

Doan's lucky book / Foster-McClellan Co.

Contributors

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Doan's Backache Kidney Pill Co.

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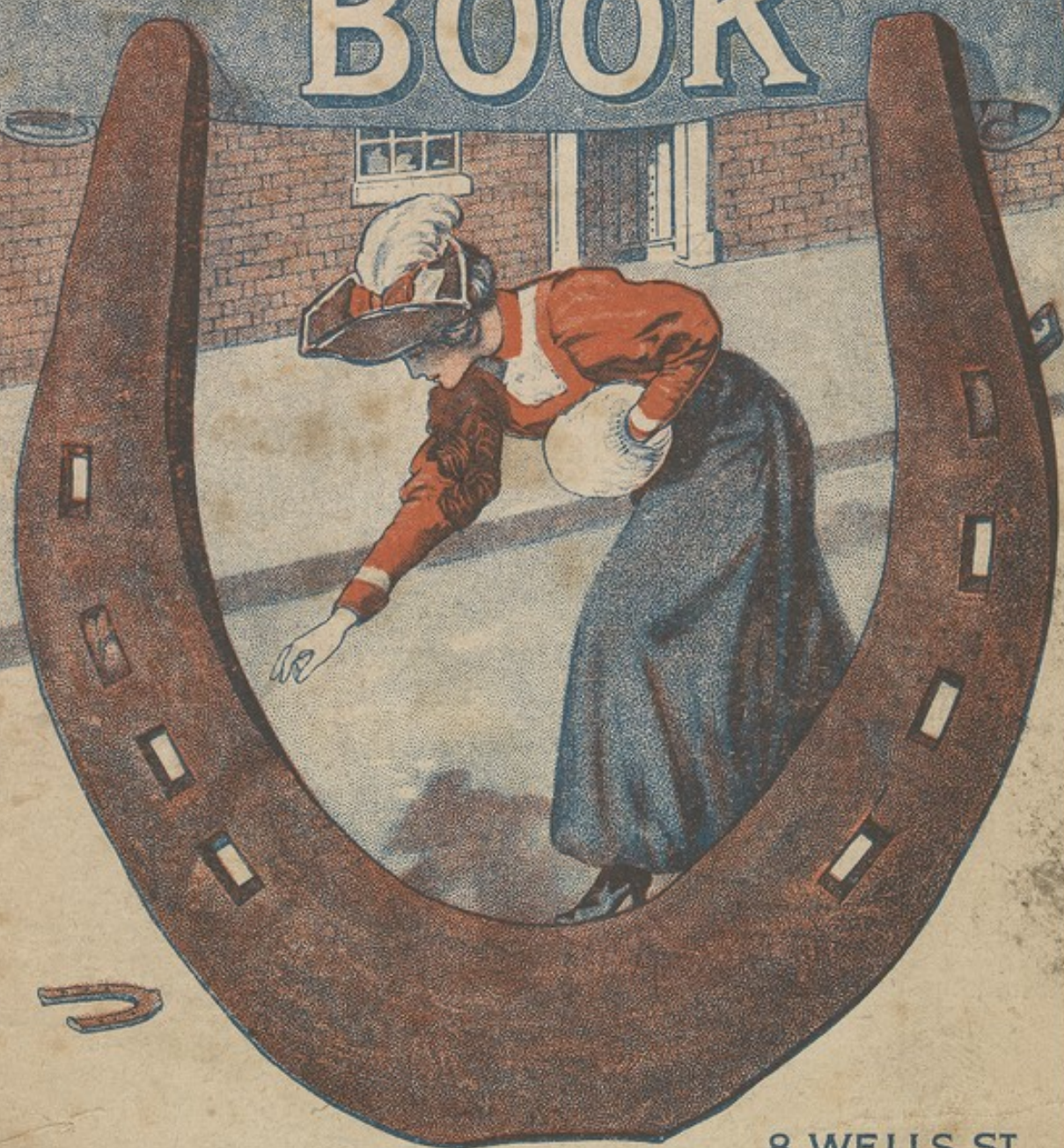
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KEEP THIS LUCKY BOOK

DOAN'S LUCKY BOOK



PUBLISHED BY
FOSTER-McCLELLAN CO.

8, WELLS ST.,
OXFORD ST.,
LONDON, W.

MY DEAR READER,

I sincerely hope that this little book will prove a Lucky Book to you.

Ever since the world began men and women have believed in luck, and there are a very great number of old sayings, proverbs and rhymes about good and bad luck. I have here gathered together a few of them, thinking that they may prove interesting to you. You will doubtless find among them many old friends which have been known to you perhaps ever since you were a child; on the other hand, a good many of them will probably be new to you. Some of these old sayings and proverbs have been used for centuries all over the world, and others, though equally old, have only been used in other countries, or sometimes even in certain parts of these countries. In making this little collection, I have chosen for you not only some of the best known sayings and proverbs, but some of the least known, so that there will be plenty of surprises for you. I have gathered them out of books of all ages, many of them written by very learned men who have devoted much time to studying the habits and customs of people in all countries and in all times. It will interest you to look through this book now and then, when you have a few minutes to spare, and to note for yourself how often or how seldom these curious old sayings come true.

If anyone you know is going to be married, or is about to start on a journey, why not look to see if a lucky day has been chosen? And who of us is not interested in the weather?

Then there is something else for you to think of when you are reading this little book. Perhaps you are so unlucky as not to have good health? Well, there is much in Doan's Lucky Book which will, I know, give you real help.

The best of Good Health and Good Luck to you.



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GOOD LUCK.

Of course, I will talk about good luck first, for good luck is a thing we all want to have, and what we all wish our friends to have. Here is a list of things which may happen any day to any one of us, and which, so the old sayings tell us, show that good luck is coming:—

Ants. Ants in the house mean money coming.

Bed. To put your right foot out of bed first is lucky.

Bees. If a bee flies into the room it foretells news from a distance.

Birds. A swallow falling down the chimney means that good luck will follow.

Birds' Nests. A martin or a swallow building under your roof will bring you good fortune.

Birth. If a baby is born open handed it will grow up generous.

Books. It is lucky to read this book.

Cats. Do not be nasty to a black cat when she comes into your house, she will bring you good luck.

Christmas Pudding. Help your friend to stir her's, and you will help yourself to good luck.

Clothes. It is lucky when getting up in the morning to put on some of your clothes inside out; but you mustn't put them right, but must keep them so until you go to bed again; to change them would bring bad luck. It is lucky to wear something new on Easter day or Whit Sunday. Luck comes if your clothes are gnawed by either rats or mice.

Clover. To find a four-leaf clover is lucky.

Crooked Sixpence. To find and keep one will prove good luck.

Ears. When your right ear tingles good luck is coming to you.

Flies. Do not be angry when a fly falls into your glass or cup; it means that you will have good luck.

Frog. It is good luck to meet a frog.

Going up Stairs. It is lucky to tumble.

Hens. The results will be good if you put an odd number of eggs under a sitting hen.

Horse-Shoe. It is lucky to pick up a horse-shoe on the road, and you should nail it up on your door, but the open part must be uppermost, to prevent the luck running out.

Lips Itching. If your lips itch you will kiss or be kissed.

Magpies. To see two means marriage or merriment; three, a good journey; four, unexpected good news.

Money. Always turn your money when you see a new moon.

Needle. If you prick your finger and draw blood when sewing a dress it is a sign that when you first wear it you will be kissed.



New Moon. To see it for the first time over your right shoulder means good, over your left bad fortune.

Sheep. If you meet sheep when going on a visit it shows you will be very welcome.

Shoes. It is lucky to have have an old shoe thrown after you when you are starting on a journey or going to a new job.

Spiders. If a spider falls upon your clothes it shows that money is coming to you.

Stockings. It is lucky if you put on your left stocking first.

Wish Bone. If you break off the largest portion when you are pulling it with a friend you will have your first wish granted.



BAD LUCK.

No one wants to have anything to do with bad luck, and so you will be wise if you do not take any of the following warnings too seriously to heart. Also it is pleasant to remember that there is a curious old custom which, it is said, will enable you to break the spell if anything unlucky should happen. Very likely you have heard of it, and it is very simple; all you have to do is to turn yourself or your chair round three times. I now give you some of the things that are said to happen if you are going to have bad luck:—

Baby. Never show your baby its reflection in a looking glass. To do so will bring it bad fortune.

Bed. It is unlucky to put your left foot first out of bed.

Bees. It shows that your luck is going if your bees desert their hive.

Books. It is unlucky to lose this book, but if you do I will send you another.

Breakages. If you break two things you will break three.

Cat. If a black cat meets you she will bring you ill luck.

Combing. To comb your hair after dark foretells a disappointment.

Crow. To see a single crow when you are looking out of a window shows that ill luck is coming.

Crowing. If a hen crows a man should expect a storm out of doors and in doors.

Dogs. It brings bad luck if a dog barks under your window at night time.

Ears. It is a sign of ill luck if your left ear tingles.

Eating. It is unlucky to drop your food from your fork on the way to your mouth.

Feathers. It is unlucky to have a peacock's feather in the house.

Fire. If the fire burns on one side it is a sign of a parting.

Fishing. If you count your fish you catch no more.

(Continued on p. 4.)

Kidney and Bladder Diseases.

How to Recognize and how to Cure them.

The kidneys are the most important organs in the body.

If you live to be seventy years old the blood in your body will have passed through your kidneys 12,264,000 times! Each time it passes through them it is filtered of the impurities, superfluous water and poisonous waste matters which have been gathered up by it during its passage through your body. It is the duty of the kidneys to filter the blood. These poisons are passed out through the bladder in the urine. These facts will show you at once what a tremendous strain is thrown upon these delicate organs, and how all important to your health it is that they should be kept strong, well, and able to carry out their work.

If the kidneys are weak or ill, and, therefore, incapable of doing their duty thoroughly, disastrous consequences must follow; the blood becomes impure, with results that are shown later on in this book.

Among the principal symptoms of

ness and persistent Ringing Noises in the Ears. These symptoms are often accompanied by Headache; Pains in the Limbs, darting or continuous; dull Ache in the region of the Bladder; Dizziness; Nervousness; Specks before the Eyes; Irregular Heart and Loss of Flesh.

Doan's Backache Kidney Pills cure diseases of the kidneys and bladder, because they are a kidney medicine, being compounded of roots and herbs which act directly and surely on the kidneys and on the bladder, strengthening them when weak and curing them when diseased.

To put one case quite simply and clearly:—Dropsy is caused by the accumulation of superfluous water in the blood, which would be filtered out of it and passed away through the bladder in the form of urine, if the kidneys were healthy. When the kidneys are weak or diseased they are unable to filter out this water.

Doan's Pills cure the kidneys, and thereby cure Dropsy. (See cases on pp. 3, 9, and 21). So it is in like manner with other kidney diseases.

The kidneys cannot get well of themselves; you must help them, and the longer you put off helping them, the more difficult it will be to get them, and yourself, well again. I know of no medicine which acts so efficiently and so beneficially upon the kidneys as Doan's Backache Kidney Pills. In this little book are printed the stories of many grateful patients; many, yet only a few out of the thousands who have told me what terrible sufferings they have endured from kidney and bladder disease, and how they have been permanently cured by Doan's Backache Kidney Pills; cured of Rheumatism (see pp. 6, 12, 17) Dropsy (see pp. 7, 9, 21), Stone and Gravel (see pp. 15, 16), Bladder Troubles (see pp. 5, 18), Backache (see p. 11), Inflammation of the Bladder (see pp. 8, 18), and many other serious troubles, which are all caused by diseased kidneys.

*"Every Picture
Tells a Story."*



kidney trouble are Weakness of the Bladder, Urinary Troubles, Watery Swellings beneath the eyes or round the ankles; Backache; constant Tired-

The Wonderful Case of Miss Jane Chalmers of Leven.

Thirty-Seven Weeks with Dropsy and Kidney Disease.

Morphia Injected to Relieve the Pain.

Cured by Doan's Backache Kidney Pills over Five Years ago, and Well Ever Since.

"Thirty-seven weeks I was ill with dropsy and kidney disease, and became so thin and weak and wasted that I was nothing but skin and bones."

This was one sentence in a letter received from Miss JANE CHALMERS, of Durie Broom, Leven, Fifeshire, in May, 1901.

which had to be placed 9 pillows to support me, so weak was I.

"About then my father decided to let me try Doan's Backache Kidney Pills, and he at once got me some. On the third day after that, we noticed a marked improvement in me, and soon the—"

IF YOU SUFFER

FROM

PILES, ECZEMA or ITCHING SKIN DISEASE,

Send a Penny Stamp with this Slip to

FOSTER-MCCLELLAN Co.,

8, Wells Street, Oxford Street, London W.,

and you will receive a Free Sample of

DOAN'S OINTMENT.



WRITE
HERE
PLAINLY,

NAME

ADDRESS

never had the least effect.

"Then they attempted to get the water out of my body.

"I was packed in steam blankets, which reduced my strength dreadfully; but it had no effect on the swellings. They injected morphia—to relieve the pain—and I was tapped.

"A great deal of water came away, but I would fill up again almost at once.

"At this time the doctor said I was suffering from acute kidney disease, and that there was no hope for me. Nothing would remain on my stomach, there was constant vomiting, and headache and my sight got dim.

"At length I got so bad that I had to be propped up in bed on a bed-rest, on

I am sure that Doan's Pills saved my life, and I have told many people so."

And again, in May, 1906—five years after her cure—Miss Chalmers told one of our representatives that she had never had a day's illness since her cure. "I have enjoyed splendid health right from the time Doan's Backache Kidney Pills cured me," declared Miss Chalmers, "I have never had the least trouble since. I often tell people that these pills saved my life."

The Lesson to be learnt from the above Case.

I THOUGHT it would help you to read this experience before you were told more about the warnings which are

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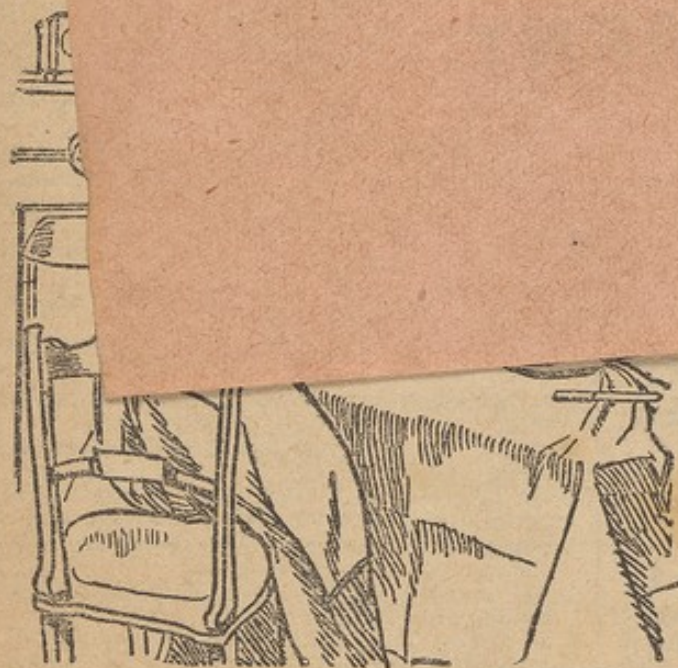
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This was one sentence in a letter received from Miss JANE CHALMERS, of Durie Broom, Leven, Fifeshire, in May, 1901. The whole facts of the case being so striking and interesting, we sent a representative from London to Leven to see Miss Chalmers.

"The trouble commenced with a swelling in the limbs, just above the knees; then it went down into the ankles and feet, and the whole limbs became so swollen that I couldn't walk," said Miss Chalmers. "At last I had to take to my bed, and then the swellings came up into my body, extending to my face, arms and fingers."

"We were all very alarmed, especially when the doctor said I was suffering from dropsy. He gave me bottle after bottle of medicine, but it never had the least effect."

"Then they attempted to get the water out of my body."

"I was packed in steam blankets, which reduced my strength dreadfully; but it had no effect on the swellings. They injected morphia—to relieve the pain—and I was tapped."

"A great deal of water came away, but I would fill up again almost at once."

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"At length I got so bad that I had to be propped up in bed on a bed-rest, on

which had to be placed 9 pillows to support me, so weak was I."

"About then my father decided to let me try Doan's Backache Kidney Pills, and he at once got me some. On the third day after that, we noticed a marked improvement in me, and soon the swell-

ings were not so bad. When I had taken five boxes of the pills the swellings had gone, as well as the headaches, and I began to enjoy my food."

"I still persevered with the pills, and it wasn't long before I was all right again. I could get about and help with the house work."

"It is impossible to tell you how truly thankful we all are for my splendid cure by Doan's Backache Kidney Pills."

Over four years later, in June, 1905, we received another letter from Miss Chalmers, in which she said:—"I am writing to tell you that I am still well."

I am sure that Doan's Pills saved my life, and I have told many people so."

And again, in May, 1906—five years after her cure—Miss Chalmers told one of our representatives that she had never had a day's illness since her cure. "I have enjoyed splendid health right from the time Doan's Backache Kidney Pills cured me," declared Miss Chalmers, "I have never had the least trouble since. I often tell people that these pills saved my life."

The Lesson to be learnt from the above Case.

I THOUGHT it would help you to read this experience before you were told more about the warnings which are



Miss CHALMERS.
(From a photo.)

Bad Luck—(Continued.)

Flowers. It is unlucky to wear a flower which you have picked up.

Garters. To lose your garter means that your lover will not be true to you.

Hare. It is bad luck to see a hare run across your path.

Illness. It will bring grave trouble to you if you neglect the symptoms of kidney disease. (See page 5).

Knives, etc. You will have bad luck if you lay your knife and fork crosswise, or your knives. To have given you a knife or a pair of scissors or any cutting implement brings you bad luck unless you give something, however small, in return for it; such a present severs friendship. To find a knife foretells a disappointment.

Ladder. It brings bad luck to walk under a ladder.

Letters. If you drop a letter after writing it, ill success will attend it; also if you make a mistake in any word in it.

Looking Glass. If you break a large looking glass you will have seven years bad luck; if a small one, five.

Magpies. It is unlucky to see one magpie; to see five means a parting soon.

May Blossom. Never bring May blossom into your house unless you want to bring in bad luck.

Moon. To look at a new moon through glass brings bad luck.

Owl. To hear the screech owl at night is unlucky.

Pictures. If a picture drops out of its frame it foretells bad luck.

Robins and Wrens

"He that hurts robin or wren,
Will never prosper, boy or man."

Salt. If you spill salt you will have bad luck if you do not throw some of it over your shoulder and head. Help to salt, help to sorrow.

Shoes. It is unlucky to put your right foot into your left shoe.

Singing. To sing before breakfast cry before supper; and to sing during a meal foretells a disappointment.

Spiders. If you do not wish for ill luck never kill a spider.

Stairs. It is unlucky to pass anyone on the stairs.

Swallows, Crickets and Ladybirds. It is unlucky to kill any of these.

Thirteen. Bad luck will follow if you sit thirteen at table.

Umbrella. Never open an umbrella in the house.

Washing. To wash your hands in the same water as another person means you will quarrel with him or her.

Weasel. Everybody knows that you cannot catch a weasel asleep, but there is an old saying that it brings you ill luck if you meet a weasel.

Unlucky Days in the Year.

See also *Birthday Luck.*

January 1, 2, 4, 5, 10, 15, 17, 29, very unlucky.

February 26, 27, 28, unlucky; 8, 10, 17, very unlucky.

March 16, 17, 20, very unlucky.

April 7, 8, 10, 20, unlucky; 16, 20, very unlucky.

May 3, 6, unlucky; 7, 15, 20, very unlucky.

June 10, 20, unlucky; 4, 8, very unlucky.

July 15, 21, very unlucky.

August 1, 29, 30, unlucky; 19, 20, very unlucky.

September 2, 4, 21, 23, unlucky; 6, 7, very unlucky.

(Continued on p. 6.)

given you if you are suffering from weakness or disease of the kidneys or bladder, and how dangerous it is to neglect these warnings.

It is the duty of the kidneys to drive out through the bladder, in the form of urine, the superfluous water and poisonous matters which they have filtered out from the blood. If the kidneys cannot perform their duty serious diseases follow. Why? Because if poisons remain in your body you will be poisoned.

You can easily tell when your kidneys are not doing their great work properly. The condition of the urine (or water) is a simple and sure indication of whether or not the kidneys are healthy. The urine should be quite clear and of a pale yellow colour, and the natural amount for a grown-up person to pass each day is about 2½ pints. This quantity should not be greatly exceeded, nor should it be greatly less. The urine should not, after being allowed to stand, become cloudy or stringy, nor should there be a thick, sandy, or white sediment. There are other signs of kidney disease, such as an ill-smell to the urine, a scalding, burning sensation in passing, difficulty in passing, and a dull aching near the bladder. These symptoms cannot escape your notice, and now that you realise what they mean, you will also realise the urgent necessity of taking Doan's Backache Kidney Pills at once, for if you will read the evidence of the men and women who give their testimony in this little book you will see that they are a splendid remedy in diseases of the kidneys and bladder.

How to Learn whether YOU have Kidney Disease.

PHYSICIANS used to think that only urinary disorders were to be traced to the kidneys, but it has now been proved that many other diseases have their beginning in these important organs. The symptoms vary greatly in individual cases, because kidney poisons attack the weakest part of the constitution, and the weak spot is not the same in all people. However, if you will read the following list of symptoms of kidney disease you will be able to tell for yourself if you have kidney trouble, and if you find that you have you should begin at once with Doan's Backache Kidney Pills, for the kidneys can never get well of them-

selves, and every day that kidney trouble is neglected it gains a firmer grip of the sufferer :—

Is there tenderness or pain in the back ?
Do you have pains in the loins and sides ?
Is it difficult to stoop, and hard to get upright again ?
Do your limbs drag and feel heavy ; do you find walking exhausting ?
Have you noticed urinary disorders ?
Is the urine thick, cloudy, stringy, or bad smelling ?
Is it scalding ? Irregular in passing ? Are you disturbed during the night ?
Is there a brick-dust sediment from the urine after it has been standing all night ?
Do you suffer from gravel or stone ?
Are the muscles and joints stiff and rheumatic ?
Do you ever feel irritable and depressed without apparent cause ?
Are your eyes or ankles puffy and bloated ?
Do your limbs swell ?
Do you get neuralgic or rheumatic headaches and dizzy spells ?
Is there any bladder inflammation, or irritation ?
Do you feel heavy and tired, especially on rising in the morning ?
Is the skin dry, burning or itching ?
Are there ringing noises in the ears ?
Does the heart beat irregularly, and sometimes violently ?
Do you have flushes of heat and cold ?

These symptoms, and many others, are caused by the uric acid and many other kidney poisons, which the kidneys, being diseased, are too weak to filter out. Doan's Backache Kidney Pills act directly on the kidneys, cleansing and toning them, so that they can keep up with their great work of filtering out the kidney poisons. Doan's Pills dissolve and flush out crystallised uric acid, the cause of rheumatism, sciatica, lumbago, gout, gravel, stone, etc.

This book contains the evidence of some of the many men and women who have suffered from Kidney and Bladder diseases, and have been cured by Doan's Backache Kidney Pills. To read about them will help you to understand your own trouble, to realise how necessary to your good health it is that your kidneys should be well, and to feel sure that Doan's Backache Kidney Pills will cure you.

To Test the Urine.

Fill a bottle or a glass with urine passed during the day, and let it stand several hours. If by that time it has become cloudy or stringy, or if there is a thick, sandy or white sediment, your kidneys are diseased, and you should at once begin with Doan's Backache Kidney Pills.

Other unmistakable symptoms of kidney or bladder disease are : Too much or too little urine, bad-smelling urine, scalding urine, urine that stains the linen, pain or difficulty in passing, and dull, aching pain in the region of the bladder.

Doan's Backache Kidney Pills should be used immediately any such serious signs appear. Doan's Pills strengthen and cure the kidneys, enabling them to do their work and to flush out with the urine through the bladder the kidney poisons.

A CRIMEAN VETERAN.

Brought low by Sciatica and
Kidney Disease.

Urine the Colour of Blood.

Cured in 1903 by Doan's Pills.
Still Well, 1906.

In October, 1903, Mr. ROBERT BODGER, Maides Down, near Wellington, Somerset, wrote to us as follows :—

" Dear Sirs,—I feel that it is my duty to write to you to tell you what great things Doan's Back-



Mr. ROBERT BODGER.

(From a photo.)

ache Kidney Pills have done for me, after I had suffered from kidney troubles and sciatica for over ten years. The doctors did me no good, nor did any of the medicines I tried. The cause of my sufferings was no doubt the hardships, privations and exposure which I underwent when serving in Her late Majesty's Army during the Crimean War ; often I was wet through and have slept in the snow up to my neck. Lately the pain had been getting worse and I grew so irritable that I could not bear anyone to speak to me. This summer I often got up at daybreak because I could not endure being in bed ; when I sat down I could scarcely get up, and when I did it was some time before I could straighten myself. I could not retain the kidney secretions, which were sometimes the colour of blood, sometimes thick and cloudy and the smell was most offensive. I always felt tired and could not attend properly to my work.

" One day my wife persuaded me to try Doan's Backache Kidney Pills, having read of the wonderful cures by them. I began with them, and result was I felt a different man, they acted like magic and are worth their weight in gold. I continued

Unlucky Days—(Continued).

October 4, 16, 24, unlucky; 6, very unlucky.
November 5, 6, 29, 30, unlucky; 15, 20, very unlucky.
December 15, 22, unlucky; 6, 7, 9, very unlucky.
Friday is an unlucky day.
The 13th day of any month is unlucky.
Innocents' Day, December 26th, is also unlucky.
Ascension day is unlucky for work.

Marriage Bells.

See also Birthday Luck.

The sound of marriage bells is always cheery, but according to ancient superstition there are certain days on which it is lucky to marry. Here is a list of them: January 11, 19, 21; February 1, 8, 19, 21; March 3, 5, 12, 23; April 2, 4, 12, 22; May 2, 4, 12, 23; June 1, 3, 11, 19, 21; July 1, 3, 19, 31; August 2, 11, 18; September 1, 16, 18, 19, 28; October 1, 8, 15, 17, 27, 29; November 11, 13, 22, 25; December 1, 8, 10, 19, 23, 29.

But we are also told that January and May are usually unlucky, whereas on the other hand June is a propitious month. The 13th day of any month should be avoided, so they say, also Friday and Innocents' day.

Here is a little rhyme:—

"Marry in Lent,
You'll live to repent."

When the sun shines upon the bride it is a sign that she will have good luck, and when the domestic cat sneezes on the wedding day it will bring good luck. It is good luck to see on the way to the church a spider or a toad. The bride herself can give good luck to others, for if she throws her shoe among the guests, the one who picks it up will be lucky in marriage. To lose a wedding ring brings ill luck. The bride, so we are told, can make sure of good fortune if she wears:—

"Something old and something new,
Something borrowed and something blue."

And here is an old hint for girls who are unmarried; if they sleep with a piece of bride cake under their pillows they will dream of their future husband, which will, of course, save them a lot of trouble in making their choice.

To go under a ladder means that you will be married within the year. (Another meaning is given on page 4).

Here are some hints as to what will turn out to be the character of wives wedded in different months:—

January, careful and good humoured.
February, affectionate and kind.
March, given to gossip and squabbling.
April, fond of flirting.
May, good-tempered and jolly.
June, rash and inclined to prodigality.
July, hasty.
August, a good housekeeper.
September, careful in speech, and popular.
October, a flirt and inclined to be jealous.
November, generous and inclined to be rash.
December, extravagant and fond of change.

Birthday Luck.

Unlucky day for Boys to be born:—

January 3, 4.
February 6, 7, 12, 13, 19, 20.
March 5, 6, 12, 13.
May 12, 13, 20, 21, 23, 27.
June 1, 2, 9, 16, 17, 23, 24.
July 3, 4, 10, 11, 16, 17, 18.
October 4, 9, 10, 11, 17, 31.

November 1, 3.

The amount of bad luck will vary, and can be overcome by pluck and endurance. Men born on
(Continued on p. 8.)

with them, and now my back is ever so much better, the kidney secretions clear and the smell gone—in fact all the urinary troubles have cleared up.

(Signed) ROBERT BODGER.

That was in 1903; in 1904—nearly a year afterwards—Mr. Bodger again expressed his gratitude to one of our representatives, adding several details to the account of his cure; how sometimes the pain in his back was so terrible that he would fall on his hands and knees; how sometimes the pain was so unbearable that he could not refrain from crying out; and how he had lost all strength. But he had been perfectly cured by Doan's Backache Kidney Pills when the doctor had failed.

Then on February 6th, 1906, after two years of good health, Mr. Bodger wrote to us:—

"I am well. If I take cold I sometimes have a slight pain in my back, but a couple of the pills put me all right again."

And yet again, on May 7th, 1908, Mr. Bodger wrote, saying that he had been for a five mile walk "without the aid of a stick. Before I took Doan's Backache Kidney Pills I had to use a very thick, strong stick to support me."

(See also pp. 10, 16, 18).

FRIGHTFUL PAIN NIGHT AND DAY.

Racked with Rheumatism.
Secretions Full of Sand.
Given up as Hopeless.

But Cured by Doan's Backache Kidney Pills.

MISS CLARA CROWE, 19, Skinner Street, Redditch, says:—"It is about four years ago that I first began to suffer from kidney trouble. Backache was the first symptom, very severe pain across the kidneys. Sometimes I could scarcely hold up with it, and it grew worse and worse. Then came urinary troubles, the secretions being full of sand. Things came to be so bad that at last I could not walk, having to get about by resting my hands on the furniture or the walls, but most of the time I was unable to do even that, and had to keep to my bed."

"Dropsy started twelve months ago. I first noticed my wrist swelling, and then I began to swell all over, also suffering very badly with rheumatism. The pain was frightful, night and day. I thought I should go mad, it seemed past bearing. When I leaned forward I would feel as if I were falling, and there also used to be a dreadful pain under the heart, just as if I were being stabbed."

"The doctor did me good for a bit, but again I became just as bad. Then I began to take Doan's Backache Kidney Pills, about which I had read, and they did me good from the first. The giddiness began to go away, the urinary troubles vanished, and the swelling was reduced. A month's treatment cured me thoroughly. That was seven months ago, and my trouble has never returned. I'm as well as any woman could wish to be.—(Signed) CLARA CROWE."

Miss Elizabeth Crowe, her sister, said to our representative: "We thought she would never recover. She grew worse and worse, until she was laid up, as we thought, for the last time. She was frightfully swollen, in terrible pain, and in a thoroughly hopeless condition. It is marvellous how Doan's Backache Kidney Pills cured her."

Dropsy after Childbirth.

Legs and Side Swollen with Water. Indescribable Pain.

Mrs. E. FINCH, 20, Arundel Road, West Croydon, London, says: "I thought you would like to know how wonderfully Doan's Backache Kidney Pills have acted in my case; they have cured me, when everybody believed I was dying."



Mrs. FINCH.

(From a photo.)

"So helpless was I that my husband had to carry me up and down stairs; and once, when my father came to see me, I was so changed through illness that he said he would not have known me had he not been sure he had come to the right house."

"I cannot describe the pain I was in, and after the dropsy left me I was just like a skeleton, although I had been a dreadful size before, the water collecting in both my legs and all up my left side."

"Reading of a case similar to mine—a case of neglected confinement—that had been cured by Doan's Backache Kidney Pills, I determined to try them. I did so, and took the pills strictly according to directions. In three weeks I could feel the benefit of the medicine, and soon after that I was able to get out a little in a Bath chair, and by and by I could walk a few yards. I persevered with Doan's Pills, and gradually the dropsy left me."

"That was nearly a year ago, and I have been well since. I am happy to say I can manage my work, and this is all the more wonderful, for I should be thankful just to be alive after all I have gone through."

"I have nothing but praise for Doan's Pills, and tell everybody how splendid they are."

(Signed) E. FINCH.

In May, 1906—nearly 18 months after his cure—Mrs. Finch wrote: "I am pleased to say I am still in the best of health, and have never had a return of the illness since I used Doan's Pills."

(See also pp. 9 and 13.)

On page 5 you will find directions as to how to test the urine so as to know whether it is in a proper condition or not. I cannot too strongly urge upon you to take Doan's Backache Kidney Pills *at once* if you notice that the urinary secretions are in any way irregular.

Urinary Troubles.

Pain in Passing the Secretions;
Scalding; Frequency and Infrequency;
Quantity; Stoppage, etc., etc.

URINARY and bladder troubles of all sorts arise from diseased kidneys; or, to put it the other way round, if you find that there is anything wrong with the bladder or the urine you may be sure that your kidneys are out of order, and equally sure that the only way to put matters right is to put the kidneys right. You should carefully watch the action of the bladder and the condition of the urine. Is the urine thick, cloudy, or bad coloured? Is it scalding? Is it painful in passing? Is there any irritability or pain in the bladder? Is the urine too scanty or too copious? Is the necessity to pass water too frequent or too infrequent? Is there stoppage? If you have to answer "Yes" to any of these questions, you should at once commence to take Doan's Backache Kidney Pills, for you are suffering from kidney disease, and this medicine will put you right. Above all things, be careful not to neglect these symptoms; they are signs of trouble which will become serious and dangerous if neglected. It is half the battle to start at once to cure yourself; delay may prove disastrous. Doan's Backache Kidney Pills act effectively and directly upon the kidneys and the bladder, strengthening them when weak, and curing them when diseased. Another point to remember is that diseased kidneys cannot get well by themselves; they must have help, and speedy help, and the right help. If neglected they will only grow worse and worse, and the longer kidney disease is neglected the more difficult it is to cure. (See cases on pp. 8 18, 19, etc.)

Birthday Luck—(Continued).

these days should carefully avoid speculative business of any kind, and should look keenly into any bargains they try to make.

Unlucky days for Girls to be born :—

January 5, 6, 13, 14, 20, 21.
February 2, 3, 9, 10, 16, 17, 22, 23.
March 1, 2, 8, 9, 16, 17, 28, 29.
April 24, 25.
May 1, 2, 9, 17, 22, 29, 30.
June 5, 6, 12, 13, 18, 19.
July 3, 4.
September 9, 16.
October 20, 27.
November 9, 10, 21, 29, 30.
December 6, 14, 21.

Girls born on any of these dates should be very cautious in their love affairs, and should be guided by their heads rather than by their hearts.

Those who are born on any of the following days may expect happy courtships and fortunate marriages :—

January 1, 2, 15, 26, 27, 28.
February 11, 21, 25.
March 10, 24.
April 6, 15, 16, 20, 28.
May 3, 18, 31.
June 10, 11, 15, 22, 25.
July 9, 14, 15, 28.
August 6, 7, 10, 11, 16, 20, 25.
September 4, 8, 9, 17, 18, 23.
October 3, 7, 16, 21, 22.
November 5, 14, 20.
December 14, 15, 19, 20, 22, 23, 25.

In addition to lucky days upon which to be born there are said to be lucky hours, and that those born within them will meet with good fortune in courtship and love :—

- January 2nd.—From 30 minutes past 10 till 15 minutes past 11 in the morning; and from 15 minutes before 9 till 15 minutes before 11 at night.
- 2nd.—From 30 minutes past 10 till 15 minutes past 11 in the morning; and from 15 minutes before 9 till 15 minutes past 11 at night.
- 12th and 13th.—From 15 minutes past 9 till 10 in the morning; and from 15 minutes before 8 till 30 minutes past 10 at night.
- 15th.—From 30 minutes past 9 till 15 minutes past 10 in the morning; and from 30 minutes past 7 till 15 minutes past 11 at night.
- 18th.—From 9 till 15 minutes before 10 in the morning; and from 15 minutes past 7 till 10 at night.
- 26th.—From 30 minutes past 8 till 15 minutes past 9 in the morning; and from 7 till 15 minutes past 10 at night.
- 27th.—From 9 till 15 minutes before 10 in the morning; and from 7 till 15 minutes before 10 at night.
- February 1st.—From 8 till 30 minutes past 8 in the morning; and from 6 till 30 minutes past 8 in the evening.
- 11th and 12th.—From 30 minutes past 7 till 8 in the morning; and from 15 minutes before 6 till 15 minutes after 6 at night. From 15 minutes past 8 till 30 minutes past 8 in the morning; and from 30 minutes past 6 till 45 minutes past 8 in the evening.
- 17th.—From 7 till 15 minutes before 8 in the morning; and from 15 minutes past 5 till 8 in the evening.
- 21st.—From 7 till 15 minutes before 8 in the morning; and from 15 minutes past 5 till 15 minutes before 8 at night.
- 25th and 26th.—From 15 minutes before 7 till 30 minutes past 7 in the morning; and from 15 minutes before 5 till 30 minutes past 7 in the evening.

(Continued on p. 10).

Inflammation of the Bladder.

Passed Water 3 times an hour.

The after-effect of Influenza.

On June 26th, 1902, *four years ago*, Mr. CHARLES JORDAN, 17, St. Charles Square, Notting Hill, London, W., wrote :— "Gentlemen,—Some three years ago after influenza I was attacked by inflammation of the bladder, and



Mr. JORDAN.

(From a photo.)

was laid up for several months in hospital. This illness left behind it much weakness and irritability of the bladder, with a constant desire to urinate. The water that I passed with much difficulty and scalding, was very thick, looking as if some coloured powder had been mixed with it; there

was always a thick sediment in the morning and the smell was most objectionable. I used to dread going to bed, having to rise several times during the night. The bladder was too weak to retain the secretions while I was lying down, and sometimes I had to pass water as often as three times an hour.

"I obtained no relief until I began with Doan's Backache Kidney Pills. After I had taken five boxes there was a marvellous change; the constant desire to urinate had positively gone, the water was clear and bright, and there was no scalding or any pain in passing. I was free from that wretched despondency which used to haunt me day and night.

"For the sake of others I feel it my duty to write these particulars, for there must be thousands who will be glad to know of your wonderful medicine.

Gratefully yours,

(Signed) CHAS. JORDAN."

Then, nearly *four years later*, in January, 1906, Mr. Jordan said :—"I can confirm all I have said in my letter of June, 1902, and am glad to say I am still well. I would strongly advise all kidney and bladder sufferers to give Doan's Backache Kidney Pills a fair trial."

The Story of a Mother.

Her Life in Danger and the Lives of Her First Two Children Lost.

Doan's Backache Kidney Pills Save Her Life and those of Three Children Since.

Mrs. LILLIAN LEWIS lives at 22, Wood Street, Penarth, Cardiff, and the story of her terrible experiences will bring a message of hope to many a hopeless woman and despairing mother. Some months before the

birth of her first baby symptoms of dropsy appeared—the feet and lower limbs swelled and the lower part of the body was in time affected. Then the water began to trouble her chest, pressing on the heart and causing dangerous symptoms of suffocation. Of course medical aid had been called in, but no relief had been obtained. Then a child was born; it did not live, and the mother's life was with difficulty saved. The dropsy disappeared and fair health was regained. But Mrs. Lewis's trials were not over, and her second experience was even more terrible than the first. The same symptoms attacked her again, only at an earlier stage and in a more aggravated degree. The dropsy developed more rapidly, the swellings were

worse. The doctor used his skill but in vain. The disease made disastrous headway, the mother's life was again in grave danger. A specialist was called in, but both he and the regular medical attendant declared the case to be hopeless, expecting death to result from suffocation. Again a child was born, and died; again the mother's life was saved—the mother's life at the cost of her child's. Mrs. Lewis rallied, but terrible prostration naturally resulted from the dreadful experience she had gone through. She had all but lost her own life, and had lost her two little ones, and there seemed to be no hope that she could ever rear a child.

To-day she is the Happy Mother of Three Healthy Children.

What was the cause of this splendid change?

Failing to obtain any help from the doctor's treatment of her case, which indeed he considered hopeless, Mrs. Lewis determined to try if Doan's Backache Kidney Pills would help

her. From the very first the medicine began to do her good, enabling the kidneys to drain off the superfluous water from her system. As the weeks went by, the dropsy entirely disappeared, her general health improved, her appetite, previously bad, became splendid. The time for the birth of another child drew near, but still—to the doctor's and her own amazement—she remained in splendid health, never a sign of dropsy at all! The child was born in May, 1901, healthy and strong—and the whole credit was due to Doan's Backache Kidney Pills. Mrs. Lewis herself said:—

"I give the entire credit to Doan's Backache Kidney Pills, for during this third confinement I took them only. My husband and myself feel that they have not

only saved my own life, but have given us the life of our child."

Since then Mrs. Lewis's life has been that of a healthy, happy mother. What a splendid change from the old misery. Two more children have been born. "I've never had the least sign of the dropsy," said Mrs. Lewis in August, 1904. In May, 1906, "I have had another baby born ten weeks ago. Two months before his birth I found the dropsy coming on again, but at once I commenced to take Doan's Backache Kidney Pills, and in a short time it disappeared. Baby was born, healthy and strong, such a fat little chap, I can assure you, and I am as well as ever myself."

Such a story as this calls for no comment; it speaks for itself—speaks convincingly.

(See also pp. 7 and 13.)



Mrs. LEWIS and her Children.

(From a photo.)

Birthday Luck—(Continued.)

- March 1st.—From 30 minutes past 6 till 15 minutes past 7 in the morning; and from 30 minutes past 4 till 15 minutes past 7 in the evening.
- 10th.—From 5 till 15 minutes before 6 in the morning; and from 4 in the afternoon till 15 minutes before 7 in the evening.
- 16th and 17th.—From 30 minutes past 5 till 15 minutes past 6 in the morning; and from 15 minutes before 4 till 30 minutes past 6 in the evening.
- 19th, 20th, 21st, 22nd, 23rd, 24th, and 25th.—From 30 minutes past 5 till 30 minutes past 6 in the morning; and from 30 minutes past 3 till 15 minutes past 6 in the evening.
- 26th, 27th, 28th, 29th, and 30th.—From 15 minutes past 5 till 15 minutes before 6 in the morning; and from 15 minutes past 3 till 6 in the evening.
- April 3rd, 4th, 5th, 7th, 8th, and 9th.—From 30 minutes past 4 till 30 minutes past 5 in the morning; and from 30 minutes past 2 till 5 in the afternoon.
- 6th.—From 15 minutes past 4 till 5 in the morning; and from 30 minutes past 2 till 15 minutes past 5 in the afternoon.
- 10th, 11th, 12th, 13th, and 14th.—From 15 minutes before 4 till 15 minutes before 5 in the morning; and from 2 till 30 minutes past 4 in the afternoon.
- 19th, 21st, 22nd, and 23rd.—From 15 minutes before 2 till 30 minutes past 4 in the afternoon.
- 20th.—From 30 minutes past 3 till 15 minutes past 4 in the morning; and from 30 minutes past 1 till 15 minutes past 4 in the afternoon.
- 25th, 26th, 27th and 28th.—From 3 till 4 in the morning; and from 15 minutes past 1 till 15 minutes before 4 in the afternoon.
- May 3rd.—From 15 minutes before 3 till 30 minutes past 3 in the morning; and from 15 minutes before 1 till 30 minutes past 3 in the afternoon.
- 4th, 5th, 6th, 7th, and 8th.—From 15 minutes past 2 till 15 minutes past 3 in the morning; and from 30 minutes past 12 at noon till 15 minutes past 3 in the afternoon.
- 9th, 10th, 11th, and 12th.—From 2 till 3 in the morning; and from 15 minutes past 12 at noon till 3 in the afternoon.
- 13th.—From 2 till 15 minutes before 3 in the morning; and from 12 at noon till 15 minutes before 3 in the afternoon.
- 16th, 17th, 19th, 20th, 21st, and 22nd.—From 15 minutes before 2 till 15 minutes before 3 in the morning; and from 12 at noon till 15 minutes before 3 in the afternoon.
- 18th.—From 15 minutes before 1 till 30 minutes past 2 in the morning; and from 15 minutes before 12 at noon till 30 minutes past 2 in the afternoon.
- 23rd, 24th, 25th, 26th, and 27th.—From 15 minutes past 1 till 15 minutes past 2 in the morning; and from 30 minutes past 11 in the forenoon till 15 minutes past 2 in the afternoon.
- 31st.—From 15 minutes before 1 till 30 minutes past 1 in the morning; and from 15 minutes past 10 in the morning till 15 minutes before 1 in the afternoon.
- June 1st, 2nd, 3rd, 4th, 5th, and 6th.—From 15 minutes past 10 in the morning till 1 in the afternoon; and from 15 minutes past 12 at night till 15 minutes past 1 the next morning.
- 10th.—From 15 minutes past 10 till 1 in the afternoon; and from 12 at night till 1 in the morning.
- 11th.—From 15 minutes past 10 in the morning till 15 minutes before 1 in the afternoon; and from 12 at night till 1 the next morning.

(Continued on p. 14).

Woman's Daily Round of Toil.

(See also DROPSY, p. 20.)

THE average woman gets through more work in the course of her daily life than does the average man, and it is more trying work, for it is part and parcel of her home, whereas to a man home is a place for rest and refreshment. And often, in fact far too often, she puts down her troubles, her headache, her backache, her tiredness, her broken sleep, to the burden which Nature has laid upon her sex. She thinks it is little use to fight against her illness, looking upon it as inevitable, incurable, as part of a woman's natural life, and, therefore, to be "put up with." During the usual monthly periods, pregnancy, and change of life many women suffer needless pain. This is all wrong. As a matter of fact, many, if not most, of the common ailments of every woman, may be traced to sluggish if not diseased kidneys. It is the all-important duty of these organs to keep the blood pure. If they are not working well, first come warnings, such as headache, tiredness, backache, pains in the limbs, stiffness, sleeplessness, dizziness, loss of appetite, and "bearing down" pains. If the warnings are neglected, then comes disease—rheumatism, lumbago, heart trouble, urinary disorders, gravel, dropsy. There is a simple, safe means of relief—Doan's Backache Kidney Pills, which act directly—and only—upon the kidneys, rousing them to activity, and curing them if they are diseased. Many a woman lives a life of misery and distress, who could be happy and healthy.

Here is a case in point, where Doan's Backache Kidney Pills were taken with wonderful results:—

Torturing Kidney and Bladder Diseases.

Began with Pains in the Back & Loins, Now Free from Suffering and Misery.

On 19th February, 1906, Mrs. E. YARNOLD, 13, Jeune Street, St. Clements, Oxford, wrote: "Had I taken Doan's Backache Kidney Pills sooner, as my mother advised me to do, it would have saved me from many months of suffering. I do not know how to thank you for your kindness and for the relief which your medicine has given me; it is not too much to say it has worked a marvel and has saved my life.

"For many months I suffered terribly

with sharp, stabbing pains in my back and loins, which at first came on now and again, but gradually became more frequent until I was obliged to go to see the doctor, who, I regret to say, was not able to do me any good at all.



Mrs. YARNOLD.

(From a photo.)

I used to get faint, languid and tired ; I suffered from sleeplessness, my heart would flutter, and often I became so dizzy that I could scarcely stand upright. I also suffered from rheumatism.

"But worst of all, perhaps, was that the kidney secretions were full of a red, brickdust-like sediment, and I found it very difficult to retain them. I suffered agonising pain in the region of the bladder, which was almost unbearable.

"Mother had heard of Doan's Backache Kidney Pills doing good and being a cure for kidney and bladder trouble, and she persuaded me to try them. From the first box I seemed to get relief, and, instead of thinking I would never be well again, I soon felt certain that at last I had found a way out of my suffering and misery.

"At once I made up my mind to give your medicine a thorough trial, and took them regularly without missing a dose, with the result that now I am delighted to be able to tell you that Doan's Backache Kidney Pills have completely cured me ; that all the distressing symptoms of kidney trouble from which I suffered have now gone, and I would like others

to know what your medicine has done for me. (Signed) E. YARNOLD."

On 8th May, 1906, Mrs. Yarnold said : "Three months ago I wrote and told you I was cured by taking a course of Doan's Backache Kidney Pills, and I am sure you will be glad to know that I am still well and have not had the least sign of the old trouble. There is no doubt my cure is both complete and lasting."

(See also pp. 8 and 22).

Uric Acid Poisoning.

RHEUMATISM is often the result of years of neglect of the kidneys. An occasional twinge of pain is felt and little notice taken. But in course of time these twinges grow more frequent and more acute, and at last you feel that you are "full of rheumatism." No phrase could be more expressive of the truth ; your blood is full of uric acid, which is deposited in the joints and the muscles, and which will eventually cause you the most extreme agony, and will cripple your joints and make your muscles stiff and useless. As the disease is often the growth of months, even of years, so an immediate cure cannot reasonably be expected in every case. Perseverance with Doan's Backache Kidney Pills will cure you ; you will gradually grow better and better, stronger, fresher, far less liable to attacks of pain, until you are completely cured, the pills having strengthened the kidneys so that they are able to expel the uric acid from the system. Usually from the early use of the medicine great relief will be felt, and in the most obstinate and painful cases a sure and lasting cure will be obtained. Doan's Backache Kidney Pills are a kidney medicine only, and act directly on the kidneys. They are absolutely harmless ; they are a safe, sound, kidney specific ; they cure the kidneys. Therefore, they cure rheumatism, which is a result of kidney disease.

Helpless and Hopeless.

**Terrible Suffering from Rheumatism.
Carried Upstairs Every Night.
Life despaired of by her Friends.**

Mrs. SARAH MORGAN, 102, High Street, Derby, related to our representative the extremely interesting story of her illness and cure by Doan's Backache Kidney Pills. She said:—"It was in the winter of



Mrs. S. MORGAN.

(From a photo.)

1899 that I first began to suffer with kidney complaint and rheumatism. The first symptoms were pains in my back and shoulders which gradually grew worse and worse. I was greatly troubled by being unable to retain the kidney secretions. For three months the doctor treated me, but I got no better, the pains in my back and shoulders became unbearable, my sufferings with rheumatism were terrible. I couldn't dress myself, a neighbour came in to help me do so, and my husband had to carry me upstairs to bed every night. My sleep was broken, and I was tired, depressed and useless in the mornings.

"The urine by this time was thick and stringy, bad coloured, with sediment, and it smelt horribly.

"I called in another doctor, and he told me, as the other had done, that I was suffering from kidney trouble and rheumatism, but his treatment also failed to do me any good. In fact, I grew worse; I came to be a poor, depressed creature with no hope of ever getting better. Then, in the winter of 1900, a nurse I know strongly recommended me to try Doan's Backache Kidney Pills, and I cannot tell you how

glad and thankful I am I took her advice. The very first box did me some good, so I kept on with them, and when I had taken three boxes I was another woman. I steadily improved, gathering strength every day, and in time I was completely cured.

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"The urine by this time was thick and stringy, bad coloured, with sediment, and it smelt horribly.

"My cure has proved lasting, I have enjoyed good health ever since, 1906. and have no hesitation whatever in saying that Doan's Backache Kidney Pills saved my life.—(Signed)

SARAH MORGAN."

Mrs. Pegg, the kindly neighbour who helped Mrs. Morgan, added:—"What Mrs. Morgan has told you is quite true. We all thought she would never get well. It gave me a sore heart to see her so."

Seven Years' cure of Rheumatism.

In June, 1899, Mr. WILLIAM PEPLER, proprietor of the well-known Bedford House Emporium, Haversham Street, Stapleton Road, Bristol, wrote:—"Dear Sirs,—I value Doan's Backache Kidney Pills as gold. I used to be troubled with aching pains above the kidneys and from rheumatism in my shoulders, and your pills have brought me relief. In less than a week they did me great good. Before then I used to have many a sleepless night, turning and tossing in bed trying to lie easy. I am now quite free from the troubles.

—Yours faithfully (Signed) WILLIAM PEPLER."

Since then Mr. Pepler has written to us several times, saying that his cure had proved permanent, and in April, 1906, nearly seven years after his cure, he wrote, saying: "I now feel as strong and well as ever I did when a young man, or at any time of my life. My advice to everybody who suffers from rheumatism is—try Doan's Backache Kidney Pills."

(See also pp. 6 and 17).



Mr. PEPLER.

(From a photo.)

Do You Suffer from Constipation?

You cannot possibly be well if your bowels are clogged and holding back the poisonous waste in your body. The longer you neglect bowel trouble the more difficult to cure it becomes. Doan's Dinner Pills soften the mass of waste and restore to the bowels a gentle and natural action. In this way Doan's Dinner Pills cure the cause of constipation, indigestion, biliousness, dyspepsia, wind, headache, and similar disorders. Doan's Dinner Pills are 1/1½ a box; six boxes 6/-. They are not the same medicine as Doan's Backache Kidney Pills. (See pages 28 and 29.)

Dropsy following Rheumatic Fever.

Swollen to Twice her Natural Size.

Cured 1900—Still Well 1906.

So long ago as May, 1900, Mrs. ELIZA PITCHER, 8, Short Street, Kirkley, Lowestoft, gave a representative an account of her sufferings, and of her relief by Doan's Backache Kidney Pills:—"I have suffered this last few years," she said, "from dropsy, the water accumulating in my body, feet and hands. There was intense pain in my back, over the kidneys, and I could not stand up for long.



Mrs. PITCHER.

(From a photo.)

Rheumatic fever brought on my trouble. I was an out-patient at the hospital, where I attended for some six weeks, getting some benefit. But I soon became as bad as ever again. I determined to try Doan's Backache Kidney Pills, and after a short course of them I felt quite a different woman. The water came away in great quantities. My health improved generally, I was

stronger, and could walk further without fatigue. I cannot speak too highly of the merits of Doan's pills.—(Signed) ELIZA PITCHER."

In November, 1904, Mrs. Pitcher spoke further concerning her case, to a representative: "I have been ever so much better since my cure by Doan's Backache Kidney Pills," she said, "and never in my life have I come across so splendid a medicine:

"Some years ago I had rheumatic fever, and it left my kidneys weak. I noticed that my body was beginning to swell, especially the feet and legs, beneath the eyes, and in the hands. At last my body swelled terribly, and I was positively twice the size I am now. I was so bad that I couldn't stand upright, and I thought I was dying; so did everybody else. I was in bed once for 25 weeks straight off, unable to move hand or foot, and many a time I have had to keep to my bed for months. There were bad pains around the heart, and I had rheumatism. My feet were so swollen that I couldn't get my boots on, and my hands used to be twice the size they are now. Three doctors took up my case, but they did me very little good—it was Doan's Pills did me good, as I told one doctor myself."

And six years after her cure, in May, 1906, Mrs. Pitcher wrote to say:—"I am glad to tell you I am still keeping in good health." A splendid and permanent cure.

(See also pp. 6, 7, 9 and 12.)

Terrible Illness after Confinement.

Urinary Secretions Like Brickdust.

Limbs Swollen to a Great Size.
Cured by Doan's Backache Kidney Pills Three Years Ago.
Well Ever Since.

Here is the account by Mrs. E. M. JACKSON, 13, Sykes Street, Cleckheaton, of her frightful sufferings and her permanent cure by Doan's Backache Kidney Pills, which she gave in August, 1905:—"When I first tried to walk after my confinement I could not hold up straight, and when my mother asked if my back were bad, I said 'Yes, the pain in it is very bad.' The doctor told me I would have to be very careful or I would be crippled for life; he believed it to be womb trouble. I kept my bed for eight weeks, and my husband thought I would not be long for this world. For months and months I was good for nothing; so weak that I could not hold myself straight, and lying down more than half the time. I suffered so alarmingly from palpitation that I was afraid to go up stairs, and had to be helped to do it. My limbs ached cruelly, and swelled up to a great size, the skin being shiny. I had terrible headaches and was often very giddy. The urinary secretions were like brickdust and pained me very much, being thick and full of the gritty substance; they passed in small quantities quite every half hour during the day and I had to get up a lot at night. I used to be in dreadful pain, all over my back, loins, and feet. I never thought I'd be better.

"The doctor said he could do nothing more for me, that my only hope was to rest. But I got no better; I steadily grew worse; the pain in the bladder was so bad that I had poultices and hot fomentations to ease it.

"Then my husband read about Doan's Backache Kidney Pills, and I began to take them. In a few days' time I felt some relief, and soon, to my amazement, was able to go out for a walk! I felt weak, of course, but I had no pain, my appetite began to come back, and I gradually picked up nicely.

"Four boxes cured me; that was in March, 1903. I have been right two years now. I need scarcely say how grateful I feel for the wonderful remedy which has done such marvels for me. There is no doubt about my cure; I have been in perfect health ever since.

(Signed) ETHEL MAY JACKSON."

In May, 1906—three years after the cure—Mrs. Jackson said:—"I have had no return of my complaint since I was cured by Doan's Backache Kidney Pills," and Mr. Jackson added:—"My wife's cure by Doan's Pills was most remarkable. I thought that nothing but an operation would do

Birthday Luck—(Continued).

- June 15th.—From 10 in the morning till 2 in the afternoon; and from 15 minutes before 12 at night till 15 minutes before 1 the next morning.
- 20th.—From 30 minutes past 9 in the morning till 12 at noon; and from 11 to 12 at night.
- 25th.—From 15 minutes past 9 in the morning till 15 minutes past 12 at noon; and from 11 till 12 at night.
- 29th.—From 9 in the morning till 15 minutes before 12 at noon; and from 15 minutes before 11 till 15 minutes before 12 at night.
- July 5th.—From 15 minutes before 8 till 15 minutes past 10 in the morning; and from 15 minutes before 10 till 15 minutes before 11 at night.
- 6th.—From 15 minutes past 8 till 11 in the morning; and from 15 minutes past 10 till 11 at night.
- 9th.—From 15 minutes past 8 till 11 in the morning; and from 10 till 11 at night.
- 14th and 15th.—From 8 till 11 in the morning; and from 10 till 11 at night.
- 19th.—From 30 minutes past 7 till 10 in the morning; and from 15 minutes past 9 till 15 minutes past 10 at night.
- 24th.—From 7 till 15 minutes before 10 in the morning; and from 9 till 10 at night.
- 28th.—From 7 till 10 in the morning; and from 9 till 10 at night.
- August 2nd and 3rd.—From 30 minutes past 6 till 15 minutes before 9 in the morning; and from 30 minutes past 8 till 30 minutes past 9 at night.
- 6th.—From 15 minutes before 6 till 9 in the morning; and from 30 minutes past 7 till 30 minutes past 8 at night.
- 7th.—From 30 minutes past 6 till 15 minutes past 9 in the morning; and from 15 minutes past 8 till 15 minutes past 9 at night.
- 10th and 11th.—From 15 minutes past 6 till 9 in the morning; and from 8 till 9 in the evening.
- 19th and 20th.—From 10 minutes past 5 till 30 minutes past 8 in the morning; and from 30 minutes past 7 till 30 minutes past 8 in the evening.
- 22nd.—From 15 minutes past 5 till 3 in the morning; and from 15 minutes past 7 till 15 minutes past 8 at night.
- 25th.—From 15 minutes past 5 till 8 in the morning; and from 7 till 8 in the evening.
- September 1st.—From 4 till 15 minutes before 7 in the morning; and from 6 till 7 in the evening.
- 4th.—From 15 minutes before 5 till 30 minutes past 7 in the morning; and from 30 minutes past 6 till 30 minutes past 7 in the evening.
- 5th.—From 30 minutes past 4 till 15 minutes before 7 in the morning; and from 30 minutes past 6 till 30 minutes past 7 in the evening.
- 8th and 9th.—From 30 minutes past 4 till 15 minutes past 7 in the morning; and from 15 minutes past 6 till 15 minutes past 7 in the evening.
- 14th.—From 15 minutes before 4 till 30 minutes past 6 in the morning; and from 30 minutes past 5 till 30 minutes past 6 in the evening.
- 17th and 18th.—From 5 till 15 minutes after 5 in the morning; and from 15 minutes before 6 till 15 minutes before 7 in the evening.
- 23rd.—From 30 minutes past 3 till 30 minutes past 5 in the morning; and from 30 minutes past 5 till 15 minutes past 6 in the evening.
- 29th.—From 15 minutes before 3 till 30 minutes past 5 in the morning; and from 30 minutes past 4 till 30 minutes past 5 in the evening.
- October 3rd.—From 3 till 15 minutes before 6 in the morning; from 15 minutes past 4 till 30

(Continued on p. 16).

her any real good. I must add my thanks for the good the medicine has done her, and endorse all she has told you. She has been first rate ever since using Doan's Backache Kidney Pills, three years ago."

Such a case as this is a message of good hope to all women who suffer after confinement.

(See also pp. 7 and 9.)

Special Notice.

Some people find it difficult to swallow a pill. For convenience in taking, Doan's Backache Kidney Pills may be cut or broken into small pieces, when they can easily be swallowed. They have no disagreeable taste, and taken thus are just as efficacious as swallowed whole.



Doan's Backache Kidney Pills do not act on the Bowels.—They act on the kidneys and bladder only, being a special medicine for these important organs. For a safe and effective opening medicine, I can confidently recommend Doan's Dinner Pills. (See pages 28 and 29.)

Gravel and Stone.

IF sediment or deposit of any sort is noticed in the urine, the patient should at once commence with Doan's Backache Kidney Pills. It is a bad sign, it shows that there is something wrong—possibly seriously wrong with the kidneys. Sometimes the urine when it is passed is thick and cloudy, and when left to stand deposits a sediment. This sediment is "gravel." The great danger is this, if the disease is not checked, and then cured, the gravel may collect in the kidneys or the bladder, forming what is called a "Stone," which is not only a dangerous disease, but one of the most agonising. Other symptoms of these diseases are paleness, sourness of the stomach, broken sleep, large quantity of urine, scalding urine, indigestion and flatulence. Among the early signs of stone in the kidney are pains in the loins and small of the back, which spread gradually over the stomach; sometimes there is blood in the urine, which is thick and dark. The symptoms of stone in the bladder are more numerous; among them may be mentioned—passing the urine in small quantities and very often severe pain in passing; sudden stoppage; thickness of the urine and deposit after standing. Stone may occur at any age and is more frequent in men than in women.

When any of the above symptoms are noticed, Doan's Backache Kidney Pills should be taken at once; the diet should be carefully regulated, all excess being avoided. Sweets, pastry, fat, butter and cream should be taken in the smallest quantities, if at all, and stimulants should be given up for a time at any rate. Doan's Backache Kidney Pills cure and strengthen the kidneys, enabling them to pass away the poisonous deposits through the urine; they soothe and allay the inflammation of the kidneys and the bladder; they break up gravel stones so that they are passed out of the body in the urine. Gravel and stone are the results of weak action on the part of the kidneys; the kidneys must be cured.

Stone and Kidney Disease.

Saved from a Dreadful Operation
by Doan's Backache Kidney Pills.

Mrs. CATLIN, of 10, Hinton Road, Herne Hill, London, S.E., gave our representative a most interesting account of her illness.

"I was ill altogether about four years from what the doctors (and I had to see three of them) told me was stone and kidney disease," said Mrs. Catlin.

"I had dreadful pains not only in my back, but in my left side; frequently headaches and dizziness came over me so that I could scarcely see—I couldn't even manage to thread my needle.

"Things went from bad to worse, and at length I was obliged to take to my bed, where I lay for over ten months. The last time I went out before this I fainted in the shop where I was making a purchase.

"At last the doctor said there was no hope for me unless I went into hospital; at that time I couldn't walk without support.

"I went into hospital, but I got no better, and the doctors decided that it was necessary I should undergo an operation; I didn't like the idea of this, and left the hospital, the doctors telling my husband that I couldn't possibly get over my illness. Before I came out I had to sign a paper taking upon myself all risk for doing so.

"That same night I began using Doan's Backache Kidney Pills. In a week or two, instead of being a helpless cripple, I was able to get about a little and even to help with the housework. Gradually I picked up my strength, the pains disappeared, and I felt all right again.

"I am sure it is only Doan's Backache Kidney Pills that have saved my wife's life," said Mr. Catlin, "and I shall never tire of recommending them."

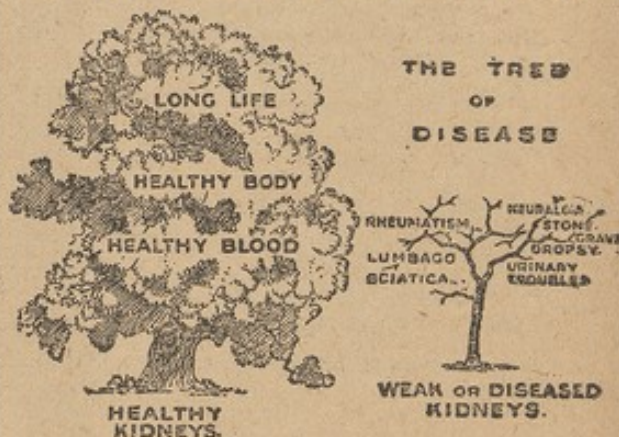
On 6th May, 1906, over 18 months from the time she first told of her case Mrs. Catlin wrote:—"I am happy to be able to say I am still quite well. My cure has indeed proved permanent."



Mrs. CATLIN.

(From a photo.)

Which is YOUR Tree?



Weak or Diseased Kidneys are at the Root of such terrible ills as Dropsy, Rheumatism, Gravel, Stone, Urinary Troubles, Bladder Diseases, Lumbago and Neuralgia.

Birthday Luck—(Continued).

minutes past 4 in the afternoon; and from 15 minutes before 5 till 15 minutes before 6 in the evening.

7th.—From 15 minutes before 3 till 30 minutes past 5 in the morning; and from 30 minutes past 4 till 30 minutes past 5 in the afternoon.

12th.—From 15 minutes past 2 till 5 in the morning; and from 15 minutes before 4 till 30 minutes past 4 in the afternoon.

16th.—From 2 till 5 in the morning; and from 4 till 5 in the afternoon.

18th and 19th.—From 30 minutes past 1 till 4 in the morning; and from 15 minutes before 3 till 30 minutes past 4 in the afternoon.

21st and 22nd.—From 15 minutes before 2 till 30 minutes past 4 in the morning; and from 30 minutes past 3 till 15 minutes past 4 in the afternoon.

November 5th.—From 1 till 15 minutes before 4 in the morning; and from 15 minutes before 3 till 15 minutes before 4 in the afternoon.

10th and 11th.—From 30 minutes past 12 at night till 15 minutes past 3 in the morning; and from 30 minutes past 1 till 30 minutes past 2 in the afternoon.

14th.—From 15 minutes past 12 till 3 in the morning; and from 2 till 3 in the afternoon.

15th and 16th.—From 12 at night till 15 minutes before 3 in the morning; and from 15 minutes past 1 till 2 in the afternoon.

20th.—From 15 minutes before 12 till 15 minutes past 2 in the morning; and from 15 minutes past 1 till 2 in the afternoon.

29th and 30th.—From 15 minutes past 11 at night till 2 in the morning; and from 1 till 15 minutes before 2 in the afternoon.

December 8th and 9th.—From 15 minutes past 10 at night till 1 in the morning; and also from 30 minutes past 12 at noon till 30 minutes past 1 in the afternoon.

December 8th and 9th.—From 15 minutes past 10 at night till 1 in the morning; and also from 30 minutes past 12 at noon till 30 minutes past 1 in the afternoon.

14th and 15th.—From 10 till 30 minutes past 12 in the morning; and from 12 at noon till 15 minutes before 1 in the afternoon.

16th.—From 10 at night till 15 minutes before 1 in the morning; and from 15 minutes before 12 till 30 minutes past 12 at noon.

18th and 19th.—From 15 minutes before 10 at night till 15 minutes past 5 in the morning; and also from 30 minutes past 11 till 15 minutes past 12 at night.

23rd and 24th.—From 15 minutes past 11 till 12 at noon; and also from 15 minutes past 9 till 12 at night.

28th.—From 15 minutes past 10 till 11 in the morning; and from 9 till 15 minutes before 12 at night.

28th.—From 15 minutes past 10 till 11 in the morning; and from 9 till 15 minutes before 12 at night.

LUCK ABOUT MOLES.

Moles on the arm and shoulder denote wisdom; on the neck, strength; on the throat, riches and good health; on the chin and near the heart, riches; on the lip, a great talker; on the right side of the forehead, riches; on the left, poverty; on the right ear, riches and honour; on the left, the opposite; on the ankles, in men, modesty, in women, courage; on the knee, riches and virtue; on a woman's left knee, many children; on the nose, travelling; on the right foot, wisdom; on the left, rashness; on the eyebrow, speedy marriage; on the wrist or fingers, cleverness, cuteness.

(Continued on p. 18).

STONE IN THE KIDNEY AND BLADDER.

Delirious with Pain for 12 Hours. Began with Backache.

"It is nearly five years ago," says Mr. Ernest Duckett, 92, North Lonsdale Road, Ulverston, "that Doan's Backache Kidney Pills cured me of serious kidney trouble; in other words the cure was permanent. Often and often for years I had touches of backache, but took little notice of it. Then one day as I was coming across the fields a

sudden pang in the small of my back—over the kidneys—brought me to my knees. I was in terrible pain, quite unable to move. At last I managed to get home and seemed all right again. But only for a time; next morning when I was going upstairs after breakfast the pain struck me again; it was simply awful. This time I was completely done. The doctor said it was the



Mr. DUCKETT.

(From a photo.)

passing of a stone from the kidney to the bladder. For twelve hours I was delirious with the agony, and afterward was laid up for two months, suffering all the time. I managed to crawl about a bit at last, but wasn't really any better, my back being still dreadfully painful. I was so bad that I could not do anything more than sit about the house; in fact, too weak to do more. I had fallen away to ten stone, my proper weight being thirteen.

"Then I began to take Doan's Backache Kidney Pills. I kept steadily on with them, finding a gradual and steady improvement in health and strength. Then to my joy I was completely cured, and have remained cured ever since, nearly five years!

(Signed) E. DUCKETT."

Kidney Disease a Scourge to Workers.

Doan's Backache Kidney Pills a Boon to all who Work.

Any work which exposes a man or woman to damp, to heat or cold, or which necessitates constant stooping or straining the back, is bound to have a bad effect upon the kidneys. Here is the case of a Pontypridd man who suffered from kidney disease, the result of his trying work:—

Mr. W. STEPHENS, 49, Wood Street, Cilfynydd, Pontypridd, says:—"It was about the middle of the year 1903 that I first began to suffer from kidney trouble. All the energy seemed to go out of me, and I used to get up in the mornings as tired as if I had not been to bed. Then pains in my back came on, sharp, stab-like pains, often after I had been bending or stooping at my work. I used to cry out with the pain when getting upright again. There were cutting pains around my loins. At this time my legs were very much swollen and my

urine was in a bad condition, containing a sandy sediment. The following year I was off work for nearly four months, and the doctor's treatment did me no real good. I dragged on from day to day, almost giving up all hope of ever getting well again.



Mr. W. STEPHENS.

(From a photo.)

At the beginning of 1905 I began to take Doan's Backache Kidney Pills, although I must say I had not much faith in them. The first box brought me relief, so I kept on with the pills, and on March 18th passed a stone as big as a pea. For some days after my urine was very thick and full of gravel. I continued taking the pills, gradually the water grew clear and natural, the pains ceased, I could eat and sleep better. I honestly believe that if it had not been for Doan's Backache Kidney Pills I should not be here now.

Then on the 26th May, 1906, many months later Mr. Stephens said, "I have had no sign of urinary trouble since. I cannot speak too highly of the pills."

1900—1904—1905—1906.

A Splendid Record of Kidney Disease Permanently Cured.

1900.—Mr. THOMAS SMITH, 5, McAlpine Street, Wishaw, said:—"For years I suffered from very severe kidney disease, and though I went twice into hospital, nothing did me any good. I was troubled with agonising pains in my back, with rheumatism in the shoulders and with stricture.



Mr. T. SMITH.

(From a photo.)

At last I tried Doan's Backache Kidney Pills and felt easier after the first few doses. I cannot speak too highly of the good they have done me; they are wonderful."

1904.—Mr. Smith said:—"I have been another man since Doan's Backache Kidney Pills did me so much good."

1905.—Mr. Smith said:—"I have had no return of my old complaint."

1906.—Six years after his cure Mr. Smith said:—"I don't believe there is a healthier man than me in Scotland, though I am 76 years old, thanks to Doan's Backache Kidney Pills, for they completely cured me. I have never had the least trouble with my back or kidneys since the pills put me right."

The Kidneys in Disease and in Health.

What they are and
What they do.

I HAVE already told you something about the kidneys and their work (see pages 2, 3 and 4), but in order to understand what they are and do, and how to keep them and yourself in good health, I will tell you some more facts which you must bear in mind. There are two kidneys which are situated one on each side of the spine, under the loins. If you press your hands one on each side of your spine, just on the two bottom ribs, that is where your kidneys are. So you see, when they ache, from disease or weakness, the pain is called backache, but it is really kidney ache, and a serious

"Every
Picture Tells
a Story."



symptom which it is very dangerous to neglect. It is the duty of the kidneys to filter all impurities from the blood, and their work goes on all your life long without ceasing. They are delicate organs and easily upset, and when they are

Finger-Nail Luck.

Cut 'em on Monday you cut 'em for health,
Cut 'em on Tuesday, you cut 'em for wealth,
Cut 'em on Wednesday, you cut 'em for news,
Cut 'em on Thursday, a new pair of shoes,
Cut 'em on Friday, you cut 'em for sorrow,
Cut 'em on Saturday, you'll see your true love to-morrow.

Cut 'em on Sunday, and you'll have the devil with you all the week.

White specks on the finger nails counting from thumb to little finger :—

"A gift, a friend, a foe,

A lover to come, a journey to go."

Or it can be worked a different way, a speck on the thumb nail means that you will soon receive a gift but one on a finger means that it will be some time before the present comes. Yellow specks are a sign of dangerous illness approaching, unless care is taken.

Broad nails mean gentleness and goodness, and sometimes bashfulness.

White nails, ill health.

Narrow nails, a peaceful disposition.

Round nails, hastiness.

Long nails, good nature.

Luck About Sneezing.

To sneeze to the right is lucky, to the left the reverse; near a churchyard is unlucky; at the beginning of a meal, lucky; half way through a meal, unlucky; on Monday, lucky; on Tuesday, a stranger will be kissed; on Wednesday, a letter; on Thursday, good luck; on Friday, sorrow; on Saturday, a lover's meeting; on Sunday. Apparently nobody is expected to sneeze on Sunday.

General.

Here are some old sayings which I put down under the heading of general, because some of them deal with both good and bad luck, and others with luck which one person might call good and another person might call bad, and which on one occasion might be evil, and on another occasion might be just the opposite. As for example this first rhyme :—

"See a pin and pick it up,
All the day you'll have good luck
See a pin and let it lay,
Bad luck you'll have all the day."

Apron String. To break it means your lover is thinking of you.

Bread and Butter. To drop a slice of bread and butter foretells the arrival of a hungry visitor.

Candle. A lump of soot on the wick of a candle means that you will soon meet a stranger.

Cats. Cats born in May will not catch mice.

Cheeks. When your left cheek burns some one is speaking well of you; if your right cheek, ill of you.

Dishcloth. To drop a dishcloth or duster means a visitor.

Foot Itching. If there is itching under your right foot it means that you will soon walk upon strange ground to your advantage; if under the left, disadvantage.

(Continued on p. 20.)

wrong you are wrong all over. You will suffer from backache, headache, pains in the limbs and joints, watery swellings, rheumatism, dropsy, gravel, bladder and urinary troubles, all caused by the poisons in your blood, which the weak or diseased kidneys are unable to filter out.

Colds, chills, influenza, overwork, and worry, are very likely to upset the kidneys, and once wrong they cannot put themselves right. A special kidney medicine must be taken, and if you neglect to do so you are running a grave risk of serious disease. Doan's Backache Kidney Pills are compounded of drugs which act directly upon the kidneys and bladder; and are a safe medicine for young or old. From many years' experience in all parts of the world, I can conscientiously recommend Doan's Backache Kidney Pills as an efficient remedy in diseases of the kidneys and bladder. Read the cases in this book described by the patients themselves.

Could not Retain the Urine more than Ten Minutes.

Now well, Cured by Doan's Backache Kidney Pills.

The case of Mr. THOMAS SHIRLOW, Throne Terrace, Whitewell Road, Belfast, is very interesting. In June, 1905, a year ago, he wrote :—"You will be glad to know what good your Doan's Backache



Mr. T. SHIRLOW.

(From a photo.)

Kidney Pills have done me. For over two years I suffered with kidney disease. The doctors failed to do me any good, and I came out of hospital worse than when I went into it. My first trouble was severe pains in the back, over the kidneys and in the loins. I grew worse and worse until I was a wreck. I was in bed for over a month, not able to raise my head from the pillow. The pain was continuous and cutting; my hands, ankles and legs were swollen, and I could not get sufficient sleep. Worst of all, I could not retain my water for longer than ten minutes, and it was full of sediment. The doctor told me I was suffering from inflammation of the bladder.

"To please a friend I began to take Doan's Backache Kidney Pills, thinking that nothing in the world would save my life. Towards the end

of the second box I found I was much better, and at last, thanks to Doan's Pills, I felt quite well again. I took thirteen boxes in all.

(Signed) THOMAS SHIRLOW.

Then in May, 1906, Mr. Shirlow wrote to say:—"It was Doan's Backache Kidney Pills that saved my life and cured me when all else failed. I feel as well as ever I did in my life. Yours gratefully,

(Signed) THOMAS SHIRLOW."

Difficulty in Passing the Urine.

Legs and Wrists
Swollen with Water.

Marvellous Results from Doan's Backache Kidney Pills.

Mrs. ARMSTRONG, 11, Parker's Road, Coppenhall, near Crewe, first informed us of her cure by Doan's Backache Kidney Pills in January, 1905, and in May, 1906—*sixteen months later*—gave a representative of ours this hearty endorsement:—"I am glad to say I am still quite well. I have had no trouble with the kidneys since I was cured by Doan's Backache Kidney Pills.



Mrs. ARMSTRONG.

(From a photo.)

were swellings also under the eyes and round the wrists. I suffered, too, from pains in the head, shifting pains, and was often taken with giddiness, the room 'swimming' round me. It was an awful sensation. My eyes were weak and watery, and clouds seemed to come over my sight. I had hot flushes to the head, which were so bad that the perspiration would break out over me and my hair would be wet. Sometimes I felt as though I could scarcely breathe. I don't forget that bad time.

"The first box of Doan's Backache Kidney Pills did me good, and four cured me. Every day seemed to make an improvement. I've told many about my case.—(Signed) MARIA ARMSTRONG."

Mrs. THOMPSON, Rose Farm, a neighbour, kindly adds her testimony: "Mrs. Armstrong was in a very bad state; she could not walk across the

floor. I never saw such marvellous results as in her case. When I advised her to try Doan's Backache Kidney Pills, I really thought she was too far gone; I had never seen anyone so bad as she was."

(See pp. 8 and 18.)

Limbs Swollen Out of Shape. Crippling Kidney Disease Completely Cured.

"Before I started to take Doan's Backache Kidney Pills," says Mrs. JANET LEES, 39, Muir Street, Hamilton, "I had been confined to bed for weeks, being treated for kidney disease, and getting no better at all. My legs and feet were swollen out of shape, and I could not put my boots on. I often thought my legs must burst, and they looked quite blue with the water. The swellings gradually rose into my body, and the pains in my back were dreadful. The urinary secretions, also were disordered, being very thick, muddy and full of sediment. At last the doctor said he could do no more for me.



Mrs. LEES.

(From a photo.)

"At this time my daughter, who had heard of several cases like mine having been cured by them, advised me to try Doan's Backache Kidney Pills. I am thankful that I took her advice, for I soon found that the pills were helping me; I kept on with them, and they completely cured me.—(Signed) JANET LEES."

Mrs. Lees was cured by Doan's Backache Kidney Pills in the early spring of 1905, and in June, 1906, *more than a year later*, she said to a representative of ours; "I am glad to say I have enjoyed splendid health ever since Doan's Backache Kidney Pills so marvellously cured me. I can never do enough to prove how grateful I am."

Doan's Backache Kidney Pills are a boon to everyone who has to stoop and bend about at work and to those who are exposed to sudden changes of temperature. Those who know their parents or grandparents to have suffered from kidney trouble, are advised to safeguard their kidneys by the occasional use of Doan's Backache Kidney Pills, for no disease is more frequently handed down from parent to child than is the dread kidney disease.

General—(Continued).

Frog. If you see a frog in the spring time sitting on dry ground it means that you will shed during the year as many tears as it would need to be able to swim away in.

Grate. A flake of soot hanging on the bars of a grate denotes a stranger coming.

Hand Itching. If the palm of your right hand itches you will receive money; if the left, you will pay money. If the palm of either hand itches:

"Rub it on wood,
Sure to come good."

Knife. When you drop a knife, if it sticks upright in the floor it means a visitor.

Michaelmas Day. If you eat goose on this day, you will not want for money the rest of the year.

Names. If three unmarried people meet at table, who have the same Christian names, one of them will be married within the year.

Needle. To break your needle while sewing a garment means you will live to wear it out.

Nose Itching. When the nose itches it foretells the coming of a stranger.

Oak Apple. An oak apple with a fly in it denotes poverty; with a worm, plenty.

Shoe Lace. To break one means that your sweetheart is thinking of you.

Straw. To find a piece of straw in your room means a visitor coming.

Wooden Leg. To see a man with a wooden leg means that a surprise is coming to you.

Weather Prophecies.

Very naturally there are more old rhymes and sayings about the weather than about almost anything else. I say very naturally, because the weather affects us all so much both in our work and in our pleasure. Of course, it would be absurd to put any great faith in all of these sayings, but at the same time, there is a certain amount of truth in many of them, and it will interest you to test all of them in order to see how wise or how foolish were those who made them in the olden days.

January—

"As the days begin to lengthen,

The cold begins to strengthen."

"If the grass grows in Janiveer,
It grows the worse for't all the year."

"If New Year's Eve night-wind blows South,
It foretells both warmth and growth;

If West, much milk, and fish in the sea;

If North, much cold and storms there'll be;

If East, the tree will bear much fruit;

If North East, flee it, man and brute."

January 25th, St. Paul's Day.

"If St. Paul's be fair and clear

Then betides a happy year;

If blustering winds do blow aloft,

Then wars will trouble us full oft;

And if it chance to snow or rain,

Then will be dear all sorts of grain."

"March in Janiveer,

Janiveer in March, I fear."

(Continued on page 22.)

DROPSY.

DROPSY very often causes most distressing irregularities of the heart, which are not in reality heart disease and are cured by Doan's Backache Kidney Pills, which cure the kidneys, the cause of dropsy if they are unable to carry out their duty of filtering the superfluous water from the blood. Among these heart symptoms are irregular action of the heart; a feeling of suffocation; violent, thumping beats; poor circulation; also cold hands and feet, fainting fits and dizzy spells.

To cure dropsy you must go to the root of the trouble—to the kidneys. If the kidneys are out of order and unable to carry out their work thoroughly, there is too much water (to give it its popular name) in the blood. This escapes from the blood into the body, and first there come puffy watery swellings, usually under the eyes or round the ankles, knees, and wrists, and finally—if nothing is done to check the disease—the whole body grows dreadfully swollen, or "water-logged." There are many other distressing symptoms, but the watery swellings are peculiar to dropsy. They can be distinguished from other swellings in a very simple way. Press the swelling with your finger, and if the impression remains for some time, only slowly filling up, the swelling is dropsical.

If you have any of the symptoms of dropsy, Doan's Backache Kidney Pills will give you relief; they will drive out the liquid impurities, flush out the clogging poisons from the kidneys and bladder, and restore a natural action to the urinary system. Doan's Backache Kidney Pills are sure to do you good, and to cure you, and to keep you cured. They act on the kidneys and bladder only—not on the bowels. Read, in these pages, what this medicine has done for men and women who have suffered from dropsy.

YOU are heartily invited to write direct to any of those whose cures by Doan's Backache Kidney Pills are reported in these pages. When writing kindly send them a STAMPED addressed envelope for their reply.

Dropsy and Kidney Disease.

BEGAN WITH BACKACHE

Cured by Doan's Backache Kidney Pills.

Mr. J. MARKHAM, 13, Union Buildings, Bridge Street, Sheffield, says:—"Doan's Backache Kidney Pills cured me four years ago. At the time I first used them I was as near dead as could be. The illness came on me suddenly about June, 1901, and before I was well aware that anything was wrong with me I was laid up. It started with pain in the back, but not sufficient at first to make any complaint about. Then I noticed that my urine was thick, and dark like coffee, and that I could only pass it in small quantities, every day smaller and smaller. Then my feet began to swell, then my body. The doctor said mine was a very bad case of dropsy, and he wanted me to go into the infirmary. I kept swelling more and more until my feet were so bad that I could not distinguish my toes, and my head was



Mr. J. MARKHAM.

(From a photo.)

a terrible size; my eyes were so closed up that I could not see. I had no strength left, and did not care whether I died to-day or to-morrow. Nobody thought I could live.

"Then I was persuaded to try Doan's Backache Kidney Pills, and the first box did me a little good. I felt better in myself, so went on with them; the second box reduced the swelling somewhat and caused the urine to pass more freely and more clearly. Things speedily improved; the swelling gradually went down. When I had used seventeen boxes of the pills, I was cured. I have worked ever since—four years and four months—and I've never lost a day through ill-health.

(Signed) J. MARKHAM."

Mrs. Markham added: "My husband would not be here to-day but for Doan's Backache Kidney Pills; the doctor had given him up, telling me that he could not possibly get better. His legs and feet were terribly swollen; the skin shone; he was so full of water that it seemed impossible it could ever be taken out of his system. His whole body was in a similar state—arms, face, ears, every bit of him. It came on with swelling of the feet and ankles. The water used to run out of his eyes as if he were crying.

(Signed) M. A. MARKHAM."

Mr. Markham's aunt, Mrs. D. Jackson, 38, Joiner Lane, Sheffield, endorses the above, saying: "I recommended my nephew to use the pills, but I must admit I had little hope that they would do him any good, for he was so far gone. He was so

swollen that we could not recognise him, and were astonished at the result obtained from the use of the pills. They worked like magic in his case, and I am sure that nothing else would have saved him.

(Signed) D. JACKSON."

Eleven Quarts of Water Taken Away.

LIFE DESPAIRED OF.

Saved by Doan's Backache Kidney Pills.

Mrs. M. A. Low, 3, Back Lee Street, Haslingden, gave the following account of her illness to one of our representatives:—"My illness started with cutting pains that kept coming on in the small of my back, over the kidneys, and also at the back of my neck. They grew worse and worse, and by-and-by extended to my right side. At the same time the urine was in a very nasty condition, scalding, and I was only able to pass it in smaller and smaller quantities, until at last it came only in drops; it was as thick as could be. I was so bad that I could scarcely bear to lie in bed; I used to come over in hot flushes, and my breath used to go until I felt suffocating. As I lay in bed I kept turning from this side to that, in agony all the time, until I had to get up and walk about the room, the pain steadily growing more terrible. I absolutely could not lie still.

"To make matters worse, my body began to swell with water. It started in my ankles and then worked up my legs, paining me so much and growing so bad that I had to give up doing my work.

"Time went on—this was two years ago—and I kept growing worse and worse, my body swelling larger all the time. The doctor failed to do me any good, and at last he said that I should have to go into hospital, telling my mother at the same time that my case was a very bad one indeed, and that he doubted if ever I should come out again. I was tapped three days after I went into the hospital. They had to do it to save my life.

"When they tapped me nearly 11 quarts of water were taken away.

"Altogether I was 11 weeks laid up in the hospital, and although a bit better, soon after I came home the swellings started again and I was as bad as ever.

"Then, fortunately for me, I started taking Doan's Backache Kidney Pills, and to my amazement, after the third dose I began to improve. The improvement showed in the water, which began to pass freely and with less pain. Then it began to come away in great quantities and very frequently. The swellings commenced to go down, and altogether my health improved. My appetite



Mrs. LOW.

(From a photo.)

Weather Prophecies—(Continued.)

February—

"February fill the dyke,
Either with the black or white;
But if it be white
It's the better to like."

February 2nd is Candlemas Day and

"If Candlemas Day be dry or fair
The half of the winter's to come, or mair;
If Candlemas Day be wet or foul
The half of the winter's gone at Yule (Xmas)."

March—

A windy March and a rainy April make a
beautiful May.
So many frosts in March, as many in May.

April—

"A cold April
The barn will fill."
"April showers
Make May flowers."

May—

"Mist in May and heat in June
Make the harvest right soon."
"Who sows in May,
Gets little that way."
"A swarm of bees in May
Is worth a load of hay;
But a swarm in July
Is not worth a fly."
A hot May makes a fat churchyard.

June—

"If on the eighth of June it rain,
It foretells a wet harvest, men sain (say)."

July—

"If the first of July be rainy weather,
'Twill rain more or less for four weeks together."

July 15th, St. Swithin's Day.

"St. Swithin's Day if thou dost rain,
For forty days it will remain;
St. Swithin's Day if thou be fair,
For forty days 'twill rain nae mair."

August—

"If the twenty-fourth of August be fair and
clear,
Then hope for a prosperous autumn that year."

December—

"If Christmas on a Sunday fall,
A troublous winter we shall have all."

It Foretells Bad Weather—

When the cat washes her face.
When cattle lick their hoofs.
When a corn aches or pricks,
When the crickets chirp.
When dogs eat grass.
When donkeys bray much.
When the ducks quack.
When the fire burns clear, frost will follow, when
it sends out sparks, rain is near.
When the flame of a candle blows about with-
out cause.
When frogs croak more than ordinary.
When the furniture creaks and cracks.
When there's a ring round the moon.
When the peacock squawks.
When pigs grunt much.
When the pimpernel is closed.
When sea fowl fly inland.
When soot falls down the chimney.
When spiders creep out of their holes.
When the swallows fly low.
When it thunders in the morning (wind); about
mid-day (rain); in the evening (a great storm).

(Continued on p. 24.)

became good, my food agreed with me and strengthened me, and at last I felt just as well again as ever I had done in my life.

"My cure has surprised all my friends as much as myself, for none of them thought I would ever recover. I cannot give the pills more praise than they deserve, as I know that they saved my life. The doctor said that my case was a bad one of dropsy, and that he thought I was done for. (Signed)—M. A. Low."

Mr. Low, her husband, endorses all the above statement, saying: "I want to add my thanks for the benefit Doan's Backache Kidney Pills have given my wife. I never thought she would live. She is really well now, and it is a wonderful cure. (Signed)—J. Low."

(See also pp. 3, 7 and 9.)

The Urine Thick and Stringy.

Dreadful Sufferings from Kidney Disease.

Here is the story of the illness and the cure of Mr. WILLIAM CROWE, 6, Main Street, Bulwell, Nottingham. "It was in 1900," he says, "six years ago, that I began to suffer from kidney disease, the first symptom being violent palpitation of the heart, which got to be so bad that often as I lay awake at nights I was afraid it would kill me.

Gradually my whole system became affected; I suffered from terribly sharp and cutting pains in my left breast, my side, my shoulders, and my back, just over the kidneys. After stooping I could hardly get upright again. Then my feet and ankles used to swell, and, worst of all, there were distressing urinary troubles, the urine being thick and stringy, hot and scalding in passing, and leaving a sediment. Sometimes I would pass a great deal, and at other times



Mr. CROWE.
(From a photo.)

very little. There were other symptoms, too, of my kidneys being wrong, such as severe headaches, dizziness, chilly feelings, and no appetite for anything. I had sleepless, wretched nights, and was more tired in the mornings than I was when I went to bed at nights. I grew worse and worse, and nothing did me any good until at last I was in such a bad state that I had to stop work altogether.

"The doctor's treatment did me no good at all, and I was then recommended by a friend to try Doan's Backache Kidney Pills. I decided to follow the advice. The very first week the pills began to do me good, so I kept on with them, and after some three weeks I was so much better that I was able to go back to my work. I still kept steadily on with the pills, and when I had used several boxes I was delighted to find that I was completely cured. My work is very heavy, and the doctor had told me that I should have to find something lighter to do, but, thanks to Doan's Backache Kidney Pills, I have not missed a single day at my usual work since I was cured.

"It is five months now since Doan's Pills made me well, and I have not had any return whatever of the old trouble. I cannot express how grateful I am for the splendid benefit I have received from Doan's Backache Kidney Pills.—(Signed) WILLIAM CROWE."

Work, Worry, Colds and Chills.

DOES your work expose you to frequent changes of temperature? That is to say, when overheated are you liable to be suddenly cooled down or chilled? Or is your work very heavy and does it necessitate a great deal of bending and stooping? From what I have told you about the kidneys elsewhere in this little book, you will have understood that these organs are very delicate and are easily upset. Such changes of temperature as mentioned above, such stooping or bending, overwork, or over excitement, and anything in the shape of worry are very likely indeed to put the kidneys out of order, and you should watch carefully for any of the symptoms of kidney disease.

Other frequent causes of kidney disease are colds, chills, and influenza. Above all, you must be most careful if you think a chill or cold has struck you in the back; it will surely fly to your kidneys and will result, unless you attend to it at once, in serious kidney disease. It is no use at all, as far as the kidney trouble is concerned, taking medicine for your cold, chill or influenza; you must help the kidneys themselves, they cannot put themselves right, and will grow worse and worse. But Doan's Backache Kidney Pills, being a special kidney medicine, will cure them and keep you cured.

Doan's Backache Kidney Pills are a medicine for the kidneys only, and if you are one of those who suffer from overwork, or trying work, or from worry, or from chills and colds, you will find, as have thousands of others, that Doan's Backache Kidney Pills will protect you from kidney disease, or, if you are attacked by it, will cure you. Many people have found it a good thing to keep a box of Doan's Pills by them, occasionally taking a few doses and so keeping the kidneys sound and strong.

Another point is that rheumatism (see pp. 11 and 12), sciatica and lumbago—often the results of chills and colds—are caused by diseased or weak kidneys, and are therefore cured—permanently cured—by Doan's Backache Kidney Pills, which cure the kidneys and make them able to carry on properly their all-important work of filtering the blood.

Pain Beyond Description From Urinary Trouble.

The Secretions Scanty and Thick with Sediment.

In February, 1906, Mr. HENRY WILLIS, 320, Lancaster Road, Notting Hill, London, W., wrote telling his experience and shortly afterwards one of our representatives called to see him. Mr. Willis said:—"Until the early part of 1905 I

never had a day's illness, but then I was suddenly taken with what the doctor told me was a very serious attack of kidney disease. I was in such pain, and came over so giddy, that I had to take to bed, where I lay six weeks. The pains were all over me, but worst around my loins and in



Mr. WILLIS.
(From a photo.)

the small of my back. Sleep was almost out of the question, and indeed for a whole week I had nothing better than a few dozes. My sight got so dim that I could not see to read, and my legs began to swell, from the ankle to the knees, and were very bad.

"I had a terribly burning pain in passing water; beyond description, indeed; the secretions were very scanty and thick with sediment and smelt badly; sometimes I thought I had lost control altogether. I felt tired out when I got up, and my appetite was very poor.

"I was under the doctor for six weeks, attended a dispensary, and went away to a convalescent home, but only got slight relief. The first box of Doan's Backache Kidney Pills did me good, and after a course of the medicine I felt so well that I left it off. For a whole year I never suffered at all, but then damp and cold weather brought on a slight touch of the old trouble. I knew what would put me right—Doan's Pills—and they did, too, there's no mistake."

In May, three months after the above statement, Mr. Willis wrote:—"...I am still keeping in good health, and shall always recommend the pills."

General.

"Ra'n before seven
Fine by eleven."

"The rainbow in the morning
Is the shepherd's warning;
The rainbow at night
Is the shepherd's delight."

"When the wind is in the East,
It is not good for man or beast;
When the wind is in the North,
The skilful fisher goes not forth;
When the wind is in the South,
It blows the bait in the fishes' mouth;
When the wind is in the West,
Then it's at its very best."

If the sun shines on Shrove Tuesday it will shine
every day in Lent.

If the cock crows much in the day time, expect a
change.

"When the wind's in the South
It's in the rain's mouth."

A green winter makes a fat churchyard.

"No weather is ill,
If the wind be still."

"A Cherry year,
A merry year."

"A sunshiny shower,
Won't last half-an-hour."

"An early winter,
A surly winter."

Cloudy mornings turn to clear afternoons.

"Rain from the East,
Wet two days at least."

"On Thursday at three
Look out and you'll see
What Friday will be."

A black Christmas makes a fat churchyard.

Blustering night, a fair day.

"A good nut year,
A good corn year."

"A leap year
Is never a good sheep year."

"If the rainbow comes at night,
The rain has gone quite."

"A snow year,
A rich year."

If there are no falling stars to be seen on a bright
summer's evening, you may look for fine weather.

If there is a change of weather at the time of the
quarters of the moon, it will probably last for some
time.

Spiders generally alter their webs once in
24 hours; if they do this between six and seven in
the evening, there will be a fine night; if they alter
their webs in the morning, a fine day; if they work
during rain, expect fine weather; and the more
active and busy the spider is, the finer will be the
weather.

If near the full moon there is a mist before
sunrise; or if there is a sheep-sky, or white clouds
driving to the north-west, it will be fine for some
days.

It will be Fine.

If at sunrise many clouds are seen in the west,
and then disappear.

If, before sunrise, the fields be covered with a
mist.

If the clouds at sunrise fly to the west.

If at sunrise the sun be surrounded by a circle of
white clouds.

If there be red clouds in the west at sunset; if
they have a tint of purple, it will be very fine; or
if red, bordered with black in the south-east.

(Continued on p. 26).

Five Years Cured.

NOTE THE SYMPTOMS.

"I was always under medical treatment before
I used your pills," says Mrs. L. COLE, 21, Chapel
Street, Evesham, "but they cured me, and
although it was five years ago, I have enjoyed good
health ever since."

"I was so ill before that that many people
thought I should develop consumption, but your
pills made me well and have kept me well."

"Ever since I was a girl I had suffered from
kidney and bladder complaints. At times I could
not control the urinary secretions, which were thick
and painful, and far too frequent. My legs and
feet swelled considerably, and I could not fasten
my boots—sometimes I could not put them on at
all, but had to go about in loose old slippers; my
feet used to burn and ache as well."

"Backache with me was awful; the pain was
right across the small of the back, over the kidneys,
and when I knelt down I could not get up again.
It was a sharp, cutting pain, and I've often
screamed out with it when turning over in bed.
The pain was always with me, only sometimes more
severe than at others, when I would have to lie
down, being quite unable to do any work—often I
was a whole day in bed."

"My sight was cloudy, and specks seemed to
float before my eyes; I had giddy attacks and have
often fallen. Headaches came every few days, a
heavy, drumming sensation on the top of my head;
I had hot flushes and palpitation of the heart—
this alarmed me very much, and many a time I
thought it would stop beating. After going up
stairs I had to sit down at the top to get my breath
and still the beating of my heart—the least sudden
sound set it palpitating. I was very despondent."

"I was always paying doctors' bills, and con-
tinually taking medicines, but I derived very little
good. I did not know that my kidneys were
wrong until one day I had a book given me in which
I read of many cases similar to mine that had been
cured by Doan's Backache Kidney Pills, and this
encouraged me to try the pills myself. At first they
did not seem to have much effect, but I persevered
with them, knowing mine to be a serious case.
When I had used two boxes of the pills I noticed
some relief. I still went on with them, and
gradually I became better—the kidney secretions
were natural then. Six boxes of the pills cured
me completely."

"I have been well ever since that time, five years
ago. I always keep some of the pills in the house,
however, for I find a dose now and again does me
so much good."

"From what I have told you, you will under-
stand how much I owe Doan's Backache Kidney
Pills—five years' good health."

(Signed) LUCY COLE."

Kidney Complaints in Children.

Facts of the Greatest Importance to all Mothers.

WHAT mother is there who is not anxious that her little ones should grow up healthy and hearty?

Kidney complaints are very common in children, and unless taken firmly in hand at the beginning are sure to prove disastrous. Kidney disease is frequently inherited from father or mother, so that parents who themselves suffer from it should keep a careful watch upon their boys and girls, and at the first symptom of kidney disease should give them Doan's Backache Kidney Pills.

BED-WETTING.

This common trouble with young children is a sign of kidney weakness, if not of actual kidney disease. In many cases the child will complain of pains in the back and sides, and other signs of kidney disease. The child will be cured by Doan's Backache Kidney Pills, which should be given in doses of half a pill once to thrice a day, according to age. For convenience in taking, the pills may be crushed; they have no unpleasant taste. Over excitement or overtiredness should be carefully avoided, and warm baths are helpful.

In numberless cases of kidney disease in children, Doan's Backache Kidney Pills have been used with admirable results, and perhaps the most gratifying characteristic of the cures is their permanency. Take for example the case of Master Errington who was cured of very serious kidney disease no less than five years ago, and who has grown up into what his father describes as "a big strong boy." A case of troublesome bed-wetting is that of Mrs. Twynham's son. (See next page.)

Doan's Pills can be given to the most delicate child with perfect safety.

"The Poor little Fellow Screamed with Agony."

Desperately Ill with Kidney Disease.
Body Swollen Enormously.
Began with a Cold.

In the year 1901, Mr. JAMES ERRINGTON, 7, Jolcy Street, Sherburn Hill, near Durham, wrote to us, saying: "We feel it our duty to testify to the marvellous benefit our little son received from your most valuable medicine. He was desperately ill with kidney disease; the doctor said he would die." It was indeed wonderful, this cure, as the details of it clearly prove:—

It was in July of 1901 that little George Errington was taken ill, and at first it was thought that his trouble was merely a cold, there being no suspicion that anything serious was the matter with him. But by-and-by it was found necessary to call in the doctor, who said it was a case of extremely serious kidney disease. He was kept in bed, and gradually his whole body swelled up to an enormous size, so that it was with the greatest difficulty he could be moved. He suffered greatly 1901. also with severe pains in the region of the kidneys, and one of the most terrible symptoms was that he found not only much difficulty in passing the urinary secretions, but that they would come in great quantities, the poor little fellow often screaming out with the agony it gave him.

The parents were prepared for the worst.

Then they heard of the wonderful cures which had been wrought by Doan's Backache Kidney Pills in similar cases, and Mr. Errington decided at once to see what the medicine would do for his son. Finding that the pills brought about a decided improvement, they persevered with them; the swellings rapidly went down,

the pains disappeared, and finally, believing him to be completely cured, they stopped using the medicine. Very soon, however, all the trouble came back again; he was again confined to bed, his body swelled up as bad as ever, and once more they gave him Doan's Pills. They persevered steadily with them, and again he was cured. This time the cure proved permanent. He was a happy, healthy boy, and there never appeared the slightest tendency toward a recurrence of his complaint. We can now understand the gratitude of the parents when they wrote to us; their son whom they thought they were going to lose was as bright and happy and healthy as a boy could be.



Master ERRINGTON.

(From a photo.)

It will be Fine—(Continued.)

If there be a ring or halo round the sun in bad weather.

If the full moon rise clear.

If there be clouds in the east in the evening.

If many gnats are seen in spring, expect a warm autumn.

If gnats fly in compact bodies in the beams of the setting sun, there will be fine weather.

If bats flutter and beetles fly about, there will be a fine morrow.

If there be lightning without thunder, after a clear day, there will be a continuance of fair weather.

If a north wind remain steady for two or three days.

If it rain before sunrise, there will be a fine afternoon.

If a white mist, or dew, form in the evening near a river, and spread over the adjoining land, there will be fine weather.

If in the morning a mist rise from over low lands, it will be fine that day.

If owls scream during foul weather, it will change to fair.

If there be a rainbow during continued wet weather, the rain is passing from us.

If a rainbow disappear suddenly.

Bad Weather.

If the sun rise pale, or pale red, there will be rain during the day.

If the clouds at sunrise be red, there will be rain the following day.

If at sunrise many dark clouds are seen in the west, and remain, there will be rain on that day.

If in the winter there be a red sky at sunrise; steady rain same day; in summer, showers and wind.

If the sun set in dark heavy clouds; rain next day.

If there be many falling stars on a clear evening, in the summer, there will be thunder.

If it rain and the sun shine; showers.

If the full moon rise pale; wet.

If the full moon rise red; wind.

If the stars appear larger, and closer, and flicker; rain or wind.

If small white clouds, with rough edges, be seen to gather together; there will be wind.

Before thunder it often begins to blow.

If there be rain about two hours after sunrise, it will be followed by showers.

If there be a damp fog or mist, accompanied with wind; wet.

If there be a halo round the moon, in fine weather, and the larger the circle, the nearer the rain.

If the morning be clear and sunny, in summer or autumn, there will be rain.

If the fields in the morning be covered with a heavy wet fog, it will generally rain within two or three days.

If the leaves of the trees move without any perceptible wind, rain may be expected.

If there be an abundance of hoar-frost; rain.

If mist rise and settle on the hill-tops; rain.

If, in winter, the clouds appear fleecy, with a very blue sky, expect snow or cold rain.

If rain fall during an east wind, it may be expected to last twenty-four hours.

If old and rheumatic people complain of their corns and joints, and limbs once broken ache at the place of their union.

If the smoke from chimneys blow down, or if soot take fire more readily than usual, or fall down the chimney into the grate; expect rain.

If the marigold continue shut after seven in the evening; rain.

(Concluded on p. 32).

In November, 1903, one of our representatives called upon Mrs. Errington, and was delighted to find that her son had grown into a fine strong boy, and that his mother was still enthusiastic in the praise of Doan's Backache Kidney Pills, which had saved him to her.

Then again, in 1906, no less than 5 years after the cure, one of our representatives paid a visit to Sherburn Hill and took the opportunity of calling upon Mr. Errington, who said: "My wife and I are thankful to say that our boy George has enjoyed good health ever since Doan's Backache Kidney Pills cured him. He has grown a big strong boy for his age, and has had no return of the terrible kidney disease from which we feared he would never recover. We have had enquiries from all over the country asking if George's case was true, and we never fail to write and confirm it. (Signed) JAMES ERRINGTON."

Wetting the Bed.

CURED AND KEPT CURED.

In May, 1906, Mrs. TWYNHAM, Drakeholes, Bawtry, Notts, wrote to tell us about her son's illness and cure: "Sirs: When he was about 5 years old my son was very ill, and after that suffered dreadfully with pains in the shoulder and side and in his head. He used to wet the bed every night and was so bad that I had to keep him from school. He was altogether ill. The doctor could not give him any real help, so 2 years ago I began to give him your Doan's Backache Kidney Pills. After he had taken a box and a half he was quite cured, and has never wetted the bed since. You are at liberty to publish this if you think it will help any other poor mothers.

(Signed) J. M. TWYNHAM."

FOUR YEARS CURED OF THIS TROUBLESOME KIDNEY COMPLAINT.

Over four years after telling us of her daughter's cure, Mrs. E. TREHERNE, Bowlers Yard, Church Street, Ledbury, said to a representative:—"I am happy to say there has been no sign of the trouble returning—my daughter has enjoyed splendid health ever since, and it is over four years from the time she was cured."

The following is Mrs. Treherne's original statement:—"For many years my daughter was subject to kidney weakness; she was continually wetting the bed and her clothes. This trouble became so bad that I was quite worried and anxious about her. The doctor's treatment did her some good for the time, but the distressing weakness was soon as bad as ever again, and there was no real improvement until she began to use Doan's Backache Kidney Pills. These proved just the right medicine, and a course of the treatment entirely cured her.

(Signed) ELIZA TREHERNE."

Cured to Stay Cured.

Note the Permanency of the Cures by

DOAN'S Backache Kidney Pills.

On page 3, Miss Chalmers, Cured 1901, Still Well To-day.

On page 5, Mr. Bodger, Cured 1903, Still Well To-day.

On page 8, Mr. Jordan, Cured 1902, Still Well To-day.



"Every
Picture Tells
a Story."

On page 9, Mrs. Lewis, Cured 1901, Still Well To-day.

On page 12, Mrs. Morgan, Cured 1900, Still Well To-day.

On page 12, Mr. Pepler, Cured 1899, Still Well To-day.

On page 13, Mrs. Pitcher, Cured 1900, Still Well To-day.

On page 17, Mr. Smith, Cured 1900, Still Well To-day.

And so on from page to page of Doan's Lucky Book. Could there

be any stronger or more convincing evidence of the merits of Doan's Backache Kidney Pills as a special kidney medicine? They cure you and keep you cured, and nothing better could be said of any medicine. It is the most remarkable feature of Doan's Pills that they not only free the kidneys from disease and the body from the ills—Rheumatism, Dropsy, Urinary Troubles, etc.—which arise from diseased kidneys, but also strengthen and tone the kidneys and the urinary system, so guarding you against any recurrence of the disease.

It is a splendid thing to be freed from disease and pain. How much more splendid to be kept free.

Confined to Bed for Three Months.

Helpless as a Child. Cured by Doan's Backache Kidney Pills.

In an interview with one of our representatives in September, 1903, Mr. WILLIAM HUTCHINSON, 7, Wardlaw Street, Edinburgh, said: "It is always a great pleasure to me to speak of my remarkable cure by Doan's Backache Kidney Pills, which made me well when I was given up by the doctor. My trouble started in February last and I found I was suffering from dropsy. My limbs were terribly swollen and the water kept creeping higher and higher. The doctor's treatment seemed to be doing me some good, when in April I was seized with a violent shivering fit; my left side swelled very badly as did the knee joint which was very much inflamed. I was so bad that I was confined to bed for three months, helpless as a child. I got no better, and at last decided to give a trial to Doan's Backache Kidney Pills. The first box did me so much good that I determined to continue with them, and after I had taken several boxes I was able to get out of bed and go about on crutches. Then came the happy day when I was strong enough to throw the crutches away. I can never do or say enough to prove how grateful I am for the lasting good your pills have done me.—(Signed) WM. HUTCHINSON. (Eight months later)—May, 1906—Mr. Hutchinson added: "I have no hesitation whatever in saying that these splendid pills saved my life."



Mr. HUTCHINSON.

(From a photo.)

DOAN'S DINNER PILLS

Cure Constipation, Indigestion, Biliousness.
Stimulate and Strengthen the Bowels,
Stomach and Liver.

If the bowels are not regularly moved at least once a day, your whole body suffers. The first symptom of constipa-



tion is a warning that you need an opening medicine. You must take a medicine which will produce a natural and easy movement of the bowels; any medicine that does anything more than that, anything like a violent purge, is not only most injurious, but actually increases the trouble you are trying to cure.

Doan's Dinner Pills are

A Safe Laxative

because they contain no dangerous ingredients whatever (such as mercury, which is used in so many opening medicines); because they do not do too much, because they do not leave the bowels bound, and because they produce a full, free, but not violent movement.

They cure constipation naturally and effectively.

They also act on the liver and stomach, stimulating and strengthening them, helping the digestion and causing a free flow of the bile, the accumulation of which in the system causes biliousness.

If your liver, stomach and bowels are not doing their work properly, you will suffer from—

Sick Headache, Biliousness,
Indigestion, Heartburn,
Sour Stomach, Flatulence,
Nervousness, Depression,
Faintness, etc., etc.

Doan's Dinner Pills cure all these illnesses, because they cure the cause of them, they cure the liver, the stomach, and the bowels.

Here are the stories of a few of the thousands who have gained real and lasting benefit from Doan's Dinner Pills:—

Indigestion Permanently Cured.

Eighteen months after his cure, Mr. SYDNEY A. SUCH, 28, Francis Street, Stratford, London, E., gave us the details of his case. "Ever since my cure by Doan's Dinner Pills," he said "I have kept well. My trouble was indigestion and constipation, and I had suffered for quite six years. I dreaded taking my meals, for afterwards I would have such awful pains in my chest and between my shoulders that I hardly knew how to bear them. Dizziness, flatulence, and a nasty taste in the mouth were other troubles, and my sight was dim—little specks seemed to float before my eyes. I suffered a great deal, too, with pains around my heart.

"I tried almost everything, but it was only Doan's Dinner Pills that did me good. Soon after starting with them I could feel they were making me better, so I continued with them, and they cured me. I am glad to say I have remained cured. (Signed) S. A. SUCH."

A Safe Household Remedy.

"I am sure we could not wish for a better family remedy than Doan's Dinner Pills," says Mrs. S. LEWIS, 26, Hartington Street, Loughborough. "They have done me the world of good. Previous to using them I was very constipated, which caused me to get dizzy at times, and gave me a feeling of general ill-health. I used several remedies, some of which did me a little good, but I have found nothing that has suited me so well as Doan's Dinner Pills have done. I can indeed speak well of them, and I have made it a rule always to keep them in the house. We have used them two years now.—(Signed) SARAH LEWIS."

No Binding Effect Afterward.

Mrs. E. BANNER, Ct. 54, Hanover Street, Bromsgrove, says:—"For fully twelve months I was a martyr to indigestion, and I had a great trouble to get a cure for it. I used one medicine which did me a little good, but it made no great improvement. Then I started with Doan's Dinner Pills, and was delighted with them. They gave me perfect ease, and they acted very gently, leaving no binding effect such as one generally finds in a purgative medicine. I have never used such a good medicine as these dinner pills, and I should not like to be without some of them in the house."

"Before my cure food used to treat me cruelly, collecting like a lump in the chest, causing a bad pain and a feeling of fulness."

"All who suffer with indigestion should certainly try Doan's Dinner Pills, and I can give this advice from experience.—(Signed) E. BANNER."

A Cure for Sick Headaches.

Mrs. MARY MCKENZIE, 16A, Jamaica Street, Peterhead, tells here how she has obtained relief after suffering a long time.

"I can speak highly of Doan's Dinner Pills," she says, "for they have done me a wonderful lot of good. For twelve months or so I was suffering with constipation, headaches and dizziness. There was a terribly tired feeling upon me, I had no appetite, and seemed to have lost all energy."

"I had medicine from the doctor, and tried different remedies in the hope of getting better, but I met with no success until I began taking Doan's Dinner Pills. I read about these pills having cured people who had suffered as I was suffering, and that was how I came to use them myself. They have helped me wonderfully, and are such a good medicine that I have decided to always keep some in the house."

"You are at liberty to publish this statement, for the sake of other sufferers.—(Signed) MARY MCKENZIE."

Indigestion and Constipation Cured.

In July, 1905, Mrs. AGNES NEILSON, 6, Ramsay Place, Portobello, said:—"I used to suffer very much with indigestion and constipation, and no medicine did me any good; that is to say, until I began to take Doan's Dinner Pills. I used to be dreadfully tired in the morning; in fact, more so than when I went to bed at night. During the day I was worried by a dull, tired and miserable feeling. From the first Doan's Dinner Pills did me good, and I can only say that now I should not like to be without them in the house. (Signed)—AGNES NEILSON."

Almost a year later Mrs. Neilson confirmed this statement, writing to us as follows:—"I always speak very highly of your dinner pills, and I don't know of any medicine so good for indigestion. All the friends to whom I have recommended them think the same. I am enjoying very good health."

Constipation Cured.

"For a long time I suffered very much from constipation," says Mrs. JOHN CLARKE, 33, Priory Street, Newport Pagnell, "and was always taking medicines, none of which, however, gave me more than temporary relief. In fact, they generally acted violently, leaving me worse than before. At last I tried Doan's Dinner Pills; they were splendid, and they cured me. I've been first rate since, the constipation gone, as also the headaches, which used to trouble me greatly, and the indigestion, which was a long standing ailment with me. I have not used the pills for the last four months I have had no need to do so.—(Signed) J. CLARKE."

Biliousness and Indigestion Permanently Cured.

Mrs. F. EVANS, 9, Cartlett, Haverfordwest, says: "I suffered for years with indigestion, biliousness, loss of appetite, and other liver disorders, and although I tried various medicines, none of them did me good. Then I commenced taking Doan's Dinner Pills, and finding they were helping me I gave them a fair trial with the result that they made me well. I can now take my food without any ill effect afterwards."

Eight months later Mrs. Evans wrote: "I am pleased to say I am still in good health, and have recommended the pills to all my friends."

CONSTIPATION CURED A YEAR AGO.

STILL WELL.

"I have found Doan's Dinner Pills splendid for the liver," says Mrs. MARY BATTYE, 8, Rose Street, St. Andrews Street, Huddersfield. "My bowels were constipated, and I was troubled with sickness, dull headache and tiredness, the result of chills going to my liver. Doan's Dinner Pills put me and keep me right.—(Signed) MARY BATTYE."

A year later Mrs. Battye wrote:—"I am still enjoying good health, and attribute it solely to Doan's Dinner Pills."

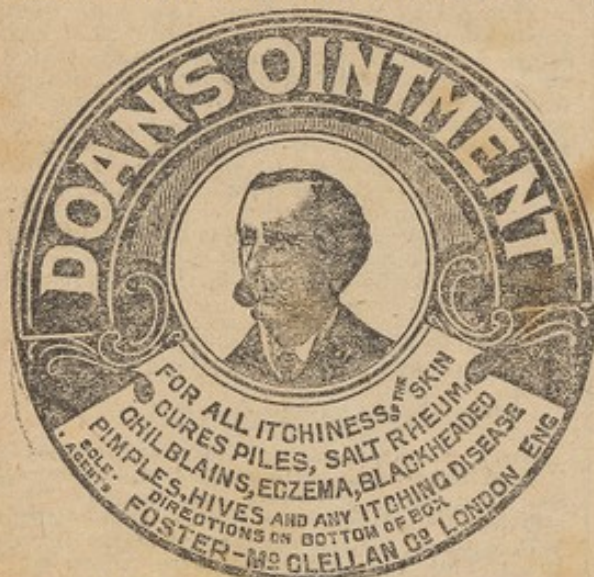
A FREE SAMPLE.—To prove how good Doan's Dinner Pills are, we will gladly give a Free Sample to anyone sending a penny stamp for postage. See address on page 32.

(For Price of Doan's Dinner Pills see page 32.)

DOAN'S OINTMENT

The "Thorough" Cure for Piles, Eczema, Shingles, and Itching Diseases of the Skin.

This Ointment is wonderfully efficacious in itching diseases of the skin, being compounded of ingredients that possess remarkable healing and purifying proper-



ties. The very first application usually puts an end to any itching or irritation, which is an immense relief to anyone who suffers from

Piles,	Eczema,
Shingles,	Pimples,
Scurf,	Itch,
Blackheads,	Mange,
etc., etc., etc.	

In the very worst cases of any of these diseases Doan's Ointment will prove a "thorough" cure.

Piles, as everyone knows who has the misfortune to suffer from them, are not only terribly painful, and irritating but also difficult to cure. They are more frequent in women (they are very common during pregnancy) than in men, and they are often caused by straining the bowels when constipated, by damp, by chill, by constant sitting on a wet seat.

Bleeding and Torturing Itching Piles are quickly and thoroughly cured by

Doan's Ointment, relief being usually obtained from the first application. A cure will follow—a "thorough" cure.

Eczema is often the result of debility, overwork, worry, being constantly wet (as when washing), and is frequently found accompanying rheumatism and gout. It begins with a reddening, burning, itching of the skin. Then there follow slight swelling patches with little "heads," which will break and discharge.

If there are signs of Rheumatism or Gout, Doan's Backache Kidney Pills should be taken.

Shingles, the most severe form of skin disease, medically known as Herpes, is not only very painful, but requires careful treatment. Previous to the actual appearance of this disease there is often much pain, resembling neuralgia, which is followed by a red eruption of one or more patches. The small swellings which form the clusters or patches are filled with watery fluid, which later becomes thick. They finally dry up, leaving a scab, and often a scar. The disease is more frequent with those who suffer from Rheumatism or Gout (for which take Doan's Backache Kidney Pills), and is often brought on by debility, cold, chill or worry. It most generally attacks the body from the back, following the course of the ribs and forming a sort of belt.

Doan's Ointment is a wonderful cure for other itching diseases of the skin, etc., such as Pimples, Insect Bites, Itch, (Scabies), Mange, Scurf, Blackheads, etc., etc.

Doan's Ointment has never been known to fail where it has been used in accordance with the full directions given with it, and the cases on the opposite page—a few of very many—prove conclusively its splendid qualities. Even the most stubborn and long standing cases yield to Doan's Ointment, so no sufferer from Piles or Eczema or Itching Skin Disease need despair.

Cured Six Years of Itching Piles.

"I am only too pleased to speak for Doan's Ointment," says Mr. GEORGE L. JONES, Eden Villa, The Grove, Horsell, Woking. "It is a splendid remedy for piles. I was suffering terribly from this malady at the time I began using the ointment, and I am glad to say that after a short treatment it thoroughly cured me."

"It was *six years ago* or more that I was cured, and there has been no sign of the trouble returning, so there can be no doubt about my cure being lasting."

"They were itching piles I had, and I cannot describe what I went through with them. I was unable to sit on a hard chair; I was obliged to use a specially made cushion. I felt that I could scratch myself to pieces, and the terrible itching quite spoilt my rest at night."

"Sometimes I thought I should have gone mad with the torture—that is about the best word to describe the suffering. Piles are a terrible thing, as everyone who suffers from them must know; and all sufferers who read this should start at once with Doan's ointment if they want to get well quickly and surely."

(Signed) GEORGE LEIGH JONES."

Maddening Eczema "Thoroughly" Cured.

"For months I was in misery," says Mrs. FRANCES CLEAL, Myrtle Court, Barton Street, Tewkesbury, "suffering dreadfully from eczema, which spread all over my body. It began some years ago, bad enough then but these last few months it has nearly driven me mad. My blood felt hot, and nothing did me any good. At last I tried Doan's Ointment, and the first application gave me ease. I kept on with it, and it thoroughly cured me."

(Signed) FRANCES CLEAL."

That was in October, 1901; in June, 1906, *nearly five years later*, Mrs. Cleal said, "I have not had a sign of the Eczema since Doan's Ointment cured me."

Bleeding Piles "Thoroughly" Cured.

In September, 1900, Mrs. S. PARKER, 14, Danesmead Terrace, Margate, said:—"For about two years I have suffered

from piles; at times the pain was dreadful, and I lost a lot of blood. The doctor's medicine did me no good, and I grew very low and feeble. At last I tried Doan's Ointment, and was surprised at the ease it gave me. I feel better now than I have done for ever so long.—(Signed) S. PARKER."

In April, 1904, Mrs. Parker said: "Doan's Ointment quite cured me of those wretched piles. I have had no repetition of them."

In May, 1906, *over five years after her cure*, Mrs. Parker wrote again enthusiastically of the benefit she had obtained from Doan's Ointment. A Thorough cure indeed!

Chronic Eczema "Thoroughly" Cured.

In 1899, Mr. JACKSON READE, 18, Cambridge Street, Millom, said:—"Every summer for three or four years I was attacked by eczema. There was itching and burning, which worried me greatly at night time. No medicine did me any good until I used Doan's Ointment, of which a few applications put me right.—(Signed) JACKSON READE."

In 1904 Mr. Reade said:—"There has been no return of my trouble."

In 1906, *over six years after his cure*, Mr. Reade said: "The trouble of which Doan's Ointment cured me has never returned. It is a splendid ointment."

Is not this a "Thorough" cure?

BLEEDING PILES CURED

Nearly five years after his cure by Doan's Ointment, Mr. EDWARD PAYNE, Homend Street, Ledbury, said: "I cannot say too much in praise of Doan's Ointment; it cured me of piles of a very serious nature some years ago, and the cure has proved a lasting one."

The following is Mr. Payne's original statement: "I have been a great sufferer with piles; they used to bleed so much that I often had to change my clothes, and I could scarcely get about. The pain was dreadful, and at one time I was laid up. I tried different remedies but it was only Doan's Ointment that brought me relief. It did me good very quickly, and it was not long before I was completely cured. (Signed) EDWD. PAYNE."

ECZEMA CURED.

Doan's Ointment Succeeds Again.

"As long ago as January, 1901, I was cured of eczema by Doan's Ointment," says Mr. PATRICK CASEY, Ardnaree, Ballina, Ireland; "and I am thankful to say the cure has proved permanent. The eczema broke out on my left leg, the eruption itching terribly. I tried different kinds of treatment, but nothing did me any good, and the disease continued to spread."

"Then I got some of Doan's Ointment, and it quickly gave me relief. I continued with this treatment, and it cured me so completely that there hasn't been any return of the trouble in the five years that have passed since."

(Signed) PAT. CASEY."

(For Price of Doan's Ointment see page 32.)

Bad Weather—(Continued.)

If the convolvulus and chickweed close, there will be rain.

If sheep, rams, and goats spring about in the meadows, and fight more than usual.

If cattle leave off feeding, and chase each other in their pastures.

If foxes and dogs howl and bark more than usual; if dogs grow sleepy and dull.

If moles cast up hills, rain; if through openings in frozen turf, or through a thin covering of snow, a change to open weather may be expected.

If horses stretch out their necks, and sniff the air, and assemble in the corner of a field, with their heads to leeward;

If rats and mice be restless and squeak much.

If peacocks and guinea-fowls scream, and turkeys gobble; and if quails make more noise than usual.

If the cock crow more than usual, and earlier.

If swallows fly lower than usual.

If the crows make a great deal of noise, and fly round and round.

If water-fowl scream more than usual, and plunge into the water.

If birds in general pick their feathers, wash themselves, and fly to their nests.

If bees remain in their hives, or fly but a short distance from them.

If fish bite more readily, and gambol near the surface of the streams or ponds.

If worms creep out of the ground in great numbers.

A few Sailor's Superstitions.

It is unlucky to whistle on board ship, to drown a cat, to carry a corpse, to lose a bucket or a mop.

Children bring good luck to a ship.

To see porpoises denotes a coming storm.

It is unlucky for a sailor to cut his hair or his nails in fine weather.

Colour of the Eyes.

If the whites of the eye are yellowish, or shot with red, it shows strong passions.

Blue eyes denote coquetishness.

Grey eyes, cleverness.

Green eyes show a tendency toward falseness and gossip.

Yellowish eyes denote a stupid, slow nature.

Black eyes, an excitable passionate temperament.

Brown eyes, a generous, kind, happy character.

This is the end of what I can tell you about Luck. But I should like to remind you that it is not well to believe much in luck; what our lives become depends almost entirely on what we make them, especially in regard to health.

PRICES OF DOAN'S MEDICINES:

Doan's Backache Kidney Pills	One Box 2/9 ...	Six Boxes 13/9.
Doan's Dinner Pills	One Box 1/1½ ...	Six Boxes 6/-.
Doan's Ointment	One Pot 2/9 ...	Six Pots 13/9.
Doan's Pile Pipe	Sixpence each.

This is the BOX

This is the NAME

This is the LEAF



Mistakes may be made if you do not ask *distinctly* for DOAN'S Backache Kidney Pills, DOAN'S Dinner Pills and DOAN'S Ointment—you *must* say *Doan's*, otherwise you can only blame yourself if there is a mistake. See above picture of the *genuine* package of Doan's Backache Kidney Pills.

If you cannot get the *genuine* Doan's Backache Kidney Pills, etc., of your chemist or stores, they may be had, post free on receipt of price, direct from the proprietors:

Address:—FOSTER-McCLELLAN CO.,
8, Wells Street, Oxford Street, London, W.

Roberts & Leete, Ltd., Printers, London.



On every Package.

DECLARATION OF PURITY.

I, Edwin McClellan, Managing Director of Doan's Backache Kidney Pill Co., of 8, Wells Street, Oxford Street, London, W., do solemnly and sincerely declare as follows:—

"The Pills put up under the title of 'Doan's Backache Kidney Pills,' are made from the purest extracts of roots and herbs, and do not contain any calomel, mercury, arsenic, strychnine, bromides, cocaine, opium, morphine—no narcotics in any form—nor any injurious or harmful drugs whatever; and that they may be taken by the youngest child or the weakest invalid with perfect safety.

"Furthermore, that the medicine was discovered by the Canadian Quakers seventy-two years ago, and is to-day made from precisely the same formula as the Quakers used.

"And I make this solemn declaration conscientiously believing the same to be true, and by virtue of the provisions of the Statutory Declarations Act, 1835."

Edwin McClellan

Declared at 65 and 66, Chancery Lane, London, England, this 29th day of April, 1902.

I, GEORGE ISAAC BRIDGES, of the City of London, Notary Public, duly admitted and sworn, hereby certify that on this date, Edwin McClellan, named above, appeared before me, and by Solemn Declaration did declare the several matters contained in annexed Declaration to be true.

Before me

G. Bridges
Notary Public



In Testimonium Veritatis.
G. Bridges
Notary Public

IN FAITH and TESTIMONY WHEREOF I have hereunto set my hand and affixed my Seal of Office. Dated in London this Twenty-ninth day of April, One thousand nine hundred and two.

To Doctors and Chemists.—The above Certificate covers every box of Doan's Pills that goes out from our warehouse. Note the cases of Bright's Bladder trouble at your

house. Test this medicine on the severest cases of Kidney and command—on the ones that have failed to yield to other treatments. disease and Dropsy recorded in this book—note permanency of cures.

To the Public.—People constantly write asking if they can safely use Doan's Backache Kidney Pills. The above Certificate is a solid guarantee that they can, and that the medicine is absolutely free from harmful drugs.

But you must get the genuine (see opposite page).

DOAN'S LUCKY BOOK

HERE'S GOOD HEALTH



AND
GOOD LUCK TO YOU