

Recipe Book, 19th century, Cornwall

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Medicine Book.

Belonging to my Mother & given
to me on my Sister Cordelia's death
Some valuable Receipts —

Longat. Miles —

Deffield House.

1879 —

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Lucy Gilbert. For a Sore Throat. Quinsy
a cure for Croup.
4 oz. of Bevin - 3 oz of fresh butter without any
salt 4 oz. of Mutton Suet - 10 1/2 half of bees
wax - boil them all over a slow fire, till
they are well incorporated, skim it, & pour
it into pots for use - it keeps any length of
time - spread it when to be used on a
piece of linen, long enough to reach from
ear to ear, & renew it every 3 hours - if the
throat is very bad every four hours. -

For an oppression on the breath
with a Cough. - M. Goblyer.
qu^{tr} lb of Sugar candy - half pint of white
wine Vinegar - a handful of Rue - one
of Rosemary - 3 cloves of sweet garlic, &
3 or 4 broad figs. - boiled altogether
in an Earthen Pipe, until reduced
to one half. -

Inward Piles. (M. P. Regis)
5 drac^{ms} of Diacordium - 5 dr of Manna, 5 dr of flour
of Sulphur, 1/2 dr of Ethiops Mineral - mix
the whole, into an Electuary - take the
size of an nutmeg, at night.

2 oz of Emolient ^{ointment} ~~ointment~~ ^{Piles.} 1/2 an oz of liquid Laudanum with
yolk of an egg - working them altogether.

Mr. Goswage Recipe for an Inflammation in the Eye. &c.

$\frac{1}{4}$ of an oz. of Camphorated Spirits of Wine
 $\frac{1}{4}$ of an oz. of White Vitriol dissolved in
a quart of boiling water to be used when
cold, by dabbing the eye on going to bed,
& in the morning. —

Mr. Howard's Receipt for making deal
Tables &c. like Indian Rosewood Japan &c.

Japan & Ivory —
Samp Black & gum —
Rose wood purple
quarter of a lb of Brasil wood
Do of Logwood —

Do of yellow Justice made separate &
a half an oz. of alum in each a pint
of water to each, boiled separately &
reduced to half. — The pattern must
be cut out in paper & laid on the
Table with starch & with a heat
bared you must black & every other
part when this is done smooth & take
off your pattern, & fill it up with
light shade. —

My Aunt
Godbold's famous Syrup²
℞ of Treacle, to 2 teacups full of
Vinegar, boiled & skimmed. Then
add 100 drops of Laudanum, & give
a couple of teaspoonfulls night
& morn. ⁹ for tightness on the breath
coughs or asthma. —

My Aunt's Pills good in cases of Indigestion
℞ Scruples of Pills of Clovegill — 2 lbs of powdered
Rhubarb — 2 do of Epsom Salts — made into 30
Pills with a little Syrup & to be taken at
bed-time. —

Strengthens Relief in a Consumption. —

℞ Dra. of diluted Nitrolic acid.

℞ ʒ of Laudanum.

4 ʒ of Mucilage of Gum Arabic. —

(The Mucilage to me made thus 3 ʒ of
Gum Arabic dissolved in 4 ʒ of water. —)

A Table Spoonful to be taken of the
above morn. noon, & night. —

My Aunt's

Mrs. Patten's Carrot Tea for the Asthma.

Take a pound of carrots, & boil them very gently in a pint of Spring water, till reduced to $\frac{1}{2}$ a pint - then strain it, & drink a wine glass of it every morn. fasting - if the Stomach will bear it, take another two hours before dinner - it must be continued several months, & perseverance will infallibly work a cure - its effects are certain, & durable, but not sudden. A lady tried it during 3 months, before she experienced the least benefit from it - but was at last cured, after suffering from this distressing complaint, many years.

Roberty's Lavender Water 13th Lig. Drag.

$\frac{1}{2}$ an oz of Oil of Lavender.

$\frac{1}{2}$ an oz of Ambergris.

$\frac{1}{2}$ a grain of Musk.

Put these ingredients into a pint of the best rectified Spirits of wine - the oil of Lavender must be English - a bit of Camphor the size of a nutmeg is a great improvement.

Refining Eye water
30 drops of a draft of Garland. - 30ra of Malt
Spirits of wine - 5 oz of Rose water. -
Apply with a rag.

For Worms.

2 thirds of Port wine - 1 third of castor oil -
a Table Spoonful to be taken every morn.
first well shaking the bottle - if this quantity
acts as a purgative less must be taken.

J. Swatkin. - For the same
Equal quantities of Worm wood seed, & Japan
Chalk mixed up with honey & enough
Rhubarb to colour it a tea spoonfull every
morn fasting. -

Rheumatism Mr. Swatkin.

- Sassa-parilla root, sliced, & bruised; 6. oz.
- Sassafras bark bruised 1. oz.
- Shavings of Guaiacum wood sliced 1. oz.
- Liquorice root, sliced 1. oz.
- Meyerion root bruised 3. Drachms.
- Distilled water 5. quarts.

Boil it all down to five pints - The Meyerion
should not be added till towards the end
of the process - The quantity to be taken,
about one Pint, every day, in three draughts.

Dr. Maybank. / For the same
A tea spoonful of ^{soft} Gum Guaiacum taken
every morn at breakfast in a cup of warm
tea or punch. -

For the same in the face
10z of powder of Gum Guaiacum, dissolved in a quart
of brandy - mix a small quantity in water, & wash
the mouth out with it. Mr. Cregor.

Dr. Maybank. / For Gravel or Stone.

15 grains of Magnesia two or three times a day for a considerable length of time.

Mr. Hudson. / Slur Bark for the Scurvy.

To one gallon of water add a pound of the middle kind of the Slur - boil it till it is reduced to two quarts - & when cold it will become a jelly - a man should drink at least a pint a day.

Dr. Maybank. / For Scrophula

15 drops of Muriat of Lime, taken 3 times a day, in a wine glass of Sugar & water. The dose may be increased to 20, each time: a dose of cooling opening medicine will be necessary beforehand.

My Aunt. / For Sore Legs.

Three grains of Lunar caustic dissolved in 2 oz. of water: dip in a fine rag, & apply to the wound: lay a plaister of Soap-cerate, & bind it up with a flannel bandage, a nail wide & five yards long. The Muriat as above, taken internally. - For obstinate fungus or proud flesh, increase the strength of the caustic, & apply a little sugar finely sifted to the wound.

Mr. John. / For a Scorbutic Habit.

A decoction of the leaves of Buck-bean either green or dried - half a pint taken in the Morn^g, at noon, & at night.

+ Marsh Mallow.

Julia. For a Cough. 4

2 oz Phial of equal quantities of vinegar & honey
with 25 drops of Ladanum mixed & a tea
Spoonful taken when the cough is troublesome
& at bed time.

Mrs. Robertson. For incipient Consumption.

Half an oz of compound gum Tragacanth
dissolved in a Quart of Barley water or almond
Emulsion & drunk during the day. The patient
will not require any other nourishment.

Mrs. Gubins. For the Hooping Cough

One grain of Gumbooge for a Child of one
year old, 2 grs for 2 years increasing a grain
for every year till five - 6 grs is a dose for an
adult - to be taken every morning fasting in
a little honey or Sugar - as many as 12 doses
may be taken the lips generally perfect & even
it acts as a brisk cathartic & Emetic.

Mrs. Macarmit. For the Asthma.

An oz of Purgative Elixir - a drachm of Ladanum
& 1/2 an oz of Sweet Spirit of Nitre - a tea spoonful
to be taken night & morning.

Mrs. Gubins. To stop an internal bleeding

Nettles grounded in a marble mortar or
wooden bowl - strain off the juice & take a
Spoonful of it whenever the bleeding recurs.
The above is an admirable receipt, & its
Efficacy proved in Mrs. Trist.

Mr. Drington To renew a decayed Constitution. —
12 or 15 drops of the diluted Vitriolic acid, in
a glass of water, to be taken going to bed, &
in the morn^g. it is also a fine medicine
for debility, indigestion, & loss of appetite.

Mr. John. Dropsy or Strangury. —
Gather the leaves of the Mallow — put
them fresh into a Tea-pot pour on them
boiling water — of this decoction a tea cup
to be taken several times in the day.

For Bald Heads. — (Sagueno.)
Wash with Soap & water, after cutting off
the hair — & anoint with the quicksilver
ointment — at night wash it off, & repeat
theunction, every morn^g, & even^g, after wash^g
it clean.

Mr. Andrew. A Strong Ointment. —
The yolks of an egg & a tea Spoonful of
honey well beat, with white flour
sufficient, to make a consistency. —
Dishenatory Costellos Cylerium for the Eyes.
Red oxide of Linichsilver by Nitrous acid,
one part — Hogs lard eight parts —
dissolve the lard, & stir together till cold.

Mr. Roberts. A wash for the teeth. 5

3oz. of Tincture of Myrtle: 6 dra^{ms} of Allium: 3 dr^s of
Gillie - mixed in a quart of boiling water.
a table spoonful in the tumbler of water you
use.

Sweet Sags. — Mrs. Lewis.

Rose leaves and Lavender flowers, a large
quantity of each dried — then add 3oz of
orris root — 3oz of Benzoin — one oz of clove
1oz of cinnamon — 2 nutmegs — & 1oz of Storax
any kind of scented leaf or flower improves
the perfume — a little musk if
agreeable. —

Lucy. Restoring sight from dimness
1 Drachm of Camphor put into 6oz of the best
rectified spirits of wine — a handful of Elder
flowers infused on it during two days — It
must be stopped down very closely, & when
used mixed with water as the eye will bear.
Elder water will answer the same purpose
where the flowers can not be procured. —

Blug with pain.

Small doses of salts. — Papa. /

Tregemibay Sea-burn or Acidity in the Stomach

A Drachm of prepared chalk

℞ of powdered gum Arabic - a little superfine sugar mixed gradually in an oz: of water. —

For the Whites. (Miss Repalack.)

Balsam of ~~Solu~~ Solu - two gills of the size of a large pea taken morn: & night. —

For a Flooding.

A Quart of boiling Milk poured on half an oz: of Alum ~~powder~~ powdered - a tea cup of this taken morn: & night. —

For sore nipples. + { My Aunt

A piece of Gum Dragon about the size of a bean dissolved in a small Phial of boiling water - & thirteen drops of Laudanum

For Chlorosis - (Mrs Rob: Mitchell)

2 penny worth of prepared Suet +
1 dr: of Turmeric —

1/2 a small Nutmeg.

a large spoonful of loose brown Sugar
to be mixed altogether & a tea spoonful
to be taken morning & evening in the Tea
or any warm liquid. —

For a cough or tightness (Mr J. Danhake)

2 penny worth each of
Sulphur - Elicampane & powder of Liquorice
made into an Electuary with honey.

The Muriate of Lime may be given to a wet nurse
with great advantage to herself & child. —

For the Croup

St Clements

Two grains of Emetic Tartar, one of Calomel. Mix the Calomel in a small quantity of finely powdered sugar divide the whole into two doses; one dose is to be taken by an Infant of two years old, & if it does not operate in an half an hour then the other part may be given. It is necessary perhaps for an older Child to take three quarters of a paper in a Spoonful of green tea, & if the patient finds no relief in ten minutes the remainder to be taken, & in case of no relief in half an hour a whole paper to be given.

For the Croup.

Take a cupfull of bread & milk poultice, a small Spoonful of Flower of Mustard seed sewed up in a piece of cloth & hang it to the pit of the Stomach. The child must be kept very cool & the body open by a teaspooonful of castor oil. The poultice should be kept on two hours if possible & never suffered to get cold. Repeat it a short time after, & when taken off apply a piece of flannel dipped in oil & very warm. Put the feet in warm water if the child will bear it, otherwise bathe them with it. The poultice to be applied as soon as possible after the child has symptoms of the Croup.

Rheumatism

one oz: of Ethiop's Mineral - one oz: of flower of Sulphur - 2 oz: of Cream of Tartar mixed in half a pound of Vehicle. A teaspooonful to be taken twice or thrice a day.

St Marybank / Rheumatism

A Teaspooonful of Genua Guaiacum Sol: every morning in the tea.

Files
A scarlet cloth Apron worn behind, next
the skin.

For Coughs
a gentle medicine.

Tamarinds — 10y & half.

Cream of Tartar — 1 dram

Tenna — half an oz.

Coriander seed crushed — 1 dram

Brown Sugar — 10y & half

Boiling water — 1 Pint.

Reduce the quantity to one half by boiling
For a child of 4 years old a wine glass every
hour. — If taken after colic it must be
administered in about an hour after the
doe.

For Corns. (Miss L. Macarmick)

The yellow fat of a snail i.e. the small
yellow substance you will see about the
size of a large pin's head, on crushing
it — This must be spread on a rag & applied
to the Corn — leave it on two days, then remove
it — Soak the corn & pare it — Then apply the
fat of another snail white left on three
days longer with wholly extract it.

To relieve Oppression & tightness in
a cough & promote expectoration.

Flowers of Rosemary dried & powdered. a
Teaspoonful taken in a roasted Apple
To be repeated if required.

(Ship Stumps) For a Sprain or Strain. +
7
Equal quantities of Oil, & Brandy (one or two
Spoonfulls) put into a Gallipot - scrape into it
brown Beeswax enough to make it of a
consistency, then melt it on a stove or in
warm water, & spread it on a bit of new
Dowls - a fresh Plaster of this to be applied
Morn^g & night. The Dowls will serve again
when scraped. —

For a Cough
Take half a pound of large white Poppy
heads (without any seeds) the heads just
ripe & moderately dried. Put them into
three quarts of boiling water, let them
boil gently till reduced to one quart, then
squeeze the poppies well in a cloth to strain
out the liquor. Boil the liquor again to one
pint & strain it. Add to it one pint of white
vine vinegar, & one $\frac{1}{2}$ lb of raw sugar. Let them
boil gently to the consistency of a syrup.
Then add about eight Teaspoonfulls of
Elixir of Vitriol. — The dose for Adults
1, 2 or at most 3 Teaspoonfulls going to bed
& if the cough continues troublesome more
on the following day. To young children
never more than one Teaspoonfull.
one does frequently cure, 2 generally does,
& 3 never fails where there is no organic mischief.

Fomentation

Heads of Double Peppier - Marsh Mallow -
Woodbine leaves - chamomile flowers either
separately or altogether boiled in water
to the proportion of a handful to a pint of
water - Linnen dipped in this & squeezed dry
applied steaming to the part repeatedly -
If this fails the herb itself squeezed may be
tried. —

Stomachic

Conserve of Roses 3oz: pour boiling water
on the conserve - let it stand half an
hour - then strain it add Elixer Vitriol
& dr^{ms} & Peppermint water till it measures
a pint altogether. The Conserve is made
of equal weight of sugar & damask rose
leaves pounded to a paste. —

Stomachic

2 dr^{ms} of Gentian root - half an oz: of Orange
Juel, & one oz of Lemon Juel dried. Add a
pint of boiling water - let it lie on it
12 hours - strain it, & take 3 spoonfulls
twice a day.

For Asthma

A Turkey Fig opened & laid open on flower of
Sulphur, then taken one every night &
morning fasting till it cures. —

Spasms in the Stomach

Camphor Jules - half a pint - Hoffmanns Ether
half an oz. - Mixture of Opium 70 drops. Table
Spoonfulls to be taken every hour if the pain
continues. —

For extreme debility

Quarter of an oz. of Powder of Myrtle to a
Pint of cold water. Laudanum in the
proportion of five drops to each wine
glass. A wine glass full twice a day
Morning and Evening. —

Mixture given in
Intermittant Fever

The whites of three eggs mixed with warm
water and a little sugar. To be given
whenever the fit returns. —

Collyrium

(Mr J Johns)

- White Vitriol — 5 grs
- Sugar of Lead — 1 dram
- Tincture of Opium — 1/2 dram
- Spring water — 6 oz

~~For Spasms~~

Emollient

Equal quantities of white wax & sweet oil
melted down together. —

Whooping Cough + Dr Fothergill's
4 grs Smeetic Tactan to $\text{O} \text{oz}^{\text{ss}}$ of water. 2
Table Spoonful to be taken every other
morning fasting for a child above
5 years old under that age a desert
Spoonful — An Infant 2 teaspooofuls
If the above quantity does not take
effect by sickness it must be repeated
in an hour. —

For Rheumatism a famous
Receipt for which 100 guineas were given
1 Drm of Gum Ammoniac
2 Cloves of Garlic mixed well together &
made up into four Boluses. These to be
taken two at night & two in the Morning
Drink a cup of strong Sassafras Tea
While you take the Boluses. —

For bilious Colic (Mrs Feaguel)
A handful of Camomile flowers steeped
in a pint of boiling water. Strain it —
just before you administer it add
a desert Spoonful of ground ginger —
after the Stomach is discharged &
Pain removed a strong cup of green
Tea with Sugar. —

Cheltenham Water

10z & half of Epsom Salts - $\frac{1}{2}$ a dram of
Prepared Kali in a quart of Peppermint
water - $\frac{1}{2}$ a pint to be taken about an
hour before breakfast, whenever there is
any appearance of Bile in the Stomach.

For cramp or Rheumatism
(Mrs Gannett.) in the Stomach.

A half a pint of same water taken
whenever the pain occurs.

For Cold or suppressed
(Mrs Gannett.) Respiration.

The Elder flowers dried, & made into tea, drank
on going to bed. —

The Allen's Tooth powder

Basut Hartshorn	—	2 oz ^s
Castile Soap	—	1 dram.
Gum Myrrh	—	1 dram.
Bole Armoniac	—	3 drams. —

For Scalds or Burns. Mrs Gannett's.

Chalk & vinegar mixed to a paste
& applied. —

Tahine Mixture

M^{rs}. Gump

20 grains of Salt of Wormwood
2 Spoonfuls of water & a Crab of sugar
Pour a table Spoonful of Lemon juice on this
& drink it whilst fermenting. —

See the book.

M^{rs}. Andrew

Bleped Pills for turn of life.

Half oz of Loctine Aloes.

6 Grains of Salt of Steel.

1 Grm of Asa fatida

1 Grm of Myrrh.

1 Grm of Galbannum.

2 Grains of Senna.

Half Grm of Mace.

Half Grm of Saffron.

40 drops of Oil of Amber made into a mass
with Syrup of Mugwort & formed into Pills.

Bean Ointment for Cancer or
Swelling.

1/2 pint of Cream

1/2 pint of Honey

1/4 pint of the juice of Bean leaves when in
blossom, boil it altogether till it is of a

consistency, apply it morning & evening to
the part affected. —

M^{rs}. J. Gyles.

10
Mr. League For External Inflammation
Flannel steeped in a strong infusion of Camomile
flowers constantly applied as hot as can be borne.

Mr. Gyles. Rheumatism
3 drops of Oil of Rosemary at night in a wine
glass of warm water taken in bed increased
to five, but a man may take six & above
Palpitation of the Heart

1/2 a dram of Magnesia dissolved with a nob of Sugar
in a wine glassful of water drunk fresh & directly following
a table spoonful of Lemon juice & 2 of water mixed.
Stomachic Mixture.

1/4 lb of Logwood boiled in 5 pints of water reduced to 2 -
add 1/4 of an oz of Cassia & boil five minutes
longer - Strain it & drink a wine glassful twice or thrice
a day.

Swamps in the Breast.

Equal quantities of Stacthorn and oil rubbed into it.

Bad Flux.

a Spoonful of boiled Starch & a Spoonful of Brandy
mixed & given after every motion.

Thrush.

The juice of Blackberries squeezed & boiled in Honey

Cuts & Bruises.

White Lily leaves steeped in Brandy.

3 grains of Lockworth's Powder (with 2 grains of Musk) for a
fever in the beginning of a fever. 8 to a woman - 4 to children
3 grains viz to a child of 3 or 4 years old.

Dr W. Gregor } Dr Collyer's excellent recipe for a Flux +
Five grains of Rhubarb & 2 small Spoonfuls of Sarsaparilla
Sliver put into a small Phial. filling it up with pepper
water. Taken on going to bed repeating it if necessary
after an interval of three nights.

Dr W. Gregor } Worms.
2 grains of James's Powder (or Ratanhys antimonial powder)
& 3 grains of Rhubarb for a child from 3 years old to 6 is
excellent tho' doses following.

Dr W. Gregor } Emetic
25 grains of Specacuanha powder may be safely given
to a grown person lep in proportion to the age.

Dr W. Gregor } Cardamine Sib. Powder for Epilepsy
Pick the Flowers in May & June dry them in the shade
crisp them in the Sun one minute powder & sift
them very fine. 30 grains taken ^{between breakfast & dinner} ~~twice a day~~ 2 night
for a grown person for 12 days unless a Fit occurs
then stop & when recovered repeat it again - when
the 24 doses are finished immediate application
should be made for more powder & continued till
the case becomes hopeless. it may be taken in anything
& requires no confinement of the patient - 25 grains
for a boy or girl but not to be administered under
10 years old. —

Dr Clements } For a scald or Burn - +
Equal quantities of Linseed oil & Lime water.
bottled together.

but }
1 lb of unslaked Lime into a gallon of water - let
it stand 24 hours an equal quantity of
this liquid to the same of cold drawn linseed oil
applied by rag. —

Mr. Dodd

A Dutch Spoonful of this Electuary to be taken
the last thing every night about three weeks before
a person expects to be confined.

2oz of Oil of sweet Almonds ^{old} & fresh drawn.

2oz Syrup of Roses ~~sub.~~

1oz - Sensitive Electuary.

1oz of best Cinnamon water.

To be made into an Electuary the Bottle should
be well shaken before it is poured out. —

Digestive Pills

15 grains of Myrrh & Rhubarb in powder

6 grains of Socotrine Aloes +

1/2 dram of extract of Lauconich. — to be made

into 80 pills - 3 to be taken immediately

before dinner. —

For Ring worme.

on the Head or elsewhere (Bread

2oz of unwashed Butter, a large handful of
Penny-lives boiled together & strained. then add
2 teaspoonfuls of spirits of wine. To be rubbed in
two or three times a day.

Nervous Headache

Structure of Valerian volatile ℥ij - 1℥ of Lavender comp.
℥ij. Water ℥ss Mix

Two table spoonfuls to be taken when required. —

Plaster for an Inflammation on the Chest. (Mr Richards' receipt)

- 6 oz of Burgundy Pitch
- 4 oz of Venice Turpentine
- 1 oz of Oil of Mace
- 4 Pennyworth of beakway
- 2 oz of white Resin

Melt the whole together, but must not boil. — To be made up in rolls. —

For Bruises

The immediate application of Camphorated Spirits of wine to the part injured. —

excellent] Egg Poultice for Bruises or Gatherings. The yolk of an egg a tea spoonful of Honey made into a consistancy, by white flour, mixed gradually with.

Lumbago +

(Mr Mitchell)

Equal quantities of oil of almond & Sandalwood & Spirits of Hartshorn rubbed into the back & —

Mr Sayre's Soda Water

- 20 grains of Carbonate of Soda
 - 10 grains of Tartaric Acid
- dissolved separately & then mixed. —

Eye Water

Mr Graham

Spirit of water a tea spoonful of Goulard's Extract a tea spoonful of Brandy.

Janson's Salve for Sore Throat Suckles
or any inflammation 12

Mackinac Lick

50 grains of Solar Caustic
1 Dram of Gum Arabic
 $\frac{1}{2}$ a Scruple of Sap Green
well mixed with half a oz of Rain water

The preparatory wash

10z of Sal. Soda dissolved in 20z of Rain water
expose the silver when washed to the Sun & Wind

Eye Water

{ Restorick

Boil 2 quarts of Spring water - Stir in 2oz of
Bole Ammoniac 10z of white Copparas powder
very fine $\frac{1}{2}$ oz of Camphir beaten fine with 3
Bitter Almonds stir till it is blood warm -
put it into bottles & shake it 3 or 4 times in a
month the longer it is kept the better use it
when in Bed drop a little in the eye -
Shake it before bottle it. - it cures any kind
of disease in the eye & strengthens weak eyes.

Inward Piles

10 drops of Balsam of Capivia twice a day.

A Potatoe Poultice better than any other.
equal quantities of Brandy & the White of an Egg
well beat to be applied by a feather to any part
that is chipped with Cyng in bed.

Relaxation of the Guala
a clove kept in the mouth.

For a violent cold.

a tea spoonful of hick dipolock in a tea
cupful of boiling scald milk, & drink going
to bed. —

Inflammation of the Throat
gargle with water sweet & swallow
a good deal in the course of the
day. —

Excellent for a Cough. (D^r. Curriek)

1 Oz. Syrup of White Poppies -

1/2 Oz. Compound Tincture of Camphor -

Mix well together, & take a Teaspoonful occasionally.

Excellent Nervous Medicine. (D^r.)

Put a Dram of pounded Camphor into a Quart Bottle,
fill it with boiling water, and let it stand till cold.

A Wine glassfull to be taken when uncomfortable, and
as frequently as occasion requires -

For a cold on the chest
rub in well before a fire Hartshornes & oil.

For Chilblains
Horse Radish Tea. —

for the purpose of a Surgical Spoon. When it was stood
 3 or 4 days in a dry situation cut it into square pieces
 & it is ready for use. any other Bent may be substituted
 for the Caraway.

at
 .
 stone
 that
 to be

all
 cup
 ring

Flour

of 1/2
 to be taken three times a day

Relaxation of the Quads
a clove kept in
For
a tea spoonful
cupful of boiled
to bed.

gauge with
a good deal
day.

Excellent
1 Oz. Syrup of
1/2 Oz. Compound.
Mix well together

Excellent
Put a Dram of
fill it with boiling
A wine glass full
as frequent as relaxation

Sub in well be
Horse Radick Tea.

1 lb of Garlic
then put
it in
a cloth,
and
pour
it
in
a
sieve
and
squeeze
it
in
a
cloth
and
squeeze
it
in
a
cloth

1 lb. of best Aleppo Galles.
1/2 lb. of Cloves.
1/4 lb. of Gum Arabic.
1/4 lb. of White Sugar Candy.

Bruise the Galles, and beat the other
ingredients fine, and infuse them all in
three quarts of rain water. Let this mix-
ture stand hot by the fire for three or
four days, and then put it on a slow fire,
not as to boil. Stir it frequently, and let
it stand five or six hours, till one quart
of it is evaporated. when cold, strain it
thru a clean coarse piece of linen; bottle,
and keep it for use.

Morning & once or twice
in the day as well - it will
be good without the Elixer power
if it can not be had

To Cure Fits

18
19
some quantities
for the purpose of a small Spoon. When it has stood
3 or 4 days in a dry situation cut it into square pieces
& it is ready for use. any other sort may be substituted
for the convenience.

To be taken three times a day

relaxant
a clove kept in
For
a tea spoonful
cupful of boiled
to bed.

gauge with
a good deal
day.

Excellent
1 Oj. Syrup of
1/2 Oj. Compound
Mix well together

Excellent
Put a Dram of
fill it with boiling

A wine glass full
of frequent use

sub in both ha
Horn Radish Tea

Handwritten note on a separate piece of paper, partially obscured.

The Cure For

for an inflammation in
the Eye
Take six unces of the best
rectified Spirits of Wine
deprive one drachm of Comphor
in it & add as much Fried
Elderflower blossom to it as
you can take up between your
Thumbs & two Fingers. let it
stand a Week shaking the
bottle often & strain it off
for use - Dip your finger in
it & rub the Eyes Night &
Morning & once or twice
in the day as well - it will
be good without the Elderflower
if it can not be had



15
16
18
19
for the purpose of a Streak Powder. When it has stood
3 or 4 days in a dry situation cut it into square pieces
& it is ready for use. any other scent may be substituted
for the cambray.

To be taken three times a day

Delagante
a clove kept id
For
a tea spoonful
cupful of boild
to bed.

gauge with
a good deal
stay.

Excellent

10j. Syrup of
1/2 Oz. Compound.

Mix well toge

Excellent

Put a dram of
fill it with boiling

A wine glass full
a frequent use

sub in with ha

Howe Radick Tea

Handwritten note on a separate piece of paper, partially obscured.

4 Oj. of Rosewater
5 Grains of White Vitriol

Boil

between two flannels as hot as be borne, every
twelve hours, it disperses any knot or
swelling in any part

To Cure Febr



For the purpose of a Streak of Fever. When it has stood
3 or 4 days in a dry situation cut it into square pieces
and it is ready for use. any other Rent may be substituted
for the Cambray.

To be taken three times a day

relaxation of
a clove kept in
For
a tea spoonful
cupful of boild
to bed.

gauge with
a good deal
day.

Excellent
1 Oz. Syrup of
1/2 Oz. Compound
Mix well toge

Excellent
Put a Dram of
fill it with boiling
A wine glass full
as frequent as relation

Sub in well he
For
Horse Radick Tea.

Handwritten note on a separate piece of paper, partially overlapping the main text.

To Cure Cuts

Boil a handful of Chamomile & as much
mallows in milky water, foment with it
between two flannels as hot as be borne, every
twelve hours, it depels any knot or
swelling in any part



before
ore and after
times before
and six
then repeated
and then
Dyggott
16

some quantities
for the purpose of a small Doser. When it has stood
3 or 4 days in a dry situation cut it into square pieces
& it is ready for use. any other scent may be substituted
for the Camomay.

To be taken three times a day

relaxation
a clove kept in
For
a tea spoonful
cupful of boiled
to bed.

Jaeger with
a good deal
day.

Excellent
1 Oz. Syrup of
1/2 Oz. Compound.
Mix well together

Excellent
Put a dram of
fill it with boiling
A wine glass full
as frequent as relation

Sub in well kept
Horse Radick Tea.

Handwritten notes on a separate piece of paper, partially overlapping the main page.

Red. W. Goyld
A large rectangular piece of paper with a circular seal, possibly a label or a separate document.

before
fore and of the
times before
times six
often repeated
and therefore
I suggest

for it
Peters, Suggist at Ours, Suggist
some quantities

for the purpose of a small amount. When it has stood
3 or 4 days in a dry situation cut it into square pieces
& it is ready for use. Any other sort may be substituted
for the Canary.

of 1000 - 1000 of water
to be taken three times a day

Relaxation of the Quota
a clove kept in

For
a tea spoonful
cupful of boiled
to bed. —

gauge with
a good deal
day.

Excellent
1 Oz. Syrup of
1/2 Oz. Compound.
Mix well together.

Excellent
Put a Dram of
fill it with boiling
A wine glass full
is required for relaxation
sub in well kept

Howe & Radick Sea.

To Cure Febr

Shred fine, three quarters of a Pound of Garlic
and put to it three pints of Water, then put
it in an Oven after Bread is down untill it
is reduced to one pint, the Garlic must be
then well pressed and wrung through a Cloth,
then kept in a small bottle with the cork tight
and kept for Use. A full Tea
of it must be taken immediately
Breakfast and after it,
your dinner, your Tea
and after eating
Months or more

N.B. It is an
it is recommended
for it.
Peters, Drugg
some 9
for the purpose of a small dinner. When it has stood
3 or 4 days in a dry situation cut it into square pieces
& it is ready for use. any other Rent may be substituted
for the Cambray.

of green 107 of water
to be taken three times a day

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Relaxation of the Quale
a clove kept in

For
a tea spoonful
cupful of boiled
to bed.

Jaeger with
a good deal
day.

Excellent
1 Oz. Syrup of
1/2 Oz. Compound
Mix well together

Put a dram of
fill it with boiling
a wine glass full
is required for
Sub in each be

Howe Radick Sea



Shred fine,
and put
it in an

is reduced to one
then well pressed and
then kept in a small bottle
and kept for use

of it must be taken immediately before
Breakfast and after it, also before and after
your dinner, your tea and at all times before
and after eating - To be continued six
Months or more if necessary, and often repeated

N.B. It is an offensive preparation and therefore
it is recommended to apply it - I suggest
for it

Peters, Druggist at Oure, has prepared
some quantities

for the purpose of a small dinner. When it has stood
3 or 4 days in a dry situation cut it into square pieces
& it is ready for use. Any other part may be substituted
for the cambray.

12
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Delagation with Quale

a clove kept in

For

a tea spoonful
cupful of boile
to bed. —

gauge with
a good deal
day. —

Excellent

1 Oz. Syrup of
1/2 Oz. Compound.

Mix well together

Excellent

Put a dram of
fill it with boiling

A wine glassfull
as frequently as occasion

Put in well kept

Howe Radish Tea. —

Lady Derby's Soak

20y bitter almonds blanched - 1/2 oz of tincture of benzoin / the
 good plain white Soap - piece of camphor the size of a nutmeg
 The almonds & camphor are to be beaten in a mortar
 until mixed then worked up with the tincture. the
 mixture being perfectly mixed work the soap into it
 in the same way.

Windsor Soap

Take the best white soap as thin as possible - melt it
 in a stew pan over a slow fire, scum it well with oil of
 Caraway & then pour it into a frame of wood made
 for the purpose or a sieve strainer. When it has stood
 3 or 4 days in a dry situation cut it into square pieces
 & it is ready for use. any other scent may be substituted
 for the Caraway.

ham

light

action
what
to be

Full
a cup
going

Holograph

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car

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1/2
ful
to
32
of

to be taken three times a day

Delicacies with Quale

a clove

a tea of
cupful of
to bed.

gauge
a good
day.

Esce

1 Oz. Syrup
1/2 Oz. Comp
Mix we

Put a Dr
fill it with
a wine of
as frequently as

sub in

Howe &

Mr. Gough & others
We are obliged our
duties & have the
honor to be
yours
obedient
servants

ST. JOHN'S

Wm. J. Gough
Wm. J. Gough
Cardynham
Padruin

141
391
191
151
941
651
451
6
081



Effluvia Powder Mr Graham 19

2 Drames of Rochelle Salt
40 Grains of Carbonate of Soda
36 grains of Tartaric Acid.

made into an effervescent draught
but with a larger portion of water.

For Asthma Miss Anington

10j of Saltpetre dissolved in a pint
of Spring water a wine glass full to be
taken each morning fasting.

For cold & cough Mr. Gall.

1/2 an oz. of Manna dissolved in a tea-cup
ful of milk to be drank every night going
to bed

Proportions for taking Blue Pill

3 grains of Blue Pill 3 grains of E^r of Colocynthis

Cough Mixture

8 grains of Saltpetre - 12 drops of Vinegar
of Quills - 10j of water & a little Sugar
to be taken three times a day.

Opening Medicines - Dr. Carrick.

1823.

Infusi Senna - ℥vss.

Tinct. ejusdem - ℥iv.

Tinct. Cardamon. c. ℥i.

Magnes. Sulph. ℥i. ~~℥~~

Take 2 or 3 or 4 Table Spoonfuls (as may be necessary) the first thing in the morning -
Tooth ache.

External application outside the Tooth.

Powdered ginger made into a paste with white of egg ^{coarse} brown paper soaked $\frac{1}{2}$ in it, & then applied. —

Ear ache

Wash the ear out with strong soap suds made with Castile Soap. —

Hoodycy

a Table spoonful of Friars Balsam

a Dessert spoonful of oil of Turpentine

30 drops in cold gull three times a day

wash with cold vinegar ^{& water} & drink very

thing cool. —

For Convulsions

20

a warm Bath an emetic of of Spicacu
amah. apply a Bladder with hot water
to the Stomach - Camphor rubbed down in
Bready to the pit of the stomach - an
injection of thin Quet made to a proper
thickness by stirring in powdered Valerian
not boiled with the Val: in it. does
offalomicile & Camphor draughts as
necessary - For Convulsions

Canse the Toasils so as to bleed freely.

King's Oil

1 Dram of Calomile in 10j of Elder
flower ointment well rubbed & often
on the part. - Periodical return.

Sit on hot water with Camphor at the
at the approach of the painful Period
& take a tea spoonful of Magnesia
with 5 grains of Dover's Powder in Camphor
mixtures every eight hours whilst the pain
lasts.

Mindereus's Spirit applied
to a blow.

Broken Chilblains
Spiculate powdered prepared chalk on the
wound & then apply a Spermoceti ointment
spread on linen.

Nervous Cordial. Dr. Carrick.

3 drams of Sal volatile 2 drams of Tincture
of Castor, & 3 of Tincture of Camphor
put into an 8oz. Shial & then fill it up
with Camphor water. Take 3 neat spoonfuls
1/2 aha time when nervous & weak.

Violent palpitation of Heart
a. suffield of strong coffee taken without
cream, or Sugar.

Constipation of Bowels headache nausea
& indigestion —

Blue Pill, 20 grains,

Spicacuan, 3 grains,

Powdered Cinnamon, 2 grains.

Mix & divide into 4 pills. 2 taken every
night at Bedtime.

Sting of a Wasp

The root of an Onion or Garlic bruised -
or y^t of Hartshorn & Soap-lees. - Applied
to the part. - For Worms

10j of Worm seed boiled in a quart
of Pector till reduced one third
a wineglassful taken once or twice
a day. -

Immoderate Bleeding of Gums
or from Leeches stopped by Succus
Carnatic either solid or liqued
applied to the part

General Debility weakness of
Stomach.

8 grains of Sulphate of Quinine
dissolved in 10j of Comp Lincture
of Rhubarb a tea spoonful taken
3 times a day in water.

Burns
apply cotton wool. -

Tic Dole reney

a Nutmeg grated into a glass of Sherry wine
& drunk off —

Colic in the head

a Tea spoonful of Saluolate taken every
night at Bed time —

Incipient cold on the Chest

a Tea spoonful of Saluolate & 15 drops
of Sassafras taken at Bed time

Incipient sore Throat

soak the Feet in warm water with
an oz: of Flour of Mustard in it —

For Sore Throat.

Honey. Borax. Water

Alum. Honey - Water

Alum size of kernel $\frac{1}{2}$ pint of Water

all Gaynes. —

Very bad Mucous Headache ^{24 March} 22

Small Mustard Poultice applied for ten
minutes behind the Ear —

Embrocation for Inflammation
(Miss J. J. J.)

1 Table spoonful of Gire
1 Tea spoonful of Goulard
 $\frac{1}{2}$ Pint of Water —

Any thing whatever by Rolle
a Poultice of fresh Earth —

For a Strain Mrs Lethbridge
Equal quantities of Bullocks Gall, and
Spirits of Turpentine. —

For Epilepsy
Put a robe of Salt into the Mouth
instantly

Face ache Neuralgia Measles
Mr. Haver

Comp. Rhubarb Pill ————— 30 grains

Blue Pill ————— 12 Do

Syr. Syosiamur ————— 12 Do

Muriate of Morphine — $\frac{3}{4}$ of a Grain

Cistoa Oil ————— 1 Drop —

To be made into 12 Pills
one, or two in a Doce to be taken
on going to Bed —

Mrs. Tom) For Rheumatic gout

1.oz of Gum Guaiacum bruised to
a powder & steeped in $\frac{1}{2}$ Pint of best
Brandy —

one Table spoonful of this mixture
in two of Cold Water taken twice
in the Day —

23

Prescription for general Nervous
Debility by the Rev. Edward Douglas -

Alcoholic Extract of the *Synactia amara* 30
Grains - make into 40 Pills - & take one an
hour after Breakfast, & one an hour before
Supper - or at least an hour before retiring
to rest - one Pill in the 24 hours will be
found sufficient for very young, very aged
or very delicate Persons - and that one had
bitter be taken at night -

The Patient is advised to take as much
Exercise as circumstances will permit
in the Morn^g. before Breakfast - to drink
Black Tea - & to take Coffee only in the
Morn^g. & in small quantities - Should the
improved condition of the Patient be very
thoroughly marked at the end of the second week
it will not be necessary to take the Pills more
than one a day while taking the remaining
quantity - The ~~extract~~^{active} principle of *Synactia amara*
is Thychemine - the Medical properties of which
are Stimulant - Tonic - & Narcotic exerting
its influence chiefly on the Spinal Chord.

Jos^{ph} Groves
Chemist
Blandford

Mrs Davie's Prescription for a Colic from
Mr Tripe 6 grains of Doan's Powder
2 Do of Antimony

Take for a few nights successively.

The same dose of Doan's Powder with
2 grains of Gny Powder also very good for
a deranged Stomach

Do Mrs Davie) Tripe for Rheumatism
Embrocation ^{Stumbergo's}

1 Egg well beaten with $\frac{1}{2}$ Pint of Vinegar
 $\frac{1}{4}$ oz of Camphor dissolved in $\frac{1}{4}$ oz of
Spirits of Wine - 1 oz of Turpentine
well shaken & closely corked
if the Rheumatism is in the Head
apply behind the Ears, or back of the
neck -

For a Burn

Mrs Rose.

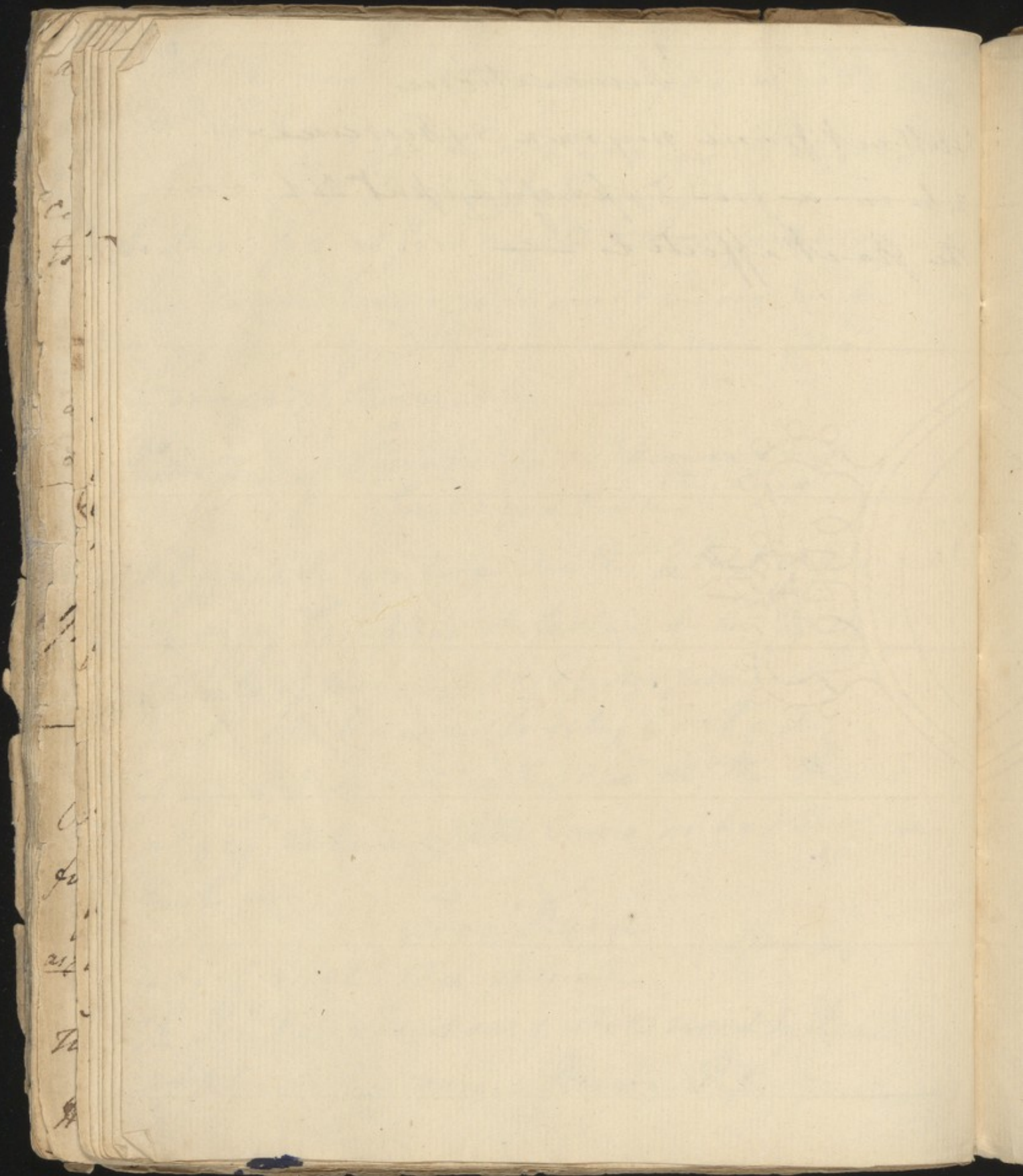
4 oz of unslaked Lime -

$\frac{1}{2}$ Pint of Linseed Oil used by Painters -
applied by coarse Brown Paper, constantly.

Rheumatism

24

Excellent from my own experience
rub in a few drops of Cajiput Oil on
the part affected —





Excellent
 Mrs. Johnson's Salve for
 Swellings sore Throats or any

9:51:1761

J

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0:1

MS. 7964
 Dr. Ware's Comentator for the Eye.

Take 3 or 4 Poppy Heads / pruned from
 a Tuffid, break them up & put a quart
 of Water to them; let it first boil, and then
 simmer till it is reduced to a Pint & half
 or rather less;oment the Eye frequently
 with it warm. It should always be used
 when there is a Stye or feathering of any kind
 in or about the Eye -

August 27th, 1846.

1/4
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3

excellent ^{ms. 7964} Proctor's
Mrs. Johnson's Salve for
Swellings sore throats or any
inflammation.

Take $\frac{1}{2}$ a pint of Seville oil
4 oz Bees wax
6 oz Diachylon made up with
gum 12 oz of Honey.

Set the oil over the fire,
put in the wax and Diachy-
lon, shaved into small pieces
and let it boil gently till
it be dissolved, then take
it off the fire and pour it
upon the Honey stirring it all
till it is cold. It will either
batter the swelling if applied
early or break it, in a very
small opening, and afterwards

heal it. The salve gives ease
by laying round a blister
plaster and is very proper
to heal it afterwards.

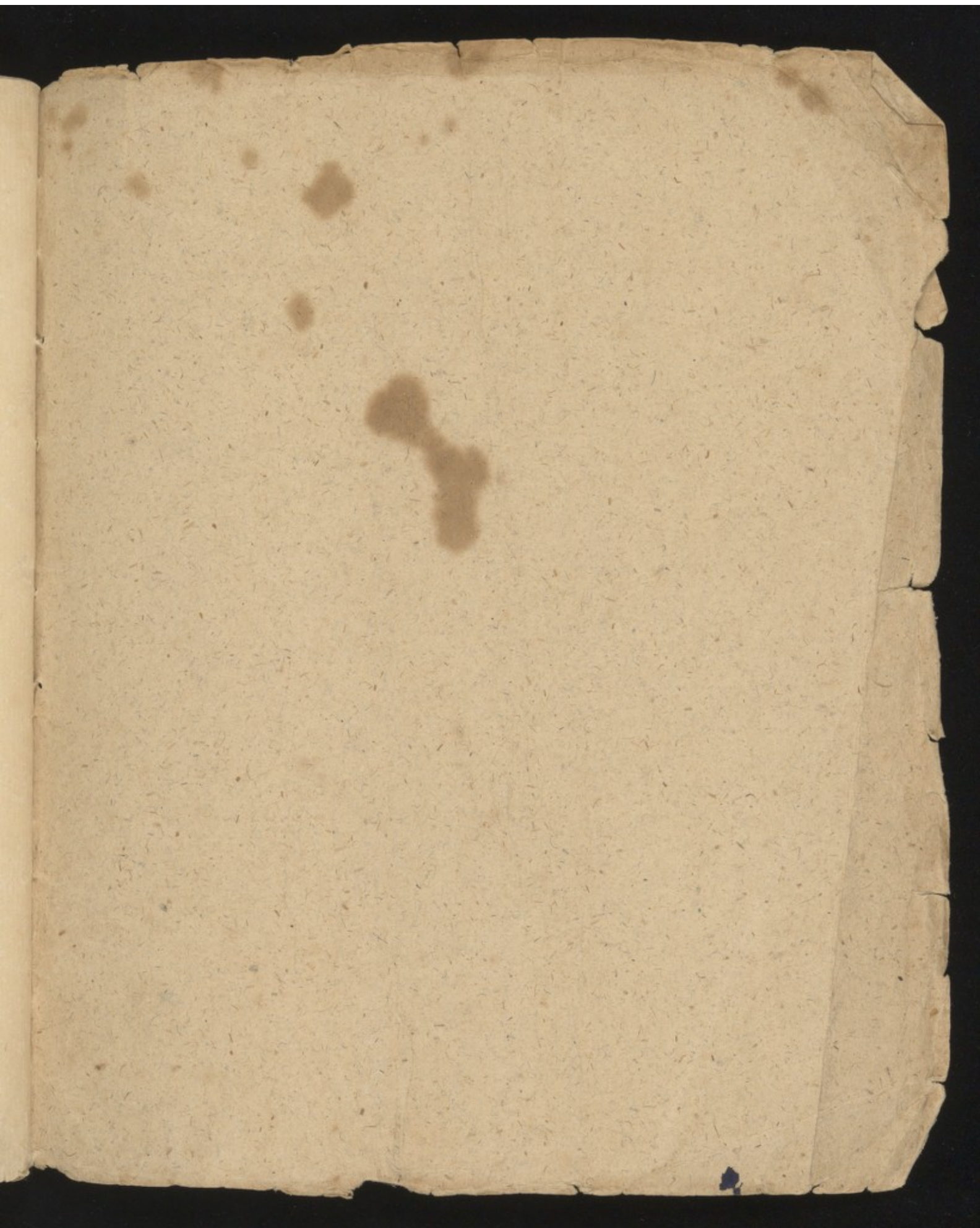
N: B. It is good for every
sort of inflammation. Use an
earthen pipkin.

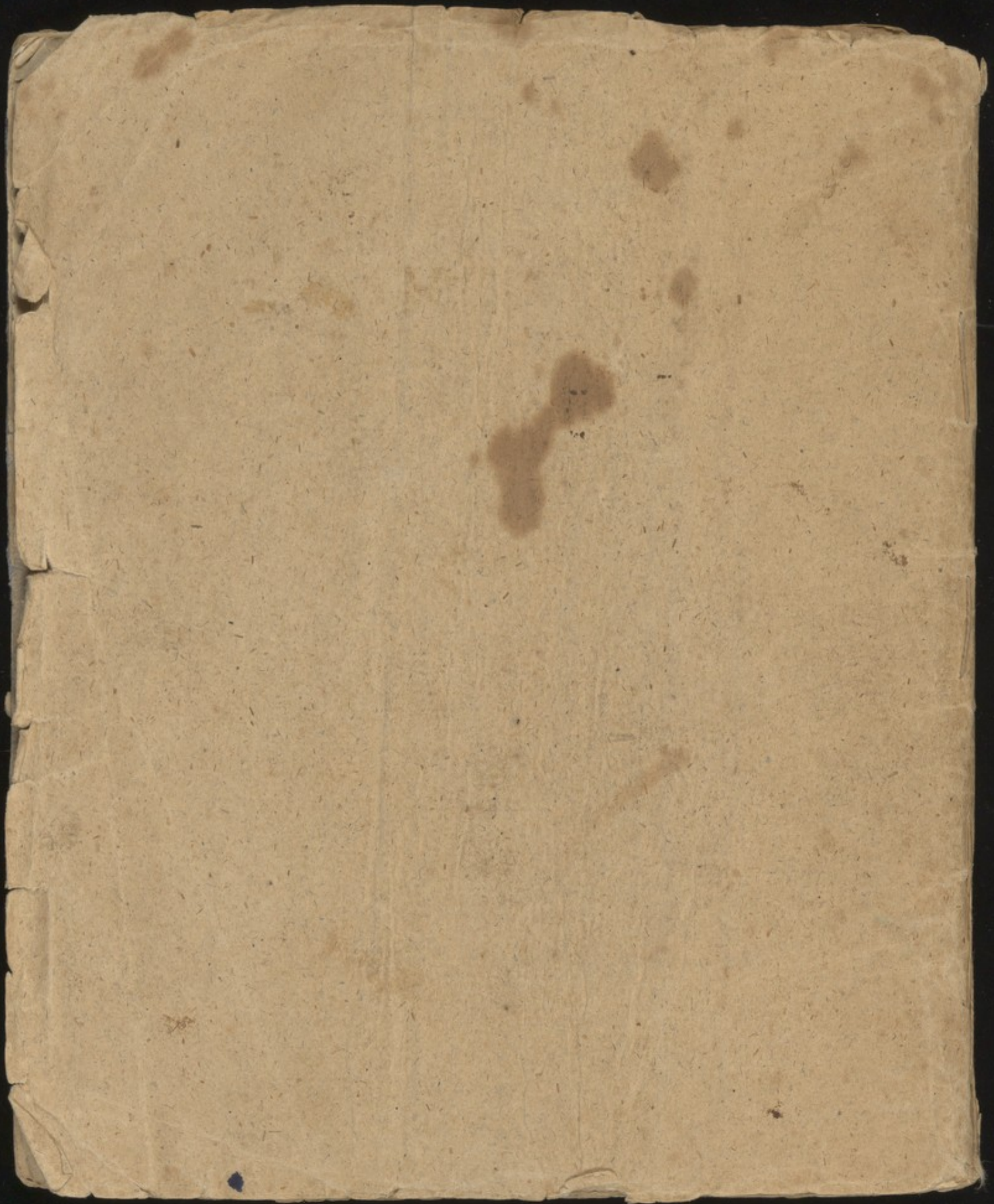
$\frac{1}{4}$ lb of Mutton Suet shred fine ^{and melted in an Earthen Pot, strain & put it}
3 oz of Butter - 3 ops of Resin ^{30j} of Beer was - place upon the fire & stir it till all
is melted. when used spread it on a linnen cloth sufficiently large to cover the inflamed
part —
Rhinous Pills — Extract of Polygatha 2 scruples — Extract of Shalack
1 scruple — Oil of Sassafras 4 drops — jelly Soap sufficient to form a Mass. to
be divided into twelve Pills, of which take one every night —

Ms. 7944
Dr. Ware's Fomentation for the Eye.

Take 3 or 4 Poppy Heads (procured from
a Duggil), break them up, & put a quart
of Water to them; let it just boil, and then
simmer till it is reduced to a Pint & half
or rather less; foment the Eye frequently
with it warm. It should always be used
when there is a Stye or fothering of any sort
in or about the Eye -

WILL MS. 7944

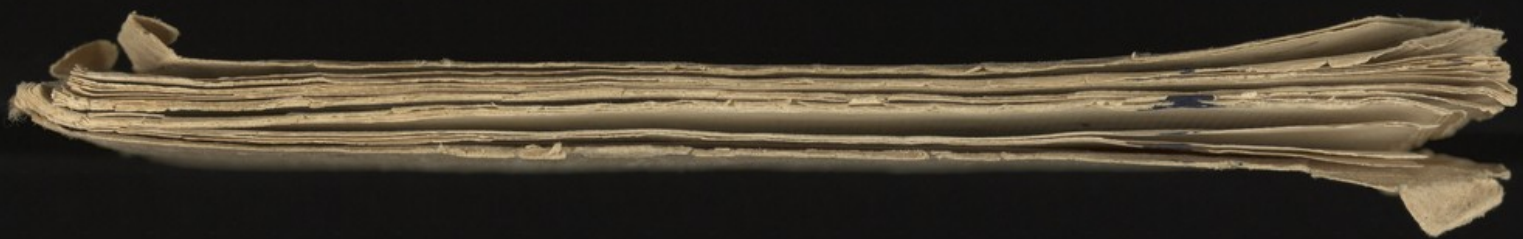












Medicine Book

Belonging to my Mother
to me or my Sister Lord
Some valuable Receipts

Louisa
Dec



the

Johnson's Salve for
not any inflammation

Machining Lick

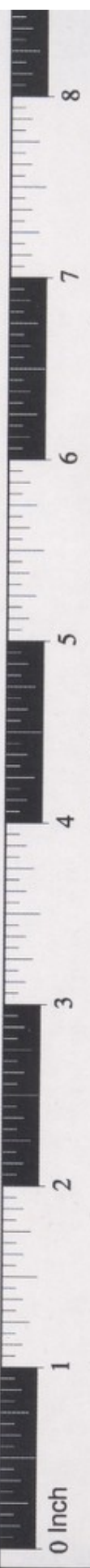
50 grains of Solar Caustic
1 Dram of Gum Arabic
1/2 a Scruple of Sap Green
well mixed with half a oz of water

The preparatory

10oz of Sal Soda dissolved in 2oz
expose the

Boil 2 quart
Bole Ammon
very fine 1/2
Litter Alum
put it into
mouth the
when in the
chain it
of disease

10 drops of Brandy
A Potatoe
equal quantities of Brandy
well beat to be applied by a feather
that is thipped with Cyng in bet



The Wellcome Library

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