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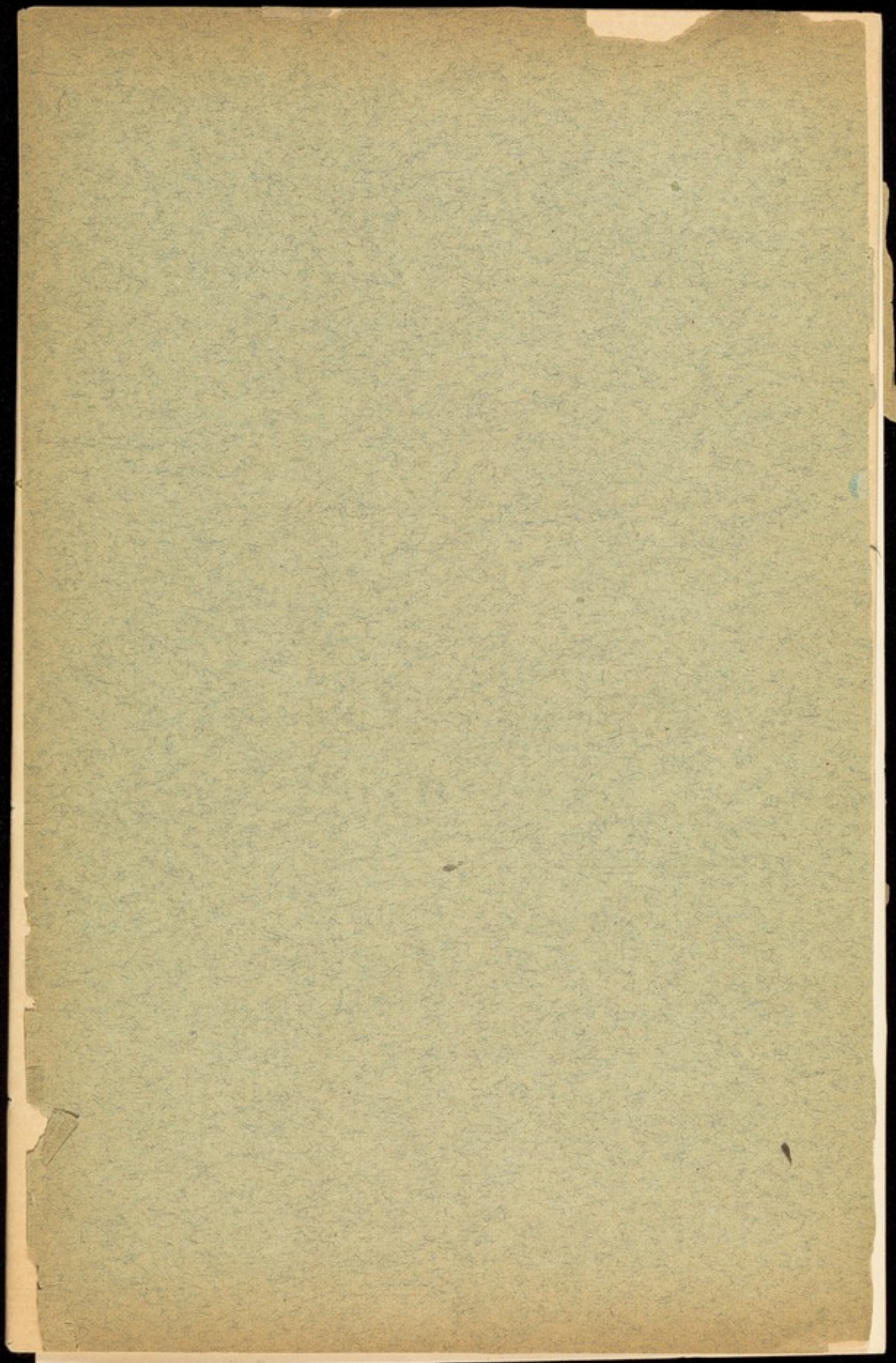
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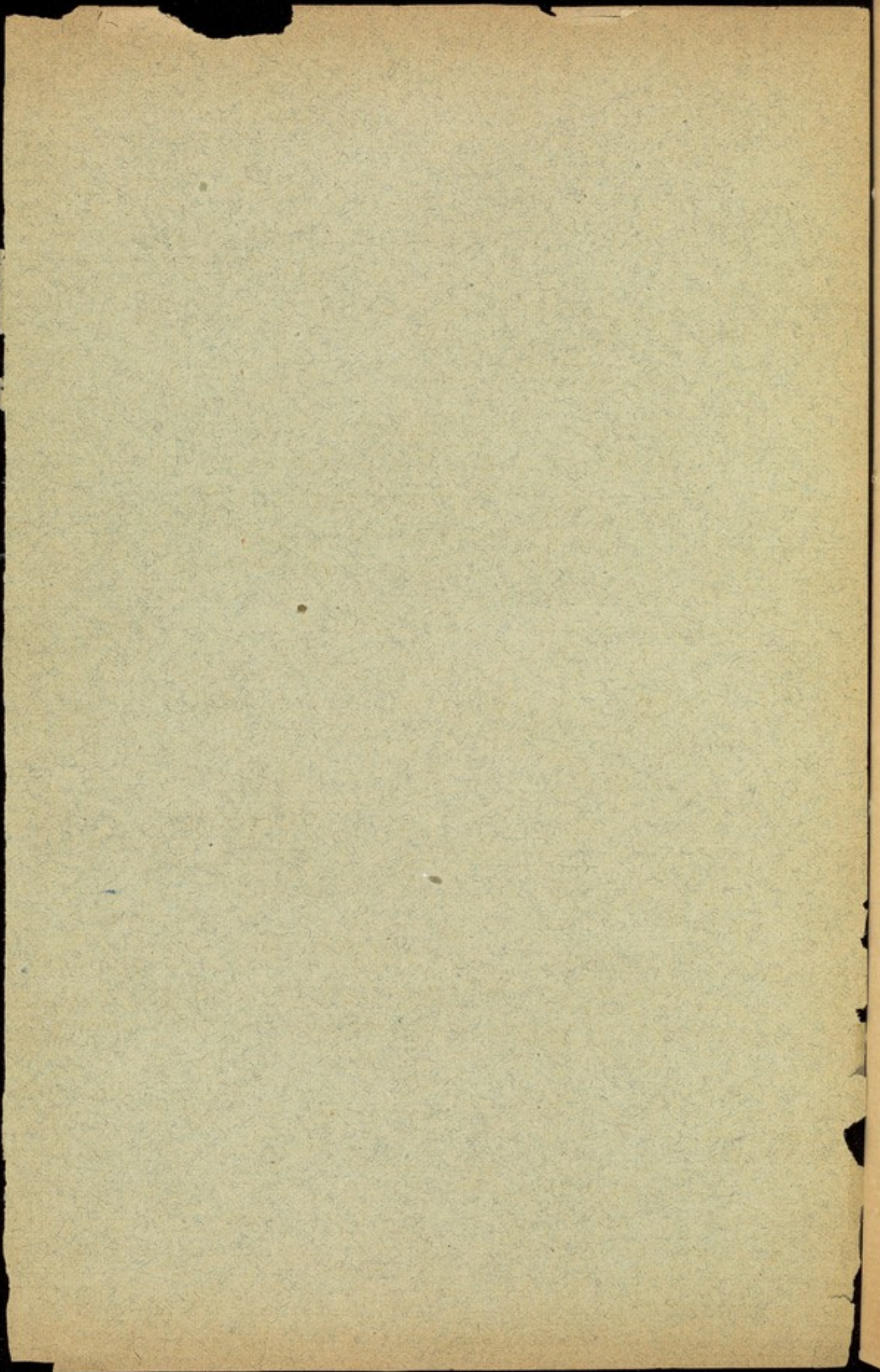
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THE
NINETY-SIXTH REPORT
OF
THE RETREAT,
YORK.

1892.



YORK:
WM. SESSIONS, PRINTER, 15 & 16, LOW OUSEGATE.
1892.

THE

NINETY-NINTH REGIMENT

THE REGIMENT

NEW YORK

1888

NEW YORK

AND BOSTON, PUBLISHED BY THE REGIMENT

1888

Directors

GEO. BAKER (York)	WILLIAM WHITING
H. RICHARDSON	JOHN WM. HALL
CHRIS. ROBINSON	FREDK. ANDREWS
THOS. CONING	WM. PUMPHREY
A. H. SPENCE	ROBERT WALLIS
J. WHITING	HENRY LEES
ED. LITTLE	WM. HUTCHINSON
ISAAC GRAY WALLIS	JOSEPH SMITHSON
JOHN W. PROCTER	JOHN WOOD
CHARLES BINNS	SAMUEL SOUTHALL
JOSHUA SMITHSON	HENRY HURTLEY
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JOHN EDWD. WILSON	R. D. GARDINER
JOSHUA W. ROBSON	ALFRED H. TAYLOR
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EDWARD STANDING	JOHN NAUGHTON
ALFRED PRIESTMAN	JOHN ROWNTREE (Scarbro')
THEODORE ROWNTREE	JOHN WILLIS.

Committee

JOHN ROWNTREE (Scarbro')	HENRY KING
JOSEPH S. GRAY	JOSEPH ROWNTREE
CHARLES YEOMANS	WM. HUTCHINSON
JOSEPH F. CLARK	ISAAC PICKARD

THE TREASURER.

Treasurer

RICHARD THOMPSON.

Visiting Medical Officer

S. W. NORTH, M.R.C.S.

Medical Superintendent

ROBERT BAKER, M.D.

Assistant Medical Officers

HENRY J. HIND, M.R.C.S., L.S.A.

ALFRED WILSDEN, M.B., C.M.

Secretary and House Steward

S. E. WOODS.

Ladies' Companions.

MARY ANNE FELGATE. SARAH EDMISTON.

☞ Visitors to the Institution are appointed half-yearly at the Meetings of the Directors; and three female Friends are requested monthly, by the Committee, to visit the patients of their own sex.

Directors

Walter F. ...
John W. ...
...

...

Officers

John ...
...

MEMBER LIST

...

...

...

REPORT OF THE COMMITTEE
ON THE RETREAT
FOR THE GENERAL MEETING OF DIRECTORS, 1892

In presenting the thirty-sixth Annual Report of
the York Retreat the Committee have to state that
on the 27th of 7th Mo. 1892 there was in the
morning at 10 o'clock a general meeting of the
Directors.

AT A GENERAL MEETING OF
THE DIRECTORS
OF
THE RETREAT,

Held at Bradford, 27th of 7th Mo., 1892,

IT WAS AGREED that the statement of Accounts and Report
of the Committee and of the Medical Superintendent, then
presented to the Meeting, be printed and circulated as
usual.

REPORT OF THE COMMITTEE
OF THE RETREAT
TO THE GENERAL MEETING OF DIRECTORS, 1892.

In presenting the Ninety-sixth Annual Report of the York Retreat, the Committee have to state that on the 30th of 6th month, 1892, there were in the Institution 150 patients, viz.: 58 men and 92 women. Of these, 19 men and 39 women had no connection with the Society of Friends.

The admissions discharges and deaths are recorded in detail in the Superintendent's Report.

The Official Auditors have, as usual, examined the accounts and vouchers of the year, and have certified the accuracy of the Balance Sheet. An appointment from the Directors' Meeting has also examined the books of the Institution, and has given serious consideration to the state of the finances.

The Balance Sheet again shows a loss of nearly £900. The Committee cannot but feel this to be far from satisfactory; but it may be stated that this deficit is increased by the inclusion of all interest *accrued* as well as due up to the end of the financial year, which has not been the practice hitherto.

The past year has been one of unusual responsibility, in that the Committee have had to face the approaching retirement of the Medical Superintendent, Dr. Baker, who has occupied the position with conspicuous ability for the past eighteen years. In

the spring and summer of 1891, Dr. Baker was for some time seriously unwell, and in the following autumn he intimated to the Committee that he felt it would be desirable, in the interests of his health, to retire from the onerous duties of the Medical Superintendentship at a somewhat earlier date than was contemplated in the then existing agreement between him and the Committee.

Enquiries were at once instituted for a suitable successor, and on the recommendation of the Committee, Bedford Pierce, M.D. (London), was appointed by the Directors at their half-yearly meeting in 1st month last; he enters on his new duties on the 1st of 10th mo. next.

During the past year Dr. Bedford Pierce has had special facilities for increasing his acquaintance with asylum practice and management, by residence in several of the best managed hospitals in England and Scotland for the treatment of mental ill-health, and the Committee have every hope that, under his management, the Retreat may retain the high position it has so long held under Dr. Baker and his predecessors. The Institution will still have the great advantage of Dr. Baker's official connection as Consulting Physician. He will continue to reside in York, and to visit the Institution, so that his counsel and assistance will be constantly available whenever needed.

Signed on behalf of the Committee,

JOSEPH ROWNTREE.

York, 25th of 7th mo., 1892.

ANNUAL STATEMENT FOR THE YEAR ENDING 31ST 3RD MO., 1892.

INCOME.			EXPENDITURE.			
	£.	s. d.	£.	s. d.	£.	s. d.
To Donation - - - - -	10	0 0	By House Expenses - - - - -	-	-	8,617 14 10
Dann's Bequest - - - - -	2	9 4	Salaries and Wages - - - - -	-	-	5,345 8 2
Rent - - - - -	62	3 0	Stables, Carriages, and Cowhouse Expenses (including Wages) - - - - -	221	17 9	
Discounts, and Interest received on patients overdue accounts - - - - -	123	14 9	Garden (including Wages) - - - - -	401	2 3	
Dividend, Morecambe Pier Compy. - - - - -	5	0 0	Rates, Taxes and Insurance - - - - -	343	18 0	
Baths - - - - -	9	15 6	Incidental Expenses - - - - -	120	15 0	
			Drugs, Instruments, &c. - - - - -	70	4 10	
Consultation Fees - - - - -	422	13 6	Postage, Telegrams and Carriage - - - - -	42	19 10	
Board of Patients - - - - -	17,408	12 7	Library, Stationery, and Printing - - - - -	146	2 8	
Loss for the year - - - - -	17,831	6 1	Perishables - - - - -	138	18 7	
			Amusements - - - - -	26	5 5	15,475 7 4
			Repairs and Alterations - - - - -	1008	14 5	
			Joiner's Shop - - - - -	195	18 5	
			Auditors' Charges and Law - - - - -	23	4 4	
			Interest on Loans - - - - -	1131	4 6	
			Depreciation on Linen, &c. 15 per cent - - - - -	228	0 0	
			Ditto Furniture, 7½ per cent - - - - -	693	4 4	
			Ditto Boilers, &c., 10 per cent - - - - -	86	12 9	
			Ditto Greenhouses 10 per cent - - - - -	28	4 5	
			Annuitants - - - - -	19	5 0	
			Bad Debts - - - - -	46	13 1	3,461 1 3
						£18,936 8 7

We have examined the above accounts and find them to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.
 June, 1892.
 BARBER BROS. & WORTLEY,
 Chartered Accountants.

BALANCE SHEET.

31st 3rd Mo., 1892.

LIABILITIES.		ASSETS.	
	£.	s.	d.
To York City and County Bank	4,329	9	3
Do. Interest to date	49	11	10
Tradesmen's Accounts owing, &c.	1,481	9	3
Loans, Friends' Provident Institution	20,000	0	0
Do. Interest to date	543	15	0
Stock, Balance in favour of the Institution	50,762	19	2
Decrease this year	891	19	11
	49,870	19	3
	£76,275	4	7
By Land and Buildings as last year	38,982	9	11
Belle Vue Estate	4,000	0	0
Bleasdale's Fields	7,886	7	4
Cottage Hospital and Land	1,181	8	0
New Entrance Lodge and Mortuary	1,978	16	9
Ladies' New West Villa, on account	5,937	13	2
Boilers, Heating Apparatus and Hydrants	779	14	6
Greenhouses	254	0	5
Furniture	8,549	13	7
Linen, Bedding, &c.	1,292	1	3
Morecambe Pier Shares	100	0	0
Amount owing by Patients and others	4,469	3	8
Less Provision for doubtful debts	134	1	2
	4,335	2	6
Stock in House	83	5	0
" Apothecary's Shop	50	0	0
" Joiner's Shop	252	0	0
" Library	50	0	0
" Stables (Carrriages, Live Stock, &c.)	225	0	0
" Garden	240	0	0
Cash in hand	97	12	2
	£76,275	4	7

We have examined this Balance Sheet and find it to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.
 JUNE, 1892.
 BARBER BROS. & WORTLEY,
 Chartered Accountants.

COMPARISON OF HOUSEKEEPING EXPENSES.

Year ending 3rd Mo. 31st, 1891.

	£.	s.	d.
Meat, 5,722 st. @ 9/2 to 10/- per st. and Sundries.....	2,667	9	6
Bacon and Ham	160	1	11
Poultry and Game	162	7	6
Fish	143	2	6
Milk, 17,310 gallons @ 10½d. and 1s.	790	6	5
Butter, 7,370 lbs. @ from 10d. to 1s. 8d.	490	15	2
Eggs, 58,132	272	5	8
Cheese	61	4	10
Flour, and Bread	521	6	7
Cakes and Confectionery	113	19	4
Rice, Sago, &c.	42	13	8
Tea, Coffee, and Cocoa	350	16	1
Sugar	157	6	2
General Small Groceries	296	1	1
Fruit and Vegetables	521	9	11
Soap, Soda, and Starch	157	10	5
Gas, Candles and Oil	387	11	1
Coal and Coke	885	10	5
Water	117	7	7
	£8,299	5	10
Less Dripping Sold	16	1	0
" Bones and Swill Sold....	31	10	7
" Sundries	7	9	9
	55	1	4
	£8,244	4	6

Family 255, exclusive of visitors.

Year ending 3rd Mo. 31st, 1892.

	£.	s.	d.
Meat, 5,954 st. 9 lb. @ 9/2 to 10/- per st. and Sundries 2,753 10 9	2,753	10	9
Bacon and Ham	214	15	10
Poultry and Game	158	9	1
Fish	155	16	6
Milk, 18,758 gallons at 10½d. and 1/4	819	1	11
Butter, 8,092 lbs.	535	18	9
Eggs, 42,501	189	8	0
Cheese	89	7	11
Flour and Bread	596	8	9
Cakes and Confectionery	74	18	5
Rice, Sago, &c.	44	11	6
Tea, Coffee, and Cocoa	356	14	5
Sugar	171	12	10
General Small Groceries	391	0	2
Fruit and Vegetables	481	7	11
Soap, Soda, and Starch	146	11	8
Gas, Candles and Oil	410	8	8
Coal and Coke	1029	2	4
Water	120	1	5
	£8,739	6	10
Less Stock in House	71	14	3
" Dripping Sold	10	17	6
" Bones and Swill Sold....	32	3	4
" Sundries	6	16	11
	121	12	0
	£8,617	14	10

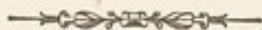
Family 265, exclusive of visitors.

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Report

OF THE

Medical Superintendent.



IN presenting the Ninety-sixth Annual Report of the York Retreat, I have again to review the history of a most eventful year.

At the date of last year's Report there were in the Institution 157 patients, viz. : 62 men, and 95 women. The admissions during the year have been 20, viz. : 8 men, and 12 women. There have been discharged and died 27 patients, leaving on the Register 150, viz. : 58 men, and 92 women.

Table shewing the admissions.

	M.	F.	T.
CLASS I. Cases of first attack and of not more than three months' duration	1	4	5
CLASS II. Cases of first attack and of more than three, but not more than 12 months' duration	2	1	3
CLASS III. Cases not of first attack and more than 12 months' duration	1	5	6
CLASS IV. Cases of first or not first attack and of more than 12 months' duration	4	2	6
CLASS V. Congenital	—	—	—
	8 + 12 =		20
	8 + 12 =		20

131 13 0
28,017 14 10
Family 266, exclusive of visitors.

28,214 4 0
Family 266, exclusive of visitors.

Sixteen of these admissions were fresh cases here, and sixteen were unconnected with the Society of Friends.

The following table may also be of interest :—

Number of cases admitted during the past 18 years.			Number of cases discharged Recovered during same period.			Percentage of Recoveries on admissions.		
M.	F.	T.	M.	F.	T.	M.	F.	Mean.
235	267	502	73	94	167	31·06	35·20	33·26

Of the patients at present in the Retreat there are :—

	M.	F.	T.
Members of the Society of Friends	32	45	77
Connected with Friends	7	8	15
Non-Friends	19	39	58
	<u>58 + 92 = 150</u>		

Nine patients were admitted in a condition of Mania, three in a condition of Melancholia, one in a condition of General Paralysis of the insane, four in a condition of Dementia, and three in a condition of Delusional Insanity.

20 per cent. of the admissions were Members of the Society of Friends, or closely connected, as against 44·24 per cent. last year.

Nine patients were discharged Recovered, viz. : three men and six women, the percentage of the recoveries calculated on the number of persons admitted being at the rate of 45 per cent.

The highest number of patients resident during the year was 160, and the lowest 150.

Three deaths have occurred, being at the rate of 1·92 per cent. on the average number resident. The average age of the males at death was 45·50, and of the females 60·0, mean 50·33. All the deaths were from natural causes.

The shortest time of residence amongst those who died was 1 year 11 weeks, and the longest 26½ years.

By reference to the statistical tables it will be seen that there have been under care and treatment during the past year, an average of 155 patients. The average weekly cost of maintenance per patient for the financial year has been 39s. 9½d. as against 38s. 8d. last year. The average weekly payment per patient has been 42s. 7¾d. as against 38s. 11d. last year.

The Commissioners in Lunacy have visited the Hospital twice during the year, and written favourable Reports.

The following alterations have been arranged for and are in progress. The lower central corridor which has long needed renovation has been considerably altered, painted, and redecorated.

The whole of the North Front of the Retreat has been painted.

In the Ladies' Centre, several rooms have been re-papered.

The East Villa has been revarnished externally.

Belle Vue House has been thoroughly repaired and re-decorated.

During this memorable year there have been two Centenary Celebrations of the projection of the York Retreat, one held on May 6th and principally attended by Members of the Society of Friends. On this interesting occasion papers were read by Elizabeth Pumphrey, Wm. Pumphrey, Dr. Hack Tuke, and myself, and I hope and believe that this meeting has aroused amongst the members of the Society of Friends, a renewed interest in, and affection for the York Retreat.

The second celebration took place on July 21st, and was attended by a large number of the Members of the Medico Psychological Association, and by alienist physicians and other visitors interested in promoting the humane treatment of the insane, from various parts of the United Kingdom and from the Continent.

The following Resolution proposed by Dr. Yellowlees was unanimously accepted.

“That the Medico Psychological Association of Great Britain and Ireland assembled in its Annual Meeting at the York Retreat, in the year of its centenary, desires to place on record its admiration of the spirit which animated William Tuke and his fellow workers a hundred years ago, its appreciation of the mighty revolution which they inaugurated, and its thankfulness for the beneficent result which their example

has secured in the humane and enlightened treatment of the insane throughout the world."

I cannot conclude this the eighteenth and last Report of my Superintendence of the Retreat without a throb of deep emotion. Indeed, I should be less than human if I could do so. Believe me, I am profoundly grateful to all those many friends who have governed this Hospital, who have extended to me innmerable deeds of kindness all through the lengthened period of my imperfect ministry. It is no formal expression of words that it is my earnest desire that under the new regime, this Hospital may continue to prosper, and that its influence may ever continue to be exercised in attempting to minister in the highest sense of the word, to the many necessities of the insane.

ROBERT BAKER, M.D.,

Superintendent.

TABLE I.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES AND DEATHS, DURING THE YEAR ENDING 30th JUNE, 1892.

	Male.	Fem.	Total	Male.	Female.	Total.
In the Institution, July 1st, 1891 ..				62	95	157
Cases admitted—						
First admissions	8	8	16			
Not first admissions	4	4			
Total cases admitted during the year				8	12	20
Total cases under care during the year				70	107	177
Cases discharged—						
Recovered	3	6	9			
Relieved	3	5	8			
Not Improved	4	3	7			
Died	2	1	3			
Total cases discharged and died during the year				12	15	27
Remaining in the Institution, 30th June, 1892				58	92	150
Average numbers resident during the year				60·58	94·58	155·16
Persons* under care during the year†				70	107	177
Persons admitted				8	12	20
Persons recovered				3	6	9
Transferred to the Retreat	1	1
Transferred from the Retreat				2	3	5

* Persons, *i. e.* :—separate persons in contradistinction to “cases” which may include the same individual more than once.

† Total cases, minus re-admissions of patients discharged during the current year.

TABLE I A.—Showing (1) the Previous Attacks among Persons Admitted during the year 1891—92, and (2) the Number of Times they had Previously Recovered in this or any Asylum.

(1) Number of previous Attacks.	PERSONS.					
	Male.	Female.	Total.			
Have had 1 attack	1	5	6			
„ 2 attacks			
„ 3 „			
„ 4 „			
„ more than 4 attacks			
(2) Number of times Patients Recovered.	In this Asylum.			In any other Asylum.		
	M.	F.	T.	M.	F.	T.
Once	4	4	1	1	2
Twice
3 times
4 „
5 „
More than 5 times

TABLE II.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES, AND DEATHS, FROM THE OPENING OF THE INSTITUTION TO THE 30th JUNE, 1892.

	Male.	Female.	Total.	Male.	Female.	Total.
<i>Persons</i> admitted during the period of 96 years	635	734	1369			
Re-admissions	149	216	365			
Total <i>cases</i> admitted				784	950	1734
Discharged <i>cases</i> —						
Recovered	292	418	710			
Relieved	136	113	249			
Not Improved	40	53	93			
Died	258	274	532			
Total <i>cases</i> discharged and died since the opening of the Institution				726	858	1584
Remaining 30th June, 1892 . .				58	92	150
Average numbers resident during the 96 years				40·18	59·86	100·04
Transferred to the Retreat } since 1845				37	37	74
Transferred from the Retreat }				28	29	57

There have been 16 cases of informal admission, viz:— 9 males and 7 females. One patient was discharged and re-admitted under Section 38 of the New Lunacy Act. These are not included in any of the tables either as admissions, or discharges, or in the calculation of percentages.

TABLE II A.—Showing the Admissions and Recoveries of PERSONS* from the opening of the Institution to the 30th June, 1892 (96 years).

	Male.	Fem.	Total.
<i>Persons</i> admitted during the 96 years	635	734	1369
<i>Persons</i> discharged recovered during the same period, being males 36·06, females 39·64, total 37·98 per cent. of <i>persons</i> admitted	229	291	520
Of whom were re-admitted relapsed (<i>Persons</i>)	84	104	188
Recovered <i>persons</i> who have not relapsed	145	187	332
Relapsed <i>persons</i> discharged recovered (after last re-admissions, if relapsed more than once)	35	42	77
Net recovered <i>persons</i> , being males 28·34, females 31·06, total 29·87 per cent. of <i>persons</i> admitted . .	180	229	409

* *Persons*, *i. e.*, separate persons in contradistinction to "*cases*" which may include the same person more than once.

TABLE III.—SHOWING THE ADMISSIONS, DISCHARGES, AND DEATHS, WITH THE MEAN ANNUAL MORTALITY AND PROPORTION OF RECOVERIES PER CENT. OF THE ADMISSIONS, FOR EACH YEAR SINCE THE OPENING OF THE ASYLUM, MIDSUMMER 1796.

YEAR.	Admitted.		Discharged.				Died.		Remaining June 30th in each year.		Average Numbers Resident in each year.		Per Centage of Recoveries on Admissions.		Per Centage of Deaths on Average Numbers Resident.																													
	Male.	Female.	Recovered.		Relieved.		Not Improved.		Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Total.																											
1796 to 1882	657	803	1460	252	363	615	175	32	37	69	213	231	444	64	93	157	63	85	89	56	153	41	50	16	07	30	0	4	7	3	35	3	91											
1883	12	15	27	8	4	12	2	3	5		7	6	13	59	95	154	62	12	94	14	156	26	66	7	26	7	44	4	11	26	6	37	8	32										
1884	13	11	24	5	4	9	2	4	6	1	2	3	5	62	93	155	62	2	95	9	158	1	38	46	36	36	5	3	21	3	13	3	16											
1885	16	14	30	4	4	8	5	1	6	2	3	5	8	62	94	156	62	43	94	53	156	96	25	0	28	57	20	66	8	0	5	28	6	37										
1886	12	16	28	4	3	7	4	3	7	1	2	6	8	63	98	161	61	21	93	25	156	46	33	18	75	25	0	3	26	6	29	5	11											
1887	16	18	34	5	5	10	7	6	13	..	6	7	13	61	98	159	62	07	99	75	161	82	31	25	27	88	29	76	9	66	7	01	8	03										
1888	12	13	25	2	8	10	4	5	9	..	2	7	9	60	91	151	61	25	95	91	157	16	66	61	33	40	00	11	42	5	00	7	62											
1889	11	18	29	3	7	10	3	3	6	..	1	5	6	60	96	156	60	08	95	50	155	58	27	27	38	88	34	48	8	32	2	07	4	49										
1890	11	17	28	3	7	10	7	3	10	..	4	3	7	57	99	156	60	08	98	50	158	58	27	27	41	17	35	71	6	65	3	04	4	41										
1891	16	13	29	3	7	10	3	1	4	..	4	5	9	62	95	157	57	50	98	50	156	0	18	75	53	84	34	48	8	69	5	07	6	41										
1892	8	12	20	3	6	9	3	5	8	4	3	7	10	58	92	150	60	58	94	58	156	16	37	50	50	00	45	00	3	30	1	05	1	92										
Total ..	784	950	1734	292	418	710	136	113	249	40	53	93	258	274	532	Av. as per cent.	40	18	59	86	100	04	37	24	44	00	40	94	6	68	4	76	5	54										
Of the Society of Friends, or connected with it.																																												
Total ..	559	666	1225	227	318	545	71	48	119	17	23	40	204	225	429	39	53	92	34	10	45	38	79	48	40	60	47	74	44	48						6	22	5	11	5	62			
Not connected with the Society of Friends.																																												
Total ..	225	284	509	65	100	165	65	65	130	23	30	53	54	49	103	58	6	08	14	48	20	56	28	88	35	21	32	41																

In the lowest three lines of this table, the totals, averages, and percentages cover the whole period since the opening of the Institution (except the figures showing the numbers remaining on June 30th).

TABLE IV.—SHOWING THE HISTORY OF THE ANNUAL ADMISSIONS SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796), AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH JUNE OF THE YEAR REPORTED ON. Also the numbers of those who have been Discharged and Died of each Year's Admission.

In the lowest three lines of this table, the total number of cases reported since the opening of the Institution (except the figures showing the numbers remaining on June 30th).

TABLE IV.—SHOWING THE HISTORY OF THE ANNUAL ADMISSIONS SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796), AND THE DISCHARGES AND DEATHS, AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH JUNE OF THE YEAR REPORTED ON.

YEAR.	Admitted.			Of each Year's Admissions, Discharged and Died in 1891—1892.						Total Discharged and Died of each Year's Admissions to June 30th, 1891.						Remaining of each Year's Admissions June 30, 1892.														
	New Cases.		Total.	Recovered.		Relieved.		Not Improved.		Died.		Recovered.		Relieved.		Not Improved.		Died.		Male.	Female.									
	Male.	Female.		Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.											
1796 to 1882	524	606	1460	260	370	630	102	85	187	34	43	77	235	257	492	24	48	72				
1883	8	12	27	7	3	10	..	1	1	2	3	5	3	6	9				
1884	10	11	24	5	3	8	4	3	7	1	2	3	1	..	1	4	3	7				
1885	14	11	30	3	7	10	5	4	9	2	2	4	2	..	2	4	2	1	3			
1886	12	16	28	4	1	5	7	2	9	..	1	1	2	..	6	1	5	6				
1887	15	16	34	2	5	7	3	7	10	1	..	3	1	5	6				
1888	11	11	25	3	7	10	4	4	8	1	..	3	2	3	5				
1889	10	17	29	2	4	6	4	1	5	2	..	6	2	7	9				
1890	10	14	28	1	1	2	3	11	14	4	2	6	2	..	3	4	4	8				
1891	13	12	29	3	1	4	1	2	3	1	2	3	3	6	3	2	5	1	2	3	2	..	3	7	5	12				
1892	8	8	20	4	4	..	2	2	2	6	6	12			
Total	635	734	1734	3	6	9	3	5	8	4	3	7	2	1	3	292	418	710	136	113	249	40	53	93	258	274	532	58	92	150

SUMMARY OF TOTAL ADMISSIONS OF CASES, 1796 to 1892.

Cases.	Male.		Female.		Total.
	Percentage of Cases Recovered	Relieved	Not Improved	Died	
Percentage of Cases Recovered	37.24	44.00	40.94	..	40.94
" " Relieved	17.34	11.89	14.35	..	14.35
" " Not Improved	5.10	5.57	5.36	..	5.36
" " Died	32.90	28.84	30.60	..	30.60
" " Remaining	7.42	9.70	8.75	..	8.75
	100.00	100.00	100.00	..	100.00

TABLE VI.—SHOWING THE LENGTH OF RESIDENCE IN THOSE DISCHARGED, AND IN THOSE WHO HAVE DIED, DURING THE YEAR 1891-92; AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30th, 1892.

LENGTH OF RESIDENCE.	RECOVERED.			RELIEVED.			NOT IMPROVED.			DIED.			PATIENTS RESIDENT 30th JUNE, 1892.		
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
Under 1 month
1 month, and under 3 months
3 months, " 6 " "	..	2	2	..	1	1	1	1	2
6 " " 9 " "	1	..	1	2
9 " " 12 " "	..	1	1	2	3
1 year, and under 2 years	2	1	3	2	..	2	1	1	2	3	4
2 years	5	12
3 " " 3 " "	4	8
5 " " 5 " "	1	1	2	4	10
7 " " 7 " "	4	14
10 " " 10 " "	4	18
12 " " 12 " "	10	20
15 " " 15 " "	1	9
20 " " 20 " "	4	11
25 " " 25 " "	3	9
30 " " 30 " "	4	9
35 " " 35 " "	2	14
40 " " 40 " "	2	5
Upwards of 40 years	3	8
Total	3	6	9	3	5	8	4	3	7	2	1	3	58	92	150

TABLE VII.—SHOWING THE DURATION OF THE DISORDER ON ADMISSION IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1891—92.

CLASS.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.			
FIRST CLASS— First attack, and within three months on admission	1	4	5	..	3	3	1	2	3
SECOND CLASS— First attack, above three, and within twelve months on admission	2	1	3	3	1	4	..	1	1
THIRD CLASS— Not first attack, and within twelve months on admission	1	5	6	3	3	6	1	4	5
FOURTH CLASS— First attack or not, but of more than twelve months on admission	4	2	6	2	1	3	2	..	2
FIFTH CLASS— Congenital
TOTAL	8	12	20	3	6	9	7	8	15	2	1	3

TABLE VIII.—SHOWING IN QUINGUENNIAL PERIODS THE AGES OF ALL CASES ADMITTED, DISCHARGED, AND DIED, DURING THE YEAR 1891-92, AND OF THOSE REMAINING IN THE INSTITUTION ON 30TH JUNE, 1892.

TOTAL	8	13	20	3	6	9	7	8	10	9	1	3
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TABLE VIII.—SHOWING IN QUINQUENNIAL PERIODS THE AGES OF ALL CASES ADMITTED, DISCHARGED, AND DIED, DURING THE YEAR 1891-92, AND OF THOSE REMAINING IN THE INSTITUTION ON 30TH JUNE, 1892.

AGES.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1892.		
	Male.	Fem.	Total.	Recovered.			Removed Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
5 years, and under 10
10 "
15 "
20 "	1	1	2
25 "
30 "	1	1	2
35 "	1	3	4
40 "	..	2	2
45 "	2	..	2
50 "	2	2	4	1	1	2
55 "	..	1	1
60 "	1	1	2	1	1	2
65 "
70 "	1	..	1
75 "	..	1	1	1	1	2
80 "
85 "
90 "
95 "
100 "
Unknown
Total	8	12	20	3	6	9	7	8	15	2	1	3	58	92	150
Mean Age	44.50	42.33	43.20	59.00	50.83	53.55	41.71	42.12	41.93	45.50	60.00	50.33	46.22	54.03	51.01

Mean age at Death 1796—1892 56.52 61.07 58.14

TABLE IX.—SHOWING THE CONDITION ON ADMISSION AS TO MARRIAGE, IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1891-92: AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30TH, 1892.

CONDITION IN REFERENCE TO MARRIAGE.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1891.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
Single	5	5	10	2	2	4	4	4	5	9	1	1	43	71	114
Married	3	6	9	1	4	5	3	3	3	6	1	2	13	10	23
Widowed	1	1	2	11	13
Unknown
Total	8	12	20	3	6	9	7	8	15	2	1	3	58	92	150

TABLE X.—SHOWING THE PROBABLE CAUSES OF INSANITY IN THE PATIENTS ADMITTED DURING THE YEAR 1891—92.

CAUSES OF INSANITY.	Number of Instances in which each case was assigned.											
	As predisposing cause.			As exciting cause.			As predisposing or exciting (where these could not be distinguished).			Total.		
	Admissions {			M. 8.			F. 12.			T. 20.		
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
MORAL.—												
Adverse circumstances & business anxieties	1	..	1	1	..	1
Mental anxiety and overwork	1	..	1	1	..	1
PHYSICAL:—												
Influenza	1	2	3	3
Parturition and Puerperal State	4	4	4
Old age	1	1	2	2
Other bodily diseases or disorders	1	..	1	1
Previous attack	3	3	3
Hereditary (direct or collateral)	1	..	1	1	..	1
Unknown	2	..	2

TABLE XI.—SHOWING THE FORM (ON ADMISSION) OF THE MENTAL DISORDERS IN THE ADMISSIONS, DISCHARGES, AND DEATHS OF THE YEAR 1891—92; AND THE FORM OF MENTAL DISORDER IN THE INMATES ON JUNE 30TH, 1892.

FORM OF MENTAL DISORDER.	ADMISSIONS.			DISCHARGES.						DEATHS.			Remaining June 30, 1892						
	Male	Fem.	Total	Recovered.			Relieved.			Not Improved			Male	Fem.	Total				
				Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total							
Congenital or Infantile mental deficiency																			
<i>a.</i> with epilepsy																			1
<i>b.</i> without epilepsy																			4
Epilepsy acquired																			10
General Paralysis of the Insane	1	3	4	2	1	3	2	2	2	1	3	1	1	2	3	3	3	3	3
Acute Mania	2	3	5	2	1	3	1	2	1	1	2	1	1	2	3	2	2	2	24
Mania																			10
Chronic Mania																			6
Recurrent Mania																			4
Puerperal Mania		3	3																4
Senile Mania		1	1	2	1	1	2	1	1	1	2	1	1	1	2	1	1	1	1
Delusional Mania	1	2	3																7
Acute Melancholia	2	1	3	1	2	3	1	1	1	1	2	1	1	1	2	1	1	1	28
Chronic Melancholia																			1
Recurrent Melancholia																			4
Senile Melancholia																			4
Primary Dementia		1	1																2
Secondary Dementia	1	1	2																2
Senile Dementia	1		1																8
Organic Dementia (i.e. from tumours, syphilis, &c.)																			10
Moral Insanity																			2
Total	8	12	20	3	6	9	3	5	8	4	3	7	2	1	3	58	92	150	

Asylum, etc.	8	12	20	3	6	9	3	5	8	4	3	7	9	1	3	68	99	160
Moral Insanity																		
Total																		

TABLE XII.—SHOWING THE STATION OR OCCUPATION OF PATIENTS ADMITTED DURING THE YEAR 1891-92.

MALES.		FEMALES.	
Artist	1	Housekeeper	1
Carpenter and Joiner	1	House Wife	6
Clerk	1	Lady Companion	1
Farmer	1	No occupation	4
Horse Dealer	1		
Retired Solicitor	1		
Solicitor	1		
No occupation	1		
Total.....	8	Total.....	12

TABLE XIII.—SHOWING THE NUMBER EMPLOYED, AND THE PRINCIPAL KINDS OF EMPLOYMENT, DURING THE YEAR 1891—92.

	Male.	Fem.	Total.
Agricultural and out-door employments	7	..	7
Mechanical employments or Fancy Work	3	12	15
House-work, principally	4	5	9
Needle-work, principally	17	17
Needle-work, occasionally	13	13
Reading, Writing, Music, &c. principally	24	10	34
More or less employed	38	57	95
For the most part unemployed, except in taking exercise	32	50	82
Total under care during the year	70	107	177

A G E N T S .

Bedfordshire Quarterly Meeting.

Hertford & Hitchin M. M. Edward Manser, *Hertford*.
 Luton & Leighton
 Northampton & Wellingboro'

Berkshire and Oxfordshire Q. M.

Banbury M. M. Chas. Gillett, *Banbury*.
 Reading & Warborough Joseph Huntley, *Reading*.
 Witney John M. Albright, *Charlbury*.

Bristol and Somerset Q. M.

Bristol M. M. } J. Thirnbeck Grace, *Bristol*.
 Frenchay }
 Middle Division of Somerset John W. C. Clothier, *Street*.
 North Division of "
 Shaftesbury and Sherborne Edwin Bracher.
 Wiltshire
 West Division of Somerset Joseph Hoyland Fox, *Wellington*.

Cornwall Q. M.

East Division M. M.
 West Division

Cumberland and Northumberland Q. M.

Allendale M. M. }
 Carlisle }
 Holm }
 Pardshaw }

Derbyshire, Lincolnshire and Nottinghamshire Q. M.

Broughton & Gainsborough, }
 Spalding & Wainfleet }
 Chetterfield M. M. } J. B. Bowman, *Monyash, Baewell*.
 Nottingham & Mansfield Samuel F. Armitage, *Nottingham*.

Devonshire Q. M.

East Division M. M. Robert Dymond, *Exeter*.
 West Division Edward James, *Plymouth*.

Total.
 7
 15
 9
 17
 18
 84
 95
 93
 7

Durham Q. M.

Darlington M. M.	William Taylor, <i>Middlesbro'</i> .
Guisbro'	Ralph Dixon, <i>Great Ayton,</i> <i>R.S.O., Yorks.</i>
Newcastle	
Richmond	Thomas Willis, <i>Carperby, Bedale.</i>

Essex and Suffolk Q. M.

Coggeshall M. M.	Robert Doubleday, <i>Coggeshall.</i>
Colchester	Wilson Marriage, <i>Dilbridge Hall,</i> <i>Colchester.</i>
Thaxted	Edmund B. Gibson, <i>Saffron Walden.</i>
Witham	Joseph Gripper, <i>Chelmsford</i>
Woodbridge	Samuel Alexander, <i>The Bank,</i> <i>Woodbridge.</i>

Kent Q. M.

Folkestone M. M.	Henry Headley, <i>Canterbury.</i>
Rochester	Frederic Wheeler, <i>Rochester.</i>

Lancashire and Cheshire Q. M.

Cheshire M. M.	J. H. Neave, <i>Rainor, Macclesfield.</i>
Hardshaw, East ..	John Collinson, 13, <i>Heywood Street,</i> <i>Cheetham, Manchester.</i>
Hardshaw, West ..	
Lancaster	Wm. Pickard, <i>Oak Bank, Lancaster</i>
Marsden	{ Thos. Abbatt, <i>Kirkhall Place,</i> <i>Chorley Old Road, Bolton.</i>
Preston	John Satterthwaite, <i>Preston.</i>

London and Middlesex Q. M.

Devonshire House M.M.	{ Jos. Armfield, 1, <i>South Place,</i> <i>Finsbury, London, E. C.</i>
Ratcliff and Barking	Arthur Lister, <i>Leytonstone, N. E.</i>
Southwark	Edwd. Alexander, 32, <i>Oakhurst Grove,</i> <i>East Dulwich.</i>
Westminster & Longford	H. Neighbour, 127, <i>High Holborn,</i> <i>W. C.</i>
Kingston	Geo. Barrett, <i>High St., Croydon.</i>
Tottenham	John Harrison, <i>Talbot Road,</i> <i>Tottenham.</i>

Norfolk, Cambridgeshire and Huntingdonshire Q. M.

Cambridge & Huntingdon M. M..	
Lynn	Daniel C. Burlingham, <i>Lynn.</i>
Norwich	} George Ringer, <i>Diss.</i>
Tivetshall	

Sussex, Surrey and Hants Q. M.

- Alton M. M.
- Dorking, Horsham and Guildford
- Lewes and Chichester
- Poole and Southampton

Warwickshire, Leicestershire & Staffordshire Q. M.

- Leicester M. M.
- Staffordshire { Ruitcr Sholl, *Selwynn Road,*
Margate, Kent.
- Warwickshire, North } John Bottomley, *Birmingham.*
- Warwickshire, South

Western Q. M.

- Gloucester & Nailsworth M.M.....
- Herefordshire & Radnorshire Josiah Newman, *Leominster.*
- South Division of Wales { Charles S. Price, *Bryn Derwen,*
near Neath.
- Worcestershire & Shropshire

Westmoreland Q. M.

- Kendal M.M. John Farrar, *Kendal.*
- Sedbergh { Samuel Harper, *Morton Pits,*
Sedbergh.
- Strickland
- Swarthmore Wm. Satterthwaite, *Esthwaite How,*
Sawrey, Ambleside.

Yorkshire Q. M.

- Balby M. M. Daniel Doncaster, *Sheffield.*
- Brighouse George Tatham, *Leeds.*
- Pickering and Hull Alfred West, *Huy.*
- Pontefract Charles Brady, *Barnsley.*
- York Henry King, *Yor.*

Scotland.

- Edinburgh

The forms required to be filled up and signed, before a patient can be admitted to the Retreat, are the following :—

1. *Petition*, (addressed to a Justice of the Peace specially appointed under the Lunacy Act, 1890), signed by the Petitioner who must have seen the patient within 14 days.

2. *Statement of Particulars*.

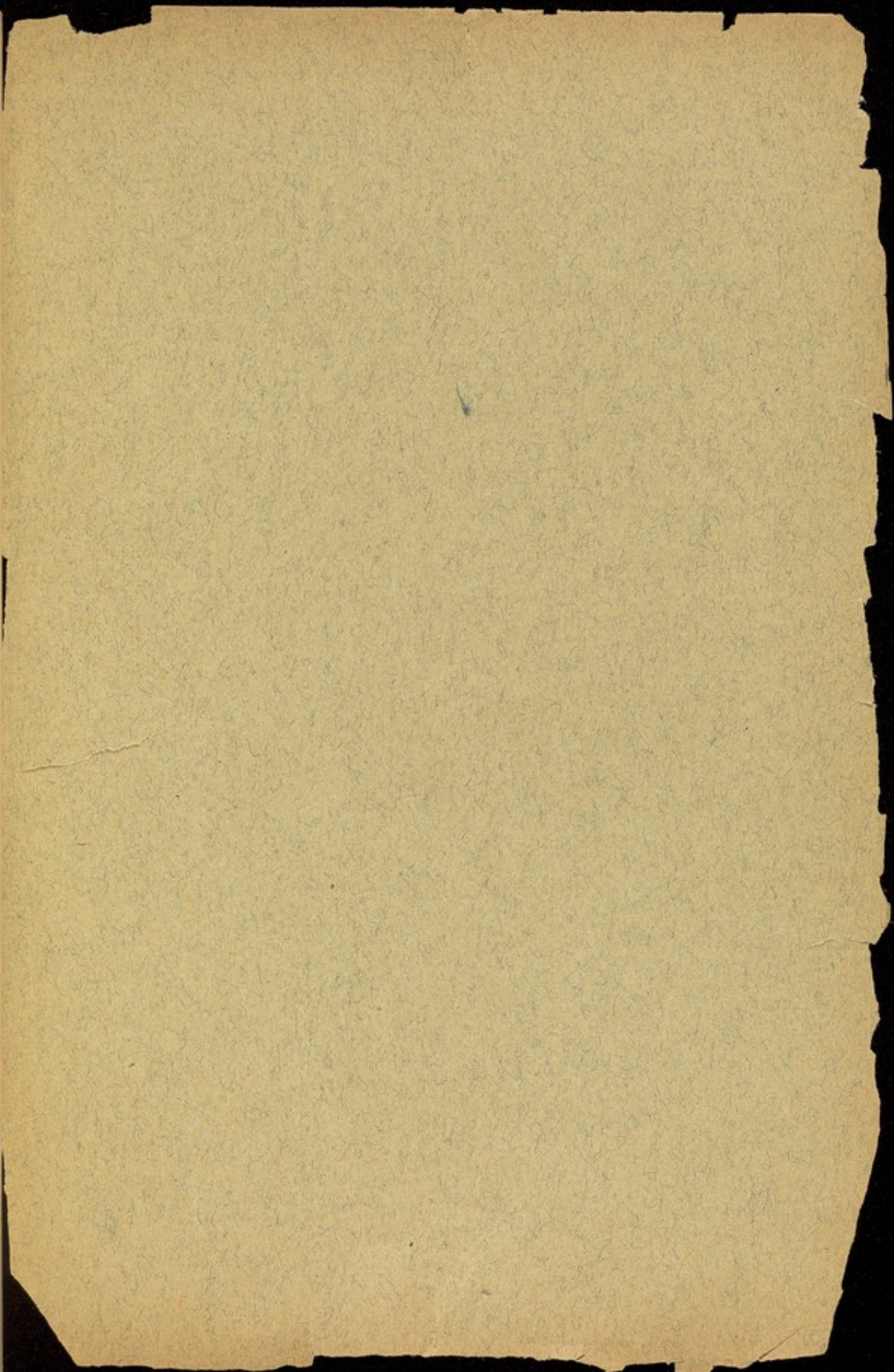
3. *Order* for admission of patient signed by a Justice of the Peace (specially appointed under the Lunacy Act 1890), within 14 days before the admission of the patient.

4 and 5. *Two Certificates* from duly qualified and Registered Medical Practitioners, made on separate examinations of the patient within 7 days of date of admission.

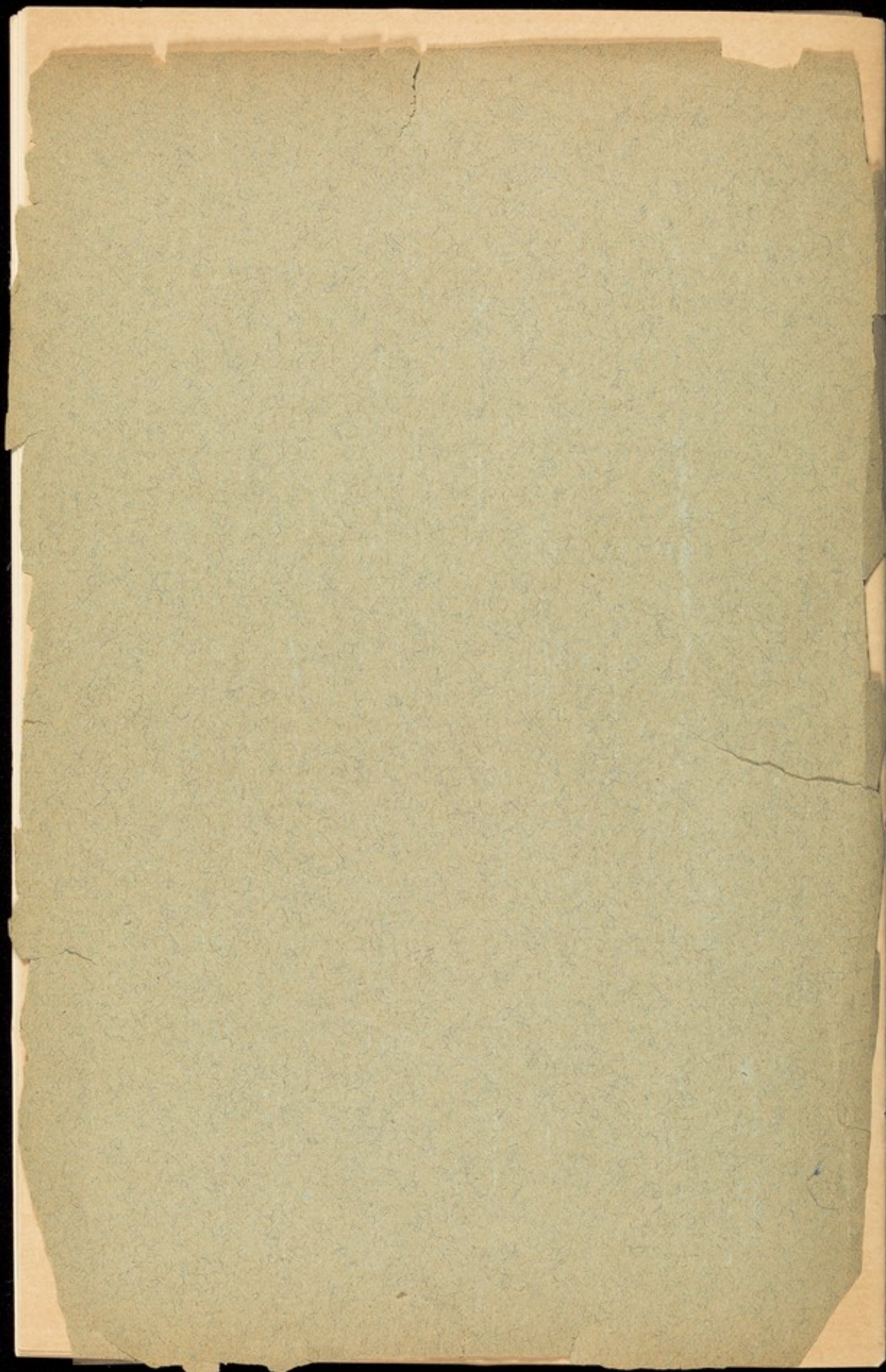
6. *Form of Agreement* with the Treasurer of the Retreat.

FORM OF A BEQUEST.

I bequeath to the Treasurer for the time being, of an Institution near York, called *The Retreat for Persons afflicted with disorders of the mind among the Society of Friends*, the sum of
to be paid out of such part of my personal Estate, as shall not consist of chattels real, and applied for the purposes of the said Institution; and for which the receipt of such Treasurer shall be a sufficient discharge.



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Reports
of the
Friends' Retreat

1889 - 90 - 91, 92, 93, 94

Secretaries' Office

Not to taken away,
being wanted for
reference.

J. E. W.

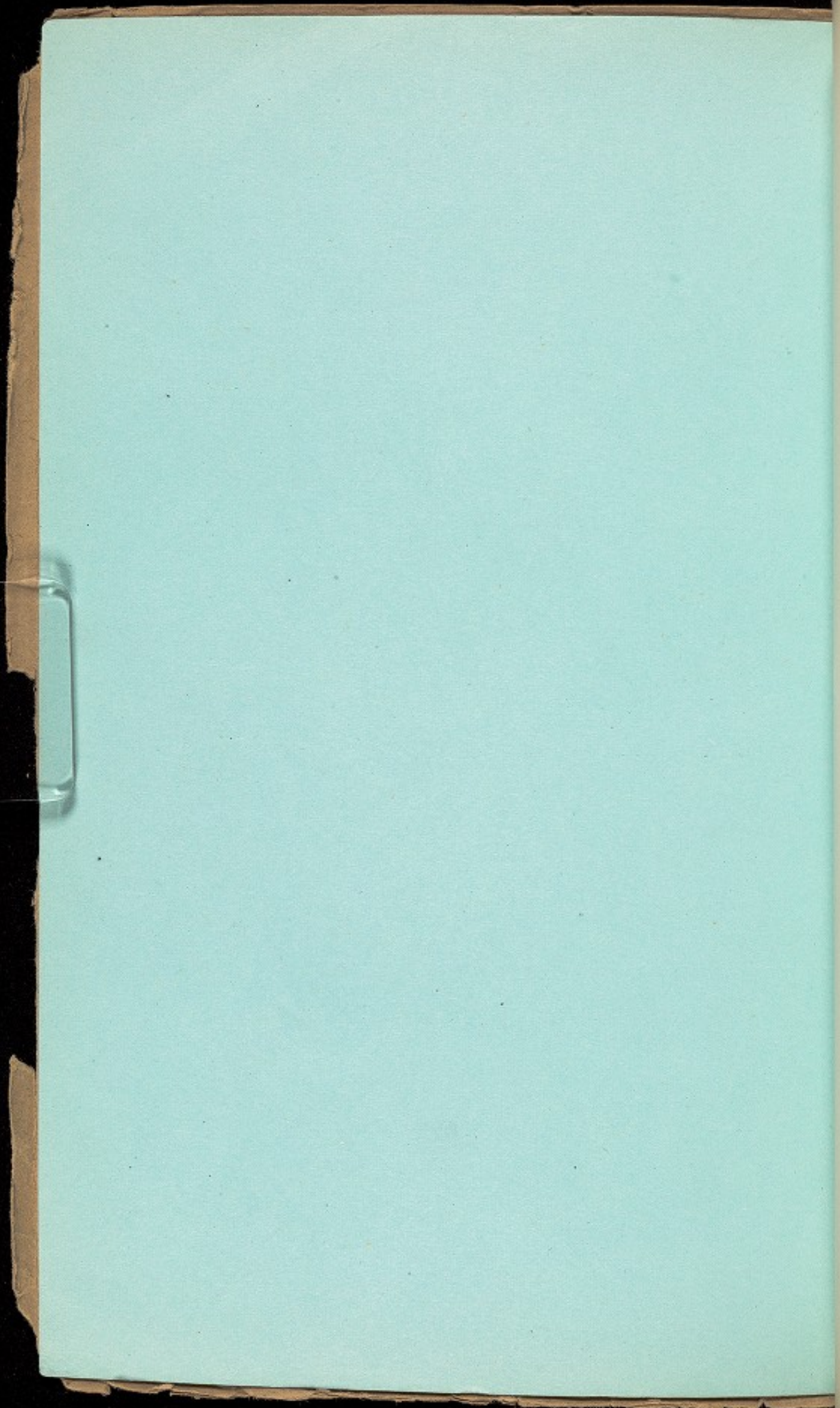
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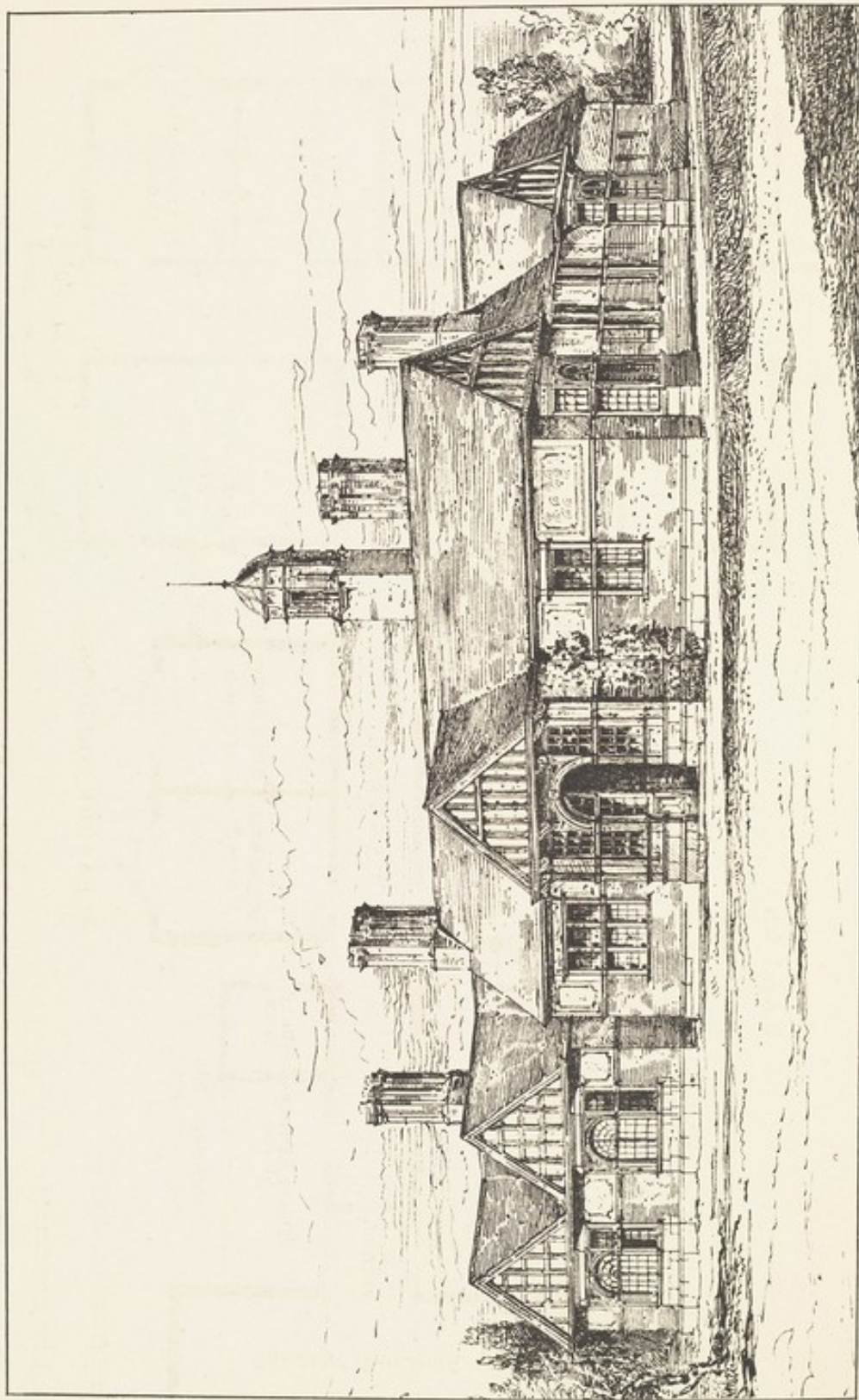
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THE
NINETY-THIRD REPORT
OF
THE RETREAT,
NEAR YORK,
1889.





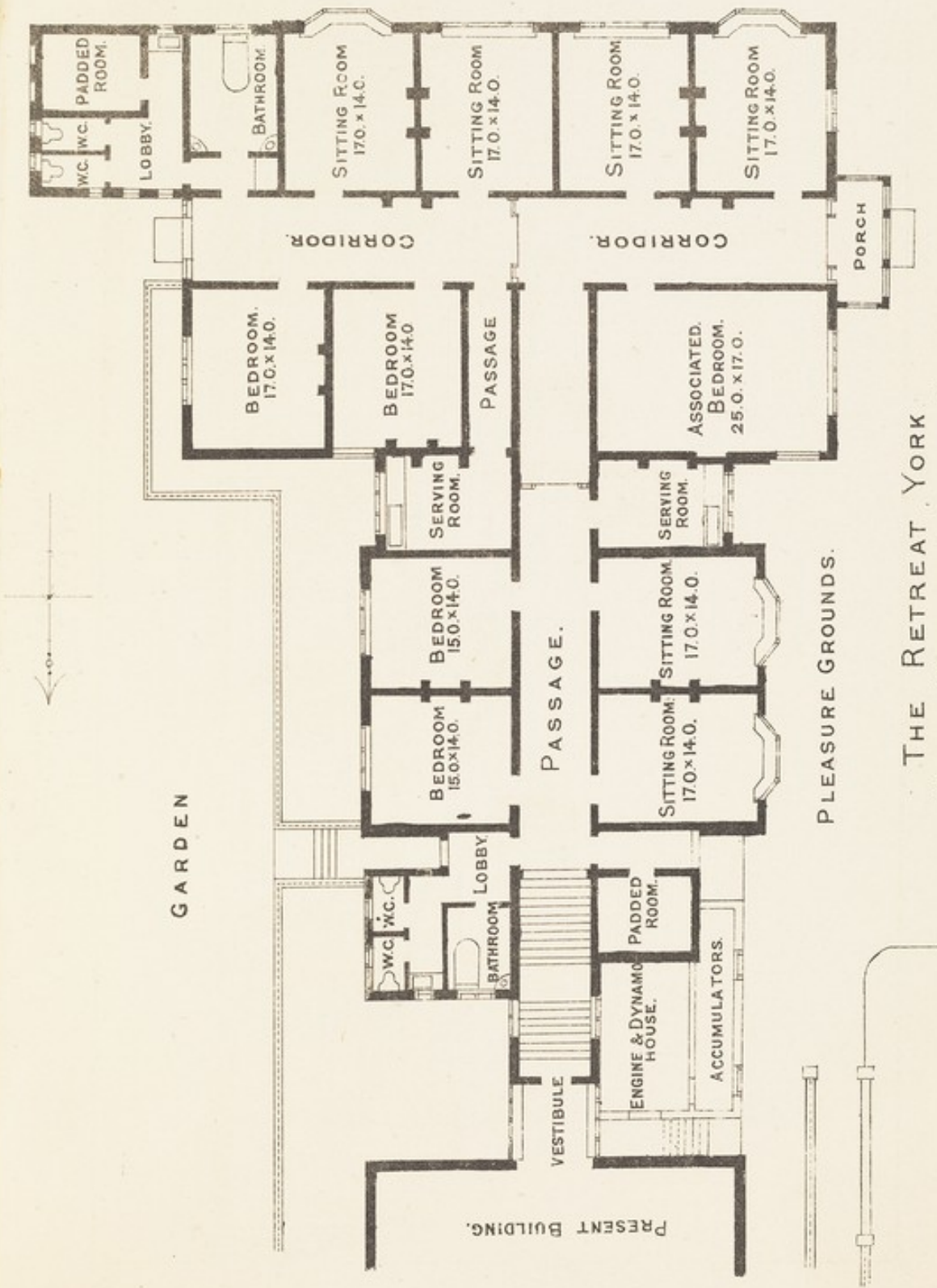


J. Akerman, Photo Lith London.

WEST VILLA,
THE RETREAT; YORK.



TERRACE



THE RETREAT, YORK
WEST VILLA, GROUND PLAN.

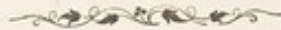
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THE
NINETY-THIRD REPORT
OF
THE RETREAT,
YORK.

1889.



YORK:
WM. SESSIONS, PRINTER, 15 & 16, LOW OUSEGATE.
1889.

THE

NINETY-THIRD REPORT

THE RETREAT

YORK

1893

PRINTED BY THE UNIVERSITY OF THE CITY OF NEW YORK

Directors

HENRY LEES
JOS. JOHN DYMOND
ISAAC PICKARD
LISHMAN LUPTON
JOHN S. ROWNTREE
GEORGE TATHAM
WM. HUTCHINSON
GEO. SATTERTHWAITE
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JOHN ROWNTREE (Scarbro')
RICHARD THOMPSON

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Treasurer

THOMAS BURTT.

Visiting Medical Officer

S. W. NORTH, M.R.C.S.

Medical Superintendent

ROBERT BAKER, M.D.

Assistant Medical Officers

HENRY J. HIND, M.R.C.S., L.S.A.
GEORGE STEVENS POPE, L.R.C.P. & S., E.

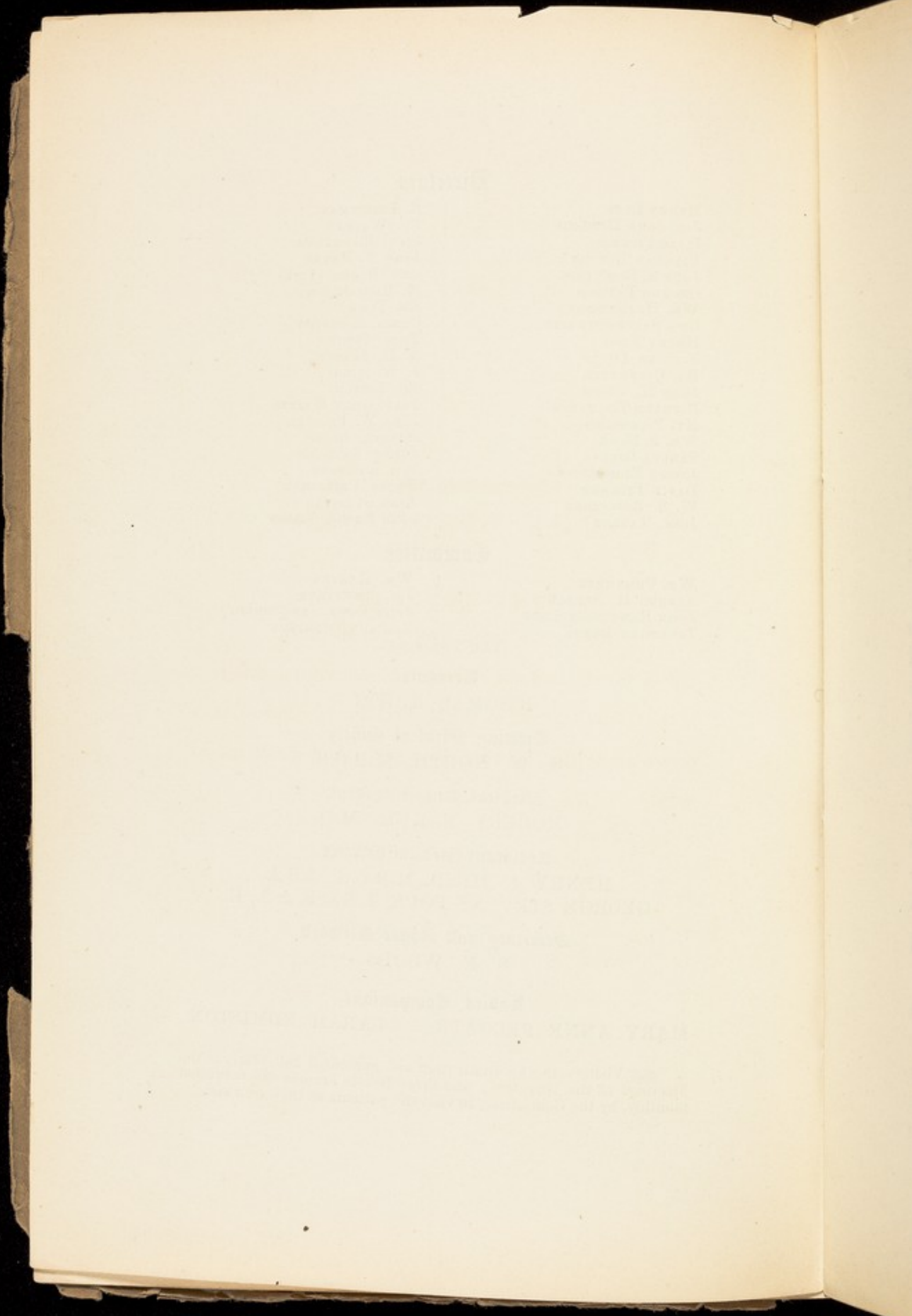
Secretary and House Steward

S. E. WOODS.

Ladies' Companions.

MARY ANNE FELGATE. SARAH EDMISTON.

Visitors to the Institution are appointed half-yearly at the Meetings of the Directors; and three female Friends are requested monthly, by the Committee, to visit the patients of their own sex.



AT A GENERAL MEETING OF
THE DIRECTORS
OF
THE RETREAT,

Held at the Retreat, 17th of 9th Mo., 1889,

IT WAS AGREED that the statement of Accounts and Report
of the Committee and of the Medical Superintendent, then
presented to the Meeting, be printed and circulated as
usual.

REPORT OF THE COMMITTEE
OF THE RETREAT
TO THE GENERAL MEETING OF DIRECTORS, 1889.

In presenting the Ninety-third Annual Report of the York Retreat, the Committee have to state that on the 30th of 6th month, 1889, there were in the Institution 156 patients, viz.: 60 men and 96 women. Of these, 18 men and 39 women had no connection with the Society of Friends.

The admissions, discharges, and deaths are recorded in detail in the Superintendent's Report.

The Official Auditors have examined the accounts and vouchers of the year, as usual, and have certified the accuracy of the Balance Sheet. Two Friends appointed by the Directors have also examined the various books of the Institution, and have advised with us on some points of detail.

A portrait of Wm. Tuke, one of the founders of the Retreat, beautifully executed in pastel by his great-great-grandson, Henry Tuke, has been presented to the Institution by Dr. Daniel Hack Tuke.

The Committee desire to express their cordial thanks to Dr. Tuke for his acceptable gift.

The Committee have given much careful thought to the further elaboration of the plans for the new West Villa which, originally intended for providing exclusively for the accommodation of acute female cases of Insanity, will when completed provide

every facility for the prompt Hospital treatment of all acute cases of both sexes admitted to the Retreat. The erection of the New Building is now being pushed rapidly forward, and it is hoped it will be ready for occupation in June, 1890. The total cost of the contracts accepted amounts to £3678, including the cost of a complete system of heating and ventilation, and of Electric Lighting.

The Committee desire to direct attention to the fact that during the past year 44 patients have received all the advantages of the Retreat at the small charge of 10s. per week, and that 90 of the patients have paid less than the average cost of maintenance.

It will thus be seen upon how uncertain a basis the financial prosperity of the Retreat rests, and how important it is that the income from legacies and donations should be maintained.

The deficit of the past year is £1176 0s. 11d. The Committee believe that in devoting all the funds at their disposal to carrying on this large amount of charitable work, they are fulfilling the wishes of the Directors of the Retreat, and are continuing the noble work initiated by its benevolent founders.

In conclusion the Committee desire to express continued confidence in their officers and servants, whose duties they believe during the past year to have been performed with zeal and fidelity.

THOMAS BURTT,
Treasurer.

ANNUAL STATEMENT FOR THE YEAR ENDING 3RD Mo. 31st, 1889.

INCOME.

	£.	s.	d.	£.	s.	d.
To Clark's Gift	4	0	0			
Donation	1	0	0			
Dann's Bequest	2	14	0			
Rent	62	15	0			
Discounts	74	2	11			
Dividend, Morecambe Pier Compny.	5	0	0			
Baths	13	17	6	163	9	5
Consultation Fees	325	7	0			
Board of Patients	16,138	10	7	16,463	17	7
Loss for the year				1176	0	11
				<u>£17,803</u>	<u>7</u>	<u>11</u>

EXPENDITURE.

	£.	s.	d.	£.	s.	d.
By House Expenses				7,905	18	6
Salaries and Wages				4,783	3	3
Stables, Carriages, and Cowhouse Expenses (including Wages)				291	0	5
Garden Account (including Wages)				449	15	0
Rates, Taxes and Insurance				342	12	11
Incidental Expenses				165	3	7
Drugs, Instruments, &c.				68	18	0
Postage, Telegrams and Carriage				41	13	6
Library, Stationery, and Printing				128	7	11
Perishables				126	9	9
Scarbro' Tickets and Amusements				40	6	5
				<u>14,343</u>	<u>9</u>	<u>3</u>
Repairs and Alterations, including New Block of Lavatories, 3rd Gallery, £394 12s. 4d.				1,532	14	0
Joiner's Shop (Timber and Materials)				220	5	11
Law and Auditors' Charges				49	3	10
Interest on Loans and Bank Interest				556	11	6
Depreciation on Linen, &c. 15 per cent				243	8	6
Ditto Furniture, 7½ per cent				627	6	0
Ditto Boilers, &c., 10 per cent				92	6	0
Ditto Greenhouses 25 per cent				116	2	11
Annuitants				22	0	0
				<u>3,459</u>	<u>18</u>	<u>8</u>
				<u>£17,803</u>	<u>7</u>	<u>11</u>

We have examined the above accounts and find them to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.
 13. VI., 1889.
 BARBER BROS. & WORTLEY,
 Chartered Accountants.

BALANCE SHEET.

3rd Mo. 31st, 1889.

	£.	s.	d.		£.	s.	d.
LIABILITIES.				ASSETS.			
To York City and County Bank	1,093	9	6	By Land and Buildings as last year	38,982	9	11
Tradesmen's Accounts owing, including small Balances owing to Patients	2,016	10	8	Belle Vue Estate	4,000	0	0
Loans	13,950	0	0	Bleasdale's Fields	7,757	6	0
Stock 31st 3rd mo., 1888	54,143	18	7	Cottage Hospital and Land	1,181	8	0
Decrease this year	1,176	0	11	New Entrance Lodge and Mortuary	1,978	16	9
	52,967	17	8	Boilers, Heating Apparatus and Hydrants	830	14	11
				Greenhouses	348	8	8
				Furniture	7,736	15	0
				Linen, Bedding, &c.	1,379	8	10
				Morecambe Pier Shares	100	0	0
				Amount owing by Patients and others	5,022	1	3
				Less Provision for doubtful debts	131	8	0
				Stock in House	4,890	13	3
				Apothecary's Shop	20	6	4
				Joiner's Shop	50	0	0
				Library	220	4	0
				Stables	50	0	0
				Garden	160	0	0
				Cash in hand	274	0	0
					67	6	2
					£70,027	17	10

We have examined this Balance Sheet and find it to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.
 13. VI., 1889.
 BARBER BROS. & WORTLEY,
 Chartered Accountants.

COMPARISON OF HOUSEKEEPING EXPENSES.

Year ending 3rd Mo. 31st, 1888.

	£	s.	d.
Meat, 5,680 st. @ 8/8 to 9/6 per st. and Sundries ..	2,531		9 0
Bacon and Ham ..	124		11 6
Poultry and Game ..	136		5 11
Fish ..	218		14 11
Milk, 16,056 gallons at 10½d. and 1s.	734		11 0
Butter, 7,558 lbs. at from 1s. to 1/7 ..	544		4 8
Eggs, 66,868 ..	302		0 8
Cheese ..	103		7 2
Flour and Bread ..	501		4 9
Cakes and Confectionery ..	108		1 3
Rice, Sago, &c.	51		0 8
Tea, Coffee, and Cocoa ..	384		16 10
Sugar ..	157		9 4
General Small Groceries ..	328		19 11
Fruit and Vegetables ..	407		11 1
Soap, Soda, and Starch ..	139		9 2
Gas, Candles and Oil ..	427		12 0
Coal and Coke ..	674		5 6
Water ..	116		1 8
	£7,991		17 0
Less Dripping Sold ..			33 12 10
" Bones and Swill Sold ..			25 5 6
" Sundries ..			15 16 1
			74 14 5
	£7,917		2 7

Family 258, exclusive of visitors.

Year ending 3rd Mo. 31st, 1889.

	£	s.	d.
Meat, 5,781 st. @ 8/8 to 9/6 per st. and Sundries ..	2,546		11 5
Bacon and Ham ..	144		18 1
Poultry and Game ..	157		1 9
Fish ..	167		11 11
Milk, 16,184 gallons @ 10½d. and 1s.	732		12 3
Butter, 7,747 lbs. @ from 11d. to 1s. 8d.	517		9 2
Eggs, 66,712 ..	293		2 10
Cheese ..	95		13 2
Flour, and Bread ..	506		18 6
Cakes and Confectionery ..	99		15 9
Rice, Sago, &c.	46		15 6
Tea, Coffee, and Cocoa ..	384		10 7
Sugar ..	171		12 10
General Small Groceries ..	312		13 4
Fruit and Vegetables ..	432		12 0
Soap, Soda, and Starch ..	144		4 6
Gas, Candles and Oil ..	408		2 4
Coal and Coke ..	697		17 4
Water ..	110		12 2
	£7,970		15 5
Less Dripping Sold ..			29 6 9
" Bones and Swill Sold ..			25 8 0
" Sundries ..			10 2 2
			64 16 11
	£7,905		18 6

Family 253, exclusive of visitors.

47,000 18 0
Family 259, exclusive of visitors.

Report

OF THE

Medical Superintendent.

IN presenting the Ninety-third Annual Report of the York Retreat I have once again to review the history of a year of the Institution's progressive development.

At the date of last year's Report there were in the Institution 151 patients, viz: 60 men, and 91 women. The admissions during the year have been 29, viz: 11 men, and 18 women. There have been discharged and died 24 patients, leaving on the Register 156, viz: 60 men, and 96 women.

Table showing the Admissions.

	M.	F.	T.
CLASS I. Cases of first attack and of not more than three months' duration	3	7	10
CLASS II. Cases of first attack and of more than three, but not more than 12 months' duration ..	3	6	9
CLASS III. Cases not of first attack and more than 12 months' duration	2	2	4
CLASS IV. Cases of first or not first attack and of more than 12 months' duration	3	3	6
CLASS V. Congenital.....
	<hr/>		
	11 + 18 = 29		
	<hr/>		

Twenty-seven of these admissions were fresh cases here, three had previously been in other Institutions for the Insane, and eighteen were unconnected with the Society of Friends.

Of the patients at present in the Retreat there are—

	M.	F.	T.
Members of the Society of Friends	33	46	79
Connected with Friends	9	11	20
Non-Friends	18	39	57
	<hr/>		
	60 + 96 =		156
	<hr/>		

Five patients were admitted in a condition of Mania, seven in a condition of Melancholia, two in a condition of General Paralysis of the Insane, two in a condition of Dementia, ten in a condition of Delusional Insanity, and three in a condition of Epileptic Insanity. 37·58 per cent. of the admissions were members of the Society of Friends, or closely connected, as against 36·0 per cent. last year. Ten patients were discharged Recovered, viz.: three men and seven women; the percentage of the recoveries calculated on the number of persons admitted being at the rate of 34·48 per cent.

The highest number of patients resident during the year was 160, and the lowest 151.

Seven deaths have occurred, being at the rate of 4·49 per cent. on the average number resident. The average age of the males at death was 58·20, and of the females 72·0, mean 62·14. All the deaths were from natural causes.

The shortest time of residence amongst those who died was 3 months and 12 days, and the longest 42 years, 1 month, and 20 days.

By reference to the statistical tables it will be seen that there have been under care and treatment during the past year an average of 155·58 patients. The average weekly cost of maintenance per patient for the financial year has been 37s. 2d. as against 35s. 11d. last year. The average weekly payment per patient has been 40s. 3¼d. as against 42s. 3¼d. last year.

The Commissioners in Lunacy have visited the Hospital twice during the year, and written favourable Reports.

On March 14th the Members of the Medico-Psychological Association of Great Britain and Ireland held their meeting at the Retreat, not having previously meet in York for twenty

years. The meeting was a highly successful one in every respect, and was attended by an unusually large number of members and guests.

On Jan. 1st, 1889, Dr. C. G. Jackson gave the customary notice of his wish to resign the appointment as Junior Medical Officer to the Retreat. The Committee elected Dr. George Stevens Pope as his successor, and he entered on duty on the 26th of March, and has already proved himself well qualified for his position.

On the 31st of March, Elizabeth M. Packer resigned her appointment, on her approaching marriage, as Companion Housekeeper at Gainsbro' House, Scarboro'. The Committee elected Rachel Simmerson as her successor, and since then the arrangements at the seaside Convalescent Home have continued to prosper.

The following alterations have been either carried out or arranged for during the past year.

(A.). The West Villa for the prompt treatment of acute cases of insanity is now in process of erection: and is expected to be completed by the middle of next year.

This building has been designed by Messrs. Burgess and Taylor, and is constructed with reference to the reception of cases requiring the utmost amount of supervision with isolation from insane surroundings, and provides accommodation for from six to nine persons. It is so planned both as to locality and arrangement, that one-third, two-thirds, or the whole of the building may be used in connection with either the male or female side of the Institution. The nature of the building, and the arrangement just referred to has involved the provision of accommodation which may seem unusually large for so small a number of patients, but it is nevertheless necessary for effectually carrying out the purpose contemplated,—thus the serving-room, padded-room, bath-room, and lavatories have all been provided in duplicate.

A separate sitting-room and bed-room is provided for each patient, except in the case of one Associated bed-room for two or three inmates.

The sitting-rooms,—each 17 ft. by 14 ft., are situated toward the south and west, and command pleasant views of the grounds, and the country beyond; four of these have large bow windows. The single bed-rooms look into the gardens. The principal Corridor is adapted for the purpose of a lounge, having fire-places and a projecting window at the west end. The connection with the main building is by a passage seven feet wide, enclosing two flights of easy steps. The building will be warmed by air supplied fresh from the outside, and driven by engine and fan through chambers heated by hot water pipes, and admitted into the rooms and corridors through the gratings in the plinths which will be under control. The vitiated air is removed from the rooms and corridors by openings in the ceilings communicating by zinc tubes with a central extraction shaft heated by steam pipes. Open fires also are provided in each room, and the corridor. The Lighting of the whole of the building will be by Electricity, the Swan Eddison Lamp being used. Each room will be provided with a switch, so that the light can be turned on or off from the corridor at pleasure. The dynamos will be worked by the same engine which works the ventilating fan. Externally the building is treated in the English half timbered domestic style, the lower portion being of Leicester bricks, and the upper portion dashed plaster work, the gables being half timbered. The roof will be covered with Staffordshire Red Tile-work, and the whole of the woodwork both inside and out will be of oak. The windows are in moderately small squares, filled with half-inch plate glass.

The Building is one story in height and has been kept low in order to interfere as little as possible with the light and air to the main building. Owing, however, to the rapid fall of the ground, the front of the building will appear tolerably elevated, and a commodious terrace will be formed by the earth resulting from the necessary excavations nearer the main building.

B. A new Lavatory and W.C. Block has been erected on the Men's Side, supplied with all modern improvements,

at a cost of £394 12s. 4d. By this alteration, storerooms have been provided for the Men's third Gallery, and a new Bath-room for the Ladies' Central Corridor. The cost of this alteration has considerably exceeded the estimate, on account of these additions to the original plan.

C. A similar Lavatory and W.C. Block is in course of erection for the Women's fourth and sixth Galleries. The estimated cost is £330, but this does not include two Wenham Gas Lights which will be necessary.

D. Important improvements have been carried out in the third floor of the central building, at an outlay of £104 10s.

E. The Entrance Hall and Staircase at the Retreat Main Building have been greatly improved, at a cost of £64 17s. 8d.

In concluding this Report of the fifteenth year of my Superintendence of the Retreat, my memory reminds me that I entered on the duties of my onerous and responsible office in July, 1874, hoping that my health would bear the inevitable mental and physical strain for perhaps ten or fifteen years. Last year, as the Directors are aware, I was unexpectedly offered a less laborious appointment. After many days of careful and anxious thought and consideration, it was decided for me to remain at the Retreat. In now entering on an extended period of Service, I am conscious that I have not borne the burden and heat of the day, during these past years, with entire impunity, but I hope during the unknown and increasingly uncertain future, to be still able to strive to aid you in following faithfully the example of those famous founders of the Retreat who, nearly a hundred years ago, to use the words of the Ex-President of the Medico-Psychological Association (Dr. Clouston), "commenced there a modern system of the treatment of the Insane which has been the key-note, the example to every succeeding Hospital in the country."

ROBERT BAKER, M.D.,

Superintendent.

TABLE I.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES AND DEATHS, DURING THE YEAR ENDING 30th JUNE, 1889.

	Male.	Fem.	Total	Male.	Female.	Total.
In the Institution, July 1st, 1888 ..				60	91	151
Cases admitted—						
First admissions	10	17	27			
Not first admissions	1	1	2			
Total cases admitted during the year				11	18	29
Total cases under care during the year				71	109	180
Cases discharged—						
Recovered	3	7	10			
Relieved	3	3	6			
Not Improved	1	1			
Died	5	2	7			
Total cases discharged and died during the year				11	13	24
Remaining in the Institution, 30th June, 1889				60	96	156
Average numbers resident during the year				60.08	95.50	155.58
Persons* under care during the year †				71	109	180
Persons admitted				11	18	29
Persons recovered				3	7	10
Transferred to the Retreat ..				1	1	2
Transferred from the Retreat ..						

* Persons, *i. e.* :—separate persons in contradistinction to “cases” which may include the same individual more than once.

† Total cases, minus re-admissions of patients discharged during the current year.

TABLE I A.—Showing (1) the Previous Attacks among Persons Admitted during the year 1888—89, and (2) the Number of Times they had Previously Recovered in this or any Asylum.

(1) Number of previous Attacks.	PERSONS.					
	Male.	Female.	Total.			
Have had 1 attack	3	1	4			
„ 2 attacks	1	2	3			
„ 3 „			
„ 4 „			
„ more than 4 attacks			
(2) Number of times Patients Recovered.	In this Asylum.			In any other Asylum.		
	M.	F.	T.	M.	F.	T.
Once	1	1	2
Twice	2	2
3 times
4 „
5 „
More than 5 times

TABLE II.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES, AND DEATHS, FROM THE OPENING OF THE INSTITUTION TO THE 30th JUNE, 1889.

	Male.	Female.	Total.	Male.	Female.	Total.
<i>Persons</i> admitted during the period of 93 years.. . . .	604	700	1304			
Re-admissions	145	208	353			
Total <i>cases</i> admitted				749	908	1657
Discharged <i>cases</i> —						
Recovered	283	398	681			
Relieved	123	104	227			
Not Improved	36	45	81			
Died	247	265	512			
Total <i>cases</i> discharged and died since the opening of the Institution				689	812	1501
Remaining 30th June, 1889 ..				60	96	156
Average numbers resident during the 93 years				39·69	58·67	98·43
Transferred to the Retreat } since 1845				37	35	72
Transferred from the Retreat }				21	22	43

There have been 12 cases of informal admission, viz:— 8 males and 6 females, which are not included in any of the tables either as admissions, or discharges, or in the calculation of percentages.

TABLE II A.—Showing the Admissions and Recoveries of PERSONS* from the opening of the Institution to the 30th June, 1889 (93 years).

	Male.	Fem.	Total
<i>Persons</i> admitted during the 93 years	604	700	1304
<i>Persons</i> discharged recovered during the same period, being males 36·92, females 39·28, total 38·19 per cent. of <i>persons</i> admitted	223	275	498
Of whom were re-admitted relapsed (<i>Persons</i>).. . . .	81	98	179
Recovered <i>persons</i> who have not relapsed	143	177	320
Relapsed <i>persons</i> discharged recovered (after last re-admissions, if relapsed more than once)	32	38	70
Net recovered <i>persons</i> , being males 28·97, females 30·71, total 29·90 per cent. of <i>persons</i> admitted ..	175	215	390

* *Persons*, i. e., separate persons in contradistinction to "cases" which may include the same individual more than once.

TABLE III.—SHOWING THE ADMISSIONS, DISCHARGES, AND DEATHS, WITH THE MEAN ANNUAL MORTALITY AND PROPORTION OF RECOVERIES PER CENT. OF THE ADMISSIONS, FOR EACH YEAR SINCE THE OPENING OF THE ASYLUM, MIDSUMMER 1796.

YEAR.	Admitted.			Discharged.						Died.			Remaining June 30th in each year.			Average Numbers Resident in each year.			Per Centage of Recoveries on Admissions.			Per Centage of Deaths on Numbers Resident.																							
	Male.	Female.	Total.	Recovered.			Relieved.			Not Improved.			Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.																					
				Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.																																	
1796 to	619	759	1378	237	351	588	90	66	156	30	36	66	202	217	419	60	89	149	59	64	89	148	38	9	41	6	40	11	7	84	9	41													
1879	15	13	28	5	5	10	1	1	2	..	1	1	2	4	4	8	65	91	156	61	42	88	25	149	67	33	3	38	46	35	7	6	5	34											
1880	11	13	24	4	4	8	4	6	10	1	1	2	4	7	11	63	87	150	63	81	89	42	153	23	36	36	30	77	33	3	6	27	7	86	7	18									
1881	12	18	30	6	3	9	1	6	7	1	1	2	3	3	6	64	93	157	63	85	89	56	153	41	50	0	16	67	30	4	7	3	35	3	91										
1882	12	15	27	8	4	12	2	3	5	7	6	13	59	95	154	62	12	94	14	156	26	66	7	26	7	44	11	26	6	37	8	32										
1883	13	11	24	5	4	9	2	4	6	1	2	3	2	3	5	62	93	155	62	2	95	9	158	1	38	46	36	36	37	5	3	21	3	13	3	16									
1884	16	14	30	4	4	8	5	1	6	2	3	5	5	5	10	62	94	156	62	43	94	53	156	96	25	0	28	57	26	66	8	0	0	5	28	6	37								
1885	12	16	28	4	3	7	4	3	7	1	1	2	2	6	8	63	98	161	61	21	95	25	156	46	33	33	18	75	25	0	3	26	6	29	5	11									
1886	16	18	34	5	5	10	7	6	13	6	7	13	61	98	159	62	07	99	75	161	82	31	25	27	88	29	76	9	66	7	01	8	03									
1887	12	13	25	2	8	10	4	5	9	2	2	4	6	5	12	60	91	151	61	25	95	91	157	16	16	66	61	53	40	0	11	42	5	00	7	62									
1888	11	18	29	3	7	10	3	3	6	1	1	2	3	2	7	60	96	156	60	08	95	50	155	58	27	27	38	88	34	48	8	32	2	09	4	49									
1889	749	908	1657	283	398	681	123	104	227	36	45	81	247	265	512	Av. or per cent.	330	69	58	67	98	43	37	91	43	83	41	09	6	69	4	85	5	54											
Of the Society of Friends, or connected with it.																																													
Total ..	548	653	1201	223	314	537	70	45	115	15	18	33	197	221	418	99	33	97	44	99	78	95	40	68	48	08	44	71	6	23	5	28	5	69											
Not connected with the Society of Friends.																																													
Total ..	201	255	456	60	84	144	53	59	112	21	27	48	50	44	94	18	39	57	5	72	13	68	18	48	29	85	32	94	31	57	9	59	3	45	5	46									

In the lowest three lines of this table, the totals, averages, and percentages cover the whole period since the opening of the Institution (except the figures showing the numbers remaining on June 30th).

TABLE IV.—SHOWING THE HISTORY OF THE ANNUAL ADMISSIONS SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796), AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH OF EACH YEAR SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796). ALSO THE NUMBERS OF DEATHS, AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH OF EACH YEAR SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796). Total Discharged and Died of each Year.

Year	Admitted	Of each Year's Admissions, Discharged	Total Discharged and Died of each Year
1796	1378	588	1378
1879	28	10	28
1880	24	4	24
1881	30	6	30
1882	27	8	27
1883	24	5	24
1884	30	4	30
1885	28	4	28
1886	34	5	34
1887	25	2	25
1888	29	3	29
1889	908	681	908
Total ..	1657	681	1657

In the lowest three lines of this table, the remaining numbers are shown (except the figures showing the numbers remaining on June 30th).

TABLE IV.—SHOWING THE HISTORY OF THE ANNUAL ADMISSIONS SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796), AND THE DISCHARGES AND DEATHS, AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH JUNE OF THE YEAR REPORTED ON.

YEAR.	Admitted.			Of each Year's Admissions, Discharged and Died in 1888—1889.						Total Discharged and Died of each Year's Admissions to June 30th, 1889.						Remaining of each Year's Admissions June 30, 1889.												
	New Cases.	Relapsed Cases.	Total.	Recovered.	Relieved.	Not Improved.	Died.	Recovered.	Relieved.	Not Improved.	Died.	Recovered.	Relieved.	Not Improved.	Died.	Male.	Female.	Total.										
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.										
1796 to 1879	492	569	1061	2	1	3	242	359	601	96	72	168	30	38	68	224	243	467	27	47	74	
1880	13	10	23	6	4	10	1	4	5	3	2	5	4	2	6	1	1	2	
1881	11	13	24	1	..	1	5	2	7	..	8	8	3	2	5	3	1	4	
1882	8	14	22	7	4	11	3	1	4	1	1	6	7	..	7	7	
1883	8	12	20	1	..	1	7	3	10	..	1	1	2	2	4	3	7	10	
1884	10	11	21	5	3	8	..	3	7	1	2	3	5	2	3	5	
1885	14	11	25	1	3	7	10	..	4	5	1	1	1	2	6	1	7	
1886	12	16	28	4	1	5	..	4	4	1	1	2	3	6	1	7
1887	15	16	31	1	5	6	..	7	8	1	1	2	5	6	1	9
1888	11	11	22	2	4	6	1	3	1	3	3	7	10	3	7	10	7	2	9	5	4	9	
1889	10	17	27	..	3	3	1	2	3	3	..	1	5	1	3	4	3	3	6	
Total	604	700	1304	3	7	10	3	6	1	1	1	1	283	398	681	123	104	227	36	45	81	247	265	512	60	96	156	

SUMMARY OF TOTAL ADMISSIONS OF CASES, 1796 to 1889.

Percentage of Cases	Cases.		
	Male.	Female.	Total.
Percentage of Cases Recovered	37.78	43.83	41.09
" " Relieved	16.42	11.45	13.69
" " Not Improved	4.80	4.95	4.88
" " Died	32.97	29.18	30.89
" " Remaining	8.03	10.59	9.45
	100.00	100.00	100.00

TABLE VI.—SHOWING THE LENGTH OF RESIDENCE IN THOSE DISCHARGED, AND IN THOSE WHO HAVE DIED, DURING THE YEAR 1888-89; AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30th, 1889.

LENGTH OF RESIDENCE.	RECOVERED.			RELIEVED.			NOT IMPROVED.			DIED.			PATIENTS RESIDENT 30th JUNE, 1889.			
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	
Under 1 month	1	..	1	
1 month, and under 3 months	..	1	1	..	1	1	2	3	5	
3 months, " 6 "	..	1	1	3	4	7	
6 " " 9 "	..	1	1	..	1	1	2	2	4	
9 " " 12 "	..	1	1	3	3	6	
1 year, and under 2 years	2	1	3	1	1	2	3	5	8	
2 years	..	1	1	1	..	1	6	5	11	
3 " 5 "	1	..	1	6	5	11	
5 " 7 "	6	8	14	
7 " 10 "	6	10	16	
10 " 12 "	1	..	1	4	9	13	
12 " 15 "	5	10	15	
15 " 20 "	4	4	8	
20 " 25 "	4	5	9	
25 " 30 "	2	12	14	
30 " 35 "	3	8	11	
35 " 40 "	3	3	6
Upwards of 40 years	1	5	6	
Total	3	7	10	3	3	6	..	1	1	1	5	2	60	96	156	

TABLE VII.—SHOWING THE DURATION OF THE DISORDER ON ADMISSION IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1888—89.

CLASS.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.			
FIRST CLASS— First attack, and within three months on admission	3	7	10	..	2	2	1	3	4	2	1	3
SECOND CLASS— First attack, above three, and within twelve months on admission	3	6	9	1	1	2	..	1	1	1	..	1
THIRD CLASS— Not first attack, and within twelve months on admission	2	2	4	2	3	5
FOURTH CLASS— First attack or not, but of more than twelve months on admission	3	3	6	..	1	1	2	..	2	2	1	3
FIFTH CLASS— Congenital
TOTAL	11	18	29	3	7	10	3	4	7	5	2	7

TABLE VIII.—SHOWING THE QUARTERLY PERCENTAGE OF ALL CASES ADMITTED, DISCHARGED, AND DIED, DURING THE YEAR 1888—89, AND OF THOSE REMAINING IN THE INSTITUTION ON EACH QUARTER, 1889.

THE DISCHARGES.

TABLE VIII.—SHOWING IN QUINQUENNIAL PERIODS THE AGES OF ALL CASES ADMITTED, DISCHARGED, AND DIED, DURING THE YEAR 1888-89, AND OF THOSE REMAINING IN THE INSTITUTION ON 30TH JUNE, 1889.

AGES.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1889.		
	Male.	Fem.	Total.	Recovered.			Removed Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
5 years, and under 10
10 " ..	1	1	2	1	1	2
15 " ..	1	2	3	1
20 " ..	1	1	2
25 " ..	2	1	3
30 "	2	2
35 "	2	2
40 " ..	2	3	5	1	2	3
45 " ..	2	1	3
50 " ..	1	3	4
55 "	1	1
60 "
65 "
70 "	1	1
75 " ..	2	2	4	1	1	2
80 "
85 "
90 "
95 "
Unknown.....
Total	11	18	29	3	7	10	3	4	7	5	2	7	60	96	156
Mean Age	42.72	44.61	43.99	40.66	44.57	43.40	39.00	38.50	38.72	58.20	72.00	62.14	45.41	52.69	49.83
Mean age at Death 1796—1888	56.76 61.11 58.21														

TABLE IX.—SHOWING THE CONDITION ON ADMISSION AS TO MARRIAGE, IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1888-89: AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30TH, 1889.

CONDITION IN REFERENCE TO MARRIAGE.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1889.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
Single	5	9	14	2	3	5	1	2	3	4	1	5	45	69	114
Married	5	6	11	1	4	5	1	2	3	1	1	2	14	16	30
Widowed	1	3	4	1	..	1	1	11	12
Unknown
Total	11	18	29	3	7	10	3	4	7	5	2	7	60	96	156

TABLE X.—SHOWING THE PROBABLE CAUSES OF INSANITY IN THE PATIENTS ADMITTED DURING THE YEAR 1888—89.

CAUSES OF INSANITY.	Number of Instances in which each case was assigned.											
	Admissions {						Number of Cases.					
	As predisposing cause.			As exciting cause.			As predisposing or exciting (where these could not be distinguished).			Total.		
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
MORAL.—												
Adverse circumstances & business anxieties	2	1	3	2	1	3
Domestic trouble (including loss of relatives)	2	5	7	2	5	7
Mental anxiety and overwork	1	1	2	1	1	2
Religious excitement	1	2	3	1	2	3
PHYSICAL:—												
Intemperance in drink	1	1	2	1	1	2
Self abuse
Parturition and the puerperal state
Old age	1	..	1
Other bodily diseases or disorders	1	2	3	1	2	3
Previous attack	1	1	1	1
Hereditary (direct or collateral)
Unknown	2	5	7

TABLE XI.—SHOWING THE FORM (ON ADMISSION) OF THE MENTAL DISORDERS IN THE ADMISSIONS, DISCHARGES, AND DEATHS OF THE YEAR 1888—89; AND THE FORM OF MENTAL DISORDER IN THE INMATES ON JUNE 30TH, 1889.

FORM OF MENTAL DISORDER.	ADMISSIONS.			DISCHARGES.						DEATHS.			Remaining June 30, 1889						
	Male	Fem.	Total	Recovered.			Relieved.			Not Improved			Male	Fem.	Total	Male	Fem.	Total	
				Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total							
Congenital or Infantile mental deficiency
<i>a.</i> with epilepsy
<i>b.</i> without epilepsy
Epilepsy acquired	1	2	3
General Paralysis of the Insane	1	1	2
Acute Mania	1	2	3	2
Mania	1	1	2	2
Chronic Mania	1	1	2
Recurrent Mania	1
Puerperal Mania
Senile Mania
Delusional Mania	2	8	10
Acute Melancholia	3	3	6	4	4	3	1	2	3
Chronic Melancholia	1	..	1
Recurrent Melancholia
Senile Melancholia
Primary Dementia	1	1	1	1	2
Secondary Dementia
Senile Dementia	1	..	1
Organic Dementia (i.e. from tumours, syphilis, &c.)
Moral Insanity
Total	11	18	29	3	7	10	3	3	6	1	1	1	5	2	7	60	96	156	

TABLE XII.—SHOWING THE STATION OR OCCUPATION OF PATIENTS ADMITTED DURING
 THE YEAR 1888-89.

MALES.		FEMALES.	
Captain in Militia.....	1	Assistant in Stationer's Shop	1
Chemist and Druggist	1	Housekeeper	1
Confectioner's Assistant	1	Widow of Grocer	1
Draper's Assistant	1	Wife of Butcher	1
Geologist	1	" Coal Agent	1
Hotel Keeper	1	" Merchant	1
Spinner and Manufacturer	1	No Occupation	12
No Occupation	4		
Total.....	11	Total.....	18

TABLE XIII.—SHOWING THE NUMBER EMPLOYED, AND THE PRINCIPAL KINDS OF EMPLOYMENT, DURING THE YEAR 1888—89.

	Male.	Fem.	Total.
Agricultural and out-door employments	9	..	9
Mechanical employments or Fancy Work	4	12	16
House-work, principally	5	10	15
Needle-work, principally	1	12	13
Needle-work, occasionally	5	5
Reading, Writing, Music, &c. principally	15	14	29
More or less employed	34	53	87
For the most part unemployed, except in taking exercise	37	56	93
Total under care during the year	71	109	180

Be
Hertf
Luton
North
Be
Bamb
Reading
Witne
Bri
Bristol
French
Middle
North
Shaffes
Wiltshi
West D
Cor
East D
West D
Cur
Allende
Gerride
Holm
Parish
Der
Brought
Spalding
Chester
Notting
Dev
East Div
West Div

A G E N T S .

Bedfordshire Quarterly Meeting.

Hertford & Hitchin M. M. Edward Manser, *Hertford.*
 Luton & Leighton
 Northampton & Wellingboro'

Berkshire and Oxfordshire Q. M.

Banbury M. M. Chas. Gillett, *Banbury.*
 Reading & Warborough Joseph Huntley, *Reading.*
 Witney John M. Albright, *Charibury.*

Bristol and Somerset Q. M.

Bristol M. M. } J. Thirnbeck Grace, *Bristol.*
 Frenchay }
 Middle Division of Somerset John W. C. Clothier, *Street.*
 North Division of "
 Shaftesbury and Sherborne Edwin Bracher.
 Wiltshire
 West Division of Somerset Joseph Hoyland Fox, *Wellington.*

Cornwall Q. M.

East Division M. M.
 West Division

Cumberland and Northumberland Q. M.

Allendale M. M. } Hudson Scott, *Carlisle.*
 Carlisle }
 Holm }
 Pardshaw }

Derbyshire, Lincolnshire and Nottinghamshire Q. M.

Broughton & Gainsborough, }
 Spalding & Wainfleet }
 Chesterfield M. M. J. B. Bowman, *Monyash, Bakewell.*
 Nottingham & Mansfield Samuel F. Armitage, *Nottingham.*

Devonshire Q. M.

East Division M. M. Robert Dymond, *Exeter.*
 West Division Edward James, *Plymouth.*

✓ Durham Q. M.

Darlington M. M.	William Taylor, <i>Middlesbro'.</i>
Guisbro'	Ralph Dixon, <i>Ayton, Northallerton</i>
Newcastle	James Richardson, <i>Newcastle.</i>
Richmond	Thomas Willis, Jun., <i>Carperby,</i> <i>Bedale.</i>

✓ Essex and Suffolk Q. M.

Coggeshall M. M.	Robert Doubleday, <i>Coggeshall.</i>
Colchester	Wilson Marriage, <i>Dilbridge Hall,</i> <i>Colchester.</i>
Thaxted	Edmund B. Gibson, <i>Saffron Walden.</i>
Witham	Joseph Gripper, <i>Chelmsford.</i>
Woodbridge	Samuel Alexander, <i>The Bank,</i> <i>Woodbridge.</i>

Kent Q. M.

Folkestone M. M.	Henry Headley, <i>Canterbury.</i>
Rochester	Frederic Wheeler, <i>Rochester.</i>

✓ Lancashire and Cheshire Q. M.

Cheshire M. M.	J. H. Neave, <i>Rainor, Macclesfield.</i>
Hardshaw, East ..	Jon. Walker, <i>Fennel St., Manchester.</i>
Hardshaw, West ..	
Lancaster	Wm. Pickard, <i>Oak Bank, Lancaster</i>
Marsden	{ Thos. Abbatt, <i>Kirkhall Place,</i> <i>Chorley Old Road, Bolton.</i>
Preston	John Satterthwaite, <i>Preston.</i>

London and Middlesex Q. M.

Devonshire House M.M.	{ Jos. Armfield, 1, <i>South Place,</i> <i>Finsbury, London, E. C.</i>
Ratcliff and Barking	Arthur Lister, <i>Leytonstone, N. E.</i>
Southwark	Edwd. Alexander, 32, <i>Oakhurst Grove,</i> <i>East Dulwich.</i>
Westminster & Longford	H. Neighbour, 127, <i>High Holborn,</i> <i>W. C.</i>
Kingston	Geo. Barrett, <i>High St., Croydon.</i>
Tottenham	John Harrison, <i>Talbot Road,</i> <i>Tottenham.</i>

Norfolk, Cambridgeshire and Huntingdonshire Q. M.

Cambridge & Huntingdon M. M..	
Lynn	Daniel C. Burlingham, <i>Lynn.</i>
Norwich	} George Ringer, <i>Diss.</i>
Tivetshall	

ALL CERTIFICATES

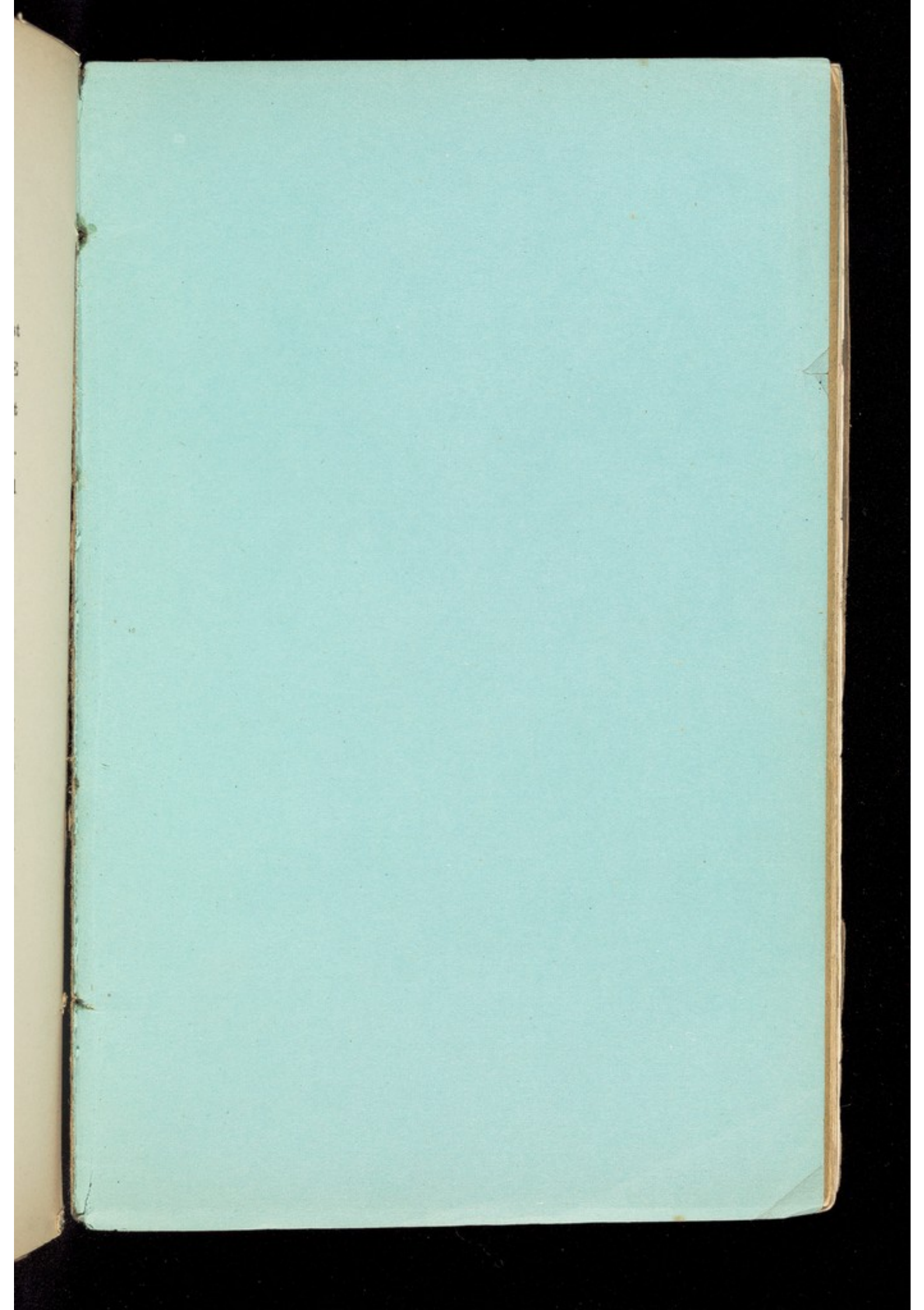
FOR

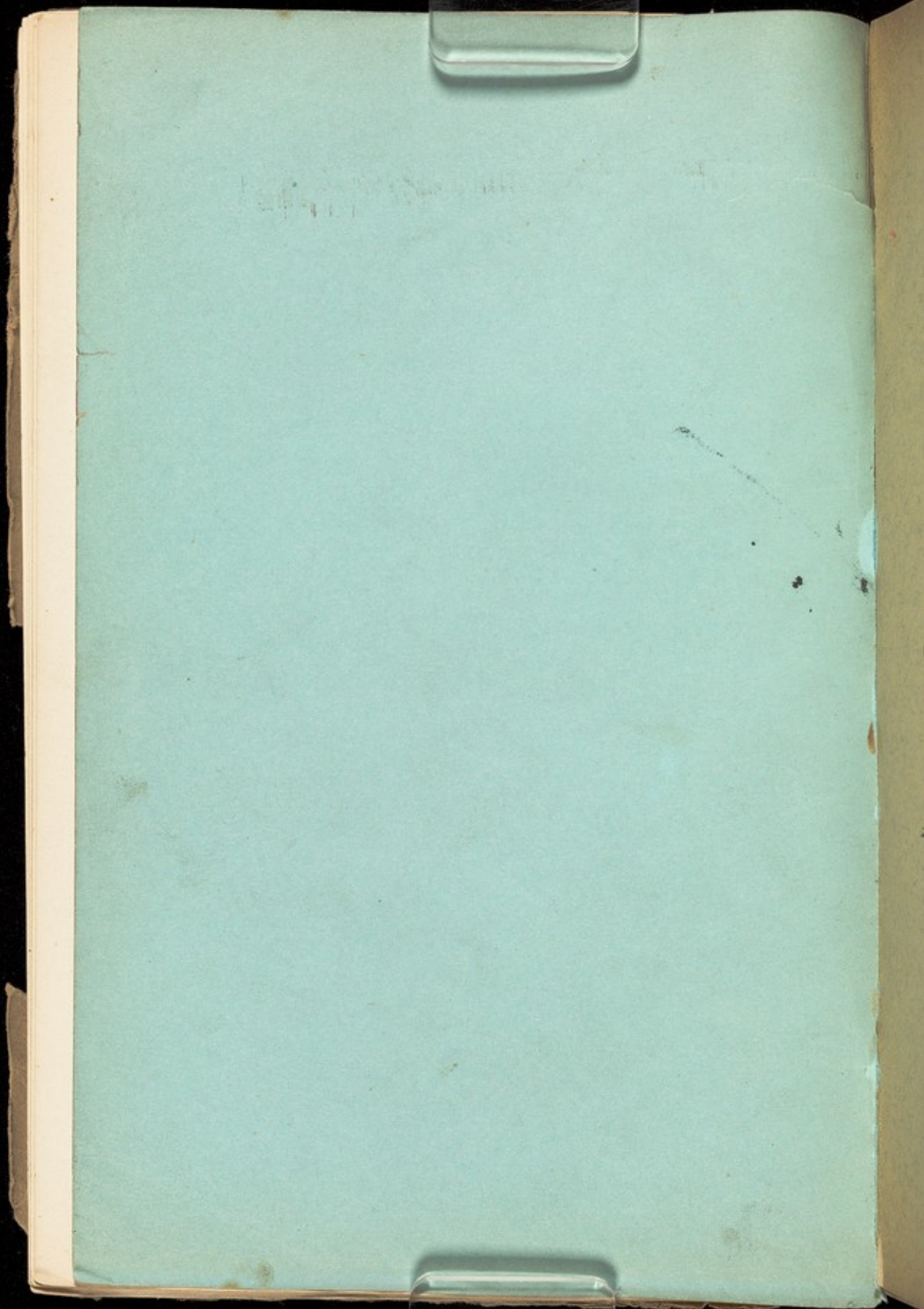
INSANE PERSONS PLACED UNDER CARE IN AN ASYLUM, must be signed by TWO Medical Men, and that on SEPARATE examinations of the Patient; and EACH examination must be made within SEVEN DAYS of the Patient's admission. No patient can under any circumstances be admitted without a Certificate.

FORM OF A BEQUEST.

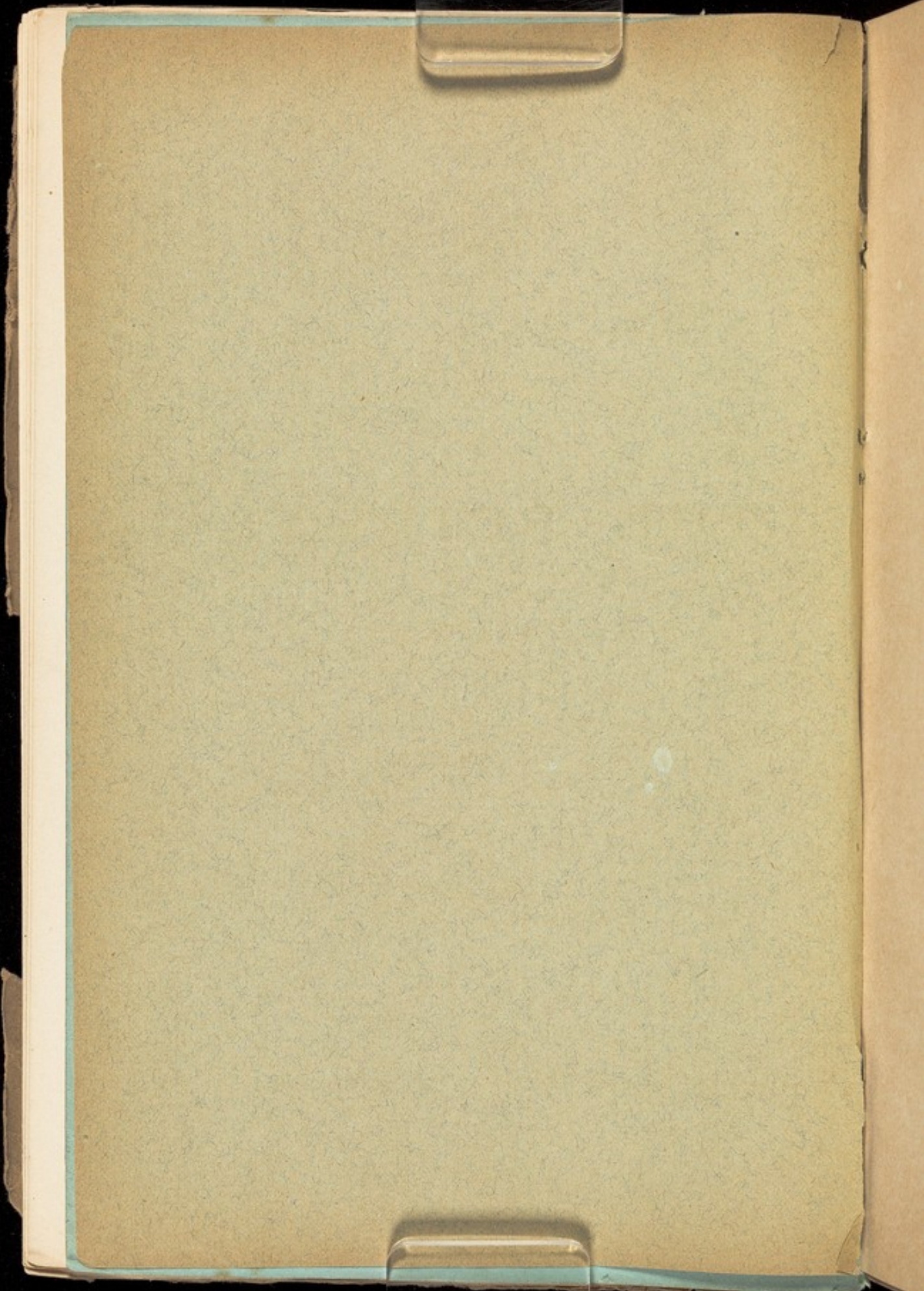
I bequeath to the Treasurer for the time being, of an Institution near York, called *The Retreat for Persons afflicted with disorders of the mind among the Society of Friends*, the sum of
to be paid out of such part of my personal Estate, as shall not consist of chattels real, and applied for the purposes of the said Institution; and for which the receipt of such Treasurer shall be a sufficient discharge.

William Sessions, Printer, 15 & 16, Low Ousegate, York.





THE
NINETY-FOURTH REPORT
OF
THE RETREAT,
YORK,
1890.

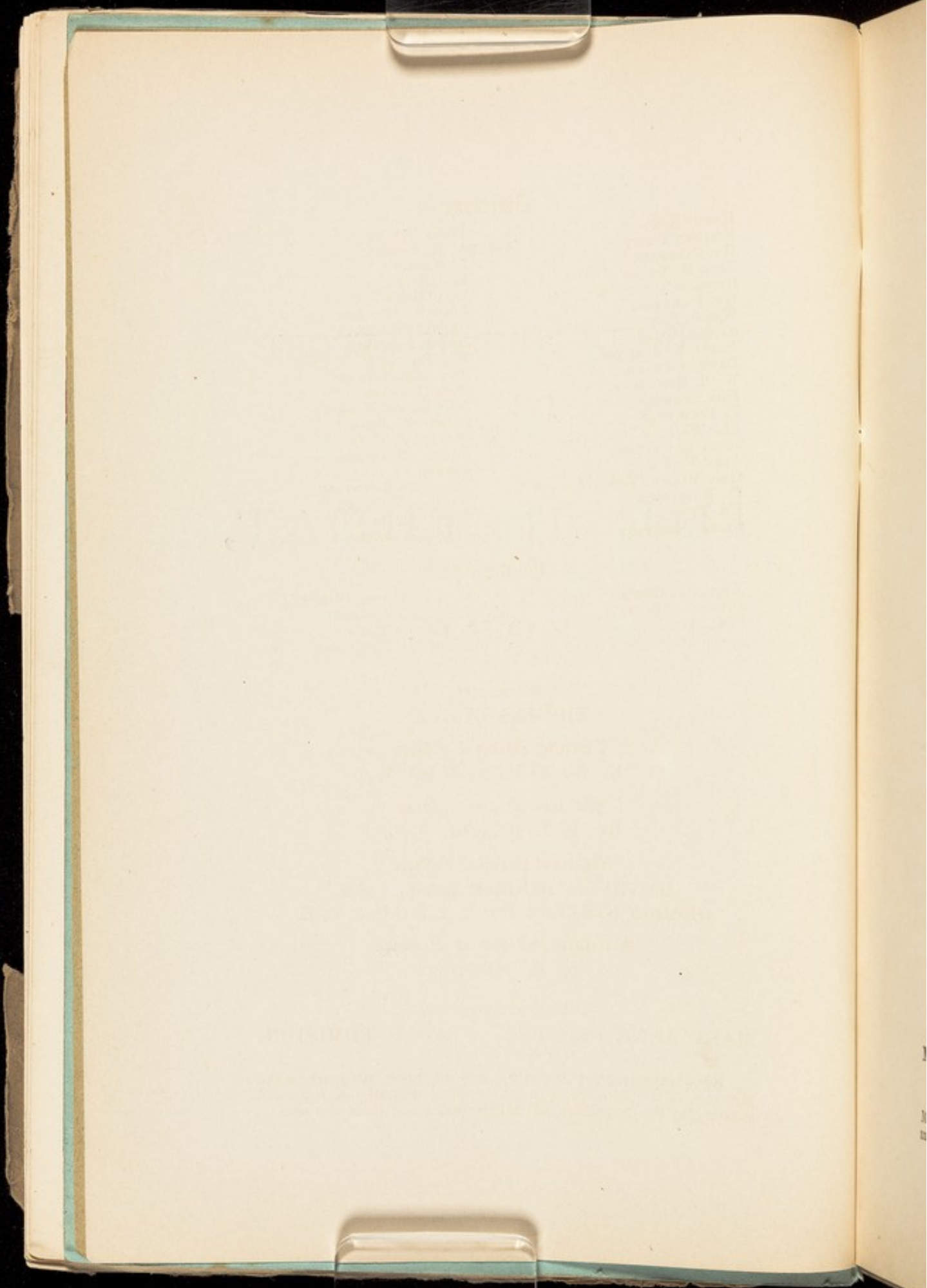


THE
NINETY-FOURTH REPORT
OF
THE RETREAT,
YORK.

1890.



YORK:
WM. SESSIONS, PRINTER, 15 & 16, LOW OUSEGATE
1890.



Directors

HENRY KING
FIELDEN THORP
HY. CARPENTER
JOHN H. THORP
RICHARD THOMPSON
HY. PICKERING
WM. S. KING
SAMUEL GILL
JOSEPH EDMONDSON
DAVID PICKARD
W. S. ROWNTREE
JOSH. TAYLOR
E. PRIESTMAN
ED. WALKER
JOSH. ROWNTREE
JOHN F. FRYER
GEO. BAKER (York)
H. RICHARDSON
ED. TUKE
CHRIS. ROBINSON

THOS. CONING
A. H. SPENCE
J. WHITING
ED. LITTLE
ISAAC GRAY WALLIS
JOHN W. PROCTER
CHARLES BINNS
JOSHUA SMITHSON
WM. ROBINSON
FREDK. PRIESTMAN
JOHN GLAISYER
JOHN EDWD. WILSON
JOSHUA W. ROBSON
WALTER J. KAYE
EDWARD STANDING
ALFRED PRIESTMAN
THEODORE ROWNTREE
WILLIAM WHITING
JOHN WM. HALL
FREDK. ANDREWS

Committee

JOSEPH F. CLARK
JONATHAN BURTT
WM. HARVEY
JOS. ROWNTREE

JOHN ROWNTREE (Scarbro')
RICHARD THOMPSON
JOSEPH S. GRAY
FREDERICK PRIESTMAN

THE TREASURER.

Treasurer

THOMAS BURTT.

Visiting Medical Officer

S. W. NORTH, M.R.C.S.

Medical Superintendent

ROBERT BAKER, M.D.

Assistant Medical Officers

HENRY J. HIND, M.R.C.S., L.S.A.

GEORGE STEVENS POPE, L.R.C.P. & S., E.

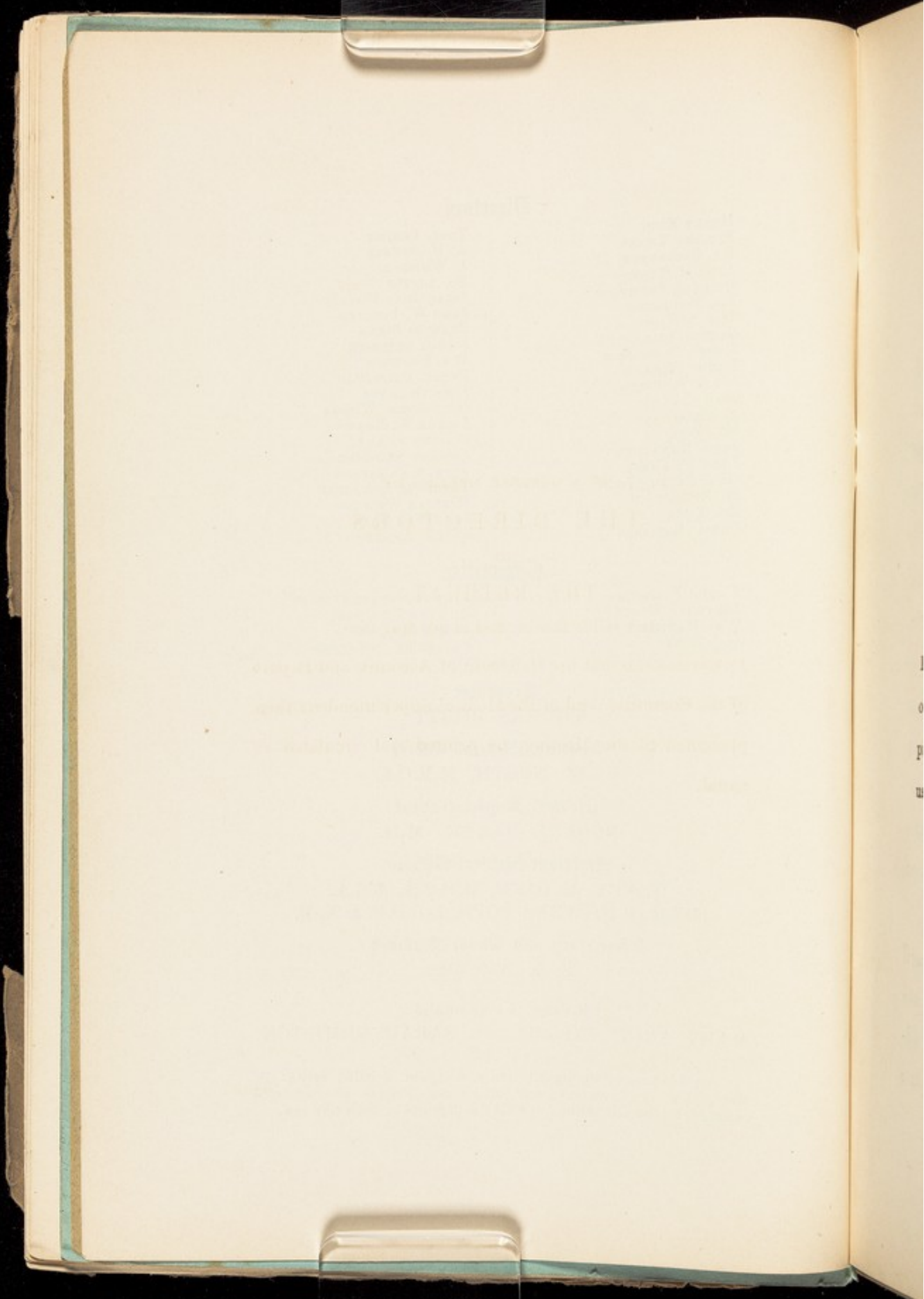
Secretary and House Steward

S. E. WOODS.

Ladies' Companions.

MARY ANNE FELGATE. SARAH EDMISTON.

Visitors to the Institution are appointed half-yearly at the Meetings of the Directors; and three female Friends are requested monthly, by the Committee, to visit the patients of their own sex.



AT A GENERAL MEETING OF
THE DIRECTORS
OF
THE RETREAT,

Held at the Retreat, 23rd of 9th Mo., 1890,

IT WAS AGREED that the statement of Accounts and Report
of the Committee and of the Medical Superintendent, then
presented to the Meeting, be printed and circulated as
usual.

REPORT OF THE COMMITTEE.

OF THE RETREAT

TO THE GENERAL MEETING OF DIRECTORS, 1890.

In presenting the Ninety-fourth Annual Report of the York Retreat, the Committee have to state that on the 30th of 6th month, 1890, there were in the Institution 156 patients, viz. : 57 men and 99 women. Of these, 17 men and 41 women had no connection with the society of Friends.

The admissions, discharges, and deaths are recorded in detail in the Superintendent's Report.

The Official Auditors have as usual examined the accounts and vouchers of the year, and have certified the accuracy of the Balance Sheet. Three friends, appointed by the Directors have also examined the books of this Hospital, and have advised with us on several points of detail.

The Committee believe that the West Villa will be ready for occupation in November, and they are of opinion that when completed it will afford admirable accommodation for the treatment of acute cases of Insanity.

From an examination of the Balance Sheet it will be seen that there is again, this year, a considerable deficit, viz. : £1163 13s. 5d., but it should be always remembered that this apparently unsatisfactory result is mitigated by the following facts, viz. :

a. That 46 patients have received all the care and comforts of the Retreat at the extremely low charge of 10s. per week.

b. That 88 patients have received charitable aid from the Retreat income, in that there has been paid for them less than their cost.

c. That extensive alterations, repairs and improvements have been carried out during the year at a cost of £1603 13s. 5d., *and paid for out of Revenue.*

d. That the Balance Sheet shews that the sum of £1005 18s. 1d. has been debited this year on account of supposed depreciation in furniture, linen, &c.

In conclusion the Committee desire to express their belief that it has been the earnest desire of their employées, to perform conscientiously, the duties of their difficult ministry.

THOMAS BURTT,
Treasurer.

ANNUAL STATEMENT FOR THE YEAR ENDING 31ST 3RD Mo., 1890.

INCOME.			EXPENDITURE.		
	£.	s. d.	£.	s. d.	£. s. d.
To Clark's Gift	4	0 0	By House Expenses	-	- 8,211 0 8
Dann's Bequest	1	7 0	Salaries and Wages	-	- 4,880 4 10
Rent	62	15 0	Stables, Carriages, and Cowhouse Expenses (including Wages)	-	- 210 3 0
Discounts, and Interest received on patients overdue accounts	81	13 1	Garden (including Wages)	-	- 529 16 9
Dividend, Morecambe Pier Compy.	5	0 0	Rates, Taxes and Insurance	-	- 341 16 11
Baths	23	2 6	Incidental Expenses	-	- 142 5 11
Consultation Fees	474	1 6	Drugs, Instruments, &c.	-	- 76 7 10
Board of Patients	16,321	9 4	Postage, Telegrams and Carriage	-	- 40 8 11
Loss for the year	1163	13 5	Library, Stationery, and Printing	-	- 122 10 5
			Perishables	-	- 102 1 8
			Amusements	-	- 31 12 6
					14,688 9 5
			Repairs and Alterations, including New Block of Lavatories, 4th and 6th Galleries, £351 12s 8d; Alterations in 1st Gallery, £166 13s.; Steam Shaft, £44 14s. 9d.		1603 13 5
			Joiner's Shop		178 16 8
			Auditors' Charges		21 0 0
			Interest on Loans		600 0 0
			Depreciation on Linen, &c. 15 per cent		233 19 3
			Ditto Furniture, 7½ per cent		644 3 0
			Ditto Boilers, &c., 10 per cent		92 19 0
			Ditto Greenhouses 10 per cent		34 16 10
			Annuitants		22 0 0
			Increase of provision for Bad Debts		17 4 3
					3,448 12 5
					£18,137 1 10

We have examined the above accounts and find them to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.
 3rd IX. mo., 1890.

BARBER BROS. & WORTLEY,
 Chartered Accountants.

BALANCE SHEET.

31st 3rd Mo., 1890.

LIABILITIES.	£.	s.	d.	ASSETS.	£.	s.	d.
To York City and County Bank - - - - -	4,130	16	3	By Land and Buildings as last year - - - - -	38,982	9	11
Tradesmen's Accounts owing, &c. - - - - -	1,676	11	1	Belle Vue Estate - - - - -	4,000	0	0
Loans - - - - -	13,910	0	0	Bleasdale's Fields - - - - -	7,757	6	0
Stock, Balance in favour of the				Cottage Hospital and Land - - - - -	1,181	8	0
Institution - - - - -	52,967	17	8	New Entrance Lodge and Mortuary - - - - -	1,978	16	9
Decrease this year - - - - -	1163	13	5	Ladies' New West Villa, on account - - - - -	1,448	0	0
	51,804	4	3	Boilers, Heating Apparatus and Hydrants - - - - -	836	10	11
				Greenhouses - - - - -	313	11	10
				Furniture - - - - -	7,944	11	6
				Linen, Bedding, &c. - - - - -	1,325	15	1
				Morecambe Pier Shares - - - - -	100	0	0
				Amount owing by Patients and others - - - - -	4,953	12	7
				Less Provision for doubtful debts - - - - -	148	12	3
				Stock in House - - - - -	4,805	0	4
				Apothecary's Shop - - - - -	19	11	0
				Joiner's Shop - - - - -	50	0	0
				Library - - - - -	250	13	6
				Stables (Carriages, Live Stock, &c.) - - - - -	50	0	0
				Garden - - - - -	199	0	0
				Cash in hand - - - - -	214	14	0
					61	2	9
					£71,521	11	7

We have examined this Balance Sheet and find it to be correct and in due accordance, as regards detail, with the
 Books and Accounts of the office.
 3rd IX. mo., 1890.

BARBER BROS. & WORTLEY,
 Chartered Accountants.

COMPARISON OF HOUSEKEEPING EXPENSES.

Year ending 3rd Mo. 31st, 1889.

	£.	s.	d.
Meat, 5,781 st. @ 8/8 to 9/6 per st. and Sundries.....	2,546	11	5
Bacon and Ham	144	18	1
Poultry and Game	157	1	9
Fish	167	11	11
Milk, 16,184 gallons @ 10 $\frac{1}{2}$ d. and 1s.	752	12	3
Butter, 7,747 lbs. @ from 11d. to 1s. 8d.	517	9	2
Eggs, 66,712	293	2	10
Cheese	95	13	2
Flour, and Bread	506	18	6
Cakes and Confectionery	99	15	9
Rice, Sago, &c.	46	15	6
Tea, Coffee, and Cocoa	384	10	7
Sugar	171	12	10
General Small Groceries	312	13	4
Fruit and Vegetables	432	12	0
Soap, Soda, and Starch	144	4	6
Gas, Candles and Oil	408	2	4
Coal and Coke	697	17	4
Water	110	12	2
	£7,970	15	5
Less Dripping Sold	29	6	9
" Bones and Swill Sold.....	25	8	0
" Sundries	10	2	2
	64	16	11
	£7,905	18	6

Family 253, exclusive of visitors.

Year ending 3rd Mo. 31st, 1890.

	£.	s.	d.
Meat, 5,844 st. @ 8/8 to 10/- per st. and Sundries ..	2,697	10	4
Bacon and Ham	156	14	0
Poultry and Game	175	3	10
Fish	159	3	2
Milk, 17,219 gallons at 10 $\frac{1}{2}$ d. and 1s.	781	7	4
Butter, 7,516 lbs. at from 11d. to 1/7	507	4	0
Eggs, 64,211	288	14	10
Cheese	71	12	6
Flour and Bread	540	8	9
Cakes and Confectionery	112	5	8
Rice, Sago, &c.	42	16	6
Tea, Coffee, and Cocoa	386	0	10
Sugar	208	16	0
General Small Groceries	276	3	4
Fruit and Vegetables	517	11	4
Soap, Soda, and Starch	157	5	8
Gas, Candles and Oil	388	11	2
Coal and Coke	685	17	8
Water	118	16	10
	£8,272	3	9
Less Dripping Sold.....	28	10	0
" Bones and Swill Sold.....	22	0	0
" Sundries	10	13	1
	61	3	1
	£8,211	0	8

Family 258, exclusive of visitors.

Med
 Is pres
 Ink Retr
 of steady p
 At the d
 tion 156
 admissions
 17 women.
 patients, lea
 women.
 Class I. Cas
 than three
 Class II. C
 three, but n
 Class III.
 than 12 mo
 Class IV. Ca
 of more than
 Class V. Co
 Twenty-four

Report

OF THE

Medical Superintendent.

IN presenting the Ninety-fourth Annual Report of the York Retreat I have again to review the history of a year of steady progressive development.

At the date of last year's Report there were in the Institution 156 patients, viz: 60 men, and 96 women. The admissions during the year have been 28, viz: 11 men, and 17 women. There have been discharged and died 28 patients, leaving on the Register 156, viz: 57 men, and 99 women.

Table shewing the Admissions.

	M.	F.	T.
CLASS I. Cases of first attack and of not more than three months' duration	6	10	16
CLASS II. Cases of first attack and of more than three, but not more than 12 months' duration	1	2	3
CLASS III. Cases not of first attack and more than 12 months' duration.....	1	3	4
CLASS IV. Cases of first or not first attack and of more than 12 months' duration	2	2	4
CLASS V. Congenital.....	1	0	1
	11 + 17 =		28

Twenty-four of these admissions were fresh cases here,

Less Dripping Sold..... 28 10 0
 " Bones and Swill Sold..... 22 0 0
 " Sundries..... 10 12 1
 61 21 1

29 6 0
 " Bones and Swill Sold..... 25 8 0
 " Sundries..... 10 2 2
 64 16 11

29 6 0
 " Bones and Swill Sold..... 25 8 0
 " Sundries..... 10 2 2

four had previously been in other Institutions for the Insane, and twenty-one were unconnected with the Society of Friends.

Of the patients at present in the Retreat there are—

	M.	F.	T.
Members of the Society of Friends	33	48	81
Connected with Friends	7	10	17
Non-Friends	17	41	58
	<hr/>		
	57 + 99 =		156
	<hr/>		

Twelve patients were admitted in a condition of Mania, five in a condition of Melancholia, one in a condition of General Paralysis of the Insane, one in a condition of Dementia, eight in a condition of Delusional Insanity, and one in a condition of Epileptic Insanity. Twenty-five per cent. of the admissions were Members of the Society of Friends, or closely connected, as against 37·58 per cent. last year. Ten patients were discharged Recovered, viz. : three men and seven women, the percentage of the recoveries calculated on the number of persons admitted, being at the rate of 35·71 per cent.

The highest number of patients resident during the year was 163, and the lowest 154.

Seven deaths have occurred, being at the rate of 4·41 per cent. on the average number resident. The average age of the males at death was 42·25, and of the females 61·66, mean 50·57. All the deaths were from natural causes.

The shortest time of residence amongst those who died was thirteen months, and the longest eighteen years, eleven weeks, and three days.

By reference to the statistical tables it will be seen that there have been under care and treatment, during the past year, an average of 158·58 patients. The average weekly cost of maintenance per patient for the financial year, has been 36s. 2d. as against 37s. 2d. last year. The average weekly payment per patient has been 39s. 5 $\frac{3}{4}$ d. as against 40s. 3 $\frac{3}{4}$ d. last year.

The Commissioners in Lunacy have visited the Hospital twice during the year, and written favourable Reports.

The following alterations have been carried out during the past year.

(A.) The new block of buildings providing better Lavatory and W. C. accommodation in connection with the Women's fourth and sixth Galleries has been completed, at a cost of £350, and in association with some other rooms which have been released for the purposes of store-rooms, &c., has greatly added to the comfort and convenience of these Galleries.

(B.) The works connected with the building of the West Villa have been carried on during the year, and are rapidly approaching completion, the building is expected to be ready for occupation in November. It has been carried

out generally as fully described in last year's Report, but more mature consideration has suggested the desirability of occupying the new rooms more largely as day-rooms than was originally contemplated, and transferring some of the patients to the main building to sleep; this general idea has involved some minor alterations in the disposition of the rooms, but not to any large extent. The scheme of lighting this building by electricity has been very carefully re-considered, and developed so as to make provision, if necessary, for an extension of the system, to some extent, to the main building. It has been thought desirable to remove the engine for working the electric lighting entirely from its connection with the new building, and to place it in association with the present engine and boilers in the Kitchen court, so as to prevent the possibility of any inconvenience from vibration.

(C.) It having been found necessary to provide more efficient means for removing the steam used in cooking in the principal Kitchen, an external shaft fitted with a steam coil has been erected at a cost (including sundry minor alterations) of £40, and has been found to answer the purpose efficiently.

(D.) A new boiler has been placed in the basement for heating the Women's fifth and sixth Galleries at a cost of £45, and a further sum of £35 has been expended in providing coils for heating the bedrooms in the Women's

fifth Gallery, doing away with the objectionable floor gratings previously employed.

(E.) The whole of the South Front of the main building externally, has been repainted, and the Women's fourth Gallery and the Saloon, and the Women's sixth Gallery have been re-papered and decorated.

In conclusion I desire to record my sense of deep indebtedness to all the members of the Retreat staff, who during a year of manifold responsibilities and some unlooked for anxieties, have striven to aid me in my daily desire to perform faithfully and conscientiously, the many onerous and arduous duties of my responsible office.

ROBERT BAKER, M.D.,
Superintendent.

TABLE I.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES AND DEATHS, DURING THE YEAR ENDING 30th JUNE, 1890.

	Male.	Fem.	Total	Male.	Female.	Total.
In the Institution, July 1st, 1889 ..				60	96	156
Cases admitted—						
First admissions	10	14	24			
Not first admissions	1	3	4			
Total cases admitted during the year				11	17	28
Total cases under care during the year				71	113	184
Cases discharged—						
Recovered	3	7	10			
Relieved	7	3	10			
Not improved	1	1			
Died	4	3	7			
Total cases discharged and died during the year				14	14	28
Remaining in the Institution, 30th June, 1890				57	99	156
Average numbers resident during the year				60.08	98.50	158.58
Persons* under care during the year †				71	112	183
Persons admitted				11	16	27
Persons recovered				3	7	10
Transferred to the Retreat
Transferred from the Retreat				4	2	6

* Persons, *i. e.* :—separate persons in contradistinction to “cases” which may include the same individual more than once.

† Total cases, minus re-admissions of patients discharged during the current year.

TABLE I A.—Showing (1) the Previous Attacks among Persons Admitted during the year 1889—90, and (2) the Number of Times they had Previously Recovered in this or any Asylum.

(1) Number of previous Attacks.	PERSONS.		
	Male.	Female.	Total.
Have had 1 attack	1	2	3
„ 2 attacks
„ 3 „
„ 4 „
„ more than 4 attacks

(2) Number of times Patients Recovered.	In this Asylum.			In any other Asylum.		
	M.	F.	T.	M.	F.	T.
Once	1	2	3
Twice
3 times
4 „
5 „
More than 5 times

TABLE II.—
 DEATHS, 1889—90
 Persons admitted during the year 1889—90
 Total cases admitted during the year 1889—90
 Discharged during the year 1889—90
 Recovered during the year 1889—90
 Believed recovered during the year 1889—90
 Not improved during the year 1889—90
 Died during the year 1889—90
 Total cases died since the Institution was opened
 Remaining in the Institution on 30th June 1890
 Average number of persons under care during the year 1889—90
 Transferred to the Retreat during the year 1889—90
 Transferred from the Retreat during the year 1889—90
 The total number of persons admitted during the year 1889—90
 TABLE II A.—
 from the year 1889 to 1890
 (14 years)
 Persons admitted during the year 1889—90
 Persons discharged during the year 1889—90
 Total cases admitted during the year 1889—90
 Discharged during the year 1889—90
 Recovered during the year 1889—90
 Believed recovered during the year 1889—90
 Not improved during the year 1889—90
 Died during the year 1889—90
 Total cases died since the Institution was opened
 Remaining in the Institution on 30th June 1890
 Average number of persons under care during the year 1889—90
 Transferred to the Retreat during the year 1889—90
 Transferred from the Retreat during the year 1889—90
 The total number of persons admitted during the year 1889—90
 * Persons, *i. e.* :—separate persons in contradistinction to “cases” which may include the same individual more than once.

TABLE II.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES, AND DEATHS, FROM THE OPENING OF THE INSTITUTION TO THE 30th JUNE, 1890.

	Male.	Female.	Total.	Male.	Female.	Total.
<i>Persons</i> admitted during the period of 94 years.....	614	714	1328			
Re-admissions	146	211	357			
Total <i>cases</i> admitted				760	925	1685
Discharged <i>cases</i> —						
Recovered	286	405	691			
Relieved	130	107	237			
Not Improved	36	46	82			
Died	251	268	519			
Total <i>cases</i> discharged and died since the opening of the Institution				703	826	1529
Remaining 30th June, 1890 ..				57	99	156
Average numbers resident during the 94 years				39·91	59·09	99·00
Transferred to the Retreat } since 1845				37	35	72
Transferred from the Retreat }				25	24	49

There have been 14 cases of informal admission, viz:— 8 males and 6 females, which are not included in any of the tables either as admissions, or discharges, or in the calculation of percentages.

TABLE II A.—Showing the Admissions and Recoveries of PERSONS* from the opening of the Institution to the 30th June, 1890 (94 years).

	Male.	Fem.	Total.
<i>Persons</i> admitted during the 94 years	614	714	1328
<i>Persons</i> discharged recovered during the same period, being males 36·80, females 39·22, total 38·25 per cent. of <i>persons</i> admitted	226	282	508
Of whom were re-admitted relapsed (<i>Persons</i>)	81	100	181
Recovered <i>persons</i> who have not relapsed	145	182	327
Relapsed <i>persons</i> discharged recovered (after last re-admissions, if relapsed more than once)	32	38	70
Net recovered <i>persons</i> , being males 28·82, females 30·81, total 29·89 per cent. of <i>persons</i> admitted ..	177	220	397

* *Persons*, *i. e.*, separate persons in contradistinction to "*cases*" which may include the same individual more than once.

TABLE IV.—SHOWING THE HISTORY OF THE ANNUAL ADMISSIONS SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796), AND THE DISCHARGES AND DEATHS, AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH JUNE OF THE YEAR REPORTED ON.

YEAR.	Admitted.			Of each Year's Admissions, Discharged and Died in 1889—1890.						Total Discharged and Died of each Year's Admissions to June 30th, 1890.						Remaining of each Year's Admissions June 30, 1890.									
	New Cases.		Relapsed Cases.	Recovered.		Relieved.		Not Improved.		Died.		Recovered.		Relieved.		Not Improved.		Died.		Male.	Female.	Total.			
	Male.	Female.		Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.						
1796 to 1880	505	579	129	193	1406	1	1	1	1	2	248	364	612	98	174	33	40	73	229	246	475	26	46	72	
1881	11	13	24	5	2	7	1	8	3	2	5	2	1	3	
1882	8	14	4	4	30	7	4	11	3	1	4	1	1	..	1	6	7	
1883	8	12	4	3	27	7	3	10	..	1	1	2	2	..	2	4	7	
1884	10	11	3	..	24	5	3	8	..	3	7	1	2	3	1	4	10	
1885	14	11	2	3	30	1	3	7	10	5	4	9	1	1	2	2	4	5	
1886	12	16	28	4	1	5	7	2	9	..	1	1	2	5	6	
1887	15	16	1	2	34	1	1	5	6	3	7	10	..	1	8	2	10	7	
1888	11	11	1	2	25	3	7	10	3	3	6	..	1	1	3	3	8	
1889	10	17	1	1	29	1	1	2	..	3	1	4	5	3	1	4	..	1	3	..	4	5	
1890	10	14	1	3	28	2	5	7	3	4	2	5	7	3	1	4	16
Total ..	614	714	146	211	1685	3	7	10	7	3	286	405	691	130	107	237	36	46	82	251	268	519	57	99	156

SUMMARY OF TOTAL ADMISSIONS OF CASES, 1796 to 1890.

Cases.	Percentage of Total Admissions of Cases, 1796 to 1890.	
	Male.	Female.
Percentage of Cases Recovered	37.63	43.78
" Relieved	17.10	11.56
" Not Improved	4.73	4.97
" Died	33.03	28.97
" Remaining	7.52	10.72
Total	100.00	100.00

TABLE V.—SHOWING THE CAUSES OF DEATH DURING THE YEAR 1889-1890, TOGETHER WITH THE AGES AT DEATH.

CAUSES OF DEATH.	Under 15 years.		15 and under 20.		20 and under 25.		25 and under 30.		30 and under 35.		35 and under 40.		40 and under 45.		45 and under 50.		50 and under 55.		55 and under 60.		60 and under 65.		65 and under 70.		70 and under 75.		75 and under 80.		80 and under 85.		85 and under 100.		Not known.		Totals.				
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F					
Syncope from General Exhaustion									1																											1			
General Paralysis of the Insane											1			1	2	1																				3	1	4	
Softening of Brain (White)																																					1	1	
Caries of Spine																																					1	1	
Totals									1		1			1	2	1																					4	3	7

TABLE V.—SHOWING THE CAUSES OF DEATH DURING THE YEAR 1889-1890, TOGETHER WITH THE AGES AT DEATH. (Continued from page 100.)

TABLE VI.—SHOWING THE LENGTH OF RESIDENCE IN THOSE DISCHARGED, AND IN THOSE WHO HAVE DIED, DURING THE YEAR 1889-90; AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30th, 1890.

LENGTH OF RESIDENCE.	RECOVERED.			RELIEVED.			NOT IMPROVED.			DIED.			PATIENTS RESIDENT 30th JUNE, 1890.		
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
Under 1 month 2	.. 1	.. 3 1	.. 1 1	.. 2	.. 3	.. 1	.. 2	.. 3
1 month, and under 3 months 4	.. 4 2	.. 2 1	.. 3	.. 4
3 months, " " " " 1	.. 1 2	.. 2 1	.. 3	.. 4
6 " " " " " 1	.. 1 2	.. 2 1	.. 3	.. 4
9 " " " " "
1 year, and under 2 years
2 years
3 " " " " "
5 " " " " "
7 " " " " "
10 " " " " "
12 " " " " "
15 " " " " "
20 " " " " "
25 " " " " "
30 " " " " "
35 " " " " "
40 " " " " "
Upwards of 40 years
Total	3	7	10	7	3	10	..	1	1	4	3	7	57	99	156

11	17	28	3	7	10	7	3	10	4	3	7
TOTAL											

TABLE VIII.—SHOWING IN QUINQUENNIAL PERIODS THE AGES OF ALL CASES ADMITTED, DISCHARGED, AND DIED, DURING THE YEAR 1889-90, AND OF THOSE REMAINING IN THE INSTITUTION ON 30TH JUNE, 1890.

AGES.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1890.		
	Male.	Fem.	Total.	Recovered.			Removed Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
5 years, and under 10
10 "
15 "	1	..	1	1	..	1
20 "	1	..	1	1	..	1	3	..	3
25 "	2	1	3	1	..	1	8	4	12
30 "	..	1	1	4	9	13
35 "	1	5	6	1	..	1	6	10	16
40 "	3	1	4	9	9	18
45 "	..	1	1	2	8	10
50 "	2	2	4	3	9	12
55 "	..	2	2	6	10	16
60 "	1	1	2	6	8	14
65 "	..	1	1	2	11	13
70 "	1	2	3	1	..	1	6	11	17
75 "	1	6	7
80 "	2	2	2
85 "	1	1
90 "
95 "
100 "
Unknown
Total	11	17	28	3	7	10	7	4	11	4	3	7	57	99	156
Mean Age	43.27	47.82	46.03	39.00	48.28	45.50	49.28	45.25	47.81	42.25	61.66	50.57	46.01	53.79	50.96
Mean age at Death 1796—1890	56.60 61.11 58.12														

TABLE IX.—SHOWING THE CONDITION ON ADMISSION AS TO MARRIAGE, IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1889-90; AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30TH, 1890.

CONDITION IN REFERENCE TO MARRIAGE.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1890.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
Single	6	10	16	2	5	7	4	2	6	2	..	2	43	72	115
Married	4	5	9	..	2	2	3	2	5	2	1	3	13	16	29
Widowed	1	2	3	1	..	1	2	2	1	11	12
Unknown
Total	11	17	28	3	7	10	7	4	11	4	3	7	57	99	156

TABLE X.—SHOWING THE PROBABLE CAUSES OF DEATH IN THE PATIENTS ADMITTED DURING THE YEAR 1889-90. Number of instances in which each case was mentioned.

TABLE X.—SHOWING THE PROBABLE CAUSES OF INSANITY IN THE PATIENTS ADMITTED DURING THE YEAR 1889—90.

CAUSES OF INSANITY.	Number of Instances in which each case was assigned.											
	As predisposing cause.			As exciting cause.			As predisposing or exciting (where these could not be distinguished).			Total.		
	Admissions {			M. 11.			F. 17.			T. 28.		
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
MORAL.—												
Adverse circumstances & business anxieties	1	..	1	1	..	1
Domestic trouble (including loss of relatives)	2	..	2	2	..	2
Mental anxiety and overwork	3	3	3	3
Love affairs	1	1	1	1	2
Religious excitement	1	1	2	1	1	2
PHYSICAL:—												
Intemperance in drink	1	..	1	1	..	1
Epilepsy	1	1	..	1
Parturition and the puerperal state	3	3	3	3
Old age	1	1	2	2
Other bodily diseases or disorders	..	2	2	1	2	3	1	2	3
Previous attack	2
Hereditary (direct or collateral)	2	..	2	2
Unknown	2	..	2
	1	4	5

TABLE XI.—SHOWING THE FORM (ON ADMISSION) OF THE MENTAL DISORDERS IN THE ADMISSIONS, DISCHARGES, AND DEATHS OF THE YEAR 1889—90; AND THE FORM OF MENTAL DISORDER IN THE INMATES ON JUNE 30TH, 1890.

FORM OF MENTAL DISORDER.	ADMISSIONS.			DISCHARGES.						DEATHS.			Remaining June 30, 1890				
	Male	Fem.	Total	Recovered.			Relieved.			Not Improved			Male	Fem.	Total		
				Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total					
Congenital or infantile mental deficiency																	
<i>a.</i> with epilepsy	1		1						1								2
<i>b.</i> without epilepsy																	3
Epilepsy acquired	1		1														9
General Paralysis of the Insane	1		1														1
Acute Mania	5	6	11	3	3	6	1	1	2	1	3	1	1				19
Mania	2	2	4	1	1	2	1	1	2	1	3	1	1				11
Chronic Mania																	10
Recurrent Mania																	
Puerperal Mania	1		1														
Senile Mania	3	5	8	1	2	3	2	2	4	1	3	2	2				35
Delusional Mania	2	2	4	2	1	3	1	1	2	1	3	1	1				1
Acute Melancholia																	8
Chronic Melancholia																	1
Recurrent Melancholia																	
Senile Melancholia																	
Primary Dementia																	
Secondary Dementia																	
Senile Dementia	1		1														4
Organic Dementia (i.e. from tumours, syphilis, &c.)																	3
Moral Insanity																	
Total	11	17	28	3	7	10	7	3	10	3	10	1	1	4	3	7	156

TABLE XII.—SHOWING THE STATION OR OCCUPATION OF PATIENTS ADMITTED DURING
THE YEAR 1889-90.

MALES.		FEMALES.	
Assistant Paymaster in Navy.....	1	Caretaker at Friends' Meeting House ..	1
Clergyman	1	Hospital Nurse	1
Corn Miller	1	Housekeeper.....	1
Draper	1	Wife of Captain in Army	1
Engineer	1	" " Navy	1
Law Student.....	1	No Occupation	12
Mariner	1		
Medical Student	1		
Retired Grocer	1		
No Occupation	2		
Total.....	11	Total.....	17

TABLE XIII.—SHOWING THE NUMBER EMPLOYED, AND THE PRINCIPAL KINDS OF EMPLOYMENT, DURING THE YEAR 1889—90.

	Male.	Fem.	Total.
Agricultural and out-door employments	10	..	10
Mechanical employments or Fancy Work	5	12	17
House-work, principally	4	8	12
Needle-work, principally	1	15	16
Needle-work, occasionally	1	6	7
Reading, Writing, Music, &c. principally	18	13	31
More or less employed	39	54	93
For the most part unemployed, except in taking exercise	32	59	91
Total under care during the year	71	113	184

Bedf
Hertford
Luton &
Northam
Berk
Banbury
Beading
Winney
Brist
Bristol &
Frenchay
Middle D
North D
Shaheen
Wimshir
West Divi
Cornu
East Divi
West Divi
Cumb
Allendale
Cottle
Eim
Pardshaw
Derby
Brompton
Spaulding &
Chatterfield
Nottingham
Devons
East Division
West Division

PREFACE
9.

Em.	Total
..	10
12	17
8	12
15	18
6	7
13	31
54	93
59	91
113	184

AGENTS.

Bedfordshire Quarterly Meeting.

Hertford & Hitchin M. M. Edward Manser, *Hertford.*
 Luton & Leighton.....
 Northampton & Wellingboro'....

Berkshire and Oxfordshire Q. M.

Banbury M. M..... Chas. Gillett, *Banbury.*
 Reading & Warborough Joseph Huntley, *Reading.*
 Witney John M. Albright, *Charlbury.*

Bristol and Somerset Q. M.

Bristol M. M. } J. Thirnbeck Grace, *Bristol.*
 Frenchay }
 Middle Division of Somerset John W. C. Clothier, *Street.*
 North Division of "
 Shaftesbury and Sherborne Edwin Bracher.
 Wiltshire
 West Division of Somerset Joseph Holyland Fox, *Wellington.*

Cornwall Q. M.

East Division M. M.
 West Division

Cumberland and Northumberland Q. M.

Allendale M. M. } Hudson Scott, *Carlisle.*
 Carlisle }
 Holm }
 Pardshaw }

Derbyshire, Lincolnshire and Nottinghamshire Q. M.

Broughton & Gainsborough, }
 Spalding & Wainfleet }
 Chetterfield M. M. } J. B. Bowman, *Monyash, Bakewell.*
 Nottingham & Mansfield..... } Samuel F. Armitage, *Nottingham.*

Devonshire Q. M.

East Division M. M. Robert Dymond, *Exeter.*
 West Division Edward James, *Plymouth.*

Durham Q. M.

Darlington M. M.	William Taylor, <i>Middlesbro'.</i>
Guisbro'	Ralph Dixon, <i>Ayton, Northallerton</i>
Newcastle	James Richardson, <i>Newcastle.</i>
Richmond	Thomas Willis, Jun., <i>Carperby,</i> <i>Bedale.</i>

Essex and Suffolk Q. M.

Coggeshall M. M.	Robert Doubleday, <i>Coggeshall.</i>
Colchester	Wilson Marriage, <i>Dilbridge Hall,</i> <i>Colchester.</i>
Thaxted	Edmund B. Gibson, <i>Saffron Walden.</i>
Witham	Joseph Gripper, <i>Chelmsford.</i>
Woodbridge	Samuel Alexander, <i>The Bank,</i> <i>Woodbridge.</i>

Kent Q. M.

Folkestone M. M.	Henry Headley, <i>Canterbury.</i>
Rochester	Frederic Wheeler, <i>Rochester.</i>

Lancashire and Cheshire Q. M.

Cheshire M. M.	J. H. Neave, <i>Rainor, Macclesfield.</i>
Hardshaw, East ..	John Collinson, 13, <i>Heywood Street,</i> <i>Cheetham, Manchester.</i>
Hardshaw, West ..	
Lancaster	Wm. Pickard, <i>Oak Bank, Lancaster</i>
Marsden	{ Thos. Abbatt, <i>Kirkhall Place,</i> <i>Chorley Old Road, Bolton.</i>
Preston	John Satterthwaite, <i>Preston.</i>

London and Middlesex Q. M.

Devonshire House M.M.	{ Jos. Armfield, 1, <i>South Place,</i> <i>Finsbury, London, E. C.</i>
Ratcliff and Barking	Arthur Lister, <i>Leytonstone, N. E.</i>
Southwark	Edwd. Alexander, 32, <i>Oakhurst Grove,</i> <i>East Dulwich.</i>
Westminster & Longford	H. Neighbour, 127, <i>High Holborn,</i> <i>W. C.</i>
Kingston	Geo. Barrett, <i>High St., Croydon.</i>
Tottenham	John Harrison, <i>Talbot Road,</i> <i>Tottenham.</i>

Norfolk, Cambridgeshire and Huntingdonshire Q. M.

Cambridge & Huntingdon M. M. .	
Lynn	Daniel C. Burlingham, <i>Lnn.</i>
Norwich	} George Ringer, <i>Diss.</i>
Tivetshall	

Sussex, Surrey and Hants Q. M.

Alton M. M.
Dorking, Horsham and Guildford
Lewes and Chichester
Poole and Southampton

Warwickshire, Leicestershire & Staffordshire Q. M.

Leicester M. M.
Staffordshire { Ruitier Sholl, *Selwynn Road,*
Margate, Kent.
Warwickshire, North } John Bottomley, *Birmingham.*
Warwickshire, South

Western Q. M.

Gloucester & Nailsworth M.M.
Herefordshire & Radnorshire { Josiah Newman, *Leominster.*
South Division of Wales { Charles S. Price, *Bryn Derwen,*
near Neath.
Worcestershire & Shropshire

Westmoreland Q. M.

Kendal M.M. John Farrar, *Kendal.*
Sedbergh { Samuel Harper, *Morton Pits,*
Sedbergh.
Strickland Wm. Satterthwaite, *Esthwaite How,*
Swarthmore *Sawrey, Ambleside.*

Yorkshire Q. M.

Balby M. M. Daniel Doncaster, *Sheffield.*
Brighouse George Tatham, *Leeds.*
Pickering and Hull Alfred West, *Huy.*
Pontefract Charles Brady, *Barnsley.*
York Henry King, *York.*

Scotland.

Edinburgh

ALL CERTIFICATES

FOR

INSANE PERSONS PLACED UNDER CARE IN AN ASYLUM, must be signed by TWO Medical Men, and that on SEPARATE examinations of the Patient; and EACH examination must be made within SEVEN DAYS of the Patient's admission. No patient can under any circumstances be admitted without a Certificate.

FORM OF A BEQUEST.

I bequeath to the Treasurer for the time being, of an Institution near York, called *The Retreat for Persons afflicted with disorders of the mind among the Society of Friends*, the sum of

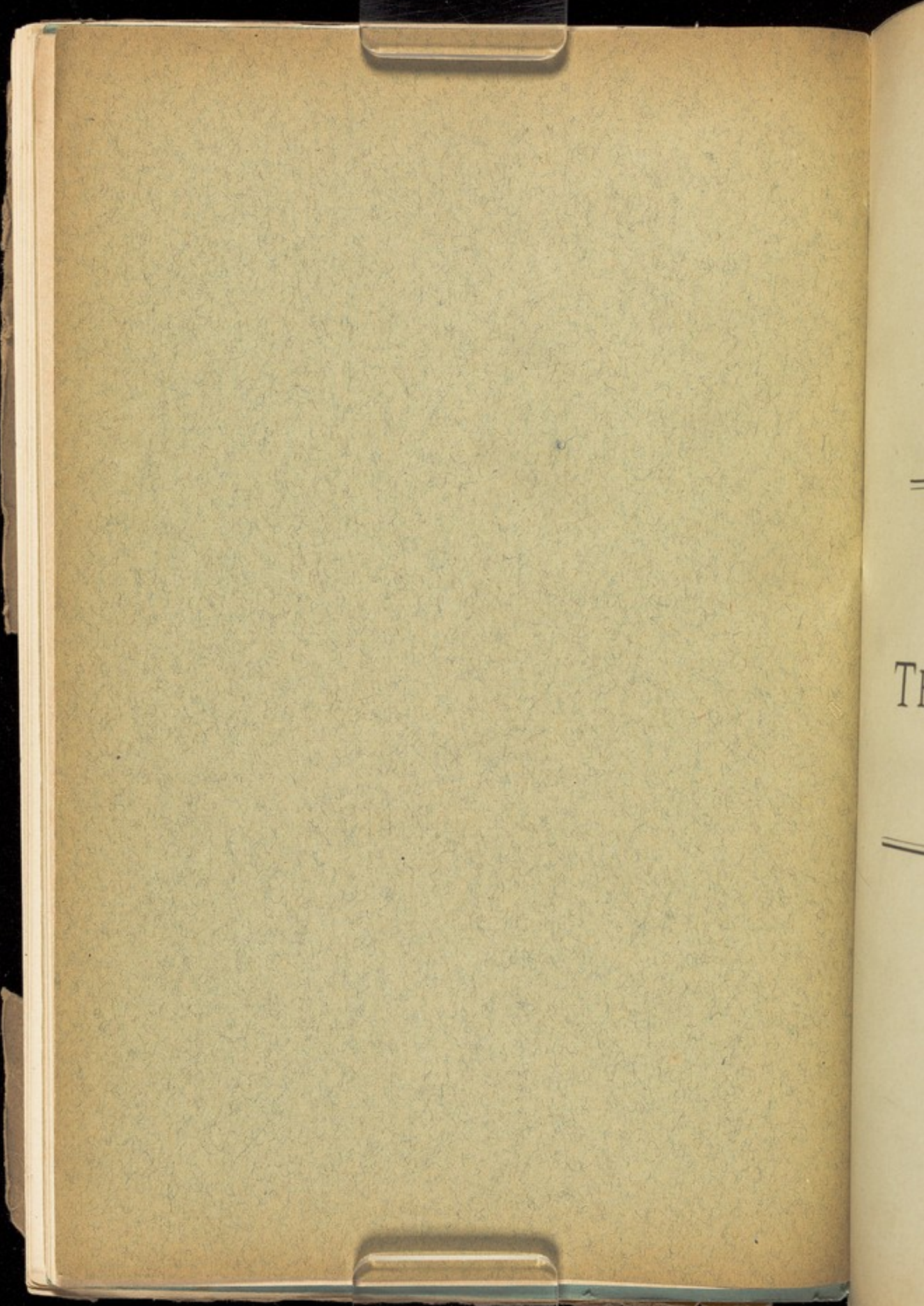
to be paid out of such part of my personal Estate, as shall not consist of chattels real, and applied for the purposes of the said Institution; and for which the receipt of such Treasurer shall be a sufficient discharge.

William Sessions, Printer, 15 & 16, Low Ousegate, York.

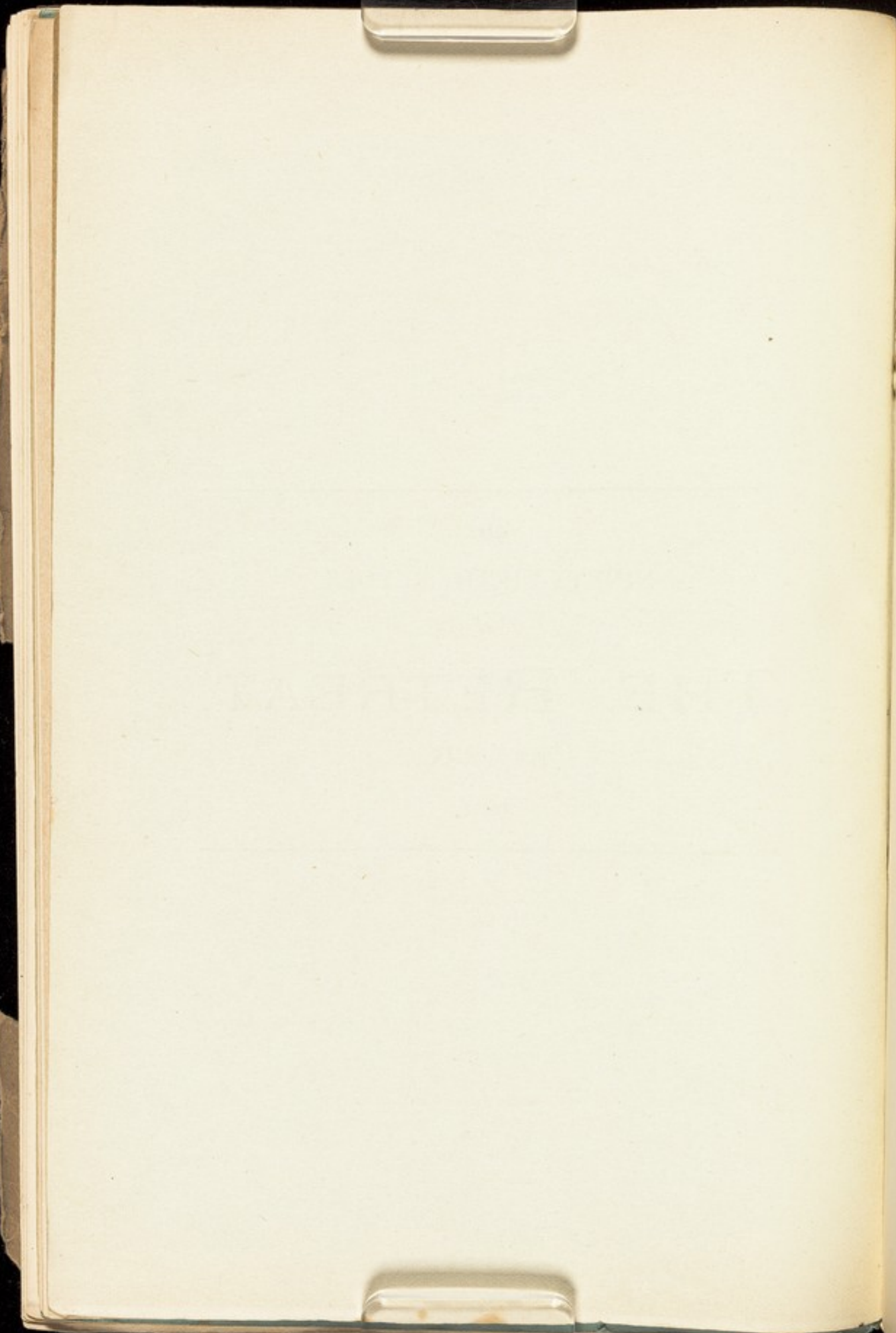
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THE
NINETY-FIFTH REPORT
OF
THE RETREAT,
YORK,
1891.



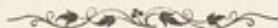
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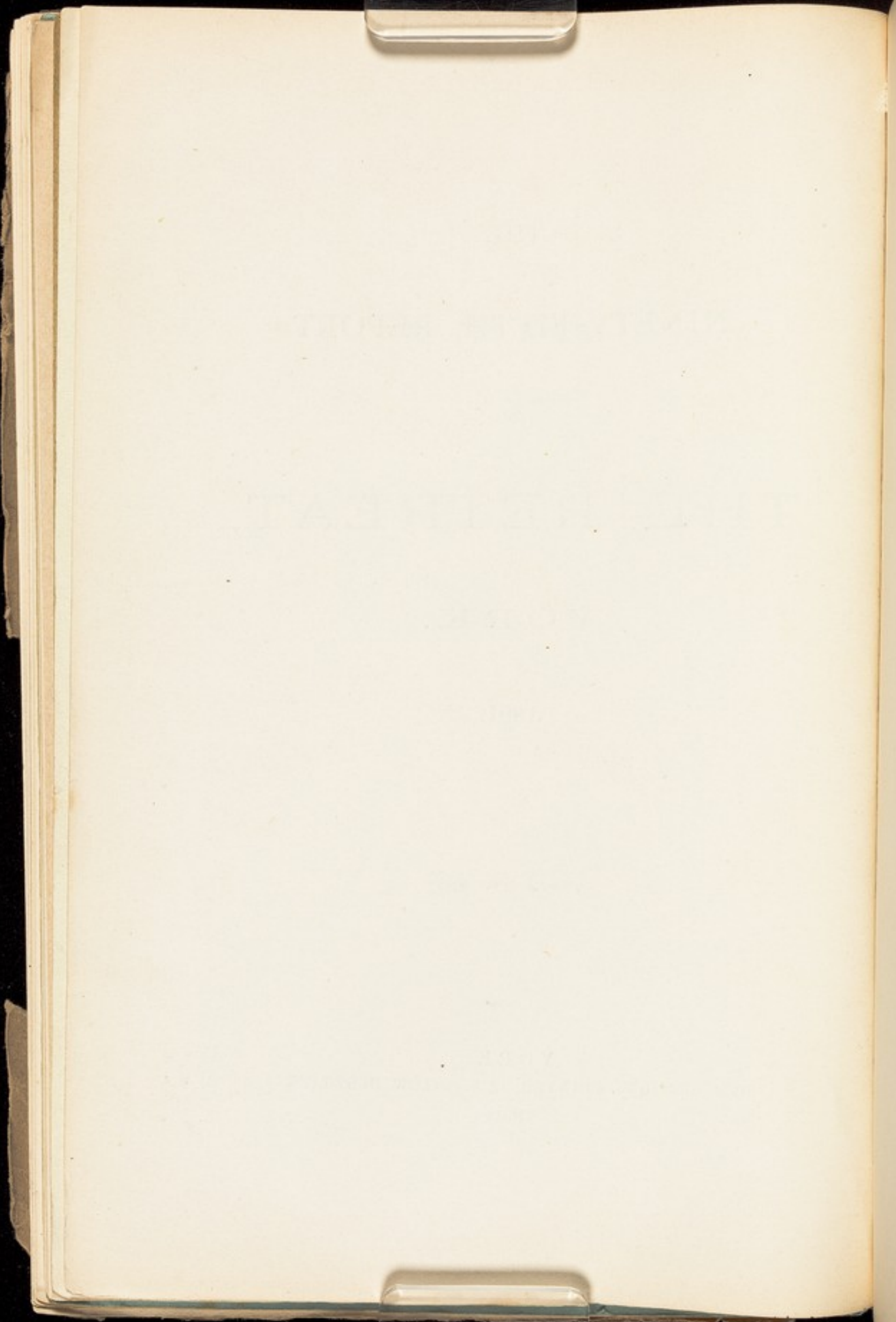


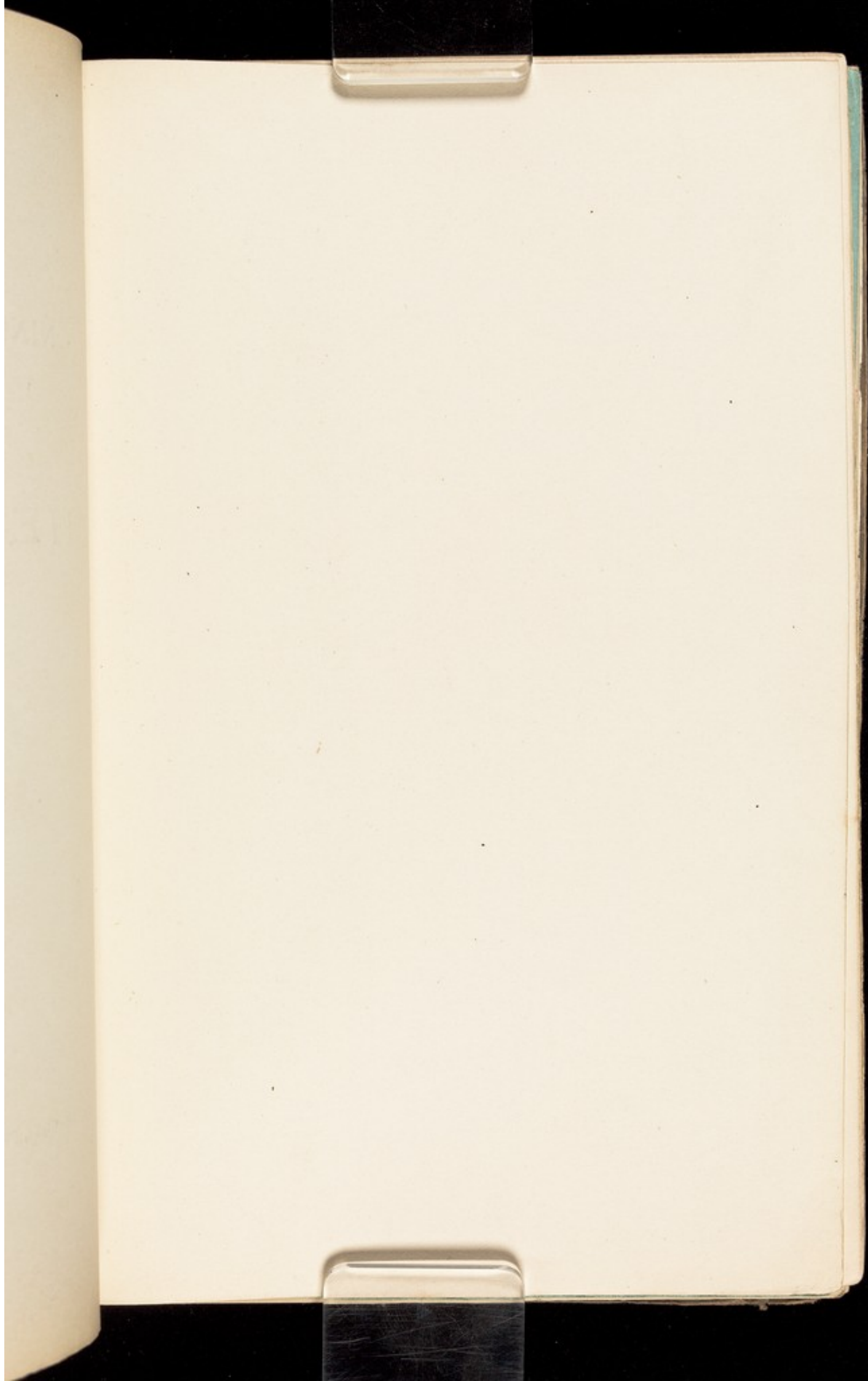
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1891.



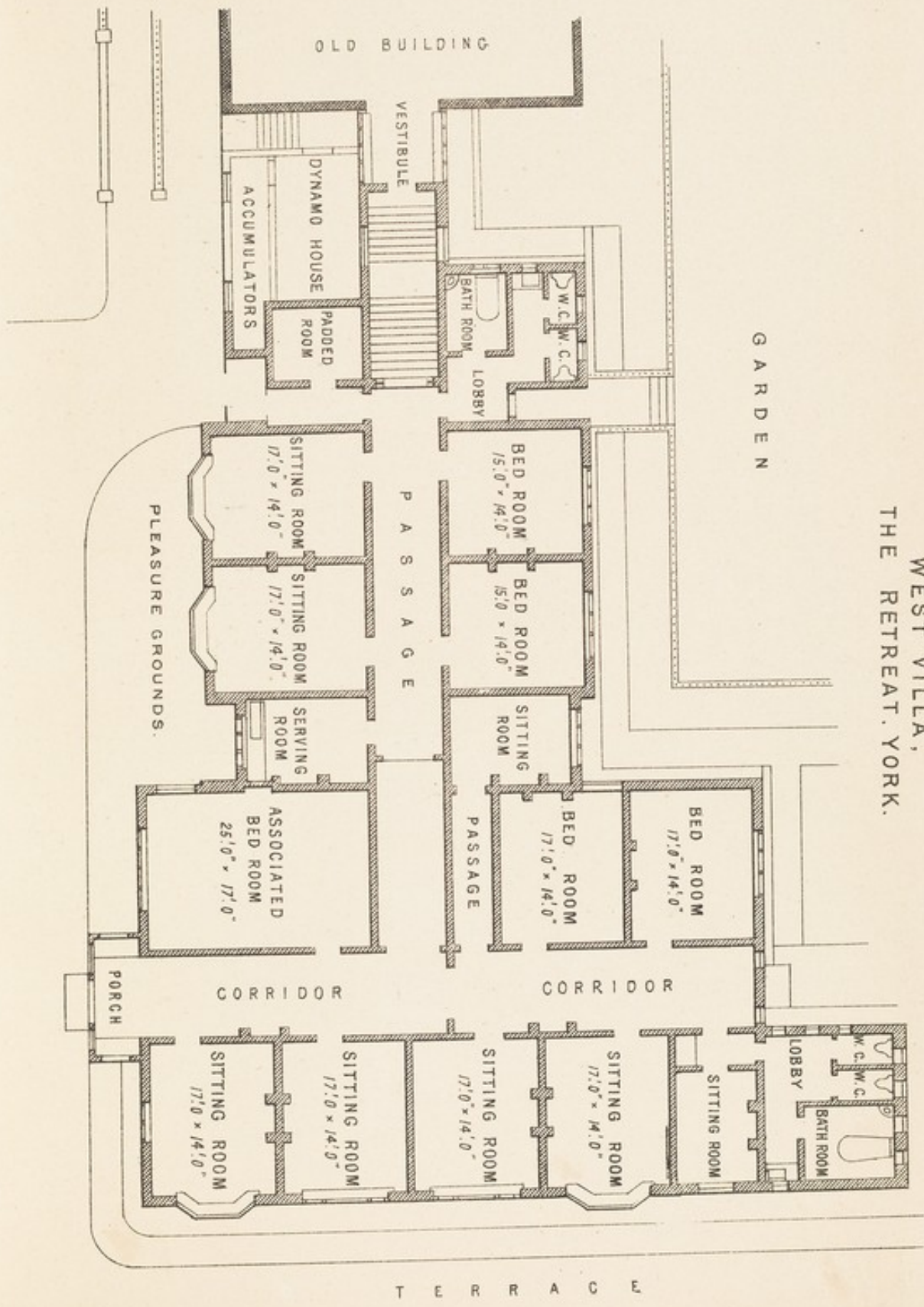
YORK:
WM. SESSIONS, PRINTER, 15 & 16, LOW OUSEGATE.
1891.







WEST VILLA, THE RETREAT, YORK.



WEST VILLA,
 THE RETREAT, YORK.

WEST VILLA, THE RETREAT, YORK.

JOSEPH EDMONDSON
DAVID PICKARD
W. S. BOWNTREE
JOSE. TAYLOR
E. PRIESTMAN
ED. WALKER
JOSE. BOWNTREE
JOHN F. FRYER
GEO. BAKER (York)
H. RICHARDSON
CHAS. ROBINSON
THOS. CONING
A. H. SPENCE
J. WHITING
ED. LITTLE
ISAAC GRAY WAL
JOHN W. PROCTE
CHARLES BINNS
JOSHUA SMITHSO
WM. ROBINSON

WM. HARVEY
JOS. BOWNTREE
JOHN BOWNTREE
RICHARD THO

HEN
G. STEV

MARY ANNE
Visitors to
Meetings of the Dire
assembly, by the Com

Directors

JOSEPH EDMONDSON
DAVID PICKARD
W. S. ROWNTREE
JOSH. TAYLOR
E. PRIESTMAN
ED. WALKER
JOSH. ROWNTREE
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JOHN W. PROCTER
CHARLES BINNS
JOSHUA SMITHSON
WM. ROBINSON

FREDK. PRIESTMAN
JOHN GLAISYER
JOHN EDWD. WILSON
JOSHUA W. ROBSON
WALTER J. KAYE
EDWARD STANDING
ALFRED PRIESTMAN
THEODORE ROWNTREE
WILLIAM WHITING
JOHN WM. HALL
FREDK. ANDREWS
WM. PUMPHREY
ROBERT WALLIS
HENRY LEES
WM. HUTCHINSON
JOSEPH SMITHSON
JOHN WOOD
SAMUEL SOUTHALL
HENRY HURTLEY
GEORGE WHITELEY.

Committee

WM. HARVEY
JOS. ROWNTREE
JOHN ROWNTREE (Scarbro')
RICHARD THOMPSON

JOSEPH S. GRAY
CHARLES YEOMANS
JOSEPH F. CLARK
HENRY KING

THE TREASURER.

Treasurer

THOMAS BURTT.

Visiting Medical Officer

S. W. NORTH, M.R.C.S.

Medical Superintendent

ROBERT BAKER, M.D.

Assistant Medical Officers

HENRY J. HIND, M.R.C.S., L.S.A.

G. STEVENS POPE, L.R.C.P., L.R.C.S., &c.

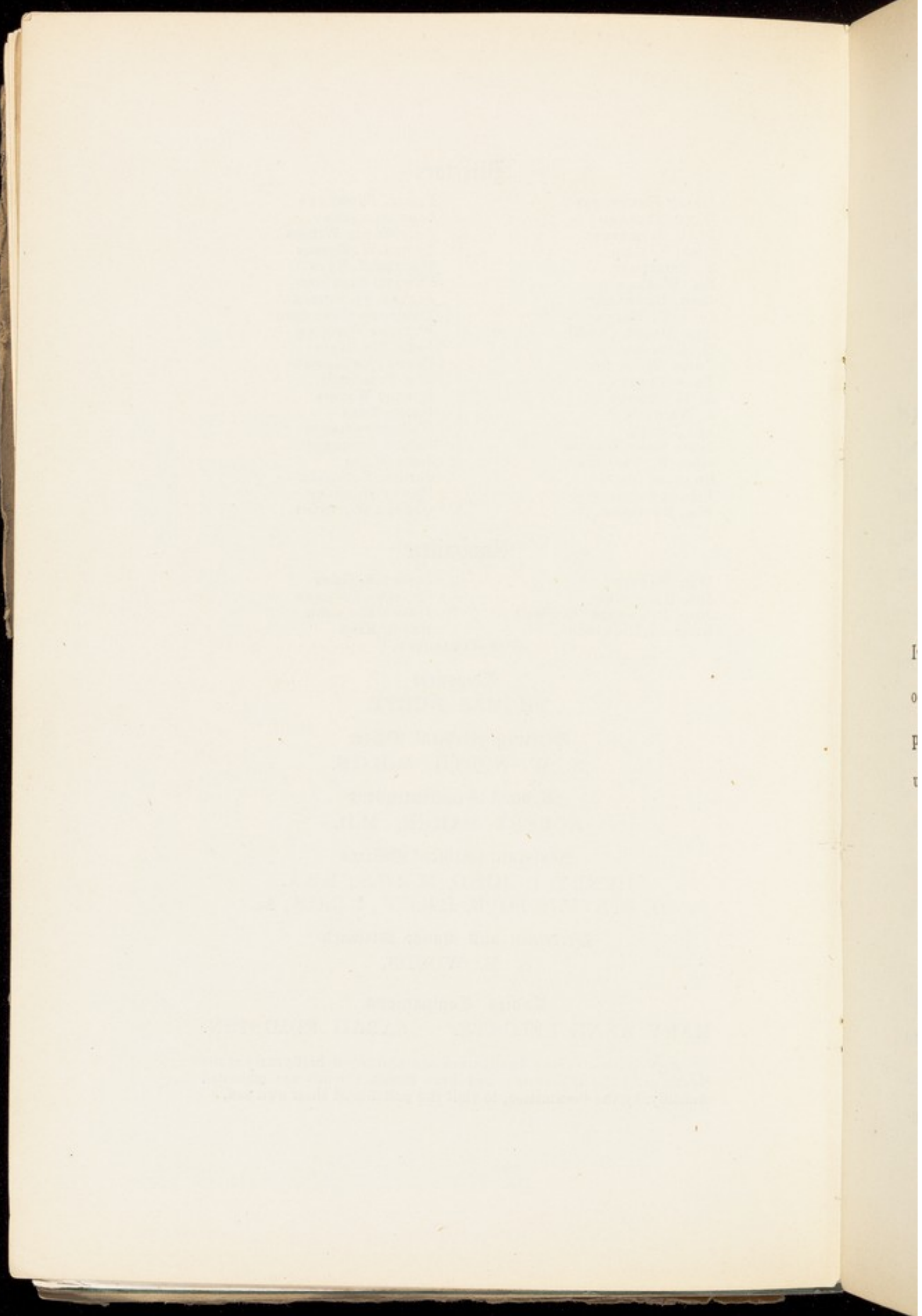
Secretary and House Steward

S. E. WOODS.

Ladies' Companions.

MARY ANNE FELGATE. SARAH EDMISTON.

Visitors to the Institution are appointed half-yearly at the Meetings of the Directors; and three female Friends are requested monthly, by the Committee, to visit the patients of their own sex.



AT A GENERAL MEETING OF
THE DIRECTORS
OF
THE RETREAT,

Held at Bradford, 29th of 7th Mo., 1891,

IT WAS AGREED that the statement of Accounts and Report
of the Committee and of the Medical Superintendent, then
presented to the Meeting, be printed and circulated as
usual.

REPORT OF THE COMMITTEE

OF THE RETREAT

TO THE GENERAL MEETING OF DIRECTORS, 1891.

In presenting the Ninety-fifth Annual Report of the York Retreat, the Committee have to state that on the 30th of 6th month, 1891, there were in the Institution 157 patients, viz.: 62 men and 95 women. Of these, 21 men and 38 women had no connection with the Society of Friends.

The admissions, discharges, and deaths are recorded in detail in the Superintendent's Report.

The Official Auditors have as usual examined the accounts and vouchers of the year, and have certified the accuracy of the Balance Sheet. Three friends, appointed by the Directors, have also examined the books of the Institution, and have advised with us upon some points of detail.

During the year the Committee have paid off all the Loans owing by the Institution, and in order to effect this have borrowed the sum of £20,000 on favourable terms from the Friends Provident Institu-

tion. This loan is to be repaid by equal annual payments of £6 3s. per £100 over 25 years, which combines the payment of principal and interest at the rate of $3\frac{5}{8}$ per cent. per annum.

The Balance Sheet again shows a loss of more than £1000. This serious deficit has for some time received the anxious consideration of the Committee, with a view of establishing a more complete check upon the expenditure, and of increasing the income of the Institution.

Although the past year has not been without its causes of anxiety, the Committee believe that in no former year have the wants of the patients been attended to with more conscientious care.

THOMAS BURTT,

Treasurer.

ANNUAL STATEMENT FOR THE YEAR ENDING 31ST 3RD Mo., 1891.

INCOME.

	£.	s.	d.	£.	s.	d.
To Clark's Gift - - - - -	4	0	0			
Dann's Bequest - - - - -	3	14	0			
Rent - - - - -	61	19	10			
Discounts, and Interest received on patients overdue accounts -	260	1	11			
Dividend, Morecambe Pier Compy.	5	0	0			
Baths - - - - -	14	10	0			
				349	5	9
Consultation Fees - - - - -	503	2	0			
Board of Patients - - - - -	15,683	4	3			
				16,186	6	3
Loss for the year - - - - -				1041	5	1
				<u>£17,576</u>	<u>17</u>	<u>1</u>

EXPENDITURE.

	£.	s.	d.	£.	s.	d.
By House Expenses - - - - -				8,244	4	6
Salaries and Wages - - - - -				4,753	6	5
Stables, Carriages, and Cowhouse Expenses (including Wages) - - -	214	14	3			
Garden (including Wages) - - -	434	10	10			
Rates, Taxes and Insurance - - -	313	9	8			
Incidental Expenses - - - - -	153	4	10			
Drugs, Instruments, &c. - - - -	61	5	1			
Postage, Telegrams and Carriage -	39	6	5			
Library, Stationery, and Printing -	120	18	2			
Perishables - - - - -	179	2	2			
Amusements - - - - -	29	2	5			
				<u>14,543</u>	<u>4</u>	<u>9</u>
Repairs and Alterations. Papering and Painting 4th and 5th Galleries, Top Centre, and South Front, £214 0s. 6d.; Dining Hall, alterations, £130 4s. 11d.; Summer House and Screen, £53 6s - - -				919	10	8
Joiner's Shop - - - - -				177	0	4
Auditors' Charges - - - - -				21	0	0
Interest on Loans - - - - -				693	19	11
Depreciation on Linen, &c. 15 per cent -				234	18	0
Ditto Furniture, 7½ per cent - - -				706	5	6
Ditto Boilers, &c., 10 per cent - - -				89	16	8
Ditto Greenhouses 10 per cent - - -				31	7	0
Annuitants - - - - -				22	0	0
Bad Debts written off £160 11s. 9d. (Less excess provision).				137	14	3
				<u>3,033</u>	<u>12</u>	<u>4</u>
				<u>£17,576</u>	<u>17</u>	<u>1</u>

We have examined the above accounts and find them to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.
12th May, 1891.

BARBER BROS. & WORTLEY,
Chartered Accountants.

We have examined the above accounts and find them to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.
13th May, 1891.

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13th May, 1891.

BALANCE SHEET.

31st 3rd Mo., 1891.

LIABILITIES.		ASSETS.	
	£. s. d.		£. s. d.
To York City and County Bank	2,608 10 7	By Land and Buildings as last year	38,982 9 11
Tradesmen's Accounts owing, &c.	2,365 2 11	Belle Vue Estate	4,000 0 0
Loans	18,910 0 0	Bleasdale's Fields	7,757 6 0
Stock, Balance in favour of the Institution	51,804 4 3	Cottage Hospital and Land	1,181 8 0
Decrease this year	1041 5 1	New Entrance Lodge and Mortuary	1,978 16 9
	50,762 19 2	Ladies' New West Villa, on account	4,551 7 11
		Boilers, Heating Apparatus and Hydrants	808 10 3
		Greenhouses	282 4 10
		Furniture	8,710 16 0
		Linen, Bedding, &c.	1,331 2 6
		Morecambe Pier Shares	100 0 0
		Amount owing by Patients and others	4,191 6 5
		Less Provision for doubtful debts	125 14 9
			4,065 11 8
		Stock in House	15 4 0
		" Apothecary's Shop	50 0 0
		" Joiner's Shop	264 10 0
		" Library	50 0 0
		" Stables (Carriages, Live Stock, &c.)	184 10 0
		" Garden	240 0 0
		Cash in hand	92 14 10
	£7,4646 12 8		£74,646 12 8

We have examined this Balance Sheet and find it to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.
12th May, 1891.

BARBER BROS. & WORTLEY,
Chartered Accountants.

COMPARISON OF HOUSEKEEPING EXPENSES.

Year ending 3rd Mo. 31st, 1890.

	£	s.	d.
Meat, 5,844 st. @ 8/8 to 10/- per st. and Sundries ..	2,697	10	4
Bacon and Ham	156	14	0
Poultry and Game	175	3	10
Fish	159	3	2
Milk, 17,219 gallons at 10½d. and 1s.	781	7	4
Butter, 7,516 lbs. at from 11d. to 1/7	507	4	0
Eggs, 64,211	288	14	10
Cheese	71	12	6
Flour and Bread	540	8	9
Cakes and Confectionery	112	5	8
Rice, Sago, &c.	42	16	6
Tea, Coffee, and Cocoa	386	0	10
Sugar	208	16	0
General Small Groceries	276	3	4
Fruit and Vegetables	517	11	4
Soap, Soda, and Starch	157	5	8
Gas, Candles and Oil	388	11	2
Coal and Coke	685	17	8
Water	118	16	10
	£8,272	3	19
Less Dripping Sold	28	10	0
" Bones and Swill Sold	22	0	0
" Sundries	10	13	1
	61	3	1
	£8,211	0	8

Family 258, exclusive of visitors.

Year ending 3rd Mo. 31st, 1891.

	£	s.	d.
Meat, 5,722 st. @ 9/2 to 10/- per st. and Sundries....	2,667	9	6
Bacon and Ham	160	1	11
Poultry and Game	162	7	6
Fish	143	2	6
Milk, 17,310 gallons @ 10½d. and 1s.	790	6	5
Butter, 7,370 lbs. @ from 10d. to 1s. 8d.	490	15	2
Eggs, 58,132	272	5	8
Cheese	61	4	10
Flour, and Bread	521	6	7
Cakes and Confectionery	113	19	4
Rice, Sago, &c.	42	13	8
Tea, Coffee, and Cocoa	350	16	1
Sugar	157	6	2
General Small Groceries	296	1	1
Fruit and Vegetables	521	9	11
Soap, Soda, and Starch	157	10	5
Gas, Candles and Oil	387	11	1
Coal and Coke	885	10	5
Water	117	7	7
	£8,299	5	10
Less Dripping Sold	16	1	0
" Bones and Swill Sold	31	10	7
" Sundries	7	9	9
	55	1	4
	£8,244	4	6

Family 255, exclusive of visitors.

Report

OF THE

Medical Superintendent.

IN presenting the Ninety-fifth Annual Report of the York Retreat, I have again to review the history of a year of marked interest.

At the date of last year's Report there were in the Institution 156 patients, viz. : 57 men, and 99 women. The admissions during the year have been 29, viz. : 16 men, and 13 women. There have been discharged and died 28 patients, leaving on the Register 157, viz. : 62 men, and 95 women.

Table shewing the admissions.

	M.	F.	T.
CLASS I. Cases of first attack and of not more than three months' duration	4	5	9
CLASS II. Cases of first attack and of more than three, but not more than 12 months' duration	0	2	2
CLASS III. Cases not of first attack and more than 12 months' duration	5	2	7
CLASS IV. Cases of first or not first attack and of more than 12 months' duration	7	4	11
CLASS V. Congenital.....	—	—	—
	16 + 13 =		29

Twenty-five of these admissions were fresh cases here, and sixteen were unconnected with the Society of Friends.

Of the patients at present in the Retreat there are:—

	M.	F.	T.
Members of the Society of Friends	32	47	79
Connected with Friends	9	10	19
Non-Friends.....	21	38	58
	<hr/>		
	62 + 95 =		157
	<hr/>		

Fifteen patients were admitted in a condition of Mania, two in a condition of Melancholia, two in a condition of General Paralysis of the Insane, four in a condition of Dementia, four in a condition of Delusional Insanity, and two in a condition of Epileptic Insanity.

44.24 per cent. of the admissions were Members of the Society of Friends, or closely connected, as against 25 per cent. last year.

Ten patients were discharged Recovered, viz.: three men and seven women, the percentage of the recoveries calculated on the number of persons admitted, being at the rate of 34.48 per cent.

The highest number of patients resident during the year was 160, and the lowest 152.

Ten deaths have occurred, being at the rate of 6.41 per cent. on the average number resident. The average age of

the males at death was 60·80, and of the females 59·80, mean 60·30. All the deaths were from natural causes.

The shortest time of residence amongst those who died was nine days, and the longest forty four years, three months and twenty-one days.

By reference to the statistical tables it will be seen that there have been under care and treatment during the past year, an average of 156 patients. The average weekly cost of maintenance per patient for the financial year has been 38s. 8d. as against 36s. 2d. last year. The average weekly payment per patient has been 38s. 11d. as against 39s. 5 $\frac{3}{4}$ d. last year.

The Commissioners in Lunacy have visited the Hospital twice during the year, and written favourable Reports.

The following alterations have been carried out during the past year :—

(A.) In the various *Corridors* considerable alterations and improvements have been effected by the extended use of *Plant* and other decorations.

(B.) The *Recreation Hall* has been utilized during a part of the year as a Dining Hall for many of the female patients, and there can be no doubt that this arrangement has materially conduced to their comfort.

(C.) In order to faciliate the economic and orderly

distribution of Stores, &c., a new *Store-room* has been constructed at a cost of £250, adjacent to the Housekeeper's Room—involving other additional alterations in the Housekeeper's Department costing about £100. The Stores are now, and will for the future be distributed, under the constant supervision of a responsible Storekeeper.

(D.) The *West Villa* for Lady patients has during the year been fully completed and, as far as present experience extends, answers our most sanguine expectations. Further experience confirms the previously expressed opinion that this important addition to the curative resources of the Retreat will prove most valuable in the prompt treatment of recent acute cases of Insanity.

In entering on the 18th year of my Superintendship of the Retreat I desire, once again, to place on record my deep sense of indebtedness to the Committee and to my Colleagues, for un-numbered acts of kindness extended to me during the lengthened period of my residence.

In conclusion, I would venture to remind the Committee and the Directors, that it was in the Spring of 1792, that the Friends of York Quarterly Meeting—permeated with an ever deepening desire to attempt to ameliorate the condition of the Insane—projected the establishment of the York Retreat. It is therefore now a matter worthy of deliberate and careful

consideration whether the Retreat Centenary shall be celebrated by "Friends" next Spring, and if so, in what manner. Personally, I incline to the belief that the celebration, if held, would be best kept distinct from the Meeting of the Members of the Medico-Psychological Association of Great Britain and Ireland which is, I understand, intended to be held at "The Retreat" in the Autumn of 1892 in honour and courteous recognition of the Retreat Centenary.

ROBERT BAKER, M.D.,
Superintendent.

TABLE I.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES AND DEATHS, DURING THE YEAR ENDING 30th JUNE, 1891.

	Male.	Fem.	Total	Male.	Female.	Total.
In the Institution, July 1st, 1890 ..				57	99	156
Cases admitted—						
First admissions	13	12	25			
Not first admissions	3	1	4			
Total cases admitted during the year				16	13	29
Total cases under care during the year				73	112	185
Cases discharged—						
Recovered	3	7	10			
Relieved	3	1	4			
Not Improved	4	4			
Died	5	5	10			
Total cases discharged and died during the year				11	17	28
Remaining in the Institution, 30th June, 1891				62	95	157
Average numbers resident during the year				57.50	98.50	156.0
Persons* under care during the year †				73	112	185
Persons admitted				16	13	29
Persons recovered				3	7	10
Transferred to the Retreat					1	1
Transferred from the Retreat				1	2	3

* Persons, *i. e.* :—separate persons in contradistinction to “cases” which may include the same individual more than once.

† Total cases, minus re-admissions of patients discharged during the current year.

TABLE I A.—Showing (1) the Previous Attacks among Persons Admitted during the year 1890—91, and (2) the Number of Times they had Previously Recovered in this or any Asylum.

(1) Number of previous Attacks.	PERSONS.		
	Male.	Female.	Total.
Have had 1 attack	1	..	1
„ 2 attacks
„ 3 „	1	1
„ 4 „	1	..	1
„ more than 4 attacks	1	..	1

(2) Number of times Patients Recovered.	In this Asylum.			In any other Asylum.		
	M.	F.	T.	M.	F.	T.
Once	1	..	1	1	..	1
Twice
3 times	1	1	2
4 „
5 „
More than 5 times ..	1	..	1

TABLE II.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES, AND DEATHS, FROM THE OPENING OF THE INSTITUTION TO THE 30th JUNE, 1891.

	Male.	Female.	Total.	Male.	Female.	Total.
<i>Persons</i> admitted during the period of 95 years	627	726	1353			
Re-admissions	149	212	361			
Total <i>cases</i> admitted				776	938	1714
Discharged <i>cases</i> —						
Recovered	289	412	701			
Relieved	133	108	241			
Not Improved	36	50	86			
Died	256	273	529			
Total <i>cases</i> discharged and died since the opening of the Institution				714	843	1557
Remaining 30th June, 1891 . .				62	95	157
Average numbers resident during the 95 years				39·97	59·50	99·47
Transferred to the Retreat } since 1845				37	36	73
Transferred from the Retreat }				26	26	52

There have been 15 cases of informal admission, viz:—
9 males and 6 females, which are not included in any of the tables either as admissions, or discharges, or in the calculation of percentages.

TABLE II A.—Showing the Admissions and Recoveries of PERSONS* from the opening of the Institution to the 30th June, 1891 (95 years).

	Male.	Fem.	Tota.
<i>Persons</i> admitted during the 95 years	627	726	1353
<i>Persons</i> discharged recovered during the same period, being males 36·68, females 39·66, total 38·21 per cent. of <i>persons</i> admitted	229	288	517
Of whom were re-admitted relapsed (<i>Persons</i>)	81	101	182
Recovered <i>persons</i> who have not relapsed	148	187	335
Relapsed <i>persons</i> discharged recovered (after last re-admissions, if relapsed more than once)	32	39	71
Net recovered <i>persons</i> , being males 28·70, females 31·12, total 30·00 per cent. of <i>persons</i> admitted . .	180	226	406

* *Persons*, i. e., separate persons in contradistinction to "cases" which may include the same person more than once.

In the lowest three lines of this table, the totals, averages, and percentages cover the whole period since the opening of the Institution (except the figures showing the numbers remaining on June 30th).

TABLE IV.—SHOWING THE HISTORY OF THE ANNUAL ADMISSIONS SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796), AND THE DISCHARGES AND DEATHS, AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH JUNE OF THE YEAR REPORTED ON.

YEAR.	Admitted.				Of each Year's Admissions, Discharged and Died in 1890—1891.						Total Discharged and Died of each Year's Admissions to June 30th, 1891.						Remaining of each Year's Admissions June 30, 1891.														
	New Cases.		Relapsed Cases.		Recovered.		Relieved.		Not Improved.		Died.		Recovered.		Relieved.		Not Improved.		Died.		Male.	Female.	Total.								
	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Total.								
1796 to 1881	516	592	129	193	1430	2	2	2	2	4	253	366	619	99	84	183	33	42	75	234	250	484	24	43	67		
1882	8	14	4	4	30	7	4	11	3	1	4	5	1	1	2	6	7	..	3	6	9	
1883	8	12	4	3	27	7	3	10	..	1	1	2	3	5	..	3	7	10	
1884	10	11	3	..	24	5	3	8	..	4	3	7	1	2	..	4	3	7	
1885	14	11	2	..	30	3	7	10	5	4	9	2	4	1	4	6	
1886	12	16	28	4	1	5	7	2	9	1	1	1	5	6	
1887	15	16	1	2	34	1	1	2	2	5	7	3	7	10	3	3	4	7	7	
1888	11	11	1	2	26	3	7	10	3	3	6	3	3	4	7	7	
1889	10	17	1	1	29	1	1	1	1	1	1	1	1	1	2	4	6	4	4	5	2	3	3	8	11	
1890	10	14	1	3	28	1	5	6	1	1	1	1	1	1	3	10	13	3	3	2	5	3	5	8	11	
1891	13	12	3	1	29	..	2	2	1	1	1	2	..	2	2	2	2	2	1	1	2	5	10	15
Total	627	726	149	212	1714	3	7	10	3	1	4	4	4	5	10	289	412	701	133	108	241	36	50	86	256	273	529	62	95	157	

SUMMARY OF TOTAL ADMISSIONS OF CASES, 1796 to 1891.

CASES.	Male.		Female.		Total.
	Male.	Female.	Male.	Female.	Total.
Percentage of Cases Recovered	37-24	43-92	40-89		
" " Relieved	17-13	11-51	14-06		
" " Not Improved	4-63	5-33	5-01		
" " Died	32-99	29-10	30-86		
" " Remaining	8-01	10-14	9-18		
	100-00	100-00	100-00		

TABLE V.—SHOWING THE CAUSES OF DEATH DURING THE YEAR 1890-1891, TOGETHER WITH THE AGES AT DEATH.

CAUSES OF DEATH.	Under 15 years.		15 and under 20.		20 and under 25.		25 and under 30.		30 and under 35.		35 and under 40.		40 and under 45.		45 and under 50.		50 and under 55.		55 and under 60.		60 and under 65.		65 and under 70.		70 and under 75.		75 and under 80.		80 and under 85.		85 and under 100.		Not known.		Totals.					
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F				
Cerebral Softening																																								
Exhaustion from Mania ..																																								
Bronchitis																																								
Pneumonia																																								
Phthisis & Hip joint disease ..																																								
Malignant disease of Larynx																																								
Hepatic Disease																																								
Senile Decay																																								
Do. and Bronchitis																																								
Totals																																							5	10

TABLE VI.—SHOWING THE LENGTH OF RESIDENCE IN THE HOSPITAL, AND IN YEARS WHO WERE DECEASED, AND IN YEARS WHO REMAINED IN THE INSTITUTION ON JUNE 30th, 1891.

PATIENTS REMAINING ON JUNE 30th, 1891.		DECEASED.	
Not Improved.		Died.	

TABLE VI.—SHOWING THE LENGTH OF RESIDENCE IN THOSE DISCHARGED, AND IN THOSE WHO HAVE DIED, DURING THE YEAR 1890-91; AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30th, 1891.

LENGTH OF RESIDENCE.	RECOVERED.			RELIEVED.			NOT IMPROVED.			DIED.			PATIENTS RESIDENT 30th JUNE, 1891.		
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
Under 1 month	1	1	1	..	1	1	..	1	..	1	1	1	..	1
1 month, and under 3 months	1	1	2	1	..	1	1	6	4	10
3 months, " " " "	..	4	4	2	2	4
6 " " " " "	..	1	1	1	1	2
9 " " " " "	..	1	1	1	1	2	1	1	1	1	1	2	5	5	10
1 year, and under 2 years	2	..	2	3	8	11
2 years " " " "	6	6	12
3 " " " " "	5	5	10
5 " " " " "	6	6	12
7 " " " " "	6	6	12
10 " " " " "	3	2	5
12 " " " " "	3	2	5
15 " " " " "	3	2	5
20 " " " " "	2	2	4
25 " " " " "	3	6	9
30 " " " " "	1	4	5
35 " " " " "	5	2	7
40 " " " " "	5	2	7
Upwards of 40 years	2	4	6
Total	3	7	10	3	1	4	..	4	4	5	5	10	62	95	157

TABLE VII.—SHOWING THE DURATION OF THE DISORDER ON ADMISSION IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1890—91.

CLASS.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.			
FIRST CLASS— First attack, and within three months on admission	4	5	9	2	3	5	2	1	3	3	2	5
SECOND CLASS— First attack, above three, and within twelve months on admission	2	2	..	3	3	..	1	1	1	..	1
THIRD CLASS— Not first attack, and within twelve months on admission	5	2	7	1	1	2	..	1	1	..	1	1
FOURTH CLASS— First attack or not, but of more than twelve months on admission	7	4	11	1	2	3	1	2	3
FIFTH CLASS— Congenital
TOTAL	16	13	29	3	7	10	3	5	8	5	5	10

TABLE VIII.—SHOWING THE QUANTITATIVE RESULTS WITH REGARD TO AGE, SEX, AND OCCUPATION OF PATIENTS RECEIVED IN THE DISPENSARY, YEAR 1890-91, AND OF THOSE DISCHARGED OR OTHERWISE RELIEVED.

AGE.	THE ADMISSIONS.	Recovered.	Removed, Relieved or otherwise.	THE DEATHS.	PATIENTS RECEIVED 30th JUNE, 1891.
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TABLE VIII.—SHOWING IN QUINQUENNIAL PERIODS THE AGES OF ALL CASES ADMITTED, DISCHARGED, AND DIED, DURING THE YEAR 1890-91, AND OF THOSE REMAINING IN THE INSTITUTION ON 30TH JUNE, 1891.

AGES.	THE ADMISSIONS.			THE DISCHARGES.				THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1891.				
	Male.	Fem.	Total.	Recovered.		Removed Relieved or otherwise.		Male.	Fem.	Total.	Male.	Fem.	Total.		
				Male.	Fem.	Total.	Male.							Fem.	Total.
5 years, and under 10		
10 "		
15 "	..	1	1		
20 "	1	2	3		
25 "	1	1	2		
30 "	1	2	3		
35 "	2	4	6		
40 "	1	1	2		
45 "	3	1	4		
50 "	3	..	3		
55 "	1	1	2		
60 "	1	..	1		
65 "	1	..	1		
70 "	2	..	2		
75 "		
80 "		
85 "		
90 "		
95 "		
Unknown		
Total	16	13	29	3	7	10	3	5	8	5	6	10	62	95	157
Mean Age	46.81	34.38	41.12	35.66	43.85	41.40	47.00	43.20	44.62	60.80	59.80	60.30	46.25	52.97	50.33

Mean age at Death 1796—1891 56.64 61.09 58.14

TABLE IX.—SHOWING THE CONDITION ON ADMISSION AS TO MARRIAGE, IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1890-91: AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30TH, 1891.

CONDITION IN REFERENCE TO MARRIAGE.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1890.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
Single	7	8	15	2	3	5	1	2	3	3	3	6	45	73	118
Married	7	4	11	1	1	2	2	3	5	2	1	3	15	12	27
Widowed	2	1	3	..	3	3	1	1	2	10	12
Unknown
Total	16	13	29	3	7	10	3	5	8	5	5	10	62	95	157

TABLE X.—SHOWING THE PROBABLE CAUSES OF INSANITY IN THE PATIENTS ADMITTED DURING THE YEAR 1890-91. Number of Instances in which each case was admitted.

TABLE XI.—SHOWING THE FORM (ON ADMISSION) OF THE MENTAL DISORDERS IN THE ADMISSIONS, DISCHARGES, AND DEATHS OF THE YEAR 1890—91; AND THE FORM OF MENTAL DISORDER IN THE INMATES ON JUNE 30TH, 1891.

FORM OF MENTAL DISORDER.	ADMISSIONS.			DISCHARGES.						DEATHS.			Remaining June 30, 1891				
	Male	Fem.	Total	Recovered.			Relieved.			Not Improved			Male	Fem.	Total		
				Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total					
Congenital or Infantile mental deficiency																	
<i>a.</i> with epilepsy	2	2	4														2
<i>b.</i> without epilepsy	2	2	4														4
Epilepsy acquired	2	2	4														9
General Paralysis of the Insane	2	4	6	1	1	2											2
Acute Mania	5	4	9	1	2	3	1	1	2								4
Mania																	24
Chronic Mania																	10
Recurrent Mania																	14
Puerperal Mania																	8
Senile Mania																	11
Delusional Mania	2	2	4	1	3	4	1	1	2								8
Acute Melancholia	1	1	2														3
Chronic Melancholia																	8
Recurrent Melancholia																	3
Senile Melancholia																	3
Primary Dementia	2	2	4														7
Secondary Dementia																	3
Senile Dementia																	3
Organic Dementia (i.e. from tumours, syphilis, &c.)																	3
Moral Insanity																	2
Total	16	13	29	3	7	10	3	1	4	4	4	4	5	10	62	95	157

Organic Dementia (see from ...)	10	13	20	3	7	10	3	1	4	4	6	10	63	96	157
Syphilis, &c.)											1	1	2		
Moral Insanity															
Total															

TABLE XII.—SHOWING THE STATION OR OCCUPATION OF PATIENTS ADMITTED DURING THE YEAR 1890-91.

MALES.		FEMALES.	
Baker and Confectioner	1	Governess	1
Botanist	1	Housekeeper	1
Brewer	1	Wife of Agent	1
Clerk	1	” Joiner	1
Draper	1	” Physician	1
Schoolmaster	1	No occupation	8
Solicitor	1		
Surgeon	2		
Veterinary Surgeon	1		
No occupation	6		
Total	16	Total	13

TABLE XIII.—SHOWING THE NUMBER EMPLOYED, AND THE PRINCIPAL KINDS OF EMPLOYMENT, DURING THE YEAR 1890—91.

	Male.	Fem.	Total.
Agricultural and out-door employments	7	..	7
Mechanical employments or Fancy Work	3	11	14
House-work, principally	4	8	12
Needle-work, principally	16	16
Needle-work, occasionally	10	10
Reading, Writing, Music, &c. principally	23	16	39
More or less employed	37	61	98
For the most part unemployed, except in taking exercise	36	51	87
Total under care during the year	73	112	185

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Banbury
Reading
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A G E N T S .

Bedfordshire Quarterly Meeting.

Hertford & Hitchin M. M. Edward Manser, *Hertford.* ✓
 Luton & Leighton
 Northampton & Wellingboro'

Berkshire and Oxfordshire Q. M.

Banbury M. M. Chas. Gillett, *Banbury.*
 Reading & Warborough Joseph Huntley, *Reading.*
 Witney John M. Albright, *Charlbury.*

Bristol and Somerset Q. M.

Bristol M. M. } J. Thirnbeck Grace, *Bristol.*
 Frenchay }
 Middle Division of Somerset John W. C. Clothier, *Street.*
 North Division of "
 Shaftesbury and Sherborne Edwin Bracher.
 Wiltshire
 West Division of Somerset Joseph Hoyland Fox, *Wellington.*

Cornwall Q. M.

East Division M. M. ✓
 West Division

Cumberland and Northumberland Q. M.

Allendale M. M. } Hudson Scott, *Carlisle.*
 Carlisle }
 Holm }
 Pardshaw }

Derbyshire, Lincolnshire and Nottinghamshire Q. M.

Broughton & Gainsborough, }
 Spasding & Wainfleet }
 Chetterfield M. M. } J. B. Bowman, *Monyash, Bakewell.*
 Nottingham & Mansfield Samuel F. Armitage, *Nottingham.*

Devonshire Q. M.

East Division M. M. Robert Dymond, *Exeter.*
 West Division Edward James, *Plymouth.*

Durham Q. M.

Darlington M. M.	William Taylor, <i>Middlesbro'</i> .
Guisbro'	Ralph Dixon, <i>Great Ayton,</i> <i>R.S.O., Yorks.</i>
Newcastle	
Richmond	Thomas Willis, <i>Carperby, Bedale.</i>

Essex and Suffolk Q. M.

Coggeshall M. M.	Robert Doubleday, <i>Coggeshall.</i>
Colchester	Wilson Marriage, <i>Dilbridge Hall,</i> <i>Colchester.</i>
Thaxted	Edmund B. Gibson, <i>Saffron Walden.</i>
Witham	Joseph Gripper, <i>Chelmsford.</i>
Woodbridge	Samuel Alexander, <i>The Bank,</i> <i>Woodbridge.</i>

Kent Q. M.

Folkestone M. M.	Henry Headley, <i>Canterbury.</i>
Rochester	Frederic Wheeler, <i>Rochester.</i>

Lancashire and Cheshire Q. M.

Cheshire M. M.	J. H. Neave, <i>Rainor, Macclesfield.</i>
Hardshaw, East ..	John Collinson, 13, <i>Heywood Street,</i> <i>Cheetham, Manchester.</i>
Hardshaw, West ..	
Lancaster	Wm. Pickard, <i>Oak Bank, Lancaster</i>
Marsden	{ Thos. Abbatt, <i>Kirkhall Place,</i> <i>Chorley Old Road, Bolton.</i>
Preston	John Satterthwaite, <i>Preston.</i>

London and Middlesex Q. M.

Devonshire House M.M.	{ Jos. Armfield, 1, <i>South Place,</i> <i>Finsbury, London, E. C.</i>
Ratcliff and Barking	Arthur Lister, <i>Leytonstone, N. E.</i>
Southwark	Edwd. Alexander, 32, <i>Oakhurst Grove,</i> <i>East Dulwich.</i>
Westminster & Longford	H. Neighbour, 127, <i>High Holborn,</i> <i>W. C.</i>
Kingston	Geo. Barrett, <i>High St., Croydon.</i>
Tottenham	John Harrison, <i>Talbot Road,</i> <i>Tottenham.</i>

Norfolk, Cambridgeshire and Huntingdonshire Q. M.

Cambridge & Huntingdon M. M. .	
Lynn	Daniel C. Burlingham, <i>Lynn.</i>
Norwich	
Tivetshall	} George Ringer, <i>Diss.</i>

Sussex, Surrey and Hants Q. M.

Alton M. M.
 Dorking, Horsham and Guildford
 Lewes and Chichester
 Poole and Southampton

Warwickshire, Leicestershire & Staffordshire Q. M.

Leicester M. M.	
Staffordshire	} Ruiter Sholl, <i>Selwynn Road,</i> <i>Margate, Kent.</i>
Warwickshire, North	
Warwickshire, South	} John Bottomley, <i>Birmingham.</i>

Western Q. M.

Gloucester & Nailsworth M.M.	
Herefordshire & Radnorshire	} Josiah Newman, <i>Leominster.</i>
South Division of Wales	
Worcestershire & Shropshire	} Charles S. Price, <i>Bryn Derwen,</i> <i>near Neath.</i>

Westmoreland Q. M.

Kendal M.M.	John Farrar, <i>Kendal.</i>
Sedbergh	} Samuel Harper, <i>Morton Pits,</i> <i>Sedbergh.</i>
Strickland	
Swarthmore	Wm. Satterthwaite, <i>Esthwaite How,</i> <i>Sawrey, Ambleside.</i>

Yorkshire Q. M.

Balby M. M.	Daniel Doncaster, <i>Sheffield.</i>
Brighouse	George Tatham, <i>Leeds.</i>
Pickering and Hull	Alfred West, <i>Huy.</i>
Pontefract	Charles Brady, <i>Barnsley.</i>
York	Henry King, <i>York.</i>

Scotland.

Edinburgh

The forms required to be filled up and signed, before a patient can be admitted to the Retreat, are the following :—

1. *Petition*, (addressed to a Justice of the Peace specially appointed under the Lunacy Act, 1890), signed by the Petitioner who must have seen the patient within 14 days.

2. *Statement of Particulars*.

3. *Order* for admission of patient signed by a Justice of the Peace (specially appointed under the Lunacy Act, 1890), within 14 days before the admission of the patient.

4 and 5. *Two Certificates* from duly qualified and Registered Medical Practitioners, made on separate examinations of the patient within 7 days of date of admission.

6. *Form of Agreement* with the Treasurer of the Retreat.

FORM OF A BEQUEST.

I bequeath to the Treasurer for the time being, of an Institution near York, called *The Retreat for Persons afflicted with disorders of the mind among the Society of Friends*, the sum of _____
to be paid out of such part of my personal Estate, as shall not consist of chattels real, and applied for the purposes of the said Institution; and for which the receipt of such Treasurer shall be a sufficient discharge.

patient

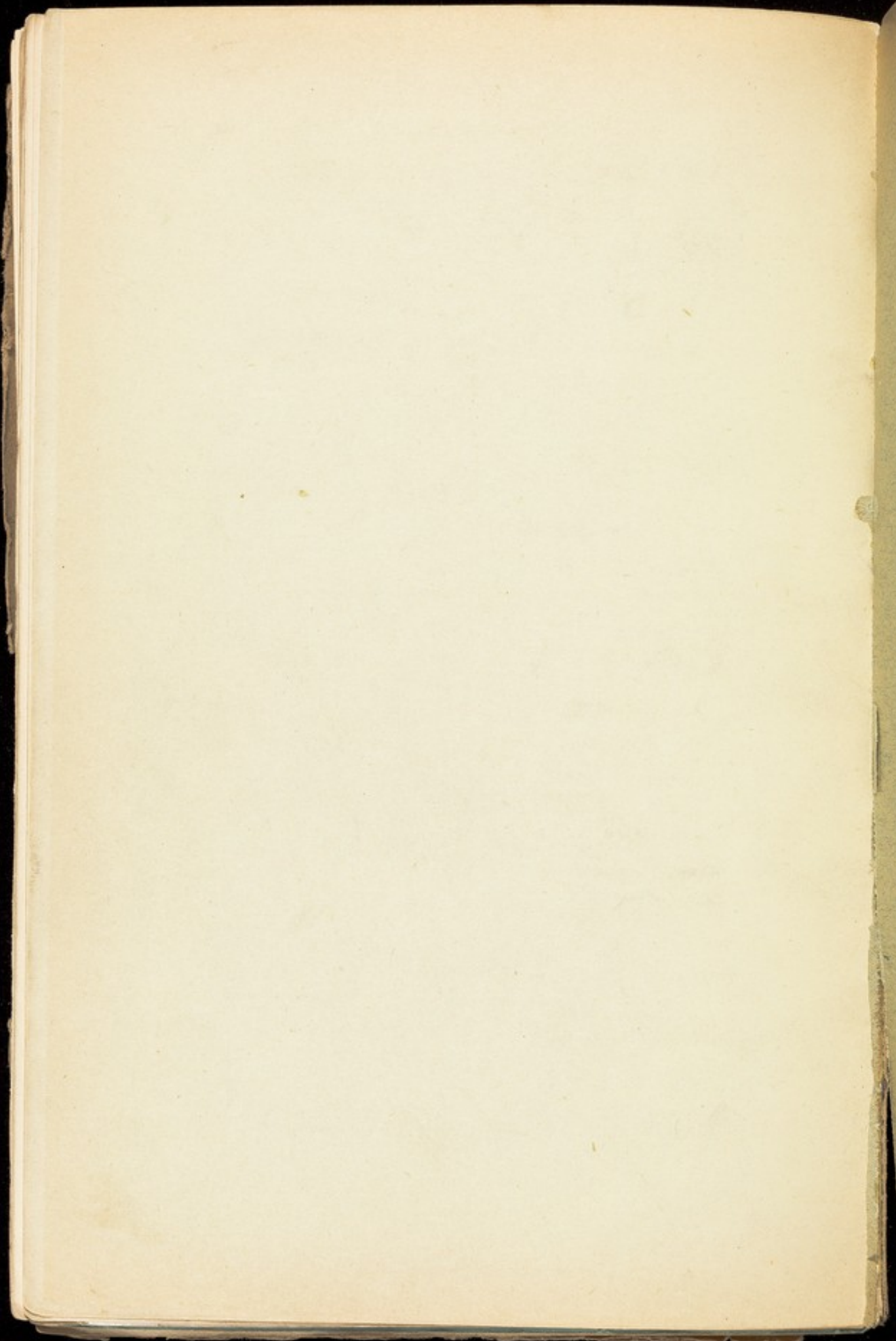
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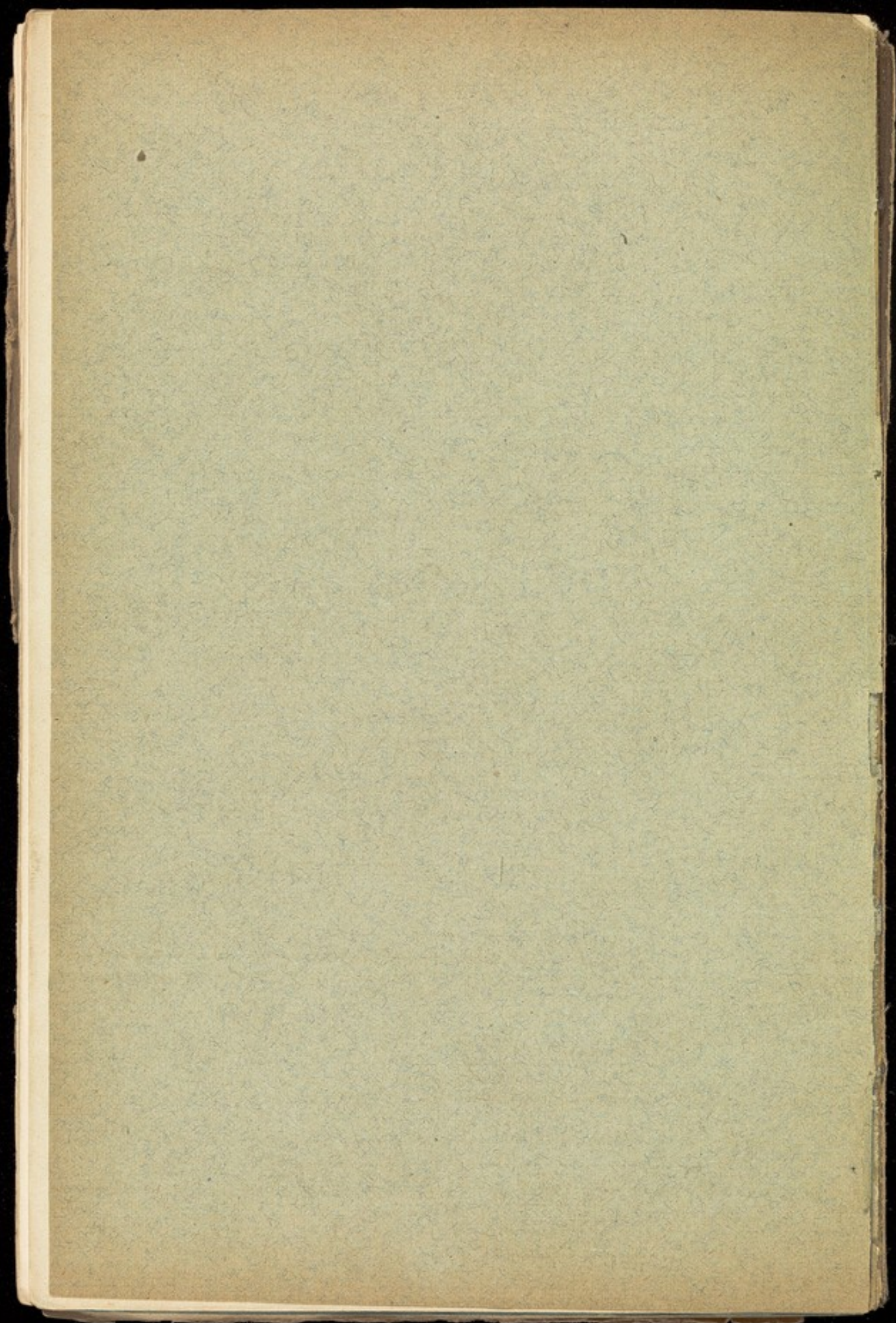
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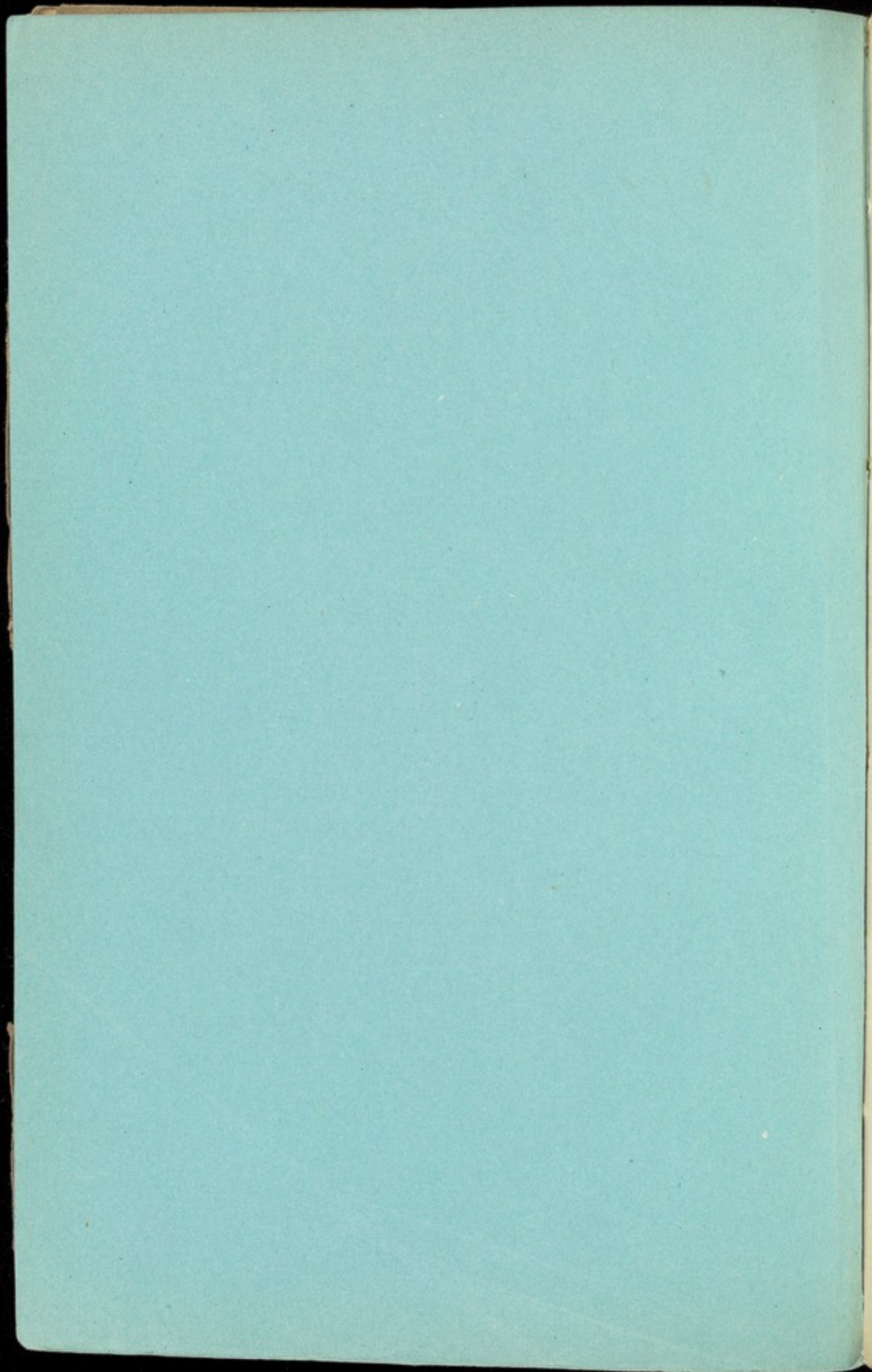
THE
NINETY-SIXTH REPORT
OF
THE RETREAT,
YORK.
1892.



*Secretary's Copy
with corrections
for 1894 -*

THE
NINETY-SEVENTH REPORT
OF
THE RETREAT,
YORK.
1893.

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THE
NINETY-SEVENTH REPORT
OF
THE RETREAT,
YORK.

1893.



YORK:
WM. SESSIONS, PRINTER, 15 & 16, LOW OUSEGATE.
1893.

NINETY-SEVENTH KNOWN

THE BETTER

WORK

THE

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CHRIS. ROBINSON
THOS. CONING
A. H. SPENCE
JOHN WHITING
ED. LITTLE
ISAAC GRAY WALLIS
JOHN W. PROCTER
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JOHN ROWNTREE (Scarbro')
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JOSEPH ROWNTREE

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JOSEPH S. GRAY
JOSHUA ROWNTREE

THE TREASURER.

Ladies Associated with the Committee.

MARIA RICHARDSON.

HELEN HURTLEY.

Treasurer

RICHARD THOMPSON.

Consulting Physician

ROBERT BAKER, M.D.

Visiting Medical Officer

S. W. NORTH, M.R.C.S.

Medical Superintendent

BEDFORD PIERCE, M.D., M.R.C.P., Lond.

Assistant Medical Officers

CHARLES OLIVER STANWELL, L.R.C.P., & S. Edin.

HENRY J. MACKENZIE, M.B., C.M., Edin.

Secretary and House Steward

S. E. WOODS.

Ladies' Companion.

MARY ANNE FELGATE.

Matron at Belle Vue.

CATHERINE GODSON.

Visitors to the Institution are appointed half-yearly at the Meetings of the Directors; and three women Friends are requested monthly, by the Committee, to visit the patients of their own sex.

AT A GENERAL MEETING OF
THE DIRECTORS
OF
THE RETREAT,

Held at Bradford, 26th of 7th Mo., 1898,

IT WAS AGREED that the statement of Accounts and Report
of the Committee and of the Medical Superintendent, then
presented to the Meeting, be printed and circulated as
usual.

REPORT OF THE COMMITTEE

OF THE RETREAT

TO THE GENERAL MEETING OF DIRECTORS, 1893.

The patients in the Institution on the 30th day of 6th month, 1893, numbered 151, viz.: 56 men, and 95 women. Of these, 19 men and 44 women were unconnected with the Society of Friends.

The admissions, discharges, and deaths, for the past year are recorded in detail in the Medical Superintendent's Report.

The year has been an important one, in that it has witnessed on the 30th of 9th month last, the retirement of Dr. Baker, who had held the post of Medical Superintendent for more than eighteen years, and the installation on the following day, of Dr. Bedford Pierce as his successor. On the same date the senior Assistant Medical Officer, Dr. Hind, left the Institution, and was succeeded by Dr. Charles Oliver Stanwell. Changes so important necessarily brought with them increased responsibilities in various ways both to the Committee and the staff; but the difficulties were satisfactorily surmounted, and did not prove greater than might fairly have been expected. Dr. Pierce still has the great advantage of consultation with Dr. Baker whenever his experienced judgment may be needed.

A firm of professional Accountants have, as usual, examined the accounts and vouchers for the year, and have certified the accuracy of the Balance Sheet. A Committee appointed by the Directors' Meeting has also united with the Committee in the consideration of the finances of the Institution.

The Committee regret that the Balance Sheet again shows a considerable loss, the amount of which for the past twelve months has been about £1100. The subject of these recurring deficits has claimed the very serious attention of the Committee throughout the year, and some alterations in the household management are under consideration, in the hope that the expenditure may be materially reduced, without loss to the efficiency of the Institution or the comfort of the patients.

The important changes in the government of the Institution in the middle of the year could, at first, hardly do other than affect the finances unfavourably, and six months is too short a time in which to expect any material recovery.

But these repeated adverse Balance Sheets have led the Committee to review the position of the Institution in various ways, especially in its relation to the Society of Friends. The loss on patients "recommended" by the various Meetings, and on those who pay less than the actual cost, amounts to more than £2,000 per annum, which deficiency has to be met by the profit on a limited number of patients paying the higher rates. As one of the outcomes of the Committee's recent review, it has become increasingly evident that the Institution can no longer prudently depend upon this single source of income for meeting the great annual deficiency on the "recommended" patients. In 1891 the lowest rate was advanced from 10s. to 14s. per week, and no further advance could now be made without seriously interfering with the beneficent objects for which the Retreat was established. Other institutions for the care of the insane have been, from time to time, the recipients of substantial gifts and legacies, and some have now acquired valuable endowments. Gifts and legacies were at one time important factors in the Retreat's finance, and unless there is a renewal of these, the

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work and usefulness of the Institution must necessarily be crippled.

After taking counsel with a few friends of judgment in different parts of the country, who are interested in the Retreat, and especially with James H. Tuke, and Dr. Hack Tuke, whose acquaintance with the Institution over a long term of years gives to their judgment a special value, the Committee have decided to make the financial state of the Institution more generally known, by the issue of a circular-appeal. This appeal has now been widely distributed, and a number of kind responses, amounting to £1,085 towards a Donation Fund, and £300 towards an Endowment Fund, have been already received or promised.

If by these means the Bank overdraft can be cleared off, and the nucleus of an Endowment Fund established, the Institution will be placed in a much more satisfactory position than that which it at present occupies. But whatever success may attend this effort, the need for continued watchfulness over expenditure will be earnestly kept in view.

Appended to this Report (see page 40) will be found a form of bequest. It is thought that, to some Friends, this may be a more convenient mode than any other of assisting the Retreat.

Signed on behalf of the Committee,

RICHARD THOMPSON,

Hon. Treasurer.

18th of 7th month, 1893.

YEAR ENDING

ANNUAL STATEMENT FOR THE

INCOME.

	£.	s.	d.	£.	s.	d.
To Clark's Gift				4	0	0
Dann's Bequest				2	9	4
Rent.. . . .				62	7	0
Discounts, and Interest received on patients' overdue accounts				154	19	5
Dividend, Morecambe Pier Compy.				5	0	0
Baths				7	7	6
Consultation Fees	156	0	0			
Board of Patients	16,892	2	2			
				<hr/>		
				17,048	2	2
Loss for the year				1,104	6	10

We have examined the above accounts and find them to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.

BARBER BROS. & WORTLEY,
Chartered Accountants.
Sheffield, 27th May, 1893.

£18,388 12 3

By House
Salaries
Stables,
Garden
Rates, T
Drugs, I
Postage,
Library,
Perishab
Incident
Repairs
Joiners'
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YEAR ENDING 31st OF 3rd MO., 1893.

EXPENDITURE.

	£	s.	d.	£.	s.	d.
By House Expenses	8,311	6	7			
Salaries and Wages	5,413	18	0			
Stables, Carriages, & Cowhouse Expenses (incl. Wages)	300	9	11			
Garden (including Wages)	331	8	0			
Rates, Taxes and Insurance	228	6	2			
Drugs, Instruments, &c.	78	0	9			
Postage, Telegrams and Carriage	45	19	4			
Library, Stationery, and Printing	134	15	5			
Perishables, China, Glass, Baskets, &c.	148	3	10			
Incidental Expenses and Amusements	194	6	2			
				15,186	14	2
Repairs and Alterations	825	14	5			
Joiners' Shop	250	11	2			
Auditors' Charges	23	17	6			
Interest on Loans	916	8	9			
Annuitants	13	10	0			
Bad Debt Account. Balance written off (including provision for doubtful debts)	149	9	4			
Depreciations as under, viz. :—						
Linen and Bedding.						
Estimated value 31. 3 mo., 92	1292	1	3			
Purchases during year	236	5	7			
Depreciation, 15 per cent. on	1528	6	10	229	5	0
Furniture and Furnishings.						
Estimated value, 31. 3 mo., 92	8549	13	7			
Purchases during year	329	9	7			
Depreciation, 7½ per cent. on	8879	3	2	665	18	8
Boilers, Heating Apparatus, & Hydrants.						
Estimated value, 31. 3 mo., 92	779	14	6			
Expenditure during year	239	2	6			
Depreciation, 10 per cent. on	1018	17	0	101	15	3
Greenhouses. Estimated value, 31. 3, 93	254	0	5			
Depreciation thereon, 10 per cent.				25	8	0
				3,201	18	1
				£18,388	12	3

T FOR THE

£. s. d.
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2 7 0
4 19 5
5 0 0
7 7 6
2 2
6 10

88 12 3

BALANCE SHEET.

31st of 3rd mo., 1893.

	LIABILITIES.			ASSETS.			
	£.	s.	d.		£.	s.	d.
To York City and County Bank	4,463	11	9	By Land and Buildings as last year	-	-	38,982 9 11
Interest due and accrued to date	52	14	0	Belle Vue Estate	-	-	4,000 0 0
Tradesmen's Accounts owing, &c.	1,848	17	6	Bleasdale's Fields	-	-	7,886 7 4
Loan, Friends' Provident Institution	19,495	0	0	Cottage Hospital and Land	-	-	1,181 8 0
Interest due and accrued to date	530	0	0	New Entrance Lodge and Mortuary	-	-	1,978 16 9
Stock, Balance in favour of the Institution	49,870	19	3	Ladies' New West Villa	-	-	5,967 13 2
Decrease this year	1,104	6	10	Boilers, Heating Apparatus and Hydrants	-	-	915 17 5
	48,766	12	5	Greenhouses	-	-	228 12 5
				Furniture and Furnishings	-	-	8,213 4 6
				Linen, Bedding, &c.	-	-	1,299 1 10
				Morecambe Pier Shares	-	-	100 0 0
				Amount owing by Patients and others	3,604	0	1
				Less Provision for doubtful debts	252	5	7
				Stock in House	-	-	3,351 14 6
				" Apothecary's Shop (estimated)	-	-	80 4 8
				" Joiners' Shop	-	-	50 0 0
				" Library (estimated)	-	-	263 0 0
				" Stables (Carrriages, Live Stock, &c.)	-	-	50 0 0
				" Garden	-	-	224 0 0
				Cash in hand	-	-	276 0 0
					-	-	108 5 2
					-	-	£75,156 15 8

We have examined this Balance Sheet and find it to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.

BARBER, BROS. & WORTLEY,
Chartered Accountants.

Sheffield, 27th May, 1893.

COMPARISON OF HOUSEKEEPING EXPENSES.

	Year ending 3rd Mo. 31st, 1892.	Year ending 3rd Mo. 31st, 1893.
	£ s. d.	£ s. d.
Meat, 5,954 st. 9 lb. @ 9/2 to 10/- per st. and Sundries	2,753 10 9	2,799 0 6
Bacon and Ham	214 15 10	291 19 2
Poultry and Game	158 9 1	157 7 9
Fish	155 16 6	150 2 4
Milk, 18,758 gallons at 10½d. and 1/4	819 1 11	802 10 9
Butter, 8,092 lbs.	535 18 9	443 17 0
Eggs, 42,501	189 8 0	149 6 8
Cheese	89 7 11	44 12 3
Flour and Bread	596 8 9	498 8 2
Cakes and Confectionery	74 18 5	89 2 3
Rice, Sago, &c.	44 11 6	57 3 2
Tea, Coffee, and Cocoa	356 14 5	334 10 2
Sugar	171 12 10	157 18 4
General Small Groceries	391 0 2	317 1 7
Fruit and Vegetables	481 7 11	430 19 3
Soap, Soda, and Starch	146 11 8	171 15 11
Gas, Candles and Oil	410 8 8	390 5 2
Coal and Coke	1029 2 4	963 9 10
Water	120 1 5	112 16 7
	£8,739 6 10	£8,380 18 5
Less Stock in House	71 14 3	
Dripping Sold	10 17 6	30 14 7
" Bones and Swill Sold	32 3 4	36 0 0
" Sundries	6 16 11	2 17 3
	121 12 0	69 11 10
	£8,617 14 10	£8,311 6 7

Family 265, exclusive of visitors.

Family 268, exclusive of visitors.

Stables (Carriages, Live Stock, &c.) 224 0 0
Gardens 976 0 0
Cash in hand 108 5 2

£75,100 18 8

£75,100 18 8

Report

OF THE

Medical Superintendent.



IN presenting the Annual Report of the Retreat to the General Meeting of Directors, I wish in the first place to express my sincere thanks to the Managing Committee for the personal kindness shown to me since the commencement of my work as Superintendent of the Retreat.

Dr. Baker, during the nine months which have elapsed since I succeeded him, has also rendered me every possible help and has spared no pains in doing so. I have repeatedly taken advantage of his willingness to advise me in points of difficulty. It is a source of great satisfaction to me that Dr. Baker continues as Consulting Physician to the Retreat.

During the past year every effort has been made to maintain the efficiency of the Retreat in ministering to the needs of the insane.

There were in the Institution on July 1st, 1892, 150 patients, of whom 58 were males and 92 females. During the past year, 27 new patients were admitted (8 males and 19 females), so that in all, 66 males and 111 females, a total of 177 patients were under treatment.

Twenty-six patients (10 males and 16 females)

General
Statistics.

were discharged during the year, so that there were remaining in the institution on June 30th, 1893, 151 patients, of whom 56 were males and 95 females. The average number of patients resident during the year has been 150.56.

The Average Weekly cost of Maintenance per patient for the financial year has been 38s. 2½d., as against 39s. 9½d. last year; and the Average Weekly payment per patient for the financial year has been 42s. 4½d. as against 42s. 7¾d. last year.

Of the patients at present in the Retreat 77 are Members of the Society of Friends, 11 are closely connected with the Society, and 63 patients have no connection: this gives the result that 58 per cent of the patients are members of the Society of Friends or closely connected therewith.

Admissions.

The number of patients admitted is equal to the average number admitted annually during the past ten years. Five of these were Members of the Society of Friends.

The cause of the mental disease in these patients was in the majority of cases very obscure. Table X in the accompanying statistics gives an analysis of the supposed causes under eight heads. But this artificial classification is by no means satisfactory, since in mental, perhaps more than in general bodily disease, the causes are very imperfectly understood; there are many factors which unite to produce a mental breakdown, and but few of these can be traced or explained.

Fourteen of the new patients were deemed curable, and 9 had recovered from previous attacks. Thirteen were suffering from melancholia, 6 from

mania, 2 general paralysis, 3 delusional insanity and 4 were demented.

In addition to these patients, four were received as voluntary boarders, one of whom still remains under treatment.

Discharges.

During the past year 8 patients have recovered and left the Retreat, 5 patients have been discharged relieved, 6 un-improved and 7 patients have died. The number of recoveries during the year is slightly below the average.

Two patients were removed against the advice of the Retreat medical staff; in both cases their friends were asked to give a written statement to the effect that they were aware that the patient was not considered sufficiently well to leave, and that they would hold the medical officers of the institution blameless for the result of their action. One of these, a female patient, who had improved whilst at the Retreat, relapsed shortly after leaving, and eventually committed suicide in her own home by means of carbolic acid.

Deaths.

The seven deaths which have taken place have been due to natural causes and call for no special comment.

**General
health of the
Patients.**

The general health of the household has been good.

The great age to which many of the patients live implies that the Retreat is healthily situated and that the necessaries of life are abundantly supplied. No less than 21 females and 7 males are over 70 years of age—whilst the average age of the females is as high as 53·8 years and the males 48·2.

One female patient admitted 57 years ago is the oldest inhabitant, whilst the corresponding male patient has been 50 years in residence. It is interesting to note that during the whole of this period these patients have been received at a charitable rate of payment. They were both originally admitted at the lowest rate, which at that time stood at 4s. weekly.

**Attempts at
Suicide.**

Two attempts at suicide have been made within the institution. The first was by a young man who injured the ball of his thumb by a piece of steel removed from his necktie in the mistaken notion that "lock-jaw" would ensue. The wound readily healed.

The other attempt was more serious and occurred the day after admission. The patient was quietly lying in bed and had been taking bread and milk, when suddenly and without any warning she threw the cup and saucer with great violence into the face of the nurse who was sitting sewing by her bedside. With the fragments of the cup the patient injured her throat before assistance, which was within call, could arrive. In this case also the wound healed with great rapidity.

Suicidal patients are a source of great anxiety to all who have the care of the insane; but the nurses and attendants who have the immediate charge of such patients are, on account of the arduous duties they undertake with but small remuneration, especially deserving of much sympathy. Attendants who fail to carry out instructions are liable to prosecution by the Commissioners in

Lunacy, if they neglect their duty; on the other hand there is often little reward for many weeks of constant vigilance.

Occupation of Patients.

Every effort has been made to induce all classes of patients to occupy their time advantageously. It is universally understood that regular employment assists in the recovery from mental disease, and greatly ameliorates the condition of those who are obliged to remain under care.

Work.

Table XIII in the accompanying statistics gives particulars of how the patients are employed. It will be seen that of the 66 male patients under treatment during the year, 39 have been more or less employed, and of these 19 have helped in the farm or garden. Of the remainder, 15 are physically incapable of any work and 12 are mentally unfit. A great deal of needlework has been done on the female side, 38 patients being so employed.

Out-door games have been regularly played, and cricket or football matches were arranged almost weekly according to the season.

Golf.

Last winter a golf course of six holes was laid out in the lower meadows and the game was taken up very enthusiastically. Three patients in particular who could with difficulty be induced to take any out-door exercise would willingly join in a game of golf and thereby walk miles after their golf balls, and if lost would seek them under the hedgerows with great persistence.

Entertainments.

In addition to the concerts, lectures and other entertainments which have been held in the Recreation Hall, during the winter months,

"Drawing Rooms" have been held on the Ladies' side almost weekly. These have been largely attended by both lady and gentlemen patients; music, cards and other games assisted in giving pleasant evenings. The Annual Ladies' and Gentlemen's Parties after Christmas took place as usual. Garden Parties on the Ladies' Terrace and an excursion to Skipwith Common were arranged this summer. The latter proved, thanks largely to the weather, a great success.

**Meetings for
Worship.**

I have to thank many Friends, some of whom have come from a distance, for being willing to assist in the Meeting for Worship held every Sunday evening at the Retreat. This meeting is generally well attended, an average of 60 patients being present. At the reading on Sunday afternoon also, many Friends have kindly assisted.

A considerable number of patients attend Divine service on Sunday morning in various Churches in the city and a few regularly attend the Meeting of the Society of Friends in York.

Visitors.

The Directors' and the Committee's visitors have regularly visited the Retreat and have written reports as usual.

The Commissioners in Lunacy have also paid two visits during the past year.

**Improvements
completed.**

It is now four months since a uniform was introduced for the nurses in the Retreat.

**Uniform for
Nurses.**

This consists of a plain dress, apron, cuffs, collar and cap, and is only to be worn when on duty within the institution. Nurses who may be accompanying a patient for a walk or drive are not permitted to wear their uniform.

The improvement in the general appearance of the nurses is very marked. The introduction of the uniform seems also to emphasise the idea that the duties are rather the nursing of the sick than a mere attendance upon the insane. The nurses are provided with the uniform free of cost.

The following are some of the improvements to the Retreat premises which have been carried into effect during the past year.

Engine House

Extensive additions to the engine-house, including a new engine for the laundry work, a Worthington pump, additions to the electric lighting plant and the covering of all steam pipes with a non-conducting covering. It is expected that these improvements will result in a considerable economy of coal. The engine-house itself has been considerably enlarged and improved.

Laundry.

A new boiler for the laundry has been fitted, and arrangements made to facilitate the sorting of the clothes. The machine shafting has been altered to reduce the noise.

A new slow-combustion stove and boiler have been fitted for the hot water service on the male side of the institution.

Ashpit.

The main ash-pit has been rebuilt upon modern principles and various coal store-rooms have been re-modelled.

Coal Store-rooms.

Drainage.

Owing to stoppage of the main drain, a careful examination of a section of the drainage on the south side of the west-wing was required. To completely remedy the defects discovered, 150 ft. of this drain were taken up and replaced by new

pipes 9 inches in diameter set in concrete. The average depth of this section was about 15 feet. Three new inspection chambers were also built.

Re-decoration
of Drawing-
rooms.

The drawing room, at the Gentlemen's Lodge, the Committee Room, and several private rooms on both sides of the house have been re-decorated. The outside of the West Villa is now being varnished.

Farm and
Garden.

The greenhouses, the farm buildings and the west boundary iron fence have been painted, and the east boundary fence repaired.

The omnibus and wagonette kept by the Retreat for the use of patients have been put into thorough repair.

The tennis lawn has been enlarged and the asphalt court lengthened and renovated.

Improvements
in progress

The following improvements are now in hand:—

New Lavatory
block to 4th &
5th Galleries.

A new lavatory block for the use of the Fifth and lower Fourth galleries is now in course of erection. This will remedy a long felt want, which has frequently been alluded to in the reports of the Commissioners in Lunacy.

The basement of this block will give a much needed sitting room for the use of the laundry maids.

Bath Room at
Cottage
Hospital.

An addition to the Cottage Hospital, providing a bath room and W. C., is now approaching completion.

Centre
Corridor
Lavatory, &c.

A lavatory opening out of the centre corridor has been authorised by the Committee and will be proceeded with this summer.

Boot Room &
Gentlemen's
Lodge.

The need of a boot room and lavatory at the Gentlemen's Lodge has been long felt. By a re-arrangement of existing rooms, one has been

set free for this purpose and is to be fitted up with the necessary basins and lockers.

Fire
Apparatus.

The whole of the apparatus possessed as a precaution against fire has been examined. To supplement this, two corridor fire-engines and a hose reel to carry canvas hose have been ordered. A new hydrant has also been fixed near the private gate to Belle Vue in connection with the Retreat pumps, so that an adequate supply of water is now available at Belle Vue. It is felt that, with this apparatus and the frequent drilling of the attendants, there need be only a minimum of anxiety in case of an alarm of fire. The existence of no less than seven distinct stone staircases between the various floors of the main building is from this point of view a very wise provision.

Improvements
still needed.

Though the above list of improvements shows that much has been done and is being done to add to the comfort of the patients in the Retreat, much remains to be accomplished. Among the improvements which I hope may be carried into effect before long I may mention the following:—

Estate Drive.

The consideration of the Committee has already been given to the continuation of the existing drive round the southern and western boundary of the estate. This would result in opening out the beautiful meadows at the lower part of the grounds and greatly increase the space provided for the patients' exercise and enjoyment. I hope it may not be long before the whole of the meadow land enclosed in the old Retreat boundary may be available for pleasure grounds.

Ladies' In-
Garden.

Hospital on
female side

Re-decoration
of certain
galleries
needed

Ladies' Inner
Garden.

Owing to the alterations now in progress on the ladies' side, the old airing courts will become available for re-arrangement. It will thus be possible to provide a sheltered garden with a south aspect for the use of infirm patients who are unable or unfit to take exercise further afield.

Hospital on
female side.

A Hospital department on the female side, in charge of a skilled lady nurse, is an improvement greatly needed. This Hospital would receive the female patients whose bodily condition is such that extra diet and special nursing are necessary. At present these patients are nursed in various parts of the house at an unnecessary expenditure of labour. Although a detached building would be preferable, an existing gallery could I believe be converted to this purpose, but it would require re-decoration and other alterations. A Hospital conducted upon these lines is found to be a valuable feature in many other institutions for the insane.

Re-decoration
of certain
galleries still
needed.

The third gallery on the male side and the lower fourth on the female side, though in good repair, still need some decoration and extra furnishing to render them comfortable and thoroughly up to date. The patients who occupy these rooms are not able to appreciate very fully their environment, but it is a well recognised fact that comfortable and homelike surroundings react beneficially upon the most hopeless class of patients.

The main-staircase of the Retreat greatly needs re-decoration.

There have been two resignations amongst the Officers of the Retreat during the past twelve

Resignation of Mr. Hind. months. To fill the vacancy caused by the resignation of Mr. Hind, who for years held the post of Senior Assistant Medical Officer, Mr. Charles Oliver Stanwell from St. Andrew's Hospital, Northampton, was appointed by the Committee.

Appointment of Mr. Stanwell. I am glad to be able to say that Mr. Stanwell has proved a very agreeable colleague and has displayed conspicuous ability in the discharge of his duties. I am indebted to him for the satisfactory way in which he conducted the management of the Retreat during my summer holiday. The statistics which accompany this report are almost entirely compiled by Mr. Stanwell.

Resignation of Mrs. Edmiston and appointment of Miss Godson. I have to report with regret that Mrs. Edmiston, who for 14 years had been Matron at Belle Vue, was obliged to resign her position on account of continued ill-health.

Miss Godson, a lady who has had considerable experience for many years in the treatment of the insane, was elected by the Committee to succeed Mrs. Edmiston, and entered upon her duties at the commencement of the present month.

I have already alluded to the responsible and onerous duties performed by the attendants and nurses in institutions for the insane. I am glad to say that on both sides of the house the nursing has been well done, and instructions have always been faithfully carried out.

I feel personally much indebted to the officers and the general staff for the loyal support given me when I entered upon my duties as medical superintendent.

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To Mr. Woods, the Secretary, I owe much for his valuable help in administrative details.

Mr. North, the Visiting Medical Officer of the Retreat has very frequently visited the institution during the past year; I have been glad to avail myself of his judgment and experience.

A list of the various presentations made to the Retreat since the last report is appended. On behalf of the Committee I wish to express a hearty appreciation of these gifts.

(Signed) BEDFORD PIERCE.

July 18th, 1893.

PRESENTATIONS TO THE RETREAT DURING
THE YEAR ENDING 30. VI., 93.

- A Medallion executed in Carrara Marble by Geo. Adams, Sc., F.S.A., of William Tuke, the founder of the Retreat; presented by his great grandchildren, James Hack Tuke, and Esther Tuke. (*See frontispiece.*)
 - An Engraving, "Elizabeth Fry reading to the Prisoners in Newgate," presented by Dr. Baker.
 - A Portrait of the late John Thurnam, M.D., presented by his nephew, Herbert Thompson.
 - A Photograph of Thomas Burt, presented by Mrs. Burt.
 - A Photograph of the Members of the Medico-Psychological Association present at the Annual Meeting held at the Retreat, July 21st, 1892, presented by Dr. Baker.
 - A Copy of "Reform in the Treatment of the Insane," presented by the author, Dr. D. Hack Tuke.
-
- A large number of Presents at Christmas-time for the patients, by Elizabeth Dimsdale.
 - A presentation of Books to the Attendants and Nurses was made by James Hack Tuke in commemoration of the Centenary of the Retreat.

TABLE I.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES AND DEATHS, DURING THE YEAR ENDING 30th JUNE, 1893.

	Male.			Female.			Total.		
	Male.	Fem.	Total	Male.	Female.	Total.	Male.	Female.	Total.
In the Institution, July 1st, 1892 ..				58	92	150			
Cases admitted—									
First admissions	8	14	22						
Not first admissions	5	5						
Total cases admitted during the year				8	19	27			
Total cases under care during the year				66	111	177			
Cases discharged—									
Recovered	4	4	8						
Relieved	2	3	5						
Not Improved	3	3	6						
Died	1	6	7						
Total cases discharged and died during the year				10	16	26			
Remaining in the Institution, 30th June, 1892				56	95	151			
Average numbers resident during the year				58.52	91.76	150.56			
Persons* under care during the year†				66	110	176			
Persons admitted				8	19	27			
Persons recovered				4	4	8			
Transferred to the Retreat ..				1	1	2			
Transferred from the Retreat				2	3	5			

* Persons, *i. e.* :—separate persons in contradistinction to “cases” which may include the same individual more than once.

† Total cases, minus re-admissions of patients discharged during the current year.

TABLE I A.—Showing (1) the Previous Attacks among Persons Admitted during the year 1892—93, and (2) the Number of Times they had Previously Recovered in this or any Asylum.

(1) Number of previous Attacks.	PERSONS.					
	Male.		Female.		Total.	
Have had 1 attack	6	..	6	..
” 2 attacks	1	..	1	..
” 3 ”	1	..	1	..
” 4 ”	1	..	1	..
” more than 4 attacks

(2) Number of times Patients Recovered.	In this Asylum.			In any other Asylum.		
	M.	F.	T.	M.	F.	T.
Once	3	3	..	3	3
Twice
3 times	1	1
4 ”
5 ”	1	1
More than 5 times

DISCHARGES AND
1893.

Female	Total
92	150
19	27
111	177
16	26
85	151
91-76	150-66
110	176
19	27
4	8
1	2
8	5

TABLE II.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES, AND DEATHS, FROM THE OPENING OF THE INSTITUTION TO THE 30th JUNE, 1893.

	Male.	Female.	Total.	Male.	Female.	Total.
<i>Persons</i> admitted during the period of 97 years.....	643	748	1391			
Re-admissions	149	221	370			
Total <i>cases</i> admitted				792	969	1761
Discharged <i>cases</i> —						
Recovered	296	422	718			
Relieved	138	116	254			
Not Improved	43	56	99			
Died	259	280	539			
Total <i>cases</i> discharged and died since the opening of the Institution				736	874	1610
Remaining 30th June, 1893 ..				56	95	151
Average numbers resident during the 97 years				49·35	75·81	125·16
Transferred to the Retreat } since 1845				38	38	76
Transferred from the Retreat }				30	32	62

TABLE II A.—Showing the Admissions and Recoveries of PERSONS* from the opening of the Institution to the 30th June, 1892 (97 years).

	Male.	Fem.	Total.
<i>Persons</i> admitted during the 96 years	643	748	1391
<i>Persons</i> discharged recovered during the same period, being males 36·23, females 39·43, total 37·95 per cent. of <i>persons</i> admitted	233	295	528
Of whom were re-admitted relapsed (<i>Persons</i>)	84	109	193
Recovered <i>persons</i> who have not relapsed	149	186	335
Relapsed <i>persons</i> discharged recovered (after last re-admissions, if relapsed more than once)	35	43	78
Net recovered <i>persons</i> , being males 28·61, females 31·61, total 29·69 per cent. of <i>persons</i> admitted ..	184	229	413

* *Persons*, *i. e.*, separate persons in contradistinction to "*cases*" which may include the same person more than once.

to "*cases*"
during the

Persons Admitted
they had Pre-

Total.
6
1
1
1
..
Asylum.
T.
3
..
1
..
..
..

TABLE III.—SHOWING THE ADMISSIONS, DISCHARGES, AND DEATHS, WITH THE MEAN ANNUAL MORTALITY AND PROPORTION OF RECOVERIES PER CENT. OF THE ADMISSIONS, FOR EACH YEAR SINCE THE OPENING OF THE ASYLUM, MIDSUMMER 1796.

YEAR.	Admitted.			Discharged.						Died.			Remaining June 30th in each year.			Average Numbers Resident in each year.			Per Centage of Recoveries on Admissions.			Per Centage of Deaths on Average Numbers Resident.																
	Male.	Female.	Total.	Recovered.		Relieved.		Not Improved.		Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.														
				Male.	Female.	Male.	Female.	Male.	Female.																Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Total.					
1796 to 1883	669	818	1487	260	367	627	98	82	180	32	37	69	220	237	457	61	94	155	62	98	154	83	58	3	21	68	37	2	7	98	4	86	6	11				
1884	13	11	24	5	4	9	2	4	6	2	3	5	2	3	5	62	93	155	62	2	95	9	158	1	38	46	36	37	5	3	21	3	13	3	16			
1885	16	14	30	4	4	8	5	1	6	2	3	5	5	10	62	94	156	62	43	94	53	156	96	25	0	28	57	26	66	8	0	2	58	6	37			
1886	12	16	28	4	3	7	4	3	7	1	1	2	6	83	98	161	61	21	95	25	156	46	33	83	18	75	25	0	3	26	6	29	5	11		
1887	16	18	34	5	5	10	7	6	13	2	7	13	61	98	159	62	07	99	75	161	82	31	25	27	88	29	76	9	66	7	01	8	03		
1888	12	13	25	2	8	10	4	5	9	..	2	2	7	5	12	60	91	151	61	25	95	91	157	16	16	66	61	53	40	00	11	42	5	00	7	62		
1889	11	18	29	3	7	10	3	3	6	..	1	1	5	2	7	60	96	156	60	08	95	50	155	58	27	27	38	88	34	48	8	32	2	07	4	49		
1890	11	17	28	3	7	10	3	3	6	..	1	1	4	3	7	57	99	156	60	08	98	50	158	58	27	27	41	17	35	71	6	65	3	04	4	41		
1891	16	13	29	3	7	10	3	1	4	..	4	4	5	5	10	62	95	157	57	50	98	50	156	0	18	75	53	84	34	48	8	69	5	07	6	41		
1892	8	12	20	3	6	9	3	5	8	4	3	7	2	1	3	58	92	150	60	58	94	58	156	16	37	50	50	00	45	00	3	30	1	05	1	92		
1893	8	19	27	4	4	8	2	3	5	3	3	6	1	6	7	56	95	151	58	52	91	76	150	56	50	00	21	05	29	62	1	70	6	53	4	64		
Total ..	792	969	1761	296	422	718	138	116	254	43	56	99	259	280	539	Av. or per cent.	60	50	95	63	156	56	33	43	36	33	34	12	6	56	4	23	5	29				
Of the Society of Friends, or connected with it.																																						
Total ..	559	672	1231	228	320	548	71	49	120	17	26	43	204	227	431	88	37	51	88	37	91	50	78	88	70	40	00	60	00	3	93	2	25					
Not connected with the Society of Friends.																																						
Total ..	233	297	530	68	102	170	67	67	134	26	30	56	55	53	108	63	20	60	42	25	62	86	37	5	15	38	23	80	4	85	9	46	7	95				

In the lowest three lines of this table, the totals, averages, and percentages cover the whole period since the opening of the Institution (except the figures showing the numbers remaining on June 30th).

TABLE IV.—SHOWING THE ADMISSIONS, DISCHARGES, AND DEATHS, WITH THE MEAN ANNUAL MORTALITY AND PROPORTION OF RECOVERIES PER CENT. OF THE ADMISSIONS, FOR EACH YEAR SINCE THE OPENING OF THE ASYLUM, MIDSUMMER 1796.

YEAR.	Admitted.	Discharged.	Died.	Remaining on June 30th.
1796 to 1893	1761	1231	539	1565
Of the Society of Friends, or connected with it.	1231	548	431	1099
Not connected with the Society of Friends.	530	170	108	466

Remaining on each year's Admissions June 30, 1893.

Total	559	672	1231	238	320	648	71	49	126	17	26	43	204	227	431	37	51	88	37-91	50-78	88-70	40-00	60-00	8-93	2-20		
Each connected with the history of Total	233	297	530	68	102	170	67	67	134	26	30	56	55	53	108	19	44	63	20-00	42-25	62-86	37-5	15-38	23-80	4-85	9-46	7-95

In the lowest three lines of this table, the total, averages, and percentages cover the whole period since the opening of the Institution (except the figures showing the numbers remaining on June 30th).

TABLE IV.—SHOWING THE HISTORY OF THE ANNUAL ADMISSIONS SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796), AND THE DISCHARGES AND DEATHS, AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH JUNE OF THE YEAR REPORTED ON.

YEAR.	Admitted.			Of each Year's Admissions, Discharged and Died in 1892—1893.						Total Discharged and Died of each Year's Admissions to June 30th, 1892.						Remaining of each Year's Admissions June 30, 1893.											
	New Cases.		Relapsed Cases.	Recovered.		Relieved.		Not Improved.		Died.		Recovered.		Relieved.		Not Improved.		Died.		Male.	Female.	Total.					
	Male.	Female.		Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.								
1796 to 1883	532	618	137	200	1487	1	1	1	1	2	2	268	373	641	102	87	189	35	46	81	237	262	499	25	50	75	
1884	10	11	3	3	24	5	3	8	4	3	7	1	2	3	1	..	1	4	3	7	
1885	14	11	2	3	30	3	7	10	5	4	9	2	2	2	2	2	4	2	1	3	
1886	12	16	28	4	1	5	7	2	9	1	6	7	1	4	5	
1887	15	16	1	2	34	2	5	7	3	7	10	9	3	12	3	4	7	
1888	11	11	1	2	25	3	7	10	4	4	8	..	1	1	3	3	4	2	2	4	
1889	10	17	1	1	29	2	4	6	4	1	5	..	2	2	2	3	6	2	2	7	
1890	10	14	1	3	28	3	11	14	4	2	6	..	1	1	1	..	1	1	4	2	
1891	13	12	3	1	29	1	1	1	1	3	1	3	3	6	3	3	6	3	3	6	2	6	3	5	5	7	
1892	8	8	..	4	20	3	2	5	3	1	2	3	4	7	2	3	5	1	1	2	..	2	2	
1893	8	14	..	5	27	1	1	1	1	8	18	26	
Total	643	748	149	221	1761	4	4	8	2	3	6	7	296	419	715	138	116	254	41	56	97	259	280	539	56	95	151

SUMMARY OF TOTAL ADMISSIONS OF CASES, 1796 to 1893.

CASES.	Male.		Female.		Total.
	Male.	Female.	Male.	Female.	
Percentage of Cases Recovered	37-38	43-56	40-77		
" " Relieved	17-55	11-87	14-42		
" " Not Improved	5-43	5-67	5-56		
" " Died	32-70	28-89	30-61		
" " Remaining	6-94	10-01	8-64		
	100-00	100-00	100-00		

TABLE V.—SHOWING THE CAUSES OF DEATH DURING THE YEAR 1892-1893, TOGETHER WITH THE AGES AT DEATH.

CAUSES OF DEATH.	Under 15 years.		20 and under 25.		25 and under 30.		30 and under 35.		35 and under 40.		40 and under 45.		45 and under 50.		50 and under 55.		55 and under 60.		60 and under 65.		65 and under 70.		70 and under 75.		75 and under 80.		80 and under 85.		85 and under 100.		Not known.		Totals.						
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F							
Cerebral Softening			
Cerebral Effusion			
Morbus Cordis and Cardiac Dropsy			
Ovarian tumour			
Bronchitis		
Morbus Cordis & Diarrhoea		
Exhaustion from Acute Mania		
Totals																																							

TABLE VI.—SHOWING THE NUMBER OF SUBJECTS OF THESE DESCRIBED, AND OF THOSE WHO HAVE DIED, SURVIVED YEAR YEAR 1892-93; AND OF THOSE REMAINING IN THE INSTITUTION ON JUNE 30th, 1893.

TABLE VI.—SHOWING THE LENGTH OF RESIDENCE OF THOSE DISCHARGED, AND OF THOSE WHO HAVE DIED, DURING THE YEAR 1892-93; AND OF THOSE REMAINING IN THE INSTITUTION ON JUNE 30th, 1893.

LENGTH OF RESIDENCE.	RECOVERED.			RELIEVED.			NOT IMPROVED.			DIED.			PATIENTS RESIDENT 30th JUNE, 1893.		
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
Under 1 month	2	2	..	1	1	2	2
1 month, and under 3 months	..	1	4	..	2	2	5	7
3 months, " " "	6	6
6 " " " "	..	1	1	2
9 " " " "	8
1 year, and under 2 years	1	3	4	4
2 years	1	4	9
3 " " " "	6	15
5 " " " "	7	12
7 " " " "	7	14
10 " " " "	7	15
12 " " " "	13	15
15 " " " "	5	11
20 " " " "	3	6
25 " " " "	1	..	1	4	8
30 " " " "	2	4
35 " " " "	2	5
40 " " " "	2	2
Upwards of 40 years	1	1	..	1	1	5	6
Total	4	4	8	2	3	5	3	3	6	1	6	7	56	95	151

TABLE VII.—SHOWING THE DURATION OF THE DISORDER ON ADMISSION IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1892—93.

CLASS.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
				Recovered.			Removed, Relieved or otherwise.					
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
FIRST CLASS— First attack, and within three months on admission	6	5	11	2	1	3	3	3	6	1	1	2
SECOND CLASS— First attack, above three, and within twelve months on admission	1	1	2	2	..	1	1
THIRD CLASS— Not first attack, and within twelve months on admission	10	10	1	3	4
FOURTH CLASS— First attack or not, but of more than twelve months on admission	2	2	4	1	..	1	2	1	3	..	4	4
FIFTH CLASS— Congenital.....	..	1	1
TOTAL	8	19	27	4	4	8	5	6	11	1	6	7

TABLE VIII.—SHOWING THE DURATION OF THE DISORDER ON ADMISSION IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1892—93.

TABLE VIII.—SHOWING IN QUINQUENNIAL PERIODS THE AGES OF ALL CASES ADMITTED, DISCHARGED, AND DIED, DURING THE YEAR 1892-93, AND OF THOSE REMAINING IN THE INSTITUTION ON 30TH JUNE, 1893.

AGES.	THE ADMISSIONS.			THE DISCHARGES.			THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1893.					
	Recovered.			Removed Relieved or otherwise.			Total.			Total.					
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.			
5 years, and under 10			
10 "			
15 "			
20 "	2	1	3	1	..	1	1	..	1			
25 "	..	1	1	5	6	11			
30 "	1	1	2	5	6	11			
35 "	1	1	2	1	..	1	6	9	15			
40 "	1	1	2	1	1	2	1	6	4	10			
45 "	..	5	5	1	1	2	1	4	12	16			
50 "	2	4	6	..	2	2	3	11	14			
55 "	1	1	2	1	..	1	4	8	12			
60 "	1	4	5	..	1	1	4	10	14			
65 "	1	..	1	5	6	11			
70 "	4	9	13			
75 "	..	1	1	4	10	14			
80 "	3	10	13			
85 "	1	5	6			
90 "	1	1	2			
95 "	2	2			
100 "			
Unknown.....			
Total	8	19	27	4	4	8	5	6	11	1	6	7	56	95	151
Mean Age ..	43.25	46.89	45.81	40.00	50.25	45.12	40.60	44.66	42.81	41.00	60.83	58.00	47.57	58.45	51.27
Mean age at Death 1796—1893	48.76 60.95 54.85														

TOTAL	8	19	27	4	4	8	5	6	11	1	6	7	56	95	151
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TABLE IX.—SHOWING THE CONDITION ON ADMISSION AS TO MARRIAGE, IN THE ADMISSIONS, DISCHARGES, AND DEATHS DURING THE YEAR 1892-93: AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30TH, 1893.

CONDITION IN REFERENCE TO MARRIAGE.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1893.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
Single	4	8	12	3	1	4	2	4	6	1	2	3	43	71	114
Married	4	9	13	1	3	4	3	2	5	..	1	1	11	11	22
Widowed	2	2	3	3	2	13	15
Unknown
Total	8	19	27	4	4	8	5	6	11	1	6	7	56	95	151

TABLE X.—SHOWING THE PROBABLE CAUSES OF DEATH IN THE PATIENTS ADMITTED DURING THE YEAR 1892.—55.

TABLE X.—SHOWING THE PROBABLE CAUSES OF INSANITY IN THE PATIENTS ADMITTED DURING THE YEAR 1892—93.

CAUSES OF INSANITY.	Number of Instances in which each case was assigned.														
	Admissions {						Number of Cases.								
	As predisposing cause.		As exciting cause.		As predisposing or exciting (where these could not be distinguished).		M.		F.		T.				
Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	
MORAL.—															
Adverse circumstances & business anxieties	2	1	3	2	1	3	
Mental anxiety and overwork	1	2	3	1	2	3	
PHYSICAL:—															
Influenza	1	..	1	1	..	1	
Accident	1	..	1	1	..	1	
Congenital	1	1	
Other bodily diseases or disorders	2	2	2	2	
Previous attack	8	8	8	8	
Hereditary (direct or collateral)	2	2	2	2	
Unknown	3	3	6	
												8	19	27	

TABLE XI.—SHOWING THE FORM (ON ADMISSION) OF THE MENTAL DISORDERS IN THE ADMISSIONS, DISCHARGES, AND DEATHS OF THE YEAR 1892—93; AND THE FORM OF MENTAL DISORDER IN THE INMATES ON JUNE 30TH, 1893.

FORM OF MENTAL DISORDER.	ADMISSIONS.			DISCHARGES.						DEATHS.			Remaining June 30, 1893			
	Male	Fem.	Total	Recovered.			Relieved.			Not Improved			Male	Fem.	Total	
				Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total				
Congenital or Infantile mental deficiency
<i>a.</i> with epilepsy	1	1	1
<i>b.</i> without epilepsy	1	1	7
Epilepsy acquired	1	1	12
General Paralysis of the Insane	1	3	6	4
Acute Mania	3	3	6	1	..	1	4
Mania	1	2	3	2	1	3	8
Chronic Mania	26
Recurrent Mania	12
Puerperal Mania	4
Senile Mania
Delusional Mania	1	2	3	1	2	3
Acute Melancholia	7	7	1	21
Chronic Melancholia	7
Recurrent Melancholia	2	2	6
Senile Melancholia	1	1	..	1	1	9
Primary Dementia	1	1	1
Secondary Dementia	1	..	1	2
Senile Dementia	1	..	1	2
Organic Dementia (i.e. from tumours, syphilis, &c.)	35
Moral Insanity	3
Total	8	19	27	4	4	8	2	3	5	3	6	1	6	7	56	151

TABLE XII.—SHOWING THE STATION OR OCCUPATION OF PATIENTS ADMITTED DURING THE YEAR 1892-93.

MALES.		FEMALES.	
Surgeon.....	1	Housewife.....	5
Brewer	1	Housekeeper	2
Manager of Steel Works	1	Grocer	1
Proprietor of Fancy Repository.....	1	No occupation	11
Iron and Steel Merchant	1		
Bank Clerk	1		
No occupation	2		
Total	8	Total	19

TABLE XIII.—SHOWING THE NUMBER OF PATIENTS EMPLOYED, AND THE PRINCIPAL KINDS OF EMPLOYMENT, DURING THE YEAR 1892—93.

	Male.	Fem.	Total.
Agricultural and out-door employments	19	..	19
Mechanical employments or Fancy Work	1	3	4
House-work, principally	4	10	14
Needle-work, principally	22	22
Needle-work, occasionally	16	16
Reading, Writing, Music, &c. principally	15	15	30
More or less employed	39	66	105
For the most part unemployed, except in taking exercise	27	45	72
Total under care during the year	66	111	177

A G E N T S .

Bedfordshire Quarterly Meeting.

Hertford & Hitchin M. M. Edward Manser, *Hertford*.
 Luton & Leighton
 Northampton & Wellingboro'

Berkshire and Oxfordshire Q. M.

Banbury M. M. Chas. Gillett, *Banbury*.
 Reading & Warborough Joseph Huntley, *Reading*.
 Witney John M. Albright, *Charlbury*.

Bristol and Somerset Q. M.

Bristol M. M. }
 Frenchay }
 Middle Division of Somerset John W. C. Clothier, *Street*.
 North Division of "
 Shaftesbury and Sherborne Edwin Bracher.
 Wiltshire
 West Division of Somerset Joseph Hoyland Fox, *Wellington*.

Cornwall Q. M.

East Division M. M.
 West Division

Cumberland and Northumberland Q. M.

Allendale M. M. }
 Carlisle }
 Holm
 Pardshaw

Derbyshire, Lincolnshire and Nottinghamshire Q. M.

Broughton & Gainsborough, }
 Spalding & Wainfleet }
 Chesterfield M. M. J. B. Bowman, *Monyash, Bakewell*.
 Nottingham & Mansfield Samuel F. Armitage, *Nottingham*.

Devonshire Q. M.

East Division M. M. Robert Dymond, *Exeter*.
 West Division Edward James, *Plymouth*.

*Joseph Wm. Glaister,
Architect, Coniscliff Road,
Darlington.*
*John Bigland
Henknowle
Bishop Auckland.*

✓ Durham Q. M.

Darlington M. M.	William Taylor, <i>Middlesbro'.</i>
Guisbro'	Ralph Dixon, <i>Great Ayton,</i> <i>R.S.O., Yorks.</i>
Newcastle	
Richmond	

✓ Essex and Suffolk Q. M.

Coggeshall M. M.	Robert Doubleday, <i>Coggeshall.</i>
Colchester	Wilson Marriage, <i>Dilbridge Hall,</i> <i>Colchester.</i>
Thaxted	Edmund B. Gibson, <i>Saffron Walden.</i>
Witham	Joseph Gripper, <i>Chelmsford.</i>
Woodbridge	Samuel Alexander, <i>The Bank,</i> <i>Woodbridge.</i> <i>Burwoods</i> <i>Ipswich</i>

Kent Q. M.

Folkestone M. M.	Henry Headley, <i>Canterbury.</i>
Rochester	

✓ Lancashire and Cheshire Q. M.

Cheshire M. M.	J. H. Neave, <i>Rainor, Macclesfield.</i>
Hardshaw, East	John Collinson, <i>13, Heywood St.,</i> <i>Cheetham, Manchester.</i>
Hardshaw, West	
Lancaster	Wm. Pickard, <i>Oak Bank, Lancaster</i>
Marsden	Thos. Abbatt, <i>Kirkhall Place,</i> <i>Chorley Old Road, Bolton.</i>
Preston	John Satterthwaite, <i>Preston.</i>

London and Middlesex Q. M.

✓ Devonshire House M.M.	Jos. Armfield, 1, South Place, Finchbury, London, E. C.
Ratcliff and Barking	Arthur Lister, <i>Leytonstone, N. E.</i>
Southwark	Edwd. Alexander, <i>52, Oakhurst</i> <i>Grove, East Dulwich.</i>
Westminster & Longford	H. Neighbour, <i>127, High Holborn,</i> <i>W. C.</i>
Kingston	Geo. Barrett, <i>High St., Croydon.</i>
Tottenham	John Harrison, <i>Talbot Road,</i> <i>Tottenham.</i>

Norfolk, Cambridgeshire and Huntingdonshire Q. M.

Cambridge & Huntingdon M. M. .	
Lynn	Daniel C. Burlingham, <i>Lynn.</i>
Norwich	} George Ringer, <i>Diss.</i>
Tivetshall	

✓ Sussex, Surrey and Hants Q. M.

Alton M. M.
 Dorking, Horsham and Guildford
 Lewes and Chichester
 Poole and Southampton

Warwickshire, Leicestershire & Staffordshire Q. M.

Leicester M. M.
 Staffordshire Ruter Sholl, *Selwynn Road,*
Margate, Kent.
 Warwickshire, North }
 Warwickshire, South } John Bottomley, *Birmingham.*

Western Q. M.

Gloucester & Nailsworth M.M.
 Herefordshire & Radnorshire Josiah Newman, *Leominster.*
 South Division of Wales { Charles S. Price, *Bryn Derwen,*
near Neath.
 Worcestershire & Shropshire

✓ Westmoreland Q. M.

Kendal M.M. ~~John Farrar, *Kendal.*~~
 Sedbergh Samuel Harper, *Morton Pits,*
Sedbergh.
 Strickland
 Swarthmore Wm. Satterthwaite, *Esthwaite How,*
Sawrey, Ambleside.

✓ Yorkshire Q. M.

Balby M. M. Daniel Doncaster, *Sheffield.*
 Brighouse George Tatham, *Leeds.*
 Pickering and Hull Alfred West, *Hull.*
 Pontefract Charles Brady, *Barnsley.*
 York Henry King, *York.*

Scotland.

Edinburgh

Road
 ington.
 and.

Swarwood
 Spwrich

In ordinary cases the forms required to be filled up and signed, before a patient is admitted to the Retreat, are the following :—

1 and 2. *Two Certificates* from duly qualified and Registered Medical Practitioners, made on separate examinations of the patient within 7 days of date of admission.

3. *Petition, and Statement of Particulars* (addressed to a Justice appointed under the Lunacy Act, 1890, or a Judge of County Courts, or a Stipendiary Magistrate,) signed by the Petitioner, who must have seen the patient within 14 days.

4. *Order* for admission of patient, signed within 7 days of date of admission.

5. *Form of Agreement* with the Treasurer of the Retreat.

FORM OF BEQUEST.

I bequeath to the Treasurer for the time being of an Institution near York, called *The Retreat for Persons afflicted with Disorders of the Mind among the Society of Friends*, the sum of
to be paid out of such part of my personal Estate, as shall not consist of chattels real, and applied for the purposes of the said Institution ; and for which the receipt of such Treasurer shall be a sufficient discharge.

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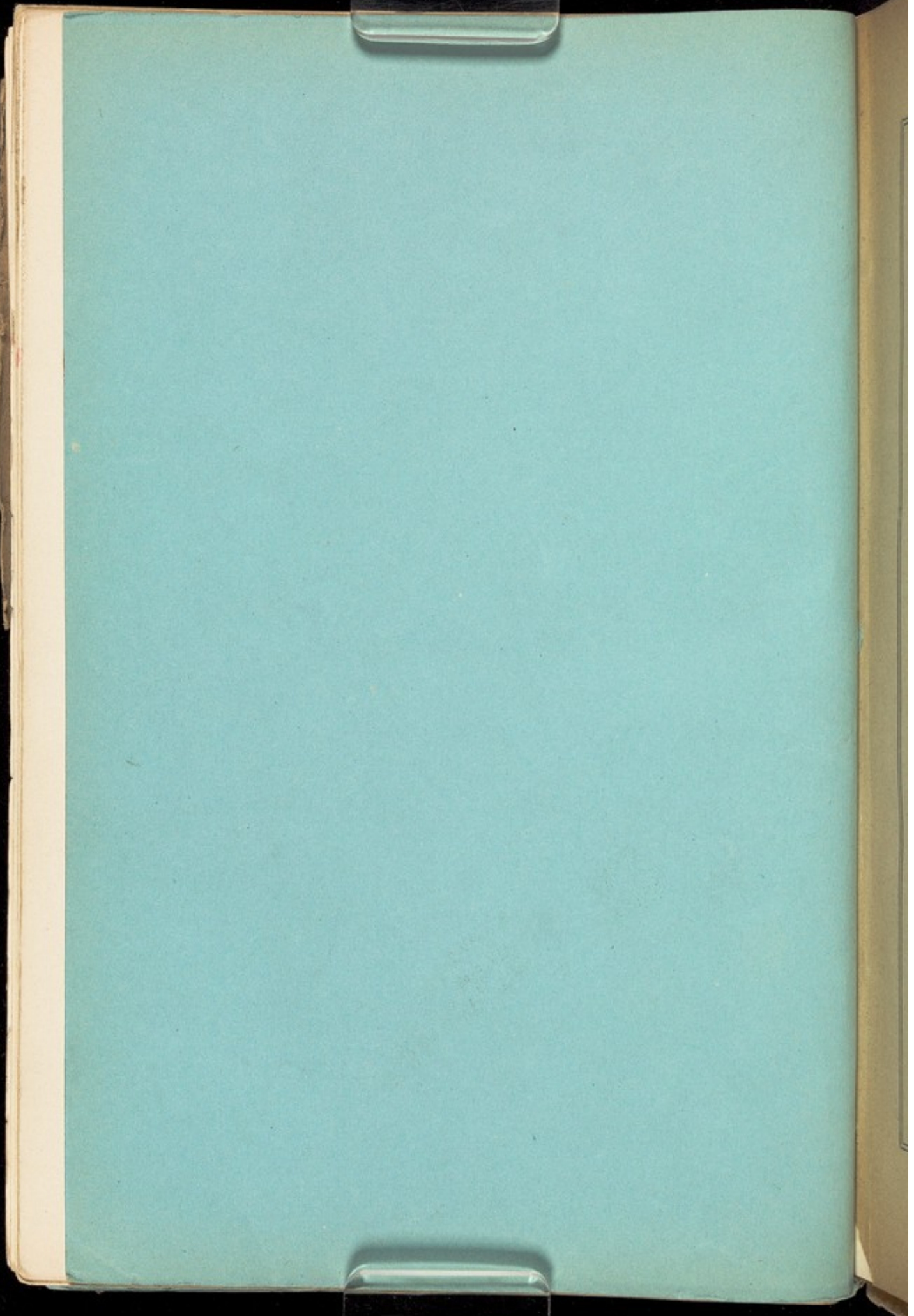
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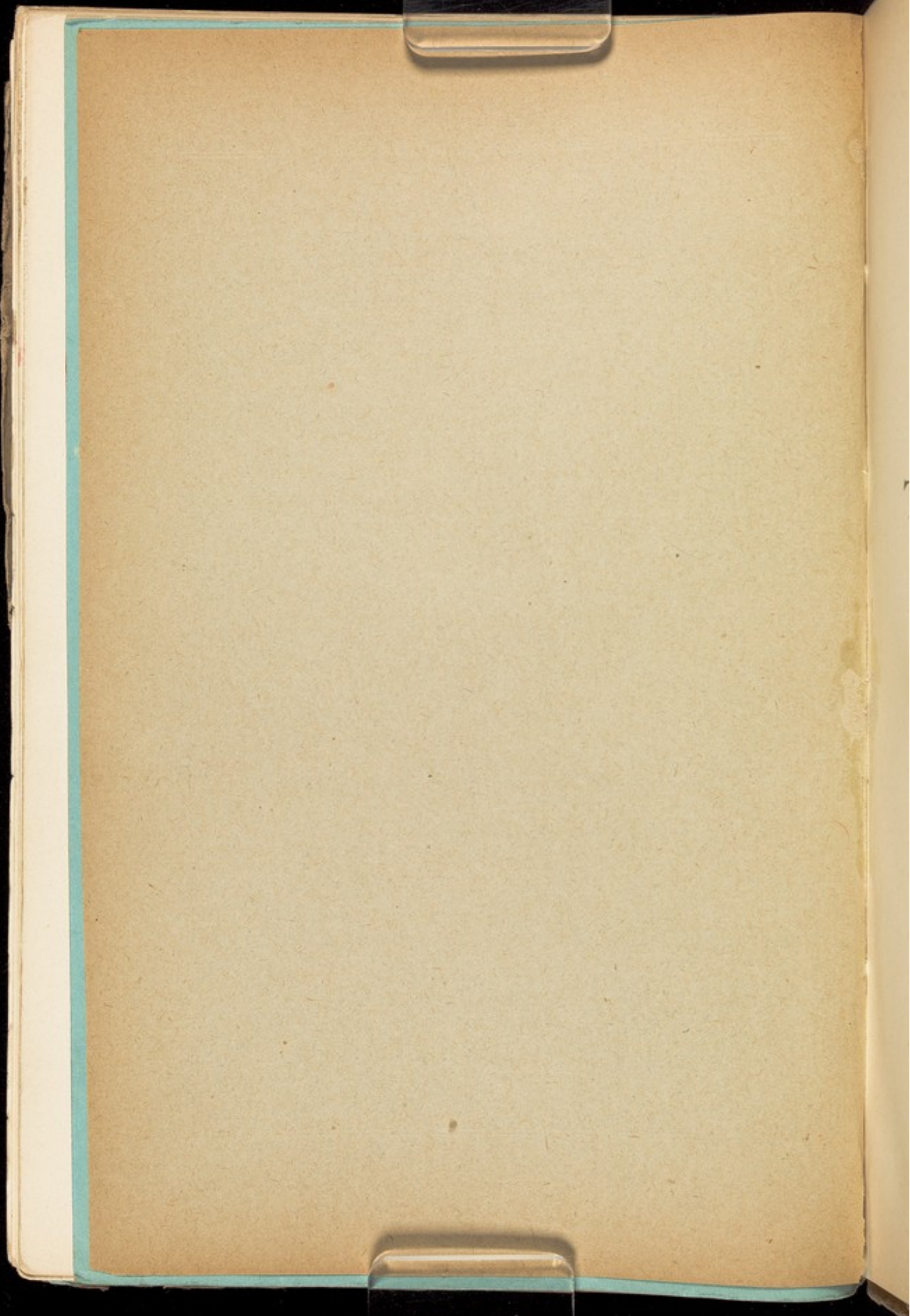
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THE
NINETY-EIGHTH REPORT
OF
THE RETREAT,
YORK.

1894.

YORK:
Wm. Sessions, Printer, 30, Coney Street.
1894.



THE
NINETY-EIGHTH REPORT
OF
THE RETREAT,
YORK.

1894.

YORK:
Wm. Sessions, Printer, 30, Coney Street.
1894.

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ASSISTANT MEDICAL OFFICERS—

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HELD
It was AGO
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presented to

AT A GENERAL MEETING OF
THE DIRECTORS
OF
THE RETREAT,

HELD AT SHEFFIELD, 24TH OF 10TH Mo., 1894,

IT WAS AGREED that the statement of Accounts and Report
of the Committee and of the Medical Superintendent, then
presented to the Meeting, be printed and circulated as usual.

THE NINETY-EIGHTH
ANNUAL REPORT OF THE COMMITTEE
TO THE GENERAL MEETING OF DIRECTORS, 1894.

There were in the Institution on the 30th day of June, 1894, 148 patients, viz. : 60 men and 88 women. Of these, 21 men and 42 women were unconnected with the Society of Friends.

The admissions, discharges and deaths for the past year are, as usual, recorded in detail in the Medical Superintendent's Report.

The year under review is the first complete twelve months under Dr. Bedford Pierce, whose able and energetic administration is a source of satisfaction to the Committee.

The Committee have to record, with much regret, the death, in June last, of Samuel W. North, who had for more than sixteen years held the position of Visiting Medical Officer to the Institution.

The only change in the resident medical staff, is the appointment in September, 1893, of Henry J. Mackenzie, M.B., C.M. Edin., as second Assistant Medical Officer, in place of Alfred Wilsden, M.B., C.M., resigned.

In February of this year Louisa Ann Dixon (of Ayton) entered on the responsible duty of the head of the house at Scarborough.

FINANCE.—The accounts and vouchers for the year have been examined by Barber Bros. & Wortley, Chartered Accountants, who have certified the accuracy of the accompanying Balance Sheet. Three Friends appointed by the Directors' Meeting have also united with the Committee in the consideration of the finances of the Institution.

The economies in the household management, which were referred to a year ago as under consideration, have resulted, with the hearty co-operation of the Staff, in a decided reduction in the household expenses. It is believed this has been accomplished without detriment to the comfort or well-being of the patients, or any reduction in the scale of living. It will also be seen that there has been a satisfactory increase in the receipts for Board of Patients; so that the *ordinary* expenditure of the year has been more than met by the *ordinary* income.

The exceptional expenditure of the year consists of £350, the cost of relaying, in a substantial manner, an important main drain on the estate, with intercepting chambers, etc.; and of a sum of £915, paid during the year towards the cost of the New Lavatory and Bathroom Blocks. These two items, amounting together to £1265, are charged to revenue account, without any addition to the valuation of the property in the Balance Sheet. The balance of the new Bathrooms and Lavatory account, some £450, will be paid out of revenue in the current year.

The Appeal issued in the summer of 1893, for donations to pay off the bank debt, which then stood at £4463 11s. 9d., and for subscriptions to a permanent Endowment Fund, has resulted in responses amounting to £2158 11s. 6d. towards the reduction of the bank debt, and £490 towards the Endowment Fund, as shown in detail on page 12 of this report. Of these amounts £1998 12s. 6d. and £346 7s. 3d. respectively, were received before the close of the financial year. The donations include several amounts sent by Quarterly, Monthly and Preparative Meetings, as well as some collections made by their order in their respective Meetings; in several of the cases we have no knowledge of the names of the individual donors.

A number of friends of the Institution, who it is believed, intend to subscribe to the fund, have not yet done so: it is therefore concluded to keep the account open for the present, in the hope that the balance owing to the bank, which stood at £2461 2s. 1d. at the close of the financial year, may be eventually cleared off.

The Committee gratefully acknowledge this timely assistance to the funds of the Institution, received from various parts of the country, and they place especial value on the evidence of the renewed interest, which is, they would hope, now being taken in the welfare of the Retreat.

The other items of special income of the year are:—a legacy of £100 from the late Algernon Peckover, of Wisbech, and of £980 11s. 6d. under the will of Clement Jackson, of Cornwall, who died in 1856, leaving to the Institution the residue of a part of his property. This sum has been for many years subject to some life interests which have now determined.

The Endowment Fund, already referred to, is at present temporarily in the bank in a separate account. It is hoped that the amount may soon reach a more substantial figure, when it will be separately invested. It has been thought best to enter it separately in the accounts, and not to include it in the general assets of the Institution.

TIME OF HOLDING DIRECTORS' MEETINGS.—In accordance with a minute of Yorkshire Quarterly Meeting held in 1st month last, the two half-yearly meetings of the Retreat are in future to be held in connection with the Spring and Autumn Quarterly Meetings, at Leeds and Sheffield respectively. This arrangement will avoid the clashing with the Money Matters Meeting at the Winter and summer Quarterly Meetings; and will, it is hoped,

allow of a more general attendance of Friends, and more time for the consideration of the business than has sometimes been practicable in the past.

BLEASDALE'S FIELDS.—The Committee have, for some time past, been of the judgment that the lower part of these fields, which were bought in 1884 in order to protect the Retreat property, may now be not unsuitably sold for building purposes, under certain restrictions, without detriment to the Retreat estate. The details are still under consideration: in the meanwhile the Committee have sold to the City Authorities a narrow strip of land amounting to between 400 and 500 square yards, for the widening of Heslington Road and Lawrence Lane. When these improvements are completed, it is believed the value of the land as building ground will be enhanced.

AGENTS.—The list of Agents for the Retreat has for some time past needed revision. In several Quarterly Meetings new appointments are required. Steps are being taken to obtain these, and at the same time to place the Agents in possession of more information as to the Institution, and in closer touch with its management than in the past.

One of the questions which has engaged the attention of the Committee at various times during the past year is the desirability of obtaining from Meetings which have the power to recommend patients at the lowest scale of payment, a renewal of their recommendations at stated intervals, in order to enable Meetings to reconsider the circumstances of each case. It sometimes happens that a patient, the means of whose friends are limited, is very suitably recommended by his Meeting at the lowest scale; but with lapse of time the resources of the family may increase so decidedly that the recommending Meeting might not feel justified in renewing

the recommendation at a rate of payment materially below cost, if the matter came before it for revision. To meet these and analagous cases a circular has been issued to Meetings having the privilege of recommending, asking them to reconsider their recommendations at intervals of five years.

As one of the results of the Appeal issued a year ago, the present position of the Retreat and the work it undertakes on behalf of the Society of Friends, are much more generally understood. In recognition of this, some Meetings having patients in the Institution at the lowest or "recommended" rate, have voluntarily minuted their intention to pay for such patients as they may send, the estimated cost to the Retreat, subject, of course, to their right to revert to the lowest rate when they may think it desirable to do so. Some other Meetings have placed the Institution on the list for which they make annual collections.

Two or three cases have occurred within the past two years in which Meetings having patients in the Retreat at the lowest rate, have been disposed to remove them to pauper asylums in their own neighbourhood, on the ground that these public and rate-aided institutions can afford to charge on slightly lower terms than even the lowest or "recommended" rate at the Retreat. As this lowest rate is greatly below the cost, it will be seen that each such removal would be a financial gain to the Retreat, or rather, a reduction of its loss. But the Committee have always deprecated such removals, feeling that the provision of the needed care to such cases, even at a considerable pecuniary loss, is one of the special purposes for which the Retreat was founded. When this view has been placed before the recommending Monthly Meeting they have sometimes, after further consideration, succeeded in obtaining the little additional charge needed to enable the patient

to remain at the Retreat; but in one or two cases this has not been thought practicable or desirable, and the removal has taken place, greatly to the regret of the Retreat Committee. Such removals to pauper asylums, however well equipped many of these now are, seem to be especially undesirable when the mental condition of the patients is such that they are able to appreciate their surroundings.

On reference to Dr. Pierce's report it will be seen that a number of improvements of various kinds are in progress or contemplation. Many of these are felt to be needed in the interest of the patients, and the Committee hope to accomplish most of them as soon as the funds at their disposal will allow.

Appended to this Report (see page) will be found the usual form of Bequest. It is thought that this mode of assisting the Retreat may commend itself to some Friends who are interested in its welfare.

Signed on behalf of the Committee,

RICHARD THOMPSON,

Hon. Treasurer.

York, 18th Sept., 1894.

THE FRIENDS' RETREAT, YORK.

The Committee have pleasure in reporting the following kind response to the Appeal issued in Seventh-month last, for Subscriptions towards the Bank Debt of £4,463 11s. 9d., as per list annexed.—

DONATION FUND.

	£	s.	d.		£	s.	d.
James H. Tuke, Hitchin ...	100	0	0	<i>Brought forward</i> 1563	0	0	0
W. M. Tuke, Saffron Walden ...	100	0	0	Miss M. Curtis, Alton ...	1	0	0
Esther Tuke, Saffron Walden... ..	100	0	0	Miss J. Curtis, Alton ...	1	0	0
M. W. Gibson, Saffron Walden ...	100	0	0	Fredk. Crowley, Alton ...	2	0	0
John Horniman, London ...	100	0	0	Wilson Waterfall, Torquay ...	15	0	0
Rachel Backhouse, Darlington ...	100	0	0	Sarah Brewin, Cirencester ...	15	0	0
William Ransom, Hitchin ...	100	0	0	H. M. and R. Hopkins, Nottingham ...	10	0	0
Jos. Storrs Fry, Bristol ...	100	0	0	J. S. Hopkins, Nottingham ...	5	0	0
George Palmer, Reading ...	50	0	0	G. E. Wilson, Kidderminster	5	0	0
Sarah Grace Harvey, Ilkley ...	50	0	0	Dickenson Hurtle, Hull ...	50	0	0
William Harvey, Ilkley ...	50	0	0	Editors of <i>British Friend</i> ...	2	2	0
Arthur Albright, Birmingham	50	0	0	A Friend per Jos. Rowntree ...	100	0	0
Wm. A. Albright, Birmingham	25	0	0	Kent Quarterly Meeting ...	10	0	0
Geo. Cadbury, Birmingham ...	20	0	0	William S. Clark, Street ...	10	0	0
Caleb S. Wilson, Sunderland	20	0	0	Dorking, Horsham, & Guildford Monthly Meeting ..	8	5	6
Lord Justice Fry, Failand ...	10	0	0	Shaftesbury and Sherborne Monthly Meeting ...	5	0	0
Mary Ann Harris, Leighton Buzzard	5	0	0	Henry Hurtle, Malton ...	25	0	0
Sylvanus Fox, Wellington ...	5	0	0	Henry Pickering, Malton ...	10	0	0
Edward Milner, Northwich ...	100	0	0	Alfred E. Horsnaill, Rochester	10	0	0
Ed. B. Mounsey, Darlington... ..	25	0	0	Robert Fox, Falmouth ...	5	0	0
Jonathan B. Hodgkin, Darlington	5	0	0	Catherine B. Charlton, Clifton	2	2	0
Thos. W. Backhouse, Sunder- land	50	0	0	Jos. S. Gray, York ...	2	2	0
A. Backhouse, Sunderland ...	50	0	0	Joshua Rowntree, Scarborough	2	2	0
Wm. Rowntree, Scarborough	10	0	0	Chas. Yeomans, Sheffield ...	2	2	0
Henry Gurney, Reigate ...	5	0	0	John W. Wilson, Birmingham	10	0	0
Grace Wilson, Levens, near Kendal	25	0	0	Ellen Marriott, Bristol ...	2	0	0
M. A. and H. Hewitson, Leeds	100	0	0	Wm. Hutchinson, Gunby ...	2	2	0
Wm. J. Cudworth, Darlington	5	0	0	Joseph Rowntree, York... ..	10	0	0
Jos. H. Fox	5	0	0	Joseph Firth Clark, Doncaster	5	0	0
T. Hodgkin, D.C.L., Newcastle	5	0	0	Richard Thompson, York ...	10	0	0
Hy. Richardson (the late), York	20	0	0	Henry Richardson (the late), York (additional)... ..	10	0	0
E. B. Woodhead, Huddersfield	10	0	0	Anonymous	1	1	0
Louisa Baines, Reigate ...	5	0	0	James Thompson, Kendal ...	25	0	0
The Misses Pease, Darlington	10	0	0	Hugh Richardson, Newcastle	1	0	0
Fras. W. Dymond, Exeter ...	25	0	0	Frederic Seebohm, Hitchin ...	100	0	0
M. and S. A. Bragg, Plymouth	20	0	0	John W. Boadle, Birkenhead	10	0	0
Joseph Hoyland, Wilmslow ...	1	0	0	Isaac Milner, Sheffield ...	5	0	0
Caroline Tweedy, Truro... ..	2	0	0				
<i>Carried forward...</i>	£1563	0	0	<i>Carried forward</i>	£2051	18	6

			£	s.	d.				£	s.	d.
			<i>Brought forward</i> 2051						<i>Brought forward</i> 2144		
Mrs. S. Harrison, Woodford	10	0	0	0	0	Robt. and E. Spence-Watson			1	0	0
M. A. Hopkins, Malton ..	1	0	0			Newcastle			10	0	0
William Shackleton, Leeds ...	2	0	0			Mrs. Spence-Watson, "			1	0	0
Sarah Horne Rickman, Lewes	60	0	0			David Richardson, "			1	0	0
Caroline Richardson, Newcastle	5	0	0			Wm. H. Holmes, Newcastle			1	0	0
Ditto	10	0	0			Ellwood Holmes, "			5	0	
T. Carrick Watson, Newcastle	1	0	0			J. Bevan Braithwaite, London			1	1	0
T. and E. Pumphrey, Newcastle	1	0	0								
Thos. Hodgkin, "	2	2	0								
J. W. Edmondson, "		5	0								
			<i>Carried forward...</i> £2144						<i>Total amount up to date of</i>		
			5						<i>Report, 18th Sept., 1894</i> £2158		
			6						11 6		

ENDOWMENT FUND.

			£	s.	d.				£	s.	d.
			<i>Brought forward</i> 425						<i>Brought forward</i> 425		
James H. Tuke, Hitchin ..	100	0	0			M. and S. A. Bragg, Plymouth	20	0	0		
A. Peckover, Wisbech	100	0	0			Francis Godlee, Manchester ...	25	0	0		
D. Hack Tuke, M.D., Hanwell	50	0	0			Anna P. Greer (the late), York	10	0	0		
William Harvey, Ilkley	50	0	0			Mrs. E. A. Deane, York ...	5	0	0		
T. W. Backhouse, Sunderland	50	0	0			Elizabeth G. Dimsdale, York...	5	0	0		
A. Backhouse, Sunderland ...	50	0	0								
Grace Wilson, Levens, near											
Kendal	25	0	0								
			<i>Carried forward...</i> £425						<i>Carried forward...</i> £490		
			0						0 0		
			0						0 0		

Further Subscriptions will be gladly received and acknowledged by the Chairman to the Committee, JOSEPH ROWNTREE, St. Mary's, York; by the Hon. Treasurer, RICHARD THOMPSON, Dringcote, The Mount, York; or by any Member of the Committee.

ANNUAL STATEMENT FOR THE

INCOME.

		£ s. d.
To Clark's Gift		4 0 0
Dann's Bequest		2 9 4
Rent of Fields		62 18 0
Discounts and Interest received on Patients' Overdue Accounts ..		226 0 4
Dividend, Morecambe Pier Co.		6 0 0
Turkish Baths		2 19 0
Consultation Fees	55 0 6	
Board of Patients	17,732 7 3	
	17,787 7 9	
 Total Ordinary Income		 18,091 14 5
Special Receipts as under :—		
Legacies.—Clement Jackson	980 11 6	
Algernon Peckover	100 0 0	
Donations towards reduction of Bank Debt	1998 12 6	
	3,079 4 0	

We have examined the above accounts and find them to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.

BARBER BROS. & WORTLEY,
Chartered Accountants.

Sheffield, 6th July, 1894.

£21,170 18 5

ENDOWMENT

To Capital on account of Subscriptions towards Endowment Fund (including interest)	346 7 3
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EXPENDITURE.

	£	s.	d.	£	s.	d.
By House Expenses	7,179	16	0			
Salaries and Wages, less Nurses Fees received ..	5,362	8	11			
Stables, Carriages, and Cowhouse Expenses (incl. Wages)	285	2	4			
Garden (including Wages)	451	1	0			
Rates and Taxes and Insurance	213	11	4			
Incidental Expenses	120	0	9			
Drugs, Instruments, &c.	69	17	10			
Postage, Telegrams, and Carriage	76	15	5			
Library, Stationery, and Printing	199	9	11			
Perishables, China, Glass, &c.	88	18	0			
Amusements	56	8	9			
				14,103	10	3
Repairs and Alterations and Electric Light Renewals ..	916	9	11			
Joiner's Shop	229	5	10			
Expenses of inaugurating Stores account	65	6	8			
Auditor's Charges and Law Expenses	26	19	2			
Interest on Loans	836	5	6			
Gratuities	20	0	0			
Bad Debt Account. Balance written off (including provision for doubtful debts)	219	0	3			
Depreciations as under :—						
Linen and Bedding.						
Estimated value, 31, 3, 93	1299	1	10			
Purchases during year	151	9	10			
Depreciation at 15 per cent. on	1450	11	8	217	11	9
Furniture and Furnishings.						
Estimated value, 31, 3, 93	8213	4	6			
Purchases during year	275	1	9			
Depreciation at 7½ per cent. on	8488	6	3	636	12	5
Boilers, Heating Apparatus.						
Estimated value, 31, 3, 93	915	17	5			
Purchases during year	260	7	1			
Depreciation at 10 per cent. on	1176	4	6	117	12	5
Greenhouses. Estimated value, 31, 3, 93	228	12	5			
Depreciation thereon at 10 per cent				22	17	3
Total Ordinary Expenditure				17,441	11	5
Special Expenditure as under :—						
Paid on account of New Lavatories, Bathrooms, Bootroom, &c.	915	0	0			
Main Drainage, Intercepting Chambers, &c.	350	0	0			
				1,265	0	0
Balance being gain for the year				2,464	7	0
				<u>£21,170</u>	<u>18</u>	<u>5</u>

UND.

By York City and County Bank—Cash temporarily on deposit 346 7 3

£21,170 18 5
 ENDOW
 Fund .. 346 7 3

THE FRIENDS' RETREAT, YORK.

BALANCE SHEET, 3rd of 3rd mo., 1894.

16

LIABILITIES.

	£	s.	d.
To York City and County Bank	2433	11	11
Interest due and accrued	27	10	2
Tradesmen's Accounts owing, &c.	2461	2	1
Loan, Friends' Provident Institution	18,971	13	9
Interest due and accrued	515	15	10
Stock, Balance in favour of the Institution, 31, 3, 1893	48,766	12	5
Increase this year	2464	7	0
	19,487	9	7
	51,230	19	5

We have examined the above accounts and find them to be correct and in due accordance, as regards detail, with the Books and Accounts of the office.

BARBER BROS. & WORTLEY,
Chartered Accountants.

Sheffield, 6th July, 1894.

£75,039 17 4

ASSETS.

By Land and Buildings as last year	38,982	9	11
Belle Vue Estate	4,000	0	0
Bleasdale's Fields	7,886	7	4
Cottage Hospital and Land	1,181	8	0
New Entrance Lodge and Mortuary	1,978	16	9
Ladies' New West Villa	5,915	3	7
Boilers, Heating Apparatus and Hydrants	1,058	12	1
Greenhouses	205	15	2
Furniture and Furnishings	7,851	13	10
Linen, Bedding, &c.	1,232	19	11
Morecambe Pier Shares	100	0	0
Amount owing by Patients and others	4,049	15	9
Less Provision for doubtful debts at 10 per cent.	404	19	6
Stock in House	3,644	16	3
Apothecary's Shop (estimated)	75	13	4
Joiners' Shop	50	0	0
Library (estimated)	304	10	0
Stables (Carrriages, Live Stock, &c.)	50	0	0
Garden	239	0	0
Cash in hand	272	0	0
	10	11	2
	<u>£75,039</u>	<u>17</u>	<u>4</u>

COMPARISON OF TOURS OF 1893 AND 1894.

	£	s.	d.
Year ending 3rd Mo. 31st. 1893.	2,050	11	11
Year ending 3rd Mo. 31st. 1894.	2,050	11	11
Meat, 4,402 1/2 at @ 8/8, 8/5 per st. and sundries	2,050	11	11
Bacon and Ham	285	15	11
Poultry and Game	148	19	0

COMPARISON OF HOUSEKEEPING EXPENSES.

Year ending 3rd Mo. 31st, 1893.

	£.	s.	d.
Meat, 6,023½ st. @ 9/2 to 8/8 per st. and Sundries ..	2,799	0	6
Bacon and Ham	291	19	2
Poultry and Game	157	7	9
Fish	150	2	4
Milk, 18,185 gallons @ 10½d. and 1/2	802	10	9
Butter, 6,845 lbs.	443	17	0
Eggs, 31,122	149	6	8
Cheese	44	12	3
Flour, and Bread	498	8	2
Cakes and Confectionery	89	2	3
Rice, Sago, &c.	57	3	2
Tea, Coffee, and Cocoa	334	10	2
Sugar	157	18	4
General Small Groceries and Sundries	317	1	7
Fruit and Vegetables	430	19	3
Soap, Soda, and Starch	171	15	11
Gas, Candles and Oil	390	5	2
Coal and Coke	963	9	10
Water	112	16	7
Difference of Stock in House, 1892 and 1893	18	11	7
	£8,380	18	5
Less Dripping Sold	30	14	7
" Bones and Swill Sold.....	56	0	0
" Sundries	2	17	3
	69	11	10
	£8,311	6	7

Family 268, exclusive of visitors.

Year ending 3rd Mo. 31st, 1894.

	£.	s.	d.
Meat, 4,462¼ st @ 8/8, 8/5 per st. and Sundries ..	2,069	11	10
Bacon and Ham	285	18	11
Poultry and Game	148	19	0
Fish	110	1	1
Milk, 17,804½ gallons at 10½d. and 1/2	764	1	6
Butter, 6,697 lbs.	426	16	5
Eggs, 44,141	193	15	9
Cheese, 1682 lbs.	47	12	5
Flour and Bread	407	16	7
Cakes and Confectionery	79	8	0
Rice, Sago, &c.	52	3	8
Tea, Coffee, and Cocoa	314	3	10
Sugar	175	10	8
General Small Groceries and Sundries	289	2	6
Fruit and Vegetables	386	15	9
Soap, Soda, and Starch	185	16	4
Gas, Candles and Oil	322	16	0
Coal and Coke	850	10	7
Water	111	18	8
Difference of Stock in House, 1893—1894	2	3	6
	£7,225	3	0
Less Dripping Sold	8	15	6
" Bones and Swill Sold.....	28	0	0
" Sundries	8	11	6
	45	7	0
	£7,179	16	0

Family 244, exclusive of visitors.

NOTE.—This cash abstract of accounts is annually forwarded to the Commissioners in Lunacy; it deals with a financial year ending December 31st.

ABSTRACT
PRESCRIBED BY THE
SHOWING RECEIPTS AND PAYMENTS FOR

Average number of Patients and Boarders during the Year, 151.

Jan. 1, 1893.	RECEIPTS.	£	s.	d.
Payments for Maintenance and incidents of Patients and Boarders		18,936	0	7
Rents, Dividends and Interest .. .		99	16	3
Sales of Farm Produce, Old Stores, &c. .. .		49	4	0
Annual Subscriptions .. .				
Donations—Special towards extinguishing debt .. .		2122	10	6
Legacies .. .		980	11	6
Other Receipts, viz. :—				
Turkish Baths .. .		4	13	6
Rates overpaid and returned .. .		18	17	6
Pigmeat, Dripping, &c. .. .		44	11	0
Sundry small receipts and sale of stores .. .		32	4	9
		100	6	9
Total .. .		£22,288	9	7

STRA
D BY
PAYMENTS
ar, 151.

OF ACCOUNTS,
COMMISSIONERS IN LUNACY, 1893.
THE YEAR ENDING DECEMBER 31st, 1893.

Average weekly cost per head calculated on Total Ordinary Payments as below, £2 9s 5½d.

		PAYMENTS.		
Jan. 1, 1893.		£	s.	d.
	Salaries of Officers	2128	15	0
	Wages of Attendants and Servants (not including labour of Laundry, Farm and Garden, or Wages of Artizans)	2460	8	11
	Food	5292	3	3
	Housekeeping incidents (Soap, Soda, Brooms, etc)	235	9	1
	Clothing and Purchases for Patients	1234	16	10
	Clothing of Attendants and Servants	89	1	7
	Wines, Spirits, and Malt Liquors	153	10	5
	Medicines and Surgical Appliances	70	12	9
	Furniture and Bedding	519	11	8
	Fuel and Light	1094	12	1
	Water	153	9	5
	Laundry (including Cost of Labour)	202	2	0
	Farm (do.)	214	12	8
	Garden (do.)	619	8	3
	Stables (do.)	383	5	4
	Amusements (including Newspapers, Books, Excursions, &c.)	100	9	4
	Stationery, Postage, Printing and Advertising	202	19	8
	Carriage, Portage, and Travelling Expenses and Sundries	198	1	1
	Rents, Rates, Taxes and Insurance	247	0	0
	Repairs of buildings, Painting, Glazing, &c. (including Wages of Artizans)	1308	19	11
	Pensions			
	Total Expenses of Seaside and other Branch Establishments	638	8	0
	Interests on Mortgages, Loans, &c.	875	13	6
	Other Payments, viz. :—			
	Machinery (including Cost of Labour)	764	4	7
	Board and Lodging of Non-Resident Patients	179	15	6
	Total Ordinary Payments	£19,415	10	0
	New Buildings and Additions to, or Alterations in Buildings (not ordinary repairs) paid on account	815	0	0
	Legacies and other Monies invested during the year			
	Repayment of Loan	523	6	3
	Grand Total	£20,753	16	3

REPORT

OF THE

MEDICAL SUPERINTENDENT.

In placing before the Directors of the Retreat the Report for the year ending June 30th, 1894, I am glad to be able to say that the result of the year's work is, on the whole, satisfactory and encouraging.

The general health of the patients and staff has been good, there have been no accidents of a serious nature, an unusual number of improvements to the premises and grounds have been completed, whilst at the same time the financial position of the Institution has changed for the better.

General
Statistics.

There were in the Institution on July 1st, 1893, 151 patients, of whom 56 were males and 95 females. During the past year 33 new patients were admitted, 17 males and 16 females, so that in all 73 males and 111 females, a total of 184 patients were under treatment. Thirty-six patients (13 males and 23 females) were discharged during the year, so that there were remaining in the Institution on June 30th, 1894, 148 patients, of whom 60 were males and 88 females. The average number of patients resident during the year has been 150.

The average weekly cost of maintenance per patient for the financial year has been 36s. 2d., as against 38s. 2½d. last year; and the average weekly payment per patient for the financial year has been 43s. 6d. as against 42s. 4½d. last year.

Of the patients at present in the Retreat 74 are Members of the Society of Friends, 11 are closely connected with the Society, and 63 patients have no connection. This gives the result that 57 per cent. of the patients are Members of the Society of Friends, or closely connected therewith.

Admissions.

The number of patients admitted during the past year is somewhat above the average. Of the 33 new patients, 3 were transferred from other Institutions for the Insane, 9 were considered incurable upon admission. Fourteen were suffering from Mania, 11 from Melancholia, 2 from General Paralysis, and 5 from Delusional Insanity. Two patients were admitted twice within the year; one of these was taken away by her friends against advice, and sent back in ten days, the other relapsed soon after returning home.

The usual careful enquiries were made into the subject of causation. In nine cases previous attacks were noted; in two cases there had been no less than six previous attacks. The causes specified in the usual way are set forth in Table X. From this it will be seen that there was evidence of hereditary predisposition in seven cases, and that in five cases the cause was alcoholic intemperance.

Voluntary Boarders.

There have been five voluntary boarders admitted. Two of them subsequently required

certification, and three left in the usual way, very much improved. One lady remained the whole of her stay at Gainsborough House, Scarborough'.

Discharges.

Eleven patients have been discharged recovered, which number is above the average for the last ten years. In two cases recovery followed very shortly after admission, the patients leaving the Retreat in less than a month.

One of these patients, whose illness was caused by a fall from a dog-cart, resulting in injuries to the head and face, shewed improvement immediately after his reception. The recovery of two other patients after a short residence was especially gratifying. One was a lady with delusions of persecution. The other had slowly developed delusions as to the reality of herself and her relations, and in neither case was rapid recovery expected. It may be noted that the latter patient had been sent from home into the family of a medical man, without any improvement.

Another patient who made a speedy recovery may be particularly alluded to, in illustration of the wide-spread notion that contact with the insane is injurious and likely to delay convalescence. Directly this patient shewed signs of improvement, his friends were anxious to remove him from what they considered to be hurtful surroundings. He had broken down at home, and was admitted in a state of acute mania, yet so soon as signs of recovery appeared, his friends were seriously desirous of taking him home again. Happily they were persuaded not to do so, and the patient made an uninterrupted recovery.

Deaths.

During the year 14 patients have died, a larger number than usual. The average age of the patients at death was 62. All the deaths were due to natural causes. One patient was moribund upon admission, and one died whilst absent on leave at home. This latter was the case referred to in my last Report, as having made a serious attempt at suicide the day after admission. After many months of very anxious nursing, she recovered sufficiently to go home on trial, and was on the point of discharge, when she was attacked a second time with influenza, which becoming complicated with pleuro-pneumonia rapidly came to a fatal termination.

**General
Health of
Patients.**

As already stated, the general health of the household has been good. There have been no cases of infectious disease. No attempts at suicide have been made. Mechanical restraint has not been employed.

Escapes.

Three patients escaped beyond the grounds. One, an epileptic, was found in the hands of the police at Selby, none the worse for having been out all night, and having thrown himself into the Ouse. He told me that in compliance with inward promptings he had twice jumped into the river, but finding he did not sink, thought there must have been some mistake, and swam ashore. Another gentleman, suffering from alcoholic insanity, gave his attendant the slip when beyond the grounds. He visited several public houses, and was brought back in a few hours in a deplorable condition. A third patient walked a few miles with the intention of calling upon some relations in Leeds.

Occupation of
the Patients.

The importance of suitable occupation for patients is fully recognized. One gentleman, admitted in a state of agitated melancholia, upon his recovery was loth to leave the Retreat. He told us that whilst with us he had had no time to think of himself and his feelings, and he feared that without the continuous change of employment that he had been having, he would be in danger of relapse.

Unfortunately it is only too common that patients persistently refuse to respond to the efforts made to induce them to undertake outdoor work, thereby delaying their recovery, or even allowing themselves to drift into an incurable condition. There are of course many others whose mental or bodily condition renders them unfit for work of any kind.

The number of patients occupied, and the nature of their employment are set forth in Table XIII.

Amusements.

Cricket.

This summer cricket matches have regularly taken place, and I am glad to say that under the captaincy of my colleague, Dr. Stanwell, the Retreat Eleven has been more successful than in former years. A new cricket ground in the lower meadows, considerably larger in size, has been sanctioned by the Committee. This will allow a larger number of patients to watch the game than is possible at present.

Golf.

The Golf Links alluded to in my last Report were in constant use during the winter and spring. It is hoped we shall be able to lengthen and otherwise improve the course this autumn.

Football matches also took place in the winter, as well as a Billiard Tournament.

Entertain-
ments.

The "Drawing Rooms," which were commenced eighteen months ago, were regularly held during the winter months, and continue to be popular. Patients of both sexes and the Officers of the Institution attend, but no attendants or nurses are present. During the past six months an unusual number of Entertainments have been given by visitors from York. There have been Concerts, Lectures, Magic Lantern Entertainments, and Tableaux, and an excellent Amateur Play. I am glad to have an opportunity of expressing my own thanks, as well as the thanks of all who were able to be present, to those ladies and gentlemen who have so kindly come up to entertain our patients, and who in this way have done their best to interest and brighten the lives of many who find it irksome to live away from their homes and relatives.

Turkish
Bazaar.

Shortly after Christmas, instead of the usual Ladies' party, a Turkish Bazaar was held in the Recreation Hall. Through the kindness of a number of ladies interested in the Retreat, the Bazaar was furnished with a great variety of presents. After a short impromptu play, these presents were distributed, and every patient, as well as every member of the staff received a Christmas gift.

Excursion to
Castle
Howard.

In June a very pleasant excursion was made to Castle Howard, and a party of upwards of 70 drove over. The walk through the grounds, and the inspection of the art treasures within the castle, as well as the games played in the park were all greatly enjoyed.

Scarborough
Visit.

The Annual visit of the patients to Gainsborough House, Scarborough, is now in progress. All the patients whose mental and bodily condition permit have, during the visit, a complete change of surroundings. As usual, a number of excursions from Scarborough to surrounding places of interest have been organized.

Sunday
Evening
Meetings.

I have again to express my sincere thanks to the many Friends and others who have so kindly assisted in the Meetings for Worship held in the Retreat every Sunday evening. I have also to thank the Rev. F. W. Harper, of St. Lawrence's parish, for periodical help in these services, and on two occasions we had the kind assistance of the Very Reverend the Dean of York. The Sunday afternoon readings have been held as usual. These also have very often been taken by Friends from York. Besides these services within the Institution, a number of patients regularly attend their accustomed places of worship in the city.

Visitors.

The Commissioners in Lunacy have twice visited the Hospital, and their reports are appended. The Visitors appointed by the Directors as well as the Members of the Committee appointed for the same purpose have visited the Retreat and written reports in the usual way.

There is no fixed day for patients to receive visits from their friends; on the contrary the medical staff are glad for patients to be visited at any time, and without previous notice, so long as such visit is not prejudicial, or otherwise inadvisable. I regret to say that some of our

patients are not visited sufficiently often. "Out of sight, out of mind," is peculiarly applicable to the insane. During the past twelve months 42 patients in the Retreat received no visit from their friends or relations. In about 28 of these cases, so far as I can judge, there were reasons to hinder visits, no near relative surviving, or the expense of a long journey being prohibitive. It is unfortunately true that there are patients whose mental condition is such that it gives pain to their friends to interview them, whilst the patients themselves seem to derive little or no benefit; yet even in these cases it is only right that the relatives should satisfy themselves that the patient is well cared for. When, from illness or any other reason, a near relation cannot manage to pay the visit, it is often possible to depute some friend of the family to do so, and the Medical Officers of the Retreat are always glad to welcome such a visitor.

Nursing Staff. I am glad to be able to report favourably of the work done by the Nursing Staff, and recognize the consistent kindness and patience with which they have discharged their duties. During the past year arrangements have been made for both the nurses and attendants to have their meals quite apart from the patients. The change is decidedly one for the better. Three days have been added to the annual holiday of all the attendants and nurses, and the latter have had the ordinary leave of absence increased, so that each nurse has one day in every month entirely free from duty. Anyone who knows the trying work of Nursing

the Insane, and the constant strain and responsibility which it involves, will agree that liberal holiday arrangements are needed. The importance of attracting to this service educated and refined men and women, actuated by conscientious motives, is self-evident. It is the desire of the Committee that the remuneration and social status of the nurses shall be proportionate to the responsibilities of the work. The matter is under the careful consideration of the Committee, in the hope that further improvement in the position of the nurses may be possible. In this, however, as in many other improvements contemplated, financial considerations arise that are difficult to surmount.

*Lectures to
Nursing Staff.*

During the winter months a course of weekly lectures was given to the attendants and nurses by the Medical Officers, upon the structure and functions of the principal parts of the body, and upon sick and mental nursing. These lectures were well attended and were followed with great interest. In May, at the examination for the nursing certificate of the Medico-Psychological Association, two nurses, Elizabeth Rymer and Elizabeth Bastow passed the examination successfully.

*Improvements
completed.*

*New Lavatory
Block.*

The important addition to the Fourth and Fifth Galleries of the Lavatory Block, alluded to in the last Report, is now complete. It consists of a three-storied building connected to the main buildings by a neck, through which access is gained from the galleries. Windows on the opposite sides of this neck ensure cross-ventilation. The basement of the block provides a much needed

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sitting-room for the laundry maids. On each floor there is a bath-room, a separate apartment with hand-basin, and two water-closets. The walls are of glazed brick, and where necessary the flooring is in mosaic. Hot and cold water is abundantly supplied from new tanks, and the apartments are heated with radiators. The additional convenience to the patients occupying this part of the house is very great; and the removal of the old internal water-closets has set at liberty space which has been utilized in providing much needed store-rooms.

Lavatory
in Lodge
Passage.

The Centre Lavatory mentioned in the last Report is now in use. It is constructed of glazed bricks with mosaic floor.

Bathroom
at Cottage
Hospital.

The Bathroom, etc., added to the Cottage Hospital is complete, and provided with hot and cold water. The garden has been improved and the yard covered with asphalt.

Review of re-
cent sanitary
improvements.

It may be noted that the sanitary arrangements of the Retreat have been entirely re-modelled during the last ten years, on the most modern and improved principles. Within this period six separate Lavatory Blocks have been erected, the cost of which has been together about £2380; and if to this be added the cost of the main drain that required renewal last year, the expense for sanitary improvements has reached the sum of £2700, exclusive of many minor alterations and the cost of building inspection chambers in various places on the premises. The increased comfort of the patients, apart from the important question of health, has fully justified this large outlay.

Alcove in 5th
Gallery.

The construction of an Alcove in the Fifth Gallery was made in connection with the other additions. A wide stone staircase leading to the garden was boarded to the level of the Fifth Gallery, and a large new window, provided with a window-seat, was built in place of the old semi-circular light. The improvement to the gallery is very marked—the bright alcove, providing comfortable seats, throws a pleasing cross light, and effectually brightens the corridor. In this direction much more can be done to add to the comfort of the patients, and render their surroundings more cheerful.

Boot Room at
Gentlemen's
Lodge.

The Boot Room mentioned in the last Report as being in progress is now completed. Besides shelves for boots, cupboards, etc., there are two hand basins, supplied with hot and cold water.

*Improvements
in progress.*

Re-decoration
of
Entrance Hall
and alteration
of Staircase
windows.

The small windows lighting the main staircase of the Retreat have been removed and replaced by large plate-glass windows. These occupy the whole width of the staircase, and greatly add to the amount of light that enters the hall and Centre. The re-decoration of the staircase and entrance hall is in progress.

Centre Sitting
Rooms.

Both the general sitting rooms in the Centre are being thoroughly re-decorated. A new fire place, ceiling and cornice have much improved the appearance of the north sitting room. The two windows of the south sitting room have been considerably enlarged, and will be filled with plate glass.

Re-decoration
of Men's
Galleries.

The Third Gallery, which was previously somewhat gloomy, is undergoing considerable changes. The dining-room and sitting-room are in the hands of the decorator, and new furniture, curtains and pictures will be provided. The iron grating over the hot water pipes is to be removed, and the heating of the galleries and private rooms will be attained by suitable hot-air inlets. Carpets will be laid along the corridors, instead of string matting, and it is hoped that the comfort of the patients living in this part of the Hospital will be materially increased.

Bath-room at
Belle Vue.

The old Bath-room at Belle Vue is now being re-modelled and a new bath and hand-basin, with supply of hot and cold water provided. We fear some difficulty may be found in keeping the new cold water cistern in the roof properly filled, since it will be the highest point in the whole of the York Water Company's service.

Garden and
Grounds.

The Estate-drive alluded to in the last report, was commenced last winter, and the planting of a shrubbery along the west boundary has already become a pleasing feature in the lower meadows. The continuation of this drive, and also the development of the lower meadows in the interests of cricket and golf are now under consideration. There is ample space for an excellent cricket ground.

- Increase to Ladies' Garden. A square piece of land, hitherto called the "Hill Garden," has been added to the Ladies' Pleasure Grounds and planted accordingly. Rustic seats and steps connecting this addition with the Terrace Garden, complete the alteration.
- Ladies' Inner Garden. It is intended to re-arrange the Ladies' Inner Garden during the coming autumn.
- Tool-house. A Tool-house has been built near the Green-houses, for the use of the Gardeners.
- Laundry. The suggestion of the Commissioners to heat the drying closets with steam is about to be carried into effect.
- Lower Fourth Gallery. A plan for the removal of the wall in the Lower Fourth Gallery as advised by the Commissioners, is in the hands of the architect.
- Door. Improved means of access to the gardens immediately behind the Retreat is to be provided, for use in case of fire.
- Changes in the Staff.*
Death of Mr. North. The decease of Mr. S. W. North has deprived the Retreat of a loyal and valued officer. It is scarcely possible for me to pay a fitting tribute to his memory, since I only knew Mr. North for 18 months, and during almost the whole of that time he was too ill to pay more than an occasional visit to the Institution. I look back, however, with pleasure to the many discussions I have had with him upon insanity and its treatment. His attitude of mind towards the subject under discussion was strikingly original, and in consultation upon

Association of
Mr. Wilson.

Appointment of
Dr. Mackenzie

Appointment of Miss Dixon
as Matron at
Gainsborough
House.

difficult cases this originality was helpful in a high degree.

Resignation of
Mr. Wilsden.

During last summer Mr. Wilsden, the Junior Assistant Medical Officer, sent in his resignation, in view of a Surgical Hospital appointment. Out of several candidates the Committee selected Dr.

Appointment
of
Dr. Mackenzie

Mackenzie, who had previously been at Camberwell House Asylum, at Darenth Dr. Mackenzie has proved himself to be a valuable addition to our staff.

Appointment
of Miss Dixon
as Matron at
Gainsborough
House.

Shortly before Christmas, from among a large number of applicants, the Committee selected Miss L. A. Dixon to fill the post of Matron at Gainsborough House. Miss Dixon had been Assistant Matron at Cane Hill Asylum, also Sister-in-charge of a Ward at St. Mary's Hospital, London, and under her care the management of Gainsborough House continues to be highly satisfactory.

Gifts.

A list of the gifts to the Retreat which have been received during the past twelve months is appended to this Report. I desire on behalf of the Committee to express our most cordial thanks for these presents.

I may here say that any gifts of books, objects of interest, etchings, pictures, or even live stock, such as golden pheasants, or indeed anything which will brighten the house or grounds, and afford pleasure to our patients, will be most thankfully accepted.

Statistics.

I am indebted to Mr. Stanwell for compiling the statistics which accompany this Report.

In conclusion I have again to thank the Committee of Management for many acts of kindness towards myself. Among the multifarious duties that fall to the lot of the Medical Superintendent of a Hospital for the Insane, not a few relate to matters upon which his own experience is limited. In these I have always been able to obtain valuable counsel and assistance. The Farm, Garden, and Engineer's Department may be instanced in this connection. But in all the responsibilities which have devolved upon me during the past year, I gratefully acknowledge the continued support and encouragement so generously extended to me by the Committee.

(Signed) BEDFORD PIERCE.

PRESENTATIONS TO THE RETREAT DURING
THE YEAR ENDING, 30 VI., 94.

- A Framed Oil Painting, "Water Meadows," presented by the artist, Ferdinand E. Gröne.
- A Photograph of the late Mary Allis, presented by Elizabeth Pumphrey.
- Several Steel Engravings and Etchings, presented by Richard Thompson.
- A great variety of gifts for the Turkish Bazaar, in number exceeding three hundred, were presented at Christmas by Friends.

Report of the Commissioners in Lunacy.

THE RETREAT, YORK,

MARCH 16th, 1894.

We have to-day inspected all parts of this Hospital, and have seen every patient in residence. The Hospital generally is in good order but some galleries would be improved by further decoration, and all by the introduction of more pictures, plants, and objects of interest—of pictures, however, we learn that several have recently been purchased and are now being framed. We may mention Male Gallery No. 3, and also the lower 4th Gallery, as some that need re-decoration. We think that the Gallery in which are the more excited female patients would be improved by removing the wall between it and the small sitting-room, which is much too confined for the number of that class of patients who occupy it, a class which requires ample space. Of improvements effected since the last Visit of Commissioners we may mention the completion of the Lavatory and W. C. Block for two floors of Gallery No. 5 of the Female side, with a small room in the basement for Laundry Maids, a Lavatory in the centre for Staff and Visitors, the opening of an Alcove in 5th Gallery on the Female Side, and a window in lower 4th by which the Galleries are better lighted, and the provision of a new engine for pumping, and improvement of the Laundry apparatus. A new Piano has been provided. We observe that the Drying Closets are heated by coke furnaces, an expensive and dangerous method, for which we would suggest the substitution of a plan of Messrs. Bradford for propelling through the closets, by means of a Fan, of air passing first through a chamber heated by steam coils. Outside the building we notice some

extension and improvement of the Ladies' Garden, and the formation of a path round the field, not yet quite finished, and the planting of a shrubbery alongside it. If, and when, the funds of the Hospital permit, it would be politic, we think, to erect a building for the accommodation of nurses and domestic servants, so as to set free for patients many rooms in the main building now occupied by them. There are on the books of the Hospital at present the names of 59 male and 91 female patients, 150 in all. Of the ladies six are on leave at Scarborough, a lady is on trial at her home, and an imbecile lad is on leave at Acomb. Since Oct. 13th, 1893, the date of the last visit, 9 male and 6 female patients have been admitted; 2 males and 4 females have been discharged or removed, the males and one of the females having recovered; and 2 males and 3 females have died. We find the present bodily health of the patients fairly good; very few are confined to bed, and 3 males and 7 females are taking ordinary medicines, and 7 females sedatives. No mechanical restraint has been employed since the last visit, but seclusion has been used with 4 male patients on 7 occasions, and for 27 hours, and 5 female patients on 27 occasions, and for a total of 55 hours, but principally in the case of one lady. The patients seem very contented on the whole, and no complaints of any want of kindness or consideration were made to us, or any of the food. We have suggested to Dr. Pierce the experiment of associating patients of both sexes at dinner in the hall. This has been done with good results in other Hospitals. We have not noticed many patients manifesting improvement, but the few who seem to be better we name in the Patients' Book.

C. S. BAGOT, } Commissioners
JOHN A. WALLIS, } in Lunacy.

Table L.—Show
HEALTH.

In the Institution
Have admitted—
First admission
Not first admission
Total cases admitted

Total cases under
treatment
Discharged
Recovered
Believed
Not improved
Died

Total cases discha
ging the year
Remaining in the
June, 1894

Average numbers
Patients under cu
Patients admitted
Patients recovered
Transferred to the
Transferred from

* Patients, &
which may includ
† Total cases,
current year.

Table L.A.—Show
during the year
recovery

(1) Number Admitted	(2) Number of Patients Recovered
One
Two
3
4
5
More than 5

TABLE I.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES AND DEATHS, DURING THE YEAR ENDING 30th JUNE, 1894.

	Male.	Fem.	Total	Male.	Female.	Total.
In the Institution, July 1st, 1893				56	95	151
Cases admitted—						
First admissions	15	11	26			
Not first admissions	2	5	7			
Total cases admitted during the year				17	16	33
Total cases under care during the year				73	111	184
Cases discharged—						
Recovered	4	7	11			
Relieved	1	3	4			
Not Improved	1	6	7			
Died	7	7	14			
Total cases discharged and died during the year				13	23	36
Remaining in the Institution, 30th June, 1894				60	88	148
Average numbers resident during the year				56·38	92·37	148·75
Persons* under care during the year †				73	109	182
Persons admitted				17	14	31
Persons recovered				4	6	10
Transferred to the Retreat				2	1	3
Transferred from the Retreat				1	5	6

* Persons, *i. e.*:—separate persons in contradistinction to "cases" which may include the same individual more than once.

† Total cases, minus re-admissions of patients discharged during the current year.

TABLE I A.—Showing (1) the Previous Attacks among Persons Admitted during the year 1893—94, and (2) the Number of Times they had Previously Recovered in this or any Asylum.

(1) Number of previous Attacks.	PERSONS.					
	Male.	Female.	Total.			
Have had 1 attack	1	2	3			
" 2 attacks	..	1	1			
" 3 "	1	..	1			
" 4 "			
" more than 4 attacks	..	2	2			
(2) Number of times Patients Recovered.	In this Asylum.			In any other Asylum.		
	M.	F.	T.	M.	F.	T.
Once	..	1	1	1	1	2
Twice	..	1	1
3 times	1	..	1
4 "
5 "	..	1	1
More than 5 times	..	1	1

TABLE II.—SHOWING THE ADMISSIONS, RE-ADMISSIONS, DISCHARGES, AND DEATHS, FROM THE OPENING OF THE INSTITUTION TO THE 30th JUNE, 1894.

	Male.	Female.	Total.	Male.	Female.	Total.
<i>Persons</i> admitted during the period of 98 years	658	759	1417			
Re-admissions	151	226	377			
Total <i>cases</i> admitted				809	985	1794
Discharged <i>cases</i> —						
Recovered	300	429	729			
Relieved	139	119	258			
Not Improved	44	62	106			
Died	266	287	553			
Total <i>cases</i> discharged and died since the opening of the Institution				749	897	1646
Remaining 30th June, 1894 . .				60	88	148
Average numbers resident during the 98 years				49·42	75·97	125·40
Transferred to the Retreat } since 1845				40	39	79
Transferred from the Retreat }				31	37	68

TABLE II A.—Showing the Admissions and Recoveries of PERSONS* from the opening of the Institution to the 30th June, 1894 (98 years).

	Male.	Fem.	Total.
<i>Persons</i> admitted during the 98 years	658	759	1417
<i>Persons</i> discharged recovered during the same period, being males 36·10, females 39·52, total 37·89 per cent. of <i>persons</i> admitted	237	300	537
Of whom were re-admitted relapsed (<i>Persons</i>)	86	113	199
Recovered <i>persons</i> who have not relapsed	151	187	338
Relapsed <i>persons</i> discharged recovered (after last re-admissions, if relapsed more than once)	35	44	79
Net recovered <i>persons</i> , being males 28·56, females 30·83, total 29·08 per cent. of <i>persons</i> admitted . .	188	234	422

* *Persons*, *i. e.*, separate persons in contradistinction to "*cases*" which may include the same person more than once.

TABLE III.—SHOWING THE ADMISSIONS, DISCHARGES, AND DEATHS, WITH THE MEAN ANNUAL MORTALITY AND PROPORTION OF RECOVERIES PER CENT. OF THE ADMISSIONS, FOR EACH YEAR SINCE THE OPENING OF THE ASYLUM, MIDSUMMER 1796.

YEAR.	Admitted.			Discharged.						Died.			Remaining June 30th in each year.			Average Numbers Resident in each year.			Per Centage of Recoveries on Admissions.			Per Centage of Deaths on Average Numbers Resident.						
	Male.	Female.	Total.	Recovered.			Relieved.			Not Improved.			Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.				
				Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.																
1796 to 1884	682	829	1511	25	371	636	100	86	186	33	39	72	222	240	462	61.5	93.5	155	62.59	93.87	156.46	48.38	29.02	37.35	5.59	3.99	4.63	
1885	16	14	30	4	4	8	5	1	6	2	3	5	5	5	10	62	94	156	62.43	94.53	156.56	25.00	28.57	26.66	8.00	2.58	6.37	
1886	12	16	28	4	3	7	4	3	7	1	1	2	2	6	8	63	98	161	61.21	95.25	156.46	33.33	18.75	25.00	3.26	6.29	5.11	
1887	15	18	34	5	5	10	7	6	13	..	2	2	4	7	13	61	98	159	62.07	99.75	161.82	31.25	27.88	29.76	9.66	7.91	8.03	
1888	12	13	25	2	8	10	4	5	9	..	2	2	4	5	12	60	91	151	61.25	95.91	157.16	16.66	61.53	40.00	11.42	5.00	7.62	
1889	11	18	29	3	7	10	3	3	6	..	1	1	2	2	7	60	96	156	60.08	95.50	155.58	27.27	38.88	34.48	8.32	2.07	4.49	
1890	11	17	28	3	7	10	3	3	10	..	1	1	2	4	3	57	99	156	60.08	98.50	158.58	27.41	17.35	71	6.65	3.04	4.41	
1891	16	13	29	3	7	10	3	1	4	..	4	4	8	5	10	62	95	157	57.50	98.50	156.0	18.75	53.84	34.48	8.69	5.07	6.41	
1892	8	12	20	3	6	9	3	5	8	4	3	7	2	1	3	58	92	150	60.58	94.58	156.16	37.50	50.00	45.00	3.30	1.05	1.92	
1893	8	19	27	4	4	8	2	3	5	3	3	6	1	6	7	56	95	151	58.52	91.76	156.56	50.00	21.05	29.62	1.70	6.53	4.64	
1894	17	16	33	4	7	11	1	3	4	1	6	7	7	7	14	60	88	148	56.38	92.37	148.75	23.52	43.75	33.33	12.41	7.57	9.41	
Total	809	985	1794	30	429	729	189	119	258	44	62	106	256	287	553				60.24	95.50	156.37	30.81	37.67	33.70	7.02	4.56	5.73	
Of the Society of Friends, or connected with it.																												
Total	567	678	1245	230	323	553	71	50	121	17	30	47	208	230	438	39	46	85	37.87	48.65	86.52	25	50	35.71	10.56	6.16	8.36	
Not connected with the Society of Friends.																												
Total	241	307	548	70	106	176	68	69	137	27	32	59	58	57	115	21	42	63	18.35	43.67	61.92	22.22	40	31.57	16.34	9.16	12.75	

In the lowest three lines of this table, the totals, averages, and percentages cover the whole period since the opening of the Institution (except the figures showing the numbers remaining on June 30th).

TABLE IV.—SHOWING THE HISTORY OF THE ANNUAL ADMISSIONS SINCE THE OPENING OF THE ASYLUM (MIDSUMMER 1796), AND THE DISCHARGES AND DEATHS, AND THE NUMBERS OF EACH YEAR REMAINING ON THE 30TH JUNE OF THE YEAR REPORTED ON.

YEAR.	Admitted.			Of each Year's Admissions, Discharged and Died in 1893—1894.						Total Discharged and Died of each Year's Admissions to June 30th, 1894.						Remaining of each Year's Admissions June 30, 1894.																				
	New Cases.		Relapsed Cases.	Recovered.		Not Improved.		Died.		Recovered.		Not Improved.		Died.		Male.	Female.	Total.																		
	Male.	Female.		Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.	Male.	Female.																					
1796 to 1884	542	629	140	2	0	1511																														
1885	14	11	2	3	30	28	2	2	1	3	4	3	4	273	379	652	105	90	194	38	50	88	239	265	504	29	48	77								
1886	12	16													4	1	5	7	2	9	4	9	2	2	4	2	4	2	4	2	4	2	4			
1887	15	16	1	2	34	34									2	5	7	3	7	10																
1888	11	11	1	2	25	25	1	1							3	7	10	4	4	8																
1889	10	17	1	1	29	29									2	4	6	4	4	8																
1890	10	14	1	3	28	28									3	11	14	4	4	8																
1891	13	12	3	1	29	29									3	3	6	3	3	6																
1892	8	8			20	20									3	4	7	2	2	4																
1893	8	14			27	27									3	3	6	3	3	6																
1894	15	11	2	5	33	33									4	5	9	1	1	2																
Total	658	759	151	226	1794	1794	4	7	11	1	3	4	7	14	300	429	729	139	119	258	44	62	106	266	287	553	60	88	148							

SUMMARY OF TOTAL ADMISSIONS OF CASES, 1796 to 1894.

CASES.	Male.		Female.		Total.
	Male.	Female.	Male.	Female.	
Percentage of Cases Recovered	37.09	44.27	40.64		
" " Relieved	17.18	11.06	14.48		
" " Not Improved	5.43	6.23	5.79		
" " Died	32.88	29.40	30.83		
" " Remaining	7.42	9.04	8.26		
	100.00	100.00	100.00		

TABLE V.—SHOWING THE CAUSES OF DEATH DURING THE YEAR 1893-1894, TOGETHER WITH THE AGES AT DEATH.

CAUSES OF DEATH.	Under 15 years.		15 and under 20.		20 and under 25.		25 and under 30.		30 and under 35.		35 and under 40.		40 and under 45.		45 and under 50.		50 and under 55.		55 and under 60.		60 and under 65.		65 and under 70.		70 and under 75.		75 and under 80.		80 and under 85.		85 and under 100.		Not known.		Totals.																									
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F		T	M	F	T																					
Pneumonia																																							4	1	5																			
Pleuro-pneumonia and emphyema																																										1	1	2																
General Paralysis																																												1	1	2														
Cerebral Softening																																														1	1	2												
Cancer																																																	1	1	2									
Exhaustion after operation for Cancer																																																				1	1	2						
Pthisis																																																							1	1	2			
Senile Decay																																																								1	1	2		
Totals																																																										7	7	14

TABLE VI.—SHOWING THE LENGTH OF RESIDENCE OF THOSE DISCHARGED, AND OF THOSE WHO HAVE DIED, DURING THE YEAR 1893-94; AND OF THOSE REMAINING IN THE INSTITUTION ON JUNE 30th, 1894.

LENGTH OF RESIDENCE.	RECOVERED.			RELIEVED.			NOT IMPROVED.			DIED.			PATIENTS RESIDENT 30th JUNE, 1894.		
	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.	Male.	Fem.	Total.
Under 1 month	1	..	1	1	..	1
1 month, and under 3 months	2	1	3	3	5	8
3 months, " 6 "	1	2	3	1	1	2	4	1	5
6 " 9 "	..	2	2	..	1	1	2	1	3
9 " 12 "	..	2	2	2	2	4
1 year, and under 2 years	1	1	1	2	2	4
2 years " 3 "	2	4	6
3 " 5 "	4	8
5 " 7 "	4	8
7 " 10 "	8	12
10 " 12 "	7	12
12 " 15 "	8	15
15 " 20 "	7	12
20 " 25 "	9	12
25 " 30 "	8	13
30 " 35 "	2	5
35 " 40 "	11	12
Upwards of 40 years	3	7
Total	4	7	11	1	3	4	1	6	7	7	14	60	88	148	

CLASS.	THE ADMISSIONS.		THE DISCHARGES.		THE DEATHS.	
	Recovered.	Removed, Relieved or otherwise.	Recovered.	Removed, Relieved or otherwise.	Recovered.	Removed, Relieved or otherwise.

TABLE VII.—SHOWING THE DURATION OF THE DISORDER ON ADMISSION IN THE ADMISSIONS, DISCHARGES, AND DEATHS, DURING THE YEAR 1893—94.

CLASS.	THE ADMISSIONS.			THE DISCHARGES.				THE DEATHS.				
	Male.	Fem.	Total.	Recovered.		Removed, Relieved or otherwise.		Male.	Fem.	Total.		
				Male.	Fem.	Male.	Fem.				Male.	Fem.
FIRST CLASS— First attack, and within three months on admission	10	6	16	4	4	8	1	3	4	1	1	2
SECOND CLASS— First attack, above three, and within twelve months on admission	1	3	4	1	1	1	1	2
THIRD CLASS— Not first attack, and within twelve months on admission	2	5	7	..	3	3	..	4	4	1	2	3
FOURTH CLASS— First attack or not, but of more than twelve months on admission	4	2	6	1	..	1	4	3	7
FIFTH CLASS— Congenital	1	1
TOTAL	17	16	33	4	7	11	2	9	11	7	7	14

TABLE IX.—SHOWING THE CONDITION ON ADMISSION AS TO MARRIAGE, IN THE ADMISSIONS, DISCHARGES, AND DEATHS DURING THE YEAR 1893-94; AND IN THOSE REMAINING IN THE INSTITUTION ON JUNE 30TH, 1894.

CONDITION IN REFERENCE TO MARRIAGE.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.			PATIENTS RESIDENT 30th JUNE, 1893.		
	Male.	Fem.	Total.	Recovered.			Removed, Relieved or otherwise.			Male.	Fem.	Total.	Male.	Fem.	Total.
				Male.	Fem.	Total.	Male.	Fem.	Total.						
Single	7	10	17	2	2	4	2	6	8	3	5	8	43	68	111
Married	9	5	14	2	4	6	..	3	3	3	1	4	16	8	24
Widowed	1	1	2	..	1	1	1	1	2	1	12	13
Unknown
Total	17	16	33	4	7	11	2	9	11	7	7	14	60	88	148

TABLE XI.—SHOWING THE FORM (ON ADMISSION) OF THE MENTAL DISORDERS IN THE ADMISSIONS, DISCHARGES, AND DEATHS OF THE YEAR 1893—94; AND THE FORM OF MENTAL DISORDER IN THE INMATES ON JUNE 30TH, 1894.

FORM OF MENTAL DISORDER.	ADMISSIONS.			DISCHARGES.						DEATHS.			Remaining June 30, 1893					
	Male	Fem.	Total	Recovered.			Relieved.			Not Improved			Male	Fem.	Total			
				Male	Fem.	Total	Male	Fem.	Total	Male	Fem.	Total						
Congenital or infantile mental deficiency																		
<i>a.</i> with epilepsy	1	2	3															
<i>b.</i> without epilepsy																		
Epilepsy acquired	2	2	4															
General Paralysis of the Insane	2	3	5															
Acute Mania	3	1	4															
Mania																		
Chronic Mania																		
Recurrent Mania																		
Puerperal Mania																		
Senile Mania																		
Delusional Mania	3	2	5															
Acute Melancholia	4	6	10	2	2	4												
Chronic Melancholia																		
Recurrent Melancholia		2	2															
Senile Melancholia																		
Primary Dementia																		
Secondary Dementia																		
Senile Dementia	2		2															
Organic Dementia (i.e. from tumours, syphilis, &c.)																		
Moral Insanity																		
Total	17	16	33	4	7	11	1	3	4	1	6	7	7	7	14	60	88	148

TABLE XII.—SHOWING THE STATION OR OCCUPATION OF PATIENTS ADMITTED DURING
THE YEAR 1893-94.

MALES.	FEMALES.
Doctor of Medicine	Schoolmistress
Solicitor	Hotel Proprietress
Merchant	Lady's Companion
Farmer	Housewife
Shipyard Manager	No occupation
Colliery Manager	
Storekeeper	
Farm Labourer	
Secretary Y. M. C. A.	
No occupation	
Total	Total
17	16

TABLE XIII.—SHOWING THE NUMBER OF PATIENTS EMPLOYED, AND THE PRINCIPAL KINDS OF EMPLOYMENT, DURING THE YEAR 1893—94.

	Male.	Fem.	Total.
Agricultural and out-door employments	16	..	16
Mechanical employments or Fancy Work	7	7
House-work, principally	3	3	6
Needle-work, principally	23	23
Needle-work, occasionally	15	15
Reading, Writing, Music, &c. principally . . .	18	6	24
More or less employed	37	54	91
For the most part unemployed, except in taking exercise	36	55	91
Total under care during the year	73	109	182

AGENTS.

The List of Agents is now under revision

Farm Labourer 1
 Secretary Y. M. C. A. 1
 No occupation 7
 Total 17

ADMISSION OF PATIENTS.

The forms required to be filled up and signed, before a patient can be admitted to the Retreat, are the following:—

1. **PETITION** (addressed to a Justice of the Peace specially appointed under the Lunacy Act, 1890), signed by the Petitioner who must have seen the patient within 14 days.
2. **STATEMENT OF PARTICULARS RELATING TO THE CASE.**
3. **ORDER** for admission of patient signed by a Justice of the Peace (specially appointed under the Lunacy Act, 1890), within 14 days before the admission of the patient.
- 4 & 5. **TWO CERTIFICATES** from duly qualified and Registered Medical Practitioners, made on separate examinations of the patient within 7 days of date of admission.
6. Form of **AGREEMENT** with the Treasurer of the Retreat.

VOLUNTARY BOARDERS.

Patients who wish voluntarily to place themselves under care are received in the Retreat, if they sign a document to the effect that they will abide by the Rules of the Institution, and give 24 hours' notice in writing of their intention to leave.

Forms will be sent, and any further information required will be given on application to the Medical Superintendent, DR. BEDFORD PIERCE, The Retreat, York.

FORM OF A BEQUEST.

I bequeath to the Treasurer for the time being, of
an Institution near York, called **The Retreat for Persons
afflicted with disorders of the mind among the
Society of Friends**, the sum of

to be paid out of such part of my personal Estate, as shall
not consist of chattels real, and applied for the purposes of
the said Institution; and for which the receipt of such
Treasurer shall be a sufficient discharge.

