Medical sketches / by George Kerr.

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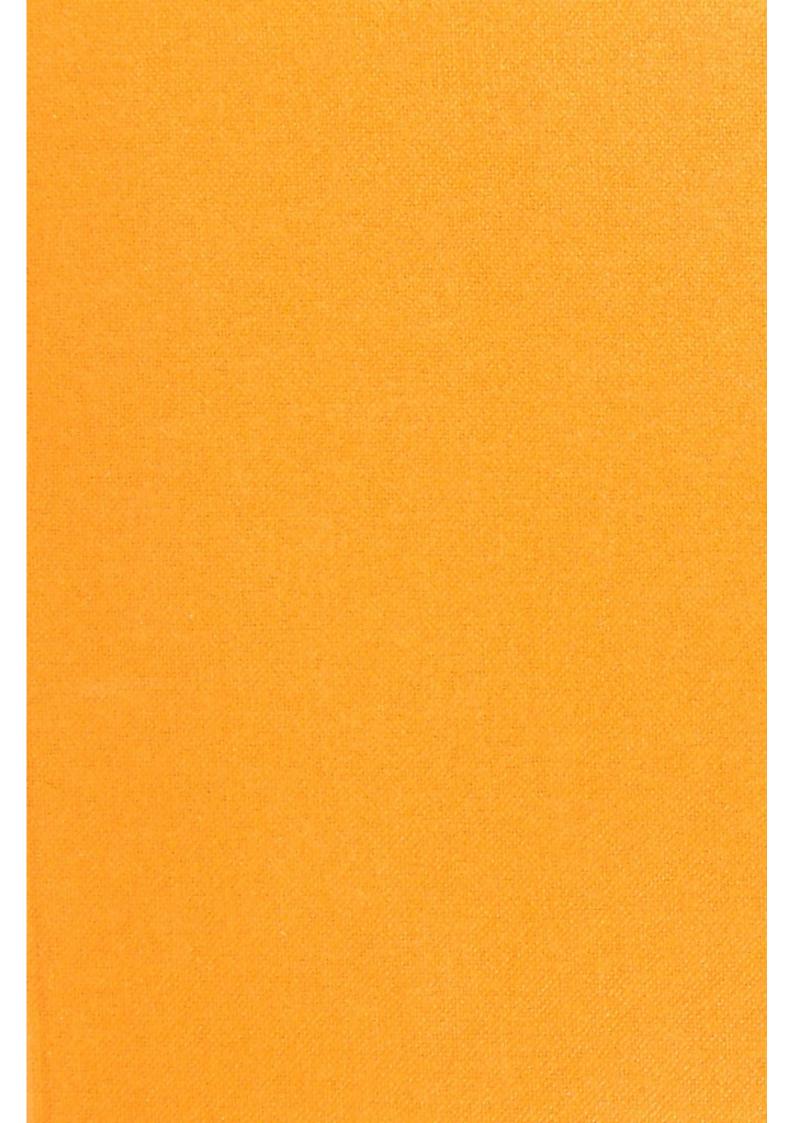
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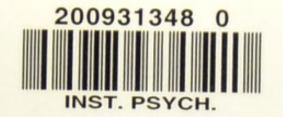
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Medical sketches. 1818.

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MEDICAL SKETCHES,

ON THE

Following Bubjects;

I.—ON THE USE OF HELLEBORE, AS A REMEDY FOR INSANITY
AND OTHER DISEASES.

H.—OF COLCHICUM AUTUMNALE, AND ITS USE IN MEDICINE.

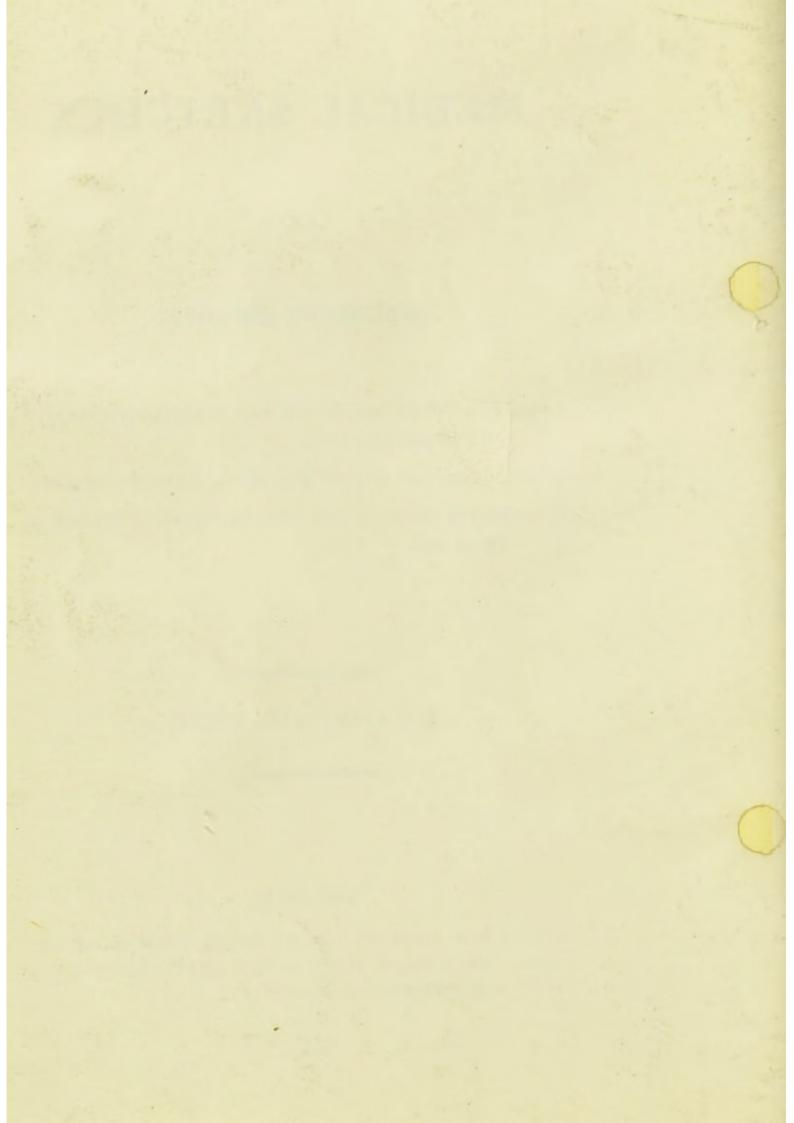
III.—OBSERVATIONS ON THE SUDDEN DEATH OF WOMEN IN

CHILD-BED.

BY GEORGE KERR.

LONDON:

PRINTED FOR J. CALLOW, CROWN COURT, PRINCES STREET, SOHO; ADAM BLACK, SOUTH BRIDGE STREET, EDINBURGH; AND A. BROWN AND CO. ABERDEEN.



THESE Essays were written some time ago-that which appears last in order towards the close of last year, and the other two about the time that the composition of the Eau Medicinale D'Husson, was a subject of inquiry and discussion. The facts mentioned, from what the writer believes good authority, are certainly important-and as he has reason to think they are not generally known, he submits the Sketches to the Public; for, in whatever manner Theory, or more properly speaking, Hypothesis, may be altered, the results of experience will ever retain their just value.

ERRATA.

To be corrected with the Pen.

P. 10, l. 6, for oheunog read o heunog.

1. 7, for xabaelneswy read na Jaelneswy.

1. 9, for menwer read menorer.

1. 11, for Θαλαωον κεηωον read Δαλασσα κεησσον.

1. 12, for TEWIS nat bytelas read th wee nat byteas.

11, 1. 8, for vsowy read ywowy.

1. 12, for now read now-for wenwer read wonoon.

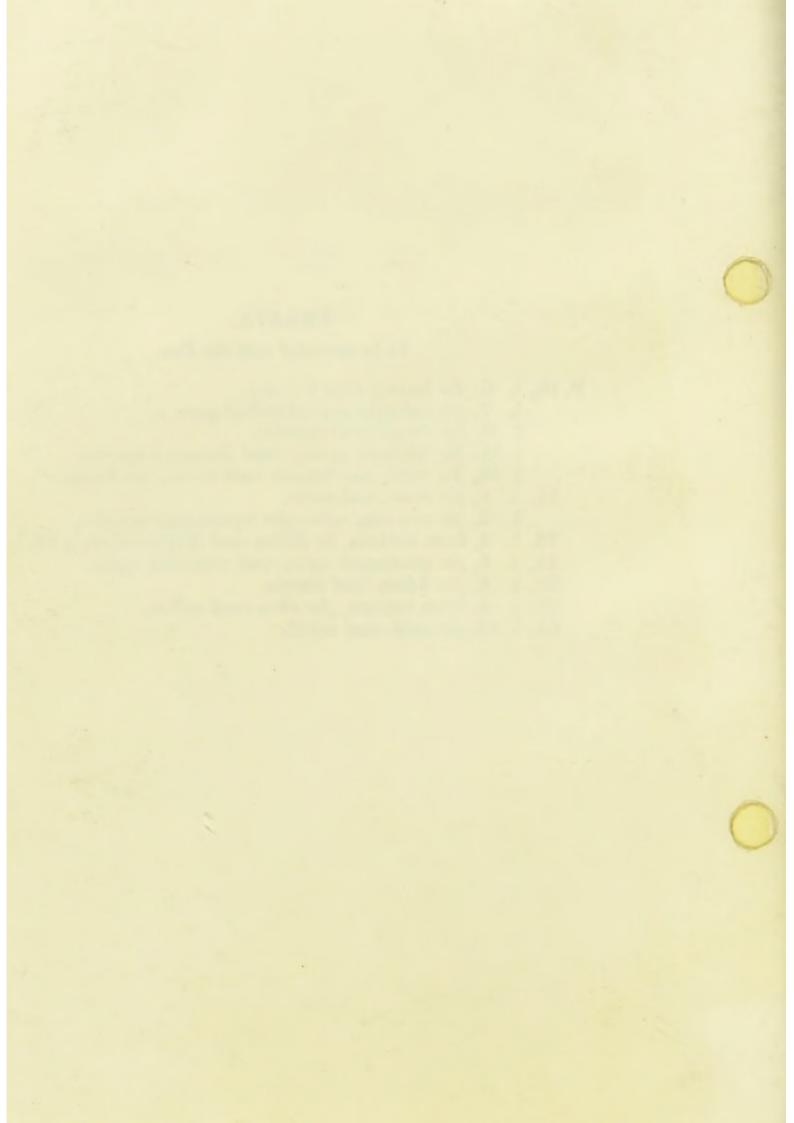
12, 1. 2, from bottom, for Ælius read Ætius—idem p. 13, 1. 10.

14, l. 6, for continued upon read ventured upon.

30, 1. 6, for Lenis read Servis.

53, 1. 4, from bottom, for Die read to Die.

65, 1. 12, for acid read acrid.



THE USE OF HELLEBORE,

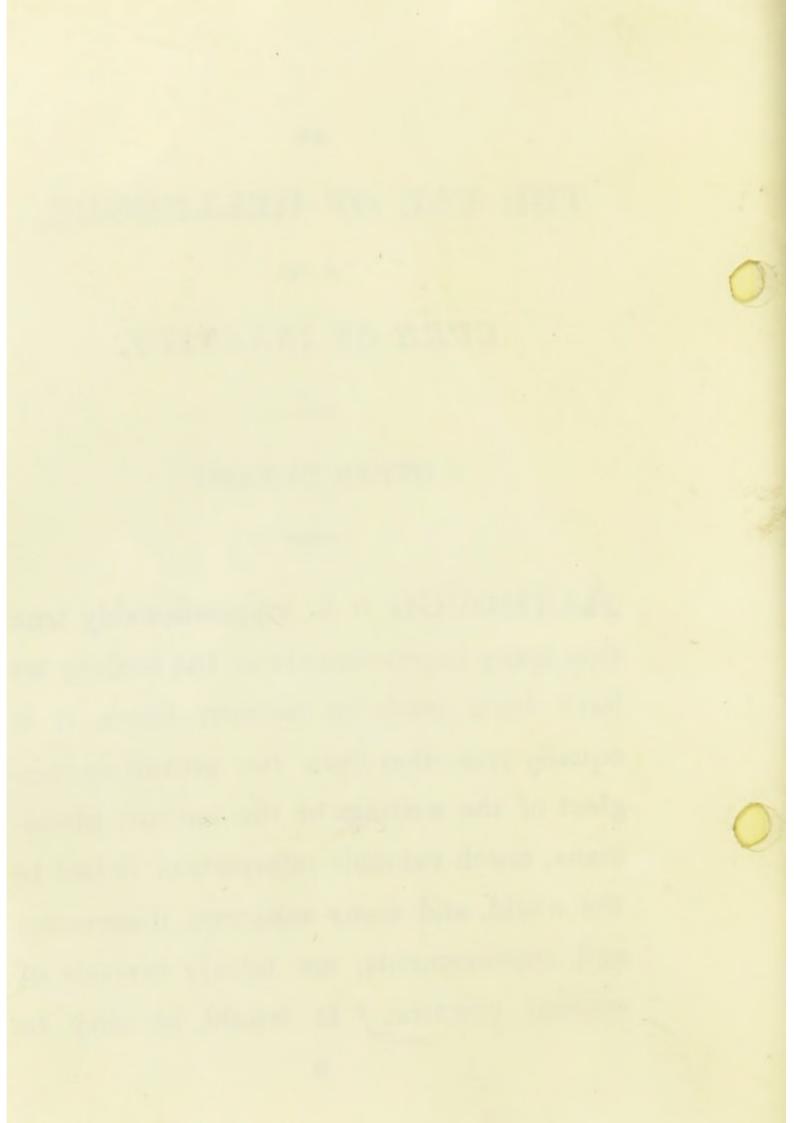
IN THB

CURE OF INSANITY,

AND

OTHER DISEASES.

ALTHOUGH it is unquestionably true that many improvements in the healing art have been made in modern times, it is equally true, that from the prevailing neglect of the writings of the ancient physicians, much valuable information is lost to the world, and many supposed discoveries and improvements, are merely revivals of ancient practice. / It would be easy to



point out many instances, both in medicine and surgery, in which the approved and recently adopted practice of the present day exactly coincides with the ancient rules; but/the purpose of this Essay is to draw the public attention to the use of one remedy, once most successfully used, but now fallen into disuse, and even considered as a poison; and that is, Hellebore, as applied for the cure of Insanity, and other diseases. Not only are we assured of the efficacy of this Medicine, by the most respectable medical writers of antiquity, but we find that efficacy proverbially noticed by the poets and historians of Greece and Rome, and notwithstanding the discontinuance of its use, allusions to its once highly-estimated virtues occur in the writings of the moderns. O Caput hellebore dignum! and ad Corcyram! were

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familiar terms of reproach when the sentiments uttered appeared unreasonable, and were equivalent to the expression "the man is mad." Indeed, of all other remedies mentioned by the ancient physicians, Veratrum appears to have been the most generally used in their most obstinate cases of mania, melancholia, gout, and elephantiasis, and its manner of exhibition is presumed by Hippocrates to be so well known that he does not describe it; but shortly says, that in certain cases ελλεβειζεω χεη, " recourse must be had to a course of hellebore," the frequentative verb strictly implying the repeated use of the remedy.

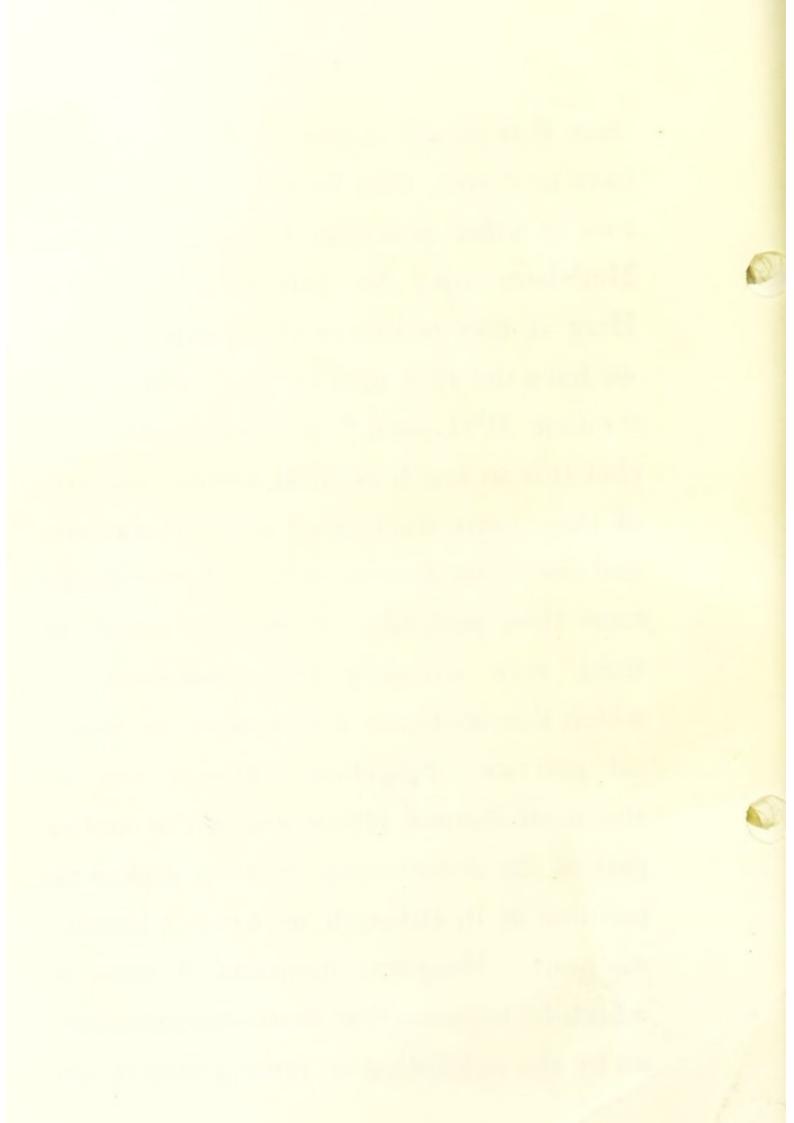
At what particular period this medicine was introduced into practice, we do not find in the writings of Hippocrates, who lived in the time of Artaxerxes, in the

third century before the Christian era; but the Cnidian physician Ctesias, the cotemporary of Plato and Xenophon, who wrote about a century earlier, expresses himself very particularly on this subject, and warrants the supposition that the medicine was introduced into general practice about four hundred years before Christ. His words are, "In the time of my father " and grandfather, no medical practitioner " administered hellebore, nor were its qua-"lities, the manner of preparation, or " proper dose known. But if any one " gave hellebore, it was with this admoni-"tion to the patient, that he must neces-" sarily be in great danger; for of those " who took this medicine, many were suf-" focated, and few preserved; but it ap-" pears to be now given with safety." From the time of Ctesias the medicine was in

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general use among the Greek, Roman and Eastern physicians for many centuries; yet, as in all ages medical men have in some things differed in opinion, we find Alexander Trallianus, who lived long before the time, representing it as dangerous, and recommending as a substitute in the cure of melancholy madness, the Lapis Armeniacus. The commentator on Dioscorides Matthiolus, who lived about the middle of the sixteenth century, briefly noticing the dangers apprehended from the use of this remedy, adds, "Cæterum albi " quoque Hellebori dilutum exhibuimus " quibusdam Melancholicis, magno sane " successu, nullo tamen ægrotantium in-" commodo, nullaque cum noxa." I may have been thus successful, he goes on to say, because the Hellebore growing in the neighbourhood of Trent, may be milder

than that raised in hotter climates; but I have no doubt, that by the proper admixture of other remedies, the very strongest Hellebore may be safely administered. Here it may be observed in passing, that we have the very idea of the "Eau Medi-"cinale D'Husson," if it be really true, that this so much boasted remedy consists of three parts tincture of white Hellebore, and one of laudanum, as Mr. Moore thinks more than probable. It is unnecessary to. trace very minutely the gradations by which this medicine disappeared in medical practice. Spigelius, certainly one of the most learned physicians of the earlier part of the seventeenth century, makes no mention of it, although he wrote a treatise on gout. Morgagni mentions a case in which he believes that death was occasioned by the exhibition of three grains of the



powder; and Chomel*, who wrote a short treatise on medical plants in the time of Louis XIV. says, that white Hellebore is used as a purgative for horses, but is too violent in its operation for internal use in medicine. He however adds, that an infusion in wine has been given with good effects in certain cases of mania. In our later dispensatories its external use in certain eruptions, is mentioned, but no formula is given, as far as I have observed, for its internal use.

If, then, we would know the manner of

[&]quot; Au rapport de Tragus l'Ellebore blanc infuse vingt-quatre heures dans le vin, ou dans l'oxymel, et seche ensuit, puis donne a demi dragme, dans un verre de vin blanc, peut-etre utile a Maniaques, et a ceux qui sont sujets aux vapours, hypochondriaques."

.

exhibition of this very powerful medicine, we must recur to the writers who assure us that they used it successfully; and these are the elder Greek physicians, for the Arabians are but their translators on this subject; and Celsus borrowed from them almost every thing valuable in his work, and would probably have given the same advice to medical students as Horace gives to young poets,—

Nocturna versate manû, versate diurna.

Hippocrates, as before mentioned, although he recommends the medicine, gives no particular directions for its exhibition; nor has Galen, his great successor, supplied the deficiency. Aretæus, of whom it may be justly said, that had not his book descended to us in a mutilated state, he

would have been the most valuable of all the Greek writers on medicine, describes the cases in which this remedy ought to be used, but descends not to the description of the manner of exhibition, as supposing it well known; and his book, as we have it, concludes with a beautiful eulogium on its virtues. He had before frequently mentioned this medicine as the remedy of all others the most to be depended upon in gout (xai yae Toiti ωοδαγεικοισι ελλεβορος ΤΟ ΜΕΤΑ ΑΚΟΣ); and in several other formidable distempers; and he is finally describing the cure of elephantiasis, a disease, which in his time, as well as now, was with the greatest difficulty to be overcome; and after proposing many remedies, he at length comes, as to the most powerful of all, to the exhibition of Hellebore; recommending the

white as an emetic, the black as a purgative. Lest it should be supposed, however, that he had recommended this medicine merely as an emetic, producing no other effect beyond the evacuation of the stomach, he adds, και εςι όλευκο (ελλεβορο) όυκ εμετηριου μενου, αλλα και ξυμπαύζων όμε καδαρτηριων ο δυναίωλαίο, ε τω πληθει και τη σοικιλιη της εκκριοι Τοδε γαρ και χολερη ωρηωει εδε ενλασεσι και βιη τησι εωι τοισι εμελοισι ες τοδε γαρ ναυδιη και θαλαωον κεηωον αλλα δυναμι και ωοιοδηδι ελι φαυλη τεπερ και ύγιειας της καμνονίας ωσιει, και επ' ολιγη τη καθαροι και εωι σμικρη τη ενίασι.

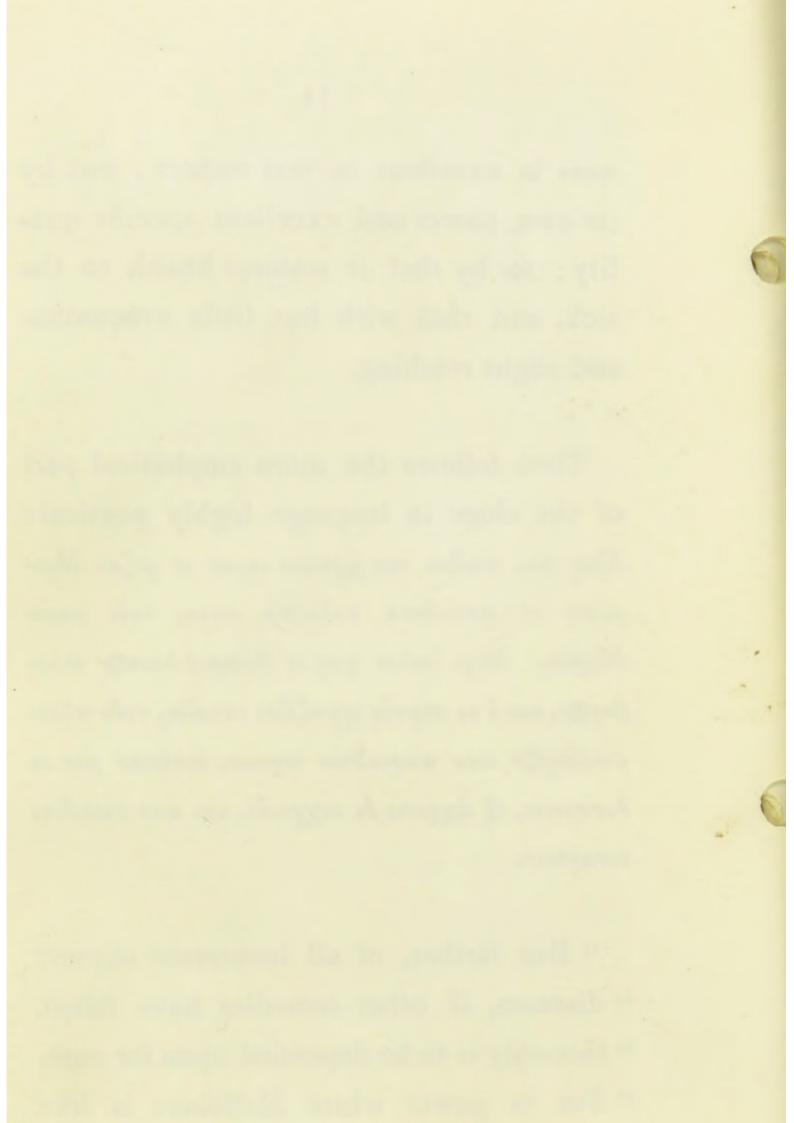
And white Hellebore is not to be considered merely as an emetic; but also of all other cathartics put together the most powerful, not from the quantity or variety of the matter evacuated, for this is effected by cholera; nor by the violence of its action in producing vomiting, for sea sick-

ness is excellent in that respect; but by its own power and excellent specific quality; for by that it restores health to the sick, and that with but little evacuation and slight retching.

Then follows the more emphatical part of the eloge in language highly poetical:

Αλαρ και πανλων των χρονιων νεοων ες ριζαν ίδρυμενων ήν απαυδηση ταλοιπα ακεα, τοδε μενον ίπληριον. Πυρι ίκελον γαρ ες δυναμιν λευκώ ελλεβορώ, και ό τι περπυρ εργαζελαι εκκαΐον, τεδε πλεον ελλεβορώ ειοω παρεκθεων πρηωει, ευπνοιαν μεν εκ δυσπνοιης, εξ άχροιης δε ευχροιάν, και απο σκελελης ευσαρκιην.

[&]quot;But farther, of all inveterate chronic diseases, if other remedies have failed, this only is to be depended upon for cure. For in power white Hellebore is like



" unto fire; and whatever the fire operates

" by burning out, Hellebore, by pervading

" every inward part, does still more effec-

" tually, producing free respiration where

" it was difficult, a healthy complexion for

" paleness, and the healthy fulness of body

" in place of emaciation."

This passage, from the most learned medical writer of antiquity, is given at length, as the testimony of a man worthy of all credit, that the remedy was of all others known to him the most efficacious, and that it had been in his time found successful, when all other remedies had failed.

The writers who particularly mention the mode in which it was administered by the ancients, are Oribasius and Ælius, of the third century, and Paulus Ægineta,

supposed to be of the seventh, when the medicine had been in common use for nearly a thousand years. Of these writers Oribasius gives the fullest account, and his work is not only valuable for what it contains describing his own practice, but as a collection containing the practice and formulæ of other distinguished physicians, whose writings have not come down to our times. From Oribasius, Ælius, Paulus Ægineta, and succeeding writers copy, and it is believed that until the medicine was discontinued in practice, no improvements or even alterations were made in the manner of exhibition which he so minutely describes.

He commences his treatise on the exhibition of Hellebore, with a description from Archigenes of the manner in which

the patient is to be prepared who is about to use a remedy so powerful; and this preparation consists in repeated evacuations by vomiting and purging after stated intervals, during twenty days, and then the use of Hellebore may be continued upon, provided the patient possesses sufficient strength of body, and firmness of mind,that is supposing the medicine to be administered to a patient, not a maniac. Then follow many rules concerning the diet proper for those about to take Hellebore, and this ought to consist chiefly of vegetables of easy digestion, and having a tendency to move the bowels. Thereafter vomiting is to be excited by the acrid radish, as an immediate preparative for the most powerful medicine of all; -and this, says he, will teach what is to be expected from Hellebore -for radish "morsus excitat quandoque

" animi defectiones-quandoque etiam gut-" turis angustias parit." The dose he prescribes appears very formidable—not less than a pound, nor more than a pound and a half; and this to be taken after having taken a little food, and drank some water. There can be no doubt that such a dose of our acrid radish, in common use as a condiment, would excite the violent symptoms just mentioned; but there is some doubt with regard to the part of the plant to be used. " Acres autem raphanas et teneros esse opor-" tet-sique dulciores sint, caulem capere " oportebit, et cum eo etiam pars foliorum, " quæ tenerrima sint, et transversa." The intention evidently was to produce full and more violent vomiting by this acrid vegetable, as a preparative for the still more violent operation of Hellebore, and although there appears something indistinct in the

can be no doubt that by cautious trials, the effect desired may be produced at the present day as successfully as in former times. From the writings of the same author Archigenes, rules are given for choosing the Hellebore proper for medical use. That from Mount Oeta is preferred—next that produced in Galatia, and if these cannot be obtained, the Sicilian is recommended.

The marks by which good Hellebore is to be distinguished, generally are a fair white colour, not approaching to livid, or having any dark spots, and when broken, no dust ought to appear, but a smooth and very white fracture. When taken into the mouth, it ought not to be immediately felt hot and acrid, but at first of a sweetish taste, thereafter gradually becoming more stimu-

THE RESIDENCE TO SELECTION OF THE SECOND SEC lant, and provoking a great flow of saliva, and that frequently attended with vomiting.

The preparation of Hellebore for exhibition is thus described from Herodotus, who says, that it may be used without any considerable danger.—A pound of Hellebore is to be macerated for three days in six hemina of water, thereafter a decoction is to be made over a slow fire, till a third part of the water is evaporated, when the Hellebore is to be expressed; then we add two hemina of honey to the decoction, and again replace it over the fire, and continue the decoction until it does not adhere to whatever may be immersed—donec non inquinet. Of this preparation we give to those, who do not stand in need of the more violent operation of the medicine, cochlearia duo;

but to the robust the quantity of a quarter cyathus, ad mystri magnitudinem.

Here it is necessary to attend to the quantities ordered, and to reduce them as nearly as we can to the measures of the present day. The *libra* is certainly twelve ounces; the *hemina*, although frequently termed a pint, is in fact but three-fourths of the quantity, or nine ounces, or according to others ten; the cochleare is the twelfth part of the cyathus, which contained an ounce, five drachms, and two scruples; and the mystrum the fourth part of a cyathus, or ten scruples five grains.

Supposing then that we were at the present day to order a preparation of Hellebore, according to the above directions, the formula would stand nearly thus:

R Radicis veratri infrustulas scissi, lbi.

Aq. fontanæ - - lb v.

Macera per dies tres-deinde leni

igne imposito et decoque ad - lb iii. 3 iv.

Veratrum deinde exprimendum-

et addendum decocto mellis

despumati - - - lb i. 3 viii.

et iterum decoque-donec non inquinet:

Capiat æger—grana septemdecem—vel si robustior sit, ad— θ ii. gr. xi.—Hellebore in this form, says Herodotus, may be exhibited with perfect safety.

Another prescription, nearly resembling this, is given by Archigenes:

R Radicis veratri ramenta - - Ibi.

Aq. fontan. sextarios tres - - lb v.

Triduo macerandum-tum co-

quendum donec tres sextarii - lb ii. 3 iv.

relinquantur, postea diligenter expressas vergulas abjicere oportet. Tres deinde libræ mellis reliquæ addendæ, et coquendum donec ad eclegmatis consistentiam redigatur, tum in vase vitreo aut argenteo repenendum, adhibita curà ne perspiretur.

The medicine however was frequently administered in substance; finely cut down, the same author says that two drachms may be given for the greatest dose; a middling dose ten oboli, or five scruples; and the smallest eight oboli, or four scruples.

Another formula is given by Antyllus:

Ramentorum radicis veratri - - 3 v.

Madescant in aquæ pluviæ heminæ

atticæ semisse - - - - - - 3 v.

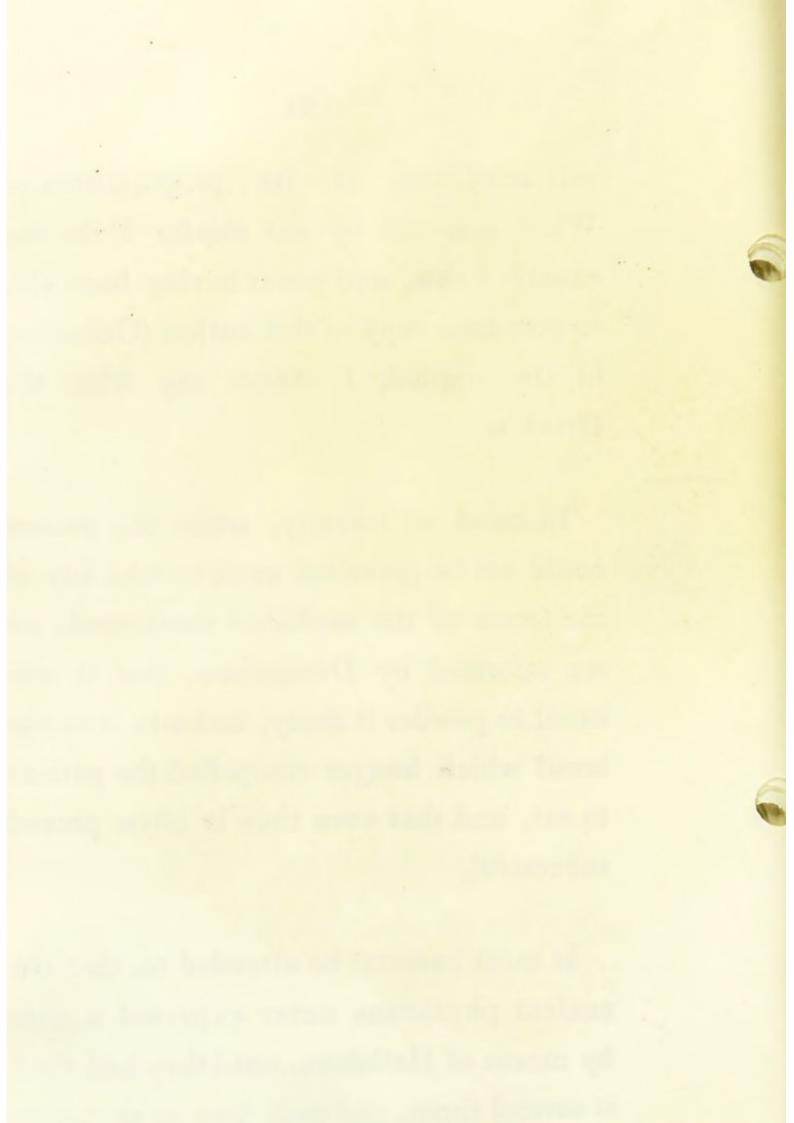
Cola deinde trajiciendum et in duplici vase

What is meant by vas duplex I do not exactly know, and never having been able to procure a copy of this author (Oribasius) in the original, I cannot say what the Greek is.

T

In cases of insanity, when the patient could not be prevailed upon to take any of the forms of the medicine mentioned, we are informed by Dioscorides, that it was usual to powder it finely, and mix it in the bread which hunger compelled the patient to eat, and that even thus it often proved successful.

It must however be attended to, that the ancient physicians never expected a cure by means of Hellebore, until they had used it several times, and each time so as to pro-



duce violent symptoms. The author I quote has a chapter with this title, "Qui " faciendum sit quum strangulatio occupat " eos qui Elleborum sumpserunt." By " strangulatio" I conceive the author means that suspension of respiration which spasms of the stomach produce, which the Greeks termed wit; they also applied the same term to the suspension of respiration in violent cases of hysteria, wuit usepixn. The remedy in this case was the immediate evacuation of the stomach, by drinking, should the patient be at all able to swallow a weak infusion of bruised roots of Hellebore warmed. If the patient could no longer swallow, (and during completely suspended respiration, that is scarcely possible,) they irritated the fauces with feathers dipt in oil, and at the same time administered the most acrid glysters, which were said to alleviate

I making the second sec symptoms for a time, until other remedies might have effect .- Another chapter describes what is to be done, "ubi vox et " sensus amittitur." In this case the teeth are to be forced asunder by small wedges, " cuneolis," that the fauces may be irritated as before-mentioned; the powder of Hellebore, or euphorbium, is to be blown into the nostrils; but if these remedies prove ineffectual, recourse is then to be had to an operation which I shall give in the author's own words, lest it might be supposed that I were describing the vulgar operation of tossing in a blanket. "Si vero et vocis et " sensûs privatio ita perseveret, vestimen-" tum aliquod admodum firmum et robus-" tum extendemus, et ex duobus partibus " tenendum juvenibus robustis, et aliis " qui contra sese sint constituti, ac jubebi-" mus ut ipsum vestimentum sublime a

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" terra extendant, tum in eo reclinabimus "hominem qui Elleborum sumpsit, quan-" doque vero in latus utrumque devolve-" mus, aliis id latus quod properos sit " attollentibus; aliis vero deprimentibus." After describing thus particularly the manner in which the patient is to be exercised, he very coolly adds, "ac tunc quidem scire " convenit; nisi homo his quassationibus " et commotionibus à sensûs privatione " non sublevetur, eum non esse postea sen-" sum recuperaturum." A following chapter treats of the singultus and convulsion, which for the most part come on after a full dose of Hellebore. If these prove moderate, the physician is desired not to interfere, as they prove useful by agitating the stomach, and provoking a more perfect discharge of its contents; but if they prove excessive, a warm infusion of such plants as are gratethe same of the same and the same of the s This was a selection to the ful to the stomach is prescribed, together with sternutatory. In still more urgent cases, tight ligatures are put upon the extremities, perhaps with the view of checking convulsive motion, as we sometimes do in cases of epilepsy, and the patient is to be put into the warm-bath. It is added, that strong passions of the mind are to be excited, "adhæc pavores quosdam machi-" namur, et contumeliis incessimus et ut " magnas inspirationes edant edicimus."-Another effect of Hellebore, when the stomach is no longer in danger, is yet to be guarded against, and that is hypercatharsis. " Nimias purgationes sistemus calidissi-" mum potum propinando, et extrema " ligando, et vehementi frictione, et vali-" dis Cucurbitulis tum Hypochondrio tum " verò dorso admotis, et vi etiam avulsis;" and if these prove unsuccessful, narcotics

are to be applied. It is to be observed, that the cupping here mentioned is what we term dry cupping; for when it was the intention to draw off blood, scarifications of considerable depth were used. A medicine so powerful, after the more violent effects were over, left the patient exceedingly languid, and profuse debilitating sweats are mentioned as frequently demanding the attention of the physician. / These he is to moderate by ventilation, spunging the surface with cold water, or posca, a kind of oxycrate; and the patient is finally to be restored by light nourishing diet and wine.

From the above sketch we see, that how ever efficacious Hellebore may have been in the cure of many diseases, its exhibition must have been formidable to all concerned, the practitioner, as well as the patient

and his friends. The account given of the patient's situation, when in danger of suffocation, is shocking. "Ingens vomendi " appetitus excitatur sed nihil excernitur, " facies intumescit, oculi exeruntur,-col-" ligantur, et constipantur partes ad respi-" rationem pertinentes, cum respirandi " summa difficultate—nonnulli linguam " exerunt, & copioso sudore madescunt, " alii dentes concutiunt eisque mens " tentatur." Yet it appears that cautiously used, Hellebore has been and may still prove a very valuable remedy, without producing the violent symptoms just described, or endangering the life of the patient. In what variety of forms it was administered has been mentioned, and the doses are certainly large; yet Morgagni says, that in a case that came under his observation, three grains of the powder proved

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mach. I cannot help thinking that there must have been some misapprehension or mistake in this case, for in thousands of cases, far larger doses have produced not the slightest bad consequence. We all know with what timidity laudanum, calomel, and digitalis, were used not many years ago, and as they could not always cure, they were no doubt often unjustly accused of killing the patient.

When in the ancient prescriptions ramenta veratri are mentioned, I rather think that scrapings of the fresh root may sometimes be meant, such as we use of radish as a condiment at table, at the same time, the directions given for choosing it good, already mentioned, prove that it was frequently used in the dry state. At the same time it is reasonable to suppose, that like other bulbous roots, it would prove most active in its fresh state. It is however to be considered, that in many countries of Europe it is not indigenous, and must, in those countries where it does not grow, be used in the dried state, as we have it in our shops. It has been said that according to Aretæus, Hellebore was anciently used in many different chronic diseases; it was, however, more especially used in cases of insanity, and even the poets bear testimony to its efficacy as well as the moral writers and historians. /Horace describes a case of partial insanity, if I may use the expression, where the patient's ideas were deranged on only one subject, and that case he says was cured by Hellebore.

Qui se credebat miros audire Tragædos,
In vacuo lætus sessor—plausorque theatro;
Cætera qui vitæ servavit munera recto
More; bonus sane vicinus, amabilis hospes,
Comis in uxorem, posset qui ignoscere, Lenis,
Et signo læso non insanire Lagenæ,
Posset qui Rupem, et puteum vitare patentem.
Hic ubi cognatorum opibus, curisque refectus
Expulit helleboro morbum—bilemque Meraco,
Et redit ad se: Pol me occidistis amici,
Non servastis ait; cui sic extorta Voluptas
Et demptus per vim mentis gratissimus Error:

A case something similar we have for many years witnessed in this place. A man, of the name of Morison, now I should suppose nearly eighty years of age, well informed for his rank in life, and in every other respect perfectly correct and sound in mind, has, for more than forty years, firmly

believed that a certain non-descript diabolical tormentor had and has power over him by means of a loadstone. He believes that this tormentor can stop him from the performance of the common actions of life, render it impossible for him to handle a knife, fork, or spoon, at table; arrest his progress in walking; stop his watch, or deprive his violin of all sound in a moment.

When I first knew him, he had about a thousand pounds, which he had acquired in the service of a gentleman abroad, but he would not trust it out at interest, nor in any bank, as he said he was sure the tormentor would abstract it. He kept it in a little iron chest, secured, as he thought, by crucifixes (for he is a Roman Catholic);

now subsists upon charity. Whether in a case such as this, Hellebore could have been serviceable, I do not know; but we have reason to think that in former times it was tried in cases not dissimilar.

Three parts of the tincture of white Hellebore and one part of laudanum, the tincture being prepared with white wine, was supposed by Mr. Moore to be the Eau Medicinale D'Husson, nearly resembling it in its sensible qualities and effects. On the other hand, as was mentioned formerly, Mr. Want believes the Colchicum Autumnale to furnish the active ingredient in that celebrated medicine. A spirituous tincture is kept in the shops, which I have often prescribed in gouty affections, and often

used myself for rheumatism, and always with some relief. The dose is from one to two drachms; but I cannot say that I have ever known it produce the strong effects ascribed to the Eau Medicinale, or any symptoms similar to those described by Oribasius. That both the Colchicum and Veratrum are most powerful remedies, is not to be questioned, and should they again come into general use, more convenient formulæ will no doubt be contrived.

The botanical description of plants not growing in this country, is not so interesting; but it may be proper to say, that the Veratrum is of the Class III. Polygynia, Order I. Monoecia. No calyx; corolla six petalled, stamina six, pistils three,

capsules three, with many seeds. It is a native of Asia Minor, Italy, Switzer-land, and Austria; flowers from June to August, and is found to be most power-ful in warm climates.

AT

