#### [Report of the Medical Officer of Health for Tottenham].

#### **Contributors**

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HEALTH 30JAN46 C.R. 29



BOROUGH OF TOTTENHAM

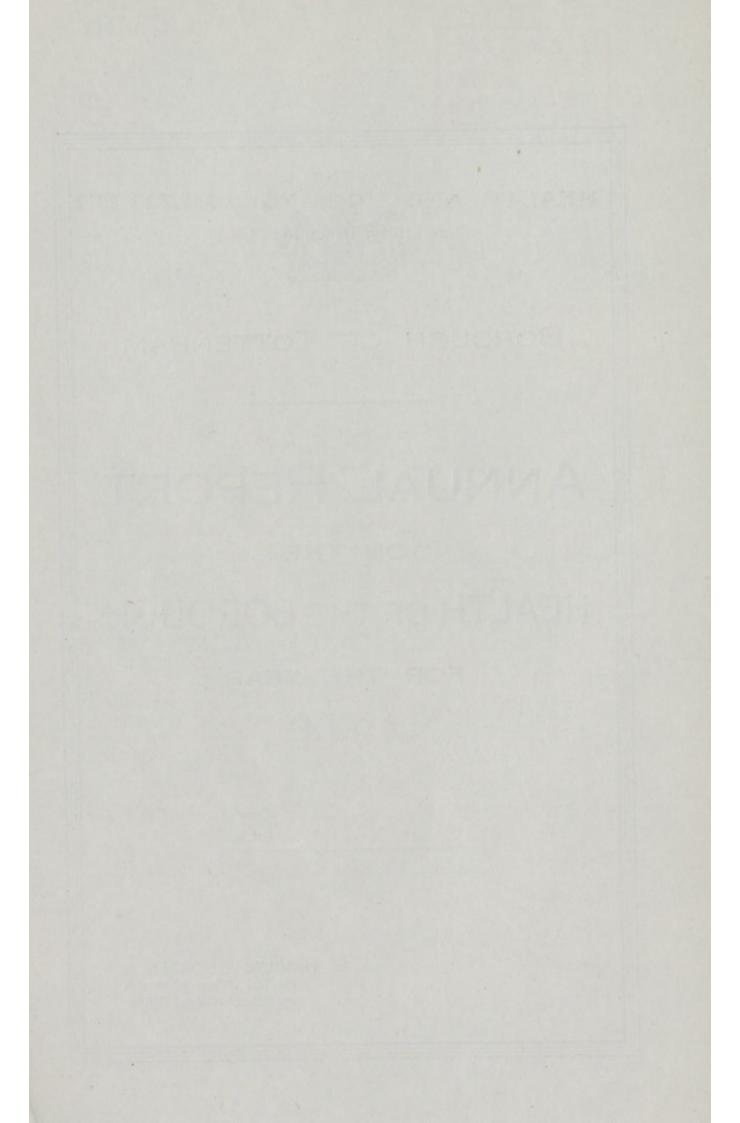
# ANNUAL REPORT

ON THE

HEALTH OF THE BOROUGH

FOR THE YEAR 1944

G. HAMILTON HOGBEN
Medical Officer of Health
and School Medical Officer



#### THE THE

### HEALTH AND HOUSING COMMITTEE

(as at 31st December, 1944).

### Chairman:

Alderman R. H. WARREN.

#### Members:

(Ex-Officio) HIS WORSHIPFUL THE MAYOR (Alderman E. J. FIELD, J. P.).

(Ex-Officio) THE DEPUTY MAYOR (Councillor Mrs. M C Irving'.

Alderman Mrs. W. A. Kent. Councillor Mrs. M. Berry.

Mrs. A. KITCHENER. ,, Miss R. F. Cox.

J. H. MORRELL, J. P. ,. R. W. H. FORD.

A. REED, A.C.I.I., J.P. ,, Mrs. A. E. LYONS.

A. R. TURNER. ,, Mrs. G. E. MORRISON.

Councillor H. W. PEARCE.
,, W. T. RICHARDS.

J. WALLACE.

Council's Representative on the Metropolitan Water Board under the Metropolis Water Act, 1902:

Alderman R. C. Morrison, M.P., J.P.

Town Clerk:

ERIC TOWNSON, Esq. LL.B.

### STATISTICAL SUMMARY.

## Year ended 31st December, 1944.

Area of the District in acres			3,014
Registrar-General's estimate of the	Civilian Pe	pulation	
Mid-year 1944	and the same		108, 180
Rateable Value			£974,781
Sum represented by a penny rate			£3,875
Births and Deaths.			
Registered live births:-	Total.	Males	. Females.
Legitimate	1,961	1,022	939
Illegitimate	105	51	54
	2,066	1,073	993
Birth Rate (per 1,000 estimated popu	lation)	W Rich	. 19.09
Stillbirths	Total.	Males.	Females.
Legitimate	47	29	18
Illegitimate	7	4	3
	54	33	21
Stillbirth Rate per 1,000 total (live			. 25 47
Deaths Ma	nales 63	35 Total	1,356
Death Rate (per 1,000 estimated po Deaths from Cancer—Males 127:			12.53
Deaths from Diphtheria  Deaths from Measles		1 70.0	

Maternal Deaths:-			
Puerperal Sepsis	DEALER .	1	
Other Puerperal Causes		2	
Total		3	
Total Section		1.34	
M. I.D. at Bata (and 1 000 total lists of	nd atill hi	nthal	1.41
Maternal Death Rate (per 1,000 total live a	na stili bi	rtns)	1.31
Deaths of Infants under 1 year of Are:	Total.	Males.	Females
Legitimate	83	40	43
Illegitimate	. 4	1	3
		-	
	87	41	46
	-	Ess.	and and
Infantile Death Rate (all infants per 1,0	00 live b	irths) .	. 42.11
Legitimate Infants per 1,000 legitima	te live bi	rths	. 42.32
Illegitimate Infants per 1,000 illegiting	mate live	births .	. 38.09
The population which, in 1938, was 14 2,170 over the figure of 110,350 for the pro-			ecrease of
a financial control of the control o			

The birth-rate continues to rise—19.09 compared with 17.85 in 1943 and 13.1 in 1938.

Registered live births totalled 2,066, compared with 1,970 in 1943, the proportion of males to females being 1,073 boys and 993 girls.

The infantile death-rate of 42.11 was lower than the rate for 1943—43.65.

Deaths in the first 4 weeks of life caused a neo-natal mortality of 22.26 per 1,000 live births, a further reduction on previous years.

The maternal death-rate was 1.41, as compared with 2.94 in 1943.

The general death rate of the whole population showed a reduction over the previous year—12.53 compared with 13.71.

Deaths from cancer showed a slight increase, but there were fewer deaths from diseases of the lungs.

### STATISTICS OF TOTTENHAM FOR THE LAST TWENTY YEARS.

	2					8		E	Num	ber of Ca	ises.	
Year	Population	Deaths	Death Rate	Births	Birth Rate	Infan- tile Deaths	Infant Death Rate	Puerreral Fevor and Puerperal Pyrexia	Scarlet Fever	Diph- theria	Typhoid Fever	Small- Pox
1924	156,000	1,559	9.9	2,853	18.2	176	61.6	5	367	227	6	_
1925	156,700	1,596	10.1	2,756	17.6	150	54.4	6-	427	252	2	_
1926	159,500	1,545	9.6	2,601	16.3	147	56.5	4	481	495	7	-
1927	162,000	1,664	10.2	2,388	14.7	154	64.4	2	466	398	3	
1928	165,000	1,540	9.3	2,478	15.0	133	53.7	19	594	328	1	
1929	168,000	1,839	10.9	2,561	15.2	162	63.2	19	536	562	5	6
1930	170,000	1,569	9.2	2,510	14.8	137	54.6	- 22	574	541	6	131
1931	159,300	1,621	10.2	2.345	14.7	124	52.9	19	571	220	6	7
1932	156,800	1,591	10.1	2,214	14.2	114	51.4	37	452	149	4	5
933	154,700	1,618	10.5	2,138	13.8	118	55.2	35	551	194	5	4
1934	152,694	1,572	- 10.3	2,091	13.7	108	51.6	34	628	300	1	
1935	150,310	1,456	9.7	1,969	13.1	108	54.8	41	577	286	3	-
1936	148,600	1,609	10.8	1,931	13.0	100	51.8	37	430	227	5_	-
1937	146,200	1,617	11.1	1,973	13.5	126	63.9	36	306	236	7	
1938	144,400	1,512	10.5	1,893	13.1	89	47.0	23	186	221	-	
1939	136,000	1,406	10.3	{1,776* 1,739	12.5	66	37.95	15	335	60	-	-
1940	119,400	1,703	14.26	1,666*	13.95	64	41.05	20	103	28	5	-
1941	105,620	1,418	13.43	1,560*	14.77	- 61	46.35	13	103	73	4	
942	110,100	1,349	12.25	1,819	16.52	79	43.43	12	295	75	1	
943	110.350	1,513	13.71	1,970	17.85	86	43.65	9	340	107		-

\*For the years 1939—1941 alternative birth figures were given by the Registrar-General:—
(a) for calculation of birth rates; and
(b) for calculation of death rates or the incidence of notifiable diseases.

Likewise for the year 1939 only, two population figures were given:—

(a) for calculation of birth rates; and (b) for calculation of death rates, etc.

Table of Deaths during the year 1944 in the Borough of Tottenham, classified according to Diseases.

Cause of Death		Males	Females	Totals
Typhoid and Paratyphoid Fevers			-	
Measles		1	_	1
Scarlet Fever		1	315-	1
Whooping Cough		_	3	3
Diphtheria		2	1	3
Influenza		6	4	10
Encephalitis Lethargica		-		-
Cerebro-Spinal Fever		1	58-	1
Tuberculosis of Respiratory System		36	27	63
Other Tuberculous Diseases		9	3	12
Syphilis		3	2	5
General Paralysis of the Insane				
Dorsalis				_
Cancer, Malignant Disease		127	109	236
		4	- 11	15
Cerebral Haemorrhage, etc		45	60	105
Heart Disease		145	161	306
Other Circulatory Diseases		44	26	70
Bronchitis		52	30	82
Pneumonia (all forms)		53	41	94
Other Respiratory Diseases		6	7	13
Peptic Ulcer		14	3	17
Diarrhoea (under 2 years)		7	5	12
Appendicitis		4	2	6
Other Digestive Diseases		17	22	39
Acute and Chronic Nephritis		20	10	30
Puerperal Sepsis		-	1	1
Other Puerperal Causes		300	2	2
Congenital Debility, Premature	Birth,			
Malformations		21	30	51
Road Traffic Accidents		8	5	13
Other Violent Causes		42	26	68
Suicide		3	2	5
All other Causes		50	42	92
		3-1-1		
		721	635	1,356
			-	

### Infantile Deaths in Ages and Sexes during the year 1944.

CAUSE OF DEATH.	Under 1 week.	1—2 weeks.	2—3 weeks.	3—4 weeks.	Total under 4 weeks.	1—3 months.	3—6 months.	6—9 months.	9—12 months.	Total deaths under 1 year.	Males.	Females
Bronchitis	_	_	_	_	_	2	4	1	1	8	6	2
Diarrhoea and Enteritis	-	-	1	_	1	3	6	2	1	13	9	4
Measles	-	_	-	_	-	-	-	-	-	_	_	-
Pneumonia	_	_	1	_	1	3	2	1	3	10	3	7
Premature Births, Congenital Malformations, etc	33	8	1	_	42	2	_	-	3	47	19	28
Miliary Tuberculosis	-	-	_	_	-	_	-	-	_	-	-	-
T.B. Meningitis	-	-	-	-	-	-	2	-	-	2	2	-
Whooping Cough	-	-	-	-	-	-	_	-	1	1	-	1
Other Causes	1	-	-	1	2	-	2	1	1	6	2	4
Totals	3	8	3	1	46	10	16	5	10	87	41	46

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Table of Cases of Infectious Disease coming to the knowledge of the Medical Officer of Health during the year 1944 in the Borough of Tottenham, classified according to Diseases and Ages.

Notifiable Disease.	Males.	Females	Under one.	1—2	2—3	3—4	4—5	5—10	10—15	15—20	20—35	35—45	45—65	65 & over.	Total Cases Removed to Isolation Hospital by Council
Scarlet Fever Diphtheria Pneumonia Erysipelas Puerperal Pyrexia Dysentery Ophthalmia Neonatorum Meningitis Scabies Enteritis Frood Poisoning Whooping Cough Measles Pulmonary Tuberculosis Other forms of Tuberculosis	11 2 3 2 243 2 5 170 152 101	111 22 35 25 13 6 1 — 454 — 6 164 145 68 7	1 1 1 1 2 3 	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	7 2 5 5	8 — 3 — — — — — — — — — — — — — — — — —	18 10 1 	96 15 4 ——————————————————————————————————	44 9 1 - 3  - 45  - 6 29 4 3	12 4 5 3 	9 1 15 9 10 2 2 2 249 3 2 5 76 3	7 -11 6 3 1  -77 -3 1 -21 4	20 18 · · · · · · · · · · · · · · · · · · ·	17 5 1 1 18 	117 444 3 13 2 8 1 2 2 13 19
Totals	889	1,057	60	112	116	94	139	377	144	191	388	134	145	46	224

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#### INFECTIOUS AND OTHER DISEASES.

#### Scarlet Fever.

206 cases of Scarlet Fever were notified during the year, compared with 340 in 1943, 295 in 1942, 103 in 1941, 103 in 1940 and 335 in 1939.

Less than 57 per cent., namely 117 of these cases, were removed to Isolation Hospital.

#### Diphtheria.

The number of cases notified was 44, compared with 107 in 1943, 75 in 1942, 73 in 1941, 28 in 1940, 60 in 1939 and 221 in 1938. There were 3 deaths from this disease.

Immunisation has been carried out at 4 afternoon sessions each week, and the method used has been two doses of alum precipitated toxoid; 0.2 c.c., followed 3 weeks later by 0.5 c.c.

Total attendances	at	Immunisatio	n Clinics	 5,341
Schick Tests				 1,348

Cases completed during the year:-

Over 5 years of age, 1,096.

Under 5 years of age, 1,095—Total 2,191.

Estimated percentage of child population immunised at the 31st December, 1944:—

Aged under 5 years, 70 per cent. Between 5 and 15 years, 68 per cent.

#### Diabetes.

Necessitous persons suffering from Diabetes were supplied with Insulin, in accordance with the general authority contained in Ministry of Health Circular 2734, of January, 1943. The number of cases seeking this assistance continued to increase.

Number of Cases supplied, 28. Cost, £147 7s. 4d.

#### Scabies.

The compulsory notification of Scabies enabled the Council to exercise close control over this disease.

It is interesting to note that, as in 1943, the larger number of cases occurred in adult females.

Medical Practitioners in the Borough co-operated with the Council in securing treatment for this disease, with the result that there was no difficulty in arranging for those affected to accept the facilities offered at the Council's Cleansing Station.

#### Number of Cases Notified.

Age Groups		another the	Males	Females	Tota
Under 15 years of age Over 15 years of age	 		78 165	84 370	162 535
Totals	 		243	454	697

### Laboratory Facilities.

Positive

The following examinations were made during the year in the Council's laboratory:—

Swabs (Throat and Nasal).	Negative.	Positive.	Total.
Referred by the Health Depart- ment:—			
Diphtheria Contacts, Dis- charged Cases, Convalescent			
Home Cases, etc	705	10	715
Medical Practitioners	369	18	387
C.S. Meningitis	10	1	11
Totals	1,084	29	1,113
Specimens of Sputa examined for T	uberculosis	:-	
Negative		90	

Total

8

98

	Negative.	Positive.	Total.
Stools examined for Typhoid	2	Males .	2
Faeces examined for Paratyphoid	2	Inos wale	2
Faeces examined for Dysentery	9	2	11
Faeces examined for Colitis	1	_	1

#### Tuberculosis.

The County Council are responsible for the treatment of Tuberculosis.

189 notifications were received under regulations during 1944. Pulmonary, 169, other than Pulmonary, 20.

Cases remaining on the register at the end of the year were—Pulmonary, 584; Non-Pulmonary, 155.

The Tottenham Tuberculosis Officer has his premises at 140, West Green Road. The days and hours of attendance at the dispensary are:—

Monday to Saturday—10 a.m. .. 12 noon. (also from May to September, first and third Thursdays 6—7 p.m.).

		New C	ases.		Deaths.					
Age Periods.	Puln	nonary.		on- nonary.	Pulm	nonary.	Non- Pulmonary.			
0.	Males	Females	Males	Females	Males	Females	Males	Female		
Under 1 year	1	-	1	_	_	of Labor.	2	-		
1 to 5 years	1	2	2	-	-	-	-	-		
5 to 15 ,,	6	3	4	2	2	-	-	_		
15 to 25 ,,	36	29	2	3	3	8	1	1		
25 to 35 ,,	19	16	-	-	4	6	2	1		
35 to 45 ,,	14	7	3.	2	7	7	-	1		
45 to 55 ,,	13	5	1	_	9	1	1			
55 to 65 ,,	8	4	1	_	8	3	3	-		
65 years and upwards	3	2	_	_	3	2	_	_		
Totals	101	68	13	7	36	27	9	3		

#### Organs affected (New Cases) :-

					Males.	Females.
Lung			 	200.20	101	68
Glands			 		. 4	1
Neck			 		1	
Rib			 		100	_
Hip			 		-	1
Peritone	um		 		1	2
Meninger	S		 		3	-
Spine			 		1	_
Genito-u	rinar	y system	 		3	3

The deaths represent a death rate of 0.69 per 1,000 population, and in 13.33 per cent. of the fatal cases no previous notification had been received. There was, however, no suggestion of wilful neglect or refusal to notify, and accordingly no proceedings were taken.

It is satisfactory to note that the incidence of Tuberculosis, as indicated by the number of notifications received, has not shown any appreciable increase during the war years.

#### SANITARY CIRCUMSTANCES OF THE AREA.

### Water Supply.

The Borough water supply is obtained from the Metropolitan Water Board, and has been satisfactory in all respects. Adequate arrangements were made for maintaining and purifying the supply in the event of an emergency due to enemy action.

### Drainage and Sewerage.

Soil sewerage is taken into the L.C.C. system, and the surface water drainage passes into the River Lee.

#### Closet Accommodation.

There has been no variation in the form of closet accommodation, but arrangements exist for the provision of emergency sanitation should the need arise.

### Housing.

The general standard of housing in the Borough continued to deteriorate, and the difficulties of the housing situation were intensified as a result of the renewal of air attacks on this Country. During the second half of the year the housing section of the public health department was fully occupied in arranging and supervising repairs to war-damaged properties, whilst the rehousing section was equally extended in providing accommodation for the large number of families rendered homeless during that period. Throughout these six months, repairs to properties requisitioned for the inadequately housed were of necessity discontinued, and properties previously repaired were transferred to the ''homeless persons'' pool.

### War Damage Repairs.

The flying bomb attacks first affected the Borough about the middle of June, and the department was hard pressed to deal with the damage caused by large incidents during this period of enemy attack. The difficulty experienced by builders in obtaining essential materials, owing to the introduction of controls at this time, made it necessary for the department to set up a stores department for the supply of all building materials required for war damage repairs. This was a departure from the practice employed since the commencement of the war, whereby contractors supplied materials from their own stocks; and it necessitated a great deal of emergency organisation. The services of all contractors—large and small—were utilised, and the success of the emergency arrangements was evident by the fact that at no time were repairs held up through lack of supplies. In this period, some £60,000 worth of building material passed through the department's stores.

One unfortunate fact must be recorded, namely, the necessity at that time of introducing substitute materials of temporary lasting value for reinstating walls and ceilings.

Shortage of building labour was always an acute problem, but the Government later in the year placed war-damage repair work under the Essential Works Order.

#### REHOUSING STATISTICS.

(Position at 31.12.44.)

Total number of houses and flat	s requisition	ed	1,050
Total number of persons rehouse	ed		4,231
Total number of persons billeted	1		9,602

### Local Town Planning Exhibition.

Despite the difficulties of the war situation, the Council organised a Town-Planning Exhibition during the year. This was well-attended by the public, and an extension of time was necessary. A local Sessional Meeting of the Royal Sanitary Institute was held during the Exhibition week, and the Borough Engineer and Surveyor, the Medical Officer of Health, and the Chief Sanitary Inspector submitted papers on planning and housing matters. At this meeting, the difficulty of dealing with unfit houses in unhealthy areas was stressed, and it was suggested by the meeting that the most effective solution to the problem would be the immediate acquisition of these areas. The local authority would then be able to give adequate maintenance to the properties until permitted to proceed with Clearance Schemes.

### Establishments for Massage and Special Treatment.

The Council adopted part VII of the Middlesex County Council Act, 1934, and sought permission to make byelaws for controlling these establishments. This was withheld, but the Council have exercised their powers and have licensed only those persons whose names appear on the register of the Board of Registration of Medical Auxiliaries. Persons not so qualified are being allowed to continue in practice for a period of two years, during which time they must obtain the required qualification. Licences are subject to the condition that ultra-violet ray treatment shall be administered only in accordance with the directions given by a registered medical practitioner with reference to each person to whom such treatment is given and only by such persons as may be approved in that regard by the Council.

The fee for a licence is £2 2s., and for a renewal licence £1 1s.

## Inspections Carried out by the Sanitary Inspectors, and Defects, etc., Remedied.

House-to-House In	spect	ions	 	 Nil
Infectious Disease			 	 372
Complaints			 	 2,991
Re-Inspections				3,439
Factories				160
Workplaces				23
Dairies, etc.				86
Slaughter-houses				34
Bakehouses				48

Public House Urinals				51
Stables and Mews				21
Food Premises				418
Appointments and Interviews				784
Other Visits				
Massage Establishments				7
Visits in connection with the				
repairs to war-damaged resid	dential	proper	ty	25,387
Visits to requisitioned houses				
persons) in connection with the	he gene	ral mai	n-	
tenance of these properties	015			2,950
All and the second				
Drains reconstructed				41
Drains repaired				101
Drains cleared				133
W.C. Cisterns repaired or renewe	d			121
W.C. Pans renewed				46
W.C. Pans cleansed				87
Waste Pipes repaired or renewed				249
Rain-water Pipes repaired or ren				93
Roofs repaired or renewed				534
Eaves Gutters repaired or renewe	d			324
Drinking Water Cisterns renewed				23
Drinking Water Cisterns covered				5
Water Service Pipes repaired				398
Water Supply reinstated				39
Yards repaired or reconstructed				28
Sinks renewed or provided				18
Floors repaired or renewed				241
Floors ventilated				30
Dampness remedied—				
by insertion of damp-proof				15
by pointing of brickwork				12
by internal rendering				89
by miscellaneous remedies				13
Window Frames and Sashes repa	ired or	renew	ed,	
or painted				98
Coppers repaired or renewed, or	provide	ed		13
Fireplaces, Stoves and Ovens rep			ved	251
Flues and Chimney Stacks repair				20
Brickwork of Walls repaired and		rebuilt		9
Ventilated Food Stores provided				3

	Rooms cleansed		-V.		110		638
	Staircases, Pass	sages and	Landin	igs cle	ansed		411
	Staircases, Ba	lconies a	and St	eps r	epaired	or	
	renewed		*		1995 8		38
	Noxious Accum	ulations	remove	d	AD ADOM		12
	Nuisances arisin	ng from A	nimals	abate	d		3
	Miscellaneous I	efects ren	medied				239
Notices	Served.						
Info	rmal		1				1.851
Stat	utory—						
	Housing Act, 1	936, Secti	ion 9				304
	Public Health						
	Section 24						62
	Section 39	10000					58
	Section 83						16
	Section 94				and bearing		21
	Section 45						_
	Section 44				mp.		_
				*****			
			To	tal		* *	461
Repair	of Houses by	the Cour	ncil.				
Total Resident						£	s. d.
Wor	k carried out in	default :-					
	Section 9, Hous	ing Act.	1936.	45 pr	emises:	1.026	6 9
	Public Health			To Pr		1,02	
	Section 39,					475	2 2
	Work carried of						latina.
	sewers, 46		willioone	once o	Pablic		14 1
		Promises	m	7. 77.00	alama a		all out
Disinfed	ction Work.						
D .		D	1			17	TT 1/1
	rate firms in the		-				
7.000	ent's Disinfection l Defence Service		e to a	consid	erabie ez	xtent,	as a iso
one Oivi	Detence Service	ob.					
Roo	ms disinfected at					Tuber-	
	culosis, etc.						325

Number of houses where bedding was disinfected aft	er
the occurrence of infectious disease	407
Wards or School Rooms disinfected	10
Verminous Rooms (including disinfestation process)	347
Miscellaneous rooms	87
Bedding and Blankets:-	Other
Blankets, Pillows, Overlays,	Articles.
Private Firms 9,073 1,206 1,146	150
Civil Defence, Fire Watchers,	
etc 3,618 747 713	949
Houses disinfested on the Council's Estates—27 houses (61	

### Milk (Special Designations) Orders, 1936 and 1938.

These designations may only be used under licence from the local authority. In 1944 the following licences were granted:--

### Pasteurised Milk:-

Pasteurisers' Licences	 	4
Dealers' Licences	 	15
Supplementary Licences	 	3
Tuberculin Tested Milk:—		
Bottlers' Licences	 	1
Dealers' Licences	 	9
Supplementary Licences	 	2

#### Rodent Control.

As from the 1st April, 1944, the Local Authority accepted Delegation of Powers under the Rats and Mice (Destruction) Act, 1919.

Both private dwelling-houses and business premises were treated by a system of "baiting," and in addition, a second treatment of the sewers in the Borough was also carried out. Full details of this treatment were reported to the Health Committee and published in the Council's Minutes.

No charge is made for the work undertaken in respect of private dwelling-houses, but in the case of business premises a charge is made on a time and material basis.

Number of dwelling-houses treated	 	426
Number of business premises treated	 Intelligen	24
Total charges made for business premises	£33 12s.	7d.

Second Treatment of Sewers:-

Manholes baited .. .. .. .. 1,111

Estimated number of rats destroyed .. .. 4,483

(The estimated number of rats destroyed as a result of the first treatment carried out in 1943 totalled 10,898).

### Shops Acts, 1912-1938.

Effective administration of the Shops Acts has been secured by the systematic visitation of shops throughout the Borough, and an up-to-date register of shop premises has been maintained.

Shops in the Tottenham (Remainder) Area are closed for the weekly half holiday at 1 p.m. on Thursday, and in the Harringay Area on Wednesday at 1 p.m., with the exception of butchers, who close on Monday at 1 p.m., throughout the Borough. Visits in connection with the half holiday closing totalled 191.

Regular visits and investigations are made on the days of the weekly half holiday, and in the evening, to ensure that the provisions of the Acts and the various closing orders made thereunder are duly complied with. In the general administration of the Shops Acts, 3,698 inspections were made during the year. The majority of contraventions reported have been minor infringements of the Shops Acts, such as non-exhibition of statutory notices, in respect of which 292 verbal warnings and notices were issued.

### Shops Act, 1934 and Young Persons Employment Act, 1938.

The pr visions of these Acts relating to the employment of shop workers have been effectively applied, and routine visitation has revealed the fact that conditions of employment have improved both with respect to hours of employment of young persons and the arrangements for the health and comfort of shop workers generally. 284 special visits were made in connection with the enforcement of these Acts.

### Shops (Sunday Trading Restriction) Act, 1936.

The conditions relating to the employment of assistants on Sunday, and the compensatory holiday in lieu thereof, are being complied with, but very few shops now open on Sundays.

The provisions of the Shops Acts generally have been well observed.

### THE EDUCATION COMMITTEE.

### Chairman:

Alderman J. H. MORRELL, J.P.

### Members:

Ale	derma	n E, J. FIELD.	Councillo	r G. A. ARMFIELD.
	,,	C. D. GRANT.	,,	Miss R. F. Cox.
	,,	A. E HARVEY.	,,	E. W. Cox.
	,,	Mrs. W. A. Kent.	,,	R. W. H. Cox.
	,,	Mrs. A. KITCHENER.	,,	F. A. F. KEAY, J.P.
	,,	A. J. LYNCH, J.P.	,,	Mrs. J. Lynch.
	,,	A. REED, A. C. I I., J.I	· ,,	Mrs. A. E. Lyons (Vice-Chairman).

Councillor Mrs. E. M. A. MORRELL.

, Mrs. G. E. Morrison.

,, M. J. O'GARA.

H. W. PEARCE.

,, H. W. TURNER.

Director of Education:

C. F. STRONG, M A, Ph.D.

### SCHOOL HEALTH SERVICE.

#### Staff.

Table VII gives particulars of medical, dental and nursing staff. Dr. B. Broadbent, Deputy School Medical Officer, is still on service with H.M. Forces.

There have otherwise been no staff changes.

#### Co-ordination.

Co-operation of parents is generously obtained in this area, without which the effectiveness of our work would be destroyed. Their interest in the efforts which are made to maintain high standards of health and hygiene among the school population is probably the most vital factor in the success which the School Health Service has achieved.

The co-ordination of the Maternity and Child Welfare and School Health Departments has been brought a stage nearer in that the Committees concerned are considering the appointment of a superintendent to co-ordinate the work of the nursing staffs of both departments. This, coupled with the provisions of the Education Act, 1944, that in future all the nursing staff should have the qualification of health visitor, brings very much nearer the day when complete interchangeability of staff will be accomplished.

The Juvenile Employment Bureau, by the very nature of its work, must maintain close contact with the School Health Service. It is only because of the availability of the records in both departments that correct placing in appropriate types of employment can be gained.

The Invalid Children's Aid Association and the National Society for the Prevention of Cruelty to Children continue to give valuable help, as has always been the case, and the co-operation of these bodies is much appreciated.

#### PHYSICAL WELFARE IN WAR-TIME.

#### Nutrition.

A remarkably high nutritional standard among school children, in spite of the vicissitudes of six years of war, has been maintained; and the official statements which have been made publicly are positively confirmed by the results of medical inspection in this area. It would not have been surprising if nutritional standards had fallen considerably, but the fact that it is otherwise is evidence of wise planning that those who have suffered least of all from the limitations of a war-time diet are the children of the country.

It is necessary to repeat that a very important factor in the maintenance of these high standards has been the provision of milk and meals in school.

#### Nutrition Clinic.

It is inevitable, even in the best circumstances, that there will be found a number of children whose standard of nutrition is subnormal, and these cases are referred to nutrition clinics for further examination and observation; and to enable the medical officers to ensure that where supplemental feeding is necessary, no effort is spared to secure this. A further, and most important, point is the prevention of deterioration in the physical welfare of children whose nutrition standard is normal, but whose home circumstances militate against the maintenance of healthy standards. Nutrition clinics have been held regularly throughout the year, at two Municipal Health Centres. Number of individual cases seen: 447.

### Vitamin Supplements for Children under Five.

The provision of orange-juice and cod-liver oil has continued for children under 5 attending school. There has been some difficulty in getting parents to obtain supplies of orange-juice, but generally overcome. It cannot be said, however, that the position is entirely satisfactory, and it is one which might well be taken up on a national scale, and an intensive health propaganda campaign instituted so that a true "balanced diet" should be taken advantage of by the parents.

#### Rest.

The arrangements for special periods of rest for all children under 5 years of age in infant departments has continued. There is no question that the disturbance of sleep which occurred during the year as a result of enemy attacks has been minimised by this wise provision.

### Clothing.

It would be unreasonable to say that after five years of clothes rationing the standard of clothes and shoes has been entirely satisfactory. There have been numerous complaints during the year that the workmanship of children's shoes has deteriorated, as also the quality. The Board of Trade have been alive to this, and are doing all they can to maintain an improved standard, but the general situation is such that particular attention has had to be paid to the question of clothing and footgear during routine surveys made during the year.

Where the standard of footgear is low because of economic circumstances, cases are referred to the Education Committee for their consideration. It is fair to say that, generally, any lowering of standards has not been as a result of parental neglect, but rather of short supply: a circumstance which is common to all. The arrangements reported last year of a "pool" supply of plimsolls in each school for the use of all children have continued, and the same precautions have been taken to minimise the risk of contagion by careful attention to cleanliness of feet and by the use of a disinfecting dusting-powder. That this has been effective is shown by the fact that there has been no apparent increase in plantar warts or other contagious conditions of the feet.

### Artificial Sunlight.

The artificial sunlight treatment has continued at Lordship Lane and Park Lane Health Centres. The vitality of children so treated has increased, a fact of particular importance during 1944, when so many conditions were likely to cause a deleterious effect on appetite, energy and sleep of the children. 385 children were treated, and the total number of treatments given was 4,837.

#### Immunisation.

Immunisation against diphtheria is now being accepted by a great majority of parents as a routine. The reason for this is not entirely due to propaganda, but is a result of experience of the immunity given and the simplicity of the procedure. This work is carried out in conjunction with the Public Health Department, and the total number of chidren over 5 immunised during the year was 1,096. The percentage of school children now immunised is over 60 per cent.

### Nursery Classes.

Nursery Classes continue to fill an important part of the social life of the community. They relieve mothers of much of the drudgery of domestic life, and at the same time by allowing the mother to work, give opportunities of economic independence. By this nursery provision children are accommodated in surroundings where no effort has been spared, within the limits of war-time supplies, to secure a happy and healthy atmosphere. The children are under regular inspection by the school nurse, who visits daily, and they are provided with milk twice a day and a substantial midday meal is provided on the premises. The Committee's Nursery School and two classes have continued as a temporary measure as war-time Day Nurseries under the administration of the local Welfare Authority.

### Ophthalmic Clinic.

Refraction work and ophthalmic treatment have for many years been an established service in this area, from time to time extending the scope as circumstances altered. Any child from birth up to the age of 19 years can now be treated at the clinics. Where treatment other than the provision of spectacles is indicated, this is arranged either at hospital, where operative treatment is necessary, or at the clinic when treatment by drugs or medicaments can be given. Treatment for squint can by this means be obtained at a very early age by close co-operation with the Infant Welfare and Toddler Clinics. Treatment is continuous after leaving school by continuation of supervision up to the age of 19. The total number of refraction cases, including cases suffering from squint, was 562. Total number of cases provided with glasses, 517.

#### Dental Clinic.

Mr. V. Sainty, L.D.S., Senior Dental Officer, reports as follows:-

"The results as shown in Table IV, pages 30 and 32, are very satisfactory. In spite of flying bomb attacks, which caused fresh evacuation of children and also interfered with the routine appointments made at the dental clinics, there were 300 more attendances for treatment than in the previous year; namely, in 1943, 7,580; 1944, 7,900."

### Orthopaedic Clinic.

The Orthopædic Clinic has now resumed its pre-war activities, the number of treatment sessions each week being five. A full statement on the work of this clinic was presented in my last report by Mr. J. A. Cholmeley, M.B., F.R.C.S., which at this stage does not necessitate supplement.

The statistical analysis of the work carried out at the clinic is as follows:—

#### Attendances.

No. of new cases dealt with during the year	190
Total number of children treated during the year	228
Total number of treatments during the year	3,057
Total number of children examined by Orthopaedic	
Surgeon this year	327

#### Schedule of New Defects.

1.	Congenital defects		36
	Birth injuries		7 30
3.	Rickety deformities		5
4.	Knock-knees (non-rickety)		13
5.	Postural defects of the spine		40
6.	Structural curvature of the spine		1
7.	Flat feet, footstrain, etc		72
8.	Infantile paralysis		1
9.	Sequalae of acute fevers		_
10.	Fractures and other injuries		3
11.	T.B. joints		2
12.	Other bone or joint diseases (Non-T.B.)		1
	Osteomyelitis		1
	Other conditions including postural	in-	
	toeing		1
15.	Non-Orthopaedic		1
	N. A. D		

### Provision of Surgical Instruments.

Surgical appliances were supplied and repairs and replacements effected in 21 instances.

It has been found during the year that the impact of war has had its effect upon this phase of the work. It is, unfortunately, true that as a result of limitation of supplies, there is a delay in the provision of surgical appliances. Every effort is made to overcome this difficulty, and the indications now are that the period of waiting will in future be considerably lessened.

#### Nervous Disorders.

The Education Act, 1944, lays particular emphasis on the need for the provision of a child guidance clinic service by local authorities, and an increasing number of children are being referred for psychological examination and treatment. The arrangements which have obtained for some time continued during the year by the reference of cases to:—

Tavistock Clinic.

The London Child Guidance Training Centre.
Guy's Hospital.

There are indications that this work will have to be developed very considerably, and at an appropriate time it is my intention to submit to the Education Committee a comprehensive plan for the furtherance of this work locally.

### Hospital Treatment.

Arrangements with voluntary hospitals have continued to be most cordial, and I acknowledge with gratitude the help which has been freely given by the hospital staffs in the vicinity, and particularly that of the Almoners.

The North Middlesex Hospital has again undertaken the operative treatment for enlarged tonsils and adenoids.

### Convalescent Home Treatment.

The continued co-operation and help of the Invalid Children's Aid Association is much appreciated.

Convalescent treatment was arranged through the local education authority for children recommended by the school health service. These children were placed in suitable recognised homes. It should be said, however, that the service sorely misses the facilities available before the war at the Suntrap Residential Open-Air School, Hayling Island, and it is hoped that the day is not far distant when this Open-Air School will again be available for the reception of children needing convalescent treatment.

The School Medical Officer has visited various convalescent homes and residential special schools wherein are maintained children for whom the Committee is responsible, and found generally that the conditions were satisfactory. These contacts made with outside authorities are most valuable in formulating policy and in understanding the particular problems which from time to time concern those with whom we are fortunate enough to be in close co-operation.

#### Infectious Diseases.

A constant supervision over cases of notifiable infectious diseases is exercised by the school health visitors, and the source of their information continued to be a weekly return submitted by the Head Teachers. There has been no serious outbreak of infectious disease during the year, and it is right to claim that some of the credit for this is due to the close supervision exercised by the staff generally.

Scarlet Fever		 	140
Diphtheria .		 	24
Measles .		 	149
Scabies .		 	92

#### Scabies.

The number of cases of scabies continued to fall, which, having in mind the experience of the war of 1914-18, is remarkable. It is true to say that a good deal of responsibility for this difference can be attributed to modern methods of treatment and the consciousness in the minds of the general public of the advantages of preventive measures.

During the year the School Medical Officer took the opportunity of arranging, through the Ministry of Information, for the showing of a most instructive film on scabies, issued by that Ministry. There were present at the showing of this film general practitioners of the area, the health visitors and school health visitors, and all concerned in public health and hygiene in the Borough. While such a display quite obviously cannot of itself prevent the incidence of scabies, it is clear that the stimulation of interest in curative

measures must have in the long run an important effect upon the approach to social problems of this character with a resultant diminution of incidence of disease.

Emphasis has been laid upon the question of scabies by the fact that during 1944 this disease was included among the notifiable diseases.

## Number of Cases of Scabies Treated by the School Health Service.

Lordship Lane Health Cen	tre			 139
Park Lane Health Centre				 103
Markfield Road Baths for I	Downhills	School	Clinic	 132
Tota	al			 374

#### School for the Deaf.

This school has consolidated its work since its return to its own premises in Philip Lane. There is great need at this school for the modernisation of the hearing aid equipment. The limitations of supplies during the war have prevented this, but it is a matter which should receive prompt consideration as soon as supplies are available, particularly having in mind the great developments in sound research which have taken place during the war. At the end of the year there were 55 deaf and partially deaf children on the roll. In addition there were 20 children with severe speech defects continuing their ordinary education while receiving remedial instruction. (In 1945 a whole-time speech therapist was appointed as a member of the school health service.)

### School for Physically Defectives.

The School for Physically Defective Children is still housed in the unsatisfactory temporary premises at West Green School. It is hoped that they may soon return to the more suitable and commodious premises at Vale Road, where the benefits which they receive from special instruction will be considerably augmented. The school health visitor visits daily at this school, and the children are under constant medical supervision by one of the Committee's medical officers.

It cannot be said that the present arrangement is satisfactory, but it must be claimed that the best has been made of what is necessarily a war-time expedient. The field for development in this school is wide, and every opportunity should, and will, be taken of the opportunities offered as soon as an approach to normality in the general position is possible.

### Oak Lodge Special School.

The progress of the children has been satisfactory, and there has been a good standard of health throughout the year.

Regular visits have been made by the School Medical Officer. The number of children attending at the end of 1944 was 54.

### School for Blind and Partially Sighted Children.

It is still, unfortunately, necessary to send children requiring this type of special school accommodation to the school maintained by the Borough of Walthamstow, at Hale End Myopic School. The number on roll at the school at the end of the year from Tottenham totalled 8, and during the year 10 children were in attendance. Progress made by these children has been satisfactory.

### Examinations by Medical Officers.

All entrants to the Education Committee's permanent service are examined by medical officers for superannuation purposes, and in addition the staff returning from national service are submitted to examination before reinstatement.

#### ELEMENTARY SCHOOLS.

Table I.—Medical Inspections of Children attending Public Elementary Schools—Year ended 31st December, 1944.

### A .- Routine Medical Inspections.

(1) No. of Inspections in	the	prescribe	d Gro	ups:-		
Entrants						 1,355
Second Age Group				18		 1,035
Third Age Group						 853
		TOTAL				 3,243
(2) No. of other Routine	Inspe	ections				 733
		GRAN	D To	TAL	0050	 3,976

B .- Other Inspections.

No. of Special Inspections and Re-Inspections 20,018.

TABLE II.—CLASSIFICATION OF THE NUTRITION OF CHILDREN INSPECTED DURING THE YEAR IN THE ROUTINE AGE GROUPS.

No. of Children Inspected.	A. (Excellent).			B. (Normal).		C. (Slightly Sub-Normal).		D. (Bad).	
	No.	%	No.	%	No.	%	No.	%	
3,976	431	10.84	3144	79.07	386	9.7	15	0.37	

#### TABLE III.

Group II .- TREATMENT OF DEFECTIVE VISION AND SQUINT.

	Under the Authority's Scheme.
Errors of Refraction (including Squint)	562
Other defects or diseases of the eyes (excluding those recorded in Group I)	4
TOTAL	566
N. COLUM	Under the Authority's Scheme.
No. of Children for whom spectacles were:  (a) Prescribed	524 517

	Received Operative Tr Received other forms	reatmen	nt	AGMO	99.9		Auth	ler the nority's heme. 72
	Total number treated						3	73
								TONA
ABLE	IV.—Dental Inspection	ON AND	TRI	EATMENT				
	No. of children inspect							
1-/	(a) Routine Age Group							8,96
	(b) Specials						100	97
	(c) Total (Routine and	Specia	ls)					9,93
(2)	No. found to require tr							6,36
	No. actually treated							3,40
	Attendances made by C							6,06
	Half days devoted to:-		101	vi cavino,				4
	Treatment	**						93
	readment							00
				TOTAL				97
								-
(6)	Fillings:—							
	Permanent Teeth							1,95
	Temporary Teeth							89
	Cota Citatinia and Sala							-
				TOTAL		**		2,84
(7)	Extractions:-							
	Permanent Teeth							64
	Temporary Teeth							4,13
	Tomporary toota	-						
				TOTAL				4,78
				No. 10 (10) (10)	- 177			
	Administrations of gene	eral An	aestl	netics for	Exti	actions	3	39
(9)	Other Operations:—							4 **
	Permanent Teeth						**	45
	Temporary Teeth							76
				TOTAL				1,21
(10	Attendances for Ortho	dontie	Trea	tment				59
(2)	7 22000114011000 202 020110	aonivio .						
	V VERMINOUS CONDI	TIONS.						
ABLE								
ABLE		per sch	ool 1	nade du	ring t	he ves	r by	
	Average No. of visits	OR GORE				300	3	1
	Average No. of visits the School Nurses or ot	her aut		The second		he Sch	cols	MAY ME
(1)	the School Nurses or ot			children	1 111 1		A THE REAL PROPERTY.	
(1)	the School Nurses or ot Total number of exam	ination	s of			ne bei		65 40
(1)	the School Nurses or ot Total number of exam by School Nurses or oth	ination er auth	s of	ed person	18			
(1) (2) (3)	the School Nurses or of Total number of exam by School Nurses or oth No. of individual child	ination er auth dren for	s of orise	ed person unclean	ıs 	-::		65,40
(1) (2) (3)	the School Nurses or of Total number of exam by School Nurses or oth No. of individual child No. of individual child	ination er auth dren for ren clea	s of orise and nsed	ed person unclean under S	ection	87 (2)		1,55
(1) (2) (3) (4)	the School Nurses or of Total number of exam by School Nurses or oth No. of individual child No. of individual child (3) of the Education Ac	ination er auth dren for ren clea et, 1921	s of orise and nsed	ed person unclean under S	ection	87 (2)		
(1) (2) (3) (4)	the School Nurses or of Total number of exam by School Nurses or oth No. of individual child No. of individual child (3) of the Education Ac No. of cases in which le	ination for auth fren for ren clea et, 1921 egal pro	s of orise and nsed	ed person unclean under S	ection re tak	87 (2)		1,55
(1) (2) (3) (4)	the School Nurses or of Total number of exam by School Nurses or oth No. of individual child No. of individual child (3) of the Education Ac	dination der auth dren for ren clea et, 1921 egal pro on Act,	s of orise and nsed ceed 192	ed person unclean under S  lings wer	ection re tak	87 (2)		1,55

### SECONDARY SCHOOLS.

NUMBER OF PUPILS INSPECTED 1ST JANUARY, 1944, TO 31ST DECEMBER, 1944.

410	Routine Medical Inspection.										
Age	9	10	11	12	13	14	15	16	17	Total.	
Boys	-	-	46	171	143	33	116	32	10	541	
Girls	_	_	87	125	77	5	1	1	1	296	
TOTALS	_	_	133	296	220	38	117	33	_	837	

### TECHNICAL SCHOOLS.

Number of Pupils Inspected 1st January, 1944, to 31st December, 1944.

	Ro	utine	Medica	Inspec	ction.			Total
Age	 	12	13	14	15	16	17	Local
Boys	 	-	87	110	40	39	1	277
Girls	 		27	94	71	7	4	203
TOTALS	 	_	114	204	111	46	5	480

TABLE II.

CLASSIFICATION OF THE NUTRITION OF CHILDREN INSPECTED DURING THE YEAR IN THE ROUTINE AGE GROUPS—SECONDARY AND TECHNICAL SCHOOLS.

Number of Children	A		В		C		D	
Inspected.	No.	%	No.	%	No.	%	No.	%
1,317	213	16.17	1,051	79.8	53	4.02	10 -07	ML

			T	ABLE	III.	-(Grou	p II.)			Auth	er the ority's
Trea	tmen	t of D	efectiv	e Vis	ion ar	nd Squ	int:-				
			efractions ts or di				nt)				160
						To	TAL	1.1		FA	161
No.	of Chi	ildren	for who	om St	pectacl	es wer	e:			-	_
	(a) Pr	escrib	ed				::				157 157
		TABL	EIV	-Dent	tal Ins	pection	and I	reatm	ent.		
1) No. o	f Chil							the LL			
100000			Group	-	ono L	OHUISU					
(4) 1	voutil	ie Age	Group	5	0/11		into te	Statt.	160102	31120	inth.
AGE	9	10	11	12	13	14	15	16	17	18	Тота
Number	13	61	181	266	432	464	343	255	172	83	2,270
Admoci	10	01	101	200	402	201	310	200	1.2	00	2,210
(3) N (4) A	Number Attend Half-d	er actu lances ays de	d to re ally tr made l voted t	eated by chi			atmen	t ::		10	318 851 832
		nspect									Salar Salar
	4 10		CARD				- 11	**			17 220
					A not		**	::	***	_	220
					A god	т.	OTAL			_	
(6) I	Filling				A not	To	)TAL	::			237
(6) I	1	Perman	ent Te		A moi	то	)TAL				220
(6) I	1	Perman	nent Te		Ann	::	::	::		1,	220 237 418
(6) I	1	Perman			Anor	::	OTAL OTAL			1,	237
	1	Perman	rary Te		A mon	::	::			1,	220 237 418
	Extrac	Perman Cempor	rary Te	eth	A non	::	::			1,	220 237 418 — 418 — 242
	Extrac	Perman Cempor	rary Te	eth		::	::			1,	220 237 418 — 418
	Extrac	Perman Cempor	rary Te	eth	A mon	:: To	::			1,	220 237 418 — 418 — 242
(7) I	Extrac	Perman Cempor etions: Perman Cempor	nent Te	eth eth eth	al ana	 To	OTAL OTAL	extrace	······································	1,	220 237 418 — 418 — 418 242 93
(7) F	Extrac	Perman Tempor etions: Perman Tempor	rary Te	eth eth eth	al ana	 To	OTAL OTAL	extrac	tions	1,	220 237 418 — 418 — 418 242 93 335
(7) F	Extrac	Perman Perman Perman Cempon Distrati	nent Terrary Te	eth eth gener	al ana	 To	OTAL OTAL	extrac	tions	1,	220 237 418 — 418 242 93 335 — 22
(7) F	Extrac	Perman Perman Perman Cempon Distrati	nent Terary Te	eth eth gener	al ana	 To	OTAL OTAL	extrac	tions	1,	220 237 418 — 418 242 93 335 — 22
(7) F	Extrac	Perman Perman Perman Cempon Distrati	nent Terrary Te	eth eth gener	al ana	To estheti	OTAL OTAL	extrac	tions	1,	220 237 418 — 418 242 93 335 — 22

#### SCHOOL MEDICAL AND DENTAL STAFF.

Table VII .- School Medical and Dental Staff.

Name of Officer.	Proportion of devoted School Medical Service.	
School Medical Officer:— Dr. G. Hamilton Hogben	Adminis- trative	-
Deputy School Medical Officer:— Dr. B.Broadbent (On Military Service)	1/6th	5/6th
Senior Assistant Medical Officer— Dr. Joyce E. Marshall (Temporary)	1/3rd	2/3rds
Assistant School Medical Officers:— Dr. R. H. Smythe Dr. Nora A. M. Webster (Temporary)	Whole time 2/3rds,	

Senior Dentist :- V. Sainty, L.D.S.

Dentists:-

A. E. Fisher, B.D.S., joined dental branch R.A.F.V.R. (November, 1940).

Miss C. M. Dixon, L.D.S.

Miss E. M. McRaith, L.D.S. (Temporary appointment.)

Note.—2/3rds of the services of one Dental Unit is apportioned to the Maternity and Child Welfare Committee.

The whole of the school medical and dental inspection and treatment of secondary school children is undertaken for the Higher Education Authority.

#### School Nursing Staff.

(Excluding Specialist Nurses such as Orthopaedic Nurses).

		Number of Officers	Aggregate of time given to S.M.S. work in terms of whole time Officers.
School Nurses	 	8	Whole time,
District Nurses	 	_	
Nursing Assistants*		-	The state of the s
Dental Attendants	 	3	See Note above under Dentists.

<sup>\*</sup>This term refers to untrained assistants described in paragraph 3 of Circular 1604.

### MATERNITY AND CHILD WELFARE

(December 31st, 1944).

#### Committee:

Chairman:

Alderman Mrs. A. KITCHENER.

Vice-Chairman:

Councillor Mrs. A. E. Lyons.

#### Members:

Alderman Mrs. W. A. Kent. Councillor Mrs. M. Berry.

,, J. H. MORRELL, J. P. ,, Miss R. F. Cox.

, A. REED, A.C.I.I., J.P. ,, T. J. DICKINSON.

,, A. R. TURNER. ,, R. W. H. FORD.

R. H. WARREN. ,, F. A. F. KEAY, J.P.

Councillor Mrs. E. M. A. MORRELL.

,, W. T. RICHARDS.

Executive Officer .. Dr. G. Hamilton Hogben.

Superintendent . . Mrs. J. Kent Parsons, M. B. E.

### STATISTICAL INFORMATION.

The population of the Borough as estimated by the Registrar-General is 108,180 as compared with the pre-war estimated population of 144,400.

NUMBER OF REGISTERED LIVE BIRTHS:-Male	1,073
Female	993
	2,066
Birth Rate (per 1,000 population)	19.09
Number of deaths under one year of age	87
Number of still births registered	54
INFANTILE DEATH RATE (per 1,000 live births)	42.11
Number of maternal deaths	3 -
MATERNAL DEATH RATE (per 1,000 total births)	1.41

### CO-ORDINATION.

The Health Services of the Borough are within the same administration, and the organisation is such that a ready co-operation is obtained in all branches of the work.

The Department is indebted to many organisations whose work is related to Maternity and Child Welfare, and who have generously assisted wherever required. The Almoner services of the Prince of Wales and North Middlesex Hospitals, the Invalid Children's Aid Association, the N.S.P.C.C., and the Women's Voluntary Service have been particularly helpful. Good contact has been maintained with the services of the Middlesex County Council in this area, especially for the treatment of Tuberculosis and Venereal Diseases.

### HEALTH VISITORS.

The year began with a staff of 16 Health Visitors and a Superintendent and an Assistant Superintendent Health Visitor. During the year members of the staff left the service for various reasons, and because of the shortage of trained personnel in securing replacements, the work of the department was carried out under difficulties, and, in fact, for the greater part of the year with a depleted staff. In March, Miss S. Briggs, one of the health visitors, was seconded to be superintendent of the war-time nurseries, but after eight months' service was appointed to be Superintendent Health Visitor in an adjacent borough. The supervision of the nurseries then reverted to the Superintendent Health Visitor.

In July, 1944, the health visitors were called upon to assist with the examination and despatch to the provinces of about 2,400 mothers and children of all ages, including about 50 expectant mothers under the Government Evacuation Scheme.

The customary duties of home visitation of expectant and nursing mothers, children under five years, and all cases of children in the care of foster parents and adopters, was carried out by the health visitors. These duties also included attendance at all clinic services, ante-natal, infant welfare, artificial sunlight, dental and toddlers' sessions. The health visitors also visited and made final arrangements for the departure of evacuating expectant mothers, and sometimes accompanied the mothers to their destinations. Talks to the mothers attending the various clinics, together with the issue of Government vitamins at the distribution centres, were continued as in previous years.

Close co-operation was maintained with members of staffs of other services under the Authority, with the N.S.P.C.C., the I.C.A.A., W.V.S., and the Soldiers', Sailors' and Airmen's Families Association, probationer officers, factory welfare officers and hospitals in and outside the district which serve Tottenham residents.

During 1944 sixteen students of the National Health Society's Health Visitors' Course received their practical training in the Borough. Arrangements were made with the Borough of Islington for their training in the Tuberculosis service.

The sewing classes and the Mothers' Clubs at the Chestnuts and the Lordship Lane Municipal Health Centres were reopened, and proved as popular as ever. The mothers seemed to be very grateful for the opportunity of resuming their contacts with the staff and with each other.

Several parties of post-graduate medical officers and student health visitors from the Royal College of Nursing and the National Health Society visited the Municipal Health Centres and other services in the Borough, and several parties of women from the Services were given talks and shown the work of the Borough. Many visitors from abroad and others going abroad to undertake relief work in Europe visited us during the year.

## DETAILS OF HOME VISITING BY HEALTH VISITORS.

Expectant Mothers.		Children t	Children under 1 year.				Totals.
First Visits.	Re-visits.	First Visits	. Re-v	isits.	Re	-visits.	Totals.
1,694	2,575	1,979	7,1	90	14	,283	27,721
Other vis	its:—Infant	ile Deaths					47
	Still B	Births					72
	Ophth	almia Neona	torum				8
	Pneun						55
		ious Diseases l visits:					471
		others					1,295
		hildren					372
			Total				30,041

### BREAST FEEDING.

The following table shows the types of infant feeding and their incidence in the total infant population of the Borough. The information is obtained by the Health Visitors when the child has reached six months, and is based on the total notified births for the year, i.e., 2,046:—

Breast fed						
Part Breast fed, plus milk, d	tried m	IK OF	conder	used mi	lk	677
Bottle feeding—Cow's milk						24
Dried milk						150
0.7 1.10 1.727 71						
Feedings unknown: i.e., ren						187
	To	tal				2.046

## Care of Illegitimate Children (Circular 2866).

The present scheme of co-operation between the Maternity and Child Welfare Department and the Moral Welfare Worker of the Tottenham Deanery Board continued to work well. During the year the number of cases referred by the health visitors to the moral welfare worker was 40, 35 of whom were confined during the year and five early in 1945. Five of the confinements took place at home and 28 were in institutions. Seven were evacuated under the expectant mothers' scheme. Eight adoptions were arranged, two foster mothers obtained, and four of the children were retained in homes. Fourteen of the mothers returned home after their confinements. There were two still births and one infantile death.

### Child Life Protection.

The health visitors paid 128 visits as Infant Life Protection Officers during the year to 24 foster mothers in respect of 25 foster children. The number remaining on the register at the end of the year was 17 foster mothers in respect of 17 foster children; namely, 9 children under 5 years of age and 8 children over 5 years.

## Adoption of Children.

The number of persons who gave notice of their wish to adopt children during the year was 30 in respect of 30 children. The total number of children under supervision at the end of the year was 42 and the number of visits paid 204.

### INFANT WELFARE CENTRES.

The following table shows the attendances of infants and children under five at the Municipal Health Centres:—

Centre.	Sess- ions.	Weigh- ings. Infant Attend- ances.	New Cases.	Weigh- ings. Over 1 year Attend- ances.	New Cases.	Infant Wel- fare— Exam- ined by Doctor.
Lordship Lane Muni- cipal Health Centre	255	6,078	511	1,484	218	1,397
The Chestnuts, St. Ann's Road	253	6,009	626	1,543	173	1,932
Park Lane Municipal Health Centre	103	3,541	323	720	251	913
Town Hall	52	722	74	156	1	123
Totals—1944	663	16,350	1,534	3,903	643	4,242
Totals—1943	670	19,247	1,568	5,966	185	4,633

I am indebted to Miss C. Alice King, M.D., M.R.C.P., for the following report on the Infant Welfare Centres:—

The work of the Infant Welfare Clinics during the greater part of 1944 was spasmodically affected by the "flying bomb" and, later, "rocket" phases of the war; but the clinics continued to function, and were, I think, all the more appreciated by those mothers who attended. The numbers of these were at times much reduced, but after evacuation of the older children had taken place, infants and those toddlers who remained at home were brought fairly regularly for weighing and inspection. The total number of new cases seen at the clinics during this disturbed year was, however, little less than during the previous year.

The average size and state of nutrition of the infants were good, and the percentage of congenital defects or abnormalities small. There were few instances where breast feeding was not desired by the mother, though the wish or necessity to augment the family income by part-time work sometimes interfered with its completion. The continued provision of National Dried Milk has been of great value. Housing conditions and the necessity of sharing domestic amenities were also a handicap to some young mothers.

The Invalid Children's Aid Association was most helpful in securing convalescence for a number of the older children of the "under five" group, while the Tottenham Residential Nursery at Hertford afforded a home for younger members, especially in cases of temporary disablement of the mother of the family.

The services of the health visiting staff were, as always, of great value in ensuring that advice given at the centres was, as far as possible, carried out at home.

There is still a considerable number of parents who do not take advantage of the help offered at the Infant Welfare Centres, but this proportion is, I believe, gradually decreasing.

#### TODDLERS' CLINICS.

Clinics for children between two and five years of age were held regularly throughout the year, their object being to secure routine medical inspection of children under five not regularly attending the infant welfare centres, nurseries, or nursery classes. The attendances were well maintained, in spite of evacuation; 585 new cases were seen, and there were 881 re-examinations, making a total of 1,466 examinations during the year, an increase of 93 over last year's figures. The majority attended once during the year, 26 per cent. twice, and 13 per cent. three or more times.

The children were seen by appointment, and it would seem that there is considerable value in the fact that the clinics are held regularly every week, because, even though it is unnecessary for any one child to be seen frequently, the parents appreciate the knowledge that they can request help from the clinic whenever they need it, which often gives them more confidence in their own ability to deal with their children during the rather difficult period of rapid growth and development. Many mothers have mentioned this, and it is perhaps more important in war-time when mothers have to shoulder so much responsibility during the father's absence.

The percentage of children found to be immunised was 83. Of the non-immunised children the majority came for immunisation after one or two attendances at the Toddlers' Clinic, where there was the opportunity to remind them of the importance of this measure and of the time and places of the immunisation clinics held. The standard of development and nutrition was found to be good. The distribution and frequency of the minor defects found was almost the same as for 1943. In most cases the defects found were of recent origin, and not serious in nature. Some cleared up spontaneously, and in other cases prompt early treatment—e.g., for squint or otitis media—cured the condition before it had become we'll established.

				A	ttendances.		
Centre.		Sessions.	Number Notified.	New Cases.	Re- exams.	Total.	
Lordship Lane		47	924	208	345	553	
The Chestnuts		21	481	131	105	236	
Park Lane		47	1,139	246	431	677	
Total		115	2,544	585	881	1,466	

### Nature of defects found.

Infections of the Ear, Nose, Throat.	Signs of Emotional Disturbances.	Dental.	Vision.	Nutri- tion C.	Debility after Infectious Disease.	T.B. Family History
10%	20%	10%	3%	6%	5%	3%

The number of children under five who attended the special clinics by arrangement with the School Medical Service was as follows:—

Clinics.	0-	No. of		T	reatments.
	Co	nsultatio	ms.		
Minor Ailments		29		 	18
Dental		390		 100	513
Orthopaedic		82		 	435
Ophthalmic		203			13
Ear, Nose and Throat		82		 	65
Artificial Sunlight				 	3,388
Immunisations:-					
Final Schick Tests		883		 	1,026

I am indebted to Miss Esther Rickards, M.S., F.R.C.S., for the following report on the ante- and Post-Natal work:—

### Ante and Post Natal Care.

The volume of work undertaken at the clinics, though slightly less than in the previous year, due no doubt to the renewal of air raids and evacuation, still stretched the services to full capacity.

The work undertaken in these difficult circumstances was only made possible by the excellent co-operation of the health visitors, midwives and domestic staff at the clinics.

With a rising birth rate, 19.09 as compared with 17.85 in 1943, it is gratifying to find the number of still births reduced from 70 to 54 and the maternal death rate reduced 2.94 to 1.41. The health of the mothers has been well maintained, and the babies reflect the value of good nutrition and special dieting in pregnancy.

Close co-operation has continued with our two principal hospitals: the Mothers' Hospital, Clapton, and the North Middlesex Hospital, and with others admitting mothers from Tottenham.

### ANTE-NATAL CLINICS.

Centre.	Sessions.	Attend- ances.	Cases.	Post- Natal.
The Chestnuts	 199	3,598	1,048	188
Lordship Lane	 155	2.784	767	176
Park Lane	 103	1,970	513	144
Total—1944	 457	8,352	2,328	508
Total-1943	 459	8,721	2,322	585

### MATERNITY SERVICE.

### Hospital Provision.

The scheme for the provision of beds for hospital cases at the Mothers' Hospital again worked satisfactorily, as also with the North Middlesex Hospital. The general shortage of maternity bed accommodation in this area is nevertheless a major problem, temporarily relieved by the Government facilities for evacuation.

The following table shows the various institutions in which the confinements took place:—

The Mothers' Hospital Clapton—			
Under the Council's scheme			85
Own arrangements	***		12
The North Middlesex County Hospital			218
Other outside institutions		***	214
Evacuations: Under the L.C.C. scheme	- Ander		
Arranged by the Borough	***		399
Education Department, Government	scheme		53
Others		***	78

### MUNICIPAL MIDWIFERY SERVICE.

During 1944 the midwives again did yeoman service under blackout and housing difficulties. There were 12 Municipal Midwives, and the number of deliveries by them was 862. Cases attended as maternity nurses increased from 28 to 115. Ante-natal visits increased from 1,699 to 2,363.

The midwives were again permitted to use the ambulance service for very distant or emergency cases during the blackout hours. This privilege was much appreciated by the midwives, and was used only where really necessary. Six calls were made on the service during the year.

The co-operation between the health visitors and the midwives continued to be very close, and was of great benefit to both the staffs and to the mothers. Sterilised packages of dressings were still very popular, the number supplied during the year being 705.

Post-certificate courses were again arranged for our midwives under the scheme provided by the London County Council.

### Record of Cases.

Number of deliveries	***	862
Number attended as maternity nurse		115
Primipara cases		468
Multipara cases	See.	509
Ante-natal visits	***	2,364
Nursing visits		14,599
Deaths of mothers at home		100

### HOME HELP SERVICE

There was still an acute shortage of suitable women willing to act as Home Helps, and it will be a relief when conditions permit the enrolment of more helpers.

Financial aid was allowed in 192 necessitous cases, of which 75 received free help.

### PUERPERAL PYREXIA.

The following table shows the final results in each of the 13 cases of Puerperal Pyrexia notified during the year:—

Doctors' Cases.	Midwives' Cases.	Occurred in Hospitals		Final Results.		
Cases.	Cases.	outside District.	Total.	Recovered	Died.	
6	Terror (rest)	7	13	12	1	

### OPHTHALMIA NEONATORUM.

Only three cases were notified, one of which was removed to hospital. All three cases made a satisfactory recovery.

	MAT	ERNAL	MORT	ALIT	Y.
s	from	Puerperal	Sepsis		14.0

Deaths From other Puerperal Causes

> Total ... 3

Maternal death rate (per 1,000 live and still births) 1.41

## GOVERNMENT SCHEME FOR EVACUATION OF EXPECTANT MOTHERS, L.C.C.

The number of patients who took advantage of the scheme to evacuate for their confinement during 1944 was 399, due no doubt to the prevalence of flying bombs and V2 rockets. Many patients also left London during the middle of the year under the supplementary scheme.

Many children under five were again sent away to "short stay" homes by the W.V.S.., and others went to our residential nursery at Hertford during the period of their mother's absence from London.

In November, 1944, the Board of Trade issued priority dockets for bed sheets to be given to expectant mothers. This duty devolved upon the Maternity and Child Welfare Department, and proved a very popular scheme.

### PREMATURE INFANTS.

### Born at Home.

1944

Number of premature infants noti	fied bo	rn at l	ome		55
(includes 9 sets of twins, of whom lbs.)			1000		
Nursed at home					55
Died during the first 24 hours		***	8		
Died within the first week					
Died within the first month			1000		
			_		
Total			14		
			( side		
Number survived at the end of the	first n	nonth		41	
Number alive and thriving at the					
1944				41	

# Born in hospitals outside the District but resident in Tottenham.

Notified (includes 3 sets of twins)				42
Died during the first 24 hours	Ana.		4	
Died during the first week			1	
Died within the first month				
			_	
	Total			10
				_
Number survived at the end of the	e first m	onth		32
Number alive and thriving at the	e end of	Decen	nber,	
1944,,,				32

Total premature births born at home and in hospitals outside the district was 97, of which 24 died within the first month of life, a figure calling for intensified action in the provision made for the care of the premature child.

## GENERAL HOSPITAL TREATMENT FOR CHILDREN UNDER FIVE YEARS.

Fourteen children were referred to the North Middlesex Hospital for consultation and treatment of tonsils and adenoids, where operation was probably required.

Orthopædic surgical appliances have been supplied to three children by arrangement with the National Orthopædic Hospital, Stanmore, Middlesex.

### Convalescent Home Treatment.

The Invalid Children's Aid Association have co-operated with the department in placing 32 children in convalescent homes for children under five years of age.

Number of children who stayed for 1-10 weeks		22
Number of children who stayed for 11-20 weeks	***	7
Number of children who stayed for 21-30 weeks		2
Number of children who stayed for 31-40 weeks		1
		-
Total		32

Of this number one case was free, the other 31 paying varying amounts weekly towards the cost.

### Nature of Defects for which convalescent treatment advised.

Malnutrition and Rickets		9
Debility		7
Post Pneumonia		6
Anæmia and Catarrh		1
Post Diphtheria	***	1
Post Measles and Bronchitis		1
Post Tonsils and Adenoid Op.		1
Asthma		2
Post Whooping Cough	***	1
Post Mastoid	***	3

## GOVERNMENT EVACUATION SCHEME.

The evacation of expectant mothers within four weeks of term for their confinement continued again throughout the year. Particulars of the scheme are set out in the report on the work of the midwifery service.

Children under five were evacuated to our Residential Nursery at Bengeo House, Hertford, and by arrangement with the W.V.S., as in 1943.

In accordance with the Ministry of Health circular 78/44 of the 1st July, authorising the organised evacuation of unaccompanied school children, the medical examination of these children was instituted on July 5th. On July 10th began the evacuation of mothers with children under five and of expectant mothers (G.E.S. 94 M. of H.).

All persons evacuated under the recommended organised evacuation scheme were medically examined, and received a cleanliness inspection on the day before travelling, the result being recorded on the medical record cards provided by the Ministry. Those who were found to require it were treated immediately by cleansing, and the appropriate treatment for nits, vermin and scabies.

The medical examinations were carried out at the Health Centres, where the health visitors, who knew the majority of the evacuees, assisted the medical staff and carried out local treatment and baths where necessary. The School Medical and Maternity and Child Welfare record cards of the children were available at the examinations, so that the medical history could be recorded on duplicate cards for the information of the medical officers of the reception centres.

The escorts of each evacuation party were present at the centres during the examinations, where they became acquainted with the members of their party, and were informed when necessary of the medical condition.

Large numbers of mothers and children applied for evacuation when the scheme was put into operation. 532 were examined on July 10th, and a total of 2,502 in the first eleven days, July 5th to 16th inclusive. Although the arrangements undertaken for medical examination and the transmission of records involved a considerable amount of additional work, it was found to be well worth the time and labour involved. All members of the Corporation's medical and nursing staffs voluntarily co-operated in this urgent work.

I am indebted to the Borough Education Officer for the following information:—

- Number of evacuations under Plan V (Unaccompanied Children) from July 5th to September 8th, 1944 (inclusive).
- 2. Number of evacuations under Plan VII (Mothers with children over and under 5 years) from July 11th to September 8th, 1944 (inclusive).
- 3. Private arrangements scheme, June 26th to September 8th, 1944 (inclusive).
- 4. Other categories to September 8th, 1944 (excepting Aged and Infirm Persons, which are taken to date September 22nd, 1944).
- 5. Homeless persons.

Category.	Mothers.	Children.				
nedlessicker baneligrand th	or and manufacturing and in front		Over 5.			
1. Unaccompanied Children		-	Handicapped Children			
2. Mothers and children—over 5 and under 5	881	979	652			
(a) Mothers with children	2,261	1,662	1,660			
(b) Unaccompanied children 4. Homeless Persons (children)	o share by	62	1,153			
Totals	3,142	2,703	3,467			

Total Mothers and Children over and under 5 years and other Categories Evacuated:—

(a)	Mothers	. ,.				 3,142
(b)	Children	und	er	5		 2,703
(c)	Children	over	5		***	 4,995

10,840

### Other Categories :-

(a) Aged Persons		***	574
(b) Invalid Persons		***	174
(c) Blind Persons			6
(d) Expectant Mothers	***		53
(e) Homeless Persons			28

835

Total ... 11,675

Total number of Cheap Travel Vouchers to visit

Evacuees in the Reception Areas from 1st

July to 22nd September, 1944 ... 1,479

### MATERNITY AND NURSING HOMES.

The number of Nursing Homes on the register at the beginning of the year was one.

Number of applications for registration			Nil
Hospitals exempt from registration	***	***	1
(i.e., the Prince of Wales's General	Hos	pital)	
Number on the register at the end of the y	ear		1

## DENTAL TREATMENT FOR MOTHERS AND CHILDREN.

The number of expectant and nursing mothers who have received dental treatment during the year was 526. Of these 428 were ante-natal and 98 post-natal cases, all of whom were rendered dentally fit by fillings where preservation was possible; and otherwise, by extraction under local or general anæsthesia.

125 mothers were supplied with artificial dentures, 17 of whom were in the scale for free dentures and 108 contributed part of the cost.

Treatment of children under 5 continued as in previous years and 220 consultations with 513 treatments were made.

The dental service for mothers and young children is undertaken by the dental officers appointed by the Education Committee, one-third of the cost of a dentist "unit" being contributed by the Maternity and Child Welfare Committee. The growth in recent years of the number of young children requiring conservative treatment and the increasing popularity of this service raises the question of adequacy in the number of dental officers, now numbering three, appointed by the Local Authority. In the post-war review of this service, a strong case can be made for the appointment of an additional dental officer for maternity and child welfare work alone.

### War-Time Nurseries Service.

No new nurseries were opened in 1944, the total number remaining at nine, one of which is a residential nursery at Bengeo House, Hertford.

The standard of work in the nurseries has been maintained at a high level throughout the year. The nurseries have been consistently well maintained, and have had many additional improvements, such as the repainting of the tables and chairs as these became shabby, new nursery friezes and pictures. A happy atmosphere has been evident throughout, and the parents have been friendly and co-operative, thus reflecting the care and interest shown by the staff in their work. During the year parents' meetings, held in most cases monthly, were well attended, and have been found to be of great value in the smooth running of this service.

Measures were provided in a Ministry of Health circular issued in February, 1944, to meet the difficulties of maintaining an adequate staff by giving permission for the appointment of a certain number of additional untrained and partly trained staff, and for the appointment of additional nursery nurses where untrained workers were unobtainable.

Attendances for the first quarter of the year in all the nurseries were considerably above those for the same period in 1943. The numbers then began to decline as air raids increased, and, first, privately arranged, and, later, Government evacuation took many children out of London. During the last quarter of the year the attendances had reached the figures for the same period of 1943 in only two of the nurseries.

In August 1944, at the request of the Ministry of Health, a survey of the attendances of children at the nurseries was carried out to find out whether any nursery could be closed and the staff spared for work in reception areas. A number of the staff volunteered for evacuation work, but at no time were the attendances sufficiently low to justify closure of any of the nurseries.

In addition to the effects of air raids and evacuation on the work of the nurseries, the supply of toys was also affected. The civil defence depots and school woodwork classes were unable to continue their valuable help. The initial toy allowance per child was also reduced, in accordance with a circular of the Ministry of Health. The formation of the London Toy Committee provided material for making and repairing toys, and the nursery teachers were able to avail themselves of this, as a woodwork room and tools were provided for their use in one of the schools, by cooperation with the Director of Education.

### Health of Children in Nurseries.

The majority of children attending the nurseries improved noticeably in general health after the first four to eight weeks of attendance.

A good standard of health has been maintained throughout the year. This would seem to be closely related to the provision of suitable surroundings designed to provide the optimum environment for large groups of young children. No reconverted premises have been used. The value of adequate space, warmth, light and sanitation is increased at the present time because of the overcrowded, unsatisfactory conditions in the homes of many of the children who attend the nurseries.

The danger from spread of infection does not appear to be greater than that for children of the same age group in the district generally. At no time has it been considered necessary to close a nursery for an outbreak of infection.

The time spent in the shelters did not noticeably alter the incidence of infection except in two cases, where measles and mumps were respectively introduced into two nursery shelters and the spread was apparently due to the close proximity of the children. Fatigue was evident during the flying bomb raids, and the nurseries served a useful purpose by providing facilities for rest for the children who had spent disturbed nights at home.

Where cases of diarrhoea have occurred (22 cases among the nursery population of 380 children), they were mild, and in no instance was a child absent with this complaint for more than two weeks; in most cases the duration was two or three days. There was only one case of Sonne dysentery found. At the Residential Nursery there was an outbreak of mild diarrhoea in August, when practically all the children were affected. The advice of the E.M.S. Pathology Service was obtained. No infective organisms were found, although the possible sources of infection were explored.

The following figures show the incidence of infectious disease among the children attending the nine nurseries during the year. The number of places remained at 380 throughout the year, and the total number of daily attendances was 68,755:—

Dysentery (Sonne)—1 case.

(No diarrhœa at this nursery.)

Mild Diarrhæa or Gastro-enteritis—22 cases.

1 nursery had 9 cases: 1 in January, March, May, June, 3 in August and September.

1 nursery had 9 cases: 2 in February, 4 in March, 2 in May, and 1 in December.

1 nursery had 2 cases.

2 nurseries had 1 case each.

1 nursery (residential) had 3 cases in April and May and all children in August.

Measles-45 cases (epidemics in three nurseries).

1 nursery, July and August, 20 cases.

1 nursery, May, 15 cases.

1 nursery, March, 10 cases.

Whooping Cough-18 cases.

1 nursery, April, 8 cases.

1 nursery, May, 6 cases.

1 nursery, April, 4 cases.

Rubella.

Occurred in three nurseries; total number unknown as diagnosis was uncertain, and in one nursery it occurred with measles. About 6 cases in each nursery.

Mumps-6 cases.

All in one nursery, July and August.

Scarlet Fever-1 case.

(This was the primary case at the Residential Nursery.)

Jaundice.-Nil.

### Medical Supervision.

As in previous years, the children were examined at regular intervals, and the nurseries were visited regularly by a Medical Officer. Routine dental inspections were carried out and treatment arranged where necessary.

There were 54 completed immunisations and 69 Schick tests carried out in the nurseries.

Artificial sunlight treatment was provided for all the children in the four nurseries which are situated near Municipal Health Centres, and in cases of special need from the other nurseries.

### Health of Staff at Nurseries.

The standard of health of the staff has been maintained at a high level. The students especially have improved in health.

In accordance with Circular 111/44, Ministry of Health, received in August, arrangements were made for the junior staff to receive a special examination to exclude tuberculosis where necessary.

In respect of the staff averaging approximately 82 throughout the year, the most common causes of sick leave have been mild infections of the upper respiratory tract and tonsillitis. The incidence of infectious illness has been as follows:—

Rubella-10 cases.

All in Tottenham.

Scarlet Fever-7 cases.

4 in Tottenham, 3 at Bengeo House.

Gastro-enteritis-7 cases.

All in Tottenham.

Jaundice-2 cases.

1 in Tottenham, 1 at Bengeo House.

## Training of Students.

In the spring of 1944 a course of training for the Diploma of the National Society of Children's Nurseries was commenced at the Technical College, which provided theoretical teaching for the student probationers of Tottenham and of adjacent Boroughs. Four Boroughs sent their students to this course, and 60 students, including 14 from our own nurseries, attended. The students received their training in practical work in their own nurseries.

The Principal of the Technical College provided a tutor for the course, and lecturers in cookery and needlework. The teaching for the major part of the course was given by an Assistant Medical Officer, the Deputy Superintendent Health Visitor, the Supervising Matron of the War Nurseries, and by Matrons and Teachers of the Tottenham Nursery staff.

A visit to the Municipal Health Centre, Park Lane, was arranged to demonstrate the facilities afforded by a Public Health Service. Infant and Toddlers Clinics, Minor Ailment and Specialist Clinics were seen, also the work of health education carried out by the health visitors.

The advantages to the students of centralised training are mainly two; firstly, that they are provided with surroundings more conducive to study than can generally be provided on nursery premises, and, secondly, that their training is brought into relation with other branches of education, so that they have the opportunity

of meeting and working with students from other districts, and such facilities as a library, gymnasium and canteen are available to them. The training authority can maintain the standard of work more easily in this way than in a number of separate nurseries.

The major part of the training, however, is still carried out in the day to day routine of the nurseries, where the quality of the work is determined by the individual matrons and their staff.

### Examination Successes.

The practical examination for the N.S.C.N. Diploma was held twice in Tottenham nurseries during the year.

Five probationers were successful in obtaining the N.S.C.N. Diploma. One obtained a distinction.

Students who are trained under the new scheme at the Technical College enter for the examination in 1945 and 1946.

## The Work of the Nursery Staff.

One of the senior health visitors was seconded to the post of Supervising Matron of the War Nurseries in 1944, and began this work in March. Her experience in teaching was of considerable value in carrying out the training for the N.S.C.N. Diploma. She left the Borough on October 31st, 1944, on her appointment elsewhere as Superintendent Health Visitor.

Six of the staff (five nursery nurses and one student) left the service in order to take the general training in hospital.

Leave of absence was given to members of the staff for the following:—

The "stepping up" course for Deputy Matrons, held at the Sick Children's Hospital, Gt. Ormond Street—one nursery nurse.

The Child Care Reserve Supplementary Course — one warden.

The Child Care Reserve Senior Course—one nursery nurse.

The Matron of Park Lane Nursery left on her appointment as a Supervisor to the Nurseries of the Save the Children Fund.

For table of attendances see over.

## 56

#### WAR-TIME NURSERIES.

	ED		ATTENDANCES, 1944.						TTENDANCES, 1944.			8 .	aily	
	)PEN	Iann	ary to	Any	ilto	Inl	v to		tal.	TOTAL. O De O		Av. Daily Attendance		
Places.										Under 2	Over 2	H	To long	At
50	1940 April 10	1,404	1,665	815	1,863	537	1,570	695	1,847	3,451	6,945	10,396	254	40.9
60	1941 April 28	1,047	1,098	949	1,734	544	1,400	766	1,991	3,306	7,123	10,429	251	41.1
40	1942 Sept. 28	835	£1,318	679	1,339	641	993	726	1,256	2,881	4,906	7,787	254	30.6
40	1942 Aug.10		2,282	Service of the servic	1,944		1,469		2,267	7007 —	7,962	7,962	254	31.3
40	1942 Aug.10		1,965	1	2,299	4	1,412	- 10	1,933	to the	7,609	7,609	254	29.9
50	1943 Dec. 1	915	892	985	1,476	818	1,419	1,199	1,494	3,917	5,281	9,198	254	36.2
50	1943 Nov. 15	1,012	1,153	1,376	1,233	1,009	886	1,299	1,055	4,696	4,327	9,023	254	35.3
50	1943 Nov. 15	626	1,027	633	774	563	825	913	990	2,735	3,616	6,351	254	25.0
380)	-	5,839	12,300	5,437	12,66	4,112	9,974	5,598	12,833	20,986	47,769	68,755	-	-
	60 40 40 40 50 50	Places. 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Ma  1940 April 1,404  60	March.   March.     March.	March. Ju  1940 April 1,404 1,665  60	CHILDREN; 24	CHILDREN; Places. Danuary to March. Duly Septe Dune. D	CHILDREN; Places. Danuary to March. June. July to September.  50	CHILDREN; Places. C January to March. April to September. Dece Dece September. Dece Dece Dece Dece Dece Dece Dece Dec	CHILDREN; Places. C January to March. April to September. October to December.  50	CHILDREN; Places. C January to March. April to July to September. October to December. Under 2  1940	CHILDREN; Places. C January to March. April to June. September. October to December. Under 2 Over 2  1940	CHILDREN; Places. C January to March. July to September. December. Total. Under 2 Over 2  1940	CHILDREN; Places. Places.   January to March.   April to June.   July to September.   Doctober to December.   Total.   Total.   Doctober to December.   Total.   Doctober to December.   Total.   Doctober to December.   Doctober to December.   Total.   Total.   Doctober to December.   Total.   Total.   Total.   Doctober to December.   Total.   Tota

## Health Education in Maternity and Child Welfare Work.

The conditions necessary for healthy living are brought to the notice of all who attend the centres, and a large section of the population is reached in this way, particularly of mothers.

Talks by the health visitors on many aspects of hygiene and parenteraft have been given throughout the year to groups of mothers at the centres. Individual explanations and discussions with mothers are given day by day at the baby-weighing sessions, at the ante-natal clinics, and during the sale of dried milk and vitamins by the health visitors. This is the most effective and valuable means of education.

It has been interesting to see the large number of letters sent by our evacuated families to health visitors during last year's evacuation, asking for advice on a variety of problems concerned with health and child management.

The demonstrations arranged by means of materials in show-cases, poster-frames and on blackboards in the centres have been an effective method of education. Isotype has been employed in the demonstration of the importance of diphtheria immunisation and clean milk. The posters and leaflets of the Ministry of Food have been of exceptional interest and value, not in the least because of the design and colour they contribute.

Officers of Rangers and Girl Guide Companies and school teachers have applied for permission for their girls to gain experience in their spare time as voluntary helpers in the war nurseries. A rota of such helpers has been maintained throughout the year. The routine work and the layout of the nurseries affords an important demonstration of healthy living.

A course of lectures on hygiene and maternity and child welfare work was given during the year at the Park Lane Municipal Health Centre to members of the A.T.S. stationed on gun sites in this area.

The education on healthy living carried out throughout the war among members of H.M. Forces is one of the many factors which have served to increase the consciousness of health in the community during the last few years. Measures to secure and maintain the high standard of health are increasingly appreciated, and it seems that the educational work of the Public Health service will increase as the public demand more information and guidance.

### Distribution of Fruit Juices and Cod Liver Oil.

I am indebted to the Local Food Office for the following information of supplies of Cod Liver Oil and Vitamin Foods distributed in the area during the year under review:—

15,437 bottles of Cod Liver Oil.127,595 bottles of Orange Juice.38,757 tins of National Dried Milk.3,504 packets of Cod Liver Oil Capsules.

Of this quantity 60 per cent. was issued by the Local Food Office, and the remaining 40 per cent. was issued through the four Welfare Centres.

In addition to the above numbers, the following were issued to The Medical Officer of Health:—

616 bottles of Cod Liver Oil	in line Ed	To
4,536 bottles of Orange Juice	day, his	Health
1,267 tins of National Dried Milk	1 40010	Centres.
992 bottles of Cod Liver Oil	1	To War-time
2,921 bottles of Orange Juice	be. 20 1	Nurseries.
965 bottles of Cod Liver Oil		To Day
3,688 bottles of Orange Juice		Schools.

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