Suggestions for the relief of the sick poor, and the improvement of the medical profession, in Great Britain / by John Dunn.

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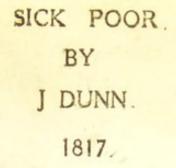
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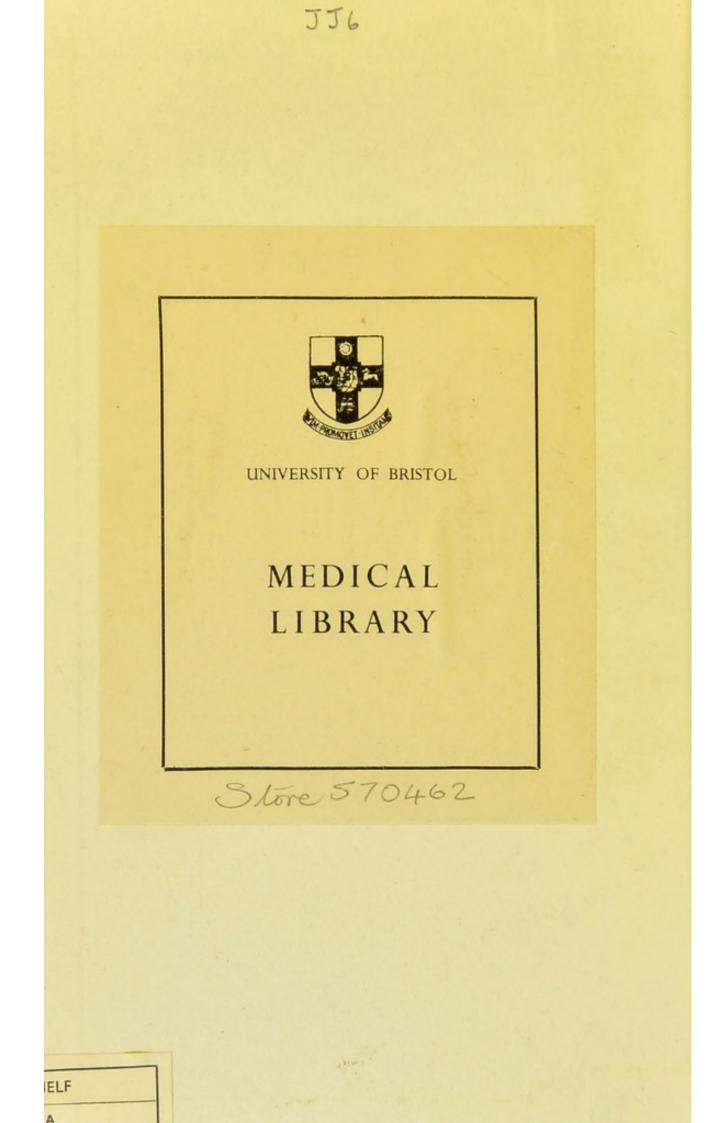
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SUGGESTIONS

FOR THE RELIEF OF THE

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SICK POOR,

AND THE IMPROVEMENT OF THE

MEDICAL PROFESSION,

IN

Great Britain.

BY JOHN DUNN, M. R. C. S.

SURGEON, PICKERING, YORKSHIRE.

PRINTED FOR THE AUTHOR; BY ROBERT COOPER, KIRKBY MOORSIDE.

1817.

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SUGGESTIONS, &c.

A T a general meeting of the members of the Worceftershire Medical and Surgical Society, it was refolved :--

"That the prefent fyftem of removing paupers, on account of application from the overfeers of the parish in which they happen to refide, to that parish to which they belong, often deprives the poor family of the means of gaining a living, and frequently induces them not to apply for a fufpended order; while if a medical man is called in, under fuch circumftances, to attend them, he has no legal means of obtaining any remuneration for his attendance."

"Refolved, That petitions be prefented to both Houfes of Parliament, praying that fome regulation may be introduced in the bill now pending relative to the poor laws, for medical attendance upon the cafual poor."

Perhaps nothing could be better either in time or place than thefe refolutions; and as every inquiry will probably be made during the prefent recefs of parliament, touching the moft efficient means of relieving the poor, a few obfervations on this truly interefting fubject, may not be deemed impertinent. But little which I can fay, can add to the general imprefion of the neceffity of public regulation, with regard to medical attendance on the cafual poor; the evil is at

prefent a crying one, most feverely felt by every member of our profession. And there are fome circumstances fo firongly in my recollection, that I cannot refift the defire of inviting both the philanthropift and the practitioner to come boldly and cheerfully forward. We have already obtained a great deal; and perfeverance in the common caufe muft roufe the attention of the legiflature, if it should triumph no further. A friend of mine has most accurately remarked that a country apothecary's shop is a public difpenfary unendowed. But this is not all :--- if the apothecary be a man of humanity, he is alfo a public flave, obedient to the will of every body; and after devoting the beft part of his time and feanty means, he has frequently the misfortune to fee all loft, from the want of a little affistance in food, or raiment. Should he be a little more fortunate, and attend a family that can afford the common wants of nature, the delivery of his bill is too often the death blow to his fame, his confequence, and his character. The charge he exacts makes very little difference; and it is of no fignification that, by waiting with a poor woman in labour, he foregoes the opportunity of attending another in better circumftances, where he might earn the means of his exiftence. Without thinking of remuneration for his fervices and facrifices, he is loaded with promifes of reward, which he knows will never be performed; and if he should chance to withhold his attendance from the imperious calls of his intereft in another quarter, he is loaded with opprobrium, and very probably the reputed cruelty of his character, becomes a formidable bar to his future profpects of happinefs and independence. The occafional calls of humanity muft be dear to every man; but, to be cherished, its offices must be performed spontaneously.

To obey every voice as a matter of compulsion, (which is now too much the cafe,) is very different from the kind and voluntary exertions of fympathy. Befides, it is not in the power of every member of our art, however benevolent his feelings, to gratify this noble principle in all cafes that prefent. In large towns, the generofity of the great has provided public hofpitals and difpenfaries, for the reftoration of fick perfons; but in the country nothing remains for a family, not belonging to the parish, but to facrifice all their former occupation, if the apothecary will not attend them gratuitoufly, nor endeavour to get them fupported by fubfcription during the period of their affliction. This very family may have hitherto lived independent of relief, but their application for affiftance now becomes of very little ufe. If they afk in the town, the inhabitants fay they have their own poor to confider; if they write to their parish, an order is transmitted for them to fell off their little flock. and to return the future victims of a workhoufe. All their domeftic comforts are facrificed. That delightful independence and heart cheering fentiment which an Englishman attaches to the name of home, is now exchanged for the tyranny of a keeper, and the fociety of all the accumulated vice, poverty, and indolence of the neighbourhood. It is not only in the village where a practitioner refides, that he finds thefe inconveniences, but in the whole circuit of his practice. At a diftance, peradventure, of ten miles, he may have a patient, who has a family of helplefs children, labouring under an acute difeafe, and requiring his attendance at leaft twice a day; otherwife the death of the poor fufferer and a houfe full of orphans is the dreadful alternative. All this must be done without reward,

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be borne with patience, and not even the expense of the horfe remitted.

I should by no means wish to reflect on the general character of medical men, for I know they are much more humane than parish officers; but how many people are loft from a want of fufficient remuneration to induce them to exert the means of reftoration! Neither is it fo much a ftigma upon the medical character, as upon the country. No other body of people are expected to work for nothing; the labourer himfelf will charge the apothecary for his hire, when his own bill has long been unredeemed.

A great, almost the entire portion of the comforts of the poor, depends upon the parish officer. The unfeeling barbarity of men employed in this moft difficult office, amounts almost to a proverb. In fome parishes, a perfon is put into office, (which he holds under the proper authorities,) whofe only pretensions to it are a callous indifference to the feelings of others, a fly cunning, and a total difregard of his own reputation. For a cat's paw of this vile character, a falary is often affixed which he enjoys with his office perpetuò. I admit that the public money should be diftributed with frugality, but it is almost too trite a maxim to obferve that very little, properly and feafonably beftowed, will often fuperfede a confiderable expenditure, which too narrow a fystem of economy might have engendered. I also know that many perfons of private worth, efteem it a duty to get through their public transactions as overfeer, even with fome measure of fraud, chicanery, and meannefs, if by their parfimony they can ferve their opulent neighbours, or in their language, hufband the public treafure. I recollect one when I requefted a few shillings,

who had a large family; and reprefented to him that, but for timely affiftance in medicines and other neceffaries, she would have been loft, and her children become a burthen to their parish; he replied, " If she had died, fo much the better, as she could then have bred no more." Another fent me a verbal order to attend a poor woman; as foon as she was cured, he withheld the payment, as I had no written testimonial, and only the evidence of her hufband, which he falfified. The poor man durft not utter a fyllable, for fear the overfeer would punish him hereafter. My bill, which for a month's clofe attendance and a quantity of medicines, amounted to fomething more than a pound, was afterwards given out as exceeding three. Thus without either money or thanks, I had to put up with a ftill greater inconvenience. In another parish, I was defired to vifit a poor man; the overfeer remarked, "I need not fear being paid." I had no witnefs; and when the man recovered, this fame officer told me, that he made him a weekly allowance during his illnefs; and that the poor fellow had promifed to pay me himfelf, which of courfe was never performed. Another furgeon was fent for to the next cafe, who will probably be ferved in a fimilar manner, as it happened with myfelf in an inftance before, where I had followed him*. Now I would candidly ask whether fuch things are to be endured? whether they are not calculated to break all feelings of charity

* I could enumerate many other circumstances of a similar character, but am desirous of adducing the testimony of Dr. Burrows, whose eminent talents and conspicuous situation, combined with a natural energy of character, have well qualified him for the part ha has taken towards the improvement of the profession. afunder, and almost make a man determine never to visit a poor perfon again, without a written order from his parish? But very often no answer is returned, and when it is, the distance may be fo great from his parish, and the determination made up fo tardily, that the patient may be lost before a plan has been formed, or confent given.

The world will laugh at our loffes, and recapitulate the immenfity of our profits. A most mistaken opinion! They forget that the manufacturing and labour-

"As this judicious provision for the medical care of insane paupers brings to my remembrance in vivid colours, the proofs I have had of the dreadful want of medical care which sane paupers in many parts of this kingdom experience; and as it is possible these observations may be perused by some of those members of Parliament, who have most interested themselves in providing for the comfort of the poor, I cannot pass this opportunity, although the matter be not strictly relevant, of detailing some few but strong facts. Perhaps further inquiry may ensue; and an evil be stopt that I have for years cherished the hope of seeing corrected."

"Not long since I had the honour of presiding over a very numerous medical association, for the purpose of applying to Parliament for legislative regulations to prevent the introduction of ignorant and improper persons into the medical profession. In that capacity I had the conducting of a correspondence, which extended into almost every county in England and Wales; and consequently I became the channel through which the statements and sentiments of large and most respectable provincial associations were transmitted."

"In relating various abuses which affected their interests, there was one in which all the country practitioners were nearly uniform; and that was, the gross medical neglect of the parochial poor."

"In most parishes the medical attendance is *farmed*, as it is termed: that is, a contract is made by the parish officers for attendance on paupers, at a certain sum per year. This contract is entered upon at Easter; previously to which, notice is given to all the *Doctors* in the vicinity to send in their proposals: accordingly ing poor are not the only perfons by whom we fuffer. The cafes are too numerous amongft many of the middling clafs of trades-people, for whom we are eternally at work, without their entertaining the leaft thought of remuneration. A medical man is the laft who would involve a family, and proceed to law for the recovery of his debts! How then is he to live? It is of little confequence to enact a fet of laws for the improvement of the professional character, unlefs it be protected and fupported in fome way or other.

all the regulars who think it worth their notice, and irregulars, consisting of farriers, bone-setters, mountebanks, and all the would-be tribe, make their tenders; and he who is so fortunate as to offer the *lowest* terms, is appointed the parish Doctor for the ensuing year."

"In parishes where any person of education and character resides, who condescends to enter into parish affairs, this abominable practice does not often obtain."

"Five pounds per annum, for medical attendance and medicines, is a liberal salary, where the casual poor have averaged from sixty to a hundred; and even in parishes inhabited by persons of property, and who would blush to be called inhuman, I have known forty shillings only allowed; and of contracts for medicine and attendance at two shillings a head per annum. This is no exaggeration. I have abundant and irreffragable evidences in my possession to support these allegations. Nay to so infamous an extent has this practice gone, that in a parish not ten miles distant from the metropolis, when the day arrived for electing the *Doctor*, one was chosen in preference to the rest, because it was remarked that during the year he attended, there was always the greatest number of deaths ! The gentleman who stated this, offered to verify it upon oath." Cursory remarks on a Bill for regulating Mad Houses, by G. M. Burrows. M. D. p. 76, 77.

If an accident should happen to a poor person on the road, the first traveller passing by runs for the Doctor, he attends, afterwards sends his bill; the payment is refused, because the overseer, who might live at some distance, did not give the order himself. A method appears to me which might be adopted for the poorer clafs,—the divifion of the kingdom into diffricts, and the appointment of refpectable profeffional men, with a fixed falary, to furnish medicines, and attend every cafe certified by the overfeer of the parish in which the fick perfon refides. The allowance of $100\pounds$, per annum for a divifion of about 500 paupers, I think would be deemed an adequate remuneration.

The population of England, according to the enumeration of 1801, may be feen in the following Table.

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foor proc song song song song	Total.	8, 331, 434 541, 546	1, 599, 068 198, 351	126, 279	144, 558	1, 410	10, 942, 646
Perfons.	Females.	4, 343, 499 284, 368	304, 487				1, 875, 476 2, 269, 902 67, 013 5, 450, 292 5, 492, 354 10, 942, 646
alesal dirigoi oʻticoo oʻticoo	Males.	3, 987, 935 4, 343, 499 257, 178 284, 368	198, 351	126, 279	144, 558	1, 410	5, 450, 292
aria gi Si gni Zi	Unin- habited.	a contraction of the second second second second	9, 004				67, 013
Houfes.	By how ma- ny families occupied.	1, 787, 520 118, 303 264, 070					2, 269, 902
aritug en en en en en en toper	Inhabited.	1, 472, 870 108, 053 994 553					1, 875, 476
ut ze milin milin milin titin titin milin milin titin titin titin titin titin	t is dud t dof hund i do of hund iT figure do of hund hould houl bd thain a	England Wales Scotland	Army, including }	Navy, including	tered Shipping.	in	

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The number of poor relieved in and out of workhoufes amounted to 1, 039, 716, which deducted from the refident population 8, 872, 980, will make a proportion of about 12 in a hundred. Taking it for an eighth, now that the diftreffes of the country are increafed, a population will remain of above 7 millions capable of paying the neceffary expences.

A million paupers at the rate of 500 for each apothecary, would require 2000 medical perfons to attend them; who being allowed a falary of £100 each, per annum, would coft the country £200,000 which with a population of 7 millions, would juft amount to fixpence farthing each, exclusive of those who are receiving parish relief.

According to the calculations of Davenant and Brakenridge, the number of perfons in a houfe in England and Wales, amounted to fix, of Mr. King only four and a half; Dr. Price thought five too many; but the fact now appears to be five and three fifths. Say for convenience fix, which multiplied by fixpence farthing, will make three shillings and threehalfpence to each family, per ann. a fum if collected monthly or quarterly from the wages of the labouring clafs, would never be felt; and from trades-people and the higher orders, would almost amount to nothing.

A capitation tax is generally efteemed improper, as it falls more feverely upon the poor, but a tax intended folelyfor their own intereft and of fuch trifling amount, could not be confidered in any other view than as fair a price for benefits received. The difficulty and trouble attending this mode of taxation, is a more forcible objection, and if it should be deemed inconvenient, a fpecies of income tax might be raifed, which would operate in the mildeft manner. From the returns of 1804, the income tax of the nation at one shilling in the pound, produced $\pounds 4,650,000$: a penny in the pound would therefore raife $\pounds 387,500$, a fum more than adequate to the end propofed.

A tax on property might be defired in preference to one on income, as the prefent rates fall principally upon it. The rent of land and houfes in the kingdom has been effimated at £37, 500, 000, the income of ftock-holders £20, 500, 000, of mortgages and monies lent £3, 000, 000, making a total of fixty-one millions, of what may be denominated the real property of the kingdom. Now without interfering in the public works, in trade, the profits of agriculture, mines, judges falaries, the income of the clergy and other professions, it would require only threepence farthing in the pound to raife the amount demanded of £200,000. Mr. Pitt's estimate of 1795, was 750 millions landed, and 600 millions perfonal property, making a total of £1350 millions; an effimate much above the former, which I have taken from a work of refpectable authority.

From these accounts it will appear, that a tax might be levied either from property, income, or individuals; most facile in acquisition, fo gentle as hardly to be perceptible in operation, and complete in effect. A confidence of affistance, without having recours to the parish, would be encouraged amongs the poor; and the fair and honest rewards of his labour, would add promptitude and cheerfulness to the exertions of the practitioner.* (Vide Appendix.)

To prevent unneceffary trouble to the apothecary, a certificate from the overfeer or principal inhabitant

of the parish, might be his warrant; and to fulfil his curative intentions, it should be required in return, that fuch neceffaries as may be confiftent with economy should be furnished at his command, at the expenfe of the parish to which the fick perfon belongs. This would produce a mutual check upon all parties. The parish officer would be careful in giving too much trouble; the furgeon would be obliged to fulfil his duty when called upon, and the pauper would not make unneceffary complaint, without the hazard of detection from both. One great advantage would refult to the profession and to humanity; men of merit alone should be put into office, and not those who would work at the loweft price, as is now the difgraceful practice. An examination of the candidates should be infifted upon, (as shall be pointed out hereafter,) and he who has paffed the moft honourably through the ordeal, should reap the reward. Palmam qui meruit, ferat. A fresh impulse would thus be given to industry, merit would push its way, the opportunities of professional observation would be enlarged and improved upon, from qualified perfons alone being favoured with the means; humanity would refpire, and fcience extend her protecting wings. The parish officer would no longer be afraid of the apothecary's bill, when he is labouring to reftore one of his poor tenantry from the bed of affliction. The poor, from the confcioufnefs of independence, might improve in morality and attachment to the laws of their country; and a mutual confidence would be diffeminated through every member of the ftate.

The department of midwifery should by no means be forgotten, in the general confideration for the relief of the poor. There is fcarce an art more

fimple in its principles, or more open to abufe, ignorance, prefumption, and violence. Pretenfion, infinuation, and effeminacy, will for the most part take the priority of fober judgment, fcientific acquirement, and manly deportment. The arts of an old midwife will prevail in this branch of the profession, even in families where men of merit are exprefsly felected to perform the other duties. When the people can pay for their folly, they fuffer only by their own choice; but with the poor, any pretender who will attend at a cheap rate, is most generally preferred, and employed by the overfeer. The woman must fubmit to a perfon of any character, of any acquirements. Surely there is fomething very barbarous and repulfive in fuch a practice ! a little delicay is due to every fituation : and with what facility might a plan be adopted to ferve them in thefe awful moments !

It would not be poffible for the medical practitioner, to deliver every pauper within the diffrict I have named, without material injury to his ordinary avocations. But refpectable women might be provided, who were proved to have fufficient abilities for the common routine of duty, and whofe moral character had been certified by a magiftrate or clergyman.

The furgeon of the diffrict might be compelled to affift her on every difficult occafion without reward, which, together with the knowledge she might acquire by a fimple, proper, and efficient courfe of ftudy, would anfwer the end moft fatisfactorily.

The emoluments she should receive might be raifed by the fame means as those of the furgeon. Five shillings for each accouchement, would be generally efteemed in the country a fufficient remuneration. A woman of this kind has no neceffity for keeping up the eftablishment and confequence of a medical gentleman. She is for the most part at her duty, and has very little bufiness at home.

The number of families in England has been computed at 2, 269, 902 :- deduct from this the proportion of paupers which has been faid to be as twelve to one hundred, or rather as we called them an eighth. it will make 283, 737 poor families, receiving relief. Allowing five and three fourths, or for eafier calculation fix in each family, one only of whom can be the living mother; and as it is unufual for her to have a child every year during her natural life, or even for the common period of pregnancy, we will fuppofe parturition to take place every fecond year, which will make a proportion of one twelfth only, or one in two families bearing children annually. By dividing the number of poor families 283, 737 by 12, we shall have 23, 644 obftetric cafes in a year, which at five shillings each, would coft the country £5, 911.

As the furgeon would have the principal refponfibility with the midwife, having to direct her in the execution of her duty, and to give affiftance in all difficulties, the right of election should reft with him; otherwife he might be liable to the inconveniences of contumacy and oppofition. To infure however a proper choice of women, a teftimony of character should be given from a clergyman; the commission ratified by the authority of a magistrate; and the office held during good behaviour only.

On the whole, the obftetric branch of the profession would be the most difficult to be submitted to general laws. For upon this point, however improper the choice, most women like to be indulged in their own opinion; and the poor too often are not the least obstinate and fanciful. It is not however a matter of fuch extreme importance, as that of the furgeon and apothecary. The fee is regular in midwifery; every officer knows what he is to pay, and fears no extortion. Before the event of accouchement, there is a long warning, and the patient has generally made in good time, fome arrangements with the parish, should her means be unequal to her neceffities. Nature alfo fo generally accomplishes her own purpofes, although she is often counteracted by ignorance and precipitation, that cuftom and prejudice will probably ftill maintain their afcendancy.

I have endeavoured to reprefent the magnitude of the exifting evil, and, to the beft of my humble judgment, have pointed out a plan of redrefs which appears to me fimple, eafy of accomplishment, and much calculated for its end. One fubject ftill remains for confideration, on which the fuccefs of the whole depends, the moft eligible method of appointing an apothecary. To leave a means for the allpowerful hand of wealth and rank to extend its authority, would immediately counteract one of the most prominent advantages which is likely to refult from the measure I have ventured to propose. Where intereft can give effect to the appointment, talents will ftill remain in the back ground, and all the benefits which may accrue to fociety, from the improvement of an important and difficult profession, will be forfeited. No fincere lover of fcience and friend to mankind, would ever defire to fee fuch an intrufion.

Perhaps the fimpleft and moft appropriate measure would be, to appoint a board of examiners in the different counties, confifting of the principal profeffional characters within the diffrict. An examination

in the London college of furgeons, or the affociation of apothecaries, would unqueftionably fuffice; but I should be inclined to fufpect, that those respectable bodies would not have fufficient time for fo difficult a purpofe; as the relative merits of contending candidates could not be afcertained by a fingle exami-From the board above mentioned, four nation. members alone might be chosen for examiners or arbitrators, the night previous to the ferutiny. The order of rotation would be improper, as it would leave the poffibility of the umpires being known, and intereft might be made with them to ferve their friends. However we may defpife in fentiment the abufe of privilege, favour will fometimes naturally incline towards those who are known and effeemed.

The proper qualifications of a candidate being expreffed, the fystem which is observed in our univerfities with candidates for honours, of noting quantities of plus and minus for every inftance of fuperior merit and inferiority, would be well adapted for fair and impartial election. The memory would be too treacherous to confide in under fuch circumftances, and the balance of numbers is fo eafy a method of deciding the contest, that all feelings of attachment, and even doubt would be counteracted. As it is impoffible for a medical man after a long practice, to ftand the fame chance on minute anatomical or botanical knowledge, as a ftudent fresh from the fchools; his merit as a refpectable practitioner, should be taken into the feale, and his labours and difeoveries in his profession should be rated alone, as a certain number of quantities in his favour. This will give his practical merit a fair equipoife. When a candidate feels confident that he is fuperfeded by another of inferior abilities, he ought to be allowed

A reward for examination ought to be left to the government; a trifling remuneration for the lofs of time, together with travelling expences, would probably be deemed fufficient, as the honour would not be inconfiderable. But a liberal allowance would never be felt by the country, for after the first occasion, it would feldom occur.

I was once of opinion, that a confiderable faving might be obtained, by employing as diffrict apothecaries, army and navy furgeons on half pay, allowing them an addition equal to the fum above fpecified; or of 30 or £40 per annum, if their half pay amounted to £80 or upwards:—but there would be fomething unfair in the meafure to other men as well as to themfelves, and it would entirely prevent thofe improvements in medicine, which may be anticipated from the former plan.

As the crime of fuicide has become very frequent, and the ancient punishment eluded by the mild difpolition of a jury, I think fome check might be put upon the practice, by a law empowering the medical practitioner to infpect the head, thorax, and abdomen of every cafe. This punishment would be much lefs dreadful to the feelings of the friends of the deceafed, than that at prefent directed by the law; it would be a means of improvement to the country practitioner, and might infpire fome horror in the unhappy character who contemplated fo atrocious an act as felf murder.

pendent of his ordinary produce; and I need not afk

Proper authorities for difcharging incompetent and negligent perfons from office, would not be difficult to arrange. A trial of eligibility at the feffions by jury, or a court of inquiry of twelve gentlemen, three of whom are to be clergymen and three magistrates, would unqueftionably be the fairest method. For as the duties are indefinite, and the prejudices of party fpirit might run high, if left to the magiftracy alone, the proceedings might be too arbitrary. The apothecary might fave his character or his blushes, if he was not likely to make out his cafe, by refigning. The magistrate ought to be allowed the power of reproof, on well authenticated complaints; and to prevent litigation, no trial ought to take place previous to the permiffion of a bench of magistrates. Without this precaution, a man's character would be at the mercy of the populace. But although, like the clergy he is in a certain meafure independent, he ought with them to be refponfible to higher powers, in cafes of grofs and criminal neglect.

To fome perfons the falary of £100 per annum, may appear inadequate to the extent of duty and refponfibility impofed on the practitioner. To others, the attendance of five hundred perfons fcattered in different directions, would feem too arduous a tafk for accomplishment. With regard to the firft difficulty, a man living in the lap of luxury, and enjoying already an extensive bufinefs, the fum of £100 would be difproportionate to his defires ; but this is not the man who ought to be appointed. I believe there are many well educated men, at the prefent period, who would exert their utmost powers of mind to attain an office fo beneficial to their interests. To a perfon of economy, it would ferve almost as a fubfishence, independent of his ordinary practice ; and I need not afk how much this practice is likely to be increased, by the great introduction his public functions would afford him. How warm is the contest for a public hofpital or difpensary, where there are no pecuniary rewards! and the labours of difpensary duties are by no means contemptible.

Whether it be poffible for one medical gentleman to perform his neceffary duties towards five hundred of his fellow-creatures, is a queftion which may be refolved in the following manner. Out of the five hundred perfons before mentioned, I should conceive that in ordinary periods, he might not expect above thirty or forty who required his affiftance, and a part of this number might be able to vifit him at his own houfe at a regular hour in the day. I name fo fmall a proportion of fick, becaufe I know that in England, a regiment of fuch a ftrength has feldom any more, unlefs they have been in very bad quarters. I have known fo few as ten, and half of thofe were venereal cafes, which we do not find fo frequent in private practice.

In a diffrict comprising a great extent of country, and only a fmall population, the diffance ought to compenfate for numbers, by which means labour would be more equally diffused. In fuch a cafe, it must also be recollected, that the common calls of the apothecary will be generally in the neighbourhood of fome of these poor people, fo that his journey will not always be expressly for them; and when it is, it may be the means of introduction to other patients.

By fome perfons, the poor may be thought to be more in want of food than medicines; and that many of their difeafes might be prevented by removing the

caufes, which are believed to confift in poverty. This is another fubject of confideration; but it must be recollected, that perfons in all conditions are liable to a number of cafualties, which have no connection with their manner of living, and requiring the moft prompt and efficient aid. I am moreover of opinion I shall be fupported in the affertion by many of my medical brethren, when I affirm, that hard fare has occafioned lefs ficknefs than a luxurious and generous table. Cleanlinefs is however a circumftance of very great magnitude; and I believe that fuch a free ufe of foda might be introduced, by a removal of the duty upon falt, (fo ably proved by Mr. Parkes in the laft feffion of parliament,) as would greatly contribute to this valuable adjunct of health, among the lower orders. The increasing employment of gas lights will alfo diminish the price of oil; and by making it fubfervient to the purpofe of the foap-boiler, may render the ufe of his product more general and acceffible.

Thofe medical gentlemen who would defire to leave the poor to the generofity of the profession alone, are very short fighted in the affairs of men; and however pure may be their own motives of charity, fuch would ultimately tend to the increase of diffres. A man might be very ready to prefcribe, or even gratuitoufly to provide medicines for the poor; but he may have fome finifter views, or may be a very indifferent practitioner. Many of his brethren who might be the most disposed to affist their fellow creatures, may also be unpoffeffed of the pecuniary means. Befides, those who are really charitable, need not regret their fphere of exertion being circumfcribed by prudent regulations. If they zealoufly feek a channel for their humanity, they need not fear one being already clofed; the nourishing and clothing of the poor

will always have an inviting call on their generous feelings.

Indeed the more I reflect on the plan propofed, the more eafy does it appear of execution; and although I should never prefume that the feeble developement I have offered would not meet with objection, yet I truft that by whomfoever the fubject may be difcuffed, a liberality of fentiment will prevail. Let there be an unanimous determination to wave all perfonal confiderations, and to forbear no effort that may remove an evil, at prefent fo humiliating to the majefty and generofity of a great nation, and that may ultimately tend to the promotion of medical fcience in every part of the British dominions.

The French have pre-eminently the advantage over us in their public infitutions for the fick; by means of which, they are promptly attended to, and a cheap and moft excellent fchool eftablished, for the accommodation of the medical ftudent. Indeed it is almost a matter of aftonishment, that our own country can boaft of fo many great rivals, under its prefent difadvantages. But if it be remembered, that these celebrated characters are almost all the fuperintendents of our public charities, and in confequence confined to large towns and cities; we shall readily be able to perceive how much more may yet be attained, when the fame opportunities are given to the country practitioner.



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APPENDIX.

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A tax upon real property appears to be liable to the leaft objection. It might be collected by the overfeer in the fame manner as the poor rates, by which means, confiderable trouble might be avoided, and the poffibility of abufe prevented. I am aware that many well informed men think it highly expedient, that the poor should be made to provide for themfelves, in which cafe they would become lefs refractory and better difpofed to exertion.

The prefent method of fupporting the indolent, the intemperate, the extravagant, the difobedient, and every variety of character, whether in health or ficknefs, at the fole expence of the affluent, is extremely pernicious. No man can ever repine at lending affistance to a poor fufferer, in those hours of confinement and affliction, when he cannot maintain himfelf; but who by timely interpofition, might again be reftored to the fervice of his family. As a compensation for these benefits, either in referve or already received, every pauper should be fubject to an annual ftipulated labour. A fenfe of independence would thus be given to the poor, whofe minds would be imprefied with a confcioufnefs of meriting the affiftance held out. The receipts which the parish officers might obtain for their combined labour, together with the particular rates before mentioned, should be added to the general flock; and the fum total of both transmitted to a special committee of magistrates, appointed for each county, by whom the financial concerns should be regulated.

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