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### Contributors

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## AN INAUGURAL DISSERTATION

#### ON THE

# CATAMENIA;

#### SUBMITTED

## TO THE EXAMINATION

OF

THE REVEREND JOHN EWING, S. T. P. PROVOST ;

THE TRUSTEES

AND MEDICAL FACULTY OF THE UNIVERSITY OF PENNSYLVANIA, ON THE TWENTY SEVENTH DAY OF MAY, 1802. FOR THE DEGREE OF DOCTOR OF MEDICINE.

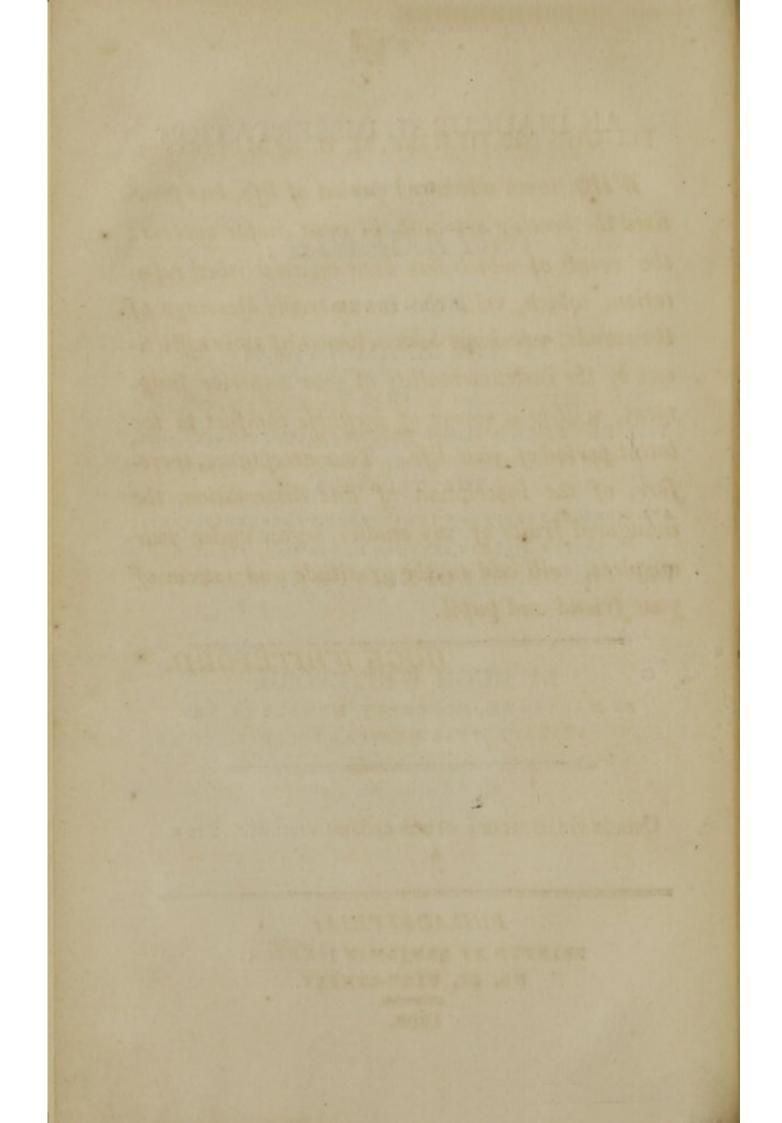
BY HUGH WHITEFORD, of maryland, honorary member of the philadelphia medical society.

Omnia vincit amor; et nos cedamus amori. VIRG.

21386

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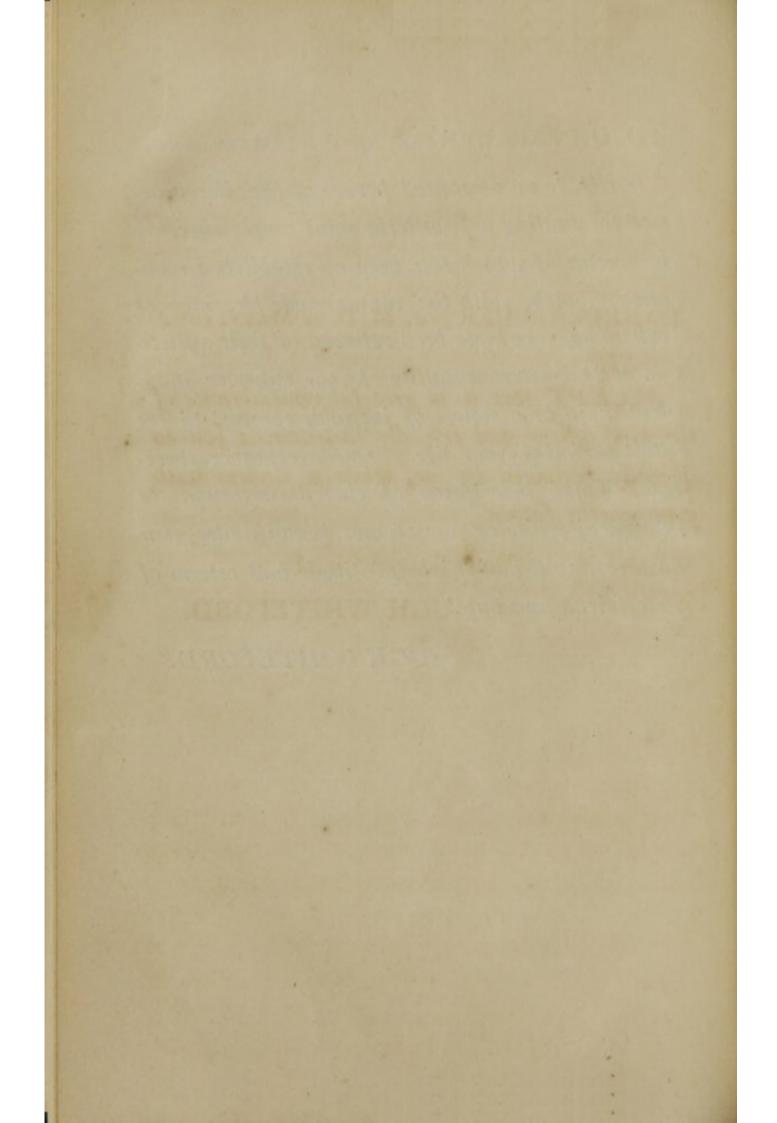
1802.



TO JOHN ARCHER SEN. M. B. OF MARYLAND;

WHO, to an advanced period of life, bas practised the bealing art with the most ample success; the result of which has been an established reputation, which, with the innumerable blessings of thousands, who have been relieved of their afflictions by the instrumentallity of your superior judgment, will be a source of ineffable comfort to the latest period of your life. Your acceptance, therefore, of the inscription of this dissertation, the inaugural fruits of my studies, began under your auspices, will add to the gratitude and esteem of your friend and pupil

HUGH WHITEFORD.



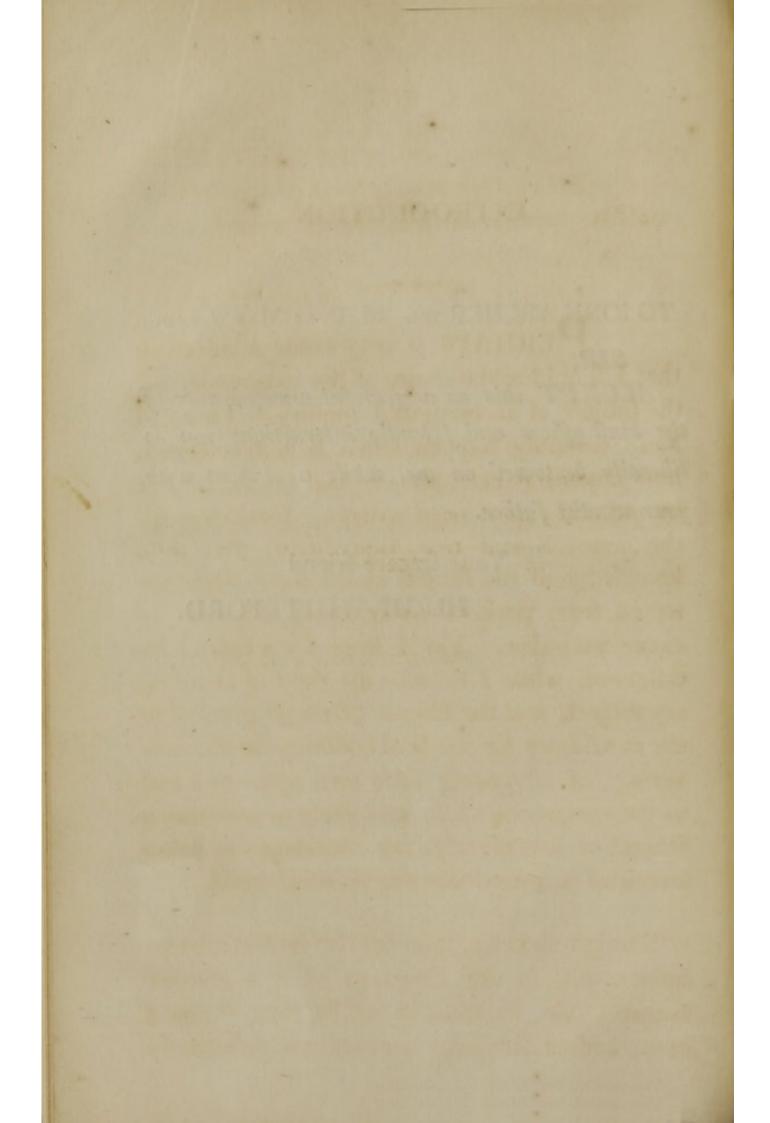
### TO JOHN ARCHER JUN. M. D. OF MARYLAND.

### SIR,

ACCEPT this as a grateful remembrance of the kind offices and friendly instructions you so liberally bestowed on me, while a student with your worthy father.

Your fincere friend

HUGH WHITEFORD.



## INTRODUCTION.

PERHAPS it may excite admiration, that I fhould make choice of the catamenia, for the fubject of an inaugural inquiry. This will more certainly happen when it is recollected, how much has been already faid on the fubject by old and experienced writers. But above all, the natural and true fupposition, that little knowledge of the fubject could have been obtained from perfonal obfervation, will tend to excite prejudice. Yet I hope for a candid indulgence, while I exercife the right of choosing my fubject, and the liberal privilege granted to the candidates for medical honours, in this univerfity, of advancing their own opinions ; and as the catamenia is still, and likely to continue a fubject of controverfy, my confidence in being indulged is to a certain degree heightened.

Though there be little novelty in thefe fpeculations, yet, in the language of a celebrated furgeon, Mr. Pearfon, it will be feen, " that I have neither fervilely imitated nor faftidioufly rejected the labours of our predeceffors. While I have endeavoured to avail myfelf of their affiftance, I have alfo affumed the liberty of thinking for myfelf." Should this interefting phyfiological phenomenon be divefted of fome of its abfurd hypothefes, and those only retained, which may feem best authenticated, my most fanguine expectations will be answered.

The philofopher, whofe exalted mind is always elevated above trifles, need only be reminded of his lenity in overlooking inaccuracies, with which I am confident this peice abounds. But with the petulant critic, who, like a monopolizing tyrant, would fpurn at my moft earneft intreaties, it is ufelefs to expoftulate.

### GENERAL REMARKS

#### ON THE

### CATAMENIA.

HAT function of the uterus, whereby it periodically difcharges a greater or lefs quantity of blood, has been known by many unmeaning names. It was called terms by Boerhaave; courfes by fome; and flowers by many others. By modern writers, it is indifferently, but with more propriety termed the Catamenia, Menfes, or Menftruation. Thefe appellations it has juftly acquired, on account of its periodical appearance being nearly every lunar month.

The period of life, when this curious and interefling function commences, varies according to climate, conflitution and flate of fociety in the fame climate. In this country, it is generally fuppofed to commence between the age of thirteen and fixteen. But as it fometimes comes on before, and frequently after thofe years, we will meet with many exceptions to this rule. The period of its total ceffation is as irregular as that of its commencement; of courfe we can affix no flated time to its routine. The quantity of each menftrual difcharge differs confiderably in different perfons, being from three to five ounces; and we are told, in fome, to an entire pound. The time, neceffary for one menftrual difcharge, varies from two to five days.

Another circnmftance, not more curious than true and interefting, is, that both before the commencement and after the ceffation of the menfes, women are not fufceptible of impregnation. This, therefore, is one great reafon why we are led to believe it neceffary to prepare the uterus for conception. But of this we will take notice hereafter.

From thefe circumftances we are naturally led to enquire into the caufe, periodical return, and ufe of menftruation; we fhall therefore appropriate a feparate fection to the confideration of each of those divisions of our fubject.

### SECTION I.

## Of the Cause of Menstruation.

THE production of the menfes has been attributed to various caufes. It was once fuppofed to be the offspring of a peculiar ferment in the blood, which was faid to produce a particular effervefcence or ibullition in the circulation; by which means the blood was attenuated and heated to a certain degree. The circulation being thus accelerated, part of the volume of blood was forced through the arteries of the uterus, and the catamenia was produced. This hypothefis, in the prefent enlightened age, is juftly difcarded : it would therefore be a trefpafs on time, to refute an opinion, which all agree to pronounce abfurd.

Another opinion, not more plaufible than the former, has been held forth by fome. They fuppofed that the female conflitution was fo depraved as to require this periodical evacuation; or, as they called it, purgation, to difcharge offending matters, which were conflantly accumulating in the blood. But as we are acquainted with no power, of which the animal æconomy is poffeffed, whereby fhe could fo miraculoufly determine those imaginary offending matters particularly to the uterus, and thence expel them in fo fmall a quantity of blood, we are forced to renounce this opinion.

Others again, who thought they had difcovered the whole myftery, found an imaginary finus in the uterus, ferving the purpofe of a refervoir for blood conftantly oozing from the mouths of the uterine arteries. This receptacle during the ordinary menftrual period was filled; then by fome effort of the uterine fyftem was evacuated, its contents difcharged through the vagina, and menftruation effected. But, as no fuch finus can be difcovered, this theory is inadmiffible. Even admitting the exiftence of fuch a finus, ftill the doctrine is insupportable; becaufe, when blood is collected into a ftagnant mafs, in any part of the body, it either produces mortification or becomes clotted from the abforption of its more fluid parts. But menftrual blood is never found in a grumous ftate, unlefs it has been impeded by an imperforated hymen.

The next opinion we will notice, is one advanced by doctor I. B. Davidge, of Baltimore, in a latin effay, published a few years fince at Birmingham. He is of opinion, that the ovaria, by being productive of the venereal appetite, ferve as a flimulus to the uterus, and thus excite it to fecrete the catamenia. This theory, though ingenious, and fupported by fo eloquent an author, I cannot admit: becaufe the infant has ovaria, but is not fenfible of this paffion, until a nearer approach to maturity. The infant alfo is fupplied with the organs of feeing and hearing, yet it neither fees nor hears, or is infenfible of those functions. Now as it is certain, that the eyes and ears are the organs, through which the various founds, produced by the tremulous undulations of the air, and the appearance of the various objects in nature, produced by the refraction of the rays of light, are conveyed to the fenforium; fo alfo, the ovaria are the avenues, through which this paffion arrives at its place of deftination, the mind. The principle argument adduced by Doctor

Davidge, in fupport of his opinion, is deduced from an accident, which happened in the hands of Mr. Percival Pott, who by miftake cut away the ovaria of a woman. A total lofs of venereal defires and an entire fuppreffion of the catamenia were the confequence. No more occurred here than happens in confequence of the lofs of the eyes or ears: in the one the mind can no longer be actuated by the pleafing objects of fight or hearing; and as far as relates to them can no longer re-act on the body. In the other, namely, the lofs of the ovaria, the mind is deprived of thofe pleafurable fenfations arifing from venereal defires, and in that refpect loofes its influence on the body.

From those analogies then, it appears that the ovaria do not immediately ftimulate the uterus; but that the mind, by the intervention of the ovaria, is fupplied with venereal propenfities, and according as they are excited, it is ftimulated to re-act on the body, and in a particular manner on the uterine fystem. This I shall have accasion to notice hereafter.

As to the notion of menftruation being a fecretion, the only argument, advanced in its favour by doctor Davidge, is that the blood is not coagulable. This, on the authority of him and others we grant; but from other phenomena in the animal œconomy, the opinion appears no more than a mere creature of the imagination. We learn, from the authority of Mr. John

Hunter, and the experience of every medical gentleman, that blood extravaffated into cellular membrane is fcarcely coagulable; and the flower it runs from a veffel, its power of coagulation is proportionably diminished. These are facts, which have gained univerfal affent; and who would call extravaffation and blood-letting, fecretions? The fmaller the orifice therefore, through which blood paffes, it is lefs coagulable; we may fafely conclude then, that blood may be forced through an aperture, fo fmall, as to be deprived of its coagulating property. Even lymph itfelf, extravaffated into the ventricles of the brain, is deprived of its power of coagulation, owing to the fmall fize of the veffels. But further; it is proved, by the experiments of Mr. Hewfon, that reft and air are neceffary to the coagulation of coagulable lymph, and that neutral falts and agitation prevent it. The beft idea then of menftrual blood we can form, is to, conceive of its being minutely divided, while discharging from the uterine veffels; and after its extravaffation, till its entire elimination from the body, without the influence of air; add to this, its mixture with a faline fluid which lubricates the parts. If this idea be just, the want of coagulation in menftrual blood is explained, and the fuppofition of its being a fecretion difproved.

The theory of plethora, which fince the time of Galen, has prevailed more or lefs univerfally, next claims our attention. It is one which has gained the approbation of a large proportion of medical philofophers, ever fince the time of its venerable author. As examples of its illuftrious patrons, it is only neceffary to call to our recollection a Cullen and a Rufh. In flating the reafons, which prevent my full adoption of this doctrine, I will be fatisfied to bear the cenfures of the reft of the world, fhould I be fo fortunate as to gain the indulgence of our juftly celebrated teachers in this univerfity.

Plethora, which is faid to produce the menfes, is fuppofed by fome to be general; by many local, which they call congestion; and by others both general and local. The objections to universal plethora, being the cause of menstruation, are so numerous, that I am constrained to deny it in toto.

When we adopt this univerfal caufe, we of courfe muft expect to find another caufe, adequate to the production of it, at the time of life when the menfes commence, rather than at an earlier period: but no fuch caufe feems to exift. Again, if the menfes were indebted to general plethora for their production, those females only, who are of a full and plethoric habit, would menftruate; whereas in those of a contrary habit the menfes would never appear. But it would be a fubversion of the ordinary caufe of nature, should a part only of the female fex be bleffed with the catamenia.

To illustrate more fully the weakness of the plethoric fystem; let us for a moment imagine it to be the true caufe ; fuppofe further that this plethora equalled eight ounces, which was regularly difcharged from the uterus every twenty eight days. It would follow then, if this fuperabundant portion of blood were taken from a vein, at the commencement of a menstrual period, that they would not flow until the next regular period; if fixteen ounces were drawn at this time, the menftrual difcharge would be protracted for two months. But the lofs of blood neither changes the time nor diminishes the quantity of the menfes. There are cafes related, where the lofs of a very large quantity of blood, even ten pounds, did not effect any change in the time or quantity of this discharge.

From the fuppolition, that general plethora is the caufe of menftruation, it is thought, that it owes its temporary cellation to the reduction of this plethora by means of its own difcharge. Were this the cafe, blood-letting a very certain mode of reducing plethora, might be fo ufed, as to prevent a menftrual flow at all times.

The farther we advance in the examination of this doctrine, the more myfterious it appears. The idea of the female aconomy poffeffing a power of preparing a fuperfluous quantity of blood, and thus inducing plethora, is a myftery, inexplicable on any known principles in phyfiology: becaufe men, having no menftrual difcharge, and being in pofferfion of all the refources of plethora, that women have, would be proportionably more plethoric.

The doctrine of universal plethora, being of itfelf inadequate to explain the production of the catamenia, has undergone, as was hinted before, feveral modifications. To general, fome have added, local plethora, or topical congestion in the uterine veffels. This, though making a nearer approach to truth, is neverthelefs, in part liable to all the objections opposed to general plethora; which for this reafon is now entirely difcarded by many, who retain only local plethora, or topical congestion. This being a ftill nearer approach to truth, is deficient in one very material point, namely, a reafonable caufe to produce this congestion. The causes, hitherto affigned for this determination, have been mechanically hypothetical, or its effects have been mistaken for the cause. To account for this congestion, or, more properly speaking, determination to the uterus, will employ the remainder of this fection.

Before we proceed farther, it will be neceffary to take a view of the theory of the late unfortunate, though juftly celebrated doctor John Brown. This can be beft accomplifhed in his own words; "The caufe of menftruation," fays the author of the Elements of Medicine, " is a conformation of the veffels that pour out blood in this difcharge, taking place at a certain time of life, that is about the age of puberty, and a flimulating energy in women, more powerful than in the female of any other fpecies."—Whether this energy, or venereal defire is more powerful in women, than in other female animals, is not for me to determine, as it does not affect our purpofe. As to the conformation of veffels, it appears entirely dependent on the venereal appetite; which, by producing a determination to the uterus, at length effects this conformation in the fize of the veffels.

Thus then we have a chain of caufes, neceffary to the production of this important function, one depending on the other, and finally derived from the venereal appetite; which, through the medium of the brain, in common with the other faculties of the mind, re-acts on the whole body, and particularly on the genital fyftem, producing in the uterus a particular determination, engorgement, or, if you pleafe topical congeftion: this determination effects a conformation, or enlargement of its veffels, which at length are relieved of their engorgement, by that transfufion of blood, called menftruation.

By the adoption of this opinion, this important phyfiological phenomenon is divefted of fome of its hypothetical, not to fay abfurd theories; and the contending theories of plethora and the venereal appetite, meet and become reconciled. But how far my feeble attempt will go towards its eftablifhment, I leave to a candid public to determine. That paffion, or propenfity to amatorial copulation, which in conjunction with effeem and friendfhip conflitutes a delightful and heavenly attribute of human nature, namely, virtuous love for the other fex, is given us at an early period of life, not only for our temporary happinefs, but that the human race, by its agency, might increafe and multiply. Thus the extinction of man, the inevitable confequence of the abftraction of this creative ftimulus, is prevented.

I am not altogether fingular in the opinion, that females as well as males acquire this propenfity a confiderable time before puberty. A ftrict obferver of human nature, the author of the Wanderings of William, informs us, "that this paffion is unconquerable, and is felt from the girl of ten, whofe little heart flutters at the approach of a beau, to the ftaid matron of three fcore, who cannot read without fpectacles." We learn alfo, in a book entitled the Looker-on, that "woman was made for love, and is infpired, almoft from her cradle, with its fecret propenfities."

To determine fatisfactorily to myfelf, whether this paffion preceded menftruation, befides ftrictly obferving the words and actions of our young females, I made it a practice, whenever an opportunity offered, and the modefty of fome of our old midwives in the country was not fo fcrupuloufly ftrict, as to forbid fuch converfation, to lead them on, at firft by flight infinuating

queftions, until at length, they would become very explicit on the fubject. Whenever I thus fucceeded in leading them into a free communication on this fubject, which they fuppofed to be already known and decided upon among phyficians, I uniformly found my conjectures to be well founded. By this mode of proceeding I learned more than I fufpected; viz. that about the time of the first menstrual discharges, the venereal glow was at its higheft pitch. This is fully corroborated by Dr. Wallace in his inaugural differtation, where he fays, at this time, "they are affected to a degree bordering on nymphomania." In a letter from my worthy preceptor, whofe accuracy in obfervation is inferior to none, I am happy to find it his opinion, "that venereal defires long precede menftruation." In another, from my friend doctor John Archer junr. who, at my requeft politely engaged in enquiries, fimilar to those above mentioned, I am favoured with the fame refult.

Those who are of opinion, that the venereal glow is preceded by the menses, grant that it is felt about the fame time; but they go farther, and fay, that this discharge, by exciting the ovaria into action, becomes the exciting cause of venereal defires. But when we confider, that the ovaria and testes answer nearly the fame purpose, in the different sexes, and admit the neceffity of menstruation to excite one into action, we must also expect a similar cause to operate in the fame manner upon the other; the confequence would be a menftrual difcharge in men. It appears pretty certain then that venereal defires are the proper ftimulus to both; that they are not only the primary caufe of menftruation, but alfo of all those changes that take place in the fystem, about the time of its commencement.

The faculties of the mind have been called the internal fenfes, becaufe the external fenfes are the principal avenues that lead to them. The paffions, being faculties of the mind, are alfo dependant on the inftrumentality of the fenfes, for their exiftence; from what happens to animals, who, in early life are deprived of the ovaria or teftes, it is evident, they are alfo neceffary to produce venereal defires.

From fome caufe, perhaps the foftnefs of the brain, children are infenfible of any impreffions made on it. But they, by repeated appulfes, become gradually senfible to those impressions, through the organs of fense, and a gradual evolution of the faculties of the mind enfues. Motion, fenfation and thought, the proper characteriftics of animal life in a flate of perfection, are, in a great meafure dependant on the faculties and operations of the mind, for their existence; and as animal life depends on the application and action of appropriate stimuli; it is very logical to conclude, that they also depend on, or are the effect of a ftimulating power. However, it is agreed on all hands, that they re-act on the body; and no one will deny, that venereal

defires have a powerful influence on the genital fyftem.

A ftimulus, if fufficiently powerful, to whatever part of the body it be applied, determines an unufual quantity of blood to the feat of its action. The uterine fystem therefore, being the theatre in which the venereal appetite difplays its wonderful performances, is particularly diftended with blood. Hence the evolution or enlargement of the veffels of the uterus, which are at length relieved of their engorgement by an effusion of blood. There is a ftriking analogy between this evolution of veffels and other phenomena that occur in the animal economy. For example; in cancers, befides the enlargement of fome, there is an entire evolution of other veffels. When the principal artery of a limb is deftroyed by the extirpation of an aneurism, or by any other means, the remaining fmall branches expand fufficiently wide for the transmiffion of a neceffary quantity of blood.

Now when we take into confideration, that the arteries of the uterus terminate in minute ramifications on its fides; that the blood, by the aforementioned ftimulus, is particularly determined to them; and, that this determination effects a proper evolution of its arteries, it is eafy to conceive how a transfusion of blood is at laft effected. [ 23 ]

### SECTION II.

## Of the regular recurrence of the Menses.

THE Caufe of the regular recurrence of the menstrual discharge, at the time of the first introduction of the plethoric theory by Galen, was fuppofed to be the gradual accumulation of this fulnefs, until at last, in the course of about twenty eight days, it became fo abundant as to be forced through the weaker veffels, which were fupposed to be those of the uterus. Thus the caufe of menstruation, and its periodical recurrence were, as they thought, at once explained : indeed, were the plethoric theory well authenticated, this is the only rational explanation of the fact. But as one part of the doctrine has been frewn, when treating of the caufe of menstruation, to rest on a very unstable foundation, the other appears still more fo ; infomuch that the advocates for the plethoric production, have entirely relinquished the opinion of the regular return of the catamenia by this means. A refutation therefore, of this opinion would involve the objections to plethora enumerated in the laft fection, and as it is now generally exploded, there is no neceffity for it in this place.

The regular periods of this difcharge, as well as its production, have also been ascribed to the influence of the moon. This opinion is fupported by the ingenious doctor Darwin; but it is a little furprifing fo minute an obferver as the doctor fhould overlook a circumftance, which completely overthrows the conjecture; viz. if lunar influence were the caufe of menftruation, it would appear in all women at the fame age; and if the zizigies or quadratures of the moon fupported its regularity, all women would menftruate at one and the fame time. Then to reconcile the time of the commencement with the regularity of menftruation, it will be neceffary to have all our females born on the fame day of the moon; which is abfurd.

I am of opinion, that the periodical return of the catamenia can only be explained, on the principle of affociation of motions, or the power of habit. By this power we understand, a principle of the animal aconomy, by which the fyftem in general, or any particular fystem or part of it is enabled, by the repetition of fome motion or action, to perform at regular periods the fame motion or action, until interrupted by fome more powerful agent. Thus the catamenia, for fome time after its first appearance, is generally irregular; but after the establishment of its periods by the power of habit, it preferves its regularity, unlefs interrupted by fome more powerful ftimulus, as pregnancy, lactation or other caufes which produce difeafe.

The venereal paffion, having once effected

menftruation, which is particularly continued by the power of habit, becomes lefs forcible, being affifted by the power of affociation, and in a degree fuperceded by it. But not fatisfied with the performance of this part of its great defign, it continues in a fleady execution of another no lefs important office, namely, that of prompting to an intercourfe with the other fex. Thus we are led to behold it in all its operations as the grand inftrument in the great work of procreation.

#### SECTION III.

## Of the Use of Menstruation.

Some, from a miftaken notion held forth among the Jews, of the poifonous nature of menftrual blood, believe, as was hinted before, that this function, having ferved the purpofe of eliminating a poifon from the female fyftem, ferved as a mark of their inferiority to man, and was a curfe inflicted on the whole female race, fince the temptation of our common mother in the garden of Eden. This, a mere fuperflitious flight of imagination, is in direct oppofition to truth and the dignity of human nature. In the human male and female taken collectively, this effufion of blood feems rather to ferve as one of the diftinguifhing marks of mankind from the brute creation : becaufe no animals, but a few which make a near approach to humanity, have this difcharge in any kind of perfection. Let those then, whose icy bosoms afford no shelter to the fair, cease to condemn them because of a bleffing; and let the fair soother of human woe cease to blush at an imaginary inferiority.

Others have doubted whether the catamenia ferved any other purpofe in the female œconomy, than being a token of that ftate, which Horace calls "tempeftiva viro." They contend, that it cannot be of any fervice in preparing the uterus for conception, becaufe other animals, that do not menftruate, conceive. Neither can it be neceffary to the nutrition of the fœtus, becaufe in the early months of pregnancy it is fo fmall, as not to require fo large a quantity of blood for its fupport. Similar reafons are alfo oppofed to its utility in lactation.

From a well known circumftance, of conception most generally taking place, at or nigh the time of menstruation, it is abundantly evident, that it must by fome means be inftrumental in that important process. This every woman, who has been a mother, knows to be fact; from this they keep their reckoning, and are not more frequently deceived, than the mariner, whose journal is kept from observation of the fun's attitude.

The neceffity for this uterine determination to nourifh the foctus during pregnancy, and the

infant by the mother's milk, is manifest from its total absence while they continue. The weaker is overcome by the action of a ftronger ftimulus; thus conception and pregnancy, being more powerful ftimuli than the powers which produce the catamenia and fupport its regularity, put a temporary ftop to their ufual courfe, and opens another outlet for them by way of the fœtus: and from the wonderful confent between the uterus and mammæ, the latter are brought into action by the inftrumentality of the former, and the determination is fent to them for the purpofe of lactefcency. When the mother does not incline to nurfe her child, and the milk inftead of being encouraged, be repelled, the menfes after delivery refume their wonted courfe. But if fhe, as nature has defigned, fuckles her child, fhe fhould be careful to wean it about the time that this complete determination to the mammæ ceafes to prevail: this may be known from the milk lofing its alimentary qualities and dwindling away; but above all by its returning to the uterus, a happy omen of a renewed aptitude to conception, and a welcome fignal to refume the great work of procreation.

From the powerful ftimulus of fœcundation, we are enabled to account for the want of influence of the femen mafculinum upon the female after impregnation, for the fufpenfion of phthyfis pulmonalis and other chronic difeafes, during geftation. From the fympathy between the ftomach and uterus, naufea and breeding ficknefs arife in the early months of pregnancy; probably from a part of the determination, not neceffary to fupply the embryo at this time fo fmall, being fent to the ftomach.

Oppofed to this opinion of the final caufe of menftruation, are pretended facts of conception and child-bearing before its appearance; thofe being very rare and very improbable, we are difpofed to doubt. But were they well authenticated, it would be a ftrong proof of the production of the menfes by venereal propenfity, and would admit of an eafy explanation, confiftant with our doctrine: we would fay, that a determination to the uterus had commenced, although it had not been of fufficiently long duration to effect an effufion of blood; or perhaps this effufion was prevented, by conception taking place at the very time it would have appeared.

Another objection, to this final deftination of the menfes is, as was before hinted, that females of other fpecies of animals do not menftruate, yet conception, nutrition of the fœtus and lactation, proceed with as much certainty in the brute, as in the human creation. But menftruation is, I believe, by no means confined to the human female. The monkey and fome others are known to difcharge red blood; and all other animals have at certain flated times a transfufion of the thinner parts of the blood from the uterus. At this time, like women, they are only fufceptible of impregnation. Thus all female animals may be faid to menftruate; but menftruation would be too definite a time to express its term general meaning, feeing that its periods differ in different animals from one month to nine, twelve and more. Perhaps to call it a periodical effusion would be fufficiently expression.

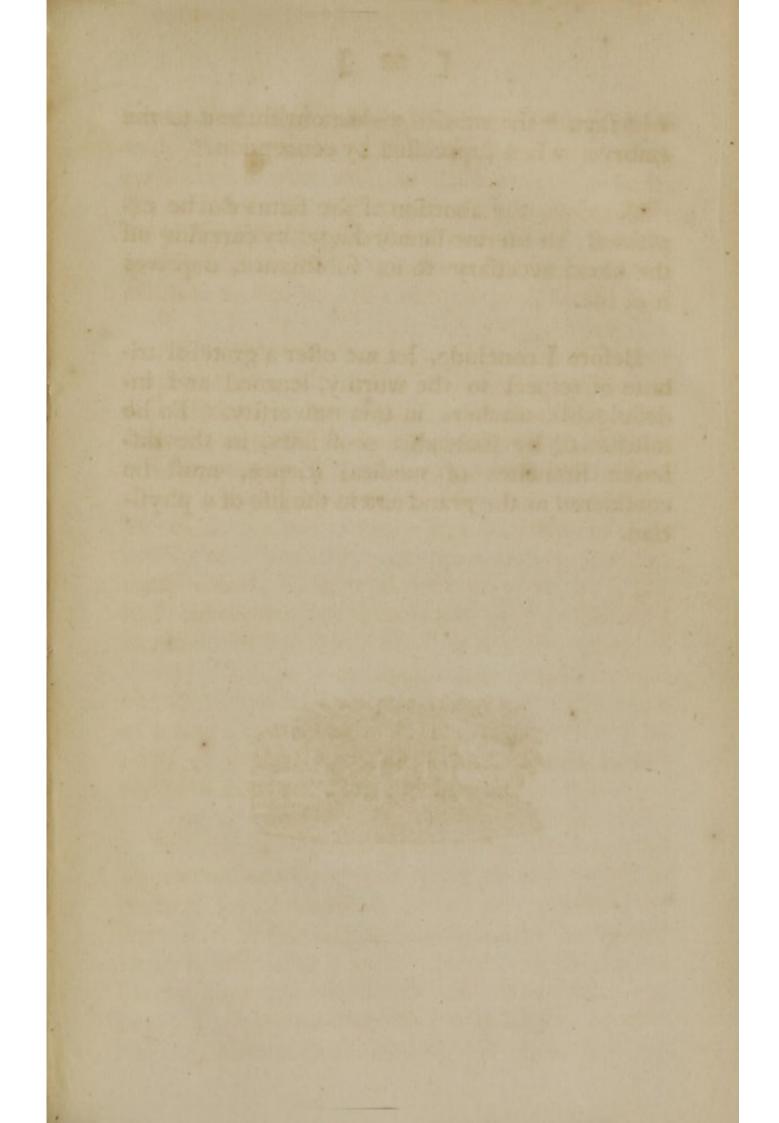
As to the nature of the periodical difcharge from the uterus of other animals, it appears to differ from the common fecreted fluid that lubricates the parts, in being much more abundant and frequently tinged with the red particles of the blood. The reafon why it is not entire blood, feems to be the lefs vafcularity of their uteri; and probably the horizontal polition of their bodies, in fome degree prevents it. The final caufe, why it fhould not be pure blood, I am inclined to think is, that a complete menflrual difcharge is confined to the human female, on account of its being neceffary to the evolution of a more perfect animal: and thus women, inftead of being degraded below, feems rather elevated above the fcale of humanity.

Whether the fœtus in utero be fupported by an immediate communication or abforption of blood from the mother, or by the fecretion of that fluid, called liquor amnii, or by both, ftill there is the fame neceffity for the menfes or an uterine determination. No reafon therefore, appears fo ftrong, as to effect a defertion of Galen's opinion of the final caufe of menftruation, who fays " the menfes yield nourifhment to the embryo, when fuppreffed by conception."

A priori, the abortion of the fœtus can be explained; an uterine hemorrhagy, by carrying off the blood neceffary to its fubfiftance, deprives it of life.

Before I conclude, let me offer a grateful tribute of refpect to the worthy, learned and indefatigable teachers in this univerfity. To be inftructed, by fuch able profeffors, in the different branches of medical fcience, must be confidered as the grand æra in the life of a phyfician.







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