

## **Receipt book, early 17th century**

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A Sheeps salve for the Lamewes in their Feet.

One ounce of Oyle of Swallowes, One ounce of Balsmy  
five penny worth of Venice Turp, beaten & sifted very fine  
One quarter of a pound of Black Soap. Two penny worth of  
gum Sider beaten very well with the oyle of Swallowes  
and let them be all very well mixed together & kept close  
in an earthen Vessel.

For a Mangie Dogge.

Take halfe a pint of Oyle Olive, and put therin halfe a pound  
of pitch and bring it to a boyle on the fire, add thereto two  
ounces of Sulphur beaten to powder, boyle it thoroughly, and as  
hot as it can be applyed, apply it to the Mangie part of the  
Dogge. At ones curing it will cure him though hee had  
the Mangie seven yeares.

To take out the Itch or Mildew  
out of Lynnen.

Take white Dogge tued and beat it to powder and  
mingle it well with very good Oyle, & spread it thick  
upon the Itch or Mildew, and let it all day in the  
Hot Sun and then at night wash it out.

10  
1

1. Take of R. Sage, Colendins, Rosemary, horehound, worm-  
 wood, Mugwort, ympernell, dragonet, Erabrous, Eyewort  
 2. Take of fetur and hains oare and hand full or like quantity  
 by weight, wash them and shake them in a cleare, then  
 shred them and put them into a Gallon of white wyne,  
 with a quart of an ounce of Goutian Rootes & almirch  
 Angelica Rootes, Let it stand 2. dayes & 2. nighte else  
 abroad, And then distill it at your pleasure, stopping  
 your glasse very close, in which you looke the fumes.

*In a puerile colick*

*In a puerile colick*

*In a puerile colick*

*In a puerile colick*

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*In a puerile colick*

To make the lady Allowe water against y<sup>e</sup>  
 Plague or to be given after a Lues-fell.  
 of S. Edward  
 Take R. Sage, Colendins, Rosemary, horehound, worm-  
 wood, Mugwort, ympernell, dragonet, Erabrous, Eyewort  
 Take of fetur and hains oare and hand full or like quantity  
 by weight, wash them and shake them in a cleare, then  
 shred them and put them into a Gallon of white wyne,  
 with a quart of an ounce of Goutian Rootes & almirch  
 Angelica Rootes, Let it stand 2. dayes & 2. nighte else  
 abroad, And then distill it at your pleasure, stopping  
 your glasse very close, in which you looke the fumes.

*An approach Medicines to drive away the Ague.*

m<sup>o</sup> Redford.  
 Take Pepsa pastoret and smallidge, taking twice of the  
 smallidge than of the other, beat them both together very fine  
 and put in a quantity of bay salt and white frankincense  
 beat by beaton together with as many more frankincense as  
 salt and see ming to them together, and an hower before the  
 full mone, lay it to the pulvris of the patient but strow  
 and like wise to the bowels of both the strow, next unto the  
 stym.

*An other for the same.*

m<sup>o</sup> Gyles.  
 Take dandeyon, Cowthistle, and groundsell of each a like  
 quantity, and sooth them in Clarified whey, then straine it  
 and drinke it one hower before the full. It may be sodden in  
 possell Ale.

*An other drinke for the same.*

Take a handfull of feather fow, halfe an handfull of R. Sage,  
 frans them together, and straine it with a little Ale  
 or beere, and see drinke it warme halfe an hower before  
 the full.

An other for the Ague.

Take halfe a Spoonfull of Albannum, or elbe of good white frankincense, and as much bay salt, then put to these halfe a Spoonfull of small beere. & straine them together very small, then take thereof .4. plaisters small and not very broad, and lay them both to the wrists, and to the bowts of the Armes at noon, or may be, but not in the bowts, and at noon of greatest danger of the bowts as you can, & so both the Armes in this sort and bind on the plaisters with small Yew lins, and minister this Medicine full 3. howers before you thinke the fitt will come. <sup>in Gods hope</sup> within three dayes you shall have helpe.

An excellent Barly Broath good in hot feavers.

Take barley, boyle it and kistle it as you doe wheate for firmness, then sooth it in faire water till it be very soft, and the liquor scold away, then straine it and boyle it with soft water and sugar, till it be for thick as pappe, and take of this every morning for your beche of fast, both in your beache of Brevage, & soft stools, fowle stools, and yellowe Coursetts, and it is the better if it be but ad thick as a breath.

A Medicine to purge Corrupt Blood.

Take heartsease, Redd sage, Redd beyer & buds of elder, of each of these one handfull, wash them cleane, straine them together, & straine them with a pottle of white wyne, & put to it halfe an ounce of bouton lincor, make it eight dayes before May, let it stand in a glasse, and the first day of May drinke .2. Spoonfulls of it, and for doo every day till .ix. dayes be over, and when you take of it you must give the Medicine together, walking an houre or two after it, and fast .2. howers.

An other for the same.

Take whey, and Clarifye it, then boyle theris hearts in it, one handfull of jennetoy, one handfull of violet hearts, one handfull of Borcole, one handfull of Endive, one handfull of Agrimont, one handfull of jennetoy, This whey is good to be drinke morning and evening, in April and May, It is very good to purge and coole the blood.

An excellent Medicine for a burning or scalding & to heale it.

Take oyle Olive and a little snow water, & the juise of plantain, & of Yell Camerons, and softe heale, straine the hearts and put the juise into the oyle and water & beat them very well together, and so anoynt the sore places with it, and wett a little cleate in the same, and so lay it on and it shall heale it without any paine.

A gentill to Dyeon & heale a boyls for sore thairis Impostumid.

Take Mallowes & warme wood of each of them a little quantity and sooth them in faire water, till they be very soft, then put the water cleane from them, and kistle them very small, and put there to freyst grease, and strike it thit upon a cleath and lay it upon the sore, at weanes as you may suffer it.

A Medicine for an Inward bruis.

Take a pint of Maluisys, sooth in it halfe a good handfull of Myg, then straine it and put to it, two Spoonfulls of sweet salt oyle, and boate them together, drinke this presently after the bruis, & so drinke of it .3. mornings together.

A Medicine to heale a Cut, or frawch blood.

Take Hemdfronque & harts ease, bruis them together and lay them in the wound, and change it but once in three dayes, if it bleed very fast, then put there to of Haggling the like quantity.

To heale a greivous chulc or wound.

Drinke valerian and lay it to the wound, and it will heale it very soon.

A good Medisine for the Collic.

Take strong Ale or beer, that is a month old, then take a pound of it and your pott will hold, and to every gallon of it, put to these combs of stony seeds, as much of good licorish, gumwort, Burdock, fennell, Sagapardo, parsley, fennel, mallow, ffigg, watercress, gurgon, pennywort, hysop, hawth, wallis, foleandale, Mosander, politory, woodbetony, politory of spaine, woodrose, Rosemary, Ellierompany, Collyander seeds, fennel roppes and fennel seeds.

An Excellent Medisine for y<sup>e</sup> Collic and Stom.

Take a quart of hysop, and a quart of Hwob, brise them in a mortar, and put thereto a quart of white wyne, and distill them altogether, and drink therof a ffigg spoonfull morning and evening hot with a little ffigg lymge in it.

An other Medisine for y<sup>e</sup> Collic & Stom:

Make a posset of white wyne, take of the Crowd, take of the clearest of the drink, then put in parsley roots and fennel roots & fleye them from the milk, and boyle them in the drink, till it take of them, and so let the party drinke it at warme as he can.

A Medisine for the Collica Passio in the Stomack.

Take parsley and heartsease, stamp them & strain them with Ale, make it warme, and so drinke it when the fit is on you, then take a hot pillow and wrapp it about the feet of your feet.

A good Medisine for the Cough.

Take a pound of figgs, and a quart of a pound of Rous of the palm, and two combs of licorish fennel, a good handfull of ffigg, boyle them together in the quart of water into one quart, and so drinke it warme evening and morning.

A ffigg good for the Cough caused by Rime and to blise the breast and the lungs.

Take a gottle of Ale, a handfull of Galinga, and an other of ffigg, as much of fennel, and as much of Ellierompany roots, fleye them together, till it come to a quart, then put it forth and let it stand a day and a night, then take the clearest of it, and fleye it with ffigg and make a ffigg thereof.

An other Medisine for the Cough.

Take licorish and pare it & brise it, then take stony seeds, and put them in Demarck Rosewater, and put thereto a ffigg Vandy, boyle all these together, till it come to a ffigg, and then strain it, and drinke of it as often as you will in a day, the oftner the better, but evening and morning you must not faile but drinke it.

An other for the same.

Take Ellierompany roots, dryed, beat them into powder, and seare them fine, like wise licorish pareed, beaten to powder and seared, of each of them an ounce, a quarter of an ounce of dryed hysop, beaten and seared in hie mal, and then put them altogether, and put to them fine ffigg beaten and seared, as much as you shall thinke to be enough to please your taste, and you must take of this evening and morning the quantity of a walnutt at a tyme.

An outward Medisine for the Cough & y<sup>e</sup> Cold.

Take the Juice of Rosemary and Sagapard seeds, and knead your chest withall, and lay that wooll upon it, and it is very good to put to the same a little Aquaromposita.

To Make a Elixir for the Cough.

Take a fennell Root and four pargely Roots, wash them & scrape them clean, then take a little Saffron, a little Licorish fount Army foods, and kuffed, barbe, and great Raisins, - the fennell being taken out, three or foure figgs cutt in peeces, but your foure said Roots also in peeces, and sooth all these in faire water, till the water be halfe fadde away, then strain all these things out, take the liquor, and sett it in a faire vessel 9. or. 10. hours or longer, and then pour out all the clearest of it, and boyle it with sugar. So make a quantity of it.

An other Elixir for the Cough.

Take a pottle of faire Spring water, and two ounces of Licorish, leade it must sooth by it selfe a quartre of an hour, then put fennell Roots and pargely Roots into faire water, and let them sooth a little while together, then put to a handfull of Erabianes and a handfull of Celsifoot, two ounces of Army foods, & let them boyle till together, then immediately after put in two ounces of Raisins of the sunn and 6. figgs cutt in peeces, let the fennell be taken out of the vessel, and half of all put in fennell - Madon haw, but let it remaine but a while boyling, and so boyle all these pargely from a pottle to a quart, so strain it, then take a pound and a quartre of the best sugar, and so let them boyle together, till it be come to the perfection of a Elixir.

An other Receipt for a Cough.

Take Raisins of the sunn, and give out the stones, and beat them with sugar ready and so cutt them.

A Medicin for a Cough in the Mouth.

Take Rose mary & Sage, a quantity of oare, drye them and make powder of them, then sift it fine, then burne fourg Allum and make powder thereof, and mixe them together of oare a little, then take a spoonfull of Honey and mixe part of your powder with it with the point of your knife, and lay some of it upon a lymen leat, and so apply it to the Gooles.

An Excellent water for a Cough.

Take woodbyne leaves, Sage, Filwort, fennell foile, and Colymbuts, a quantity of oare, sooth all these together in Spring water, then put them to a good peere of Allum with halfe a pint of Honey, and let them all boyle together, and so keep it in a close pott & use it at you shall need it.

A Good Syet drink.

Take a pound of woodbittony of the smallest, and put into your pott, and put thereto 3. Gallons of faire water, halfe a pint of Army foods well washed and then kuffe them, then take halfe a pound of Licorish well scraped, bruse it in a Morter, then put all these things into faire pott well glazed within, and you must not forgett a good handfull of Saffron, All these must stand two dayes and two nights by the fire, and the next day let it be fadde with a soft fire of Beales and beware that there be no smoke, for then all is spoiled, and when it is fadde to a Gallon, then take it of the fire, and strain it through a faire Cloath, and put it into a glasse, and boyle it - close pott, this done set on the next against with all these things that were boyled with it before, & use more with so much water as at first, and so let it sooth as the first did, then strain it, and put it into a glasse, and keep it close, for the best & smallest drink then you see.

A Medicin to break strong fleames.

Take .v. pargely Roots, & pull out the pith of them, then take a handfull of gommexall, one handfull of Rosemary, six figgs, 6. Furkes of Licorish, 6. spoonfulls of Army foods, 12. Raisins of the sunn, take all these and boyle them in a pottle of white wyne, untill the third part thereof be consumed, then strain them through a faire cleath, and give the patient at what time you shall be troubled.



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A Draught or drinke to dissolve  
flumes down wards.

Take a pottle of running water. 2. or three Roots  
of Carduus marianus. one handfull of Woad, halfe  
a pound of hircish cleane scraped & beate. 6.  
quarters of a pound of great Raysons. the stons  
taken out. & the Raysons cut into small peeces. &  
4. or 5. Spoonfulls of cleane barley. seeth these  
altogether. till it be waisted to the halfe. then  
strayne it. and put it into a cleane glass & drinke  
of it morning and evening. 4. Spoonfulls at  
each draught.

A good Medicin for a flotten.

Take small egges and herbs greene. & chop them small  
then put to it vinegar and mustard. and a peere of  
brown bearded bread and fete. & a little white  
meale. and boyle them together upon a fast fire.  
and so laye it to the flotten. as hit will may be  
suffered.

A Medicin for the Greene Scurvie.

Take Radd sage. Radd myrtle. & herbs greene. of each  
a like quantity. stamp it and straine it. and take  
halfe a pint of the Juice thereof. and put there  
into a pint of clarifed honey. and beate them a  
little. and put to it a Spoonfull of gilliflowere.  
Take every morning thereof. a Spoonfull. halfe  
after it or lower. and take nothing for 7. yeares  
of an howre after.

An other for the same.

Take a new layd egge and powere out the white  
and put into it the powder of Radd Samdres. and  
eate one of them every morning for the space of  
nyne dayes together.

19  
A drinke for the Greene Scurvie to be  
taken 3. dayes before y<sup>e</sup> change of y<sup>e</sup> Moon.

Take of Froge. of wild tyme. of small sage. of each one  
quantity. of Britony. of wherry leaved. of each one hand  
full. All these be boyled in a pint and an halfe of faire  
water. untill the third part be waisted. and put there  
into a pint of Malmsy. and let it boyle a dozen watch  
together. then strayne it and put there unto forty  
Grayns beate. halfe a Peere of Ginger beate. a  
peere of Ormiston of an inch long. five thynds of  
Saffron finely ground and set much sugar as you  
please. Let this boyle a little while together. and  
then take it from the fire. and put thereto. of Crocke  
one ounce and an halfe. and brew it up and drinke.  
and drinke thereof. 3. dayes before the change. &  
each day one draught.

An other good drinke for y<sup>e</sup> Greene Scurvie.

Take a quart of white wyne. one handfull of Curcums  
a crust of white bread. and 2. or 3. Spoonfulls of  
Madder boyle this together from a quart to a pint &  
an halfe. then sweeten it with sugar as you shall thinke  
good and see drinke of it weare. evening and morning.  
Use also to eate samdres and Curcums beaten togge  
and use some tyme to eate powder made of the toppes  
of Radd Nettles chapt with Cate meale.

A good Medicin for the yellow Samdres

Take a quart of Ale and skym of the foam & put  
in it a little Turmeric and English Saffron. Then  
take wormes being choiced small and washed very  
cleane with salt. seeth them altogether from a  
quart to a pint. you must put the wormes in a litle  
lynen bagg. and so drinke it. 7. or 8. mornings.

To Make Lipp salve.

Take three parts and melt it on a soft fire, and put to it half a pound of yolk of Egges, and so straine it through a cloth into a faire vessel, then put there to a good quantity of Rose water, and beat them together till it be as white as snow.

A Medicine for the swelling of the Leggs.

Take a quarter of an handfull and some what more of White wood, one handfull of greene Comarillo, and one handfull of Rose flowers. Boyle all these in milke, till they be tender, then take them out and beat them fine in a stone mortar, and mixe with them a quantity of y<sup>e</sup> milke whey in they were boyled, and as many rembles of white bread as shall suffice to thicken them upon a soft fire. In the end add thereto the yolles of an egge 2. or 3. of the yolk of Egges and so mixe altogether. Take some of this thus done and spread it upon a cloth and lay it unto your leggs very tender.

An Excellent Medicine for the Rizing of the Leggs.

There is nothing better than the distilled water of Chamomill, being distilled in a glass with hot sand, and a dry soft fire. Let the Rootes be greene, & stamped in a stone mortar, and mixe with them half so much liquorish as you can come by. If not taken your water is distilled, put in it as much liquorish as will make it pleasant, and let him that distill it beware of burning. Take of this water a Spoon full at a time whensoever the Rizing troubleth you most, with as much Mustard as you doe water, if you cannot take it below. And use all the means you can to gett some of Ladys Minte or Lyons foot, and distill the one half, and save the other day for use, for it is the best Remedy that can be had for this Disease.

A Lipp salve, which is very good to cleanse the Breast and Lungs.

Take of Treacle, of Voltia, of Maiden haire of each one handfull, of heare and amy foots, of each half an ounce, a little quantity of Sage, one handfull of Rose of the sunn, the flowers of the out, boyle them together in a pottle of faire water, untill the better part be consumed, then straine the liquor from the heards, and boyle it fast to a scumme with honey clarified: and in the beginning of the said scumme, put in a Spoon full of white vinegar, 3. or 4. little peeces of Synamon. Take of this scumme every morning one Spoon full fasting.

in the Rizing of the Leggs.

A very excellent salve or ointment good for all manner of Aches in the bones or flesh, and for the Rizing of all sorts, & good to annoynt the forehead for Aches, & also the Belly, & back for the Collicke and Stone.

first take one pound of english wax, called unwrought wax, 2. pounds of Rose, & half a pound of frankincense, mingle all these together in a pott, then set them on the fire untill they be melted, then take and straine it; then take one handfull of muske, one handfull of Benzoin, one handfull of Mustard, or yarrow, one handfull of Mary golds, of Vervaine the greene leaves of 4. or 5. heads thereof. Stamp these heards together small, & straine them through a cleane linnen cloth, and put these to one pound of may butter. And then set y<sup>e</sup> fire of all these heards (mixt with the may butter) on y<sup>e</sup> fire, and boyle them together well. And then take your first medicine againe, (that is to say) your waxe, Rose and frankincense, & melt or melt them on the fire, giving them well together a good while; this done let them cool in the same pott, as you doe a Cake of waxe; and then after you may make glasses or Poles of it, or lay it in a pott close. And when you doe use it, rub it in a favour on the fire, & with your hand shake it and rub it in your greife, that the ointment may take effect, and with diligence it will helpe your infirmities. / prolatum.

For Colic in the Head boynd.

Take lavender Bay leaues. Yose mary sweet mariorum  
Camamile and fozz. drye them and beat them into  
powder: then take flower Nutmeggs. a little hand full  
of bay salt drye them like wise and beat them and put  
them altogether betwixen a linnen cloth with a little  
recol. warme it hott. & see lay it to the head boynds.

For to much.

Take a quart of Malmsye. and put to it an hand full  
of white claye a hand full of white Yose Camyon -  
leaves. a good quantity of the inner bark of the  
white pomtree root. and one pint of Cynamon. put  
all these in the Malmsye. till it come to a pint. and  
drinke of it three dayes together. morning & evening  
and it will doe you very much good.

An other for the same.

Take a quart of an hand full of knot grass. 3. datos.  
a peere of Bole or Monach as much as a wallnut. and  
a peere of a fruit of Cynamon. beat all these in a  
mortar. Boyle them in a quart of beere. with a quart  
of an ounce of sugar. then strayne it through a thynn  
cloth and drinke of it every morning.

An other for the same.

Take the yeth that is in the whites of the Eggs. and  
strayne it with Nutt bermites. and strayne it with  
mustardys. then boyle it a quart of an houre. and  
strayne it againe. and drinke of it every morning.

An other for the same.

Take a heane full of fleg goods. beat it in a mortar.  
then presse out the husks. and put to it as much Ale  
or Beere clarified. as will make it reasonable thynn  
to drinke. and so drinke this quantity three mornings  
together.

A Medicine good for the Venus. for digestion  
for the spleene. the Mother and against  
Consumption. it is to be taken twice a day.  
be fore Meales the quantity of a Nutmegg  
or more. and for your breath fast sometimes  
and also to Bedward.

Take Yose solis gathered so cleane that after ward it  
need no gutting. and that at Noone day. Sage flowers.  
babins flowers. Yose mary flowers. mixe these together  
in equal portions. then take halfe a pint of Cynamon  
water. that is filtered without wyne. and put so much  
suger to it as will serve to boyle it to a penyng. and  
then mixe so much of it with the consoures as will  
make them some what thynn. that there may be put  
into them this powder following. Take ladyes Mantle  
or Lyons foot. Neaps and wood sage. of each one hand  
full. drye them all together in the shade. & beat them to  
fine powder. and mixe them altogether. of white Amber  
halfe an ounce. Corall. Pearls. of each one quarter  
of an ounce. Let these be first beaten in a peck mortar  
and after wards ground into a fine powder with Yose water  
then mixe them with that other powder. and both with the  
consoures. that to every ounce of consoures. there may  
be an ounce of powder. put in three grains of Muske.  
three of Amber greene. and then is your Elixary made.

An approved Medicine for the Pyles.

Take .2. hand full of Organe leaves. 2. hand full of  
Mullitt leaves. strayne them very fine. and put them into  
halfe a pound of My butter. and so sett them on the fire.  
and let them boyle untill they be halfe consumed. then  
strayne them altogether. & so put it into a little Gallie  
pot. and it will keepe a yeare or two together. you must  
spread it upon a peere of woollen cloth. and lay it to the  
place every morning. & so this twice or thrise a day. very  
warm. you must sett over the sincke of frankensence  
before you use this medicine twice or thrise a day.

To Make Doctor Helphons Water.

Take a gallon of Rhenish wine, then take Ginger and  
Cinnamon, Nutmeggs, grains, cloves, Musc, Galinagal  
Amys seeds, fennell seeds and Caraway seeds, of each a  
drum. Then take Sage, Mint, Red rose leaves, thyme,  
polticary of the wall, Rose mary, wild thyme, Camomile,  
Lavender, Arrows, wild Marjoram, and penny Royal, of  
each of them a little handfull, then stamp the spices  
small, and stamp the herbs, and put them altogether in  
to your wine afore said, & let it stand 24 hours, and  
strain it thro' a linnen cloth, then fill it by a Symplicke, &  
take a pint of the first Rhenish by it selfe for it is best  
and there will come a second water so is good, but not  
like the first, take by a pint of that water, and then  
there will come a third water, so is good, to wash old  
sores if you booke it.

The vertues of this water is as followeth.

It comforteth the spirits, & helpeth inward diseases of  
reins of cold, it is good against the chaulme of y gallie  
and doth rince the contraction of foodes, it helpeth the  
consumption of wisdom that are barren, it killeth wormes  
within the belly, it rince the cold gout, it helpeth the  
Colic, it comforteth the stomack very much, it rince  
the cold droop, it helpeth the stone in the bladder, and  
in the Paynes of the back, it helpeth shortly the stinking  
breath, and whatsoever is of this water upon it, procure  
him in good liking, and shall make him seeme young very  
long. This is the same with doct Chamber's water.

To Make Syre of Liverick.

Take a pottle of Rhenish water, and a pound of Liverick  
brinles, and lay it in the syre a night and a day, before you  
booke it, and booke them till half be consumed, or more  
then strain it, and when it is cold, put it in a broad  
mouthed glass, and set it in the sun, and when you think  
it thirle enough make it up into Lozenges.

The Receipt to Make Burets Bole.

Take halfe a ponne full of Amys seeds, as many of Coriand  
seeds, a pint of licorick, 2 Rootes of galigodis of the Oke,  
of Marumany, as much as 2. handfulls of Galinagal  
and Leachelme like like quantity. Stamp all these and put  
them in a quart of Rhenish water if it be in the heat of  
yeare, if in the winter two parts wine and the other water.  
In the spring of the yeare, and in the fall of the leafe, take  
wine half water, and put these into a good handfull of Lina  
of Aligandria, a ponne full of small Rensons, a ponne full  
of great Rensons and one date. In the mids of the summer,  
as June, July, and August, you must take white leaves of the  
burrage and fennell, and in the winter thyme, so is doct  
January and february, Marjoram, Borage, penny royal  
and in the 6. month take thyme, Red milt of Rhenish, Booke  
these a quarter of an houre, and so put into a cloth, let it  
stand through with out yeare, drink of the same morning  
and evening 3. dayes together, being cold at night, and  
warmer in the morning, and in any of these signes, as  
Venore, George Pipes, but in an extreme ye may take  
it in Aquarius, Libra, or Geminge, but the moon must be  
in a good aspect, with the weather the more, the full, change,  
or quarter, two dayes after or a few, but the best is after.  
This is the full of this receipt, ye may drye, and at any time  
you may take a handfull thereof and booke it a little, as a  
preparative more procure for your selfe or child.

To Make a Tisane good for them  
whose liver and stomack is frowne.

Take wood betony, Marjoram, penny royal, Marigold, barbe  
burrage, barbe, Hyemander, tops of Broom, Cardus,  
Boudentus of oak of the se, one handfull, take of fennell  
Rootes, parleye Rootes, and the galigodis, Rootes of the Oke,  
of durs of the Rootes, Sage, Then take Amys seeds, Rensons  
of the sun, fennell, and Caraway, Booke all these in a gallon  
of very faire water, & a pottle of white wine, till half be  
consumed, then strain out the hearts of the Rootes, and put  
to the said liquor, licorick, Cinnamon, cloves & honey,  
as much of all these as will make it taste pleasant, so  
see let it booke softly and Rhenish it, and drink thereof every  
morning.

16  
Dr Smith

A good Receipt to purge.

Take great Rubarb, and beat it to powder very fine, and put to every dram thereof, one ounce of Coniack of Rodogos for mix them well together, and take halfe an ounce at every tyme. 2. or 3. hours before your other meate. Or the Receipt a dram 2. an halfe of good Rubarb, put thereto halfe a dram of Cynamon, and steep them all night together in a good draught of white wyne, in the morn. and in Evening water in summer. Straine it out, and put to it an ounce of the fixure of Damask Roses. Drink that. 3. hours before your other meate.

An other for the same.

Take Cinnamon, Roman wormwood, Mayden haire, and Cotnach Camphire and Camarilla. of every one half a handfull, of the Rootes of Asparagus, Maddor, and the bark of Cassia of every half an ounce, of the seeds of fennell 2. Carrawayds of each 2. drams, of Cinnamon one ounce, of Nutmeggs, Ginger, Galingall, and the wood of Allroob, of every one 2. drams, mix them altogether, and put them into a linnen cloth or bagg, and let it steep in 3. Gallons of Ale to be used for your daily drink. Boate your linnen cloth to fine powder, and put it into the distilled water of figgs, Mayden haire, and frabiat mixed in small portions, and let boyle it, and straine it, at your common manner, at the last mix it with sugar Candy and boape it in Vels for your use.

An Excellent Purgation.

Take an handfull of barley, and boyle it in a quart of good Cauder water, untill the bar be so soft, then straine it, and put thereto a quarter of an handfull of Eromy well pick'd a pounde or thereabouts weight of Cynamon grossly beat, 2. halfe so much of pepper ginger, and one Nutmegg beused, and let them stand weaned upon the fire, at least 3. hours, then let it run through a linnen cloth, and put thereto so much sugar as will hold it. Take therof a good draught, and if you will you may take Claret or white wyne, and put to it that you drinke. Do this 3. spoonfulls of the medicine, one spoonfull of wyne.

17  
A Medicine against the Pestilence.

Take the Syre of brabias, and put into it white wyne, Methordatum, and grated Ginger, and drinke thereof, in mornings next your heart, you must take as much of the Syre of brabias, as of the white wyne: to a pint of this the quantity of an hazel Nut of Methordatum shall suffice.

A very good preservation against the Plague.

Take a pound of figgs, beat them in a Morter untill they be well bruised, then take one handfull of fine white herb grass, and beat it also by it selfe very small, then take an handfull of walnuts law for each of them take fullbotts to the same quantity, and part off the skyns very cleane, and beat them likewise very small by themselves. And then put all the same severall things in a Morter, and beat them together, and then put thereto a little salt. This done put all the same in a bagg, & take therof every morning fastinge, to the quantity of an hazel Nut, or some what more.

An other Medicine against the plague, or for them that have it.

Take an Onion the greater if you can gett, Cutt out the Core, and take out the toppe, put it into one spoonfull of fine Exorts of lime, and some weight of pepper, then lay in some part of the Core againe, then cover it with the head thereof, and put it in a brown paper, with the paper, so cover it with linnen, and when it is rosted take it out of the paper, then peel it and straine it, and put thereto 4. or 5. spoonfulls of dragon water, and mixe them altogether, and straine it, and give it to the party that is greiv'd of the plague, and let him drinke it three or four times.

## A good medicine for the Plurisy.

Take the shavings of a Beere Tuffe, as much as will lay upon a fowre years, and give it him to drinke with a little beere, he shall with a little oyle of Lyntseed,

An other for the same.

Take .3. dramms of popper and when the patient feelth the payne, take a little honey, and make a circle with the honey about the place, and in the middle of this circle powder it with popper wolk, and bind thereon a broode paper being hot, and in halfe an houre hee shall finde ease.

An other for the same.

Take a pound of honey, and .2. ounces of warme wood wolk fringed, boyle them wolk together halfe an houre, and put it in a little bagg, and lay it hott upon y<sup>e</sup> paine, and when it somewhat colde warm it againe, then put it on the paine againe, doe thus .3. or .4. tymes hee shall finde ease.

An other for the same.

Take Tarr, and make a pill thereof, and give it to the patient to eat, and it will breake the impostume, and he shall spitt it out, and shall be healed.

An other for the same.

Take an ounce of Gummin beaten, & a dish of Meale, and mingle them together with Malin, or white wyne, and make thereof a cake, and when it is baked, open it in the midst, and lay it upon the place, as hott as it may be suffered, having first thereof always to keepe it warme.

An other for the same.

Take the oyle of Lyntseed distilled, & annoynt y<sup>e</sup> place wher it is, and you shall finde ease.

An other for the same.

If the patient be in great danger, give him an ounce of Lynt to drinke, and he shall finde ease.

## An other for the Plurisy.

Take Lyntseed, seeth it in water, and sugar, and give the patient the drinke, and lay the seed upon the payne.

The signes to knowe a Plurisy.

The first is, that the patient hath a feaver, the second, that he hath a paine in his left side, and the third that he is very dry.

A medicine for the good Arke.

Take an ounce of Capout Lydare, half an ounce of Gynamor beaten and seared, halfe an ounce of white Brimstone, beaten and seared, then beate them altogether and make an oynment thereof, and annoynt your face heere, three night together, and in the morninge wipe it of.

An approved medicine for the Jamdore.

Take great garden wormes, seare them with salt, wipe them and flit them, but they must be so cleane that there remaine no fouleship in them, then put them into an Oyle and drye them, and beat them to powder, and let y<sup>e</sup> patient drinke thereof, the weight of a great .3. morning together, either in white wyne, Ale or beere, so hee or shee like best.

A medicine for the stoppings of the  
Epleuse or Jamdore.

Take yellowe dot Rootes, and seare them very cleane, flit them, and pith them, and drye them upon a cleate, & so use them in beere, or els put them in Ale newe tunned, and let them worke therein till it be stale, & so drinke it.

A medicine to open the Spitt having y<sup>e</sup> small pox.

Take a pint of hisop water, and put thereto fringed Liverill the weight of .2. ounces, and an halfe of sugar candy, and a little flydd ginger, put them all together in a glasse, and seare them often, and so use them as is appointed, taking .3. spoonefulls at our seelye.

A good Medicine to drive out the small pox.

Take of Methocodatum as much as a Nutt. or if patient be sore infected. 3. grains of Unicorn's horn. And mix them with 2. Spoonfulls of sacred Benedictine water. & let him drinke it fasting. or at any tyme if necessity require. but the party must fast 2. hours after.

Another Medicine to drive out of small pox.

Take possett Ale, and straine into it as much saffron as will make it yellowe. and let the party drinke no other drinke for 2. dayes. or drinke they be well come out, and give the party 4. Spoonfulls of Cardus the quantity of a Nutt morning and Evening.

A medicine good for their eyes that have the small pox.

Take finger Bandy. Red rose water. and romans milke mixe them altogether. waime them and wash the eyes with this water, and it will procure the eyes so, that the pox come not out in them.

A medicine forie Bruiſe.

Take a pint of fallish oyle, in handfull of elder flowers well washed from the stalks, one handfull of Red rose water, three Spoonfulls of Beane flowers, beat all this together very small, and put them into the said oyle and let them stand in the sunne nine dayes in a glass close covered.

A Salve very good for Bruiſe wounds etc.

Take 4. handfull of Beane flowers, the greens beinge cutt away. 4. handfulls of Red roses leaves, laye these in a pound of fresh butter new out of the Cow till it be very greene, then straine it into some cleane vessel and so keep it for your use.

A Salve good for a Burning or scalding whiche you may keep all the year.

Take Harts tongue, though it very small and take thereof enough to the like quantity, and put them into cleane pot & allowe, and drye them in the sunne, but burne them not, and soe straine it, and mixe the place. & laye a well cleane in the same into the sore.

Another for Burns or scalds.

Take the Rote of a Lilly washed in the face, & straine it with the oyle of Roses, & this and it will mightily heale the burning with fire.

Another for the same.

Take a mentes flynn, and apply it hott unto y burning and take it not away until it be whole.

A Receipt to cure.

Take Rubarb the weight of vij. or viij. as you shall see cause. steepe it as you doe Ginger, into a draught of white wyne, and beate with it a fewe small peeces of Cinnamon then sett your peere in a slow Embers, so that it maye keepe warme for the space of xij. or xij. hours, and when you will drinke it, you must warme the Rubarb, though a cleare, and season the drinke with sugar, as ye see cause and drinke it cold.

D<sup>r</sup> Emment drinke for the Yume, and heat of the Liver.

Take half an handfull of husked barley, wash it for long as it will change the water, then take some various of the same ground, two Spoonfulls of Army seeds, habbiss, violet flowers and marigold haire of Italy, of each halfe an handfull, Licorish two drams, Carduon one dram, seeth all these in a sufficient quantity of faire water, until the third part be sodden away, then straine the water and make it pleasant with a little of the Suxung of the violets, and conserve of Barbarys, and when the barley is broken then is it sodden enough.

D<sup>r</sup> Emment powder for the Yume to sprinkle on the mouth of the dead.

Take sweete Marjoram, and Redd Rose leaves, of each two Spoonfull, Massie one dram, beat all this into fine powder, then make a drape of browne paper and laye it upon the face, and when you have layd it over the face laye it on the Childs head.

D<sup>o</sup> Curres Medicines for the Anus.

Let the Child take every third day two Spoonfulls of the Juice of Violets, or as much of the Oyle of sweet Almonds, and amongst the Childs bread and buttermilk the same oyle: The oyle may serve to annoynt and to be alle eaten, and now and then put a greene Bittong's leaf into his nostrills, to procure him to sleepe.

A Restorative Made of an hearte ralloed  
Rosa solis with other things. w<sup>ch</sup> hearte  
must be gathered in June or July.

This hearte groweth in meadows & low marsh grounds it is of an hony colour & groweth very low & flat to the ground, it hath a very long stalk growing in the middle of it. e. b. honey & forming out of the Roote Round about the stalks with leaues upon it, w<sup>ch</sup> are but of a mean breadth and length. When you gather this hearte, being not the hearte in any wise it self with your hands, for then the vertue of it is gone, you must gather and pluck it out of the ground by the stalk, and lay it in a cleane basin, the leaues of it is very full of strength and vertue. Take and gather so much of this hearte, as will fill a pottle pott or a glasse, but wash it not in any wise. Then take a pottle of Aqua Composita, & put both of them together into a large pott or vessel, and let it stand fast stopp'd 3. dayes & 3. nights, and the 4. day open it, and straine it through a linnen cloth into a glasse or pottle pott, & put thereto a pound of beaten sugar, halfe a pound of Rhenish fine ly beaten to powder, & halfe a pound of Dates and take out the stones, and cutt them into small peeces and so mingle them altogether, & stopp the pott or glasse so fast, that no Ayre come into it. Then drinke of it to Bedwards halfe a Spoonfull, mix'd with good strong Ale, and as much in the morning fasting, and there is not the roache of body in the world that is consumed & wasted by Consumption or other wise, but it will restore them againe, & cause them to be strong, & to have a kingly stomack, that shortly, and he or she that shall use this Receipt therin together shall find great Remedy & comfort therby, and as the patient findeth himselfe, so may he use it.

Of Verticall and Restorative being  
the Lady Rages Receipt.

In any faintnesse take three droppes of oyle of Cinamon, mixt with a Spoonfull of Juice of Lilly flower, and as much Cynamon water and drinke this as a Cordiall.

## Against Melancholly.

Take 2. Spoonfulls of Juice of Lilly flower, and the weight of featon barley Cornde of Bezar stone, and beat it as fine as flower, and so put it into the 2. Spoonfulls of the Juice of Lilly flower being well mixt together, and take of it fourer times after supper, and as much before dinner, this will cheere the hart.

When one is not well after Meate.

Take of the best green Ginger that is good for rosin Juice slice it into small peeces, then put it into a pottle of Cynamon water to it, then presently after dinner or supper take the quantity of 2. Nutmeggs in the point of a knife.

## A Comfortable Cordiall to Cheere the hart.

Take one ounce of Cardus of Lilly flower, and fewer quantity of the best Mille, beate as fine as flower, then put it into a small pott and keep it till you need.

## An other Cordiall.

Take the quantity of a good Nutmegg out of your pott, and put to it one Spoonfull of Cynamon water, also two Spoonfulls of the Juice of Lilly flower, and Amber good mix all these together and take it in the morning fasting 3. or 4. times after, this is very comfortable.

A Cordiall for the wounds in the  
Stomack, or in any other part.

Take featon or eight Spoonfulls of Pennywort water and put into it fourer droppes of oyle of Cinamon, drinke thereof at any time of the day, so you fast an hower after.

## A Restorative.

Take a well flesh'd Capon from the barns doors & pluck out all his entralls, then wash it with a little white wyne then flea of all his flym, and take out all his bones, and take the flesh only and cutt it into small peeces, & put it into a cleane floure bottle and put to it one ounce of white



of white sugar Candy, six Dates sliced with the bones & piths taken out, and layne Mace, then freeze the bottles very close with paper, and set it into a Chafin of water. & lett it boyle three howers, then take it out and scrowe the Juys from the Meate, and put to it a Spoon full of Rosh Redd wat<sup>r</sup> and take the better part for your breack fast, fewer howers before dinner, and the other part at 3. a clock in y<sup>e</sup> afternoon being blood warne.

An other Restorative.

Take a legg of Mutton either Roasted or boyled and when it is halfe enough, spire out all the Juys into a Dish, and set it on a chafin Dish of Coales and let it boyle a little, then take it of and let it stand till it be cold, skim of all the fatt, and put to it .3. or .4. Spoon fulls of Clarott wyne, and a little grated Nutmegg, and a little fine sugar, drinke this for a supper or a breack fast, or in the afternoon being warm.

An other.

Take a young legg of Mutton, cutt of the skyn & y<sup>e</sup> fatt, take the flesh being cutt into small peeces, & put into a faine bottle, then put to it .2. ounces of Raisins of y<sup>e</sup> sunn, frowd, and large Mace, and an ounce and an halfe of fine sugar Candy, and freeze the bottle very close, then let it boyle in a chafin of water three howers; then put the Juys from the Meate, and booke it in a cleane glass, and it will serve for .3. or .4. breack fasts, or if yo will you may take some at 3. of the clock in the afternoon being blood warne.

Another.

Take halfe a pint of Clarott wyne, and halfe a pint of Ale, and make a waddle with a new laid egge, & put in halfe an Nutmegg, cutt in two peeces, then take it from the fire, and put in seaven bodynes of Amber greene, drinke of this two breack fasts and it will increase blood and strength.

Take fewer Rheume hartt newly killed, cutt of the skyn, and the fatt, wash out all the blood within them with white wyne, cutt them in small peeces and put them into a faine bottle, then put to it an ounce of fine sugar Candy, and halfe an Nutmegg cutt in two peeces, .3. or .4. Spoon of whole Cynamon, then freeze the bottle very close, and let it boyle .3. or .4. howers in a chafin of water, then put y<sup>e</sup> liquor from the Meate, and put to it the weight of a barley Corne of Amber greene being very fine, this will serve .2. breack fasts.

An other

Take .2. new laid egge and take the whites cleane from them, & put the yells both in one shell, then put in two Spoon fulls of Clarott wyne, seaven gramms of Amber greene finely being, & a little fine sandy, stir all these together, & make it blood warne, and suppe it up at breack fast .3. or .4. howers before dinner.

A Strengthening Meate.

Roast or Boyle potatoe roots, then peele them offe, then into a Dish, and put into it lumps of rawe Marrow, and a few Currants, a little whole Mace, and broosten it to your taste, and so eato it in steade of buttered pan supps.

A Restorative breath.

Take .2. ounces of Rhynae Rectes & styre it very thynn, then put it into a new papkin with five quints of stinging water being close stopp'd, & so set it on fire all night long, where it may be very hot but not boyle, put to that water a great Oke Chibber, and when it is cleane skimd put into it .2. Spoon fulls of french barley, 6. Dates sliced, three piths & stons taken out, 2. ounces of Raisins of the sunn stoned, & large Mace, let all these steepe together till halfe be consumed, then take out the Oke & boat y<sup>e</sup> flesh of it in a mortar with a little of y<sup>e</sup> beate, then straine it altogether through an harte Cullender, then put to it .2. Spoon full of Redd Rose water & sweeten it with white sugar Candy, drinke of this breath being warmd, halfe a pinte early in the morning fasting & suppe

sleeps after it if you can; and drink a good draught of it at three of the clock in the afternoon. This is for a Consumption, and the longer you take it the better.

An other for a Consumption.

Take 3. Marrow bones, breake them into small peeces, and boyle them in a gallon of water till half be consumed, then strayne the liquor through a Cullender and let it stand till it be cold, then take of all the fat skime, and put the breath into a pipkin and put to it a good Corke Whitten or a bundle of beale, and put into it the bottoms of a white loafe whilke made, 2. ounces of Raisins of the sunne stoned 6. Dates slyed, let them all boyle together till halfe be consumed, then strayne it with the strength of y meate through an haire sieve, and in stead of Almond take a few Pistatoe berries and beat them with your breath as you doe Almond milke, and for sweeten it with suger, drink half a pint of it daily in the morning, and at 3. of the clock in the afternoon, and so continue a good while together, or till it will doe but little good.

A Restorative for a Breakefast.

Take the Barrens of a Wagon or pullott and leaven Jordan Almonds blanched, beat them together, strayne out all the juys, with a good draught of good strong breath, and take it for a breakefast or to bedward.

To make a Restorative Water.

Take a quarter of a pint of Cinnamon water, and put to it six spoons full of the Sirrup of Gilliflowers beaten grains of Bezar stons, beaten grains of Ambrogio, and three of muske, bruis all thair together as fine as flower, then put it to the Cinnamon water and Sirrup of Gilliflowers and stir it well together, and so keepe it, and in any faintnes take a spoon full at a tyme.

To make the China Breath for a Consumption.

Take China Rootes thym slyed, 2. ounces, freeze it in four pints of water, 24. hours, being it stand in all the tyme, take roborod in an earthen pott, then put into it a good Corkewell or 2. Whitens steawe Drupps and slyed, then put in two handfulls of fine beards grass, of maydunkhair, and of hearts tongue of either halfe an handfull, of Raisins of the sunne stoned and Currants of either an handfull, Dates slyed 3. large Mare, and the bottoms of a mawholt, let all these stow easely together untill not above one quart Remains, then take it of and strayne it, and take all the flesh and sweete beards and beards them in a ston Mortar, and strayne out all the juys with the breath, then sweeten it with 2. ounces of suger raudy bruised to powder, and take therof halfe a pint at one tyme only in the morning warm, and sleep after it, if you can, and at night, 2. hours before supper, at your pleasure; And when you freeze the Roote, stie 2. Grains of white Camdore and be many of Red sandert with it, and let them boyle in the breath.

For the Gripping of the Belly if it come with a colic.

Take a pint of Clarrett wyne, put to it a spoonfull of purgys seeds, and a spoon full of fennell seeds, halfe a dozen of cloves, a branch of Rosemary, a wild Malloes, Roots steawe slyed and washed with the pike talon out, put in a good peere of suger, bott those on a fire, and turne the Clarrett wyne well with these things in it, then drinke a good draught of it in the morning fasting, and at 3. of the clock in the afternoon.

How to make Restorative Marshmall.

Take the fine flesh of a Wagon, 4. ounces of Pistatoe of Nutt berills three ounces, of Jordan Almonds, three ounces, beate these very small in a ston Mortar with a pound of fine suger, add to them Ambrogio in powder, one dram and an halfe, with 8. or 10. dropes of Cinnamon water, make this in a marsh pott, take it to eat at your pleasure, and eat therof after meate.

or when you please. freeze the Almonds and Pistato  
burrells: burrells burrells in a quart of New milke before  
you use them. then drye them and wash them with Rose  
water. and boyle them with the flesh and sugar.

To keepe the Bodye laxative.

Put halfe a pint of Running water into a New ppyben  
with a cover. then put into the water. 2. ounces of  
Manna. and when it is dissolved strain it. and put to  
it 4. ounces of Damask pome. 6. right Olives. a bunch  
of Rosemary. lett all grow together till they be verye  
tender. then take a dozen of them with a little of the  
liquor an hower before supper or supper then take  
a Draught of beate and dyne.

A gentle purge.

Take an ounce of Confecte of Damask Rose. take it  
all at one tyme fasting. 3. quarters of an hower after  
it. then drinke a Draught of beate and dyne.

An other Purge.

Take the weight of 4. or 5. of Dabarb. rub it into  
little pebbles and take a pebble full or 2. of Redd (urians  
washed verye cleane. so mixe them together and take  
them fasting. On hower after begin your Meales with  
beate. you may take it an hower before supper if you  
please.

A Glistre.

Take the bone end of a Nook of Mutton or Deale cleane  
washed. lett it on the fire to boyle in three parts of  
faire water. and when it is cleane skinned. then  
put into it of the Rootes of fennell and parsleye cleane  
washed seraynde and bursard. of either three Rootes.  
of Camomille and Mallowes of each an hand full lett  
all this boyle together till halfe be consumed. then  
strain it. take 3. quarters of a pint of this beate  
of brown sugar cloudy. 2. ounces. of oyle of flax  
seed. 2. ounces. mixe all this for and take it for a  
Glistre bloud waime. and when it is in your body  
booye it halfe an hower or three quarters of an  
hower. and if you can an hower.

An other Glistre.

Take halfe a pint of New milke or 3. quarters. lett it  
on the fire and make it scalding hott. then take it of  
put into it the yelle of a New layd egge beaten. two  
ounces of browne sugar cloudy or sugar. so give it  
partly bloud waime.

To make a Bath.

Take two or three Skispe heads cleane washed  
boyle them in 30. Gallons of water to 20. boyle  
them one part of Mallowes. and as many Camomille  
halfe a purl of violet leaves: straw berry leaves. 2.  
pounds of the ruelle. of either halfe a part. and part  
of wheat bran. put into a bagg. of all these Ruelles  
two pounds. These being boyled straine straine in  
to a small tubb. then redde it cleane and put  
Redd Rose staks: greene take id. and put to it  
Gallons of milke. and as much cold water as will  
bring it to a coole temper: Then goe into  
and lett there (more or lesse then an hower) as  
strength will serve. and lett but to the waite. goe  
in either in the morning or to bedward. 3. hower  
after supper. and when it is bloud waime. so that  
it procure you not to sweate. be sure you be not comid  
in your body when you goe in. and this Bath will  
serve twice.

To make Breath of French Barly.

Wash some french barly in faire water. and wipe it  
with a cloath. boyle it in 2. or 3. waters. till the  
water looks white. and strain it through a Cullender  
every tyme you shift it. then take Mutton burrells  
and boyle them. then put them on with some water and  
boyle them & strain them: Then take some of  
barley and put in to the breath to thinen it. and a  
little white mace and salt when your breath is  
enough take by a Masse. and take a dozen of blawped  
Almonds. grinde them and straine them with a little  
Rose water. into the Dish of breath. being not warmer  
then you can well endure it.

A Broath for a weak Body  
A Special Remedy for to many

Take a Redd Cowle of a yowre elde & breake his hert  
then pull him and drawe him very cleane & put him in  
a drye cleath. then with a woodden pefle beat him til  
you have broken all his bones. then set him on a fire  
to boyle with 2. quartts of water. and flum it very  
cleane when it boyles. then take plantin knotgrasse  
and sheppardes purse. of each of the se heartts a quartt  
of an hand full. then take a Comfrey Root and cutt  
it in small peeces and binde it up with your heartts. and  
then put it into the broath. with half an handfull of  
Parisous of the sunn stonnd. and a little of Eynamon.  
and a Crust of mans hett. let the se boyle together til  
the better halfe be boyled away. then spraye it through  
a boulder sprayer. and take the Cowle beat him  
in a frow mouche & spraye all his fuge into the  
broath and season it with salt to your taste. then take  
a good draught of it home waunc every morning  
fasting at 4. of the clock in the afternoon. five  
or 6. dayes together. you neede not then to take any  
more of it. till the next tyme you stand in need thereof  
and when it is made set it in a coole larder or Cellar.  
and it will stolye and keepe very well two dayes.

To Make a Cawdle for a weak  
Bart.

Take Ale and set it on the fire. and when it boyles  
take it of and skym it. then put in four Mustadins  
and a little whole Mars. then thicken it as ye would  
an Oatmeale Cawdle with the piths of an App.  
whiche spraye with some of the Mustadins. and skum  
of the bloody skym before you spraye it. Then put  
it into your Ale and Mustadins on the fire. and let it  
boyle keeping it with stirring. and boyle in it fower  
or fve Dates mynted. season it with suger and  
Mittmogg and a little of Rose mary. and drinke  
of it. Morning and night if you please.

A Cawdle for the fluy

Lady Chrouffury

Take 6. quartts of Ale. and when it is well boyled and  
skummed. put in a quartt of Redd wyne. then take the yells  
of 8. or 9. Eggs and beate them and put them into your ale  
and wyne. so boyle it. Keeping it with stirring. and season  
it to your liking. then take great Eynamon being well  
dryed against the fire to take the case out of it. the quantity  
of a spoone full. then rub broad them. and strewe some  
of this Eynamon on the bread. and put into the Cawdle.  
and when it is boyled enough. then put it forth and serve  
the rest of the Eynamon on it. and eate of this at morning  
& at night. and this will helpe at trewe or thure eating.

A Water for a Consumption

Take a Redd Cowle alive & pull him and flatt him & take  
out all his entralls. wyng him very cleane within  
with a cleate. Take half a pound of Cap Dates. halfe  
a pound of Parisous of the sunn stonnd. and a pound  
of blew Currants. then beat the Cowle and all his  
things together very small. then put them into a still  
with an ounce of whole Mars. and a galle of Mustadins  
or of Malmsy. and still them. Then take of this water  
two spoonefulls every morning for the space of a  
month. and this will helpe any Consumption.

A Broath for a Consumption

Take a Redd Cowle & pull him alive. and flatt him downe  
the back. & take out all his gutts. wynging all the bloud  
cleane out with a cleate not washing it. & put into a belly  
a quartt of a pound of Redd Currants. and some Parisous  
of the sunn stonnd. 6. Dates. & a good handfull of mande  
hars. a fowrell and a parsole Root. & a spring of penny  
Royal. all these with four peeces of Gold must be boyled  
up in the Cowle. and put into a pypin with a quantity of  
wyne and Mustadins. (of each of the quantity) as will  
cover it. then take up the pypin. and set it in a bask  
not full of water. and let it boyle. 12. hours. then spraye  
the Cowle and meate of it in an Okablaser Mortar. and  
spraye it through a boulder sprayer. and put to it. suger.  
or suger Candy. and give a spoone full thereof at a tyme  
waunc. and instead of wyne. you may use fower water  
or Rose water.

For the Epilepsie or pained in the Stomack  
that proceeds from the Epilepsie

Take 2 pound of Bayers and lay them in water to take  
out the salt then take halfe a pound of Cinnamon, cloves  
and put them, then take a new pipkin with a cover, into  
which put a quart of white wine, and set it on a soft fire  
then put in your Cinnamon, and let it simmer halfe an  
houre to steame them; Then put your Bayers into 6  
cloats, and strain the water out of them, and put them  
into the pipkin, and let it simmer a quarter of an houre  
and more, then take them off and boyle them for your  
use. Take 2 spoons full of them in the morning, and at  
nuyt, 2. howe to be fore supper, so doe till they be all  
spont, and drinke 2. spoons full of the liquor wher  
they lye in.

M<sup>r</sup> Williams.

For y<sup>e</sup> Colic or pained in y<sup>e</sup> Stomack,

Take the greatest & sharpest Oysson you can gett, and  
cutt a hole in the top, and put into y<sup>e</sup> Oysson 2. penny  
worth of English Saffron, Verbain, or Bayod, then put  
on the top againe, and wrap it in paper & Roast it in  
some Ashes as you doe a Cardus, till it be soft and  
tender, then take it up, and when it is so cold as you  
may endure it, stay the hollowe side of the Oysson to  
your Nable, then steepe a Sawce or a little wooden dish  
on it, and lay it too, over night, and take it away in y<sup>e</sup>  
morning, being a present helpe.

To Make lozenges for winds in y<sup>e</sup> Stomack

Take of the white pepper that is amongst yo<sup>r</sup> ordinary  
rust pepper, 2. of the ordinary pepper that it is amongst  
and halfe long pepper, of each a like quantity, Cutt your  
Rind in fobell, and your long pepper into of pennes  
by not, let them be better, then halfe an ounce of it;  
Then take Nutmeggs, Ginger, Cinnamon, Amys seeds  
and a little madder of y<sup>e</sup> same dryed, cutt all these pines  
as small as your pepper, and let them be so much of y<sup>e</sup>  
pines as will make your pepper an ounce, then take of fine  
suger torn omms, 2. and 2. lb of bebin water & warm water  
water and 2. stophens water & a little Redde water, so  
much as will wet the suger, boyle it by to a bawdy, and  
then put your pines to it, and smale it by into Lozenges  
and take them by when you neede.

For pained in the Stomack and  
Dullnes in the Head.

Take a new layd egge and Roast it very Neare and put y<sup>e</sup>  
white from it and put in a quantity of Muske and supple  
by fasting, Use this 2. or 3. mornings together. It  
will doe you good.

For a Cold in the Stomack.

Take May butter and Aquavite, mixe them together  
in a Dish, and set it on a chafing Dish of Coales, when  
it is very hott, put in a Rode, soollen cloath, and let it  
drinke y<sup>e</sup> all that liquor with often turning, and then  
lay it to your Stomack, and a double lymon cleath hot  
cloath on it; And see y<sup>e</sup> it at night when you goe to  
bedd.

For a Cold and Heave in the

Take pincote salted oyle and sugar Candy finely beat  
and mixe them together so thit as it may be like a  
salve, then put thero of into your mouth and let it  
melt downe, this doe at night when you goe to bedd, or  
at any tyme oth<sup>r</sup>.

A Phisick drinke

Boyle 2. omms of French barley first in a quart of  
water, then boyle it fawce by in five penny worth of root  
with a handfull of Egge white, of Junitory, and of  
Drabious ces much, and 2. handfulls of Shudy grass  
and one spoone full of Amys seeds fifty Raisins of the  
sunne, the seeds taken out, and halfe a pound of Saffron  
penned be used in a mortar and by the seeds broken, boile  
all these together in your liquor till halfe be consumed,  
then straine it, and drinke thero of 3. mornings, and  
if you will have it to purge, then take 3. omms of  
Samarke Rose firerugg at a tyme, and drinke it like  
warme, & fast 3. howes after it.

For a weak Back.

Make a Decoy of Archaicall flowers, Clary or Nipp  
and let the pines be thero of to beate fast every morning  
and this will doe much good.

Thus have the  
Lady Beethes receipt

These are of an old  
book new by  
Mother.

Preservations for the Spleen.

When Children be hoary at the forehead or head, then it is good to give them a little Bysse in sweet water or any liquor else, and if they have taken cold and fainte as it were dyspepsie of an ague, then Methidate given in some water he drinke is very full, or else taken in Venesors of Red Roses, and let them sweat upon it. More over the goodly drinke which you make in all dyspepsie, is very full, both for worms, the Measles, and small pox or any other contagious dyspepsie, whose Receipt for worms is hereafter written, you were best to give Measles in pills before supper only, and for outward Measles eye of Dill, fawn, and warm receipt if you mistrust that their stomacks be ill, as by their Vomiting you may easily discern, Then give 3. Spoonfulls of this mixture of Juniper, with Rubarb dissolved in Ale, if they be cold, and if hot, then in Juniper Vint. And when you have occasion to use this mixture, give it 3. mornings together in breake; the first morning 2. Spoonfulls, and if that give not about 2. or three motions, you may give the next morning following 3. Spoonfulls, as you in your discretion shall thinke fit; for the Nature of this mixture is to purge choller and melancholly, the chief humors in the Ventricle; It doth also open the Obstructions of the Liver, Spleen and both Couleour and strengthen after purging. Make your receipt drinke with Ale and hulle and from the Church, where in you must boyle the 3. things following Chitron foote, may gold flowers, harts hore scraped the hearte Calme, with some Ventricle of fennell, Cely and some Oole hearts.

A Receipt for the worms.

Take a pint of Rood Viniger, e. 2. handfull of worm-wood and put it into the Vinegar, & seeth them both together to the half quantity, then wash the stomack of the Child three with downe about the Navell, after take the same wormwood and lay it to the Childs Navell plant or wise, so hot as the Child may suffer it, let him be so two dayes morning and evening and it will breake y Bonds of worms in the Belly.

A Dredge for the Lungs.

Take a pint or two of Rhenish and stre it into little fyres and take as much of flower de lues Vetro and stre it into small pores, amount of Amy foods, and a good doale of the thing of a fyre and a little fennell seed, let the bo of your foods and fyres about an ounce, finge Candy e of finge pellets 2. ounces, and beat them into small pores, and take one quarter of a pound of Muske Confite and put all these together, and so kepe them when y woods and ye may put in as much of your fyre finge as ye will but heat it to powder.

To make A Purge.

Take a gottle of Rhenish water, halfe an ounce of galipotium of the Oake on handfull of violet leaves on handfull of straw berry leaves, halfe an ounce of Rhenish and Amy foods, and boyle the liquor from 2 gottles to 3. pinte and use more, and bring for boyle, then put in three quarters of an ounce of broome, and let it boyle so fast, as you can, till you walke 5. or 6. tymes about the house, then take it of, and use it into worms.

Of Scurvy Crists, that is Durys Crysts, how to make it, & the Vertues thereof.

Take Crysts before they be full Vipe, a good basket full, set them 3. dayes in Dredge after they be gathered, then strayne out the Juys of them, redde of take and boyle it with a soft fyre, till the third part be consumed then will remaine the rest wch must be strayne through a swallen cleath or bagg, and stand till it be cleave of it selfe, then take 7. pinte of the cleave, and put thereto five pound of Clarified finge, and boyle them together to the thre fourths of a furring, and Reserve it in a glasse. It is good for the purgation of y stomack wch roundth of Choller, and for a swelling stomack, It taketh away drynesse and thist, and all feardes coming of choller, and it comforteth the stomack of women with child and is good for all kind of Venom being also a preservative against the Plague.

A Exorcise of Quince to Comfort  
a weak Stomack.

Take an Ale pint of the Juice of Quince, a pound  
of sugar, halfe a pint of wynd vinegar, of ginger  
waight of Clove of pepper the waight of an ounce of Cinna-  
mon the waight of a pound halfe all to a pinte height  
and in this boyling cast a little Rose water in with a  
little muske dissolved in it. see put it in a Gallie pott  
and keepe it close covered, and use it when you please

Of Oyle. as followeth.

Of Oyle of Roses.

Take a pint of good Eallest oyle, put it into a glass  
pott, and having stript of the petals from your Roses,  
put in a good quantity into the oyle, and stopp the pott  
close with gaffe, then lett it in a pinn of water, lett  
sooth till the strength of the Roses be in the Oyle, then  
wring them through a Canvas cloth till the Roses  
be dry, then put in more, and change so, fower or five  
tymes, till you thinke it be strong enough of the Roses  
and see keepe it for your use.

Of Oyle of Violets and the  
Virtues thereof.

It is made as the oyle of Roses is. And being rubbed  
about the Temple of the head, removeth y<sup>e</sup> overwarme  
heate, openeth the head, and removeth flegme, and  
moistureth the Braines. It is good for the drynesse of  
the head, Against melancholly, Dullnesse in hearinge  
of the Eares, it is good also for swellings or sores  
that be hott.

The Use of Oyle of Camamile

It is made as the others are. Being good in Glisters  
for agues, w<sup>ch</sup> openeth stoppings. It doth purge and  
mitigate all paine and Cholic, it m<sup>ch</sup>th venereal and  
burned parts, it loosneth and softneth that which is  
hard or swollen.

Of Oyle of Lillies.

It must be made with the flowers of Lillies as other  
oyle is. It is good to mollifie and soft<sup>n</sup> it and sweeten out  
the w<sup>ch</sup> that be thicke. It is good also to annoynt  
sides and sores when cure is payned to the stous.

Of Elders flowers.

It is made as the other, being good for the hardnes  
and paynes of the liver or spleene, if the sides be  
annoynt there with morning and night, but you must  
not come neere the hollows of the stomack, nor the  
bottom of the belly where the bladder lyeth, it is  
good to sooth heate about sores.

Of Goose greasse.

It is made of oyle of Roses, being good for a pallye  
of the Nose of the Noe and the Noe bone to annoynt  
with it, and it is good to comfort the joints.

Of Herbs of Liane.

It is made of greene herbs as other oyle is. It is  
good in Glisters, against the Collic and stous, it is  
good also against the Kinges Evil, or swelling about  
the throat and Noe. It doth warme, dissolve cold  
humours in any joints if it be annoynted therewith.  
It is good also to annoynt the spleene for y<sup>e</sup> stopping  
thereof.

Of Mynts.

It is made of greene herbs as other oyle is, and  
is good to annoynt and comfort the stomack, it is good  
to drive bare and dry w<sup>ch</sup> wooundes bright, & keep them  
from being sore if they be annoynted therewith.

Of Worme wood.

It is made of greene herbs as other oyle is. And  
it is good for seraynes and benes, also good to annoynt  
and comfort the Stomack.

## The lady Minjous Oyle.

Take vintie Turpentine halfe a pound. of oyle olive  
 a pint and an halfe. of yellow waxe a quarter of a  
 pound. of Redd sanderts fine beaten half an ounce.  
 take the oyle and beat it well in a pint of Charolt  
 wyne. and beat the Turpentine in white Rose water  
 first beat the roze in small peeces and set it on  
 fire to melt. then take it from the fire. and put in  
 the oyle and Turpentine. set it on againe. and let it  
 boyle softly a pretty while stirring it well. then  
 take it off againe. and let it stand all night. in the  
 morning take out the oyle from the water and take  
 of the drope. and put the oyle in a pipbyn. & set it  
 on the fire. then put in the sanderts and let it boyle  
 a pretty while. then take it off and strain it well till  
 it be cold. The vertue is not expressed therefore it  
 must be learned.

A Speciall Oyle or Oynment for  
 Ruynts of sinewes. or for an Joynt  
 that cometh from rupt to Joynt.

Take an earthen pott that is full of holes in y<sup>e</sup> bottom  
 and the sides. and the cover of earth also and full  
 of holes. then gather an heape of black snayles. &  
 put them into the pott. and cover it. and every day  
 sooth it with sage of vertue. and take them out  
 morning and evening. and wash them in faire water  
 at every tyme. and put them into a pann w<sup>th</sup> sage  
 of vertue. and so sooth them first and last for the  
 space of six dayes. and sett them in a brasie pott on  
 the fire with water and let them sooth. then take y<sup>e</sup>  
 snayles and wash them cleane. and freeze them in  
 the frothing water. and let them boyle 12. or fewer  
 wallowes. then take the pott downe and cover it  
 till morning. then take a peece and flyng joynt  
 that is about the water. and put that oyle into a  
 bage for your use. It must be made in the Month  
 of May.

## Of Speciall Waters.

A good water to kill the Weate  
 in the face.

Take new milke and vintie Leaves. and fraise berry  
 Leaves. and mixe them together. and fill them w<sup>th</sup>  
 in a strittory. and with the water that cometh from  
 them wash your face once a day till it be well.

A very good water for Mercurie.  
 softnes. Cankers & Cherts.

Take halfe a pound of Pease Allen. a quarter of a  
 pound of Coppe. beat them some what small. and  
 put them in a pann on the fire over firing of them  
 till they melt and drye againe able to be powderd.  
 then beat it into fine powder and keepe it. when  
 you will make the water. take a quart of faire water  
 and sett it on the fire. and as soone as it boyleth  
 boylng cast your powder abroad on the water. w<sup>ch</sup>  
 will make it frothy. and so cast in your powder so  
 long as the water riseth. for when it leaveth rising  
 and is black at the bottom. then it is perfect.

Barly water good for all diseases  
 of the Urine and Lights.

Take halfe a pound of faire barley. a Gallon of water  
 half an ounce of hiorish. some seede. vintie gilly  
 floode of oare a quarter of an ounce. Redd wine water.  
 and drye sage and sage of oare a like quantity. 12.  
 Leaves of Wale stongus. one quarter of an ounce of  
 fyggs & Raisins. and fill your fyggs and Raisins. &  
 put them all in a newe pott with your water cold. let  
 them sooth well. and straine the cleere se from it.

To Make the face faire and  
 the breath sweete.

Take Rose mary flowers. & boyle them in white wyne.  
 vnto the drinke of it. and wash your face therewith. so  
 shall yo have a faire face and a sweete breath.



M<sup>rs</sup> Dares the warm wood Water for the Colic.

Take a pound and an halfe of worm wood, halfe a pound of each root, methue of time, pellitorye of the rock, and of penny rill, of each of those an handfull, of fennel halfe a handfull, halfe a pound of annise seeds and as much of liverish, a pound of fennell seeds, halfe a quarter of a pound of greenish seeds, all these and put them into a Gallon and an halfe of sack and Distill it in a lymbrell,

Balm Water.

Take five quartts of sack, and put to it, one pound of annise seeds, as much of fennell seeds, halfe a pound of liverish seeds, a quarter of a pound of fennell seeds converted, a pound of Oenanthe seeds, and as much of Rosemary flowers etc and put to, a good handfull of Rood mynt, and as much wild tynde, and two pound of Balsam and rectify it in sack, flower honeyes in a braise pott, where in it shall be distilled,

A Good Refrigerative Water. had of M<sup>r</sup> Cuddeu.

Take a Red Dragon & kill him alive, & choke him, or w<sup>th</sup> a Rood whip him up and downe till you be ready to dye him, then take 2. handfull of penny rill, and a good handfull of wild tynde, and a pound of Dates & quart them: then take 5. quartts of Canary sack, and put all your herbes and sack together in a faire bagge, & then take the Dragon and chop of his neck, & quarter him in 4. parts, and boyle him in a faire cleath till all his blood be broken, then put halfe your herbes and sack into a Rode water Still, and so put in the former quartts of the Dragon and on the top of the Dragon, pour on the Rest with the Dates: then boyle & temperate fire under the Still, at your first drawing drawe 6. quartts and an halfe of Canary water, at the second, drawe quart of smaller water, and at the third, halfe a quart of redaker water, but yet very wholesome, and so the life being all will continue well.

An Electuary for the Cough.

Take of Maydours haire, her mander, Hyssop, herchemid of each a small handfull, of hore root halfe pound, & equimony of each a good handfull, boyle them altogether in 2. Gallons of running water, till it be consumed to 6. quart, then straine the herbes from the liquor, and put it in an earthen vessel, and boyle it with ten spoonefull of the powder of Clararone and Vestot finely powdered, then take 12. spoonefull of the powder of liverish, a quart of Clarified honey, then boyle it till it be thicke enough to make an Electuary.

A Water to wash sore Leggs that will both drye and heale them.

Take 4. handfulls of Oaken leaved, as much of the inner bark of young Oaks newe the roots, chop these and boyle them in 3. quartts of water to the halfe, strain it, and boyle in it a pottle of Alton so bigg as an egge, & put therin a pottle full of honey, or of sugar Candy, wash the sore with this water, and with lye and lye theron, and as it dryeth rub it againe in this water, and so use it till it be whole.

Another for the Same.

Take of Night shade, pouring the, soland me, oak leaved of each an handfull, of Roderose leaved an handfull, of da halfe, boyle them in a pottle of white wyne, with a little Alons, strain it, and wash the sore well before you drop it with the halfe morning and evening.

A Refrigerative water.

Take three pintts of very good new Milke, & put to it one quart of very good Rood wyne, & 24. yolles of new laid eggs, then beat the yolles with the milke and wyne, then put so much of fine manchet as shall make up the milke and wyne, then put the same into a faire still, and strit it with a sealing fire, Take a spoonefull of this water in your cottage or drinke, and use it in a month will remove any Consumption.

A very good water for an eye that  
is Bloudshot

Take young mayn eggs out of the nest and cleave them  
in the middle and fill them feathers and all and wash  
your eyes with the distilled water and it will cleare your  
eyes so well as ever they were.

A Water for the Greene Scurfie.

Take a pint of Radd Rose water, a pint of charcut  
roynes, and put there to an hand full of each of these  
leaves, as Balsm Bittony, mancioum, Rose may, Rose  
fower leaves of bugtake, a parset, Rote, a fernell  
Rote and take out the rith, then best this from a  
quart to a pint, then straine it with 2. ounce of  
mannis Chuliti, and therof take 6. spoone fulls in y  
mornung and for all night bloud women.

A water to wash and bathe  
the face withall.

Take a pint of strong white wyne vinegar, 3. ounce  
of fine powder of fers, fine powder of limstons half  
an ounce, Camphire two drams, stamped with 2. blawps  
Almonds, fender Take Apples cutt through the middle  
and the juys of fower Lemons, put them in a glasse  
and set them in the sunn ten dayes, then bathe your  
thres with once a day and lett it drye in.

An Excellent water to wash a  
Sore or a canker.

Take a quart of white wyne, Sage, Rosemary, woodbine  
plantine, and berrills Lobwee that beareth the Radd  
leaves, of each of these an handfull, seeth them all to-  
gether from a quart to a pint, and when it is well  
fodden put in honey and Allome a little white to yess  
with the Rose, and straine out the leaves, and put it into  
a glasse or an earthen pott, and stopp it close, and if ye  
have noc white wyne, you may take Running water.

A precious water for the Eye.

Take smallage, Redd fernell, Veruine, Egremony, bittony  
frabwite, yinger, rowell, and sage, fill all these together  
with the water of a child, and five grains of frankin-  
sence, and drop eare night a drop of that water in the  
sore eye, and this with Gods helpe will prevail as has  
been proved.

A Mouth Water.

Take a quart of Running water, and a quantity of  
Redd sage, of woodbine leaves, Cullumbins leaves,  
violst leaves, and of plantine leaves of each a like  
quantity, toppe of Rose may, and a little of smkford  
and let all these boyle till a quarter of the liquor be  
boyled away, then take it off and put in a good doze  
of honey, and a yorce of Radd Allome about the bigness  
of a little walnut, then straine it, and when you use  
it, warme it.

To Make Aqua Composita.

Take five quarts of Aqua vitæ, of dates, Raisins of  
the sunn, of each halfe a pound well washed and washed  
of the stons picked out; of Licorish half a pound, of  
Amyssods one quarter of a pound, an ounce of an  
half of Mulla eggs and of Opoponon as much, of Cloves  
and Mars half an ounce, binse all these spres and  
them into the Aqua vitæ with the fents, and let it stand  
five dayes in froge, stirring it every day, twice, and  
it will stoppe, then straine it through a reasonable  
fine Cloath with a pound of pure Barbory sugar  
finely beaten and a pretty quantity of English saffron  
wellayed of fine bealon of put into it. And if you will  
have it Cordiall of Restorativ, then add unto it being  
closeed, half an ounce of Corall, and as much of  
Amber, of pearls one quarter of an ounce, & let them  
be very fine powdered, and of saffron, & surse if so  
the wth, and if ye will have it for the flage, then add unto  
it one quarter of an ounce of Saugit draconit or of  
Galliniall; and ounce of Gumme, and add unto it of  
Mulle ij.

To Make a very good Aqua Composita  
to drinke for a Colic.

Take an handfull of Rosemary, a good handfull of Elettaria-  
pana. of fennel, tynde and sage of each an handfull.  
three handfulls of Rosh Mynth. of as much penny royle, half  
an handfull of Rosh fennell. five ommets of licorish  
well beinfed, and so many of Amys seeds. 3. Gallons  
of strong Ale, and put them all together in a brause pott  
and let them seeth, and when it begins to boyle, then  
take the fire from the pott, and sett the lymbeck on  
it just with gasse, and lett the Colic be kept cold  
with water.

A precious water of All waters.

Take Turmentill, scabious, Britany, pimpernell  
of each a like quantity and sett them together. It  
being a precious water for all manner of poyson,  
and especially for the pestilence.

Of Centuary water.

Of the Hearbe Centuary take half a dozen stalks,  
and in strong Ale or Beere being well scummed, lett  
it seeth well, and when it is thus warm drinke  
a good draught thereof in a morning fasting, and  
use some exercise of walking after it, and fast 3.  
or fewer hours.

It is good for the Liver, for the Milt, for a good  
appetite to Meate, & very good to kill worms in  
the belly.

To Make Synamon water.

Take a Gallon of Sack or Rhonish wyne, and put  
to it a pound of Synamon, and a pound of Sugar  
Candy, and let it seethe in the wyne one night, and  
then distill it.

An Excellent Remedy for bleeding  
and for the Gout.

Take the Jolly of Leads in Marry, and put it in an  
earthen pott, cover it and bury it a yard under the  
ground, and when it hath been there a month or  
longer, put in some lymon stagg, and lett them lye  
there in soaks a month, then drye them, & put some  
of that soaks into any wound, and it will stay the  
bleeding; Also it will ease the paine of the Gout  
being applyed to the place griev'd, and you maye  
keepe them in the pott all the yeare long in y<sup>e</sup> ground  
and take them out as you have occasion to use them;  
and for the Gout it is much better being wett.

To draw and Heale any Sow.

Take a quart of Ale, and a dozen Apples, fower  
loadens of Dye bread, a cleve of Garlice, a handfull  
of great Parsley, and rutt fower figgs, Let them beate  
to a poultrie, then put some sallet oyle to it, & apply  
it as a poultrie. Whether wood beinfed and layde on  
any wound will keepe it both from an inflammation &  
Abscession or swelling, it stoppeth the blood, and  
both close, rure and heale the shute. Take a Hazell  
nut, and stamp it in your mouth, and lay it to any  
place that is prick'd with a Thorne, and it will draw  
out a Thorne in Man or beast.

A Remedy for Cornes in the feet.

Take a white Syllie Root, and boyle it in vinegar,  
till it be tender, and lay it to the Cornes, lettting it lye  
three dayes without removing, and it will make them  
poole.

For the Bloody fluxe.

Take Rosh Currants and drye them betwene two  
Lyles, then beat them to powder, and put them in  
Rosh wyne, and see drinke thereof fasting.

A Salve for all Sores.

Take of bulleyn wax a pound & a smuch of turpentine a pinte of oyle olive, sheeps tallowe a pound and of Rosin a quarter of a pound. then take byngre of the fo herbes following, hame by, byngle, shallage and plantine, wherof least of plantine, then boyle them all well together over a soft fire over stirring them till they be well mingled, and let it sooth till all the herbes consume away, then take it from the fire and let it coole a little, then strayne it through a faire cloth into a cleane vessel.

A Salve for any wound or sore.

Take Mellilott and greene Tobacco of each 2 handfulls, a pound of Mutton fust tryed, a quarter of a pound of Rosin, two penny worth or more of Venice turpentine, of wax the quantity of a great walnutt two pence fulls of sallet oyle. Mince the herbes very small, but put them not into the other stuffe till it hath been well boyled with a soft fire, & somewhat cold againe, then strayne it through a linnen cloth, and make oyles & trowles thereof.

A Salve made by an Egyptian good for any poulder.

Take Vibwort, nightshade, yarrowe & smallage, of each a like quantity, an herbe called Gaddwort y grows in the water, of woodbine leaves & plantine a pinte, beat them together and strayne them, & put thereto a quantity of may butter well clarified, & butter being well heated put it to that liquor, & let it sooth till it be some what thicke.

How a New Out that will not leave bleeding.

Take blades of russett leekes, framp them and put them in honey & wheat flower, stre them well together till they be thicke, let it some weere use fire, but all cold, lay it to the wound and it will stanch bleeding and drawe out any kind of bloud, and make it cleane.

A plaster to heale any manner of Sore & Ulcer at poulder.

Take of Rosin and paffion of each halfe a pound, of white wax, of Olibanum, of Venice turpentine, of harts fust, or deere fust, of each 4 ounces, of Mastick two ounces, of Mirk an ounce, of Camphire two drams, of white wyne a pottle; Melt your wax and fust together, then put in your Rosin and other powders finely beaten one by one another, and when they be melted then take them from the fire and strayne it and so keepe it for your use.

An ointment for Aches, beniges, herts, Eitiges, lamencie, palfies & Cramps.

Take of Sage and Row of each a pound, of wormwood and bayes of each halfe a pound, of thesops fust cleane parded three pound, framp all thes together till none of the fust be seene, but all as one, then put thereto of oyle olive pinte and good oyle pottle, and worke it well together, and after put it into a faire pann & rove it close, and let it stand so eight dayes, and then take it out being mouldy as it is, and beate it into a brasse panne and make a soft fire under it, over stirring it till the herbes begin to wax hard as Crackling, then take it off, and let it coole a little while, then strayne it, and put in one ounce of oyle of spibndy, and pother the pottle is, anyut the same time with warme.

A Remedy for a poulder or a woble in the eye.

Take an handfull of the leaves of Salladyne, a smuch or more of leech of grass, and a foots of dragon, and the wright of a penny of fowled ginger, & 2 spoonfulls of honey, and let them be frampd & straynd, not washing the herbes but only wipe them, put this iuyce to some honey being in quantity allmost so much as the iuyce, & beate it some brasse or copper vessel, till it be so thicke that it will but drop, and if you will not have it so strong, put in but a little ginger and noe dragon foots, but the more honey, then drop some of it into the eye & cured, and it will very much helpe.

A Remedy for an Eye that is  
Blind & hot.

Take the white of an egge and beate it with a peece of  
Almonds as you would with a spoon till it growe very  
thick and lay some of it vnder the lidds of the blind & hot  
eye and it will helpe at 2. or 3. tymes being.

For a Ring worme.

Take white paper and burne it and lay it on a Marble  
stone and when it is consumed there will be a residue  
where with annoynt the Ring worme twice a day and  
this will cure it.

For the Head ache.

Take a Rosh Rose water and lay it in peece in Rosh-  
rose water and Vineger and make it warme betwix  
2. dishes and bynde it to the head & rubbing y<sup>e</sup> temples  
with Rose water.

For a Sirk.

Take Dates and yppocrit Dung of eare a like quantity  
and put them into a frying pan & frye them till  
they be hett and put them to a peece of Vineger and  
frye them till they be well exult in the drying then  
being not very hett put it into 2. baggs being as broad  
as both your hands but longer and lay one of them  
where the feire is and the other at the very rising of  
the back & let them lay 12. howres and when you  
finde them cold then heate them in the frying pan  
baggs and all and tye them fast to your body as  
a fore said.

A Salve for an old sore festred  
with dead fleash.

Take an Oymon & waite it then take out the Coare  
and put in the hollows Coares grease that is very small  
and put it into a fine linnen cleath and lay it to the  
wound.

For a Swelling whether the Spleen  
be broke or Not.

Take Beere and boyle it till it waye thick and put it  
in a bagg to use y<sup>e</sup> foriside waye.

For the Small poxe to heale y<sup>e</sup> Sores.

Bathe your face with Eastren and woman's milke.  
For One that is furred with a Snake.

If the party be furred in the legg then let the legg be  
tryed so that it may worke vnto his face and lay y<sup>e</sup> vent  
of a live Henne to the place where they be furred and when  
the Henne is dead then take another Henne & applye it as  
afore said and another if needed to be used.  
If it swell bath it with milke and plantane boyle together  
this is very good and if any have boyse let them drinke  
cold milke and it will make them well.

A Salve to drawe out the Coare of a  
Hollow in a Dangerous Sores.

Take oyle of Rose and let it boyle softly on the fire then  
put into it white lead being well washed and white wyne  
and weed bane water and let it sooth till it be a perfect  
oyntment.

For a Sore Breast if it be broken.

Take Vire and boyle it in water till it be tender then put  
in a good peece of salt butter and frye it well together and  
lay it y<sup>e</sup> foriside vnto the breast and laye it fresh 9. or 10  
dayes together and it will helpe.

For the Small poxe yppocrit or well in y<sup>e</sup> Eye.

Take a yppocrit full of new sprung beere that is sprung  
of the thye soth it on the fire and before it boyle take  
of the skinn then put into it as much honey as is good  
Mutton tye and being melted droppe the eye twice a day  
being dropt into it with a feather thus continue 3. dayes  
then make uree till the eye be well.

For Ache or paine in the Armes. Head  
Stomack. or any other place.

Take frals browne bread and temper it with a little wine  
and mingle a little Cynamon and Amys seeds amongst  
it and lay it to the place where the paine is: put three  
or 4. feldes of a linnen cleath betwix the Medicines &  
your Spleen.

For the Stone and to prevent it

Take an ounce of Cassia, and lett the party troubled with the stone take downe the quantity of a wallnut, & drinke a good draught of rosie drinke made with Ale after it, this will ease the paine & cure the disease in tyme with open vsing of it, and if they doe but fower it lett them take of this Cassia the quantity of so much as lyeth in the length of ones finger, and change it & fast it, and fast it out againe, this vses an herbe before dymie, and this will cure any that is troubled with the stone or heat in the kidneys, It is also good for them that are troubled with the stone when they make water, to stopp their water whil they purge, but will bring the stone or heat off away the better.

Another for the Stone.

Take Raddish rootes, yelitory of the rock, a feweraght roots beinod, a fewer mallowes and partly, boyle them in white wyne, and with the beinod of therris make milke thereof, & drinke it w<sup>th</sup> fasting.

To preserve the Gums and  
Prevent the Death.

Take a pint of Charoll wyne, & a pretty quantity of the topes of Vio mary, and a little Vio sage, and pomgranat pills, or a little of the flowers thereof, boyle all these together, and when they be boyled, shough put it into a glass, and every morning wash your mouth with it, and rubb the tooth it beinge luberacous, then after wards wash your mouth with a little charoll wyne.

To draw out a thorne out  
of ones hand.

Take Polipodium stamped & lay it to the contrary part where it is growen, and to that place where the thorne entered take blatt, fowr in a wallnut-shell and lay it there to, and it will bring out the thorne.

To close by a wound after it  
is drawen out.

Take of wyne and May butter, of each a pound, and set it in the fire, and tye it well, then take an handfull of plantain, halfe an handfull of Treweat, 2 handfulls of Valerian, a handfull of barbe lyne, and a myne smallage a good handfull of Orygan, an handfull of fimbrye, halfe an handfull of ground foye, an handfull of Lybue older f leuors cutt them small, and seeth them all in the wyne and butter, then strayne them, and make it into Oales.

To Stanch the bleeding of any wound.

Take young Wifery, and a little foye, and boate them together till it come to an eyntment, & if you can gett noe foye, take the hylage of it selfe and rubb it between your hands, and lay it to the wound, & for it will stay the bleeding.

To stanch bleeding at the Nose.

Take an Hare when it is newly killed, and take out all her bowells, and wipe away all the blood with a cleath, then drye the cleath, and give the party that bleedeth, two yarkeres of that cleath cutt into little peeces, and put into drinke or pottage, and it will helpe.

Another for the same.

Take a Doade and put her in an earthen pany into a hot Oven, and so lett her boate her selfe to deathe, then cutt her into three or fouer quarters, and put a quart thereof into a safynot bagge, and hang it about fyrtie hert, and it will stay the bleeding.

Another for the same.

Take a good handfull of Hore homed & wash it and boyle it in a good draught of rosie drinke, and drinke the wyne, and this will stay the bleeding.

For a Strayne within an Man or Beast.

Take a pound of Mallowes, & as much of the sty baron, & a pint of Clyvavite, myne your mallowes & Baron, and boate them together, & when boyle them in the Clyvavite till it be thirt, then strayne it, & thow with anynt the partyes greafe.

For a Pust, Boile, or any other Rymy  
or if it be a Plague Boer

Take halfe a dozen figgs in faire water till they be  
soft, then stampe them with a baton and a little butter  
then heate them and lay it on as hot as may be suffered  
and it will both dryen, drawe, and heale the same.

For the Jerks.

Take Cowps grease tryed & anoynt the body before  
a great fire, 3. or 4. tymes & then on lymen, and  
take hood of golde, then take grynaded Malt & milke  
boyle your milke and then put it into your Malt and  
cover your Dubble close that it may be warme, empty  
let out now and then stir it with their hand, which it  
is so cold as a bath give into it, and sitt in it for long  
at the party can endure; Take so much milke & Malt  
as will fill a Tubb that the party may sitt up to the  
chym, and take for much Malt as will make it wet  
and so anoynt and bathe with it, 3. or 4. tymes.

For the fundament remaining downe.

Take 2. or 3. handfulls of Oalen bark from the  
Tanner before it be dyed, and boyle it in a pottle of  
burnt hy. (halfe an hower) then put it in some vessel  
for the child to sitt over it, when hee goeth to the  
stool, let it be as hot as may be endured, then wipe  
the child drye, and take a pecke of frazell and put  
by the fundament gently there with, and then take an  
Oalen stool and heate it warme, and let the child  
sitt bare over it, so often as hee goeth to the stool.

A Black soare cleare for any wound.  
Orke or Ever Sweate

Take a quart of fallott oyle, and a pound of Wood  
lead well beaten, and sifted, then boyle them together  
till they come to black, then dippe your cleare in it  
and in making thereof, praye it be fore it be cold,  
and keepe it by in Oyle.

An approved Medicine for a greene wound.

Take a pinte of Claret wine, halfe a pinte of fallott  
oyle, a pound of sugar well beaten, halfe an ounce of  
borax sigillata, all soling put into a cleane glasse &  
booynt close stopp till you use it, then take so much  
with force your wound so it must be warme when you  
use the same.

Another for a greene wound.

Take plantaine and bruse it, and lay it in a still with  
a layre of honny, and a layre of plantaine till you have  
said it so that you see glasse, and wash the wound  
with the distillate water, and with a cleare many  
tymes double, and lay it on the wound, and when it is  
drye wet the cleare againe.

For a Burne or Braid

Take a pinte of fallott oyle, an ounce of roze thredd  
drye them, and a spoonfull of honny, then boyle  
them a pretty while, then put them into a gally pot,  
and stir it till it be cold as you put it out, and for  
booynt it for your use, which you send on a cleare, and  
lay it to the soer, but first thred the fatt of cleare  
thron very thyn, and lay all over the soer a night  
or there abouts.

Another

Take the Wood Mosse that groweth on a ston wall, and  
boyle it with some mutton fette, and anoynt the soer  
therewith, and it will cure it.

A Salve for any soer for a Burne  
or Braid.

Take a quantity of Gray Soap and as much honny,  
and worke them together till a good white, and lay it to  
the soer, and when it begins to heale put thereto  
more of the honny, and lesse of the Soap, and it will  
heale all other burnings or hot Colours.

A very new cyment either for  
Bones or Erads.

Take first .2. hand fulls of hyslopke, of plantine  
leaves, of fennel, of hys leaves, each of them two  
hand fulls, of the same kynde of Elder frute the  
greenest and yongest you can gett, and seeth all them  
together with a quart of a pint of fallow oyle very  
well clarified from his salt; then take a quart of  
a pound or more of new made butter without salt, and  
.3. or .4. ounces of virgine waxe, then seeth all these  
together till the herbs be boyled very soft, for being  
well sodden, pryng all your stuff together through  
a linnen cloth. This must be made in the spring  
tyme when the leaves hath moisture, and so you  
have a ynt and true cyment.

How to Erad.

Take wyld rigoons and take the lyfards of them,  
and wett them, and take out the stoncs and other filly  
and ryng them, and take the stoncs from them  
drye them to powder, and put a small quantity  
therof into white wyne and drinke of it.

M<sup>r</sup> William  
Munson

Another for the Erad.

Take the greene kynde of an Ache tree, drye it and  
beate it to powder, then give the party troubled with  
the stone so much of this powder as will lay upon a  
spoonny or .9. spoonny of a draught of white  
wyne at any tyme of the day, and they shall have  
no sent paine, and remember to take of the ryng  
kynde of the Ache before you use it.

Another for the Erad.

Take myrtle too of the Calt and drye it to powder  
and put as much of it into a spoon full of white wyne  
as you can take w<sup>th</sup> betwix your fingers, & drinke  
a good draught of white wyne after it.

A drinke for the Stone

Make a ysselt halfe of white wyne and halfe of Al:  
then take of the Erad, and put in an hand full of  
Charvile into a quart of this ysselt drinke & boyle  
it soft.

A Medisine for all manner of Sores  
and woundes that are Curable.

Take Bittany, Plantine and Smallog, of each of them  
take a pint of the wyne, and put them in a paim, and  
put thereto .3. ounces of cleane new wyne that came new  
from the honey, and .2. ounces of the sweetest & cleaneft  
mousse you can gett, and melt these by themselves in  
a soft fire, then put the wyne thereto and boyle them  
together till all the wyne be wasted, and be ever stir-  
ring of it; then take .3. ounces of Turpentine and  
temper them together, and when it is cold put it w<sup>ch</sup>  
so you may keepe it for a most precious salve as can  
be used.

The Comendation and vertue thereof.

This precious cyment or salve is Dubious in  
England, being brought out of Florence, and is so precious  
an heale, that it will heale all manner of woundes, if  
woundes so deep if they be Curable, without any Cont.  
our plaister will heale any woundes if it be well kept,  
and doe use more but that it betwix your hands a  
little, and spread it on a cleath, and make it broad  
long enough to cover the wound, but for the woundes  
washed in the morning and at night with white wyne  
& honey sodden together and wash it warm, and drye  
tyme make the plaister hot in your hands, and remember  
to make it cleane before you heat it, and then lay it on,  
and take a little flax and make thereof a web, wett  
it in the wyne, and put into the hole of the plaister into  
the wound, & it will drawe up all the filly that lyeth in  
the bottom of the wound to the top, and when the  
wound abeth for paine, take a little oyle olive, and  
poure into the wound, and it will take a way of being  
the wound.



For a Pimple or Wobbe in the Eye.

Take bay salt and humberd and bruse them together and lay it to the contrary. Take Cambrine and Humberd's bruse them together and lay it to the contrary, wrights for a Thume and Reddusie in the eyes.

To take away proud or dead flesh.

Take the Snyer of Marygold leaved, & a little honey and thicken it with burnt Alom, and lay it on a little Lyne, and lay it upon the wound, and lay any plaister you use of it.

Dr Edwards.

For the Stone.

Take Raddish leaved, solitary of the rock, algaraque Pectos brused, a few mallowes, & gaulthie, & bruse them in white wyne, and so of wheray they make a milke, and drinke of it warme fasting.

A drinke for One troubled with the whites.

Take the seedlings of a milke Cowe, and boyle it in Spring water as much as will make it jelly, wher you may finde by taking of some in a Spoon now & then, and let it stand, then strayne it and drinke it in the morning, and this will helpe.

The Lady Eudorras approved medicine for the Stone.

Take of white wyne and Ale an equall quantity and make therof a posset with so much milke as will but cover the bottoms of the skillett, then strain off the Ale and take six or eight Olatos of a Head of Garlick and slice it thyn, then put it into the posset drinke, and boyle it till halfe the liquor be consumed, and put thereto what quantity of sugar you shall thinke fitt, and drinke it warme in a warming fasting, and so fast till Noone.

A Receipt for the Goute.

Take liturgium and the gum Dragon & Dissolved in Rose water, Calvea with Tartar, of each 31. olib of Voles and Bayons grease as much as will serve to make it into an ointment, after it is made put to it, some praynes of Ambergreene and as much of Muske.

A Special Ointment or Salve.

Take of smalage, Viburut, houghlebe, plantin, Row, jesse houle, Mercury, Ouzon, Erabicus, sage, Sotden wood, bitany, wache wood, pargoly, Dalivian, leaved bennett, bulbs Horne, Lyons tooth, Marygold leaved Comfrey, take of each of these herbes an hand full green, and cut and wash them very cleane & chop them very small together, then melt 6. poundes of fresh butter rawaite, and put in all these herbes, & boyle them halfe away, then strayne it, and so keepe it all the yeare.

A Remedy for one that is like to misfarry being with child.

Take halfe a pint of plantin water, & as much Redd Rose water, and two new laid eggs, the yelles and whites, beate them very well with as much fine sugar as will sweeten it, then put it altogether and set it on a soft fire, and let it boyle till it be a little thicke, then take it of and give the party thereof to drinke, and if you will in the forething put in a part of Cynamon.

For the rednesse in the Bark wherof causeth Misfarrying.

Take the breads of 4. newe laid eggs, & a Spoon full of Redd Rose water, & beate them well together, till the breads of the eggs are dissolved, then sweeten it with fine sugar wady beate, and let the party take it the last thing they take, being an hour after supper, this do they might together.

A Water for the Tooth.

Take of white wyne a pint. of Rose water & plantain water of each halfe a pint. Symplic Nutt 3. drawe them a dram: boyle all these together halfe an houre on hott ashes, and straine it for your use.

To Plumb the Tooth.

Take Marsh Mallows Rootes, and in the dryngge wash them in white wyne wherin Allom hath bene layd, and drye them in an Oven.

An Excellent drinke approved for the Sturbutt.

Take halfe a peck of fowrey graffe, of wat rorifios and brooke lynes of each 4. handfull, beinge well pickt and cleane washed, then bruse it in a Mortar, and add thereto, of long pepper, quantity of paradise Nutmeggs, and fennel berries, of each 2. ounces of Sarsaparil Rootes sliced thynn two ounces, of amy goods a quarter of a pound, bruse the goods & fennel grossly, and halfe a dram of saffron, & put them altogether with the herbes into a bagg of beards stuff, and put in the bottom of the bagg a weight that may make it sink into the Beere or Ale, so that the bagg hang in the middle of the liltedrin, that it may waite together, and when it is frals enough, let it be your ordinary drinke.

Take a quart of Alligant, and put into it 6. ounces of Sage, Dates, the steyms and fronds taken out, yongflant flowers beaten small a quarter of an ounce, of white sugar Candy, eight ounces, Redrose water a quarter of a pint, and boyle them all to y halfe, then straine it, and put into it of Maris Christi powder ounces, and of this take three or foure tymes a day, warme, beaten spone full at a tyme in the Morning fasting, or at night, or at any other tymes.

Receipts by one John wild

For the Meagrim in the Head.

Take the Juice of Nightshade, and as much vinegar with Crumbs of barbed bread, and the whites of two eggs, a quantity of bellarmoniat, and a quantity of sage, and dragons water, all this is to be made plaister wayes upon flage, and lay it to your grieffe.

Another.

Take a Bleath, and warme it very hott, and chafe the Nape of the neck, and your Temple every morning, for the Tooth Ache.

Take nyne pepper Cornes, and five Cornes of baye salt, and some long hie hony, & bruse your pepper Cornes, and boyle them all in an oyster shell, then take little ballis of lymt and dippe them in the hony, & laye it unto the tooth or Plumb the tooth with Allom beaten.

For the Stone.

Take of Radd wyne, and of new Milke from the Cowe, of each a quart, and straine them, and give it the patient to drinke when the Stone comes.

Another

Take a quart of good Ale, a quantity of baye leaves, & seeth them from a quart to a pint, and give y<sup>e</sup> patient to drinke halfe an houre before the fit come on him.

For the Colic and Stone.

Take musket lobes, musket tymes, and garfloy, & make pottage of it with Mutton. And this is also good for the Mother.

For the Stone.

Take Turpentine and make it in little Balles, and Rowle it in fine sugar, and swallowe it downe whole.

Another.

Beate the fronds of medlar into powder and drinke it with distilled milke or with white wyne.

For the Colic.

Take a thym thien wyng. and lay there in a layre of Vene in the bottom. and pour a fewe hot Embe upon it. and then a nother layre of Vene and lett imbe upon that. & so layre upon layre till the wyng be full then laye another thym ruffe on it. and lay onto the Colic. and it will ymmedately take away y<sup>e</sup> Griefe.

For the Strangulion.

Take Raddish leavos and seeth them in Ale. and give it to the patient to drinke. and it will make him make water.

For y<sup>e</sup> Stone and Strangulion.

Take a quart of Aquavite. & an handfull of ground Flye with shalbe and all. wash the ground flye cleane and put it into a glasse bottle. and pour thereto y<sup>e</sup> Aquavite. and let it so stand to rest three or .4. dayes. then drinke therof a spoonfull morninge and evening. and lyc in bedd one howre after you have drinke therof. on that side where your greife is. This doing a while your game will weare away.

To kill dead flesh.

Take the juyc of Emallbedge. the yelke of an egge. wheate flower. a spoonfull of honny. and mingle all these together. and drage into the Bove. or other wise make a plaister with fine sugre scraped into powder. and therin doing will doe the same.

For to draw & heale a Cutt.

Take the juyc of smaltage. and the juyc of Buglose of oare a like quantity. take also way dromough. Vosen. shroope. just. bewerde. flutt. of oare a like quantity. & salt of oyle. turpentine. but a little. seye them all. and searce a little lynt. and lay this salbe upon the lynt. and putt it into the Cutt. and then lay the plaister over it.

For a Hatten.

Take Vene and sepe. salt. soote. and beare grease of eare a quantity. and stamp them together. and laye to the Hatten.

To Heale a sore eye hurt with a small pebble. though it seeme to be out to any lens sight.

Take the Marrowe of the pympions of a Goose wyng cold and a quantity of honey were taken out of the Beemle on the hie and mingle it together. and lay it on the eye lids of the patient. and it will heale.

For sore Eyes.

Take ffermell Rootes. wyldc Dayfies. both Rootes and leafe. and lay it in white wyne. and seye your eyes with the water therof.

For the Same.

Take a pinte of eye bright water. and put some Redd femell into it and as much white sugar Candy as a walnutt as much white Sappare as a Beemle. boyle this untill halfe the water be consumed. and wash your eyes with it.

For a Pim or swell in the Eye.

Take white Alkome. and Rinning water. and boyle it together in an Egge shell till it consume to halfe.

For a sore eye that steeeth & puereth.

Take Rinning water a quart. & put in white Clove a Rosemary sprigg & a spoonfull of honny. and let it boyle to a pinte. and then drop a little in the eye and keepe it asfar from rubbing or touching.

For a Swellure or Great Ark in y<sup>e</sup> Bonds.

Take Vene & Redd wothes. of each an handfull. a quantity of Commin. & a quantity of blacke sope. and a quantity of frankensure. bett all these together & make a plaist therof. and lay it to the Griefe.

An other for the Eructiva.

Take a large full of Nettles, another of Meze, and  
sooth them in Chambr-lye, and put therein a hand-  
full of bay salt, and a quantity of black pepper, & lett  
them boyle well together, and after lay it to the grasses,

ffor Ache or paine of the stomack  
so that it letteth Digestion.

Take a quantity of the oyle of worme wood, and as  
much Aquarita, and boyle or it together, and putt or  
chafe the stomack therewith, three or .4. nights when  
you goe to Bedd, and it will drive away the payne,

ffor a poyndy Stomack.

Take worme wood and boile it or sooth it in white-  
wyne, and drinke thereof, and it will raise it to voyd  
upward or downe ward.

To Cause a Vomitt.

Take a quantity of Running water, & a quantity  
of Emeger, a quantity of Mustard, and frise it well  
together and drinke thereof.

ffor an Ache in any part of the  
Bodye that roundeth of Solde.

Take a quart of good Ale, and as much Graine, frise  
at the quantity of an egg, and lett them boyle night  
till it be so thicke as a salve, then lay it abroad on a  
Graine peere of frize on the rough side and lay it to  
the lye soe so hott as may be suffred, and let it lye .2.  
or .3. dayes, and change it againe, & twice or thrise of it  
will helpe without doubt.

ffor Myggs or paine in the Head.

Take a quart of Milke from the Cowe, sooth it, when  
it is sodden putt therein a quart of Honey, and it will  
turne to a popet, then stum of all the Curd, & set it over  
the fire, lett it sooth well, & straine it very cleane, and  
when it hath well sodden, put it in a vessel or pott, and  
take a peere of wooll, and dippe into the water, & put it  
into the face: that is a white and becom of hardnesse  
three dayes after, and it will helpe, and also if Hoaring.

To make a Beave Bleath for an  
Ache, swelling or Bruise.

Take a pound of Sheeps tallowe cleane tryed, and a  
pound of unwroughte waxe, a quarter of a pound of Resin,  
larged spoon full of frankincense in fine powder, and  
boyle them altogether, and straine it cleane with a faine  
and sooth or dring a lymon cleane in the same, so that every  
part be thicke highly sooth, then lay it abroad, till it be cold  
then Rowle it up, and for you may keepe it all the yeare;  
and when you finde your selfe grievd with any of the  
said greifes, then take a peere thereof for hott as yo  
can endure it, and let it lye on till it fall off, and if  
it ease not the paine, then lay to a newe one.

ffor the Pallye.

Take Popemary, sage, Maudline head, of each of them  
an hand full, and lay them into salted oyle, and frye it  
in the same, and chafe the Temple of the Head therewith.

ffor the falling Child.

Take the Rootes of Male gonye, huncle and frayne  
& saue with Ale or beere, and drinke of it often. And it  
is good to remove the Rootes about the neck, also take  
fronds of an Otter, and make them into powder, and  
use to drinke thereof.

ffor the Quarter Ague.

Take a Rode Oymon, Rode sage, h. v. v. grass, h. m. l. b. b.  
the yolke of an egge, and a little bay salt, fraysse all  
these together with Grained Groye, and let it lye .9.  
dayes to the use.

ffor the Itch, Erubbs or Tetter.

Take a pint of Meats foots oyle, and the Gall of an  
Oge, and a good hand full of h. m. l. grass well bruisd,  
then sooth them all well till it come to an oyle, then  
frayne it through a faine Bleath and amongst the  
patient therewith, by the fire; approved to be Good.

65  
For the Bone ache & Medicine  
called the oynment of life

Take some young Swallows when they be ready to flye, one handfull of hork grass, as many small peeces of fother few, and of dardons as many, and stamp them all together with the Swallows, & then as they be taken out of the neste cleave feathers and all, then take may butter and boyle them together, and strain it through a cloth, & sell it, will doo.

To Make a Syllie of Roses of provins  
to drinke with faire water being good  
for a Drunght.

Take a pottle of faire water sodden well & steamed, then lett it coole till you may suffer your finger in it, then have ready a quart of roses, and by two good handfulls at a time, put them into the water, & when they are very pale, then take them out with a spoon with a little washing out of the water, for makinge the syrreng bitter, & put it you out of the whites of your Roses when you have parted them, then put to them three pound of suger, as you thinke moste more or lesse, then sett the same till it come to the height of a syrreng, And when you have a good heate or thirst take a spoon full of that syrreng, and put into faire water and drinke thereof, and if you be sicke then sooth your water, and let it be cold, and then put in your syrreng.

For the Shingles.

Take an handfull or two of new hay that was made before Midsummer, and two handfulls of bay salt, & sooth them together in running water, and let the holes of the patients feete be therin soaked, and bathed, and he shall be cured.

For An Ague.

Take an handfull of greene wormwood, as much of bay salt, and hops, and Camerons, beat thes very small, spread it on a cloth, & sprinkle it with Aqua vite, lay it to the patient on his backe before the sun,

To Make Mannes Christe.

Take a pint of Rose water, and strain it, & put three into the pound of fine suger and bruse it with a spoon, and stir it till it be molten to syrreng, then lett it on a soft fire, and stir it till it seth, & styme it so long as any fowle thinge will arise of it, & stir it very often, then take fine suger beaten to powder, and poure it through a seare upon a board, then take a spoon full of the syrreng, and bruse it in a spoon till it be some what cold, then powd it on the suger that is on the board, and if it be hard when it is cold, then it is sodden enough, then take it from the fire, & let it stand still in the pan till it be some what cold, then put in a quarter of an ounce of gold, & as much pearls as you thinke to be enough, and put in a little muske if you will have it sweete.

For the Tooth Ache.

Take frawbery leaves, violet leaves, Rosemarye, tages, Red sage, woodbine leaves, boyle them in a quart of water till halfe be consumed, then put to it a pint of wine vinegar, two spoons fulls of honey, & a good deal of Allome, as bigg as a pullets Egge, let it boyle a quarter of an houre, then put it into a glass, and let it sett, when you use it take the clearest of it boyle pearne, and hold it in your mouth.

For the Reddening in the face.

Take halfe a pint of Redrose water, two spoons full of brimston fine by seare it, and twenty graines of Camphir, mingle them with the water in a glass, & when you use it shake the glass, and take it with the face with it where it is Redd, and let it drye in of it selfe without warming off at night when you go to Bedd, for the halfe pint of Redrose water, take halfe a pint of white wyne, and it will doe y<sup>e</sup> better.

For a Urine the lady Munsow way,

Take a pound of V. ajay Baron. and shred it as you would see frott. and tender it in a dish. then frame it. and put to it halfe a pint of Aquavite & frame a great sort of Mallowes and a few violet blubs then frame it and put it to the Aquavite & Baron. and boyle it till it come to an evaporation so put it by and boyle it for your use. put not too much Aquavite in it. amongst the party there with it being warmish.

This is the best  
This is out of  
old book

An Especiall water for the cure of the plague, or any blene, Eusept or Eudaim sickness, to keepe it from the heat.

Take Sage, saludino, hore hore, worme wood, Yefo maye, balme, yampounet, Egermony, frabians. - dragons, Liver wort, hearts tongue, Cardus, Mugg wort, Mayden hair, of any of these a handfull, and take a pint of the herbe Rosolis, a quarter of an ounce of Turmentill rootes, a quarter of an ounce of Gentian, and a quarter of an ounce of Anglica rootes. Then frame and bruse the se- rootes a little, and the aforesaid herbes must be washed and shaken cleane from the water in a cleane drye cloth, and then shredd them very quickely. Then put into these a gallon of white wine or Ale, into some frowe or daryen vessel being covered close, and so let it stand. 2. dayes and 2. nights, and then distill it, and give such quantities as finde any greife in their stomack. 6. or 7. spoonefulls of it warmes to drinke, halfe for much for a child is enough. & cover them with a fowre more bathes than accustomed, to keepe them the warmer. wash not the herbe Rosolis you may put into it a little Eucalle, if it be for any suddain febrile. For a Cold Urine you must drinke it. & sweat halfe an houre before you sitt downe. & drinke it fasting, & sweat & fast upon it. 2. howers: and keate it blood warme. The

The last Yarning of the still will be smaller then the first, that boyle by it selfe, and mixe all the stronge water together in a great vessel, and when it is mixt, put it in little glasses and cover it close, you must distill it in a soft water still, and in the latter end of May when all the herbes are to be had.

If you neede to use the smaller water, you may take .10. or a .11. spoonefulls of it at a tyme, and you must alway keepe it very close from the Ayre in y<sup>e</sup> warming of it.

An approved drinke for curing the Ague.

Take .4. ounces of Bees, 2. ounces of polypodium of the Saks, 1. ounce of bay berries, 1. ounce of blenny seeds, 1. ounce of fennell seeds. bruse all these together, except the Bees, then put them into a buller bagg into a small vessel or saethen pott y<sup>e</sup> holdeth. 2. Gallons of Ale, when it is newe brewed; and let it be in fowre .24. howers before it be strayed. & then drinke a draught of it every morning continuing fast and fast. The bagg continuing still in the vessel, till the Ale be all drunke out. And if the vessel be of lesser quantity then .2. Gallons, then make the proportion of the draught before, at halfe y<sup>e</sup> quantity of beas.

A Medecine to be Applied in A Burning Ague.

Take a good deal of Saludino, & two rootes of long- Villed plantine with the beas, 2. great oymours of the shampagh root that is to be gotten, one of them must be washed, and the other rawe; 2. newe laid eggs, one washed cleane, and the other rawe, the washed egg must be put in shell and all, but not the shell of the rawe, two handfulls of way salt, beat all these together & frame the rawe eggs, and when they are all beaten well, then take the rawe eggs & beat it with all the rest, and so lay it to the soles of your feete, & let it be there .24. howers, rather let it be longer time than a shorter tyme.

69  
For Aches, Swells, Itchings, Anguish or  
frosting of wounds, Tooth ake, Benefits  
and frosting of fume wood or burnes.  
Uranic. Strigge. Eratica. Burnings  
swellings, prickle, Strayne or frosting  
in Man or Beast.

Take of Radd sage and Thyme of each a pound, y<sup>e</sup> youngest  
bay leaved and wormwood, of each halfe a pound. -  
cutt them (but wash them not) cutt them small, boyle  
them a good while in a faire Morter. Then take 1000  
pounds of cheape sacke butt from the cheape, mixe it  
small and boyle it with these herbs till all be of one  
consistence, then put it into a faire bowl, with a pottle  
of the best oyle olive, worke altogether untill all  
become a lye and soft, put it then into an earthen  
pott well stopp for 8. dayes. Then sceth all in a  
faire pott with a soft fire, put into it when it is  
halfe scalden, fewell omeles of the oyle of Spick, and  
being scalden strayne it through a faire cloth (cutt  
into faire litle pottles, stopp it close with parchment  
and bathed out that. Take heed of burning it, therof  
fewe thin it continually, and put two or 3. drops  
in a lawre, and when it is used at greous it may  
be, it is enough. Anoynt the place greuous, till  
it dreyes in, Rubbat into the small of the back and it  
saloth the paine, halfe a pottle lynes chafed into y<sup>e</sup>  
face and froppod with black wool helps all paine  
therof.

This oymment is onely made in May and  
will longe many yeares, being close stopp  
and cold kept.

#### A Medicine for an Ache

Take a quart of salt oyle, y<sup>e</sup> omeles of following  
flowers, y<sup>e</sup> omeles of mullett flowers, y<sup>e</sup> omeles of  
Gum hery flowers, y<sup>e</sup> omeles of Rosemary flowers,  
y<sup>e</sup> omeles of St. Johns wort flowers, y<sup>e</sup> omeles of Radd  
Sage leaved, y<sup>e</sup> omeles of Camomile flowers, and cutt  
them scode in it a month, then take halfe a pound  
of Venice Turpentine, halfe a pottle of Aquavite  
or halfe a pottle of white wine kinogee, put all these  
into a cleane pott, and passe it with y<sup>e</sup> paper, & then sceth  
it y<sup>e</sup> howe it, then strayne it.

Phillip Lavis his plaister for the gonie  
or any other Ache. It is also good in a  
feaver to be layd to the Soles of y<sup>e</sup> feet  
to drive from the head.

Take a pound of Olibanum otherwise called frankincense  
a pound of Tolm, and a pound of y<sup>e</sup> y<sup>e</sup>, all these beaten  
small, also of Cheape sacke butt halfe a pound, of  
Gummi seed 4. omeles, of Mars oyle omeles, of Saffron one  
omeles, of Saffron an omeles, all these gathered finely passed  
also Salsidannum an omeles and an halfe, w<sup>ch</sup> must be beaten  
with some of the cheape & allowed in a wooden Morter.

#### Directions for the Making thereof.

First you must sceth your Tolm on the fire, & melt it w<sup>ch</sup>  
a soft fire, and sceth it with a pottle a little now and then  
and when it is melted, put your cheape sacke butt into it,  
then put in your y<sup>e</sup> and when they be all melted put  
in your Salsidannum, & then let it boyle a little together  
softly, and then take it off the fire, and put in your Saffron  
& Saffron, then let it on the fire againe untill it be ready  
to boyle, then take it from the fire againe, and put in  
your Gummi, Oliban, Mars, and Saffron altogether,  
and then let it on the fire a little againe, then take it  
off, and spread it upon an untanned cheape from them,  
and see it must be layd to the Soles of the feet, & never  
taken away so long as they will chafe to them.

For y<sup>e</sup> weaknesse in the ioynts,  
or for an Ache.

Take an handfull of Radd sage, of Bramble leaved, of  
Alo hoope, and of plantain, of each an handfull, of forty  
or 50 y<sup>e</sup> garden wormes, and wash them in a little Must  
bedyne, then put the wormes amongst the herbes, and  
sceth them altogether, in the straining put in halfe a  
pottle of Mustbedyne, & in the straining put in an other  
halfe pottle of the same, then let it on the fire, and put  
in halfe a pound of Sacrewood greace, and let it boyle  
till it be thick, lay the wormes the night before in  
an handfull of penny Ryall.

A p[ro]fou[re] Remedy for a Cough Breach.

Take mallowes w<sup>ch</sup> groweth in the fields, the leaues thereof finely p[ar]sied, then stamped fine, to the quantity of a quart, then take a fawne kettle with 2 gallons of water, and set it over the fire, and then put in the said mallowes & let it boile so until the water be fadde[n] away, then take the bottoms of a fawne of this, the quantity of a pottle & a quart of white wyne, then take a penny leafe, & grate it fine, then take a good fatte ~~compe~~ kidney of a lync of mutton finely chopped, then when all the water is thus fadde[n] away from the mallowes, then put all these oyle things th[er]eunto; and set them over the fire, and lett them boyle againe, but you must alwayes stir it, yet it burne not to the kettle, so let it boyle together till it be thicke like to a fawne, and when it is thicke enough fadde[n], put it into a fawne yett, and seape it very close, and when you shall dredge the patients breast take part thereof into a dish and warme it, then spread it upon a linnen cleafe some what thicke, & lay it to y<sup>e</sup> breast or stomack as hot as the patient can suffer it, but first before you lay this cleafe to the breast, you must bathe the breast with white wyne warmed, with two linnen cleafes, the one layd to the breast, while the other warmeth, and so bathe it with the wyne warmed for the space of a quarter of an houre, & then lay on the said cleafe as hot as you can suffer it, and by gods grace it shall breake it without any rent and so keale it.

To Make a Cawdle for the Consumption of the Barle.

Take the birnells of Spargle Wits, and blanch them as you doe Almonds, seape them and seape them with muscadys and so make a cawdle of them, and when that shall be past, put in a quantity of Clarye and Myrr and let it seape a pretty while, and seape it with sugar as you thinke good, and drinke of it .v. or .vi. morninge together a good draught.

A Plaster for the Consumption of the Barle.

Take the rish that cometh in the rhyne of Beefe, & seape it and seape it with a quantity of muscadys, then take a Roderigo leafe, and seape it with it, then warme it in a greasse dish upon a chafing dish of coales, and lay it to your barle when you feele your greasse, & so doe until ye finde heale.

A Medicine for a weak Barle.

Take the yelle of a newe layd egge, a Nutmeg grated, & date finely minced, and they all these together a whole night in .v. or .vi. spoonefulls of Roderigo water reduced very close, in the morning take half a pinte, or a pinte of muscadys, and put them together in a fawne skillett, and set it on the fire till it be very thicke, but not sticking sticking at all the while it is on the fire, and take thereof in the morning and evening a spoonefull as hot as you can drinke it.

Another Medicine for a weak Barle.

Take .iij. ounces of the powder of Amber, .iij. ounces of sugar of Roderigo, .ii. Drames of the powder of Nutmeg mingled all these together, and take .vi. spoonefulls of this powder in a draught of milke from the Cowe woman and fast .ii. houre after.

For the Heat and drynes in the Barle.

Take sauth mofe and boyle it in Carduus to an oyle, and so anoynt the barle.

For the Sharpnes of the Urine, and weaknes of the Barle.

Take purple water distilled, and make an Almond milke with blanched Almonds, yong ion foods, and pistachios, and so drinke it in the morning & th[er]eafter.

For the Brayne.

Take a bagg of sweete Marjoreme, and lay it att your Bedds head upon your pillow.



33  
A speciall Medicines to strengthen the Sack  
to open, cleanse and coole the liver, to purge  
the Gallie & Melancholly, to open the Belonie  
to purge the Head of Phlegme beside other  
operations very scholasticke.

℞. of Polipodie of the Oak ʒij of fens ʒij & a halfe  
of Eransus Rootes ʒi. of Bistheme ʒi. of Cyperus  
Growth. & Marony. Am. Rootes. Every under good. Syll-  
fodds. Amny fodds. of each halfe an ounce: if y<sup>e</sup> liver  
be hot take of Turbul. ʒ. Drums. cut into small  
pieces: Reason of the same a quarter of a pound  
the fens taken out, purge the Rootes, and cutt them  
in slices, & binise the fodds a little. Then put this  
into a gottle of Conditt water, put into an earthen  
pott, that hath a large mouth while the water is  
Cold: then set it over the fire: Cover the mouth of  
the pott with a close Cover, so let it boyle in the soft  
fire, from a gottle to a quart, till the Rootes be  
soft, that you may feele them tender betweene your  
fingers, for then the pith is sodden into the water.  
When the water be half consumed & the things  
tender, take it from the fire, but set it on a sponge  
plate, covered till it be Cold, then squeeze it through  
a Cullender, or some cleane Cloath, into an earthen  
pott, and after it is thoroughly Cold, put it into a  
Narrow mouthed bottle, & stopp it with a Cork  
very close. Give of this to the patient a pinte after  
this manner, halfe a pinte cold to bedward, about  
9. of the Clock at night, the next morning another  
halfe pinte lukewarme about 8. of the Clock, and  
about 3. howers after let him take a little warme  
thym breath made with mutton, put therein rooking  
herbs, as fennel, Sennerye, Violet, Leard, & reason  
of the same fownd. And let the patient keepe his  
Chamber that day, but sleepe not, if he be young  
give him the other half pinte at night, as at y<sup>e</sup> first  
tyme: The Remedy may be given to such other  
as before is shewed, you may give it to the best man  
or woman without danger. It neither offendeth taste  
or stewart, nor maketh sick, as many opposidures  
hath proved.

34  
A white Oyle to Alay Heate or Burning.

Take a quart of a pound of white Lead, and halfe a quart  
of King Alon burnt, beat them finely together in a  
Mortar till they be thoroughly mingled, then take so much  
of the leafe of fresh barweeds grease, as shall neede to  
mingl with them, then beat them very well together in  
a Mortar, and so put it by when it is beaten enough.  
This salve will coole and awayne the heate or burning  
of foles, and is good for the milke fire, and is to be laid  
upon, and about foles when they Itch.

To Make a Sovereign Oyle for any  
Wound or Boyle.

Take two Gallons of very good oyle olive, Camomile,  
Sotherwood, Sage, and waterwood, of each two handfulls  
shredd them and put them into the oyle, and set them in  
the sun, stirring them every day, also when water  
is distilled ready to blow, put in two handfulls of halfe  
a pint of Wood rose buds, the rosetts being cutt off, and  
as many of the flowers of St. Johns wort (when it  
bloweth being in some what after any of these) as being  
chopped and put in with the rest, will be worth with that  
proportion of oyle, when it hath stood a month in the sun  
after all is in being stirred every day. If the Oyle  
take in it be strong enough, then set it in a bottle of  
boothing water these howers, stirring it all the while,  
but if you doubt the strength of your Oyle, put it into an  
earthen pott, and set it forth these howers, all  
the while stirring it: If you will have it for Choles, you  
must put in every howre that it is boiling, halfe a pinte  
of Aquavite and boyle it (as formerly) with it, or w<sup>th</sup>  
out the Aquavite it will keepe the full strength two or  
three yeares, but that which you use for wounds must  
have less Aquavite in it. It must be made in May.

For a sore breast to disolve it, if it be fit  
to be broken and if it be broken it will  
heale it without Counting it or any other  
salve.

Take a good handfull or two of Holyherb leaves, and  
as many of violet leaves, let them be cutt small, root  
boyled in may butter or sheepe fatt finely stridd,  
filter and layne them root together till they be both  
wrought together and become like a salve, then take  
it off and lay it on a woollen cloth the Compasse of  
your breast, then lay it on as hott as you can suffer  
it being thirt ffordays. It must be applyed once in  
24. howers at the least, you must take heed if you  
boyle your hearts and flitt root and baym that  
they may be tender and soft. Least they hurt y<sup>e</sup> breast.

The most excellent Receipt of the  
wound water

Take sothernwood, worme wood English, myrrour  
wood bittonys, jamaic, plantain, Dandelion, Helwort  
white Bettle, Bramble buds, Gympney, wilds An-  
gellia, Emmercy, Hawthorn buds, Mint, fraubow  
strawberry leaves, daizie roots & leaves and all honey  
suckles, Orons, Violet leaves, smilke, Oat  
leaves of any an handfull. Add to this a gill of  
white wyne, and a gallon of running water, boyle  
all together untill that one halfe be consumed, then  
strayne the liquor cleane from the hearts, then put to  
it a quart of honey, and boyle it againe, then put it  
into a Glass stopp'd very close for the use, Let the  
patient drinke three spoonefulls at a tyme like  
weare, every morning fasting, and for last at night  
untill he hath drinke a quart thereof; be sure this  
if it be on the face apply to the face or neck, a plaister  
of honey, and wyne.

The vertue of this water

This Cure is all wounds, wounds beate, putrifid  
beate, raising them to scabs; Arise in the stomack  
beate and sore opening, fraith the blood of veins  
broken in the body, and cause the Bettle to fall out  
of the body wounded. Probatum.

To kill any fealding by root, milke, Pitch,  
Vosin or hot water also to kill any sore, scull,  
or breaking out in the body, also against hoate,  
or high wents in the face, and against a feald  
or sore head.

Take fresh (or salt Butter) freshes butter, melt it on the  
fire, pour it, being very hot into faire cold water, with  
a spoone, all to scoble it when it groweth cold flitting abt  
gather the butter together, and pour out the water, then  
put fresh water to the butter, always working or  
beating the butter with a spoone in the water, and ever  
and anon change the water, till the butter groweth  
as white as snow, then taking the butter forth of  
water, worke the Remaynder of the water as much as  
you can out of the butter, then take powder of beington  
four fold, and worke it into the butter, till the butter  
growes yellowe, then take Camphire a pretty quantity  
and worke it together with blanch'd burnells of gum  
gum, or Almond, so worke altogether and make an  
oyntment thereof; Use it either fford on a plaister, or  
oyntment rise to the place good, if you would styne  
any thing with this oymment, put the powder of  
Wotton wood into it.

Dr Baunfals his Receipt for the  
Use of Bottonys

Take the leaves of Bottonys and put them in the  
Nephritis, and it will procure us fang, And to fodge in  
your Ordinary drinke some leaves of Bottonys, worme-  
wood and Helw, and in a draught of that drinke in  
morning to put a spoone full or two of the Juice of  
Eruerdy grass into every draught. Continue it 9. or  
10. dayes, and in case you feele weard or would more  
weard, then put into the fudging, three or 4. flyes  
of Muttons.

1978  
For the Byting of A madd Dogge

Take of howel greave gilt cleane from all stalks. 6. ounces. of good London Croake or Motherdare 4. ounces of pin bod gachit 4. ounces. of feruged tym of a plantain 4. great spoons full. Stamp these together then boyle this in a large quart of stale Ale. in balneo Mariae close covered with a soft fine q. horer. Straine this. and give thereof every morning & evening warmes 8. spoons full. for 14. dayes together. and lay the foresaid and strayned out to the fore boord too.

To Make Liverish balls.

Take a pound of liverish being well charred & slyed & a little benjoid. a quarter of a pound of Amygods benjoid. then take a quart on halfe of Rosemary flowers water. a quart & halfe of foysser water. then take the liverish and Amygods. and freeze them in these waters two nightes. or 2. daies. then take a cleare and straine the Urine from the liverish. and put it into a flyskett and boyle it untill it cometh to fower spoons full. and keepe it with continuall stirring. Then take a pound of benjoid sugar Candy. and a pound and an halfe of double Refyned sugar. being very well beaten and passed through a very fine Siftynge. then take a little Gum dragon and gum of Cherye trees. being steyt two night in any of these waters. and mingle it then in both these sugars. then take the Liverish. when it is boyled enough. and so cold as ye may well endure your hande in it. and put it in the sugar and make it like paste. and when it is very well kneaded Roll it in little balls. about the bignes of a pease. for put them in a Boxe and let them be kept secure from the aire.

29  
For the Stuffing of the Stomack  
or a short Breath.

Take two ounces of white sugar Candy. one ounce of flowers of benjoid. and halfe an ounce of Cassia. make all these into fine powder. and take every daye two or three tymes a day. as much as will lay on a great or foysser. upon a toast of white bread dipped in Mustards or salt. and so eat the toast. and the powder together.

Another Receipt for the stopping of the  
Stomack. or shortnes of Breath.

Take a spoonfull of Eare. of honey. of the powder of Charambany. and of the fine powder of birdsh. of each of these a spoonfull. and mingle them well together then make it in pills and take three of them every morning as long as you please. these pills are to be made with foysser of Charnyng. made with the sugar and sugar Candy.

A Cowe Cleath to mollify the  
Hardnes of the Breast.

Take 14. spoons full of Gallott oyle & ad much honey fower spoons full of dymwright wyng. a small quantity of Diaruthim about a penny worth. Melt all these together and let it boyle a little. then take a piece of New Lottram cleath to the bignesse of your breast & drey it in it. and when it is cold enough cutt a little hole for the Nipple. and so lay it to the breast & batten it.

To Make Decussure of Mallow flowers  
to heale the Kidneys that Bleede.

Take a quart of plantain water. distilled of plantain that groweth flat upon the ground. and infuse into it three ounces of white sugar Candy upon Embers. and take 6. spoons full thereof in the morning. and at night to bed ward. and at 4. of the Clock in the Afternoons.

For Gravel in the Kidneys.

Distill Rose water, and after it is distilled, distill it againe with a brans of Rose in it in a lymbell, take of this last distillation every morning 6. or 7. spoons fulls, and every night when you goe to bedd as much for 20. dayes together. This will remove the gravel in the Kidneys. & make it come a way as soft as silke.

For the Cure of an Ulcer in y<sup>e</sup> Kidneys.

Take of Junney water one pottle. Infuse therein 4. ounces of Lemme, one ounce of Rubarb the m<sup>o</sup> flyrod, of Amy seeds and sweet fennell seeds brayd of each halfe an ounce. Infuse all these in the Junney water until a quart be consumed upon hott Emblics for the space of 24. hours, & being straynd, add thereto into an ounce of Siccinye of Junney with Rubarb, and into every 9. spoons fulls, put one spoon full of Siccinye of Rose - - - - -

A little viall full of this is to be taken in y<sup>e</sup> morning betwixt 2. at 2. or 3. 4. 5. or 6. of the Clock, and you may sleepe after it, and about 3. or 4. hours after take some popatt Me or bread, Take this 3. morning together, if the disease grows againe, use this against at any tyme when you have neede. This hath done many good many wayes, for it cleaseth y<sup>e</sup> bodye and blood, and maketh a good stomack.

For the resolution of the Reynes of the Bart and Kidneys.

Take of Oabe Apples, Nuts of the Cinnyfe tree, - - - berries of y<sup>e</sup> miltke tree, y<sup>e</sup> bloom of Nuts of pomgranates, the Cinnyfe of Strains, Rubarb, Mastick of each half an ounce, beat all these to fine powder. & seate it in y<sup>e</sup> mire of middlar, & burne it in a glass for 4. dayes, then drye it with a soft fire, & with 9. ounces of oyle of Rose, oft washed in Allome wat and 2. ounces of white waxe, with as much Orient Bols as will be convenient to bring all to y<sup>e</sup> substance of an Emplaster: work it well together.

This Emplaster is verystringent, & will greatly strengthen the Retentive facultye of the Reynes of the Bart & Kidneys, being applyed thereto outwardly as a plaster.

Take halfe an ounce of the powder of Parompan Water a quarter of an ounce of the flower of Brimstone, 6. quarters of an ounce of the powder of brim & Amy seeds, and fewer ounces of Clarified honey, & mingle them all well together.

For the Charagonie of the Reine.

Distill beane wodds in a Rose water still, and keepe the water distilled in a glass, and when you have occasion, take sixe spoons fulls of that water, and 2. spoons fulls of white waxe.

M<sup>r</sup> Bonds notion for the Charagonie of Reine, and often making water w<sup>th</sup> great difficulty, by which he founde wonderfull safe.

Take of the howle p<sup>er</sup>flain a handfull or an halfe, of plantain leaues, violet leaues, and Camfrey of each a pretty handfull, of fennel bayle 2. ounces being sedden, of Licorish flyrod and sweet halfe an ounce of the berries of winter Chocrypt, called Allalonge, three drams: Boyle these in a pipkin in three pintes of spring water, keepe covered with a soft fire to the halfe: Then take it from the fire and strayne it, and let it settle, then take the 4. greater rots fode, vizt Cowmber, Must million, Gourd and Citron hulls of each a dram and an halfe, of good Jordan Almonds blanched the number of 16. Stamp these together, then with the decoction aforesaid make Allmond - milke, put into the said Allmond milke two ounces and an halfe of the firrings of the flower of - - - - - Nimpha, and a little Rose water. Take of this a good draught going to bedd, and like wise in the night.

A Bath or poultice to lay to an old sore  
or Ulcer, to take away all the anguish,  
that you may come to the dead flesh  
It will also in some sores make the dead  
flesh ready to part from y<sup>e</sup> quill. It  
will heal more in 24. hours, then  
any salve will in 2 weeks. It must lay  
on the sore but 24. hours at a time  
for fear of the stym & blistering  
then use others.

Take Smalage, Mallores, Whitewood & Groundsell  
of each an ounce full, of doves foot, or theopet talow  
a quarter of a pound, & of damc a quart, then boile  
all thies together untill the harts are very soft,  
then lay on these harts and talows thro' out to y<sup>e</sup>  
sore or swollen gland, what so ever it be, and it will  
goe softly with in three hours, safe and abate the  
swelling. It is a very singular Medicine.

A Receipt for a Cough.

Take of the newest Army seeds, & of the newest fennel  
seeds of each an ounce, a quarter of an ounce of  
Charoupane Rootes, as much of the best dryed  
figgs, let much found liverish, and bruse them  
alittle to powder, then as you will use it, take  
brown sugar Candy beaten to powder, there as  
much as the other, mingle them together. Use it  
first & last, & at all hours, a spoon full at a time  
and it will dissolve fleams, wind, warm y<sup>e</sup> stomack  
and open the passages of the Urine.

An easy purgation to be given a Child.

Take a fenny Brown weight, & an halfe of Starcke  
to be dissolved (when it is flyed) in a draught of  
Candie water all night, with a great weight of  
Cynamon, and to be praynd out hard in y<sup>e</sup> morning  
And in the liquor dissolve 3. or 4. spoonfulls of  
Syrup of Marsh maltitv. and so to drinke it by in  
the morning for 2. or 3. tymes, putting 6 day or  
two betwixt.

A Special Medicine for a Consumption

Take 6. sheeps harts, hot from the sheeps if you can  
gett them, and cut of the dead caros, and flit them,  
and cleave the figgs, and cut off all the fat, then wash  
them throughly with white wyne, after ward freeze  
them in white wyne the space of two hours, then take  
a pipkin with a wide mouth, and nicole it over the  
the middle with Vesemary figgs, that it may be hollow  
underneath, then lay the harts upon the figgs one by  
one, the flattened side downwards, then take a large  
Mare, and frist one in every hart with d' Vesemary  
figgs, then take fine sugar beaten to powder, & throw  
upon every hart a spoon full, then pour a spoonfull  
of Raddish water on every hart to wet the sugar,  
after this freeze it close with paper or paste, & set it  
into an Oven with manthou, that it may keepe ten  
hours baking, then take out the liquor that cometh  
from the harts and strain it in a strainer, and give  
the patient to drinke a spoon full or two being warme  
both morning and evening.

A Receipt for a Colic.

Take 2. handfulls of barley well grind 24. figgs,  
a quarter of a pound of great Radishes, as many  
Guerant, sugar candy, halfe a quarton, Turbith  
as much, fennel as much, Army seeds, fennel seeds,  
Carandor seeds, Cummin seeds, of altogether halfe a  
quarter of a pound, beaten together in a Mortar,  
Lysop, parley Rootes, and Raddish small Rootes, of  
each halfe a handfull, sooth all thies together in two  
gallons of faire running water to the one halfe,  
then strain it, and drinke a draught three of warme  
first and last.

For a Colic.

Take of thies fixty parts of each a like quantity, of  
Violetts, of hiope, of white poppye, of hard harts,  
and of Colts felt, and may be thare.

A Medicine for a Cough.

Take four ounces of Conserve of Reddroot, three ounces of sugar candy, two ounces of Rosewater of the same kind, then beat all these in a stone mortar very fine, then put to them a. ʒj. droppe of the oyle of Vitroall, and vij. droppe of the oyle of Sulphur, mixe them well together, and take the quantity of a wallnut morning and evening.

For Coughs.

Take a pound of yellow wax, 3. ounces of Turpentine and one ounce of Vermillion. One ounce of salted oyle: the Vermillion should be wrought very small on a painters grinding stone, or somewhat very small in a mortar, and after the wax be dissolved with the turpentine, then the Vermillion must be put in. To make a lesser quantity take a dram of yellow wax, or the weight of five pence, and of turpentine the weight of 2. d. and of Vermillion a penny weight and of salted oyle a penny weight, mixe them as before said. Let the Vermillion have as little heat as you can.

A very good Greene salve to heale Cuts, or old Sores.

Take halfe a pound of the yellowest wax, halfe a pound of the yellowest Resin, and halfe a quarter of a pound of Beere suett or good sheeps suett, a penny worth of Verdigrase finely beaten to powder, and a penny worth of Venice turpentine: Take y<sup>e</sup> Resin waxe and suett and cut them in peeces, & melt them on a soft fire, but let it not boyle, then take it off, and put in the Verdigrase & turpentine and stir them together well, and then set them on y<sup>e</sup> fire againe, continually stirring it, & when it boyleth, y<sup>e</sup> pour it into 4. payls of Cold water & wate it presently with your hands very well, the more you worde it, the better it will be, and for make it up into Newts.

A Catric or plaister for a Erratica Arke, or any such paine, especially the howes being presently applyed when y<sup>e</sup> paine cometh.

Take a pound of frowe pitch, halfe a pound of Beere suett, a quarter of a pound of Runnought suett, a penny worth of Redd Lead, three spoons full of Aquavita, put the pitch in a pipkin upon a gentle fire, and let it melt easily, and boyle softly a quarter of an hower. In an other pipkin sett the Beere suett upon a soft fire also, and steepe the waxe into thersu suett, and put it into the Beere suett, and let them melt together, then put the Redd Lead into them, and stir them well together, till the Lead be well melted & mingled with them, then take the pitch in the other pipkin, and pour it into them, and stir them and boyle them altogether a little while upon a soft fire, then take them off againe, and after a while put in the 3. spoons full of Aquavita, and stir them together, then pour out your salve upon a board being first annoynted with some oyle, that it may not cleave unto it, and see howe it is in Newts, all your pleasure: And when you apply it, spread it upon the fleshy side of a pecke of white lead, & print it full of little holes.

A Medicine to drawe the Humors from the Eyes.

Take ʒij. beaten the quantity of 3. rennet Balls, then take Olibanum, Camerin seeds, & pepper, beat them small, and take of every one of them halfe a spoonfull, then temper them well with the Beere, and when they are well mingled, take the third part thereof, and make a little flatt Cake, and lay it behind your Noth when you goe to Bedd, & use it so three or 4. nights, and if it doe you good, it will be moyst on your Noth when you take it off.

A water for sore Eyes.

Take white wyne a pinte, Rose water halfe a pinte, of  
smiths water halfe a pinte, mingle them altogether  
and put to it. of Redd Roses a handfull, of Dork Rootes  
minced small 2 handfulls, Junack halfe an ounce,  
tutty preparato 1. ounce. Lett all these be boyled in  
a soft fire, till they be wafed, and wash your eyes  
eyes every morning and evening with this water.  
Vomombol also that houseleil be boyled therein, this  
water is also good, if you take a browne paper and  
dye it in, and lay it every night to your face head  
Compld, and use to wash your eyes often with it:  
borsare of Mustard oyments, Garlick, popper, wyne  
and all windy Meats, and salt Meats, Escops good  
dyett, Use bovine and Rose water many tymes to  
bodward, also Coriander Couffitts are good to  
Bodward.

For a Saffe or Bloody fluxe.

Take snowe water, put into it, benifed Cynamon,  
and boyle it well in an earthen pipyn, take Almonds  
vnblanched, and make Almonds milke of the liquor,  
and drinke of this morning & evening warm.

A Medicine for the Bloody fluxe.

Take the Shavings of white Barke, & boyle them in  
hony till they be soft, that you may make a plaister  
of them, and spread them upon a peece of white Baty  
so broad as the palme of your hand, and lay it upon  
your Nable, and it shall helpe the greatesse bloody  
fluxe that ever was.

For a ffollen.

Take the white of an Eyge, and some small wyde shreds  
and frampd, the wyde being beaten, put the small wyde  
and some honny and wheat flower, mingle them togeth  
and apply it unto the ffollen.

A Medicine for a ffollen.

Take the Juice of 2. good Lemons, and as many seeds  
pearls, as will rest for pence, put the pearls into the  
Juice, and lett it lye therein, 24. howers in a silver  
Chapp, then take out many wyres of Longraunt, cut  
the ribs of the Lemons, and put them together, and  
drinke it in the Water.

The Treacle water.

Take one ounce of Heart's Horse shared, & boyle it in  
3. quarts of spring water, untill it come to a quart,  
then take the Rootes of L. Harompana, Gentian, Citron  
pills, Piperis, Cormentill, blessed thistle, Rosemary  
flowers, and many gold flowers, of each, 2. ounces  
of Citron Rindes one ounce, and 2. ounce of the best  
Treacle, and dissolve it into six pints of white wyne,  
and 3. pints of Redd Rose water, then mingle altogether  
and distill it.

The vertues of this water is to restore spirits,  
and heare, soundings and faintnesse, Agues, weanes,  
and the small poxe, taking out the poxe full or more at  
a tymes, according to the strenght of the patient.

A Receipt to Make a very good Salve to  
Heale Divers Griets in a very short tyme.

Take yacim halfe a pound, virgins way, frankincense  
of each of them a quarter of a pound, Mastick halfe an  
ounce, the juke of an hart, or a Males doore, a quarter  
of a pound, of Camphir 2. ounces; then boyle the  
yacim, the frankincense and Mastick in a mortar, so  
small as may be, and then melt the virgins way, and  
the juke together, & then put it altogether in a cleane  
pan, and melt it altogether well, & then strain it  
through a linnen cloth into a pottle of pure white wine  
and then boyle altogether well, and then take it, and  
lett it coole a little, and then put therein a quarter of  
Turpentine, and the Camphir, and stir it well till it  
be cold.

For the Mouth and Gums.

Take the Leaves of Saint Feils, plantain, geraint, bramble  
le topps, Strawberry leaves, Reddrupe leaves, Juney  
grass and rue stain, of each an handfull, a Mathew  
Root, a peere of yong rannet Rynde, some yong rannet  
flowers, birch, a few ymme seeds, seeth them in  
a pottle of water, to lase then three parts, then strain  
it out, and wash your teeth and mouth therewith often,  
putting to every sawter full, one spoonefull of  
Dissolven of sherry, of dryed Rose, or Moskefarin,  
holding the liquor some while in your Mouth.

A Modicum good for the sores  
and Hoys in the Throat.

Take the Leaves of Margerome, Sage, Botony, some  
bay leaves, Juney or bovids, and bay berries bruised  
of each a poundment quantity, to be seaden in a  
poundment quantity of milke, and trauget y<sup>e</sup> liquor  
therof into a straight mouthed bottle, and to take  
the vapour into the face at night warm, and so to  
continue it some weeke or more.

To Heale y<sup>e</sup> Mouth or throat y<sup>e</sup> is Bleyned.

Take a handfull of Cullimbins leaves, & seeth yem  
in a quart of newe milke, from a quart to a pint,  
& drinke it, it shall heale the Mouth or Throat.

Against Hoate, or Infection.

Take a quart of good sack, and a pinte of Cardus  
water, and 4. ounces of London Decoale, mixe all  
these together, and put them in a glass somewhat  
bigger then the quantity is, because it may be  
shaken; Give of this in any case that yeowellets  
are subject to, by Hoate or Infection, 6. spoonefull  
in the morning and let them fast an houre after  
in the afternoon, if need require in like manner.

A Receipt to prepare drinke good  
against the Jaundice.

Take Chamagrits, Juney leaves, with some of the  
Roots, a Red Root Root, some Rosemary leaves, with  
some of the Roots, 3. or 4. Cloves blisod, with a  
Mullmagg or two flyed, to be hung in a little stand  
of Ale or Beere.

A Breath good for the Jaundice,  
and opening of the Liver.

Boyle in your breast the opening Rootes of yong yelk  
fornell and Juney, with a yellow Dorkoate, 2. Rabbits  
of Indico, Egremony, Moutney, Maydenhair, bur-  
rage and buglose, great Roasins or Curcums, and  
some yellow Jaundice. Your Meate must be of easy  
digestion, and good nourishment, such as yong veale,  
Mutton, veale, kidd, Wagon, horn, Chitlm, Rabbott,  
quartidge, pheasant, hulse, snipes, and any small  
birds of the wood or field. Ale or Beere well brewed  
neither too strong nor too small is good, to drinke, and  
a little Claret joyne for the keeping of your stomack.  
It is not good to sleepe or drinke betwene Meales.

To Make Potage for the Jaundice.

Take the dragee end of a Noel of veale or Mutton,  
boyle it in a pibyn of a pottle, then take two fowell  
Roots, 2. purple Roots, and 2. Juney Roots, 6.  
sprigge of Rosemary, and tymo, binde the herbs and  
the Roots together; Take also of violet leaves, and  
strawberrie leaves together one handfull, of Moutney  
leaves one good handfull, Eudico leaves, & Egremony  
leaves a little quantity, let these be stamped and  
strayned, and put into the breath, and boyle them  
all to a third usse, with a sufficient quantity of  
Catonicals.



A very good Receipt for the Jaundice.

Take a great part of garden frayle, and wash them in a great bowl of water, and then make your Chymie very cleane, and pour out halfe a bushell of Chymie and set them on fire, and when they are thoroughly kindled, then with a shorrell make a great hebe, and pour in your frayle, and scatter some fire amongst them, and so let them staie so long as you heare them make a noyse, then you must take them out, and with a knife and a rooke cleave, give them and wipe all y<sup>e</sup> greene scath from them very cleane; then in a stone Morter bruse them shelles and all; and then you must make your pott very cleane, that you set your limbeck upon; and take a great handfull of Chrysomel, & lay in the bottom, then take 2. handfulls of Balloons, and lay on the top of that, and then put in a quart or two of Rosemary flowers, then lay your frayle upon the top of all these flowers; Then put in 2. Gallons of the strongest Ale you can gett great measure, and cover your pott, and let it stand all night in the place where you meane to put fire under it in the morning, and before you put fire to it, yo<sup>e</sup> must put in 3. ounces of very good Claret wine, and 3. ounces of very good Hart's Horns, that must be beaten and powdered before you weigh it, you must not stir it after yo<sup>e</sup> have put in your hart's horns for feare it gett downe to the bottom, then set on your limbeck, and make it fast with a piece of Tyer downe, and so receive your water in pintes as you doe of another water you distill; you may receive 4. pintes thereof, and the smallest yo<sup>e</sup> may receive by getting some of the strongest to it when you distill it; This water must be given to the patient in the morning, who must fast 2. hours before it, and not sleepe upon it, and he must take 2. Spoonfulls of the strongest sort, with 4. Spoonfulls of Ale or white wyne, when you like best at any tyme; and when you give the smallest sort, you may give at most water as drinke, & drinke this for

for three mornings together the patient may finde some good thereof.  
This water is good for them that are troubled with the Collic of the stomack, but especially good for the Jaundice.

A Medicine for the yellowe Jaundice.

Take as much Castile soape as a wallnut, scrape it and put it into a draught of small beere, heat halfe of foole Roddell, and put them into the beere to melt the soape with all, then flume of the soath, and drinke it in the morning, and at most at fower of the clock in the after noon, or if you will you may melt the soape in cleere possett drinke it.  
This helpeth a gentle woman when shee was with child and other would doe noe Good.

For An Itch.

Take of the Juice of sumitay, 3. Spoonfulls, of Claromany Rootes, tenderly boyled in whey, 3. ounces, of May butter two ounces; of brimstone in fine powder halfe an ounce; mixe and beat these together in a stone Morter, & make an Ointment.

For Mallowdore or drye Itch of Man or Horse.

Take quick silver, & kill it, till it change the colour, and labe blowe with often beating it with fasting spittle, take of Bauphie beaten a quarter pound, as your quick silver is in quantity; then put there as much of the greene ointment (next booke after Printed) as all the rest is in quantity, & beat it all well together; And use it for a Man wole chafed in on the palms of the hand, three or fower tymes, if you use it for your horse, put brimstone finely beaten in it, and worke altogether at a fove said.

To Make a good ointment good for any bruis, swelling, or swelling of an Horse in any place what so ever it be.

Take five pound of May butter unsalted; one quart of soft oil, 4. pound of barrowe grease, one pound of Resin of the best, one pound of turpentine, halfe a pound of frankincense; to this take the best herbs following of each an hand full. viz) of Balm; smallage, Lavage, Todd sage, Lavender, Lavender Cotton, Redd Rosemary, Camphire, Gome field or (Comfrey) redde Bone set, fennell, saweall herbs, bing baros, long wood, Rosemary and Marjoram; peel all their herbs clean; wash them, prayne the water cleane from them, all this must be gathered after sunn Rise, then stamp all their herbs in a Morter of stone or wood, so small as may be possible. Then take the Resin and beat it to powder with the frankincense, and melt them first alone, then put in your butter, your sages grease and oyle; and when all is melted put in your herbs, and let them all boyle together halfe a quart or of an hour. Then take it from the fire, and let be not stirring of it in no wise, a quart or of an hour after; and in that time that it is from the fire, put in your turpentine and two ounces of verdigrise, stir well all till it will runn over, and so pour it out, untill it have boyled; then put it in an earthen pott, stopping it with a stoppe close with a cloath, and a board on the toppe, and set it in a dung hill of Horse mure, 21. days; then take it up, and put it into a bottle and let it boyle a little, taking heed that it get not over, then strain all through a course cloath, into some earthen or Galley pott, and when all is prayned, put to it halfe a pound of the oyle of Spibe, and cover the pott close untill you use it, and when you have cause to use the same, waarme it in winter, but not in summer.

for any cold cold cause maye this oyle with oyle of Bayes, of each a lib quantity.  
These Herbs following were added (and must be mingled in due proportion, according to the Receipt be fore written) to make the ointment more effectfull for many purposes.  
Mallowes

Mallowe, Comenile, St Johns wort, plantain, Allheale, Whitewoods, English Tobacco, Horn bane, green soft, wound wort, Cyromony, Eshony, Cardus benedictus wild or white ryes called brady, Adder tongue,

These Roots are good for the Lungs.

Take of the youngest (Barony) Roots, and cut them in thym slices, and lay them in water 4. days and 4. nights, changing them in fresh water twice every day, untill you perceive the bitterness of them to be gone; then take sugar and faire running water, and set the Roots therein over the fire, let them sooth untill they be halfe sodden, then take the Roots out, and let the liquor sooth untill it be almost come to a scumme, and then put in the Roots againe, and let them sooth untill they be tender, then you must take out the Roots againe, being y<sup>e</sup> scumme sooth, untill you perceive that one drop of it will stand, whiche is a Token that it is sufficiently sodden, then take it from the fire, and when your scumme is cold put in your Roots againe.

For the Stuffing of the Lungs.

Take white roots, purple, myrrour clove, fennel and prayne it, then take a pound of the thickest gales, put into it 2. pound of the best hard sugar finely powdered, set them upon the fire in a pott, let it boyle untill it be thicke; Take the powder of Gum dragant, Licorish and root of sage, kelle an ounce finely powdered, Boyle them (being first tempered with a little of the cold Juice) in the pott with the former Juice, y<sup>e</sup> Juice unto y<sup>e</sup> height of a Mans Urine, then take it from the fire, let it stand 2. roole a little, sift a little of fine flower upon a thym board, and powre them upon it with a spoon in little small pottes, so let them lie till they be pretty hard, then turne them, and laye them upon papers to drye, and when they are dryed boyle them in boyle, and use them, the softer the better.

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A water for a sore mouth.

Take a pinte of the strongest white wine vinegar, a pinte of honey, & a quarter of an ounce of the salt in bound, first them well together, and sett them on a fire, and when it boylet flym it, then take it of the fire, & let it stand a while, then set it on the fire againe, & put in a pinte of the mure of plantine leaues, and let it waiche some times well, then put in a pinte of the Juice of Rode sage, then lett it boyle till it be somewhat thicke, then put it into a glasse. It must be made in May, and then it will keepe all the yeare long.

A Water for a Sore Mouth.

Take a pinte and an halfe of running water, halfe a pinte of white wine, Rosemary, sage, Dill, hysop, Beambles leaues, plantine leaues, honey suckle leaues of all together a handfull, then take a handfull of Rode sage leaues, two spoonefulls of wine vinegar three or 4. spoonefulls of very good honey, into your home by your taste, so lett them boyle all at a soft fire, untill halfe be boyled away, then take a quantity of a Nutt of the salt in bound, and bruse it upon a fire shovell untill it leaues boyling, then make it cleane, and with the end of your knife rubb it upon a trowler, and it will fall into a powder, then put it to your water, lett it boyle some small tyme at your discretion, Clarify your Clarifying your water both before and after your Clarification is put into it. If these herbs be not to be had, instead thereof take a penny worth of honey suckle water.

A Water for a Sore Mouth.

Take a quarter of a pinte of plantine water, and a quarter of a pinte of white wine, and an ounce of honey of Rode.

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A Good water for a Sore Mouth.

Take of honey suckle leaues, finkfoots, spraw berries, leaues, plantine leaues, Rode sage leaues, pimperney leaues, of each a handfull, fennel seeds, a quart of Pomgranet Juice, a little liquorick flyerd, a spoonefull of honey, boyle them in three pintes of water to a halfe, and then put to it halfe a pinte of white wine, Clarify 3. or 4. times, take it from the fire, & being Cold, serayne it, and keepe with wash your mouth and tooth often.

A Receipt for an Old Sore.

Take of Sollarmoniac 4. ounces, of Camphire one ounce, white Copper 2. ounces, boyle your Copper and Camphire in a little cleare water untill they become thyme, fixing them first together, till they be hard in fixing, then bruse them to powder in a Mortar, and beat your Sollarmoniac to powder by it selfe, then mingle all the powders together, and keepe them all in a bladder very close, and when you wille to use them, take a gill of running water, and sett it on the fire till it beginn to foath, and then take it from the fire, and put 3. spoonefulls of the said powder into the same water, bothing hott, and when it is almost dissolved, put the water into a glasse, and let it rest untill it be cleere in the upper part, and then take the cleere part of the water, and wash the sore, with some of it very warme, and lay a linnen cloth sover double, with the same hott water upon the sore, & bind it fast on with a Towle, and keepe it very warme, this use evening and morning, untill it be whole, and then cure a day, will serve to desce it.

For the Pyles.

Take a quantity of Honey, and boyle it to a thicknes fitting to make a Symplicitor, then take some of the powder of Aloes, and mingle with it after it is boyled, which being done, make it in the manner of a Symplicitor and apply it to the patient there after.

Hex the Pyles.

Take the Leaves of Elder and the Leaves and Rootes of  
pile woods, and boyle them in Running water till they be  
very tender. then take some of the Leaves, and beat them  
in a morter with a little fresh Hogg's grease, till it come  
to a salve, and so apply some of that upon & cleave to  
the place greiv'd; but before, bathe it with the water  
and the Juice of the herbs warme.

D<sup>r</sup> Sodade. A Purging Drinke.

Take of polydior of the Lake .4. ounces. of Exquisite  
Rootes. Chamber Rootes. fennell Rootes. parsley Rootes  
Marsh mallow Rootes washed flyed and beinied of  
each two ounces. of sweet fennell seeds. Licemell seeds  
parsly and Radish seeds beinied of each halfe an ounce  
of Sene. 6. ounces. Tubercle flyed an ounce and ten  
halfe, of licorish flyed and beinied two ounces. of  
good wolt leaved. Agrimony. frabious. politorie  
of the wall. Marsh mallowes. of each a good handfull  
put all these things together in a burler bagg, and  
then hang it in a steame with 6. Gallons of New Ale  
and after it hath wrought 3. dayes. begin to drinke it  
a great bowle full in the morning fasting, and each  
at 3. of the Clock in the afternoon, and continue  
so till it be all drinke dreg.

D<sup>r</sup> Burges his Medicine  
for the Plague.

Take three pintes of Malmsey, and boyle therein a  
handfull of Sage, & a handfull of Rose until a pinte  
be waisted, then straine it and set it over the fire  
againe, then put thereto, a penny worth of long pepper  
halfe an ounce of Ginger, and a quarter of an ounce  
of Nutmeggs all beaten together, then let it boyle  
a little, then put thereto a fewer penny worth of  
methridate, two penny worth of Dubalbe, a quart  
of a pinte of good Aquavite (or hott Angellura  
water which is better). keepe this at your life.  
about all

all worldly treasures, take it always warme, both Morn-  
ing and Evening, a spoonfull or two, if you be already  
diseas'd, and great theres upon, if not, once a day a  
spoonfull is suffring out, in all the plague times; Under  
God trust to this for Certainty, for there was never  
man nor man or Child this diseas'd, if the heart be not  
before mortified and drownd with the same disease  
before.

This is not onely good for the Common plague  
which is called the pitie pox, but for the  
small pox, Measles, Sweatts, and divers  
other kinds of diseases.

A Receipt to Make Paracelsus Salve.

Take these 3. Gums following viz<sup>t</sup> Gallbanum,  
Oppopony, of each an ounce Amomatum 2. ounces  
Let them be beaten very small & put them into an  
earthen pott, that doth hold about 3. pintes, it must be  
well laded or glazed within; Then pour out upon  
same Gums a pinte of the best wine dme good, and  
close them close, and let them steyne for a night  
and a day, on the next morning, set them on a soft  
fire till they be thoroughly melted, continually  
stirring them with a Spatula, then take a pinte of  
new Sauter that is very thynn, and straine them  
into an earthen Chafin, that is very well laded &  
will hold about a quart, and so set them upon a very  
gentle fire of Coalles, keeping the fire from y<sup>e</sup> sides  
of the Chafin, that the Gums may boyle, untill the  
Umor be all sodden away, and thick & vapored.  
In the boyling of it you must continually stir it with  
your Spatula, with out roasting, least the Gums be  
burned, and when they have boyled about 2. howers,  
then take a quart of the best oyle olive, and put it into  
a pinte well laded or glazed, that holdeth a quart  
or more, and set it on a soft fire of Coalles, and put  
profoundly into it, one pound and a halfe of Litharge  
of gold beaten into very fine powder, continually  
stirring

stirring it with a stick, untill you have put in all  
 and when it is thoroughly hott & well mixed together  
 then put in halfe a pound of new yellow saffron,  
 being cutt into small fyces, and so lett it boyle  
 untill it be growne to one firm substance or body  
 w<sup>ch</sup> you shall finde by laymg a drop upon the side  
 of a dish, untill it be cold, and when you find that  
 it will broake firm betwixt your fingers, it is  
 enough, then take it off the fire untill it have lost  
 boylng, and be almost cold, continually stirring  
 it. Then take the aforesaid Gumms that were  
 first boyled, and with your spatula, take of them  
 the quantity of a Nutt, and put the same into y<sup>e</sup> said  
 matter first stirring it, and so by little and little  
 at severall times, put into it the said Gumms by  
 such a like quantity at each time, untill the said  
 Gumms be all put in, and well mixed with the other  
 things: your Gumms will be halfe an hower getting  
 in, or thereabouts, there fore, when you see it begin  
 to be cold, sett it on a few Embers, taking great  
 heed, that it be not over hott, for then it will burne  
 all over into the fire, for it is very hott as it sell,  
 but if the worst should happen, that it suddainly  
 burne over into the fire, that you cannot prevent,  
 have a pinn of water by you, and quickly put it  
 into the pinn of water: Then take it out by y<sup>e</sup> water,  
 and set it upon the fire againe, & when these Gumms  
 are well put in and well mixed and melted, after  
 wards put in the following, viz. Bede linn  
 2. ounces, the two kinds of Christopheria, Vitruvia  
 et Longa, Calaminaris, Mith, and frankincense,  
 of every one of them, one ounce, beat them into  
 very small powder, and pass it through a very  
 fine linnen cloth twice. All these powders must  
 be full weight after they are thus passed, then  
 mixe them together in a large paper, & powre  
 them into the said matter lastly, stirring it  
 continually, then powre into it one ounce of oyle  
 of bayes.

of bayes, and lastly put into it of new and fine  
 Turpentine, four ounces; when you put in the  
 Turpentine take it off the fire, & labour and stir it  
 at the least for halfe an hower together: Then ye  
 must have some very good oyle of Roses, and powre  
 it along upon a very cleane table, and spread it  
 with your hand over all the table, then powre your  
 salve on the topp of the oyle, and when it is cold,  
 you must worke it by into lumps and labour it  
 very much for an hower, and then make it up into  
 eight or 9. Rowles, and so lay them on the table  
 one by one untill they be cold, then lay them up  
 in papers well oyled with oyle of Roses, and get a  
 sheete of flin, and cut it in rows to wrap every  
 every row, and so tie them with pack threads,  
 being thus kept out of the wind, and sunne, they  
 will last feare on yeares and more.

The Vertues of this Emplaster of  
 Lacarolus last Veritab, and admirable.

It is good for old, and new sores, it dryeth and  
 cleareth, and breedeth good flesh, it comforteth &  
 comforteth, it healeth more in a week, then any  
 other in a whole month. It will not suffer any  
 to putrifye or corrupt, or any dead or ill flesh to  
 growe: for pusse is but humied or putrid with a  
 thorn, or otherwise it is most excellent: It draweth  
 out of wounds, Iron wood or Lead, and other bitings  
 of venomous beasts, It raiseth all kinds of sin-  
 gested or boyled to rise, if you doe lay it thereon  
 and it is most excellent against a Cancer, a fistula  
 the shingles, of St. Anthonys fire, and also a  
 sovereign and perfect helpe against all cancers:  
 to aswage all Itches, and for all kind of wounds.  
 Also J. Thomas Potter hath found by often expe-  
 rience that it is a singular and speedy helpe for  
 Brest out of Joynt, by only laying one or two of  
 these

these Emplasters on it, or there at the most, I have  
healed, in 14. dayes almost out of wynter, for that  
the parties have said they had no paine or weak-  
nesse after. Also for soyns or thrusts you must  
not touch them, except they matter before you come  
to them: but only lay this on over it, and two  
plasters comonly are sufficient to heale it or any  
other sore or swelling: but if dead flesh be in  
a sore before this plaster be layd on, it will not  
departe it or pluck it out, but if it find non there  
it will not suffer any to be odd: when you lay up  
this plaster, put it in oyle by paper, or oyle by  
bath or both, for it will keepe the better from  
drying, and lay it out of the sunne  
and joynt.

### The Best Paracelsus Salve.

Take litarge of gold and silver of each 3. ounce  
and put thereto a pound and a halfe of good fallow oyle  
as much of oyle of lute seed, put it into a large  
earthen vessel well leaded of the fashion of a milke  
bowle or great basin, set it over the fire & keepe it  
with continuall stirring till it begin to boyle, then  
put to it of Redd Lead and of Sages Calammaris  
of each halfe a pound, keepe it with continuall  
stirring and let it boyle the space of 2. hours  
or so long till it be some thing thicke, w<sup>ch</sup> you may  
knowe by dropping a little of it upon a cold bodie  
or ston: Then take a flitch, and put into it a  
pound of yellow waxe, as much blacke Roim, halfe  
a pound of Gum Sandarach, of yellow Amber, of  
Olibanum, Myrrhe, of Aloes hepatica, of both y<sup>e</sup>  
Romis and the long Aristolochia, of each of these  
an ounce, let all these be finely powdered and  
sifted, of Mumia an ounce and an halfe, of oyle

of bayes halfe a pound, of oyle of Juniper 6. ounces  
Dissolve all these together in the aforesaid flitch,  
and then put them to the former plaster, let it over  
a gentle fire, and keepe it with stirring till it boyle  
a little, Then take your 5. Gummes, Sassafras,  
gallbanum, Sassafras, amaranth, Sassafras, of each  
of these 3. ounces, these must be dissolved in white  
wyne vinegar, and strained, and the vinegar sepa-  
red from them: before you goe about the plaster, let  
there be 3. ounces of one of them when they are thus  
prepared, Then when the plaster hath gently boyled  
about halfe an hower, take it from the fire, & put  
in the Gumme by little and little, about the bignesse  
of a Nutt more at a time, continuing that order till  
all the Gumme be in and dissolved, then put it over the  
fire againe and let it boyle a very little, but before it  
boyle, be sure the Gumme be all melted for otherwise  
it will turne into lumps and knots; after it hath boyled  
a little take it from the fire againe, and continue y<sup>e</sup>  
stirring it very carefully, and put to it those things  
following being in Readynesse for your use. Take of  
both the Crocus Redd and white, of mother of pearl  
of dragons blood of terra-limnia, of white vitrioll of  
each of them an ounce; of Logis Remairis of of the  
load stone of each of them an ounce and a halfe, of  
the flower of Antimony, 2. drams, of Crocus martis  
2. drams, of Camphire an ounce, of Cowen turpentine  
halfe a pound. Mixe all these well together but first  
let these things that are to be powdered be carefully  
done and finely sifted, then put them altogether  
among the former things, and againe let it over the  
fire with a moderate heat and gently to boyle till it  
be in the forme of a plaster, the which you may well  
knowe by open dropping it on a cold piece of wood,  
ston or iron, you must beware all the while to keepe  
it with continuall stirring from the beginning to the end  
when you make it up, let your hands and the place y<sup>e</sup>  
you

you know it on, be anoynted with oyle of St Johns wort  
and oyle of earthwormes together. Lay it in parchment  
or leather with oyle of Juniper, oyle of Camomile &  
oyle of Rose. and so keep it for your use  
Remember that the same haire be desired in the  
oyle of Juniper mixe them together with Gum  
Saudrach and put them in towards y<sup>e</sup> latter end.

The vertues of this Paracelsus Salve.

1. It cures moderate bleedings, or worse wounds  
either in the body or the head.
  2. It dries & closeth wounds, producing good flesh  
and consolidating the same, it cures more effectu-  
ally in a weeke then any other in a month.
  3. It affordes good flesh from putrefaction, & taketh  
away the greene smelly & Corruption of that y<sup>e</sup> Drill.
  4. It is a good Remedy against thimbles & maymed  
fingers.
  5. It drawes either wood Iron or Lead being applyed  
to the wound.
  6. It is good against the biting of venomous beasts  
and drawes out their poyson.
  7. It brings impostumes to their Maturity by  
moore suppuration.
  8. It is good against Cancers, fistulas, & King  
Bills, and an excellent Remedy against the  
dysase called Squint per feru.
  9. It mitigates all greoues of what wound or blow  
is done.
  10. It is good against ruptures.
  11. It is good against the paine in the back,  
wherein some that use this plaster lay on.
  12. It is good against ruyldynes in the head, the  
dysase beinge that use this plaster lay on.
  13. Being applyed it cures those sores that outward  
or inward, which is called fluxus Cutis.
- It affordes its vertue fifty yeares & Remaynes  
at least as long as at the first.

A Plaisior for the Eplowes.

Take Mithile, Camomile, of each 3. handfulls,  
partly Roman worme wood, plantain, Bitters of each  
a handfull, beat them small in a fewe water, then put  
vnto them 3. poundes of fine Roze, trocke, amros of  
wey, a pound of thicke yack, a quarte of white wyne, and  
melt them together in an earthen pott, and so let them  
stand seaven dayes, and then let them be for fortye  
yddon and thoroughly strayned and see vs it, you must  
take at one time the quantitye of a wallnut and melt  
it in a sawer, and for each it upon the rough side of a  
pore of sheepe skin, as becom at the place where the  
hagme in the face lyeth.

M<sup>r</sup> Brownes An Apozom for the Eplowes.

Take the Rootes of beetswe, Sparragus, Entonia,  
partly and smallidge of each of these 2. omros,  
lice them and put them into halfe a pinte of wyne  
for the space of two houres, then take Epithimum,  
Ceterach, Aquimony, Camomile, motherwort, mother  
of tyme, of each of these a handfull, Eow 4. omros,  
Fubarbe one omro, Aquaril halfe an omro, bounde  
in a Naplyn, tanna unidos one omro and a halfe quarte  
3. draumb, sweet fennell seed, 2. omros, because of  
taster halfe an omro, Take the Rootes out of the  
wyne, and put them to the other thinge, and boyle them  
in 5. quarts of faire water, till a pinte be consumed,  
then take it from the fire, and put to it halfe a pinte  
of white wyne, let it stand till it be cold, then straine  
it, and put to the decoction 4. omros of swerage of  
Entonia with Fubarbe, and as much of the swerage  
of Rose. This medicine is to be taken twice every  
other day, 4. or 6. omros at a tyme.

For a Scalding.

Take an Oynton, & cut him over the neck, using out  
the iuyce on the scalded place.

A Modicum for the opening of the  
Spleen and Mother.

Take of the prepared powder of roots, of rhosifst  
sarsaparilla of bark. 4. ounces, of white and yellow  
sambucus, of the shavings of Ivory, of the dryed roots  
of Cringar, of drye an ounce, of the inward kinde of  
dike bark, of Astorack, Carthimium, beame flowers  
of drye of the same handfull: of Damascio. 2. hand-  
fulls: of the graine of Alkermis: of Nutmeggs, -  
more. Cinamon, Ginger, of drye of these. 3. Drums;  
Put all these into a narrow mouthed Jugg or glass  
with 3. pint of mother-wort water, and as much  
white wyne, and stop it close for the space of eight  
dayes in warme water, shaking it twice every daye,  
after 8. dayes strain it through an hyporcardium.  
Take five spoone fulls of it at 4. of the clock in the  
afternoon, and likewise in the morning about eight,  
fasting 2. howers after it.

A Remedy for the Stomach.

Take two or 3. Rootes of Marsh Mallows, one little  
handfull of Apotharycus bark, a good handfull  
of Mallows de violat leaved, he in the sommer time  
of pollitory, of the wall, or of Morny, boyle these  
with a Shirlin or a peece of deale and great vaious  
stowes, or thurant, and make a broth, whiche must  
have no other thickning or seasoning but with fine  
suger.

For Gripings at the Stomack.

Take spow minte & frowe them in Raddow water,  
then take a spoone full of the water, and milke some  
milke to it from the Cowe, sweeten it with suger  
& candy, and drinke thereof twice or thre or six day.

Receipts out of M<sup>r</sup> Jshant Babos.

D<sup>r</sup> Sandy.

For one that is swollen after an Ague  
in his body and leggs.

Take water drops and penny wryall of each a handfull  
stamp it and strain it into drinke, and drinke fasting  
in the morning for a weeke.  
Then take of water drops & handfulls, germander  
penny wryall of drye, 4. handfulls, any good halfe a  
pound; boyle all in 5. Gallons of Ale wort untill one  
be waisted, then strain it and yeast it and  
and when it is a weeke old drinke no other drinke,  
when it is done make more.

For a Burne.

Take Oxeneye and salted oyle of drye a like quantity  
beat them well together, then take Merygold leaved  
greene and strain them and strain them and put into  
of above said things, mixe them well together and so anoint  
the burned face with all.

A Preservative against the Plague.

Take of roun wood and Carbonyl one handfull, one  
pennyworth of Croakle, a little saffron in powder, and  
3. or 4. spoone fulls of drye hony, boyle all this in 6  
quints of white wyne to the halfe, strain it and drinke  
therof at any tyme with a spoone full or 2. of salted oyle.

To drive the Plague from the Heart.

Take a great Rode Oymon, the Rodest & the strongest ye  
can gett, sooth it in 2. quints of white wyne to the halfe,  
& drinke every morning, or at any tyme when ye feele  
your selfe not well therof, when it hath driven it out,  
anoint the face with oyle of hyllis, and Rode Rode  
Oymon very soft, & lay it upon it, it will both Rode it  
and Rode it.

To Rode the face and breake it.

Take a great Rode Oymon or 2. & roast them very soft,  
then breake them with a little sweet butter, & lay them to the  
face, & if there be 3. or 4. sooths rising, lay it to one of  
them which is least danger, it will drive all y<sup>e</sup> corruption  
of the face to that place, & Rode and breake y<sup>e</sup> face.



To Heale the Same.

Take a Spoon full of English honey, the yelle of an egge new layd, and a little wheat flower mixe them together, till it be a salve, then fasten it upon a peere of sheeps leather and lay it to the face, it will both draw and heale it.

To drive away paine from y<sup>e</sup> Throat.

Take .ij. Spoon fulls of dragon water, 2. Spoon fulls of vinegar, as many Motherdabs as a Nutt, warme all these together, blend warme and drinke it fasting.

To Avoide the Tooth Ache.

Take the Rootes and Leaves of wild dayjies stamp them, and prayne them, and take the Juys of them and blow it in the Nose, it will stampe the Ache.

Another for the Same.

Take .3. or .4. Croppes of Rose mary, drye it & burne it with ashes then take a little Cotton wool and wet it in a little myne vinegar and steepe it in the Ashes of the Rose marye, and put it into the hollow of the Tooth, and it will stampe the Ache thereof.

A plaister for the Stone in the Kidneys.

Take ffeather fow Plants, Camphyr, Sage and Thyme herb and weigh them, and take the weight of the one as many as of the other, with halfe so many house lile as of one of the other, and stampe them all together, and prayne them and take .6. Spoon fulls of the Juys and put it into a piblyn with a quantity of Bone flower and English hony, and boyle them together untill it be thicke, then take it and spread it upon a lymon cleate, or a peere of thyme leat, or so lay it to the small of the back, where the Kidney lyes, and weare it a weeke, refreshing it when it is drye. These herbes must be gathered in May, & stamped & prayned & kept in a Glas.

A drinke for the Stone.

Take elder flowers and dry them to powder, and put them into Ale or Beere, and drinke thereof once or twice a day, and when you are greivous.

A drinke for the Stone and Stranguellion.

Take of Parsly seed, of fennell seed, Anise seed, Broome seed, Dandelion, Licorise seed, Gallinall Rootes, of each an ounce, of hennik one pt and all these dryed and beaten to powder of equal quantity, and drinke a quart of a Spoon full at a tyme, in a draught of thym water.

Against the Stone.

Take Sapifrage and fill it to water, and make thereof sixe mg, as if it were of Roses, and put thereto a quantity of sugar, and so eat it and it will breake the Stone.

Another for the Same.

Take of parly seed one penny worth, binse it in a quart of water, then put it into a quart of good sack for 6. h. it stande .3. dayes, stirring it every day, .3. or .4. tyme a day, the 4<sup>th</sup> day pour out a quantity thereof, and put thereto a Spoon full of Salt & oyle, and drinke y<sup>e</sup> same fasting every morning.

To Close the Bael.

Take .2. Nutmeggs pint them full of holes with a Needle, lay them in white vinegar all night, in the morning hexe them in a soft browne paper, & steepe them in the Amber till they be through dryed, then being cold beat them into fine powder, and every morning and evening drinke thereof with Ale blend warme.

Another approved Medicine for y<sup>e</sup> Stone.

Take one gallon of New milke from a Good Cow, & put thereto one handfull of Politory of the wall, one handfull of wylde tyme, one handfull of Sapifrage, one handfull of y<sup>e</sup> daisy, and .2. or .3. Radish Rootes flyed a quantity

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A quantity of Philagendula leaves and Vetches, steep  
all these in the afore said milke 12. houres, then distill  
the milke with the herbs with a fire fixe

The use of this water.

Take of this water. 6. Spoonfulls, and of Rhinck or  
white wyne. 6. Spoonfulls, put into it a little sugar,  
and sende it fasting. fast after it. 3. houres. being -  
moderate exercise. take this 2. or 3. tymes every  
fortnight and often as need requireth. The best  
tyme to distill this water is towards the end of May.

Another for the Stone.

Take a pint of Rhinck wyne, a pint of Ale, make a  
pottage with all mynne milke as best seeds, let it stand  
be cleane taken off, then put therin a handfull of  
pollitory of the wall, a handfull of mother of tyme  
and an handfull of parslie with Vetches. & the weight  
of a penny Crown of parslie seeds, as mynne bays -  
berrett, or mynne Nutmegge. Boyle all these together  
till they be halfe wasted, then strain it, and put in as  
myne sugar as you like, and drinke thereof when you  
be gooder, this is for the wind and the stone.

To strengthen the Barle.

Take a pound of Marrow of an Ope, a pound of Leth  
that yuncketh in the Ope barle, 2. pound of Cornelbs of  
a sheepe, a quarter of a pound of Dates pound half  
a pound of Raisins of the sunn pound, boyle all these in  
a pottle of Muscadyn to the third part thereof, drinke  
thereof in the morning fasting. 3. Spoonfulls warme,  
and at night when you goe to bedd be mynne.

Another for the Leane.

Take of Vodd sage, of sweete Marjorin, and of  
Bottwell, of each an handfull, and 3. Ope Dates, steep  
all these in a quart of Muscadyn to the one halfe,  
then strain out the herbes, and put therin 2. ounce  
of browne sugar, and ʒ of Excalb. drinke thereof  
a pretty quantity every morning.

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A Urine for the Stone.

Take a Urine of a Urine of a Urine of a Urine of a Urine  
leaves, Camomill and pollitory of the wall, of each a  
good handfull, fennell seed an ounce, halfe an ounce of  
parsly seed, bruse them and boyle them in 3. quarts  
of water till halfe be wasted, then take a wyne pint  
of the said liquor, & put thereto oyle of Camomill  
oyle of Rns, of each an ounce & an halfe, of Ake -  
Lestle newly drawen one ounce, & yarrowherb three  
drames, Vodd sugar 4. ounces, let these be well mixed  
together and used.

To Make a Water for the Stone.

Take 3. great handfulls of Broome flowers, cleane  
parted and so mynne Sawtherow or May be some, like  
wise cleane parted, the powder of 2. Nutmeggs, and  
halfe a pint of white wyne, all well mixed together  
& put them into a Common still & so distill it, and in ʒ  
of oyle for ʒ of every still full, untill you have three  
quarts or a Gallon, then keepe it in a stronge double  
glasse, but doe not stopp the glasse mouth, untill a  
month or 6. weekes, then y water will last y 6. or 8.

How to use this water.

Give the party troubled with the stone, 3. Spoonfulls  
of this water, with one of Malinjoy, or white wyne  
and sugar, 4. mornings together fasting, let him  
walk or play one houre after, then give him his  
breadfast, when he hath used it, 4. mornings let him  
take noe more for 6. dayes after, then begin againe  
and use it in that order, and so continue it till all ye  
water be spent.

To Make a Purgation for a weak Body.

Take a pottle of Rhinck or white wyne, a quart of a lb.  
of Raisins of y sunn pound one ounce of Anniseeds,  
one ounce of sweete ʒ of pollipodium of the Oake one  
ounce of fennel, 3. large Mace, one Vane of long flayed  
one Nutmegge flayed, sooth all these in y wine from a  
pottle to a quart, & drinke thereof every morning ʒ Spoonfulls

Another Purgation

Take a quart of Clarified wyne and put into it a good  
doale of freine herisford, a little Polipodium --  
Vroots flyrod and the Vrots of the Chelidonium --  
flyrod. and so brayse them and let them stand in a  
glasses 4. or 5. dayes. and drinke thereof 6. spoone-  
fulls at a tyme.

To Open the Liver and purge it

Take halfe an oz of Crocus. one oz of Vriours of the  
Junn frowd. of parsley and fennell of our one Vrot  
of Humoury and white Cardiff of our a pint. half  
an ounce of fennell seed. boyle them in a pint of  
beere to the halfe then strain out the liquor. put  
into the same liquor the weight of viij. in fennell  
flyrod. Then let them stand all a night in warme  
Embors. then strain it out and put thereto some  
sugar. and a little Cinnamon drinke this all at one  
tyme. you must neither eate nor drinke for 4. dayes  
of 3. howers after. then take some warme beate.

A Popet Ale to drinke 3. howers after  
the taking of a Purgation.

Take Violet Leaves and hart's ease of each a handfull  
of fennell. Cardiff. & Buerett of each half an handfull  
beate all these together very small. and strain them  
out with small Ale. then with that Ale make a popet  
and drinke thereof.

For a Pains of the Eye  
Pains in the Eye.

Take an egg shell & make it very cleane and fill it w<sup>th</sup>  
Fennell water. & put thereto of white Coppris and  
Vrye Alum of each a like quantity. first burne the  
Alum before you put it in. then let it boyle on the fire  
a little. & when it is cold take one drop into yo<sup>r</sup> Eye  
when you goe to bedd and a drop in the Morning. an  
hore before you rise. provide you must seeke y<sup>e</sup> same  
so long as any will avayle therof. keeping it 24. howers  
before you use it.

Another for the Same

Take 6. spoons full of English Honey, as much May  
butter as a wallnut. 2. spoons full of Honey full  
water. warme all these together not boyle it. then  
take an muss for a Lynt at a wallnut and wet it  
theroin. and see it in the Eye. and lay the Lynt upon  
the Eye lid. and bind it close with a Bolster.

A drinke to purge away an Impostume  
when it is a bleeding.

Take a handfull of Smallidge. a handfull of poply  
a handfull of fennell. a handfull of Malloes. and  
one pound of Vriours of the Junn frowd. sooth all  
these in a pottle of Fennell water to a quart. and  
drinke thereof evening and morning. to y<sup>e</sup> quantity  
of a quarter of a pint. you must not eate or drinke  
any thing for the space of 2. howers after. This  
drinke being used in the spring of the yeare. will  
booke any fuyr felnes from you.

To Ripen an Impostume & break it.

Take a handfull of Smallidge. a handfull of parsley  
a handfull of small wild Malloes. beate them all  
together in a Morter very well. then take a good piece  
of salt Rusy Barre and beat it very well. then take  
10. mayles with shells upon their barbs. beate them  
very well shells and all to an oyle. then grinde them  
all very well hearts and all till it will spread like a  
fatne then spread it on a cleat as farr as the sore  
goeth. lay it on warme. and let it be on 24. howers.  
and by gods helpe it will beake it.

For a Consumption.

Take Hart's ease and sooth it in beate with a little  
of beate. or oyle of Wort. drinke thereof 3. tymes a day  
in the Morning. at 10. of the Clock. and at fower of the  
Clock in the afternoon.

To Make a Medicine for a Consumption.

Take a few pigs that sucketh 3. weeks old & faste  
it in a Gallon of Muscadryne to a quart. then take it  
and beat it bound and all with a good Malmsey and  
then squeeze it, and drinke thereof 3. tymes a day,  
in the morning at 8. of the clock. At night when  
you goe to Bedd. 3. spoons full at a tyme.

To Make Milke for one that is  
in a Consumption.

Take five plantin roots and leaved. a handfull of  
harts ease flowers and branches as they growe.  
3. Busbasteris roots and leaved. a pint of Cinna-  
mon whole. Comfrey roots the weight of 5. Boyle  
all these together in three pints of cleere water to  
the halfe, and being sodden let it stand to coole. then  
take halfe a pint of Hazle nutte Corusles. beat them  
very small, and in the beating of them put in three  
pound fulls of Radd root water. then squeeze them  
out with the liquor afore said. making it sweet with  
suger as you please but you must boyle it noe more.  
drinke thereof any morning. 9. spoonfulls a little  
warmed, take nothing for 3. houres after, and refer-  
this for the space of 9. dayes.

For the Cough of the Lungs or any  
other great Cough.

Take Amy seeds. Carraway seeds. Colliander  
seeds and licorish of each one ounce. Cinnamon long  
pepper. Black pepper, white pepper and grams  
of each a quarter of an ounce, beat all these together  
and put them to halfe a pound of fine suger. Boyle  
these of morning and evening, and betwixt Meales  
and especially halfe an houre before dinner and  
supper. the quantity of a wallnut at a tyme.

For the Disease of the Lungs.

Take 5. grains of fine base licorish & take it with the first  
of suet, at evening or at any other time of the daye.

A Powder for the Cough.

Take suger sandy. (Maronyana roots drye, but nothing  
so much) Maronyana ad suger sandy. 2. or 3. Croppes  
of frogg drye. and a Yard of Ginger, beat all these to-  
gether and take of it at all tymes when you will.

A Drinke for the Cough.

Take a handfull of greene Viollets, a handfull of  
Viollet leaved. one ounce of juice of Viollets, one  
ounce of juice of Jugobase, one ounce of browne suger  
sandy, one quart of Vinnyng water. If of foure bush  
sooth all these together, taking the juice from a  
quart to a pint, and drinke the same evening and  
morning.

To Make one sleepe.

Sooth Viollets in water, and at evening let him feele  
his footes wett in the water to the Anckles, and when  
he goeth to Bedd. bind some of these heartes to his  
Complexe, and he shall sleepe well.

To Make one sleepe.

Take the seeds of Lettice, and stamp it to powder, and  
temper it with woman's Milke, and make a plaster  
thereof on his head, and lay it to the Complexe of the head  
and you shall sleepe well, or else drinke the powder  
thereof in Milke.

Another for the same.

Take a handfull of Lettice, and a handfull of Cardus  
Benedictus sooth them in popot Ale, and let it party  
drinke thereof and he will sleepe.

Another for the same.

Take the Gall of an Itard, and drinke it with wyne,  
and you shall not awake untill you have drinke Vinogor.

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For the Miner Colic.

Make a posset of sack, and take of the Oure & Secty  
in the same there of a handfull of Camamils, and  
drinke it as hott as you can.

Another for the Miner Colic.

Take Amy seeds and Colliander seeds, of each of  
them a Spoon full, and of parsley seed halfe a  
Spoon full, beat all these together in a Morter &  
sooth them in posset Ale, made with sack, and drinke  
the same as hott as you can endure it.

Another for the same.

Take the Hens of a Hodge hewing, and drye it, beat  
it to powder, and put it into your drink & drinke  
thereof.

Another for the same.

Take a great Onion, and cutt off the top, and gill  
out the Core, and fill it full of salted byls, and put  
it into the fire and roast it, and when it is tender,  
take it, and lay it to your Nable as hott as ye can  
endure it.

To Cause one to make water.

Take .3. Bees w<sup>ch</sup> gather Honey, & stamp them &  
strayne them with a little Beere, & drinke it, is a  
proffitt to m<sup>ch</sup>dye. Take .3. Bees for a man &  
but one for a child.

For the Head Ache.

Take a handfull of Bitany, & as much of Veds  
sage, and an egg, & sooth the hard, & shap your egg  
shell and your herbs very small, then make them  
as hott as you can abide, and lay them in the fold  
of a sheet, to the Nose of the Neck, and the Ache  
will cease. Likewise the water.

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For the Briatica.

Take .2. Gallons of Running water, and a pebble of  
lay salt, sooth them together to the halfe, then let it  
stand .10. or .12. howers together close stopp'd untill  
it be cold, after that let it be warmed, then wash the  
party, where he is paynd, and let him walke on it one  
howre or twayne. Libatū est.

Another for the same.

Take a pinte of Newfoote oyle, .3. good spoons full  
of Aquarite, one good handfull of Bayleaves, three  
Spoons full of Oge gall, .2. handfulls of Mustard  
seeds, boyle them untill there be noe smell of the  
Aquarite lost, then straine them through a cleay  
and beerge it.

The Use of it.

Let the place griev'd be well chaf'd before a good  
fire, till it be redd, then scorne some of the oylment  
and chafe it in with rubbing, after wards walke in a  
fodd cleath, and lay on the place day and night, and  
if the paine or Ache doe chafe these, w<sup>ch</sup> if it be a  
Briatica it will, then anoynt the place griev'd, -  
following first the payne, & so it morning and evening  
and with in .6. or .7. dayes you shall have ease.

Another for the Briatica.

Take a pint of good Malinsy, & an handfull of  
Barty grass, and sooth them well together till halfe  
be wash'd or more, then bath or wash the place griev'd  
with the liquor as hott as you can suffer it.

Another for the same.

Take a quarter of a pinte of fustfoote oyle, a quarter  
of a pinte of Ounces leaves, a quarter of a pinte of  
Aquarite, and a little more beaten fine, boyle this  
till there be noe smell of the Aquarite lost, then  
anoynt the place griev'd, with this morning and  
evening as hott as you can suffer it.

A Powder for the Gallie.

Take Rosemary, Lavender, Sage, and Yew of each a like quantity, and make powder of them, then take of good of Lyonic to the weight of all the other, and make also powder thereof, and mingle all together, and put thereof into your pottage, and in your drinks, & so this Medicines aid it will Comedye yo.

For the Dead Gallie.

Take a peere of Rye bread, and make it hot against the face, and spread it with good Decoble, and lay it to the nose of the Noke, it will helpe.

For the Gout, or any other Aige.

Take a good quantity of Licens Juniper, and wash it very well in salt water, then bath the stye growed very well therein, let him sitt in it an houre, if he can endure it. If he cannot get salt water then foot water, and salt together till it be dryed; if the growed place beke Redd, then take halfe a pint of a Redd Cowes milke, and a little grated white bread, make it thicke therein, then take 3. or 4. Spoones full of Neats foot Oyle, mingle therswith, and make thereof a plaister, & lay to the place growed.

For the black Jamdisse.

Take Redd wormes as many as you may hold in our hand, split & wash them in cleare water, then lay them in a little white wyne all night, then take them out, and sooth them in a quart of good white wyne to y halfe thereof, putting therein .g. drops of Rosemary, then straine it out, through a cleane cloth, & drinke thereof fasting every Morning warm a pretty quantity with a Spoon full of the Juicy of Saffron, by Gods grace it will helpe yo. Probitis.

For an Aque fallen into any part of the body.

Take a quarter of a quart of milke, remove from the Cowe, and also the dung of a Cowe new from her, warm them together, and spread it on a cloth, lay it on the place growed, as hot as you can endure.

To Sooke a burning Aque, and comfort the Noast.

Take a quart of Ale, and a pint of milke, & make a posset with them, take of the Curd, and put into the posset Ale .4. ounces of Conserve of Beberwyts, & 4 ounces of Conserve of Violets, let them melt therein, then straine it through a cloth, & put therein the Juicy of a Lemon, and 2 Spoones full of Damask Rose water.

For An Giffe.

Take a quantity of Salsindus, strain it, & straine it into a vessel that is cleane, then take one Spoonfull of Oyle of Bayes, & 2 Spoonfulls of quill silver tempered with fasting spittle till it be dead, then mingle them together, it will be like an ointment, when the patient goeth to bed, let him chafe a little of it betwix his hands, and smell thereto, and within 4. dayes it will be whole.

Another for an Giffe.

Take an ounce of Ginger, one ounce of Broomes, and beat them to small powder, and put therein one pennyworth of Oxys powder, and being all mixed together make 3. small linnen Baggs, and put into them the powder, then put into a Sawet a little fallot oyle, and lay the baggs upon y sawet that they may drinke of the oyle, when being done Rubbe the party with the Baggs.

An oymnt for the fozz.

Take a quarter of a pound of sweet butter unsalted  
as much blunston as a wallnut. halfe so much  
Alom. halfe an handfull of heare byard. a little  
quantity of the same y<sup>e</sup> of Clarourpans root. Cut  
your heare byard. and your roots be a little frayed  
together. and your Blunston and Alom beaten very  
small together; Then take your butter with all this  
other stuff and temper them with your hand well  
together. bloud them so well as if you would knead  
dough. then boyle it a little while. Let it be con-  
tinually stirred after you sett it on the fire. till it  
be frayed through a course Cloath into some close  
thing to keepe it. If you y<sup>e</sup> a sing. them y<sup>e</sup> have it.  
If you let the party be shifted into cleane sheets  
or shirt. then take them before the fire. and with a  
little in your hand. Rubb all the parts of the body  
that are troubled. this vs night and morning. for  
2. or 3. dayes. as you see occasion. this being done  
shift them againe into cleane sheets & shirt.

For the Greene Scurfe.

Take a pottle of white wyne. a handfull of Rosemary  
& as much worme wood. an ounce of the seed of Cardus  
Benedictus. a dram of Cloves. these must be put  
in the white wine in a frowne pott. and cover it very  
close. so let it lye in steepe a day and a night before  
the party drink of it; Then drink of it every morning  
and two howers before supper. and so take it for  
a fortnight. and let the party sleepe as much as may  
be. the sooner the better. and as early as they can.

For a Stouring.

Take a quart of Rode wyne. a spoone full of Cummin  
seed. putt it to a third part. then take knot grasie.  
plantain theophrasts gresse. of each a spoone full of  
more. & put to it. Let it have one waime. and drinke  
therof a draught morning and evening. and fast 2.  
howers after.

Another for a Stouring.

Take Milke of a Rode Cowe and foeth it 3. tymes. and  
let it be cold every tyme before you foeth it againe. and  
so drinke of it morning and evening or at any other tyme  
of the day.

Another for the fawne.

Take the seares of plantain. and of knot grasie and  
theophrasts gresse. boyle them in new Milke & drinke  
the milke morning and evening. and it helpeth.

To Make a sweet Breath.

Drinke Rode wine tempered with wyne. it driveth away  
the fume in the mouth. and maketh a sweet Breath.

For Bleeding.

Take a handfull of Periwinkle & stamp it & strain  
it with Ale or Beere. and drinke a draught of it in  
the morning. and it will helpe them that bleed much  
at the Nose. A leafe or two put under the tongue  
helpeth it. like wise some of the same beinforced & layd  
to a wound stoppeth bleeding.

For Bleeding at the Nose.

Take the yellow Masse of an Olive tree that beareth  
leaves. and hold it to the Nose till that bleedeth and it  
will helpe.

Another for the same.

Take a little russet sasse. and beinforce it and then put  
it to the Nose till and it helpeth.

Another for a wound.

Nettles being beinforced and layd to the wound stayeth  
the bleeding.  
Also fresh beefe flyord and layd to the wound.  
stayeth the bleeding perfectly.

For the Emorrhoids or Piles & bleedings,

Take the powder of the heart Phlegmida as much as will lay upon a 3<sup>d</sup> and temper it in an Egg washed very tender, and fry it off in the morning fasting and it helpeth,

A Salve for a Cut or wound.

Take a good peere of English waxe & 2 spoons full of English honey, and as much fresh thispeale juce, as of them both, Boeth them altogether in Running water from almost the halfe then let it stand till it be cold, then take of the froath w<sup>ch</sup> is the salve, wash y<sup>e</sup> wound with that water, for it is as good as the salve, lay the salve there to also,

For a Cunt.

Take the downe of Cardus Benedictus and lay it in the Cunt, and it will heale it.

To Make the white Plaster.

Take a pound of Vayen broken into fine powder, and a pound of waxe broken into small peeres, a pound of Sheddots talow well tryed, melt all thovt together in a Keying pan and stir them together till all be melted, then take them from the fire, and let them coole a little, and then put thereto one ounce of black soap, and stir it untill it be well cold, then pour all in to a large vessel of water all abroad in manner of a pebbles, then let your hands be anoynted w<sup>th</sup> the oyle, or fine fresh lycalls, and topic it in the water softly, and make it up in Balls, This is good for old sores and health and growth speedily.

To take fire out of a Sore & Mother Coox.

Take Malloes, Comberbs, violets, soft mary, Mary golds, Gremsole, Elm leaues, ming to them well together with hoggs grease, chopp them and seave them in a pplem, till they will make a poultice, then lay them warm upon the Sore.

To Heale a Sore & Mother Coox.

Take violet leaues, Strawberry leaues, the inward bark of Elm, or the leaues of Al. hoope, Marigolds, leaues, take all thovt and root them or ming to them all with hoggs grease, then chopp them small, and then put them into a close pplem, & let them stand over a soft fire, and when they be thoroughly seaved strain out all the Juyce, then take deeres juce, very yellow and Yusoth, melt them all with the Juyce, and then make it up into a salve.

Mother Coox Poultice for a sore Breast.

Take a pottle of white wyne, & put into it a Cork which the bonds being broken & halfe a pound of -- Violets of the sunn, boyle thovt tender, then strain them & strain them in a water, then take the liquer and put therin a quarter of a pint of salt oyle a quart of a pound of Capers goodly a quarter of a pound of Juniper a quart of an ounce of Mats, and as much Malmiggis beaten small, then take gumpnole pastley, Mary gold leaues, soft marye, Verbain, Ribwort, Wild Calfys, hounds tongue, foot lilly flower leaues, -- Botherys, feather fow, Holly holl leaues, Sage, -- Strawberry leaues, Columbine leaues, penny rill sweet Malgorem, Jopp lilly leaues, All hoope, Malow southernwood, the leaues of Elm, if in the winter take the inward Bark thereof, Vase and Gillyflower leaues such as the tyms of the yeare will afford, take thovt herbs & primrose, violet & Lavender leaues, & chopp them small & boyle them till they will make a poultice.

To Ripen & Breake a Sore.

Take 3. pintes of Druggs of Al. put to it half a pint of Oatmeale breisard & a good peere of Lodin, and putt them into the Druggs, then take Malloes & Al. hoope, hounds tongue, Britony, lilly leaues or Footes, foxroll sage & a peere of Verb Allom & chopp them small, then put in half a pound of Hoggs grease, boyle them till to a poultice, then lay it on warm.



7922  
The Greene Oynment.

Take a pound of cheeres Tallow & melt & strain it, and put thereto an ounce of Roriduga case, and halfe an ounce of Calycemone in fine powder, and first well together, then take it from the fire & put it in a cleane boy. It will be kept many yeares. It is good against scallers, and running holes, to heale old wounds, and to frett away dead flesh. It will heale wounds from festring, and is good against of Measles and for scabb's, there is noe oymnt that is worth so strongly as it doth.

A Cordiall for faintnesse.

Take a quart of small Aquavite and steep in it a good quantity of Ridd poppy leaves, some Rofes of the sunn stoned and some fewe grossely beaten, what killeth your taste best, let them stand a month or 2. and then take a spoone full or two at a tyme.

For Conbulzion fitts.

Take Labender water, Rosemary water, Bittony water of each a like quantity and mixe them together, let them take 2. spoone fulls with a little sugar before the fitts come.

How to Make Treadle water.

Take an ounce of Hart's horn shaved, and boyle it in three quarts of white wyne till it come to a quart. Then take the Rootes of Elatompans, Gentian, Cyprian, Darnontill, Blesiod, thistle, and Angelica of each an ounce: Buxage, Buglose, Marygolde, Rosemary flower, of any two ounces, and of Citron Rinds one ounce: Then take a pound of old Venice Treadle of the best and dissolve it in five quarts of white wyne, and 3. quarts of Rose water, let it infuse altogether and distill it.

8193  
How to Make Saffron water  
an excellent Cordiall.

Take 7. quarts of white wyne, one ounce of saffron infuse it in the white wyne all night, and in the morning you may distill 3. quarts of the water in a glasse still; you must have 2. ounces of white sugar Candy finely beaten and put into it.

A Medicus for the wound and  
flowe Colic.

Take of Cowy, Army good, lignocish, Coriander-wood, Elatompans Rootes dryed, green floure-beer ye, Lignum vite, Cortex gmitte of each two ounces, Ralours of the sunn stoned and pound: the liocish, Elatompans Root, lignum vite, and the Cortex gmitte must all be thym flyed. Then lay all these Ingredidnt in pieces in a bagg of a bellon with a narrow neck, and put thereto a quart of Aquavite, and let it steep three or foure dayes and nights, and stopp it close with a cork; Then you may use it, but still as you use it, steep it and take of it every morning and evening two spoone fulls at a tyme, fasting two howers after it, and take it last when you goe to bedd. It is best to be taken three or foure dayes together, you may put that quantity of Aquavite to it 3. times, and take more or lesse at a tyme as the strength requires. If you doe thinke that the Aquavite be to hott you may steep it in sack or white wyne. This is an approved Medicus.

An approved Medicus against  
Stow.

Take Newe Milke of a browne Cow, then distill it and take of the water thereof three spoone fulls, and wyne spoone fulls of white wine, still thereto some Nutmegg, then make it like verjus, and drinke it 15. morning and walk after it.

An Excellent plaister w<sup>ch</sup> will give p<sup>er</sup>fect  
cure in a feere of the Ears.

Take fyrer oymons with a little frankincense and  
spread the same on a peece of leather, and apply this  
plaister to that side where you are payned.

The Lady Saund's her approved  
Medicine for the Ears.

Take an handfull of Hips when the frost hath taken  
them, and lay them in Hops all night in a quart of  
the best white wyne, and in the morning let it Runne  
through a peece of fine hollow and so drinke as much  
as you can. Probaturus est.

To Make the Ears Deaf.

Take the Eardrums of Oxen Eyes and higg<sup>er</sup> & drye  
them and beat them to powder, and mingle them with  
fyre and drinke them with white wyne or other wyne  
or lett ye may take it with milke evening & morning  
and it will heale it being never so hard. Prob. est.

M<sup>rs</sup> Mulisho her Receipt of Balsam  
for Ears.

Take a quart of the best Aquavite & stronger you  
can gett, and therein seethe w<sup>ch</sup> musk & Johns wort flow<sup>er</sup>  
as it will wett (w<sup>ch</sup> the thought was about nyne small  
handfulls) and let them lye .9. dayes & also covered  
then strain them with a peece of veltill you have gotten  
all the m<sup>o</sup>re you can gett. Then take to every quart of  
fyre a quart of the best salted oyle, and a pound of  
best Emperantins, and put them all into a p<sup>ot</sup>, that is  
at the best a quart too bigg for them, and set it on a  
soft fire, only so that it may seeth & so keepe it with  
continuall stirring till it be grown to a substance &  
the oyle & m<sup>o</sup>re seems not to part from the p<sup>ot</sup> but  
that it sounds all of one substance for the best,  
w<sup>ch</sup> it will not doe till it hath soddon .4. or .5. howres,  
then take it of & let it stand all night to settle, and  
in the morning p<sup>er</sup>seve all the thyme st out, and put it  
up for your balsam for gettinge sores, and the bottoms  
of the heale older sores w<sup>ch</sup> have dead flesh in them.

M<sup>rs</sup> Mulisho her Receipt of Stomatikall  
pills very good for an ill Stomack.

Take of Meas Carthame .4. omros, of the best mastick  
trebitated of the sp<sup>er</sup> of Micro limpt of each one  
omro and an halfe, make the se<sup>e</sup> in a Masse according to  
Arte, then add unto it oyle of Cynamon Chymicall, &  
oyle of Cloves and oyle of tynd Chymicall of each .6.  
Dropps, Incorpore all together into a p<sup>ast</sup> and put  
them up for use.

How to Make Aqua Cordiac.

Take of the hearts of Angolira being dryed .6. omros  
or .12. handfulls, Cardus benedictus dryed .3. omros  
or .6. handfulls, Balsm and saff of each of them of  
weight of .2. omros and an halfe, or of each .5 handfull  
Angolira food benifod .3. omros, Crock clean frent  
and benifod .12. omros, sweet fennell food benifod  
4. omros, the Cardiac power of Diamus Dulcis,  
and Aromaticum Rosatum of each .6. Drames, or three  
quartars of an omro. Cut the hearts very small &  
infuse them altogether in two Gallons of Canario  
Earle else stopp the sp<sup>er</sup> of .24. howres, then  
Distill the water very gently with a soft fire, till ye  
have drawn of .3. pints of the spirit. After mixeale  
the hearts of the fire till you have .2. pints more, then  
mixe the waters together, and put to it of white  
fyre raudy dissolved into a p<sup>er</sup>ing in Red wyne w<sup>ch</sup>  
the quantity of one p<sup>er</sup>ing, and when it is well mixed  
keepe it for your use.

M<sup>rs</sup> Mulisho her Receipt for the Eyes.

Take Turmentill and boile it in white wyne and  
drinke it fasting, and in the evening take the hearts  
soddon in the white wyne and lay it to the eyes plaist  
wise. It w<sup>ch</sup> w<sup>ch</sup> the sight though the party have  
been blinde .3. yeeres. Approved by M<sup>rs</sup> Mulisho.

A Plaster for the Headache  
of the Epitome

Take of Mollit flowers .3. handfulls. as much of  
green Camanile of small edge one handfull of Sea  
worm wood or Roman worm wood one handfull & as  
much of plantain (of dittam if ye can get it one hand  
full) beat them small in a stout mortar. then put into  
them .3. poundes of Popen. now soape 12. ounce. threep  
part part cold cleane one pound 2. ounce. and put into  
them one good pint of white wyne. Molt them altogether  
on the fire. and when it is molten remove them from  
the fire. and let them stand close covered in a pottin  
for six dayes. then boyle them againe with a span  
them white it is ready.

It will also be ake a puch or Viper a swelling  
for a sore Nipple of a Breast.

Take an hand full of hounds tongue. as much of foxglove  
or Adders tongue. as much of Daffy Root & flowers.  
as much of Camanile leaves & flowers. boyle all these  
together in half a pound of may butter. & halfe a pound  
of sheepe's fust. you must lay it on a greene rase leafe  
or foute other that will not drawe.

Another for the same.

First take sweet Breame a pint or half a pint. and  
boyle it to an oyle. then put into it one handfull of  
Whitewood small white. and boyle it a little together  
then straine it: when it is cold it will be a salve. lay  
it on the nipples as often as you will. though the white  
fust it will heale.

Very good poultice to Viper break  
& Heale a sore breast.

Take hysop & drye it. & take as much Camanile seed  
and beat them small. then set miller on the fire. then  
prow on the beaten seede and boyle them well together  
to the thirtnesse of a poultice. and lay it to the sore.  
Because as hot as this can suffer it. the more & the more  
this will both drawe it & heale it without any oyle.

To make a cooling styning ointment to  
Cool & styne the sore parts chafed by  
Heate or the puch of Venerie or any oyle  
& haire.

Take Radd Voles. out of the whites & stamp them very  
small in a frowe mortar. then take hoggs grease and put  
it into a gally or pewter pott. and set it into a fley still  
of hott water. but take heed no water goe into it when  
the grease is molten put in as many stamped Voles as  
the grease will receive. so let them stand in a hot water  
stewing over the fire. 3. or 4. howers. till all the strength  
of the Voles be in the grease. then straine it & keepe it  
when you use it to styne or coole these parts. you must  
beat the white of an egg thyn to water. & beat & mixe  
so much of the ointment as you shall use. the grease  
must be cold. it will be like a pomatum: then lay some  
upon a fine cloth. and lay it to the place greivous. this  
will styne and heale in a short tyme.

For Heate in the Back or kidneyes.

This ointment being washed and mixed with wine  
and mixed of Harts hore without the white of an egg is  
an excellent ointment for a hott back or kidneyes. to  
anoynt it coole when you goe to bed or in the morning  
it will coole and doe good very much.

To Heale the Sharpnesse of Venerie.

Take the toppes of water crokes. & stamp or choppe  
them small. and boyle them in newe milke (of a Doe cow  
is best) and every morning take a messe of that milke  
so boyled to your breakfast you may put finger to it  
if you please.

An oyle medicine to heale an  
old sore leg.

Take the pappes of Radd Apples. and spread it upon  
a cloth. and lay it on the sore leg or chanc. thus doe  
it twice a day & it will heale it very faier.

How to make Mollist Salve.

Take a good quantity of Mollist Leaves & flowers stamp them small and boyle them in a pound of fresh butter. then put as many Mollist Leaves & flowers as you did before being stamped small and boyled so doe. 2. or 3. tymes till the butter be strong and greene of the hearb. then strain it. and take a pound of Tofon and beat it small. and a pound of yellow waxe thym flayed. then put them altogether in a Skillett. melt them very well. then strain it and so let it stand till it be coole enough to handle. then worke it up into Trollet. and when it is cold put it up into a Bladder. and keep it for your use.

A Medicine for the Canker in y<sup>e</sup> Mouth.

Take of the Leaves of woodbine. of hony suck. of Velds fage. of the fmg. to mary gold leaved. (whose flower is black in the middle) of each of these a handfull. take all these and beat them together very well in a Iron Mator. and then strain out the Juice through a thynn strainer. To the Juice add two pound of Treacle and one pound of good Honey. set this upon a soft fire till it be boyled as thack as y<sup>e</sup> treacle. to y<sup>e</sup> it will be within halfe an houre. then strain it againe through a finer cleafe. into some earthen pott and so keepe it all the yeare. you must remember to have some burnt allome ready to put into this. when you use it. and to put in less or more according to the Age of the patient. if it be a child but very little.

A Receipt to breake an Anquom.

Take hony suck & fresh hoggs grease. beat them altogether and apply to y<sup>e</sup> pty both morning & evening

A Water to wash a Canker.

Prun leaved. Allom. boyled together in Running water. An ointment to anoynt it y<sup>e</sup> out by  
Carre. Ocreme. Mouse hole and Ginger.

A Salve for a Burne or Scald.

first take an handfull of Shirlon wood. an handfull of Cowhouse. an handfull of Gamsell an handfull of Elders buds. then take a quantity of birds grease. a quantity of goose grease so y<sup>e</sup> is boyled out of the Schoemaker's skillets. a quantity of salt-stayle. a quantity of Honns downe the whitest you can gett. a quantity of yellow waxe. Choppe all these herbes small. and boyle all together. and it will be a salve. Probatum est.

An Excolliant and approved water for the Plague. Infeet. Hoaxer. Ague. or any pestilent Disease.

To be made in May or the beginning of June.

Take dragons. polittory of Spaine. Angellura. Balsm. Fior. penny Hyall. worme wood. Mignolet. Rosemary. Erubious. Tremontill. juniperust. Bittony. Salsudins. Egermorys. Candri. of any of these one pound. shred them all together with a knife. put them into an earthen pott. and put to them as much white wyne as will cover them. then set the pott in a Collier these rowled and let it stand in foggie. 3. days. and 3. nights. strain hearts twice a day. after all this take them loosely out of the pott. and put them into an ordinarie still and still them. Then take againe a small quantity of all the aforesaid herbes as may be well remembered in y<sup>e</sup> Remembrance wyne and let them stand as before said in the pott. 3. days and 3. nights. being strained. wher done take the hearts & wyne and put them together into the still. and still them as before. when this latter distillation is made. put both the waters together into a Glasse. Then hold it or sunn it as you doe other waters. Afterwards it being cooled stopp it up close in the Glasse and so keepe it. Of this water that made take for a man. 11. spoons fulls and mixe it with as much Treacle as y<sup>e</sup> quantity of a walnut.

For a woman. 9. spoons fulls mixing it with a quantity of Oxial. proportionably.

For a

1730  
For a Childs five Spoon fulls with a proportionable  
quantity of Curats.

The best time for the taking hereof is after the first  
stools and the patient must be wrapped so warme as if  
it that he may breath out a sweat.

If the patient have any cough with hot disease then  
succoton the drink with 3. or 4. Spoon fulls of the  
juicy of Colts foot as followeth.

To Make Use of Colts foot in the end of May or  
beginning of June. Take of the leaves called Colts  
foot and wipe them lease by lease, spray them in a  
strong Mortar or a wooden trough, then put them in a  
hair or Sawdust bag, and strain them; put the Juice  
into Glasses. Let it stand and settle all night. The  
next day take by your Glasses very easily without  
Joggling and pour out the clearest which you must  
set on the fire in a pan or Skillet, and as the skin  
arise take it off very slow till it be very cleere.  
Then take it and strain it and to every six pints  
thereof take a pound of powder sugar well beaten  
and let them boyle together and keep it with stirring  
a good while. Then take into every pint of Juice  
you make the white of an Egge very well beaten till  
it be as thynn as water, and let it boyle in the fire  
about a quarter of an hower. Then strain it cleane  
off, when you think it is almost boyled take a little  
of it in a Spoon and drop two or 3. drops into a  
Sawdust, and if it stand in a Round glass or Curb  
without Yumming about, then it is boyled enough, after  
that take it and strain it through a Helly bag, or a  
piece of white Cotton putting a branch of Rosemary  
in the bottom of the bag, and so strain the Juice  
as it cometh forth till it be almost cold, so it will  
have a Decant on the top of it. Let it stand all  
night and the next day put it up in Glasses.

For the Morphew.

Take a new laid egge and cover it over in a glass with  
the best white wine vinegar, then let it lay 24. hours  
in the egge, and then take it out, and holding it betwixt  
your finger & thumb with holes at a convenient distance  
then put it into the vinegar againe and let it lay twelue  
hours, then take it gently betwixt your finger &  
let it drye so long as it will stand. Then fling away  
the egge and take the quantity of a wallnut of  
powder of Brimston and tie it up close in a linnen  
Cloath and let it lay 12. hours in the vinegar, then  
take the linnen Cloath with the Brimston in it  
dip it first in the vinegar and rubb the Morphew  
spots going to bedd. 2. nights together. Shift often,  
so sayne salt meate, & so covere.

To Open the Pipes.

Take a pint of Licorish. 2. yokes long, slice it finely  
and boyle it in the drink and halfe a Spoon full of  
Amys foodd; scarcely see may be 3. pints of Ale or  
beere, and boyle it halfe a way; then take it & strain  
it, and let the party drinke it warme morning and  
evening, if it be not sweet of the Licorish mingle it  
with sugar.

To stanch the Nose from Bleeding.

Take 3. or 4. spiders and bind them fastly in a fine  
linnen Cloath, and hold them to your Nose if bleeding  
will cease.

For the Laynes of the Stomack.

Take a pint of white wine, halfe a pint of Cardus  
water, and sooth them together a while or two, then  
take 2. penny worth of Treacle, one penny worth of  
fallot oyle, one Nutmeg grated, a good peece of  
suger, and brew them altogether, then take a good  
Spoon full twice or thrise a day.

## For the Drym Cough.

Take the Topps of Sycow. that is in wold hony. 2. handfulls; of Hore hound. a handfull or 2. of panyflye  
 Rootes the worst taken out and cleane washed w<sup>th</sup>  
 serapod. and cutt in thynn peeces. halfe an ounce;  
 of good Parsent of the same cleane washed and the  
 stons taken out. halfe a pound; of Amy seeds. 6  
 spoone full; of the Rootes of Callamony. quantity  
 of 2. to 3. or 4. cleane washed; and putt in thyn pece  
 sooth all these in a pottle of Vermine water booe a  
 soft fire and with out smoake. untill halfe be spent  
 then take it of the fire and let it stand a while. and  
 let it be strayned through a strayner but not hard  
 then put it into some faire vessel. and let it stand  
 2. or 3. howers that the greiv part may be settled to  
 the bottome. then let it runn through a strayner  
 softly that the grounds may be kept behind. ye may  
 drinke. 4. or 5. spoone full; in the morning fasting  
 warme. and 2. howers before supper. and in y<sup>e</sup> night  
 as you shall thinke good. white sugar Candy w<sup>th</sup> be  
 to make it pleasant.

For the Head Ache and to coust  
 our to sleepe.

Take of the Juys of Rue and yewder of Comins.  
 mingle them all together. then take Cotton & dyp  
 it w<sup>th</sup> therein and lay it thore unto. and awaynt the  
 Comps. the Browes and Eyelids thore w<sup>th</sup>.

To Comfort the Kidneys and y<sup>e</sup> Bart.  
 and other weak Coust w<sup>th</sup> in our

Take a quart of muscadym. 3. Cyp datos. some  
 Oloes. 5. large made. and good Malmey. 3. topps  
 of Yefomary. halfe a pounde Kidney. put them together  
 beat them and strayne them. and then boyle them toyle  
 and sweeten it with sugar. you may drinke it morning  
 and Evening and at 4. of the Clock if you please. as  
 much as you shall thinke good your selfe.

## For the Erratica.

Take 4. pintes of Neats foots oyle. 3. good spoone fulls of  
 Aquarita. one good spoone full of bay leaves. 3. spoone  
 fulls of an Oge gaine. 2. handfulls of muscard seeds.  
 boyle them till there be noe smell of the Aquarita left.  
 then strayne them through a cleane and fine cloth. the y<sup>e</sup> is  
 this. before you apply this medycine. let the place that  
 is greivd be well chafed before a fire untill it be redde  
 then warme some of the oyle out. and chafe it w<sup>th</sup> in  
 with rubbing. then after this waie a good cleane upon  
 the place. day and night. and if you perceive the paine  
 or chafe to chafe place. as if it wold the Erratica.  
 awaynt the y<sup>e</sup> have greivd. followinge first the payne.  
 w<sup>th</sup> it. morning and Evening. and by Gods grace you  
 shall have ease in 6. or 7. dayes.

## For an Oge.

Take three handfulls of Camanile flowers. one hand  
 full and an half of white stone beam. and almost a handfull  
 of bay salt. stamp all these in a mortar till they be greiv  
 powder. then make a bagg of linnen cloth fower spoone  
 sufferyntly large to receive it. boyle this bagg in shal  
 drewe water of 5. or 6. yeres olde. and not under nor  
 above. boyle it almost a quarter of an houre. then strayne  
 out the bagg hard. betwene 2. boards. and so lay it h<sup>l</sup> to  
 your hipe. do it at night when you goe to bedd. and so doe  
 4. nights together.

## For the Ague.

Take halfe an handfull of redd sage. half an handfull  
 of feather fow as much of hore grass. as much worme  
 wood. take all these and put them together. stamp them  
 and strayne & put the juys into a glass or Chapp. and  
 put in flower of 5. spoone fulls of Ale or Beere. let the  
 patient drinke this as soon as the first beginninge to  
 come. and then lay downe and sweate. some three or 4  
 howers. or more at the partye feeleth himselfe. this  
 will doe good at the first or second tyme.

For the Paine of the Stomach.

Take a quart of Running water and halfe a pint of Damask Rose water with a good quantity of Mother of tyne, one stork of licorish halfe a quart of a pound of Raisins of the sunn and a little Redd somers and sweete Maroram, and 2. ounces of Clove and Consistts, and 2. ounces of muske Consistts, boyle all these together for the space of a quart of an hower, then let the patient drinke thereof next their hart, fasting two howeres after, and it shall helpe by Gods grace.

To drive away any thing from the Hart  
what quise be fit to be good.

Take a pint of sack & a pint of white wyne, put them together and put to it a faithing worth of saffron a peny worth of treacle, boyle it 3. or 4. howeres then strain it and put to it a quart of a pint of Damask Rose water, halfe so much baylen water, a spoon full of salted oyle, a good pease of sugar, boyle it well together and drinke it hott evening and morning.

To open the Mouth of the Stomach when  
it is stopp'd & to cause digestion.

Boyle great Raisins stoned, and strained licorish, and sugar Candy in posset Ale, the Candy taken away, & drinke it warm at all tymes at your pleasure, and use Consistts of Redd Roses to be dissolved in sugar and when you goe to bedd the quantity of a water butt, every tymes.

To Comfort the Stomach & Bart  
if they be hott.

Take Consistts Raisins muske Consistts, penny rill diobitts of oare, a great hand full, a few good figs broken, boyle them in a pottle of Running water to the halfe Doale, strain it hande with the liquor make Allmon milke, & se it very oft in good quantity.

To cleanse the Mother and to Comfort it.

Take either a quart or a pottle of Rensish wyne, and take 6 hand full of sweete Maroram and a little hand full of penny rill, a hand full of Mother of tyne, and a good hand full of salowins, and halfe a dosen of fowle Rootes, & halfe a dosen of yarrowly Rootes, a little hand full of Balsms, a quart of a pound of Raisins of the sunn, and boyle altogether, till a quart or be boyled away, then put in a quart of an ounce of Turmerick, and stee it and let it boyle 2. or 3. howeres then sweeten it with very fine sugar and drinke it every morning and evening like warme.

For an Ache.

Take milke with a little Ynnott, take the Candy & strain it from the whey and mingle it with a little baylen grease, and a little quantity of sugar, then set it upon a chafing dish of Coales & temper them together, then lay it to the Ache so long as you can suffer it for being to hard, & by Gods grace it will helpe you.

For the yellow jaundies to kill it  
and drive it from the Stomach.

Take one peny worth of Strong Ale, and a little Turmerick, boyle them together, then strain goose dung into the Ale, & so let him drinke it morning and evening, If you like not this take every morning for 4. or 5. mornings a little Motheridate, fasting on the point of a knife, & it will doe the same.

For the falling Sickness.

Take Myze morning every morning, 3. spoon fulls of Lavender water, and take as much powder as will be upon a grate, It must be the powder of the skull of a thiefe that was hang'd and buryed, and the skull taken out after wards.

To comfort the Earle and the Stomack  
and to helpe to stay the whites.

Take one pinte of an halfe of New Milke, a pinte of  
Mustardine & make a posset therof, then take an handfull  
of plantain and of blood wort, of knotgrasse, shepherds  
purse, Comfrey, Ladys mantle, soft harts, Nettwort  
of any of these a handfull, then steepe them & straine  
them, and when you have made the posset take iij. scrubs  
from it then steame it & let him drinke therof in y<sup>e</sup>  
morning fasting, and at .4. of the clock after noon.

For the falling Eynes.

Take for .9. dayes every morning .3. spoons fulls of  
Labouder water and take as much powder as will  
lye vpon a greace; it must be the powder of y<sup>e</sup> Skull of  
a thiefe that was hang'd and buryed and the skull  
taken out after wards.

For the Windynes of the Stomack.

Take white pepper black pepper & long pepper of  
each .6. drams and 18. grains of. Turp. Ginger and  
any seeds of any a dram, beat the long pepper,  
any seeds ginger and turp. into fine powder, beat  
the other .2. peppes as greis as may be, then take  
suger & half y<sup>e</sup> 18. omms. sooth the suger with  
soo much water or white wyne as will cover it, and  
to knowe when it is enough, drop a drop on a saucer  
and if it will come from the saucer without cleaving  
it is enough; then after cooling put in your powder  
& stir them well together, and after put all into a pot.

A Sovereigne Medicine for the Colick.

Make a Coife of house hold bread of cleane wheate,  
and steer as you see it roast Malinsy on it, then  
take dryed Labouder flowers and cast them on the  
roste, then lay it on a thym cleate, and as hott as  
you can suffer it lay it to your navell as close as  
you can.

Another for the Same.

Take a quart of white wyne and make a posset then  
take the posset drinke and put therin a handfull of  
mother of tyne, and a handfull of young parsley and  
sooth it in the posset drinke, and take halfe a peny  
worth of long pepper and put into the posset drinke,  
and give it the patient to drinke.

For one that is Deafe.

Take sweete fallot oyle halfe a pound, add to it worm-  
wood, fennell, any seeds, peruv. vntle, anady, & dry  
all these to powder, take powder of old, Voles an ounce,  
of Collymbida being boyled in oyle a good while, then  
straine it through a cleate a good while, and put therof  
.3. drops into the care of the party quiered being  
warmed and use this every day here; This hath bene  
proov'd.

To keepe the eyes cleere and coole from  
Reddnes and to kill the frog.

Take of Plantain .2. handfulls, house leeks one handfull  
steepe them and straine them and let it settle, then pour  
out the pure sjuce from the drops and put therof halfe  
as much Redd rose water and a quarter of a spoone full  
of white suger Candy in powder then take Ladys Calu-  
maris a good deal bigger as a thumb, and flake it .12.  
tyms in the water, and hieced of put .4. drops morning  
and evening, lying vpon your back, probat est.

A Purging Medicine.

Polygonum of the Oke, halfe an ounce, Gallinall as  
much, and as much Liverish flyrod, some sweet fennell  
and some Apperagus Rootes, boyle all these in a quart  
of Ale to the halfe, then straine it & drinke it every  
evening and morning a good pretty draught at a time  
and it will give them .2. or .3. stools in the evening  
if they drinke it in the morning it will also keepe your  
bodye soft & whole good.



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For the myndynesse of the Stomack  
and the Choleric Stomack.

Take an ounce of Symon halfe an ounce of white  
pepper 2. Nutmeggs and a Vase of Ginger, one  
quarter of an ounce of Caynes, halfe an ounce of  
Liverish the outside pared away and cutt very fine,  
and 4. very fine makts and six ounces of the finest  
suger that can be got and beat all of them very fine  
and mingle them together. then take it every morning  
and every night.

A Remedy for the Collic & Stom.

Take a Gallon of new milke, and put therein politory  
of the wall, wilde tyme, say ifrage, and parjely of each  
a good handfull, and also 2. or 3. Raddish roots sliced  
and let them steep in the milke all night, and in the  
morning put the milke with the herbs into a still  
distilling them with a moderate fire.

To stay the fulness of the Mouth  
or the flood.

Take sheppard's gins, Nutt grape, plantine, our  
ladys milk, of each a handfull, flowers of pansy  
getmetts halfe an ounce, of Symon halfe an ounce  
of Comfrey roots an ounce, boyle this in 3. pints of  
water untill one halfe be boyled away, then strain it  
and blanch 2. ounces of Almonds and beat them and  
make Almond milke with a little suger.

Another for the Same

Take 5. pints of Rhenish wine & a good handfull of  
Salandine & a handfull of Balm, & halfe a handfull  
of mother of tyme, & a small handfull of pennyroyall  
and as much sweet marjoram & a quarter of an ounce  
of turmeric flyod & half a pound of blew Rofes of  
the sun stoned, 6. small Rotes, & 6. parjely Rotes  
the pith taken out, and so boyle them altogether in  
Rhenish wine, till they be halfe boyled away, saving  
the turmeric w<sup>ch</sup> must boyle but a little, then drinke  
it evening and morning for 7. space of a week.

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Take the kidney of the youngst fiddes yo can gett and  
boyle it but 2. or 3. walnes; so after it is boyled  
cutt it in small peeces and beat it in a mortar, Take  
a rangle of good little Nutmeggs, and 2. or 3. large  
Marbs, 5. branches of Poldmancy topps, & 3. large  
Dates the piths taken out, and a gill of Mustard  
and strain it; you may choose whether you will boyle  
it before or after it is strained. If you strain it be-  
fore it is boyled it will be thier, and if you strain it  
after it is boyled, it will be thier according to any  
other sauid.

To Comfort the Part of Stomack.

Take a pint of Malmsy, halfe a pint of Raddish  
water, a quarter of a pint of Cardus water, an egge  
or 2. whites and all, a nutmeg flyod & a Mare  
and brew them together and drinke it.

A Medicin for Worst wormes.

Take a pint of Jopp water, a pint of Rhenish wine  
5. sprigs of worme wood, 5. sprigs of Contray, Asmes,  
marjoram, 5. Leaves of hart's tongue, 5. leaves of  
liber wort, 40. Rofes of the sun stoned, 2. flyods  
of liverish all which must be boyled to halfe a pint,  
and then put in an ounce of sirrup of damase Rofes,  
flor aough.

Take Jopp water, Raddish water, of each halfe a pint  
and of these sirrups, Cowslipp, Violetts & liverish,  
of each an ounce, mingle them together and give them  
a walnut or two on the face, and then drinke what  
quantity you thinke good at 4. of the clock in the  
afternoon, and when you goe to bedd, and in y<sup>e</sup> mor-  
ning when you rise.

Take a pound of Bellarmonial and mingle some of  
it with Rosh dinger and warme it and lay it to the  
place upon a cloth, if you have any black bayes  
wounde spread it upon it. and lay it to the same place  
from whence the flood comes from. and then take  
stons horse dung. and if you be in haste warme it in a  
frying pan. if not, betwene 2. platters. & make it  
good and hot. and put it in a bagg. and lay it betwene  
the navell & the bottom of the belly. or as low as  
they runne and as high as you will. Then take some  
seedes of Cypre Dates & beat them to powder & take  
as much of it as will lye on 2. pears and mingle it  
with a spoon full either of Rosh dinger or Mergant  
or Rosh dinger and give it the party to drinke when this  
take the aforesaid things.

To Stay a Looseness.

Take a quarter of a pound of Almonds dulcifyed &  
grinde them in a Mortar. then boyle them in 3. pintes  
of faine water or Ale w<sup>ch</sup> you will. and toste a taste of  
white bread till you may make powder of it. grinde  
amongst them. and when they are ground small sett them  
a boiling. and when they are boyled halfe away. put  
in a spoon of hard sugar according to your liking. and  
let it boyle in it. and then straine it. and let the party  
drinke thereof as often as neede requireth. / *provid*  
for after the woods.

Take a quart of Melinoy or Mustadine. & put into it.  
2. ounces of Rosh dinger. (if they have not Rosh dinger  
in Damask) & a quarter of an ounce of Cloves. & some  
of Mace. & some Nutmeggs. & if it be not thirt ewing  
put in a quarter of an ounce of Orise. & then set it on  
the fire. & give it 3. or 4. walnes. and then take two  
open bladderes. and put halfe of it into one of them. and  
tye it fast for drawing out. and let the party lay it  
next her stym where the paine is. and as it cooleth  
lay

lay to the other as hot as you can suffer it. still heating  
it in the same thing. it shall boyled in. and put it into a  
bladder againe. and soe doe till the paine is gone. and  
with the grace of God it will ease them in short space.

To Stay bleeding at the Nose.

Take Hagg's dung and lay it to the soales of the foote &  
the bleeding will cease profently.

To Comfort the Stomack & the Lark.

Take a pint of Ale and five topes of Rosh dinger and  
five topes of sweet Marjoram. & a fist of Cardimon &  
3. ray Dates ground. and boyle it halfe away. and then  
put in a pint of Mustadine. and let it boyle a walne  
or two. and then take 2. yolles of 2. new laid eggs &  
beat them with 6. spoone fulls of Rosh water and some  
suger. and brow them together and drinke it in the  
morning. 3. howers before you rise and sleepe after it.

for the paine in the Mother.

Take a pint of Mustadine and a fistfull of spoone full  
of Cardimon seede the dust cleane gathered out. and a good  
peere of Ginger. and a little mother of tyme. & burne  
all these in it.

for the hearing of the light.

Take a quart of milke and let it sooth. & then put in a  
quart of Ale. & a good handfull of ginger root and a  
little sweet marjoram. a little tyme. a little Cardimon.  
& a pretty quantity of liverish. any seede & Rosh dinger  
of the same. & a little Rosh dinger sandy. & drinke what you  
think good evening and morning.

for the Gout.

Take may lvs without shells. straine them & put them in  
a ston pot. and sett them in the oven with a hat of bread  
and when you drawe. straine them into a ston pot. and  
let the party weare his leggs with it warme morning &  
evening. & with Gods helpe it will helpe them & make  
them small againe.

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Take halfe a quarter of a pound of Almonds and let  
them lye all night in cold water. and then blanch them  
and grind them as fine as may be. and in grinding  
put in a spoon full of thirt and sweet ricinus. and a  
spoon full of the Syre of Mary golds. and as much  
of house lilt. and if you have use Oxenys. you may put  
in either fallstet oyle or oyle of violets. and when you  
have brought it all to an oyle. then anoynt the place  
that is rawe and hott.

An oyle Purgation.

Take a pint of sack and put it in a pott. and let it  
boyle in a skillett of water. and put in one penny  
worth of freine and a good hand of ginger parbed  
slyed. and let it boyle halfe away. and if yo think  
it be too hard. put in a quart of powdered suger. and  
it will worke well by itselfe grate. & keepe your selfe  
warne.

Another

Take a pint of milke and a penny worth of Crocus  
and put in halfe a spoon full of Chmy seed or liverish  
if you like best. and a quart of Ginger slyed. and  
let it boyle halfe away. and drinke it fasting. this is  
oyle and not hant full.

Another.

Take a pint of white wyne. 2. ounces of Turcutts  
rhomus washed & parbed. & a good quantity of Gum  
sile & halfe a penny worth of freine. and a quart of  
liverish an ynth long. parod and slyed. & let them  
steue together. till it is frued halfe away. If yo  
be weako let him take halfe at one tym. and halfe  
at another.

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Another Purgation

Take a pint or halfe a pint of Ruder water. and  
2. ounces of Turcutts and halfe a penny worth of  
Crocus. and a little quart of liverish to delay y wound.  
when it is boyled steame it. and for. 2. ounces of  
pennons in Ruder water and put them into the rest.  
every morning eat a penny or two and a spoon full  
of the liquor.

Another oyle Purgation.

Take 8. Volt foots leabes. 40. Damasko pennons.  
rhomus washed. and put them in a pint of Rimming  
water. and let it steue halfe a day under a soft fire. and  
when yo please take a penny and a spoon full of  
liquor. and it will give yo 2. stools more then ordinary  
and if you please. put in a little slyed Ginger.

For a Consumption.

Take 6. mayles and put them out of the shells wth  
a pynn. as you see per pynnles. then wash them cleane  
and stamp them in a mortar. and then take a pint  
of new milke from a Redd Cow. & put in more then  
a little as yo see when you grinde Almonds. & make  
it as yo see Almond milke. then put it in a pipkin  
and boyle it. & you may choose whether yo will steame  
it before you sooth it or after. and first as that goeth  
away. get more ready till you greite that the gtye  
mendeth.

For the Rimming of the Eyes.

Take 3. blew flyes for a young body. and 6. for an  
old body. and put them in a cleare alibe. and lay it to  
the nose of your work. and let it lye till it hath drawn  
a blister. and then take it away. and print the blist  
with a needle that it may turne in. 2. p. faros. and it  
will drawe all the humer from your Eyes.

For the head ache.

Take a peere of fresh beefe as bigg as the palm of your hand and put it in a powder dish. Take as much white wine vinegar or other good white vinegar as will cover the bottom of the dish. and then put in a good Nutmeg grated. and then ye must turne it. and let both sides steeve alike. and then nutmeggs on both sides. and when it is steewed enough lay it to the Nose of your Noe. and if you can endure it. let it lye 24. houres and then take it away. and cast it into y<sup>e</sup> fire. you must steeve on Nutmeggs to. when ye lay it to your Noe.

To Helpe the Colic and to Make one Make Water.

Take a great Raddish and flye 3. or 4. good flyes into a Draught of white wine. Let it stand all night and in the morning warm it with a little sugar. and give it the party to drinke. and it will helpe him when an hower. and ease him of his paine.

For a Stuch about the Stomack.

Take hie Holly and drye it and beat it to powder. and put it in any kind of drink or wine or dry spoone-meats. and it will helpe perfectly.

Another outward Medicin.

Take a peere of House hold bread & make it hott on both sides before the fire but not hard and knead it in a thing with wine vinegar or other vinegar as good as you can get. and worke it as you doe a peere of paste. till you make it like unto paste. then beat 3. large marls. and 10. clods. and one good Nutmeg very fine. and one spoone full of Camomile flowers beat in very fine & worke amongst it. then warm it at hott as you can endure it on your stomack. spread it upon a cloth & lay it where your paine is. And when that is drye. if it will serve againe. put it in a powder dish. and steeve more vinegar on it. but if not. make a new one. and use it so till the paine be gone.

Another for the same.

Take a pint of Mustardys and a pretty handfull of Heartsease. and boyle it in it. then take a cloth & wring it in it. and wring it out and pull the place with it as hott as you can endure it. and use it till ye find ease.

To Soothe the Slight.

Take 2. or 3. lings of the Oake. and sooth it in a pint of Running water. and when it is sodden a little way take out the lings and lay them by till another time. and then take the liquor and put it into a pottle that is not too bigg. least it smelt on the giplines sides. and put in a quarter of a pound of Raddish sugar Candy. Let it steeve over the Embers one hower or two. till it come to a firmness. Then take a spoone full or two once a day according as you feele your selfe. and if neede require take more.

For wound in the bottom of the Belly.

Take Ardon boyes. and the stowes with in the Raddish berries of a wild beere. beat them to powder & pass them through a saine or fine bolter. And take every day as much as will lye on a great in Ale. Beere. or wine wher you please.

To Make Radd Oyle.

Take the Rotes of Allroan in fine powder 2. omms. one pound of oyle of Rose. and put them in a powder bott. then set a bottle or pott of water upon the fire. and when it doth boyle. set the bottle in it almost to y<sup>e</sup> top being wrapped with wet clothes of Hay about the bottle. and so take Mellilot. Camfrey. Dillion. Liver wort. All hales. Knottgrasse. plantain. Salve. all these a like quantity in weight a quarter of a pound being steamed & steyned. and soe put the Juice into the bottle. Let the bottle halfe a quarter of an hower. the Allroan must be bruised in a Mortar. till all the Rode come away from it. and take none but the Rode. Drop this oyle into any greene wound. & it will heale it with one or twice dressing.

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For a pock in the eye.

Take the Gall of an Urve, and honey twice as much being mixed together and use it.

A Good Receipt for the Stone.

Take of Beate Milke a pretty quantity, white sugar candy well beaten, mixe them together and drinke thereof Morning and Evening.

For the swelling of a waffe or Hornet.

Take heron's beanes, steam or drye them, and lay it to the place swelling and it will drawe forth the sting.

For a Locust in the eye.

Take Radd stonell, ground Juyve, Yosemary, & pout-grasse, take of each a like, and wash them in vinegar, then steam them and drye them, and drage it into the eye, and it will heale it, and last a woble good if you cannot get pout-grasse, it will helpe it with out.

For the bleeding of the eye.

Take as much white pepper as will cover a penny and as much Bellamontark as will cover a great 4. tymes, and put it into a quart of Snow water, and shake it together in a glasse, and drage it in your eye. This will last all the yeare. See not that it when you use it but take the blood.

For the Bloodshot Beinge or Heat in the eye.

Stamie parstey and put to it halfe the white of an egge then steam them together and lay it on a cloth soe to the outside of the eye.

For a Swollen on ones finger.

Take Euel-grasse, hawt wood, sage, Woodgrease, Juyve, of each halfe an handfull, a good peece of Vio leard so bigg as an Apple, so much soap as a good wallnut, and halfe a dosen horse manchet, and take off their shells, and a peece of Ruffe baron as bigg as an apple you must cutt four Ruffe baron very thynn, and put them into a Mortar, and steam them together, till they be very fine, and lay it round about the sore, and also upon the sore.

174  
For a pock in the face or other place.

Take Radd sage a handfull, and halfe a handfull of Wallwinn, put them into a quart of Running water, let it boyle, and then put in a peece of Allen bigger then a wallnut, and as much greens pepper, & white pepper, heat all those 3. fine in a Mortar, and put it into it, and seage it till it come to a pint, then strain it and put it into a glass bottle, for it laste breake glasse.

A Poultice for a Loos Breast for the swelling and the paine.

Take oate-meale, milke, hontian & smallidge, and shredde them fine, boyle them together, and then put into it a peece of shrepps fust, and so make a poultice of it, spread it on a cloth and lay it to the breast that will take away the paine, and if this will not heale it, then take your mollett plaster, and it will heale it, when your swelling is drawne away.

For a Sore Mouth or a Sanker that Eat the Gums.

Take a pottle of Running water, Radd sage, five leard's grass, woodbine leards and wilde berry leards, Yosemary and plantane, of all those a handfull, and halfe a handfull of Labender Cotton, boile them together, and then put in as much Allen as bigg as a good Apple, and boile it and put it in, and a spoonfull of clay salt, and a quarter of a pint of wyne vinegar, halfe a dosen or 8. spoonfulls of Honney and then boyle them altogether.

Dr Mathias his Receipts.

For stantings.

Take strawberry water. 6. ounces, Yosewater. 2. ounces, pure cleare wyne. 6. ounces, pure good Emulsion water one ounce. Syring of white gilly flower 3. ounces. Syring of violets Rubified one ounce and a halfe, those well mingled, give often, 3. or fouer spoonfulls of it in faintings.

Make a pint and an halfe of cleere poppet drink & boyle in it. Mallows, violet leaues of each a handfull and cut them small. Camomile flower's halfe an handfull, any good's bruised a good spoon full. Boyle these till halfe be consumed, then strain it and mixe with it. 3. spoon fulls of bitteron sugar, one yolk of an egge and as much white salt as will lye upon a 2. and give this for a glistre about houre of the clock in the morning. except thou be in a sweat, then forbeare giving it till after y<sup>e</sup> sweat be past.

Take Jopp, penny viall, Camomile, spawlgrew, of either two handfulls, of worme wood a good handfull, of fennell seed, two ounce. boyle these in three quart of water and stuff wooden dishes in this. Let them boyle with the mouth downe ward. Then take the dishes out, scold the edges & steepe them shortly over the belly hott, and as one recobeth see howe another ready against. Use this as necessity both waye for an houre together. Also take 2. droppe of oyle of any good's, drop it in bumblest apply it on the nabe, and toll it so.

For paine with binding of the Bodye.

Take and boyle 2. spoon full of fennell seed in a pint of poppet drink, and boyle with this of violet leaues and mallows of each a pretty handfull, then strain this and put into this stragwood, doration of Suerney, of violet's, two ounce, and browne sugar vandy, 2. ounce, and the yolk of a new laid egge mixt for this in a glistre bloud warme. This will consume sharpe humors and keepe the bodye sollicit and disfulw/ wynde.

How to Make a Notable Oyle

Take 3. lb. of cold fallow oyle, 2. lb. of the best white wyne 8. handfulls of hypericon Budds, w<sup>ch</sup> must be bruised in a mortar, and with the oyle and wyne put them in a glasse so close stopp that noe ayre get in. setting it in the sunn the space of two dayes, then boyle it in Balneo Maria, stuffing it well in habs that it see not in boiling. After it hath boyled out houre, then strain the oyle through a cleate, putting in new fresh buds of hypericon and this must be done 3. tymes, putting it allwayes in the same as is aforesaid. Then straine all and put to every pound 12. ounce of venis tur, cutme, y<sup>e</sup> blacost and whitest that may be gotten, six ounce of y<sup>e</sup> oyle of Almonds, Bettaun, gentraun, Tormentilla, Calme, Anomaria, Salthua, Carjanto, of any of these 4. dram, of redd earth worme 6. 4. ounce often washed in good white wyne, you must beat all in a mortar, but not the wormes, then put all these into the oyle, putting to every pound three penny worth of saffron; then put in to it two handfulls of hypericon buds, soe being mixt together ye must set it in the sunn for the space of 40. dayes, or in an Oven when the bread is taken forth, after that it must be stragwood into a glasse bottle or viall well closed by and so kept for the older y<sup>e</sup> better. To a greuous wound burne but and quench it in oyle & apply it to the wound, let it lye 24. houre, see you howe it.

For wormes drinke it.

The vertues of the Oyle

It is hott and drye & maketh found and healeth all woundes in short tyme, yea the yndred being on it; It is good for any burning with y<sup>e</sup> use it safely y<sup>e</sup> passion of the stomack, the marvellous paine of the bladder, lower parts of the belly, and thighes. It provoketh urine; it is lovery good for the woundes in children for Gout's and Gout's of the hande which is the palsy of the hande, and for Deafness of hearing.

Take 2 handfull of Sage, one handfull of hyson  
Camamile halfe a handfull of camamile flowers.  
Juscto Maroccan and green Lavender a little of  
both A little handfull of Rose mary topps, a few  
bay Leaves. Shred all these leaves and put them  
into y<sup>e</sup> belly of a very fatt goose, and let the goose  
be thoroughly roasted.

For a Consumption of the lights  
and for a benefit in the stomack.

Take Comfrey Roots one handfull, Bittany one  
handfull, Bistort one handfull, Rosh Rose Leaves  
one handfull, of Colts foots leaves one handfull  
sooth them altogether with a Gallon of water, untill  
it row to a pebble, and then put in one pound of  
suger, and after that haty beyled a little more, --  
strain it, and take 5. or 6. Spoonfulls first and  
last evening and morning. This hath helped  
that hath had the Sea-water in their stomacks  
benefited by force of the Sea.

For a Colds.

Take an olds Cork, boyle it in a great quantity of  
water from the spring, till it fall almost to peeces,  
then fyggs, Raisins of the sunn, powder, Rosh Roots  
Endive Roots, Junony Roots, a pretty handfull, --  
burage Leaves and stalks, Bistort, a good handfull  
of silver, foot Gilliflowers and Theriacall Roots  
a pretty quantity, and halfe a pound of fennell Roots  
sprayes and seeds. Boyle all this with the Cork  
the Cork being first boyled as aforesaid till it  
come to be thick, then take altogether and pound  
it in a Mortar, when it is beaten put thereto of  
spring water a quart or better, Boyle it againe  
a pretty while; strain them through a fine (auras  
cloth). Use of this evening and morning a pretty  
draught warme.

Take the Topps of hyson hound one handfull, of fyggs  
one handfull, of Sage a little of fasscom a good  
quantity, Clarompana and liquorish, put thereto  
twinslett of some apples, figgs and Raisins, then  
boyle them to make a syrreng, either in white wyne  
or else in faire water, this syrreng is very good to  
open the Milke, the Liver and the stomack.

For The Dysurb.

Take of Clarompana Roots cleane washed serapods  
and glyrod thym, double the quantity of hore hound  
leaves or brambles, and long wort leaves whiof some  
take fetterwort: halfe so much hearts tongue, a few of  
Liver wort, of any good and fennell seeds. A pretty  
quantity of Licorish serapods and slipper from y<sup>e</sup> part.  
Boyle all these in a faire earthen vessel in a pottle  
of white wyne or running water untill it be halfe  
consumed or wasted, then use thereto liquid honny or  
suger ready to make it Desirable: Let the liquor first  
runne through a faire cloth, Use thereof first and  
last, blood warme, and fast two or 3. hours after.

For a Cold Stomack.

Take a crust of browne bread toast it against y<sup>e</sup> fire  
till it well in duogre, apply it so hot as you may  
suffer it.

Another for the same.

Take a tosse of browne bread being well toasted,  
wet it in Malmsy, take powder of Mint, of worm  
wood and a little Ginger, throw it thereon, set it  
against the fire, untill it be warme, Use this fasting.

For the Disorders of the Stomack.

Take a quantity of worm wood, of Mint, of Calamint  
Use bread and Ginger, fyre these together, apply  
it to your stomack in a fine linnen Bagge, it help  
the griefs thereof.

For a feeble Stomack.

Take of Aquavine a Spoonfull, of Brown mint two Spoonfulls, of the water of Contray two Spoonfulls let the patient drinke this 2. or 3. morning together and if that be above 40 let her double the aquavine This is a speciall medicine for many Diseases in the stomack and partnes of the hart.

For sores in the Bottom of y<sup>e</sup> Stomack.

Take of fennell stamped and strayned, put thereto troacke, white ymper, Amy seeds, filagordula roots and Camamon. all these finely made into powder, take a Confortion of the so. Use of it many times in the daye.

To Cause Sleep.

Take 4. Spoonfulls of pure Rose water, as many of Vinogor, 2. Spoonfulls of oyle of Roses, of Rose water made into powder mingle altogether. Take Scrums of Leavened bread made of wheat, make a plaster thereof, laye it cold to your forehead and Compleat.

Take a Rose Oyle warme it upon a chafing Dish of Scalds, with a little Vinogor and a little Clove bruised to powder. Sprinkle it as you warme it, bind it thus Draped as before is thought.

Take the ymper of Night shade or longecore, and add thereto woman's Milke, Rose water and Vinogor, warm a Rose Oyle as before, till the liquor be fume into it and apply it as aforesaid, or Drape a linnen Cloath four or 5. times double, and apply it to y<sup>e</sup> forehead.

Take y<sup>e</sup> kernells of pearsemonds, beaten, and a little white poppy seeds and woman's Milke mingled altogether, spread it upon a Cloath and apply it unto the temple. Maynt or wash the temple with the Juice of House hold, woman's Milke and Vinogor, wash therewith and apply it unto your temple.

Take Almonds 30. or more, beaten with 4. Spoonfulls of white poppy seeds, 2. handfulls of white poppy Seabeds, for many little Seabeds, sooth them from a quart to a pint, with that water strain the Almonds, make with it Almond Milke to drinke last.

Take worme wood, 3. or 4. Eggs, beat the whites, and mingle them together, then take a quantity of Maye Butter and beat it till it be soft and temper them together, laye them on a faire Cloath and apply it unto the temple.

To Comfort the Stomack.

Take Mint, worme wood, Camamon flowers, Marjora, Mastick, Nutmegge, Cloves, and more, all grossly beaten put all these into a bagg of linnen, and warme it on a chafing Dish, sprinkle it on both sides with Rose water and Vinogor and Malinsey, apply it to the bare stomack so hot as you can suffer it.

Take a quart of white wyne, fewer ounces of Sugar, and ounce of Licorish bruised, of fennell seed bruised two Spoonfulls of Camamon bruised the weight of 2. greats, and of ginger bruised the same weight, soope all these together and drinke it morning and evening.

A Medicine for the Stomack.

Take worme wood and Spice Mint, and pennyroyall, of either of them one handfull cutt them a little, boyle them in a quart of a pound of butter, and when they are thoroughly boyled strain them and our Nutmegge, cutt them some what small and boyle them in the butter and when they are thoroughly well boyled strain them out and keepe it for your use, and use it morning and evening, throught your stomack morning and evening then warme a Cloath, and laye on the same.



It sovereigne water to remove any Sycoph  
that lyeth at the Hart or stomacke to it  
Plaie or small poxe, Meazles or such  
like. it will expulse it profoutly.

Take Row. lycimony, wormewood, sackendme,  
sage, Balm. Tofemary, Mug wort, Dragons, -  
Pimpernell, feather flow, burnett, Sorrell, by the  
Roots of Charompana, the Roots jracopis and the  
heart's jroudd jnall; with as much mels Tofemary  
as of any other the heart's, you must have them  
all of like weight, having the Tofemary doubled,  
the Charompana Roots bise of them then of the rest  
Then soale them in the best white wyne you can gett  
6. dayes and 6. nightt, and after wring out y<sup>e</sup> wyne  
from the heart's, and fill the heart's by themselves  
for the water of the heart's with a little treacle or  
Metheridate will drive away jeknes from y<sup>e</sup> hart;  
then still the wyne and that water is good for Ague  
with treacle or Metheridate as aforesaid.

M<sup>r</sup> Edwards his Receipt for the Syott  
Drinke.

Take Corfaperilla .3. ounces, Chyna Roots .1.  
ounce thyn flyed; Charompana Roots dryed three  
drams, Lynges a quarter of an ounce, Nutmeggs .2.  
all bein' d. and put into a bould or bagg of linnen  
the handlett before you fill it out of the Dym  
Put to it these Synges, of Smokey grass one part  
of Brocks lym, water rootes and lycimony; of each  
two hand full, of Solts foots Crabowt & Baye of  
each one hand full, let this Synges be put to it before  
it workt, let it stand .7. dayes before you drinke  
of it and then drinke of it for ordinarie drinke.

M<sup>r</sup> Edwards Receipt for Dyset Drinke

Take dryed sopp halfe a hand full of mus of sage,  
of Solts foots, Mayden haire and Crabowt of each  
a little, a pint of Kirckish flyed; a spoone full of  
french barley, a spoone full of amy food bein' d;  
Rasow of the sunn fowd .2. ounces; a quarter of  
lynges flyed; and a little of a fowdell Root thym  
flyed; Boyle these in .3. pints of faire water w<sup>th</sup>  
a gontle fire and jrame it, put to it a little sugar  
trandy, and give it twice a day bloud paining.

M<sup>r</sup> Edwards Receipt for  
M<sup>r</sup> jane.

Boyle the Roots of Quis helms, Agavragus & juncory,  
of each the weight of .2. shillings, Madder Root, gredes  
halfe an ounce, A fowdell of Duffett hysop bein' drye;  
and two ounces of Wood swerant; cut large made,  
a little whole Cynamon; Boyle these in three pints of  
faire water, and one pint of olde white wyne butle jro  
wmyne a pinte and an halfe; jrame it & mingle w<sup>th</sup>  
with a little white sugar give this twice a day for  
nyne dayes.

To Make a Lycene Salve.

Take halfe a pound of wax and flye it, w<sup>th</sup> in a quart  
and boate it, Mad's foots cyle halfe a quarter of a pinte  
barrow's gredes of a hogg halfe a quarter of a pound  
Boyle these and then put into it .3. ounces of hysop  
and .3. ounces of Reddigredes, & then straine it and  
keepe it to your use, and it will last two yeares.

## The flower of Oynment.

It is good for cold wounds and now it is most  
 cleansing, well founding & including good flesh, it  
 sufficeth not corruption in a wound, or cold flesh  
 to be mended. It healeth the Head ache, finging  
 in the braines, fings in the head & hollowing  
 in the eares, Emolues that are shemke fracke or  
 fpringe. It will draw out a thorne or broken bone  
 in any wound. The biting of any venomous beast,  
 all manner of botches, the fistula or Cancer, It  
 draweth out all manner of Arkes. The Liver fyston  
 Rowms or the boiling of the Members, it fureth  
 the flux monstrous and healeth the fureddes and  
 Scratia.

It is thus made

Take Rosin and Perosin bark of them half a pound,  
 Virgins waxe a quarter, oyle olive a quarter of a  
 pound, and melt them together, then take Rose-mary  
 Toppes stamped a quarter of a pound, put it into  
 the Rose when they are almost cold, by little at  
 a tyme, stirring it first or else it will burne over.  
 Then let them boyle a pretty while together, then put  
 thereto a pottle of the best wyne you can gett, and  
 boyle them well together, then straine it into a basin  
 and let it stand till it be could, and then you shall  
 finde it divided into two parts; and the wyne in  
 middst, then put out your wyne and boyle y<sup>e</sup> medicine  
 and put in two dramms of Camphir, and a quarter of  
 a pound of Venice Turpentine, and stir them together.  
 Take as much as you list to make you plaisters of  
 and put into the Rose a quarter of a pound of Sallett  
 oyle, which doth make it oynment.

## A white Oynment.

Take one ounce of Litorge, and beat it in a mortar,  
 halfe a pinte of Sallett oyle, a pinte of vinegar & let  
 your Litorge be very small, and put into it a little  
 Sallett oyle, and when it wazeth thyn, then put in the  
 like quantity of vinegar as you did of the oyle, and see  
 by little and little, first oyle, then vinegar then Litorge  
 till such tyme as you have spent both the vinegar  
 the oyle, and your oynment be white, this oynment  
 is for a swelling, or a great heat or Aking.

The oynment of Adders tongue that is  
 to heale sore swelling or helpe any  
 sore.

Take Adders tongue fewer hand full gathered in  
 May, strain it small, and put to it one pound of May  
 butter, and seee boyle them in a close pott a fortnight  
 till they be mouldy, and then melt it on a soft fire  
 strain it, and seee boyle it and mixe it with your oyle  
 of Sallett; This same is good to annoynt any swelling  
 or to be mixed with any other salbe what you shall  
 thinke good.

The salbe of Adders tongue to make  
 plaisters for any Sore.

Take Adders tongue stamped five hand full, halfe a  
 pound of waxe, and halfe a pound of butter, and halfe  
 a quarter of a pound of Rosin, seee let it melt on the  
 fire, and then put in halfe a quarter of a pound of  
 Turpentine and so strain it and it will boyle till  
 that tyme twelve month.

Take halfe a pinte of Gyppe water. and halfe a pinte of Hore homed water. and put them in a skillett together and put in a pound of sugar and clarifie it. Then ye must put in some .6. flyres thynly flyres of Chlatham pona roots and boyle it together and if ye will have it Candy. boyle it very high. and put it into a little pipkin. for that which it is Candyed you may break the pipkin and take it out whole.

To make a mollisett plaster for any bruise. or any other old sore.

Take greene Mollisett tom handfulls. boyle it in a galle of white wyne to the wastynge of the halfe. & straine it. then put thereto of Rosin a pound. wagg as myny. theopos ballows fewer ounces. Turpentine. 3. ounces. Mastick an ounce. boyle all save the Mastick untill the wastynge of the wyne more than halfe. then bruise other fyve handfulls of mollisett. and put to it whyles it is boyling and stir it well till it half a play or two. then take it from the fire. and straine it whyle it is hott through a hott Canvasse bagg and betwene wringing and mopping betwene. 2. Round steves.

Howe gude the Receipte out of m. Jhamis Balles.

A plaster for the Stone.

Take a stoned Horses Dung. & put it into a pinte of white wyne. & some raxsey seeds bruised. stir them altogether and boyle them; when the wyne is spent. and the dung come to the thirtness of plaster stiffe: put into it for myny oyle of Camamile and a little oyle of Ererious as will be good it supple and moyst. spread this warme betwene a linnen cloath. and let it be applyed to the side of the belly. or where the paine is.

A Receipt for the Stone.

Take a ll. of Liverish. halfe a ll. of Amny seeds. & halfe a pound of bay berries. halfe an ounce of maro. halfe an ounce of cloves. half an ounce of pepper. 6. dates stoned. 6. cloves of a lilly root. 6. Urone's. the inner part of six oyster shells - burnt in the fire. 2. handfulls of Raddifennell. 2. handfulls of Raddifago. All these dryed severally in an Oven. beaten to powder & siewed quarely. take the wright of. 2. quarts of Raxsey. & mingle it with the powder of the said things. and give the party quaretyed in Raxsey ale or white wyne to drinke. the quantity of a spoonefull of Raxsey or the powder above. If the party cannot make water. then make Raxsey ale & sooth in it some .20. grains & some Raxsey roots. the Raxsey taken out and with the same Raxsey ale. take the said powder.

To make Raxsey drinke for the Stone.

Make a pinte of Raxsey drinke w<sup>th</sup> Ale. take 4. Quarts of Ale. then put into the drinke a spoonefull of Amny seeds. and of myny Liverish both bruised. then put also into it .5. or .6. of young watres of Mallice. then boyle it to halfe a pint. then straine it. & put into it as myny sugar Candy as a hazell nutt. & halfe so myny grated Nuttmeg. and drinke of it a good draught. 3. nights together lito. when you goe to Bedd.

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A Receipt for the Stone.

Take a handfull of Sassafray, as much of Politory  
of the wale, as much young parley, 5. or 6. Raddish  
Rootes, thredde your beards small, and three y<sup>e</sup> Raddish  
Rootes, put them into a gallon of new milke hott from  
the Cowe, see let them be till morning, then straiten  
in your Rase water still with a gentle fire, this is  
to be done in the end of May or June, or in the  
beginning of July.

How to take this water against the stone.

Take 6. Spoonfulls of the water, & 6. Spoonfulls  
of white Romaine wyne, Let it be lute warme, with  
a little floured Nutmeg, and sugar, fasting 2. hours  
after, & my some kind of exercise, this is to be taken  
3. times together in a month or a fortnight  
as yo<sup>e</sup> shall see cause.

Lady Barmington. For the Stone.

Take a Spoonfull of oyle of sweete Almonds, halfe  
a good Spoonfull of the purest honey, a yelke of the  
newest laid egg that can be got, a Spoonfull of white  
wyne, and a little Nutmeg, frayed, beat together  
and make it lute warme, and drinke it fasting it is  
best, this will give ease with in halfe an hour. It  
is the better if they take this before, as ever they  
begin to finde any inclination of paine, it prevents  
the extremity. Let the party after this medicine  
walke softly, if he can.

Or must in gender taken in Beere or Brandy  
as often as they will.

A Sovereign Receipt for the Stone.

Take the Rootes of white Sassafray, of parley,  
pearston, and the kindeles of Achen bebes, of every  
an handfull of Romaine Rootes, 2. handfulls, beate all  
these well in a morter, then put them into 6. Gallons  
of

of Beere or ale sweet, and let them boyle therein as long  
as beere or Ale is usually boyled, then put all together  
into a vessel together, and when it is thred enough drinke  
therof every morning w<sup>th</sup> your heart halfe an Ale pint  
and see continue at your pleasure, y<sup>e</sup> longer the better.

A Receipt for the Mouth good against  
the Bruiety.

Take a pint of the myre of Jewrys grapes, a pint of  
the best white wyne, a pint of the best Romaine water  
boyle all these together, and strain them very cleane,  
then put in as much Allome as a walnut, and three  
Spoonfulls of the best Honey.

For the Bruiety.

Take a quart of the best white wyne, & as much faire  
Goulden water, put into it 2. or 3. handfulls of Jewrys  
grapes w<sup>th</sup> growes in gardens, and a pint of water  
Droghda, the house being a little benisid in a Morter,  
then putt into it an Ounce or two, of oyle, and all  
lett all this together on the fire, and let it boyle two  
or 3. waikes, then take it off, and let it stand through  
a strainer, and drinke of this at all times, when you  
drinke, at meales and all, putting into every draught  
some myre of Lemons or Oranges.

A Receipt good against the Swelling  
of the leggs or feet.

Take a quart of white wyne, a pint of fallett oyle  
and the inner part of the Marts horns, boyle them all  
by a soft fire till the wyne be waisted, and then there  
will remaine a jelly, which must be frayed, and  
then anoynt the feet or leggs with it being warmed.

For an Incurable or swelling y<sup>e</sup> is inflamed.  
Take dayes doctes and leate, woodbine leate, elder leate and henfehel. beat all these togeth<sup>r</sup> in a Morter and apply them to the place greivous.

An approved Meduine for a Straine.

Take a quart of good mustadyne, a handfull of the toppes of Xop<sup>e</sup> mary, two handfulls of Rodeose seeds, and a penny worth of fresh butter, boyle these together to the halfe of the wyne, then hold your bagg over the steame, and after drype cleathes into it, and see bath it without a straine as may be suffred, & binde the cleathes so dipped about the place.

An approved Meduine for y<sup>e</sup> Shingles.

Take the greene of a well burlett, often used to be droppd in the water, for upon the sides thereof greene will cleave, and lay the same greene upon the shingles cold, which within fve or 6. tymes dressing it, will certayne ly kill the shingles.

To Heale the Mouth or throat that is blasted.

Take a handfull of Chumbine leates, sooth them in a quart of new milke, from a quart to a pint, and drinke it, & it shall helpe the mouth or throat.

m<sup>o</sup> Anker. An approved Meduine to make out shingles.

Take halfe an ounce of Gowmber seed, halfe an ounce of Millen seeds, of that or of pimperen, halfe an ounce of leard seed, all these must be peoles, saving the Millen seed, then put to them 3. quart. of an ounce of white poppy seeds, and halfe an ounce of lotus seed, binde all these together in an Allabafor mortar first drye, and then putt a little Ale

Ale to them, and when they be binised take a quart of ale that is not too strong, sett it on the fire, and when it is skymed putt in your seeds, and let it sooth halfe an houre or there upon till halfe a pint be waisted, then straine it through a peece of boulter, then take the yolles of .2. egges, a Nutmegg, and a little large mace, with as much suger as will season it, and then sett it on the fire and let it sooth a little, see drinke it as warme as you can, and give your selfe to quietnesse and sleepe, and if the parties be very weak, put in a little the best quality of poppy seeds.

The Lady Butler. For a Swifft.

Take the bottom of a two penny leafe of Massins or barley, & toast it carefully, when it is toasted enough take drie Mustadine in a dish, sett it upon coales and put the toast in, and let it drinke see howe as it will then take a handfull of fweete Margerom, wormwood, Mint, Xop<sup>e</sup> mary, and Camomile of each a like quantity, dry them to powder, and strewe them upon the bottom side of the toast; then take a quarter of an ounce of cloves, and halfe an ounce of mace, beat them to powder, then strewe them like wise on the toast with the powder of the herbs, and apply it warme betwixt a cleath to the stomack, & drinke it every day with fresh mustadine.

A Poultice for a sore throat.

Take a pint of new milke, & a good quantity of leaven, & runnle it into the milke, then take a good handfull of Redd sage, thiodd, small, putt them all together and boyle them to the thicknesse of a poultice, when it is above boyled enough, putt in a spoone full of Dill seeds, and when it is boyled thirt enough, apply it as warme as may be suffred to the place greivous.

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To make an Excellent Symp bath to  
ease the stomach, to comfort it, and  
to expell wind.

Take Angelica, Rosemary, Balaus, Honnell, Redd sage,  
Zedoary, penny rick, Costmary, of each a like  
quantity, drye all these 4. or 5. dayes in warme  
drys wind with Ale to make them drye, stirring  
them now & then. At the 6<sup>th</sup> day put it into your  
Lymbeck, & drawe theroout your Aquavite, which  
dew, put all your Aquavite into an earthen pott, if  
you may rober clove. To every Gallon the weight  
put .i. lb. of yew of the same being cut & stoned,  
eight ounces of Liverish being scraped & stoned,  
8. ounces of Clove seeds, 4. ounces of Cinamon,  
1. lb. of sugar, halfe a lb. of Muske dissolved, a little  
Amber bever in a Lawne ragge. Let these steep  
in the Aquavite 10. or 12. dayes, and twice every  
day stir and shake in sundry the ingredients into  
a wooden sieve in the Aquavite, but when you have  
so done be sure still to cover it with a boord and a  
cleane cloth, that the strength goe not out, & at  
12. dayes end, drawe it from the ingredients, and  
put it into bottles stoppung close the mouthes  
therof: And use it at your pleasure. This being  
so & sed will continue good for twenty years.

Probatum

To stay Vomiting.

Take a pint of cleane water, and put two ounces  
of sugar and two handes of Ginger flatt bruised  
into it; boyle it and skym it while any thing will  
rise, then strayne it hard, and put thero to the  
powder of cleane Card of Ginger, and drinke it warme  
and you shall perbreake no more.

2184  
A Medicine to helpe the falling of y<sup>e</sup> Urula.

Take of roodeme leaves, Sullimble leaves and  
sunt feyle leaves, of each halfe a handfull, and seethe  
them in a ynte of water, till halfe be sodden away,  
and cut a small peece of liverish into as it is seething,  
wher when it is done, strayne the leaves hard from  
the water, and in the meane time, blanch a fewe  
Almonds, & then make Almond milke with y<sup>e</sup> same  
water; Let the patient drinke this of as warme  
as they can, & it will helpe them presently; this  
hath bin proved often, and hath helpen.

For the falling of the Urula.

Take bay salt and drye it in a frying pan, then  
beate it againe, and drye it againe, put thero to a  
quantity of the powder of Nutt myggs, the powder  
of Roodeme leaves, put all into a little bagg, and  
quilt it, and keepe it, and lay it to the moulde of the  
head, as hott as you can suffer it, then make another  
bagg, and beate out the Nutt mygg, and lay it to y<sup>e</sup>  
powder of the head nett, continue it till you feele it  
come up; you must not mistake the bagg in any  
case.

For the Same.

Take Gumme seeds, bay salt, pigwee, dung of eare,  
a like quantity, being dryed to powder, then take  
a handfull of floure being finely chredd, & the yolke  
of a hard egge, sic quilt this in a little bagg, &  
apply one to the nape of the neck, and the other to y<sup>e</sup>  
mould of the head & the Crown, also, and let them  
be applyed every day warme.

How an Ulcer in the bladder.

Take sacapavilla styria cut small 2. ounces.  
 Esquival roots cut in thin chips one ounce white  
 fennel roots cut also into thin shavings one ounce. put  
 them into a pylem and put to them twelve pints of  
 water. so let them freeze there in 6. hours or eight  
 if you will. then set them on an easie fire & let them  
 boyle a pretty while, then put in also Marsh mallows  
 roots & Camfrey roots. of each 3. ounces. hiorish  
 a quarter of an ounce. let these boyle a little while  
 longer; then put in also these hearts. Camels, mouse-  
 ears, straw berry leaves with roots and stems, and  
 of Burdock of each one handfull and an halfe of flowers  
 of St Johns Wort and Reddrosle leaves of each a  
 handfull, and of Rosemary flowers halfe a handfull;  
 let all these boyle together with the pylem covered  
 untill there remaine but five or 6. pints. then presse  
 out the liquor very hard untill it is warme, and put  
 it into your Ale while it is working. then also put in  
 2. good spoonsfull of very fine honey. & a small  
 quantity of spirit with a few drops. Add this to  
 6. Gallons of Newe Ale.

A Receipt to make Rosa folia

First take a pottle of the best Aquaromposita, one  
 pound and an halfe of sugar 3. ounces of Ciner  
 benifed a little, 3. ounces of Nutmeggs benifed  
 a little 3. ounces of the best Synamon benifed of the  
 inner bark & rubation, one ounce of Cloves benifed  
 small to give it colour, and one ounce put in whole  
 1. ounce of large mace a quarter of an ounce of  
 large mace a quarter of an ounce of long pepper  
 a quarter of the best Wap datus cut in the midst  
 a penny worth of the best Cassia tyndim a little  
 labrad with 2. grains of muske. being a the eddits  
 the lower, and let it hang down to the bottom of y  
 glass. but you must tie the thedd fast to the mouth  
 of the glass. Take 2. or 3. Beads of Corall. and  
 ab

as much Amber being beaten & a few such yeare;  
 trye your Corall, pearls and Amber in a poble of  
 laurie, and then set it in your glass. but if ye please  
 to have it liquer you must send it to the Apothecaries  
 and he will doe it, but if you put it in whole & it ferrets  
 me 2. or 3. tymes. Take 4. or 5. ppyces of lavender  
 saike, and a handfull of Reddrosle buds. the white  
 being cut of. some doe use to put in the leaves Rosa-  
 folia, but I never use it. because it is good for  
 nothing but to fill the glass, and to give it colour,  
 and the aforesaid Cloves doe worke the same effect  
 & taketh not away the strength of your spirit, as  
 the aforesaid Rosa folia doth. If you be illlye a year  
 of a year before you drawe liquor from your spirit  
 it will be a goodly good, then when you have drawne  
 your liquor from your spirit, you may put in as much  
 Aquaromposita as you did before, and some sugar  
 halfe a penny worth as aforesaid, and let it stand as  
 the other did, and so it will serve a while year.

To Make Aqua Composita

First take the Lees of sack & strong Ale to make it,  
 then the leaves of Bahus, the leaves of Angolira, of  
 both a little quantity, of liquorish being benifed, of  
 garbeil of Cloves of both and of seeds, prepared in  
 vinegar of amysseds. this be all that I use for my  
 Aquaromposita.

To Make Aqua Composita

Take a handfull of Rose mary, as much sage, fennel  
 tym, Reddrosle, worme wood lavender saike, Redd-  
 rosl, Mint, Centaury, Heart tongue, the like quantity  
 of Conflins halfe a handfull, of pennyroll a good  
 quantity, of Chamaena roots halfe a pound, of  
 hiorish as much, and the like of Amyssed, y hiorish  
 and amyssed must be beaten to powder, being all  
 the said hearts into 3. Gallons of strong Ale, in  
 a cleane

a rban to sell. freeing the same herbs with the oys  
juce dreint in that the one whole night: then put  
altogether in a pott. stoping the pott very close  
with dough and chist your water on the top of  
your limbeck very often that the water may be  
filled cold: other wise your Aquaromposita will  
be as white as milke and so not good.

A Receipt for the to purge with all.

Take licorish an ounce. Mars a dram of a halfe.  
Cinnamon and Nutmeggs of each 2. drams. Cassia  
pills. 4. ounces. fennell of Alexandria 4. ounces  
of fennell fennell seeds an ounce. Dork roots an  
ounce. Madder. 2. ounces. hermadactalis 3. ounce  
these to be flyed. frabious and Egronomy of each  
a handfull: pollypodium 3. ounces. biolletts a hand  
full: take all these together and bruis them. and  
siew them in a linnen bagg and hang it in three  
Gallons of New Ale. and let it stand 3. daies be  
fore you breath it. Then drinke as often as  
you will.

To Make purging Ale.

Take straw berry leaves 3. Smel foile. frabious. and  
Egronomy. fumitory and furorey. of each a handfull  
of pollypodium roots 4. ounces. of Khatampany roots  
one ounce of an halfe. of dork roots an ounce. of  
fennell fennell seeds 2. ounces. of licorish cloven  
halfe an ounce. of Sarcoparilla root 3. ounces  
of Ironi stufed & dried 6. ounces. shoddy herbs  
bruis the roots and put them all together in 3.  
Gallons of New tinned Ale. and let them stand 3.  
daies also be rebrewed. & let him drinke out or twice  
a day of this drinke more or lesse as you shall find  
it worthy.

A Receipt for the to purge with all.

Take amysseds. bay berries. Juniper berries. 1.  
pollypodium querra. of each an ounce & bruis them  
grose. then take fennell 3. ounces. Rubarb a dram.  
and 2. Dork roots flyed. put all these in a bagg  
& hang them in 3. Gallons of Ale in a steame. so  
let it stand 3. daies. and then drinke it.

A purging drinke for the jaundie.

Take of fennell 7. ounces. Sarcoparilla 5. ounces.  
hermadactalis 4. ounces. pollypodium 2. ounces.  
Egithimus 3. ounces. Red Rubia tinctura 1. ounce  
Bay berries halfe an ounce. Cinnamon two drams  
licorish 1. ounce. Nutmeggs 1. ounce. fennell  
seeds halfe an ounce. Mars 2. drams. Camagistis  
halfe an ounce.

For the Emmeor.

Take of fennell three ounces of an halfe. Sarcoparilla  
2. ounces and an halfe. hermadactalis  
2. ounces. pollypodium 1. ounce. Egithimus 1. ounce  
and an halfe. Red Rubia tinctura 2. drams. bay  
berries 1. dram. Cinnamon 1. dram. licorish and  
Nutmeggs of each halfe an ounce. fennell seeds  
2. drams. Mars one dram. Camagistis 2. drams.

This must be put into a gallon and an halfe of  
Ale bruis these very small. and put it into a bagg  
of Unshion Canvas laid hang it in a string in 3.  
Gallons of Ale. and let a strong bodie swing y bagg  
into the Ale. and put a strow in it. so that it may  
sweat within 4. fingers of the bottome.

For y stuffing of the Stomack on chole breath.

Take 2. ounces of white sugar candy. 1. ounce of flower of  
Brims stone. & halfe an ounce of saffron make all these into fine  
powder & take every day 2. or 3. times a day as much as will  
lye on a great or 6. or 8. upon a taste of white bread dipped  
in Muscadine or sack and so take the rest of powder together.



A powder to keepe the Body Soluble

Take of good and perfect orientall dency from all stalks one ounce. 6. Drams; of Amys blood and Garraway seeds of each two Drams. of good flyes longer. of dram. beat these into fine powder and pass them through a fine siewe; then mingle with this seven Drams of good and well prepared scum tarture. mix these well and take of this 2. Drams and roast it in a paper and date it warm. this will gently keepe the body soluble and suppress the chollicke and other obstrucions. to which y bodye and keepe it from being bound you may add more or lesse of the powder as you see fitt it agrees with yo bodye.

To Make Lozenges of Dufilago

Take the whole herbe of Coltsfoot called Dufilago cleane washed & wiped. 1. pound beaten in a stone mortar to fine poye or pulp. so that no stringe nor any of the herbe may be seene; then put thereto the powder of Gumtragant. Aquarosa and Woods. of each 4. ounces well beaten and finely powdered. and of fine sugar powdered. 2. lb. Make this with continual labour into a paste. then spread it thin and cut lozenges thereof. drye them well & you may keepe them all y year. Note of these the stuer the better. The third kind is rounder rather then the leafe for this use.

in Knightly. To make Sittony Beere.

Take 5. Gallons of strong beere. 5. handfulls of Sittony. halfe a handfull of the spriggs of Sage. 3. spriggs of Roman or English berrinwood and halfe a handfull of Hoppes. boyle these togeth to 4. Gallons. and put it by for your use.

A Water to drinke att pleasure

Take of Dragons blood one dram. 10. of the weight of 7. of the powder of Redd (except one dram: of Amber seeds the weight of 2. barly Cornds. of Baye Stone of weight of 3. barly Cornds; Make all these into powder. and in a little burnt Blawett veyne. take as much of this powder as will lay upon a penny. att morning and at night first and last: 3. or 4. times with sweete. Make also some breath. with plantain Rootes. chrysopeum. Elettarye. Buncost & Baye beates. drinke this att pleasure.

To Make the Black plaist

Take of Redd lead finely powdered. 3. pound. of Common clay. or clay of Ables. 6. pound. of yong 3. pound. boyle all these to the thicknesse of a plaist but keepe them with continual stirring. (Forlethe they will be in danger to burne too.) a well from the fire as on the fire tile it be almost cold then make it by in water & lay them in water till they be stiff then wrapp them up and keepe them for your use.

A Remedy for the Nyls

Take the paring of a Horses hoofe such as Smiths use pare off. as well the sole as the outside when hee fells on the shoe; & 4. ounces of fine Olibanum. See it be not yerrofin) and a quantity of Storax beaten & put it on a chafing dish of Charbols altogether. and sett it in a close stool; and lett the patient sitt thereon halfe an houre at a tyme. that the smoke and fume may ascend. & to the fundament. and in 3. or fouer sittinges the Nyls will be dead. put not too much fire in the chafing dish that the patient may suffer both the heate and the smoke. Approved often.

An ointment for the Pyles.

Take a good handfull of Houfhold, wash it w<sup>th</sup> it  
drye, & chop it very fine, & so sett it on the fire w<sup>th</sup>  
a pretty Dish of butter, & scald it w<sup>th</sup> enough about  
the bignesse of a Nutt; let it boyle till it come to be  
like salve, then let it coole, and worke it in yo hands  
into powder, and when you will use it spread it on a  
cloth and lay it to the place.

An approved Medycine for the Scurvy.

Take .i. Gallon of Clarified whey, a great hand  
full of water troos; .i. ounce of Cardus, one  
handfull of the Rinde of an Ache; scrape off the  
outward rill before you cut it from the shal; two  
poonfulls of Amigdals, 2. or 3. brown stints  
brayed & beinsoed, a Hare of Lingre sliced, & so  
boyle all these to a pottle. Take every morning  
at 4. of the Clock in the afternoon also, 7. Spoonfulls  
of the whey, and 4. Spoonfulls of the Juice of fevry  
grasse. This being spent make as much more &  
take it at the former. This Medycine helped a  
woman (who had her teeth loose, her Limbs all  
swoll'd and sore, and her leggs and thighs full  
of spots) in 14. dayes.

For the yellowe Jaundies.

Take .4. good handfulls of Strawberry leaves  
Roses & all, and boyle them in some three pintes  
of Running water, till it be about halfe consumed  
and be almost of as high a Colour as Claret wine  
then take it and straine it, and then sweeten it  
with sugar, and so let the party quitted drinke  
a pretty quantity, w<sup>th</sup> as blood morning  
and evening. Probatum.

For a Child that hath the falling  
sickness, or fits like unto it.

Take of Dill seede, feather saw, Radd sage, &  
Radd fennell of every one a handfull, of Latin  
halfe a handfull, binse them in a mortar & fyre  
them in a frying pan with a quart of a pint  
of Castile oyle, and when it is thoroughly fyrd  
let the stomack be annoynted with the oyle that  
is in it, morning & evening, and lay the hearts  
to the stomack at the first time, and w<sup>th</sup> as they  
can suffer it.

An Excellent Salve to Heale any  
wound or sore, taught by a Jew.

Take of beede plantine, long plantine, primrose  
leaves, Garden dazies, Rotes and Leaves, Hemlocke  
why stand you here, tanywort, balm, Juniper, -  
Comfrey, fetwell, Columbine, smallage, murraine  
Gules leaves, burrage, wild mallowes, Charitye,  
Radd sage, and buolt grasse, of each a handfull take  
to these hearts 3. pintes of fresh butter brought  
and a quarter of a pound of deere suett, put your  
butter and suett into a pott of brasse, & as many of  
the herbes as will goe in. Boyle all these gently  
together one houre, continually stirring for feare  
of burning; then straine it into lilly pott, & keepe  
it for your use, which is this, ffuse bath the soles  
with the party's owne water made warme, then  
spread some of this salve upon them, and lay it to  
the wound, and annoynt it round about the wound w<sup>th</sup>  
the same, and let the Linnen come neere it, but  
cover it all about with a peece of Saffronet, and  
as the wound is dank, frowne in burnt allow  
into it. This is a most approved good Medycine  
by my selfe. M. 3.

An Excellent Salve for a Burning

Take 200. penny, 200. penny, and may bulber of any  
a like quantity, put them together & melt them  
on the fire: then measure it in a pottle & take  
with the quantity of sallet oyle, then mingle them  
together, and make a silver basin over the fire,  
and put them into it, with a pottle or and an halfe  
of sweet water, or more as the quantity is ye made  
and beat it together at the last 2. or 3. times till  
it looks white. This is singular good for scaldings  
or burnings, either by fire or limbeck, or by  
any other fire, or if any sore be inflamed, or any  
hoate, hot, sover, blasting, or wound. It is to be  
used cold, spread upon a fine cloth and shifted  
twice a day. This is an approved medicine by my  
selfe. M. B.

D<sup>r</sup> Sodas. A Purge.

Take a dram & an halfe of Gallops, one ounce of an  
halfe of Elixir of Damask Roses, & halfe a dram of  
Sarter, mingle them in a draught of white wine,  
and take it fasting as ye usually take a purgation  
It purgeth generally throughout, and doth empty  
the head very much.

A purge for moist humors or if one be  
subject to have the dropsy.

Take of Cambogia 20. or 30. granes, being taken  
in posset drink is good to purge the humors.  
It is also good to be taken in a quartain of wine,

for a scald, better, or any breaking out.

Take a quart of Creams of Violet leaves, Almonds,  
& Maydele leaves of each 2. handfulls, beat it in  
the Creams till it come to an oyle, and see how the  
oyle for the diseases above said.

S<sup>r</sup> Mathias. For an Ulcer in the Throat

Take 2. or 3. pound of a sort of Lead, and melt it in  
an Iron Saddle, when it is melted, pounce it into a  
wooden bowl of faire water, the quantity of a quart,  
and so melt it and rock it these times: then take a  
pinte of the water, and 3. Spoonfulls of Rosh, rosh,  
2. Spoonfulls of the fixings of Drye Roses, and mingle  
them together, so wash or gargle the Oile in it warme.

M<sup>s</sup> Mathias. For the Heate in the face.

Take 8. ounces of Exire made of swize grapes  
expressed well clarified, of the Juice of Lemons also  
well clarified, of very good white wine vinegar, of a  
fair water distilled of Allon, and bitersall, of a water  
of the fixings of grapes, of each 4. ounces, of the oyle  
of Muske made with the whites of eggs 6. ounces,  
Oyle of Champhire prepared after the same manner  
with the Juice of wine 4. ounces, of the purest flower  
of Beemstee 2. ounces, and an halfe, of the Juice of  
Dragonis and of the wild Cucumber, of each 2. drams,  
of the starch of Bryony, and flower of Sater, of each  
3. drams, of the Juice of Beane washed with Rose water and  
made into little Cakes 2. ounces and an halfe, of Sticks  
burned, untill it be very white half an ounce,  
Mingle all these things together and let them steep 8.  
dayes upon warme ashes in a roundnut vessel, and  
shake it often, after straine it through a funnel of a  
paper, and use it at night.

M<sup>s</sup> Brown. An excellent Receipt for a Sore Throat.

Take Vetrose leaves, Strawberry leaves, five base,  
beamble buds, Vofe may, of each 2. handfulls, figgs 4.  
boyle them in 2. pintes of an halfe of barley water till  
halfe be spent, straine it, & to a pint of the above st,  
add fixings of Drye roses, fixings of mulberries, of each  
one ounce, a halfe, fixings of Nettle 1. ounce, Honey of  
Roses halfe an ounce, oyle of vitriall 6. drops: Let  
them be mingled together & use it for a gargle.

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Lady Exeter.

A comfortable quencing Breath  
for the Spleene

Take a bundle of veales all the flesh & fat cut  
away: then brate all the bones, and wash them very  
clean: put it into a pottin to a gallon of water, let  
it on a soft fire, steeve it for long as any thing will  
Then put to it a quart of a pound of Raisins of the  
sunne stoned, and halfe as many Currants, two  
pennell Rootes, 3. parselly Rootes, one fennel Roote,  
halfe a handfull of burrage and bugle, as many  
furooy and rudibe, a libe quantity of violet beeds  
and strawberrie beeds, halfe a handfull of liver-  
woort, as many Erabrows. Let all these beate together  
till halfe the breath be consumed, then take it from  
the fire: put into it halfe an ounce of the best green  
a quarter of an ounce of Cynthimus, halfe an ounce  
of Camomill. Then lett it upon hott Embers lett  
it simer three, 3. howers, then take it & straine it  
into a basen, and see howe it for your use. This will  
serve 4. dayes being taken like beere at two of y<sup>e</sup>  
that in the morning, and at 3. in the afternoon.

Lady Buntlee

An excellent good water for y<sup>e</sup> eyes.

Take a quart of cherrie seed, an ounce of Cutty  
prepar'd, 1. ounce of Bloss. paratima, 1. ounce of  
white suger candy, 1. ounce of an ounce of Camphire.  
Boate these 3. ingredients into powder with 3. or 4.  
Almonds, & mingle all these powder together with  
the seed & cutty. And when you have spent halfe  
of it, then put in 2. mts of seed and ste it together  
so lett it stand, for you may see when againe it is halfe  
spent put in a pint of beere, thus you may seege it 7.  
houres, This water must be kept pre parat. Boate  
it to fine powder, and lay it 3. howers in hott milke  
and so it must be done 3. tymes, then it must be steved  
3. howers at a time, 3. tymes together in white wine  
water, then put it into the sack with all the rest of  
the things. Probaturus est.

Lady Buntlee.

A present Remedy for the Yarning  
of the eyes.

Take Lays Cutty made into powder, see many as  
will by on a 3<sup>d</sup> then take 4. or 5. fyons full of redd  
Rose water, put them into a little dyell glasse together  
then stir them well to mixe them. To droppe y<sup>e</sup> eyes,  
you must take a feather or a little piece of fine linnen  
to wash, & dipp it into the water above said, and see  
dropp it into your eyes, not above 4. droppes into an  
eye at the most, and doe it all night when you goe  
to bedd: At 3. dayes being at most it will helpe you, if  
it please hea<sup>v</sup> have a care you make not the water  
too thicke with powder.

Lady Buntlee

A Redd water for a Smeete.

Take a gallon of Aquavite, & a pinte of Damask  
Rose water, one pound of white suger Candy beate  
and so lett it steape a day or a night: Then take  
halfe a pinte of Roppes water distilled, & put into  
the Aquavite, then take a pound and halfe of  
Raisins of the sunne stoned, & put them into the  
Aquavite, then take halfe a pound of Dates and  
steave them, & put them flyed also into y<sup>e</sup> Aquavite  
Then take one ounce of Mars, one ounce of Coros,  
one ounce of Cinamon, the Coros must be beate  
out: then take a quarter of an ounce of Levinc  
strayed and flyed, and put it into the Aquavite:  
Wash these things have been steeped 4. dayes,  
then gett a good handfull of yongge beards, with  
12. penny worth of Amber, & 6. penny worth  
of muske, then lett these freeze 9. dayes together  
and every day stir it over. And see howe it for  
your self.

A Medicine for the Stone.

Take of the breath of Redd pease well boyled 2. pound  
put into this breath one pound of Honey & of Politory  
of the rock halfe a pound. Boyle all these together  
till the thicke part of the liquor be consumed, then  
straine that is remaining, and drinke thereof 4 or 5  
pounds full, in the morning, & as much at night, the  
seven last dayes of the old Moon, and the 4. first  
dayes of the newe Moon.

Balsamum Christi.

Take oyle of Olive. 1. pint. Cammage wine. 2. pintes.  
boyle them together in an earthen pott till the wine  
be consumed, and that you may knowe by rasing a  
little of it into the fire, and if it make no more  
noise then oyle usually doth it is enough, this Balsam  
healeth all kind of wounds laying lint dipped  
in it upon them.

Dr Gooden. A Rare Balsam that healeth any Green  
wound in the space of 24. Hours.

Take of the oldest sallot oyle you can gett 3. ounce  
Venice turpentine 5. ounce, wheat. 1. ounce & halfe  
the toppes of St Johns wort. 2. ounce, the Rootes of  
Cardus beneditus & Valerian. of each one ounce  
of frankincense powdered halfe an ounce. The  
Manner to make it is thus. Take the herbes and  
the Rootes & bruse them in a stone mortar, and  
put them in an earthen pott, and pour over  
them six ounce white wine as white as ever it is  
let them stand in steepe for 2. dayes, then put  
to it the oyle and the wheat, & let them steape  
till the wine be consumed, then drawe straine  
it as hard as you can, & put to it y<sup>e</sup> turpentine  
and the frankincense, & let them boyle againe  
about halfe an hower. Then take it from the fire  
till it be cold and keepe it in a glass. The way.

The way to use this Balsam is thus.

Wash faire the wound with white wine cold, then  
presently after annoynt the wound with this Balsam  
warms, but if the wound be deepe squirt it into it  
with a Siringe, and close the lipps of the wound  
with a Ragg dipped in the same oyle, and over it  
lay an other Ragg dipped in Redd wine, & over it lay  
a drye Ragg, so with a Towle bind it up, and in 24  
Hours it will be whole.

Dr Tho. Haushawe. A preparative against Melancholly.

Take of the Rootes of parslie, fennell, Fenfow,  
asperagut of each 4. ounce, of the seed of Amis  
fennell and Caraway, of each a dram & an halfe,  
of the bark of Cambrillo, and Bayes of each 2.  
ounce, of the bark of My wood, bairage, buglose  
of each one handfull, of Vetch each distant of our an  
handfull, Boyle all these in three pintes of Conduitt  
water, till it come to a pint and an halfe. Then  
straine it out and put to it of the fennell of Hart  
tongue and of Euloxie with Rubarbe of each 4. ounce  
then let it be clarified and aromatized with the  
essence of Lotiferaud Galen. & of Diamofrom  
Jule of each 2. forsytes. Take of this in the  
morning fasting. 6. ounce, and as much eve  
hower before supper. Continue soe for 2. dayes.

How a Bloody flux or any doo slowe.

Take Annise & annise dolomewes seale, mouffane,  
Plantain, of each halfe a pound, Chop them and beate  
them in a mortar, and boyle them in a pottle of oyle of  
Olive, then straine it forth into an earthen vessel and  
soe keepe it, with this exament you must annoynt the  
Ryues and bare from the middle to the parting of the  
hipps with a warme hand by the fire. In a Receipt given  
by Dr Hauke there is added Adwert, <sup>though</sup> that if this  
doo slowe be very violent to swallowe a pill of it as bigg  
as a Caubine bullet.

## E. Cho. fauchauer. A purge

Take of Ene. 3. drams. of *Cerithium* & *Collego-  
dium* of the oak. of each 2. Drams. of the seeds of  
Anise. fennell. Corraway. of each a dram and an  
halfe. of the seeds of Carduus. 2. scrupels. boyle  
it in a sufficient quantity of Conduit water. till  
it comes to 3. ounces. then add to it a dram and  
an halfe of Tubercle infused in Euterops water.  
of the Juices of *Augustanus* and of *Hauttongue*  
of each 1. ounce. for make a potion. Take it three  
times. every third day. At night take two  
scrupels of *Dialordium*. halfe a dram of  
*Ullimus* *Dipetrodi*. in Beverage water.

M<sup>rs</sup> Fuller

## An Excellent Balm.

Devise into a broad mouth'd Glas one pound & a  
quarter of the best Venice turpentine. a quart  
of the best oyle olive. and put thereto an handfull  
of Rosemary flowers. one handfull of Cowslips  
flowers. one handfull of *Eallordium* flowers. two  
handfulls of the flowers of *Selle* harts. one hand  
full of *Camomile* flowers. and 5. handfulls of  
the flowers of *St. Johns* wort. you must take these  
flowers as they come in their time. and lett them  
stand in the Sunne all the Summer. Then sett your  
balsam to boyle in hays. and so straine it. the next  
summer shred the like flowers in it againe. and  
the next summer the like. and so doe it for three  
summer together. then straine it and keepe it in  
a straight mouth'd Glas. the longer you keepe it  
the better it will be.

M<sup>rs</sup> Dudley.

## A Dyett Drinke

Take of *Carlagorilla* flyed & cutt and bruised fyve  
ounces. of the Rindes of *Quercum* bruised one ounce  
an halfe. *Sassafras* cutt into thym flyed one ounce.  
halfe an ounce of *Chyua* cutt thym. yellowe *Sanders*  
cutt into little peeces one ounce. put all these into an  
earthen pipkin with 15. pintes of faire water. lett  
them stand close covered upon warme Embers. 12.  
howers. Then sett it on the fire and lett it boyle till  
fifve pintes be consumed. then take it from the fire.  
and put into it one ounce of *brock* *seraged* & flyed.  
lett it stand till it be cold. Then pour out the  
Liquor into some earthen pott. wherunto add to the  
same Druggs. 15. pintes more of faire water & boyle  
it without any infusing. till halfe be consumed. then  
take it from the fire. and when it is cold. put it in  
to the other which was first boyled. And drinke hereof  
for your ordinary drinke and use other for the space  
of 28. dayes.

M<sup>rs</sup> Dudley.

## A Purging Drinke

Take a quart of your Dyett Drinke. and put into it  
two ounces of *Heemodattalis*. and fower ounces  
of *pelopodium* of the Oake bruised. with 2. ounces  
of *Erdu*. and one ounce of *serice* *fennell* seeds.  
halfe an ounce of *Agaric* flyed. and tyed in  
a cloath. lett these stand 2. howers upon y Embers  
then boyle it. 2. or 3. whatnes. Take it from the  
fire. and when it is cold. straine it. and take ffor  
or 6. ounces of it every other morning. you may  
continue to take this for 14. dayes after this  
manner.

A Medicine to Cause one to take Rest.

Take the leaves of water Lillyes, Camomile, and the toppes of dill, Lettice, and willowes toppes when you may have them. 7. or 8. of the heads of white poppyes with the seeds in. The poppyes must be beaten small in a mortar, and put them to y<sup>e</sup> herbs and boyle them in faire water. And let y<sup>e</sup> patient bathe their hands and feete in this Decortion for halfe an houre before they goe to bedd and lett it drye in of it selfe.

M<sup>r</sup> Browns. An other for the same Cause.

Take halfe a dram of Opium dissolved in wine mingle with it halfe an ounce of the cyntment that is called Vinquiditum Alabastrinum & anoynt yo<sup>e</sup> Compt<sup>e</sup> with it. or if you please, spread some of this cyntment on a peece of brown paper, as bigg as your temples or forehead, and soe lay it on, when you goe to bedd. This is good in a feaver, for it taketh away the paine of the head.

M<sup>r</sup> Browns. To keepe mee long y<sup>e</sup> life.

Take .i. ounce of Linc<sup>e</sup>, & a good handfull of y<sup>e</sup> beades of Damask rose buds, half an ounce of sweet fennell boyle these in a quart of faire water in a cleane pott in close covered till halfe a pint be consumed take it from the fire, and lett it stand till it be colde, then strain it, & in the liquor steepe halfe a pound of the best Damask pomegranate.

Take of these halfe an houre before dinner in summer .6. with 3. or 4. spoones full of y<sup>e</sup> Syrrup. And if it doe not worke with you before supper, take the like quantity againe before supper, but at noe other times, but a little before meat, for otherwise they will not worke at all.

Jabell Gifford. Pills for one that is troubled with flitts of the Mother.

Take of white or yellow Amber, Mastick of each a quarter of an ounce, of Albes five drams of Eleagant one dram and an halfe, & of Christologia longu halfe a dram; These being all finely beaten and tempered with the sicke of worme wood. Make thereof a masse of pills and make of a dram 7. pills. you may take 2. or 3. before supper, or when you goe to bedd, but the best is before supper.

Lady Beards. To Make Cherry water.

Take 2. quarts of Clarre wine, and put into it  
4. pounds of Cherries, stones and all, one handfull  
of Marjoram, one handfull of Rosemarye, one handfull of Balm, 2. ounces of  
of each one Dyanamon, and halfe an ounce of Nutmeggs q<sup>u</sup>erred.  
henall. Steepe all these in an eusthon pott all night, & y<sup>e</sup> next  
morning put them into your still and boyle a pottle  
if you please you may after it, & y<sup>e</sup> quart find under it. Put into every quart of water so  
stirred with distilled 4. ounces of white sugar Candy, & two a  
sup<sup>r</sup> course put in a handfull little muske in the mouth of the glass, then strain  
it, as you doe your other waters.

An cyntment Balsod. Altes Vinquiditum

Take halfe a pound of Toz<sup>e</sup>, w<sup>th</sup> as much yarrowe & put to it, Virgin<sup>e</sup> waze, frankincense, Mastick followe of each of them a quarter of a pound, with one ounce of Mastick and 2. drams of Camphire, Melt y<sup>e</sup> waxes to be Moulton, & make powder of that is to be made powder of, and boyle these well together in the fire, then strain it through a cleane cloth into a pottle of white wine, then boyle them altogether, then lett it cool a little, & put thereto a quarter of two pintes, stirring all together till it be colde, and soe keepe it for the best Cyntment that can be made.

The Vertues

The Vertues of the former Ointment

It is good for old wounds & ulcers. amongst all  
Ointments, it is most cleansing, it engendreth  
flesh and healeth more in .7. nights then all oyle  
doe in a month. It suffreth not corruption to  
be in a wound, or stink flesh to be engendred  
therein. It is good for the head ache & ringing in  
the braine and for Impoliments in the head and  
in the bodye or blowing in the eares, or for  
scurres, humors, sturt or itching. It will also  
drawe out any thorne or broken bone, or what  
soever it is in a wound. It is good for pricking or  
biting of venomous Beasts. It also restoroth and  
healeth all manner of botches in a short tyme.  
It is good for a fester oranker, or the disease  
called Nothis tingers. It draweth out all matter  
of Arthor of the elbowe, the Excorie of y<sup>e</sup> Thighs  
It is good for swellinge members and to heale  
Impoliments. It healeth the flux monstrous &  
is good for y<sup>e</sup> Emeralds and healeth them sauer.

For a Sweete Bagg.

Take one pound of dried Damaske roses, of dried  
root made oxone out handfull, a little Basil,  
6. grams of muske, 3. grams of Civett, one  
ounce of Damaske powder. you must graine your  
muske, and put your Civett into three little paper  
and cast them loose amongst your herbs & flowers  
Cut in small peeces 1. ounce of Citronis pills  
dried, mingle all these in a bason together, and  
put them in a Bagg.

To distill Poppye water, otherwise called  
hore begins y<sup>e</sup> Couris Poppye, in May or June when the  
receives out y<sup>e</sup> poppye and blowes.

Take 10. Gallons of wyne or strong Ale or wyne lees,  
take for 5. pounds of poppie. Infuse them some 4. or 5.  
dayes close covered, stirring them every day twice. Then  
put them into your Ambort and distill them with a gentle  
fire. Then take some of your poppies, and pull out the  
black spock, and haw a glass, and put in those poppies  
and put to them your distilled poppie water. And when  
you see your poppies begin to grow whitish, then take  
them out, and add more to them, till your water be as  
high Colours as you please like white wine, you must  
then when you put it into your glasses, put to it a good  
quantity of sugar sandy beaten very small. some put  
the sacre Candy to it, as it comes from the Ambort,  
but I thinke the other to be much better to put it in, when  
it hath taken the Virtues of the poppie. Then strain  
out your poppie, and put it into your glasses stop close.  
Some in the infusing of the lees, put in Amys seeds beaten  
finer with 2. quains, but there is no your discretion &  
quantity of yeams also, which I like best to add to those.  
Note. In the distilling you may divide it into two Runnings  
the strong and the small, and so keep them apart, or mix  
them together which is best but when all the strength is  
distilled out, then take not more of it.

It is most profitable for fullness, or any illness of y<sup>e</sup> Stomack  
nothing more proper for the Stomack. Eye spone fuls at  
the worst yeere at a time.

Note that though it is a great trouble to strip of all y<sup>e</sup> blade  
of these poppies that you distill, yet it is best, and then must  
be all pulled from stalks, as is best for doses, and pressed  
from their seed.

To preserve and fasten loose Teeth.

The yellow threads in y<sup>e</sup> middle of Voles being powdered  
& mixed with the distilled water of Quince & some Crocus  
of squills doth wonderfully stay and help the dissolution  
of Vhinius upon the teeth and confer with them & fasteneth  
them if they be washed and gargled therewith.



Her out of a  
head of a  
Lentil

A Comfortable Remedy for the Stomach or any  
other what so ever. It is to be made either in  
May or June when the hearts of have their full  
strength.

Take the 4. leaves of a Stain of 3. or 4. years old, & cut  
off the stems & wash them in water, but leave the mire and  
the flesh and the sinews near the bow. Then take the  
leaves and bundle them & put them in a pott & boyle them in  
Malmsey or sack of 4. years old, of the strongest wine  
you can get & when they boyle & are well skimmed, then  
take all manner of soft herbs you can get as Sage marie  
Rue, Lavender, fennel, Camomile, sweet fage & c.  
Red fage, Soften wood, Baye, Penny Royal, Sweet Marjor-  
now, Dym, with the other 2. sort of Marjorow. 3. sorts  
Hearts of ease, Epave mint, fennel mint, Lavender, fennel  
and fennel or thier as much Balsam, as of any other heall  
The hearts must be in quantity about a handfull of each  
of them, the hearts and all must boyle together 24. hours  
with a soft fire: being thus boyled, you must strain them  
through a towse of mace or some all into a great pipkin, &  
then put into it an ounce of saffron prepared. This saffron  
must boyle but halfe an hour. Let it halfe an ounce  
of blood, and halfe an ounce of saffron prepared, the saffron  
must boyle but halfe an hour, & to keep the colour of it  
which is for your own use, you put 3. or 4. times of Amber  
when your eyes is cold, it is to be beaten in strong water  
3. times over, then put it by for your use in gally potts.

Agua Mirra.

Take hearts milke newly drawn, or in stead of it, whey of  
Doves milke newly made 2. pintes, Lemons blood brook with  
the juice of it, a pint & an halfe, Juniper of house leek and  
pimper, Strouberies & lemons, of each a pint, 12. white  
blisses, 2. young white doves deawed & washed in white wine  
Distill all these in B. M. Take of this water 2. pintes, Orange  
juice of the both 1. pinte, Rose water & water, Lilly water of  
each halfe a pinte, Mirra 6. ounces, Dip the Mirra  
with the wine, keeping them together 24. hours. Then  
after all be mingled together, distill it in B. M. for your use.

To wash Hands.

Soak one quart, the whites of two eggs, the juice  
of two lemons, 2. ounces of sugar Candy, mingle  
them & keep it in a pottle glass to wash.

An Excellent Lomatum for the Face.

Take oyle newly drawn out of Mollon seeds & pompon seeds  
with out any fire, Epoma (ete very white & show) Oyle of  
sweet Almonds, newly drawn with out fire, of each 6. ounces,  
white wax as big as a beans, make water very hott in a pip-  
kin, and in the hott water put a glass, & melt in it 2. oz. of  
they add unto it the Epoma (ete): take the glass out of the  
water and yow in the oyle, beat along this with a wooden  
spatula, till it be cold: then wash it in many waters of Rose,  
the your Lomatum be very white. Keep it in a little glass  
in little glass or pott, and change it every now & then the  
water. It can be made with oyle of white Lolly seeds, drawn  
like wise with out fire, or with oyle of Beans.

Very good Lomatum.

Take the Tallowe of a Lamb about the kidneys, or of a kid  
or pigs grease as much as you will. Dippin, or other well  
fennel, Apples, round only not pared, cut in peeces, the  
weight of the grease, put all in a new pipkin with glass, &  
with cold water, water lilly, & bodony flowers water.  
Boyle them soft till the water be all consumed and your  
grease well melted: then strain it through a cleane and  
fine Linnen Cloath into a white earthen dish or pure linn  
and add unto it as much either of oyle or Mollon seeds, or of  
pompon seeds, or of sweet Almonds newly drawn, with out  
fire, as will reduce your Lomatum to a good consistence.  
wash it often with cold water, till it be opter and white, and  
keep it under water.

Some put in boyling a little Benjamin & Storax for the  
Odour, some few grains of musk.

A Paste to Wash Hands.

Take one quarter of a pound of or some what more of  
bitter Almonds, take care that there be not any pees  
of the hard shells amongst them, with out blanching  
boil them well to powder in a mortar, then put to them  
halfe a quarter of a pound of the skins of the Lemny flowers  
and beat them extreamly well together, wash in cold  
water.

A very fine Paste, the Receipt whereof I  
Wright gave to the Lady Dougligh.

Take a quarter of a pound of bleached Almonds, 4. ounces  
of fresh yew leaves, as much fresh Zethachos Candied,  
Cange Wood 3. ounces, Baudied women pills 3. ounces.  
Dandelie Daringe pills 2. ounces, Baudied Citron pills  
4. ounces, of powder of white Amber, as much as will be  
upon a shilling, powder of pearls, as much as will be upon a  
shilling, 6. by grains of Amber green 0.3. grains of muske  
of the best beafe hold halfe a Dracme, worth of Cloves and  
Mace of each as much as will be upon a 3. Each all these as  
small as possible you can; then take a pound of fine sugar.  
Chalfe a pint of running water, boyle the sugar & water  
together to an height, when it is boyled, that it flyeth  
from the spathle, put in the Amber green & muske, and 2.  
Spoonefulls of Damazie water; and last of all, put in all  
the other things; Salt it into Sabot, and let it stand  
untill it be cold, and then it will slide from the spathle.

For a windy Stomach.

Take a Gallon of white wine, & put into it a handfull of  
Angelica and a handfull of Sage. Let it stand 9.  
Days, & then red wine, add to the same every day a hand-  
full of Sage, also put in to it 3. or 4. blades of Mace, & a  
few Cloves. Let still them in an ordinary still; and take  
now and then 2. or 3. spoonefulls of this water with a  
little sugar, and it will ease you.

The Swales water, good in a Consumption or  
Jaundice, to cleare the Blinny, Stomach  
the Epistims

Take a quart of Garden Swales in their shells, gather  
them as neere as you can out of Olden Laboude or Tofe-  
may, & not from Keye or grass, wash them in a great  
Bowle with water 3. times. Then make your Chimney  
very cleane, and pour out a bushell of Charcoales,  
and when they are very well kindled, make a great  
hole with a fire shovell, & put in your Swales, and lett  
them wast

Roast till they be a mass, & then you must take  
them forth, & with a knife cleane cleave, part away and  
wey away the holes and gapes forth that will be upon them;  
then cleave them in a mortar shells and all. Take also a quart  
of water, wash them, flit them and powre them with salt; then  
wash them in white wyne & red wine to gett all the filth  
from them; then put them into a stone mortar, & beat them  
to powder, then take a cleane juyn pott, on which you will sett  
your limbeck; then take 2. handfulls of Angelica, & lay it in  
the bottome of your pott, and 2. handfulls of Calomel on the  
topp of that; then put in 2. quart of Rosemary flowers; -  
also Beaves foots, & muske, the Redde & Dore foots you may  
gett, the Bark of Barbary, wood sorrell and bottony, of each  
3. handfulls. 1. handfull of Tur, of Fenugreek & Fenugreek  
of each 1. ounce well beaten; then lay your fragles & powres  
on the topp of your herbes and flowers, and pour in four  
hallowes of the strongest Ale you can gett, & 2. hallowes of y  
strongest Ale, and lett it stand all night or longer, straining  
it thro 3. times. In the morning put in 2. ounces of Cloves,  
12. ounces of Harts horne, 6. ounces of Iron, the weight of  
2. shilling, in Saffron, the Cloves must be boyled. you must  
not fire it above these last things are put in, then sett on y  
limbeck, and cleave it fast with the pott, & soe receive your  
water in pintes. The first is for use, and so smaller; the  
smallest may be consumed by putting in four of the strongest  
when it is used, put 2. spoonefulls of your strongest to 3. -  
spoonefulls of Ale or the; if the smallest 2. of Beave to 2.  
of y water.

An Excellent Salve for any sore eye.

Take of hoggs grease very new 2. ounce, put it in soft water  
6. houre, then wash it (by washing it with the best of a spoone)  
12. times in the best white wine; you must be halfe an houre  
about every washing, then take of tutty prepared finely  
powdered 1. ounce; of the stone Hamathites well washed a  
penis of aloes well washed & made into fine powder 12. gr.  
of pearls in powder 3. grains; mixe all these together with  
a little fennell water, & soe keepe it; when you use it, putt as  
much into the Cornea of each eye as a pinns head, amongst  
the lids with it, when you goe to bed; and wash it often the  
morning with fennell water.

Receipt to make the white Ointment or  
Balm to take away wens.

Take 3<sup>lb</sup> of Butter made in May, well beaten from y<sup>e</sup> butter-  
milk, but not wash, and Eunt it as much as you can till  
the flower be ready, then take 2 pintes of Bees flowers  
and one pint of white flowers, put them and let them be  
wrought very well in the butter; then let them in y<sup>e</sup> Emme  
one month till it be whitish; then take it and wash it, and  
straine it, and put it by for your use.

The Use of it.

Creant the wens well with it twice or thrice in a day, and  
wash it in before the face, then lay a linnen cloth to it,  
which you must continue to it, untill it be come wayfome,  
and then renew it.

This is also excellent good.

1. For a greene wound; Bath the wound with a feather dipp  
in the Balm, as hot as you can endure it, then apply a rag  
in it, and bind it on the wound.
2. For a Burne, doe as before; If the flye be broken, doe it  
with moderate heat.
3. Use it in like manner for a bruised head.
4. Head aches, paine in y<sup>e</sup> Joynts and sinewes; Bath y<sup>e</sup> temples  
and Nose of the head, and apply raggs dipped therein, as  
in the first direction. Take the quantity of an hazle nut  
or more as an plastery, and use it an hour or more on y<sup>e</sup>  
pillow.
5. For the gout, Bath the part, and apply raggs dipped as in  
in the first direction.
6. Wynn Collic. Observe the first direction, and use a small  
quantity as an plastery.
7. Stirk and paine in the stomack; Use it as in y<sup>e</sup> last direction.
8. Lunger, after blood leting, take the quantity of a Nutmeg  
and bath the side, and apply raggs dipped therein.
9. For any dangerous puffed, or puffed redness, cure it  
as in the 3<sup>d</sup> direction.
10. Fistula or Old blis; Use it as in the first direction.
11. For any Cancer or foule inward disease, take it inwardly  
& bath it outwardly, as in the first direction.
12. Stones in the Kidneys; Take y<sup>e</sup> quantity of a Nutmeg more  
in y<sup>e</sup> evening; Drink after it a quart of a pint of white  
wyne, made ready to boyle, sweetned with sugar.

13. Wounds, take it inwardly, Bath the part, and apply raggs  
as in the first direction.
14. Gonorrhoea; Finning of the Dayes, take y<sup>e</sup> same of sugar  
& Emme half an ounce, boyle it in y<sup>e</sup> white of milke  
to 2 pintes, straine it, dissolve in it 2 ounces of sugar candy  
and keep it for your use. Take evening and morning of the  
balm; the quantity of a Nutmeg in 2 Spoonfulls of that  
Drinke, and drinke after it a quart of a pint of the same  
Drinke made wains.
15. Or for the same, make a Ointment with eggs, oil, Emme,  
Nutmeg & sugar, take the balm in it the quantity of a  
Nutmeg; Bath the Venes as in the first direction.  
For to use the Use of Medicines, both for a time.
16. To remove fleas, anoint the Doggs, as in the first  
direction, and use a small quantity of it.
17. Eruptions; Bath and apply raggs as in the direction. If the  
hotter it is applied, the better. (It will not burne at all) onely  
to a raw wound, apply it warm.
18. It is good for discharges in the eyes.
19. Small pox, drinke first and bath the quantity of a Nutmeg  
dissolved in white wyne, as oft as you can.
20. It cure the scabs, scabs; Melt it in a Spoon, & drapp it into  
the ears, and stop it with black wool, the stopp it over lapp  
of the ears, and the holes will be open.
21. Cure both of a Horse, fistula, (Cut out the dead flesh, & use it  
as in the first direction.)
22. Swelling in the face, Use it as in the first direction.
23. Biting of a Mad dog, as in the first direction.
24. Blow and bruise by horse heels; Take it inwardly, & apply  
it outwardly.

Anno 1629. this Balm did cure a sucking child, with  
rashes the milke, and had the fleas; putting a little into  
the child's mouth, anointing the belly, and applying it place  
wise. It was cured in 3. dayes.

About the same time it cured a man who had a pite in  
his eye; a drop of the Balm was put in; a cloth dipp  
therein and bound upon the eye.

It did cure a young man that had an Impostume in his head  
being dropt into his ears, as in the 2<sup>d</sup> direction, & treated  
with wall dipped therein.

It cured a sucking child in wales, that had a head botly  
and was greener like an Anatomy.

~~Ambr. 1639. It is said that a child at Rowell had a  
 fever when it was born, & did take but little  
 food, whose back & breast were with pain, & could  
 scarcely feed. The Gallium was dropt into the sause, & so  
 was given to it inwardly, which it took for the benefit, and  
 broke the belly and swell, & applying Vaggs thereto.  
 Ambr. 1639. It is said a child troubled with worms, & hard  
 stools, belly and breast; taken inwardly, & bathing the  
 stomack and navel, and applying Vaggs to the sides,  
 May, 1639. Dropt into the sause it gave great ease in  
 an hour or two.~~

~~It is said our brend is the best.  
 Lucatella the Italian was the author of it.~~

### Aqua refrigerans estiva.

Take new drawn Milke, or new made whey 6. pintes  
 Calves blood newly killed, well beaten & fresh water  
 from the Spring 4. pintes, myrr of honey beere quai-  
 ters 2. pintes, white Lilly flowers & water Lilly flowers  
 white Holes, all newly gathered, of each 1. pound.  
 Distill these in B. M. take of the distilled liquor 4.  
 pintes, give Michie 2. ounces, Camphire 2. drams,  
 distill these againe in the same vessel, and keep it  
 for your use.

The water doth wonderfully well it collieth the  
 skin, and taketh away the Rednesse.

### For worms in the Face.

In the month of May, take 6. haulot from Ozen, 1. pinte  
 of aged sweet spirit of wyne, Michie halfe an ounce.  
 Sal Gemma, salt of Tartre very white, Camphire of each  
 2. drams. Put all these things in a strong Vessel or bellie  
 head of glass, and put it at the Sun for 3. weekes.  
 then straine the liquor first through a straine, then  
 through a Paper, & give it in a Glass well stopp'd.  
 Use it twice a week, or thrice at the most at night, let  
 it dry upon the skin. In the morning wash with water  
 of Michie.

### Water of Michie.

Take very good Michie, grossly powdered halfe a pound,  
 very good Spanishe Earth, distilled water, of white Lillyes,  
 Argentine whis wild Canje, Plantaine water Lillyes,  
 of each 1. pinte. Dissolve the Michie in the liquor, and  
 draw the water in a limbeck of glass, in Balneo with  
 sawing of Oaks or other wood, Let it in the Sunne and  
 boyle it well stop for your use.

### To Make Oyle of Calves feet for y<sup>e</sup> Hands.

Take 4. Calves feet, lay them in water a Day & a night,  
 shifting the water at night & morning: then scald the  
 feet, and take the haires very cleane off; then boyle y<sup>e</sup>  
 feet, and after they have been scummed, take off that  
 oyle that will rise upon the water as they boyle, and as  
 it is taken off put it through a piece of Riffanie into a  
 preserving glasse, when it is all taken off, keep it till  
 it be cold, then take it out of the glasse with a spoon,  
 all but the bottoms, which is for the most part a jelly  
 substance which is not good.

Put the Oyle into a filber pewinger, and sett it upon  
 the fire only to Melt & not boyle, then straine it  
 through a fine cloth into a fine ston or filber  
 dish, when it is cold, put to it one spoon full of beane  
 flowers water, and one of white Lilly water, & beate  
 it for an hower, and so beate it twice a Day with the  
 like quantity of water for 9. or 10. days. If you find  
 in beating the water the not to grow in, pour that from  
 it, & put in fresh, when it is beate in you may put into  
 it some Rose water. Put it into a glasse and boyle it  
 in a cool place. If it collieth the white rose in beate in  
 you may beate it againe with more water.

M<sup>r</sup> Pithons Cordial Water (Rostmary proferib<sup>r</sup> against the melancholly.

Take Souther<sup>r</sup> of Roses, of Lavage flowers, of Thow= ships, of Clove gillyflowers, of each .i. ounce: of pre= ferred Citrons .2. ounces: of Alliums, half an ounce of preserved huttons eggs, preserved Mirabalans, of each half an ounce: of the Bezars .15. grains: of the extract or tincture of Saffron half a Dram. Mixe all these together, and make it up with y<sup>e</sup> Essence of Lilly flowers into an Electuary, putting thereto 2. or 3. drops of the Oyle of Linseed.

Use to drinke before meales a glass of it with a spoon full of Essence of Lilly flowers. After meales take some Macmillane of Quince or of the preserved Citrons.

A Cordial Water to Cause Sleep.

Take a part of Coralline flowers, a quart of horse milke, a pint of Mulled wine, 2. or 3. Lettices, 3. Nutmegs, 3. banished, 2. ounces of Dates. Still them in an Ordinary still, put into the Receiver three ounces of Sugar Candy finely beaten to powder, with a blade of Mace, hanging by a thread about y<sup>e</sup> neck of the glass.

To Make Agrodisiodo.

Take a dozen p<sup>r</sup> halves of Lemons, p<sup>r</sup> 3. pound of Sugar double refined, and a quart of water. Take the Lemons and take away all the white p<sup>r</sup> the seeds of them; boyle the water with the sugar, till it be like y<sup>e</sup> being thrown upon the floor: then squeeze the Lemons with your hands, p<sup>r</sup> pour the Juice into another dish, p<sup>r</sup> pour it by spoon fulls into the string, which you strike all the while; then you boyle it a little againe, and then put in the Meats of the Lemons by degrees; stirring the Essence till it be well dissolved. you must for y<sup>e</sup> Conservation give it a waime 3. or 4.

A Water to fasten the Gums of the mouth and make them the Teeth.

Take halfe a pint of Vinegar, p<sup>r</sup> 2. ounces of Mustard beaten of Rosemary, Mierke, Balaucmonac, Dragon head, Rock allom, of each of these .i. ounce: of fine Cinamon beaten .i. ounce: of Fountain water .i. quart. Mingle these well together, and let it boyle over a gently fire, adding unto it halfe a pound of Honey. Strain it cleare when it boyleth, and then put in a little Benjamin, and when it hath fasten our quarter of an houre, take it from the fire; p<sup>r</sup> keep it in a cleare bottle, and wash your teeth therewithall; as well before meate as after. If you hold some of it in your mouth a little, it doth much good to the throat, and sweetens the breath. If you cannot have Dragon head, you may use Dragon water in stead thereof.

A Receipt to Fasten loose Teeth.

Take a quart of Radd wine, put in to it 2. or 3. handfulls of the inward bark of a Elm tree. Then take .i. ounce of salt p<sup>r</sup> salt peter together, and melt them down in a Crucible, p<sup>r</sup> add to them halfe an ounce of burnt allom. Boyle these to halfe, then strain it hard, p<sup>r</sup> boyle it over a very soft fire till it grows thick; when you use it, warm it and rub a little upon your finger, and rub your teeth therewith, morning, evening, and after meales.

How to cure in the Stomack and Head Obstructions, short wind in a p<sup>r</sup> feury.

Take Elder berries, when they are full ripe, p<sup>r</sup> v. put them into a vessel, keepe them till they are soft, p<sup>r</sup> begin to mangle them be at them well with a wooden thing (such as beat butter with) till they are beaten all to powder, then rubb them throug<sup>h</sup> a hairs sieve; boyle them to the Consumption of a 3. part, then take them from the fire, p<sup>r</sup> to every quart put a pound of good fine sugar, then boyle it to y<sup>e</sup> Consumption of another 3. part; keepe this Conserve for your use, which is for jaundis in the Stomack, Head, Obstructions, short wind, in a p<sup>r</sup> feury.

To Make a Salve for an  
Old Soar

Take a quarter of a pound of white Lead, beat it very small in a stone Mortar with a wooden pestle, pass it through a fine sieve, then scrape of the best Charcoal very fine as much as will lay upon a twenty shilling's worth, put the powder both together in an earthen Jar or pan, or rather in a deep Collop shell, put to it as much beards quills as will inclose the white Lead, and the Charcoal, set it upon a fire that it may melt, for it will take time, but take heed it do not burn, then wipe the Jar very clean, and take white Copperas, as big as a hazell Nutt, dissolve it in some Tanning water, & wash the Lead very clean with it, then spread some of this white powder upon the Jar, lay it on a fresh Lint upon the very Jar, and emoynt it but thin round about it, upon the Jar lay it on as is said on fresh Lint, as smooth as possible you can make it with a knife, then take a Linnen Towell and swaddle it about, sew it on very close, you must look every morning whether the Towell be wet for if it be, lower it also with very close, this you must do 9. or 10. daies to gether before you open it, and then when ye open it, and find the Jar whole upon the Jar without any heat in it, then it is a sure signe to be well but if it be hot, you must dress it over againe as before. The patient must take heed in this 9. or 10. daies to keep himselfe in an orderly diet.

The Salve for the Old Soar will be good for the Old Soar quills, as it is taken out of the Bone must be put into a bladder, and hanging under the Chymney and when you will use it, pierce a hole with a bodkin in the side or upper end of the bladder, and lett Run out so much as will serve at the present, but if it be cold weather, & the quills hard in the bladder, hold it a little against the fire, and it will dissolve in the bladder, & for hang it up againe.

A Receipt to Cleanse the Teeth

Take 1. ounce of Salt, halfe an ounce of salt petre, and a quarter of an ounce of fine powder of Charcoal: mixe them together & melt them downe in a vessell over a strong fire. Then take them from the fire, beat them with a pebble, pour them out, and they will growe hard: you must keep them warme under a fire as often as you loose they dissolve (as with moisture they will), when ye will use them, beat them to fine powder, and rubb your teeth with them in a morning.

The Best Powder to whiten the Teeth and to maintain them in Eticngth.

Take the Stones of Swallow, (which you may buy at the Vedd Drogs in Chancery side a Druggist) of Vedd Swallow of Calce calcin'd, of white flint stone calcin'd, 3. quarters in oyle or spirit of Sulphur, of white gumme resin, of Dragons blood in Candore, of all these take like quantity: beat all these into fine powder, and put to them old dryed Hoppe of dryed sage made in fine powder as much as ye thinke fitt: then pass all these through a fine Sieve, and add to this powder some graine of salt as much as you please of Ambergutte: you may if you please put also some yellow or white Amber with the Hoppe of the things above said: & so keep this powder in a close box for your use.

To Wash Hands.

Take 3. pintes of milke, when it is boyled, put in a quart of a pint of ordinarie aqua vite, & halfe a pinte of the hick wine or white wine, then strain it a little softly, & put to it 3. whites of eggs, they will beaten to a froth, & see that we'll into it, & for lett it stand on a soft fire, while it boyles up a little and that will both gather & harden the Crud, & so you use it in to what ye will, and keep it to use in this manner. When you goe to bedd, rubb your hands over with some of y<sup>e</sup> Crud, while it boyles and it will blot all cleane off againe, & for put on gloves: this will cure the Rednes in most hands and you may wash a mornings with the soft drink, if ye can endure the smell of it: The Crud is hold the best, but the drink will doo very well too, to be used some times.

Magisterie of Itaclos.

Distill good strong wine vineger in a limbeck of glasse: The first liquor which doth distill is the flogme, which doth not serue for this operation, when the droppes begin to grow fewer, change the Itaclos & goe on in distilling in sand or Ashes, till 2. parts of your liquor is passed into your Itaclos. If you distill longer, it will smell of the burning.

Take of this spirit of wine vineger 2. parts, and dissolve in it 1. pound of bay salt, first well dryed in a Cowble, and burned till it doth drawe no more: distill againe in the sand with a good heat, and for keepe your spirit of wine vineger well put up.

Take very good & fine seed of peacock, well washt & powdered quoyly, and in a glasse vessel powdred upon it of spirit above said, as much as good 3. or 4. inches upon the peacock, let it worke upon warme sand, till you see much ebullition. If all your boddy is dyscolored, the better; if not, youe ought by of the dissolution, & put more of the spirit upon the body, till all be dissolved: then straine the liquor in a glasse funnel through a fine sponge.

Meane while you are in making this operation, Make a strong brime with Alum & distilled Rainie water: strain the brime through the sponge or Caff. & pour in a glasse funnel, & mingle the 2. liquors of dissolved peacock & Alum together in a glasse basin, let it stand all well & drawed two dayes. your Magisterie will rise up at or fall into the bottome as white or fawer from which draw the liquor & draw the Magisterie upon a very cleay stone of Chalbe, a linnen cloth betwixt, & being drie keepe it for your use.

What you doe with the brime of Alum, you may doe w<sup>th</sup> Oyle of Vitrioll for the precipitation.

Docto<sup>r</sup> Butlers rare Balsome wherewith he did many great Cures.

First take one pound of Venice turpentine well washt in plantine water, then take of Storace liquid halfe a pound, of oyle of Bayes 3ij. of oyle of Hipociron 3ij. of oyle of roset 3ij. of good sanders in fine powder 3ij. of oyle of fenne 3ij. of Benjamin 3ij. of gumme carumia 3ij. of oyle of Cloves 3ij. of oyle of Camomil 3ij. of dragons blood 3ij. of oyle of Juniper 3ij. of the best bees wax 3ij. of fallet oyle 3. pintes: Close into the ingredients.

The manner of Making it, is as followeth.

First take of Turpentine being well washt, & put it into an earthen pan or pipkin, letting it boyle with a soft fire, then melt your wax in some other vessel, & when it is melted put it into the turpentine, so lett them boyle a little together, then take your Storace liquid & salt oyle, & strike them together letting it boyle a little, soe put in your oyle of Bayes, oyle of roset, oyle of fenne, and let all these boyle together a little longer: then skumme off that which doth rise to the top. Then take some of the clearest of the stuff, & put it to a gill of Carumia, straine it till it be melted, then strain it into the same of stuff: then put in your oyle of Hipociron, lett all these boyle together, from the beginning to the end, 7. years of an hobbe; then take it from the fire, strow in your sand & dragons blood & Benjamin one after another, as fast as you may, straine it continually, then last of all put in the oyle of Cloves & oyle of Camomil, still straine it, till it be cold: then put it into some well glazed pott: you must have a trace that your powder be very well secured.

The Vertues are these.

First it healeth any herous wound, either inward or outward, being put into the wound, it stoppeth the flowe from inflammation, and healeth with a fewer time of dressing. It helpeth burning and scalding, It helpeth burnes being made rawe and anoynted. It taketh away all paines, which come with much mistme in the bowes, being shaled warme into the place that is payned: It comforteth the head ache, The Nois and Tomples being anoynted. It is souveraigne against the Collicke & stow, taking the quantity of an Nutmegge on a brisles point & drinking some warme white wine after it. It is

It is good against poisons or infections, taking an ounce  
 of cold waime and put into salt and double waime.

This is opposed upon selfe: It destroyeth canors  
 they being but and annoynted waime with this.  
 It stoppeth bleeding at the Nose or other wise: It provoketh  
 Urine: It is good against the plague, the stomacke & nose  
 being annoynted: It helpeth digestion, annoynting y<sup>e</sup> Navell  
 and stomack, when you see to bleed: If the Collicke or spleen  
 be in the side, annoynt very hott, applying hott cloathes,  
 and it helpeth and easeth the paine.

It is of speciall use for all distempers that are occasioned  
 of wind or cold either inward or outward, and of both  
 case insonible: Any dorsed part being benumbed, -  
 it is to be used, being often annoynted and Chafed waime  
 in to it, and Chafed waime about the place, where chif-  
 -ing the Chafed: It destroyeth any humors, and Conser-  
 -veth the part being annoynted.

Adrian Gilberts Cordiall Water.

Cake of wilde Chymes water: 3. pintes. of Anglica  
 water, and Balme of dragons, Cardus & Damask Rose  
 water, of each .i. quart: put to these waters of Cinamon  
 ℥ij. of Myrrour, ℥ij. boyle all these in a close distillation  
 with anilseds, fennell seeds, Caraway seeds, & halving all  
 of each ℥ij. beuyed, and after yeved out the ingred-  
 -ents very hard, then put into that yeved liquor of  
 white gillyflowers, Beabians, Bone wort, Saffron,  
 Solomons Seale, Commentill Rootes, of each ℥ij. they  
 boyle it in a close distillation againe & yeved it hard againe  
 and put to that liquor of Cinamon ℥ij. Nutmeggs,  
 20. Cloves: j. drachm of Mace, all beuyed: of Calimint  
 & wall p. pearls of each ℥j. of quicke hartes hounes shaven  
 ℥ij. of Albatth hounes shaven ℥j. of Myrrour above ℥ij.  
 of Elephants tooth ℥ij. of Bezae hounes ℥ij. powdered:  
 of Vnter noes hounes it is added ℥ij. of white Amber made  
 into fine powder ℥ij. Ditany, contra yerd, 20. drachm.  
 Anglica pers & China Rootes 20. ℥j. sliced: scabbes oyes  
 and Quacks shawed made into powder, the blark of the  
 plant, of each .i. ounce powdered: wall flowers, Dore-  
 -hilly flowers, burrage and bugle flowers, Rosemaire  
 and

2. Minors  
 Hounes  
 20. drachm  
 tooth.

and many gold flowers, bays and Clary flowers, a j. hand-  
 Citron pills full of the seeds of Citron & y<sup>e</sup> male of any of each ℥ij. beuyed  
 two or 3. bones of a Staggs hart thin sliced, with a date  
 ℥ij. Confection of Alloxmot ℥ij. 3. pintes of spirit of wine,  
 3. times Rectified. Boyle all these in a close distillation againe  
 and then distill them in the Reddest Balmain: Then take  
 of Sirett, muske & Amber greece, aa ℥ij. beuyed with a little  
 fine sugar, & hang it in your glass of water, and keepe it  
 close, and it is perfect, but if you fill the glass to full,  
 the strength of the water will be abate.

If you put of the water above mentioned of each  
 ℥. quart, and boyle them in a close distillation, and add  
 into them .i. pinte of the spirit of wine, and soe distill  
 it, you may draw off another excellent water from the  
 same ingredients, and after yeved the yeved & boyle it  
 and in any fainting or swooning fill give .3. or 4. grames  
 of it, made into powder in a spoon full of this water, and  
 you will finde it of a true operation.

The Vertues of this water.

It doth much further labour, and comfort & give strength  
 to women in that case, and if their throats be cold, it  
 beames them on, & will bring a way the after birth & cause  
 speedy deliverye both of living & dead children.  
 The dose is a spoon full at a time: In cases of extremity  
 2. spoon fulls, & if it worke not speedily, give every  
 houre a spoon full, but take nothing else betwixt: It  
 taketh away feare: It cureth Consumption, & y<sup>e</sup> malice  
 of the water being drunke 3. or 4. spoon fulls first & last  
 for many mornings together: And it is very Cordiall  
 and comfortable after any jaundice or distemper, and  
 procureth rest in any distemper.

Thus saith y<sup>e</sup> Sr  
 Connaughts booke



*S* Walter Raleighs Receipt for stomack Pills.

Take two ounces of Aloes, of musk and mastic each halfe an ounce, beat them severally into fine powder, then mingle them and put to them two drams of Cassia, and putt all these into a glasse bottle, & pounde upon them that have a narrow neck of the bignesse of a yelde, and pour upon them as much spirit of wyne as will cover them, & be about an inch above them. Let the glasse stand thus one or two daies, till the spirit of wyne be become Coloured, and then pour it off into another glasse and put fresh spirit of wyne to the powder as at first, and so continue to doo till it have no more tincture from the powder; After you have done this, distill the spirit of wyne in a glasse still in Balneo well luted and you shall have the spirit of wyne come cleere in y<sup>e</sup> Receiver, and behind it there will be left a kind of Honey in the still, of which you must make the pills; The spirit of wyne is also very excellent for y<sup>e</sup> stomack.

*M* Temperleys water for a Fistula.

Take of equal quantities white Poppyes & Almonds, beat them small into powder, put them into a vessel without pain well glazed upon a low fire with over a reasonable soft fire till they be melted, & keep them still stirring, and when the Exum is soft still take it off, and then cover up your fire, after it is melted keepe it stirring till it be so hard that it will not stire, it must stand so upon the fire till it be hard on the top; 3. pounds of each will take a dayes time, & afterwards it must stand all the night upon kindles, keep well after lower time, when it is dry and hard, the next day you must break the yam & take out the powder and beat it very fine and keepe it drye. Then take running water & let it upon the fire, as soon as it boyleth a litle take it off, and pour forth the powder in the powder, to a pint of water you must have halfe an ounce of powder, & so keepe this water, you must use it waxed in an oarthen pan, and with a cloth wash the sore, and lay the cloth to it as hot as the party can endure it. This is good for any swelling, any humour, for Fistulas or any other sores, and not amiss to wash some quens sores.

How a Rent for the Fistula.

Take halfe a pound of yarrow & beat it, then set it upon a fire and melt it, let it boyle and stire it, and when it hath boyled a while, pour it forth into a basin of faire water; then anoynt your hands with oyle, & take it out of the water, and work it up into a Soule, and when you have done to make your tincture, then take a long piece of fine holland and hold it over a chafing dish, & scrape a great deale of your Soule upon it & melt it into a yellow cleath, then when it is hard, cut long pieces of it and fowle it round before a fire, to y<sup>e</sup> bignesse of smallnes of a lute stung as the wound shall be any bigger or longer, when you have made it very round before a fire, you must with your hands fowle it upon a face. Take very round as you wove Sundies, when it is so hard it will be stiff.

Powder to Helpe Digestion.

Take of the best and dryest Bignett two ounces, of the thym outwards yellow kind of Citron and Aurunc comforted, of each .6. Drammes, of Annis seeds, sweet fennell seeds, Licianex seeds prepared of each half . . . an ounce, of the best Mamon, 3. Dramms, of Taddi Vojas, toppes of Marorum ready with juce, of each two drammes, Topps of Gaudes Mint rounder one dram, of Amber greene .4. drugges, of Emper boyled by to a round with Quince flower water, fowle times the weight of all. Make all this into a powder & keepe it in a box in a dry place. Take herof, halfe or a whole spoonfull, halfe an hower after the meals.

Water of Calamus Aromaticus.

*D* B<sup>te</sup> Take your Calamus of the purest white, shive it as thin as paper, for every ounce for flayed take a Schoyne of white wyne, and let your quantity you intend to take fill only a 4<sup>th</sup> of your Alembick, let it so stand in digestion 24. hower & extract well luted, then distill it with a bayles juce, and take off only some thing lower than halfe the quantity, the remainder is worth nothing. The water if right extracted will have a white milkyne like Vinamon water, & the full and perfect taste of the Calamus. This maye be used in the well being of your Alembick.

A spoonfull of this water is an excellent Remedy for any wound either of stomack or belly.

S<sup>r</sup> Alexander Hamilton

The Manner how to Compose & Boyle Artificiall Balsoms.

- ℞ of yellow Beewax. ————— halfe a pound.
- ℞ Mummia Beaten to powder — a quart of an ounce.
- ℞ Dragons blood beaten to powder — halfe an ounce.
- ℞ sweet Marjoram ————— a handfull.
- ℞ sweet Bay leaues ————— halfe a handfull.
- ℞ Rosemary ————— halfe a handfull.
- ℞ Eallott Oyle or oyle Olive ————— one english quart
- ℞ Spring wellwater ————— one english quart
- ℞ Red or Damask Rose water. 3. quart of an english pint
- ℞ Plantins water ————— 3. quart of an english pint
- ℞ Liquid Storax ————— 3. ounce.
- ℞ Venice Turpentine ————— foure ounces.
- ℞ the oyle of Hippocri on ale: St Johns wort One ounce.
- ℞ Red sanders in y<sup>e</sup> first beaton to powder half an ounce.
- ℞ Naturall Balsome ————— One ounce.

The Manner to Compose the said Balsome.

You shall take two earthen Lincolns or iron potts, y<sup>e</sup> first pott or pipkin of the bigger to containe one english quart, and the bigger pott to containe two english gallons. In the lesser pott you are to put your Beewax thinge sliced, your Mummie, Dragons blood & y<sup>e</sup> herbes. In the bigger pott of two gallons, you are to put your Eallott oyle, Spring water, Rose water, plantins water, liquid Storax, Venice Turpentine, Oyle of Hippocri on ale & St Johns wort.

Sett both these potts upon several fires together at one time, but it be a gently feeding fire, soe as that which is in the little pott may melt and boyle leasurably together, soe as the Beewax, Mummie & dragons blood may fuser together, & the juices of the herbes may be evaporated with the soft, soe as the herbes will be come drye in the pott with the wax.

Let the bigger pott in which your eallott oyle is in, be sett upon a boiling gentle fire, soe as it may fuser and melt leasurably together, and for soone as it cometh to boyle, it must boyle one or two quart of an houre.

then

Then you must put in your naturall balsoms & Resins, and give them only one good boyle. Allways keeping your Bigg pott stirring with a Ladle, after the putting in of your naturall balsoms & Resins, least the sanders should settle to the bottom of the pott. Then you are to take from the fire the lesser pott, soe soone as the naturall balsoms hath got a boyle, and take off the little pott from the fire & y<sup>e</sup> more all that is in it into the bigg pott, & soe immediately there after steame all out of the bigg pott through a fine linnen Napkin into a garter or earthen basin that may containe all that is in the Bigg pott. Let it stand two houres in the Basin, & your artificiall Balsome will take upon the top of the water like unto shooes froth, onely it will be of the Colour of Beere, the water that will remaine below the Balsome, will be of a Reddish Colour, and you will finde not a drop there or 4. ounces of it to have consumed in the boiling. This water will boyle in glasses one year & good, and is very usefull for the washing of wounds or putrefied Sores. Note: Be carefull when your Balsome is boiling, that your fire be not too hott; for it will be apt to boyle over, after it begins to boyle, which if it offer to doe, you must sticke it with your Ladle, & make the fire more temperate.

When you take your parts of Balsome off the water in y<sup>e</sup> earthen Basin you must melt your Balsome upon a moderate fire.

Note: that it should not boyle any more but onely to melt soe as you may pour it in potts or glasses to be kept for use.

The Vertues of the said Artificiall Balsome and the Manner of Application thereof.

It is good for all manner of wounds outward or inward, soe as the Heart hath & liuer be not touched. And (it being the first thing applyed thereto) it will cure in 5. or 6. times dressing, but not being the first thing applyed it will be the longer of curing.

Note: it would be applyed one or two, 12. houres to a wound or old soare, and every time before you apply it, wash the wound or soare very cleane.

If the wound be deep you must melt the Balsome into a Bawbe & with a fine fine squire it be into the wound, waine, but not too hott it being apt to scald or burne.

then

when it is melted) If the wound be not deep you shall only melt it in a spoon and pour it in the wound or canker, & lay a piece of fine linnen rag in the said melted Balsom and apply the same waxen upon the wound.

If it be but a scratch or the skin rubbed off you shall only wash it with a briefe wash it upon a piece of linnen cloth plain with a little plaister with to the face, you must be carefull to this it upon the face, for it will not stick of itself.

It is good for drawing out of Chancres or blinches of wounds, and cures a wound first at the bottom of for y<sup>e</sup> most part cures without leaving any trace remaining.

It is good for all manner of hard swellings that proceed from cold moist Catarrhs or for any burne or scaine amounting the place agreed to these with.

It is good for all manner of burnings or scaldings by fire, powder or water, amounting the parts agreed to these with.

It is good for the Head Ache amounting the Temple and Nostriles therewith.

It is good for the Gout or Diatira amounting the wrist or a hand joint.

It is good for the Gout amounting y<sup>e</sup> side thereof.

It is singular good for the Colic amounting y<sup>e</sup> Stomach therewith, & maxims together, and one quart of an ounce thereof Rubd upon y<sup>e</sup> Stomach at one time each day.

It is good for all manner of Eucfotts, half an ounce thereof being dissolved in a glass of warme sack and drunk off.

It is good for the biting of Crocizent or snakes, half an ounce being drunk in warm milke as y<sup>e</sup> other was in sack.

It is good for the griping of the belly in times of a flux amounting the Navel & belly therewith.

It is good for the swelling of the Throat or Sore throat, amounting the place agreed to these with y<sup>e</sup> said oyle or Balsom.

It is good for sore lips or any sore or wound in y<sup>e</sup> mouth or for any hurt wound or sore in y<sup>e</sup> privities of man or woman, It may safely be applied.

It is most singular good to cure sores or Ulcers that proceed from the French Loxe.

It is good for Old Sores in the Sides or Shoulders.

It is good for the Cancers in the feet or Toes.

An Excellent Tisane for Melancholly Persons.

Ma de Dia

Take 3 french pintes of Bealy water, made of little more than a quarter of a pound of barley, and soe soon as it is made being yett hot, put into it a Dozen or rather 15. pipper; well chosen without any rotten seeds, & well rubbed with a cleane cloth, but by no means pared, they must be cut in quarters, and the seeds taken out with the stalks & the rest at the top. Let them boyle thus in your said Bealy water untill they be some maky and fall to peeces: then strain your said bagg in a flood, and put to your said 3 french pintes of Bealy water, halfe a pound of sugar well dissolved by drawing it from pot to pot, And for the use, for your use, to drink at pleasure.

The Tisane of Cupentins impregnated w<sup>th</sup> Sulphur.

L'Esprit de Vitte

Take the flegme of Venice Turbentine & of Venice sulphur yunged from stones and very well beaten to fine powder two ounces; put your sulphur in powder into your flegme of Cupentins, and soe let it digest in a Matras upon sand or Ashes upon a very gentle fire for the space of 9. or 10. hours, or untill your said flegme be turned of a high brown colour, then let it cool & being cold pour it off into a cleane glass to keep for your use, setting the caput mortuum, the older it is the better it is.

The Vertues and Usage.

It is excellent outwardly applied to any quene wounds, the wounds being washed: then amounted therewith, and a cleane cloth dipped therein applied thereto.

It is excellent in like manner applied for y<sup>e</sup> Hemorrhoids, inwardly taken from 5. or 6. to 9. or 10. Drops or more it is excellent for facilitating women's hard labours.

And in like quantity soe inwardly taken, it is excellent for all Disorders of the Lungs or the Vertebra.

As for the Tuning of the Voice, taking some times by pills only by y<sup>e</sup> Cupentins.

For the outward application for wounds it will be good to add to the quantity above said of Sulphur & Turbentine y<sup>e</sup> Gumme of Taramakarra 2. Dragms & Turpenna 2. Dragms. or Rosina y<sup>e</sup> Dragma & Balsam Laurigna 2. Dragms. & put the 4. Gumme & Balsam in fine powder at the same time you put in your Turbentine.

But for inward use put in no more Gumme nor Turbentine, but only Sulphur and flegme of Cupentins.

For the Crispilis

Take a good handfull of Sulphur, stamp it and squeeze out the Juice, into which Juice, put the yolke of a new laid egge, and fewer grains of mercury, beat it & goodly well together, anoint the place therewith and digge a (boath of 3. or fouer folds thereof, and apply it to the place and bind it on with a Raggin. This will cure all these or fouer times of time. And this cure Mon<sup>r</sup> Morin all thine, owly applying it the night, and leaving it off in the day time.

The Stomack Ouytment for a Colic.

Take a quart of the best Jallott Oyle (or as much of the Oyle of Terebinth) in a long Gallipot. Put to it of wild tyme, Rode Mint, rosemary, Hyssop, and Salve of each a handfull; two handfulls of Rode Rose wood, one ounce of Lingon, halfe an ounce of Mare grassy beaten, one ounce of Sage berries beaten. Choppe the herbes a little and mixe them with the spirit. Then put all to the Oyle and stopp the gill close with paper, and put it into a skillett of water, and see that it boyle five houers, still keeping the water as high as you thinke the Oyle is. Then take it up, and strain the oyle from y<sup>e</sup> herbes (but crush them not too hard) Then put into that Oyle, three ounces of the oyle of Turpentine flowered, 1/2 of an ounce of oyle of Cinamon, 1/2 of an ounce of Oyle of Clove, 10. grains of Ambergreet, two ounces of the finest yellow wax, thinned with Oyle. Then set the oyle in a dish on a chafing dish of Charcoal. When all these ingredients are dissolved, incorporate put it up into the gill.

An Excellent Sweet Syrac against Melancholly.

An English pinte of olde white wine, sweet, put in with its brewing, halfe a Nutmeg, 7. Cloves, 2. blades of Mace, A little Cinamon, A quart of Rosemary, as much of Turp. All well boyled, the herbes out, the syrac in. Take it from the fire and dissolve in three ounces of yaffon being first dried, and one ounce of Ambergreet. Take of it cold at your pleasure, more or lesse as you see cause.

Direct about

D'haire.

Syruppe of Sugar Candy.

D'haire

Three ounces of sugar Candy, put into a stoppt bladder, & divers times washed in water, vinegar and water, lastly Rose-water, and layed till all saultnes be got out of it, and then the sugar Candy very finely beat being put into it, you two wayes fast the mouth of your bladder and hang it in a skillett of water (the neck of mouth of your bladder being above water) in Mann<sup>r</sup> of a Balneum Mariae, and see that the fire last it, till your sugar Candy be intirely melted, which you may discern through the bladder, by lifting it up against the light: And of this syrapp thus made without addition of any other thing or liquor.

Take a peece full at a time into your mouth and lett it gently dissolve your throat laying your selfe on a bed or couch, it is admirable for all kind of Coughs. It will comforte it selfe from syring against a long time. Three weekes or a month, I have kept it free from any syring, and possibly it would have kept much longer.

Alto Bua

To drawe y<sup>e</sup> Essence of Cinamon, bruse your Cinamon and strepe it in gentle Aquavite 2. or 3. times, and then drawe it off on sande augmenting the fire by degrees, and when y<sup>e</sup> liquor runneth white, taining your Roripont, you shall receive a most excellent Essence.

The Use of Amysloods.

The Aquavite you drawe off, is good Cinamon, Amysloods, ffow Cloves, keep them whole in water two fingeres above, and when you have drawne your Essence as aforesaid, take out your Cloves, and lay them in a skillett or moist place, and they will swell out by the Attraction of the Ayre to be as good as those they were.

Of this Essence mixe a drop or two in a gill made of pure white sugar and Gumme Tragacanth, and divide it in small about y<sup>e</sup> bignesse of a Clove, and putt them into the length of Cloves, and with your fingers round of one end, and with your knife jagge the other in forme of a Clove, and so shall you make white & sweet very pleasant to the taste and comfortable to the Stomack.

A Receipt of an Excellent Water for the Gouts  
 vsed with constant Success by J. Barle of Stafford

Take cloves, Nutmeggs, Ginger, Mace, Cinamon, black pepper, white pepper, Baffoon, Zedoary, Galingall, Juniper berries, Kinds of Bitters, Kinds of Carduus, Sage, Basil, Rosemary, Mint, Majoram, Bay berries, Borneo, Royal, Gentian, (some call Manis Boj) Salamat, Elder flowers, white and redd. Roses, spike nard, Sauris, Albat, Rozaria, Siquin Allos, Cardamomum, Calamus Aromaticus, Statas, Yermanses, Campetis, the heart Balm, Olibanum and Mother wort, of each of these two drammes; Blow figgs, Dates, Almonds, Pine apple kernels, Raisins of the sunne, of each of these five ounces; fine Honey 1 pound, fine sugar 4 pound. Mince our dram things all these together quickly and put them into 15. Buckin pintes of the best spirit of Rake. Stop well the Vessel where in you put it, and lett it infuse the best time or twelve daies; Then distill it in Balneo, but lett it be almost drye, that that be almost all out, and circulate it in a Stillian in three dayes for 2. Months.

The vses

Of this take about two spoonfulls and waime it with a feather amongst the part affected and the Joynt, it will drye in suddainly, and doe it well at first, & then increase it every howe or two, till the paine ceases. And it is good like wise for an Oth, and for some kind of soare eyes.

An Excellent Cordiall Water against  
 all Respirientiall Diseases.

Take 30. or 100. Walnutts when they are bigg enough to receive, & bruise them in a Mortar, then lay them in a quart of Rhenish wine, then put to them halfe a pound of figgs cut in the middle, & a good handfull of Rue, a handfull of the topps of Rosemary, or rather y<sup>e</sup> flowers of Rosemary and best & a handfull of poppy flowers, a handfull of Marjgold flowers. Runse the whole for let them stand 40. or 24. houres; Then distill them with a soft fire in a Cold still.

The Vertues

This water taken with a little Motherdare or beards is very good against poison or any infectious disease; but to children it is to be given by it selfe. It is good for a Cough, for y<sup>e</sup> spleene, for Obstructions, & for the hinders, & such like. The dose is five or six spoonfulls fasting.

For any Stopping Cold in the breast, and it is  
 that my Lord Hastings found good of.

Take the leaues of wood betony, Bunch, Red rose leaues, fresh gathered or dryed, Coltsfoot, Comfoure, Pootes forayed & made flowre, banise the Pootes and leaues in a Mortar, & put them in a pipkin with a pottle of Raining water, Strain it thro, & lett it boyle at a soft fire to a pint, then straine it, & take off all y<sup>e</sup> scum, and to this ynte of water, take a pottle of the finest sugar, and boyle it to a Consure, but lett it not be thicke. There must be a good handfull of each, both of the leaues & Pootes. The way to use it is to be in Bedd, to take 3. spoonfulls in the morning, & last night, and may safely be taken any time in the day a spoonfull at a time.

My Lords Balm

I took 6. Pootes of great Comfrey, halfe an ounce of Nutmeg good & new, 2. ounce of gale flowers of Roudant, halfe an ounce of Bishopps Apples five drammes, 2. ounce of great yill, dryed 2. ounce; The Pootes being cut & the yills flowered broken, (but the Bishopps Apples whole) I putt into 4. of Oyle Olive with about an ounce and a halfe of sugar beaten to powder, and bader an ounce of salt to every pound of Oyle. To these I putt strong Rosh wine as much as aboveflowed all y<sup>e</sup> other Ingredients with the Oyle about four fingers. The use or to use was only to draw the vertue of the Ingredients into the Oyle, so that there can be no Inconvenience in curing, save that it will be longer in finishing y<sup>e</sup> Balm. These doses I boyled in a varnished pipkin untill the whole wine was evaporated & consumed, which you shall know by the ceasing of the steaking. Then I filtered it, that is setting the pipkin a slope, I putt a shew of white flannel or cotton with one end in the pipkin, the other hanging in to your forehead or glass to pass it the cleaver to the dropps. And soe to use it for your use in glasses or potts. The Color will be Redd.

The Application is a little waime with a Swinge if the wound be deepe.

This I have often appoynted.

My Lord's Balm another way.

Take 6. Rootes of great Comfrey, of the kind of Longra-  
with an ounce, of white Vetroil an ounce, of Oraneth  
halfe an ounce, Rome yacoth flower's halfe an ounce,  
Bignone Apples 6. Drams, this Balm of Linc an ounce  
Use of Higewire an ounce, Reddwyne and Oyle Olive of  
each a pound. Soyle altho' these to the consumption of  
the wine, and then passe it through a cloth.

This Use.

You must sinage it into a wound with warm wyne, into  
deepe wounds, or else put it upon shallow wounds with  
out Cut sint or plaster, put onely a hole wout leafe and  
a Toller over it.

It is good for the Equine mingled with Lignous  
ding, And it is in this manner like wise good against  
Ophthalmes, the Kings still &c.

It fortifies the Heart and stays Vaniting being out-  
wardly applied by enoynting.

It is good against Deafnes.  
For the Hemoroides it must be applied with Rose water  
and fresh butter with a hole wout leafe over it.

For the Mother you must enoynt it outwardly with a  
hole wout leafe over it, being first mortified wpon smere  
or linc deale's, and over that a warm cloth.

Virgins Milke.

Take eight ounces of the spirit of hart in a glass bottle,  
put into it one ounce of Benjamin and halfe an ounce of  
Eterax, let it stand in the sunne till it turne to a very  
thick fodd, then pour it off and use it, Ther on 4. drops  
in good weather will be long enough. It may be made but  
not so well, either by setting it by a fire at a reasonable  
distance, with the stoppe of the glass onely laid upon it,  
or by putting the glass into hot water ther on 3. howers  
a day for three daies.

Ther on 4. drops in a glass of hart makes a Cordiall.  
Ther on 4. drops in water, is a Jubb, & likewise a wash.

To Brown Hands.

Take bitter Almonds halfe a pound, put them into hot water to  
take off their skyns, and let them be beaten very small, then  
take two ounces of Gold foode; one ounce of the foode of white  
poppie; one ounce of Decama rati, one dram of Borage, twelve  
drames of Camphire, the yolles of two new laid eggs, and two  
stale loafe of white bread about the bigness of a penny loafe,  
and one pint and halfe of new milke.

First you must take the Camphire of bread & put in a little of  
the milke & mixe them very well together, then take the  
Almonds & mixe them also very well as you did the bread  
and putting them into an earthen pipkin where you buye  
them in. Then take the yolles of the new laid eggs, mixe  
succinsly with a little of the milke; then mixe the Gold  
foode still adding a little milke to them, take y<sup>e</sup> foode of  
white poppie, the Borage, Decama rati and Camphire and mixe  
them also by little and little till the pint & halfe of milke be  
consumed; then set them over a gentle fire, being them  
stirring till you finde lumps rising in the bottome, but have  
speciall care it burne not too. Either Rubb and not wash, or  
ells wash with milke and water.

To Make Asphery water.

Take a gallon of Rode's Aspherys, of Borage and bugloss,  
of each a good handfull, a few toppes of timo, wood Marigold  
and Rosemary; Annason halfe an ounce in stickes, 4. large  
Mare, a pint of Damask Rose water. Etill all these together  
then put it into a glass that may be but 3. parts filled; put  
in it halfe a pound of white suger Candy in small peeces, and  
and sett it in the sunne three weekes. Take 3. spoonfulls at a  
time for any extraordinary heat or burning feaver.

A Lotion to cure sore Throat.

Take halfe a pint of faire water & as much Clarott wine  
a handfull of y<sup>e</sup> toppes of sage, a handfull of Rosemary flowers  
boile all these till the thirynth of the waite be out, then  
straine it & put in .i. ounce of honey a drachme of Rothe  
Album let these onely melt upon the fire, then take it off  
& set it by for your use to wash y<sup>e</sup> mouth every morning.

An Excellent breath for Coughing and  
Compounding the Blood and Humors.

Take the leaves of Burrago, bugle, with Eucory, & patience,  
and take a fillow of Veale, slice it very thin as the bark of a fige,  
and let it be the same part of it, Then put it in a gill be lye or  
caution pot well glazed of two pintes, and lay a few of y<sup>e</sup> thys-  
sles of Veale, Stratum super Stratum till the pott be full, then  
stop it with a clothe and lute it, then set the pott in a bottle  
of water in the manner of a Bain Marie with some fewe wood  
to keepe it from burning, and in three houres at most your  
breath will be ready, and you may make enough for three or four  
that is daisies successively becoz in the last butill it be spent  
in a yally pott, you may add a fewe deewot of Botony for the  
head, or a little wood sawell.

To make an Excellent Breath.

Take China Rootes, Hauts horns, Ivory & Seahorse tooth,  
and enuse them upon warm Ambros the seare of y<sup>e</sup> houres  
in 6. pintes of fountain water. Then take cheap Rootes, few  
= no. Rootes of each half an ounce, Raiow of the Sun stoned,  
busalted vapors of each a spoonfull, furdn Barly two  
quartles, molles food an ounce, put all those into the belly  
of a young pullet and sew it up, Then boyle it in y<sup>e</sup> infusion  
of China, and at the latter end of the boiling, put to it of  
the leaves of Burrago, Adiantum, maidens haire, Ceterach  
Liver wort, of each half a handfull, toppe of basilus a  
handfull, May gold flowers half a handfull, with 2. apples  
sliced without paining, on by the seeds taken out, let it be  
boiled to a pint and a halfe, for three draughts, and in each  
draught to dissolve a paper of the Magistraw of y<sup>e</sup> pear, renal  
and souli (ancient).

To restore Nature and Helpe the  
Weakness of the Sault.

Take a quart of good sack, a toppe of Rosemary, winter savory,  
& penny royal of each a libe, ymger, marj, Nutmeg and  
peper, as will burne the wyne well, two yolks of y<sup>e</sup> new  
laid egge, a spoonfull of Vidda Rose water, then boyle it well  
and drinke it warm 3. times a day.

For the Droppey.

Drinke the Juice of blew Lilly Rootes, an ounce and halfe,  
with two ounces of whey or also the Rootes sodden in wyne,  
drinke of it evening & morning, so saying much drinke of  
any drinke.

For Reddnot in the face, burning in any  
part, or for paines in the eares.

Take two poundes of Oyle olive 5 or 6. layge Vnguent, and  
cut them in slices and put them into your Oyle, boyle them  
untill they begin to be dry and crisp, then take off y<sup>e</sup> Oyle  
and straine it into that Oyle put in the quantity of an egge  
of busalted lime beat to powder, set it to the fire againe,  
you shall finally straine it untill it be thoroughly incorporated  
and hath rotted a little boyleing.

To make Lac Sulphuris  
or milke of Sulphur.

Take two parts of salt of Tartre and one part of Comon  
Beinstone beaten and searred to very fine powder unspalable  
Put them into a Chauride covered and for valuing them to  
get them untill they be come a Redd mass. That being rold you  
must dissolve it in boyleing water, then having filtered the dis-  
solution pour it by spouting little by little white wine  
(or rather distilled Vinagre) for to reduce it to the colour  
of milke, and let it so remain till the water be come cleere  
and the Sulphur be precipitated in the bottom of the vessel.  
Then pour off gently by inclination the water, & wash well  
the Sulphur in the bottom till you wash out all saltnes, then  
dry your Sulphur in the Aire, and that will become a most  
white powder if you have wrought right. And for you must  
keepe it close.

El Cooking Jewell for a powder.

To make  
Take a pinte of Barly water, a quart of a pint of the mish wine  
two ounces of fixure of viollets 2. ounces of fixure of  
Somon, mingle all those together & lett the parties drinke  
thow of when they please. If the party have a cough or  
troubled with phlegm put in 15. drops of oyle of Sulphur.

To Make excellent Tablets to purge.

Take 8. ounces of sugar, two ounces of Turbith. 1. ounce of Licorish all well beaten a part into very fine powder. And hereof you must make a paste with the Mulsilage of Gumme Arabick, for which purpose you must take as much of the fore said Gumme as will make about a Spoonfull of Mulsilage. Having made your Tablets by rolling your paste very thin you must drye them in the shade or in a stove. The dose is halfe an ounce, it is thowfore convenient to divide your paste by weight, & each Tablet may be a gr. you must take one just before supper.

They are good against Obstructions  
and flatulency and windy vapors.

An Excellent Cordiall and  
Antispasmodicall Water.

Take a quart of wallnut water and a quart of excellent good but not of the itaunges aquavite, mixe them together with two pounds of sugar. And then a part with a little aquavite drawe the mixture of Linamen in a little Shicli, and in another the tincture of Cloves, and in another the tincture of Roman or Siron pills, and the like of Ambocquis; then put in these tinctures by drops as it is most agreeable to your taste inclining most to which best pleaseth you Callate, and so keep it in a double glass well stopp'd to use upon occasion some few dropsfulls.

If you draw your Nutt water from the first buds of the leafe, it will be the more pleasing & effectuall.

To be taken in a feaver Heatish or other  
and to open the body.

D. Card.

Take of Electuarius Simitinum halfe an ounce, dissolve in it five Spoonfulls of Sursey water, and give it the patient once a weeke fasting, & fast seven houres after, and then take some thim breath.

For the Hemoroids.

Take halfe a pint of distilled water of frogs Eptume and therein dissolve the weight of a pound Ounces of Salt of Saturne or lead and keep it soe in a glass, for it will keepe 2. or 3. yeares, when you have occasion to use it you put some in a little canthen dish and make it only luke warme at y<sup>e</sup> face, and with very cleane raggs dippe them in twice a day or oftner if need be you must bathe the place being diligend to touch them.

For the Euryeye.

Take a part of garden Euryeye grass, you must not wash it but rubb it very cleane, and a part of Sea ferny grass and stampe them & put them into a close pott, then put into it 3. quart of white wyne, stopp the pott close & sett it into a pott of boiling water and soe infuse it 4. houres, then straine it and drinke every morning 4. Spoonfulls of this Juice with 2. Spoonfulls of Juice of Parsinoy. Some stamp with the ferny grass, halfe a pound of halflow of the Eum stone.

To allay the Chaugenise of the Urine.

Take a little sweet butter, and lay it in Rod. Rose water all night, and wash it in the water that morning, & then mixe it with Honey, and make it into a pill rolling it by dust brown sugar Candie. Soe swallowe it in y<sup>e</sup> morning twice or thrise a weeke as you shall find cause.

A Bawdy for too many.

Take of the best Todd wine halfe a pint, and as much of plantain water, a dram of whole Cinamon, being first steeped for halfe an houre in warme water, boyle all these a quarter of an houre; then with a new layd egg being well beaten the yelke and white together make a Bawdy and powder it with hand sugar; Take halfe of it in the morning fasting, and at 4. of the clock in the afternoon.



A Plaster for a Scapula.

Take a quarter of a pound of the best figgs, and steepe them, then take a good handfull of the topps of worme wood, half a spoonfull of pepper, a spoonfull of Bay salt, and halfe a ynto of Sacke meale, beat all these together in a mortar with as much Sallet Oyle as will wet them, to make them like a plaster, and when they be well yncorporated together, then divide the quantity into two parts, and spread it on two cleathes, and lay it to each side of the Belly of y<sup>e</sup> party at night when they goe to sleepe, but let it not touch the Navle, & so lett it lye till the morning. It may so wounde all the fire a little after it is spread to take off the cold, so farre it be laid on. The party may tye it thre or four nights, making fresh plasters every time, if it doth not produce much Urine, it is doubtfull the Rheas, is incurable.

A curious Balsome for the Scapula.

Take Sallet Oyle of the best, or oyle of Ewallowes, 3. pound weight, of Venice Turpentine one pound, yellow wax, 8. ounce, Oyle of Bayes 3. ounce, Oyle of Myrtell 2. ounce, Oyle of Juniper one ounce, Oyle of Spice 1. ounce, Oyle of Reticia one ounce & halfe, of Todd Saunders 4. ounce, mix all these & Turpentine, putt them to boile on a gentle fire, wash the Turpentine in faire water filtered, changing the water so oft till it be cleere, putt Turpentine white as milke, set a fire on a small fire, & when it is hott pour in the mixture of the Oyle, & Ewallowes into y<sup>e</sup> Turpentine by little & little, always stirring it well, with a cleane wooden stick, till all be well mixed, then lett it coole, it tues any curious wound, the Balsome being warme squinted into it till it be doore, then stopp it w<sup>th</sup> what as the best is. It tues any burne or brule by anoynting the place. It tues any Ulcer, or Eriatira growing from Colde. It dooth y<sup>e</sup> cure of the Death, the Urine being anoynted with it. It is doore w<sup>th</sup> for a burne taken inwardly with Eare, it is good for a Scapula, it must be fixt for long till it be thirt, y<sup>e</sup> impurities may be well incorporated into the other. The Balsome is to be used thus, where over y<sup>e</sup> swelling be it is to be anoynted outwardly, waime, but contrary shaped inwardly, the quantity of a hazle Nutt, in a little Eare.

The Walnutt-water called the Water of life.

Take walnuts in the beginning of June, beat y<sup>e</sup> quires huffe, shell and kernell very well in a mortar, then steepe them in a strik of lead, keepe that water by it selfe, then gather more walnuts about mid sommer day, and use them as you did the other, & keepe that water by it selfe also. Then about a fortnight after that (which will be a week in July) gather more walnuts and use them as you did both the other, keeping that also by it selfe. Then take one quart of each water, and put it all together, and distill it in a stillatory of glasse, and keepe it close stopp'd for your use.

The Vertues.

This water healeth all manner of dropsies and Lallsies, beinge drunke with white wine fasting, it is good for the Eyes if you droppe one droppe thereof into them. It is good to keepe the conception of a woman if shee drinke one spoonfull a day in white wine. It will make ones face very faire if it be washed with it. It is excellent for Inflammations within the body, driving out of it all Corruption, if it be drunke moderate-ly either in wine or water. It killeth worms in y<sup>e</sup> Body, if theye drunke in wine or by it selfe. And if wyne hath lost its Coloure, put a little violl full of this water into it, and within seven daies it will fortify it againe. whoe drunke both of this continually, shall live so long as Nature may well continue in them.

A Receipt to kill Wormes.

Take a handfull of Eadin, another of southern wood, one of worme wood, and another of Camomile, one of hore hord, one of great, another of foather few, and one handfull of the topps of vniott weeds: boyle all these together in a ynto of white wine vinegar till the Juys be runne out from them, then straine them into a pound of fresh Butter, then boyle it & strain it, and after ward put in three spoonfulls of the oyle of Eadin, with which anoynt the Childs stomack, and all a long downe to the Navle, afterwards put some browne paper on the Childs stomack, which is not to be removed till it falls away of it selfe.

The 1<sup>st</sup> Mar  
1591

To Purge

Take .3. ounces of furrow water, water. 2. ounces of  
Subarb, one dram of Elix, a little Elixanthum, infuse  
these dose reduced. 6. hours, then strain them out &  
put to them .4. ounces of the best blue (succants very  
well washed & rubbed with Elix, and halfe a dram  
of Castan). Infuse these in this liquor till if succants  
have beene sucked by all the liquor; take two good  
spoonfulls of the succants in a morning fasting, & an  
houer after a good draught of breath, if you find two  
spoonfulls doth not worke you may take .3. you may  
take it twice or thrice a weeke for a month together  
or oftner if you will.

For the Greene Sickness

1<sup>st</sup> Mar 1591

Take a quart of small Ale or beere and boyle in it,  
halfe a pound of walowes of the funny stowd, & 2. little  
bunches of Erentary, let it boyle untill halfe be consumed;  
this stinck is to be divided into .3. parts, & one  
part to be taken in the morning waxing, fasting two  
houers after. This proportion must be made .3. times  
and taken .9. daies together.

For the Vomiting downe of the Fundament

Take of Mastick of the kind of framboujous of each  
an ounce: of Toddies leaves of the bark of Oak of each  
halfe an ounce; make all these into a powder. Take of this  
powder & strow it upon a few cimbouts and let the party  
set over this fume; if you will put it by at any time, a  
bleath dyt in Toddies wine hott and wring out againe is  
the best thing to doe it with; amongst your rowsejost  
framboujous you may give out the kind.

For the Stoppidge of Urine

Take sweet Elix and water of Urine and for them  
in Urine and apply that to the bottome of the belly.

A Sweating Bath

1<sup>st</sup> Mar 1591

Take .3. black sheeps heads in wool, cleanse them and take  
out the braines, boyle them in six gallons of running wat  
till the fleash come from the bones, then take out y bones  
and put into it seven or eight Elixompaus roots, 3. hand-  
fulls of Damazile, as much penny Royall, as much water  
Mallowes; let them boyle well close stopp'd, and put it  
foething into a pail or two, sett into a bathing tubb, first  
made hott with a chafing dish of coales being covered w  
a sheete and double blanket; At either end you must  
have a stool, one higher to sitt on, the other lower to lay yo  
feete on; you must put yo head out of the tubb, and give the  
blankett and sheete close about your neck that y steams  
come not to your head, when you have satt as long in the  
tubb as you can endure it, tubb your selfe very well and  
with warme Napkins tubb of the feete at before you come out  
of the tubb, then have a sheete hott very hott & put close a-  
bout you, and lay you in a warme bedd except very close &  
sweat it there as long as you please; then tubb you very  
day with cleane cleathes, take heed of coming to hastily  
out of your sweat, you should use it three times, the same  
bath will serve to heat thine; be sure to have it boiling hott  
each time. you should purge before you use it & not goe out of  
your Chamber all the tyme, nor in a day or two after, when  
you begin doe it first at evening, then the next morning,  
and the next night; you must eate very light supper all the  
tyme you use it.

To Make Conserua Cruma an excellent  
Cardiall blood by Dr Antton

La. Her

Make Jolly of hearts hours with Beaggs of Buglesse water  
& before it be too thicke take it off y steams it & put to it as  
much fine suger as you taste allow th some Ambergris,  
let this boyle till it be cleere, then have ready as much fine  
yewewood yellow Citron rutt in very small bits as will make  
it yettly thicke still letting the Jolly botwene look cleere,  
and let this boyle in till it be well mingled, & then put to  
all this a good deale of the best water gold broken in little  
peeces, and stie it well with the best, and soe put it by all  
in a glasse and it will keepe all the yeare.

## For the yellow jaundis

Take of the shavings of Ivory and of Hart's Horns of each halfe an ounce, of the Rootes of fennell and of Starberris and of the inner bark of the Barbary tree with y<sup>e</sup> weight of 2. pound of Bassewood tinct in a cleare  
Boyle all these except the Bassewood in a quart of poppe-  
dew till a quarton of a pinte be consumed, then take  
it from the fire, and putt in the Bassewood, lett it stand  
close covered till it be cold, then straine it and lett him  
drinke six or 8. spoonfulls 3. times a day in y<sup>e</sup> mor-  
ning fasting, at 4. of the clock in the afternoon, and  
at going to Bedd.

## To cleanse the Teeth.

Take of redd and white Storax all of each two drams, of  
Ursis Rootes and liquor cloos of each halfe a dram,  
burnt hart's horns and Beavens of Cantax of each a  
dram, of the flowers of Rosemary halfe a dram, of the  
finest Mastick two scruples, of the Magisterium of pearl  
ten graineds, lett all these be beaten into fine powder  
according to Art.

Doctor Chambers Receipt for y<sup>e</sup> Wormes.

Take a pound of the best English Honey, 4. ounces of the  
best figgs, halfe a pound of the best worme seed, beat all  
these together like paste & set it forty daies in y<sup>e</sup> Emn  
and straine it out a day & for give it at the full of y<sup>e</sup> Moone  
to Children of 4. or 5. yeares of age, & to young Children  
at y<sup>e</sup> increase of the Moone, the signes of a Worme at a time.

## A Lunge for the Wormes.

Take of Brown 2. drams, Agarick and Rubarb of each  
halfe a dram, worme wood seed halfe a dram, Davils and  
Centuary 2. or 3. toppes, boyle them in halfe a pinte of  
water till it be halfe consumed or there about, then straine  
it and put 4. or 5. spoonfulls to halfe an ounce of Juicy  
of Violets and for take it in the morning.

## The Cephalic water

Take of Lionys Rootes halfe a pound, of Sheardill Rootes.  
Valerian Rootes, Angelica Rootes of each 3. ounces, of Oris  
one handfull & an halfe, of Rosemary 4. handfulls, of Sage  
Garden roode, Yuccke minte, and of Marjoram. of each one  
handfull, of Bottony and of Balme of each 2. handfulls, of  
ground Lin 2. handfulls & an halfe, of Red Rose leaves 4.  
handfulls, of Bonifigg watres 4. handfulls, of Starberris  
3. ounces, of Marjoram flowers, pimper flowers, Bottony  
flowers, Rosemary flowers, sage flowers, of each one hand-  
full and an halfe, of Lavender flowers 2. handfulls, of lil-  
ium Convallium flowers and lins two flowers of each two  
handfulls & an halfe, of yellow Sanders & liquor Theriacum of  
each an ounce and a halfe, of Nutmeggs 3. ounces, habingall  
1. ounce, and Rubibos and Cardamon of each 6. drams  
Lay these that are to be powder, after wards pour on  
them of white wine 3. parts, of Rose water one part 4. fingers  
above the ingredients, at the end of 9. daies Digestion  
Distill them with one pound of Cinamon according to that in  
Balneo. This water is to be putt into the Head at y<sup>e</sup> Nose  
the Head being bound back, being good for any paine in  
the Head, but especially for any that comes of Colde.

## An Ointment for the Excor.

M<sup>r</sup> Johnson Take 6. pound of May butter, put it on a fire in a pail,  
when it is melted putt into it a full pottle of black sharles  
& let them simmer halfe an houre; then put into it as much  
horns dung as the signes of an egg, and halfe a pound  
of frankincense, then take these herbs following Elder  
Leafe, Camomile, Lavender, Minte, Heartsease, wormwood,  
Burdocke, Bucklime, Eothornwood, Smalldoge, Lavender  
rotten, and Bay leaves, of each a good handfull. Choppe  
these small and put them to y<sup>e</sup> butter, lett it boyle on a  
quint fire halfe an houre longer, then straine it, when  
it boiles quene take it off and straine it, and when it  
is cold take it cleave from the ground that are in y<sup>e</sup>  
bottoms & for keepe it in tym pots.

For the greene Sickness must approvd.

Take a pottle of running water, & put the same into a glassed earthen pott, adding thereto .3. or .4. good handfulls of quinces howe homed now gathered & cover y<sup>e</sup> pott very close with paste thick luted on that no fume come younto; then put it on the Embers to steue one by e not to boyle till the one halfe be consumed, which you shall see by opening the pott & stopping y<sup>e</sup> same close againe; Then strain the liquor after it is steued, & give it blowd warme every morning unto the woman a good draught, untill this be drunk out; when this is done, make more tomy daies drinking will helpe the same; y<sup>e</sup> party will looke greener in the drinking of this, but after wards when shee loaveth it her blood will spring very fresh & againe in her chcolers.

How to prepare wormes for London.

Gather the wormes all night then put them into an earthen pott with fennell to purge them selves. In the morning take them out and put them in a platter and fling an handfull of Bay salt amongst them, then beat them and the salt together a good while with your hand and wash them in fowerall waters untill their flummie be gone. Then Ditt of a little of each end of them, and keep them steame through and feare out all the earth within them, and put them into faine water, untill you have well cleafed them all; then shift them into fowerall waters, washing them till the water be very cleare; saltly wash them in white wine which will cause a cure at fforthynesse, take them from that & put a little fath white wine to them, & let them stand all night in that; In the morning take them out, dry them in a cloth & sett them in a Oven, that is not very hott, saying them flat in an earthen platt, or about a fire, you must be sure the Oven be not too hott, for if they dye too hastily they be spoiled; you must putt to two ounces of this powder of woodnes halfe an ounce of Balsme of Trewey and halfe an ounce of Calcedon that is heare; These powder mingled together, you must take every morning for fift wecks together as much of it as the weight of elent pence; & with it after it this poppet drinke following.

The opening Poppet drinke to take with the powder.

Take two quartts of cleare poppet drinke, then take a brace of aquis roots a fennell root, a burrerie root, a Linsiey root, a dandelion root, a brownarea root als viperis grass, two pipins or Permaines flered. A handfull of Vajours of the Emu stoned, halfe a handfull of hquemony, or mure Etabiob. when you have made your roots ready to putt in, you must stamed them a little. Then put all the things together, and let them boyle in the poppet drinke till halfe be consumed, and let it stand in a pottle with these things. All the while you drinke it, you must make this poppet drinke twice a weeke.

When you take your powder you must woth it one by one, & putt it into a spoon with some of this poppet drinke, and see howe it doone, then wash it down with two or .3. spoonfulls of it warme, and halfe an hower after drinke halfe a pint of it warme and eat wrought ofe, till dinner that day.

The purge to be taken cure a weete all the while ye take the powder.

Two ounces of Eiacung, or Burroxy with double infusion of Turacke put into a little of the opening poppet drinke. The day you take your purge you must not take y<sup>e</sup> worme powder, but keepe ye Chamber. Take also this purge the day before you begin to take the worme powder.

M<sup>r</sup> Lancers.

For a woman in Childbed, that the midwife hath lost some thing within her that should not be.

Take halfe a pint of hys, put it and wash it cleare, then boyle it in .3. pintes of lye till it be soft, then take a good quantity of Balsme either deuy or garden, and boyle it well after the Balsme is in; then strain it from the Balsme and hys, and give the party a good draught of it warme, and succeeded with iacoe to her liking; This proportion will make .3. draughts.

M<sup>rs</sup> Larsons

To stay vomiting especially in Childs bodd.

Take a quart worth of the best malted and y<sup>e</sup> like quantity of the best frankincense. beat them very small then take .ij. dates take forth the stones and slit them in small pieces, then take halfe a handfull of minte either drye or greene as the season will afford; beat all these well together, then put to them either a little sack or muscadine, to moisten it, then spread it on a linnen cloth and heat it very hott in a dish. when you heat it you must put either a little sack or muscadine in y<sup>e</sup> bottom of your dish, then lay on your cloth with the things spread on and stie your cloth gently about the dish to keepe it from stirring whilst it is on the coales, and lett some body hold a hott fire shovell over it that it may the better heat; then lay it on to the patients stomach as hott as may be suffered. If there be any stitthos on any side with y<sup>e</sup> vomiting then lay the powder most to that side, also lay it just to the mouth of the stomach.

A Bath.

M<sup>rs</sup> Larsons

Take a chrysope head and pierce the wood very cleane and wash it the same, then with a booke or some such like thing beat it till all the bones be well broken in it, break it in some thing that none of the blood or any part be lost, then take mallowes and Holywort leaved violet leaved many gold leaved five leaved be as many of these herbes as may be got, and boile them in a good quantity of water: It must be very well boyled till the chrysope be all to Mash, then strain it off for a Bath.

A Stopping and Strengthening Meddine for the Bact.

M<sup>rs</sup> Larsons

Take the whites of 3. new laid eggs and beat them well, then putt to them as much hard sugar as y<sup>e</sup> quantity of an egg, beat the sugar and putt it to the eggs, then beat them well together. Dresse this morning & evening for 14. daies together. If you cannot take the whites of eggs, take this following, onely y<sup>e</sup> will find good, but it would be much the better if you could take both. Then take

Then take water Crocus, muscavone, & sweet gale, of each two handfulls. .ij. dates slit & the stones taken forth, pour Nutmeggs quarterd, the rith of an Ope bart, & of a shropps bart, slit the riths down the midst and cut it in peeces, and boyle these well together in 2. quartts of faire water, till it be about halfe Consumed, you must keepe it close covered whilst it is a boyling, then put to it a quart of muscadine & a pint of redd Rose water, you must drinke a draught of this in the morning before you rise, & if you can, drinke after it, & at fower a clock in the afternoon, and at night when you goe to bedd; you must continue to take this, till you have drunke three of these proportionts.

For too Many.

M<sup>rs</sup> Larsons

Take of the best bole Armenian & redd Corall of each as much as will lay on a goat made into very fine powder in a spoon full of redd wine that hath had a peece of new fracture boyled in it, and drinke a spoon full of wine after, you may if you will sweeten the wine first with hard sugar, but if the party be very weak and it require help, you may give the Corall and Bole Armenian in what is next at hand.

A Receipt for Zomatum.

Take .ij. of Mutton suet of the best sort out of the y<sup>e</sup> chryso, and put it into spring water, shifting it twice a day for .ij. daies then mince it very small, put it into some earthen pott, cover it very close & sett it in a pott of boyling water till it be all melted, then strain it into a bason, put .vi. spoon fulls of plain water thereto, & beat it together with a spoon till it be cold, then lett it stand till y<sup>e</sup> next day then melt it againe in hott water as you did before, then putt to it .vi. spoon fulls of May dew, & continue boating it as before till it be cold, then lett it stand till y<sup>e</sup> next day then melt it as you did before, then putt to it .vi. spoon fulls of y<sup>e</sup> juice of lemon & beat it till it be cold againe; then melt it againe as before, then putt to it an ounce & a halfe of y<sup>e</sup> whitest Spermaceti that you can get, & then putt it up for y<sup>e</sup> use. Take heed when you putt it up y<sup>e</sup> nose of the water that is in y<sup>e</sup> bottom be putt up with it, for that will make it yellow, you need not to strain it after the first time, but strain the juize of lemon when you putt it in.

How to Make fine Eloth.

Take the scales of a salt sheep when it is hot, and girt out all the bloody downes and put it into water, & lett it lay nye: dais in water & chaulging it twice a day, then take it out, and drye it very well in cleane cloathes, till such time as you may crumble it in hande like flower, for soe you must be able and tuble it all, and take away y<sup>e</sup> skinny lumps, then put it into a silver basin, and into it putt halfe a pinte and some what more of samall cleane water, you must put it in by little at a time, and knead it with your hande like paste, then wove it close, and let it stand, while you prepare your other things. Take of white lillye roots, burdocke roots, of each a good handfull when they be washed and picked cleane, and of 8 leucopans roots two good handfulls, shive and cutt all these, and add unto them ten good pippins, mixe all these with your foot, and put them into an earthen pithers pot, of a gallon at the least, and stopp it very close that noe airt come out of it, and sett it in a bottle of boiling water, & lay a stone upon it, and keepe it from moving, and lett it be kept boiling 14. or 16. houres, fill up your bottle with hott water as fast as it consumes, then take it, & poure it into bawles, and when it is cold, put it in dryed Hoys: It will keepe a long time for your use.

Oringe Water.

Take 2. spones of Oringes and pare them very thyn, and beat the pills in a Mortar then put them into the best bark to steepe 2. dais close covered, then put it in to a glasse still and cutt it very close and distill it w<sup>th</sup> a gentle fire: you must drawe a pinte of water of a quart. Then soepon your water to your taste with double so much sugar, and when it hath stood a day or two still shaking it, then filter it into another glasse and hang a little bagg of Amber greece in it, stopp it by very close, Its best to stand a month before you drinke it.

For a Reddening in y<sup>e</sup> Throat.

Take an ounce of Lime apple kernels & blanch them, then take an ounce of white poppy seed, & a pennyworth of yole of Bon: Stamp all these till it comes to a paste.

To Make Cordiall Lozenges and good for the Stomack.

Take halfe a pound of the finest sugar, halfe a spoonfull of the powder of salt Amber, 2. loades of mace, a little nutmeg and about that quantity of Gallinall, also a pennyworth of safyon: these all beaten fine and searced: then putt to them foure grains of Amber greece, & 2. grains of muske being ground small with some of the sugar, these mixed all together, putt to it a spoon full of the spirit of Mint and with y<sup>e</sup> same wooden steeple in Rose water, make it into a paste beating it with a pestle of wood in a stone Mortar, then w<sup>th</sup> yo fingers make it in little Cakes, & let them lay abroad on a paper; in two or 3. dais they will be drye enough, and take of them, one in the morning, one in y<sup>e</sup> afternoon, & at night when you goe to Bedd.

To Make Sirrupps of Turneps.

Take a gallon pithers, and fill it full of Turneps pared, and thins sliced: put into it a stick of Cinamon the length of a finger, about the like quantity of the dryed roots of 8 leucopans, both bruised: put in also 6. spoonefulls of Rosh Rose water, with 6. spoonefulls of white wyne: Close by the y<sup>e</sup>ll with fourse parts, or some thing that will keepe in the liquor: Bake it with the becomest sort of Beever, and when you take it out off the Oven let the cleave Juice run from y<sup>e</sup> thred through a strayer: Then give 6. spoonefulls of it in y<sup>e</sup> morning, & att 4. of the clock in the afternoon, & last at night: fast or howe at least after it.

For a Sore Throat.

Take 2. quartts of new milke and a pennyworth of white bread, one good root of white lillys, you must boile the white lillye very well & tender before you put in y<sup>e</sup> bread: then put in a good quantity of the y<sup>e</sup> finest shred very small then boile all this well to y<sup>e</sup> thred, when it is almost boyle ready to take off, put in 2. spoonfulls of fine wheat flower & 2. spoonfulls of his home, & 2. new laid eggs: if y<sup>e</sup> sover be y<sup>e</sup> more much drawing then put in some beaver cordale, Apply it very warme, & put in a fac in our Throat a day.

The lady Hewitts Cordiall water.

Take of Rood sage. Be Honny. Eyre mint. Violet fozp. Bittwell. Cime. Balsm. Lemysill. Banarb. Callendms. - water. Herbs. Harts case. Lavender. Angellira. Geamans. Callamit. Camauill. Polts foot. Abew. Valerian. Sapp. feag. Puyronell. Vanden. Turseloy. Rose mary. Barock. Cradibow. Le thony of the wall. wild Marjoram. Roman wormwood. Cardus. Benedictus. mother of Cime. foild. Doyros w<sup>th</sup> the flower leafe p<sup>r</sup> roots altogether of each of these foure hearts take a hand full when they are cleane putt from their stalks.

Of Pus. Maiden haire. yarrow. Comfrey. Sweet Marjoram. Camomile. Plantan. of each of these a hand full be fow<sup>r</sup> they are pickt. Of Reginomy p<sup>r</sup> Dowship/flowers half a hand full of each of these many flowers half a quantity. Of Amys seed. fennell seed. Parsely seed. Dancemay food. of each of these take 2. Drams.

Of Nutmeggs. Ginger. Cinamon. Pepper. Cloves. Mace. of each of these a Dram. Epithimand. Charampain. Roots dryed. mollit flowers. Gallanus. Aromatizans. Cardomonam. higny Albes. Fudarb. flyed thin. Gallougal. Mercuria. Ladaria. - Quibbbob. Grams. of each of these 2. Drams.

Juniper berries one Dram. Aromatizans. Pofarum 3. Drams. China Roots one ounce. Calafat flyed half an ounce. Harts Honny. 2. ounces.

Wash all the hearts and fringes them in a cleath till the water be well dryed from them, then lay them upon a Table to dry better, after shewd them small p<sup>r</sup> put them into an earthen pott. p<sup>r</sup> put thereto much of the best Sherry sack as will cover the hearts, p<sup>r</sup> so lett them steep 24. howers, but put yo seeds Junos and Benzoy being bruised into the midst of your hearts be fore yo steeping. Then putt it into a Limbeck. and from this quantity of Juice draw 2. Drams. 3. pintes of water, which being mixed will be strong enough. But if you desire to have it smaller you may take a pint more from the same stilling. Then

Then into every quart glass of water put the quantity of Cordialls here expressed.

Of Bezoar. 15. Grams. of muske. 12. grains. of Ambrogio. 10. grains. These Cordialls must be beaten p<sup>r</sup> ground every two be fore they be put into the glasses.

Flower of Soudall one Dram. flower of Leade. one Dram. - flower of Amber half a Dram. white sugar Candy beaten half a pound. Of leafe gold. 4. beabes. A small bagg of Easton. Lkabe these well together in the glass for 12. days. grate out a day p<sup>r</sup> the longer you keep it the better for the use being close tyed up.

El Walter Hawlight's Great Cordiall.

Take the essent of Amber queros. 4. Drams. Bezo stone 1. Dram. Cera sigillata 2. Drams. Magister Perlarum one ounce. p<sup>r</sup> 2. Drams. Mag. Coball. 1. 3c. The Emulsion of all the Cordiall hearts. 4. ounces. Harts Honny. Calind. 2. Drams. Sugar Candy a pound and a half. beand all fetenally first very small p<sup>r</sup> then altogether. Put it into fens calthen Veshell p<sup>r</sup> tyo it up very strongly. If it be kept very close the longer 'tis kept the better. Give as much as a Loafe at a Tym.

How a Vomitt.

Take of Crocus Metalarum made into fine powder. 1. ounce. Let it stand infusing in a quart of good sack for a day or two. Yoggle it or shake the glass twice or thrice a day. When you be it draw out very gently the hony that it may drawe pure from the Crocus powder. To a strong body yo may give an ounce and a half of this hony. to a weaker body an ounce. After every Vomitt let the patient drinke wakew rlecece p<sup>r</sup> salt ale or Sweet hony or more. Also when they beate Vomitting. let them use either sleep or drinke cold drinke till they shall beate Vomitting.

For a Querture.

Take of Solomons seals, Cumfey Roots & Beale Roots of each .ij. ounce, boyle all thes in a quart of redd wine and a quart of water mingled together, to y<sup>e</sup> Consumtion of a third part of the water and wye. with this liquor make a strupp and gibe the party fouer spoonfulls of this strupp in the morning and at .ij. of the eue in y<sup>e</sup> afternoon, if it be a Child bind it only with a Curse, if for a Man or woman they must weare a Curse & keep their bedd. three weekes or a month.

For a Consumption.

Take of redd Rose water & burrow water & distill Milk of each .ij. spoon fulls, put to this .ij. spoon fulls of the steolings of a redd Cow if it be to be had, if not of a blacke cow, only be raw full not to change the souer, but keep constant to our souer you may put the water into a pott, sett into another with warm water that they boyle not the milke, for it must be taken as neuer as you can bloud warme, drinke this ebery morning, and on howe after date your breakfast.

y<sup>e</sup> lady Vere.

A Receipt to make the white Ointment or Balsome to take away Wemits.

Take .ij. of Butter made in May well beaten from the butter milke, but not wash, and Lemst as much as you can till the flowers be ready, then take .ij. pintes of Broomes flowers, & one pint of Elden flowers, put them & let them be wrought very well into the butt, then sett them in y<sup>e</sup> Sun one month till it be whitish, then take it & melt it & straine it, & put it by for your use.

The Use of it.

Thoygt the wem well with it three or .ij. a day & chafe it in before the fire. Then lay a linnen cloath to it, with mynt continue to it, until it become raysonne, and then knowe it.

A Mannolet to Strengthen the Stomack and helpe Digestion & Dissolve wind, taken before and after meales, the quantity of a wallnut.

Take of the pulpe of Quince being boyled softly aboue the Vapour of warm water and brought to his y<sup>e</sup> soft consistence, And pure good sugar of each one pound, boyle those to a perfect consistence, and when you have taken this from y<sup>e</sup> fire, before they are cold, mingle with them, Gumam & Gum of each .ij. Drams, of pepper one Dram, Nutmeg one Dram, of Clove a scruple, incorporate those well & put it in leade. Tho this as aforesaid.

For a Canker in any Part. Chartier Opate.

Take of the Rootes of Anala Compara, of Saffapanilla, of China of Juniper berries, and Ziomy ana .ij. lb. of the Rootes of Nerhanian .ij. lb. of Orientall leaves .ij. lb. let them be macerated in a sufficient quantity of water you shall see Marke, the space of one day, in that which is strained therefrom Dissolve of Nodilla Casie newly extract .ij. lb. of the Confection of Hamoth .ij. lb. of Sulphur Pho, Lona and Jalapi ana .ij. lb. Conserve of the flowers of Memphis, Cinlois, Viollets, of Litron pill Conditiv. of the powder of Old Turpentine .ij. lb. of Linsey of white Roses, & Syng of the flowers of the peach an .ij. lb. And let this Chartier Opate be made according to Chart. afterward let it be preserved in a fit vessel for use. A fit dose is .ij. lb.

Chartier Opate.

Chartier Opate.

There may be added of the powder of Rus, or of Zambouris (commonly called Agnus castus) .ij. lb. there be a flipp of the there may be also added flowers of brimston & of Benjamin according to the being of y<sup>e</sup> disease. In such a disposition of the body, I have very often opposed the happy Emperie of thro Remedy.



How to Cure a wound that came by  
burning, or for a present Burning

Captain Brednoth.

Take a pinte of the best Beere, & in a skillett make it  
and after it hath boyled a little, take it from the fyre  
& put into it a pound of yellow waxe being first thin  
skred, then stre it present by very well for oyle it  
will boyle over upon putting in the waxe: then infuse  
therin i<sup>ij</sup> worth of sweet mallowe, i<sup>ij</sup> worth of toson  
both first beaten to fine powder, & one halfe i<sup>ij</sup> worth  
of fine Rock Allome beaten also to fine powder, but  
put in the Allome last, & by little & little at Once,  
least by putting in the Allome it should sandy in the  
bottom: then sett it on the fyre againe, and let it  
boyle a little, which when it hath so done take it of  
& put it into pottis for your use.

Little to Lurgo soler or Fleame: & also good to  
take away any ill in y<sup>e</sup> Body: To be took fasting  
2. morninge together Once a Month.

Take half a doome of Tabacke grossly beaten & mixe much  
of Conserve of Damasco Roses as a Nutmegg, & 3. gr. of  
Cinnamon beaten, mixe uppe them together with 4. drops  
of Roshish wyne: to make them soft: And so make the  
Pills to serve for 2. morninge, and then take them  
fasting, and half an houre after drinke a good draught  
of Clarified whey or the rish wyne with Sugr.

A Plaister for the Stomack  
to stay Vomiting.

M<sup>rs</sup> Clark.

Take a quart of lowe Leaven & some Juice of  
Syring mist, & the like quantity of Rosh wyne, so  
much of both will make the Leaven serve  
like a Plaister: Spread it on a cloth, then strike  
a little Lurgo into it, and so lay it  
warmed upon y<sup>e</sup> Stomack.

Work Balles by M<sup>rs</sup> Clark.

Take a pound of pure white Lard, fringed very thin  
with the best of your Lins, & then lett it to drye in y<sup>e</sup>  
Sunne, or what for want of that by the Heate of the  
fyre: soe being well dryed, yome upon it spirit of wine  
or for want of that, Aquatit well purified, or  
Emetick with much of Tolemary flower, & let that  
liquor stin about your dryed Soap, 3. finger high.  
In preparing your said liquor you must take 4. ounce of  
Musk & cut downe of the flower of Tolemary, and  
and yome: upon them a quart of the spirit of wine  
or Aquatit to which well stin over the musk &  
Tolemary about 2. finger high: And lett them  
soe stand for 24. howers in a Matasse or Glass  
Vessele: you shall then yome the liquor into a  
wether Vessel when you perceiv it high coloured,  
but soe gently as that ye stin not the wether  
out of the bottom, upon which ye must yome more  
Aquatit untill ye find the musk to give noe  
Coloure at all: Then take all the Aquatit or  
spirit of wine as ye have soe Coloured, & yome  
it upon your dryed Soap, into some sauthey pott, w<sup>th</sup>  
a Chole Collic, and put into it a quart of a pinte  
of the spirit of Caltax, And having soe distilld  
it 24. howers, Lower all Out of your pott into an  
Oyon Concum, and expose it to a hott Sunne or  
hott fire, that the spirit of wine may Evapo-  
rate and leave your matter hard: Which you  
must then beate in a mortar, and to be yome into Balles of  
what size ye please. I would add to this Receipt by  
taking likewise the Emetick of Benjamin storax  
and by trying w<sup>th</sup> drayne out to be most. And in  
making by the Balles ye may if ye please enoynt  
your hande with Oshewd.

M<sup>r</sup> Jones

The Melilot Ointment for Swellings  
and Tumors.

Take a great quantity of Melilot flowers, chop them very  
small, put to them so much may butt as will may on them  
Then sett them on a fire & let them boyle a good while; and  
a little before yo take it off the fire, put in about half a pint  
of salted Oyle, let the Oyle & that have 2. or 3. waimes.  
Then take it from the fire & squeeze it very well, & see keep  
it for your use. When yo vse it you must melt it in a bawle  
& with your hand trace it well upon the swelling, then lay  
a black brown paper upon it, & so wrapp it up. If it be a  
Cold swelling when you vse it mingle a little Aquatill  
with the Ointment. This Ointment will loose very good  
if it be right made. To make this into a Salve for pumors  
Take a quart of .i. of Beere Sweet, and a quart of .i. of  
the best Turpentine, & a quart of a pound of Rozin, and  
a quart of .i. of Beere wine, melt these very well together  
Then put in of your Melilot Ointment, about halfe so  
much as all the other things. Then when they are very  
well mingled together, pour it into a Bason of wat  
and auout yo hande work with Oyle, & take it out  
and wrad it very well, and make it up into Poultice  
& so keep it for your use.

For a Sore Breast by milke  
halloving or an Ague.

M<sup>r</sup> Jones

Take many hold leaves Sothern wood & hamys of  
each a handfull. Then beate & beate small & put to it  
.i. of haulte grease, and beat them up into a Poultice  
& so spread it on a cloth, & wrad it a little before  
the face, & so lay it on a breast, shift it twice a day  
When yo would have the breast to beale, lay it a  
little thicker there, then in other places. If it be  
spread a litle, all over the Breast it will be solve  
it with out breaking.

Linnæus's Medico for Consumption  
Vlcers &c.

Take an ounce of the best Cina Froes and floure it very thin  
then solat to steape one whole night in 3. the quarts of  
fontain or bound water, the next morning pour y water  
and the Cina into a Dyall Tett, then put in to the Tett halfe  
half a pound of the dargest & best Raisins of the Sunn being  
stoned, 3. quart of an ounce of Chmy seeds, and 3. quart  
of an ounce of English Turask be me, Cleane feruysed and  
flourd; then Dure the Tett and set it to boyle gently on a  
Charcoal fire for the space of 6. or 7. houres till halfe  
the water be consumed, then take it from the fire & let  
it stand covered almost a quart of an houre, & then straine  
it through a Hauce bive, and keep it for your use.

Every morning drinke a Beere glass full of it warme;  
but at meals Cold, and a beere glass full of it warme,  
when yo goe to Bedd.

It must be made fresh every day, the second day yo must  
put in an ounce & half of Cina Froes. The third day two  
ounces, the 4<sup>th</sup> day 2. ounces & halfe. The 5<sup>th</sup> day three  
ounces. Then continue the proportion of 3. ounces a  
day for 42. dayes. The quantity of the water and the  
other things must be every day the same as at first.

If this drinke bind yo Body, that yo goe not to stools  
once in 24. houres, then leaue out the Raisins, and put in  
half a pound of gumme stonod, this continues the gumme  
till yo body be loose, then leaue them out, and put in the  
Raisins againe.

If yo have any Vlcers, ffmes or Loops, wash them w<sup>th</sup> the  
Linnæus drinke (but never with the Beere) warme, 3. or 4.  
times a day & it will heale them; If they be Contible make  
Tents & wash them in this drinke w<sup>th</sup> will cure the Loops  
better then any Salve what so ever. The day before you  
take this drinke you ought to purge, & on the 10. or 12.  
day you must purge againe, and so every 10. or 12. day  
you ought to purge; And the day after yo leaue drinking  
it, you must purge againe.

The 9<sup>th</sup>

The Procyon purge for a Man is one Ounce of Colubrio -  
 trane Diabolus in 2. ounces of Ladus water: but a less  
 quantity for a woman or Child according to discretion  
 you may use in stead of it any other purge that yo shall find  
 most agreeable to your Constitution. During this time of purge  
 yo must drinke nothing else. At 4. a Clock in the afternoon  
 yo may take a beere glass full warme if you please. If it  
 gett you an Appetite yo may take Lewis of bread and  
 Almonds & Raisins for yo Collation. If 3. pintes of drinke  
 a day will not suffice, you may take as much more water as  
 yo shall thinke fitt, proportioning the other druggs to it.

All the while yo use it you must either take druggs of  
 Mutton or Veale or Henne well roasted, and with them  
 the best of bread & but little Lemme. Almond Salads, fish,  
 fruits, Chiefe, and all kind of Salt & soure meate w<sup>ch</sup> is  
 to be avoided.

℞ Gilbert Talbot. Mercury Pills.

Take of Spirit of Nitro. 6. ounces. put it in to a Bolt-  
 Head. Lint to it. 6. ounces of the purest Mercury. stopp  
 it w<sup>th</sup> paper slight ly that it may breath in working.  
 & take them w<sup>ch</sup> yo shall see a Labret w<sup>ch</sup> yo shall see it  
 stand still a quarter of an houre. Then take it as before.  
 Continue to doe thus with it till the mercury be all dissolved  
 (as it will seeme to, if the ingredients be good) when it is  
 dissolved put into your Retort 2. or 3. ounces of water  
 of Tartar. let it stand a while, then put a handfull of  
 Salt into 3. quart<sup>ers</sup> of a pinte of faire water. when y<sup>e</sup> Salt  
 is all dissolved put that water also in to y<sup>e</sup> Retort. & let  
 it so stand till y<sup>e</sup> next day slight ly stopp as before. The  
 next day pour forth boylely all the water that is above  
 and then put in to it fresh water almost to fill y<sup>e</sup> Retort  
 & take it as before, and lett it so stand till the next  
 Continue

Continue so to change the water every morning and evening  
 for 8. dayes, shaking every water: when yo find by the Taste  
 thereof no Salt or Tartar remaining, pour forth all the  
 above water with the bodiment into a Silver basin or another  
 dish well glazed. And when the powder is all well settled to y<sup>e</sup>  
 bottom pour forth gently all the above water from it, and  
 lett the powder to dry in a dish in the shade, which may  
 require ten dayes: The powder thus prepared & dry take a  
 Dose of the powder w<sup>ch</sup> is 34. grains, and put to it 21. grains  
 of fine Almonds in powder & make it into Pills w<sup>th</sup> y<sup>e</sup> Spirit  
 of Molrosatum.

Take a Dose of these pills after the first sleepe at night  
 and sleepe not till they have done working. Usually they  
 begin to worke 3. houre after the taking, & worke about  
 4. houre, but if the Body be very feble they may chance  
 to worke till next day.

After they have done working take every day for three  
 dayes together this Glistre following.

The Glistre.

Verbeine 2. handfull, shallowes 4. handfulls (water in a  
 mortar to pulpe) put to it of the breath of a Hen sufficient  
 for a Glistre, and let all boyle together a quarter of an  
 houre, straine forth the Juices. & put to it 4. ounces of Sybe  
 Olive. 4. ounces of Redd Wine, and boile it about 4. Lator  
 water. Of this take sufficient quantity, & put to it the  
 yolks of 2. new laid Eggs & administer it the day after yo  
 pills have done working, y<sup>e</sup> like Glist must be given 3. dayes  
 together.

If the Patient be not cured by y<sup>e</sup> first Dose of Pills, y<sup>e</sup> like  
 Pills & Glist may be taken a second time w<sup>ch</sup> will doe y<sup>e</sup> part  
 without Lintred, paines or trouble, but observe that the  
 Body must have eight dayes Rest betwene the taking  
 of the Pills.

This

This is a most approved medicin for the Tox & all kind of  
Diseases proceeding from Corruption or still humors or  
Humors, & prevaileth greatly against Dropsies & Gouts,  
For the Same Disease.

Int. 5. wine quarts of water, over a fire in a bottle and  
when it be ymucth to boyle, take one ounce of white Sande  
4. ounces of Calapavilla, One ounce of Redd Sande, and  
one ounce & halfe of China slice them into water & let them  
boyle half an houre.

Then take an ounce more of Redd Sande, one ounce  
of miserton, the miserton must be dissolved by being  
infused 24. houres in wine, either of saffron or foot  
ferre according to y<sup>e</sup> direction, in default saffron but  
weaker, Note the miserton in this does the chief effect

A quarter of an ounce of gumum, cut them small and  
put them into the water and lett them boyle a quart  
of an houre, Then take halfe an ounce of Calapavilla,  
a quart of an ounce of gumum powder, A Spring of  
Sulphur (cut them small & put them into the water,  
Let all these boyle together till there be mayntith but  
5. pints of water, this must be 3. or 4. houres over a  
quiet fire making, when it is coole put it into glass  
bottles (not stopping the stopper with premit) And so  
poure it out upon occasion, It will last 2. days & more,  
Drink a glass full in the morning an houre before you  
Eate, a full glass when you goe to Bedd, the Rest after  
meals &c.

In these woods, drinke nor Eate nor maner of signid  
but this, Eate nor salt nor ate, To pper nor Beefe, But  
kaffe, Wine, & hir dres, broyle, Mutton, and those dize  
little as in Dyett, neither Lincke nor Bloud.

My Lo. Dumbilo.

For Hott Humors upon the Eyes Green  
Vlores and Old Sores.

℞. Vitriol wh<sup>is</sup> white Soporose ℥ij. of fine white  
Camphir ℥ij. pass them both through a Search, strow the  
Camphir gently into a Crucible, or a little sauth pott  
& layed upon it as gently the Vitriol, too close it close  
with a cleane double paper, and some weight on y<sup>e</sup> Cope,  
Set it upon Land in any pott or other vessel Over a gentle  
heate at first w<sup>th</sup> after ward may be increased but never  
to much least the Camphir fly away after eight or ten  
houres standing, when the moisture is dryed by a little  
it will sublime like Snow upon y<sup>e</sup> paper, w<sup>ch</sup> scrape bar  
into y<sup>e</sup> pott, & see lett it stand 3. or 4. houres longer or  
till the next morning that it be hard as a Stone,  
when it is cold Beat it into powder in an Iron mortar &  
Eauce it to be fine, Then sive with it 4. ounce of  
Bolt oxonium fine for airt, too weigh it out in papers  
of halfe ounce a pte, & keepe them very close in a Tin  
box for yo<sup>r</sup> Use which is thus.

Take a quart of Spring water, sett it on y<sup>e</sup> fire in a  
cleane stillit, taking care that neither ashes nor  
dust fall into it, and when it begins to boyle & walme,  
put in one of the papers of powder.

Let it well & lett it stand till it be cold, use & then strai-  
ning it, too keepe it close strow with Worke & leather  
or rather a bladder, let it be cleane when you Use it see  
as the powder be at the Bottom.

The Vertues.

It is good for all Hott & salt Humors of y<sup>e</sup> Eyes bringing  
the strength of it as the eyes are able to beare, with  
Rose water.

For water put to it, or by putting more then a quart of spring water at six or eight times, how need yo put it into the eye & or great soldiers one drop for the wetting of the eye lids once by 2. or 3. a day, dryes up the Humors.

Secondly, it is good for all green wounds being washed w<sup>th</sup> it, and then some tinct w<sup>th</sup> it applyed.

- 3. It heales all Old Sores & Ulcers what so ever.
- 4. It will stopp any Bleeding perfectly.
- 5. It fasteneth loose Teeth being washed & rubbed w<sup>th</sup> this water, but by noo means let come y<sup>e</sup> Cheate.
- 6. It fasts up the Dead flesh of a Blemish.
- 7. It heales & cleanses woodmores Eyes & Bristles.
- 8. It cleanseth & heales wounds though 3. or 4. years Old by spinnel Lincering it into them where noo Dent can goe.
- 9. It cures any fistula by Lincering into it, so wounde w<sup>ch</sup> it waimes, for the Eyes Cold.
- 10. The Powder in the Bottom fasts away all Inward and Dead flesh.

For an Inward Buisse & Ulcing or Impostume.

Take of Stones howeving the quantity of a thimble egg, and a small handfull of green becoms topps & shered small. Boyle those in a quart of strong Urine or Beere, till half be Consumed, strain it well & put those in of white yeppe and grains poundd of each a half penny worth, let them have a warble over the fire, then put into it 2. Spoonfulls of the best Deculle and some fresh Latt, and of this drink a little pouring it out at a time till you have had all. Fast 2. or 3. howers after it.

For the falling Birkens.

Take of the finest flouthwormes, and put them 24. howers into spring water to purge, chusing the water; then put them into a drying pan before a good fire. As fast as the liquor cometh from them, take it out with a spoon, & when they are dry enough pound them in a mortar and sift them through a fine sicarto. Take in wine Urine or strong Beere a Spoonfull of this powder as soon as yo perceive any hanging of a fist and use much every morning and Evening 3. dayes before & after the full moon.

For y<sup>e</sup> Podons of fars or a Tetter.

Take Cinamon Nutmeggs, Dauphix of each a q<sup>ty</sup> of an ounce, & of the finest flower of Brimston. 1. ounce, waite all these together with Oyle of bitter Almonds open a paynt stone till it come to an oylment. Use this 9. or 10. dayes in which time you must not wash y<sup>e</sup> face, but rub it with a Traulett & loath.

M<sup>r</sup> Laine.

For the Tooth.

Take a Redd brist & beat it in a Mortar or grind it to powder as fine as yo can, then wash it cleane & after it is settled in the bottom againe, boyle it in Spanish wine & the first wine being Consumed fill by the vessel twice or thrice, w<sup>ch</sup> will take up almost a whole day. Then dry it in some y<sup>e</sup> for being broken still striking it over the fire for powder it should cleave to gether in lumps, w<sup>ch</sup> also must last a day. Then put to it, of so many Eggs & of soe Salt Mastick, a very little say, and if yo can endure the Cost of it some Allom w<sup>ch</sup> all be at on one day & yo perceivd for w<sup>ch</sup> ally must make up almost the same quantity with y<sup>e</sup> best powder. This hath done good to Tetter Tooth & Gums.

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Admiral  
Dr. Tope

A Remedy for the Scurvy, & haemorrhoids, & Hoop.

Take of the largest & deepest coloured black grapes, squeeze out the juice, strain it through a linnen cloth, then take 1<sup>lb</sup> of fresh butter, put to it a quart of a<sup>l</sup> of new yellow wax, melt them together and when they are well melted & mingled together, put to them 3. pintes of the juice of grapes, stir them continually, let them boyle softly, use it halfe an houre. Then have a Queens Apples, pare & grate the Apples, and put in the grated Apples, continue to stir it & to let it boyle, use it 3. quart<sup>s</sup> of an houre till ye see it well mingled & it begins to grow thick, then put it into a well glazed earthen pot, stirring it till it be cold, when you use it you must say it on your fingers & melt it before a Candle. It will last 2. or 3. yeeres.

Dr. Chachely

For the Itch

Take a<sup>l</sup> and half of yellow dot footes clove & without wormes, & halfe a<sup>l</sup> of filirampaw footes, wash them cleane, then slice & yam them in a morter till they be very soft, put in a spoonfull of vinegar. 12. Boones of white pepper, a tate of ginger, and a little very fine flock of Brimston, a piece of a white parchment putt about the breadth of a shilling, yam that & the pepper & ginger very fine, then take 1<sup>lb</sup> of fresh butter that hath not been salted at all, boyle all those together, halfe an houre, constantly stirring them, then strain it into a cleane pot & boyle it for your use.

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To Boyle Countes for Ladys Heads

Take on further pipkin well load'd with in, & will hold 6. quartes of water, put in to it a bundle of Veale, and 2. handfulls of frouth barley, 4. new laid eggs, pierce the eggs at both ends, put also a handfull of the doores of bottles, and boile all together till the Veale be thoroughly boyled, straining it well in the boyling, then strain all through a cleane Napkin, and put in your Countes & boyle them a good houre with the Veale and them only, and then when the water is cold take them out & let them dry 4. or 5. houres, then dry them betwixt 2. sheets.

Countes doe after this fashion, that is, dip y<sup>e</sup> said Countes in the yalbe of 2. new laid eggs, out of which ye have taken the Corbs & doores, and then mingle them with the Juice of Lemons & Plantain water, when ye have spread this well over y<sup>e</sup> Countes & moistned them with it, dry them betwixt 2. sheets, as you ordinarily fold them, and they will keep a long time w<sup>o</sup>ut spoiling.

For any Gynour, to wit what so ever

M<sup>r</sup> Adams

Take 24. ounces of the Herbe called Clowes, Almonds and 16. ounces of Bancowes grease, beat them both as y<sup>e</sup> first, and let them boyle to the consumption of the Juice, then strain it, and ad to it 4. ounces of milotus calve & one ounce of Virgins waxe. If the wound be deep, make taints of it and Dore it with plaister of y<sup>e</sup> same. It will cure sooner then any Balsam what so ever with out any paine.

W. Adams.

How to cure any swelling in the Throat  
or Old Ulcer or Bone decay.

Take .16. Ounces of water: Bittany or Great flagg root  
8. ounces of May butter first, let yo butter boyle on the  
fire, then put in your water Bittany & let it boyle till  
the hoo and fumes be all & dryed: Then strain it and  
sott it over a gentle fire adding to it 2. ounces of Venus  
Emeryntine and 1. ounce of Mercurys wage, and put it into  
a yoll and keepe it for yo use, you are to heate it in a  
Linnen and see to curent the greifd place with all  
twice or thre a day, But if the sore be aboys make  
taints & drye them in the same and put them in to the  
Oxalite and apply a plaister of milotus on the same  
and it will cure with out feare.

A Modicum which never failes of Decaying  
the face in the small Poxe from Ears.

W. Lister.

Take thirt (pounds) of boyle, it to an Oyle. Take .2.  
Epoons fulls of the Oyle & mixe in it as much powder  
of Sarsaparilla as will make it an Ointment. Then  
Anoynt the face with a feather when the small Poxe  
begins to be just yellow. Anoynt the face still fresh  
as it dryes on: and every day untill is los of the Poxe  
to make the Ointment thyn or. At last when the  
crabs are drye. Anoynt them onely with the Oyle of  
Sarsaparilla till they fall off.

To Anoynt the Face in the small Poxe  
or to anoynt a Mass of <sup>sores</sup> death.

W. Mountaga.

Take .2. Ounces of Symplicati. & 2. ounces of Oyle of  
Cassia. & an Ounce of bit. Almonds. a quarter of  
a pint of white wine. 2. Spoonfulls of Redd Rose water.  
mixe all these together. & beat them together. 2. hand  
and see for it.

W. Adams

A Liqueur water good in feabris, Agues, small  
poxe and Measles, Eruptions or paine of y<sup>e</sup> Throat  
and most other dysenterys.

Take of Angelica two (pounds) wormwood (celandine,  
Redd Sage, Bahm. Rosemary, Mugwort, Romanitill, Dragons  
Pimpernell, Carabys feather for Anoynt wood fourle.  
Sardianum. Rose apple, Cardus, broomway, Cowslip flower  
Lany flower, jinghe well flower, Many gold flowers, Of  
each of these halfe a pound. Of Angelica roots & Gentian  
roots & Sarsaparilla roots and Chironomy roots of  
each halfe an ounce. first these very small Chon steepe  
them in 4. quartes of the best white wine: and as much  
beare, soe they stand 2. dayes & keepe covered, stirring  
them very well every day. When you steepe them put into  
them of any good sweetenng foods (sugar or hony).  
Cardium foods of each any ounce. when they have steepe  
2. dayes and 2. nights. Then distill them in an ordinary  
Rose water, very close luted. Still them with a quick  
fire, keeping a boot of water upon the still head, the  
heate must never abate day nor night till it be distill  
off.

An Electuary to stay a tickling Thume.

Take of Consides of Redd Rose Consides of Sybotts of each halfe  
an ounce. of the series Zaratagan frage halfe an Ounce  
yonder of bit orish two drams. Powder of series & Olibanum  
of each halfe a dram: Diacodim as much as will make it  
to an Electuary. Take of this as much as will be the  
quantity of a small nut when you goe to bedd or at any time  
when the Thume troubles you letting it melt downe gently.

Of Scurfitt Water

Take a Gallon of the second Army good water, & put it in to a large wide mouth glass, that will hold 2 Gallons, or rather more, then fill the glass full with Redd Popps, well pickt and blown from any blards or dust, & let them steep in the Army good water, till all their tincture is quite taken out. Then straine out the popps, & put in to the Army good water, a pound of Raisins of the Sunne - stand. 3. omers of brownish feruged beane and shidd. Then put in a very great quantity of Redd Jilly flowers cut from the whites, & let them stand a good while to get the juicing them every day. Then straine it & boyle it for your use, in bottles close stopp'd.

The Composit of Chamdells (controyeva)

Take Redd serpentine or Jade Foot. 6. Drams.  
Redd tormentill Footes, rotivitis or soft burn Footes, of each 2. Drams & a halfe.  
The Eyes of Ravens of the biggest Crabbs & black blark of each 3. Drams. The best good pearls 2. Drams,  
Beaver Lapis the best. 2. Drams.

Crusoe & beats these Footes into very fine powder, & pour them thro' a tiffany sacker as fine as is possible then make these powders into paste with jolly of the nichoros house upon a Marble stone working it very well, put it into small shells they being made very dry, & being hole no bigger then yo can put the paste chold into them. Then put them into an Oven to dry after beeads come out.

To make the jolly you must take more of the thonsors house than you would of heart house & beat it till its like a flax. then lay it in wine etc. 2. or 3. daies, after wards pour the wine from the jolly and put to it the water of Alder flowers & dragon water, & boyle it till the water is consumed.

Some add a few myles of Amber gourd & one Dram of saffron. but tis thought not so good for them that want sleep.

For sore Eyes

Take the Juice of fennell (beaten the great vertin of each 6 spoonfulls, of the edge bright, & distilled water of each 3 spoonfulls, in the decantion or a gentle fire 2 Drams of Agarick, and ten and the end also of the same in powder 1 Dram and shall let it pass through a fine linnen cloth all together, & all these together and 6 spoonfulls of sweet wine, & change the better, and lastly of liquor prepared for making Juice of dead 3 spoonfulls, and mixt all together, in the being done it instantly troweth to a reddish greenish liquor, the thick will presently fall to the bottom, some of the top will be as cleere as water & keepe it for use.

One drop put into the Eye morning and night is a remedy for a slight inflammation, but if you do see more effectually, digg a hollow thatch in it and lay it the Eye going to bed, you may if you please remove it night & morning.

To make finger of dead

Take Redd Lead 3. omers, put it into a glass yoll, add Vinegar the stronger the better as much as will serve it, these fingers beath the drop. Let it upon a gentle fire often shaking or stirring it, till the Vinegar be consumed then distill it as a force sound.



## Clary water

First distill a pottle of Clary flowers in a simple still, then  
put the water into a deepe gallye pot & putt in as many more  
flowers. Stop the pott close, and putt it in a pott of hot water  
keepe it very hott but not soe as to boyle, then straine it out  
& putt in as many more flowers. This doe 3. times. then add to  
your liquor a pottle of good Earle putt to it as much white  
Sugre Candy as will sweeten it, hang 2. or 3. grained of muske  
and Ambergrise etc to keepe. If you will when you have made  
the dew and Clary water, you may distill it in a glass Still.  
and then sweeten it and hang in the muske & Ambergrise.

## For a Violent Scurf or Bladdy Flux.

Take the Rind of a Lemongrass beat it very fyne & Sift it  
but so much of it into the yolk of an Egg as will make it into  
a Lust, wete them together and make it into a flat Cake  
and bake it upon a fire shodwell over some Coales and Eat  
of it very often.

## A Pleasant Drink for Sommer

Take 2. or 3. pintes of Barly water, and drop into it, so  
many dropes of ordinary Oyle of Saffron as will make it a  
pleasant taste but not strong, and then Sive it from one  
pewer to another. And when you drink it, sweeten it with  
fine Sugre, to what degree Pleaseth you.

## This for winter

Take Barly water, & put into it 12 or 14 Rindes of Myrris  
quart for them, take out the leav & black thist, boyle them  
in the barly water till they be like yage, then pass it through  
a Cloath, then put in 12 of Sugre and pass it through an  
hypocrite bag, then bottle it, it will last 3. dayes.

A good medicine to make

A admirable way to make  
Smile waters

Take a rock of garden Snails  
in their shells wash them in a  
bale of Seaw, then make the  
hearth of your chimney very  
clean pour upon it half a  
Bushell of Charcole and putt  
them one line and when they  
are thoroughly ~~coo~~ roasted  
make a hole in the middle of them  
and pour in your Snails and  
scatter some live coades amongst  
them, w<sup>ch</sup> let them rest so long  
as you can hear them hiss then  
take them out and with a  
knife and covere cleath pick  
and wipe them from all the  
green froth very clean, and  
then in a Iron morter bruise  
them shells and all take alsoe a  
quart of Earthwormes shells  
they they sever and wash them  
very well with salt and put them  
in a Iron morter and stamp them  
to peeces then make quite soft down

when you sett your Alembick  
when take to hand full of  
Angelica ~~root~~ Marleandine  
and benesort eggrimony Red  
dock roots Barbery bark and  
wood sorrell bitterony Haulfoot  
of each of each to handfull  
two quart of Rosmargy flower  
lay the herbs upon the bottom  
of the pot and the Inardis and  
wormes and flowers upon the  
Herbs put one ounce of fennel  
fennelike Que turnerike  
of each a like two ounces of  
Cloves, of hart horn six ounces  
the weight of Serpence in soft  
botten to powder and pour in  
three gallons of strong Beer  
a quart of sack and putt your  
Alembick on fire very well  
with the fire

when you take it, lett be in  
a morning two hour before you  
eate or drink, and also at A  
a cloke in the afternoon  
fasting one hour after it  
before you take it you must  
sweeten it pretty well with  
Syrreep of Celiflowen three  
Spoonfull is enough for a  
make one a woman and  
two for a Child, it is an approved  
medecin for all disease but  
a base all a consumption use  
moderat Exercise for an hour  
after but take care of sweating

Folio's 129v to 136v are blank

- 1.1 *Aque*  
 2 *Aque*  
 11 *Achs*  
 13 *Aqua Composita*  
 14 *Aqua Composita*  
 17 *Achs Balsament for it*  
 18 *Achs in the Head*  
 19 *Achs in Head or Arms*  
 60 *Aque*  
 60 *Achs in the Body by Cold*  
 64 *Aque Quarta*  
 65 *Aque*  
 65 *Aque*  
 68 *Aque Burning*  
 69 *Achs strain Cramp Stitches*  
 } *Quarta in Man or Beast*  
 69 *Achs.*  
 70 *Achs or soreness of the joints*  
 117 *Aque falling into any part of the body*  
 117 *Aque burning*  
 125 *Aqua Cytivaca to make it*  
 125 *Aquom to beak it*  
 130 *Achs in the Hip*  
 130 *Aque*  
 135 *Achs*  
 166 *Aqua Composita to make it.*  
 167 *Alc for purging*  
 163 *Ditto*  
 191 *Aqua refrigerans Activa*  
 193 *Aquodidob to make it*

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2	Blood corrupt to purge
3	Bitt
3	Burning or Scalding to heal it
3	Bull to ripen and heal it
3	Brace engross
3	Blood to stop or heal a cut
11	<del>Barley</del> Breast and Limbs alyque for it
15	Burcote bottle to make it
20	Bruise a Medicine for it
21	Burn or scald
27	Broth China for a Consumption
27	Belly griping thereof
28	Body to keep it together
29	Bath to make it
29	Broth of French Barley
30	Broth for a weak Toey
30	Back a Cure for it
31	Broth for a Consumption
33	Back Weakness in it.
43	Bleeding unto gout.
44	Breast Corrupt
51	Plurine to stretch it
52	Bull in any other rising or Pleague sore
53	Burn or Scald
54	Burn or Scald an Ointment for it.
55	Back Weakness in it with oozing or mearring
66	Boneach a Medicine for it.
71	Breast a Medicine for weakness of it.
71	Back for weakness in it.
72	Back Weakness &c.
72	Brain
73	Back to strengthen it
75	Breast to dispel it.
76	Bottling the use of it.
79	Breast Shortness of it.
79	Breast a Jew Cloth for it.

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80	Back or Runny
82	Bath for an itch and so.
86	Bleedy Flux
92	Breast Ointment for it.
104	Burn
107	Back to cleanse it
109	Back to strengthen it.
119	Breast to make it sweet
119	Bleeding to stop it
121	Breast a purgative for it
124	Balsam for sores.
126	Breast
127	Back heat or Runny
129	Burn or scald a salve for it
131	Bleeding to stop it.
132	Back and Runny
140	Bleeding at the Nose
146	Breast a purgative for it.
147	Bleeding of the Nose
169	Bittredy Run to make it
178	Burning a Salve for it.
177	Balsamum Christi
177	Balsam for green Swells
179	Burn
184	Brag sweet
193	Balsam Soverain
203	Balsam Antiseptic
213	Broth for tempering the Blood
219	Bath for sweating
224	Bath and Back
227	Breast
231	Burning a Salve for it
236	Breast
239	Bruise inwardly

- 4 Cholic, Colicis paria and stone
- 5 Coughs Colicis.
- 6 Coughs
- 6 Canker in the Mouth
- 7 Canker
- 12 Cold in the Head
- 13 Consumption Mithridate.
- 26 Consumption
- 31 Consumption Water for it
- 32 Cholic by wind
- 33 Cold and Harshness, and in the Stomach
- 40 Cholic Water for it.
- 41 Cough Electary for it.
- 42 Canker Water for it.
- 43 Cane in the Gut.
- 46 Cut to stop bleeding of it.
- 60 Cholic and stone
- 61 Cholic
- 61 Cut to heal it
- 63 Chincough
- 82 Cough
- 83 Consumption
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- 84 Cough
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- 111 Consumption
- 112 Consumption
- 112 Coughs
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- 114 Cholic of Wind
- 120 Cut to heal it
- 122 Conulsion fits
- 120 Cholic or Stone Cholic
- 123 Canker in the Mouth
- 130 Canker for signs of it
- 132 Child Cough
- 136 Cholic
- 139 Cholic and stone
- 139 Coughs.
- 142 Consumption
- 143 Cholic and passage of Urine
- 149 Consumption of the Lights
- 149 Canker
- 157 Consumption Juice water for it
- 157 Calomel Aromaticus Water

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207 Crispilif

- 213 Gault to help the weakness for it
- 219 Concora Corvia
- 229 Cordial by J. Maltis Raleigh
- 229 Consumption
- 238 Concor
- 231 Obolus and Steam
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 43 Eyes Water  
 47 Eye Ointment or oyle in it  
 48 Eye Ointment  
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 16 Purgation  
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 137 Purgery Medicine  
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- 23 Stomach Wind in it
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- 32 Stomach Looseness for it
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- 42 Siskins green Water for it
- 44 Squammon Water to make
- 45 Sore to heal
- 46 Salve for all sores
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- 49 Sitch
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- 49 Sorbiling
- 49 Salve to draw out a Core
- 49 Stung with a Snake
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- 63 Stomach to cause digestion or for wind
- 64 Tear cloth for swelling
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- 74 Salve for heat or burning
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- 79 Tear cloth for hard Breasts
- 84 Salve for Cuts or old sores
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- 125 Stomachicall pills
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- 128 Salve Mollified
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- 163 Stomach Bath for it
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- 172 Sickness falling in a Child
- 172 Stomach Salve by a Jew
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