Report of the Commissioners of Health, Ireland, on the epidemics of 1846 to 1850 / presented to both Houses of Parliament by command of Her Majesty.

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REPORT



OF THE

COMMISSIONERS OF HEALTH,

IRELAND,

. ON

THE EPIDEMICS

OF

1846 TO 1850.

Presented to both Houses of Parliament by Command of Her Majesty.



DUBLIN:

PRINTED BY ALEXANDER THOM, 87, ABBEY-STREET, FOR HER MAJESTY'S STATIONERY OFFICE.

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Dublin Castle, 29th August, 1850.

GENTLEMEN,

The Temporary Fever Acts, under which your duties, as Commissioners of Health, were exercised, having expired, I have been directed by the Lord Lieutenant to tender to you, on the part of Her Majesty's Government, his best thanks for the services which, in that capacity, you have rendered to the community.

From the eminent professional position which you occupy in this city, the Lord Lieutenant is fully aware that these onerous duties must have been undertaken at considerable personal inconvenience; and his Excellency has desired me to assure you that he fully appreciates the motives which induced you to enter upon them, as well as the ability and efficiency with which they have been performed.

The unusual duration of the epidemic during which you have acted as Commissioners of Health, connected as that epidemic was with the misery and distress caused by the failure of the potato crop, will no doubt have enabled you to acquire much information which may be hereafter most useful should a similar visitation ever occur again; and if you would be so kind as to furnish his Excellency with a report embodying your views and opinions upon this important and interesting subject, such a document would, in his opinion, be most valuable, and he would be prepared to lay it before Parliament at the commencement of the next session.

I have the honor to be,

Gentlemen,

Your obedient Servant,

WM. M. SOMERVILLE.

The Commissioners of Health, &c. &c. &c.

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REPORT

OF

THE COMMISSIONERS OF HEALTH,

IRELAND,

ON THE EPIDEMICS

OF

1846 TO 1850.

TO HIS EXCELLENCY GEORGE WILLIAM FREDERICK EARL OF CLARENDON, K.G., LORD LIEUTENANT GENERAL AND GENERAL GOVERNOR OF IRELAND.

May it please Your Excellency.

In compliance with the request conveyed to us in Sir William Somerville's letter of the 29th of August, 1850, we beg to lay

before your Excellency the following Report.

The failure, to a considerable extent, of the potato crop, in the autumn of 1845, had early awakened the attention of Her Majesty's Government to the suffering and distress that must necessarily result to a population whose means would not enable them to obtain grain food as a substitute for their ordinary diet.

Among the consequences to be dreaded from this calamity was a visitation of epidemic Fever, for experience had shown that a scarcity of food in Ireland, if of any considerable duration, had been invariably followed by an epidemic of Fever. With the view of providing measures to meet this apprehended danger, the Temporary Fever Act, 9 Vict., cap. 6, was enacted on the 24th March, 1846, under the provisions of which it became the duty of the Commissioners of Health to issue such requisitions for the providing of medical relief for the poor of Ireland, suffering under Fever and other epidemic diseases, as might appear to be requisite.

The Summer of 1846 passed over without producing much cause of alarm, and the applications for the intervention of the Board having only amounted to seventeen, the sittings of the

Board ceased in August of that year.

The potato crop having again failed in 1846, the effects of this second failure were severely felt in the succeeding winter, of 1846-7, when potatoes rose to seven shillings per cwt., the price in 1845 having been only two shillings per cwt. Want of employment and of food began to give rise to great suffering. Reports of the appearance of Fever were received from various parts of the country; and the returns from the hospitals of Dublin beginning to show an increasing prevalence of Fever in the city, the Earl of Bessborough, then Lord Lieutenant, reappointed the Board of Health in February, 1847; and from that date the Board continued its sittings daily, until the termination of the parliamentary session, in August, 1850.

The state of the medical institutions of Ireland was unfortunately such as peculiarly unfitted them to afford the required

medical aid on the breaking out of the epidemic.

The county infirmaries had not provision for the accommodation of fever patients. The county fever hospitals were destitute of sufficient funds, and dispensaries, established for the purpose of affording only ordinary out-door medical relief could, of course, afford no efficient attendance on the numbers of destitute persons suffering from acute contagious diseases in their own miserable abodes—often scattered over districts several miles in extent.

In February and March, 1847, the applications for the intervention of the Board became numerous, as will be seen from

the following epitome :-

Number of applications received in each month of the years 1847, 1848, and 1849, for the provision of temporary hospital accommodation.

1847		ALTER TAITE	1848	of urt	1849		
February, March, April, - May, - June, - July, - August, September, October, November, December,	111011	14 51 53 52 22 60 48 10 8 13 12	January, February, March, April, - May, - June, - July, - August, September, October, November, December,	18 10 15 21 10 9	January, February, March, April and May, June, July, August, September,		9 15 13 26 10 8 3 1
foolie sudmi					Total, -	10	576

Requisitions for the provision of hospital accommodation were not complied with in all cases, as in some instances it

373

appeared, on the necessary inquiries being made, that the relief demanded was not absolutely required.

In every instance in which an application was made, the

following form of inquiry was forwarded:-

APPLICATION FOR CERTIFICATE OF THE BOARD OF HEALTH, Under sec. 2, of 10 Vic., cap. 22.

"1. Name of Electoral Division or Divisions respecting which the application is made; and name of Union in which comprised.

"2. Whether there is any, and what Hospital accommodation already

available for the district, or any Dispensary.

"3. District (stating the Electoral Divisions) from which such Hospital or Dispensary relieves patients.

"4. Name of Medical Officer of such Hospital or Dispensary.

" 5. If there is no Hospital available for the District, state the nearest

Hospital, and its distance.

"6. Extent to which Fever or other Epidemic Disease prevails in the Electoral Division or Divisions to which the application relates; stating, as nearly as may be, the number of cases which are not in any Hospital.

"7. If it be desired to provide temporary Hospital accommodation for the District, state the number of Beds for which the Relief Committee consider

it necessary to provide.

"8. And the name of the locality which it is proposed to select for the

Hospital.

"9. Whether a fitting house is procurable for the purpose, or whether it is proposed to provide temporary sheds, of which Plans can be furnished by the Board of Health.

"10. Has a Relief Committee been constituted under the Temporary Relief Act, 10 Vic., c. 7, for the Electoral Division or Divisions to which

the application relates?

"11. Is the application approved by the Inspector of the Union?

"12. Population, and length and breadth in miles of District; and

any additional observations that may be deemed necessary.

"The Central Board of Health consider it preferable, on economical and other grounds, that where Hospital accommodation is required for adjoining or neighbouring districts, one Hospital, placed in a central position, should be made to serve for such districts, rather than that small separate establishments should be provided; and it is recommended that, where practicable, communication should be had with the Relief Committees of adjoining Districts, as to the amount of Hospital accommodation that may be requisite.

Signature of Chairman of Relief Committee or Committees.

Date and Post-town.

Signature of the Inspector of the Union.

If still further inquiry or information were deemed necessary by the Board, a Medical Inspector was then directed to inquire into, and report on the extent of disease in the district.

The requisitions granted by the Board for the provision of hospital accommodation, amounted to

The number of applications refused was . 203

The dates of the requisitions for hospital or dispensary relief may be considered as indicating, to a certain degree, the rise and progress of the epidemic in the different localities; and, in accordance with this view, the requisitions issued from February, 1847, are stated in the order of their dates in the table in the appendix (see appendix, A. No. 14).

In the principal cities and towns, Dublin, Waterford, Cork, Limerick, Galway, and Belfast, the following was the order of

the requisitions issued:

In Sligo, proceedings were taken under the 48th George III., cap. 47; the Commissioners are, therefore, unable to give any return of the rise and progress of the epidemic in that town.

The table (see appendix, A. No. 15) will show the progress of fever from July, 1847 (when weekly reports first began to be regularly furnished to the Board), until the month of August, 1850, when the Temporary Fever Acts expired. From these returns it appears that the total number of persons treated within the above period of three years and two months in hospitals, provided under requisitions of the Board of Health, was 332,462, and that of these, 34,622 died, showing a mortality of ten two-fiths per cent. on the number of patients received into hospitals.

The proportions of the sexes were as follows:-

		Total Number.	Number of Deaths.	Mortality per Cent.
Males	 	158,7 5 9	17,800	11}
Females	 	173,723	16,822	9 6

An opinion has been entertained by many that the mortality in Fever is less among the poor lying out under temporary sheds, in dry ditches, or in their own wretched cabins, than among those received into hospital. This, however, is a fallacy which has been corrected by the reports of our Inspectors. It arose from the circumstance, that the deaths of all who die in hospital are registered; but there is no record of those who perish on the road sides, or in their own abodes—the deaths that occurred in such circumstances being very frequently unknown, even among the neighbouring inhabitants, until the bodies of those who had died were discovered by the Medical Inspectors.

The mortality of different periods and places, occasionally differed widely from the general average mortality. On some occasions the rate of mortality increased to 15, and even to as high as 29 per cent. With a view of ascertaining whether such high rates of mortality could be traced to any particular causes, the following Circular was issued to the Medical Officers of hospitals wherein the mortality for the half year exceeded 15 per cent.:—

(COPY CIRCULAR.)

"I have the honor to be, Sir,
"Your obedient Servant,
"W. H. HOPPER, Secretary.

"To Medical Officer."

The following contains an Epitome of the Answers received from Medical Officers in reference to the above Circular.

1				
DATE.	November, 1849.	13th.	9th.	8th.
Name of Medical Officer.	Dr. Batler,	Dr. Waters, .	Dr. Coates,	Dr. Brodie,
Observations of Medical Officers relative to the rate of Mortality.	Attributed to many of the patients being attacked by Fever, Dysentery, and Cholera, consecutively—to many of them being reduced and worn down by cold and famine prior to entering the hospital, and to the overcrowded state of the Fever Hospital,	Mortality attributed to patients in Fever being also attacked by Diarrhoea, and their inability to resist such attacks from their constitutions having been debilitated by want,	The deaths attributed to the destitution prevailing in the district, and to the hopeless state in which many of the patients were when brought to hospital,	The entire number of deaths were cases of Dysentery or Measles. The Patients in Dysentery were old and debilitated by previous destitution. Those in Measles were chiefly very young children, who became victims to Inflammation of the lungs from exposure to cold in their transmission from the workhouse to the hospital,
Rate of Mor- tality per cent.	2918	20 8 ms	293	288
Number of Deaths.	171	009	218	283
Number of Pa- tients treated.	471	2,024	743	817
Locality of Hospital.	Carnacregg,	Parsonstown,	Eyrecourt,	Limerick,
UNION.	Ballinasloe, .	Parsonstown,	Ballinasloe, .	Limerick,

10th.	11th.	7th.	12th.	11th.	15th.	11th,	10th.
				•			
Dr. Sweetman,	Dr. O'Donovan,	Dr. Molony, .	Dr. Quin,	Dr. Roberts,	Dr. Ronayne,	Dr. Barry,	Dr. Costelloe,
The mortality attributed to starvation, and disease induced thereby; the great majority of the patients suffering from the worst form of Dysentery, of long standing, and without a hope of recovery when admitted into hospital,	The mortality attributed chiefly to the overcrowding of the hospital, and to very many of the patients being pauper children from the workhouse, who were carried off by a complication of diseases,	Attributed to patients in Fever or Dysentery being attacked by Cholera, also to the bad construction of the hospital, the roof of which, being canvas, admitted both wind and rain, the floor being constantly wet, and the wards filled with smoke, from the necessity of lighting the fire on the floor,	The mortality attributed to the debilitated state of the patients; of the deaths, 89 were children, and many patients were brought in moribund,	The deaths were—from Fever 38, Dysentery 18, Cholera 26, patients brought in moribund 7,	The greater number of the deaths proceeded from Cholera and Dysentery,	Of these deaths, 7 occurred from Variola. The mortality is principally attributed to the debilitated state of the patients from destitution prior to the attack of disease, and to very many cases of Fever being complicated with Gastric symptoms,	The mortality attributed to famine, and to the virulence of disease; also to the small size of the hospital, which compelled the Medical Officer to admit only the worst cases,
	264	58	15 p.c.	24.8	9915	65 65 61	212
88	134	126	360	83	20	138	122
304	200	504	1,448	362	218	603	260
West Skull,	Milltown,	Tulla,	Nenagh, .	Clonluir, .	Clashmore, .	Rathcormack,	Miltown-Malbay,
							•
Skibbereen, .	Cayan,	Scariff, .	Nenagh,	Ballinrobe, .	Dungarvan, .	Fermoy,	Ennistymon, .

Answers from Medical Officers-continued.

-				
DATE.	November, 1849.	15th.	8th.	9th.
Name of Medical Officer,	Dr. Roe, .	Dr. Hudson,	Dr. Stoney,	Dr. Colohan,
Observations of Medical Officers relative to the rate of Mortality.	The mortality attributed to the debilitated condition of the patients, many of whom were brought to hospital in a hopeless state,	There were 26 deaths out of 54 cases of Small Pox, and of 252 cases of Dysentery, 93 died. This shows that the great mortality is from Dysentery and Small Pox,	The deaths are attributed to patients being attacked by both Fever and Dysentery, and subsequently by Cholera, the Sanitary Committee declining to provide a Cholera hospital,	A large proportion of deaths occurred amongst children suffering from malignant Small Pox, and Fever of a typhoid character; many cases of Fever and Dysentery were also admitted into hospital without hope of recovery, partly from neglect of the disease at its commencement, and partly from the long distance many had to travel to hospital in very inclement weather,
Rates of Mor- tality per cent.	21	204	201	195
Number of Deaths.	28	166	, 75 75	200
Number of Pa- tients treated.	276	800	269	1,052
pital.				
Locality of Hospital	Killaloe,	Kilkaskin,	Romisokane, .	Galway,
UNION.	Scariff, .	Kanturk, .	Nenagh,	Galway,

_												-1
			7th.	t .	9th,	h	11th,		21st.	7th.	1843.	10mile
-	-		•				1	•				
			Dr. Green, .		Dr. Kerans, ,	•	Dr. Donovan,		Dr. Nolan, .	Dr. Turner,	1	Dr. Marphy,
	Of the deaths, 50 were from Fever, 79 from Dysentery, the remainder from other causes; the high mortality was induced partly by previous	privation, and partly by disease having progressed too far previous to admission—the victims being	chiefly those of either a very early or late period of life,	The deaths attributed to the debilitated state of the patients for want of proper food prior to admission	into hospital, and to many of them being brought in moribund,	The greater number of deaths were caused by Dysentery, accompanied by Anasarca, Scorbutics,	Phthisis, &c., and very manginant Cholera. The diseases were aided by the debility of the patients from destitution, and to neglect of the first symptoms of disease,	During this period destitution among the poor was peculiarly intense; the constitutions of many on coming to hospital were so weakened by previous	starvagon and usease, as of product and recovery; 5 died on the day of admission, 30 on the second day after admission, 17 on the third, 23 on the fourth,	Of these deaths, 56 were from Fever, 84 from Dysentery, and 42 from Cholera; attributed chiefly to the patients not reaching hospital until past relief,	Of 390 Fever patients, 28 died, the remainder 66 deaths were from Dysentery, which may be attri-	buted to the very destitute state of the poor,
	198			193	H	197		193		19 1	189	
	150			49		257		286		201	94	
	810	1	£.	251		1,321		1,489		1,056	498	
						•	*				•	
					9	uy,		41.0	4		ers,	
	Ycughal,			Ahaseragh,		Abbeystroury,		Gort, .		Ballygaddy.	Ballinlanders,	
											1-	
								* •		1 1		
	Midleton,			Ballinasloe,	10	Skibbereen		Gort, .		Tuam, .	Kilmallock,	

Answers from Medical Officers-continued.

1
Observations of Medical Officers relative to the Rate of Mortality.
Tho
patients sent into hospital in an advanced stage of disease, and may be attributed to the broken down constitutions of the patients previous to admission,
Attributed to the miserable condition of the poor, and to the prevalence of Cholera,
Attributed to Small Pox, Measles, Scarlatina, &c., being admitted in addition to Fever, Dysentery, and Cholera; 214 of the deaths were caused by Cholera, and many others are ascribed to the debilitated state of the national from destitution
The mortalit
and to the delay in admissions from insufficient hospital accommodation,
Attributed to many of the patients being worn down by disease prior to their admission to hospital.
1632 The mortality attributed to Diarrhea (154 deaths, two-thirds of whom were children, being caused
by that disease), aided by depility of constitution from long endured starvation.

	12th.	7th.	1146.	12th.	8th.	12th.	9th.	
				.*		. •		
	Dr. Thornton,	Dr. Galloghy,	Dr. Cronyn, ;	Dr. Hynes, 7	Dr. Harrison,	Dr. Riordan, .	Dr. Arthur,	
	The mortality attributed to Dysentery, supervening on Fever, and to many patients being admitted in a moribund state,	Attributed to patients whilst in hospital being attacked by Cholera,	Mortality caused by Dysentery and Cholera—many patients were sent from a distance in a moribund state,	Mortality attributed to Dysentery, and to very many of the patients being admitted to hospital in a moribund state,	The deaths attributed to the greater number of the cases being complicated, and to some of the patients being admitted into hospital in a moribund state,	Deaths from Fever 32, Cholera 15, Dysentery 13, .	The deaths attributed to many very aged persons being seized with Fever, and to the great debility of their constitutions from previous want.	
-	165	142	163	15,16	10 10 10 10	153	15 to	-
	88	49	72	189	38.	90	84	-
	196	293	453	1,221	553	890	999	
		•			•			
		1.	t-	t-	· 'go	lel,		-
	Frankford,	Clogheen,	Callan,	Kinyara,	Roscommon,	Castleconnel,	Cappamore,	
			•					Contract of
	WD,	1 *	1.	t.	٠, ٥٥	1 -		
	Parsonstown,	Clogheen,	Callan,	Gort, ;	Roscommon,	Limerisk,	Limerick,	

With regard to the type of disease, at different periods of the epidemic, which, with its complications, principally of dysentery, purpura, diarrhœa, and small-pox, has been, perhaps, unparalleled for duration and severity, the following abstracts from reports of Inspectors and Medical Officers, will afford some useful information. It may be stated in general terms, that the malignity of the disease, and of its complications, seemed mainly to have depended on the lowered state of constitutional strength induced by famine:—

PROVINCE OF MUNSTER.

County Cork, Bandon Union, 18th March, 1847 (Dr. Stephens).—
"The fever is of a low typhoid character, and though not fatal, still convalescence is slow."

Waterford Union, Waterford, 23rd March, 1847 (Dr. Mackesy).— "Fever has been steadily on the increase since November last; it is not of

a malignant character."

County Cork, Skibbereen Union, 20th April, 1847 (Dr. Goodison).—
"Few houses can be said to be altogether free from either fever or dysentery.

A new disease appears to have arisen here, under the form of Anasarcous swelling of the lower extremities, without previous fever or dysen-

tery."

Waterford Union, Waterford, 13th September, 1847 (Dr. Courtenay).—
"The type of fever that at present prevails is the mild typhoid, with great prostration of strength, the general duration being 14 days, with great tendency to relapse in all cases, and these occur three or four times; the general determination has been to the abdominal mucous surfaces, gastro enteritis, dysentery, &c., &c., and, in some cases, to the respiratory organs, viz., typhoid pneumonia, pleuritis, and asthmatic bronchitis. The general sequela, and rather an extraordinary one, is erysipelas of the face, which has occurred frequently and severely since the 1st of February. Phlegmonoid has occurred in some cases, but it did not prevail epidemically in the city, nor could it be attributed to want of sufficient ventilation; the other sequela were enlarged parotidgland, and abcess opening at external meatus—purpura in the young subject. Dysentery at present prevails to a great extent, connected with, and often independent of fever."

County Cork, Midleton Union, Midleton, 5th October, 1847 (Dr. Courtenay).—" Dysentery prevails here to a great and fatal amount, in fact it

is more to be dreaded at the present time than fever."

County Cork, Kinsale Union, Nohoval, 16th October, 1847 (Dr. Courtenay).—"The type of fever here is the simple continued, and a few cases of exclusive typhus; the usual duration is from five to eleven days, with a peculiar tendency to repeated relapses—out of 250 cases, 240 relapsed."

County Kerry, Tralee Union, Dingle, 21st November, 1847 (Dr. Burton).—"The fever which prevailed was short in its duration, but most liable to relapse, no matter what means were taken to arrest it; it has usually been followed by dysentery and diarrhea. The duration was generally from six to eight days; it was attended with as much debility and emaciation as if the patients had been confined to bed for weeks. The mortality from dysentery was considerable."

County Limerick, Kilmallock Union, Kilmallock, 30th November, 1847

(Dr. Burton).—"The general type of fever is low, but mild, with a few petechial cases; typhus in about the proportion of one to ten; there is a great tendency to relapse, followed by gastric irritation and debility, with diarrhea."

County Tipperary, Nenagh Union, Nenagh, 11th December, 1847 (Dr. Burton).—"Fever here appears to be of the short relapsing type in two-thirds of cases, the remainder spotted typhus; usual duration of attacks four, five, or six days; head symptoms, pains in the joints, and hands, and tops of fingers, were very common; scarlatina occurred in a few instances; on an average more females than males have been attacked in this locality; bad or deficient food in all instances may be considered the causes of fever of short type."

County Cork, Skibbereen Union, Skibbereen, 7th September, 1848 (Dr. Hill).—" Variola is very prevalent in this district; there are at present not less than seven cases in hospital. The Medical Officer states, that during the months of May, June, and July last, 110 cases of variola were treated in the temporary hospital, of whom very few had been vaccinated."

PROVINCE OF CONNAUGHT.

County Mayo, Westport Union, Newport, 3rd May, 1847 (Dr. Daly).—
"Fever, dysentery, and diarrhoa are greatly on the increase. The type of the fever is not typhus, as seen in Dublin and country practice in former years, when famine did not prevail; but is entirely gastric, begining with vomiting, pains, headache very intense; and, as I am told, coming to a crisis in about seven days, relapsing again once or twice, from which death occurred through mere debility or diarrhoa, caused and kept up by bad food, principally Indian meal, supplied to them in small quantities, and which they invariably swallow after only a few minutes' boiling, and sometimes cold and raw. The greatest mortality is among the labourers, men and women, on public roads, in cold, wet, boggy hills. The fever begins with racking pains, headache, and shivering, all which symptoms vanish in about two days; they then appear free from pain, prostrate, dozing, and sink on the fourth or fifth day—no vital power or means of reaction appears in them."

Galway Union, Oranmore, 7th May, 1847 (Dr. Daly).—" The type of fever is typhus, much more of it than in Mayo, where gastric fever nearly as fatal ensued. Here the use of bad shellfish is more in vogue than in Mayo, and this horrid diet produces typhus, and bowel complaints, anasarca of face and limbs, &c. I have made a calculation with the aid of the priest and doctor, and from my own observation, am satisfied, three-fourths of the

population (1,000) of the town, are now ill of such disorders."

Roscommon Union, Roscommon, 11th October, 1847 (Dr. Freke).—
"The type of the fever which prevailed in this district was, in far the greater proportion of cases, of low adynamic form, general debility set in early, and, in almost every case, petechial of a measly character occurred. The duration was generally short, the fever usually terminating on the seventh, ninth, or eleventh day by profuse perspiration. Relapses were so common as to appear characteristic of the epidemic—in several instances they have occurred so frequently as three, or even four times in the same individual. In many cases a deep jaundiced hue pervaded the entire surface of the body, and, in several, there was considerable cerebral disturbance."

County Leitrim, Manorhamilton Union, Manorhamilton, 13th October, 1847 (Dr. Roughan).—"Character of fever has been synocha and typhus, the latter preponderated in the proportion of four to one; the synocha was seldom of longer duration than eight days, tendency to relapses about the fifth or sixth day of convalescence.

"A great number of patients, when convalescent for a fortnight, were

attacked by typhus fever.

"The typhoid form was complicated with a red measly rash in almost

every case. The head was the particular organ engaged."

Sligo Union, Collooney, 20th November, 1847 (Dr. Freke).—"Two types of fever (I am informed by Dr. Armstrong) have prevailed in this district, one was a mild inflammatory character, the ordinary duration of which was from eight to twelve days, and was usually followed by a relapse; the abdominal mucous membrane was chiefly engaged, and the most common sequela were anasarca and general debility, with loss of appetite. The second form of fever was of a typhoid character, was much less general than the other, continued its usual course, was not subject to relapses, was frequently complicated with cerebral affections, as also with affections of the chest and abdomen, and demanded stimulating treatment. The other diseases prevalent with fever were dysentery and diarrhœa."

PROVINCE OF LEINSTER:

County Wicklow, Rathdrum Union, Wicklow, 1st September, 1847 (Dr. Courtenay).—"The fever is of a mixed nature, with several cases of maculæ, the determination usually to the respiratory organs, also in several cases gastritis—sequela in some cases, viz., an attack of small-pox, swelling of the glands, particularly the paroted. Out of one hundred cases, eighty-five relapses."

County Wexford, Enniscorthy Union, Killegney, 7th September, 1847 (Dr. Courtenay).—"The fever is of a gastric character, going on into gastro interitis, duration from five to fourteen days, and, in most cases, a determination to the abdominal mucous surfaces; in a few cases the chest was the seat of determination. The tendency to repeated relapses is one of the most peculiar features of this epidemic; in every case there were relapses.

"Purpura has occurred as a sequela in a great number of young patients; but dysentery has been, as a general rule, the sequela in all

cases."

County Meath, Trim Union, Trim, 24th September, 1847 (Doctor Freke).—"The following is a condensation of what I have been enabled to collect from Dr. Lamprey, with regard to the character of the disease:—

"He informs me, that he has observed four distinct types of fever to occur in the present epidemic. The first and most numerous are cases of simple continued, and average fifty-five per cent.; the period of the disease generally lasts nine days, without any marked complication, nor attended with any sequela; great tendency to relapse, which has occurred in nearly all cases under treatment.

"The type of the order of fever observed by Dr. Lamprey to be second in frequency is typhoid, and of 21 days duration, and is liable to relapse;

it has occurred in the ratio of twenty-three per cent.

"The third kind of this fever, which has received the name of yellow fever, is characterised by the jaundiced appearance of the skin, gastric and hepatic symptoms, accompanied by severe head complications, and attended with great perspirations. This type occurs at a ratio of eighteen per cent.

"The fourth type observed by Dr. Lamprey is stated to be the rarest, and to be pure typhus, attended with an ecanthematous eruption and dothinuteric symptoms. These cases have occurred only in a ratio of four per cent."

King's County, Tullamore Union, Tullamore, 21st December, 1847 (Dr. Burton).—" In this district the ordinary fever is spotted typhus, occurring in proportion of five out of seven, and appearing even in the youngest children; duration of attack, twenty-two days.

"A few cases of a mild ephemeral fever, enduring about seven days; complications generally of head, abdomen, and chest. Incidental diseases—

dysentery, scarlatina, measles, jaundice, purpura."

County Kildare, Athy Union, Ballylinan, 4th January, 1848 (Doctor Burton).—"The type of fever was a kind of typhoid, subject to remissions; the average duration of attacks about five days. In one-fourth of the cases spotted fever occurred, averaging twenty-one days.

"Incidental diseases were chiefly dysentery, purpura, and a great deal of scurvy, with some cases of yellow fever, the symptoms of which were great irritability of stomach, prostration of strength, tar-like stools, blue extremities, and loss of heat—in these cases stimulants had little or no effect.

These cases were generally fatal."

County Longford, Granard Union, Granard, 27th May, 1848 (Doctor Courtenay).—"The type of fever prevailing here is of a typhoid character, in fact I have never seen so many cases of a bad maculated character as in this hospital; the duration is from fourteen to twenty-one days, usually complicated with dysentery, the determination being, in most cases, to the alimentary mucous surface; no marked sequela, but a very great tendency to relapse."

PROVINCE OF ULSTER.

County Armagh, Lurgan Union, Portadown, 29th September, 1847 (Dr. Roughan).—"The number of patients in hospital is 268, of these there are at present only four cases of maculated typhus fever; the fever generally ends about the 11th day, and then, in broken constitutions, generally followed either by dysentery or anasarca, or both combined; most all patients relapsed on the fifth or sixth day of convalescence into a fever of shorter duration than the original one. No cases of purpura occurred in the hospital—several in the dispensary practice; six cases of small pox were admitted."

Counties Antrim and Down, Lisburn Union, Hillsborough, 1st October, 1847 (Dr Roughan).—"Two forms of fever have been observed in this hospital since its commencement, viz., simple inflammatory fever, and typhus, with a petechial eruption; the former predominated, and was of a very mild character, its duration being from eight to fourteen days; vomiting caused much torment to the patients at the beginning—this symptom was always accompanied by tenderness in the epigastric region, much increased by pressure; relapse occurred in almost every case suffering under this form of disease."

County Tyrone, Omagh Union, Dromore, 27th October, 1847 (Dr. Roughan).—"Typhus was the character in four-fifths of the fever admitted, all cases accompanied either by petechiæ or maculæ, the latter more

frequent, in the form of large purple spots scattered over the body, arms, and legs, appearing about the fifth day of the fever, and disappearing about the tenth or twelfth; in many cases those spots were followed by an erup-

tion, somewhat like purpura."

County Cavan, Bailieborough Union, Kingscourt, 30th June, 1848 (Dr. Hill).—"The fever now prevalent is of a mild type, its prominent symptoms being headache, nausea, or vomiting, and acute pains in the limbs, the ordinary duration is from nine to eleven days; but the tendency to relapse is so strong, that very few escape without one or more secondary attacks, and the convalescence is generally tedious; maculated cases are now seldom seen."

We abstain from entering into any observations on the de-

tails of treatment for the following reasons:

To render deductions as to treatment satisfactory, it would be necessary to be assured that the cases compared should be of like character and type—a condition which it would be impossible to attain, as the cases in different institutions, in different parts of the kingdom, must be subject to constantly disturbing causes, arising from varieties in locality, constitution, diet, previous habits and employments, &c., and even from hospital arrangements. Satisfactory results as to varied modes of treatment of most diseases, can only be arrived at by practitioners who, deducing their results from instances under their own immediate observation, can thus assure themselves that their observations are made on cases of the same nature. Moreover, details of medical treatment being matters purely professional, would not, perhaps, properly come within the scope of this report.

It is, perhaps, scarcely necessary to observe, that this epidemic, like all former similar visitations, assumed a contagious character, and that the mortality was great among the upper classes—Clergymen, members of Relief Committees, Inspectors, and Medical Officers, whose duty, or whose benevolence, exposed them to contagion. Of 473 Medical Officers appointed under the Temporary Fever Acts, 36 died during the preva-

lence of the epidemic.

Emigrants from Ireland carried the disease to Liverpool, and to several ports in North America. Fever thus imported into Canada was, according to reports which have already been published on the subject by the local authorities in that country,

exceedingly fatal.

We do not deem it necessary to give any meteorological tables for the period of the epidemic, as those already published in the various scientific journals do not show that there was any remarkable deviation from the ordinary climate of the country during its prevalence.

SMALL-POX.

Small-pox prevailed to a considerable degree during the year 1849. In the month of December in that year, a circular was

addressed to all the Medical Officers employed under the Temporary Fever Acts, requesting information as to the number and nature of the cases which came under their notice within the year

the year.

The returns show a total of 7,319 cases for the year 1849; but this scarcely approximates to the real number, for (as observed by some of the Medical Officers)—"relief is not applied for except in very dangerous cases, and the number stated is but a small proportion of the cases that were in the district."

Again—"it is only where there is immediate danger of life that a medical man is called in, lest he might be obliged to prosecute the inoculator. The people" (in the provinces) "are generally steadfast in the old practice of inoculation of small-

pox."

The increased prevalence of small-pox was, no doubt, attributable, in some degree, to the continuance of the practice of inoculation, but more to the want of an efficient system of vaccination; the Guardians, in many instances, having omitted to make contracts, or having allowed vaccination contracts to expire, thus leaving the poor to the alternative of inoculation as their only protection against small-pox. But as these circumstances did not peculiarly belong to any one year, they do not appear to be in themselves sufficient to account for the increased prevalence of small-pox at this particular time, and still less for its peculiarly malignant character.

It was not in the power of the Medical Officers to give accurate returns of the mortality from small-pox; but their accounts nearly all agree in representing the disease as having generally presented a confluent character and malignant type.

The following are returns from hospitals in Dublin:

FEVER HOSPITAL and House of Recovery, Cork-Street.

Statement of the number of cases of Small-Pox received into Hospital during the past eleven years, distinguishing the number of Deaths, and whether Vaccinated or not Vaccinated.

Years.	Admitted.	Vaccinated.	Not Vaccinated.	Died.
1840	28	9	19	2
1841	4	1	3	
1842	33	13	20	- 5
1843	12	9	10	2
1844	2	ĩ	1	~
1845	90	15	75	10
1846	17	0	15	19
1847	10	ĩ	10	0
1848	28	5	23	20
1849	105	19	86	0 0
1850	47	0	38	30 10

HARDWICK FEVER HOSPITAL.

Statement of the number of cases of Small-Pox received into Hospital during the past eleven years.

Years.	Admitted.	Vaccinated.	Not Vaccinated.	Died.
1840 1841	ī	-	-	-
1842 1843 1844	23 17	=	-	5 4
1845 1846	70 39		100	16 9
1847 1848 1849	20 47 106	=	-	8 9 46
1850	99	38	61	31

No account of the disease kept prior to 9th September, 1841. The particulars of Vaccination commenced to be taken in the month of February, 1850.

FOOD.

The failure of the potato crop fell with peculiar severity on the laboring class of Ireland—the peasantry generally depending for their food not on money-wages, but on potatoes raised by their own labor—for which there was otherwise little employment at certain seasons of the year. Hence, on the failure of the potato crop, the difficult problem presented itself, of not only furnishing food to the poor at the lowest price, but of providing them with employment, in order to enable them to purchase it. The reports of the Relief and Poor Law Commissioners show the gigantic efforts made to meet those difficulties.

We have, however, only to deal with the effects of the failure of the potato crop in a dietetic point of view, and its bearing on the production of fever; and we are of opinion that even had a full supply of grain food been obtainable instead of the potato, there would still have followed a considerable amount of disease. The following are briefly the grounds on which we

advance this opinion :-

Chemical investigation has shown that the potato has a peculiarity distinguishing it from almost all other vegetables and kinds of grain used as human food. Although affording an inferior nutriment in proportion to the bulk consumed, from its consisting of about three-fourths water, it nevertheless contains in its composition nearly all those elements of nutrition that exist separately in most other vegetables and grain, and are, therefore, only to be obtained from most other articles of food by combining together different kinds. Hence, the potato can be used singly for support and nutrition; while in using other vegetable products there is required a combination of va-

rious kinds to furnish the varied elements that are necessary for the growth and support of the human body. In ignorance of this, rich and poor alike fell into error, in attempting to substitute some one article or other of food, as a sufficient equivalent in itself for the potato. The poor, forced by necessity, attempted to support themselves on whatever grain they could obtain; the rich, moved, by the best motives, made the greatest exertion to substitute for the potato some other vegetable, such as they were led to believe furnished the staple food of the people of other countries. Rice was one of the main articles which presented itself; and the popular, but erroneous idea, that it furnished the sole article of food for whole nations, led to an attempt to make it a substitute for the potato. Rice alone, however, is not anywhere the sole support of any portion of the human race. Experience or instinct has taught those who use it as a chief article of food that, of itself, it is not adequate to support life, and hence, there is always consumed with it in those countries where it is generally used, oil, dal, or some other vegetable, seed or grain, meat or fish, in order to add to the rice such of the elements of nutrition as it does not in itself contain. Thus, even if a full supply of grain food had been obtainable, the great bulk of the people would have consumed it, ignorant of the need of those combinations that are requisite in its use, and disease, to a considerable extent, would have resulted, until experience and information had corrected the error. A frequent mistake connected with the introduction of rice was the supposition that the bulk acquired by boiling afforded an indication of the quantity of nutriment contained in such bulk. With the view of correcting this error, we issued several communications on the use of rice and other articles of food, and the following extracts from some of those communications will explain our views on those points:—

"The Board of Health cannot hesitate to assure the Relief Commissioners, that rice, instead of being superior, is much inferior to Indian corn

meal in nutritious qualities.

"It is true that rice, by steeping and boiling, may be made to furnish a larger bulk of apparently solid food than will be furnished by an equal quantity of Indian corn, and hence has probably arisen the supposition of its being more nutritious; but the bulk thus obtained is deceptive as to the quantity of nutriment afforded. Rice contains about eighty-five parts in every 100 of starch; a given quantity of it will, by steeping and boiling, absorb a very large proportion of water, and will swell into a large and apparently firm mass; but this mass will contain a very small proportionate quantity of nutriment. A very simple experiment will satisfactorily illustrate this - one ounce of common starch boiled in the ordinary way will form, with a pint of water, a firm mass, which, from its apparent consistency, will seem to be good substantial food; but the bulk thus formed, it is obvious, contains very little nutriment. In like manner of rice-one pound of it may be made to form, with water, a starchy mass of five or six pounds weight; but the produce, as in the experiment of the starch, is bulk, without equivalent nutriment. The Board of Health are anxious that their observations on this subject should be clearly understood and widely disseminated, as the error is very generally prevalent of supposing, that in using rice or other similar substances, an amount of nutriment is afforded equal to the bulk gained. The Board of Health do not at all object to the use of rice as food; on the contrary, they highly approve of it, provided it

be furnished in sufficient quantity.

"The Board of Health are fully aware how necessary, and how pressing, at the present time, is the exercise of the strictest economy; but they are also convinced, that if the use of a diet be permitted, containing too large a proportion of fluid, deficient in the due quantity of nutritious elements, and deriving its solidity principally from the presence of starch, the result must necessarily be, in those living on it, debility of constitution with consequent inability to resist disease, and ultimately, increased expenditure in the cost of relief, instead of saving.

"For these reasons, the Board of Health deem it important that the principle laid down in their previous communication of 11th May, should be strictly adhered to, viz.:—that rations should be given out cooked, and in as solid form as possible, and that they should be estimated, not by the bulk when cooked, but by the rule that each cooked ration should contain the equivalent of one pound of raw meal, the quantity originally sanc-

tioned by the Relief Commissioners and the Board of Health."

It was also frequently proposed by Relief Committees and Boards of Guardians, to lessen the rations when oatmeal was substituted for Indian meal, the former being erroneously supposed to be more nutritive than Indian meal. The two grains, however, differ so little in nutritive qualities, that the Board decided that rations, whether of oatmeal or Indian meal, should

be of the same weight.

Similar difficulties to some of those noticed in respect to the use of rice, existed in the attempts to substitute either beans or Indian corn as the sole substitute for the potatoes, viz., that neither of those articles of itself can be used like the potato as the sole article of support. Another error at the time of the failure of the potato, and the most generally diffused, was in the attempt to substitute for the potato itself what was very generally, but erroneously, called "potato flour," which was obtained in large quantities from rotted potatoes. This so called "potato flour" was, however, not flour in the proper sense of the word as applied to wheat flour, for it did not contain the elements of the potato, but consisted wholly of starch or fecula, and was quite unfitted to support health or even life for any considerable length of time. It was as erroneous to consider this starch as equivalent to the potato, as it would be to consider wheaten starch as equivalent to wheaten

Even among tradesmen and laborers on railways, who earned sufficient wages to buy good food, the result of the loss of the potato was seen in the production of scurvy or purpura, in consequence of their being unaware that variety of food was necessary to form healthy blood. Their diet was most frequently white bread and coffee, with sometimes animal food

but yet, these articles not containing sufficient variety of ele-

ments, scurvy was the result.

The same effect was seen in some public schools from similar causes. The following is an extract from a circular of the Board of Health of the 21st June, 1847, on this subject:—

"While on the subject of diet, the Board of Health deem it of importance, through the medium of the Relief Commissioners, to draw the attention of relief committees, and of the people generally, to the fact, that a form of disease, now very prevalent among the people, resembling in many particulars sea scurvy, is connected with or dependent on a defective nutrition, arising not from deficiency of quantity, but from deficiency of quality or variety in the food. The potato, although not containing a large proportion of nutriment, is remarkable as containing within itself all the varied elements necessary for forming healthy blood—no one of the substitutes for it, with the exception of oatmeal, possesses this remarkable property; and hence, the use of more than one article of food is necessary, in order to secure a sufficient supply of the varied elements of nutrition, and thus to obviate the form of disease referred to.

"With this principle in view, the Board of Health, as the season of the year now gives facilities for it, strongly recommend the admixture of onions, leeks, scallions, or shallots, in cooked meal rations or stirabout, which will both act as condiments, and will also furnish some of the elements of nutrition essential for forming healthy blood. Onions are so rich in nutritive qualities, that, as a mere article of food, one ounce and a half may be considered as equivalent to about one ounce of meal. On every opportunity, the importance to health of using vegetables, such as carrots, parsnips, turnips, and cabbage, along with meal, should be impressed upon the

people.

"It may not, perhaps, be out of place in these observations, to make the people generally acquainted with the high nutritive qualities of beans and peas, which, weight for weight, contain from ten to twelve times as much nutriment as potatoes. In those countries where rice is very extensively used as the food of the people, experience has taught them that rice by itself has low nutritive qualities; but that the deficiency can be supplied by adding about two ounces of beans, peas, or lentils, to each pound of rice. It must, however, be remembered, that with beans or peas, some other vegetable food must be used, as, although possessing in a high degree some of the most important elements of nutrition, they nevertheless do not contain a sufficient variety of other nutritive elements to support the human body in health."

Another cause that existed, adding much to the production of diseases among the poor, was the use of raw or badly-cooked food.

This engaged the earliest attention of the Commissioners.
On the 10th March and 11th May, 1847, we addressed communications to the Relief Commissioners, of which the following are extracts:—

"The Board of Health, however, suggest, that in all instances where practicable, the food should be given out in a cooked form; as food, however good in itself, will, if not sufficiently cooked, not afford its full supply of nutriment, and it will, moreover, predispose to attacks of dysentery and

diarrhœa, now so prevalent through the country. They likewise suggest that the food given out should be varied occasionally—as for instance, on one day, that bread rations be given; and on another, soup and bread; or

meal and rice porridge, with bread, &c.

"The Board of Health now desire to draw the attention of the Relief Commissioners to the communication from the Board of Health of the 10th March, in which they recommend, that 'in all instances where practicable, the food should be given out in a cooked form.' They are now, from reports which have reached them, anxious to urge on the Commissioners the necessity of taking measures to have this recommendation acted on, without exception, in all instances. The Board of Health feel it only necessary to observe, that they fear, unless the principle be fully carried into effect, of giving out the food only in a cooked form, there will be always both an abuse and a serious evil of another kind to contend with. The abuse is, the sale of raw meal, for which purchasers are always to be found, to whom even the poor requiring the food for themselves or family will dispose of it for money, tea, or tobacco; and the serious evil is, the consumption of meal or rice, but more particularly Indian meal, in a raw or badly cooked state, which will predispose to, and aggravate dysentery and diarrhœa, already so prevalent through the country."

The Board received from all parts of the country satisfactory communications of the improvement produced in the health of the people by the issue of well-cooked food. The following are extracts from some of the communications:—

"Those districts in which 'eating houses' are in full operation, show a great improvement in the sanitary condition of the people—many bad cases of fever and dysentery have recovered from the use of the food given them out of these sources of relief."

"Fever and dysentery are of a much milder form than hitherto, and the deaths very few in comparison, especially in those districts

where cooked food has been adopted for any length of time."

"There has been a marked improvement in the health of the people generally since relief has been administered in food, particularly where it has been cooked. The prejudice which was strong against cooked food at the commencement has gradually yielded; very many of the people admit they prefer it to meal. There can be no doubt that it has had a marked effect in checking bowel complaints. The districts most free from fever are those where cooked food has been the longest in use."

"It is a remarkable fact, that in those divisions where cooked food

is not used, fever and dysentery are, or have been, most rife."

"Three weeks ago, when fever was rather abounding, the Relief Committee took up the idea of having fever sheds built; but since cooked food has been given to the people, fever has, under Providence, astonishingly declined."

The connexion between the scarcity of food and the prevalence of fever will be seen from the following table, which gives the prices of wheat, oats, oatmeal, and potatoes in the Dublin market, in periods of quarters, for four years, commencing in 1845, and terminating in 1850:—

-		DOME NOT THE REAL PROPERTY.	_	3	-	
		fper barrel	(20 stone.	per barrel (14 stone.)	per owt.	per cwt.
	October.	8. d.	0 11	8 6	10 0	4 0
	July.	-	1 12	11 0	10 10	4 6
1850.	April.	. d.	1 1	10 1	10 0	9 4
	January.	d.	2	9 10 1	10 10 1	9 4
	October.	4 :	1	10	9	60
	July.	-	e IB	6	4 10	9
1849.		46	22	5 13	9 13	0 11
	April.	40 0	7	11	11 0	7
10000	January.		77	10 2	11 6	0 9
	October.		26 10	11 4	14 6	0 0
	July.		900	01	12 5	8 0
1818.	·lindA	-	27 4	10 10	11 5	7 6
	January.	Ą	20.4	11.8	13.3	2 6
	October.	à.	0 88	611	15.8	0 0
	July.	d.	0	0	0	12 0
1847.	April.	ď.	5.0 39	1 6 18	1 6 20	8 6 1
	January.	d.	91 0	0 21	25 0 24	0
-		DERFERENCE	0	6 21	6 25	0
	October.		83	15	19	10
1846.	July.	69	30 0	14.0	16 0	5 6
	April.	3. d.	30 0	14.6	16 0	9 4
	January.	s. d.	30 0	13.0	15.9	9 69
1813.	October.	s. d.	29 3	12 3	13 0	2 0
	July.	s. d.	56.6	12 0	12 0	7 01
	April.	s. d.	25 0	11.3	65	179
	January.	s. d.	0 95	11 9	12 3	0 01
			Wheat,	Osts,	Outmeal,	Potatoes,

It is impossible not to be struck with the coincidence between the scarcity and consequent high price of potatoes and the prevalence of fever:—

			8.	d.	
In 1845,	potatoes	averaged	2	2	per cwt.
In 1846,	,,	,,		10	,,,
In 1847,		,,	8	4	,,
In 1848,	,,	,,	7	0	,,
In 1849,	,,	,,	6	11	"
In 1850,	,,	,,	4	4	"

In 1845 there was no epidemic. In 1846 the scarcity was first felt, and fever began to show itself, and as prices still continued to rise in the winter of 1846, and spring of 1847, the effects of want of food were seen in an alarming increase of fever, and during the years 1847 and 1848, and greater part of 1849, the prices continued so high as to deprive the poor of their accustomed food, and notwithstanding all the long continued and benevolent exertions of Government and individuals, an epidemic of unparalleled severity and extent continued its ravages.

The number of patients admitted into temporary fever hos-

pitals, in

1847was	95,890
1848, ,,	
1849,	87,135
1850, ,,	39,056

The price of potatoes, although having fallen considerably in 1850, still averaged, it will be observed, double the price of 1845; but the injurious effects that would otherwise have still followed from the continued comparative scarcity and high price of potatoes, were counteracted to a very considerable degree by the cheapness of oatmeal, which fell, in the autumn of 1849, to 10s. 6d. per cwt., and averaged during 1850, only 10s. 5d. per cwt. This was little more than double the price of potatoes, and as oatmeal in weight for weight contains above four times as much nutriment as potatoes, the peasantry, whenever they were by money-wages enabled to purchase oatmeal, obtained at little more than double the price of potatoes, a food that contained more than quadruple nutriment, which was a benefit equivalent to a reduction of about one-half in the price of potatoes. In the autumn of 1850, a cwt. weight of oatmeal could be purchased for 10s., equivalent in nutrition to more than four cwt. of potatoes, which would cost about 18s. But for this lowered price of oatmeal, it seems certain that the same amount of distress and disease would have continued to prevail in 1850 as in previous years. The people were not slow in discovering, that the advantage in economy and nutriment was on the side of oatmeal. In a communication received from an

intelligent Inspector under the Drainage Commissioners, he observes-"As to potatoes, they are quite too expensive for ordinary food at present (February, 1851); even farmers who have large quantities of them prefer (through, however, motives of economy only) selling them, and living, with their servants, on oaten and Indian meal." It has often been desired, that the people of Ireland could be induced to turn from the potato to grain as their food, as tending to produce improvement in their habits, and as rendering them less liable to suffer from periodic famines. All attempts to effect this have hitherto failed. However, the knowledge that they have now acquired of the very superior nutritious qualities of oatmeal, and its price continuing to bear such a relation to the cost of potatoes, as to render its consumption often more economical than that of the potato, will, it would seem to us, eventually and certainly lead to the desired end.

HOSPITAL ARRANGEMENTS—VENTILATION—EXPENSES OF PATIENTS.

It has been already observed, that of 576 applications from local bodies for hospital accommodation, 203 were refused, and 373 were granted; but even this number was far above what would have been requisite if the Board of Health had been able to carry out its views. The Board were most anxious in the outset, to establish hospitals only in suitable central situations, which hospitals might then, from time to time, have been enlarged or contracted as required, and the cost of erecting additional hospitals with all the expenses consequent thereon might have been obviated. Various obstacles, however, prevented this plan from being carried out. amended Fever Act of April, 1847, clause 2, authorized the Commissioners of Health to issue certificates requiring hospital relief to be afforded in electoral districts; but only according as the necessity for it arose in each electoral district; the Board was thus precluded from directing hospitals to be erected in the first instance in central situations. Even where several electoral districts were so circumstanced that they might have been united with great advantage for the purpose of giving combined hospital relief, the several relief committees frequently refused to unite; in some instances, from a desire to have each a separate hospital; in other instances, from a reluctance to incur the expense of affording any hospital relief whatever. The consequence was, that notwithstanding the advice and remonstrances of the Board of Health, hospitals were established in much greater numbers than would have been sufficient, and expenses were thus incurred that might have been avoided. In some unions, as many as ten hospitals were erected; in others, eight; and, in very many, from four to seven; the hospitals, in some cases, not being more than

two or three miles asunder. The bad effects of this were felt not only in the outset, by the erecting and maintaining of an unnecessary number of small hospitals with their separate staffs, but were continued when the epidemic had considerably declined; for it was then often found impracticable to reduce them in proportion to the decline of the epidemic, as they were frequently so inconveniently and unsuitably located, that although there might be several hospitals in one union, no one hospital was sufficiently central in locality to serve for the accommodation of two or more electoral divisions; and thus, during the decline of the epidemic, several small hospitals, each burthened with a staff sufficient for a large institution, were necessarily continued at an unavoidable expense. The experience of the late and of former epidemics shows that it is hopeless to expect that fever, once having made its appearance as an epidemic, can, by any sanitary precautions, be limited to any particular district. It will, therefore, be found most economical, should a similar visitation again take place, at once to provide hospital accommodation in central situations—such hospital accommodation will be available for large districts, and can be contracted or enlarged according to necessity. The multiplied and unnecessary expenses attendant on the maintaining numerous small hospitals would be thus obviated.

Representations were, at different times, made to us from various Relief Committees, requesting our sanction to proposals for providing attendance on fever patients in their own homes, and supplying them there with medicine and nutriment. These we always discountenanced, on the grounds that it would be quite impossible, under any management, to treat cases of fever with advantage to the sick, or with a due regard to economy, in the houses of the poor, often scattered over an extensive district; while there was, moreover, the very serious objection to the proposal, that the poor, ill of fever, lying with their families in ill-ventilated cabins, would propagate and indefinitely extend the disease. In a few instances, where the plan was introduced by Relief Committees, it was abandoned as being ineffective, and yet more expensive than hospital relief.

As in many situations in the country, no buildings could be procured adapted for the purpose of fever hospitals, and as it became necessary to increase the accommodation in previously existing hospitals, Mr. Wilkinson, Architect of the Poor Law Commission, furnished the Board (in accordance with their suggestions) with plans for the construction of fever sheds and wooden bedsteads of a very simple and economical construction, which were found fully to answer the purpose (see appendix A, Nos. 2 and 3).

It was a matter of great importance to furnish some simple and effective plan of ventilation for fever hospitals, and after many trials the following has been found to answer the pur-

pose. A sheet of zinc or tin plate is punched (not drilled) with holes one-twelfth-inch diameter, and half an inch apartthus prepared, it is inserted in place of a pane of glass in every window, or every alternate window, as required, care being taken that the side on which the burrs project is turned to the weather so as to throw off the rain. Neither wire-gauze nor perforated zinc of the ordinary kind will be found suitable, as both permit blasts of cold air and rain to pass through them, and the former is liable after some time to become choked with dust. Those who have had practical experience of the importance of ventilation to the sick, and of the difficulty of maintaining it, will appreciate the value of a simple plan that combines utility with cheapness, and which cannot be interfered with by the inmates of the hospital. In the appendix (Ap. A., No. 13) will be found the general order of the Commissioners for the internal regulation, attendance, and dietaries of fever hospitals.

Proposals occasionally came before us for the employment of various disinfecting agents, as a means of destroying contagion, and thus destroying the epidemic. We did not feel ourselves authorized to sanction any expense in such trials; experience and experiment have fully shown that chemical agents may deodorise, but fail to disinfect, that the most fatal epidemics are often generated and extended in what (to our senses, and to all chemical examination) would seem to be the purest air, and that the most offensive odours are often habitually

inhaled with impunity.

It is also to be remembered, that none of the supposed disinfectants have the power of restoring oxygen to the air; it is
evident, therefore, that disinfectant substances which deodorise,
must still leave the air, as far as regards its proportion of
oxygen, as unfit for the support of animal life as before, while
the very destruction of the bad odours by any other means than
by a free circulation of fresh air, would rather tend to divert
attention from the only effectual purification of the wards of
the sick—viz., by the free, and constant circulation of fresh
air, in our opinion, the only effectual method of purification.
These observations, however, are by no means intended to depreciate the use of charcoal, chlorides of lime and zinc, and of
other deodorising substances for the destruction of the bad
odours arising, during the emptying of cess-pools, or during the
temporary removal of deposits from sewerage.

The financial arrangements of the fever hospitals were not under the superintendence or control of the Board of Health, having been managed under the 10th Victoria, cap. 22, by the Relief Committees, and under the 11th and 12th Victoria, cap. 131, by the Poor Law Guardians. The Board of Health, however, from returns furnished to them, made a report to Parliament in 1850, showing the cost of support of patients in temporary fever hospitals in the year 1849 (Parliamentary Paper, 442). The returns of expenditure were received from

the clerks of the unions in which the hospitals were situated, and this return shows that the average weekly cost, including salary of Medical Officer, was 4s. $0\frac{1}{2}d$. per patient.

CHOLERA.

Cholera having made its re-appearance in Europe in 1847, and continuing to advance in 1848 towards this kingdom, your Excellency was pleased, by an order in Council, of the 4th of October, 1848, to direct that we should carry out the provisions of the Nuisances Removal and Diseases Prevention Act, with reference to means for the prevention, as far as possible, of the predisposing causes of the disease, and for the medical care of

the poor who might be attacked by it.

With the view of promoting the early adoption of precautionary measures, and of having the necessary arrangements perfected in due time, we issued the following circular on the 1st September, 1848 (see appendix B, No. 1), previously to the appearance of the epidemic in this country, and having carefully watched the progress of the disease, and deeming that the time had at length come when it was advisable to issue the requisite legal authority under our hands, in accordance with the provisions of the act referred to, we issued, on the 7th December, 1848, the directions and regulations for carrying out the provisions of the act (see appendix B., No. 2).

The following table is so arranged, from reports forwarded to the Board, as to show the rise, progress, and decline of the

epidemic :-

SUMMARY of Returns of the number of cases of Cholera reported to the Central Board of Health, distinguishing the sexes, ages, premonitory symptoms, and date of the first and last case.

	August.	-
	July.	7
	June.	45
1850.	May.	172
	April.	98
	March.	267
	February.	396
	January.	339
	December.	179
	November.	188
	October.	631
	September.	4,144
	August.	4,905
	July.	4,256
1819.	June.	5,568
in a	May.	11,129
	April.	8,946
	March.	3, 292
	Pebruary.	891
	Jan nary.	201
1848.	December.	55

te.	Last cast.	1850 4th Aug.
Date.	First case.	1848 4th Dec.
Hours in previous Diarrhoea.	Above 48 hours.	7,941
	24 to 48.	5,616
	12 to 24.	7,513
	6 to 12.	5,532
	2 to 6.	3,671
	2 hours.	889
	None.	14,536
Ages.	Fifty and upwards.	7,728
	Above seven, un- der fifty.	33,461
	Up to Above one, seven, un- one year. under seven, der fifty.	1,081
	Up to one year.	485
Bexcs.	Females.	15,66.7
	Males.	20,001
Total number.	Deaths.	19,325
Total n	Cases.	869°57

The rate of mortality on the whole number of cases was

forty-two one-fifth per cent.

This visitation was remarkable for the large number of children attacked. From the returns, it appears, that of the total number reported (45,698), the number of children attacked

under seven years of age was 4,506.

It also appears that in this epidemic the first or diarrhea stage of the disease was not as distinctly marked as in former epidemics. Of the total number, 45,698 cases, 31,162, were preceded by a premonitory stage of diarrhea, of varying duration; while in 14,536 cases, or nearly one-third of the whole number, the disease at once showed itself in the stage of collapse, without any premonitory symptoms.

The question of the influence which contagion may be supposed to exercise in the propagation of cholera is of the utmost interest, involving as it does the subject of preventive measures.

We feel ourselves bound to state that the subject is still enveloped in great obscurity. Differences of opinion still exsit as to the contagious or non-contagious character of the disease; but the weight of evidence is decidedly in favor of the opinion, that contagion has little, if any, influence in its propagation. Individual cases sometimes occur, which would seem to lead distinctly to the conclusion that personal infection did occur, but it must be always remembered that persons in connexion with the sick are equally with all others liable to be affected by the epidemic, and it becomes a matter of impossibility, under such circumstances, to determine in any given case whether the attack has proceeded from contagious or from epidemic influence; but this objection does not apply to cases in which the disease has originated without previous exposure to contagion. If it can be established that the disease has appeared where contagion could not originate it, and if it can also be shown that the disease has not appeared or has not spread in circumstances in which there was full exposure to contagion, two points which we believe will be fully established in the following report, the conclusion will then, we think, be satisfactorily established, that contagion is an element of little, if any, influence in the spreading of the disease.

The following instance of the first appearance of the disease in the Convict Depot, Smithfield, Dublin, appears to prove satisfactorily that the disease may originate without the agency of

contagion :-

Copy of minute of investigation held by Commissioners of Central Board of Health, on Sunday, February 25th, 1849, at Smithfield Depot for Convicts, Dublin, to inquire into the case of John Mohan, convict, reported to have died of Asiatic Cholera.

"John Mohan, convict, at 64, committed January 7th, 1848, never in hospital until last illness; taken ill Saturday, 24th February, 1849, at 3 o'clock, P.M., with purging, cramps in abdomen and legs, rice

water vomiting, and stools, surface blue and cold, pulse almost imperceptible; seen by Surgeon Rynd at half-past four o'clock; six o'clock, P.M., again visited—symptoms slightly alleviated. Half-past ten, P.M., (next visit, when Surgeon Rynd remained till twelve o'clock)—Moribund; died at half-past three o'clock, A.M., 25th; duration of illness, twelve hours.

"Previously to his illness, Mohan had been under the same circumstances as all the other convicts; had no intercourse whatever with any person from without, nor with any within the walls except with his fellow-prisoners, and with the turnkey, whose only communication with him was unlocking the door of his cell in the morning, and lock-

ing his cell door at night. The turnkey is in perfect health.

"No admission of prisoners since 11th January until 20th February, when ten prisoners were admitted from King's County, all in good health on admission, and who remained in good health; these prisoners are in a different part of the building, and have had no communication with the deceased, as they do not belong to the same class of prisoners.

"There are two night watchmen on duty, who go round the cells constantly during each night, and who instantly report any case of illness among the prisoners to the hospital attendant, who is provided

with medicines and directions for an emergency.

"Francis Rynd,
"Medical Superintendant of Convicts.

"John Lamb,
"Governor."

A second case occurred on the 27th February, and seven new cases on the following day, the 28th, when the disease suddenly

disappeared.

It is important to state, that "the depot" which was constituted for the accommodation of 200 prisoners, contained at the breaking out of the disease above 300 inmates (3 being lodged in each cell instead of 2). On the 27th February 100 prisoners were removed to Newgate; from that day no new case occurred in the depot or in Newgate, where the inmates of the convict

depot were received.

In the Hibernian School, Phœnix Park, an institution for the reception and education of the children of soldiers, the disease suddenly commenced on Wednesday night, 12th September, 1849, and continued until 3 o'clock on the following Friday, the 14th, when a perfect cessation seemed to take place. Within that period 69 children were attacked, of whom 21 died. The disease then became much milder, there being only one additional death up to the 9th October, when the disease disappeared.

There were in the school at the onset of the attack, 303 boys,

43 girls. The total deaths were 21 boys, 1 girl.

This school is remarkably well situated, on very high ground over limestone gravel, and with a considerable fall to the river

Liffey, which runs with a rapid stream over a gravelly bed, at the distance of 460 yards from the school, and 92 feet below the level of the parade or play-ground. The dormitories are large, airy, well ventilated, and not crowded; and the children, prior to the attack, were remarkably healthy, the daily average in hospital having been only 7. The children of the Hibernian School may be considered to have been almost as perfectly protected against contagion as the convicts in Smithfield depot. The attack, progress, and duration of the disease in these two instances present, in our opinion, the characters of an epidemic,

not of a contagious disease.

There is another very remarkable circumstance to be noted in connexion with the occurrence of cholera at the Hibernian School. The village of Chapelizod is situated on the banks of the Liffey, nearly at the point where the river approaches nearest to the Hibernian School, and is very much below the level of the School, the river being, as before observed, 92 feet below the level of the play-ground of the school. It is the seat of a flax-mill, and is densely inhabited by a poor population of 1,575 persons. This village, from its situation on the great western road, and from its proximity to Dublin, is more than usually exposed to the admixture of strolling mendicants and poor travellers, who might naturally be supposed to carry contagion with them; yet while the Hibernian School, containing about 400 inmates, placed apparently in the most favorable locality, suffered so much, two cases only occurred during the whole visitation of the epidemic among the ill-circumstanced, poor, and crowded population of the village of Chapelizod.

In the small village of Castleknock, about two miles from Dublin, and about one mile from the Hibernian School, also in a healthy, high, and dry locality, containing about 200 inhabitants, the disease suddenly broke out at 2 o'clock, P.M., on Saturday, the 25th of August, 1849, and between that hour and 2 o'clock, A.M., on Monday, 27th, a period of 36 hours, 25 deaths occurred. During the remainder of the 27th no new case appeared; occasional cases appeared up to 19th September, when

the disease totally disappeared.

Maynooth and Kilcock are two towns in the County of Kildare, on the great western road, of about equal size, each containing about 2000 inhabitants, and about four miles asunder, both great thoroughfares. In respect of inhabitants, as to mode of living, habitations, and employment, there seems to be a perfect similarity, or if there be any difference Maynooth has the advantage, but the difference in their liability to cholera was remarkable. From the 7th June to the 3rd October, 1849, 141 cases occurred in Maynooth—47 deaths—while not a single case occurred among the inhabitants of Kilcock. One case only occurred in the town, that of an officer of the railway, who travelled down in the train from Dublin. It is also remarkable, that during the previous outbreak of 1832, Kilcock was also free from any

indigenous case; the only instance of cholera that then occurred was in the person of a visiter from Dublin to the races, while

in 1832 there were in Maynooth 231 cases, 33 deaths.

In the County Meath similar remarkable circumstances occurred in reference to the towns of Kells, Navan, and Trim. In Kells, containing 4,000 inhabitants, there occurred between the 24th June and 16th August, 1849, 330 cases, 156 deaths. In Navan, containing about 5,000 inhabitants, there occurred during the whole time of the visitation of cholera only 38 cases, 16 deaths. In Trim, containing 2,000 inhabitants, only six cases occurred; of these, one was a gentleman who "was sick on his arrival. The second, a poor labourer, who came sick into town from a distance of four or five miles. The other four were among residents, at different periods in the months of July, August, and September, and in every instance confined to the first attacked, although in some of the cases the exposure to contagion was most perilous." Instances like these might be multiplied from almost every quarter of Ireland; but those adduced appear to us sufficient to establish the two important points already adverted to, viz., that cholera originates without contagion, and that it is not seen to spread where there is continued exposure to contagion. Fever or other diseases universally admitted to be contagious, do not exhibit the singular feature of visiting the dense population of some one town with such severity, and passing by almost untouched the population of a neighbouring town, in every respect apparently similarly or worse circumstanced.

We are gratified to be thus able to confirm by facts the view put forward by us in our Circular of the 1st September, 1848 (see Appendix B, No. 1), as to the little apprehension to be entertained of the contagiousness of cholera; views which must so materially tend to procure for the sick, from their relatives, the requisite attention which otherwise might not be afforded through unfounded apprehension of infection.

The following table gives a list of all the Towns of Ireland containing 2,000 inhabitants and upwards, distinguishing those from which cases of cholera were reported, those from which there was no report of its appearance, and showing the number of cases, the number of deaths, and the date of the first and

last case in each town:

Towns of IRELAND containing 2,000 inhabitants and upwards, distinguishing those from which cases of cholera were reported, those from which there was no report of its appearance, and showing the number of cases, the number of deaths, and the date of the first and last case in each town :-12th December, 1849. 2 Last Case. 7th September, 8th September, 9th September. 5th October, 29th August, 26th March, 24th April, 7th July, 27th April, 27th June, 9th July, 21st March, 16th May, 24th April, 29th June, 2nd May, Date. 4th Docember, 1848. 10th December, 1848, 3rd July, 1849, 9th March, 1849. First Case 26th February, 27th February, 20th February, 10th February, 19th February 24th January, 29th January, 10th January, 28th March, 13th January. 6th March, 14th June, 3rd July, 31st July, Mortality per cent. Rate of 52.9 47.6 9 No. of Deaths. Cholera. None. None: 68 20 None. 369 None. None. No. of None. None. None. None: Cases. None. None. Population. 2,070 4,866 2,183 9,505 13,227 2,495 8,513 2,161 7.621 8,824 5,686 Newtownlimayady, Name of Town. Carrickfergus, Ballyshannon. Newtownsrds Condonderry, Letterkenny, Donaghadee, Downpatrick Enniskillen. Banbridge, Rathfriland, Monaghan, Portaferry, Ballymena, Antrim, . Lisburn, . Lurgan, . Portadown, Bangor, . Cootehill. Belturbet, Newry, Dromore. Armagh, Belfast, Cavan. PROVINCE OF ULSTER, Fermanagh, . Londonderry, Monaghan, Donegal, Armagh, Cavan. County Antrim, Down, 11 11 33 2.0 11 2 22222 2 2 13

11111	19th September, 1849. 29th March, 1850. 17th November, 1849. 18th October, "" 28th "" "" 27th September, "" 27th September, "" 29th September, "" 29th September, "" 29th March, 28th "" 21th August, "" 21th June, 1850. "" 22th August, "" 21th June, "" 21st August, ""
11111	17th July, 1849. 17th August, 30th January, 25th August, 30th September, 3, 5th September, 1849. 12th September, 1849. 12th August, 3, 25th June, 6th February, 3, 25th May, 3, 10th May, 3, 10th May, 3, 11th April, 3, 25th June, 3, 25th June, 3, 24th July, 3, 3, 24th July, 3, 3, 24th July, 3, 3, 3, 3, 3, 3, 3, 3, 4, 5, 3, 4, 5, 3, 4, 5, 3, 3, 3, 4, 5, 3, 4, 5, 3, 4, 5, 3, 4, 5, 3, 3, 5, 4, 5, 3, 5, 5, 4, 5, 3, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5,
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Castleblayney, Strabane, Dungannon, Cookstown, Omagh,	Carlow, Tullow, Bagnalstown, Dublin, Balbriggan, Blackrock, Kingstown, Kingstown, Rathmines, Skerries, Athy, Naas, Maynooth, Kilkenny, Freshford, Thomastown, Craiguenamanagh, Tullamore, Parsonstown, Banagher, Parsonstown, Craiguenamanagh, Tullamore, Parsonstown, Banagher, Tullamore, Parsonstown, Banagher, Tullamore, Tullamore, Trim, Kilkenny, Kilkenny, Kilkenny, Kilkenny, Kilken, Tullamore, Banagher, Tullamore, Tullamore, Banagher, Tullamore, Trim, Kells, Trim, Maryborough,
*****	TER.
Tyrone,	Phovince of Leinster. County Carlow, " "" "" "" "" "" "" "" "" "" "" "" ""

TABLE-continued.

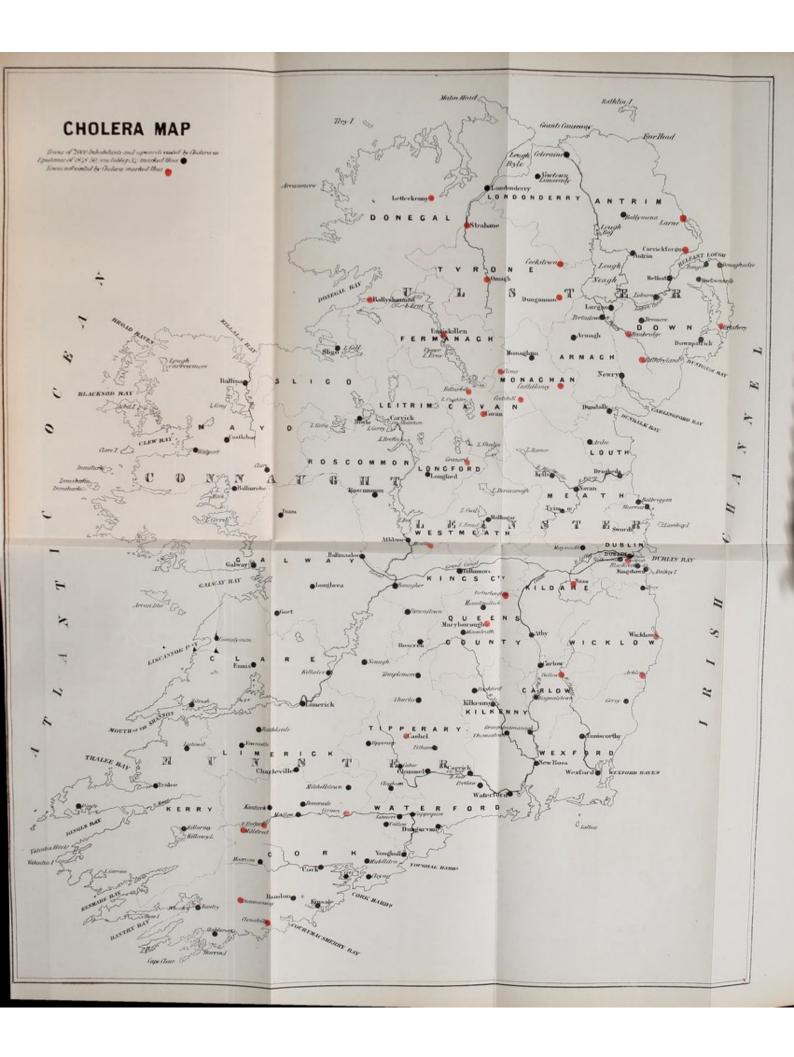
te.	Last Case.	97th July, 1849. 30th August, " 1st June, " 15th March, 1850. 25th " 27th December, 1849. ————————————————————————————————————
Date.	First Case.	26th June, 1849. 31st May, "" 8th April, "" 20th August, "" 20th August, "" 7th April, "" 16th March, "" 2nd May, "" 15th May, "" 16th May, "" 16th May, "" 16th May, "" 16th April, "" 16th April, "" 16th April, "" 16th May, "" 16th April, "" 16th April, "" 16th April, "" 16th April, ""
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era.	No. of Deaths.	8 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Cholera.	No. of Cases.	None. None. 188 188 188 188 188 189 144 263 144 263 149 361 825 112 287 None. None. None. None. None. 189 140 140 140 140 140 140 140 160 170 170 170 170 170 170 170 17
Total	Population.	2, 755 3,000 11,252 11,252 11,252 11,252 11,252 10,095
	Name of Town.	Mountmellick, Mountrath, Mullingar, Moate, Wexford, Enniscorthy, Gorey, New Ross, Arklow, Wicklow, Wicklow, Wicklow, Wicklow, Killrush, Ennistymon, Killsloe, Cork, Youghal, Bandon, Killsloe, Cork, Youghal, Fermoy, Gove, Mallow, Kinsale, Skibbereen, Mallow, Kanturk, Midleton, Charleville, Mitchelstown,
		Province of Leinster—con. Queen's County—con. County Westmeath, " Wexford, " " " " " " " Province of Menster. " " " " " " " " " " " " " " " "

23rd August, " Sth May, " 19th June, " 24th, "" 6th July, " 28th May, " 18t May, " 27th April, " 19th July, " 6th October, " 10th June, 1850, " 25th May, " 10th April, " 25th May, " 25th May, " 25th May, " 25th August, " 21st August, " 21sth June, " 21st August, " 21sth September, " 21sth June, " 22th July, " 23th May, " 24th July, " 25th June,
27th May, 13th April, 25th May, 25th April, 10th April, 8th May, 25th April, 26th February, 26th March, 20th 38rd "" 22nd "" 17th April 17th April 21st March, 28th April, 28th April, 16th "" 18th May, 28th April, 28th April, 28th April, 29th April, 29th April, 29th April, 25th "" 17th May, 21st "" 25th ""
24.3 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -
100 184
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2,082 2,082 3,086 2,296 2,296 2,296 2,296 2,296 3,917 1,049 1,104
Bantry, Clonakilty, Doneraile, Cloyne, Millstreet, Tralee, Killarney, Dingle, Listowel, Listowel, Listowel, Listowel, Clonmel, Newcastle, Clonmel, Clonmel, Clonmel, Caher, Tripperary, Casher, Casher, Clogheen, Naterford, Dungarvan, Portlaw, Lismore, Tallow, Lismore, Tallow, Cappoquin, Loughrea, Gort, Ballinasloe, Castlebar,
in o
County Kerry, "" "" "" "" "" "" "" "" "" "" "" "" ""

TABLE-continued.

		Marie Office and the second
Date.	Last Case.	8th July, 1849. 19th May, " 2nd October, " 22nd September, " 11th October, " 10th September, " 8th October, "
Da	First Case.	5th May, 1849. 31st March, ". 24th July ". 7th February, ". 30th September, ". 7th August, ".
Rate of	No. of per cent. Deaths.	44.4 51.8
Cholera.		90 40 110 57 728 232 116 68 342 88 392 196
0	No. of Cases.	90 110 116 114 342 392
Total	Population.	4,865 2,678 2,256 7,012 3,349 3,234 6,393 14,318
Editor	Name of 10Wh.	Westport, Ballinrobe, Clare, Ballina, Roscommon, Royle, Athlone, Sligo,
		Province of Connaught—con County Mayo—con. """" """ """ """ """ """ """ """ """

Fide accompanying map, with the above towns marked as in table.



1 7.24

With a view to elicit information on the disputed question of the contagion of Cholera, we addressed to the several Medical Officers through the country, from whom Reports were received of the first appearance of Cholera, the following circular:—

> "Central Board of Health, "13, Ely-Place, "Dublin, 1849.

"Sir,—I am directed by the Central Board of Health to acknowledge the receipt of your letter of the inst., notifying the occurrence of cases of Cholera, at , and I am to request you will
forward for the information of the Board, the particulars required in
the headings of the columns of the enclosed form of report.

"The Board will be obliged for any information you may be able

to supply, as to whether the patients had been long resident at

, or had lately come from some place where Cholera prevails; or had had communication with persons in that disease, also, whether the second case had access to the first one.

"I have the honor to be, Sir,
"Your obedient servant,
"W. H. HOPPER,

"Secretary.

" To Dr. _____."

To this thirty-seven replies were received, which may be thus classed: eight doubtful, six in support of the views of the first attack in the locality, owing its origin to contagion, and twenty-three replies, stating that the attack could not be traced to importation or contagion. We subjoin a few extracts on both sides of the question:—

Belfast Union, December 6th, 1848, (Dr. Reid).—"A case of Asiatic Cholera was admitted into the Fever Hospital at 9 in the

morning of Monday last, and died at 7½ in the evening.

"The patient, Thomas Tiernan, and his family, had removed on Tuesday the 28th ult., from a part of Edinburgh, in which there had been no case of Cholera, to an entry or close in that city in which this disease had prevailed for some weeks,

* *

he arrived at Belfast on Saturday morning, suffering from Diarrhea, and was admitted into the probationary ward of the workhouse in the evening."

To the supposed contagion of this case, the attack of Cholera in Belfast, in both workhouse and city was attributed.

Mr. Phelan was directed by the Commissioners for administering the Laws for the Relief of the Poor in Ireland, to report on this case, and the following is an extract from his observations:—

Belfast, January 18th, 1849 (Dr. Phelan).—"But on close inquiry, this opinion of contagion appears to be scarcely well founded. I find that Tiernan, the first case, was some hours in the probationary ward in the front of the workhouse, and next transferred to the Fever

Hospital, where he died in a few hours. The next case (Sherry), 7 days after got ill in one of the upper wards of the male portion of the Infirmary, at the rere of the workhouse; on close inquiry, it is stated to me that the head of the workhouse.

to me that she had no communication whatever with Tiernan.

"Again, a boy got ill in the boys' dormitory, a place entirely detached from all those portions, being a shed at the rere of the male idiots yard, and soon after a woman got ill in the adult female ward, neither of whom, it is said, had the slightest communication with others sick, or with parties attending them * * * * * Although all the cases I have mentioned slept in beds, having one, two, or three in the same bed, not one other that slept in such beds got Cholera."

New-Ross, 5th March, 1849 (Dr. Rossiter).—"I have made every inquiry, and ascertained that the parties first attacked with Cholera had all resided in the places where they were seized with the disease for many months, and in the town for several years, and that none of them had been in any locality where Cholera was prevalent, or had communication with any person affected with that disease."

Cahir, 21st March, 1849 (Dr. Bagnell).—"The first case was a man who came from Limerick; yesterday a woman died here, who also left Limerick the day before, both cases were in comfortable circumstances, and both proved fatal—this day four additional cases have been reported to me, one fatal, three others still alive, but one quite blue and sinking, the others not so bad; in all six cases, three fatal."

Armagh Workhouse, 14th April, 1849 (Dr. Riggs).—"Respecting the recent outbreak of Cholera here, I beg to give you the following

particulars:-

"On Saturday last, the 7th inst., a strong wind set in from the northeast, of a keenly piercing nature. This wind blew in a direct line to Armagh, from Belfast, where Cholera is now prevalent, and on that evening a girl aged 12 years, when in the female school of the workhouse, was suddenly attacked with malignant Cholera, which proved fatal in 14 hours. This girl was an inmate of the house for nearly 2 months, and had had no communication whatever with any infected person, or place; I may mention that about the same hour a man was suddenly attacked with this disease about a quarter of a mile from the work-

house, on the Belfast road, and has since died.

"On Sunday evening 5 persons were suddenly seized with Cholera in the workhouse, and, as you are aware, for 3 days the disease continued to increase with much frequency and fatality. During this period the wind continued in the same point, and on its shifting towards the west, there was an evident decline in the virulence of the malady. The rapid and almost instantaneous manner in which many persons were seized in all parts of the house (they were entirely separated from each other), proves unquestionably that the poison of Cholera was carried by the atmosphere, and that the disease on this occasion was not propagated by contagion. Up to the present time, the persons attacked with Cholera were almost all in a delicate state of health, many of them being already inmates of the hospital."

Macroom, 20th April, 1849 (Dr. Crooke).—"The individuals seized with Cholera had been for some time inmates of the auxiliary workhouse, and it is impossible there could have been commu-

nication with any locality where Cholera prevailed, or with any person in that disease."

Lisburn Union, Lisburn, 28th April, 1849 (H. M'Call).—"In my last, I took the liberty of referring to some facts, tending to prove the infectious nature of Cholera. I have now to state some circumstances of an opposite character—(facts referred to in former letter of April 19th, were the circumstances of two women employed to wash the

clothes of Cholera patients, having died of the disease).

"In 1832, when the disease raged extensively in Belfast, the pawn-brokers came to a resolution to cease taking pledges, but three or four ran the risk, and continued to do business during the entire period of the attack throughout the town. I called on one of them a few days since, and he states that none of those caught the disease, although he himself had (incautiously) received clothing which had been over a deceased Cholera patient. In the present period no pawnbroker has taken the disease; yet it is astonishing the risk encountered by the people in that business, as the friends of Cholera patients make no scruple to pledge clothing, in many cases just taken off persons ill of the disease. These facts coupled with those to which I referred in my last, are at least worth notice, if it were only to show how many arguments can be adduced on both sides of the question."

Ballinasloe, 29th April, 1849 (Dr. Colahan).—"As to those persons first attacked by Cholera, I have to observe, that the 14 cases occurred simultaneously during the night of Sunday the 22nd. At an early hour the following morning, being informed of the circumstance, I ascertained that this number had been, some in the beginning, others in the collapsed stage of the disease. During the day (Monday), several cases in addition, amounting, as reported, to 32, occurred at different intervals, and as stated in my observation in the enclosed form, had not communicated in any way whatever with the deceased, those attacked during the day having slept the previous night in different dormitories; those first attacked appear to have been in the workhouse from 3 to 8 weeks, none of the large number of the attendants or others engaged in the treatment have shown any symptoms of the disease."

Tullamore, 30th May, 1849 (Dr. Moorehead).—" The first person attacked with Cholera in the workhouse was admitted a pauper, October 20th, 1846, since which she had not been where Cholera prevailed, nor had she any communication with persons in that disease; she had been a remarkably healthy strong woman, of great moral courage, high spirits, and cheerful disposition."

We have nothing to alter or modify in the advice given in our circular of the 1st September, 1848, with regard to future arrangements, should unfortunately Cholera again visit us; which, in reference to medical treatment, may be summed up in providing prompt dispensary attendance for the sick poor who may wish to remain in their own homes, and hospital accommodation for those who stand in need of it.

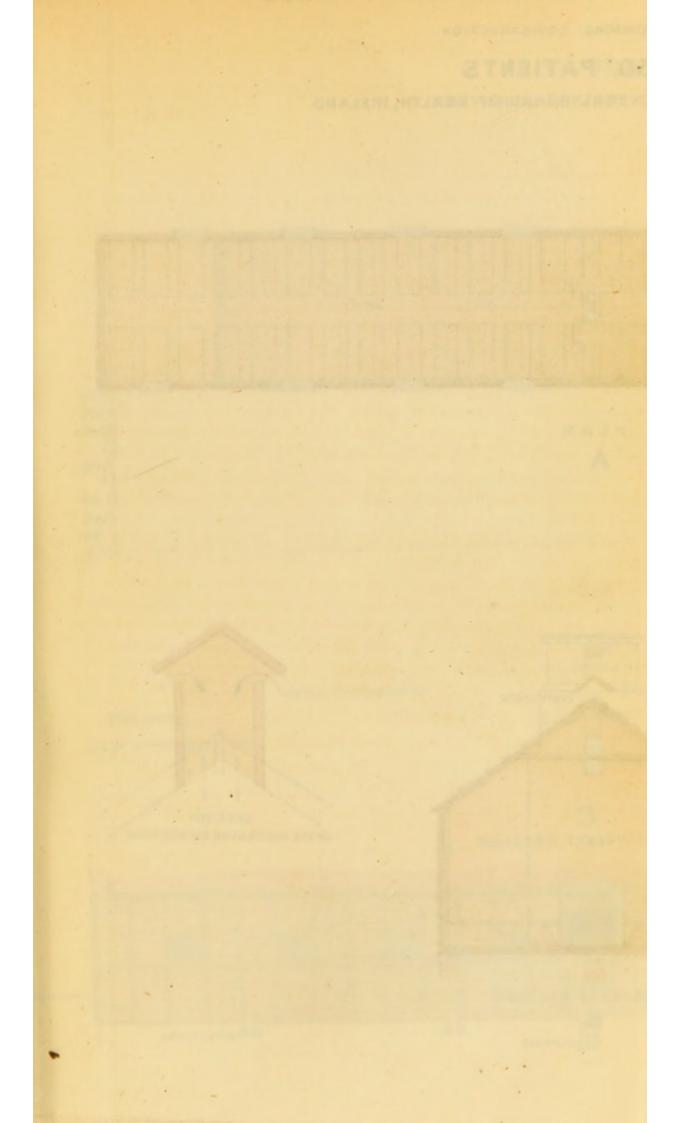
Proposals were made, and in a few instances arrangements were put in practice, to carry medical attendance beyond this, by

means of what was called Domestic Visitation, that is, sending into the locality in which the disease appeared, Medical Inspectors, whose duty it was to make rounds of visits on all the poor families in the streets or lanes in the vicinity, to inquire into the health of the inmates, and to administer medicine to them. We do not recommend the practice; such a system cannot be carried out without an appearance of prying inquiry, which is in general ill received. It cannot be efficient; for a large portion of the male population, and often a portion of the females of the district, must be away in various places a great portion of the day at their several occupations: even the provision of inspection is calculated to lead to procrastination in seeking relief, as those attacked by premonitory symptoms are rather induced by the expectation of the Inspector's visit to defer prompt application to the district Dispensary; and in some instances that came under the knowledge of the Board, the feeling of the people visited in this way was the very opposite of gratitude, the Inspectors were maltreated, the supposition being taken up, and the rumour rapidly spreading, that death had occurred from the medicines thus intrusively administered.

We have therefore only to advise in respect to future arrangements, that in the event of a visitation of Cholera, the greatest facilities for medical relief should be presented by providing Dispensaries and Hospitals to afford by night as well as by day, the promptest attendance on all applicants, and that the greatest publicity should be given by posted notices of the situation of such Dispensaries and Hospitals.

We have the honor to be,
Your Excellency's
Obedient faithful servants,

PHILIP CRAMPTON.
H. MARSH, M.D.
D. J. CORRIGAN, M.D.

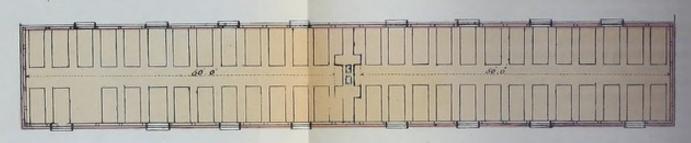


PLAN AND SECTIONS OF TEMPORARY FEVER WARDS

OF ECONOMICAL CONSTRUCTION

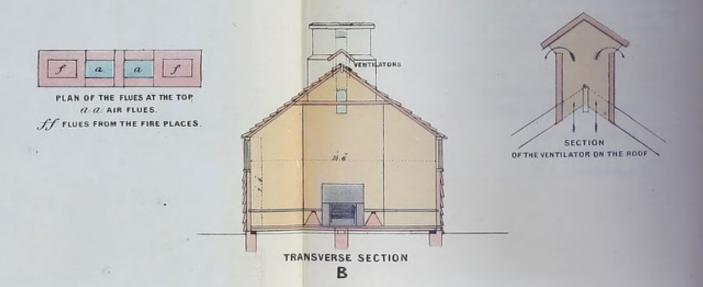
FOR 50 PATIENTS

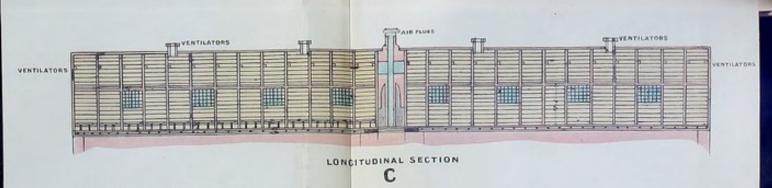
PREPARED FOR THE CENTRAL BOARD OF HEALTH, IRELAND.



PLAN

A





Size of Scantling.

Side Stude for nailing the Upright boards to 525 and 521 from Centre to Contro Heads and Sills to be 525

Rathers to be 5 - 2. One over each upright Stud_fras ties to be 3 - Kidge 6 1/4

Pleor Boards inch thick on joist 4, 2' and 15 inch is apart—Doors inch thick Contractors to include fastnings, gratis looks and every thing necessary to render

Geo Wilkinson Arch. March, 1847.

Forster 6th Grew & Doblin

APPENDIX A.

No. 1.

Dublin, March, 1847.

Gentlemen,—I have the honor to submit the accompanying drawings, which have been prepared in accordance with your instructions, for the erection of Temporary Fever Wards of a simple and economical construction.

The following are the particulars of their construction, arrangement,

and cost:-

The buildings are intended to be erected with wood framing, as shown on the Sectional Drawing B, and to be boarded with rough boarding, nailed on the outside of the studs or framing; the boards to have a lap of one inch; the floor to be formed of inch deal, resting on joists 4 inches by 2, and 15 inches from centre to centre, and supported on dwarf walls.

The sides of the building to be 7 feet 6 inches high, resting on low dwarf walls of brick or stone, as shown in Section; the width of the building to be 15 feet 6 inches, which will allow a 3 feet 6 passage down the centre of the ward, and the heads of the beds to be placed along each side.

The roof to be also boarded with inch boards, having 14 inch lap, and if thought advisable hereafter, it can be covered with "asphalte felt, or tar paint."*

The windows to be formed on both sides, to be 3 feet by 2 feet 6 inches high, to hang on centres for opening, and glazed like common green-

house lights, and to have proper lines for opening and closing.

On the ridge of the roof small ventilating hoppers to be formed, and about two of them to be placed in a length of 50 feet of roofing. By this arrangement the breath of the patients will be drawn towards the roof, leaving the centre passage of the room the most free from infectious air.

Plan A shows an arrangement for a building capable of accommodating 50 beds, spread 1 foot 5 inches apart; it exhibits two wards, one for men, and another for women, with a fire-place between. I purpose the construction of air-flues, 14 inches by 9 inches, in the chimney-shaft, to be carried up from the back of each fire-place to the chimney-shaft above the roof, having an opening from the upper part of the room into the air-flue for the escape of vitiated air, which will be drawn-into it by the current of warm air in the air-flue, and be of much service in cold weather when the windows cannot well be opened. At each external gable end of the wards an opening of about 1 foot 6 inches superficial is to be left, and to be covered with a perforated zinc plate fixed against the boarding.

The bedsteads to be formed of planed boards, 6 feet long, resting at the foot on a deal tressel, and at the head on a ledge, formed in an

^{*} If determined, in the first instance, to be covered with asphalte felt, the boarding might be $\frac{3}{4}$ inch thick (4 boards out of a 3 inch plank.)

economical manner, by the constructive arrangement of the frame work of the side walls. By this method a deal plank 12 feet long, with two saw cuts down, will make two bedsteads of the cheapest possible construction.

The Sectional Drawing C represents the arrangement of the bedsteads, and the framing of the wood-work of the windows, chimney-

shafts, &c.

For the accommodation of a greater or less number than the 50 bedsteads shown in the accompanying plan, the wards, which are 50 feet in length each, will only require extending or shortening; and for every two feet added to the building space will be obtained equal to one additional bed, 3 feet 11 inches lineal space along each side wall being the allotment for each, with the beds placed 1 foot 5 inches apart.

The cost of the building for 50 patients, according to the foregoing particulars, and the plans referred to, including bedsteads, will be £1 10s. per foot; and for every two feet additional length added to the building, being the space, as before stated, for providing each additional

bed, a cost of £3 may be calculated.

When it may be necessary to provide additional rooms for convalescents, or for other purposes, a similar kind of building can be placed at the rear of this, communicating with it by door-ways, to be formed in the side enclosure.

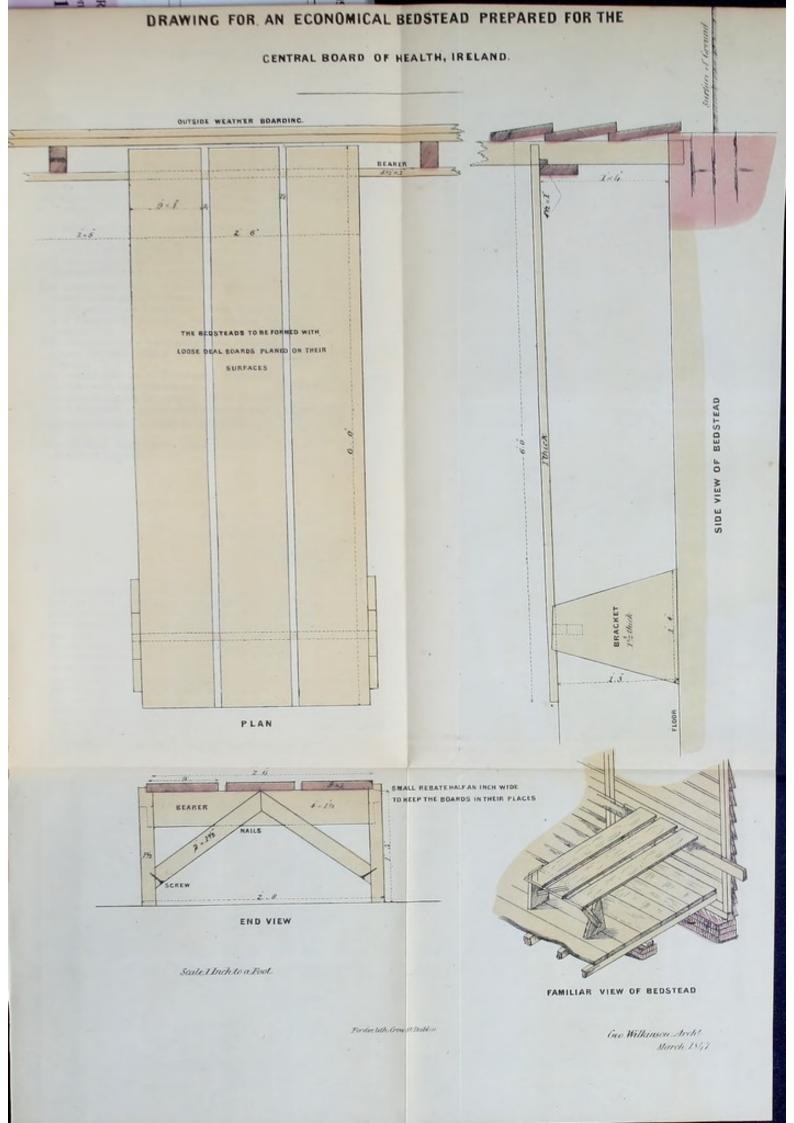
I have the honor to be Gentlemen, your obedient Servant,

(Signed)

GEORGE WILKINSON,

Architect Poor-law Commission.

To the Commissioners of the Central Board of Health.



S s life b n pibb c tl No. 4.

REMUNERATION OF MEDICAL OFFICERS.

Central Board of Health, 64, Lower Gardiner-street, Dublin.

The following is the scale of remuneration acted upon since the formation of the Central Board of Health, in March, 1846, for Medical Officers appointed to Temporary Fever Hospitals and Dispensaries, established under that Board, in pursuance of the provisions of 9 Vic. c. 6, and 10 Vic. c. 22, or acting under the Board :-

For attendance on a Temporary Fever Hospital, established within the town or district in which the Medical Officer resides, in addition to any permanent salary he may receive as Medical Officer of any existing Institution, . For attendance on a Temporary Dispensary under similar circumstances, . For attendance on Temporary Fever Hospital and Dispensary together, under similar circumstances, . .

For attendance on a Temporary Fever Hospital, where Medical Officer is sent to a distant district, For attendance on a Temporary Dispensary, \ under similar circumstances, . . .

For attendance on Temporary Fever Hospital \ 26s. per day, or and Dispensary, under similar circumstances, £474 10s. per annum.

5s. per day, or £91 5s. per annum.

5s. per day, or £91 5s. per annum.

10s. per day, or £182 10s. per annum.

1 guinea per day, or £383 5s. per annum.

1 guinea per day, or £383 5s. per annum.

Separate provision is made for compounding and dispensing medicines.

No. 5.

CIRCULAR.

Central Board of Health, Custom House, Dublin, 17th May, 1847.

Applications having been made to the Central Board of Health, to put in force those provisions of the Fever Act, 10 Victoria, cap. 22, which relate to measures for the prevention of fever, such as the cleansing and purifying of the habitations of the poor, and the removal of nuisances, &c., and for the proper and decent interment of the dead, the Board of Health deem it necessary to draw the attention of the various Relief Committees to Sections IX. and XVI. of the said Act, from which it will be seen that the Board of Health are not authorized to issue any order or enforce any measures in relation to the cleansing, ventilating, and purifying of the habitations of the poor, the removal of nuisances, or the interment of the dead. These duties are devolved, by the Act, wholly on the respective Relief Committees throughout the country, who are armed with ample powers for the purpose, without needing any authority from the Board of Health.

The following are the provisions above referred to:-

IX. And be it enacted, that it shall be lawful for such Relief Committee to give all such directions as shall seem to them necessary and expedient for performing all things necessary for preventing the communicating of fever or other epidemic disease within their respective electoral divisions or districts; and for that purpose to direct that all streets, lanes, and courts, and all houses and all rooms therein, and all yards, gardens, or places belonging to such houses shall be cleansed and purified, and that all nuisances prejudicial to health shall be removed therefrom; and that all houses in which any sick person shall be, or shall have been, shall be ventilated, fumigated, and whitewashed, the windows and doors thereof opened, and all beds, bedsteads, bedding, and furniture therein be exposed to the air, and be washed and cleansed, and, if absolutely necessary, be burned or destroyed, and all other measures which to such Relief Committee shall seem requisite for the purposes aforesaid.

XVI. And whereas it is expedient to provide for the proper and decent interment of the deceased destitute persons, who shall die of fever, or other epidemic disease, in any electoral division or district for which any Relief Committee shall have been constituted as aforesaid; be it enacted, that it shall be lawful for any Relief Committee to provide for the proper and decent interment of such destitute persons as may die in such electoral division or district as aforesaid, of fever or other epidemic disease, or while receiving relief, and to defray the charge of the same out of the funds which may be at the disposal of such Relief Committee for the purposes and under the provisions of

the said recited Act of this Session, or of this Act.

The Board of Health can do no more at present than offer some

general suggestions.

1st. In reference to the provisions of Clause IX. for cleansing and purifying the habitations of the poor, and for the removal of nuisances. The present time appears to be a favorable opportunity for enabling Relief Committees to effect these objects with little expense, as the services of a sufficient number of able-bodied destitute persons, now receiving gratuitous out-door relief, can probably be obtained for a trifling addition of rations or money, who can be employed, under proper superintendence, in whitewashing the rooms and passages of the habitations of the poor, and in removing nuisances, such as collections of manure, contents of ash-pits, &c. In whitewashing, the regulation should be strictly enforced of having the lime always slacked immediately previously to using it, and of laying on the whitewash while still After whitewashing, the floors and passages should be well sprinkled with a freshly made solution of chloride of lime, in the proportion of about a quarter of a pound to a gallon of water. A short printed notice should also be freely circulated, impressing on the people the necessity of avoiding sick rooms, wakes, and crowded meetings, and the great importance of pure air, free ventilation, and cleanliness of houses, clothes, and persons, as among the best safeguards against contagion.

It is advisable not to limit the works of cleansing and whitewashing, and the removal of nuisances, merely to the localities or places where fever may have actually appeared, but to carry out such measures, on a systematic and extensive plan, through the habitations of the poor generally. The details for effecting this can be best arranged by each

Local Relief Committee.

2nd. In reference to inducing cleanliness of clothing and person among the poor,—measures so essential to health and the prevention of infection. A rule has been adopted in some instances, of insisting upon all applicants for gratuitous relief coming to the provision depots with

at least face, hands, and hair clean. This regulation has been attended with good results. The Board of Health, however, think that the principle might be carried farther, with great advantage, and that habits of cleanliness might be rapidly induced, if in every district in convenient localities, washing-houses on a simple and economical plan were established, to be kept open for a certain number of hours per day. It would be only necessary to provide each washing-house with a large boiler for the supply of hot water, and with ranges of wooden troughs divided into compartments, each of which would serve as a separate washing-tub, with a plug at bottom to allow of the dirty water being carried off previously to filling it anew for the next applicant. If a drying-room for clothes could be attached, it would of course be a most desirable addition; but the Board fear that an attempt to do too much at first might only tend to prevent practicable measures being carried into execution.

3rd. The separation of the sick from the healthy. The early removal of the sick to hospital is a measure of the greatest importance in check-

ing the spread of disease.

To effect this with expedition and certainty, arrangements must be made,—

1st. For procuring the earliest intimation of the appearance of illness.

2nd. For the removal of persons affected.

To attain the first object, printed papers should be posted up requesting the poor to give immediate notice of the first appearance of illness in their families, at the gate of the hospital, where the porter, or a person appointed for the purpose, should keep a book in which he may enter the names and residences of the applicants for admission-a certain hour, say from 9 to 10 o'clock in the morning, being allotted for this object. There should then be in cities or towns, as in former epidemics, one or more medical inspectors, according to the extent, for each hospital district, whose duty it should be to visit, as soon as possible, the cases reported each morning, and such other cases as they may hear of, and to return to the office by a certain hour a list of those persons who are fit subjects for removal to hospital. On the lists being returned, a light covered vehicle should be in readiness to convey the sick to hospital in the course of the same day. The books kept as above will, besides, be most useful in affording information as to the actual state of disease, its diminution or increase in each district, and the corresponding amount of accommodation required.

4th. Interment of the dead.—On the provisions of Clause XVI. the Board of Health deem it necessary to offer only the following suggestions:—That graves should invariably be sunk to a depth of five feet; that the surface of each grave should be beaten hard; that where burials have already taken place, leaving the coffins nearer to the surface than five feet, clay should be carted in to cover the graves to a sufficient depth, and that, wherever obtainable, yellow clay should be preferred for this purpose; and, finally, that when new grave-yards are opened, localities should be selected at least a quarter of a mile from any town, village, or hospital, in a sufficiently exposed situation to prevent the

accumulation of malaria.

By Order of the Board,
ARTHUR MOORE, Secretary.

No. 6.

LETTERS FROM THE CENTRAL BOARD OF HEALTH TO THE RELIEF COMMISSIONERS RESPECTING RATIONS PROPOSED FOR THE DESTITUTE POOR UNDER THE TEMPORARY RELIEF ACT.

Central Board of Health, Dublin, 10th March, 1847.

SIR,—The Central Board of Health having had under consideration your communications of the 2nd and 5th inst. respectively, relative to the rations proposed by the Relief Commissioners to be allowed for adults, I am directed to state for the information of the Relief Commissioners, that the Board of Health are of opinion that the rations therein submitted to them for their opinion are under the circumstances reasonable allowances.

The Board of Health. however, suggests that in all instances where practicable, the food should be given out in a cooked form; as food, however good in itself, will, if not sufficiently cooked, not afford its full supply of nutriment, and it will moreover predispose to attacks of dysentery and diarrhea now so prevalent through the country. They likewise suggest that the food given out should be varied occasionally; as for instance, on one day that bread rations be given; and on another, soup and bread; or meal and rice porridge, with bread, &c.

They also recommend as a general principle, that a considerable proportion of the nutriment should be administered in a solid or moderately consistent rather than in a very fluid form; and they suggest to the Relief Commissioners, the propriety of occasionally consulting the medical officers of dispensaries as to the effects of particular articles of diet, and the substitution of others, according as the preservation of health and the appearance of any sickness may seem to demand such alterations.

I have the honor, &c.
A. Moore,
Secretary.

To Wm. Stanley, Esq.
Secretary,
Relief Commission.

Scale of Rations proposed by the Relief Commissioners, and referred to in the foregoing Letter.

1½lb. of bread;—or, 1lb. of biscuit;—or, 1lb. of meal or flour;—or, 1 quart of soup, thickened with a portion of meal according to the known receipts, and ½ ration of bread, biscuit, or meal in addition.

Central Board of Health, Dublin. 11th May, 1847.

Sir,—I am directed by the Central Board of Health to acknowledge the receipt of your letter of the 5th instant, relative to the scale of rations for adult destitute persons, and requesting the views of the Board as to the allowance proposed for children under nine years of age.

The Board of Health are of opinion that the scale of rations proposed by the Relief Commissioners,—viz., half for persons under nine years of age, and full allowance for persons over that age—is, under the circumstances, probably the best that could be devised; for although a more divided scale is useful and necessary in the dietary of large institutions, containing persons of different ages, the Board of Health fear that any attempt to carry out, in out-door relief under 10 Vic. cap. 7, a scale of

rations more sub-divided than that recommended by the Relief Commissioners, would be attended with complication in the arrangements, and would be productive of unceasing disputes.

Considering these circumstances, and the varying ages of children on the relief lists, the Board of Health concur with the Relief Commissioners in the

scale proposed.

The Board of Health now desire to draw the attention of the Relief Commissioners to the communication from the Board of Health of the 10th March, in which they recommend that "in all instances where practicable, the food should be given out in a cooked form." They are now, from reports which have reached them, anxious to urge on the Commissioners the necessity of taking measures to have this recommendation acted on, without exception, in all instances. The Board of Health feel it only necessary to observe, that they fear, unless the principle be fully carried into effect, of giving out the food only in a cooked form, there will be always both an abuse and a serious evil of another kind to contend with, the abuse is, the sale of raw meal, for which purchasers are always to be found, to whom even the poor requiring the food for themselves or family will dispose of it for money, tea, or tobacco; and the serious evil is, the consumption of meal or rice, but more particularly Indian meal, in a raw or badly cooked state,* which will predispose to and aggravate dysentery and diarrhea, already so prevalent through the country.

The Board of Health also wish to renew their recommendation in their previous communication already referred to, of 10th March, advising as a general principle, that "a considerable proportion of the nutriment should be administered in a solid or moderately consistent rather than in a very fluid form." This principle is the more necessary to be attended to on the approach of warm weather, when soup, containing a large proportion of vegetable matter, is so liable to ferment and become sour. The Board of Health would, therefore, suggest that instead of soup ration, under section

26, there should be henceforth substituted:

1 pint of soup and 16 ozs. of bread, as the daily ration, on soup days. As there are many different forms adopted for making soup, it may be useful to bear in mind, as a general rule, that a pint of meat soup should weigh very

nearly 1½lb.

In serving out stirabout made of oatmeal, or of oatmeal and Indian corn, of oatmeal and rice, &c., in order to prevent all disputes and frauds, and to prevent the error being committed, of mistaking bulk for nutriment, so as to insure that sufficient nutriment is given, the rations should be estimated not by the bulk when cooked, but by the actual weight of raw material: thus, as the allowance per diem of meal for a ration is 1lb., care should be taken that when cooked, each ration, whatever be its bulk, should contain the equivalent of 1lb. of raw meal.

I have the honor, &c.

A. Moore, Secretary.

To Wm. Stanley, Esq. Secretary, Relief Commission.

Extract from Regulations for Relief Committees: Section 26, above referred to.

"26. One ration may consist either—of 1½lb. of bread;—or, 1lb. of biscuit;—or, 1lb. of meal or flour of any grain;—or, 1 quart of soup, thickened with a portion of meal according to the known receipts, and 1 quarter ration of bread, biscuit, or meal in addition. Persons above 9 years of age to have one ration, under 9 a half ration, in the day. In all cases, where practicable, the food should be given out in a cooked form, and should be varied occasionally, from bread rations to soup and bread, or meal and rice porridge with bread."

[.] Inspectors have reported that they have seen the people devouring the raw Indian meal.

Central Board of Health, 64, Lower Gardiner-street, Dublin, 1st June, 1847.

Sir,—In reply to the request of the Relief Commissioners for the opinion of the Central Board of Health, "as to the allowance of rice which may reasonably be made in the rations to destitute persons, in lieu of one pound or other given quantity of Indian corn meal, the rice being considered to have superior nutritious qualities, and an equal weight of it yielding, when

cooked, a larger quantity of solid food,"-I am directed to state:-

Ist.—That the allowance of rice which may reasonably be made in lieu of Indian corn meal, should not be less than one pound and a half of rice in lieu of one pound of Indian corn meal, where either grain is given alone, and that the same proportion should be observed in a mixed ration, viz.—if half a pound of Indian corn meal be given, instead of the standard ration of one pound, that there should be given along with it three quarters of a pound of rice to make the mixed ration equivalent to one pound of Indian corn meal, and in like manner of all other proportions in which rice and Indian corn meal mixed may form a ration.

2ndly.—That the Board of Health cannot hesitate to assure the Relief Commissioners, that rice, instead of being superior, is much inferior to Indian

corn meal in nutritious qualities.

It is true that rice by steeping and boiling, may be made to furnish a larger bulk of apparently solid food than will be furnished by an equal quantity of Indian corn, and hence has probably arisen the supposition of its being more nutritious, but the bulk thus obtained is deceptive as to the quantity of nutriment afforded. Rice contains about 85 parts in every 100 of starch; a given quantity of it will by steeping and boiling absorb a very large proportion of water, and will swell into a large and apparently firm mass; but this mass will contain a very small proportionate quantity of nutriment. A very simple experiment will satisfactorily illustrate this: one ounce of common starch boiled in the ordinary way, will form, with a pint of water, a firm mass, which from its apparent consistency will seem to be good substantial food; but the bulk thus formed, it is obvious, contains very little nutriment. In like manner of rice; one pound of it may be made to form, with water, a starchy mass of five or six pounds' weight, but the produce, as in the experiment of the starch, is bulk, without equivalent nutriment. The Board of Health are anxious that their observations on this subject should be clearly understood and widely disseminated, as the error is very generally prevalent of supposing, that in using rice or other similar substances, an amount of nutriment is afforded equal to the bulk gained. The Board of Health do not at all object to the use of rice as food; on the contrary, they highly approve of it, provided it be furnished in sufficient quantity.

The Board of Health are fully aware how necessary and how pressing, at the present time, is the exercise of the strictest economy, but they are also convinced, that if the use of a diet be permitted, containing too large a proportion of fluid, deficient in the due quantity of nutritious elements, and deriving its solidity principally from the presence of starch, the result must necessarily be, in those living on it, debility of constitution, with consequent inability to resist disease, and ultimately, increased expenditure in the cost

of relief, instead of saving.

For these reasons the Board of Health deem it important that the principle laid down in their previous communication of 11th May, should be strictly adhered to, viz.—that rations should be given out cooked, and in as solid form as possible, and that they should be estimated, not by the bulk when cooked, but by the rule that each cooked ration should contain the equivalent of 1lb. of raw meal, the quantity originally sanctioned by the Relief Commissioners of the Board of Health.

I have the honor, &c.
A. Moore, Secretary.

To Wm. Stanley, Esq.
Secretary, Relief Commission.

Central Board of Health, 64, Lower Gardiner-street, Dublin, 21st June, 1847.

Sir,—The Central Board of Health have had under consideration your letter of the 3rd instant, requesting to be informed—" in how small a proportion rice may be used with Indian meal, (if at all necessary,) without sacrificing its useful properties, as a corrective of the prevailing malady of the population; or the advantage, if any, of the additional bulk it acquires in cooking?"—and in reply, the Board desire to observe, that the precise proportion for the object in view could not be fixed, as it would often necessarily vary according to circumstances of seasons, predisposition to disease, and even individual constitutions; but that as a general rule, rice may be mixed with advantage in almost any proportions, however small, with Indian meal, and in larger proportions according as its cost may permit; care however, being always taken, as explained in previous letters of the 11th May and 1st June, that each ration when cooked should contain its full equivalent of raw meal and rice, as recommended by the Board of Health in the same communications.

The Board of Health, although admitting the advantage of bulk occasionally acquired in some kinds of food by cooking, yet taking into consideration one of the forms of disease now prevalent in Ireland, do not recommend that rice should be used with the object of giving bulk by the absorption of watery particles; but on the contrary that cooked rations should be given out in as solid a form as possible, leaving it to the natural feelings of thirst to supply the quantity of fluid necessary for healthy digestion. With the object also of obviating the general predisposition to relaxation of the bowels, which will probably increase as the summer advances, the Board of Health recommend the addition of some of the ordinary condiments to the stirabout, of which perhaps pepper will be found the most acceptable and the cheapest.

The Board of Health take this opportunity of acquainting the Relief Commissioners, that they have learned through the inspectors, and from other sources, that a diminution in the prevalence of diarrhæa, and a marked improvement in the general health and strength of the people, have followed upon the substitution of cooked food for raw meal; and they, therefore, again recommend that every exertion should be made for extending the use of cooked food in the distribution of rations.

While on the subject of diet, the Board of Health deem it of importance, through the medium of the Relief Commissioners, to draw the attention of Relief Committees, and of the people generally, to the fact, that a form of disease now very prevalent among the people, resembling in many particulars sea scurvy, is connected with or dependent on a defective nutrition, arising, not from deficiency of quantity, but from deficiency of quality or variety in the food. The potato, although not containing a large proportion of nutriment, is remarkable as containing within itself all the varied elements necessary for forming healthy blood; no one of the substitutes for it, with the exception of oatmeal, possesses this remarkable property; and hence the use of more than one article of food is necessary in order to secure a sufficient supply of the varied elements of nutrition, and thus to obviate the form of disease referred to.

With this principle in view, the Board of Health, as the season of the year now gives facilities for it, strongly recommend the admixture of onions, leeks, scallions, or shallots, in cooked meal rations, or stirabout, which will both act as condiments, and will also furnish some of the elements of nutrition essential for forming healthy blood. Onions are so rich in nutritive qualities, that as a mere article of food, one ounce and a half may be considered as equivalent to about one ounce of meal. On every opportunity, the importance to health of using vegetables, such as carrots, parsnips, and cabbage, along with meal, should be impressed upon the people.

It may not perhaps be out of place in these observations to make the

people generally acquainted with the high nutritive qualities of beans and peas, which, weight for weight, contain from 10 to 12 times as much nutriment as potatoes. In those countries where rice is very extensively used as the food of the people, experience has taught them that rice by itself has low nutritive qualities, but that the deficiency can be supplied by adding about two ounces of beans, peas, or lentils, to each pound of rice. It must however be remembered, that with beans or peas, some other vegetable food must be used, as, although possessing in a high degree some of the most important elements of nutrition, they nevertheless do not contain a sufficient variety of other nutritive elements, to support the human body in health.

I have the honor, &c.

A. Moore, Secretary.

To Wm. Stanley, Esq. Secretary, Relief Commission.

APPENDIX A	A.,	No.	7.				
Amelia de sperio de la colonia			Un	ion.	. ,		
TEMPORARY FEVER HOSPITAL AT	97			1			
Opened under the Temporary Fever	Act	, on		of_		-	_18 .
REPORT for Week ending Saturday	·,		_of				1850.
Number of Beds which the Temporary Hospital ? is capable of containing,	Males.	Females.	Total.	Fever.	Dysentery.	Diarrhea.	Other Epidemic or Contagious Discase. (State name of Disease.)
Remaining in Hospital on previous Saturday, Admitted this week,							
Total treated during the week,							
Discharged,							
Total (as above),							
Vacancies,							
S. S	Signa		ate,		day q		1850. Medical Officer.
The numbers in Hospital were—					,		
On Sunday, , Monday, , Tuesday, , Thursday, , Friday, , Saturday, , Total,	s. Ad ltted.						

Signature

	ii.
	1850.
APPENDIX A., No. 8.	NETS and STIMULANTS ordered in the Temporary Fever Hospital at Week ended Saturday, day of

Union, in the

	's	DSERVATION	0		1850
ì		Arrow Root.	720		
i	MY.	Porter.	pts.		
	RD.	A. Piskey.	të.		
Ì	SATURDAY.	Wine.	oz.		
ì	002	Diet.			4
		Arrow Root,	oz.		dan of
١	5.	Porter.	pts.		de
ì	FRIDAY.	Whiskey.	oz.		
ij	FRI	·9atW	.20		
1		Diet.			
		Arrow Root,	or.	1,	Date
	AY.	Porter.	pts.		Ç
	THURSDAY.	Whishey.	02.		
	CBU	wine.	OZ.		
		Diet.			
		Arrow Root,	oz.		
8	VAO	Porter.	pts.		
	NESI	Whiskey.	oz.		
	WEDNESDAY.	Wine.	oz.		
	=	Diet.			
		Arrow Root.	020	The state of the s	
	F.	Porter.	pts.		
	TUESDAY.	A.plskey.	020		
	TU	.autW	0Z,		
		Diet.			
		Arrow Root.	OZ.		
	A.Y.	Porter.	pts		
	MONDAY.	Whiskey.	og.		
	N	.satW	02,		
	_	Diet.			
		Arrow Root.	ä		
	SUNDAY.	Porter.	pts.		
	UND	Whiskey.	07.		
	02	.onIW	, ži		
		Diet.			
		*08'90"	Die		
		.nolssimbA lo s	Dat		
		Name of Patient.			
	1	No.			

APPENDIX A., No. 9.

CENTRAL BOARD OF HEALTH.

	Un	ion.				1	ate				
Report o	n TEMPO				der the Division		por	ary	Fe	ver A	cts,
					No. o	No. of Patients in Hospital.					
No. and Names of Electoral Divisions in Hospital District.	No. of Beds which the Temporary Hospital is capable of containing.	No. of Beds for which Certificate has been issued.	of Her	of Certi- f Board lith for rovision Tempo- ospital. Date of first admission of Patients in Temporary Hospital.		Males.	Females.	TOTAL.	Fever.	Dysentery, Scurvy, Purpura, &c.	No. of Vacancies
										Jan. 3.	
Patients_		ited {			GENERAL		0	BSE	ERV	ATIO	NS
Name of M	ssion, . Iedical Offi	cer.		inclu	SERVATIO	notice		ARI	O O I	F HEA	LTH.
Medical at				and	he type of I	ration	1				
(mode	and times	of)}		plic	the attacks, ation, sequ	elæ—					
Medicines, whence sup- } plied—compounding of \$				trea emp	dency to rela timent gen ployed; others s prevalent	erally er dis-	1				No.
Situation			-	Fer	er, &c.						
whether	central for										
District,		.,									B
Light and	Ventilation										
	to each bed										
Supply of	Bedding, 8	c					-				
- PP-V	8,										
,,	Water, .						-				
Dietary, i											
nary for tras, .	ms of, and	ex- S									
Cleanlines	s,										
Nurses and							-				
ment of,	and arran	.S					-				
Hospital D	ogietny) T	Tow)			-						
Hospital R	ooks k	ept, }									
			Q:	l matur							

Inspector.

APPENDIX A., No. 10.

CENTRAL BOARD OF HEALTH, IRELAND.

The state of the s			-77	Union.			
RETURN of PATIENTS in Temporary Fever Hospital.							
Names.	Duration in Hospital. Type of Disease. Observations.						
THE WALL AND ADDRESS OF THE PARTY OF THE PAR		S. Cal	L on		A TOTAL		
The manufacture to	or organization		polit in				
	APPENDIX A., No. 11.						
Cen	TRAL BOA	ARD OF	НЕА	LTH, IRELAN	ND.		
				Union.			
RETURN OF PATIENTS	s visited a	at thei	r own	homes in		District,	
Population about Area	}}Tow	NLANI	of	{	day of_	184	
No. of House and Names Patients in each.	of Disc	ease g under.		Observ	vations.		
		THE STATE OF		11 (S == 10 t)	A ST WILL		

APPENDIX A., No. 12.

Central Board of Health, Dublin, 11th October, 1848.

The Board of Health have had under consideration those provisions of the amended Fever Act, 12 Vic., c. 131, which have reference to the salaries of the Medical Officers at the Temporary Fever Hospitals, and are of opinion, that five shillings a day, hitherto allowed to Medical Practitioners for attendance on Temporary Fever Hospitals or Dispensaries within their own districts, is only a reasonable remuneration for the labour and risk incurred in such attendance, and that it should not be departed from.

This amount of remuneration is recommended by precedent, as it appears from Official Returns laid before the Board, that such was the remuneration generally allowed to Medical Officers appointed to similar duties during the prevalence of former epidemics of fever, viz., in the years 1816, '17, and '18, and 1826, &c.; and it has received the approbation of the Lords of the Treasury, having been paid with their sanction from the commencement of the present epidemic fever in 1846, up to the passing of the amended Fever Act, 12th Victoria, chap. 131, on the 5th September last.

Representations have been laid before the Board of the expediency of constructing a scale which might apportion the rate of remuneration to the relative sizes of the Temporary Fever Hospitals, and the corresponding amount of duty to be performed. The Board, after full consideration, are convinced that it would be hardly practicable to establish any such scale. The numbers under treatment in each Hospital must necessarily vary from week to week, and if the numbers in Hospital were permitted to be the criterion of the amount of Salary, the Medical Officer would be constantly exposed to the imputation of retaining a greater number of patients than necessary, in order to entitle him to a certain amount of Salary.

Another mode of lessening the expenditure for Medical Attendance has been proposed for the consideration of the Board, viz., that the attendance of the Temporary Fever Hospital should be given to the Medical Officer already holding the Workhouse Hospital, or some other appointment or appointments under the Board of Guardians, and that thus, by giving such Officer two or more medical appointments, the united salaries would amount to a reasonable sum, although the rate allowed for any one might be very small.

The Board of Health consider that such an arrangement would be unjust to the Medical Officer, and injurious to the sick.

If attendance on a Temporary Fever Hospital be in itself worth a certain rate of remuneration, that amount of remuneration should be given for that particular duty, without reference to any other appointment which the Officer may hold—each duty should be estimated for, and paid for in respect only to itself.

The practice of imposing several appointments on the same Medical Officer on the ground of economy, is, however, open to another and more serious objection: -it will be injurious to the sick poor. Every Practitioner requires a considerable portion of each day for private practice, which is generally the main source of his income; and, if a greater amount of Hospital duty be imposed on a Medical Officer than he can perform within from one to three hours at the very farthest, the sick poor must be neglected ; -no extent of supervision, no inspection, how often soever repeated, can prevent neglect in such cases. It appears, by a return before the Board, that the average number of patients in each Workhouse Hospital in Ireland, in the last week, has been 105. If such cases were like the ordinary cases in a Fever Hospital, similar in kind or type, the time required for mere attendance would not be so great; but when it is recollected that there is not only this large average number, but that it includes every variety of Medical and Surgical diseases, requiring, occasionally, operations and dressings, it is evident that great care should be taken not to curtail, on the ground of economy, the time required for the due performance of such laborious duties. In no instance in Dublin is the duty of attending 100 patients, in a general Hospital, imposed upon one Officer.

In England the practice has grown up of Medical Officers undertaking a greater amount of Medical attendance than they could themselves adequately discharge, and of committing the care of the sick poor to assistants engaged for that purpose. The Board most strongly disapprove of such a system: for it is evident that there can be no sufficient security for the professional

knowledge or conduct of assistants so employed.

Adequate skill and attention can only be afforded and secured to the poor by not imposing upon any Medical Officer any greater extent of public duty than he can honestly and fairly discharge, without trenching on his private practice, and by requiring that he shall personally fulfil the duties of any Medical appointment he may undertake. This course is not more clearly pointed out by justice and humanity, than it is recommended by true economy; for neglect or bad management of the poor suffering under sickness or accident, will render them or their families a lengthened charge on the rates.

By Order of the Board, W. H. HOPPER, Secretary.

APPENDIX A., No. 13.

Order for the Regulation and Management of Temporary Fever Hospitals.

In pursuance of an Act passed in the 11th and 12th year of the reign of her present Majesty, Queen Victoria, entitled "An Act to amend and continue until the first day of November, 1849, and to the end of the then next Session of Parliament, an Act to make provision for the treatment of poor persons afflicted with Fever in Ireland," by which the Commissioners of Health are empowered to make orders for the regulation and management of Hospitals provided under the said Act.

Now we, the undersigned Commissioners, do issue the following directions for the management and regulation of Temporary Fever Hospitals provided

under the said Act :-

1st.—That there shall be kept at every Hospital a Book, in which Members of the Visiting Committee, or Board of Guardians, or Managing Committee are to enter their observations.

2nd.—That there shall also be kept a Communication Book, in which the Medical Officers are to enter their observations on any matters connected with the management of the Hospital, conduct of attendants, diets, &c.

The Commissioners of Health recommend that, in every case, a Committee should be appointed, as provided for by Clause V. of 12 Vic., c. 131, and that one or more of the Committee should undertake the duty of frequently visiting and inspecting the Hospital in turn, particularly at the patients' meal times.

MEDICAL ATTENDANCE.

1st.—That the Medical Officer shall visit the Hospital every day before the hour of 12 o'clock, and enter his name and hour of visit in a Signature Book.

2nd.—That the provisions of the following clause be strictly enforced, which prohibits, under a penalty, any Member of Board of Guardians, Committee, or any Paid Officer, from supplying medicine, medical appliances, or

any article whatever required for the Hospitals: -

"And be it enacted, That no Guardian, Paid Officer, Member of any Committee under the said recited Acts or either of them, or this Act, or other person in whose hands the providing for, ordering, management, control, or direction of any Hospital or Dispensary, or of Medical Relief under the provisions of this Act, shall or may be placed, shall, either in his own name or the name of any other person, provide, furnish, or supply, for his own profit, any materials, goods, or provisions, for the use of any such Hospital or Dispensary, or for affording such Medical Relief during the time for which he or they shall retain such appointment, nor shall be concerned, for his own profit, directly or indirectly, in furnishing or supplying the same, or in any contract relating thereto, under pain of forfeiting the sum of fifty pounds, with full costs of suit, to any person who shall sue for the same by action of debt, or on the case in any of her Majesty's Courts of Record at Dublin." [Sec. 10, 12 Vic., c. 131.]

3rd.—That, unless in special cases to be determined by the Board of Health, and on application to them, the Medical Officer who prescribes for the patients shall not compound the prescriptions, or perform the usual duties

of an Apothecary.

4th. That the Prescription Book used at the Hospital be of the form

herewith sent, and that the Prescription Book shall be preserved.

5th.—That the medicine required for the use of the Hospital be purchased on the order of the Board of Guardians, or Hospital Committee, according to the list herewith sent, and that the quantities procured for the use of the Hospital, showing each month's consumption, be entered in the Medicine Book, a copy of which is herewith sent.

6th .- That the Clerk of the Board of Guardians, or of the Hospital Com-

mittee transmit, on the first Monday in every month, to the Board of Health, a list of the medicines and medical appliances used, with the prices annexed, and the name and residence of the person or persons from whom such medicine or medical appliances have been procured.

7th.—That the Apothecary either reside at the Hospital, or in its immediate neighbourhood, and that the medicines procured as above, be compounded by him, but that he is not to supply the medicine which he compounds.

(Vide cl. 10 of 12 Vic., c. 131, as above.)

8th.—That a copy of the accompanying Table, (Hospital Weekly Return) properly filled up, be transmitted weekly to the Board of Health, signed by the Medical Officer, or Registrar.

9th.—That a book, corresponding with the accompanying form, showing the names, residences of the patients, nature of the cases, and the results, be kept and preserved for inspection in each Hospital.

NURSES, SERVANTS, &c.

1st.—That every Nurse employed be able to read and write.

2nd.—That the Nurses and Servants employed in and about the Hospitals receive liberal rations, as part of their wages. This rule should be strictly adhered to, otherwise the attendants will lose time in providing and preparing their own meals; and they will, moreover, be exposed to the temptation of encroaching on the patients' food.

PATIENTS.

1st.—That there shall be a separate bedstead for every patient.

2nd.—That every patient, on admission, shall be provided with a straw bed in sacking, two sheets, two blankets, a rug, pillow, and night-shirt.

3rd.—That the night-shirts, and sheets, and the straw, shall be changed

on every Thursday in each week, and oftener if soiled.

4th.—That the straw shall be changed for each new patient.

5th.—That the wards be swept every day, and kept clean principally by dry scrubbing.

6th.—That the hour for Breakfast be 9 o'clock, Dinner 1 o'clock, and

Supper 6 o'clock.

7th.—That the following shall be the dietary of the Hospital, and that it shall not be departed from, unless on special application to the Board of Health, and with their sanction.

DIETARY for TEMPORARY FEVER HOSPITALS under the Temporary Fever Acts, 9 Vic., c. 6; 10 Vic., c. 22; and 12 Vic., c. 131.

	Low Diet.	Middle Diet. (M.)	Full Diet. (F.)	Rice Diet. (E.)
Breakfast,	Three pints of	4 oz. Bread, 1 pint New Milk.	6 oz. Bread, 1 pint New Milk.	6 oz. Bread, 1 pint New Milk.
DINNER,	Whey in Twenty-four	4 oz. Bread, 1 pint Beef Tea.	8 oz. Bread, ½ lb. boiled Beefor Mutton, without bone, 1 pint of Broth.	4 oz. Bread, 1 pint Rice Milk.
Supper,	Hours.	4 oz. Bread, 1 pint New Milk.	4 oz. Bread, 1 pint New Milk.	4 oz. Bread, 1 pint New Milk.

The Meat and Broth in Full Diets to be given on five days in each week; on Wednesdays and Fridays 1½ pint of Milk Gruel to be substituted for the Meat and Broth at dinner. Children from five to ten years of age to have half the above quantities; above ten years of age to be allowed the full quantities.

(Arrow Root, allowed only for Patients on Low Diet. Wine — on Low, Middle, or Rice Diet.
EXTRAS.	Whiskey, — On Low or Middle Diet
	Porter,

FORMS FOR MAKING				
BEEF TEA, one gallon.	BROTH, one gallon.			
Beef cut small,	Beef,			
RICE MILK, one gallon.	MILK GRUEL, one gallon.			
Rice,	Oatmeal,			

8th.—That at least one copy of the dietary shall be posted in each Ward for the information of the patients, and as a check on the attendants' giving out the diets.

9th.—That, in addition to the ordinary diet drinks, there shall be constantly provided at the bed-side of every patient a porringer of water, and that there shall be always kept, on each Ward Table, a supply of fresh water.

GENERAL REGULATIONS,

Copies of which are to be posted through the Hospital.

Patients, able to get up, are to rise before breakfast every morning, to fold up their own sheets and blankets, and pack them neatly on the foot of each bed, so as to expose the bed to the air, and to permit a ready inspection.

Those patients, who are sufficiently strong, are to obey the directions of the nurses, in sweeping out the wards, supplying drink to other patients, and in affording all other reasonable assistance in their power; they are not, however, on any account, to be permitted to take any part in the administering of medicines or injections.

No smoking to be permitted in the wards.

No food to be brought in by the friends of patients.

Patients' friends to be admitted into the Hospital every day, for one hour, from 1 to 2 o'clock, but at no other times, unless by written direction of the Medical Officer.

Given under our hands this of One Thousand Eight Hundred and Forty-nine.

APPENDIX A., No. 14.

Table showing the order in which Requisitions were issued for the provision of Temporary Fever Hospitals and Dispensaries.

1	Electoral Division,	
Union.	or place named for Hospital,	Date of Requisition.
C mon.	or Dispensary, to be	Date of Requisition.
	provided at	
Tullamore,	Tullamore,	26th February, 1847.
T	MC4-1-1-4	2nd March
0 11 0.1.	D1	1 = 11.
	Dalll!	201
Athy,		19th ,, ,,
Roscommon,	Roscommon,	" " "
Baltinglass,	Baltinglass,	24th ,, ,,
Monaghan,	Castleshane,	29th ,, ,,
,,	Kilmore,	,, ,, ,,
Ballina,	Kilcommon,	5th April, ,,
	Binghamstown, .	,, ,, ,,
Carrick-on-Suir, .	Carrick-on-Suir, .	14th ,, ,,
Cavan,	Belturbet,	" " "
Lisnaskea,	Derrylin,	
Mallow,	Doneraile,	
	Monanimus	",
Dundalle	C1:C1	19th ., .,
Dundalk,	Challalana	
Fermoy,		" " "
,,	Ratheormae,	" " "
,,	Castletownroche, .	,, ,, ,,
,,	Kilworth,	" " "
,,	Ballyhooly,	,, ,, ,,
Bandon,	Bandon,	4th May, ,,
Dublin, North, .	North City,	" " "
Dublin, South, .	South City,	,, ,, ,,
Mallow,	Mallow,	,, ,, ,,
Bantry,	Bantry,	5.4h
	Castletown Berehaven,	
G-1-1	73 - (1 1	" " "
Cashel,	T	" " "
Dungarvan,		,, ,, ,,
,,	Aglish,	", ", "
,,	Bonmahon,	" " "
Kilmallock,	Kilmallock,	33 33 33
,,	Bruff,	,, ,, ,,
,,	Kilfinan,	,, ,, ,,
Macroom,	Ovans,	,, ,, ,,
,,	Aghabullogue,	,, ,, ,,
	Magourney,	,, ,, ,,
Midleton,	Youghal,	,, ,, ,,
	Castlemartyr,	,, ,, ,,
,,	Killeigh,	
,,	Midleton	
,,	Tiomand	,, ,, ,,
,,		,, ,, ,,
,, , ,	Dungourney,	,, ,, ,,
,,	Cloyne,	" " "
Scariff,	Scariff,	,, ,, ,,
,,	Killaloe,	,, ,, ,,
,,	Tulla,	,, ,, ,,
Tralee,	Tralee,	,, ,, ,,
Waterford,	Waterford,	,, ,, ,,
Trim,	Scariff Bridge,	7th ,, ,,
	Dunmanway,	10th ,, ,,
Dunmanway,	Kildorrery,	,, ,, ,,
Fermoy,	The same over	
	Fermoy,	,, ,, ,,
",		
Kanturk,	Freemount,	" "

	_						4		
	200	Barrier III	Electoral Div	risio	n,				
Union	n.		or place named fo			I	ate of Re	quisition.	
1			or Dispensary		be	-	ate of Ate	quisitioni	
			provided						
77 7 7							20		
Kanturk,			Kanturk,			10th	May,	1847.	
Armagh,			Keady,			17th	,,	,,	
Ballina,			Ballina,			,,,	,,	35" .	
Boyle, .			Boyle, .			"	,,	,,	
Clogheen,			Clogheen,			,,	,,	,,	
,,			Cahir, . Ballyporeen,			,,,	,,	, ,,	
"			Ardfinnan,			,,,	"	,,	
Cork, .		11.	Cork, .			,,,	"	"	۱
	16		Whitechurch,			,,,	,,	,,	
,,			Rathcooney,			,,,	,,	,,	ı
,,	14		Cove, .			,,,	,,	"	1
,,			Monkstown,			,,	"	, ,,	ı
,,			Ballincollig,			,,	"	,,	ı
Downpatrick,			Killeagh,			,,,	"	,,	ı
Enniskillen,			Enniskillen,			,,,	"	"	
Kenmare,			Bourdoneen,			,,	,,	,,	-
Lurgan,			Moira, .			,,	,,	,,	1
Nenagh,			Borrisokane,			,,	,,	,,	1
Parsonstown,			Uskeane,			,,	,,	,,	ı
Rathdrum,			Wicklow,			,,	,,	,,	ı
Trim, .			Trim, .			,,	,,	,,	ı
Carlow,			Leighlinbridge,			19th	,,	,,	ı
Cashel,			Cashel, .			,,	,,	,,	ı
Galway,			Oranmore,			,,,	,,	,,	ı
Kilkenny,			Kilkenny,			.,,	,,	,,	ı
33		1.	Gowran,			,,	,,	,,	ı
"			Johnstown,			,,	,,	,,	ı
,,			Freshford,			,,,	,,	,,	ı
33			Castlecomer, Thomastown,	•		,,	"	, ,,	ı
33			Pallymannet			,,,	,,	,,	ı
Armagh,			Longhandl			0104	,,	,,	ı
Athlone,			Athlone,	•	1 5	21st	"	,,	ı
Ballinasloe,			Eyrecourt,	•		"	,,	,,	ı
Clogheen,			Kilbenny,	•		"	,,	,,	ı
Clones,			Roslea, .			"	,,	,,	ı
Dundalk,			Dundalk,			,,	,,	"	ı
Galway,			Killanin,			,,	"	,,	ı
,,			Moycullen, .			"	"	. ,,	ı
TT 11.17			Oughterard, .		- 1	**	"	"	1
Kells, .			Spandaw,			,,	,,	,,	
Kenmare,			Sneem,			,,	"	"	1
Kilmallock,			Bruree,			,,	,,	,,	1
Vincels			Ballylanders, .	il.		,,	,,	,,,	-
Kinsale,			Kinsale,			,,	,,	,,	
Loughnee			Ballinspittle, .			,,	,,	,,	
Loughrea, New Ross,			Loughrea, .			,,	,,	,,	
Rathdrum,			New Ross,			,,	,,	,,	
Bandon,	*		Bray,			,,	,,	,,	
Caherciveen,	•		Clonakilty, Valentia,			24th	,,	,,	
Kenmare,			Kenmare,			,,	,,	,,	
Limerick,			Limerick,			,,	,,	,,	
Lismore,		9:	Templemichael,			2.9	,,	,,	
**			Cappoquin, .			,,,	,,	* ,,	
Londonderry,			Londonderry, .			,,,	,,	,,	
Mallow,			Buttevant,			,,,	,,	,,	
Naas, .			Kilcullen,			,,	",	,,	
						"	,,	"	
	_	-		-	-				

Union.	Electoral Division, or place named for Hospital, or Dispensary, to be provided at	Date of Requisition.
Roscrea,	Shinrone,	24th May, 1847.
New Ross,	Tintern,	25th ,, ,,
Oldcastle,	Virginia,	,, ,, ,,
Bailieborough,	Bailieborough,	26th ;, ,,
Enniscorthy,	Enniscorthy,	" " "
Enniskillen,	Swanlinbar,	" " "
Gorey,	Williagl.	" " "
Trimpole	Comicalina	" " "
Tighanan	Caintfold	,, ,, ,,
Dathkoolo	Croom	" " "
Enniscorthy,	Newtownbarry, .	28th ;, ;,
Gorey,	Ford,	,, ,, ,,
Kells,	Kells,	,, ,, ,,
Lisnaskea,	Brookborough, .	" " "
Newry,	Newry,	,, ,, ,,
Roscommon,	Strokestown,	,, ,, ,,
,,	Lanesborough,	,, ,, ,,
Clones,	Clones,	29th ,, ,,
Fermoy,	Mogeely,	", ", ",
Galway,	Galway,	", ", ",
Kenmare,	Tousist,	", ", ",
Lismore,	Tallow,	,, ,, ,,
Macroom,	Macroom,	,, ,, ,,
Mohill,	Mohill,	,, ,, ,,
Monaghan, .	Monaghan,	" " " "
Dingle,	Dingle,	1st June, ,,
Lurgan,	Portadown,	,, ,, ,,
Scariff,	Lurgan,	,, ,, ,,
	Collognar	,, ,, ,,
Sligo,	/Phumles	., ,, ,,
Ballinrobe,	Ballinrobe,	2nd ,, ,,
Banbridge,	Tanderagee,	,, ,, ,,
Caherciveen,	Drumod,	" " "
Clogheen,	Whitechurch,	", ", ",
Roscrea,	Killavenogue,	,, ,, ,,
Cootehill,	Corgreagh,	3rd ,, ,,
Fermoy,	Ardnageehy,	,, ,, ,,
Rathdown,	Rathdown,	,, ,, ,,
Newcastle,	Newcastle,	4th ,, ,,
,,	Abbeyfeale,	" "
,,	Ballingarry,	" "
	Killeedy,	" "
Skibbereen,	Leap,	" " "
,,	Abbeystrowry, .	" " "
,,	Tullagh,	,, ,, ,,
"	Aghadown, Kilmoe,	" " "
"	Want Claull	" " "
"	Track Clevill	" " "
"	Caherragh,	" " "
"	Dromdalleague, .	,, ,, ,,
"	Roscarbery,	,, ,, ,,
Tipperary,	Tipperary,	,, ,, ,,
Tralee,	Castleisland,	,, ,, ,,
Roscrea,	Dunkerrin,	5th ,, ,,
Banbridge,	Dromore,	8th ,, ,,
Callan,	Mullinahone,	,, ,, ,,

Union.		Electoral Division, or place named for Hospital, or Dispensary, to be provided at	D	Pate of Requisition.
			No. State	approximation in the
Carlow, Granard, .		Borris, Drumlumman,	8th	June, 1847.
Macroom, .	-	Matchy,	,,	"
Mallow,		Ballinamona,	"),),),),
New Ross, .		Dunbrody,	,,	,, ,,
Rathkeale, .		Rathkeale,	,,	",
Tuam, .		Tuam,	,,	"
Waterford, Carrickmacross,	1	Mullinavat, Carrickmacross, .	10th	,, ,,
,,		Raferagh,		",
,,		Donaghmoyne, .	"	"
Cootehill,		Drum,	1,,	,, ,,
Kanturk,		Newmarket,	,,	,, ,,
Kenmare, Naas,		Ballybog,	,,	"
Bandon,		Naas, Iniskeen,	11th	"
Dandon,	all's	Innishannon,		" "
Downpatrick, .		Ballynahinch, .	"	"
Dungannon, .		Tullyniskin,	,,	"
,,,	111	Moy,	,,	"
,,,	1.	Dungannon,	,,	" "
Wanntmalliala		Donaghmore,	,,,	,, ,,
Mountmellick, . New Ross, .		Mountrath,	12th	,, ,,
Dothdown		Kingetown	"	",
Tipperary,		Cullon	"	" "
Waterford,		Kilmacthomas,	","	",
Carlow,		Ballon,	14th	" "
Shillelagh, .	1.	Hacketstown,	,,	" "
Armagh, .		Armagh,	15th	"
,,,		Markethill,	,,	" ,
Omagh,		Middletown, Drumquin,	,,	,, ,,
Cashel,		Killengulo	16th	57, ' 29
Lisburn,		Hillshorongh	The state of the s	" "
Limerick, .		Castleconnell,	18th	" "
,,		Cappamore, .	,,	"
Clentian		Caherconlish,	,,	,, ,,
Glenties, Ballymoney,		Dungloe,	19th	" "
Enniskillen,		Kilrea,	21st	27 27
		Lisbellaw,	,,	,,,
Limerick, .		Kilbane,	"	,, ,,
,,		Abington,	"	",
Listowel,	100	Listowel,	"	" "
Midleton,		Garryvoe,	"	" "
Rathdrum, . Roscrea, .		Newcastle,	"	"
Parsonstown, .		Bourney, Parsonstown,	"	",
Trim,		Athboy.	22nd	" "
Ballinasloe, .	1	Carnacregg,	23rd	"
Manorhamilton,		Manorhamilton,		" "
Nenagh,		Cloghjordan, .	"	" "
)) v		Nenagh,	"	" "
,, .		Toomavarra,	,,	,,
"		Silvermines, Newport,	"	" "
,,		Portrue	,,	,, ,,
Cork, .		Inniscarra,	24th	35 33
	44		2-Full	",
A STATE OF THE PARTY OF THE PAR	-			

Union.	Electoral Division, or place named for Hospital, or Dispensary, to be provided at	Date of Requisition.
Roscrea,	Aghancon,	24th June, 1847.
,,	Borris-in-Ossory, .	" "
Cavan,	Ballyhaise,	25th ,, ,,
,,	Crossdoney,	", ", ",
,,, .	Belturbet,	,, ,, ,,
,,	Ballymachugh, .	" "
,,	Stradone, Killashandra,	,, ,, ,,
Clones,	M	" "
Granard,	Granard,	" "
New Ross,	Graigue,	,, ,, ,, ,, ,,
Carrick-on-Shannon, .	Carrick-on-Shannon, .	26th ,, ,,
Magherafelt,	Magherafelt,	" "
Omagh,	Omagh,	" " "
Sligo,	Tobercurry,	", ", ",
Caherciveen,	Caherciveen,	29th ,, ,,
Callan,	Callan,	,, ,, ,,
Kanturk,	Kilmeen,	" "
Kenmare, Kilmallock,	Kilgarvan,	" "
Parsonstown,	Kinnety,	" " "
Bailieborough,	Kingscourt,	30th ,, ,,
Thurles,	Templemore,	" " "
Oldcastle,	Castlepollard,	1st July, ,,
Enniscorthy,	Killan,	2nd ,, ,,
Wexford,	Wexford,	22 22 22
Clogher,	Aughnacloy,	3rd ,, ,,
Cootehill,	Cootehill,	5th ,, ,,
Killarney,	Killarney, Kilmain,	6th ., ,,
Omagh,	Dromore,), ,, ,,
Cashel,	Knockgraffon,	7th ,, ,,
Omagh,	Fintona,	,, ,, ,,
Parsonstown,	Lorha,	,, ,, ,,
Caherciveen,	Glenbeigh,	8th ,, ,,
Downpatrick,	Ardkeen,	" " "
Monaghan,	Emyvale,	,, ,, ,,
Trim,	Summerhill,	9th ,, ,,
Ballina,	Drogheda,	9th ,, ,,
Abbeyleix,	Ballyroan,	10th ,, ,,
Banbridge,	Loughbrickland, .	" "
Kinsale,	Nohoval,	,, ,, ,,
Lowtherstown, .	Lowtherstown, .	,, ,, ,,
Westport,	Westport,	" " " "
Balrothery,	Balbriggan,	12th ,, ,,
Enniscorthy,	Clonroche,	,, ,, ,,
Navan,	Golden,	" " "
Tipperary,	Doonane,	13th ,, ,,
Loughrea, .	Athenry,	,, ,, ,,
New Ross,	Rosbercon,	" " "
Clifden,	Ballindoon,	14th ,, ,,
Kanturk,	Millstreet,	15th ,, ,,
Roscrea,	Rathdowney,	2) 2
Tipperary,	Cappawhite,	16th ,, ,,
Ballina,	Mountevans,	
Ballinasloe, Ballyshannon,	Ballyshannon,	" " "
Daily Shannon,		

			Electoral I			1		
Union	1.		or place named or Dispens	arv. to	spital,	1	Date of Re	quisition.
			provid	ed at				
								1
Castlerea,	*	*	Kilkerrin,	*		16th	July,	1847.
Gort, . Athy, .			Kinvarra, Athy,			17th	,,	"
Longford,		:	Rathcline,				100	,,
Ardee, .			Ardee, .			19th	"	"
Ballinasloe,			Ahascragh,			,,	,,	,,
Granard,			Street, .			,,	,,	,,
Magherafelt,			Bellaghy,			,,	,,	>>
Dungarvan,		. :	Moneymore, Clashmore,			21st	"	"
Loughrea,			Portumna,			and the same of th	,,,	,,
Ballinasloe,			Aughrim,			23rd	,,,	"
Ballinrobe,			Claremorris,			24th	,,	"
T	14		Partry,			28th	,,	"
Longford, Castlerea,			Tarmonbarry	, .		,,	,,	"
			Ballyhaunis,			29th	,,	12.
22	1		Ballinlough, Frenchpark,			31st	,,	,,
Clogher,			Fivemiletown				,,	,,
Gort, .			Gort, .		:	,,,	"	,,
Ballinrobe,			Ross, .			2nd	August,	"
D ,,						,,	,,	"
Roscommon,	*		Knockroghery	у,		,,	,,	"
Castlerea, Rathdrum,			Glannamodda	, .		5th	,,	"
Clifden,			Roundwood,			22	"	,,
Enniskillen,			Roundstone, Killinagh,			7th	,,	,,
Granard,			Coole, .			"	,,	"
Ennistymon.			Miltownmalba	· v		9th	"	,,
Kilrush,			Kilrush,	·y ,	:	22	"	"
Oldcastle,			Crossakeel,			,,	"	,,
Carl			Ballyjamesdut	ff,		"	"	"
Cookstown,			Pomeroy,			10th	,,	**
Navan, . Galway,			Ardbraccan,			>>	,,	"
Longford,			Waterdale,			11th	,,	"
Rathkeale.			Clonaugh, Askeaton,	•		1041	,,	>>
Castlebar.			Addergoole,	1		12th 23rd	"	",
Mullingar,			Mullingar,				"	"
New Ross,			Innistiogue,		:	26th	,,	"
Tuam, .	*		Monivea,			28th	,,	"
Ballinrobe, Ballinasloe,			Neal, .				Septemb	er, ,,
Kilmallock,			Kilconnell,			4th	,,	,,
Dingle,			Charleville,			7th	,,	,,
Belfast.			Castlegregory, Belfast,			23rd	_ ,,	
Lisburn.			Lisburn,				Novembe	r, ,,
Clifden.			Clifden,			15th	**	,,
Naas, .			Robertstown.				,,	>>
Bailichen			Blessinton,			15th I	December	. "
Bailieborough, Carlow,			Shercock.			,,	,,	, ,,
Mohill,			Tullow,			17th	13	"
***			Ballinamore,			31st	,,	,,
Boyle,			Carrigallen, Coolavin,			"	,,	,,
Clifden,			Ballinahinch,			5th J	anuary,	1848.
D-11,"			Ballinakill,			6th	**	"
Ballina,			Belmullet.			18th	"	,,
Callan, .		. 1	Kilmaganny,			,,	39	"
	-				100	"	"	"
				THE PERSON NAMED IN	-	-		Name of the last o

Union.	Electoral Division, or place named for Hespital, or Dispensary, to be provided at	Date of Requisition.
Carlow, Manorhamilton, Parsonstown, Ballina, Carlow, Ballinasloe, Shillelagh, Enniscorthy, Carlow, Ennistymon, Kilrush, Clifden, Galway, Ennistymon, Tuam, Kilrush, Rathkeale, Westport, Cavan, Ennis, Fermoy, Dingle, Scariff, Carrick-on-Shannon, Lisnaskea,	Bagnalstown, Drumkeeran, Frankford, Killala, Carlow, Ballinasloe, Tinnehely, Oulart, Ballickmoyler, Moymore, (Dispensaries), Roundstone, Annaghdown, Ballyvaughan, Dunmore, Kilfiddaan, Shanagolden, Bofin, Miltown, Ennis, Ballynoe, Annascaul, Whitegate, Elphin, Lisnaskea,	18th January, 1848. 19th ,, ,, ,, 5th February, ,, 18th ,, ,, 25th ,, ,, 13th March, ,, 5th April, ,, 15th ,, ,, 22nd May, ,, 22nd May, ,, 22nd July, ,, 22nd ,, ,, 17th August, ,, 9th October, ,, 23rd December, ,, 21st April, 1849. 14th May, ,, 27th June, ,, 28th July, ,, 17th October, ,, 28th July, ,, 17th October, ,, 28th July, ,, 17th October, ,,

APPENDIX A., No. 15.

Summary Returns, showing the Number of Patients treated under the Temporary Fever Acts in the principal Towns in Ireland.

Year.	Name of Town.	White the same	Number Treated.	Number Died.	Rate of Mortality per cent.
1847	Belfast,		484 3,907 15,357 1,054 2,429 2,446	44 316 1,089 46 218 236	9·1 8·1 7·1 4·3 8·9 9·6
- 3	Total, .	27	25,677	1,949	7.5
1848	Belfast,		237 1,792 9,033 1,937 5,496 1,854 20,349	19 162 812 136 848 174 2,151	8· 9· 9· 7· 15·4 9·3

SUMMARY RETURNS, showing the Number of Patients treated under the Temporary Fever Acts in the principal Towns in Ireland—continued.

Year.	Na	me of Town		Arten Tool In	Number Treated.	Number Died.	Rate of Mortality per cent.
1849 ,, ,, ,, ,, ,,	Cork, Dublin, Galway, Limerick, Waterford, Cork, Dublin, Waterford,	Total,			4,149 5,481 1,123 817 2,077 13,647 1,803 3,748 2,184 7,735	777 499 221 235 127 1,859 148 296 182	18·7 9·1 19·6 28·7 6·1 13·6 8·2 7·9 8·3 8·1
1847 1848 1849 1850	(The number treatment of the year 1849 dedu	l, as abover remains on the tears 1847,	ing u	ation	64,127	6,585	10.2

APPENDIX

SUMMARY OF RETURNS, showing the Number of Patients treated in Total for all Ireland, with rate of Mortality

July, August, September, October, November, December,	2,339 2,283 2,087 1,246 1,277	3,519 2,761 2,200 2,337 1,353	4,194 5,100 4,483 4,424 2,553	1,704 2,636 2,230 3,032 1,169 1,112	799G 151 181 166 146 107	Remaining under treatment.	3,241	Admitted during the Month.	Total treated.	Discharged cured.	Dled.	Remaining under treatment.		Admitted during the Month.	
July, August, September, October, November, December, 1848. January, February,	675 2,339 2,283 2,087 1,246 1,277 1,402 1,004	3,519 2,761 2,200 2,337 1,307 1,353	4,194 5,100 4,483 4,424 2,553	1,704 2,636 2,230 3,032 1,169	79 151 181 166 146 107	2,339 2,283 2,087	906 3,241	5,936 5,541	6,842	3,416	185	3,241	3,121	10,619	13,740
July, August, September, October, November, December, 1848. January, February,	2,339 2,283 2,087 1,246 1,277 1,402 1,004	2,761 2,200 2,337 1,307 1,353	5,100 4,483 4,424 2,553	2,636 2,230 3,032 1,169	181 166 146 107	2,283	906 3,241	5,541							
August, . September, October, . November, December, 1848. January, . February, .	2,339 2,283 2,087 1,246 1,277 1,402 1,004	2,761 2,200 2,337 1,307 1,353	5,100 4,483 4,424 2,553	2,636 2,230 3,032 1,169	181 166 146 107	2,283	3,241	5,541							
February, .	1,004	1 194		1	116	1,277 1,402	4,234	6,405	10,639	4,801 5,966 4,094	401 470 348	4,030 4,234 4,203 3,807 3,185	5,784 5,086 3,926	5,890	13,426 11,674 10,546 7,661 7,517
	1,077 858 829 708 600 408 275 164		2,114 1,727 1,503	875 854 1,108 814 728	101	1,077 858 829 708 600 408 275 164 140	3,185 3,081 2,968 3,009 2,714 2,518 2,124 1,726 1,400 1,078 1,010 1,130	2,904 3,303 3,306 2,527 2,134 2,175 1,476 1,768 1,209 1,282	5,985 6,271 6,315 5,241 4,652 4,299 3,202 3,168 2,287 2,292	3,652 2,693 2,935 3,188 2,451 2,325 2,369 1,683 1,961 1,192 1,044 1,366	324 327 413 272 203 204 119 129 85 118	3,081 2,968 3,009 2,714 2,518 2,124 1,726 1,400 1,078 1,010 1,130 1,112	3,851 4,354 4,740 4,595 4,254 4,114 3,592 3,039 2,395 2,259	6,069 4,440 5,226 3,167 3,164 2,152	8,630 9,267 10,156 12,533 10,664 8,694 9,340 6,759 6,203 4,547 4,505 5,254
January, . February, March, . April, . May, . June, . July, . August, . September, October, . November, December,	183 298 382 435 360 304 229 221 215 226 207 207	321 343 523 399 325 251 213 207 290 164 172 257	504 641 905 834 685 555 442 428 505 390 379 464	143 189 359 363 309 241 193 186 261 156	63 70 111 111 72 85 28 27 18 27 18 31	298 382 435 360 304 229 221 215 226 207 207	1,112 1,307 1,523 1,677 1,544 1,609 1,774 1,551 1,287 1,205 1,174	1,572 1,860 2,509 1,947 2,170 2,728 1,855 1,558 1,860 1,352 1,297	2,684 3,167 4,032 3,624 3,714 4,337 3,629 3,109 3,147 2,557	1,238 1,439 1,976 1,764 1,756 2,179 1,829 1,633 1,763 1,256 1,161	139 205 379 316 349 384 249 189 179 127 115	1,307 1,523 1,677 1,544 1,609 1,774	2,247 2,591 2,942 2,965 3,045 2,984 3,110 2,828 2,517 2,201 2,188	3,085 3,914 4,913 4,1566 5,860 3,575 3,406 3,374 2,482 2,249 2,671	5,332 6,505 7,855 7,144 7,611 8,844 6,685 6,234 5,891 4,683 4,437 4,795
January, . February, March, . April, . May, . June, . July, . August, .	206 219 260 250 231 172 222 173	188 257 304 230 168 262 157 81	394 476 564 480 399 434 379 254	112	22 27 57 52 35 38 15 10	260 250 231 172 222 173 182	1,126 1,341 1,312 1,268 1,298 1,294 1,208 1,212	1,449 1,898 1,549 1,611 1,849 1,510 981	2,616 2,790 3,210 2,817 2,909 3,143 2,718 2,193	1,340 1,737 1,359 1,455 1,753 1,367 1,014	138 205 160 160 182 139 79	1,341 1,312 1,268 1,298 1,294 1,208 1,212 1,100	2,040 2,080 1,985 2,168 1,990 1,913	2,349 2,592 3,416 2,709 3,001 3,404 2,426 1,431	4,289 4,624 5,456 4,789 4,986 5,572 4,416 3,344 274,608

A., No. 16.

Temporary Fever Hospitals, per Month, in each Province, and the during the Years 1847, 1848, 1849, and 1850, respectively.

7 610 7 545 2 486 3 407 6 300 5 311 520 543 654 838 8560 458	5 5,784 5 5,086 7 3,926 0 3,295 3,530 0 3,851 4,354 4,740 4,595	980 1,231 1,258 1,031	1,278 1,788 1,462 1,661 1,480 1,109	2,663 2,919 2,318 2,140	779 1,133 1,312 1,995 1,223	52 73 93 86 64	1,201	12,032 13,298 12,665 10,213	21,352 17,683 14,958 15,863 10,568 10,592	26,226 29,715 28,256 28,528 20,781	15,320 14,445 17,206 10,552	998 1,097 1,146		
7 610 7 545 2 486 3 407 6 300 5 311 520 543 654 838 560	5,833 5,784 6,5,086 7,3,926 7,3,926 7,3,926 7,3,926 7,3,926 7,3,926 7,3,926 7,3,926 7,4,5,95 7,4,5,95	172 619 1,201 1,258 838 1,031 980 1,311 1,283	1,278 1,788 1,462 1,661 1,480 1,109	1,450 2,407 2,663 2,919 2,318 2,140	779 1,133 1,312 1,995 1,223	52 73 93 86 64	619 1,201 1,258 838 1,031	4,874 12,032 13,298 12,665 10,213	21,352 17,683 14,958 15.863 10,568	26,226 29,715 28,256 28,528 20,781	13,196 15,320 14,445 17,206 10,552	998 1,097 1,146 1,109 819	12,032 13,298 12,665 10,213 9,410	3·8 3·6 4·0 3·8 3·9
545 486 3 407 6 300 311 520 543 654 838 560	5 5,784 5 5,086 7 3,926 9 3,295 3,530 9 3,851 4,354 4,740 4,595	980 1,231 1,258 1,031	1,788 1,462 1,661 1,480 1,109	2,407 2,663 2,919 2,318 2,140	1,133 1,312 1,995 1,223	73 93 86 64	1,201 1,258 838 1,031	12,032 13,298 12,665 10,213	17,683 14,958 15.863 10,568	29,715 28,256 28,528 20,781	15,320 14,445 17,206 10,552	1,097 1,146 1,109 819	13,298 12,665 10,213 9,410	3·6 4·6 3·8 3·9
543 654 838 560	4,354 4,740 4,595	1,311	2,033 1,506	3 013							10 V	000	9,097	4-4
459 333 280 216 217 397	4,114 3,592 3,039 2,395 2,259 2,104	1,675 1,121 1,229 1,392 1,215 1,211 1,102	2,004 2,773 3,507 1,350 1,801 1,109 1,520 1,142 1,165	2,817 3,287 4,115 5,182 2,471 3,030 2,501 2,735 2,353 2,267	1,398 1,726 2,166 3,828 1,113 1.502 1,177 1,415 1,169 1,017	136 219 274 233 129 136 109 109 82 116	1,134	9,247 9,606	12,171 14,909 12,972 8,598 9,884 6,053 6,715 4,631 4,783	20,046 21,777 25,077 22,814 17,320 18,059 13,363 12,777 9,590 9,318	9,336 10,277 13,562	1,286 1,104 1,332 1,673 1,149 857 863 591 537 406 468 775	9,606 10,168 9,842 8,722 8,175 7,310 6,062 4,959	6·1 6·6 5·0 4·9
449 535 923 889 905 890 489 454 374 245 240	2,942 2,965 3,045 2,984 3,110 2,828 2,517 2,201 2,188 2,124	1,378 1,480 1,565 1,431 1,448 1,411 1,126 890 728	1,929 2,418 1,803 2,073 2,204 1,337 1,068 1,011 655 483	3,307 3,898 3,368 3,504 3,652 2,748 2,194 1,901 1,383 1,166	1,550 1,893 1,554 1,608 1,835 1,395 1,103	277 440 383 448 406	1,480 1,565 1,431 1,448 1,411	6,424 5,726 4,909 4,360	8,046 10,363 8,328 9,134 11,043 6,980 6,239 6,535 4,653	13,620 16,690 14,970 15,514 17,388 13,504 11,965 11,444 9,013	4,900 6,206 8,195 6,891 7,395 6,785 6,185 6,346 4,281 3,896 5,000	862 1.087 1,853 1.699 1,774 1,765 993 871 738 480 426 478	5,574 6,327 6,642 6,380 6,345 6,524 4,909 4,360 4,252 4,131 3,772	7:6 7:5 11:1 11:3 11:4 10:1 7:3 7:2 6:4 5:3 5:0
282 292 467 327 328 438 299 158	2,032 2,040 2,080 1,985 2,168 1,990 1,913 1,151	500 491 492 452 420 421 400 273	423 490 651 520 491 620 362 187	923 981 1,143 972 920 1,041 762 460	384 426 616 473 444 569 455 280	48 63 75 70 55 72 31 19	491 492 452 429 421 400 273 161	3,772 4,083 4,104 4,050 3,943 4,055 3,820 3,571	5,008 5.271	9,058 9,214	3,643 4,247 5,519 4,506 4,581 5,640 4,217 3,441	496 520 804 609 578 730 487 266	4,083 4,104 4,050 3,943 4,055 3,820 3,571 2,544	6.0 5.8 7.7 6.7 6.2 7.1 5.8 4.2
	217 397 449 535 923 889 905 890 454 245 245 245 282 292 467 327 328 438 299 158	217 2,104 397 2,247 449 2,591 535 2,942 923 2,965 889 3,045 905 2,984 890 3,110 489 2,828 454 2,517 374 2,201 245 2,188 240 2,124 245 1,940 282 2,032 292 2,040 467 2,080 327 1,985 328 2,168 438 1,990 299 1,913	217 2,104 1,102 397 2,217 1,134 449 2,591 1,300 535 2,942 1,378 923 2,965 1,480 889 3,045 1,565 905 2,984 1,431 890 3,110 1,448 459 2,828 1,411 454 2,517 1,126 374 2,201 890 245 2,188 728 240 2,124 683 245 1,940 605 282 2,032 500 292 2,040 491 467 2,080 492 327 1,985 452 328 2,168 429 438 1,990 421 299 1,913 400 158 1,151 273	217 2,104 1,102 1,165 397 2,247 1,134 1,682 449 2,591 1,300 1,516 535 2,942 1,378 1,929 923 2,965 1,480 2,418 889 3,045 1,565 1,803 905 2,984 1,431 2,073 890 3,110 1,448 2,204 489 2,828 1,411 1,337 454 2,517 1,126 1,068 374 2,201 890 1,011 245 2,188 728 655 240 2,124 683 483 245 1,940 605 536 282 2,032 500 423 292 2,040 491 490 467 2,080 492 651 327 1,985 452 520 328 2,168 429 491 438 1,990 421 620 299 1,913 400 362 299 1,913 400 362 299 1,913 400 362 299 1,913 400 362 2158 1,151 273 187	217 2,104 1,102 1,165 2,267 397 2,217 1,134 1,682 2,816 449 2,591 1,300 1,516 2,816 535 2,942 1,378 1,929 3,307 923 2,965 1,480 2,418 3,898 889 3,045 1,565 1,803 3,368 905 2,984 1,431 2,073 3,504 890 3,110 1,448 2,204 3,652 489 2,828 1,411 1,337 2,748 454 2,517 1,126 1,068 2,194 374 2,201 890 1,011 1,901 245 2,188 728 655 1,383 240 2,124 683 483 1,166 245 1,940 605 536 1,141 282 2,032 500 423 923 292 2,040 491 490 981 467 2,080 492 651 1,143 327 1,985 452 520 972 328 2,168 429 491 920 438 1,990 421 620 1,041 299 1,913 400 362 762 158 1,151 273 187 460	217 2,104 1,102 1,165 2,267 1,017 397 2,247 1,134 1,682 2,816 1,309 444 2,591 1,378 1,929 3,307 1,550 923 2,965 1,480 2,418 3,898 1,893 889 3,045 1,565 1,803 3,368 1,554 905 2,984 1,431 2,073 3,504 1,608 890 3,110 1,448 2,204 3,652 1,835 489 2,828 1,411 1,337 2,748 1,395 454 2,517 374 2,201 890 1,011 1,901 1,006 245 2,188 728 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187 460 280 19	217 2,104 1,102 1,165 2,267 1,017 116 1,134 397 2,247 1,134 1,682 2,816 1,309 207 1,300 449 2,591 1,300 1,516 2,816 1,227 211 1,378 535 2,942 1,378 1,929 3,307 1,550 277 1,480 923 2,965 1,480 2,418 3,898 1,893 440 1,565 889 3,045 1,565 1,803 3,368 1,554 383 1,431 905 2,984 1,431 2,073 3,504 1,608 448 1,448 890 3,110 1,448 2,204 3,652 1,835 406 1,411 489 2,828 1,411 1,337 2,748 1,395 227 1,26 454 2,517 1,126 1,068 2,194 1,103 201 890 1,311 1,901 1,006 <td>217 2,104 1,102 1,165 2,267 1,017 116 1,134 4,535 397 2,247 1,134 1,682 2,816 1,309 207 1,300 4,508 449 2,591 1,300 1,516 2,816 1,227 211 1,378 4,842 535 2,942 1,378 1,929 3,307 1,550 277 1,480 5,574 923 2,965 1,480 2,418 3,898 1,893 440 1,565 6,327 889 3,045 1,565 1,803 3,368 1,554 383 1,431 6,442 905 2,984 1,411 1,337 2,748 1,395 448 1,448 6,380 890 3,110 1,448 2,204 3,652 1,835 406 1,411 6,3424 454 2,517 1,126 1,068 2,194 1,103 201 890 5,726 374 2,201</td> <td>217 2,104 1,102 1,165 2,267 1,017 116 1,134 4,535 4,783 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1,126 1,068 2,194 1,103 201 890 5,726 6,239 11,965 374 2,201 890 1,011 1,901 1,006 167 728 4,909 6,535 11,444 245 2,188 728 655 1,383 619 81 683 4,360 4,653 9,013 240 2,124 683 483 1,166 508 53 605 4,252 4,201 8,453 240 2,124 683 483 1,166 508 53 605 4,252 4,201 8,453 240 2,124 683 483 1,166 508 53 605 4,252 4,201 8,453 245 1,940 605 536 1,141 566 75 500 4,131 5,119 9,250 467 2,080 492 651 1,143 616 75 452 4,104 6,269 10,373 327 1,985 452 520 972 473 70 429 4,050 5,008 9,058 438 1,990 421 620 1,041 569 72 400 4,055 5,008 9,058 438 1,990 421 620 1,041 569 72 400 4,055 6,135 10,199 299 1,913 400 362 762 455 34 273 3,820 4,455 8,275 158 1,151 273 187 460 280 19 161 3,571 2,680 6,251</td> <td>217 2,104 1,102 1,165 2,267 1,017 116 1,134 4,535 4,783 9,318 4,342 397 2,247 1,134 1,682 2,816 1,309 207 1,300 4,508 6,534 11,042 5,425 449 2,591 1,300 1,516 2,816 1,227 211 1,378 4,842 6,494 11,336 4,900 535 2,942 1,378 1,929 3,307 1,550 277 1,480 5,574 8,046 13,620 6,206 923 2,965 1,480 2,418 3,898 1,893 440 1,565 6,327 10,363 16,690 8,195 905 2,984 1,431 2,073 3,504 1,608 448 1,448 6,480 9,134 15,514 7,395 905 2,984 1,431 2,073 3,504 1,608 448 1,448 6,380 9,134 15,514 7,395 489 2,828 1,411 1,337 2,748 1,395 227 1,126 6,424 6,980 13,504 6,785 374 2,201 890 1,011 1,901 1,006 167 728 4,909 6,535 11,444 6,346 4,846 2,17 1,126 1,668 2,194 1,103 201 890 5,726 6,239 11,965 6,185 374 2,201 890 1,011 1,901 1,006 167 728 4,909 6,535 11,444 6,346 2,40 2,124 683 483 1,166 508 53 605 4,252 4,201 8,453 3,896 245 1,940 605 536 1,141 566 75 500 4,131 5,119 9,250 5,000 282 2,040 491 490 981 426 63 492 4,055 5,008 9,058 4,506 329 1,913 400 362 762 473 70 429 4,055 5,008 9,058 4,506 438 1,990 421 620 1,041 569 72 400 4,055 6,135 10,190 5,640 438 1,990 421 620 1,041 569 72 400 4,055 6,135 10,190 5,640 158 1,151 273 187 460 280 19 161 3,571 2,680 6,251 3,441</td> <td>217 2,104 1,102 1,165 2,267 1,017 116 1,134 4,535 4,783 9,318 4,342 468 397 2,247 1,134 1,682 2,816 1,309 207 1,300 4,508 6,534 11,042 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2,188 728 655 1,383 619 81 683 4,360 4,653 9,013 4,281 480 4,252 2,184 1,940 605 536 1,141 566 75 500 4,131 5,119 9,250 5,000 478 3,772 4,450 8,222 3,643 496 4,083 2,240 2,124 683 483 1,166 508 53 605 4,252 4,201 8,453 3,896 426 4,131 2,451 4,467 2,040 492 651 1,143 616 75 452 4,104 6,269 10,373 5,519 804 4,050 327 1,985 452 520 972 473 70 429 4,083 4,788 8,871 4,247 520 4,104 6,269 10,373 5,519 804 4,050 329 1,913 400 362 762 455 34 273 3,893 4,527 1,921 4,581 578 4,055 299 1,913 400 362 762 455 34 273 3,893 4,455 8,275 4,217 487 3,571 1,581 1,511 273 187 460 280 19 161 3,571 2,680 6,251 3,441 266 2,544</td>	217 2,104 1,102 1,165 2,267 1,017 116 1,134 4,535 397 2,247 1,134 1,682 2,816 1,309 207 1,300 4,508 449 2,591 1,300 1,516 2,816 1,227 211 1,378 4,842 535 2,942 1,378 1,929 3,307 1,550 277 1,480 5,574 923 2,965 1,480 2,418 3,898 1,893 440 1,565 6,327 889 3,045 1,565 1,803 3,368 1,554 383 1,431 6,442 905 2,984 1,411 1,337 2,748 1,395 448 1,448 6,380 890 3,110 1,448 2,204 3,652 1,835 406 1,411 6,3424 454 2,517 1,126 1,068 2,194 1,103 201 890 5,726 374 2,201	217 2,104 1,102 1,165 2,267 1,017 116 1,134 4,535 4,783 397 2,247 1,134 1,682 2,816 1,309 207 1,300 4,508 6,534 449 2,591 1,300 1,516 2,816 1,227 211 1,378 4,842 6,494 535 2,942 1,378 1,929 3,307 1,550 277 1,480 5,574 8,046 923 2,965 1,480 2,418 3,898 1,893 440 1,565 6,327 10,363 889 3,045 1,565 1,803 3,368 1,554 383 1,431 6,442 8,328 905 2,984 1,411 1,337 2,748 1,395 227 1,126 6,442 8,328 890 3,110 1,448 2,204 3,652 1,835 406 1,411 6,345 11,043 454 2,517 1,126	217 2,104 1,102 1,165 2,267 1,017 116 1,134 4,535 4,783 9,318 397 2,247 1,134 1,682 2,816 1,309 207 1,300 4,508 6,534 11,042 449 2,591 1,300 1,516 2,816 1,227 211 1,378 4,842 6,494 11,336 535 2,942 1,378 1,929 3,307 1,550 277 1,480 5,574 8,046 13,620 923 2,965 1,480 2,418 3,898 1,893 440 1,565 6,327 10,363 16,690 889 3,045 1,565 1,803 3,368 1,594 400 1,565 6,327 10,363 16,690 890 5,984 1,431 2,073 3,504 1,608 448 1,448 6,380 9,134 15,514 890 3,110 1,448 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6,535 11,444 6,346 738 4,360 4,252 2,188 728 655 1,383 619 81 683 4,360 4,653 9,013 4,281 480 4,252 2,188 728 655 1,383 619 81 683 4,360 4,653 9,013 4,281 480 4,252 2,184 1,940 605 536 1,141 566 75 500 4,131 5,119 9,250 5,000 478 3,772 4,450 8,222 3,643 496 4,083 2,240 2,124 683 483 1,166 508 53 605 4,252 4,201 8,453 3,896 426 4,131 2,451 4,467 2,040 492 651 1,143 616 75 452 4,104 6,269 10,373 5,519 804 4,050 327 1,985 452 520 972 473 70 429 4,083 4,788 8,871 4,247 520 4,104 6,269 10,373 5,519 804 4,050 329 1,913 400 362 762 455 34 273 3,893 4,527 1,921 4,581 578 4,055 299 1,913 400 362 762 455 34 273 3,893 4,455 8,275 4,217 487 3,571 1,581 1,511 273 187 460 280 19 161 3,571 2,680 6,251 3,441 266 2,544

APPENDIX B., No. 1.

CENTRAL BOARD OF HEALTH.

As there seems reason to apprehend that Cholera may again, perhaps within a short period, reach this country, the Commissioners of Health deem it advisable to submit, for general information, the following observations in reference to the epidemic, and to the measures proper to be adopted

in the event of its re-appearance in this country.

The Commissioners of Health are anxious to impress upon all persons the important difference that exists between Cholera and Fever, with respect to the mode of propagation of these epidemic diseases. Fever, it is well known, is highly contagious, or easily propagated from one individual to another, while all experience shows that Cholera is rarely, if ever, contagious; consequently, the separation of the sick from the healthy—a measure so essential in checking the spread of Fever—is not required in Cholera, and the friends and relatives of persons attacked with Cholera may be under no apprehension of catching the disease, and need not be deterred from affording to the

sick, in their own dwellings, every needful assistance and attention.

This view of the subject has an important bearing upon the measures to be adopted in meeting a visitation of Cholera. In contending against epidemic Fevers, it has been found necessary to maintain large Hospital Establishments for the purpose of preventing the spread of the disease by infection, and of affording to the sick those attentions which are so often required during the tedious recovery from Fever: but the case is different with respect to Cholera, and the Commissioners of Health, after mature consideration, do not advise that Cholera should be met by an extended system of Hospital accommodation, such as is needful in epidemics of Fever, but recommend in preference, a general system of prompt and efficient Dispensary relief, for the following reasons:—

Istly.—That Cholera being rarely, if ever, contagious, there is not risk of infection, as in Fever, in leaving the sick in their own dwellings, or in re-

ceiving them into General Hospitals.

2ndly.—That an attack of Cholera being usually so sudden, and its whole duration so short, the delay, necessarily attendant upon the removal of the patient to Hospital, may lead to loss of life, or of the time most valuable for treatment.

3rdly.—That the Medical treatment of Cholera, being much more simple than that of Fever, can be efficiently conducted at the dwellings of the patients, and the required assistance to Medical treatment can be as effectively given by the families and friends of the sick, as by nurses in Hospitals.

4thly.—That recovery from Cholera not being ordinarily followed by prolonged debility, (such as attends on Fever,) patients on their recovery from an attack of Cholera do not generally stand in need of the same length-

ened Hospital attendance as Fever Patients.

The Commissioners of Health do not, however, advise, that in the event of the appearance of Cholera, Hospital relief should be altogether dispensed with, as there is always, particularly in cities, a large class of destitute persons who have neither friends nor the means of support, and to such persons efficient relief cannot be afforded except in Hospitals. The non-contagious character of Cholera fortunately removes all objection to the receiving of persons suffering under the disease into the ordinary Hospitals of the country, whether County Infirmaries or Fever Hospitals, all of which the Commissioners of Health advise should be open and in readiness to receive destitute patients in Cholera.

The Commissioners of Health believe, that besides the advantage of affording prompt and efficient relief to destitute persons affected with Cholera, the admission of such patients into the ordinary Hospitals of the country would be attended with salutary moral effects. It would greatly lessen, if not quite remove, the generally prevailing apprehensions respecting the highly

contagious nature of the disease, and would thus dispose the friends and relatives of the sick to be more active and constant in their attentions; the sick themselves no longer treated like persons stricken by a pestilence, would acquire confidence, and with confidence a strength that would enable them

the better to struggle with the disease.

Nature of the Attack.—It seems to be a well-established fact, and one that cannot be too strongly impressed upon the minds of the people generally, as upon this fact depends the best hope of successfully contending with the disease, that in nearly all cases of Cholera, there are two stages of the disease, the first being merely Diarrhæa, or simple looseness of the bowels; the second being the stage of Collapse, or Blue Cholera, marked by cramps, failure of the circulation, lividity of the skin, cold, clammy perspiration, and all other well-known symptoms of the disease. In the first stage of the disease medical treatment is frequently successful, in the second stage too often of no avail.

The first stage, Diarrhæa, or mere looseness of the bowels, may be of only a few hours' duration, or may continue from one to several days. It is most important to bear in mind that this Diarrhæa may be entirely without pain; indeed, it most frequently is without pain, or merely accompanied with trifling griping or uneasiness. This absence of pain, or the little accompanying uneasiness, has too often thrown the patient off his guard, who has thus neglected the warning of his danger, and has allowed the time for cure to

pass by.

It may be safely asserted, that during the prevalence of an epidemic of Cholera, Diarrhœa, or looseness of bowels, which is free from pain, is more dangerous, more likely to be the first stage of the disease, than Diarrhœa accompanied with griping or pain. Let it then be clearly understood, that when the epidemic is prevalent, mere looseness of the bowels with or without pain, may be the commencement or first stage of Cholera—that the disease is generally curable in this stage, and that not a moment should be lost in applying for relief.

To afford this immediate relief, the Commissioners of Health recommend that every existing Medical Institution, whether Hospital or Dispensary, should be open, day and night, during the prevalence of Cholera, to all applicants, without distinction, where all who apply should obtain, without a moment's delay, advice and medicine; and from which all the poor, who may be unable to leave their dwellings, may be visited with promptitude, and supplied with medicine at home, or transferred, if requisite, to Hospital.

To effect these objects the following arrangements are recommended:—
1stly. The prescribing room of every Medical Institution, whether Hospital or Dispensary, should be open day and night, without intermission, during the prevalence of Cholera, and a Medical Officer should be in constant

attendance to prescribe for all applicants.

2ndly. Each Hospital and Dispensary should have a certain district allotted to it, and the attending Porter or Clerk should keep a book in which he should enter the names and residences of all applicants for relief within the district, who are unable to leave their homes. The book should show the time of

application, and the name and residence of the patient.

3rdly. A second Medical Officer should be constantly in readiness to receive the names of all such applicants, and to proceed, without delay, to visit them. The visiting physician, instead of writing a prescription at the residence of the patient, should be provided with a small portable pocket-medicine-box, containing the medicines most generally required, made up in such a form as to render their administration as speedy and as simple as possible. Such portable medicine-boxes can be procured at a very small cost, or may be made up on an emergency of pasteboard, or thin board, or tin, in the form of a book, about 7 inches long, 4 inches broad, and 1 inch deep, with one of the sides to fold back, or open on hinges. The services of an Apothecary will be required to keep up a constant supply of the medicines

required, made up ready for use. The Medical Officers will generally give formulæ for the medicines they may deem best. The following may, however, serve as an example of what should be generally provided in the pocket-medicine-boxes. The most portable forms for the medicines are selected;—the directions should, as far as practicable, be-printed.

Powders.—Carbonate of Ammonia, in waxed papers, each paper containing 40 grains, and having a printed label on the outside:—"Carbonate of Ammonia—Dissolve this Powder in half a pint of water, give two table spoonfulls every hour."

Powders.—Compound Powder of Chalk with Opium—(Pulv. Cretæ c Opio,) in packets, each containing 6 papers, each paper containing 10 grains of the Powder, with a printed label on each packet:—"Compound Powder of Chalk with Opium, One Powder every half-hour until the looseness ceases."

Pills of Powdered Opium, each containing one quarter of a grain of Opium, and two grains of Powdered Ginger, made up with Oil of Peppermint. The Pills to be in boxes, each box containing 6 Pills, with a printed label:—" Opium Pills, one every half-hour until the looseness ceases."

Pills of Mercury and Opium, each containing one quarter of a grain of Calomel, two grains of Hydrargyrum c Creta Mercury with Chalk,) and a quarter of a grain of Opium, made up with Oil of Caraway, (which will serve to distinguish them from the plain Opium Pills,) in boxes, each containing 6 Pills, with a printed label:—"Mercury and Opium Pills, one every half-hour."

BOTTLES (with cork stoppers),

Half ounce 1. Containing-Tincture of Opium (Laudanum),

Bottles, \(\)2. ,, Creasote,

One ounce 3, , Tincture of Rhatany, Hoffman's Liquor.

Along with the box should be carried a small jar of strong brown mustard.

The Visiting Physicians should also be furnished with printed Forms, for the removal to Hospital, of patients who are destitute of assistance in their own dwellings;—in short, every measure should be adopted that will obviate the least delay. It may be necessary in some instances to establish Temporary District Dispensaries, but it is most desirable, for reasons already given, that the permanent institutions should be first made available.

It is not within the purpose of a communication such as this to go into details of treatment. There are, however, two points on which the Commissioners of Health feel it will not be out of place to give an opinion, viz., the employment of frictions and the allowance of drinks to the sick. The Commissioners cannot recommend that fluid applications of any kind should be employed in frictions on the body or limbs, as the cold consequent on prolonged exposure and evaporation more than counterbalances any supposed good effect from friction, which, if at all used, should be made merely with the warm hand without disturbing the bed-clothes. The Commissioners also advise that when patients suffer from thirst, they should in general be permitted to drink freely, as experience shows that the denial of drink does not check vomiting, while it increases very much the suffering of the patient from the burning thirst that so often accompanies the disease.

It is scarcely necessary to observe that, as far as empowered by Act of Parliament, the Commissioners of Health will afford all the co-operation and advice in their power to Managing Committees of Public Institutions, and to Voluntary Sanitary Associations, whose aid may be most useful in carrying out the above measures. To fix the necessary precautions and instructions in the minds of the people, it is recommended that copies of the following Circular be printed and extensively published and posted under the directions

of the Local Committees.

PRECAUTIONS AND INSTRUCTIONS FROM COMMISSIONERS OF HEALTH.

Shun damp and low situations, and if possible, quit dwellings in such places, during the prevalence of Cholera; keep your houses and rooms dry, and the windows and doors open as much and as long as the weather will permit; there can scarcely be too much ventilation. An abundant supply of fresh air is as necessary during the night as in the day, and pure air is as requisite for the support of life and health as good food.

Remove all stagnant water and dung heaps from around your dwellings, and clean out all sewers without delay. Do these things at once, without waiting for the outbreak of the disease. It will be unsafe, and it will be too

late to undertake them when Cholera shall have broken out.

Avoid chills; do not wear wet clothes a moment longer than can be avoided. Wear a flannel belt round the stomach and loins—make use of plain wholesome food, in the solid rather than in the liquid form—abstain from fruit, raw and ill-cooked vegetables, pastry, smoked and hard salted meats, and salted fish, pork, cider, stale or sour malt drinks, pickles, and all articles of diet that from experience are known to have a purgative effect.

Avoid purgative medicines, particularly Castor Oil, Seidlitz Powders, and

Salts.

Be very careful that the water used as drink is of good quality.

Abstain from stimulants unless prescribed as remedies under medical advice. In former visitations of Cholera many persons, both rich and poor, resorted to the use of stimulants—wine, whiskey, brandy, &c., under the false impression, that what was sometimes useful as a cure, was also good as a preventive. This is a great error; stimulants, frequently taken, or taken in excess, are followed by collapse, which predisposes to the disease, and the general health, moreover, is seriously and permanently injured by the practice. In fine, shun damp places, particularly for sleeping; breathe pure air; observe cleanliness; keep the surface of the body warm; avoid fatigues, and excesses of all kinds; use wholesome plain food; live temperately; preserve, as much as possible, a state of general good health, and you will have adopted the best safeguards against Cholera.

NOTICE.

1st. If attacked by Diarrhea or looseness of the bowels, however slight, whether with or without pain, apply without a moment's delay, at the Dispensary in where medical relief will be given at any hour of the day or night.

2nd. Let notice be given without delay, at any hour of the day or night, at the same place, of the name and residence of any patient affected with vomiting, purging, or cramps, who may be unable to go out; immediate attendance will be given, and, if necessary, the patient will be removed to

hospital.

Should you be attacked with Diarrhea or looseness of the bowels, with or without pain, and that medical advice is not at hand, go at once to bed, wrap yourself in warm blankets, roll a swathe of warm flannel, sprinkled with hot spirits of turpentine, or whiskey, closely round the body, extending from the chest to the hips, and take a teaspoonful of brandy or whiskey in a little water, with fifteen drops of laudanum, repeating it every hour, if the attack be not checked, until a third dose has been taken, but do not venture further in the use of laudanum without medical advice.

By Order of the Commissioners,

W. H. HOPPER, Secretary.

APPENDIX B., No. 2.

To the Councils and other Governing Bodies of Cities and Boroughs; Commissioners under Local Acts; the Officers of Health appointed in pursuance of the Provisions of the Act 59 George 3, Cap. 41, the Trustees, County Surveyors and others, by Law intrusted with the care and management of Streets and Public Ways and Places in Ireland; the Guardians of the Poor of the several Unions in Ireland; the Owners and Occupiers of Houses, Dwellings, Churches, Buildings and Places of Assembly, and others having the care and ordering thereof; And to all whom it may concern.

Whereas by the provisions of the "Nuisances Removal and Diseases Prevention Act, 1848," for the prevention of epidemic and contagious diseases, and by virtue of an Order of His Excellency the Lord Lieutenant and Privy Council, bearing date the 4th day of October, 1848, directing that the said provisions of the said Act be put in force throughout the whole of Ireland, We the Commissioners of Health are authorized to issue such directions and regulations as We shall think fit for the prevention (as far as possible) or

mitigation of epidemic, or contagious diseases:

Now in exercise of the authority vested in us as aforesaid, We the Commissioners of Health do issue the following directions and regulations:—

1.—We direct all Councils, and other Governing Bodies of Cities and Boroughs, Commissioners under Local Acts, Officers of Health, Trustees, County Surveyors, and others by law intrusted with the care and management of the streets, and other public ways, and places, to cause at least once in every 24 hours to be effectually cleansed, all streets, rows, lanes, courts, alleys, and passages, and public ways and places, under their respective care and management, and to cause to be removed all filth, and nuisances therefrom.

2.—And further, where it shall appear that there is not any Council or Governing Body, or that by want or neglect of the Council of any City, or Borough, Commissioners, Surveyors, Trustees, Officers of Health, or others intrusted with the care and management as aforesaid, of streets and other public ways and places, or by reason of poverty of the occupiers of premises or otherwise, there may be any default or delay in the cleansing of, or removing nuisances from any street, row, lane, court, alley, passage, or public way or other place within any Union, We authorize and require the Guardians of such Union, by themselves or their Officers to cause such street, row, lane, court, alley, passage, way, or place, to be effectually cleansed, and all nuisances to be removed therefrom, and to do all acts, matters, and things necessary for that purpose.

3.—We also direct as follows :-

That when, and so often as any dwelling-house in any part or place to which these directions and regulations extend, is in such a filthy and unwholesome condition as to be a nuisance to, or injurious to the health of any person, or,

Where upon any premises, or any part or place as aforesaid, there is any foul and offensive drain, ditch, gutter, privy, cesspool, or ashpit, or any drain, ditch, gutter, privy, cesspool, or ashpit, kept or constructed so as to be a

nuisance to or injurious to the health of any person, or,

Where upon any such premises, swine, or any accumulation of dung, manure, offal, filth, refuse, or other matter or thing, is kept so as to be a nuisance to, or injurious to the health of any person, or,

Where upon any such premises (being a building used wholly, or in partas a dwelling-house) or being premises underneath any such building, any animal is kept so as to be a nuisance, or injurious to the health of any person:

In each of the above recited cases, the owner or occupier, and persons having the care or ordering of such dwelling-house, or of the premises where the nuisance or matter injurious to health may be, shall cleanse, white-wash, or otherwise purify, as the case may require, such dwelling-house or building; or abate or remove the nuisance or matter injurious to health as aforesaid with all reasonable speed after the publication of these our Direc-

tions and Regulations, or after the nuisance or matter injurious to health

shall have arisen.

4.—And where it shall appear that extraordinary medical aid is required for persons attacked or threatened by Cholera, We authorize and require the Guardians of every Union where such medical aid may be required to provide sufficient medical aid, and, in suitable places, such medicines as may be required for necessitous persons attacked by Cholera or by its premonitory symptoms, and to make arrangements for the distribution of notices, stating the places where aid and medicines shall have been provided.

5.—And where it may be found impracticable to insure proper treatment at their own homes to any of the poorer classes, We authorize and require the said Guardians, where it shall appear that such accommodation is required, to provide Hospitals or suitable rooms or places, capable of accommodating necessitous cases, to which persons attacked by Cholera, who cannot be pro-

perly treated in their own homes, may be conveyed.

6.—And We require the Guardians of the Poor of any Union, in which it may be deemed necessary to provide as aforesaid, extraordinary medical aid for necessitous persons attacked by Cholera remaining in their own homes, or to provide in addition, Hospitals, or suitable rooms or places capable of accommodating such necessitous persons as cannot be properly treated at their homes, to report to us without delay, the measures or arrangements adopted to carry out the above objects.

7.—And in case of death by Cholera, We hereby authorize and require the last medical attendant upon the person of the deceased, or in case of there having been no medical attendant, the housekeeper or person present at the death, or in charge of the body, forthwith to notify the fact of the death to the Board of Guardians of the Union within which such death may have occurred, or to the Medical Officer of the District appointed by said Board.

8.—And in case the interment of any person deceased cannot be otherwise provided for, We hereby authorize and require the Guardians of the Poor of the Union in which the death has occurred, to provide for the speedy inter-

ment of such deceased person.

9.—And We authorize and direct the said Guardians to make arrangements for obtaining daily Lists of persons attacked by Cholera within their respective Unions, with the particulars of their cases and treatment, and for

communicating the same daily to the Central Board of Health.

10.—And We hereby authorize and direct the said Guardians, where it may appear needful, to appoint such additional Medical Officers, and also to appoint such other Officers as may be required to execute, and superintend the execution of these Directions and Regulations, and to publish and circulate by printed hand bills, or other means, notices of the provisions of the said Act for the prevention of nuisances, and of our Regulations and Directions, or of such part of any of them, as it may appear desirable to make publicly known.

Given under our hands this Seventh day of December, One Thou-

sand Eight Hundred and Forty-eight.

PHILIP CRAMPTON. D. J. CORRIGAN. ROBERT KANE. H. MARSH.

In issuing the above directions, the Commissioners of Health desire to draw the attention of the various Public Authorities to the three main objects of the 11th and 12th Victoria, Cap. 123, which are,

1st .- The abatement of all nuisances in connexion with houses or property,

for the cost of abating which the owners or occupiers are responsible.

2ndly.—The abatement of public nuisances by the cleansing of streets, and all public ways and places, and the clearing out and covering of sewers or drains.

3rdly.—The Medical relief of the Sick Poor labouring under Cholera or

its premonitory symptoms.

These three objects can be most effectually and most economically carried out in many places by the concurrent and mutual exertions of the Boards of

Guardians, and of the other Public Authorities, and in all towns or places where there are Town Councils, Officers of Health, or other Governing or Public Authorities having the care or management of such towns or places, the Commissioners of Health recommend that the carrying out of the first two objects should be intrusted to such Public Authorities, leaving to Boards of Guardians the execution of the third object, viz., the Medical relief of the Sick Poor.

In regard to the first object, viz., the abatement of all nuisances in connexion with houses of property, for which the owners or occupiers are justly responsible—this object can be attained with very little expense or delay by conducting the proceedings for the abatement of such nuisances under the first and third sections of the Act, which provide, that upon complaint of any two or more inhabitant Householders, summary proceedings may be taken before a Magistrate to compel the owner or occupier to abate such nuisance, and in event of delay or non-compliance on his part, to impose on him a fine, and to have the nuisance abated, charging the expense upon such owner or occupier. The second object, viz., the abatement of public nuisances, the cleansing of streets, &c., may be most effectually and economically carried out by the Town Council, Officers of Health, Local Commissioners, and Public Authorities of the various towns in Ireland, in whom is already vested by previous Acts of Parliament the police or management of such towns. In places not provided with local managing bodies, it will, of course, be requisite that the duties above mentioned shall be performed by the Boards of Guardians of the Unions in which such place is situate, or by Officers appointed by them.

This arrangement will not only promote economy, but it will enable the Guardians in very many instances to devote more attention to the third object, viz., the Medical relief of the Sick Poor who may be afflicted with Cholera, and in regard to the most effectual mode of carrying out the necessary measures for this object, the Commissioners desire to draw the attention of the Boards of Guardians to their first notification, (a copy of which is enclosed,) which contains such general directions as it is hoped will facilitate the arrangement of the required Medical relief, should Cholera make its

appearance. By Order of the Commissioners,

W. H. Hopper, Secretary.

Central Board of Health, Dublin, 7th December, 1848.

APPENDIX B., No. 3.

APPOINTMENT OF MEDICAL OFFICERS UNDER 12 VIC. C. 123.

Central Board of Health, 13, Ely-place, Dublin, 27th June, 1849.

Representations having reached the Board of Health, that in several instances Boards of Guardians have elected, as Medical attendants in Cholera cases, persons who are not duly qualified as Practitioners in Medicine or Surgery, the Board of Health desire to draw attention to the fourth regulation of their Circular (No. 2.) of Directions, under the 10th Section of the Nuisances Removal and Diseases Prevention Act, which requires "that sufficient Medical aid" shall be provided for attendance on such cases, and to apprize Boards of Guardians, that the Commissioners do not consider this direction to be complied with unless the attendants so appointed to administer "Medical aid" shall be fully qualified as Practitioners in Medicine or Surgery. The Commissioners have therefore, to request, that Candidates for such appointments, or persons already elected, will submit, for the inspection of the Board of Guardians, or the Poor Law Inspectors, or Board of Health, if required, their Diploma in Medicine or Surgery, as the Board of Health do not consider that under the direction referred to, unqualified persons are entitled to receive Salaries, or to be appointed as Medical Attendants to the charge of Districts or Hospitals.

By Order of the Board,

To the Clerk of the Union. W. H. Hopper, Secretary.

Medical Officer.

Signature,

APPENDIX B., No. 4.

1849. Remaining under Treatment. day of 5 Union. Died. 4. RETURN showing the Number of Cases of Cholera treated in Hospital in Discharged cured. 00 New Cases. ci Total number of Cases reported up to this date.

PARTICULARS RELATING TO THE NEW CASES IN COLUMN No. 2.

The Numbers in these 2 Columns should equal those

in the Columns 3, 4, and 5, added together.

			Tracing of Doughley.				Treatment,		
Name of Age. Occu	upation.	Residence.	Age. Occupation. Residence. or Moist, Low, Dry, of to Rivers, state of Admission. Drainage.	Date of Admission.	Previous Diarrhæa (if any), duration of.	Confirmed Attack, duration of.	including Doses, and repetitions of active Medicines or Stimulants.	Result.	Observations.
				1					
- Carried Street, Control									

Nore-The attention of the Medical Officer is requested to the daily transmission of the Report of Cholera Cases, during the continuance of the epidemic.

APPENDIX B., No. 5.

day of 1849.	Remaining under Treatment.	02.			and the	Result. Observations.	Maria San Anna San A	The state of the s	1849. Medical Officer.
day	Remaining un				Treatment.	of of			te, day of Signature,
u u	Died.	4.	Contrary of the second	PARTICULARS RELATING TO THE NEW CASES IN COLUMN No. 2.	How long ill.	Confirmed Attack, duration of.	in the		Date,
Dispensary in	Discharged.	Sent to Hospital.	2/19	TO THE NEW	How	Previous Diarrhœa (if any), duration of.			ansmission emic.
RETURN showing the Number of Cases of Cholera from Dispensary in	Di	Cured.		ATING 1		Date of First Visit.		Designation of the last	he daily tr of the epid
	New	ci	The Numbers in these 2 Column's should equal those in the Columns 3, 4, and 5, added together.	CULARS REL	Nature of Locality.	High, Low, Dry, or Moist, proximity to Rivers, state of Drainage.	No. of	Water Constitution of	Note-The attention of the Medical Officer is requested to the daily transmission of the Report of Cholera Cases, during the continuance of the epidemic.
umber of Cas	Total number of Cases reported up to this date.	1.	Numbers in these 2 Column's should equal the in the Columns 3, 4, and 5, added together.	PARTIC	Na			ない のでは	Medical Officer a Cases, during
owing the N	Total number up to t		The Numbers is in the Colu		A 40 CO	Age. Occupation. Residence.	1		attention of the Report of Cholen
RETURN sho			No.			Name of Patient.		Participal P	NOTE_The

APPENDIX B., No. 6.

SUMMARY of RETURNS showing the Number of Cases of Cholera, and the Number of Deaths, as reported to the Central Board of Health, that occurred Monthly in the principal Towns in Ireland.

		2000						10	-		1111	_	_					
1.	Rate of Mortality per cent.		1		1	1	1	9.99	.19	48.6	52.6	62.7	63.6	1	- 1	1		56.3
Waterford.	Number of Deaths.		1		1	1	1	63	47	52	06	96	7	1	1	1		294
1	Number Number of Of Deaths.		1		1	1	1	00	77	107	171	153	=	1	1	1		522
	Rate of Mortality per cent.		,		1	.09	- 48.1	. 22	.09	100.	1	1	- 20	1	1	1		49.7
Limerick.	Number Number of Oases. Deaths.		1		1	9	591	143	4	7	1	1	1	1	1	1		746
	Number of Cases.		1		1	10	1,228	251	00	1	1	1	63	1	1	1		1,500
	Rate of Mortality per cent.		1		1	1	1	43.7	62.7	1	1	r	1	1	1	1		47.4
Galway.	Number Number of of Cases. Deaths.		1	,	1	1	1	315	111	1	1	1	1	1	1	i		426
	Number of Cases.		1		1	1	1	720	177	1	1	1	1	1	1	1		768
, Second	Rate of Mortality per cent.	Cons.	1	1964	100.	37.5	88.8	44.4	9.94	48.8	49.5	47.1	34.4	25.	71.4	1		43.6
Dublin,			1		63	9	80	32	197	477	314	276	298	49	5	1		1,664
	Number Number of Cases, Deaths.		1		61	91	6	72	422	974	637	989	998	222	7	1		41.8 3,813
	Number Rate of Of Mortality Deaths.		1		1	1	20.	40.1	8.98	45.4	48.5	45.3	44.5	1	1	1	-	41.8
Cork.	Number Number of of Cases. Deaths.		1		1	1	-	197	366	151	131	379	104	1	1	1		1,329
			1		1	1	24	484	993	356	270	836	235	1	1	1	1	35.8 3,176 1,329
	Rate of Mortality per cent.		51.9		42.7	34.	58.4	27.5	36.4	44.8	34.8	39.8	36.5	38.4	9.99	100.	-	35.8
Belfast.	Number Number Rate of of Mortality Cases. Deaths. per cent.		27		65	110	98	09	62	96	265	122	46	10	9	C1	1	939
	Number of Cases.		52		152	823	345	218	071	214	197	306	127	56	6	21	1	2,705
Months.		1848.	Dec., .	1849.	Jan., .	reb., .	March,	April,	May, .	June, .	July, .	Aug.,	Sept., .	Uct.,	Nov., .	Dec., .		Totals,
		William Town										-			_	_		

Dublin: Printed by ALEXANDER THOM, 87, Abbey-street, for Her Majesty's Stationery Office.