

A treatise upon gravel and upon gout : in which their sources and connection are ascertained : with an examination of Dr. Austin's theory of stone, and other critical remarks. A dissertation on the bile and its concretions, and an enquiry into the operation of solvents / by Murray Forbes, member of the Surgeon's Company.

Contributors

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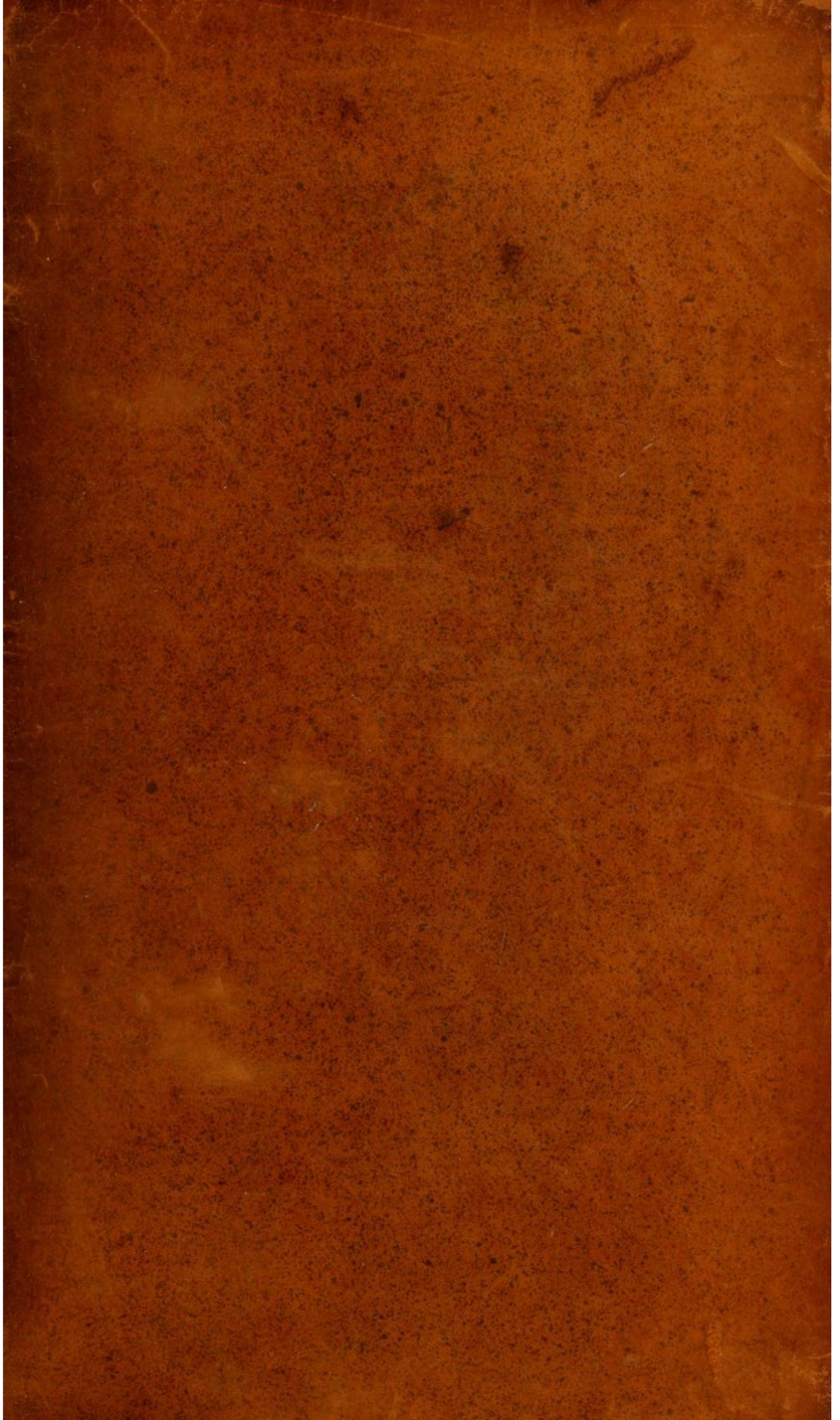
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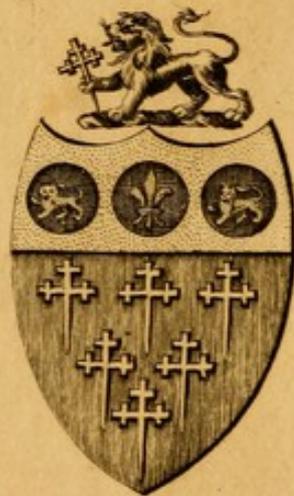
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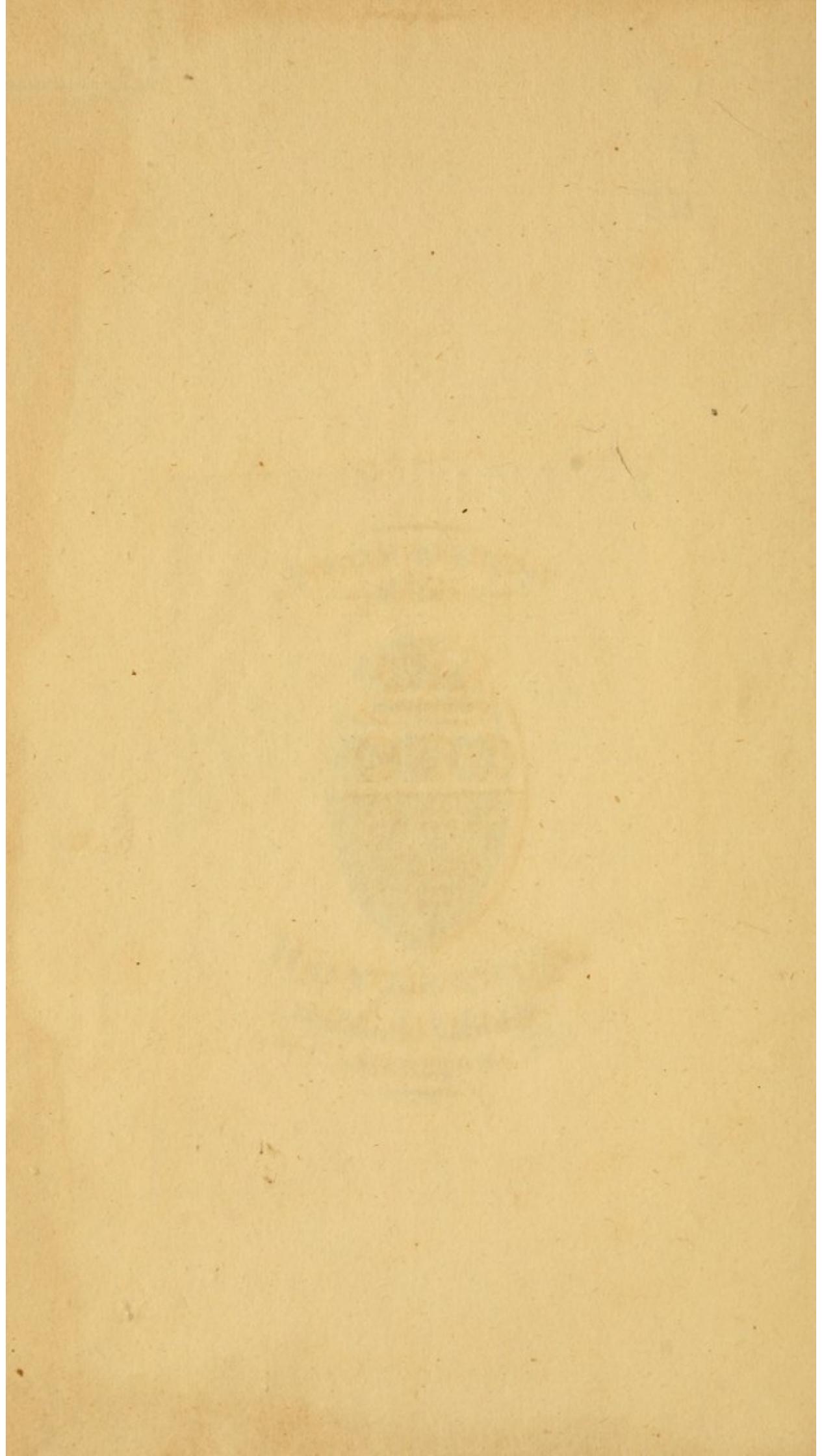
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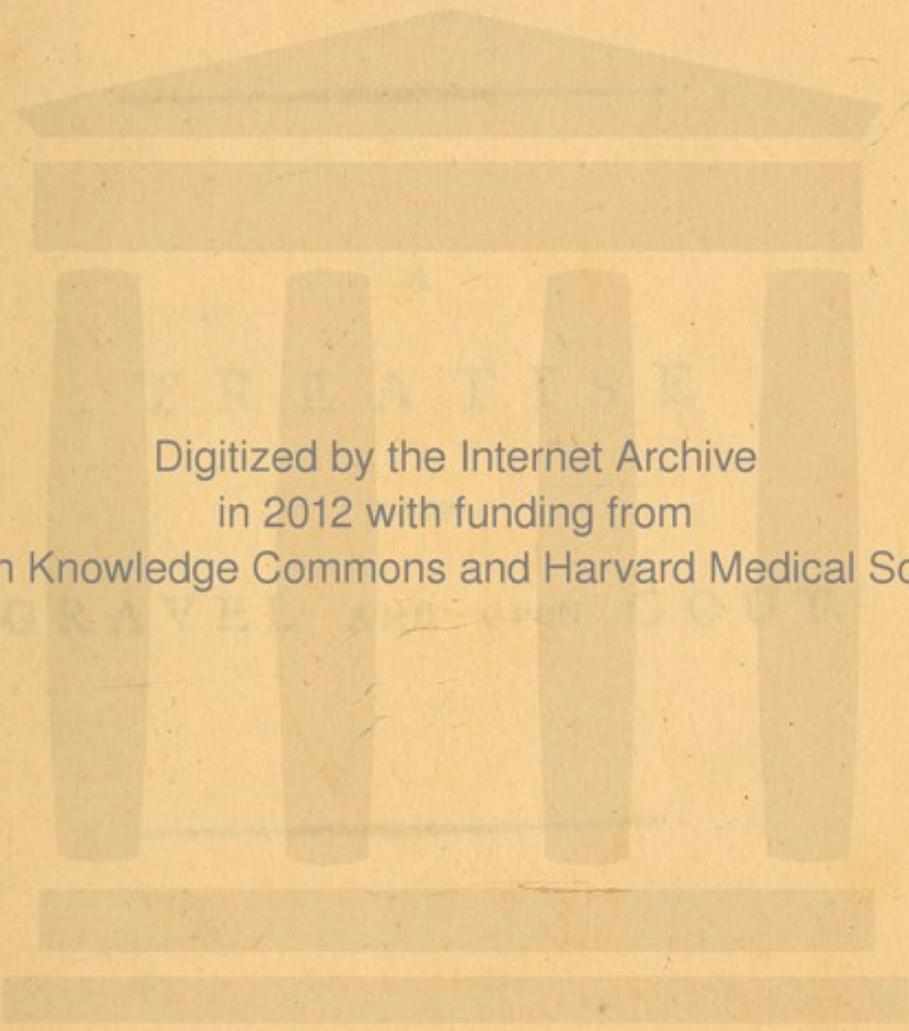
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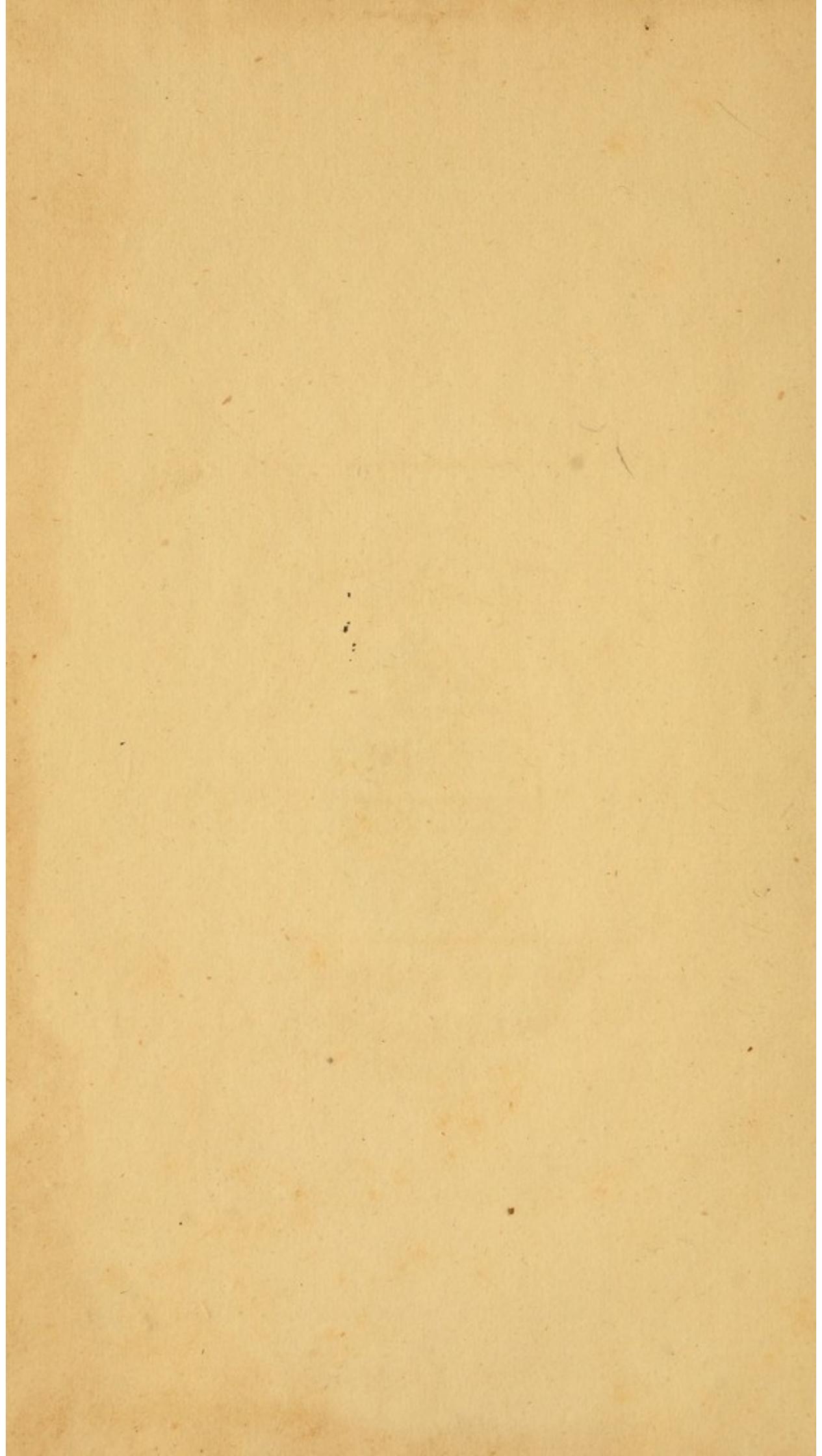


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A
TREATISE
UPON
GRAVEL AND UPON GOUT.

THE
GRAVEL

TREATISE

GRAVEL AND GOUT

①

A
T R E A T I S E
UPON
GRAVEL AND UPON GOUT,
IN WHICH
THEIR SOURCES AND CONNECTION
ARE ASCERTAINED;
WITH AN EXAMINATION OF
DR. AUSTIN'S THEORY OF STONE,
AND OTHER CRITICAL REMARKS.

A DISSERTATION ON
THE BILE, AND ITS CONCRETIONS,
AND AN ENQUIRY INTO THE
OPERATION OF SOLVENTS.

BY MURRAY FORBES,
MEMBER OF THE SURGEONS' COMPANY.

CUJUS AUTEM REI NON EST CERTA NOTITIA, EJUS OPINIO CERTUM
REFERIRE REMEDIUM NON POTEST—EUM VERO RECTE CURATU-
RUM, QUEM PRIMA ORIGO CAUSÆ NON FEFELLERIT. CELS.

LONDON:
PRINTED FOR T. CADELL, IN THE STRAND,
M,DCC,XCIII.

T. R. E. A. T. I. S. E.

UPON

GRAVEL AND UOON COLT,

IN WHICH

THEIR NATURES AND CONNECTION

ARE ASERTAINED,

WITH AN EXAMINATION

OF DR. AUSTIN'S THEORY OF STONE,

AND OTHER CRITICAL REMARKS

BY

THE BILLY & HIS CONNECTIONS

OPERATION & SOLUTIONS

BY THE AUTHOR

AND A HISTORY OF THE
DISEASES OF THE
BLADDER AND UTERUS
WITH THE HISTORY OF
THE CALCULI OF THE
BLADDER AND UTERUS

IN A

NEW EDITION, WITH ADDITIONS

AND

P R E F A C E.

IT is now almost seven years since the principal part of the matter contained in the following sheets was made public, under the title of *A Treatise upon Gravel and upon Gout, in which the sources of each are investigated, and effectual means of preventing, or of removing those diseases, recommended.* The author, at that time, withheld his name from the world, not from any difficulty he apprehended in maintaining the system which he had presumed to advance, but from an idea that it might meet with more impartial regard, if it came into consideration without respect to himself. From an established fame, a favourable reception may frequently be derived to even a trivial work; but from a name that had not met the public ear, there was not any interest that could be expected, while fatal
indif-

indifference and neglect might be apprehended. On this account he courted concealment, and he trusts his motive will furnish an excuse that may be received with indulgence.

He has not any reason to complain of the manner in which his production was treated: he thinks it attracted as much attention as could be supposed to fall to the share of an anonymous medical publication. Frequently, however, he has had the concern to hear himself condemned for requesting confidence to opinions, which he had not possessed resolution to avow. The veil behind which he wrote, has been reflected upon as a sign of distrust of his own theory, if not of intentional deception. He must assent to the just grounds of suspicion, and anxious to escape from them, has determined to commit his sentiments to the unpropitious prejudice they may encounter from the obscure and private condition of the person by whom they are professed. He felt it likewise a duty to assert his right to principles, which others, taking advantage of his remaining in the dark, seemed inclined to appropriate to themselves. Ideas which had been so long unclaimed were perhaps regarded as fair spoil; or charity might prompt to the adoption of offspring which appeared deserted and destitute, or left in an orphan

phan state. To have taken them under protection, with just acknowledgment of the manner in which they were picked up, would have been benevolent and humane; but when a new patron labours to produce oblivion of original descent, the priviledges of adoption are exceeded.

At *Edinburgh* there have been two predatory efforts, with which the author was not acquainted until the main body of his treatise was in the press. If he had happened to have more early information, he might have bestowed a few pages in comment, under those sections where, with best propriety, critical observations might have been introduced. As on a different account there was occasion for a postscript, he has taken that opportunity of briefly expressing his sense of the kindness that has been displayed in favour of opinions to which, in their general tenor, he ought to be partial, although he may revolt against particular deviations and misapplications to which they have been exposed.

The present publication comprehends one subject which was not included in the last.—The dissertation upon bile, and its relation to the other affections which are discussed, is additional matter so intimately connected with the former subjects, as to render necessary a new arrangement for the purpose of introducing it. It may
like-

likewise be supposed, that in the course of the time which has elapsed, there have been, upon different principles, productions on the same conditions of disease.—The most important was Dr. Austin's Gulstonian Lecture, upon which the author has commented with freedom: he had composed his remarks before the Doctor's untimely death, and was in hopes, if that mournful event had not taken place, to the general sorrow and loss, that the observations he felt himself compelled to make upon a popular work, might have again brought the subject under the consideration of a man whose abilities were equal to a substantial support of his opinion if it was well founded, and whose candour would not have hesitated at confession of error on conviction of mistake.

The author is not endeavouring to pass a plausible fiction on the public. He aims not at the undecorous fame of promulgating a splendid hypothesis, which shall seem well connected in all its parts, while the basis is visionary. His endeavours have been directed to the investigation of truth, which he has studied to sustain by chemical deduction. Reasoning upon established chemical facts comes as near to perfection as any argument that does not rest upon mathematical evidence. The conclusions to which his enquiry

enquiry leads, are of the first importance, and demand consideration. It is of consequence that they should be confuted or confirmed. His desire is to afford illustration of diseases which were before unexplained, and he does not shrink from a minute discussion of his endeavour. He is earnest to solicit the strictest scrutiny of candid criticism, that he may recede from his errors if they can be made evident, or be furnished with opportunities of replying to objections that may proceed from the mistakes or misconceptions of his readers. He does not deprecate, but courts a close examination of the argument, and will acknowledge himself obliged by every comment.

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[The following text is extremely faint and illegible, appearing to be a continuation of the author's preface or a list of acknowledgments.]

C O N T E N T S.

Introduction - - - - - page
I

SECTION I.

On the Matter of Urinary Concretions - 6

SECT. II.

*On the Natural Condition of that Matter
in the Urine, and its preternatural Concre-
tion into Gravel and Calculi* - - - 18

SECT. III.

*On the Theory of Dr. Austin, with Incidental
Remarks on Calculous Matter, and its
different Appearances* - - - - 42

SECT. IV.

On the Cause and Progress of Gout - - 77

SECT.

	page
SECT. V.	
<i>On the Bile, and its Concretions</i> - - -	113
SECT. VI.	
<i>On Prevention and Cure</i> - - -	152
SECT. VII.	
<i>On the Power of Solvents, with General Observations</i> - - - - -	191
<i>Postscript</i> - - - - -	230

A

T R E A T I S E

UPON

G R A V E L, &c.

INTRODUCTION.

THERE are few diseases from which greater sufferings are endured, than from urinary concretions; yet, notwithstanding their frequency, very little has been known concerning the circumstances which produce them, or the means by which they may be prevented. In proof of this assertion, witness the very painful and dangerous operations that are daily put in practice for the extraction of stones. Calculi in the bladder, regarded with respect to the agonies they occasion, and the means by which they have commonly been removed, may be enumerated among the most heavy of human infirmities. The nature of man is not exposed to many inflictions of greater severity.

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The affection which passes by the name of gout, has engaged much attention in every age. It is, on account of the violence of its symptoms, and the numbers that labour under it, a malady of the most serious importance. Physicians have exerted themselves to find out a remedy for it, but their endeavours have not hitherto been crowned with success. Among modern discoveries, the improvements in medicine are not the least considerable; yet it is remarkable, that no material advantage has been gained in the investigation of this disease. Experience has taught in what manner its violence may be mitigated, but no effectual means of guarding against it have as yet been suggested. The most eminent of the profession have acknowledged themselves unacquainted with the cause of gout, and for this reason it has emphatically been termed the *OPPROBRIUM MEDICORUM*.

An examination of the various theories that have been formed respecting these diseases, would be tedious and unentertaining. Many of them were plausible, while others have not had even ingenuity to recommend them. They are complaints with which the rich and the luxurious are very frequently afflicted; and the eagerness of such to be relieved, has exposed them to become the dupes of designing and unprincipled individuals,

viduals, who, by arrogance and imposition, levy immense contributions upon impatience and simplicity. While it is admitted that every other science is to be learnt by study and application alone, an opinion appears to prevail that the medical art may be obtained upon easier terms, and the highest confidence is placed in the vapouring professions of ignorant and illiterate quacks. Fortunate it would be, if the nostrums of such pretenders were merely unavailing towards the end for which they are administered: but inertness is not the general quality of boasted specifics. Articles of precarious activity are crowded together without judgment, and exhibited without discrimination. Too often the constitution is sacrificed to the blunders of empirics, and the unhappy employer laments his credulity when the melancholy consequences are irretrievable. It is amazing that men of understanding should ever commit the management of their dearest concerns to the blind guidance of such pretenders. Yet it must be confessed, that the avowed ignorance of regular practitioners, in respect to the production of gravel and gout, has afforded the best apology for quackery.

The origin of these diseases it is our aim, and we trust within our power, to illustrate. Without stepping aside to comment upon the numerous

opinions that have been entertained, opportunities will occur of making observations upon particular sentiments. The principal object of the present design is, to establish, by evidence that shall rest upon experiment, the means by which gravel and gout are produced. The conclusions will be found consistent with the best practical remarks of the most respected authors. A connexion has generally been suspected between them. They were both considered as hereditary, and the female offspring of gouty parents have often been regarded as peculiarly liable to nephritic affection. They were remarked frequently to occur under corresponding circumstances, and in the same patient. The appearance in gout, of a matter similar to that of which urinary concretions are formed, afforded, in many cases, a strong presumption of relationship. The diseases, in a word, were supposed to be frequently occasioned by the same means, and relieved by the same remedies. We shall soon be satisfied, that the conjecture, which had been adopted from observation, without much respect to the cause of either, was well founded, and that the alliance is intimate. They are affections of which the sources are the same, and the consequent alterations not very dissimilar. The differences will be perceived to depend upon
pecu-

peculiarities, in structure and functions, of the parts concerned. In prosecuting the enquiry, the bile, and a particular change to which it is liable, will come under consideration. But before we enter upon the cause, and its effects, or the circumstances that appertain to it, we must proceed to a view of the matter of gravel.

SECTION I.

On the Matter of Urinary Concretions.

THE concretions generated in the urinary passages are of various sizes and figures. They differ, likewise, from each other, in respect to colour, texture, and specific gravity. A considerable degree of variety is frequently observable in the same concretion, for when cut into they are found of a laminated structure, and the several lamina are sometimes very different in appearance. An infinite number of opinions have been held respecting the matter of them; but it does not appear that many experiments were made, by which any accurate knowledge of its properties could be obtained. The qualities ascribed to it had their foundation in conjecture merely. It was considered as acid by some, and as alkaline by others. Not unfrequently it was compared to the tartar, which is separated from wines during fermentation; and in treating of it, many authors were used to talk of earth, salts, air, oil, and sulphur, without appearing to have any precise

cise ideas in regard to the meaning of these terms.

Urinary concretions, from having a considerable resemblance to chalk-stones, were frequently considered as calcareous earth. This opinion was more prevalent than any other in respect to their composition. It originated from outward appearance, but was supposed to have received confirmation from experiment. It was maintained in the medical theatres, and seldom called into question.

At length an investigation of the properties of this matter was entered upon by Mr. Scheele and Sir T. Bergmann, those distinguished chymists, to whom the world is indebted for many important and valuable discoveries, with which science has been enriched. From the result of their operations, which were prosecuted without any prepossession from the vague enquiries of others, it appears, that urinary concretions, however different in colour and texture, are essentially the same, and that they are formed of a peculiar substance, which, on account of some of its properties, they consider as an acid. If they contain any calcareous earth, it is generally in so small a proportion that it was entirely overlooked by Mr. Scheele. Bergmann imagined that he discovered a very minute quantity of it; but

the experiment upon which his suspicion was grounded, is far from being satisfactory. At any rate, the proportion amounting to not a hundredth part of the whole mass, is too inconsiderable to require being noticed.

Mr. Scheele has informed us that the powdered calculus was dissolved by concentrated vitriolic acid, with the assistance of heat, but that the muriatic acid had not the smallest effect upon it, even when boiled with it. These simple experiments were sufficient to prove that it is not chiefly formed of calcareous earth. It is a property of that earth to combine with vitriolic acid into an almost insoluble concrete, while it unites very readily with muriatic acid, into a compound so easy of solution as to attract water from the atmosphere.

The calculus was attacked by concentrated nitrous acid with great violence, and with the assistance of heat it was readily dissolved by the same acid diluted. The acid of sugar, which attracts calcareous earth from every other acid, and unites with it into a substance insoluble in water, did not produce any precipitation when mixed with this solution: neither was there any material effect from the addition of alkali. The compound of the matter of calculi with the diluted nitrous acid, was of a yellow colour.

When

When the saturation was complete, it betrayed very little of the smell or taste of the acid, and it had a singular property of communicating red spots to the skin. On evaporating it to dryness, there remained a rose-coloured spongy mass, easily soluble in water, to a large quantity of which it gave a deep red colour.

The powdered calculus was not in any manner affected by a solution of mild alkalis, either fixed or volatile, but it was entirely dissolved by such as were perfectly caustic. These solutions likewise were of a yellow colour, and the calculus was precipitated by every acid, and by fixed air.

The matter of urinary concretions was dissolved by digestion in lime-water. Four ounces of the latter were required for twelve grains of the former; and the solution, like the alkaline ones, was decomposed by acids.

The calculus was soluble in boiling water, in the proportion of about eight grains to five ounces, and the greatest part of it was deposited in fine crystals, as the fluid became cold. The solution gave a red colour to paper stained with lacmus.

It appeared advisable to relate thus much of the experiments of Mr. Scheele, as some of my readers may not have had an opportunity of perusing his ingenious essay. From the whole he concludes, that the matter of urinary concretions

tions is not calcareous, but a peculiar acid salt, with which is blended a portion of animal gelatinous matter. Its solubility in boiling water, and the crystalline form which it afterwards assumed, induced him to consider it as a saline substance. The alteration of colour, produced by the solution on lacmus, was the mark of its acidity. The observations of Bergmann were nearly to the same purpose.

Notwithstanding the deference that was due to the opinions of these gentlemen, many doubts have been entertained respecting the propriety of classing this matter among acids. It does not betray any acidity to the taste. The colour of syrup of violets is not affected by the solution of it in boiling water. In its combination with alkalis and lime, there is something that makes against the opinion of its being an acid; for, unlike to other acids, it is precipitated from them by fixed air. In this respect, the compounds are analogous to soaps formed by the union of alkalis with oily and mucilaginous substances.

On the other hand, the circumstance of its communicating a red colour to paper stained with lacmus, was a strong presumptive proof of its acidity. The lacmus is a nicer test than the juice of violets, and discovers more readily the smallest quantity of acid. The insipidity of this
matter

matter might be owing to water not being capable of taking up a quantity sufficient for producing any effect upon the tongue, as nothing can be tasted unless applied in a state of fluidity or solution. The decomposition of its compounds with alkalis and with lime by fixed air, was a point from which no positive deduction could be drawn. That air has been proved to be itself an acid. It has been termed the *aerial* acid, from the circumstance of its being a vapour in the heat of the atmosphere. At present it is more generally distinguished by the name of *carbonic* acid, from including charcoal in its composition. It was not, therefore, improbable, that the matter of calculi might be an acid, of which the attraction to alkalis and to earths is less powerful than that of carbonic acid to the same substances.

It seemed obvious, from the effects of alkalis and lime, that the calculus, if not properly an acid, must be of a mucilaginous or gelatinous nature. With a view of clearing up the uncertainty in regard to it, I examined with attention its compound with caustic fixed vegetable alkali, and my conclusions were in favour of its being an acid. These substances, when united, did not, in taste or in appearance, carry the least resemblance to the saponaceous compounds produced
by

by the union of alkalis with the gelatinous parts of animals.

It occurred to me that the matter of calculi, if an acid, might admit, like other acids, of being combined with magnesia; and that the union, if it could be effected, would furnish decisive testimony of its nature. A few grains of a concretion of a reddish colour, firm texture, and considerable specific gravity, were rubbed in a glass mortar with an equal quantity of *calcined* magnesia, and three or four drachms of distilled water. These articles were then put into a little vial, which was suspended over a lamp till the fluid had boiled for a few minutes. The whole was then poured upon a filtering paper, and the liquor, which immediately passed through, was of a yellow colour, like the solution of calculus in caustic alkali. I was satisfied, from the appearance of it, that a combination had taken place. It became turbid as it cooled, and there was deposited an ash-coloured powder, which, upon examination, proved to be neither magnesia nor calculus in a simple state, but a compound of the two. This powder was immediately re-dissolved on making a second application of heat, and the whole became transparent again. To one part of the solution in this state, a drop or two of muriatic

riatic acid was added, and the matter of the calculus was precipitated. A small quantity of caustic alkali was mixed with another part of it, and a deposition of magnesia took place. In the first instance, the muriatic acid united with the magnesia so as to separate the calculus; in the second, the caustic alkali attached itself to the matter of the calculus, and caused the magnesia to be precipitated.

This last experiment afforded the most perfect satisfaction, in regard to the point which it was intended to elucidate; it established, in the fullest manner, the acidity of the matter of urinary concretions. Caustic alkalis and lime are capable of being combined with the oily, the resinous, and the gelatinous parts of animals; but magnesia, when freed from carbonic acid by perfect calcination, is capable of being united with acids alone into soluble compounds.

The compound of the calculus with magnesia is dissolved by water in a much larger proportion than the calculus by itself. If a little muriatic acid be mixed with a saturated solution while hot, the matter of the calculus separated in the form of a fine white powder, will be in sufficient quantity to give to the whole the consistence of cream. After standing for some time, the particles of this powder, by getting together, become
larger,

larger, and subside to the bottom. If an acid be added to a very diluted solution of the compound, and the whole permitted to remain at rest for a few hours, the precipitate appears in fine crystals adhering to the sides of the vial.

I obtained a further confirmation of the acidity of the calculus by combining it with the pure earth of alum, of which the precipitation had been effected by caustic alkali. This matter had been ranked among acids without having been exposed to these conclusive tests. The novelty of Scheele's observations has drawn the attention of many subsequent investigators to concretions in the bladder, without much having been added to the general stock of knowledge. Recent opinions concerning the substance of calculi, appear to have been formed almost entirely from its decomposition by fire, in preference to a more natural and satisfactory means of investigation, its effects upon other bodies. It has been exposed, in retorts and crucibles, to every possible alteration from heat. Nice discrimination of the various products, and accurate measurement of the different vapours proceeding from it, have been made, while the original matter in its native state has been almost neglected. It is evident, from the effect of fire, that this acid is a compounded body. Under the action of a certain
degree

degree of heat, it is decomposed, and yields nearly the same products as animal matter, with the exception of a peculiar sublimate, which becomes of consequence from having been made a ground of distinction among calculi. There remains after the process a coal, convertible by the force of fire into earth. I have remarked, that the compounds of this matter with alkalis and magnesia, began to emit, when evaporated to dryness, vapours of volatile alkali in a degree of heat not very considerable. It is certainly an article, towards the formation of which many elements are united; but the derangement by fire of these attractions, by which they are combined, does not much contribute to illustrate the nature of it. The matter of urinary concretions is probably an acid arising out of a particular modification of animal particles, with properties depending upon that modification. Resolution by fire is entitled to attention, and a fit object of curiosity, but ought not to be made the principal standard of decision in regard to particular forms of animal and vegetable matter, whose extraordinary properties proceed from peculiarity of modification. The acids of tartar, of sugar, and other acids, are equally capable of being decomposed by fire. Heat gives occasion to a new series of combinations, by which the particular distinctions

distinctions of different kinds of animal and vegetable matter are lost. The products obtained are not always elements merely, but frequently new compounds, springing from a different arrangement of elementary principles, and towards the composition of which, the common air, and the matter of fire, may have contributed. We cannot, therefore, put down as actually constituting calculus, the several articles that may be collected from it by sublimation, and much less can we decide upon its native properties, from the result of analysis by fire. As well might we take distillation as a criterion by which the nature and qualities of expressed oil should be investigated. Let endeavours be chiefly directed towards marking its properties with relation to other matter.

Many have been inclined to consider the calculus as a particular condition of phosphoric acid, but there has not been adduced any satisfactory experiment that can warrant the suspicion. Phosphorus and its acid are indeed matters of a singular kind, which appear to enter universally into the composition of animal substances, and are known to admit of variety of modifications, of which it is not impossible that the acid of concretions might be one; but we are unacquainted with any solid grounds from which
corre-

correspondence can be inferred. Every trial to which it has been put, tends to evince the peculiarity and distinction of this matter as a separate acid; and such it ought to be regarded, till actual connexion has been ascertained. We had named it, the *concreting acid*, or *acid of calculi*; but Greek derivations are in fashion, and now it is commonly known by the term of *Lithic*, or *Lithifac acid*. It is a concrete salt with acid properties peculiar to itself, and in a state that may generally be considered as a condition of tolerable purity. It is not, as some have supposed, a small quantity of an acid wrapt up in a large portion of mucilaginous matter; but a concretion is a body with unity of properties depending upon a particular arrangement of elements, that pervades almost every particle of the mass. The quantity of animal matter, that is only mechanically blended, without having assumed such arrangement, may not always be the same, but is seldom considerable. It is complex with respect to composition; yet, as an acid, simple in its properties; and, in the circumstance of its acidity, ought to be brought to trial as a body of homogeneous qualities.

SECTION II.

On the natural Condition of that Matter in the Urine, and its preternatural Concretion into Gravel and Calculi.

MR. SCHEELE was not satisfied with ascertaining the nature of concreting matter, but carried his inquiry to its source, and found it in the urine. When a quantity of fresh urine had been made to boil until much diminished by evaporation, there was deposited, as it became cold, a white powder, which in part adhered to the sides of the glass, and appeared similar in properties to the substance of urinary concretions. He was of opinion that the common lateritious sediment, which is perceived under particular states of the body, consists of the same matter.

Reflecting upon the experiments that have been related, I suspected that the concreting matter, of which a very minute portion only could be retained in solution by urine of the animal heat, must be suspended by combination
with

with some other matter, from which it might be precipitated by a stronger acid. I made the experiment, and was highly gratified with the event. It led to the discovery of a fact, which is simple in itself, but becomes extremely important from the interesting consequences to which it conducts, and the relation it bears to material effects upon the body. It lays the foundation of new systems, throws light upon what was obscure, and will be found adequate to a complete explanation of the concreting process. If twenty drops of muriatic acid, or a small quantity of any other acid, be agitated into half a pint of clear urine, a number of small chrystals of a reddish brown colour will be discovered, after a few hours, on the inside of the vial, and at the bottom of it. Or, sometimes, instead of distinct and transparent chrystals, there will be a deposition of a fine powder, by which the urine is rendered turbid, in the same manner as by the lateritious sediment. Not uncommonly a part of the deposit is in a chrystalline form, and the remainder in that of a flaky sediment. But the matter of both is the same.

I collected a considerable quantity of this matter, by filling, every morning, a quart bottle with recent urine, to which was added a drachm or two of muriatic acid. On the succeeding
 C 2 day,

day, when the chryftallization was complete, I caufed the fluid to be poured off, with care that none of the chryftals were loft. The bottle was then filled as before, and the procefs continued until the inner furface had acquired a thick cruft of the adhering matter. By violent agitation with a few ounces of cold water, a great number of the chryftals were detached from the glafs, and fell to the bottom. The others were feparated by means of a feather, and the whole was poured upon a ftrainer of fine linen, in which, after the water had paffed through, there remained about two drachms of a matter in appearance like red fand. This matter, when chemically examined, turned out to be of the nature of urinary concretions. Like the calculus, it was foluble with the affiftance of heat in concentrated vitriolic acid. Like the calculus, it united with diluted nitrous acid into a yellow folution, which poffeffed the properties of communicating red fpoths to the fkin, and of leaving on evaporation a rofe-coloured fpongy mafs. Like the calculus, it was capable of being combined with cauftic alkalis, both fixed and volatile, with lime, with magnesia, and with the pure earth of alum; from all which it was precipitated by every other acid. Like the calculus, it was diffolved by pure boiling water,
and

and in like manner it was deposited in cooling. It would have been difficult for the most accurate chemist to distinguish between the matter of these chrystals and that of a real concretion from the kidneys or bladder. The chrystals are the specific matter of calculi; the pure concreting acid which forms the basis of urinary concretions. For investigating the properties of that acid, they are to be preferred to the calculus itself, because it is probable, that to a stone in the body, a little of any adventitious matter happening to be contained in the urine may frequently adhere.

Considering how much the urine has ingrossed the attention of medical men, who at all periods have been turned towards it with experimental regard, there is much cause of astonishment, that the precipitation of lithic matter by acids should have escaped observation. Perhaps the time that is generally requisite for the formation of the chrystals has occasioned them to be overlooked. There is not commonly, at first, any evident mark of decomposition, but the lithific acid continues suspended for an hour or two after it has been detached. Sometimes, however, the proportion of it is so considerable as to cause an immediate loss of transparency, and the chrystals in that case are not in general very perfect,

a part of the sediment remaining in a state of fine powder. I have not met with any urine from which a small quantity of it may not be obtained.

In the urine of health, the whole lithific matter appears to be naturally combined with some other substance, by which it is retained in a fluid state. There is always in this fluid alkalis, both fixed and volatile, in conjunction with acids. There is likewise lime united with phosphoric acid; and the compound of the two forms an earthy substance, known by the names of phosphorated lime and animal earth, with which lithific acid may be combined in the same manner as with magnesia. I succeeded in combining it with a portion of that earth procured from the urine by precipitation with caustic volatile alkali. The compound was more easy of solution than the simple acid. With alkali then, or with lime, or with phosphorated lime, the whole of which in the urine is suspended by superabundant acid, the concreting matter may be in native conjunction. A table of the general order of elective attractions is seldom sufficient for explaining the condition of combination of several different bodies when in a compounded state; and a train of nice and accurate experiments would be necessary for affording certain

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tain evidence of the particular matter with which lithific acid is combined. From the weakness, however, of its attractions to alkalis and earths, it may be presumed to be united to the weakest in affinity to acids, or the phosphorated lime, while the others are possessed by the stronger acids. That, in this case, the weakest are in conjunction, is rendered probable by the following observation and experiment.

A portion of the phosphorated lime in the urine appears to be kept in solution by the aerial or carbonic acid, whose attractions are the weakest, excepting those of concreting acid. When transparent urine in a vial is suspended over a fire, there arises, as the heat increases, a froth upon the surface; and, as it approaches to the boiling point, the whole is rendered turbid, by a white powder, soluble in acids, and agreeing in its other properties with the compound of phosphoric acid and lime. The alteration must take place in consequence of the acid, by which the earth was kept in solution, being expelled, and the heat does not appear to have been sufficient for the expulsion of any of the other acids that have been found in the urine. When water, in which magnesia is suspended by means of fixed air, has been exposed to similar

treatment, the carbonic acid is in like manner carried off, and the magnesia subsides.

In natural urine, the proportions of alkali or earth, and acids, are accurately balanced, so as to form a state of neutrality in which neither is redundant. It is probable that Scheele was mistaken in supposing he had obtained the pure matter of calculi by simple evaporation, and that the substance which adhered to the glass was that matter conjoined with animal earth. If there was even a small natural redundancy of lithific acid, the effect, which has just been related from the application of heat, would furnish an earth with which it must become blended or united. It would probably take the place of the carbonic acid that had been expelled. Either he must have evaporated urine in which acid was unnaturally prevalent, as we shall often find it under morbid affection, or his conclusion was not perfectly correct. When urine is left to itself in close vessels, we do not see any appearance of chrystals as when an acid has been mixed with it; but there takes place a spontaneous separation of a peculiar matter, forming what has been called the cloud. I at one time conceived, that there was adhering to the natural cloud a minute portion of concreting matter, which was deposited as the urine cooled; I
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thought it had been in part lithifiac ; but from more nice attention to it, I am now fatisfied, that when it is not more than what ought to constitute the proper cloud, it consists of mucilaginous particles, not in solution, even in the body, nor capable, like a lithifiac sediment, of being dissolved by a renewal of heat. It is a gelatinous matter, furnished by the passages, and only diffused through the urine, from which, even in a degree of heat beyond the animal temperature, it may be separated entirely by a filtering paper. Such is not the quality of a lithifiac deposite. Frequently, however, when concreting matter is actually redundant, either from an affection within the body, or from an acid having been mixed with the urine, for the purpose of experiment, its particles conjoin with these of the cloud, which may in this manner be included in the chrystals. Or the lithifiac acid and cloud may remain intimately blended in the shape of a sediment, which, under different circumstances, assumes various appearances, and to which much attention has been paid under many conditions of disease. We shall soon again have occasion to mention this kind of sediment; but having considered the natural state of concreting matter in the urine, we must inquire into the causes of its preternatural separation,

tion, when concretions in the kidneys or bladder are produced.

A condition of neutrality, in which there is a balance between the opponent principles of the urine, appears to be the proper state of that fluid. If there be any natural deviation from neutrality, it is in phosphorated lime not entirely divesting of their properties these portions of the acids by which it is suspended. Frequently, however, under artificial states of the system, acidity predominates, and the lithific acid appears uncombined with any other matter. When the redundancy is considerable, its particles cohere in the body into gravel and calculi. The superabundance, whatever may be its degree, is testimony of the infraction of the just proportions between acid and alkali or earth. Concerning the production of saline matters in the body, we cannot give any information. It has not been ascertained by what means they are generated, or in what part of the œconomy they are principally formed. Those, which are contained in the urine in much greater proportion than in any other fluid, may be presumed to be excrementitious, or the separation of them by the kidneys must appear an unnecessary waste. Of this description is the calculous matter. It is probably one of the states of unserviceable and excrementitious

mentitious particles, which are carried off from the circulation by different emunctories. When it preponderates in the urine, we must suppose, that there has been in the body an unusual production of it, without a corresponding quantity of the matter by which it should be kept in solution; or that the portion which is common to the system has been thrown into a separate state by the prevalence of some other acid. Under the disease of which we are treating, it is probable that these circumstances are frequently conjoined. To one or the other, and very often to their united effects, the most common cases of gravel are to be ascribed.

The quantity of lithifac matter that can be precipitated from the urine of the proper quality, is in general scarcely more than might remain dissolved in the same fluid of the animal heat. For concretion in the bladder, there must be a larger proportion; so that saturation, in the heat of ninety-six degrees, shall be more than complete. A predisposition then to gravel will attach to that state of habit in which lithifac acid is abundant. It may be presumed, that at the same time the other saline matters are commonly abundant, and that the respective proportions may still be maintained to the preservation of neutrality. Whatever be the rate of acid, if
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that of alkali and earth be in an adequate degree, there will be no concreting matter in a separate state. In the urine, while it may be strongly impregnated with the lithific compound, there will not be discovered any lithific sediment. For the formation of gravel there must be a preponderating quantity of acid; and when acids superabound, the lithific being the weakest, is first exposed to separation.

A high condition, however, of saline acrimony, although it may exist without prejudice to the habit, while the right proportions are not violated, tends to calculous affection whenever acid happens to prevail. The causes of the urine of some people being usually much more loaded with neutral salts than that of others, it may not often be easy to ascertain. We cannot always penetrate to the nature and sources of actions that give occasion to different conditions and different appearances of the various fluids; but one source of difference in the urine, which there is frequent reason to remark, is irregularity, or inequality in the operations of these organs, by which excrementitious matter is thrown off. There is commonly preserved a kind of equilibrium between the parts that perform the functions of secretion. A decrease of evacuation by one gland is often attended with an increase of
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it by another. If the surface of the body emits only the thinnest perspirable matter without discharging its proportion of excrementitious substance, the urine will convey an undue quantity of the animal salts. Sometimes there may be a general diminution of secretory functions. Accumulation in the vessels will then take place; and when the proper action of the kidneys is restored, the saline impregnation of the urine will be considerable. These effects, however, are not sufficient for the production of gravel. They may only incline to that state of urine in which the proportion of neutral salts is so large, that, when superabundant acidity, the main requisite for concretion, is applied, there shall be chrySTALLIZATION in the urinary passages.

For the actual existence of predominating acidity, we must suppose, that there is an augmented rate of the native acids considered with relation to that of alkali and earth, or that an acid foreign to the œconomy has been introduced. Concerning the circumstances which give occasion to the production of unnatural proportions of acid in the fluids, we are as much in the dark as respecting the whole generation of animal salts. It is certain that the habit sometimes inclines to acidity, independent of acid conveyed from the alimentary canal; but that
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degree of superabundance, which is the source of calculous affection, may, in the greatest number of instances, be ascribed to the presence of a foreign acid. If any strange acid be received from the stomach or intestines into the circulation, and secreted by the kidneys, it will cause in the urine a precipitation of the concreting acid, which, when the proportion is beyond what the quantity of fluid can suspend, will run into a chrystalline form, while it stagnates in the body.

With an excuse to professional readers for trespassing upon their time by a trivial illustration, I must explain, for the advantage of others uninformed in every chemical principle, the nature and meaning of precipitation, a process to which there is frequent occasion to refer. Chemical union is the conjunction of two bodies into a third, with perfectly new and distinct properties. It is affected by a certain power which is called attraction, and carries them into combination when they are placed in fit circumstances for uniting. Such is the power by which magnesia, insoluble in water, combines with the corrosive vitriolic acid into the common purging salt, a compound neither insoluble nor corrosive, but deliquescent in the air, and mild in all its properties. The attraction of any substance to-

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wards others with which it is capable of uniting, is of very different degrees, and susceptible of measurement. Its union with one matter will be dissolved by another, towards which it is drawn by a stronger attraction. If a fixed alkali be added to a solution of Epsom salt, it will combine with the vitriolic acid, from which the magnesia must of consequence be detached, and may be collected in its simple state. This is precipitation, and of the same kind is the effect of acids upon the urine, in separating the lithiatic matter.

When we reflect upon the nature and properties of concreting matter, the precipitation of it from the absorption of other acids must appear as obvious as any chemical proposition. It will be admitted that acids may be absorbed as readily as many substances, which are discovered in the urine soon after having been received into the stomach. When they are transmitted to that fluid, precipitation cannot be avoided. Eminent physiologists have been unwilling to introduce chemistry into processes within the body. It must be allowed, that the natural operations of the system, and the actions of the œconomy depending upon life, are not to be accounted for on the principles of that science. But it were ridiculous to maintain that
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salts in the body are defended from the influence of chemical attraction. In the fluids in general, and more particularly in the urine, an excrementitious fluid not vested with the powers of life, they are susceptible of alteration from acids, and from any other matters by which they would be affected under other circumstances. Would not a precipitation in the bladder take place, if an acid were to be conveyed to it by the urethra? When we consider the ready and rapid transition of many substances from the stomach to the bladder, there cannot be much difficulty in supposing, that acids very abundant in the intestinal canal must be found in the urine. The position is so obvious, that no man can refuse assent to it without being prepared to deny the possibility of acids being absorbed, and afterwards carried, by the circulation, to the kidneys.

It has been contended, that any quantity of acid or alkaline matter that can be taken up from the stomach must be too much diluted by the great mass of circulating fluids, to remain perceptible by its characteristic properties. There is fallacy, however, in the argument, and experience is against it. The dilution in the blood vessels is not so immense as might be at first conceived. The blood is known to consist
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of particular parts, which are compounds of animal matter and water in particular proportions, through which any other fluid can only be diffused. A quantity of superfluous water, which contains the saline substances, and probably such foreign matters as gain admittance, appears to be blended, by diffusion merely, with the whole mass. A distinction of this kind has been made by Dr. Fordyce, of whom, to say that he is a profound physiologist, were but meanly to acknowledge the extent and variety of his acquirements. The kidneys, and the emunctories upon the skin, appear to have the faculties of separating the superabundant water with whatever may impregnate it, from the other constituent parts of the blood; and by means of these properties we can account for many alterations which otherwise there would be difficulty in explaining. We learn from them the reason of aqueous fluids, that have been drank, passing off so quickly as is observed, and may find encouragement, in affections of the urinary passages, for the employment of mucilaginous substances, which some practitioners have been inclined to disregard, on the ground of their becoming too much diluted to be of avail. The application to the kidneys is so frequent, from the vast rapidity of the circulation, that almost the whole

of any fluid fitted for secretion by these glands, may be contained in the bladder soon after it has been admitted into the stomach. Secretion by the kidneys has been considered as filtration; but it is an elective filtration, by which fluids in mutual diffusion are separated from each other, and some permitted to pass, while others are retained. If the kidneys have not the power which is possessed by glands in general, of communicating new properties to fluids by effecting a new modification of elements, they exert an admirable faculty of division, by which fluids that are blended can be withdrawn from each other in a manner that greatly surpasses any other filtration.

The argument then of extreme dilution, although occurring readily to superficial reflection, is deceptive; and experience, in respect to many substances, sets it entirely aside. Particular colours and odours of the urine, from very small quantities of certain matters that have been taken into the stomach, are not communicated in an equal degree to all the fluids within the blood vessels. The matters on which they depend, remain chiefly conjoined with the superabundant water, and along with it are abstracted by the kidneys. The colouring matter of ten grains of rhubarb, that gives a strong yellow to
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the urine in an hour or two after it has been swallowed, cannot be supposed to be extended in an equal degree over twenty-five or thirty pounds of fluids. If that were the case, the tinge would be of longer duration, and could not be wanting in the urine that is discharged for a considerable time: it could not vanish almost as quickly as it had appeared. We shall have occasion, in another place, to speak of the facility with which an alkaline impregnation may be communicated to the urine. In regard to acids, there is more uncertainty on account of another matter by which they are encountered. We shall find that the bile has neutralizing properties, and in fact contains alkali in its composition. But although an effect upon the fluid in the bladder may not be so immediately produced by acids as by alkalis, it is ensured by an habitual and constant influx. It becomes certain when acidity is not merely occasional, but one parcel of acid follows in perpetual succession to another, and in quantities beyond what the bile can saturate.

Acidity in calculous urine is manifest to experiment; and one of the easiest by which it may in general be demonstrated, is exposure to a boiling heat. It will not become turbid by a deposition of animal earth when the fixed air

has been expelled. There is present, for the solution of that earth, a sufficiency of acid not readily volatile in heat. The balance is not so exact, that the expulsion of a little acid vapour gives preponderancy to the earth. Acids of a more fixed description are redundant, and the fluid retains its transparency in the greatest heat it can assume. This surely is not an equivocal fact. It presents very strong testimony of the state of the urine when gravel takes place, and points with decision to the source of that disease.

When the nature even of urinary concretions was unknown, the tendency of acids to produce them had not passed unobserved. Acids and acescents have been enumerated, by medical authorities of the highest estimation, among the most active causes of gravel. Sometimes in this disease, the precipitating acid may be the native phosphoric, muriatic, or carbonic acids, produced by the animal œconomy in increased proportion. More frequently it is a foreign acid received by the mouth, or generated in the *primæ viæ*, in consequence of debility or derangement in the functions of the stomach. The disease does not often occur when the introduction of a foreign acid has not been among the contributing causes; and as foreign, I must consider,

consider, not only acids that are sent into the stomach, but acid created in the alimentary canal from the digestive process being incomplete. Acidity conveyed from the stomach or intestines, may be distinguished as the prime source of these affections, which proceed from a deposition of the lithific acid in the urinary passages. In many who are subject to calculous affection, there is an habitual use of acid. Wherever four fermented liquors are a common beverage, stone and gravel have been observed to be more than usually frequent. In almost all, the marks of acidity from imperfect assimilation in the stomach are not of a doubtful kind.

Many pathologists have had an idea that a nucleus was necessary for the formation of a stone, and invention has been racked to supply the probable substance of nuclei. A nucleus cannot be wanting for chrySTALLIZATION in a fluid supersaturated with any salt. Dead matter, it is true, affords a ready surface for the particles to shoot upon; and on this account a chrystal retained must be perpetually increasing in size by the accumulation of redundant acid: it becomes a centre, or basis of concretion, to corresponding matter. But separation in the beginning is not made in consequence of a nucleus being present. There are at first, in most cases, an infinite num-

ber of chryftals which constitute that condition of the difeafe to which the term gravel is applied. It is fortunate that, in general, they are carried away by the current of the urine, as the fmalleft chryftal remaining muft become a body, by which in future the precipitated acid will be attracted. The violence done to the paffages in the evacuation of gravel is a trifling evil, compared to the complicated miferies attending upon a confirmed calculus.

It is probable that the chryftallization of concreting matter happens principally during the night, when the urine is at reft, and retained a confiderable time before it is evacuated. The folution too of faline matters in urine fecreted during the night, is leaft diluted, and lithific acid is in proportion abundant. The growth of a ftone will be more or lefs rapid according to the redundancy of acid. The fhape will depend upon fituation, and upon the form of the bafis which has been compofed by the accidental cohesion of chryftals in the beginning. When two or three clufters of fand have been united together, fo as to constitute an irregular nucleus, the furface will continue to be irregular, and the lamina will be found to run in an uneven direction. The irritation from fuch concretions will be greater than from fmooth ones. The varieties

varieties in the colour of calculi, and in the appearance of different lamina of the same concretion, may be attributed to some adventitious matter attaching itself to the redundant acid: but frequently when the seeming difference is most considerable, the composition is not essentially different in chemical properties. It may be presumed that concreting acid is commonly most pure in calculi that have the nearest resemblance to the red chrystals.

The concreting process is not merely natural and easy of comprehension, but so coincident with experiment, and every part of it so much a necessary consequence of what had preceded, that we must consider the general class of urinary calculi as fundamentally the same. In conclusions, however, that are made with respect to animal phenomena, some latitude of exception must always be admitted. Peculiarities of the œconomy may produce extraordinary modifications of matter, or become the cause of concreting acid being connected with some other substance by which its nature and qualities shall be disguised. The most judicious experiments that were made before the time of Scheele appear under the authority of Dr. Dawson, in the Medical Transactions of the College. The greatest number of calculi that he examined

were evidently of the lithifac acid. But from other trials, which are related in a manner that marks clear and faithful investigation, it appears that some stones, which did not yield much to any alkaline menstruum, were powerfully acted upon by muriatic acid. In the succeeding section, I shall have occasion to offer some conjecture in respect to probable reasons of difference; it is sufficient at present to observe, that these peculiar instances, which came not under the observation of Bergman, Scheele, and others, who must be supposed to have operated upon a considerable number of calculi, are only to be regarded as uncommon deviations from a well-established order. In a work, however, of recent date, a publication particularly demanding attention, on account of the celebrity of its now lamented author, and the solemnity of the occasion for which it was composed, the specific distinction of lithifac matter is attempted to be set aside. It is unnecessary to add, that the production to which I allude, is Dr. Austin's Guffonian Lecture. In endeavouring to establish a new system, it becomes incumbent upon me to shew, that other principles sustained with so much ability, sanctioned by so much fame, and avowed before the supreme tribunal of physic, have been sufficiently weighed. To have passed them
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without regard might be construed into ignorance or disrespect. I must claim permission to offer a few comments, which spring from the particular knowledge that has been communicated in respect to the qualities of concreting matter, and its presence in the urine.

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SECTION III.

On the Theory of Dr. AUSTIN, with incidental Remarks on calculous Matter and its different Appearances.

THAT urinary concretions are formed, generally in very small part only, and often in no degree whatever, from the urine as secreted by the kidneys, but chiefly from mucus produced from the sides of the different cavities through which the urine passes; and that calculi from the bladder have not that uniformity of property which has been ascribed to them since the time of Scheele, appear to be the main conclusions in Dr. Austin's Treatise. Calculi he regards as hardened mucus merely, because mucus, a viscid kind of substance, approaching sometimes to solidity even upon the secreting surface, is much more likely than urine to become the composition of a calculus, which by specific gravity must subside to the depending part, where, for the same reason, the mucus is accumulated. One stone from a calculous patient
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was immersed in urine of the person who had produced it, and another in mucus separated from the same urine. The latter acquired the largest increase, and the new coat had most resemblance to the matter of calculi. The mucus from another parcel of urine was dried by a gentle heat, and assumed an appearance of small shining chrystals, which could not be distinguished from the calculi. The hardened mucus and stone agreed in chemical properties.

I have been at pains to prove that the urinary calculus is not mucus, but matter of a very different kind, and the experiments appear fully adequate to that intent. The lithifac acid, in its simple properties, or in any of its combinations, does not evince the least resemblance to mucus. In all the phenomena from the application of acids and alkalis, there is not a circumstance that can bring mucus to the recollection. The effect of boiling water is strong evidence in regard to the difference. It is not altered in texture by coagulation in a certain degree of heat, nor does it in the end give the consistence of glue, like every kind of animal mucilage. The water receiving from it only a very slight impregnation, is not rendered gelatinous, but remains as thin as before, and even the little that was taken up is deposited in the cold. The solution

lution is incapable of running into the putrefactive fermentation, after the manner of mucilaginous solutions of animal matter. The experiments with magnesia and other earths are equally decisive. Mucus must be admitted to be incapable of combining with magnesia, which, with the assistance of water and heat, is a ready solvent for the calculus.

But agreement in properties has been observed between the mucus from the the urine of calculous patients and the calculi themselves. This will not seem surprising to readers who have attended to what was said concerning lithific sediment. That which has been considered as mucus, is in fact principally lithific acid, whose particles, in becoming solid, have coalesced with the natural cloud. The sediment from this conjunction assumes wonderful varieties in colour and appearance. Frequently it is lateritious, and the particles of tolerable gravity, so as to subside near to the bottom of the vessel in which the urine is contained. Sometimes it is extremely light and flocculent, giving turbidness and seeming viscosity to the whole fluid, while the quantity that can be collected by careful filtration is very inconsiderable. In many cases it looks like mucus, and not uncommonly it settles with the colour and consistence of pus, which

which, in such instances, has been supposed to proceed from an ulcer in the urinary passages. This last opinion has been thought to be established by the customary foetid smell, and often became a foundation of medical practice. That ungrateful odour, however, is not confined to the appearance of this form of sediment, but will generally be found to attend a precipitation of the concreting acid. It is, of itself, indisputable testimony, not merely of lithific acid being redundant, but of the superabundant quantity having been detached by the process of precipitation from the matter with which it was combined. It is an odour of that kind which is called hepatic, and a similar one invariably arises from any urine to which an acid has been added.

It must be confessed that there is commonly an increase of mucus from the irritation of a stone upon the inner membranes of the passages, and that sometimes actual pus, from an ulcerated surface, may be contained in the urine. Mucus and pus can always be perceived as soon as the urine is discharged; and their quantities are in many cases so great as to make the water appear very foul and muddy as it runs from the urethra. They are not indebted to a decrease of heat for their deposition. They are in a separate state in the bladder, and subside almost immediately.

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But a sediment which has frequently been mistaken for mucus or pus, is the concreting acid attached to a portion of some other matter by which its chrySTALLIZATION is prevented. Many who have been distressed under the idea that pus is blended with their urine, may find comfortable conviction of error from the effect of heat, which will produce the transparency that occurs from a lithific acid being redissolved. *De Haen*, from whom almost every principle of *Dr. Austin* is borrowed, has observed, that even the urine which he considered as loaded with mucus or pus, is commonly transparent when discharged. He has likewise expressed his surprise, that in a case where there had been constant evacuation of prevalent matter, no vestige of an ulcer was found on dissection. The deposit, it is obvious, was not simple mucus or pus, but the proper concreting matter in conjunction perhaps with an increased proportion of the mucilaginous cloud, or with some other matter which peculiar circumstances of the bladder had supplied. When we are satisfied that the supposed mucus, in which *Dr. Austin* immersed his calculus, was in fact lithific acid, we cannot wonder that the stone received a larger increase, than another steeped in
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urine from which the redundant acid had been deposited.

The urine with a sediment of the lithific kind is very often distinguished by a pellicle on the surface, reflecting the rays of light in the same manner as oil when poured upon water. The same sort of film, however, is sometimes found upon urine, in which, without any positive prevalence of acid, there is a great impregnation of saline matters in general. It proceeds, as upon the surface of lime water, from the operation of the air or its contents. The vessel in which lithific urine has stood to become cold, frequently appears lined with a fine membrane, which is sometimes white, and at other times of a reddish cast. The concreting sediment is not uncommonly like an earthy matter, and might readily be mistaken for powdered chalk. In many instances it is yellow, and of such a nature as to give to the whole urine the colour and turbidness of a cold decoction of Peruvian bark. Another form of it is that of bran, occurring under particular states of fever when it has been called furfuraceous. To enumerate all its appearances were endless, although to investigate the causes of variety would be an object of importance. That, however, is greatly beyond the present design. The whole we can pretend to
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know concerning it, is that lithific acid is commonly the main article in the composition; and that the particular forms, which in general have been regarded as simple mucus or pus, are often the same acid, of which the chrySTALLIZATION is interrupted by the coalescence of a portion of other matter, that is probably, in principal part, of similar mucilaginous quality with the common cloud. Peculiarities of appearance, under other circumstances, may depend upon the presence of matter that is supplied under particular conditions of the system, and when the causes of these varieties are ascertained, it may prove a better index to the habit than it has hitherto been.

If by accident there be ulceration in the urinary passages, the pus may be conjoined with the lithific acid, but the cases of purulent sediment are not one in five that have been suspected. If we could trace the reason of the sediment in some persons commonly assuming a purulent appearance, we should approach nearer to an accurate knowledge of the causes of variety than has yet been obtained; but to pretend to say more in respect to the auxiliary matter of the composition, than that the gelatinous substance of the cloud is frequently a part of it, were to exceed the limits which examination
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can warrant. I have thought that carbonic acid, which, when stronger acids are redundant, must be detached from its combination with animal earth, may sometimes be conjoined with concreting acid in lithific sediment, and even in the substance of calculi. The extreme lightness of that sediment in some cases, where the quantity that gives seeming viscosity to half a pint of urine shall be found, when dried, to be but a few grains, when as many drachms might have been expected, induces suspicion of a vapour being connected with it.

In rare instances, the sediment of urine may be calculous acid not detached, but in union with animal earth, or the substance with which it is naturally combined. The compound, although it unites with water in much larger proportion than the pure acid, may not be soluble in such quantity, but that the urine should sometimes be supersaturated with it. In the plurality, however, of cases, the lithific portion, or basis of urinary sediment, does not appear to be in its proper combination with matter from which it can be detached by acids, but blended with something that has adhered to it after precipitation. And when, from the appearance, the proportion of that other matter might be expected to be largest, there shall frequently be

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scarcely any thing discernable to experiment but lithifac acid. All the varieties of sediment not uncommonly occur from the addition of acids to urine when precipitation is undoubted. If the cloud be separated by filtration before an acid is applied, the crystals are in general more perfect than if it had remained. If, when it has nearly subsided, the transparent urine be poured off and an acid mixed with the other part, the precipitate, or a portion of it, instead of forming into regular crystals, appears often to join with the cloud, so as to compose a sediment, which at different times counterfeits many appearances that have been mentioned. A sediment of this kind I have repeatedly redissolved by the application of heat, and seldom could obtain a second deposit under any other form than that of the first. Something adverse to perfect crystallization had adhered by a connexion, which a small degree of heat would not dissolve. In a few cases I have found that urine with lithifac sediment, after having been exposed to a boiling heat, has continued transparent when cold, without making another deposit of lithifac matter. In such instances the superabundance of acid must have been inconsiderable, so that proper neutrality is recovered by the expulsion of carbonic acid, whose place is assumed by that portion

tion of lithifac acid which had been precipitated and composed the sediment. The phenomenon, however, is convincing testimony of the matter of the sediment having been in a state of precipitation.

Sometimes indeed lithifac sediment will appear to be decomposed by the addition of an acid, and the urine, which was turbid, shall become transparent, with a chrystalline deposition. From this effect it might readily be presumed that the sediment had not been the consequence of precipitation by redundant acidity, but that the lithifac acid was in a state of natural combination with some other matter. The alteration, however, may be accounted for in a different manner. The new acid may detach the lithifac from its accidental cohesion with the mucilaginous cloud, or with carbonic acid. Yet this is not the most probable reason. In such urine, and even in urine which a deposition of red sand proves to be evidently calculous, the superabundance of other acids in the body has not always been sufficient for the precipitation of the whole of the lithifac acid. Upon an addition of acid there is a fresh deposit, of which the particles draw within the sphere of their attraction those of the existing sediment, and the whole coalesce into chrystals. The increased

proportion of lithific matter overcomes the obstacle to chryftallization. That this is the general cause may be deduced from the gradual disappearance of the sediment, which does not retire at once, as might be expected if it was decomposed by the abstraction of one of its elements. It unites slowly into chryftals with the new precipitate, and sometimes the chryftalline process is not complete after many hours. The natural foetid odour of urine with lithific sediment, gives testimony of precipitation having taken place. When urine of this kind is exposed to heat of the degree in which water passes into vapour, there is not commonly any deposit of animal earth, as from urine in which acid does not predominate. The emission of foetid vapour, and the absence of animal earth in a boiling heat, are tolerable criterions of the prevalence of acid. When the smell is not offensive, and the filtered urine becomes turbid as it grows warm, but recovers its transparency on the addition of a drop or two of muriatic acid, it may be supposed that the sediment was a compound of which the lithific portion continued in its state of natural combination.

There may perhaps be different conditions of foetor in urine from different causes. The matter of an ulcer, and other circumstances, may some-

sometimes produce an offensive smell, when there has not been any precipitation of lithific acid. The common source, however, of foetor is redundant acidity, and the odour has considerable resemblance to that communicated by asparagus; but I believe there is not any other analogy. The flavour that is attached to some portion of that very excellent and innocent vegetable matter, or the infusion that is extracted from it by the animal juices, happens to have similitude in smell to the vapour which arises from urine decomposed by acids.

The deposit of calculous urine that has become cold, is frequently red sand, which leaves the fluid perfectly transparent. This is often observed to happen when the irritation is severe, and a sediment of mucus might be expected to be considerable. By proper regard to sediments of concreting acid, we shall be enabled to account for it, so as even to understand why the circumstance may be evidence of the calculous affection being at the time severe. It has already more than once been remarked, that for the production of gravel, the redundant acid must be in greater quantity than the urine in the body can retain in solution. When this is the case, chrySTALLIZATION takes place in the passages, and the particles, in becoming solid, frequently

attach to themselves any floating mucus that may be present, and adhere with it to calculi or gravel already generated, and possessing the attraction of dead matter. The urine, when discharged, scarcely retains the mucus that should form the cloud, but brings along with it the fabulous matter, upon which that part of the concreting acid still suspended by the heat, is soon deposited in crystals from the limpid fluid. Calculous patients frequently take notice, that their sufferings are least acute when their urine on cooling becomes turbid. The reason is explained. The redundancy of concreting acid is not then always sufficient for crystallization in the body, but afterwards conjoins with the cloud, and any other matter that can contribute towards a lithific sediment. It unites into that condition, with what would probably have been withdrawn from the urine, if a previous deposit had been made in the bladder.

I may be thought to have dwelt longer than was necessary upon sediments; but the subject is of much importance, not merely to the object of the present enquiry, but with relation to animal action, and affections local and general; of particular conditions of which, it may, when investigated to the bottom, prove a valuable criterion. Here is in medicine a province which

is yet to be explored, and may afford ample field of momentous research to ingenuity and penetration. To look at the urine in disease, has been customary since the practice of physic was a profession; yet, with an exception of very few circumstances under which some knowledge is obtained, it may be asserted, that the common regard paid to it has been more for the purpose of appearing minute in necessary attentions, than from any frequent ability it has afforded of forming indications and prognostics. Already, however, the knowledge of sediments is improving; and under sound inquiry, in the prosecution of which Physiology, Pathology, and Chemistry, must be in accurate conjunction, while hypothesis is repelled, it may ascend to a degree of perfection that shall be of great advantage.

As it will now be admitted, that concreting matter is very different from mucus, and that sediments, which were regarded as simple mucus or pus, have frequently lithific acid for their basis, there can scarcely remain a doubt of calculi been generated from the urine. But Dr. Austin observes, that inspissated urine did not yield to examination by fire that particular sublimate which was described by Scheele as a produce of calculi. It has already been remarked, that simple analysis by fire is a means much less

to be depended upon for ascertaining the properties of new matter than the relative effects with respect to other bodies. The last has been the great source of vast improvements that have been made since the time of Boerhaave, who expended much labour to little account in the other way. The sublimate, as a product which is not furnished by animal substances in general, may be a good characteristic of lithifac acid; but many are the qualities by which that acid may be distinguished from other matter; and none more easy or certain than the singular alteration in colour to which the solution in nitrous acid is liable when exposed to the air, and when exsiccated. The yellow fluid does not at first appear to produce any effect upon the skin, or on a piece of glass, or a bit of ivory; but after an hour or two the part that was touched looks red, and at last it becomes of a blood red, which is easily washed off. That the experiment may succeed, there must not be remaining in the solution any superfluous nitrous acid. But for the appearance of the red mass after exsiccation, nicety in saturation is not necessary, as the superfluous acid is carried off in vapour. The remaining red matter appears to be an acid, and is probably the lithifac acid saturated with the oxygene of the nitrous acid, whose azotic principle

ciple has been dissipated. This is a test which makes a strong distinction between concreting matter and mucus. It affords a convenient means of marking quantities of that matter too minute to be proved by fire.

Because Dr. Austin could not obtain from inspissated urine the sublimate of Scheele, or was able to procure it in very small proportion only, and under such ambiguity of form as did not permit him to be satisfied in respect to the identity of properties, he, without hesitation, concludes that the calculous matter which yields a sublimate is not contained in the urine. It is strange that he should think of demonstrating by sublimation, a matter of which there could be but a few grains in an ounce of inspissated residuum; and that, upon such superficial ground, he should draw a positive inference of calculi not being deposited from urine. Yet there was no sublimate from mucus which he is endeavouring to establish as the general basis of calculi. Where then is his argument? and what is the source of concretions with sublimate?

I have proved, by a method much more satisfactory than sublimation, that lithifac acid, which yields the proper sublimate, is always present in the urine, from which it may be precipitated in a state of customary purity. But

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it were unreasonable to expect that a substance, of which the proportion, compared to that of other matters remaining after evaporation to dryness, must be extremely minute, should be distinctly abstracted from inspissated urine by means of fire. I could scarcely hope to separate, in that manner, a particular product of the specific matter of calculi, from a confused compound of different salts and mucilaginous extract, to the aggregate of which the calculous matter could not bear the proportion of a hundredth part.

The sublimate of concretions has been regarded with particular attention by Dr. Higgins, who has favoured the world with a series of experiments upon calculi. I must express surprise, that resolution by fire has been the means of trial principally adopted by that penetrating and expert chemist. His processes are elaborate, but have furnished an improbable catalogue of extraordinary elements. His observations are not so satisfactory as the general result of his ingenious labours. He appears to have considered as ingredients that pre-existed in a concretion, and not as new products from a different modification of particles, the various substances he had conceived himself to obtain. He regards the sublimate as the proper calculous

lous matter, or the cement of the others, of which the greatest number are unnecessary towards concretion, and may be present from chance alone. To the sublimate solely he thinks our investigation should be directed, with a view towards the prevention of gravel, and affections that proceed from it. Dr. Austin has followed him in these opinions, and concludes that the sublimate is not merely a creature of the fire, or a modification of certain parts of the stone produced by heat, and which did not exist before the decomposition of the stone, but that it is actually present in the stone in the same state, and that the action of caustic alkalis upon calculi is entirely upon the sublimate.

There is no improbability in this doctrine, nor would the admission of it militate in any respect against the principles I have endeavoured to support. *A priori* it would not seem unlikely, that the calculus may be a volatile body, of which the pure specific matter would ascend by sublimation from dross with which it was accidentally connected. But the real effect from fire is entirely different, and although it is painful to dissent from such respectable authorities, there is necessity for noticing the error, because it is of that kind from which deceptive practical conclusions must proceed. The sublimate,
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when in largest proportion, seldom amounts to much more than half of the lithific matter, as it is found in calculi, or precipitated by acids. The matter with which caustic alkalis combine is not this merely, as scarcely any thing is left; and upon the addition of an acid it appears separated from the alkali, not under the condition of sublimate, but in its former state of calculous matter. The precipitate, after refinement by solution in alkalis, a process which should abstract it from the accidental contingent ingredients of Dr. Higgins, will not yield a larger proportion of sublimate than the original calculus. Sublimate, in a word, is perfectly different from the undecomposed matter of calculi, as we shall immediately be convinced.

An immense distinction in the degrees of solubility places the difference beyond dispute. It is stated by Dr. Higgins, that four hundred and twenty grains of sublimate, the whole produce of eight hundred and forty grains of calculus, were readily dissolved by eight ounces of hot water; and that after evaporation, till only a single ounce remained, there was not any appearance of chrySTALLIZATION, but the solution had become thick like treacle. Is this the essential matter of calculi—the specific substance to which attention should be confined in inquiries respecting

pecting gravel? If it be, where is the difficulty in finding a solvent? Or why should we have recourse to alkalis, when water seems to unite with it almost without becoming saturated? The sublimate, like the calculus, dissolves in lime water and alkalis; but the compounds are as different as any solutions of different salts.

I am not afraid to renew my assertion, that the concreting acid is a body, of which the hidden elements are as much conjoined into an uniform compound as in the sublimate itself. The last is as different from the original mass as many other products of fire from the substance, by which, in consequence of a new modification, they are yielded. It appears as much a compound body as the entire lithific acid, and, in the fire, gives out a new sublimate, as different from itself as both are from the calculus. In each process there is obvious decomposition; and if our attention is solely directed to either of the products, in preference to the whole bulk of concreting matter, we shall contract false notions of the nature of calculi. The sublimate is probably a new product from conjunction of elementary principles of the stone in a new form. If it pre-exists in a concretion, it is to be regarded not as blended merely with accidental matter of different kinds, but combined by the
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most intimate chemical union with all the other elements, into a compound which operates as a simple body upon many other matters, and, in pathological investigation, is chiefly to be considered in its compound state. By examining the sublimate merely, or any other of the products from analysis by heat, we should acquire as little knowledge concerning the aggregate body, as respecting sugar from attention to its acid alone.

Dr. Austin having taken the production of calculi with sublimate from the urine, and left it entirely unsettled, gives an account of a calculus which was proof against the operation of alkalis, and did not by sublimation yield the usual product. That there must have been something particular in this concretion is evident; and it is to be lamented, that his experiments upon it did not extend to a more perfect examination of its nature. The alkali was employed in a state of extreme dilution, the proportion being only a drachm of soap-lees to half a pint of water. For the solution of any calculus in such a mixture, a boiling heat will be required, or the concreting matter in fine powder must be kept in repeated application to the scattered particles of the alkali, by strong and constant agitation. If a lump of calculus be thrown into lime water, or diluted alkali, the fluid on the surface of the stone becomes saturated in a short time,

time, and no air being extricated to keep up intestine motion, would for ever defend the remaining matter from the action of the solvent. Yet there has been nothing more common than to pronounce upon the operation of menstrua upon calculi, by throwing a piece of concreting matter into a fluid, and leaving it at rest for a few days. It may also be observed, that experiments upon urinary stones should be made while they are recent. The red sand precipitated by acids, appears more difficult of solution, and less perfect in its general properties, after long exposure to air.

The trials with alkali and lime-water are not related in a manner that gives perfect satisfaction, but the peculiarity of the stone in question is evinced, not merely by the absence of any sublimate, but by the largeness of the residue after a great degree of heat had been applied. Sixteen grains were left of twenty that had been employed. It is evident, the *caput mortuum* of mucus could not be in this proportion, therefore the experiment is equally fatal to Dr. Austin's favourite hypothesis, with an examination of calculi that furnish sublimate. Neither is mucus incapable of being acted upon by caustic alkalis, nor does it dissolve so readily as the lithiastic matter in nitrous acid, which was a ready menstruum for this stone. It is extremely to be wished,

wished, that the concrete itself had been examined by different means, or that the extraordinary residuum had been put to some other trial; —a residuum concerning which we may declare with certainty, without any other knowledge of it than its quantity, that it was not derived from mucus.

It appears that the stones, which in Dr. Dawson's analysis did not yield in any considerable degree to caustic alkalis, were acted upon by muriatic acid, which towards proper lithific matter is inert. It seems probable therefore that there are calculi of which the composition is in part an earthy matter soluble in that acid. A concretion which principally consisted of animal earth would not dissolve in alkali or lime-water, or suffer much change in the fire; but Dr. Austin has joined with recent investigators in exploding the idea of calcareous stones, and does not appear to have made use of muriatic acid upon calculi, which carry not any character of mucus, yet were insoluble in the common menstrua.

We shall find hereafter, that there are circumstances under which animal earth may predominate. Its particles may perhaps sometimes cohere in the bladder. I am inclined to think that there are instances of calculi, of which the principal

principal part is an earthy matter soluble in common acids. I have had an opportunity of meeting with one case which appeared to be of this description. The urine, as it passed from the bladder, looked commonly very foul and turbid, from a profusion of mucus, in which were involved many shining particles different, to examination, from the common calculous sediment. Sometimes a conjunction of these particles had taken place so as to form little concretions. This kind of gravel was strongly acted upon by muriatic acid, from which, after its operation, an earth was precipitated by alkalis. A part that had been left by the muriatic acid, was the proper lithific matter, and united readily into the characteristic solution with nitrous acid. I suspected the composition to be phosphorated lime combined with carbonic acid, and attached to a portion of lithific matter which had been precipitated by prevalence of the same aerial acid. There was not probably any chemical conjunction between the earthy and lithific portions, or the compound would have been soluble in the urine. Effervescence, during the solution in muriatic acid, indicated the presence of carbonic acid, a superabundance of which will not only account for animal earth and lithific acid being together redundant, but may

even allow an acrated alkali to prodominate at the same time. Mild volatile alkali seemed actually to be blended with the foetid vapour that ascended from this urine, of which the fumes, mingling with those of muriatic acid, composed the white smoke of sal ammoniac. Its condition appeared to have some relation to the effect, which would succeed to a solution of mild volatile alkali being dropped into urine in which lithifac acid was redundant. That acid and animal earth would be mixed together in the sediment.

Such mixed cases may sometimes occur, but are so much less frequent than others where the composition is almost entirely lithifac acid, that I shall continue to treat of gravel and calculi as consisting of the specific matter merely, without regard to anomalous instances, which attention to the urine must detect. Dr. Dawson has strenuously urged a strict examination of the urine, and of the sand, or fragments of stones that are discharged. It is probable his calculi, upon which muriatic acid took effect, were in part lithifac, as that acid never dissolved the whole, and sometimes not more than half of the concretion. The colour he describes, which was like that of red tartar, produces conviction of a portion of lithifac acid being present. One would expect

expect most frequently to find earth in those that have the whiteness of chalk stones; yet very often they are of the simple kind. The exceptions to the general character of calculi make in the disease a variety, which in practice is not to be overlooked. There are few morbid affections of which the general state does not admit of exception.

In respect to the sources of variety, or the difference of properties in calculous matter, we cannot derive any information from Dr. Austin, who appears to have referred both descriptions to mucus, while his experiments are only sufficient for demonstrating, that the nature of both was very different from that of mucus. He contends, that with regard to calculi which contains the sublimate, it has been proved that nothing can be discovered in the urine to account for their formation. That sublimate cannot perhaps be made obvious, by the processes he pursued, from the incrustations of dark alleys and convenient corners, or from the whole heterogeneous residuum of inspissated urine. But if he had been acquainted with the effects of acids, he would have known a method, not elaborate or liable to mistake, of striking from urine a substance which will yield the peculiar sublimate in perfection: and his observations might have

taken a direction which would not have tended to throw back, into its pristine state of night and obscurity, a subject upon which light was beginning to be diffused.

It seems unnecessary to adduce farther evidence of concreting matter being deposited chiefly from the urine, as a method of unambiguous demonstration within the reach of every person has been given. Twenty drops of diluted vitriolic acid, or a few drachms of vinegar, added to half a pint of morning urine, will produce satisfaction of the constant presence of lithiatic matter, and the same experiment will exhibit the general fœtor of nephritic urine, with sometimes a sediment not unlike to mucus or pus. One or two remaining arguments, however, on the other side, require to be noticed. Considerable stress is laid upon the incrustation of solid substances introduced by accident into the bladder, and upon the manner in which the depomite is sometimes observed to be made in cysts, or between the coats of the ureters and bladder.

It has been long remarked, that the end of a catheter, continuing for a length of time in the passage, was apt to acquire a crust of concreting matter, and that a bougie, having got into the bladder through misfortune or inattention, became

came the nucleus of a stone. These circumstances have been brought forward in support of the calculus being mucus, of which the secretion was increased by the irritation of a foreign body. A more accurate knowledge of concret-ing matter compels us to reject the conclusion, although we may be unable to account for the effect on satisfactory grounds. If it were even admitted, that the largest portion of lithifac acid does not pass the kidneys with the urine, but is furnished by the bladder, that acid would not be less distinct from mucus. It will soon appear that a part of it may actually be introduced into the bladder in this manner, but a part that is inconsiderable compared to that which comes along with the urine. It were an improbable conjecture, that a matter, which is always in uniform solution in the urine, except when it has been separated by the manifest prevalence of stronger acids, should not be transmitted with that fluid by the kidneys, but taken up from the inner membranes of the bladder, which is intended to be a mere receptacle for the secreted urine—a bag whose sole function, independent of those that are requisite for its own existence, is the faculty of discharging its contents in obedience to the will.

Lithifac acid is not the produce of disease, but an integrant part of the urine. It is the deviation from neutrality, which exhibits that acid in a separate state, that is disease, or a consequence of disease. Of that habitual deviation which becomes the customary source of concretion, we have been able to assign the most frequent cause: it is superabundant acidity from unnatural influx of acid. But it was confessed that infringements of the balance, which, however, are generally less considerable, happen from other causes that are mysterious and obscure. We cannot penetrate to the reason of urine retaining its natural neutrality during the cold fit of an intermittent, and betraying redundant acidity as soon as the crisis has taken place. Retention of lithifac matter, in consequence of the secretory vessels being contracted during the first stage of fever, is not an adequate illustration. It will not entirely account for a change that indicates an alteration of proportions between the elementary ingredients of the urine. The fluid, which during fever does not deposit a sediment, frequently contains abundance of lithifac acid in natural combination, and capable of being precipitated by acids. The simple lithifac acid, which afterwards forms the
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critical sediment when acidity preponderates, is as much in solution in the body as the lithific compound, and might as readily pass the kidneys if it were present. Mere retention, by which bodies chemically united are equally withheld, will not explain appearances which depend upon inequality of proportion. Retention will not account for the lithific sediment and foetid odour of urine, after extraordinary exercise, or a great degree of fatigue; yet unusual exertion, such as that of riding to a man who has not lately been on horse-back, is one of the most frequent occasions of acid becoming for a little time redundant, and displaying itself in the urine.

There is indeed one acid in the fluids, the carbonic, of which the quantity present may perhaps be particularly increased by retention. From the great propensity of this acid to unite with the matter of fire into vapour, it might be supposed that a portion of it is generally flying off from the body by insensible perspiration. It may escape from the fluids exposed to the common atmosphere on the surface, or in the lungs. When from contraction of the exterior order of vessels, or a diminution of external circulation, exhalation is suspended, it may accumulate so as to give a habit of prevailing acidity.

Here would be a retention not only of salts in general with which neutrality might not be incompatible, but of acid in particular, that must immediately predominate. The principle is not perhaps without foundation, and would account for many instances of superabundance; there are others to which it could not be applied. The Economy, by its inherent laws, seems to be disposed to acidity under particular circumstances, among which may be enumerated irritation in the urinary passages. We cannot arrive at a complete knowledge of the cause, but reasons which probably contribute towards it may be suggested.

Between the stomach and the urinary passages there is an exquisite sympathy, that has considerable influence upon digestion, with which the presence of a foreign acid, and perhaps the quantities of native acid are connected. Irritation in the parts which are concerned in transmitting the urine, is generally accompanied with disorder in the viscera that occupy the higher region of the abdomen, and in proportion as assimilation is incomplete, acidity will be apt to be redundant. The functions of the liver, which will be found to be a grand regulator of acidity, are for the same reason disturbed; and the general surface of the body is not unaffected. There will commonly be occasional rigours and other symptoms of
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universal derangement. The febrile condition that takes place from the uneasiness endured, occasions contraction of the extreme vessels, which may cease to transmit their proper portions of excrementitious matter, while from near connection there is an increased action of the kidneys, by which a greater proportion, of what should have been discharged by different emunctories, may be carried off. The secretion of urine by the kidneys is not less influenced by irritation in the passages, than that of mucus from the glands which open into the bladder.

It may likewise be observed, that the accidents, from which the argument is drawn, cannot be supposed to occur to a perfectly sound habit. There must have been some pre-existing irritation, or antecedent disease, to require the application of a catheter or bougie. Many have supposed, that any solid body kept as a nucleus in natural urine frequently renewed, would become incrusted so that a stone should be formed. This is one of the numerous false opinions which, originating from hypothesis, or gaining footing from loose observation and vague experiment, have continued to be received as if resting upon an established basis. In proper urine there is not in close vessels a particle of concreting acid deposited, the whole of that acid being in perfect

fect solution. On the contrary, sound urine of the animal heat, is capable of taking up a small portion of calculous matter, so as to become a menstruum for a stone. The only spontaneous separation from such urine is the natural cloud, which cannot produce a calculous crust. If a solid body be kept in urine in which acidity is redundant, or to which an acid has been added, it will be incrusted. Even then, however, the formation of a stone will be very slow, as the attraction of the sides of the containing vessel to the lithific matter is as strong as that of the intended nucleus, and the comparative surface greatly multiplied. But to the end of time there would not be a calculus from renewed applications of urine in which acid does not predominate, to a nucleus suspended in a vessel from which the common air was excluded. If there be free communication with the atmosphere, decomposition may ensue from the operation of the air, or of carbonic acid upon an extended surface.

When a foreign body gets into the bladder, if it meets not with acidity already redundant, it probably would operate by irritation, so as to occasion redundancy. The consequent acidity may be an effect of general sympathy disposing to superabundant acid in the system, or it may be

be a partial alteration in the urinary fluid from disordered functions of the parts concerned. As modes of universal action can frequently incline the universal habit to predominating acidity, peculiar directions of local operation may give prevalence of acid to a particular secreted fluid, while neutrality is preserved in the œconomy at large. When lithifac acid is redundant in the bladder, the petrifying process will make rapid advances upon a foreign body, whose attraction to concreting particles will not be divided by the living membranes, as by the inner surface of a bottle. But a piece of a bougie, if it were to get into the bladder of a person, the state of whose urine is perfectly natural, must operate to the production of different qualities in that fluid, before it can be incrusted. When the misfortune has occurred, the urine has usually been before in a state too much adapted to incrustation. The diseases which require catheters and bougies, are almost uniformly accompanied with prevalence of acid, from the general and particular sympathies by which they are attended.

The last thing to be mentioned is the appearance of calculi in cysts, and the depositions of concreting matter between the coats of the ureters and bladder. Cysts containing calculi, have been
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been considered by the best anatomists, as protrusions of the inner membrane between fasciculi of the muscular coat of the bladder. It is not difficult to conceive, that such protrusions, forming a kind of *herniæ*, may happen in strong spasmodic contractions upon small calculi. Dr. Austin employs some argument against this being the general cause; but the nature of the phenomenon appears well established.

For deposition between the coats, or in the substance of parts, we must have recourse to another principle, to which allusion has already been made. The circulating fluids are to be regarded as capable of throwing off concreting matter, and while it is contended that the principal part of that contained in the urine is transmitted by the kidneys, it will not be denied that a portion may be conveyed into the urinary passages with the fluids, which pass from numerous minute glands on their inner membranes. A deposition may take place within the blood vessels themselves, or in cellular membrane, the connecting medium of the body, or in the excretory duct of any gland. From the matter so deposited, an affection of a peculiar nature is frequently excited, and that affection is GOUT.

SECTION IV.

On the Cause and Progress of Gout.

PHYSIOLOGISTS, who have made chemical examination of the blood, are of opinion, that the saline substances of the urine may be detected in other fluids of the body. Ammoniacal and selenitic salts are not the products merely of secretion by the kidneys, but may be separated from the blood. It may be presumed that lithific acid is likewise present in the circulation. To demonstrate the existence of it in blood drawn from a vein, were, for several reasons, an undertaking of great difficulty. The proportion compared with the whole mass must be extremely minute, as the superfluous water which contains the salts, and from which the urine may be supposed to proceed, is in diffusion through the other constituent parts of the blood, the lymph, the serum, and the red particles. If coagulation be employed, as a means of abstracting from this compound fluid its mucilaginous matter, of which the quantity is extremely unfavourable

vourable to chemical experiments, the water that is thrown out unites with that in which the saline substances are dissolved, and the dilution is greatly increased. When I formerly presumed to publish my sentiments upon this subject, I thought I had been able to obtain concreting acid from serum, but now, after many varied attempts, I am not satisfied with my success. A frequent deposition, however, of that acid in different parts of the body, affords indisputable testimony of its being contained in the general fluids. It is a morbid deposition occurring under particular circumstances, and the state of the system in which it is most commonly observed, appears to be an inflammatory affection of a peculiar nature, distinguished by the name of Gout. An inquiry then is natural, whether that affection be the consequence of concreting matter being redundant, or the coincidence merely accidental.

For information on this point, the general condition of the habit in gout must be considered; and here I must recur to that obvious connection, which every attentive observer has marked between gravel and gout. The constitutions, the causes, and the remedies have appeared to be allied. The superabundance of lithifac acid sometimes becomes apparent, by

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being deposited in masses, that differ not considerably from urinary calculi. More commonly it is not collected in such separate quantities, but to a fit of the gout succeeds rigidity of tendons and ligaments, as if from diffusion of lithific matter—a rigidity, not proceeding from tension in consequence of muscular contraction, but seemingly occasioned by an alteration in the parts themselves, as if from an accidental deposition of something on the surface, or temporary intervention of foreign matter between the fibres. A tendon in the palm of the hand shall be felt almost as rigid as bone, while the flexor muscle to which it belongs is in a state of perfect relaxation. The uniform occurrence in some degree of such alterations from gout, conjoined with an evident deposition of lithific acid in many cases, conveys more than suspicion of the disease being connected with a redundancy of that acid. The phenomena too of the disease will be found more correspondent with that opinion than with any others of the numerous vague and visionary theories that have been advanced: for vague and visionary beyond even the common latitude of medical unprecision, may be considered much of what has been written concerning the cause of gout.

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The parts most frequently affected are these, which might chiefly be expected to suffer from concreting matter redundant in the circulation. A deposition of such matter will be most likely to occur in organs whose vessels are of the smallest order, and whose disposition is inert. Of this description are tendons and ligaments. Their vessels, in natural dimensions, are too minute to admit the red particles, and perhaps other component parts of the blood; and their texture is so tense that they cannot, without considerable violence being employed, allow of any increase of size, while, from their state of indolence and inaction, they are without a ready means of occasionally applying additional force for the purpose of maintaining the freedom of the circulation. The redundant acid yet in solution in the water of the blood may insinuate itself into the vessels of such parts, and ere by a slow and languid circuit it can escape, a portion of it may have been deposited. The very small particles already in a solid state, being compressed by the decreasing magnitude of the capillary canals that convey it, may be arrested on the surface, or detained within the substance, till by accumulation, rigidity takes place, or little calculi are formed. Such alterations cannot continue without derangement in the functions

tions of parts. Symptoms of local disorder and universal sympathy ensue, until by that admirable faculty which has been stiled the *Vis Medica-trix*, or nature's means of relieving herself from morbid oppression, the powers of life are roused to an increase of exertion in proportion to the necessity, and the offending evil is overcome. The inflammation of gout appears to be nature's remedy for the disorder that had taken place.

A want of freedom in the circulation is so much indicated by circumstances that have relation to the taking place of gout, and by appearances under the affection itself, that the disease has by many before this time been considered as proceeding from obstruction in the vessels of the part affected; and the obstruction has frequently been attributed to something that was termed gouty matter. In books of medicine we are perpetually reading of this matter, yet there is not in physic any other expression of which the meaning is less determined. The ideas concerning it were so various, and opinions so very different, that of late it has been entirely rejected by the most eminent of the profession. They are unwilling to admit the influence of a matter resting upon supposition merely; for it is contended that no proof has been adduced of its

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existence; and they have combated the doctrine, by opposing to each other the contradictory sentiments, in respect to its nature, of those who supported it. The objections were undoubtedly of weight, but they are now removed. The concreting acid to which we have ascribed the effect, is not a visionary matter. From requiring for solution a very large quantity of water, and from its tendency to be deposited in a chrySTALLINE form, it is a species of matter extremely adapted for producing obstruction in the vessels of a living animal. It is an obstructing matter, not springing from hypothesis, like many supposed causes of obstruction, but of such a nature as to be readily comprehended in its operation and effects.

The alteration is indeed obvious and convincing. When the redundant acid shall be more than is sufficient for saturating the aqueous portion of the fluids, there would be difficulty in suggesting any means by which its concreting tendency should be counteracted. If it gets into a state of solidity, it cannot be supposed to continue in the body with impunity to the system. When we consider the indolent condition of many parts, and the extreme minuteness of their vessels, it will appear impossible that a matter of this kind should be received into them without

out producing interruption and derangement. The coalescence, even in the blood vessels, of the particles of particular kinds of matter from the state of solution to that of a solid, cannot be thought improbable. If acid of sugar, which with superior attraction to that of acids in general, seizes upon calcareous earth, and combines with it into an insoluble compound, were to be received into the stomach in such quantity, that a portion unsaturated should get into the circulation, could any man entertain a doubt of the formation of saccharated lime, which, by accumulation from a continued influx of the same acid, might produce deposition and consequent disorder, analogous perhaps to gravel in the urinary passages, and to gout in other parts? It seems probable, that particular effects of other substances might sometimes be accounted for on a similar principle. *Terra ponderosa*, which in the change it undergoes from fire, and in some of its combinations, has so much resemblance to calcareous earth, as for a long time to have passed undistinguished from it, unites, by an attraction superior even to that of alkalis, with vitriolic acid, into a compound which water does not dissolve. If a solution of it in any other acid be mixed with water containing vitriolic acid, by itself, or in conjunction with any other matter,

the vitriolated *terra ponderosa*, or barytic selenite, will immediately be formed. This earth has been found to have upon the system greater effects than might be expected from its agreement with lime in many respects. Perhaps its potency may in some degree proceed from its meeting with vitriolic acid, of which a portion has been supposed to appertain to the body. The solutions of lead are decomposed by the fluids, as may be proved by mixture with urine or saliva, and a white concrete precipitate is produced. It seems not improbable, that the medicinal or deliterious effects of such articles may be in part owing to their transmutation in the absorbents, the blood vessels, or the organs of secretion, and to the interrupted functions of parts from the unnatural and perhaps mechanical influence of strange particles. In the first volume of the Medical Transactions, there is annexed to a paper upon the effects of lead, by the present distinguished President of the college, an account of alteration in the appearance of muscular fibres in bodies which had been exposed to the influence of lead—an alteration to which nothing similar is perceived in common paralytic cases. The peculiarity, equally claiming credit and regard from the anatomical acuteness of Mr. Hunter, the gentleman who
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made the observation, and the great professional bility, as well as pre-eminent reputation for general learning and classic endowment of Sir George Baker, by whom it is recorded, might be thought favourable to the idea of deposition of the particles taking place. Prudence will deliberate upon the admission into the stomach of articles, which passing unsaturated, or undecomposed by the digestive fluids into the vascular system, must be acted upon by matters in the circulation, so as to form solid compounds, from which serious evil may be apprehended. Acid of sugar, as an acid, is mild and grateful to the taste, but a man acquainted with its characteristic property that has been mentioned, would be intimidated from a long-continued exhibition of it. He would not employ it as a customary ingredient in his punch.

The consequence of concreting acid becoming redundant, is of the same kind ; and, as was said in regard to gravel, if the proportion precipitated be more than can be retained in solution, the particles must be deposited, and that deposition becomes the cause of gout. In attributing this disease to a redundancy of acid, we are enabled to establish its primitive source, and the operation of its cause upon the system. I am persuaded that the production of it will in future be

considered less intricate than that of the greatest number of morbid affections.

The deposition may take place in any part of the body. There is not a situation where gouty affection does not occasionally occur. Lithific acid has frequently been discovered in the lungs, and within the excretory ducts of many glands. We cannot now have difficulty in accounting for it between the membranes of the ureters and bladder. Some part even of that contained in the urine may be thrown into the bladder, with fluids which proceed from glands that open into it, and that quantity may be preternaturally increased by irritation. Secretions in general, when under a state of irritation, appear to be more than usually impregnated with the native salts of the body, and from this cause principally has arisen the idea of acrimony. There is not, however, any fluid, in which the proportions of this and other saline matters are so great, as in that secreted by the kidneys. Red sand deposited from the urine in the very act of secretion has often been found in the *tubuli uriniferi*. A case is reported by *De Haen*, where the whole substance of these glands was loaded with this matter, which in the particular instance of this patient, who was severely afflicted with arthritic affection, he considered as the matter of gout passing off by the kidneys.

kidnies. It may be remarked, that in the same instance, the urinary sediment had been supposed to be purulent, yet upon dissection there was not found any source of pus. He wanted but a knowledge of the nature of concreting matter, its common condition in the fluids, and the uniformity of its properties, to have escaped from his errors, and penetrated to the origin of both diseases. It is evident that a deposition of the same kind may take place in the capillary vessels of any other part. The redundant acid may be thrown out on the surface of the body, and appears sometimes to be an occasion of disorder upon the skin. It may be observed, that the vapour from the body during a complete fit of gout, is strongly impregnated with that particular fœtor, which occurs when lithific acid is precipitated from urine, and that it has been found to possess the property peculiar to acids, of turning to a red colour the juice of certain vegetable productions.

The lithific acid, detached from its natural combination by the prevalence of stronger acids, may adhere to any fibre, or be conveyed into any cavity; but the places where a deposition would be expected, are exactly those which are most susceptible of gout. The common situations of that affection are tendons, ligaments, and mem-

branes, which are exposed to such alterations from reasons already stated. They are liable to be the seats of deposition, from the contracted dimensions, unaccommodating texture, and indolent condition of their vessels, while the different state of their contents from those of larger vessels predisposes to the same end. The fluids of these parts, abstracted by a filtration which the body alone can effect, from the red matter and much of the mucilaginous substance of the blood, approach nearer to the nature of urine, and are principally the superfluous water with the salts that belong to it. They may be regarded as secretions from the general mass, and equally exposed to the action of acids, with the secretion by the kidneys.

That acids are greatly instrumental towards the production of gout, is an opinion which was founded upon observation, and has long been maintained. This disease, as well as gravel, has in many cases been attributed to an excessive use of acids. It has likewise been regarded as intimately connected with that state of stomach, in which there is an almost perpetual generation of acid. At the same time, however, a variety of circumstances of a different kind have been enumerated as sources of it. If we examine with attention the condition of many in whom gout
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makes its appearance, we shall generally find, that those other circumstances have chiefly been productive of it, when they have had the previous effect of impairing the digestive faculties, and causing a consequent tendency to the generation of acid. Of this nature are infobriety, luxury, indolence, and voluptuousness. The disease frequently attends upon a habit of drinking, on account of the acids conveyed into the body by means of it. The tendency of different liquors to produce it, is not so much in proportion to their strength, as to the quantity of acid in their composition. This assertion is warranted by the experience of ages; the liquors in which acid predominates having been invariably considered, by the best authorities, as peculiarly predisposing to gout. Shallow of observation must be the man, who, accustomed to endure the pains of gout, has not become acquainted with the injury of acids. By immoderate indulgence in intoxicating compounds of any kind, by a life of luxury, by a state of indolence, and by an inordinate pursuit of pleasures, the powers requisite for the process of digestion are at last brought into disorder, and the contents of the stomach permitted to run into common fermentation. These and other circumstances, which tend to vitiate the action of the stomach, and conduce, by reason

son of derangement, to the formation of acid, may be looked upon as remote causes of gout and of gravel.

Gout is one of the diseases which has the appearance of being transmitted by parents to their offspring. This circumstance may be advanced as an argument against its proceeding from the introduction of acids, but on reflection will be found to give weight to that opinion. In the multitude of affections depending upon peculiarities of habit, there is not one more uniform in its occurrence than that disposition to stomach derangement which is the source of much disorder in the system. The features of the face, the propensities of genius, the nature of the passions, or the disposition of the mind, have not greater resemblance in consanguinity than the condition of the stomach. A constitutional imperfection in the digestive faculties, or that condition of stomach in which a part of the food is perpetually running into these fermentations which produce acidity, is a great hereditary source of gravel and gout.

A defect in the digestive process frequently succeeds to irregularity, to intemperance, and to unavoidable exposure, under many situations, to circumstances that are the occasion of debility and disease. In a great number of habits, however,

ever, there is original and constitutional imperfection, which may be marked even in the earliest periods of life before any morbid temperament has been contracted, and is found in the advanced stages to become greater with increase of years. Frequently it is accompanied with general debility and universal delicacy; but not less commonly it is an attendant upon habits that are otherwise robust. In men of coarse fibres, large bodies, and great apparent strength, a natural tendency to indigestion is not a rare occurrence; and the appetite is often immoderate, while the powers of assimilation are very limited. In such habits there is apt to be plethora from irregularity of secretion. When the functions of the stomach are not properly performed, those of the emunctories are seldom complete. From defect of perspiration there is dryness upon the skin, and retention of what ought to be discharged; redundant acid accumulates, and at the same time there is general fulness predisposing to the inflammatory action of gout.

Accumulation from secretion being deficient is extremely conducive to the production of gout. A contracted state of the emunctories is, in most cases, a forerunner of the disease. When the secretion from the kidneys, the surface of the body, and all other glands, is easy and rapid, superabundant

perabundant acid will be quickly evacuated from the circulation ; but when there is general disposition to contraction in the secretory vessels, the redundancy may, by accumulation, become considerable, from a very gradual introduction of acid, and excrementitious matter is directed into new channels. The effects from an influx of acid have much relation to the state of the emunctories, and the balance that should be maintained among the organs of secretion. The different circumstances of these under different ages, habits, and climates, will frequently account for different degrees of predisposition to gravel and gout. The proper habit of gout is that, where with rigidity of fibre, and predominating dryness, the digestive faculties are imperfect. Glandular laxity and ready secretion are not so favourable to its occurrence ; but in such habits concretion of the redundant acid in the urinary passages is not unfrequent. We may now understand, that not only the cause of the disease is hereditary, but peculiarities of habit under which that cause will be of most avail—We may be informed of the reasons for its being less frequent in the beginning of life than in the decline, in women than in men, in warm climates than in cold. In respect, however, of habits or temperaments, it is a common
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and just remark, that they are so blended, and run so much into each other, that a distinction is not always easily made.

Van Helmont, and others, who have been of opinion that gout is connected with acidity in the vessels, were unacquainted with the concreting acid and its precipitation. *Bosc d'Antic* and *Berthollet* have written with ingenuity upon the subject of animal acid. The last in particular has furnished demonstration of the prevalence of acidity in gouty habits. But the attention of both is almost entirely directed to phosphoric acid. By all who have favoured the system of acidity, the disease was supposed to proceed from the acrimony of the fluids in which acid was redundant. Such acrimony may have its peculiar effects, but would not much contribute towards the illustration of gout. The deposition of lithiatic matter from acid of another kind being redundant, is satisfactory in theory, and consonant to experience. The acid that occasions the precipitation, may sometimes be phosphoric acid, of which the quantity is preternaturally increased; but more frequently it appears to be a strange acid introduced from the alimentary canal. Concerning the specific acid of gravel and gout, although a constituent part of animal fluids, very little has been known; and in regard to its

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precipitation in any part of the system, an idea had not gone forth. It is a matter, the proportion of which is minute. The quantity that may be separated from half a pint of natural urine, scarcely appears to amount to two grains; yet, by a knowledge of its properties, it is raised to high importance in the animal œconomy, and two diseases, of which the production has been considered mysterious, are clearly accounted for. It is a species of matter by which the attention of physiologists and pathologists will, in future, be considerably engaged.

When the freedom of the circulation, or the functions of a part, are interrupted by the redundant acid, the taking place of the consequent inflammatory affection will be retarded by a condition of debility and languor, but promoted by every thing producing an increase of action, or by an uncommon exertion of any kind. It frequently happens, that a fit of the gout is suddenly brought on by unusual repletion, by the use of stimulants, by extraordinary exercise, or some violent effort. These and other circumstances, which bring forth the latent disposition, may be termed occasional causes of the disease. Sudden evacuation will sometimes have the same effect. It may operate by producing an alteration of action, at a time when any change will be likely to incline

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cline towards that for which the disposition is most prevalent; or it may diminish the natural powers by which deposition and its consequent effects are resisted. An accidental decrease of force, with perhaps not unfrequently an attending increase of irritability, must be distinguished from habitual weakness and chronic dulness of impression.

Gout, in like manner as other inflammatory disorders, is most apt to occur in the vernal and autumnal seasons. The heart and the principal arteries, stimulated by the increase of heat in the spring, propel the blood with unusual force; but the extreme vessels, having acquired a habit of contraction, are with difficulty distended, so that resistance is given, and plethora takes place. By a continuance of warm weather relaxation upon the surface is at last produced, and the plethoric symptoms disappear, until external circulation is checked by the returning cold in autumn. The blood is then thrown in greater quantity upon the interior parts, so as to cause re-action, giving a tendency to inflammatory complaints. Thus the heat in spring, and the cold in autumn, are attended with consequences in some respects similar, and gout is most frequent at these seasons. Acidity may be superabundant at other times

times without equal risque of that affection being produced.

The circumstances already mentioned, as predisposing the tendons and ligaments to those alterations which give rise to gout, are strongest in the lower extremities. The feet being farthest removed from the center of the circulation, the force of the heart must be in a great measure spent before the blood can make its remote circuit through them, while the perpendicular situation of the body is unfavourable to its return by the veins. The fluids, therefore, in the lower extremities are often nearer to a state of stagnation than in other parts, and there is less of that power by which any thing tending to produce disease is resisted and counteracted. For these very obvious reasons, the tendons and ligaments about the toes and the metatarsal bones, are more liable to be affected with gout, than even parts of the same kind in other situations. The predisposing condition of these parts is described with his customary energy by *Boerhaave*, who appears to have had not inaccurate ideas respecting the nature of gout, and only wanted for their perfection, some acquaintance with lithi-fiac acid. "*Locus, quem primo, quem regularis aggreditur, semper pes; hujusque illæ imprimis partes, quas difficillime suum pervadit liquidum: ut periostia, tendines,*

tendines, nervos, membranas, ligamenta; quæ a corde remotiores, et maxime presse.” His great commentator is very distinct and satisfactory on the same point.

It is not my intention to enter minutely into the description of a paroxysm, or into the progress of gout: for information respecting these, application may be made to the treatise of *Sydenham*, from whose admirable representation the accounts of many succeeding authors have been extracted. It is source of infinite satisfaction to find, that the imputed causes are not only in harmony with the practical observations of that most discerning and experienced physician, but will prove adequate to the explanation of the principal phenomena of the disease. We shall touch upon the leading features only of this peculiar affection.

A paroxysm of gout seldom makes its appearance without warning, from derangement in the digestive faculties, but is usually preceded, for some weeks, by flatulency, want of appetite, and other symptoms of disorder in the stomach. These are not always much attended to; so that patients will sometimes repel the idea of their having existed. In particular instances, as has been repeatedly stated, the redundancy of acid may

be from causes independent of absorption from the alimentary canal, and within the circulation. But in the greatest number of cases, nice enquiry will easily detect evidence of indigestion, during the continuance of which there has been common fermentation in the stomach, and a constant influx of acid from the *primæ viæ*. The concreting acid is detached by this foreign acid, and if, at the same time, there be deficiency of secretion, it accumulates in the fluids. The proofs of secretion having been defective, are not commonly obscure. When the accumulation has got to a certain pitch, a deposition of the particles commences, and the consequent interruption to the functions of parts is indicated by a variety of symptoms, such as unusual languor, coldness in the extremities, an uneasy sensation frequently compared to that of pricking in the feet and legs, with numbness, and spasmodic affections of the muscles. Under these circumstances, the gouty inflammation will sometimes be excited by stimulants of any kind, by a hearty meal, or by food that requires considerable effort for digestion. When the habit is in this state, a few glasses of wine, in which acid prevails, or any acid liquor, will almost immediately be felt.

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The circumstance constituting the disease, is an inflammation in parts of which the operations have been rendered incomplete by deposition of lithific matter; and it is most frequently excited in the tendons and ligaments about the feet. There arises from it a very acute pain. The first attack is commonly at a very early hour in the morning, when the state of external contraction, to which the animal œconomy is naturally inclined in the beginning of night, is subsiding, and the distribution of fluids towards the extremities and the surface of the body becomes more considerable. About the same hour other remote or external inflammations, such as those of small-pox and measles, are most apt to take place. The pain is not slow in its advances, but arrives at great severity in a short time after it has been perceived. The increase of action is communicated not only to the vessels of the surrounding parts, so as to produce swelling and redness, but to the heart itself, and to the whole arterial system. By means of the universal exertion of the vascular system, and the augmented impetus of the blood, every hindrance to natural action is, in a short time, overcome, and the tendency to contraction in the various emunctories removed. The secretion from the surface of the body becomes very

often profuse; and the redundant acid, passing off more freely by the kidneys, appears in the urine as a lateritious sediment. When the relaxation has continued for some days, the whole of the accumulated acid is discharged, the inflammation subsides, and every thing returns to its natural condition: the fit is then said to be over.

When a regular paroxysm has had its course, the patient is commonly left in more perfect health than he had before enjoyed. This effect has led many to consider gout as having a peculiar property of restoring the vigour of the system. That, however, was an unfair conclusion: of itself it causes a diminution of strength, but by removing every other morbid affection, it puts the system into a disposition for acquiring vigour. It proves a very universal remedy for numerous chronic complaints, to which the same description of habits is subject. The tendency to disorder in the stomach, and a multitude of ailments proceeding from it, are corrected by a paroxysm of gout. We cannot sufficiently admire the excellent contrivance of nature, by which many diseases become the instruments of removing the circumstances that produced them. The digestion is often perfect for some time after, and the secretions, in their natural state.

state. Disorders, that were the source of permanent debility, are put at a distance, and the temporary weakness, occasioned by the last disease, is soon recovered. But the benefit is not perpetual: after some time, proneness to acidity, with nausea, want of appetite, and flatulency, begin to be perceived; the concreting acid accumulates again, and much inconvenience is endured, from a variety of irregular symptoms. Under these circumstances, it has frequently been thought advisable to employ stimulants for the purpose of exciting the inflammation, that the other complaints may be relieved by it.

The inflammation of gout has a disposition to confine itself to the part where it has commenced; but if it be resisted by any circumstance, it will, in general, be produced in some other situation. When it has been counteracted in the lower extremities, it frequently sits down in the joints of the fingers, in the elbow, in the coats of the stomach and intestines, in the viscera of the thorax, in the integuments of the head, in the brain, or its membranes. These sudden removals have been accounted for, by supposing that matter which has been deposited was taken back into the circulation, and conveyed to the part next affected. But an instan-

taneous and complete translation of this kind cannot readily be admitted, nor would much assistance be received from it: it is improbable and insufficient. The nature and reason of changes are more easily explained.

In a gouty habit the deposition of redundant acid is not confined to one part; it must take place in various situations, but in different degrees. There cannot then, for the appearance of inflammation in another part, be any necessity for translation of a matter which is already present in many parts. There is an inclination to unity in local inflammations. It may be remarked of common phlegmon in particular, that it is disposed to occupy but one situation; as if the animal powers were without the means of sustaining two violent local affections at the same time. From this principle arises the practice of curing one inflammation by means of another; and so extensive is it, that it frequently prevails, even when the cause of the original inflammation is unremoved. The distribution of fluids, and direction of action, which are altered by inflammation, cannot be conveyed with equal force towards two considerable points, but will commonly preponderate towards the one, to the destruction of the other. There is a disposition
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to this kind of unity in gout, although a number of parts are under similar susceptibility, and the universal habit inclined to the disease.

It is necessary to be particular on this subject, because the absurd doctrine of translocation has been objected to as a part of our system; although it is disavowed and refuted in the last publication. We may conceive, that before a fit of the gout has commenced, a number of different parts have undergone, in unequal degrees, that alteration which constitutes susceptibility of the disease. A stimulus is at last given, and the inflammation arises, not over the whole, but in that situation, where from larger deposition, or less ability of relieving itself, the susceptibility is greatest. From this inflammation there is immediately upon the general system, an effect which consists in universal exertion of the vascular powers, and terminates in the offending matter being expelled, the circulation restored, and the tone of the stomach recovered. Such is the natural progress of gout; but if the inflammation be counteracted before the salutary consequences have taken place, it must be expected that the occasional cause will operate to the production of it in some other situation, to which, without any recent translocation of matter, a previous disposition had been communicated;

—a disposition not depending upon accidental translation, to which physiology cannot accede, but upon original deposition.

The whole system is to be considered as thrown into a condition of extreme susceptibility of local inflammation of a peculiar kind, from a particular cause. If the stimulus to increased action is not permitted to expend itself upon the right foot, the diathesis of gout remains unabated, and may naturally fall upon the left. If it be driven from that likewise, it may occupy the wrist, or the elbow, or any other spot where the specific susceptibility is present. Here is not a translation of matter, but of the action, which, like many other violent actions, has an inclination to unity, although the parts predisposed to it may be numerous.

During a regular paroxysm, the lithific matter that has been deposited is probably taken back to the circulation, that it may be carried off by the emunctories. If, after a portion of it has been absorbed, any interruption is given to the necessary relaxation of the organs of secretion, there may be an increase from it of deposition in other parts; but a sudden and entire translation of matter from one spot to another, is incompatible with reason, and would not lend any assistance in explaining the transitions that
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take place. It is as unnecessary as it is difficult of comprehension. In rheumatism, removals of the inflammatory affection are nearly as frequent, and the disease resisted in one part, very often occurs in some other, to which a preceding disposition to such affection had been communicated. A translocation of matter has not then been suspected: in this case, as in gout, there is a tendency to unity in the inflammation when violent, although the pre-disposing alteration may not be confined to one part. This is not the only circumstance of analogy between these disorders: an impediment to the circulation, and proper functions of the parts affected, is the proximate cause of each; but the alterations producing that impediment are different. The interruption in rheumatism arises from the diminished size of the vessels themselves, and a contracted condition of fibre—in gout it proceeds from the presence of an uncommon matter. The parts affected in the first are as obviously the moving powers, as that organs of indolence and inaction are most exposed to the second. The alteration, however, has in both the effect of occasioning particular exertions of the solid matter of the body, with increased velocity and force of the fluids, for the purpose of correcting the error that has taken place. Frequently
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they are blended from the causes being conjoined in the same habit, and it becomes difficult to pronounce upon the identity of either. Such cases are of the most obstinate kind, as the course of each is interrupted by the other, and the progress of both rendered irregular and unbeneficial.

When the inflammation of gout has arisen in one foot, and is so acute as to produce, in a proper degree, that symptomatic affection of the system, or general increase of vascular exertion, which may be called the fever of gout, the relief from deposited matter is extended over the body, and inflammation of other parts is avoided. Frequently, however, the deposition in different situations, has been so considerable, as to require actual inflammation in them likewise, and still the inclination to unity prevails. The part next attacked, which in regular gout is commonly the other foot, does not become affected till the first inflammation has nearly subsided. By a succession of such affections the disease may be continued for a length of time, and its crisis shall become very incomplete. This is not often the case in habits of tolerable vigour, when the natural progress has not met with artificial interruption. The inflammation in the feet would generally be fully adequate

to the relief of the whole system, and the paroxysm would be concluded within a fortnight, if fair scope were given to the disease. The period of gout would seldom be of longer duration, if every counteraction to the natural exertions, local and general, was avoided, and the stomach put under such restraint and regulation as should not interfere with the expected return of the proper faculties of digestion. The restriction of a few days would save from many weeks of anxious confinement, and painful infirmity. But when patients are with difficulty induced to deviate from their common course, and refuse to yield to the unambiguous warnings of the disease—when they are only restrained from motion by intolerance of pain, and are impatient to return to their customary habits as soon as the agony is less acute—when they disdain the means that would contribute to the requisite relaxation of the emunctories, and shrink not from exposure to circumstances by which external contraction is promoted—when they are unwilling to leave the stomach, for a few days, to that state of quiet which is of the greatest importance for the restoration of its tone, but continue, in defiance of concomitant flatulency and unabated disorder, to gratify their appetites—When these and other compli-

complicated errors are committed, it cannot be ground of astonishment, that paroxysms are frequently prolonged to an extraordinary period, and that relapses should come in quick succession. Under such circumstances the ultimate intention of a paroxysm is never obtained, and parts, by reiterated renewals of the same mode of action, may even acquire a habit of falling into it when the original cause is removed. A tendon, that has suffered extremely from an almost unremitting affection, may become liable on other occasions to inflammation that shall have resemblance to gout.

From the history that has been given, the danger of counteracting a paroxysm, or checking the inflammation of regular gout, becomes conspicuous. Local remedies, by which the affection is likely to be removed from one part to uncertain situations, where it may be attended with greater inconvenience and risque, have long been condemned by judicious practice. If by any sedative application, or a contiguous blister, the recent affection of the foot is carried off, the system will generally remain without the relief to other parts that would have been produced by a paroxysm, and the inflammation must arise in some new situation. General evacuations for the purpose of diminishing the fever, which

which is a necessary part of the disease, as the instrument of relief to the system, cannot with propriety be carried to great extent. Costiveness, indeed, is always to be prevented; and there are cases when the symptomatic exertion is so violent as to threaten injury to the brain, or other vital parts, and may require to be moderated. Such cases, however, seldom occur when due attention has been paid to necessary management, and too much application has not been made to hot and stimulating articles, under pretence of keeping the disease from the stomach. Articles of that description are generally injurious; but by cautious regulation of food, and prudent administration of proper medicines, much may be done towards aiding the efforts of nature, in carrying a paroxysm through its progress with the best advantage to the body, and in restoring the tone of the stomach.

When gout sits down in a part where it cannot continue without danger, or by accident has been translated to a part of that kind, means become necessary of moderating its violence, and of endeavouring to fix it in some other part of less general importance. In such cases an attempt to evade a paroxysm and correct the disposition, by obviating acidity and accumulation, the circumstances upon which it chiefly de-

depends, may sometimes become adviseable. To persons acquainted with the animal œconomy, and the particular nature of this disease, the methods of answering these intentions will not be difficult of comprehension. The symptoms of gout may be brought almost entirely under medical guidance, so as to be regulated to the mode and termination that is desired.

In gout, the inflammation is commonly most acute when within narrow compass, and when very acute, its term of duration is shortest, and its operation upon the system most complete. When it subsists in some degree, in many situations, the symptoms are less violent, but the progress more tedious, and the conclusion less satisfactory. For the perfection of a regular paroxysm, a certain degree of power in the system is requisite. In constitutions very much debilitated, the affection is not confined to the feet, but appears in other parts of the body, and hangs about the patient, producing chronic weakness: the disorder in the stomach continues without much alleviation, the redundancy of acid remains undiminished, and the functions of the whole system are impaired. The tendons and ligaments do not recover their former flexibility, as when the general habit has been relieved by a regular paroxysm, but de-
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position goes on till they are rendered rigid and incapable of motion: or, the concreting matter accumulating on their surfaces, with a mixture perhaps of the mucilaginous matter of the blood, produces calculi, in which the aggregation of particles is less firm than from more perfect chrySTALLIZATION in the bladder. The condition of the unhappy patient is now truly deplorable; as the state of rest, to which he is condemned, conduces likewise to concretion of the redundant acid in the urinary passages. Nephritic affection becomes more than usually troublesome, and he has difficulty in determining, whether his sufferings are greatest from gravel or from gout. Such is the melancholy termination to which this disease, without circumspect management, is perpetually inclining, as by great frequency or protraction of the fits, a state of debility is at last brought on in habits originally most robust.

Gout is a disease proceeding from a redundancy of acid in the system, and that redundancy is connected with the introduction of foreign acids, or the generation of acid in the alimentary canal. It does not follow, however, that acids, employed with much freedom, or produced in the stomach by frequent fermentation, should occasion gout in every instance:
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the effect will have relation to the natural proportion of lithific matter, to the condition of the emunctories, to particular states of habit that may favour or resist deposition and its consequences, and to pre-dispositions to other diseases which may prevail over that of gout. The redundancy of acid may sometimes be expended in promoting specific morbid affections of a different kind, to which the constitution is inclined. But there remains to be considered a faculty within the animal œconomy of counteracting acidity, and of obviating or diminishing the injury that might arise from it. This is a property appertaining to the fluid which makes the subject of the following section.

SEC.

SECTION V.

On the Bile, and its Concretions.

BESIDES the concretions to which the body is liable from lithific acid, which may be deposited in any part, there is another kind peculiar to the liver, and produced from the fluid secreted by that gland. Biliary calculi are formed of a matter very different in its nature, yet, in the means of production, there are circumstances of analogy which require to be noticed, and constitute such connection as properly unites the subjects into one. The qualities of the bile, and the alterations to which it has been supposed liable, have always attracted much attention. The size of the liver, its situation in the body, the quantity of blood with which it is supplied, and a very singular deviation in its vascular arrangement from the general order of the system, have impressed conviction of its importance, in the mind of every person who has reflected upon it. Its condition, or that of the bile, of which the secretion

is its particular function, have in general been suspected to have considerable influence upon the body in health and in disease; yet not only the peculiar purposes of the hepatic fluid are undetermined, but its nature and composition have till very lately been perfectly unascertained. They are at this moment unknown to many, although it will be found that acquaintance with them is of the greatest consequence to practice in diseases of the first magnitude, and that the errors, from want of information on the subject, have neither been trivial or uncommon.

A multitude of conjectures have been formed respecting the bile, but they were unsupported by experiment. It has often been termed saponaceous, from a resemblance it has to solutions of soap in consistence, in taste, and in purposes to which it is applicable. The taste is strongly marked; for, in the confusion of varied impressions upon the tongue, there is not one more easily distinguished than that of soap. A man who had never known any thing of bile, if desired to form a judgment concerning it from the taste merely, would not hesitate in pronouncing it saponaceous. Natural bile has a viscosity like that of solutions of soap. It may in like manner be diluted by the addition of water, or inspissated by evaporation, without being altered

tered in its properties. For many purposes to which soaps are applied, the bile of animals has been substituted with success. Saponaceous, however, was a denomination employed, from regard to these and other obvious qualities, without much respect to the constituent matters of an actual soap. It was rejected by very distinguished chemists, because the existence of an alkaline element had not been demonstrated. They refused to admit it into a class, which the just precision of chemical language had confined to the compounds of an alkali with another matter. Newmann, than whom few have been more correct, is of the number, although he had obtained a fixed alkali from bile by means of fire. This product he regarded not as a native element, but, like many products by heat, as a new body resulting from decomposition and different arrangement of elementary ingredients.

The connection of bile with the operations of the stomach, and consequently with that state of the system in which acidity is superabundant, induced me to examine it with some degree of care. Attention to striking qualities, and to the alkali of Newmann, inclined me to consider it as a soap. This opinion was strengthened by the effects of acids which cause a decom-

position, and are in part destroyed. After a series of experiments, I had the satisfaction of being satisfied that it is a perfect soap, consisting of fixed alkali and a particular substance which has been termed the resin of the bile. I was at that time a stranger to the discovery having been already made by a *Mons. Cadet*, a French chemist. I am still ignorant of the process he pursued, having only become acquainted with his publication from a short reference to it in another work, the new edition of *Encyclopædia Britannica*. On this account I shall relate the manner in which my own investigation was successfully conducted.

Every body is acquainted with the appearance of recent bile. The colour is green inclining to yellow; the taste saponaceous and intensely bitter. Differences of no great moment may subsist in colour, flavour, and consistence of the bile of different animals, or of the same animal at different times, but essential properties appear to be nearly the same. It cannot often be obtained in perfection from the human gall bladder, alterations having usually taken place before dissection is permitted. The bile of the ox is to be preferred for experiments, on account of the facility with which it may be procured untainted, and in sufficient quantity.

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When an acid is mixed with recent bile, there takes place an evident decomposition. The whole, from having been transparent, is immediately rendered turbid, the saponaceous viscosity is destroyed, and a solid matter, which in some respects is different in appearance when different acids are employed, but generally appears of a shade between green and yellow, descends to the bottom. A small portion of the acid is neutralized, as has already been observed, and if more than that quantity be not used, the mixture does not betray any marks of redundant acid. During the decomposition a foetid hepatic vapour arises. These effects from the application of acids, conjoined with the other circumstances of resemblance to soaps, could scarcely leave a doubt in respect to the nature of bile. The conclusion is natural, that it must be a saponaceous compound, in which an alkali is united with the substance that may be precipitated. Nothing, however, in chemical classification should rest upon presumption, when positive evidence can be obtained. It was necessary that the alkali should be abstracted from the other parts, and that its existence should be demonstrated by a process during which it could not be suspected to have been generated. I resolved upon endeavouring to exhibit it, by

chryftallization of the neutral falt it would form with an acid.

Into a pint and a half of fresh bile procured from the gall bladders of two oxen, four drachms of muriatic acid of the common ftrength were agitated. Acidity predominated in the mixture, but was not nearly fo pungent to the tafte, as if an equal quantity of the fame acrimonious acid had been added to a common mucilaginous fluid. After an hour or two, when the precipitation appeared to be complete, the folid matter was feparated by means of a ftainer of fine linen. The fluid that paffed through, was made to boil in an earthen pipkin placed over a flow fire, till fcarcely fix ounces were remaining. During the evaporation, a portion of matter, of the fame nature as that which had been collected in the ftainer, was deposited. This is the matter which has been called the refin of the bile. It melts in the fire; when dry it becomes inflammable; and, like refinous fubftances, it is readily foluble in alkohol. It is that part of the bile, from which the colour and flavour are derived. It is not however fo infoluble in water as the denomination of refin would intimate. A confiderable quantity of it remains fufpended in the aqueous fluid, fo as even to pafs with it through the pores of a filtering paper,

paper, and to occasion the difficulties that occur in analysing mucilaginous fluids. Of that which had been so retained, a portion gradually subsided as the water was wasted by evaporation. When the fluid was reduced to six ounces, the deposit looked at the bottom like a melted resin perfectly transparent, and of a very beautiful green colour, which might perhaps engage the painter's attention. Its quantity was so considerable, that there was necessity for the liquor being decanted from it. The evaporation was continued in a smaller pipkin, and when the diminished quantity did not exceed two ounces, it was permitted to become cold. The taste, independent of the bitter communicated by the resinous matter, was like that of water with a large proportion of common salt dissolved in it, and a little superabundant acid. The solution, however, was not yet sufficiently concentrated for chrySTALLIZATION. The fluid was poured off from a second deposit of resin, by which the operation would have been obstructed and the issue rendered obscure, into a little earthen pot, and a slight application of heat was made until the whole was reduced to between three and four drachms. The point of concentration had now arrived, and a chrySTALLINE matter began to appear upon the surface.

The chryftals, separated from the inconfiderable portion of fluid that remained, were washed with alkohol for the purpose of clearing them from some adhering particles of the resinous matter by which they were rendered of a brown colour; for resin, but not of equal beauty, had continued to be deposited to the end, and appeared manifestly to be a substance of which a portion is soluble in water from which it is made to subside by evaporation. They had now the marks of common salt, and, chemically examined, were discovered to be pure salt, consisting of muriatic acid with soda, or natron, improperly termed the fossile alkali. The muriatic acid was made evident in fumes by the addition of vitriolic acid, and by the precipitation of *luna cornea* from the solution of silver in nitrous acid. The nature of the alkali was demonstrated by examination of the salt it formed with vitriolic acid. This compound was vitriolated natron, or true Glauber's salt, whose property of combining into particular chryftals, with a very large quantity of water which may be again separated from it by heat, affords a ready means of distinction.

It was now evident that the bile is a perfect soap, in which the alkali of sea-salt is in conjunction with the resin, and that the alkali which

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Newmann obtained was not generated in the fire by a new modification of the elementary principles of this fluid, but was itself a native element upon which the most essential properties depend. If that alkali had been the produce of fire, it might have been obtained from the resin alone; but a quantity of washed resin did not by calcination yield a particle. I procured the alkali by burning inspissated bile, and found it to be the natron. For demonstrating it in this manner, it is not necessary that the heat should be of that degree which would be supposed requisite for the generation of an alkali—the matter need not be consumed to ashes. After a certain exposure, the solid mass becomes incapable of re-combining with water into a fluid soap, and the alkaline portion may be washed out from the resin, which, in approaching towards the state of a cynder, has been rendered incapable of continuing in conjunction with the natron. Newmann, knowing that a fixed alkali can seldom be obtained by the decomposition of animal matter, has expressed his astonishment at meeting with it in the ashes of the bile; yet, regarding it as a new product, he has contended against that fluid being considered an animal soap. It may be thought strange that he should not have been at pains to ascertain the source of
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a substance so rare and unexpected; but in the multitude of objects coming under the observation of a man, who endeavours to make out a system of any science so extensive and complicated as that which treats of the composition and properties of the various modifications of matter upon this globe, every particular phenomenon cannot meet with the attention requisite for a perfect explanation of it. It is probable that fixed alkalis from vegetable substances might generally, like that of the bile, be discovered as elementary principles of the articles from which they are obtained, and that heat has only the effect of destroying some different matter with which they were combined. The juice of *saponaria* and some other vegetables are so manifestly saponaceous, that neutral salts might be expected from them by the addition of acids, and careful evaporation.

The crystals of common salt, which were first collected, appeared free from any mixture of earthy salts. A solution of them in water was not rendered turbid by alkalis. The liquor, however, remaining in the gallipot after they had been picked out, contained not only muriated natron, but a minute portion of the other saline substances which are common to the fluids. There was evidently lime suspended by
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an acid, or phosphorated lime kept in solution by superabundant acid. An earth of this kind may always be precipitated from pure bile by volatile alkali. There was probably muriatic ammoniac, and phosphoric acid in a separate state. If the alkali collected from the ashes of the bile be saturated with muriatic acid, and the compound salt exposed to a very considerable degree of heat, it will not readily become dry, but there will continue adhering to it a fluid matter, acid to the taste, and very difficult of evaporation. This moisture may be washed off by alcohol, and submitted to experiment. It is phosphoric acid detached by the muriatic acid from volatile alkali, with which it had formed a neutral compound that mingled after combustion with the fixed alkali, and was taken up along with it by the water employed for elixation.

The proportion of other saline substances is inconsiderable, compared to that of the alkali in conjunction with resin merely. From a pint carefully burnt to ashes, I got as much natron as formed with muriatic acid a drachm of sea-salt. The quantity of resin in bile, in like manner as of oil in common soap, is much greater than that of alkali. The bile in different gall-bladders will be found of different degrees of
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viscidly. The respective proportions of alkali and resin may probably differ, and the rate of the compound of the two to that of the water in which it is dissolved, is undoubtedly various. The solution is of different degrees of concentration, and, independent of the saponaceous principle, there must be in this as in other fluids of the body, a portion of animal gelatinous matter, to which may be owing the putrescency of the bile. The simple resin appears scarcely susceptible of the putrefactive fermentation, but might rather come within the class of anti-fermentatives.

The attraction of the alkali to the resin of the bile is greater than to oils or mucilages in general. Decomposition does not appear to be occasioned by carbonic or lithifac acids, or by the neutral compounds of lime and magnesia with acids; but it ensues from the addition of metallic salts. The degrees of affinity, however, with relation to other bodies, have not been much investigated. To establish its saponaceous property was the principal object of our inquiry, as the alkali becomes of importance in considering the operations of the stomach, and the different effects upon the system from an acid introduced or generated. A knowledge of the nature of the bile makes us acquainted with an
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original and inherent means of counteracting acidity, and the connection which will be found between the liver and the stomach affords another testimony of nature's many exquisite principles, by which faculties are exerted in proportion to existing necessity. An increased secretion of this fluid is a frequent consequence of that derangement which gives occasion to the production of acid.

I would not suppose that the correction of acidity in the alimentary canal is the chief intention of the bile, as there are many animals purely carnivorous, in whose stomachs there cannot be any fermentation of the acetous kind. To guard against the prevalence of acid may be a collateral use of it; but this extraordinary secretion is probably more especially designed for maintaining passage through the intestines; a purpose which cannot be considered of little importance, and of almost equal necessity in most animals. When we reflect upon the great length of the canal, its narrowness in particular parts, and cellular conformation in others; the redundancy of its inner membrane, and the villous nature of its surface; the contortions and convolutions, which as often require the contents to be carried forward in opposition to gravity as with the aid of it, we shall see the necessity for
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some lubricating fluid capable of mingling uniformly with the various matters that pass along, so as to give harmony and greater solubility to the whole, that the particles may be prevented from adhering and accumulating. Such a fluid is the bile, which, with the properties of a soap, combines into one smooth and uniform mixture the different kinds of matter with which it becomes blended, and, by rendering the surface easy and glib, forwards their descent and expulsion. Mucus alone, not mingling readily with other fluids, would have been unequal to the task. There was required a something of certain viscosity, yet universally insinuating and diffusible, which should become the connecting medium of heterogeneous particles by that particular degree of attraction which should allow them to slide easily upon each other, while the contents of the intestine were retained by it in a fit consistence for being propelled. There was necessary a slippery attenuating matter that should defend the gut, and, by facility of conjunction with other fluids, effectually secure against cohesions, unnatural collections, and painful interruptions to peristaltic motion in a canal of such extent.

Such are the purposes which have been frequently ascribed to bile, when there was less certainty

certainty about its actual composition. Van Swieten in many places expresses himself concerning it with clearness and precision. *Hujus admistia nimiam sæpe chyli acescentiam tollit, omnia dividit, solvit, et ad æquabilissimam miscelam disponet.* The same elaborate and comprehensive commentator speaks in a very positive manner of the saponaceous quality of the bile, without having had the advantage of knowing its alkaline principle from demonstration. *Bilis verum saponem nativum in animali corpore exhibet. Crudis ingestis, per ventriculi actionem jam parum subactis, in homine statim bilis affunditur, ut æquabilissima fiat omnium miscela, et solubilitas in aquosis. Sericeas vestes pinguibus maculatas, bile animalium pulchre depurare noverunt artifices.* In different parts of his works he has made valuable remarks, and excellent observations respecting this fluid, and changes that occur in it. So much has been written concerning the bile, and its purposes, qualities, and alterations have been so happily imagined by writers of great account, that the subject does not afford much ground for novelty. The design of this dissertation is not to start new opinions, or construct new theories respecting it, but to enforce old ideas, which, wanting the confirmation of experiment, have frequently been supposed to be visionary. I have little to
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advance that might not be supported by respectable quotation; yet it must be remarked, that sentiments which accord best with its real qualities, were generally disfigured or obscured by the surrounding pressure of hypothetical fiction, and have appeared lately to be almost abandoned. In recent works of men of great celebrity—even medical teachers of no mean repute—there is not displayed any acquaintance with the nature or uses of this fluid. The same desire of correctness which actuated Newmann, has induced them to reject it from the class of soaps, and its condition and application are left entirely unsettled. It may be of some importance to detach from vague conjecture, the most rational opinions concerning it, and to place beyond dispute the knowledge of its composition and properties, that it may not in future be thought a matter *sui generis*, and distinct from every other species.

The effects which are observed from a want of bile in the intestines, afford evidence of its utility in maintaining the passage. The fœces when evacuated have generally a broken appearance, as if the dissimilar matters that compose them were ill conjoined. The surface seems as if a part had been rubbed off and left adhering to the intestines. There is not
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uncommonly irritation, and very frequent calls; yet the lubricating and harmonizing medium being absent, accumulation inevitably takes place, and what is retained gets into a state of unnatural solidity and cohesion, which is incompatible with the proper interposition of a saponaceous fluid. In cases of this kind, the most useful remedies are such as bring bile into the canal, or, by resemblance in properties, become substitutes for it while it is withheld.

Let it not be supposed that to assign to the bile the purpose of keeping clear the inner surface of the intestines, is under-rating the consequence of the liver. There is scarcely another function of greater magnitude in the œconomy: it is a principal office of this fluid, but perhaps not the only one. The bitter resin may stimulate the canal to that requisite action, by which the process of digestion is continued, and the common fermentations resisted, after the aliment has passed from the stomach. When in jaundice there is perfect obstruction to the entrance of the bile into the gut, putrefaction or acidity, according to the nature of the aliment, is constantly occurring in the *primæ viæ*, and the digestive process becomes very incomplete. It is worthy of remark, that the

bitter of the bile has considerable resemblance to that of vegetables, which is known to be a check upon fermentation. It may tend to guard in the intestine against processes, to which the warmth and moisture of the situation would greatly pre-dispose; and, while it renders the substances in the canal less susceptible of these changes that spontaneously occur in dead matter, it may stimulate to more successful exertion the native powers of assimilation, by which acidity and putrefaction are counteracted. The advantage in such cases, when inflammation is not the cause, of alkalis in conjunction with bitters and stimulating anti-fermentatives such as myrrh and camphor, over that from simple soap, gives presumption of the natural effect from the resin of the bile.

The bile has been much called into action by medical enquirers, as an agent in disease. Like other secreted fluids it must be liable to morbid alteration, and its importance in the alimentary canal, where its condition is blended with that of the digestive faculties, and with the proper action of the intestines, will render the evil extended. It must be observed, however, that many supposed states of it have rested merely on conjecture, and that real alterations in quantity or quality are as often the
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consequences as the causes of diseases that have been attributed to them. Attention to the circumstances of particular cases, may furnish considerable information in respect to the condition of the bile; but the only change which can be treated of in certain and decided terms, is that in which concretions are produced from it. It is an alteration very frequently occurring and from which heavy sufferings are endured.

The calculi formed in the liver and gall-bladder differ entirely from those of the urinary passages, and appear to consist principally of the resin of the bile. They are commonly soluble in alkalis and in alkahol. They melt in the fire, and are inflammable. In general properties they agree with the matter that is precipitated from bile by acids: a question then arises, whether or not the separation even in the body may not be effected by an acid? It is certain that habits, in which they commonly occur, are those in which acid is redundant. The formation of gall-stones is generally accompanied with great derangement in the functions of the stomach. The symptoms, which pass under the denomination of bilious, and proceed from vitiated digestion, are seldom wanting. Close observance of the cir-

cumstances under which they are generated, affords the strongest presumption of the influence of acids, received into the stomach, or formed in the body by a morbid process of fermentation, in producing them. It may be asserted, without much risque of contradiction, that gall stones are seldom present when acidity in the first passages has not abounded. This being the case, and the alteration corresponding exactly with the effects of acids upon the bile, we are induced to suppose that the acid of the stomach is conveyed to the liver.

By some who had observed what was called the coagulation of bile by acids, it has been supposed, that acid from the duodenum might ascend through the ductus communis by a retrograde motion into the liver and gall-bladder. This, however, cannot be admitted by any person who has considered the natural state of that duct, and its mode of entering the gut by running between the membranes so as to have its orifice secured. It sometimes indeed becomes unnaturally distended by the passage of gall stones; but these have been formed while the vascular contrivance was unimpaired.

The ascent of acid by the common duct is properly rejected by Dr. Leake in his *Treatise on Diseases of the Viscera*, and gall stones are regarded

regarded as inspissated bile from evaporation. But this opinion is equally defective. Biliary concretions are not the whole matter of bile, such as it obtained when the water is abstracted. They are not a solid residuum capable of recombining with water into fluid soap. The alkaline principle, which simple evaporation would preserve, enters not into their composition. It is utterly impossible that evaporation should take place in a receptacle like the gall-bladder, excluded from every communication with common air, and perpetually kept full by an inherent power of contracting to its contents. If their qualities had accorded with those of bile which had only been deprived of its water, we might suppose that, during its continuance in obstructed ducts, or in the gall-bladder, the aqueous fluid had been absorbed; but they are devoid of an essential element, which cannot be withdrawn by evaporation or absorption.

That acid may be taken up by the lacteals, and carried unaltered to the hepatic ducts in the common circuit of the blood vessels, does not appear impossible. A very gradual but habitual impregnation from this cause might produce concretion in the end. Huxham, who as a practical author is regarded with just re-

verence, to which his discrimination and discernment are well entitled, had full conviction of the effects of predominating acidity on the bile, which with shrewd observation he considered as a saponaceous fluid. Upon the universal tendency of acids in the system, as well as upon their local effects in the intestine, where they decompose a matter which is of the utmost importance to the functions of the alimentary canal, he has made ingenious remarks, to which he would have derived grateful confirmation from an acquaintance with lithifac acid, and with the ascertained composition of the secretion that is made in the liver. When acidity superabounds in the general fluids, the bile must be exposed to its effects; but the vena portarum, if it could be restored to the faculty of absorption, which it was formerly allowed to possess, would supply a readier channel from the stomach to the liver, and every difficulty would cease. An attempt to revive a doctrine so much exploded, as the absorbing power of this vein, may not perhaps meet with a flattering reception; but regard to probability, and respect to the impression from a candid estimate of the arguments on both sides, prevail over the apprehension of ridicule from sustaining an opinion that has become obsolete.

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Let us take a view of the objections that have been opposed to it as an absorbent.

The peculiarities of the vena portarum in sending its blood, not directly towards the heart like other veins, but into the liver, where it divides into innumerable ramifications after the manner of an artery, have much ingrossed the notice of anatomists and physiologists. That this deviation from the established order of veins is intended for conveying from the alimentary canal something necessary for the secretion of the bile, was a plausible conclusion. When an order of vessels however, the proper absorbents, had been traced over the body, and their duty clearly ascertained, it was contended, that to ascribe to the vena portarum a faculty of absorbing from the stomach and intestines, would be to infringe upon the office of a peculiar and distinct system provided for the particular purpose and sole end of absorption. The supposition was said to be contradicted by the established order of the œconomy, to every part of which its specific purpose is allotted. To analogical reasoning was added evidence from experiments on living animals. Odorous and coloured fluids thrown into the intestines of a dog, whose abdomen had been laid open, were soon perceived in the lacteals, but could

not be traced into the veins that arise upon the gut. Such were the grounds upon which an absorbing property was denied to the mesenteric veins which form the vena portarum; but although the exclusion has been sustained by the greatest physiologist of the present age, whose astonishing genius and exquisite penetration, directed with indefatigable industry towards the study of animal nature, will engage the admiration and gratitude of succeeding generations, the authority even of Mr. Hunter does not in this instance produce conviction.

The argument from analogy is plausible to the first view, but fades before reflection. The constitution of the vein in respect to another function renders it of little weight. Its blended offices as an artery and vein form not a less considerable infringement upon the distinctness of system in the body, than the supposition of its being an absorbent: the vein is in itself a singular exception from the general order of the vascular œconomy. By carrying blood for the purpose of secretion to the liver, it breaks in upon arterial privileges, and may, in like manner, be conceived to press upon the absorbents, by being vested with properties which are peculiar to the lymphatics in other parts of the body. That it may be the instrument

ment of conveying from the intestines something necessary for the formation of bile, is indeed the only probable reason that can be assigned for its being made to assume the functions of an artery. If the blood alone had been sufficient for the composition of that singular fluid, we may imagine that the liver would, like other glands, have been supplied by the arterial system. The greatest deviation from the simplicity of system, is its indisputable duty as an artery. This essential exception to the common order, is probably intended as a means of maintaining a necessary intercourse between the alimentary canal and the liver, that the bile may be adapted to circumstances, and produced under such modifications, as particular states of that canal may require.

Analogical deduction appears entirely in favour of the absorbing power, and the experiments on living animals will not afford any solid grounds of conclusion on the other side. That they were made with every degree of accuracy, which the nature of them would admit, is not to be doubted: but it seems impossible to establish any form of experiment which would give perfect satisfaction. That the lacteals are absorbents is universally acknowledged, and the fluid with which they became turbid, could
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be that alone which was taken up from the intestine: it would appear pure and without dilution, so as to be readily recognized. But very different is the case with respect to the mesenteric veins, which arise from the viscera, and unite to form the vena portarum. If circulation by the mesenteric artery be permitted, any fluid absorbed will bear too minute a proportion to the torrent of blood to be detected in conjunction with it. If the arterial impulse be suspended, there must be an end to every function of the vein, which will immediately subside into a condition of flaccidity and inaction. It is not stretching an argument, to suppose that the stimulus of distention by blood, propelled by the heart and flowing from the artery, may be a requisite for the absorbing function. Absorption may take place by the particles of that blood moving with rapidity in the villous surface, and attracting, by communication through the finest capillaries, a portion of such fluids as are in the canal. A similar communication is made in the lungs, between blood and the air of respiration. It is obvious that experimental conviction cannot be obtained: we must be satisfied with presumptive evidence, and the strongest is in favour of absorption by veins from the stomach

mach and intestines. Attention to circumstances in disease, and to alterations from food and medicine, will corroborate the opinion.

It might be expected, that if the mesenteric veins be endowed with an absorbing power, the liver will often be liable to be affected by improper matter taken up from the stomach and intestines. Error in diet, and defect or disorder in the digestive process, will expose it to the unsalutary influence of fluids foreign to its purpose. Such would be the suspicion *a priori*, and such is the fact not only in the human species, but in the brute creation. It may be collected from the accounts of the most faithful writers, that the greatest number of liver complaints have succeeded to derangement in the alimentary canal. The diseases of that viscus may be almost considered as symptomatic of stomach affection. In other animals as well as in man, it is accustomed to suffer from noxious matter conveyed by the vena portarum. This is a fact to which the butcher could bear testimony. Change of pasture, or the employment of any kind of food which the stomach does not readily assimilate, is marked by injury to the liver; and the disposition to disease in any particular class, is in proportion to the error in diet to which it has been

been exposed. In many animals the effect is perhaps more certain than in man, who seems framed for irregularity, and adapted by nature to greater varieties in the modes and circumstances of life, than almost any other species. The hog, when permitted to range at large, and left to the free indulgence of his indiscriminating appetite, is so frequently found with the liver in a morbid state, that some have ascribed the prohibition of pork among the Jews to this account. It is equally true concerning every other class, that this gland becomes disordered from the same cause. In respect to sheep, in particular, hepatic affections from alterations of food are perfectly ascertained. The most destructive disease to which they are subject, occurring in rank and luxuriant pastures, is regarded as much connected with disease in the liver.

Such effects from indigestible matter, or from derangement in the digestive powers, happening in the liver when other parts do not fall into equal disorder, go in aid of the opinion, which the anatomical history of the vena portarum, and reflection on its nature, must excite. They constitute a species of evidence which is more than presumptive; but the production of gall stones is still stronger testimony:

it is a particular affection from the actual application of acid, where correspondence between the disease and the occasioning matter is obvious. We find the cause adequate to the effect, the relation between them most apparent, and are enabled to follow the progress. Various conditions of liver affection may proceed from the varieties of stomach derangement, or from vitiated introduction by the mouth, when the operation of the offending matter is obscure. There may be articles, such as ardent spirits, of which it is only known that they become the sources of disease: but the alteration from acids upon the bile is devoid of mystery.

It is in common belief, that sheep are not only subject to diseased livers from peculiarities of pasture, but to have particular kinds of animalculæ in that viscus, or attached to it. The ova must be taken up in food or in water, and their frequency in the liver is in favour of an easy intercourse subsisting between the stomach and that gland. If they could only be received by the lacteals, and carried in the round of the circulation, they might be expected in the brain itself, and in every other situation of the body as commonly as in the liver. A kind of hydatids, which occur more frequently
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in the liver than in other parts, are looked upon as animalculæ, and may gain admiffion in the fame manner. The fame, however, may fometimes be tranfmitted to the general mafs of fluids, and deposited upon other organs which afford a convenient nidus.

It is an obfervation among fea-faring men, that in particular places the fish are poisonous from feeding upon narcotic weeds, or fomething deliterious upon the bank ; and the liver is conceived to be impregnated with the poison in a much greater degree than any other part of the body. Upon an unknown coaft, where there is doubt in refpect to the qualities of fish, the liver is made trial of for the purpose of experiment. If even a fmall quantity of that gland can be eaten without bad effects, the whole fish is confidered as fafe food. If it were proved that this remark is founded in juftice, and that the poison of a bank is actually contained in the liver in greater proportion than in other parts, there could not be a ftronger inducement for believing in direct communication with the ftomach and inteftines by the *vena portarum*. The circumftance, however, is not advanced as a fact that has been demonftrated, yet it refts upon the report of men whose relation has been made without any view

to hypothesis. It is not the fiction of a theorist, who can adapt every representation to the support of a favourite doctrine; it stands upon the more substantial ground of simple observation from accidental experience by unprejudiced individuals, who speak of it with much confidence, without having a thought about the reason. Acquaintance with other circumstances respecting the liver renders it probable, although of itself it is not sufficiently established to warrant important conclusions.

Certain medicines administered by the mouth, produce effects which strongly indicate connection between the liver and the stomach. The increased secretion by some, and constriction by others, may be supposed to proceed from direct application by means of the vena portarum. Among the first may be reckoned calomel, as one whose operation is attended by circumstances which render such application most probable; and among the second, peruvian bark. The liver may be affected by sympathy with the stomach or intestines; as when violent sickness, or severe irritation, is induced by any cause, there is often a profuse evacuation of bile, together with other secreted fluids which are thrown into the canal. This may happen after the manner in which the secretion by the lachrymal

chrymal gland is promoted by an application to the external membrane of the eye, or that of the salivary glands; by a stimulus in the mouth. Of the same kind may be the operation of calomel in promoting the secretion of bile; yet it must be remarked, that in its action there is something which does not appear to be entirely on the first passages. The most potent purgatives whose operation is upon the canal itself, and the mucous glands that open into it, are commonly quick in operation; but calomel, although a very powerful evacuant in the end, has not in general any sensible effect for a much longer time than is required by simple purgatives. The best and most frequent operation of this medicine occurs after an interval, which conjoined with the nature of the evacuation, and the decrease of fulness about the region of the liver, so much more considerable than is perceived from other purgatives that have caused as great a discharge, creates suspicion of its having made the circuit of that gland by the vena portarum. Mercury exhibited even by the skin, and carried to the liver by the general circulation, becomes a gradual stimulant. Mercurial frictions are a principal remedy for liver obstructions. When we find a full dose of calomel, or of *mercurius calcinatus*, exerting at once

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the specific influence of mercury upon the liver, in a manner that makes the operation very distinct from that of common purgatives, whose action is principally upon the inner surface of the canal, we are inclined to believe in immediate contact. Other medicines might come under the same suspicion. Antimonial emetics, whose operation does not occur so soon as that of ipecacuanha, make frequently immense evacuation from the liver, but the state of disorder they occasion in the stomach may be supposed to be the cause. Calomel is selected on account of its operation being pure, and little connected with irritation in the primæ viæ.

Constriction of the secretory vessels of the liver, and consequent deficiency or detention of bile, is a serious inconvenience, sometimes resulting from the use of bark, and other medicines of similar qualities. The grounds, however, for presuming application by the vena portarum, are not so strong as with respect to particular evacuants. Sympathy with the stomach, or constriction merely of the *ductus communis choledicus*, may be the occasion; yet the fact should be kept in remembrance, when the functions of that peculiar vein are considered.

It seems unnecessary to adduce more argument in support of absorption by the mesen-

teric veins. If the quality had not even received such confirmation from other reasons, the undeniable connection between biliary calculi and acidity in the canal would have placed it almost beyond a doubt. Any person who has experience in such cases, or will make inferences from the practical observations of others, may be satisfied by careful collation of every circumstance, that gall stones have near relation to disorder in the digestive faculties, and acidity resulting from it. When in cases only where acid abounds, an effect, which appears to be a chemical consequence of redundant acid in the liver or gall-bladder, is produced, can we hesitate in supposing that the acid has been transmitted from the alimentary canal? If the means of translation were less obvious, and the conveyance as difficult as it is easy and direct, the conclusion would still present itself. Gall stones being that part of the bile which is thrown into a state of solidity by acids, we must either assent to decomposition by an acid introduced, or we must suppose that the original secretion has been imperfect, and the resinous portion superabundant. The first is the most probable presumption, and appears to be established by respect to the customary state of predo-

predominating acidity when gall stones are generated.

When biliary calculi are said to consist of the resinous part of the bile, it is not to be inferred that they are in every instance the resin pure and entire. In many cases there may be a mixture of animal mucilage, or of any other matter that may be blended with the bile when the condition of the liver is disordered. Sometimes lithisic acid may form a part. In schirrosities of the liver, the obstructing matter that pervades the substance of that gland, looks frequently like the resin of the bile in conjunction with that kind of glutinous substance which is yielded by glands under scrophulous affection. The curd-like secretion of schrophula may unite with the precipitated resin so as to destroy the texture of the liver. The basis however of gall stones is that matter which appears in a solid consistence when acids are mixed with the bile. It is a requisite of which they are sometimes entirely composed, and without a portion of which they are never formed.

The bile, by its alkaline principle, becomes a guard upon acidity, and as the quantity secreted may vary with circumstances, the effects from acid will likewise be different. Biliary concretions proceed from the same sources as

gravel and gout, but these diseases are not of necessity always present in the same habit. Towards the production of every disease there are circumstances of particular pre-disposition and peculiar fitness, which co-operate with the prime cause. In different habits the powers by which impressions, or effects that tend to produce derangement, are counteracted or repaired, appear very different. A concretion of the particles of the resin may be promoted or retarded by qualities of the bile, depending upon the state of the liver, by local conformation, by the actions of the surrounding parts, by habits of indolence or activity, and by other reasons which it may not always be possible to ascertain. The liver is by nature an inert organ, but in many it may be more inert, and endowed with less faculty of exertion for its own defence, than in others.

Liver complaints are most prevalent in warm climates, and ought probably to be in part ascribed to the cause I have endeavoured to establish. There may be, from climate alone, a disposition to inflammation of the liver, or an aptitude in that gland to become the seat of epidemic contagion. Such aptitudes vary with season in this country, so that the same specific infection assumes different forms, and occupies different situations at different periods of the year.

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The contagion that affects the throat in the winter, and the thoracic viscera in the spring, may fall upon the abdomen in the autumn. A continuance of warmth even here appears to incline to abdominal affection. But too often, in hot climates, there is an impaired digestion, and acidity from that cause, conjoined with an excessive use of acids. The acid conveyed by the vena portarum exerts its pernicious effects upon the bile. In the intestinal canal, or upon the liver, its principal mischief is expended; as the freedom of secretion by the skin secures against accumulation in the general fluids.

When there is a prevalence of acid in the liver, the particles of the precipitated resin may be attracted into calculi, or, continuing diffused over the substance of the gland, may shut up the finer ducts, and give interruption to the necessary and natural functions. Sometimes, at this period, the actions of life are roused to increased exertion, by which the offending matter is removed. Frequently, by slow degrees, a schirrus, less alarming in the commencement, but more fatal in the issue, is produced. The means of relief, when nature effects a remedy, is generally inflammation, which may cause the obstructing matter to be absorbed, or to be propelled by increased secretion. Sometimes

it terminates in suppuration, and the matter bursts into the intestinal canal, or makes its way to the surface of the body, the liver having adhered to the side. A condition of irrecoverable disorder in the alimentary canal, with habitual jaundice, universal derangement, and dropsy in the end, are among the melancholy consequences of chronic obstruction.

It may be remarked, that not unfrequently when there is liver obstruction, and jaundice from bile in the circulation, there is at the same time an unnatural quantity of that fluid in the alimentary canal. The morbid affection of particular parts of the gland operates by irritation upon other parts that retain the faculty of secretion, and stimulates to an increased discharge, which becomes sensible in the primæ viæ, when the ductus communis is not rendered impervious. The symptoms are in some respects different from those that occur when bile is wanting in the canal; but the nature and causes of the disease are the same, and the methods of treatment not much altered by the particular circumstances. It were imposing, however, upon the patience of readers, to enter into a detail of symptoms which many have described with great ability, or to dwell upon the obvious means by which urgent affections should
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be relieved. The first production of disease, or its recurrence, are the important objects, to the prevention of which a knowledge of the cause is to be particularly employed: it is the great end towards which we must endeavour to direct the information which experiment and reflection have supplied.

SECTION VI.

On Prevention and Cure.

AN accurate knowledge of the first alterations that constitute disease, and of the circumstances by which they were occasioned, is the surest foundation upon which means of prevention and removal can be grounded. But such knowledge cannot often be obtained. The primitive sources of many maladies are blended with secret and mysterious springs of action, which communicate peculiar directions to animal processes, and come not within the reach of positive detection. Experience then becomes the ground of practice. Attention to evident alterations, and the obvious symptoms of particular cases, with recollection of their progress in similar instances, and observation of effects from different modes of treatment, form a kind of knowledge, which is the soundest basis of the medical art. A most beneficial system of practice may be
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built upon such knowledge, without much relation to causes that are obscure and incomprehensible. Of this kind have been considered the causes of these diseases that make the subject of the present enquiry, yet experience had suggested modes of management which have been pursued with success, and which better acquaintance with their actual sources will establish and carry to greater perfection.

Such had been the effect of experience upon practitioners, who with discrimination and discernment acted under its guidance, without being drawn aside by the misleading bias of baneful hypothesis. Others, however, have been influenced by conjecture which was not sustained either by observation or experiment. They have assumed a visionary cause, and, erecting upon it a baseless fabric, afford memorable example of the danger of acting upon supposition. Dr. Lobb, conceiving all urinary concretions to be calcareous, had recourse to acids as a means of prevention. With him, acidity or acescency was the test of a solvent, and his regulations, accommodated to an erroneous opinion, were pointed against an ideal alkalescency in the fluids. He recommended for the solution of calculi, a regimen consisting almost entirely of acids, and substances tending strongly
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to that fermentation by which acid is produced. His line of practice, pregnant with ruin, has its advocates even in the present day; but they are few in number. Its evil consequences are so commonly perceptible to patients themselves, that it is almost universally exploded in arthritic and calculous cases; but in liver affections, where the injury produced comes not so immediately into view, and where symptoms that are acute may sometimes be relieved by methods which become the occasion of chronic evil, the pernicious tendency of a similar doctrine is frequently encountered. The ailments that proceed from a deposition of the resin of the bile, in the liver or gall-bladder, are daily aggravated by errors of medicine and of regimen.

When an opinion in respect to the origin of any disease is supported by probable circumstances, and strengthened by coincidence with every practical deduction, much advantage may arise from it. There are few diseases in respect to the sources of which the evidence is so complete, as we have endeavoured to supply concerning these under consideration. Our most important conclusions are drawn from chemical facts, not too refined for being made the ground of just inference, but obvious and unambiguous.

ous. It has been proved, that in the general fluids of the body, or in particular portions of these, there is a peculiar matter of the acid species, which in its common state is combined with something that keeps it suspended, and in a state of solution—That this matter is in many cases redundant, sometimes perhaps from too great a portion being produced by the animal operations, but more commonly from a precipitation of it by a stronger acid, which may be one of the native acids, or an acid conveyed from the alimentary canal—That losing its combination with alkali or earth, it appears in the urine as a preternatural sediment under various shapes; and, when the proportion is greater in any situation of the body than can be retained in solution by the fluids of the part, a concretion of particles takes place so as to form, in the urinary passages, gravel and calculi—in other places, but especially in tendons and ligaments, from circumstances in their nature and circulation pre-inclining to the effect, a deposit which becomes the cause of gout.

To predominating acidity these diseases are to be ascribed—to acidity which sometimes may have its origin in the vessels themselves: it may be the production of the general habit, or perhaps may proceed from the morbid operations

operations of a part—to acidity which more frequently is generated in the stomach—and not uncommonly to acidity introduced by the mouth. It has been observed, that these sources of redundant acid are often conjoined, and that the impression from their united influence is aided in its general effects, or pointed to particular directions, by different conditions of contraction in the organs by which secretion is performed. The importance of the liver in regulating acidity has been demonstrated, and the effect of acids upon the bile has not only been found to have connection with their operation upon the other fluids, but to be productive of a different disease, which gives interruption to functions that are of great consequence in the body. The source of these affections is the same; the means of prevention will be the same; and must principally consist in guarding against acidity, and counteracting or diminishing the operation of acids. It is not our design to enter minutely into the methods of carrying these intentions into effect, but merely to touch upon general principles, of which the proper application to individual cases must be accommodated to multiplied varieties of constitutional temperament, customary habit, and particular conveniency.

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As we are not informed respecting circumstances that relate to the actual production of different proportions of the native acids of the body, we must principally be guarded against the precipitation of lithific matter by foreign acids, and especially by that which is created in the stomach. It seems probable, that deviations from the right condition of neutrality, under which neither acid or alkali predominate, has its dependance upon the alimentary canal and the liver more frequently than upon alterations occurring within the blood vessels, or in the general organs of secretion.

The various articles of diet are liable to the different changes that occur spontaneously in dead matter. When the digestive faculties are complete, such changes are resisted and counteracted in the stomach. Digestion is a new arrangement of elements, but of a very different kind from that which takes place in common fermentation. Its products are entirely different from those of the acetous or putrefactive processes; but when the requisite powers of assimilation are deficient, or have been impaired, the aliment is apt to run into simple fermentation. From this cause acidity is present in the stomach under most conditions of debility or disorder: it is the result of common fermentation which

which a healthy state of the assimilating powers does not permit. Such appears to be the general source of acid produced in the primæ viæ; but as a different opinion in respect to its origin has been maintained, it is necessary to enter more particularly into the question. We shall chiefly consider the objections as they have lately been brought together, and stated with much ability, by Mr. Moore, in his ingenious Essay on the Materia Medica.

The principal argument is grounded upon the sudden occurrence of acidity after eating, the intervening time being supposed much less than is required for common fermentation. It is contended that acidity in the stomach is often perceived within half an hour, while several days are necessary before as complete an acid is produced from the same vegetables, even under circumstances most favourable to the fermentative process.

I believe there are few vegetables susceptible of the acetous fermentation, in which that process may not be carried to complete acidity within a period much more limited than that of several days, or even a single day. The circumstances under which a vegetable solution retains its properties unaltered for a series of days, are not constant agitation in a heat of a hundred

hundred degrees, under the powerful influence of matter which is already in the progress of fermentation. The baker can excite, within half an hour, fermentation that would soon run to acidity, in flour with a much less considerable portion of moisture than that which is most favourable to the change. The process of churning is the formation of a perfect acid in cream; a matter that, of itself, remains unaltered much longer than most vegetable solutions. Fresh cream will retain its properties for many days, yet by agitation and heat the fermentative process is excited without the aid of a ferment, and carried to the condition of acidity in less than an hour. Does milk, even at rest, or the almond emulsion, require days to become sour, when placed under the influence of the sun in summer? If they are put into vessels already tainted by fermentation the change is almost immediate.

The quickness of fermentation in the primæ viæ is not much greater than can be exhibited under less favourable circumstances in other situations. But, says Mr. Moore, those who credit the acetous fermentation are compelled to suppose, that there is in the stomach a ferment more powerful than any other ferment in nature, and after the admission of that improbability,
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the ferment must be acknowledged to be an acid. It is then granted that the stomach secretes an acid ; and since we are in possession of this source of acidity, why should we have recourse to a second kind of acid produced by the fermentation of vegetable substances ?

I think reflection upon the processes to which I alluded makes it evident, not only that the ferment is not more powerful in its action than others, but that common fermentation can be carried, in nearly as short a time, to the point of acidity without the assistance of any ferment. A ferment, however, there is in many instances, but that ferment is not an acid secreted by the stomach. That an acid thrown out by the stomach itself should be the exciting cause of the fermentative process, is indeed, so improbable, that I can scarcely think the supposition was ever made. Acid, as a species, does not tend to excite fermentation which runs to acidity. The greatest numbers of the class are powerful anti-fermentatives. Vinegar itself, when perfectly formed, need not perhaps be excepted. The actual ferment is matter already under fermentation, a morbid process which in disordered stomachs is perpetually going on, and, by being continued from meal to meal, communicates a similar disposition to all the fresh matter
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that is received. A stomach of which the functions are deficient is in the condition of a fermenting vat, where matter, in which fermentation is nearly concluded, immediately attaches to its own state every thing capable of similar fermentation. It is not even necessary that the ferment should have arrived at the point of acidity. Matter, in the course of a process that tends to that conclusion, will be of equal, if not of greater avail than the product when complete.

But acidity is not so much perceived after the use of vegetables which are simply capable of fermentation, as from other substances which are known to ferment with difficulty, or not at all.

Much stress is laid upon this last argument, but it is easily set aside. That butter, expressed oils and fat, with other articles, from the list of which, however, almonds should be struck out, although absolutely incapable of becoming sour, contribute greatly to the acetous fermentation in the stomach, is a fact with which every person is acquainted. Their action is much more easily explained than by supposing that they cause a secretion of acid. They give increase to that detangement which alone permits

the fermentative process to happen in the stomach. They add to the disorder in the digestive functions, and there is a consequent diminution of the powers by which fermentation should be resisted. It is by weakening the assimilating process, that they become the cause of acidity in matter which by itself would have been digested. The same effect ensues from every thing disagreeable to the stomach, or difficult of digestion. If two substances are employed, of which one is unsuited to the present powers of the stomach, the process of assimilation in the other is prevented by the derangement from that to which the digestive faculties are inadequate, and common fermentation arises in both. Simple animal matter, that by itself would have been readily digested, shall, from conjunction with something offensive, be thrown up after a length of time unaltered, or perhaps in a state inclining to putrefaction, if the presence of vegetable matter has not directed the process of fermentation towards acidity.

When proper digestion is interrupted by any thing disagreeable to the stomach, or by an unsalutary impression upon the sound action of that organ from sudden anxiety, or any other cause, common fermentation becomes unavoidable,

able, and the accompanying flatulency affords testimony of that process being the source of acidity.

The vapour will not be suspected to be a secretion from the stomach: it is undoubtedly extricated from the contents of that viscus: it is certain evidence of fermentation, and its emission is very rapid. In many stomachs there shall be painful distention from flatulency, within a very few minutes after a bit of cauliflower has been eaten. The gas is produced sooner than it can generally be extricated by other means. We need not then be surpris'd, if perfect acidity sometimes occurs rather more quickly than under common circumstances. The digestive process which commences as soon as the food has been swallow'd, produces in the elementary particles of matter an instantaneous commotion, which, when it is not regulated by sufficient powers of assimilation, may partly degenerate into something similar to common fermentation. Inconclusive endeavours at digestion may accelerate the other change: the products are not perhaps entirely the same as would have been obtained from fermenting the same substances before a fire. There is not an inconsiderable difference in the products of artificial fermentation conducted under different

circumstances; but the acid is derived from the matter of diet, and if there was more serious difficulty in respect to the quickness of its occurrence, reflection upon the very sudden extrication of air, a stage of fermentation, to which acidity may soon succeed, must satisfy us in regard to its source.

Bosc D'Antic, in his *Memoire sur les differens Etats de l'Acide dans l'Economie Animale*, conceives the acid of the stomach to be phosphoric, and goes the length of asserting that it does not form with alkalis the compounds that would result from their union with vegetable acid. “ *Il n'est pas rare que les hypochondriaques, les femmes hystériques, les femmes encientes éprouvent des aigreurs dans l'estomac et dans l'œsophage, et rendent meme par le bouche une liqueur tres-acide. Un léger purgatif, en emportant la surabundance de cet acide, les délivre, du moins pour quelque temps, de cette incommodité. Cet acide ne faisant pas effervescence avec les alkalis aérés, et ne formant avec l'alkali fixe du tartre, ni de la terre foliée, ni du tartre tartarisé, ne sauroit être regardé comme un acide végétale.*” If he really examined the neutral compounds, it is surprising that he had not carried his investigation so far as to be able to give positive testimony of the acid being phosphoric. But his general reasoning, throughout the whole essay, is so little

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connected with actual experiment, and so much adapted to opinions visionary or incompatible with the animal œconomy, that he cannot be regarded as strong authority. His observation in respect to the want of effervescence with mild alkali, is evidence of the superficial grounds upon which he formed conclusions.

There is a particular secretion from the stomach of a fluid necessary towards digestion—a fluid possessing the extraordinary coagulating properties of rennet. That it may sometimes partake of the nature of acidity (although that it is not actually an acid appears from the experiments of Dr. Young, who found it in force after the stomach had been washed with diluted alkali), or that superabundant acid may, in particular cases, be blended with it, I would not presume to deny: but that the vast production of acid, which is the source of so much inconvenience in the stomach itself, and carries injury with it to the alimentary canal, to the liver, and even over the system, is the consequence of fermentation in the vegetable part of diet, appears evident from every consideration.

Attention to different effects, from substances under different circumstances, is entirely in favour of this opinion. It is well known, that di-

luted conditions of fermentable substances, such as sugar, wine, and the juice of fruit, are more apt to occasion acidity and flatulency than the same undiluted. A state of dilution is favourable to the fermentative process. The pulp of an orange saturated with as much sugar as it can imbibe, shall often be readily digested in a stomach where liquid does not happen to abound, when the greatest inconvenience will be endured from either the sugar or the juice with a considerable addition of water. If the orange juice, or the sugar, or wine of any kind, occasioned a secretion of acid, they might be expected to produce the greatest impression when applied in a concentrated state; and the pure water is surely innocent. It is within common observation, that fermented liquors prove inconvenient in proportion to the degree of existing fermentation, or aptitude to the renewal of it. It is ascertained that new bread, in which fermentation has scarcely ceased, will run into acidity, when stale bread, in which it is at an end, or when bread which has been toasted till the disposition to fermentation is destroyed, shall fall into proper assimilation. And here I must dissent from an opinion of Mr. Moore, who must admit towards himself the same freedom of discussion which he fitly asserts in canvassing
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the opinions of others. He considers unfermented bread from flour as more apt to occasion the production of acid, than such as has been fermented. The remark seems to be in opposition to universal experience in respect to simple biscuit, which is not much inclined to acidity, and on that account not uncommonly substituted for fermented bread with a medical view, especially in the diet of children.

It is certain, that the articles of diet most disposed to common fermentation, are those which become, in general, the principal causes of acidity in the primæ viæ, and that they contribute in the greatest degree to that effect, when they have been employed in the state best adapted to fermentation. The inconvenience from them is nearly the same in every stomach under a condition of debility or derangement. Cabbage or pease seldom fail to occasion flatulency in a stomach whose functions are imperfect, or small-beer to become sour; but rice, a substance which is not prone to fermentation, is uniformly well received, and proves a valuable article of diet when digestion is impaired. There is not any exception to the rule, but in regard to substances very difficult of digestion, yet unsusceptible of acidity. Their action however was easily accounted for: they infringe

upon the little remaining tone by which fermentation should be resisted, and leave to the acetous process uncontrolled the vegetable matter that is inclined to it.

It may be mentioned, that when bilious and acid vomitings take place, the grass green colour of the fluid evacuated has most resemblance to the alteration produced upon bile by vegetable acid.

When the stomach contains not any thing capable of the acetous fermentation, I believe there will not be much complaint from the presence of acid in that viscus, but another fermentation, the putrefactive, may arise, and perhaps with greater prejudice to the general system. It is possible, however, that when the stomach is free from vegetable acid, or any thing susceptible of acidity from fermentation, there may sometimes be, from particular states of the œconomy, a preternatural production of the native acids within the circulation, so that the secretions shall contain redundant acid. Such acid, however, is always obscure, and too much diluted to be made easily manifest; it does not feel sharp in the mouth, or set the teeth on edge, like the acid of the stomach.

The prevention of acidity from fermentation in the stomach is to be effected by regard to
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diet, by avoiding every circumstance that might contribute to disorder, and by increasing the proper faculties of digestion. To a stomach in the right exercise of its powers, cautious selection of diet is not necessary; the assimilating process extends equally over the matter of animals and vegetables, to the production of fluids for the nourishment of the body. A diet purely vegetable would not give occasion to preponderating acid, nor would inconvenience be endured from the putrescent bias of an animal regimen; but we before remarked, that an imperfection in the digestive functions is an original error of many habits, which are frequently in other respects of great apparent strength. A great proportion of the people in this country, and perhaps over the globe, are constitutionally deficient in the assimilating process. Digestion, which when complete does not admit of common fermentation in the first passages, is but half performed, and acidity or putrefaction, with their extended train of evils, are perpetually taking place. To stomachs of this description—and such are the stomachs which may be termed the hot-beds of gravel, of gout, and of biliary affections, the greatest circumspection is necessary in respect

spect to the quality and quantity of every thing received.

A diet of milk and vegetables has frequently been recommended for the prevention of gout. If by abstinence from every kind of animal matter but milk alone complete digestion was secured, acidity from fermentation would be avoided; there would not then be any superabundant acid from an acescent regimen. The healthy infant, that subsists entirely on the sound milk of a healthy mother, is not tormented with acidities while the duties of the stomach are in perfection; but if artificial diet, to which digestion is inadequate, be attempted, there will frequently be immediate disorder, and consequent acidity of the natural food, although the offending substance may have been animal matter. Such is often the condition of adult stomachs under debility or derangement. Milk, with rice and other farinaceous matter from seeds and roots, and perhaps the mucilaginous substance of other vegetables, with exclusion however of all those that are greatly disposed to flatulency, would generally be digested in stomachs accustomed to the use of them, if employed by themselves, and unexposed to the risque of that disorder which one discordant article

article of precarious variety will frequently excite. To a diet of this kind would likewise appertain the advantage of being little adapted to occasion plethora, a pregnant source of disorder in the stomach. With such a diet the general secretions would not commonly be deficient, so that accumulation would be avoided.

Compliance, however, with such rigid restraint, unless there is absolute decrepitude, or a perfect inability in the stomach to digest more substantial food, is scarcely to be expected. The strongest propensity of the appetite is for animal matter. In the substance of animals, regarded as diet, there is diversity of qualities. Many kinds of animal food are very easy of digestion, while others require the powers of the stomach to be in full tone. With cautious choice in respect to the inherent qualities, and circumspection in dressing, as properties are liable to much variation from cookery, the matter of animals must in general form the principal part of diet in dyspeptic cases, and the greatest number of vegetables must be interdicted.

Simple animal matter, of which the flavour is not offensive to the stomach, the fibre not very coarse, the texture not too rigid, and the nature not luscious or greasy, with a circum-

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scribed allotment of some select vegetable substance of the farinaceous kind, appears the sort of diet commonly best accommodated to a weak digestion; and in much more moderate portion than that which sensual gratification induces men to devour, would not only give reasonable satisfaction to the appetite, and secure against flatulency from emptiness; but conduce better to the proper support of the body than a load of articles, which may appear separately innocent, but become injurious from quantity. The stomach, under the state to which these observations should be applied, seems to act better on solids than on stops, and while, from unnatural inclination or vitiated habit, it often courts distention with any thing, it never fails to suffer for the indulgence. Solidity is a condition of matter not unfavourable to the digestive process, but ill adapted to common fermentation, to which fluidity pre-disposes. It must, however, be admitted, that there are cases of extreme derangement (instances frequently occur in jaundice), under which the digestive faculties seem to recoil at every thing solid, and thin animal solutions, to which rice is commonly an agreeable and useful addition, become the most beneficial sustenance. If the alimentary supply

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during a fit of the gout, until the stomach had recovered its functions of assimilation, were to be almost entirely of the same kind, conveyed frequently, and in small quantities, there might not be such frequent reason to complain of the crisis being incomplete, and of indigestion and deficient secretion, the sources of relapse without end, continuing beyond the progress of the paroxysm.

Whatever may be the diet, the great object is perfect digestion. General disorder must be avoided by rejection of every article that is known to be difficult of digestion, and apt to interrupt the progress of that operation in other substances. Experimental attention to each particular case should point out particular regulation, and whatever has been found to disagree should be condemned. If we were to enumerate the articles that are inadmissible in many cases of *dyspepsia*, the catalogue would be alarming to readers who take delight in the pleasures of the table. It is sufficient to observe that patients, from endurance of different effects, are commonly sufficiently able to judge for themselves, and do not require to be informed that wherever there is any kind of uneasiness during digestion, or nausea, flatulency, and heart-burn at other times,

times, or that kind of head-ach that depends upon the stomach, there is error either in the quality or quantity of diet. When, with such symptoms as these that have been enumerated, the urine, upon cooling, deposites red sand, or a sediment producing turbidness, or betrays, as soon as it is discharged, a fœtid smell like to that which arises when an acid has been added, there is certainty of acidity being superabundant in the primæ viæ, and over the system. Aescency of diet is a quality that ought then to be principally avoided.

When the digestive faculties are constitutionally bad, or have been impaired by irregularities, there are various methods by which they may be brought into better condition. The choice of food is not always in our own power, as the occurrences of life may reduce us to the necessity of occasionally employing substances most adverse to our habits, and repugnant to our wishes. If the digestive powers can be increased, there will be less injury from improper diet when employed through necessity or inattention. It is of the utmost consequence to get a disposition to indigestion corrected, because it is apt to produce in the other functions general derangement, and becomes the cause of its own continuance. Improper fermentation,

mentation, as was lately observed, is apt to be communicated to other substances mingling with the matter already in a fermenting state. Emetics, by evacuating the offending matter, are often of service.

Weakness is a term commonly applied to every case of defect in the digestive powers. In general the affection is rather disorder than simple weakness, or vitiated action than imbecillity. The cause of that disorder should be traced, and the particular nature of individual habits considered. We ought also in every case to take into account the condition of the liver, as it has appeared that the bile is a fluid of great importance in the alimentary canal. The greatest advantage may sometimes be obtained from such remedies as influence its secretion, or obviate accumulations of it. Antimonial emetics and calomel may be reckoned among the most useful means of effecting these intentions. The last is less precarious than violent vomiting, which a concomitant plethoric state of the system ought frequently to forbid. Many appear not averse to the effort of vomiting in plethora, even when there is an increased distribution of fluids to the head. They act as if an emetic might be a prelude to the treatment of every disease.

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That Dr. James was of a different opinion is obvious from the injunctions he lays down for the removal of fulness, by the loss of blood, or by evacuation from the intestines, before the exhibition of his powder, with the risque of vomiting being excited, is commenced in full habits. That vomiting is seldom of advantage in plethoric cases, when the stomach affection is often symptomatic of general disorder from universal fulness, and that it is commonly prejudicial when there is particular repletion in the head, is a fact that every man of experience and accurate observation must have ascertained. The severity and danger of the effort is not often counterbalanced by the diminution of action from sickness, the discharge of fluids from the system, or the tendency to relaxation upon the surface after the operation of vomiting. Calomel is not liable to the same objections: its operation may be of singular utility.

Of antimonials and calomel employed to move the stomach or bowels, it may be said, that they are remedies from which, under judicious administration, admirable effect may be derived. It is too common, however, for persons with whom indigestion is a habit, to fly to emetics, or drastic purgatives for relief; and

and remedies which should only be regarded as extraordinary resources, are imprudently called into action upon every indiscretion. The benefit or risque from medicines of this kind, must depend entirely upon peculiarities of habit, and upon the circumstances under which they are employed. In many instances they are commonly inadmissible, and in others, where a prudent exhibition of them, combined with other means of obviating disorder, and promoting the proper functions of the digestive organs, might be directed to the best effect, they are exceedingly abused.

A variety of medicines may be employed for promoting the action of the stomach. Bitters have long been distinguished for this effect: chalybeates are of great avail. Aromatics, the medicines termed anti-spasmodic, and warm resinous substances, may be turned to good account. The greatest caution is necessary in the use of such articles—they are active engines, by means of which much good or evil may be achieved: they should never be employed at random, but ought in all cases to be under judicious regulation and management, by which their operation may be pointed to a secure and salutary issue. They are powerful in correcting

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a disposition to acidity, but in respect to these and similar medicines it may be observed, that they are only to be occasionally called to the assistance of the stomach. The greatest misfortunes have arisen from their long continued use. There cannot be a practice more pernicious, than the constant employment of any medicine which maintains artificial exertion, until the habit of natural action is lost, and in the end the powers are exhausted. To bitters, likewise, it may be objected, that they are generally connected with astringency, and do not contribute to secretion. They add to a plethoric habit, which is already a disease, and may encrease to a most fatal conclusion. It is not by medicine chiefly, but by regulation of diet, that assimilation is to be insured. There cannot be hope of amendment while free indulgence is given to a luxurious appetite.

The use of bitter and stimulating medicines becomes less precarious, when it is conjoined with means by which a plethoric tendency is avoided and secretion promoted. Among these may be enumerated regular exercise, which is, of itself, a principal mode by which digestion may be improved. It maintains external circulation and universal action. By making a
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waste of fluids, it renders a greater supply necessary, and the digestive powers are exerted to satisfy the demand.

There are many medicines that contribute towards freedom of secretion: one of the best is sarsaparilla, whose operation, insensible in its progress, although sure in the end, is never injurious to the body, but generally beneficial. To a decoction, of which sarsaparilla was the chief ingredient, Sydenham has ascribed the virtues of preventing both gout and gravel. It is uniformly innocent, and frequently efficacious, in removing morbid affection. While it promotes natural functions, especially of the glandular kind, and tends admirably to the right condition of the skin, it diminishes the unnatural exertion of a feverish habit. There is frequently some care necessary to prevent it from becoming flatulent. When conjoined in decoction with the resinous woods, it is rendered more grateful to the stomach, while the stimulating properties of the other articles are divested of risque.

Antimonials and mercurials may be successfully exhibited in small doses, so as to operate with good effect on the secretory organs in general, and the capillary enhalants on the surface. Neutral salts are likewise of advantage,

and the alkaline basis of such salts is of great avail. Warm bathing, or the application of vapour to the body, may be employed in many cases with particular benefit. Remedies of this kind are not only of service in guarding against the injuries that might result from bitter, astringent, and stimulating medicines, employed with a view towards increasing the digestive faculties, but, when acid is superabundant, contribute greatly towards the prevention of that accumulation which is the occasion of disease. We have seen that accumulation is not positively the source of gout, but becomes one of the most active coadjutors of its first cause.

While measures are pursued for the prevention of acidity, it is obvious, that the use of acids in diet, or in the liquors that are drank, must be put under strict limitation, or entirely proscribed. The habit of employing acids may be almost confined to the use of fruits and of fermented liquors. Fruits, from the profusion with which they are scattered upon the earth, and the avidity with which they are desired, may be considered as part of that provender which is furnished by nature. Fermented liquors are the products of art, but not to be objected to on that account. Man was not intended to live in a state of nature—he is endowed with
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faculties that were to be exerted in the modification and distribution of objects for his own gratification and advantage. Artificial life is his proper element ; in the pursuit of it, however, he may sometimes be disqualified for what would be adapted to a condition of nature, and not unfrequently his endeavours at refinement may lead to his own detriment and destruction.

That fruits are designed to be a part of the food of man cannot be doubted. In stomachs adapted to the use of them, they afford nourishment, and are conducive to health. Such as may be supposed to be intended to be eaten, contain, when in a state of perfect ripeness, very little acid, and that which remains, is regarded as capable of undergoing the digestive process, so as to be altered in its properties before it can have passed from the stomach. But when the powers of that viscus happen to be deficient, or unsuited to the assimilation of such matter, the full effect of the acid is exerted upon the intestinal canal, the liver, and the fluids of the body. This is not the only inconvenience : the pulp or mucilage, in common with vegetable substances, is liable to these fermentations, from which proceed acidity, flatulency, and other symptoms of derangement. In this manner ar-

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ticles, which to a sound digestion are not only innocent but wholesome, become pregnant with mischief when the assimilating faculties are defective or impaired.

Fermented liquors, from their impressions upon body and mind, may be ranked among the highest luxuries which human industry has been able to provide. The art, however, of fermentation is one of those which may be said to be prosecuted as much to the prejudice as to the advantage of mankind: its products, too uniformly grateful, are apt to be abused. Acidity is one objection to which many are liable, and those that have the least of it should be preferred when there is disease from prevalence of acid. Soft ale may be an innocent beverage, when cyder would prove extremely injurious; or madeira a safe and grateful stimulant, when even a few glasses of French wine would occasion sensible detriment. A tendency to run readily into fermentation in the first passages, is a quality of the weaker fermented liquors, and should preclude many from the use of them. Good malt liquor is scarcely subject to exception on any other ground; but this alone is frequently sufficient to make a necessity for perfect abstinence from it, and unfortunately

fortunately even the soundest wine, in a state of dilution with water, will sometimes be apt to run into the same error, when the functions, by which common fermentation should be resisted, are very incomplete. The distilled products from fermented liquors are exempt from the defects of acidity or acescency, but open on other accounts to weighty objections, which render necessary the most guarded circumspection in the use of them.

It may perhaps be contended, that acids are not only innocent towards many habits, but used with advantage in food and medicine. Although reflection upon the nature of the bile, and its important functions depending upon its saponaceous properties, should dissuade from the inconsiderate use of acids, it is far from the design of this work entirely to expunge them from the catalogues either of luxury or medicine. Under many circumstances, the moderate employment of them may be not only inoffensive but salubrious. The acid of fruits and vegetables is scarcely to be considered as an acid in its effects, when the powers of the stomach are adapted to its assimilation. Other acids are not perhaps unsusceptible of change in the œconomy, as acids in general are compounded bodies. Under particular states of habit, their

decomposition may be effected by the animal powers in the stomach, or in the circulation, and their constituent elements distributed to other purposes. The transmutation, or new modification of the particles of acid by the system, is a doctrine ingeniously sustained by Dr. Beddoes, in his refined speculations respecting the extensive influence of oxygen, and of substances in which it is contained. In regard to all, however, but vegetable acid, it is to be considered as an idea standing at present upon no better basis than conjecture, although the admission of it would sometimes be convenient in accounting for different effects from acidity, on the ground of inequality in the powers of decomposition.

But without depending upon such decomposition and new elementary arrangement, which with respect to many acids is improbable, and which even the different kinds of vegetable acid frequently evade, acids are sometimes useful remedies in disease. They may be numbered among the most effectual sedatives to inflammatory action, and are entitled to considerable praise in hæmorrhages, whether active or passive. While they tend to lessen the cause of unnatural impulse, they exert a mild astringency.

Acids

Acids have been extolled in medicine as antiseptics: they certainly are of avail in many cases where septic tendency has been suspected. But it may admit of dispute, whether the principal benefit be from resisting the malignant bias of putrefactive ferment, or from sedative powers allaying inflammatory irritation which disposes to dissolution, alarming and rapid in proportion to its violence. That the antiseptic operation may depend upon the sedative virtue, is rendered probable by reflecting upon the different effects of stimulating anti-putrescents, which are not employed with universal security, but in numerous instances cause aggravation of an evil, proceeding as often from error of action and extraordinary excitement, as from mere languor and debility of the animal functions. There is not any thing in physic concerning which it is necessary to make more correct distinction than in respect to extreme prostration, depression, and irregularity of action, of which a phlogistic state, with appertaining congestion to the brain, or some other vital organ, is not less commonly the source, than a low and properly septic condition of the habit.

Acids are applicable to some cases of stomach disorder, and may be turned to account in restoring the digestive faculties. When from accidental

cidental irritation there is an augmented secretion of bile, which ascends to the stomach, and displays itself by nausea and vomiting, acids, by decomposing the offending matter, sometimes diminish the inconvenience. Too often, however, the cause of such increased secretion is predominating acidity, and the bile, when thrown up, is already decomposed: it appears a fluid not yellow, saponaceous, and viscid, but green, and brittle. The mineral acids tend to promote the natural operations of the stomach, and may become correctors of acidity. By giving tone to that organ, they may prevent a production of acid, which would perhaps in quantity have been ten times greater than that which has been used medicinally. Of this nature may be the effects of a few drops of vitriolic or muriatic acids, which, as soon as they enter the duodenum, are neutralized by the bile, and become inert.

The action even of acids upon the liver, when obstruction is a disease, may be supposed sometimes to prove secondarily beneficial; as in certain states of disorder an increase of derangement will stimulate the restoring faculties to exertion, and conduct to these constitutional processes by which oppression is overcome. In the same manner, a copious introduction

duction of acid may produce, in a disordered habit, a regular fit of gout which shall terminate in sound health. But although circuitous and accidental advantages may sometimes occur, acids are to be used with the most jealous caution in such cases. They are indirect and uncertain remedies of dubious operation, and seldom can be innocent if they are not of advantage.

It is not from a little vinegar, or a small quantity of acid in medicine, that much mischief is in general to be apprehended, but even the most restricted use of acids is precarious where acidity abounds. Many, whose fluids are framed to yield but a small portion of lithific matter, may indulge in acids without incurring risque of gravel or gout; and from custom the secretion by the liver may be in a certain degree accommodated to superabundant acid in the canal, as there is in the œconomy a wonderful faculty of being reconciled to artificial circumstances; yet it may in general be remarked, that acid medicines, or compositions in which acidity predominates, do not well accord with habits that are predisposed to gout, to gravel, or to biliary concretions. That they are too cold for the stomach, is the vulgar language by which patients express the injury they

they have experienced. Acids may be innocent towards a clear and florid countenance, but are not well suited to a fallow complexion and jaundiced eye. To such constitutions, alkalis and the earths termed absorbent are better adapted. It is impossible to read without concern of such a man as Dr. Johnson perpetually sipping acid or acescent liquors, while he was groaning under the anguish of gravel, or sliding into a fatal dropsy which probably proceeded from a morbid liver, to the disorder of which his unfortunate indulgence was adding strength.

In favour of acids it should be stated, that they do not add to the evils of plethora, but rather tend to obviate its occurrence; and that the quantities of aqueous fluid, which generally go along with them, contribute so much to the dilution of the urine as to make some amends for the precipitation of lithific acid. In proportion as the urine is diluted, a larger quantity of that acid, although separated from the matter with which it should be combined, will remain suspended, or in a state of simple solution. Acids then are not without merits. Their condemnation is not intended to be unqualified, although they are generally prejudicial under particular circumstances. In physic it has been much a fashion to make of every new principle
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an indiscriminate application, which is the bane of improvement. Systems that, under proper confinement, were strictly just, have often been brought into contempt and neglect by the disappointment and disgust ensuing from absurd and inapposite extension to points which they could not comprehend.

If attention to methods, by which the proper action of the stomach is promoted, be accompanied with necessary regard to diet, and with guarded abstinence from acids, superabundant acidity in the primæ viæ may, in general, be avoided. When, however, the tendency to disorder is excessive, or has been of long standing—when it proceeds from digestive faculties too much vitiated or debilitated to be effectually recovered—when it is connected with disease which cannot be removed, or with irritability and anxiety of temper which regulation cannot reach, common fermentation in the vegetable portion of diet will be unavoidable, and there will be a formation of acid in spite of every endeavour to prevent it. In such cases, it becomes necessary to secure against the effects of acidity, by the destruction of it. Alkalis and absorbent earths combine with the acid into a neutral state. They are often employed with peculiar benefit, and have even acquired the repu-

reputation of solvents for concretions in the bladder. But their pretensions to be considered in that light, together with their general effects, are of sufficient importance to be made the subjects of a separate section, concerning which the epicurean reader, weary of injunction respecting requisite restriction and abstinence in regard both to diet and certain favourite acidulous compounds, may perhaps be happy to be informed that it is the last.

SECTION VII.

*On the Power of Solvents, with general
Observations.*

A SOLVENT for a stone in the bladder is one of the grand *desiderata* of medicine, to the attainment of which the art and ingenuity of practitioners have always been directed. Many articles have enjoyed a momentary reputation, for which they were indebted merely to the simplicity or ignorance of persons who drew conclusions in their favour without any rational acquaintance with their actual powers, or with the matter on which they should operate: like popular remedies that are often cried up for the day, and then dwindle into inactivity or appear destitute of virtue, they have in succession returned to the obscurity from which they sprung. But alkalis are to be excepted from the fate of common oblivion, to which solvents of various descrip-

descriptions have been consigned. They have not always been held in equal respect; for at different times they have been in high estimation, and have afterwards fallen into discredit. In general, however, they have maintained a degree of character, which has been the source of fame and fortune to some by whom they were secretly administered, and would appear to imply a portion of success, without which they must soon have shared neglect with the others.

The solvent character of alkalis lays claim to greater attention from seeming to have depended more upon experience than theory. The deductions of reason were generally against them, and have been employed for the subversion of properties to which the faculties of reason could not be reconciled. It may be a matter of dispute, whether the rejection of their title to solvent virtues has been made upon the just ground of inefficacy, or from false deduction supported by mistaken notions of the nature of calculi. Misconception, or the error of argument that is raised upon unjust position, will sometimes prevail over the testimony of observation and experience.

When calculi were supposed to be an earth, of which the particles were kept together by animal mucus, it appeared improbable that alkalis,

kalis, after many opportunities of being saturated with mucilaginous matter during a tedious circuit, should arrive at the kidneys in condition for uniting with any portion of the cementing medium, and it was obvious they could not act upon that kind of calcareous substance, which was then conceived to be the basis of the stone. But when the real nature of urinary concretions, with the mode and causes of deposition, is considered, the operation of alkalis upon calculi in the bladder will not be thought so unlikely or remote. If the source of concretion be a redundancy of acid, it cannot be denied that an alkali may be exhibited for the effectual correction of it. Whether the acidity be from the first passages, or from causes within the circulation, alkalis may, in that respect, be rendered of certain avail. They may be made to superabound in the fluids: there could not then be any deposition of lithific acid. The petrifying quality of the urine being destroyed, there must be an end to chrySTALLIZATION; and as the calculus is soluble in water, a very slow but gradual diminution might be effected, by the urine itself not now containing any redundant acid. For it is a fact, that natural urine, not only does not of its own accord make a deposit of lithific matter when air is shut out, but in

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the heat of the body is capable of uniting with a minute proportion, so as to become the solvent of a stone.

Such would be the effect from urine of which the petrifying process was superseded; but if an alkaline impregnation can be conveyed to that fluid, its qualities of solution will be rendered more considerable; and that an alkaline impregnation may be communicated, is capable of demonstration by a very safe and easy experiment. Half a drachm of common *kali preparatum*, or salt of tartar, exhibited in a glass of water every two hours, will become very manifest in the urine after the third or fourth dose. It will first be perceived by a precipitation of the earth that is combined with acids in the fluids. I have observed, after a few hours, that not only the whole of that earth was precipitated, but the alkali redundant in a sufficient degree for giving a green colour to the syrup of violets. The precipitate of earth appears, not merely in the urine when cold, like a lithific sediment, but in that fluid as it flows from the bladder. It is a white powder, which settles almost immediately to the bottom, and is readily soluble in acids.

The solvent powers of urine would not be much increased by the presence of mild alkali,
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such as was mentioned in the last experiment; the attraction of carbonic acid to alkalis being stronger than that of lithific matter; and caustic alkalis, by themselves, are held to be too acrimonious for internal exhibition. But caustic alkalis may be conveyed to the urine, in conjunction with something by which they are less attracted than by the acid of urinary concretions. They may be united with oily or mucilaginous substances, from which they will separate to combine with lithific acid. The compound of an alkali with any matter, towards which it is not drawn by so strong an affinity as to concreting acid, will form a menstruum, by which, if carried to the urinary passages, a stone in the bladder will be dissolved.

With a view of ascertaining the comparative degrees of attraction to alkalis between expressed oils and concreting acid, I made the following experiment: A solution of soap was prepared by boiling twenty grains of *sapo amygdalinus* in two ounces of rose-water, and as soon as it had been removed from the fire, five grains of the crystals of pure lithific acid were added to it. Upon agitating the vial, I observed that there was an evident decomposition of the soap; for the fluid, which till then

had been nearly transparent, became in appearance like cream. The separation of the oil was not so complete as it would have been if any of the common acids had been employed. The particles neither arose to the surface or subsided to the bottom. The mixture, in which the ingredients remained blended together, had a strong resemblance to the milky compounds produced by agitating expressed oil with a diluted solution of alkali impregnated with carbonic acid. The alteration, however, was sufficient to point out a chemical change, and in a short time the lithific acid was entirely dissolved. If the urine, therefore, can be rendered a saponaceous fluid, it will become a menstruum for a calculus.

When an alkali, either by itself, or in conjunction with any matter to which it has not so strong an attraction as to the native acids of the body, has been received into the fluids, the first effect from it must be a decomposition of the earthy salts. A portion will be expended in uniting with the acids from which the earths have been detached: but if the quantity exhibited be more than sufficient for the saturation of these, the other part will remain unaltered, and may be secreted by the kidneys. Thus, from theory, we might conclude, that
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the urine may be impregnated with substances of this kind, and experiment accords with deduction. An inconsiderable portion of alkali taken into the stomach, will convert the urine from a condition of superabundant acidity, under which there is a lithific sediment, and an emission of foetid vapour, to a state of neutrality, remaining transparent when cold, and without any offensive odour. A larger quantity becomes more manifest by a precipitation of earth. Let any incredulous lithific subject make the trial, and he must be satisfied with the event.

It appears from the observations of many authors, who have made report concerning the effects of alkaline preparations as administered by Mrs. Stephens and others, that the urine flowing from the body has been found to contain a white powder, of which great quantities have sometimes been collected. This powder has usually been considered as part of a concretion, or as gravel that had been lodged in the passages until brought away by the alkali. It is, however, very different in properties from the lithific acid, and agrees in every respect with the earth that may be precipitated from urine, by adding an alkali to it when discharged. The vulgar error, of supposing it the matter of gravel, is one of the many circumstances

cumstances which yield testimony of the superficial reflection, or extreme ignorance, in regard to every thing that had relation to the disease; and as calculous matter, I believe, it has been considered by all who have treated of the operation of alkalis.

A similar sediment of earth may naturally take place under particular circumstances of the body. In several cases I have observed it on the day succeeding an excessive indulgence in intoxicating liquors, when the stomach has been disordered to the occasion of most distressing sickness, and an immense secretion of the biliary fluid. In such instances, it may be owing to the redundancy of bile becoming conspicuous in the urine by its alkaline principle: and the effect furnishes presumption of the great influence of the liver in respect to the proportions of acid and alkali in the fluids. But it may be said, that the yellow colour of the bile should, at the same time, be conveyed to the urine, as when bile is absorbed from the ducts of the liver, or from the gall-bladder. That colour, although it pervades every thing in the alimentary canal, does not naturally pass from the intestines. It is not usually perceived in the contents of the lacteals: perhaps it may be lost in the moment of absorption, and during

ing the passage of fluids through the membranes of the intestine into the absorbent vessel. Tinges from other matters, to the new modification of which the powers may not be adequate, are frequently transmitted; but the chyle does not appear to receive any colour from the fluid of the liver. It seems not improbable that, in the intestine, a portion of the alkali of the bile is transferred from the resin, which descends under an excrementitious form, to some oily or mucilaginous product of digestion, with which it is connected in that milk-like composition called chyle. From the chyle it may be taken up by a native acid in some other part, where, by a new modification of its concomitant matter, there is a further progress towards the perfection of blood, or the composition of animal fibre.

Some of these milky fluids, and milk itself in particular, while they contain latent acids, which fermentation can display, or ingenuity extract, are, in their natural state, rather of an alkaline quality, and appear to comprehend fixed alkali in conjunction merely with something gummy or resinous, or with the matter of oil or mucilage. Milk seems to saturate a small portion of acid, and its coagulation by acids may be in part owing to the abstraction of alkali,

by which the mucilaginous matter was suspended. *Quere*, May not rennet, which, although not of itself an acid, yields a whey not un- similar to that obtained by acids when the exact portion of acid which is accurately necessary for perfect coagulation is employed, be a species of matter which furnishes a basis, that by union with something in the interval before coagulation takes place, for its effect is not immediate, becomes an acid in the proportion that is wanted?—or in milk may not be the basis, to which the rennet may convey an acidifying principle? The extraordinary coagulating powers of this matter have not been perfectly elucidated, and might make a subject of curious investigation. In coagulation in general, it must be conceived, that the coagulant, or a part of it, unites with the coagulum, so as to render it incapable of continuing combined with the water that is thrown off; or that it joins with the aqueous portion, so as to cause a precipitation of the solid substance, according to the laws of single or double decomposition; or that by means of a process, which may be considered as a kind of fermentation, it gives occasion to the formation of new products, towards the composition of which its own elements, under different modification, may be applied,

plied, and by which one or other of the first mentioned alterations is effected. When, as in the case of rennet, the necessary quantity is so small as to appear to operate by magic, and a period intervenes between the application and effect, the generation of some new body may readily be suspected.

The circumstance of milk, the natural food of the early part of life, a kind of food of itself sufficient for the most perfect sustenance of the body under every stage, appearing to incline to superabundant alkali, might be brought forward as a strong argument against acids: for, although it is acescent if left to spontaneous fermentation, it is unsuited to the digestive powers, when any acid is produced from it in the stomach. But the mention of chyle and milk has occasioned a conjectural digression from which it is time to return, or the reader's patience may be exhausted before he gets to the end of the few remaining pages.

Not uncommonly on the day after a debauch, lithifac acid is redundant in the urine: but at other times, and especially when the epigastric functions have been much disturbed, so as to occasion great excitement to the liver, an absorbent earth is found in a separate state. This is a circumstance for the mere ascertainment or con-

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futation of which every man may not be inclined to an experiment on himself, because, although the necessary trial would be simple, and not liable to much error in the execution, the consequences might be complex and inconvenient. Yet there are few men, even in the serious and solemn profession of physic, to whom opportunities will not sometimes occur of drawing conclusions *de propriis personis*. During sea-sickness there is frequently an augmented secretion of bile in high degree, and of long continuance. I have not had an opportunity of inspecting the urine at that time, but should not be surpris'd to find that earth was sometimes in a state of precipitation from alkali being redundant. I think I have seen a disposition to the same appearance, or at least a diminution, in the quantity of a customary lithific sediment from the operation upon the liver of a violent emetic.

A superabundance of alkali may perhaps happen in particular habits, and causing a precipitation of earth might be supposed to become the source of concretion in different parts, and even of a disease corresponding in its nature with gout. It was admitted that there are instances of mixed concretions, which appear to be compounded of lithific matter and

an earth, while volatile alkali and carbonic acid superabound in the urine. It does not appear, however, that actual concretion has ever been produced by the most liberal medicinal use of alkalis. Simple animal earth has little disposition to get into a chrystalline shape, but mixes rather with water into a mucilaginous consistence. And entirely unfounded are the notions that have been entertained, of alkalis causing a dissolved state of the fluids. By a tendency to correct indigestion and the errors of acidity, they conduce to the proper operations of the alimentary canal and its appendages, upon the condition of which the functions of the whole system have much dependance; while their disposition to increase evacuation by the emunctories in general, is security against injury from an accumulation of earth. They may be enumerated among the most effectual guards against the retention of matter that ought to be discharged. In diseases proceeding from redundancy of acid, they would be of intrinsic value on this account, independent of their counteracting the primitive source: and it stands on numerous records that, with few exceptions, the general health of persons under a judicious course of alkalis has been improved. As was said of acids, it is not to be
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supposed that they are equally adapted to every constitution; but in those particular habits, to whom on account of any affection from predominating acidity they are necessary, they will commonly be otherwise advantageous.

There are several peculiar morbid conditions under which prevalence of alkali has been suspected; but it may be remarked, that there has not often been any certain authority for the presumption. A lithific sediment, indicating superabundant acid, is common in many complaints. The system, under irritation and disorder, appears to incline to acidity, and, as was formerly mentioned, acid is frequently superabundant at the end of fevers, during the progress of which neutrality had continued exact. But I believe a sediment of earth, the certain consequence of predominating alkali, will not generally be met with under some affections that have been considered as alkalescent. In scurvy, the urine, as described by *Van Swieten*, carries evident marks of redundant acid. *Urina autem scorbuticorum rubra est cum sedimento gravi copioso, lateri rubro contrito, aut bolo rubro simili, quod sedimentum, si urina igni imponitur, denuo solvitur.* Here is a neat and accurate description of a true lithific sediment. In this disease, the native acid of fruits, and acescent vegetables, appear

appear to be extremely adapted to the digestive faculties, nauseated by a long continuance of vitiated diet and corrupted air; but simple acids are not found of much advantage: the others are of use, not on account of acidity, but as being suited to the existing powers of assimilation, by which the acid and mucilage of vegetable productions are converted into proper fluids. From the nature of the urine, and the customary diminution of secretion by the emunctories on the surface of the body—a diminution which is noticed in almost every account—it seems probable that alkalis, which would soon effect an alteration in the urine, and whose powers in clearing the skin are scarcely inferior to those of any other medicine, might be employed with better success than mere acid. But it is dangerous to speculate upon diseases which a man knows only by report. Perhaps, in malignant stages of the disorder, volatile alkali may predominate. Those, to whom it belongs to have scurvy under frequent observation, may attend to the urine, with a fair prospect, if acid appears generally redundant, of deriving benefit from alkalis with such conjunctions as individual circumstances may point out: they need not be intimidated from the trial by the vulgar but superficial notions of their septic tendency.

tendency. It is certain that they are frequently blended advantageously with other medicines in cases commonly termed scorbutic, of which many may be regarded as flighter affections of the same nature with true scurvy.

I would not maintain that stones are often capable of solution in the bladder. I have not had practical opportunities of making many observations upon the solvent powers of alkalis; as instances of concretion, which have become too large to be discharged with the urine, are chiefly confined to the lower class of people, who get into hospitals, where they immediately pass through the common operation. But the effect of alkalis is so far from being improbable, that to reason it appears almost unavoidable; and if they are not commonly attended with success, the principal difficulty will be in accounting for their failure. It is capable of the clearest demonstration, that the urine may be rendered a fluid which would be an active menstruum for a stone: what then should prevent solution?

A retired or unexposed position may be an obstacle to that process. A calculus may frequently be precluded, by its situation in the body, from being acted upon by solvents. A stone pent up in the kidney, and embraced almost

most in the extent of its surface by the substance of that gland, or included in a bag formed by the protrusion of the inner coat of the bladder, would be in a great measure defended from any menstruum.

The chrystalline hardness of many calculi is unfavourable to their being dissolved. A body of very firm aggregation of particles and compact texture, is not readily acted upon by its proper solvent. Calculi that are porous, and permit the penetration of water, must be supposed more easy of solution, than such as present an impenetrable surface.

When the petrifying process is at an end, it is to be feared that the concretion may become enveloped in mucus adhering to its surface, so as absolutely to protect it from the action of the urine. This is, perhaps, a frequent occasion of the inefficacy of solvents, and may be the source of that relief from irritation, which is generally obtained in a little time after the use of the solvent has been commenced. The surface of the stone, no longer presenting that asperity which attended upon every fresh coat of recent chrystals, becomes smooth by the intervention of mucus, and ceases to cause much uneasiness, but unfortunately is at the same time saved from the operation of medicine. Even the
mucilaginous

cilaginous matter that is precipitated from the alkali by the lithifac acid, may become attached to the stone, after the same manner in which a precipitate is usually deposited upon any solid body which has been the cause of precipitation; and it may contribute towards an artificial coat. The acquirement of a mucilaginous crust must be adverse to success. A free use of diluting liquors, which of themselves tend at least to prevent the increase of a stone, and in which alone, as customary vehicles, have been resident the sole virtues of some reputed solvents, with as much exercise as the patient's situation will admit, may be of service in obviating this impediment.

Obstacles like these that have been mentioned may render abortive every attempt at solution. But after contrasting the probable considerations that incline towards the efficacy of solvents with those by which their operation may be foiled, it is necessary to remark that, notwithstanding the length of time since alkalis came into favour, there have not been many practical applications from which positive conclusions could be derived. It appears from well authenticated cases, that calculi have sometimes been removed by the use of them: in others, where they have failed, it is probable they may frequently have been

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been exhibited in an improper manner, and without due regard to the means of promoting their effects, or of avoiding circumstances by which their powers would be counteracted. It is to be lamented that medicines of this kind have been much neglected by regular practitioners, because mistaken ideas of calculi led to distrust of the powers of solvents. The employment of them has rested chiefly with empirics, who were so ignorant of every principle upon which they ought to be administered, that sour rhenish and other acids have sometimes been joined with the alkaline *lixivia*. It is not surprising that valuable remedies, when shamefully abused, should have sunk into discredit. The subject is of great importance, and claims more particular attention than has been paid to it, from those who have the care of hospitals, and meet with frequent instances of calculi.

When alkalis or earths are employed for the correction merely of redundant acid, large doses are not commonly required, and the mild or caustic forms are equally suited to the purpose. But when an attempt is made to dissolve a concretion in the urinary passages, the use of them should be pushed to a greater length, and the form best adapted to the solution of a stone

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should be preferred. The caustic alkali, dissolved in simple water, might be too harsh for the stomach, but when mixed with a solution of any animal matter, it becomes sufficiently sheathed, yet retains the power of acting upon the calculus. There is not occasion for its being fully saturated as in soap, which is an offensive nauseating compound, containing a proportion of alkali very inconsiderable in comparison with that of oleaginous substance against which the stomach revolts. Soap would not lend assistance to the digestive faculties, of which the improvement should be kept in constant recollection. A solution of any animal jelly, or perhaps milk by itself, or with the addition of a little isinglass, would generally be sufficient for covering the alkali. When caustic alkalis are largely diluted with water, a small portion of mucilaginous matter is sufficient for divesting them of any precarious acrimony; and vegetable mucilage, such as that of gum arabic, linseed, or marsh-mallows, might be adequate to that intent.

The mild alkali has not a greater effect upon urinary concretions than water by itself: yet alkali supersaturated with carbonic acid has lately become a fashionable remedy, under the title of *aqua mephitica alkalina*. The pains
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and expence employed for the improvement of medicines, have frequently tended to render them of less utility. Fixed air, when it was first discovered, the knowledge of vapours being at that time in its infancy, became a subject of much attention, and was elevated to the importance of an universal panacea. When the novelty, however, had worn off, it suffered much abatement in estimation, to the possession of which oxygene or vital air may, perhaps, be exalted for a time, and the virtues which were ascribed to it had almost ceased to be in respect, till it came to be recommended as a specific in gravel and calculi. This article, which destroys the solvent properties of alkalis, and renders them inert, is directed to be united with them to saturation as a remedy for stone.

But it may be answered, that, although the practice may appear inapposite in theory, experience is in its favour, and that a long list of cases, in which *aqua mephitica* has been employed with success, can be produced. The list has been collected by an authority whose name lends credit to the catalogue, and who, feeling not any interest but that of benevolence in the recommendation of this medicine, will not be offended with rational strictures on its operation. He is entitled to general gratitude for

recovering public attention to a species of medicines, concerning the properest forms of which others must be allowed to express those opinions, to which their different sentiments respecting concreting matter and concretion give rise. An alkali, under this state, may undoubtedly be of service. By correcting acidity in the canal, and any redundant phosphoric acid in the circulation, it will put a stop to the petrifying quality of the fluids, so as to be a remedy for gravel, and leave a concretion to the tardy action of the urine alone. In cases of gravel merely, when there is not any accumulation of chrystals, but only a deposition from day to day, let *aqua mephitica*, or any condition of alkalis that is most agreeable, be employed: but when so great an object as the solution of a stone is desired, the alkali should be used in conjunction with something from which it will separate to unite with lithisic acid. The largest doses should be employed, and the exhibition continued with the most precautionous steadiness, till there has been a fair trial of its effects. Caustic alkalis are not commonly more disagreeable to the taste, or more ungrateful to the stomach, than common alkalis. The larger quantities that can be employed of aerated alkali plead not much to its advantage; as the
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solvent quality of natural urine is not increased by it; at any rate the common kali or natron, considerably diluted, are sufficiently mild for general purposes.

There may be some advantage in recommending *aqua mephitica*, because patients are usually inclined to employ, with more exact perseverance, medicines under disguise, and not compounded without art and difficulty, than the same articles in a simple but not less effectual form. A certain degree of mystery is necessary to gain that confidence which is the principal inducement to patience and regularity under physical regimen. The alkali combined to saturation with fixed air may be a very beneficial remedy in preventing the deposition of sabulous matter; but unless the powers of actual solution are denied to alkalis, it ought not to be substituted for the caustic *lixivia* in cases of calculi already formed. The last are entitled to a previous trial, and on failure, the other may be adapted for continuing that relief which is derived from a suspension of the petrifying process.

Fixed air, in the universality of its application, has at different times been recommended, in conjunction with water merely, as a solvent. The introduction of it is as antient as Stephen Hales's frivolous experiments with effervescent

mixtures, and might, perhaps, be carried back to a prior date. Concerning it there is only occasion to observe, that the composition is to be regarded as water with so slight an impregnation of acidity, as scarcely to partake of the vices or virtues of an acid. Much of the air will be detached into an elastic state by the heat of the stomach, and remain in the condition of vapour in the intestine, so that the water will carry but little of it into the circulation, and in water of perfect purity there is much virtue. If it were possible that a larger quantity of it could be conveyed from the stomach to the bladder, it would become an occasion of lithific acid being deposited; and indeed we have seen reason for presuming, that the calculous deposition sometimes occurs from superabundance of carbonic acid proceeding from error in the animal operations. That the system, under particular circumstances, is capable of forming large quantities of elastic vapour, which is probably in part carbonic acid, appears evident from a curious and instructive case of *emphysema* communicated by Dr. Baillie, in the important transactions of a medical society, of which he is one of the most distinguished members. To indulge in spruce-beer, or any liquid containing a very large impregnation of that acid, might be impru-

imprudence in a calculous patient, although the dilution, by the profusion of accompanying water, may be often sufficient to counterbalance any evil that could be apprehended.

It may be objected to the use of alkalis, that calculi of a different description from that, which, on account of the greater frequency of its occurrence, I have termed the specific sort, might not be adapted to their operation. Dr. Dawson's prudent injunctions, in respect to an examination of the urine and its contents, are never to be omitted. The urine will be the criterion of the nature of a calculus; and it is the faithful index, by attention to which, the action of alkalis should be regulated and measured: it is a guide which should always be accurately consulted. I may, however, observe that, even in those calculi which contain a large portion of earth capable of solution in muriatic acid, lithifac matter, from its tendency to a chrystalline form, is probably the bond of connection. If by means of alkalis the lithifac portion be taken away, the deposit will be a simple sediment of earth with particles unconjoined. If it should be ascertained that in all such calculi there is a greater or less proportion of lithifac acid, as their reported textures and colours would evince, the abstraction of that,

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which, although it may be small in quantity, is the article that inclines chiefly to concretion, must be the main object.

If a man were to speculate upon the probable cause of these mixed concretions, he might with plausibility assign an improper fermentation running beyond the point of acidity, and continuing in the circulation, where the requisite assimilation into living particles may sometimes be as defective as the assimilation of digestion in the stomach, till it approached towards the point at which volatile alkali is produced. Fermentation like this might be considered as having some resemblance to a putrefactive process. I would not suppose putrefaction in fluids that had assumed vitality, while they possessed the principle of life; but it may easily be conceived to happen in others, which from functions, by which that principle should be conveyed, being incomplete, have remained not merely in the state of dead matter, but of matter in the progress of spontaneous fermentation that had commenced in the stomach, and was continued in the blood vessels—or it could not be thought improbable in those fluids, which, in the natural waste and renewal of substance, had descended from the condition of living particles to that of excrementitious matter. The common change
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may not, in its kind, be dissimilar to an incipient putrefaction, which in some cases may make preternatural advances, till carbonic acid and volatile alkali are extricated.

If this hypothesis—for as hypothesis only, distinct from the general system which issues not from imagination's store it is set down, were established, alkalis would not, under the first supposition, be unsuited to the case. By combining with the matter while in a state of acidity, the preliminary stage, they might cause a suspension of the fermentative process, and save from a sediment either of lithiatic acid or earth. Under the circumstance of the second conjecture, they would remove the lithiatic matter of the sediment, as has just been stated. In the single instance of anomalous urine, which I had an opportunity of inspecting, the mucous matter was not unlike to the mucilage of putrefaction, and the smell had some resemblance to the hepatic odour of predominating acidity, conjoined with putrefactive fœtor. A fermentative tendency of this kind, from constitutional defect, or peculiarity of habit, must not be confounded with the acute and accidental alteration that is sometimes supposed to proceed from violent fever, or from the corrupt excitement of baneful contagion. The error may
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occasionally be not in the general temperament, but in the particular action of the kidneys causing a morbid modification of the urine.

The operation of alkalis should be connected with every collateral circumstance that may tend to the general health, or particular object. They may often require the regulation and assistance of other medicines. In a solvent, which for a period of years has maintained considerable repute, and of which the ostentatious character appears in the columns of almost every newspaper, opium seems to be joined to a fixed alkali in its caustic state. Some preparation of poppy may frequently be a necessary and useful ingredient. It is much to be wished, however, that the ultimate effect of alkalis may be ascertained by experiment that shall stand on better support than that of interested quackery. Too justly it may be said of them at present, that they have seldom been employed with due regard to all the circumstances that are necessary for a fair and exemplary trial. Regulations for the cure of disease are frequently but half performed, and reflection is thrown upon the means, when perversion or misapplication are the causes of failure.

I have endeavoured to contrast with impartiality the arguments that persuade to confidence

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in alkalis, with those that militate against them. The advantage appears in favour of the first, or their pretensions are at least so substantial as to claim re-consideration from persons whose prepossessions may not have been in their favour. But if effects should not keep pace with the flattering inference of opinion, it must be gratifying to calculous patients to be informed of the signal success, which, under skilful management of the improved operation of the present day, has attended Mr. Earle in an extensive line of practice; and they will have infinite source of satisfaction in the knowledge of means which can secure against the re-production of a stone, and save from the distressing apprehensions of their miseries being renewed.

The mild alkali is not incapable of acting upon many biliary calculi; therefore it may be employed in liver cases with good effect. The large doses that may be given are here a recommendation. To passage, however, by the duct that leads into the intestine, a painful but not very dangerous process of nature, we are chiefly to trust for relief from existing concretions in the liver and gall-bladder, and should direct our principal view to the prevention of fresh ones. The concretions of gout are obviously beyond the reach of solvents. Depositions, that by frequent

quent increase have become considerable, will often continue permanent; and, by causing impediment to natural functions, are obstacles to complete recovery from the disease.

Earths that form neutral compounds with acids, may be used with excellent effect in correcting acidity in the first passages; and so much does superabundant acid in the fluids depend upon the alimentary canal, that during the frequent and plentiful use of such articles, urine which had been commonly distinguished by lithiatic sediment, shall be discharged in its natural condition, not displaying any morbid deposit. For gravel they may become remedies, when introduction from the stomach and intestines has been the cause of predominating acidity. Magnesia, on account of its opening quality, and want of acrimony even when calcined, would be an estimable absorbent, but for a disposition to flatulency frequently succeeding to its operation: it corrects acidity, a principal error of a weak digestion, but does not often contribute to the amendment of the digestive functions. By judicious conjunctions, however, the objection to it may be removed, while the full benefit of its best qualities is made certain. There is not any thing, which it is of more consequence in every case to find out, than a mild
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aperient suited to the individual circumstances of peculiar habits; especially as aloes, whose operation is grateful and salutary to the stomach, must generally be interdicted on account of a tendency to hæmorrhoidal affection, a customary concomitant upon that condition of œconomy concerning which we are treating. The immense quantity of carbonic acid discharged from common magnesia, when it encounters acidity in the first passages, is often the cause of very disagreeable distention, which could not be brought forward in recommendation of fixed air, by the enthusiastic advocates of that vapour.

Calcareous earth, in either a mild or caustic state, is not liable to the inconvenience which sometimes attends upon magnesia: it is always innocent, not having any disposition to derange the actions of the body, and may be employed, even during paroxysms of gout, by itself, or in conjunction with gentle stimulants to stomachic function, as in the aromatic confection; or together with medicines that dispose to relaxation on the surface, and occasional opiates. As lime-water requires to be drank in large quantities to be of any advantage, the most convenient form of calcareous earth for general exhibition will be chalk or prepared oyster-shells,
calcined

calcined not to causticity, but till the proportion of carbonic acid is considerably reduced. Animal earth, as employed in the *decoctum cornu corvi*, is a valuable absorbent, not liable to the exception of proving inconvenient in the bowels by the emission of gas, yet free from causticity in the state of strongest calcination. It was already observed, however, that an acid, when saturated with it, does not appear to be entirely deprived of its acidity.

Lime-water enters the vessels by absorption, and carries its effects over the system. By such additions as are made to the compound lime-waters, it may be rendered not an ungrateful liquid, and might, in some cases, be substituted for every other fluid. Tea made with lime-water might soon, perhaps, be thought more offensive in colour than in taste, and would not be so much subject to the exception of flatulency as the common form of that refreshing and otherwise innocent luxury. In a work of just celebrity and esteem, Dr. Blane's valuable Treatise upon the Diseases of Seamen, lime is recommended for preventing the contamination of water, and lime-water employed for culinary purposes, is regarded not merely as devoid of prejudice towards the system, but conducive to the prevention of dangerous bowel
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affections: it stands acquitted of pernicious effects, upon an authority of nice observation and accurate discernment. With superior advantage it may be admitted where the morbid inclination of the habit is to redundant acidity.

Volatile alkali, which excites the operation of the stomach, and is an agreeable stimulant to the system, may be made very beneficial in cases of languor and inaction. It rouses to requisite exertion the exterior arrangement of an indolent habit. This, and alkaline medicines of every kind, may be occasionally combined with purgatives, with bitters, with resins, with aromatics, with chalybeates, or with any remedy that may appear adapted to general constitution, or partial affection. There are not any cases in which their mingled efficacy is more singularly eminent, than where, with prevailing acidity in the first passages, there has been accumulation or defective secretion of bile, with a surface that indicates disorder in the capillaries, and perspiration not rightly performed. The yellow eye, the cadaverous countenance, the general debility, the morbid aspect, and the obviously inert condition of the skin, are succeeded, when long derangement has not occasioned irrecoverable disorder, by freshness of colour, by the appearance of health, and by in-
breasted

creased faculties of exertion. Salt of steel decomposed by an alkali, with a predominating proportion of the latter, and aided by the active resin of myrrh, is a remedy at present in just repute, on account of its peculiar efficacy in cases where stomach and biliary affection is seldom absent, and where prevailing acidity is, in common, at least a concomitant symptom.

But here let me protest against the customary abuse of the term *bilious*, in vulgar language: its misapplication is so frequent, and would often conduct to such injurious consequences, that a medical ear is generally disgusted with the sound. All the diseases that can occur are ascribed to bile; and patients dwell with so much obstinacy on the idea, that every remedy which suits not their own sentiments of biliary affection is resisted, and danger makes rapid advances. An inflammation of the stomach is from bile—pleurisy is from bile—fever and rheumatism are from bile!—Bile, in a word, is the origin of every evil.—It comes under reproach for the universal errors of the habit: and to make evacuation of bile is the object on which they are intent, when bleeding and blistering ought to be the remedies on which chief dependance is placed:—remedies, in few cases more necessary than in acute inflammation of the liver.

liver. Inflammation may arise in that gland from all the common causes of inflammatory action, as well as from others peculiar to itself, and the absence of violent pain may lead to fatal inattention or mistake. In a case of simple inflammation, acids might relieve the concomitant phlogistic state of the system; yet one would rather be disposed to place confidence in medicines which tend more immediately to increase natural secretion from the seat of disease.

Different kinds of mineral waters may be turned to good account in stomach affection; but as their qualities are various, and ought in general to be decided upon, more from minute practical observation, than from any light which imperfect analysis has thrown upon them, they come not properly under discussion in an essay which is intended to comprehend only general principles.

It may be disputed whether or not a cure of gout ought, in general, to be attempted. A means of cure which has sometimes been pursued, not so much by obviating the cause, as by counteracting its operation upon the system, is attended with infinite danger. By large doses of bitters and astringents, the fits were prevented from taking place, but the functions of the

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system became impaired; accumulation, the natural error of gouty habits, increased to the production of universal disorder, or destructive plethora; and the œconomy was precluded from the general relief which a paroxysm of gout would have ensured. It is not strange, that in such cases fatal affections of the brain and of the viscera should have occurred, or that indolent rigidity, unsusceptibility of impression, and muscular inaction, should have produced a miserable condition of helpless infirmity.

Very different is the plan on which we would proceed towards prevention and cure—opposite in its tendency is the system now recommended. The primitive source is always held in view, and the means of avoiding it are such as contribute to the improved exertion of every function. The great offices of digestion and secretion, to irregularities in which a multitude of diseases may be assigned, are particularly regarded. Towards these ends, not only diet and regulation, but even medicinal aid is chiefly directed. Bitter and astringent remedies may be of occasional service, but are ill adapted to constant and indiscriminate use. There should be much caution in the employment of articles, which, if they are not of benefit, may be prejudicial. But where to exhibit in substance *cin-*
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china, *aristolochia*, or *uva ursi*, might be improper, an infusion of gentian or columbo root, with fifteen grains of kali, or half a drachm of natron to each dose, may be safe and salutary. Alkalis are innocent themselves, and contribute much towards the efficacy and security of other medicines.

Bitters, like the greatest number of vegetable substances, appear naturally to contain a portion of fixed alkali. In some vegetables the alkaline principle is supersaturated with acids, and acidity prevails; but in bitters that principle is generally united with the matter of gum or mucilage merely. The quantity of alkali they yield is so considerable, that the kali used to be extracted from them in preference to vegetables in general, and was on that account denominated salt of wormwood. By their alkaline impregnation, as well as by their tending to promote the action of the stomach, they become beneficial in gouty and calculous cases. An increase of alkali brings them nearer to the condition of bile, and gives greater safety to their operation, by connecting it with a habit of increased discharge from the emunctories.

From means by which general health must be promoted while gout was kept at a distance,

there could not be danger: but if patients are not willing to endure moderate restraint, and continue to expose themselves to the causes of derangement, by living as if their digestive faculties were not defective, and as if they might be irregular and intemperate with impunity, a proper and perfect fit of gout may sometimes be desirable, that it may prove a remedy for other morbid affection proceeding from a course of conduct to which their constitutions are inadequate. It happens unfortunately that restriction is severe penance to habits, which in general tenour are robust, and revolt at necessity which nature has not imposed upon other frames of less conscious strength. It is to be lamented, that the faculties of assimilation are not always upon the same scale with the appetite.

But whether or not complete prevention be thought advisable, it will be of great importance to be able to regulate the disease from an acquaintance with its main spring. It will be of no inconsiderable moment for a man, when he finds the disposition advancing, to have an option in respect to the occurrence or evasion of a paroxysm, after reflecting upon his circumstances at the moment, and the collated injuries or advantages he is likely to sustain from it. It will be of consequence to have the action under
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command, the symptoms under controul, the progress within the power of limitation, and to know how to make amends for the imperfections of a fit, when there has been accidental interruption to its right period, or constitutional impediment to its requisite conclusion. For such intentions, there are means so fully adapted, that disappointment could not, in frequent instances, take place, when invincible obstacles did not present themselves, in enervation irrecoverable, particular disorder not admitting of remedy, complication of ailments perhaps opposite in their kind, and in the treatment they demand, or in restless irritability of temper and vehemence of passion preying upon the body, and rendering abortive every measure that is attempted.

Gout, with such essential attainments in the management, would be disarmed of its most hideous terrors, and cease to be an inflexible enemy to the convenience and comforts of life.

P O S T S C R I P T.

WHEN the printing of the preceding sheets had advanced almost to the last section, and the work was within a few days of being offered to public view, I was so fortunate as to meet with a Differtation on Calculi by Mr. Gaitskell, in the fourth volume of Medical Facts and Observations collected by Dr. Simmons. His attention has been principally engaged by the intestinal stones which are found in the alimentary canal of horses, but he likewise directs some consideration to the urinary calculi of the human bladder, and adopts the sentiments of Dr. Austin in respect to their production from mucus. I have already entered so fully into that opinion concerning the source of concretions, that it is unnecessary to advance any thing more in confutation of it. Mr. Gaitskell does not endeavour to sustain it by new arguments,
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but studies to enforce a few of Dr. Austin's most important positions, and expresses his own satisfaction in the conclusion. The only novelty in his remarks, is an attempt to account for the obvious difference between calculous matter and mucus, by ingenious reasoning in respect to varieties of property in secretions, from difference in the condition of parts by which they are furnished. He supposes that, from particular affections of follicular membranes, the minute glands may secrete mucus with the property of concretion, and which may be distinguished by the epithet, *lithic*.

The produce of any gland is undoubtedly as various as the peculiarities of action to which it is subject. Mucus, under different states of action, is different in appearance, in consistence, in colour, in odour, and in some chemical properties, such as diffusibility through water and readiness of solution; but still it is a matter to which the term mucilaginous may be applied, as a denomination comprehending all the common forms of animal substance, which, with superficial distinction, are similar in essential properties. They are ultimately acted upon nearly in the same manner, by water, by alkalis, by acids, by alcohol, and by fire. Healthy mucus is different from purulent secretion, but

to examination they are equally mucilaginous. Entirely distinct is the effect with respect to lithific acid. Reflection upon its properties, which to recapitulate would be imposing upon the patience of readers, gives conviction of its betraying not a feature of mucilage or mucus. It is a matter of a singular kind, containing many elements of animal matter, but not resolving into the common animal products alone. If it was proved to be entirely thrown out by mucous glands whose operations were disordered, it must still be considered as not less distinct from mucus than blood, when, in consequence of disease, the general fluid of the circulation is unnaturally discharged by the excretories of secreting organs. In its nature it secedes much farther than blood itself from the condition of mucus, as of blood the basis is mucilage. A portion of it may be occasionally yielded by any gland; but the largest share of it—a share that may be preternaturally augmented by disease—has been demonstrated in the urine as an elementary ingredient, coming along with that fluid from the kidneys, and capable of being separated from it by precipitation.

If that portion of lithific acid, which forms the lithific sediment that has been mistaken for mucus, were furnished by the follicular glands

glands of the urinary passages, it would not disappear almost immediately, after a moderate use of mild alkali had been entered upon: the morbid action of glands could not be supposed to be altered in a few hours; and the aerated alkali conveyed by the kidneys to the urine is incapable of dissolving the sediment, so as to give it suspension. It is evident that the alkali operates by abstracting superabundant acid, which, acting as a precipitant upon the urine, detaches from it a matter which entered into its original composition, and becomes the cause of the sediment in question.

Mr. Gaitskell, having decided in favour of Dr. Austin's hypothesis, takes notice of a different theory anonymously promulgated in "A Treatise upon Gravel and upon Gout, in which the sources of each are investigated." A work without a name receives honour from the manner in which it is introduced, and his reflections discover intelligence and candour.—But he must permit the author, with unfeigned obligation to him for bringing the system with liberal comment into dispute, to say something in reply to the few objections he has urged. After stating, with just report, the opinion conveyed in that treatise respecting the nature of lithific acid, its universality in the system, the modes of

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its precipitation and concretion, with its influence in the production of calculous and arthritic affections, he contends against these positions, chiefly upon the grounds of gravel and gout being less frequent in warm climates where the use of acids is profuse, than in the northern regions where that class of bodies is not so abundant.

Those who have attended to what has been represented in the former, as well as in the present publication of this new system in regard to predisposition depending—upon the condition of the emunctories—upon accumulation from defect or inequality of secretion, as influenced by many circumstances, but by climate in particular—upon undue distribution from similar causes—and upon the state of the liver,—will not require any answer to these objections, or to another that is founded upon the diseases not being always present in the same habit. It is not more surprising that gout and gravel, although proceeding from the same primitive source, should not always go together, than that calculous affection should sometimes be entirely confined to one kidney. In every œconomy there are mysterious means of resistance to the causes of disease, and these means are in different degrees, not only in different habits, but

but in different corresponding organs of the same body. Concerning circumstances that incline to the injuries or innocence of acids, so much has been said in the foregoing sections, that nothing in addition seems to be required in reply to the strictures of Mr. Gaitskell upon those varieties. The fact which is related on Dr. Moseley's authority, of a stone having actually disappeared in the West Indies, after lithotomy had been advised by Mr. Pott in this country, is extraordinary and important. It goes strongly in confirmation of what has been stated concerning the great efficacy of perspiration in carrying off superabundant acid from the system, and should give encouragement to the trial of solvents, when the urine alone could prove a menstruum as soon as its petrifying process was at an end. The employment of acids in warm climates is optional, while the free secretion from the surface may conduce to the proper action of the stomach when regularity is observed. Disease does not often occur till perspiration has been obstructed: but as soon as accumulation commences, the visceral functions are deranged.

But I come now to more material conclusions against the unacknowledged theory of 1787. —Unacknowledged, and unprotected by any paternal

ternal care, for nearly seven years, it has been a wanderer left to the interest its own pleadings might excite; and to the same means of support it must continue to look forward for countenance and respect. It is the legitimate offspring of one who regards it not without becoming concern, but has not any thing to bestow that might gain it a favourable reception, or aid it in its progress, excepting facts and arguments—feeble pillars of dependance! For those, however, and such assistance as they can lend, it may draw upon him with sure attention to reasonable demands, and those alone must constitute its defence against the difficulties and dangers of the pilgrimage to which it is compelled, and the buffetings it may encounter: but while its prospects may be dreary, fortunate in some degree it should be considered, in being claimed at last, as its honest genealogy is asserted, and future imposition with respect to its lineage prevented. An imminent danger to which, unpatronized, it had been exposed, was fraudulent extraction of its spiritual essence to be invested in new, but perhaps unbecoming garb, as the animating principle of other fabrics for whose errors and deformities it must come under reproach. From hazard like that it had not entirely escaped: a portion of it has already been
infused

infused into one production carrying profession of originality, with a bare acknowledgment of the primitive mechanism having been seen, *after the new structure was nearly completed*, and into another without a single tributary allusion.

It would be a difficult task for the author of the first of those *original* investigations, to assign a plausible inducement to his numerous dietetic experiments before he had an idea of the important alteration produced by acids upon the urine. These experiments are solely calculated to shew the effects upon that fluid from acidity in the circulation; yet those effects he admits himself to have learnt from an anonymous author—when his treatise wanted but a little of being composed!—The end of his labours, before that information had been obtained, or the nature of his composition while he was ignorant of the principle on which it turns, it is not within the faculties of common imagination to conceive. His endeavours have been elaborate, for the purpose of illustrating a prime fact with which he only became acquainted after these endeavours were nearly concluded!

In the same author's leading positions and most materials divisions, there is wonderful agreement with the anonymous writer, whose title, however, he never condescends to transcribe.

A title

A title might have given rise to enquiry for the book, which would have brought along with it conviction of plunder. It would have laid open the fountain of principles, which, separated from the secrets it divulged, were without substance or shape. To secure against acidity in the *primæ viæ*, by attention to the *ingesta* and to the condition of the stomach—to guard against accumulation of acid by respect to the emunctories—and to promote an improved assimilation of the articles of diet, by correcting disorder or debility in the digestive powers, are topics on which the original system was profuse, and which, under almost similar classification, constitute the principal magnitude of its usurping shadow: while corresponding explanations of different effects from age, from sex, from climate, and from habits of indolence or exercise, are preserved. The theory has, indeed, been mutilated and curtailed in being rudely detached from its relation to gout; and it has suffered painful association with error, with fiction, and with absurdity. It had not enjoined cold-bathing as a practice of general safety and utility in dyspeptic cases, where attending disease of the *viscera*, or disposition to arthritic affection, ought in frequent instances to forbid it. It had not expatiated upon vene-
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nereal pursuits as means of improving the assimilating powers; it had not assigned vain and visionary sources of digestion being defective, nor inculcated the exhibition of the gastric liquor of brutes, as a principal remedy for debility in the functions of the stomach.

While that part of the system which appertains to gout, has been excluded from *an enquiry into the remote cause of urinary gravel*, it has been cherished by the author of the second production, and assumed as original property, without the payment of any fine, or the admission of any quit-rent, in *an enquiry into the nature, cause, and cure of the gout*—an enquiry conducted with great ingenuity and artful management, so as to render detection not inevitable to any but a person who recognizes his own sentiments in every page, and meets frequently with a succession of sentences almost in his own language, or varied merely by some trivial difference in verbal arrangement made for the purpose of disguise. If that person were to be called upon for specimens in support of the impeachment he has made, he would mention the first and second pages of the *enquirer's* preface, corresponding with the second page of the original introduction—the observation concerning Sydenham's description of gout, and the
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similar excuse for not entering minutely into the account of a paroxysm—the remarks in regard to hereditary gout, and the hereditary influence of propensities and example—the distinction between the simple remote causes, and those whose operation is secondary, or tends only to give rise to the disease, by a previous effect of producing in the digestive functions that debility and derangement which constitute its most common source—the operation of occasional causes—he would follow the *enquirer* in his reasoning respecting corpulent and robust habits, acidity in the *primæ viæ*, and free indulgence in acid liquors, the difference of effect from dispositions to secretion or accumulation, and almost every other subject that is discussed in his numbered paragraphs. He could draw between the two works a parallel which should produce conviction of such coincidence in sentiment and mode of expression as could not be fortuitous, or the consequence of accidental accordance of opinion, but the evident effect of imitation and transcript. He should be willing to submit the decision to any unprejudiced court of literature—courts before which every author and his claims must be arraigned—and would request that judgment might be given from comparison with his last treatise in preference

ference to the present one, because in this the arrangement is altered, the expression often varied, and particular points less forcibly maintained, while many that are new have gained admittance. He could even demonstrate that he has been followed in parts of his former argument, which were doubtful, and not so tenable as the general basis. It may be supposed that continued reflection on the same subjects since 1787 has brought to his notice some circumstances which he might discover to be ambiguous, but which his copyists have elevated to importance.

In one respect, indeed, there is a difference between the anonymous author's investigation, and the late enquiry. The same sources of what is termed gouty acrimony are maintained, with similar distribution, and similar illustration of its effects, by corresponding references to rheumatism and other circumstances. But the ENQUIRER has avoided the particular operation of predominating acidity in causing an evolution of lithifac acid. He is satisfied with *arthritic acrimony* as a term, without attempting any definition of its nature. Perhaps it was prudent to avoid bringing lithifac acid into distinct account, as particular mention of it might have made the analogy too striking to be overlooked :

or the *enquirer* might not feel himself adept at argumentative support of a chemical discussion, and yielded to the apprehensions of inaccurate deduction: he is contented with considering the several remote causes as conducive to general acrimony, whose qualities he leaves as undetermined as the former vague suppositions in regard to gouty matter; and from incomplete conceptions in respect to the actual condition of gouty habits, he gives obscurity to the whole doctrine, by blending it with abstruse notions in respect to nervous functions, and with ideas not easily comprehended, concerning irregular and atonic gout. The same want of correctness in considering the essence of the disease, has conducted to misapplication of principles in various instances, and to the recommendation of practice sometimes inapposite and injurious. Of this kind may be regarded the employment of leeches, which, by diminishing the local affection, gives interruption to the natural process that alone can tend to the general symptomatic excitement absolutely necessary for the relief of the whole system, and procures temporary ease at the expence of the universal œconomy. From errors like these, customary experience of their bad effects has long furnished security, which distinct reflection upon
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the proper deposite of gout, and the general tenor of the constitution at the commencement of a paroxysm, should confirm. But while defects are pointed out, it must not be denied that other ideas have received a degree of expansion and embellishment; or that the enquiry is, in general, carried on with no mean ability, and might have been read with satisfaction by the anonymous author, if any reference had been made to the spring from which the principles have been borrowed almost in the order according to which they had been ranked.

The *enquirer* culls with dexterity, and is a proficient in the art of transplanting. — He knows in what manner to produce a seeming difference in flowers by variety of culture. — His soil is not barren, but sometimes in fault from profusion of manure. Frequently he ingrafts where the conjunction is not harmonious, and the consequent shootings, although luxuriant in blossom, are not abundant in profitable fruit: all his readers will not go along with him in the extent of his digressive speculations respecting schrophula, concerning acrimony as the universal cause of inflammation, in regard to the operation of artificial discharges made habitual, and

on other topics often irrelevant to the subject of the work.

While charges of plagiarism, uninteresting to the multitude are brought forward, the more important business of this postscript is at a stand.—To that I now revert, with hopes of excuse for remonstrances which cannot give offence to men concerned in the preservation of literary right. I trust I shall be justified in resenting unfair pretensions to originality, assumed to the prejudice of what has been so long on printed record, and from proper estimation of circumstances I dread not the reproach of having laid unfounded imputations. It may be conceived to be matter of satisfaction to find, that sentiments, which wanted even the authority of a name, have become so much the objects of enviable plunder as to have supplied matter for two entire publications; and that they have been instrumental towards begetting extraordinary discussion concerning subjects which had been almost relinquished as fruitless of recompense to any labour that might be bestowed upon them.

Mr. Gaitskell admits the fact, of there being a constant precipitation from the urine upon the addition of acids; but the matter that is
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thrown down he has collected, and did not find it agree with the lithific matter of Scheele, in particular characteristic properties. "It was insoluble in water, insipid to the taste, and changed the blue infusion of red cabbage leaf to a green colour. Instead of forming rose-coloured chrystals after solution and evaporation in nitrous acid, a yellowish white powder was left, which appeared to be animal earth." He enumerates other circumstances in which it was different from lithific acid, and thinks it had greater resemblance to the coagulable lymph of the blood.

I will not again travel over the catalogue of its properties, and their nice agreement with those of the common matter of urinary concretions, but request to be considered as pledged to the statement that has been given in the second section. I would willingly abide by the determination of any man who has been in the habit of making chemical experiments with requisite care. But I must take the liberty of pointing out some incongruity in Mr. Gaitskell's remarks, and of offering some conjecture in respect to the cause of his mistake. It is allowed that the precipitate is not acid to the taste—neither is the matter of calculus. A substance, of which an ounce of water of

the degree of heat that the tongue can endure without injury, does not, perhaps, retain half a grain, is scarcely to be distinguished as an acid by the faculties of tasting: but it betrays its acidity by combination with alkalis, not into a saponaceous or viscid compound, such as is formed between alkalis and every description of animal mucus or mucilage, but into a brittle substance, having greater resemblance to neutral salts, and like them, much more readily soluble in hot than in cold water. In its simple properties and qualities of conjunction, it comes much nearer to sulphur, the established basis of an acid, than to the matter of mucilage; but it is susceptible of easy decomposition, which sulphur is not yet known to admit.

Mr. Gaitskell observes, that the precipitate was not capable of solution in pure water. By what means then did it communicate a green colour to the infusion of red cabbage? Here was evidence of solubility at least, although the nature of the change may be construed to the prejudice of its acidity. I am not acquainted with its effects on that infusion, or with the minute qualities of the red cabbage as a test. To lacmus or tournsol, the saturated solution of the precipitate in boiling water appeared to
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give a faint red colour, in a sufficient degree to be regarded as a criterion of acidity.

With respect to the rose-coloured mass that should remain after evaporating the solution in nitrous acid to dryness, I have never failed in obtaining it when the experiment was conducted with tolerable care. The appearance, however, is not that of a clump of red crystals, which Mr. Gaitskell seems to have expected. I have never found the residuum in a crystalline shape, but more in the form of burnt allum when the moisture is abstracted. There is, as was mentioned in the third section, considerable nicety requisite for gaining that state of the yellow solution, which shall be colourless upon the skin when first applied, but become of a blood-red in about half an hour. The nitrous acid, moderately diluted, should be boiled with an excess of the precipitate, till it has taken up as much as it can dissolve. When the conjunction has been made to complete saturation, the limpid fluid should be poured from the undissolved precipitate into a fresh vial, and the boiling continued sometime longer, that if there be a particle of superfluous acid it may be carried off. The experiment conducted in this manner, in a vial not very deep, and with a mouth wide enough to allow of ready evaporation,

will commonly succeed. Scheele observes that the fluid, when it is boiling, becomes of a blood red.—I have never found this to happen, excepting when, by the violence of heat, the yellow solution had been raised upon the sides of the containing vessel, and dried into a rose-coloured lining, which became a die for the liquid at the bottom. The addition of a fixed alkali, by taking off any redundant acid, renders the process less liable to failure; and whether an alkali has been employed or not, the residuum, after evaporation to perfect dryness by means of a gradual heat, is a rose-coloured mass, which, however, when prepared without an alkali, has not appeared to me so deliquescent as Bergmann regarded it. I do not remember that Scheele, in whom there is much more precision of experiment and remark than in Bergmann, has made mention of deliquescency.

Instead of this peculiar red mass, Mr. Gaitfcell obtained, after evaporation, a yellowish white powder, which appeared to be animal earth. There will not be occasion for much argument to prove that the substance precipitated from urine by muriatic acid could not be animal earth, for which that acid is so ready a solvent. An error there must have been in the process, and perhaps it had
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taken place in drying the precipitate by the aid of heat. The lithifac acid undergoes a degree of decomposition in a very small degree of heat, and yields a vapour strongly impregnated with volatile alkali. As the decomposition advances, an earth, which appears to be calcareous, and calcines ultimately to quick-lime, is formed. To quick-lime, the precipitate itself, and its rose-coloured combination with nitrous acid, are converted in the end, after every thing volatile has been dissipated by the continuance of heat. The supposition of its having been decomposed by a degree of heat that was not suspected to alter its nature, will perhaps account for the effect upon the colouring matter of red cabbage, and for other phenomena which have led to erroneous conclusion. The facility with which volatile alkali may be extricated from the lithifac acid and its compounds, is extraordinary, and testifies a great aptitude for a different modification of particles.

When the precipitate of urine is wanted for experiments, let natural urine, in which acid does not predominate, be decanted from the mucilaginous cloud before an acid is mixed with it, and the lithifac matter, when precipitation has been effected, will be perceived, not in the
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state of a powder, which Mr. Gaitskell appears to have considered as its customary form, but in the shape of fine chrystals looking transparent in the fluid, but resembling red sand when detached and dried. By filling a large bottle every morning with fresh urine, a quantity sufficient for experiments will soon be collected: it may be washed by agitation with distilled water, and afterwards, when operated upon with expertness, it will not cause disappointment in the expected proof of its identity with calculous matter.

I am perfectly unacquainted with the nature of the intestinal calculi of horses.—It seems probable that they are not formed like urinary calculi, by chrystallization or deposition from a fluid, but consist of the earthy particles of the excrementious matter of the intestines, adhering to some solid body, retained and becoming an accidental nucleus. At the same time the bile, and various secretions of the canal, must contribute towards the composition. Mucilaginous matter may be in those concretions the cement that it was suspected to be in calculi of the human bladder. Mr. Gaitskell's experiments testify their constitution to be of this kind. If there be lithifac acid in the fluids of horses, a portion of it may enter into
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the composition of these calculi, and some of the appearances he has mentioned are favourable to suspicion of its being present. If I were to search for it, I would get rid of the earthy matter by means of muriatic acid before the application of nitrous acid was made, or examine with care the precipitate made by acids from an alkaline solution. In Mr. Gaitfcell's attempt to get, by means of nitrous acid, a yellow solution changeable to red, the effects were those of that acid acting upon the skin as a caustic, and not so fully saturated as he had supposed, and as it undoubtedly might have been by a body containing an absorbent earth. The same cause of deception is not unusual in trials with lithifac acid: the proper liquor does not operate upon the skin, but is a mild varnish which becomes red by exposure to the air, on any surface by which it is not chemically affected.

Of the urine of horses, I have examined but one parcel, and did not detect any lithifac acid: it contained a yellow sediment which was principally an earth soluble in nitrous or muriatic acids, and capable of precipitation from both by alkalis. I might, perhaps, be inexpert in my endeavours to discover lithifac acid, or it may not appertain to the œconomy of that class
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of animals, or the want of it might be a morbid deviation from the natural state of the urine. These are points which it may be of importance for the professor of the Veterinary College to ascertain, but were not to me sufficiently interesting to induce to a prosecution of the enquiry, when other objects claimed more particular attention.

In the third volume of the same medical facts and observations—a work, with the many interesting communications of which, I had till lately the misfortune to be unacquainted, although not a stranger to its general fame, an important series of experiments upon urinary calculi by Mr. Lane, is given as an extract from the Philosophical Transactions. In different concretions he found considerable disparity in respect to their readiness both of solution in alkalis and evaporation in the fire: those which dissolved in the largest proportion were most volatile in heat. The result of his experiments upon fourteen double parcels of calculous matter, is ingeniously arranged into a table shewing the *residua* of each, after corresponding parcels of the same concretion had endured the operation of caustic alkalis, and of a heated furnace. Of the fourteen, it appears that seven or eight were of that description which may
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be considered as tolerably pure lithifac matter. A refractory residuum of from one grain to three, of ten, the original quantity, is not, when of the highest rate, much more than may be expected from lithifac acid, as found in calculi or precipitated from the urine. The remains of the others were larger; and in some which did not yield much to alkalis or the fire, it may be presumed that there was a different matter accidentally connected with the lithifac acid, or that a particular aggregation of particles resisted the operation of alkalis and of heat, under the common circumstances.

We have commented upon the different appearances which lithifac matter puts on when precipitated from the urine, and upon the varieties of sediment depending upon some heterogeneous conjunction. Such differences are certainly to be ascribed to the cohesion of other matter which may be of various qualities and proportions; but the concreting principle is connected with the lithifac acid, and that there is unity in that principle, may be concluded from the disparity of solution and evaporation which Mr. Lane discovered in different lamina of the same concretion. No. 11 and No. 12, the external and central parts of a calculus, left scarcely any *residua*, while No. 13, formed
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of intervening lamina, proved refractory. If there were actually different and opposite sources of concretion, it is scarcely to be expected that they should exist in the same person. The deposition of every part must have been from the same cause, and the essential matter of concretion the same, with the difference of some other matter happening, at particular times, to be contained in the urine, and, by accidental attachment to the calculous acid, giving variety to its aggregation, its texture, its susceptibility of solution, and its volatility.

The only conjectures that were offered respecting the causes of difference, were that fixed air may sometimes be comprehended in the deposit; it precipitates calculous matter from alkalis, but a portion of it may unite with the precipitate—and that the mucilaginous cloud is frequently included in various forms of lithific sediment. From a calculus containing a large proportion of the first, there would not be much residuum: from another, to which the second had contributed, the remains might exceed the usual quantity. When artificial precipitation is effected, if the urine be very diluted, and not strongly impregnated with animal salts, the crystals, while immersed in the fluid are clear, and appear like small
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shining particles of calcined mercury sticking to the vial, or entangled in the cloud, but not conjoined with it. When the proportion of precipitate, which varies from less than a grain to three or four, and perhaps more, that may sometimes be obtained from half a pint of urine, is larger, the deposit frequently becomes evident by immediate turbidness, and settles as a powder with particles of different magnitudes, towards the composition of which the cloud or mucus of the urine has furnished a considerable share. A sediment of this kind will not be so perfect in its properties as the pure chrystals, yet the lithific acid is equally essential towards its composition, and superabundant acidity is the source.

It is probable that the concretions which were found to leave a very large residue, might consist in part, like some which Dr. Dawson examined, of an earth soluble in muriatic acid — an earth that might be calcareous, argillaceous, or magnesian. The nature of these concretions would have been more fully ascertained, by trying the effects of acids, with an exception of the nitrous acid, whose operation is singular, and renders it an universal solvent of calculi, upon the residues of the alkaline solutions, and the effects of alkalis upon what
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remained after the force of acids was expended : or nitrous acid might have been employed upon the part that was left by muriatic acid. In this manner the specific matter of calculi would have been separated from its foreign attachments, and their respective proportions ascertained. Boiling water is a good test of calculous matter by the deposit it makes on cooling. If the solution be passed quickly through a filtering paper as soon as it has been removed from the fire, the lithifac acid begins in a little time to subside in the shape of crystals, or of crystalline threads. These are the acid in its integrant state of a compound body with uniformity of properties. The experiments of Mr. Lane were happily designed, and the mode of relation does not leave any doubt of the execution having been correct.

It is to be lamented that peculiarity of aggregation, or the casual attachment of strange matter, should produce difficulty of solution, or defend the specific lithifac portion from the action of alkalis. But solvents ought not to be rejected for these reasons : if they should prove occasionally successful they should be considered as always entitled to a fair trial, before a precarious and painful operation is undertaken—for with the greatest improvement
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of which it is capable, precarious and painful it must remain. But when alkalis may not be equal to the solution of calculi already formed, they might have been beneficial, combined with other regulations, in preventing the generation of bodies, of which the concretion may depend upon lithific acid, even when its proportion is not the largest in the mass. We must consider that acid as the combining ingredient or basis of concretion in all the stones where it is present; and it has not been proved that any have yet been discovered from which some portion of it may not be extracted: while in the greatest number of calculi the adhering matter of a different kind is scarcely worth notice. The whole residue after the operation of heat, is not to be considered as adhering matter: the earthy remains proceed in general from the decomposition of the calculous acid itself. The proper acid may be decomposed—the sublimate may be decomposed—the sublimated products of every fresh sublimation may be decomposed: at the end of each process there is a residue of earth, which may be the result of new modification; or, if it pre-existed in the original body, was so enveloped in mysterious conjunction as not to be perceptible under the character of earth. The quantity

of the first residue may have relation to the degree of decomposition that has taken place from particular circumstances attending the operation.

But it is time to bring to a conclusion an enquiry of which a great part must be unintelligible to persons unacquainted with chemical phrase. I have endeavoured to trace the origin of complicated disorders, which, connection in their causes, brings under one system. The means of prevention and remedy recommended, are such as dispose to improvement in very necessary functions of the œconomy. When used under the limitations and restrictions that have been assigned, it may, at least, be said in their favour, that they cannot prove injurious when they are not efficacious. But when enforced with proper care and suitable regulation, there could not often be occasion to lament, with the elegant author from whom our motto is assumed — *Est enim hæc ars conjecturalis, neque respondet ei plerumque, non solum conjectura, sed etiam experientia: et interdum non febris, non cibus, non somnus subsequetur, sicut assuevit.*

THE END.

