8th cent.] says, that it grows in Ling nan [S. China, App. 197]. Leaves like those of the ti huang. It (the root) is of a sweet taste and used in medicine.

The above descriptions of the *ti huang* agree well with *Rehmannia glutinosa*, Libosch., a common plant in N. China. At Peking, where it is not cultivated, it is called *ti huang*. Four more species of *Rehmannia* are known from other parts of China.

Ch., X, 8:—Ti huang, two good drawings of Rehmannia, one of them represents a plant with a very large fleshy root. See also Kiu huang, LIII, 3.

According to Father Cibot [Mém. conc. Chin., V, 498] the root of the ti huang furnishes a yellow dye. The P. says nothing about its being employed for tinctorial purposes.

TATAR., Cat., 20:— Ti huang. Radix Rehmanniæ chinensis.—GAUGER [15, 16] figures and describes the root of the ti huang.—P. SMITH, 184, 69, 99.

Cust. Med., p. 26 (52):—Sheng (fresh) ti huang exported 1885 from Tien tsin 22,549 piculs,—p. 70 (58), from Han kow 8,365 piculs,—p. 46 (28), from Chefoo 638 piculs,—p. 124 (52), from Chin kiang 96 piculs.

Ibid., p. 280, 318, 348:—Shu ti huang (extract) exported in small quantities from Amoy, Swatow and Canton.

So moku, XI, 64, and Phon zo, XVII, 2:—地 黃 Rehmannia lutea, Maxim., a Japanese species.—Rehmannia glutinosa is depicted in the So moku [XI, 63] and Phon zo [XVII, 3] under the Chinese names 地筋 and 胡面莽 [v. supra, hu mien mang]. See also Kwa wi, 50.

Both species are depicted in Sieb., Icon. ined. [VI], R. glutinosa with purple flowers and brownish root,—R. lutea with yellow flowers and yellow root.

## 101.—牛膝 niu si. P., XVI, 10. T., CLXVI.

Pen king:—Niu si (ox knee), 百倍 po pei. The root is officinal. Taste bitter and acid. Nature uniform. Non-poisonous.

Pie lu:—The niu si grows in Ho nei [S.E. Shan si, App. 77] in river-valleys, also in Lin k'ü [in Shan tung, App. 193]. The root is dug up in the 2nd and 8th months and dried in the shade.

In the Kuang ya [3rd cent.] it is called 牛莖 niu heng.

Wu P'u [3rd cent.]:—Its leaves resemble those of the hia lan (summer blue. Unknown to me). The stem at its beginning is red.

T'AO HUNG-KING:—It is produced in Mid China. The drug from Ts'ai chou [in Ho nan, App. 342] is the best, it is large, long and succulent. The stem has joints like the knee of an ox, whence the name. That with large purple joints is the male, that with small green joints is the female plant. The male is the best.

Su Sung [11th cent.]:—It is found in Kiang and in Huai (Kiang su and An hui), in Min [Fu kien, App. 222] and Yüe [S. China, App. 419], also in Kuan chung [in Shen si, App. 158]. The genuine drug comes from Huai king [in Ho nan, App. 94] and is considered the best. The stem grows from two to three feet high, is of a greenish purple colour, and has joints like the knee of a crane or an ox. The leaves are pointed, round, resemble a spoon in shape, and come out from the joints in pairs opposite. Flowers in spikes. In autumn it produces very small fruits (or seeds). The root attains a length of three feet and is succulent. Stem and leaves also used in medicine.

LI SHI-CHEN:—The niu si is a common plant. The wild-growing is not so much used for food as that cultivated

in N. China and in Sz ch'uan, which is of a superior quality. It has a square stem with large joints. Leaves opposite, resembling those of the hien [Amarantus blitum. See 256], whence the plant is also called 山 克莱 shan hien ts'ai. The seeds resemble the small vermin found on rats, and are hirsute. They are attached along the stem and hang down. Root, leaves and stem used in medicine, the leaves are eaten.

Ch., XI, 20:—Niu si. Two drawings. Achyranthes probably intended.—Kiu huang, XLVI, 4:—Shan hien ts'ai or niu si.

Lour., Fl. cochin., 124:—Cyathula geniculata. Caulis herbaceus . . . geniculatus. Cochinchina. Sinice: nieu si. In Sinis inveniuntur duæ plantæ, quæ eodem nomine dignoscuntur. Has ego non vidi, nisi pictas in herbario sinensi. Una illarum similem habitum portat, videturque tam genere, quam specie cum cochinchinensi convenire.

GAUGER [30] describes and figures the root of the niu si. He means that it belongs to Achyranthes aspera, L. (allied to Cyathula. Order Amarantaceæ).

Tatar., Cat., 41:—Niu si. Radix Pupaliæ (Cyathulæ) geniculatæ?—P. Smith, 180.

Henry, Chin. pl., 314, 315:—Niu si in Hu pei, Achyranthes bidentata, Bl. The same name also applied to Polygonum filiforme, Thbg.

The description of the niu si in the P. agrees in a general way with Achyranthes.

Cust. Med., p. 24 (39):—Niu si exported 1885 from Tien tsin 1,954 piculs,—p. 68 (41), 66 (12), from Han kow 612 piculs, besides this 1,030 piculs of Ch'uan (Sz ch'uan) niu si,—p. 46 (23), from Che foo 42 piculs,—p. 58 (14), from I chang 12 piculs.

Amæn. exot., 863:—牛膝 goositz, vulgo ino kadsitz. Amarantus siculus spicatus Bocconi, flosculis pentapetaloidibus albis; semine fusco.—The Amar. sicul. spic. Bocconi is Achyranthes argentea, Lam., not Celosia argentea, to which Thunberg [Fl. jap., 106] refers the plant noticed by Kæmpfer. But [Amæn. exot., 911] the same Chinese name is [probably erroneously] referred to a Thlaspi.

So moku, IV, 2:—牛膝 Achyranthes bidentata, Bl. (= A. aspera, Thbg., non L.).

Phon zo, XVII, 4:—牛膝 Achyranthes bidentata and [3] 川牛膝 [from Sz ch'uan] A. lactea.—See also Kwa wi, 43.

## 102.—紫菀 tsz' yūan. P., XVI, 13. T., CLIX.

Pen king:—Tsz' (purple) yüan. The root is officinal. Taste bitter. Nature warm. Non-poisonous.

Pie lu:—Other names: 青 l ts'ing yūan, 菜 蒨 tsz' ts'ien. The tsz' yūan grows in Han chung (S. Shen si) and in Fang ling [in Hu pei, App. 36], in mountain-valleys, also in Chen ting [in Chi li, App. 11] and Han tan [S. Chi li, App. 56]. The root is dug up on the 3rd day of the 2nd month and dried in the shade.

T'AO HUNG-KING:—It is a common plant in Mid China. It covers the ground. Purple flowers. Lower part covered with white hair. Fibrous, pliable root. The white sort is called † [ pai yüan [see the next].

Su Sung [11th cent.]:—This plant is found in Yao chou [in Shen si, App. 401], in Ch'eng chou [in Kan su, App. 18], in Sz' chou and Shou chou [both in An hui, App. 319, 290], in T'ai chou [in Che kiang, App. 326], in Meng chou [in Ho nan, App. 220], in Hing kuo [in Hu pei, App. 67]. Leaves two or four together. Flowers

yellow, white and purple [probably the author has in view an Aster with a yellow disk and purple or white radiate florets]. The seed is black.

Ch'en Tsz'-ming [13th cent.]:—The best tsz' yüan comes from Lao shan [App. 179]. The root resembles that of the northern si sin [Asarum. See 40]. It is also met with in I chou and Yen chou [both in Shan tung, App. 106, 404] and eastward.

LI SHI-CHEN:—The Shuo wen writes the name of the plant 茈菀 ts'z' yūan. Another ancient name [Taoist?] is 返源草 fan hun ts'ao. It is also called 夜牽牛 ye k'ien niu [comp. 168].

Cust. Med., p. 124 (66):—Tsz' yüan exported 1885 from Chin kiang 347 piculs,—p. 282 (140), from Amoy 0.24 picul.

In the So moku [XVI, 59] 紫菀 is Aster trinervius, Roxbg.—Ch., XI, 53:—Tsz yüan. Only leaves represented. It does not seem that an Aster is intended.

P. Smith [71] identifies the tsz' yüan arbitrarily with Convolvulus.

### 103.—女 菀 nü yüan. P., XVI, 14. T., CXXX.

Pen king:—Nü yüan. Root officinal. Taste pungent. Nature warm. Non-poisonous.

Pie lu:—Other names: 白 [ pai (white) yūan, 織女 [ chi nū yūan. The nū yūan grows in Han chung [S. Shen si, App. 54], in mountain-valleys, also in Shan yang [in Shan tung, App. 270]. It (the root) is gathered in the 1st and 2nd months and dried in the shade.

In the Kuang ya [3rd cent.] it is called 女 復 nü fu.

The Chinese authors do not describe the nü yüan, but Li Shi-chen says that it is allied to the tsz' yüan [102].

The Ch. [XI, 54] figures sub nü wan a Labiata. In the Peking mountains this name is applied to Plectranthus glaucocalyx, Maxim. (Labiata).

So moku, XVI, 61:—女 菀 Aster fastigiatus, Fish & Mey.

### 104.—麥門冬 mai men tung. P., XVI, 16. T., CLXXIV.

Pen king:—Mai men tung. The root (tubers) is officinal. Taste sweet. Nature uniform. Non-poisonous.

For other ancient names see Bot. sin., II, 108.

Pie lu:—Other names: 羊韭 yang kiu (sheep Allium), 禹餘糧 Yü yü liang [Emperor Yü's extra ration. See also 179]. The leaves of the mai men tung resemble those of the kiu [Allium odorum. See 240] and are green the whole year round. The plant grows in Han ku [v. infra] in river-valleys, on declivities, in a fat soil, between stones. The root is dug up in the 2nd, 8th and 10th months and dried in the shade.

Wu P'u [3rd cent.]:—It is known also under the names: 禹韭 Yū kiu (Emperor Yü's Allium), 忍凌 jen ling, 不死草 pu sz' ts'ao (undying plant).

T'AO HUNG-KING:—Han ku [mentioned in the *Pie lu*] is the same as Ts'in kuan [the barrier of Ts'in. In N.W. Ho nan, App. 55, 359]. The *mai men tung* is a common plant. It bears green (or blue) globular fruits in winter. The root (tubers) resembles the *kung mai* (barley), whence the name *mai men tung* (*mai* wheat).

Ch'en Ts'ang-k'i [8th cent.]:—The drug produced in Kiang ning [Nan king, App. 129] is small but succulent, that from Sin an [in Che kiang, App. 310] is large and white. The larger sort has leaves like the lu ts'ung (stag onion), the smaller like the kiu [v. supra, Allium]. There

are three or four species. All these have nearly the same medical properties. The fruit is globular and blue.

Su Sung [11th cent.]:—The mai men tung has green, persistent leaves resembling those of the so ts'ao [Cyperus. See 59] and about a foot long. The root is yellowish white, fibrous, with roundish tubers. In the 4th month the plant opens pale red flowers, resembling those of the hung liao (Polygonum). The fruits are globular, blue. That sort which grows in Kiang nan [South of the Yang tsz, App. 124] has large leaves. The best drug is produced in Wu [Kiang su, App. 389].

LI SHI-CHEN:—In ancient times the people used [the tubers of] the wild-growing plant. Subsequently they began to cultivate it for medical use. The tubers can also be eaten, whence the name Yü yü liang. It is popularly called 門冬 men tung. Other names 僕壘 pu lei, 隨脂 su chi.

At Peking Ophiopogon spicatus, Ker., is cultivated under the name of mai men tung. Under the same Chinese name this plant is represented in the Ch. [XI, 10]. The description in the P. agrees. See also Kiu huang, LI, 6.

Lour., Fl. cochin., 50:—Commelina medica (Aneilema medicum, R. Br., an obscure plant). Sinice: me muen tum. Tubera in frequenti usu medico. Sapor subdulcis, odor gratus.

Tatar., Cat., 38:—Mai men tung. Radix Aneilematis medici.

GAUGER [27] describes and figures the oblong tubers of the mai men tung.—Hanb. [Sc. pap., 257] figures the same tubers, and identifies the mai men tung with Ophiopogon japonicus, Ker.—P. Smith, 162, 17, 194.

In the Rep. on Trade, Chin. M. Cust., for 1880 [p. 141], there are interesting details regarding the cultivation of the mai men tung near Ning po and other places.

Cust. Med., p. 186, 188 (49-53):—Mai men tung exported 1885 from Ning po 2,431 piculs,—p. 58 (12), from I chang 482 piculs,—p. 78 (161), from Han kow 454 piculs.

Amæn. exot., 823:—門冬 mondo, biakf mondo, vulgo rjuno fige. Gramen flore hexapetaloide spicato, radice fibrosa et tuberosa. Cum icone, p. 824. Detailed description of the plant, which is Ophiopogon japonicus, Ker. Kæmpfer adds: Usus radicum in medicina familiaris est; tubera saccharo condita Sinensis ægrotis commendant.—Altera datur species, literatis temondo dicta, in prov. Satzuma frequens, quæ quod radicem et tubera habeat pinguiora, priori antiferri solet.

So moku, VI, 46:一小葉麥門冬 (small-leaved), Ophiopogon japonicus. Ibid., 44, 45:一大葉麥門冬 (large-leaved), Oph. spicatus.

Both these species—the larger, O. spicatus, and the smaller, O. japonicus—are recorded from China by our botanists, and, as we have seen, they are correctly distinguished by the ancient Chinese authors.

## 105.—奏 k'ui. P., XVI, 22. T., LXXXV.

Pen king:—K'ui,冬葵子 tung k'ui tsz' [this name is in the Index of the Pen king]. Leaves, root and seeds officinal. Taste of the leaves sweet. Nature cold and mucilaginous. Non-poisonous. The root is sweet and cold. The seeds are sweet, cold and mucilaginous.

Regarding the k'ui, or Mallow of the Classics, see Bot. sin., II, 368.

Pie lu:—The tung k'ui tsz' grows on the Shao shi shan mountain [in Ho nan, App. 281].

T'AO HUNG-KING:—The kui which is sown in autumn grows during the winter and bears seed in spring. It is therefore called tung k'ui (winter k'ui). It is used in medicine and is very mucilaginous. The 春 \ ch'un (spring) k'ui is likewise mucilaginous, but not much used.

Su Kung [7th cent.]:—This is the k'ui which is commonly used for food. There are many sorts of it. They are not employed as medicines.

Su Sung [11th cent.]:—The k'ui is a common plant. The young plants and the leaves are used as a vegetable, which is sweet and palatable. In ancient times the seeds of the tung k'ui were commonly used in medicine. There are many sorts of k'ui: the 蜀 [ Shu k'ui (Althœa rosea), the 錦 [ kin k'ui (Malva sylvestris), the 黃 [ huang (yellow) k'ui (Hibiscus Manihot, also II. Abelmoschus), the 終 [ chung k'ui [Basella. See Rh ya, 148], the 菟 [ t'u k'ui [Anemone. See Rh ya, 115]. All these plants are useful.

LI SHI-CHEN: The k'ui was a common food in ancient times and was considered the first of the five vegetables, but nowadays it is not much eaten. It was also called 露葵 lu (dew) k'ui. Now the people call it also 滑菜 hua ts'ai (mucilaginous vegetable), but it is rarely cultivated. Two sorts are distinguished, according to the colour of the stem, which is purple or white. The latter is preferred. It has large leaves, small purple and yellow flowers. That sort with very small flowers is called 鴨 園 [ ya kio k'ui (duck's-foot mallow). The fruit (of the k'ui) is of the size of the end of a finger and flattened. Its skin is thin. The seeds within are light and resemble the seed-vessels of the elm. From that sown in the 4th or 5th month seed may be left. That sown in the 6th or 7th month is called 秋葵 ts'iu (autumn) k'ui, that sown in the 8th and 9th months is 冬 [ tung (winter) k'ui, that sown in the 1st month is 春 l ch'un (spring) k'ui. Thus the plant can be utilized all the year.

Ch., III, 1:—Tung k'ui. The figure represents Malva verticillata, L. (M. pulchella, Bernh.). See also Kiu huang LVIII, 32.

Lour., Fl. cochin., 514:—Malva verticillata. Sinice: tung quei tsu. Habitat culta Cantone Sinarum.

TATAR., Cat., 22:—Tung k'ui tsz'. Semina Hibisci.—
P. SMITH, 112:—Tung k'ui tsz', Hibiscus Abelmoschus.—
According to Ford & Crow ["Notes on Chin. Mat. Med.," in China Rev., XVI, p. 8] tung k'ui tsz' at Hong kong is Abutilon indicum, G. Don. But what I obtained under this Chinese name in an apothecary's shop in Peking were the seeds of Malva. Comp. also Henry, Chin. pl., 156.

Cust. Med., p. 80 (192):—Tung k'ui tsz' exported 1885 from Han kow 6.40 piculs,—p. 298 (359), from Amoy 0.1 picul.

Amæn. exot., 858:—奏 ki vulgo awoi, in specie Kara awoi (Kara—China) Malva hortensis sive rosea, Malva arborescens. Theo. [Fl. jap., 271] identifies this with Malva mauritiana.

So moku, XII, 56:—冬葵 Malva pulchella.

# 106.—酸漿 suan tsiang. P., XVI, 33. T., CLX.

Pen king:—Suan tsiang (sweet juice), 醋漿 ts'u (vinegar) tsiang. The leaves, the stem and the root are officinal. Taste bitter. Nature uniform. Non-poisonous. The fruit is also used in medicine. Taste acid. Non-poisonous.

Comp. also Rh ya, 55.

Pie lu:—The suan tsiang grows in King Ch'u [Hu kuang, App. 145] in marshes, also in fields and gardens. Gathered in the 5th month and dried in the shade.

T'AO HUNG-KING:—The suan tsiang is a common plant. It resembles the shui (water) k'ie (Solanum nigrum) but is smaller. The leaves are edible. The fruit is of the size of a plum, of a yellowish red colour, and is enclosed within a capsule (bladder, inflated calyx). Children eat it.

Su kung [7th cent.]:—This plant is also called 燈籠草 teng lung ts'ao (lantern plant). The stem is branchy and from three to four feet high. The red fruit is contained within a red flower (bag) which has the appearance of a lantern. It is very handsome. All parts of the plant are used in medicine.

HAN PAO-SHENG [10th cent.]:—The suan tsiang is the same as the 苦 哉 k'u chen [see Rh ya, 55]. The root resembles the tsü k'in (pickled celery), is of a white colour and very bitter.

CHANG YÜ-HI [11th cent.]:—The 苦耽 k'u tan grows in neglected places from two to three feet high. The fruit is globular, red when ripe, and enclosed within a kind of bag. The people of Kuan chung [in Shen si, App. 158] call it 洛神珠 lo shen chu. Other names are 王母珠 wang mu chu, 皮异草 p'i pien ts'ao (skin bonnet plant). There is a small variety which is called 苦蘵 k'u chi. The author refers to Rh ya, 144. Comp. also supra, 34.

K'o Tsung-shi [12th cent.]:—The suan tsiang or k'u tan resembles the t'ien k'ie tsz' (Solanum nigrum). Small white flowers. Fruit like a cherry, red, and enclosed in a bladder. It contains small seeds like those of the lo su (Solanum melongena). Its taste is like green grass.

Li Shi-chen gives a similar description of the plant: White flowers, five cleft corolla, fruit a pentagone pendent bladder like a lantern. Other name 天泡草 t'ien p'ao ts'ao (Heaven bladder).

The plant thus described by the Chinese authors is the *Physalis Alkekengi*, L., our common winter cherry, which is also very common in China. The Chinese descriptions are quite correct.

Ch., XI, 48:—Suan tsiang. A rude drawing, but recognizable; Physalis. The same plant is figured in the Kiu huang [LII, 23] s.n. 紅姑娘 hung ku niang (red girl), which is also the vulgar name for Ph. Alkekengi at Peking. Also 豆! tou ku-niang.

Lour., Fl. cochin., 164:—Physalis Alkekengi. Sin.: soan tsiam.

Henry, Chin. pl., 465, 466:—The name t'ien p'ao ts'ao is applied in Hu pei to two of species of Physalis—Ph. minima, L.? and Ph. aff. Ph. angulatæ—but also to several species of Solanum.

Amæn. exot., 785:—酸漿 san sjo vulgo foo dsukki. Solanum vesicarium, vulgo Alkekengi.

So moku, III, 43:—酸 漿 Physalis Alkekengi. The 苦蘵 in the So moku [III, 45] and I'hon zo [XVII, 25] is Physalis angulata, L.

Sieb., Œcon., 196:—Physalis Alkekengi. Japonice hoosuki, sinice 酸漿. Fructus edulis ac pro nugis habetur venalis.

The drawing in the Ch. [XI, 80] sub 王不留行 wang pu liu hing agrees exactly with that of Physalis angulata in the Japanese works. The Chinese name wang pu liu hing here is, I suspect, a mistake for k'u chi, for wang pu liu hing is a Silene, and such a plant is figured in the Ch. [XI, 76] sub wang pu liu hing. The confusion arose probably from Silene having likewise a persistent, inflated calyx which encloses the fruit.

107.—蜀 羊 泉 Shu yang ts'üan. P., XVI, 36. T., CLXXVI.

Pen king:—Shu (Sz ch'uan) yang ts'üan. The leaves are officinal. Taste bitter. Nature slightly cold. Non-poisonous.

Pie lu:—Other names: 羊泉 yang ts'üan, 羊飴 yang i. This plant grows in Shu (Sz ch'uan) in mountain-valleys.

T'AO HUNG-KING :- It is not employed in medicine now.

Su Kung [7th cent.]:—The vulgar name of this plant is 漆姑 ts'i ku. Its leaves resemble those of the kü (Chrysanthemum, Aster). Purple flowers. The fruit resembles that of the kou k'i [Lycium. See 345]. The root is like that of the yüan chi [Polygala. See 16]. It grows in shady moist places. The leaves are gathered in the 3rd and 4th months and dried in the shade.

LI SHI-CHEN states that the name ts'i ku is also applied to another plant.

Ch., XI, 26:—Shu yang ts'üan. Rude drawing. Perhaps a Solanum is intended. The drawing is taken from the Kiu huang [XLVII, 2], where this plant is figured under the names of 青 杞 ts'ing k'i or Shu yang ts'üan.

P. Smith, 200:—Shu yang ts'üan, Solanum dulcamara [arbitrary identification].

So moku, III, 51:—蜀 羊 泉 Solanum lyratum. Thbg.— Ibid., VIII, 32:—漆 姑 草 Sagina maxima, A. Gray (Caryophyllaceæ).

#### 108.— 股 醬 pai tsiang. P., XVI, 37. T., CLXI.

Pen king:—Pai tsiang. The root is officinal. Taste bitter. Nature uniform. Non-poisonous. It is also called 鹿腸 lu ch'ang.

Pie lu:—Other names: 澤 敗 tse pai, 鹿 首 lu shou, 馬 草 ma ts'ao. The pai tsiang grows in the river-valleys of Kiang hia [in Hu pei, App. 126]. The root is gathered in the 8th month and dried in the shade.

T'AO HUNG-KING:—The root has the smell of old, spoiled tou tsiang (soy), whence the name pai tsiang (spoiled soy). It is a common plant in Mid China. Its leaves resemble those of the hi lien (Siegesbeckia orientalis). The root resembles the ch'ai hu [Bupleurum. See 29].

Su Kung [7th cent.]:—It is a mountain plant. Yellow flowers, purplish (brown) root, having the colour of old soy. The leaves do not resemble those of the *hi lien*.

Li Shi-chen: -It is a common wild plant. Its vulgar name is 苦菜 k'u ts'ai (bitter vegetable). The savages eat it. The people of Kiang tung [Kiang su, Che kiang, App. 1247 gather it. In spring, when the plant begins to grow, the leaves cover the ground. They resemble cabbageleaves but are narrower and longer, serrated and toothed. The leaves are dark green on the upper side, paler underneath. The stem attains a height of from two to three feet, and has joints. The leaves are four in a whorl like an umbrella. The flowers are white, and appear on the top in umbels like those of the k'in (Celery) or the she ch'uang [Cnidium. See 49]. Small fruits. The root is purplish white, resembling that of the ch'ai hu [v. supra]. The plant is sometimes also called k'u chi, which is properly a name for the suan tsiang [see 106]. The people in the south eat the young plants steamed, as a vegetable. It has a slightly bitter taste and the smell of spoiled soy.

From the above description it would seem that the pai tsiang is an umbelliferous plant. The drawing of it in the Ch. [XI, 47] shows only leaves.

So moku, II, 21, 22:—敗 醬 Patrinia villosa, Juss., and P. scabiosæfolia, Link. Order Valerianeæ.—See also Kwa wi, 56.

### 109. 一款冬花k'uan tung hua. P., XVI, 38. T., CXIX.

Pen king:—K'uan tung hua (flowers which like the winter), 橐 音 t'o wu, 虎 鬚 hu sü (tiger's moustaches). The flowers are officinal. Taste pungent. Nature warm. Non-poisonous.

Comp. Rh ya, 160.

Pie lu:—Other name: 氏冬 shi tung. The k'uan tung grows in Ch'ang shan [in Chi li, App. 8], in mountain-valleys, also in Shang tan [in S.E. Shan si, App. 275] by river-sides. The flowers are gathered in the 11th month and dried in the shade.

The Hung-king:—The best is produced in Ho pei [in Shan si, App. 78]. It resembles the shun [Brasenia. See 199]. The best is that with its flowers not yet opened. The next in quality comes from Kao li [Corea, App. 116] and Po tsi [S. Corea, App. 261]. Its flowers resemble the great kū (Chrysanthemum). A third sort is produced in Pei pu, in Shu [Sz ch'uan, App. 244], and in Tang ch'ang [in Kan su, App. 330]. The author says it is unknown to him that this plant grows in winter under the ice. [He seems to refer to a statement found in the Shu cheng ki [5th cent.] that the k'uan tung blossoms in the depth of winter in the ice of the Lo river [in Ho nan] whence the name k'uan tung]. It is gathered in the 12th and 1st months.

Su Kung [7th cent.]:—It is found in Yung chou [in Shen si, App. 424], in the Nan shan mountains [S. Shen si, App. 230], also in the mountain-valleys of Hua chou

S.E. Shen si, App. 85]. Leaves like those of the k'ui (Mallow) but larger. The flowers issue directly from the root.

Su Sung [11th cent.]:—Now it is also found in Kuan chung [in Shen si, App. 158]. The root is of a purple colour. The leaves resemble those of the pei hiai [Dioscorea. See 178]. It blossoms in the 12th month. Yellow flowers. Greenish purple receptacle (involucrum?). These flowers are from one to two inches above the ground. There is one kind with red flowers and large leaves like those of Nelumbium speciosum.

K'OU TSUNG-SHI [12th cent.]:—The k'uan tung is the only plant that is independent of frost and snow, for it flowers long before spring, wherefore it is also called 鑽凍 tsuan tung (piercing the cold).

Ch., XI, 44:—K'uan tung hua. Flowers and leaves figured. Perhaps Tussilago. See also Kiu huang [XLVI, 5]. Only leaves figured.

The above Chinese descriptions of the k'uan tung hua agree in a general way with Tussilago Farfara, L.,—Colt's foot, which sets forth, early in spring, its short flower-stalks; each bearing at its summit a single large yellow radiated flower-head.

Lour., Fl. cochin., 614:—Tussilago Farfara, L. Habitat inculta in China boreali. Sinice koan tum hoa. Ibidem Tuss. anandria, sin.: Lu chau koan tum hoa. China borealis [perhaps ancient Lu chou in Shan si. See App. 204].

TATAR., Cat., 27:—K'uan tung hua. Flores Farfaræ.—P. Smith, 68, sub Colt's foot.

In WILLIAMS' Chin. Dict. [477] we read that k'uan tung hua are the flowers of Eriobotrya japonica. Henry [Chin. pl., 124] states that at I chang the dried flowers of Eriobotrya japonica are called k'uan tung hua.

About ten years ago I sent to my late friend Maximowicz the drug k'uan tung hua obtained from a Peking drug-shop. He found that it was the flower-buds of a Tussilago, and observed that no species of this genus has hitherto been gathered in China, but an allied genus—Petasites—is represented in Japan and China by P. japonicus, Miq. (Tussilago petasites, Thbg.).<sup>31</sup>

Cust. Med., 74 (122):—K'uan tung hua exported 1885 from Han kow 540 piculs,—p. 30 (115), from Tien tsin 99 piculs,—p. 62 (48), from I chang 37 piculs.

So moku, XVII, 25, 26:—Same Chinese name, Petasites japonicus, Miq.

橐吾 T'o wu, given in the P. as a synonym for k'uan  $tung\ hua$ , is in Japan applied to another Composita.

Aman. exot., 827:— Tswa [no Chinese characters]. Doronicum radice tuberoso, folia Petasitidis, floribus luteis Chrysanthemi. Caules et pediculi inter olera recipiuntur.— This plant, figured in the Icones Kampf. [sel. 27, 28] is the Tussilago japonica, L., and Theg., Fl. jap., 313,— Senecio Kampferi, DC. Prod., VI, 363,— Ligularia Kampferi, S. & Z. Fl. jap., I, p. 77, tab. 35. Nomen japonicum tswa, nomen sinicum takgo. In Sieb., Icon. ined., the Chinese characters 菜音 are given. It flowers late in autumn and in winter. It is the Farfugium Kampferi, Benth., Fl. hongk., 191.

<sup>&</sup>lt;sup>31</sup> I obtained specimens of tung-hua growing wild in Tang district, Hupeh, whence the drug is sent to Hankow for sale, and these were identified at Kew as Tussilago Farfara, L. This is an excellent example of the accuracy and extent of knowledge of Loureiro, who found out the correct facts 100 years ago.—A. Henry.

The Ligularia gigantea, S. & Z. [Fl. jap., I, 79, tab. 36] sinice 大葉豪音 (the large-leaved) is the Farfugium grande, Lindl., introduced from China into Europe by R. FORTUNE. This is probably only a variety of F. Kæmpferi.

See also So moku, XVII, 27.

### 110.—决明 küe ming. P., XVI, 41. T., CXXXI.

Pen king:—Küe ming. The seeds are officinal and are employed in diseases of the eye. Taste saltish. Nature uniform. Non-poisonous.

Comp. Rh ya, 56.

Pie lu:—The küe ming grows in Lung men [v. infra], in marshes. The seeds are gathered on the 10th day of the 10th month and dried in the shade for a hundred days.

T'AO HUNG-KING:—Lung men lies north of Ch'ang an [the ancient capital of China, in Shen si, App. 211]. The küe ming is a common plant. Its leaves resemble those of the kiang mang [Cassia? See further on], the seeds resemble a horse's hoof, hence the name 馬蹄決則 ma ti (horse's hoof) küe ming. A different plant is the ts'ao küe ming which is the ts'i hao [Celosia. See 82].

Su Sung [11th cent.]:—This plant is now much cultivated in gardens. It grows from three to four feet high. The root is tinged with a purple colour. The leaves resemble those of the mu su [Medicago. See 255] but are larger. It blossoms in the 7th month. Yellow flowers. The fruit is a pod resembling that of the lü tou (green bean, Phaseolus Mungo) but pointed. The seeds are gathered in the 10th month. This plant is mentioned in the Rh ya [56]. There is another kind which is called ma t'i küe ming. Its leaves resemble those of the kiang tou [v. infra], the seeds resemble a horse's hoof.

LI SHI-CHEN:—There are two sorts of küe ming. is the ma t'i kue ming. It grows from three to four feet high. The leaves (leaflets) are larger than those of the mu su [v. supra], narrow at the base, broader at the top. They stand in pairs opposite (pinnate leaves). In daytime they are open, at night (the leaflets) all fold together. It blossoms in autumn. Flowers of a pale yellow colour with five petals. The fruit looks like a young pod of the kiang tou (Dolichos sinensis), is from five to six inches long, and contains a number of irregularly shaped, dark green seeds resembling a horse's hoof. They are very useful in diseases of the eye.—The other sort is called 茳 芒 决 明 kiang mang kue ming. In the Kiu huang Pen ts'ao [LVII, 3] it is called 山扁豆 shan pien tou. It resembles the ma t'i küe ming, only the leaves (leaflets) are pointed at the top. These leaves resemble very much the leaves of the huai [Sophora japonica. See 322]. They do not fold together at night. It blossoms in autumn. Dark yellow flowers with five petals. The pod is of the size of a little finger, two inches or more in length. The seeds within are in rows, and resemble the seeds of the huang k'ui [Hibiscus. See sub 105], but flattened, of a gray colour, sweet taste and mucilaginous. From the leaves of both kinds yeast can be prepared. The leaves of the kiang mang as well as its flowers and seeds can be eaten boiled, but the ma t'i kue ming is bitter and not edible. There is also one sort which is called Ti [ | shi (stone) küe ming.

P., XVI, 43:—The *kiang mang* is again spoken of in a special article, where a short account of the plant by Ch'en Ts'ang-k'i [8th cent.] is given. A fragrant beverage is prepared from the leaves.

Ch., XI, 30:—Kue ming, also 望江南 wang kiang nan. The drawing represents a Cassia, as also the figure sub wang kiang nan in the Kiu huang [LIII, 22]. The above

descriptions in the P. likewise refer doubtlessly to Cassia. At Peking wang kiang nan [I suspect the same as kiang man in ancient works] is the common name for Cassia Sophera, L.

Lour., Fl. cochin., 324:—Cassia sophera. Sinice xy tsi tau, kiue mim tsu.

Tatar., Cat., 5:—Ts'ao küe ming. Semina Cassiæ Toræ. [As we have seen, the P. admits ts'ao küe ming only as a name for Celosia].—Hanb., Sc. pap., 231:—Küe ming tsz'. Received from Shang hai. Seeds of Cassia Tora. They are of a cylindrical form, from two to three lines long, pointed at one extremity, rounded at the other, of a dark brown colour, etc.—P. Smith, 54.

PARKER, Chinese Names of Canton Plants, 54:—Cassia occidentalis, 75 [ | shi küe ming, also ye (wild) pien tou.

The shan pien tou given by LI SHI-CHEN as a synonym for the kiang mang küe ming is figured in the Kiu huang [LVII, 3]. A rude drawing. It seems Cassia mimosoides, L., is intended. Comp. also Ch., II, 10.

Cust. Med., p. 372 (429):—Ts'ao küe ming exported 1885 from Canton 17 piculs,—p. 164 (370), from Shang hai 7.72 piculs,—p. 302 (433), from Amoy 0.35 picul.

So moku, VIII, 2:—決明 Cassia Tora, L. Leaflets broadest at the top. According to Miquel [resp. Siebold] introduced into Japan from China.

Ibid., 3:— 室 江 南 Cassia occidentalis, L. Leaflets pointed at the top.

Ibid., II, 39:—山扁豆 Cassia mimosoides, L. Japonice kawara kets mei.—Sieb., Œcon., 297:—Sooja nomame, or jawara kets mai. Sinice 山扁豆 Plantæ sponte crescentis folia adhuc tenera pro potu Theæ colliguntur. The first Japanese name seems to be a mistake, for it means the Soy-bean, but jawara kets mai is the Japanese name for Cassia mimosoides.

### 111. 一地 唐 ti fu. P., XVI, 44. T., CXXXVIII.

Pen king:—Ti fu, 地葵 ti k'ui. The seeds are officinal. Taste bitter. Nature cold. Non-poisonous.

Comp. Rh ya, 9.

Pie lu:—Other name: 地麥 ti mai. The ti fu grows in King chou [Hu pei, App. 146] in marshes and fields. The seeds are gathered in the 8th and 10th months and dried in the shade. The leaves are also used in medicine.

T'AO HUNG-KING:—It is a common plant in fields, and is employed for making besoms. Seeds very small and used in medicine.

Su Kung [7th cent.]:—The peasants call it ti mai ts'ao [v. supra]. In the north it is known under the name of 涎 衣草 ts'ien i ts'ao (plant which spits on clothes). Small leaves, red stem, very pliable and prostrate. The plant is used for besoms.

The Yao sing Pen ts'ao [7th cent.] calls it 益明 i ming. Seeds useful in the treatment of diseases of the eye.

TA MING [10th cent.]:—The ti fu is also called 落 帝子 lo chou tsz'. The seeds are green and very small.

Su Sung [11th cent.]:—It is common in Shu ch'uan [Sz ch'uan, App. 292] and Kuan chung [in Shen si, App. 158] and the adjoining provinces. It is also called 獨常 tu chou and 鴨舌草 ya she ts'ao (duck's-tongue weed, from the form of the leaves).

LI SHI-CHEN:—The young tender leaves of the *ti fu* are eaten. It grows in a bushy manner, and is much cultivated in gardens. The old plant is good for besoms. Other names: 白地草 pai ti ts'ao, 千心妓女 ts'ien sin ki nü (thousand hearts' courtesan).

Ch., XI, 31:—Ti fu. The figure represents Kochia scoparia, Schr. (Chenopodium scoparia, L.). See also Kiu huang [XLVII, 7] sub 獨常 tu chou. Rude drawing.

The common Chinese name at Peking for Kochia scoparia is 掃帚菜 sao chou ts'ai (besom vegetable).

Tatar., Cat., 20:—Ti fu tsz', Semina Kochiæ?—P. Smith, 128.

Cust. Med., p. 298 (348):—Ti fu seeds exported 1885 from Amoy 3.84 piculs,—p. 372 (425), from Canton 3 piculs.

Amæn. exot., 885:—北南 tsisu, fawa kingi, fookigusa, etc. Scoparia sive Belvedere Italorum. Insigne Japonibus medicamentum præstat.

So moku, IV, 41: -Kochia scoparia, same Chinese name.

Sieb., Œcon., 117:—Kochia scoparia. Hookigusa, 地 唐 Pro scopis caules adhibentur. Herba tenera edulis ac adulta medico agricolis usui.

#### 112.—瞿麥 k'ü mai. P., XVI, 46. T., CXX.

Pen king:—K'ü mai, 巨句麥 kü kü mai. It seems the whole plant is officinal. Taste bitter. Nature cold. Non-poisonous.

Comp. Rh ya, 125.

Pie lu:—Other name: 大蘭 ta lan. The k'ü mai grows in the mountain-valleys of T'ai shan [in Shan tung, App. 322]. It is gathered in the beginning of autumn.

T'AO HUNG-KING:—It is a common plant in Mid China. Small leaves, handsome purplish red flowers. The plant is cut [for medical use] together with leaves and fruits (capsules). The seed resembles wheat (mai), whence the name. There are two sorts. One has rather large flowers and the margin of the petals incised. The other, with smaller flowers, is more generally used. The leaves are covered with hair, the flowers are late and of a reddish carnation colour.

The Ji hua Pen ts'ao [10th cent.] gives 石竹 shi chu (stone bamboo) as a synonym for k'ū mai.

Su Sung [11th cent.]:—It is a common plant, and grows about one foot high. Leaves small, narrow and pointed. Root of a purplish black colour, and resembles a small rape. The flower is purplish red and resembles the ying shan hung [Rhododendron. See 155]. It blossoms from the 2nd to the 5th month, and in the 7th it produces fruit in racemes (or fascicles). The seed has a slight resemblance to wheat. The plant produced in Ho yang [in Ho nan, App. 81] and Ho chung fu [S.W. Shan si, App. 74] is good for [medical] use. There is one kind grown in Huai [An hui, App. 89] with a slender (fibrous) root. The country people use it (the root) for making brushes. The k'ü mai is mentioned in the Rh ya [125].

LI Shi-chen:—The 石竹 shi chu (stone bamboo) has leaves resembling those of the ti fu [Kochia. See 111]. They are small and narrow like young bamboo-leaves, whence the name. The stem is one foot and more in height and has joints. That which grows wild in the fields has purplish red flowers as large as a copper coin. That sort which the people cultivate in gardens has smaller flowers of a red or pink colour, sometimes striped, and very handsome. It is commonly called 洛陽花 Lo yang hua [Lo yang, the ancient capital of China, in Ho nan]. The fruit (capsule) resembles that of the yen mai (swallow wheat. Avena?). It contains small black seeds. The young plant is eaten cooked.

Kiu huang, XLVI, 8:—Shi chu and Ch. XI, 55:—K'ü mai, representations of Dianthus.

Shi chu in N. China is a vulgar name for Dianthus chinensis, L., and D. superbus, L., both common plants.

TATAR., Cat., 13:—K'ü mai, Dianthus Fischeri (same as D. chinensis). Ibid., 54:—Shi chu, Dianthus et Commelyna [Commelyna is chu ye ts'ai, or vegetable with bambooleaves].—P. SMITH, 86.

The Cust. Med. mentions the k'ü mai as imported into several ports, but it is not stated there from what place it is exported. In the Hank. Med. [12] it is noticed as a drug exported from Han kow.

Amæn. exot., 910:—石竹 seki tsiku, vulgo nadesko et tokunatz. Caryophyllus hortensis simplex, flore majore.

So moku, VIII, 20:—瞿麥 Dianthus superbus.—Ibid., 21:—洛陽花 [comp. same name in P.], a large double Dianthus.—Ibid., 22:—石竹 Dianthus Seguieri (same as D. chinensis).

113.—主 不 留 行 wang pu liu hing. P., XVI, 48. T., CLXXX.

Pen king, Index :- Wang pu liu hing.

Pie lu:—The wang pu liu hing grows in the mountainvalleys of T'ai shan [in Shan tung App. 322]. It is gathered in the 2nd and 8th months. The leaves and the seed officinal. Taste bitter. Nature uniform. Non-poisonous.

Wu P'u [3rd cent.] writes the name 不留行 pu liu hing.

In the Ji hua Pen ts'ao [10th cent.] it is called 剪金花 tsien kin hua and 禁宮花 kin kung hua. The meaning of the latter name is "forbidden in the palace," and the original name wang pu liu hing means, as Li Shi-Chen explains, about the same. The descriptions of the plant given by the ancient authors are confused and incorrect, for they confound it with Physalis [see 106].

LI SHI-CHEN says:—The wang pu liu hing is frequently met with in corn-fields, it grows from one to two feet high. In the 3rd or 4th month it opens its small flowers resembling little bells, of a reddish white colour. The fruit (capsule),

of the size of a bean, and is within a bladder like a lantern with five angles. Small globular seeds like cabbage-seeds, at first white, when ripe black.

Kiu huang [LII, 25] and Ch. [XI, 76], sub wang pu liu hing, rude drawings, but it seems Silene is intended.

The description given by Li Shi-chen agrees with Silene, which genus is characterized by a persistent inflated calyx which encloses the capsule. But Saponaria, another genus of Caryophyllaceæ, has also an inflated calyx.

TATAR., Cat., 62: Wang pu liu hing, Silene. — P. Smith, 197.

At Peking Silene aprica, Turcz., is called wang pu liu hing. Four species of Silene are known from China. See Ind. Fl. sin., I, 64.

Cust. Med., p. 282 (141):—Wang pu liu hing exported 1885 from Amoy 2.33 piculs,—p. 368 (387), from Canton 4 piculs.

#### 114.—葶藶 t'ing li. P., XVI, 51. T., CXLI.

Pen king:—T'ing li, 大室 ta shi, 大適 ta shi. Seeds used in medicine. Taste pungent. Nature cold. Non-poisonous.

Comp. Rh ya, 78.

Pie lu:—Other names: **丁**歷 ting li, 狗 薺 kou tsi (dog shepherd's purse), grows in Kao ch'eng [in Chi li, App. 115], in marshes and fields. The seeds are gathered in summer.

T'AO HUNG-KING:—The best is produced in P'eng ch'eng [in Kiang su, App. 247]. This is the 公 莲 kung (male) tsi. The mu (female) tsi grows in Mid China. Small yellow seeds and very bitter. They are boiled for use.

Su Sung [11th cent.]:—It is common in all the prefectures of Pien tung [Ho nan, App. 250], Shen si [App. 284] and Ho pei [S. Chi li and W. Shan tung, App. 78]. The drug from Ts'ao chou [in Shan tung, App. 344] is the best. The plant grows from six to seven inches high and resembles the tsi [Capsella. See 251]. The root is white. It flowers in the 3rd month. Yellowish flowers. The fruit is a horn (capsule, silique). The seeds are small, slightly oblong, flattened, yellow, and resemble millet. The plant is mentioned in the Yüe ling of the Li ki under the name of 摩 mei ts'ao. [Legge, Li ki, I, 271, translates "delicate herbs." The Chinese commentator Cheng Hüan says that it is a kind of tsi (Capsella) or t'ing li.]

Li Shi-chen:—There are two sorts of t'ing li—the sweet and the bitter. The first is also called 狗 芥 kou kiai (dog mustard).

Cust. Med., p. 164 (367):—T'ing li tsz' exported 1885 from Shang hai 0.78 picul,—p. 130 (156), from Chin kiang 0.69 picul.—Hank. Med., 45:—Exported also from Han kow.

Ch., XI,  $63:-T'ing\ li$ . The figure represents a cruciferous plant.

For the identification of the t'ing li, see Bot. sin., 78, Sisymbrium, Draba, etc.

#### 115.—車前 ch'e ts'ien. P., XVI, 54. T., CLXII.

Pen king:—Ch'e ts'ien (cart-track plant), 當道 tang tao. The seeds are officinal. Taste sweet. Nature cold. Non-poisonous.

For other ancient names comp. Rh ya, 200, Classics, 439.

Pie lu:—Other names: 牛 遺 niu i (ox track), 蝦 蟆 衣 hia ma i (frog's cloak). The ch'e ts'ien grows in Chen ting [in Chi li, App. 11] in marshes, also in the mountains and on roads. It is gathered on the 5th day of the 5th month and dried in the shade.

T'AO HUNG-KING:—It is a common plant about houses and by waysides.

Su Kung [7th cent.]:—Now the best comes from K'ai chou [in Sz ch'uan, App. 113].

Su Sung [11th cent.]—It is a common plant in Kiang, Hu and Huai [Mid China, App. 124, 83, 89] near cultivated land, also in Pien [in Ho nan, App. 248] and in North China. The leaves are all on the surface of the ground (radical leaves), grow the whole year, attain the length of one foot and more and are ladle-shaped. Several stems rise from the centre of the leaves, each bearing at the top a spike of small green flowers tinged with red, like a rat's tail. Brown seeds resembling those of the t'ing li [see 114]. It is also cultivated in gardens for its seeds. That from Shu (Sz ch'uan) is much valued. The leaves are gathered in the 5th month, the seeds in the 7th and 8th. In North China the people sell the root as a substitute for the tsz' yūan [Aster. See 102].

The Kiu huang [XLVI, 11] figures the plant under the name of 車輪菜 ch'e lun ts'ai (cart-wheel vegetable). This figure and that in the Ch. [XI, 28] sub ch'e ts'ien represent Plantago.

Ch'e tsien is the common name of Plantago major, L., at Peking.

Lour., Fl. cochin., 90:—Plantago major. Sinice: che tsien tcao. Decocto seminum maxime atuntur indigenæ at diuresim promovendam. Succo foliorum expresso, melle apum condito medentur tenesmo et fluxui sanguineo.

TATAR., Cat., 14:—Ch'e ts'ien tsz'. Semina Plantaginis.
—P. SMITH, 14.

Henry, Chin. pl., 20:—Ch'e ts'ien ts'ao, in Hu pei Plantago major. The seeds enter into the composition of liang fen, a jelly used in summer.

Cust. Med., p. 12 (98):—Ch'e ts'ien seeds exported 1885 from New chwang 366 piculs,—p. 74 (125), from Han kow 254 piculs,—p. 90 (58), from Kiu kiang 98 piculs,—p. 30 (118), from Tien tsin 57 piculs,—p. 198 (193), from Ning po 3.34 piculs,—p. 374 (450), from Canton 1.7 picul.

Amæn. exot., 912:—車前 sjaden, vulgo obacko. Plantago major vulgaris, latifolia.

So moku, II, 27:—Same Chinese name, Plantago asiatica, L.

#### 116.—馬鞭草 ma pien ts'ao. P., XVI, 57. T., CLXV.

Pie lu:—Ma pien ts'ao (whip herb). Only the name given and the medical virtues explained. The leaves are officinal. Taste bitter. Nature cold. Non-poisonous. Also the root, which is said to be pungent and harsh.

T'AO HUNG-KING:—It is a common plant near villages, on burial wastes and on pathways. The stem is like the si sin [Asarum. See 40]; purple flowers somewhat resembling those of the p'eng hao [given in the P., XXVI, 54, as a synonym for t'ung hao which is Chrysanthemum Roxburghii. Comp. also Bot. sin., II, 436].

Su Kung [7th cent.]:—The leaves of this plant resemble those of the lang ya [Potentilla? See 134] and also those of the ch'ung wei [Leonurus. See 78]. It sends up three or four spikes of small flowers like those of the ch'e ts'ien [Plantago. See 115]. This spike resembles a whip, whence the name. It does not resemble the p'eng hao. Another name is E \$\frac{\mathbf{R}}{2}\$ \$\frac{\mathbf{R}}{2}\$ feng king ts'ao.

HAN PAO-SHENG [10th cent.] says that the flowers are white.

Su Sung [11th cent.]:—It is common in Heng shan [in Hu nan, App. 61], in Lü shan [in Kiang si, App. 209] and in Kiang and Huai [Kiang su and An hui, App. 124, 89]. It resembles the *i mu* [Leonurus. See 78], but the stem is round, from two to three feet high.—Regarding the 龍牙草 lung ya ts'ao (dragon's tooth, which some believe to be the same as the ma pien ts'ao), Su Sung says that it grows in Shi chou [in Hu pei, App. 288] and that the root is used in medicine.

LI SHI-CHEN:—The ma pien is a common plant in low places. It has a square stem, leaves resembling those of the i mu (Leonurus) and standing opposite. In autumn small purple flowers in spikes like those of Plantago. The seeds resemble those of the p'eng hao [v. supra] and are small. The root is small and white. T'AO HUNG-KING and SU SUNG describe the plant incorrectly.

Ch., XIV, 8:—Ma pien ts'ao. By the plant figured Verbena may be intended. The description in the P. agrees in a general way.

Lour., Fl. cochin., 33: — Verbena officinalis, L. Sinice: ma pien tsao.

PARKER, Canton pl., 266:—Verbena officinalis, ma pien ts'ao. In Sz ch'uan the same plant is called t'ie ma pien [Parker in litt.]. See also Henry, Chin. pl., 457.—P. Smith, 226.

Cust. Med., p. 376 (481):—Ma pien ts'ao exported 1885, from Canton 481 piculs,—p. 424 (141), from Pakhoi 0.56 picul,—p. 288 (218), t'ie ma pien from Amoy 1.3 picul.—In the Hank. Med. the ma pien ts'ao is mentioned as exported from Hankow.

So moku, XI, 42:—馬 鞭 草 Verbena officinalis.— Ibid., IX, 9:—龍 牙 草 Agrimonia viscidula, Bge. This drawing agrees with that sub lung ya ts'ao in Ch., XII, 29. See also Kiu huang, LII, 17.

#### 117.—蛇含 She han. P., XVI, 59. T., CLXVII.

Pen king:—She han, 蛇 街 she hien (snake's bridle). The leaves are officinal. Taste bitter. Nature slightly cold. Non-poisonous.

Pie lu:—The she han grows in I chou [Yün nan, App. 102] in mountain-valleys. It is gathered in the 8th month and dried in the shade.

T'AO HUNG-KING:—The she hien is a common plant. There are two kinds, both grow on stony ground also in loamy soil. That generally used has small leaves and yellow flowers.

Su Sung [11th cent.]:—It grows in Hing chou [in Shen si, App. 66] and in other places. It grows on stony ground, also in damp places. In Shu (Sz ch'uan) the people cultivate this plant. Snakes dislike it. There are two kinds of this plant, one with 5 leaves, the other with 7, on the same footstalk. The root is gathered in the 8th month and dried in the shade.

Ch'en Ji-hua [author of the Sung dynasty] and Su Sung [11th cent.]:—The stem and the leaves used in medicine. There is one kind in Shu (Sz ch'uan) which is called 紫背 龍牙 tsz' pei lung ya [leaves purple underneath].

LI Shi-chen:—There are two kinds of this plant. That with small leaves is the she hien, that with large leaves is 間質 lung hien (dragon's bridle). It is used for plasters. The purple she hien, which is smaller and has the back (of the leaf) of a purple colour is called the 小龍牙 siao (small) lung ya.

This is the tsz' pei lung ya of Su Sung. [Regarding lung ya see 116.]

Ch., XI, 65:—She han. Rude drawing, only leaves. Perhaps Potentilla is intended.

So moku, IX, 35:一蛇 含 Potentilla inclinata, Vill.

Phon zo, XIX, 7:-蛇含 Geum dryadoides, S. & Z. Ibid., 7, 8:-紫背龍牙草 Geum strictum, Ait.

## 118.—女青 nü ts'ing. P., XVI, 60. T., CXXX.

Pen king:—Nü ts'ing, 雀飘 tsio p'iao (sparrow's calabash). The root is officinal. Taste pungent. Poisonous.

Pie lu:—The nữ ts'ing is the root of the she hien [see 117]. It grows in Chu yai [App. 22], is gathered in the 8th month and dried in the shade.

T'AO HUNG-KING objects to the statement of the *Pei lu* that the *nū ts'ing* is the root of the *she hien*. He considers it to be a distinct plant which has a root like the *su tuan* [see 84] and very bitter leaves. The *nū ts'ing* root is produced in King chou [Hu pei, App. 146].

Su Kung [7th cent.]:—The nü ts'ing or tsio p'iao grows in marshes. Its leaves resemble those of the lo mo (Metaplexis Stauntoni) and are opposite. The fruit has the appearance of a calabash, whence the name. It is about the size of a jujube. The root resembles the pai wei [Vincetoxicum. See 44]. The stem and the leaves have an offensive odour. The she hien is a different plant.

The name nu tsing is not found in the Ch., but [Ch., V, 7] tsio piao is given as another name for ti shao kua, which is Vincetoxicum sibiricum, a small plant with linear lanceolate leaves and a large edible fruit.

So moku, IV, 39:—女 青 Pæderia fætida, L. This may be the nü ts'ing described by Su Kung.

In South China, however, Pæderia fætida is known by the name 鶏屎藤 ki shi t'eng (chicken's excrement creeper). See Lour., Fl. cochin., 213, sub Gentiana scandens, Parker, Canton plants, 189. It has, according to Parker, the same name in Sz ch'uan. The drawing of the ki shi t'eng [Ch., XIX, 55] is very rude.

# 119.—鼠尾草 shu wei ts'ao. P., XVI, 62. T., CLXVIII. Comp. Rh ya, 17.

Pie lu:—The shu wei ts'ao (rat's-tail herb) grows in marshes. In the 4th month the leaves are gathered, and in the 7th the flowers. Taste bitter. Nature slightly cold. Non-poisonous.

Wu P'u [3rd cent.] calls this plant 山 陵 翹 shan ling k'iao.

T'AO HUNG-KING:—It is a common wild-growing plant. The people use its juice for dyeing a black colour.

In the Pen ts'ao shi i [8th cent.] the synonyms 烏草 wu ts'ao (black herb) and 水青 shui ts'ing. The plant has purple flowers. The stem and the leaves are used for dyeing black.

HAN PAO-SHENG [10th cent.]:—It grows in damp places. In K'ien chung [Kui chow, App. 142] the people collect the plant for medical use. The leaves resemble those of the hao (Artemisia). In the summer four or five flower-spikes, like those of the ch'e ts'ien [Plantago. See 115], spring from the top of the stem. The flowers are red or white.

This is probably a Salvia. For further particulars see Bot. sin., II, 17.

Cust. Med., p. 288 (215):—Shu wei exported 1885 from Amoy 0.1 picul.

120.—連翹 lien kiao. P., XVI, 65. T., CXXXI. Comp. Rh ya, 120.

Pen king:—Lien k'iao. The Index of the Pen king has 翹 根 k'iao ken (k'iao root). Taste of the root sweet. Nature cold and uniform. Slightly poisonous.

CHANG CHUNG-KING [2nd cent.] calls the root of this plant 連 記 lien yao.

Pie lu:—Other names: 三族 san lien, 竹根 chu ken (bamboo-root). The lien k'iao grows in the mountain-valleys of T'ai shan [in Shan tung, App. 322]. It is gathered in the 8th month and dried in the shade.

Wu P'u [3rd cent.] calls it 蘭華 lan hua [which is properly a name applied to several orchideous plants, see 62].

T'AO HUNG-KING:—It is a common plant. Now the stem, together with the flowers and fruit, is used in medicine.

The Yao sing Pen ts'ao [7th cent.] calls it 旱蓮子 han lien tsz'.32

Su Kung [7th cent.]:--There are two kinds of this plant, the large k'iao and the small k'iao. The larger grows in low, damp places. Leaves narrow and long. Handsome yellow flowers. The fruit is a peculiarly opening capsule resembling that of the ch'un tree (Cedrela).

The small k'iao grows on elevated plains. It resembles the first in its leaves, flowers and capsules, but is smaller. In Shan nan [S. Shen si, App. 268] both drugs are used, but in Ch'ang an [ancient capital of China, App. 6] they use only the fruit of the larger sort and do not employ the stem and the flowers.

<sup>\*\*</sup>In the P. [XVI, 63] 早蓮草 han lien ts'ao is given as a synonym for 鹽腸 li ch'ang, which in Japan is Eclipta. Cust. Med., 374 (461), han lien ts'ao exported 1885 from Canton 3.89 piculs. BRAUN [Hank. Med., 14] identifies han lien ts'ao with dried lilies.

Su Sung [11th cent.]:—It is now common in Pien king [in Ho nan, App. 248], in Ho chung [S.W. Shan si, App. 74], in Kiang ning [Nan king, App. 129] and many other places in North and Mid China. After this follows a description of the plant similar to that given by Su Kung.

The name *lien k'iao*, in China as well as in Japan, is applied to *Forsythia* and *Hypericum*. For further particulars see *Bot. sin.*, II, 120.

TATAR., Cat., 34: — Lien k'iao, Fructus Forsythiæ. P. Smith, 98.

Cust. Med., p. 72 (95):—Lien k'iao exported from Hankow 2,864 piculs,—p. 32 (150), from Tien tsin 789 piculs,—p. 48 (44), from Chefoo 35 piculs.

#### 121.—陸 英 lu ying. P., XVI, 67. T., CXLVII.

Pie lu:—The lu ying grows in Hiung rh [in N.W. Ho nan, App. 69], in river-valleys, also in Yüan kü [in Shan tung, App. 415]. It is gathered in the beginning of autumn. Taste bitter. Nature cold. Non-poisonous.

SU Kung [7th cent.] states that the *lu ying* is the same as the *so t'iao* [see the next]. But later authors [Ma Chi, Su Sung, Li Shi-chen] keep them apart, proving that the *so t'iao* is a different plant, and is poisonous. The description of the *lu ying* is vague. Su Sung refers to Rh ya, 222. The flowers are officinal.

For identification see the next.

#### 122. — 蒴 藋 so t'iao. P., XVI, 68. T., CXLVII.

Pie lu:—So t'iao, 茎 草 kin ts'ao, 芨 ki. The so t'iao grows in fields. The leaves are gathered in spring and summer, the stem and the root in autumn and winter. Taste sour. Nature warm. Poisonous.

T'AO HUNG-KING:—It is a common plant near fields, in burial wastes and near villages.

Su Kung [7th cent.] says, the so tiao is the same as the lu ying, and refers to Rh ya, 134.

K'ou Tsung-shi [12th cent.]:—The so t'iao has white flowers. The fruit is at first green, like the lü tou (green bean, *Phaseolus Mungo*), arranged in clusters, several hundreds together, like a shallow cup. In the 10th month these berries become red.

LI Shi-chen adds:—Every leaf consists of 5 leaflets. It is also known by the name of 接骨草tsie ku ts'ao (plant which joins together [broken] bones).

Ch., XI, 75:—Lu ying or so t'iao. Representation of a plant with pinnate leaves, berry-like fruits. Henry [Chin. pl., 80] means that it is Sambucus Chinensis, Lindl.

There is in the P. [XXXVI, 74] a short account, from the T'ang Pen ts'ao [7th cent.], of the 接骨术 tsie ku mu or 續骨术 su ku mu [both these names mean wood (tree) which joins broken bones] also called 木 葫 藋 mu (tree) so t'iao. Su Kung says, the leaves and the flowers of the tsie ku mu resemble those of the lu ying, but the tsie ku mu is a tree from 10 to 20 feet high [the lu ying is herbaceous]. Its wood is very light and empty, it has no heart. It is much cultivated. The tsie ku mu has the property of healing broken bones, whence the name. [It seems a decoction of the leaves is administered internally to that effect.] The skin of the root is also employed in medicine.—Ch'en Ts'ang-k'i [8th cent.] says that the tsie ku mu is slightly poisonous.

The tsie ku mu is figured in the Ch. [XXXVIII, 35], only leaves, rude drawing, and again XXXV, 15. Henry [Chin. pl., 81] means that it may be Sambucus Sieboldiana, Bl. (S. racemosa, L.).

Cust. Med., p. 298 (374):—Tsie ku ts'ao exported 1885 from Amoy 1.45 picul.

So moku, V, 45:- 蒴 藋 Sambucus Thunbergiana, Bl. (shrub).

Phon zo, XCII, 23, 24:—接骨木 Sambucus racemosa, L. (tree). Kwa wi, 93, tatzu noki.

SIEB., Œcon., 239:—Sambucus pubescens (a variety of S. racemosa), japonice: tadsu; sinice:接骨木 Folia adhibentur in vulneribus.

#### 123.— 萨 lan. P., XVI, 70. T., CV.

Comp. Rh ya, 178, Classics, 392.

Pen king:—Lan. The Index of the Pen king has 藍寶 lan shi (fruit). The fruit (seed) used in medicine. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The lan shi grows in Ho nei (S.E. Shan si, App. 77] in marshes. Stem and leaves used for dyeing blue.

T'AO HUNG-KING:—This is the plant now employed for dyeing a dark blue (紺 碧) colour. That with pointed leaves is the best.

Su Kung [7th cent.]:—There are two kinds of lan. One has round leaves, 2 inches in diameter and 2 to 4 fen thick. It yields a dark blue colour. It grows in Ling nan [S. China, App. 197] and in the Court of Sacrifices 33 it is called 木整子 mu (tree) lan tsz'. The plant of which T'Ao Hung-king speaks is the 菘 [ sung (Cabbage) lan. From the juice [of its leaves] the 薇 tien (Indigo) is prepared. The lan referred to in the Pen king are the seeds of the 梦 [ liao (Polygonum) lan. From this plant also Indigo is prepared.

SU SUNG [11th cent.]:—The lan is a common plant which is much cultivated in gardens. It grows from 2 to 3 feet high, and has leaves like the shui liao [Water Polygonum. See Rh

ya, 65], rose-coloured flowers. Seeds also like those of the liao (Polygonum) but larger and black. It is used for dyeing a blue colour, but it is not fit preparing tien (Indigo). It is called liao lan [v. supra]. This is the plant used in medicine. Another kind is termed mu lan (v.s). It grows in Ling nan [S. China], is not officinal. The tien or Indigo is also prepared from the sung lan (v. s). The 馬 [ ma lan is mentioned in the Rh ya [178]. In Yang chou [in Kiang su, App. 400] there is one kind of ma lan the leaves of which resemble those of the k'u (bitter) mai [Lactuca or Sonchus. See 257]. The people there use the root in medicine. The 吳 [ Wu lan which is produced in Kiang ning [Nan king, App. 129] resembles the hao (Artemisia) and has white flowers.

For further particulars and the identification of the Chinese Indigo plants see Bot. sin., II, 392. The mu lan is Indigofera tinctoria, L., and other species yielding the true Indigo.— The sung lan is Isatis tinctoria, L.—The liao lan is Polygonum tinctorium.

#### 124.—蓼 liao. P., XVI, 76. T., LVIII.

Pen king:—Liao. The Index of the Pen king has 蓼 實 liao shi (fruit, seeds). The seeds are officinal. Taste pungent. Nature warm. Non-poisonous.

Pie lu:—The liao shi is produced in Lei tse [App. 182], in marshes. The leaves also used in medicine.

T'AO HUNG-KING:—There are many kinds of liao. Three of them are used for food. The first is the 青 [ ts'ing (green) liao, which is much employed by the people. Its leaves are round or pointed. The round-leaved is the best. The second is the 紫 [ tsz' (purple) liao. It resembles the first but is of a purple colour. The third is the 香 [ hiang (fragrant) liao. All these sorts are not very pungent in taste and are good to eat.

HAN PAO-SHENG [10th cent.] enumerates seven kinds of liao, viz.:—

- ts'ing liao
   hiang liao
   these two have thin leaves.
- 3. 水 | shui (water) liao.
  4. 馬 | ma (horse) liao,
  also called 大 | ta
  (large) liao.

Both have large, broad leaves covered with black spots. The flowers of the *ta liao* are red and white. The seeds resemble Sesam-seeds, are of a brown colour, flattened and pointed. [Comp. 125.]

- 5. tsz' (purple) liao
  6. 赤 l ch'i (red) liao } both have small, narrow leaves.
- 7. 木 | mu (tree) liao, also called 天 | t'ien liao. A creeper or twiner. Its leaves resemble the leaves of the che (Cudrania triloba). Flowers yellowish white.

The above names refer to various species of Polygonum. For further particulars see Bot. sin., II, 366.

The 蓼 liao seems to be Polygonum hydropiper. Ch., XI, 57.—Amæn. exot., 891.—So moku, VII, 57. But according to Lour. [Fl. cochin., 296], leao xi (shi) at Canton is Pol. barbatum, L.—Sieb., Œcon., 104:—Polygonum barbatum, sinice 蓼 Herba edulis.

The K | shui liao is represented Ch., XIV, 19. So moku, VII, 62:—Polygonum, not determined. Hoffm. & Schlt., 451 (resp. Siebold), refer the above Chinese name to Polygonum perfoliatum, L.—Lour., Fl. cochin., 295:—Polygonum hydropiper. Sinice: xuei leao (shui liao). Virtus acris, stimulans, urens. Habitat in paludibus et infra ripas fluminum in Cochinchina et China, ubi ex illo formantur sepes ad olera aquatica continenda.

馬 l ma liao, Ch., XI, 59. So moku, VII, 63, under this Chinese name, Polygonum persicaria, L.

The 香 [ hiang liao (fragrant Polygonum) is perhaps the Polygonum odoratum. Lour., Fl. cochin., 299. The Polygonum figured under the above Chinese name in the Phon zo [XX, 3] has not been determined.

The 毛 | mao (hairy) liao is noticed by Ch'EN Ts'ANG-KI [8th cent.], P., XVI, 80, and figured Ch., XIV, 30, Phon zo, XX, 6 [not identified].—Phon zo, XX, 2:—赤 | and 紫 | Polygonum [not identified].

Comp. also Tatar., Cat., 34, liao,—P. Smith, 175,—Henry, Chin., pl., 239.

#### 125.— 葒草 hung ts'ao. P., XVI, 79. T., LVIII.

Comp. Rh ya, 102, Classics, 426.

Pie lu:—Other names: 石 龍 shi lung, 天 蓼 t'ien (heavenly) liao, 大 [ ta (great) liao [for the last two names comp. 124]. The hung grows on the banks of water-courses, and resembles the ma liao [see 124] but is larger. In the 5th month the seeds are gathered. Taste salty. Nature slightly cold. Non-poisonous.

T'AO HUNG-KING:—It grows abundantly in damp places, and much resembles the *ma liao*, but grows very high. It is mentioned in the *Shi king* and in the *Rh ya*.

LI Shi-chen:—It has a coarse stem as thick as a finger, covered with hair. Its leaves are as large as those of the shang lu (Phytolacca. See 131). Pale red flowers in spikes. Seeds flat, brown, and resemble the kernels of the suan tsao (small Jujube. See 336] but are smaller. The flesh within is white, not very pungent in taste. The seeds are cooked for food.

The seeds and the flowers used in medicine. The plant is also known by the name 鴻 藹 hung kie.

The hung is the Polygonum orientale, L. See Bot. sin., II, 426. Ch., XI, 90.—Henry, Chin., pl., 239.—So moku, VII, 76.

Sieb., Œcon., 105:—Polygonum orientale. Japon.: oketade; sinice: 莊, Herba edulis.

126.—虎杖 hu chang. P., XVI, 83. T., CLXIV.

Comp. Rh ya, 19.

The *Pie lu* gives only the name, *hu chang* (tiger's staff), and notices the medical virtues of the drug. The root is used.

T'AO HUNG-KING:—It grows abundantly in fields. It resembles the ta ma liao [Polygonum. See 124]. The stem is variegated, the leaves are round.

In the Yao sing Pen ts'ao [6th and 7th cent.] it is called 大蟲杖 ta ch'ung chang,—in the Pen ts'ao shi i [8th cent.] it is 苦杖 k'u chang.

HAN PAO-SHENG [10th cent.]:—It grows in low, damp places, like a tree, ten feet and more high. Red stem. Yellow root. The root is gathered in the 2nd and 3rd months and dried in the sun.

In the Ji hua Pen ts'ao [10th cent.] it is called 斑杖 pan chang (variegated staff).

Su Sung [11th cent.]:—It now grows in Fen chou [in Shan si, App. 38], in Yüe chou [in Che kiang, App. 418], in Ch'u chou [in An hui, App. 25], where it is a common plant. The young plants resemble bamboo-sprouts. It is covered with red spots. Leaves like small apricot-leaves. It flowers in the 7th month, and bears seed in the 9th.

The skin of the root is black, but the root is yellow within, like the root of the willow. The plant is more than ten feet high.

According to Li Shi-chen the plant is also called 酸杖 suan chang.

Ch., XI, 91:—Hu chang. Rude drawing. Perhaps a Polygonum is intended.

So moku, VII, 78:—虎 杖 Polygonum cuspidatum, S. & Z.

# 127.—萹蓄 pien ch'u. P., XVI, 85. T., CXLIV.

Comp. Rh ya, 54.

Pen king:—Pien ch'u. It seems the whole plant is used in medicine. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—The pien ch'u grows in Tung lai [in Shan tung, App. 373] in mountain-valleys. It is gathered in the 5th month and dried in the shade.

Wu P'u [3rd cent.] calls it 扁辨 pien pien and 扁蔓 pien man.

T'AO HUNG-KING:—It is a common plant which covers the ground. White flowers between (around) the joints. Small green leaves. Its vulgar name is 扁 竹 pien chu.

Su Sung [11th cent.]:—It grows by roadsides, covering the ground. The young plant resembles the k'ü mai [Dianthus. See 112]. Leaves small, green, like bambooleaves. Red stem. Very small greenish yellow flowers. The root looks like Artemisia root. The leaves and the stems are gathered in the 4th or 5th month, according to others in the 2nd month. Mentioned in the Rh ya.

LI SHI-CHEN:—The plant has small leaves like those of the lo chou [Kochia. See 111], but they are not pointed. Slender stem which lies on the ground with the joints near each other. It flowers in the 3rd month. Small red flowers like those of the liao lan [Polygonum tinctorium. See 123]. The plant is also called 粉節草 fen tsie ts'ao (flour joint plant), for the stem is covered with a [white] powder. As the plant grows by waysides it is also called 道生草 tao sheng ts'ao (way plant).

This is probably a small *Polygonum*. According to Tatar. [Cat., 3], pien ch'u is *Polygonum hydropiper*, L. P. Smith [175] means that it is *P. aviculare*, L. For Chinese and Japanese drawings see *Bot. sin.*, II, 54.

Cust. Med., p. 332 (253):—Pien ch'u exported 1885 from Swatow 1.72 picul.

#### 128.—蓋草 tsin ts'ao. P., XVI, 86. T., CVII.

Comp. Rh ya, 10, Classics, 461.

Pen king:—Tsin ts'ao. It seems the whole plant is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—The tsin ts'ao grows in Ts'ing i [in Sz ch'uan, App. 364] in river-valleys. It is gathered in the 9th and 10th months. The plant is fit for dyeing a gold-yellow colour.

Wu P'u [3rd cent.] calls it 黃草 huang ts'ao (yellow herb) and states that it grows in the mountain-valleys of T'ai shan [Shan tung, App. 322].

Su Kung [7th cent.]:—The locality Tsing i [mentioned in the *Pie lu*] lies west of I chou [See App. 102]. The tsin tsiao is a common plant in marshes and on the banks of rivulets. The leaves resemble bamboo-leaves but are small and tender. Stem slender and round. The people of King and Siang [both in Hu pei, App. 146, 305], by boiling the plant, prepare an excellent yellow dye. The vulgar name of the plant is 菜 壔 lū ju or | 竹 lū chu.

LI Shi-chen:—This plant is green, but it can be used for dyeing a yellow colour. The ancient dictionary Shuo wen notices a plant 漠 li (lei) which dyes a sort of yellow. This is the plant under review. In the History of the Earlier Han it is stated that the feudal princes had a golden seal with a green ribbon (熱 殺). A commentator of the 4th century says that the plant which yielded this colour is called 熱 草 li ts'ao and grows in Lang ye and P'ing ch'ang [both in Shan tung, App. 178]. It resembles the ai [Artemisia. See 72] and is used for dyeing. This is also the tsin ts'ao.

For the identification of this plant see Bot. sin., II, 461 (Phalaris). The Phon zo [XX, 15] figures sub 蓋 草 a Graminea. But two other figures with the same Chinese name, on the same plate, seem to be intended for Polygonum.

#### 129.—蒺 槧 tsi li. P., XVI, 86. T., CXLI.

Comp. Rh ya, 90, Classics, 427.

Pen king:—Tsi li, 旁通 p'ang t'ung, 屈人 k'ü jen, 止行 chi hing, 休初 hiu yü. The fruit (seed) is officinal. Taste bitter. Nature warm. Non-poisonous.

Pie lu:—The tsi li grows in Feng i [in Shen si, App. 40] in marshes and by roadsides. The fruit is gathered in the 7th and 8th months and dried in the sun.

T'AO HUNG-KING:—The plant grows abundantly on roads and walls. The leaves cover the ground. The fruit resembles the ling [Trapa. See 296], but is smaller. It is provided with spines. The plant is very common in Ch'ang an [the ancient capital of China in Shen si]. When the people walk it sticks to their wooden shoes. In war tsi li made of iron are used to defend a passage. [It seems a kind of chevaux de frise is meant]. The tsi li is mentioned

in the *I king* [Legge's *Yi king*, p. 162 (3). He translates tsi li by thorns] and in the *Shi king*.

Sung [11th cent.]:—It (the fruit) is gathered in winter. It is of a yellowish white colour. The plant is mentioned in the Rh ya. There is a peculiar kind which is called [1] | pai (white) tsi li and which is produced in the district of [25] Sha yūan in the prefecture of Tung chou [in. Shen si, App. 267, 378] on pasture grounds. It is also found in Mid China. It creeps over the sand, and flowers in the 7th month. The flowers are yellow and purple, and resemble pea-flowers but are smaller. In the 9th month it is in fruit. The fruit is a pod. The seeds are grayish green, of a sweet taste and a somewhat strong smell.

K'ou Tsung-shi [12th cent.]:—There are two kinds of tsi li. One is called 杜 l l tu tsi li. This is the common plant which covers the ground by waysides. It has small yellow flowers and a spiny fruit. The other is the pai tsi li, which grows in Sha yüan [v. supra]. It has reniform seeds of the size of millet, and is used in complaints of the kidneys.

The common tsi li is the Tribulus terrestris, L. For ancient Chinese names and further particulars see Bot. sin., II, 427.

Lour., Fl. cochin., 331:—Tribulus terrestris. Sinice Cie li tsu.

TATAR., Cat., 57:—Tsi li, Tribulus terrestris.—P. SMITH [221] is wrong in identifying the pai tsi li with Tribulus, for this Chinese name seems to refer to a leguminous plant.

Cust. Med., p. 80 (190):—Tsi li exported 1885 from Han kow 20 piculs,—p. 34 (45), sha yüan tsi li, from Tien tsin 45 piculs.

The Phon zo [XX, 16] represents sub 沙苑蒺藜 a leguminous plant. Vicia?

#### 130.—大黃 ta huang. P., XVIIIa, 1. T., CLV.

Pen king:—Ta huang (great yellow), 黃良 huang liang (yellow excellent), 將軍 tsiang kūn (captain general). The root is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The ta huang grows in Ho si [west of the Yellow River. See App. 79] in mountain-valleys, also in Lung si [in Kan su, App. 216]. The root is taken up in the 2nd and 8th months and dried by fire.

Wu P'u [3rd cent,]:—Other names: 大麥 huo shen (fire Ginseng) and 唐如 fu ju. The ta huang grows in Shu [Western Sz ch'uan, App. 292], in Pei pu [in Sz ch'uan, App. 244], also in Lung si. In the 2nd month the young leaves are rolled up and are of a yellowish red colour. The plant grows three feet and more high. The leaves are arranged four together opposite around the stem. In the 3rd month it opens its yellow flowers, in the 5th it bears black fruits (seeds). In the 8th month the root, which contains a yellow juice, is dug up, cut up in slices and dried in the shade. Emperor Shen nung and Lei Kung [the latter is said to have lived in the days of Emperor Huang to considered the ta huang to have poisonous properties. Other ancient authors say it is not poisonous. [The P. classes it among the poisonous drugs.]

T'AO HUNG-KING:—The name ta huang refers to the yellow colour of the root, the name tsiang kūn to the excellent and prompt effect of the drug. The drug which is now brought from I chou [Sz ch'uan, App. 102], namely from Pei pu [v. supra] and Wen shan [in Sz ch'uan, App. 388] and the western mountains, is not equal in quality to that from Ho si and Lung si [v. supra], it is darker in colour and of a very bitter and harsh taste. That from Si ch'uan [in Kan su, App. 296], which is dried in the shade, is of a

good quality. In Pei pu they dry it in the sun. That dried by fire appears slightly charred and is not eaten by worms.

Su Kung [7th cent.]:—This plant in its stem, leaves and seeds resembles the yang ti [Rumex. See 193], but its stem grows from six to seven feet high. It is easily broken and of a sour taste. The stalks are much eaten in a raw state. The leaves are coarse, long and thick. The root is red and resembles that of an old yang ti (Rumex) root. In shape it is like a bowl, two feet long. Its nature is soft and moist, and it is easily destroyed by worms. That dried by artificial heat is durable. It is dried by means of heated stones on which are placed the roots cut in slices. Being thus heated for a day, a hole is made in each piece, through which they are strung together. Now the best drug comes from Tang chou [in Sz ch'uan or Kan su, App. 331], Liang chou [in Kan su, App. 189], Si Kiang [Kukonor, App. 300], Shu [Sz ch'uan, 292]. It is also found north of Yu [present Peking, App. 411], but this is smaller in size, and in point of strength inferior to that from Shu. What T'AO HUNG-KING says about the ta huang from Shu being inferior to that of Lung si is incorrect.

Su Sung [11th cent.]:—The ta huang is now produced in all the prefectures of Shu ch'uan [Sz ch'uan, App. 292], Ho tung [Shan si, App. 80] and Shen si [present Shen si and Kan su, App. 284]. But the drug from Shu, with fine veins, is the best. Next comes that from Ts'in [in Kan su, App. 358] and Lung [in Shen si, App. 215], but perhaps Lung si [in Kan su, App. 216] is meant. This is called 土香大黃 T'u fan (Tibetan) ta huang. The ta huang plant begins to grow in the 1st month. Its leaves resemble those of the pi ma (Ricinus) and are as large as a fan. The root resembles that of the yü [Colocasia. See 261], the largest is of the size of a bowl and one or two feet

long. It flowers in the 4th month. The flowers are yellow, green and red, resembling those of buck-wheat. The stem is like a bamboo, of a green and purple colour. The root is taken up in the 2nd and 8th months and, the black skin which covers it being taken off, it is cut in slices and dried by fire. The ta huang from Shu is flattened like the tongue of an ox and is therefore called 牛舌大黃 niu she (ox tongue) ta huang. There is a sort of ta huang produced in Kiang and Huai [Kiang su and An hui, App. 124, 89] which is called 土大黃 t'u (native) ta huang. It flowers in the 2nd month and produces small fruits.

Sung K'i [11th cent.], in his description of I chou [Sz ch'uan, App. 102], states that the ta huang grows abundantly in the high mountains of Shu. It has a red stem and large leaves. The root is so large that in the drug markets they use it as a pillow. The interior is beautifully veined with purple or brown.

In the days of Li Shi-chen the best ta huang was brought from Chuang lang [in Kan su, App. 27], and the author observes that this agrees with the localities noticed in the *Pie lu* as producing this drug.

Ta huang is still the common name in China for Rhubarb. The drawing of the plant in the Ch. [XXIV, i] is rude and incorrect. Of the species of Rheum which furnish this Chinese drug two are known to our botanists. Seeds of the true Rhubarb plant, procured from China by way of Kiakhta, were first received in St. Petersburg, in 1750, and distributed by the Russian government to the Horticular Societies of England, Scotland and Germany, and from that time the plant was much cultivated in Europe. Linnæus named it Rheum palmatum. It was for a long time doubted whether this was really the genuine Rhubarb, till the late General [then Captain] Prezewalsky, in 1872,

visited the province of Kan su, where he observed the plant which yields the much-valued Kiakhta Rhubarb, so called because it was imported through Kiakhta. The plants raised in the Botanic Gardens, St. Petersburg, from the seeds he had brought home, proved to be the well-known Rheum palmatum. Another species from Sz ch'uan and S.E. Tibet, from which a great part of the best Chinese Rhubarb is derived, was obtained in 1867 by the French missionaries, and sent to Paris, where it was cultivated and described by Baillon as Rheum officinale.

That which the natives in North China call t'u ta huang (native Rhubarb) is the root of Rheum rhaponticum, L., and the variety compactum, frequently seen in the Peking mountains.

P. SMITH, 185.—HENRY, Chin. pl., 438.

Cust. Med., p. 70 (61):—Ta huang exported 1885 from Han kow [probably Sz ch'uan Rhubarb] 5,650 piculs,—p. 58 (22), from I chang 2,123 piculs,—p. 26 (53), from Tien tsin 1,093 piculs [probably Kan su Rhubarb].

So moku, VII, 91, 92:—漢種大黃 (Chinese Rhubarb, cultivated), Rheum undulatum, L.—Ibid., 28:—土大黃 Rumex aquaticus.

SIEB., Œcon., 111:—Rheum tataricum. Japonice: Too dai woo. Colitur in usum medicum, Chinensi vero longe inferior radice.

Ibid., 112:—Rheum palmatum. Rarius cultum.

131.—商陸 shang lu. P., XVIIa, 8. T., CXXXI. Comp. Rh ya, 112.

Pen king:—Shang lu, 夜呼 ye hu. The root is officinal. Taste pungent. Nature uniform. Poisonous.

In the Kuang ya [3rd cent.] it is called 馬尾 ma wei (horse's tail).

Pie lu:—The shang lu grows in Hien yang [in Shen si, App. 65] in mountain-valleys. It (the root) has the shape of a man and has spiritual (divine) power (神).

LEI HIAO [5th cent.]:—There are two kinds of this plant which resemble each other in their leaves. One is called 赤昌 ch'i (red) ch'ang. It is not edible, but is injurious to man. The other has white flowers [and is called the white ch'ang. See further on]. It is cultivated, and the sien jen (immortals, Taoists) use it for food.

SU Kung [7th cent.]:—There are two sorts—the red and the white. The white is used in medicine, the red is possessed of evil power and is very poisonous.

HAN PAO-SHENG [10th cent.]:—The plant has large, thick, succulent leaves resembling in shape the tongue of an ox. That with red flowers has also a red root. The root of the white flowered is white. The root is dug up in the 2nd and 8th months and dried in the sun.

Su Sung [11th cent.]:—The popular name of the plant is 章柳根 chang liu ken. It is much cultivated in gardens. It grows from three to four feet high. The leaves resemble the tongue of an ox, but are longer. Stem green and red and soft. It flowers in summer and in autumn. Purplish red flowers in clusters. The root resembles a radish, but is longer. It is mentioned in the Rh ya. The flowers are also used in medicine.

In the K'ai Pao Pen ts'ao [10th cent.] the plant is also called 當陸 tang lu and 白昌 pai (white) ch'ang [v. supra].

LI SHI-CHEN:—In ancient times the shang lu was cultivated as a vegetable. The sort with a white root as well as the purple sort are propagated by planting the root cut in pieces. It can also be raised from seeds. The root, as

well as the leaves and the stem [of the white sort] can be eaten when cooked. But that of a red and yellow colour is not edible, for it is poisonous.

Ch., XXIV, 3:—Shang lu. Phytolacca. Good drawing. See also Kiu huang, LI, 5, sub chang liu ken.

TATAR., Cat., 51:—Shang lu. Rad. Phytolaccæ octandræ.—Gauger [33] describes and figures the root of the shang lu.—P. Smith, 171.

Cust. Med., p. 348 (130):—Shang lu exported 1885 from Canton 1 picul,—p. 280 (103), from Amoy 1.25 picul.—According to Hank. Med., p. 36, exported also from Hankow.

The plant cultivated in Peking under the name of shang lu, and which is found also wild in the mountains, is *Phytolacca acinosa*, Roxbg.

It has the same Chinese name in Japan. See Bot. sin., 112.

Sieb., Œcon., 128:—Phytolacca octandra (Ph. acinosa). Japonice: jama goboo; sinice: 商陸, Radix habetur venenata. Herba agricolis remedium diureticum, ac adhuc tenera inter obsonia posita.

#### 132.—狼毒 lang tu. P., XVIIa, 11. T., CLXV.

Pen king:—Lang tu (wolf poison). The root is officinal. Taste pungent. Nature uniform. It is very poisonous. 34

<sup>34</sup> The Po wu chi [3rd cent.] quotes a passage from the Shen nung Pen ts'ao in which it is stated that among medicines there are five poisonous drugs, viz.:—

1. The 狼毒 lang tu. Counter poison the chan sz' [see 356].

- 2. The 巴豆 pa tou [Croton Tiglium. See 331]. Counter poison the 霍 升 huo chi [the juice expressed from the leaves of the soybean].
- 3. 黎廬 li lu [Veratrum. See 142]. Counter poison 湯 t'ang (broth).
- 4. The 天雄 then hinng and the 鳥頭 wu thou [Aconite. See 144, 146]. Counter poison the soy-bean.

5. 班茅 pan mao [Cantharides]. Counter poison stone salt.

Pie lu:—The lang tu grows in Ts'in t'ing [in Kan su, App. 361] in mountain-valleys, also in Feng kao [in Shan tung, App. 41]. The root is gathered in the 2nd and 8th months and dried in the shade. That which is old and heavy and sinks in water is good.

T'AO HUNG-KING:—This drug is also produced in Tang ch'ang [in Kan su, App. 330], but it is rare there, for certain vipers are said to eat the root. That from T'ai shan [in Shan tung, App. 322] is more generally used. The drug from Han chung [S. Shen si, App. 54] and Kien p'ing [in W. Hu pei, App. 139] resembles very much the root of the fang k'ui [an umbelliferous plant. See 133], but the latter does not sink in water.

Su Kung [7th cent.]:—This drug is now produced in Ts'in chou and Ch'eng chou [both in Kan su, App. 358, 18]. The plateau of Ts'in t'ing [mentioned in the *Pie lu*] lies on the border of these two prefectures. Su Kung refutes T'AO Hung-king's statements regarding the *lang tu*.

MA CHI [10th cent.]:—The leaves of the lang tu resemble those of the shang lu and the ta huang [Phytolacca and Rhubarb. See 131, 130]. Leaves and stem covered with hair. The skin of the root is yellow, the flesh is white. The drug of a good quality must be succulent and heavy. Ts'in t'ing [v. supra] lies in Lung si [in Kan su, App. 216]; Feng kao [likewise mentioned in the Pie lu] is a district at the foot of the T'ai shan mountain [in Shan tung]. There are six drugs which are called the 六陳 liu ch'en or six old drugs, viz. the lang tu, the ma huang [Ephedra. See 97], the kü pi [orange-peel. See 281], the pan hia [Pinellia tuberifera. See 150], the chi shi [fruit of Citrus trifoliata. See 334] and the Wu chu yū [Boymia. See 291].

Su Sung [11th cent.]:—The lang tu is now found in all prefectures of Shen si [modern Shen si and Eastern Kan su],

also in Liao chou and Shi chou [both in Shan si, App. 190, 286]. MA CHI's description is correct.

LI Shi-chen:—The lang tu is produced in [ancient] Ts'in and Tsin [Kan su, Shen si and Shan si, App. 358, 353]. The people frequently confound this drug with the lū ju [Euphorbia. See 135].

Ch., XXIV, 6:—Lang tu. Figure of a plant with a large root. Solanea? P. Smith, 232:—Lang tu, Wolf's bane.

Cust. Med., p. 344 (74):—Lang tu t'ou exported 1885 from Canton 2.29 piculs.

Phon zo, XXI, 7, 8:—狼毒. The drawing is perhaps intended for Mandragora.

#### 133.—防葵 fang k'ui. P., XVIIa, 13. T., LXXXV.

Pen king:—Fang k'ui, 梨蓋 li kai. The root is officinal. Taste pungent. Nature cold. Non-poisonous.

Pie lu:—Other name 房 元 fang yuan. The fang kui grows in Lin tsz' [in Shan tung, App. 194] in river-valleys. It is likewise found in Sung kao [in Ho nan, App. 317], in T'ai shan [in Shan tung, App. 322] and in Shao shi [see App. 281]. The root is dug up on the 3rd day [probably of the 3rd month] and dried in the sun.

Wu P'u [3rd cent.]:—Other names 利茹 li ju, 爵離 tsio li, 方蓋 fang kai, 農果 nung kuo. The stem and the leaves resemble the k'ui [Malva. See 105]. It is dark yellow in its upper part. The root is of the size of the kie keng root [Platycodon. See 6]. The flesh is of a reddish white colour. It flowers in the 6th month, white flowers, and bears a white fruit in the 8th month. The root is dug up in the 3rd month.

CHEN KUAN [6th cent.] says that the root is slightly poisonous. On account of this statement, probably, LI SHI-

CHEN classes the fang k'ui with the poisonous drugs. The other ancient authors consider it non-poisonous.

Su Kung [7th cent.]:—The root and the leaves resemble those of the k'ui (Malva). Flowers, seeds and root are fragrant. The odour [or taste] resembles that of the fang feng [Siler or Peucedanum. See 31], hence the name fang k'ui. The plant is found east of the Wang ch'u shan mountain, which lies in the prefecture of Siang yang [in Hu pei. App. 380, 306], but sparsely. It grows also in Hing chou [in Shen si, App. 66] and westward and southward in the country of Shu [Sz ch'uan]. The drug from Hing chou is the best.

Su Sung [11th cent.]:—Now this plant is found in Siang yang. The author knows nothing about its growing in the other localities [mentioned by Su Kung]. The leaves of the fang k'ui resemble mallow-leaves. Three leaves are on the same stalk (petiole). A number of branches spring from the same point. Between them a stalk pushes upward which at the top bears flowers in the mode of the onion and the king t'ien [Sedum. See 205]. These flowers are white and open in the 6th month. Afterwards the fruit is produced. The root resembles that of the fang feng [v. supra] in its fragrance and taste. When it is dug up in the proper season it sinks in water. Only the rotten root floats on the surface. T'AO HUNG-KING'S statement regarding the resemblance of the fang k'ui root to the lang tu [see 132] is wrong.

LI SHI-CHEN agrees with SU SUNG. In the time of the Tang dynasty the fang k'ui was an article of tribute brought from Lung si and Ch'eng chou [both in Kan su, App. 216, 18].

Ch., VII, 34:—Fang k'ui. Rude drawing. Perhaps an umbelliferous plant is intended. The description of the plant there seems to refer to an umbelliferous plant.

So moku, V, 13:—防葵, Peucedanum japonicum, Thbg. Comp. also supra, 31, sub fang feng.

Sieb., Œcon., 250:—Peucedanum japonicum. Thbg. Japonice: booki; sinice:防葵. Herba tenera edulis.

### 134.—狼牙 lang ya. P., XVIIa, 15. T., CLXV.

Pen king:—Lang ya (wolf's tooth). 牙子 ya tsz'. The root is officinal. Taste bitter. Nature cold. Poisonous. [Other ancient authors say non-poisonous.]

Pie lu:—Other names: 狼齒 lang ch'i (wolf's tooth), 狼子 lang tsz'. The lang ya grows in Huai nan [An hui, Kiang su, App. 90] in river-valleys, also in Yüan kü [in Shan tung, App. 415]. The root is dug up in the 8th month and dried in the sun. When moist and rotten internally and mouldy it is a deadly poison.

Wu P'u [3rd cent.]:—Other names: 大牙 ta ya (great tooth), 抱牙 pao ya. The root is yellowish red. The plant flowers in the 6th or 7th month, in the 8th it produces black fruit [or seed]. Root dug up in the 1st and 8th months.

LI TANG-CHI [3rd cent.] calls it 支蘭 chi lan.

T'AO HUNG-KING:—It (the root) resembles the tooth of an animal, hence the above names.

HAN PAO-SHENG [10th cent.]:—The leaves of this plant resemble those of the *she mei* [Fragaria. See 167] but are thicker, larger, and dark green. The root is black and has the shape of an animal's tooth.

Su Sung [11th cent.]:—This plant is common in all the prefectures of Kiang tung [Kiang su, etc. App. 124] and Pien tung [in Ho nan, App. 250].

Ch., XXIV, 7:—Lang ya. Rude drawing representing a plant with a large root.

So moku, IX, 36:—狼 牙, Potentilla cryptotænia, Maxim.

#### 135.— 薗 茹 lū ju. P., XVIIa, 16. T., CXLV.

Pen king:—Lü ju. The root is officinal. Taste pungent. Nature cold. Slightly poisonous.

Pie lu:—Other name 離 婁 li lou. The lü ju grows in Tai [in Shan si, App. 321] in river-valleys. The root is dug up in the 5th month and dried in the shade. That with a black head is the best.

Wu P'u [3rd cent.]:—It is an herbaceous plant from 4 to 5 feet high. Round, yellow leaves standing four together and opposite. It flowers in the 4th month and bears black fruit in the 5th month. Root yellow and contains a yellow sap. The leaves and the stem are gathered in the 3rd month, the root is dug up in the 5th.

T'AO HUNG-KING:—Now the best sort comes from Kao li [Corea, App. 116]. It is of a yellow colour. When broken it discharges a yellow sap which after hardening becomes black like varnish, whence it is called 漆 質 ts'i t'ou (varnish head). An inferior sort is produced in Mid China. This is called 草 [ ts'ao (herbaceous) lü ju. It is white, but by heating it on iron the head becomes black.

Su Sung [11th cent.]:—Now this plant grows also in Ho yang [in Ho nan, App. 81], in Tsz' chou and Ts'i chou [both in Shan tung, App. 367, 348]. Leaves like those of the ta ki [Euphorbia. See 136]. Yellow flowers. The root resembles a radish, its skin is reddish yellow, the flesh white. When broken it discharges a sap which in hardening becomes black like varnish. Flowers, pale red or yellow, appear in the 3rd month. It does not bear fruit.

LI SHI-CHEN: -The name was originally written 蘆 茄 lü ju. Another name is 掘 据 küe kü, also pronounced kie kü. Ar ancient work says that the  $l\ddot{u}$  ju is produced in Wu tu [in Kan su, App. 395]. The yellow is the best. The ts'ao lü ju grows in Kien k'ang [Nan king, App. 137]. It is white. Li Shi-chen says it is a common mountain plant, it grows from 2 to 3 feet high and has a large long root like a radish or a rape, sometimes forked, with a yellowish red skin and white flesh, containing a yellow sap. Stem and leaves resemble those of the ta ki [v. supra], but the leaves are longer and broader and not very pointed. When broken they discharge a white sap. There are shorter stems clasping leaves (floral leaves) standing opposite. From the midst of the leaves spring dichotomous or trichotomous small branches (umbels) which in the 3rd month bear small purple flowers. The fruit is of the size of a pea. It consists of three parts united into one body, is at first green and becomes black when ripe. The kernels within are white like the seeds of the su sui tsz' [Euphorbia lathyris. So moku, IX, 23]. The root of the  $l\bar{u}$  ju is frequently confounded with that of the lang tu [see 132]. But the latter has leaves resembling those of the shang lu (Phytolacca) and Rhubarb, and the root is not replete with sap.

Ch., XXIV,  $12:-L\ddot{u}$  ju. The drawing undoubtedly represents an Euphorbia with a large root. The description in the P. agrees.

So moku, IX, 11:—草 蔄 茹, Euphorbia palustris, L.— Ibid., 12:—漆 頭 蕳 茹, Euphorbia adenochlora, Morr. & Den.

In the Phon zo [XXI, 11, 12] we have 蘑菇, Euphorbia Sieboldiana, Morr. & Dcn.,—12, 13:—草蘑菇, the same species [this is also depicted in Sieb., Icon. ined., VII, with a peculiar root],—13:—白蘑菇. Not identified by Franchet.

#### 136.—大戟 ta ki. P., XVIIa, 17. T., CLXII.

Pen king:—Ta ki (great lance). The root is officinal. Taste bitter. Nature cold. Slightly poisonous. [Other ancient authors say "very poisonous."]

Comp. Rh ya, 186.

Pie lu:—The ta ki grows in Ch'ang shan [in Chi li, App. 8]. The root is dug up in the 12th month and dried in the shade.

HAN PAO-SHENG [10th cent.]:—The plant in its leaves resembles the kan sui [Euphorbia or Passerina. See 138], but it grows higher. The leaves contain a white juice. Yellow flowers. The root resembles a small k'u shen root [Sophora angustifolia. See 34]. Its skin is yellow, the flesh yellowish white. The leaves and the stem are gathered in the 2nd month, the root is dug up in the 8th month.

Su Sung [11th cent.]:—It is a common plant in Mid China. The sprouts which appear in spring are of a red colour. The plant grows to the height of one foot. Leaves like young willow-leaves but smaller and crowded. Yellowish purple flowers in the 3rd or 4th month, agglomerated, resembling apricot flowers or the wu i [see Rh ya, 57]. There are several sorts.

LI Shi-chen:—The ta ki is a common plant in marshes. It has an upright stem, from two to three feet high, hollow inside. When broken it discharges a white juice. Leaves long and narrow like willow-leaves, the upper leaves in a whorl. The purple ta ki of Hang chou [in Che kiang, App. 58] is the best. The 土 [ t'u (native) ta ki of Kiang nan is inferior in quality. There is in the northern regions a sort called 綿大戟 mien (floss-like) ta ki, which is of a white colour. The skin of the root is soft like floss.

It is very dangerous, and injurious to life. The root of the ta ki is of a bitter, acrid taste, causes scratching in the throat. A popular name for it is 下馬仙 hia ma sien.

Ch., XXIV, 13: - Ta ki. An Euphorbia figured.

In the Cust. Med. the drug ta ki is noticed as imported into several ports,—p. 342 (55), hung ya ta ki (ta ki with red sprouts) exported 1885 from Canton 6 piculs.

So moku, IX, 17-20:— 大 戟 Euphorbia lasiocaula, Boiss.—Kwa wi, 40.

# 137.—澤 漆 tse ts'i. P., XVIIa, 20. T., CXL.

Pen king:—Tse ts'i (marsh varnish), 漆 莖 ts'i heng (varnish stalk). The stem and the leaves are officinal. Taste bitter. Nature cold. Non-poisonous. [Later authors say "slightly poisonous."]

Pie lu:—Tse ts'i is a name applied to the stem and the leaves of the ta ki [see 136]. The plant grows in T'ai shan [in Shan tung, App. 322], in marshes. Its stem and leaves are gathered on the 3rd day of the 3rd month or on the 7th day of the 7th month and dried in the shade.

T'AO HUNG-KING:— Tse ts'i is a name for the leaves and the stem of the plant ta ki. The fresh plant is of a purple colour and replete with a white, acrid juice.

TA MING [10th cent.]:—Tse ts'i consists of the flowers of the ta ki. It grows in marshes. Small yellow flowers. The young leaves eaten as a vegetable.

Su Sung [11th cent.]:—This plant grows in Ki chou [in Chi li, App. 119], in Ting chou [in Hu nan, App. 341], in Ming chou [in Che kiang, App. 224] and other localities in Mid China.

LI SHI-CHEN:—All the above-quoted authors are wrong in stating that the names tse ts'i and ta ki refer to the same plant. The leaves of the ta ki are not edible. In the

T'u su Pen ts'ao [a Taoist Materia Medica] and in other works the tse ts'i is called 猫兒眼睛草 mao rh yen tsing ts'ao (cat's pupil [iris] herb), also 綠葉綠花草 lü ye lü hua ts'ao (herb with green leaves and green flowers) and 五風草 wu feng ts'ao. It is a common plant in the plains and marshes of Kiang and Hu [Mid China, App. 124, 83]. The leaves (floral leaves) are round and yellow, resembling the pupil of a cat's eye. Flower-stalks five-branched. Small green flowers. The whole plant contains a white viscid juice. The root is of a white colour and hard like a bone. The ta ki root is not the same as some have asserted. In the 5th month the juice is collected and prepared for medical use. This preparation is called tse ts'i (marsh varnish).

Ch., XXIV, 15:—Tse ts'i. The plant figured seems to be Euphorbia helioscopia, L. But the tse ts'i figured in the Kiu huang [XLVI, 19] is another plant, which is stated there to be used as a vegetable.

Tatar., Cat., 38:—猫眼草 mao yen ts'ao. Caules et folia Euphorbiæ lunulatæ, Bge., and [57] tse ts'i, Leguminosa?—P. Smith, 95.

Amæn. exot., 896:—澤漆 takusitzu, vulgo totaigusa. Esula vulgaris minor. Tithymalus arvensis latifolius Germanicus C. Bauh. P.—Kæmpfer means Euphorbia platyphyllos, L.

So moku, IX, 16: 一澤 漆 Euphorbia helioscopia, L.

# 138.—甘遂 kan sui. P., XVIIa, 22. T., CLX.

Pen king: —Kan sui. The root is officinal. Taste bitter. Nature cold. Poisonous.

Pie lu:—Other names: 甘藁 kan kao, 陵澤 ling tse, 重澤 chung tse, 主田 chu t'ien. The kan sui grows in the river-valleys of Chung shan [in Chi li, App. 31]. The root is gathered in the 2nd month and dried in the shade.

Wu P'u [3rd cent.] says it is gathered in the 8th month, and gives the following synonyms: 陵藁 ling kao, 甘澤 kan tse, 白澤 pai tse, 鬼醜 kui ch'ou, 苦澤 k'u tse.

T'AO HUNG-KING explains that Chung shan lies in Tai kün [in Shan si. Comp. App. 321]. The best drug is brought from T'ai shan [in Shan tung, App. 322] and Kiang tung [Kiang su, etc., App. 124]. That with a red skin is of a good quality. The white-skinned is inferior in quality. It is also called ‡ [ [ ts'ao (herbaceous) kan sui.

Su Kung [7th cent.]:—The kan sui in its stem and leaves resembles the tse tsi [137]. The root has a red skin and white flesh. It forms tubers. The tsiao kan sui [v. supra] is a quite different plant and the same as the tsao hiu [Paris. See 151], which is commonly called chiung tiai and which has leaves resembling those of the kui kiu [see 152] and the pi ma (Ricinus) and its root has a white skin.

Su Sung [11th cent.]:—This plant (the kan sui) now grows in Shen si [App. 284] and Kiang tung [Kiang su, etc., App. 124] and resembles the tse tsi [137], but the stem is shorter, more slender, the leaves contain a juice, the root has a red skin and a white flesh forms tubers of the size of the end of a finger.

Ch., XXIV, 31:—Kan sui. Henry [Chin. pl., 282] means that the figure is intended for a Wickstramia (order Thymelaceae).

TATAR., Cat., 25:—Kan sui. Radix Passerinæ? (Thymelaceæ).—GAUGER [22] describes and figures the kan sui root. Cylindrical or elliptical tubers which smell like ginger.—P. SMITH, 168.

Cust. Med., p. 68 (33):—Kan sui exported 1885 from Han kow 3.30 piculs,—p. 278 (54), from Amoy 0.07 picul.

So moku, IX, 13:—甘遂 Euphorbia Sieboldii, Morr. & Den. [E. corraloides, Thbg., Fl. jap., 197].

#### 139.—莨菪 lang tang. P., XVIIa, 26. T., CXLVI.

Pen king:—Lang tang, 横唐 heng t'ang. The seeds and the root are officinal. Taste of the seeds bitter. Nature cold. Non-poisonous. Taste of the root bitter and acrid. Poisonous.

Pie lu:—The lang tang grows in the river-valleys of Hai pin [in Chi li, App. 49], also in Yung chou [in Shen si, App. 424]. The seeds are gathered in the 5th month.

T'AO HUNG-KING:—It is a common plant. The seeds somewhat resemble the kernels of the wu wei [Schizandra. See 164], but are very small.

HAN PAO-SHENG [10th cent.]:—Its leaves resemble those of the sung lan [Isatis. See 123]. The whole plant is covered with fine hairs. White flowers. The covering of the seed (fruit) looks like a jar [perhaps a persistent calyx]. The seeds are small, flattened, as large as a milletgrain, of a greenish yellow colour. The seeds are gathered in the 6th and 7th months and dried in the sun.

Su Sung [11th cent.]:—This plant is also called 天仙子 tien sien tszi. It is common and grows from two to three feet high. Leaves like those of the ti huang [Rehmannia. See 100], the wang pu liu hing [Silene, also Physalis. See 113] etc., as broad as three fingers. Its purple flowers open in the 4th month, in the 5th the fruit is formed. The eovering of the fruit is like a jar, the fruit is like a small pomegranate, it is a capsule and contains very small greenish white seeds, like millet. The plant is covered with white hairs.

Ch., XXIV, 49:—Lang tang. Rude drawing which does not permit of identification.

So moku, III, 18:—莨菪 Scopolia japonica, Maxim. Order Solanaceæ. Fruit unknown. This plant hitherto not observed in China. The lang tang of the Chinese authors may perhaps be Hyoscyamus niger 35 or H. physaloides, both common plants in North China. The calyx enlarges as the fruit ripens.

## 140.— 雲寶 yūn shi. P., XVIIa, 30. T., CXXXVI.

Pen king:—Yün shi (cloud fruit). The fruit (seeds) and the flowers are officinal. Taste of the fruit pungent. Nature warm. Non-poisonous. [In the P., however, this plant is classed with the poisonous plants.]

Pie lu:—Other names: 員寶 yūan shi, 雲英 yūn ying. The yūn shi grows in Ho kien [in Chi li, App. 75] in rivervalleys. It is gathered in the 10th month and dried in the sun.

Wu P'u [3rd cent.]:—Other name: 天豆 t'ien tou (heavenly bean). The plant grows from four to five feet high, stem hollow inside, large leaves like hemp-leaves standing in pairs opposite. It flowers in the 6th month, and bears fruit in the 9th. Fruit gathered in the 10th month.

T'AO HUNG-KING:—It is a common plant. The seeds are small and black, like those of the t'ing li [Sisymbrium. See 114]. The fruit resembles that of the lang tang [see 139].

Su Kung [7th cent.]:—The yūn shi is of the size of the shu (Panicum) and hemp-seed, of a yellowish black colour. It resembles also a bean, whence the name t'ien tou (heavenly bean). It grows on the borders of marshes, from five to six feet high. The leaves are like small huai (Sophora) leaves or like those of the mu su [Medicago. See 255]. Spines in the axils of the twigs. Popular name 草雲母 ts'ao yūn

<sup>35</sup> Lang-tang cultivated in a mountain garden in Hupeh proved to be Hyoscyamus niger, L.—A. HENRY.

mu. T'AO HUNG-KING is wrong in saying that it resembles the t'ing li [Su Kung is himself wrong in likening the seeds to millet or hemp seed].

Han Pao-sheng [10th cent.]:—Similar description of the plant as above given. He adds: Yellowish white flowers. The fruit is a pod. Seed greenish yellow, and resembles hemp-seed.

Su Sung [11th cent.]:—Its leaves are like those of the huai (Sophora) but narrower and longer. The branches are spiny. The stem with the leaves are also called 臭草 ch'ou ts'ao (stinking plant), also 羊石子草 yang shi tsz' ts'ao [probably meaning sheep's-dung plant]. The fruit [or seed] is 馬豆 ma tou (horse bean).

LI Shi-chen:—This plant is common in the mountains. Popular name 指刺 nien ts'z' (viscid spines). The stem is red, hollow inside, scandent and prickly. Leaves like Sophora leaves. Its flowers are yellow, in racemes, and open in the 3rd month. The pod is three inches long, and resembles that of the fei tsao [Casalpinia. See 325]. It contains five or six seeds of the size of the ts'io tou (magpie bean), slightly pointed at both ends, very hard, with a thick, dark coloured, variegated skin, white flesh and of an unpleasant odour. The root is also used in medicine.

Ch., XXIV, 17:—Yün shi. The figure seems to represent a Cæsalpinia. According to Henry [Chin. pl., 501], Cæsalpinia sepiaria, Roxb.

Phon zo, XXI, 22, 23:—雲寶 Casalpinia sepiaria, Roxb. (C. japonica, S. & Z.). This climbing shrub is found in Japan as well as in Central China. Li Shi-chen's description of the yūn shi agrees well.

141.—常山 ch'ang shan. P., XVIIa, 36. T., CXXXVIII. Pen king:—Ch'ang shan, 蜀 漆 Shu ts'i (Sz ch'uan varnish), 互草 hu ts'ao. The root is officinal. Taste bitter. Nature cold. Poisonous.

Pie lu:—The ch'ang shan grows in the river-valleys of I chou [Yün nan or Sz. ch'uan, App. 102], also in Han chung [S. Shen si, App. 54]. The root is gathered in the 2nd and 8th months and dried in the shade. The Shu ts'i grows in the valleys of the Kiang lin mountains [App. 127]. The above name in Shu Han [Sz ch'uan, App. 293] is applied to the stem and the leaves of the ch'ang shan.

T'AO HUNG-KING:—The ch'ang shan is produced in I tu and in Kien p'ing [both in Hu pei, App. 104, 139]. That with a small fruit and yellow is the best. It is called 雞骨常山 ki ku (chicken's bones) ch'ang shan. Shu ts'i is the name for the stem and the leaves of the ch'ang shan [according to the Pie lu]. The Kiang lin mountains [v. supra] are the same as the Kiang yang mountains in I chou [Sz ch'uan, App. 130].

Su Kung [7th cent.]:—The ch'ang shan grows in mountain-valleys. It has a round stem with joints, not higher than three or four feet. Leaves like ming (tea) leaves, but longer, narrower, standing opposite, and in pairs. It flowers in the 2nd month. White flowers, green in the centre. In the 5th month it bears fruit, green, round capsules with three seeds. This plant when dried in the sun keeps a pale green colour. It is much used. When dried in the shade it becomes black and is easily spoiled.

Su Sung [11th cent.]:—It is a common plant in Mid China and has been correctly described by [the above mentioned] previous authors. There is one sort produced in Hai chou [in Kiang su, App. 48] which has leaves like those of the tsiao [Zanthoxylon. See 280], reddish white flowers in the 8th month, green [or blue] fruits resembling the shan lien tsz' [Melia. See 321], but smaller. Another kind, which grows on the Tien tai shan mountain [in Che kiang, App. 340], is called 土常山 tu (native) ch'ang shan. The

leaves, which are very sweet, are used for preparing a sweet beverage.

LI SHI-CHEN observes that ch'ang shan is properly the name of a mountain which is also called Heng shan, ch'ang and heng having the same meaning (perpetual). It was also the name of a prefecture in Chi li [see App. 8] where this drug is produced.

Ch., XXIV, 10:—Ch'ang shan. Rude drawing.—Ch., X, 7, 8, 9, sub t'u ch'ang shan, three drawings, one of them [8] seems to represent a Hydrangea.

Lour., Fl. cochin., 369:—Dichroa febrifuga (order Hydrangeæ). Sinice: cham chan (ch'ang shan). Frutex arboreus. Corolla exterius alba, intus cœrulea, sicut etiam stamina. Virtus foliorum et radicis febrifuga.

TATAR., Cat., 14:—Ch'ang shan. Radix Lysimachiæ.—P. Smith [141] says that Tatarinov's identification is doubtful. The drug, shoots and coarse roots are used in the treatment of ague.

Cust. Med., p. 66 (2):—Ch'ang shan [root] exported 1885 from Han kow 450 piculs,—p. 184 (3), from Ning po 17 piculs,—p. 210 (1), from Wen chow 2 piculs,—p. 356 (223), from Canton ch'ang shan leaves 8.67 piculs.

HOFFM. & SCHLT., 126:—Celastrus oriva, S. & Z. (Oriva japonica, Thbg.). Nom chinois de la racine 常山, nom des feuilles 蜀漆.

Comp. the drawing under the same Chinese names, Phon zo, XXII, 2. Not identified by Franchet. Ibid., 3:—土常山, a Hydrangea.

142: - 装 薦 li lu. P., XVIIa, 41. T., CXLVI.

Pen king:—Li lu. The root is officinal. Taste acrid. Nature cold. Poisonous.

Pie lu:—Other names: 山葱 shan ts'ung (mountain onion), 葱苒 ts'ung jan, 葱菜 ts'ung t'an. The li lu grows in T'ai shan [in Shan tung, App. 322] in mountain-valleys. The root is dug up in the 3rd month.

Wu P'u [3rd cent.]:—The plant has large leaves and a small root. Li Tang-chi [3rd cent.] says it is very poisonous. It is also called 葱葵 ts'ung k'ui, 豐 廬 li lu.

T'AO HUNG-KING:—It is a common plant in Mid China. The root in its lower part resembles very much the root of the ts'ung (Allium fistulosum). It is covered with hairs (radical fibres) which are scraped off before use, and then the root is slightly roasted.

Su Sung [11th cent.]:—It is common in Shen si [App. 284] and in North and Mid China. The best sort is produced in Liao chou, Kie chou [both in Shan si, App. 190, 135] and in Kün chou [in Hu pei, App. 172]. The plant first begins to grow in the 3rd month and the leaves then resemble the opening heart of the tsung [Chamarops. The author seems to have in view the spathe which incloses the flowers as a sheath]. The [developed] leaf resembles that of the ch'e ts'ien [Plantago. See 115], the stem that of the onion. The stem is of a pale green colour tinged with purple, from five to six inches high. There is a black skin (sheath) like a palm spathe which envelops the stem. Flesh-coloured flowers. The root resembles the ma ch'ang ken [horse's bowels root. P., XVIIa, 43. Unknown to me]. It is from four to five inches and more long, of a yellowish white colour. It is dug up in the 2nd and 3rd months and dried in the shade. There are two kinds of li lu. is called of [ | shui (water) li lu. It grows on stones near water-courses. The root has many rootlets. More than a hundred stems (?) It is not used in medicine. The other sort, which is officinal, is called 葱白 | I ts'ung pai li lu [Onion li lu. Comp. regarding ts'ung pai, 241].

The root has but few rootlets. From twenty to thirty stems (?) That growing on elevated mountains is the best. In Kün chou [v. supra] it is called 鹿葱 lu ts'ung (deer onion).

LI Shi-chen says that the name li lu means "black stem" and refers to the black sheath which envelops the stem. In North China it is also called 慈欢 han ts'ung (silly onion, i.e. which causes insanity), in the south they call it lu ts'ung [v. supra].

In the Cust. Med. the li lu is mentioned as a drug imported to Shanghai and Canton [p. 142, 344], and exported [p. 294 (313)] only from Amoy in a small quantity. According to the Hank. Med. [24] the li lu is an article of export in Hankow.

Ch., XXIV, 8:—Li lu. The drawing seems to be intended for Veratrum (order Liliaceæ).

Tatar., Cat., 35:—Li lu. Folia et Radix Veratri nigri.—P. Smith 226.

Veratrum nigrum, L., is common in the Peking mountains and known there under the name of li lu. The descriptions in the P. agree in a general way.

In Loudon's *Encycl. of plants* it is stated:—*Veratrum* is said by Lemery to be so called because its root is *vere-atrum* (truly black).

That which Kaempfer [Amæn. exot., 785] describes under the Chinese name 蒸蔗, japonice: kiro, rirjo, vulgo omotto, comp. also Kaempf., Icon. sel., 12,—is Rhodea japonica, Roth., (Liliaceæ). In the So moku [VII, 17], however, this plant is figured under the Chinese name 萬年青, and the figure agrees with that under the same Chinese name in the Ch. [XV, 24].

The drawings sub 藜 蘆 in the So moku [XX, 64] and Phon zo [XXII, 6-8] and Kwa wi [24] represent Veratrum nigrum and album.

## 143.—附子 fu tsz'. P., XVIIa, 44. T., CXXVII.

Pen king:—Fu tsz'. The root is officinal. Taste acrid. Nature warm. Very poisonous.

Pie lu:—The fu tsz' is produced in Kien wei [in Sz ch'uan, App. 140] in mountain-valleys, also in Kuang Han [in Sz ch'uan, App. 161]. That root which is dug up in the winter months is called fu tsz', that taken up in the spring is in wu t'ou (crow's head). It is of a sweetish taste.

T'AO HUNG-KING explains that fu tsz' and wu t'ou are names applied to the root of the same plant. That taken up in the 8th month is called fu tsz', and that with eight horns is the best. The root dug up in spring, when the stem begins to rise up, is called wu t'ou, from its resembling a crow's head in shape. It shows two protuberances (or branches). That with a pedicle like an ox-horn [perhaps he means the tail into which the root tapers] is called 烏喙 wu hui (crow's beak). hiung [comp. 144] resembles the fu tsz' but is more slender, from three to four inches long. The 側子 tse tsz' [comp. 145] is a large lateral horn of the fu tsz'. All these names refer to the root of the same plant. The Pen king [he means the Pie lu], however, considers them to be applied to different plants, each of them growing in a different locality [see further on, 144-146].

Su Kung [7th cent.]:—The drugs tien hiung, fu tsz' and wu tou all come from the province of Shu [Sz ch'uan], the best sorts from Mien chou and Lung chou [both in Sz ch'uan, App. 221, 210]. The drugs produced in Kiang nan [Fu kien, Kiang su, Che kiang, App. 124] are not much used.

TA MING [10th cent.]:—The tien hiung is of a large size and long. It has but few pointed horns, and is of a solid structure,—the fu tsz' is large and short, solid, its horns are

rounded.—The wu hui resembles the t'ien hiung.—The wu t'ou stands near to the fu tsz'.—The tse tsz' is smaller than the wu t'ou. That drug which consists of agglomerated masses is called 虎掌 hu chang [tiger's paw. This name is properly applied to an Arisæma. See 148]. All these drugs are various forms of the root produced by the same plant.

LI SHI-CHEN explains that wu t'ou is the mother of the fu tsz' [fu properly means an appendix. Here we have to understand "younger tubers appended to the old root"]. There are two kinds of wu t'ou. That which grows in Chang ming [in Sz ch'uan, Lung an fu, Chang ming hien] is commonly called 川島頂 Ch'uan (Sz ch'uan) wu t'ou. The root which is dug up in the spring, and which then has not yet produced the small lateral tuber (子), is called wu t'ou: that taken up in the winter, with a small lateral tuber, is fu tsz'. The names t'ien hiung, wu hui, tse tsz', all refer to the variously shaped root with small tubers. The drug produced in Kiang tso [An hui and Kiang su], Shan nan [in Shen si and Ho nan, App. 268] is the wu t'ou of the Pen king [see 146]. It is now commonly called 草島頂 ts'ao (herbaceous) wu t'ou.

All the above Chinese names refer to Aconite. For further particulars, see 146.

144.—天雄 t'ien hiung. P., XVIIb, 1. T., CXXVIII. Comp. 143.

Pen king:—Tien hiung, 白 幕 pai mo (mu). Root. Taste acrid. Nature warm. Very poisonous.

Pie lu:—The t'ien hiung grows in Shao shi [App. 281] in mountain-valleys. The root is dug up in the 2nd month and dried in the shade.

T'AO HUNG-KING:—Now the drug for medical use is dug up in the 8th month. The t'ien hiung resembles the fu tsz' but is more slender, from three to four inches and more long. As

the t'ien hiung with the fu tsz' and wu t'ou form three sorts of the same drug, which is produced in Kien p'ing [in Sz ch'uan and Hu pei, App. 139], they are also known under the name 三建 san kien (the three kien). Now the drug from Lang shan in I tu [in Hu pei, App. 177, 104] is much valued and called 西建 si (western) kien. That from Ts'ien t'ang [in Che kiang, App. 352] is called 東建 tung (eastern) kien. This is less potent.

LI SHI-CHEN:—There are two kinds of tien hiung. One is produced by the fu tsz' tubers planted by the people of Shu (Sz ch'uan). It (the root) grows very long and sometimes assumes the shape of the cultivated yū [Colocasia. See 261]. The other kind grows wild in the same country and is a kind of ts'ao wu t'ou [see 146].

The t'ien hiung is likewise Aconite. See 146.

145.—侧子 tse tsz<sup>\*</sup>. P., XVIIb, 3. T., CXXVII. Comp. above 143.

Pie lu:—Tse tsz' [this name means "lateral tuber"].
Taste acrid. Nature very hot. Very poisonous.

The Shuo wen [1st cent.] writes 萴子 tse tsz', and gives as synonym 烏喙 wu hui [v. supra].

T'AO HUNG-KING:—Tse tsz' are large lateral horns coming out from the fu tsz'. They are cut off and used in the treatment of rheumatism of the legs.

Su Kung [7th cent.]:—From the principal root of the wu t'ou spring lateral tubers. The smaller ones are called tse tsz', the larger are fu tsz'.

LI SHI-CHEN adds that the smallest lateral tubers are called 漏 藍子 lou lan tsz'.

146.—烏頭 wu t'ou. P., XVIIb, 4. T., CXXVIII. Comp. above 143.

Pen king:—Wu t'ou (crow's head), 烏喙 wu hui (crow's beak), 兩頭尖 liang t'ou tsien [means "pointed at both ends"], 奚毒 hi tu. Taste acrid. Nature warm. Very poisonous.

In the Kuang ya [3rd cent.] we find hi tu [v. supra] and 薰 cho given as synonyms for fu tsz'.

Pie lu:—The wu t'ou or wu hui grows in Lang ling [in Ho nan, App. 176], in mountain-valleys. The root is dug up in the first and second months and dried in the shade. It is three inches long. The best is the t'ien hiung [see 144].

Wu P'u [3rd cent.] gives the following synonyms: 耿子 keng tsz', 毒公 tu kung (respectable poison), 帝秋 ti ts'iu (Emperor's autumn).

TA MING [10th cent.] notices the 土附子 t'u [native] fu tsz', the inspissated juice of which, called 射图 she wang, is used by archers to poison their arrows.

LI Shi-chen:—This wu t'ou [mentioned in the Pen king. Comp. also above 143] is a wild-growing species and is commonly called 草島頂 ts'ao (herbaceous) wu t'ou, also 竹節島頂 chu tsie (bamboo-joint) wu t'ou. That which grows in Kiang pei (north of the Yang tsz') is called 淮 [ ] Huai wu t'ou. This is the t'u fu tsz' mentioned by Ji Hua (Ta Ming). The 烏喙 wu hui is that with two protuberances. It is now commonly called 雨頭尖 liang t'ou tsien (pointed at both ends). The ts'ao wu t'ou is a common plant. Its root, leaves, fruit, all resemble those of the Ch'uan wu t'ou [see 143]. It grows wild [the other is cultivated]. The root has a black skin, is white within, shrivelled. It is very poisonous.

The Chinese drugs noticed from 143 to 146 are the roots of several species of Aconitum, and the above descriptions by the ancient authors are quite correct. The root of the European Aconitum napellus, as described in Flückiger and

Hanbury's *Pharmacographia*, is more or less conical or tapering, enlarged and knotting at the summit, which is crowned with the base of the stem. Numerous branched rootlets spring from its sides. If dug up in the summer it will be found that a second or younger root [occasionally a third] is attached to it near its summit by a very short branch, and is growing out of it on one side. This second root (fu tsz' of the Chinese) has a bud at the top which is destined to produce the stem of the next season.

Ch., XXIV, 21:—Fu tsz'. Good drawing of an Aconite. TATAR., Cat., 24:—Fu tsz', Radix Aconiti chinensis.—
Ibid., 52:—Sheng fu tsz', Radix Aconiti chinensis cruda.—
Ibid., 63:—Wu 't'ou, Radix Aconiti.—Ibid., 5:—Ts'ao wu t'ou, Radix Aconiti.

Hanbury, Sc. pap., 258:— JI E Ch'uan wu (t'ou), described and figured. Root of Aconitum. This figure may serve to explain the Chinese name "crow's head" for the root of Aconite and the "horns" in the ancient Chinese descriptions of the drug.

Ibid.:--草島 ts'ao wu (t'ou), figured and described. Tubers of Aconitum japonicum, Thbg. (=A. Lycoctonum, L., floribus ochroleucis).

Р. Ѕмітн, 2, 3.—

The Index Fl. sin. [I, 20] enumerates eight species of Aconitum recorded from China.

Father David [Journ. Trois. voy., I, 367] mentions an Aconitum (Napellus?) cultivated for medical use in Southern Shen si and Sz ch'uan.

Henry, Chin. pl., 534:—爲獨 wu tu, Aconitum Fischeri. Rich,? This species occurs wild in the mountains (of Hu pei) and is used as a drug. Henry's native collector explained that the tuberous root of the first year's growth is known as wu tu; a secondary tuber, which comes in the second year, is called 附子 fu tsz'; and a smaller tuber, which it is rare to find, appearing in the third year, is 天雄

tien hiung.—Large quantities of Aconite are exported from Sz ch'uan under the names 川附 Ch'uan fu and 附片 fu p'ien (slices).

Cust. Med., p. 58 (5, 7):—Ch'uan fu and fu p'ien exported 1885 from Ichang 6,341 piculs.—According to the Hank. Med. [9] the same drug also exported from Hankow. Comp. also Rep. on Trade, Ch. Mar. Customs, for 1879, p. 3, Hankow.

The tien hiung, according to the Cust. Med., imported to many ports, but it is not clear from which port the drug is brought.

Cust. Med., p. 8 (60):—Ts'ao wu exported 1885 from New chwang 76 piculs,—p. 70 (70), from Hankow 62 piculs.

So moku, X, 24:—草 鳥 頭, Aconitum uncinatum, L. Blue flowers. Known also from the Peking mountains.

Phon zo, XXII, 10:—附子, Aconitum Fischeri. Reich. Blue flowers. [Japan, North and Mid China].—Ibid., 11, 12:—川島頭, Aconitum [not identified by Francher]. Blue flowers. Root with lateral tubers as described by the Chinese authors.—Ibid., 12:—島頭, Aconitum, violet flowers and [13], same Chinese name, A. with rose-coloured flowers and [13], A. with green flowers, A. Lycoctonum (Franchet). Ibid., 14, 15:—Same Chinese name, various species of Aconitum with blue or yellow flowers.

Sieb., Icon. ined., I:一草 鳥 頭, Aconitum chinense. Sieb. (=Aconitum Fischeri, Reich.).

# 147.— 白附子 pai fu tsz". P., XVIIb, 11. T., CXXVII.

Pie lu:—Pai (white) fu tsz'. It grows in Shu (Sz ch'uan). Root officinal, dug up in the third month. Taste acrid and sweet. Nature very warm. Slightly poisonous.

Su Kung [7th cent.]:—This drug came originally from Kao li [Corea, App. 116]. Now it is produced west of Liang chou [in Kan su, App. 189]. It is not met with in Shu. It grows on sand-hills and in low damp places. A solitary stem resembling that of the *shu wei ts'ao* [Salvia. See 119]. Small leaves in a whorl between the flower spikes. The root resembles the *t'ien hiung* [Aconite. See 144].

Li Sün [8th cent.]:—The Nan chou i wu chi [earlier than the 6th cent.] says that the pai fu tsz' grows in the Eastern Sea, in the kingdom of Sin lo [S. Corea, App. 311] and Liao tung [S. Manchuria, App. 191].

LI Shi-chen:—Its root looks exactly like that of the ts'ao wu t'ou [Aconite. See 146] but is smaller, about one inch long. The dried drug is shrivelled and knobby.

Loureiri, DC. Prodr., XV, 2, 1073]. Sinice: pe fu tsù. Planta fruticosa, caule recto simplicissimo. Folia palmata. Radix tuberosa, fasciculata, tuberibus ovato-oblongis, carnosis, intus et extra albis, sapore subdulci, subardente.

TATAR., Cat., 2:—Pai fu tsz', Radix Aroidew.—Gauger [1] describes and figures these tubers.—P. Smith, 23.—

Cust. Med., No. 944:—Pai fu, Arisama, sp.

Cust. Med., p. 6 (36):—Pai fu tsz' exported 1885 from Newchwang 130 piculs,—p. 280 (87), from Amoy 0.03 picul.—According to Hank. Med. [31] the pai fu tsz' is also exported from Hankow.—Loureiro's pai fu tsz' is hardly the same drug as that exported under this name from Manchuria.

148.—虎掌 hu chang. P., XVIIb, 13. T., CLXXIII.

Pen king:—Hu chang (tiger's paw). The root is officinal. Taste bitter. Nature warm. Very poisonous.

Pie lu:—The hu chang grows in Han chung [S. Shen si, App. 54] in mountain-valleys, and in Yüan kü [in Shan tung, App. 415]. It is dug up in the 2nd and 8th months and dried in the shade.

T'AO HUNG-KING:—It is also found in Mid China. It (the root) resembles the pan hia [Pinellia. See 150] but is larger and has four lateral tubers which make it resemble a tiger's paw.

Su Kung [7th cent.]:—This is the old root of the By yu po [see 149]. The plant has one stem (stalk) with a forked leaf at the end. The root varies in size from that of a fist to that of a hen's egg. In shape it resembles a flattened persimmon. On the four sides are round protuberances which give the root the appearance of a tiger's paw. The young root is called yu po. It is twice or thrice as large as the pan hia and has no lateral protuberances.

HAN PAO-SHENG [10th cent.]:—At the top of the (common) stalk are from 8 to 9 leaves (pedate leaves). The flowers come out between the stalks.

In the Ji hua Pen ts'ao [10th cent.] this plant is called 鬼 蒟蒻 kui kū jo.

CH'EN Ts'ANG-K'I [8th cent.] notices a plant 天南星 tien nan sing (southern cross of heaven) which grows in the mountain-valleys of An tung [in Kiang su, App. 2]. Its leaves resemble those of the ho [Nelumbium speciosum. See 295]. Solitary stem. Root used [in medicine].

Su Sung [11th cent.]:—The tien nan sing is the same as the hu chang of the ancient authors. The smaller kind is called yu po [v. supra]. The hu chang is now found in Ho pei [S. Chi li and W. Shan tung, App. 78]. The root when it first begins to grow is not larger than a bean; afterwards, when developing itself, it resembles the pan hia [see 150], but

is flattened [the tubers of the pan hai are globular]. After a year the root becomes spherical and is then as large as a hen's egg and shows from 3 to 6 protuberances. The leaves shoot forth in the 3rd or 4th month. The plant grows about one foot high. The leaf is at the top of the stalk from 5 to 6 cleft. The stalk which bears the flower-spike is like a rat's tail and is enclosed in a spathe which resembles a ladle. The flowers are of a greenish gray colour, the seeds as large as hemp-seed. The people in Ki chou [in Chi li, App. 119] cultivate it in gardens under the name of tien nan sing. Another account says:—The tien nan sing is also a common wild plant in marshes, it grows about one foot high. The leaves resemble those of the k'n jo. 36 They stand opposite and clasp the stem. It flowers in the 5th month. The flowers are vellow and resemble [the spadix] the head of a snake. The seeds are produced in the 7th month, they are of a red colour, resemble pomegranate seeds, and are arranged in a spike (spadix). The root which is gathered in the 2nd and 8th months resembles the yü [Colocasia. See 261], is spherical, flattened, and resembles the root of the kū jo [v. supra] with which it is frequently confounded. But the kü jo plant is distinguished by having a spotted stem and purple flowers. The root of the t'ien nan sing is small, soft and succulent. When roasted it bursts and splits. The nan sing (or southern cross) is the hu ch'ang of the Pen king. The larger roots have on the margin protuberances (secondary tubers) which are generally cut off from the fresh root.

LI Shi-chen:—The larger root is called hu ch'ang or nan sing, the smaller is yu po. Both belong to the same species. The larger kind is sometimes erroneously called 鬼日 kui kiu. But this is a different plant [see 152]. Another name for the hu ch'ang is 虎膏 hu kao.

游訪 In Japan this Chinese name is applied to Conophallus konjak, Schott, Order Aroideæ. Comp. P., XVIIb, 17.

The Ch. [XXIV, 23-26] figures sub t'ien nan sing four aroidaceous plants with variously shaped leaves: palmate, pedatisect, peltatosect.

Lour., Fl. cochin., 652:— Arum pentaphyllum, L. Sinice: tien nan sin.

TATAR., Cat., 40, 56:—Nan sing or t'ien nan sing, Radix Ari pentaphylli.—Gauger [29] describes and figures this root. It has indeed a resemblance to a star or a tiger's paw.—Hanb., Sc. pap., 263.—P. Smith, 26.

In the Peking mountains the name tien nan sing is applied to Arisama Tatarinowii, Schott. Peltatosect leaves.

Amæn. exot., 786:—南星 nan soo, vulgo jamma konjakf, item osomi, Medicis ten nan sio dietus, Dracunculus minor trifolius, etc.—This is Arum triphyllum, Thbg. [Fl. jap., 233] and Arisæma ringens, Schott.

So moku, XIX, 16, and Phon zo, XXII, 18, 19:—天南星, Arisæma japonicum, Bl. Comp. also Kwa wi, 58.

Cust. Med., p. 78 (165):—T'ien nan sing exported 1885 from Han kow 220 piculs,—p. 34 (159), from Tien tsin 10 piculs,—p. 130 (154), from Chin kiang 6.8 piculs.

#### 149.—由 跋 yu po. P., XVIIb, 14. T., CXXXII.

Pen king:—Yu po. The root is officinal. Taste acrid and bitter. Nature warm. Poisonous.

Su Kung [7th cent.]:—The yu po is the young root of the hu chang [see 148]. It is double the size of the pan hia tuber [see 150]. There are no secondary lateral tubers. The old root is the hu chang. The plant mentioned by T'AO Hung-king under the name of yu po as cultivated in Shi hing [App. 289] is not this plant but the yuan wei [an Iris, See 154].

Ch'eng Ts'ang-k'i [8th cent.]:—The yu po grows in forests. It is from one to two feet high and resembles the kü jo [see sub 148]. Root of the size of a hen's egg.

HAN PAO-SHENG [10th cent.]:—It sends up in spring one stem (petiole) at the top of which are eight or nine leaves (pedatisect leaf). The root is round and flattened, and its flesh is white.

LI Shi-chen:—The yu po is a small tien nan sing. It is seldom used in medicine.

Ch., XXIV, 27 := Yu po. The drawing represents a plant with peltatosect leaves, Arisama.

150.— 车夏 pan hia. P., XVIIb, 20. T., CXXXVI. Comp. Classics, 422.

Pen king:—Pan hia (midsummer plant), 等田 shou tien (guardian of the field), 水玉 shui yü, 和姑 ho ku. The root (tubers) is officinal. Taste acrid. Nature uniform. Poisonous.

Pie lu:—Other name: 地文 ti wen. The pan hia grows in Huai li [in Shen si, App. 95] in river-valleys. The root is dug up in the 5th and 8th months and dried in the sun.

T'AO HUNG-KING:—The place Huai li lies in Fu feng [in Shen si, App. 44]. Now the best sort is brought from Ts'ing chou [in Shan tung, App. 363]. It is also found in Wu [Kiang su, etc., App. 389]. That of a good quality has a white flesh. The old drug is rejected.

Su Kung [7th cent.]:—It grows still in the above-mentioned localities. That sort which grows in marshes is called 羊眼牛夏 yang yen (sheep's eye) pan hia. The best sort is globular and white. That from Kiang nan [Kiang si, etc., App. 124] is large [the tuber], one inch in diameter.

Su Sung [11th cent.]:—The best sort comes from Ts'i chou [in Shan tung, App. 348]. The leaves are trifoliate, of a light green colour, somewhat resembling bamboo-leaves. The sort produced in Kiang nan has leaves resembling those of the shao yo [Paonia albiflora. See 52]. The tuber has a yellow skin and white flesh. The small tubers are called yang yen pan hia [v. supra].

Ch., XXIV, 28, 30:—Pan hia. The drawings seem to represent Pinellia tuberifera, Ten. Ternate leaves.

Lour., Fl. cochin., 652:—Arum triphyllum, L. [this is Arisama Loureiri, according to Blume. Species dubia]. Sinice: puon hia. Bulbus subrotundus albus.—Ibid., 651:—Arum dracontium, L. [Blume calls it Arisama cochinchinense]. Sinice: puon hia. Folia pedata. Bulbus subrotundus albus.

Tatar., Cat., i:—Pan hia. Radix Ari macrouri, Bge. [same as Pinellia tuberifera].—Gauger, 2:—Pan hia described and figured. Small spherical, white tubers.

Hanbury, Sc. pap., 262:一生 年夏 sheng (fresh) pan hia. Tubers of Pinellia tuberifera described and figured.—P. Smith, 22, 26, 149.

At Peking the name pan hia is applied to Pinellia tubifera as well as to P. pedatisecta, Schott.

China Review, X, 380 [PARKER'S "Travels in Sz ch'uan"]:—A root drug called pan hia, looking like round pellets of bone, was drying in the sun.

Cust. Med., p. 78 (171):—Pan hia exported 1885 from Han kow 1,200 piculs,—p. 130 (144), from Chin kiang 58 piculs,—p. 188 (72), from Ning po 55 piculs,—p. 58 (19), from I chang 39 piculs.

So moku, XIX, 2, and Phon zo, XXII, 23, 24:— 华夏, Pinellia tuberifera.— So moku, XIX, 4:— 大 华夏 (large pan hia), P. tripartita, Schott.

# 151.—蚤休 tsao hiu. P., XVIIb, 28. T., CXXX.

Pen king:—Tsao hiu. The root is officinal. Taste bitter. Nature slightly cold. Poisonous.

Pie lu:—Other name: 蚩 休 ch'i hiu. The tsao hiu grows in Shan yang [in Shan tung, App. 270] in rivervalleys, and in Yüan kü [in Shan tung, App. 415].

Su Kung [7th cent.]:—It is now called 重樓金線 chung lou kin sien, also 重臺 chung t'ai. In the south it is known by the name 甘遂 kan sui [comp. 138]. The plant has a solitary stem bearing at the top from six to seven leaves [arranged in a whorl] in two or three rows, like those of the wang sun [Paris. See 22], the kui kiu [see 152] or the pi ma (Ricinus). The root is white and delicate with fine fibres. It resembles a large, succulent ch'ang p'u root [Acorus. See 194].

HAN PAO-SHENG [10th cent.]:—Its leaves resemble those of the kui kiu [see 152] and mou meng [Paris. See 22]. The root resembles that of the tsz' shen [Polygonum bistorta. See 21]. It has a yellow skin and white flesh. It is dug up in the 5th month and dried in the sun.

Su Sung [11th cent.]:—The tsao hiu is also called 素河車 tsz' ho ch'e. This plant is now found in Ho chung [in Shan si, App. 74], in Ho yang [in Ho nan, App. 81] in Hua chou and Feng chou [both in Shen si, App. 85, 39], Wen chou [in Kan su, App. 386] and in Kiang and Huai [Kiang su and An hui, App. 124, 89]. The leaves resemble those of the wang sun, kui kiu, etc. They form two or three rows. It flowers in the 6th month. The flowers are yellow and purple, the stamens [or anthers] are of a reddish yellow colour and run out into gold-coloured drooping filaments. The fruit, which appears in autumn, is red. The root is like a succulent ginger-root and has a red skin and white flesh.

LI SHI-CHEN: -- The chung lou kin sien is also called 三層草 san ts'ang ts'ao and 白甘漆 pai kan sui [in these names chung lou means "many storied," san ts'ang = threestoried, both terms referring to the rows of the leaves. Kin sien = gold thread]. It is a common plant which grows in mountain recesses in moist, shady places. It has a solitary stem on which the leaves, which resemble peony leaves, are arranged in two or three rows (whorls), each row consisting of seven leaves. The flowers appear in the summer at the top of the stem, each flower has seven petals. The flowers are provided with gold-coloured filaments, from three to four inches long. On the Wang wu shan mountain [in Ho nan. Bot. sin., I, p. 228 (65)] there grows one species which has its leaves in from five to six rows. The root resembles the root of the kui kiu or that of the ts'ang shu [Atractylis. See 12]. It has a purple skin and white flesh.

Ch., XXIV, 34:—Tsao hiu. Good drawing representing a Paris. From seven to eight leaves in a whorl. The descriptions in the P. seem also to refer to one or several species of Paris or the allied genera Trillium and Trillidium. Order Liliacew.

Phon zo, XXIII, 1, 2:—蚤 休 Trillidium japonicum, Franchet. Represented with a large root.—Ibid., 3:—Same Chinese name, Trillium erectum, L.

Kwa wi, 26:—Same Chinese name, Paris hexaphylla, Cham.

## 152.一鬼 臼 kui kiu. P., XVIIb, 30. T., CXXVI.

Pie lu:—Other names: 天日 t'ien kiu (heaven mortar), 解毒 kie tu (counter poison). The kui kiu grows in Kiu kü [App. 156], in mountain-valleys, also in Yüan kü [in Shan tung, App. 415]. The root is dug up in the 2nd and 8th months.

T'AO HUNG-KING:—The root resembles the roots of the she kan [Pardanthus. See 153], the shu [Atractylis. See 12] and the kou wen [see 162]. There are two sorts. One is produced in Ts'ien t'ang [in Che kiang, App. 352] and in Mid China. It is of a sweet taste and covered with dense hair (radical fibres). This is the best. The other, which comes from Hui ki and Wu hing [both in Che kiang, App. 98, 390], is larger, of a bitter taste, not covered with hair, and less potent. The ma mu tu kung has a root which resembles the huang tsing [Polygonatum. See 7]. It has excavations (\mathbb{H} kiu, properly mortar) resembling horse's eyes, is tender and succulent. It is less frequently used in medicine than the genuine kui kiu.

Su Kung [7th cent.]:—The kui kiu grows in the depths of the mountains, in shady places. The leaves resemble those of the pi ma (Ricinus), are bi-lobed, arranged in rows at the top of a solitary stem. The root sends up one stem every year, and when the stem decays it leaves an excavation on the root. Thus after 20 years the root shows 20 excavations. The name kiu kiu (nine excavations) is also derived from this peculiarity of the root. In its skin, flesh and hairs (radical fibres) the root resembles the she kan [v. supra], which is frequently substituted for it. The kui kiu is now an article presented as tribute in the district Tang yang in the prefecture of King chou, in the district of Yüan an in the prefecture of Hia chou, and in the district of King shan in the prefecture of Siang chou [all these localities are in Hu pei, App. 333, 146, 417, 64, 149, 3057. It grows there in the mountains, but is very rare.

Su Sung [11th cent.]:—The drug is now produced in Kiang ning fu, Ch'u chou, Shu chou [all in An hui, App. 129, 25, 294], Shang chou [in Shen si, App. 278], Ts'i chou [in Shan tung, App. 348], Hang chou [in Che kiang, App. 58] and in the localities mentioned by Su Kung. Red flowers which appear in the 3rd month in the stem (spathe?), afterwards fruits. The leaves are lobed and arranged like an umbrella at the top of the stem.

LI Shi-chen enumerates the following synonyms applied to this plant, viz.: 唐婆鏡 t'ang p'o king, 羞天花 siu t'ien hua, 八角盤 pa küe p'an (eight-horned dish. This name refers to the large, lobed leaves), 尤律草 shu lü ts'ao, 害母草 hai mu ts'ao, 鬼藥 kui yao, 瓊田草 k'iung t'ien ts'ao, 山 荷葉 shan ho ye, 旱 荷 han ho. It is also called 獨荷草 tu ho ts'ao and 獨 脚 蓮 tu kio lien. Some authors say that its leaf resembles the leaf of Nelumbium speciosum and is palmately lobed, to which some of the above names allude. LI SHI-CHEN states that the plant is common in South China. In North China it is found only on the Lung men shan and Wang wu shan mountains [App. 212, and supra sub 151]. It has only one stem, which is hollow and produces at the top seven round leaves resembling those of Nelumbium, but smaller and palmately divided, purple underneath. The flowers appear beneath the leaves.

The ancient Chinese authors probably confound under the above enumerated names several different plants.

Henry [Chin. pl., 323] states:—八角蓮 pa küe lien, Diphylleia? sp. 37 nova. This curious plant appears in shaded places in the mountains. It is the 鬼日 kui kiu of books, and is figured in the Ch. [XXIV, 35] where the name used at I chang is given as a synonym. P. Smith [46] wrongly

<sup>37</sup> This plant, so first identified from imperfect specimens, is now found from better specimens to be *Podophyllum versipelle*, Hance,—A. HENRY.

says it is Caladium. This error probably arose from the fact that 獨 脚 蓮 tu kio lien, which is given also as a synonym of kui kiu, in Hu peh signifies Arisæma.

Diphylleia and Podophyllum are both genera of the order Berberidew. Some of the above descriptions of the kui kiu by the Chinese authors agree. In Northern America Diphylleia cymosa is called "the umbrella plant" [comp. supra Su Sung's description].

Ch., VIII, 61:—獨 脚 蓮 tu küe lien. Rude drawing. Perhaps an Aroidea is intended. The plant is said to grow in Fu chou.

TATAR., Cat., 22:—Tu küe lien. Radix Caladii xanthorizi?
—P. SMITH, 46.—The plant tu küe lien, wild and cultivated at Peking, and which was raised in the Botanic Gardens, St. Petersburg, from seeds I had procured in Peking, proved to be Typhonium giganteum, Engl. (order Araceæ).

Henry, l.c., 476:—Tu küe lien in Hu pei = Arisama heterophylla, Bl.—But according to Ford and Crow ["Notes on Chin. Mat. Med.," in China Review, XVI, 7], tu küe lien at Canton is Podophyllum versipelle, Hance.

Comp. Hooker's Icon. Plant., tab. 1996, Podophyllum versipelle, Dr. Henry's note.

Phon zo, XXIII, 5, 6:--鬼 臼, Diphylleia.—So moku, VII, 25:-山 荷葉, Diphylleia Grayi, Fr. Schm.

# 153.—射干 she kan. P., XVIIb, 32. T., CLXII.

This plant is mentioned in Sz' Ma siang ju's poems [† B.C. 120].

Pen king:—She kan, 鳥扇 wu shan, 鳥蒲 wu p'u. The root is officinal. Taste bitter. Nature uniform. Poisonous.

Pie lu:—Other names: 鳥婴 wu sha (black feathers), 鳥吹 wu ch'ui, 草蓝 ts'ao kiang. The she kan grows in Nan yang [in Ho nan, App. 231] in mountain-valleys and in fields. The root is dug up on the 3rd day of the 3rd month and dried in the shade.

Wu P'u [3rd cent.] calls it 黃 遠 huang yūan.

T'AO HUNG-KING:—It has a yellow root, and is frequently cultivated. There is one sort with white flowers. It has a long stem. This accounts for the name she kan (lance).

Su Kung [7th cent.]:—The she kan resembles in its leaves the yüan wei [Iris. See 154].

HAN PAO-SHENG [10th cent.]:—The she kan grows from 2 to 3 feet high, has yellow flowers and black fruits. The root shows many radical fibres, has a yellowish black skin and yellowish red flesh.

CH'EN TS'ANG-KI [8th cent.]:—The she kan resembles the yūan wei. It is also called 鳳 翼 feng i (phœnix' wing), from the shape of the leaves. It blossoms in autumn. Flowers red and dotted. The yūan wei has blue flowers.

Sung Sung [11th cent.]:—The she kan is much cultivated. It grows from one to two feet high and has long narrow leaves which spread out like the wings of a bird. The stem rises from the midst of the leaves like that of the süan ts'ao (Hemerocallis). The flowers, which appear in the 6th month, are orange coloured and with small spots on the corolla. The fruit is a capsule which contains black seeds.

LI Shi-chen:—The she kan is also called 扁 竹 pien chu (flat bamboo) and is much cultivated.

Ch., XXIV, 37:—She kan. The drawing represents Pardanthus chinensis, Ait. The genus name Pardanthus (leopard flower) refers to the spotted flowers. The pai (white) she kan [Ch., XXIV, 40] is Pardanthus dichotomus, Ledeb. (Iris dichotomus, Pall.). The first is much cultivated at Peking, the second grows wild there in the mountains. The above Chinese descriptions agree in a general way.

Lour., Fl. cochin., 46:—Ixia chinensis (same as Pardanthus chinensis). Sinice: xe can [she kan]. Radix bulbis teretibus croceis. Flos magnus, terminalis, aureus, rubro punctatus.

Tatar., Cat., 52:—She kan. Radix Pardanthi chinensis.—Gauger [35] describes and figures the root she kan, which, he thinks, belongs to an Iridacea.—P. Smith, 167.

Cust. Med., p. 280 (108):—She kan exported 1885 from Amoy 3.14 piculs.—According to the Hank. Med. [p. 36], exported also from Hankow.

Amæn. exot., 872:—射干 jakan, vulgo karasu oogi et fi oogi. Iris flore liliaceo parvo, puniceo, punctis sanguineis intus asperso. This, as well as the figure in the So moku [II, 12] sub 射干, is Pardanthus chinensis.

## 154.—鳶尾 yüan wei. P., XVIIb, 35. T., CLXVIII.

Pen king:—Yüan wei (kite's tail), 鳥園 wu yüan. The root is officinal. Taste bitter. Nature uniform. Poisonous.

Pie lu:—The wu yüan grows in Kiu i [in Kiang si, App. 155] in mountain-valleys. It is gathered [dug up] in the 5th month.

T'AO HUNG-KING:—The root of this plant is called 鳶 頭 yūan t'ou (kite's head).

Su Kung [7th cent.]:—This plant is cultivated. Its leaves resemble those of the *she kan* [see 153] but are broader and shorter. The stem is also not long. The flowers are of a violet colour. The root resembles that of the *kao liang kiang* [Alpinia. See 57], it has a yellow skin and white flesh. When chewed it causes scratching in the throat.

Ch., XXIV, 40:—Yüan wei. The figure represents a large Iris.

Amæn. exot., 873:—高尾 ssibi, vulgo itz fatz. Iris pumila flore magno pleno.

So moku, II, 3:—Same Chinese name, Iris tectorum, Maxim.

This plant is much cultivated at Peking as an ornamental plant. Its popular name there is 草玉蘭

155.—羊躑躅 yang chi chu. P., XVIIb, 40. T., CLXXIX.

Pen king:—Yang chi chu. The flowers are officinal. Taste acrid. Nature warm. Very poisonous.

Pie lu:—Other name: 玉枝 yū chi. The yang chi chu grows in the valleys of the T'ai hing shan mountains [in N. China, App. 323], also in the mountains of Huai nan [An hui, Kiang su, App. 90]. The flowers are gathered and dried in the shade.

T'AO HUNG-KING explains the above name [yang = sheep, chi chu = to reel] by the fact that sheep when eating the leaves of this plant begin to reel and die. It grows in Mid China on mountain-slopes and has yellow flowers resembling those of the lu ts'ung (Hemerocallis fulva). It cannot be approached to the eye. 38

Su Kung [7th cent.] observes that the flowers of this plant do not resemble the *lu ts'ung* flowers but rather the süan hua [Calystegia. See 169].

HAN PAO-SHENG [10th cent.]:—It is a shrub, 2 feet high. Leaves like peach-leaves. Yellow flowers resembling melon-flowers. There are gathered in the 3rd and 4th months and dried in the sun.

Su Sung [11th cent.] compares its flowers to those of ling siao [Tecoma, Bignonia. See 170] and the shan shi liu [mountain pomegranate. See further on]. The flowers are yellow. The plant grows from 3 to 4 feet high. It is poisonous to sheep. In the mountains of Ling nan [South China, App, 197] and Shu (Sz ch'uan) grows a sort with deep red flowers. This is not used in medicine.

Ch., XXIV, 19:—Yang chi chu, a Rhododendron figured.
Tatar., Cat., 29:—Yang chi chu, Hyoscyamus niger.
Ibidem, 41:—Nao yang hua, Hyoscyamus.

Hanbury, Sc. pap., 266:—Nao yang hua. Flowers of Rhododendron?—P. Smith, 29, 84, 115.—Parker, Canton pl., 85:—Nao yang hua, Datura alba, L.

Henry, Chin. pl., 218:—老 虎 花 lao hu hua (tiger flower), Rhododendron (Azalea) sinense, Sw. An Azalea with yellow flowers, reputed dangerous to cattle that browse on it. This is the yang chih chu of Ch., XXIV, 19, where the local name is given as a synonym.

Henry, l.c., 558:—映山紅 ying shan hung, Rhododendron (Azalea) indicum., Sw., var. This red flowering species is also known as hung chi chu and 紅柱鵑 hung tu küan.—Huang (yellow) tu küan is a name for the [yellow] Azalea sinensis [v. supra].

At Peking 杜 鵑 花 tu küan hua is a general name for Rhododendron (Azalea). The same at Canton. See Bridgm., Chin. Chrest., 472. At Peking hung (red) tu küan hua is Azalea indica, L., var. macrantha. Large crimson flowers.

Cultivated.—Pai (white) tu küan hua is Rhod. leucanthum, Bge. Cultivated. White flowers.—Ye (wild) tu küan hua is Rhod. dauricum, L. Wild-growing, rose-coloured flowers.

China is very rich in Rhododendrons. The Ind. Fl. sin. [II, 19-32] enumerates 65 Chinese species, including the sub genus Azalea. The flowers are for the greater part red, crimson, rose-coloured and white. Only a few Chinese species have yellow flowers, viz. Rhod. [Azalea] sinense, Sw. [A. pontica, L. var. sinensis, Lindl., Bot. reg. t. 1253],—Rhod. sulfureum, Franchet, from Yünnan,—Rhod. lutescens, Franch., Father David, from Mupin.—Rhod. sinense is common in the mountains of Mid China, it is also much cultivated in Chinese gardens. European observers do not mention its poisonous properties. We know that the nearly allied yellow flowered Azalea pontica, L., possesses dangerous narcotic qualities.—

According to Abbé Desgodins, in E. Tibet sheep and goats are poisoned by *Rhododendron* leaves [Bull. Soc. Géogr., 1873, I, 333]. Aitchison, in his "Flora of the Kuram Valley" [J. Linn. Soc., XVIII], states that Rhododendron afghanicum [whitish green flowers] is poisonous to goats and sheep.

Amæn. exot., 845:—躑躅 tecki tsjoku, vulgo tsutsusi, cum icone, p. 846. This is, according to Maximowicz [Rhodod. Asiæ orient, p. 37], Rhododendron [Azalea] indicum, Sw.

Aman. exot., 849:—杜鹃 to ken, vulgo satsuki. Cytisus Liliifer autumnalis, etc. According to Maximowicz [Rhod. Asia orient, p. 39], this is probably Rhododendron [Azalea] indicum, var. macranthum.

Phon zo, XXIII, 21-24:—羊躑躅. Various species of Rhododendron are figured under this Chinese name, viz. 21, 22, yellow and rose-coloured flowers, Rhod. Keiskii, Miq.,—22, Rh. Schlippenbachii, Maxim., rose-coloured,—23, Rhod. Albrechti, Max., rose-coloured,—23, Rhod. rhombicum, Miq., violet,—24, undetermined, white.—

Ibid., 24-26:—山躑躅, viz. 24, Rhod. sublanceolatum, Miq., rose-coloured,—25, Rhod., undetermined, violet, white, rose-coloured,—26, Rhod. linearifolium, S. & Z., and Rhod. macrosepalum, Max.

Ibid., 27, r.:—杜鹃花. Two species of Rhododendron, undetermined.

Sieb., Icon. ined., V:—杜鵑花. Rhod. satsuki [=Rhod. indicum var. macranthum [v. supra].

Ibid.:一羊 躑 躅. Azalea pontica? Azalea chinensis, Sieb.—紅 躑 躅. Rhod. japonicum, Sieb.

156.— 芫 花 yüan hua. P., XVIIb, 42. T., CX.

Comp. Bot. sin., II, 258, 465.

Pen king:—Yüan hua, 去水 kü shui. The flowers are officinal. Taste bitter and acrid. Nature warm. Poisonous.

Pie lu:—Other names 杜 芫 tu yūan, 毒 魚 tu yū (poisoning fish), 蜀 桑 Shu sang [Sz ch'uan mulberry]. The yūan hua grows in Huai yūan [in Ho nan, App. 92] in river-valleys. The flowers are gathered on the 3rd day of the 3rd month and dried in the shade.

Wu P'u [3rd cent.]:—Other names: 赤 芫 ch'i (red) yūan, 兒 草 rh ts'ao, 敗 華 pai hua (injurious flower). The root is called 黃 大 戟 huang (yellow) ta ki [comp. 136]. The 芫 根 yūan ken [root] grows in Han tan [in S. Chih li, App. 56]. Its leaves appear in the 2nd month, are green at first, but when growing thicker they become black. The flowers are purple, red or white. Flowers, leaves and root are officinal. The flowers are gathered in the 3rd month, the leaves in the 5th, and the root is taken up in the 8th or 9th month.

T'AO HUNG-KING:—It (the flowers?) is boiled for medical use, and cannot be approached to the eyes.

HAN PAO-SHENG [10th cent.]:—It is a common plant in Mid China, and grows from 2 to 3 feet high. The leaves resemble those of the pai ts ien [Vincetoxicum. See 45] or willow-leaves. The root has a yellow skin resembling the root of the mulberry tree. The flowers are violet; they appear in the first or second month and fall off when the leaves begin to expand.

Su Sung [11th cent.]:—The plant has a perennial root. The old branches and the stem are of a purple colour It grows from 2 to 3 feet high. The root penetrates from 3 to 5 inches into the ground, is of a white colour and resembles the root of the elm. The leaves are small and narrow like willow-leaves. It blossoms in the second month. Purple flowers in spikes resembling those of the tsz' king [Cercis]. There is one sort in Kiang chou [in Shan si, App. 123], with yellow flowers, which is called 黃 茂 花 huang (yellow) yūan hua.

Thrown into the water it [flowers or leaves] poisons fish. Its smell causes head-ache, whence it is popularly called 頭痛花 tou teng hua (head-ache flower) The dictionary Yūe pien [6th cent.] states that the yūan tree grows in Yū chang [Kiang si. See Bot. sin., II, sub 513]. Its juice when boiled preserves fruit and eggs from spoiling. The Yung chai sui pi [12th cent.] says that it is common in Jao chou [in Kiang si, App. 109]. From the stem it cannot be decided whether it is a tree. People sometimes rub the skin with this drug [it is not said what part of the plant, probably the bark] to produce an inflammatory swelling, in order to simulate wounds. Eggs when rubbed with a mixture of this drug with salt assume an ochre colour.

TATAR., Cat., 31:—Yūan hua, Passerina Chamædaphne, Bunge [Wickstræmia Chamædaphne, Meissn.]. This plant, common near Peking, has small, yellow, fragrant flowers. It is poisonous, and belongs to the order Thymelaceæ.—

P. SMITH, 168.

Henry, Chin pl., 281:—閱頭花 men tou hua (plant which stupefies the head). Daphne genkwa, S & Z. This is the 芫花 yūan hua in Ch., XXIV, 44. The figure on p. 46 probably represents the same, and the name given there, 全腰帶 kin yao tai, is also used at I chang.

Cust. Med., p. 128 (110):— Yüan hua flowers exported 1885 from Chin kiang 3.25 piculs.—According to Hank. Med., 53, exported also from Hankow.

Sieb. & Zucc., Fl. jap., I, 137, tab., 75:—Daphne genkwa (order Thymelaceæ), sinice 芜花, said to have been introduced from China into Japan. Lilac flowers. The flowers and the bark are officinal in Japan, and the latter is used as a vesicatory.

Phon zo, XXIV, 2: - Same Chinese name, Daphne genkwa.

## 157.— 葉 花 jao hua. P., XVIIb, 45. T., CX.

Pen king:—Jao hua. The flowers are officinal. Taste bitter. Nature cold. Poisonous.

Pie lu:—The jao hua grows in Hien yang [in Shen si, App. 65] in river-valleys, also in Ho nei [S.E. Shan si, App. 77] and Chung mou [in Ho nan, App. 30]. The flowers are gathered in the 6th month and dried in the shade.

T'AO HUNG-KING:—The Chung mou drug now comes from the Yellow River. It (the flowers?) resembles the yūan hua [see 156] but is very small and white.

Su Kung [7th cent.]:—The plant resembles the hu sui (Coriandrum), has no spines, small yellow flowers. It has no resemblance to the yüan hua.

HAN PAO-SHENG [10th cent.]:—The best sort comes from Yung chou [in Shen si, App. 424]. The plant grows in the mountains, and is about 2 feet high.

LI SHI-CHEN suggests that this plant (jao hua) is the yuan hua with yellow flowers noticed by Su Sung as growing in Kiang chou [comp. 156]. The fresh flowers of the jao hua are yellow, but when dried they become white, wherefore Tao Hung-king states that the plant has white flowers.

Ch., XXIV, 48:—Jao hua. Rude drawing. Only leaves.

Phon zo, XXIV, 2, 3:—莲花. Two plants represented, one with yellow, the other with white flowers. Not identified by Franchet.

Sieb., Icon. ined., VI:—Passerina japonica, S. & Z. [Wickstræmia japonica, Miq.]. Sinice 莲花.

SIEB., Œcon., 132:—Same Chinese name, Stellera ganpi. E cortice conficitur charta ob firmitatem laudata. Ibidem, 131, SIEBOLD says the same with respect to Stellera japonica. This latter is the same as Wickstræmia japonica. SIEBOLD'S Stellera (Passerina) ganpi is Wickstræmia canescens, Meisn.

In Hoffm. & Sch., 415, 眼皮花 [Chinese pronunciation yen p'i] is given as the Chinese name for Passerina ganpi. This name is not found in the P.

158.—莽 草 mang ts'ao. P., XVIIb, 47. T., CX.

Comp. Rh ya, 147, Classics, 464.

Pen king: — Mang ts'ao. Leaves used in medicine. Taste pungent. Nature warm. Poisonous.

The Hung-king:—The name mang was originally written 岗 wang. [Some editions of the P. write 岗 wang. The K.D. does not say that these two characters wang are identical.] This is now a common plant in the eastern provinces. The people bruise the leaves, mix the powder with old millet-flour and throw it into the water to stupefy fish, which are then easily caught and can be eaten without any danger.

Su Sung [11th cent.]:—It is a common plant in the southern provinces and in Shu [Sz ch'uan]. It is a tree which resembles the *shi nan* [see 347], but the leaves are sparely produced. It bears neither flowers nor fruit. The leaves are gathered in the 5th and 7th months. Others say that it is an herbaceous plant which climbs on trees.

K'ou Tsung-shi [12th cent.]:—It is a tree with leaves like the *shi nan* [v. supra] which have the smell of the *tsiao* [Zanthoxylon. See 288].

LI Shi-chen:—This plant is poisonous. When eaten it causes man to lose his senses. The mountain people use it for killing rats, whence the name 鼠 莽 shu (rat) mang. The name ch'un ts'ao given in the Pie lu as a synonym of mang ts'ao is also applied to the plant pai wei [Vincetoxicum. See 44].

For further particulars regarding this poisonous plant see Bot. sin., II, 464. In Japan the name mang ts'ao is applied to Illicium religiosum, but in China mang ts'ao is a different plant.

#### 159.— 黄 芋 yin yü. P., XVIIb, 49. T., CXLV.

Pen king:— Yin yü. The leaves are officinal. Taste bitter. Nature warm. Poisonous.

Pie lu:—Other names: 莞草 kuan ts'ao, 畢 共 pi kung. The 茵蕷 yin yū grows in T'ai shan [in Shan tung, App. 322] in mountain-valleys. The leaves are gathered on the 3rd day of the 3rd month.

T'AO HUNG-KING:—The best comes from P'eng ch'eng [in Kiang su, App. 247]. The plant grows in Mid China. In its stem and leaves it resembles the mang ts'ao [see 158] but is more slender and weak. It is seldom used in medical prescriptions.

TA MING [10th cent.]:—This drug comes from Hai yen [in Che kiang, App. 51]. The plant resembles the *shi nan* tree [see 347]. Its leaves are thick. They are gathered from the 5th to the 7th month.

Su Sung [11th cent.]:—The plant is now produced in Yung chou [in Shen si, App. 424], Kiang chou [in Shan si, App. 123], Hua chou [in Shen si, App. 85] and in Hang chou [in Che kiang, App. 58]. It grows from 3 to 4 feet high and has a red stem. Leaves like those of the pomegranate tree but shorter and thicker; they resemble also the leaves of the shi nan [v. supra]. In the 4th month it produces small white flowers, and in the 5th month fruit. Stem and leaves are officinal.

LI Shi-chen observes that the name  $kuan\ ts$  ao, given in the  $Pie\ lu$  as a synonym of  $yin\ y\ddot{u}$ , is properly applied to another plant, a kind of sedge. [Comp.  $Bot.\ sin.$ , II, 455.]

Ch., XXIV, 42:— Yin yü. Rude drawing, too indistinct to permit of identification.

Sieb. & Zucc., Fl. jap., I, 127, tab. 68:—Skimmia japonica, Thbg. Order of Rutacea. Sinice 黃字. See also Sieb., Icon. ined., II. This is an evergreen shrub, from 3 to 4 feet high. Flowers fragrant, white, with a tinge of red. The Japanese and the Chinese consider it to be poisonous, as the Japanese name mijama sikimi, or mountains sikimi, indicates. Sikimi, a name applied to Illicium religiosum, means "malignant fruit."

Phon zo, XXIV, 5:—Same Chinese name. Skimmia japonica.—Kwa wi, 113.—

The Skimmia japonica was first described by Kæmpfer in his Amæn. exot., 779 [Sin san, vulgo mijama skimmi], but the Chinese name affixed there is wrong. One of the characters indecipherable.

The descriptive details regarding the yin yü as given in the P. are too vague to permit of deciding whether Skimmia is meant. R. FORTUNE [Tea Countries, 329] notices Sk. Reevesiana as cultivated in Shanghai gardens. No Skimmia is mentioned in the Ind. Fl. sin.

## 160.—石 龍 芮 shi lung jui. P., XVIIb, 50. T., LIX.

Pen king:—Shi lung jui, 地 椹 ti shen (ground mulberry). The seeds and the skin of the root are officinal. Taste bitter. Nature uniform. Non-poisonous.

Some of the ancient authors identify the shi lung jui with Rh ya, 128, others with 134.

Pie lu:—Other names:天豆 t'ien tou,石能 shi neng, 魯果能 lu kuo neng,彭根 p'eng ken. The shi lung jui grows in T'ai shan [in Shan tung, App. 322] among stones in rivers and marshes On the 5th day of the 5th month the seed is gathered, and in the 8th month the skin [of the root] and dried in the shade.

Wu P'u [3rd cent.] calls it 水 茎 shui k'in [a name properly applied to Œnanthe, an umbelliferous plant. See 250].

T'AO HUNG-KING:—The shi lung jui which is found in Mid China has seeds resembling those of the she ch'uang [Cnidium. See 49], but they are flat. This, which is not the true shi lung jui, is called 當菜子 tsz' ts'ai tsz'. The genuine plant grows in the eastern mountains on rocks. It

has soft, small and short leaves. Its seeds resemble those of the t'ing li [Sisymbrium. See 114], are of a yellow colour and somewhat pungent taste.

Su Kung [7th cent.]:—The plant which is now generally used is popularly called shui k'in [v. supra]. Its leaves resemble those of the fu tsz' [Aconitum. See 143]. Its fruit resembles a mulberry, whence the name ti shen [v. supra]. It grows in low marshes. The leaves and the seeds are of a pungent taste. The plant produced in Shan nan [S. Shen si, App. 268] has seeds as large as mallow-seeds, but that from Kuan chung [Mid Shen si, App. 158] and Ho pei [S. Chi li, App. 78] has small seeds like the t'ing li [v. supra], and they are less potent than those from Shan nan. It is not clear why T'AO HUNG KING asserts that the small-seeded is the true shi lung jui.

Su Sung [11th cent.]:—This plant now grows in Yen chou [in Shan tung, App. 404]. It grows in a bushy manner, producing many stems of a greenish purple colour. Three leaves at the top of one stalk. These leaves are small, short, and incised. Seeds like those of the ting li [v. supra] and yellow. Su Kung states that this plant is also called shui kin. But this latter is a quite different plant. The plant from Yen chou is that spoken of in the Pen ts'ao king, and which T'AO HUNG-KING calls the true shi lung jui.

K'ou Tsung-shi [12th cent.]:—There are two kinds of the *shi lung jui*. That which grows in water has glabrous leaves and round seeds, that growing on dry land has its leaves covered with hair, and pointed seeds. Only the first is used in medicine.

LI Shi-chen:—The ancient authors have erroneously identified the *shi lung jui* with the *shui k'in*, which is a different plant and is used as a vegetable. The hairy *shi lung jui*, growing on dry land, spoken of by K'ou Tsung-shi, is very

poisonous. But that growing in water, when boiled can be used for food. It is also called 胡椒菜 hu tsiao ts'ai (pepper vegetable). It is a plant about one foot high. The root resembles that of the tsi [Capsella. See 251]. Ternate, dissected, glabrous leaves, small yellow flowers. The fruit is green, as large as a bean, and looks like an unripe mulberry. When rubbed between the fingers the small seeds, like t'ing li seeds, fall out. This is the shi lung jui. The people in Kiang and Huai [Kiang su and An hui] gather the leaves of this plant in the 3rd and 4th month and eat them boiled.

Ch., XXIV, 41:—Shi lung jui. The drawing represents a Ranunculus, probably R. sceleratus, L. Li Shi-chen's description agrees.

Phon zo, XXIV, 6:—石龍芮, Ranunculus sceleratus.—So moku, X, 55:—Same Chinese name, R. sceleratus, and [52] R. ternatus, Thbg.

Sieb., Icon. ined., I:—Same Chinese name, R. sceleratus.

# 161.—牛扁 niu pien. P., XVIIb, 53. T., CLXVI.

Pen king:—Niu pien. The root is officinal. Taste bitter. Nature slightly cold. Non-poisonous. It is used to cure ulcers. A decoction of it is good for killing the lice of cattle and other parasites. It is used in the treatment of diseases of cattle, whence the name (niu = cattle).

Pie lu:—The niu pien grows in Kui yang [S.E. Hu nan, App. 167] in river-valleys.

T'AO HUNG-KING :- This drug is little known now.

SU KUNG [7th cent.]:—This drug resembles the shi lung jui. The root is like the ts'in kiao [see 28] but is more

slender. It grows in low marshy places. Its common name is niu pien, but in the Court of Sacrifices<sup>39</sup> it is called 扁 特 pien te or 扁 毒 pien tu (poison). It is very efficacious in destroying lice of cattle.

HAN PAO-SHENG [10th cent.]:—This plant is now produced in Ning chou [in Kan su, App. 234]. Its leaves resemble those of the *shi lung jui* [Ranunculus. See 160] and the *fu tsz* [Aconitum, App. 143]. The root is gathered in the 2nd and 8th months.

SU SUNG [11th cent.]:—There is a peculiar sort of *pien* te in Lu chou [in Shan si, App. 204]. It flowers in the 6th month and bears fruit in the 8th. The leaves and the root are useful in destroying lice.

Ch., XXIV, 47:—Niu pien. Rude drawing of a plant with palmate leaves.

So moku, X, 26:—牛扁 Aconitum Lycoctonum, L.—See also Phon zo, XXIV, 11, 12:—Kwa wi, 17.40

#### 162.— 鲌 吻 kou wen. P., XVIIb, 55. T., CXXXV.

Pen king:—Kou wen, 野葛 ye ko. The root is officinal. Taste acrid. Nature cold. Very poisonous.

Pie lu:—The kou wen grows in Fu kao [App. 45] in mountain-valleys, also in Hui ki [in Che kiang, App. 98] and Tung ye<sup>41</sup> [App. 377]. One sort is called 固活 ku huo. When broken it emits a blue vapor.<sup>42</sup> It is taken up in the 2nd and 8th months.

## "太常.

\*\*HOFFM. & SCHLT. give the above Chinese characters as the Chinese name for Geranium Thunbergii. But this seems to be a mistake. According to the So mokn [XII, 46] the Chinese name of this plant is 指 生見, and in the Ch. [XII, 41], under the same Chinese name, mang niu rh, a Geranium is figured. See also Kiu huang, L, 19.

<sup>41</sup> Or perhaps Tung ye in the prefecture of Hui ki.

<sup>&</sup>quot;折之青烟出.

Wu P'u [3rd cent.]:—Other names: 除辛 ch'u sin, 毒根 tu ken (poisonous root). The kou wen grows in the mountains of Nan Yüe [S. China, App. 233], also in Han shi shan [App. 57] and in I chou [Sz ch'uan, App. 102]. Its leaves resemble those of the ko [Pachyrhizus. See 194]. Red, square stem, resembling an arrow. Yellow root, which is dug up in the 1st month.

T'AO HUNG-KING:—This drug when introduced into the mouth causes pain in the throat. There is one kind of the kou wen which in its leaves resembles the huang tsing [Polygonatum. See 7]. It has a purple stem and yellow flowers. The young plant has a strong resemblance to the huang tsing, and the plants are frequently confounded. As the first-mentioned plant is poisonous it causes death when taken.—[Comp. sub 7 the legend regarding these two plants.]

Su Kung [7th cent.]:-The ye ko grows in Kui chou [in Kuang si, App. 164]. In the south it is a common plant near villages, on burial wastes and on roads. The people there call it kou wen, but properly kou wen is the name for the herbaceous part of the plant, whilst the root is called ye ko. It is a climber. Leaves like those of the shi [Diospyros. See 279]. The fresh root, when just taken out, has a white skin and a yellow bone (centre). The old root resembles the ti ku [Lycium. See 345], the young root the Han fang ki [Cocculus. See 183]. It resembles also the pai hua t'eng [white-flowered Liana. Unknown to me]. When the fresh root is broken it does not exhale any vapor (odour), but when one year old a vapor is emitted from the small pores of the substance of the root. The root of the kou k'i [Lycium. See 345] shows the same peculiarity. That which the Pie lu states regarding the blue vapors [v. supra] is not intelligible. When people by mistake happen to eat the leaf of this plant they die, whilst sheep browse on it without being injured and even grow fat.

LI SHI-CHEN: The Nau fang ts'ao mu chuang [ see Bot. sin., I, 38] says:—The ye ko is a climber. Its leaves resemble those of the lo le (Ocimum basilicum), are glabrous and thick. It is also called 胡 夢 草 hu man ts'ao. When people happen by mistake to eat the leaves mixed with vegetables, they die in the course of half-a-day. The Yu yang tso tsu [8th cent.] states :- The hu man ts'ao grows in Yung chou and Yung chou [differently written in Chinese. Both in Kuang si, App. 429, 428]. Flowers flat (?), resembling the flowers of the chi tsz' (Gardenia). [See 335] but are slightly larger and of a yellowish white colour. Leaves of a blackish colour. When eaten by mistake they cause death in a few days. Counter-poison: the blood of white goose and duck .-The Ling nan wei sheng fang (Prescriptions for Preserving Life in Southern China) says:—The leaves of the hu man ts'ao resemble tea-leaves. Small yellow flowers. One leaf when introduced into the mouth causes hemorrhagies from all orifices (pores), followed by death. LI SHI-CHEN adds that this plant is also called 斷 腸 草 tuan ch'ang ts'ao (herb which cuts the bowels) and 爛 腸 草 lan ch'ang ts'ao. When it comes in contact with the bowels of man or beast they become black and gangrenous in half-a-day. The leaves are round and glabrous. The younger leaves in spring and summer are especially dangerous, the old leaves in autumn and winter are less injurious. The plant flowers in the 5th or 6th month. The flowers resemble those of the kü liu [see Bot. sin., II, 238] and appear in dense clusters forming a spike. The kind which grows in Ling nan [South China] has yellow flowers, that of Tien nan [Yün nan, App. 338] has red flowers, and is also called 火 把 花 huo pa hua.

Ch., XXIV, 54, 55:—Kou wen. The drawing represents only leaves. It cannot be decided what plant is meant.—Ibid., 55:—Verso sub 演 1 【 Tien (Yün nan) kou wen, a plant is figured which resembles a Polygonatum.

In an interesting article on Chinese drugs published by Ford, Crow, etc., in the China Review [XV, 214], it is proved that the plant kou wen of the Chinese herbal is a poisonous twining plant, Gelsemium elegans, Benth., Order Loganiaceæ, yellow flowers, the root used in medicine. It is known at Hong kong under the name of 胡蔓强 hu man kiang, also 斷陽草 tuan ch'ang ts'ao and 大菜葉藤 ta ch'a ye t'eng.

Cust. Med., p. 152 (197):—Kou wen imported 1885 to Shang hai 68 piculs. It is stated to come from Hankow, but is not mentioned as exported from Hankow.

Phon zo, XXIV, 24:—鉤吻 or 野葛, Rhus toxicodendron, L., var. radicans.—Ibid., 24, 25:—黃精葉鉤吻 [kou wen with Polygonatum leaves]. This drawing seems also to represent a Rhus.

But the So moku [II, 42] figures under the latter Chinese name Croomia japonica, Miq., Order Stemonacea.

SIEB., Icon. ined., VIII:—Same Chinese name [Polygonatum-leaved kou wen], Croomia pauciflora, Torr.

163.— 差終子 t'u sz' tsz'.43 P., XVIIIa, 1. T., CLXIX. Comp. Rh ya, 131, Classics, 450, 451.

Pen king:—T'u sz' tsz' (hare's silk), 莲 蘆 t'u lu. The seeds are officinal. Taste pungent sweet. Nature uniform. Non-poisonous. The whole plant is also used in medicine.

Pie lu:—The t'u sz' tsz' grows in Chao sien [Corea, App. 9] in marshes and fields. It is a twining plant which fastens itself to herbaceous plants and trees (shrubs). The fruit is gathered in the 9th month and dried in the sun. That of a yellow colour, which is slender, is called 赤綱

42 The first character is more generally written ₹ hare.

ch'i kang (red string). The larger (coarser) kind, which is of a light colour, is called 菟 葉 t'u lei. The medical virtues in both are the same.

In the Kuang ya [3rd cent.] this plant is termed 菟丘 t'u k'iu.

T'AO HUNG-KING: — This plant grows abundantly in the fields. It twines about herbaceous plants as the lan [Polygonum. See 123], the ch'u ma [Bæhmeria. See 88] and the hao (Artemisia). Seeds used in medicine.

TA MING [10th cent.]:—The plant looks like yellow floss-silk. It has neither leaves nor stem, twines about herbaceous plants of the fields, and continues growing even when these plants die. It flowers and bears fruit at the same time. The seeds are small like millet.

CHANG YÜ-HI [11th cent.] quotes the Lü shi ch'un tsiu [3rd cent. B.C.], which states that the t'u sz' has no root. The Pao p'o tsz' [13th cent.] states that where the t'u sz' grows the fu t'u [or fu ling, Pachyma cocos. See 350] is found in the ground, but it is not attached to the former.

Su Sung [11th cent.] says that the statement of the Pao p'o tsz' has not been confirmed, and that the t'u sz' has nothing to do with the fu ling. The t'u sz' grows in Mid China. The best is found in Yüan kü [in Shan tung, App. 415]. The plant consists of fine filaments which twine about other plants. Its root soon abandons the ground and attaches itself to the pores of the foster plant. Some say that it has no root at all and lives upon the air.

LI SHI-CHEN:—The t'u sz' is a common plant in neglected places, gardens, and on old roads. Its seeds germinate in the ground, but the plant thus sent up [after having reached the foster plant] becomes detached from the root. It has no leaves. Flowers white or of a delicate red colour and fragrant. The fruit, like a small bean and of a yellow

colour, is produced on the stem of the plant. The plant is common in the forests of Meng chou in the prefecture of of Huai k'ing fu [in Ho nan, App. 220, 94] and is a much-valued medicine. Other names for it are 火 髌 草 huo yen tsao (blaze plant), 野 狐 絲 ye hu sz' (wild fox silk), 全 線 草 kin sien ts'ao (gold thread plant).

Cust. Med., p. 16 (137):— T'u sz' tsz' seeds exported 1885 from New chwang 84 piculs,—p. 36 (181), from Tien tsin 111 piculs,—p. 200 (249), from Ning po 29 piculs,—p. 80 (189), from Han kow 26 piculs.

Ch., XXII, 1:=T'u sz' tsz'. The drawing represents Cuscuta, Dodder.

Tatar., Cat., 61:-T'u sz' tsz'. Semina Cuscutae europeae.

Hanb., Sc. pap., 240:—T'u sz' tsz'. Cuscuta chinensis, Lam.—P. Smith, 87.

Phon zo, XXV, 2:—Cuscuta japonica, Chois., 冤終 or 全線 藤.

For further particulars see Bot. sin., II, 450.

# 164.—五味子 wu wei tsz'. P., XVIIIa, 4. T., CLXX. Comp. also Rh ya, 149, 240.

Pen king:—Wu wei tsz' (five tasted). The fruit is officinal. Taste sour. Nature warm. Non-poisonous.

Pie lu:—Other name: 支及 hūan ki. The wu wei tsz' grows in Ts'i shan [in An hui, App. 350] in mountain-valleys, also in 代 Tai [in N. Shan si, App. 321]. The fruit is gathered in the 8th month and dried in the shade.

T'AO HUNG-KING:—Now the best comes from Kao li [N. Corea, App. 116]. The berry has much flesh (pulp), is sour and sweet. The next in quality is brought from Ts'ing chou [in Shan tung, App. 363] and Ki chou [in Chi li,

App. 119]. This is very sour. Its seeds are kidney-shaped. There is also the drug from Kien ping [in Hu pei, App. 139]. It has but little flesh, and the seeds are different. It is of a bitter taste.

Su Kung [7th cent.] in explaining the name wu wei (five tasted) says:—The skin and the pulp [of the fruit] are sweet and sour, the kernels are pungent and bitter, and the whole drug has a salty taste. The wu wei tsz', which is also called 會及 hui ki, is a plant which climbs on trees. Leaves like apricot-leaves but larger. The fruit is a berry like the lo k'ui [Basella. See 258] or the ying tsz' (wild grape). It is produced in P'u chou [in Shan si, App. 264] and Lan t'ien [in Shen si, App. 175]. It is sent as an annual tribute from Ho chung fu [in Shan si, App. 74].

HAN PAO-SHENG [10th cent.]:—It is a climber. Yellowish white flowers. Fruit purple when ripe and of a sweet taste.

Su Sung [11th cent.]:—It is very common in Ho tung and Shen si [i.e. in North China. See App. 80, 284] and is also found in Hang and Yüe [both in Che kiang, App. 58, 418]. The young plant is of a red colour. It climbs on high trees and is 5 or 6 feet long. The leaves are round and pointed, resembling apricot-leaves. It blossoms in the 3rd or 4th month. Flowers yellowish white, resembling in shape a Nelumbium flower. The fruit ripens in the 7th month. Many of these berries are collected together at the end of a common stalk. They are of a reddish purple colour and are used in medicine, for which purpose they are dried in the sun with the seeds.

LI SHI-CHEN:—There are two sorts of wu wei tsz'—the northern and the southern. The southern is red and the northern black. The plant is also cultivated. The people plant the root or raise it from seed.

Ch., XXII, 5:— Wu wei tsz'. Rude drawing. It seems

that Schizandra chinensis, Baill., is intended, for this plant, very common in the Peking mountains, is known there under the above Chinese name. It produces red berries, each containing two kidney-shaped seeds.

Tatar., Cat., 64:— Wu wei tsz', Baccæ Kadsuræ chinensis, Turcz. [same as Schizandra chinensis].—P. Smith, 126.—

The Kadsura chinensis, Hance, is a different plant, from Southern China. See Benth., Fl. hongk., 8. The genus Kadsura is nearly allied to Schizandra, and in Japan the Chinese name 五味子 is applied to Kadsura japonica and Schizandra chinensis. [Comp. Bot. sin., II, 149.] The berries of both these species are red. Schizandra nigra, Max., from Japan, has black berries.

Cust. Med., p. 16 (138):—Wu wei tsz' exported 1885 from New chwang 806 piculs,—p. 202 (255), from Ningpo 199 piculs,—p. 36 (183), from Tien tsin, 2.3 piculs.—According to the Hank. Med., exported also from Hankow.

165.—蓬 糵 p'eng lei. P., XVIIIa, 7. T., CXLIII. Comp., Classics, 436.

Pen king:—P'eng lei. The fruit is officinal. Taste sour and pungent. Non-poisonous.

Pie lu:—Other names: 覆盆 fu p'en, 陵 l ling lei, 陰 l yin lei. The p'eng lei grows in King shan [in Hu pei, App. 149], in marshes, also in Yüan kü [in Shan tung, App. 415].

T'AO HUNG-KING:—P'eng lei is the name of the root. It is not used in medicine. Fu p'en is the name of the fruit. LI TANG-CHI [3rd cent.] says it is the edible fruit F mei tsz', the juice of which has a pleasant taste, and which contains small kernels. But it seems to T'AO HUNG-KING that the fu p'en then used in medicine was somewhat different.

MA CHI and Su Sung [10th and 11th cent.] say that the name p'eng lei refers to the whole plant, whilst fu p'en is the fruit of it. Su Sung says it is a common plant, abounding in Ts'in [Shen si, App. 358] and Wu [Kiang su, App. 389]. It is only one foot high, and the whole plant is covered with spines. White flowers, reddish yellow fruit, like one half of a small ball with a pedicle below. Children like to eat it. The fruit is gathered in the 5th month, the leaves and the stem at all times of the year. In Kiang nan [Kiang su, An hui, etc., App. 124] it is called 荐 mei. But it is tardy in that soil, for it does not flower before the 8th or 9th month, and the fruit is gathered in the 10th.

TA MING [10th cent.] says mei tsz' is the fruit of the p'eng lei. The fu p'en tsz' [which is a different plant] is also called 村 [ shu (tree) mei [see 166].

Wang Ki [16th cent.] states that in Hui chou [in An hui, App. 97] the p'eng lei is called 寒 l han (cool) mei.

LI Shi-chen:—There are five distinct species of the same genus [Rubus, v. infra.]. One is a climbing plant. The stem is covered with spines which are bent downward. The leaves which spring from the joints are as large as the palm of the hand, resemble mallow-leaves, are white underneath, thick, and covered with hair. It blossoms in the 6th or 7th month. Small white flowers. The fruit is on a pedicle, from 30 to 40 berries together in a cyme, at first greenish yellow, but dark red when ripe and covered with sparse black hair. The berry resembles a mulberry but is flat. The leaves do not fall off in winter. The common name of the fruit is 割 田 蔵 ko t'ien pao.44 This is the p'eng lei of the Pen king.

Another species, likewise a climber and smaller than the p'eng lei, has hooked spines. Small five foliolate leaves. They
"LI SHI-CHEN pronounces pao, but W.D. [682] piao.

are not white underneath, but glabrous, thin and without hairs. It blossoms in the 4th or 5th month. White flowers. The berries are smaller than those of the p'eng lei, less numerous, at first greenish yellow, and when ripe they are of a dark red colour. The leaves are deciduous. The popular name of this is 插田底 ch'a t'ien pao. This is the fu p'en tsz' of the books [see 166] and the kui or kve p'en of the Rh ya [133]. This, as well as the p'eng lei, is officinal.

There is one species, also climbing, smaller than the p'eng lei. It has trifoliolate leaves which are white underneath and covered with sparse hair. Small white flowers. Red fruit like a cherry, appearing in the 4th month. This is commonly called 蔣田 萬 nou t'ien pao. It is the pao of the Rh ya [190]. This is not officinal.

One kind is like a tree, from 4 to 5 feet high. Leaves like cherry-leaves but narrower and longer. It blossoms in the 4th month. Small, white flowers. The fruit resembles that of the fu p'en tsz' and is of a plain red colour. This is the shan mei of the Rh ya [127] and the 緊動子 hüan kou tsz' described by Ch'en Ts'Ang-ki [8th cent]. The P. [XVIIIa, 11] devotes a special article to this plant. The name means "hook hanging upside down," and refers to the recurved spines. It is also called 沿场子 yen kou tsz', 木 1 mu mei, 村 1 shu (tree) mei.

One kind creeps on the ground. It is a small plant with yellow flowers and fruit of a bright red colour resembling those of the fu p'en. Not edible. This is the she mei [Fragaria indica. See 167].

For the botanical identification of the names p'eng lei, fu p'en tsz' and hüan kou tsz', in China and Japan, see Bot. sin., II, 436, 133 and 127. Comp. also P. SMITH, 188.—HENRY, Chin. pl., 344-349.

According to PARKER [in litteris] 藤央藤 hao ying pao

in Sz ch'uan is Rubus trifidus, Thbg.—Henry, 345, has 栽秧 | 1 ts'ai yang pao tsz', Rubus parvifolius, L. He means that this is the nou t'ien pao of the Pen ts'ao. He identifies [346] the ch'a t'ien pao of the Pen ts'ao with Rubus coreanus, Miq., Ibidem, 349:—Tung (winter) pao tsz'. R. Lambertianus, Ser., and R. ichangensis, Hemsl., are known by this name. These species have white flowers early in autumn and bear fruit at the beginning of winter.

Phon zo, XXV, 10:一耨 田 薦, Rubus parvifolius, L.— Ibid., 11:—Same Chinese name, R. phænicolasius, Maxim.

Sieb., Æcon., 340:—Same Chinese name, Rubus trifidus, Thbg. E. China.

Amæn. exot., 787:— # foo, it. moo, vulgo itzingo. Rubus vulgaris fructu nigro. According to The [Fl. jap., 216] this is Rubus cæsius, L. [=R. triflorus, Rich.].

Sieb., Œcon., 342:—Rubus moluccanus, Thbg. [= R. Buergeri, Miq.]. Japonice: fuju itsigo. Sinice 寒 莓.

166.—覆盆子 fu p'en tsz'. P., XVIIIa, 9. T., CXIV. Comp. Rh ya, 133.

The *Pie lu*, as we have seen, gives *fu p'en tsz'* as a synonym of *p'eng lei* [see 165]. But subsequent writers agree in keeping it apart.

LI TANG-CHI [3rd cent.] in explaining the name says that fu p'en means a turned-over bowl, and refers to the shape of the fruit [Rubus].

CHEN KUAN [6th cent.] gives as synonyms 馬 瘻 ma lou and 陸 荆 lu king.

Ch'EN Ts'ANG-K'I [8th cent.] identifies the fu p'en tsz' [arbitrarily] with the 蘇蜜那 su mi na of Sanscrit books [soma].

The T'u king Pen ts'ao [11th cent.] gives as synonyms 西果草 si kuo ts'ao and 畢楞伽 pi leng kia [apparently a foreign name].

K'ou Tsung-shi [12th cent.]:—It is a common plant, especially in Ts'in chou [in Kan su, App. 358], in Yung chou [in Hu nan, App. 425] and in Hing chou and Hua chou [both in Shen si, App. 66, 85]. The plant has long branches (rods). The fruit ripens in the 4th or 5th month and is of a red colour. The mountain people then gather it and offer it for sale. It has a pleasant sourish sweet taste. The fruit is dried in the sun or boiled into jam.

LI SHI-CHEN [see above sub 165]:—Other names 烏鷹子 wu (black) pao tsz', 大麥苺 ta mai mei, 栽秧 | ts'ai yang pao. It is also called 播田 | ch'a t'ien pao, because it blossoms in the 4th or 5th month [when rice is transplanted. Ch'a=to transplant, t'ien=field], whilst the p'eng lei [see 165] is called 割田 | ko t'ien pao, because it blossoms in the 6th or 7th month [when corn is reaped. Ko=to cut].

The fu p'en tsz' is a raspberry, Rubus. For further particulars see Bot. sin., II, 133.

In Tatar., Cat. [24], fu p'en tsz' is erroneously identified with Fructus Humuli Lupuli, and [ibid., 24] fou p'ing tsz', which is a common name for Lemna [see below, 198], is identified with Fructus Rubi parvifolii.—P. SMITH, 115, 188.—

Cust. Med., p. 198 (203):—Fu p'en exported 1885 from Ning po 100 piculs,—p. 292 (284), from Amoy, 0.66.—According to Hank. Med., [p. 13] exported also from Hankow.—

# 167.—蛇 苺 she mei. P., XVIIIa, 12. T., CLXVII.

Pie lu:—She mei (snake berry). Taste of the juice of the berries sweet and sour. Nature very cold. Poisonous.

T'AO HUNG-KING:—The she mei is common in neglected gardens. The fruit is red, resembling the mei [raspberry. See 166] but is not good to eat, also not used in medicine.

HAN PAO-SHENG [10th cent.]:—It grows in damp places, has trifoliolate leaves, yellow flowers, and a red fruit resembling the fu p'en tsz' [Rubus. See 166]. The root is similar to that of the pai tsiang [Patrinia. See 108]. The fruit is gathered in the 4th and 5th, the root in the 2nd and 8th months.

K'ou Tsung-shi [12th cent.]:—It is a common plant in fields and by roadsides. It spreads along the ground. The leaves resemble those of the fu p'en tsz' but are smaller, glabrous and slightly wrinkled. Yellow flowers larger than those of the tsi li [Tribulus. See 128]. At the end of spring and in summer it produces red fruit resembling [in colour] the li chi (Nephelium litchi).

Wu Shui [Mongol period]:—It (the fruit) ripens and becomes red at the same time as the silkworm (ts'an) is full grown. That with a hollow centre is called 蠶 1 ts'an mei, and that with a solid centre is 乾殘 1 she ts'an mei (berry destroyed by snakes).

WANG KI [16th cent.]:—It spreads along the ground, and is therefore called #1 1 ti (ground) mei.

LI SHI-CHEN:—It is a slender plant which creeps on the ground and sends out roots from every joint (runner). Trifoliolate leaves. Leaflets serrated. It blossoms in the 4th or 5th month. Small yellow flowers with five petals. The fruit is of a bright red colour, resembling the fu p'en tsz', but the insertion of the fruit-stalk is different. The root is fibrous. The juice of the fruit and the leaves together with the root are used in medicine.

Ch., XXII, 59:—She mei. The drawing represents a Fragaria, probably Fr. indica, L., for the text says that the flowers are yellow. The description in the P. agrees well.

P. Smith, 99:—She mei. Fragaria vesca.—According to Parker, she pao in Sz ch'uan is Fragaria indica.

Henry, Chin. pl., 350:—She pao tsz'. Fragaria indica. A strawberry, with yellow flowers and beautiful red fruit, which has not the slightest flavour and is believed by the Chinese to be poisonous.

Cust. Med., p. 360 (272):—She pao li exported 1885 from Canton 1.06 picul.

So moku, IX, 31:一蛇 苗, Fragaria indica, and [28], same Chinese name, Fragaria chilensis, Ehrh.

Phon zo, XXV, 19-20:—Same Chinese name, Fragaria indica and other species.

## 168.一牽牛子 k'ien niu tsz'. P., XVIIIa, 21. T., CLXX.

Pie lu:—K'ien niu tsz'. The seeds are officinal. Taste bitter. Nature cold. Poisonous.

T'AO HUNG-KING:—The k'ien niu is a climbing plant. The flowers resemble those of the pien tou [Lablab vulgaris] and are of a yellow colour. The seeds are produced in a small capsule. They are black, resembling those of the k'iu tsz' (Cratagus).

The P'ao chi lun [5th cent.] calls this plant 草全鈴 ts'ao (herbaceous) kin ling (golden bell, a name applied to the fruit of Melia).

Su Kung [7th cent.]—The flowers of this plant resemble those of the suan hua [Calystegia or Convolvulus. See 169], are of a blue colour, not yellow and also not like the pien tou [as T'AO HUNG-KING asserts].

Su Sung [11th cent.]:—It is a common cultivated plant raised from seed which climbs on fences and walls. It grows from 20 to 30 feet long. Trilobed leaves. It blossoms in the 7th month. The flowers are reddish blue, resembling the

ku tsz' flowers [Convolvulus. See 169] but are larger. The fruit (capsule) is produced in the 8th month. It has an exterior white skin which encloses several small balls (cells) each containing from 4 to 5 seeds as large as buck-wheat and three-edged. There are two kinds, the black (seeded) and the white.

LI SHI-CHEN: - There are two sorts of kien niu, the black and the white. The first is a common wild plant. It is covered with white hair [tomentose]. The stem when broken discharges a white juice. Leaves trilobed like those of the feng tree [Liquidambar. Bot. sin., II, 261]. The corolla is monopetalous and resembles that of the süan hua but is larger. The covering of the fruit (capsule) is at first green but when dried it becomes white. The kernels (seeds) are like those of the t'ang k'iu tsz' [Cratagus] but of a deep black colour. The other kind, the white sort, is much cultivated. Its stem is slightly red, not covered with hair, and has weak spines. When broken it discharges a thick juice. The leaves are oblique, round and pointed, and resemble the leaves of the shan yao [Dioscorea. See 262]. The flowers of this species are smaller than those of the black kind, and are of a pale blue colour, tinged with red. The fruit (capsule) has a peduncle more than an inch long. It (the peduncle) is at first green, but when dried becomes white. The kernels (seeds) are white and coarse. The people gather the unripe fruit and roast it with honey to prepare a sweet meat. They call it 天 茄 t'ien k'ie, because its fruit-stalk is like that of the kie or brinjal. The black and the white k'ien niu are also called 黑 升 hei ch'ou and 自刊 pai ch'ou (black and white ch'ou. I suspect, by the second character ( IT niu) a button was originally intended, for the capsule of the plant resembles a Chinese button). Other names 盆 甑 草 p'an tseng ts'ao [from the Yu yang tsa tsu, 10th cent.], 狗耳草 kou rh ts'ao (dog's ear).

Ch., XXII, 61:—K'ien niu tsz'. Good drawing. Ipomæa [Pharbitis] Nil, Roth.

Lour., Fl. cochin., 133:—Convolvulus tomentosus, L. [Pharbitis tomentosa, Chois.]. Sinice khien nieu. Seminibus nigris. The seeds officinal.

TATAR., Cat., 1, 7:—Pai (white) ch'ou and hei (black) ch'ou. Semina Pharbitidis Nil.—P. SMITH, 170.

At Peking pai ch'ou are the white seeds of Ipomæa [Pharbitis] Nil, cordiform, not lobed, tomentose leaves, frequently cultivated,—and hei ch'ou, the black seeds of the wild-growing Ipomæa hederacea, L. [I. triloba, Thbg., Pharbitis triloba, Miq.], with trilobed leaves. Both species have beautiful blue flowers. Comp. Maximowicz, Diagn. pl. asiat., fasc. VI (1886), p. 482:—Ipomæa Nil, seminibus albis pedunculis crassis, elongatis;—I. hederacea [triloba] seminibus nigris pedunculis brevibus, tenuibus.

Henry, Chin. pl., 60:—K'ien niu. Pharbitis hederacea. Occurs at Ichang as a weed in gardens.

Cust. Med., p. 128 (123) and 130 (140):—Exported from Chin kiang in 1885: hei ch'ou, 60 piculs, pai ch'ou, 11 piculs.—Both sorts also exported from Hankow [Hank. Med., 12].

Aman. exot., 856:— 幸 牛 kingo, vulgo asagawo, i.e. mane aperiens. Convolvulus vulgaris, flore majore albo matutino.—Theo. [Fl. jap., 86] identifies this with Ipomaa triloba.

So moku, IV, 18:—Same Chinese name. Pharbitis triloba, Miq.

169.—旋花 sũan hua. P., XVIIIa, 27. T., CXXI. Comp. Rh ya, 51. Classics, 442.

Pen king:—Süan hua [this name has the same meaning as Convolvulus], 筋根 kin ken (tendon root). The flowers and the root are officinal. Taste of the flowers sweet, and of the root pungent. Nature warm. Non-poisonous.

Pie lu:—Other name 美草 mei ts'ao (beautiful plant). The sūan hua grows in Yū chou [An hui, App. 413] in marshes. Gathered in the 5th month and dried in the shade. The flowers are called 全沸 kin fu. The root heals broken tendons (whence the above name).

Su Kung [7th cent.]:—The sūan hua is more properly called 旋 蒿 sūan fu. Its root resembles a tendon, whence the name kin ken [v. supra]. The Pie lu confounds this plant with another of a homophonous name, viz. the 旋 覆 sūan fu [Inula. See 81], the flowers of which are officinal, and the kin fu belongs to the latter.

Han Pao-sheng [10th cent.]:—The sūan fu hua grows in marshes. It is a twining plant. Its leaves resemble those of the shu yū [Dioscorea. See 262] but are narrower and longer. It has red flowers. The root has neither hairs (radical fibres) nor joints. It is eaten when steamed or cooked, and has a pleasant sweet taste. It is also known under the name of kin ken (tendon root) and is gathered [for medical use] in the 2nd and 8th months and dried in the sun.

Su Sung [11th cent.]:—Owing to the property of the root to heal broken tendons, the southern people call it 續筋根 su kin ken. Another name, which refers to its shape, is 莼陽草 tun ch'ang ts'ao (sucking-pig's bowels).

K'ou Tsung-shi [12th cent.]:—It is a common plant in Ho pei [S. Chi li, App. 78], Pien si [in Ho nan, App. 249] and in Kuan and Shen [Shan si and Shen si, App. 158, 284], where it grows in fields. It blossoms in the 4th or 5th month. A small cutting of the root, when placed in the ground and properly watered, will produce a young plant

after ten days. A popular name for this plant is 鼓子花 ku tsz' hua (drum flower; but, as Li Shi-chen explains, ku tsz' means also a war trumpet).

LI Shi-chen:—The süan hua is a twining plant which grows in fields, on walls, etc. Leaves like those of the po ts'ai [Spinage] but smaller. It blossoms until autumn. The flowers are of a pale red colour, resembling in shape those of the white k'ien niu [Pharbitis. See 168]; sometimes they are double. The root is white and resembles a tendon. It does not produce seeds (不結子,—but the last character sometimes also means tubers). Another name for this plant is 天 痴 草 t'ien kien ts'ao (heavenly sword plant). There is also one kind with double flowers, which is called 經 枝 牡丹 ch'en chi mou tan.

Ch., XXII, 13:—Süan hua. Figures of two different convolvulaceous plants. One of them is probably Calystegia sepium, R. Br. The same plant seems also to be represented in the Kiu huang [LI, 10] sub 當子根 fu tsz' ken, also called 燕 1 yen fu, 打碗花ta wan hua, and 兎兒苗 t'u rh miao (hare leaf).—According to Henry [Chin. pl., 479] the last name is used in Hu pei for Calystegia sepium.—Ta wan hua at Peking is the common name for Convolvulus arvensis, L., var. sagittatus. The name yen fu is also used for it.

Tatar., Cat., 48:—Suan hua. Calystegia sepium?—P. Smith, 47.

Amæn. exot., 856:— 数子 kos et kudsi, vulgo firagawo, i.e. meridie aperiens. Convolvulus vulgaris flore majori albo meridiano. In hortulis ob ornatum colitur.— According to Franchet & Sav., firagawo is the Japanese name for Calystegia japonica, Miq.

So moku, IV, 22: 一誌 花 Calystegia japonica, Miq. -

Phon zo, XXVI, 15:—Same Chinese name and same identification.—Ibid., 16:—纏枝牡丹 Convolvulacea? not determined by Franchet.

170.—紫葳 tsz' wei. P., XVIIIa, 29. T., CVI.

Rh ya, 164, 165 .- Classics, 448.

Pen king:—Tsz' wei, 陵 苕 ling t'iao, 菱 華 po hua. The flowers and the root are officinal. Taste sour. Nature slightly cold. Non-poisonous.

Pie lu:—The tsz' wei grows in Si hai [in Shan tung, App. 298] in river-valleys, also in Shan yang [in Shan tung, App. 270].

Wu P'u [3rd cent] gives the synonyms 武威 wu wei, 瞿陵 k'ü ling and 鬼目 kui mu.

T'AO HUNG-KING takes the tsz' wei erroneously to be the root of the 瞿 麥 k'ü mai [Dianthus. See 112], and is refuted by subsequent writers.

CHEN KUAN [7th cent.] gives the synonym 女 1 nū wei. Su Kung [7th cent.] calls it 凌霄花 ling siao hua.

Su Sung [11th cent.]:—It is a common plant in the mountains and also much cultivated in gardens. It climbs on high trees up to the summit. It blossoms in the summer. Yellowish red (orange-coloured) flowers. They are much collected for medical use, especially in diseases of women.

LI Shi-chen:—The ling siao grows wild. It first creeps, but having reached a tree it climbs up it. It has a very long stem. Several leaves (leaflets) are on the same [common] stalk (pinnate leaves). The leaves are of a dark green colour and serrated. It blossoms from the beginning of summer till autumn. Racemes composed of numerous large flowers like those of the kien niu [Pharbitis. See 168]. The corolla is five-cleft, orange-coloured, with small spots. In autumn the colour becomes darker. The fruit, which appears in the 8th month, is a pod 3 inches and more long. The seeds are light, thin, and resemble those of the elm or the ma tou ling [Aristolochia. See 54]. The root is long and resembles that

of the ma tou ling. Flowers and root officinal. LI SHI-CHEN says that the name tsz' wei means "beautiful red" [but tsz' is purple, and the plant has orange-coloured flowers]. Ling siao means "to strive skyward." This name is given to this liana on account of its climbing to the summit of high trees.

Ch., XXII, 25:—Tsz' wei. Tecoma (Bignonia) grandiflora, Delaun. Good drawing.

This beautiful climber is frequently cultivated at Peking under the name of *ling siao hua*. The flowers are gathered for medical use. The description in the P. agrees well.

Lour., 458:—Campsis adrepens [same as Tecoma grandi-flora]. Sinice, lien sieu (ling siao).

TATAR., Cat., 36, 61:—Ling siao, tsz' wei hua, Bignonia.
—P. Smith, 38.

Parker, Canton pl., 261:--Tecoma grandiflora, ling siao hua.

Cust. Med., p. 154 (234):—Ling siao hua, exported 1885 from Shang hai, 0.15 picul,—p. 364 (310) from Canton 0.12 picul.

For Chinese names applied to this plant in Japan, see Bot. sin., II, 164, 165.

# 171.—營寶 ying shi. P., XVIIIa, 31. T., CXVIII. Comp. Rh ya, 295.

Pen king:—Ying shi, name of the fruit, 墻 藤 ts'iang mi (wall rose, name of the whole plant), 牛 棘 niu ki (ox thorn). The fruit and the root are officinal. Taste of the fruit sour. Nature warm. Non-poisonous. The root is bitter, harsh and cold.

Pie lu:—Other names: 薔薇 ts iang wei, 山 棘 shan ki (mountain thorn), and 牛勒 niu le. The ying shi grows in

Ling ling [in Hu nan, App. 196], in river-valleys, also in Shu (Sz ch'uan). It is gathered in the 8th and 9th months and dried in the shade.

T'AO HUNG-KING:—Ying shi is the name for the fruit of the ts'iang wei plant. The best sort is that with white flowers. By boiling the stem and the leaves a beverage (decoction) can be made. The root is used for the preparation of a wine.

HAN PAO-SHENG [10th cent.]:—It is a twining plant. The stem is covered with spines. The flower has 6, 8 or also numerous petals. It is red or white. The fruit resembles that of the tu t'ang [Pyrus. See Bot. sin., II, 482].

LI SHI-CHEN: - The ts'iang wei, which is also called 刺花 ts'z' hua (spiny flower), grows wild in the forests and on the borders of ditches. In spring children eat the young shoots after having stripped off the skin with the spines. It is a twining plant. The stem becomes hard (ligneous) and is covered with numerous spines. The leaves (leaflets) are small, pointed, thin and serrated. It blossoms in the 4th or 5th month. The flower has four petals. Its heart (anthers) is yellow. The flowers are white or pale red. The fruit when ripe is of a red colour. The kernels (seeds) are covered with white hair like those of the kin ying tsz' (Rosa). It is gathered in the 8th month. The root can be taken up at any season of the year. This plant is also cultivated in gardens. Then the stem becomes coarser, and the leaves and flowers also become larger. There are white, yellow, red and purple flowered varieties. One kind, with large flowers, is called 佛見笑 Fo kien siao (Buddha sees it and smiles); another, with small flowers and very fragrant, is 木香 mu hiang. The people in the south prepare a fragrant water from the petals of the ts'iang wei flowers.

Ch., XXII, 16:—Ying shi or ts'iang mi. The figure represents a Rose, as also the drawing sub ts'iang mi in the

Kiu huang [XLIX, 24].—Ch., XXIX, 24:—Pai ts'iang wei, a white Rose from Yünnan.—Ibid., XXI, 43:—Fo kien siao, a large double-flowered Rose, and 47:—Mu hiang. Seems to represent Rosa Banksia, which is cultivated at Peking under the name of mu hiang.

Lour., Fl. cochin., 396:—Rosa indica, L. Sinice tsiam hoa.—

#### Р. Ѕмітн, 187.

Amæn. exot., 862:— 薔薇 foo sen, it. kin fo qua, vulgo ibara, it. igi, i.e. spina, igino fanna, i.e. flos spinæ, vel mutuato a Lusitanis vocabulo: Rosa. Rosa frutex spinosus nostras.— The [Fl. jap., 214] means that this is Rosa canina, L.

Phon zo, XXVII, 2:—營寶 Rose, not determined by Franchet.—Ibid., 2:—薔薇 Rosa multiflora, Thbg., and 3-6 [under the same Chinese name] several varieties of the same.—Ibid., 7:—黃薔薇, a yellow Rose.—Ibid., 8:—木香 Rosa Banksiæ.

# 172.—括 樓 kua lou. P., XVIIIa, 34. T., CLI.

Comp. Rh ya, 23, Classics, 385.

Pen king:—Kua lou, 地 樓 ti lou. The fruit and the root are officinal. Taste of the fruit bitter. Nature cold. Non-poisonous.

Pie lu:—Other names: 天瓜 t'ien kua (heavenly gourd), 黃瓜 huang (yellow) kua, and 澤姑 tse ku. The kua lou grows in Hung nung [in Ho nan, App. 99] in river-valleys and shaded places in the mountains. The best sort is that with a root penetrating deep into the ground. That which grows in a saliferous soil is poisonous. The root is gathered in the 2nd and 8th months and dried in the sun during 30 days.

T'AO HUNG-KING:—It is a climbing plant of Mid China. It resembles the t'u kua [see the next], but its leaves are

lobed. The root penetrates from 6 to 7 feet into the ground, grows very large, and is used for food. The fruit is employed in the preparation of ointments.

The P'ao chi lun [5th cent.] states that the round sort [apparently the root is referred to] is called 括 kua, the long one is 棲 lou. They are also distinguished as female and male [root].

Su Kung [7th cent.]:—That which is produced in Shen chou [in Ho nan, App. 283] and has a white fruit is considered the best.

The root penetrates perpendicularly into the ground, and after some years it is several feet long. When dug up after autumn, when the plant bears fruit, the root contains a white flour like snow. This is called 天花粉 tien hua fen (heavenly flower starch), also 瑞慧 shui süe. In the summer no starch is found in the root, it then shows only tendons (coarse fibres). The fruit is globular or oblong, resembles a gourd or a persimmon, and is of a yellow colour. In the mountains children eat it. It contains flat seeds as large as the seeds of the sz' kua (Luffa). The outer skin of these seeds is of a grayish colour; the kernel is green and contains much oil, which is expressed and can be used as lamp-oil.

Ch., XXII, 27:—Kua lou. Two figures. Both seem to represent Trichosanthes. See also Kiu huang, LIII, 18.—Ch., XX, 59:—Tien hua fen. Rude drawing of a plant said to grow in Ming chou [in Che kiang, App. 224]. It is bitter and poisonous, and not the same as the kuo lou.

Lour., Fl. cochin., 629:—Solena heterophylla [Bryonia, see D.C. Prodr., III, 306]. Sinice: khu leu, tien hoa fuen. Bacca coccinea, seminibus nigricantibus. Radix tuberosa, fasciculata, tuberibus farinaceis, albicantibus, edulibus.

Tatar., Cat., 27:—Kua lou, Fructus globosus Trichosanthes palmata, and [p. 56] tien hua fen, Radix Trichosanthes palmata, and [p. 9] hua fen, Radix Bryonia.—P. Smith, 43, 221.

Kua lou at Peking is the common name for Trichosanthes Kirilowii, Maxim. [See Bot. sin., II, 385.] But the drug tien hua fen obtained from a Chinese apothecary's shop there had cylindrical roots, four inches long, one inch in diameter, and contained a white flour; it did not seem to be the root of the above plant.

Henry, Chin. pl, 193:—Hua k'u kua, t'ien hua fen, kua lou t'eng in Hu pei names for Trichosanthes multiloba, Miq., and T. Kirilowii.

Cust. Med., p. 72 (96):—Hankow exported 1885 kua lou p'i (skin of the fruit) 220 piculs,—p. 76 (157), kua lou jen (seeds) 65 piculs,—p. 66 (24), t'ien hua fen 54 piculs.

Ibid., p. 126 (77):—Chin kiang exported kua lou p'i, 71 piculs,—p. 130 (132), kua lou jen, 38 piculs,—p. 124 (59), t'ien hua fen, 21 piculs.

Ibid., p. 368 (378):—Canton kua lou 23 piculs,—p. 368 (377), kua lou jen 40 piculs.

So moku, XX, 35:—括樓 Trichosanthes japonica, Regel. Sieb., Œcon. 235:— Trichosanthes cucumerina, Miq. Japon.: tenk ha fun. Sinice: 天花粉, Adhibetur radix ab

agricolis in exanthematibus. In a MS. note [St. Petersburg] Siebold says that the root of this plant sometimes weighs several pounds, and that starch is extracted from it.

173.— 主 瓜 wang kua. P., XVIIIa, 40. T., XLV. Comp. Rh ya, 34, 152,—Classics, 386.

Pen king:—Wang kua (royal gourd), 土瓜 t'u kua. Root and fruit officinal. Taste of the root bitter. Nature cold. Non-poisonous. The fruit is sour and bitter.

Pie lu:—It grows in the country of Lu [Shan tung, App. 202] in marshes and fields, near dwellings and on walls. The root is dug up in the 3rd month and dried in the shade.

T'AO HUNG-KING:—The t'u kua grows on fences and walls. The fruit when ripe represents a red ball.

Su Kung [7th cent.]:—It is a climbing plant. The leaves resemble those of the kua lon [Trichosanthes. See 172] but are not lobed. They are hispid. It blossoms in the 5th month. Yellow flowers. The fruit is produced beneath the flower. It is of a red colour when ripe and of a globular shape. The root resembles that of the ko [Pachyrhizus. See 174] but is smaller and contains much starch. It is called t'u kua root. In that sort which grows in the north the root has tubers (子) as large as a jujube with a yellow skin and white flesh. The leaves and the fruit are similar [to the southern plant] but the root is different. For medical use the southern drug is preferable.

Su Sung [11th cent.] states that in Kün and in Fang [both in Hu pei, App. 172, 35] the plant is called 老鴉瓜 lao ya kua (crow melon), for crows are fond of the fruit. Another name is 菟瓜 t'u kua.

K'ou Tsung-shi [12th cent.]:—The fruit of the wang kua is one inch thick and two inches long, the upper end is round the lower end pointed. It ripens in the 7th and 8th months,

and is then of a scarlet colour. The seeds within resemble the head of a Mantis. Its common name is 赤 怎 ch'i pao (red hailstone). The root is called 土 瓜 根 t'u kua ken. It is fibrous, and produces from three to five pale yellow tubers of the size of a finger. The seeds as well as the fruit are used in medicine.

LI Shi-Chen:—The wang kua is a climbing plant. It is hispid. The young plant is eaten. The leaves are roundish and resemble a horse's hoof in shape, but are pointed, green on the upper side, and paler and rough underneath. It blossoms in the 6th or 7th month. Small yellow flowers with a 5-cleft corolla, in racemes. The ripe fruit is red or yellow with a rough skin. The root does not resemble the ko root [as Su Kung asserts] but is rather like a small kua lou root. The flour contained in the root is very white and fat. To obtain the real root it must be dug up to the depth of from 2 to 3 feet. The people of Kiang si cultivate it in a rich soil, and use the root for food, as they use the shan yao (Dioscorea).—Other names of the plant: 馬鹿瓜 ma pao kua, 野甜 瓜 ye t'ien kua, 師 姑 掌 shi ku ts'ao, 公公 紫 kung kung sü.

Ch., XXII, 30:—Wang kua or ch'i pao. Thladiantha dubia, Bge. [order Cucurbitaceae].—See also Kiu huang, LII, 15, ma pao rh.

TATAR., Cat., 15:—Ch'i pao. Fructus Thladianthæ dubiæ.—This plant is much cultivated at Peking under the name of ch'i pao rh. The description in the P. agrees in a general way.

In Japan, where no species of *Thladiantha* is met with, the Chinese name **X** III is applied to *Trichosanthes cucumeroides*, Ser. See *So moku*, XX, 34.

174.—葛 ko. P., XVIIIa, 42. T., CXI.

Cemp. Classics, 390.

Pen king: 一葛根 ko ken, name of the root, 葛榖 ko ku,

name of the fruit, 選達 ki ts'i. The root, fruit (seeds) and the flowers are officinal. Taste of the root sweet and pungent. Nature uniform. Non-poisonous. Taste of the seeds sweet. Non-poisonous.

Pie lu:—Other names 庭 藿 lu huo, 45 黃 斤 huang kin. The ko ken grows in Wen shan [in Sz ch'uan, App. 388] in mountain-valleys. The root is dug up in the 5th month and dried in the sun.

T'AO HUNG-KING:—Now the people use the ko ken root for food, and eat it steamed. It is a large root which penetrates deep into the earth. It is broken to pieces and dried in the sun. The best comes from Nan k'ang and Lü ling [both in Kiang si, App. 229, 208]. It has much flesh and but few fibres, is of a sweet pleasant taste, but as a medicine it is unimportant.

Su Kung [7th cent.]:—The ko root penetrates into the ground from 5 to 6 inches. The upper part is called 葛 短 ko tou (neck of the ko). It has emetic power and is somewhat poisonous.

For further particulars regarding the ko, which is the Pachyrhizus Thunbergianus, S & Z. (Pueraria Thunbergianus, Benth.), a plant much cultivated in China and Japan for its textile fibres and for its edible root [see Bot. sin., II, 390] I defer a more detailed account of this plant to another part of my Botanicon sinicum.

TATAR., Cat., 26:—葛根 ko ken. Lignum griseum, and 葛條花 ko t'iao hua, Flores Pachyrhizi trilobi.—Ko t'iao at Peking is a common name for the wild-growing creeper Pachyrhizus Thunbergianus.—P. SMITH, 88, sub Dolichos trilobus.

Henry, Chin. pl., 176:—葛藤 ko t'eng, Pueraria Thunbergiana. The root is made into kɔ fen, an arrowroot-like preparation.

<sup>45</sup> This name is properly applied to another plant. See 260,

Cust. Med., No. 601: -Ko ken, Pachyrhizus angulatus, Rich.

Cust. Med., p. 342 (58):—Kan ko (dried ko root) exported 1885 from Canton 215 piculs,—p. 276 (53), from Amoy 3.34 piculs,—p. 142 (51), from Shanghai [ko ken] 1.71 picul.—Hank. Med., 13:—Fen ko (ko starch) exported from Hankow.

Cust. Med., p. 344 (65):—From Canton exported 哀頭 ko t'ou (head) 64 piculs.—Ibid., p. 362 (304):—Ko hua (flowers) from Canton 5 piculs,—p. 196 (182):—From Ning po 4.30 piculs,—p. 290 (241):—From Amoy 0.10.—

# 175.—黄環 huang huan. P., XVIIIa, 46. T., CLIV.

Pen king:—Huang huan (yellow ring or circle), 大就ta tsiu, 凌泉 ling ts'üan. The root is officinal. Taste bitter. Nature uniform. Poisonous.

Pie lu:—The huang huan grows in Shu [Sz ch'uan] in mountain-valleys. The root is dug up in the 3rd month and dried in the shade. The fruit (seed) of the huang huan is called 狼 以子 lang po tsz' (wolf step. Li Shi-chen explains that the pod resembles a wolf's foot). It is of a bitter taste and slightly poisonous.

Wu P'u [3rd cent.]:—The huang huan of Shu is also called 生 獨 sheng ch'u and 根 韭 ken kiu. The plant begins to grow in the 2nd month and then is of a red colour. It attains a height of 2 feet. The leaves are round and large. The King [Pen king] states that the leaves contain a yellowish white juice. In the 5th month the plant produces round fruits. The root is dug up in the 3rd month. It has veins like the radiating spoke of a wheel [probably seen on a transverse section].

The Hung-King:—It resembles the fang ki [Cocculus? See 183]. It (the root) shows veins like a radiating spoke of a wheel, is seldom used in medicine and little known.—The lang po tsz' is produced in Kiao and Kuang [Kuang tung and Kuang si, App. 112, 160]. The seeds are flat. They are bruised and thrown into the water to kill fish.

SU KUNG [7th cent]:-The huang huan abounds in Siang yang [in Hu pei, App. 306]. The people of Pa si [N. Sz ch'uan, App. 236] call it 就 葛 tsiu ko. It is cultivated in gardens. It is a climber. Large specimens (the stem) measure from 6 to 7 inches in diameter. The root resembles the ko root [see 174], but when eaten it provokes violent vomiting. Rice-water is used to stop it. This is the true huang huan. Now that produced in Kien nan [Sz ch'uan, App. 136], which is kept in store in the Sacrificial Court, 46 and known also under the name of 鷄屎 1 1 ki shi ko ken, is not the true huang huan. The latter has purple flowers. Its fruit, which is called lang po tsz', is a pod like that of the tsao kia [Gleditschia. See 325]. Now a drug from Kiao and Kuang [v. supra] is also received in the Sacrificial Court. This is the true fruit of the huang huan. Another name for the huang huan is 度 穀 tu ku.

LI SHI-CHEN says that WU P'U's account of the huang huan is correct, but he does not understand what plant SU Kung means.

Ch., XXII, 40:—Huang huan. The figure seems to be intended for a leguminous plant.

Phon zo, XXVII, 17, 18:— 畫 環. 狼 以 子. The figure represents a leguminous plant. Not identified by Franchet.

176.—天 門 冬 t'ien men tung. P., XVIIIa, 47. T., CLXXIII.

Comp. Rh ya, 92, 108, and above, 104.

Pen king:—T'ien men tung, 頭 靭 tien le. The root (tubers) is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—The t'ien men tung grows in Feng kao [in Shan tung, App. 41] in mountain-valleys. The root is gathered in the 2nd, 3rd, 7th and 8th months, and dried in the sun.

Su Kung [7th cent.]:—There are two sorts of tien men tung. One is prickly and rough, the other has no prickles and is smooth (glabrous). The plant has many names. *Huan tsiao* is the name for the root when cleaned [for the use of the textile fibres].

Su Sung [11th cent.]:—It is a common creeping plant more than 10 feet high (long). The stem is as thick as a hairpin. The leaves resemble those of the hui hiang [Faniculum], are linear and glabrous. Sometimes the plant is provided with prickles, or it has no prickles but is rough. It blossoms in the summer. Small white flowers, in some varieties they are yellow or purple coloured. In the autumn it produces black

fruits. After summer, when the plant has ceased flowering, it produces tubers which are attached to the fibrous root. These tubers are white or yellow or of a purplish colour, of the size of a finger, oblong, 2 or 3 inches long and from 10 to 20 in number. They somewhat resemble the tubers of the po pu [see 177]. That kind of tien men tung which is produced in Lo [Lo yang, in Ho nan] has large leaves, a coarse root, and is different. Another kind in Ling nan [S. China, App. 197] does not produce flowers.

CHANG YÜ-HI [11th cent.]:—The tien men tung is the tsiang mei or men tung of the Rh ya [108]. Pao P'o-Tsz' [3rd or 4th cent.] calls it tien ki [v. supra] also 地門冬 ti men tung, 筵門冬 yen men tung. He states also that on each of the five sacred mountains [wu Yo. See Bot. sin., I, p. 223] it has a different name, viz.: On the Eastern Yo [Tai shan in Shan tung] it is called 淫羊蜜 yin yang huo,—on the Central Yo [Sung shan in Ho nan] it is tien men tung,—on the Western Yo [Hua shan in Shen si] it is 常校 kien sung,—on the Northern Yo [Heng shan in Shan si] it is 無不愈 wu pu yū,—on the Southern Yo [Heng shan in Hu nan] it is 百部 po pu. Cheng Yü-Hi observes that the po pu is not identical with the tien men tung as Pao P'o-Tsz' asserts [see the next]. The yin yang huo is likewise another plant [Aceranthus. See 18].

LI SHI-CHEN identifies the t'ien men tung with Rh ya, 92, 髦 mao or 與 棘 tien ki, which according to the commentator is a plant with fine (linear) leaves and prickles. But other authors refer Rh ya, 108, to t'ien men tung. According to LI SHI-CHEN it is much cultivated.

Ch., XXII, 9:—T'ien men tung. The figure represents a plant with linear leaves and tuberous roots, probably Asparagus lucidus, Lindl., for at Peking the latter plant is

cultivated under the above Chinese name.—See also Kiu huang [LI, 4], t'ien men tung. Synonyms: 萬歲藤 wan sui t'eng and other names.

Lour., Fl. cochin., 268:—Melanthium cochinchinense. Sin.: tien muen tum. Caulis tenuis, procumbens, aculeatus, aculeis brevibus, sparses. Folia linearia, triquetra, minuscula. Radix fasciculata, tuberibus oblongis, carnosis, fuscorufis. Flos albus. Tuber humectans, expectorans. Prodest in phthysi, siti et calore febrili. In usum etiam venit et jucunde sapit saccharo conditum. Hance suggests that Loureiro's plant may be Asparagus lucidus. [Flora hongk., 371.]

TATAR., Cat., 56:—T'ien men tung. Radix Asparageæ, Melanthii cochinchinensis, Lour.—Gauger [43] describes and depicts the tubers of the tien men tung.—Hanbury, Sc. pap., 257.—P. Smith, 145.

Henry, Chin. pl., 463:—T'ien men tung in Hu pei is Asparagus lucidus.

Cust. Med., p. 78 (184):—T'ien men tung exported 1885 from Han kow 920 piculs,—p. 60 (26), from I chang 139 piculs,—p. 212 (37), from Wen chow 52 piculs,—p. 190 (96), from Ning po 13 piculs,—p. 226 (92), from Fu chow 13 piculs.—

So moku, VII, 7:-天門冬, Asparagus lucidus.

SIEB., Œcon., 80:—Asparagus japonicus. Ten mondoo 天門冬. Radices non vero caules juniores inter fercula ponuntur.

MIQUEL, Prol. Fl. jap., 315:—Asparagus lucidus. Radix (haud soboles) edulis statuitur, et prostant specimina juvenilia humilia radicis fibris in tubera oblonga stipitata tumentibus.

# 177.—百部 po pu. P., XVIIIa, 52. T., CXXXII.

Pie lu:—Po pu. The root is officinal. Taste sweet. Nature slightly warm. Non-poisonous.

T'AO HUNG-KING:—It is a common wild plant in the mountains. Its root has twenty and more tubers attached to the root, similar to those of the *t'ien men tung* [see 176], and is of a bitter taste.

CH'EN TS'ANG-K'I [8th cent.]:—The t'ien men tung [see 176] has ten and more short, roundish, fleshy tubers, of a sweet taste, attached to its root. The tubers of the po pu are 50 or 60 in number, stem-like, long, pointed, hollow in the centre, bitter.

The Ji hua Pen ts'ao [10th cent.] calls this plant 婆婦草 po fu ts'ao.

Su Sung [11th cent.]:—It is a common plant in Kiang [Kiang su, An hui etc., App. 124], Hu [Hu kuang, App. 83], Shen [Shen si, App. 284], Ts'i and Lu [Shan tung, App. 348, 202]. Twining plant. Large, long, pointed, glabrous leaves, somewhat resembling bamboo-leaves. Beneath the root about 15 or 16 tubers are produced, of a white colour. They are used in medicine.

The Cheng T'siao tung chi [12th cent.] states:—The po pu, also called po fu ts'ao, is used for destroying worms, insects and flies. Its leaves resemble those of the shu yū [Dioscorea. See 262]. The root is similar to that of the t'ien men tung.

LI SHI-CHEN:—The po pu has fine leaves like the hui hiang (Fennel). It has a green, fat stem, which when young is eaten boiled. The root is nearly a foot long. The fresh root is fleshy and succulent, when dried it becomes hollow and poor within. It is also called ye (wild) tien men tung.

Ch., XXII, 32:—Po pu. The figure represents a plant with oblong tubers. It seems Roxburghia is intended. The descriptions of the ancient Chinese authors agree, with the exception of Li Shi-chen's statement regarding the leaves.

Lour., Fl. cochin., 490:—Stemona tuberosa [Roxburghia gloriosoides, Kth.]. Sinice: pe pu tsao. Caule scandente,

foliis ovatis, septemnerviis, radice tuberosa, fasciculata, tuberibus longis, teretibus, utrinque attenuatis, albicantibus, edulibus.

TATAR., Cat., 4:—Po pu. Radix?—P. SMITH, 145. Melanthium?

The drug which I obtained, under the name of po pu, from a Peking drug-shop, were white cylindrical tubers, somewhat resembling stalks, hollow inside, and of a sweetish taste.

HENRY, Chin. pl., 360: -Po pu ken in Hu pei, the roots of Stemona tuberosa, Lour., which are used in medicine.

Cust. Med., p. 122 (43):—Po pu exported 1885 from Chin kiang 64 piculs,—p. 348 (122), from Canton 37 piculs,—p. 188 (66), from Ning po 3.38 piculs,—p. 280 (95), from Amoy 1.65 piculs.—Exported also from Han kow. See Hank. Med., 32.

The plant described by Kæmpfer [Amæn. exot., 784, sub 百部根 fackubukon, vulgo fekuso kadsura] is Pæderia fætida, L. See also Banks, Icon. sel. Kæmph., tab. 9. But according to Japanese botanists the above Chinese and the first Japanese name belong to Stemona, only the second Japanese name is applied to Pæderia.

So moku, II, 56:一百 部 根. Stemona (Roxburghia) sessilifolia, Miq.—Ibid., 57:一臺生百部根 [the first two characters mean "climbing"], Stemona japonica, Miq. The same Chinese name applied in Sieb., Icon. ined., VIII, to Roxb. phyllantha.—Same identifications in Phon 20, XXVIII, 3-5.—Kwa wi, 61.—

178.—萆薢 pei (pi) hiai. P., XVIIIb, 1. T., CXLVI.

Pen king:—Pei hiai. Root officinal. Taste bitter. Non-poisonous.

Pie lu:—Pei hiai, 赤 節 ch'i (red) tsie (joint). The pei hiai grows in Chen ting [in Chi li, App. 11] in mountain-valleys. The root is gathered in the 2nd and 8th months and dried in the sun. Taste sweet.

Wu P'u [3rd cent.] calls it 百枝 po chi [a name likewise applied to the kou tsi, v. 13]; in the P'ao chi lun [5th cent.] it is termed 竹木 chu mu.

T'AO HUNG-KING: —It is a common plant. The root resembles that of the pa k'ia [Smilax. See 179] but it is larger, has but few excrescences and joints, and the colour is paler.

Su Kung [7th cent.]:—There are two kinds. One has a prickly stem and a white fleshy root; the other, which has no prickles, has a hollow, weak root. Climbing plant. Leaves like those of the *shu yū* [Dioscorea. See 262].

The Ji hia Pen ts'ao [10th cent.] says that the popular name of this plant is 白菝葜 pai (white) pa kia [comp. 179].

Su Sung [11th cent.]:—This plant is common in all the prefectures of Ho [Shan si and Chih li, App. 72], Shen [Shen si, App. 284], Pien tung [in Ho nan, App. 250], King [Hu pei, App. 145] and Shu [Sz ch'uan]. Climbing plant, trilobed leaves like those of the shan shu (Dioscorea), or the lä tou (Phaseolus Mungo). The flowers are yellow, red or white. Sometimes the plant does not flower, but produces white seeds or fruits [axillar bulbils?]. The root is yellowish white, as thick as three fingers, and has many joints. It is dug up in spring and in autumn and dried in the sun. The sort produced in Ch'eng te kün [not ascertained. App. 19] has a hard root like the shan shu. It climbs. The leaves are like those of buckwheat. Seeds three-edged.

LI SHI-CHEN:—The pei hiai is a climbing plant. Large leaves resembling those of the pa k'ia [v. 179]. The root is long and hard, resembling in size the shang lu root [Phytolacca. See 131]. The people confound it sometimes with the t'u fu ling [Smilax pseudo-china. See 179], but that is a quite

different plant. Wu P'u confounds it with the kou tsi [v. supra]. In the Sung period the pei hia was brought as a tribute from Huai k'ing [in Ho nan, App. 94].

Ch., XXII, 52:—Pei hiai. The figure seems to represent a Smilax. Another name given there, 硬 飯 團 ying fan t'uan (hardened lumps of cooked rice).

Cust. Med., p. 68 (51):—Pei hiai exported 1885 from Han kow 185 piculs,—p. 58 (20), from I chang 146 piculs,—p. 212 (30), from Wen chow 64 piculs,—p. 188 (74), from Ning po 8 piculs,—p. 280 (92), from Amoy 0.25 picul.—

Amæn. exot., 827:—薢 [the first character of the name is omitted] kai, vulgo tokoro. Herba sylv. scandens, Bryoniæ albæ affinis, radice Zingiberis facie, eduli, etc. The plant is figured in Banks, Icon. Kampf. sel. [15]. It is Dioscorea quinqueloba, Thbg.

Phon zo, XXVIII, 9, 10:- 萆 薢, Dioscorea.

So moku, XX, 55, 57:—山 萆 薢, Dioscorea sativa, L., and D. quinqueloba, Thbg.

### 179.— 装 葜 pa k'ia. P., XVIIIb, 3. T., CXLVI.

Pie lu:—Pa k·ia. The name is also written 装 誠 pa k·ia. The root is officinal. Taste sweet and sour. Nature uniform, warm. Non-poisonous. It grows in the mountains. The root is gathered in the 2nd and 8th months and dried in the sun.

The pa k ia has a short purple stem covered with prickles. It (the root) is smaller than that of the pei hiai [v. 178] and of a darker colour. The people use it for making a beverage.

Su Kung [7th cent.]:—The pei hiai has a thin, long, white root, but the root of the pa k'ia consists of nodular masses of a yellowish red colour.

Su Sung [11th cent.]:—This plant is common in Mid China, in Kiang [Kiang su, An hui, etc., App. 124] and Che [Che kiang, App. 10]. It is a prickly climbing plant, from 3 to 4 feet long. The leaves resemble those of the tung ts'ing [Ligustrum. See 342] and the wu yao (Daphnidium) but are larger. It flowers in the autumn. Yellow flowers and black fruits of the size of a cherry. The root is massive. The people call it 全 剛根 kin kang ken (diamond root).

LI SHI-CHEN:—The pa k'ia is a common mountain plant. It sometimes climbs, but the stem is strong, hard and covered with prickles. The leaves are large, round, like a horse's hoof, shining, and resemble the leaves of the shi (Diospyros), but not those of the tung ts'ing [v. supra]. In autumn it produces yellow flowers, followed by red fruits. The root is very hard and is covered with strong hairs like prickles. A decoction is made of the leaves. It is sour and harsh. The savages gather the leaves and the root and use them as a dye. It is also called 鐵菱角 t'ie ling küe (iron-water caltrop). Wu P'u [3rd cent.] erroneously identifies the pa k'ia with the kou tsi [v. supra].

Ch., XXII, 55:—Pa k'ia. The figure represents probably Smilax China, L. The descriptions in the P. agree. The stem is prickly.—Comp. Henry, Chin. pl., 65, 478. The plant from which China-root is obtained has been supposed to be Smilax China. But this is certainly not the source of the drug.

Amon. exot., 782:—菝葜. The drawing under this Chinese name is Smilax China. In the description [p. 781, sankira, etc.] another Chinese name is given, which is probably erroneous.

Phon zo, XXVIII, 14:—Chinese name as above. Smilax China.

SIEB., Œcon., 71:—Smilax China, kakubara 菝葜. Radix antisyphilitica, agricolis laudata, folia hine ac inde pro tabaco fumantur.

# 土 茯苓 t'u fu ling. P., XVIIIb, 4. T., CLXXVI.

T'u [= native] fu ling = Pachyma Cocos. See 350]. This is a more modern name for another sort of China-root which is known also by many other names, viz. 土 萆 薢 t'u (native) pei hiai, 刺 猪 苓 ts'z' (prickly) chu ling [pig tubers. See 352], 山 猪 糞 shan chu fen (mountain-pig's dung), 冷 飯 團 leng fan t'uan [comp. Williams' Chinese Commercial Guide, 114], 仙 遺 粮 sien i liang (food left by the immortals), 硬 飯 ying fan (hard food), and 山 地 栗 shan ti li (mountain ground chestnut).

LI SHI-CHEN says that this is the plant noticed by T'AO HUNG-KING under the name of 禹餘糧 Yū yū liang 47 in

47 This name (Yü yü liang) is properly that of a mineral. [See P., X, 9.] As my friend Professor A. BILLEQUIN informed me, it is the so-called eagle-stone, a kind of argillaceous oxide of iron. But the same name is applied in the P. to three different plants, viz. Smilax, Ophiopogon [see 104] and the plant 前草 shi ts'ao. P., XXIII, 17.—T., CV [without figure].

The shi ts'ao is first noticed in the Po wu chi [3rd cent.], where it is stated that in the islands of the Eastern Sea there grows a plant which is called shi. It has an edible grain-fruit, like barley, which ripens in the 7th month, and is gathered by the people till the beginning of winter. It is also called 自然 发 tsz' jan ku (spontaneous grain) and Yü yü liang, not to be confounded with the mineral of the same name.

LI SUN [8th cent.] says:—The fruit of the shi is like a ball. It is gathered in the 8th month and eaten by those [eastern] people, but in China it is unknown.

WILLIAMS [Dict., 758] understands that the shi is a floating plant, probably Zostera, but the Chinese text above translated does not say that it floats on the sea.

Amæn. exot., 900:— fir setz, vulgo suge. Herba palustris, foliis arundinaceis brevioribus tensis, ex quibus ad albedinem redactis construuntur e'egantissimi pilei, quibus teguntur deambulantes fœminæ.

Phon zo, XLII, 3:-Same Chinese name, Carex pumila, Thbg. Japonice: gobo mugi.

SIEB., Econ., 9:—Same Chinese name. Japonice: futegusa, Caricea? Radices fibrosæ adhibentur pro penicellis scriptoriis.

MATSUMURA, 41: - Same Chinese name. Japonice: kobo-mugi, Carex macrocephala, Willd.

the following terms:—In Southern China, in marshes, there grows a climbing plant with leaves resembling those of the pa k'ia [v. supra]. The root forms nodular, jointed masses like the pa k'ia root, of a red colour. It tastes like the shu yū [Dioscorea. See 262]. It is called Yū yū liang (Yū's extra food). When Emperor Yū once travelled in the mountains it occurred that there was no food. Then this root was gathered, whence the name.

Ch'en Ts'ang-k'i [8th cent.]:—The ts'ao (herbaceous) Yū yū liang grows near the seashore and in mountain-valleys. The root is like a cup, a conglomerate of nodular masses, one-half of it above the ground. The skin of the root is like that of the fu ling [Pachyma Cocos. See 350]. The flesh is red and of a harsh taste. The people use it for food as a substitute for grain in times of searcity.

Su Sung [11th cent.]:—In Shi chou [in Hu pei, App. 288] there grows one sort of this plant which is called ts'z' chu ling [v. supra]. It is a climber. In spring and in summer the people dig up the root and, having taken off the skin, dry it by artificial heat. It is used for curing contagious ulcers.

LI Shi-chen:—The t'u fu ling grows plentifully in the mountain-forests of Ch'u [Hu kuang, App. 24] and Shu (Sz ch'uan). It is a climber, resembles the shun,<sup>48</sup> and has a spotted stem. The leaves are not opposite, somewhat resemble large bamboo-leaves, but are thicker, shining and from 5 to 6 inches long. The root resembles that of the pa k'ia, is roundish, consists of a conglomeration of tubers of the size of a hen's or duck's egg, more or less deep in the ground, one foot or but a few inches. The flesh is tender and can be eaten raw. There are two sorts, a red and a white. The latter is used in medicine.

<sup>\*\*</sup> probably an erroneous letter, for this is a water-plant. See 199.

T'u fu ling is the Chinese name of the drug which we call China-root. As has been stated above, this is not yielded by Smilax China, as has been supposed in former times, but by one or several other species of Smilax. One of them is Smilax glabra, Roxb. See Hance, on the source of the China-root of commerce [Journ. Bot., 1872, p. 102]. This seems to be the plant represented in the Ch. [XX, 1] sub t'u fu ling.

A. CLEYER, Specimen Medicinæ sinicæ, 1682, 137:—Tu fo lim, Pao de China (China-wood), uti vocant Lusitani, rubei coloris fere est. Est et aliud præstantius, coloris albi, pe fo lim dictum.—Comp. infra, 350.

Lour., Fl. cochin., 763, 710:—Smilax China, L. Sinice: thu fu lin. Radix sinensis rubra. Radix horizontalis, longissima serpens: tuberibus oblongis, nodoso-verrucosis, interdum ramosis, intus pallidis, vel rubescentibus, semipedalibus, sub teretibus, sparsis.—Maximowicz [Dec., X, 410] doubts whether Loureiro's plant is really Smilax China.

Du Halde, la Chine, I, 30, III, 647.—Grosier, la Chine, III, 324, 328.

TATAR., Cat., 61:—T'u fu ling. Radix Smilacis.—Gauger [44] describes and figures the same drug.—P. Smith, 198:—T'u fu ling, Smilax chinensis.

Henry, Chin. pl., 478:—T'u fu ling, Smilax sp., from which China-root is obtained. It has often been supposed that China-root is obtained from Smilax China, but this is very common at I chang and Pa tung, and certainly is not the source of the drug. It is to be noted that the drug exported from Sz ch'uan as China-root is quite a different substance, viz. Pachyma Cocos [see 350]. Both this and Smilax root pass through the Customs under the same name. In Chinese books the Pachyma is fu ling or pai (white) fu ling, while the Smilax is distinguished as t'u fu ling.

Cust. Med., p. 86 (8):— T'u fu ling exported 1885 from Kiu kiang 4,831 piculs,—p. 60 (28), from I chang 94 piculs,—p. 416 (50), from Pakhoi 61 piculs.

HOFFM. & SCHLT., 553:—土 茯苓 Smilax pseudo-China, Thbg.—Phon zo, XXVIII, 17, 18:—Same Chinese name, Smilax, not determined by Franchet.

## 180.—白 蘞 pai lien. P., XVIIIb, 6. T., CLVIII.

Comp. Classics, 453.

Pen king:—Pai (white) lien, 白草 pai ts'ao. The root is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—Other names: 白根 pai ken (white root), 兎核 t'u ho and 崑崙 k'un lun. The pai lien grows in Heng shan [in Hu nan, App. 61] in mountain-valleys. The root is dug up in the 2nd and 8th months and dried in the sun. Taste sweet.

T'AO HUNG-KING:—It is a common plant in Mid China, a climber, with a root like that of the pai chi [Angelica. See 51].

Su Kung [7th cent.]:—The root resembles the tien men tung [Asparagus. See 176]. It consists of more than 10 tubers. Its skin is reddish black, and the flesh white, similar to that of the shao yo [Paonia. See 52]. It does not resemble the pai chi. It is a climber with digitate leaves.

Su Sung [11th cent.]:—This plant now grows in King chou, Siang chou [both in Hu pei, App. 146, 305], Huai chou, Meng chou [both in Ho nan, App. 93, 220], Shang chou [in Shen si, App. 278] and Ts'i chou [in Shan tung, App. 348]. A common climber in forests. Red stem. Leaves like small mulberry-leaves. It blossoms in the 5th month and afterwards produces fruit. The root consists of from 3 to 5 oblong tubers, like duck's eggs, collected together.

The skin is black and the flesh white. One sort is called 赤 1 ch'i (red) lien, for it (the root) has a red skin. But the flowers, the fruit and the medical virtues are the same.

LI SHI-CHEN:—Another name for this drug is 猫兒卵 mao rh luan (cat's testicles).

Ch., XXII, 46:—Pai lien. Rude drawing which does not permit of identification.

Henry, Chin. pl., 275:—Mao rh luan, Vitis serianæfolia, Bge.—This plant is figured in the Ch. [XIX, 47] under the name of 鵝抱蛋 ô pao tan (goose sitting on eggs).

Cust. Med., p. 346 (108):—Pai lien exported 1885 from Canton, 3.75 piculs,—p. 280 (88), from Amoy 0.45 picul.

Vitis serianæfolia is a common plant in North and Mid China and Japan. It has palmately 5-parted leaves and tuberous roots.

So moku, IV, 17:一白 蘞, Vitis serianæfolia.—Comp. also Kwa wi, 45.

### 181.—赭 魁 che k'ui. P., XVIIIb, 8. T., CLVI.

Pen king:—Che k'ui. The root is officinal. Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—It is a mountain plant. The root is dug up in the 2nd month.

T'AO HUNG-KING:—The root resembles a small yū [Colocasia. See 261]. The flesh is white and the skin yellow. It grows in Mid China.

Su Kung [7th cent.]:—This drug is slightly poisonous. Large specimens of the root are as large as a tou, the smaller as large as a sheng.<sup>49</sup> The plant climbs on herbaceous plants and trees. Leaves like those of the tu heng [Asarum.

<sup>49</sup> Chinese dry measures. See W.D., p. 771, 874.

See 41]. The plant noticed by T'AO HUNG-KING is not the che k'ui but rather the 土 耵 t'u luan (ground testicle), which is also called 黃獨 huang tu. It is seldom used in medicine, but the people of Liang Han [probably Sz ch'uan, App. 188] eat it (the root) steamed.

HAN PAO-SHENG [10th cent.]:—It is a climbing plant. The leaves resemble those of the lo mo (Metaplexis) and the root is like the pa k'ia root [Smilax. See 179], with a purplish black skin and orange-coloured flesh. Larger specimens are contorted and as large as a sheng, the smaller are of the size of a fist.

LI SHI-CHEN:—The name *che k'ui* means "brown wine vessel." It refers to the shape of the root, which contains a brown juice. The people of Min (Fu kien) use the plant for giving the inner surface of jars a blue colour. <sup>50</sup>

Ch., XXII, 47:—Che k'ui. Figure of a plant unknown to me.

## 182.—茜草 ts'ien ts'ao. P., XVIIIb, 19. T., CIV.

Comp. Rh ya, 22, Classics, 393.

Pen king:—Ts'ien ts'ao, 茜根 ts'ien ken [root]. The root is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—Other name: He in ti hüe (earth blood). The ts'ien ken grows in K'iao shan [in Shen si, App. 134] in mountain-valleys. The root is taken up in the 2nd and 3rd months and dried in the sun. The plant grows in shady mountain-valleys. It twines around herbaceous plants and trees. The stem is prickly. The fruit is like that of the tsiao (Zanthoxylon).

T'AO HUNG-KING:—The ts'ien ts'ao is used for dyeing a dark red colour. It is more common in the western

<sup>&</sup>quot;赭魁閩人用入染青颐中云易上色. Not quite intelligible.

provinces than in Eastern China. The Chinese character applied to the plant is derived from 西 (west).

HAN PAO-SHENG [10th cent.]:—This plant is also called 染練草 jang fei ts'ao (plant which dyes a dark red colour). Its leaves resemble jujube-leaves, are pointed and have a broad base (heart-shaped). Stem and leaves scabrous. The leaves issue from the joints, 5 together. It climbs on herbaceous plants and trees. The root is purplish red. It is taken up in the 8th month.

Su Sung [11th cent.]:—It is now much cultivated in gardens. The *Shi ki* (Historical Records) state, that a man who plants a thousand *mou* (acres) with the *ts'ien* and the *chi* <sup>51</sup> plants, is considered to equal in wealth a nobleman who possesses thousand families. This proves the great importance of these plants.

LI Shi-chen:—The ts'ien ts'ao begins to grow in the 12th month [in January]. It is a twining plant several feet long, with a square stem, hollow inside, covered with small prickles. It has joints several inches apart. Five leaves issue from every joint. The leaves, which resemble the wu yao leaves (Daphnidium myrrha), are scabrous, and darker on the upper side. It blossoms in the 7th or 8th month. The fruit is like that of the tsiao (Zanthoxylon), with small seeds within. The plant has many names, viz. 血見愁 hüe kien ts'ou, 風車草 feng ch'e ts'ao, 四天王章 sz' t'ien wang chang, 四嶽近陽草 sz' yo kin yang ts'ao, 四浦草 sz' pu ts'ao, 鐵塔草 t'ie t'a ts'ao and 過山龍 kuo shan lung. These names are from Taoist books.

Ch., XXII, 20:—Ts'ien ts'ao. The figure represents Rubia cordifolia, L.—See also Kin huang, LII, 24, sub 土 茜 古 t'u ts'ien miao.

<sup>&</sup>lt;sup>51</sup> Another tinctorial plant, Gardenia. See 335.

Tatar., Cat., 12:—Ts'ien ts'ao ken. Radix Rubiæ.—P. Smith, 188.

Henry., Chin. pl., 57:—Ts'ien ts'ao, Rubia cordifolia, L. Cust. Med., p. 80 (199):—Ts'ien ts'ao exported 1885 from Han kow 134 piculs,—p. 132 (170), from Chin kiang 55 piculs,—p. 168 (412), from Shang hai, hüe kien ts'ou [v. supra] 0.01 picul.

Amæn. exot., 912:—茜 sen, vulgo akanni. Herba spithamalis vel pedalis, ramosa, procumbens, radice fibrosa densa, foliis Nummulariæ, infectoribus pro colore serviens.

So moku, II, 64, 65:—Same Chinese name, in Japanese akane, Rubia cordifolia.

SIEB., Œcon., 332:—Queria trichotoma, Thbg.<sup>52</sup> Japonice: akane; Sinice: 黃. Adhibetur Rubiæ nostratis ad instar tinctoria.

#### 183.—防己 fang ki. P., XVIIIb, 23. T., CXXX.

Pen king:—Fang ki, 解離 kiai li. Root officinal. Taste pungent. Nature uniform. Non-poisonous.

Pie lu:—The fang ki grows in Han chung [S. Shen si, App. 54] in river-valleys. The root is dug up in the 2nd and 8th months and dried in the shade.

LI TANG-CHI [3rd cent.]:—It has a twining stem like the ko [Pachyrhizus. See 174]. The root is white externally and yellow internally, like the kie keng [Platycodon. See 6]. It shows black veins in the substance, radiating like the spokes of a wheel.

T'AO HUNG-KING:—Now the drug which is produced in I tu and Kien p'ing [both in Hu pei, App. 104, 139] is large, of a greenish white colour, empty and soft. This is

<sup>&</sup>lt;sup>52</sup> SIEBOLD is evidently mistaken. Queria trichotoma, same as THUN-BERG'S Rubia spicis ternis, is Wickstræmia japonica, Miq., which is not a tinctorial plant.

considered the best. Another sort, with black spots and of a ligneous structure, is not valued. The root is also used for food.

Ch'en Ts'ang-ki [8th cent.]:—The two sorts spoken of by T'ao Hung-king are the 漢防己 Han fang ki and the 木 1 1 mu (ligneous) fang ki.

Su Sung [11th cent.]:—Now this drug is produced in K'ien [N. Kui chou, App. 141]. That from Han chung [S. Shen si, App. 54] when broken (or rather cut transversely) shows radiating veins. It is yellow, solid and fragrant. Slender, weak stem, small leaves having some resemblance to the kien niu [Pharbitis. See 168]. If a section of the stem be taken and air be blown at one end it passes through it, the same as in the mu t'ung [see the next]. This is the drug of a greenish white colour, empty and soft [noticed by T'AO HUNG-KING]. There is another kind, which has an unpleasant odour. The skin of the drug is wrinkled and covered with warts. 53 This is called 木 防 已 mu fang ki. Su Kung says that it is not used in medicine. This name, however, is met with in the prescriptions of Chang Chung-king [2nd cent.] and others.

Ch., XXII, 38:—Fang ki. Rude drawing. Plant with berries.

Tatar., Cat., 23: — Fang ki. Radix Convolvuli. — P. Smith, 70.

Cust. Med., 340 (28):—Fang ki exported 1885 from Canton 268 piculs.—Exported also from Han kow. See Hank. Med., 12.

Amæn. exot., 909:一防 己 boi, vulgo awu kadsura. Hedera major sterilis. C. Pauh. P.

HOFFM. & SCHLT., 160:—漢 防己, Cocculus japonicus, DC. Ibid., 161:—木防己, C. Thunbergii, DC.

Phon zo, XXX, 4:—防己 Cocculus Thunbergii, DC.—4, 5:—漢防己, Cocculus Thunbergii. Japonice: awa kadsura, female plant; kampæ, male plant.

Phon zo, 6, 7:—防己. This Chinese name applied to Cocculus diversifolias, Menispermum dauricum and Stephania hernandifolia. All these plants belong to the order Menispermaceæ.

From the Chinese descriptions of the fang ki [the authors describe only the root] it cannot be decided what plant is meant. According to Henry [Chin. pl., 71, 186], Cocculus Thunbergii is known by other Chinese names in Hu pei.

## 184. 一通 草 t'ung ts'ao. P., XVIIIb, 25. T., CXI.

Pen king:—T'ung ts'ao, 附支 fu chi. The twigs and the fruit are officinal. Taste pungent. Nature uniform. Non-poisonous.

Pie lu:—The t'ung ts'ao grows in Shi ch'eng [in An hui, App. 285] in mountain-valleys, also in Shan yang [in Shan tung, App. 270]. The twigs are gathered in the 1st and 2nd months and dried in the shade.

T'AO HUNG-KING:—It is now produced in Mid China. The plant climbs on trees and contains a white juice. The stem shows [on a transverse section] small holes (or rather longitudinal tubes). If air be blown at one end of a section of it, it passes through it, whence the name [t'ung means "permeable"]. Some say that it is the 當藤莖 fu t'eng heng.

Wu P'u [3rd cent.] calls it 丁 翁 ting weng.

Su Kung [7th cent.]:—It is, when full grown, 3 inches in diameter. 3 or 4 twigs (stalks) spring from each joint, each with 5 leaves (leaflets) at the end. The fruit is from 3 to 4 inches long. It has a white pulp with black kernels, is edible and of an agreeable, sweet taste. The southern people

call this fruit 燕 覆子 yen fu tsz' also 烏 1 1 wu (black) fu tsz'. It is gathered in the 7th and 8th months.

CHEN KUAN [7th cent.] calls it 萬年藤 wan nien t'eng, and says that the root is used in medicine.

Ch'en Ts'ang-k'i [8th cent.]:—The people of Kiang tung [Kiang su, An hui, etc., App. 124] call it 畜营子 ch'u fu tsz', in Kiang si [App. 124] it is 挐子 na tsz'. It looks like an abacus-bag (?). The pulp is yellow and the seeds black. It is eaten after the skin has been removed. Su Kung, in stating that the pulp is white, means the 猴 葍 hou fu (fruit).

Su Sung [11th cent.]:—The plant is now found in Tse chou, Lu chou [both in Shan si, App. 345, 204], in Han chung [S. Shen si, App 54], in Kiang and Huai [Kiang su and An hui, App. 124, 89] and in Hu nan. It is a climber [the twigs] as thick as a finger, but the stem is sometimes 3 inches in diameter. The leaves are five at the end of a common petiole, somewhat resembling the leaves of the shi wei [Niphobolus lingua. See 205]. They have also some resemblance to Paonia leaves. They stand in pairs opposite. It blossoms in summer and autumn. The flowers are purple or white. The fruit resembles a small quince, is edible and of an agreeable taste. CHEN SHI-LIANG [10th cent.] calls it name of 木通 mu t'ung also 通草 t'ung ts'ao, which latter name is also applied to the 通脱木 t'ung t'o mu [Aralia papyrifera. See Bot. sin., II, 82].

LI SHI-CHEN: — There are two sorts of mu t'ung, the purple and the white. The [fruit of the] purple has a thick skin and is of a pungent taste, the white has a thin skin and is insipid.

Ch., XXII, 37 :- Rude drawing. Convolvulacea?

Lour., Fl. cochin., 422:—Clematis sinensis. Sinice: mu tum.

Tatar., Cat., 40: — Mu t'ung. Radix Clematidis? — P. Smith, 66. —

The drug mu t'ung obtained from a Peking drug shop was in thin slices, transverse sections of a ligneous stem, half-aninch in diameter, the marrow showing small holes like a sieve (longitudinal canals) and was examined at Kew. It proved to belong to Akebia quinata. The description in the P. agrees. The Ind. Fl. sin. [I, 30] notices for China Akebia quinata, Dene., and A. lobata, Dene.

The name t'ung ts'ao is nowadays, it seems, more generally applied to Aralia papyrifera, in China. Henry, Chin. pl., 299:—Mu t'ung at Pa tung is the name for several species of Clematis, and [488], t'ung ts'ao, Fatsia (Aralia) papyrifera.

Cust. Med., p. 12 (92):—Mu t'ung exported 1885 from New chwang 688 piculs,—p. 74 (109), from Han kow 291 piculs, p. 194 (162),—from Ning po 112 piculs.

SIEB., Icon. ined., I, and SIEB. & ZUCC., Flora japon., I, 143, 145, tab., 77, 78, the Chinese names 木 通 and 通 草 applied both to Akebia quinata and A. lobata.—Same in Phon 20, XXX, 8, 9, and HOFFM. & SCHLT., 33.

### 185.— 鈎 藤 kou t'eng. P., XVIIIb, 29. T., CXII.

Pie lu:—Kou t'eng (hooky climber). Only the name given and medical virtues explained. It seems the thorns of the stem used in medicine.

T'AO HUNG-KING:—It is produced in Kien p'ing [in Hu pei, App. 139]. It is also called 弔 藤 tiao t'eng (suspended climber) and employed in the treatment of diseases of children,

Su Kung [7th cent.]:—The kou t'eng grows in Liang chou [Sz ch'uan, etc., App. 187]. Small, long leaves. The stem is provided with hooked thorns.

SU SUNG [11th cent.]:—It is found in Hing yuan fu in Ts'in [in Shen si, App. 68, 358]. The drug is gathered in the 3rd month.

K'ou Tsung-shi [12th cent.]:—It is common in the mountains of Hu nan, Hu pei and Kiang si. It is a climber from 8 to 20 feet long, of the thickness of a finger and [the stem] hollow. Thieves employ this hollow stem to suck out wine from a closed jar without damaging the latter.

LI SHI-CHEN:—It is a climber, like the vine, with purple coloured recurved thorns like hooks. In ancient times at first the bark was used in medicine, afterwards the hooks became officinal.

Ch., XXII, 57:—Kou t'eng. The figure represents a plant with hooked spines, probably an *Uncaria*. The text says that it grows in Yün nan, Chen hiung chou.

TATAR., Cat., 27:—Kou t'eng. Rami scissi Uncariae Gambir.—P. Smith, 224.—The drug kou t'eng received from Wen chow consisted of recurved spines.

Cust. Med., p. 358 (248):—Kou t'eng exported 1885 from Canton 58 piculs,—p. 214 (59), from Wen chow 35 piculs,—p. 228 (128), from Fu chow 1.80 picul,—p. 74 (108), 米约 mi kou [stated in Hank. Med. (27) to be the same as kou t'eng] from Han kow 340 piculs.

In the Kwa wi [111] 鈎藤 or 天 弔 藤 is Uncaria rhynchophylla, Miq. Comp. also the drawing in Phon zo [XXX, 13, 14].

The genus *Uncaria* (order *Rubiacea*, tribus *Naucleea*) is characterised by its climbing habit and by the old or barren flower-stalks being converted into hard, woody spines, directed

downwards so as to form hooks. No Chinese *Uncaria* appears in the *Index Fl. sin*. Tatarinov's identification of the *kou t'eng* with *Uncaria Gambir* is very doubtful.

In Hu peh the drug kou t'eng is yielded by Nauclea sinensis, Oliv. See Dr. Henry's Note in Hook Icon. plant., tab., 1956.

Uncaria Gambir, Roxb. (Nanclea Gambir, Hunt.), is the plant which affords the adstringent, earthy-looking, masticatory and tanning substance called Gambir or Terra japonica. This is the 檔 趣 喜 pin lung kao (betel-nut extract) of the Chinese. See Rondot, Commerce d'Export de la Chine, p. 198; WILLIAMS, Chin. Comm. Guide, p. 92; P. Smith, 100 [Pale Catechu of Commerce]. This drug has frequently been confounded with another drug-very similar in composition but widely diverse in botanical origin—the Cutch or Catechu, the extract of the wood of Acacia Catechu, Willd., which in Chinese is 皂 茶 rh ch'a. See RONDOT, l.c., and P. Smith, 55, sub Catechu. The P. [VII, 15], which includes this foreign drug among the earths, calls it 鳥 爹 泥 wu tie ni or 孩兒茶 hai rh ch'a [meaning "infants' tea." But as the Bengal name of the drug is khaiar, this name may perhaps be rendered by the above Chinese characters]. The Chinese also, it seems, sometimes confound Gambir and Catechu.

186.—白兎藿 pxi t'u huo. P., XVIIIb, 30. T., CLXXIX.

Pen king:—Pai t'u huo. The root is officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—It grows in Kiao chou [Kuang tung, App. 132] in mountain-valleys,

Wu P'u [3rd cent.] calls it 白 葛 pai ko.

T'AO HUNG-KING says that it is a counter-poison.

SU KUNG [7th cent.]:—It grows in the mountains of King and Siang [both in Hu pei, App. 145, 305], and is a climber. The people of Shan nan [S. Shen si, App. 268] call it pai ko. It resembles the lo ma (Metaplexis), and has round, thick leaves. The stem is covered with white hair.

Ch., XXII, 23:-Pai t'u huo.

Phon zo, XXX, 15, 16:一白 兎 藿, Asclepiadea.

187.—白英 pai ying. P., XVIIIb, 31. T., CLVIII. Comp. Rh ya, 79.

Pen king:—Pai (white) ying. Root, leaves and fruit officinal. Non-poisonous. The root is sweet and the fruit sour.

Pie lu:—Other names 穀 菜 ku ts'ai and 白 草 pai ts'ao. The pai ying grows in I chou [Yün nan or Sz ch'uan, App. 102] in mountain-valleys. The leaves are gathered in spring, the stem in summer, the flowers in autumn and the root in winter. The same Pie lu says:—The 鬼目 kui mu (devil's eye) or 來甘 lai kan has a red fruit like the wu wei tsz' [Schizandra. See 134]. It is gathered in the 10th month.

T-AO HUNG-KING:— $Kui \ mu$  is the popular name for the fruit of the  $pai \ ts'ao$ .

Su Kung [7th cent.]:—The pai ying or kui mu is a climbing plant. Its leaves resemble those of the wang kua [Thladiantha. See 173] but are smaller, longer, and five-lobed. The fruit is globular, like that of the lung k'ui tsz' (Solanum nigrum), and is at first green but purplish black when ripe. The people of Eastern China call it pai ts'ao.

CH'EN TS'ANG-K'I:—The pai ying or kui mu is a vegetable mentioned in the Rh ya [79]. In Kiang tung [Kiang

su, An hui, etc., App. 124] the people in summer gather the leaves and the stem and boil them with rice for food. It is a counter-poison. Other names for the plant: 白 皋 pai mu, 排風子 p'ai feng tsz'.

LI SHI-CHEN:—The young leaves are white and can be eaten. It blossoms in autumn. Small, white flowers. Fruit like the *lung k'ui tsz'* [v. supra]. It is dark red when ripe. The name kui mu is also applied to several other plants.

Ch., XXII, 18:—Pai ying. The figure represents a Solunum with hastate or lobed leaves, flowers and berries.

So moku, III, 52:—白 英, Solanum dulcamara, L.

Phon zo, XXX, 17, 18:—Same Chinese name, Solanum lyratum, Thbg. This plant has downy leaves.

188.—羊 桃 yang t'ao. P., XVIIIb, 37. T., CLI. Comp. Rh ya, 198, Classics, 493.

Pen king:—Yang t'ao (goat's peach), 鬼 桃 kui t'ao (devil's peach), 羊 腸 yang ch'ang (goat's bowels). The stem and the root are officinal. Taste bitter. Nature cold. Poisonous. [Subsequent writers say "non-poisonous."]

Pie lu:—The yang t'ao grows in mountain-forests, in river-valleys and in fields. It is gathered in the 2nd month and dried in the shade.

T'AO HUNG-KING:—It is a common mountain-plant. It resembles the cultivated peach but is not what is called the mountain-peach. The flowers are deep red. The fruit is small, bitter, and not much eaten. Not used in medicine now. In the Shi king it is called ch'ang ch'u.

HAN PAO-SHENG [10th cent.]:—It is a common plant in marshes. The stem is long and weak, never tree-like (woody). Leaves and flowers resemble those of the peach.

Small fruit of the size of a jujube-stone. It is commonly called 細子 si tsz' (small fruit). he root resembles that of Pwonia moutan. The lower portio of the stem is placed in hot ashes, when the bark becomes loose and can be worked into pencil-holders.

Ch., XXII, 42, 43:— Yang t'ao. Two figures representing herbaceous plants.

LI Shi-chen:—The yang t'ao has a stem of the thickness of a finger, is tree-like but weak and creeping. Leaves as large as the palm of the hand, green on the upper side, white and downy underneath, resembling the ch'u ma (Bæhmeria nivea) leaves but round. The branches when steeped in water become viscid.

Cust. Med., p. 364 (320):—Yang t'ao hua (flowers) exported 1885 from Canton 9 piculs,—p. 326 (159), from Swatow 4 piculs,—p. 362 (286), from Canton yang t'ao ye (leaves) 0.10 picul.—The compilers of the Cust. Med. identify yang t'ao with Averrhoa Carambola, but this is a mistake, which has already been pointed out in Bot. sin., II, 493.

Phon zo, XXXI, 8:—羊桃. The drawing represents a creeper with large red flowers. Not identified by Franchet.

### 189.—絡石 lo shi. P., XVIIIb, 38. T., CXXXIX.

Pen king:—Lo shi. The stem and the leaves are officinal. Taste bitter. Nature warm. Non-poisonous.

Pie lu:—Other names: 石龍藤 shi lung t'eng, 懸石 hũan shi, 雲珠 yũn chu, 略石 lio shi, 領石 ling shi, 明石 ming shi, 石蹉 shi ts'o. The lo shi grows in T'ai shan [in Shan tung, App. 322] in river-valleys, also on rocks in the high mountains, in shady places, and near dwellings (cultivated). It is gathered in the 5th month.

Wu P'u [3rd cent.] gives the following synonyms: 石鯪 shi ling, 雲英 yūn ying, 雲花 yūn hua and 雲丹 yūn tan.

T'AO HUNG-KING considers it a dubious plant. Some say it is a stone.

Su Kung [7th cent.]:—This plant grows in shady, damp places. It is an evergreen with a round black fruit. It climbs upon trees and rocks. That found on rocks has small, thick, round leaves, and that which climbs on trees has large thin leaves. The people cultivate it also as an ornamental plant. Its popular name is if the name (enduring the winter). The name lo shi (entangling rocks) refers to its climbing on rocks. The people of Shan nan [S. Shen si, App. 268] call it fill shi hüe (stone blood). It is useful in hemorrhage after childbirth.

Han Pao-sheng [10th cent.]:—It is an evergreen climber on trees and rocks. Its leaves, which proceed from the joints of the stem, resemble small orange-leaves. It clings to the rocks by the fibres of its root. White flowers and large black fruit.

LI Shi-chen:—The lo shi climbs on rocks. Its stem contains a white juice. The leaves are small, of the size of a finger-nail, thick, firm, green on the upper side, and paler, scabrous, not shining, underneath. There are two kinds, one with pointed and the other with round leaves. The medical virtues in both are the same. Su Kung's account is not incorrect but it is incomplete.

Ch., XXII, 22:—Lo shi. Rude drawing. Twining plant. Only leaves.

Phon zo, XXXI, 11:—然石 Rhynchospermum jasminoides, Lindl. (Nerium divaricatum, Thbg., Malouetia asiatica, S. & Z.). Order Apocyneæ.—Ibid., 8-10, four other plants figured with the above Chinese name.

190.—千 歲 藁 ts'ien sui lei. P., XVIIIb, 42. T., CLXXVII.

Comp. Classics, 452.

Pie lu:—Ts'ien sui lei (thousand years' creeper), 藥 蕪 lei wu. The ts'ien sui lei grows in T'ai shan [in Shan tung, App. 322] in mountain-valleys. The root is officinal. Taste sweet. Nature uniform. Non-poisonous.

T'AO HUNG-KING:—It is a climber which grows like the vine. The leaves resemble those of the *kui t'ao* [see 188]. It climbs on trees, and contains a white juice.

Ch'en Ts'ang-k'i [8th cent.]:—It is a twining plant similar to the ko [Pachyrhizus. See 174]. The leaves are white underneath. It has a red fruit. The branches contain a white juice. It is mentioned in the Shi king.

SU SUNG [11th cent.]:—It is a common plant which climbs on trees. Leaves like those of the vine but smaller. The stem when broken discharges a white juice of a sweet taste. It flowers in the 5th and produces fruit in the 7th month. The fruit is greenish black with a tinge of red.

Ch., XXII, 50:—Ts'ien sui lei. The figure represents a vine or Vitis.

Phon zo, XXXII, 3:—千 歲 摹 Vitis flexuosa, Thbg.

## 191.—忍冬 jen tung. P., XVIIIb, 43. T., CXIX.

Pie lu:—Jen tung (enduring the winter). It [not said what part of the plant] is gathered in the 12th month and dried in the shade. Taste sweet: Nature warm. Non-poisonous.

T'AO HUNG-KING:—The jen tung is a common climbing plant. It does not wither in winter, whence the name.

Su Kung [7th cent.]:—It twines around herbaceous plants and trees. The stem and the leaves are of a purplish red colour. The old stem has a thin epidermis, and the young stem is covered with hair. The leaves resemble those of the hu tou (pea), tomentose on both sides. Flowers white with purple filaments (anthers). This plant is sometimes confounded with the lo shi [see 189], but that is another plant.

Li Shi-chen:—The jen tung is a climber. Its stem has a tinge of purple. The leaves proceed in pairs from the joints. They resemble the leaves of the pi li [see Bot. sin., II, 415] but are hirsute. It blossoms in the 4th month. The flower is more than an inch long. One peduncle produces two flowers. The corolla has two lips, one large and one small. It looks like one-half of a flower. Long filaments. The flowers when they first open are all white, but after two or three days they become yellow. Owing to the plants producing vellow and white flowers at the same time it is also called 金銀花 kin yin hua (gold and silver flowers). The flowers are very fragrant. They are gathered for medical use in the 4th month and dried in the shade. The leaves are gathered at all times of the year. Other names for the plant are 置 驚 wüan yang t'eng, 鷺 越 | lu ts'z' t'eng, 老 翁 鬚 lao weng sü, 纒 [ ch'an t'eng, 全 蚁 股 kin ch'a ku. In Taoist books it is 蜜桶 [ mi t'ung t'eng, 陰草 yin ts'ao and 通靈草 t'ung ling ts'ao.

Ch., XXII, 48:—Jen tung. Good drawing. Lonicera japonica, Thbg. (L. chinensis, Wats.). The description in the P. agrees well. See also Kiu huang, LIII, 21.

Lour., Fl. cochin., 185:—Lonicera periclymenum [probably L. japonica is meant]. Sinice: gin tum. Flos albo luteus. Flores ad usum medicum adhibentur.

TATAR., Cat., 58:—Kin yin hua. Flores Loniceræ chinensis.—P. Smith, 138, 50, 114.—Kin yin hua is the common name for the plant at Peking, where it is much cultivated. See also Henry, Chin. pl., 66.

Cust. Med., p. 128 (100):—Kin yin flowers exported 1885 from Chin kiang 153 piculs,—p. 30 (117), from Tien tsin 40 piculs,—p. 356 (227, 228), from Canton flowers and leaves 0.7 picul,—p. 276 (48), jen tung from Amoy 0.45 picul.—Exported also from Han kow. See Hank. Med., 5.

Amæn. exot., 785:—忍冬 nin too, it. sin too, vulgo sui kadsura et ex floris colore kin gin qua, i.e. auri et argenti flos appellata. Periclymenum vulgare, sive Caprifolium non perfoliatum, baccis atro-purpureis vel nigris.

Phon zo, XXXII, 3, 4:—忍冬, Lonicera japonica and other species.

Sieb., Œcon., 238:—Lonicera japonica. Japonice: nindæ. Sinice: 忍冬. Stipites ab agricolis in syphile inveterata optimum prædicantur remedium.

#### 192.- 澤 鴻 tse sie. P., XIX, 1. T., CXL.

Comp. Rh ya, 95, Classies, 437.

Pen king:—Tse sie, 水瀉 shui sie, 體 l ku sie. The leaves, the root and the fruit are officinal. Taste of the root sweet. Nature cold. Non-poisonous. Taste of the leaves saltish and of the fruit sweet.

Pie lu:—Other names: 及瀉 ki sie and 芒草 mang ts'ao. The tse sie grows in Ju nan [in Ho nan, App. 110] in ponds and swamps. The leaves are gathered in the 5th, the root in the 8th, the fruit in the 9th month, and dried in the shade.

T'AO HUNG-KING:—Ju nan is in the province of Yü chou [Ho nan. See App. 413]. This plant occurs in Mid

China but is not much used. The drug from Han chung [S. Shen si, App. 54], Nan cheng [in Shen si, App. 226], Ts'ing chou [in Shan tung, App. 363] and Tai chou [in N. Shan si, App. 321] is more generally employed. It (the root) is large, with a long tail, and has two protuberances [perhaps branches]. The sort which grows in shallow water has long, narrow leaves.

Su Kung [7th cent.]:—Now the drug is not gathered in Ju nan. That from King chou [in Kan su, App. 153] and Hua chou [in Shen si, App. 85] is considered the best.

Su Sung [11th cent.]:—This plant is now found in Shan tung and Ho [provinces near the Yellow River, App. 72], Shen [Shen si, App. 284], Kiang and Huai [Kiang su and An hui, App. 124, 89], but the best drug comes from Han chung. It is a common plant in shallow water. The leaves resemble an ox-tongue. It has a long single stem. It blossoms in autumn. Numerous white flowers like the ku tsing ts'ao (Androsace). At the end of autumn the root is dug up and dried in the sun.

Li Shi-chen:—The plant is also called 禹孫 Yü sun.

Ch., XVIII, 1, and Kiu huang, XLVII, 5, sub tse sie, good drawings of Alisma plantago, L.

TATAR., Cat., 57:—Tse sie. Radix Alismæ plantaginis.—P. Smith, 7.—The drug obtained under the name tse sie from a Peking drug-shop consisted of hard, fragrant, white tubers, one inch in diameter.

Cust. Med., p. 80 (188):—Tse sie exported 1885 from Han kow 1,207 piculs,—p. 226 (96), from Foo chow 640 piculs,—p. 320 (91), from Swatow 235 piculs,—p. 60 (27), from I chang 56 piculs,—p. 190 (100), from Ning po 28 piculs,—p. 92 (77), from Kiu kiang 26 piculs.

So moku, VII, 35:—澤 瀉, Alisma plantago.—Ibid., 35, 36:—水 [ ], the same, with lanceolate leaves.

193.—羊 蹄 yang t'i. P., XIX, 4. T., LXIV.

Comp. Rh ya, 117, Classics, 440.

Pen king:—Yang t'i (sheep's hoof), 蓄 ch'u, 鬼 目 kui mu, 東方宿 tung fang su, 連 蟲 陸 lien ch'ung lu. The root is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The yang t'i grows in Ch'en liu [in Ho nan, App. 13] in river-valleys.

T'AO HUNG-KING:—It is now also called 秃 菜 t'u ts'ai.

Han Pao-sheng [10th cent.]:—It grows in low, damp places. The plant is from three to four feet high. The leaves are narrow and long, somewhat resembling those of the wo kü (Lactuca), but they are of a darker green colour. The stem and the joints are of a purplish red colour. Greenish white flowers in racemes. The seeds are three-edged. The plant begins to wither in summer. The root resembles that of the niu p'ang [burdock. See 91]. It is hard and solid.

K'ou Tsung-shi [12th cent.]:—The leaves resemble those of the po ling (spinage) but are not hastate and are thicker. The flowers resemble the seeds. The leaves are used for polishing (or cleaning) certain stones. The fruit is called 全蕎麥 kin k'iao mai (golden buckwheat). Artificers use it in the working of lead.

LI Shi-chen:—This plant grows abundantly by riversides and in moist places. The leaves are more than a foot long and resemble an ox-tongue but have no resemblance to spinage-leaves. The stem rises in the beginning of summer, and the plant produces flowers and seeds. The flowers are of the same colour as the leaves. At the end of summer it withers, but thrives again late in autumn and then does not wither in winter. The root is nearly a foot long, of a reddish

yellow colour and resembles the Rhubarb root and also a carrot. Other names: 羊蹄大黃 yang t'i ta huang (sheep's-hoof Rhubarb), 敗毒菜 pai tu ts'ai, 牛舌菜 niu she ts'ai (ox-tongue vegetable), and 水黃芹 shui huang k'in.

Ch., XVIII, 8:—Yang ti. Rude drawing. Probably Rumex is intended. Also Kiu huang, LII, 21.

At Peking yang t'i or niu she is Rumex crispus, L., and other species. A Rumex in the Peking mountains is called 土大黄 t'u (native) ta huang (Rhubarb). Its root resemble a cloven hoof.

P. SMITH, 87:—Dock, yang t'i.—Henry, Chin. pl., 308:—牛舌頭 niu she t'ou, in Hu pei, Rumex acetosa, L.

Amæn. exot., 911:—羊蹄 jotei, communiter si. Thlaspi majus, foliis Lapathi, caulibus in spicas excurrentibus, capsulis Bursæ pastoris, intermixtis foliolis, confertas. [It does not seem that a Rumex is meant.]

So moku, VII, 27:一羊 蹄 Rumex japonicus, Meisn.

Sieb., Œcon., 108:—Rumex crispus. Japonice: gisi gisi. Sinice: 羊蹄. Remedium agricolis in exanthematibus.

194.— 書 蒲 ch'ang p'u. P., XIX, 8. T., LXVIII. Comp. Classics, 376.

Pen king:—Ch'ang p'u. The root is officinal. Taste pungent. Nature warm. Non-poisonous.

Pie lu:—Other names: 昌陽 ch'ang yang. The ch'ang p'u grows in Shang lo [in Shen si, App. 274] in ponds and swamps, also in Yen tao, belonging to Shu [Sz ch'uan, App. 406, 292]. The best drug is that which contains nine joints within a space of an inch of the root. The bedewed root (?) 55 cannot be used. The root is dug up in the 5th and 12th months and dried in the shade.

Wu P'u [3rd cent.] calls it 堯 韭 yao kiu.

T'AO HUNG-KING:—One kind, which is a common plant, grows on stones. That with numerous joints is the best. That with a large root, which grows in low, damp places, is called 昌陽 ch'ang yang. It is not much used for food. The true ch'ang p'u has a leaf which shows a ridge (an elevated line) like a sword. In the 4th and 5th months it produces minute flowers. There is one kind found in Eastern China, in rivulets and swamps, which is called 溪森 k'i sun. In odour and colour its root is much like the ch'ang p'u which grows on stones, but its leaves are very like the leaves of the p'u (Typha) and have no ridge (elevated line). It is frequently confounded with the stone ch'ang p'u. It is not eaten, but is employed as an expectorant, and is also useful in destroying fleas and lice.

TA MING [10th cent.]:—The root of the ch'ang p'u which grows in stony rivulets is small and hard. The best is that with nine joints within one inch of the root. It is produced in Süan chou [in An hui, App. 315].

Su Sung [11th cent.]:—It is a common plant. The best sort is produced in Ch'i chou [in An hui, App. 21] and in Jung chou [in Sz ch'uan, App. 112]. The leaf is from one foot to two feet long, has an elevated middle ridge like a sword. It has neither flowers nor fruit. Its root is contorted, creeping, has joints, and resembles a switch. The principal root sends out three or four lateral roots with joints close together, 12 within an inch. The fresh root is soft and hollow, but after having been dried in the sun it becomes hard and solid. When broken the heart shows a reddish tinge. Its taste is acrid and aromatic. The plant is much cultivated for medical use, but the best is that brought by the savages (Man) of K'ien [N. Kui chow, App. 141] and Shu (Sz ch'uan). This is the shi (stony) ch'ang p'u. Another

sort is called the [ shui (water) ch'ang p'u. It grows in rivulets and swamps, and is seldom used in medicine. These two sorts are frequently mixed together by the druggists and are not easily distinguished.

LI SHI-CHEN: - There are five kinds of ch'ang p'u:

- 1.—That which grows in ponds and marshes and has a leaf like the p'u, a fat (succulent) root, and is from two to three feet high, is the 泥 ! ! ni ch'ang p'u (ni = mud) or 日 真 pai ch'ang [see 195].
- 2.—That which grows in rivulets, has a p'u leaf, a meagre root, and is from two to three feet high, is the 水 [ | shui (water) ch'ang p'u or k'i sun [v. supra]. It is also called 水 劍 草 shui tsien ts'ao (water sword-plant).
- 3.—That which grows in the water among stones, and the leaves of which show an elevated ridge like that of a sword, root meagre, joints close together, and the plant about one foot high, is the 石 l l shi (stone) ch'ang p'u.
- 4.—One kind of *shi ch'ang p'u* is cultivated by the people in coarse sand. It is only from four to five inches high, and has fine leaves like the *kiu* (*Allium odorum*). Root like the handle of a spoon.
- 5.—The smallest kind, the root of which measures but two or three tenths of an inch, with leaves one inch long, is called 錢浦 ts'ien p'u.

For food and for medical use only the two sorts of shi ch'ang p'u can be employed. The other sorts are worthless.

Su Sung is erroneous in stating that the ch'ang p'u has neither flowers nor fruit. It produces in the 2nd or 3rd month a spike of small yellow flowers.

For botanical identification see the next.

## 195.—白昌 pai ch'ang. P., XIX, 13. T., LXVIII.

Pie lu:—Other names: 水 菖蒲 shui ch'ang p'u, 水 宿 shui su and 莖 [ heng p'u. The pai (white) ch'ang is dug up in the 10th month. The root is officinal. Taste sweet and pungent. Non-poisonous.

T'AO HUNG-KING gives the synonym 蘭 蓀 lan sun.

Ch'en Ts'ang-k'i [8th cent.]:—This is the plant which is now called k'i sun [see 194] and also 昌陽 ch'ang yang. It grows by the sides of water. It is different from the ch'ang p'u which grows among stones [see 194]. It has a large, very white root, of a disagreeable smell.

Su Sung [11th cent.]:—The shui ch'ang p'u grows abundantly in rivulets and marshes. It perishes when the water dries up. The leaves resemble those of the shi (stone) ch'ang p'u but they have not the elevated rib [v. supra, 194]. The root after drying becomes light, shrunken, and of a dirty appearance. It is not fit for medical use.

LI Shi-chen:—There are two sorts. One has a large, white succulent root with the joints wide apart. This is the pai (white) ch'ang, commonly called R | | ni (mud) ch'ang p'u [comp. 194]. The other kind has a meagre root of a red colour, and the joints close together. This is the k'i sun, commonly called shui (water) ch'ang p'u. Both these sorts do not show that [above-mentioned] elevated ridge on their leaves. The taste and the smell of the k'i sun are superior. Both drugs are useful in destroying vermin, but are not fit for being eaten.

Ch., XVIII, 2:—Ch'ang p'u or shi ch'ang p'u. The figure seems to represent an Acorus. Linear leaves. Root not represented.—Kiu huang, LI, 9:—Ch'ang p'u. The drawing shows only young leaves and a ringed rhizome.

Lour., Fl. cochin., 259:—Acorus Calamus, L. [Loureiro's plant is, according to Kunth, Enum. pl., III, 87, not the common sweet flag but the Acorus terrestris of Rumphius, Amb., V, tab. 72]. Sinice: xe cham pu (shi ch'ang p'u). In montibus et locis petrosis Cochinchinæ et Chinæ. Radix utitur in medicina.

Tatar., Cat., 14, 53:—Ch'ang p'u and shi ch'ang p'u. Rad. Acori terrestris.—P. Smith, 4.

Lour., l.c., 258:—Orontium cochinchinense [this is Acorus cochinchinensis, Schott. See Kunth, Enum. pl., III, 87]. Sinice: xui cham pu (shui ch'ang p'u). Habitat in paludibus et locis aquosis Cochinchinæ et Chinæ.

At Peking the common Acorus Calamus is called ch'ang p'u. It has the same Chinese name in Hu pei. See Henry, Chin. pl., 18.

The pai ch'ang or shui ch'ang p'u of the Pen ts'ao is probably Acorus Calamus.

Cust. Med., p. 338 (2):—Ch'ang p'u exported 1885 from Canton 47 piculs.—Exported also from Han kow. See Hank. Med., p. 1.—The shi ch'ang p'u is mentioned in the Cust. Med. as imported to New chwang, Shang hai and Tamsui, and said to come from Ning po and Amoy, but it is not noticed in these ports among the exports.

Amen. exot., 900:— sju, vulgo soobu. Herba arundinacea palustris, foliis liliaceis, ob pulchritudinem in hortis et cisternis recepta; cujus tres habentur species foliorum magnitudine differentes: soo foliis longissimis,—ajami mediocribus,—et sikisoba parvulis, quæ in fictilibus asservatur.— Thunberg identifies this with his Iris versicolor [Flora jap., 34], but from the Japanese names it would seem that Kæmpfer's description refers to Acorus.

Phon zo, XXXIII, 16, 17, and So moku, VII, 10:— 白菖, japonice sjobu, is Acorus spurius, Schott. [= A. Calamus, Thbg., Fl., jap., 144]. In aquosis Japoniæ (Buerger). So moku, VII, 11:一石 莒, Acorus gramineus, Ait. Comp. also Phon zo, XXXIII, 13-14, s. nom. sin. Acorus, only leaves figured.

Sieb., Icon. ined., VIII, and Sieb., Œcon., 4:—Acorus Calamus, L., var. asiatica. Japonice: sjoobu; sinice: 泥 喜. Usus pro ceremoniis.

SIEB., Icon. ined., VIII, and SIEB., Œcon., 5:—Acorus gramineus. Japonice: seki sjoo; sinice: 石 菖 蒲.

SIEB., Icon. ined., VIII, and SIEB., Œcon., 6:—Acorus pusillus. Japonice: biroodo seki sjo; sinice: 錢浦. Utraque planta [i.e. A. gramineus et pusillus] pro septis lacuum artificialium in hortis, nec non ob virtutem in contusionibus colitur.

MIQUEL, Prol. Fl. jap., 135, 356:—Acorus pusillus. Acoro gramineo valde affinis, omnibus partibus minor; folia angustissima, etc.

MATSUMURA, 4:—Acorus Calamus, 水 菖蒲.

196.—香 湍 hiang p'u. P., XIX, 13. T., LXVIII. Comp. Classics, 375.

Pen king:—Hiang (fragrant) p'u, 蒲 黃 p'u huang (yellow), name of the yellow pollen of the flowers, which is used in medicine. Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—The hiang p'u is produced in Nan hai [Kuang tung, App. 228] in pools and swamps, and the p'u huang in Ho tung [in Shan si, App. 80] in pools and swamps. It is gathered in the 4th month.

Wu P'u [3rd cent.] gives the synonym 雕石 tsiao shi.

Su Kung [7th cent.]:—The hiang p'u is also called H | kan (sweet) p'u. It is fit for making mats. In the

spring the white sprouts of this plant are collected and pickled. They may also be eaten when steamed. The people of Shan nan [S. Shen si, App. 268] call it hiang (fragrant) p'u, whilst by 臭 [ ch'ou (stinking) p'u they understand the ch'ang p'u [Acorus. See 195]. P'u huang is the name of the flowers of the hiang p'u.

Su Sung [11th cent.]:—The hiang p'u is the name of the plant which produces the p'u huang. It is a common plant. The best comes from Ts'in chou [in Kan su, App. 358]. The young plant, in the spring, when rising from the bottom of the water is of a reddish white colour. The heart of the tender plant which enters the mud, and which is called 白 蒻 pai jo, is of the size of the handle of a spoon, and can be eaten raw. It is sweet and delicate. It is also very palatable when steeped in vinegar, like bamboo-sprouts. This is mentioned in the Chou li. Nowadays it is rarely used for food. In the beginning of summer the stem shoots upwards from the midst of the leaves. It bears at the top a kind of mace which contains the flowers. It is called 蒲槌 p'u ch'ui (club, mace) and [ 墓 p'u o (receptacle). P'u huang is the name for the powder of the filaments of the flowers (pollen). It is fine, like golden dust. The people collect it at the proper time, mix it with honey and sell it as a sweetmeat.

LI SHI-CHEN:—The p'u grows in a bushy manner by the sides of the water, like the kuan [a rush. See Bot. sin., II, 455], but it is smaller and [the leaf] has a ridge. In the 2nd and 3rd months the young roots are taken out and prepared with a condiment of fish. The old root is also edible when boiled in fat or steamed. Or it is dried in the sun and reduced to powder, of which cakes are made. In the 8th or 9th month the leaves are gathered and woven into mats. Fans can also be made of the leaves. They are pliable, smooth and keep warm.

Ch., XVIII, 4:—Hiang p'u. Rude drawing. Typha is evidently intended. The figure in the Kiu huang [LIII, 12, sub p'u sun (sprouts)] is also Typha.

Lour., Fl. cochin., 675:—Typha latifolia, L. In paludibus Chinæ et Cochinchinæ. Sinice: pu hoam.

Tatar., Cat., 46: — Hiang p'u, Typha Bungeana.— P. Smith, 223.

Typha angustifolia, L., is a common plant in the marshes near Peking. Popular name p'u tsz'.

Cust. Med., p. 128 (109):—P'u huang exported 1885 from Chin kiang 4 piculs,—p. 204 (282), from Ning po 0.47 picul,—p. 374 (466), from Canton hiang p'u ts'ao 0.05 picul.—P'u huang is also exported from Han kow. See Hank. Med., 34.

Amæn exot., 900:—蒲 fo, vulgo kamma, gramen cyperinum palustre.—It does not seem that Kæmpfer means Typha, although gamma is the Japanese name for Typha.

Phon zo, XXXIV, 18-20:—香蒲, Typha japonica, Miq., and T. angustifolia, L.

SIEB., Œcon., 7:—Typha angustifolia, L. Japonice: gama. Sinice: 蒲. Usus pro fomite.

Comp. Classics, 350.

 $Pie\ lu:-Ku.$  Only the name. The root, the sprouts and the leaves are used in medicine.

Han Pao-sheng [10th cent.]:—The ku ken (root) grows in water. The leaves of the plant resemble those of the sugar-cane. The old root is contorted and thick. In the summer a fungus (蒙 kūn) is produced in it, which is edible and is called 菰 菜 ku ts'ai (vegetable). In the

Ch'en Ts'ang-k'i [8th cent.]:—The small ku shou when broken shows a black dust inside. It is called 鳥 鬱 wu yū and is eaten by the people.

Su Sung [11th cent.]:—The ku ken (root) is common in rivers, lakes and swamps. Its leaves resemble those of the p'u (Typha) and the wei (common reed). They are cut for feeding horses, which it fattens. At the end of spring the root sends up white sprouts resembling bamboosprouts. They are called ku ts'ai [v. supra], also 茭白 kiao pai, and are used for food, both raw and cooked. They are of an agreeable sweet taste. In the heart of these sprouts is a central mass which resembles the forearm of a child. This is called | 手 ku shou (arm) not ku shou (首 head). This plant is mentioned in the Rh ya [88], and the commentator speaks of the fungus produced in it. Since that time the people in the south use the character K ku as a synonym for 菌 kun (mushroom). The root of the ku is like that of the common reed. It is common in the marshes of the two Che [Che kiang, App. 10]. When the stem of this plant has become hard it is called 1 蔣草 ku tsiang ts'oo. In autumn it bears fruit. The seeds are called 彫胡米 tiao hu mi and in times of scarcity are used as a substitute for corn.

K'ou Tsung-shi [12th cent.] says:—The ku is a kind of reed. The people on the northern border of China use it for feeding horses and for making mats. It flowers in the 8th month. The flowers resemble those of the common reed.

This plant, first mentioned in the P. [l.c.] as a waterplant, is there spoken of for a second time [XXIII, 15] among the cereals, under the name of 滋米 ku mi (grain). Comp. Rh ya, 88, Classics, 350.

T'AO HUNG-KING:—The ku mi, also called tiao hu [v. supra] is employed for making cakes used as food.

Ch'en Ts'ang-k'i [8th cent.]:—The tiao hu is the grain from the hu tsiang [v. supra] plant. It is mentioned in the Classics and is used as food.

SU SUNG [11th cent.]:—In ancient times the ku mi was much valued as food, but nowadays the people gather it only in times of scarcity.

K'ou Tsung-shi [12th cent.]:—The seeds are green and about an inch long. The savages gather them and cook them mixed with millet as food.

LI Shi-chen:—The flowers of the tiao hu resemble those of the wei (common reed). The seeds are nearly an inch long. They are gathered after hoar-frost. They are as large as the mao chen [sprouts of Imperata. See 37]. Their outer skin is gray, but the flour within is very white, mucilaginous, and can be used for food. The young stalks of this plant are likewise eaten and are known under the name of 芝 筍 kiao sun.

This plant is figured in the Ch. [XVIII, 13] under the names ku or kiao pai, and in the Kiu huang [LIII, 27] sub kiao sun. It is the Hydropyrum latifolium, Griseb. For further particulars see Bot. sin., 350.

198.—水 葬 shui p'ing. P., XIX, 18. T., LXVII. Comp. Rh ya, 113, Classics, 400.

Pen king:—Shui (water) p'ing. The whole plant is used in medicine. Taste pungent. Nature cold. Non-poisonous.

Pie lu:—The shui p'ing grows in Lei tse [in Shan tung, App. 182] in ponds and swamps. It is gathered in the 3rd month and dried in the sun.

T'AO HUNG-KING:—This is the water-plant called 大蒜 ta (large) p'ing, not that plant now called 浮 莽子 fou (floating) p'ing tsz'. The Lei kung yao tui says that it has white flowers in the 5th month, but this does not agree with the ta p'ing which is now common in ditches and canals. The ta p'ing is the fruit of the water-plant which the king of Chu fell in with when crossing the Kiang (Yang tsz'). 56

CH'EN Ts'ANG-K'I [8th cent.]:—There are two kinds of shui p'ing. The larger one is called 蘋 p'in. It has round leaves more than an inch in diameter. The small p'ing tsz' is that which is commonly met with in ditches and canals, and this latter is the shui p'ing mentioned in the Pen king.

Su Sung [11th cent.] refers to Rh ya, 113, and notices that Su Kung [7th cent.] distinguishes three kinds of shui p'ing,—the larger or p'in, an intermediate sort which is called 若 hang [Limnanthemum. See Classics, 399] and a small kind, 浮葬 fou (floating) p'ing, which floats on the surface of the water. Now the p'in is seldom used in medicine, but the fou p'ing is commonly employed.

LI Shi-chen:—The shui p'ing used in the ancient prescriptions was the small fou p'ing not, as T'AO Hung-king asserts, the large p'ing. The fou p'ing is common in standing pools, where it appears at the end of spring. It is believed

<sup>56</sup> T'AO HUNG-KING alludes to a tradition related at length in the Kia yu (Family Sayings of Confucius): ﷺ, the prince Chao of the state of Ch'u [B.C. 515-489], when once crossing the Kiang in a boat, met with a curious water-plant having a large fruit. It was sent to Confucius, who declared it to be the fruit of the p'ing plant, which appears only to princes destined to become leaders of the empire.

that it is produced by a metamorphosis of poplar flowers. The fou p'ing consists of numerous small leaves floating on the water. Its tender, hair-like roots proceed from the underside of the leaves. One kind has its leaves green on both sides, the leaves of another kind are green above and reddish purple, like blood, beneath. The latter is called \$\frac{1}{2}\$ [ tsz' (purple) p'ing. It is much valued as a medicine.

Ch., XVIII, 5:—Shui p'ing or fou p'ing. The figure represents Lemna (Duckweed).

Lour., Fl. cochin., 492:—Zala asiatica [according to Roxburgh, Loureiro's plant is Pistia stratioides, L.]. Sinice: fou peng. Habitat fluctuans in fluminibus lenti cursus in Cochinchina et China.

TATAR., Cat., 55:—Shui p'ing, Lemna gibba. [The name fou p'ing tsz' has been confounded by TATARINOV [24] with fu p'en tsz', Rubus. See 166.] The Peking Duckweed is Lemna minor, L., is very common there and known under the Chinese name fou p'ing tsz'.—P. SMITH, 131, Lemna.

Cust. Med., p. 358 (238):—Fou p'ing exported 1885 from Canton 3.89 piculs,—p. 306 (480), from Amoy 0.02 picul.<sup>57</sup>

Amæn. exot., 900:—浑 fe, vulgo ukingusa, i.e. herba natans. L'enticula palustris vulgaris.

Phon zo, XXXIV, 1:—水 葬 Spirodela (Lemna) polyrhiza, Schleid.—Ibid.:—靑 葬 (green duckweed) Lemna minor, L.—Ibid., 3:—紫 葬 (purple duckweed) Salvinia natans, Hoffm.

57 Fou-p'ing 浮菜. [Customs Med., export from Canton.] A sample of this drug [in the Pharmaceutical Museum, London] from Hongkong is Pistia stratiotes, L.—A. HENRY.

The p'in or larger shui p'ing has a special article in the P., XIX, 21.

Li ki [Legge], II, p. 432 (10):—Marriage ceremony: the young lady offers a sacrifice to the ancestors, using fish for the victim, and soups made of duckweed and pondweed, 茎之以蘋藻.

Wu P'u [3rd cent.]:—The 蘋 p'in or shui p'ing, also called 水麻 shui lien, floats upon the surface of the water. The leaves are round and small. Each stalk bears one leaf. The roots are at the bottom of the water, in the mud. The plant produces a white flower in the 5th month. It is gathered in the 3rd month and dried in the sun.

Ch'en Ts'ang-k'i [8th cent.]:—The leaves of the p'in are round, and about one inch in diameter. Beneath the leaves there is a speck-like foam. It is also called 荣 茱 fou ts'ai. It is dried in the sun and used as a medicine. The smaller sort, the siao p'ing, grows in ditches and canals [Lemna, v. supra].

Chang Yü-hi [11th cent.] quotes the Rh ya [114], and says that the p'in is little used in medicine, the small sort (Lemna) being preferred for medical use.

LI Shi-chen:—The p'in is the 四葉菜 sz ye ts'ai (four-leaved vegetable) which floats on the surface of the water. The root is at the bottom of the water. The stalks (petioles) are more slender than those of the shun [see the next] and the hang [Limnanthemum, v. supra]. The leaf is as large as a finger-nail, green on the upper side, purple underneath and finely veined, somewhat resembling the leaflets of the ma t'i küe ming [Cassia. See 110]. Properly its leaf consists of four leaves (leaflets) united to form a cross. It is therefore also called 田字草 t'ien tsz' ts'ao [plant the leaves of which resemble the character 田]. In summer

and autumn it produces small white flowers and is therefore also called  $\not\vdash$  1 pai (white) p'in.

The Ch. [XVIII, 6] figures sub p'in or pai p'in, Marsilea quadrifolia, L. The descriptions in the P. agree so far as the leaves are concerned. But Marsilea is a pseudo-fern and has no flowers.

Phon zo, XXXIV, 3:—蹟, Hydrocharis morsus ranæ. Probably this may be the p'in with white flowers of the P. Comp. Ch., XVIII, 2.

Ibid., 3:—田 字 草, Marsilea quadrifolia.

199.—黄 shun. P., XIX, 24. T., LXV.

Comp. Classics, 398.

Pie lu:—Shun. The whole plant used in medicine. Taste sweet. Nature cold. Non-poisonous.

resemble those of the fu k'ui [Limnanthemum. See Classics, 399]. They float on the water. The stem is edible. Flowers yellowish white. Seeds (or fruit) of a purple colour. The stem, which from the 3rd to the 8th month is as thick as a hair-pin, is yellowish red, and short or long according to the depth of the water. It is then called \* | sz' (floss silk) shun and is sweet and soft. In the 9th and 10th months it gradually becomes coarse and hard. In the 11th month the sprouts appear in the mud. They are coarse and short, and known under the name of \* k'uai (piece) shun. They are bitter and harsh. The people press out the juice and use it with other vegetables for soup.

LI SHI-CHEN:—The name is also written st shun, as in the Ts'i min yao shu [5th cent.]. The plant grows in South China in lakes and ponds. The people of Wu Yüe

[Kiang su, and An hui, App. 389] like it as food. The leaves resemble those of the hang ts'ai [Limnanthemum, v. supra] but are more round, and resemble in their outlines a horse's hoof. The stem is purple, resembles a tendon, is mucilaginous, tender, and can be boiled into soups. It blossoms in summer. Yellow flowers. The fruit is greenish purple, of the size of a small crab-apple. It contains small seeds. The young stems, before the leaves appear on them, are known under the name of 稚 | chi (young) shun, the plant with expanded leaves is 絲 | sz' shun. In autumn the old plant is called 葵 | k'ui (mallow) shun. It is also called 豬 | chu (pig) shun, for it is good for feeding pigs. It is the 环 mao of the Shi king.

Ch., XVIII, 14:—Shun. The figure represents a waterplant with peltate leaves. P. Smith erroneously identifies it with Scirpus. See also W.D., 783.

Amæn. exot., 828:— i sjun, vulgo nonawa. Sagitta aquatica minor latifolia. С. Ваин. radice eduli.

Although it appears from Kæmpfer's quotations of Bauhin that he means Sagittaria sagittifolia, Thunberg [Fl. jap., 82], relying upon the Chinese and Japanese names quoted, identifies it with Menyanthes nymphoides, L. Subsequently he describes it as a new plant (M. peltata) which is Villarsia peltata, Roem. & Sch., and Limnanthemum peltatum, Griseb. But according to Franchet this is Brasenia peltata, Pursh. For further particulars see Bot. sin., II, 398.

200.—海藻 hai tsao. P., XIX, 26. T., LXVI.

Comp. Rh ya, 197, 129.

Pen king:—Hai tsao (seaweed), 洛首 lo shou. The whole plant is officinal. Taste bitter and salt. Nature cold. Non-poisonous.

Pie lu:—The hai tsao grows in Tung hai [in Shan tung, App. 372. But Tung hai also means "Eastern Sea"], in ponds and marshes. It is gathered on the 7th day of the 7th month and dried in the sun.

T'AO HUNG-KING:—It grows on islands in the sea, is of a black colour and has the appearance of flowing hair. The leaves are large and resemble those of the tsao [Potamogeton and other water-plants. See Classics, 401].

Ch'en Ts'ang-k'i [8th cent.]:—There are two kinds of tsao. The E | ma wei (horse's tail) tsao grows in shallow water. It looks like a short horse-tail, is fine leaved and black. Before use it must be steeped in water to remove the brackish taste. The other kind has large leaves and grows in the deep sea near the kingdom of Sin lo [S. Corea, App. 311]. The leaves are like those of the shui tsao [Potamogeton and other sweet water-plants] but larger. The sea people, having attached a rope to their waists, glide down to the bottom of the sea and so secure the seaweed. Owing to the appearance of a large fish, dangerous to man, it cannot be gathered after the 5th month. This plant is mentioned in the Rh ya [201].

Su Sung [11th cent.]:—This seaweed now grows in the sea near Teng chou and Lai chou [both on the north coast of Shan tung].

Li Shi-chen:—The hai tsao is gathered on the sea-coast.
The 液 菜 hai ts'ai (sea vegetable) is prepared from it.

Ch., XVIII, 7:—Hai tsao or 頭髮菜 t'ou fa ts'ai (hair-of-the-head vegetable). The figure represents an Alga with verticillate leaves.

TATAR., Cat., 6:—Hai ts'ai. Sargassum, etc. Alga.— P. Smith, 5, Agar agar.

The hai tsao procured from Tien tsin, and examined by Professor Agardh in Sweden and Professor Gobi in

St. Petersburg, proved to be Sargassum siliquastrum, and the hai ts'ai, extensively used for food in China and brought from the coast of Manchuria, is Laminaria saccharina, L. [comp. 201].

Cust. Med., p. 202 (265):—Hai tsao exported from Ning po 107 piculs,—p. 374 (459), from Canton 0.18 picul.

Phon zo, XXXIV, 17:一海藻 or 馬尾草 and [19] 大葉藻 (large-leaved), Algæ, not determined.

201.—昆布 kun pu. P., XIX, 29. T., LXXIV.

Comp. Rh ya, 201.

Pie lu:—The kun pu is produced in the Eastern Sea [Tung hai, App. 372]. Taste salt. Nature cold. Non-poisonous.

Wu P'u [3rd cent.]:—The kun pu is also called 綸 布 lun pu.

The Hung-king:—The kun pu is produced in Kao li [Corea, App. 116]. It is twisted into ropes like hemp. It is of a yellowish black colour, soft but tough and edible. The Rh ya calls it lun.

CH'EN TS'ANG-K'I [8th cent]:—The kun pu is produced in the Southern Sea. The leaves are like a hand, large and of a purplish red colour. The sort with fine (capillary) leaves is called hai tsao [see 200].

LI SÜN [8th cent.]:—This plant undulates [in the sea]. That produced in [the sea of] Sin lo [S. Corea, App. 311] has fine (capillary) leaves of a yellowish black colour. The foreigners (Coreans) twist it into ropes, dry it in the shade and carry it by ship to China.

LI Shi-chen:—The kun pu produced in [the sea of] Teng chou and Lai chou [northern coast of Shan tung] has the appearance of twisted ropes. The sort which is brought from Min [Fu kien, App. 222] and Che [Che kiang] has large leaves and is used for food. All the different sorts of hai ts'ai (seaweed) resemble each other in quality and taste, and their medical virtues also are much alike.

Cust. Med., p. 202 (273):—Kun pu exported 1885 from Ning po 114 piculs,—p. 216 (97), from Wen chou 41 piculs,—p. 300 (402), from Amoy 7 piculs,—p. 334 (285), from Swatow 1.87 picul.

The kun pu is Laminaria saccharina, L. For further particulars see Bot. sin., II, 201. Comp. also supra, 200.

#### 202.—石斛 shi hu. P., XX, 1. T., CXXXIX.

Pen king:—Shi hu, 禁生 kin sheng and 林蘭 lin lan [lan of the forests. Regarding lan (orchid) see 62]. The stem is used in medicine. Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—Other names: 石蕊 shi chu, 杜蘭 tu lan. The shi hu grows in Liu an [in An hui, App. 220] in mountain-valleys, along the edge of the water and on stones (rocks). The stem is gathered in the 7th and 8th months and dried in the shade.

The drug now used comes from Shi hing [in Kuang tung, App. 289], where it grows on stones. It (the stem) is gold coloured, resembles the leg of a locust, and is met with also in Mid China. Another sort, inferior in quality, is produced in Süan cheng [in An hui, App. 315]. It grows on oak trees (li) and is called \* | mu (tree) hu. It has a long, hollow stem of a paler colour.

Su Kung [7th cent.]:—It is now produced in King and Siang [both in Hu pei, App. 145, 305], in Han chung [S. Shen si, App. 54] and in Kiang tso [An hui and Kiang su, App. 124]. There are two kinds. One resembles barley. It (the stem) consists of a series of joints. At the top is one leaf. This is called 麥 [ mai (barley) hu. The other sort has a stem like the thigh-bone of a bird. The leaves are at the summit of the stem. It is called 雀 悍 [ tsio pi (bird's thigh) hu. There is another kind of hu, which resembles a bamboo. The leaves proceed from the joints. The shi hu is dried for use or it is steeped in wine.

SU SUNG [11th cent.]:—The *shi hu* now grows also in King chou [in Hu pei, App. 146], in Kuang chou [in Ho nan, App. 163], in Shou chou and Lü chou [both in An hui, App. 290, 206], in Kiang chou [in Kiang si, App. 125], in Wen chou and Tai chou [both in Che kiang, App. 385, 326]. But the best comes from Kuang nan [Kuang tung, App. 162]. It is a mountain plant. The stem looks like a small bamboo. Small leaves proceed from the joints of the stem. It blossoms in the 7th month and bears fruit in the 10th. The root is slender, long and of a yellow colour. That growing on rocks is the best.

 distinguished. These are common plants in China. The best sorts are produced in Shu (Sz ch'uan). As the shi hu has a slender stem like a [Chinese] hair-pin it is also called 全致石 [ kin ch'ai (gold hair-pin) shi hu.

Although the descriptions of the *shi hu* in the *P*. are vague and unsatisfactory, I agree with Williams [*Dict.*, 233] that this name and the other synonyms are applied to orchidaceous plants.

Ch., XVI, 1, 2:—Shi hu. Two figures. The first seems to represent Dendrobium moniliforme, Swartz, and the other is a larger Orchid, with a jointed stem.

Lour., Fl. cochin., 633:—Ceraja simplicissima [Dendro-bium, Benth. & Hook., Gen pl., III, 498]. Caule simplicissimo, parasitico, erecto. Habitat in sylvis Cochinchinæ et Chinæ rupibus ac arboribus inhærens. Sinice: xe (shi) hu. In medicina sinensi utitur.

TATAR., Cat., 53:—Shi hu. Dendrobium Ceraja et musci ac lichenes varii.—GAUGER [34] describes and figures this drug. He suggests that it may be the subterraneous stem of a Graminea.—P. SMITH, 85.

HENRY, Chin. pl., 424, 539:—Shi hu. Dendrobium nobile, Lindl. Exported from Sz ch'uan as a drug under the name of 雅平 yà tou, both the plants with still living flowers and the young stems in a dried state.

Cust. Med., p. 80 (203, 200, 213):—Han kow exported 1885 fresh 解 斗 121 piculs, 金 解 斗 30 piculs, 雅 斗 8 piculs,—p. 60 (44), I chang 雅 斗 14 piculs,—p. 374 (453), 376 (487), Canton exported 全 叙 解 30 piculs, 石 解 20 piculs,—p. 424 (145), shi hu exported from Pak hoi 18 piculs,—from Kiung chou 4 piculs.

The 木斛 was exported: p. 202 (279), from Ning po 99 piculs,—p. 268 (141), from Takow 4.25 piculs,—p. 216 (96), from Wen chow 2 piculs,—p. 288 (203), from Amoy 0.04 picul.

So moku, XVIII, 17:—石斛 and [18] 黃花石斛 [yellow-flowered] Dendrobium moniliforme.—See also Phon zo, XXXV, 2, 3.

So moku, XVIII, 20, and Phon zo, XXXV, 3:—麥 斛. A small orchid, not determined by Franchet. Pseudo-bulbs (?). One leaf on the summit as described in the P.

So moku, XVIII, 19:一雀 髀 斛, Dendrobium reptans, Franchet. Ibid., 32, and Phon zo, VIII, 21:—数子股, Luisia teres, Bl. [Epidendron teres, Thbg.].

KÆMPFER [Amæn. exot., 864-867] describes and depicts the Dendrobium moniliforme under the Chinese name 風蘭, in Japanese fu ran. But in Chinese as well as in Japanese botanical works these names are applied to another Orchid.

So moku, XVIII, 25:—風 蘭, Œcœoclades falcata, Regel. [Orchis falcata, Thbg., Fl. jap., 26; Limodorum falcatum, Thbg., Icon. pl. jap., 6; Aërides Thunbergii, Miq., Aërides japonicum, Lindl. & Reich., Bot. Mag. (1869) tab. 5798]. The genus Œcœoclades is now included under Saccolabium, Benth. & Hook., Gen. pl., III, 578.

The above Chinese name is not found in the P. But the Ch. [XVI, 37] gives a figure of the 國 feng lan (wind or air Orchid). The drawing agrees well with that of the So moku. The Chinese text says that the feng lan, also called 哥 前 tiao (suspended) lan, is a parasitic plant on rocks, found in Fu kien, Kuang tung and Kiang si. It resembles the shi hu and the lan. Stem and leaves drooping. The leaves are flat, two or more inches long. They roll up and do not open again. It flowers in the 5th month. The people place this plant in a bamboo basket and suspend it from the eaves of their houses, where it thrives and blossoms, subsisting only on the air.

This Chinese plant was first noticed by Semedo 250 years ago [see my Early Europ. Res. Fl. Chin, p. 7].

Lour. [Fl. cochin., 642] describes it under the name of Ærides odorata (air plant); sinice: fum lan. Planta parasitica... folia linearia, crassa, magna, subincurva, reflexa... racemis simplicibus longis... Mirabilis hujus plantæ proprietas est, quod ex sylvis domum delata, et in ære libero suspensa, absque ullo pabulo vegetabili terreo, vel aqueo, in multos annos duret, crescat, floreat, et germinet.

Cust. Med., No. 1276:—Tiao lan. Dendrobium nobile, Lindl.

#### 203.—石 韋 shi wei. P., XX, 4. T., CXXXIX.

Pen king: — Shi wei (rock thong). The leaves are officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—Other name: 石皮 shi p'i (rock leather). The shi wei grows in Hua yin [in Shen si, App. 87], in mountain-valleys and on rocks. The leaves are gathered in the 2nd month and dried in the shade. The best kind is that which grows in places where neither the noise of water nor the human voice are heard.

T'AO HUNG-KING:—The plant creeps on rocks, and the leaves are like leather, whence the above names. It is a common plant. That from Kien p'ing [in Hu pei, App. 139] has large, long and thick leaves.

Su Kung [7th cent.]:—It grows densely on the sides of rocks, in the shade, but does not creep [as T'AO HUNG-KING asserts]. The kind which grows on old brick walls is called 五章 wa (brick) wei. It is useful in the treatment of urinary calculus.

SU SUNG [11th cent.]:—This plant is now found in Tsin chou and Kiang chou [both in Shan si, App. 353, 123],

Ch'u chou [in An hui, App. 25], Hai chou [in Kiang su, App. 48], Fu chou [in Fu kien, App. 46] and in Kiang ning [Nan king, App. 129], where it grows on rocks. The leaves are leathery, resemble willow-leaves in shape, are covered with hair on the under side and also show spots there. A peculiar kind, which grows in Fu chou, is called 石皮 shi pi (rock leather). It (the leaves) has hairs in the 3rd month. A decoction of it is used in the treatment of rheumatism.

LI SHI-CHEN:—The shi wei is also called 石 號 shi che (leather) and 石 蘭 shi lan. It grows plentifully on rocks and in crevices. Leaves nearly a foot long and one inch broad, soft and pliable like leather. They have yellow hairs on the under side, or golden stars (spore cases), whence one kind is called 全星草 kin sing ts'ao (golden star plant). Another sort has leaves like the apricot. It likewise grows on rocks.

Ch., XVI, 4:—Shi wei. The figure represents a plant with long tongue-shaped leaves, probably Polypodium (Niphobolus) Lingua, Sw. Ibid., XVI, 11, 12:—Kin sing ts'ao. Two ferns represented, one with tongue-shaped leaves.

Lour. [Fl. cochin., 825] applies the Chinese name xe ui (shi wei) to another fern with long lanceolate leaves, Ophioglossum lusitanicum, and the Chinese name xi ui tan to O. scandens.

Hanb., Sc. pap., 266:—Shi wei. Fronds of Niphobolus Lingua.—P. Smith, 155.

Cust. Med., p. 204 (283):—Shi wei exported 1885 from Ning po 6.55 piculs,—p. 360 (274), from Canton 4.42 piculs,—p. 280 (109), from Amoy 0.20 picul.

Amæn. exot., 石章 secki ji vulgo iwanokawa, etotsba, etc. Hemionitis petræa, folio oblongo majusculo simplici, ex obtusa basi in longum mucronem, in forma venabuli excurrente.—According to Thunberg [Fl. jap., 330] this is Acrostichum Lingua [Polypodium or Niphobolus of other authors].

Phon zo, XXXV, 7:一石 韋 and [8] 杏 葉 石 韋 [apricot-leaved, comp. supra], Polypodium Lingua.—Ibid., 11:一瓦 韋, fig. dextra, Polypodium lineare, Thbg.; fig. sinistra, Vittaria lineata, Sw.

## 204.—石長生 shi ch'ang sheng. P., XX, 6. T., CLXXV.

Pen king:—Shi ch'ang sheng [according to LI SHI-CHEN the meaning of the name is "persistent plant growing on rocks"], 丹草 tan ts'ao (cinnabar plant), properly 丹沙草 tan sha ts'ao. Stem and leaves used in medicine. Taste saltish. Nature slightly cold. Poisonous.

Pie lu:—The shi ch'ang sheng grows in Hien yang [in Shen si, App. 65] in mountain-valleys.

T'AO HUNG-KING:—It is not used now in medicine. It is a fine, delicate plant about a foot high with purple flowers, growing on the sides of rocks. Leaves resemble those of the küe [Pteris aquilina. See Classics, 377], but they are finer and black, like shining varnish.

Su Kung [7th cent.]:—This plant grows more than a foot high. Its stem and leaves are gathered for medical use in the 5th and 6th months. This is the plant 黔 第草 han kin ts'ao, now found in the druggists' shops, which resembles the ts'ing siang [see 82] and has a slender but strong purple stem. It is now used in sacrifices.<sup>58</sup>

P. SMITH [142] may be right in identifying the shi ch'ang sheng with the Maiden-hair plant (Adiantum), although

the vague descriptions in the P. do not seem to point to this plant. The Ch. [XVI, 5] figures, sub shi ch'ang sheng, a Fern but not Adiantum.

Phon zo, XXXV, 15:—石長生, Adiantum monochlamys, Eaton [Adiantum æthiopicum, Thbg., which has black petioles].

Referring to T'AO HUNG-KING'S ststement that the shi ch'ang sheng has black leaves, I may observe that most of the species of Adiantum have black stipes. See Benth., Fl. hongk., 446, Adiantum:—Stipes usually slender, black and shining, etc.

# 205.—景天 king t'ien. P., XX, 7. T., CXXXVI.

Pen king:—King t'ien (brilliant heaven), 恒火 shen huo and 形火 kiao huo [the meaning of both names is "guarding against fires"]. Flowers [and also leaves] used in medicine. Taste bitter. Nature uniform. Non-poisonous. [Subsequent writers say "slightly poisonous."]

Pie lu:—Other names: 救火 kiu huo, 據火 kü huo [both names have the same meaning as shen huo, v. supra], 火 母 huo mu (mother of fire). The king t'ien grows in T'ai shan [in Shan tung, App. 322] in river-valleys. It is gathered on the 4th day of the 4th month and on the 7th day of the 7th, and dried in the shade.

T'AO HUNG-KING:—The king t'ien is the most elegant of all plants. The people keep it in pots upon their houses, for it is reputed to be a protection against fires. Another name for it is 降火 pi huo [same meaning as the former names]. Outside the city of Kuang chou (Canton) there stands a large tree, from three to four fathoms in girth, which is called 喉火 樹 shen huo shu.

MA CHI [10th cent.] observes that in the accounts of Southern China no mention is made of this tree.

Su Sung [11th cent.]:—Now this plant is found in the southern as well as in the northern part of China. People cultivate it in their courtyards and also place it in pots upon the roofs of their houses. Its leaves resemble those of the ma ch'i hien (Purslane) but are larger and grow in several rows on the stem. The leaves are very fat and soft. The plant blossoms in summer. Small reddish purple flowers. After autumn it decays, but it has a perennial root. Stem, leaves and flowers are all used in medicine.

K'ou Tsung-shi [12th cent.]:—The plant is very easy to cultivate. A branch broken off and put into the ground, and watered, will soon thrive.

LI Shi-chen:—The king tien is much cultivated on artificial rocks in gardens. It is very fat. The stem is tinged with red and yellow, from one to two feet high. When broken it discharges a juice. Leaves pale green, shining, soft, spoon-shaped, thick, and not pointed. In summer it opens its small white flowers. The fruit (capsule) is similar to that of the lien kiao [Hypericum. See 120] but smaller, and contains small black seeds of the size of millet. The leaves taste somewhat sweet and bitter. They can be eaten after scalding. The plant is also called 淡水 hu huo [meaning as in the above names].

Ch., XI, 34:—King tien or 八寶兒 pa pao rh (the eight jewels,—a Buddhist term). Good drawing of Sedum alboroseum, Baker, a beautiful species, commonly cultivated in North China under the name of pa pao rh. It is nearly allied to the Japanese S. erythrostictum, Miq., and S. spectabile, Bor.

Tatar., Cat., 58: — King tien. Filix? — P. Smith, 114, House-leeks, Sedum.

Amæn exot., 912:—順火 sinqua, vulgo ikingusa et iwarenge. Sedum majus vulgare in ollis hic culta. Datur et minus, singulari gaudens charactere.

So moku, VIII, 38:—景天. Japonice: benkeisoo. Sedum erythrostictum, Miq.—Comp. also Phon zo, XXXVI, 1.

SIEB., Icon. ined., IV:—Same Chinese name, Sedum telephioides?

Sieb., Œcon., 337:—Sedum telephioides. Japonice: benkusoo; sinice:景天草. Adhibetur in hæmorrhagiis.

Phon zo, XXXVI, 6, 7:—慎火樹. The plant represented under this Chinese name looks like an Euphorbia.

206.—陟 釐 chi li. P., XXI, 1. T., LXXIV.

Comp. Rh ya, 129.

Pie lu:—The chi li grows in Kiang nan [App. 124] in ponds and swamps.

In the Lei kung yao tui it is called 側梨 tse li and said to grow in rivers.—The Shuo wen calls it 水衣 shui i (water covering).

T'AO HUNG-KING:—In the south the people use it for making paper. It is also used as a medicine.

K'ou Tsung-shi [12th cent.]:—The chi li is now collected and dried for food by the people, under the name 苔脯 t'ai fu (preserved fucus). The 青苔 ts'ing t'ai (green moss) is similarly treated. Both are very nourishing. They are common in the market of Pien king [Kai feng fu, in Ho nan. See App. 248].

Su Sung [11th cent.]:—The dried shi fa is eaten salted or in soups. It forms an excellent article of food.

LI Shi-chen:—The *chi li* grows on stones in water, covering them densely, and has the appearance of human hair. That growing in stagnant water, where there are no stones, forms masses of intricated filaments, like floss silk, and is called 水 綿 shui mien (water-floss).

Ch., XVIII, 10:—Chi li and [11] shi fa. Algæ, Conferva? Similar plants are figured in the Phon zo [XXXVII, 15] sub 時 資 and [16] 水綿.

Amæn. exot., 833:— 菩菜 tai sei, vulgo aii nori. Muscus marinus Corallinæ similis, multifidus, folio tenuis-simo.—According to Martens [Preuss. Exped. nach Ost Asien. Tange. China and Japan] this is Ceramium rubrum, Huds.

# 207.—井中苔 tsing chung t'ai. P., XXI, 2. T., LXXIV.

T'AO HUNG-KING:—It grows in disused wells. Used as a counter-poison.

#### 208.—垣 衣 yüan i. P., XXI, 4. T., CXL.

Pie lu:—Yūan i (covering of walls), 垣嬴 yūan ying (abundance of the walls), 天韭 t'ien kiu, 昔邪 si sie, and 鼠韭 shu kiu, also 青苔衣 ts'ing t'ai i (green, mossy covering). It grows in shady places, on old walls and on houses (roofs). It is gathered on the 3rd day of the 3rd month and dried in the shade.

Su Kung [7th cent.]:—That which grows on the northern shady sides of old walls is called ts'ing t'ai i, that which grows on stones is called si sie or 鳥韭 wu kiu [see 210], and that which grows on roofs is 屋遊 wu yu [see the next]. All these sorts resemble each other.

Ch., XVI, 53:—Rude figure of the yüan i. Moss. See also Phon zo, XXXVII, 20.

#### 209.—屋遊 wu yu. P., XXI, 5. T., CLXXVIII.

 $Pie\ lu:-Wu\ yu\ (roof\ rambler).$  It grows in the shade on the tops of houses and is gathered in the 8th and 9th months.

T'AO HUNG-KING:—It grows on old tile-roofs. It is cut off for medical use.

The Kia yu Pen ts'ao [11th cent.] calls it 五苔 wa (tile) t'ai.

LI Shi-chen:—The plant is several inches long. It is also called 五 松 wa sung (tile pine), 五 鮮 wa sien, and 博 邪 po sie.

Ch., XVI, 54:—昨葉荷草 tso ye ho ts'ao or 五松 wa sung. Henry [Chin. pl., 518] identifies this figure with Cotyledon fimbriata, Turcz., var. C. ramosissima, Max., which grows on old tile-roofs in Hu pei.—The same plant is common at Peking and is there called wa sung.

Tatar., Cat., 62, 63:—Wa sung or wu yu. Umbilicus malacophyllus (Cotyledon malacophylla). Order Crassulaceæ.

Comp. also Phon zo, XXXVII, 20:一屋遊. Rude drawing.

#### 210.一鳥 韭 wu kiu. P., XXI, 7. T., CLIX.

Pen king: — Wu kiu (black onion). Apparently the whole plant is used in medicine. Taste sweet. Nature cold. Non-poisonous. [A later writer says "poisonous."]

Pie lu:—The wu kiu grows on stones (rocks) in the mountains. The 鬼 麗 kui li likewise grows on rocks. It is dried in the sun.

Su Kung [7th cent.]:—This is the 石苔 shi t'ai, also called 石髮 shi fa [rock hair. Comp. also 206]. It grows in shady rocky vales which never see the sun. It resembles the küan po [see the next].

TA MING [10th cent.]:—It is also called 石衣 shi i (covering of rocks), and is from four to five inches long. It is poisonous.

Ch., XVI, 51:-Wu kiu. Rude drawing.

Phon zo, XXXVIII, 3:一鳥韭, a Fern. Trichomanes japonicum, Thbg.

#### 211.—卷柏 küan po. P., XXI, 8. T., CXLVII.

Pen king:—Küan po (curled inward Thuja). The whole plant is officinal. Taste pungent. Nature uniform. Non-poisonous.

Pie lu:—Other names: 萬歲 wan sui (ten thousand years), 求股 kiu ku and 交時 kiao shi. The yüan po grows in Ch'ang shan [in Chi li, App. 8], among stones (rocks) in mountain-valleys. It is gathered in the 5th and 7th months and dried in the shade.

Wu P'u [3rd cent.] calls it 豹足 pao tsu (leopard's foot).

T'AO HUNG-KING:—This plant grows, densely crowded on rocks, in Mid China. Fine leaves (finely dissected) resembling those of the po [Thuja. See 300], and curved inward like the toes of a bird. The plant is of a greenish yellow colour.

Chang Yü-hi [11th cent.]:—It grows in Kien k'ang [Nan king, App. 137]. Fan tsz' ki jan says it is produced in San fu [in Shen si, App. 265].

Su Sung [11th cent.]:—It is now found in Kuan and Shen [Shan si and Shen si, App. 158, 284], and in I chou and Yen chou [both in Shan tung, App. 106, 404]. The plant has a perennial root of a purple colour and is covered with many hairs (radical fibres). The leaves are like *Thuja* leaves but smaller, curved inward like the toes of a chicken. The plant grows from three to five inches high, and has neither flowers nor seeds. It is common on stones.

LI SHI-CHEN says that this plant never dies.

Ch., XVI, 3:—Küan po. The figure seems to represent Selaginella involvens, Spg. The description in the P. agrees. This curious plant, of the order Lycopodiaceæ, is very common in the Peking mountains, where it grows on stones and rocks. It has the fronds curled in and contracted when dry, in which condition it is of a yellowish brown colour, but it expands immediately and assumes a fresh, green colour when put into hot water. Its common name at Peking is 湯湯青 t'ang t'ang ts'ing, which means "it becomes green in hot water."

TATAR., Cat., 60:—Küan po. Lycopodium hygrometricum.

—P. SMITH [141] erroneously identifies küan po 59 with Lycoperdon squalmatum, which, he says, is a fungus with curved, compressed fronds [sic!].

Amæn. exot., 912:一卷 柏 kimpaku, vulgo iwagogi et iwasiba. Muscus saxatilis Ericoides.—Thunberg [Fl. jap., 386] comments:—Lichines fruticulosi.—Iwahiba is the Japanese name for Selaginella involvens [Lycopodium circinale, Thbg., l.c., 341].—Matsumura, 177.

Phon zo, XXXVIII, 6:一卷柏, Selaginella involvens.

<sup>&</sup>lt;sup>59</sup> In the Phermaceutical Museum, London, there are samples of this drug from Hankow [sent by PORTER SMITH] and from Hongkong. These are Selaginella involvens, Spg.—A. HENRY.

## 212.—玉柏 yū po. P., XXI, 9. T., CLXIII.

Pie lu:—Yū po (jade Thuja), also 玉遂 yū sui. It grows on stones and resembles a pine tree. It is only from five to six inches high, and has purple flowers. The leaves and the stem are used in medicine. Taste sour. Nature warm. Non-poisonous.

LI SHI-CHEN:—This is a small kind of shi sung [v. infra]. The people gather it and keep it in basins, where it lives for many years, whence the names 千年柏 ts'ien nien po (thousand years Thuja) or 萬年松 wan nien sung (ten thousand years pine).

Regarding the 石松 shi sung (stone pine) Ch'en Ts'Ang-K'I [8th cent.] states:—It is a plant from one to two feet high, resembling a pine tree, which grows in the mountains of T'ien t'ai [in Che kiang, App. 340]. The mountain people use the root and the stem [as a medicine].—LI SHI-CHEN adds:—It is a large kind of küan po.

Ch., XVI, 42:—Wang nien po and [43] wan nien sung. Rude drawings, but they seem to be intended for Lycopodium.—Ibid., XVII, 3:—Shi sung.

Cust. Med., p. 378 (497):—Wan nien sung exported 1885 from Canton 3.14 piculs,—p. 302 (435), from Amoy 0.03 picul.

CL. ABEL [Journ. in the Int. of China, 1816, 1817, p. 220] notices a Lycopodium, cultivated and spontaneous, in the Canton province, which might perhaps be best compared to a fir tree en miniature.—R. FORTUNE [Wand., 84; Tea Count., 8; Res. am. Chin., 80] met on the hills of Hong kong a curious dwarf Lycopodium which takes the very form of a dwarf tree en miniature. He saw it also in Hong kong gardens. The Chinese, who prize it highly, call it

man neen chung [evidently he meant to write wan nien sung]. FORTUNE introduced it to England, where it was named Lycopodium cæsium.

Phon zo, XXXVIII, 10:—玉柏, Lycopodium japonicum, Thbg.—10:—千年松, L. cernuum, L.—11:—石松, L. clavatum, L.

#### 213.—馬勃 ma pu. P., XXI, 10. T., CLXV.

Pie lu:—Ma pu. It grows in gardens and neglected places. Taste pungent. Nature uniform. Non-poisonous.

T'AO HUNG-KING:—The popular name is 馬氣勃 ma pi pu [which has the indecent meaning "horse-fart"]. It is of a purple colour, hollow and soft. It discharges a powder (spores) like the kou kan tan [dog-liver ball,—probably the name of a Fungus].

K'ou Tsung-shi:—It grows on decayed wood in damp places, and is gathered in autumn. It varies as to size, being sometimes very large.

LI SHI-CHEN: — Other names: 灰 菰 hui ku (ashes fungus) and 牛尿 菰 niu sui ku (ox-urine fungus).

Ch., XVI, 52:-Ma pu. Bad drawing. Fungus.

Tatar., Cat., 37:—Ma pu. Lycoperdon.—P. Smith, 140:—Lycoperdon giganticum.<sup>60</sup>

The name Lycoperdon is derived from lykos (a wolf) and perdo (to break wind). In English this fungus is commonly called Puff-ball.

Debeaux [Florule de Shanghai, 73] states that Lycoperdon giganteum [sinice: ma po] is frequent near Shang hai.

<sup>&</sup>lt;sup>60</sup> PORTER SMITH'S specimen in the Pharmaceutical Museum, London, was pronounced by M. C. COOKE to be a true species of *Polysaccum*, and not *Lycoperdon*. See *Pharmac. Journal*, II, p. 160.—A. HENRY.

Cust. Med., p. 134 (210):—Ma pu exported 1885 from Chin kiang 2 piculs,—p. 386 (604), from Canton 0.30 picul, —p. 278 (71), from Amoy 0.18 picul.

#### 214.—届 草 k'ū ts'ao. P., XXI, 13. T., CLXXXII.

Pen king:—K'ū ts'ao. Taste bitter. Nature slightly cold. Non-poisonous.

Pie lu:—It grows in Han chung [S. Shen si, App. 54], in swamps, and is gathered in the 5th month.

Obscure plant unknown to subsequent Chinese authors.

#### 215.—别 翳 pie ki. P., XXI, 13. T., CLXXXII.

Pen king:—Pie ki. Taste bitter. Nature slightly warm. Non-poisonous.

Pie lu:—The pie ki is also called 別枝 pie chi. It grows in Lan t'ien [in Shen si, App. 175] in river-valleys. This is likewise an obscure plant.

I omit 78 names of vegetable drugs mentioned in the *Pie lu* with short notes on their medical virtues. [*P.*, XXI, 13-18.] They all refer to obscure plants unknown to subsequent authors.

#### 216.—巨 腾 kü sheng. P., XXII, 1. T., XXXVIII.

Pen king:—Kü sheng. Seeds officinal. Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—胡麻 hu ma (hemp of the Western Barbarians) or 狗虱 kou shi (dog-louse), also called 巨膀 kü sheng. It is produced in Shang tung [S.E. Shan si, App. 275] in swamps. It is gathered in autumn. 青菱

tsing jang is the name for the leaves of the kü sheng. It grows in Chung yüan [Ho nan, App. 34].

T'AO HUNG-KING:—The hu ma is one of the most important cereals. The pure black kind (black seeds) is called 巨勝 kü sheng. The character kü means great [and sheng = superior]. The name hu ma [v. supra] refers to its being a native of Ta wan [ancient name for Fergana, 2nd cent. B.C. See Bot. sin., I, 24]. The hu ma has a round stem and the kü sheng a square one.

Ch'en Ts'ung-chung [an author of the Sung period] states that the hu ma was brought [in the 2nd cent. B.C.] by Chang K'ien from Ta wan to China, and that it is commonly called 油麻 yu ma (oil-hemp).

SU SUNG [11th cent.] proves that the hu ma, a foreign plant brought to China in the Han dynasty, has been erroneously identified by some early authors with the kü sheng of the Pen king, which is quite a different plant.

The hu ma, now more commonly called III in chi ma (fat or oil hemp), is the Sesam plant, extensively cultivated all over China for the oil of its seeds. Further particulars regarding this plant will be found in another part of the Botanicon sinicum.

I am not prepared to say what the kü sheng of the ancient Chinese Materia Medica was. In the Cust. Med. the 巨勝子 kü sheng tsz' appears only once [p. 158 (276)], where it is stated that 2.40 piculs have been imported from Han kow and other ports to Shang hai. It is identified there with Sesamum indicum, probably on the authority of P. SMITH [195], who relies on TATAR. [Cat., 60]. But BRAUN [Hank. Med., 12] states that the seeds exported from Han kow under the name of kü sheng tsz' bear no resemblance to Sesam seed. They are yellowish brown, oblong and have all the appearance of fennel seed. The druggist's shops

at Peking distinguish two sorts of kü sheng tsz'—the black and the white. Both were examined about 10 years ago by the late Maximowicz. The first kind—small, triangular black seeds—seemed to belong to a Nigella, although no species of this genus of Ranunculaceæ has hitherto been observed in China by our botanists. The white (yellowish) seeds seemed to belong to Ixeris or Mulgedium (Compositæ).

# 217.—大麻 ta ma. P., XXII, 11. T., XXXIX.

Comp. Rh ya, 104, 140, - Classics, 388.

Pen king:—Ta ma (great hemp). The flowers when they burst [when the pollen is scattered] are called 麻實 ma fen or 麻勃 ma pu. The best time for gathering is the 7th day of the 7th month. The seeds are gathered in the 9th month. The seeds which have entered the soil are injurious to man. It grows in Tai shan [in Shan tung, App. 322]. The flowers, the fruit (seed) and the leaves are officinal. The leaves and the fruit are said to be poisonous, but not the flowers and the kernels of the seeds.

T'AO HUNG-KING:—The ma fen is the male hemp, which does not bear seed. The people use the fibres for making cloth and shoes.

Su Kung [7th cent.]:—The fen is the seed of the ma, not the flower [as the Pen king states]. The author refers to the Rh ya and the Classics.

Ch'en Ts'ang-k'i [8th cent.]:—The hemp (ma) which is sown early in spring is called spring hemp. The seeds are small and poisonous. That which is sown late in spring is called autumn hemp. Its seeds are used in medicine and oil is expressed from them.

LI SHI-CHEN: -The ta ma (great hemp) is also called 火麻 huo (fire) hemp and 黃麻 huang (yellow) ma. The Rh ya i calls it 漢 麻 Han ma (Chinese hemp). It is largely cultivated for the oil of its seeds as well as for its textile fibres. There is a male and a female hemp plant. Only the latter bears seed. The leaves are narrow and long, resembling those of the i mu [Leonurus. See 78]. From seven to nine leaves (leaflets) proceed from the top of a common stalk. It blossoms in the 6th month. Small yellow flowers in spikes (or racemes). The fruit is as large as that of the hu sui (Coriander).—LI SHI-CHEN observes that the early authors do not agree in their statements regarding the ma fen. The Pen king says that ma fen and ma pu both denote the flowers of the plant, and mentions besides this the seeds. But according to Wu P'u [3rd cent.] ma fen and ma pu are not the same, ma pu being a name for the flowers, which are not poisonous, whilst the fen, called also 麻 藍 ma lan and 青 葛 ts'ing ko, is poisonous. Wu P'u does not explain what he understands by ma fen, but evidently he means the seeds. Su Kung, who wrote four centuries later, says ma fen is the seed. LI SHI-CHEN comes to the conclusion that fen is the covering of the seed. It is poisonous, whilst the kernel within, is innoxious and can be eaten. This explains the statement in the Chou li that the ma seed was used for food and offered to the emperor. The leaves of the ma are poisonous.

The ta ma of the Pen ts'ao is the common hemp, Cannabis sativa. Further particulars regarding this important Chinese textile plant will be given in another part.

In the Cust. Med. the 火麻子 or [ 仁 is stated to be imported to many of the Treaty ports. It is said to come from Han kow, Shang hai, Tien tsin and Chefoo. See also P. Smith, 111.

218.—小麥 siao mai. Wheat. P., XXII, 17. T., XXXII. Comp. Classics, 339. P. SMITH, 230.

It is noticed in the *Pie lu*; only the name and medical virtues. No explanation by T'AO HUNG-KING.

The following are used in medicine: 麥苗 mai miao (the young plants), 麪 mien (flour), 麥鉄 mai fu (the bran of wheat), 浮麥 fou mai (floating wheat,—unknown to me) and 麥 奴 mai nu, the latter being described by K'ou Tsung-shi as "black spots appearing on the ripe ears of wheat" [produced probably by a small parasitical fungus].

The 浮麥 is mentioned in the Cust. Med. [p. 292 (283), Amoy,—p. 366 (355), Canton].

219.—大麥 ta mai. Barley. P., XXII, 23. T., XXXII. Comp. Classics, 340.

The Pie lu notices only the name and the medical virtues.

T'AO HUNG-KING:—The ta mai is also called 裸 奓 k'o mai [see W.D., 425] and 牟 奓 mou mai. It resembles the kung mai [see the next] but its husk is thinner.

The young plants and 麥蘖 mai ye (malt) are both used in medicine. Li Shi-chen explains the character ye by "barley steeped in water and made to germinate." The 大麥 ta mai nu also is officinal. [Comp. 218]. P. SMITH, 33.

# 220. 一概 w kung mai. P., XXII, 25. T., XXXII.

The Pie lu notices only the name and the medical virtues.

T'AO HUNG-KING:—The *kung mai* is used for feeding horses. It is also, like wheat and barley, a nourishing and strengthening food for man.

Further particulars regarding the kung mai will be found

in another part. It is the so-called "nacked Barley," the grain of which separates from the chaff scales after the manner of wheat.

221.—稻 tao. Rice. P., XXII, 29. T., XXV. Comp. Classics, 337, 338.

The Pie lu notices only the name and the medical virtues. T'Ao Hung-king:—In Taoist prescriptions two kinds of rice are distinguished—the 稻米 tao mi and the 粳米 keng mi. The tao mi is very white. In Kiang tung [Kiang su, Che kiang etc., App. 124] they have no tao mi, and apply this name to the keng mi [see the next].

I have already referred to the fact [see Bot. sin., II, 338] that in ancient times the character tao, now a common name for rice, was applied to the glutinous rice. Keng is the common rice.

The grain, the culm, the awns, and the flower of the rice plant are all used in medicine.

222.—粳 keng (the character is also written 統). Common Rice, not glutinous. P., XXII, 34.

Comp. Classics, 338.

The Pie lu notices only the name and the medical virtues.

T'AO HUNG-KING:—The 模米 keng mi is the rice commonly eaten by the people. There are various sorts—the white, the red, the small, and the large.

223.—稷 tsi. The common Millet, Panicum miliaceum, L. P., XXIII, 1. T., XXIX.

Comp. Classics, 343.

The Pie lu notices only the name and the medical virtues.

224.—黍 shu. A glutinous variety of Panicum miliaceum. P., XXIII, 3. T., XXX.

Comp. Classics, 341.

The Pie lu notices only the name and medical virtues.

The grain, the culm and the root are all used in medicine.

225.—梁 liang. Setaria italica. P., XXIII, 7. T., XXIX. Comp. Classics, 344.

The Pie lu notices only the name and the medical virtues. The grain is used in medicine.

#### 226.—粟 su. P., XXIII, 9. T., XXXI.

Comp. Classics, 347. Setaria.

Pie lu:—Only name and medical virtues. The grain is used in medicine.

## 227.—称 shu. P., XXIII, 12. T., XXXI.

Comp. Classics, 348. A glutinous Setaria italica.

Pie lu:—Only names and medical virtues. The grain and the root are used in medicine.

# 228.—薏 苡 仁 i i jen. P., XXIII, 17. T., XL.

Pen king:—I i jen, also 解 蠡 kiai li. The seed is officinal. Taste sweet. Nature slightly cold. Non-poisonous. The root and the leaves are also used in medicine.

Pie lu:—Other names: 芭寶 k'i shi, 蓉米 kan mi. The i mi jen grows in Chen ting [in Chi li, App. 11], in marshes, in the plain and in fields. The fruit is gathered in the 8th month and the root at all times of the year.

T'AO HUNG-KING:—Chen ting hien belongs to the prefecture of Ch'ang shan [in Chi li, App. 8]. The plant is also common in Mid China, where it is much cultivated. The seeds produced in Kiao chi [Cochinchina. App. 133] are very large and are known there under the name 菜菜 kan chu (bead). MA YÜAN 62 when he was in Kiao chi tasted these seeds and introduced the plant to China, where the fruit was then called chen chu (pearl). The kernels (仁 jen) are used in medicine.

MA CHI [10th cent.]:—Now the drug from Liang Han [Sz ch'uan, App. 188] is generally used. It is less efficacious than that from Chen ting. That of a greenish white colour is good. To obtain the kernels the fruit is steamed in a boiler, then dried and [the hard shell] broken off.

Su Sung [11th cent.]:—The *i i* plant grows from 3 to 4 feet high. Leaves like those of the *shu* [Panicum. See 224]. Reddish white flowers in spikes. In the 5th or 6th month it produces fruit of a greenish white colour, resembling beads, but slightly oblong. It is therefore also called 意味子 *i chu tsz'* (*chu tsz'* = bead). Children perforate [the hard shell of] these globular fruits and string them together to play with. This fruit is gathered in the 9th and 10th months.

LEI HIAO [5th cent.]:—That with a larger fruit, the flour of which is not used, is called 凝 糕 keng kan. It is tasteless.

The *i i jen* has a smaller fruit of a green colour. The taste [of the kernel] is sweet. When chewed it sticks to the teeth.

LI SHI-CHEN:—The *i* i is much cultivated. The plant has a perennial root. The young leaves resemble those of the

<sup>62</sup> A renowned commander, † A.D. 49. See MAYERS, Chin. Read. Man., 478.

pa mao. 63 In the 5th or 6th month it sends up the stem which bears the flowers, and afterwards the fruit. There are two kinds. That which sticks to the teeth  $\lceil v. supra \rceil$ , and has a pointed fruit with a thin shell is the i i. The kernel is white like glutinous rice. Gruel can be made of it. It is also ground into flour and used for food or for fermenting liquors. The other sort is globular [the fruit] and has a thick, hard shell. This is called 菩提子 p'u t'i tsz' [name of the beads in Buddhist rosaries]. It furnishes but little flour. This is the keng kan [mentioned by Lei Hiao]. It is used for the beads of rosaries and is therefore also called 念珠 nien chu (prayers bead). Its root is white, as large as the handle of a spoon, contorted, and of a sweet taste. The Kiu huang Pen ts'ao terms this plant [the seeds] 回回米 Hui hui mi (rice of the Mohammedans), also 西番蜀 秫 Si fan shu shu (Si fan Sorgho. Si fan = N.W. Sz ch'uan), also 草珠兒 ts'ao chu rh (vegetable bead). The leaf is called 屋 裘 wu t'an.

Ch., I, 5:—I i or 草子兒 ts'ao tsz' rh. Good drawing representing Job's-tears (Coix Lachryma, L.). This plant is commonly cultivated at Peking under the name of ts'ao tsz' rh. It has large, round, hard fruits. The hard covering of the farinaceous seed is the ossified calyx. There are two varieties at Peking with white or grayish covering of the fruit. I have also seen in the druggist's shops a variety (or species) with small, oblong pointed fruit.

In the Kiu huang [LII, 7, sub 川穀 Ch'uan ku (Sz ch'uan corn)] a Coix with small fruit is represented. See the same, Ch., II, 9.

Lour., Fl. cochin., 673:—Coix Lachryma. Sinice: y y gin. Tatar., Cat., 29:—慧 米 仁 i mi jen, Coix exaltata.

<sup>&</sup>quot;芭茅 in Japan Erianthus japonicus.

[Jacquin figured this species, Elog. gram. rar. tab., 40, without describing it. Apparently it is only a variety of C. Lachryma.]—P. Smith, 125.

In the Chinese Customs' Reports *i i jen* is generally erroneously identified with pearl-barley. The seed of *Coix* deprived of the shell has indeed some resemblance to pearl-barley.

Cust. Med., p. 198 (216):—I mi jen exported 1885 from Ning po 210 piculs,—p. 50 (68), from Che foo 98 piculs,—p. 162 (329), from Shang hai 46.37 piculs.—Exported also from Han kow. See Hank. Med., 20.

Amæn. exot., 834:—薏苡. Medicis et literatis jokui et jokuinin, vulgo dsudsudama, it. fatsji koku. Arundo granifera. Milium arundinaceum; aliis Lachrymo Jobi.

Phon zo, XLII, 4-6:—Above Chinese name. Representation of two varieties of Coix Lachryma with oblong and globular fruit.

MATSUMURA, 55:—薏苡, Coix agrestis, Lour., and 川穀, Coix Lachryma.

Sieb., Œcon., 44:— Coix Lachryma. Sinice: 川 穀. Varietates:—

- (a). susutama(b). joosusutamapro orbiculis ad preces.
- (c). toomuki. Edulis ac medicæ usui.

229.—大豆 ta tou. Soy-bean, Soja hispida, Mœnch. P., XXIV, 1. T., XXXV.

Comp. Rh ya, 29, Classics, 355.

Pen king:—Ta tou. The seed of the 黑大豆 hei (black) ta tou is used in medicine. Taste sweet. Nature uniform. Non-poisonous. When eaten it causes the body to become heavy.

Pie lu:—The ta tou is produced in T'ai shan [in Shan tung, App. 322] in marshes. It is gathered in the 9th month.

Su Sung [11th cent.]:—The ta tou is now generally cultivated in two varieties—the white and the black. The latter is used in medicine.

LI Shi-chen:—There are many sorts of the ta tou—the black, white, yellow, gray, green and spotted [according to the colour of the seeds]. The black sort is used in medicine, is also a valuable food, and is employed in making 豉 shi (Soy. V. infra, 234, and Bot. sin., II, 355). From the yellow sort oil is expressed and 醬 tsiang (sauces) and Է fu (beancurd. See l.c.) are prepared. These beans are also eaten roasted. Besides the seeds of the ta tou, and the oil expressed from them, other parts of the plant are likewise officinal, viz. the 大豆皮 ta tou p'i (the valves of the legume), the leaves, the carbonized straw and the flowers.

See P. Smith, 88, Dolichos soja.—

# 230.—大豆黄卷 ta tou huang küan. P., XXIV, 7.

This drug is noticed in the Pen king.

As T'AO HUNG-KING and LI SHI-CHEN explain, this consists of the germs of the black Soy bean, produced by steeping the beans in water and causing them to germinate. These germs are used as food.

This is still an article of food at Peking, but produced from the yellow Soy bean and called 黃豆芽 huang tou ya.

# 231. 一赤 小 豆 ch'i siao tou. P., XIV, 9. T., XXXVI.

Pen king: - Ch'i siao tou (red small bean). Seeds, germs and leaves are used in medicine.

This is a red variety of *Phaseolus Mungo*. See *Bot. sin.*, 11, 356.

Cust Med., p. 366 (335):—Ch'i siao tou exported 1885 from Canton 7 piculs. Exported also from Han kow. See Hank. Med., 16. Identified there with Abrus precatorius, L. At Peking also the name ch'i siao tou is applied to the seeds of Abrus precatorius. But in Chinese botanical works it is Phaseolus. Comp. P. Smith, 1; Tatar., Cat., 15.

## 232.—腐蜱 fu pi. P., XXIV, 13. T., XXXVI.

Pen king:—Fu pi. Flowers. Taste pungent. Nature uniform. Non-poisonous.

Pie lu:—The fu pi is produced in Hanchung (S. Shen si). It is the flower of the siao tou [see 231]. It is gathered in the 7th month and dried in the sun during 40 days.

The Hung-king:—The medical virtues of the seeds and the flowers of the ch'i siao tou are not the same. Therefore the Pen king notices these drugs separately. Not used in medicine. The Hung-king observes that there grows near the sea-shore a small tree resembling the chi tsz' [Gardenia. See 335]. Its stem and leaves are very crooked. It has a fetid smell. The people call it fu pi.

SU Kung [7th cent.] means that the name fu pi refers to the flowers of the ko plant [Pachyrhizus. See 174].

Su Sung [11th cent.]:—The name fu pi is applied to three different plants, viz. the small tree near the sea-shore [noticed by T'AO HUNG-KING], the ko flower and the flower of the ch'i siao tou.

Phon zo, XLIII, 13:—腐婢. The figure represents a plant with yellow flowers.

Sieb., Icon. ined., VI:—Same Chinese name applied to Premna japonica, Miq. Order Verbenacew. According to Maximowicz [Diagn. Pl. asiat., VI, 510] this is P. microphylla, Turcz. Shrub with yellow flowers. See also Ind. Fl. sin.,

II, 256. In Hu pei this plant is called 臭梁子 ch'ou (stinking) liang tsz'. See Henry, Chin., pl., 86.

## 233.—藊豆 pien tou. P., XXIV, 21. T., XXXVII.

Pie lu:—Pien tou. Seeds, leaves and flowers officinal. Taste of the seeds sweet. Nature slightly warm. Non-poisonous.

T'AO HUNG-KING:—The *pien tou* is much cultivated. It climbs on fences and walls. The pods are eaten steamed and are very palatable.

Su Sung [11th cent.]:—It is a climbing plant with large leaves and small flowers. The latter are purple or white. The pods are produced beneath the flowers. The seeds are black or white. The white seeds are of a warm nature, and the black, which are smaller, are cold. The white are used in medicine. The black-seeded sort is also called ## \$\overline{\Pi} \overline{\Pi} ts'io tou (magpie bean), for it (the seed) has a white road (rib) like that seen on the wing of a magpie [evidently the hilum is meant].

LI Shi-chen:—The name pien tou is derived from 同pien (flat) and refers to the flat pods. It is a twining plant with large, roundish, pointed leaves. The flowers resemble a small butterfly with its wings and tail. There are numerous varieties, according to the shape of the legume, which is long or round, sometimes shaped like a dragon's or tiger's claw, or like a pig's ear or a sickle. The young pods are eaten as a vegetable. The ripe seeds are eaten boiled. The seeds are, according to the varieties, black, white, red and variegated. There is one sort with hard legumes, non-edible, with coarse, round seeds of a white colour. These seeds are used in medicine. Other popular names are: 殿 眉 豆 ô mei tou (silkworm-moth's eyebrows bean,—referring to the rib of the seed or hilum) and 沿路豆 yen li tou (fence-climber bean).

Lour., Fl. cochin., 534:—Dolichos purpureus. Sinice: tsu (tsz'=purple) pien teu. Legumina tenera et recentia sapida sunt et salubria; and D. albus. Sinice: pe (white) pien teu. Tenerior et sapidior præcedente, nec forma valde differens.

Tatar., Cat., 3:—Pien tou, Semina Lablab vulgaris.— P. Smith, 128.

At Peking Lablab vulgaris is much cultivated under the name of pien tou, especially the purple flowered, which has also a purple coloured legume; also the white flowered, pai (white) pien tou, which has greenish white seeds that are used in medicine.

HENRY, Chin. pl., 471 :- Pien tou, Dolichos Lablab.

Cust. Med., p. 162 (340):—Pai pien tou exported 1885 from Shang hai 306 piculs,—p. 200 (231), Ning po 72.82 piculs,—p. 130 (145), Chin kiang 2.08 piculs.—Exported also from Han kow. See Hank., Med., 34.

Amon. exot., 836:—蒜, vulgo adsi mame, it. kaadsi mame. Phaseolus arvensis, longis sarmentis repens, flore exili purpureo, siliquis brevibus latioribus caudatis; semine ciceris rotundo, rubente.—This is evidently not Lablab. Not identified by Thunberg.

Phon zo, XLIII, 25:—藊豆, Dolichos Lablab. So moku, XIII, 14:—鵠豆, Dolichos cultratus, Thbg.

## 234. 一大豆豉 ta tou shi. P., XXV, 2.

Comp. Bot. sin., II, 355:—Soy. It is noticed in the Pie lu. LI Shi-chen says it is prepared from the black soy bean.

In the Cust. Med. the 豆豉 tou shi is mentioned as an article of import, p. 110 (183) Wu hu,—p. 164 (368) Shang hai,—p. 216 (89) Wen chou. It is said to come from Han kow and Ning po, and is identified there with salted black beans.—See also Hank. Med., 45.

# 235.— 蘖 米 ye mi. P., XXV, 24.

Mentioned in the *Pie lu*. According to the definitions given by the ancient Chinese authors, this is grain which has sprouted, rice-wheat, barley, millet, also beans, etc. Thus ye mi may be translated by "Malt." Comp. also 219.

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Mentioned in the Pie lu. Taste sweet.

WILLIAMS [Dict., 275] translates i t'ang (t'ang=sugar) by "sugar-plums, sweetmeats." According to T'Ao Hung-king it is a preparation of sugar, called also 膠 飴 kiao (gum glue) i. One sort, which is tough and of a white colour, is called ப sing t'ang. Not used in medicine.

HAN PAO-SHENG [10th cent.]:—The 台 i is soft sugar. In North China it is called 妈 sing [Comp. W.D., 809]. It is made from glutinous and common rice, glutinous millet and Sorgho. Hemp-seed, the peduncles of *Hovenia dulcis* and some drugs, are sometimes added. That prepared of glutinous rice is used in medicine.

LI Shi-chen: — For the preparation of the *i* or *sing* malt of barley is used, or the sprouts of other grain.

At Peking comfits, bonbons, etc. made of the sugar prepared from glutinous rice are sold in the streets. Comp. also Stan. Julien et P. Champion, *Industries de l'Empire chinois*, p. 210.

### 237.—醬 tsiang. P., XXV, 28.

Comp. Bot. sin., II, 355, and W.D., 968.

Mentioned in the *Pie lu*. According to Li Shi-chen this is the name for various sauces made of wheat or barley flour, or of the soy-bean and other beans with salt.

238. 一醋 ts'u, Vinegar. P., XXV, 30.

Comp. Bot. sin., II, 349.

Mentioned in the *Pie lu*. According to Su Kung the ts'u is made of various grains, also of sugar, grapes and other fruits.

239.—洒 tsiu. Wine. P., XXV, 43. Pie lu. Comp. Bot., sin., II, 349.

240.— # kiu. P., XXVI, 1. T., LV.

Comp. Classics, 359.

Allium odorum, L. Mentioned in the Pie lu, but only the name and medical properties are noticed. Root, leaves, flowers and seeds are used in medicine.

Cust. Med., p. 74 (130):—韭 菜子 kiu-seeds exported 1885 from Han kow 7.60 piculs.

Further particulars regarding this plant will be given in another part.

241.—葱 ts'ung. P., XXVI, 7. T., LVI.

Comp. Classics, 357 :- Allium fistulosum, L.

Pen king, Index:—葱寶 ts'ung shi (fruit). All parts of the plant are used in medicine. The lower, white part of the scape is called 葱莖白 ts'ung heng pai.

Further particulars in another part.

242.—薤 hiai. P., XXVI, 15. T., LV.

Comp. Classics, 360; Rh ya, 63, 3. Allium.

Pen king, Index:—莲寶 hiai shi (fruit). The scape, or rather the lower white part of it, is called 1 白 hiai pai.

Pie lu:—The hiai grows in Lu shan [in Ho nan, App. 203] in swamps.

Cust. Med., p. 276 (38):—Hiai pai exported 1885 from Amoy 2.52 piculs.

## 243.—蒜 suan. P., XXVI, 18. T., LVII.

Comp. Classics, 358. Garlie.

Pie lu:—The suan or 小蒜 siao (small) suan is gathered on the 5th day of the 5th month [apparently the bulb is meant]. Taste pungent. Nature warm. Slightly poisonous. The leaves are likewise used in medicine.

T'AO HUNG-KING:-—The fresh leaves of the siao suan can be eaten mixed with boiled food. In the 5th month the leaves wither. The root is called 就子 luan tsz'. It is much used as food and has a very strong smell.

HAN PAO-SHENG:—The small suan is frequently met with in a wild state. It is also called 就, which character is to be pronounced luan.

[The above character is properly pronounced wan, and means a kind of reed. See Rh ya, 214. The old dictionaries [see K.D.] say that it also means garlic, and is then pronounced luan. It stands evidently for M luan (testicle), an ancient name for garlic, referring to the bulbs, which resemble testicles.]

The Ku kin chou [4th cent.] states:—The 蒜 suan or 卵蒜 luan suan is commonly called 小蒜 siao (small) suan. The 大 1 ta (great) suan, also called 胡 1 hu suan, is a native of the western countries [see the next].

Further particulars will be given in another part.

### 244.— 葫 hu. P., XXVI, 21. T., LVII.

Pie lu:-The hu is the ta (great) suan. It is taken out

on the 5th day of the 5th month. That with a single seed (fruit) 64 is preferred for medical use. Taste pungent. Nature warm. It is poisonous. When constantly eaten it is injurious to the eyes.

T'AO HUNG-KING:—Now the people call the large suan, or Garlie, hu, and the common (Chinese) garlic siao (small) suan. The smell is the same in both kinds.

The T'ang yün Dictionary [7th cent.] says that the hu garlic was first brought from the Western countries by Chang K'ien [in the 2nd cent. B.C. See Bot. sin., I, p. 24].

The hu is probably the Rocambole, Allium scorodoprasum. Further particulars in another part.

# 245.—菘 sung. P., XXVI, 30. T., LIX.

Pie lu:-Sung. Leaves and seeds are used in medicine.

T'AO HUNG-KING:—The *sung* is a common vegetable, much used as food. An oil is expressed from the seeds.

LI Shi-chen says that *sung* is the vegetable that is commonly called 白菜 pai (white) ts'ai (vegetable).

Pai ts'ai is the Chinese cabbage, Brassica chinensis, L., extensively cultivated in the north of China for its leaves as well as for the oil expressed from the seeds.

Further particulars will be given in another part.

### 246.—茶 kie. P., XXVI, 31. T., LX.

Comp. Classics, II, 362. Mustard plant.

Pie lu:—Kie. The stem, the leaves and the seeds are used in medicine.

"獨子者入藥尤佳. Perhaps the bulb is meant. As we have seen, the character 子 is sometimes used for tuber.

T'AO HUNG-KING:—The *kie* resembles the *sung* [see 245] but the leaves are covered with hair and have a pungent taste. They are eaten raw or pickled. The seeds are used for preserving the *tung kua* [Benincasa. See 265].

Cust. Med., p. 50 (59):—Kie tsz' (mustard seeds) exported 1885 from Chefoo 2,070 piculs,—p. 292 (263), from Amoy 1.82 picul,—p. 162 (339), from Shang hai, pai (white) kie tsz' 1.20 picul.—Exported also from Han kow. See Hank. Med., 3.

More details regarding the Chinese mustard plants will be found in another part.

# 247.—蕪 筈 wu tsing. P., XXVI, 36. T., LXIX.

Comp. Classics, 361. Rape.

Pie lu:—Wu tsing. The root, the leaves and the seeds are officinal, also the flowers.

T'Ao Hung-king:—The wu tsing is akin to the lu fu [radish. See Rh ya, 39]. The latter is nowadays also called 温 校 wen sung. Its root is eaten but not the leaf. The root of the wu tsing is smaller than that of the wen sung. The leaves of the wu tsing resemble those of the sung [see 245] and are good as food. It is cultivated in Si ch'uan [in Kan su, App. 296]. The seeds of the wu tsing are very like those of the wen sung. They are not used now in medicine, but are eaten. The root is much used as food, steamed or pickled.

Su Kung [7th cent.]:—The wu tsing is called 蔓菁 man tsing in the northern provinces. In its root, leaves and seeds it resembles the sung (Brassica chinensis) rather than the lu fu (Radish).

Further particulars in another part.

248.—生薑 sheng kiang. P., XXVI, 45. T., XLIII. Comp. Classics, 381. Ginger.

Pie lu:—Sheng kiang (fresh ginger). Fresh ginger as well as the kan kiang [dried ginger. See the next] are produced in Kien wei [in Sz ch'uan, App. 140], in mountain-valleys, also in King chou [Hu pei, Hu nan, App. 146] and Yang chou [Kiang su, Che kiang, App. 400]. It (the rhizome) is taken up in the 9th month. Taste pungent. Nature slightly warm. Non-poisonous. The leaves also are used in medicine.

In my Bot. sin., II, p. 195, Dr. Faber states that at Kew it has been found out that Chinese ginger is not Zingiber but Alpinia. But this is a mistake, for which neither Dr. Faber nor the botanists of Kew are responsible. See Mr. Ch. Ford's Report of the Hong kong Botan., etc. Department for 1890, 18 and 19.

Further particulars in another part.

# 249.—乾 蓝 kan kiang. P., XXVI, 51.

Pen king: - Kan kiang (dried ginger).

The Hung-king:—Dry ginger is prepared in many villages of the district of Chang an in the prefecture of Lin hai [in Che kiang, App. 3, 192]. The ginger of Shu Han [Sz ch'uan, App. 293] is famed since ancient times, that from King chou [Hu pei, App. 146] is also good, but it is not fit for preparing dry ginger. Dry ginger is made by macerating the root in water for many days, scraping off the skin, and then drying the root in the sun.

Tatar., Cat., 53:—Sheng kiang. Radix Zingiberis cruda,—26:—Kan kiang. Rad. Zingiberis,—P. Smith, 102,

Hank. Med., 36:—Sheng kiang exported from Han kow. —Cust. Med., p. 68 (32):—Kan kiang exported 1885 from Han kow, 853 piculs,—p. 58 (11), from I chang 3.15 piculs.

Further particulars in another part.

250.—水 斯 shui k'in. P., XXVI, 58. T., LXV. Comp. Rh ya, 116, Classics, 370.

Pen king:—Shui (water) kin and 水英 shui ying. The stem is officinal. Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—Other name: 芹菜 k'in ts'ai. The shui k'in grows in Nan hai [in Kuang tung, App. 228] in ponds and marshes.

T'AO HUNG-KING:—The name is more commonly written 水 芹 shui k'in. In the 2nd and 3rd months, when the plant has put forth buds, it is pickled or eaten boiled.

Su Kung [7th cent.]—The shui k'in is the same as the k'in ts'ai [v. supra]. There are two kinds. The 获芹 ti k'in is white. Its root is used. The 赤 l ch'i (red) k'in, of which the stem and the leaves are eaten, pickled or in a fresh state, is red.

HAN PAO-SHENG [10th cent.]:—The 芹 k'in grows in water. Its leaves resemble those of the kung k'iung [Angelica. See 47]. It has white flowers but no fruit. The root is also white.

LI Shi-chen:—The character 勤 [in the above name] is more correctly written 勤 k'in, and this character was subsequently considered to be the same as 芹 k'in. The Rh ya [116] says that another name for the 芹 k'in is 楚葵 Ch'u k'ui [mallow of the country of Ch'u or Hu Kuang, App. 24]. The Lü shi Ch'un ts'iu [3rd cent. B.C.] speaks

of the k'in in Yün meng [in Hu pei, App. 423]. Yün meng was in the country of Ch'u. In the same country lies also 蘄州 K'i chou [App. 121]. The Rh ya i [12th cent.] states that the 芹 k'in plant is very common there, and suggests that the name of that place may be derived from the k'in plant, for the character in ancient times was pronounced 芹 k'in, as is expressly stated by Kuo P'o [see Rh ya, 5]. Li Shi-chen says there are two kinds of k'inthe 水 芹 shui k'in, which grows in water, and the 早 | han k'in, which grows in dry soil. The first is common on the margins of rivers and lakes and in marshes, the other is met with on the plain. There is a red and a white sort [the author apparently refers to the shui k'in]. The leaves spring from the joints of the stem and stand opposite, resembling those of the kung k'iung [v. supra]. The stem has ridges (is channelled) and is hollow. The plant is very fragrant. It blossoms in the 5th month. Small white flowers like those of the she ch'uang [Cnidium. See 49]. The people of Ch'u [Hu kuang] gather the plant in times of scarcity. It is very nourishing. It is mentioned in the Shi king.

The shui k'in is an umbelliferous plant, the Enanthe stolonifera, DC. For further particulars see Bot. sin., II, 370.

The 早芹 han (dry soil) k'in, or simply 芹 k'in or l 菜 k'in ts'ai, is Celery, Apium graveolens. It is much cultivated at Peking. It is not clear whether by han k'in Li Shi-chen means celery. In the P. [XXVI, 59], after the shui k'in, the plant 堇 kin is treated of, and han k'in given as a synonym. But the character kin in the Rh ya and Classics seems rather to refer to a Viola. See Bot. sin., II, 371.

The drawing sub han k'in, in the Ch. [III, 40] seems to represent Celery. PARKER [Canton plants, 18] has han k'in ts'ai, Apium graveolens. See also P. SMITH, 57.

Amæn. exot., 825:一岸 kin, vulgo seri. Petroselinum folio Alsines, Morsus Gallinæ dictæ.—Thunberg [Fl. jap., 120] identifies this with Apium petroselinum, L. But seri is the Japanese name for Œnanthe stolonifera, and in Sieb. Œcon. [252] inondo is given as the Japanese name of Anethum graveolens. Rarius pro condimento in hortis cultum.

# 251.—蓉 tsi. P., XXVII, 5. T., LX.

Comp. Rh ya, 103, Classics, 367.

Pie lu:—Tsi. Leaves, flowers and fruit used in medicine. Taste sweet. Non-poisonous.

Wu P'u [3rd cent.]:—The tsi grows in waste places. Its fruit, which is called **差**實 ts'o shi [comp. Rh ya, 103], is gathered on the 3rd day of the 3rd month and dried in the shade.

T'AO HUNG-KING:—There are many sorts of tsi. Of the common sort, which the people now use for food, the leaves are pickled, and also boiled into soup. It is mentioned in the Shi king.

LI Shi-chen:—There are several sorts of tsi—the large, the small and others. The small tsi has the stem, the leaves and the flowers flat (thin, tender) and is very palatable. The smallest sort is called the larger (sand) tsi. The larger tsi has a less agreeable taste and its stem is hard. One sort, which is covered with hair, is called si ming [see the next] and is not good as food. All these kinds begin to grow after the winter solstice. In the 2nd or 3rd month the root sends up a stem from five to six inches high, and small white flowers appear. The fruit is a small pod (silicle)

resembling the p'ing (Lemna, duckweed) and is three-horned (triangular). It contains small seeds like those of the t'ing li [see 114]. The fruit is called ts'o [v. supra] and is gathered in the 4th month. The stem of the plant is used for making staves for carrying lanterns 65 (?). The plant is said to drive away musquitoes and nocturnal moths, and is therefore called 護生草 hu sheng ts'ao (plant protecting living beings).

At Peking the name tsi ts'ai is applied to Capsella bursa pastoris, Mœnch. It is cultivated as a pot-herb and is also a common wild plant. Comp. also P. Smith, 196.

A good drawing of it, sub tsi, is found in the Ch. [III, 46]. See also Kiu huang, LIX, 27. Under the same Chinese name it is figured in the So moku [XII, 2]. Japonice: nadzuna.

Amæn. exot., 897:—蹇 sei, vulgo nadsuna. Bursa pastoris major, folio sinuato. C. Bauh. P.

Sieb., Œcon., 284:—Capsella Bursa pastoris. Japonice: natsna; sinice: 莲. Herba edulis.

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Pen king:—Si ming, 大 茋 ta ts'i. The leaves with the stem and the seeds are officinal. Taste pungent. Non-poisonous.

Pie lu:—Other name: 大菱 ta (large) tsi. The si ming grows in Hien yang [in Shen si, App. 65] in mountain-marshes and by road-sides. It is gathered in the 4th or 5th month and dried in the sun.

# "其莖作挑燈杖.

Wu P'u [3rd cent.] gives the synonyms 析目 si mu, 禁目 yung mu and 馬駒 ma ku.—In the Kuang ya it is 馬辛 ma sin.

T'AO HUNG-KING:—It is a common plant. It is also called ta tsi tsz'. Little used in medicine.

Su Kung [7th cent.]:—The names si ming and ta tsi are from the Rh ya. Another name is 老薺 lao (old) tsi. Its taste is sweet, not pungent.

LI Shi-chen:—The si ming and the tsi [v. 251] are akin, the smaller being the tsi and the larger the si ming. The latter is covered with hair. The medical virtues of the seeds are the same in both. The t'ing li [Sisymbrium. See 114] is likewise akin to the si ming, but the seeds of the latter are sweet and it has white flowers, whilst the t'ing li has yellow flowers and bitter seeds. The si ming is sometimes called t'ien (sweet) t'ing li.

The si ming or ta tsi described in the P. is probably Thlaspi arvense, L. For further particulars see Bot. sin., II, 18.

# 253.—繁縷 fan lü. P., XXVII, 6. T., CXLIV.

Comp. Rh ya, 81.

Pie lu:—Fan lü (entangled floss). It is gathered on the 5th day of the 5th month at mid-day. Taste sour. Nature uniform. Non-poisonous. Apparently the whole plant is used in medicine.

Su Kung [7th cent.]:—This is the 鶏腸 ki ch'ang (chicken's bowels). The plant is common in damp places and on the margins of ditches and canals.

HAN PAO-SHENG [10th cent.]:—White flowers. The whole plant is officinal.

Su Sung [11th cent.]:—It is also called ki ch'ang. It is a common plant in the fields, near the water and in damp places. Its leaves resemble those of the hang ts'ai [Limnan-themum. Bot. sin., II, 399] but are smaller. In summer and autumn it bears small white flowers. The stem is twining, and when broken it shows fibres like floss. It is hollow, whence the name ki ch'ang [v. supra]. The Pie lu considers that the ki ch'ang and the fan lü are not identical.

LI Shi-chen:—The fan lü is also called 鵝腸 ô ch'ang (goose's bowels), but it is not the same as the ki ch'ang. Another name for it is 滋草 tsz' ts'ao (plant drawn out in length). It is very common in damp places. Leaves as large as the end of a finger. Tender, twining stem, hollow in the centre. When broken it shows a filament like floss. 66

It is a sweet, tender, palatable pot-herb. After the 3rd month it opens its flowers with small white petals. The fruit is also small, not larger than a grain of the pai (Echinochloa). It contains minute seeds resembling those of the ting li [Sisymbrium. See 114]. Wu Shui [an author of the Mongol period] says, that with yellow flowers is the fan lü and the white flowered is the ki ch'ang. These two are certainly distinct plants, although they resemble each other. Only the ô ch'ang (or fan lü) is of a sweet taste, has a hollow stem with a filament and white flowers, whilst the ki ch'ang is bitter and viscid, the stem has no filament within and is of a slightly purplish colour. The flowers are purple coloured.

Ch., IV, 7:—Fan lü. The figure seems to represent a Stellaria. See also Kiu huang, XLVIII, 7, ô ch'ang.—Henry, Chin. pl., 524:—與兒房 6 rh ch'ang, Stellaria aquatica, Fries.

Amæn. exot., 896:—蘩縷 [the second character is indecipherable, but evidently lū is meant] fan ru, vulgo fa kobi, it. fagu jera. Morsus Gallinæ. Alsine vulg. I. Tabern.—According to Maximowicz [Decad., XIV, 42] this is Stellaria media, Vill.

So moku, VIII, 66:—Same Chinese name, Stellaria media, and [65] St. neglecta, Weih.

Phon zo, XLVIII, 11:一鵝 腸, Malachium.

254. — 鷄 腸 草 ki ch'ang ts'ao. P., XXVII, 7. T., CLXVIII.

Pie lu:—Ki ch'ang ts'ao (chicken-bowels plant). Apparently the whole plant is officinal. Taste slightly pungent and bitter. Non-poisonous.

T'AO HUNG-KING:—It grows in gardens and court-yards. Children knead the juice of this plant with spider's webs, when this very sticky substance is good for catching cicadas.

LI Shi-chen:—The ki ch'ang grows in low damp places. The leaves resemble those of the ô ch'ang [Stellaria. See 253] but are of a darker colour. The stem is slender, tinged with purple, not hollow, and does not show the peculiar filament [as in the ô ch'ang]. It blossoms in the 4th month. Small purple [or violet] flowers with a five-cleft corolla. The fruit is likewise small and contains minute seeds. The plant is used as a pot-herb. It is not to be confounded with the ô ch'ang. These two plants are already separated in the Pie lu, but Su Kung says that they are identical. The ki ch'ang when chewed becomes viscous; the juice is fit for catching cicadas. The ô chang does not possess this property.

Ch., IV, fol. 8: -Ki ch'ang. Rude drawing, only leaves represented.

So moku, III, 25:一葉 腸, Eritrichium pedunculare, A.DC. Order Boraginew. The description in the P. seems to agree.

## 255.—苜蓿 mu su. P., XXVII, 8. T., LXXIII.

Pie lu:—Mu su. The leaves and the root are used in medicine. Taste bitter and harsh. Non-poisonous.

The Mung-King:—In Chang an [in Shen si, App. 6] the mu su is cultivated in gardens. It is much valued by the people in the north. In Kiang nan [Kiang su, An hui, etc., App. 124] it is not much eaten, because it is tasteless. There is a plant named mu su, growing in foreign countries, which is used in diseases of the eye, but that is a different plant.

Meng Shen [7th cent.]:—Where the mu su grows the people use the root [as a medicine] and call this drug 土黄芪 t'u huang k'i [native huang k'i. See above, 2].

K'ou Tsung-shi [12th cent.]:—It abounds in Shen si [App. 284], where it is used for feeding cattle and horses. The young leaves are also eaten by man. The plant has a a perennial root, and when cut off it thrives again.

LI Shi-chen:—The ancient authors write the name also 牧宿 mou su and 木栗 mu su. The Si king tsu ki [written about our era] reports that the mu su was originally brought to China by Chang K'ien [in the 2nd cent. B.C. See Bot. sin., I, p. 24] from Ta wan (Ferghana) and soon became a common wild plant. The people of Shen and Lung [Shen si and Kan su, App. 284, 216] cultivate it. It is cut thrice a year and grows again from the root. The leaves are used as food. One plant has twenty or more stems like the hui t'iao [Chenopodium. See Bot. sin., II, 446]. Three leaves at the top of a common petiole (trifoliate leaves). The leaflets resemble those of the küe ming [Cassia. See 110], but are smaller, of the size of a finger-nail. It flowers from summer until autumn. Small yellow flowers and small, roundish, thin pods, curved, twisted,

prickly and black when ripe. The seeds resemble millet, are edible and also fit for fermenting wine. This plant is also called 傻風 huai feng and 光風 kuang feng. The people of Mou ling [in Shen si, App. 225] call it 連枝草 lien chi ts'ao. In the Kin kuang ming king (a Buddhist book) it is termed 寒 鼻 力 泇 sa-bi-li-ka.

Ch., III, 56, and Kiu huang, LVIII, 34:-Mu su. Rude drawings, but probably Medicago sativa is intended. The description in the P. agrees in a general way. M. sativa, the common Lucerne in Europe, has generally purple or violet flowers, but sometimes they are yellow. At Peking mu su is M. sativa, with violet flowers; it is not cultivated there, but is common in the neighbourhood. Father DAVID [Journ., I, 64] saw it cultivated in Southern Chi li.

Tatar., Cat., 40: -Mu su. Medicago sativa. -P. Smith, 145:-Mu su, M. radiata. But this species is not known from China.

Mu su is not Chinese but most probably a foreign name. As to the Sanscrit name, sa-bi-li-ka [v. supra], I may observe that Burnes mentions, among the grasses cultivated for cattle in Kabul, the Trifolium giganteum, called sibarga, and the Medicago sativa, called rishka [Balfour, Cyclop. of India].

So moku, XIV, 14:- 首 着, Medicago denticulata, Willd. Yellow flowers. Known also from China.

Phon zo, XLVIII, 16:-Same Chinese name applied to M. denticulata and M. lupulina.

256.— **莧** hien. P., XXVII, 9. T., LXI. Comp. Rh ya, 107.

Pen king: - 1 實 hien shi (fruit). Seeds, leaves and root officinal. Taste of the seeds sweet. Nature cold. Nonpoisonous. The leaves are a nourishing vegetable,

Pie lu:—The hien shi, which is also called 莫 1 mu (mo) shi and 細 1 si (small) shi, grows in Huai yang [in Ho nan, App. 91] in marshes and fields. Its leaves resemble the lan leaves [Polygonum. See 123]. They are gathered in the 11th month.

Li Tang-chi [3rd cent.]:—Hien shi is the same as the vegetable 1 菜 hien ts'ai.

T'Ao Hung-king:—The hien shi, which according to the Pie lu is the same as the si hien, and the leaves of which resemble the lan, is the 白 | pai (white) hien. The si hien is the same as the 读 | k'ang hien, and is the best sort for food. All the sorts of hien are valuable in the cold season. They ripen after hoar-frost, wherefore the Pie lu states that the hien shi is gathered in the 11th month. There is also the shi is gathered in the 11th month. There is also the land as food. Another kind is the 馬 | ma (horse) hien. It grows along the ground and has very small fruits (seeds). Its popular name is 馬 | ma ch'i (horse's teeth) hien. But this is not akin to the hien shi [it is the Portulaca oleracea, L.].

HAN PAO-SHENG [10th cent.]:—There are six sorts of hien, viz. the ch'i (red) hien, the pai (white) hien, the 人 1 jen (man) hien, the 紫 [ tsz' (purple) hien, the 五 色 1 wu se (five colours) hien and the ma (horse) hien. Only the fruits (seeds) of the jen hien and the pai hien are used in medicine. The ch'i (red) hien is of a pungent taste and has a different effect.

SU SUNG [11th cent.]:—The jen hien and the pai hien have great cooling properties. There are other sorts, such as the k'ang hien, the ‡ [ hu hien and the si hien. They all have the same seeds. The largest sort is the pai hien and the smallest the jen hien. The seeds ripen after hoar-frost, and are small

and black. The purple hien has a purple stem and leaves. The people of Wu [Kiang su, App. 389] use it for dyeing their nails. The red hien is also called 花 1 hua (flowered or coloured) hien. Stem and leaves are of a dark red colour. The root and the stem are preserved for food and are of an agreeable pungent taste. The wu se (five colours) hien is now rarely used. The si (small) hien is also called 野 [ ye (wild) hien or 豬 1 chu (pig) hien. It is good for feeding pigs.

LI Shi-chen:—All sorts of hien are sown in the 3rd month. After the 6th month the plant cannot be eaten. The old plants attain the height of a man. The small flowers appear in spikes. The seeds are small, black and shining, just as the seeds of the ts'ing siang tsz' [Celosia argentea. See 82] and the ki kuan tsz' [Celosia cristata]. The seeds are gathered in the 9th month. The si hien is the wild hien. The northern people call it k'ang hien. It has a soft, weak stem and small leaves. The taste is more pleasant than that of the cultivated hien.

Ch., III, 9:—Hien, hien ts'ai, Amarantus Blitum, L. Good drawing. See also Kiu huang, LVIII, 25.

At Peking hien ts'ai is Amarantus Blitum, a common weed, also cultivated as a pot-herb.

Ch., III, 11:—Jen hien, and [9] verso, ye hien, species of Amarantus.

Lour., Fl. cochin., 685:—Amarantus tricolor, L. Sinice: hum (i.e. hung, red) hien. Ibid.:—A. polygamus, L. Sinice: pe (pai, white) hien. Habitat in Cochinchina et China tam cultus quam spontaneus. Ex omnibus Amaranti speciebus, quæ in India edi solent, hæc est salubrior et suavior; proinde que præ aliis usitatior.—P. Smith, 59, sub Chenopodium.

FRANCHET refers the figures sub 其 in the So moku [XX, 22], Japonice shiou, and likewise [XX, 19] sub 順來紅, to Amarantus melancholicus, and Phon zo [XLVIII, 17, 18] sub 其 to Am. mangostanus, L.—

原來紅 yen lai hung in China is Am. melancholicus, also Am. tricolor. As to the identification of the Japanese drawing in the So moku [XX, 22:—克], Franchet seems to be mistaken. I think it is A. Blitum, which is not found in Franchet's Enum. Jap., but which has been reported from Japan [Journ. Bot., 1877, 297].

Sieb., Œcon., 124:—Amarantus oleraceus, 莧 (a.)—hiju caule foliisque viridibus; (b.)—aka hiju, caule foliisque purpurascentibus.

So moku [XX, 23]:一野莧, Euxolus viridis. [Amarantus Blitum in Thunb., Fl. jap., 57]. Japonice: no hiju.

Sieb., Œcon., 123. Amarantus japonicus, 野莧. Japonice: no biju.

Phon zo, XLVIII, 20:—赤 莧, Amarantus melancho-licus, also A. tricolor.

# 257.— 苦 菜 k'u ts'ai. P., XXVII, 14. T., LIX.

Comp. Rh ya, 24, Classics, 365.

Pen king:—K'u ts'ai (bitter vegetable), 茶 t'u. Leaves, root and flowers used in medicine. Taste of the leaves bitter. Nature cold. Non-poisonous.

Pie lu:—Other name: 游冬 yu tung. The k'u ts'ai grows in I chou [Yün nan, Sz ch'uan, App. 102] in rivervalleys, in the mountains and by waysides. It does not die in winter. Gathered on the 3rd day of the 3rd month and dried in the shade.

The ancient Ts'ai yao lu says:—The k'u ts'ai begins to grow in the 3rd month, in the 6th month it has yellow

flowers, and in the 8th month black seeds. Perennial root. It does not die in winter.

Su Kung [7th cent.]:—The k'u ts'ai or t'u is mentioned in the Rh ya. It is also called yu tung [v. supra]. Leaves like those of the k'u  $k\ddot{u}$  (Lactuca) but smaller. The plant when broken discharges a white juice. Yellow flowers resembling the  $k\ddot{u}$  (Chrysanthemum).

HAN PAO-SHENG [10th cent.]:—It blossoms in spring and the seeds are produced in summer, in autumn it blossoms again but does not produce seeds. It does not wither in winter.

K'ou Tsung-shi [12th cent.]:—It is mentioned in the Yüe ling (Li ki). It is found in all parts of China. In the north its leaves fall off in winter, but in the south they are green in summer as well as in winter. The leaves resemble those of the k'u kü [v. infra] but are narrower, of a paler green colour, and contain a white, milky juice of a bitter taste. The flowers are like those of the wild Chrysanthemum. It blossoms from spring till autumn.

LI Shi-chen:—The k'u ts'ai is the same as the 苦蕒 k'u mai. When cultivated in gardens it is called 苦苣 k'u kü. There are two varieties—one with a red, the other with a white stem—when the plant begins to grow. The stem is hollow in the centre and soft. When broken it discharges a white juice. The callous leaves resemble those of the radish. They are of a green colour with a bluish tinge. The leaves clasp the stem, the upper leaves being like the beak of a crane. Each leaf has irregular lobes on the margin as if forcibly lacerated. Flowers yellow, resembling those of a wild Chrysan-themum when beginning to expand. Seeds many together like those of the tung hao (Chrysanthemum Roxburghii). They are known under the name of 喜玩 kuan shi (heron's lice). After the plant has ceased blooming the seeds are

collected. These are provided with white soft hairs (pappus) and are carried away by the wind to distant places where they fall down and germinate. In the Ji yung Pen ts'ao [Mongol period] this plant is called 福 苣 pien kū. Another name is 天香菜 t'ien hiang ts'ai.

Kiu huang, LVIII, 28:— 苦 蕒 k'u mai or 老 鸛 菜 lao kuan ts'ai, Lactuca, perhaps denticulata.

Ch., III, 18:—光葉 1 | kuang ye (glabrous leaves) k'u mai, Lactuca, perhaps denticulata.

Ch., III, 21:一野 1 1 ye (wild) k'u mai, Lactuca denticulata, var. sonchifolia.

Ch., III, 19:—演 苦菜 Tien (Yün nan) k'u ts'ai. The figure seems to represent Sonchus oleraceus, L.

Ch., III, 20:一苣 蕒 菜 kū mai ts'ai, Sonchus, and [22] 家 苣 蕒 kia (domestic) kū mai, resembles the figure on fol. 20.

Kiu huang, LVIII, 26:一苦 苣 菜 k'u kū ts'ai, also 野 苣 ye kū and 福 1 pien kū. Rude drawing, probably Lactuca intended.

There are at Peking four wild-growing species of Lactuca and their varieties, the leaves of which are eaten by the natives. Some of them are also cultivated.

1.—Lactuca squarrosa, Miq. 春不老 ch'un pu lao. It grows to the height of 6 feet. Leaves very irregularly shaped. Yellow flowers.

2.—L. tatarica, C. A. Mey. Blue flowers.

3.—L. denticulata, Max. Typical form. Common. Yellow flowers.

var. sonchifolia. Common. Sinice: k'u dia rh (popular name).

var. ramosissima. Common in the mountains.

4.—L. versicolor, Schl. Bip. Small plant with yellow flowers. Wild and cultivated. Sinice:山苦蕒 shan k'u mai.

The Chinese at Peking cultivate the Sonchus arvensis, L. under the names 苦蕒菜 k'u mai ts'ai or 苣 1 1 kū mai ts'ai. The leaves are eaten. It is also a common wild plant.

The genera *Lactuca* and *Sonchus* are closely allied. Both belong to the group *Cichoracew* of compound flowers. They resemble each other in the flower-heads, involucres, etc. The species of both contain a milky sap.

Lour., Fl. cochin., 583:—Cichorium endivia, L. Sinice: khu tsai. Habitat in locis borealibus imperii sinensis.

TATAR., Cat., 33:—K'u mai ts'ai, Cichorium.—P. SMITH, 60, 62, Chicory and Cichorium.—Bunge [Enum. pl. Chinæ bor.] mentions Cichorium intybus as cultivated in Chinese gardens at Peking. I never met with this plant there.

Henry, Chin. pl., 189:—K'u ts'ai in Hu pei is Lactuca squarrosa.

Hank. Med., 22:-K'u ts'ai exported from Han kow.

So moku, XV, 6:一苦 菜, Sonchus oleraceus, L.

Sieb., Œcon., 219:—Sonchus oleraceus. Japonice: kesi asami. Sinice: 苦菜.

Phon zo, XLIX, 2, 3:— 苦菜. 苦蕒菜. 芭, Sonchus arvensis, L.—Ibid., 9:— 水 苦蕒, Lactuca denticulata.

So moku, XV, 20: 一山 苦 蕒, Lactuca Raddeana, Maxim.

258.—落葵 lo k'ui. P., XXVII, 23. T., LXXXV. Comp. Rh ya, 148.

Pie lu:—Lo k'ui. Other names: 天葵 t'ien k'ui <sup>67</sup> and 繁露 fan lu. The leaves and the fruit are officinal. Taste of the leaves sour and mucilaginous. Non-poisonous.

<sup>67</sup> The name t ien k in the P. is likewise applied to an A nemone,—t in k in. See B ot. sin., II, 115.

T'AO HUNG-KING:—The lo k'ui is also called 承 露 ch'eng lu. It is largely cultivated. The leaves are prepared into a condiment with fish. They are cooling and mucilaginous. The fruit (berry) is of a purple colour. Ladies use it as a cosmetic. It is little used in medicine.

HAN PAO-SHENG [10th cent.]:—It is a twining plant. The leaves in shape resemble apricot-leaves, and are roundish and thick. The fruit resembles that of the wu wei tsz' [Schizandra. See 164], is at first green and becomes black when ripe.

MA CHI [10th cent.]:—The lo k'ui is also called 藤葵 t'eng k'ui (twining mallow). Popular name 胡臙脂hu yen chi.

LI SHI-CHEN:—The lo k'ui is planted (sown) in the 3rd month. The young leaves are eaten. It is a twiner. The leaves resemble apricot-leaves but are thick, succulent and mucilaginous. They are eaten as a vegetable together with meat. In the 8th or 9th month it opens its small purple flowers, which are arranged in spikes. Fruit (berry) as large as that of the wu wei tsz' [v. supra] and of a purplish black colour when ripe. The juice of these berries is red like the Elli yen chi (cosmetics, rouge). Ladies employ it for painting their faces and lips, it is also used for dyeing cloth. It is called hu yen chi [v. supra] and 染 絳子 jang kiang tsz' (berry which dyes a red colour). But this colour is changeable. The plant is also called 1 1 荣 yen chi ts'ai and 街菜 yü ts'ai (imperial vegetable).

Ch., IV, 6:—Lo k'ui. Good drawing of Basella. The description in the P. agrees. At Peking Basella rubra, L., Order Chenopodiaceæ, is cultivated under the name of 阻阻豆 yen chi tou (cosmetic pea). The berries are used as a cosmetic.

Lour., Fl. cochin., 229:—Basella nigra (=B. rubra). Sinice: lo quei. Usus esculentus. The Cust. Med. [p. 146 (121) and 376 (493)] notices a drug tien kiui tsz' as exported in small quantities from Shang hai and Canton, and in the Hank. Med. [44] it appears also as an article of export from Han kow. It is there arbitrarily identified with Pyrola. As has been stated above, tien kiui in the P. is given as a name for Basella and likewise for an Anemone. Not having seen the drug tien kiui of the Cust. Med., I am unable to say to what plant it may belong.

So moku, II, 70:-洛葵, Basella rubra, L.

Sieb., Œcon., 119:—Basella rubra. Japonice: Tsuru murasaki. Sinice: 洛葵. Baccæ tinctoriæ.

# 259.—蕺 ts'i. P., XXVII, 24. T., LXIV.

 $Pie\ lu:-Ts$ i. Leaves used in medicine. They are slightly poisonous. Taste pungent. When eaten to excess they cause shortness of breath.

Su Kung [7th cent.]:—The ts'i ts'ai (vegetable) grows in damp, shady places in the mountains. Sometimes it creeps. Leaves like those of buckwheat, but fat (succulent). The stem is of a purplish red colour. The people of Shan nan [S. Shen si, App. 268] and Kiang tso [An hui and Kiang su. App. 124] eat it raw as a salad. In Kuan chung [Shen si, App. 158] they call it 菹菜 tsü ts'ai (pickled or salted vegetable).—The Kuang ya [3rd cent.] gives 菹 tsu as a synonym for ts'i.

HAN PAO-SHENG [10th cent.]:—Stem and leaves are of a purplish red colour. When in flower the plant has a fetid smell.

The Cheng Ts'iao T'ung chi [12th cent.], with respect to the ts'i, refers to Rh ya, 144 [this is an error. Comp. above, 106], and states that it is a twining plant with leaves like the kü tsiang (Betel pepper leaf].

LI Shi-chen:—The ts'i has a frouzy 68 smell, and is therefore also called 魚腥草 yū sing ts'ao (plant having the odour of fish). The leaves resemble those of the hang [Limnanthemum. See Classics, 399], are three-horned (heart-shaped), red on one side and green on the other. The plant is good for feeding pigs.

Ch., IV, 9:—Ts'i ts'ai or yü sing ts'ai. The drawing represents Houttuynia cordata, Thbg. Henry, Chin. pl., 560:—Yü sing ts'ai in Hu pei is Houttuynia cordata.

So moku, II, 17:— 截 菜, Houttuynia cordata, Thbg. Fl. jap., 234, tab. 26. Order of Piperaceæ. A common plant in China and Japan. It it the H. fætida of Loudon and the Polypara cochinchinensis, Lour., Fl. cochin., 78. Inter olera in acetariis edulis.

The plant is figured under the above Chinese name in Sieb. Icon. ined. [VII].

SIEB., Œcon., 8:—Houttuynia cordata. Japonice: dokudame. Sinice: 蕺菜. Pro fomentatione in doloribus rheumaticis.

In the Gardener's Chron. [1882, II, p. 438] it is stated that the flowers of this plant exhale a "boiled snake-" like perfume.

# 260.—鹿 藿 lu huo. P., XXVII, 27. T., XXXVII. Comp. Rh ya, 96.

Pen king:—Lu huo (deer bean):—Apparently the leaves and the seeds are officinal. Taste bitter. Nature uniform. Non-poisonous.

Pie lu:—The lu huo grows in Wen shan [in Sz ch'uan, App. 388] in mountain-valleys.

T'AO HUNG-KING:—This drug is not used now in medicine. Lu huo is also another name for the ko plant [Pachyrhizus. See 174].

Su Kung [7th cent.]:—This plant resembles the wan tou (common pea) but it is longer and coarser. It is gathered as food, and has the smell of beans. The mountain people call it 度 豆 lu tou (deer bean).

HAN PAO-SHENG [10th cent.]:—The *lu tou* can be eaten raw. The leaves are gathered in the 5th and 6th months and dried in the sun. Mentioned in the *Rh ya*.

LI Shi-chen:—The lu tou is the same as the 野線豆 ye (wild) lü tou [Phaseolus Mungo. Bot. sin., II, 356]. It is also called 愛豆 lao tou. It is frequently met with in wheat-fields. In its leaves it resembles the lü tou [v. supra] but is smaller and a twining plant. It is eaten both raw and cooked. It blossoms in the third month. Flowers pale purple. The fruit is a small pod with seeds as large as the tsiao [Zanthoxylon Bungeanum] and black. They can be eaten boiled, or they are ground into meal from which cakes are made.

Ch., III, 45:-Lu huo. The drawing represents a leguminous plant with trifoliate leaves.

So moku, XIII, 33:—鹿 藿, Rhynchosia volubilis, Lour., Fl. cochin., 562, a leguminous plant.

# 261.— **学** yü. P., XXVII, 31. T., LIII.

Pie  $lu:-Y\ddot{u}$  or  $\pm \not \succeq t'u$  chi. The seeds and the leaves with the stem are officinal. The seeds are said to be slightly poisonous.

Yü or 芋頭 yü t'ou are names applied to several species of Colocasia cultivated for their edible roots, viz. Colocasia antiquorum, Schott. (Arum Colocasia, L.), Colocasia esculenta, Schott. (Arum esculentum, L.), Colocasia indica, Kth. (Arum indicum, L.) and others.

In the Shuo wen the character yü is written # yü.—In the Kuang ya [3rd cent.] it is said that the stalks of the

 $y\ddot{u}$  are called  $\overrightarrow{w}$  keng [W.D., 323.—K.D.].—The  $y\ddot{u}$  is frequently spoken of by authors of the Han period.

Further details regarding these plants will be given in another part.

# 262.—薯蕷 shu yū. P., XXVII, 33. T., LIV.

Comp. Classics, 379.

Pen king:—Shu yū. The root is officinal. Taste sweet. Nature warm. Non-poisonous.

Pie lu:—The shu yū grows in Sung kao [in Ho nan, App. 317], in mountain-valleys. The root is gathered in the 2nd and 8th months and dried in the sun.

Tatar., Cat., 51, 55.—P. Smith, 86.

For medical use the roots of wild species of *Dioscorea* are employed. Several sorts of this drug are mentioned in the *Cust. Med.*,—p. 46, (27), shan yao exported 1885 from Chefoo 250.66 piculs,—p. 24 (24), 淮山藥 huai shan yao from Tien tsin 4,365 piculs,—p. 68 (25), the same from Han kow 1,858 piculs,—p. 26 (49), 山藥頭 shan yao tou from Tien tsin 843 piculs.

Further particulars regarding Dioscorea will be given in another part.

## 263.—百合 po ho. P., XXVII, 39. T., CXXIII.

Pen king:—Po ho. The root is officinal. Taste sweet. Nature uniform. Non-poisonous. Flowers and seeds also used in medicine.

Pie lu:—Other names:摩羅 mo lo,重箱 chung siang,中逢花 chung feng hua,强瞿 kiang kü and 蒜腦 suan nao. The po ho grows in King chou [Hu kuang, App. 146] in mountain-valleys. The root is gathered in the 2nd and 8th months and dried in the shade.

Wu P'u [3rd cent.]:—Other names: 重邁 chung mai and 中庭 chung t'ing.

T'AO HUNG-KING:—The po ho is also called 强仇 kiang ch'ou. It is a common plant in Mid China. The root resembles the hu suan [foreign or great garlic. See 244]. It consists of a great number of flat pieces collected together. It is much used as food by the people, steamed or boiled. It is believed that the po ho is produced by the metamorphosis of a conglomeration of earth-worms.

Po ho [the Chinese name means "a hundred pieces together"] is the name applied in China and Japan to several lilies, the bulbs of which, formed by large, fleshy scales, are used as food. At Peking Lilium tigrinum, Ker., is called po ho.

TATAR., Cat., 1.—Po ho. Bulbus Lilii tigrini.—GAUGER [7] describes and figures these scales.—P. SMITH, 134, sub Lilium candidum.—Henry, Chin. pl., 357, 58:—At I chang the cultivated po ho is L. tigrinum, the wild-growing po ho is L. Brownii and other species.

Cust. Med., p. 78 (169):—Po ho exported 1885 from Han kow 1,491 piculs,—p. 280 (93), from Amoy 4.66 piculs,—p. 348 (121), 386 (625), from Canton, fresh or dried bulbs, or bulbs ground into powder, about 80 piculs.

Further particulars in another part.

264.— 書 鄉 k'u hu. P., XXVIII, 6. T., XLVII. Comp. Classics, 384.

Pen king:—K'u hu (bitter bottle gourd). The pulpa with the seeds are officinal. Taste bitter. Nature cold. Poisonous. Flowers and leaves likewise used in medicine.

In the Kuo yü [5th cent. B.C. See Bot. sin., I, 408] it is called 苦飽 k'u (bitter) p'ao.

Pie lu:—The k'u hu grows in the country of Tsin [Shan si, App. 353].

T'AO HUNG-KING:—The k'u hu is bitter like gall, not edible. It is not a distinct species of hu, but it happens that among the [sweet] hu there are some fruits which have a bitter taste.

The hu or p'ao is the Lagenaria or Bottle gourd. Further details in another part.

# 265.—冬 瓜 tung kua. P., XXVIII. T., XLIV.

Pen king:—Tung kua (winter gourd), 白瓜 pai kua (white gourd) and 水芝 shui chi. In the Index of the Pen king we have 白冬子 pai tung tsz' (tung kua seeds). The pulpa of the fruit and the seeds are officinal. Taste sweet. Nature slightly cold. Non-poisonous. [Subsequently the rind of the fruit and the leaves were also used in medicine.]

Pie lu:—The pai kua tsz', or the kernels (仁) of the tung kua, are produced in Sung kao [in Ho nan, App. 317]. The plant grows in marshes. The seeds are gathered in the 8th month.

In the Kuang ya [3rd cent.] it is called 地 芝 ti chi.

Tung kua is now the common name for Benincasa cerifera, Sav., the White Gourd of India, much cultivated all over China.

Tatar., Cat., 22:— Tung kua tsz'. Semina Benincasæ ceriferæ.—P. Smith, 36.

Cust. Med., p. 80 (191):— Tung kua jen (seeds) exported 1885 from Han kow 12.45 piculs,—p. 200 (251), from Ning po 11 piculs,—p. 372 (437), from Canton 0.75 picul.

Ibid., p. 194 (151):—Tung kua p'i (rind of the fruit) from Ning po 6.47 piculs,—p. 356 (216), from Canton 1.45 picul.

# 266.—芝 chi. P., XXVIII, 22. T., XLVIII.

Comp. Rh ya, 41, Classics, 380.

According to some ancient (especially Taoist) works the *chi* is a felicitous plant, the plant of immortality. The *Pen king* and the *Pie lu* apply the name *chi* to various mushrooms, of which six sorts are enumerated. They are distinguished according to their colour and called the *liu* (six) *chi*:—

- 1.—The 青 [ tsing (green) chi, also called 龍 [ lung (dragon) chi in the Pie lu, is said to grow on the Tiai shan mountain [in Shan tung, App. 322]. Taste sour. Non-poisonous.
- 2.—The 赤! ch'i (red) chi, called 丹 tan (cinnabar) chi in the Pen king, grows on the Huo shan mountain [according to T'AO HUNG-KING the same as the Heng shan mountain in Hu nan, App. 100]. Taste bitter. Non-poisonous.
- 3.—The 黃 l huang (yellow) chi, which is called 金 l kin (gold) chi in the Pen king, grows on the Sung shan [in Ho nan, App. 317]. Taste sweet. Non-poisonous.
- 4.—The 🛱 | pai (white) chi, called 🛣 | yū chi in the Pen king, grows on the Hua shan [in Shen si, App. 86]. Taste pungent. Non-poisonous.

5.—The 黑 [ hei (black) chi, called 玄 [ hüan (dark) chi in the Pen king—it is also called 素 [ su chi—grows on the Ch'ang shan mountain [in Chi li, App. 8]. Taste saltish. Non-poisonous.

6.—The 紫 [ tsz' (purple) chi, which is called 木 [ mu (wood) chi in the Pen king, grows on the Kao hia shan [mountain, unknown to Tao Hung-King]. Taste sweet. Non-poisonous.

It is believed that the felicitous plant chi, or plant of immortality of the ancient Chinese, is the 囊芝 ling chi (divine chi), a branched Agaricus which is now sold in Chinese drug-shops [see Bot. sin., II, 41]. In the P. [XXVIII, 35] ling chi is given as a synonym of 石耳 shi rh (mushroom which grows on stones). The name ling chi appears first in the Ling yūan fang [11th cent.]

In the Cust. Med. the drug ling chi is twice mentioned, [p. 206 (324)] as imported to Ning po from Han kow and [p. 308 (502)] as imported to Amoy. It is identified there with bird's excrement.

Further particulars regarding the chi in another part.

## 267.—\* If mu rh. P., XXVIII, 26. T., LII.

Pen king:—Mu rh (woody ears,—mushrooms produced on trees). Taste sweet. Nature uniform. Slightly poisonous.

Pie lu:—There are five kinds of mu rh, which grow in Kien wei [in Sz ch'uan, App. 140]. They are gathered in the rainy season, in the 6th month, and dried in the sun.

The Hung-king:—The Pie lu does not say on what trees these mushrooms grow. The 秦耳 sang (mulberry tree) rh grows on old mulberry trees and is of a green, yellow, red or white colour. The mushrooms called murh are gathered by the people and pickled for food, but not used in medicine.

Su Kung [7th cent.]:—The five kinds of mu rh grow on five different trees, viz. the 桑 sang (mulberry tree), the 槐 huai (Sophora japonica), the 楮 ch'u (Broussonetia papyrifera), the 榆 yū (elm tree), and the 柳 liu (willow tree).—The mulberry mushroom is stated to be poisonous.

Comp. P. SMITH, 99, Fungus and, 152, Mushrooms.

The mu rh sold at Peking in the markets are Exidia (Hirneola) auricula Juda or Jew's ear.

Further particulars in another part.

268.—霍 菌 huan kün. Mushroom. P., XXVIII, 34. T., LII.

Pen king:—Huan kün and 灌蘆 huan lu. Taste saltish. Nature uniform. Slightly poisonous.

Pie lu:—The huan kün mushroom grows in Tung hai [in Shan tung, App. 372], in ponds and marshes, also in Chang wu (hien) belonging to Pu hai (kün) [in Chi li, App. 4, 262]. It is gathered in the 8th month and dried in the shade.

T'AO HUNG-KING:—It is a mushroom (kūn) which is brought from the north. It has no shape. It is believed that the excrement of herons is metamorphosed into this mushroom, wherefore it is also called 灌 菌 kuan kūn (heron mushroom). Eaten in a soup of pork it has the property of expelling intestinal worms.

Su Kung [7th cent.]:—The huan kün is produced in Pu hai [v. supra] in swamps among reeds and on brackish ground. T'AO Hung-king's statement that it originates from heron's excrement is incorrect, for this mushroom grows of itself. It is white, light, empty, of the same texture outside and inside, and quite different from other mushrooms. It is an excellent vermifuge.

HAN PAO-SHENG [10th cent.]:—It is produced in Ts'ang chou [in Chi li, App. 343]. It appears in autumn after the ordinary rains, but it is scarce in time of drought or of heavy rains. It ought to be dried in the sun.

See the Japanese drawing of the 灌菌 in the *Phon zo* [LX, 23].

# 269. 一地 耳 ti rh. P., XXVIII, 35. T., LII.

Pie lu:—Ti rh (mushrooms which grow on the ground).

Taste sweet. Nature cold. Non-poisonous.

LI SHI-CHEN says that the popular name of these mushrooms is 地路 蓝 ti ta ku.

See P. Smith, 99, Fungus and, 152, Mushrooms.

Comp. the Japanese drawing sub 地耳 in the *Phon zo* [LX, 24].

270.—李li. The Plum. Prunus domestica, L. P., XXIX, 1. T., CCXX.

Pie lu:—The fruit, kernels of the stones, rind of the root, leaves, flowers, and the gum exuding from the tree (李 膠 li kiao) are all officinal.

Comp. Rh ya, 269-271, Classics, 472.

P. SMITH, 174:-Plum.

Cust. Med., p. 76 (156):—李仁 li jen, plum kernels, exported 1885 from Han kow 13.25 piculs,—p. 32 (149), from Tien tsin 5 piculs,—p. 160 (322), from Shang hai 1.36 picul.

Further particulars in another part.

271.—杏 hing, the Apricot. P., XXIX, 3. T., CCXIII. Comp. Classics, 471.

Index of the Pen king 杏核仁 hing ho jen (kernels of apricot-stones).

Pie lu:—The hing grows in Tsin [Shan si, App. 353] on the plain and in mountain-valleys. Gathered in the 5th month.

The fruit, kernels of the stones [which are said to be slightly poisonous and of which an emulsion is made], flowers, leaves, twigs and root are all officinal.

P. Smith [8] erroneously identifies *hing* with the almond, as do also the Customs reports.

Cust. Med., p. 50 (66):—Hing jen (apricot-kernels) exported 1885 from Chefoo 792 piculs.—Exported also from Han kow. See Hank. Med., 16.

Further particulars in another part.

272.—构 mei, Prunus Mume, S. & Z. P., XXIX, 11.— T., CCV.

Comp. Rh ya, 227, Classics, 473. The character was originally written 某 mei.

Pen king: 一梅 管 mei shi (fruit).

Pie lu:—The mei fruit is produced in Han chung [S. Shen si, App. 54] in mountain-valleys. The fruit is gathered in the 5th month and dried by fire.—The sour fruit, pellicle of the stone, kernel, flowers, leaves and root are all officinal.

P. SMITH, 8, 174, sub Almond and Plum.

Cust. Med., p. 372 (439):— Wu (black) mei exported 1885 from Canton 1,530 piculs,—p. 368 (361), medicated (salted) mei from Canton 0.10 picul,—p. 330 (231), wu mei from Swatow 362 piculs,—p. 216 (92), from Wen chow 4.40 piculs,—p. 202 (254), from Ning po 1.75 picul.

273.— 根 t'ao. The Peach. P., XXIX, 16. T., CCXV. Comp. Rh ya, 266-268, 170, Classics, 470.

Pen king, Index:— 姚核仁 t'ao ho jen (peach-stone kernels).

Pie lu:—The t'ao grows in T'ai shan [in Shan tung, App. 322].

The fruit and the kernels of the stones are both officinal. The latter are said to be bitter and sweet and non-poisonous. The 挑毛 t'ao mao (the down which covers the fruit) is said to be slightly poisonous.

桃梟 t'ao hiao, mentioned in the Pen king, is the peach-fruit which has remained on the tree during the whole winter. It is gathered in the 1st month. The Pie lu calls it 桃奴 t'ao nu, also 桃景 t'ao king and 神桃 shen t'ao. It is bitter. Somewhat poisonous.

The flowers, leaves, bark of the trunk, bark of the root, 桃膠 t'ao kiao, or gum exuding from the tree, are also used in medicine.

MENG SHEN [7th cent.] mentions the 桃 符 t'ao fu, slips of peach-wood used as a charm. Comp. Bot. sin., II, 456, peach-wand used in ancient times to expel evil spirits. 桃 椒 t'ao küe (poles of peach-wood) are used for the same purpose.

Р. Sмітн, 168, 169:—Реасh.

Cust. Med., p. 52 (82):一根 仁 t'ao jen (peach-kernels) exported 1885 from Chefoo 91.43 piculs,—p. 62 (60), from I chang 33.65 piculs,—p. 130 (153), from Chin kiang 13.47 piculs. The same exported also from Han kow. See Hank. Med., 43.—

Cust. Med., p. 360 (280):—Peach-leaves exported from Canton 0.21 picul,—p. 356 (212), bark of the peach tree from Canton 0.40 picul.

274.—栗 li. The Chestnut. P., XXIX, 28. T., CCXXII. Comp. Classics, 494.

Pie lu:—The li grows in Shan yin [in Che kiang, App. 271]. It is gathered in the 9th month.

The 栗 莪 li fu, or thin inner skin of the nut, the 栗 殼 li k'o, or involucre of the fruit, the flowers, bark of the tree, and root are all officinal.

P. SMITH, 60:—Chestnut.—Hank. Med., 24, li k'o, exported from Han kow.

275. — 賽 tsao. The Jujube. Zizyphus vulgaris, Lam. P., XXIX, 31. T., CCXXIII.

Comp. Rh ya, 272-282, 331, Classics, 484.

Pen king:—棗 tsao. Index of the Pen king 大 棗 ta (large) tsao.

Pie lu:—The tsao grows in Ho tung [in Shan si, App. 80]. The ta tsao (or large Jujube) is also called 乾 1 kan (dried) tsao, 美 1 mei tsao and 良 1 liang tsao (excellent jujube). It is gathered in the 8th month and dried in the sun. [Probably the large jujubes of the Shan tung province are meant.]

The raw, fresh fruit, dried fruit, kernels of the stones, especially those which are three years' old, leaves, centre of the wood, bark and root are all used in medicine.

P. SMITH, 125: - Jujube.

Cust. Med., p. 34 (177):—Tsao jen (jujube kernels) exported 1885 from Tien tsin 826 piculs,—p. 78 (185), from Han kow 200 piculs,—p. 132 (157), from Chin kiang 48.56 piculs,—p. 52 (84), from Chefoo 9 piculs.

Ibid., p. 194 (147):—Tsao p'i (date-peel) exported from Ning po 15.60 piculs,—p. 104 (89), from Wu hu 203 piculs.

276.—梨 li. The Pear. P., XXX, 1. T., CCXXXI.

Comp. Rh ya, 301, 331, Classics, 481.

Pie lu:--Li. Fruit, flowers and bark of the tree used in medicine.

Р. Ѕмітн, 169 :- Реаг.

Cust. Med., p. 294 (312):—梨乾 li kan (translated by "dried pears") exported 1885 from Amoy 1.05 picul,—p. 368 (385), from Canton 0.49 picul. [I do not think that pears are produced in Amoy or Canton.]—Ibid., p. 354 (198):—梨皮 li p'i (translated by "peel of Chinese pears") exported from Canton 2.60 piculs.

Further particulars in another part.

277.—未瓜 mu kua. Quince. Cydonia sinensis, Thouin. P., XXX, 6. T., CCLXXX.

Comp. Rh ya, 231, Classics, 478.

Pie lu:-Mu kua. Only the name.

The fruit, seeds, twigs with the leaves, bark and root are all officinal.

P. SMITH, 181: - Pyrus Cydonia.

Cust. Med., p. 78 (164):—Mu kua exported 1885 from Han kow 536 piculs. Ibid., 178 (552):—Mu kua tsiu (wine) from Shang hai 3.25 piculs.

Further particulars in another part.

## 278.—禁 nai. P., XXX, 15. T., CCXXI.

Pie lu:—Nai. Only the name. The fruit is used in medicine.

The Shuo wen [1st cent.] says the nai is a fruit. The name is still in use and is applied to a Chinese fruit not yet

identified. WILLIAMS [Dict., 613] states that it is a kind of bullace, a large yellow plum.

Cust. Med., p. 370 (399, 400):—柰仁 nai jen (kernels) imported to Canton from Ning po, Shang hai and Han kow.

279.— 柿 shi. Persimmon. Diospyros Schitze, Bge. D. chinensis, Bl. P., XXX, 17. T., CCXXXIV.

Comp. Classics, 491.

Pie lu:—Only the name. The fruit, peduncle, bark and root are all officinal.

P. SMITH, 86: - Diospyros Kaki.

Cust. Med., p. 388 (652):—Shi t'i (peduncles) exported from Canton 2.88 piculs,—p. 310 (537), from Amoy 1.58 picul,—p. 296 (338) and 310 (536), the dried fruit and cakes (shi shuang) made of it 3.70 piculs, from Amoy.

Further particulars in another part.

280.—安石榴 an shi liu. The Pomegranate. P., XXX, 22. T., CCLXXXII.

Pie lu:—An shi liu. Only the name. The pulp, rind of the fruit, root and flowers are all officinal.

The pomegranate (*Punica granatum*, L.) is not indigenous in China. It was introduced to China by the famous general Chang Kien about B.C. 120. [See *Bot. sin.*, I, p. 24.]

P. Smith, 176:—Pomegranate.

Cust. Med., p. 354 (207):—Shi liu p'i (pomegranate-peel) exported 1885 from Canton 7.22 piculs,—p. 150 (171), from Shang hai 3.40 piculs,—p. 284 (166), from Amoy 1.74 picul.

281.—橘 kü. The Orange. P., XXX, 25. T., CCXXVII. Comp. Classics, 486.

Pie lu:—The 橋 kü and the 柚 yu (Citrus decumana) grow in Kiang nan [Kiang si, App. 124] and Shan nan [S. Shen si, App. 268]. They are gathered in the 10th month.

The pulp of the fruit, peel,—known under the name of 陳皮 ch'en p'i [the peel of the unripe fruit is 青皮 ts'ing p'i]—seeds and leaves are all officinal.

TATAR., Cat., 12:一青 皮 ts'ing p'i. Fruetus Citri microcarpæ.—HANB. Sc. pap., 239.

Р. Sмітн, 164: - Orange.

Cust. Med., p. 284 (159):—橘皮 kü p'i (orange-peel) exported 1885 from Amoy 1.52 picul.—Ibid., 192 (123):—橘紅 kü hung (orange-peel) exported from Ning po 27.19 piculs. The same exported from Han kow. See Hank. Med., 11.

Ibid., p. 214 (71):— 青皮 ts'ing p'i exported from Wen chow 18.40 piculs,—p. 284 (158), from Amoy 10.22 piculs,—p. 192 (121, 122), from Ning po 36 piculs,—p. 366 (344), from Canton 8.43 piculs.

Ibid., p. 352 (176):—陳皮 ch'en p'i exported from Canton 1,987 piculs,—p. 72 (81), from Han kow 895 piculs,—p. 322 (108), from Swatow 721 piculs,—p. 226 (107), from Foo chow 720 piculs.

Ibid., p. 192 (125):一橋 白 kū pai (inner white skin of oranges) exported from Ning po 3.38 piculs.

Ibid., p. 76 (132):—橘 絡 kü lo (orange fibres around the flesh) exported from Han kow 91.14 piculs,—p. 62 (50), from I chang 4.83 piculs.

Ibid., p. 198 (197):—橘枝 kū ho (orange-seeds) exported from Ning po 11.7 piculs,—p. 216 (72), from Wen chow 2 piculs.—Exported also from Hankow. See Hank. Med., 11. Further particulars in another part.

282.—枇杷 p'i p'a, Eriobotrya japonica, Lindl. P., XXX, 38. T., CCLXXVIII.

Pie lu:-P'i p'a. Only the name.

The fruit, leaves, flower and bark are all officinal.

P. Smith, 93:—Eriobotrya japonica.

Cust. Med., p. 360 (265):—P'i p'a leaves exported 1885 from Canton 49.39 piculs,—p. 152 (202), from Shang hai 20.12 piculs,—p. 288 (208), from Amoy 2.40 piculs.—Exported also from Han kow. See Hank. Med., 33.

Further particulars in another part.

283.—樱桃 ying t'ao. Prunus pseudocerasus, Lindl. Chinese Cherry. P., XXX, 41. T., CCLXXIX.

Comp. Rh ya, 266, Classics, 477.

Pie lu:- Ying t'ao. Only the name and medical virtues.

The fruit, leaves, twigs and flowers are all officinal.

P. SMITH, 58: - Cerasus pseudo-cerasus.

Further particulars in another part.

284.—山樱桃 shan ying t'ao. Mountain Cherry. Prunus tomentosa, Thbg. P., XXX, 43. T., CCLXXIX.

Comp. Classics, 477.

Pie lu:—Shan ying t'ao, 朱 桃 chu t'ao, 英豆 ying tou. This cherry is of the size of a wheat-grain. It is covered with hair. Gathered in the 4th month and dried in the shade.

Wu P'u calls it 麥 櫻 mai ying (wheat cherry). Further particulars in another part.

285.— 龍眼 lung yen. Nephelium longan, Camb. P., XXXI, 4. T., CCLXXVIII.

Pie lu:—Lung yen, also 益智 I chi. 69 It grows in Nan hai [Kuang tung, App. 228] in the mountains. The fruit of the larger kind resembles the pin lang [Betel-nut. See 287].

Wu P'u calls it 龍 目 lung mu (dragon's eye).

The fruit and the seed are used in medicine.—P. SMITH, 155. Nowadays the leaves and the flowers of the Lungan are officinal and exported in small quantities from Canton. See Cust. Med., p. 358 (256), 364 (311).

## 286.—榧實 fei shi.. P., XXXI, 11. T., CCXXXV.

In the Index of the *Pen king* there is the name 彼子 pi tsz' or 被子 pi tsz', which the ancient Chinese authors believe to be identical with the fei shi (fruit).

Pie lu:—The fei shi grows in Yung ch'ang [W. Yün nan, App. 426]. The pi tsz' grows in Yung ch'ang, in mountain-valleys. Taste sweet. Poisonous.

Besides this the *Pie lu* notices the **排 華** *pai hua* (flower). Taste bitter. Ch'En Ts'Ang-K'I [8th cent.] says that it means the flowers of the *fei shi*.

榧 fei is now the Torreya nucifera, S. & Z., order Taxaceæ, the fruit (nut) of which is edible. But 枝 pi, according to the Rh ya [228] is another name for the shan or Cunninghamia sinensis.

on The Kuang ya gives likewise i chi as a synonym for lung yen. The authors of the Sung period, however, apply the name 益 器 子 i chi tszi to the bitter-seeded Cardamom. See P., XIVa, 40.—HANB., Sc. pap., p. 252.

Cust. Med., p. 158 (289):—Fei tsz' exported 1885 from Shang hai 28.62 piculs,—p. 366 (353), from Canton 1.30 picul.

Further particulars in another part.

287.—續爾 pin lang. The Betel-nut, Areca Catechu, L. P., XXXI, 14. T., CCLXXXV.

Pie lu:—The pin lang grows in Nan hai [Canton, App. 228]. The fruit is used in medicine. Taste bitter, pungent and harsh. Nature warm. Non-poisonous.

Cust. Med., p. 404 (152):—Pin lang exported 1885 from Kiung chow 14,068 piculs,—p. 370 (409), from Canton 3,882 piculs,—p. 354 (204), betel-nut husk from Canton 1,312 piculs,—p. 400 (81), from Kiung chow 1,154 piculs.

Further particulars in another part.

288.—秦椒 Ts'in tsiao. P., XXXII, 1. T., CCL.

Comp. Rh ya, 259, Classics, 497.

Pen king: - Ts'in tsiao.

Pie lu:—The Ts'in tsiao grows in the mountains of 秦 Ts'in [Shen si] and especially in the 秦 嶺 Ts'in ling range [S. Shen si, App. 358], also in Lang ye [in Shan tung, App. 178]. The fruit is gathered in the 8th and 9th months. It is called 椒 紅 tsiao hung (red carpels of the tsiao) and is of a pungent taste. The nature of the unripe fruit is warm, while that of the ripe fruit is cold. It is poisonous.

T'AO HUNG-KING:—The drug tsiao which is brought from Western China resembles the tsiao [of Mid and Eastern China] in taste and smell, but is larger and of a yellowish black colour. It is not to be confounded with the kiu tsz' [see 290].

Su Kung [7th cent.]:—The *Ts'in tsiao* in its leaves, trunk and fruit resembles the *Shu tsiao* [see 289], but it is smaller and less pungent in taste. It grows plentifully in the Ts'in ling mountains in the district of Lan t'ien [in Shen si, App. 175].

Su Sung [11th cent.]:—It is common in Ts'in chou [in Kan su, App. 358], in Feng chou, Kin chou, and Shang chou [all in Shen si, App. 39, 143, 278] and in Ming chou and Yüe chou [both in Che kiang, App. 224, 418]. It flowers at the beginning and produces fruits towards the end of autumn. The fruit is gathered in the 9th or 10th month. In the Rh ya it is called ta (great) tsiao. Also mentioned in the Shi king. The Ts'in tsiao has large fruits.

K'ou Tsung-shi [12th cent.]:—The *Ts'in tsiao* is produced in the country of Ts'in, whence the name. The various tsiao trees resemble each other in their trunks, but the *Ts'in tsiao* has larger leaves and the fruit is also larger as in the *Shu tsiao*, and the wrinkles are different. The *Shu tsiao* is likewise found in the country of Ts'in.

LI Shi-chen:—The Ts'in tsiao is the same as the 花椒 hua tsiao. Its native country is the land of Ts'in, but it is now common all over China and is easily cultivated. Its leaves grow opposite and are pointed. It is covered with spines. It blossoms in the 4th month. Small flowers. The fruit is produced in the 5th month. It is at first green, becomes red when ripe and is larger than the fruit of the Shu tsiao, but the eyes (日, or seeds) are smaller, shining and black. The Fan tsz' ki jan says:—The Shu tsiao is produced in 武都 Wu tu [in Kan su, App. 395]. That of a red colour is the best. The Ts'in tsiao grows in Lung si and T'ien shui [both in Kan su, App. 216, 339]. That with small seeds is the best. Su Sung's statement regarding its flowering in autumn is incorrect.

Ch., XXXIII, 40:—Ts'in tsiao or hua tsiao. The figure represents a Zanthoxylum, probably Z. Bungeanum, Pl., for hua tsiao is the common name applied to this tree at Pe king. It seems, however, that in other parts of China Z. piperitum, DC., and other species bear the same Chinese name. The reddish brown carpels covered with prominent tubercles, which include the black, shining seeds, are used in medicine and for pickling vegetables.

TATAR., Cat., 9:—Hua tsiao, Xanthoxylum.—HANB., Sc. pap., 228:—Fruits of the hua tsiao described and figured.—P. Smith, 234.

Henry, Chin. pl., 42:—Hua tsiao, Zanthoxylum Bungei. Occurs [in Hu pei] in both wild and cultivated states.

According to the Hank. Med. [18] the hua tsiao fruit is exported from Han kow. In the Cust. Med. it figures only as an article of import, to Wu hu, Chin kiang, Ning po, Wen chow, Fu chow, Amoy, Canton, etc.

As to the Chinese names applied to Zanthoxylum in Japan, see Bot. sin., II, 497.

#### 289.—蜀椒 Shu tsiao. P., XXXII, 2. T., CCL.

Pen king:—Shu (Sz ch'uan) tsiao. The fruit is officinal. The 椒紅 tsiao hung (the red carpels) are of a pungent taste. Nature warm. Poisonous. The 椒目 tsiao mu (eyes or seeds) are bitter. Nature cold. Non-poisonous. The leaves and the root are also used in medicine. The latter is said to be slightly poisonous.

Pie lu:—Other name: 巴椒 Pa (Sz ch'uan) tsiao. The Shu tsiao grows in Wu tu [in Kan su, App. 395] in mountain-valleys, also in Pa (E. Sz ch'uan). The fruit is gathered in the 8th month and dried in the shade.

T'AO HUNG-KING:—It is cultivated in Shu (Sz ch'uan) and in Pei kün [in Hu pei, App. 243]. The rind and the

flesh (of the carpels) is thick. The inner side is white. Strong smell and taste. It is also found in Kiang yang [in Sz ch'uan, App. 130], in Tsin k'ang [in Kuang tung, App. 355] and Kien p'ing [in Hu pei, App. 139], but this drug is small, red, pungent, not fragrant and less potent than that from Pa.

The P'ao chi lun [5th cent.] calls it 南椒 nan (southern) tsiao.

Su Kung [7th cent.]:—Now that produced in Si ch'eng, depending on Kin chou [in Shen si, App. 295, 143] is the best.

The Ji hia Pen ts'ao [10th cent.] calls it 漢椒 Han tsiao.

Sung [11th cent.]:—In Kui chou and Hia chou [both in Hu pei, App. 169, 64], in Shu ch'uan (Sz ch'uan, App. 292] and in Shen and Lo [both in Ho nan, App. 283, 201] it is much cultivated in gardens. It is a tree, from 4 to 5 feet high, which resembles the chu yū [Boymia, see 291] but is smaller and provided with spines. The leaves are hard (coriaceous) and shining. A beverage is made by boiling them. In the 4th month it produces fruits. It does not flower. The fruits appear in the axils of the twigs and leaves, resemble small peas, are globular and have a purplish red skin. They are gathered in the 8th month and dried by fire. This tree is also found in Kiang and Huai [Kiang su and An hui, App. 124, 89] and in North China. It is similar to that growing in Shu, but the drug yielded by it is different, it has a thick rind, white on the inner side, and has an ardent taste.

LI SHI-CHEN:—Other names: 川椒 Ch'uan (Sz ch'uan) tsiao and 點 1 tien tsiao. The Shu tsiao (the fruit) has a thick, fleshy, wrinkled (warty) rind (carpels) which contains a shining, black seed resembling the pupil of the eye, wherefore the seeds are also called 椒目 tsiao mu (eye).

Ch., XXXIII, 40:—Shu tsiao. The figure represents a Zanthoxylum with winged petioles.

Lour., Fl. cochin., 38:—Piper pinnatum [obscure plant, probably a Zanthoxylum]. Sinice: xu (shu) tsiao.

Tatar., Cat., 16:— Ch'uan tsiao. Fructus Fagaræ piperitæ (Zanthoxylum piperitum).

In the Cust. Med. the Ch'uan tsiao is mentioned as a drug imported to Tam sui, Ta kow, Swatow, Kiung chow, and said to come from Sz ch'uan.

The 蜀椒 figured in the Phon zo [LXX, 3] looks like Zanthoxylum piperitum, DC.

Another Zanthoxylon is noticed in the P. [XXXII, 8] under the name 崖椒 yai tsiao. The T'u king Pen ts'ao [11th cent.], in which it is first mentioned, describes it as growing in Shi chou [in Hu pei, App. 288]. The leaves are larger that those of the Shu tsiao. The people there collect the bark at all times of the year and use it as a medicine.

Li Shi-chen:—Its popular name is 野 1 ye (wild) tsiao. It is not very aromatic. The seeds are gray, not black nor shining. The savages add it when roasting chicken and duck.

Ch., XXXIII, 41:—Yai tsiao. The figure represents a Zanthoxylum.

Phon zo, LXX, 4:一崖 椒, Zanthoxylum shinifolium, S. & Z.—Hoffm. & Schlt., 635.

## 290.—蔓椒 man tsiao. P., XXXII, 8. T., CCL.

Pen king:—Man (climbing) tsiao. The fruit, root and stem are officinal. Taste bitter. Nature warm. Non-poisonous.

Pie lu:—Other names: 豬 1 chu (pig) tsiao, 豕 1 shi (pig) tsiao, 菜 1 chi (sow) tsiao and 狗 1 kou (dog) tsiao. The man tsiao grows in Yün chung [in the Ordos, App. 422] in the mountains. The root and the leaves are used for fermenting wine.

T'AO HUNG-KING:—It is a common mountain-plant. Its popular name is 尽子 kiu tsz'. It resembles the tsiao tang (Zanthoxylum) but is smaller and not aromatic. Other name: 豨 1 hi (pig) tsiao. Used as a diaphoretic.

In the T'u king [11th cent.] it is called 2 | kin (gold) tsiao.

LI SHI-CHEN:—The man tsiao is a climbing plant. It exhales an offensive odour, wherefore it is called "pig tsiao." It has weak branches. The fruits (seeds) and the leaves resemble those of the tsiao. Used as food by the mountain people. The term kiu tsz', given to it by T'AO HUNG-KING, is a general name for the fruit of all sorts of tsiao.

Ch., XXXIII, 53:—Man tsiao. It does not seem that the drawing represents a Zanthoxylum. But the 蔓椒 in the Phon zo [LXX, 4, 5] is a Zanthoxylum.

291.—吳茱萸 Wu chu yü [comp. 339]. P., XXXII, 13. T., CCXLIX.

Comp. Rh ya, 329, Classics, 498.

Pen king:—Wu chu yū (chu yū of the kingdom of Wu). The fruit, the leaves and the root with the white rind are used in medicine. Taste of the fruit pungent. Nature warm. Slightly poisonous. The leaves and the root are non-poisonous.

Pie lu:—The Wu chu yū grows in Shang ku [in Chi li, App. 272] and in Yüan kü [in Shan tung, App. 415]. It is gathered on the 9th day of the 9th month and dried in the shade. The old (not fresh) drug is the best.

Su Sung [11th cent.]:—It is a common tree, especially in Kiang [Kiang su, An hui, App. 124], Che [Che kiang, App. 10] and Shu Han [Sz ch'uan, App. 293]. It grows 10 feet and more high, has a green bark, leaves like those of the ch'un (Cedrela), but broader and thicker and of a purplish colour. It blossoms in the 3rd month. Small, purplish red flowers. In the 8th month it produces fruit which resembles the tsiao fruit (Zanthoxylum). When young it is of a yellow colour and when ripe is dark purple coloured. That with small seeds which remain green for a long time is the 吳 1 1 Wu chu yü, while that with larger seeds which are yellowish black for a long time is called 食 1 1 shi (edible) chu yū [this is Zanthoxylum ailanthoides. See Bot. sin., II, 498].

LI Shi-chen:—The chu yū has weak, succulent twigs. The leaves are long and wrinkled. Fruit in clusters, different from the tsiao fruit. There are two sorts—one with large and the other with small seeds. The latter is used in medicine. Some ancient writers says that the chu yū tree is planted near wells to make the leaves fall into the well. Those who drink this water will never be afflicted with contagious diseases. The fruit is also suspended in the houses to expel evil spirits. The white poplar and the chu yū tree when planted east of the house bring prosperity and prevent evil.

Ch., XXXIII, 37: Wu chu yü. Rude drawing.

Tatar., Cat., 63:—Wu chu yü, Fructus Zanthoxyli.— P. Smith, 234:—Xanthoxylum piperitum.

The Wu chu yü is the Boymia (Evodia) rutæcarpa. See Henry, Chin. pl., 96, 212. Further particulars in Bot. sin., II, 498.

Cust. Med., p. 80 (194):—Wu chu yü exported 1885 from Han kow 261 piculs,—p. 424 (135), from Pakhoi 4.40 piculs.

#### 292.—瓜蒂 kua ti. P., XXXIII, 1. T., XLV.

Kua is a general term for the fruits of cucurbitaceous plants. In the Classics kua generally means gourds, but sometimes also melons. See Bot. sin., II, 382. Ti is the footstalk of a flower or fruit.

The drug kua ti is noticed in the Pen king. It is stated to have a bitter taste and to be poisonous. Subsequent writers refute its poisonous properties. Su Sung [11th cent.] explains that by kua ti the footstalks of the 甜瓜 tien (sweet) kua or melon are meant.

Pie lu:—The kua ti is produced in Sung kao [in Ho nan, App. 317] in marshes. It is gathered on the 7th day of the 7th month and dried in the shade.

In the T'ang pen ts'ao [7th cent.] the melon is first distinguished by a distinct name—甘瓜 kan (sweet) kua. The name 甜瓜 t'ien (sweet) kua, now in general use, appears first in the Kia yu Pen ts'ao [11th cent.]. Wang Cheng [13th cent.] says there are two classes of kua. One is distinguished by its sweet fruits and termed 果瓜 kuo kua. It comprises the t'ien kua (melon) and the 西瓜 si kua (water-melon). The other class, called 菜瓜 ts'ai kua, produces fruits which are used as vegetables, cucumbers, pumpkins and gourds.

The 瓜蓟 kua jang, or pulp of the melon, and the 瓜子仁 kua tsz' jen, or kernels of melon-seeds, are likewise used in medicine.

Cust. Med., p. 48 (42) and 230 (146):—Kua ti noticed as imported to Chefoo and Fu chow from Canton.

The Hank. Med. [22] mentions 瓜子 kua tsz' (melon-seeds) as exported from Han kow. The seeds are slightly fired and eaten for pastime, chiefly in Chinese tea-houses.

I may observe that the *kua tsz* or melon-seeds of the Customs reports are not melon-seeds, but the larger seeds of the water-melon [melon-seeds are small]. They are largely exported from New chwang. Probably the seeds of some gourds and squashes go under the same name.

Further particulars in another part.

293.—葡萄 p'u t'ao. The Vine. Vitis vinifera. Grapes. P., XXXIII, 7. T., CXIII. Pen king.

Pie lu:—The p'u t'ao grows in the mountains of Lung si [in Kan su, App. 216], Wu yüan [North of the Ordos. App. 397] and Tun huang [in Kan su, App. 371].

The Han History states that the Chinese General Chang K'ien [see Bot. sin., I, p. 24] first introduced the vine to China from Western Asia, about B.C. 120. The name was originally written 清快 p'u t'ao, probably the rendering in Chinese of a foreign name. If this statement be true it is inconsistent with the notice of the grape in the earliest Chinese Materia Medica. Li Shi-chen therefore supposes that the vine has always been indigenous in Lung si, but was not cultivated in China proper.

I may observe that several species of wild vine with edible berries grow abundantly in the mountains of North China,—Vitis ficifolia, Bge., Vitis bryoniæfolia, Bge. Comp. Classics, 492. Further particulars in another part.

294.—甘蔗 kan che. The Sugar-cane. P., XXXIII, 11. T., CXIII.

Pie lu:-Kan (sweet) che. Only the name.

The earliest Chinese account of the sugar-cane is found in Tung Fang-so's Shen i king [B.C. 2nd cent.]. It is described there under the name of ## kan che as a reed

growing in Nan fang (Southern China) and containing a sweet juice. The medical quality ascribed to it is that of preventing the development of intestinal worms.—Sz MA SIANG JU [† B.C. 126] in one of his poems alludes to the property of the juice of the kan che of dissipating intoxication occasioned by wine.

In the Nan tu fu, a poem written by Chang Heng [A.D. 78-139] the sugar-cane is termed 諸 茂 chu che, and under the same name it is mentioned in the Shuo wen.

Further particulars in another part.

295.—蓮藕 lien ou. Nelumbium speciosum. The Lotus. P., XXXIII, 16. T., XCIII.

Comp. Rh ya, 90-104, 191, Classics, 395.

Pen king:—Lien ou (瓤 ou is the name for the root), 蓮寶 lien shi (fruit) and 【 莖 lien heng (stalks).

Pie lu:—The 藕寶莖 ou shi heng grows in Ju nan [in Ho nan, App. 110] in ponds and marshes. It is gathered in the 8th month.

Tatar., Cat., 34:—蓮花 lien hua, Nelumbium, [ 鬟 lien sū, Stamina Nelumbii speciosi, ] 房 lien fang, Carpophorum Nelumbii speciosi.—Ibid., 6:—荷葉 ho ye, Folia Nelumbii speciosi.—Ibid., 42:—藕節 ou tsie. Articuli radicis Nelumbii, and [41] 藕粉 ou fen. Amylum radicis Nelumbii.

Hanb., Sc. pap., 240:—蓮子 lien tsz'. Nuts of Nelumbium speciosum.

P. SMITH, 139 :- Lotus.

Cust. Med., p. 30 (112):—Lien sü (Lotus-stamens) exported 1885 from Tien tsin 69 piculs,—p. 74 (116), from Han kow 38 piculs,—p. 128 (105), from Chin kiang 14 piculs.

Ibid., p. 354 (200):— [ 蓬 lien p'eng (fruit receptacle) from Canton 3 piculs,—p. 308 (501), [房 lien fang (fruit receptacle) from Amoy 0.22 picul.—Ibid., p. 384 (589), [子心 lien tsz' sin (germ of Lotus-seed) from Canton 1 picul.

Ibid., p. 358 (251):—Lien ye (Lotus-leaves) from Canton 0.85 picul,—p. 288 (199), from Amoy 0.46 picul.

Ibid., p. 278 (83):—Ou tsie (rhizomes of Lotus) exported from Amoy 20.48 piculs,—p. 346 (101, 102), from Canton 12 piculs.—Ibid., p. 386 (619), ou fen (flour prepared from the rhizomes) from Canton 0.83 picul.

Further particulars in another part.

296.—芰寶 ki shi. The fruit of the Water-caltrop, Trapa. P., XXXIII, 26. T., XCIX.

Comp. Rh ya, 124, Classics, 397.

Pie lu:—Ki shi, also 蔆 ling. Fruit and flowers used in medicine. The Feng su t'ung [2nd cent.] calls it 水栗 shui li (water-chestnut).

Further particulars in another part.

297.—芡實 kien shi. Fruit of Euryale ferox, Salisb. P., XXXIII, 27. T., XCIX.

Comp. Classics, 396.

Pen king:—K'ien shi, 雞頭 ki t'ou (cock's head) and 隱隊 yen hui (goose's beak). Besides the fruit (seeds) the stem and the root are used in medicine.

Pie lu:—The ki t'ou shi grows in Lei ch'i [see App. 181] in ponds and marshes. It is gathered in the 8th month.

Tatar., Cat., 57:—Ki t'ou. Euryale ferox.—P. Smith, 95.

Cust. Med., p. 106 (127):—K'ien shi exported 1885 from Wu hu 2,737 piculs,—p. 128 (113), from Chin kiang 1,172 piculs,—p. 90 (59), from Kiu kiang 7.36 piculs,—p. 30 (121), from Tien tsin 4 piculs.

Further particulars in another part.

298.—鳥芋 wu yü. Tubers of Scirpus tuberosus, Roxb. P., XXXIII, 29. T., CXIV.

Comp. Rh ya, 59.

Pie lu:—The wu yü [black Colocasia. See 261], also called 藉坑 tsie ku, has leaves like the yü (Colocasia). The root is gathered on the 3rd day of the 3rd month and dried in the sun.

LI SHI-CHEN observes that the  $Pie\ lu$  is mistaken in identifying the  $wu\ y\ddot{u}$  with the  $tsie\ ku$ , for the latter is the  $ts'z'\ ku$  or  $Sagittaria\ [see\ the\ next]$ , whilst the  $wu\ y\ddot{u}$ , called also 地栗  $ti\ li$  (ground chestnut) and 訪臍  $pi\ ts'i$ , is a quite different plant the leaves of which do not resemble those of the  $y\ddot{u}$ . The tubers of the  $wu\ y\ddot{u}$  are eaten and also used in medicine.

Comp. P. Smith, 92:—Eleocharis tuberosa. — Further particulars in another part.

299.—藉姑 tsie ku in the Pie lu [see 298]. P., XXXIII, 31, sub 慈姑 ts'z' ku. T., CXIV.

These are the tubers of Sagittaria. See P. Smith, 189. Further particulars in another part.

300.—稻 po. Thuja orientalis, L. P., XXXIV, 1. T., CCIII.

Comp. Rh ya, 225, Classics, 505.

Pen king:—栢實 po shi (fruit). The fruit, leaves and white rind of the root are used in medicine.

Pie lu:—The po shi is produced in T'ai shan [in Shan tung, App. 322] in mountain-valleys. That which the Pie lu says regarding the po leaves is unintelligible.<sup>70</sup>

Татак., Сат., 3, 5.—Р. Ѕмітн, 216.

Cust. Med., p. 78 (170):—栢子仁 po tsz' jen (kernels of Thuja) exported 1885 from Han kow 173.84 piculs,—p. 34 (164), from Tien tsin 16.84 piculs.—Ibid., p. 360:—Po leaves exported from Canton 17 piculs,—Ibid., p. 388 (629):—栢香碎 po hiang sui (said to be the powdered root of Thuja) exported from Canton 5.28 piculs.

Further particulars in another part.

301.—校 sung. Pinus sinensis, Lamb. P., XXXIV, 3. T., CXCVII.

Comp. Rh ya, 324, Classics, 504.

Pen king:—松膏 sung kao and 松肪 sung fang, Resin [more commonly called 松香 sung hiang (pine fragrance)].

Pie lu:—The 松脂 sung chi (resin) is produced in T'ai shan [in Shan tung, App. 322] in mountain-valleys. It is gathered in the 6th month.

Besides the resin, the leaves and the white bark of the root, bark of the trunk, excrescences, cones, seeds and flowers are used in medicine.

TATAR., Cat., 50 .- P. SMITH, 97. Fir.

Cust. Med., p. 336 (310):—Sung hiang (resin) exported 1885 from Swatow 40.67 piculs,—p. 310 (543), from Amoy 0.80 picul.

"柏葉尤良四時各依方面采陰乾.

Ibid., p. 390 (657):—松箭 sung tsie (knots) exported from Canton 4.30 piculs,—p. 288 (216), from Amoy 0.35 picul.

Ibid., p. 280 (113):—Pine root exported from Amoy 0.36 picul.

Ibid., p. 196 (190):—Pine flowers exported from Ning po 26.58 piculs,—from Amoy 0.15 picul.

Further particulars in another part.

302.—杉 shan (sha). Cunninghamia sinensis. P., XXXIV, 12. T., CCLXI.

Comp. Rh ya, 228.

Pie lu:-Shan. Only the name.

The wood, bark, seeds and leaves are all used in medicine.

Further particulars in another part.

303.—桂 kui and 牡 桂 mou kui. Chinese Cinnamon. Cassia bark. P., XXXIV, 13. T., CCXLI.

Comp. Rh ya, 247, Classics.

Pen king:—Mou kui (male cinnamon). Taste pungent. Nature warm. Non-poisonous.

Pie lu:--The 桂 kui grows in Kui yang [S.E. Hu nan, App. 167] and the 牡桂 mou kui in Nan hai [in Kuang tung, App. 228] in the mountains. The bark is gathered in the 2nd and 8th months and dried in the shade. The taste of the kui is sweet and pungent. Nature very hot. Slightly poisonous.

We read in the Nan fang ts'ao mu chuang [3rd cent. See Bot. sin., I, p. 38]:—The kui is found in Ho p'u [in Kuang tung. See App. 70], where it grows on the summits of high mountains. It is an evergreen. There are forests

App. 133] the kui is cultivated in gardens. There are three sorts of kui. That which has leaves resembling those of the po<sup>71</sup> and a red bark is called 丹桂 tan (cinnabar red) kui. That with leaves like the shi (Diospyros shitze) is the 街桂 kūn kui. The third kind, with leaves like the p'i p'a [Eriobotrya. See 282], is the 牡桂 mou kui. The San fu huang tu [Han period] reports that one of the imperial palaces had pillars of fragrant kui wood.

T'AO HUNG-KING [referring to the statement of the Pie lu] says :- Nan hai is now called Kuang chou [App. 160]. The Shen nung Pen king mentions only the mou kui and the kün kui [see 304]. The sort commonly used is the mou kui. The drug is flat, large and very thin. outer coat is yellow. It has but little resin and flesh. It smells like the mu lan [Magnolia. See 305] and tastes like the kui. The author is not sure whether it is the bark of an old kui tree or that of a quite different tree.—The kün kui bark is round (cylindrical) and has the appearance of a bamboo-cane. That which is threefold (rolled up) is the best.<sup>72</sup> But this drug is not seen in the markets. The people commonly use the bark of young branches, which roll up into tubes.—There is a third sort, which is only halfway rolled up.73 [I understand: not rolled up as a tube, but each side curled inward, forming a channel.] is called simply 桂 kui and is much used in medicine. The kui produced in Kuang chou is of a superior quality. That of Kiao chou [S.W. Kuang tung, App. 132] and Kui chou [in Kuang si, App. 164] is very small but has much resin and flesh, and is also valued. The kui from Siang chou [in Hu nan, App. 307] and Kui yang hien in the prefecture

和 有 Thuja. This character is most probably a mistake.

"三重者良. "年卷.

of Shi hing [in Kuang tung, App. 167, 289] is called the 小桂 siao (small) kui. It is inferior to the drug from Kuang chou. The King [Sien king, see further on] says:— The leaves of the kui are like those of the po (Thuja), shining and dark. The bark is yellow and the heart is red. At the time of Emperor Wu TI of the Ts'i dynasty [A.D. 483-494] kui trees from Siang chou were sent to the capital [present Nan king] and planted in the imperial garden Fang lin yüan. In the eastern mountains (Tung shan) there grows a kind of kui the bark of which has a strong smell. It has peculiar persistent leaves. Perhaps it is the mou kui. The people commonly call it 丹桂 tan kui [v. supra], for it has a red bark. In North China the kui bark is an important ingredient of food. In the Li ki the aromatic kui is mentioned together with ginger.

Su Kung [7th cent.]:—There are two sorts of kui. T'AO HUNG-KING quotes the King, which says that the leaves of the kui resemble those of the po. Su Kung does not understand from what source this erroneous statement is derived. That which the Pie lu says regarding the kui is likewise incorrect. The 桂 kui, simply so called, is the same as the 牡 [ mou kui, or male kui, the ts'in or mu (wood) kui of the Rh ya [247]. Its leaves are more than a foot long. In its flowers and fruit it does not differ from the kun kui. The bark of the large as well as of the small branches go all under the name of mou kui, but there is a difference. The bark of the larger branches is of a coarse ligneous texture, and it has but little flesh. Its taste is poor. This drug is also called 木 | mu (wood) kui or ta (large) kui. It is much inferior in quality to the bark taken from the small, young branches, which has much flesh and is half-way rolled up. It has small wrinkles on the inner surface. Its taste is pungent and pleasant. This latter (i.e. the bark from the small branches) is also called 內 [ jou (flesh) kui, or

柱枝 kui chi (branch) and 桂 的 kui sin (heart). Now the drug produced in Yung chou and Kui chou [both in Kuang si, App. 430, 164] and in Kiao chou [in Kuang tung, App. 132] is much valued.—The other sort, the 資柱 kün kui, has leaves resembling those of the shi (Diospyros shitze). The leaves have three roads (nerves), are glabrous on both sides and shining. The bark of the larger as well as of the small branches forms tubes. Only the old, hard bark does not roll up, and appears in a flat form. It has but little aroma and is not used in medicine. But the bark of the slender branches is thin and rolls up. That rolled up two or three fold is much valued. It is also known under the name 简柱 t'ung (tube) kui. This is the siao (small) kui of T'Ao Hung-King. It is now produced in Shao chou [in Kuang tung, App. 279].

HAN PAO-SHENG [10th cent.]:-There are three sorts of kui. The 質 [ kün kui has leaves resembling those of the shi [v. supra] but they are pointed, narrow and shining. The flowers are white and the stamens yellow. It blossoms in the 4th and produces fruit in the 5th month. The bark of this tree is greenish yellow and thin. It rolls up into tubes, whence the name t'ung kui. The thick and hard bark, which has but little aroma, is called 版 [ pan (board) kui [for it does not roll up]. It is not used in medicine.—The 牡 [ mou kui has leaves like the p'i p'a [v. supra]. They are narrow and twice or thrice as long as those of the kün kui. The bark taken from the young branches curls inward on both sides. That of a purplish colour, with wrinkles on the flesh and of a delicate structure is called 桂枝 kui chi, also 內 [ jou kui. After the outer coat of the bark has been scraped off, the drug is called | W kui sin. The thick bark is called \* | mu (wood) kui. The leaves are likewise valuable.—T'AO HUNG-KING says :- The drug which is halfway rolled up, and which contains much resin, is from the

桂 kui tree, and [relying upon the Sien king,74 states that] it has leaves like those of the po tree. This is the third sort. Su Kung is wrong in stating that there are only two sorts.

Ch'en Ts'ang-k'i [8th cent.]:—The kün kui, mou kui and kui sin are drugs different in appearance but all derived from the same tree. Kui lin [anciently name of a province, modern Kuang si, of which Kui lin fu is now the capital. See App. 165] and Kui ling [mountain chain in Kuang si, App. 166] derive their names from the kui trees growing there. Now the kui tree grows abundantly in all the prefectures south of that mountain chain and down to the borders of the sea. It grows especially plentifully in Liu chou and Siang chou [both in Kuang si, App. 199, 308].

Su Sung [11th cent.] notices the various forms of kui bark which in his time were brought to market from Ling piao [Kuang si, App. 197]. The kün kui described by the earlier authors then was called 简 1 t'ung (tube) kui. The mou kui, a thin yellow bark with but little resin and flesh, was called 官 | kuan kui. That with the sides rolled halfway up was 版 1 pan kui. Su Sung then states that these drugs are also produced in Kuan chou, Pin chou, I chou [all in Kuang si, App. 159, 252, 105], Shao chou and K'in chou [both in Kuang tung, App. 279, 144]. A Cassia bark which answers the ancient description of the kün kui is met with in Pin chou; another, which seems to be that anciently described as mou kui, grows in I chou and Shao chou. The people there call this bark 木蘭皮 mu lan p'i and the flesh kui sin [v. supra]. A third kind, growing in K'in chou [v. supra], seems to agree with the description of the tree which the ancient authors call simply kui. The kui tree grows from 30 to 40 feet high and is found in the depths of the mountains.

<sup>&</sup>quot; 仙 經. Evidently a Taoist book.

In Man tung [App. 217] the people cultivate it in gardens. The bark produced north of the mountain range has but little aroma and pungency, and cannot be used in medicine. It blossoms in the 3rd or 4th month. The flowers resemble those of the chu yū [Boymia. See 291]. The fruit is produced in the 9th month. The leaves are very fragrant. An excellent beverage is made of them. The bark is collected in the 2nd and 8th months and the flowers in the 9th month [evidently a mistake]. Now the flowers and the fruits are much used for decorative purposes at festivities.

Fan Ch'eng-ta in his description of the southern provinces [end of the 12th cent.] says:—The kui is a remarkable tree of Southern China. It furnishes an important medicine. The name of [the ancient province] Kui lin is derived from the kui tree, but it does not grow there now. The kui is produced in Pin chou and I chou [v. supra]. 75

LI Shi-chen admits two kinds of kui—the mou kui and the kün kui. The mou kui has long hard leaves, covered with hair and serrated on the margin. The flowers are white. The bark contains much resin. The kün kui has leaves like the shi (Diospyros) but narrower, shining, with three nerves, and not serrated. The flowers are yellow or white. The bark is thin and rolled up. The druggists also distinguish these two sorts—the kün kui, which rolls up entirely, and the mou kui, which is rolled up partly or not at all.

Besides the bark, the leaves and flowers of the kui are officinal.

Ch., XXXIII, 7:—桂 kui. Rude drawing. The drawing fol. 8, 蒙自桂樹 kui tree from Meng tsz' hien [in Yün nan],

The Kuang si Tung chi, sub Kui lin fu, quotes the 百 學 風 土記, a modern work, it seems, in which it is stated that there are, in Kui lin fu, kui trees of enormous size. Ten men are required to encompass one of them. They perfume the air with delightful fragrance. I suppose the kui hua, or Olea fragrans, is meant. Comp. MARTINI'S notice of Kui lin in my Early Europ. Res. Fl. China [p. 11].

is better. It represents a Cinnamomum with large leaves having three nerves.

Lour., Fl. cochin., 305: - Laurus Cinnamomum, L. Sinice: kuei xu (kui shu). Habitat agrestes in altis montibus Cochinchinæ, ad Occidentem, versus Laosios: ubi quæcunque invenitur arbor truncatur et excorticatur. Rami crassissimi dant vile Cinnamomum, quod plerumque abjicitur, quia longi itineris expensæ pretium superant. Tenuior cortex, a supremis ramis avulsus, Zeylanico crassitie æqualis, odore et sapore acerrimus non magni æstimatur, eoque utuntur indigenæ ad condiendos cibos. At mediorum ramorum cortex, lineam fere crassus, optimum et pretiosum præbet Cinnamomum, quæ utuntur in Medicina, et multo altiori pretio venditur, quam Zeylanicum. Hujus oleum per destillationem abundantius extrahitur: color est rubro-fuscus, acrifudo minus acuta, sapor multo dulcior Cinnamomo Zeylanico.-Laurus Cinnamomum, L., is the Cinnamomum Zeylanicum, Br. But Loureiro's plant is a new species-Cinnamomum Loureiri, Nees, in DC. Prodr., XV, I, 16.

J. Reeves, in his Account of Chinese Materia Medica, 1828, writes:—Vast quantities both of Cassia seeds and Cassia lignea are annually brought from Kwang si [whose principal city derives its name from the forests of Cassia around it] to Canton and thence shipped off at about 24 dollars per picul to England, while the Chinese themselves use a much thicker bark, unfit for the European market.

WILLIAMS [Chinese Commercial Guide, p. 113] notices the 桂皮 kwei p'i, the decorticated bark of the Cinnamomum Cassia,—the | | 油 kwei p'i yu, Cassia oil, obtained from the leaves and twigs of the Cassia tree by distillation,—the 桂枝 kwei chi, Cassia twigs, the extreme and tender ends of the branches, such as are used in distilling the oil,—the 桂子 kwei tsz', Cassia buds, the fleshy ovaries of the seeds, and obtained from the same tree as the bark.

TATAR., Cat., 28:— 1 皮 kui p'i, 1 支 kui chi, 1 心 kui sin. Variæ species Cinnamomi.

P. SMITH, 52, 53, 64:—Cassia bark, Cassia buds, Cassia leaves, Cassia twigs. The thickest barks are called 內柱 jou (fleshy) kui. Williams [Commercial Guide, 85] places this among the articles of import, and states that this drug is produced in Cochinchina and in Sin chou, in the province of Kwang si.—

The jou kui in the Chinese druggists' shops is a thick bark and resembles the 官 1 kuan kui, which I received from a Corean druggist's shop.

According to the Cust. Med. all the Chinese Cassia bark in various forms is exported from Canton, viz.:—

- P. 354 (196, 197):—Kui p'i, Cassia bark, 6,432 piculs,—p. 384 (584), kui p'i yu, oil of Cassia bark, 0.31 picul.
- P. 358 (250):—Kui chi, Cassia twigs, 5,007 piculs,—p. 354 (195), kui chi p'i, bark of Cassia twigs, 1,098 piculs.
- P. 368 (380):—Kui tsz', Cassia buds [v. supra], 2,803 piculs.
- P. 354 (192):—Jou kui, fleshy Cassia bark, 212 piculs. Shipped to other Chinese ports. Said to be produced in Kuang si and Annam.—p. 382 (569), jou kui yu, Cinnamon oil, 0.03 picul.

According to Mr. Kopsch's translations from the Kuang si T'ung chi, regarding Cassia bark [China Rev., IX (1881), 318], Cassia is produced in the 紫荊山 Tsz' king hills in the prefecture of Sin chou fu in Eastern Kuang si. The Cassia from the 青花山 Ts'ing hua hills in Annam is also highly esteemed.—I may observe that the same prefecture of Sin chou fu was noticed, nearly 250 years ago, by Father Martini, as producing the best Cassia bark. See my Early Europ. Res. Bot. Chin. [p. 13].

Mr. M. Moss, in his Narrative and Commercial Report of an Exploration of the West River to Nan ning fu, 1881, states that Cassia is only grown in Lo ting chou [W. Kuang tung] and in the districts surrounding the town of Tai wu, the produce being respectively known in the trade by the name of Lo ting and Tai wu Cassia. [Tai wu is probably the 大島 of Chinese maps, S.E. of Sin chou fu in Kuang si].

In 1882 Mr. CH. FORD, Superintendent of the Botan., etc. Department, Hong kong, visited the Chinese districts where Cassia bark is produced, and published a very valuable article on the results of his investigations. Before Ford decided the question on the botanical origin of the Chinese Cinnamon or Cassia lignea, it was customary to refer the Chinese drug to Cinnamomum Cassia, first described by Blume in 1825, from a plant cultivated in Java [not to be confounded with C. Zeylanicum, or Laurus Cinnamomum, L., from Ceylon, known in Europe from an early period ]. FORD proved by personal observation that the plant yielding the Chinese Cassia bark was indeed the plant described by Blume. He found that there are three chief districts in which it is produced, viz. Tai wu [v. supra], Lo ting and Luk po [not found on the map, but according to the geographical position given by Ford it lies N.E. of Lo ting ]. Ford describes the peeling of the bark by the Chinese. By distillation the leaves afford Cassia oil. What is called Cassia buds are the immature fruits.

Sieb., Œcon., 139:—Cinnamomum Cassia (this is C. dulce, Nees). Japonice: nikkei; sinice: 桂. E China introducta, hinc ac inde colitur in usum medicum.—Ibid., 140:—Cinnamomum Maruba. Japonice: maruba nikkei. E China introductum, in usum medicum cultum. [This seems to be C. sericeum, Sieb. See Franch. & Sav., Enum., I, 411.]

Kwa wi, 97:-Nikkei. Sinice: 梫 or 桂 [the first

character is from the Rh ya, 247]. Cinnamomum Loureiri, Nees. Introduced from China.

Phon zo, LXXX, 2:— 柱 桂, Cinnamomum pedunculatum, Nees.

HOFFM. & SCHLT., 144:—Cinnamomum Loureiri, 桂 or 內桂.

Phon zo, LXXX, 3:- 肉桂, C. Loureiri.

Sieb., Icon. ined., VI:—交趾柱 (Cassia from Cochinchina), Cassia daphnoides, S. & Z. = C. sericeum, Sieb.—See also the drawing under the same Chinese name in Phon zo [LXXX, 4, 5].

## 304.— 篱桂 kün kui. P., XXXIV, 21. T., CCXLI.

Pen king:—Kün kui. The taste of this bark is said to be pungent. Nature warm. Non-poisonous.

Pie lu:—The kün kui grows in Kiao chi [Cochinchina, App. 133] and in Kui lin [in Kuang si, App. 165] in mountain-valleys and on steep rocks. The drug (bark) is hollow 76 and round (a tube), like a bamboo. It is gathered in the beginning of autumn.

The Chinese authors repeat what has already been said [sub 303] regarding this kind of Cassia bark, which appears in the form of quills.

Su Kung [7th cent.] says that kin is the name of a bamboo [comp. Bot. sin., II, 564], and that the kin kui derives its name from the tubes into which the bark is rolled up.

LI SHI-CHEN adds that one kind of kün kui is cultivated under the name of 嚴 桂 yen (rock) kui or 木 樨 mu si. This is the Olea fragrans. For further particulars see Bot. sin., II, 552.

There are two more kinds of kui noticed in the Pen ts'ao kang mu.

天竺桂 Tien chu kui. P., XXXIV, 22. T., CCXLI. It is first mentioned by Li Sün [8th cent.] as growing in Nan hai [in Kuang tung, App. 228] in mountain-valleys. Its bark is used like that of the common kui. It is thin and not very pungent or ardent.

K'ou Tsung-shi [12th cent.]:—This bark resembles that of the mou kui [see 303] but is thinner.

LI SHI-CHEN:—This is the same as the III \* shan (mountain) kui which is found in Kuang tung, Fu kien and Che kiang. It grows plentifully in Tien chu in the prefecture of Tiai chou, whence the name. It is a large tree which flowers abundantly. The fruit is of the size of a Lotus-nut. The Indian [Tien chu] Buddhist priests believe that it is the yüe kui [see further on].

P. Smith [63] identifies T'ien chu kui with Cinnamomum Tamala, a kind of Cinnamon, he says, which is spoken of in the Pen ts'ao as of Indian origin, etc.—T'ien chu, indeed, means India, but in the above-quoted passage this name seems to refer to a place, perhaps a monastery, in Che kiang.

Sieb., Œcon., 138:—天 桂, Cinnamomum japonicum (i.e. C. pedunculatum, Nees). Japonice: kurotsusu. E fructibus exprimitur oleum. In Sieb. Icon. ined. [VI] the same Chinese name is applied to Litsæa glauca, S., and L. foliosa, S. (Laurineæ).—See also Phon zo [LXXX, 11], the figure under the same Chinese name.

## 月桂 yüe kui. P., XXXIV, 22.

Ch'en Ts'ang-k'i [8th cent.] relates that all over Kiang tung, in the 4th or 5th month, the fruits of the yüe kui are found on the roads. They are as large as the li tou (fox bean)

# "台州天竺最多故名

and of an aromatic, pungent taste. There is an old tradition that they fall down from the moon ( $y\ddot{u}e = moon$ ). These fruits are used in medicine.

LI SHI-CHEN says that the legends regarding the cinnamon tree growing in the moon date from the T'ang and Sung dynasties. It is reported in the T'ang History that in A.D. 688, at T'ai chou in Che kiang, these yüe kui berries fell down during 10 days. The same phenomenon took place in the Sung period, in the reign of T'IEN SHENG (1023-1032), when at the monastery of Ling yin, at Hang chou in Che kiang, a rain of yüe kui tsz' fell down during 15 moonlight nights.

Comp. also regarding the legend of the Cassia in the moon, Mayers' Chin. Read. Man., 300.

P. SMITH [53] identifies the 月桂子 yüe kui tsz' erroneously with Cassia buds.

Sieb., Icon. ined., VI:—Litsæa glauca, Sieb. Sinice: 月桂.

305.—木蘭 mu lan. P., XXXIV, 23. T., CCXCIII. Comp. Bot. sin., II, 551.

Pen king:—Mu lan (tree lan) and 林 1 lin (forest) lan. The bark of the tree is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—Other name: 杜 1 tu lan. The mu lan grows in Ling ling [in Hu nan, App. 196] in mountain-valleys, also in T'ai shan [in Shan tung, App. 322]. The bark resembles that of the kui (cinnamon) and is fragrant. It is gathered in the 12th month and dried in the shade.

T'AO HUNG-KING:—It is found in all the districts of Ling ling. The tree resembles the nan tree [Persea nan mu. See 310]. The bark is very thin, of a pungent taste and aromatic. There is one sort in I chou [in Sz ch'uan,

App. 102] which has a thick bark and resembles the hou p'o [Magnolia. See 316]. It is superior in aroma and taste. The people in the East (Eastern China) use the bark of the shan kui (mountain cinnamon), which is akin to the mu lan. The Taoists use the mu lan as a perfume.

The Yu yang tsa tsu [9th cent.] calls it 木 蓮 花 mu lien hua (tree Lotus-flower) for its flowers resemble the Lotus. The leaves are like the leaves of the sin i [Magnolia yū lan. See 306].

HAN PAO-SHENG [10th cent.]:—The tree is 30 feet and more high. It resembles the kän kui [Cinnamomum. See 304]. The leaves have three nerves and are not so aromatic and pungent as those of the kui (cinnamon). The bark is like the pan kui [a thick sort of Cassia bark. See 303]. It shows perpendicular and horizontal lines. It is gathered in the 3rd and 4th months and dried in the shade.

Su Sung [11th cent.]:—It is found in all the prefectures of Hu[nan], Ling[nan] and Shu ch'uan [Sz ch'uan, App. 83, 197, 292]. It is not at all like the kui, but there is in Shao chou [in Kuang tung, App. 279] a sort of the kui the bark of which is called mu lan by the people and the inner flesh kui sin [comp. above, sub 303].

LI Shi-chen:—The branches and leaves of this tree are scanty. Its flowers are white inside and purple outside. There are varieties which flower in all seasons. The tree grows in the depths of the mountains. It attains vast dimensions, and then is fit for building boats. Lo T'ien [9th cent.] says:—The mu lien grows in the mountains of Pa [Sz ch'uan, App. 235] and Hia [in Hu pei, App. 64]. The people there call it 黃心 huang sin (yellow heart). It grows from 50 to 60 feet high. Persistent leaves. The trunk resembles a poplar and has white veins. Leaves like those of the kui (cinnamon), but thicker, larger and without ridges.

Beautiful, glossy, fragrant flowers resembling the Lotus-flower. There is however a difference in the stamens and the receptacle. The flowers appear in the 4th month and last for 24 days, but are not followed by fruits. This is the true mu lan. The flowers are red, yellow and white. The wood is fine-grained and has a yellow heart. It is much prized by wood-carvers. The tree from Shao chou, mentioned by Su Sung, is the mou kui [Cinnamon. See 303], not a mu lan. The mu lan tree does not die when its bark has been stripped off. Lo T'ien [v. supra] says that it blossoms in winter. The fruit is like a small shi (persimmon), sweet and pleasant. This latter statement is doubtful. The name mu lan is derived from the fragrance of its flowers. For lan is a fragrant flower (an orchid).

Ch., XXXIII, 14:—Mu lan. The drawing represents a Magnolia.

Amæn. exot., 845:—木蘭 mokkwuren. Frutex tulipifer ramis raris incondite divaricatis; foliis plerumque nudus cito deciduis......flore lilionarcissi rubente. Figured in Banks' Icones Kæmpf. sel. tab., 43. This is Magnolia obovata, Thbg. Cultivated only in Japan. Said to be introduced from China. It has been recorded from Sz ch'uan and Kiang su. See Ind. Fl. sin., I, 23.

The Phon zo, LXXX [13, 14] represents, under the above Chinese name, Magnolia conspicua, Sal.

HOFFM. & SCHLT., 96:—木蓮花, Buergeria (Magnolia) obovata, S. & Z.

MATSUMURA, 118:一木 闌, Magnolia obovata, and 黃心樹, Magnolia compressa, Maxim.

## 306.—辛夷 sin i. P., XXXIV, 25. T., CCXCIII.

Pen king:—Sin i, 辛维 sin chi, 侯桃 hou t'ao and 房木 fang mu. The flower-buds are used in medicine.

Pie lu:—The sin i grows in Han chung, Wei hing [both in Shen si, App. 54, 384] and Liang chou [App. 187]. The tree resembles the tu chung [see 317] and is more than 10 feet high. The fruit [the unopened flower-buds are meant, v. infra] is like the tung t'ao (winter peach) but smaller. It is gathered in the 9th month. The heart and the outer hairs (the down) are removed [before use], for they are injurious to the lungs and excite coughing.

T'AO HUNG-KING:—It is now produced in Tan yang [in An hui, App. 328] and in Mid China. It resembles a small peach, is of a pungent taste and aromatic.

Su Kung [7th cent.]:—T'AO Hung-king does not mean the fruit of the sin i tree, but its unopened flower-buds, which are gathered in the first and second months. The Pie lu is mistaken in stating that the fruit is gathered in the 9th month.

CH'EN Ts'ANG-K'I [8th cent.]:—The unopened flower of the sin i forms a globe, not unlike a small peach. It is covered with hair. It is also called 猴桃 hou t'ao (monkey peach). When the flower first opens it resembles a hairpencil (the pencil-like tuft of stamens), whence the name 木 筆 mu pi (tree pencil). As the flowers appear very early in the year the people in the south call them 迎春 yin ch'un (welcoming the spring).

Han Pao-sheng [10th cent.]:—It is a tree of great dimensions. Its leaves resemble those of the shi (Diospyros), but are narrower and longer. It blossoms in the first and second months. The unopened flower resembles a small downy peach. The flowers are white, tinged with purple. The tree does not produce seeds, but at the end of summer it flowers again. There is one kind which has leaves and flowers like the common sin i, but its flowers appear in the 3rd month and fall off in the 4th. This tree produces red

seeds like those of the siang sz' tsz' (Abrus precatorius). Both kinds are common in the mountains.

Chang Yü-hi [11th cent.] gives a similar description of the tree and states that it is much cultivated in gardens. The leaves appear after the flowers have fallen off. It very seldom produces fruit.

K'ou Tsung-shi [12th cent.]:—The sin i is a common tree, much cultivated. The unopened flowers are used in medicine. The opened flowers have no medical virtues.

LI Shi-chen gives a good description of the flower-buds (苞 pao) and then says:—The opened flowers resemble the Lotus-flower but are smaller and very fragrant. Their fragrance resembles that of the lan (an orchid). The white-flowered sin i is commonly called 玉 蘭 yū (jade) lan. There is also a double-flowered variety.

Ch., XXXIII, 16:—Sin i or yū lan. The figure seems to represent Magnolia conspicua, Salisb. (M. Yūlan, Desf.). Good drawing, This tree is cultivated at Peking under the name of yū lan.

Tatar., Cat., 47:—Sin i, gemmæ Magnoliæ.—P. Smith, 142.

Henry, Chin. pl., 297:—木筆 mu pi in Hu pei = Magnolia Yülan.

Cust. Med., p. 74 (115):—Sin i flowers exported 1885 from Han kow 145 piculs,—p. 90 (55), from Kiu kiang 25 piculs.

Amæn. exot., 845:—辛夷 sini et confusi, vulgo kobus. Arbor sylvestris tulpifera . . . . folio Mespili; floribus primo vere ex lanuginoso folliculo ante folia nascentibus singulis . . . . Figured in Banks' Icon. Kæmpf. sel. tab. [42]. This is Magnolia Kobus, DC.

Phon zo, LXXX, 16, 17:—辛夷, Magnolia Kobus. Kwa wi, 96:—玉蘭, Magnolia Kobus.

#### 307.—沈香 ch'en hiang. P., XXXIV, 26. T., CCCXVI.

The name means "fragrant [wood] that sinks [in water]." This is the Lign aloes, prized for its fragrance. According to Loureiro [Fl. cochin., 327] it is the produce of Aloëxylon agallochum, a tree of Cochinchina. It is mentioned in the Pie lu.

TATAR., Cat., 14.—P. SMITH, 133.—HANB., Sc. pap., 263.

Further particulars in another part.

308.—鶏舌香 ki she hiang (fowl's-tongue spice). This drug is mentioned in the Pie lu. Taste pungent. Nature warm. Non-poisonous.

In the P. [XXXIV, 30] ki she hiang is given as a synonym for **T** 香 ting hiang (cloves, which have been long known to the Chinese). But according to the Nan fang ts'ao mu chuang [3rd cent.] the name ki she hiang was also applied to the fragrant fruits of the tree 蜜香 mi hiang, which seems to be a kind of Aloewood.

Further particulars in another part.

309.—檀香 t'an hiang. Sandalwood. Mentioned in the Pie lu. P., XXXIV, 35. T., CCCXVI.

The ancient Chinese authors state that this tree does not grow in China. Its fragrant wood is brought from the countries of the Southern Sea, where it is called 旃檀 chan tan or 自 [ ] pai (white) chan tan. The Sandalwood is yielded by Santalum album, L., a tree of Malabar. Its Sanscrit name is chandana.

Further particulars in another part,

310.—楠 nan. Mentioned in the Pie lu. P., XXXIV, 37. T., CCLIX. Comp. Bot. sin., II, 512:—Persea nanmu, Oliv. Wood and bark used in medicine. Further particulars in another part.

311.—韵 樟 tiao chang. Mentioned in the Pie lu. P., XXXIV, 39. T., CCLIX. Comp. Bot. sin., II, 513:—A tree of the order Lauraceae. The bark of the root, leaves and flowers are used in medicine.

312.—熏陸香 hün lu hiang or 乳香 ju hiang. P., XXXIV, 45. T., CCCXVI.

The Pie lu notices the drug under the above names and speaks of its use in medicine.

Su Kung [7th cent.]:—The drug hün lu hiang resembles the pai kiao hiang.<sup>78</sup> That produced in Tien chu (India) is of a white colour. The drug from Tan yü<sup>79</sup> is of a greenish colour and not very aromatic.

Li Sün [8th cent.]:—It is also called 馬尾香 ma wei hiang. The Kuang chi [6th cent.] states that the hün lu hiang exudes from a tree with a scaly bark. The 乳頭香 ju t'ou hiang (nipple fragrance) is brought from the Southern Sea. It is the resin of a kind of fir tree which grows in Po sz' (Persia). It is red like a cherry. That which is pellucid is the best.

Ch'en Ts'ang-k'i [8th cent.] says:—The ju hiang is a kind of hün lu.

<sup>\*</sup> 白 廖 香, the white fragrant gum of the 楓 feng tree, Liquidambar formosana, Hce.

<sup>&</sup>quot; 單子. Unknown to me,

Chang Yü-hi:—The Nan fang i wu chi [4th or 5th cent.] states that the hün lu is produced in the kingdom Ta ts'in (the Roman Empire in Europe and Asia) by a large tree which is found near the seashore, and in its leaves and branches resembles an old fir tree. It grows plentifully in a sandy soil. In summer the resin flows out from the trunk into the sand. It resembles the gum of the peach tree. It is collected by the natives and sold to the traders. The natives eat the inferior sorts.<sup>80</sup>

K'ou Ts'ung-shi [12th cent.]:—The hūn lu is also called ju hiang, for it runs down [from the trunk] in drops which have the form of a nipple. It is fragrant. There is in Nan Hin tu (Southern India), in the country of O-ch'a li, a tree called hūn lu, which in its leaves resembles the t'ang li (a pear tree). This tree yields the 西香 si hiang (western perfume). The ju hiang, which is brought from the southern countries, is of a higher quality.

CH'ENG [11th cent.]:—That which is called the "western perfume" comes from T'ien chu (India). The southern drug is produced in Po sz' (Persia) and other countries. The first is of a yellowish white colour and the second is purplish red. The resin taken fresh from the tree is more highly valued than that [collected from the ground and] mixed with sand. Hün lu is a general name. The name ju hiang (nipple perfume) is applied to the nipple-shaped drug. The resin from firs and from the feng tree (Liquidambar) sometimes shows pieces of the same shape.

LI Shi-chen:—The ju hiang is frequently adulterated with the feng hiang or Liquidambar resin. But the drugs can be distinguished by burning them. There are various sorts of ju hiang distinguished in commerce by peculiar

<sup>50</sup> This account is partly borrowed from the Nan fang ts'ao mu chuang.

<sup>&</sup>lt;sup>81</sup> This is taken from HÜAN TSANG'S travels. See BEAL'S Buddh. Rec. of the Western World, II, 265.

names. In Buddhist books the ju hiang is called 天澤香 tien tse hiang (heavenly, shining fragrance), also 多伽羅香 to-ka-lo perfume, 杜噜香 tu-lu perfume and 摩勒香 mo-le perfume.

The drug ju hiang has been correctly identified by A. CLEYER in his Specimen Medicinæ sinicæ (1682), 210:— Ju hiam est Thus, acrodulce, ulceribus medetur, creat carnem, sistit dolores, eximitur illi oleum.

WILLIAMS, Chin. Commercial Guide, 93:—Olibanum, ju hiang (i.e. milk perfume). Article of import.

TATAR. [Cat., 65] identifies ju hiang with Resina Sandarae, but the drug ju hiang which I procured from a Chinese drug-shop, and which has been examined by Professor Flückiger, was Olibanum or Frankincense. The ancient Chinese descriptions agree.—See also P. Smith, 161.

According to Flückiger and Hanbury [Pharmacographia, 120] Olibanum is obtained from the stem of several species of Boswellia growing in Eastern Africa and Southern Arabia. Other species from India are used in the country as incense. Comp. also my Knowl. Anc. Chin. of the Arabs, p. 19.—Marco Polo (II, 442), speaking of Dufar on the Arabian coast, says that the white Incense (Frankincense) grows there. It resembles a small fir tree. Comp. on the subject Yule's note, l.c. 446.

Regarding the Sanscrit names for Olibanum as given in the P., I may observe that Dr. EITEL [in his Handb. of Chin. Buddhism] identifies the Chinese to-ka-lo with the Sanscrit tagara, meaning "perfume". Olibanum in Sanscrit is kunduru [comp. above tu lu perfume] and luban in Hindustani, by which name it is also known to the Arabs. It is lebonah in Hebrew, signifying "milk." Modern travellers who have seen the frankincense trees state that the fresh juice is milky and hardens when exposed to the air.

#### 313.—蘇合香 su ho hiang. P., XXXIV, 53. T., CCCXVI.

Pie lu:—The su ho hiang (perfume) is produced in Chung t'ai [see App. 32] in river-valleys.

T'AO HUNG-KING:—People say that the *su ho hiang* is the excrement of lions, but the foreigners assert that this is not true. Now this drug is brought to China from the western countries. It is not used as a medicine, but rather as a perfume.

The Kuang chi [6th cent.] says:—This fragrant substance is produced in the country of Su ho, whence the name. In Sanscrit books it is 篇 魯 瑟 劍 tu lu se kien.

Su Kung [7th cent.]:—Now this drug is brought from Si yü (Western Asia) and K'un lun [Pu lu Condore. See App. 171]. It is of a purplish red colour, resembles the true tsz' t'an,82 is hard, very fragrant, and heavy like a stone. When of a good quality the ashes left after burning it are of a white colour. [The author seems to speak of a wood.]

Su Sung [11th cent.]:—There is now in Kuang chou a su ho hiang which is a kind of su mu, sa not fragrant at all. But the su ho hiang which is used in medicine is a substance of the consistence of an ointment, very fragrant and hot. Regarding this T'AO HUNG-KING states that it is the excrement of lions. According to the History of the Liang dynasty [A.D. 502-557] the su ho hiang comes from Chung T'ien chu (Mid India), and is not an original product but is prepared by mixing together and boiling several fragrant things. Others say that it is a natural drug collected by the people of Ta Ts'in, who by boiling the sap prepare a fragrant substance like an ointment

<sup>\*\*</sup> 紫檀. Now the name of a precious wood—Dalbergia?
\*\* 蘇木 Sapan-wood.

and sell it to the traders from all countries.<sup>84</sup> When this drug reaches China it is not very fragrant.

LI Shi-chen:—The Huan yū chi [10th cent.] mentions the 蘇合油 su ho yu (oil) as produced in An nan (Annam) and San fo ts'i (Eastern Sumatra), by a tree which exudes this substance. It is used in medicine. The best sort is a thick liquid without sediment. The Hiang pu [a treatise on perfumes, 11th cent.] says that the su ho yu is produced in the country of the Ta shi (Arabs) and is a kind of tu nou hiang. The Meng k'i pi t'an [11th cent.] says:—The su ho hiang is of a red colour like a hard wood, whilst the su ho yu is a viscid resin which is commonly used.

As to the etymology of the term su ho yu, su is a fragrant Labiate plant—the Perilla ocimoides [see 67], ho = to unite, to mix, yu = oil.

Williams [Chin. Commercial Guide, 101] states:—Rose-maloes, su ho yu, is a thick, scented, gummous oil of the consistence of tar, obtained by pressure from beans, and called gurmala in Bombay; it is brought from Persia and Upper India to Bombay, and when good has a pearly appearance. It is used in making plasters among the Chinese, and frequently also as a purge.—Williams is correct in identifying the su ho yu with rose-maloes, but he is mistaken as to the origin of the drug gurmala, which, according to Dymock [Veget. Mut. Med. of W. India, 209] is Cassia fistula.

Rassamala is the Jevanese and Malay name for Liquidambar altingiana, Bl., a lot and most valuable tree of Java, with a fragrant wood which yields from incisions in the

<sup>&</sup>lt;sup>84</sup> This passage is taken from the Hetory of the Later Han [article on Ta Ts'in (Roman Empire)] and refers to the end of the first century, when the name su ho first appears. See Dr. v. Hirth, China and the Roman Orient, p. 42.

<sup>\*5</sup> 篤耨香. Noticed P., XXXIV, 55, as & Styrax, like resin of Cambodja.

bark a honey-like, sweet-scented resin, which hardens by exposure to the air. The term rose-maloes is probably derived from the above name, but the drug so called is, as the late D. Hanbury has conclusively shown [Sc. pap., 143], imported into Bombay from Aden, the Persian Gulf and the Red Sea, being probably brought thither from Alexandria. He has also established by comparison its identity with the substance known as Liquid Storax, obtained from Liquidambar orientalis, L., in Asia minor.—The su ho yu procured from a Chinese drug-shop at Peking was of the consistence of tar, of a light gray colour and scentless. It was sent to Professor Flückiger and proved to be Liquid Storax. GARCIA AB ORTA [writing at Goa, 1534-63] says that Roca malha is the Chinese name for Liquid Storax. Very probably the Javanese name rossamala (rose-maloes) was originally, and is still, applied to the Storax obtained from Liquidambar altingiana and other trees of S.E. Asia. See Flück. & Hanb., Pharmacographia, 247. Martini [ Atlas sinensis, p. 25, written 200 years ago states:-Regnum Annam, oleum illud seu liquor suavissimus quam Lusitani rosamaliam vocant, hic stillet ex arboribus. This may be the Amyris ambrosiaca in Loureiro's Fl. cochin. [283]:—Cochinchinese balsamum quod ex arbore agresti modice stillat, colore cinereo et fragrantia eximia non multum differt a styrace liquida, quæ Liquidambar a Linnæo vocatur.

I can make nothing of the name given in the P. as a Sanscrit name of the su ho yu.

Comp. also P. SMITH, 187:—Rose-maloes.

There is another kind of Storax, mentioned in ancient Chinese records on foreign countries as a product of Southern and Western Asia, termed 安息香 An si hiang. P., XXXIV, 52. T., CCCXVI.

The name An si was applied in the 2nd cent. to the

kingdom of the Parthians in W. Asia. An si properly means "tranquility," and, as this perfume is reputed for expelling evil spirits, Li Shi-chen tries to explain the name in this way. He adds that the Sanscrit name of the drug is 拙貝羅香 cho (ku) pei lo hiang. It seems that in the accounts of foreign countries, as found in the Histories of the Chinese Dynasties, the An si hiang is not mentioned before the 7th century. It is frequently noticed as a product of Western Asia and Arabia, as well as of Siam, Sumatra and Cochinchina, in the Ming period [15th cent.]. See my article on the Arabs, pp. 19, 20.

Su Kung [7th cent.]:—The An si hiang comes from the country of the western barbarians. It resembles the sung chi (common resin), is of a yellowish black colour and appears in lumps. The fresh resin is soft.

LI SÜN [8th cent.]:—It is produced in the countries of the Southern Sea and in Po sz' [Persia]. It is the resin of a tree, resembles the gum of the peach tree and is collected at the end of autumn.

[8th cent.] states:—The tree which yields the An si hiang grows in Po sz' [Persia]. It is also called 群 好 p'i sie shu (tree which drives away evil). It grows from twenty to thirty feet high. Its bark is yellowish black. The leaves spread out into four corners and do not fall off in the cold. It blossoms in the 2nd month. Yellow flowers. The heart of the flower is green. It does not produce fruit. When the bark of the tree is scraped off the resin appears, like sugar. It is called An si hiang. In the 6th or 7th month, when it has become hard, it is fit for being burned as incense. It has the property of expelling all sorts of evil things.

LI SHI-CHEN:—This drug is found in An nan, San fo ts'i (Eastern Sumatra), and other foreign countries, and

is much used in China as a perfume. There is a preparation called 安息油 An si yu, a mixture of various fragrant substances.

WAN KI [16th cent.]:—By burning the true An si hiang incense rats can be allured 86 (?).

WILLIAMS, Chin. Commercial Guide, 93:--安息香 ngan si hiang, i.e. the quieting perfume, Benzoin or Benjamin, the concrete juice of the Styrax benzoin, which is cultivated in Borneo and Sumatra. It is almost tasteless, but when rubbed or heated gives off an extremely agreeable odour.

The drug An si hiang which I procured from S. China was Benzoin, but that which is sold at Peking under the above name in the perfume-shops is a composition of various perfumes.

314.—詹糖香 chan t'ang hiang. P., XXXIV, 55. T., CCCXVI.

This drug is mentioned in the Pie lu, but only the name.

T'AO HUNG-KING:—It is produced in Tsin an [in Fu kien, App. 354] and Ch'en chou [App. 12]. It is difficult to procure this drug in a pure state, for it generally contains particles of the bark and the dirt of the wood grub. The soft drug is the best. It is used as a perfume but not employed in medicine.

Su Kung [7th cent.]:—The chan t'ang tree resembles an orange tree. The twigs and the leaves when burnt emit a fragrant smell. The drug resembles sand sugar and is black.<sup>87</sup> It is produced in Kiao and Kuang [in Kuang tung, App. 132, 160] and farther south. It grows also in Tsin an [v. supra] and is commonly used.

### \* 燒之能集鼠者爲眞.

"詹糖樹似橘煎枝葉為香似砂糖而黑.

LI SHI-CHEN:—The name chan t'ang hiang means "viscid sugar perfume." Its flowers are also fragrant. The smell resembles that of the mo li hua (Jasminum grandiflorum).

The Ch. [XXXIII, 56] figures, sub chan t'ang hiang, a tree with oblong, pointed leaves and berries [red]. It is said to grow in Hu nan and to be a kind of camphor tree with fragrant leaves.

# 315. 一葉 木 po mu. P., XXXVa, 1. T., CCCV.

Pen king:—Po mu. The root is called 檀 桓 t'an huan. Taste bitter. Nature cold. Non-poisonous.—Subsequent writers say that the bark of the tree is officinal.

Pie lu:—Other name: 黃蘗 huang (yellow) po. The po mu grows in Han chung [S. Shen si, App. 54], in mountain-valleys, also in Yung ch'ang [W. Yün nan, App. 426].

Su Kung [7th cent.]:—The tsz' po is also called 山石榴 shan shi liu (mountain pomegranate). It resembles the nü cheng [Ligustrum. See 342]. Its bark is white, not yellow. This is the 小 葉 siao (small) po [see further on]. The spiny tsz' po [mentioned by T'Ao Hung-King] is called 刺 葉 ts'z' (spiny) po. It is different from the siao po.

CH'EN Ts'ANG-KI [8th cent.]:—The 檀 桓 t'an huan is the root of a hundred years' old po tree. It resembles the t'ien men tung [see 176], is 3 or 4 feet long and has on one side small lateral roots (tubers?) called 1 1 芝 t'an huan chi (fungus).

Chang Yü-si [11th cent.]:—In the illustrated Herbal of Shu (Sz ch'uan) it is stated:—The 黃葉 huang (yellow) po tree is 30 and more feet high. Leaves resembling those of the Wu chu yü [Boymia or Evodia. See 291] and the tsz' ch'un (Cedrela?). They do not fall off in winter. The outer bark is white, the inner dark yellow. Its root produces nodular masses resembling the fu ling which grows beneath fir trees [Pachyma. See 350]. This tree now grows in Fang chou [in Hu pei, App. 35], Shang chou [in Shen si, App. 278] and Ho chou [in Sz ch'uan, App. 69b] in mountain-valleys. The bark is tight, two-tenths or three-tenths of an inch thick, and of a bright yellow colour. It is gathered in the 2nd and 5th months and dried in the sun.

Su Sung [11th cent.]:—It is a common tree. The best drug comes from Shu (Sz ch'uan). The flesh [of the bark] is of a dark [yellow] colour.

LI Shi-chen:—The name huang po is commonly but erroneously written 黃柏 huang po (yellow Thuja). The lateral tubers, which according to Ch'en Ts'Ang-K'i grow on the root (t'an huan), are a kind of fungus.

Ch., XXXIII, 20:—Po mu or huang po. Rude drawing of a tree with pinnate leaves. It grows in Hu nan and is used for dyeing.

Lour., Fl. cochin., 525:—Pterocarpus flavus. Sinice: hoam pe mo. Arbor magna, in sylvis Sinensibus, cortice glabro, intus succoso, flavo, amaro. Folia impari-pinnata. Flos flavus papilionaceus. Florem non vidi, nisi pictum. Legumen breve, compressum, seminibus 2-3. Virtus corticis:

resolvens, vulneraria. Decocto corticis tinguntur serica colore flavo permanente, nec injucundo. Loureiro refers to Rumph. Amb. tab., 117. Malaparius.

Tatar., Cat., 9:一黃 栢 huang po. Cortex Pterocarpi flavi [Tatarinov evidently relies upon Loureiro].—Р. Sмітн, 180.—Напв., Sc. pap., 266.

The drug huang po of the Peking drug-shops is a yellow bark and very bitter.

Cust. Med., p. 10 (75):—Huang po bark exported 1885 from New chwang 322.81 piculs,—p. 192 (131), from Ning po 125.87 piculs.

Dr. A. Henry writes me:—The 黃柏 huang po of which the bark is used here (at I chang) as a drug is *Phellodendron amurense*, Rupr. The northern huang po is probably the same.

Phellodendron amurense has a yellow inner bark. See Ruprecht's original description of this tree [first discovered by R. Maack, on the Amur river] in Mél. biolog. Acad. (1857), p. 526.

The 葉木 figured in the Phon zo [LXXXII, 2, 3] and the santo or kivada, sinice: 黃葉, in the Kwa wi [100] have not been identified by Franchet. According to the late Dr. Geerts [see my paper, Bot. quest. conn. Export Trade China, p. 4] the latter Chinese name in Japan is applied to Evodia glauca, Miq. The bark of this tree is used there for tinctorial purposes. This identification has been confirmed at London, where authentic herbarium specimens of the tree with the bark has been received from Japan. See Pharmac. Journ. (1888), p. 785.88

<sup>\*\*</sup> Evodia glauca is not the source of the yellow bark in China or Japan: and the observations of GEERTS, of the Japanese, and of the Pharmac. Journal are wrong. The mistake arose from the fact that Evodia glauca and Phellodendron amurense are trees with very similar foliage [the fruit is very different]. Mr. E. M. HOLMES, of the Pharmeceutical Museum, London, was convinced, by comparing specimens of the commercial bark with herbarium specimens of Evodia and Phellodendron at Kew, that the bark of China and Japan is the product of one tree only, namely Phellodendron amurense, Rupr.—A. HENRY.

Phon zo, LXXXII, 4, 5:一檀 桓. A yellow root figured.

Sieb., Œcon., 260:—Zanthoxylon kibada. Sinice: 葉木. Lignum ad luteum tingendum maxime æstimatum. Cortex habetur febrifugus.—According to Ito Keiske [Franch. & Sav., Enum. Jap., II, 693] kiwada is the Japanese name for Phellodendron amurense.

Thus, it seems, the Chinese names po mu and huang po, in China as well as in Japan, are applied to both the Evodia glauca and the Phellodendron amurense. Both belong to the same order Rutaceæ.

The 小 葉 siao (small) po [v. supra] has a special article in the P. [XXXVa, 6].

T'AO HUNG-KING calls it 子 葉 tsz' po and says it is a small tree resembling the shi liu (pomegranate). Bitter yellow bark. Another kind, which is provided with spines, has likewise a yellow bark.

Su Kung [7th cent.]:—The siao po grows between rocks in the mountains. That which grows in Siang yang [in Hu pei, App. 306], east of the Hien shan so mountain, yields the best drug. It is also called 山石榴 shan shi liu (mountain pomegranate), for its branches and leaves are not unlike those of the pomegranate, but the flowers are different. The fruit is small, black and globular like that of the niu li tsz' [Rhamnus. See 341] or the nü cheng tsz' [Ligustrum. See 342]. But the bark of the tree is white, not yellow as T'AO HUNG-KING asserts. It is now kept in store in the Court of Sacrifices. The spiny tsz' po, noticed by the same author, is the 中国 埃 ts'z' po (spiny po). It has small leaves and differs from the siao po.

Ch'en Ts'ang-k'i [8th cent.]:—All the various sorts of the po tree have a yellow bark, and likewise the siao po which resembles the pomegranate. It has red fruits like those of the kou k'i [Lycium. See 345], pointed at both ends. The people cut off the branches and use them for dyeing yellow. Su Kung is wrong in stating that the berries of the siao po are black and round. He had probably another plant in view.

LI SHI-CHEN:—The siao po is a small mountain-tree. Its outer bark is white and the inner bark yellow like that of the po, but thinner. The name shan shi liu is also applied to the kin ying tsz' (a Rose) and the tu yüan hua [Rhododendron. See 155].

The siao po is not figured in the Ch.—The name 刺 糵 is given there [XXXVII, 43] as a synonym for 黃 蘆 木 huang lu mu. The figure, a spiny tree, is possibly intended for a Berberis.

Sieb., Icon. ined., I:—Berberis chinensis, Desf. Sinice:

Phon zo, LXXXII, 5, 6:—Same Chinese name. Figure not identified by Franchet.

HOFFM. & SCHLT., 85:—Same Chinese name. Berberis Thunbergii, DC.

I may observe that the inner bark of the European Berberis vulgaris, and also the root, afford a bright yellow dye.

# 316.—厚朴 hou p'o. P., XXXVa, 7. T., CCCVIII.

Pen king:—Hou (thick) p'o. The bark of a tree. Taste bitter. Nature warm. Non-poisonous.

Pie lu:—The hou p'o is also called 厚皮 hou p'i (thick bark) and 赤皮 ch'i pi (red bark). The tree is called 榛 chen, 91

<sup>&</sup>lt;sup>91</sup> This is properly the name for the hazel-nut. See Classics, 496.

the fruit is 逐 折 chu che [see further on]. The hou p'o is produced in Kiao chi (Cochinchina) and Yüan kü [in Shan tung, App. 415]. The bark is gathered in the 3rd, 9th and 10th months.

In the Kuang ya it is called 重 皮 chung p'i (heavy bark).

T'AO HUNG-KING:— Now the drug produced in Kien p'ing and I tu [both in Hu pei, App. 139, 104] is considered the best. It (the bark) is very thick and the flesh is of a purple colour. That with a thin, white outer coat is not valued. It is much used in common prescriptions. The Taoists do not employ it.

Su Sung [11th cent.]:—It is common in the mountains of Lo yang [in Ho nan, App. 201], in Shen si [App. 284], Kiang and Huai [Kiang su and An hui, App. 124, 89], Hu nan [App. 83] and Shu ch'uan [Sz ch'uan, App. 292]. That from Tsz' chou and Lung chou [both in Sz ch'uan, App. 366, 210] is also good. The tree is from 30 to 40 feet high, and from 1 to 2 feet in diameter. Leaves like those of the hu (Quercus obovata, large leaves) and persistent. Flowers red, fruit green. The bark is very scaly and shrivelled, thick, of a purple colour and succulent. That which is thin and white is not fit for use.

K'ou Tsung-shi [12th cent.]:—It grows also in I yang hien [in Ho nan, App. 108] and in Shang chou [in Shen si, App. 278], but the drug there is thin, of a pale colour and far inferior to that from Tsz' chou [v. supra], which is thick, of a purple colour and oily (resinous).

LI SHI-CHEN:—The p'o tree has the outer bark white and the flesh purple-coloured. The leaves resemble those of the hu [v. supra]. It blossoms in the 5th or 6th month. Small flowers. The fruit resembles that of the tung ts'ing [Ilex. See 342], is green at first, and red when ripe. It

has kernels. The fruit is gathered in the 7th or 8th month and is of a sweet pleasant taste.

Ch., XXXIII, 30:—Hou p'o. The figure represents only leaves. A Magnolia may be intended.—See also XXXVIII, 4, t'u (native) hou p'o.

TATAR., Cat., 8: - Hou p'o. Cortex?

Hanb., Sc. pap., 266:—How puh, a rough, thick bark of a bitterish pungent aromatic taste. Magnolia hypoleuca, S. & Z.—For this identification Hanbury relies upon Hoffm. & Schlt., 355. He does not mention the colour of the bark. The drug hou p'o obtained from a Peking druggist's shop was of a reddish brown colour.—P. Smith, 142.

Father A. David [1869] states [Nouv. Arch. Mus. d'Hist. nat., IX, Bull. 28] that the Chinese in Sz ch'uan cultivate Magnolias not for the flowers but for the bark of the trees, which is much prized by the Chinese as a medicine. They call it ho po. In his Journ. trois. voyage Emp. Chin. [II, 360] the same author notices that in 1873 he saw in Kiang si a splendid plantation of a Magnolia with very large leaves, the same as he had previously met with in Sz ch'uan. It much resembled the American M. macrophylla. The bark is sold at very high prices as a medicine.

PARKER [Chin. Rev., XI, 22] mentions the drug hou p'o in Sz ch'uan.

Henry, Chin. pl., 120:—Hou p'o, Magnolia sp. nova, 92 the bark of which is a famous Chinese drug, largely exported from Sz ch'uan. Two varieties, one with red and the other with white flowers, are cultivated in the mountains of the Pa tung district. The leaves are very large. This seems to be the tree figured in Ch. [XXXVIII, 4] with the name

<sup>&</sup>lt;sup>92</sup> The *Hou-p'o* tree of Hupeh turned out at Kew to be *Magnolia hypoleuca*, S. & Z., and not a new species, as was at first supposed.—A. HENRY.

t'u hou p'o. The description in Ch. [XXXIII, 30], hou p'o, seems to point to another tree.

Cust. Med., p. 72 (90):—Hou p'o (bark) exported 1885 from Han kow 117.52 piculs,—p. 60 (36), from I chang 3.15 piculs, and p. 62 (45), of hou p'o flowers 8.30 piculs.

Kwa wi, 86:一厚 朴 Japonice: tan pa cou, fonoki. Magnolia hypoleuca, S. & Z.—Same identification in Sieb., Icon. ined., I, and Phon zo, LXXXII, 7, 8.—M. hypoleuca has not been recorded from China.

Sieb., Œcon., 272:—Magnolia hoo noki [i.e. M. hypoleuca]. Sinice: 浮爛羅勤. E ligno conficiuntur gladiorum vaginæ, carbones ad lævigandum lignum æsque adhibentur.

The above name is pronounced in Chinese fou lan lo le. In the P. [XXXVa, 11] there is a short note by Ch'en Ts'ang-k'i [8th cent.] regarding this tree. The author states that it grows in the kingdom of K'ang. Its bark resembles the hou p'o bark. Taste sour. Non-poisonous. It is used a medicine.

The Pie lu first says that the fruit of the hou p'o tree is called 逐折 chu che [v. supra] but afterwards the same work gives the following short and obscure account of the same drug:—The chu che cures ulcers, strengthens the breath and clears the eyes. It is also called 百合 po ho [properly a name for lilies] and 厚實 hou shi. It grows between trees and has a yellow stem. In the 7th month it bears a black fruit like the Soy-bean.

T'AO HUNG-KING says:—The name chu che is also applied to the fruit of the tu chung [see 317].

s 康國, an ancient name for Samarkand.

### 317.—杜仲 tu chung. P., XXXVa, 11. T., CCCVII.

Pen king:—Tu chung, 思 仙 sz' sien. The bark of the tree is officinal. Taste pungent. Nature uniform. Non-poisonous.

Pie lu:—Other name: 思伸 sz' chung. The tu chung grows in Shang yü [v. infra] in mountain-valleys and in Shang tang [in Shan si, App. 275] and Han chung [S. Shen si, App. 54]. The bark is gathered in the 2nd, 5th, 6th and 9th months.

Wu P'u [3rd cent.] calls it 木綿 mu mien (properly a name of the Cotton tree).

T'AO HUNG-KING:—The Shang yü mentioned in the Pie lu is not the district of this name in Hui ki [Che kiang, App. 98] but the Yü situated near Kuo<sup>94</sup> in Yü chou [Ho nan, App. 413]. The drug which is now used comes from Kien p'ing and I tu [both in Hu pei, App. 139, 104]. It resembles the bark of the hou p'o [Magnolia. See 316]. When broken it shows white filaments like floss silk.

HAN PAO-SHENG [10th cent.]:—It grows in mountain recesses. It is a tree about 30 feet high. Leaves like those of the sin i [Magnolia. See 306].

Su Sung [11th cent.]:—It is now produced in Shang chou [in Shen si, App. 278], in Ch'eng chou [in Kan su, App. 18] and in Hia chou [in Hu pei, App. 64], on high mountains. In its leaves it is akin to the che (Cudrania triloba). Its bark when broken shows numerous fibres like white floss silk. In Kiang nan they call it is mien. The young leaves are eaten and are known under the name of it mien ya. The flowers and the fruit are of a bitter

<sup>94</sup> 虔 Yü and 號 Kuo, near the Yellow River, mentioned in the Ch'un ta'iu.

and harsh taste. They are used in medicine. The wood is fit for making pattens.

Ch., XXXIII, 18:- Tu chung. Rude drawing.

TATAR., Cat., 21:—Tu chung. Cortex tenuis arboris.— I have seen the drug tu chung. It is a bark. As P. SMITH [94, sub Evonymus] correctly describes, on breaking it, and drawing the fractured edges asunder, a delicate, silvery, silky fibre is seen, which may be drawn out to the length of almost an inch without breaking.

Henry [Chin. pl., 477] states that tu chung in Hu pei is a new species of Ulmus. But subsequently he informed me that he had sent fruits of the tu chung to Kew, where the botanists considered it to be an euphorbiaceous plant. 95

Cust. Med., p. 72 (101):—Tu chung exported 1885 from Han kow 1,707 piculs,—p. 60 (39), from I chang 7 piculs.

Phon zo, LXXXII, 14,15:—杜仲. Japonice: totchiou. Evonymus Sieboldianus, Bl.—Hoffm. & Schlt., 238, same Chinese name, Evonymus japonicus, Thbg.—Sieb., Icon. ined., III, same Chinese name, Evonymus totsju (i.e. Sieboldianus).

Sieb., Œcon., 269:—Evonymus japonicus, Thbg. 社仲. Japonice: masaki. Pro sepibus vivis.

The plant which yields the drug tu chung has been described and figured in Hooker's Icones. Plant. [tab. 1950] under the name of Eucommia ulmoides [a new genus]. The most singular feature about the plant is the extraordinary abundance of an elastic gum in the bark, the leaves, the petioles and the pericarp; any of these snapped across, and the parts drawn asunder, exhibit the silvery sheen of innumerable threads of this gum.

# 318.—漆 ts'i. Varnish yielded by the Chinese Lacquer

<sup>&</sup>lt;sup>95</sup> Specimens sent from Hu peh of the true *Tu chung* tree, *i.e.* the one affording the peculiar bark used as a drug, were at first thought to be a new species of *Ulmus*, but OLIVER now thinks differently and has described and figured the tree as *Eucommia ulmoides*, Oliv. HOOKER, *Ic. Plantarum*, table 1950.—A. HENRY.

tree, Rhus vernicifera, L. P., XXXVa, 17. T., CCLVII. Comp. Classics, 517.

Pen king:—Ts'i. The Index of the Pen king has 乾漆 kan ts'i (dried varnish). It is stated to be non-poisonous. But subsequent writers say it is poisonous. The leaves and fruit of the tree are also used in medicine.

Pie lu:—The kan ts'i grows in Han chung [S. Shen si, App. 54] in mountain-valleys. It is collected after midsummer and dried.

Cust. Med., p. 380 (523):—漆 乾 ts'i kan exported 1885 from Canton 0.72 picul.

Further particulars in another part.

319.—梓 tsz'. P., XXXVa, 20. T., CCXL.

Comp. Rh ya, 293, Classics, 508.

Pen king:—Tsz'. The white rind of the tree, 梓白皮 tsz' pai p'i, is officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The tsz' pai p'i (white rind of the tsz') is produced in Ho nei [S.E. Shan si, App. 77] in mountain-valleys.

T'AO HUNG-KING:—This drug is the rind of the tsz' tree. There are three sorts. That employed for medical use ought to be firm, not rotten.

The Ts'i ming yao shu [5th cent.], Chap. V, under the head of 楸梓, states:—That of a white colour (white bark or timber) and with horns (long slender capsules) is called 梓 tsz',—that which resembles the ts'iu, and likewise has horns is the 角 楸 kio (horn) ts'iu, also called 子 楸 tsz' ts'iu (i.e. which bears fruits),—that of a yellow colour, and which does not bear fruit, is the 柳 楸 liu (willow) ts'iu. As it has a yellow wood it is also called 荆 黃 楸 King huang ts'iu, yellow ts'iu from King chou [Hu pei].

TA MING [10th cent.]:—There are many sorts of tsz'. Only the bark of the 楸 梓 ts'iu tsz' is used in medicine.

Su Sung [11th cent]:—This tree is common in Mid China. Its timber is much used for building palaces, temples, and pavilions in gardens. It is also much cultivated. It resembles the t'ung [Paulownia. See 320], but the leaves are smaller. Purple flowers. The Rh ya [293] identifies the tsz' with the 特 i. Kuo P'o says it is the same as the ts'iu (Catalpa). It is also mentioned in the Shi king. One kind is called 鼠 | shu tsz' or 挟 yü [v. infra, 341, and Rh ya, 260]. This is also a kind of ts'iu.

Wang KI [16th cent.]:—The ancient dictionary Shuo wen says:—The 椅 i and the 梓 tsz' are the same. It also says that the 梓 is the same as the 楸 ts'iu, and further on that the 楸 is identical with the 檀 kia. We may therefore assume that 椅 i, 梓 tsz', 楸 ts'iu and 檀 kia are four names designating the same tree. The tsz' tree has long slender horns (capsules) like quills. Late in winter, when the leaves have fallen off, the horns are still seen hanging on the tree. The fruit is called 豫 章 yū chang. <sup>96</sup> [This latter statement is from the Ku kin chu, 4th cent.].

LI Shi-chen:—The tsz' tree is common in China. There are three sorts. That with a white wood is called 梓 tsz', that with a red wood is 樕 ts'iu, that with a beautifully grained wood is 柃 i. There is a small sort of ts'iu which is called 榎 kia [see Rh ya, 292].

The names tsz and ts are now applied to Catalpa, of which two Chinese species are known from China, viz. C. Bungei, C. A. Mey., and C. Kæmpferi, S. & Z. For further particulars see Bot. sin., II, 508.

<sup>26</sup> This is properly an old name for the Camphor tree. See Classics, 513.

After the tsz' the P. [XXXVa, 21] notices the the ts'iu tree. Li Shi-chen says that there are two kinds—the common ts'iu, which yields an excellent timber, and for which he refers to the tsz', and the ts' ts'z' (thorny) ts'iu, which is described and figured in the Kiu huang Pen ts'ao [LIV, 31]. A large tree. Its bark is greenish white with yellowish white spots. The trunk and the branches are covered with large thorns. The leaves resemble those of the common ts'iu but are thinner and of a sweet taste. In their young state they can be eaten when boiled.—The drawing of the Kiu huang is reproduced in the Ch. [XXXIV, 16].

Kwa wi, 89:—Acanthopanax ricinifolium, Seem. Japonice: favodara; sinice: 刺 椒. The Japanese drawing agrees with the drawing in the Ch.

Henry, Chin. pl., 79:-Ts'z' ts'iu. Acanthopanax ricinifolium, a large, very thorny tree with leaves resembling somewhat the Catalpa, whence the Chinese name.

320.—桐 t'ung. P., XXXVa, 23. T., CCXXXVII.

Comp. Rh ya, 309, Classics, 515.

Pen king:—T'ung. In the Index of the Pen king:—桐葉 T'ung ye (leaves). The leaves, bark and the flowers are used in medicine. Taste of the leaves bitter. Nature cold. Non-poisonous.

Pie lu:—T'ung ye. Produced in T'ung po [in Ho nan, App. 379] in mountain-valleys.

The t'ung is the Paulownia imperialis, S. & Z. For further particulars see Bot. sin., II, 515.

Cust. Med., p. 150 (180):—T'ung p'i (bark) exported 1885 from Shang hai 0.33 picul.

#### 321. 一楝 lien. P., XXXVa, 28. T., CCLXI.

Pen king:—Lien. In the Index of the Pen king:— 【實 lien shi (fruit). The fruit, root, bark, flowers and leaves are officinal. The taste of the fruit, root and bark is bitter. Nature cold. Slightly poisonous.

Pie lu:—The lien shi grows in King shan [in Hu pei, App. 149] in mountain-valleys.

The character lien is explained in the Shuo wen by "name of a wood."

T'AO HUNG-KING:—The *lien* is a common tree. On the 5th day of the 5th month the people gather the leaves and wear them in their girdles. These leaves are said to avert evil.

Su Kung [7th cent.]—There are two sorts—the female and the male *lien*; the male does not bear fruit. The root is of a red colour, poisonous, and when taken internally it provokes intensive vomiting and even causes death. The female, fruit-bearing *lien* has a white root which has only slightly poisonous properties. Only the female root is used in medicine.

Su Sung [11th cent.]:—The best lien shi (fruit) comes from Shu ch'uan [Sz ch'uan, App. 292]. The tree is more than 10 feet high. The leaves (leaflets) are close together like those of the huai (Sophora) but longer. It flowers in the 3rd and 4th months. The flowers are reddish purple and very fragrant. The fruit is a small ball, green at first and yellow when ripe. It is gathered in the 12th month. There is no fixed time for taking out the root.

The Rh ya i [12th cent.] gives a similar account of the lien, and adds:—The fruit is like a little bell. It is yellow when ripe. Its popular name is 苦楝子 k'u (bitter)  $lien\ tsz'$  and also 金鈴子  $kin\ ling\ tsz'$  (golden bell). It is

mentioned in Huai nan tsz',—lien, the tree of the 7th month. The people of Ch'u [Hu kuang, App. 24] are accustomed to hold a festival on the 5th day of the 5th month in commemoration of K'Ü YÜAN's suicide [B.C. 314]. Bamboosprouts and rice-cakes enveloped in the leaves of the lien, with silken thread of five colours tied around, are cast into the river to propitiate the water-spirits. The women put lien leaves in their hair, etc. According to the Feng su t'ung [2nd cent.] the phænix and the unicorn eat the lien, but the dragon abhors it.

LI SHI-CHEN:—The *lien* tree grows very rapidly. In three or four years it is fit for beams. The fruit resembles a round jujube. The best is produced in Sz ch'uan.

Ch., XXXIII, 45:—Lien. Good drawing representing a Melia. The description in the P. agrees.

Lour., Fl. cochin., 329:—Melia azedarach, L. Sinice: xun (shun) lien.

Bridgm., Chrest., 441 (44):—Melia, Pride of India, at Canton 森木 shen mu or 苦楝 k'u lien. Same identification in Parker's Canton plants [169].

TATAR., Cat., 34:—楝 樹 lien shu. Arbor?—Ibid., 15:—川楝子 Ch'uan lien tsz' (lien from Sz ch'uan) and [59]:—金林子 kin lin tsz' [the second character is a mistake for 鈴 ling]. Both drugs are identified with Fructus Mespili japonica.—GAUGER, 54:—Ch'uan lien tsz'. The fruit figured and described. GAUGER means it is a Diospyros.

The drugs which I obtained under the names of Ch'uan lien tsz' and kin ling tsz' from a Chinese drug-shop at Peking were, undoubtedly, the dried fruits of a Melia, yellowish brown; five-celled stony endocarp. But the Ch'uan lien [in Thibetan barura] sold in the Thibetan

<sup>97</sup> This is taken from the Twi hiai ki or Record of Marvels, 5th cent.

drug-shop at Peking was Terminalia belerica [determined at Kew].

Hans. [Sc. pap., 244] figures and describes the Chinese drug Ch'uan lien tsz' from Shang hai. He is not sure whether it is Melia, for the stony endocarp was from six to eight celled.

P. SMITH, 145, 146, sub Melia and Medlar.

According to Parker [China Rev., X, 169] k'u lien tsz' in Sz ch'uan is Melia azedarach, L.

Henry, Chin. pl., 240:—Lien shu. Melia azedarach.— Ibid., 241:—K'u lien tsz'. At I chang this name is applied to Melia azedarach and also sometimes to Picrasma quassioides, Benn.—The k'u lien tsz' or Ch'uan lien tsz', a drug largely exported from Sz ch'uan, is the fruit of a species of Melia not yet identified. [Comp. Cust. Med., No. 251:—Ch'uan lien tsz'. Melia Toosendan, S. & Z.]

Melia azedarach is a common tree in Mid and South China. See Ind. Fl. sin., I, 113. It is known from India, where the root, bark and fruit of the tree are used medicinally, that the fruit has poisonous properties. It has very fragrant flowers. It is a highly valued timber at Canton.

Cust. Med., p. 76 (134):—Ch'uan lien tsz' (fruit) exported 1885 from Han kow 527 pieuls.—Ibid., 368 (375):—K'u lien tsz' exported from Canton 3.11 pieuls.—Ibid., p. 344 (67):—K'u lien ken (root) exported from Canton 0.17 pieul,—p. 278 (59), from Amoy 0.03 pieul.—Ibid., p. 354 (193):—K'u lien p'i (bark) exported from Canton 0.27 pieul.

Amæn. exot., 788:—楝 den, it. ootz, vulgo sendam, aliis kindeis. Azadarach Avicennæ.

Kwa wi, 122: - Same Chinese name. Melia azedarach.

<sup>98</sup> Now determined as Melia Toosendan, S. & Z.—A. HENRY.

Phon zo, LXXXIII, 7, 8:—楝, Melia japonica, G. Don. This species is reduced to M. azedarach in the Ind. Fl. sin.

SIEB., Œcon., 274:—Melia azedarach. Sendan. 楝. E fructibus exprimitur oleum (Thbg.), id quod ignoro, sed fructus in variolis, ac corticem in vermibus esse remedium mihi relatum.

322.—槐 huai. P., XXXVa, 31. T., CCLV.

Comp. Classics, 546.

Pie lu:—The huai shi is produced in Ho nan [App. 76] in marshes. It is fit for making sacrificial candles.<sup>99</sup>

TATAR., Cat., 10:—槐 花 huai hua. Flores Sophoræ japonicæ, ii, 【角 huai kio. Fructus Sophoræ japonicæ.

Hanb., Sc. pap., 237:— [實 huai shi. Legumes of Sophora japonica.—P. Smith, 201.

Cust. Med., p. 154 (227):— 【米 huai mi (unopened flower-buds) exported 1885 from Shang hai 599 piculs,—ibid. (226):— 【花 huai hua (flowers) exported 87 piculs,—p. 196 (178), from Ning po 10.80 piculs.—Ibid., p. 368 (365):— 【角 huai kio (pods) exported from Canton 8.52 piculs,—p. 276 (42), from Amoy 0.47 picul.—Ibid., p. 32 (141):— 【子 huai tsz' (seeds) exported from Tien tsin 899 piculs.

Further particulars in another part.

# 323.—秦皮ts'in p'i. P., XXXVb, 1. T., CCCVI.

Pen king:—Ts'in p'i (bark), 梣皮 tsin p'i and 樳木 sin mu. The bark of the tree is officinal. Taste bitter. Nature slightly cold. Non-poisonous.

The Shuo wen [see K.D.] explains the character 梣 by 青皮木 (a tree with a green bark). Huai nan Tsz' says it is of a green colour and is used as a medicine for the eyes. Kao Yu, of the Han dynasty, in commenting upon Huai nan Tsz', identifies the tsin with the 苦櫪 k'u (bitter) li. The li is said by some ancient authors [see K.D., and W.D., 537] to be the same as 櫟 li (an oak).—Regarding the 禄 the T'ang yūn dictionary says that it resembles the huai (Sophora).

Pie lu:—Other name: 石楠 shi t'an. The ts'in p'i is produced in Lü kiang [in An hui, App. 207] in river-valleys and in Yüan kü [in Shan tung, App. 415] by river-sides. The bark is gathered in the 2nd and 8th months and dried in the shade.

T'AO HUNG-KING:—The popular name of the drug is 樊 槻 皮 fan kui p'i. When steeped in water it yields a bluish indelible ink.

Su Kung [7th cent.]:—The leaves of this tree are like those of the t'an (Casalpinia) but smaller, wherefore it is also called shi t'an [v. supra]. As the bark is of a bitter taste the tree is also called 苦 樹 k'u shu (bitter tree). The bark shows white spots and is not coarsely veined. By steeping the bark in water an indelible blue ink is prepared.

SU SUNG [11th cent.]:—This tree grows in all prefectures of Shen si [App. 284] and in Ho yang [in Ho nan, App. 81]. It is a tall tree resembling the t'an (Casalpinia).

# "皮有白點而不粗錯·

Trunk and branches are all of a green colour. Leaves like the head of a spoon, large and not shining. It bears neither flowers nor seed. The root resembles that of the huai (Sophora). The popular name of this tree is 白禄木 pai (white) sin mu.

LI Shi-chen explains that the name 秦皮 ts'in p'i refers to the country of Ts'in [Shen si], where the tree grows.

Ch., XXXIII, 31 := Tsin pi. The figure represents a tree, but the drawing is not characteristic.

TATAR., Cat., 13:— Ts'in p'i. Cortex. This drug, obtained from a Peking druggist's shop, was sent to Professor Flückiger for examination. An infusion of the bark mixed with iron produced indeed an ink, but it was not blue.

The name k'u li is applied in the Peking mountains to Fraxinus Bungeana, DC., upon which the wax insect lives.

Cust. Med., p. 284 (156):—Ts'in p'i exported 1885 from Amoy 0.22 picul,—p. 148 (151), imported to Shang hai 145 piculs,—p. 352 (180), to Canton 118 piculs. Said to be shipped from Han kow, Ning po and Tien tsin.—In the Hank. Med. the drug ts'in p'i is not mentioned.

HOFFM. & SCHLT., 250:—秦 皮 樹, Fraxinus longicuspis, S. & Z. According to Geerts the same Chinese name is also applied to Fr. Sieboldii, Bl.

Phon zo, LXXXIII, 17, 18:—Same Chinese name. Tree not identified by Franchet.

MATSUMURA, 82: 一楼, Fraxinus pubinervis, Bl.

# 324.—合 歡 ho huan. P., XXXVb, 3. T., CCXCVI.

Pen king:—Ho huan. This tree grows in Yü chou [Ho nan, App. 413] in mountain-valleys. It resembles the

kou ku tree [which is an Ilex. See 342]. The bark is used in medicine. Taste sweet. Nature uniform. Non-poisonous. The leaves and the flowers likewise are officinal.

Pie lu:-It grows in I chou [in Yün nan, App. 102].

Tatar., Cat., 6:—Ho huan. Acacia Nemu.—P. Smith, 2.

Cust. Med., p. 154 (223):—He huan (flowers) exported 1885 from Shang hai 0.18 picul.

Further particulars regarding this well-known tree will be given in another part.

### 325.一皂 菠 tsao kia. P., XXXVb, 4. T., CCCIV.

Pen king:—Tsao kia (black pod). The pod is officinal. Taste pungent and salt. Nature warm. Slightly poisonous. The seeds, thorns, bark of the trunk and of the root, and leaves are likewise used in medicine.

Pie lu:—The tsao kia grows in Yung chou [Shen si, App. 424] and in the district Tsou hien in Lu [Shan tung, App. 365, 202]. The pod looks like the tusk of a boar. It is gathered in the 9th and 10th months and dried in the shade.

The Kuang chi [5th cent] calls it 雞栖子 ki si tsz' (cock's perch).

T'AO HUNG-KING:—It is a common tree. The pod which is two feet long is the best. It is frequently worm-eaten, and then is injurious to man.

Su Kung [7th cent.]:—There are three kinds of tsao kia. One is called 猪牙皂炭 chu ya (boar's tusk) tsao kia. It is an inferior sort. The pod is crooked, thin, uncomely and not succulent. When used for washing it does not remove the dirt. That which is two feet long [v. supra] is coarse and dry. The best is that which is only from six to

seven inches long. It is round, thick, jointed (i.e. contracted between the seeds), has a thin skin and much flesh and is of a strong taste.

Su Sung [11th cent.]:—Now the best is produced in Huai chou and Meng chou [both in Ho nan, App. 93, 220]. The tree is tall. The *Pen king* recommends the *chu ya tsao kia*, T'AO Hung-king the pods which are two feet long, and Su Kung those which are only six inches long. All these sorts are used in medicine; the boar-tusk pods are useful in tooth-ache. The young sprouts (leaves) are eaten as a vegetable.

LI SHI-CHEN: -The tsao is a tall tree. The leaves resemble those of the huai (Sophora). They are thin, long and pointed. Many thorns in the axils of the branches. It blossoms in summer. Small yellow flowers. There are three kinds, distinguished according to the pods. One kind has small pods resembling the tusk of a boar, another has long, thick and fleshy pods containing much fat and viscid matter. The third sort is long, thin, dry and meagre. It does not contain any viscid matter. The fat and fleshy sort is the best. As the tree is beset with thorns it is difficult to ascend. The people therefore at the proper time surround it with bamboo baskets. Then during one night all [it is not clear whether the thorns or the ripe pods will drop. A strange thing! When sometimes a tree does not produce fruit, the people bore a hole in the trunk, fill it with three or five pounds of cast iron, and cover it with mud. Then it will produce fruit. Other names for the tree: 鳥犀 wu si (black rhinoceros) and 縣刀 hūan tao (suspended sword). The thorns are known under the name 天丁 t'ien ting (clavus cœlestis).

Ch., XXXIII, 33:—Tsao kia. Good drawing. Leaves and long pods. Gleditschia sinensis, Lam.—See also Kiu huang, LVI, 3.

This beautiful tree is called 皂角 tsao kio (black horn) at Peking. The trunk [of old trees] where the branches begin is surrounded with a formidable crown of enormous branched thorns. Small, greenish yellow scented flowers, and large flat, fleshy, black pods about one foot long. These pods are used as soap.

Lour., Fl. cochin., 801:—Mimosa fera [very probably he means Gleditschia]. Sinice: tsao kie.

TATAR., Cat., 57:—皂角 tsao kio. Legumen Gleditschiæ chinensis.—Ibid., 56:—皂刺 tsao ts'z'. Spinæ Gleditschiæ.—Ibid., 29:—牙皂. Legumen Gleditschiæ.

Hanb., Sc. pap., 248:一牙皂 ya ts'ao (tusk pod). Legumes of Prosopis. 101 Legumes of the same Chinese name which I obtained from the Thibetan drug-shop at Peking, consisting of small, curved pods about three inches long and one-third inch broad, and which were examined at Kew, proved to belong to a Prosopis.

P. SMITH, 105, 179: —Gleditschia and Prosopis.

Comp. also HENRY, Chin. pl., 499, 500.

The tree, with leaves, flowers and pods, is figured in Hooker's *Icones. Plant.*, tab. 1412.

Cust. Med., p. 296:—Ta (great) tsao exported 1885 from Amoy 0.55 picul,—p. 294 (291), siao (small) tsao from Amoy 0.30 picul.—Ibid., p. 372 (430):—Tsao seeds exported from Canton 19 piculs.—Ibid., 126 (96):—Tsao thorns exported from Chin kiang 57.23 piculs,—p. 356 (226), from Canton 11.62 piculs,—p. 288 (220), from Amoy 0.55 picul.

Ibid., p. 62 (61):—Ya tsao exported from I chang 28.79 piculs,—p. 80 (196), from Han kow 42 piculs,—p. 132 (166), from Chin kiang 7.80 piculs,—p. 166 (389), from Shang hai 0.70 picul.

<sup>&</sup>lt;sup>101</sup> Specimens of ya-tsao from Szechuan sent to Kew, with flowers, leaves and pods, have been described as Gleditschia officinalis, Hemsl. Decades Kewenses, I, Kew Bulletin, No. 64, p. 82.—A. HENRY.

Amæn. exot., 841:—皂炭 sokio, vulgo kawara fudsi. Arbor vasta, foliis impariter pinnatis; siliquis (quas non vidi) longis, multisque, quod dicunt, interstitiis intus distinctis. Ex Sina adducta arbor, rara hic est, fructu imperfecto vel nullo. An arbor Cassiæ fistulæ?

Kwa wi, 88:—Same Chinese name. Gleditschia japonica, Miq.

Phon zo, LXXXIII, 23, 24:—Same Chinese name. Gl. heterophylla, Bge., and Gl. japonica.—Ibid., 25:—猪牙皂荚. Only pods figured.

After the tsao kia the P. describes [XXXVb, 13] the 肥皂荚 fei (fat) tsao kia. No ancient author quoted. LI SHI-CHEN states: - The fei tsao kia grows on high mountains. It is a tall tree. Leaves like those of the t'an (Casalpinia) and the common tsao kia. It blossoms in the 5th or 6th month. White flowers. The pods are from three to four inches long and resemble those of the yun shi [Casalpinia. See 140] but are thick, fleshy and fat. Each pod contains several black seeds as large as the end of a finger, not exactly globular. They are black like varnish, very hard, with a white kernel within like a chestnut, which can be eaten when roasted. The tree is also cultivated. The pods are gathered in the 10th month, boiled and roasted, then pounded to powder and mixed with wheaten flour and perfumes. This composition, formed into balls, is used [instead of soap of rowashing the body and the face, to cleanse them of dirt. It is richer in fat than the pods of the tsao kia. It is said that the water from the fei tsao kia kills goldfish and drives away ants.

The large black, hard seeds of this tree are brought to Peking from Mid China and used by women in washing the head and hair. They are called *fei tsao*. The same have been described and figured in Hanb. Sc. pap., 238. Hanbury means that they belong to a Dialium (Leguminosæ). It seems to me that this is the same tree as that of which Baillon in 1875 described [Journ. Soc. cent. d'hortic., p. 164-168] the pods received from Shang hai, and upon which he established the new species Gymnocladus chinensis. These pods are stated there to be used as soap by the Chinese.

Leaves and ripe pods of the fei tsao tree were procured for me from Wu hu by Mr. T. L. Bullock, in 1881, and sent to the Botan. Garden, St. Petersburg. The late Maximowicz considered them to belong to a Casalpinia. But in the Ind. Fl. sin. [I, 203] the Chinese soap tree, fei tsao, is said to be Gymnocladus chinensis. Mr. Hemsley determined it probably from complete specimens in flower and in fruit. Comp. also Henry, Chin. pl., 500.

P. Smith, 1:—Acacia concinna. Fei tsao kia.

Cust. Med., p. 198 (200):—Fei tsao exported 1885 from Ning po 56.20 piculs,—p. 366 (352), from Canton 0.50 picul.—Exported also from Han kow. See Hank. Med., 13.

326.—樂華 luan hua. P., XXXV, 15. T., CCCVIII. See Classics, 550.

Pen king:—Luan hua. The flowers are officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—The luan hua grows in Han chung [S. Shen si, App. 54] in river-valleys. The flowers are gathered in the 5th month.

SU Kung [7th cent.]:—The leaves of this tree resemble those of the mu kin [Hibiscus syriacus. See Rh ya, 6] but are thinner and smaller. Yellow flowers resembling the huai

flowers (Sophora) but larger. The seeds are enclosed in a bladder like the suan tsiang [Physalis. See 106]. They are black, round like peas, and hard. The people use them much as beads. The flowers are gathered in the 5th or 6th month. The people in the south use them for dyeing a bright yellow colour. They are also employed for curing sore eyes.

SU SUNG [11th cent.]:—The tree is cultivated in gardens in the south as well as in Pien [in Ho nan, App. 248].

K'ou Tsung-shi [12th cent.]:—This tree is found in the mountains of Ch'ang an [in Shen si, App. 6]. The seeds are called 木 築 子 mu luan tsz'. They are brought to the capital, where they are used as beads. They are not employed in medicine.

This is the Kælreuteria paniculata, Laxm. For further particulars see Bot. sin., II, 550.

327.—趣 kü. P., XXXVb, 20. T., CCLXIII.

Comp. Rh ya, 238.

Pie lu:—Kü. The bark is used in medicine. Taste bitter. Nature very cold. Non-poisonous.

T'AO HUNG-KING:—The  $k\ddot{u}$  is a common tree in the mountains. Its bark resembles the bark of the t'an (Casalpinia) and the huai (Sophora). Leaves like those of the li and the hu (oaks). It is well known.

Su Kung [7th cent.]:—It grows by the sides of rivulets. The leaves resemble those of the ch'u [Ailantus. See Rh ya, 224] but are narrower and longer. It is a large tree, several fathoms in girth. The bark is very coarse and thick and does not resemble the t'an bark.

K'ou Tsung-shi [12th cent.]:—The kü tree is now more commonly called 楔柳 kü liu (willow), for its leaves resemble

the willow. Large specimens are from 50 to 60 feet high and from 2 to 3 fathoms in girth. It is frequently met with in Hu nan and Hu pei, but is not used for timber and is not fit for making utensils. The young bark is employed for making buckets and hoops for sieves.

LI Shi-chen:—The wood of the  $y\ddot{u}$  is reddish purple. It is highly valued for making boxes and tables. Cheng Ts'iao [12th cent.] says:—The  $k\ddot{u}$  is a kind of  $y\ddot{u}$  (elm). Its branches are more hardy. Its fruits are like elm-fruits, which look like small coins. The villagers gather the leaves and prepare a sweet tea therefrom.

Ch., XXXIII, 63:—Kü. According to Henry [Chin. pl., 247] this is the Pterocarya stenoptera, Cas. (Order Juglandew), a common tree in Hu pei. But it seems that in other parts of China the name kü is applied to an elm-like tree, as also in Japan where it is Ulmus keaki.

For further particulars see Bot. sin., II, 238.

328.—柯 liu. Salix babylonica, L. P., XXXVb, 21. T., CCLXIII.

Comp. Classics, 524.

Pen king:—Liu. In the Index of the Pen king:—柳華 liu hua (flowers). The Pen king explains the latter term by 柳絮 liu sü (willow-wool, i.e. the cottony down of the seeds). Taste bitter. Nature cold. Non-poisonous. The leaves, branches, white bark of the root, and the gum exuding from the tree are all used in medicine.

Pie lu:—The liu hua is produced in Lang ye [in Shan tung, App. 178] in marshes.

P. SMITH, 231: - Willows,

Cust. Med., p. 288 (202):—Liu, twigs and leaves, exported 1885 from Amoy 4 piculs,—p. 358 (252), from Canton 0.53 picul,—p. 344 (80), willow-root exported from Canton 0.01 picul.

Further particulars in another part.

329.—榆 yü. Ulmus. Elm tree. P., XXXVb, 30. T., CCLXIX.

Comp. Rh ya, 304, Classics, 528.

Pen king:—榆 yū, 零榆 ling yū. The white bark of the tree is officinal. Taste sweet. Nature uniform. Mucilaginous and nourishing. Non-poisonous. The leaves, flowers and fruit [see the next] are all used in medicine.

Pie lu:—The 榆 皮 yū p'i (bark) is produced in Ying ch'uan [S.E. Ho nan, App. 408] in mountain-valleys. The white, inner bark is gathered in the 2nd month and dried in the sun. The fruits are gathered in the 8th month. Both drugs (the bark and the fruit) should be kept dry, otherwise they become poisonous.

P. SMITH, 92:-Elm-bark.

Cust. Med., p. 212 (49):—Hiang yü p'i (fragrant elmbark) exported 1885 from Wen chow 502 piculs.

Further particulars in another part.

330.—蕪 荑 wu i. P., XXXVb, 33. T., CCLXIX.

Comp. Rh ya, 263.

Pen king:—無姑 wu ku, in the Index of the Pen king 燕寰 wu i. It is a fruit (fruit of an elm). Taste pungent. Nature uniform. Non-poisonous. Pie lu:—The wu i grows in Tsin shan [App. 356] in river-valleys. The fruit is gathered in the 3rd month and dried in the shade.

T'AO HUNG-KING:—This drug is now brought from Kao li [Corea, App. 116]. It resembles the fruit of the common elm, 102 and has a fetid odour. The people there prepare it in sauces for food. It is a vermifuge and is also used to drive away moths.

SU KUNG [7th cent.]:—Now the best drug comes from Yen chou and T'ung chou [both in Shen si, App. 403, 378].

CH'EN Ts'ANG-K'I [8th cent.]:—The wu i has a strong, fetid smell. It is the fruit of the mountain-elm.

MA CHI [10th cent.]:—It is common in Ho tung and Ho si [Shan si, App. 80, 79].

Su Sung [11th cent.]:—It is produced in Mid China. The best comes from T'ai yüan [in Shan si, App. 325]. It is a kind of small elm, the fruit of which ripens earlier than that of the common elm, and has a fetid odour. Mentioned in the Rh ya. The fruit is dried for use. The people pound it also and cook it as food. It is also preserved with salt. The salt destroys the disagreeable odour. It is not used as a medicine.

LI Shi-chen:—There are two kinds of wu i, the large and the small. The latter is the same as the 榆 炭 yū kia, or fruit of the common elm, which the people prepare into sauces for food. The larger wu i is that used in medicine.

The large wu i is probably Ulmus macrocarpa, Hance.

Hank. Med., 7:一臭 無 夷 ch'ou (stinking) wu i. Exported from Han kow. Mr. Braun says:—A small, lentil-shaped seed of a very disagreeable and strong odour. The flesh of the berry generally adheres to the seed.

The Cust. Med., p. 489 (1457) calls the wu i a medicine-cake.—Ibid., p. 74 (123), wu i exported 1885 from Han kow 5.12 piculs.

#### 331.—巴豆 Pa tou. P., XXXVb, 43. T., CCCVI.

Pen king:—巴豆 Pa tou, 巴敦 Pa shu. The seed is officinal. Taste acrid. Nature warm. Poisonous. This is one of the five principal poisons mentioned by Shen nung. See above, sub 132.

Pie lu:—The Pa tou grows in Pa [E. Sz ch'uan, App. 235], whence the name, in river-valleys. Gathered in the 8th month. Before use the heart and the skin are removed. Very poisonous.

T'AO HUNG-KING:—The Pa tou is a violent purgative. It should be taken in a fresh state.

Su Sung [11th cent.]:—It is now found in Kia chou, Mei chou and Jung chou [all in Sz ch'uan, App. 122, 219, 112]. It is a tree from 10 to 20 feet high. Leaves like those of the ying t'ao (cherry) tree but thicker and larger. They are green at the beginning but gradually change to yellowish red. They wither in the 12th month and shoot again in the 2nd month. In the 4th month the old leaves fall off and are replaced by fresh leaves. Flowers of a yellowish colour and in racemes. In the 5th or 6th month the fruit (a capsule) is produced, which is green at the beginning but yellow when ripe. It resembles the capsule of the pai tou k'ou [Amomum Cardamomum. See 58]. Each capsule consists of two divisions (cells), and in each division is

one seed, sometimes three seeds. The seed has an outer coat which is removed before use. The drug from Jung chou has on the outer coat from one to three perpendicular lines (small furrows) like thread. The people there call it 金線巴豆 kin sien (gold thread) pa tou. This is considered the best sort, but it is rare.

LI SHI-CHEN:—The Pa tou is produced in Pa [E. Sz ch'uan], and the seed resembles the soy-bean, whence the above names. Lei Hiao [5th cent.] says:—[There are three sorts.] One [the seed], which is contracted, small and of a yellow colour, is the E pa, that which is three-edged and black is the \$\overline{\pi}\$ tou, and that which is small and pointed on both ends is called 剛子 kang tsz'. The pa and the tou can be used in medicine, but not the kang tsz', which kills man. LI SHI-CHEN observes that this account is not clear. He thinks that Lei Hiao's contracted and small sort is the female—the threeedged, and that with pointed ends is the female pa tou. The male is violent and the female has a slow effect. The capsule of the pa tou is like the integument of the ta feng tsz' 103 but thinner. The kernel within is like the hai sung tsz'. 104 The capsule cannot be compared to the pai tou k'ou.—One name for the pa tou is 老陽子 lao yang tsz'.

Besides the seeds and the integument, the oil of the seeds and the root are used in medicine.

Ch., XXXIII, 54:-Pa tou. A poor drawing, from which nothing can be determined.

Lour., Fl. cochin., 714:—Croton tiglium, L. Sinice: pa teu. Habitat incultum in Cochinchina et China.—Loureiro gives the same Chinese name to Croton congestum.

TATAR., Cat., 1:—Pa tou. Semina Crotonis Tiglii.— HANB., Sc. pap., 230.—P. SMITH, 79, 159.

大風子, Chaulmoogra. See HANB., Sc. pap., 244.

101 海松子, the large seeds of Pinus coraënsis.

According to Parker [China Rev., IX, 329] the pa tou or Croton-seeds are used in Sz ch'uan for catching fish.

Cust. Med., p. 78 (167):—Pa tou exported 1885 from Han kow 2,039 piculs,—p. 62 (57), from I chang 31.70 piculs,—p. 364 (328), from Canton 10.35 piculs,—p. 292 (261), from Amoy 0.36 picul.

Phon zo, LXXXVI, 6, 7: 巴豆. Croton.

EBN BAITHAR [transl. by Sontheimer, I, 427]:—Dend, Croton tiglium. The Chinese drug mentioned.—F. Watson, Native & Scient. Names of East. acon. plants, p. 51:—Croton Tiglium, in Arabic ba too [probably derived from the Chinese pa tou].—Schlimmer, Term. med. pharm. franc. persane:—One of the Persian names for Croton Tiglium is bidendjireh khatai (Ricinus from China).

332.—桑 sang. The Mulberry tree. P., XXXVI, 1. T., CCXLVI.

Comp. Rh ya, 303, Classics, 499.

Pen king:—秦 sang. The Index of the Pen king has 秦根白皮 sang ken pai p'i (the white bark of the root of the mulberry tree). It is of a sweet taste. Nature cold. Non-poisonous. The leaves also are officinal and said to be slightly poisonous. Subsequent writers say, "non-poisonous." The ashes of the wood are used in medicine. The fruit also is officinal.

The Pie lu asserts that the root of the mulberry tree in its upper part, at the surface of the soil, has poisonous properties.

TATAR., Cat., 43:—Sang p'i. Radix Mori.—P. SMITH, 151:—Mulberry bark.

Cust. Med., p. 354 (205):—Sang pai p'i, bark of the root, exported 1885 from Canton 157.40 piculs,—p. 72 (98), from Han kow 105 piculs,—p. 284 (168), from Amoy 25.15 piculs,—p. 262 (68), from Ta kow 6.56 piculs.

Ibid., p. 360 (271, 284):—Exported from Canton, mulberry leaves 22 piculs, twigs 14 piculs.

Ibid., p. 200 (235):—Sang chen, mulberry fruit, exported from Ning po 5.15 piculs,—p. 370 (412), from Canton 0.36 picul.

Further particulars in another part.

333.—楮 ch'u, Broussonetia papyrifera, Vent. The Paper mulberry. P., XXXVI, 10. T., CCLXII.

Comp. Classics, 503.

Pie lu:—Ch'u, 楮實 ch'u shi (fruit), also 穀 1 ku shi. It is produced on the Shao shi mountain [App. 281]. The fruit is gathered in the 8th and 9th months and dried in the sun during 40 days. Taste sweet. Nature cold. Non-poisonous.

For other Chinese accounts regarding this tree see another part.

Hanb. Sc. pap., 231:—楮 實 子 ch'u shi tsz'. The small seed-like nuts or achenes of Broussonetia papyrifera, Vent. (Moreæ).

P. SMITH, 167:—Paper mulberry.

Cust. Med., p. 198 (198):—Ch'u shi tsz' exported 1885 from Ning po 0.47 picul.—Exported also from Han kow. See Hank. Med., 8.

#### 334.—枳 chi. P., XXXVI, 13. T., CCLIV.

Classics, 488.

Pen king:—枳實 chi shi (fruit). Taste bitter. Nature cold. Non-poisonous.—The bark of the root and the young leaves are likewise used in medicine.

Pie lu:—The chi shi grows in Ho nei [in Shan si and Ho nan, App. 77] in marshes. It is gathered in the 9th and 10th months and dried in the shade.

In the K'ai pao Pen ts'ao [10th cent.] it is called 权 設 chi k'io (k'io = peel). For Chinese descriptions of this shrub and its fruit, which is an Aurantiacea, see another part.

Lour., Fl. cochin., 571: — Citrus fusca. Sinice: chi keu.

TATAR., Cat., 16:—Chi k'io. Fructus Citri decumanæ [an erroneous identification].

Hanb. Sc. pap., 238:—Chi k'io. The drug described.—P. Smith. 66:—Citrus fusca.—The chi k'io is probably Ægle sepiaria, DC.

P. Smith says that chi shi is the unripe fruit, and chi k'io the ripe fruit. It has a very thick peel.

Cust. Med., p. 232 (175):—Chi shi exported 1885 from Foo chow 94.37 piculs,—p. 74 (129), from Han kow 80 piculs,—p. 62 (49), from I chang 50.17 piculs,—p. 366 (337), from Canton 3.76 piculs.

*Ibid.*, p. 72 (85):—*Chi k'io* exported from Han kow 4,309 piculs,—p. 60 (35), from I chang 510.62 piculs.

335.— 巵子 chi tsz' [the first character is now generally written 梔]. P., XXXVI, 21. T. CCCII.

Pen king:—Chi tsz', 木 丹 mu tan (wood red). The fruit is officinal. Taste bitter. Nature cold. Non-poisonous.

SZ MA SIANG JU [2nd cent. B.C.] in one of his poems calls it 鮮支 sien (bright) chi.

Pie lu:—Other name: 越 桃 Yüe t'ao. The chi tsz' grows in Nan yang [in Ho nan, App. 231] in river-valleys. The fruit is gathered in the 9th month and dried in the sun.

T'AO HUNG-KING:—It is a common plant. There are two or three kinds, which differ slightly one from another. The best drug is the seven-edged [he refers to the edges of the fruit]. It is gathered when hoar-frost first appears. It is more generally used as a dye than for medical purposes.

Su Sung [11th cent.]:—It is common in all prefectures of South China and in Western Shu [Sz ch'uan, App. 292]. It is a tree from 7 to 8 feet high. Leaves resembling those of the li (plum tree) but thick and hard, also similar to the ch'u p'u tsz'. 105 It blossoms in the 2nd and 3rd months. White flowers with six-cleft corolla and very fragrant. Some believe that this is the E 106 tan p'u flower produced in Western countries. The fruit, which appears in summer and autumn, resembles the ho tsz' (Terminalia chebula, Myrobalan). It is of a yellow colour when ripe. The kernels within are dark red. It is much cultivated by the people in the South. After this the author repeats the quotation from the Shi ki [182].

For medical purposes the 川 ] | shan (mountain or wild) chi tsz' is employed. To physicians it is also known under the name of 赵 桃 Yüe tao [peach of the kingdom of Yüe or Che kiang. See App. 418]. It (the fruit or capsule) is globular and has a thin skin. It contains small kernels. The best sort is that with a seven-edged or nine-edged fruit. The

<sup>165</sup> 樗浦子. Unknown to me. Mentioned by MA YUNG [first cent.]. See K.D., sub p'u. PALLADIUS [Chin. Russ. Dict.] says:—Ch'u p'u, a kind of game.

<sup>106</sup> The first character is evidently a mistake for 🎏 chan. In Chinese Buddhist works the above name is intended for Michelia Champaka.

large and oblong sort is called 伏 尸 [ fu shi chi tsz' in the P'ao chi lun [5th cent.]. It is not efficacious as a medicine.

LI Shi-chen:—The leaves of the chi tsz' resemble a hare's ear. They are thick, of a dark green colour, and wither in autumn. The flowers are as large as a wine-cup. White petals and yellow stamens. The fruit (berry) has a thin skin. The seeds are small and have a beard. It is collected after hoar-frost. In Shu (Sz ch'uan) there is a red-flowered sort. The fruit of the chi tsz' is employed for dyeing an orange colour.

Ch., XXXIII, 43:—Chi tsz'. The drawing seems to be intended for Gardenia florida, L.

Lour., Fl. cochin., 183:—Gardenia florida, L. Sinice: chy tsu. Baccarum recentium pulpa succosa et ruberrima tinguntur eleganter serica.

TATAR., Cat., 17:—Chi tsz'. Fructus Gardeniæ floridæ.

—P. SMITH, 101.—HANB., Sc. pap., 241-242:—Fruit of the chi tsz' figured and described. The berries are six-ribbed. HANBURY examined also the shan chi tsz' with smaller fruits, and the 黃 丨 huang (yellow) chi tsz', which latter fruit seemed to be identical with the common chi tsz', but had been referred to G. radicans by Prof. Martius. The name huang chi tsz' is not found in the P., but it is noticed in the Chung shu shu [8th cent. Bot. sin., I, p. 79]. In Bridgm. Chin. Chrest. [p. 453 (31)] and in Parker's Canton plants [117] huang chi is given as a name for Gardenia florida.

PARKER, Sz ch'uan plants, 27, and HENRY, Chin. pl., 64:—Chi tsz' hua in Sz ch'uan and Hu pei is Gardenia florida.

Cust. Med., p. 366 (338):—Chi tsz' exported 1885 from Canton 256 piculs,—p. 232 (176), from Foo chow 13 piculs,—p. 420 (96), from Pak hoi 1.81 picul.

Cust. Med., p. 74 (127):一建 [ kien chi tsz' (kien probably means Fu kien province) exported from Han kow 6.86 piculs.

Cust. Med., p. 328 (188):—Huang chi tsz' exported from Swatow 301.88 piculs,—p. 216 (75), from Wen chow 100.64 piculs,—p. 368 (366), from Canton, where it is also called 水 [ | shui (water) chi tsz', 15 piculs,—p. 198 (212), from Ning po 7.87 piculs.

Cust. Med., p. 200 (239):—Shan chi tsz' exported from Ning po 45.51 piculs,—p. 92 (73), from Kiu kiang 6.95 piculs.—Exported also from Han kow. See Hank. Med., 35.

The XI [ hung (red) chi tsz' is noticed in the Hank. Med. [p. 20].

Cust. Med., 372 (418):—山紅 [ shan hung chi tsz' exported from Canton 8 piculs.

Cust. Med., 372 (417):一川 黑 [ ] shan hei chi tsz' (black mountain Gardenia) exported from Canton 524 piculs.

Amæn. exot., 808:—捷 ssi, vulgo kutsjinas, Mespilus, vulgari similis, folio majori, flore suaviter fragrante niveo, tubulato, in sena labia, longa, angusta, ad rosæ magnitudinem expanso; fructu turbinato, hexagono, senis striis protuberantibus & in alabastra desinentibus conspicuo; pulpa intus crocea, infectoribus expetita, saporis ingrati, innumeris referta seminibus Sesamino similimis.

Phon zo, LXXXVII, 10-12:—梔子, Gardenia florida. Same Chinese name, G. maruba, S., and G. radicans, Thbg.

Kwa wi, 121: - Same Chinese name, Gardenia florida.

HOFFM. & SCHLT., 254:—Gardenia florida. Same Chinese name, also 黃 梔 子. Ibid., 255:—G. radicans, 水 梔 花.

SIEB., Icon. ined., V: Gardenia radicans, 山 梔.

336:—酸棗 suan tsao. Zizyphus vulgaris, var. spinosa. P., XXXVI, 24. T., CCXXIII.

Comp. Rh ya, 275, Classics, 484, 485.

Pen king:—Suan tsao. The fruit is officinal. Taste sour. Nature uniform. Non-poisonous.

Pie lu:—The suan tsao grows in Ho tung [in Shan si, App. 80] in marshes. The fruit is gathered in the 8th month and dried in the shade during 40 days. It is useful in heat of the heart, in sleeplessness and in other complaints.

T'AO HUNG-KING:—It grows in the eastern mountains, where it is called 山 寮 shan tsao (mountain-jujube). The fruit is like the tsao from Wu ch'ang [in Hu pei, App. 392] but it is very sour. The people of Eastern China eat the fruit in order to keep them awake,—not to cause sleep, as the Pie lu states.—But LI Shi-chen agrees with the Pie lu, stating that the kernels of the stones act as a soporific.

Lour., Fl. cochin., 196:—Rhamnus soporifer. Sinice: soan tsao. Habitat in provinciis borealibus Sinarum. Virtus hypnotica, paregorica. Uti solent nucleis excorticatis, et diu coctis. Somnum leniter conciliat, dolores mitigat.

TATAR., Cat., 50:—酸 棗 仁 suan tsao jen. Nuclei Jujubæ. P. Smith, 44, sub Buckthorn.

Further particulars in another part.

# 337.—白棘 pai ki. P., XXXVI, 26. T., CCLXXI. Comp. Classics, 485.

Pen king:—Pai (white) ki. The spines of the tree are officinal. Taste pungent. Nature cold. Non-poisonous. Besides the thorns, the twigs, flowers, fruit and leaves are used in medicine.

Pie lu:—Other names: 棘刺 ki ts'z' (thorn), 棘鍼 ki chen (needle) and 荞 荽 si ming 107; the flowers are termed

<sup>107</sup> Properly a name applied to Thlaspi. See 252.

棘原 ki yüan. The pai ki grows in Yung chou [in Shen si, App. 424] in river-valleys. The 【 花 ki ts'z' hua (flower) grows by roadsides. It [whether the flower or the thorns it is not clear] is gathered 120 days after the winter solstice. The fruit is gathered in the 4th month.

LI TANG-CHI [3rd cent.]:—Pai ki is the name for the needles (thorns) of the suan tsao (jujube) tree [see 336]. Now the people substitute for this drug the tien men tung [Asparagus lucidus. See 176].

Su Kung [7th cent.]:—There are two kinds of ki—the red and the white. The pai (white) ki has a stem as white as flour, but in its fruits and leaves it resembles the ch'i (red) ki. The thorns of the white kind are valued as a medicine, but it is scarce. There are also two kinds distinguished according to the shape of the thorns. One has straight thorns which have strengthening properties, the other has hooked (recurved) thorns which are useful in the cure of abscesses [causes them to discharge]. The ki ts'z' hua (flowers) are from the same plant, not, as the Pie lu intimates, a distinct plant. In the south the t'ien men tung is substituted for the ki needles, and called therefore tien ki. 108

HAN PAO-SHENG [10th cent.]:—There are two sorts of ki—the red and the white. The Dictionary Ts'i yūn [6th cent.] says:—The 棘 ki is a 小 寮 siao tsao (small jujube). It is a common wild shrub, from two to three feet high, which grows thickly about and which in its flowers, leaves, stem and fruit resembles the tsao (jujube).

The white ki of the ancient Chinese authors is perhaps a Paliurus, belonging to the same order of Rhamnaceæ as Zizyphus. Paliurus Aubletia, Roem & Schult., of South China, has straight spines. The young branches and leaves are more or less tomentose. See Bentham, Fl. hongk., 66. The red ki may be a Zizyphus. The Z. vulgaris, var. spinosa, a very common shrub in North China, has a reddish brown bark.

# 338.—蕤核 jui ho. P., XXXVI, 28. T., CCLI.

Comp. Rh ya, 300.

Pen king:—Jui ho. The kernel of the fruit is officinal. Taste sweet. Nature warm. Non-poisonous.

Pie lu:—The 蕤核仁 jui ho jen (kernel of the fruitstone) grows in Han ku [in Ho nan, App. 55] in river-valleys, also in Pa si [in Sz ch'uan, App. 236].

T'AO HUNG-KING:—It grows in P'eng ch'eng [in Kiang su, App. 247]. It (apparently the fruit-stone) is as large as a black bean, globular, flattened, veined, and resembles a walnut. The people use it (the kernel) together with the shell; they break the shell and then weigh the kernel.

Han Pao-sheng [10th cent.]:—It is produced in Yung chou [in Shen si, App. 424]. It is a tree with small leaves resembling those of the kou k'i [Lycium. See 345], but narrow and long. White flowers. The fruit is produced on the stem, is of a purplish red colour and of the size of the wu wei tsz' [Schizandra. See 164]. The stem is covered with small spines. The fruit ripens in the 5th or 6th month and is then gathered and dried in the sun.

SU SUNG [11th cent.]:—It now grows in Ho tung and Ping chou [both in Shan si, App. 80, 253]. It is a small tree, from four to five feet high. The stem has spines.

LI SHI-CHEN refers it to Rh ya, 300, 棫 yū or 白 桉 pai jui, and observes that the character yū in later times was applied to the tso 109 tree (oak). The flowers and fruits

are drooping [from the stem], whence the name, for means drooping leaves or flowers.

The drawings sub jui ho in the Kiu huang [LV, 1] and the Ch. [XXXVII, 35, 37] seem to represent Berberis. See also Ch., XXXIII, 29, same Chinese name, representation of a quite different plant.

Tatar., Cat., 50:—龙 仁 jui jen, Fructus?—Under this name, in the Peking drug-shops, a small fruit-stone is sold, identical with Tatarinov's drug in the Bot. Museum of the Academy. Probably a Prunus.

Cust. Med., p. 479 (1206):—Jui jen (also sui jen), seeds of an unknown shrub. In the Hank. Med. [21] it is identified with Bamboo-seeds, apparently on the authority of P. Smith [32], who states that jui jen consists of the stones of a bamboo or Polygonum fruit [sic!].

Cust. Med., p. 78 (179):—Same drug [identified there with Bamboo rhizome (sic!)] exported 1885 from Han kow 58.12 piculs,—p. 62 (59)], from I chang 13.75 piculs.

Phon zo, LXXXVII, 14:—蕤核 given as a synonym of 白棘. The figure represents a seed or kernel.

339.—山茱萸 shan chu yū [comp. 291]. P., XXXVI, 29. T., CCXLIX.

Comp. Classics, 498.

Pen king:—Shan (mountain) chu yū and 蜀酸棗 Shu suan tsao (sour jujube from Sz ch'uan). The fruit is officinal. Taste sour. Nature uniform. Non-poisonous.

Pie lu:—Other name: 鬾寶 k'i shi. The shan chu yü grows in Han chung [S. Shen si, App. 54], also in Lang ye, Yüan kü and Ch'eng hien, a district in Tung hai [all in Shan tung, App. 178, 415, 20, 372]. The fruit is gathered in the 9th and 10th months and dried in the shade.

Wu P'u [3rd cent.] calls it 雞足 ki tsu (cock's foot) and 鼠矢 shu shi (rat's excrement).

T'AO HUNG-KING:—It grows in all mountains of Mid China. It is a large tree. The fresh ripe fruit is red and resembles the hu t'ui tsz'. 110 It is edible. When dried the skin becomes very thin, and the berry is used together with the stone.

Su Kung [7th cent.]:—Its leaves are like those of the mei [Prunus Mume. See 272]. The tree has spines. It blossoms in the 2nd month. The flowers resemble apricot-flowers. The fruit is produced in the 4th month. It is red, resembles the suan tsao [small jujube. See 336] and is gathered in the 5th month.

Su Sung [11th cent.]:—It is now produced in Hai chou [in Kiang su, App. 48] and in Yen chou [in Shan tung, App. 404]. It is a tree about 10 feet high with leaves resembling elm-leaves. White flowers. The P'ao chi lun [5th cent.] says that there is one kind [of the shan chu yü] which strongly resembles the tsio rh su, 111 but it has an eight-edged stone and is not used in medicine.

K'ou Tsung-shi [12th cent.]:—The shan chu yü differs far from the Wu chu yü [Boymia. See 291]. The medical properties in each are also very different. Why the name chu yü has been applied to each of them is not manifest.

LI Shi-chen:—It is also called 內棗 jou tsao (fleshy Jujube).

TATAR., Cat., 52:—Shan chu yü. Drupæ Corni.— P. Smith, 74:—Cornus officinalis.

In the Cust. Med. it is called 茱萸肉 chu yū jou (flesh), p. 202 (258), exported from Ning po 1,841.11 piculs,—p. 166

#### " 胡頹子 Elæagnus in Japan.

<sup>&</sup>quot; 雀兒蘇 same as the hu t'ui tsz' (Elæagnus) v. supra.

(392), from Shang hai 14.74 piculs. It is also exported from Han kow. See *Hank*. Med., 52.

This seems to be the fruit of Cornus officinalis, S. & Z. For further particulars see Bot. sin., II, 498.

#### 340.—郁李 yū li. P., XXXVI, 33. T., CCLXXX.

Comp. Rh ya, 306, Classics, 474.

Pen king:—Yū li (elegant plum) and 簡孝 tsio li (bird plum). The fruit and the kernel of the fruit are used in medicine. Taste sour. Nature uniform. Non-poisonous. The root also is officinal.

Pie lu:—Other names: 鬱 李 yū li and 車 下李 ch'e hia li (plum under the cart). The yū li grows in Kao shan [in Kiang su, App. 118] in river-valleys and in the mountains. The root is gathered in the 5th and 6th months.

T'AO HUNG-KING:—It is common in the mountains.

The ripe fruit is of a red colour and edible.

HAN PAO-SHENG [10th cent.]:—It is a tree from five to six feet high. In its leaves and flowers it resembles the great li (plum tree), but the fruit is small, like a cherry, of a sweetish sour taste, slightly harsh, and aromatic.

CHANG YÜ-HI [11th cent.] refers it to Rh ya, 306.

Su Sung [11th cent.]:—The people of Pien and Lo [both in Ho nan, App. 248, 201], cultivate the yü li in gardens. It has long branches, produces an abundance of small flowers and has a luxuriant foliage. It is not used in medicine.

K'ou Tsung-shi [12th cent.]:—The yū li resembles the 御孝子 yū li tsz' (imperial plum). The fruit is red, edible, but somewhat harsh. It can be prepared as sweetmeats. It abounds in Shen si.

LI SHI-CHEN:—Its flowers are of a pale red colour. The fruit is like a small plum.

TATAR., Cat.:—郁 李 仁 yü li jen. Nuclei Cerasi.— P. Smith, 58, sub Cerasus communis.

Cust. Med., p. 16 (141):—Yū li jen exported 1885 from New chwang 68.87 piculs.—Exported also from Han kow. Hank. Med., 24.

This is the *Prunus japonica*, S. & Z. For further particulars see *Bot. sin.*, II, 474.

#### 341.—鼠李 shu li. P., XXXVI, 35. T., CCXX.

Pen king:—Shu li (rat plum). The fruit is officinal. Taste bitter. Nature cold. Non-poisonous. The bark is also used in medicine.

Pie lu:—Other names: 鼠梓 shu tsz<sup>\*112</sup> and 牛季 niu li (ox plum). The shu li grows in the fields. It (the bark) is gathered at all times of the year.

Su Kung [7th cent.]:—It is also called 皂茎 tsao li (black plum) and 趙孝 Chao li. Bark and fruit slightly poisonous.

Su Sung [11th cent.]:—This is the 烏巢子 wu (black) ch'ao tsz' and also 山季子 shan li tsz'. It is common in Shu ch'uan [Sz ch'uan, App. 292]. Its branches and leaves resemble those of the li (common plum). The fruit is like the wu wei tsz' [Schizandra. See 164] and is of a beautiful black colour. It contains a purple juice. The fruit is gathered when ripe and dried in the sun. The bark is gathered at all times of the year.

K'ou Tsung-shi [12th cent.]:—This is the 牛季 niu li, a tree from seven to eight feet high. Leaves like those of

<sup>112</sup> Properly this name is applied to another tree. See Rh ya, 260.

the common plum tree but narrower and not smooth. The fruits are produced along the branches. They are at first green and become purplish black when ripe. In autumn, after the leaves have fallen off, the fruits are all still on the branches. It is common in Kuan and Shen [Shen si, App. 158, 284], also in Hu nan and in the northern part of Kiang nan.

LI Shi-chen:—It grows by roadsides. The fruits are produced on the branches, forming a kind of spike. The juice of the young fruits is used for dyeing a green colour. Other names: 格李 ch'u li, 牛皂子 niu tsao tsz', 烏槎 wu ts'o and 裨 pei.

Ch., XXXIII, 52:—Shu li. Rude drawing. Tree with berry-like fruits. Probably Rhamnus.

In the Peking mountains the name 牛季子 niu li tsz' is applied to Rhamnus arguta, Maxim. It has black berries containing a purplish black juice. Branches used for dyeing a green colour. The same Chinese name is applied to Rhamnus virgata, Benth.—Comp. also Henry, Chin. pl., 484.

Phon zo, LXXXVIII, 3, 4:—鼠李, Rhamnus japonica, Max.

#### 342.—女 貞 nü cheng.113 P., XXXVI, 37. T., CCCVII.

Shan hai king:—The 植木 cheng mu (tree) grows on the T'ai shan mountain [in Shan tung, App. 322]. Kuo P'o comments:—This is the nü cheng, the leaves of which do not fall off in winter.

The 女貞 nü cheng is mentioned by Sz' MA SIANG JU [2nd cent. B.C.], in his Shang lin yüan fu, as growing in the Imperial Garden at Ch'ang an.

<sup>113</sup> The fruits deposited under this name in the Pharmaceutical Museum, London, from Hongkong, are those of Ligustrum lucidum, Ait.—A. HENRY.

The ancient Dictionary Shuo wen explains the character 槓 cheng by 岡 木 solid tree.

Pen king:—Nü cheng. In the Index of the Pen king 女貞寶 nü cheng shi (fruit). Taste bitter. Nature uniform. Non-poisonous. The leaves are also used in medicine.

Pie lu:—The nü cheng shi is produced in Wu ling [in Hu nan, App. 394] in river-valleys. It is gathered at the beginning of winter.

T'AO HUNG-KING:—It is a common, handsome evergreen tree with luxuriant foliage. The bark is green, the flesh (inner bark) is white. It is like the *Ts'in p'i* [see 323]. It is a handsome evergreen tree. It (the fruit) is recommended in the prescriptions to promote longevity, but commonly it is not used in medicine.

SU Kung [7th cent.]:—The leaves of the nū cheng resemble those of the 冬青 tung ts'ing tree and also the 枸骨 kou ku [Ilex, see further on]. The fruit ripens in the 9th month and is black like the niu li [Rhamnus. See 341]. T'AO HUNG-KING is wrong in comparing it to the Ts'in p'i. The latter has small leaves which wither in winter, the nū cheng has large evergreen leaves.

Su Sung [11th cent.]:—The nū cheng is a common tree. It is mentioned in the Shan hai king [v. supra]. Evergreen leaves like those of the kou ku and the tung ts'ing [v. supra]. It blossoms in the 5th month. Small, greenish white flowers. The fruit is produced in the 9th month. When ripe it is black like that of the nin li tsz'. Some say that the nū cheng and the tung ts'ing are identical. But the tung ts'ing is distinguished by its wood being as white as ivory. Its fruit is also used in medicine. In Ling nan [South China, App. 197] there is one kind of nū cheng which produces red flowers in great profusion. But this is quite different and is not used in medicine.

LI Shi-chen:—The nü cheng with its evergreen leaves is an emblem of chastity, whence the name  $\lceil n\ddot{u} = \text{girl}$ , cheng = chastity]. The nü cheng, the tung tsing and the kou ku [these names are frequently confounded] are three distinct trees. The 女貞 nü cheng is the tree which is now commonly called 蠟 枯 la shu (wax tree). The people in the East call the nü cheng with luxuriant foliage also 冬 青 tung ts'ing. But the name tung ts'ing is properly applied to another tree. They resemble each other in the facility with which they are raised from seeds and in their having thick, pliable, long leaves, dark green on the upper side and paler underneath; but the leaves of the nü cheng are oblong, from four to five inches long, and its fruit is black, whilst the tung tsing has roundish leaves and red berries. It (the tung ts'ing) produces a profusion of flowers, and in autumn the whole tree is covered with berries of which thrushes are very fond. Its wood is white. Nowadays the name nü cheng is little known. The people more commonly call this tree la shu (wax tree), for in summer the wax insect which produces the pai la, or white wax, lives upon the branches of it.

The 冬青 tung tsing is treated of in a special article in the P. [XXXVI, 39] and T. [CCCVIII]. The name means "green in winter, evergreen." The fruit, leaves and bark are used in medicine.

Ch'en Ts'ang-k'i [8th cent.]:—The people of Kiang tung [Kiang su, An hui, App. 124] write the name 凍青 tung ts'ing (green in the cold season). The wood of the tung ts'ing is white, veined and fit for making ivory-like tablets. The leaves can be used for dyeing a dark red colour. One author says:—The tung ts'ing grows in the Wu t'ai shan mountains [in Shan si] and resembles the ch'un (Cedrela). It has red berries like the yü li [Prunus japonica,

<sup>&</sup>quot;作象齒笏, tablets held before the breast by officers at audiences.

See 340], of a sourish taste, but smaller. This is another sort.

LI Shi-chen:—The tung tsing is akin to the nü cheng. It is a mountain-tree. The leaves are roundish and the berries red. The nü cheng has oblong leaves and black berries. The Kiu huang Pen tsiao [LIV, ii] says:—The tung tsing is a tree about 10 feet high and resembles the kou ku tsziv. infra]. It has luxuriant foliage. The leaves resemble those of the lu tsziit tree but are smaller, also those of the chiun (Cedrela) but they are rounded, not pointed. It blossoms in the 5th month. Small white flowers. The berry is of the size of a pea and of a red colour. The young shoots are used for food.

#### 枸骨 kou ku. P., XXXVI, 40. T., CCLI.

Ch'en Ts'ang-k'i [8th cent.]:—The kou ku tree resembles the tu chung [see 317]. Its wood is white like the bones of a dog, 116 whence the name. It is the kou of the Shi king [See Classics, 490]. Certain musquitoes are produced in the leaves of this tree.

Su Sung [11th cent.]:—It grows abundantly in Kiang and Che [An hui and Che kiang, App. 124, 10]. In South China its wood is highly valued by turners for making boxes.

LI Shi-chen:—The kou ku tree resembles the nü cheng. Its wood is very white. The leaves are several inches long, of a beautiful green colour, thick, hard (leathery) and evergreen. Each leaf has five horns terminating in spines. It blossoms in the 5th month. Small white flowers. The fruit resembles that of the nü cheng, also that of the pa k'ia [Smilax. See 179]. When ripe it is of a dark red colour. It has a thin skin and is of a sweet taste. The kernel (seed)

consists of four parts [comp. infra]. The people gather the bark of the tree and by boiling it prepare a bird-lime. The bark and the leaves are used in medicine. Another name for the tree is 貓 兒 刺 mao rh ts'z' (cat-thorn).

Ch., XXXIII, 25:—女 貞 nü cheng or 蠟 樹 la shu (wax-insect tree). Rude drawing. Probably a Ligustrum is intended.—Ibid., XXXV, 51:—冬青 tung ts'ing. Rude drawing. Perhaps an Ilex is meant. The tung ts'ing described in the P. is without doubt an Ilex, probably Ilex cornuta, Lindl. See also Kiu huang, LIV, ii.

Tatar., Cat., 41:—女貞 nü cheng. Rhus succedanea. This is an erroneous identification based upon an article on Chinese insect-wax, by Stan. Julien [1840], in which it is stated that, according to A. Brogniart, the nü cheng is Rhus succedanea. This mistake is perpetuated in P. Smith, 185.

That which I received from a Peking drug-shop under the name of nü cheng consisted of the dried berries of a Ligustrum. In the Thibetan drug-shop at Peking the same berries were sold under the name of 冬青 tung ts'ing. Under the same name Ligustrum Ibota is cultivated at Peking.—Tatar., Cat., 22:—Tung ts'ing, Fructus Ligustri vulgaris.—P. SMITH, 134, 229:—Tung ts'ing, Ligustrum lucidum.—Hanb., Sc. pap., 67.—Father Heude, S.J., informed me that in Mid China tung ts'ing is a common name for Ligustrum lucidum, Ait.—At New chwang tung ts'ing is the name commonly given to the Mistletoe [Notes & Quer. on Chin. & Jap., 1869, p. 175].—Henry, Chin. pl., 483:—東青樹 tung ts'ing shu in Hu pei is Xylosma racemosum, Miq. (order Bixinew).

Cust. Med., p. 370 (404):—Nū cheng tsz' exported 1885 from Canton 53.51 piculs,—p. 296 (321), from Amoy 0.75 picul. Exported also from Han kow. See Hank. Med., 30.

Henry, Chin. pl., 205-208:—At I chang the names la shu and shui la shu are applied to Ligustrum lucidum, and shan la shu and siao la shu to Ligustrum chinense, Lour.—Peh-la shu is Fraxinus.

HOFFM. & SCHLT., 325:—女貞, Ligustrum japonicum, Thbg.,—[327, 328]:—Same Chinese name, Lig. obtusifolium, S. & Z., and Lig. ovalifolium, Hassk,—[170]:—Same Chinese name, Cornus alba.—Ibid., 326:—水螅 樹, Lig. Ibota, S. & Z.

Phon zo, LXXXVIII, 5, 6:一女 貞. Only leaves represented.

Sieb., Œcon., 202:—Ligustrum Ibota. Vivit in hoc frutice insectum ceram proferens. Quoque sub hoc cœlo hujus cera usitata.

Amæn. exot., 907:—冬青 too sei, vulgo mots noki. Arbor mediocris, incondita, ramis tortuosis, foliis integris, asperis, ovatis. Ex cortice tuso Japones viscum conficiunt.— According to Maximowicz this is Ilex integra.

Phon zo, LXXXVIII, 7, 8:—冬青 Japonice: to sei. Franchet identifies this drawing with Olea fragrans. But he seems to be mistaken. 117

Geerts, Japan woods:—冬青, Ilex integra, also Ilex Oldhami.

Ch., XXXV, 50:—枸骨 kou ku. Good drawing. Ilex cornuta, with the characteristic spiny leaves. It agrees well with the description in the P.,—white wood, horned spiny leaves and red berries. According to the description in the P., the kernel consists of four parts, which are the four bony seeds of the berry joined together. In Europe Ilex aquifolia is known to have a very white wood. Bird-lime is made of the bark.—P. SMITH, 114, sub Holly.

Amæn. exot., 781:—枸骨 ojo, vulgo tsuge. Buxus arborescens, folio ovato, majusculo, extremitate cuspidata, ora raris aculeis serrata; flosculis in foliorum sinu plurimis calyculatis tetrapetalis albis, ad seminis Coriandri ambitum patentibus, petalis rotundis, baccis atropurpureis, rotundis, pisi magnitudinis, succo purpureo sylvestri turgidis, seminibus intus in orbem compactis duobus, tribus, vel quatuor, seminis Carvi magnitudinis & figuræ.—Thunberg [Fl. jap., 77] identifies this with Buxus virens.—Maximowicz [de Ilice, p. 45] means that Kæmpfer probably describes Ilex subpuberula, Miq.

Phon zo, LXXXVIII, 10, 12:—枸 骨, Olea aquifolium, S. & Z.

The same identification in SIEB., Icon. ined., V.

# 343.—衛矛 wei mou. P., XXXVI 40. T., CCCVI.

Pen king: — Wei mou (arrow wing). Apparently the branches are officinal. Taste bitter. Nature cold. Non-poisonous.

Pie lu:—Other name: 鬼箭 kui tsien (devil's arrow). The wei mou grows on the Huo shan mountain [in Hu nan, App. 100]. It is gathered in the 8th month and dried in the shade.

The Kuang ya [3rd cent.] calls it 神 箭 shen tsien (divine arrow).

T'AO HUNG-KING:—It is common in the mountains. The bark, which has wings, is stripped off for use. It is seldom used in medicine.

Su Sung [11th cent.]:—It is found in all the prefectures of Kiang and Huai [Kiang su and An hui, App. 124, 89]. The stem is from four to five feet and more high. It is provided with three wings like the wings of an arrow. The leaves resemble those of the shan ch'a (mountain tea). The branches and the stem are gathered in the 8th, 11th and 12th months. The wood of the tree is called 獨胃 kou ku (dog's bone).

K'ou Ts'ung-shi [12th cent.]:—It is common in the mountains but not met with in the plain. The leaves are scanty. The stem is of a yellowish gray colour like that of the po tree [Evodia. See 315]. The bark has ridges on three sides like the edges of a knife. The people use it freely for fumigating to expel evil spirits. It is seldom employed as a medicine.

LI Shi-chen:—The kui tsien grows in the mountains among rocks. It has a small trunk. Along the young branches run three wings. The leaves resemble those of the ye ch'a (wild tea). They stand opposite and are of a sour, harsh taste. It blossoms in the 3rd or 4th month. Small yellowish green flowers. The fruit is as large as that of the tung ts'ing [Ilex. See 342]. The mountain people use this tree only for fuel.

Ch., XXXIII, 42:—Wei mou. The figure represents a tree with leaves and winged branches. Henry [Chin. pl., 321] may be right in identifying it with Evonymus alatus, Thbg.

Phon zo, LXXXVIII, 11, 12:—衛矛, Evonymus alatus, Thbg. Same identification in Sieb., Icon. ined., III.

Evonymus alatus is a shrub with quadrangular winged branches, frequent in the Peking mountains, where it is known by the name 四稜樹 sz' leng shu (four-edged tree), also 茶葉 | ch'a ye shu. An infusion of the flowers is employed as a substitute for tea.

## 344.— II. III wu kia. P., XXXVI, 44. T., CCCVII.

Pen king:—Wu kia, 【 L 皮 wu kia p'i and 犲 漆 ch'ai ts'i (wolf varnish). The bark of the root is officinal. Taste pungent. Nature warm. Non-poisonous.

Pie lu:—對節 ch'ai tsie. The five-leaved wu kia p'i is the best. It is produced in Han chung [South Shen si, App. 54] and in Yüan kü [in Shan tung, App. 415]. The stem is gathered in the 5th and 7th months and the root in the 10th and dried in the shade.

T'AO HUNG-KING:—It is common in Mid China. In Eastern China there is the four-leaved sort. It is also good.

Lei Hiao [5th cent.]:—The wu kia tree is properly the 白楸樹 pai (white) ts'iu shu.118

Su Sung [11th cent.]:—It is common in all prefectures of Kiang and Huai [Kiang su and An hui, App. 124, 89] and Hu nan. It is a climbing plant with a red stem, from three to five feet high, and with black spines. The leaves are quinate. This is the best sort. Frequently there are only four or three leaflets on a common petiole. These are inferior sorts. At the base of every leaf is a spine. It blossoms in the 3rd or 4th month. White flowers. The fruits are at first green and become black in the 6th month.

<sup>118</sup> Comp., sub 319, 刺 樹 栿 ts'z' ts'iu shu, Acanthopanax ricinifolium.

The root resembles that of the King [Vitex. See 349]. The bark is yellowish black, the flesh (inner bark) is white, and the bone (the centre of the stem) is hard. There are several sorts. The drug from Pien king [in Ho nan, App. 248] and Pei ti [App. 245] is large and flat, resembles the Ts'in p'i [see 323] and the huang po [Evodia. See 315], is of a white colour, odourless and tasteless. It is noted as a cure for rheumatic complaints.—In Wu [Kiang su, App. 389] the people strip off the bark of the root of the wild ch'un tree (Cedrela) and call it wu kia. It is soft and tasteless. One sort, which grows in Kiang and Huai, is called 追風使 chui feng shi. Steeped in wine it cures rheumatism. In K'i chou [in Hu pei, App. 121] the wu kia is called 木胃 mu ku (tree bone).

LI SHI-CHEN:—The name 五 加 wu kia means "five [leaves] united." The name is also written 五 佳 wu kia. It is sometimes also called 五 花 wu hua (five flowers). The people in Shu (Sz ch'uan) term it 白 刺 pai ts'z' (white spine) and also 文章章 wen chang ts'ao. Li Shi-Chen quotes a memoir in praise of the wine prepared from the wen chang. In the Sien king (a Taoist work) it is called 全 驗 kin yen. The wu kia in spring shoots forth young twigs from the old branches. The mountain people eat them as a vegetable. It is like the kou k'i [Lycium. See 345]. The wu kia which grows in the north, in a sandy soil, is a tree, whilst that produced in South China, in a hard soil, is an herbaceous plant. In the Tang period the drug wu kia was presented as tribute from Hia chou [in Hu pei, App. 64].

Ch., XXXIII, 24:-Wu kia p'i. Representation of a spiny climbing plant with digitate leaves and fruits in umbels.

Lour., Fl. cochin., 233:—Aralia palmata. [In DC. Prodr. (IV, 264) Loureiro's plant is referred to Hedera

scandens.] Sinice: u kia pi. Caule scandente, aculeato, foliis 5 lobatis. Usus corticis in scabie et in hydrope.

TATAR., Cat., 64:—Wu kia p'i. Cortex Aralia palmata.
—Gauger [53]:—The same drug described and figured.—
P. Smith, 20.

Henryi, Chin. pl., 529:—Wu kia p'i, Eleutherococcus Henryi, Oliv., and E. leucorrhizus, Oliv. Shrubs which grow on the cliffs at Pa tung. The root-bark is used as a drug, the former being distinguished as the red kind and the latter as the white kind. The drug is exported from Sz ch'uan. Henry says:—The figure of wu kia p'i given in the Ch. may be intended for Eleutherococcus Henryi or may be Acanthopanax spinosum, Miq., which occurs at I chang and is called by the same native name.

Cust. Med., p. 28 (92):—Wu kia p'i exported 1885 from Tien tsin 123.86 piculs,—p. 10 (83), from New chwang 91.17 piculs,—p. 48 (47), from Chefoo 55 piculs,—p. 72 (82), from Han kow 27.53 piculs,—p. 194 (153), from Ning po 13 piculs.

Aman. exot., 777:— In hooki, vulgo kuko, aliis numi gussuri. Ligustrum spinosum, etc. According to Thunberg [Fl. jap., 94] this is Lycium barbarum. But the Chinese name given by Kæmpfer is wrong. The plant to which it belongs is the \$\frac{119}{2}\$ kio, vulgo dara. Frutex sylvestris arborescens spinis horridus, etc.

Kwa wi, 89:— II. III, Acanthopanax spinosum, Miq. (Aralia pentaphylla, Thbg.).—According to Hoffm. & Schlt. [403] Panax divaricatum (Acanthopanax divaricatum, S. & Z.) in Japan is known by the same Chinese name.

Phon zo, LXXXIX, 2, 3:—近 加, Acanthopanax spinosum. Japonice: koka. Ibid., 1, 2:—近 加, Panax sessiliflorum, Rupr. & Max.

<sup>119</sup> Character erroneously applied to this plant. Comp. Bot. sin., II, 518.

Sieb., Œcon., 243:—Aralia pentaphylla, 五架. Japonice: wu kogi. Folia tenera edunt.

345.—枸杞 kou k'i and 地骨皮 ti ku p'i. P., XXXVI, 47. T., CCLXXXIII.

Comp. Rh ya, 257, Classics, 526.

Pen king:—Kou k'i and ti ku p'i (earth bone skin). Ti ku is the name of the root. Taste bitter. Nature cold. Non-poisonous. The leaves and the fruit are also used in medicine. Another name is it is ti tsie.

Pie lu:—Other names: 构忌 kou ki, 郑老 k'io lao, 羊乳 yang ju (goat's nipple) and 仙人杖 sien jen chang (staff of the immortals). The kou k'i grows in Ch'ang shan [in Chi li, App. 8] in the plain, in marshes, and in the mountains. The root is of a very cold nature. The fruit is slightly cold. Non-poisonous. The root is taken up in winter, the leaves are gathered in spring, and the stem and the fruit in autumn.

Su Sung [11th cent.]:—The kou k'i is a common plant. In its leaves it resembles the shi liu (pomegranate), but they are softer and thinner and can be eaten. They are known by the name of 甜菜 t'ien ts'ai (sweet vegetable). The stem grows from three to five feet high, in a bushy manner. It blossoms in the 6th or 7th month. Small, reddish purple flowers. The fruit is oblong like the stone of a jujube. The root is called ti ku [v. supra]. It is mentioned in the Shi king. There are two sorts. One has an oblong fruit and the branches are without spines. This is the true 枸杞 kou k'i. The other has a globular fruit and the plant is provided with spines. This is the 枸椒 kou ki (spine). The former is the larger kind, and this yields the drug for medical use. The other (the spiny) is not used in medicine. The

name sien jen chang (staff of the immortals) is sometimes applied to the kou k'i. But the same name is also given to two other plants. One is a vegetable resembling the k'u kü (Lactuca) and the other a kind of black bamboo.

K'ou Tsung-shi [12th cent.]:—There is no foundation for the statement that the kou k'i and the kou ki are distinct plants. The only difference is that one is the old and the other the young plant. The latter is abundantly provided with spines, whilst the old plant is unarmed or has only few spines. The suan tsao [thorny jujube. See 336] shows the same peculiarity with respect to the Ki [see 337].

LI SHI-CHEN:—In aucient times the best kou k'i and ti ku were produced in Ch'ang shan [in Chi li, App. 8], and the plant is still found there. But subsequently the drug from Shen si became famous and that from Kan chou [Kan chou fu in Kan su] was considered the best sort. The kou k'i which now grows in Lan chou and Ling chou [both in Kan su] and west of Kiu yüan [north of the Ordos, App. 157] is a large tree with thick leaves and a coarse root. But the kou k'i of Ho si [west of the Yellow River, App. 79] and Kan chou [in Kan su] is distinguished by a globular fruit, like a cherry, which shrinks up when dried in the sun. It has but few kernels. The dried berry is red and of a sweet, agreeable taste like raisins. It is used for making sweetmeats. This is quite different from the first-mentioned kou k'i.

The name kou k'i, in China as well as in Japan, is applied to Lycium chinense, L., and probably also to other species. For further particulars see Bot. sin., II, 526.

TATAR., Cat., 26:—Kou k'i tsz'. Baccæ Lycii chinensis. Ibid., 21:—Ti ku p'i. Cortex radicis Lycii.—P. SMITH, 37:—Kou k'i, erroneously identified with Berberis Lycium.

Cust. Med., p. 76 (150):—Kou k'i tsz' (fruit) exported 1885 from Han kow 1,262 piculs,—p. 30 (120), from Tien tsin 376 piculs,—p. 130 (131), from Chin kiang 29.83 piculs,—p. 152 (195), from Shang hai 8.80 piculs,—p. 62 (55), from I chang 7.20 piculs.

Ibid., p. 72 (93):—Ti ku p'i exported from Han kow 435.77 piculs,—p. 28 (87), from Tien tsin 82.40 piculs,—p. 126 (85), from Chin kiang 22.90 piculs,—p. 284 (170), from Amoy 13.43 piculs,—p. 418 (65), from Pakhoi 7.69 piculs.

The sort of kou k'i with globular red edible berries, described by Li Shi-chen as produced in Kan su, is, I suspect, Nitraria Schoberi, L., the fruit of which, according to Prezewalski, forms an important article of food to the natives in Kan su and N.E. Thibet. The fruit of Lycium is not edible.

The Phon zo [LXXXIX, 3, 4] figures, sub 枸杞 or 仙人杖, Lycium chinense, forma inermis, and [4, 5], sub 枸轅 or 地骨皮, the same, forma spinosa.

## 346.—溲疏 shou shu. P., XXXVI, 54. T., CCCVIII.

Pen king: — Shou shu. The bark is officinal. Taste pungent. Nature cold. Non-poisonous.

Pie lu:—Other name: 巨骨 kü ku. The shou shu grows in Hiung rh [in Ho nan, App. 69] in river-valleys, fields and burial wastes. It is gathered in the 4th month.

LI TANG-CHI [3rd cent.]:—The shou shu is also called 楊櫨 yang lu, 牡荆 mou king 120 and 空疏 k'ung (hollow) shu. The bark is white, and it [the stem?] is hollow. It has

<sup>120</sup> Properly a name for Vitex. See 348.

joints. The fruit resembles the kou k'i tsz' [fruit of Lycium. See 345]. It ripens in winter and is then of a red colour and a sweet and bitter taste. It is sometimes confounded with the kou k'i tsz'. This is not the yang lu which the people use for forming hedges.

Su Kung [7th cent.]:—The shou shu resembles the k'ung shu [v. supra]. It is a tree above 10 feet high with a white bark. Its fruit ripens in the 8th or 9th month, is of a red colour and resembles the kou k'i. The berries grow in pairs. Taste bitter. They do not resemble the fruit of the k'ung shu. The k'ung shu is the same as the yang lu. Its fruit is a pod.

MA CHI [10th cent.]: — The shou shu resembles the kou k'i, but the shou shu has spines whilst the kou k'i is unarmed.

LI SHI-CHEN says that the above statements are not clear. The *shou shu* tree seems to be unknown to him.

Ch., XXXIII:—Shou shu. The figure represents a tree or shrub with oblong berries.

Amæn. exot., 855:一楊 極. Korei utsugi. Sambucina ramorum facie frutex Coræensis etc. Figured in Banks' Icon. Kæmpf. sel. [45]. This is Diervilla grandiflora, Sieb. & Zucc. Flora. jap., I, 71, tab. 31. Siebold states that Kæmpfer is mistaken in writing Korei utsugi. It should read joro utsugi, joro being the Japanese pronunciation of the above Chinese characters.

Amæn. exot., 854:—高麗 joro, vulgo utsugi. Sambuci facie frutex etc. According to Siebold, l.c., instead of joro vulgo utsugi we have to read Korei utsugi. The above Chinese characters mean Corea. This is Deutzia scabra, Thbg. See Sieb. & Zucc., Fl. jap., I, 20, where su so is given as the Chinese name, i.e. 洩疏. But in Siebold's Icon. ined. [IV] this Chinese name is applied to Deutzia gracilis

and D. crenata and likewise to Diervilla hortensis, whilst 接骨木<sup>121</sup> is given as the Chinese name for Deutzia scabra.—Sieb., Œcon., 336:—Deutzia scabra. Japonice: utsugi; sinice: 洩疏. Folia ad lævigandum lignum.

In the *Phon zo* [LXXXIX] the Chinese name 溲疏 is applied [5, 6] to *Deutzia gracilis*, [8] to *Staphylea Bumalda* and [9] to *Philadelphus coronarius*, L.

The 楊 [Japanese pronunciation joro], in Sieb. & Zucc, Fl. jap., I, 74, is Diervilla versicolor (Weigela japonica, Thbg.). In the Phon zo [LXXXIX, 9, 10] the same Chinese name denotes Diervilla floribunda, S. & Z.

# 347.—石南 shi nan. P., XXXVI, 55. T., CCCVI.

Pen king:—Shi nan. The leaves are officinal. Taste acrid and bitter. Poisonous. The fruit also is used in medicine.

Pie lu:—The shi nan grows in Hua yin [in Shen si, App. 87] in mountain-valleys. The leaves are gathered in the 3rd and 4th months, the fruit in the 8th month, and dried in the shade.

T'AO HUNG-KING: — It is common in Eastern China. Its leaves resemble the p'i p'a [Eriobotrya. See 282]. They are rarely used in medicine.

Su Kung [7th cent.]:—Its leaves are like the kien ts'ao. 122 They do not wither in winter. The fine-leaved sort from Kuan chung [Shen si, App. 158] is the best. In South China the shi nan has long, large leaves like those of the p'i p'a [v. supra]. They are odourless and tasteless, and are not used in medicine.

121 Compare above [121], Sambucus.

122 繭 草, Cocoon plant. Unknown to me.

Han Pao-sheng [10th cent.]:—It is common in Chung nan and Sie ku [both in Shen si, App. 28, 309] in rocky places. Dealers in drugs sometimes confound it with the shi wei [Polypodium lingua. See 203].

Su Sung [11th cent.]:—It is now found on rocks in South China as well as in the North, and is sometimes a large tree. That which grows in Kiang and Hu [Kiang si and Hu kuang, App. 124, 83] has leaves like the p'i p'a with small prickles. They do not fall off in winter. It blossoms in spring. White flowers in clusters. In autumn it bears small red fruits. The sort which is produced in Kuan and Lung [in Shen si and Kan su, App. 158, 216 has leaves like the mang ts'ao [see 158], of a greenish yellow colour with purple spots underneath. When rain is abundant they grow from 2 to 3 inches long. The slender root is a horizontal creeper and is of a purple colour. The tree has neither flowers nor fruit, but its foliage is luxuriant. In the North as well as in the South it is planted freely in court-yards. It is a handsome tree and affords ample shade. For medical use the smallleaved sort from Kuan chung [Shen si, App. 158] is employed.

The Wei wang hua mu chi says:—In South China the shi nan tree grows wild. It blossoms in the 2nd month. The fruit is like the yen fu tsz' [Akebia? See 184]. It ripens in the 8th month. The people gather it, take out the kernels, boil them together with fish, and so make a soup. It is not used now [in medicine].

K'ou Tsung-shi [12th cent.]:—The leaves of the shi nan are like the p'i p'a leaves, but smaller, glabrous, not downy underneath nor wrinkled. It blossoms in the first or second month. In winter a spathe can be seen consisting of two leaves. When the spathe bursts, 15 or more larger or smaller flowers appear like those of the ch'un (Cedrela). The

flowers are with six leaves (petals) of a red colour, in bunches. There are numerous stamens which conceal the flowers. After the tree has shed its flowers, the old leaves fall off and new leaves appear. The *shi nan* is rarely seen in the northern provinces, but it is common in Hu nan and Hu pei, in Kiang si and in the two Che [Che kiang and Kiang su. App. 10], where it is much employed by the people [as a drug].

LI SHI-CHEN:—The shi nan grows on the sunny side of rocks, whence the name (shi=rock, nan=south). In Kui yang chou [in Hu nan, App. 167] it is called 風藥 feng yao, and [the leaves] is used as a substitute for tea. Steeped in wine it is useful in curing head-ache.

It is impossible to decide from the above descriptions what tree is meant. Probably several plants are known by the name *shi nan* in different parts of China.

Ch., XXXIII, 50:—Shi nan. The figure represents a plant with berries.

Amæn. exot., 877:—石南 sekki nan, vulgo saku nange. Frutex perennis orgyjam altus, etc.—This is Rhododendron Metternichii, S. & Z. [Fl. jap., I, 23, tab. 9].—Same identification in the Phon zo [LXXXIX, 13, 14],—Kwa wi, 103.

Henry [Chin. pl., 368] says that in Hu pei Rhododendron Fortunei, Ldl., is called 野桃杷 ye p'i p'a. Comp. above the statement of the ancient Chinese authors that the leaves of the shi nan resemble the p'i p'a leaves (Eriobotrya).

348.— 柱 前 mou king. P., XXXVI, 56. T., CCLXX. Comp. Classics, 521.

The Pen king calls it 小莉 siao (small) king. The fruit is officinal. Taste bitter. Non-poisonous.—The leaves, root, and the sap of the tree also are used in medicine.

Pie lu:—The mou (male) king shi (fruit) is produced in Ho kien [in Chi li, App. 75], Nan yang [in Ho nan, App. 231] and Yüan kü [in Shan tung, App. 415], also in Ping shou [in Shan tung, App. 256] and Tu hiang [in Chi li, App. 369] in the high mountains, also in the fields. The fruit is gathered in the 8th and 9th months and dried in the shade.

T'AO HUNG-KING:—The name siao (small) king is improperly applied to the mou king, for it is a tree and its fruit is larger than that of the man king [see the next]. The man king is the sort of king of which staves are made. Its fruit is small, in appearance like that of hemp, and is of a greenish yellow colour. But the fruit of the mou king, which is found in North China, is as large as a pea, globular and of a black colour. It is much used in prescriptions for promoting longevity. The leaves also are used in medicine. The twigs and the leaves of the mou king all stand opposite.

Su Kung [7th cent.]:—The mou (male) king is improperly so called, for it bears fruit. The name therefore probably refers to its being a tree, whilst the man king is a creeper. The latter has a large fruit, whilst the mou king has a small fruit and is therefore termed siao king. The mou king is fit for making sticks and lances. The fruit is small and of a yellow colour. It has a strong arborescent stem. In the History of the Han dynasty [chapter on Sacrifices] it is stated that the mou king is used for flag-staves for the funeral banners, not the man king [as T'AO HUNG-KING intimates]. There are two sorts of mou king—the green and the red. The former is the best. The mou king is frequently confounded with the man king, but they are quite different.

Su Sung [11th cent.]:—The mou king is now found in Mei chou and Shu chou [both in Sz ch'an, App. 219, 292] and in Pien king [in Ho nan, App. 248]. It is commonly

called 黃 荊 huang king. The wood of the stem and the branches is hard. It is upright. The leaves resemble those of the pi ma (Ricinus communis) but are more dissected and thinner. Flowers red and in panicles. Small yellow fruit of the size of the seed of hemp, whence the name siao (small) king.

LI Shi-chen:—The mou king is a common plant, especially in the mountains where it is used for fuel. If not cut for many years it becomes a tree of considerable size. The heart of the wood is square. The leaves are opposite, and each petiole bears five leaflets (digitate leaves), sometimes even seven. The leaflets are like elm-leaves, long and pointed, with the margin serrated and toothed. In the 5th month panicles of reddish purple flowers are produced in the axils. The fruit is as large as that of the hu sui (Coriander). It has a white inner skin. Su Sung is wrong in asserting that the leaves of the mou king resemble those of the pi ma. There are two sorts—the green and the red. The green is called in king, the red is the leaves of both kinds are employed in basket making. In ancient times poor women used the king for hair-pins.

The mou king is a Vitex. Further particulars sub. 349.

## 349.—蔓荆 man king. P., XXXVI, 60. T., CCLXX.

Pen king:—Man (creeping) king. The fruit is officinal. Taste bitter. Nature slightly cold. Non-poisonous.

Pie lu:-Only the name.

Su Kung [7th cent.]:—It is a creeping plant, whence the name. The man king grows along the edge of the water. The stem is about 10 feet long. In spring small new leaves shoot forth from the old branches. In the 5th month the

# "有白膜皮裹之

leaves resemble apricot-leaves. It blossoms in the 6th month. Flowers reddish white with yellow filaments. In the 9th month it bears fruit. This is as large as the seed of the wu (Sterculia platanifolia), has black spots and is light. The leaves fall off in winter. It is frequently confounded with the mou king.

Su Sung [11th cent.]:—It is common in Pien king [in Ho nan, App. 248], in Ts'in chou [in Kan su, App. 358], Lung chou [in Shen si, App. 215], and in Ming chou and Yüe chou [both in Che kiang, App. 224, 418]. The stem is from 4 to 5 feet high. The leaves proceed from the joints and are opposite. It looks like a small lien tree [Melia. See 321]. It blossoms in summer. Flowers of a pale red colour. Filaments yellowish white. Below the flower is the green receptacle of which the fruit is formed. The ancient authors named it man (creeping) king, but it does not creep.

LI SHI-CHEN says its branches are slender and weak, whence the name (creeping king).

In the Ch. [XXXIII, 27, sub 蔓荊 man king or 荊條 king t'iao (twigs)] is a good drawing of Vitex incisa, Lam. The same is figured in the Kiu huang [LV, 4, sub 荊子 king tsz']. The description in the P. agrees. At Peking king t'iao is the common name for Vitex incisa.

Lour., Fl. cochin., 474:—Vitex negundo, L. Sinice: muen kim (man king).—Ibid., 475:—V. spicata, Lour. Sinice: u chu kim [probably 五 指 前 wu chi king (five fingers king), which according to Parker is the Canton name for V. negundo].

TATAR., Cat., 59:—荊 條 king t'iao, Vitex incisa.— Ibid., 38, 蔓 荆 子 man king tsz', semina Viticis incisæ.— P. SMITH, 227.

According to Parker [China Rev., X, 377], in Sz ch'uan Vitex negundo, a common road shrub, is called 黃 荆 huang king.—Same identifiation in Henry's Chin. pl. [132].

The Ind. Fl. sin. [II, 257] enumerates six species of Vitex for China.

Cust. Med., p. 216 (81):—Man king tsz' (fruits) exported 1885 from Wen chow 3.10 piculs,—p. 294 (317), from Amoy 0.11 picul. Exported also from Han kow. See Hank. Med., 27.

Phon zo, LXXXIV, 15, 16:—驻荊, Vitex cannabifolia, S. & Z. [according to Japanese botanists introduced into Japan from China].

HOFFM. & SCHLT., 622:—Vitex cannabifolia, 牡荊 or 黃荊. Same identification in the Kwa wi [111].

Phon zo, LXXXIX, 17, 18:—蔓莉子, Vitex trifolia, L.—Same identification in the Kwa wi [88]. Introduced into Japan.

SIEB., Icon. ined., VI:—Same Chinese name, Vitex obovata, Thbg. (same as V. trifolia).

### 350.—茯苓 fu ling. P., XXXVII, i. T., CXCVII.

Pen king:—Fu ling, 伏 莬 fu t'u. Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—The fu ling which clings to the root [of the fir tree] is called 伏神 fu shen. The fu ling and the fu shen grow in Tai shan [in Shan tung, App. 322], in mountain-valleys under large fir trees. It is dug up in the 2nd and 8th months and dried in the shade.

In the ancient Historical Records Shi ki [in the chapter on Divination] the name of this drug is written 伏囊 fu ling. It is there said to be produced by the divine spirit of the fir tree.

The Sien king says that the fu ling is as large as a man's fist. When worn in the girdle it will discomfit evil spirits.

The Hung-king:—The drug brought from Yü chou [in Kuang si, App. 412] is of a large size, like a vessel with a capacity of three or four sheng. The outer skin is black and has small wrinkles. The inner substance is hard and of a white colour. The best drug is that which has the appearance of a bird or a beast or a tortoise, etc. The red fu ling is less valued. It does not decay and is not eaten by insects. Even after remaining underneath the ground for thirty years it will not change its colour and texture.

Su Kung [7th cent.]:—Now the fu ling which is produced in Tai shan is compact and finely veined. It is not much used. The best comes from Hua shan [in Shen si, App. 86]. This is very coarse in texture and massive. It is also found in the Southern mountains of Yung chou [Shen si, App. 424], but this also is inferior to the Hua shan drug.

In the Ki shi chu [T'ang period] this drug is called 不死变 pu sz' mien (undying flour).

HAN PAO-SHENG [10th cent.]:—It is found in places wherever large fir trees grow. It abounds in Hua shan, where it is found under dried-up fir trees. It appears in lumps. The drug which has the appearance of a tortoise or a bird is especially valued.

CHANG YÜ-SI [11th cent.]:—The Fan tsz' ki jan [Bot. sin., I, p. 145 (104)] says:—The fu ling is produced on the Sung shan [in Ho nan, App. 317] and in San fu [in Shen si, App. 265]. Huai nan tsz' says that the fu ling is found under fir trees a thousand years old. The t'u sz' (Cuscuta. See 163] grows above. The Tien shu says that after the resin of the fir tree has entered the ground and remained there a thousand years it is changed into fu ling. When you see the fir tree

turn red, the fu ling is beneath it. The Kuang chi states that the fu shen [v. supra] is a product of the resin of fir trees and is superior to the fu ling. It is brought from Pu yang hien [in Chi li, App. 263].

Su Sung [11th cent.]:—It is found on the mountains T'ai shan [in Shan tung, App. 322], Hua shan [in Shen si] and Sung shan [v. supra]. It clings to the roots of large fir trees. It produces neither leaves, flowers nor fruit, and forms underground nodular masses as large as a man's fist, which sometimes weigh several pounds. There are two sorts—the red and the white. Some say that the fu ling is the metamorphosed resin of the fir trees, and others that it grows from the spurious vapors of the fir tree [?]. 124 The largest lumps which do not adhere to the root are called fu ling. Those which clasp the root, and which are light and of a loose texture are called 伏神 fu shen. They are produced by the spurious vapors of the tree and are of a superior quality. In the chapter on Divination in the Shi ki [v. supra] it is stated that the fu ling grows beneath the t'u sz' [Cuscuta, comp. 163]. In appearance it resembles a bird. The place where the fu ling lies underground, sometimes from 4 to 7 feet deep, is discovered by burning the t'u sz'.

LI SHI-CHEN:—The fu ling is also called 松 腴 sung yü (fat). By the t'u sz' mentioned by the ancient authors in connexion with the fu ling we are not to understand, LI SHI-CHEN says, the plant of this name (Cuscuta) but a kind of subtile vapor hanging above the spot where the fu ling lies underground. The mountain people know it. The best sort is that in large lumps and as hard as a stone. The light sort of a loose texture is not much valued.

The heart of the fu shen is called  $\overrightarrow{m}$   $\bigstar$  shen mu (divine wood). It is likewise used in medicine, as also the bark of the fu ling.

"假松氣而生.

Ch., XXXIII, 6:-Fu ling. The drawing represents large nodular masses.

Father Martini, about 240 years ago, mentions the Chinese drug fu lin produced in Sz ch'uan [see my Early Eur. Res. Bot. Chin., pp. 19, 20].

A CLEYER, Specimen Medicinæ sinicæ (1682), 189:—Pe fo lim (white fu ling), est radix insipida subdulcis temperata etc. . . Est idem quod Lusitanice dicitur Pao de China (China wood), nisi quod album et multo melius sit rubeo illo, et etiam carius multo.—CLEYER's red fo ling is Radix Smilacis. Comp. supra, 179.

Du Halde, la Chine, I, 30, III, 647.—Grosier, la Chine, III, 324, 328.

Lour., Fl. cochin., 710:—Ad radices Pinorum sylvestrium magnæ longævitatis in provincia boreali Chinensi su chuyen [Sz ch'uan] gigni solent quædam tubera, subrotunda, magna, scabra, fusca, intus albissima, quæ ab Europæis vocantur Radix sinensis alba, ab ipsis vero Sinensibus Pe fu lin. Horum tuberum decocto feliciter utuntur in praxi medica, præcipue in morbis pulmonum et vesicæ. Radix Sinensis rubra provenit ex diversa planta, quæ a Linnæo dicitur Smilax Chinæ.

TATAR., Cat., 23, 2:—Fu ling or pai (white) fu ling, Pachyma pinetorum. Fungus maximus.

GAUGER, 18:—Fu ling, described and figured. But GAUGER is mistaken in supposing that it is the root of a Dioscorea or Tamus.

WILLIAMS, Chin. Commerc. Guide, 114, sub China root.

In 1859 the Rev. M. J. BERKELEY published in the Journ. Proc. Linn. Soc. Bot. [III, 102] an interesting article

on some Tuberiform Vegetable Productions from China, in which the pe fu ling is determined as Pachyma Cocos, Fries, a Fungus-like substance.

Hanbury, Sc. pap., 267:—Good description of the Chinese drug fu ling:—Large, ponderous tuberiform bodies consisting internally of a compact mass of considerable hardness, varying in colour from cinnamon-brown to pure white. They are an altered state of the root of the tree, probably occasioned by the presence of a Fungus. It is the Pachyma Cocos, Fries, occurring in N. America, Japan and China. In America it is called "Indian Bread."—See also Hanb., Sc. pap., 200, where this drug is figured.

P. SMITH, 165: — Pachyma Cocos.—Henry, Chin. pl., 478.

Cust. Med., p. 66 (18):—Fu ling exported 1885 from Han kow, 13,149.45 piculs.—Ibid., p. 354 (184), fu ling p'i (bark) from Canton 27.49 piculs,—p. 212 (48), from Wen chow 1.70 picul.—Ibid., p. 220 (25), fu shen imported to Foo chow 0.05 picul, from Hong kong. Said to be produced in Kuang tung.

Amæn. exot., 832:—Sjooro (no Chinese characters). Tubera esculenta, terrestria, sub abietibus crescentia.—Thunberg [Fl. jap., 349] identifies this with Lycoperdon Tuber, L. Fungus magnitudine pruni majoris.

See in Phon zo [XCIII] the drawings, 2r, sub 白 伏 苓 (white),—2v, 赤 伏 苓 (red),—3r, 伏 神.

351.—琥珀 hu p'o. Amber. P., XXXVII, 7.

Pie lu:—The hu p'o is produced in Yung ch'ang [in Yün nan, App. 426].

T'Ao Hung-king:—The ancients say that the hu p'o is the resin of the fir tree, which, being embedded in the soil during a thousand years, turns into amber. When burned it emits an odour like that of resin. It sometimes incloses insects. An imitation of the hu p'o is produced by boiling hen's-eggs with fish-roe. The genuine hu p'o, when rubbed between the hands till it becomes hot, will attract straw. Now all the hu p'o in China is brought from foreign countries.

Tatar., Cat., 9:—Hu p'o. Succinum.—Williams, Chin. Comm. Guide, 79:—Amber, article of import.—P. Smith, 12.

## 352.—豬 苓 chu ling. P., XXXVII, 10. T., CLXVII.

Pen king:—Chu ling (pig's tubers), 觀豬屎 kia chu shi (boar's excrement). Taste sweet. Nature uniform. Non-poisonous.

Pie lu:—The chu ling grows on the mountain Heng shan [in Hu nan, App. 61], also in Tsi yin and Yüan kü [both in Shan tung, App. 347, 415]. It is gathered in the 2nd and 8th months and dried in the shade.

T'AO HUNG-KING:—This drug appears in black lumps resembling pig's excrement. Chuang Tsz' [4th cent. B.C.] mentions the 家豪 shi t'o, and Sz' Ma Piao [3rd cent.], in commenting upon Chuang Tsz', says that it is the 芩 ling, the root of which resembles pig's excrement. That which is called chu ling consists of the 楓樹芩, tubers produced on the feng tree [Liquidambar Formosana. See Bot. sin., II, 261]. The best sort has a black skin and white flesh. The skin is removed before using the drug.

Su Sung [11th cent.]:—It is now found in Shu chou [in Sz ch'uan, App. 292] and in Si chou [App. 304]. It

grows underground, but not always under the root of the feng tree. It is also called 地 鳥 桃 ti wu t'ao (black ground peach).

LI SHI-CHEN:—The *chu ling* are excrescences produced by the superfluous vapors of trees, in the same way as the *fu ling* is produced by the fir tree. The *feng* tree produces the *chu ling* in the greatest abundance.

Ch., XXXIII, 55:—Chu ling. The figure represents a plant with pinnate leaves, not tubers.

TATAR., Cat., 17: - Chu ling. Not identified.

Hanb., Sc. pap., 204, 269:—Chu ling. Production similar to the Pachyma Cocos [see 350] but smaller.—See also Berkeley, l.c. [supra, sub 350].

Cust. Med., p. 66 (10):—Chu ling exported 1885 from Han kow 1,337 piculs,—p. 22 (13), from Tien tsin 379.91 piculs,—p. 58 (3), from I chang 123.93 piculs.

Phon zo, XCIII, 6r, 豬 苓.

353.一雷 丸 lei huan (wan). P., XXXVII, 12. T., CXXXVI.

Pen king: — Lei huan (thunder-ball). Taste bitter. Nature cold. Slightly poisonous.

Pie lu:—Other names: 雷 實 lei shi (thunder-fruit), 雷 矢 lei shi (thunder-dirt). The lei huan is produced in Shi ch'eng [in An hui, App. 285] in mountain-valleys, also in Han chung [S. Shen si, App. 54]. Produced underground. The root is gathered in the 8th month.

T'AO HUNG-KING:—It is produced in Kien p'ing and I tu [both in Hu pei, App. 139, 104], and appears as small balls joined together.

Su Kung [7th cent.]:—The *lei huan* is the *ling* <sup>125</sup> produced by the bamboo. The balls are not joined together. It is produced in Fang chou [in Hu pei, App. 35] and Kin chou [in Shen si, App. 143].

LI Shi-chen:—The lei huan varies in size. It is like a chestnut and sometimes like the chu ling [see 352]. It is round, has a black skin, white flesh and is very hard and compact. The lei huan, like the 雷斧 lei fu (thunder-axe) and the 雷楔 lei sie (thunder-pile), are productions of the thunder-clap, and metamorphoses of the subtile vapors of plants. It is produced in the ground and is without leaves. It has the power of destroying worms and driving out evil spirits. That produced on the bamboo is called 竹苓 chu ling.

TATAR., Cat., 34:—Lei huan, Mylitta lapidescens. Fungus asporus?—Gauger, 26:—The lei huan figured and decribed.—

Hanb., Sc. pap., 205, 269:—The lei huan figured and described:—Small, round nodules of a dark brownish grey colour and very hard.

Р. Ѕмітн, 154.

Cust. Med., p. 76 (155):—Lei huan exported 1885 from Han kow 68.43 piculs,—p. 64 (72), from I chang 4.53 piculs. Phon zo, XCIII, 6v, 雷丸 and, 7, 竹芩.

354.—桑上寄生 sang shang ki sheng. P., XXXVII, 13. T., CLXXX.

Comp. Rh ya, 262, Classics, 449.

Pen king:—Sang shang ki sheng (lodging on the mulberry tree. Parasite), 寓 木 yū mu (lodging on trees), 寄 唇 ki sie, 宛 童 wan t'ung. The stem, leaves and fruit are officinal. Taste of the stem and the leaves bitter; non-poisonous. The fruit is sweet and non-poisonous.

Pie lu:—The sang shang ki sheng grows on mulberry trees in Hung nung [in Ho nan, App 99] in river-valleys. The stem and the leaves are gathered on the 3rd day of the 3rd month and dried in the shade.

T'AO HUNG-KING:—This parasitic plant grows upon fir trees, the poplar and the feng tree (Liquidambar Formosana). It is the same kind on all these trees, only the roots differ according to the tree upon which the plant lives. These roots are embedded in the substance of the joints of the branches of the tree. Leaves roundish, greenish red, thick, glossy, easily broken and evergreen. They spring from the joints of the plant. It blossoms in the 4th month. White flowers. The fruit, which is produced in the 5th month, is of a red colour and of the size of a pea. It is common. The best drug comes from P'eng ch'eng [in Kiang su, App. 247]. It is commonly called if su tuan. But this name in the Pen king is applied to a quite different plant [see 84, Dipsacus].

Su Kung [7th cent.]:—This plant grows upon the feng, the hu (oak) and upon elms, willows and other trees. The leaves are like small willow-leaves, but thick and easily broken. The stem is coarse and short. The fruit is yellow and resembles a small jujube. There is one kind of this parasitic plant, growing in Kuo chou [in Ho nan, App. 173] on mulberry trees, the fruit of which contains a very viscid juice. The kernel is of the size of a small pea. The fruit ripens in the 9th month and is then of a yellow colour. It does not ripen in the 5th month, is not red and is not of the size of a small pea, as T'AO HUNG-KING asserts. The people of Kiang nan employ the stem and call it su tuan [v. supra] which is properly the name of another plant.

HAN PAO-SHENG [ 10th cent. ]: — This parasitic plant grows on various trees. People say that it is propagated by

birds which eat the fruits and drop their excrement upon trees. The leaves resemble orange-leaves but are thick and soft. The best is that growing upon the mulberry tree.

TA MING [10th cent.]:—The people gather the plant which grows upon the  $k\ddot{u}$  tree [see 327] instead of that living upon the mulberry tree, which is very scarce. They resemble each other but are not identical. That growing upon the *feng* tree is an inferior sort which equals that produced on the  $k\ddot{u}$  tree. It is of a yellow colour and is gathered in the 6th or 7th month.

K'ou Tsung-shi [12th cent.]:—The sang ki sheng is said [by previous authors] to be a common plant. But nowadays it is difficult to obtain, in the north as well as in the south, for the plant is gradually becoming extinct.

Chu Chen-heng [14th cent.]:—The sang ki sheng is an important medicine.

LI SHI-CHEN: -This parasitic plant is from 2 to 3 feet long. Its leaves are round, slightly pointed, thick, soft, green and glossy on the upper side, and of a pale purplish colour and downy underneath. People say that this plant is common in Chuan Shu [Sz ch'uan, App. 26], where the mulberry tree abounds and where this plant can be taken direct from the tree and employed in a fresh state. It grows plentifully also on other trees, but then its medical virtues are not the same and it is sometimes injurious to life. The Cheng Tsiao T'ung chi [12th cent.] says that there are two kinds. One of them, the larger sort, has leaves like the shi liu (pomegranate). This is the 萬 niao of the Shi king]. The smaller kind has leaves like the ma huang [Ephedra. See 97]. This is the 女難 nü lo [of the Shi king]. The fruits are the same in both kinds. [Comp. Classics, 449, 450.

Ch., XXXIII, 35:—Sang shang ki sheng. Rude drawing. Probably a Loranthus is intended.—Ibid., XXXVI, 24:—栗 寄生 li ki sheng. Rude drawing of a Viscum or Loranthus, said to grow on chestnut trees (li) in Yün nan.

TATAR., Cat., 44:—Sang ki sheng. Viscum?—The drug of this Chinese name which I obtained from a Peking drug-shop—yellow stems without leaves—and which was examined at Kew, proved to be the common Viscum album, L.

P. Smith, 150:—Mistletoe, li hu. Li and hu are names for oaks. Evidently the characters ki sheng (parasites) are omitted in the above name. Ibid., 93:—Epiphytes. Ibid., 232:—Willow-Epiphyte, liu ki sheng.

Henry [Chin. pl., 35, 392]:—Sang ki sheng in Hu pei, Loranthus Jadoriki, Sieb., and other species. These parasites, when they occur on the mulberry, are highly valued as drugs.

Cust. Med., p. 360:—Sang ki sheng exported 1885 from Canton 41.13 piculs. Same drug exported from Hankow. See Hank. Med., 35.

Ibid., p. 286 (184):—Ki sheng exported from Amoy 14.23 piculs.—Ibid., 360 (282), tsa ki sheng (Viscum growing on various trees) exported from Canton 2.05 piculs.

The Hank. Med. [25, 43] mentions the liu ki sheng [growing on willows] and the t'ao ki sheng [on peach trees] as exported from Han kow. Both are noticed in the P. [XXXVII 16, 17].

The propagation of the mistletoe by birds eating the fruit, as noticed by the Chinese authors, is also mentioned by Theophrastus [de causis plant, 2, 17].

Phon zo, XCIII, 8, 9:-桑寄生, Viscum album.

355. -松 蘿 sung lo. P., XXXVII, 15. T., CL.

Comp. Classics, 450.

Pen king:—Sung lo (parasite on fir trees). Taste bitter. Non-poisonous.

Pie lu:—Other name: 女羅 nü lo. The sung lo grows on the Hiung rh mountain [in Ho nan, App. 69] on sung (fir) trees. It is gathered in the 5th month and dried in the shade.

T'AO HUNG-KING:—The plant is common in the eastern mountains, where it grows on various trees, but the genuine drug is that produced upon fir trees. In the Shi king the niao, together with the nü lo, is mentioned as growing on the fir tree. The niao is the true ki sheng growing upon mulberry trees. The other parasite growing on the fir tree is different from that found on the mulberry tree [see 354] and is not used in medicine.

LI SHI-CHEN:—The sung lo is also termed 松上寄生 sung shang ki sheng. The nü lo has been variously identified by the ancient authors. Mao, in commenting upon the Shi king, says it is the t'u sz' [Cuscuta. See 163]. Wu P'u [3rd cent.] says the t'u sz' is the same as the sung lo [v. supra]. T'AO HUNG-KING suggests that the niao of the Shi king is the plant growing upon the mulberry tree and sung lo the sort which grows upon fir trees. The P'i ya [11th cent.] states:—The niao is a parasite (Viscum) upon fir trees and Thuja, whilst the nü lo is a twining plant which climbs upon the fir tree. Others say:—The plant is called nü lo when it climbs on trees and t'u sz' when it twines about herbaceous plants. The Cheng Tsiao T'ung chi [12th cent.] says:—There are two kinds of ki sheng,—the large is called niao and the small nü lo.

The sung lo or sung shang ki sheng of the Chinese authors seems to be a species of Viscum or Loranthus.

Phon zo, XCIII, 11, 12:—松 蘿 榼 [the third character means creeper], Loranthus Kæmpferi, Maxim. (Viscum Kæmpferi, DC.). See Franchet & Sav., Enum. pl. Jap., I, 403, II, 482. It has been found on Larix, Pinus Massoniana, Abies firma.—

Amæn. exot., 785:—寄生 ksei, vulgo jodoroki. Viscum baccis rubentibus etc. Crescit in Larice. Rusticorum vulgus id appellabat gomi maatz i.e. Viscum lariceum.

## 356.—占斯 chan sz'. P., XXXVII, 17. T., CCCXI.

Pie lu:—Chan sz', 炭皮 t'an p'i (charcoal skin). It grows in T'ai shan [in Shan tung, App. 322] in mountain-valleys. Gathered at any time of the year.

T'AO HUNG-KING:—LI TANG-CHI [3rd cent.] says it is a ki sheng (parasite) which grows upon the chang (Camphor tree). The people now erroneously call the skin (fleshy husk) of the walnut chan sz'. According to T'ung kün this drug is produced in Shang lo [in Shen si, App. 274] and is a bark resembling the hou p'o bark [Magnolia. See 316].

LI SHI-CHEN:—Other ancient names: 良無極 liang wu ki, 木占斯 mu chan sz'.

357.—竹 chu, the Bamboo. P., XXXVII, 18. T., CLXXXIX.

Comp. Classics, 563, 564.

Pen king:—竹 chu, 竹葉 chu ye (leaves), 竹寶 chu shi (fruit). The Pie lu says the chu shi is produced in 1 chou [App. 102]. It mentions also the 竹筍 chu sun (bamboosprouts) as a medicine.

The *Pen king* and the *Pie lu* notice several peculiar kinds of bamboo as officinal.

Of the 室竹 kin chu, the leaves, sap (瀝) and root are used; of the 淡竹 tan chu, the leaves and the root; of the 苦竹 k'u (bitter) chu, the leaves and the sap.

In the P, there appears also a drug derived from the bamboo and termed  $\mbox{TF}$   $\mbox{Th}$   $\mbox{chu ju}$ . It is mentioned in the  $Pie\ lu$  and in other ancient works.

Татак. [Cat., 17] gives the name but does not identify it. P. SMITH [31] says that bamboo-roots are meant. I have seen Tatarinov's drug. It seemed to be bamboo-shavings, probably the scraped tender epidermis of the skin, which in the dictionaries is called  $\mathfrak{F}_{1}$  ju.

Cust. Med., p. 194 (156):—Bamboo-leaves exported 1885 from Ning po 259 piculs,—p. 152 (188), from Shanghai 181 piculs.

Ibid., p. 380 (539):—Chu ju exported from Canton 17.91 piculs,—p. 308 (507), from Amoy 2.42 piculs.—Bamboo-roots are exported from Han kow. See Hank. Med., 8.

### 358.—淮 木 huai mu. P., XXXVII, 26.

Pen king:—Huai mu, 百歳城中木 po sui ch'eng chung mu.

Pie lu:—The huai mu grows in Tsin yang [in Shan si, App. 357], in marshes. The 城裏赤柱 ch'eng li ch'i chu in P'ing yang [in Shan si, App. 257].

LI SHI-CHEN: — WU P'U [3rd cent.] says: — The huai mu grows in P'ing yang, in the country of Tsin [Shan si,

App. 353], and in Ho tung [in Shan si, App. 80], in marshes. This is the same as the chieng li chi chu of the Pie lu and the po sui chieng chung mu of the Pen king. It is a tree growing within an old city, as the above names indicate. The people of Tsin used it as a drug.

# APPENDIX.

# CHINESE GEOGRAPHICAL NAMES MENTIONED IN THE PEN TS'AO KANG MU.

As is well known, the modern political division of China proper is into 18 省 sheng or provinces with the subdivisions 府 fu (prefectures) 181, 直禁州 chi li chou (independent departments) 67, 州 chou (departments, dependent on a fu) 143, and 縣 hien (districts, the lowest division of a province, dependent on a prefecture or an independent department) 1,279.

The meaning of the character 州 chou has varied greatly in course of time. Originally the nine provinces into which ancient China was divided by Emperor YAO [B.C. 2360] were termed chou. His successor Shun [B.C. 2255] divided the Empire into twelve chou. Yü, the first Emperor of the 夏 Hia dynasty which reigned in China B.C. 2205–1766, re-established the division into nine provinces, and these nine chou continued during the 南 Shang (or 段 Yin) [1766–1122] and 周 Chou [1122–249 B.C.].

The China of the 周 Chou dynasty lay between the 33rd and 38th parallels and occupied only about two-thirds of the present China proper, reaching to the south nearly half-way from the Yellow River to the Yang tsz'. It consisted of the royal state held by the kings (主 wang) themselves,

which was situated along the Wei and Ho rivers [in Shen si and Ho nan], and a number of larger and smaller feudal states, surrounding the royal dominions. Wu-wang, the founder of the Chou dynasty, resided at 豐 Feng and 鎬 Hao [both in Shen si, near present Si an fu]. He built also another residence in the east on the river 洛 Lo, which was called 洛 邑 Lo i (afterwards 洛 陽 Lo yang, near present Ho nan fu); but it was not until many centuries later, since Ping wang [770-717], that the royal residence was fixed at Lo yang.

The Chou dynasty was overthrown in the middle of the 3rd cent. B.C. by the princes of the powerful state of Ts'in. One of them, Cheng, who ruled B.C. 249-210, reduced all the petty states to his sway and in 221 took the title Shi Huang-ti (Emperor). His dynasty, which lasted only 20 years, is called 秦 Ts'in. Shi Huang-ti succeeded in establishing his authority over the greater part of China proper, with the exception of the south-western regions (Kui chou and Yün nan). He fixed his residence at 太陽 Hien yang (now Hien yang hien, N.W. of Si an fu, Shen si) and divided the empire, including the vast extensions he had annexed towards the south, into 40 本 kün or provinces.

The next dynasty was the  $\cite{E}$  Han, which reigned in China more than four centuries. The Chinese historians distinguish the Earlier and the Later Han.

The 前漢 Ts'ien Han or Earlier Han, called also the Western Han [B.C. 202-A.D. 25]. In the reign of Wu TI [140-86] China, which then had about the same limits as what is now called China proper, was divided into 13 州 chou or 部 pu. The subdivisions were 103 郡 kün or prefectures on which depended 1,314 縣 hien (districts) and 已 i (towns). Besides these, there were scattered over the

empire 241 侯國 hou kuo (small feudal states). The capital of China was at 長安 Ch'ang an, in Shen si, near present Si an fu. A hien comprised in the prefecture of Si an fu still bears the name Ch'ang an.

The 後漢 Hou Han or Later Han, called also Eastern Han from its capital 洛陽 Lo yang near present Ho nan fu. This dynasty reigned A.D. 25-220. The political division of the empire was not essentially changed.

- 三國 San kuo, the Three Kingdoms or Dynasties established in China after the downfall of the house of Han:—
  - 1.—蜀 Shu or 蜀 漢 Shu Han [A.D. 221-264]. This was regarded as the legitimate dynasty from its affinity with the Han. It ruled over Sz ch'uan (then called Shu), Kui chou and Yün nan. The capital was at 成都 Ch'eng tu (now Ch'eng tu fu in Sz ch'uan). The kingdom comprised 22 kün (prefectures) and kuo (feudal states).
  - 2.—吳 Wu [A.D. 229-264]. This kingdom occupied the eastern part of Mid China,—Kiang su, Southern An hui, Kiang si, Fu kien, Hu kuang. Political division: 5 chou or provinces, 43 kün and kuo. Capital at 建絮 Kien ye (Nan king).
  - 3.—魏 Wei [A.D. 221-264]. This dynasty ruled over modern Ho nan, Shen si, Shan si, Shan tung and Chi li. 13 chou or provinces, with 91 kūn and kuo. Capital at 洛陽 Lo yang.

The 晉 Tsin dynasty [A.D. 265-420] reigned again, till 317 at least, over the whole of China. Political division: 19 chou or provinces, 173 kūn and kuo and 1,109 hien. The capital was at first at Lo yang, but owing to the invasions of Northern China by the Hiung nu and other Tartar and Tungus tribes, it was moved in 317 to 建康 Kien kʻang

(present Nan king). 16 small foreign kingdoms or dynasties were then established in the northern provinces. They were all subsequently destroyed by the Pei Wei.

The 北魏 Pei (Northern) Wei dynasty [386-558] was of Tungus origin. It swayed Southern Mongolia and the northern part of China, and, encroaching upon the dominions of the Southern Sung and the other Southern Dynasties [v. infra], finally occupied also Mid China as far as the Yang tsz'. Political division of the empire: 113 例 chou (corresponding to the present fu or prefectures), 519 郡 kūn (departments) and 1,352 hien (districts). The capital was at first at 代 Tai (now Ta t'ung fu in Shan si). In 495 it was moved to Lo yang. In 532 the Pei Wei dynasty split into two branches—the Tung or Eastern Wei [532-550], capital at 郑 Ye (present Chang te fu in N. Ho nan) and the Si or Western Wei [532-558] with the capital at Ch'ang an. These two Wei dynasties were finally overthrown by two other short-lived dynasties:—

The 北齊 Pei (Northern) Ts'i dynasty [550-577] replaced the Eastern Wei; the 北周 Pei (Northern) Chou dynasty [558-581] replaced the Western Wei and in 577 overthrew the Pei Ts'i. The Pei Chou was itself destroyed by the Sui [v. infra].

The Pei Wei, Pei Ts'i and Pei Chou are known in Chinese history under the general name of 北朝 Pei ch'ao (Northern Dynasties).

In the Southern half of China the Tsin dynasty was replaced by the 宋 Sung dynasty, more generally termed 南宋 Nan (Southern) Sung dynasty, to distinguish it from the Sung dynasty which reigned in China from the 10th to the 13th century. The dominions of this Nan Sung dynasty at first comprised South and Mid China and present Shan tung. Political division: 22 chou or provinces with 277 kün and 1,357 hien. The capital was at 建康 Kien

k'ang (Nan king). Gradually the Northern Wei encroached upon the empire of the Nan Sung and drove them back beyond the Huai river. The Nan Sung dynasty was overthrown by the—

南齊 Nan (Southern) Ts'i dynasty [479-502], and this in turn was replaced by the—

Liang dynasty [502-557]. The Pei Wei in the north continued their encroachments upon the southern empire, and finally the Yang tsz' formed the boundary between the northern and the southern empire. The dominions of the Liang were divided into 23 chou or provinces with 350 kūn or prefectures and 1,203 hien or districts. The capital was at Kien k'ang (Nan king). The Liang dynasty was overthrown by the—

陣 Chen dynasty [557-589], which swayed the southern half of China and in turn was destroyed by the Sui [see infra].

The Nan Sung, Nan Ts'i, Liang and Chen dynasties are known in Chinese history as the 南朝 Nan ch'ao or Southern Dynasties.

The 隋 Sui dynasty [581-619]. All China, after it had been divided more than three centuries and a half, was again re-united and brought under the sway of this dynasty. The old division of China into 9 chou or provinces was again adopted with the old names of the Yü kung. The subdivisions were 190 kün and 1,255 hien. The capital was first at Ch'ang an; in 605 the court moved to Lo yang.

The 唐 Tang dynasty [618-907]. The second emperor of this celebrated dynasty [in 627] established a new political division of China. The empire was divided into 10 道 tao (circuits, or provinces which comprised 360 州 chou or prefectures). The larger chou were termed 府 fu. There were 1,557 縣 hien or districts. During the ruling of the Tang the capital was at Chang an.

In the reign of MING TI [713-756] another division of China proper took place. Some of the larger provinces were divided and there were then 15 tao. The term chou for prefecture was replaced by the older term kün. The 15 provinces comprised 328 kün, of which 49 were termed 都督府 tu tu fu (seats of a governor-general) and 12 大都督府 ta (great) tu tu fu. There were 1,573 hien or districts.

After the downfall of the Tang dynasty five short-lived dynasties followed in succession. None of them ruled over the whole of China, for ten smaller independent kingdoms had risen in different parts of China, and the Ki tan or Liao penetrated China from the north. This period is known in Chinese history under the name of £ 17 Wu tai, the Five Dynasties [907-960], viz.:—

- 1.—The 後梁 Hou (later) Liang [907-923]. The capital was at 汴 Pien (now K'ai feng fu in Ho nan).
- 2.—The 後唐 Hou T'ang [923-936]. Capital at Loyang.
- 3.—The 後晉 Hou Tsin [936-946]. Capital at Pien.
- 4.—The 後 漢 Hou Han [946-951].
- 5.—The 後 周 Hou Chou [951-960].

The 宋 Sung dynasty [960-1280]. This dynasty succeeded in destroying all the small kingdoms and reuniting all China into one empire. In 997 China was divided into 15 路 lu (circuits or provinces). In the beginning of the 12th century there were 22 lu with 10 tu tu fu, 40 fu (larger prefectures), 245 chou (smaller prefectures), 1,221 hien (districts) and 69 軍 kün (military districts). The Sung had their capital at 開 對 府 K'ai feng fu, also called 大梁 Ta Liang (now K'ai feng fu in Ho nan). But as in 1126 the Sung were forced to abandon the northern part of their

empire, as far south as the Han and Huai rivers, to the Kin, the capital was moved to 杭州 Hang chou, also called 篮安府 Lin an fu (now Hang chou fu in Che kiang). In 1276 the Mongols took Lin an fu, and in 1280 the whole empire of the Sung was in the hands of the Mongols.

Since the first half of the 10th century Northern China was detached from native rule and subject to foreign dynasties,—first to the 契丹 Ki tan, a people of Tungus origin who conquered Mongolia and in 936 wrenched from the emperor Kao Tsu of the Hou Tsin dynasty the northern part of the present provinces of Chi li and Shan si. The dynasty of the Ki tan, known in Chinese history as the 社会 Liao, subsisted from 916 to 1125, when it was displaced by another Tartar dynasty, the Churche or 全 Kin [1125-1234], who, having subdued the whole of Mongolia, succeeded also in conquering from the Sung all the provinces of North China as far south as the Han and Huai rivers [1127]. The capital of the Kin was in 中都 Chung tu (now Peking). The Kin dynasty was destroyed by the Mongols in 1234.

The 元 Yüan or Mongol dynasty in China, after the destruction of the Kin and the Sung, ruled over China proper from 1260 (or 1280 when the south had also been subdued) to 1368. China was then divided into 12 provinces or governorships (行中書音 hing chung shu sheng). The capital was at 大都 Ta tu (now Peking). There were 187 路 lu or prefectures. In some of them were one or several 府 fu, altogether 42. There were 381 chou or departments and 1,132 hien.

The 明 Ming dynasty [1368-1644]. The political division of China proper in this period was similar to that of nowadays, but there were only 12 provinces. The first two, with the two capitals Peking and Nan king, were termed 北直謀 Pei chi li and 南直謀 Nan chi li (northern and southern

independent administration), the other provinces 布政使司 pu cheng shi sz' or governorships. Pei chi li is the present Chi li,—Nan chi li, also called 江南 Kiang nan, comprised the present provinces Kiang su and An hui. The present Kan su was included in Shen si. The present Hu pei and Hu nan formed the province 湖廣 Hu kuang. The other names of the provinces were as nowadays. 140 fu, 193 chou and 1,138 hien.

The following identifications of ancient geographical names occurring in the Pen ts'ao kang mu are for the greater part based upon the geographical sections of the Chinese dynastic histories. The Chinese geographical dictionary 歷代地理志 Li tai ti li chi [see Bot. sin., I, p. 69] was compiled from the same sources, but it refers only to the prefectures, departments and districts. The names of the ancient provinces of China, so frequently noticed in the Pen ts'ao kang mu, are not included. Bior in his Dictionnaire des noms anciens et modernes des villes, etc. dans l'empire chinois (1842), translated from the 廣東記 Kuang yū ki [see Bot. sin., I, p. 69], also does not give the names of the provinces, nor are they given in Playfair's Cities and Towns of China (1879).

- 1.一安陸 An lu. Pie lu.
- Early Han: hien. Now: Hu pei, Te an fu.
- 2.—安東 An tung. Ch'en Ts'Ang-K'i.
  Sung: chou. Now: Kiang su, Huai an fu, An tung
  hien.
  - 3.一章 安 Chang an. T'AO HUNG-KING.

Later Han: hien. Tsin dynasty: hien, depending on Lin hai kün [see infra, 192]. Now: Che kiang, T'ai chou fu.

4. 一章 武 Chang wu. Pie lu.

Later Han: hien, depending on Pu hai kün [see infra, 262]. Now: Chi li, T'ien tsin fu, Ts'ang chou.

5.—彰德 Chang te. Su Sung.

Wu tai : fu. Now : Ho nan, Chang te fu.

6.—長安 Ch'ang an. T'Ao Hung-king and K'ou Tsung-shi.
Ancient capital of China during the Han and T'ang
dynasties. Now: Shen si, Si an fu.

7.—昌陽 Ch'ang yang. Pie lu.

Early Han: hien. T'ang: hien. Now: Shan tung, Teng chou fu, Lai yang hien.

8.—常山 Ch'ang shan. Pie lu.

Han and Tsin: kün. Now: Chi li, Cheng ting fu. There is also a mountain of this name. See Medicinal plants, 141.

9.—朝鮮 Chao sien. Pie lu.

Ancient name for Corea since the Han dynasty and still in use.

10.—浙 Che. Su Sung and K'ou Tsung-shi.

We meet also with the terms 二渐 Rh Che or 雨渐 Liang Che, both meaning "the two Che," two provinces (lu) of China in the Sung period, viz. 浙西路 Che si lu (Western Che) and 浙東路 Che tung lu (Eastern Che), corresponding to present Che kiang and a part of Kiang su.

11. 一量 定 Chen ting. Pie lu.

Early Han: kuo. Now: Chi li, Cheng ting fu.

12.—岑州 Ch'en chou. T'Ao Hung-king [Med. plants, 314]. Not ascertained.

13.—陣留 Ch'en liu. Pie lu.

Early Han: kün. Now: Ho nan, K'ai feng fu, Ch'en liu hien.

14.—陣倉 Ch'en ts'ang. Pie lu.

Early Han: hien. Now: Shen si, Feng siang fu, Pao ki hien.

15.—鄭州 Cheng chou. Su Kung and Su Sung.

T'ang: chou, Sung: chou. Now: Ho nan, K'ai feng fu, Cheng chou.

16.—鄭山 Cheng shan. Pie lu.

According to T'AO HUNG-KING [Med. plants, 12] same as Nan cheng. See 226.

17.—儈 Ch'eng. T'Ao HUNG-KING.

Ancient name for Ho nan. See W.D., 31.

18. 一成州 Ch'eng chou. Su Kung and Su Sung.

T'ang, Sung: chou. Now: Kan su, Kie chou, Ch'eng hien.

19.—成德軍 Ch'eng te kün. Su Sung.

Not ascertained.

20. 一承 縣 Ch'eng hien. Pie lu.

Early Han: hien, in Tung hai kün. See 372.

Now: Shan tung, Yen chou fu, I hien.

21.—池州 Ch'i chou. Su Sung.

T'ang and Sung: chou. Now: An hui, Ch'i chou fu.

22. 一朱 厓 Chu yai. Pie lu [Med. plants, 118].

Later Han: hien. Now: Island of Hai nan, K'iung chou fu.

23. 一處州 Ch'u chou. Su Sung.

T'ang and Sung: chou. Now: Che kiang, Ch'u chou fu.

24.—楚 Ch'u (Ts'u) and 楚地 Ch'u ti (country). Pie lu. Wu P'u.

A large feudal state in the Chou dynasty occupying present Hu nan and Hu pei. Same as #1 King. See 145.

25. 一滁州 Ch'u chou. Su Sung.

T'ang and Sung: chou. Now: An hui, Ch'u chou.

26.- JI Ch'uan. Su Sung and Li Shi-chen.

Su Sung writes also 川蜀 Ch'uan Shu or 蜀川 Shu Ch'uan and 川西 Ch'uan si. All these names denote the western part of present Sz ch'uan. Comp. also 蜀 Shu [292] and 巴 Pa [235], which denotes the eastern part of present

Sz ch'uan and is also termed 川東 Ch'uan tung. Li Shichen [P., XXXII, 2, article 蜀椒] states:—川 Ch'uan is a general name for Pa and Shu. This country is also called 四川 Sz ch'uan (the four rivers), for four large rivers run through it, viz. the 岷水 Min shui, 沧水 T'o shui, 黑水 Hei (black) shui and 白水 Pai (white) shui. These are the four principal affluents of the Yang tsz' from the north. The Hei shui (otherwise called Kia ling) flows into the great river at Ch'ung k'ing fu [or according to modern maps it is an affluent of the Kia ling], the T'o shui at Lu chou and the Min shui at Sü chou fu.—The Pai shui seems to be the Ya lung kiang.

27.—莊 浪 Chuang lang. Li Shi-chen.

Now: Kan su, Liang chou fu, Chuang lang t'ing.

28.—終南 Chung nan. HAN PAO-SHENG.

A famous mountain in Southern Shen si, mentioned in the Shi king. Also Sung: hien. Now: Shen si, Si an fu, Chou chi hien.

29.—鍾山 Chung shan. Wu P'u.

Name of a mountain in Kiang su, Kiang ning fu.

Also: Sui, T'ang: hien. Now: Ho nan, Ju ning fu, Sin yang chou.

30. 一中 在. Chung mou. Pie lu and T'AO HUNG-KING.

Early Han: hien. Now: Ho nan, K'ai feng fu, Chung mou hien.

31.—中山 Chung shan. Pie lu.

This place is mentioned in the *Tso ch'uan*.—Early Han: kuo. Now: Chi li, Ting chou.—T'Ao Hung-king [Med. plants, 138] says it was in Tai [321], which was in N. Shan si.

32.—中臺 Chung t'ai. Pie lu [Med. plants, 313]. Not ascertained.

33.一中岳 Chung yo. Pie lu.

One of the five celebrated mountains, same as Sung shan [infra, 317].

34.—中原 Chung yüan. Pie lu.

A name for Ho nan. See W.D., 1133.

35.—房州 Fang chou. Su Kung, Chang Yü-si and Su Sung.

T'ang and Sung: chou. Now: Hu pei, Yün yang fu, Fang hien.

36.—房陵 Fang ling. Pie lu.

Early Han: hien. Now: Hu pei, Yün yang fu, Fang hien.

37.一飛鳥 Fei wu. Pie lu.

According to the Li tai, etc. the name appears first in the Sui dynasty: hien. Now: Sz ch'uan, T'ung ch'uan fu, Chung kiang hien.

38.—汾州 Fen chou. Ch'en Ts'Ang-k'i and Su Sung. T'ang and Sung: chou. Now: Shan si, Feng chou fu.

39.—鳳州 Feng chou. Su Sung.

Tang: chou. Now: Shen si, Han chung fu, Feng hien.

40.—馮 奶 Feng i. Pie lu.

One of the three prefectures of Ch'ang an, to the N.E. of the capital. See *infra*, 265, San fu.

41. 本高 Feng kao. Pie lu.

Early Han: hien. Now: Shan tung, T'ai an fu.

42.—浯都 Fou tu. Su Sung.

Not ascertained. Perhaps 溶州 Fou chou, which name exists since the Wu tai period. Now: Sz ch'uan, Ch'ung king fu, Fou chou.

43. 一郎 州 Fu chou. Su Kung and Su Sung.

T'ang and Sung: chou. Now: Shen si, Fu chou.

44.—扶風 Fu feng. T'AO HUNG-KING.

One of the three prefectures of Ch'ang an, to the N.W. of the capital. See *infra*, 265, San fu.

45.—健高 Fu kao. Pie lu.

Not ascertained.

46.—福州 Fu chou. Su Sung.

Tang and Sung: chou. Now: Fu kien, Fu chou fu.

47.—福禄縣 Fu lu hien. HAN PAO-SHENG.

Later Han: hien, Tang: hien. Now: Kan su, Su chou fu, Kao tai hien.

48.—海州 Hai chou. Su Sung.

Tang and Sung: chou. Now: Kiang su, Hai chou.

49.—海 濵 Hai pin. Pie lu [Med. plants, 139].

Hai pin means "sea-shore." The *Pie lu* intends a locality. In the *Li tai*, etc. the name Hia pin appears first in the Liao dynasty: *hien*. Now: Chi li, Yung p'ing fu, Fu ning hien.

50.—海西 Hai si. Pie lu.

Early Han: hien. Now: Kiang su, Hai chou.

51.—海鹽 Hai yen. TA MING [10th cent.].

Early Han, Tang and Sung: hien. Now: Che kiang, Kia hing fu, Hai yen hien.

52. - 漢 Han. Su Kung and Su Sung.

Han is the name of a river in Shen si and Hu pei, a northern tributary of the Yang tsz'.—Han was also an ancient name for Sz ch'uan. Liu Pang, the founder of the Han dynasty [B.C. 202], was prince of 漢 Han, which principality comprised 蜀 Shu and 巴 Pa (Western and Eastern Sz ch'uan). In the San kuo period [3rd cent.] 蜀 漢 Shu Han was one of the three kingdoms and occupied present Sz ch'uan.

53.—漢州 Han chou. Su Sung.

T'ang and Sung: chou. Now: Sz ch'uan, Ch'eng te fu, Han chou.

54. 一漢 中 Han chung. Pie lu and T'Ao HUNG-KING.

Ts'in and Han: province occupying the southern part of present Shen si (Han chung fu, etc.) and the N.W. of Hu pei.

55.—函谷 Han ku. Pie lu.

In Han ku Lao Tsz' wrote his *Tao te king*. See W.D., 163. The name was in use during the Ts'in dynasty. Now: Ho nan, Shen chou, Ling pao hien. Comp. also *infra*, 359, Ts'in kuan.

56.—邯 聞 Han tan. Pie lu and Wu P'u.

Ts'in: kün, Han: hien. Now: Southern Chi li, Kuang p'ing fu and Cheng te fu.

57.—寒石山 Han shi shan. Wu P'u.

Not ascertained.

58.—杭 Hang or 杭 州 Hang chou. Su Sung.

T'ang and Sung: chou. Now: Che kiang, Hang chou fu.

59.—濠 Hao. Su Sung.

Tang and Sung: chou. Now: An hui, Feng yang fu.

60.—黑水 Hei shui. T'AO HUNG-KING.

Name of one of the northern affluents of the Yang tsz' [v. supra, 26] in S. Kan su and N.E. Sz ch'uan. The Hei shui is mentioned in the Yü kung or Tribute of Emperor Yü.

61.—衡山 Heng shan. Pie lu and Su Sung.

One of the five sacred mountains of China, in Hu nan.

—Also name of a district. Tsin, T'ang and Sung: hien.

Now: Hu nan, Heng chou fu, Heng shan hien.

62.—歙州 Hi chou. Su Sung.

T'ang and Sung : chou. Now : An hui, Hui chou fu.

63.—下邳 Hia P'ei. Pie lu.

Early Han: hien. Now: Kiang su, Sü chou fu, P'ei chou.

64.—硖州 Hia chou, also written 峽州. Su Kung and Han Pao-sheng.

T'ang and Sung: chou. Now: Hu pei, I ch'ang fu.

65.—咸陽 Hien yang. Pie lu.

Hien yang was the residence of Ts'in Shi Huang-ti [B.C. 221]. It was situated near ancient Ch'ang an.

T'ang: hien. Now: Shen si, Si an fu, Hien yang hien.

66.—與州 Hing chou. Su Sung.

T'ang and Sung: chou. Now: Shen si, Han chung fu, Lo yang hien.

67.—興國 Hing kuo. Su Sung.

Sung: 軍 kün. Now: Hu pei, Wu ch'ang fu, Hing kuo chou.

68.—與元府 Hing yüan fu. Su Sung.

T'ang and Sung: fu. Now: Shen si, Han chung fu.

69. 一能耳 Hiung rh. Pie lu.

Name of a mountain in Ho nan, S.W. of Shen chou.

Also Sui: hien. Now: Ho nan, Ho nan fu, Yung ning hien.

69b.—合州 Ho chou. Su Kung and Su Sung.

T'ang: chou. Now: Sz ch'uan, Ch'ung k'ing fu, Ho chou.

70. 一合浦 Ho p'u. Nan fang ts'ao mu chuang.

Han: kün. South-west part of Kuang tung province. There is now Ho p'u hien in Lien chou fu.

71.—和州 Ho chou. Su Sung.

T'ang and Sung : chou. Now : An hui, Ho chou.

72.—河 Ho. Su Sung.

Ho, the Yellow River. The provinces near it, as Ho pei, Ho nan, Ho tung and Ho nei [see 78, 76, 80, 77] are likewise termed Ho.

73.—河州 Ho chou. Su Sung.

T'ang and Sung: chou. Now: Kan su, Lan chou fu, Ho chou.

74.—河中 Ho chung and 河中府 Ho chung fu. Su Kung and Su Sung.

T'ang and Sung: fu. Now: Shan si, P'u chou fu.

75.—河間 Ho kien. Pie lu.

Han: kūn. Now: Chi li, Ho kien fu.

#### 76.—河南 Ho nan. Pie lu.

Early Han:  $k\bar{u}n$ . Now: Ho nan fu in Ho nan province. The name Ho nan as that of a province dates from the Mongol period.

### 77.—河内 Ho nei. Pie lu.

Han: kün, occupied South-east Shan si and North Ho nan.
—Ho nei hien is now a district dependent on Huai kʻing fu.

78.—河北 Ho pei. T'Ao Hung-king, Su Kung and Su Sung.

Early Han: hien. Now: Shan si, Kie chou, Jui ch'eng hien.

In the Tang and Sung periods Ho pei was the name of a province (tao) and occupied South Chi li and West Shan tung.

### 79.—河西 Ho si. Pie lu.

According to the History of the Later Han, Ho si (west of the Yellow River) comprised the districts 武威 Wu wei, 張掖 Chang i, 酒泉 Tsiu ts'üan, 敦煌 Tun huang and 金城 Kin ch'eng, i.e. present Kan su from Lan chou fu to An si chou. Tou Yung [† A.D. 62. See Mayers' Chin. R. Man., 679] was Viceroy of Ho si.

## 80.--河東 Ho tung. Pie lu and Su Sung.

Ts'in and Han: kün. South-west corner of present Shan si. The province Ho tung in the Tang and Sung periods occupied almost the whole of present Shan si.

## 81.—河陽 Ho yang. Su Sung.

Early Han, T'ang and Sung: hien. Now: Ho nan, Huai k'ing fu, Meng hien.

### 82.—胡戎 Hu Jung. Li Shi-chen.

Western Barbarians. North-east Tibet, Kukonor.

83.—湖 Hu: The lakes, i.e. the lakes in Central China, especially the Tung ting hu, and the provinces south and north of it, 湖南 Hu nan and 湖北 Hu pei or 湖廣 Hu

kuang. All these appellations occur in the authors of the Sung period. In this period the present Hu kuang was divided into two provinces—荆湖南 King Hu nan and 荆湖北 King Hu pei. See infra, 147.

84.—湖湘 Hu siang. Su Sung.

A name for present Hu nan. See 307, sub Siang.

85.—華州 Hua chou. Su Kung.

T'ang and Sung: chou. Now: Shen si, T'ung chou fu, Hua chou.

86.—華山 Hua shan. Pie lu.

One of the sacred mountains of China, in Shen si, T'ung chou fu, Hua yin hien.

Also Pei Wei: kūn. Now: Shen si, T'ung chou fu.

87.—華陰 Hua yin. Pie lu.

Early Han: hien. Now: Shen si, T'ung chou fu, Hua yin hien.

88.—華原 Hua yüan. Su Kung.

Sui, T'ang and Sung: hien. Now: Shen si, Si an fu, Yao chou.

89.—淮 Huai. Su Sung.

Name of a great river in Mid China, between the Yang tsz' and the Yellow River. The name is also applied to the country north and south of it, present An hui and Kiang su. Huai is frequently coupled with Kiang [see 124], 淮江 Huai Kiang or also 江淮 Kiang Huai.

90.—淮南 Huai nan. Pie lu and Su Sung.

The Huai nan of the Early Han occupied the middle part of present Kiang su between the Yang tsz' and the Huai river. It was the 廣陵郡 Kuang ling kün of which the celebrated Liu An or Huai nan wang [† B.C. 122] was the feudal prince. [See Mayers' Chin. R. Man., 412.]

Tsin: Huai nan kün. Now: An hui, Feng yang fu.

T'ang and Sung: Huai nan, name of a province occupying the southern part of present An hui and Kiang su, *i.e.* the land between the Yang tsz' and the Huai.

91.—淮陽 Huai yang. Pie lu.

Early Han: kuo. Now: Ho nan, Ch'en chou fu.

Nan Sung: kün. Now: Kiang su, Huai an fu.

92.—淮源 Huai yüan. Pie lu.

In the *Li tai*, etc. this name is first mentioned in the Sui period: *hien*. Now: Ho nan, Ju ning fu, Sin yang chou.

93.—懷州 Huai chou. Su Sung.

T'ang and Sung: chou. Now: Ho nan, Huai k'ing fu.

94.一懷 慶 Huai king. Su Sung [Med. plants, 101].

According to the *Li tai*, etc. this name appears first in the Yüan period: *lu* (prefecture). Now: Ho nan, Huai king fu.

95.—槐里 Huai li. Pie lu.

Name of an ancient capital of China. "Bamboo annals" [Legge's Shu king, Proleg., 152]:—King E [B.C. 934-909] removed to Huai li.

In the Later Han Huai li was the chief city in the prefecture of 右扶风 Yu Fu feng. Now: Shen si, Si an fu, Hing p'ing hien.

96.—黃澤 Huang tse. Su Sung [Med. plants, 51].
Not ascertained.

97.—徽州 Hui chou. WAN KI [16th cent.]. Now: An hui, Hui chou fu.

98. 一會 稽 Hui ki. Pie lu and T'AO HUNG-KING.

Hui ki was originally the name of the capital of the ancient kingdom of Yüe [v. infra, 418].

Ts'in: province, Eastern Che kiang and Southern Kiang su.

Han and Tsin: kün. Now: Che kiang, Shao hing fu.

99.—弘農 Hung nung. Pie lu.

Early Han: kūn. In the North-west part of Ho nan, Ho nan fu and Shen chou, and Shen si, Hua chou.

100.—霍山 Huo shan. Pie lu.

According to T'AO HUNG-KING [Med. plants, 266] this is the same as the Heng shan mountain in Hu nan. See 61.

101.—易州 I chou. HAN PAO-SHENG.
T'ang and Sung: chou. Now: Chi li, I chou.

102.—益州 I chou. Pie lu, Wu P'u and T'Ao Hung-king.

In the Han period I chou, name of a province, occupying present Sz ch'uan, a part of Kui chou and Yün nan. I chou was then also the name of a kün = present Yün nan.—Tsin dynasty: I chou, name of a province = present Sz ch'uan and part of Kui chou.

103.—宜州 I chou. Su Kung and Su Sung.

T'ang and Sung: chou. Now: Kuang si, K'ing yüan fu.

104.—宜都 I tu. T'AO HUNG-KING.

Tsin: kün. Now: Hu pei, King chou fu, I tu hien and I ch'ang fu.

105.—翼州 I chou. Su Kung.

T'ang: chou. Now: Sz ch'uan, Lung an fu.

106.—沂州 I chou. Su Sung.

T'ang and Sung : chou. Now : Shan tung, I chou fu.

107.—義陽縣 I yang hien. T'Ao HUNG-KING.

Tsin: hien. Now: Ho nan, Nan yang fu, T'ung po hien.

108.—伊陽縣 I yang hien. K'ou Tsung-shi.

T'ang: hien. Now: Ho nan, Ho nan fu, Sung hien. The present I yang hien lies east of Sung hien.

109.—饒州 Jao chou. K'ou Tsung-shi.

T'ang and Sung : chou. Now : Kiang si, Jao chou fu.

110.—汝南 Ju nan. Pie lu.

Early Han: kün. Now: Ho nan, Ju ning fu.

111.—潤州 Jun chou. Su Kung and Su Sung.

T'ang and Wu tai: chou. Now: Kiang su, Chen kiang fu, Tan t'u hien.

112.—戎州 Jung chou. Su Sung.

T'ang and Sung: chou. Now: Sz ch'uan, Sü chou fu.

113.—開州 K'ai chou. Su Kung.

T'ang : chou. Now : Sz ch'uan, K'ui chou fu, K'ai hien.

114.—甘松 Kan sung. T'AO HUNG-KING.

Nan Ts'i: kün. Now: Sz ch'uan [unknown in what part of it].

115.—藁城 Kao ch'eng. Pie lu.

Early Han: hien. Now: Chi li, Cheng ting fu, Kao ch'eng hien.

116.—高麗 Kao li. T'Ao HUNG-KING.

Northern part of present Corea. Mentioned in the Chinese annals since the 5th century.

117.—高良 Kao liang or 高京 Kao liang. Pie lu.

Early Han: hien. Now: Kuang tung, Ch'ao king fu, Yang kiang hien. Biot [56] identifies Kao liang with Kao chou fu, which lies west of Yang kiang hien.

118.—高山 Kao shan. Pie lu.

Early Han: hien. In present Kiang su [unknown in what part of it].

119. 一靠 州 Ki chou. T'AO HUNG-KING and SU SUNG.

Han: province = Northern Chi li.—Tang and Sung: chou. Now: Ki chou in Chi li.

120.—岐州 K'i chou. Su Kung.

Sui: chou. Now: Shen si, Feng siang fu [see Biot, 23].

121. 一蘄 州 K'i chou. Li Shi-chen.

Now: Hu pei, Huang chou fu, K'i chou.

122.—嘉州 Kia chou. Su Sung.

T'ang and Sung : chou. Now : Sz ch'uan, Kia ting fu.

123.—絳州 Kiang chou. Su Sung.

T'ang and Sung: chou. Now: Shan si, Kiang chou.

124.- I Kiang. Su Kung and Su Sung.

Kiang is the Chinese name of the great river in Mid China, which Europeans are accustomed to term Yang tsz' kiang. It denotes also the provinces of Mid China, situated south of the Yang tsz'.

Southern Sung and Nan Ts'i: 江 Kiang or 江州 Kiang chou, name of a province, occupying modern Kiang si and a part of Fu kien and Hu pei. The Pie lu, Kuo P'o and T'AO HUNG-KING use the name 江南 Kiang nan (South of the Kiang) to designate the regions south of the Kiang. The term 江東 Kiang tung (East of the Kiang) in the San kuo period [3rd cent.] referred to the eastern part of the same regions, i.e. Southern An hui, Kiang su, Che kiang.

In the Tang period 江南 Kiang nan was a vast province (tao) occupying present Hu nan, Kiang si, Southern An hui and Kiang su, Che kiang, Fu kien. In A.D. 734 Kiang nan was divided into two provinces—江南西道 Kiang nan si (western) tao and 江南東道 Kiang nan tung (eastern) tao. The latter occupied present Fu kien, Che kiang and the southern part of Kiang su.—The same names subsisted during the Sung dynasty, only the provinces were much smaller. 江南西路 Kiang nan si lu corresponded to present Kiang si and 江南東路 Kiang nan tung lu to the southern half or An hui.

The terms 江西 Kiang si and 江右 Kiang yu (right hand), frequently used by the authors of the T'ang and Sung,

have the same meaning as 江南西 Kiang nan si,—and 江東 Kiang tung or 江左 Kiang tso are used for 江南東 Kiang nan tung. 126

Now 江南 Kiang nan means the provinces of An hui and Kiang su.

125.—江州 Kiang chou. Su Sung.

Tang and Sung: chou. Now: Kiang si, Kiu kiang fu.

126.—江夏 Kiang hia. Pie lu.

Early Han: kūn. Now: Hu pei, Te an fu.

127.—江林 Kiang lin mountains. Pie lu.

According to T'AO HUNG-KING [Med. plants, 141] same as Kiang yang mountains [see 130].

128.—江陵府 Kiang ling fu. Su SUNG.

T'ang and Sung: fu. Now: Hu pei, King chou fu.

129.—江寧 Kiang ning. T'Ao Hung-king, Ch'en Ts'Ang-k'i and Su Sung.

Tsin: hien, Sui: hien, Sung: fu. Now: Kiang su, Kiang ning fu (Nan king).

130.—江陽 Kiang yang. T'AO HUNG-KING.

Early Han: hien, Tsin: kün. Now: Sz ch'uan, Lu chou.

Also Nan Sung: kün. Now: Sz ch'uan, Mei chou, P'eng shan hien.

131.—羌 K'iang. Pie lu and T'AO HUNG-KING.

North-east Tibet, Kukonor. See 300, Si K'iang.

132.—交 Kiao or 交州 Kiao chou. Pie lu, T'Ao Hung-king and Su Kung.

williams [Dict., 362] is wrong in translating 江 右 and 江 左 by south and north sides or right and left banks of the Yang tsz' river. Right and left (or west and east) are here to be understood as referring to Kiang nan or the country south of the Kiang and in the same sense as in 山 右 Shan yu, the province of Shan si, and 山 左 Shan tso, the province of Shan tung. See W.D. 1002.

Han: province = present province of Kuang tung and part of Kuang si.

San kuo, Tsin and Nan Ts'i: province = South-west part of Kuang tung.

133.—交趾 Kiao chi. Pie lu and T'Ao Hung-King. Ancient name for Cochinchina. Han period.

134.—喬山 K'iao shan. Pie lu.
A mountain in Shen si. See Med. plants, 86.

135.—解州 Kie chou. Su Sung.

Early Han: hien. Wu tai and Sung: chou. Now: Shan si, Kie chou.

136.—劍南 Kien nan. Su Kung.

T'ang: name of a province occupying the greater part of present Sz ch'uan.

137.—建康 Kien k'ang. LI SHI-CHEN.

Capital of the Tsin dynasty [A.D. 317]. Now: Nan king in Kiang su.

138.—建寧 Kien ning. LI SHI-CHEN.

Yüan: lu, Ming: fu. Now: Kien ning fu, in Fu kien.

139. 一建平 Kien p'ing. T'AO HUNG-KING.

Tsin: kün. Now: Hu pei, Shi nan fu and a part of K'ui chou fu in Sz ch'uan.

In the Han dynasty Kien p'ing was in Ho nan, now Kui te fu.

Nan Ts'i: Kien p'ing in Yün nan.

140.—犍為 Kien wei. Pie lu.

Early Han: kün. Part of present Sz ch'uan: Kia ting fu, Sü chou fu, etc., and north-east corner of Yün nan.

141.—黔 K'ien. Su Sung.

T'ang and Sung: chou. Northern part of present province Kui chou [Sz' nan fu, etc.].

142.—黔中 K'ien chung. HAN PAO-SHENG.

Ts'in: province = W. part of present Hu nan and E. Kui chou.

T'ang: province. About the same extent.

143. - 全州 Kin chou. Su Kung and Su Sung.

T'ang and Sung : chou. Now : Shen si, Hing an fu.

144. 一欽 州 K'in chou. Su Sung and Li Shi-chen.

Sung: chou. Now: Kuang tung, Lien chou fu, Ling shan hien. Present K'in chou lies south of Ling shan hien.

145.—荊 K'ing, an ancient feudal state, same as 楚 Ch'u [see above, 24]. The Shi king writes 荊 楚 King Ch'u, as does also the Pie lu. It corresponds to the present provinces Hu nan and Hu pei and to King chou in the Tribute of Yü.

146.—荆州 King chou. Pie lu, Su Kung and Su Sung.

King chou was one of the ancient nine provinces, as enumerated in the Tribute of Yu, Hu nan, Hu pei and a part of Ho nan.

King chou was a province, of about the same extent, during the Han, Tsin and Sui.

Since the Wu tai period King chou name of a prefecture. Now: King chou fu in Hu pei.

147.—荊湖 King hu. Su Sung.

Name of two provinces in Central China during the Sung dynasty, viz.:—

莉湖北 King hu pei (northern) = North Hu nan and greater part of Hu pei.

荆湖南 King hu nan (southern) = South Hu nan.

148.—荊南 King nan. Su Sung. Probably King hu nan [see 147].

149.- 荊 山 King shan. Pie lu.

Not found in Li tai, etc. BIOT [81] says: -King shan,

an old eity founded in the Liang dynasty in present An hui, Feng yang fu, north of Huai yüan hien.

Su Kung [Med. plants, 152] mentions 荊山縣 King shan hien, a district in Siang chou in Hu pei [see 305]. Not in the Li tai, etc.

150.-京兆 King chao. Pie lu.

One of the three prefectures which comprised and surrounded the imperial city Ch'ang an [Shen si, Si an fu] in the time of the Early Han. See 265, San fu.

151.—京 口 King k'ou.

According to the Kuang yū ki, 京口鎮 Kin k'ou chen was an ancient name for Chen kiang fu in Kiang su.

152.—京洛 King Lo. K'ou Tsung-shi.

A name for Lo yang, the ancient capital of China, in Ho nan. See 201.

153.—涇州 King chou. Su Kung.

T'ang and Sung : chou. Now : Kan su, King chou.

154.—九 眞 Kiu chen. Pie lu.

Han: kün. In the northern part of Cochinchina.

155.—九疑 Kiu i. Pie lu.

Name of a mountain. Kiang si, Yüan chou fu.

156.—九 具 Kiu kü. Pie lu.

Not ascertained.

157.—九原 Kiu yüan. Li Shi-chen.

Ts'in: kün. In the north-west corner of the Ordos.

Han: hien. North of the Ordos in 五原郡 Wu yüan kün.

158.—關 Kuan, 關 中 Kuan chung. Su Kung and Su Sung.

Kuan = a pass or barrier. Here the celebrated defile 達閣 T'ung kuan in Shen si, near the elbow of the Yellow River, is meant. Kuan chung means "within the pass." This

term was also used in the Ts'in dynasty to designate Shen si and Kan su. Kuan is frequently used for Kuan chung. 圆页 Kuan si (west of the barrier) has the same meaning. 圆页 Kuan nei (within the barrier) was the name of a province during the T'ang dynasty occupying the greater part of present Shen si and Eastern Kan su.

K'ou Tsung-shi uses the term 關 陝 Kuan Shen for Shen si.

159.—觀州 Kuan chou. Su Sung.

Sung. chou. Now: Kuang si, K'ing yüan fu, Nan tan chou.

According to Biot [251] Kuan chou, in the Sui dynasty, was in Chi li, present Tung kuan hien in Ho kien fu.

160.—廣 Kuang or 廣州 Kuang chou. T'AO HUNG-KING, Su Sung and Li Shi-chen.

Tsin: Kuang chou, name of a province comprising the greater part of present Kuang tung and Kuang si.

Since the T'ang dynasty the name Kuang chou is applied to present Kuang chou fu or Canton.

Nowadays 廣 Kuang means the provinces of Kuang tung and Kuang si, also 兩 廣 Liang (two) Kuang.

161.—廣漢 Kuang Han. Pie lu.

Early Han: kūn. In present Sz ch'uan, occupying Ch'eng tu fu, Pao ning fu, Lung an fu, T'ung ch'uan fu and Mien chou.

162.—廣南 Kuang nan. Su Sung.

Sung: province. Present Kuang tung and part of Kuang si.

163.—光州 Kuang chou. Su Sung.

Tang, Sung, Yuan and Ming: chou. Now: Ho nan, Kuang chou.

164.—桂州 Kui chou. T'Ao Hung-king and Su Kung. Liang and T'ang: chou. Now: Kuang si, Kui lin fu.

165.—桂林 Kui lin. Pie lu and Ch'EN Ts'ANG-K'I.

Ts'in: province. North-east part of modern Kuang si, of which Kui lin fu is now the capital.

166.—桂 嶺 Kui ling. Ch'en Ts'Ang-K'I [Med. plants, 303.]

Mountain chain in Kuang si. On Klaproth's map it is marked east of P'ing lo fu.

167.—桂陽 Kui yang. Pie lu and T'AO HUNG-KING.

Early Han: kün. South-east part of Hu nan and a part of Kuang tung province.

Tsin: hien, dependent on Shi hing kün [see 289].

Now: Hu nan, Kui yang chou.

168.—媽州 Kui chou. HAN PAO-SHENG.

T'ang and Sung: chou. Now: Chi li, Süan hua fu, Huai lai hien.

169.—歸州 Kui chou. Su Sung.

T'ang and Sung: chou. Now: Hu pei, I ch'ang fu, Kui chou.

170.—夔州 K'ui chou. Su Sung.

T'ang and Sung : chou. Now : Sz ch'uan, K'ui chou fu.

171.—崑崙 K'un lun. Su Kung.

Name of a celebrated mountain chain north of Tibet. By the same name in ancient times [T'ang period] the island Pu lu Condor was designated. See my memoir on the Arabs [14].

172.—均州 Kün chou. Su Sung.

T'ang and Sung: chou. Now: Hu pei, Siang yang fu, Kün chou.

173. 一號 州 Kuo chou. Su Kung.

Tang: chou. Now: Ho nan, Shen chou, Ling pao hien.

174.—蘭陵 Lan ling. T'AO HUNG-KING.

Han and Tsin: hien. Now: Shan tung, Yen chou fu, I hien.

Also Nan Sung: hien. Now: Kiang su, Ch'ang chou fu.

175.一藍田 Lan tien. Pie lu and Su Kung.

Early Han: hien, T'ang: hien. Now: Shen si, Si an fu, Lan t'ien hien.

176.—郎陵 Lang ling. Pie lu.

Early Han: hien. Now: Ho nan, Ju ning fu, K'io shan hien.

177.—狼山 Lang shan. T'Ao HUNG-KING.

Early Han: hien. In the Tsin period it depended on I tu kün [see 104]. Now: Hu pei, I ch'ang fu, Ch'ang yang hien.

178.—郵 琊 Lang ye. Pie lu. Han authors.

Ts'in: province. South-east part of Shan tung on the sea-shore. Han, Tsin and Sui: kün. Now: Shan tung, I chou fu.

179.— 年山 Lao shan. Ch'en Tsz'-ming [13th cent.]. Nan Ts'i: hien. Now: Hu pei, Te an fu.

180.—勞山 Lao shan. K'ai pao Pen ts'ao.

There is a mountain of this name in Shan tung, Lai chou fu.

181.—雷池 Lei ch'i. Pie lu.

Not ascertained. Probably identical with the next.

182.—雷 澤 Lei tse. Pie lu.

Probably the marsh 雷夏 Lei hia in Shan tung, Ts'ao chou fu, P'u chou, which is mentioned in the Tribute of Yü.

In the Li tai, etc. we find Lei tse. Sui: hien. Now: Shan tung, Ts'ao chou fu, P'u chou.

183.—圖縣 Li hien. T'AO HUNG-KING.

The Li tai, etc. mentions a district of this name in the T'ang period.

Now: Ho nan, Nan yang fu, Nei hiang hien.

184. —利州 Li chou. K'ai pao Pen ts'ao.

Tang and Sung: chou. Now: Sz ch'uan, Pao ning fu, Kuang yüan hien. Sung dynasty: Li chou, name of province (lu). It occupied North-east Sz ch'uan and South Shen si.

185.—禮州 Li chou. Su Kung and Su Sung. Tang and Sung: chou. Now: Hu nan, Li chou.

186.—歷陽 Li yang. T'Ao Hung-King. Later Han: hien. Now: An hui, Ho chou.

187.—梁 Liang, 梁州 Liang chou. Pie lu, Wu P'u and Su Kung.

Liang chou was one of the nine provinces of ancient China mentioned in the Tribute of Yü: present Sz ch'uan and parts of Hu pei and Shen si. In the Ch'un ts'iu period Liang was a small feudal state in present Shen si.

Han, Tsin and Sui: Liang = kuo, subsequently  $k\bar{u}n$ . Now: Ho nan, Kui te fu. San kuo period, Tsin, Nan Sung and Sui: Liang chou, name of a province occupying Northeast Sz ch'uan, parts of Shen si and Hu pei.

Pei Wei: Liang chou, a prefecture. Now: K'ai feng fu in Ho nan.

- 188.—梁 漢 Liang Han. MA CHI [Med. plants, 228]. Probably Sz ch'uan is meant. See Liang and Han.
- 189.—凉州 Liang chou. T'AO HUNG-KING and SU KUNG. San kuo period: name of a province in the Wei kingdom. Southern Kan su.—T'ang and Sung: prefecture, chou. Now: Kan su, Liang chou fu.
  - 190.—遼州 Liao chou. HAN PAO-SHENG and SU SUNG. Tang and Sung: chou. Now: Shan si, Liao chou.

191.—遼東 Liao tung. Pie lu.

Ts'in and Han: name for the country east of the Liao river, Southern Manchuria.

192.—臨海 Lin hai. T'AO HUNG-KING.

Tsin: kün. Now: Che kiang, T'ai chou fu, Lin hai hien.

193.—臨朐 Lin k'ü. Pie lu.

From the Early Han down to the present dynasty: hien. Now: Shan tung, Ts'ing chou fu, Lin k'ü hien.

194. 一篇 淄 Lin tsz'. Pie lu and Su Kung.

Since the Early Han: hien. Now: Shan tung, Ts'ing chou fu, Lin tsz' hien.

195.—靈州 Ling chou. HAN PAO-SHENG.

Since the Tang period: chou. Now: Kan su, Ning hia fu, Ling chou.

196.—零陵 Ling ling. Pie lu and MA CHI.

Early Han: kün, occupying a part of Hu nan, viz. Ch'ang sha fu, Heng chou fu, Pao k'ing fu, Yung chou fu and of Kuang si: Kui lin fu. T'ang: chou. Now: Hu nan, Yung chou fu.

197.—端南 Ling nan. HAN PAO-SHENG and SU SUNG.

Ling nan means "south of the mountain range," i.e. the Mei ling range, etc. which separate the southern provinces (Kuang tung and Kuang si) from Mid China. These regions are sometimes also termed 資表 Ling piao, which has a similar meaning.

Tang dynasty: Ling nan, name of a province, tao, occupying present Kuang tung and Kuang si.

198.—柳城 Liu ch'eng. Su Sung.

Sung and Yüan: hien. Now: Kuang si, Liu chou fu, Liu ch'eng hien.

Also Han and T'ang: hien. Now: Chi li, Yung p'ing fu.

199.—柳州 Liu chou. Ch'en Ts'ang-k'i and Han Paosheng.

T'ang and Sung: chou. Now: Kuang si, Liu chou fu.

200. 一六安 Liu an. Pie lu.

Early Han: kuo. Now: An hui, Liu an chou.

201.—洛陽 Lo yang or simply 洛 Lo. Su Sung.

The ancient (eastern) capital of the Han dynasty, near present Ho nan fu. During the Pei Wei dynasty it was a prefecture, 洛州 Lo chou.

202.—魯 Lu. Pie lu and Su Sung.

Name of an ancient feudal state in South-west Shan tung, the native country of Confucius.

203.— 魯山 Lu shan. Pie lu.

Name of a mountain in Ho nan, Chang te fu.

Tang: hien. Now: Ho nan, Ju chou, Lu shan hien.

204. 一路 州 Lu chou. Su Kung and Su Sung.

T'ang, Wu tai and Kin: chou. Now: Lu an fu in South-east Shan si.

205.—鹿臺 Lu t'ai. Su Kung.

Not ascertained.

206.—廬州 Lü chou. Su Sung.

T'ang, Sung and Yüan : chou. Now : An hui, Lü chou fu.

207.—廬江 Lü kiang. Pie lu.

Early Han: kün. Now: An hui, Lü chou fu, Lü kiang hien.

208.—廬陵 Lü ling. T'Ao Hung-KING.

Tsin: kün. Now: Kiang si, Ki an fu, Lü ling hien.

209.—廬山 Lü shan. Su Sung.

Mountain in Kiang si near Kiu kiang fu.

210. 一龍 州 Lung chou. Su Kung and Su Sung.

T'ang and Sung: chou. Now: Kuang si, T'ai p'ing fu, Lung chou t'ing. Also T'ang and Wu tai: chou. Now: Sz ch'uan, Lung an fu.

211.— 龍門 Lung men. Pie lu.

According to T'AO HUNG-KING [Med. plants, 110] north of Ch'ang an or Si an fu in Shen si.

212.— 龍門山 Lung men shan. Li Shi-Chen [Med. plants, 152]. A mountain in North China.

213.— 龍山 Lung shan. Su Kung.

T'ang: hien, which was in Chi li near present Peking.

214.— 龍洞 Lung tung. T'Ao HUNG-KING.

Not ascertained.

215.—隴州 Lung chou. Su Sung.

T'ang and Sung: chou. Now: Shen si, Feng siang fu, Lung chou.

216.—隴西 Lung si. Pie lu, T'Ao Hung-king and Su Kung.

Etung was the name of a mountain in West Shen si, in Feng siang fu, Lung chou. Lung si, or West of Lung, was the name of a province in the Ts'in dynasty. It occupied the middle part of present Kan su, the prefectures of Kung ch'ang fu and Lan chou fu.—Han and Tsin: kün, T'ang: hien. There is now Lung si hien in Kung ch'ang fu.

217.—蠻洞 Man tung. Su Sung.

An ancient name for Nan tan chou in K'ing yüan fu, Kuang si. See Biot, 135.

218.—茅山 Mao shan. T'AO HUNG-KING and SU SUNG.

A celebrated mountain in Kiang su, south-east of Kü yung hien and Nan king.

219.—眉州 Mei chou. Su Kung, Su Sung and Li Shi-CHEN.

T'ang and Sung: chou. Now: Sz ch'uan, Mei chou.

220.-孟州 Meng chou. Su Sung.

T'ang and Sung: chou. Now: Ho nan, Huai k'ing fu, Meng hien.

221.—綿州 Mien chou. Su Kung.

T'ang: chou. Now: Sz ch'uan, Mien chou.

222.—閩 Min. Su Sung and Li Shi-chen.

Ancient name of the province of Fu kien. In the Ts'in period it was 閩中 Min chung.

223.—岷州 Min chou. K'ou Tsung-shi.

Since the Sung period: chou. Now: Kan su, Kung ch'ang fu, Min chou.

224.—明州 Ming chou. Su Sung.

T'ang and Sung: chou. Now: Che kiang, Ning po fu.

225.—茂陵 Mou ling. Li Shi-chen.

Early Han: hien. Now: Shen si, Si an fu, Hing p'ing hien.

226. 一南 鄭 Nan cheng. Pie lu and T'AO HUNG-KING.

Early Han: hien. Now: Shen si, Han chung fu, Nan cheng hien.

227. 一南方 Nan fang. Su Sung.

Nan fang means "Southern Region." By this term South China is generally understood, but sometimes also foreign southern countries.

228.—南海 Nan hai. Pie lu and Li Sün.

Ts'in: province, Han: kūn. Now: Kuang tung, Kuang chou fu (Canton). Nan hai properly means "Southern Sea," and sometimes we have to understand by this term the Indian Archipelago. [See Med. plants, 58.]

229.—南康 Nan k'ang. T'AO HUNG-KING.

Tsin, Nan Sung and Sui: kün. Now: Kiang si, Kan chou fu.

Tsin and down to the Ming period: hien. Now: Kiang si, Nan an fu, Nan k'ang hien.

Sung: kūn (軍), Yüan: lu, Ming: fu. Now: Kiang si, Nan kʻang fu.

230. 一南山 Nan shan. Su Kung.

T'ang: hien. Now: Kuang si, K'ing yüan fu, Hin ch'eng hien.

It seems, however [Med. plants, 109] that Su Kung by Nan shan (southern mountains) means a mountain chain in South Shen si, probably the Chung nan shan [supra, 28].

231.—南陽 Nan yang. Pie lu and T'Ao Hung-King. Early Han: kün. Now: Ho nan, Nan yang fu.

232.—南要 Nan yao. Pie lu.

According to T'AO HUNG-KING [Med. plants, 32] a locality in North-east Tibet.

233.—南越 Nan Yüe. Wu P'u.

An ancient name for South China first appearing in the Ts'in period. Comp. MARQUIS D'HERVEY DE ST. DENYS' Ethn. d. peuples étrang. Méridionaux [p. 307].

234.—寧州 Ning chou. T'Ao Hung-king, Su Kung and Han Pao-sheng.

Tsin: Ning chou = province, present Yun nan and part of Kui chou. Nan Sung: province, present Yun nan and S. Sz ch'uan.

T'ang and Sung: chou (prefecture). Now: Kan su, K'ing yang fu, Ning chou. In the Sung period there was also a Ning chou in Sz ch'uan.

235.—巴 Pa and 巴郡 Pa kün. Pie lu.

Ts'in: kün, province. Eastern part of Sz ch'uan. Comp. also 26, Ch'uan.

236.—巴西 Pa si (western). Pie lu and Su Kung.

Tsin: kün, occupied Pao ning fu, Shun king fu and Mien chou in Sz ch'uan.

237.—巴東 Pa tung (eastern). T'AO HUNG-KING.

Tsin: kün, occupied K'ui chou fu in Eastern Sz ch'uan and part of Hu pei. There is now in West Hu pei the district Pa tung hien depending on I ch'ang fu.

238.— 白山 Pai shan. T'Ao Hung-King [Med. plants, 12]. A mountain near Nan king.

239.— 白水 Pai shui. Pie lu.

One of the four great rivers of Sz ch'uan. See 26.

Pai shui, Early Han: hien. Now: Sz ch'uan, Pao ning fu, Chao hua hien. There is now a district Pai shui in T'ung chou fu, Shen si. According to Biot [156] this name dates from the Ts'in dynasty.

240.—板橋 Pan k'iao. T'AO HUNG-KING.

From T'AO HUNG-KING [Med. plants, 100] it would appear that this locality was near Nan king.

In the Sung period there was a fort Pan k'iao in Sz ch'uan, in present Lu chou fu.

241.一般 陽 Pan yang. Pie lu.

Early Han: hien. Now: Shan tung, Tsi nan fu, Tsz' ch'uan hien.

242. 一抱 罕 Pao han. T'AO HUNG-KING.

Early Han: hien. Now: Kan su, Lan chou fu, Ho chou.

243.—北郡 Pei kün. T'Ao HUNG-KING.

Not ascertained.

244.—北部 Pei pu. Wu P'u and T'Ao Hung-King.

Nan Ts'i: kün. Now: Mou chou in Sz ch'uan.

Pei Wei: hien. Now: Kie chou in Kan su.

245.—北地 Pei ti. Su Sung.

Pei ti means "northern country, North China." But in the Ts'in and Han dynasties there was a kün Pei ti which occupied K'ing yang fu, P'ing liang fu, Ning hia fu in Kan su and a part of Shen si. 246.—北都 Pei tu. T'AO HUNG-KING.

In the T'ang period Pei tu (northern capital) was a name for T'ai yüan fu in Shan si.

247.—彭城 P'eng ch'eng. T'AO HUNG-KING.

Early Han and Tang: hien. Now: Kiang su, Sü chou fu.

248.—汴 Pien or 汴京 Pien king; also 汴梁 Pien liang. Su Sung.

T'ang and Wu tai: 沖州 Pien chou. During the Sung period it had the above names and was the capital of the Sung. Now: K'ai feng fu in Ho nan.

249.— 汴西 Pien si or 汴京西 Pien king si (west of the capital). Su Sung and K'ou Ts'ung-shi.

Sung: name of a province (lu) — Ho nan and parts of Shen si and Hu pei.

250.—汴東 Pien tung or 汴京東 Pien king tung (east of the capital). Su Sung.

Sung: name of a province (lu) == present Shan tung.

251.—瀕 or 渲 Pin. Su Sung.

Wu tai, Sung: chou. Now: Shan tung, Wu ting fu, Pin chou.

252.—實州 Pin chou. Su Sung.

T'ang: chou. Now: Kuang si, Sz' en fu, Pin chou.

253.—并州 Ping chou. T'AO HUNG-KING, HAN PAO-SHENG and Su Sung.

Ping chou was one of the nine provinces in the Chou dynasty, occupying North Shan si. Same during the Han and Tsin dynasties.

Wu tai: Ping chou, a prefecture, not ascertained, probably in Chi li.

254.—平昌 Ping chiang. Authors of the Han and Tsin dynasties.

Name applied during the Han, Nan Sung and Pei Wei to various districts in Shan tung, An hui, Chi li, Ho nan and Shan si. 255. — 平 州 Ping chou. HAN PAO-SHENG.

T'ang, Wu tai, Sung and Kin: chou. Now: Chi li, Yung p'ing fu, Lu lung hien.

256.—平壽 P'ing shou. Pie lu.

Early Han: hien. Now: Shan tung, Lai chou fu, Wei hien.

257.—平陽 P'ing yang in 晋 Tsin. Pie lu.

Early Han: hien. Now: Shan si, P'ing yang fu.

258.—平原 P'ing yüan. Pie lu.

Early Han: kün. Now: Shan tung, Tsi nan fu, Pʻing yüan hien.

259.—臺 Po. Su Sung.

T'ang and Sung: chou. Now: An hui, Ying chou fu, Po chou.

260. 一博 平 Po p'ing. Su Kung and Su Sung.

Early Han: hien, T'ang: hien, Sung: hien. Now: Shan tung, Tung ch'ang fu, Po p'ing hien.

261.—百濟 Po tsi. T'AO HUNG-KING.

An ancient kingdom in the south-west of Corea. First mentioned in the History of the Later Han.

262.—渤海 Pu hai. Pie lu.

Early Han: kün. Now: Chi li, T'ien tsin fu, Ts'ang chou.

263.—濮陽縣 Pu yang hien. CHANG YÜ-HI.

From the Early Han down to the Yüan period: hien. Now: Chi li, Ta ming fu, K'ai chou.

264.—蒲州 P'u chou. Su Kung.

Since Wu tai : chou. Now : P'u chou fu in Shan si.

265.—三輔 San fu. FAN TSZ' KI JAN.

The three prefectures surrounding and comprising the imperial city Ch'ang an of the Han dynasty:—

- 1.—京兆 King chao [see 150].
- 2.—馮 翊 Feng i [see 40].
- 3.—扶風 Fu feng [see 44].

266.—沙州 Sha chou. Li Sün and Su Kung.

Tang: chou. Now: Kan su, An si chou, Tun huang hien.

267.—沙 苑 Sha yüan. Pie lu and Su Sung.

In the *Li tai*, etc. a place Sha yüan first appears in the Sung dynasty. It was in Shen si in T'ung chou fu.

268.—山南 Shan nan. Pie lu, K'ai pao Pen ts'ao and Li Shi-chen.

Not found in the *Li tai*, etc. In the T'ang period 山南道 Shan nan tao, name of a province south of the Ts'ing ling mountains, *i.e.* Southern Shen si and part of Ho nan.

269.—山東 Shan tung. Su Sung and K'ou Tsung-shi.

Not ascertained for the Sung period. I do not think that the present province of Shan tung is meant. As applied to these regions, this name first appears in the geography of the Kin, in the 12th century.

270.—山陽 Shan yang. Pie lu.

Early Han: kün. Now: Shan tung, Tsi ning chou, Kin hiang hien.

Also Early Han: hien. Now: Ho nan, Huai king fu, Siu wu hien.

There is now a district Shan yang hien in Shen si. Shang chou. This name dates from the Ming period. The same name, now applied to a district in Huai an fu, in Kiang su, can be traced to the Nan Sung dynasty.

271.—山陰 Shan yin. Pie lu.

Early Han: hien. Now: Che kiang, Shao hing fu, Shan yin hien.

The present district Shan yin hien in Ta t'ung fu, Shan si, dates from the Kin period.

272.- 上 谷 Shang ku. Pie lu.

Ts'in, Han, Tsin and Sui: kün. Now: North-west part of Chi li, west of Peking.

273.—上部 Shang kün. Pie lu and T'AO HUNG-KING.

Ts'in, Han and Sui: kun. North-east part of Shen si, Yen an fu, Yu lin fu.

274.—上洛 Shang lo. Pie lu.

Early Han: hien. Now: Shen si, Shang chou.

275.—上黨 Shang tang. Pie lu.

Ts'in, Han, Tsin and Sui: kün. South-east part of Shan si and Chang te fu in Ho nan.

276.—上 蔡 縣 Shang ts'ai hien. Pie lu and Su Sung.

Since Early Han: hien. Now: Ho nan, Ju ning fu, Shang ts'ai hien.

277.—上 虞 Shang yü. Pie lu.

Early Han: hien. Now: Che kiang, Shao hing fu, Shang yü hien.

But T'AO HUNG-KING [Med. plants, 317] thinks that the Shang yii of the Pie lu is a locality near the Yellow River.

278.—商州 Shang chou. Su Kung and Su Sung.

T'ang and Sung: chou. Now: Shen si, Shang chou.

279.—韶州 Shao chou. Su Kung and Su Sung.

T'ang and Sung: chou. Now: Kuang tung, Shao chou fu.

280.—邵陵 Shao ling. T'Ao HUNG-KING.

Ts'in and Nan Sung: kün. Now: Hu nan, Pao k'ing fu.

281.—少室 Shao shi. Pie lu.

Not found in the *Li tai*, etc. According to the *K.D.* Shao shi is one of the peaks of the celebrated Sung kao shan mountain. [See 317.] But the *Pie lu* seems to keep the two names apart. [See *Med. plants*, 133.]

282.— 申 州 Shen chou. HAN PAO-SHENG.

T'ang and Wu tai: chou. Now: Ho nan, Ju ning fu, Sin yang chou.

The feudal state # Shen of the Ch'un ts'in period was present Nan yang fu in Ho nan.

283. 一陝州 Shen chou. Su Kung and Su Sung.

Early Han: hien, T'ang and Sung: chou. Now: Ho nan, Shen chou.

284. 一陝 西 Shen si or simply 陝 Shen. Su Sung.

Shen si, name of a province during the Sung dynasty. It comprised present Shen si and Kan su. The name Kan su as that of a province appears first in the Yüan dynasty.

285.—石城 Shi ch'eng. Pie lu.

Early Han down to Nan Ts'i: hien. Now: An hui, Ch'i chou fu.

The name Shi ch'eng was applied in various times to many other districts in China, in Shen king, Shan si, Ho nan, Shen si and Sz ch'uan.

The present Shi ch'eng hien, in Kiang si, Ning tu fu, dates from the Sung period, as does also the district of the same name in Kuang tung, Kao chou fu.

286.—石州 Shi chou. Ch'EN Ts'ANG-K'I and SU SUNG.

T'ang, Sung and Kin: chou. Now: Shan si, Fen chou fu, Yung ning chou.

287.—石山 Shi shan. Pie lu.

Later Han: hou kuo (feudal state) in Lang ye kün [see 178] in South-east Shan tung.

288.—施州 Shi chou. Su Sung.

T'ang and Sung : chou. Now : Hu pei, Shi nan fu.

289.—始與 Shi hing. T'AO HUNG-KING.

Tsin: kün. Now: Kuang tung, Shao chou fu.

Nan Sung: hien. Now: Kuang tung, Nan hiung chou, Shi hing hien.

Also Nan Sung : hien. Now : Sz ch'uan, Sui ting fu.

290.—壽州 Shou chou. Su Sung.

Tang and Wu tai: chou. Now: An hui, Feng yang fu, Shou chou.

291.—壽春 Shou ch'un. Su Sung.

Early Han : hien.

Tsin, Sui and T'ang: hien, Sung: fu, Yüan: hien. Now: An hui, Feng yang fu, Shou chou.

292.—蜀 Shu. Pie lu and T'Ao HUNG-KING.

Ts'in: province. Western part of present Sz ch'uan, Ch'eng te fu, etc. In the San kuo period the kingdom of Shu comprised nearly the whole of present Sz ch'uan.

Su Sung uses the term 蜀川 Shu ch'uan or 川 蜀 Ch'uan Shu for Sz ch'uan. [V. supra, 26.]

蜀州 Shu chou [Su Sung] in the T'ang and Sung period was present Ch'eng te fu, the capital of Sz ch'uan.

293.—蜀 漢 Shu Han. Pie lu, T'Ao HUNG-KING and Su Sung.

In the San kuo period Shu Han was one of the three kingdoms and corresponds to present Sz ch'uan.

294.—舒州 Shu chou. Su Sung.

T'ang and Wu tai: chou. Now: An hui, An k'ing fu, Ts'ien shan hien.

295.—西城 Si ch'eng. Su Kung.

Sui : kün, Tang : hien. Now : Shen si, Hing an fu.

296. 一西 川 Si ch'uan. T'Ao Hung-king and Su Sung.

In the period of the Later Han Si ch'uan comprised the four prefectures 天水 T'ien shui, 安定 An ting, 北地 Pei ti and 隴西 Lung si, where Wei Hiao [† 33 A.D.] maintained for some years an independent sovereignty. See Mayers' Chin. Read. Man., 835. Si ch'uan occupied the north-east part of Kan su.

Tsin: hien. Now: Kan su, P'ing liang fu, Ku yüan chou.

According to BIOT [p. 215] Si ch'uan in the T'ang period was a name for Ch'eng tu fu in Sz ch'uan.

297.—西方 Si fang. Su Kung [Med. plants, 133].

Si fang means "Western Regions." It is not clear whether Western China or Tibet is meant.

298.—西海 Si hai. Pie lu.

Si hai means "Western Sea." Name applied in various times to various localities. The famous Chinese general Chang K'ien, who in the 2nd cent. B.C. first visited the countries of Western Asia, calls the Mediterranean Sea "Si hai."

Later Han, Si hai: hien. Now: Shan tung, I chou fu, Ji chao hien.

Tsin: kün. Now: Kan su, prefecture of Kan chou fu.—Sui: kün. Near the Ts'ing hai or Kukonor lake.—In the T'ang period there was a district Si hai near present Turfan.

299.—西湖 Si hu. Su Kung [Med. plants, 54].

Si hu = Western Lake. Probably the lake of this name near Hang chou fu in Che kiang is meant.

300.—西羌 Si (western) K'iang or 羌 K'iang. T'Ao Hung-king, Su Kung and Li Shi-chen.

Ancient name [Han period] for the Tangut tribes living in North-east Tibet and Kukonor.

301.—西嶺 Si ling. Pie lu.

Si ling, or Western mountain range, was, according to T'AO HUNG-KING [Med. plants, 47], near ancient Ch'ang an (Si an fu, Shen si).

302.—西陽 Si yang. T'Ao Hung-king.

Tsin: kün. Now: Hu pei, Huang chou fu.

303.—錫山 Si shan. Shui king chou [5th cent.].

Si shan mountains in Wei hing [Shen si, Hing an fu. V. infra, 384]. See also Med. plants, 79.

- 304.—習 州 Si chou. Su Sung [Med. plants, 352]. Not found either in the Li tai, etc. or Biot.
- 305.—囊 Siang, 襄州 Siang chou. T'Ao HUNG-KING, Su Kung, Han Pao-sheng and Su Sung.

Early Han: Siang hien, in present Ho nan province.

Nan Ts'i: Siang hien. Now: Shen si, Han chung fu.

Tang and Wu tai: Siang chou. Now: Hu pei, Siang yang fu.

306.—襄陽 Siang yang. T'Ao Hung-king and Su Kung. Early Han: hien, Tsin, Nan Sung and Sui: kün, T'ang: hien, Sung: fu.

Now: Hu pei, Siang yang fu.

307.—湘州 Siang chou. T'AO HUNG-KING.

Nan Sung: Siang chou, name of a province. Present Hu nan.

308. - 象州 Siang chou. Ch'EN Ts'ANG-K'I.

T'ang: chou. Now: Kuang si, Liu chou fu, Siang chou.

309.—斜谷 Sie ku. Pie lu and Han Pao-sheng [Med. plants, 347].

According to T'AO HUNG-KING [Med. plants, 47] Sie ku was situated near Ch'ang an (Si an fu, Shen si).

310. 一新安 Sin an. T'AO HUNG-KING.

Tsin: kün. Now: Che kiang, Yen chou fu, Shun an hien.

The name Sin an was applied in different times to a great number of different districts in Ho nan, Hu pei, Sz ch'uan, Yün nan, Kuang tung, Shan si, Shan tung, An hui, Chi li and Kui chou. There are still three districts of this name extant, viz. in Chi li, Ho nan and Kuang tung.

## 311.—新羅 Sin lo. Li Sün.

Name of a kingdom in Southern Corea mentioned in the Chinese annals since the 4th century.

312.—新野 Sin ye. T'AO HUNG-KING.

Early Han and the subsequent dynasties, down to the Sui: hien.

Now: Ho nan, Nan yang fu, Sin ye hien.

313.—蕭州 Su chou. HAN PAO-SHENG. T'ang: chou. Now: Kan su, Su chou fu.

314.—隋州 Sui chou. Su Sung.

T'ang, Wu tai and Sung: chou. Now: Hu pei, Te an fu, Sui chou.

315.—宣城 Süan ch'eng. T'Ao Hung-king and Su Sung. Early Han: hien, Tsin and Sui: kün.

In the T'ang and Sung periods it was 宣州 Süan chou.

Now: An hui, Ning kuo fu, Süan ch'eng hien.

316.—宋 Sung. Su Sung.

Name of an ancient feudal state in the Chou dynasty. Eastern part of Ho nan and north-western part of An hui.

Later Han: kuo, subsequent dynasties down to Sung: hien. Now: An hui, Ying chou fu, Tai ho hien.

The prefecture 宋州 Sung chou in the Tang, Wu tai, and Sung dynasties is present Kui te fu in Ho nan. Another Sung chou during the same periods was in Sz chan, present Lu chou.

317.—嵩高 Sung kao, 嵩山 Sung shan. Pie lu and Ma Chi.

Sung kao, the name of one of the sacred mountains of China, in Ho nan, north of present Teng feng hien, Ho nan fu. This district in the time of the Han was called Sung kao.

318.—松州 Sung chou. Su Kung.

T'ang: chou. Now: Sz ch'uan, Lung an fu, Sung p'an t'ing.

319.—泗州 Sz' chou. Su Sung.

T'ang and Sung: chou. Now: An hui, Sz' chou,

320. 一大安 Ta an. Pie lu.

According to the Li tai, etc., first mentioned in the Pei Wei period =  $k\ddot{u}n$ .

Now: Shan si, P'ing ting chou, Shou yang hien.

321.—代 Tai or 代 郡 Tai kün. Pie lu.

Ts'in and Han:  $k\bar{u}n$ . Northern part of Shan si, Ta t'ung fu.

代州 Tai chou. T'AO HUNG-KING.

T'ang, Sung and Kin: Tai chou. Now: Shan si, Tai chou.

322.—泰山 T'ai shan or 太山 T'ai shan. Pie lu, Wu P'u and Su Sung.

Name of one of the sacred mountains of China, in Shan tung, T'ai an fu.

Present T'ai an fu was, in the time of the Han, T'ai shan kün.

323. 一太行山 T'ai hang shan. Su Kung and Su Sung.

Name of the range of mountains stretching from north to south and separating Shan si from Chi li and Ho nan.

324.—太吳 Tai Wu. Pie lu.

According to T'AO HUNG-KING [Med. plants, 61] same as Wu [Kiang su. See infra, 389].

325.—太原 Tai yüan. Su Sung.

Early Han, Tsin and Sui: kün, T'ang and Sung: fu. Now: Shan si, T'ai yüan fu.

326.—台州 T'ai chou. Su Sung.

T'ang and Sung : chou. Now : Che kiang, T'ai chou fu.

327. 一丹州 Tan chou. Su Sung.

T'ang, Wu tai and Kin: chou. Now: Shen si, Yen an fu, I ch'uan hien.

328.—丹陽 Tan yang. T'Ao HUNG-KING.

Early Han, Tsin, Nan Ts'i and Sui: kün. Present Ning kuo fu and T'ai p'ing fu in An hui.

Tang, Sung and Yüan: hien. Now: Kiang su, Chen kiang fu, Tan yang hien.

329.—檜州 T'an chou. HAN PAO-SHENG.

T'ang and Sung: chou. Now: Chi li, Shun t'ien fu, Mi yün hien.

330.一岩昌 Tang ch'ang. T'AO HUNG-KING.

Sui : kün. Now : Kan su, Kung ch'ang fu, Min chou.

T'ang: hien. Now: Kuang si, Wu chou fu, Yung hien.

331.—完州 Tang chou. Su Kung.

Tang chou, name applied in the T'ang period to two different prefectures, viz. one in present Min chou, Kung ch'ang fu, Kan su, the other in present Mou chou in Sz ch'uan.

332.—當州 Tang chou. Su Kung.

T'ang and Sung: chou. Now: Sz ch'uan, Lung an fu, Sung p'an ting.

333.—當陽縣 Tang yang hien. Su Kung.

Han and Tang: hien. Now: Hu pei, King men chou, Tang yang hien.

334.—碭 山 Tang shan. Pie lu.

Ts'in: kūn. It was situated where now the provinces Kiang su, Ho nan and Shan tung meet.

Later Han: hien. Now: Kiang su, Sü chou fu, Tang shan hien.

335.—湯陰 T'ang yin. Su Sung and Li Shi-chen.

Since Sui: hien. Now: Ho nan, Chang te fu, T'ang yin hien.

336.—洮陽 T'ao yang. T'Ao HUNG-KING.

Early Han: hien. Now: Kuang si, Kui ling fu, Ts'üan chou.

Sui: hien. Now: Kan su, Kung ch'ang fu, T'ao chou ting.

337.—鄧州 Teng chou. Su Kung.

Since Tang: chou. Now: Ho nan, Nan yang fu, Teng chou.

338.—滇 Tien or 滇南 Tien nan, 滇中 Tien chung. Li Shi-chen.

Ancient names for present Yün nan, dating from the Han period.

339.—天水 T'ien shui. FAN TSZ' KI JAN.

Early Han, Tsin, Pei Wei and Sui: kün. Now: Kan su, Kung ch'ang fu, Ts'in chou.

340.—天台 T'ien t'ai. Ch'en Ts'Ang-k'i, Su Sung and Li Shi-chen.

Since Liang: hien [Biot, 231]. Now: Che kiang, T'ai chou fu, T'ien t'ai hien.—In the same district is the celebrated T'ien t'ai mountain, the earliest seat of Buddhism in China.

341.- 鼎州 Ting chou. Su Sung.

BIOT, 202:—Ting chou in the Sung period = present Chang te fu in Hu nan.

342.—蔡州 Ts'ai chou. T'AO HUNG-KING and SU KUNG.

T'ang, Sung and Kin: chou. Now: Ho nan, Ju ning fu.—Here was situated, in the Chou dynasty, the feudal state 禁 Ts'ai.

343.—滄州 Ts'ang chou. HAN PAO-SHENG.

T'ang, Sung and Kin: chou. Now: Chi li, T'ien tsin fu, Ts'ang chou.

344.—曹州 Ts'ao chou. HAN PAO-SHENG and SU SUNG.

T'ang, Wu tai and Kin: chou. Now: Shan tung, Ts'ao chou fu.

345.—澤州 Tse chou. Su Sung.

Since T'ang: chou. Now: Shan si, Tse chou fu.

346.—濟陽 Tsi yang. Su Kung.

Name applied, since the Han dynasty, to various places (kūn, hien) in Ho nan, Kiang su, An hui and Shan tung.

The name of the present Tsi yang hien in Tsi nan fu, Shan tung, dates from the Kin dynasty.

347.—濟陰 Tsi yin. Pie lu.

Early Han: kün. Now: Shan tung, Ts'ao chou fu.

348.— 香 Ts'i. Su Sung.

An important ancient feudal state in the Chou dynasty, occupying North Shan tung and South Chi li.

Ts'in and Han down to Sui: Ts'i kün, in North-west Shan tung.

齊州 Ts'i chou. Su Kung and Su Sung.

T'ang and Wu tai : chou. Now : Shan tung, Tsi nan fu.

349.—齊胸 Ts'i k'ü. Pie lu.

Not ascertained. Probably 臨朐 Lin kü in 齊郡 Ts'i kün [Early Han], which now is Ts'ing chou fu in Shan tung [see 193].

350.— 香山 Ts'i shan. Pie lu.

A mountain of this name is in An hui, Ch'i chou fu.

351.—蔣山 Tsiang shan. T'Ao Hung-king. Not ascertained.

352. 一錢塘 Ts'ien t'ang. T'Ao HUNG-KING.

Name of a river in Che kiang which flows into the sea near Hang chou fu. This prefecture comprises the district Ts'ien t'ang, which name dates from the Ts'in dynasty.

353.—晉 Tsin, 晉 地 Tsin ti (the country of Tsin). Pie lu and Li Shi-chen.

Tsin, an ancient feudal state in the Chou dynasty. It comprised the southern half of Shan si and the north-west of Ho nan along the Yellow River.

晉州 Tsin chou. Su Sung.

T'ang and Sung: chou. Now: Shan si, P'ing yang fu.

354. 一晉 安 Tsin an. T'AO HUNG-KING.

Tsin: kün. Now: Fu kien, Fu chou fu.

355.—晉康 Tsin k'ang. T'Ao Hung-KING.

Nan Sung: kūn. Now: Kuang tung, Chao kʻing fu, Te kʻing chou.

Nan Ts'i: Tsin k'ang, in Sz ch'uan, in Ch'eng tu fu, Ch'ung k'ing chou.

356.—晉山 Tsin shan. Pie lu.

Not ascertained.

357.—晉陽 Tsin yang. Pie lu.

Ts'in and down to T'ang: hien. Now: Shan si, T'ai yiian fu.

358.—秦 Ts'in, 秦 地 Ts'in ti (country of Ts'in). HAN PAO-SHENG and LI SHI-CHEN.

Name of an ancient feudal state during the Chou dynasty, comprising the eastern part of present Kan su and the middle part of Shen si.

秦州 Ts'in chou. Su Kung, Su Sung and Li Shi-chen. T'ang, Wu tai and Sung: chou. Now: Kan su, Ts'in chou.

359.—秦 關 Ts'in kuan (the barrier of Ts'in).

According to T'AO HUNG-KING [Med. plants, 104] same as Han ku [supra, 55] in North-west Ho nan.

360.—秦山 Ts'in shan. Pie lu.

Not ascertained.

361.—秦亭 Ts'in t'ing. Pie lu.

According to Su Kung [Med. plants, 132] this locality was between Ts'in chou and Ch'eng chou (Kie chou) in Kansu.

362.—沁州 Ts'in chou. Ch'en Ts'Ang-K'i and HAN PAO-SHENG.

Since T'ang : chou. Now : Shan si, Ts'in chou.

363.—青州 Ts'ing chou or 青 Ts'ing. T'AO HUNG-KING and Su Kung.

One of the nine ancient provinces of China in the Tribute of Yü. It comprised the greater part of present Shan tung.

Han, Tsin and Sui: province occupying the northern part of Shan tung.

Since T'ang: 青州 Ts'ing chou, a prefecture = present Ts'ing chou fu in Shan tung.

364.—青衣 Tsing i. Pie lu.

Early Han: hien. Now: Sz ch'uan, Ya chou fu.

365.—鄒縣 Tsou hien. Pie lu.

A district in the ancient feudal state of Lu [see 202]. Now: Shan tung, Yen chou fu, Tsou hien.

366.—梓州 Tsz' chou. Su Sung.

T'ang and Wu tai: chou. Now: Sz ch'uan, T'ung ch'uan fu.

367.—淄州 Tsz' chou. Su Kung.

T'ang, Wu tai, Sung and Kin: chou. Now: Shan tung, Tsi nan fu, Tsz' ch'uan hien.

368.—秭歸 Tsz' kui. Pie lu.

Early Han down to Tang: hien. Now: Hu pei, I chang fu, Kui chou.

369.—都 鄕 Tu hiang. Pie lu.

Early Han: kuo in 常山郡 Ch'ang shan kün [see 8]. Now: Chi li, Cheng ting fu.

370.—都梁 Tu liang. Li TANG-CHI.

Early Han: huo kuo (small feudal state). Later Han down to Nan Ts'i: hien. Now: Hu nan, Pao k'ing fu, Wu kang chou.

371.—燉 煌 Tun huang. Pie lu.

Early Han and down to Sui: kūn, T'ang: hien. Now: Kan su, An si chou, Tun huang hien.

372. - 東海 Tung hai. Pie lu.

Han and Tsin: kün. Now: Shan tung, I chou fu, T'an ch'eng hien.

Tung hai means "Eastern Sea," and the name is sometimes used in this sense. Comp. Med. plants, 147, 200, 201.

373. - 東 萊 Tung lai. Pie lu.

From Han down to Sui: kūn. Now: Shan tung, Lai chou fu.

374. - 東門 Tung men. T'AO HUNG-KING.

Not ascertained. The name means "Eastern Gate."

375.—東山 Tung shan. T'AO HUNG-KING.

Tung shan (Eastern mountains) name of several mountains in various provinces.

376. 一東陽, Tung yang. T'AO HUNG-KING.

Tsin and Sui: kün. Now: Che kiang, Kin hua fu, Tung yang hien.

Early Han: how kuo. Now: Shan tung, Tung ch'ang fu.

Early Han and Tsin: hien. Now: An hui, Sz' chou.

Later Han: hien. Now: in Kiang su. Not ascertained.

377. 一東野 Tung ye. Pie lu.

Not found either in the *Li tai*, etc. or Bior. Probably in Che kiang. See *Med. plants*, 162.

378. 一同 州 T'ung chou. Su Kung and Su Sung.

From T'ang down to Ming: chou. Now: Shen si, T'ung chou fu.

379.—桐柏 T'ung po. Pie lu.

The T'ung po mountain is mentioned in the Tribute of Yü. T'AO HUNG-KING [Med. plants, 20] says it is situated in I yang hien [supra, 107] which is now the district of T'ung po hien in Nan yang fu, Ho nan. The name of T'ung po hien dates only from the time of the Sui.

380.—望楚山 Wang ch'u shan. Su Kung.

Mountain in Hu pei, Siang yang fu.

381.—衛州 Wei chou. Su Sung.

T'ang, Sung and Kin: chou. Now: Ho nan, Wei hui fu.

382.—渭城 Wei ch'eng. T'Ao HUNG-KING.

Wei ch'eng in the Han dynasty was the same as Hien yang [see 65], north-west of Si an fu, Shen si.

383.—渭州 Wei chou. HAN PAO-SHENG.

T'ang: chou. Now: Kan su, Kung ch'ang fu.

T'ang, Wu tai and Sung: chou. Now: Kan su, P'ing liang fu.

384. 一魏 興 Wei hing. Pie lu, Shui king chu and Li Shi-chen.

Tsin, Nan Sung and Nan Ts'i: kūn. Now: Shen si, Hing an fu.

385.—溫州 Wen chou. Su Kung and Su Sung.

From Tang down to Ming: chou. Now: Che kiang, Wen chou fu.

386.—文州 Wen chou. Su Sung.

T'ang and Sung: chou. Now: Kan su, Kie chou, Wen hien.

Sung: chou. Now: Kuang si, K'ing yüan fu, Tung lan chou.

387.—汶州 Wen chou. LI SHI-CHEN.

Tsin: hien. Two districts of this name, in South Manchuria and in An hui [Biot, 267]: districts in Sz ch'uan in the T'ang dynasty.

388.—汶山 Wen shan. Pie lu and T'AO HUNG-KING.

Tsin: kün in the province of 盆州 I chou. Now: Mou chou in Northern Sz ch'uan.

389.—吳 Wu, 吳國 Wu kuo (kingdom) and 吳地 Wu ti (country of Wu). Frequently mentioned by authors of various periods.

The ancient kingdom of Wu, mentioned in the Ch'un ts'iu period, occupied present Kiang su and a part of An hui and Che kiang. The capital was near the present Su chou fu, which is still called 吳縣 Wu hien. This district has been so named since the Earlier Han.

The kingdom Wu of the San kuo period [3rd cent.] occupied Southern Kiang su, South An hui, Hu pei and Hu nan, Kiang su, Che kiang and a part of Fu kien.

After the Ch'un ts'iu period the kingdom of Wu was conquered by the kingdom of Yüe [see 418, present Che kiang]. The two names are therefore frequently coupled, 吳越 Wu Yüe. In the Wu tai period Wu Yüe was the name of a province comprising Che kiang and a part of Kiang su.

390.—吳 興 Wu hing. T'AO HUNG-KING.

San kuo, Tsin, Nan Sung and Nan Ts'i: kün. Now: Che kiang, Hu chou fu.

391.—吳會 Wu hui. Su Kung.

Not ascertained. Probably Wu and Hui ki [see 98] in Che kiang are meant.

392.—武昌 Wu ch'ang. T'AO HUNG-KING.

Ts'in, Nan Sung and Nan Ts'i: kūn, T'ang and Sung: hien, Yüan: lu, Ming: fu. Now: Hu pei, Wu ch'ang fu.

393.—武功 Wu kung. Pie lu.

According to T'AO HUNG-KING [Med. plants, 47] this locality was near Ch'ang an [Si an fu, Shen si].

Earlier Han: hien. Now: Shen si, Feng siang fu, Mei hien.

Later Han: hien. Now: Shen si, K'ien chou, Wu kung hien.

394.—武陵 Wu ling. Pie lu.

Early Han: kün. Now: Hu nan, Ch'ang te fu, Wu ling hien.

395.—武都 Wu tu. Fan TSZ' KI JAN and LI SHI-CHEN. Han: kün. Now: Kie chou fu, Ch'eng hien, in Kan su.

396.—巫陽 Wu yang. Pie lu.

According to T'AO HUNG-KING [Med. plants, 26] Wu yang was in 建平 Kien p'ing [see 139]. Wu yang is not found either in the Li tai, etc. or in Biot, but there was a district 巫山 Wu shan in ancient Kien p'ing, which still bears the same name and is now comprised in K'ui chou fu, Sz ch'uan.

397.—五原 Wu yüan. Pie lu.

Early and Later Han: kūn. It was situated north of the present Ordos in the country of the Oirats.

398.—雅州 Ya chou. LI SHI-CHEN.

T'ang and Sung: chou. Now: Sz ch'uan, Ya chou fu.

399.—陽山 Yang shan. Pie lu.

Name of several mountains in North China.

400.—揚州 Yang chou or simply 揚. Pie lu, HAN PAO-SHENG and Li Shi-chen.

Yang chou was one of the nine ancient provinces of China as enumerated in the Tribute of Yü. It occupied present An hui, Kiang su, Che kiang and a part of Kiang si.

The province Yang chou in the Han dynasty was the same, but included also the whole of Kiang si and Fu kien. It was the same in the Tsin dynasty. The province Yang chou during the Sui was still larger, for it comprised also Kuang tung and Kuang si.

In the T'ang period there was a district Yang hien. Since the Wu tai period: chou. Now: Yang chou fu in Kiang su.

401.—耀州 Yao chou. Su Sung.

Since Wu tai: chou. Now: Shen si, Si an fu, Yao chou.

402.— 絡 撞 人 Yao chuang jen. Li Shi-chen.

Savages in Southern China. See W.D., 114, 1076.

403.-延州 Yen chou. Su Kung and Su Sung.

Tang and Wu tai: chou. Now: Shen si, Yen an fu.

404.—竞州 Yen chou. T'Ao Hung-king, Su Kung and Su Sung.

One of the nine ancient provinces of China, enumerated in the Tribute of Yü, comprising North-west Shan tung and East Chi li.

The province Yen chou in the Han, Tsin and Sui dynasties was of about the same extent.

Since the Tang, Yen chou a prefecture, now Shan tung, Yen chou fu.

405.—雁門 Yen men. Pie lu.

Ts'in: kün. In Mid Shan si, between Ta t'ung fu and T'ai yüan fu.

Eastern Han, Tsin and Sui: kün. Now: Shan si, Tai chou.

406.—嚴道 Yen tao. Pie lu.

From the Early Han down to Yüan: hien. Now: Sz ch'uan, Ya chou fu.

407.—銀州 Yin chou. Su Sung.

T'ang, Wu tai and Sung: chou. Now: Shen si, Sui te chou, Mi chi hien.

408. —類 JII Ying ch'uan. Pie lu.

Ts'in: province comprising a part of Ho nan: Hü chou, K'ai feng fu, Yü chou, Ju ning fu, Ying chou fu.

Later Han down to Sui: kün, situated in the same regions.

The Tang established the prefecture 領州 Ying chou, the present Ying chou fu, in North-west An hui.

409.—郢州 Ying chou. T'AO HUNG-KING.

Nan Sung and Nan Ts'i: Ying chou, province corresponding in its extent nearly to present Hu pei.

Tang: chou. Now: Hu pei, An lu fu.

Pei Wei: Ying chou. Now: Ho nan, Ju ning fu.

410.—岳州 Yo chou. Su Sung.

Since T'ang: chou. Now: Hu nan, Yo chou fu.

411.— Yu. Su Kung and Han Pao-sheng.

Legge's Shu king, 21:—Emperor Yao commanded his brother Ho to reside in the northern regions, in what was called the sombre capital 幽都 Yu tu.—The Rh ya says:— 幽州 Yu chou is the same as 燕 Yen. It stretches from the river 另水 I shui (the river on which I chou in North Chi li is situated) to the land of the 北 沃 Pei ti (northern barbarians). Yen was an ancient feudal state in the north of China, mentioned in the Shi king and in the Ch'un ts'iu.

Han period: Yu chou, province, northern part of Chi li. In the San kuo period Yu chou was a province of the kingdom of Wei, in extent as above.

T'ang and Wu tai: Yu chou, prefecture, modern Peking.

412.—鬱州 Yü chou. T'AO HUNG-KING.

Not mentioned in the *Li tai*, etc. According to Biot [291]:—Tang: *chou*. Now: Yü lin chou in Kuang si.

413.—豫 州 Yü chou. Pie lu.

One of the nine ancient provinces of China mentioned in the Tribute of Yü. It corresponds to the present province of Ho nan.

During the Han and Tsin dynasties the province of Yü chou occupied only the eastern part of Ho nan, and parts of An hui and Shan tung belonged to it.—In the Sui dynasty the province of Yü chou comprised almost the whole of present Ho nan, south of the Yellow River, and a small part of An hui.

414. 一原 州 Yüan chou. Su Kung and Han Pao-sheng.

T'ang, Wu tai and Kin: chou. Now: Kan su, P'ing liang fu, Ku yüan chou,—and King chou, Chen yüan hien.

415. 一寃 句 Yüan kü. Pie lu and Su Sung.

T'AO HUNG-KING [Med. plants, 16] says that Yüan ki is the same as the prefecture 濟陰郡 Tsi yin kün in the province of 兗州 Yen chou [see 347, 404].

According to the *Li tai*, etc. Yüan kü was a *hien* from the Han down to the T'ang. Now: Shan tung, Ts'ao chou fu, Ho tse hien.

416.—元山 Yüan shan. Pie lu.

Not ascertained.

417.—遠安縣 Yüan an hien. Su Kung.

Since Sui: hien. Now: Hu pei, King men chou, Yüan an hien.

418.—越 Yüe. Po wu chi, Su Kung and Su Sung.

Name of an ancient kingdom of the Ch'un ts'iu period, in present Che kiang. Its capital was 會稽 Hui ki [see 98]. Yüe is frequently mentioned together with Wu [see 389].

越州 Yüe chou, a prefecture noticed by Su Sung, was etablished by the Tang. Now: Che kiang, Shao hing fu.

The kingdom of Yüe in Che kiang is sometimes also called 東越 Tung (Eastern) Yüe, to distinguish it from 南越 Nan (Southern) Yüe. The regions called Nan Yüe (Southern China) were first conquered by Emperor Ts'ın Shi Huang-ti [B.C. 246-209]. See Shi ki, chap. 113.

419.—粤 Yüe. Su Sung.

Ancient term for Southern China, Kuang tung, Kuang si and Fu kien. The K.D. says it is the same as X Yüe [see 418].

The 學地 Yüe ti (country of the Yüe) is mentioned in the Chinese annals referring to the Chan kuo period [B.C. 481-221]. In the History of the Early Han [chap. 45] there is an account of the 南粤王 NAN YÜE WANG (king of Southern Yüe) and the 閩粤王 MIN YÜE WANG (king of Fu kien).

東粤 Tung (Eastern) Yüe and 西粤 Si (Western) Yüe are terms still used to designate the provinces of Kuang tung and Kuang si.

420.—越山 Yüe shan. Pie lu.

Not ascertained.

421. — Yün chou. K'ai pao Pen ts'ao.

Tang and Wu tai: chou. Now: Shan tung, Tai an fu, Tung ping chou.

422.—雲中 Yün chung. Pie lu.

Ts'in and Han: kün. North-eastern part of the Ordos and North-east Shen si.

423.—雲夢 Yün meng. Lü Shi Ch'un ts'iu [3rd cent. B.C].

The marshes of Yün meng are mentioned in the Tribute of Yü, in the province of King chou (Hu kuang). Legge's Shu king, p. 115.

424.—雍州 Yung chou. Pie lu, Su Kung and Han Paosheng.

Name of one of the nine ancient provinces of China in the Tribute of Yü, situated, as the ancient account says, between the Ho (Yellow River) and the Hei shui [one of the northern affluents of the Yang tsz' kiang, see *supra*, 26. Its sources are in South Kan su]. The Yung chou of the Tribute of Yü corresponds to Northern Shen si and Eastern Kan su.

In the San kuo period Yung chou was a province of the kingdom of Wei and comprised Shen si north of the Wei River and Eastern Kan su. Yung chou was also a province in the Tsin and Sui dynasties. In the latter period it extended farther to the west into Kan su.

Yung chou in the Wu tai period was a prefecture corresponding to present Si an fu in Shen si.

425.—永州 Yung chou. Authors of the Sung dynasty. Since T'ang: chou. Now: Hu nan, Yung chou fu.

426.—永昌 Yung ch'ang. Pie lu.

Early Han and Tsin: kūn. Now: Yün nan, Yung ch'ang fu.

427.—祭陽 Yung yang. T'Ao HUNG-KING.

Early Han: hien, Tsin: kūn. Now: Ho nan, K'ai feng fu, Yung yang hien.

428.—客州 Yung chou. Authors of the T'ang.

Tang: chou. Now: Kuang si, Wu chou fu, Yung hien.

429. 一邕 州 Yung chou. Authors of the T'ang.

T'ang: chou. Now: Kuang si, Nan ning fu.

430. 一融州 Yung chou. Su Kung and Su Sung.

Tang: chou. Now: Kuang si, Liu chou fu, Yung hien.

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