

mydetoxdiet.co.uk : detox and weight loss solutions.

Contributors

Metropolitan Life Insurance Company.

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mydetoxdiet.co.uk
Detox & weight loss solutions

„How I became obsessed by a dirty Malteser
and lost 7lbs“ **Passion for the Planet**

„The diets you have to try“ **Glamour magazine**

Our Detox plans



How do our plans work? Like all complex machinery your body should be cleansed at least once a year for optimum productivity. Our plans are tailored to each individual needs to achieve the best results.

What are the benefits? Detoxification, slimming, weight loss, stress & pain relief, better blood circulation, kick start the metabolism, skin purification, cell health, positive anti aging effect, reduction in cellulite, firmer skin, muscular relaxation, loss of any baby weight, improvement in allergies & skin complaints, positive anti aging effect and an improvement in a number of medical complaints.

What is included? Consultation, our Detox diet delivered to your door, one full body composition analysis before and after the plan, infrared sessions, towels, water and herbal teas.

Our offers & prices: 4 Days Trial Detox plan for £199; 8 days Complete Detox plan for £396.

mydetoxdiet.co.uk
a part of the Beautifulbreak family

Phone: 020 88 58 58 77 • info@mydetoxdiet.co.uk

www.mydetoxdiet.co.uk



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Detox & weight loss solutions

Up to 20% off for every new client

mydetoxdiet.co.uk

Ground floor of the Alara
Health shop
58-60 Marchmont Street
London
WC1N 1AB
Tel: 0 20 88 58 58 77
www.mydetoxdiet.co.uk

Opening hours:

Monday to Friday 9am till 8pm
Saturday 10am till 6pm
Sunday 11am till 6pm

OK magazine – „Gwyneth Paltrow and Demi Morre are just two big names who have jumped on the celebrity craze Iyashi Dome.“

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„Detoxini diet provides a short sharp blast of healthy vegan based eating“ **Harper's Bazaar**
„How I lost 1st 1lb in 30 days“ **Fabulous Magazine**

Our Detox diets - delivered to your door

What makes us different to other diets? Do you feel bloated, run-down, and low on energy? Tired of random diets? You don't have the time to shop sensibly, cook and eat well? Our food plans takes away the hassle and give you a clean and fresh start. Boost your immune system and start ordering today!

What are the benefits? Detoxification, weight loss, skin purification, reduces high cholesterol and blood pressure, boosts your metabolism, portion and calorie controlled, tailor-made, time saving, helps to break old habits, all ingredients are ethically sourced.

How does the delivery work? London - deliveries are possible Mon - Sun and are charged at £13 Zone 1 and 2 and £18 for Zone 3. Weekend surcharge will apply. Outside London - deliveries are every Tuesday and Friday between 8am and 1pm. A delivery charge of £22 occurs. Saturday deliveries are possible for an additional charge.

What is included? Daily breakfast, lunch, dinner, snacks and herbal teas

Our offers & prices: £106 pp for four days Detoxini diet or for four days juice fasting. Deliveries excluded in the price.

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Our corporate section

Why use our infrared Domes at your company? Clinically tested to reduce stress, blood pressure and cholesterol, quick and efficient treatment, boost the metabolism and immune system, helps with weight loss and slimming, detoxification

How does it work? If you are an employer or employee interested in learning more about on-site treatment programs from mydetoxdiet.co.uk then please contact us and we are happy to discuss your requirements.

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Chartered Management Institute – „It is estimated that illness at work costs UK employers £12.2 billion a year, as a result of sick days taken!“

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„Gwyneth Paltrow and Demi Moore are just two of the celebrities who jumped on the new lyashi Dome craze“ **OK magazine**

Our infrared Domes

How does the Domes work? Detoxification, firming, stress release, anti aging, purified in-depth cleansing and more in just one treatment! One session of our infrared Dôme produces the same amount of sweat as running at least 20 km, but without the negative side effects.

Why infrared heat? Infrared therapy heats the body directly; our Domes raise the core body temperature, to produce a deep detoxifying sweat at the cellular level, where most toxins reside.

What are the benefits? Detoxification, slimming, weight loss, relaxation, stress release, pain relief, better blood circulation, kick start the metabolism, skin purification, cell health.

Our offers: Trial session for £35, 3 sessions for £99 and 10 sessions for £300, please ask our therapist for the deal of the months.

What is included? Consultation, one full body composition analysis, towels, water and herbal teas.

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Online shop

Our online shop will be coming soon...



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