

Rules and Regulations for the Government of the Retreat near York

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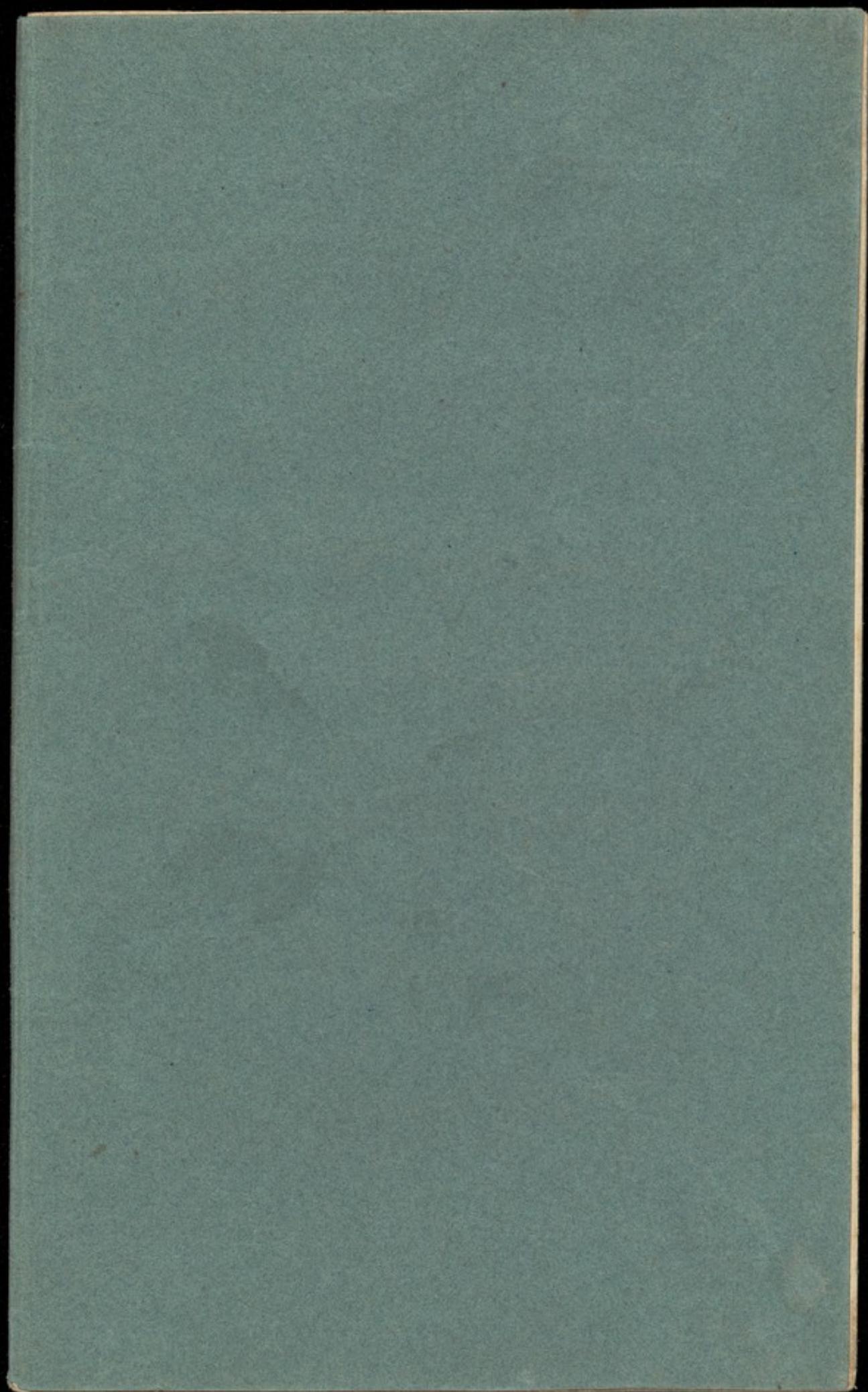
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RULES & REGULATIONS

For the Government

OF THE

RETREAT, NEAR YORK;

**FOR THE RECEPTION OF PERSONS AFFLICTED WITH DIS-
ORDERS OF THE MIND AMONG THE**

SOCIETY OF FRIENDS.

York:

PRINTED BY W. HARGROVE AND CO.,

HERALD-OFFICE.

1815.

RULES & REGULATIONS

For the Government

OF THE

NEW YORK

THESE RULES ARE PRINTED SEPARATELY FROM THE REPORTS,
IN ORDER THAT THEY MAY BE PRESERVED, AND
RECURRED TO WHEN CASES OCCUR.

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SOCIETY OF FRIENDS

34 A copy of the Rules and Regulations of the Society of Friends, as revised and amended, is printed by W. HARGREAVES AND CO., 10, N. 2ND ST., NEW YORK. THE PRICE IS ONE CENT. THE DIVISION OF THE RULES AND REGULATIONS IS AS FOLLOWS:—

Rules and Regulations, &c.

CHAPTER I.

CONTRIBUTIONS.

1. **T**HE Institution was established and is supported by Annuities, Donations and annual Subscriptions; and the same may be further promoted amongst Friends, within the compass of any Quarterly Meeting.

2d. Each Subscriber, by way of Annuity, contributing a sum not less than twenty pounds, shall receive an interest of five per cent. per annum, during life.

3d. A contribution of one hundred pounds, from any Quarterly or other Meeting in its collective capacity, or a donation of twenty-five pounds from any Friend, or a subscription of fifty pounds for an Annuity, shall entitle such Meeting, Donor, or Annuitant, respectively, to the privilege of nominating one poor Patient at a time, on the lowest terms of admission.

4th. In consideration of the smallness of a Quarterly Meeting, or of its members not being in an eligible situation to raise one hundred pounds, the General Meeting of Subscribers shall have power, on application, to extend the privilege of the third Rule to such Meetings, on contributing a smaller sum, at the discretion of the said General Meeting.

5th. The privilege of Meetings, or persons to recommend poor Patients on the lowest terms of admission, according to the third and fourth Rules, shall not be taken away or diminished, notwithstanding any general powers which are, or may be invested in the future Directors.

6th. As it is necessary to ascertain the Subscriptions of each meeting, that may have a right to recommend poor Patients, Donors of twenty-five pounds and upwards, are desired to explain, whether they wish to enjoy the privilege, during life, of recommending poor Patients, or that their Donations should be considered as the Subscriptions of their Quarterly or other Meetings: and it is agreed, that all Donations of individuals, not claiming such right of recommendation, shall be considered as the Subscription of their Quarterly Meeting, whether reported to

such Meeting, or not; and every Quarterly Meeting shall enjoy the privilege of recommending poor Patients, in proportion to the Subscriptions of their respective members.

7th. The name when sent up, of every Annuitant, Donor, and Subscriber, shall be recorded in a book kept for that purpose; and every Annuitant, Donor, of not less than two guineas, and Subscriber of sums in any manner equal to two guineas, (being and continuing a member of our Society,) shall be a member of the meetings which are to be held for the government and superintendence of the Institution.

8th. For the satisfaction of Subscribers on life annuities, and those who have lent, or may hereafter lend any money to this Institution, this Meeting declares, that the whole real and personal property thereunto belonging, acquired, and to be acquired, shall stand and continue a security to the said life Annuitants, for the annual payment of their interest, and to the Lenders aforesaid, for the regular payment of principal and interest.

CHAPTER II.

GOVERNMENT.

1st. A General Meeting shall be held in the latter end of the 6th month, or the beginning of the 7th month of every year, unless some other time should hereafter be found more convenient; and the Friends who may compose it shall, from time to time, have a general state of the family, and accounts of the Institution, laid before them; and, except the two minutes which relate to securities to Annuitants, to Lenders of money, and to privileged Meetings and Subscribers, shall have power to alter or make Rules, and give such directions, as they may think best adapted to promote the designs of the Institution; and to appoint a Treasurer, who shall keep and dispose of the money entrusted to him, as the said Meeting shall direct. They may also confirm, alter or abrogate, the Orders and Regulations of the Quarterly Meetings; and shall choose annually a Committee of Seven Subscribers, any three of whom may act, for the immediate care and management of the Undertaking.—This Committee are to meet once a month; oftener if necessary; fix the terms of admission for the different Patients; make out clear and distinct

accounts of the state of the Institution; and carry into execution the Rules and Orders made for promoting its welfare.

2d. During, or after the conclusion of, each Quarterly Meeting of Friends for Yorkshire, a Meeting is to be held to receive a report of the said Committee's accounts, read over all their minutes, advance or reduce the weekly payment of any of the Patients, and give the Committee such advice and direction as they may think proper, consistently with the general Rules and Orders that may have been established.

3d. At each Quarterly Meeting, two Subscribers shall be appointed as Visitors to the Institution, who are authorized to inspect every part of the House, at such times, and as often as they may think proper. They shall enter in a Book, to be kept for that purpose, the time of their attendance, and such remarks as may appear to them necessary or desirable. The minutes of the Visitors to be read at the meetings of the Committee, and at the Quarterly Meetings. The Committee are to appoint three Female Visitors, one of whom is to be changed every month.

4th. The General Meeting in the year 1800, according to the original plan of the Institution, made provision for a perpetual succession of Directors. Forty Subscribers, members of our Society, were nominated and appointed, who, with their successors, as hereafter directed to be appointed, together with any other Donors or Subscribers, qualified according to the seventh Rule of Chapter 1st, and Agents that may be appointed by any qualified Meeting, that may from time to time choose to attend, are to be the General Meeting, and continue the Directors of the Institution, in whom the government of it is perpetually to vest and remain; and ten of whom are to be sufficient to do business. The said forty Directors, or any eight of them, with any other qualified Donors or Subscribers, are to meet quarterly for the purposes of the preceding Rule.

5th. At the expiration of each year, the first named eight on the list are to cease to be Directors, and eight other members, of our Society, are to be appointed by the General Meeting in their place; with an addition for such as may be deceased or disowned; any of whom may be chosen from the number of Donors and Subscribers, or others, as shall, in process of time, be judged most convenient and best.

6th. If at any future period, by means of some unforeseen or unexpected events, it should appear to the General Meeting, that the original purpose of the Undertaking cannot be accomplished or pursued, the said General Meeting shall give due notice in writing to all the Directors, and also in every Quarterly or other Meeting of our Society, which, according to the Rules, may be interested therein, that the disposal of the Property of the Institution is to be taken under consideration at their next Meeting. At such Meeting two Agents or Representatives, appointed by any of the said Meetings, shall be admitted as Members of the General Meeting; and in case two-thirds of the Meeting so convened shall agree thereto, they may sell or dispose of the whole Estate and Property of the Institution, or of any part thereof, or appropriate the same, or the neat produce thereof, to such just, equitable, or charitable uses, as they, on serious and deliberate consideration, shall judge best.

CHAPTER III.

PATIENTS.

1st. The Terms for Board, Washing, Medical Advice, and Medicines, and all other things necessary, except clothing, are, for every poor Patient privileged agreeably to the third Rule, a sum not less than four shillings per week.

2d. Not less than eight shillings per week shall be paid for other Patients, and more according to circumstances; and a reasonable sum for the board of the servant of a Patient, in case their friends should incline to send one; which servant must be approved by the Committee. The terms of admission to be subject to future alteration, if found necessary; and as the wearing of washing gowns and skirts is at present so much increased, that the washing of them, in so large a family, is attended with considerable inconvenience, it is agreed, that those belonging to the Patients shall be washed out of the House, and the expense charged to their respective accounts.

3d. A quarter of a year's maintenance for each Patient is to be paid in advance; and in

case the Patient should be cured, or die before the expiration of the first quarter, no part thereof is to be returned: but, after the first quarter, return is to be made for the number of whole weeks unexpired, at the time of removal, or decease of a Patient.

4th. As experience demonstrates, that the recovery of insane Patients frequently depends on their being removed from their connexions, and put under proper care and treatment, in the early stages of the disorder, it is earnestly recommended to their friends, to remove them at an early period, after the disorder appears to be fixed. And as an additional inducement to persons in straitened circumstances, to adopt this salutary measure, it is concluded, that in derangements not exceeding six months from their first appearance, those Members of our Society whose circumstances, in case of continuance, would not conveniently admit of their paying more than eight shillings per week, shall be entitled to an abatement of four shillings a week for one year, if not sooner recovered. Those Patients who, by the former rule, would have been rated at four shillings per week, will, under this regulation, be admitted gratis, for a year, if necessary; but as some Patients have

come with disorders unconnected with insanity, and which require additional expense or attendance, it is judged necessary, that, in such cases, an additional charge shall be made at the discretion of the Committee.

5th. On the admission of Patients, the Committee should, in general, require a certificate signed by a medical person, to the following import: *I do hereby certify, that A. B. of C, aged — years, is in a state of Insanity, and proper to be received into a House provided for the relief of persons of that description.* It should also be stated, whether the Patient is afflicted with any complaint independent of insanity. It is also desirable, that some account should be sent, how long the Patient has been disordered; whether any, or what sort of medical means have been used; and whether any disposition has appeared in the Patient to injure him or herself, or any other person: with any other circumstances likely to throw light on the case relative to his or her treatment.

6th. As the Committee is not to admit any Patient, on lower terms than eight shillings per week, unless recommended by the Agent of a privileged Meeting, or a Subscriber qualified

according to the third Rule respecting Contributions, it is hoped that individual Subscribers will be cautious of recommending Patients whose maintenance, or any part thereof, is paid by a monthly or other Meeting, to the saving of the expense of the members of such Meetings collectively, thereby rendering it unnecessary for them to subscribe to the Institution: but no discouragement is hereby intended to the assistance of Friends whose circumstances, or those of their near connexions, are too strait to pay eight shillings per week.

7th. As in many cases, it may be difficult for the friends of Patients to procure suitable persons to conduct them to the House, it is agreed, that on application, a proper person shall be sent from the Retreat, when it is convenient: the expenses only being paid by the Patient's friends.

8th. Though it was the original design of this Institution, to accommodate such insane persons as are members of our Society, yet it was also considered that cases may arise, wherein it may be desirable to extend such accommodation beyond the line of strict membership; but as an indiscriminate admittance of persons not

in membership, would defeat the special design of the Institution, by the exclusion of those who are members, the admitting, or not admitting of them, must always be left to the discretion of the Committee, and consequently time given for that purpose.

9th. It also appears necessary, that the sending of Patients without previous application, should, in all cases, be avoided, lest suitable accommodation be not ready for their reception; and Friends are also requested to avoid bringing Patients at late hours of the night.

10th. As circumstances may sometimes occur, wherein it is proper that the Committee should have a discretion to decline the admission of Patients, though members of our Society, especially when the House is nearly full; it is agreed to vest such discretion in the Committee, until the Quarterly or General Meeting can be consulted; which Meeting shall determine the propriety of admitting or refusing such applications.

F I N I S.

N. B. There are apartments in which Patients with a Servant may be accommodated, without mixing with the others.

Application for the Admission of Patients, or Contributions for the support of the Institution, may be made to William Tuke.

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It is to be observed, that the apartments in which the
 family were accommodated, were not only commodious,
 but also very agreeable.

As the situation of the house was so favourable,
 the family were not only very comfortable, but also
 very happy.

THE HISTORY OF THE
 HOUSE OF COMMONS

