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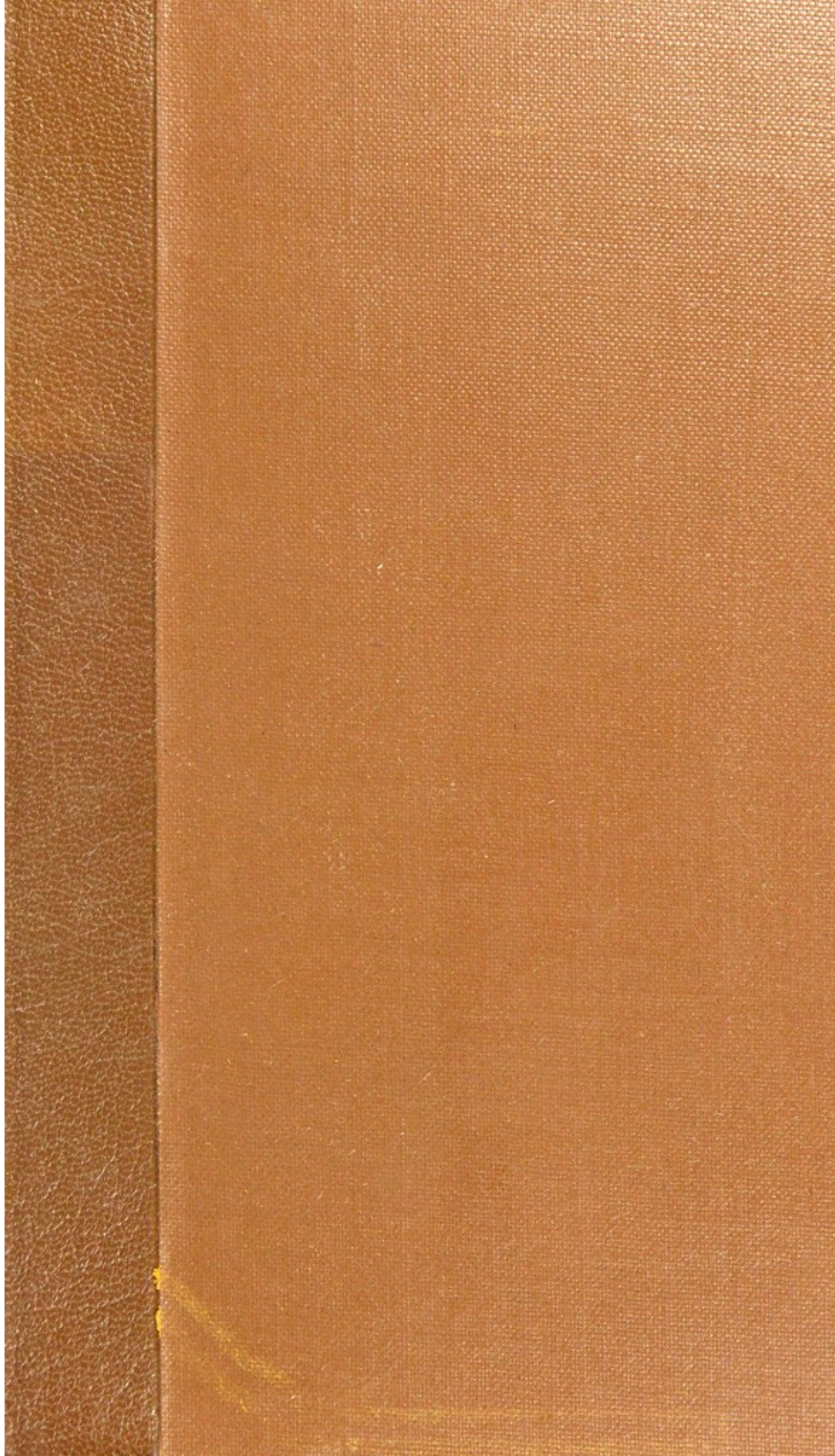
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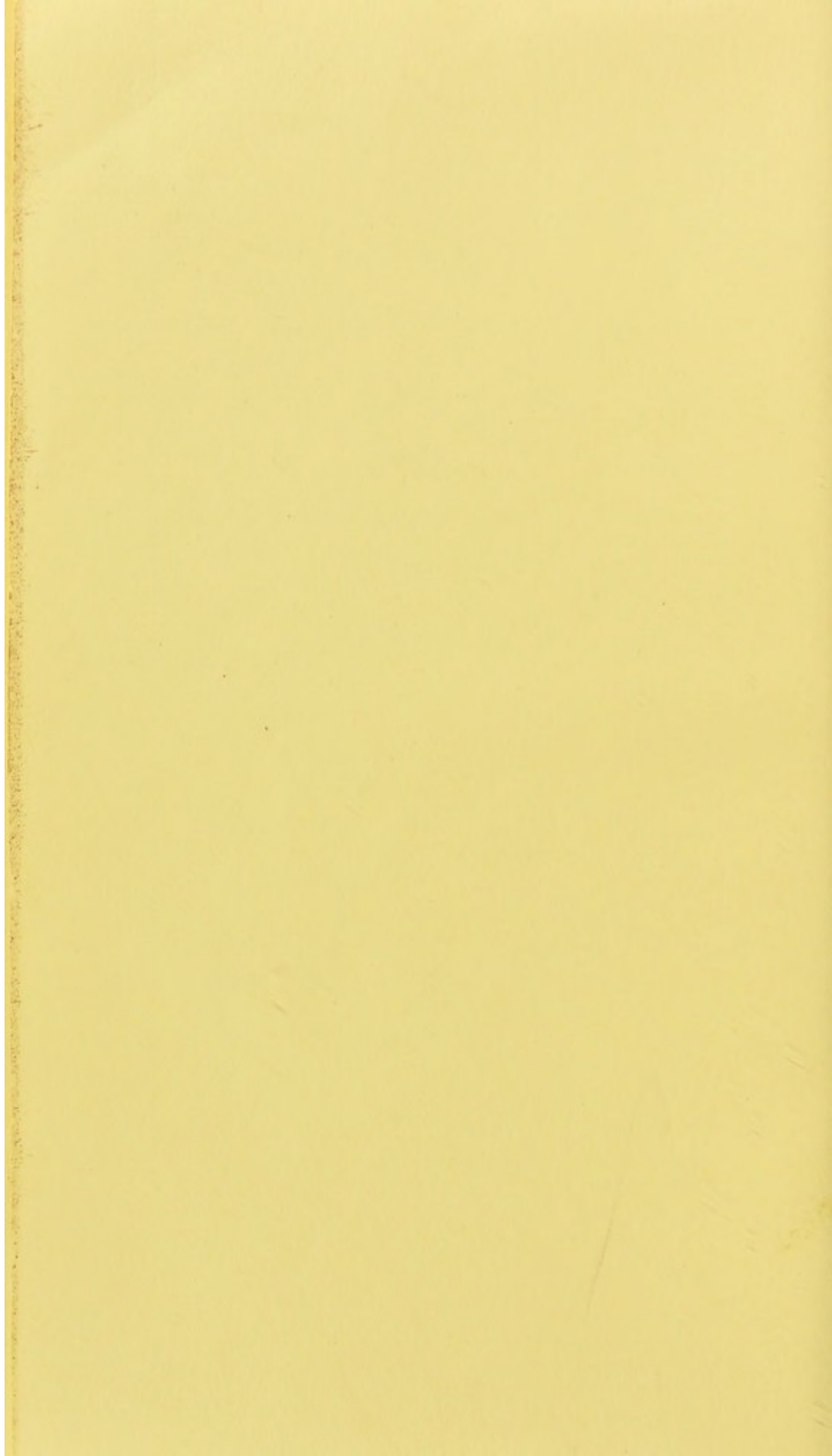


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for the Author

M E D I C A L

S K E T C H E S.

PART THE FIRST.

BY RICHARD PEW,

MEMBER OF

THE ROYAL MEDICAL SOCIETY,
EDINBURGH.

S H E R B O R N E :

PRINTED FOR THE AUTHOR, BY W. CRUTTWELL :

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MD,CC,LXXXV.

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LECTURES

PART THE FIRST

BY RICHARD P. W.

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THE ROYAL MEDICAL SOCIETY
EDINBURGH

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T O

SIR WILLIAM DOLBEN, BART.

S I R,

PERMIT me to shelter the following imperfect Sketches under the respectable Name of SIR WILLIAM DOLBEN; --- to acknowledge the many obligations I am under to his Family, and Connections; and to add, that I am,

With grateful Esteem,

His faithful,

Obliged,

And affectionate Servant,

SHASTON,
20th July, 1785.

THE AUTHOR.

Cælum, non animum mutant, qui trans mare current.

HOR. EPIST. xi. Lib. i. v. 27.

SIR WILLIAM DOUGLASS

SIR,

I have the honor to acknowledge the receipt of your letter of the 11th inst. in relation to the matter of the estate of the late John A. Douglass, and to inform you that I am

Very respectfully,
Your obedient servant,

Wm. Douglass

Esq.

And the undersigned

THE AUTHOR.

Printed and sold by the author, at his residence, No. 11, N. York St.

New York, 1841.

A D V E R T I S E M E N T.

THE following OBSERVATIONS, if not of *long*, are the result of *much* and attentive Experience:—Some of them would have appeared sooner, had not a painful and tedious illness interrupted the Author's pursuits; others would have been deferred, until they could have been rendered more complete, had not frequent returns of the same illness given him cause to suspect, that it might ultimately, and he knows not how soon, prove fatal:—He hoped, that in their present imperfect state, they might tend to improve the Theory and Cure of Diseases; and in that hope, he submits them to the free and candid consideration of his Brethren.

*Si " diu nobis vivere non licet
Relinquamus aliquid quo nos vixisse testemur."*

SENECA.

✎ The Reader is desired to correct the following
ERRATA:

Page 25, last line but one, for *Shenkins*, read *Skenkius*.

47, line 8, for *Jacobos*, read *Jacobum*.

66, line 3, for *these*, read *those*.

MEDICAL SKETCHES.

PART I.

EPILEPSY.

EVERY one knows what is meant by the term EPILEPSY, that it is employed to denominate a disease, in which the patient, for the most part, suddenly falls down deprived of all sense, and is affected with violent convulsive motions of some or all the limbs.—Although few diseases admit of greater variety in their appearances, or are subject to such different modifications---the loss or diminution

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of

of sensibility to external stimuli, and convulsive affections of some part of the body, are so universally attendant on all, that these two circumstances will effectually distinguish EPILEPSY from almost every other affection; and, hence Dr. Cullen, with elegant conciseness, has defined it, "*Musculorum convulsio cum sopore.*" *Synops. Nosolog. Method.* GL. iii. edit. iii.

To enter into an historical detail of all the phenomena which at times accompany this terrible disorder, would only lead me to repeat what may be met with in almost every practical writer, and interfere with that conciseness which it is my wish to preserve in the following Sketches.—Such therefore as wish to peruse a complete history of this affection, are referred to those writers, but more especially to Van Swieten, where they will find it delivered with great accuracy, and to sufficient extent.—I shall therefore proceed immediately to investigate the causes of Epilepsy.

However

However numerous and complicated the causes generally enumerated may be, all of them may perhaps be referred to some one of the following heads :—

First, To some inequality of the bones composing the encephalon, occasioning some disproportion between the cranium and its contents.

Secondly, To preternatural tuberosities or exostoses on the inside of the cranium.

Thirdly, To inflammation, tumefaction, suppuration, induration or ossification of the membranes covering the brain, or of the brain itself.

Fourthly, To hydatids formed within the cranium.

Fifthly, To an acrimonious state of the humours in general, or within the cranium in particular.

Sixthly, To inanition or collapse.

Seventhly, To fear, and especially a sudden fright.

As the most obvious and simple way in which an Epileptic Fit may be produced, I shall begin with a few observations on exostosis, in hopes to deduce arguments from thence which may lead us with some degree of probability to the *modus operandi* of the other remote causes of Epilepsy.

That exostosis operates as a remote cause in the production of Epilepsy has been proved by repeated dissections, and that in cases where the disease had continued for a great number of years——hence we may take occasion to observe in this place, that as this cause of Epilepsy does frequently exist to a considerable degree, and for a considerable length of time, without producing any great inconvenience, this species of Epilepsy may generally be considered as a chronic disease---for the patient is seldom

dom carried off by the Epileptic paroxysm, but after some convulsive struggles more or less violent, and of longer or shorter duration, according to the force of the remote and exciting causes, returns again to his ordinary state of health or nearly so, and very often a considerable space of time elapses before the commencement of a second paroxysm.---Now as, during the interval, the patient is, to all appearance, in perfect health, and (generally) does not feel the least trace of the disease, there must necessarily be some other cause which operates at certain periods, and gives occasion to the recurrence of the Epileptic seizure, it will be of the utmost consequence to discover if possible what this exciting cause is; as, upon just ideas concerning it, will chiefly depend our method of cure.

From the nature of exostosis it is sufficiently evident that it cannot admit of any sudden diminution or increase; nor is it susceptible of any other sudden change, which can be supposed to give occasion to
an

an Epileptic seizure.---It can operate only in a mechanical way, as an extraneous body, and by its bulk.* It appears therefore probable that the exciting (or that) cause which brings this remote cause into action, must be such as can so enlarge the contents of the cranium, (the brain and its membranes) as to occasion it to press against the exostosis, in such a manner and to such a degree, as by irritation or otherwise materially to interrupt the functions of the brain.----This enlargement of the contents of the cranium may arise either from a plethoric state of the vessels in general, or from a determination to the head in particular; and hence where the remote cause is known to exist, we find that a paroxysm is brought on, or rendered more frequent, by all those causes which are known to increase the general, or topical plethora; as free living, violent exercise, excessive drinking, intense thought, or any other means which can contribute to the fullness of the vessels in general, or increase

* Vide Case 1st.

crease the determination to the head in particular.

In whatever way the exciting cause is produced, the manner in which it operates in bringing on an Epileptic seizure, may perhaps be considered as somewhat analogous to the following---

Let A B fig. 1st, represent a section of the cranium, C a preternatural tuberosity, or exostosis, resting upon, but not depressing, D E F, the membranes covering the brain; here no pressure or irritation is exerted, and therefore no disease is produced.

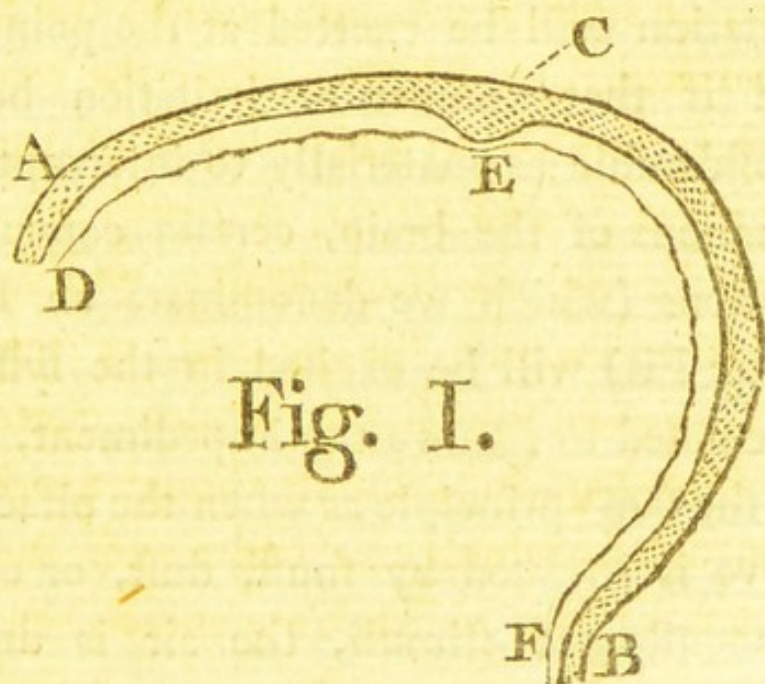


Fig. I.

Let

Let now the exostosis C, fig. 2d, be increased, or the contents of the cranium, D E F, (the brain and its membranes) be

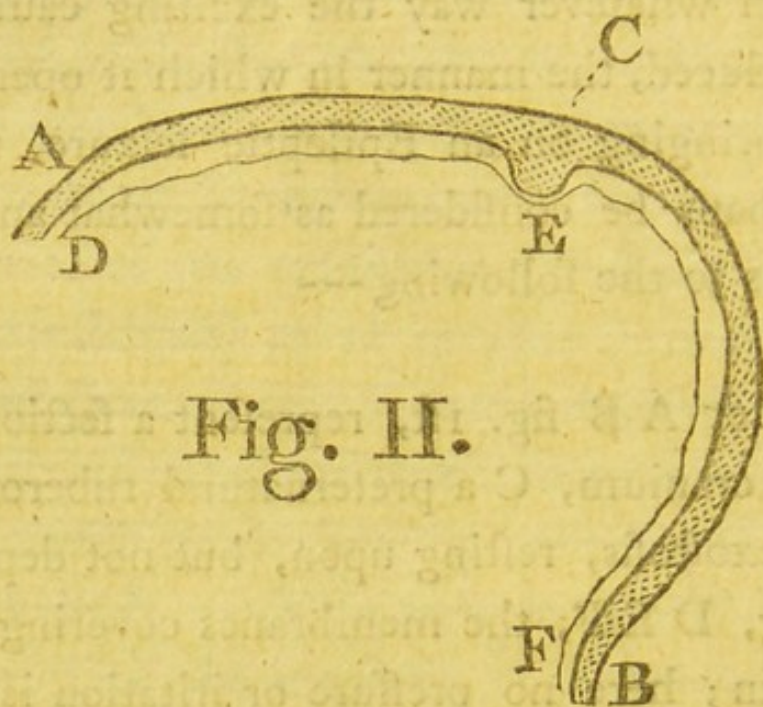


Fig. II.

enlarged, in either case some pressure or irritation will be exerted at the point E; and if that pressure or irritation be so considerable as materially to interrupt the functions of the brain, certain convulsive motions (which we denominate an Epileptic Fit) will be excited in the system, calculated to remove the impediment, upon the same principle as when the olfactory nerve is irritated by snuff, dust, or other unaccustomed stimuli, the air is driven forcibly

forcibly through the nose, in the effort of sneezing to remove it.---And what means could Nature take so likely to prove effectual in the present case, as to excite those violent convulsive motions, which either together or in succession agitate all the limbs; for by this means a greater determination of blood is induced into and through them, and consequently a smaller quantity than usual is sent to the head, whence an opportunity is given for the distended vessels to unload themselves; excited by the irritation they contract on their diminished contents, in consequence of which the morbid pressure is taken off, and with it the Epileptic paroxysm, the patient soon returns to his natural state, and for a time is free from the disease, but as where an increased determination has once taken place, the dilated vessels are somewhat weakened by having been kept for some time upon the stretch; whenever there is a recurrence of the least tendency to plethora, these vessels will from their relaxation be less able to resist the

impulse of the heart and arteries, they will more readily give way, the plethora will thus become local, the same determination will be again induced, the same pressure will be exerted, and an Epileptic Fit, with all its phenomena will again be the consequence: and thus that habit of determination seems to take place, which gives so great a tendency to the return of the Epileptic paroxysm, after a person has been once affected; and hence too appears the necessity of attempting the removal of this disease in its infancy, before those habits of determination are confirmed, which render it afterwards so difficult, and sometimes, perhaps, impossible to be removed.

BOARHAAVE has given the following remarkable instance of Epilepsy taking place in this manner. — A lad about twelve years of age sustained a fall, which occasioned a depression of the cranium, but this not producing any immediate bad symptoms was intirely overlooked, until the age of eighteen, when he became Epileptic:

Epileptic : the most experienced Physicians were now consulted, who endeavoured in vain to discover the cause of the disease, and the most celebrated anti-epileptic remedies were given to no purpose. At length they ordered the head to be shaved, when the depression of the cranium, before neglected, was discovered, the sutures were separated from each other, and the distribution of the vessels in the depressed part (which had not increased like the rest of the cranium) was different from what it was elsewhere.---Duretus directed that the whole should be taken out with a large trephine, by which means the young man was perfectly cured of his Epilepsy.—Vid. Case 1.

Having thus examined the most simple manner in which an Epileptic paroxysm is produced, it is necessary to take a general view of the other supposed causes of Epilepsy, to which, at first sight, the same kind of reasoning does not appear so immediately to apply.—Previous to this

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step,

step, however, it may be proper to observe, that it is not at all material whether the inequality, or disproportion, giving occasion to compression depend upon an exostosis or enlargement of the cranium operating upon the brain,---or upon a tumor, or enlargement of the brain, or its membranes, operating upon, or against, the cranium:---provided the pressure be equal in degree, the effect will be the same.---And all that seems necessary to the production of Epilepsy is, that the pressure exerted be partial and circumscribed, or at least greater on one part of the brain than another.

Hence we see, that Epilepsy has sometimes taken place, when no apparent cause could be discovered on dissection. In such cases it seems probable that an increased tension, and sensibility of the system had taken place, with some little enlargement of the contents of the cranium, which slightly pressing against some natural protuberance or inequality of the cranium,

(as

(as near the orbit of the eye, for instance) was sufficient, in that highly sensible and distended state, to prove the exciting cause of an Epileptic seizure.

In some instances we can perceive this excess of sensibility some days before the paroxysm takes place, by the patient fancying he sees a spark of light; or by his having an idea of a sun beam in his eye, even in a darkened room, which is not a singular, altho' rather an uncommon, preface of an approaching Epilepsy.

Here seems to have existed an excess of sensibility of the optic nerve and its neighbourhood; which, as soon as the slightest pressure was applied, gave occasion to an Epileptic seizure.

Some inequality of the bones composing the encephalon.

After what has been said on the subject of exostosis, little need be added here concerning

cerning the manner in which this cause operates; for it is sufficiently obvious, that this inequality must consist in the depression of some part of the cranium, beneath the level of the rest; in consequence of which, with respect to the brain, it becomes in effect an extraneous body; and therefore, when the contents of the cranium are any how increased, it may give occasion to that pressure and irritation, which in the case of exostosis was proved to bring on an Epileptic Fit.

INFLAMMATION, &c.

Inflammation may generally be considered as an exciting cause: but where none of the preceding remote causes are present, circumscribed inflammation may sometimes perhaps give occasion to that kind of pressure and irritation which seems necessary to the production of an Epileptic seizure.

Tumefaction.---This is a natural and general consequence of inflammation, attended

tended with a great increase of sensibility ; and, as was observed before, it is not material whether the enlargement giving occasion to pressure be situated in the brain itself, in its membranes, or on the inside of the skull ; therefore, when the inflammation, and the consequent tumefaction, are considerable, it is not improbable that such pressure may be exerted as will give occasion in this highly sensible state to an Epileptic Fit.

And that Epilepsy does take place from this cause, without any other morbid affection either of the cranium, or its contents, is rendered probable, from the occurrence of Epilepsy about the eve of the variolous eruption, which in plethoric and sanguineous habits is not a very uncommon circumstance :---at this period the whole system is in an highly sensible, inflamed, and distended state.

The occurrence of Epilepsy from this cause has been considered as an indisputable

ble evidence of the immediate agency of acrimony in producing this affection, which it was supposed to do by irritating the brain; but it operates probably in a secondary way only, and in a manner essentially different from that of the immediate action of acrimony, as will be more fully explained, when we come to treat of acrimony as a supposed cause of this disease.*

Suppuration.---This is a farther natural consequence of inflammation, and the abscess formed, first from its bulk, and after its rupture, from the acrid nature of its contents, may certainly prove the cause of Epilepsy, instances of which may be found in Van Swieten.---But as when this happens, there is little chance for its intermission, it does not so properly come under our consideration in this place, where it is intended to treat of Epilepsy chiefly as a chronic, idiopathic, and periodical disease.

* This will be illustrated likewise in the sketch on the proximate cause of Fevers.

Induration.

Induration.---This is not a very unfrequent termination of inflammation, especially in membranous parts; as the most familiar example of which may be mentioned that opacity of the cornea, which often succeeds a peculiar species of chronic inflammation of the eyes, (or rather perhaps increased determination) and, after it has once taken place, returns at irregular periods, frequently without any apparent cause, continues often with more or less violence for a considerable length of time, and after having withstood every effort both of the Physician and Surgeon, at last disappears as unaccountably as it came on; leaving behind it, for the most part, some obscurity or induration of the cornea, which induration seems in its turn to support the increased determination, and to give occasion, on the slightest cold or other accidental cause of a phlogistic diathesis, to its return.

That such a determination does take place in the membranes covering the brain

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seems

seems probable from that suffusion of the eye, which in many instances takes place some little time before the Epileptic seizure; one instance of which is related by Dr. Cullen* of a gentleman in whom a suffusion of one eye was always observed a day or two before every Epileptic seizure: and another will be found in the case of W. L. Esq. No. 2. — The appearances on dissection in this case also prove, that the same species of induration which takes place in the eye, takes place also in the membranes covering the brain, and seems to support the increased determination; for although we examined the contents of the cranium with the utmost attention, we could not discover any other cause, to which, with the smallest probability, the disease could be attributed.

Hydatids. — That these exist within the cranium as a cause of Epilepsy, there are several instances upon record, although authors have enumerated no specific symp-

* Lectures on the Practice of Physic.

toms,

toms, by which such cases may be distinguished when they do occur; it is probable they contain only an insipid serum, or ferocity; or if the fluid contained be at all acrid, it will be so perfectly inclosed in the membranous cyst, that it cannot operate as acrimony on the brain; we must consider them then as bringing about their effects in the production of Epilepsy from their bulk and by pressure. — All those causes, therefore, which can increase that bulk, or that pressure, will here likewise operate in the excitement of a paroxysm.

An acrimonious State of the Fluids.

Without entering into the difficulties attending the admission of acrimony, independent of some previous morbid affection of the solids, we may content ourselves at present with observing that it is extremely difficult to conceive how acrimony (*acting as such*) should ever produce Epilepsy as a chronic disease: for admitting (a circumstance probable indeed but not yet proved)

that the brain is furnished with absortents, and that acrimony once poured out could be again taken up --- it is impossible that this could be done in that sudden and instantaneous manner, in which an Epileptic paroxysm sometimes leaves the patient; and as long as it remained unabforbed, it seems reasonable to suppose that it would still continue to operate until Epilepsy in this way frequently proved fatal: besides, we find that those Epilepsies which have immediately succeeded the retropulsion of acrimony, return periodically, and (altho' they are undoubtedly more dangerous) frequently admit, like all other cases of chronic Epilepsy, of a compleat intermission, and sometimes a considerable interval elapses between each paroxysm. Acrimony, therefore, when repelled, does not seem to be effused in a different part, and operate there in its proper form---but probably produces its effects by inducing a plethoric state, especially in those vessels from the neighbourhood of which it had formerly made its escape; --- and which (plethora) perhaps

perhaps by that discharge had been previously taken off.---It is obvious therefore that acrimony, when repelled, may prove the cause of Epilepsy, (independent of its action directly as such) by giving occasion to that compression which in the foregoing instances was thought necessary to produce the disease.*

It has been observed before, that the occurrence of Epilepsy, just preceding the small-pox, has been adduced as a proof of the direct action of acrimony, in the production of this disease, which it was supposed to do immediately as such by irritating the brain.----It was there observed too, that its operation was probably in a secondary way only, by inducing that highly sensible, distended, and inflamed state, so evidently existing in every part of the system, just before and during the early stage of the eruptive period in which

* This will be rendered more intelligible by what will be hereafter advanced on the theory of Fever.

it was supposed that Epilepsy might readily take place independent of the immediate action of acrimony :*---and that it does so is rendered still more probable from the consideration that the Epileptic symptoms generally disappear as soon as the eruptive stage is compleated ; for if they depended on the immediate operation of the variolous acrimony on the brain, one should be naturally led to suppose, that those symptoms would increase after the variolous fermentation was compleated, when a much larger proportion of that acrimony must be absorbed from every part, and conveyed to the brain in a much greater quantity than it could possibly be previous to the eruptive stage, and would probably therefore produce effects, in proportion to the quantity and activity of the acrimony so conveyed.--But it will perhaps be objected to this idea, that the variolous acrimony

* In the succeeding Essay the Reader will find many arguments to prove, that the variolous acrimony, as well as those of other Fevers, produce their effects chiefly by increasing the determination to the head.

having

having once operated on the human system loses its effect altogether; and therefore it is no wonder, that Epilepsy having been once produced by this cause, the brain and nervous system should be in such a state, as to be no longer susceptible of any farther stimulus from this source, and that the disease therefore does not occur.---- This reasoning, so far as relates to the small-pox, may be very just; but it is true likewise that the variolous eruption is the specific consequence of the variolous acrimony; and perhaps it is true also, that in certain circumstances it never fails to communicate that disease.

But in the case of Epilepsy, no such reasoning can be admitted; for although in general language we say that Epilepsy is a frequent attendant on the eruptive stage of small-pox, yet it is so far from being the specific or necessary consequence of that infection, that perhaps in ninety-nine instances out of a hundred it does not take place; and therefore, if dependent on
acrimony

acrimony at all, it does not depend on the variolous acrimony as such, but seems to be merely a consequence of that highly sensible state which, as before observed, is induced in the constitution, by the peculiar and specific effect of that acrimony in the production of those inflammatory pustules called the small-pox.---Besides, we have the clearest evidence, that this poison has the effect of irritating the constitution (as acrimony) after the eruptive stage has been compleated, and the whole system has experienced the specific stimulus; for we find that it constantly does so in the production of the secondary fever, often the most dangerous circumstance in the whole variolous process,|| especially in the confluent species of the disease, where the quantity of this poison is very great: and as it is capable of exciting a second time such violent and dangerous effects, it is probable, that if it

|| No Epilepsy however here takes place, for want of that circumscribed inflammation which the first effect of the variolous acrimony always produces.

ever

ever operated immediately as acrimony in the production of Epilepsy, it would not now fail to produce its effect in this way, when the system from its exhausted and irritable state would be extremely liable to run into irregular and convulsive motions, were the proper remote causes applied:--- And hence may be deduced a strong presumptive evidence, that Epilepsy never arises from acrimony alone, without the concurrence or production of some other cause.

To this may be added the circumstance of persons being inoculated by way of being convinced whether they had already had the small-pox or not: in such instances I believe we have no evidence, that Epilepsy ever occurred where the inflammation necessary to the variolous eruption was not excited.

Van Sweiten, indeed, has adduced an instance from Shenkins, of an Epilepsy occasioned by a tumor in the thigh, which

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was

was cured by cleaning the bone, (which was carious) and removing the putrid fanies; and another from Bonetus, of an Epilepsy arising from a carious great toe. And when we consider how highly acrid and corrosive the fanies produced by carious bones sometimes is, we shall not be surpris'd, that in some instances it may prove sufficiently stimulating to the *bare nerve or nerves*, expos'd to its action, to excite convulsions, independent of its being conveyed to the brain; but still as we know that ulcers of the most fœtid and corrosive kind do frequently exist without the occurrence of Epilepsy, this may be considered not only as a strong presumptive evidence that Epilepsy does not frequently arise from an acrimonious disposition of the fluids, but proves likewise that acrimony of a much more corrosive kind than can be supposed to exist in the most vitiated general state of the fluids, may be absorbed in a considerable quantity, (for open sores are beyond all doubt the best absorbing surfaces) without producing an

Epileptic

Epileptic paroxysm :--- As an example of which we may mention hectic fever evidently arising from the absorption of pus.

And is it not very possible, that in those few cases of Epilepsy which have been supposed to depend on this cause alone, some other hidden remote or exciting cause might have existed at the same time, and given occasion to the disease.

Upon the whole, therefore, all that can with certainty be deduced from these cases is, that a sore leg is not always a certain preservative against the occurrence of an Epileptic seizure.

Inanition, or Collapse.

As an instance of Epilepsy depending on this cause, those convulsive struggles are adduced which take place in animals expiring under the hand of the butcher.-- But this analogy seems too remote from any thing which can be supposed to take

place in the human system as giving occasion to chronic Epilepsy. — Those cases which are accompanied with, and seem to depend upon, a certain degree of collapse for their immediate production, will perhaps admit of a very different explanation, to be mentioned hereafter. --- And it seems probable, that where convulsions arise from inanition or collapse solely, and without the concurrence of other causes, they do not take place until the animal is so far exhausted as to be in an irrecoverable state; or at least require for their production a very sudden exhaustion of the vital fluid, by the division of some large artery (the most usual way of killing animals.) For otherwise, should we not observe such occurrences to take place more frequently? or, rather, should they not be the certain and inevitable consequence of great exhaustion? — Yet comparatively speaking such symptoms are in reality a very rare occurrence. For, in the first place, it may be observed, that although syncope often takes place from phlebotomy, yet if carried

carried to almost ever so great an extent, Epilepsy seldom occurs, and perhaps never, unless some of the causes mentioned in the preceding pages exist likewise, as the exciting, or assistant exciting cause of the disease.

Secondly, I have seen one patient expire from the loss of blood in uterine hemorrhage, and that too very suddenly after delivery, yet no proper convulsions took place.---I have likewise seen several other persons so far exhausted from flooding, that I could not, in one or two instances, for a considerable time, distinguish with certainty whether the patient was dead or alive; yet I could not perceive the least appearance of proper convulsion, although I paid particular attention to this circumstance.--There is indeed in most instances a kind of shaking, or tremulous motion, which takes place, but it seldom arises to such a height as can properly be called epileptic or convulsive, but may rather be considered as a general *subfultus tendium*.

Lastly,

Lastly, We see that in fevers, in *phthisis pulmonalis*, and in many other diseases, an astonishing degree of exhaustion takes place without the occurrence of convulsive struggles, which seldom or never arise in such cases, except in the very agonies of death. It seems therefore highly probable that Epilepsy, arising from this cause, can seldom if ever be considered as a chronic disease, and will seldom if ever as such come under the care of the Physician.--- That this affection does sometimes occur in patients apparently exhausted, must readily and without hesitation be admitted; but probably, in general, if not universally, it will be found that some particular determination to the brain, or partial congestion within the cranium, (occasioning an increased *sensibility*) takes place, as the exciting, or assistant exciting cause of the disease, to which the exhausted state of the system contributes no otherwise than by giving occasion to that *irritability*, which so greatly facilitates the operation of the exciting causes.

But

But as the term Irritability has been employed to express two very different and opposite states of the system, the Reader must in this place excuse a short digression, to explain the sense in which that term is employed in the present sketch, because the distinction will be here of considerable importance.

All Physiologists are agreed, that to the due sensibility of any part, it is necessary that there should be a certain degree of tension in the arterial system of that part, and that no compression or other impediment take place in the nerve or nerves leading to or from it.---When tension is increased beyond the salutary standard, and yet not so far as to interrupt the ingress and egress of the nervous influence, sensibility is increased in proportion, and often to such a degree as to become morbid, or excessive.--As an example of which morbid tension and sensibility may be mentioned, inflammation of any part---for instance that of the eye.

In

In many cases of opthelmy tension is so greatly increased, that the whole *tunica albuginea* becomes distended with red blood, and the sensibility is thereby so amazingly augmented, that the least breath of air, or the smallest ray of light, produces the most exquisite torture, and that even in a darkened room, and when the eyes have been covered with two or three handkerchiefs.*

When tension is diminished below the proper standard, as in the case of great loss of blood, or other considerable evacuations, a state of the system directly opposite to the former is induced; but which also disposes it to be affected by very slight causes in a violent manner.

A sudden rap at the door, for instance, or other similar cause, will in this state frequently occasion palpitation of the heart, universal tremblings, and sometimes syncope. --- Both these states have been fre-

* Cullen's *Prælectiones Medicæ*.

quently comprehended under the general term irritability, and altho' some Physiologists have properly distinguished them from each other, yet it is not uncommon still to meet in the same writers with expressions like the following; " In this *exhausted* and *irritable* state of the system, &c." --- " In this *distended* and *irritable* state of the system, &c."

Nothing, however, as was before observed, is more necessary than to distinguish these two states (depending on causes so diametrically opposite) from each other.

The former, therefore, as differing from the natural and healthy state of sensation, rather in degree than in kind, I have distinguished by the phrase, *excess of sensibility*, corresponding to the excitement of Haller and Cullen.

The latter I have distinguished by the term *irritability*, corresponding pretty nearly to the collapse of the same authors.

Now it is probable from many circumstances, that these two opposite states of irritability, and morbid sensibility, may take place in different parts of the same constitution at the same time ; that is, an increased determination to any particular part, giving occasion to an increase of sensibility in that part, may take place notwithstanding a general state of inanition, irritability, or collapse, may exist in every other part of the system :---And that this does actually happen in some cases of Epilepsy, seems pretty clearly proved in the following instance---Case 3.

In this case of Joice Wallis, there was the greatest determination to the head I ever remember to have seen ;--her eyes were often considerably inflamed, and she always felt considerable pain and fulness in her forehead for some time before the Epileptic seizure :---these are the most unequivocal marks of increased determination to the head.

We

We find that the first seizure immediately succeeded a sudden fright, which probably operated by inducing *irritability*; for altho' fear is perhaps justly considered as a sedative power, and therefore operates by diminishing tension and excessive *sensibility*, yet it was observed that when the tension of any part was diminished below the proper standard, irritability of that part immediately took place, which disposed it to be affected by flighter causes than would formerly have operated upon it; and that something like this happened in the case before us, seems probable from this circumstance, that the Epilepsy left her after the small-pox, and did not recur again until twelve months had elapsed, and then from the same cause as before, (a violent fright) and from its continuing since that period to recur at the end of the menstrual evacuation, and at no other time. For how could the small-pox (which were numerous, especially in the face) contribute to the removal of the complaint, except it was by diminishing *tension*, (from

the quantity of the suppuration) and thereby diminishing the sensibility of the brain, and, perhaps, obviating the cause of pressure or irritation? Or how can we account for the return of paroxysm, at the end of the menstrual evacuation, except by admitting (a fact which will scarcely be denied) that this discharge increases the irritability of the system, seeing that the evacuation (operating directly as such) would tend to diminish the action of the remote cause by obviating tension?

It would seem, therefore, that this case affords an instance of increased tension, sensibility, or excitement, existing with respect to the brain; and of morbid inanition, irritability or collapse, taking place with respect to the trunk and extremities; but neither to so great a degree as separately to produce the disease.

For when the tension and sensibility of the brain were diminished by the evacuation produced by the small-pox, the *irritability*
induced

induced by the menstrual evacuation, was not sufficient to give occasion to the disease.

And now that the *tension* and excess of *sensibility* are probably again restored, we see that this is not sufficient to excite a paroxysm, without the concurrence of that *irritability*, which is induced by the irruption of the catamenia, by fear, or by some other cause operating upon the same principle.

It appears probable, therefore, that collapse does not operate immediately as the exciting cause of an Epileptic Fit, but as an assisting cause only, inducing that irritability which gives the proper exciting cause an opportunity to exert its effect; for we have seen that it does not occur, even in cases of very great exhaustion, unless we can trace pretty clearly some increased determination to the head, or some impediment or other to the due distribution of the nervous influence.

Fear,

Fear, and especially a sudden Fright.

In the operation of fear, there is something extremely mysterious; sometimes it evidently promotes, and at other times as evidently seems to prevent, the occurrence of Epilepsy.

It is a well known fact, that in the poor-house at Haerlem, the excellent Boerhaave checked the progress of Epilepsy from imitation by the influence of terror, in the following manner:---

One of the children was, from a fright, seized with convulsions, which became periodical; presently another child, who was standing by her, fell into the same kind of fit; the next seizure another, then a third, a fourth, nay, almost all the children in the house at the same time. The medical gentlemen who attended, had recourse to the most celebrated anti-epileptic remedies to no purpose; at length they request the assistance of Boerhaave, who coming to Haerlem examines minutely
every

every circumstance respecting the unhappy affair, and observing that the disease was communicated from one child (by its effect on the imagination) to the others, he conceived, that if the mind could be fixed steadily upon some other object, the communication of the disease might be prevented; he therefore, before all the children, in presence of the Governors, directed, with great parade and solemnity, that iron hooks of a peculiar kind should be kept constantly red-hot in a portable furnace, and that the first child who became epileptic should be burnt with them in a particular part of the bare arm to the bone. This plan had the desired effect, none of the children being afterwards affected with the complaint.—Case 4.

It is somewhat difficult to explain how fear operated in this case; but we have before observed, that it probably produces its effect by inducing irritability. --- On the unexpected appearance of an alarming object, our knees tremble,
and

and our hearts palpitate---muscles which were before under the influence of the will, continue no longer subject to its controul, but become involuntary, irregular, and sometimes convulsive.

The propensity to imitation, especially in young and mobile habits, is well known and confessedly great: this propensity conspiring therefore with the irritability induced by fear, was a sufficient predisponent cause to the Epileptic seizure; the exciting cause (the convulsive struggles) being presented to the eye; for the Epileptic object most probably operated in a two-fold (though seemingly instantaneous) manner; first, as an object of terror, inducing fear and irritability; secondly, as an object of imitation.---Now in those children there existed most probably no proper and permanent remote cause, except the excess of sensibility natural to infancy.---Fear, therefore, and its consequence, (irritability) were not sufficient to produce a paroxysm, without the concurrence

currence of an object of imitation. And therefore, altho' the punishment threatened might have induced as great, and perhaps a greater degree of fear than the sight of the Epileptic patient, yet the eye and the attention being by that means withdrawn from the object before imitated, no convulsions took place.

This affords an additional argument to prove, that collapse does not generally act in the production of Epilepsy, without the concurrence of some of the other remote or exciting causes.

Some Cause compressing a Nerve at a Distance from the Brain.

This seems to require no comment—
The case related, No. 5. from the Edinburgh Essays, proves clearly that the Epilepsy, there spoken of, arose directly from compression, since it was cured immediately and radically by the removal of the cartilaginous substance which occasioned

it; and from the general analogy in the preceding pages, one should be led to suppose, that they all arise from the same cause; but there occurs a difficulty in the case related from Dr. Lysons, where an Epilepsy of this kind seemed radically cured by ligature;---for it is not easy to conceive how a disease, depending upon an impediment (perhaps slight) to the due distribution of the nervous influence, should be removed by means of a greater impediment, which the ligature would certainly occasion, except we adopt the idea, that the nerves of sensation correspond with those of motion, in a manner somewhat (perhaps remotely) analogous to that in which the veins correspond with the arteries; so that the notice of any impediment acting on the former cannot be communicated to the brain if the latter are not pervious; whence no other motions can be excited in the parts so cut off, but what arise from the quantity or degree of nervous influence existing between those impediments: and hence no general convulsions

vulsions took place in the instance referred to, (Case 6.) altho' the parts below the ligatures were violently agitated, to the no small entertainment of the patient and the by-standers.

How the affection should be intirely overcome by a repetition of the same practice, seems to admit of an explanation, upon no other ground than by supposing that the disease had at first originated from a very flight remote cause, operating on a very sensible system, and had afterwards continued in a great measure through the wonderful influence of habit, which habit being by the repeated application of the ligature at length overcome, in a system probably by age rendered somewhat more firm, the remote and exciting causes (whatever those causes might have been) were not now sufficient (the habit being lost) to produce their accustomed effect.

That the disease should seem to originate in both feet at the same time, is rather a

singular circumstance, and difficult to be accounted for; but we have, I think, rendered it probable, that these cases depend upon compression for their cause; and it may be observed, that in a system highly sensible, or prone to convulsion from the power of habit, very slight compression may be sufficient to produce the Epileptic seizure.

A nerve, therefore, passing over or near any natural or preternatural prominence of a bone, assisted by some fulness of the neighbouring vessels, might be so compressed as to sustain the necessary impediment or irritation, whilst from the general correspondence in the structure of parts which are *fellows* with their aptitude to be affected in a similar manner by the same stimuli; the same natural structure, or the same *Lusus Naturæ*, would most probably take place in each, so that from the same physical causes, or from a sympathetic affection, the motions would be exerted and seem to originate in both limbs at the same

same time. --- But these are operations of the Deity, involved in an impenetrable obscurity, which

Non radii solis, nec lucida tela diei
Discutiant.

There are some causes of symptomatic Epilepsy, of which I have not here thought it necessary to take notice; as those which are occasioned by worms, by the *cicuta aquatica*, and by dentition; but they do not in the least militate with the reasonings above advanced, in exceedingly sensible or irritable habits; the stimulus from worms and from the *cicuta* may be sufficient to excite convulsive motions, whilst the latter may be resolved into an impediment to the due distribution of the nervous influence rendering such efforts necessary for its removal.

CASES

C A S E S.

I.

Puer duodecim annorum, antea nunquam Epilepticus, cadit humi; intropremitur cranium; negligitur, nec cogitatur postea de hoc malo; habet quidem quædam incommoda; sed nil Epileptici usque ad octavum decimum annum; tunc temporis cranium adhuc crescit, & futuræ expanduntur & secedunt a se invicem; postea fit Epilepticus; exercitati Medici inquirunt omnia, inveniunt nihil; examinatur caput,

caput, tondetur; apparet locus intropressus antea neglectus; creverat cranium, hæc pars non; hinc membranæ omniaque cerebri vasa hic erant aliter disposita, quam in reliquo cranio: Duretus jubet totum hunc locum excindi latâ terebrâ, & puer sanatur perfecte.---*Hermanni Boerhaave Prelectiones de morbis nervorum.* Pagina 818. per Jacobos Van Eams edita.

C A S E II.

W. L. Esq. aged 50, has for two years past been affected with violent Epileptic Fits; they occur at irregular periods, seldom oftener than once in two months, and continue for several hours, after which he remains dull and heavy for some days: he is generally sensible of their approach for several days before, by a *suffusion of the right eye*, and when this appears, neither bleeding, blistering, or any other means, are sufficient to prevent the fit: he is generally costive, and a little before, during, and after the paroxysm, makes a large quantity

quantity of pale urine. He has consulted many respectable Physicians, both in London and in the country, without any considerable alleviation of his disease: I advised that he should have a seton in his neck, take a dram of valerian three times a day, and keep the body open with Pile collocyth. By this means the recurrence of his fits was somewhat protracted, and their violence somewhat abated; but at length, on the 30th of March, 1780, he was seized with a violent paroxysm, which terminating in apoplexy, carried him off. Upon opening the body, I found the abdominal viscera in a perfectly natural state, except the heart, which appeared somewhat enlarged. Upon opening the head, the *dura mater* seemed somewhat thicker than natural, but had no other morbid appearance; on that part of the right lobe which lay nearly under the centre of the parietal bone of that side, there appeared in the *pia mater* a small kind of red tumor or inflammatory spot, about the bigness of a fixpence, circumscribed, and almost circular,

cular, occasioning an evident thickening and opacity of this membrane as far as it extended; the surface of the brain underneath, as well as in every other part, appeared in its natural state. On the anterior part of the right hemisphere, which rests on the orbit of the eye, the arteries of the *pia mater* were considerably enlarged, and had a very florid appearance; on cutting into the brain, both the cortical and medullary substances seemed in a natural state both as to colour and texture; in the right ventricle there was about three drachms of a transparent fluid, in the left about half an ounce of bloody serum.

No inequality or other unnatural appearance could be observed on the skull itself; but the futures were totally obliterated.

C A S E III.

Joice Wallis, aged 27, was, about eight years ago, from a violent fright, seized with Epileptic Fits, which returned

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every day, with more or less violence, for the space of two months, after which they sometimes held off for three, four, or six months together: about five years ago she had the small-pox, by which her complaint seemed to be cured, for she had no return for twelve months; at the end of that period she was again frightened, which brought on a fit, which has continued to return sometimes at one and sometimes at two months distance, but when it does occur, it is always at the end of her menstrual evacuation: --- previous to their approach she feels a pain at the forehead, and her eyes are generally inflamed; she is generally costive, her urine pale, and sometimes in large quantity, her menses for the most part regular; she says she has lived temperately, altho' she has wandered about the country with pedlary goods; she has taken many medicines, but without any sensible advantage.

This patient was treated like the former, but as she in about a fortnight afterwards

wards took to her wandering course of life, I heard nothing further concerning her.

C A S E IV.

In domo, qua pauperes ex eleemosynis publice aluntur, in civitate *Haerlemensi*, perterrita puella in morbum nervorum convulsivum certis paroxysmis reducem; adstantium et adjuvantium, in eam intenta itidem corripitur eodem morbo, postridie altera, deinde tertia, quarta, imo fere omnes, tam pueri quam puellæ: Status miserimus! Corripitur hic corripitur illa, imo fere omnes eodem tempore, dum unum alter aspicit, prosternuntur. Medici solertes frustra adhibent, quæ dictat ars, saluberrima antiepileptica medicamina. Confugitur tandem ad Boerhaavium, qui misertis infelicitis pauperum sortis, petiit *Haerlemum* et dum rem examinat, invadente in unum paroxysmo, vidit convelli plures specie epilepsiæ. Datis incassum optimis remediis a

medicis sapientibus, et ad imaginationem ex uno in alterum traducto morbo, rite perpenſis, hanc avertendo, credidit, poſſe curam obtineri, et obtinuit.

Scilicet premonitis ephoriſ, preſentibus omnibus, juſſit per cameram diſponi fornaces portabiles, prunis ardentibus inſtruktas, atque iis imponi ferreos hamulos, ad certam figuram adaptatos, tum ita mandavit; quia omnia fruſtra forent, ſe aliud neſcire remedium, quam, ut qui primus puer foret vel puella, infauſto morbi paroxyſmo arriperetur, locus quidam nudati brachii candente ferro ad os uſque inureretur; atque gravitate pollebat dicendi, perterriti omnes ad crudele remedium, dum inſtare ſentiunt paroxyſmum, omni mentis intentione, et metu dolorifice inuſtionis, eidem reſiſtunt fortioris oblatione ideæ: et certe quantum valeat hic ab objecto animæ intentæ revulſio, docet epilepſia diverſimode curata, ut quidem ipſe terror eandem ſuſtulerit, febris epidemica, quartana, ptyaliſmus matrimonium virga.—

Abrab. Kaaw Boerhaave impet. faciens Hippocrati dictum. Pag. 406.

C A S E V.

An Epilepsy from an uncommon Cause, by Dr. Thomas Short, Physician at Sheffield, and F. R. S.

In July, 1720, a woman about 38 years of age was brought to me: she had laboured twelve years under an Epilepsy, which from one fit a month was come to four or five violent ones every day, each continuing an hour, or an hour and a half; by which she was rendered mopish and silly, and incapable to take care of her house and family. Her husband was reduced in his circumstances, from his affection and care for her, having got and followed all the advice he could. Evacuations of all kinds had been tried; the epileptic and cephalic tribe of medicines had been ranfacked, and many other medicines had been used in vain, the disease

growing

growing more severe. Her fit always began in her leg, toward the lower end of the gastrocnemii muscles, and in a moment reached her head, threw her down, foaming at the mouth, with terrible distortions of the mouth, neck and joints. Whilst I talked with her she fell down in a fit: I examined the leg, and found no swelling, hardness, laxness, or redness different in that place from what was in the other leg: but suspecting, from her fit beginning always at that part, that the cause of her disease lay there, I immediately plunged a scalpel about two inches into it, where I found a small indurated body, which I separated from the muscles, and then took it up with the forceps; it proved a hard cartilaginous substance or ganglion, about the size of a large pea, seated on a nerve, which I cut asunder, and took out the tumor. She instantly came out of the fit, cried out she was well, and never after had a fit, but recovered her former vigour both of body and mind. — *Edinburgh Essays*, vol. iv. page 334.

C A S E

C A S E VI.

Being sent for some years ago to P. K. a farmer's daughter near Gloucester, about 20 years of age, troubled with Epileptic Fits, which frequently returned, I found her in bed, and seeing her in the agony of a paroxysm, stayed by her till it ended.--- Upon enquiring in what manner the fits came on, I was informed that they began in the feet, and ascended thence by degrees to the body, and lastly to the head, when the convulsions became violent and universal; upon this intelligence, remembering the accounts given of the effects of ligatures in such cases, I got the patient's garters, and having doubled them, and prepared two short bits of sticks, I placed them one below each knee, in the manner of tornequets used previous to the amputation of limbs.

Having placed my tornequets, I waited the approach of the next fit, and the patient telling me that she felt the disorder
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in her left foot, I immediately turned the tornequet upon that leg. This stricture stopping the ascent of the disease, the foot shook considerably, and she soon informed me that the other foot was also affected; I then committed the care of the left tornequet to the patient's sister, and twisted that I had put loose on the right leg.---This method had the desired effect, the Epilepsy proceeded no farther than the ligatures, but the feet shook most violently, and made so ridiculous an appearance, that the girl herself, tho' in the greatest distress, could not refrain from laughing heartily, and almost at the same instant begging us to let the disease take its course, lest her feet should drop off by the violence of their agitation, which, she said, was intolerable.

After some time, the convulsions in the feet ceased, when I loosened the tornequets, and left her, giving directions to her mother and sister, to repeat the same method whenever the fits returned,

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The fits afterwards became weaker; and the same means being used, whenever notice was given of their approach, they were at last entirely cured without medicine; and the girl informed me within this half-year, that she had been free from them ever since. — Vid. *Lyson's Essays*, p. 159.

*Some farther Observations on Sensibility
and Irritability.*

What the more immediate causes of morbid Sensibility and Irritability may be, it is extremely difficult, perhaps impossible to determine; but conjectures, where they do not counteract rational experience, and delivered as such, can be attended with no bad consequence: — Upon this principle I beg leave to offer a few suggestions.

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I imagine

I imagine that the increase of sensibility does not depend so much upon increased tension immediately as such, as upon some change which that tension produces in the covering of the distended nerves; for if we enquire into the causes which seem to give occasion to acute sensibility in those organs which are appropriated to the reception, and communication of very delicate impressions, as the eye and ear, we shall find the pulpy substance of the nerve exposed almost to the immediate action of stimuli, by being nearly divested of all covering, insomuch that we cannot with the naked eye distinguish that the *retina*, or auditory nerve, have any covering at all; and we find that the *cutis vera*, when the *epidermis* is removed, becomes much more susceptible of impressions than it was before, notwithstanding no increased distension had previously taken place; hence does it not seem probable, that *the greater or less sensibility* of any part, depends in a great measure on the thinner or thicker covering of the nerve or nerves of that part; and

and that any cause which can render this covering thinner or thicker, (intrinsic sensibility remaining the same) will, in proportion to the degree of its operation, increase or diminish the susceptibility of impression?

Let us therefore examine what changes may be supposed to take place in the nerves of any part by a distension of the arteries which accompany them. — It is obvious to every one, that a given quantity of matter cannot be extended without becoming more slender; the sides of the urinary bladder, for example, are much thicker when taken out of the animal in its contracted state, than they are after it has been distended by being filled with air; and a similar effect must happen to every other body so extended, without receiving any addition to its bulk: Now as the nerves every where closely accompany the arteries, and more especially where they are destined to receive and communicate impressions, the latter cannot be distended without distending the former in proportion;

tion; the consequence of which must be, that their coats become thinner, and the pulpy *nervous medulla* will be more directly exposed to the immediate action of *stimuli*, and therefore be susceptible of much flighter impressions than before; in-
 somuch as we find that those stimuli which in their natural state would produce sensation without pain, will in this distended state occasion the most exquisite torture; the rays of light, for example, falling upon the *retina* in its natural state, convey to the mind without pain or uneasiness a distinct idea of the object from which they are reflected; but let this nervous expansion (as formerly observed) be distended, as it is in cases of *ophthalmia*, the very minute portion of light which impinges upon it in a darkened room, and even when the eyes have been covered by two or three handkerchiefs, will sometimes occasion inexpressible anguish.

It has been observed formerly that there is a state of the system very opposite to
 this

this, but which also renders it very liable to be affected in a violent manner by very slight causes; this state I have distinguished (as a word already known) by the term *irritability* ---- perhaps the word *mobility* would have been more proper; but, that term having been employed in a *generic* sense by Dr. Cullen, to comprehend both (what is here called) *sensibility* and *irritability*, I judged it more proper to adopt the latter expression.

Now as the state of increased tension, we have been just speaking of, occasions a greater susceptibility of impression, and thereby a greater propensity to act, so this state of diminished tension or irritability seems to induce a greater facility, or perhaps affords a slighter resistance in the moving powers to be acted upon, and probably for the following reasons:—

When muscles contract they are considerably shortened; they *seem* to swell towards the middle, but evidently diminish
in

in every other direction, their substance becomes more dense and compact, and assumes a *whiter colour*, probably from the expulsion of the blood out of them. Now when a moderate fulness of the vascular system prevails, the vessels from their native elasticity exert a slight pressure on their contained fluids, and maintain a gentle resistance to any farther distension; in this state they must, in a certain degree, withstand the contraction of muscles, for if the blood is *squeezed out* of the muscle during the act of contraction, as seems very probably to be the case, an increased distension of the neighbouring vessels must be the certain, tho' temporary consequence; if therefore the vascular system in general be already distended to its proper degree, and enjoys its contractile power undiminished, a considerable resistance must necessarily be made to any farther distension, and will render a considerable effort necessary to the contraction of any muscle.—The *nîsus* or effort of a muscle to contract, will be in a *ratio* compounded of its susceptibility

ceptibility of impression, and the force of the stimulus applied, and if both these are inconsiderable, the resistance in this state of the system will frequently counterbalance the effort, and therefore no contraction or convulsion will ensue. ---- This I think may very properly be called the firm or steady state of the system.

But in a flaccid and exhausted state of the vessels, the resistance to the expulsion of the blood out of the contracting muscle will be comparatively slight, the neighbouring half distended vessels will afford a welcome reception to the protruded fluids, and therefore, although the stimulus applied may not be considerable, the susceptibility of impression not very great, and the nifus or effort of the muscle to contract of course insignificant; yet the resistance to their action will be so slight, that the muscular contractions or convulsions will in such a state of the system readily take place.

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If these distinctions are well founded, they go as near to the proximate cause of sensibility and irritability as is perhaps necessary in the practice of Physic; and they serve to explain many phenomena which occur in diseases, that it would be otherwise extremely difficult to account for.

There are, it is probable, some other causes of morbidly increased sensibility than those above-mentioned, since cases do now and then occur of uncommon susceptibility of impression, without the smallest appearance of increased tension; on what this depends we do not seem possessed of sufficient *data* to explain, the most probable solution however seems to be, that such instances of increased susceptibility of impression depend upon an increased production of nervous influence in that part of the brain from whence the nerves of the part so affected derive their origin.

This, it must be confessed, is merely matter of conjecture; but, as we observe
 partially

partially increased energy at the extremities of the nerves, it seems not unreasonable to suppose, that the same may take place at their origin, and possibly from the same cause, increased tension there.

K

SKETCH

S K E T C H I I.

F E V E R.

“ Nothing can act where it is not.”

SOME difficulties which perplexed me in attempting to explain the immediate cause of these Epileptic Fits, which sometimes occur just at the eve of the variolous eruption, induced me to think that the proximate cause of Epilepsy and of Fever very much resembled each other, and that the foregoing reasoning might, with certain modifications, be applied to explain the immediate cause of the latter:
this

this opinion I shall endeavour to establish in the following Sketch ; previous to this, however, it is a duty incumbent on me to state my reasons for objecting to the hypotheses already advanced ; in doing which, I do not think it necessary to enter into an historical detail of every system of reasoning which has been invented to account for the phenomena of Fevers, from the days of Hippocrates to the times of Stahl, Boerhaave, Hoffman, and Cullen, but deem it sufficient to observe, that each of those systems has in succession refuted and taken place of that which immediately preceded it. Upon the same principle, I shall confine myself chiefly in the following Sketch to an examination of the Theory maintained by the justly celebrated and venerable Cullen; the latest, the most ingenious, and certainly the most useful hypothesis which has hitherto prevailed ; — and by shewing that this system does not satisfactorily explain some of the most important phenomena occurring in Fevers, I shall endeavour to pave the way for another

hypothesis, which promises to remove several of those difficulties, and to reconcile the Humoural and Neurographic Pathologists with each other.

Let us begin with a summary view of Dr. Cullen's System, as delivered in his first lines of the Practice of Physic, vol. i. page 38.

“ Upon the whole, our doctrine of Fever is explicitly this --- The remote causes are certain sedative powers applied to the nervous system, which diminishing the energy of the brain, thereby produces a debility in the whole of the functions, and particularly in the action of the extreme vessels. --- Such however is, at the same time, the nature of the animal œconomy, that this debility proves an indirect stimulus to the sanguiferous system; whence by the intervention of the cold stage, and spasm connected with it, the action of the heart and larger arteries is increased, and continues so till it has had the effect of restoring the

the energy of the brain, of extending this energy to the extreme vessels, of restoring therefore their action, and thereby especially overcoming the spasm affecting them; upon the removing of which, the excretion of sweat and other marks of the relaxation of excretories take place."

Seeing that Fevers often attack suddenly without any apparent cause, that vertigo, stupor, listlessness, and debility, are among the first symptoms, it was by no means unnatural to suppose at first view, that the operation of the remote cause was of a directly sedative or debilitating nature; and that it immediately affected the brain: but when it is considered by what kind of remedies the febrile paroxysm may be prevented, or removed, such an opinion seems hardly admissible.

An emetic operating on the stomach has undoubtedly a very debilitating effect on the whole constitution; yet an emetic administered an hour before the expected
attack

attack of an intermittent, will very frequently prevent that attack. And the same debilitating remedy given during the cold fit, (when the sedative power must be supposed to be operating) will generally remove the cold, and bring on the hot fit, and sweating.—CULLEN.

Now is it natural to suppose, that one debilitating power can diminish or prevent the effect of another debilitating power? Or, what is more extraordinary that the application of a debilitating or sedative remedy, should be supposed to remove debility when present?----That is to say, to a man already weakened, apply the causes of weakness, and he will instantly become stronger:--- Certainly there is something very paradoxical in such a supposition.

Besides, we shall hereafter have occasion to observe, that all the phenomena of proper Fever, the stupor, delirium, listlessness and debility, may arise from a small quantity of acrimony introduced into the circulation,

lation, probably unpossessed of any *sedative power*, and seemingly independent of its *immediate operation* on the brain; and farther it may be added, that all those powers which operate immediately and in a general manner on the nervous system, so far as we can hitherto trace them, produce their effects with a rapidity equal to lightning.

The electric shock, for example, destroys animal life in a space of which we can scarcely form the smallest conception; --- whilst the remote cause of Fever, wherever we can discover the epoch of its application, constantly requires some days to produce its effect.

It was formerly imagined that the choak damp or fixed air in mines, and in the *Grotto delcane* in Italy, produced their effects by operating as a sedative power immediately on the nervous system, and the analogy has by some been transferred to Fever; later experience, however, seems to have demonstrated, that it produces
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those effects in a way purely negative, and through the organs of respiration.

But admitting, for the sake of argument, that the paradox is removed, and that the remote causes of Fever are demonstrated to be, what Dr. Cullen supposes, “certain sedative powers applied to the nervous system,” how shall we upon this principle account for the periodical repetition of paroxysm? — *Whither does the sedative power retire during the interval? — And how is it again called into action?*

When the debility and spasm are, by the action of the *vis medicatrix*, completely removed, and the system is again restored nearly to its original state, we see no longer any other marks of disease than a slight diminution of strength; nor can we perceive any circumstance which would lead one, *a priori*, to expect another paroxysm. Yet such returns do frequently happen, and when they do, nothing can be more certain than that the return must depend
upon

upon some cause, this cause must consist either in something applied from *without* at each accession, or in some noxious principle permanently operating *within* the habit:—Let us examine both these suppositions.

If it depended on the repeated application of a noxious principle external to the body, and renewed at each period, it were natural to expect that all those exposed to its action, at the same time, in the same place, and as nearly as may be under similar circumstances, should be affected in a similar manner, and as nearly as possible at the same period; yet we not unfrequently find, that in the same house, of the same family, and living precisely in the same manner, one person will be affected with an ague in the morning, another about noon, and a third at midnight: Nay, perhaps, the first with a quotidian, the second with a tertian, and the third with a quartan ague.

Besides we find, that the cause of repetition (whatever that cause may be) is applied to a particular person, at precisely equal distances of time, and for a great while together, even although he changes his habitation, and goes to a place where no such disease prevails; from the fens of Lincolnshire, for example, to the Highlands of Scotland.

These effects then produced with such regularity, and affecting the patient wherever he goes, can hardly be supposed to arise from the repeated application of any external cause; we are therefore obliged to seek for the exciting cause of paroxysm within the constitution itself, in some depravity of the fluids, or in some morbid affection of the solids.

Dr. Cullen, in order to maintain his favourite idea, the rejection of acrimony as a remote cause of Fever, has attempted in a very ingenious manner to explain the returns of paroxysm, by attributing them
to

to certain diurnal revolutions, which he supposes to take place in the system:--- His language, however, on this subject is rather obscure.

Paragraph LVII. p. 49. “ That Fevers generally consist of repeated paroxysms, (says this ingenious Professor) we have alledged above to be matter of fact, but must here endeavour to confirm it by *assigning the cause*.--In every Fever in which we can observe any number of separate paroxysms, we constantly remark that every paroxysm is finished in less than twenty-four hours,” (*not regularly and exactly in the space of twenty-four hours*) “ but as we cannot perceive *any thing in the cause of Fevers* determinating to this, we must suppose it to depend *on some general law of the animal œconomy*, in many respects to a *diurnal revolution*: whether this depends upon the original conformation of the body, or *upon certain powers constantly applied to it*, and inducing a habit, we cannot positively determine; but the returns of

sleep and watching, of appetites and excretions, and the changes which regularly occur in the state of the pulse, shew sufficiently that in the human body a diurnal revolution takes place."

Parag. LVIII. " It is this diurnal revolution which we suppose determines the *duration* of the paroxysms of Fevers, and those paroxysms being so universally limited as in LVII. (the foregoing paragraph) while no other cause of this can be assigned, renders it *sufficiently probable* that their duration depends upon, and is determined by the revolution mentioned. That these paroxysms are connected with that revolution, appears farther from this---that tho' the intervals of paroxysms are different in different cases, *the times of the accession of paroxysms, are generally fixed to one time of the day*; so that quotidians come on in the morning, tertians at noon, and quartans in the afternoon."*

" It

* As all these intermittents, *in nine cases out of ten*, gain or lose an hour or more at each return, it is obvious,

“ It is to be still remarked, *that as quartans and tertians are apt to become quotidians, these to pass into remittents, and these last to become continued*; and that even in the continued form, daily exacerbations and remissions are generally to be observed; all this shews so much the power of diurnal revolution, *that when in certain cases* the daily exacerbations and remissions are with difficulty distinguished, we may still presume that the general tendency of the œconomy prevails, that the disease still consists of repeated paroxysms, and upon the whole, that there is no such disease as that which the Schools call a Continent Fever.---We expect that this doctrine will be confirmed by what we shall say hereafter, concerning the periodical movements observed in continued Fevers.”

This is the whole that Dr. Cullen has advanced to account for the repetition of
paroxysm.

ous, that in a number of repetitions they must occur at every different hour of the day and night.—This idea, therefore, does not at all apply.

paroxysm.---Let us now examine how far this hypothesis will clearly explain the phenomena.

If the return of paroxysm depended on the diurnal revolutions here spoken of, one should naturally suppose that, like the variation of the pulse, their return would be regulated by certain steady and uniform laws, and that like them they would undergo their respective exacerbations and remissions at fixed and particular times of the day.* — But what do we find to be the case in intermittents? Instead of keeping to any stated period, we may observe them occurring at every different hour, and this not only in different persons, but in a succession of paroxysms in the same individual.

* Indeed Dr. Cullen has not in this place displayed his usual perspicuity: — He sets out by proposing to explain the cause of the *repetition* of paroxysm, whereas his whole reasoning seems to be directed to explain the cause of the *duration* of paroxysm; or rather, to prove that every paroxysm is compleated in 24 hours. So that I may be considered as disputing without an argument.

For

For example: ——— An ague fit which came on yesterday at three o'clock in the afternoon, will often return as to-day at noon, --- an interval only of twenty-one hours: in another case this deviation will be reversed, and the paroxysm which occurred yesterday at three o'clock in the afternoon, will be postponed to-day until six, admitting an interval of twenty-seven hours; and in a number of cases the gain or loss of time will be one, two, three, four, or five hours, exhibiting intervals of agues from nineteen to twenty-nine hours, in those called quotidians; from forty-three to fifty-three, in those called tertians; and so after the same manner in intermittents of all other denominations.

When the twelve o'clock quotidian of yesterday returns as to-day at nine, I have often found my patients alarmed at what they thought an increased violence and frequency of their ague; whereas, in reality it was uniform in itself as to its interval of twenty-one hours. In like manner
from

from an inattention to this circumstance, or rather from relying too implicitly on the vulgar opinion, as we are very apt to do, I have myself before now been so far deceived, when the twelve o'clock quotidian was postponed until three, *as to think that my remedy was succeeding*: but I found I was led into an error from counting by the clock; whilst the intermittent, inattentive to our time-keeper, continued, in proportion to its cause, true as the needle to the pole, affording an interval of twenty-seven hours.

From an attentive review of these observations it is obvious, that in a number of returns the accession of Fever must in each of these cases take place at every different hour of the day, and therefore cannot possibly depend upon any regular and permanent revolution of the system. Nay, so little is the influence of these quotidian, tertian, or quartan revolutions to be depended on, that from a careful and candid attention to the return of intermittents, in some hundreds

dreds of instances, *I have not found more than two cases*, in which the intermittent has adhered steadily either to the quotidian, the tertian, or the quartan period. These apparent irregularities must from their frequency come within the observation of every attentive practitioner, and therefore render examples in some measure superfluous. But as it is more consistent with my general plan, in every instance where it is in my power, to adduce facts in support of every thing advanced, I shall here relate a few cases, selected without *order* or *choice* from many others now under my care, to prove that such deviations are by no means uncommon; and this I shall do in as concise a manner as I am able.

The Rev. Mr. W. was seized with the cold fit of an intermittent on Tuesday Dec. 25, 1781, at three in the afternoon; --it returned again on Thursday exactly at noon, on Saturday at nine in the morning, and adhered to this interval of forty-five hours, until it was removed by the

M bark,

bark, &c. --- This is in the common way called a tertian, or forty-eight hour ague *anticipated*.

S. Petitt's wife has had an ague three months--it goes round, (as she terms it;) that is, it gains an hour at every accession. For example, it came on, on Sunday Dec. 29, at five in the afternoon, on Tuesday at six, Thursday at seven, and so on: this regularly postponed return comes the nearest that I have met with, out of forty or fifty instances, to the true tertian period, its interval being forty-seven hours; but as this changes its hour every time, it cannot afford any proof of the influence of diurnal revolutions.

Miss W. has had five paroxysms of an intermittent; the first occurred on Wednesday the 20th of December, 1781, at four in the afternoon; it returned on Friday at one, on Sunday at ten in the morning, and so on.—This anticipated tertian affords an example of forty-five hours.

Elizabeth

Elizabeth Groom has for a fortnight past been affected with an ague, which returns every thirty-one hours; for instance, the first fit occurred on Friday the 22d of December, 1781, at four in the afternoon, the second on Saturday at eleven at night, the third on Monday at six in the morning, the fourth on Tuesday at one in the afternoon, and so on.

This is commonly called a double tertian, but is in reality nothing more than that peculiar modification of intermittents, in which the *quantity* or *activity* of the remote cause requires thirty-one hours to wind up a paroxysm; as will be more fully explained hereafter.

I might have adduced numberless other instances of the same kind, but as these will serve distinctly to convey my meaning, it would be only tiring my reader to no purpose, by a dull repetition of similar cases.

I am afraid I shall as it is be thought unpardonably tedious in discussing this subject; but as the truth or fallacy of Dr. Cullen's theory seems to depend almost entirely on the existence or non-existence of such revolutions, and as that system is the only one which appears to me at all difficult to refute, I thought it necessary to point out at some length the difficulty of admitting such revolutions, and the very slight influence they appear to possess in regulating the return or the duration of intermittents.

This I hope I have done in a manner tolerably conclusive and satisfactory; and in order to prevent our falling into the same error in future, of inventing hypotheses to explain what seems never to have existed, would it not be better to discard altogether the confusing terms quotidian, tertian, quartan periods, &c. and to distinguish all agues according to the space between accession and accession into twenty-one,

one, twenty-seven, thirty-three, thirty-nine hour intermittents, &c.

Having thus attempted to shew that Dr. Cullen's idea of the diurnal revolutions of the system does not satisfactorily explain the periodical return of intermittents, I shall adduce no farther arguments against his general doctrine, except in a cursory way, until I have delivered what has occurred to me concerning the proximate cause of Fever.

Of

Of the remote Causes of FEVER.

PHYSICIANS seem now to be pretty universally agreed, that the remote causes of Fever may all be referred to two general sources: — To the effluvia arising from the human body under a state of disease, thence called human effluvia; or to those arising from marshy, swampy, or muddy soil, as that of ditches newly stirred or thrown out, the banks of rivers lately overflowed, lakes partially dried up, and the like; and thence called marsh effluvia, or *miasmata*. Of these noxious exhalations some are specific, that is, they invariably produce a disease of the same nature. The *variolous* poison, for example, always occasions an eruptive Fever, and of the more continued kind; whilst others cannot be termed specific, because they do not always produce a disease *sui generis*, as when the contagion received from an intermittent produces a continued Fever, or when the contagion

contagion received from a continued Fever produces an intermittent; circumstances which are by no means uncommon. For we see frequently in the same family one patient affected with an intermittent, a second to all appearance taking it from him (or beyond all doubt from the same source) with a remittent, and a third receiving it from the second with a continued Fever, and of the putrid kind.

It would seem therefore that the remote causes of remittent, intermittent, and continued Fevers, are seldom essentially different in their nature; but possessing different degrees of activity, (from their being more or less concentrated) and acting upon constitutions differently disposed, sometimes produce one kind of Fever and sometimes another.

But as the majority of the inhabitants of a particular district, or a particular country, must from the similarity of their circumstances, and their manner of life, be in a
similar

similar general state of predisposition, it is no wonder the same remote cause being applied to all, that the diseases of particular seasons should in those districts bear a general resemblance.

This idea that the remote cause of those Fevers may differ in degree rather than in kind, is supported by the opinions of many ingenious and respectable Physicians; and is rendered still more probable when we consider, that the variolous poison received from the very same person, (altho' always attended with an eruption) will in one constitution produce a mild Fever of the simple inflammatory kind, in another a Fever of the most highly putrid and malignant tendency; diseases as different in their natures, and requiring as opposite modes of treatment, as almost any with which we are acquainted.

Besides, we know that the Fevers above spoken of, are capable of being converted into each other; and that it is by no means

means a rare or uncommon circumstance, to see a Fever beginning with ill-defined intermissions, after a short time become continued, and ultimately by proper treatment be restored to a remittent, or proper intermittent; whilst a Fever assuming at first the more continued form, may sometimes by proper management be converted into an intermittent; altho' this circumstance is upon the whole less frequent than the former, and might naturally be expected to be so, since the remote cause, whatever it be, instead of becoming weaker, has (as was before observed) a constant tendency to become more concentrated, and more active, by assimilating a part of our fluids into its own nature.

N

Of

Of the proximate Cause of FEVER.

HOW the remote cause operates in producing Fevers, whether it first enters the circulation, or produces its effects immediately on the nervous system, are questions that, after having puzzled the most acute Physicians in all ages, remain still undecided; altho' if fair analogy be admitted as a foundation for argument, nothing seems to be *more simple and obvious*.

In the preceding pages, I have endeavoured to prove, that the Theory of my admirable and much respected master (Cullen) is in some respects incomplete, and the reasonings there employed, will apply with equal force to all the hypotheses which have preceded it.

In the succeeding pages I shall venture to deliver an hypothesis, which appears to me

me more probable, and more natural:---It is not offered as a complete system, nor as one unencumbered with difficulties, but if we can hit upon a chain of reasoning that will explain more of the phenomena, or which coincides more perfectly with a method of practice generally successful, we shall perhaps approach one step nearer the truth, and render some service to the community.

Nature seems kindly to have provided, that some of the remote causes of Fever, especially those of the most dangerous and fatal tendency, as the small-pox, measles, &c. should for the most part operate only once on the same constitution during life; and the same seems to be true, in a certain degree, of most other Fevers. The plague is said seldom to affect the same person twice: Sydenham observes, and Van Swieten agrees with him, that those who have been once affected with a quartan ague are seldom troubled with it a second time, and that when it does happen to seize them, it

never continues a great while.* Many years ago, when a plague amongst the horned cattle raged with uncommon violence throughout the greatest part of Europe, the dealers would give almost any price for those animals which had undergone the disease, experience having taught them, that they were afterwards seldom liable to the infection.

From hence it appears probable, that the action of the remote cause is chiefly exerted on the solid parts of the system; for as our fluids are continually changing, there is reason to suppose that a few years

* This fact is so striking, that it does not escape the observation of the common people; for I have often heard the most illiterate farmers, who happened to live in situations much exposed to intermittents, remark, that when a servant comes to them from a more healthy district, and is seized with an ague, it generally proves exceedingly obstinate, often resisting the most powerful remedies for twelve months, and even longer: but if the same person happens to be affected a second time, or an ague takes place in one accustomed to the situation, it generally goes off after a few fits, without medical assistance.

hence

hence not a particle of those will remain which now distend our vessels; and consequently the new particles, having undergone no change from the remote causes of Fever, would at this period become susceptible of their action, and we should be again liable to the disease.

Altho' therefore our fluids are evidently affected in the progress of the disease, yet this seems to depend chiefly on the increased action of the solids, and frequently to be in proportion to it: for we find in the small-pox, that after having introduced a small portion of the variolous poison into the system, provided our patient will abstain from fermented liquors, from animal food, from increased heat, and in short from all those causes which tend to increase the force and velocity of the circulation, the disease will glide smoothly on, with a moderate and uniform pace, and with little or no disturbance to the patient, a very small quantity of the variolous virus will be generated, and the number
of

of pustules will be very few ; but let him drink a single glass of wine, let him approach near a large fire, or use violent exercise within doors, myriads of pustules will presently make their appearance, and the quantity of the variolous poison now generated will be prodigious.

This digression seemed necessary, before we entered more immediately upon the enquiry how the remote cause operates in bringing about the disease.

In whatever way the remote causes of Fever, whether of the exanthematous, or non-eruptive kind, operate on the system, they are all applied to it, so far as we can perceive, in the same or a similar manner: a person not having had the disease, going into a room where a patient labours under the small-pox, is not in general immediately sensible that he has received the slightest injury; yet, after some days, he will be convinced, that he has done so, by the appearance of a similar disease: another
going

going near the bed where a person languishes under a fever, retires without suspecting the least inconvenience; a few days however frequently proves too clearly that he did not visit his friend with impunity.

From this general resemblance then between the infectious principles in Fevers, as to their mode of application, and the nature of their effects, (which in the early stages especially are very much alike) I apprehend it may be allowable to transfer the analogy from one to the other, and to reason from the effects of one that is known, to similar effects produced by others that are unknown. I shall therefore select, as the most simple and obvious example of the whole, the case of a patient inoculated for the small-pox.

Master J. aged five years, of a delicate constitution, light hair, and florid complexion, having for some days abstained from animal food, on the 5th of March, 1780, I introduced a small quantity of the
variolous

variolous acrimony under the scarf skin of the left arm, four days after, the part began to inflame, on the sixth he complained of a troublesome itching, his arm became stiff, and he complained likewise of a good deal of pain in an irregular line directed towards the axilla, where also he felt a good deal of uneasiness: these symptoms continued to increase until the 8th, when he appeared drowsy, stupid, and averse to motion; he complained of severe cold, *giddiness*, and of considerable pain in his head and back; on the evening of the 10th he had two slight *epileptic fits*; on the 11th two or three variolous pustules appeared on his face, which by the next morning had increased over the whole body, to the number of a hundred; towards the evening of this day the pain of his back, the head-ach, and other feverish symptoms began to subside, on the 12th he was quite well, in a few days the pustules all dried off, and he returned to his natural state of health, scarcely at all weakened, either by the disease or the remedies employed.

In

In the case of this young gentleman we have a distinct example of Fever, evidently occasioned by a small quantity of acrimony introduced into the circulation; this could not in the first instance have been applied immediately to the brain, and its action was probably very different from that of a *sedative* power, since it evidently passed through the absorbent system, and in its passage *inflamed* the next lymphatic gland between the place of its insertion and the heart: we have therefore the most convincing testimony of its entering the circulation, and by the pain it occasioned in its passage, of its so far acting as a *stimulant* power; it was not until the eighth day after inoculation that he began to complain of the symptoms of Fever; so considerable an interval, that during it many changes might have taken place in the balance of circulation; and when the symptoms did at length come on, they in every respect resembled those generally attending common Fevers, or the accession of an intermittent. It is extremely wonderful how so

very minute a portion of the variolous poison should be capable of producing such considerable effects; but it appears very clearly that it possesses the power of increasing the activity of the vessels to which it is applied, of inducing a kind of fermentation* to a considerable extent round the part, of converting the neighbouring fluids into its own nature, and of thus considerably increasing the quantity of the virus before it begins to be absorbed; thus augmented, it is received into the circulation, it there proves a stimulus to our vessels, and more especially to those of the brain; in consequence of which their action is increased, and a greater than their natural proportion of fluids is induced into them: this determination to the head continuing to increase as long as the stimulus continues to operate, at length arrives at such a height, as materially to interrupt the functions of the brain, and the proper distribution of the

* By fermentation I mean only to express an augmentative process, and not the manner in which the augmentation is effected.

nervous influence; when this is the case, some effort becomes necessary to remove the impediment, and this effort beginning with a shivering fit probably constitutes what we call Fever.

My only object in this example being to prove that proper Fever, with all its phenomena, may and does sometimes arise from the action of acrimony introduced into the circulation; I shall not stop here to enquire into the progressive phenomena of small-pox, but immediately transfer the analogy to explain the phenomena of Intermittent Fevers, which afford us a better opportunity than any other of tracing with critical exactness the rise, progress, and decline of febrile affections. And here I must repeat, that whatever may be the immediate cause of intermittents, we are obliged ultimately *in all cases* ‡ to have recourse to

‡ C'est donc une erreur populaire, de croire que l'on peut prendre la Peste, simplement par la peur, par l'imagination, ou par quelque autre voye, aussi ridicule; sans qu'il y ait d'ailleurs quelque autre disposition.—
Trait de la Peste. P. 535.

some *material* noxious principle floating in the atmosphere, or to the effluvia arising from persons affected with them (for agues are beyond all doubt in some cases infectious) as the remote cause in all instances; and as these are applied to our constitutions exactly in the same manner as the effluvia are which produce what is called the natural small-pox; and as we have proved that these effluvia can produce their effects by being artificially introduced into the circulation in form of variolous acrimony, I am strongly inclined to believe, that the remote cause of intermittents also enters our circulation, and exerts its primary effects on the sanguiferous system; and if we attend minutely to circumstances, we shall find that there is always a sufficient space of time allowed for the production of such effects, between the time of receiving the infection and the accession of the first paroxysm.

A man employed in emptying a ditch, and exposed for a considerable time to the
miasms

miasms arising from the mud, is after some days affected with an Intermittent Fever, but it is not till after some days are elapsed that he experiences the first seizure. And the celebrated American, (Franklin,) when examining if any inflammable air was contained in some of the stagnant waters of this country, (which he had found to be the case in some parts of America) did not immediately experience any ill effects from the effluvia arising from these waters, as might naturally have been expected had their action *been immediately on the nervous system*, but (says he) “ To being some time employed in stirring this water, I ascribed an intermitting Fever, *which seized me some days after*, to my breathing too much of the foul air which I stirred up from the bottom, and which I could not avoid, while I stooped down in endeavouring to kindle it.” *

And indeed examples of this kind are so numerous, and so well known, that I

* Priestly on Air. Vol. I. page 323.

introduce them here merely in conformity to my general plan, which is in every instance, when it lies in my power, to adduce facts in support of the reasoning employed. ---I conceive then, with the late writers in general, that the most common cause of intermitting Fevers, are the marsh or mud effluvia; that these are received into the circulation by the lungs, or *some other channel*, and there prove a stimulus to our vessels, but more especially to those of the seat and source of sensation, the brain; in consequence of which, the action of those vessels is increased, a greater than their natural proportion of blood is induced into them, which proportion continuing to increase, as long as the stimulus continues to operate, at length arrives at such a height, as materially to interrupt the functions of the brain, and the due distribution of the nervous influence.*

In

* That this is really the effect of the virus, seems highly probable from the total absence of Fever during the interval; for that the noxious principle still remains in the system, is proved by the return of paroxysm;
but

In this state to preserve an organ so essential to life, some effort becomes necessary to remove the impediment, and this effort beginning with a shivering fit constitutes what Physicians have agreed to call Fever.

If the determination is not *very general*, but confined to a small portion of the brain only, it seems to act simply as an irritating rather than an interrupting cause, the shivering fit is generally more violent, the convulsive motions more distinctly resemble those of Epilepsy, and they are often succeeded by very little heat. In such cases the shivering (or convulsive struggle) alone seems to be sufficient to remove so

but its effects are not sensible, until it has brought about some impediment to the proper distribution of the nervous influence.

The frequent occurrence of apoplexy, epilepsy, cataplexy, hæmorrhage from the nose, &c. during the first stage of paroxysm, also affords indisputable evidence of an increased determination to the head.—*Vide Chalmers on the diseases of South Carolina. Vol. II. page 4.*

flight

slight an impediment; * in the same manner that a true Epileptic Fit removes the determination which then takes place.

Why the senses are not abolished in this case as well as in Epilepsy, I do not think myself bound to explain; it may be remarked however that they are often much impaired and bewildered, and that slighter fits do sometimes occur in epileptic patients without such abolition. †

When the determination is pretty general, the shivering is often very slight, and sometimes almost imperceptible: Nature seems conscious of her inability to rout the enemy by one vigorous effort, she therefore goes a more indirect way to work, and by means hitherto not well understood excites such motions in the system as tend in their consequences to increase the action of the

* Cases I. and II.

† In the case of John Palmer, where the Febrile Epilepsy was more complete, the senses were totally abolished.—Case II.

heart and arteries, and ultimately by that means to restore the natural and proper distribution of the fluids.

In whatever way these motions are induced, they seem evidently calculated to expel something injurious out of the system, as they universally terminate in a perspiration more or less copious; which, combined with other circumstances, may be considered as an evidence of the restoration of the balance of circulation, and of the removal for the present of the proximate cause of Fever. I say combined with other circumstances, because the appearance of sweat alone is not a proof of the removal of the proximate cause, for we see that in many Fevers of the worst species, and in the worst stages of those Fevers, “profuse sweats sometimes break out without any relief to the sick;” and they may generally be considered as a symptom of great danger, not to mention the *sudor Anglicanus*. — A Fever lately prevailed in

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this

this town* and neighbourhood, in which cold, clammy general sweats, a forlorn ghastly appearance of the countenance, and a doughy œdematous appearance of the skin, were amongst the first and most alarming symptoms.

Altho' therefore a spasmodic constriction of the extreme vessels, and a dry skin, are very general attendants on Fever, (as Cullen and Hoffman have maintained) they cannot be considered as the proximate cause, since Fever may exist without them; but must be considered *as a general consequence of that cause*: and altho' in a secondary way this constriction may have a considerable share in exciting the action of the heart and arteries, yet as this ultimately depends upon, and seems evidently calculated to remove, the morbid determination to the head; and as whatever will take away that increased determination, will also *infallibly*

† Wellingborough, where the Author then resided, but was obliged to leave it on account of his health.

remove the constriction, — I think myself warranted to consider this constriction as a symptom only, and to look upon the increased determination to the head as the immediate essential cause, or *causa sine qua non* of the disease.

In the progress of Fevers, and in our attempts to remove them, it will nevertheless be necessary to attend to the degree, extent, and permanency of this symptom, because it will often afford us considerable assistance in ascertaining the extent and degree of the determination in question.

When the sweat breaks out in a regular intermittent, all the symptoms (as before observed) for the most part gradually subside; but as it seldom happens that the noxious principle is entirely expelled by a single effort, the quantity which remains again irritates our vessels, the determination to the head after some time again takes place, and when it arrives at the point of interruption, another effort be-

comes necessary to remove it; and thus the paroxysm is repeated at nearly equal distances of time from each other, until the offending cause is entirely removed, until the system is guarded against its effects, or until the disease degenerates into a Fever of the continued kind.

The time from the beginning of one paroxysm to the beginning of another is very different in different cases, and hence agues have been divided into the quotidian intermittent, supposed to return every 24 hours, the tertian every 48 hours, the quartan every 72 hours, &c.

In the former part of this Sketch I have attempted to prove that this division is arbitrary, and ill founded; and that agues return at almost every intermediate number, from eight* to ninety-six or more

* At the time of writing this I have one patient who has three distinct paroxysms in twenty-four hours, and another whose complaint returns only every fourth day.

hours, according to the greater or less *sensibility* of the system, the *quantity* or *activity* of the remote cause, or perhaps more frequently to the operation of all those causes combined.

Double tertians are considered by many writers as a distinct species of intermittent from the quotidian, because they observe a constant alternation of a severe fit on the noon of one day, and a more slight one on the succeeding evening; and Dr. Cleghorn, in his admirable Essay on the Diseases of Minorca, carries this idea so far as to conclude, that each of those fits has its own proper independent cause.

“ In double tertians (says he) the vehement fit often comes on a little earlier
 “ in each period, whilst the slight fit returns at the same hour, or perhaps later
 “ and later every other day; so that the motions of one have no influence on
 “ those of the other: from whence it appears

“ pears, that *each of those fits hath its own*
 “ *proper independent cause.*†

But let us examine if there be no way of explaining this alternation, in a more natural and satisfactory manner, than by thus improbably supposing, that two distinct essential causes of Fever should operate on the same unfortunate constitution at the same time, and that too in so neighbourly and courteous a manner, as not in the least degree to interrupt each other's proceedings.

It is worthy of remark, that the fit which occurs at noon is (as before observed) always the most violent, and seems often to be a little accelerated; whilst the evening accession is as constantly more mild, and either keeps steadily to the same hour, or is a little retarded: --- now if the two paroxysms depended upon two distinct and separate causes, how could it happen that

† Page 145.

the severe fit should in all cases occur about the middle of the day, whilst the mild fit should as constantly be deferred until the evening, which we find to be invariably the case? — Can it be imagined, that the more active cause should be so intelligent, as always to select the middle of the day in preference to any other? Or is it not more reasonable to suppose, that the same cause operates in both instances, but receives a different modification from certain external circumstances operating at each period, and in so warm a climate as the island of Minorca, § and in the month of July (when this species of intermittent becomes *epidemic* there)? Might not the influence of the sun, by increasing the sensibility or irritability of the system, and perhaps by accelerating the necessary determination to the head, give occasion to the more speedy return of the mid-day

§ I believe this species of intermittent seldom occurs in this country, having never, that I recollect, amongst a very great number of intermittents, seen this peculiar modification.

paroxysm,

paroxysm, as well as render it more severe, whilst the absence of that influence in the evening might retard the accession, and diminish the violence of the paroxysm which occurs at that period; perhaps also the more complete removal of the congestion, by the violence of the noon-tide paroxysm, might render a longer time necessary to wind up the succeeding one?--- This idea is rendered the more plausible, when we recollect that insolation or exposure to the sun often proves the exciting cause of Fever, and that it is a frequent caution given by the common people in the country one to another, not to expose themselves too much to the sun, lest they catch the ague.

Upon the whole, then, I am inclined to believe, with Dr. Huxham and others, that what has been called the double tertian, is generally nothing more than from an eighteen to a thirty hour intermittent, depending upon the same essential cause; but that the effects of that cause are somewhat

what diversified by the influence of the sun upon the noon-tide accession.

Upon these principles, by a similar mode of reasoning, all the varieties of intermittents described by Cleghorn and others may be accounted for in a tolerably natural and satisfactory manner; but as the mode of doing this will readily suggest itself to every intelligent reader, from what has been already advanced, I am unwilling to take up any more of his time in explaining those varieties in detail.

Intermittents have always a tendency greater or less to become continued Fevers: in order to understand how this is brought about, it is necessary to recollect what was formerly said in making the distinction between *sensibility* and *irritability*; that the former, in all probability, was much connected with, and depended greatly upon, an increased tension of the arterial system, and gave the moving powers a greater propen-

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sity to *act*, from a greater susceptibility of impression.

The latter, upon a flaccid state of the arterial system, occasioning a greater facility, or rather perhaps affording a slighter resistance, in the moving powers *to be acted upon*; the former predisposes the constitution to a more continued, the latter to an intermittent fever; hence we observe, that many intermittents will not bear the bark, until some evacuations have preceded.

We frequently see (says Dr. Huxham) that quotidians and double tertians (*which by the bye are oftentimes the same thing*) will not bear the bark at the beginning till the saline draughts, proper diluting attenuants, and in some cases *bleeding, purging and vomiting* have been made use of.*

And hence, perhaps, the reason why, in the plague of 1666, “ the more fat

* Essay on Fevers. Page 23.

and plump became the most speedy victims of the contagion." ‡ ---The plethoric state of the system giving a greater degree of intensity to the disease.

I do not know whether I am perfectly understood, and feeling a difficulty to express myself to my own satisfaction, I must beg the indulgence of my Reader a little longer, that I may explain myself more clearly, chusing rather to be thought prolix, than to run the risk of being misunderstood.

When the remote causes of Fever are admitted into a plethoric habit, there are two causes which would render their operation more speedy, and more continued; in the first place, from the increased susceptibility of impression, (arising from tension) slight causes may produce considerable effects:--Secondly, the vessels being already in a general state of distension, a very slightly

‡ Hodges on the Plague, by Quincey.

increased determination to the head will prove sufficient to interrupt the functions of the brain; at the same time, from a want of room in the vascular system at large, the determination will with difficulty be removed, and when removed will, from the causes above-mentioned, readily recur; --- the Fever will in this case approach more nearly to a continued form.

On the contrary, when the remote causes of Fever are admitted into a habit somewhat exhausted, their operation will from several causes be slow, from the diminished susceptibility of impression the stimulus will operate with less force, from the empty state of the vessels its operation must be continued for some time, before such a determination could take place as would materially interrupt the functions of the brain; and the intermission would be more distinct and complete, if the vigour of the system be not materially diminished; because there would be sufficient room in the vascular system to admit the
congestion

congestion within the head, to be completely and easily removed by moderate efforts, since there would be less resistance made to those efforts; and this I take to be the reason why imperfect intermittents are rendered more distinct, and perfect intermittents apparently more violent, by bleeding, purging, abstinence, and all those causes which diminish the fullness of the vessels.

Sometimes the remote cause appears so very active, as in all constitutions to produce a Fever of the continued kind:---In such cases I apprehend, the stimulus applied is so powerful as to maintain a continued determination to the head, in opposition to all the efforts which Nature can make for its removal; of this nature is probably the virus of the plague, of the small-pox, and of the more malignant kind of Fevers which occur in this country:* but be this
as

* Nay, even in these, remissions and exacerbations are often distinctly perceptible.

as it may, it is very certain that imperfect intermittents are very much disposed to run into the most alarming continued Fevers; and this probably happens in the following manner --- from a want of due power in the system, and a greater resistance to its efforts, by a plethoric state of the vessels, the morbid congestion is never completely removed, from the frequently repeated distension, the vessels of the brain become weaker and weaker at each returning paroxysm, in consequence of which, the remaining congestion becomes greater and greater, the intervals therefore are rendered shorter and shorter, until at length the return becomes so frequent as not to be distinctly perceived,

“ It was also customary (says Dr. Hodges) to meet with some cases of plague that wholly remitted for eight, ten, or twelve hours. In some cases it assumed the quotidian, in others the tertian type.”—Rogers on the Plague by Quincey. P. 100.

“ I have always observed (says Sydenham) that when the disease (small-pox) was violent, the sick had as it were a fit in the evening, and then the symptoms raged more cruelly.”—Pechy's Sydenham. P. 94.

and

and thus constitutes what is called a continued Fever.

I have thus far assumed from analogy and the reason of things, rather than proved, that an increased determination to the head is the proximate cause of Fever; but it is not on analogy alone that I rest the proofs of the reasoning employed---facts of the most striking and convincing nature, strongly countenance the opinions advanced.

Hemorrhages from the nose are often observed to take place in intermittents, and when they run to any extent, and are not (as is too often the case) injudiciously checked, seldom fail to put a stop to the disease;† as happened in the two following instances.*

† Besides this, apoplexies, epilepsies, &c. which are *known* to depend on increased determination to the head, frequently occur at the accession of paroxysm, as was formerly observed, and will be more clearly explained in the succeeding Sketch.

* Cases III. and IV.

In

In fatal Fevers of the *continued* kind, dissections also have too clearly pointed out the effects of such determination, inso-much that out of the eight dissections related by Sir John Pringle, no less than four displayed abscesses in the brain; and in *most* of them the marks of inflammation were distinctly to be traced; but as his observations upon this subject are of no great length, I shall take the liberty to transcribe the whole.

“ The bodies opened of those who died of the common hospital-fever, or of Houghton’s regiment, which had the distemper from the jails, were in all ten. In some of them, all the cavities were opened; in others, either the brain alone was examined, or the bowels. These imperfections of this part I thought proper to mention, that the accounts here given might not be considered as complete, or prevent others from pursuing the inquiry further.

“ The

“ The most *unexpected* appearances were abscesses of the brain, of which therefore I shall take more particular notice. The first I saw of this kind was at Ghent; but the man being brought into the hospital from the barracks, no earlier than two days before he died, I could only conjecture from the symptoms, and the imperfect account I had of him, that his death was owing to a fever of this kind, after lingering near a month in it. I found about three ounces of purulent matter in the ventricles of his brain; and observed that the whole cortical and medullary substance was uncommonly flaccid and tender. Nay, some of the same kind of matter was found in the substance of the upper part of the *cerebellum*: yet this person, with some *stupor* and deafness, had his senses till the night before he died, so far at least, that he answered distinctly when roused and spoken to; but about that time the muscles of his face began to be convulsed.

“ Of two other instances of men who undoubtedly died of this Fever, in one, the *cerebrum* was suppurated; in the other, the *cerebellum*. In the former case the patient was under a *stupor*, with deafness from the beginning, but was never delirious, nor altogether insensible. His pulse sunk early, and about ten days before he died, his head began to swell, and continued very large till within two days of his death, when it subsided a little. For several days before his end, he would taste nothing but cold water; and during his illness he lay constantly on his right side. --- The head being opened, an abscess as large as an egg was found in the substance of the fore-part of the right hemisphere of the brain, full of thin matter like whey. At that time five more, ill of the same fever, had the like swelling of their heads, but recovered.* This extraordinary symptom I never observed before, nor since. In

* This happened at Inverness, and all, or most of these men, were of Houghton's regiment.—See page 45 & 46.

the other case, the abscess in the *cerebellum* was about the size of a small pigeon's egg, and contained also a thin ichorous matter; nor had this patient been ever so thoroughly insensible as not to answer reasonably when spoken to. Two days before he died his urine turned pale. Both these bodies were opened by Mr. Breach, apothecary in Southwark, then a mate in the hospital.

“ But suppurations in the brain were not constant; for another who died about this time, and had been ill about the same number of days, with the like symptoms, the pale water excepted, had no abscess either in the brain, or *cerebellum*. And two were opened afterwards, in whom the cortical substance of the brain had an inflammatory appearance, but no suppuration.-- In one of them, the large intestines were corrupted: that man went off with a looseness; and just before his death, he had a discharge of an *ichorous matter from his nose*. In the military hospital at Ipswich, one who unexpectedly died of this fever,

after having been once in a fair way, had no suppuration in his brain. And about that time Dr. Clephane informed me, that he had seen the head of another opened, who died after an abscess in each of the orbits; that he had found the brain flaccid, and about two ounces of a thin *serum* in the ventricles; but that neither of these two bodies had been farther inspected.

“ I shall not enter into a description of other particulars in these dissections, tho’ I have them written at length, as it may be sufficient from what has been said to draw the following conclusions.

“ That, as there is a visible tendency to putrefaction through the whole course of the illness, it generally terminates, when it proves fatal, either in an actual mortification of some part, or in an abscess of the brain, often ichorous. That the intestines more particularly are disposed to mortify; as few die without cadaverous and involuntary stools: and from an observation

tion which we made, of the *petechiæ* not appearing till after death, it seems reasonable to conclude, that those spots are owing to a resolution and a corruption of the blood. The offensive sweats and smell of the body, before death, are a further argument for what is now advanced. And as to the abscesses, so often found in the brain, the ichorous kind may be considered as a species of mortification proper to parts of that texture; and from the preceding cases, it seems probable that these suppurations *are not rare occurrences in this fever.**

“ From the inflamatory appearance of the brain, without suppuration, we may account for the same remedies having sometimes opposite effects. For though in the advanced state wine and cordials

* From the numerous dissections of those who died of the last plague at Marseilles, it appeared that some of the *viscera* were always mortified and inflamed, and that the brain and lungs were most frequently affected in that manner.—*Traité de la Peste*, part. i.

are often the best medicines, yet there are some who cannot take them without increasing the *delirium*: such therefore have probably some more inflammation than usual about the brain.

“ The last observation which I shall make upon the dissections is, that the evident tendency of this fever to putrefaction reduces it to the pestilential class of diseases; as all of that kind are distinguished by a prostration of strength, sunk pulse, dejection of spirits, putrid sweats and stools, *petechiæ*, and other marks of corruption.

“ These are the inferences which we may reasonably draw from the examination of the bodies. But from thence to ascertain the first morbid cause, where the effects only are seen; or to account for all the varieties of this fever, would be too great an attempt from such materials. Nor would it be just to propose our method of cure as deduced from the dissection of those who died, since the most successful
part

part of it was taken from the observations of others, or from trials of my own, preceding most of the examinations of the bodies mentioned." *

I am well aware, that the dissections of the candid, accurate, and judicious Cleg-horn,† exhibited no instance of suppuration of the brain, and seem therefore to contradict the opinion I have advanced; but it must be remembered, that the fevers he treats of were all of the intermitting kind; and that the congestion, therefore, did not continue long enough to produce suppuration; so that death seems to have taken place, in these instances, rather from the exhaustion of the nervous or vital influence, than from the destruction of the organ preparing it; to which cause also may probably be ascribed the speedy putrefaction of the abdominal viscera.

* Pringle's Diseases of the Army. Page 300, et sequent.

† Diseases of Minorca. Page 165.

Nor do the dissections related by Morgagni afford any proof of the principles I have adopted; but as the head was not opened in any of these, they lead to no conclusion whatever respecting the immediate cause of fever,

F E V E R.

C A S E I.

Miss M. aged twelve years, the promising and only hopes of an amiable and honourable pair, having been to all appearance cured by saline draughts of an imperfect intermittent, with which she had been some time affected, was directed to strengthen the habit by a decoction of camomile flowers and zedoary, by which the cure of her slight indisposition seemed to be confirmed: after some days, however, she was seized, about one o'clock in the afternoon, with a sense of coldness, succeeded

ceeded by chattering of the teeth, and violent agitations of all the limbs, resembling, during their continuance, a most violent cold fit of an ague, but so far differing from it, as to admit of complete suspension for some minutes, and then return with great violence; and this alternation continued for three hours. At the instant of seizure her face was very pale, but soon became flushed, and continued so during the whole process: her skin was hot to the touch, and bedewed with a gentle moisture, her pulse quick, steady, and not hard; her senses for the most part unimpaired. She was aware of the approach of the convulsions, and expressed her fears of them by moanings and tears; and when asked by what kind of sensation she knew of their approach, she said, it seemed as if something had surprised her; as a robber leaping out of a bush, or something of a similar kind.

About the middle of each paroxysm she burst into a fit of crying, soon after which

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the convulsive motions left her, although the idea of them, and their effects, seemed strongly impressed upon her mind.—For when they were entirely off, she could not be persuaded but that the bed shook under her, although she lay perfectly still: in a few minutes the convulsive shiverings came on again, though gradually less and less violent, and at more and more distant intervals, until at the end of about three hours they went off altogether, when she fell asleep, and in about an hour awoke, free from any complaint.

At the distance of about forty-four hours the paroxysm returned, with nearly the same symptoms, and, after three or four repetitions, went off without any other medicines than the saline draughts.

This young lady has several times since been affected with febrile complaints, in which the above symptoms more or less appeared.

C A S E

C A S E II.

John Palmer, aged ten years, was, on the first of March, 1782, seized with an ague, which returned every twenty-one hours: it continued to affect him thus every day, until the 26th, when he was attacked at the febrile period with violent epileptic fits, the most distinctly marked of any I have ever seen: he first complains of the same sensation of chilliness as if his ague was coming on; presently after he feels a violent pain in both feet, as if they would drop off; this pain, and this sensation (of dropping off) gradually ascend to the head, when he is immediately seized with the convulsive motions; these continue violent for the space of two or three minutes, during which time he is totally senseless---his head, his legs and arms are most violently agitated with convulsions, towards the end his face is much elongated and distorted, his mouth stretched wide open, his eyes drawn upwards, so that no-

thing but the white appears; and now the whole goes off with a deep sigh.

At the distance of five, ten, or fifteen minutes the same process is repeated, and thus the paroxysm continues for the space of two or three hours; it then goes off entirely, *leaves no fever* behind it, and does not return until the accustomed period.

At six years of age he had the small-pox, which were ushered in by an epileptic fit; he had another at the turn of the disease, but, until the present seizure, has since experienced nothing of them. Upon a large blister being applied to his head, he escaped the fit for that day.

Finding his pulse rather hard and full one day when in the fit, after he had suffered three repetitions of his struggles, I took off blood to the quantity of six ounces, upon which that day's fit went off entirely, ---- having lasted only about
twenty-

twenty-five minutes, and in a few days was completely overcome by the bark, &c.

C A S E III.

John Moulton, aged twenty-five years, had been affected with an intermittent for the space of six months: he had taken a great variety of the common remedies to no purpose, and on the 18th of October, 1781, applied to me; --- I ordered him to take an emetic at the end of the cold fit for two succeeding paroxysms, and two scruples of bark with snake root and salt of tartar, every two hours during the interval. He complied with my directions; but on the 21st he was seized, at the accustomed period of febrile accession, with a bleeding at the nose, which continued, in spite of every effort to restrain it, the greatest part of the night, and returned at the usual period of attack for several days afterwards: he had not once missed his ague before the bleeding came on, he omitted the

the bark from the time of its occurrence, and although he took no other medicine than the tinct. rosar. he had not the slightest return of the disease.

C A S E IV.

Miss Coles, aged seventeen years, had been affected with an ague seven months, during which time she had taken a great variety of remedies, and had once experienced a month's respite from the disease, but it then returned with increased violence; on the 29th of January, 1782, she applied to me on account of her being seized at the period of febrile accession with a profuse bleeding at the nose; suspecting, from the preceding case, that this was an effort of Nature to relieve her, I made no attempt to stop the bleeding, but administered a *placebo*, to quiet the minds of her parents; the bleeding, therefore, which ceased of itself, after some ounces had been lost, continued to return nearly at
the

the usual period until the 5th of February, after which time she had no farther return of her complaint.

C A S E V.

James Read, aged thirty-six years, during the spring of 1782, had been afflicted with a quotidian intermittent, which resisted every remedy the common people make use of, but at length gave way to the summer's heat. On the 27th of October he was affected with a pain and heaviness of his head, and those kinds of feelings which usually preceded his ague, soon after which his nose began to bleed, which continued to flow until about a pint had been discharged, and then went off. The two succeeding days the bleeding again returned nearly at the same hour, amounted to about the same quantity, and then went off. At this time he applied to me; as he was a good deal weakened by the quantity of blood he had already lost, I was afraid to
trust

trust the continuance of the hæmorrhage any longer: I advised him, therefore, to take the bark largely in the interval, which being complied with, he had no farther return of his complaint.

I consider this case as a striking proof of increased determination to the head as the proximate cause of Fever; although it is not clear, that in the present instance it proved its own cure; but as the bark so speedily succeeded *after* the bleeding, in a case which proved so obstinate *before*, I am disposed to ascribe a considerable share in the cure to the evacuation.

SKETCH

S K E T C H III,

A P O P L E X Y.

AS I am addressing persons acquainted with the History of Diseases in general, I conceive that the term APOPLEXY is already well understood, -- that it is employed to denominate a disease, in which all sense and voluntary motion is suddenly suspended, the breathing is laborious, protracted, and snoring, the patient seemingly in a profound sleep, from which *no stimulus can rouse him*; whilst the pulse continues natural, or is stronger than before.

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The

The causes have been divided by authors into the predisponent, the occasional or exciting, and the immediate.

The predisponent causes are said to be, a plethoric state of the system, an anasarous or leucophlegmatic habit, and a peculiar conformation of the body, viz. a large head, short neck, and great corpulency. — Apoplexies do however sometimes occur in persons of a very different structure.

The occasional, or exciting causes, generally enumerated, are, violent exercise, immoderate passions, intoxication, or any cause which can increase the determination of blood to the head, or interrupt its return from thence to the heart.

The immediate cause is almost universally represented to be a surcharge of blood in the vessels of the brain, or an extravasation of blood, or of serum, within the cavity of the cranium; according to which
idea,

idea, Apoplexies have been divided into two kinds, the ferous and the sanguineous Apoplexy.

It is not my intention to dispute the agency of either of these causes, as I am persuaded both from reasoning, from experience, and from dissections, that they all have at times their share in producing the disease: --- All that I shall attempt to maintain in the following Sketch is, that they probably do not operate so frequently as has been generally imagined; that extravasation is more frequently the effect, than the original cause, and that there is another more frequent cause of apoplectic seizures than has been generally taken notice of. I am the more readily disposed to pursue this idea, because it leads me to some hopes of removing the disease when present; for if we confine our idea of the proximate cause of Apoplexy to extravasation alone, I believe there are few reasonable Physicians, who would entertain very sanguine hopes of their patient's recovery;

yet perfect recoveries from apoplectic seizures do sometimes happen, and their resolution into palsy of long continuance is by no means unfrequent; -- this could scarcely take place in cases of real extravasation, without the operation of the trepan.

The causes above enumerated likewise do indeed explain very well the manner in which Apoplexies, from vigorous exertion either of body or mind, may be brought about; but in this way they are always to be considered as *sporadic* diseases, and we can see no reason upon this principle, except perhaps excessive heat, or sudden changes of the weather, why they should occur in a greater number of instances at one particular season than at another, nor does this reasoning well explain how Apoplexies take place in persons sober and moderate in their manner of life, when disengaged from any violent exertion of the body, and unruffled by any great perturbation of mind; yet this disease does frequently happen to such persons, in such circumstances

circumstances, without any previous notice, often in bed and at perfect rest: and I have constantly remarked, that when I have been called to one apoplectic patient, I was almost certain to be desired to see several others in a short space of time,* so that Apoplexies have often seemed to me to be in a certain degree epidemic.

I could not help attributing this frequency at particular periods, within my own mind, to some general cause floating in the atmosphere; although I could form no idea of what that cause was, or in what manner it produced its effects: I therefore noted the situation of my patients, their structure, their peculiar mode of life, the diseases to which their progenitors and connections had been liable, and the diseases which prevailed at the time; but I could gain nothing from my enquiries except this, that (so far as I can recollect) in *every instance* Fevers of

* I have on more occasions than one been called to three apoplectic patients in the same day.

one kind or other did then, or had lately prevailed in the same house, or at least in the same village; but still I was as much at a loss as ever to account for the remote cause; altho' I could not help suspecting that it was somehow or other connected with the remote cause of Fever; and since the foregoing reasoning on Epilepsy and on Fever suggested itself to me, this idea has gained farther strength upon my mind; so that I am now very much inclined to suspect, that altho' some few cases of sporadic or accidental Apoplexy may, as before observed, possibly take place, yet that this disease in a general way depends for its remote and occasional cause on the same principle which constitutes the *essential* cause of Fever; and in this opinion I am still more confirmed by observing, that the most faithful Medical Historians have constantly remarked, that many people die suddenly during the general prevalence of most epidemics; that an apoplectic state often accompanies the cold stage of intermittents; that as long ago as the days of Hippocrates,

Hippocrates, a Fever succeeding Apoplexy was considered as a favourable symptom; and more especially also by the occurrence of the following, and many similar cases, which may serve as examples of the intimate connection which frequently subsists between the two diseases; and to prove, as far as medical reasoning will generally admit of proof, that Fever and Apoplexy (in many instances at least) differ in degree and permanency, rather than in kind, as to the nature of their proximate cause.

Mrs. Hardwick, aged seventy-five years, of a robust constitution, on the 20th of June, 1782, was seized with an apoplectic fit about eleven o'clock in the forenoon, in which she fell senseless on the floor; in about half an hour I saw her, when she had in a very imperfect degree recovered her faculties, and was able to sit up in a chair; her eyes were exceedingly dull and heavy, she kept continually picking her apron as if she saw something upon it, her hearing was very imperfect, a thin rheum
distilled

distilled from her nose, and she gave very indistinct answers to the questions which were asked her. I immediately took off ten ounces of blood from the arm, gave her a strong dose of ipecacuanha and emetic tartar, and directed, if she had no stool by the evening, that a stimulating glister should be given. The emetic operated very briskly, soon after which a general warm perspiration came on, and her senses in the course of six hours were nearly restored; during which time she had a copious stool. I desired she might take two scruples of valerian every two hours, in four spoonfuls of water, with half a dram of spirit of lavender: she took a few doses, but being of a very obstinate disposition, and finding herself tolerably well, absolutely refused to take any more. She continued pretty well all the next day, but at eight o'clock in the morning of the 22d the apoplectic fit returned, and as she had refused to take any thing while she remained sensible, those about her were not willing that any thing should be done in the fit; she continued
therefore

therefore perfectly insensible for near five hours, when her senses gradually returned, leaving her much in the same state, tho' somewhat weaker than in the preceding intermission. On the 24th, about five in the morning, the fit returned again,---she remained insensible for about seven hours, and then it gradually went off as before. And thus the Apoplexy continued to recur every forty-five hours, remaining longer at each repetition, and leaving the patient weaker and weaker until the 28th, when she died in the fit.

On the 25th of June, 1780, I was desired to see Mr. Robison, aged twenty-five years; he had been affected with the prevailing intermittent for about ten days, the fit returned every other day, and during the cold stage of it he was affected with such a numbness of the right side of his body, as deprived it of both sense and motion; this symptom was so much increased, that when I saw him he could neither feel when I pinched him very hard,

nor move either his leg or arm in the smallest degree; his tongue also was so much affected, that he could scarcely articulate so as to be understood, and his mouth was drawn to one side.

He had taken an emetic, the bark was therefore administered freely as soon as the fit went off, which prevented any farther return of his complaint.

This connection has been constantly remarked by Physicians, altho' no practical use seems to have been made of the observation; for Apoplexy and Fever appear still to be considered as perfectly distinct diseases, and are placed by the best modern nosologists in different classes: * Yet I am firmly persuaded, from what has been said before, that all the difference which takes place between them frequently consists in this, that when the efforts of the *Vis Mediatric Naturæ* are sufficient to raise a fever

* Indeed, in an arrangement according to symptoms, this was unavoidable.

in the apoplectic state of intermittents, the disease, as in the case of Mrs. Hardwick, still retains the name of an Ague or Intermittent Fever; but when those efforts are not equal to the accomplishment of this purpose, the complaint then acquires the name of Apoplexy; and Physicians seem until very lately to have sat down contented under the idea that Apoplexy is Apoplexy, rather than to seek for any difference (except in their division into serous and sanguineous) there might be either in their remote or proximate causes. * — From these considerations, I say, I am induced to believe that the proximate cause of Apoplexy is generally the same with the proximate cause of Fever, a morbidly in-

* Those instances of Apoplexy which are long preceded by vertiginous affections are much less frequent than sudden seizures; and even these, as well as vertigo itself, will in an extensive practice always be found to occur in groups, and generally (perhaps always) in a febrile state of the atmosphere.—As to those which come on gradually in aged leucophlegmatic habits, forming a kind of *hydrocephalus internus*, they are here out of the question.

creased determination to the head, occasioning an impediment to the proper distribution of the nervous influence; only that in Apoplexy the impediment is more universal and considerable than it is in Fever; and from some cause or causes not at present well understood, Nature is incapable of exciting such motions in the system as are necessary to remove the offending cause; or, in other words, she seems to be so overwhelmed by the *universality* of the oppressing power, that she cannot excite that reaction of the system, which constitutes what is called Fever. This inability, however, admits of different degrees of duration, according to which the Apoplexy is more or less permanent; thus in some cases it continues only during the cold fit, as in the cases above related; in others it continues some days, when a Fever succeeds, and then, agreeable to the following observation of Hippocrates, the patient frequently recovers.* In other instances it con-

* A person, to all appearance in perfect health, is suddenly seized with a pain in his head, he immediately becomes

continues somewhat longer, but then very speedily and inevitably proves fatal, or degenerates into a chronic affection of one side, called an *hemiplexy*, or palsy, under which the patient, having recovered more or less the use of the other side, does in some instances drag on a miserable existence for a considerable length of time; but very rarely indeed recovers his former intellectual or bodily health.

When this idea of Apoplexy and Palsy originally occurred to me, there appeared at first sight two objections, which seemed then insuperable:---The first was, how so considerable an impediment to the proper distribution of the nervous influence could exist for so great a length of time as we

becomes speechless, snores and yawns, is perfectly insensible, makes involuntarily a good deal of water, and when spoken to or shaken answers only by groans.—If a person in this state is *not seized with a fever*, he dies within seven days, *but if a fever comes on*, he for the most part recovers.—*De Morbis*, cap. vii. edit. Charter. tom. vii. p. 558.

observe

observe palsies to continue, without proving fatal. --- The second, seeing that the cause of fever still continued to exist within the constitution, how could it happen that a farther and fatal accumulation did not take place. These difficulties, however, seemed upon reflection to admit of a tolerably satisfactory solution.

We have hinted before, that Apoplexy seems to differ from Palsy chiefly in this, that in Apoplexy the whole brain is affected, in Palsy only one part of it; and that an Apoplexy continuing for any length of time must inevitably prove fatal.

Now to obviate as far as possible such a catastrophe, Nature seems kindly to have provided, that the seat and source of all our sensations and actions (the brain) should consist of two distinct and complete parts, *each part* extending its influence to the *organs more immediately essential to life*, the heart, arteries, lungs and intestines; whilst the influence of one part only should be
com-

communicated to the organs of voluntary motion, by which contrivance the vital organs continue their functions, notwithstanding there may be an almost total impediment to the proper action of *one part* of the brain; but sensation and motion in the voluntary organs (*these not being immediately essential to life*) continue on that side of the body only, whose corresponding part of the brain remains uninterrupted: hence when such a general interrupting accumulation takes place, as must do to occasion Apoplexy, the first effort of Nature seems to be, to remove the impediment by exciting a Fever; but being unable to accomplish this desirable purpose, she has yet one other resource, and this is to attempt to throw the whole impediment on one part of the brain, and in this she frequently succeeds, by which means life indeed is for a time preserved, but at the expence of one half of our bodily, and perhaps an equal proportion of our mental faculties likewise; or rather, perhaps, if the idea of the distinct and complete nature of each hemisphere of the brain be true,

true, the accumulation may either not be so great on one hemisphere as on the other, or perhaps from some causes not easily explained, one of them may be enabled to make such exertions as are sufficient to overcome the impediment, and thereby to recover its proper functions.

And this affords an additional argument to prove, that those Apoplexies at least which immediately resolve into Palsy, those which intermit, and those more especially which speedily terminate in health, do not depend upon effusion or extravasation for their proximate cause; for since all the ventricles of the brain communicate with each other, any fluid, especially those of the pituitous and uncoagulating kind, effused internally, would in all probability operate sometimes on one side of the brain, sometimes on the other, according as the patient happened to be laid either on his right or on his left side; and the paralysis would sometimes affect one side of the body sometimes the other, according as

the pressure was exerted on the corresponding side of the brain.

If the fluid was extravasated externally to the *dura mater*, between the *dura* and *pia mater*, or between the *pia mater* and the brain in sufficient quantity, and so generally extended, as in the first instance (which for the most part happens) to occasion Apoplexy, how could it possibly be taken up so suddenly and so completely on one side of the brain, as immediately to convert the disease into what it very frequently is converted, a state of Palsy?

The reason why the accumulation is not renewed I imagine to be the following--- when speaking of the action of the remote cause of Fever in inducing the proximate cause, page 108.

I observed, (“ and thus the paroxysms
“ are repeated at nearly equal distances of
“ time from each other, until the offend-
“ ing cause is entirely removed, until the

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system

“ *system is guarded against its effects*, or until
 “ the disease degenerates into a Fever of
 “ the continued form”) and we shall here-
 after, in the practical part, have occasion
 to observe, that as we have it not gene-
 rally in our power immediately to *expel*
 the offending cause, it is our duty in the
 cure of Fevers to guard the system against
 its effects. Now what we should attempt
 to do in Fever by medicines, Nature seems
 to accomplish in palsy of her own accord;
 for altho’ the immediate oppressive cause
 appears to be removed from one part of the
 brain, yet the sensibility of the whole sys-
 tem seems to be diminished in so consider-
 able a degree, as to render it insuscepti-
 ble of those impressions from the stimulus
 of the remote cause, which are necessary
 to induce the morbid determination, —
 and therefore no fresh accumulation takes
 place.

In this manner I conceive these difficul-
 ties to be in a certain degree overcome;
 but after all it must be confessed, that all
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the reasoning upon this obscure and intricate subject, and more especially the latter part of it, is to be considered as purely hypothetical; yet it seems to me notwithstanding to carry with it a species of internal evidence, not easily to be controverted or rejected; it receives such support from the reasoning advanced on Epilepsy and on Fever, and in return reflects so much light on the theory of those diseases, that I consider the whole chain of reasoning on Epilepsy, on Fever, on Apoplexy, and on Palsy, as so many pleasing illustrations of each other; they depend for their fallacy or truth upon the same general principle; and, I believe, they will stand or fall together.

It was my original intention to proceed immediately to offer some Observations on the Cure of the above-mentioned Diseases, as connected with experience, and the reasonings advanced, in hopes to deduce from them methods of cure not altogether new, but less complicated and more energetic than those commonly employed; but re-

collecting that *practical* observations, coming from a young and obscure Practitioner, supporting and supported by an hypothesis which has for its object a kind of revolution in medical reasoning, might appear incompatible with that modesty which ought ever to accompany a love of Science, and with that respectful deference which is ever due to superior abilities, and to greater experience, I shall for the present take leave of my Reader, promising, if health permits, to resume my pen as soon as the candid criticisms of ingenious men shall enable me to correct those errors into which, in an enquiry of this intricate nature, I must unavoidably have fallen; or until their silent approbation shall enable me to proceed with proper delicacy, and a prospect of success; in the interim adopting most feelingly the sentiments of Tully:

*Homines ad deos nulla re proprius accedunt
quam salutem hominibus dando.*

N. B. I could have adduced many other arguments drawn from facts, recorded by numerous respectable Writers, in support of the reasonings advanced; but as I have not the most distant wish to erect any Hypothesis which has not its foundation on the solid basis of incontrovertible facts, I chose to rest my arguments *chiefly* on cases which came under my own observation in the course of seven years experience,* and which therefore I apprehend are not unfrequent in practice.

* This experience, I must confess, was very extensive; so much so, as to sap the foundations of a constitution not formed by Nature upon her most robust plan.

POSTSCRIPT.

LONG after the preceding SKETCHES were in their present form,* Doctor Jones's Enquiry into the State of Medicine made its appearance, exhibiting a seemingly imperfect sketch of a system of medical reasoning, adopted and supported at Edinburgh by Dr. Brown, in which some opinions are maintained, respecting the Theory of Fever, which militate with the opinion I have advanced, and render it ne-

* All the alteration they have undergone since the year 1780, is the exchange of a few of the Cases for others which occurred afterwards, and which seemed more strictly in point.

cessary that I should endeavour to remove the objections, lest it should be imagined by the followers of the new doctrine, that it is invulnerable. But that what I shall advance may be clearly understood, it will be necessary to take a concise view of Dr. Brown's general principles.

So far as I can understand from the work before us, Dr. Brown considers the animal as a sensitive, but not as a perfect, Automaton, or self-acting machine; that it is capable of being acted upon by various stimuli, but without their application would for ever remain inactive:--in other words, take away every stimulus and life, or at least all action, would immediately or soon cease.

This property of the animal body he calls its *excitability*, and he estimates the degree of *excitability* by the quantity of effect produced by a given stimulus. A tooth coming thro' the gum, for example, will even in a grown person occasion a
good

good deal of pain, but in the tender infant the same stimulus will excite violent convulsions: Excitability is greater therefore in the infantile, than it is in the adult state. --- Upon this idea Dr. Brown erects a whole system of medical reasoning, in pursuing which he comprehends all diseases under two classes only, viz. those which depend upon too great, and those which depend upon too small a degree of excitability: -- the former he calls the *phlogistic*, the latter the *asthenic* class of diseases.

Consonant to this idea also he reduces all the indications of cure to two simple propositions.

First, to increase excitability where defective.

Secondly, to diminish excitability where it prevails to excess.

The first indication is sometimes to be fulfilled by the exhibition of what he calls
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the more quickly diffusible, sometimes by the more permanent stimuli, and sometimes by the conjunction of both, according to the degree or permanence of the torpor existing at the time.

The second, sometimes by the negation of particular stimuli, and at others by the negation as far as possible of all stimuli whatever; for according to the above idea of the natural inactivity of the animal machine, Dr. Brown deduces as a necessary consequence, that all substances capable of producing any effect upon that machine stimulate; ---or in other words, that all medicines whatever must be considered as stimulants.

I should be sorry to have misconceived, and still more to have misrepresented, Dr. Brown's opinions; but as far as I can judge from this incoherent publication of Dr. Jones's, or from Dr. Brown's Elements, I believe the foregoing to be a fair general view of his hypothesis.

Y

I shall

I shall now proceed to make a few concise observations upon the whole.

With regard to the first idea,--that the animal body is not a self-acting machine, I apprehend that it is an opinion in the University of Edinburgh neither new nor peculiar to Dr. Brown---If I mistake not, the venerable and ingenious C——n long ago delivered an opinion, “That could we remove all stimuli--as light, sound, heat, &c. (I speak from recollection) all action, and perhaps life itself, would immediately, or soon cease.”*

As to the opinion that all the substances of the Materia Medica stimulate, I believe it has never in reality been disputed by any one; that is, that they produce their effects by some positive operation on the system: and what is a positive operation, when applied in a physiological or therapeutical sense, but a stimulus?

* Physiological Lectures. M. S.

Opium, for example, in a proper dose, generally induces sleep, and eases pain; it has therefore been called, and seemingly not improperly, a sedative or quieting remedy; yet no reasonable Physician I believe ever doubted that this was the ultimate effect of a peculiar stimulus originally exerted on the stomach, although it has been found convenient, for the sake of distinction, to divide remedies into different classes, and to call some stimulant, others sedative, &c. according as they ultimately either increase or diminish the apparent activity of the nervous or vascular systems.

Ipecacuanha, emetic tartar, and some other substances, in a sufficient quantity, occasion sickness, nausea, and *debility*, and therefore may be called nauseating and debilitating powers; but no one questions that these are the ultimate effects of an original stimulus first exerted on the stomach.

In order then to distinguish these substances from each other, we must, upon the *Brunonian* principles, call them *debilitating* stimulants, *sedative* stimulants, *tonic* stimulants, &c. which seem to be as clearly discriminated by the more concise terms already employed.

With respect to the last opinion, that all diseases may be usefully comprehended under two classes: the various *phlogistic* and *asthenic* modifications of the same disease (to use Dr. Brown's own terms) in the same person, in its different stages, render it too general by far for practical purposes.*

Nosological arrangement, altho' greatly improved by the systematic genius of a Cullen, is not yet perhaps arrived at all

* Nay, a phlogistic disease may exist in one part, whilst an asthenic disease may exist in another part of the same constitution at the same time. — Vide Sketch on Epilepsy, p. 34.

the perfection of which it is susceptible :
 — but as this is a discussion foreign to
 my present purpose, I shall conclude with
 a few observations on that part of Dr.
 Jones's work, which is more immediately
 connected with my present subject : --- I
 mean, the Brunonian Theory of Inter-
 mittents.

“ But the hot fit, (says he) which is
 a distinguishing part in their course, has
 never been looked upon as depending upon
 debility. Its resemblance to the state of
 the body taking place in that form of
 phlogistic disease has been the circum-
 stance which chiefly misled Physicians,
 they” (*poor numskulls!*) “ have at no time
 possessed *so much philosophical turn*, as to
 have been in any condition to discern false
 appearances from real states : on the con-
 trary, their propensity to mark so many
 real differences of morbid state, as their
 histories furnished of apparent ones, has
 been the chief cause of the immense vo-
 lumes of Diagnostics, and of late, of all
 the

the nosological distinctions, which have distorted the pathology, and perverted the practice of Physic; a glaring example of which we have in the present case: but we assert that the hot fit of intermittents is the same in kind with the cold one, differing only in this, that the debility which is their common cause undergoes some *diminution* in the hot fit, *while at the same time it is still debility*--the proof of this is incontrovertible: a state of debility constitutes the cold fit, which we are warranted to conclude from the whole concurrence of symptoms, as well as from the known *debilitating effects* of the several *exciting* powers, § the consideration of which, as our book is swelling in our hands, we must dispense with here, referring our reader to the new doctrine where this fact is proved. Another argument for the hot fit

§ These are the debilitating or *sedative* stimuli applied, “communicating (in the Brunonian language) a *deficient stimulus*.”

In like manner, when a Surgeon amputates above the elbow, he operates by *communicating to the patient the deficiency of an arm*.—Vide Jones’s Inquiry, p. 70.

depending

depending on debility, is its being preceded by the cold one; for if the cold fit, as has been proved, depends upon debility, it is inconsistent with the nature of things that its effect will be increased action or excessive vigour, a state diametrically opposite to that which the cause is suited to produce.* Physicians have had recourse here to their paradoxical notion, that the living system has a power, when the ordinary cause of excitement is diminished, to increase it and produce it in a higher degree than the ordinary cause can do from its own internal energy. This idea has been sufficiently refuted: it is a piece of Stahlism set aside with the refutation of that doctrine."

Thus far Dr. Jones.—Now, if what I have advanced in the preceding Sketch on

* How are we to reconcile this with Dr. Jones's Observation, that 'the debility undergoes some diminution in the hot fit,' how is this increase of strength brought about? According to his principles, the debility should be increased in this stage.

Fever be true, the predisponent cause often consists in an excess rather than any defect of excitability, and the essential cause in a *stimulant* rather than a *directly debilitating power*.* But Dr. Jones says, every phenomenon proves the *cause* of the cold fit to be debility; and certainly no one will pretend to deny, that great weakness always *accompanies* the cold stage of Fever; but if the foregoing reasoning be just, this debility is of a negative kind, depending upon a temporary impediment to the *due preparation, the due distribution, or both of the causes, of strength*: debility appears, therefore to be an *effect*,† not in any sense the *cause*,

* I don't know how to guard my language here: If I say the essential cause is a stimulus, so it is says Dr. Brown, but it is a *debilitating* stimulus: If I say it is a sedative, there is no such thing says Dr. Brown.

† This appears very evidently from hence, that altho' an intermittent may have affected a patient for many weeks, nay for many months, no very remarkable degree of debility takes place, and he is during the intervals capable of following his wonted employments; but let this degenerate, as I have often seen, into a remittent

cause, of Fever, the *concomitant* merely, and *not the occasion* of the cold fit.

Dr. Brown and Dr. Jones laugh heartily at the idea of a *Vis Medicatrix Naturæ*: “It is a piece of Stahlianism (say they) set aside with the refutation of that doctrine.” But I ask by what other phrase they would distinguish that power which effects the *spontaneous* removal of an intermittent paroxysm, and the debility by which it is *accompanied*? such removals do frequently take place, they could not take place without some cause, that cause is evidently friendly to the system, it exists within the constitution itself, and therefore, whether it be a piece of Stahlianism or not, seems fairly entitled to the appellation of the *Vis Medicatrix Naturæ inherens*; without which power, I am firmly

or continued Fever, *petechlæ vibices*, the most extreme debility, and every mark of putrefaction, presently make their appearance; and in a very few days, if the utmost skill and attention be not interposed, the patient inevitably expires.

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persuaded,

persuaded, that the more quickly diffusible, or even the more permanent stimuli of Dr. Brown, would be of little avail in the cure of diseases.

Is there not also a more distinct evidence of this power in the reunion of fractured bones, and in the renovation of flesh in wounds attended with the loss of substance? Can any man join a broken leg, as a carpenter mends the leg of a stool? Or can we glue on a number of vessels, to fill up a *solutio continui*, in the manner which Nature does, when not interrupted by bad surgery?

Unless the *Brunonians* have already recovered (what from their clear, concise, *modest*, and elegant mode of philosophizing sooner or later they must recover) that inestimable Balsam of Fierabras, so highly extolled by their illustrious predecessor, the valorous Knight of *La Mancha*.§

I say.

§ “ Sancho, (says Don Quixote) If at any time thou happenest to see my body cut in two by some unlucky

I say, if they have not already recovered this most precious composition, too surely we cannot.

And, *in the interim*, to what other power can we look for these salutary effects, but to one resulting, by an almighty *fiat*, from the constitution of our nature, and therefore not improperly termed the *Autoparens*, or *Vis Medicatrix Naturæ*.

Upon the whole, Dr. Brown's fundamental error in the Theory of Fever, appears to be the same with Dr. Cullen's, --- that of conceiving the remote cause to operate as a sedative (I should have said a *debilitating stimulant*) power directly upon unlucky back stroke (*as is common among us Knights Errant*) thou hast no more to do but to take up nicely that half of me which is fallen to the ground, and clap it on exactly to the other half of me on the saddle, before the blood is congealed; always taking care to lay it just in its proper place: then thou shalt give me two draughts of that balsam, and thou shalt immediately see me become whole and sound as an apple! --- Vide Ozell's Don Quixote, vol. i. p. 71.

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the brain, without previously entering the circulation. If this be his opinion, I refer him to the arguments employed against Dr. Cullen's Theory, p. 70, et sequent.

That we may with safety and advantage carry the exhibition of stimulants (I do not mean *debilitating stimulants*) to a greater extent than has been commonly supposed, there is perhaps very good reason to believe, and the Public are indebted to Dr. Brown and Dr. Jones, for having insisted more strenuously on this point than any preceding writer: --- yet it seems by no means clear, that any general law has hitherto been discovered, by which their administration can be safely regulated: In Medicine, as well as in Declamation, we must take care that we “o’erstep not the modesty of Nature;” the whole must still rest upon a careful, a *modest*, and a well-regulated experience, constantly observing the *suaviter in modo*, yet never forgetting the *fortiter in re*.

What

What has here been opposed to the Inquiry of Dr. Jones, will apply with equal force to the more respectable performance of another *Brunonian*, (I mean only so far as relates to the Theory of Fever) Dr. Dickinson; † and I apprehend that Dr. Gardiner ‡ will, upon more mature deliberation, abandon his idea of the repeated periodical secretion of phlegm and bile as the proximate cause, and its re-absorption as the temporary cure of intermittent paroxysms, independent of the *continued* operation of the remote cause.

† Inquiry into the Nature and Causes of Fever.

‡ Observations on the Animal OEconomy.

(TO BE CONTINUED.)

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