

Teaching slides, chiefly captioned diagrams relating to the structure and function of nerve cells referenced as 'Dr Brown'

Contributors

Brown, Geoffrey Lawrence

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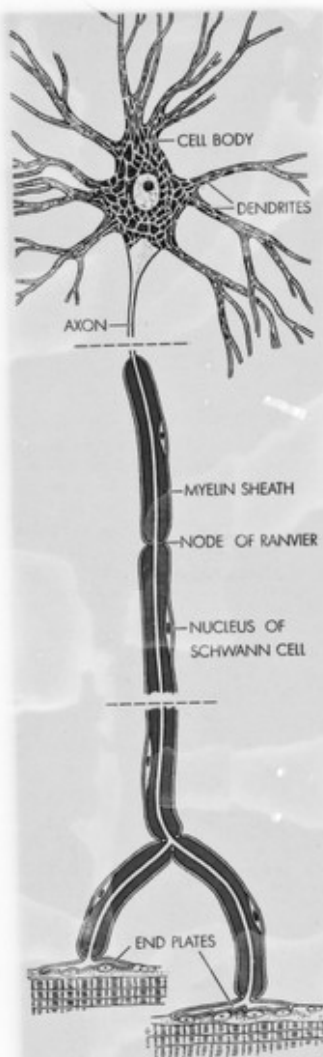
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MOTOR NEURON is the nerve cell that carries electrical impulses to activate muscle fibers. The cell body (top) fans out into a number of twigs, the dendrites, which make synaptic contact with other nerve fibers (see top illustration on opposite page). Nerve impulses arising at the cell body travel through the axon to the motor-plate endings, which are embedded in muscle fibers. Myelin sheath is formed by Schwann cells as shown at bottom of opposite page. By insulating the axon the myelin wrapping increases the speed of signal transmission.

205], whose function is to monitor the organism's external and internal environments. The motor neurons carry impulses from the higher centers to the "working" cells, usually muscle cells, which provide the organism's response to changes in the two environments. In simple reflex reactions the transfer of signals from sensory to motor neurons is automatic and involves relatively simple synaptic mechanisms which are fairly well understood.

When a nerve cell, either motor or sensory, begins to differentiate in the embryo, the cell body puts out a long fiber—the axon—which in an unknown way grows toward its proper peripheral station. It makes contact with muscle or skin. The entire axon may be several feet long, though it is less than .001 inch in diameter. It forms a kind of miniature cable for conducting messages between the periphery and the central nervous system, which lies protected together with the cell body inside the skull. Isolated peripheral nerve fibers probably have been subjected to more intense experimental study than any other tissue, in spite of the fact that they are only fragments of cells severed from their central nervous system and their terminal connections. Even isolated axons are capable of conducting currents of thousands of ions before they fail to work. This fact, and other observations, make it clear that the nucleus and body of the nerve cell are concerned in long-term maintenance of the nerve fibers—with growth and repair rather than with the immediate signaling mechanism.

For years there has been controversy as to whether or not the fundamental concept of the existence of individual cell units could be applied to the nervous system and to its functional connections. Some investigators have believed that the developing nerve cell literally grows into the cytoplasm of other cells with which it establishes a functional relationship. The matter could not be settled convincingly until the advent of high-resolution electron microscopy. It turns out that most of the surface of a nerve cell, including its extensions, is indeed closely contacted and enveloped with other cells. In fact, the cytoplasm of adjacent cells remains separated by distinct membranes. Moreover, there is a small extracellular gap, usually of 100 to 200 angstrom units, between adjoining cell membranes.

A fraction of these cell contacts are functional synapses: the points at which signals are transferred from one cell to

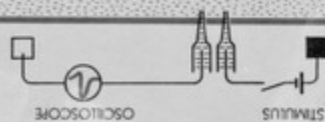
the next link in the chain. These are found only at and near the cell body of the neuron or at the end of the axon. Most of the intercellular contacts, particularly those clinging to the axon, are not nerve cells at all. They are still a puzzle. Some of them are called Schwann cells; they do not appear to take part in the immediate transmission, except possibly to modify the pathway of flow around the axon. For example, that very small satellite cells are to be found on the cell surfaces of many neurons, which closely resemble nerve cells in their ability to conduct electrical impulses from one end to the other.

One of the known axon satellites is the so-called myelin sheath, an insulating jacket that increases the efficiency of peripheral nerve conduction in vertebrate animals. Electron microscope studies by Geren-Uzman and Fraum, at the Massachusetts Institute of Technology, we now know that the myelin segment is produced by a Schwann cell that wraps tightly around the axon, forming a spiral envelope [see bottom illustration on opposite page]. The segments are separated by gaps—the nodes of Ranvier—at the points along the axon where a signal is regenerated.

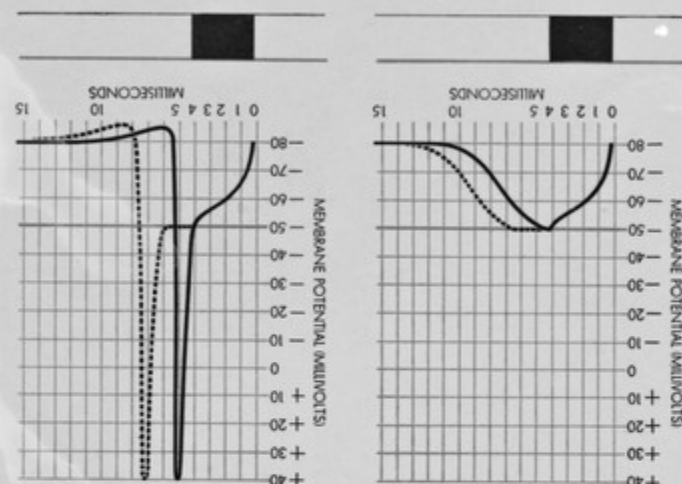
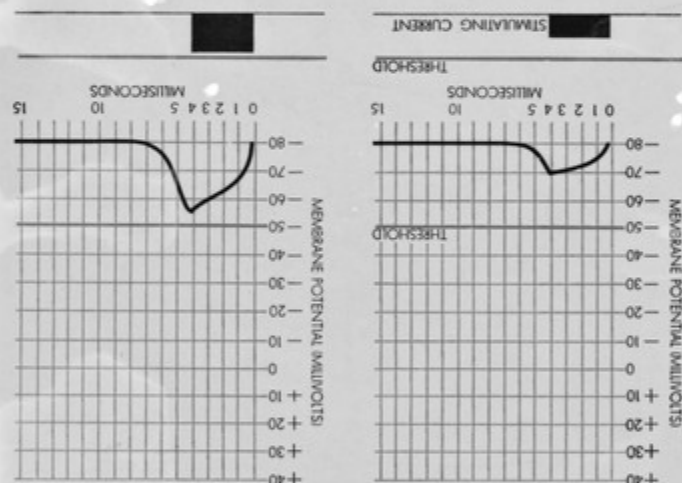
There are other types of axon satellites that do not have a nucleus, even these are covered by Schwann cells. For example, an axon extends so far that the nerve cell it reaches is located along its length. Most of the isolated axons, however, are cells with nuclei and cytoplasm, which may be able to manage an investing layer of Schwann cells. However, the function of these cells cannot maintain the axon long once it has been severed from the main cell body; after the peripheral segment is severed, it disintegrates. How the Schwann cell acts as a lifelong caretaker, bringing its influence to bear on the axon, is one of the most important parts of the puzzle of ordinary diffusion—remains a mystery.

The experimental techniques that have been used in dealing with the structure of nerve commun-

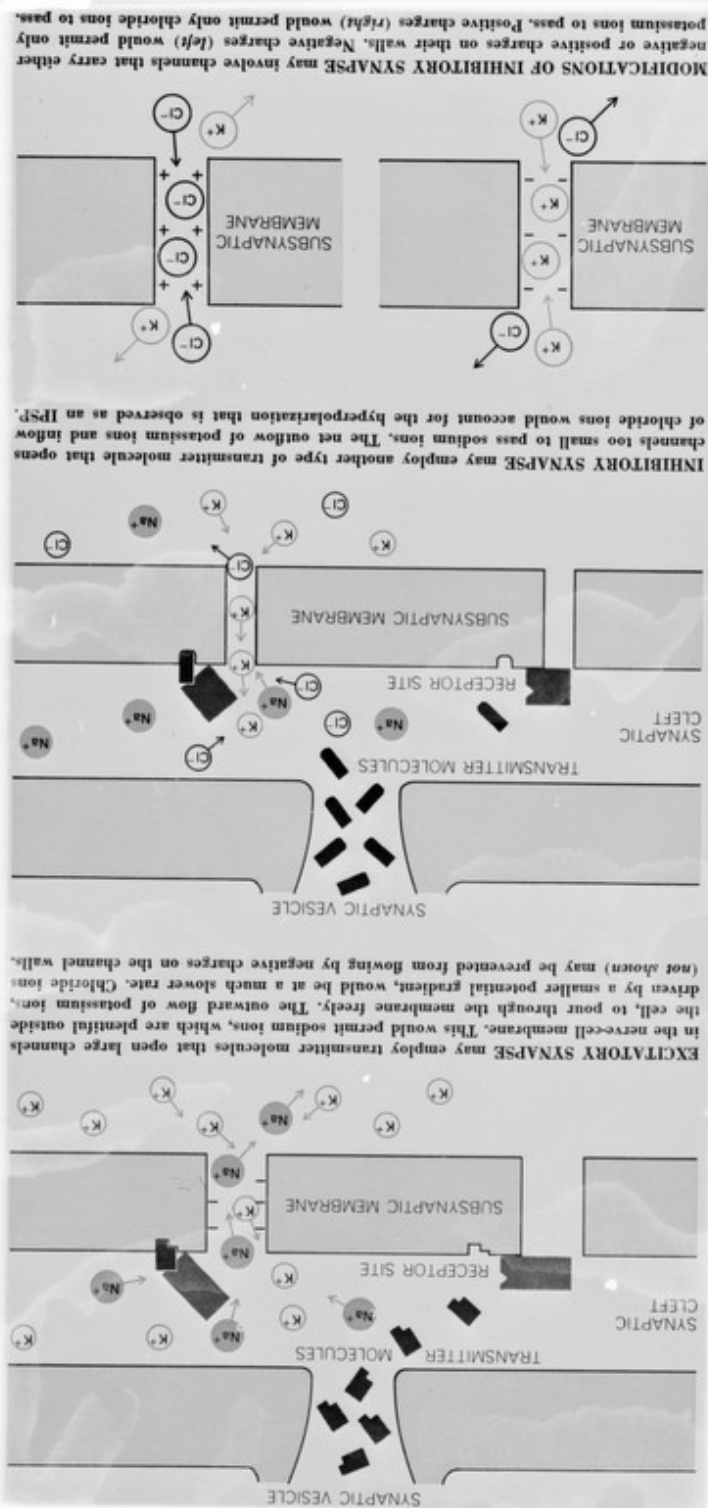
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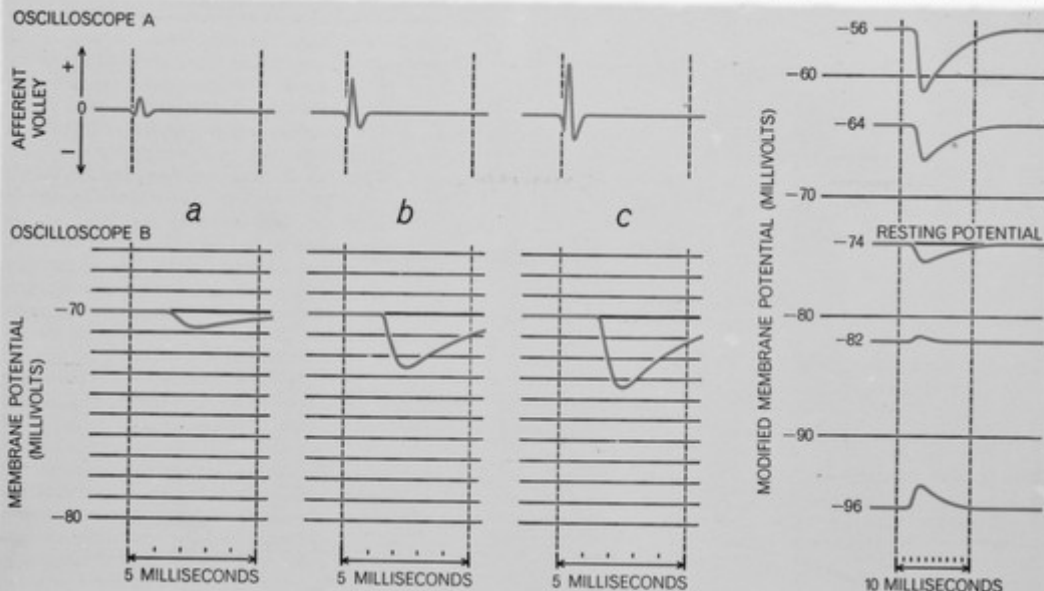


INVESTIGATION OF NERVE FIBER is carried out with two microelectrodes. One provides a stimulating pulse, the other measures changes in membrane potential (see below).



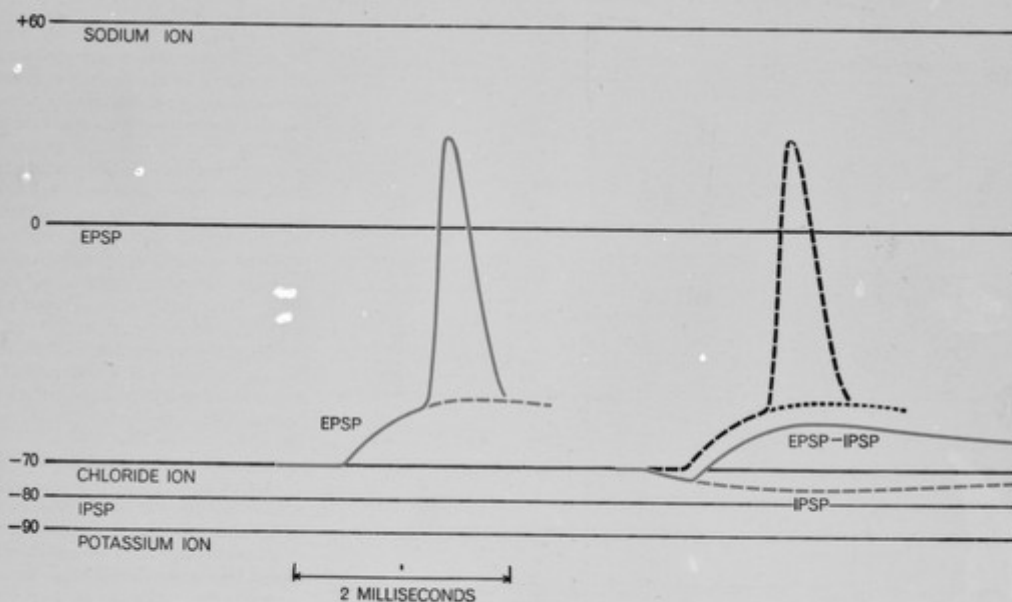
ELECTRICAL PROPERTIES OF NERVE FIBER are elucidated by measuring voltage changes across the axon membrane when stimulating pulses of varying size are applied. In the resting state the interior of the axon is about 80 millivolts negative. Subthreshold stimuli (top left and top right), where the potential upward momentarily. Larger pulses (bottom left and bottom right) with a variable delay (broken curve) or flaring up into an "action potential" (bottom right).





INHIBITION OF A MOTONEURON is investigated by methods like those used for studying the EPSP. The inhibitory counterpart of the EPSP is the IPSP: the inhibitory postsynaptic potential. Oscilloscope A records an afferent volley that travels to a number of inhibitory nerve cells whose axons form synapses on a nearby motoneuron (see illustration on page 166). A microelec-

trode in the motoneuron is connected to oscilloscope B. The sequence a, b and c shows how successively larger afferent volleys produce successively deeper IPSP's. Curves at right show how the IPSP is modified when a background current is used to change the motoneuron's resting potential. The equilibrium potential where the IPSP reverses direction is about minus 80 millivolts.



INHIBITION OF A SPIKE DISCHARGE is an electrical subtraction process. When a normal EPSP reaches a threshold (left), it will ordinarily produce a spike. An IPSP widens the gap between the cell's internal potential and the firing threshold. Thus if

a cell is simultaneously subjected to both excitatory and inhibitory stimulation, the IPSP is subtracted from the EPSP (right) and no spike occurs. The five horizontal lines show equilibrium potentials for the three principal ions as well as for the EPSP and IPSP.

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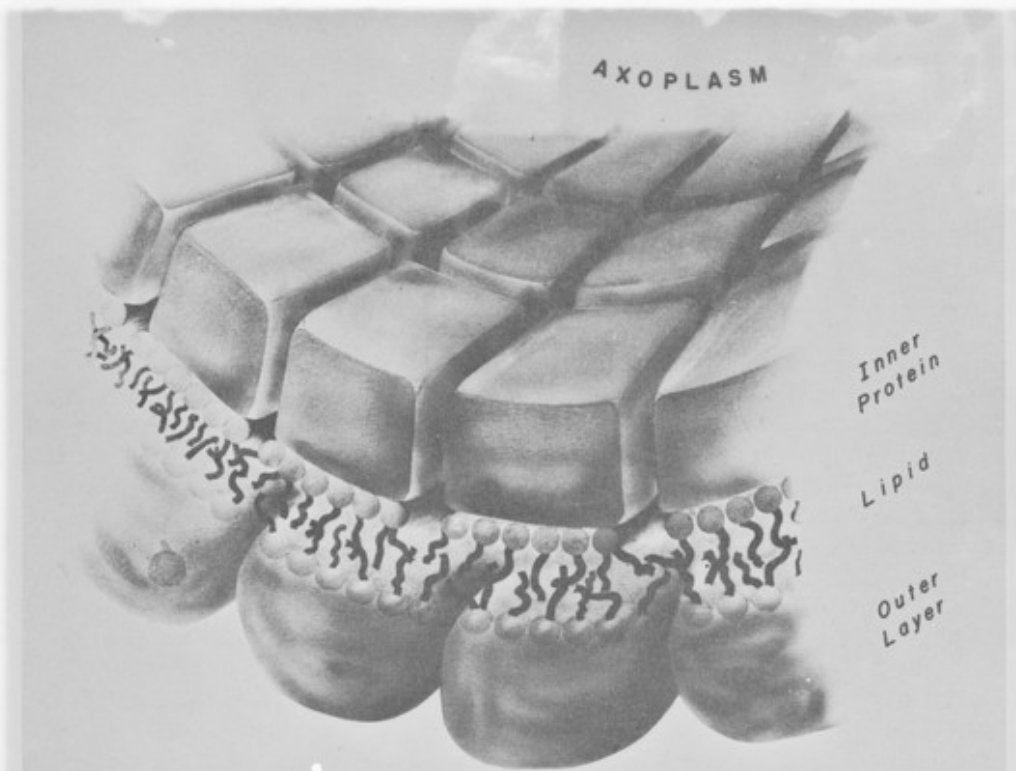


Figure 1. Diagram of axon surface membrane featuring 3 layers: (1) An inner monolayer of globular (shown as cuboidal) protein molecules forming a continuous, probably mosaic, sheet; proteins may be bound to the lipid layer through a shared layer of cationic counter-ions (e.g., Ca^{++}). (2) A bimolecular, liquid-expanded layer of mixed lipids with polar groups arrayed at both surfaces. (3) An outer monolayer of non-lipid molecules of unspecified nature possibly derived from the intercellular matrix.

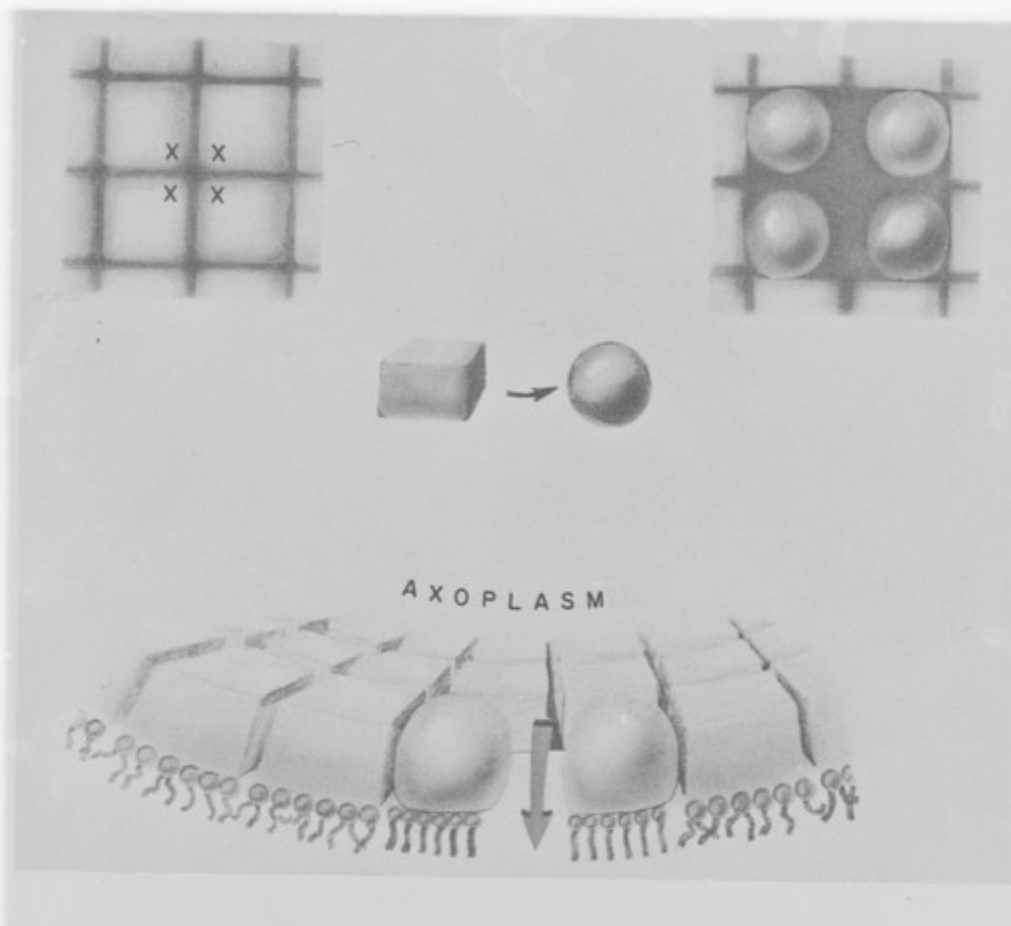


Figure 2. Reversible contractile conformation change of electrogenic protein produces pores through which, according to the ionic theory, ion effectors of the action potential could flow. Coupling of this contraction to lipid molecules of the bilayer leads to simultaneous local compaction of lipids from liquid-expanded to liquid-condensed (or solid) state and corresponding pores in the lipid phase. The conformational change of electrogenic protein could also be a cooperative change in quaternary conformation, i.e., an intermolecular interaction, of one or more proteins in the membrane mosaic.

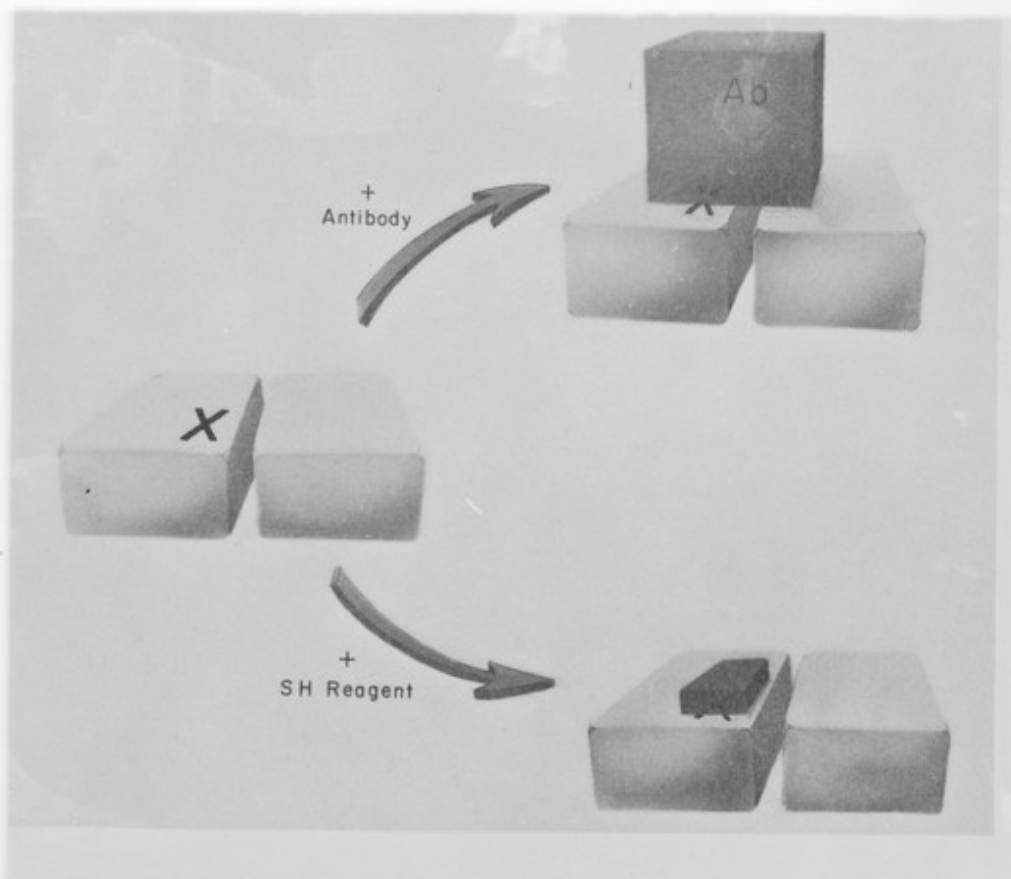
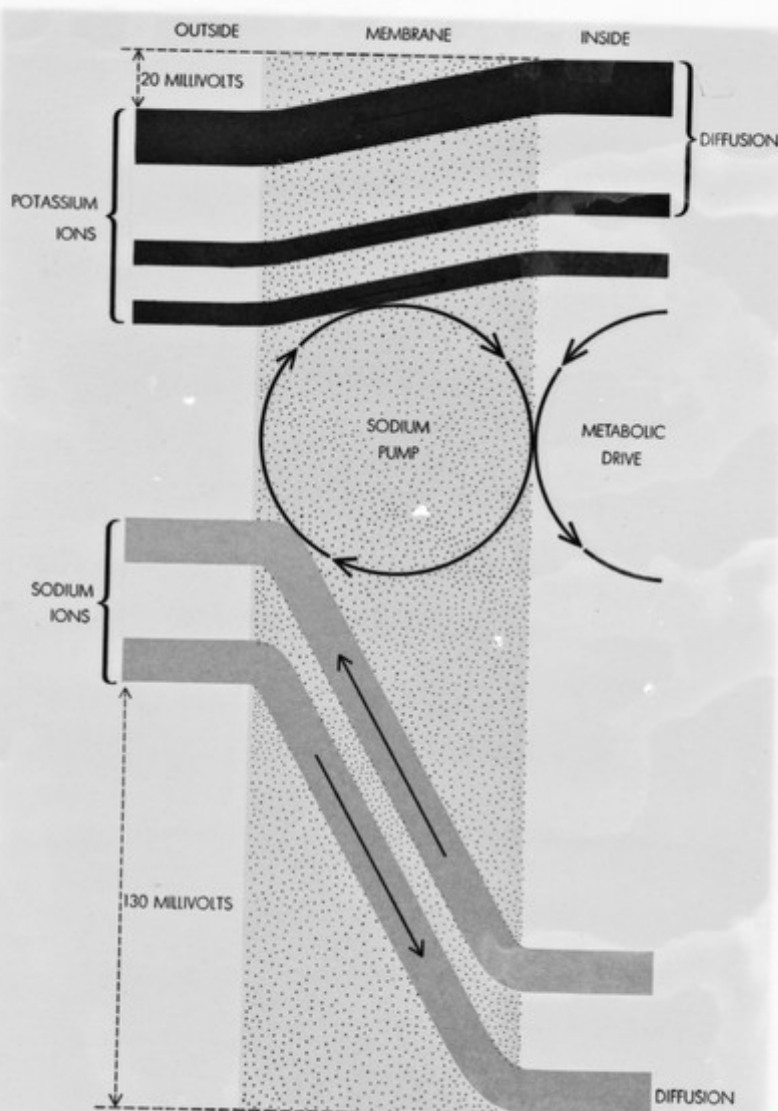


Figure 3. Action potential of perfused squid axon is blocked (with little effect on membrane potential) by antiserum against axon proteins or by -SH reagents. Reaction with antibody is ineffective unless the protein is reduced, suggesting that the protein conformation -- and electrogenic conformation change -- is critically dependent on the state of oxidation of -SH groups. Combination of antibody (upper) or -SH reagent (lower) with the electrogenic protein presumably prevents the conformation change and the triggering of pore formation.

the over-all internal composition of the axon is scarcely affected. Even without replenishment the store of potassium ions inside the axon is sufficient to provide tens of thousands of impulses. In

repeated automatic boosting along the transmission path—provides the long-distance communication needs of our nervous system. It imposes a certain stereotyped form of "coding" on our signaling channels: brief pulses of almost

provided and arranged in parallel. For example, in the nerve trunk emerging from the brain there are more than a million channels running close together, all capable of transmitting separate signals to the higher centers of the brain.



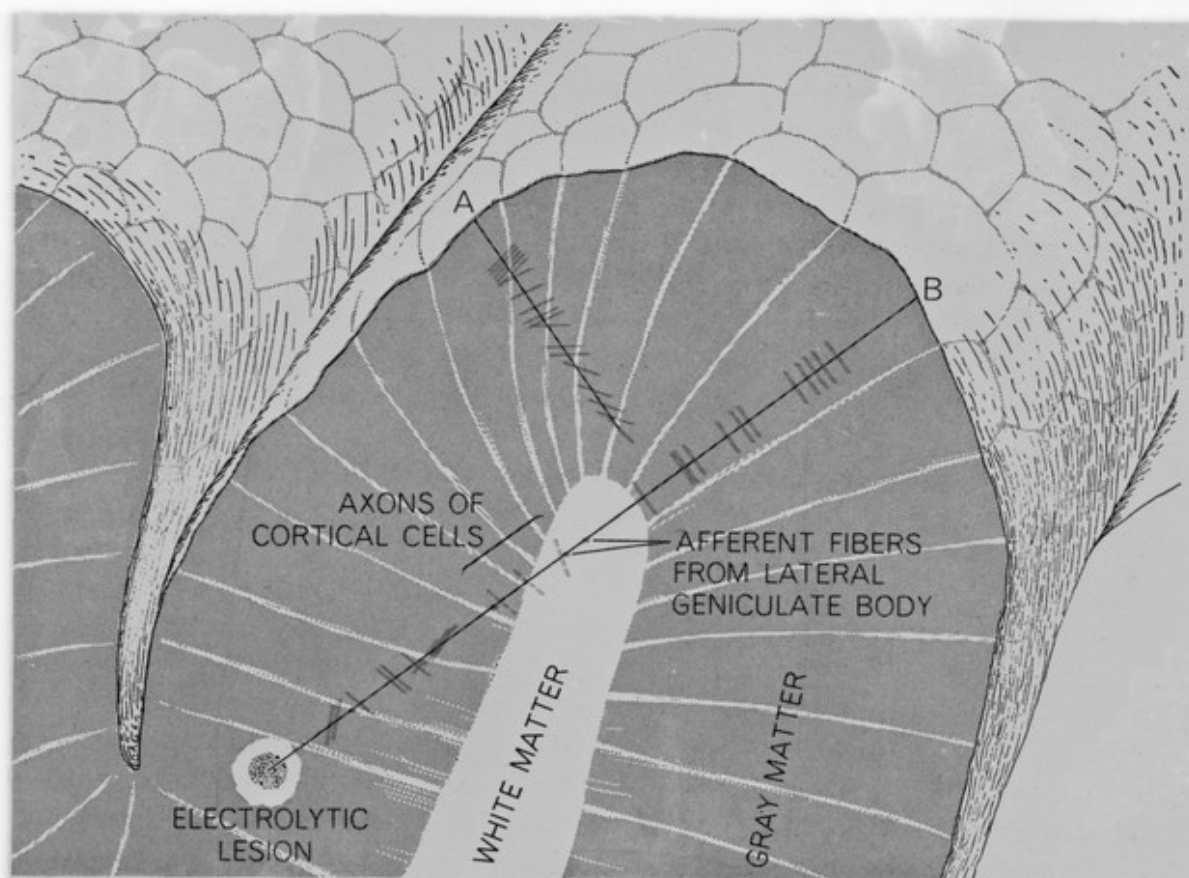
"SODIUM PUMP," details unknown, is required to expel sodium ions from the interior of the nerve axon so that the interior sodium-ion concentration is held to about 10 per cent that of the exterior fluid. At the same time the pump drives potassium ions "uphill" from a low external concentration to a 30-times-higher internal concentration. The pumping rate must keep up with the "downhill" leakage of the two kinds of ion. Since both are positively charged, sodium ions have the higher leakage rate (expressed in terms of millivolts of driving force) because they are attracted to the negatively charged interior of the axon, whereas potassium ions tend to be retained. But there is still a net outward leakage of potassium.

Let us now turn to the question of what happens at a synapse, the point at which the impulse reaches the end of one cell and enters another nerve cell. The self-renewing cable process that serves within the borders of any one cell is not designed to jump automatically across the gap to adjacent cells. Indeed, if there were such "cross talk" between adjacent channels, for instance among the fibers closely packed together in our nerve bundles, the system would become quite useless. It is true that at functional synapses the separation between the membranes is only 100 to 200 angstroms. But from what we know of the dimensions of the components of the insulating membranes, it is unlikely that a direct cable connection could exist between the terminal of one nerve cell and the interior of its neighbor. This can be demonstrated by trying to trigger a threshold pulse—that is, one that does not trigger a spike—across the gap between a motor nerve fiber and a muscle fiber. A recording probe located inside the muscle detects no response. If a weak pulse is applied to the nerve close to the synapse, the cable linkage is broken and some other process must take place.

The nature of this process was discovered some 25 years ago by Sir Henry Dale and his collaborators at the National Institute for Medical Research in London. In many ways it resembles the hormonal mechanism mentioned at the beginning of this article. The motor nerve terminal is rather like glands secreting a chemical messenger. Upon arrival of an impulse, the terminals release a special substance, acetylcholine, that quickly and efficiently diffuses across the short synaptic gap. Acetylcholine molecules combine with receptor molecules in the contact area of the muscle fiber and so now open its ionic gates, allowing sodium to flow in and trigger an impulse. The same result can be obtained by directly applying ace-

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FUNCTIONAL ARRANGEMENT of cells in visual cortex resembled columns, although columnar structure is not apparent under a microscope. Lines *A* and *B* show paths of two microelectrode penetrations; colored lines show receptive-field orientations encountered. Cells in a single column had same orientation; change of orientation showed new column.

finer not by any anatomically obvious wall—no columns are visible under the

the anatomy that there are rich interconnections between neighboring cells.

same receptive-field orientation. The evidence for this is that in a typical

the long, narrow, more or less cylindrical shape of the columns. This means

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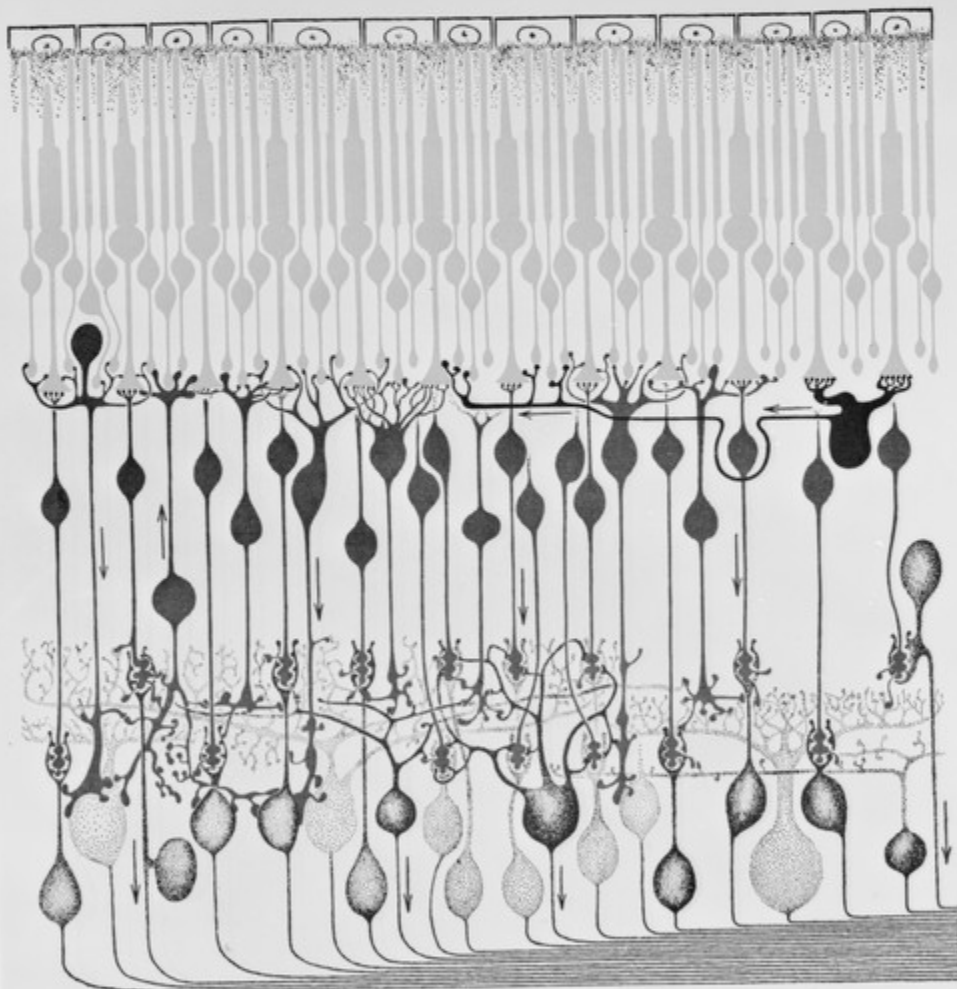
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REFLEX ARC illustrates the minimum nerve circuit between stimulus and response. A sensory fiber arising in a muscle spindle

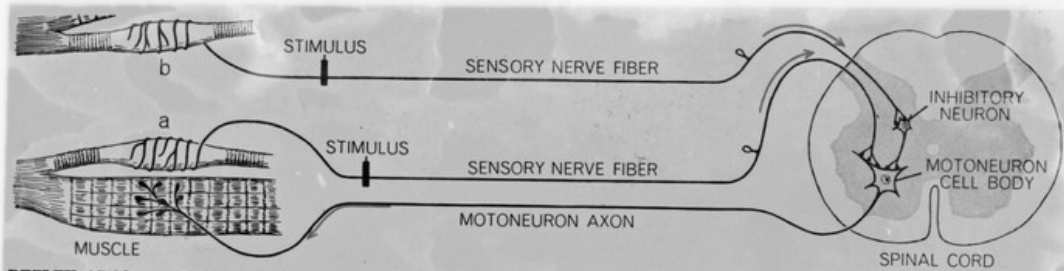
enters the spinal cord, where it makes synaptic contact with a motor neuron whose axon returns to the muscle containing the spindle.



NERVE-CELL NETWORK IN THE RETINA, here magnified about 600 diameters, exemplifies the retinal complexity in man and apes. The photoreceptors are the densely packed cells shown in color; the thinner ones are rods, the thicker ones cones. To reach them

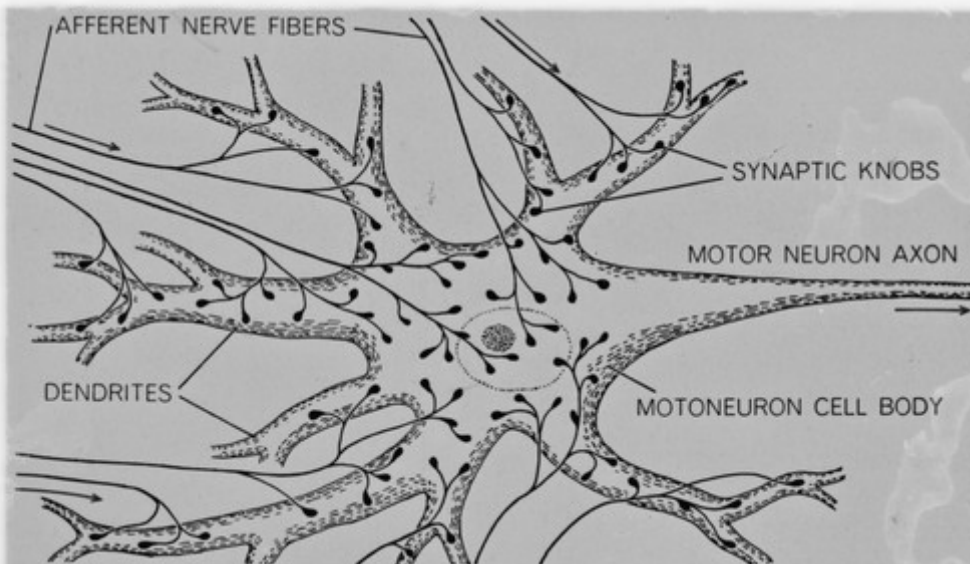
the incoming light must traverse a dense but transparent layer of neurons (dark shapes) that have rich interconnections with the photoreceptors and with each other. The output of these neurons finally feeds into the optic nerve shown at the bottom of the diagram.

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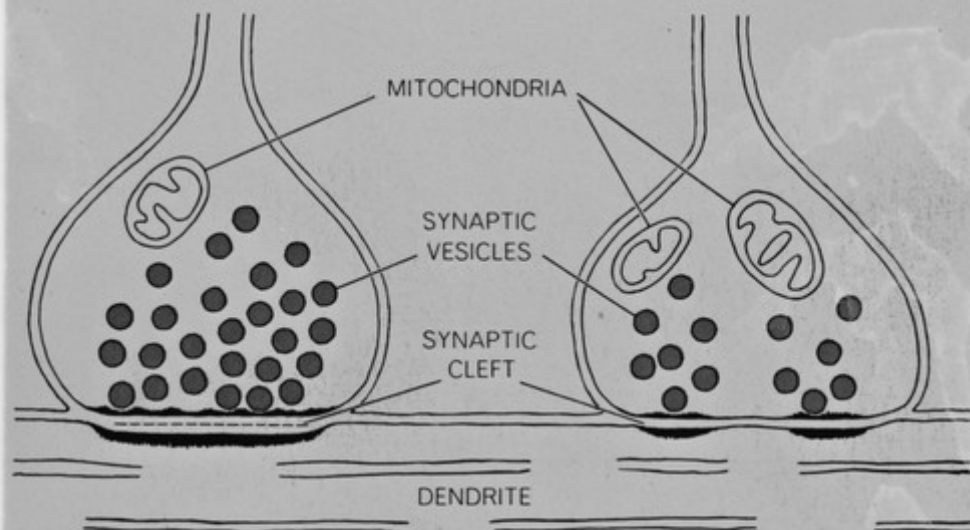


REFLEX ARCS provide simple pathways for studying the transmission of nerve impulses from one nerve cell to another. This transmission is effectuated at the junction points called synapses. In the illustration the sensory fiber from one muscle stretch receptor (a) makes direct synaptic contact with a motoneuron in the spinal cord. Nerve impulses generated by the moto-

neuron activate the muscle to which the stretch receptor is attached. Stretch receptor *b* responds to the tension in a neighboring antagonistic muscle and sends impulses to a nerve cell that can inhibit the firing of the motoneuron. By electrically stimulating the appropriate stretch-receptor fibers one can study the effect of excitatory and inhibitory impulses on motoneurons.



MOTONEURON CELL BODY and branches called dendrites are covered with synaptic knobs, which represent the terminals of axons, or impulse-carrying fibers, from other nerve cells. The axon of each motoneuron, in turn, terminates at a muscle fiber.



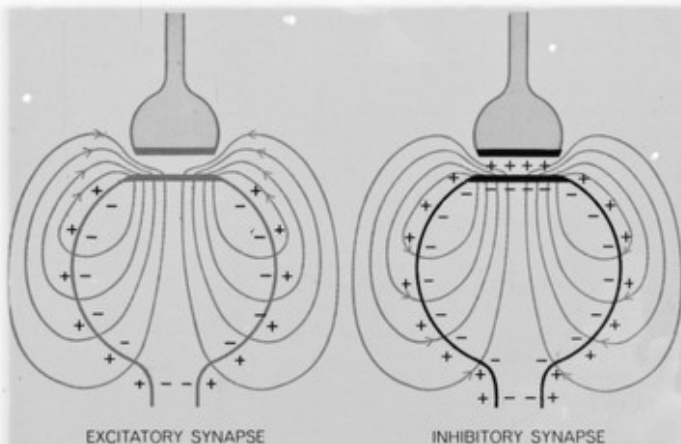
SYNAPTIC KNOBS are designed to deliver short bursts of a chemical transmitter substance into the synaptic cleft, where it can act on the surface of the nerve-cell membrane below. Before release, molecules of the chemical transmitter are stored in numerous vesicles, or sacs. Mitochondria are specialized structures that help to supply the cell with energy.

of single nerve cells inserting themselves extremely fine, less than a diameter of .5 microns, or one-hundredth of an inch, with an electrical insulation such as myelin sheath. The axon is inserted and the nerve cell membrane is applied around the axon, the flow of a slight current through the punctures in the sheath is the function of the nerve cells. There is no flow of current during the insertion of the axon. The nerve cells pick up the electrical impulses from other cells.

When a nerve cell is stimulated, it sends an impulse to the next cell. This is called a motor neuron. The motor neuron is a long, thin, fiber-like structure that carries impulses from the brain and spinal cord to the muscles. The motor neuron is composed of a cell body and a long axon. The axon is covered by a myelin sheath. The myelin sheath is made of a fatty substance called myelin. The myelin sheath insulates the axon and prevents the leakage of electrical impulses. The motor neuron is a specialized cell that is designed to carry impulses over long distances.

We see that the nerve cell response to the transmitter is a result of the part on the cell membrane. The composition of the cell membrane is very important. The cell membrane is made of a phospholipid bilayer. The phospholipids have a hydrophilic head and a hydrophobic tail. The hydrophilic heads face the water, and the hydrophobic tails face each other. The cell membrane is also made of proteins. The proteins are embedded in the phospholipid bilayer. The proteins help to regulate the flow of substances in and out of the cell. The cell membrane is a very important part of the cell. It is the barrier between the cell and the outside world. It is also the site of many important chemical reactions.

The composition of the



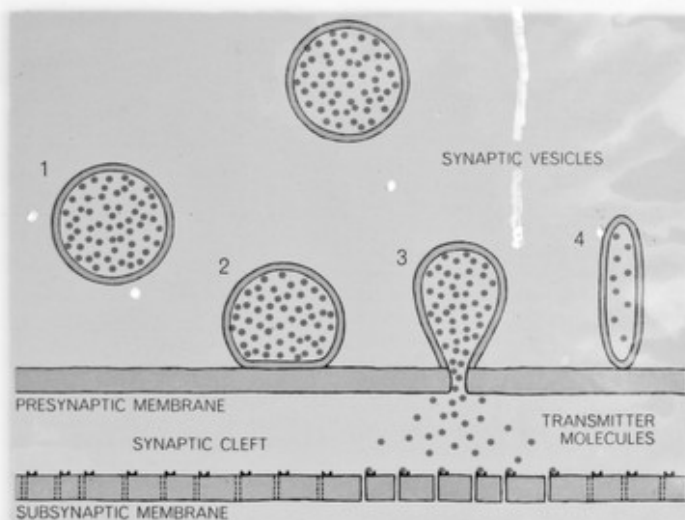
CURRENT FLOWS induced by excitatory and inhibitory synapses are respectively shown at left and right. When the nerve cell is at rest, the interior of the cell membrane is uniformly negative with respect to the exterior. The excitatory synapse releases a chemical substance that depolarizes the cell membrane below the synaptic cleft, thus letting current flow into the cell at that point. At an inhibitory synapse the current flow is reversed.

altering the potential inside the cell one can establish that there is no flow of ions, and therefore no EPSP, when the voltage drop across the membrane is zero.

How is the synaptic membrane converted from a strong ionic barrier into an ion-permeable state? It is currently accepted that the agency of conversion is the chemical transmitter substance contained in the vesicles inside the syn-

aptic knob. When a nerve impulse reaches the synaptic knob, some of the vesicles are caused to eject the transmitter substance into the synaptic cleft [see illustration below]. The molecules of the substance would take only a few microseconds to diffuse across the cleft and become attached to specific receptor sites on the surface membrane of the adjacent nerve cell.

Presumably the receptor sites are as-



SYNAPTIC VESICLES containing a chemical transmitter are distributed throughout the synaptic knob. They are arranged here in a probable sequence, showing how they move up to the synaptic cleft, discharge their contents and return to the interior for recharging.

sociated with fine channels in the membrane that are opened in some way by the attachment of the transmitter substance molecules to the receptor sites. With the channels thus opened, sodium and potassium ions flow through the membrane thousands of times more readily than they normally do, thereby producing the intense ionic flux that depolarizes the cell membrane and produces the EPSP. In many synapses the current flows strongly for only a few milliseconds before the transmitter substance is eliminated from the synaptic cleft, either by diffusion into the surrounding regions or as a result of being destroyed by enzymes. The latter process is known to occur when the transmitter substance is acetylcholine, which is destroyed by the enzyme acetylcholinesterase.

The substantiation of this general picture of synaptic transmission requires the solution of many fundamental problems. Since we do not know the specific transmitter substance for the majority of synapses in the nervous system, we do not know if there are many different substances or only a few. The only one identified with reasonable certainty in the mammalian central nervous system is acetylcholine. We know practically nothing about the mechanism by which a presynaptic nerve impulse causes the transmitter substance to be injected into the synaptic cleft. We do not know how the synaptic vesicles are not immediately adjacent to the synaptic cleft are moved up to the presynaptic membrane to replace the emptied vesicles. We conjectured that the vesicles contain the enzyme systems needed to recharge themselves. The entire process must be swift and efficient: the total amount of transmitter substance in synaptic terminals is enough for only a few minutes of synaptic activity at normal firing rates. There are also knotty problems to be solved on the other side of the synaptic cleft. What, for example, is the nature of the receptor sites? What are the ionic channels in the membrane opened up?

The Inhibitory Synapse

Let us turn now to the second type of synapse that has been identified in the nervous system. These are synapses that can inhibit the firing of a nerve cell even though it may be receiving a volley of excitatory impulses. When inhibitory synapses are examined in the electron microscope, they look very much like excitatory synapses.

OSCILL

AFFERENT VOLLEY

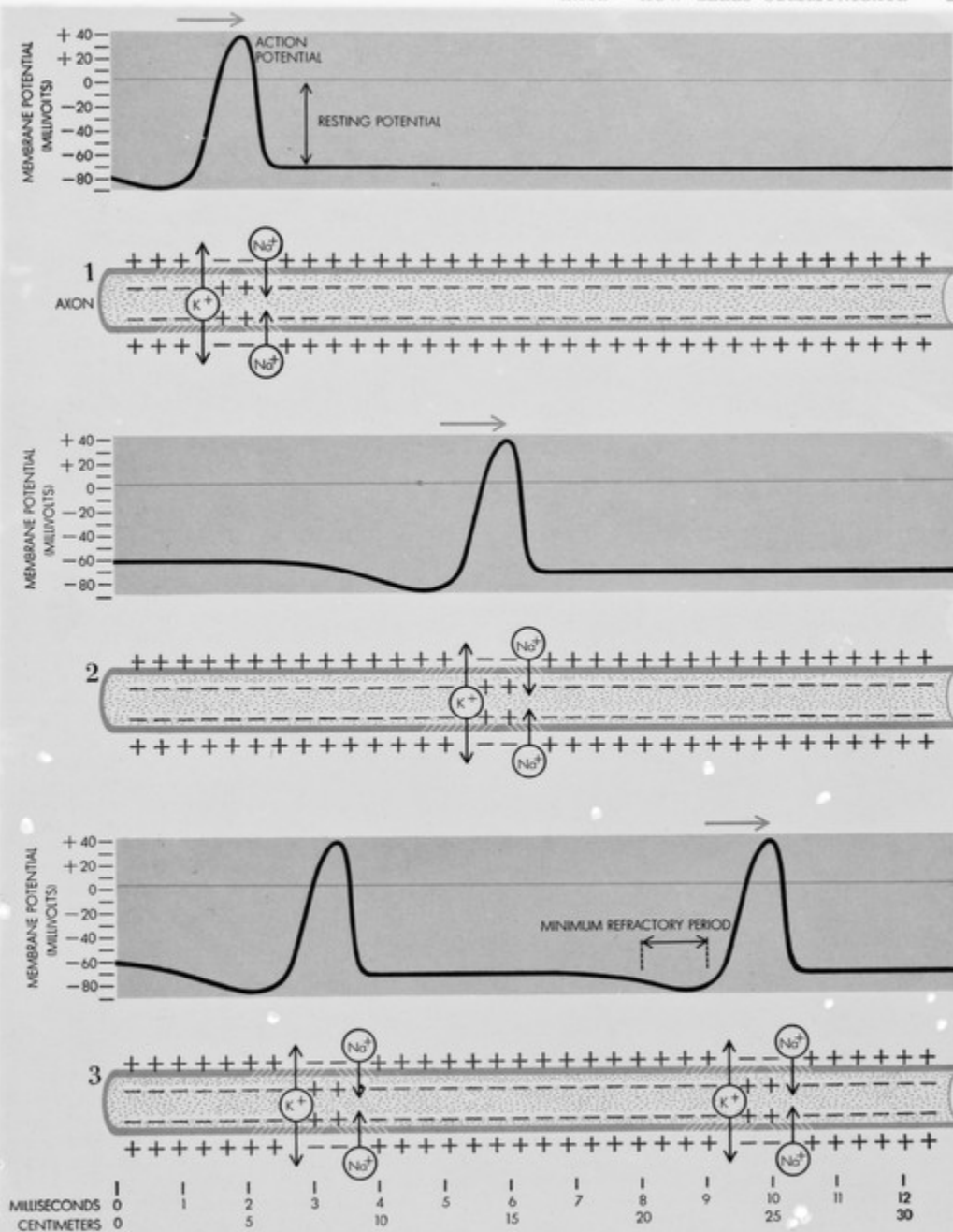
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PROPAGATION OF NERVE IMPULSE coincides with changes in the permeability of the axon membrane. Normally the axon interior is rich in potassium ions and poor in sodium ions; the fluid outside has a reverse composition. When a nerve impulse arises, having been triggered in some fashion, a "gate" opens and lets sodium ions pour into the axon in advance of the impulse, making

the axon interior locally positive. In the wake of the impulse the sodium gate closes and a potassium gate opens, allowing potassium ions to flow out, restoring the normal negative potential. As the nerve impulse moves along the axon (1 and 2) it leaves the axon in a refractory state briefly, after which a second impulse can follow (3). The impulse propagation speed is that of a squid axon.

