Observations on the superior efficacy of the red Peruvian bark, in the cure of agues and other fevers : interspersed with occasional remarks on the treatment of other diseases by the same remedy.

#### Contributors

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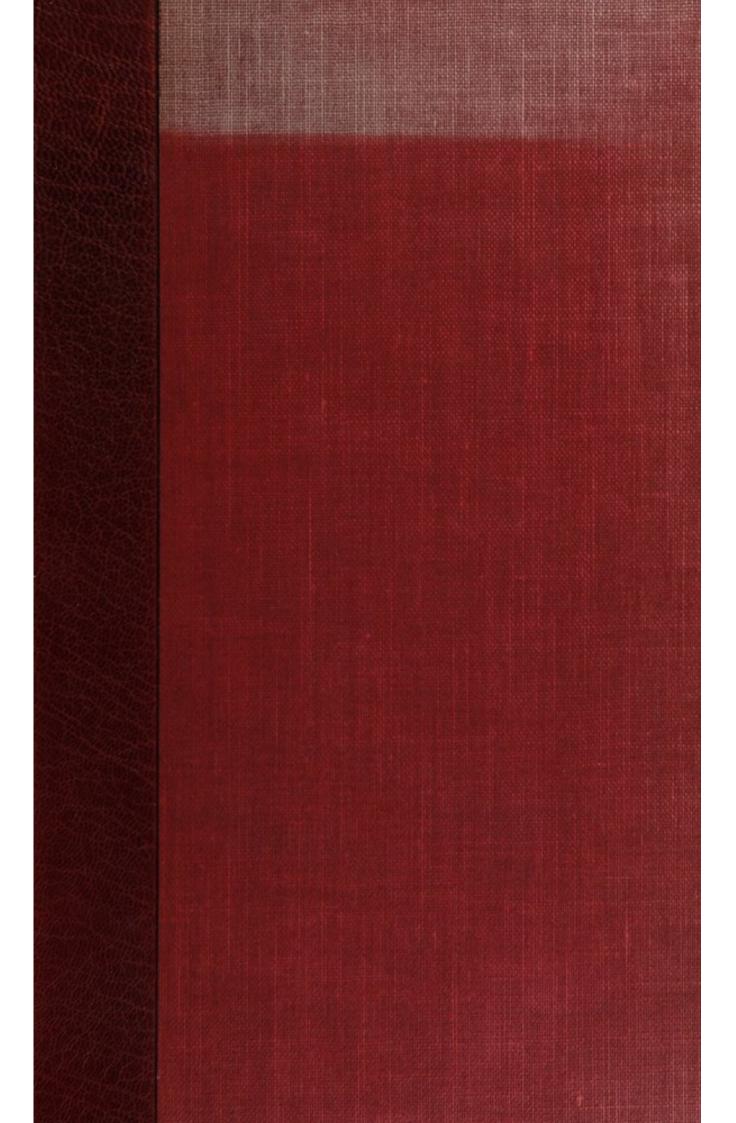
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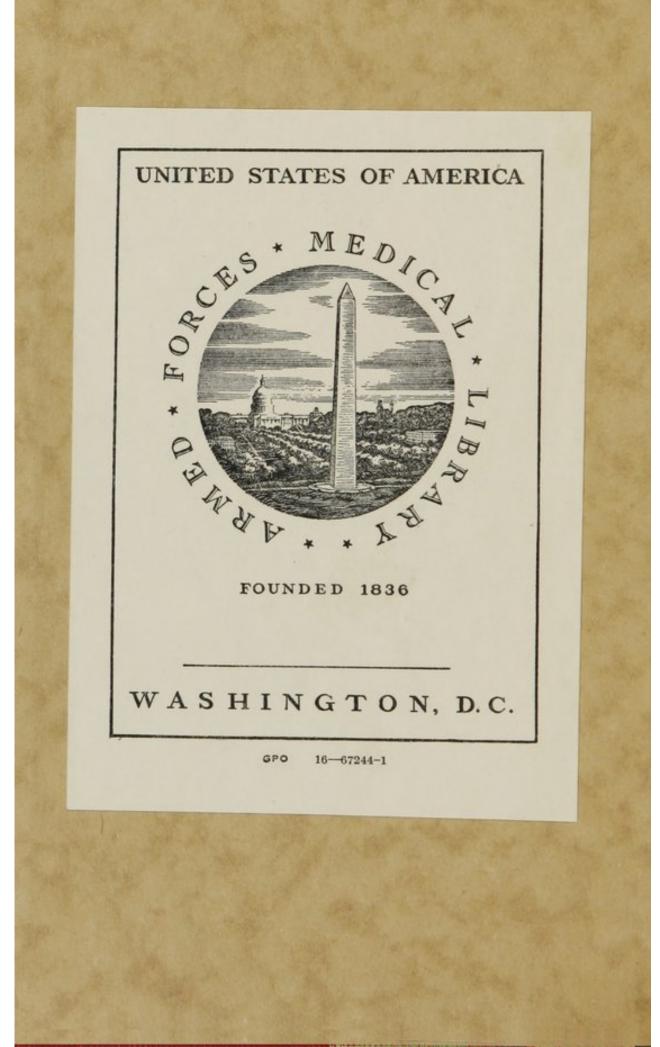
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# OBSERVATIONS

ONTHE

SUPERIOR EFFICACY

OFTHE

RED PERUVIAN BARK,

IN THE

CURE of AGUES and other FEVERS.

INTERSPERSED WITH

OCCASIONAL REMARKS on the TREATMENT of other DISEASES by the fame REMEDY

THIRD EDITION.

WITH CONSIDERABLE ADDITIONS.

And an Appendix, containing a more particular Account of its Natural Hiftory.

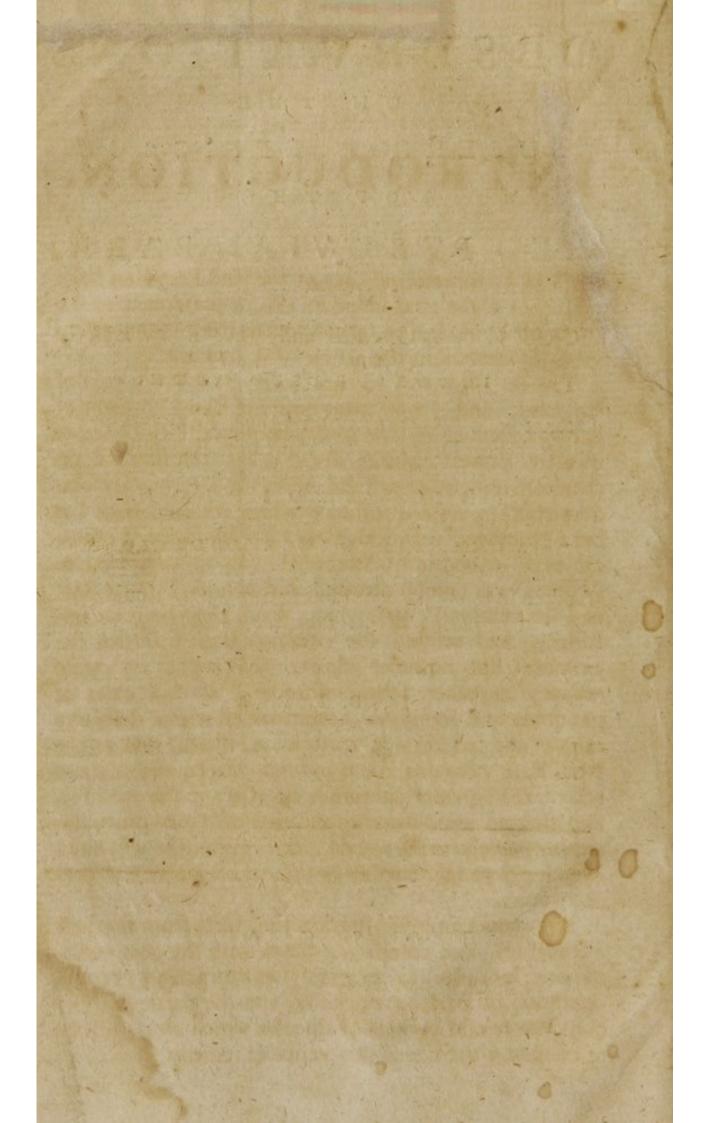
BY WILLIAM SAUNDERS, M. D. F. R. S.

Member of the Royal College of Phylicians in London, and Phylician to Guy's Holpital.

Æque pauperibus prodest, locupletibus aquer GEON HOR

BOSTON PRINTED BY ROBERT HODGE,

FOR WILLIAM GREEN.



# INTRODUCTION.

THE superior efficacy of the Red Peruvian Bark has alone established its use, in preference to the common kind, and in opposition to the most interested views of dealers in the article of Pale Bark.

The intelligence I have received from every part of England, and from many parts of the Continent of Europe, conveying the most unequivocal evidence of its active powers, would exceed many volumes; I am therefore obliged to reft fatisfied with affuring my readers that in no one inftance where the Red Bark has been employed with judgment, has its fuperior efficacy been called in queftion. Its use, on its first introduction, was chiefly directed and confined to the cure of Intermittent Fevers, which, from their fingular obftinacy, had refifted the common Bark; farther experience has however clearly afcertained its great efficacy in other febrile diforders, and in cafes of gangrene and scrophula, accompanied with a defective tone in the fystem. It may be admitted, that as the Red Bark contains more refinous parts, and is more active, that greater caution is neceffary in the use of it, and that an injudicious application of it may prove hazardous to the constitution; this argument will however apply to all remedies in their most active and perfect forms.

I am now employed in collecting facts from the beft authorities, and comparing them with my own obfervations in order to afcertain with precifion the real operation of Bark on the habit, and the particular circumftances and periods of difeafes which either juftify or condemn the use of this valuable remedy.

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Since

Since the publication of the fecond Edition of this Treatife, I have not been difappointed in any one inftance of curing Agues, and even fome of the moft complicated and unfavourable nature, by the use of a cold intufion of the Red Bark in Water, a preparation of it which always fits eafy and light upon the stomach, and which is sufficiently impregnated with the powers of this medicine, to answer every purpose to be obtained by Peruvian Bark.

I believe a cold infusion of the Pale Bark has never been confidered as sufficient to cure Intermittent Fevers.

I have procured, by the favour of my learned friend Dr. Simmons, fome important information regarding the natural hiftory of the Red Bark, which I have inferted in this Edition of my Treatife; we are now fufficiently encouraged to hope for a liberal and regular fupply of this kind of Bark from its growing in the province of Santa-Fe, through which a large river flows which empties itfelf into the harbour of Carthagena : for other particulars I refer you to the Doctor's Letter, which is replete with ufeful information.

My friend, Mr. Aikin, of Warrington, whole works in matters of tafte, as well as fcience, have been fo univerfally admired, and who is now preparing for the prefs a new edition of that excellent book on the Materia Medica, by Dr. Lewis, confirms the truth of my experiments on the Red Bark. I have thought proper, in this edition, to give an extract of this Letter, from an author in whofe accuracy and candour fo much confidence may be reposed. I lately faw a letter from a Phylician in St. Domingo to his friend in London, informing him that a Peruvian Bark of a red colour, and in general of a larger fize, was lately introduced into that island, and which had proved more efficacious than the pale Bark; he advised his friend to speculate largely in the article, and affured him that he might be fupplied with it next year in any quantity;

quantity; he supposed it was from a new forest of trees which had been lately discovered.

My friend, Dr. Lifter, now at Paris, has been able to procure me from the collection of M. Joseph de Juffieu, the different Specimens of Bark mentioned in Dr. Simmon's Letter, and particularly one Specimen, which, by the defire of the Spanish Minister for the American department, was prefented to 'the Royal Medical Society at Paris, by Don Casimir Ortoga, Professor of Botany at Madrid. I was lately requested to procure a quantity of Red Bark of the best quality for Le Compte de Carburi, Physician to the Count D'Artois, so that the use of it will probably foon become general on the continent.

There is fome danger, from the avarice of dealers, of its being adulterated, more especially, however, in the form of powder, a circumstance which may bring it into diferedit, I have therefore taken fome pains in collecting specimens of it, and arranging them in the order of their goodness, chiefly for the benefit of the young Gentlemen who attend my Lectures. The many applications to me on this fubject, rendered this plan neceffary, the Red Bark being hitherto little known by Apothecaries in the country. The efficacy of this remedy is fo well established, that it is a matter of very little consequence, if Botanists should still suppofe that there are not Data fufficient to determine whether it be from the fame fpecies or not, with the Cinchona Officinalis of Linnæus. My friend, Dr. Hope, Professor of Botany, in the University of Edinburgh, in a Letter to me, fays, " If this Red Bark, " which feems to be more efficacious than the Com-" mon Bark, can be had; that is the great point, and " whether it be, or be not, the Cinchona Officinalis " of Linnæus, is but a fecondary, and much lefs im-" portant confideration ; however, I think your opi-" nion the most probable ; your Treatife will, I think, " have

" have the effect of making the public attend to this "matter, and of rendering the use of it more general."

Since the following pages went to the prefs, I have feen some exceeding good Red Bark, imported by a Spanish Merchant, a confiderable part of which was as finall as the Quilled Bark in common ufe, but it fill preferved its Rednefs in that form, approaching, however, more to the colour of Cinnamon ; it was evidently more compact and heavy than common Quill Bark, and appeared extremely refinous, its exterior coat, thin, whitish, and rough ; it broke brittle, and gave evident proofs of its being the Quin of the larger Red Bark, which was in the fame cheft : this conveys the agreeable information of its being either a variety of the Cinchona Officinalis of Linnæus, or perhaps a diffinct species, so that the trees may not be confidered as in danger of being deftroyed by the introduction of this Bark. A difference of colour in the fame species is often influenced by age, foil, or expolure.

OF

#### OFTHE

# GENERAL HISTORY

#### OFTHE

# RED BARK.

HAD long fuspected, that the Peruvian Bark in common use, was very inferior in power and efficacy to that recommended by the early writers on the fubject; but more especially by our countrymen, MORTON and SYDENHAM, in whole works the medical virtue of this drug, in Intermittent and other Fevers are extolled as little fhort of infallibility. In their time the Quill Bark, (at leaft fuch as is now in use), was not mentioned; their cotemporary writers on the Materia Medica, evidently defcribe the Peruvian Bark of that period, as of a larger kind, of more compact pieces, and of the colour of the ruft of iron, which marks are very expressive of the Red Bark; the innermost coat of which has an ochrey appearance, and its refinous or middle layer refembles very much the Lapis Hæmatitis\*. M. LA CONDAMINE expressed his furprife, when he was told by Mr. THOMAS BLA-CHYNDEN, Director of the English South Sea Company, at Panama, that the writers on Pharmacy and Materia Medica in England had preferred the Small and Quill Bark, while the inhabitants of New Spain, held

Cortex craffitie mediocri, foras scaber, paululum canescens, aliquando musco obductus, intus lævis, coloris ferruginei, saporis acris et intense amari. Autumno colligitur et cortex circumcirca delibratur, tam trunci quam ramorum.

Dalei Pharmacologia, p. 201. Anno 1692.

held the larger Bark in higher eftimation. \* I can only explain such a preference from this circumftance, that the larger pieces of Bark, which were imported into this country along with the smaller Bark, were either of a fibrous, spongy, or ligneous texture; or probably, damaged by moitture, and taken from the decayed trees.

Druggifts have fometimes fuggefted this as an argument against the use of the Red Bark, and many probably endeavour to oppose its introduction, until the quantity in the markets be greater, and more equally divided among them, or until they have been able to dispose of the large quantity of common Bark they have in their ware-houses.

The tafte and flavour of the Red Bark is more difficultly evolved, and is therefore at first not so obvious from the closeness of its texture, and from the refinous coat being so well defended and inclosed between two other layers. It is evidently heavier than any other kind of Bark, and seems to have been prepared and dried with greater attention, its original appearance and form being better preferved.

I think it probable from a more attentive view of the fubject, that it may be the Bark of the trunk, or larger

• They commonly reckon three species of the Quinquina, though fome make four; the white, the yellow, and the red: I was told at Loza, that these three kinds differ in their virtue only; the white having scarce any virtue, and the red excelling the yellow.

The trees from whence the firft Bark was taken, which were very large, are all dead, having been entirely firipped, which infallibly kills them when they come to be old. Experience has flewn, that firipping kills fome of the young ones alfo, but the greateft part efcape. For this operation they use a common knife, which they hold in both hands; the barker flicks it into the bark as high as he can reach, and fo draws it downwards as low as he can. It does not appear that the trees which grow where the old ones flood, have lefs virtue than they, the fituation and foil being the fame; the difference, if there be any, may arife, perhaps, from the different ages of the trees. Few but young ones are now to be met with : I do not remember to have feen any much thicker than my arm, or above 12 or 15 feet high; thole which are cut young, floot forth new branches from the flumps. I was

1

larger branches of the tree, and I am the more confirmed in this opinion by the ideas of my friends Dr. Withering and Dr. Fothergill, conveyed in their letters to me, in which they obferve, that the effential and active parts of the Oak Bark are more entire, and in larger quantity in the trunk and larger branches, than in the twigs or fmaller branches, which are comparatively of an imperfect growth ; perhaps the Small and Quilled Bark may be protured from younger trees, not yet arrived at their full maturity, and therefore yielding a Bark of a weaker quality \*.

I am justified very much by the analogy of other Barks, and by the influence of foil and exposure, in changing the appearances, and even of affecting the virtues of the fame species of vegetables, to conclude, that the diversity both in fize and colour of the Red Bark from the common Peruvian Bark, may depend B

I was informed at Loxa, that heretofore they preferred the coarfeff Bark, and laid it by as a rarity, but now the fineft is most effeemed: The merchants may poffibly find their account in it, as it takes up lefs room in packing. But a Director of the English South Sea Company at Panama, through which all the Quinquina that comes to Europe must pass, affured me, that the preference given at prefent to the fine Bark, is in confequence of feveral chymical analyfes and experiments which have been made on both forts in England. It feems probable, that the difficulty of thoroughly drying the large coarfe Bark, and the humidity it is naturally apt to contract and retain, has helped to bring it into difrepute. Vulgar prejudice will have it, that to lose nothing of its virtue, the tree fhould be barked in the moon's decrease, and on the east fide. These circumstances, as also its being gathered on the mountain of Cajanuma, were certified by a Notary in 1735, where the Marquis de Castlefuerte procured a quantity of Quinquina from Loxa, to carry to Spain on his return.

Memoir de l' Acad. d. S. 1738.

• Mr. Arrot, a Scotch Surgeon, who had gathered the Bark in the place where it grows, fays, that the fmall curled Bark fo much effeemed in England, is the Bark of younger trees, which frequently recover the Barking, while the older trees never do. This affords a ftrong proof, that the early bark introduced into Europe was of the larger kind, and from the older trees, while the difficulty of procuring it, has been the means of introducing a fmall and younger Bark. Mr. Arrot, and every other Traveller agrees in preferring the Red Bark to any other.

Encyclopesia. Cortex. Vot. I.

either on the largeness of the branches, or on other circumstances not necessarily implying a specific difference in the tree .- On comparing the larger Bark of the Oak with its twig Bark even collected from the fame tree, I find the former of a reddifh colour, while the latter is much paler, the roughness of the coat of the larger Oak Bark and its general appearance may be compared to that of the Quill Oak Bark, as the Red Bark is to the common Peruvian Bark ; and I have not only learned from confulting Tanners on this subject, that the larger Bark is superior in its powers as an aftringen't; but I have found by comparing infusions of both, and submitting them to the most decisive experiments regarding their aftringency, by adding to them folutions of iron, that the precipitates were of a blacker colour and in greater quantity, from the larger and more compact pieces of Bark, than from the finaller twig Bark .- I have convinced many medical gentlemen, who have feen my specimens of the Oak Bark, that they tend very much to illustrate and confirm the opinion that the Red Bark is the Cinchona Officinalis of Linnæus.

The following defeription of the Peruvian Bark taken from Pomet is likewife a further confirmation of this doctrine ;-" The Kinquina is the bark of a " tree that grows in Peru, in the province of Quitto, " upon the mountains near the city of Loxa. This " tree is almost the fize of a Cherry-tree, the leaves " round and indented ; it bears a long reddifh flow-" er, from whence arifes a kind of pod, in which is " found a kernel like an almond, flat and white, " cloathed with a flight rind ; that Bark which " comes from the trees at the bottom of the moun-" tains is thicker, because it receives in more nourish-" ment from the earth ; it is fmooth, of a whitish yel-" low without, and of a pale brown within. That " which comes from trees on the top of the moun-" tains is abundantly more delicate ; it is uneven. " browner <sup>46</sup> browner without, and of an higher colour within ;
<sup>46</sup> but the trees which grow on the middle of the
<sup>46</sup> mountains, have a Bark yet browner than the other
<sup>46</sup> and more rugged. All these Barks are bitter, but
<sup>46</sup> that from the trees at the bottom of the mountains,
<sup>46</sup> less than the others.

"It follows from hence, that the Bark of the leaft virtue, is that which grows in the loweft places, becaufe it abounds more with earthy and watry parts, than that which grows high, and which for the contrary reafon is better; but the beft of all is that which grows in the middle of the mountains, becaufe it has not too much or too little nourifhment. There is another kind of Bark which comes from the mountains of *Potoft*, and is browner, more aromatic, and bitterer than the former, but abundantiy fcarcer than any of the reft.

"The conditions or qualities we ought to obferve in the Bark, are, that it be heavy, of a firm fubftance, found and dry. Beware of fuch as is rotten, and will fink in water prefently, and that flies into duft in breaking, or is dirty and unclean, as it happens to be fometimes; but make choice of fuch as is in little thin pieces, dark and blackith without, with a little white mofs, or fome fmall fern-leaves flicking to it, reddifh within, of a bitter and difagreeable tafte; and refufe that which is full of light chives when broke and of a ruffet colour, and take care that there be not feveral pieces of wood mixed with it, which you have more of fometimes than the Bark.

" This was brought first into France in the year 1650, by the Cardinal Lago, a Jesuit, who having brought this from Peru, it was had in such vogue in France, as to be fold weight for weight at the price of gold."

I have fince the publication of the first edition of this treatife, extended my enquiries into other countries, tries, from which I am convinced that there cannot a doubt be entertained of its being the Cinchona Officinalis. I have a specimen of the Red Bark which was given me by Mr. Babbington, the Apothecary of Guy's Hospital—it contains in it a branch of Quill Bark, exactly as it was imported.

I have feen fome specimens of Red Bark fo very large, that they contained a great proportion of woody part, and therefore less fit for use than those of a more moderate fize; indeed from having made such frequent experiments on this subject, I am able with great precision to ascertain the comparative quantity of refin in any two pieces of Bark from their external appearance.

It has been fuggested by fome, that the Red Bark refembled much the mahogany Bark ; but having examined that Bark, and having converfed with perfons to whom it is extremely familiar, I am perfuaded that there is no foundation for the opinion of its being the fame. If future naturalists, by having better opportunities of inveftigating this part of our fubject, should be perfuaded that it is the Bark of a tree of a differrent genus, or species, from the Cinchona Officinalis, fuch a difcovery cannot invalidate the proofs of its fuperior efficacy; and I should have been happy had it been found to be the production of any of our colonies, inftead of its being as yet known in Europe only as a native of South America. Several very in-. telligent men, who were disposed to think it the Bark of a different tree, immediately changed their opinion, from examining it in tincture, decoction, or infusion, in which forms it conveys the genuine tafte and flavour of the common Peruvian Bark, under the appearance of a much stronger impregnation. I suspect that we have been long in error by judging chiefly of the goodness of Peruvian Bark, from the colour of its external coat. I have feen fome fpecimens of Red Bark extremely rich in refinous parts with a very white

white coat, but whose inner layers were compact, and of a dark red or ochry colour. I have examined twenty chefts of this Red Bark in the very state in which it was imported, and there is always found a very considerable proportion of Quill Bark amongst it.

If the execution of this work was equal to its importance, it would challenge the attention of the public, in a degree far above most medical subjects. This will be unquestionably admitted by those who have been eye witness to the malignancy and fatality of intermittent and remittent Fevers, in every part of the globe, but more especially in warm climates; this fatality is by no means owing to the ignorance or unskilfulness of the practitioners in those countries, but to the inefficacy of the common Bark in general use.

The numbers who fall a facrifice to the epidemic and feafoning Fevers of warm climates, are admitted infinitely to exceed thole who are deftroyed by the enemy. In almost all the dangerous Fevers which occur in our East and West India fettlements, the Bark is a principal remedy. I think it therefore an object of the greatest national importance, that our fleets and armies should be liberally supplied with this Bark, which will feldom or ever disappoint them.

I have been told by a druggift, that its great activity rendered it a dangerous remedy; my answer was, that wine mixed with water was much fafer in the hands of an unskilful practitioner, than wine alone, but that did not prove that wine was not a better cordial than water. The fame reasoning may be applied to prove, that weak and decayed remedies, by being much milder in their operations, are therefore preferable to fuch as are more perfect of their kind. I believe the general, and best founded complaint is against the want of power and efficacy of Bark, and not that it is too powerful and active. In proof of this, I refer my readers to the letters annexed, which demonstrate, that fuch was the stubborness and obstinacy of the intermittent Fevers of the present year, even in this country, that they resisted common Bark, and only gave way to the Red Bark.

Notwithstanding I formed very early a favourable epinion of this Bark, yet it fell far short of that which I am justified in maintaining, from the collected evidence of so many gentlemen in distant and remote parts of the country. Many letters which I have received, are written with such zeal in favour of its superior efficacy, that they could only be dictated by the strongest conviction, arising from extensive and diligent observations.

I have perfuaded many of my medical friends to use the Red Bark in our foreign settlements, and I shall take pleasure in communicating to the public the result of their observations as soon as I am favoured with them. A more powerful Bark is particularly defirable in those countries, where the violence and danger of the paroxysm is so great. In the following observations, I have confined myself very much to the use of the Red Bark in febrile difeases, but I am 'in possession of many facts in proof of its superior powers in other difeases, in which the common Peruvian Bark has been found useful.

The introduction of the Red Bark into this country was the effect of chance. In the year 1779, a Spanish ship from Lima, bound to Cadiz, was taken by the Huffar frigate, and carried into Lisbon; her cargo confisted chiefly of this Bark, some part of which was immediately imported into this country, and a confiderable quantity was bought at a very low price at Oftend, by some of our London Druggists. The boxes in which it was brought to Europe were of the fame kind as those in which the common Peruvian Bark was contained, and all fold by the general title of Quinquina. The Druggists in whose hands the Red Bark at first was, found it difficult to dispose of

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it, its apearance was fo very unlike that of common bark; at last they offered it by way of trial to fuch Apothecaries as refide in counties where agues are frequent; the fuccels attending its use foon convinced them of its superior efficacy. It was early introduced into the hospitals, and its greater powers became univerfally acknowledged. It has continued ever fince in general use in the Hospitals of St. Bartholomew, St. Thomas, Guy, and the London. The reputation, therefore, of the Red Bark stands better eftablished, and is supported by the concurring teftimony of more Phylicians, than that of any other article of the Materia Medica. I am affured by every Druggift with whom I have converfed on the fubject, that the demand for it in this country is preffing and general. I am likewife informed, that the markets may be well supplied with it; and, as it is no longer in the hands of a few dealers, the prejudices of the Druggists have fubfided, and I have lately heard nothing of its deftructive qualities, which were faid to have arisen from its superior powers.

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Being highly fenfible of the difficulty of effablifhing fuch facts, either on the effects of remedies, or on any branch of medicine which regards the animal œconomy, I have folicited the opinion of many ingenious and attentive practitioners, who from their fituation have had frequent opportunities of trying the Red Bark. This caution appeared the more neceffary, becaufe I am well perfuaded that the love of novelty, and too great a credulity in admitting facts on very doubtful authorities, have corrupted medicine more than any other fcience, and proved more injurious than the most absurd and fanciful theories, the errors of which are eafily detected.

# OF ITS SENSIBLE QUALITIES.

THE Red Bark is in much larger and thicker pieces than the common Peruvian Bark. It evidentiy confifts of three diftinct layers. The external, thin, rugged, and frequently covered with a moffy fubftance, and of a reddifh brown colour \*. The middle, thicker, more compact, and of a darker colour. In this appears chiefly to refide its refinous part, being extremely brittle, and evidently containing a larger quantity of inflammable matter than any other kind of Bark.

The innermost has a more woody and fibrous appearance, and is of a brighter red than the former.

The intire piece breaks in that brittle manner defcribed by writers on the *Materia Medica*, as a proof of the fuperior excellence of the Bark.

In reducing it to powder, the middle layer, which feems to contain the greateft proportion of refin, will not give way to the peftle fo eafily as the other layers; this fhould be particularly attended to when it is ufed in fine powder. Its flavour is chiefly difcoverable either in powder or folution, is evidently more aromatic, and has a greater degree of bitternefs than the common Bark.

## OF ITS CHYMICAL AND PHARMACEU-TICAL HISTORY.

### EXPERIMENT I.

TO an ounce of Red Bark, reduced to a fine powder, were added fixteen ounces of diftilled water; and

\* I have lately feen fome very good Red Bark whofe external coat had a white appearance, though its internal furface is of a deep red colour, extremely refinous, compact, and heavy. and after remaining together twenty-four hours in a Florence flash, the liquid was carefully filtered. The fame experiment was made with the Peruvian Bark commonly in use.

The colour of the two infufions was very different, that made with the Red Bark being much deeper. The tafte and flavour of the infufion of the Red Bark were confiderably more powerful than of the other. In the opinion of many gentlemen who tafted the infufions, the cold infufion of the Red Bark was more fenfibly impregnated than even the ftrongeft decoction of the common Bark.

## EXPERIMENT II.

TO two ounces of the cold infusion of Red Bark, were added twenty drops of the *Tinstura Florum Martialium*. It immediately became of a darker colour, foon loft its transparency, and after a short time precipitated a black powder.

## EXPERIMENT III.

TO two ounces of the cold infusion of the common Bark were added twenty drops of the *TinEtura Florum Martialium* in the fame manner as to the other. It retained its transparency some time, and afterwards beeame of a dark colour, but there was no precipitation from it as from the last.

# EXPERIMENT IV.

TO an ounce of Red Bark, reduced to a coarfe powder, were added fixteen ounces of diftilled water, and after boiling until one half was evaporated, the liquid while hot was strained through a piece of linen. The same experiment, under similar circumstances, was made with the common Bark. The superior taste

and

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and flavour of the decoction of the Red Bark was equally observable with that of the infusion. The decoction of the Red Bark, in cooling, precipitated a larger quantity of refinous matter than the decoction of the common Bark. The difference of colour was likewife very diftinguishable.

## EXPERIMENT V.

To an ounce of Red Bark, reduced to a coarfe powder, were added eight ounces of proof spirit, and, after standing a week together, the Tincture was filrered.

The fame experiment, under fimilar circumstances, was made with the common Bark. The Tincture of the Red Bark, both when tasted by itself and under precipitation by water, had more flavour and taste than that of the common Bark.

The Tincture from the Red Bark is of a much deeper colour than the other.

# EXPERIMENT VI.

To each *refiduum* of the above Tinctures were added eight ounces of proof fpirit, which were infufed in a moderate fand heat for the fpace of twenty-four hours, and afterwards allowed to remain together a week, occafionally aguating them. The Tinctures were then poured off, that of the Red Bark evidently appearing to be the ftrongeft.

The Tinctures both of Experiments V. and VI. were by a gentle heat evaporated to the confiftence of a refinous extract.

The extract from the Tincture of the Red Bark was of a fmooth, homogeneous appearance, not unlike the Balfam of Peru, when thickened : The flavour and tafte of the original Tincture were intirely preferved in it.

The

The extract from the Common Bark had a very different appearance. It feemed coarfe and gritty, and by no means fo characteristic of its original Tincture.

The quantity of extract procured from the Red Bark was confiderably greater than from the fame quantity of common Bark; but as the *refiduum* of neither was rendered entirely inert, the absolute quantity could not be ascertained. \*

## EXPERIMENT VII.

A tea fpoonful of each of the Tinctures, prepared by Experiment V. was added to two ounces of water; the refinous precipitation from the Red Bark was not only more copious, but fell more quickly to the bottom of the glafs than that from the other, and yet what remained ftill diffolved in the water, was infinitely more in the Red Bark than in the common Bark, fo far as we could judge from the tafte and flavour of both.

### EXPERIMENT

• To 26 lb. of Red Bark were added 26 gallons of proof spirit, after remaining together for some time the Tincture was poured off, and submitted to a diffillation in a water bath, the quantity of spiritous extract obtained was 12 lb. and a half; a quantity of water being poured on the *residuum* of the Tincture, the watery extract obtained was 4 lb.

In another experiment with 30 lb. of Red Bark, of an inferior quality, treated in the fame manner as the former, only 11 lb. and a half of fpiritous extract was procured, and 4 lb. and a half of watery extract.

To the fame quantity of the best Peruvian Bark hitherto in use gives from 6 lb. and a half to 7 lb. and a half of spiritous extract.

It may be proper to obferve, that the fafts here mentioned are on the authority of a very eminent druggift, who had accurately marked the quantity of extract obtained by the ulual process from a given quantity of Red Bark at two different trials; the reader will likewife observe, that although the spirit employed for making the Tinctures may have been faturated with refin, yet a fresh quantity was not poured on the residuum, which by extracting the whole refin would have yielded a larger proportion of refinous extract, and confequently left little or nothing for the watery extract. Though these experiments were not made with any view to a philosophical purpose, yet I am sufficiently convinced of their accuracy; they are more conclusive than experiments conducted on a much smaller fcale.

# EXPERIMENT VIII.

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In imitation of the experiments of my ingenious friend Dr. Percival, I added to two ounces of the watery infufion of each Bark a few drops of the Sp. Vitriol, ten. The acid loft its tafte more in the infufion of the Red, than in the common Bark, fo that there were more obvious appearances of its being neutralized.

# EXPERIMENT IX.

A decoction of both Red and Common Peruvian Bark was prepared by taking an ounce of each and boiling them in a pint and a half of water, to one pint ; the former had greatly the fuperiority in ftrength and power, as mentioned in a preceding Experiment. A pint of fresh water was added to each decoction; the boiling ftill continued till that quantity was evaporated. The decoction of the common Peruvian Bark seemed gradually to lose its sensible qualities, while that of the Red Bark still retained its own.

The fame quantity of water was added as before to each, and the decoction repeated until a gallon of water was exhausted; at the expiration of which time, the common Peruvian Bark was rendered almost tastelefs; the Red Bark still retained nearly its former fensible qualities. This experiment proves that the common practice of boiling the Bark is hurtful to its powers.

By my defire Mr. Skeete, a very ingenious and attentive young gentleman from Barbadoes, and a fludent of medicine in Guy's Hofpital, made feveral Experiments in order to afcertain the comparative antifeptic power of Red Bark, with the common Peruvian Bark; and he found that the infufion of Red Bark preferved animal matter much better, and for a longer time, than the infusion, or even decoction of the common Bark, indeed, the decoction of common Bark, after its powdery part had subsided, was less bitter, and preferved animal matter for a shorter time than the infusion of the same Bark. His experiments were conducted with great accuracy, and the result of them were submitted to the examination of many gentlemen at Guy's Hospital.

The conclusions to which the above experiments evidently lead, are,

First, That the Red Bark is more foluble than the Peruvian Batk, both in water and spirit.

Secondly, That it contains a much larger proportion of active and refinous parts.

Thirdly, That its active parts, even when greatly diluted, retain their fensible qualities in a higher degree than the most faturated folutions of common Bark.

Fourthly, That it does not undergo the fame decomposition of its parts by boiling, as the common Peruvian Bark.

Fifthly, That the Red Bark is more aftringent than the common Peruvian Bark.

Sixthly, That its antifeptic powers are greater; as an additional proof of this it may be proper to obferve here, that both its cold infusion and decoction preferved entire their bitter and other medicated powers in the month of June, in the Elaboratory of Guy's Hofpital for five weeks, and perhaps for a much longer time, while a decoction of common Bark gave evident marks of a change in a few days. In the decoction of Red Bark, the powder, which is feparated during the cooling of it, remains intimately diffuled through the liquor, which therefore continues loaded and turbid when at reft. In the decoction of common Bark, the powder quickly subfides to the bottom, the Red Bark therefore contains in it a large proportion of mucilaginous parts, fuch as have been propoled

posed by the late Dr. Fothergill, to be added to the decoction of the common Peruvian Bark, in order that it may remain turbid when at reft, and thereby that its refinous parts be more perfectly sufpended in the body of the liquor. It is obvious, that this circumstance will favour exceedingly the action of the ftomach upon it.

The advantages therefore to be expected from the Red Bark cannot be obtained from any quantity of common Bark, the best common Bark, compared with the Red Bark appears inerte and effete.

All the above experiments were executed in the prefence of feveral Gentlemen.

I was led more particularly to profecute this fubject, from an opinion that the Red Bark might fo impregnate cold water by infulion, as to cure Intermittent Fevers with more certainty than could be done even by the decoction or powder of common Bark: The fenfible qualities which appear from the above Experiments, being fo much greater, in the cold infufion of the one than in the decoction of the other.

It cannot I think be denied, that the Experiments above related, and which have been executed and frequently repeated with great accuracy, fufficiently prove, that the Red Peruvian Bark, exceeds the other in its fenfible qualities, and that it contains a much larger proportion of those refinous and active parts on which the power and efficacy of Bark have been by all writers on the practice of medicine and *Materia Medica* believed to depend.

## OF THE GENERAL OPERATION OF BARK ON THE HUMAN BODY.

THE following remarks are intended to apply to the Peruvian Bark, generally in use; but I am certain that that the effects enumerated are found to be produced in a much higher degree by the Red Bark.

The cold infusion of Bark seems evidently to promote both appetite and digestion, it increases the tone and action of the stomach, by which the gastric liquor, the great *Menstruum* of our solid aliment, is more perfectly prepared.

In most cases, the Bark rather promotes costiveness, the common effect of strong and vigorous intestrines. In very large doses, however, it generally proves purgative, but this effect ceases after a short time.

It renders the pulse stronger and fuller in health, and in most difeases unaccompanied with Fever.

In Low and Malignant Fevers, and more efpecially under remiffion, it renders the pulse stronger and even slower.

In particular circumstances of Fever marked with debility and a tendency to remission, though of a very irregular type, it diminiss febrile heat.

It encreases the animal heat and aggravates every fymptom, in Fevers accompanied either with much local inflammation, or a general inflammatory diathefis, which is ftrongly indicated by the pulse, the manner of the original attack, the want of due freedom in the fecretions, and the painful and opprefive exercise of every function.

It checks profuse and colliquative discharges, especially those by the skin, while it does not seem to diminish infensible perspiration, or other natural evacuations.

It checks every tendency to putrefaction or gangrene, occurring under circumstances of debility, but it may promote both, if injudiciously employed, while the action of the fystem is too violent, or the inflammatory diathesis is too prevalent. It seems more reafonable to refer its action, as an antifeptic, to its tonic power power on the moving fystem, than to any primary action on the animal fluids.

Perhaps this doctrine will apply in explaining the hiftory of remedies used in the Scurvy, a disease invited and favoured by every means which can induce debility, and evidently preceded by fymptoms of a diminisched vis vitæ which necessarily lead to others that in a secondary manner only take place in the animal fluids \*.

It promotes under many circumstances a favourable fuppuration, and improves the nature of fanious and ichorous discharges.

Its action here can only be explained from its general tonic power, for either general or local debility retards suppuration, and favours the obstinacy of illconditioned ulcers.

Upon the fame principle its power of promoting the generation of true *pus* in the fmall-pox may be explained.

The period of debility is that only in which the Bark should be employed.

I have feen patients under the most confluent Small Pox require Bark in the progress of fuppuration, and yet, in the more advanced state of the difease, the fame persons have been faved by the seasonable and repeated use of the Lancet in the secondary Fever, which attacked with fresh rigors and inflammatory fymptoms of a true Peripneumony.

In delicate and irritable habits, which feem more efpecially to favour fcrophulous affections, and which produce inflammation of a peculiar nature, that gives way fooner to tonics than evacuants, the Bark has been found the best remedy: this may probably admit of the explanation already given on the subject of Scurvy.

\* An Enquiry into the fource from whence the Symptoms of Scurvy and of putrid Difeafes arife, by Dr. Milman.

OF

# OF ITS USE IN THE CURE OF INTERMIT-TENT FEVERS.

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WHAT I have to offer on this fubject is the refult of careful, and diligent observation, totally unconnected with prejudice of any kind, in favour of any particular theory, or a blind attachment to system.

Notwithstanding the cautious and timid practitioner has very generally forbid the use of Bark until evacuations should have been made; I am very well perfuaded from observation, that in Intermittent Fevers, fuch as rage and are endemic, particularly in low and marshy fituations, and such as frequently occur on the banks of the Thames, and the lower parts of this metropolis, the Bark cannot be given too early; the use of emetics or purgatives, as preparatory, is not only unnecessary, but in some cases productive of greater debility, and therefore to be avoided.

The doctrine of concoction, however just it may be in continued Fevers, and in some cases of inflammation, does not apply in Intermittents produced by the *Miasmata* of low and swampy grounds, and which afford the principal source of agues in the environs of this city.

In this opinion I am confirmed by the teftimony of Dr. Cleghorn and others; who frequently found it neceffary to give it on the first acceffion of the difease, in order effectually to obviate, or weaken the return of a fecond paroxysm, which in many cases would inevitably have proved fatal; and Dr. Lind has very properly observed that such symptoms which have been attributed to Bark, are rather the effects of the paroxysm being allowed to return, from the neglect of that medicine.

There are many fymptoms which would forbid the use of Bark, did they occur diftinct and independent of Intermittent Fever, such as Cough, difficulty of

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breathing

breathing and pain in the fide : they are frequently brought on by the paroxyfm of Intermittent, and only give way to the use of the Bark by which that paroxyfm may be prevented. Such fymptoms do not admit of a diftinct and separate treatment, but are always aggravated by the use of evacuants, more especially bleeding, the most probable means of relief in common Depuratory Fevers.

I have fometimes found a complication of Intermittent and Hectic Fever in the fame perfon and could diftinguish between the paroxysms of each ; the Bark, while it cured the Intermittent, has even moderated the Hectic; though Hectic Fever of itfelf, especially as a symptom of Phthis Pulmonalis does not appear to give way at any time under the use of the Bark; I think it probable, therefore, that although in the treatment of intermittents, complicated with other diseases, our chief attention should be first directed to the cure of the intermittent, yet it may be neceffary to purfue an indication that may have in view the other diforders, not incompatible with the treatment of the Intermittent. In Dropfies, which accompany Intermittents, I have found more benefit from the use of Bark, joined to the neutral falts, and other mild diuretics, than from active purgatives, which always tend to protract the Intermittent. Every returning paroxyim of an ague confirms more and more the caule of that difease which it has produced.

It is not intended to infinuate, that no cafes do occur, in which it may not be prudent to administer a vomit, especially to perfons subject to bilious accumulations in the stomach; but this is more with a view of removing an obstacle to the operation of Bark, than as necessary to render it safe; and I have frequently seen nausea and vomiting so much a symptom of the paroxysm, that they gave way only to the free use of Bark itself.

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A practice more abfurd than that of preceding evacuations has been adopted and recommended, viz. That of evacuating by purgatives after the cure had been compleated by the Bark, this feldom fails of bringing back the Intermittent, as one caufe of inducing debility, the most favourable state of the body for the attack of Intermittent Fevers.

In perfons who are rendered coffive by the use of the Bark, I would recommend the common practice of giving a few grains of Rhubarb, or *Pilul Rufi*. If on the other hand it should prove purgative, a few drops of the *Thebaic Tinsture* is the usual and best means of checking that operation.

Intermittent Fevers are frequently fo very anomalous in their appearances, and affume fo much the character of other difeafes, that an unfkilful, or inattentive practitioner may be deceived; they, however, under any form or any type, generally give way to the Bark; fometimes aided and affifted by other means.

Much experience is required to detect the paroxylm difguiled under different forms, and although the Bark is our beft remedy, yet the violence of lome fymptoms which accompany the difeafe, and interrupt its natural and ufual form, render it neceffary that other remedies be occasionally employed, as adapted to the particular circumstances of the case; not always fo much with a view of rendering the Bark a safe remedy, as of rendering it an effectual one.

Such anomalous appearances are greatly influenced by the nature of the prevailing epidemic of the feafon, they more particularly interrupt the progress of the cold fit, and are generally much aggravated during the paroxysm of the Intermittent.

The diforders which I have feen complicated with Intermittent Fevers have been chiefly those of a bilious kind, occuring in the autumnal feason, such as violent and excessive vomiting, Diarrhæa, with pain in

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the bowels, Cholera Morbus, periodical Head-Achs, Pain in the Side, and frequent inflammatory diforders, fuch as Pleurify, Peripneumony, and the acute Rheumatifm, and even fometimes fpafmodic difeafes, terminating in apoplexy and death.

Such difeafes have been fuppofed to be only varieties of the Intermittent Paroxyfm, and have been believed to give way to the fame remedy which cures an ague.

I think, however, we have no analogy in nature to fupport this doctrine, and it feems highly unreafonable to fuppole, that the fame caufe can produce fuch a diversity of appearances. Indeed the influence of the prevailing epidemic difeafes on sporadic complaints evidently shew, that the human body is subject to be acted upon by more than one caufe at a time, and that the remedies to be employed should have a view to fuch a diversity of circumstances. It therefore becomes the object of the phyfician to know which of two or more difeafes are most deferving of his early attention, which the human body may labour under at the fame time. He will generally find, that as the paroxylin of an Intermittent Fever excites fuch violent action in the fystem, and generally aggravates the fymptoms of other difeafes, it ought to be early removed.

In fome cafes however I have feen fuch active appearances of inflammation prevailing in a perfon labouring under an Intermittent Fever, and fo much encreated in the hot fit, that unlefs a quantity of blood had been taken, which was always fizy, the patient most probably would have died. Such fymptoms of inflammation retard the cure of the Intermittent, and therefore are in the first instance to be removed.

This may probably explain the reason why inflammatory Fevers in their decline often assume the appearance of Intermittent diseases.

In the fame manner it may be neceffary to remove Symptomatic Vomiting, Cholera Morbus, and the like, by remedies peculiarly adapted to these diseases, before the stomach will so far favour the action of Bark as to enable it to cure the Intermittent Fever.

Peruvian Bark is chiefly adapted to the cure of genuine and idiopathic Intermittent Fevers, and not those of a symptomatic nature, which frequently require remedies of a different kind.

It is impoffible in a treatife of this nature to point out more minutely the circumstances which ought to regulate and direct the conduct of practitioners in the treatment of complicated intermittents, and the condition of the habit, which may render necessary the previous use of other remedies, or the combination of them with Bark, in order to render its operation either fafe or effectual.

It appears to me, that the advantages at any time derived from the use of other remedies, depend upon their having removed some other disease, which may have protracted the ague, or interrupted the action of Bark in the cure of the Intermittent, and not on their obviating future effects which have been falsely attributed to Bark, while they are chiefly produced by the obstinacy and imperfect treatment of the Intermittent Fever.

Both the Vernal and Autumnal Intermittents of Dr. Sydenham yield to it, the latter however fometimes with more obstinacy than the former.

In feveral cafes I have experienced the efficacy of the Red Bark in removing Tertians and Quartans which had refifted the common Bark, this however is not to be wondered at, when we confider the diverfity in the power even of different kinds of the common Bark in general ufe.

I hope I shall be excused in digressing to far, as to mention the useful effects I have frequently experienced from the exhibition of Opium in Intermittent Fe-

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vers. We are chiefly indebted for this practice to Dr. Lind. It moderates fo effectually the force of the paroxyfm, by fhortening the duration of the cold fit, as well as by diminishing the violence of the hot fit, that I had often flattered myself, it was capable of curing Intermittents. In this however I was disappointed.

From the experience of it in many hundred cafes, I conclude with Dr. Lind, "That an Opiate given "foon after the commencement of the hot fit, by a-"bating the violence and leffening the duration of the "Fever, preferves the conflitution fo entirely unin-"jured, that fince I ufed Opium in Agues neither a "Dropfy nor Jaundice has attacked any of my pa-"tients in these difeases." The manner in which I employ it, is either by giving a grain of the Thebaic extract upon the accession of the cold fit, or twenty drops of the Thebaic Tincture upon the accession of the hot fit, the action of the former being later from its flower folubility.

The Red Bark is fo much warmer than the other, that it would feem to answer all the purposes derived from the union of Cordials, Aromatics, Serpentaria, and the like, fo much recommended in the obstinate Quartan Intermittents of elderly people.

Some difference in opinion has prevailed regarding the manner of giving the Bark. Moft practitioners concur in thinking, that it cures intermittents more readily when taken in fubftance than in any other form. In this ftate, it is both a bulky and naufeous dofe in the quantity neceffary to cure an Intermittent; at any rate, it ought rather to be diffufed in fome liquid, than given in the form of an electuary or pills, which are fometimes difficultly foluble.

I have found milk cover the tafte of Bark, and make it more acceptable to children than any other vehicle. The extract of Liquorice diffolved in water, may be likewife employed to cover the tafte of

Bark.

Bark. Its tafte is also corrected by wine, especially by Old Hock.

It would appear from the general preference given to Bark in fubftance, that its decoction, infufion, or tincture, are found too weak in any quantity for the purpose of curing Intermittents, otherwise as they are much lighter to the stomach and act more quickly, they should be preferred.

I hope to make it appear, that in this refpect the Red Bark has the advantage of any other kind now in use, fince either its infusion or decoction will cure Intermittents, and its powder in a much smaller dose than that of common Bark will produce similar effects.

The beft time for giving the Bark is in the intermiffion between the paroxyfms and when the ftomach is empty. In Quartan Fevers, where there are two days of Apyrexia, we should be particularly defirous of getting down a larger quantity on the day immediately preceding the approaching paroxyfm, and in other Intermittents as near the period of the returning paroxyfm as the stomach will bear it.

A very prevailing argument in favour of the Red Bark has been fuggested to me both by apothecaries and their patients, viz. that it will cure when taken in half the quantity which has been found necessary of other Bark. I am likewise perfuaded from a great variety of trials, that while other Bark only gradually weakens the force of the Intermittent Fever, the Red Peruvian Bark will frequently obviate the return of a fecond paroxysm. It is feldom I have found it necessary to give more than half a dram every two hours in the interval of the fit, and in no one Intermittent, even of a Quartan type, have I found it necessary to give more than fix drams between the paroxysms. I have frequently known double that quantity of common Bark fail to produce the defired effect:

It is however unneceffary to limit the dose. One dram may be given every hour, if the stomach will re-

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tain it, and will perhaps in fome cafes remove the difeafe more quickly than a fmaller quantity given at longer periods \*.

The following facts will best determine how far I am juftified in favouring the opinion of the superior excellence of the Red Bark.

EDWARD VIRGOS, aged 21, had laboured under an Intermittent Fever five months. It was first a Tertian and afterwards became a regular Quotidian, accompanied with Cough, Dyfpnœa, and Hoarfenefs, particularly in the paroxysm. The common Peruvian Bark, given in the dole of one dram every hour, prevented the return of the paroxysm for a few days; the patient however relapsed notwithstanding the Bark was continued, he was at last cured by taking one dram of the Red Bark every second hour for the space of ten days.

It appears from the above cafe of Edward Virgoe, and feveral others which have occurred to me, that Intermittent Fevers, which had refifted common Bark and other remedies, have yielded to the Red Bark, even under very complicated and unfavourable appearances.

In this opinion I am likewife juftified by the experience and testimony of many eminent practitioners, and so decided are they in its favour, that the demand for it every day increases, especially in some of the neighbouring counties where Intermittents are not only more frequent, but more obstinate.

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• I have likewife frequently adopted the practice recommended by Dr. Home, of giving the Bark as foon as the fweating fit of the Fever has fufficiently carried off the hot fit; this is particularly proper when the interval is fhort between the paroxyfms. I began now to fuspect that its powers were even fufficient in cold infusion in most cases to cure Intermittent Fevers, and in all other cases to answer every purpose which might be expected from common Peruvian Bark, in any form in which it had hitherto been employed.

### The following facts are sufficient to authorise this opinion?

JAMES YOUNGMAN, aged fixteen, had laboured under a Tertian Intermittent many months; it was accompanied with a fevere cough, and his ftrength was confiderably impaired. He was ordered to take four ounces of the cold infufion of the Red Bark every third hour; after taking it for two days, the paroxyfm did not return. Its ufe was perfevered in fourteen days, and he continued perfectly well.

THOMAS PUGH, aged twenty-two, from Woolwich in Kent, had an Intermittent Fever of five weeks ftanding of the Tertian type, accompanied with a confiderable degree of cough, occurring efpecially in the cold fit; he took the cold infufion, as recommended. in the former cafe, after which time he had only one flight return of the paroxyfm, his cough is likewife totally removed.

JOHN WELDING, aged twenty-five, had an Intermittent Fever at Sheernefs, for near a year, he took large quantities of common Peruvian Bark, without effect. It was of the Quotidian type. After taking a cold infusion of the Red Bark in the quantity of a quart in twenty-four hours for three days, the paroxyim difappeared and has never fince returned. It proved at first purgative, but foon lost that effect. His itrength and appetite were greatly improved under the use of the infusion.

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Since the first edition of this work, I have had frequent experience of the efficacy of the cold infusion in the cure of Intermittent Fevers, but it requires to be continued for a greater length of time than is neceffary, when the Bark is taken in fubftance with wine. I have however feen cafes where the ftomach had rejected the Bark in fubftance, which yielded readily to the cold infusion when taken in the dose of four ounces, every two hours in the interval of the paroxysm. I have likewise met with cafes of Intermittent Fevers so complicated with other disorders, as to make it neceffary to act more gradually and cautiously on the conftitution, by the use of the cold infusion, than by giving the Bark in subftance in the doses neceffary for inftantly removing the Intermittent Fever.

As I confider a perfeverance in the use of the Bark proper for some time after the paroxysm has been removed, I think that it is only necessary to have recourse to the cold infusion for that purpose, and it will be found a much more agreeable preparation than any other. I have found great benefit from continuing its use in the convalescent state of perfons after Intermittent and other Fevers.

I could here enumerate a great variety of cafes which have occurred to me, both in public and private practice, in confirmation of the general doctrines I have now laid down, but I think it better to mention the general refult of a fuccefsful practice.

The cold infusion employed in the above cases was prepared by pouring a quart of cold water on two ounces of the Red Bark in fine powder, frequently agitating them for the space of twenty-four hours \*.

Though the cafes above mentioned, evidently prove that the cold infufion will cure Agues, yet they are not intended to divert the attention from other more effectual means of giving this medicine.

### OF ITS USE IN THE CURE OF OTHER FEVERS.

Remittent Fevers are frequently equally fleady in their periods of remiffion and acceffion with those of the intermittent kind, but the *Apyrexia* being lefs perfect and complete, has given rife to many doubts regarding the fafety of giving Bark. As remittent Fevers are more particularly marked by appearances indicating the prevalence of bile in the flomach; the propriety of giving an emetic, prior to the use of the Bark, seems well founded, and the remission is frequently rendered more complete by such a practice.

In the remitting fevers, however, of warm climates, the acceffion of the paroxyfm is fo extremely violent, and the ftrength of the patient fo quickly exhausted, that it becomes abfolutely neceffary to catch the first opportunity of the most trifling remission, and to give the Bark with the same freedom that you would do in common Intermittents.

In Remitting Fevers, the concomitant fymptoms are more to be regarded than in Intermittents, becaufe they more efpecially difturb, interrupt and fhorten the periods of remiffion; even in the warmest climates, and under the feverest prejudices, it has been found neceffary to take away a few ounces of blood to relieve pain in the head, oppression in breathing, an intense dry heat on the skin, and other symptoms protracting the paroxysin; by such means the remission has been brought on, and the Bark given with greater effect.

The Fevers of this country feldom have regular remiffions, until they have been properly treated by evacuations; the inflammatory by bleeding, and the bilious by vomiting and purging.

When Fevers are brought into a ftate of obvious remission; that is, when the pulse becomes from ten to twenty flower at fome particular time in the twenty-four hours; when the reftlefsnefs, anxiety, and tendency to delirium abate; when the mouth and fauces are moift; when the organs of fecretion, and efpecially the fkin are more open and pervious, fuch fymptoms of remiffion admit the ufe of Bark with the fame freedom as in Intermitting Fevers.

The Acute Rheumatism, notwithstanding its inflammatory attack, and the appearance of the blood, and though the joints often continue inflamed several weeks, very early assumes the form of a Remitting Fever.

Under fuch circumstances, a perseverance in the Antiphlogistic plan is generally found to be ineffectual. I have in several cases of this kind, employed a cold infusion of the Red Bark, and the disease seemed to: give way only to this treatment.

The Acute Rheumatism in its remissions assumes the form of a double Tertian, and the patient is frequently greatly exhausted by the profuse sweatings which terminate the paroxysm.

It is in fuch cafes that I would particularly recommend the use of Bark. I have found this practice more fuccessful, and it must be allowed to be more rational, than the use of *Volatiles* and *Guaiac*.

The tedioufnefs, as well as the inefficacy of the antiphlogiftic practice in the cure of the Acute Rheumatifm, has frequently directed my attention to that difeafe in a particular manner, and after being repeatedly difappointed and diffatisfied by putfuing the ufual mode of treatment recommended by the beft writers, either antient or modern, on the fubject, I was determined to adopt other means, which I think have proved more fuccetsful. The Rheumatic Fever appears to me, notwithftanding the violence of its inflammatory fymptoms, to be an Intermittent Fever in a flate of difguife, and its periods are evidently, as I have already mentioned, those of a double Tertian.

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Its inflammatory symptoms, however, ought in a certain degree to be reduced by moderate bleeding, occafional purging, and great dilution, before it can be treated as an Intermittent Fever; it does not however appear to me incompatible with the ideas of its being inflammatory, to have recourse to the moderate use of the Bark, to obviate the weakness which may be induced by the neceffary use of the lancet, nor does it appear repugnant to the idea of its being intermittent, that the inflammatory fymptoms which render the intermittent anomolous and irregular, should be moderated and checked by an antiphlogiftic treatment accompanying the use of Bark. I have found in many cafes by this practice, the Rheumatic Fever greatly fhortened, and the debility and torpor in the joints, which is frequently the effect of that difeafe, together with the difpolition to the Chronic Rheumatism, generally prevented. The Acute Rheumatifm appears from the flate of the pulle, the tendency to profule fweating, the deposition in the urine, the frequent acceffion of chilly paroxyfm to be an Intermittent Fever, which is probably prevented from affuming the more ufual and natural form of that difease by the inflammatory action on the joints, which I have fometimes feen merely local, (i. e.) unaccompanied with any general Inflammatory Fever in the habit : in fuch cafes, while leeches have been applied to the joints, and the hemorrhage from them encouraged by fomentations, I have given Bark freely, which I have never known to increase the inflammatory symptoms while the usual means of promoting inflammation were guarded against. General and vague maxims, applied in reafoning on the action of Bark, and its tendency in all cafes to promote inflammation are therefore ill founded, and had they not been corrected by experience and observation, would have deprived us the advantages we have derived from the use of this medicine in the cure of Rheumatic Fevers, Scarophulous Inflammation,

flammation, and perhaps a great variety of other difeafes. I have feen in delicate and irritable habits Rheumatic Inflammation on the joints, accompanied with a low Nervous Fever, which gave way only to Bark and Sedatives.

In the Rheumatic Fever I generally begin about the feventh day from the attack with the cold infufion of the Red Bark, in the dofe of three ounces every two or three hours, until the evening paroxyfm comes on; nor am I, by this practice, in any degree, diverted either from, general or local bleeding, or evacuations by flool, when the circumftances occur which may render them neceffary.

In that *low Fever*, which Huxham has fo well defcribed under the title of nervous, I have prefcribed the cold infusion of the Red Bark with advantage, where the fkin hath been foft, and the pulse under one hundred and ten.

In fuch Fevers, it chiefly acts as a Cordial in fupporting the Vis Vitæ, and for which reafon I think it may be given with advantage in the decline of all Fevers, even where the fymptoms on the attack of the difeafe were evidently inflammatory.

Almost every Fever remits in its decline.

Fevers originally putrid and malignant, as arifingfrom *Miafmata* and putrid vapour, very feldom occur in this City, they are most generally to be found in Fleets and in Camps, and in fituations where air stagnates or where animal bodies are confined in a close place.

In fuch Fevers, the cure is effected by vomiting and warm Cordials; of the last is the Red Bark in an eminent degree.

It may be infused in wine, which will render its operation more antifeptic.

It intimately unites with the feveral acids, from which a very favourable operation in fuch cafes may be expected. In the Putrid Fever, attended with a gangrenous Sore Throat, I have in many inftances experienced the efficacy of Bark, but care fhould be taken not to confound this difeafe with the Angina Mucofa of Dr. Huxham, or the Angina Eryfipelatofa of Dr. Grant, difeafes, though contagious, and accompanied with eruptions on the fkin, evidently of the most inflammatory nature, and requiring the use of evacuations.

In Petechial Fevers, with fymptoms of great profiration of ftrength, I have frequently feen the pulfe not much quickened, and the animal heat very little encreafed. In fuch cafes I would recommend the ufe of the Red Bark infufed in Old Hock.

I have feen a *fail Fever* with no other diffinguishing fymptoms than Petechiæ and Debility; the tongue clean, the pulse moderate though small, and the fecretions apparently not disturbed. In that case, blifters on the extremities, Bark and Wine, are the best remedies.

In general, we find that Fevers marked with fymtoms of debility are chiefly found to remit, and therefore they admit of the use of Bark; by increasing the tone and vigor of the system, it opposes a returning paroxysm.

Fevers of more violent action, fuch as we denominate inflammatory, do not remit at least fo obviously, until that action is moderated by Evacuations, fo that they chiefly remit only in their decline.

The primary attack of most Fevers in this country, is attended with violent action, which is best moderated fometimes by the prudent use of the lancet, but most frequently, by the Tart. Emetic, with the infufion of Sena and some of the neutral falts. All Fevers beginning with a violent Rigor, and followed with great heat, require early evacuations, while such as creep on flowly and imperceptibly in the beginning, with giddines in the head, rather than acute pain, much anxiety and watchfulnes, tremor and debility,

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give way to Opiates, Bark, Serpentaria and Wine? Blifters applied to the arms are extremely useful in keeping up the pulse, especially if the skin be soft, the tongue and fauces sufficiently moist; much more may be learned by attending to this last appearance than is generally known.

It is necefiary, however, to diffinguish between the dryness of the tongue and mouth, as a symptom of the Fever, and as arising from the circumstance of a patient fleeping with his mouth open.

I hope the observations here offered to the public, on the subject of this invaluable remedy, will remove all prejudices against a Peruvian Bark of a large and coarser appearance, than is generally employed.

It is at prefent in very great demand, the difficulty of procuring it will not, I hope, inftigate Druggifts and Dealers in the article, to fubfitute at any time a spurious kind in its room.

#### Extract of a Letter from Mr. EDWARD JACOB, jun. an eminent Surgeon, at Feversham, in Kent.

I HAVE had fuch repeated opportunities of trying the Red Bark, that I hope to be able to give you every fatisfaction you can with, of its superior efficacy over the Bark in common use.

Our fituation being in a country not far diftant from the marfhes, renders the inhabitants more exposed to intermittent complaints than those of cities and more inland counties; and I affure you, before the use of the Red Bark was known, the Ague, from its particular stubbornness (as we thought, or what we have fince observed from the want of efficacy in the other Bark) might be truly called the opprobrium Medicorum; but now I think that stain is entirely removed, for I have not met with one fingle case, where (when I could perfuade fuade the patient to adhere steadily to my advice) I have ever found the Red Bark to fail.

The Peruvian Bark, with which I was formerly provided, was of the best kind, and always had in the quill; yet, it was even much inferior in its effects to what ought reasonably to be expected from it.

The first knowledge that ever we had of the Red Bark was in March, 1781, when a few pounds were fent us to try its effects; our Druggist informed us, that it was then in use at St. Bartholomew's Hospital, and was there found effectual. It remained in our house till May following, when I was attacked with an Ague; I did not at first think of trying the new Bark, for I gueffed, by taking of the old in great quantity, which would not be difagreeable to me, that my Ague would foon leave me; but, to my great difappointment, fit fucceeded fit, without fhewing the least good effect of the remedy applied. I was then determined to try the new Bark; but finding my Ague flubborn, I emptied the Primæ Viæ by an emetic and carthatic, and immediately, on the fever going off, I took one dram of the Red Bark in fine powder, mixed with three ounces of the decoction, and a fmall quantity of the tincture, which being a draught well loaded with Bark, at first seemed to fit uneasy on the ftomach (which I have feveral times on being first taken, found the cafe with some of my patients, but which never took from its effect) but, after refting for fome time I found myfelf in a ftate to continue its use. My Ague from that time kept off; till, from omitting the Bark too foon, and finding myfelf quite well, in a few weeks after, flight fymptoms appeared again; but which never formed a direct fit; the Bark being again repeated, eradicated the diforder.

My father, now in the 70th year of his age, has fince that time been attacked with an Ague; but, from his having been before feized with a chillinefs F without without fubsequent fever, fuffered himself to have three fits without trying any remedy; being then convinced of the reality of the Ague, applied to this Bark in decoction, with some tincture made of the same; he found it so effectual, that after taking it, the fit did not once return; he omitted the Bark too soon, and had one slight fit; but, after repeating the same remedy a few days, it has not fince returned, and he is now perfectly well.

The patients who have received immediate relief from the new Bark, are fo numerous, that I cannot, with any degree of certainty, guess the number.

The quantity that we have used from July 1781, to the prefent time, is upwards of fixty pounds. The manner in which we have used it, with a view to prevent the return of an approaching paroxysin, is by giving half a dram or one dram of the powder, mixed with two ounces of the decoction, and a small quantity of the tincture. The decoction we have used, has been prepared by boiling three ounces of the gross powder boiled in two quarts of water to one quart.

When the patient has been of a more delicate frame, or when it has been used as a corroborant, we have given the decoction and tincture without the powder. When the Ague has been but recently contracted, we have feldom trufted to any thing but the Bark, but when stubborn, evacuants have been first given ; half an ounce of the powder has very frequently cured an Ague without evacuants, or more Bark, when the fit was a recent one; we have now entirely left off giving the old Bark in any form fince we have found to good effects from the Red Bark, and we used the refin of Red Bark with good fuccefs in many cafes, where the patient could take it only in the form of pills. I heartily hope the above account will prove fatisfactory to you, if not I shall think myself very happy happy in answering at any time any future enquiries.

> I am, Sir, with great refpect, your most obedient and humble fervant, EDWARD JACOB, Jun.

Feversham, June 23, 1782.

A Letter from Mr. Boys, an eminent Surgeon aud Apothecary at Sandwich, in Kent.

#### SIR,

I A M forry it is not in my power to fend you particular cafes of the effects of the Red Bark : having made no memorandums, I can only fay, in general, that it is a much better kind of Bark, than any I have been able to procure hitherto. Whether the Intermittents have been worfe than common, or the Grey Bark has been of inferior quality, I will not take upon me to determine ; but we were unufually foiled in our attempts to cure that complaint, till we were furnifhed with the new Bark.

I can have no inducement to give a higher character of this drug, than it deferves : but I do affure you, that fince I began to ufe it, it has not once failed me, when the patient has taken it in a proper manner. Hence, I have a firm perfuafion of its fuperior efficacy, and I am the more confirmed in my opinion, by knowing that my fentiments correspond with yours, and with those of all my medical acquaintance, in this neighbourhood, who have made trial of it. My best wishes attend your publication; not only because I am perfuaded it will operate to the advantage of mankind, by extending the knowledge and use of this valuable medicine, but likewise, because I am in hopes

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it will haften a fresh importation of the article, of which I have very little left, and I know not where to go for a supply.

> I have the honour to be, Sir, Your most obedient fervant,

W. BOYS.

Sandwich, June 19, 1782.

In addition to the character given of the Red Bark, by feveral Practitioners in the country, is a Letter I received a few days ago from Sir WILLIAM BISHOP, an eminent Surgeon, at Maidstone, in Kent, dated June 16th.

IN which he shews, by a variety of cases, that in the cure of Intermittents, in that part of the world, the Red Bark had not only been infinitely more effectual than the common Peruvian Bark or any other remedy usually employed, but that it had radically cured where Cold Bathing, Emetics, Opiates, Bitters, and Eriction failed, and where the beft Pale Bark, both by itfelf, and with a variety of other medicines, was exhibited without effect, even to the quantity of fixteen ounces. The form he gives it in, is that of an electuary, with the addition of a small quantity of the effential Oil of Pepper-mint and Carraway-feed; and he feldom has occasion, he fays, to use more than from four to fix ounces. One cafe he mentions, where a Sphacelus had taken place in a Malignant Fever, accompanied with delirium and every other bad fymptom, the patient was recovered by the use of the Red Bark, Anodynes, and Wine; the Sphacelus feparating kindly, the Fever and every bad fymptom speedily gave way.

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I am likewise favoured with another Letter from Sir WILLIAM BISHOP, dated June 23, which contains many sensible and judicious bints upon this subject.

HE recommends the grinding Red Bark into the fineft powder by a mill, and afterwards fifting it through the fineft cyprefs fieve, in order that it may fit lightly on the ftomach, and that its parts may be uniformly blended together : he obferves, that if, after breaking the Bark, you examine the broken pieces, by means of a glafs in the fun-fhine, you will fee the refin like fpangles of gold between the internal woody fibres and the outward grey coat; by comparing this appearance with the beft Pale Bark, you will difcoverthe Red Bark contains a much larger quantity of refinous parts.

Two fcruples of Bark, as coarfely powdered as is commonly fold by the apothecaries, will be as difagreeable to take, as a dram or four fcruples finely ground. One dram is the dofe he generally gave to an adult, although he fometimes met with patients, who would choofe to take two or three drams at a dofe, and those dofes, at longer intervals; and from experience he found that, when this last practice agreed with the stomach, it was the most effectual way of curing the Intermittent. One patient took three ounces in twelve hours, and had no return of an obstinate Quartan.

Many Intermittents, which could not be cured by fmall dofes, were removed by larger dofes, more frequently employed.

He mentions that a period of five or fix hours, before the expected return of a *Quotidian* or *Tertian* Intermittent, is all that is neceffary for the taking a fufficient quantity of the Red Bark, in order to obviate the approaching paroxysm. Some have been cured by taking two ounces, as quick as possible after the

fit,

fit, but fuch as perfevered in the use of it, until four or fix ounces were taken, acted most prudently, their health was soonest and most perfectly restored. He likewise observes, that such perfons ought to take the greatest quantity of Bark, whose blood is in the most dissolved state, and where the fibres have been relaxed by the most profuse sweating, which frequently takes place in obstinate Quartans.

Quotidians require but a small quantity, Tertians will yield to fewer doses than our Kentish Quartans.

He found it better to get down five or fix ounces of Bark, in eight or ten days, than to allow a larger time for the fame quantity. Labouring people, who work out of doors in cold foggy mornings, either in marfhy grounds or wet lands, from fun-rife till the dew of the evening, and who fweat profufely, and fuffer their wet linen to dry on their backs, will not be fafe from a return of the *Quartan* Fever, with lefs than five ounces taken after the laft fit, as the good effects of all they had taken before, are very probably carried off and diffipated in the enfuing paroxyfm.

He likewife observes, that the Bark in large doses will not cure the irregular fits of an ague and fever, which so often afflict persons, when matter is forming in the lungs, in the *Phthis Pulmonalis*.

The letters from Sir William Bishop, which convey these observations, likewise contain much valuable information on other medical subjects, and I hope the ingenious author will, on some future occasion, favour the public with them.

A Letter

### A Letter from Dr. Withering, an eminent Physician, at Birmingham, June 29, 1782.

### DEAR SIR,

I AM much pleafed that you have undertaken to give us an account of the Red Peruvian Bark. A publication upon that fubject, cannot fail to produce good effects, by removing the prejudices of fome, the ignorance of others, and ultimately by exciting our merchants to obtain liberal supplies of a medicine fo truly valuable. The universal prevalence of Intermittent Fevers this fpring gave us a large experience of We have not many Intermittents in the its effects. town of Birmingham; but in other parts of the county of Warwick, in Staffordshire, Shropshire, Worceftershire, and Oxfordshire, so far as my rides extend, they have been more general than ever known before in the memory of the oldeft practitioners I have converfed with.

After taking pains to recommend the Red Bark to all the Apothecaries I met with, and confequently not lefs anxious to learn their obfervations relative to its effects, I can fay, that they unanimoufly concur in afferting, " that they have never been difappointed in " their expectations, when they exhibited it to patients " labouring under Intermittents."

Now the Intermittents which I have feen, have pretty generally affumed the Tertian Type in light foils, and the Quartan Type in clayey countries. Of the latter, I have the care of fome which were from fix to eighteen months duration, originating in Kent and Effex. I have known two inftances only of Quartans in which the Red Bark did not prevent a recurrence of the Fits; I faw one of these patients afterwards; he laboured under hepatic and anafarcous fymptoms, these were removed in a fortnight by the ufual usual methods, and then the Bark affected a cure. The other cafe was at a confiderable diftance from this place, and I have not yet learnt its termination.

It will require fome farther experience to afcertain the neceffary doles. I know fome practitioners who have given one or two drams every four hours betwixt the fits, but I have never had occasion to give more than thirty or forty grains at fimilar intervals of time.

As to its preparations I can fay but little, preferring always in my own practice the fimple powder; but, I am told, that it makes a very rich tincture, and I have feen decoctions of it very high coloured and turbid.

But it may be afked-Would not the common or Quill Bark, have produced fimilar good effects in the Intermittents of the prefent year? From the reports of other practitioners, I believe it would not. From my own experience, I can give no other answer to such a queftion, than, by faying, that after frequent and almost continual disappointments, from the use of common Quill Bark, I have not tried to cure a fingle Intermittent with it for more than feven years palt; relying entirely upon the use of evacuants, opium, and metallic falts. To render this last affertion reconcilable to the daily experience of others, it may be necefceffary to observe, that with us, a Physician is feldom confulted in Fevers of the intermittent kind, unlefs some unusual appearance, or some uncommon obstinacy in the recurrence of the attack, alarms the patient or his friends.

Whether the medicine in queftion be the product of the fame tree from, which the Quill Bark is derived, may be difficult to determine, but I am perfuaded it is the medicine that was used by Morton and Sydenham, or its efficacy could never have been fo proverbial. I know not what could first induce the writers upon the Materia Medica, to prefer the Quill Bark, but I know if you were to ask an English Tanner, whether whether the Bark from the trunk, or that from the twigs of the Oak is the strongest, he would laugh at your ignorance.

I communicated the contents of your letter to my worthy friend and colleague Dr. Ash, together with my opinion upon the subject; he authorises me to fay, that the result of his experience perfectly coincides with mine.

I remain,

with the trueft efteem,

Yours',

## W. WITHERING.

P. S. Thus, my good friend, have I freely communicated my fentiments and observations upon the fubject you have in band.

You are at liberty to make what use you please of them, and I shall think myself happy in having contributed a little towards the extensive usefulness of your defign. I have seen no bad effects from it, notwithstanding the reports of some of the London Druggists, but their motives were too evident to need a comment.

I feel, with you, that diftance alone has interrupted our communications; but I feel too, that diftance can never abate the regard with which I once more fubfcribe myself,

Affectionately, Your's,

W. W.

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To Dr. Saunders, Jefferies Square.

A Letter from Mr. SHERWIN, an ingenious Surgeon at Enfield.

SIR, SYNCE we have used the Red Peruvian Bark, we have had great fuccess in curing Agues and Intermittent Feyers. These diforders returned so frequently after the use of the best Peruvian Bark, which we could formerly procure, that our credit, as well as that of the medicine, began to fail very much, and numbers of our patients got into the hands of perfons unacquainted with physic. They seemed willing to trust rather to nostrums and charms, than to a medicine which they have seen so repeatedly fail, and to the effects of which they very ingeniously associate every ache and pain which continue after Agues, or which are the consequences of Agues when imperfectly cured.

I could give a very ample detail of the inefficacy of the common Bark; but as the complaint is general, it would be unneceffary. I fhall, therefore, only take the liberty to prefent you with the more agreeable hiftory of a few cafes that have immediately yielded to the Red Peruvian Bark, and that even when given in very moderate dofes, after having obstinately refisted large quantities of the other.

RICHARD PARSLEY, a hard working young man, about twenty-eight years of age, was feized with an Ague last autumn, which continued either as a Quotidian, Tertian or Quartan, with very little intermission, till the 20th of April last, when I faw him accidentally. He gave me the following account:

That he had taken every thing that had been recommended to him; and that his mafter, a worthy and respectable gentleman in this neighbourhood, had procured him the advice of different practitioners of physic, who had prescribed Bark for him in large quantities, but without benefit, as the disorder always returned with greater violence after it had been checked a few days. He added, that the last medicine which he had been advised to take, was half an ounce of Allum boiled in a pint of Ale, to half a pint, which he was ordered to repeat three different times, as foon as he felt the Ague approach. He had in this this way, he faid, taken feven half ounces upon the approach of as many different fits of the Ague.

I fuspected, that fo large a quantity of Allum, taken at one dofe, must have produced fome dangerous effects, and doubted whether he had fwallowed the whole of it; but I found, upon more particular enquiry, that he really fwallowed half an ounce each time, as he fays; that he flirred it up from the bottom and felt it gritty in his teeth. It gave him great pain in his ftomach. So large a quantity of Allum being taken at one dofe, without materially injuring the fystem, is a fact which I am perfuaded you will think worthy of notice.

I took compassion upon this poor fellow, and sent him eight papers of the Red Peruvian Bark, containing a dram in each, which he finished in two intermediate days, the disorder being then a *Quartan*. It is now seven weeks fince he took this medicine, and he has had no return of the complaint, but, to use an expression of his own, "hath felt ever since as if he had a new infide."

ANNE PIGOT, a poor girl, fourteen years old, has been afflicted with an Ague fince Autumn laft in the fame family with Parfley, and has alfo tried various methods without effect. I prefcribed fmall dofes of the Vitriolum Cærul. fourteen days without gaining any advantage. I gave her alfo three or four dofes of a hot aromatic powder, confifting of Bay Berries and Caian Pepper, which I have frequently feen to cure, but fhe found no benefit from it. I cannot fay whether this girl had given the common Bark a fair trial. She begged to have fome of the fame medicine that cured her relation, and about a month fince had three papers, containing only one fcruple in each, and I affure you, fhe has been perfectly free from the complaint ever fince.

Mr.

Mr. BARNES, a very ftrong, hard working man, was feized laft Autumn with a very violent Intermittent Fever, attended with delirium, and apparently much danger. After three or four paroxyfms, I removed the diforder by giving him one dram of the common Peruvian Bark every hour, and continuing the fame quantity twice a day afterwards; but at the end of fourteen days, the Fever returned with the fame violence as before, and was again ftopped by the fame quantity of Bark. From Autumn, till the beginning of laft April, it returned in this manner (at the end of about fourteen days from the time it was ftopped) five or fix times, and always with uncommon violence. The common Peruvian Bark, newly powdered, was repeatedly given.

In the beginning of April, I prefcribed fix dofes of the Red Peruvian Bark, of one dram each, which he, took upon the going off of the paroxyfm, and I have the pleafure to inform you, that he has had no return fince that time; though I no longer used the precaution of continuing the daily use of the fame medicine.

It is not worth while to mention common cafes, where the Red Bark hath cured without the other having had the trial. A few have occurred, and I have not yet had any inftance of a relapfe.

I was lately called to a very fevere cafe, like that of Mr. Barnes, where the intermiffion was not longer than fix or eight hours. I prefcribed, and the patient took fix drams of the Red Bark, without interrupting the paroxyfm, which came at the expected hour; and during, the fickness and horripilatio the Bark feemed to be entirely rejected by vomiting; however, the fucceeding paroxyfm abated fomething of its fury. My patient was extremely averse to Bark in every shape; but my deceiving him, during the following intermisfion, I got him to sallow near the quantity of two drams at once, which rendered him so entirely averse to the medicine, that he would take no more after-

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wards. However, to his great joy and my furprize, the Fever left him. He alcribes his cure to three or four draughts of Camphorated Julep, which were prefcribed as a *placebo* upon his refufing to perfevere in the use of the Bark. But it may with more justice be alcribed to the two drams of Red Bark, taken at one dose; as I think the first fix were in a great meafure lost.

I confider the Red Peruvian Bark as a valuable acquifition to the *Materia Medica*: or, perhaps, it may be only a reftoration of what was used in the days of Sydenham, and some time after, when it was common for medical writers to fay, that this, or that medicine would cure, with as much certainty as Bark would an Ague. An Eulogium to which the Bark in this country has not been of late years entitled.

Before I became acquainted with the fuperior efficacy of the Red Peruvian Bark, I had tried a variety of Tonics, with very indifferent fuccefs in general, but now and then with very happy effects, fuch as the Cuprum Ammoniacum, Vitriolum Cœruleum, Sal Vitrioli, Sal Martis, &c.

WILLIAM KING, an athletic young man, applied to me last Autumn, on account of a tedious irregular Intermittent, complicated with acute fixed pain in the fide, and a full fbrong pulse, much cough and hoarsenels. Under these circumstances, I thought it imprudent to administer the Bark in any form, and had recourse to a plentiful bleeding, applying blifters to the part affected, and giving the Decoct. Taraxac. with Tart. Solubile, and honey in large quantities. The diforder was clearly an Ague; but attended with fymptoms that threatened a pulmonary confumption. His blood was remarkably fizy, which induced me to make use of venesetion, four times, which, with the above medicines, and a very firict antiphlogiftic regimen, removed the cough and the pain in the fide, though

though the Ague still continued. I ventured at last to give him eight doses of common Bark, one dram in each, which removed the Ague several weeks, and mended his habit much. A continuance of the Bark, twice a day, for some time after the Ague stopped, brought on a frequent bleeding at the nose.

The Ague returned twice during the winter, and gave way foon to the fame Bark, and he kept tolerably well till the fetting-in of cold north-eaft winds in fpring, when his Ague again returned, and brought with it the pain in the fide, a bloated icteric countenance, much hoarfenefs and cough. After one more bleeding, and the ufe of the Apozem for a month, I gave him fix drams of the Red Peruvian Bark in April laft, and have had the pleafure to fee him continue free from the Ague fince that time, though he never repeated the dofe after it ftopped.

I was unwilling to perfift in the use of the Bark after the Ague stopped, left it should increase the circulation too much, and again excite a bleeding at the nose.

I have now indeed almost entirely laid afide the cuftom of perfevering in the use of the Bark, after the Intermittent is stopped. I have for some time sufpected that it answers no good purpose, and that it may possibly now and then be the reason why large quantities of good Bark have been given in vain.

It is a well known fact, that every species of intermittent complaint frequently returns in fourteen days after being interrupted by means of Bark, notwithflanding that medicine is continued every day. May not the daily use of Bark so habituate the constitution to its effect, as to render it useles when the Intermittent returns?

I am now fatisfied when I have put a ftop to the expected paroxyfm, and prefcribe an anodyne to be in readinefs if ever the cold fit returns, advifing my patient to have recourse to the fame quantity of Bark which which he found neceffary at first, and to take it as soon as the succeeding Fever abates. I adopted this practice a little time before I became acquainted with the superior efficacy of the Red Bark, and thought it an improvement, but fince that time I have succeeded so well by giving fix or eight drams between the paroxysms, that I have seldom had occasion to repeat a single dose.

I am,

Sir, with great refpect, your obliged and most obedient Servant, JOHN SHERWIN.

Enfield, June 23, 1782.

#### A Letter from Dr. FOTHERGILL, an eminent Physician, in Harpur-street.

DEAR SIR,

I N anfwer to your obliging requeft, I shall now proceed to lay before you the best information I can concerning the New Bark, lately introduced into practice, under the name of Cortex Ruber, or Red Bark. As it was found on board a Spanish prize, intermixed with a small quantity of common Peruvian Bark, it would seem to be no other than the produce of the trunk or large branches of the same tree. It seems to be possessed of the same set of the fame tree. It feems to be possessed of the same set of the same fensible qualities, only in a much higher degree, hence it yields a much larger proportion of refinous extract, and gives a more faturated tincture and decoction than the common Bark. Hence too I have found (according to what you lately observed) that the decoction may be exposed a long time to the open air, without contracting the degree

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of acidity which manifeftly takes place in that of the common Bark in a few days.

Ic has been remarked for many years pait, that the Peruvian Bark has often difappointed the expectation of the public ; having fallen greatly fhort of that tranfcendent degree of efficacy, for which writers of the laft century have fo highly extolled it. Few Phyficians of extensive practice, but must sometimes have had the mortification to observe their favourite specific entirely baffled by a regular Intermittent without being able to affign any probable cause for the defeat, except the ungenuinels of the medicine; whence it would feem to follow, either that the Intermittents of late years have been more obstinate in their nature, or that the Bark has been of an inferior quality to that which was used by Dr. Sydenham, and many of his refpectable cotemporaries, of whole veracity we can entertain no reasonable doubt. The latter appears to me to be the more probable, efpecially when it is confidered that of late years, it has been cuftomary (for what reason I cannot imagine) to felect the Bark of the fmall branches, under the denomination of Quill Bark, in preference to that of the trunks. Should this preference hereafter be difcovered to have been groundlefs (agreeable to what I have long fufpected) it may perhaps contribute to explain the principal cause of our disappointments.

In the art of tanning, experience has long determined in favour of large Oak Bark, as being greatly preferable to that of the fmaller twigs. Why the reverfe of this fhould take place in a medicinal view, is by no means evident, especially if the virtue of the Peruvian Bark keeps pace in any degree with its astringency.

Spanish practitioners, as I have been lately informed, are fo well convinced of this, that they always prefer the large Peruvian Bark; separating it from the smaller fort, for all important purposes, which the late capture capture indeed feems to render probable \*. Future observations may probably discover that this was the real genuine Bark, with which our ancestors cured all the various kinds of Intermittents, with a degree of certainty, which now astonishes their successors.

If Bark taken from the large branches fhould be found to be more efficacious than that of the fmall, is it not reafonable to believe, that, that of the trunk or rather of the root, might furpafs both in virtue? Political reafons, however, refpecting the prefervation of the trees, which produce fo important an article of commerce, will, it is to be apprehended, effectually deter the inhabitants from every experiment of this nature.

A very eminent Druggist, who purchased a large share of the above cargo, assures me, that many of the Apothecaries whom he has supplied with the Red Bark, and who have carefully compared its effects with those of the common cortex, make no scruple of deciding in its favour. He further adds, that the demand for it has increased so rapidly of late, that the stock in hand is already nearly exhausted.

It is to be regretted, that the paffion for interlarding this fimple febrifuge with other bitters and aftringents (after the ufual complex mode) fhould ftill too much prevail in practice. Under this falfe idea of adding to its efficacy, its virtue may often be greatly diminished, and at all events, the result of the trial must be rendered extremely equivocal. In justice to the remedy, and to obviate this uncertainty concerning its effects, I have embraced every opportunity (which fo short a space would admit) of administring it in its fimple state, without intermixing it with other H medicines.

This muft not however be confounded with those coarse woody flakes, which conflitute a large proportion of the worst kind of Bark, now in use. For these, having been already firipped of the outer rind, together with the refinous cells confist of a mere ligneous fubstance, divested of medical virtue. medicines. The cafes in which I have chiefly tried it, have been low putrid Fevers, attended with extreme proftration of ftrength, delirium during the evening exacerbations, with fhort and obfcure remiffions in the day time.

For the fake of brevity I will but mention one instance. William Henton, a Silk Weaver, laboured under a Fever of this kind, accompanied with Petechiæ, and a profuse nafal Hemorrhage, which last fymptom generally returned with the exacerbations. To these were added cold sweats, muttering delirium, involuntary twitchings, &c. Before I faw him, common Peruvian Bark had been prefcribed, and his cafe pronounced desperate. In this very critical fituation, however, I was not deterred from recommending the Red Bark, in proper diluents, acidulated with Spiritus Vitrioli. Accordingly he took from two fcruples to a dram every two hours, except during the midnight exacerbation, when it was ordered to be cautioufly avoided; becaufe I have long been convinced by experience, and attentive observation, that the febrile fymptoms are generally exafperated when a Bark remedy is given at that period. The medicine agreed, the Hemorrhage abated, and Fever foon fublided. Some weeks have now elapfed, and I have the fatisfaction to add that lately, on entering his room, he affured me with a joyful countenance, that fince he had taken the Red Bark (or as might now, perhaps, with more propriety be faid, the Real Bark) he had fuffered no fymptoms of relapse, and that he remained free from all complaints, except a little weaknefs of fight, to which he had been formerly liable. Should this medicine be hereafter found to answer as compleatly in the other various types of Fevers, and that in smaller dofes than the common Bark, it will become highly interetting to the patients, and no lefs pleafing to the Phyfician, especially when he shall be enabled beforehand. hand, thus to pronounce with real confidence concerning the event.

" Hi motus, atque bæc certamina tanta, " Pulveris exigni ja Etu compressa quiescent."

#### VIRGIL.

From its success in this and several other instances, which have fallen under my own observation, I am ftrongly inclined to believe, that it will foon become an object worthy of attention, but must decline giving a decifive opinion concerning its fuperiority, till I know the refult of a variety of cafes, in which it is now under trial, and also receive additional confirmation from fuch correspondents, as are less prepossessed in its favour than myfelf, becaufe they may be supposed to prove in reality more impartial judges. Therefore in the interim, I shall wait with patience for your intended publication, hoping, that by thus collecting the fentiments and observations of several practitioners in different parts of the kingdom, we may at length be enabled to afcertain the true comparative merit of the Red Bark, which cannot but afford great fatisfaction to the public at large, as well as to.

#### Sir,

Your most obedient servant.

A. FOTHERGILL.

Harpur Street, July 6, 1782.

A Letter

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A Letter from Mr. EDWARD RIGBY, an eminent Surgeon, at Norwich.

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DEAR SIR,

I A M very much obliged to you for the honour you have done me, in fending me your Treatife on the Red Peruvian Bark, and I feel myfelf particularly flattered by the manner in which you have folicited an anfwer to your letter.

I am happy that it is in my power to bear the moft ample testimony to the great and certain efficacy of this Bark; I have had the fullest opportunity of trying it in every species of the Intermittent, and have given it to patients under the greatest variety of circumstances respecting age, constitution, date of the disease, &c. and out of more than a hundred and fifty persons, who have taken it under my direction, it has not failed in a single case, stopping the return of the paroxysm in the very first instance of its application.

I was fortunate enough to receive a small parcel of this Bark fo early as October 1781, owing to the friendly communication of Mr. Talbot, Surgeon, at Wymondham, in this county, to whom Mr. Hopkins had sent a few ounces as a specimen for trial, half of which he immediately fent to me; Intermittents being at that time very frequent in Norwich, and its neighbourhood, I had an opportunity of trying it the day after I received it, and I chofe the two worft cafes, which then occurred to me, the one was a Quartan, of many months flanding, the patient, a boy about eleven years of age, very much worn down by a Quotidian, of nearly as long a date ; the other patient, a young woman of about eighteen years of age, whole conftitution was also much shattered by the long continuance of the complaint :- to both of them I gave half a grain of Tartar Emetic, at the approach of the next

fit,

fit, which brought off a good deal of Bile from the ftomach, and when the Fever terminated, they began to take the Bark, an ounce of which was divided into twelve dofes, all which were taken by each of them before the times of the expected returns of the complaint; they both loft the fits, and though they took no more of it, for they had taken all which was fent me, they had no return of them until many weeks after, when the weather proved very wet, and then they went away without taking any more of this, or the common Bark, for they were both at this time removed to fuch a diftance in the country as not to be able to fend to me.

My fuccefs in these cases, induced me to procure a confiderable quantity of it, and as foon as I received it, I made use of it in several Tertians then under my care, in all which it immediately answered the intended purpose. About this time I had a patient, a gentleman about fifty years of age, who had had a Quartan more than three months, he had been endeavouring to cure himfelf by a variety of popular receipts, amongft which was one which contained a confiderable quantity of the common Bark ; when I first faw him it was the day after he had had a fit; but he was then much indifposed, his pulse was too quick, he had no appetite, and was much reduced, he took a faline Fever medicine, and an opening draught before the next fit, at the approach of which, I gave him a grain of Emetic Tartar, which vomited him confiderably, and he repeated half a grain of it every three hours, until the Fever terminated, which, though it lasted a long while, went off with a greater and more general perfpiration than was usual with him.

I now thought it right to begin giving him the Bark, but his intermiffion not being quite fo perfect as I wifhed it, and moreover, my not having yet had a fufficient number of cafes, in which I had given the Red Bark, fully to establish its reputation with me, I thought thought it most prudent to give the common Bark, of which he took two fcruples at fuch intervals during the intermission, that he got down more than an ounce and a half of it before the time when the fit was expected, but it did not fucceed, and he had another fit fully as fevere as his former one; I then refolved to make the next trial with the Red Bark, an ounce of which was taken in the course of the fucceeding intermission, and in doses of two feruples, and this stopped the fit; I prevailed upon him to continue its use in the fame dose three times a day for a little time, which he did till he had taken two ounces more, but he has taken none fince; and though his employment exposes him very much to the weather, and he was soon after frequently wet, yet he had not the flightest return.

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From this time I confidently gave it in every cafe which came under my care, and its ufe was invariably attended with the fame immediate fuccefs. In the number of thofe which were cured, were feveral whofe legs were much fwelled, and their bodies hard, and who appeared to be very rapidly haftening into a Dropfy; more than twenty of them were children, two were infants, not a year old; and one, whofe cafe I fhall relate, was a ftriking inftance of the truth of your remark in the Treatife, that the Bark given in confiderable quantity as near as may be to the time of the approach of the fit, is particularly efficacious.

My patient was a gentleman about twenty-five years of age, robuft, and of a full habit; he had had an irregular Intermittent about a fortnight, it began as a Quartan, of which he had three fits, it then became a Quotidian, and he had three or four more fits; I faw him about the time when it began to come every day, and I found the Fever was very confiderable; the ufual treatment, which I need not particularize, was made use of, until he appeared to be in a state to take Bark; the fit after which he was to begin to take it, terminated about ten o'clock at night, and its return was expected the next day between twelve and one at noon. The time of the intermission being short, he began to take it in doses of a dram : I had a meffage from him in the night, that it difagreed with him, and that he could not keep it down; I defired him to perfevere, but to confider what came up as if he had not taken it, and to fupply its place with another dofe : between five and fix o'clock in the morning he fent to me again, and defired me to go and fee him. I found him much fatigued for want of fleep, which he had been entirely hindered from getting, by his repeated endeavours to take the Bark, every dofe of which, except the first, had been rejected, and he feemed convinced that his ftomach would not retain it. I prevailed upon him, however to take half a dofe, and this kept down; I staid with him fome time, and half an hour after taking the first half dram, I repeated the fame quantity, which likewife kept down; I then left him, defiring him to continue it every half hour in the half dofes. Between eight and nine o'clock I was fent for again, and he gave me the fame account of its coming up again as before; notwithstanding this, I ventured to give him another dofe, which he immediately threw out of his mouth, before he had fwallowed any of it; observing this, I was more particular in enquiring in what manner he had vomited up, as it was called, the former dofes; and from the attendant's account I was convinced, that what he imagined to have been vomited up, had never been fwallowed; by this unlucky milmanagement of himfelf, he had taken but two drams and a half instead of five drams, and there remained five drams and a half to complete the ounce, which was to be taken in little more than three hours; however, I was determined he should perfevere, and I immediately gave him a dram, as I was no longer under any apprehension of its coming up, being fully fatisfied that all had been retained which had been actually taken into the ftomach;

ftomach; this kept down, and by ftrictly attending him with a dofe every half hour, or at longeft every three quarters of an hour, the whole was gotten down before the time of the expected return of the fit, which happily prevented its coming, and he has continued well ever fince. The night having been entirely without fleep, and the patient having been exceffively fatigued and fretted by his many fruitlefs endeavours to take his medicine, were very unfavourable circumftances in his fituation, and prevented his Fever from going off fo perfectly as it did in the former intermiffion, for he was much hotter, and his pulfe quicker than was to be wifhed, when taking Bark; however, the event fully juftified my perfeverance, and ftrongly proved the efficacy of the medicine.

Many of my patients having been poor and ignorant people, and fome of them living at fome diftance from Norwich, to whom I could only give general directions, as it was impossible for me to attend them, you may eafily imagine that most of that class of them took it carelefsly; fome of them I know did not take the quantity prefcribed; and I recollected one perfon, a ftrong country girl, about seventeen years of age, who took an ounce of it at two doles; yet all of them were immediately cured. One patient of this class was a child about eight years old, who had a Quotidian more than two months, and was directed to take half an ounce of the Cortex between the fit, which was to terminate on a Monday noon, and was expected to return on the Tuesday, about the fame time; on the following Saturday the child's father called to inform me that he was cured. Upon enquiry how the child had taken it, I was furprized to find that he had not then finished the half ounce, for when I told him that I meant the child fhould have gotten the whole quantity down in one day, he faid he had understood before, that I directed it to be taken between the Monday and the Saturday night, fo that it was evident the child

child could not, the first day, have taken more than one dram of the medicine, which it is clear, proved fufficient to ftop the fit.

From the foregoing, and from some other cases which I have had, as also from those communicated to you by my friend Mr. Sherwin of Enfield, one may certainly very strongly prefume, that a much lefsquantity of this Bark than what I have ufually given would answer the purpose; it would be a very easy matter to afcertain this by more trials, but at prefent I am not willing to give it in a fmaller quantity, nor would I recommend it to other practitioners to do fo, until the reputation of the Bark has been fully and univerfally established, for whilst the prejudices of fome practitioners, who are averse to new medicines, and the interest of some Druggists, who will be probably fufferers, by having large flocks of the common Bark by them, may in the leaft degree tend to oppose its general use, it is to be wished that the testimonies in its favour should not only be strong and clear, but that its fuccefs fhould be as uniform and invariable as the nature of the medicine admits of, and therefore I would not yet wenture to prescribe a quantity fo fmall, as to run a possible risque of its failure, when the quantity I have hitherto uled, which is an ounce to an adult, and a proportionable lefs quantity to children, has not, with me, in a fingle inftance been fallible.

In relating the few cafes above, I did not think it neceffary to mention the names of the patients, but as the circumstances which tend to recommend a new medicine cannot have too great notoriety, I will, as they occur to my memory, give you a lift of fome of the perfons who have been cured of Intermittents by this Bark, and whofe fituations in this neighbourhood render them well known.

Mr. Thomas Smith-Mr. Garland-Mr. Carter, Jun. twice-Mr. Money-Master Money, and Mifs Money, of Trowfe-two children of Mr. Barham of Kirby--

Kirby-Mr. Oliver-Mr. Taylor-Mr. Kiddell's daughter, of Colney-Mr. Howlett, of Earlham-Servant of John Gay, Elq;-Servant of Mr. Bloom, of Trowfe-Mr. and Mrs. Clift-Mifs Clift-Son of Rev, Mr. Anfdell-Mr. Dixon-Mafter Webb-Mifs Kett-Mafter Bunn-Mrs. Denny of Shottifham-Mr. Wright of Brecondale-Mrs. Glover of Kirby-Mr. Smith of Burlingham-Servant of Sir Lambert Blackwell, Bart.

With regard to the common Peruvian Bark, notwithstanding the complaints of its inefficacy have been great and general, my experience for a few years paft has given me no reason to be so much diffatisfied with it as I find many others are. I will acknowledge, indeed, that for some time past, I have found it necesfary to give a much larger quantity of it than ufual, and that even when I have given from an ounce and a half to two ounces of it in fubstance, it has not always fucceeded in ftopping the fit in the first instance of its application, but when I have been able to prevail upon my patients to perfevere in its ufe, in the fame quantity, I have never known it fail to ftop the fit after the fecond intermiffion, in which it has been taken. I should imagine there is no reason to believe that the common Bark, which has been used for fome years pait, is not the fame with what was formerly in use, or which was perhaps, originally introduced ; as far as can be judged by its tafte, and its appearance, either in the lump, in powder, in decoction, or in any of the other preparations of it, it feems to me, at leaft, to be precifely the fame as I have always feen it; I have, therefore, never once suspected that, as a natural production, it has degenerated, much lefs have I apprehended that any artful means have been used by Druggifts, to render it more faleable, or to increase their profit upon it, by which its medical quality has been diminished : Intermittents having been more general in this country for two years past, than, perhaps, was

was ever remembered by any Practitioners now living, probably the fame caufe which has made them fo frequent, has made them of a worfe kind, and confequently more difficult to remove; and to this cause, rather than to any change in the quality of the Bark, is, in my opinion, to be attributed the late general want of success in the treatment of this difease. Upon the whole then, Sir, from the experience I have had in using the two kinds of Bark, which has not been inconfiderable, it is evident to me, that they posses the fame medicinal quality, but that the Red Bark has it in a degree greatly superior to the pale, which strongly favours your supposition, that they are both the produce of the fame tree, the Pale or Quill being the Bark of the smaller branches, and the Red, that of the larger branches, or the trunk of the tree. Having myself found such singular fatisfaction in the use of this Bark, I fincerely with it may be univerfally introduced, and I am perfuaded that every Practitioner, who will give it a fair trial, will immediately prefer it to the Pale. Nothing can be more agreeable in the administration of a medicine, than to be able to speak of and foretel its effects with confidence, as it must be very encouraging to the patient; this circumstance, and its answering the purpose in a much smaller quantity than the Pale, are very peculiar advantages which the Red Bark posseffes; for in the use of the Pale, though, as I before observed, I make no doubt, but by perfeverance, and taking it in large dofes, it will for the most part fucceed, yet I have more than once been awkardly fituated with patients, who have taken a large quantity of it without its having answered the intention in the first instance, I mean in stopping the fir, after the first intermission, in which it has been given, it not being always an eafy matter to perfuade perfons, under fuch a disappointment, to perfevere taking down a large quantity of a nauleous medicine, more

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more especially, when there still remain popular prejudices against the Bark; and it is a notion received by some, that when it does not immediately succeed it must be hurtful.

I have just received a letter from Mr. Talbot, the gentleman whom I mentioned before, as having first fent me a specimen of the Red Bark, with an extract from which, relative to the fubject, I thall conclude this already too long letter; he informs me, that from the time he first made trial of it, he has used no other in Intermittents, that he has given it to more than fifty perfons, and he has not failed removing the difease in a fingle instance, though before that time he had been very unfuccessful in the use of the Pale Bark. - He mentions a cafe, in which four ounces of the common Bark had been given without effect, and that an ounce and a half of the Red immediately put a stop to the fit :- And he further fays, that he lately made enquiries about it amongst some Practitioners in his neighbourhood, to whom he recommended it, and that Mr. Swallow of Watton, Mr. Bringloe, of Hingham, Mr. Gibbs, of Buckenham, and one or two more, have been equally fuccessful in its use as himfelf.

I am, Sir,

With the utmost respect, Your obliged and humble fervant, EDWARD RIGBY.

A Letter

Norwich, Sept. 8, 1782.

DEAR SIR,

AGREEABLY to your request, I here send you an answer to the questions you proposed to me, relating to the large and Red Peruvian Bark, lately introduced into use in England.

Your first question related to my opinion of the medicinal efficacy of this Bark, with that of the paler, smaller, and quilled Bark, which for a long series of years has been confidered in this country as superior to every other species.

In answering this question, the short notice youhave given me, and the little time I have at present to spare, will not admit either of my taking notice of many different kinds of diseases, in which I have had opportunities of observing its superior efficacy, or of describing particular cases of the few disorders I am to mention; on which I shall content myself with giving you the general result of my observations.

The cafes which have afforded me the most frequent opportunities of observing, and of drawing the most fatisfactory conclusions relative to the superior efficacy of the Red Bark, are those of the Intermittent Fever.

To the beft of my recollection, it was about the month of October, 1781, when we first began to make use of the Red Bark, at the London Hospital. Immediately after its introduction, the difference, in point of efficacy, between this and the common Bark became very remarkable; infomuch, that my learned Colleague, Dr. Dickson, and myself, recommended to the Committee of the Hospital, at one of their weekly meetings, to purchase of the Druggist, who had furnished the first specimen, the whole of his stock of the Committee of the Hospital at one of the stock of the first specimen and the stock of t the medicine, however great its quantity might be : upon which measure the Committee, without any he-, fitation, immediately refolved.

The London Hospital is, perhaps, never without a very confiderable number of patients under Intermittent Fevers; to which its comparative vicinity to the county of Effex not a little contributes.—When, before the introduction of the Red Bark, we were in the use of employing the common Bark upon all occasions, we had found it, in Intermittents, to fall exceedingly short of that high character for efficacy, which is assigned to it by Dr. Sydenham, and his cotemporaries.

As to myfelf, I can truly affert, that in the cafes of patients under Intermittent Fevers in the Hofpital, very feldom indeed was the return of the fit prevented, or even the violence of it much diminished at the first attempt to stop it, by any quantity of the medicine given in the interval. On the contrary, portions of the Bark for a considerable length of time, and in very large quantities, were generally necessary to stop the progress of the diforder, or even to abate its violence; and on many occasions, from a total want of success, I have judged it proper to desist from its farther use, and to have recourse to other means of cure.

On the other hand, by the use of the Red Bark, I have frequently seen the return of the fit entirely prevented upon the first trial of the medicine given in the interval; where this is not the case, the subsequent fit is generally less violent, and in almost every case the diforder generally disappears in a short time.

Several of the cases in which I have observed the abovementioned good effects of the Red Bark, were cases in which the common Bark had previously been employed, and continued for a longer or shorter time, without success.

With respect to the out-patients, or such as do not refide in, but occasionally come to the Hospital for advice advice and medicines, thefe are much more numerous than the in patients; among which there occur a great variety of Intermittents, in all its different types. The fuperior efficacy of the Red, compared with the common Bark, I have found to be as remarkable in thefe cafes as in those of the in patients.

Whilft I was in the practice of employing the common Bark, very large dofes of it were generally neceffary to the cure, and the patients ufed to return to the Hofpital again and again, for repetitions of their medicine; but fince I have ufed the Red Bark, many of these patients have not returned a second time. Of fuch as have returned, fome have informed me that the dose prescribed to be taken during the first interval had entirely prevented the return of the fit; others, that the subsequent fits had been very moderate. And where the cases have been otherwise, and I have been informed of the event, the diforder has given way in a fhort time.

I shall trouble you with only one other tribe of difeases, in which I have had occasion to observe the superior efficacy of the Red Bark. These are periodic pains, of which difeases, the periodic Head Ach is the most common, and most generally known.

But I meet pretty frequently with cafes of a fimilar diforder affecting various other parts of the body than the head. In fome of thefe, the feat of the pain feems, to the feelings of the patient, to be fome part of the parietes of the abdominal, or thoracic cavity, but more frequently of the former; in others, it feems to be fome or other of the contents of one of thefe cavities, but more frequently of the abdominal.

With respect to the cases in which the diforder seems to be feated in some of the contents of the abdominal cavity, I have met with many of them, and with some that, during the paroxysm, have been accompanied with a sharp pyrexia, a most acute pain, and most, or all of the effential, or characteristic symptoms of an inflammation flammation of the vifcus; which, from the place of the pain, feemed to be the feat of the diforder.

These cases, however, differ from inflammations in this, that their paroxysms are succeeded by intermisfions, and return at intervals, generally of the Quotidian, sometimes of the Tertian, at other times of less types; and blood taken from the patient during the utmost violence of the fit, is without the smallest appearance of the fize.

In many cafes of thefe diforders, where our view is to prevent the return of the fits, by remedies employed in their intervals, tonics, undoubtedly, are not always proper remedies; fome of them, as, in particular the periodic Head Ach, when it occurs in young and plethoric fubjects, may fometimes require the ufe of evacuants; but in thofe cafes in which I have judged tonic remedies to be indicated, and have employed the Red Bark, I have found its effects, compared with thofe of the common Bark, to be fimilar to thofe I have above defcribed, refpecting Intermittent Fevers.

In support of my opinion of the superior efficacy of the Red Bark in the difeases I have above specified, I have been led from the nature of the subject, to draw my arguments principally from cases of hospital patients, as these, on account of their superior number, afford the better opportunities of comparison; but the observations I have made in private practice upon these, not to mention other difeases, correspond with and tend to support the conclusion.

You defire to have my opinion relating to the nature of the Red Bark, from what tree it is taken, whether from that which affords the fmall Quilled Bark commonly in use, or from a different one. In my opinion there can be very little doubt, but that both are taken from the same tree, and that their difference in appearance depends on this circumstance only, that the small or Quilled Bark, is taken either from very young trees, of which all the parts are yet small, or if

ever

ever taken from large, is the produce of their twigs or very finall branches; and that on the other hand the Red Bark is taken from well-grown trees, and from their trunks or larger branches.

Certain arguments which I find in your publication on the Red Bark, fome of which are fuggefted by yourfelf, and others, by fome of your correspondents, are, I think, fufficient to warrant our resting in this conclusion. The principal reasons from which I have been led to adopt it are the following :--

First, Because the Red Bark agrees in its sensible and other qualities, with the small Quilled Bark, posfessing however these qualities in a much higher degree.

Second, Because it is very well known, that the peculiar sensible qualities and powers of most vegetables, are comparatively little observable in the young plants, or tender shoots.

Third, Becaufe the Tanners know very well from experience, that the Oak Bark which is taken from the trunk or larger branches of the tree, poffeffes much ftronger powers than that taken from the fmaller branches; and therefore always prefer this in the bufinefs of tanning.

Lattly, What appeared to me upon examining the fpecimens, you lately shewed me, of Oak Bark, which afforded me an opportunity of comparing the Bark of the trunk, or larger branches of the Oak, with that taken from the smaller branches, where the Bark of the larger kind appeared of a red hue, and expanded, that of the smaller, pale and quilled; a difference exactly similar to that we observe between the two different species of Peruvian Bark.

The only other observation I shall make relating to the Red Bark, is, that when we reflect on the very extraordinary virtues ascribed to the Peruvian Bark, by Dr. Sydenham and Dr. Morton, and particularly on the degree of certainty with which it is by them af-

firmed

firmed to have cured Intermittent Fevers; of which virtues, the fmall and quilled Bark is allowed by all Practitioners, to fall fo very far thort; and confider further, that the descriptions given by the Materia Medica writers, cotemporary with the eminent perfons now mentioned, of the Peruvian Bark then in ufe, does not apply to the small and Quilled Bark, but does exactly to to the Red Bark ; and laftly, that the inhabitants of New Spain, and, if I am rightly informed by a gentleman lately arrived from that country, of Old Spain alfo, actually hold the Red Bark in higher estimation, it must appear highly reasonable to conclude, that the Red Peruvian Bark is truly the fpecies of this medicine, the virtues of which are fo much extolled by Dr. Sydenham and Dr. Morton, and which was in common use with them and their cotemporaries.

To conclude, Sir, I confider the work in which you are engaged as highly commendable. I confider it as one not only of great public utility, inafmuch as it tends to fix the reputation, and extend the use of a most efficacious and important medicine; but also as a necessary one to counteract the endeavours of prejudiced or interested perfons to oppose its deserved reputation, and discourage its general use.

I am, Dear Sir,

Your fincere friend,

And humble Servant,

JAMES MADDOCKS.

London, Capel Court, Sept. 20, 1782.

Dr.

Dr. Keir, Phyfician to St. Thomas's Hofpital, informs me, that in that Hofpital about 150 lb. of the Red Bark have been ufed, and he thinks with more fuccefs than is ufually experienced from the common Peruvian Bark.

The employment of it in his practice has not been confined to Intermittents; he has alfo used it in Mortifications, in Phagedænick Ulcers, in the Convalefcence of Fevers, and in every other complaint that occurred, where the common Bark would have been deemed a proper remedy.

In opposition to the objection stated, and refuted by me, Dr. Keir observes, that during the whole of this extensive and miscellaneous use of the Red Bark, no case occurred in which there was reason to believe any bad effects to have been produced by it.

### Extract of a Letter from Mr. SHIREFF, an eminent Surgeon and Apothecary at Deptford, in Kent.

After observing that the situation of Deptford, and its environs, renders the inhabitants of that village extremely subject to Intermittent Fevers of a very obstinate nature, some of which he found more difficult to cure, than even such as he had seen on the west coast of Sumatra, where they put on a more formidable appearance than in Europe. He proceeds as follows:

"From the feveral patients whom I attended, I felected the three following cafes to try the effects of the Red Bark; not to enumerate every particular, I fhall only obferve, that in all of them the common Bark had failed in a fingular manner. Each of them had fuffered frequent relapfes, the first cafe especially; she had fcarce any respite for nine months in Lincolnshire; she had removed to this place to try the effects of a different air; before I faw her she had been here for three months, without finding any benefit.

CASE

## CASE I.

[ 75 ]

A gentlewoman of a weak conftitution, and naturally of a nervous habit of body, had been feized laft autumn with a fimple Tertian in Lincolnshire; upon her removing to this place it had affumed the Quartan type, and was of three months standing; having found very little relief from Bark and other remedies, fhe had declined calling in any affiftance; but her hefband, alarmed at her extreme weakness during a paroxyim, fent for me : I was informed of the above particulars, and found her with an icteric countenance, fwelled ancles, and other marks of great debility : after fome difficulty, I prevailed upon her to take medicines; I fent her immediately feveral dofes of Red Bark, each containing only one fcruple, on account of her nauseating every thing that was presented her, defiring her to begin after a general moifture had come on, with an abatement of thirst and head ach, and to be repeated every four or fix hours; fhe continued the medicine in this manner, for four or five days, and as the fublequent paroxy im had been more mild than the one preceding it; I could not prevail upon her to take the Bark fo frequently; fhe however continued its use for fourteen days longer, each day taking four scruples, which entirely removed her complaints-fhe is now in perfect health.

### CASE II.

A young gentleman, naturally of a robust and healthy habit of body, had suffered several paroxysins of a double Tertian to attack him, without using any method to prevent them; it was his determination to trust to nature for a cure, rather than take such large, and frequent doses of the Bark, as he had some months before done, without any permanent effects.

But

But a delirium feizing him in one of the paroxyfms, his relations sent for me at midnight: I found him fensible, his body covered with a most profuse sweat, and loaded with bed-cloaths, the curtains drawn close, and the external air carefully excluded from the room; having removed every obstacle to the free admission of air, and his body wiped with a dry cloth, and in place of hot drinks, made still hotter with spice, I ordered toast and water, acidulated with lemon, and other diluting liquors, to be given him almost cold; I procured his confent to make one more trial of medicine; accordingly, halt a dram of Red Bark was given him immediately, and repeated every four hours; he miffed the next period, and after continuing his medicine three days longer, only three times in the day; he left it entirely off;-he has fuffered no relapse, and is now in health.

## CASE III.

A gentleman, after exposing himfelf to a damp evening, was feized with the common fymptoms of Fever; an emetic was given immediately, and followed by a laxative, not apprehending that he was attacked again with an Intermittent, he continued to go to London; at the expected period, however, he was again taken ill, and the paroxyfm was rendered very fevere, by his imprudently walking home after it had commenced. When the febrile fymptoms abated, and the fkin became moift, I gave him half a dram of the Red Bark, with orders to repeat it every three hours; he fuffered no return, and now remains well; being much exposed to the weather, I have advised him to continue fmall doses of it twice in the day.

I am, Dear Sir,

Your obliged and humble Servant, J. L. SHIRREFF.

Deptford, Sept. 14, 1782.

A Second

### DEAR SIR,

A S medical attention has of late been defervedly engaged on the fubject of the Red Peruvian Bark, and as the public are not a little interested in the refult, I take liberty to fubmit to your confideration, a few more curfory observations, which have occured fince my last.

The teftimony which you have already produced from fo many refpectable Practitioners, who could be under no temptation, either to conceal its failures, or to exaggerate its virtues, renders it unneceffary to add any fresh evidence of its superiority; otherwise I might mention fome late inftances of its success, in certain inveterate Agues, which had entirely baffled the ordinary Bark. Therefore, whatever doubts or difficulties may be now raised concerning its identity with the Bark formerly used by Morton and Sydenham, can by no means invalidate the facts which have been advanced in support of its real efficacy. That it was, however, in actual use about the beginning of the present century feems demonstrable.

In the year 1702, the cargo of Bark which was captured on board a Spanish galleon, a parcel of which fell into the possession of Mr. Pearson, an eminent apothecary in the city only four years ago, appears, from every circumstance, to have been no other than the drug now under consideration. But what seems still more worthy our attention, is, that after the space of about 78 years, it should still afford a much stronger decoction than that of the common Bark, and also surpass it in the cure of severs, and other discass : an evident proof that this Bark retains it medicinal powers much longer than could have been imagined. In further further confirmation of this fingular property, and alto of its early use in this country, allow me to transcribe a remarkable passage from Dr. Lister, who mentions some of its most characteristic marks : " Pro-" pria experientia testor, me ante 20 annos cortice 65 trunci fæpe ufum effe ad craffitiem, & latitudinem " volæ manus, magnis & profundis fulcis, & fiffuris " confpicuo, velut in vetufto arbore, imo eundem ali-" quando cariofum ; & olim, & nunc, vix unquam " frustravit eventu optimo, & desiderato, maxime si " ejus modus, et tempus exhibitionis rite observan-" tur "." Add to this, a still further proof with which I have been lately favoured by Dr. Smith, a very ancient phyfician near Andover, who affures me, that having obtained a fample of the Red Bark, he immediately recognized it, " both by the fmell, tafte and " colour, to be the fame that was commonly ufed " fifty years ago." To which he fubjoins fome recent inftances of its fuccefs in Intermittents, which had refifted the ordinary Bark.

[ 79 ]

From the year 1640, that the Peruvian Bark was first imported into Spain, its reputation increased till the old unpeeled trees becoming fcarce, the inhabitants of Loxa, mixed other Barks with it, which being detected, it fell into fuch difcredit, that, in the year 1690, feveral chefts of it lay in the warehouses at Piura, and nobody to purchase it. From this circumstance, and from the infignificant dofes in which it was administered, it disappointed the public expectation fo much, as to be generally difcarded, till Tabor, an adventurous English practitioner, by giving more adequate doses of the genuine drug, revived its reputation ; when its fame fpread fo rapidly, that the Spanish merchants, at length, found it difficult to fupply the demand of their cuftomers for full grown Bark, and therefore partly through neceffity, and partly through political

\* De Hydr. p. 56.

political œconomy, fubfituted the fmall Bark with which they hav: long furnished the European markets. Hence may be explained, why they now affect to extol the Quill Bark, which is more easily prepared, and more readily obtained, in almost any quantity, and that without destroying the trees. M. Condamine, who visited Loxa, about fifty years ago, affures us, that the Red Bark was allowed to surpass the other forts, but was grown, even then, extremely scarce, on account of the reason already affigned \*.

Of late years Peruvian Bark has become fuch an important article of commerce, that our merchants are glad to procure fuch as is offered; but no candid Spanish Practitioner, who has tried the different forts, will, it is prefumed, be at a loss in determining to which the real preference ought to be given.

As the prefent flock of genuine Red Bark cannot but be extremely difproportionate to the demand, it only remains, that we earneftly admonifh younger practitioners not to be too precipitate in drawing unfavourable conclusions from the refult of their prefent trials, but to fufpend their judgment, till a fresh fupply shall enable them to pronounce with more certainty, concerning its comparative powers.

As it hitherto promifes to be much fuperior to the common Bark, in the fpeedy cure of Intermittents, it will also behave them to use the greater circumspection in afcertaining the true nature, and tendency of the difease, viz. whether it is a primary, or only a secondary affection, whether certain obstacles are not previously to be removed; whether the cortex is not contraindicated; and lastly, whether the fudden suppression of periodical motions may not prove productive of some more dangerous derangement in the system.

From

Mem. de l'Acad. des Sc. 1738.

From the present indifcriminate use of the Peruvian Bark, in difeafes fo diametrically oppofite in their nature, I cannot help thinking, that the inactivity of this universal Catholicon, fo generally lamented of late, has been rather a fortunate circumstance, and that the inertnefs of the remedy has often prevented a feries of evils, which must have enfued from fuch a preposterous abuse of the genuine drug.

In Intermittents which are purely idiopathic, and proceed from an epidemic constitution of the atmofphere, without any concomitant diseafe, or internal inflammation, the Bark may generally, without hefitation, be freely exhibited ; and in highly urgent cafes of this kind, which prevail in marshy countries, and fultry climates, wherein the remiffions are very fhort, this medicine can fcarcely be administered too foon, or too liberally. Under fuch hazardous circumftances time is too precious to admit of preparatory evacuations, and I moreover concur with you in confidering them as frequently unneceffary, if not injurious.

On the contrary, it must be allowed, that Agues are, fometimes merely fymptomatic of fome other more dangerous affection, and ought to be confidered by the attentive Practitioner, as remedies, rather than diseases. Thus in the gout, the pain, in flammation, and tumefaction of the toe, is not the principal difease, but a critical metastasis, in order to its cure; so febrile paroxyims are, in certain cafes, to be confidered as the falutary efforts of nature, to fubdue fome morbific cause, or to remove some confirmed disease, of a more fatal tendency. In fuch cafes, nature is to be affifted, not difarmed of these useful weapons, by which she fometimes combats Palsies, Epilepsies, and other Herculean maladies, which all the artillery of medicine could otherwife never have fubdued.

This being accomplished, the febrile paroxysms either fublide spontaneously, or may be now fafely removed by this powerful febrifuge. On

On the other hand, there are not wanting inflances, where the fupervening Ague is fo far from removing the former difeafe, that it ferves but to exafperate its fymptoms, and if fuffered to continue, to produce ftill other dangerous affections. To determine with accuracy and precifion in these different fituations, demands a degree of medical different and deliberation, which but too feldom occur in the hurry of modern practice.

With respect to the general operation of the Peruvian Bark, I entirely coincide with what you have to satisfactorily advanced, and shall only presume to subjoin the following reflections.

Phyficians, in attacking Putrid Fevers and other obstinate diseases with the Bark, seem extremely folicitous to impregnate the whole mais of fluids with its fpecific virtue, yet excellent as it is, when applied to the nervous furface of the alimentary canal, nature feems to me, never to have intended that it should enter the blood, and has therefore wifely placed firm barriers to prevent its admission into the interior parts of the machine. A fubstance which is capable of undergoing repeated macerations, and decoctions in water for many months, without being wholly divefted of its bitternefs and aftringency, could not eafily be fubdued in the blood-veffels; but would probably prove (at least in its native state) utterly incompatable with the laws of the fystem. Dr. Friend accordingly informs us, that no fooner had he injected two ounces of a decoction of this medicine into the jugular vein of a dog, than it produced fevere palpitations, convulfions, and death \*. The Provident Guardian of the human frame, thus kindly checks the wild career of afpiring mortals, when, through the mifts of boafted fcience, they blindly purfue devious paths that often lead to dangerous

· Emmealog. c. ziv.

dangerous errors. Not that our refearches into the laws of the œconomy, and the operation of medicines can be too deep, or profecuted with too much ardour, fo long as we follow the clue of accurate obfervation, and draw no conclusions but what are fairly deducible from the phenomena; but unfortunately, from the little we know of these matters, we often presume a great deal concerning the major part which remains unknown, and the misconceptions which thence ensue in theory, are transferred into practice.

In the late German war, the French army on their return from Bohemia, were feized with Tertian Agues. of the putrid kind, which at length terminated in critical abceffes, which formed behind the ears, and in the arm-pits. When these abcesses were fully matured, they were opened according to the usual mode of practice in fimilar cafes. But no fooner was this unfortunate operation performed, than the fymptoms recurred, accompanied with extreme proftration of strength, under which the patients generally funk in a few days. But when the fick were left to Nature's own management, without any attempt to promote, or retard suppuration, or to open the abcesses, the purulent matter was fpontaneoully difcharged by the inteftinal canal, or fome of the other emunctories. The practitioners were now led to acquiesce in the mode of cure pointed out by Nature, and from this time, almost all who were affected with the difease recovered. \*

Thus Art often boldly usurps the province of Nature, and undertakes to regulate the inordinate motions of a complicated machine, and not unfrequently by very improper, or very inadequate means. From this fource proceed innumerable errors in the treatment of difeases, and endless mistakes concerning the effects of medicines. Intermittent Fevers, and the Bark, the subjects now under difcussion, afford pregnant examples of both. Nor can any reformation be expected.

Mem. de l'Acad. des Scien. de Stockholm.

expected till more attention is paid to that excellent maxim of the illustrious Verulam :

"Non fingendum, aut excogitandum, sed inveniendum quid NATUBA faciat, aut ferat."

I remain, Dear Sir,

Your most obedient Servant,

## A. FOTHERGILL.

London, Sept. 20, 1782.

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## APPENDIX

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## APPENDIX

#### TOTHE

THIRD EDITION.

A Letter from Dr. SAMUEL FOART SIMMONS, F. R. S. to Dr. SAUNDERS,

#### DEAR SIR,

THE superior efficacy of the Red Bark is now fo clearly established, that it would be superfluous to trouble you with a detail of the numerous cafes in which I have tried it. In the cure of Intermittents, fome of them very obstinate ones, and that had resisted the Common Bark, it has not once failed me; and I have lately feen an infusion of it remove a double Tertian of three months standing, in a young woman, who had taken a large quantity of Oak Bark, and of the pale Peruvian Bark, both in decoction and in fubstance, without experiencing any relief from either. A lady upwards of fixty years old, who refides in a part of Kent where Agues are very frequent, and who for more than a twelvemonth had laboured under a Quartan, which had brought on fymptoms of Jaundice, and refifted the Common Bark, change of fituation, and a variety of other remedies, likewife owes her recovery to the Red Bark. My learned and worthy friend, the celebrated

celebrated Professor Camper, informs me, that he has, experienced the fame good effects from this Bark in Friefland, a country where agues are endemial. From repeated experiments, he is convinced that fix grains of it are equal in efficacy to a scruple of the pale Peruvian Bark. Now that the virtues of this excellent remedy are fo fully afcertained, you will naturally be defirous of enquiring more particularly into its hiftory. From the largeness of this Bark, you were at first inclined to confider it as the Bark of the trunk, or larger branches of the Cinchona Officinalis, Lin. and the Quilled Bark as a production of the twigs, or finaller branches of the fame tree; but having lately met with fome very good Red Bark, as fmall as the Quilled Bark in common use, you are now, it seems, disposed to think, that the tree which produces it may be a variety, or perhaps a diffinct species of the Cinchona Officinalis .--On this head I have fome intelligence to communicate, which I am perfuaded will be acceptable to you.

Amongft the papers of the late M. Joseph de Juffieu, (brother of the famous Bernard de Juffieu) one of the French Academicians, who went to Quito in Spanish America, in order to ascertain the figure of the earth, and who died lately at Paris, several interesting observations have been found relative to the Peruvian Bark. These have been communicated to the Royal Medical Society at Paris, by his nephew Dr. Anthony de Juffieu. In his description of the genus, M. de Juffieu agrees with his fellow traveller, M. la Condamine, but he admits a greater number of species. These, however, may perhaps be very properly reduced to two, as the reft feem to be only varieties.

The first species includes the red, the yellow, and the knotty (*le noueux*) Barks, all of which have very fmooth leaves, flowers of a purplish colour, and inodorous, with a Bark that is bitter to the taste, and more or less coloured. Of these three the Red is held in the highest estimation, and it is this fort of Bark, accord-

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ing to M. de Juffieu, which was employed in the early days of this remedy in Europe, and which acquired it fo much, and fuch deferved celebrity. The tree that produces it is become fo exceeding fcarce, that in the year 1739, M. de Jussieu found it growing only in a few places in the neighbourhood of Loxa, fo that the inhabitants of Peru had been obliged to fubftitute the yellow and knotty Barks in its stead, both of which they are faid to prefer for their own use, because they suppose them to be less active and heating. But M. de Juffieu, who had experienced the good effects of the Red Bark, both in his own perfon, and in others, confidered it as infinitely superior to the rest. Even the trees that produce the yellow and knotty Barks are faid to be diminishing in number so fast, that it is to be feared they will in time become extinct, unlefs a regular mode of cultivating them is adopted, or they are difcovered elfewhere.

The fecond fpecies includes the White Barks, of which there are four varieties. They have all of them broad roundifh hairy leaves; the flowers are red, very odoriferous, and furnifhed with hairs on their infide furface. The fruit is longer than that of the former fpecies, and the outer Bark is of a whitifh colour. In two of these varieties, the inner layers of the Bark are of a reddifh hue; they have a flightly bitter tafte, and when fresh, are faid to posses a flight febrifuge quality, but which they soon lose. The Bark of the other two is entirely white, infipid, and of no efficacy.

M. Ant. de Juffieu has ftill in his poffeffion fome extract prepared by his uncle upwards of forty years ago at Loxa, from the Red Bark. Some trials lately made with it, prove it to be infinitely fuperior in efficacy to the extract of Bark in common use, fo that its virtues do not seem to have been diminished by keeping.

M. de Jussieu, in his travels, found a few of the trees that produce the yellow and knotty Barks, growing in different

different parts of the valley that extends along the chain of the Andes, and in the diffrict of Yungas, which is near it; but it was only about Loxa, in the 4th deg. of S. Lat. that he faw forests of those trees. It would feem therefore, that the heat peculiar to fuch a latitude is more genial to the Cinchona than that of any other climate, and of course we can hope to meet with it only in fuch a temperature. Upon this principle we might be tempted to look for it at a fimilar diftance from the equator in a northern latitude. This has actually been done : Don Calimir Ortoga, Professor of Botany at Madrid, has lately by order of the Spanish. Minister for the American department, sent to the Royal Medical Society at Paris, specimens of two species of Cinchona recently discovered in America, in the province of Santa-Fe, which is fituated 4 deg. and half of north latitude.

These specimens are well preferved, but not quite perfect, as the flowers are wanting. The leaves and fruit of one of these species exactly resemble those of the Red Bark, fent by M. la Condamine, from Peru, and which are still preferved in M. de Jussieu's Hortus Sic-The other specimen proves to be a White Bark, ews. and of courfe a bad species. The Spanish Minister accompanies these specimens with a request, that the Society would inform him what degree of attention they merited. The Society have of courfe given his Excellency every neceffary information on this fubject, and as he is now aware of the great importance of the Red Bark, there can be no doubt but proper directions will be given for its cultivation in Santa-Fe, not only on account of its fcarcity at Loxa, but becaufe it will be much more eafily conveyed to Europe, as a river that runs through the province of Santa-Fe empties itself into the harbour of Carthagena, fo that we may hope foon to fee a new fource opened for this admirable remedy.

I cannot conclude this long letter, without thanking you for the pleafure and information I have received from the perufal of your ingenious publication, which forms fo valuable an addition to the Materia Medica. Believe me, with great truth,

Dear Sir, Your faithful and obliged Friend and humble Servant, SAM. FOART SIMMONS! Air Street, Piccadilly, Feb. 17, 1783.

## Extract of a Letter from Mr. AIKIN, Surgeon, at Warrington.

THE specimen of Red Bark that I examined, agreed perfectly with your description. I tried its ftrength by the tefts of the action of water and spirit, and was immediately convinced of its poffeffing a much larger share of active matter than the best Pale Bark ; the most decisive experiment was the quantity of refin obtained by evaporating a spirituous tincture drawn from equal quantities of both forts; that yielded by the Red Bark, was in proportion of three to two of that extracted from the Pale Bark, and yet on infufing the woody refidua of each in boiling water, that of the Red gave a bitter liquor, which struck a manifeft black with martial vitriol, whereas, that of the Pale, gave out neither fapid nor colouring particles. My friend, Dr. Haygarth, informs me, that on a fimilar experiment made at Chefter Infirmary, the refin extracted from Red Bark was, to that from Pale, as 229 to 130.

With respect to the medical efficacy of this Bark, I am not able to relate any fair comparison of it, with the common fort, as Agues, in which the best opportunity is afforded for such a comparison, have been uncommon M here here fince I attended to this fubject; I have prefcrib ed it in most of the cafes in which Peruvian Bark is ufually given, and from the general refult, I have no doubt of its virtues being fimilar, but probably fuperior, to those of the kind commonly preferred.

I am, Dear Sir,

With fincere Regard, Your obedient Friend and Servant, J. AIKIN.

Warrington, Feb. 10, 1783.

I HOPE I shall not be confidered as prefumptuous, in concluding, that the foregoing observations are fufficient for determining the superior efficacy of the Red Peruvian Bark. And it seems reasonable to hope, that the introduction of this kind of Bark may be attended with the happiest effects, and enable us to oppose more successfully those malignant and remittent fevers of warm climates, and unfavourable stuations fo destructive to our fleets and armies.

I cannot, however, finish, without returning my best thanks to the gentlemen who have favoured me with their correspondence; and I think it necessary to express my obligations to many gentlemen whose letters were too late for publication.

They all concur in recommending the Red Peruvian Bark, as more efficacious and powerful than any other kind.

From the numerous trials I have made with it, in Intermittent Fevers, and other difeafes, I am difposed to conclude, that it need be employed only in half the quantity we generally recommend of other Bark.

I have likewife the fatisfaction of affuring my readers, that it is now in general use in all the large Hofpitals in London; and such is the preference given to it, that the demand is difficultly supplied.

Be

Be careful in the choice of it, by attending to the characters which diftinguish it from the large Bark, hitherto rejected by our Druggists.

I fhall continue to be diligent in my enquiries on the fubject, and I most earnestly request the favour of my friends, that they will perfevere in supplying me with accurate observations, fo as to determine, with precision, in what other difeases this valuable remedy may be used with fastery and advantage.

The operations and effects of remedies can only be afcertained by the united industry and experience of intelligent men; who, by being aware of the difficulty of making observations, are sufficiently guarded against the fallacy to which they are unavoidably exposed.

THE E N D.

THE GENUINE RED BARK, EXAMINED AND APPROVED BY DOCTORSAUNDERS, May be had (neat as imported) of MR. OLIVER SMITH, ND MR. WILLIAM SCOLLAY, DRUGGISTS, in CORNHILL, BOSTON; Where also may be had, the best ASSORTMENT of DRUGS AND MEDICINES.

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-----Thefe evils I deferve, and more : Acknowledge them from God inflicted on me Juftly ; yet defpair not of his final pardon, Whofe ear is ever open, and his eye Gracious to re-admit the Suppliant ! MILTON.

\*\* If aught in Nature can touch the nicest springs of the benevolent mind with tender compassion, and draw forth the tears of real sensibility, it must be, When a good Man falls. The unfortunate Author

of

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## ADDRESSES

## ADDRESSES TO YOUNG MEN. By JAMES FORDYCE, D. D.

1

Those who have read Dr. Fordyce's Sermons to young women, will naturally form great expectations from his Addresses to young men, and we may venture to assure them that their expectations will not be difappointed. The tender and affectionate concern which the author expresses for the improvement of youth in knowledge and virtue, and in every thing that can render them truly amiable, shews the goodness of his heart, and the agreeable and entertaining manner in which he communicates to them the most useful instructions, does honour to his taste and genius.

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- The juftly deferved reputation of Dr. Moore's letters, will entitle this, on a diforder unhappily very prevalent in our country, to particular attention, as it is wrote in a ftyle not only elegant, but free from all those technical terms which often render the writings of Physicians unintelligible to any but such as make the medical art their peculiar study, and as it has long been agreed by the most eminent in the profefsion, that notwithstanding the generally received opinion, of the constant statal termination of Consumptions, they may, by early and close attention to proper regimen, be sometimes if not often cured.

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