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Contributors

Hassall, John, 1868-1948 Wilson, Andrew. J.S. Fry & Sons.

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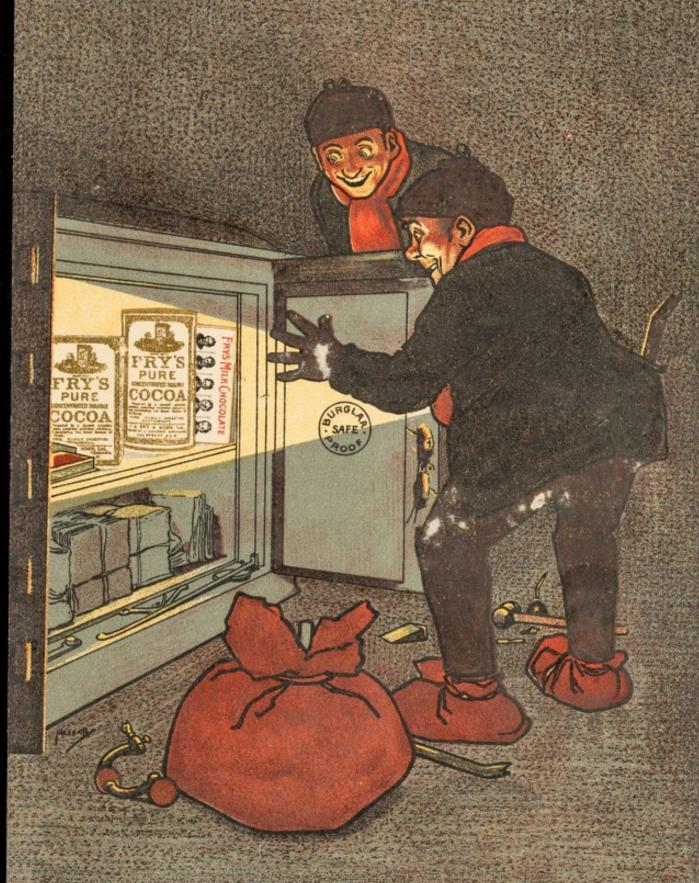
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GREAT SCOTT! WHAT A FIND.

A FEW FACTS ABOUT COCOA

(From a Lecture on "Food and Food Reforms,")

BY

Dr. ANDREW WILSON, F.R.S.E., &c.

(Combe Lecturer on Health, Lecturer to the Gilchrist Trust.)

A cocoa bean is a kind of vegetable egg, which contains all that is needed to build up a living body. * * * But see that you get a really good Cocoa. It is in itself an honest food. I should say use "Fry's Pure Concentrated Cocoa," which is the richest in flesh-forming and every-producing constituents, and is without an equal in respect of its Purity and for all-round Excellence. It is my Ideal of Perfection. There is No Better Food. It is a delightful beverage, and when we have regare the nut tious nature of Cocoa and to its cheapness, we may well call to a name which the word "theobromine" itself implies—"The food and sustenance of the Gods." Cocoa is, indeed, one of heaven's best gifts to man.

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