

**Report of the Committee appointed by the quarterly meeting of the Town's Hospital, on the 19th November last, to inquire into and report on the state of the hospital : 10th January, 1816.**

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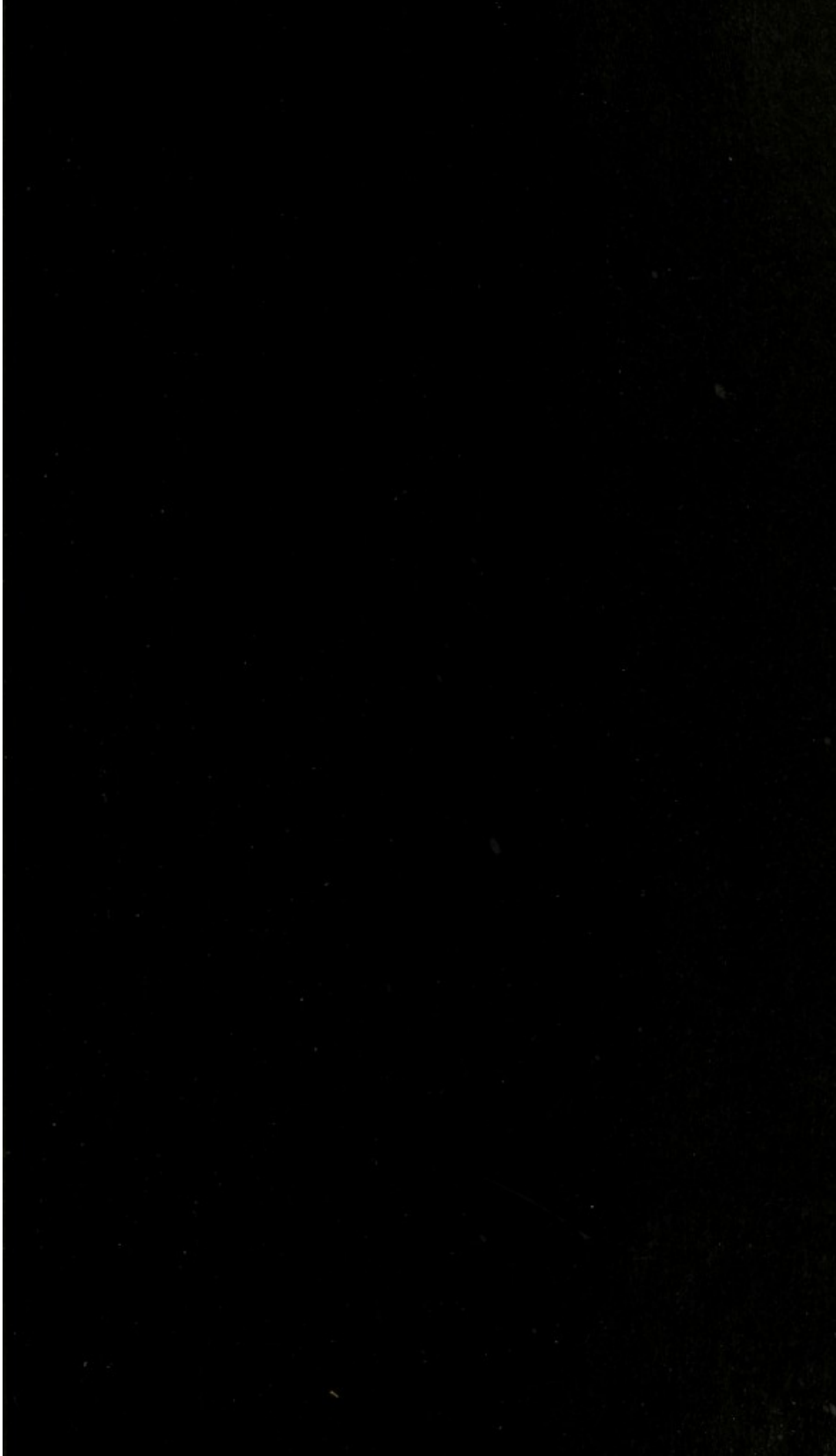
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REPORT  
OF  
THE COMMITTEE  
APPOINTED  
BY THE QUARTERLY MEETING  
OF  
**The Town's Hospital,**  
On the 19th NOVEMBER last,  
TO  
INQUIRE INTO AND REPORT ON  
THE  
**STATE OF THE HOSPITAL.**

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10th January, 1816.

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GLASGOW:  
PRINTED BY JACK & GALLIE,  
26, NELSON-STREET,

1816.

# REPORT

OF

THE COMMITTEE

APPOINTED

BY THE GOVERNMENT MEETING

OF

THE BOARD OF MANAGERS

OF THE HOSPITAL

TO

INQUIRE INTO AND REPORT ON

THE

STATE OF THE HOSPITAL

1861 January 18th

GLASGOW:

PRINTED BY JAMES W. BROWN

AT THE UNIVERSITY PRESS

1861



## REPORT, &c.

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YOUR Committee first took under their consideration, a letter addressed by the Sheriff-Depute of the county to the Lord Provost, on the 17th October last, of which a copy follows:

*“ Glasgow, 17th October, 1815,*

*“ MY LORD,*

*“ In the discharge of my duty, and in fulfilment of a recent Act of Parliament, relative to Houses for the reception of Lunatics within the county, I, on Thursday the 12th instant, accompanied by two of the Magistrates of the city, and four Members of the Faculty of Physicians and Surgeons, inspected the Lunatic Asylum, and the Town’s Hospital. The first is in the most perfect order, and does infinite honour to this city, and to the country. The establishment at the Town’s Hospital will, however, require several improvements and ameliorations, and at my desire, the medical Gentlemen, who accompanied me in the inspection, have given in a Report, containing their suggestions as to the alterations and amendments which seem requisite. In all of these I most explicitly*



and earnestly concur: and I have now the honour of transmitting that Report to your Lordship, being satisfied that, through your means, it will be immediately and effectually attended to by the Managers of that Institution.

I have the honour to be

Your Lordship's obedient and  
most humble Servant,

ROBERT HAMILTON."

*To the Lord Provost  
of the City of Glasgow.*

Your Committee next considered the Report of the medical Gentlemen, referred to by the Sheriff-Depute, of which a copy also follows:

"We the undersigned, Members of the Faculty of Physicians and Surgeons of Glasgow, having been requested by the Sheriff-Depute of Lanarkshire, to report concerning the accommodation and condition of the Idiots or fatuous persons at present confined within the Town's Hospital, such as we observed them at our inspection on Thursday, the twelfth day of October last, beg leave unanimously to state that, in our opinion, the comfort of the above persons would be materially promoted by attending to the following particulars. These particulars relate to Lodging, Bedding, Diet, and Apparel.

"1st, With respect to *Lodging*, the accommodation seems to us in various ways defective. Thus, we found several of the Idiots or fatuous persons residing in cells necessarily damp, because constructed on the ground floor; while, at the same time, they were unprovided with grate or chimney, as well as destitute of every contrivance for producing a comfortable heat. We would recommend, therefore, the immediate removal



of these Idiots to the upper row of cells, as well as furnishing these last either with a grate or chimney each, or such other apparatus as may be necessary for raising them to a proper temperature. The gratings of the windows, too, we think, might be instantly taken away, as requisite only where furious maniacs are confined. It seems desirable that as much light and air as possible be admitted, and only the rain excluded. As models, we would recommend the windows of the cells in the Lunatic Asylum. What is called the *Sick - Ward*, in that part of the Hospital appropriated to the use of the Idiots, we think particularly objectionable. The number of patients confined within it, we found out of all measure too great—indeed such as to incur considerable risk of generating contagious diseases. This evil, however, seems of easy remedy, from the number of vacant apartments at present in the Hospital. In this ward, too, we only observed a single nurse. We judge it altogether impossible for any one individual to take due care of such a number of persons, more especially many of them in so helpless a condition.

“ 2d, With respect to *Bedding*, we would recommend the bedsteads to be made of iron, not of wood;—that the straw be enclosed in mattresses, instead of being loose as at present;—and that more attention be paid to the cleanliness of the bed-clothes.

“ 3d, As to *Apparel*, we have little to remark: we observed, however, at our last visit, several of the Idiots to be destitute of shoes and stockings. Should this not have been an accidental circumstance, humanity surely requires that during cold weather, they should be regularly furnished with both articles of dress. We think, too, it would contribute much both to the comfort and cleanliness of these poor creatures.



if they were allowed the use of the warm bath, once a-week, or once a-fortnight.

“4th, In regard to *Diet*, we object to the invariable and exclusive employment of oat-meal.—We think as much variety as may be consistent with the economy of the Hospital should be permitted, more especially a plentiful allowance of potatoes.

RICHARD MILLAR.

JAMES MONTEATH.

WILLIAM COUPER.

WILLIAM ANDERSON.”

*Glasgow, 16th October,* }  
1815. }

Your Committee likewise perused the Act of Parliament specified by the Sheriff-Depute; and the following is the clause to which he refers as his authority: “And be it enacted, that within two calendar months after the passing of this Act, the Sheriff-Depute or Substitute of Lanarkshire shall employ any of the said four Members of the said Faculty of Physicians and Surgeons of Glasgow, to inspect every house which shall then be kept for the reception, cure, and confinement of furious or fatuous persons, or lunatics, in Lanarkshire.”

Whether the objects of visitation here alluded to, be lunatics, in the strictest acceptation of the term, or whether the Act extends to idiots, such as are maintained in the Hospital, your Committee did not conceive it necessary to investigate; as they can entertain no objection to the propriety of official inspection, and have no desire to limit the powers of the persons entrusted with the execution of this salutary vigilance, if properly conducted. Your Committee feel it, however, indispensably necessary to state, in justice to the Pre-



ceptor and Vice-Preceptor, that the intended visit was notified to take place at one o'Clock, on Thursday the 12th October; that these Gentlemen were accordingly in attendance at that time, and one of them waited till very near four o'Clock, when, there being no appearance of the Sheriff and his attendants, they did not consider it necessary to remain longer; that the Sheriff and medical Gentlemen, however, came to the Hospital past four o'Clock; that they then inspected the apartments and condition of the idiots, but that, in place of their Report being previously shown to any of the Directors of the Hospital, the first intimation of the result was communicated by a paragraph in the Glasgow newspapers, containing severe reflections on the system of management. Your Committee merely deem it necessary to allude to their information of the fact, before entering on the important subject submitted to their consideration; as they are of opinion that, had the Preceptor and Vice-Preceptor been present at the visit, or been afterwards consulted, some of the points which form the subject of complaint, might have been explained in a satisfactory manner.

Your Committee, after discussing the matter referred to them for report, and ascertaining the extent of the rumours which had gone abroad respecting the mode of management, considered it necessary, minutely and thoroughly to visit and examine every department of the Hospital, and to obtain such farther information on the different points, as could be procured from the regular attendants, who appeared not only ready to afford—but even to anticipate every satisfaction in their power. The result, your Committee now beg leave specifically to detail.



The objects of relief from the Hospital consist of two classes:—in-door and out-door paupers. Your Committee shall at present direct your attention to the *in-door paupers*, which involves the consideration of the state of the Hospital, and of its present management;—and they shall divide the subject into the different departments of the House.

### I.—PAUPERS' WARDS.

*The number of Paupers are as follows:*

Men,.....	98	
Women,.....	220	
		— 318
Boys,.....	34	
Girls,.....	39	
		— 73
Total,.....	391	

Your Committee were extremely satisfied with the decent appearance of the paupers, and with the cleanliness of the various apartments, all of which seemed to have been recently washed; and every article of furniture, although old, was in very tolerable order. From this observation, however, your Committee must except the rooms in the back building, which, from the lowness of the roof, and the want of ventilation, are extremely ill-aired, and your Committee fear that this defect is in a great measure irremediable. The beds and bedclothes appeared to be clean, and as comfortable as could be expected. Many of the bedsteads are now made of iron, and your Committee would recommend a general substitution of iron, in place of wood, as not only more durable, but much better calculated to prevent filth and disease. With respect to the blankets, they are made of rock-spun Highland stuff, as the strongest that could be pro-



cured, and as these are at all times of a dark colour, they have the appearance of impurity, which they do not really possess.

## II.—IDIOTS' WARDS.

*The number of Idiots was as follows:*

Female,.....	10
Male,.....	11
	<hr/>
	21

THE first subject of examination here was, what is called in the medical Report, the *sick-ward*. Your Committee understand that there is strictly no sick-ward appropriated to the idiots, but that the apartment here referred to, is the lower room of the detached building on the west; that, at the time of the visit, the observation made by the medical gentlemen was correct; that the number of idiots contained in this place was really too great, but that the complaint was immediately afterwards removed, by the diffusion of those persons through other apartments, which was the case when your Committee visited. The room above this is appropriated to the reception of sick persons in general, without regard to idiots in particular.

Your Committee shall now submit in detail, their opinion on the points referred to in the medical Report.

*First,* With respect to the *beds*, your Committee still find that a number are made of wood; and they have already expressed their concurrence with the medical gentlemen, that the whole beds in the hospital should be constructed of iron.

*Secondly,* With respect to *bedding*, your Committee paid particular attention to the observations in the



medical report : and as to the first remark, that the straw should be enclosed in mattresses, they are of opinion that this recommendation cannot be carried into effect, because, from the deplorable condition of some of the patients, it is often necessary to change the straw every day, and if mattresses were used, they would soon be rendered not only useless, but in the utmost degree offensive and injurious. Besides, all those idiots who are in such a state as not to abuse mattresses, have been regularly provided with that comfort. Neither can your Committee coincide with the medical gentlemen in the justice of the censure, “ that more attention should be paid to the cleanliness of the bed clothes,” as, from the observation of your Committee, every care was taken of this important circumstance, which the cases and propensities of the unfortunate individuals would permit.

*Thirdly,* With respect to there being *only one nurse*, your Committee find that the remark is numerically accurate ; but it must be recollected, that the number of patients in this room does not exceed fourteen ; that one active superintendant, with assistance, should be quite sufficient ; and that, in point of fact, the nurse has a man and a woman under her, ready at all times to afford her aid.

A much greater objection occurred to your Committee, which is not even alluded to in the medical Report, and that is, the great want of *ventilation*, and the consequent deterioration of the air, from there being no opposite currents. Your Committee turned their attention to the means of remedying this inconvenience, which, however, they find a matter of much difficulty, as the cow-house is at the south end, and the west wall is situate at the extremity of the property. Different plans occurred to them, but as they do not pre-



tend to sufficient practical knowledge, they would recommend a remit to skilled tradesmen, to inspect and report.

Your Committee next directed their attention to the back building on the north, which contains paupers' apartments, idiots' cells, and the Infirmary.

With respect to the paupers' apartments in this division, your Committee have only to refer to their preceding observations on the same subject, which equally apply to those in this department.

The idiots at present are all on the ground floor. Your Committee have understood that, at the time of the Sheriff's visit, there were only three persons in these cells; but now the surplus, from the apartment on the west, has been removed to this place.

The first complaint stated in the Medical Report, applicable to this department, is, that it is necessarily *damp*, because constructed on the ground floor. Your Committee could not judge of this statement, as a stove had recently been used; but they feel no hesitation in coinciding with the medical Gentlemen, that it would be a material improvement to remove those persons to the cells immediately above. The number of idiots down below is fourteen, and the number of apartments above is eleven, which is nearly sufficient, as the extra number of patients may be accommodated below, in rooms where there are fire-places.

Next, with a regard to the complaint of *want of heat*, your Committee find, that there were fire places in some of the rooms, which were used when the weather was cold, and that since the official visit, a fire stove has been placed on the ground floor, which affords additional heat. The chief difficulty, with respect to the cells on the second floor, is the want of



fire-places; the only way of remedying which is to carry heated air by pipes into the different departments.

*Thirdly*, With respect to the *gratings* on the windows, your Committee cannot conceive, with the medical Gentlemen, the necessity of their immediate removal; because these gratings are constructed of very slight bars, which neither exclude air nor light, and at the same time prevent the idiots from throwing any articles over the windows. There are also either glass frames or wooden shutters on the outside, which are closed when requisite, and your Committee would recommend, both for light and comfort, the universal use of glass in place of wood. The windows in the Lunatic Asylum, referred to as models, are not to the point, as these are placed so high as to be out of the reach of the patients. Your Committee further understand, that it is the practice of the Magistrates to send vagrants to the Hospital, for temporary confinement; and it appears to your Committee, that the lower cells thus left empty, by the removal of the idiots up stairs, might with propriety be used for this purpose.

*Fourthly*, With respect to the *apparel* of the idiots, it is remarked by the medical Gentlemen, that several of these persons were destitute of shoes and stockings. It will be recollected, that the time when these Gentlemen visited was early in October, when the weather was mild. On the day when your Committee examined the House, there was a severe frost, and they remarked that all the idiots had both shoes and stockings, with the exception of one person, who, they understood, took them off and threw them away, whenever they were put on. This person is kept as much as possible in the house near the fire.

*Lastly*, With respect to the *diet* of the idiots, your



Committee understand that there is no distinction between the food which they receive, and that of the other paupers. On this subject, therefore, your Committee refrain from any remarks, as they will have occasion to recur to it before they conclude, under the general head of *diet*.

### III.—INFIRMARY.

THIS department occupies two rooms of the back building, partly on the second and partly on the third floor.

On this part of the establishment, your Committee must observe, that, from the original construction of the rooms, there is a great deficiency of air, producing offensive effluvia, and thus operating, not only to obstruct recovery, but to generate disease. There is also a want of necessary accommodation, as the wards are much too crowded. These are defects which arise entirely from the construction of the building. The only remark that occurred to your Committee in the present management, was too free a permission of the use of tobacco, the smell arising from the smoke of which is very offensive. A very material defect was the want of water-closets, which cannot, in the opinion of your Committee, be properly attached to the present establishment; but to this point also they shall have occasion again to allude.

### IV.—ROOM FOR COLD BATHS.

THERE are two cold baths, in one of the back apartments, well supplied with water. Your Committee agree with the medical Gentlemen in the propriety of introducing a warm bath, which can easily be done at a trifling expense, as there may be a direct communication from the boilers in the washing-house, which



is immediately adjacent. The occasional use of the warm bath would contribute essentially to the health and comfort of the paupers, particularly at their introduction into the house, when they are far from being generally in a cleanly condition. The cold bath is at present used almost entirely for young persons.

#### V.—WASHING-HOUSE.

THIS place is very confined, the boilers being too near each other, and an offensive smell arising from the state of the clothes to be cleaned. There is also an urgent want of a *drying-house*, as during wet weather, the only places for this purpose are the rooms of the paupers, which is in every respect inconvenient and injurious. Your Committee would recommend the adoption of a temporary expedient without delay, and for this purpose to remit to tradesmen to determine the most proper place. They would also suggest the propriety of a report as to the means of introducing more air into the *store-house*.

#### VI.—SCHOOL.

Your Committee visited the school during the hours of education. It seemed to be well conducted under Mr Moffat, the chaplain, with the assistance of monitors and other persons under him. No remarks occur at present to recommend for adoption.

#### VII.—DIET.

YOUR Committee understand that the following is the present system pursued:—For breakfast, at 9 in the morning, to all who are in health, porridge and milk, or beer when milk cannot be procured; to those who are sickly, tea and bread. For dinner, at 2 o'clock, for four days in the week, broth; during two



days of which it is made of beef, and two other days it is what is called *water kail*, or vegetable soup, which cannot contain much nourishment. On those days of the week on which it is made of beef, the necessary quantity for making the broth is divided among the inmates, but is only sufficient for one half of them, so that each inmate only receives flesh-meat once a week. On those days of the week when the broth is made without beef, and to that proportion whom the beef, when used, is unable to reach, butter or herrings are distributed. Two days of the week, potatoe soup is used, made of cows'-heads, and butter or herrings as before. The remaining day is Sunday, on which the inmates receive bread only, with beer or butter-milk. Supper commences at 9 o'clock, when the same diet is allowed as at breakfast, except to the sick, who receive according to the regimen prescribed by the Surgeon. Wine, spirits, and porter also are distributed when ordered, but from the extremely small quantity used, (only 4 dozen wine in the year,) the utmost economy is observed.

Your Committee are perfectly aware of the delicate nature of this point, so as to administer the requisite sustenance on the one hand, and not to create a refuge for indolence on the other. Humanity dictates that the poor should not be too miserable—policy requires that they should not be too comfortable. The Hospital was never intended as a resort for enjoyment—neither was it ever meant as a place of punishment. Pursuing, as they hope, a middle course, equally remote from improvidence and penuriousness, your Committee would beg leave to recommend the following alteration in the course of diet.

*First*, As to the broth, that it should be made of butcher-meat every day when used. Your Committee



find that the annual amount of the butcher's account is £238, which by this alteration will be increased; but from that sum will fall to be deducted, the value of herrings and butter administered on the two days when no beef is used. They would also recommend a more plentiful admixture of vegetables, particularly pease and turnips. Secondly, That as there is a piggery belonging to the establishment, there may be nearly a sufficient quantity of pork to make soup with pease, once a-week, on Sunday. Thirdly, That, as the children never receive any animal food at present, they should be allowed a flesh dinner once a-week. Fourthly, With respect to potatoes, your Committee have already mentioned that they are now used twice a-week; but it may be expedient to extend their consumption, and to employ a proper apparatus for boiling. These recommendations apply only to dinner—breakfast and supper to remain as before. \*

### VIII.—APPAREL.

THE only remark that occurred to your Committee was, that the clothes, particularly those of the children, were occasionally torn or worn, which arises from the want of a sufficient number of tailors, of whom there are only two in the house, and your Committee would recommend an additional hand.

### IX.—EMPLOYMENT.

The *men*, who are able, are employed in weaving, picking oakum, and doing the necessary duties of the house:—the *idiots*, in beating sand, and other simple drudgery. The *women* do all the needle work; knit, spin, mend, wash, bake, clean the house, and super-

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\* See Appendix.



intend the wards. The *boys* weave, tambour, and teeth cards. The *girls* tambour and make lace.

On this point, your Committee have to remark, that the fuller, the more productively and the more appropriately the time of the paupers is engaged, the greater must be the advantage, both to themselves and to the Institution. Your Committee had occasion to remark, that the inmates were frequently idle, and there cannot be a question of the propriety of constant employment to the best of their ability. Some more of the men might be engaged in simple operations, such as teasing oakum, and, if there were room, the boys might be employed in occupations more congenial to their sex than tambouring.

The profit resulting from work, last year, was as follows:

General work,.....	£93	13	6
Lace do. ....	171	0	9
Total,.....	264	14	3

## X.—MEDICAL DEPARTMENT.

THE present attendant on the house as Surgeon, is Mr. Granville Sharp Pattison, who has acted as substitute under Mr. Burns, and who attends statedly twice a-week, one hour in the day, and oftener when required. As the latter Gentleman has resigned his charge, your Committee will abstain from alluding to what is past; but they consider it imperative on them to recommend, that on no account whatever in future, ought the Surgical duties to be regularly performed by deputy. As a new appointment must take place, and as the duties of the Surgeon are too extensive—applying not only to the inmates of the house,



but to the out-door paupers, who amount, on an average, to about 120—your Committee would beg leave to suggest the division of the Town into four different districts, with one Surgeon for each, if he can be procured at a small salary, for which the extent of practice, and the respectability of employment, may be deemed an equivalent compensation. In this case, it may be made a part of the duty of one of those Surgeons to attend the house.

Your Committee, moreover, feel it incumbent on them to state, that to the best of their information, the offices of Matron, Chaplain, Clerk, Superintendant, and Lace Teacher, are all faithfully and judiciously performed.

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Your Committee cannot conclude this Report, without impressing on the serious attention of the Directors the present state of the Building. The House was erected in 1733, and certainly did great honour to the Town at the time. In the course of years, however, it has suffered much injury. The stairs are worn down, and the roofs and floors are beginning to shew symptoms of decay. The plan itself is altogether incompatible with the improvements introduced in modern times, so essential to comfort, cleanliness, and health. The want of water-closets, of the diffusion of heat, of the free admission and circulation of air, and of many conveniences and accommodations which are indispensably requisite, convince your Committee of the propriety and necessity of an entirely new erection. They feel the less hesitation in expressing this opinion, as from the great value of the



ground \* and materials, occupied by the present Establishment, a new Hospital may be built, without incurring much—if any additional expence. Should this suggestion meet with the approbation of the Public Bodies interested, your Committee are fully satisfied that another situation may easily be procured on moderate terms—more commodious, more airy, and in all respects better adapted for the purposes of an Hospital for the City of Glasgow. In this event, a House of Industry, which is loudly called for, might be attached to the Institution, so as to check the growth and diminish the evil of public mendicity. It has also occurred to your Committee, that the separation of Idiots from the establishment for paupers, and their removal to an asylum, either connected with, or similar to that for the reception of Lunatics, which has received such universal approbation, might be a subject well deserving of public consideration.

JA. EWING,  
DAVID CRAWFORD,  
WILLIAM AITKEN,  
WILLIAM JAMIESON, Junr.  
JOSHUA HEYWOOD.

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THE above Report having been drawn up with the approbation of the Vice-Preceptor, in absence of the Preceptor—the remaining members of the Committee feel it their duty to express to the General Meeting, their sense of the propriety, the fidelity, and the attention with which the Preceptor and Vice-Preceptor

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\* The front to Clyde-street extends 200 feet; the north boundary extends 214 feet, and the ground measures 5520 square yards.



have so long continued to discharge their gratuitous, benevolent, and important functions.

JA. EWING,

WILLIAM JAMIESON, Junr.

WILLIAM AITKEN,

JOSHUA HEYWOOD.

ing of public consideration. The Board of Directors, in their report, have recommended that the establishment be transferred to your Committee, that the separation of the hospital from the establishment for paupers, and their removal to an asylum, either connected with, or similar to that for the reception of lunatics, which has received such universal approbation, might be a subject well deserving of public consideration.

JA. EWING,  
WILLIAM JAMIESON, Junr.  
WILLIAM AITKEN,  
JOSHUA HEYWOOD.

The above Report having been drawn up with the approbation of the Vice-President, in absence of the President—the remaining members of the Committee feel it their duty to express to the General Assembly their sense of the propriety, the liberality, and the attention with which the President and Vice-President have conducted the business of the Committee.

\* The road to Clyde-street extends 200 feet; the north boundary extends 214 feet, and the ground measures 200 square yards.



## APPENDIX.

### NOTE.

FOR the Statements contained in the Appendix, I must relieve the Committee of all responsibility, as it was incompetent for them to meet again, after they had delivered their Report. Conceiving it, however, material to ascertain the pecuniary charge of the improvements recommended, I considered it my duty to consult with the Clerk of the Hospital, as to the actual expense which their adoption might occasion. His Letter\* explains the result. If the system of diet proposed by the Committee be implicitly followed, there will be an annual addition to the expenditure of £88:5:8. If pease soup be substituted in place of broth, one day in the week, it will reduce the amount to £58:1:4. If pork be taken, instead of cow's heads, for making the potatoe soup, the difference will be diminished to £17:19:8. There are two advantages in the use of pork;—it is not *consumed* in the formation of the soup, and there is a considerable quantity of it raised in the Hospital. I felt gratified by the suggestions of the Clerk, as it evinced his interest in the welfare of the Institution. On this principle, I have annexed a comparative

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\* Appendix (A.)



estimate of the present and the proposed plans of diet, for each day of the week.\* I hope this will exhibit, in a clear point of view, the merits of the case; and supersede the necessity of any prolonged discussion at the approaching meeting. It will then be for the Directors to judge between the two systems;—*first*, as to nourishment, comfort, and health; and, *secondly*, as to any consideration of expense. It will be for them also to determine, whether further improvements may not still be introduced. If there be any error in the calculations, I am sure it is not intentional on the part of the Clerk, from whom I have received the information. I have also thought it proper to annex the annual amount of the Provision Account,† that the proportion may at once appear between the cost of the alterations and the total expenditure.

The whole case is now faithfully before the Directors.

JA. EWING.

GLASGOW,  
February 28th, 1816. }

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\* Appendix (B.) † Appendix (C.)



## APPENDIX.

(A.)

*Town's Hospital, 14th Feb. 1816.*

SIR,

IN obedience to your desire, I beg leave to subjoin an Account of the Expense which will be incurred by the adoption of the proposed alterations in the diet here.

The quantity of Beef used in the broth one day, is 3 stones, 6 lb., which, for the two additional days in the week proposed, will amount to 6 stones 12 lbs. a-week, and will amount in the year, at 8s. to.....£140 8 0  
 1 stone pease used in the broth, will amount to 7 stone a-week, and in the year to 26 cwt. at 14s..... 18 4 0  
158 12 0

Pease soup, for  $\frac{1}{2}$  cwt. pease at 14s. ....£0 7 0  
 Pepper, for 3 oz. .... 0 1 6  
 Salt, ..... 0 2 0  
 Pork, for 3 stones at 5s. 3d. .... 0 15 0  
1 6 3

Will amount in the year to..... 68 5 0  
£226 17 0

From which falls to be deducted the value of the butter and herrings, at present distributed on the two days when water-kail is used, viz.

Butter, 25lb. at 1s. 4d.....£1 13 4  
 Herrings,  $\frac{1}{2}$  Barrel, ..... 1 0 0

Per week is,..... 2 13 4  
 Per annum is, ..... 138 3 8

(Carried forward,) .....£88 13 4



Brought forward,.....£88 3 8

As the comfort of the Inmates will be very materially increased if the proposed alterations are adopted, and as there will be perhaps as much nourishment in the pease soup, as even in the broth, probably it may be judged advisable to substitute said soup for broth one day in the week, and the difference of expense will be as follows:

Beef used in the broth is 3 stones 6 lb. at 8s.	£1	7	0
Barley in do. is 2½ stones at 11s. 6d.			
per cwt. ....	0	3	7
Pepper and Salt,.....	0	3	6
Vegetables,.....	0	2	0
Pease, 1 stone,.....	0	1	9
	£1	17	10
Pease soup as above,.....	1	6	3
	£0	11	7
Which balance a-week will amount in the year to .....	30	2	4
	£58	1	4
In the making of potato soup, at present, two cows' heads are used, which cost, .....	£0	4	0
And the inmates receive butter, with some herrings to their bread,—20 lb. butter at 1s. 4d.			
—as the heads are consumed in the soup,...	1	6	8
	1	10	8
If pork was used in the potato soup, instead of cows' heads, 3 stones would be sufficient to extend over the inmates, as kitchen likewise, and cost,.....	0	15	3
	£0	15	5
Which balance a-week would amount in the year to	40	1	8
Reducing the amount of the expense to	£17	19	8



As to the children getting beef once a-week, on that day a number of the other inmates might receive butter or herrings, and thus the ordinary quantity of beef would serve.

I have the honour to be,

SIR,

Your's, most respectfully,

WILLIAM SYM,

CLERK TO THE HOSPITAL.

To JAMES EWING, Esq. }  
Dean of Guild.

(B.)

COMPARATIVE VIEW of the Expense of the present and proposed systems of Diet, for each day in the week.

PRESENT SYSTEM.

Sunday,	Beer and oat bread, 3 gall. beer at 1s. 9d...	£	0	5	3
Monday,	Broth made of beef, with a piece of beef to one half for kitchen, £1 17 10 Butter to the other half for do. ...		0	16	0
				2	13 10
Tuesday,	Water kail, .....	£	0	10	10
	Herrings to the whole, ... ..		1	0	0
				1	10 10
Wednesday,	Potato soup, .....	£	1	1	6
	Butter to the whole, .....		1	6	8
				2	8 2
Thursday,	Broth made of beef, as on Monday, £1 17 10 Herrings to the other half, .....		0	10	0
				2	7 10
Friday,	Water kail and herrings, as on Tuesday, .....		1	10	10
Saturday,	Potato soup, as on Wednesday, .....		2	8	2
	Per week, is .....	£	13	4	11
	Per annum, is (carried forward)	£	688	15	8



(Brought forward,) £688 15 8

## PROPOSED SYSTEM.\*

<i>Sunday,</i>	Pease soup made of pork, with a piece of the pork to the whole, £1 6 3
<i>Monday,</i>	Broth made of beef, and butter, same as at present, ..... 2 13 10
<i>Tuesday,</i>	Potato soup made of pork, with a piece of pork to the whole,.... 1 12 9
<i>Wednesday,</i>	Pease soup and pork, same as on Sunday, ..... 1 6 3
<i>Thursday,</i>	Broth made of beef, and herrings, same as at present,..... 2 7 10
<i>Friday,</i>	Potato soup and pork, same as on Tuesday,..... 1 12 9
<i>Saturday,</i>	Broth made of beef, and butter, as on Monday,..... 2 13 10
	<hr/> Per week, is..... £13 13 6
	<hr/> Per annum, is..... £711 2 0
	<hr/> Difference of expense,..... £22 6 4

## (C.)

ABSTRACT STATEMENT of the Provision Account of the  
Town's Hospital, from 61st May, 1814, to 31st May, 1815.

For the House, viz.

Butter,.....	£358 8 3
Meal, about.....	800 0 0
Beef and Herrings,.....	358 14 0
Petty Provisions,.....	255 16 6
Milk, ..	161 19 2
Barley,.....	201 18 9
Ale and Spirits,.....	207 2 0
	<hr/> £2343 18 8
For out-door Paupers,.....	2205 0 1
	<hr/> £4548 18 9

\* Perhaps there may be rather too frequent a recurrence to pork in this scheme.  
That, however, can easily be varied.



## (D.)

*EXTRACT from MINUTE of the Quarterly Meeting of the Directors of the Town's Hospital, held on 15th February, 1816.*

“ THE Report of the Committee appointed to consider and report on the state of the Hospital having been read, it was unanimously resolved, That the thanks of the Meeting be given to the Committee, for the assiduity and ability with which they have discharged their important duty ; that the Report be printed, and one copy transmitted to each Director, and to each Member of the Town Council, the Merchants' House, the Trades' House, and the General Session; and that a Meeting of the Directors be again held on Thursday, the 14th of March next, to decide on the matter of said Report.



(D.)

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