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OUTLINES

OFTHE

THEORY AND CURE

OF

FEVER,

UPON

PLAIN AND RATIONAL PRINCIPLES.

BY

JOHN AITKEN,

Fellow of the Royal College of Surgeons;—of the Royal Medical Society;—one of the Surgeons of the Royal Infirmary;—and Lecturer on Anatomy, Surgery and Chemistry in Edinburgh.

To me be Nature's volume broad-display'd, If haply catching Inspiration thence Some easy passage, raptur'd to translate, My sole delight.

THOMSON.

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DEDICATION.

TO

COMMON SENSE.

HOU venerable ARBITER of Science and of human Conduct, univerfally to be cultivated and adored! How feldom do the Sons of Æsculapius bend as hum-· ble Votaries at thy Shrine! Many of them have lamentably secluded themselves from thy irradiating Influence: some bewildered by numberless mounds of Mud, their own creation: some confounded by artificial Clouds and Darkness: and some, strange to tell! have fatally deviated from the Path leading a 2

leading to thy Temple, because it is patent and obvious. Oftener have they idolatrously become the steady Devotees of CHAOS, thy potent and gloomy Rival, bending to the Fictions of their monstrously teeming Imaginations.

If ever thy feeblest Ray has in any degree illumined my Mind, deign to accept this Dedication of OUTLINES of the THEORY and CURE of FEVER;" as a respectful Oblation from thy humblest Admirer,

ORSE SEED OF SEED

The AUTHOR.

PREFACE.

THE great advantages every man derives from Society, oblige him in the most sacred manner, as far as his talents permit, to promote its welfare and accommodation. It cannot be denied that the humane, the social exertion of Individuals to this grand object, even when unsuccessful, deserve approbation.

Society is not more interested in any circumstance, than the prevention and cure of Disease; no modification of Disease, probably not all others beside, commits such extensive depredations a-

2 3

mong

mong Mankind, as that One, named FEVER; it is a Theme, therefore, weighty and important, and meriting fundamental investigation.

Medical Writings on the subject of Fever, for the most part,
have ever appeared to me to be
unsatisfactory, consused, unprincipled, and therefore, unphilosophical: I fear they have been not
a little baneful in their practical
application.

It is my earnest wish, in the publication of the following pages, to reduce the Doctrine and Treatment of Fever to a rational and falutary simplicity. Indispensible Avocations prevent me from exhibiting a full Delineation of this grand Subject: to trace its Out-

LINES with, perhaps, an adventurous pencil, is all at present I can overtake.

How far I have obtained the gratification of my wish, remains with the candid and impartial to determine: these only I regard as judges, and to these alone I appeal.

I have purposely avoided all technical Terms and Expressions as far as possible, ambitious that it might be in the power of any Reader, commonly acquainted with Literature and Philosophy, to discern and comprehend my Sentiments and to decide upon them.

In detailing my Opinions, which is done freely, although altogether fearless of the consequences, I have

have not made any nominal or particular reference to any Author. I will difregard anonymous criticisms, but will respectfully join Iffue in any open and candid attack. As far as my small abilities in medical Science extend, they shall be readily exerted to consute groundless objections: but to those that may be irresutable, because founded on Truth, I will be a willing Convert.

"Refellere et refelli sine pertinacia "
vel iracundia paratus."

The Retainers of the Pharmaceutic practice, will probably be displeased at many of my conclusions: to such I must be permitted to declare, that, my Sentiments, which I hope are friendly to Humanity, prompt me to despite Hypocrify, especially

cially in Medicine. Were my powers equal to my inclination, Disease should cease, and Health spread its celestial Insluence from Pole to Pole.

No Sigh, no Murmur, the wide world should hear,

From every Eye I'd wipe off every Tear.

Pope.

EDINBURGH, } Feb. 1781.

ERRORS.

The following most material Errors of the Press, the Reader will be pleased to correct.

INTRODUCTION.

Of ORGANIZATION.

I.

Definition.

TATURAL Arrangement of ultimate component Parts into Fibrous and Vascular Structure, Animal or Vegetable.

II.

Animal and Vegetable Bodies derive their respective Power and spe-A cial

2 INTRODUCTION.

cial Qualities from Organization (I.) ineffably peculiar and delicate.

III.

Animal Body, capable of various Actions and Functions, is possessed of Life, Animation, or the Vital Principle, and constitutes an Oeconomy or System, whose parts must be endowed with Feeling, Sensation, or Sensibility, in various degrees.

IV.

HEALTH, or a found state of the Animal Body (III.) must therefore consist in, or be the immediate effect of perfect animated ORGANIZATION.

V.

DISEASE, or a morbid state of the Animal Body, must likewise consist

in, or be the production of an alteration or derangement of Organization. This, obviously, may be various in kind and in degree.

VI.

Disease (V.) may be either general or local, the former invading the whole system, (III.) the latter only a part of it.

VII.

Morbid derangement of Organization (V.) is palpable or impalpable: the former constitutes the local diseases, the latter the general ones. (VI.)

VIII.

MATTER inducing morbid derangement, (V.) is palpable or impalpable:

A 2 the

4 INTRODUCTION.

the local diseases (VI.) are wholly or chiefly induced by the latter, it is therefore named morbific matter, or deranging cause or power.

IX.

Morbific Cause (VIII.) is denominated remote or proximate.

X.

Remote Morbific Cause (IX.) is denominated predisponent and occasional.

XI.

Predisponent Morbisic Causes (X.) seldom, if ever, produce complete morbid derangement; (V.) they only favour the impression or action of occasional ones.—Their whole effect, therefore, only produces or constitutes Morbid Predisposition.

XII. Oc-

XII.

Occasional Morbisic Causes or Powers (X.) are capable of themselves suddenly or immediately by their direct action, to occasion or create Morbid Derangement: They are often sufficiently powerful to produce this effect without the co-operation of predisponent ones (XI.)

XIII.

Proximate Morbific Cause (IX.) is constituted by the whole derangement of healthful Organization (IIII.) induced by the Action of the remote ones (X.)—It is therefore more properly to be regarded as a Disease (V.) or Morbid State than a Morbific Cause: its nature and existence are to be ascertained from the Changes in the Functions named Symptoms, which it directly or indirectly excites.

XIIII.

A PLASTIC POWER, which Animal as well as Vegitable Nature observably inherits, is often adequate to the Rectification or Cure of Morbid Derangement (V.)—Its operation may be named Plastic, or Healing Process.

XV.

The Plastic Process (XIIII.) tends directly to the Cure of Disease (V.)—Medicine or Art possesses little or no immediate influence over it,—is only capable to assist and co-operate indirectly.—The curative means Art employs are named Remedies.

of FEVER.

XVI.

Definition ..

Toronto of the healthful degree of Vigour;—Of the Circulation of the Fluids;—Of Secretion;—Of Temperature;—Of Senfibility;—Of Sleep;—Of Reflection: preceded by Shivering, often combined with more or less Putridity.

XVII.

FEVER, (XVI.) excited by any preexisting existing disease, (V.) is only a Symptom, and consequently denominated Symptomatic: When not thus excited, it is termed IDIOPATHIC: the latter only is primary and proper Fever.

XVIII.

SYMPTOMS.

1. Altered degree of Vigour. (XVI.) The natural or healthful degree of Strength or Vigour, is suddenly altered, for the most part diminished, upon the accession of Fever (XVI.)—This morbid change is named Debility, Lassitude, Listlessness; its existence is manifested in every function; it is a constant symptom of the febrile state, immediately connected with its proximate cause.

XIX.

2. Altered Degree of the Circulation of the

the Fluids. (XVI.) In health, the circulation or motion of the Fluids is equable and proportioned in every part of the fystem, (III.) the reciprocal degrees of fenfibility and action which the Veffels and Fluids poffefs, and on which this depends, being justly balanced.-In Fever, the proportion is destroyed, the pulfation or vascular action variously forceful, is always more frequently repeated than in health, and the dispersion of the Fluids less equable, often creating local Pain, Congestion, Inflammation, Effusion, &c .- This fymptom, altho' fecondary, because it does not flow immediately from its proximate cause, is effential to the existence of Fever.

XX.

3. Altered Degree of Secretion (XVI.)

— The moisture and lubricity of the furfaces of the several component parts and organs of the system, and therefore

fore the perfection of its healthful functions depend greatly on due secretion.— When this becomes unequal or diminished, dull Eyes, dry Skin, parched Tongue and Throat, Thirst, altered Urine, sometimes Costiveness, are the consequences.

XXI.

4. Altered degree of Temperature (XVI.)—Animal Heat, from whatever fource it flow, is observably very much proportioned to the degree and regularity of the motions of the Fluids (XVI.) and state of Secretion (XVI.)—In Fever it is very considerably increased, and is an essential, although secondary, symptom of the Febrile State, not immediately originating from its proximate cause (IX.)

XXII.

5. Altered degree of Sensibility (XVI.)
—Feeling

-Feeling or Senfation in every part of the healthful System (VI.) is justly calculated to fustain the degree of impression which it is finally destined to fuffer; the regularity and proportions of all the functions depend chiefly on this circumstance.—In Fever fenfibility is in general unequally increased; hence Pain of the Head and Back, fometimes Inflammation, Congestion; diminished Appetite for solid food, Squeamishness, Vomiting; sometimes Looseness, Anxiety, general sense of Weight and Oppression .- This is an effential and prime fymptom of the febrile state, and gives modification and degree to many of the others.

XXIII.

6. Altered State of Sleep (XVI.)

—An equable and moderate degree of Temperature, of Sensibility, and of Motion of the Fluids, are observably conducive, if not essential, to health-

ful

ful Sleep.—In Fever, it is feanty, unrefreshing, and more or less disturbed; a comatose, or prosound febrile Sleep
is always produced by, or attended
with Congestion in the Head.

XXIV.

7. Disturbed Restection (XVI.)—A due exercise of the mental powers incontestibly slows immediately from a healthful state of the nervous System In Fever, therefore, Raving and Wavering of Reason, more or less constantly prevail.—It is in general a prime Symptom.

XXV.

9. Putridity (XVI.)—More or less early in the course of Fever, according to circumstances, the system, study, and solids, not refreshed nutritionsly by a due quantity of fresh alimentary

alimentary materials, verges proportionally to the PUTRID or SALINE STATE; hence Spots, Blotches, difcharges of Blood, Purging, staunch of Breath, of Sweat and of Excrement. This is rather an accidental than necessary circumstance of Fever.

XXVI.

The Symptoms of Fever (XVI.) observably vary very considerably in Degree, in Modification, in Time of accession from Causes, Habit, Situation, and accidental circumstances; a Source from which originate all its Varieties,—Inflammatory,—Mixt,—Nervous,—Malignant,—Spotted,—Puer-Peral, &c.

XXVII.

REMOTE CAUSES.

Predisponent Causes (XI.)—A deli-B cate, cate, weak, and impressible Organization, (I.) arising from Age, Temperament, Sex, or other circumstances, may be presumed to favour the accession of Fewer, (XVI.) or to constitute FEBRILE PREDISPOSITION. (XI.)

Occasional Causes, (XII.)—EFFLUVIA, or CONTAGION, peculiar, subtile, invisible, poisonous, entremely active, coming in contact with the living Body, in due degree, Observation manifests, possess the power to occasion or excite Fever, or to become a deranging febrile Power, often so irresistible in its impression, as to require no co-operation from Predisposition. (XI.)

XXVIII.

The precise nature of Contagion (XXVI.—XXVII.) The deranging power most frequently and immediately exciting Fever, it is dissiding the cult, perhaps impossible to ascertain: Although subtile, it is incontestibly material

terial .- The specific nature of the contagion of Small-Pox, Measles, &c. which excite febrile Commotion, is equally unknown.- It appears from circumstances attending the management of Plague (a Fever of the worst kind) that its Contagion cannot be wafted to any great distance in the Atmosphere.

XXIX.

Fever, or febrile Commotion, is observably not feldom induced by diminishedtemperature of the atmosphere or COLD, by its increased temperature or HEAT, and many other causes, in which there can be no suspicion of Contagion or morbific Matter (XXVI.)

XXX.

PROXIMATE CAUSE.

Facts and Reafon univerfally con-CUIT

cur to manifest, that Life, Health, and confequently all the Functions of animal Nature, are effects or productions of a peculiar Organization, (II.) fuited by CREATIVE WISDOM to the final rank and mode of the Individual poffeffing it .- It is therefore an uncontrovertible induction, that the derangement of Animal Organization, by the action of remote morbific Causes, must necessarily be followed by DISEASE, and if to a fufficient extent, by DEATH: And that the specific derangement, produced by febrile Causes, is the PROXIMATE CAUSE of Fever, and the mediate or immediate origin of all its Symptoms (XVI.—XXV.) and Effects.

XXXI.

It will not be denied, that febrile, as well as all other deranging Powers, must impress the component Parts of the living Animal Body, in proportion to their respective sensibility and delicacy of

of Organization.—The whole nervous System, especially its sentient Extremities, exquifitely expanded upon every point of the extensive furface of the Body, will be therefore primarily deranged, or morbidly affected, by the direct action of febrile Causes, and become of course, the principal seat of the Proximate Cause. - Sudden diminution of healthful Vigour, a sense of confusion and pain of the Head, &c. tend to prove this circumstance.-Thus, a Mildew or freezing Temperature of the atmosphere, happening in Spring, deranges Vegetation in proportion to its delicacy; its effect gradually proceeding from the tenderest parts of the tenderest Plants, to the more resistent,-the Flowers, the Foliage, the Stem, &c.

XXXII.

Although the derangement of the fentient parts of the Animal System, (XXXI.) affirmed to be the proximate B 3 Cause

Cause of the Febrile State, (XXX.) because induced by its remote Causes, be impalpable, or not demonstrable visibly or anatomically, like its groffer morbid Derangements, Swelling, Wound, Ulcer, Luxation, &c. it cannot justly be denied, that it is equally real .-- Its observable Effects, or the Symptoms already detailed, immediately originating from it, convincingly prove its existence.-Where is the Anatomist who will pretend to discriminate betwixt a portion of dead and living Brain, the circumstances of Bleeding and Motion abstracted, which must be possessed by the latter? Yet by the fupposition, the derangement of the former is fatal (it may have been febrile) therefore real; but it is impalpable.

XXXIII.

Notwithstanding the conclusive perspecuity and beautiful simplicity of the Doctrine of the proximate Cause of of the febrile State as detailed, it has been hitherto overlooked, and Debi-LITY, Spasm, &c. have been substituted.—Attempts have been made to support these opinions by systems of argumentation, in themselves not a little obscure and unintelligible, and in their consequences probably burtful.

XXXIV.

Debility is a comparative term expressive of diminished Vigour; but healthful vigour is incontestibly the direct production of healthful Organization; Debility must of course be the immediate effect of deranged Organization; it is obviously therefore, only a Symptom of the febrile State, of which it is fallaciously affirmed to be the Essence or proximate Cause.

XXXV.

Diminished Vigour or Debility, (XXXII.)

(XXXII.) must either suffer two Modifications, or flow from two opposite States of the Animal System .- That which is the fudden and direct effect of the impression inflicted by febrile deranging Powers, must be greatly different from that which remains after the cessation of Fever, or is produced by Waste and Emaciation of the component Parts of the Body .- The former flows from obstructed nervous Energy, the Texture of the muscular parts remaining unwasted and undiminished; the latter, probably, from a diminution of the Cohesion of the muscular Texture, considered as a simple Solid, emaciated and wasted, the nervous Energy not obstructed .- The former may be termed febrile, the latter chronic Debility.

XXXVI.

SPASM (admitting its existence in Fever, which however still remains to be

be proved) whatever definition be imposed upon it, can only be a Modification of muscular Action.—It is not alledged to be Elasticity of the simple Solid, and therefore must be the effect of pre-existing Derangement of the nervous System, the source of Action and Motion; consequently cannot be the proximate Cause of the febrile State, nor a part of it; independently of the inconceivability of its slowing from Debility, while itself implies the prefence of Vigour.*

XXXVII.

If it has been demonstrated that Debility and Spasm seperately, can never become proximate Causes of Fever, it will not be a little absurd to contend, that combinedly, they may constitute it; then indeed two Negatives would form a Positive.

XXXVIII.

^{*} Atonia gignit Spasmum.

XXXVIII.

The whole Symptoms of Fever easily receive a rational and satisfactory explanation from the Proposition, that "specific Derangement of Organiza-"tion is its Proximate Cause," they flow from it natively and necessarily, as from a centre.—In vain hitherto, has this been attempted from the Hypothesis, that Debility and Spasm, or both, are its Proximate Causes. It also leads to conclusions in the Cure of Fever equally rational and simple, as will afterwards appear.

XXXIX.

The Febrile State once established, generally endures for a length of time, more or less considerable.— Its protracted Course or Duration is perhaps afcribable to one of two Causes.—Either,

1. To the degree of Derangement instan-

instantaneously inslicted by the Febrile Contagion, supposed in consequence to become effete, and to produce no posterior Impression.—Or,

2. To the Derangement induced by the first assault of the Febrile Contagion, augmented afterwards by its Presence and continued Action.

Analogy of the action of Poison, and the circumstances of poisoned Wound, favours the assumption of the latter, as the cause of the Duration of Fever, which must be necessarily various.

XL.

The Quantity and Duration of the Febrile State must necessarily be in proportion to the derangement of Organization, which must be as the force of its causes; the sutility therefore is obvious, of supposing that the course of the varieties of Fever have

certain Limits, or will be terminated on certain days, named therefore CRITICAL DAYS: it is refuted by daily Experience.—The prevalence of this opinion, like the pretentions of the ancient Augurs, is possibly the effect of superstition, the creature of Ignorance, which is more or less blended with Science in certain stages of its progress.

XLI.

Of the EVENT.

A just Estimate of the termination of Fever, whether in Reconvalescence or Death, or a Rectification or total Destruction of vital Organization, can only be formed from a comparative View of its Quantity, collected from the intensity of Symptoms; therefore a work of Experience. Much expectation may always be entertained from the Plastic Process. (XIV.)

XLII.

XLII.

Of the CURE.

The Causes of Death from Fever, must either be the irreparable Degree of derangement of Organization, suffered by the sentient parts of the Animal System; or the accidental Enormity of one or more of its Symptoms; Observation and Dissection demonstrate the truth of this assirmation.

XLIII.

Attempts suddenly to arrest or extinguish the Febrile Course, have generally proved unsuccessful.—Indeed from
Analogy there is no reason to entertain
an opposite expectation; the grosser
and more palpable Derangements, cannot by any means be instantaneously
rectified.—Essays to this purpose, can
never be indifferent or innocent; most
structure;

C structure;

structive; it is to be feared they have not seldom been fatal, as well by increasing the Derangement of Organization, as by impeding or extinguishing the Plastic Process. (XIIII.)

XLIV.

It is warrantable to conclude from the preceding Argumentation, that the direct removal of the Proximate Cause of Fever, or the rectification of the febrile Derangement of Organization, must chiefly be left to the Plastic Process, (XIIII.) which is experimentally equal to this task within certain Limits.—These obviously ought never to be defined; they are often more extended than presuming ART is disposed to admit: and not seldom struggle successfully against its preposterous Interference.

XLV.

PRINCIPLES of CURE.

From a review of the Causes and Nature of Fever (XXX.) thus exhibited, the following CURATIVE PRINCIPLES are natively deducible.

I. PROMOTION of the Plastic or Healing Process. (XIIII.)

II. ALLEVIATION of Enormous Symptoms. (XIII.)

XLVI.

FIRST PRINCIPLE.

The first Principle in the Cure of Fever, (XLV.) evidently implies,

I. The Removal of febrile Caufes. (XXVII.)

II. The Avoiding of every Application that tends to derange or disturb the Plastic Process. (XIV.)

C 2

XLVII.

XLVII.

The Removal of occasional Causes (XLVI.) is of obvious necessity, and is effected by extreme Attention to CLEANNESS: this includes,

- 1. VENTILATION, or a proper at-
- 2. BATHING, tepid, general and par-
 - 3. CLOATHS frequently cleaned.

The advantages of this Management, fanctioned by Facts and Deduction, are obvious and important, and never to be neglected.

XLVIII.

The Avoiding of deranging Measures and Substances, (XLVI.) a practice high-ly

ly rational, implies exemption from undue Degrees of

HEAT,

LIGHT,

Noise,

AGITATION,

RETENTION of Excrementitious Matter.

These Degrees ought evidently to be moderate, because deranging. For the fame reason, many applications, erroneously supposed to be curative, must be interdicted; namely,

- 1. EMETICS, or Vomiting Substances:
- 2. Sudorifics, or Sweating Substances:
- 3. Epispastic, or Bliftering Substances.

XLIX.

EMETICS.

Emetic, Vomiting, or Nauseating Drugs, have been hitherto almost universally administered during the Course of Fever, (XVI.) especially at its Commencement, under various PRETEXTS. The following are chief ones:

- 1. To evacuate Morbific Matter or Noxious Substances from the Stomach and first Passages.
- 2. To fecond the operation of Spontaneous Vomiting.
- 3. To remove Spasm of the extreme Vessels, supposed to exist, and to give Duration to the Fever.
 - 4. To Shake off the Fever.

L.

The most commonly employed E-metics

metics (XLVI.) are, Ipecacuanha-root and Antimony: This last, combined with vegetable Acid; or variously calcined, and named Antimonial Wine,—
Emetic Tartar,—Nitrated Calx of Antimony,—James' Powder.

Antimonial Preparations, on account of their activity, have obtained a preference in attempts to cure Fever (XLIII.) and their application has been perfifted in, not only for *Hours*, but *Days* fuccessively.

LI.

The Effects of Emetic or Nauseating Substances (XLVIII.) in Fever, appear to be not only negatively, but positively Destructive and Deranging, in whatever light they may be considered.

LII.

The first Pretext for employing Emetics metics in Fever (XLVII.) is groundless. There is no Morbisic Matter in the Stomach, at least not any removable by Emetic Action. The remains of Food, or other matters essured in the Stomach or neighbourhood, such as Bile, &c. supposed to be Noxious, will be readily and completely Ejected by Spontaneous Vomiting, a very constant Symptom of Febrile Attack. (XXII.)

LIII.

The fecond Pretext for employing Emetics in Fever, (XLVII.) however specious, is abundantly ambiguous. It has been shewn, that Febrile Spasm, (supposing its existence) can only be a Symptom, not a Cause of Fever, or of its Duration. (XL.) A removal of it, although procurable by Emetic Action, can therefore only be temporary, because it will recur while its Cause remains; but its Cause is the Proximate Cause of Fever, which is more likely

likely to be rivetted and extended than removed, or even alleviated by Vomiting.

LIV.

The third Pretext for employing Emetics in Fever (XLVII.) is fallacious. It has been affirmed, that Spontaneous Vomiting, connected with Fever at its accession, is a Symptom originating from its Proximate Cause, (XXII.) not more therefore than any other to be regarded as a falutary or healing Effort, to be artificially feconded and promoted. Viewing it as the effect of the dictate of an imaginary semi-rational Power, named VIS MEDICATRIX, supposed to prefide over the motions of the Animal Oeconomy, is a hurtful Delusion. It is a Symptom constantly of Compression of the Brain; of Inflammation of the Brain, of the Stomach, &c. of great Loss of Blood, &c. and is imputable, with equal justice, to the superintending influence of the same Power. But how

how Deranging and Destructive in these Affections would be the Effects of Emetics!

LV.

The fourth Pretext for employing Emetics in Fever, (XLVI.) is too indefinite and unphilosophical to merit serious refutation. The idea of Curing Fever, by playing at Foot-Ball, does not appear more ridiculous.

LVI.

The Mechanical effects of Vomiting are obviously Distracting and Deranging, and must therefore not only not favour and promote the Plastic Process (XIV.) in Fever, but may perniciously disturb, and fatally extinguish it. The Fluids are impelled by it with uncommon force, and in unusual quantity, to the numerous and delicate vascular branches, intermixed with every

every fibre of the Brain, (to which a Morbid Determination often pre-exists;) and Nervous System, the immediate Seat of the Proximate Cause of Fever, (XXXI.) and of the Plastic Process. (XIIII.) Flushed Face, Flow of Blood from the Nose, &c. are often its distracting visible Consequences.

LVII.

Vomiting, from what is premifed, (LVI.) may not unjustly be regarded as violent Exercise, peculiarly ill-timed and distracting in Fever. Candid Experience, it is much to be feared, can furnish too many Instances, not seldom fatal, in proof of this affertion. It is therefore as a Power negatively and positively Deranging, rationally reprobated.

Who administers Emetics to Cure the grosser Morbid Derangements, Wound, Fracture, &c? They might be exhibited as rationally in the Cure of these, as in that of Fever. It is a-stonishing and lamentable, that their employment in Fever hitherto has been so promiscuous and general. Humanity recoils from the idea, and wishes to veil the consequent Havock.

LVIII.

SUDORIFICS.

Sudorific, Diaphoretic, or Sweating Substances, (XLVI.) have been very generally and hurtfully adminifiered in attempts to Cure Fever, under various Pretexts: Such as,

- 1. To expel Morbific Matter.
- 2. To fecond or imitate Spontaneous Sweating.
- 3. To remove Spasm, supposed to exist in the extreme Vessels of the cutaneous Surface.

LIX.

The first Pretext under which Sudorifics (LVI.) have been employed in Fever, is preposterous; because, if the Morbific Matter, after its first impression becomes effete, (XXXIX.) its Evacuation, although practicable by Sudorifics, is unnecessary: In due time it will be ejected spontaneously. Or if after its first impression its Deranging Activity continue, it must be either intangled in the folid, or promiscuously blended with the fluid Parts of the Body, or both, and therefore not dischargeable by Sudorifics, however powerful. Those supposed specially qualified to produce this effect, were named Alexipharmics.

LX.

The fecond Pretext under which Sudorifics have been employed in Fever, (LVI.) is probably not less fallacious than

than that urged in vindication of the utility of Emetics. (XLIX.) Spontaneous Sweating, like Spontaneous Vomiting, is not unfrequently a native or accidental Symptom of Fever; if at any time connected with a falutary Tendency, it is rather the Effect than Cause of it: therefore not to be industriously follicited by Sudorifics. If Sweating were warranted by experience, plentiful tepid Dilution or Drink would obviously be the least deranging Means of procuring it.

LXI.

The third Pretext under which Sudorifics have been employed in Fever, (LVI.) feems not only to be ambiguous, but prepofterous; because the existence of Febrile Spasm is not satisfactorily demonstrated; and although this were effected, it might be removed or relaxed, by means less Deranging of the Plastic Process. (XIV.)

LXII.

The Idea of removing, or rather overcoming the supposed Spasm of the extreme Vessels, by the action of Emetics and Sudorifics in Fever, impelling forcefully the Fluids to the Surface, is obviously rude and mechanical, and opposite diametrically to the action of the Plastic Process. (XIIII.)

LXIII.

Sudorifics.—Contrayerva Powder, Volatile Alkali, Emetics blended with Opium, &c. produce Sweating, chiefly by their stimulant Power, augmenting Motion, and Animal Heat, therefore destructively deranging, and justly reprobated in Fever; in which these circumstances already prevail to a Morbid Degree.

LXIIII.

EPISPASTICS.

Epispastic or Blistering Substances, fometimes named (Sinapifims), contrary to every rational Idea, have very univerfally been applied to the Surface of the Body in Fever. (XVI.) The Head, the Back, the Arms, the Thighs, the Ankles, the Feet, &c. have fuffered their depredations in fuccession. Sensibility or Delicacy of fenfation, whether derived from Sex or Constitution, has in vain sollicited exemption from their undistinguishing Carnage.-Because, by their action, Disease is superadded to Disease; Excoriation, Inflammation, and fometimes Strangury to Fever. They are manifestly deranging Powers, and therefore are ill fuited to promote or fecond the Plastic Process in the Cure of Fever. (LV.) The following are the

the most noted Pretexts alledged in apology for their employment.

- 1. To remove Spasm of the extreme fuperficial vessels.
 - 2. To excite the Motions of the Body.

LXV.

The first Pretext for employing Epispastics in Fever (LXIIII.) is ambiguous. It has been already shewn, that Spasm, (admitting its existence) can only be a Symptom of Fever, (XXXVI.) but no Application seems better suited to augment and consirm Spasm, than Epispastic matters, especially Spanish Flies. Inflammatory Derangement, which has been alledged to consist in Spasm, is the direct effect of their action. They can only occasion a slight Determination of the circulating Fluids to the small portion

of the Surface of the Body they cover, an event which would feem to counteract any general antispasmodic effect expected from them; because a Determination to one Point, necessarily infers a proportional Revulsion from every other one.

LXVI.

The second Pretext for the application of Epispastics in Fever, (LXIIII.) although admitted to be valid, can seldom exist; because an Excess of Excitement, Motion, or vascular Action, is greatly essential to Fever, and requires rationally to be circumscribed and checked rather than stimulated, as will hereafter appear.

LXVII.

That Epispastics abstract a portion of the Serosity of the circulating Fluids

Fluids is manifest, (it is their chief effect) but in so far they destroy the proportion of the several component parts of the common Mass; a Change which may as readily happen to be hurtful as beneficial: unless therefore in cases of topical Pain, Congestion, &c. existing after due Abstraction of Blood has been premised, they are not admissible in the Cure of Fever.

LXVIII.

SECOND PRINCIPLE.

The second Principle of Cure in Fever, (XLV.) as its application confists in a just and comparative Discrimination, demands a full exertion of decerning Experience. Happy, thrice happy the Sick, to whom Heaven sends Practitioners duly possessing this quality!—This leads to a

REVIEW of SYMPTOMS.

LXIX.

Altered Degree of Vigour. (XVIII.)

Diminished Vigour or Debility, at least in some of the Functions, is more or less manifest and essential to Fever; its degree is afcertained from the general complection of the Fever, particularly from the condition of the Pulse. It has been shewn to be the immediate effect of Febrile Derangement of the Organization of the Nervous System, and consequent obstruction of its Energy. (XXXV.) It is directly removable by the Plastic Process only, and not instantly, but indirectly by Remedies. (XV.) When Debility therefore is deemed enormous, the most natural Remedy for effecting its alleviation, by feconding the Plastic Process, is a frequent and proportioned administration of ALI-MENT.

LXX.

VEGETABLES and VINOUS LIQUORS are the most suitable cordial alimentary Articles, for many reasons, in Fever. (LXIX.)

LXXI.

DRUGS or Pharmaceutic Matters, can have no permanent cordial Influence in Fever; on the contrary, they often produce a destructive one, by disturbing the digestive Function of the Stomach, and consequently proportionally impeding the Assimulation and nutritious Application of the Aliment, the only Substantial Cordial and Certain Source of permanent Vigour.

LXXII.

It is confidently affirmed, that a

Pint of Panada or Gruel will more permanently obviate and alleviate Debility, than a proportionate quantity of any Drugs named oftentatiously Stimulant and Tonic; especially if the primary Febrile Debility (XXXI.) has been increased by accession of Putridity, (XXV.) a circumstance likely to happen in the advanced stages of Fever.

LXXIII.

Altered Degree of the Circulation of the Fluids. (XVI.)

It is admitted, that the Circulation of the Fluids becomes quickened and unequable in Fever; a degree of it is effential to its Existence. It has been shewn to be the immediate or secondary effect of the Febrile Derangement of the Organization of the Nervous System, and altered state of Sensation of the vessions.

fels, thence originating; (XIX.) its Enormity, sometimes producing Congestion, Inslammation, Essusion, &c. in various parts of the Body, (which would seem frequently to be a fatal circumstance,) is ascertained by attention to the strength and frequency of the Pulsation of the Arteries, to the existence of topical Pain, Oppression, Raving, &c.

LXXIV.

It will not be denied, that the Quantity of the Blood or Circulating Mass, to a certain degree, contributes to its own Motion; and consequently to the production of the effects of its Enormity in Fever now recited. (LXX.) The Alleviation of these obviously requires its proportional Diminution: which being a powerful Remedy, (XV.) is to be conducted with much discretion.

LXXV.

The quantity of the Blood or Mass of Fluids, in Circulation, is diminished directly by

- 1. BLOOD-LETTING.
- 2. PURGING.

indirectly by

3. ABSTINENCE.

LXXVI.

BLOOD-LETTING.

Abstraction of Blood, Blood-letting, Bleeding, effected—Through an Opening or Wound of any of the larger Branches of the vascular System, from the sudden dissusion of its effects, is named general Blood-letting—Through Openings of its smaller or extreme Branches,

Branches, its effects being diffused more gradually, is named topical Blood-letting. It is easily demonstrable, that the ultimate effects of both Modes are necessarily the same. The general Blood-letting, therefore, as being most commodious, may, for the most part be so managed, as to supersede the topical One; the former is performed by the Lancet; the latter by Cupping or Leeching. This last is obviously a less deranging Mode than Cupping, and therefore more eligible in Fever.

LXXVII.

PURGING.

Purging diminishes the quantity of the Mass in Circulation, by abstraction of a portion of its ferous part, which so far as it alters the proportion existing betwixt it and the others, is a Mode more exceptionable than Bloodletting, and in general may be superseded by it.

E

LXXVIII.

LXXVIII.

The Substances which produce Purging, named Cathartics, act by stimulating the Intestines or Bowels; by which the secretions performable there are augmented; hence their Essect. But they are deranging in proportion to their stimulant Power, therefore proportionally exceptionable in Fever, because adding to the Disease, or impeding the Plastic Process. (XIIII.)

LXXIX.

From what is premised, (LXXVIII.) when Purging is indicated, the least stimulant Cathartics are obviously to be preferred. The NEUTRAL SALTS possess this character.

LXXX.

A wide distinction evidently exist betwix

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betwixt a mere discharge of Excrementitious Matter from the Intestines, and Purging considered as a means of directly diminishing the quantity of the Fluids in Circulation;—the former is simply the Removal of offensive Matter from the Surface of the System, and is included under the first Curative Principle. (XLVIII.)

LXXXI.

ABSTINENCE.

It is a demonstrable Truth, that Abstrace from food ultimately, althornot directly and instantly, diminishes the Quantity of the Fluids in Circulation, as certainly as the direct Means now recited. (LXXV.)

LXXXII.

In Fever, diminished Appetite for folid Food, is a Symptom, or effect of

a Symptom, (XXII.) and constantly, in a greater or less degree, prevails. Abstinence therefore spontaneously and necessarily operates. It is not intentionally as a Remedy to be too much inculcated, because it is the chief and most natural Agent to counteract Putridity, one of the most formidable Events in Fever.

LXXXIII.

Excessive Abstraction from the quantity of the sluids in Circulation, as a deranging Power fundamentally subversive of the Plastic Process, (XIV.) is anxiously to be avoided. It is an Error, slowly, if at all, reparable in the Cure of Fever.

LXXXIV.

Altered Degree of Temperature. (XXI.)

It has been shewn, that increased Temperature

Temperature of the Body in Fever, connected with increased degree of Circulation of the Fluids, and consequently with increased vascular Action, is not the immediate Essect of the Proximate Cause of Fever. (XXX.) It is therefore a plain Induction, that Febrile Temperature, or Animal Heat, become enormous, (ascertained by comparison) will re-act and form a Stimulant deranging Power, and of course not only augment itself, but also the other Symptoms.

LXXXV.

The Enormity of Febrile Temperature, (LXXXIV.) must obviously be alleviated indirectly, by the action of the Remedies enumerated, as tending to moderate the course of the Circulation of the Fluids (LXXIII.); and directly, by the contact of every substance of inferior Temperature, or which contain less Heat or Fire: They are named Refrigerants; the most commodious Applications of this character are,

- I. COLD AIR.
- 2. COLD DRINK and FOOD.
- 3. COLD BATH.

LXXXVI.

COLD AIR.

Ventilation, or a Free admission of Air, as a means of removing occafional febrile Causes, or as a negative
Remedy in Fever, is comprehended
under the first Principle of Cure.
(XLVII.) Occasionally by proper management, it is convertible into a
positive and powerful Refrigerant
Remedy. (LXXXV.)

LXXXVII.

Fire, and confequently Animal Heat, is naturally diffusible through matter of every diversity; or rather cannot be circumscribed or confined: confequently is abstracted proportionally from Bodies of a higher, by Bodies of a lower Temperature, according to their respective Capacities of transmitting or retaining Fire.

LXXXVIII.

The Temperature of the human Body in Health raises the Mercury in Farenheit's Thermometer to about the 96th degree, and in Fever it mounts it proportionally higher. That of the Atmosphere seldom is so great as to raise it to 60 degrees in the Temperate Zones. It is then evident, that Air may powerfully, constantly and usefully, be employed as a refrigerant Remedy in Fever. It is experimentally a sooth-

ing Application, a celestial natural Refrigerant, contributing in every view, within moderate limits, to the Plastic Process. (XIV.) It has been much too long cruelly and irrationally debarred by the abettors of the Alexipharmic Practice already reprobated: (LIX.)

LXXXIX.

COLD DRINK and FOOD.

The expediency of administering Drink and Aliment of a low Temperature as Remedies in Fever, conducive directly to alleviate the Febrile Heat and other Symptoms, from what is premised, is too glaring to require illustration. (LXXXV.) They are necessarily Refrigerant Remedies, more limited and temporary in their application and action than Cold Air, and therefore proportionally less powerful.

XC.

COLD BATH.

The application of the Cold Bath, or of Water comparatively of a low Temperature to the cutaneous Surface of the Body, as a direct Refrigerant in Fever, stands incontestibly justifiable upon the same Principles as other cold Applications. It is not easy to conceive why cold Water, applied to the cutaneous Surface or Skin in moderate degree, should not prove a Remedy as usefully refrigerant, as Cold Drink applied to the intestinal Surface or Stomach; and Cold Air applied to the pulmonary Surface or Lungs. In the more frigid Climates, its Application will be superseded generally by that of the Others: Experience has not fufficiently decided on this point as to other circumstances.

XCI.

Beside the dietetic and natural refrigerant Remedies already enumerated, as tending to alleviate, as well directly as indirectly, the Enormity of Febrile Temperature, several Drugs or Pharmaceutic Substances have been employed; because supposed to possess like Powers, they are referable to

- I. SIMPLE SALTS.
- 2. NEUTRAL SALTS.
- 3. METALLIC SALTS.

XCII.

The Opinion that the enumerated Pharmaceutic Matters (XCI.) possess refrigerant Powers in Fever, seems to this

be not a little fallacious, as well in Theory as Practice: If they possess this Quality, they must exert it on one or other of the following Principles:

- of the Animal Heat, and proportionally diminishing the Febrile Temperature.
- 2. Indirectly, by a Sedative Action proportionally superfeding the accumulation of Heat, whither flowing from Vascular Action, or other Sources.

XCIII.

The comparatively small Quantity or Dose to which the application of Pharmaceutic Matters are necessarily restricted, renders the expectation of their acting advantageously on the sirst Principle, vain and ridiculous. (XCII.)

XCIV.

The direct evidence that Saline Substances, and consequently the reputed Refrigerants enumerated, (XCI.) possess Qualities, fensibly stimulant; and the ambiguous one, that they at the same time possess sedative Powers, almost subverts the credibility of their acting on the second Principle. (XCII.)

XCV.

SIMPLE SALTS.

Simple Salts are Acid or Alkaline. The first alone has been supposed to possess Refrigerant Powers: of these the Vituatic Acid diluted with water, and the Vegetable Acid, have been chiefly recommended in Fever as Refrigerant Substances.

XCVI:

NEUTRAL SALTS.

Of the neutral Salts so named, because Combinations of the acid and alkaline simple Salts. (XCV.) Nitre, or Salt Petre, and Saline Julep, have obtained most reputation in Fever, as refrigerant Remedies.

XCVII.

METALLIC SALTS.

Of the numerous Metallic Salts, or combinations of the Salts (chiefly the simple and acid Ones) with Metals; the Salt or Sugar of Lead, has singly been mentioned as containing refrigerant Virtues. They are all more likely to be destructive than curative in Ferver, for reasons easily assignable.

F XCVIII.

XCVIII.

The confideration, that, faline Matters (supposing them to be admitted into the circulating Mass) may increase its stimulant Power, in proportion as they augment its faline Nature, and confequently, add to vascular Action, which is evidently connected as a Caufe with animal Heat; throws an additional damp upon the employment of any of them as refrigerant fubstances in consequence of any supposed Sedative Action: especially as Remedies more certainly sedative of Feeling and Motion, and of febrile Heat, in fo far as it may depend on these, and less likely to be deranging or destructive to the Plastic Process, (XLV.) are ascertained and procurable.

XCIX.

Altered degree of Sensibility. (XCIX.)

The circumstances manifesting an alteration of Sensation in Fever, as to degree and equability, have been enumerated. It is evidently a prime symptom of febrile Derangement of the Nervous System; its Enormity as a Cause is ascertained from the Intensity of its Symptoms which are its Effects.

C.

The Enormity of febrile Sensibility (XCIX.) (which it would be no difficult task to shew is not seldom a direct and indirect cause of Death) is alleviated.

Negatively by

1. Remedies recounted under the first Principle of Cure.

F 2

Positively by

- 2. TEPID BATH.
- 3. DILUTION.
- 4. OPIUM.

· CI.

TEPID BATH.

Water heated or in which Fire is accumulated till its Temperature be more or less raised above that of the Atmosphere, but still below that of the general Surface of the Body, constitutes the Tepid Bath of which Fomentation, Poultice, &c. are Modifications.

CII.

Experience univerfally feems to prove the foothing or anodyne Power

of the Tepid Bath (CI.) duly regulated. It is not improbable that this Effect is produced by the Solvent Power which Waterpossesses over the cohesion of the simple animal Solid: therefore evidently its application in Feverought to be as general and continued as possible; and its Temperature not greater than gently to promote its Solvent Influence: an excess of Temperature is hurtfully deranging.

CIII.

DILUTION.

Tepid Drink or Dilution till it be absorbed by the Vessels of the Intestines is the Tepid Bath applied to the external surface of the Body; after it is received into the Vessels and blended with the Fluids in Circulation, it is the Tepid Bath applied to its internal or vascular surface (so to speak): and therefore its plentiful administration as

Remedy to alleviate febrile Sensibility, is justifiable upon the same Principle with the use of the Tepid Bath. (CI.) It is not easy to conceive, that, its action within and without the vessels, should not be the same.

CIV.

OPIUM.

Few will be bold enough to deny, that Opium uniformly produces foothing and anodyne Effects; or, that, it diminishes Sensibility more or less suddenly. Its stimulant effect, (if it possesses any) is transient, and therefore to be difregarded; it may justly be characterized,

" Tir'd Nature's sweet Restorer."

Prejudices groundless and fanciful, prevail against its Use: They seem to be derived from the humoral Pathology, which chiefly referred Disease

Disease to morbid Alterations of the Fluids. Innumerable Facts manifest, that, Opium acts directly on the sentient Solid: and, that, in Fever, judiciously administered, it is calculated to produce the most blissful Effects.

CV.

Altered State of Sleep. (XXIII.)

It has been affirmed, that the altered State of Sleep in Fever, may be Comatose and Phrenitic, or depending on the state of the Circulation of the Fluids: this, with extreme attention, is to be distinguished from an alteration of the State of Sleep originating from febrile Sensibility: (C.) because they demand a curative Treatment diametrically opposite to each other. A mistake may be highly destructive, or even fatal.

CVI.

Comatose or Phrenitic Sleep, (CV.) obviously demands alleviation from the Remedies detailed as conducive to regulate the Enormity of the Circulation of the Fluids, (LXXV.) proportionally administered.

CVII.

Altered State of Sleep in Fever, or rather febrile Watchfulness depending on altered Sensibility, so detrimental to the Plastic Process, (XIV.) (as is evident from Analogy and Induction) become enormous; is to be alleviated by the Remedies which moderate febrile Sensibility. (CI.)

CVIII.

Disturbed Reflection. (XXIV.)

It has been mentioned, that Raving, Delirium, or disturbed Reslection, is a very constant, and often a prime symptom of febrile Derangement. It is almost impossible that it should not.

CIX.

Like the altered State of Sleep, (CV.) febrile Delirium may flow from the state of the Circulation of the Fluids, or the Derangement of the Nervous System;—the former is generally furious, the other calm, and may be named consequently phrenitic, and nervous or mild Delirium. The importance of accurate Discrimination here is obvious. The Enormity of the former is alleviated by the Remedies enumerated to moderate that of the

the Circulation of the Fluids, (LXXIII.)
the latter by those diminishing febrile
Sensibility. (CI.)

CX.

Putridity. (XXV.)

The Source, the Symptoms, and the Nature of febrile Putridity have been It not being a necessary but noticed. an accidental occurrence on Fever, is a circumstance demanding ultimate Attention; because its very Existence is, as far as may be, to be superseded, and much more, is its Enormity to be alleviated. It is a Power of universal action, always deranging, and often fatally subversive of the Plastic Process. (XLV.) Its prevalence gives to Fever the denominations of Petechial or Spotted, of Putrid and Malignant, &c. according to circumstances.

CXI.

It has already been remarked, that the Alteration or Diminution of Vigour, a prime Symptom, or immediate production of the Proximate Cause of Fever, (XXX.) acquires continual augmentation, from the Accession and Progress of the putrid saline or septic Process; which generally more or less exists, especially in the more advanced periods of Fever. It probably confifts in an excess of Animalization; and its debilitating effects flow from its morbidly and radically affecting the composition, structure and cohesion of the Fluids and Solids; proportionally therefore fapping and fuffocating the Plaftic Process. (XLV.)

CXII.

The high Importance of counteracting the putrescent Tendency, and of checking checking and diminishing Putridity in Fever, (XLV.) is necessarily apparent. In Health this is effected by constant supplies of Aliment, especially of such as is considerably remote in quality from the animal Nature, namely, vegetable Substances.

CXIII.

the Nature, the Prevention, and the alleviation of febrile Putridity, (CXI.) it is evident that all antifebrile Remedies, enumerated under one or other of the Principles of Cure, (XLV.) as tending to circumfcribe Fever, of which Putridity in a high degree is the Creator or Effect; especially the dietetic, natural, powerful Remedies, (the grand healing Agents in Fever) will proportionally prove antiseptic or corrective of Putridity.

CXIV.

The principal antiseptic Remedies

- I. VEGETABLES.
 - 2. VINOUS LIQUOR.
 - 3. PHARMACEUTIC SUBSTANCES.

CXV.

VEGETABLES.

Daily Experience irrefutably evinces the antiseptic powers of Vegetables in the Animal Oeconomy. In Fever too much attention cannot be paid to administer them of proper Quality and Form in abundance. Their mealy farinaceous Parts and Fruits are the most proper.

CXVI.

VINOUS LIQUOR.

kind, comprehending the various Ales, as well as these commonly called Wines, are eminently antiseptic, and of course cordial in Fever, especially after any tendency to Inslammation has been obviated. These would seem to act more from the nutritious wegetable Matter than the ardent Spirit they contain. It is not casy to conceive how ardent Spirit should produce antiseptic effects on living animal Substance. The degree of Putridity, will indicate the quantity in which Vegetables ought to be employed.

CXVII.

PHARMACEUTIC SUBSTANCES.

The chief Drugs supposed to be antiseptic in Fever; are

- I. PERUVIAN BARK.
- 2. ACID SIMPLE SALTS.

CXVIII.

PERUVIAN BARK

Peruvian Bark, admiting its antiMeptic Power, its influence on febrile
Putridity must fall greatly below that
of the grand alimentary Antiseptics,
(C.) it is exceedingly indigestible,
of slow Operation, and inadequate to
produce great and general effects, in respect of the comparatively small Quantitry or Dose to which in its nature it is
restricted; Its anteseptic Power, at least
to any considerable extent, in the livung Body, is not a little disputable and
cambiguous.

CXIX.

ACID SIMPLE SALTS.

The antiseptic Influence of all sa-

line Substances over the living Body, is abundantly ambiguous; - a contrary one might with plausibility be dreaded; -the vitriolic Acid diluted or Elixir of Vitriol; -the fermented and native Vegetable Acid, or Vinegar and acid Fruit, formerly mentioned as Refrigerants (LXXXV.); are the simple acid Salts which have been efteemed antiseptic in Fever. The small proportion, that, in their utmost Dose they bear to the whole animal mass of Fluids and Solids supposed to be affected with Putridity, is demonstrative of their comparative Infignificance: especially if it be considered, that they are incapable of nutritious Application by the animal Process.

THE END.

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