## The superiority of the climate of Madeira.

## Contributors

Adams, Joseph, 1756-1818. Royal College of Surgeons of England

### **Publication/Creation**

[London?] : [publisher not identified], [1800?]

#### **Persistent URL**

https://wellcomecollection.org/works/xsbtba77

#### Provider

Royal College of Surgeons

#### License and attribution

This material has been provided by This material has been provided by The Royal College of Surgeons of England. The original may be consulted at The Royal College of Surgeons of England. where the originals may be consulted. This work has been identified as being free of known restrictions under copyright law, including all related and neighbouring rights and is being made available under the Creative Commons, Public Domain Mark.

You can copy, modify, distribute and perform the work, even for commercial purposes, without asking permission.



Wellcome Collection 183 Euston Road London NW1 2BE UK T +44 (0)20 7611 8722 E library@wellcomecollection.org https://wellcomecollection.org

Adams, Dr

THE fuperiority of the climate of Madeira above all others is a fact fo generally admitted, that any defcription of it's advantages might feem fuperfluous. It's fituation is fouthward of any part of the European continent, or the Mediterranean fea. The town of Funshall is built in a valley, open only on the fouth to the Atlantic ocean, and defended on the N.N.W. and N.E. by immense mountains, which to the north rife a mile in perpendicular height above the level of the ocean. From these moun. tains rife the rivers, which flow with fuch impetuofity to the fea as to prevent any stagnant water. The coolness of the atmosphere at the top of them much increases that condensation of the air by land which produces fea breezes, always increased in proportion to the heat of the fun.

fun. Hence the temperature of the air varies lefs than in any other part of the world; the thermometer within doors, and not expofed to the fun, being frequently fteady for twenty-four hours together, and feldom rifing higher than 70 or 75 in fummer, or finking lower than 60 or 65 in the winter.

From thefe various advantages Madeira is free from the fevers of tropical climates, ague is a difeafe fcarcely known, and dyfenteries are lefs troublefome than even in England. It is befides defended from thofe northern blafts which vifit every part of Europe and the Mediterranean iflands\* during the winter, and though not frequent, are when they happen fufficient to deftroy all the advantages which a refidence of feveral months had produced.

Such a fituation could not but be preferred by medical people for the winter

\* See Cleghorn on the Difeafes of Minorca."

refi-

refidence of confumptive or fcrofulous conftitutions. But this, like many other remedies, has been overvalued or abufed. Confumptive patients have been fent thither in fuch a state as to die during their voyage, or even while waiting for convoy, or on the night of their arrival at the ifland; and many in fuch a ftate of the difease that nothing can relieve. Those who arrive at a period fufficiently early in the complaint are often uncertain as to their reception in the island, or, for want of other accommodations, obliged to quarter themfelves on fuch of the British merchants as they have letters of credit on.

Though the hofpitality of the English is every where proverbial, yet it must at once occur that the fituation of an invalid is often inconfistent with the convivial mode of life of that nation; and if, as would certainly be the cafe, the benevolence of the merchant should induce him to give up his accustomed habits; those who are the most deferv.

in

ing of fuch a facrifice would be the leaft willing to accept it.

Thefe confiderations induced fome of the London phyficians\* to requeft DR. ADAMS to make it his firft endeavour to procure fufficient accommodations for invalids on their landing. Such have been his ineffectual attempts for three years; during which he has had the mortification to fee thofe who were unacquainted with the nature of the place hurried from on fhip board into taverns ill calculated to receive them, or forced to accept a gratuitous reception from the merchants.

To relieve those who have most occafion for fuch affistance, DR. ADAMS has found no other means but that of fitting up a large mansion, formerly the palace of one of the Portuguese nobility; and as it is defirable for every one who

\* Particularly Sir William Farquhar, Dr. Pitcairn, and Dr. Saunders.

makes

makes fuch a voyage to be perfectly at his eafe relative to his fituation on his arrival, the following are the terms on which those who come properly recommended are received: 10s. 6d. per diem furnishes every parlour visitor with lodging and board, including wine, tea, and whatever a genteel family expects. A female fervant attending two ladies, and fatisfied with the fare of the other fervants, is included without any additional expence. To relieve both parties of every poffible embarraffment, it is to be remembered that every engagement is made by the day; and those who come with a family will be affifted in providing themfelves with houfes.

Young people are taken under the entire protection of DR. and MRS. ADAMS, and all engagements include every contingent expence.

As it is impoffible to fix the precife fum, from the variety of age, attendants, and other circumftances, DR. ADAMS has has prevailed on his friend Mr. HINCK-LEY, NO. 28, King-ftreet, Cheapfide, to receive his inftructions on this head; and any engagement made by him shall be final.

# Instructions to those who wish to avail themselves of the Climate of Madeira.

IT fhould firft be remembered that there is a ftage in Confumption which nothing can relieve.—This may feem a more proper notice to the Phyfician than the Patient; but it is well known that the phyfician has often propofed the voyage feveral months before he could prevail on his patient to undertake it.— Veffels that fail to Madeira are ufually deftined to fome more diftant port, fo that it is not eafily known to the Public what opportunities occur. Of this the merchants trading to Madeira have the beft best intelligence.-Meff. BLACKBOURNE, BANGER and Co. merchants, in London, have kindly undertaken to answer any enquiries on this fubject directed to them post paid .- Families are advised to bring furniture with them of every kind, as it is difficult to be procured on a fudden, and always fells well. The beft calculated for the climate is cane-bottomed chairs, large fofas are alfo neceffary .---The fewer fervants are brought over the better; but an English cook is of all others the most useful; both for the voyage and during refidence in the island. Houses are not difficult to be procured for those who are not confined by bufinefs to a particular part of the town.

Young people of either fex who have made any progrefs in their education need not be fearful of lofing any of their accomplifhments,—mafters of every kind may be procured; and whatever advantage may be derived from the fociety of DR. and MRS. ADAMS, will not be be unattended to. DR. ADAMS is fo well known to most of the medical people in London, that he only mentions the following to avoid the appearance of a general reference.

SIR GEORGE BAKER. DR. SAUNDERS. LETTSOM. LATHAM. PITCAIRN. BLANE. BAILLIE, ETC. MESSRS. CLINE, HOME, ABERNETHY, ETC.

SURGEONS.