A discourse relative to the subject of animation, delivered before the Humane Society of the Commonwealth of Massachusetts, at their semiannual meeting June 13th, 1797 / by John Fleet, Jun. M.D. M.M.S.

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Mr John Jenks.

DR. FLEET's

DISCOURSE

TO THE

HUMANE SOCIETY,

JUNE 13th, 1797.



DISCOURSE

A

RELATIVE TO THE SUBJECT OF

ANIMATION,

DELIVERED BEFORE THE

HUMANE SOCIETY

OF THE

COMMONWEALTH OF MASSACHUSETTS,

AT THEIR SEMIANNUAL MEETING

JUNE 13th, 1797.

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BY JOHN FLEET, JUN. M.D. M.M.S.

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" ARS LONGA EST. "



B O S T O N: PRINTED BY JOHN & THOMAS FLEET, CORNHILL, 1797. AT a femi-annual meeting of the HUMANE SOCIETY, of the COMMONWEALTH OF MASSACHUSETTS, June 13th 1797.

VOTED, That the Honourable Judge PAINE, Honourable SAMUEL PHILLIPS, JOHN WARREN, M.D. JUSTIN ELY, $E \int q$; and Mr. SAMUEL SALISBURY, be a Committee to wait upon Doct. JOHN FLEET, jun. and return bim the thanks of this Society, for his elegant and ingenious difcourfe delivered this day, and to request of him a copy for the prefs.

JOHN AVERY, Record'g Secretary.

Boston, June 13th, 1797.

GENTLEMEN,

Deeply impreffed with the candor bestowed on my discourse, by the members of the Humane Society at their semiannual meeting, I shall evade expressing a determination I had formed, and shall present it for publication: confident that while their superior knowledge and acquaintance with this subject, will discover; their extensive liberality will not severely scrutinize into its many faults.

Gentlemen, Your most obedient Servant, JOHN FLEET, jun.



DISCOURSE, &c.

A

ONE important object of Humane Societies has been the inflitution of inquiries into the nature of life, and the most rational and fuccessful modes of restoring animation. That this has not been without effect is evident from Dr. Fothergill's New Inquiry into the fuspension of Vital Action. And the numerous annual affemblage around the London Humane Society, of those, who but for their exertions would have been numbered with the dead, is a demonstration of the fuccess of their benevolent undertaking.

UNDER a confcioufness that there are many who can give to the whole subject of animation a more pleasing and philosophic garb, their candor is solicited to a short account of the proximate cause of its suspension and of death.

IT

Ir has been ably contended, that Apoplexy, which is a difeafe arifing from comprefion of the origin of the nerves, or from fomething deftroying the mobility of the nervous fluid, was the caufe in queftion. But diffections have not fufficiently authorized us to conclude, that even in drowning and hanging there is great accumulation or extravafation of blood in the brain ; and experiments advife that no artificial obftruction of the return of the blood from the head, can produce fufpended animation, under a time immenfely longer than that taken for drowning or fuffocation. Nor did a deficiency of blood fent to the brain by the carotid arteries being tied, alter the cafe, or retard the fatal event in ftrangulation.

THOUGH we must renounce this fo natural and mechanical explanation, yet the great fatality in these accidents evinces that fome fudden difease takes place. To elucidate this by the phenomena of drowning an animal. In less than two minutes his voluntary motions and fenses cease, and he is faint and exhausted, in about the same time convulsion follows, and in ten or fifteen minutes he is in general past recovery.

THESE are evidently fymptoms of difeafe, and will be explained as fuch. When an unfortunate man is finking, he exerts his voluntary motions with the greateft activity, and he uses the vaines attempts, fuch as catching at a straw to fave himfelf—This is well known to fuch as have refcued others from their fate. Unfortunately for humanity, owing to to thefe unavailing exertions, fome have dragged their intended prefervers into the fame grave with themfelves.— Next fucceeds a quiefcence, called fyncope or fainting, which is the proximate caufe of fufpended animation : carried further, it ends in complete apoplexy, the proximate caufe of death. Exertions of the refpiratory mufcles alone, have produced this effect. The Negroes in the Weft-Indies when tired of exiftence, obftinately continue the act of infpiration, and thus purchafe their freedom with their lives.

FROM an analogy of this quiefcent flate with that of **Trance**, the profpect of reftoring life would be fo great, as to equal the wifhes of the moft humane, did not convultions fucceed, which whatever the philofophy of it be, bodes no good. Dr. Kite believes, that after this motion ceafes, none of the animals that are drowned recover by being placed in the air, nor by having their lungs inflated.* Many difeafes of the human body, and perhaps all in brutes, end when fatal, as those of the latter almost invariably are, in a convulsion fit. The fimilarity of the nervous and electric fluid, is at no time better expressed than here; for this convulsion feems to be an explosion of it. Others have not thought it fo ferious a circumftance.

I once made a couple of experiments on rats, to afcertain the nature of this convulsion, and though they easily recovered after the voluntary motions ceased, this could not be effected by any means after convulfions were ended, which was in less than 15 minutes.

This is not introduced as denying, that there have been recoveries, after 40, 50, or more minutes; for these facts are strong proofs of the theory here intended to be established, and the above writer admits, that there was often a great variety of time, in those that recovered or were lost. Vide, What is faid on Convulsion and Epilepsy, (p. 8.) circumflance. Dr. Hunter fuppofes it to be an effort of the refpiratory mufcles, or a gafping for breath. According to Dr. Darwin, it is a difeafe of Volition produced to avoid pain, which he has feen go fo far as to threaten inftant death, had not convulfions intervened. But in another place he obferves, that a delirium, alternating with convulfions was the lefs dangerous difeafe.

THE pathology of thefe difeafes is involved in obfcurity.— The brain to which we muft trace the caufe of them, is in part highly organized; but has the ufes of no one part demonftrated.—And as a mechanifm fuited to its feveral functions is not at all perceived, fome have referred it to a greater or lefs mobility of the nervous fluid, called excitement and collapfe; others to an accumulation or diminution of it. For inftance, in fyncope, the remote caufe produces a diminution of the nervous fluid, or a collapfion of the brain—hence lofs of all animal motion. The fecret powers of life exert themfelves; or according to others, the fenforial power becomes accumulated, and then a flimulus lefs than natural is fufficient to throw it into action.

THIS may ferve to explain the quiefcent flate in drowning . and the comparative danger of Convultion and Epilepfy; as the latter is followed with coma or fleep and the former is not—thus indicating its fatality.

was often a great variety of time, in those that recovered or were loff.

Vide, What is faid on Convultion and Epilophy. (p. 8.)

NavaWer more mientes ; for inele fade are frong proofs of the there bere intended to be effablifhed, and the above writer adrives, that there

HowEVER we may wonder at the operations of the nervous fyftem, our Atmosphere prefents us with things full as unaccountable. When it is full of water, ready to defcend, its weight is decreased, and the Barometer falls; after the rain is over, it recovers its usual standard. There are states of it called by Sydenham constitutions, which elude our senses; but are the causes of epidemical distempers, and add rage to contagious ones.

CONSIDERING our fubject in the light of difeafe, we might fay, that drowning and fufpenfion, were attended with fyncope and convulfion.* The accidents from noxious air and lightning, by that fpecies of Apoplexy, arifing from the mobility of the nervous fluid being deftroyed. This receives confirmation from obferving, that after a long courfe of debility, all voluntary motion was loft ; flupor and laborious refpiration clofing the fcene.

By a ftroke of lightning all motion ceafes at once, by this power being greater than that of debility. We cannot apply any of thefe to the torpid ftate of animals.

THESE modes not appearing entirely fatisfactory, it has been cuftomary to fearch for other caufes, and these centre in what may be called the pendulum of the vital organs, the lungs. B EXPERIMENTS

^{*} That certain fenfible conditions of difeafe may exift in the body without fpecific difeafe, may be drawn from (p. 6.) It would feem alfo, that there was a difference between violent exertions on the fhore and those made in the water; for it has been noted, that recovery from fubmerfior,

EXPERIMENTS have determined, that the little water found in the lungs could not be the caufe.

THE blood in paffing through the lungs, without receiving the influence of the air is black, and therefore fuppofed to want the ftimulus neceffary to excite the left cavity of the heart. This too from the many difficulties attending it, is now given up.

Is mechanical obstruction of the circulation from a collapfion of the lungs, a more probable folution? The advocates for fanguineous apoplexy affert, that death enfues after a complete expiration; and on examination, the right cavity of the heart and neighbouring veffels are turgid with blood.-On the contrary it is faid, that the lungs are often found diftended, and by experiment it was managed, that no accumulation of blood took place, yet the animal deprived of vital air, died in the ufual fpace of time.

ON this is crected a theory, "That life is alike in both the animal and vegetable kingdom, and depends on irritability." This requires explanation. The brain is void of fenfation, the nerves are highly fenfible, the mufcular fibres, among which the extreme branches of the nerves are interwoven, are both fenfible and irritable. Irritability is called a property peculiar

fion, never induces hemiplegia, the almost constant refult of Apoplexy. And a lady after a great exertion, in drawing out of the water her companion, who had slipped into a brook, walked but a few steps and fat down paralytic. Vide Darwin.

peculiar to mufcles, independent of the brain and nerves-Vital air is called the fource of this in animals, and must be fo in vegetables, which have neither brain nor nerves, but are fupplied with air veffels *-- by this the involuntary motions as of the heart and other organs are fuftained, and the curious problem of animal heat partly folved; for vital air confifting of oxigene and latent heat, undergoes a decomposition in the process of respiration, and by that means enters the blood in an inelastic state. The oxigene communicates its florid colour and deposits its latent heat, which in its progress through the circulation, is evolved in a fenfible form. The caufe of nervous influence, from which arifes voluntary motion, is afcribed to electricity, drawn into the lungs at the first infpiration. From all this it is inferred, that exclusion of vital air, is the primary caufe of fufpended refpiration, which is the immediate caufe of the fufpenfion of the other vital actions. And if to this fucceeds the extinction of irritability, it is the proximate caufe of death. It is added, that the principle of fenfibility or nervous influence, often remains in a dormant state, till roused by proper modes of excitation.

THIS ingenious account receives plaufibility, from obferving the fætal and atmospheric states. In the former, the animal

^{*} Vegetables are faid to delight in contaminated air. Vide Prieftley's experiments, and others. On this fubject I fhall only flate, that they are generally allowed irritability and refpiratory organs : And in their natural flate, if vegetables be deprived of atmospheric air they certainly

animal is confidered as no more than an aquatic plant, the lungs are ufelefs and but little fupplied with blood; for then the principal branch of the artery of the right cavity of the heart, goes to the aorta. The placental root ferves the office of lungs. The brain then has not become important, for it may be compreffed for hours, or be wholly wanting, without hazard; while the funis can remain fo, for no longer time than it takes for drowning. When the animal has breathed, the lungs from being inactive, become the main fpring of life, and are deftined to tranfmit through their fubftance, in equal times, a quantity of blood equal to what paffes to the reft of the body. And at every expiration they communicate an undulatory motion to the brain, abfolutely neceffary, perhaps, to its developement and functions.

HEAT and air fo neceffary to life, are not life itfelf; elfe when the punctum faliens of the chick was fufpended in its motion, we fhould be able to renew its action, and thus throw new light on the theory of animation. The Marmot, which remains torpid during winter, fhuts himfelf up in his cell, and the confined air which he confumes or contaminates, affifts his torpor : But when the vernal warmth returns, *this* excites his irritability, and reftores him to life, without the aid of vital air. To

tainly perifh. M. Bonnet covered fome young trees, except a few extreme branches with a varnish, and those that had the air most perfectly excluded, in every instance died. Vid. Gregory's economy of Nat. To me it appears, that there is but one principle, or fpirit of animation—that mulcular fibres contain a larger proportion than the nerves, and this is the vis plaftica, or vis confervatrix naturæ, for the purpole of preferving and propagating the feveral fpecies of animated nature. Some animals poffels this property to fuch a degree, as to be able to renew a part or whole of their bodies, as the crab, fnail and polipe, and others regard but little the loss of their head, as the tortoife and toad.

THE following opinion of the ingenious Darwin, may be confidered as a proof, or not, of the famenels of this fluid.— The first rudiment of an embrio is an irritable fibre or filament, and lodged in its nutriment, and supplied with air it is able to form new combinations, and from thence arife new neceffities and appetences, and hence the brain, limbs, and other parts are formed in fucceffion. This is not supprise from what has been faid of the fnail and other animals.— And our bodies would go on forming new parts were they not bounded by the skin and periostium.

THERE is a great refemblance between the nervous and electric fluid. If a nerve be divided and a proper conductor of electricity be applied, from one divided end to the other, the motion in the part below will be reftored, and fome experimenters have been fure, that they have reftored contraction to mufcles, that had long loft their original life.

ANOTHER

ANOTHER argument perhaps, may be drawn from the flate of reft and hibernial torpor. Long fleep exhausts the nervous energy, and what I shall call the accommodating disposition of nature, feen in many diseafes, may be an exhaustion of nervous electricity, from want of the friction of muscular fibres, which if carried too far would end in death.

BEES feem fenfible of this. When the cold becomes fevere, as they hang in clufters, by a general motion of their legs, they produce a warmth that delays their torpid flate, and at the fame time replenishes their nervous electricity. Without motion, electricity is not collected, and without fome fort of motion, perhaps, there is no vitality.

In fine, though irritability may be the fupport of animal and vegetable life, and electricity be the animating principle; yet what first begins irritability, or fits the fibres to collect this fluid, is still beyond the reach of our fenses, and must be traced to the First Cause of All. For all that we call causes are probably but effects—Of course the difference between a living and found dead body, is not fatisfactorily known.

THE treatment of these cases, must be governed by the juvantia and lædentia. From the effects of cold air and cold water in cases of syncope, we should be led to treat cases of drowning in the same manner. But it has often been observed. ed, that foon after fubmerfion, a rigidity of the mufcles of the thorax and jaw enfues, like that of Tetanus, a difeafe in which the cold bath, in general, has not proved fuccefsful. If the body remains flexible, I fee no reafon why this novel method may not be ufed. But otherwife, electricity and heat are more promifing ftimulants. Inflation of the lungs with air deferves the first attention, and the more deflogisticated, perhaps the better ; though this has been doubted—The perfons who perifhed in the black hole at Calcutta, did not die in numbers, till a pungent effluvia had been generated from the living and dead bodies.

FRICTION, gently applied, imitates the ofcillatory motion of life, and in like manner the mild influence of the fun, in union with the accommodating difposition of nature, has recovered life, when others immerfed a much lefs time, and who had their lungs inflated, were loft.

OWING to this principle it is, that expert divers remain under water 14 or 15 minutes without danger. Life has been reftored even after interment, by gentle concustion.

VENESECTION in fome inflances, has revived perfons faint and apparently lifelefs, and where the veffels are crowded, by reftoring the elafticity of the arteries, which when opened continue to pour out blood, even after death, the circulation will at leaft be promoted. I SHALL refrain from any obfervations on the other methods, experience the only fure guide, having not yet rejected them. And fhall congratulate the friends of humanity that all the ingenuity of man has not been employed in forging arms, or contriving ftratagems for the deftruction of man. As an evidence of this, may be feen, the huts which you have erected, to invite the fhipwrecked fufferer to his fafety and refreshment.

THE patronage and fupport which this inflitution has received from the first perfonages in the community, the daily acceffion to the catalogue of its members, and the countenance and approbation, which the prefence of fo many refpectable characters on this occasion evinces, are a foliacing relief to the painful emotions, which scenes of a far different nature are calculated to excite—Amidst the difgustful train of vices which prevail in civilized life, and which spread a dark and baleful shade over the sace of society; the lustre of that virtue which shall cover a multitude of sins, displays its influence, and dispels the clouds which have threatened the destruction of all civil institutions.

AUTHORITIES.—The Author is fenfible that frequent references by notes would be tedious, and has chosen to mention the principal writers to whom he has been indebted, and conceives that any obscurity he may have thrown on their works, may be best obviated by confulting the books themselves. Viz. Dr. Fothergill's New Inquiry, Kite in the III. Vol. Memoirs Lond. Med. Society, Cullen's Physiology, Sabitier's Anatomy, and Darwin's Zoonomia.

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The Trustees have received the following Communications fince their last Publication.

LETTER from William Hawes, M. D. Register of the Royal Humane Society in London to the Corresponding Secretary.

LONDON, May 15, 1796.

REVEREND SIR,

TAKE the earlieft opportunity of informing you, that Dr. Brooks's elegant and judicious difcourfe came fafe to hand.

In the name of the Royal Humane Society, be pleafed to accept my grateful and fincere thanks, for the additional mark of your effeem. It is with great pleafure, that I now requeft the Trustees and you, to favor the Report of this year, with a candid perusal, and hope it will be confidered as the *anniverfarium donum* to the beneficent friends of an Inftitution, by one well known to poffels—*Mens objeffa curis*.

If, in confequence of our Prize queftions, the ingenious fhould be ftimulated by our honorary premiums, to make further inveftigations in the important and interefting art of refufcitation, it will afford me the higheft pleafure to communicate them to the Bofton Humane Society ; as both Inftitutions are zealoufly anxious to explode error, however fanctioned by cuftom, and prepared to follow truth wherever it may lead us.—Wifhing arduoufly your Society moft ample fuccefs in the advancement of fcience; and above all in its laudable endeavours to diminifh the triumphs of death,

I remain, Reverend Sir,

Your most humble fervant,

WILLIAM HAWES.

Rev. Dr. Parker.

SIR,

II.

Letter from Dr. Anthony Fothergill, of Bath, to the Corresponding Secretary. BATH, November 28, 1796.

Y OUR packet containing dispatches from the Humane Society of Maffachusetts, by some adverse accident, being diverted out of its proper course to the Cove of Ireland, did not reach Bath till yesterday.

From the perufal of the copies of the Difcourfes by Drs. Warren and Robbins, with which they have favoured me through your hands, I promife myfelf much fatisfaction. Nor can I conclude without fincerely fympathiz-

ing

ing with the Humane Society, on the loss of their late illustrious Prefident, the Honourable THOMAS RUSSELL, whose fame and character (to which I was no ftranger) will be long remembered with gratitude, not only by the Humane Society of Boston, but also by the Humane Society of London, as well as by multitudes of the inhabitants of both Continents.

With best wishes to your Society, and the prosperity of all its members. I remain with the utmost respect and gratitude,

Their much obliged Servant and Colleague,

ANTHONY FOTHERGILL.

III.

Letter from the Hon. Samuel Tenny, Efq ;

EXETER, 10th April, 1797.

DEAR SIR,

OME time fince, I had your favour accompanying a certificate of my being admitted an honorary member of the Humane Society eftablifhed by law in the Commonwealth of Maffachufetts.—I beg you will communicate to the Truftees of the Society, the very high fenfe I have of the honor, which they have conferred on me, and affure them that I fhall cheerfully embrace every opportunity, to promote the interefts of fo benevolent an inflitution.

For the very polite and flattering manner, in which you have conveyed the certificate, you will pleafe to accept my cordial thanks—and believe me to be, with great refpect,

Sir, your obliged and most obedient Servant,

SAMUEL TENNY.

Rev. John Clarke.

PREMIUMS adjudged by the TRUSTEES,

+ remained and and and a second second	No. of the second s
Jince June 1796.	Dollars.
To Ephraim Mann, for faving Joseph Withington, who fell	
from his canoe on Dorchefter fhore,	3
To Nathaniel Kitchen, for faving the life of John Davis,	3
To Joseph Diamond, for faving a Boy,	4
To Ebenezer Adams and Lazarus Fenno, for faving the life	
of Peter Munwell, between Spectacle & Thompson's Islands.	10
To Francis Smith, for faving John Hardifon, who had fallen	
from Green's Wharf,	3
To Samuel Polly, for faving Benjamin Bucknam, who was	
overfet in a gale of wind upon Chelfea fhore	10
To Jacob Whipple, for faving Andrew Mainfee, William	
Penniman and his Daughter, who were overfet in a fudden	
guft of wind,	10

18

APPENDIX.

To Andrew McIntire, for faving the life of a Lad by name of Billings, To Francis Lane, for faving two Children from drow To James Gregory, for faving a Boy of William Tufts	wning,	- 34	7 4 4
		Doll.	58
State of the Treasurer's Accounts for the Y	ear Do] -
1796.		Doll.	Ctsa
June 14. Balance due to the late Treasurer, =	4	31	68
Premiums paid,	4	58	
Repairing Hut on Scituate Beach, -	-	28	84
Printing Dr. Robbins's Difcourfe, hymns, rec and for Mufic at last annual meeting,	eipts,	89	44
Jacob Kuhn, 2 year's fervices, notifying mee		63	
collecting fubscriptions & delivering discourse 25 Shares in Union Bank stock,	s, ac. j	241	67
Balance in hands of the Treasurer, -	-	236	74
the second second and the second second second second	P. 17		
Contra Cr.	Doll	749	37
By Collection at annual meeting, -	-	108	7
1 year's Interest on 6 and 3 per cent stock	,	137	
Ditto on 5 per cent Mass	-	105	68
Dividend at Union Bank,	•	46	80
Ditto Malden Bridge, 3 quarters, - Donation from Thomas Hancock, -	-	18	
Annual fubscriptions to June 12	-	313	78
	Doll.	749	37
Property of the Society in the Hands of the			
6 per cent flock of the United States, -		1442	17
3 per cent ditto,	-	708	83
Deferred ditto,	-	34	
Maff. 5 per cent Notes,	-	2113	7İ
Union Bank ftock,		568	
Certificate of a Share in Malden Bridge,	11 - 21	239	74
Fund from dividends on faid share in deferred	flock,	300	58
The above appears to be the state of the accounts of the Treasurer, as audited by us the subscribers, June 12, 1797.			
Ebenezer Hancock, Thomas Cufhing,	} 00	mmitt	ed.
	OF	Fict	De

OFFICERS

19

OFFICERS of the Humane Society, chosen Dec. 1796.

Hon. JONATHAN MASON, Efq; Prefident. JOHN WARREN, M. D. first Vice Prefident. Rev. SIMEON HOWARD, D.D. Second Vice Prefident. Rev. SAMUEL PARKER, D.D. Treasurer. Rev. JOHN CLARKE, D.D. Corresponding Secretary. JOHH AVERY, Efq; Recording Secretary.

Rev. John Lathrop, D.D. Rev. Peter Thacher, D.D. Doct. Thomas Welsh, Aaron Dexter, M.D. Nathaniel Balch, Efq; Jeremiah Allen, Efq;

Truftees.

Members deceased fince the last Publication of the Names.

Hon. Thomas Ruffell, Efq; Prefident, Mr. Ephraim May, John Deming, Efq; Mr. Jofeph Ruffell, Mr. Jonathan Freeman, Capt. Ifaac Smith, Malden, John Gore, Efq; Dr. Oliver Smith, Mr. Algernon Sidney Howard, Mr. Edward Wayne.

CATALOGUE of the MEMBERS of the HUMANE SOCIETY.

Names and Places of Abode.

A XCELLENCY John Adams, Efq;	Loammi Baldwin, Efg; Woburn.
EXCELLENCY John Adams, Efq; Prefident of the United States,	Mr. Luke Baldwin, Brookfield.
Mr. Thomas Adams,	Rev. Thomas Baldwin,
Jeremiah Allen, Efq;	Mr. John Ballard,
Mr. Thomas Amory,	Jof. Barrell, Efq; Charlestown, 3.33
Mr. Thomas C. Amory,	Dr. Joshua Barker, Hingham,
Mr. Jonathan Amory, tertius,	Rev. Joseph Barker, Middleborough,
John Andrews, Efq;	Rey. Thomas Barnard, D.D. Salem,
Mr. James Andrews,	Samuel Barrett, Efq;
	Mr. John Barrett,
	Dr. Jofiah Bartlet, Charlestown,
	Dr. John Bartlet, Roxbury,
	Mr. George Bartlet, Charlestown,
	Dr. Thomas Bartlet,
	Dr. Zaccheus Bartlett, Plymouth,
	Hon. William Baylies, Efq; Dighton,
	Maj. William Bell,
	Mr. Shubael Bell,

Rev.

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SUMMARY of the METHOD of TREATMENT to be used with Persons apparently dead from drowning; as approved by the Humane Society of this Commonwealth, and published by defire of the Trustees.

NONVEY the perfon to the nearest convenient house, with his head raifed :- Strip and dry him as quick as poffible ; clean the mouth and noftrils from froth and mud-if a child, let him be placed between two perfons naked, in a hot bed-If an adult, lay him on a hot blanket or bed, and, in cold weather, near a fire-in warm weather, the air fhould be freely admitted into the room. The body is next to be gently rubbed with warm woollen cloths fprinkled with pirits, if at hand, otherwife dry : A heated warming-pan may be now lightly moved over the back, properly covered with a blanket-and the body, if of a child, is to be gently shook every few minutes :---Whilft thefe means are using, one or two affistants are to be employed in blowing up tobacco fmoke into the fundament, with the inftrument provided for the purpofe, or a tobacco-pipe, if that cannot be hadthe bowl filled with tobacco, and properly lighted, being covered with a handkerchief, or piece of linen, fo as to defend the mouth of the affiftant in : blowing : Bathe the breaft with hot rum, and perfift in the use of these means for feveral hours. If no figns of life fhould then appear, let the body be kept warm feveral hours longer, with hot bricks, or veffels of hot water, applied to the palms of the hands, and foles of the feet, and this for a longer or fhorter time, as the circumstances of the cafe may dictate.

The too cuftomary method of rolling on a barrel, fufpending by the feet, , and every other violent mode of agitation, particularly in removing the body from the water, fhould be most carefully avoided.



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