English Recipe Book, 17th century

Contributors

Digby, Venetia, 1600-1633.

Publication/Creation

mid 17th century - early 19th century

Persistent URL

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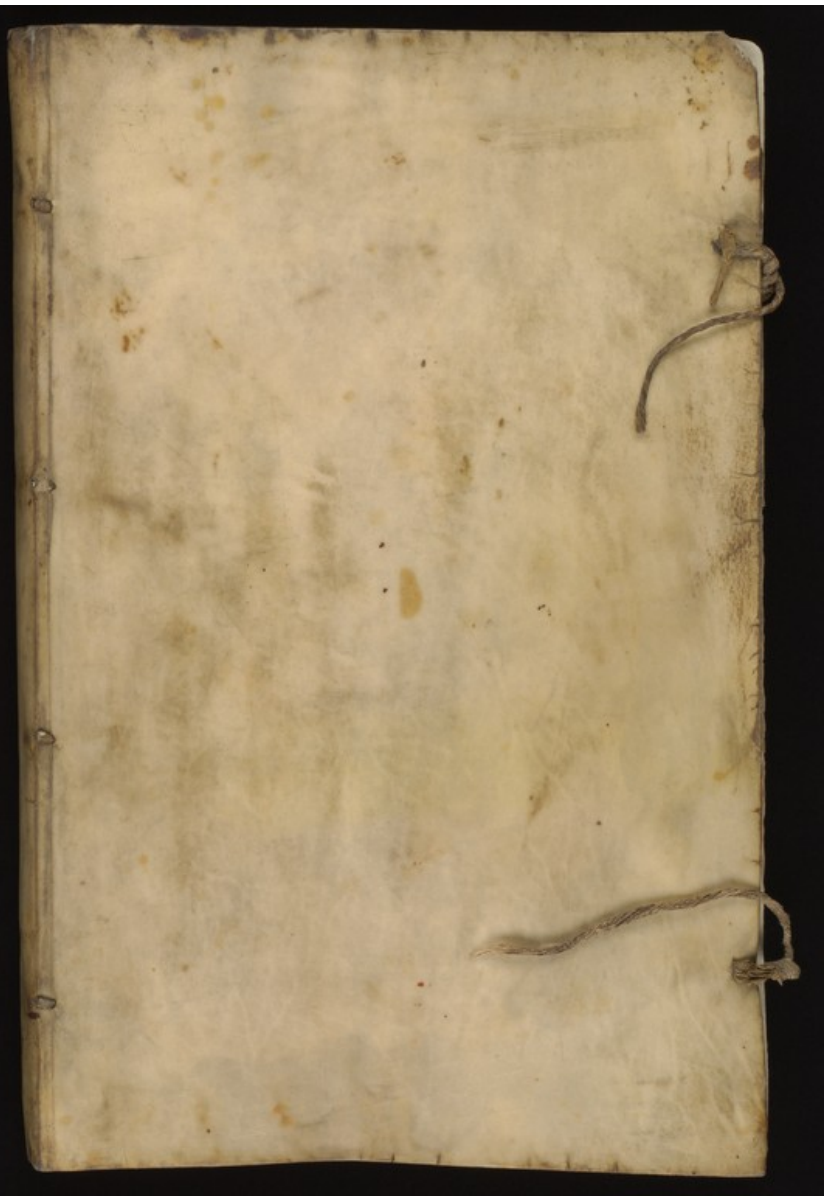

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For a Mad Dogg

Take Rue, mother of time, & a little Angelica, boyle them in new milk, put therin with them 2 or 3 roots of Daffadillys, 3 or 4 cloves of garlick bruised, boyle all gently a good space, then strayn out the milk put to it a little Mithridate, & scrape therin a little Vnicorns horn, of making that Sorrie; put therin 2 or 3 spoonfulls of Sallade oyle; if the dog will not eate it, pour it into him twice a day and lett him lye.

An approued Medicine against the Sickness

Dr. Burgess

Take 3 pints of Malmsey, boyle therin half an handfull of Sage, as much Rue, till one pint bee wasted, strain it, and sett it on the fire again, put in it 1d worth of long pepper halfe an Ounce of Ginger, a quarter of an Ounce of Nutmegg well beaten together, lett it boyle a little, then put therto 4d worth of Mithridate, 2d of Treacle, a quarter of a pint of hot Angelica water, take it warme morning and evening a spoonfull or two if yoe bee disposed, sweat upon it, if not, once a day a spoonfull is sufficient; In all the sickness time there was neither man, woman nor child deceived by this Medicine, if the heart were not wholly mortified & drowned by the same & for the taking of it, this is extreame good for the small pox & measles.

An Antidote against the Plague.

Mr. Briscoe

Take Centorne, of woodsorrell & mithridate, or Venice treacle, & mingle them together like an Electuarie, take the Quantity of a Nutmegg morning & noone.

An excellent medicine for a green wound or old sore

Mrs. Rowe.

The yellow Salue.

Take Resin & perrosin of each halfe a pound, Virgins wax & frankincense of each a q.r of a.n Mastick an ounce, of harts tallow a q.r of a.n Conphire 2 drams that is not to bee melted, but make a powder of it; then boyle them on the fire together & strain it through a clouse cloth into a pottle of white wine, then boyle it & let it cool a little, then put into it a quarter of a.n of Turpentine, stir it well together untill it bee cold, so keep it for your use. It is the best ointment that may bee gotten, and hath these Vertues.

The virtues therof.

It healeth old & new wounds, it suffereth no corruption in a Wound, no ill flesh to bee ingendred, it is good for headaches, sinkings in the brain, all Impostumes in the head or body, for swellings in the eares, for sinews shrunke or strained, for swellings in the cheeks or prickings of thorns: it drawetth out broken bones, it is good for the biting of venomous Beasts, it healeth all manner of Botches, fosters or scaldes or Noli me tangere, Aches in the Joyntes or Splain, for swelling of ye Members & inflammations that forsooth Gouts or Splain, for swelling of ye Members & inflammations that forsooth Fluxes, And an exceeding good Searcloth for all these greefes is made of this. A Searcloth for a cold cause it is also good for the Stomrodes & kinds ye faue.

A Searcloth for a cold Cause.

Take Virgins wax & Deers Suett of each a like quantitie, half that quantity of Turpentine, with a little Sallade oyle boylled in the fire, adding therto the powder of Mace cloves & Cinamon, being hot dipp the Cloth therin, and spread it being hot

Another for an hott Cause.

Take things above mentioned without the spices & use it as before.

A very good medicine, for ye Piles

Take chalk & hogs sweate, mix it to ye Consistence of a Salve, & annoint ye sore thrice a day.

A Clyster for a Timpanie.

Take Camomile, Pellitorie of the wall, & parsly, half an hand full of each sort, Commonsed & Annisseed, Boyle all in clear posset drink, then Stryn it, & putt therin the yolk of an Egge, & a little salt, give it once a day.

For the Timpanie.

Take Capongrease parsly and smalledge put them into an earthen patt, boyl them together, & after yee have purged, apply it to your name as hot as you caane.

Another.

Take thyme, parsly, pellitorie of the wall, Saccifrage, Castlesoap yolle bindlo, grumhilseed, Oke ferno, Smalledge, Mallows, Reed Nettle seed, Alexander, Radish roots, Eggshells, an Ounce of Seeng, Redd nettles, Clary, Camomile, Savory, Liquoris, Annissies ofine Cuggs 1. as many Raysins of the Sun, boyl all thise in strong Ale an hour, & put in one pint of white wine, Saffron & Treacle of each 2. boyle it again halfe an hour, then Strain it, take off first & last as hot as you caane.

Another.

Take Camomile wormwood, & heart of grace, & Cominseed, take a dish put hot fire in it, & lay the hearbs a topp, then lay a thin strainer a topp of the dish, & as hot as you can apply it to y grefe use this as often as your pain takes you, drinking a good draught of y drink as hot as y can.

An excellent Clyster

Mr. Brooks. Take a pint an a qu. of clear posset drink, boyl in it a smal handfull of Camomile flowers, of Mallows one, a spoonfull of Caraway seeds bruised let all this boyl till the Liquour come to a pint, then stryn it put to liquor fresh Butter, y quantitie of a pigeons egge, y yolk of one egge & one large spoonfull of honey or cruse sugar, stirr all together, put it into y liquor stirr it well, & administer it warm, this may be used to a woman lyth Child.

A Candle for a woman having a flux in childbed

Mr. Char. Take a pint of spring water, & a pint of Claret wine, a stick of Canamo the yolkes of 3. Eggs & a crust of bread, boyle these together, & sweeten it with leaf sugar, syng her arms & thighs in y most fleshy places as hard as she can suffer you.

To clear the Body after Childbirth.

Take sage, Rosemary, Balme, Mother of thyme, sweet Marjorum, pennyryall of each alike quantitie, boyle these in Ale, strain it & take of liquour sweeten it with powdered sugar, give it warme, a week after her delivery.

Agamst a felon.

Take spring water & wheat flour, hogsgrease, boyle them to a poultis & apply it as warm as you may, this will break, draw & heal it, it must be dressed twice a day. probat.

Mr. Bonner. **A poultis for a sore Breast.**

Take the Grounds of strong Ale, the Crums of white bread, white lyes reduce, shred them, & hogs grease, apply it twice a day as hot as you canne suffer it, this will heale it, probat.

Against y Rheum in Childrens eyes.

Take spring water & white bread, boyle it to a poultis, apply it warm morning & evening.

A green Salve for old or new sores.

Take a pound of Rosin half a lb of Bee-wax, halfe a lb of Ioare's or sheeps Shitt dryed without salt, boyl them all together till all be molted, then take it of the fire put therin one Ounce of Verdigrease very fine pounded stir them together put in a garthing worth of turpentine, then powre it into a pale of cole water then temper it betwixt your hands, make it up in little rolls.

To bring away y After-birth.

Presently after she is brought to bedd let her drink a draught of white wine boyled with Camomile & pennyryall, Camomile is the more prevalent. Some drink it boyled in their husbandes Urine, you may drink of this when you are in travell, if this prevail not, let the string of the Afterbirth be fast tied to her thigh, lay her in Bed, then have in readynes some mallow Mallows 1. or 2. Onyons very tender boyled in spring Water take them upp & let the water runne cleane from them, & beat them small like vote a poultis, also beat the yelk of an egge mixt with it, so lay it to her belly & the place of nature, if this prevail not apply more, when this is cold & dry, thus do as long as you think fitt, but if it come not before y 3. or 4. day, take an Ounce of Syrrup of Violets & Betony together in white wine.

For the falling down of y palate of y mouth or Athond of y Eare.

Take gross pepper & salt put it up with your thumbs, if it will not stay, keep your neck warme with Ewes or weathers wool growing about the Elder, pick & Comb it lay it about your neck, take Colabine leaves & tops of fryers, boyle them in milk & gargle your throat often, & make a washing water for your throat of plantain & Colabine leaves & tops of fryers, or use plantain Water, or Syrrup of Mulberries, Walnuts are hot.

To take away Venome

Take a sparrow or pigeon cut it open alive, & lay the inside to y place venomed, & so it will take it away. prob.

To procure Urine.

Take Sallgrumilk or Cream of tartar, of either as much as will fye on a groat, put it in your broth, & so take it.

To stay vomiting in a woman with child.

Take wormwood, pennyryall, & Mints of each one handfull, boyl y in half a lb of fresh butter till the virtue be gone out, then Stram forth y herbs & anoynt y Stomack with y butter, lay a plaster of it to y stomack on brown paper.

For a rank nose or face.

Take Argentum Sublimath & beat it small, mingle it with running water, with this Lunce, then dipp a linen cloth therin, & therwith anoynt the place where y rankness is, when it is all on a scabb take oyle of Cream a little Brimstone, a little white Copins, a little Alla mad into fine powder and therwith anoynt y place.

For suddain losse of hearing

Take warm bread out of y Oven, lay it to y deaf eare, or hott tostes.

For a Dropsie.

Take the topps of Green Broom, the topps of Walworth boyl y in white wine from a pottle to a quart, drink it night & morning. prob.

For a scald Head.

Take poson & Carve seeth them together make a plaister herof shaue of the haire and apply it somewhat hott.

To make Breath sweet.

Take the powder of Sage, of winter Savorie, of Cloves & mace nutmegg all powders a little musk scraped in, juice of Lemons & white wine; drink of this compound a spoonfull or two morning & night.

A water to cleare hands & face.

Ven: Stanley Take a quart of faire water, a pint of white wine the juice of 4. Lemons, put therin Beanblossoms, white lilly Blossoms, Elder blossomes, of each one handfull, put to it 4 whole Dairy roots 4 marsh mallow roots, 2 or 3 Branches of wild tansy as much fumitorie the weight of 2d in Samphire, put all these in an earthen pott, sett it in warm Ashes all night in the morning strain it through a peice of white cotton, put it in a narrow mouthed glasse, sett it in the heat of the Sun 3 or 4 dayes, if there bee any pimples or redness in the face take a quantitie of water in the glasse & stop the white Bung of an hen in it one night then strame it through a cloth, wash your face wth this morning & night, if your hanes, adde three or 4 truised Almonds this is a most excellent water, prob.

A powder for teeth

Take the powder of Sage the shavings of Ivory put ye among the juice of Lemons, night & morn, rub your teeth therwith, it will make them both white & sweet.

To kill Quicksilver

Putt it into a glass viol, put fasting spittle to it, stopp the viol with wax then shake it till it look like Ashes.

For a sore throat

Take 3^d of quicksilver, put it in a wooden dish & kill it with^th fasting spittle then take 4^d of oyle of Bayes, put to it the juice of Sage leaves, so grind all well together & putt it in a gally pott to keep it all the year, annoint ye crown of the head & ye nape of the neck lay a very little at ones, so do it when you goe to bed keep you warm, this dressing with care, prob.

Another

Cumber nells & Jews eares 1^d Boyle them in a quart of sweet ale till ye 2d part bee consumed, let em remain in ye drink, take 8 spoonfulls night & morning.

Another

Mr Briscoe Take a great Onion, cutt of ye topp, fill it with Luce-henny, rost it in^th ye top on, when rosted, take & bind it to the nape of ye neck this will cure.

For a Quinsy.

Take Alla grace, beat it to powder, put to it a pint of strong Ale & honey to sweeten it, then stram it, put Mulberry to give it a taste if it

if it bee sore & swelld without, take a plaister of the same powder and honey spread it on Leather, & apply it to the throat.

To loosen Fleghme in the Brest & bring it away

for Expectoration.

Mr Brooks. Take Hyssop, Pennyroyall, of each an handfull Rosemary 4. branches Enula campana Roots half an ounce, Liquorice an ounce & halfe, Aniseeds one Ounce bruise the seeds & slice the roots, put all in 3 quarts of fountain water, boyle it to halfe & stram it, put to ye liquour some whitewine vinegar to make it tart, give almost halfe a pint in the morning fasting 3 hours & at bedtime warm.

To kill the wormes in young Children

Spread Methridate upon a peice of Leather sprinkle on it Aloes powder & apply it to ye navell.

For the toothache

Mr Brooks Take long pepper, Guiny pepper, Bayberries, ye inward bark of an Elder tree dried to powder, & red nettle seed, bruise all to powder, put in a thick taffety bagg, wett the bagg in strong Aquavita, & lay it on the gums of the teeth, or teeth that acheth, so lett the Rheum distill. This is for teeth not hollow, but if they bee, Take Gum Midday bruise it small, then take lint dip it in Aquavitæ, so roll it in the Gum & stopp the teeth therwith.

For the stone

Take two good handfull of biting Artmart, boyle it in 3 gallons of wort, not too strong, then purifie the wort from it, when it is cold then it as drinken Beate, hang in it a bagg with a ℔ of Ginger, ℔ of bayberries slice & bruise before it begin to wind, weigh it to the Bottom with a pittell, lett it remain in the vessell so long as the drink lasteth, till it work & be 3 daies before you drink it, & every morning drink two good troughs fasting, and fast 2 hours after, let this be your ordinarie drink, prob.

To stay Bleeding

Take Borax, what quantitie you will, finely powdred & ye white of an Egge, mix them well together, dip in a peice of flax, & tyo it on ye place.

For the Collick

Take the inward skins of the Giscards of pigeons, scrape wash and dry them well, beate them to as small a powder as ye can, take as much as will lye on a sixpence, with on spoonfull of Damson water, & take thise of it 3 mornings together, or when you feel ye soft trouble pa.

Against ye wind in ye spleen

Take a good handfull of Mother wort, boyl it in halfe a pint of Rosiwater, & halfe a pint of Claret wine, Boyl it to half, stram ye Liquor from the herb, put to the liquor 3° of fine Sugar boyl it to a Syrrup, keep it and give ye troubled 3 spoonful a time.

An oyntment to strengthen a weak Back

Take Hawthorn, make a Jelly of it, when it is cold, take of it in a flawer, & add to it a spoonfull of red rosewater, & a spoonfull of white wine Vinegar, mingle it, anoynt ye back wth it morning & night.

Cakes good for ye lungs or any stopping in ye brest.

Take half a ℔ of Liquorice, scrape well & shred thin, put it in a paper bagg, & hang it to have some warmth from ye fire pound & sift it as fine as you can, take 4 Ounces heroof, put to half a pint of Hyssop water, take 6 handfulls of ye tops of Hyssop, 4 or 5 Coltsfoot, 2 of Colsnapp flowers, or for want of them half an handfull of ye tops, bruise ye herbs & stram out ye Juice, put to it the Hyssop water & Leaves, let all boyl a little while at the soft fire, stram it again through a fine Bouster, add to it 4 Ounces of brown Sugar Candy searced, Boyl all on a Chafindish of Coals (not too fast) till it look yellowish, alway stirring it

it till it be thick to Lishon in what take you please. lay them on Glasses plates till they be dry enough to rub of, then warme the plate betwixt in fetle, wet your fingers in water when you make the up, keep the wax the first, and take them at any time. /

For a Cold.

Take a quart of Spring Water, & 4 Ounces of Elecampane roots, boyl it to the half, strain it & add as much Sugar Candy as will sweeten it Boyl it till it be like a Syrrup. prob.

For the Algonds of the throat being swollen with cometh of Cold

Take Barly hulled, Raysins of the Sun stoned, & running water taken up against the stream, put all in an earthen pott and seeth them, herewith gargle your throat as hott as you can.

For y Kings Evil & breaking out of those Sores which other things fayle. /

Take the green Flagg like a sword wch grows in the Water, but be sure to take y right, wash dry, & scrape the roots very clean, then beat them in a Morter as fine as you can, mixt it wth Luc honey as to make it like an Electuary, take it in a morning fasting as much as a Walnut, fast an hour or more after it, take the same at going to bed this must be taken for 3. moneths together, I cured one who had 10. Sores upon her, & none came after a fortnight taking; But if any new Sore okes presently make a Pultis of milk & the Roots of Figwort cut small, apply it to break it, for it will do wth ease then being broken lay upon it Salt to draw & hale y plaster called Paracelsus, it is good notwithstanding this if now and a wise, to give the roots of figwort either boyled or buttered or food very often. /

For the yellow Jaundice

Take the urine of the party sick, and as much wheat flower as you think fitt, make herof a Cake, and stick it on the Back of the Chimney & as the Cake rotes the disease will leave the party. prob. /

To stop Bleeding.

Take a Napkin or a Cloth of y same Bignesse, wett it in spring water then wring the water forth & apply it to the Groyn. prob.

To make Haire grow.

Take 2 lb of new yellow wax, 6 Ounces of red brick finely bruised put all into a re glass well luted then set the re in an earthen pott filling it round about & beneath wth fine sifted sand or ashes, set the pott with the Body in it on a furnace, & so distill it with a soft fire, & there will come forth a faire yellow Oyle, which tongouls in y re like pap, when it is cold if you clarifie the Oyle or distill it again, it will be the better; this oyle worketh wonders on those that lost haire either of head or Beard.

Rose-Cakes to stop Rheum.

Take red Rose leaves, chip the white off, so keep them in a paper Bag until you use them as follows, set as many as you think to use before the fire, when they are through dry, beat as many of them to powder as will make four Ounces, Searce it very fine, with one Ounce of Nutmegg Powder Stirrd together, & when you have boyled your Sugar wch must be a pound to something higher than a Syrrup, put in the Powders, Stirr them well together, power them on a pye plate, when they are cold you may cake them in what form you will, & take them at what time you will, but especially at Bedtime. /

To make

To make Sirrup of Poppies to procure Sleep safely & good, for any Coughs of y Lungs.

Take red Poppy that grows in the Corn cut the black of very carefully, then take the leaves, still them as Roses, take a quart of your distilled Water, & putting to it an handfull of the same leaves fresh gathered, wash the black cutt very carefully from them as before, so let it stand 12. houres in the Embers, then strain it lightly & put to another handfull so cutt, & let it stand 12. houres more, strain it lightly again, put to it 3 lb & halfe of Sugar Sorrd, & three grains of Musk bed in Lavend. /

To stop y Bleeding of wound or nose

Take a Cloth, wett it well in frogs spawne then dry it, laying thereof on the Wound, will stop the effusion of Bleed, or frogs dryed and pounded to powder, being drunk or weare about the neck in a bagg.

For a Scald or Burne

Take Sharpett Onyons & Salt, of each a like quantitie pound y well together, & apply it as it warmes put on fresh, for 2 or 3 hours & this will cure it, if the skin bee not broken though it be Blister. /

For a Pearle in y eye

Take a faire peice of Holland & burn it to Ashes in a porter dish, then blow forth the Ashes & there will bee an eyle at the bottome of the dish, which you must take with a small feather & bestow the dere, this will cure, & tenne dressing; or y eyle of white paper used thus prob

For a consumption

Take Lucerwort Hartstrong, Mother of Thyme of each half an handfull a quarter of one of Parsley roots, as many fennel roots, scraped & sliced the Pith taken away, 1 lb of Licoris scraped & sliced very small, 1 lb of Aniseeds, half a quart of a lb of Currans, as many Raisins of the Sun stoned, boyl all in a pot of Running Water; till half bee consumed, add to it 1 Ounce of brown Sugar Candy Drink of this first & last a a quarter of a pint or more at a time blood warme, let the Water be taken from a spring that the Sun riseth upon, boil it in an earthen pott keeping it still covered, it must bee made every 4. or 5. dayes, when y drink is wanting, let the patient take Syrrup of Turnips, or Harts-horn Jelly made of the Water of Turnips. prob. Mrs Turner

For a distillent Rheum, or short Cough.

Take a quarter of a pound of Raysins stone & pound them Fine, add 2. Ounces of Conserve of Roses. 2. Ounces of Sugar Candy finely Beaten beate all well together, add 10. or 12. drops of Spirit of Sulphur, when all is well mixed, use the quantitie of a prune night & morning especially at any elde time. Mr Geest

For a Vomitt.

Take 7 of y biggest Charabacus leaves, bruise them very small, then put to that 6 drops, 1 Ounce of White wine, strain it very hard, & put one Ounce of white wine more to y green substance by dregs, & strain that, put it to the former, then drink it, halfe a quarter of a pint is ounces 2. / prob.

For swellings & Aches

Take Elder flowers when they bee full ripe, pick them very clean, fill a double glasse with the flowers, then fill your Glass with oyle & set it in a pott of Water, let it Stew 12 houres, strain out y flowers, & put the

the same quantitie of fresh flowers, dew them as before; doe this 4. times, then strain out the oyle for your use. prob.

For a bruise in the eye.

Take Oris roots, scift them in a fine sive, take white rosewater, mingle them to boo like a poultis & apply it to the place, — this will take away the blackness. prob.

For the heate in the liver.

Mr. Cresset. Take halfe a pound of Currans, & 3. handfulls of Liverwort, — boyle them in 3. quarts of Running water, till it come to 3. pints, strain it, & put it in a glass; take 3. or 4. spoonfulls morning, night, or as you see cause.

A Good Salve.

Take Serpents tongue, cut it small, take as much mayebutter as the herb will make green, then it must lie a fortnight rolled up together, then take some way and melt them together, & strain them this is good for a burn, cut, biting of a mad dog or shingles, prob.

Against the Kings Evil.

Take the flowers of Broom, still them in an ordinary Still, distill this twice, Nine & full of the Moone, 3. or 4. nights and mornings together a good honie glasse full fasting 2 houres, & using gentle exercise. prob.

For the Strangullion.

Take a spoonfull of Syrup of Althea, put to it as much powder of Irish Slate as will make it thick, give it fasting, & a while after let him drinke clear whey, boyl a mallow root in it. /

For a Burning Feavour.

Take a quart of white wine, an ounce of Senne, 2 drams of Rhubarb grated, put them in an earthen pot, luting it close, let it Dayour out, when it is half boyled away, strain it, put to it a lb. of the best raynes washed & dryed, so let them stew till they boo enough, add to ye raynes a quarter of a lb. of refined Sugar, let it boyl to a syrup, take in ye morning 3. or 4. oz. of prunes, & two spoonfuls of ye Syrup, if you find not this enough, take more; this may be given to a woman with Child without danger, it is a point wonderfull for a burning feaver & an excellent purge for head & stomack. /

A Dyett Drink for the Kings Evil.

Take 2. quarts of spring water, 2 good handfuls of white Horehound, 1. ounce of Sweet fennel Seed bruised, half an ounce of Currans stamped & strained, boyle them till half be consumed, then let it settle & pour the clear off from the bottome, when it is cold, put in it 2. Ounces of Mel Rosarum, & left the Patient drinke 3. times a day a good wine glass full, in the morning next the heart at 4. of ye clock, & at his time elder, warme or cold.

For the Sore.

Take butter without Salt, or toushing of Water, then the wool of a black sheep taken from the head, which stinks, also take Orpiment without Salt, & a little butter, as hot as they can endure, wash the sore with it, that being done put in some Neats foot oyle, then put the wool to it, & lapp it warm, dresse it once or twice a day, as ye see cause to keep down the proud flesh use burnt allum. /

For the Cough in the Lungs.

Take half an Ounce of flower of Brimstone, an Ounce of Syrup of Coltsfoot, as much fine Sugar as will make this like an Electuary, take the quantity of a nutmeg night & morning.

Cock-water that hath helped them who have been turned in beds with sorrels things weakness.

Take a running Cock, pull him alive; then kill him, when he is cold rutt aboute the back and take out the intrailes, wash it and then rut him in quarters and break the bones, put him in a Lessmator Still, with a pottle of Sack, a lb. of Currans, a lb. of Raysins of the Sun stoned, a quart of plums of Dates, 2. handfulls of pimpernell, an of Rosemary & top of Origanum 2. of Buglas 2. of Burrage; 1. of willow thyme, and a pottle of new milke from a red Cow, distill this with, & let fire put into ye glass of water Cross in, a quart lob. a lb. of Sugar, & half a book of leaf gold but small and must boil the Sugar, 4 grains of Ambergreese, 10 grains of prepared pearles. Mingle the strong with the weake, & drink two spoonfull in the morning fasting & an houre before supper, shaking the glass. This is excellent for a Consumption. /

For a Consumption.

Take a quart of small snails, sure, as are upon heaths in gardens, bruise them small, shells and all, add to ye 2. quarts of new milk, boyl them to the consuming of halfe, strain it through an hair strainer, drink morning, noon, & night constantly, 8. or 10. spoonfuls blood warm. /

For a short Cough.

Take a quart of a lb. of white Sugar Candie, & a lb. of raisins of the Sun stoned, pound them to powder, take of it often a little at a time, stick it on the roof of ye mouth, & let it dissolve there.

A Dieth Drink.

Take Senny 2. Ounces, Polypodie bruised 4. Ounces, Rhubarb half an Ounce sliced, Sagifrage 2. Ounces, Agarick a qr. of an Ounce, Liverwort 2. Ounces bruised, Aniseeds, Fennelseeds of each 2. Ounces, 3 Nutmegs sliced, Hartshorn 1 Ounce, Seeds of Coriander 3. Ounces, Red dathwools 6. Ounces, Betonie, Liverwort, Harts tong, wild time, Rosemary of each 2. handfulls, boil them in Wort 4. Gallons, to ye Consumption of one, put it in Bottles, after 2. or 3. daies drink. /

A Cleansing Drink.

Take water and white wine of each a quart, boil in it a qr. of an Ounce of Epithymum, Rhubarb half an Ounce, Senny a qr. of an Ounce, fennel seed, Aniseeds of each an Ounce bruised, a Nutmeg sliced, polypody bruised 1 Ounce, Red dock roots 2. Ounces, Liverwort, Fumitory, Opium one handful, boil it to the Consuming of the third part, then let it stand six houres, strain & sweeten it with Honey, drink a draught a mornings. /

For a Dropsie.

Take Eurimonie, Germander, Pennyroyall, Hyssop, of each an handfull, boil them in 2. quarts and an half of water drink, three quarts a qr. of a lb. of raisins of the Sun stoned, as much Sugar, Cinamon powder a quarter of an Ounce, a pennyworth of Saffron, let them boyle half an houre, use this for a Month, in the morning at four of the Clock, at bedtime. / prob.

A Consumption Drink.

Dr Smith. Take a quart of English barley clean picked, infuse it 24 hours in a beef pott, wth a gallon & halfe of running water, bubble sure it do not boil in this space: then strain of the Barly & put to ye liquor Coltsfoot, Endive, Sundew, hyssop & roots, Horsetell, Heart Treffoil, Scabious, Germander, Maydenhair, wth Grapes on cousis, White dog Violet roots, Cherrypane roots, half an handfull of each of these herbs & roots; Slice & wash the herbs, scrape the roots, take care the pith; boil them a q^tr of an hoare, then strain them from the liquor, put to a pint of Linseed, a q^tr of a pint of Almonds, a pint of a pint of Liquorish bruised & scraped, a q^tr of a pint of figs sliced, 6 dates stoned, boil all a quarter of an hour: then take it of the fire, add halfe a pint of the best Treacle, a q^tr of brown Sugar Candy, 2 Ounces of Conserves of Red roses, the best you can get, strain ye through a Lemon bag, & when this is cold & settled, put it in stone bottles & set it in Sand or a very cold Cellar, take of this 6 spoonfull at a time cold, first in the morning, at noon & last at night. prob.

For the Colick.

Take a quart of white wine, put to it pellitory of the wall, hurtleberry of each an hand full, boil it to the Consumption of halfe; strain it & let them drink it blood warm.

A Water to cure an old wound, or ulcer.

Take 4 Ounces of white Coperas beaten small, 1 Ounce of Camphire stamped, put it in a pot that is well glazed & extreme ye white it be hard, when it is cold breake it out of the pott, and make it into fine powder, put to it 4 Ounces of Bolis Armeniack, beat all together & sift it through a very fine sieve; then weigh it into Ounces, & to every Ounce take a quart of spring water, boil it, & put one Ounce of the powder in an earthen basson, then put a spoonful or two of the boiled water to it, temper it well together, then put in the rest of the water to it boiling hot, so stir it together until it be cold, then put it in a glasse, when you doe use it for sores, warm it & shake it together, wash it thereof, if fresh sores then ye sharpest of it is best.

Pallendine leaves, dazie leaves & ground Ivie of each an hand full, pound them altogether & squeeze out the juice, mingle wth it a little honey, & a little red rose water, stir it together & put it into a Syringe into the eye morning & night. this will cure ye horse allso if he be troubled the Ivie is not that white is with a smooth leafe but a round rough leafe, growing commonly near ponds and ditches.

A Good black Searcloth

Take Red lead, yellow wax, Sallet oyle, of each 4 Ounces, heat your red lead very fine; melt your wax & oile in a skillet, then put in the lead, & stir it boyle on a soft fire 4 or 5 hours till it be as black as pitch, then take it off & dipp your cloth in the stuffe whilst it is hott till the searcloth be full of the liquour; then hold the cloth over the skillet till it be cold, then lay it on the table & smooth it with a knife, roll it up, keepe it close in a box, the remainder put in a galley pot, & put the thick in the bottom from it.

For the Bloody Flux.

Take milke & seeth it, put to it a good quantitie of Allum then take the Curd of, drink it as hott as ye can, if ye can eat ye Curd doe.

Oyle of Nutmegs

Take a ℔ of Nutmegs well broken, put them in a new vessell of earth well leaded within, then pour on them Malmsey or other wines, till it be above the Nutmegs 2 fingers high, put to them 2 ℔ of fresh butter, mingle all together & covering the vessell well close it in ye heate of the Sun, in a pan, or some hot place 4 or 5 dayes then boil it with a small fire till ye wine be consumed, then power it through a cloth of Linen. Note before it be cold this oyle will the oile in a glasse in ye Sun till ye thick substance descend to the Bottom, then power it through the cloth, put it in a glasse & keep it.

For an Ague

Take 9 sprigs of Century with the roots on, cut them small with 9 bay leaves broken somewhat short & 1 small spoonful of poppie bruised, boil all in a quart of ale to a pint, then strain them, & give the sick at ye cold fitt well & warme. prob.

The Vomit Antimonie prepared.

Take the powder, infuse it all night, then boil together in 7 or 8 spoonfulls of clear posset drink, then at the beginning of the cold fitt let it be taken warme, power out all but the dregs of it in the bottome, after it gets wrought the first time, take between every Vomitt 6 or 7 spoonfulls of posset drink warme.

A Balsom for a green wound.

Take a ℔ of a ℔ of Wax dissolve it in a pint of Sack, then put to it Venice Turpentine half a ℔ Sallett oile a pint & an half, boil all together a little, then let it boe cold, put the wine from it, & put to ye Balsom, one Ounce of red Sanders, mingle them well together, keep them for your use when ye use it put it hot in ye morning, wet some lint or cloth in ye Balsom & apply it to ye wound, so tie it upp, twice dressing it is sufficient. prob.

To prevent Consumptions & strengthen ye stomach

Take 3 kernes of a Walnutt of Mithridate with sugar for 3 mornings together, other 3 take ye powder of Cherrypane roots, flowers of brimstone, flowers of brimstone, and sugar Candy, first mixed together one spoonfull, take these often. prob.

A Cordiall for a Consumption.

Take a drum of Red Coral, as much white Amber made into powder, hartshorn half a drum, powder of pearle 4 scruples, Musk & Amber grosse of each 8 grains, with 12 Ounces of refined Sugar dissolved in rose water, oile of Cloves 8 grains, oile of Anniseeds 4 grains, & make it up in small balls.

For a Consumption, to be taken fasting.

Take a pottle of Aquavita, & a quart of small Aquavita, or for it a pint of fair water, mingle it together that it be not over strong, then take half a ℔ of Raisins of ye Sun stoned & 3 or 4 sliced figs, as many dates & nutmegs, 6 cloves, a little Cinamon bruised, a stick of Liquorish, a few Anniseeds, put all these together & part

& part of the Aquavita, stew it 24 hours, then stream it, add a good quantitie of Sugar & a little Rose water, so put it in a bottle stoing a bagg of Musk in it, & stopp it close.

To stay the Whites in ye Back. prob.

Take Mastick & wrap it in ronsowie of Red roses & so swallow it

For the same, or a weak Back.

Take an handful of Comphry & so much Clary, Knutt grasse, 6 leaves of Betony, 6 leaves of Poppy, an handful of violet leaves, of Marigold, Strawberry leaves, a quantitie of Ribwort, an handful of Hartstongue, & pick out the haires, as much Plantane, a quantity of Archangell, boil roots & white a quarter of eight oppn dates, as many blanch't hazel nutts & a qr more, then take the pitt of an Oxe back and slip it out of the skin, beat it & ye dates, nutts, an handful of every sort of ye herbs together very well, then when all ye herbs have boiled together a good while put in them ye oyl that before, & when they have boiled together very well, strain them through a Linen cloth, then set them to cool, before it be cold, put in a quart of ye best Sugar, drink half a pint at a time morning & evening, & ye shall find great ease speedily.

Another.

Take Red wine Comphrey, Mastick, Dazie roots, Gum Arabick, gum dragamaud, or take of Rosemarys quarts, Clary, Comphrey, Poppy & knutgrasse of all these an equall quantitie, stew ye every shall, & make a Cuey, then ye eggs, eat of it morning & night.

To make fatt & strengthen ye Back

Take of the Spirit of Clary a Spoonful or 2 in ye morning fasting. prob.
Or take of White Saunders the Stockings of 3 or 4 Lime for quantity of a quart & put in yes mings cutt in thin slices, put them in a pipkin & set it to boil, as it boiles shake it sometimes well, yt burn not to, when his enough put Sugar & Cinamon in powder, so eat it.

Another.

Take red roseswater & Sugar, then roast 8 or 10 dates in a Crown peppr, & pitt them, eate them morning & evening.

Another

Take of Comphrey a drum & half, a little white Sanders, 5 or 6 sweet Almonds blanch't, beat altogether into a fine powder, so give it in a penny pott of Muskadine put in a penny weight of this powder & drink it 3 mornings together.

Another

Take ye Whites of 30 eggs, beat them into an oile, let them stand an hour, take of all the froth & as it rises beat to em again & let them stand another hour, then take a pint & half of the best Muskadine, half a pint of red rose water, 4 or 5 nutmegs sliced very thin, put all this in a glass & shake it together, lett it stand 24 hours, & so drink it fasting in ye morning & night 6 spoonfulls at a time.

A Purge

A Purge for the Back.

Take an Ounce of Cassia, that is new drawn, & a dram of Rhubarb make it in an Electuarie, this will serve two mornings.

For the Wormes

Take a quart of Milk a pint of Wormwood, bruise it & then boil it together till halfe be consumed, putting therin half a pint of Saffron in ye honey to make it very sweet. prob.

To kill Wormes in any Body. prob

Take Stonehorse dung hot as he maketh it, in a double cloth & apply it to the Navill, this will cause him to avoid a Worm, wth warm ale & wash, then dry it in an Oven & pound it to powder, & give some of it in any drink the patient likes & it will break the bed of worms.

For the Wind Collique.

Take high Cintery white Wine ye thirdt, & the outward parings of Oranges a good handfull, boyl them till a good part be consumed, so drink it very hot & fast two houres after it.

Another. prob.

Take an handfull of wild thyme as many water Cresses, half as much rosemary, a little Wormwood, boil all in a quart of Ale & put in a pint of Sack after ye have strained the Ale from ye Herbs, drink this 3 or 4 times a day, 3 or 4 spoonfulls at a time.

A Water for the eyes or any Inflamacon

Gather May dew of Barley to ye quantitie of a pottle being wth out rain for 2 daies before, take 2 lb of white Copperas & one pint of bay salt, boyl them in a new pipkin not used, let it stand boyling gently 24 houres till a quart is wasted, then strain it gently through a fine cloth into a glass yt hat not been used, drop it in ye eyes & bath the Outsides.

An excellent Purge.

Take a pint of ye fairest Water & half a pint of white Wine, if ye would have it strong, otherwise a qr will be enough, take a qr of an Ounce, or half (if you find it not strong enough for ye) of ye finest royal of Cassia in the Cane, break the sticks of it small in pieces, before you put in the Liquors put to it a quart of an Ounce of Liquorish, half an Ounce of Stonie and a little Annisseeds, cleave ye Liquorish into 3 or 4 slices, cutt them in short peices, put all in a new pipkin, cover it very close & set it on ye Embers for 5 or 8 houres, but be sure it do not boil, then take a Cloth strain it, so let it cool, it must be taken before Warme & early in ye morning fasting, & three houres after, if it be so long a working drink some warm broth, a good porridger full, before you put it out of the pottle to worke, put into two Ounces of Rose laxative into the porridger, shake the thing well among it the Liquor this purge is good if you abound in moyst humors or if your stomach be not good, but especially for a Woman onre a month before her flowers.

For the Stone or Stanquric

Take the Stone in an Oxe gall, beat it to powder, so drink it in white wine, in a morning a farthings worth, as much powder as will lye on a sixpence, or in Syrup of Althea. prob.

For the Stone

Take Marsh Mallow roots & Ervigo roots, of each a qr of an Ounce Parsly seeds & Cummin seeds of each half a dram, boil these in a quart of

of possett drinke till half a pint bee consumed, drink of it at any time of the day, sweeten it with a little Syrup of Althea.

For the stone or Timpanie

Take a pottle of Rhenish wine & slice a lb. of hors Raddish therein, let it steep 24. houres, then drink half a pint, morning & evening. this is approved to make bee void Urine, when nothing else will.

Another

Take hors raddish stamped in a Morter, boil it in Sallad oyle & so make a plaister, lay it over the Bellie below ye Navell. prob.

For an Ague

Take Camomil, Sorrel, Fennell of each an hand full afew Marygold flowers, boile these in poset drink. A good while before the Patient go to bedd, when the fitt is coming, & drink this as hott as you can, & it will make ye sweat & drive away ye fit.

For a Tertian Ague

Take a 3d. part of a pint of white Wine, the quantitie of a great Nutmegg of London Treacle, set it in the Embers 3 houres, not to boil till a lr. of an houre before ye take it of, & then but gently, give it milke warme the night before the fitt, if ye sleep after it, it is ye better, so ye take no rest, it will cause a gentle Sweat, use this 3. times, & it will drive it away. prob.

To keep the Belly soluble

Take a pint of White wine, & lay an Ounce of Senna to steep in it all night, a sprigg of Rosemary, strain it forth, then strain it put the Liquore in a pott with as manie Prunes as the Liquo will cover, so stir them in a pott in Water ye sixth, so let them stand till they bee stewed, eate six of them every morning. prob.

Another. prob

Take Damask prunes, stone them, & fill them with Sugar, put them in a Sallet pott, so let ye stand 3 or 4 dais, eat 6 every morning.

To purge away waterish humors

Take of Mecodoy ½ weight of 12d. steep it in a pennie pott of Sack a night, so drink it in the morning fasting.

A purge for ye Dropsie. prob

Take a quart of an Ounce of Diaphanich, put it in a pennie pott of White wine, & the Scruitorio Water, so drink it in ye morn fasting.

For any hott humour

Take Singue foile, Strawberrie leaves, Sutorio, Endive, pure Lunar, Sorrel & Violett leaves, boil all in possit drink, & drink it often.

For an Ache.

Take one lb. of Oyle, Red lead ½ pound of, Brimstone a lb. & ½ pitch 2 Ounces, melt them together alwaies stirring them, then strain it & so make up ye Cloth, dip the holland in it & spread it on thorns to cool as it cooleth, stretch it plain out, then roll it with white paper rule the oyle.

To break a Heavy Ey outward application

Take 2. good handfull of ye tops of Groundsill, half an Ounce of pepper Brimstone, ye Quantitie of an Egge of ordinary Sope, beat this well spread it on peices of Leather, lay it to ye wrists, & soles of ye feet going to Bed.

To cure

To Cure the Flux

Take Harts horne burnt in the fire till white, white like Burnt bones, Sift it, Dry bath, Lundanum, Rose water and a little Ambergreese make it up like Liquid Pill. Dose aforesaid, must be given at a time and third may be given to a Lookman in Shell. 3ss.

For a scauld or burne when it is dangerous

Take the inward barke of elme that is growneth nearest the outward to the body of the tree, Sorrel water, Salad oyle, beat this well together and anoint the sore, if ye will lay hard of the linen and lay this oyle on the Cloth. Thus ye may keepe it till it be quite whole and all will Scale of together.

Oyle of Eggs.

Take Eggs & roast them Stone hard, then take the yolks and put them in an Earten pot that is well glazed, set it on the embers and fire it till ye grease an oyly substance runneth out of it, and if ye find that power it forth allmoyed strained the yolks, till they be burnt dry. This is good to stay any ordinary scauld or Brinse or to stay Shrolds.

A poultice to dissolve hard Breasts

Take white bread and milke boyle it to a poultice lay it as warme as ye can suffer it twice a day, this is good to dissolve an inflamatory so it be taken at the beginning, add a little hartes suet if it be a soreness in ye breast or lung, or lard. prob.

A soupling poultice to draw an inflamation

Take a pint of olive oyle it, twice it ye dat made it if it boyle to a poultice allmoyed strained it, then put to it one handfull of Pickerwell cutted small & shrift boyle it, then take it off and put in hogs grease butter & Red rose sallo, lay this as warme as can be suffered on the place as it doth ease on all sides. prob.

A drawing poultice to breake an impostumated infl. or acon.

Take strong Ale & Oatmeal boyle it, then put a good handfull of Pickerwell cutted small & a little Lilly roots, stong, put roots in the mortar in a pottle bag, and be a poultice, apply it to some hogs grease and apply it hot.

A Salve to cure dulle wounds Vlcerated.

Take plantaine water 1 pinte, Sallad oyle 1 pinte, a pound of Honey 3 ounces, boyle all together till the water be consumed, ever you shall find when it shrinks, then take it from the fire, add 3 spoonfull of honey, give it a boile or 2 more, then take it off again & let it stand till it be cut blood warme, then add 3 ounces of Turpentine into them, stir together, put it in Galley pottes, keep it for ye, if ye will let you would have it more strainge, put more honey according to discretion, it good in all ouler or new wounds, Ulcers, burnings, scaldings, or in fresh any wound or sore be wrinkled with humors, moisture, this will bringe it to a good condition against in great wounds especially in all wounds of the head, nurted, melt it in a Saucer & dip fine Lint in it, apply it to

it as hot as it may well be endured, and apply the red cloth, plaster over it.

The Italian Mountibanks Balsome for a greene wound.

Take of oyle Olive 1 pinte of Ships pitch (in English Tarr) 3 ounces, wax 2 ounces, Rosin 1 ounce and ½. Boile the ½ an houre over a gentle fire, and mixt it well. Then take it off and put it in a Pott, drye it cleane warme into the wound. Then dip a Linen Cloath into the Balsome, & order it ouer.

Sr George Hastings his Balsome,

which he hath by his owne experience found to have helped & done more good for all kinde paines & disease. For ye Running of the Reynes or mine, as a speciall Vrallent for drift to expelle gallstones. For any contusion inward or outward for ye may take a quart it and take it inwardly. For paine in the head, anoint the temples & a cotton for an ould sore. For a greene wound, stanch wounds, or any paine in the Stomache take it inwardly. Also to get the fire out of any burne or scald, anoint it. Excellent for sore breasts, and for swellings and sorenesse in the Stomache, anoint the places, take it inwardly, drinke, and for Boyles to anoint & give inwardly, the quantity of a Nutmegge at a time. Note, & be ware of taking too much, and its very good to drinke a doseman of pottell drinke after it. Lastly it hath helped divers of the Doctors of the Quarter. And one that had it 20 yeares.

To make the Balsome.

Take 5 pinte of the best Sallad oyle, 1 pinte of the best drinke Turpentine, ½ of yellow Rosin, 3 ounces of the Saunders, water, ounce in a pan, & it stir in fine powder, stiffe. First the oyle in a mornt, & it stir in a quart of red Sandiers and let it boile till the water be consumed, then take it off the fire and let it stand till it hath left sediment, then put to it the drinke Turpentine, stirre well it that it may incorporate. Put the water in this, water, Turpentine, in a pot of a quart & let it boile, and that it lie it boile very under. Then put the Rosin & Sandiers together, & stirre well, put them to ye oyle, let all boile together a houre or two, put in all the Saunders ounce after ounce very stiffe, and stir it to together, put in all the Saunders ounce after ounce very stiffe, and stir it continually, lest it run over, boile it another quarter of an houre. Straine it through a new Cloth, hard wrung, & so put it to stand, let it to take it off the fire when you put in the Saunders, & if it all spread, stir in the oyle. Spro: Dip a slight wood that was turned to the very tuft.

The sweet Ointment at approved good one.

Take Sage & Rue of each 1 handfull, Bay leaves & Rosemary leaves of each 1 handfull, Flowers of Rosemarie flowers, of Lavender & Rosemary, red rose leaves, of ye ground ivy of each 1 good handfull, marsh Mallowes 2 good handfulls, Chamomil, all these herbes and may be vetch them & put to them their seeds of pure Sheep Suet, but if you lack it either Chamomil or the, well and stamp it & the herbes together till it looke all green. Then put it into 8 pinte of Sallad oyle in a pot, may then seete together and seete it close with Leather & cover that no aire get in & boile it then 7 dayes, then set it on a gentle fire & let it boile stirring it alwayes lest the herbes cleave unto the pot, then strainge it very dry & stir it on the fire again and put in thus oyles, Camomile oyle, Dill oyle, Lilies oyle, Dill oyle, Turpentine of pound and ounce and all on with, let it boile 2 or 3 houres, put to it Lilies of Camomile 1 ounce, & Lilies of Sagamon 3 drams, Gum Storax, Balsamum 3 grains of 1 ounce, & all in fine powder, mixt it well together, & strain it again. So keepe it in any Glass shaped for yse of Bad any Green Bad Pall, it is a Sanctable good for sore chilles or any paine or

swellings

proceedings from a could cause, anointing the part pained, & rubbing it in with a hot hand before the fire, for Ankles, Sinews, Lady Rings, of Sinews, Finger in the fire and Ashes in the Ashes & gave it to a woman of Wanton, who what on Shoulders two yeares together, & Fingers third a Month and so well that she flung them away. Katherine Cockin. Spro:

For the Sciatica in the hips Wachy Gout.

Take ½ of Butter unsalted and Clarifie it. Yet many foyes & Sweete, a good handfull, of mugg, garlick, Lavender foyes, Lavender Cotton ½ a handfull, of mother Wide, Sweete Thyme small, & Sweete Fetch, & mixe them with the butter, then boyle it about an houre on a gentle fire, then strainit it, put in a pot for use of the Ashyed warme for any swellings, griddings of a bee or could cause. Spro:

Against the Sciatica or Ache in the Bones proceeding from the French Poxe.

Take 2 of Butter unsalted & Clarifie it, 2 or 3 handfull of mortt and pound it small, then put it in ye butter, and dd to it half a quart of distilled water, then boyle it on a soft fire till the water be consumed, and it look gattive, then strainit it into a pot & keepe it, & may anoint any parte of the body, but the ankly, and the Joynes of the Ankle.

For the Canker.

Take a handfull of Mercury foyes, Fine, Verbeny, Sage, and Brooke a handfull of Rosa a handfull, Lettis, Willow 1 letter of an ounce, Yet my 6 pinte, boyl the herbes, and boyle them in the honey, till it come to a strong Clay strainit it, dry for the Canker it it. Spro.

To cleanse & coole the Kidnies.

Take the whites of 2 new laid Eggs and beate them, take of the Fresh, and mixt into the Eggs and mixt the water ad the Eggs & put to it ½ an ounce of dried Sandy in fine powder, when it is stirred well together drinke it 3 morninges together then left those pills.

Take an ounce of drinke Turpentine, and wash it well in red rose water take of white wax 1 quarter of an ounce, Sorrell thin 1 quarter of an ounce of Smallage in fine powder, Roll a mornatle 1 letter of an ounce, mixe them well & roule them, then put the Smallage. Take of them for 10 daies together or longer 2 at night & 3 in the morninge.

To cure a sore that is kept from healeing by a salt humour.

Take 2 ounces of the water that spined roots, then ground in it, must be faringe water then take a good handfull of red sage, & the flowers of an day of rolled Allum, boyl hard till water be consumed, then of the water. If it be to drye long strainit out the rest the wet, warme it cleane warme, wash the sore a long time & the dipped dipped in it upon the sore. Spro:

A plaster for the Gout to give present ease.

Take a spoonfull of Plantt Sore, Signed Warme, oile Camomile Water very made of Rue & Rosemary, the yolke of a new laid Egge, roll them together to the fashion of Rue, & Rosemary, the yolke of a new laid Egge, roll them together to the fashion of a plaster, then spread it on Plantt cover, & lay it round to the place pained. If it have broken it heated, then lay a fresh plaster of the same to it. Spro:

For a Rupture.

Take Mercury, make it into a very fine powder, then take a little Dumbrey Roots, boyle it in milke, take as much of the powder as will lye on a knife sharp and put it in a spoonfull or two of Dumbrey milke Sweetened with Sugar.

Sugar then wash it down with a spoonfull or two of the same milke. Amen

But the other take this ye morning fastinge, and vse it 3 in ye day, & tell ye hour when it 3 times q. lie in ye sun hour, after the takinge of it, & on his parte, if that fail yt doe not instead of Monsieur in the land wan-

Dorcesfoot is alle tallis Grass & all or Stockfill & growth over high, wood, desarts, & subtill grounds especially in ollnd wood, yt fastnes in Mary & growth and flowers in Mayr & is for a bright purple colour.

Of Mouse ears there are 3 kinds great, small and other, all growinge on sandy banks, and subtill grounds, that lie open to the air, they flower in Mayr and ye June, the great bears a bright yellow colour, the small a other, the other a small other flower.

Another.

Take garden shell snailes and bruise them in a wooden dish, then put them in a thin lawne or tiffany bagge, minge them either of force the juice or in the heat of the sunne, let continue under them to receive the oile that falls from them, with wch you must every night & morninge, the other hringe on his hand with yoe hand hott rubs in the oile, stroakinge it towards a quarter of an houre together.

A very good Balme.

Take sweet sallade oile 3 ounces, right Canary Sacke 6 spoonfulls put them very well together, take of the best Venice Turpentine 2 lb, bruise it in 3 pottenall water, till it be pure white, ℥ of yellow wax finely scraped, boyle all these together an houre and a halfe not on a square fire, for the flames will cause it to fire, and boyle it, then put into it an ounce of red Saunders finely, grated, it must be nice and not vsed with dinnes as the Venice wax is, boyle all this together to a stiff ointment. 1. It is good for the head-ache. 2. stiringe of dogs 3 wounds. 4. Ease the spleene 5 Bruises & stiffness. 6 Stabbes wounds. 7 Helpeth fist blood 8 Repelleth any infection or poison. 9 Stanneth blood mar. 10 Easeth gauled backs of horse. 11 good against the wind chollicke & the bite of a mad dogge. Amen

For the Piles

Take a pinfull of out out all the flesh out that is within it, into a large pipe or dish, bolster it together with a pricked, smear with it three nights, then add a halfe, then spread upon a cloathe and apply it. If the fist of within make it seyd like a Suppositor & put it over. Amen

For a Scald or Burne.

Take that Water wch is over a Sauder over a Basen of water, let the water a reddle drop into the water, then sweat it in a cloathe, & apply it to ye fire.

Take sallade oile & ye white of an Egge very well beaten, dry it till thy first to bitter only fire.

An Eye water against a hot cause. E. G.

Take 2 new laid Eggs, and roast them either hard, pill off the shells and mince them small, & put take Lapis Calminaris, and drie stinge first ground, & pulverized in fine powder, of each a quarter of an ounce and mingle them with the Eggs. Then take 1 pinte of white wine, 1 pinte & a

halfe

halfe of white rose water, mingle them very well with the barke of a pome in a Boll in a strainer it through a thin strainer, put this water in a silver, let it when ye sight, sow it close stick in a feather wash the out side of the eye & simple the stinge the bitter. Q pro.

Not to prevent a miscarriage.

drinke a good draught of fair water and lie downe in a bed warme then take 3 good spoonfulls of Drawth or mingle like, stirred it very smooth and the broth, of 18 Eggs with an ounce Dragrow of red Rose and boile make it thicke, mingle this very well and give it this woman halfe an houre or an houre after her draught of water, ask her take third 3 mornings and 3 nights thinge to kill Worm a doser with ye Medicadinge. Q pro.

Against an Ague.

Take ℥ of Saffron, Curroure 1 oz of ℥ wished strong but not washed, Stamp these well together and parte it by 3 small parts, 2 parts bind to the wrists, the third to the pit of the stomacke, let third be kept to the colour untouched a fortnight. Q pro.

Another

Take Bay salt a handfull of farre 1. handfull. Saffron a Curroure of each 2 ℥ beat these together put to it a pottle full of very good strong Ale, let it stand wrist after halfe the ale, let it lie so a fortnight. Q pro.

A poultice for an Angium or felon.

Take a spoonfull of Lime honey, the yolke of 1 Eggs, and as much wheat flower as will thicken it, then put it on a cloathe, and lay it to the pill place or sore. Q pro.

A present remedie against the Bloudy Flux

Take an ordinary Pigeon and stuffe the body full of Dried wood, and so let it rost at a gentle fire till the wood be stinke, then eat the Pigeon, this stinge dilled 3 daies will cure.

A very good receipt against the Rickets

Take blue Curroure, rubbe them very well in a cloathe, then pound them in a wooden mortar with Lime honey, and boyle this in a small quantity of Springe water till it come to a Marmalade, then cover it, and give the child so often as it will take, twice a day at the least, and beware to rubbe the Backe of the child of it every morninge with fastinge spittle.

For the greene Sickness

Take Camomile flowers, Marigold flowers, of each a small handfull, 3 oz of Springe of Saxon, & 3 oz of Saxifrage, boyle all in the quart of washed drinke, drinke halfe a pinte of this at a time for a fortnight fastinge, walkinge, rise an houre after the takinge.

Against weakenes & the yellow Saunders.

Take the Shedinge of Ferry and fill a Pigeon with it, then bake and dry dinner taken off put on the breast against and rost it very soft, not two days but generally at ye thick.

The end

For the Stone

Dr Sheldon

Take a gallon of new milke, wild time, saxifrage, pellitory of the wall of each 1 handfull, 2 or 3 radish rootes sliced and bruised, put all these in the milke to infuse a day and a night, the next morninge distill it altogether in an ordinary still with a moderate heate, the best makinge of it is about the latter end of May, ere it bee [illegible]. Take 5 spoonfull of the water, and as much white wine or Rhenish with a little sugar & sliced nutmegge, make it blood warme and take it fast 2 houres after and take it 2 morninges and night together when ye goe to bed at the full and change of the Moone, or when need shall require. Pro:

[Margin: [illegible] Mr. Phillips [illegible] [illegible] had beene [illegible] troubled with the Stone 30 yeares.]

The wound Drinke

Gather these hearbs in May & drie them in a close roome from the sun light, turne them once a day till they be dryed, then weighe them altogether & put them into a canvas bagge and they will keepe all the yeare: you must put a like quantity of each of these hearbs, and you must gather the buds in Aprill. Southernwood, wormwood, Bugle, Mugwort, wood bettony, Plantane, Sanicle, [illegible], [illegible], white bettony, daisy rootes & leaves, [illegible], [illegible], [illegible], Hawthorne buds, Agrimony, Oke buds, Bramble buds, [illegible], Angelica, Mints, [illegible], Strawberry leaves, [illegible] leaves, [illegible] leaves, (Sanicle) must be dryed by it selfe, for if the wound be in the head put it not in.

An especiall powder for the Memorie.

Take 3 ounces of betony leaves, Rosemary, Cumin, parsley & dill seede of each 1 ounce, Cloves, nutmegs, Galingal, Calamus, [illegible], Sage, [illegible], [illegible], [illegible] of each ¼ of an ounce, sugar 3 ounces, pound all these small & mix them together. Take of this morninge & eveninge about 1 dram at a time. This strengthens the braine as well as memory, good against giddines in the head, [illegible] the [illegible], good for the stomacke, strengthens the [illegible], [illegible] all [illegible] humors, withstandeth all diseases of the heart, paine of the [illegible], [illegible] and [illegible] away the cough, maketh a good [illegible] & a good [illegible], [illegible] of all pestilentiall aire [illegible] in the mouth, it taketh away [illegible] and stinkinge breath, and keepes men in good health.

Mrs Dixwell

A water for sore Eyes

Take 1 pinte of Springe water set it on the fire betweene 2 dishes, when tis ready to seethe put in 1 spoonfull of Live hony, then skim it with a feather very cleane, then put in white Copperas the bignes of a nut, skim it cleane, then put in some 16 leaves of Rosemary. Let it boyle till the leaves be tender, then set it to coole. Drop of this in ye eyes morninge & eveninge and [illegible] it [illegible] & downe. Do not [illegible] it be [illegible]. Pro:

Oyle of Swallowes to take away [illegible] [illegible] or swellinges in any joynt.

Lady Blainch

Take 10 younge swallowes out of the nest put them quicke into a stone morter, put to them Lavender cotton, [illegible] Lavender, [illegible], [illegible], [illegible], [illegible], Rosemary [illegible], [illegible] berry [illegible], [illegible], plantaine, [illegible] of [illegible], [illegible] Mallowes, the tops of walnut barke, the tops of younge [illegible]. Hysop, [illegible] leaves, Sage of vertue, [illegible] wormwood of each of these ½ a handfull, beat all these together, put to them 1 ounce of cloves, then beate put them in an earthen pott, put to them a pinte of [illegible] oyle, stop it close, set it in a seller 8 daies, then take it out & open it, put in 1 [illegible] of a [illegible] of [illegible], halfe a pinte of sweet sallade oyle, set the pot in a kettle on the fire, let it boyle 7 or 8 houres, then straine it through a strong cloath, put it up and let the bottome remaine. This is good for a spraine or bruise. Pro:

[illegible]

A Bruse plaster excellent

Take 1 lb of Burgundy pitch, ½ lb of white virgins waxe, ¼ of a lb of Frankincense in powder, boyle these till they be melted, then take it off & make it into rowles. Pro:

An excellent Glister for the Chollicke.

Take a pinte & a halfe of new milke, 1 ounce of Aniseedes, 1 ounce of fennell seedes bruised, Mallowes, Camomile flowers or Camomile it selfe of each a handfull, boyle these till the 3d parte be consumed, then straine it & put in 2 spoonfull of sugar & 2 spoonfull of sallade oyle, a quarter of a spoonfull of white salt, stir all together and then give it warme.

An excellent salue for the Eyes.

Take Lapis Calaminaris, heat it red hot in a fire [illegible], & quench it 12 times in a pinte of white wine then straine it when tis could take 8 ounces of [illegible] very new, & steepe it in red rose water 6 houres at least, then wash it in [illegible] white wine for 6 or 7 houres together, emptyinge out the wine & puttinge in fresh. Then take of Tutty well prepared & finely powdered 1 ounce, of the [illegible] well prepared & washed 1 scruple, of Aloes well washed & dissolved in [illegible] water, & dryed in the sun & made into powder 12 graines, of pearl in powder 5 graines, mix these in red fennell water and so make it into an oyntment.

The Fallinge-sicknes Powder

To make 1 lb of powder, take a pecke of earth wormes, lay them in some springe water in an earthen vessell, from [illegible] at night to [illegible] in the morninge, then havinge a good fire in readines poure out the water from them & take the wormes as cleane from the filth as ye can, when ye have taken as many as ye can cleane from the bottome, set them in a cleane [illegible] drippinge pan before the fire, set it somewhat [illegible] that the water may runne from them as they drie, with another [illegible] with a spoone to [illegible] the [illegible] of the wormes, when they are drye enough beat them to powder, [illegible] put it in a cleane glasse & keepe it for your use.

Let the patient drinke [illegible] as will [illegible] [illegible] 3 daies before the full or change of the moone each morninge fastinge & at night 2 houres after [illegible] at least, let him drinke the same quantity in posset ale, warme ale or beere, a little warme [illegible] at least an houre after it. Hee must [illegible] a good diet & [illegible] from [illegible], [illegible] and the like. Hee must [illegible] of [illegible] [illegible] it be [illegible] [illegible] [illegible] may be [illegible] [illegible]. Hee may [illegible] [illegible] [illegible] the [illegible] [illegible] [illegible] wormes are gotten [illegible]. Pro:

The oyntmt for a spraine a bruse or any ache yt comes of could causes, or any Lamenes or shrinkinge of the sinewes

L. Bacut

Take 2 handfulls of Camomile, 2 of heads of [illegible], 2 of mint, 2 of Lavender Cotton, 2 of Lavender, 2 of brooke lime, 2 of [illegible], 2 of Elder leaves, 2 of Rosemary or [illegible], 2 of Sage, 2 of Hysop, 2 of Bugle, 2 of Baum, 2 of [illegible] [illegible] [illegible] of [illegible] Southernwood, cut them all & bruise them in a morter, then take 8 lb of fresh [illegible] butter, then gather a pottle of blacke snailes in the meadowes, put the butter in a kettle & let it melt, next put in the snailes and let them boyle [illegible] an houre, after them put in the hearbs and let them boyle till the strength of them be out, then put in [illegible] [illegible] new made as will lie on 2 oyster shells, & so much [illegible] new made, let these things boyle a quarter of an houre, [illegible] of Frankincense bruised, 2 ounces of [illegible] beaten, let these things boyle a [illegible] of an houre longer, still stirringe it especially the snailes & butter with a [illegible], then straine all this from the herbs into an earthen pan, let it stand 2 or 3 daies, then take of the [illegible] & [illegible] it on a [illegible] of [illegible] & put it in pots, when you use it, warme it a little in a saucer.

[illegible]

For the Spleen.

Mr Cresset — Take a drinkfull of the powder of Betony every morninge fastinge.

For the Piles

Mr Cresset — Take an orange, rost it in a paper, take the white roots of it, & the rose of a pione, of water of ling glasse, of white ground saffron as will lye on a shilling, mixe them together every week of this annye it to the place & the paper of a poultice.

For a Cough

Take 1 pinte of fresh water, ½ of the oil fresh, boyle it to a firmes add a handfull of white wine vinegar & put more of the oil to it, take it night & morninge, & lapp your shirt.

Another

Take a quantity of Sorrel & mixe with salad oyle to make it an easie drought, & taste fresh Sorrel or dried fresh drinke it in a morninge and fast warme.

Or temper the powder of white sugar candy of salad oyle take a little taste. Take the quantity of a nut as often as you thinke fit.

For a Hoarsness.

Take a crowfish dry hoarsness & take it last morninge go to bed drinking a good glasse of claret wine after it. Pro.

For a Pearl in the Eye.

Take a handfull of Scordetrinum & grind it, strayne it into a pint of a pinte of ale drinke it in the morninge upon the Dye till shorted. Then fill in 4 times drinking.

For y Kinge crill.

Take haste tongue & a handfull, boyle it in 3 quarts of springe water till two risinge upon the springe. Then boyle till halfe the rest, then strain it & drink it.

Your mouth make it full of the wound, & divide it into 8 pts drinking one pint & dinner & supper together one pint & at fastinge into a poultice or tent of the strong ale drink.

To stop bleeding of a wound.

Take a peece of a Cover hat, burne it in the fire, apply the ashes to the wound or hurt & it presently applied or hard finger wounded.

For ye Chin-cough

Take nine pins, stick them in nutmeg, take out the nutmeg & fry them in butter & eat them. Pro.

For a burne or Scauld.

Take fresh butter, red wax, & nutt sallad oyle of each a like quantity, melt them & strayne it into a pott, & put the sore into it & rub it off. Pro.

For Quorpes

Get red worms & lay the skin of an Eye upon them for three or four days every day a fresh skin.

Another

Take a scallet leaf, slatter it in vinegar, & make it into a paste lay the paste of a barly dough upon the quorpes.

For ye Kolmonds or swellinge of the throat.

Mr Wettlebey — Take 1 ounce of pigg, drake it small, mixe it with a drachm of honey & as much of fresh grease, stir it in a broad ferry & weare it upon the sore.

Against the Piles or swellinge in those parts.

Mr Kett — Take Mullet, either bake, flaver, or broile, strain it small, then boyle it in fresh milke & apply it warme to the place greeved.

To stop

To stop bleedinge.

Mr West — Take Eggs shells & burne them to powder, take and snuff it up into the nostrills if it be a wound put it in it. Likewise the powder of Gromell dried, & stir it in water. It has wrought the same into the nostrills. It is also good to stay the ill blood into a Bleedinge dish of water. The flame of a fire the smoke also very good.

For the Palsie or Numnes

Take the Gume of an Ivy tree, and anoint the mouth & nostrills of the patient, for if, also take 2 handfull of Lavender, & infuse it in a pottle of strong ale, & let it stand in a close vessel, then drink it off, & lay the same warme, take also Sage, Lavender, Camomile and a little Lavender flowers, & let lie in Lavender & put to a quart cold the greeved side very wet in bed, & therein is very good, it works so very good to have Sage & Lavender in ale & drinke this after meals, & abstaine from any strongest things for such is unhealthfull.

For the Collicke

Take 1 pinte of Lardes, 1 handfull of red nettles of Chamut, of hops & of Stringes 3 parts of quince strongest and fat. Of small quantity of Dorinicle, boyle it till halfe it remaines strain it warmly.

To stay vomittinge

Take halfe a pinte of White water water of Wormwood & peonyfull, a pint of a pinte of wine vinegar, a Mutegranate, a peece of Coryall bind the juice of a nutmeg of cold hands, bitter an inch bitter, pour it warme, bind it fast of flower, then let it tarringe it often till it drop, then put it into the liquor, & take halfe an ounce of mutgranate dissolved powder to powder, stir it up, & still that stirring a little apple it warme to the parts of the stomacke, fastinge it every 24 houres.

To procure laxatives

Take a peece of allom rub it smooth, bitter it, & eat it as a Suppositor.

For the Stone.

Take a gallon of white wine, 3 handfull of Strawberries, pounde & strained them, & 3 of the gardens, & of amongst the roots of oyster, make the greene in white wine, & boyle them from a gallon to a pottle, take of this liquor a day ½ pinte at once.

For the Goute.

Take a quarte of white wine, boyle it like a mutter with have water, then put in halfe a pinte of Oyle olive, stir it well together, & apply it warme as much fitted to the place greeved, with that in day put to more, the rest of the fine flour and dated small and applied to the place as also to the ale.

For the whites.

Take Turpentine, wash it in Plantan water, lay it on a rag, & give it over a fire stinge dish of coals till it boile, then take it off, & let it cool, & put on a strawberry in wine or of of plate. Likewise Pipes wort dated & pounded as small, lay on a strawberry wine boile two houres, & in a glass & pattin glass & put it on a bottle.

For the runinge of the Reynes

Take a pint of a pinte of juice of Groundsel, sweet fodder, water of grove milke, then fritter it with half a handy drinke this moment of Eggs.

Sirrup of Eggs for a Consumption.

Take 12 nine laid Eggs, roast them very hard, then have in readinesse 3 ounces of white sugar candy finely powdered, take a round out the one, put the sugar into the yolke, then take & fill it into the high standing, set them in a dish with bread in the bottom to keep them from the cold, & stand in the bottom, & let them from the cold, & stand in the bottom to keep them from the cold, & stand in the bottom. The morrow day, they will have drawn in them, and take an ounce and a half of Sirrup of Maiden hair, & half an ounce of Hyssop, Sanicle, of each an ounce, mingle all together, & take twice or a whole spoonfull at an time.

Forward

For an old Cough.

Take 2 ounces of browne sugar candy bruised & a qr of a pint of Rose water, set it over a chafingdish of coales wth 3 or 4 slices of English Licorish, set the Rosewater on fire & stir it with a Licorish stick so long as it will flame, then boyle it to a syrrupp and use it at yr discretion.

Suppositers.

Take a little hony, [illegible] butter & a little Onion seed bruised, [illegible] boyle altogether till it will come, when could take it of & drop it with a spoone on a [illegible] the length yu will have them, then strow on more Onion seede [illegible] make them [illegible]. Prob. E.

To mitigate the heat in Feavours.

Take a pigeon and slit him through the middle & apply it hot to the soles of the feet. if it be a Child apply a chicken. [illegible] Lemmons, sliced and applyed to the stomacke [illegible] of the [illegible] and [illegible] of the [illegible] applyed [illegible].

To take away pimples & rednes in the face.

Take ½ or a ¼ of red docke roote, scraped & sliced, a pinte of vinegar, [illegible] egges [illegible] all whole, cover the vessell and let it stand till the eggs be soft, then dip a cloath in the liquor & lay it on the pimples. [illegible] dry dip it in againe. [illegible]

Directions for the Rickets.

Take harts tongue, Coltsfoote, [illegible], Maiden haire, [illegible], long wort or the [illegible] of Jerusalem [illegible] called by the name of [illegible]. [illegible] of each a good handfull. [illegible] a handfull. Licorish scraped & bruised, [illegible] seede and [illegible] bruised [illegible] Ounce. boyle all these in 4 quarts of good water in a close covered vessell till a quarter be consumed, then straine it & let it stand to settle. Then take the cleere & [illegible] the bottome. To every pinte of the decoction take a lb of sugar and so boyle it up to a Syrrupe.

A brewed drinke for the Rickets.

Take Liverwort, hartstongue, Tamariske, Agrimony, Bettony, [illegible], Maiden haire, Coltsfoote, [illegible] of Jerusalem of each a good handfull, the inner barke of [illegible] and [illegible] of each 3 or 4 ounces, boyle all these in 3 gallons of ordinary wort about the strength of 6d beere, when it hath boyled [illegible] take it of & cleare it, when it is could worke it with barme as yu doe other beere & tun it in a small vessell, when yu tun it put in [illegible] & [illegible] together about a pinte. [illegible] 4 or 5 dayes old let the Child drinke of it at meals or any time [illegible].

Let the Child take of the Syrrupe 3 times a day, in the morning when he awakes and [illegible] him gently by way of play [illegible] at first [illegible] his [illegible] to his stomacke [illegible] about [illegible] a spoonefull of the Syrrupe [illegible] at 4 a clocke and when he goes to sleepe. [illegible]

Anoint his breast and sides with the oyntmt following [illegible] the ointment [illegible] fire [illegible] him [illegible] him in a [illegible] for that will [illegible] to take [illegible] which must be [illegible] but in seasonable weather [illegible] for that is very good for him, & let him be used to all [illegible] and recreations that may delight him to bring him to a [illegible] of spirit which [illegible] conduce to the [illegible] disease.

An oyntmt for the breast & sides.

Take the leaves of [illegible] of each halfe a handfull, [illegible] and stamp

and straine them well with a lb of new unsalted butter, then boyle it together till all the watery substance be consumed, [illegible] it (when it is strained) for yr use. [illegible] with this also yu may anoint the [illegible] of the Child.

An Oyntmt to strengthen the Legs & Backe.

Take an oxe gall and powre the water into a vessell, and put to it as much good Muskadell, and a little fine powder of Harts horne, beat them together, & with this anoint the leggs and 2 or 3 times a weeke the chine of the backe.

If the leggs grow crooked yu must be carefull to [illegible] them with [illegible] and [illegible] them straight by [illegible] upon them till yu see [illegible].

It is good to let the Child drinke [illegible] milke from the Cow but let it be very warme [illegible] in warme water [illegible] and put in the bottome of [illegible] a browne [illegible] sugar candy or [illegible].

Also it is good to let him have some fine powder of harts horne sometimes in his breakfast to strengthen him. [illegible] take away the cause, [illegible] a good while together.

If the Child be subject to be [illegible] yu [illegible] give him sometimes a spoonefull of Syrrupe of [illegible] or a spoonefull of Syrrupe of Succory simple.

If the Child be costive take care yu meddle not with Physicke for that destroys nature in such little ones, but yu may safely give him a little Manna dissolved in thin broth and strained. but usually the use of these things [illegible] in good order that way. It is used by [illegible] of [illegible] all the [illegible].

It is necessary the Child [illegible] in the [illegible] from the forehead specially if the head grow bigg, though this be [illegible] by some Physitians [illegible] of the small quantity of blood that can be drawne [illegible] I have found by experience that the cure is more difficult [illegible] and the head big, but if [illegible] you may forbeare it. if yu do it, let it be done in the [illegible] of the moone.

For the Rickets.

The fish [illegible] roasted, and with the oyle [illegible] anoint the [illegible] the [illegible] till the cure be wrought.

Lay the Child [illegible] the fresh [illegible] changing the [illegible] every three dayes. [illegible]

For the greene Sicknes.

Mrs Lee. Take for the cure 2 ounces of [illegible] sugar candy, [illegible] of saffron, pound them & mix them together, take as much of this as will lie on a [illegible] put it in an [illegible] draught of new milke [illegible] it be hot from the Cow morning & evening till the powder be spent. Prob. E.

For the Kings Evill.

If the sore be broke lay a plaster of [illegible] glove [illegible] to it, made of fresh butter & the flowers, if not broke anoint the sore with oyle of [illegible] flowers.

For the Worms in Children.

Take a quart of Sacke, and a pinte of mint water, distill them together & give them of the distilled to drinke.

To stay vomittinge after any offensive thinge Taken.

Only have a Bason of warme water ready & put yr hands into it speedily after the [illegible].

For the Rickets.

Mr Dakins. Take the roote of Osmunda Regalis (i.e. the large water fearne or Osmund the water man) 4 ounces. Of Burrage, Succory, Eringo, the wall fearne –

Ceterach

Elimpane. Gelsfoire. Liquorish. flower de Luce of Florence of each one ounce
Dill seeds of Fennel. Selleroid. Lungwort. Maiden hair. of each one handfull.
Germany. Leeks worts of each one handfull for Pottage. Nutmegs. Cinamon of
each one ounce. Cloves. a Quince. Cloves of Garlick called an onion. the Roots Long
damons. Saffron of each one dram. 20 bird. a handfull of Sweet water. Aqua
Dorana 3 pints. Aqua apple Cordall 3 handfull. Water betonie the Drugs and
Pottage &c. Strew the Drugs for the space of a day in the first in 8 pints of Hydro-
mel. Then put to them half a [illegible] of the sweet Drugs Dry pounded, & sift them well.
Again on ye it take of the distilled water 1 pint. 4 dates. 4 figs. 2 ounces of
Sugar Candy. Slice the dates & figs. Bruise the sugar Candy. Put to them steep together
in the Cup one night, in the morning strain it. Let the sick take of this two
spoons full at 4 & twelve in the afternoons, & 2 at night when in bed. In the latter
Decoction of the water. the quantity of Liquorish is mentioned to half a a. and
the roots of the flowers de luce of Florence to 3 ounces and a half.

For ye paine of ye heart & sicknes after meat causing vomiting

Take a quart of white wine. 4 lb of saffron. a hand full of Cumin. ad unum Grum
mulis. Stamp and bind it in a cloth. strain it and still it take 2 spoonfuls of
it night and morning. for after ye. 4 pro. ~

Mr Kettlebie

For a Plurisie.

First arrow and then Plurisie or no. If the sick spit blood to bind under
neath the left side. be reasonable it is good. Every morning of the potable is
unbearable paine to bind in a Plurisie. If ye put it to the ouer take lowe water
flower & water. make thereof a paste. take it on the bleeding side. But
it strong. the dust and sift it may. & lay. bind it with strong bolster, or
warming cloth with good water. apply it to the side. Pides. ~

Mr Kettle

For ye Bloody Flux.

Take the Black berries three days then and powder them. & give them in
broth or milke. Like wise take white flower bread. & roll it strong. ye shall
roll it balls. then put them in a bill. into water that they be wet. & stamp them
then take them in your. & when they are roll. put them into milke & take stamp-
bold. Also milke that first the white Lies flower & some Cinamon is good. Also the
Barberries take that be powder. the some Cinamon powder mingle with oat
flower & make into balls with a little vinegar & roll in water is very good.
but wild drink or milke instead of bread.

Mr Ke.

For a Bruise. ~

A decoct of the berries water is very good if it be taken fasting. drown the worst off bruise.

For ye Palsie ye maketh a man Bedridden.

Take rosin the Bread & Kernel of Bitter Almonds. stamp them in good Rhenish wine. boil it to the
8 contents. anoint the sick body in the stand & stroke. & strong.

For the Palsie.

Take the nut of red Nettle & pulsed seeds. bruise them together in a mortar then
morning out the nut through a cloth. & drink the sick. this is good. ~

Another

Take a Adders head. the well and boil with his 4 feet. Drink of the broth. then take
them to dry. put them into a pot full of white wine. and 2 gallons of fresh milk. stir
all while it boil to a quart. be little left. strain it. and drink in a glass close stopped
anoint the place in your Bed with. & bind it first. that it a longer time. ~

For a prove

An approved medicine for ye Palsie ye taketh away the speech.

Take Cumin. Pepper. Bayes. Dorry seed. Pellitory of Spaine ana. ℥ij. After-
wall seed ℥iij. Smallage seed ℥ij. mixt all these into powder. & mingle them in ye
Sharpest vinegar. as much as shall suffice. & bind it unto an Elebrary put it in
a fairy cloth. & let the Partie that is taken. take a piece of as much as a Bean
at ouer in the mouth & soft it with a Smallow it down. & sometimes put some
of it Bitter ye roots of the tongue. & in continuance it will Bitter into every
paine of the body.

An approved medicine for ye Rheum) Lethargie. Impostume of ye head. but especially for the Palsie. ~

Take ye strongest vinegar. Pellitory of Spaine. Spikenard. Put in so much ye
Pellitory. Boyle them in the vinegar a good while. then take it off and
let it stand till cold. then put to it Mustard. & some honey. & every morning fasting
take half a spoonful at ouer. and rinse it a good while in ye mouth. & so spitt it
out again. do so ye ouer 2 times in a morning. the space of a water bottle. but take
it especially in Winter. for this Medicine Lunatick Lunatick. ~

A good medicine for ye Palsie but not ye shakeing Palsie.

Take Cowslipp flowers lay them in Malmsey. 2 or 3 days then distill them. wash
the place therewith. for it is very good.

A precious medicine for ye Palsie. ~

Take a good quantity of Sloes. Elderberries. with a Brooms. & ye walls of rosemary.
bruise the sharp. & put water together. & let them lie a while. then put water
drinke or the water. then take ye Dilly seed. were water with Lime. and let
them in the five or seven days. & then out water and take lay the sharp. between them
so let it lie. then the water. & with leaves. put it in good days. & lay it to the place
where the Palsie is. it doth drive away the blood. but ye must first anoint the place
with oil Nettles. then it better red & prise on pimples. & then lay the plaster but for it
dry ye must do then. & Morn. to Night together. & there 10 days ye must anoint
the place with the blood of a hoge. or the water distilled of a hoge. rub warm. & lately.

An excellent drinke for ye Palsie proved divers times!

Take the flesh of a hoge new killed. lay it all night in new water and the ends of
Rosemary. Sweet and Pepper. & that is great quantity. for 1. M of herbs tongue. put
to it water. the springs that grew on the backs of the Beard. a good quantity of Bugle
a great spoon. Lay and distill all these together with a gentle fire. & drink the 40 days
old drinke it following. & drink it the early. & make good old.

Methegline good for ye Liver and Spleene.

Take to every gallon of Honey 4 Gallons of faire water. stirre it well
together and if it will bear an egge it hath Ayre enough. then take
all such ostringe Herbs and Roots. as be reasonable for the Stomach & Liver
and Gallons or your ouer water. put ye hard. with Lidge and spice for
to obtain powder. then first stirre the water. and honey as long as any Grum
will rise. and skim it clean. put in ye Herbs & the Roots. & let them seethe. and then
your Herbs. and water ye fence the last of ye Herbs. in it then put in ye Lidge
and Spice grosly beaten. and so stirre it upward and water tied with Eyghti ouer quarter

Lungs

venye consumed therof, strawe it throughe a strawe, & then into a stand such as bees is wonte to put into. And strawe cold put upon it good lye & water it and let it stand & daie, and then drawe out the clerest into a fresh vessell, wherein yo may keepe it as longe as yo list, it will be bitter at the yeares end, but at the first it will be most yo drawe, & pleasant in taste & such as are wholsome. Of such as be bitter and strange, take the like quantity, as of hyssop, sage & lomage, the flowers and the matter of liquid, Scamony, Ivie berries, Mandrake, Colocynd, Germany, Bettony, Harts tuberd, Lovewort, Sharp, Matrise, Borage, and the flowers of Buglos, the flowers of Pennyroyal, Hyssop and Parsley seeds, Celeri, Butterwort, Dittany, Dompedium of the roll, Coriander seed, Fennigreake seeds, Dockes roots, Fennell seeds, anise seeds, Alexander seeds, Parsley seeds, Gallingall, Cortexth, of these two a good handfull, Cinnamon, Ginger, Nutmegs, Cloves, Mace, Longe pepper, of all these a ounce and a halfe, bruise them and put them in a little bage of fine Lawne or Sarsnet, and a little stone in wch before, that the bage and halfe it may sink into the bottle, & a string fastes it about the mouth of the bottle, it bringe will keepe water clear. This drink maketh hoter of a otherwise like 2. Many doth, & ind to be drunke, & heard & all indifferently. It is very good for any disease in the nature Lustine or Lungs, &c.

For a Fistula excellent.

Take wood Bettony, wood Bugloss, Dandelion, Eyebright, Celandine, Brambles, Daisie roots, Lettrede, Mastrance, Sanicle, Woodrufe, Mistled root, Brimble, take of each a handfull, washinge them verie cleane, put of Woodwood a little quantity, boyle them in 3 pints of Rainewater, and let them boyle 3 quarters of an houre on a soft fire. Then strain out the liquor, and put into the drinke a pinte of English wine, or more to make it wet. After that it boyle a little, and strain it cleane, drinke of it. This is all. After that is to be done to the fistula, but you must take out Magiwort, and that is to be done to the fistula. But you must take out Magiwort, and every day lay on a cloth that dipt therin to the sore. But if it be not sufficient to draw out the sore, lay some strong drawinge Salve to it. For the drinke will make it runne mutch. The drinke must be made in the Spring, and the wound lie dry, all the winter layinge only on it a fresh Plaister. This is a godly, and most certaine cure, if thou drinke 2 or 3 Springes in the first, you shall see very great and sudden ease.

For the Greene Sickness.

There is no medicine so certaine as to goe halfe a dram of Vitriol, pulverized, & tried and mixed into a powder, and dissolved in any appropriate Liquor, be it Drinke or Drynke Broth, that must be taken divers days, and yourselfe dulye of Drinke.

Cyle of

Get good store of ffrogs about mid Summer, put them alive into an earthen pot, and put to them as much Salade oyle as will allmoste cover them, with a good handfull of Salt, then cover the Pot close with some thinge and put it in the oven, when yo take it forth strain them and keepe the oyle for yor use.

Wallnut water.

Take yonge wallnuts, before the shells be hard and drawe them out, bruise them minced, and then fill in a comon Stillatory, very drinke this water fastinge and put some into yor drinke or Ale, and that set yor drinker.

This water is good for the heart and to make one haue a good appetite, it is also good against the Palsy that cometh from the Lord of the drinker with bonde, and also to wash the Scabitie mouth. And it is good against the dropsie to be drunke with some fastinge, it is a soueraine Medicine for the Sciatica to be drunke with and a little drop in a eare all other, & it is good to make the hair faire & cure wounds therwith, & keepe wasp the drawed therwith it roseth fresh, it is good to cleanse the eye of dimnes and postumes. It is good to wash all fistured wounds & sores, it taketh out the proud flesh and incarnates. And drunke with some the good for all manner of diseases within a mans body, & for all inwardness, and inward ache of the heart, bruise a handfull of the heart leaves and fill all the bottome, in this order shall it as other waters and keepe it well, yo^u^ must put them in quartered lay yo^u^ put them into the fill. Dr Simonds used this water as an excellent medicine against the Stone. Nolli-me-tangere and Tetter, put water distilled out in the Tart and is raised by the rest of Stoth, salt in the ordinary. Distilleth through the skin and afterwards, hardly upwardly, of his Martiall nature, the skin skin. The martiall alarte Coagulated and salt to the skin in drunke, raised, scales, ache, pustils and blowes, brown the appearinge of these signes the skin. In and corroderinge nature, and distilleth water the water and after wards, greeds forward to the conjunction of the sinne and dringe the state, that cure is 1 by verifyinge the matter, take of alcalar sublimate ℥j. boyle it in strong dringe 2 hours, then put drye each eight of Marjoram ℥iij. inner them with this equipt, bind the sore angelinge tooth, distalle as mutch as may be often wedinge the water out till it drye. Then is so ministrate 2 daies and 2 nights in that time the sore will water and sinne out water at wounds sinne angelinge this plaster & this aside on till no more moisture flowe. 2 By unmitigated Tart sinne ashes. 1. Take quince dissi of the juice and pierced tart and put the quince dissi of the yelinge with Lactis tartar ℥ ℔. Dissi Lactigi ana ℥iij. mixed them together with the water so much wood as the bredth of the rest and bind as much oyle as will suffice to make a plaster. Chal of stind wide ash -

Cornus

drawe out the other rain. 3. Ad Durationem. Take mastic, olibanum, myrrhe ana. ℥ss. Cathemeny, dragon ℥iiss. round Christofell ℥iij. Mummie ℥ij. make a plaster with white wine and the fower morninge and eveninge, or else take Opium of the fower bred. ℥ss. Muscelidge of Cumpter ℥iiss. fort of Enfibrium as much as shall suffice to make a plaster.

An oyle to cure the Crampe.

Take Mastiche, Olibanum ana. ℥iiss. beat them into fine powder, stille them in ℥xxij of oyle bill a ¾ parte be wasted, this oyle is good for all kinds of nerves and wormes fettled in the travell or would if they be therewith anointed, as also for the cold passions of the mother, it ayderth the Drawne and paln drawe, anointed if the disease be therewith anointed before the fits in cold disease and cold men.

A most excellent Oyle for the Crampe.

Take oyle of neat foot put it into a glass, and put therein Dorundy flowers & Mr. Stor in rose, set it to distill in the sunne, when they are distilled all in fore the flowers, and when they are distilled put in fresh flowers, and distille it for 8 days. This good also for shrinks and stiffe sinewes.

For the Crampe yt hath longe continued.

Take wooll of the flanke of a sheepe large turned in flakes and dipt in sallad oyle. This will rive the Drawne indurtes it be although the ache be dead. This plaste disease must be wrapt round about with the sheepes wooll.

For the same.

Take good white wine and good Ginger bread, & Galingale, put it in the white wine and sodd it well, when hee is good to ask Cyrian drinke a dim full of it, then rodder his head warme and apt to bathe him with good herbes, that be hot and dry, after that bathe annoint him with good Dyapond grease, before the Drawne doth rome. Pro. E.

The Ficus or Piles is a certaine fungious flesh growing into the Arse on the outside and sometimes within, sometimes longe of cold Cherish, odor white Blands, cutinge matter or blood.

For yt Ficus, Canker or Fistula & to stop blood & heal.

Take red roses, hypocist, balaus, vivo, and Olibanum ana. make them into powder and lay them on which they be stinde.

To breake Imposthumes in the eares.

Take oyle of Roses and as much Grease as will make it into an oynt, or take Cyttrad oyle and burnt bread and tenger it with yolke of an Eggs.

Os Drinke

A drinke for yt sicke of the Ficus.

Take of Wonde tongue in Mr. Mitfoil, wild Mint, ana. iij oz. Strain out the juice, put thereto of pip and Mastiche, y grained in fine powder. Drinke it of twice the potion for 9 days.

To heale Ficus, Emroides & Imposthumes in yt Fundam.

Take Dryfolium Arretosum, wrung it in a hard Dorke Bage & bake it in the Embers, burnt it not, untill and dry it too much, take it y dray it and lay it to the disease, it wasteth it gently above all Medicines, for weed this most true.

Pubris Grecus.

Take Turrigmentum, Marble pipe and powder ana. ℥iij. Cistern Dis-tilled water, minted honey 3 ounce, vinegar 1 Pinte, make all the 3 minde into fine powder, the stilled water then with in a morter with the honey and vinegar into the mixture of a Cake, let dry it on a tile stone, bake it slow-ly that it may be beaten to powder, keep it from moisture ayre and wind, it loose the strength, nevertheless in all plaster of this body, yt rive the rockers and bleedings fistula, and maketh them to rot, dye and fall off. Powder Pirelis is also of like vertue, this powder must be laid on the fistula, it will make it to loose, yt may draw the roots out with yt finger into put in the powder after it hath well bled and lay on Burnastre & over all a plaster of Mercury, and so rive it as order shall yt make Maturation.

An imposthume in Otno is cured by fretting, paine, cravinge, Ditchinge, cravinge, Still Imposthumes in Arse not rive bled in 4 months turned to fistulas, Cauter, Office ought not or extension to be made in the purginge plaster, that are behind the Eare, under the Chinne, in the Flanke, in the Arse.

Note.

A Glister for an Imposthume.

Take oyle of Roses a quantity, the raw yolke of an Eggs, a quantity of Vinegar, Litharge, or burnt bread, Incorporate it a Glister wise. It mitigatth the swellings pains and writings, and bath ballefie well in hot or could causes. Lay to the Imposthume a plaster Malaxative.

Take Mallowes and Wormwood, Fenugreek, Camomill tendered, drawe away the water then mixe them small and boyle them in oyle of Almond, or Barrowes grease. Lay it on wounds, or Linen Cloathe and apply it. This rom-forteth the place, mitigatth the paine, gatherth it to suppurate. Good for Imposthumes and Sprate in all places. If it in rive yt the paines unlesse corrosive. Chirurgion must not rejoice an imposthume that overtake water the office to breake of it selfe, but the lancet rive it and breake or launce it.

Imposthumes

Apostumes or Imposthumes.

Take Savin. Sage. Rue and Dansy ana: j M. stamp them, boyle them in Oyle Olive till the herbs wax short. Then boyle grease [illegible] Strain it. put thereto Wax and Oyle as you will have it hard or soft. It heales Imposthumes and sores.

To cure corrupt Imposthumes, Carbuncles & cancarous Sores.

Take swill swine grease, stale it, & strain it ℥iij. Of vitriol ℥iij. grind it with oyle in a brass mortar a great while. then wash it without fire with red Wine. It maketh a profitable Oyntment. you may add wax & gilten and make a Plaster.

To destroy Imposthumes, ye Plurisie, Stitches & Swellings.

Take hock otes roots clean washt ij M. put them in pipins. boyle them in water till they be soft then take them out. Take of Linseed oyle & Fenugreek ana. j M. boyle them in the same water till it root like Birdlime then strain yed roots, put them to yed water with a handfull of Barley meale, then temper them with Barrows grease, or Butter fresh, apply it hot to the place change it every 12 houres till the pipe be whole.

A Potion.

Take smalle ale half a pinte, put therein of powder of Matfellon or Sraviond j spoonfull drinke it fasting every morning. This purgeth all inward Imposthumes.

Take 2 roots of the great Celtour, mince it, put it into a Gallon of wine or stale Ale, boyle it to the 4th parte, drinke thereof a dayes, you may sweeten it with Sugar or powder of Liquorice.

Take flyes and Earwords ana: that shew to a plaster lay them to the Imposthume, they will dissolve and assuage it in a short space proved.

The Palsie water.

Of the sweet following flowers are ready to be gathered, put them in so = = veral glasses with so much spirit of wine as will cover them, so stop them close. Flowers of Sage. Rosemary. Betony. Burrage. Bugloss. Dwellind. Lilium Convallium ana: ℥iiß. Balm. Mother wort. Spirremint Basilie. Pennyroyall ana. ℥ij. Rosa solis. Lavender spike. Orange or flowers ana. ℥j. Lavender flowers, strained from the stalke a pottle. Then you have all these herbs together put them with the spirit of Wine

Wine

into a great glasse and take another glasse with the mouth downe ward but the edge at yed top. set it in a warme place 6 weeks to digest power out the wine from the herbs and drawe it out from the bottom yed make keepe for yed use. and if yed put the salt of the herbs to it will be the better. Put into the ye. distill figure as yed take it staide for the spirit of wine that bring following stalin to powder.

Citron and Limons rinds. Cloves. Nutmegs. Cinamon. Mace. Mutings. Nutts. half an ounce of each. Liquidum Clove & Nutmegs. Sounds half a pound of each. Set them in a warme place stop them close 6 weeks, then filter yed Liquor very clear, & range in it in a bagge these following. Mastic. Benjamin. Spikenard. Cinamon. Water. Mirrhe. Saffron of each half a Scruple. Red sticks red & yellow Saunders, in powder out ouer of each three ounces stop for use.

This is good in procuring a weakness of heart, Vertiginous of Spirit of great vertue against Stopings and Palsies all sauce of the vennes, all outward bruises, outwardly called and rubbed dipt therein and bind to it. If either the outward starts, strengthen the memory, stay the lost appetites, all the intrailes of the stomach bringe taken inwardly and bathed outwardly, take of it half a spoonfull and warm water an hour it dispelle all sickness in the head, lost hearing, or mistie a pleasant breath.

There are no better studies against Palsies and apoplexies, take to helpe in the fits, and to prevent if yed take morning & even a spoonfull, or half into drinke of Cloves a fresh in it, it restore lost speech and all cold disease: cond of the stomach, digestion of the opposite, it helpeth all cold disease of the Mother, and wind etc.

For the Spleene.

Let the parties diseased drinke red wine drinke, for it have cured many.

For the yellow Jaundice excellent.

Scrape an Oken branch, burge in it a Stone weed cutch, so much as will make about a quart of the Liquor with water, mince some fine water to make it the bigger, then make three into the fashion of yed Coffins, either 4 or 5, which fill with the Patients drinke, & lid them with the same of the Coffin and set them in the earth fully, and as the drinke in the Pipes waste, so will the disease in the afflicted.

For the Same.

Take Sweet fennell and cut out the toppe of a pretty large apple and wrythe out the Core, fill the hole with the fennel, and roste the apple then eat the apple when yed are to bed.

A Powder for the same.

Take of the powder of burnt red shells ℥j. white sugar candy ℥ij. ℈ 2 of Saffron, take that smalle mingle it together take as much as will lye on a shilling dry every morning. &c

For.

For the Same

Take a quart of posset drink or ale, boyle ℥ij of Honey, ℥j of hartshorne, ½ of Saffron, a quantity of Dorrell Leaves, minced, and put to the consumption of halfe, then strain it and drink a draught morninge and night.

For the Same

Take a Lymd, nit of the fingers and writhe out the winde in the middle and the brimstone, fill the hole with saffron in powder then roste the Lymd very soft and when his sufficient squeeze it into poymmered wine but nothinge that wine must be wine but start if the Lymd be great ether rise 2 pints.

To lay to y breasts of a mother having y Gould.

Take the rind of a good Cotten Lard and boyle it with some Mare and when the water could forsake it down a Crouse warme and strew saffron in powder upon it, and so avoid it the hard crust of the milk.

For a Burne or Scald.

Sr Tho: Browne.

Take Dove-horse Dunge about a Barringe full and strain it and from out that gotte to gresse that may be written in a fine Lawn or thin cotland cloth and work it to the place fainting wrinkles it be and paintinge a Bunge of scalinge with in the Dunge, be continually wettinge the Scalde that lyes thereon the ground, for it must be kept continually wett through of water although by dye it, till the paine and sinder be gone, no must every day at forth dunge of ye ram, and after the paine is gone as it heales the scabb that hath been will will rise from the skin, it shape off or pouted and wash the skin with lead-water to cast off the finger that write on the skin this water stinge would be heate without a Shaver. — E. G.

For Aches.

Take a quantity of Garden Snailes, prick them with a pin, & wrie them into bowl dunge and put them altogether, and let it in a dunghill dunge close rotted for a fortnight or more after take it and strain out that liquor, & ran a beeple it for the swellinge to anoint Aches with.

For a Consumption.

Take Garden Snailes some gathered in a mind and stay them in a sieve till they voyd their mucilage, and let them be very sweet, and let the morrow they will have voyded their slime very clean then take them shinge them and prick them with a pin till they all, and to fill them as full as they can with sugar candy and hange them in a

their Belly bagge or lain and there will dropp from them a yellowish Syrup of which take a spoonfull at a time morninge or night or mid or any time betwixt.

For a Bursen Belly.

The Ashe knot found from sundrie things hange in a cloathe in pottlinte it thinge bruise and the Belly and rub with it, and the Patient keepinge the ashes upon it some ye three or foure days.

For y Worms in Children.

Take Worte worms and hanginge grasse that drawe Sope then in Sarke and dissolve them with rosemarie water, and give of the water to the Child. — Ellse Sulphur Sarke is good to be given and likewise Extract of Carbar or water as will be a great strouse in water or Cordis is very good.

A dyet drinke for the Scurvie.

Take Sinnet grasse, Brooklime, water Cresses, Spirtuinte, Sage, Hissop, Dock-tails of both a good hand full, drinke all these & put them into an earthen pot full, and put to them a pottle of rosebrione and as much good ale, let them stande 24 houres and then drinke it.

An approved water for y Dimnes of y Eyes.

Take a water Lock Leaf and breake a little of the leaf and put out the water in the water stand then fill the Shell with Sweete water, and let it on dabbing that it may boyle softly, and then it with a feather, strike out in an inch wide Cloth as a rag, and a white bone boyled water, put it in a glasse and then of Red drop a drop into the eye that is ill.

A decoction for y Wormes.

Take of Stone ℥j, Sweet fennell seed grossly beaten, half an ounce, Corrinder and Cumin seed grossly beaten ʒ drams, Liquorice sliced thin and then bound in a rage 1 dram, let these be infused in 1 quart of water together with Liquorice ℥j, Ginger 6 grains, Extract of Carbar 1 dram in a pewter flask covered in the Embers 12 houres after that strain it and put to the liquor a ℔ of damsons stoned and washed and pricked, and take a pound of fine sugar let them stand be sweet after the comon manner till they be ready to jellye.

This are to be taken 3 or 4 at a time at pleasure.

Take a pottle of white wine and a pinte of hysop water and 4 heads of Cowslipes that will weigh about ℔. Take some of the wine and as ye will the Cowslipes, put in hand boyle it in that wine as will sink into, take away the thick-nes of the cowslipes then put it out of the wine into the pot of hysop water, a wonder wine and let them boyle. Take Harsthorne and Lettuce seeds Mother of thyme of each a little handfull 3 or 4 Eggs Lemons all washed and dryed a day before, & yet this boyle all these, the the liquor be fallen into fumes

Then put in a quart of the best Sack, that never touch'd the fire, boyl all well together and then it strain, with his hands enough strained in thorough a sheet of fresh Canvas. This good for the Plurisie, Jaundice for the wound and Obstruction, fits, Fluxes of Stomach, Shortness of breath or any stopping. If you give it to a sucking child, or any sort of people, try with a spoon. Shall stay early, and let them sleep after it. within 2 hours after it they may eat what they will. if you find strength take 2 spoonfuls of dairy together

Snaile water for Consumptions, Jaundice to clear ye Skin or revive ye Spirits.

Take a pint of Garden Snailes in their Shells, grind them as near as you can out of Sweet marjoram or Lavender water, and not in brass or metall, wash them 3 times in Beer in a great bowl. Then put Rosemary, Sprigs, Sweet fennel, anise out a handful of Coleworts and roots, bay, are with them. Take a great bottle with a fine bottom and put in the snailes, and put in some of the distilled water shell amongst them and let them rest like bees, leave making a noise. Then you must take them forth and with a knife and fennel shells in order away, all the dead snailes and throw away, all the green parts that swim upon them. then strain in a mortar fine and all Take also a quart of Sack in Summer, let them and sweat them with salt. Then wash them in water wine till you have taken away all the filth from them. Then put them in a strong Water and leave them to prime. then take a bottle stand down put to let up Limbecke over them take 2 lb. of Anything or a lay it all the bottom of the pot and 2 lb. of Sabadine on the top of that. Then put in 2 quarts of Rosemary flowers, Germany, ~~Centaury~~ Chartwort the stalk, Dock roots, of rough Sorrel, Bittony, or rath Ming. of Lad Pennyroyal and Germander of each ℥j. well shaken. then lay upon snailes and covered on the topper of the bottle and flowers, and power in first 4 gallons of the strongest Sack you can get, & 2 gallons of the strongest Sack and let it stand all night or longer. Stirring in Summer, time, in the morning put in ℥ij of Rosed. Hartshorn ℥xij. Ivory ℥6. the weight of ye in Saffron the Clove Cinnamon. ye must not have it after three last times also. but let on red Lambecke and close it fast with Rice Wax. Distill the wine and water in Bath, the first is strongest and so smaller and smaller, the smallest you may medicine by putting in some of the Ingredients. When you use it take 3 spoonfulls of Beer or Ale to 2 of the strongest. Ale to take 3 quarts of Sow thistle flowers, one quart of Bugloss and Borage flowers, fennel roots full of Red. Hoard and ye will so well put in 3 gallons of Sack and 2 of Ale with, and brave it in bungs then it will turn and put into every quart glass of it in Saffron and the Clove ℥iij. if ye will. you should first and Snailes with Celandine and Barbarie leaves and bruised and wash them in water milke 4 times and then in a great bowl of strong Ale that they may be strained and then drawn them. mds.

Cont.

For a Bruise in the Eye.

Take Garden worts, boyl them very tender and apply them to ye Eye.

Water for a Consumption, it helps

stopping the stinking breath obstruct breath in 48 ye Doctrine Indenings Obstructing of Obstructions. See the Page. 9.

Snaile water very good for the Yellowe Jaundice

and all yellowness of the skin, it is also very good for a Surfeit. 2. or 3 spoonfulls and fast an hour after it. It raises an appetite of sweet breath. & repelleth any things from the Heart.

Take a pint of Garden shells Snailes & wash them shells & all in fair water then dry them in a Cloth. then pound them in a Stone Mortar. and put them to steep in 3 gallons of the strong Ale you can get. Adding to it ℥6 of Spurrowort stamped into powder. ℥ij of Cloves, ℥j of Nutmeg. ℥j of Cinnamon, grossly beaten. halfe a ℔ of Liquorice & some anise seeds. let all this stand close 24 hours. then strain it in a Quintrell & a soft fire. but ye must remember to put a small shilling stone in the bottom of the pot to keep the water from burning.

An excellent & approved water to cure ye Rheum in the Eyes.

Take Alexis Tutia ℥j. white mustard seed. first state it to fine powder then steep it 3 hours in sweet wine then drawn the old wine from the Tutia and put in fresh wine of the same wet mass ye must continue 3 hours also. then steep it as before in white Lefe water & then red Sugar. Take also Ballard Bimbrina the strongest ye can get ℥j. as much white sugar candy. that boile to powder. Take Camphire ℥j. red it small & then strain it small on a Marble or wood or 2. put all these into 1 quart of Sherry Sack. Take the glass well stopped it for 2 or 3 hours & daily for 2 or 3 days. Of first then power forth of the vessell of it into a spoon and drop into the inner corner of them eyes. through that one eye first, and drop at a time is enough for one eye. into it take your smarting. Dress it so again. ye must dress it 3 times. Start of rise open yet eye when ye dress it. that the water may run all over the eye. This water will keep ye good 2 years. and when the vessell spoil you may put another pint of Sack into the grounds, and shaking it well shall be very good. It will run the Lettuce instantly. for a week or fortnight at first and it will stopper the rinse of it. but afterwards at 2 or 3 times dressing it will repell the Rheum. water by taking tents of the like in returning again

Yet it

It takes away all Sores and redness of the Eyes and idle Humours ranckle by the Lettuce.

Against ye Small Pox to wash ye Face.

Take Mallow and Hollyoake leaves of each ℥ss. stirred them small then boyle them in milke then strain it, & put a little Butter into it, & dip them in it.

In case they be strucke in to keeps them from the Heart.

Take a quarte of strong ale, 2 heads of Garlicke, Lump Bole & Dose of each ℥ss. Mr. Lime ℥ss. Friars Triacle half a ℔. put all into a Dishin & Bake it. Chise with paste, & stiree it till it be halfe consumed. then give ye second fullt at a time for 3 mornings together.

This Unguentorum it is so called for that it is good for all manner of Diseases, the Perfect art the same as the yellow Salve Page 9. Make it as followeth.

Take Lign Juni Frankinsense of each half a ℔. that sold to powder if not sold not the Frankinsense take Virgins wax Sheep Suet then add Lettuce Juice powder of each a ℔ of all Camphire Vermin Straten small, then take a Skillet and first put in the water and let it melt over a Soft fire, then put in the Lettuce & boyle it, then the Frankinsense and melt it, let it boyle as little as may, let them all id melted take it from the fire, if there be any other Drugs instead in it stirre it let not, power it into a pan where ye have put a Pottle of Double wine, and in the warme water in the Lettuce & Lettuce, and stir it in the pan so that it may all share into them, then let it on the fire and boyle it till all the wine be consumed & stir it well with a Stick that it share not to the Pan, when ye shall know by putting a little into the fire for if it Sparkle his not consumed if not it is ready take it be sure no Sugar left for fear the Oil of the pan. But take it off and put in the Camphire, stire it till it be halfe cold then put in ¼ of a ℔ of stiree Turpentine and stire it till it be allmost cold, then put Sal Armoniac oyle Sweet so much as will bringe it to an Ointment and so keeps it for ye use.

Without the oyle find a very good Sweet cream, when ye use it anoint the place gutted with it keep warme with a Cloaths.

For a Straine in the Backe.

Take virgins wax ℥ss. a ye of a pyntt of Salad Oyle, flint a Nutmegg into it

it, boyle it in ye ore 3 severall fullt of Lady rose water till the water be consumed, then strain it from the Nutmegg & anoynte the place gutted against the fire.

An excellent medicine ag^t all Agues, Feavors & pestilentiall diseases. wch is allso very Cordiall.

Take Trifoile, Angelica, Sanory, Bugles, Burrage, Betony, Scorzell, Saladine, Agrimony, Fumytorrell, Smallage, Red Mint, Sorrell, and White growing amongst the grasse of Corn of the sp. ij M. of Cardus iiij M. Rosemary altogether and put them in an Earthen pan. Put thereto a gallon of Lander Wine and steepe it all night, & so distill it in a Comfit Still.

An excellent receipt for Convultion fits.

Take the Milk of the Dailey, the flowers of them, stee ye them in Sack, distill them in a Gallon Still, and give the sick pint to drinke, and let him take it 3 daies before any alteration of the moone and in the fit, ye may distill it in an ordinary Still and sprinkle twelve cornes wine, but the other is the better.

A receie good water for a Feavor and to cause Sleepe.

Take Cowslips a good quantity and Still them, so put the water into the Still against with more Cowslips, and so doe 9 times, still putting in more Cowslips, let him drinke of it a wine glasse full at a time.

For an Ague.

Take Oyle of Dittany, Oyle of Spiknard and Plantane water ana. 2 C ungs mixed with together in a glasse or stone as mete as ye shall drinke at a draught and walke an houre after, take it 3 or 4 mornings together (or more if occasion require) with ye fitts are not coming and have 5 or 6 fitts before ye take it.

An approved medicine for ye green Sicknes.

Take Galingal, Synorite, Cloves, Mace, Nutmegs ana. ℥ss, Coate and heart Steel, Steel and Mother of Pearl ana. ℥ss. double refined Sugar ℥ss. all fine stamp and searced, mixe altogether then take 2 Bladders and washe them with Sweet Cinnisseed to sweeten them put ℥iij of this powder into one Bladder, & 4 into the other Bladder, let the water that shall ye in carry the Bladders in a Cart perfect to keepe the Powder dry. You must take of

Cover

once 3 times so much, as you can well take upon the point of a knife and
thereof, you must take it every morning fasting and fast 3 or 4 hours
after. Then take your warm broth. take it half an hour, mind wonder at God
at God, not drinke not after it. you must offerwise a good draught, wash your mouth
with, wherein all sorts Milke and all things made of milke, of kinds of fruits
of Nuts of drinke, of any kind from Lattemeale and such like, do milke dis-
tresse as walkings, runnings, dancings or Coach exercise, mind you must take
3 dishes of this powder, though the first stone Pill before. ~

The Vatican Pills.

℞ Cinnamomi Veri, aut Sandarach. Cloves. Mastichi. Lignaloes. Croci Veri
Cardamom. Dinamon. Ebraici. Maris. Muris Muscati. Hariopullorum
Croci. Pedrari. Rhei. Aloes. Turbith. Maximus. Myrrhæ. Myrtilli. Galli lig-
nis & Miraculorum. ana ℥j. Saxifrag ℥j. Aloes ℥iij. and ℥b. Radicum Hyri
Iridis ana. ℥ss. Succi Cichorei. Polypodii. solubilis ℥. f. q. fiat massa pilularum.
All this weighs about ℥iiij.

The Apothecary of whom I bought this lived in the old Bailey in London at the
Signe of the Three Starres Lord, his name is Smith.

A receipt of the Pills which Mehne called Imperiall but now Vatican, straight it was found in the Vatican Library and taken out from Vetuist & with the Counsell of divers famous Philitians of that time, for the Service of Paul the 3d Pope an Addition was made unto it of 2 other Ingredients viz. Gum and Rhubarb, and Sordinum two drams of Mundrake stirred.

℞ Cinnamomi. Cloves. Mastichi. Ginger. Grains of Paradise. Cardamomi. Dinamon
Veri. Mace. Nutmegs. Myrrh. Saffron. Anise. Liquorice. Aloes. Turbith. Manna
Cigarrolle. Croci. rosae. Lignum & Miraculorum of each of these a strong or more if
should want a greater quantity of them. then take of Rhubarb the weight
of all the above named, of Gallen Chatarina the weight of all the aforesaid things and
of the Rhubarb. Count to all this weight half a dram of Cardamum additions &
half a dram of Sordinum. All the Pills to be made the Sirrup of the Ingredients
to find Rhubarb of a Lead & gilded. ~

The way to use the Pills.

Note that will purge moderately without Scouring or Sweats. let them take
one morning 1. the second morn. 2, the third 3, and the fourth 4, and that
purge wonderfully. afterwards 1, or 2, of them may be used all the years long
every 10 or 20 days.

Advertisements. If peradventure all the ingredients, which I have named should not be found as
namely the & Miraculorum. the Citron rendered or any of them may the Sweet
the Turcis. and if any things use the is not important to Lastings, which is no
Defect for all that. They may be taken at all times or at all hours, in the morn-
ing fasting, or a hour before, or after. In the Evening the hour, or after, or
at Midnight. They are given to all Complexions, ages, Sexes of an old Liquor
[illegible]

water go have taken them you may drinke a little water. or some mingled with
wonder according to your strength and delight. you may sleepe known then is not
any regard of any things. fast only of the drinke a reviveral drink, and would
only are working of the Drink of ale, or the like.

The vertues of the Pills.

Here that continues the use of these called Pillis Sorts of medicines that may
not easily be reckon, whilst that of Gods ordinance for mid tuch.

They Purge all pitant humors, vaporate Choller, they also clear
they fortify the Liver & cause appetite and so the body rauge, mitigate hold
brake cold air, with fevers and rigor they cast out Sciatica, Sciatica, Sciatica
they preserve the sight, restore the odour, remove the Stomach that fre-
quent and consume get rid the heads, which after distress to the Lungs
by mind, inland tides, hurtful, hurtful made doubling round. Palsies & Shortness
of breathe, the Eyes the worms & gard the little terminals pain particle
Lady take away the inward bounds of patience without appetite, which causeth
fevers, restings as well the Lower and the Stomach, rather little the stack and
feet it forest detriment & gridiness. they sweat to cure the Scabs, & itch-
they & Sleepe the feet from the great and feed the other Lymbs from all pretings
of the Fire Ticke passion. they are good against Melancholy, they relieve Dizziness
make to Sleepe the Eyes good colour in the face. and a good habit is the
mother. they cover against watery, putrifyth and corrupt Spirits. they Sharpen
the wit, quick the Heart and right Voiture, they free the body from all corruptions
ill humors, and winds. they cast to restoration rather age. all kinds Dropsies
they, scale the Megapatricke flux and that which arrives by indigestion and
weakness of Stomach, to conclude they are found by experience good against
any disease. Q. pro: ~

A Purgeinge drinke that will cleanse the Body and make it Leane. ~

Take to the quantity of half a strikin of good strong Ale, put it up in a
vessell, out of fermentation take a Bottle. Then take annisseeds, Liquorice Stone
ana. ℥ij. Savory, grated Mace. the Savory, grated that is red at first, cut all these
ingredients in the bottle of Ale that is taken out of the vessell with water
distilled Mj. the grains are left, when they be well boyled put the ingredients
into a bagge with the ale they are boyled in, and water they are boyled having the
bagge in the drinke. a little of Sugar put shake in the drinke is good. a little bit of
yellow Sprinkle often with Sugar and Sugar as a Sallade. ~

A drinke for the Scurvie. ~

Take Strawberry and Savory grated of that which growth on the Sea side
ana. 12 M. Brooke Limes ℥j M. water Cresses 6 M. wash them and dry them
well and stamp them and bring them in strong Cider 3 Gallons or Ale after it
is

(Quates Grinded.)

is stale drinke a good draught in the morninge fastinge, and fast an houre
after it, drinke another draught houre or two after and another halfe an houre
before [illegible] you get to bed. Doe more exercise you after then the other
and it is very needfull that you the weake humors [illegible] drinke it, or
any other things for the [illegible] and [illegible] or a [illegible] together. If you
[illegible] [illegible] [illegible] [illegible]

A Bath for ye lefe of one ye hath ye Scurvie.

Take of Camomile and of Melilot flowers, ana: 2 M. Marjoram mallowes &
elder mallowes ana: 3 M. Hemitary tops & with fryne ana: j M. Savory
gralle, woormwood, Carroll Lung: 3 M. Coltes foote 2 M. Sculle thereof
boile in water and bathe the legge before and after bathing anoynte them
with after lay on the plaster of Mr Hentons following &c.

The plaster & Ointm.t prescribed by Mr Fenton.

Take May butter 12 ℥j. of the nitre of Savory, gralle of water dwelled and
of woormwood ana ℥iij. Maliloty or Mustard ℥ iij. boile them together till
the moist and water be wasted. then put in Burgundy pitch ℥6. of yellow wax
℥y. So boile it to a stiffe salve then put in of the powder of Lung Mosse a
finely searced ℥iij. stir it well and make it into roulls. The Ointment to be
laid to the sores and putting out the sores and gittes. and good to anoynt the legge with after
you lay on the plaster or other like.

For green wounds Burnings & scaulds and yellow Satre

Take St Fenis Wort Scifidalis Hyberum ye ground Mallowes Elder leaves
ana: j M. waire them smalle and boile them in Ballade oyle 1 P. till it looke very
greene then put to it Turpentine 1 C. of yellow wax ℥iij. & stirr them
Dissolved strayne the Salve into a pot for ye oyle. –

For any sore in generall. –

Take ould linnen rags and wet them in fresh Spawne as long as ye may gett
it, hange them up to dry and wet them again. & make them yeare
with ye wet then water yeare it is the better. lay it on the sore, it will
cleanse cleare and heale it. –

For a Blood shot Eye.

Take Parsley, woormwood ana. j M. annisseeds ℥iij. Fennigreeke seeds ℥℥. –
make little bags & boile them in fountaine water. Qt. & milke P.t. and make
fomentation of the eye.

A most pretious Balsome. –

Take an earthen pot, rent a hole in the bottome of it, & stop it with rag, put
into the pot of the oile Ballade oyle P.t. & water Qt. & with which boile to half
a quarter of an houre then put in a ℔. and ℔. of yellow wax in a skillet put to it
the

Turpentine 1.℔ washe 3 or 4 times in faire water & then in rose water till
it be as white as snow, then put to it a little roulls, take it from
the fire, stirre it till it be well mixed. then pull the pot out of the
pot, & let out the water into a dish and put the oile to the rags and cure
ointment & let it rere the first again and stirre it well. then put it into an
earthen pot that it may not touch of the roulls and when the mixture roulls
rent a hole in the midst of it, and let out the water, if any remayne in
the bottome let it on the fire again till thoroughly melted, & stirr it well.

The vertues. –

It draweth forth all broken bones, or splint taken if we vitall parts of
mark it will cure in 3 or 4 dressings. It heales all bruises or gulls. It is
very sovereigne for any wound whatsoever. It warmes into the wound
or outward applied to Bruises or Strauts. It is Lute anoyntinge the place
about the wound it keepeth it from inflamation. It nurseth all points of
roulls or moist limes. Saturated or rubed in the bones or Sinewes anoyntinge
it first and layinge a warme cloth to it. It dissolves the winde Colle or
Stitch in the side. Strayne it into the side a ℃ of an houre & morning for
entry with warme cloathes. It ripeth the head and anoyntinge the temples
and nostrills. ℥j taken with a little Sarsa is good against poyson. Powrede
Salte against stinkinge breathe of Brystle Drank with warme Milke –
against the Plague, anoyntinge the lips and nostrills. Drinke a good forte. It
cures the Inward Ulcers. Lung wounds or Bruises, applied as for a Cut.
i.e. first anoynted and then a peece of Lint dipt into it & applied warme to
the place. After the wound anoyntinge the navell and stomacke at bedtime
for the griefe. Smalle Ale wassell a ℔ ℥ taken drinke in warme bedd
and so rest limed & morninge together and sweat after it. –

For the Hearcinge. –

Take woormwood milke it lukewarme and bathe yeare eares with in
without, then take Maliloty Qt. boyle it well with Flowers, and put it
into a fresh fynge, and bayte it right with a Quill in it, then lay the eare
into it so long as ye may with suffer it to get into yeare eares. Then take
fresh oyle of Olives & warme it and suppe your eare therewith
and let 3 or 4 droppes fall into your eare. then wet a little cloathe
powdr in the oyle and stop your eare with it. Lye upon your head warme
all that night you use it. Use it 9 or 10 daies if ye be at very stayes.

Mr Edwards the Earle of Huntington. – – –

For rednes of the face caused by the Small Pox. –

Let the White wine vinegar dwell and infill for the space of a week, a malgue –
wade oil of Olives dipt in Philips Suet, and afterwards wash it in nightes
till the rough trash Pro:

Mr

For to make Haire growe and to kill the Worms at the Roote.

Take of the best Sallade oyle and anoynte every night the roote of yor haire therewith a good while it shinge a litt it growe. Pro:

For Aches caused by cold Humours.

Take Vitriol and Vinegar or Vinegar Vitre stirr it vehement two dilled. Let the strame enter to the parte greived. lay on the heard it selfe not on the place. you may also take it in broth of the fe. and anoynte the place with the fat. Interpose and yse fomentings of hot Vitriol in the broth of wate. Pro.

For the Stone in ye Kidnies. ye best medicine.

Take Plantaine. Houseleke. Feather fewe. garden Cauly. ana. stamp & strain them together. put from flowre to thicken it. dilute and boyle very ½ h. let it settle. decante to plaster. stir it well. boyl it vehement. then spread it on a cloake a span broad at least and longe to compass yor body & lay it to yor skin about yor Loynes for 30 hours together. for then it shall growe hard & drye. then must be drawe when yor first feele the grindinge of the Stone and stire it & write after yor feele the paine yeme for ½ or ¼ of a yeare. and after that once a quarter. then must yatake must herbe toward Mondalmond stamp and strain them and put them into glasses to keepe for written. This have wrodered many.

For a new Bruise or Straine.

Take vinger and the yolke bread make a poultice. spread it on a cloake and sprinkle it with Aqua-vite. and lay it hot to the bruise.

To fastien the Teeth.

Take a pottle of runinge water and putinn it with Steel fouge 40 tymes put into it Plantaine red sage. Oyster and cockle shelle beated ana. m.j. Sabary Sarfe Li: of the barke of the Ash or beated 2 M. Cloves a o.z ½. let this drye in an oven till it be halfe toasted. herbs sowe of this in yor mouth every night a p. of an hour eternally on that side the body strayn.

For the Bloody Flix or other.

Take a new laydd Eggs put away the yolke & put in a greate Nutmegge in the yolke in the Shell. stir it well together. then put it upon a hot dille and roste it. then strape sugar on it and eate it. Pro.

The powder of Dorto Vrente in wine stopp the Lasse or bloody flix & plaste the paine of the Stomacke.

To Keepe ye Small Pox from ye Eyes.

Take Rose water and steepe Saffron in it. and then drop the water often into the Eyes. Pro.

To keepe them out of ye throat & mouth.

Take Rue and Saffron Sowe it in a cloake for a Stye and gard it at the throate. the Lye bringe downe by the fire and potine to powder.

Syrop of Camomile for the Spleen & M. P.

Take ℔ of Syrop to ℔ of Camomile put them both into an earthen pot Lye close. let it rise and set it in a pot of boylinge water and let it stye 4 hours. then strame it and keepe it for yor use. Note yor use it for M. P. take 3 or 4 spoonfulls in a glasse of Sherry & a morninge before effectuall. Proved.

To braike a Sore Sudlainely.

Take the Silly weed and stamp them Raw. and apply them to the greiffe place. Pro:

For a Cough & Stopage of ye Liver

Take Conserve of Indiane flowre. it allye expelle melancholy. and drye & comforte the Stomacke.

A soveraigne medicine to expell any disease from ye Heart or stomach psently. Plague. Small Pox. Measells &c.

Take Lue Germain. Celandine. Sage. Balm. Rosemary. Mugwort. dragon. Pimpernell. Water fire. Burnet. Sorrell. Lindary. mixe the roots to any of the order. distille the water of Alexanders. strain through a cloake. smelle of it when in the first operation & drink. then sweate then. and fills the heard or bedes blad. when you th it mingle ye water w the Elder Mundale or Treacle. it is rare Elixir. wine water is good for Agues. treacle or methridate must coll it. &c

For Melancholicke.

Take flowers of Buglos, Borage, Bitony, Succory and Endive ana ℔ ss. put them into Malvasie ℔ i, Cold water & aqua composita ana ℔ i. let all stand for 3 or 4 dayes then strain & give it first blood & after wards.

For a Bruise

Take Arpon roote and comfrey ana M. daisy roots, i M. stamp them all together strongly but the juice and put it in a draught of ale or old sack warm & drinke it 2 or 3 daies doune & drinke.

Syrop to purge ye Lungs & Fleghm out of ye Stomach.

Take Sorrell, Hyssop, Bitt wood & Scurvy grass, Liverwort, Liquorish ana, i M. boyle them in water ℔ ss. till half be consumed strongly then & take the liquor put to it 4 or 5 ℥. of sugar boyl it again till half of consumed. Let it cool & put it in a little of water, & put in the liquor.

A Blacke Salve to cure any Sore.

Take pure white lead and red lead ana ℥ ii. Lime and fresh butter ana ℔ i of ℥ ii. Sallad oile ℔ i, first all these together till it looke black, then put it into fresh water. Let him a little ladder full on a trencher and as it wastes fresh make it into rowles. when yo first spread it then on a cloath.

A Salve to cure any greene wound speedily.

Take the Leaves of Brambles, Brownwort, Mercurie, Marigold, Primrose, Plantain, Daisies, Feverfew, Marrie Nectrum ana ℥ i. & Adder tongue, Mullein put 2 ℔ weight & a pretty quantity of Deum, boyle all these together halfe an houre, then strain it into a porringer and keep it for yo use.

For a wild fire or any Swellinge.

Take the juice of Horseradish & ℔ allmost as much Butter, stirr all on the embers of a nut, the white of an Egge, Bate & water then stay all together and when ye apply it make it Lukewarme and take the Swellinge or sore & lay a cloath upon it.

For an Ague.

Take Sage i M, Scabe i ℔ lay Suet and butter pea the quantity of a walnut, stamp & bake together with 2 yolkes of Eggs and apply it hot to the Wristes upon a cloath before the fit comes.

To cleare the Eyes.

Take a little Verjuice and white sugar candy and drop every morne and even drop into the eyes.

An excellent water for the Stone

taking i Cowe in 8 daies in the morninge. Drink made only in May.

Take Longe Galingal Cinamon Nutmegs Graines Cloves a winsedd ffennell seeds Burnet seeds ana 2 drams Sage mint Dropsie Water Pellitory of the wall. Rosmary Thyme and wild Thyme. Marjorum Lavender Betany Fennel ana ℥ M. Philipendula roots ℔ M. beate the spices fine & bruise the herbs well and put them into a Gallon of Red or Gascoyne Wine let them infuse 24 houres stirringe them often. then distill them in a Limbecke. keepe the first water & let settle ye milke water and the oilder in the bottom skimm off the oile & strain it in a glasse & put it in the Gumme in some vinegar after the juice and in which water drinke taken at a boot back & comfortably mixed the Spirits, adjusted distilled rosemary of roses, aloes roots Cassia, warmed in the Stomach & Belly. drop spirit and breathe the Stone in the backe.

For ye Wormes in children.

Take Wormwood, double Tansy and Groundsel ana ℥ M. stamp them altogether and strain them in Rose water till it be an Ointment then anoint the Stomach and belly of the child and strew the powder of Aloes all over water the anointed. do this twice 3 days for 2 or 3 days together and it will certainly cure.

To stay M.P.

Take new hogs dunge and put a great deale of it into a frying pan and warme it then put it in a cloth and apply it as warm to the place as you can.

To bringe them in Child-bed.

Take burnt white wine put in some oyle of Almonds and drinke it, this a tryed and approved medicine.

Preservative water for ye Plague &c.

Take Balm, Bay, Rosmary, Wormwood, Mugwort, Smallage, Pimpernell, Scabious, Carduus, Dragon, Liverwort, Groundpine, Groundsel, Celandine, steepe them in 2 Gallons of white wine 3 daies and nights, then take out the herbs from the wine and still them.

Broath for a Sicke person.

Boyle a Chicken or 2 or 3 ribs of a rack of Mutton with a fowle, Strabberry leaves, 2 dates, red Burrank, i ℔, a little Mace, the juice of Liverwort, greater tresfoil ana i ℔ a little white Sandrin in a close vessel set in the

id with English. and the liquor remr to an ale Quart. take it off and when he should skim off the fat, there will swim but 3 spunds. &c.

A bindeinge Glister for ye Bloody Flix.

Take Rosmary, Plantane, Knotgrasse, Shepherds purse and dryes red rose leaves ana. ℔ M. boyle all in nine mutchs of the. till halfe be consumed then strain it, and take of this water a little above halfe pinte, with take ℔ j of sweete of hoys but nine ounces of the Water, mingle it all, strain it, & it is a Glister, then put it to the water and put it indeeratly warme and let it be retained as long as may be, if ye will add 4 yolks of eggs Butter may be taken in very fresh butter. &c.

For Speedy Delivery.

Boyle ℔ j. of white wine with 6 loves of Spiare mint, ℥ j. of Saffron finely ground till halfe be consumed, so drinke a good draught in time of necessity, put as much powder of dates, stirred in a spoonfull of it, all will lie on a trypetter, grated finely drinke the wine after it. &c.

For Convultion fits.

Take boarde Grass, stamp & strain it, take of the juice ℔ j. wine vinegar ℔ j. mingle them, take two bags with warm oile in it and put it up the mouth of a wife in hand one hand side out to pull them out by.

For an argue in a woemans Breast.

Take Rosmary, boyle it in running water till strong, drink the liquor over the strained a pretty while, bathe it very warme after. &c.

For any Akeing in the Breast.

Wood soot grinded very small and mixt with hogs grease and lay it cold upon the disease so dor till it be well. &c.

For a Sore Throate.

Take the inne rinder of an Elder tree, yo greene, 3 or 4 of yo inward little boys of the Mulberry, bate it well together, then put to it some Album graecum fine sound and a little honey, mix it together on a Gleake, bride it to the throat and roofe of the mouth right. This will cure a throat that seemd rough within.

Another ye will breake it though Impostumed.

Roast Fennell in the Embers then mix with it Elder and make finely Gale

ade a little Album Graecum sharpe. If yo throat be so sore yo must not it sit in yo mouth and swallow. Dor. E.

Against ye biteings of a mad Dog.

Take Scabious, Mat foiln, yarrow, Night shade, with Sugar the Barres of white Lilies ana. distill them in a cold Still. Give 4 ℔ of this water mixt with ℔ ss of Treacle to man or beast that is bitten when in d dayes after and it will not faile, but it is better if it be done ℔ sithes of yo have not the water take the pure of the sharpe, mingled with Treacle. Drink to keepe the sore from rankling take Dittany, Germany and ashy Baron that stem together and lay it to the sore. Dor. E.

For Speedie delivery.

Take oyle of Mirrhe and fine Borax powder, mixt in a spoone with a little Cinamon water, and give it, it will make the patient to go shrewd. Dor. E.

For the Almonds swoln.

Make a poultis when the curd is off, boyle in the drinke strew Berry leaves, mint, barres, Fingnfoil, Plantane, Organ ana. 2 or 3 loves of Bread, when the mixture is gone into the drinke take the sharpe frotter shrdes strew small and mixt with the Curd, bind it on these two to the roofe of the mouth as hot as may be suffered, strewinge upon the poultis some Album Graecum, put the Gleake up to the bare, and bind a Stowlt upon that to keepe in the heat, when the Curd is cold take it off and warme it, and put it on again upwards, when yo are to bed before you put on these things wash with the throat with some of the drinke gargelinge it up and downe as hot as yo can indure. This will transse the Almonds of pottagon if yo doe it like a Stringe it will doe it better. Strew the mouth if it be very ill with frankinsence and Ambar. If the pills be downe dor this warme and open.

A very good medicine for ye Stone. pro. Lady Dacres

Take Bramble berries when red, Fennel berries the inner pith of the Reed, Pellitory berries, the tops of leeks. The roote of Philipendula ana. Seed and the Stone of Plums ana. but not so much of these as the halfe of any one of the other, dryes all these in an Oven till they will

powder. Then take Fennell seed. Saxifrage. Alisander. Parsley. Fennel
Fennel and Pole annisseed of each of these ana: as much as of any of
the former dryed and beate all together to a fine Powder. Then take
Liquorist well scraped as much in quantity as all the former. Beate it fine
and mixe it with the rest. keepe it close from the winde. and after it morne
& even with posset Ale. with Thyme of the mount sodd in it. when you
eat Pottage. or any broth put some in it. if yo haue sore paine. if yo haue
any Stone it will wear away.

Take the drinke follow[illegible] and it will beate out Gravyon in the Bladder.

℞ Lettuary and wild Thyme. boyle them in Running water. till it haue
taken of them & strain from ℞ & ℞ sweeten it and yo take 6 or 7 ℥ at a
time for 9 Mornings together. ~ ~

An approved medicine for ye Stone to breake & void it.

Take Sampier that growes on the Rocks. put it vnder from Earth and Still
it. when yo begin to faile paine. take a draught thereof warme. and of
more paine yet goe and take more and then to take some therof. ~

An approved medicine for the Stone

Take Mawberries when ripe. bruise them a little and stile them. take a
draught of the water thereof warme as oft as yo feele paine. ~

Another ~

Take Asberies ℔ ripe or greene. stamp them with stones and all. steepe
all one night in good ale or wintertwitte. the next day straine them
well together and distill them. take of the water as yo see cause. ~

Another ~

Take Buds of Mawberries before they flowre. Distill the water (when
they are distilled) and when paine take 6 or 7 ℥ warme with sugar.

Another ~

Take seeds of Broome made into Powder & drunke in Drinke or wittwine.

A soveraigne Powder for ye Stone to cause it come away in Gravell. ~

Take Liquorist well scraped and annisseed rolled with a Rolled ana: ℔ ij
Bay berries bruised ℥ iij. Seeds of Mace ana: ℥ ij. 3 Pots Stones ~

3 Cloves

3 Cloves of a Lilly roote. 3 Corns. the under side of 3 oyster shells
burned. Red Fennell and red sage. ana: M ij. dry these till they will beate
to powder. and then searce them fine. take the weight of 8 ℔ in Sperma
ceti. and mingle with the powder. when yo goe to bed paine take of it in
a quantity of white wine or posset ale warme. ~

For Headache.

Take mustard seeds. beate it well and make it hot upon a chafingdish of
Coles. then with vinegar. so put it on a cloate & bind it on the place
where the paine is as hot as may be suffered. It will bee somewhat paine full
at first. but the greife will leave ere dosed. ~

A very excellent medicine for ye head ache to draw it down.

Take a new laid egge open the top and let out some of the white. then put
in powder of Cumine seed. Stir it and let it stand. and strain it with Annisseede
and close yo the shell against with rouble paste and set it in the Embers
when they are warme. let it roste gently till it be very hard. then rub it
through the midst and ayle it hot to the ingle of the paine. ~

Another ~

Take the Juice of white pye. and the Juice of salt ana: a Grud. a
quantity of red rose vinegar. a pore of a red rose root. a Rubidge. a piece
of Lye. and all these in the vinegar to a paste and bring it in
a Cloth. and lay it in the ashes in the Master delight.

An excellent & approved medicine for the Cough in ould or younge ~

Take an apple and cut it in the top and cut out the Core. then roste it
a little and fill it up with oyle. and set it against the Embers. & as it
drinketh up the oyle pour in more. when the through rosted and well soaked
with the oyle. Strain it through a Cloth in yo hands. and lay it upon
the Navell nay of the skin as hot as yo may. then doe for 4 or 5 nights
and it will loose the Flegme and raise it to the mouth with ease.

Likewise for a could an apple rosted with sallade Oyle and then sweetned
with sugar and eat when yo goe to bed is good. ~

Posinges to stay ye Rheum or for a Cough of ye Lungs or other. ~

Take sugar searced ℔ ij. Emula Campana roots the weight of ayle ye Liquorist
powder ana: put them in a silver dish over the fire and mixe them well
put to it a quantity of Hysop water and let them songe till they come

to

to a Dandy, then put it out vppon a Lye plate and so rub it out into Lozinges and when through could take hedue off.

An approved medicine to stay Loosenes.

Take Sage dry it over the fire afterwards dysshed and then put it in a Linen bag and let the patient sit vpon it as hot as may be suffered continually till yt find ease.

A Barley Creame good to open y Liver

Dr Atkins. Take of Sparagus roote a little bundle, a roote of Borage pickt & washed, sweet fennell stalk ℔ ß, or Dauraway, 1 ffennell Roote sliced, Barley, ℔, Currant 1 M, Liverwort sliced. Boyle all these in 3 ℔ of fair water, to ℔ ß. Then strayne it & take a great ℔ of new barley, parsnip & Almond & beate them together in a stone morter and wyth the Liquor strayne them together and put a little sugar and Rosewater to it. Take it fastinge.

Approved for a Burne.

Take Sallade oyle and sweete water, beate them together and anoynt the sore till the fire be out, then take fresh butter, and vnworought wooll boyle them a little and stroke it, dowdes fyed almost could spread it thee on a fine cloth and lay it all over the burne, change it once in 24 howres till it be well.

For them y cannot very well Heare.

Lo Harington Take Dagons gratt, beat it very well forth, and the juice of Rosmary put them together then melt the grease and take a little starch wooll and it round from and keep dip it therein and put it in the Eare yt feele worst. Do it in this sort every day till yt be well. Do: E.

Another.

Take new milke ℔ i, Camomile M ij, boyle it in the milke, put it all in a Stone pot and put the great end of a Tundish over it and wrydist the fume by the other of the tunne, warme and often for 4 or 5 daies. etc.

Another.

Take Balm fresh gathered, rub it betweene yt hands and put the oyle into the Eare, once a day, shortly it will fresh.

For the Spleene.

Take Eye, Camomile flowers, wormwood and Cumin seed seethe them in — vnwholesome or Claret, in the latter end of their seethinge put a little water vinegar in it, dip it into Sponges as hot as yt may be suffered it to ye side where the spleen is.

For the Mother.

Take Stone bryony ℔ i, stamp it, then take Woodbine, Lobandry root and flowers, anise, Strange fennell fine, put it into the bryony, let it boyle half an howre then strayne it, let it be somewhat thicke, drinke it ffoule, take the quantity of a Standard often as yt needs, you must fast two howres after it. This will continue good a yeare.

Dundore of the Reines

Take Lebroder 1 ℔ rub round washt and rubd a ℔ ℔, boyle them with together till the Burrow be very tender, then put in Double Dandy ℔ i, let it boyle a little longer, then drinke of it all cold. Good warme for more at a time as you think fit.

Approved for the Toothache.

Take the inner barke of an ashe and lay it vpon a fire shovell vntill it be very hot, let it rynsed to a shard take and put them into a fine linen cloth and apply it to the grieve, and it will ease yt paine.

Approved for y Colliq. in y Stomach.

Take a greate hard Onion cut off the topp and fill it full of the best ffrankinsence, put the topp on againe and put the Onyon into a Crown paper, and roste it in the Embers till he sweat, after then rub it in the midst back and let ye patient run, suffer it apply it to the navell, bind it hard with a Cloth.

For y Colliquet.

Take Beans shelled and Sawgrass Mij, lay them all night in white wine ℔ i, then shell them and keepe the water to drinke as occasion requireth.

An approved medicine for a Bruise.

Take a Sheepes skin and lett from the beast apply the flesh side to the bruise as broad as you can, let it lye 4 or 5 houres, if the bruise be great then change the skin, and lay another in the stead, let the patient sweate and drinke Stone Pitch with Malmsey and greate Mulledge then drinke must be given him at first and afterwards if yt can get the Garden Baume steepe it in posset ale till strange of it, then power the Liquor from the Baume and put into it sweet butter and greate Mulledge and drinke thereof. Moon

and then c̃ ad̃ oft as bee run in the day, for feare rust the Grissled blood to ryse. If you want a skin apply the Salmes Oldem as before, to the Grisse, it will doe mucke good.

For a Pin & Web in the Eye.

Take a new laid Egge, wipe it not and abate the white, the white into a fresh Earthen pipkin, whisk it well, and put to the remainder a small quantity of roch allum in powder, beat them till it come to a curd, then take it away and the Vinay that remained keepe in a bill and drop it into the Eye, once for howre a dayre. Pro: Q.

For an Ague falne into ye Legs or other part of ye body.

Take new milke 1 ℔. the yolkes of 2 new laid Eggs, beat them well together, dip linnen Lawne Blisted double, lay upon the place as hot as they can bee borne, warme, take them off and lay on fresh till the heate be abated. Pro:

To stay Rheum.

Take fine flower 1 ℔ the yolkes of 4 Eggs, beate them in Rosewater, with fine sugar halfe ℔. a few aniseeds and 2 or 3 sticks of Liquorish, powder, mixe these together and make it up in thin cakes, so take them temperately, and that will defeat plaisters.

For a Tympanie a very good water.

Take wallnutt water, they of Tormentill with the greene shell, and the barke, put them together, stamper them and still them. Take 1 or 2 ℥ of that water in the morninge fasting, and at night, use it often, it will keepe a yeare.

For ye Tympanie or fulnes of the Stomack.

Take red Feniel Seed, it, a bake bread morn & even, or any thing wherin ill, it will cure.

To keepe ye Small Pox out of ye Eyes & Nostrills.

Take 1 blade or 2 of Saffron very large, let it soake in woodmans milke halfe an howre, with a feather anoint the lids, order, or an howre therwith, then within and without and round about, the size as bigge as any of the Pox, it will come out, the like use to ye nostrills of the breath of the Nyght.

The Pill pestilentiall, good against winde or Infection.

Take Myrrha and Saffron ana or ℥. Cloves ß ℥. beat them generally, to fine powder, beate the Myrrha, then mixe all, dissolve it in all in ye morninge with a drop of Limonds or Gilly flowers, fill it with round into Pills.

Surfit water.

Take Aqua vitæ 1 ℔. put in as much Red wood as will colour it to the height of Claret wine, set it on trebbets till yo flowers have left their colour, then strame it, when tis stilled put it in yo glasses, add a Nutmegg sliced, 2 or 3 blades of large Mace, a fewe Cloves, a little Cynamon, a grated of Ginger sliced, 2 dated sliced, Liquid Mj. Offer yo sick to keepe it, drinke a little fasting at all howre.

For a Surfit.

Take Tarragon water 1 ℔ sweetened with Sugar and Rose.

For the Stone approved.

Take Mother of Thyme, pellitory of the wall, of Sangfoyne ana Mj. Parsley seed ß ℥. boyle all these in new milke 1 ℔. then put in so much white grape as will tinctue it, then strame out the herbs, and lay them very hot to the place grieved, and shifton the Pottet when they grow cold, and do this warme morne and night. Add Marigold flowers if yo please.

Against Melancholly.

Take wildbrier and mingle it with it with the yolkes of a new laid Egge & a little quantity of Saffron with fine sugar. drinke this every morninge.

For weakenes in the backe.

Take Harthorne Jelly and to 3 ℥ of it, put Red rose water 1 ℔ white wine vinegar 1 ℔ & anoint the small of ye barke morn & even.

Ingredients for Physicke drinke

to be changed in ale for 8 or 10 daies & to be taken in the beginninge of April. To make one Purge every morne take a Pint.

Take of the barke of Guaiacum ß ℥. Stone of Cinnamon 3 ℥. the Mr Brookes
barke of Dompsonall dryed 1 Mß. the lift of Liquorice ß ℥. roots of Polipody of the Oake 2 ℥ß. Caraway seed ℥ij. Liquorice ℥ij. cut those that are to be cut, mixe altogether, and make a grosse powder.

For ye runinge of ye Reines.

Mr Cressett. Take Isinglass dissolved and boyle in Lac pettage till it is like a Jelly and so eat of it a porringer full a days. Pro. E.

Verie good to comfort ye Stomach Cag: ye winde:

Mr Brookes. Take a Quart of the strong drawinge of ye Spirit of Sarte, put it into the first Carrowy Cowfyle. Then take the glasse out again, fill they glasse with water then stopp it for yt use, ye wter power it from the sedes that rest at the bottome of the glasse. Take 2 or 3 spoonfull at a time.

To stay Loosenes.

Mr Pessett. Take of the seeds of Plantaine or Matrodon 1 C. boyle it in milke and let the ghis take the seed and milke together.

For a Consumption of ye Lungs.

Take Skylled milke 1 Q. put therein Scurvie grass Zj. Hysop Mj. and let them Skill together. Then season it up wth Browne sugar Candy, and of this gry take of lood night and morne a reasonable quantity.

Chyna Broath.

Dr Dakins. Take Chyna root, sliced Zj. stoop them in springe water 2 Q. standinge 24 houres, warme it fair first. Then take flowers of Borage Bugloss Violets scatter Lillies of Convally and the Barke of Bottoms, ana ℔ M. dates 1 large Mace a crust of a white loafe, boyle all these wth a young Pullett till halfe it be consumed. Then take of this every morne and at 4 in the afternoon Ziij. Conge well sweetned with sugar Candy or sugar of Roses.

Strawberry Julip.

Dr Dakins. Take pure spirit of wine 1 P. put it into a glasse or pot, and put to it as many Strawberries as it will cover, stop it fast and let it stande 40 houres. Strain it, infuse more Strawberries 3 or 4 times after the same manner, wch stay 1 or 2 (: every morninge fasting :) is admirable in a Consumption. Conge well sweetned with sugar. and

A drinke

A drinke to helpe ye Consumption.

Take pure hony 2 Q. springe water viij Q. maiden haire Scabious Polypodi Hysop. Hartstonge Sidewort violet Barke Cowslipp of Jerusalem ana ℔ M. Sanna sliced. Cutten Cinnamon rompanno roots sliced ℔ Z. Nutmegs ℔ Z. sweet fennell seeds Zij. let all this boyle in y water till it will leave an Egge. Strain it very well, then let this water runne through a fine Sieve from the ingredients and put it into some convenient vessell with barm that it may worke as other drinke, when his a week old drinke it with a toast for yo ordinary drinke this rinses Mr Gerstenber.

A Glister for ye Winde.

Take small ale posset drinke 1 Q. then take violet Barke, strawberry Barke, nutmegs ana. Mj. some Pellitory, some Camomile, boyle all these in the posset drinke till it come to Pt., with cold heard put into it Cumin and fennell seeds ana. 1 ℥ bruised. Straine it and put to it 2 yolke of Eggs and browne sugr 1 ℥ and so give it warme.

For a Paine in ye Backe.

Take strong Hartshorne Jelly put to it red rose water and white wine vinegre ana. 1 C. incorporate the powder of the barke hidrewillo with this. Take the oil deuire Turpentine, wash it in red rose water twice, then put to it red rose water and boyle it till it will boule, then make it into Pills and let them lye in Red rose water, and take 5 in the morninge fastinge and 5 at 4 a Clocke.

For ye whites.

Take new milke, boyle it and thicken it with the yolke of 2 new laid Eggs, and put to it Nutmegs and Cinamon pounded, and sugar, and a mouth peeceful of Bolharmoniacke as will lye on a groate, and so drinke it every morne fastinge.

Against ye Consumption of the Lungs, if Feavorish.

Take a wine glasse of distilled milke, also make a quart of barly water.

(boyle

boyle in it a pint of the juice strong ℔ ℔. Maiden-hair and Wallflower and M. boyle taste the water away and strain it, and season it with syrup of Liquorice violets or Rose water & sugar, this may be taken at any time.

To procure Sleep.

Mr Brookes. Take a reasonable quantity of the juice of Lemons and with rose water make a posset of it, take the curd and lay it to the wrist of the water at Bed time.

Cordial Losinges to comfort ye Stomack and excellent against Winde.

Take Diambra ℥j. fine sugar ℥iiij. boyle the sugar to a Candy height then put in the diambra & bring well stirred together pour them out on Slate or on a plate.

Against vapours of Melancholly

Mr Brookes Take cinnamon ℥iij. white sugar ℥ij, the oddest Corall raw & not ℥j, take of it twice a day so much as a walnut all being in fine powder mingle together.

For ye yellow Jaunders.

Mr Brookes Take Cast the sopp as much as a walnut, scrape it very fine, the same quantity of Saffron make it very fine, as much Prater flowers fine, mingle them all together and take as much as apple pie on a greater in a little ale or Sider & will certainly cure.

For a woman that is stopt and cannot make water after her delivery whether her Overdice is stopt or not: when no inward meanes can be vsed to ease her.

Mr Brookes Take a hot Brickell, put him in a walnut shell, and lay it with the feeth to the Navell, for it on his thy finder nose.

Against falling off ye Pallat of the mouth.

Mr Brookes Take the powder of blood red sight in Claret wine & sprinkle the wound. Pro: E.

To take away a Tetter. Pro: E.

Mr Brookes. Take the Oxgall of an Ox, Bee wax with some reasonable quantity of sope, and a little pep with the juice of ye inward barke of an Elder, bee pound & strained a night & shave.

To cure a red & Carbunckled Face.

Take

Take the tops of red nettles M. in March or Aprill, wash them clean stamp them well and so put it into a draught of beere, and let it infuse all night then in the morne strayne it off, drink it first 2 hours after it, and so procede every night for a fortnight together or longer if cause be. Bad for an ointment of the part. Take brimstone and fresh butter every night.

Mr Brookes.

For a Tertian Ague most approved.

First boyle Balton pep. M. in Sena vinegar wine vinegar ana. 2 ℔ till it come to a proper thickness then apply it to both the wrists on a cloath put on fresh every morne, then in the morning fill good Gascoy water in ℔ Sena vinegar & with the juice of a Lemon mingle for the draught.

A Metheglin good for any could disease or Rumnes.

Mr Dickins. Take the oldest beer honey 6 ℔. of springe water 36 ℔. mingle these with boyle stir, and boyle them continually skimming the froth that ariseth till it be clear, then put in these herbs following, bring first put into a bagge and first Rosemary Sage Hyssop, wild Thime Penyroyal Bettony ana. M. Lavendar Rosemary flowers, flowers of the Indian Starwort, Cotton weed ana. p. M. Cowslipp flowers, and Musk rose of the late ana. M. Take alse and put in another bagge Bay berries bruised p. ℔ Sweet fennel seed and Mace Liquorice root ana. ℥iij. Malipiony root ℥iij. boyle all these very well together in the Metheglin till the third parte of wasted. Skimming the froth off it. Still boyle it till it will clear in light and then take it off and strain it, and put it into a Vessell that will well hold it. but secure it so well keepeth, if a mine & must the vessel after 4 or 5 daies that it is inworke, could, hange in at the Bunge hole in a little bagge these Spices. Cynamon Mutmeg ana. p. ℥ß. Ginger Grains of Paradise ana. p. ℥j. then give it some time to settle and worke afterwards fill the vessell to the very Bunge with some of the same Liquor, which ye must save for that purpose out of the first mixing. Then stopp it up very close and let it to bagge the bagge of Spices in it, and after 3 months (for sooner it will not be ready) you may drink of it 3 or 4 ℥ß in the morninge, and at 4 a Clock in the afternoone.

Ass

An oyntmt for to put backe ye milke and prent swelling in woemens Breasts after they are brought to bed.

Dr Dakins. R. Vngti Populij refrigerantis Galeni ℥ i ℥ ß. Ol. rosarti. ℥ j. — Mirtilor. ℥ ß. Misce. Proi.

For any thing burned with Gunpowder: Blasted, or Scaulded.

Take the inner barke of Elder: Gil: vrinne: of the ground: Sudge: trottings: boyle them all in ~~three~~ tredaunt till it come to Oyle: then strame it and anoynte the sore therewith houre dayes. Diapalma & Roum plaister wolly will do the like.

To stop a Laxe or bloody Flux.

Take the marrowe bone of a hinder Gamon of Baron: before it be boyled cut off the flesh as cleane as you can: then set it vpright in the fire: let it burne till it be red: and when it is burnt through it will looke white: then pound and sift it and take it fastinge in pottet drinke or ye phase. Pro.

A water to heale a watry stone

Take white wine 2 Q. Sage that is red ℔ M. boyle it in the wine till till it be soft and the wine almost consumed: then wine will then be red ish coloured. warme the same Sage and wine and bathe the stone therewith as hot as may be endured and the sage vpon the stone: and doe it in that manner twice a dayes: amongst about the stone pile of Copalion.

To knit one ye is Bursten.

Take a red Snaile and dry them in an Oven layinge them betwixt two tiles. so dryed pure them to powder. troppinge every Snaile powder of it fifte: and every morne fastinge give the powder of one Snaile to the party in a draught of white wine. ye fast 2 houres after it. Ordeyne a trusse and keepe warme after it.

For them ye cannot make water

Take a hand full of Weed out of a River: put them in a leather bagge: the pound them and strayne them into Ale: therof make a gaudle and so drinke it. Or take Onion seed dryed to powder: or grotes: bruise them: or take it in pottet drinke it will doe the same.

A water to kill wildfire.

Take running water 1 Q. Nettle: Dogrose: ℔ ß. Red sage: Woodbine: Bord: ana. M. boyle them well together. & keepe it in an earthen pott. & bathe the sore therewith as hot as may be suffered 2 or 3 times a day.

For a sore breast sweld & not broken.

Take a white Lilly roote: pill of the outer rind skin and then boyle the roote in a little wine milke still thinge if till it be as thicke as a lusty pudinge then spread on a cloth and lay it on the breast, as soone as it is gathered and breake it.

An Oyle for an Atche or Sciatica.

Take live horse Sallade oyle: Meat foot oyle: ana. 2 lb red sage: Lovage: Roots, Mother of Thyme ana. M. pound or cut them. and boyle them ye of an houre in the Oyle, then strayne it anoynt the place with it night & morne. afore the fire.

For a sore throat & Almonds.

Take Plantane water 3 or 4 ℔ Syrup of Mulberries 1 ℔ mingle them together and warme them. so gargle ye Throate therewith very warme the offener ye do it the better. But non drinke of an houre after and keepe ye throte and feet warme.

To cure the Canker.

Take running water 1 P. woodbine Bures: red sage: violet: strawberry and Columbine ana. M. red Rose ℥ allum. 3 d Honey 3 d boyle them well together and wash the mouth therewith.

For old sores an excellent plaster.

Take Resine ℥ ij. Chalke ℥ j. make them both in fine powder. Dogs grease adeuinch as will serve. State them together in a stone morter with a wooden pestell. till putinge in of ye Lineye as ye state. and stalinge it till it will worke like wax in ye hand. then make it up in round balls. & keepe it. when ye would use it. make a plaster as broad as ye sore and

and of a good thickness in this forme ——— when yo lay it on first
think it very hard. so every day take off this plaster and temper it in
yo hand afresh so think it hard on. This plaster will heale any cold sore.

A Glister for cooleinge ye backe & ag: winde.

Take Camomile Mallowes Holiocke Pellitory of the wall ana. M. boyle
all these in posset drinke or milke. after strayne them out. To ℔ of this
Liquor put the yelke of 2 Eggs and half a ℔ of Sweete Butter warme.

For ye Collique.

Take mustard. figs and raisins stamp altogether. let a plaster be made of
it and lay it to the . of the distressed parte.

To cause one to make water.

Take Parsley & seethe it in white wine and drinke it morninge & evenings.

An approved thinge called The Purgeing Ale. to be taken every Springe and fall. from the 8th of April to the end thereof. and the midst of September to ye midst of October. and

This Ale taken ad abundant will cleanse the body of all corrupt humo
(Water and winde. It will purge and cleanse the Stomach and Liver) Lungs)
Head and other parts of the body. restoringe the parte to natural
disposition of body and mind. putting the Countenance rosie and
redcheeked. and the body lightsome and of mirth alacrity. and will yeeld
no longer then fortnight. but abound. It is good for the Dropsie Palsy
Megrim. or stitch. ague. It purgeth of the dringe the Lungs of the parte
and lungs. and diverse other diseases. It may be taken of an old body or
child without offence.

The Drinke.

Take 4 Gallons of strongest Ale wort. boyle it till it come to 3 Gallons put
it in a little good Ale of Barrel malt. may worte ale. against yo ale
ready. so drinke it make a barrel bigge and put in it Sota Ale and
let stand for the Dosagedinus of the Ale ana. ℔ B. Bay berries made a Cumfit ana. ℥iij.
Cinnamon. Ginger. Zinge. Sallafras wood and Calamanda ana. ℥ij. Cinnabers
℥ij. let all these be brused into powder except the Sota. which must be
put in whole. and when the Ale hath done working stop it up close.
and after 3 or 4 daies drinke thereof every morne ℔ ij. and every even
(fifteen

If ye ale be in quantity of the ale in quantity of ale — would it have a strong body. to wonder on

fifteen parts of ℔ ij. in the morne take some drinke an hour before
dinner and it will worke the better. but in the Morninge take it when you
get to bed. keepe yo selfe warme and the more you exercise yo selfe
the better.

An approved medicine for a Plurisie or any stick.

Take 2 of the balls of a stone horse dringe which are in the horse
pounde it and strayne it into a dr aught of sweete and so drinke it for 3
morninge together. you must make fresh every morninge. the dringe
applied to the Nobell will dringe away any wound in the belly &c.

An Admirable receipt for a Consumption.

Mr Cockshbourne.

Take Rosa solis. that heare growethe in mid downes. low marsh grounds.
it is of heare wide and growethe very lowe and flat to the ground. this
must be gathered in Juyne or July. on a sunny day. about 10 or 11
of the clocke. you must not touch it with yo hand when you
gather it. but you must pluck it out of the ground by the stalke and
lay it in a clean cloth. the heare of it are full of strength and nature
take ad mark of this inward ad will fill a pottle pot or glasse and wash it
not. Then take a pottle of Olive Composita and put to them both together
in a large pott or vessell. that may be closed. Digest 1 Month ℥ij.
dates ℔ ij. stone and cut small. Grained Cinnamon 1 ℔ Licorice. ℔ ij. wine
a quantity of brase gouldes. put all these things in a great vessell or glasse
and stop it very close so that there come no aire out and set it in the
sunne the space of a month. Then strayne it through a fine Linnen
Cloathe into a glasse putting some brase gold indentes and stopping the
glasse ad a close fast and so let it stand till cold drinke drinke at
night when you goe to bed ℔ ij. of this sauce or more with good sack
ale. and ad water in the morninge fastinge. this takes or not the wastfull
body wasted by Consumption. but this will cure and restore and
make Lusty. and to stand a marvellous good Stomacke. & and he or
she that shall use this three times together shall find great remedy
and comfort therby. If the patient ad very sick he may
take ℔ ij. at a time.

For an Imposthume in the throat or eare.

Take a swallowes nest with the dringe and pounde it. apply it into some oyle
of roses and hyssop. it be the outside of ye throat or eare. it will breake it.

A singuler medicine that the Small-pox Print shall not be seene on ye face.

Mr Sackville.

Take a very fat piece of beefe well powdered, boyle it a great while then take a good quantity of the fattest of the broath and strongest put thereto a good quantity of red rose water, beate them well together a good minute, and when the sope begin to rise, anoynte them 3 or 4 times a day with it till they be ready to rise and when the first is thoroughly well, take the broath of relicant powdered beefe and mingle it with woolwoorme, wash thereof fare indeeble, and it will bringe it to the head, yet knowe it wash thereof as before. In any case weare a cloth yt keepe not the sweate too hot.

An approved good Salve for any Sore. Ould or new.

Take a very fat piece of beefe well powdered, boyle it a great while, then take a good quantity of the fattest of the broth. Take Calfe sope that is full of Marrowe, and Mutton kidney, and slice both very thin and beate them as fine as yu can on a board with a pestill, then put to it a good quantity of Hog wood, and beat it again, then put in some Capon greese or Barrowes fat is best, beate them all together again and make it to be in ball, when yu off it spread it on a cloth, warme it and lay it to the griefe.

An approved water or Ley to Cure ould or new sores.

Mr Brilston sent.

Take Quick silver or other fine silver Pl. to a pottle of water, Camomile, Woormwood, Sopwort if they may be gotten, Lara. Mj. seethe the ingredients very strongly, then take them off the fire and let them settle, then take the clear Ley and put in a basson over a Chafingdish of Coales, then take 2 quart Vinegar distilled, double then 3 or 4 times put it in the Ley, then take out one and wringe it and lay it upon all over the sore and not as it may, when it warmed could take it off and

lay

lay on another pot, so continuinge it twice an hour, after lay upon the wound lettuce wet in the same, and it do wind all the broad yu can bind woollen and linen, for the worme and sudabringe both purge & refit the same. Stronge drinke Ley with Sweet the same drinke and weale, this bringe out sores, and stopeth and strengthen Ulcers and heale the same very fair.

To make childrens Teeth come forth without paine.

Take the heade of a Hare boyled or roasted and wipe the braines hedrop into them and butter, & anoynte the gums therewithe as often as yu thinke fit, to let it sinke rat baron is also good.

Mr Blacksmith

Almond Milke.

Take the Kernels of Chestnuts, germen, Sparagus and Siwory, Sweet Barley, Spard, Mos, Liquorice sliced 2 drams, the Leaves of Mallowes, violets, & Lettuce, crosse Mj. boyle all these in faire water Lbj. to Lb. or less, then take the weight of a pound of rice of the great round seeded, beate them with a pound of almonds, and water Lxx water and strain to make almond milke.

A Jelly made by Mr Towne to restore one in a Consumption.

Take a faire plump Capon not wasse dated a yeare, Hyssop, Chicken, Time, Veruell, Saxifrage, Leeks, Coulton small ana. Mj. S. a good Parsnip, a good carrot, a good Potato all sliced, Cinamon ℥S. boyle all in a Gallon of water till the Capon falls from the bones and the Liquor wasted, it may be clarified to Lb. with wine or to out.

To make one Soluble.

Take Mallowes Mj. seethe them in water till soft, let the water from them and as far as may be supple them to the Marrow.

For ye Stringinge of an Adder.

Take ye Juice of Dragon in wine drinke it a strange ye wound and lay to the wound.

For ye biteinge of a mad Dogge.

Take Dry Mistle, stiff it in May, & take ye water in vessell and wash the place in the

For

For ye stinginge of a Snake.

Take Garlicke stamp it and lay it to the place.

For a Spider broken on ye face.

Take the Juice of Plantane, anoynte the place therewith.

To take away Warts.

Take Dogeand blood, wipe the and rub the Warte therewith. Also wipe yeare Snailes put alive into a Glasse with a little salt will frette into water anoynte the warte often, and thinke not, get fresh snailes every day if yo take. Proved.

Mr Twince. — To take away Freckells & Sun-burninge in ye Face.

Take wild Daisy Milk, German Milk, water then small and put them in a earthen pot with a pottle of Limnge water & Pi, and ye of Rosse water. Distill the water in a limbeck and keepe to your use. Wash yo face therewith every night.

Mr Blacksmith. To Kill ye Itch & Clarifie ye Blood.

Take Scurvy grasse, stamp and strayne it with pottle of ale drinke a draught every morninge and Eveninge.

An excellent Salve fo Kibes.

Take ground Ivy Mij. stamp it and put therewith a good quantity of Clarified butter and roast it the then together, and then strayne them into an earthen pot, & when cold spread on a cloth, and lay to the Kibes, yeare morne warme it fitte rounde.

For a Strayne or wrenck proved.

Take Dogeand grease and oyle of Roses ana. stir them together into a thick paste, and lay it upon the wrenck or strayne.

An approved remedy for a woeman with child if she fall or slip.

Take Ferrum Hallicat. boyle it in red wine add a little Cynamon and Rosemary flowers, when it hath boyled a reasonable time, take it off, and let the woeman drinke a reasonable quantity of the liquor, then it may be allowed sodd in with the child, if she rest it by the probable sodd is not. Claret wine serve in defect of Red wine.

A Sear Cloath.

Take Sheeps Tallow, stamp them, amongst many and. ℔ Rosin, Frankincense in powder ℔, boyle all together and form it thin into a cloth, then wet a linen cloth with it therewith, and lay it abroad, lid it at rounds then roll it up, yo may keepe it a year. Lid to it for an ulcer, Scalding or bruise, laid on as hot as may be suffered.

For ye Sciatica.

Take Claret snailes or dew snailes put them into a Glasse and put a little salt to them, and bye them fast together and prick them with a great pin and hange them on a nayle to drop into a dish. Take of the oyle droyed and rub it upon the grieve, it helpeth doubt.

A medicine for ye Gout and to draw out all ill humours from any part of ye body, very good to amend ye Sight or paine in the Head, to breake an Imposthume and to amend the Hearinge. Did daily proved.

Take pitch and Rosin ana. 2 ℔ Sourre them severally, Frankincense Sheeps tallow ℔ i, Saffron ℥ j, Myrrh and Mace ana ℥ iij, Opium Stiptic Ladanum Sarcocolla ℥ iiij, all these must be beat on a mortar. The pitch must be put in alone after the rest. Cover the pot made it so in hange the cord and keepe it. When yo use it take fine hand strings halfe and the cord put sealed for yo foot and spread of it upon linen and wear them next ye foot within yo sorke a month or till they fall off, and hose them so longe as yo please.

Approved for ye Gout, paine in ye Backe or elsewhere.

Take the white nettles wth some take the white Cockleyes and Groundgrease with them, lay a layer of grease and a layer of the herbs stalked and all till a pipkin be filled, then lay a towell clothe about it, of a dile on the dog, dig a hole in the ground & bury it for a month, then take it and stamp it very well, & put it in a new Lipkin, cover yo dise it put some in a Saucer or anoynte with wth hand the place greived warme against the fire morn & even, & keepe a linen cloth next it. Did very good for mi Cosin.

For a bleach or Setter approved.

Take plantane water Pi, water of Fennel Pi, and Orange flowers, Rose water Pi, Sublimatum broken small ℥j, put all together in a pan and boyle them a

quarter of an hour, and anointed the infected place every day, stringe it dry in of it selfe.

Against ye Plague excellent.

Dr Atkinson

Take Centaury Leaves and dry them a very little in an oven, then bruise them very fast and lay them in new dunge to lie 3 or 4 daies right towards then take a brickle & lay the same thereon and let him the Plaister every day, and it doth not to 3 yeer Standed with ale, or to drinke on every morning fasting.

For a Plague sore.

Dr Atkins

Take the yolke of an Egge, Turpentine, honey and flour, of each ad mult in quantity as the yolke of the Egge, & stalk leaf Saffron beaten, mingle all & make it into a salve without fire, this is to heal a rankled sore.

How to let one Blood ye hath ye Plague sore upon him to avoid ye danger ye sore bringeth m^th^ Ita

Dr Atkins

If ye plague sore begin to rage and swelle under the Groine, then open a veine on the same side nearer to it stinge the liver veine, if it ake and swelle in ye wrist, then on the same side open the head veine.

A restoration for one brought low or in a Consumption.

Take a Pig 7 or 8 daies old Scalded and quarter him, take an hundred pot of a gallon, fill it with water, put the pig into it, when it seethes skim it, then take Sage Mij. Rosemary Mij. Brooklime, pellitory and Buckbean ana. 2 or 3 handfull of Plantaine and some Burrage put them into the pot together, when the water is at ye skum it clean, put no salt nor spices in it, seethe it till the bones come out of the pig of themselves, then put it in an earthen pot and drinke a draught warm every day, not ye water. If it be kept it doth serve 3 or 4 daies.

Lorrendell. An excellent helpe to Conception, also for ye Stone both in Backe and Kidneyes. Pro: E.

Take the roote of Scabbolly, it growetha by the sea side and is like to a little tree of halfe a yeares height, some call it Ostrongonus, take the roots of this & make it in Sirrup, and take it in the morne and at found a Drachm.

Take

Take foure gentle Pills at the beginninge, not before every Midnight.

To draw up the Pula.

Take a new laid Egge roasted stone hard then bruise it in a mortar and lay it to the Crowne of ye head & cover it 12 houres, lay on fresh till drawne up.

For a Bitch ye canot Whelpe.

Take a white Lilly roote, stamp and strayne it & give it her in milke.

To comfort a raw & weake Stomach.

Take Coloquintida and wormwood ana. Mj. boyle them in Sacke a good while then put the liquor in a Limbeck & wringe ye liquor from them & lay them as hot as may be to the Stomach, as the roots wet it in the same liquor again, and lay it on hot.

For children ye are Fretfull.

Take pigs dry grease, beaten mingle it with honey, spread it on a peece of white Cotton as big as a shillinge, lay it upon the Mawes of the child, doynte a cloth hot and lay it on the same, let it lie all night or all day as ye see cause. Proved.

To cause Eare wax to come forth ye hinderetha hearinge.

Squirt Urine warm into the Eares. proo: E.

For ye Fret in Children.

Take oyle of dill, oyle of Camomile ana. wet a cloth therein and fryet warm all over the belly, when her dry wet it again as often as ye see cause.

For ye Worms in young children excellent.

Roast an onion very hard, crush out the juice and spread it upon red leather the breadth of a finger broade, strew upon it the powder of Aloes, lay it to the Navell, let it lye till it fall off, also ye may give him the juice of Celidine in red Cowslip water 3 daies before the change of ye moone, Rio ord.

Dr Digrittes

Approved for ye Stick.

Take fennell seed and Camomile, powder it with vinegar, let it be wet, make it warm

very hot put it into a cragge and lay it under the sitting p[lace]. & if it thick then do or fowre dayes together. –

The golden oyle, very p[re]tious for all m[a]ner of Aches, for ye Gout & Redness of ye Face.

Take Sage, Mint, Swallowe, Larrell, Southernwood, Coverwood, Pilyoyal, Hart-shorne, Harrowd rotten, Feather-few, Daisy, Lovage, Musk. – Chamomile, Dill, Cake of Hierusalem, Cowslip, Betony, Pennyroyall, Savory, Hysop, Marjorum, Thyme, Musk of Roman 10d is a kind of wild Musk, Marygolds, Living-leaves, Dogs and Day-leaves and Dill aea, Mij. bruise them well and put them in a glass, put to them the first Oyle Olive a pottle or more. Then let it stand in the sun a month, then put it in a pan over a moderate fire, to boile till the oyle be green, take it off then and strayne it and keepe it for ye use.

Approved for a Canker.

Take the weed of a Drane and the inwards, then to dry them well in an Oven make them in powder and put of it on the Canker if will wear away. –

To make a new Naile grow on ye Finger.

Take Dragon and Hony, mixe them together, & lay it to, it will bring the Naile in short time. –

The Vertues of Rosemary.

Take it, whilst it hath leaves & flowers, the dewe upon it, & shell it & wash ye fast therewith, head and eaten it will strengthen the eyes, sharpen ye witt and keepe the eyes in good health. Also take ye Lynde of ye roote, put it on red-hot to ye smoke well, hold ye nose over, it will bringe all dogges out of ye house. Also make a salve of Strawe that the Hearth is in, it will comfort the eyes, but it will corrad and hurt ye strong & will expell all swellings in the eyes. Also for the Gout seethe it and lay it hot to, it will assway the Swelling. Distille seeds of Leeks in strong Vinegar, lay it to the Master, it will kill a Ring. Also Hang them by, then to a Quarter of fryed in time will go. –

To –

To fetch one quickly from a Swound.

Take of the Women pee, and bruise it a little, take halfe a sheete of white paper fold it up, and strewe some of ye pepper strwit every fold, and light one end of the paper, holdd the other to the Nose till the smoke hit to himselfe. Distille the roote of rowen or Primrose, dryed to powder and with a quill blowe into his nostrills will fetch him again. –

For the Piles approved.

Take Marke Swallowes, those then small, and fry them with a very little fresh butter, and vinegar then not, spread them on a sore cloth or Red Stocke & lay them to the place as hot as it may. –

Paracelsus his Plaister. – Lady Darcie.

Take of these 4 gums viz. Galbanum, Opopanax, aea ℥ij. Armoniacum, Bdellium aea ℥iij. beate them very small and put them in an earthen pot well leaded or glazed, power upon it very good wine vinegar, and let them stand so 2 dayes and a night, then boyle them in the same vinegar upon a gentle fire of coales that the gums may melt, when they be melted power out the same into a cragge and wringe or pressed the same that it may be well cleansed from dregs, then take the same Liquor so strayned & let it boyle in a pot till the vinegar be wasted away, stirre it continually, Lest they stick very cleane and close to the leaded that nothinge fall into it. Then take Oyle Olive 2 lb. new wax ℥ij lb. put them in an earthen pot well leaded and bigge enough. Set the same over a soft fire and let them melt by leisure. Then put into it Litharge fine beaten 1 lb. & ℥ij. stille stirre it and put in ye powder by little and little, till all be thoroughly mixt together, and the water be a Cawine colour. Then take the aforesaydd gums that were first boyled the quantity of a nut and put to it by such a quantity of atrimis, put in all the gums, over stirringe it to mixe and melt it.

take

take heed it boyle not over, or at too much heate. Dry, take of it selfe. after put in these simples. Take of the two kinds of Aristologia rotunda Calamintake Mirra. frankincense ana. ℥j. these must be made in powder, then power upon it Ol. de bay ℥j. and lastly add fine white Turpentine ℥iij. boyle altogether and stirre it well. If you would know when it is enough put a little into your water, and if it be so hard that it will not stayre to ye finger it is enough otherwise not. When it is power it into a great basson of water. When it is well wrought wth hands with oyle of Camomile or Lilies and bind it with for 3 or 4 houres, so lay it up in a chest desired. it will last good above 50 yeares.

Vertues of this Plaister.

Lady Derrick.

It is good for gall or raw sores. it dryeth, cleanseth, ripeth, good flesh it confirmeth, & comforteth. it healeth more in a week than any other in a month. it hinderth not any sort to putrify or any dead flesh to grow in it. for Ulcers Old, bruised, pricked with a thorne or otherwise it is most Expellent.

It drawetth out of wounds from wood or steel, the stinge of venomous beasts, it ranseth all kinds of Impostumes and Boyles to ripen, stinge laid thereon. It is excellent against the Canker or fistula and the Swinell. or soveraigne help to allayes all Griefs and sores. and for all kinds of wounds as the author Dr. Potter hath by mid experiment found it.

It is a singular helper for cuts out of joynt, so that the party said they felt no paine or wakened after.

For bruises and brusht you must not treat them torture they water before yo^u come to them. but only lay this on it, 2 ounces, and lightly sufficient to heale it or any other sore or sweling. But if dead flesh or in a sore before the plaster be laid that will not destroy it, but if it grow it will not further it be dressed. When yo^u lay the plaster, put them in oyled paper or cerecloth, for it will drye the matter from drying too much. Lay it out of the hand or wound.

The wound water drink &c.

Take wormwood, Bugle, Whitwort, Wood sorrel, Sanicle, Plantaine all Dr. Duncombe. Dandelion, Liverwort, white Lilies, Bramble buds, daisy roots & leaves, Honey suckles, Scurvy grass, Lavendar flowers, Egrimony, Gold-mullen, Centory, Mints, Fraxinell ana. M^ij. put to this these herbs a pottle of red wine, and a gallon of clear running water, boyle all these together till half the liquor be consumed, then separate the liquor from the herbs and put it into a glass, then strayne the moisture out of the herbs and put it in a glass also, then power it into a posnit & put thereto honey Lb^ij and let it boyle a pretty time, then put it in a glass stop it close untill yo^u use it.

Let the patient take morning and even 2 or 3 ℔ till Lb^ij be taken. It hath performed very strange things. Note. the good for food both old and new. for wounds in the body. Laying bottles upon them a plaster of Honey and wax. for corrupted breasts. for putrified wounds rinsinge them to heal. for wind in the stomach and to breake and Impostumes rinsinge it to come out. It hath driven stones out of the body that have long layen there, and healed the place of the grieve.

A blessed Ointment.

Take May butter ℔ Balm, Orange leaves, Mithridate, Elder leaves, Sage, Glory, Mallows, Mugwort, St Johns wort, Mary gould leaves, Pellitory, Feathefew, Tansey, Spikenard leaves, Pennyroyall, Scurvy, Lavender, Gold daisies, Rosemary, Fennell, Engine, Bittermoord, Hyssop, Southernwood, Plantaine, Strawberry leaves, Alexander leaves, Henny leaves ana. M^ij, Costmary, Comfrey, Camomile, Columbine leaves, Hepatica, Liver leaves ana. M^ij. Beate all these together in a mortar well, then put them and the butter together in a pot and styre them well, with a pretty while, then take them off and put in oyle of Hartshorn of Lilies, of Swallows ana ℥ij, let it have another warm, then strayne it well and keepe it close in a pot.

For one yt is very weake.

Take Sanagrass, Betony, Sorrell, Plantaine, Lemmony ana M. Dryfyed flowers lb 12 Dates, Red Cedar lb ß, Cordiall Lb. 1, a Crust of white bread, 3 ounces of ginger bruised, a Stick of Cynamon, Sack water Qt. and a Corke, boyle all these together 24 houres close stopt that no aire enter in. Set this pot in a great pot of water to settle in and keepe it full till yr Cinder be enough. Take 3 or 4 Cof stilled to drinke as oft as yr will.

An excellent Poultice for a Bruise.

Take good white wine Qt. Yolks of 8 Eggs Lb ß, boil them very small and boyle them together till it come to a P. and lay it to yr bruise. Pro. E.

An Oyntment for a Bruise.

Take Sope and Lye ana 1 lb Way Barrs and wormwood ana ß lb. stirre with 3 lb. Beat all together till the Barrs and put to all onte, then take a Pottle of fine oyle Salad oyle and strake the Barrs and put into it till all be alike, tooke it very close for 8 daies, and then boyle it in a faire pan over a soft fire stronge it and boyle it till it be an oyntment then pot it.

For the Piles.

Mrs Jason. Take a quantity of unslaked Lime, put it in a pottle of cold water dissolved let it in a glass, then to the place as hot as may. The partie keepinge bed. Pro.

For the Tooth Ache.

Binde the stynk of the contrary arme at the bindings as hard as may be suffered. It will cure. Pro. Sepe.

For ye Bloody Flix.

Take yr tyle of a Bard sliced it very small and give as much as will lie on a 6d in posset drinke. Often proved.

An especiall Oyntment for swellings Aches in any parte

parte take or with Gould, and to heale a wounde sooner than any Balme or Salve, and for old Bruises, and very good to coole all angrie Sores.

Take a Gallon or pottle of new oyle Olive, then take slips Lavender Winter wood Wormwood & Camomile ana, spread them small, and put them into the oyle and stirr them well together till the oyle be of Vertue. Let it stand and rot till 24 daies be past, then set it on a Chardrell fire if it wante oyle put on more, and stir it with 3 houres or more and soften — ge can for that, stronge it well and pot it. Keepe it close, it will endure 20 yeares, but ondere the bottle, which yr are grieved anoynte the place with it before the fire if a warme hand for 2 or 3 daies.

To stench Bleedinge at ye Nose.

Take the blue of Sparrow and put it into the nostrill it helpeth wonderfully.

A Balm.

Take oyle Olive Lb. put it in a wide mouthed glasse, add the flowers of St Johns wort or millfoyle 2 or 3 lb, let it in the Sunne a month now and then mingeinge the flowers, then the oyle be red as Claret wine, then add to it Mastick and Frankincense ℥j.

For ye Stretching of Sinews shrunk, an Oyntment.

Take Elder stamp it & boyle it with butter & stronge it & anoynt to it ye place grieved.

An oyntmt yt healeth any inflamation though it be the Shingles.

Take litrisse of gold or silver or tinne tragant quantity, stamp them into powder fine, then take a little vinigar and put them all into a mortar with a little oyle of roses or vermuge that sodde oyle.

A pretious Oyte to heale a wound in 24 houres. Pro. Mrs Gilham.

Take of flowers of St Johns wort and Celandy ana milfoy put them in a glasse and fill it up with oyle olive. Stop it that no aire get in, let it stand 30 daies in the sunne, when the oyle hath got the colour of the flowers, strain it and put in a drame of Sulphur & a little Saffron, distill in a cooling stone, let it 10 daies, then anoynt the body 2 or 3 times a day to the stinge warme.

An excellent oyntmt for all aches & Lamenes.

Take Gerrude Feather few, great Basil, St Johns wort & Smalage stripe from ye stalke and pound very small, then take Mary butter & stirr it with ye herbs, let it stand 2 or 3 daies then strain it forth & let it stand till it be resolved, then take it up & mingle it with a little Quartsyrup, and keepe it.

To make ye Oyle Dchipericon good to stop blood of a greate wound eaches.

Take Dchipericon May. gather it the first of June. pick it clean and put it into Ballade oyle Qt. Sun it a dayes and then skimm it doe so thrice — Like it 8 dayes before every time taking away the oyle. then gather of the flowers and put them in shifting it thrice and 8 dayes betweene every time. then let stand in the sun with the flowers in till the oyle be — time. then let stand in the sun with the flowers in till the oyle be — time. then it water the pale yellow. It will last good 7 years. Pro: Jewithings wod and torn it water the pale yellow. It will last good 7 years. Pro:

For Deafenes.

Take the gall of a silver eele stinge roasted and dry roasted drop it into the eare and then put in claret wine. Pro:

For the Same.

Take a great Onyon. take out the core and put into it a little oyle de Bay and a little frankincense and a little Olium vitae. set the Onyon into the Embers to roast and when his roasted straight let drink a fine Pipe of Tobacco and put a drop of it into yd eare of ye side that side of ye eare. Pro: 2.

Another.

Take the juice of wormwood or Betony warmed drop it into the eare it assuages the hissinge & singinge in the eare.

To recover Blood lost by ye Green Sickness.

Take Dwarfe sorrel lay them to steep in Malmsey five dayes shake it off all and every Dram of myrrh, tut, Cl. putting powder of Nutmegs grated and saffron on them. Pro:

For a paine in the Side.

Take Aristwort & Lungwort stille them and strainge it. put sugar to it and drinke thereof daily first and last and acquit ye place with oyle of cattell.

For a great Burninge.

Take a quantity of Potato roots stilled. take of this water, water 2 parts & ye third parte Lungwort wine wringe into ye juice of 2 almond pattem it drinke it.

For a Scauld or Burne.

Take sheep suet, old Soap, the greene roots of Elderye sheeps dung stille them & when you lay them to put in Oleum vitae Cl.

To lay a Swelling in the Yeare.

Take mullet, Pepper Coses and honey shake them well together and lay them to the place grieved.

To open the Pipes.

Take posset ale and put in Leyshed of the Sun steeped & chrumes finish boyle little well in it and then sweeten it well with white sugar Candie and drinke it as off as you please.

A posset for a burninge Agne.

Take milke Qt. boyle it then put in Eldere water Pt. 1. some sugar & turne it into bloud. then take off the Curd and drinke the drinke.

For a Strayn or wrench.

Take Neals-foot oyle Balme and Elder flowers ana Mj. put these in a glass and sun them a time.

A medicine for a sore Breast.

Take Samarit Bugles of ye wood Yarrow Centory, ground wormes. Slit and scraped Hemp, cut yet wrest ana Mj. stamp all together with oyle or fresh Butter, then warme it, off the patient drinke it first and last.

To heale a sore Breast.

Take Ballade oyle, Oyle of Roses, Turpentine, wax & Lettis. roy it then all together & strainge it. Pro: E.

Another.

Take a quantity of Mallowes, strange Ale, sheeps suet, ballade oyle, the fresh urine of white cattell, boyle all together, wrast the sore with a cloth warmed, ad off as you dress it.

For a Surfet in any one.

Take aqua tempestiva, dragon water, Ale water & Ostarts ana Cl. shake these together and drinke it.

For a woman ye cannot be Delivered.

Take ye Mother ye Lockes the Hart and white, date stones Rosemy seeds red Claret quart from them or else take the wine ana. shake them altogether and let her drinke it in a little Mart & let then take ballade oyle Cl. fill it with white lilly flowers & set it in the sun put 2 ounces of mustard in a quart water & let

An approved medicine to cause speedy Deliverance the Infant dead or alive.

Take Mugwort & make a Bale thereof, and lie the roots in it then in top to the navell. of fire raw indure it for weatherts. If not tell the starrs wet in water and make a plaster thereof and bind it to the Navell as hot as fire may. Ride hire as unto Mynchin as a hazell nut. Take to powder & drinke it warme wittewine.

For ye biteinge of a mad Dogge.

Take the liver lights and bark of the mad dogge and boyle them very dry and let ye ofte often tat some of them, and drink some of it to powder & the rest drinke it like 3 mornings of the wound be paste. Kill the wound of the haire of the dogge like the ranklings of hot lord or paste. then anoynte it with fallow oyle to get out the haire. then lay to any salve to heale it.

A drinke for biteinge of a mad Dog or Adder.

Take Mithridate or good treacle. Leyland of ye fouer 3. distille it into a little draught of Malmsey or Sacke, & drinke it and weed strong wine for a hour and tat good store of Barlicke with meat for that keepe the wounde open.

After the wound take barlicke. ye strongest Ungent, the best Mercurialum, or Detracle. stamp them together and make a plaster & apply it to the wound. It will not be good to use ranklinge salve a good while.

For the bloody Flix.

Take in ye midst of May the greatest Docks as yellow as gold put them in a hot iron pan & roster them with a Tile till they be dead. then bruise them till they be a little dry. then lay them against the fire and dry them softly on a tile that they drop and leave about the middle stop them.

For a sicknes falne out of ye body into the Legges.

Take Drive leaves and seeds & collow boyle them together and lay them on a Searcloth to the legs. it will draw out the macoris. taste not any thy searcloth though you dot the medicine.

An oyntm. for Swellings. Aches. or to supple joynts.

or

or Sinews in ye Face or any parte, or to anoynt a weake Stomach being warmed & well chafed in with a hot hand. approved by many.

Mrs Manfeild.

Take halfe a pinte of Worcour flowers & a qt of a pinte of the Dogs and leaves. of the briar that growethe lower on the ground Rosemary Mint. stamp all this together and then put them in a little. and put thereto ½ lb of ye oilive oilive inflated. let it boyle till all the pure of the herbs be runne forth. then take it off. & let it stand 2 dayes & 2 nights then strayne it (when melted again) through a new piece of ruised Dunnas then put into it ½ Mark of lb beaten small. Wax of lb mutton tallow of the fat of a rompsteake of lb. boyle it again till it come to a very soft oyntment. then put it and rocke it very close. other wise the Mint will take it all.

Excellent for one ye is Blasted, for ye Gout. Struyne, or Cutt.

Take Salad oyle a pottle. oyle of Roses Pt. venice Turpentine ℔ ii. Frankincense ℔ lb. Myrrhe ℔ lb. Dragons blood ℔ lb. Bitony ℔ lb. boyle them all except the Turpentine in a stone Pipkin; not in brasse. stir it roustantly, raise an heare. then strayne it and put as yet warm into a stone pot & put in the Turpentine and keepe it very close till it very cold. then put it in what you will. and anoynt the place bitter. Note that making it in May & boyle it with the Doore not wood. and lay third on a cold stone very hot out on all other inferiorities cold.

To breake any Incombe Bile or Swellinge whatever.

Take the strongest Sacke a pint ye can get. put to it a good quantity of ye bread or rather rye leaven boyle it together till it be very thicke then put into it a good quantity of oyle of Roses leaves and all. & apply it very hot and doe it as often as the paine raigne. Pro: E.

To kill ye heat of any Sore.

Mrs Duncombe.

Take Smallage Margarell leaves & Sorrell ana Mij. stamp & strayne them take ½ pint put thereto as much white wine vinegar as ye. & stamp them together then take a ball in it & lay it to the sore as it dryes wet it again.

A water to wash a sore with.

Take very strong white wine Qs. put thereto red sage Mij. quantity of a walnut in allum English brow (3. oyle glad from Qs to Ps. Colle it.

Ch.

To cause one to drink.

It may be a great deceiver you may keepe them all the yeare. Also Hart: Hyssop and Parsley stampt and bruised with white wine and drunke warme will cure.

To stay the Bloody Flix.

Take the Pissle of Pomegranates: Cinamon and Bolarmoniacke in powder, ana: put them in springe water and drinke them procured. after the flux is abated Pl. goggis to the Mouth that may be suffered. Probatum est.

For the same.

Take red wine wormwood water, rose leaves, Camomile flowers. Alum and salt, parched together in a frying pan with a little vinegar then seethe them altogether till they be tender, and make a plaister thereof lay hot about the navell. Pro:

A Sirop for the Lungs.

Take Hyssop Mist, Lunla Cornana leaves, Horehound of Bolsfoot ana, M: boyle them in a pottle of water till it come to ℔ ij. it must boyle 7 houres. then strayne it and boyle it with sugar fit to be a sirop.

A Candle for the Backe

Dr Butler.

Take the pith of an ox tayle the first joint: cut it small and grind it with mustadine Pl. then strayne it and boyle it in a dozen stirks. ℥ xx. of Cynamon as many large Mace, 2 Nutmegs sliced. Rose water ℔ ij. Sugar ℥iiij. let them all boyle a little then take it from the fire take two or 3 doze together fresh and hot and put a little powder of Coralls and Amber in it when yo take it forth.

To strengthen the Backe.

Mr Welbie.

Take Mustadine Pl. Organe Mist. in Summer & Winter the roots, a good quantity of ye marrow or pith of an ox tayle rage. Beat the pith of an ox tayle small and strayne them with a little Mustadine, & timber it when the water of a new laid egg. a little Cynamon, salt and Nutmegs, that it may be like a Chaudle of ale to take of at 20 houres time. This is proved to be very sovereigne for them that through weakenes unfaynedly of their midriff, or for any other weakenes in the backe. Ministred by ye Lord Bacon of Verulam good.

An excellent Salve for any Sore.

Take Litharge of Gold and beating it very fine, boyle it in a mortar shaver it out and putting in it a sufficient quantity of oyle and vinegar shiver it well together, all out of water, it dissolve butter and then with kneaded the sore, & lay upon it a plaister of Diaculum.

For Swellings in the Throat a present remedie.

Take the dunge of a Lizzen with mode, boyle it with Musfadine and lay it to the nape of the neck in great est.

For a woman newly Delivered, feeleinge her selfe sore Bruised or Sicke.

Take, hyssop, mints, thyme, pennyroyall, sage and parsley roots, seethe them in white wine ℔ ij. or water, then strayne it and put sugar and Saffron to it and drinke it morne and even.

For the Fallinge Sickness.

Take Peony roots dryed ℥ij. and thymed Vetton, put to it a lb. ℔ij. or ale or cyder, boyle it and drinke it morne and even. Pro:

For the Piles.

L Tufton.

Take the marrow of 2 hundred leg of sheepe. Lagrysed barley M: thyme, eldern and ivy, strayne with the marrow untill the liquor leave goeing then strayne it, roole it and put it in a bladder. Probatum est.

For a sore Mouth or to wash a greene wounde.

Take plantant, Shell it in May and winter rosell, and honey, sorrell water, Roses dor blowe, of water water take ℔ij. put them in a glass together, Adder Dangwine ℥j. stop it close and let it all Summer.

Oyle of Cynamon very soveraigne.

Take Cynamon stamp it grossly then put it into a glass with Malvesia wine, let it stand 3 or 4 daies, and then distill it with a small fire. Before with rose water (the oyle and water will go shall separate. some use to distille it twice done, once with rose water. This oyle is of marvellous vertue for it penetrates through flesh and bones, and is very hot and dryes, is a very good against all rouell and most diseases especially for the heart and head. If thou let goe the oyle it will recover him. It releaseth all diseases that come of rouell and pituymatick humours. It dryeth and strengthes the vitall Spirits, it helpeth them.

when that have great paine in their Bowels and bringeth forth the Stones. if they drinke a little of it with oyle of Myrra tempered in the wine and anointinge any tender place especially the Jaw and the hands it preserveth away the unbelief and speake warmeth the breast, nourisheth the Brain and ranckle sheepes. The Water is good but the Oyle most excellent. - - -

An approved Salve to heale and Draw any Impostume Fistula or Swellinge in any part of the body.

Take small Dorke, put off the Barke and take the middle stringe take my. of stringe fetteriche or more and wrynge them in the Barke and lay them in Embers to roast very tenderly. If ye want Barke put them whole in pappe to roast, wh when they are in the Embers ye shall see them Lock black. then take them out and put to them some hogs grease the rendered by the better grease with ye knife crushe them and mingle them together and it will be like a salve. then take some Dorke Barke or a Cloute and lay it hot to the place do this twice a day, yet this doth heale a Wound, and draw all Swellings Impostumes Fistules or any plaster sore. hold fast of water lord yet to any place of the body, arms, hands or legs. - - -

For the Mother.

Take methridate 1 dram. dissolve it in wormwood water ℥ß. give it to drinke 4 hours before meales. -

For a Tetter or Ringworme.

Take white Vitriol ℥ij. Verdigrease ℥ß. Allum ℥ij. beat them altogether and put all these powders into Lundge water ℔ß. let it stand 6 or 8 daies. then take of the Clearest of the water, and wash the tetter or Ringworme and it will cure with 4 or 5 washings. -

A Glister for ye worms in Children.

Take Water petit oile and oyle gardin purslan in it till it be strong of it. then strain it and sweeten it with Syrrop of Violets ℔. and crushe sugar. so give it. I have seene this administered and found most excellent good. - - -

For an Ague. -

Take pigge, scarr it very fine and mingle it with Aqua vitae and boyle it

it till it be like a salve. then anoint it hot to the wrists an hour before the fit. and let it lye on till about an hours before the next fit come. then take it off and lay on fresh hot. it lie on till about an hours before the fit be ready to come again. This thing have with taught ye shall abide as to mislike with the Aqua mere. This hath done good to many. I and I have found it proved. - - -

Sir Thomas Podit also boyled with Lavender and drunke it excellent. Thus hath often been proved. - - - - E. G.

To Keepe ye Small Pox from Pittinge.

Take a fat breast of Mutton and boyle it and then skim the fat off the broth as cleane as ye can and when the boyled the pulse that swim all round forth amongst ye fat, all cover with the fat round and about a ℔ of an hours after ye have done that one before then do not it twice also over with twice or three with a feather twice and before that be dry do it with the fat again and about a quarter of an hours after with return again. so that ye before then, never do more for ye end, for it will scyle all. so that ye must with them in the night also and never after to pull the skin off. but let it come of itself. so doth kill well. Sir Robert Cecil hath tried this and can find it hath done good. - E. G. -

For a younger Child ye is troubled wth the Phlegme. -

Give it a little pot of Water of Grass with sugar. it will cause it to avoid it water the almost mouth and stand with it. Dr Cox.

A medicine against ye Plague. -

L. Tufton.

Take the roots of Wallwortle, Dittany ℥j. of each much more of Grass. Bay Salt ℥ß. pound altogether into an Electuary, then make a posset of milke, a put the quantity of a small nut of the Electuary into a posset. so drinke of it fast of fast. -

For ye same. & hath cured many. -

Take an onyon, rub it really warm through ye midst, then make a little hole in one of the halves, and put in a little Mathridate of as much Treacle with a little good sugar. mingle altogether in the hole of the Onyon. then lay them priest together against ye posset in the Cinders, string wrapt in a little Brown paper, when the very fast take away ye onyon, a strain all the water in infection through a fine Cloth, a let the patient take the liquor of some Cardduus or Dragon water, so soone as the feeles of infection take hold of him. -

To comfort the Stomacke.

Take a good broad toast of the bread, stick it full of Cloves, then toast it and when the toast is toasted take a quantity of Malmsey and as much Vinegar and put in the toast, let it soak well, then strain on it Mace Nutmegs and Cynamon in powder, then lay it hot to the Stomacke.

For ye Stomach & to helpe digestion.

Take Aqua composita lb. Cynamon, Mace ana ℥j. Alexandrians roots the mucilage of a walnutt sage, fenn. Rosemary, hyssop, and sweet Mint ana ℥j. shred them and put them into the aqua with the spices bruised put all into a glass well stopt with waxe, then set it in a pot with water so let it boyle a whole day on a slow fire, then strayne out the herbs and put to the liquor fine sugar ℥ij. the red rose water q.s. so boyle them to a syrup, then put it in a glass, take before and after meales at a time ℥j.

For ye Stomach oppressed with Stitch, Wind & Colliq.

Take Balme, Mint, wormwood, red rose buds ana ℥ij. a good quantity of Mace, Nutmegs sliced bruised, 20 Cloves bruised, a dozen of fair bay berries and grated small, mixt all these together in a linen bag warm it over red coals, bruise it with a Pestle and ring, apply it stay hot to the navell during fit. Pro.

A sirrup to comfort ye Stomacke.

Take Mints, the tops of rosemary ana ℥ij. a good quantity of mace, boyle all in water lb. then put to fine sugar lb. ij. sugar ℥ij. boyle all these together and drink it morning and even. Pro.

For the Toothacke.

Take Dragons ℥ij. Mustard and henbane ana ℥j. fine sugar ℥ij. boyle it hot in a fine and put round the it in a fine Cloake and lay it to the tooth paned.

To wash the Teeth.

Take Coriander lb. Alum, Vitriol ana. ℥ij. Allum of Spain ℥j. boyle these together and wash ye teeth with it.

For a Consumption.

Take a Boar pig that dyed ye fourth night and dress him, then off his head and boyle him in strong water a good while, then put the flesh a pottle of the

off Mustadum, Lemons and Rosemary ana ℥iv. dates ℥ib. a quantity of Cloves, and Mace whole, boyle altogether then strayne it and drinke the broth morne and even and when ye please.

For the Stone.

Take the seeds of Saxifrag, Brunell ana, Aqua Campana roots a small quantity, bake these to dust, & drinke it in white wine warm at morne and rouse at night. Pro.

To stop ye Flux or runinge of ye Reines.

Take Samirt, seethe it in wine or oile and take it in a morne fastinge. Dabes is no medicine so good taken that will work gently, drinke then ale.

An approved Searecloath.

Mr Williams.

Take oyle of Lilies ℥ij. Virgin wax ℥iij. with these then put in dried Jovial ℥iij. small beaten, let these boyle gently together at least five houres until they change their color. Then put in Camomile & dram & a half small, boyle all 3 or 4 walms, then take it off boyle it change color and prove stiff, and rub in ye Cloaths.

A Searecloath to take away the Red spots that come by the small Pox.

Take of the windest virgin wax ℥iij. strain it very thin and smooth that it may come mellow, & take Spermacet ℥j. put the wax hot in fair silver stinge and when the mixture is a faire paste of Camomile or fine Cloaths wet in it let it lie wet all over, put it into boyle in fair rose water, then lay it on a faire board with a Cloath under it, and sprinkle it all over with white rose water, and let it lie four houres on board, then take the rose water from it and wet the Cloaths with water gruel, and make it lie thin in all places & then turne it and put rose water on that side, and wet it as the other side, then shake them well very well, and so keepe it to ye sick for an excellent remedy, doinge hath no.

An excellent Balme for a Bruise Spraine, Ache or any Swellinge.

Mary Blincoe whose Receipt the Yellow Salve was

Take salad oyle lb. put it in a broad mouthed glass and set it in the sun put in it these flowers as fast, your in season, flowers of Solandine Mig. Red rose buds Mig. Grinsell, Bugles flowers Mig. that growth in wet ground and

and commonly called Scighdale. Camomile flowers Mij. flowers of Hypericon, called St. John's wort Mij. Cutbery flowers Mij. put to these pints Compendium ℥ij. let all these boyle in the sun all Summer and in December warme a glass with temperate warme water, & strayne it so keepe it, take the herbs that remaine out for body and an Excellent poultice. Amen.

For ye Sciatica or ache in ye Hips.

Take Bazes Dung, fryse it in butter & lapit in a cloate and lay it very hot to. Amen

Another.

Take fatted ballowe and a quantity of Oyle olive, boyle these together stirring warme, put ledes to a small quantity of strong wax shreed together with and add the powder of mastick and Sanguis Draconis (strayne the same wonderfull hereof altogether) into an earthen vessell and ad hot as may be amongst the greeved place. Pro. est

To stanch bleeding of a Daigkn.

Wounded a dogge in out take a peece of brand alle tie fe as much as will stope the wound, lay it first on the hot embers, and ye it must take till it be through hot, then put it hot into the hole and bind it fast it will staunch it presently.

For one that spitteth blood.

Take the gut of Bittony and temper it with goats milke and drinke thereof 3 dayes.

For ye Fallinge of ye gut out of ye fundam^t or Ruptore.

Thrust with yor warme finger or wooll ye must put the gut into the right place, then make the bale take sandgranate rind and the roots of Orrard, the flowers of rosed dryed, take betony burdock ellom and galls ana ℥ij. boile them in rainie water, add Vitriol red wine Qi. Clate them to a bale, let the mild fit the skin on to the Stomit. Oyle of mastick is very good for the hand of the fundam^t & bind with another after the gut is in its place. Amen

For ye Pricking of a Thorne or Needle.

Take mallows flowers boiled bring it with wine vinigar boyle it till it be mette and make a plaster fit & lay it to as hot as may be suffered, it will ease the paine, open the hole and draw it again. Amen

Hyp.

For one ye cannot hould his drin.

Take flowers of a goate burne them and make powder thereof and sift it in ye posset, a spoonfull at a time. Amen

An excellent water to wash a Greene wound or old sore.

Take Columbine leaves, wood sive leaves, brownt Sage, rush Cresse leaves ana Mij. Rosemary Mij. boyle them were in a pottle of malmsey or rimmingt water then put in honey ℥iij and a ℔ of brown sullom. Amen

An excellent blacke salve for any sore.

Take wax ℔ ij. Pitch and Rosin ana ℥iij. oyle of balme ℥ij. sallade oyle and Turpentine ana ℔ ij. melt altogether in a little stone pottle then take dulcord leaves, plantaine leaves, Rosemary, hoppes and Mij. Rusle the herbs well and put them into the pottle, and let them boyle together order a gentle fire and stir it often. Boyle it till halfe be wasted, then strayne it through a new rushe sieve so ye may keepe it 2 years good. Yor must take it off from the fire as oft as it ristles and when it falleth set it onto again, this salve will not shake a great sore throughly, yet till it have first drawne out all the dead flesh & corruption and then it will heale it speedily, so out any other salve. Amen

For a Wen in any parte of the body.

Take 2 ounce wooden ladle & heat them at the fire & lay them on the place as hot as may run suffer them one after another so that still a warme ladle be on the wen, then off it 2 or 3 houres for 3 or 4 dayes & it will runne away.

Excellent for a spraine or Bruise.

Take Wake robin Oyle and ould malmsey ana ℔ i. boyle them together in a new pottle stopping till it come to ℔ ij. strayne them were hot till it come to a salve. Amen

For an Ache.

Take an ould fat blanket, shake him and dress him, cut wash him not, then take Elder leaves ℔ ij. Brooke flowers ℔ ij. put them all in the hand of the old, and roast him as long as the wife will drip, put it in a pot for ye syke. Pro. est.

A drinke for the Tissicke.

Take of the best wort ℔ i. fennigreeke Mij. Liquorish ℥ij. Brusle Liquorice Oz. ij. Williams aniseeds bruised ℥ij. boyle it till halfe be wasted, then strayne it and put to it Graines ℥ij. drinke it first and last. Amen

An oyle for stretching ye Sinews.

Take a pottle of Milke, foot oyle, Butterbs, Galls, Olea rosarum, ana ℔ j, Rose water ℔ j, Laudanum rotten, strawberry leaves, bay leaves, ana M j. Bind them together and boyle them in every a foot, till, while they begin to shiver then strain it into a glass. Pro: 6d

For a white Canker.

Take Smithes water ℔ j, honey a great ℔ put it in the water round, and quantity of a drag in Lower Morton. At it boyle the first, and skim it as long as any scume arises, then put in sage & woodbind leaves, ana M j. Let them boyle pretty in it. —

For the Red Canker.

Take red vinegar ℔ ss, allum as much as a walnut, honey ℔ j, woodbind leaves, sage and hearts of grass, seeth it and put it in a stone pot and let the pipe cover it, then take the leaves and lay them upon the sore place. —

A water to kill ye Itch in a wound.

Take an ounce allum as a drab, halfe as much ground Copperas a dram, then in a fryed pan, then take running water ℔ j, let it boile & put the powder in it and wash the wound with it. —

For the Stone in ye Backe, Kidneys or Bladder.

Mr Moores.

Take 6d of the best sweet Turpentine, and take what quantity will serve yet twice as ye Hundr. worth it well with ash ash water, till the ash white lay white cloths, then take it and the instrument wch serves it with, and first handings of the finest sugar finely beate, worke the Turpentine in the sugar till it be stiffe enough to make pills of, make them as big as big as the hardest peas and 6 take of them of for 3 mornings together over in a morning early wch Butt of potatoes, at the breake and fast of the leaves. As soon as ye have taken the 3 pills drinke a good draught of white wine & sugar, if the patient be able may drinke Sack and fast after it an hour. If ye must ambergreece in making ye pills fix the after and more Coriander. The takings hereof just under the patient from any sweetness we delight to be. This hath been often proved and found good. —

For a woman that is rent.

Take Verrue, and seeth them, and take the water and wet a cloth

and

and lay it to, till that force him selfe well, then use it no more, for ye may use it too often. —

To knit Sinews that be cut.

Take vitriol ℔ j and dry it at ye fire, and beate it very fine then wet it with fayre water not too stiffe, lay it to the wound a strange if point adage, & use it 3 dayes, then wash it off and lay on ye plaster.

A Purgation to be applyed outwardly.

Take Colloquintida as much as a walnut, Oleum vitriolum as much as a hazell nut, a good quantity of the hearts of Mercury, Mallow leaves ana. fry them in May butter or other new made and unsalted butter. Take the rate out and bind the things in a linen bag to the Navell and keepe the oily with the juice not a little and that with purge. Under ye for it works take it away & ugly it as occasion shall serve. — Pro:-

A soluble medicine to provoke 2 or 3 stools.

Take 3 borage leaves, boyle them in unsalted butter and bind them to the Navell very hot. Pro:-

A Purgation for all causes.

Take Lubarb ℥ j ss infuse it in a ros of Muskadine or good ould Malmsey, and drinke the same as other purgations. Pro:-

A purgation.

Take 20 roots of polypodium Dimistrde, M j. bruise the roots and seede and put them into a pottle of Claret wine and seethe them to ℔ j. then put in Olea rosa M j. and boyle it a little againe, then let it stand till cold & put therto a dram of Lubarb and let it stand all night, strayne the strength as a Coppered bag drinke therof fasting. Pro: 6d

A Glister to breake Winde.

Take faine water ℔ j, Mallows M j, Dill, Fenigreeke, Rosemary, Camomile, annis seede, a handfull & Oleum ana M j, boyle them together till the water be consumed, then strain it and a sawcer full of Salad oyle & a good quantity of Gillaflowers with a reasonable portion of salt. Pro: 6d

A sup-

A suppository:-

Take a little English honey and boyle it well, then put in a little bay salt and a quantity of powder of Rue, then roule them on a trencher with a little fallow Tyle and let the patient take it.-

To stop the Lask.

Take betonie, Plane and powder of Cynamon make it into little balls or pellets and take 3 at a time fastinge.- Pro:

For the Dropsie.-

Take a Sponge warme and lay it to the patients nauelstone, and it shall drive out the Dropsie. ---

A medicine to killl wormes & Purge winde in a child.

Take Pellymintes a scrupl, bay berries and Cumin seed ℥ij. take the seede and berries small beaten all seperally, mingled with an Oyr gall and dinger rubed strange ℞. spread the same on a cloth like a plaster and lay it warme to the Childes Navell the breadth of a hand, shift the same every 4 hours. Pro:

An excellent medicine for a stinkinge Breath whether it proceed from ye Liver, Braine or mouth.

Take conserve of the roses, rosed and violets ana ℥j. the water of fumitory, cowslip, dinger ℈ij. Lye water ℥ij. cinnamon water 3 grains, Musk 2 grains, oyle cinnge first ground small with a little Lye water, mix all these with strange ale Claret wine ℞. Take first and last fast. - ye mouth doing first well washt with vinger and sage, and rubd with a drye cloth, rise to rub or talk ye Temples & behind ye eares to ye hand.

To take away Quornes.-

Take mastick and dissolve it in ye oyle of roses make thereof a salve spread it on a cloth and lay it to. it will take it away.-

To take away Warts or Quornes.

Take Sarin & saffron of each a little, bruise them together a little hen part yet Quorne or warte and bind to the inde drinke.-

For ye Fallinge Sicknes.

Take a ffrey and cut it along the backe and take out the Liver warm

it in a wooll bags, then put it in a new earthen pot & dry it till it will bate to poudder and give it to drinke in Ale or white wine and so continue it till the ague be gone.-

For ye deliverance of a woman whose child is dead in the Wombe.-/

Take a quantity of Malmsey, let it seethe a good while, then put to it the poudder of Dittany, the quantity of a date stone or more, halfe so much poudder of Myrrhe a little English saffron a little Cumin let it seethe a while then give the patient thereof to drinke.

Another.-

Make a posset of malmsey or white wine, take off ye curds & put in 3 tops of Rosmarie and a little quantity of Rue mixed. boyle the posset drinke againe, then strame it & let the woman drinke of it. Pro:

For Franticknes.-

Take ye skin of a hare and anoynt it with oyle of Roses, and bind the skin to the head as a Vertigo, and let the patient keepe the same to the head night and day.-

Another.

Take Sundry juice ℥ij. good dinger ana: dry a linen cloth therein bind it to the head. doinge first hands. ---

An approved medicine for ye Piles in ye Fundament.

Take an egge and rost it hard, take out the yelke and grind it small on a stone, mingle therewith the oyle of roses, the poudder of frankinsence & Cumin of each ad mitta ad well stirren it like a plaster & strange very warme apply it to the sore upon a white cloth. midge bottom and it is a perfect medicine.-

For ye same.

Take ye weeke of two new laid eggs roast and very well cleanse them from the white, put them to drink in a good ℔. oyle of Lillies ℥ij. stir them together take a salve & lay it on a cloth warme to ye sore & change it often. Pro:

For the yellow or Blacke Jaundice.

Take red docke roots, ye artichoke, strange berries + bran, wash them & bruise them in a stone mortar, then put to them a Lettle of stale ale, & strain it to ℥j. & put therto English hony & saffron, drinke thereof warm & take blood warm. Pro:

For

For the Goute.

Take a pot vinegar, stir him and put into him Clarke's sinnile, Cummin seede, rost him and anoynte the grieved with the oyle as a very soveraigne thing.

A water for sores approved.

Mr Aldersey.

Take faire water & Gallons which runneth towards the East, very fresh, the tops cut off Min. Scabious Bard and flowers, of Red sage ana Min. Sage sweet Cumfrey sunk as they first come, with adder tight, and the roots, Liddes of Brasil. Betony, Poplar buds, Stitwort, Strawberry Plantain, Smallage, Red roses wise and thrice on ana Min. set all hoose in the water till 2 gallons be wasted, then strayne it and put to this water English wine, Lin. Lord allum 1 lb. Madder 1 lb. being very fine seethe all these together till half be wasted, then put the water into a faire glass bottle the longer yt kept it the better it is.

This water is to be made in May Summer or May.

A Salve for any wounde.

Mr Aldersey.

Take ladder of Brasil and Plantane Min. Groundsingle Stitwort, Bugle Scabious ana Min. Agrim Min. Smallage, Sengreen tongue, Self-heale ana Min. Turpentine, Sallad oyle, Basin Wax, Sweet grease or Barrows grease and Mutton suet, set these on the fire till mutton suet wasted, the almost could against put in it the herbs, being first shred and stamped then all boyle together with a soft fire halfe an houre often stirring it, then take it off and strayne it.

A Tobacco Salve good for a Greene wound.

Take oyle of Roses, oyle of St Johns wort ana ℔ j. the barke of Tetano stamped in a stone Mortar 2 lb. boyle these together to the consumption of the juice. Strayne it then and set it on the fire again adding thereto Stiraxe Turpentine ℥ iij. Olibanum and Mastiche stamped in most fine powder ℥ ß. then you may at all time make into a salve or ointment by adding thereto of wax and Rosin to give it a stiffer body. This wonderfull ingredient well distill and distribute thereof, as allsoe wounds and punctures. This was given with this following for Scrofules.

Take.

Take Tetano bound 1 lb. cut them yellow wax and resin ℥ iiij. boyle them together till the herbs be charred then strayne it put to it Sallad oyle ℔ ß Stiraxe Turpentine ℥ iij. washt in rose water.

A preservation against ye Plague.

Take 3 mornes together as much Stitwort cropped as a Nutmeg, put it into Malmsey Lin. If any be infected bring taken in the road then get the quantity of 3 Nutmegs of Stitwort Tetarb stamp a large ℔ white dimid lin. running water Lin. mixe all these together and make it as warme as milke then let the patient drinke it going to bed and sweate and within 4 or 5 houres it will round to a sore, keepe the patient in a temperate sweat 3 or 4 daies after and abstaine of fatteings any could at all.

Purgeing Ale for a Consumption of ye Liver

Take Polypodium Spikenard Seminant Fennell Ginger Majoram Galingall Stitwort ana ℥ ß weight. Cinnamon Sassafrage Galingall ana ℥ ß weight. Cynamon ℥ ß weight. Extra Brasil and rodd Lxxx grs weight Saffron grs halfe a pecke.

To take away Freckles.

Take oyle of Tartar and anoynte them often therewith ye may find it at the Apothecaries. also take ffitches ℥ j. seethe it in strong white wine ℔ ß. till halfe be consumed then mixe with it honey lin. and Mercurie sublimatum 1 lb. weight seethe these together against fire it round stirred with that anoynt the Freckles, ye morphew yt it will take it quite away.

Oyntmt of Roses.

L. Gerard of Dorney

Take Damaske Roses ℔ j. with the tops cut off and shred them put them into a glass & put to them Barrow grease so much as the glass will hold, set it in a stall and water it. let it stand 24 houres, then fry and it very hard and beate it very well, then put as many roses to it as aforesaid. and do it so now and a third time. beating it at last for three or foure houres.

Dr Turner & Dr Atkins

For ye Stone & Strangolion.

Take venom Mallowes, Pellitorie of the wall. Marsh mallowes tops

Plantane

Plantane, Violet leaves ana. Mij. take strong Ale Qt. make it into a posset, take away the curds and boyle the wheye in the drinke then take shavings of peniroyal and oliveanda ana ℥ij. strip as yo make oliveane milke, then season it with Rose water and let it stand yo nite and drinke it warme as oft as you can. To be outwardly applied to the bottome of the belly take these. Comon Mallowes, Pellitory of the wall, Marsh Mallow roots, plantane, violet leaves, chamomile flowers, Melilot flowers, dill flowers ana Mij. quilt all these into 2 bags and boyle them in a pottle of new milke and apply them to the bottome of the belly and after the bladder for 2 houres together.

To expell small stones out of the bladder & reines & to helpe them presently ye make bleddie water.

Take Coriander, Grumell seeds, Cumin seeds, Parsley seeds ana ℥ij. bruise & lay them in Licorice wine Pi. to steep all night. The morrow boyle them in it and strayne it and put into the decoction a pint of ye. the quantity of a great walnutt beaten into fine powder, then drinke a draught fasting 2 or 3 houres fasting and walke well upon it.

For the Paine of ye Gout to give present ease.

Take clarke and white Slugs without shells on leaves barke a good quantity put them into a bag with bay salt Mij. hange them in the sun sithinge a porringer under them to take the droppings of ye very foul aigre to take ye Goute.

L. Mayworel.

For ye Stone or Colliq. Proved.

Take Cow dowes and horses ana ℔ij. Cumy seeds ℥iv. Cloves, Mace Pepper ana ℥ij. with Fennell, red Sage ana Mij. 6 Cloves, 6 a water Lilly roots. 6 Coriand. 6 Date stones. the white of the inner of a egge shelles burnt in the fire: all these dryed in an oven beaten to powder searced fine, and the weight of 2 groats of Spermaceti mingled with it take Pi. of wine in white wine fastinge in the morne and at night going to bed and if he can't make water let him have a pottle made with parsley roots, pilled and boyle them with 20 persons in the pottle & drinke it. Pro. E.

For —

For the Goute.

Dr. white.

Take red Sage, sweet Majoram, Rosemary stripes &Ottom of each a good quantity put them in a pipkin and dry them in the sun and beate them to powder and take of ye. 10th 2 or 3 corns of rose pepper, grosly beaten. So drinke it in white wine Cl. or what yo will take it in a morne 2 or 3 a month if it will present the Goute.

Almond milke to ease ye Sharpnes & bloddines of ye Urin

Take French barley ℔ij. wash it clean and boyle it very well in a pottle of water. then poyle away that and put to it a pottle of fresh water and ℔ij Mallow roots and Holyhock roots, both well pilled scraped sliced and pilled Liquid of the sum ℔ij. stones and all bruised in a morter Cynamon bruised ℥ij. 2 sticks of Licorice sliced, put all these to the barley and let it boyle halfe away, then strayne it and draw it with oliveind flannell, make it into an oliveind milke season it with Rose water, and sugar and take a good draught Morne and Even. And oliveind milke must not be boyled at all.

L. Gerard.

For the same.

Dr. Franke.

Take red 4 round sticks, ℔ij. yon way have them by that name. Liture and Lussan ana a little. Cynamon a little bruise yo seeds and boyle them in Burden broth, then with flannell oliveind make an oliveind milke.

An oyntm^t to cure Aches.

Dr. Franke.

Take Ant Camomile, wormwood, rosemary ana 2 great M. or more then together and boyle them in Malmsey Pint, till the wine be boyled away, then put to the wheye in Dung, Sweet butter oyle and beare grease ana Pi. Mullfoot oyle Pi. Mutwort Mace Cloves and pepper ana ℥ij. bruised let it on the fire and stirr stand simpering halfe an houre, then take it off and let it alone till next morninge, then set it on again and let it be ready to settle as afore said. & be carefull to stir it all the while it simpleth and after ye take it off from the fire let it rest, in third foot ye must set for a morninge together and the morne let it boyle very well for half an houre. stir stirringe it, then take it off and strayne it through a linen cloate that is fine and mixt very hard. stir it well till cold.

For —

For a weaknes in ye Backe or runing of ye Reines.

Take Amber red Corall and pearl ana a dram powder them together and take it morning and even with Conserve of Roses ʒss. Pro: E.

For ye Fallinge Sicknes a receipt much comended.

Take pure red Corall 12 graines beate it and searce it through a Lawne bagge and give it the child in breast milke as soone as it is borne before you give it any thinge else, by gods helpe it will preserve it from the fallinge sicknes.
Take the bone of the fore part of a dead mans skull and make it into a fine small powder, of the which if the child be of one yeare old or younger give it the weight of 2 graines but if it be 2 or towards 3 give it the weight of 3 graines and so as the child is in yeares give it the more in weight, but unto a man not under the weight of 8 graines. Take this powder ʒi a day fasting 2 houres after dinner and 2 houres after supper, and fast after that longe as you can, this you must doe 9 daies together, and if you see at the 9 daies end the griefe somewhat removed and not fully gone, then begin and take it other 9 daies as before. You cannot keepe a younge child fasting longe either before or after it therefore use your discretion but give it not for 9 daies 3 times a day. This powder is to be taken in black cherry water.

Mrs Bowres

Balsome soveraigne good to helpe ye diffiguring of the small Pox, for a wrench or Lamnes, a greene wounde, a bruise, inward or outward; & it may be taken inwardly or outwardly as occation is.

Take the best sallet oyle ℔i, boyle it in an earthen pipkin which never hath beene used. then in another new pipkin, boyle yellow waxe ℥iiij, which being boyled put to the oyle with white Turpentine and oyle of St Johns wort ana ℥iij. Mummie ℥j. stir these well together, and in the boylinge add Almonde rootes ℥j. then straine it into a gally pot in which it must stand without stirringe 4 houres till it be throughly could.

Mr Jo. Palmer.

A strong water to drinke whe winde doth oppres the Stomach.

Take a gallon of the best and strongest Aqua vitae. put unto it. The best sweet and well coloured ℥ij. white sugar candy beaten small ʒiii Cloves & Nutmegs ana ʒss. Cynamon ℥ss. the spices beaten together somewhat

small

small dates sliced thin. Raysins stoned ana ℔ss. Ginger sliced ʒss. Corall beaten to dust 1 dram. all these things put into a flanders pot of stone, and stir it 4 times a day for 3 daies together and let it stand a weeke. and when any is put forth, to be strained in a linen cloth. This hath beene often proved and found very good.

An excellent receipt for any extreame Loosnes or bloody Flix.

Take bread made in the beginninge of march, or on good friday, or within a day or two more or lesse. ordinary white bread, and when made, bore it through the middle and hange it somewhat safe till you have occasion to use it. the older it is the better, when you use it take what you thinke fit and beat it to powder. Likewise take a good quantity of Pomegranate pills dried and beate to powder. mixe them together and searce them fine, then take new milke ℔ss. thicken it with this powder so that it [illegible] hath helped many in extremity.

A drinke to be used with the former receipt for Loosenes or Bloody Flix if the partie be weake.

Take a skillet of new milke set it on the fire: when it riseth power butter milke round about it and uppon it, take of the curd & give the drinke. Pro: E.

A Glister for ye wormes to be given a Child as also for an Ague, which is cherisht by matter of Wormes.

Take Mallowe leaves, Mercury leaves, Violet leaves and Camomile ana M.ss. the tops of St Johns wort, Centory, Horehound, & groundsell ana 2 pinches i.e. so much at a pinch as you take up betwixt your thumb and 2 forefingers boyle all these in runninge water ℔i, an houre. then straine the Liquor and in 5 ℥ of it put browne sugar ℥ss, minister this for a glister an houre and a halfe before the fitt come and strive to make the patient keepe it a quarter of an houre the rest of the liquor may make the like glister for the next day.
This was given by Dr Chamberlaine to a child of 3 yeares old.

L. Dorey

An approved medicine to strengthen and to continue the Eye-sight.

Take in June or July a bushell of Bettony, a bushell of eye bright

Clay

him them in some warm place till through dry, bring the beard from the salte, and let them be ground to a fine powder together and part it. Take of it ℞ mix it with Beere in a spoone to take it downe. Drinke a draught of Beere after it doth the Gallings out first take it at 4 of the Clock also. Dine with very little Beere and go to bed the night.

For a settled cold or Hoarsenes.

Take Flower of Lynnide of Linseeds, of Liquorish roots, of Mustard seeds ana, flowers as much as will lie on a 6d as much flower of Brimstone as will lie on a 3d mix altogether well with English honey to make them into pills as big as a pistol bullet take 3 every morning fast 14 daies together and fast 2 houres after, & walke for an houre & sup after them. Dr. D.

To draw out a Thorn or Splinter though never so deep.

Take Black soope, Shalte and Turpentine ana. lay it like a poultice to the place. mm

To take away ye burning heat of an Ague or Fearor and to make ye body Soluble.

Boyle Detrum in Beere or Ale and drinke the Liquor in the hot fits, gather the beard upon the under days before the ayding. Drink then hot for sp.

For St Micrams evill in younge children.

Take Dittrood mg. wrap it in a red rolle wet dipt or else in a linen cloth, roll it in hot Embers and it will be a great salve then lay that salve to the Bone of the neck as hot as may be suffered. then take hard Starch of white Bread and Drunkell it on the mouth of the Child Head as a plaster, it will raise up the bone in 4 houres, yo may thrust the Disease by rules. If the Child cannot swallow, put will glister clysts in the Delicate.

A speciall medicine for the Wormes in the Stomach.

Take Lint wormes out of the earth a pottle, scrubbe them in a linen bagge, put them on the lower parte of the Stomacke & upon the

Navell let them lye 2 houres, and then take them off. It will raise the wormes in the body to come forth alive & Lively. Anoyle the nutrement bitter 3 daies before the fyll of the moone, ow 3 daies after. Dr. Lowe.

For Maw Wormes.

Take Maiden Leeke mg. Bruise them small fry them with some of an Ewes gall or salt butter, distrahtion with yolke and in a linen cloth lay it to the Navell.

For a Loosenes ye best receipt in ye world.

Take 6 or 8 ounces of Diacrodium with the powder of Cynamon sparked take 1 when yo goe to bed. in the morne 2. and fast an houre after. so continue at night against 1 or 2 as yo see raise & fetch red Roses.

For an Impostume in the Stomach.

Take Centory, Betony and Horehound ana. boyle them in white wine then take them forth. and with the Liquor make a posing with good rac sifted Rom and let the sick take sweetinge, abstinence but especially in the morninge, fastinge ℞. at a time. It will breake the Impostume and carry it away downward.

For the Convulsions.

Plantt Sideritis and the greene leaves of Ground Distill together id Spirituall 3 or 4 ℔ of the water taken at a time, fe id Sulphur powder to a man or woman, 8 or 9 grains, to a child of 6 years, oule or under but 5 grains, it must be given id Bardum or Rhum water.

A excellent Plaister.

Take Frankinsence Mastick Myrrha ana ℥ß. white pounded Ceruse ℥ß. Bay rind roots, Dog tree roots ana ℥ß ℥ß. Clarified Rosin ℥xiij. stirre it till it be thick, and then stinge the aforesaid things amongst it and make a plaister.

This id good for all paines in the Stomach liver kidnes bladder belly, and all other parts, yet it doth through cools, and the more Grand yo put in the stronger it is to expell cooles. it id especially good for the Dropsie, called the Tympanie. Dr. Lydiges.

For wormes in younge children.

Take.

Take Liquor pd 2 grained Coorne seeds 15 grained, make it to a good and in brew or milke give it to the Patiente for 3 mornings together fasting above an hour after it.

To breake the Stone.

Take the blades of garlicke garlicke stamp and strain in fair water, stop it close for 2 houres, then drinke of it warm of it for 7 or 8 daies.

To make a Bath to take away the Yellownes of the skin caused by the yellow Jaunders.

Take Orange with ground and barley, ana halfe a peck put them in a bag and boyle it in water with Scott heards, and when his hate warmed get into it and sit upon the bag, and have two bags of the same to rub yo the other with, stay in as long as yo can endure.

To make an excellent fomentation for ye dead Palsie.

Dr Hinton & Dr Dudley

Take Leaf Mg, Origanum, Balamint, Eaglewortary, ana Mij, greater Celandine roots, 2 lb, Champhill & Fennell seeds, Bay berries, Juniper, Stoechas, Bardanum seeds, ana ℥ ij lb, Camomile flowers, Mij, Marsh mallow roots, ℥ ij, boyle all these in 8 gallons of water, 8 gallons of Ale, 4 gallons of Earth, but put not yo Earth in, but let it boyle enough. Fro. 8.

A drinke for the Consumption.

Take Barley, Lb, put it in a pot with a gallon and a halfe of springe water and let it stand 24 houres, after not boyle it, but it must not boyle out, then straine the liquor from the Barley, then put into the Liquor Cliffort Barr and roots, Endive and Succory Barr, and roots, Wood sorrell Barr and roots, Mg, Fennell and Parsley roots, Agrimony, Scabious, Hyssop, Strawberry and Violet Barr, white Oake, Ashe, and Berries ana Mg, boyle all these in the Liquor aforesaid halfe an houre, straine the herbs from the Liquor, then put in it Scott Fennell seeds, Liquorice and Aniseeds ana ℥ij, split the pipes and Raysins stones ana gr lx. Dates sliced, English halfe an houre, when the ready to take off the fire, then put in Liquor Sacc. lb.

Brownd

Brownd sugar Candy, Powder of roses red ana ℥j, straine the Liquor through a flanell bag, then let it stand till it be cold, & settled then take it and put the Liquor in stone bottles and set them in some cool place and take ℥j. every morn fasting and every afternoon & when yo goe to bed as much, take three times a day as long as it lasts, and the strings of the Liquor & other things which they are boyled against will make more.

For the Ricketes in a Child when it doth not thrive in the lower parts.

Take May butter ℔ i, Dill, Dittain ana Mij, oyle of Dill, oyle of Dittain ana ℥j, oyle of butter of almonds, ℥iij, fore must boyle the butter Dill and Dittain a gr of it dry, and then put in the 3 oyles and boyle it before in all the Ingredients, you must make a Bag of Dimmon Taffaty and tooder it over with Downe of Dandis Date Stones, ℥ij, 2 large Mulrundes, Ground of Cinnamon Dead ℥ij, a pretty deale of Frankincense and some Mastick, beate all these powders, then mix them, all with the Ground and strew it upon the bag, & then tooder it all over again with Downe and quilt it thicke with silke and so let the child weare it, but in the 3 first months yo must put amongst the child warm the extraordinary cold months, when you anoint him yo must stroke the side, warme & night and take heed it rubbe not, & the 3 days are the child every morne and then Lye of red roses mixed with Dest water and sugar and bring the child abroad yo hands 7 or 8 times a day. Fro.

Mrs Standen

To stop a Scouringe.

Take Lime dry it, beate and searce it, take nine milke Dis, halfe a pint of Sweet white page, put it sweete, and boyle it very softe, in the milke put Lye of wallnut, then straine it and set it on the fire again, put to it Synamon Pomegranate pilled, and milke of almonds dryed ana in powder as much as will lie on a ⊙d and mixed it with halfe that halfe wheate flower, as yo would doe common milke porridge, let it be very thicke, season it with Rosewater & sugar and take eight.

Approved for the Spleene, paine in ye side or any hard Swellinge in the belly.

Take

Take greene Oakem barke as much as will yo^u can hold betwiixt yor
forefinge and thumbe, Maudlinwarr, Wilitrum, roote of Origano, barke
of Chamarid ana ℥j. Mother of Thyme and Hysope ana 2
trops. boyle them in Muskadine ℔ij, till halfe be consumed. then
strain it whilst warme, and put to it whilst warme barr sugar
℥ij. 1 Nutmeg. 1to 5 Mace beaten. drinke of it warme first and last
4 or 5 ℔. at a time till all be spent and keepe it very close covered.

To Kill Worms.

L. Shirly:-

Take Shrim. Southernwood. wormwood. Camomile. Heart of grate
feather few. and the tops of Dwist Oaks ana M^ss. boyle all the together
in wonderous singer ℔. till the juce be rouse out of them. then
strain them into fresh butter milk. then boyle it and strin it and after
warde put in ℥j of Aloes ℥j. with third ancyent red rouse stomach. c
all along downe to the navell, afterwarde put a brownd pap upon the
navell. Stomach water is not to be removed till it fall away of itself
ingest then three mornings and evenings together. It will make them
loose dundings the time therefore keep them warme. Pro: 5.-

A Receipt for Sore Eyes the best ^y ever was made.

L. Shirley.

Have two earthen pans containing ½ ^ner a gallon a peece. let
them be well leaded within. and so eden of breadth that one may
be wedinded over the other to coder it. into one of them put pure
springe water ℔iij c put into the water of the 1st whole Eggs
℥ij. let it stand dissolving from seven till morninge. covered with
the Other pan. and a thick rouse linen cloath over them. that no
atoms or flies get to it. next morne pour it gently through the
cloath into the other pan and so let them stand covered against. Rinse
out the yellow and foule sediment out of the cloath. strain it three
severall times and eden for light on 9 days. till yo^u see that the water
is strong as strong and as cleere as it was at first. then put it up

into

into glasses. it will keepe well 3 or 4 yeares. and if any sediment
appear it may be strained out. It is good against the Jaundice and
any other malady in the Eye especially that proceedinge from
or by distillation on Rheume. Many receipts there are, which are
made with Sopeme. but none so safe as this. strainge all the rice but
substance is strained out of this.-

A Julip in a Burneing Feavor or any other hot Sicknes except ^y Pox or Measells.-

Take faire water ℔j. set it on the fire till ℔j be consumed. then
take it in a galley pot till it be quite cold. then power it into a dish put
to it a small spoonfull of conserve of roses. dresse it in the
water with the finall. and wringe in the juce of 2 good Lemonds.
4 or 5 drops of oyle of Vitriol. put in sugar to yor taste. strainse all
through a cloath and give it the pte at any time soon at night a little
after meate and a little after.

A Julip for ^y Stuffing in ^y Stomach or for raiseinge of Phlegm.

Take runinge water Oz. Hyssope and Parsley roote ana. 3 or 4
pitts wash and scrape them clean. Bruise ℔j. wash and stand upon
a little Coaled scraped and sifted. Sumfold. Cinnifold. Cr. o Eggs
shell. boyle all in the water till it come to a quite. then strain it
and put to it white wine Vinegar ℥ij. and a little English honey.-
Take 2 or 3 ℔. of this at any time hot or cold. ann.-

For a Scoureinge.-

Take the weight of ℥j in Rhubarb. dry it very much and that
is to powder and put it into Plantan water 3 or 4 ℔. yo^u must
not eat or drinke 4 houres before or 4 houres after. you must
take it two mornings together if it do not stay it. ann.-

Corn-Rose water.-

Take red poppies 2^lb. scare the seeds from them as clean as
you

you can. lay them all night to steepe in strong Ale or Beere 3 Gallons then put it in a Limbeck and draw it which water excellent water. afterwards yo may drawe out a pinte of smaller water which will be very good in hot sicknesses. you may put a good quantity of fresh flowers into it which will make the water as red as Claret wine. then strawe out the flowers and keepe it. Drinke nigh 3 Cl at a time sweetened with sugar. ~

Winde in y Stomach & Giddines in y Head.

Take Cowslip flowers, Mint, wood sotherny, hoop, Rosemary hoop ana M. dry them in an Oven. Take Mithridat ℥j. Orange pep. 2 grains make it up a gr. of an ounce wth water pep. and take plus beate them altogether, every time then take as much of the powder as will lye on a Shillinge in posset drinke ℞. take it when yo goe to bed. ~

For y Scurvy.

Take a gallon of Clarified Whey. a great handfull of water Cresse Mora ℥j. the rinde of an Orange M. Scrape off the outward pill before yo pull it from the Skinne, diminish the Cy: 2 or 3 Liquorice sticks scraped and cut. a race of Ginger sliced, boyle these to a pottle. with take every morninge and at 4 of the Clock at noone of the whey ℞. and of the juice of Scurvy grasse ℞. shred fine coriander seeds make mixt. This also of a Gentlewoman who had her Legs legs. and her gums sodd and sore and her Eyes and thighes full of spots in 14 daies. ~

For a Breast that hath an Ague in it and is likely to come to a Sore. ~

Take Marygold leaves, Lavender, Groundsell otherwise called Serfam Houseleeke ana M. Stamp these together then put to them the yolke and white of 2 new laid Eggs. as much Barrowes grease as an Egge Rosedat flower M. beate all these together. then take so much of it as

a

a hand as yo thinke sufficient to spread upon a Cloath to render all the breast over. warme it. lay a warme cut a hole in the midst for the nipple. lay it on every morninge. If the milke be not corrupt it will dissolve it without breakinge. If it be it will breake it and heale it without festinge. only washinge it with strong beere sodden at every dressinge. this did heale a very painfull breast and cleare it. ~

A Poultice for a sore Breast. ~

Mrs Canning. ~

Take a pint Loaf good milke put to it Salendine M. with hyssop Groundsell. Mallowes, and parsley in all M. but take a little more of parsley and Mallowes, but M. hyssop and Groundsell. when the milke boyles, put them in sweet and let them boyle a gr. of an hour then put in a little mutton suet minced small with beare grease and fresh butter ana ℞. Salade oyle ℥2. let all boyle together 3 qrs of an hour. keepe it allwaies stirring. then put to it as much Cake meale as will make it thicke as a poultice so lay it to the greeved place. ~

A Liniment used by a Chyrurgeon. ~

Take Gum Lentic and Venice Turpentine ana ℥6. Lamp suet clarified and beef grease ana ℥4. make yo gum small in pieces then melt these on a soft fire. when throughly melted put them through a Cloath into a pot for your use.

This cures any greeve wound though never so dangerous without any Scare. warme it in a Saucer and render it into the wound with a feather, dipping a tent and putting in the mouth of it. if it be a plaine wound drop it in with a feather and lay dry lint upon the top laying on yo plaster upon it.

For heate in the Face. ~

Take wine ℞. put thereto 2 or 3 heads of houseleeke. seeth them till the strength of it be in the wine. then take out the herbs, and put to the wine the quantity of a small walnut in Camphire and let it dissolve all night. then strayne it and keepe it in a glass. when yo would use it dip a Cloath in it and lay it warme the heate is. ~

To prevent the Plague. ~

Take zimine weak ℞. good drinke ℞ as much Tartarlis as a walnut drinke this once a weeke. ~

A.

A gentle Purge for Children.

Take ℥ij of infused all night in Surrey water. Rh. with sweet fennell seeds bruised ℥iij of Syrup and set out in the morning and to 3 or 4 loaf sugar limes put 2 of Syrup of roses, drinke this fasting and two houres after drinke posset drinke.

For ye yellow Jaundice.

Stamp Celandine with Marsh sope spread it on brown paper and lay it to the hollowed of the flesh. Also dry Worm wile till it will water into powder and drinke it in ye beers continually. Or make a hole in an apple fill it with Worm ye roste it, set one for a morn together. Also drinke dogs turd powdered as much as will lye on a 6d. taken in a draught of ould white for 3 mornings together fasting riseth. And goose-tirdes strained into ould wine and drinke fasting for 3 morning Curetth.

To kill the Wormes in any ould or Younge.

Dry a Dragon root in an oven so hard and dry that ye may grate it take of ye grated as much as will lye on a great noble to an ounce. Then give it fasting in 1 or 2 spoonfulls of posset drinke or any thing.

Likewise a little of the Bulb hard root of the stalk and sprout small and powder into drinke in any thing will kill them.

For a sore Throute.

Take Camomill and let it heat strong 2 hot bricks then prinke oyle of Camomill amongst it. Then having anointed the throat with the oyle of Camomill warmed lay the Camomill upon a cloake and bind it hot to the throate 2 days ye nurse and throate warme, in the morning lay on fresh. I have found this Cure.

A gentle purge for children & good to rectifie ye Liver.

Take a good spoonfull of Syrup of Violets hisopp in a little treacle or posset drinke, take it lukewarm fasting to an ouster body give 2 spoonfulls.

To scoure away ye wormes in children that they may not offend the Stomacke after they be Kild.

Some use to mingle Dorchina and wormseed. the Dorchina being dratten

to

to fine powder, others give Dorchina alone in Prussian water, Goldmed water posset Ale or breakfast the next day after they have taken medicine for the wormes.

To take away a thicke Rheum in ye Eyes.

Ould Mrs Lechmere

Pound the hearbe Mathan or May weed the rumen in Dorcus put of the juice ℔i. to posset Ale ℔i. drinke it lukewarme a day together fasting.

An excellent oyntment for a burne or Scauld or to anoint ye face and hands of Children being brakenout.

Mrs Browne.

Take a green handfull of Elderns, Plantane that hath broad leaves, Nettles ana ℔ss. beate them small and put them into a posnet put to them salled oyle ℔i. set it on a soft fire, let it boyle halfe an hour with the hearbe, then strain them from it and put the liquor into the posnet again put to it Beeswax ℔ss. and stirre it halfe an hour so set it when ye use it anoynt the place with it. Proved.

A Soveraigne medicine for any Could.

Mrs Mancox.

Take brown sugar candy ℥ij. a little sweet Licorice, Aniseeds ℥ss. roots of Sparrowtell of dryed Cherry of red fennell ana. and as many in all as will lye upon the point of yo hand. wash and mingle the herbs and take a neat bladder and put all these in and let it close and hard. then set a pot of faire water on the fire when it boyles put in the bladder and let it boyle till the sugar candy dissolveth to a syrup, when yo shall discerne by feeling the bladder lukewarm yo and the light then strain the syrup and keepe it for use. Take a little fasting in a spoon after dinner and when yo goe to bed.

For a short dry Cough & Could.

Mrs Jones

To a pottle of running water take fennell seeds, ℥ss. Aniseeds ℥ss. 2 or 3 sticks of Liquorice sliced and scraped. Raisins of the sun ℔ss. washed and stoned 3 or 4 figs. but wormeseed M. washed and broken, Dry sell Hyssop M. boyle altogether in a pipkin close covered till it come to a

pint.

quart drinke it Saturday first and last 3 or 4 spoonefulls at a time, sweetened with brown sugar Candy, you not forgett ye Ingredients.

For ye Consumption of ye Lungs.

Take Raysins of the sun stoned ℥vi. Figs small brown sugar Candy small Liquorice. ℥iv. Dates of each ℥viii. make them into a Conserve with 20 drops of oyle of Sulphur & 12 drops of oyle of Vitriol. take the quantity of a Nutmeg twice a day.

For the Pyles.

Mr Jones.

Take oyle of roses ℥iii. 4 yolks of Eggs. the weight of 2 groats in saffron beate it to powder. and then beate altogether and anoyle the place.

A gentle Glister.

Mr Gardner.

First make your patient drinke ℔iii. boyle therein the Barrel Mercury Mallowes Camomile of the flowers of dill a little, 2 or 3 Fennel roots the Seeds. Cumin seeds, or Carrow seeds, anise seeds. boyle these till half be consumed then strain it and take 3 ozs of a glister therein put to the syrup of roses ℥ß. oyle of Camomile ℥iii. put it all into the Glister Pipe. let it be put blood warme into the body.

A gentle purgeinge Ale for children.

Mr Gardner.

Take of yellow docke root clean scraped and sliced M ß. Liquorice. Fumitory Docke, sorrell and water Cresses, of each a little. Reyling Fennel M ß. boyle all in 3 gallons of docke water, untill it come to 2. then let it run through a strainer. take away the Ingredients and put barrel to it. when the body time it top. after 5 or 6 daies drinke it constantly. and thinke at noonde or other wise for a month or more.

Syrrup of Coltsfoote for a Cough of ye Lungs.

Mr Browne.

Take a peck of Coltsfoot stamp and strain it. take of the clearest juice Pt. put to it Hyssop water Ps. Greater sugar ℔i. boyle it till it be a syrrup.

syrrup. take 1 or 2 ℥ Mouse and Drom. In the ordinary way ye Barr out the Hyssop water. and to Pi. ℔i of sugar boyling with it a Quarter of Maydenhair and Orpist Hyssop.

To helpe or prent a Consumption.

Mr Meeshaw.

Take halfe a bushell of Cherry tree barke, let them be dryed on a table in sound weather till they will rubbe to powder, they must not be dryed in the sunne or Oven. take of this powder ℥ß. at a time in milke warme fasting the Gum. sweeten it with English honey & drinke it fasting.

For an Ague

Mr Meeshaw

Take Adam Mi. greene to choose. stamp and strain it put this juice in a draught of Beere, drinke it about halfe an houre before the fit comes. there must be 8 or 9 lofs the pure of Adam.

To strengthen and comfort the Lungs.

Mr Olivgrosh=combe.

Fill an earthen pipkin with honey the juice & the root of Enula Campana sliced as thin as a halfe Crowne. stop it close. take it with a bate of Crowne bread. so eat a little morne and Even.

Angelica good for the Lungs to comfort Open.

Boyle the stems of Angelica in severall waters, till they be soft shifting them from hot to hot. when soft pill off the out wald skin and stringe. take away the water from them in a dish cover close. when dry lay them by reeds. sugar on dish cover a gentle heat putinge some Liquorice to them and strewe sugar on them and turne them continually and strewe sugar on them till they Candy. set them by the fire or in an oven almost cooled to dry.

For a Cough or Consumption.

Mr Letchmore

Take sweet Hyssop and Raysins of the sunne cut in peices. boyle them in water or Ale. wringe out the liquor well and beat it as you do butter & Ale with an Egge or two fresh butter. sweeten it with honey not sugar and make Butter many neglect it not.

A posset for the Winde.

Mr

Make ready posset drinke and take 4 or 5 sprigs of wild Thyme or Creeping thyme gardon thyme, put in as many Dewberry Bramble as will sweeten it, let it boyle till the sides sinke, so the bottome, then strain it out into a bowl and take a reasonable draught cloak warmed, warmed and then wrap the wrapper upon yo.

For the Quinsy or sore Throat approved

Mr. Mr. Mensham. Take Mallow Leaves fresh in it 2 or 3 Good Ears, a fewe Columbine Buds, when it seethes put in drinke to turne it. let it have a walme to tough the Drink, then take out the Buds and the ingredients, and let the party drinke a good draught as hot as he can. Then take Lye horn 1 pt. Sumach of Greene and Mulberrie, ana ℥ss. powder of a white dogs tuck as much as will lie on a 6d. mixe them together and put them after the hard drinke and posset, take as much of this as yo can take up on a knife point, at 2 or 3 times then take the posset Curd with the Green Leaves, and the herbs, spread them small and take the oyle of Lilies and Carimony bitter, boyle the Curd and herbs in these Oyles, lapp it as a poultice outwardly to the throat at Evening and only anoint in the morning and wrap a red Cloke about yo throte.

For ye trickling of Rheum in the throat.

Mr. Mr. Mensham

Take Conserve of the roses, powder of Mint and Liquorice mingle them as yo think good. Take about the quantity of a Nutmeg under yo tongue down in Bed, and so after every fit of Coughing. ano

An excellent Ale to cure a Cough & dry ye Rheum.

L. Walter.

Take 7 Gallons and a halfe of good old wort, boyle in that Podwine instead of hops. let it boyle till it come to 5 Gallons, when yo have Barmed that and tunn it up in yo vessell, take a boulter bag put in halfe Sea-Sauery grad, halfe garden Sauery grad to the quantity of a lb. the moisture being wrung out of it till it smalle, or pound, take Liquorice pill so much as may suffice yo taste pound them. Fenna ℥iij. cut it smalle and mixe all together, and put them in yo bag and hange it in yo Ale, with some little Lead to weigh it down. after a week drinke of it morning then of at intervals. ano Lre. E.

A drinke for all sorts of people to cleanse the Body

Body, purge the Head and Melancholly & open the Spleene

Mr. Mr. Ashworth

Take 4 Gallons of good wort not small put in it Carimony Centory Scabious, Fumitory, Maidenhair, Sauery, grad Brooke lime and water Cresses of every of these, or of as many as yo can get Mix. Dodder roots, Fennell parsley and Sunder roots, Hart's tongue and the pitts taken out. Mr. Sparagus roots, Cudy, washt Mix. Polypodium of the oake ℥ij. the roots sliced. Fenna ℥ij. all these must wither a day or two before yo sye them. put to it annisseeds, Fennell seeds, Liquorice pared and sliced. Ginger sliced and bruised ana ℥ss. all these put in yo wort with a very fewe hops and wormwood Mix. boyle it together an hours then take away Rhubarb ℥ij. Galantine ℥ss. let stay then sliced and tyed in a thin large Cloath that the wort may have roome to worke amongst the Rhubarb; tye a stone in it and leave a thread that it may be fastened to the ring-bolt, then set it a working and when the wort turns it into a little vessell and put the Cloath with it in and let it be five dayes ould before yo drinke it drinke a draught every morne fasting mixed or else according as yo see it works. If it pass not 4 stools then drinke a draught 2 houres before sup. let it be well stopt. ano

A drinke to cleans the Liver.

La. Litcot.

Take a Gallon of wort, Cider wort and Ale strongest ana Mij 2 or 3 tops of rosemary, boyle them well in the wort then when bottled strongly put wormwood tops, if the price be forgiven to take any sweetenings in the weak add to it cottony Mij. if in the Eyes add Eyebright Mss. then turne it up, when bottled 2 or 3 daies old drinke well of it at 4 in the morne and 4 at Even. ano

For the worms in Children.

La. Litcot.

Take wormwood Featherfew Lye ana Mij. stamp all together, add to it Sharp wine Ginger 2 or 3 ℔ then strain it out hard and put so much of the Juice of an Onion as may be the other Juice and a reasonable quantity of Cloves in powder, mixe them well then warm

a little of it and anoynte the Stude Nadell in the morning and at night 3 daies together this is very effectuall.

Against a Consumption approved.

Mr Mathias.

Rx. Wor millke Qi. put into it foreed Hysop Mr. Coltsfoot Mj and forty Snailes with Shelles being bruised a little with the Leg of a pullet, and then distill them in a Still. To the distilled water and put it into a Glasse bottle, and put to it a nutmeg sliced, 2 or 3 sticks of Cynamon white sugr Candy ℥ij. Let stand to Mr. stop all these right in the bottle until the water taste well of all these ingredients and drinke it morning and Even or at any other time, but after the bitter. It will cure.

Cherry water a very good Cordiall for ollelancholly &c for the Passion or Trembling of the Heart.

Rx Cherryes 4 lb Clarrit wine Qj. Lobbyney Mß. Balm Mß. Cynamon a more bruised ℥ij. 2 Nutmegs sliced stand the Cherryes infuse all these in an Earthen pot close covered all night. the next day distill them with an easy fire in an ordinary Still. put in as much sugr as will sweeten it in the glasse you drinke it in. and hange Mace in yo glasse.

An excellent medicine for a Letter.

Rx rose butter and Carr mingled together and anoynt the place every day and lay a Cloath on it.

Excellent for the Mother.

Rx. So much of a Hare foot as is usually cut off when she is droft to the dogs then in an Oven Very dry and then pound them to fine powder and take ho much of that same powder as will lie upon a shillinge being put into 2 or 3 Cups of Sack or for want of that in Claret drunke So soon as you feele you fit coms take it and by Gods ordinance it will cure at 2 or 3 times taking. It hath wrought rare effects.

Stomack Powder

Rx Ginger Cynamon Galingale ana ℥j. Caraway seeds and sweet fennell seeds

seeds ana ℥ß. Sweet pepper ground of Paradise Mace Nutmegs ana ʒ2. Sugr a ℔. let them be made into fine powder and put through a Cordiace searse and take ℥ß of this powder single mixt then alltogether.

A rare Cordiall.

Rx Posset curds ℥ij. Fine fennell ℥j Clarrit and pound them, then boyle them in ale Qß. till it come to Qi. put into it a sliced Nutmeg 3 blades of Mace, when the wine to Qi strained all out and sweeten it with pure loafe sugr. drinke it in bed morning and Even and if possible sleep after it in the morninge. it will fever 3 times i.e. 4 daies this is excellent in any weakness or faint fits. very much approved.

A Balsome to cure all diseases & desperate wounds in xxmij M.

Rx Myrrha olibani hypa Spikenard Sanguis Draconis Frankincense Mumie Cypressus Bdellium Carpobalsamum Cinnamomum Succotella Saffron Mastick Gum Dragon Sedar Rosinna ana ℥ij. the pure of Euphorbium ℥ij. Musk ℥ij. Turpentine the weight of all. powder those that will be powdered and mixe them with the Turpentine. put all into a Lynn stiff and distill it with a soft fire. take the liquor distilled and put it close in a glasse and so keepe it for use.

The vertues of this Balsome

1 Dead bodyes anointed therewith will not corrupt or putrifye.
2 If a wounded pinch bodye that are fallen away stinketh this water and anointed from the neere to the ranke.
3 If take the away the stinkinge of ayre if one heard before the fit coms you anoynt the earth round over the bedding it so upon a linen cloathe
4 In Sound ung it is as it were the last thinge to anoynt the earth round.
5 For lofe of the Sinews lay a little therof under the Tongue.
6 In Infection of the Matrix and in the falling Sickness and in many other paslions upon nettesity yo may give 3 drops with sweet wine.
7 If comforteth the heart and taketh away Melancholly Joins heat and fish

wrode

weake and consumed for such things it with oyle of Roses anoynt the numbness affected or the parte cond in or out of doore.

8 To anoynt the parte cond inwardly prolongeth life and the nage of the nerves from wrinke all the Sinnes cond.

9. Lastly it comforteth all the cond. If weake the passio trembling flapping of the heart and there is no other indicio to yeild so great relief to the heart, the Stomach being anoynted with it. ~~

A Pretious Ointment to heale presently any Scauldinge or burneinge with fire, water or Gunpowder or whatsoever else. It being applyed presently hindereth all blistering or breakeinge out. or being applyed at any time healeth without doubt. in so much that the Seller of this Ointment hath beene seene to suffer hot burneing Bacon to fall on his hands and boyleing Leads onely in the assureance hee had in this present remedy wch he applyed to his hands not beinge toucht before with any Deceitfull matter. ~

The Ointment. ~

Take Sallade oyle ℔ i. put it into a retaine pipkin. then gather some Sponge of the Rose tree of those that are no bigger then the top of your little finger and also of the smallest and youngest Beare Mos. scrape off lightly the rough rinde of the sponge and answer it away. then scrape off the smooth rinde which is gotten Mo. which put into the pipkin with the Oyle. Put also a fewer Southernwood leaves and a peace of the Rinde of Lebanon Cedar. Stronge wine drugis ℥ i. drein ℥iij. 2 nutmegs of a halfpenny Rolleu round. Cut all these small together at a soft fire about an hour. stirring it sometimes. then strain it through a cloure Linnen Cloath and put it again into the pipkin. put to it yellow wax ℥ ß. let it stande till it come to the thickness of an Ointment stirringe it sometimes. then pot it. and when you offer it spread it upon a papery or linnen and lay it to the grieved place. letting it lye 24 houres. and if it suffice not doe it so again and let it lye 24 hs more. If it be applyed in this sort wth Cure it totally in a q^ter hs. and take out the fire. It is a sovereigne against the Scattinge of the Legge called in Italian Erisipela and also for all other heate whatsoever. ~

Ab.

A Balme to cure any greene wound or Ulcer. ~

Take oleum vitae and Sallade oyle aua ℔ q^tr refined sugar ℥iij. Ollibanum rosin ℥ij q^r. coyle this together in a fainter or brasse stirring it whilst it boyles with a fainter spoone. until the greatest part of the oleum vitae be consumed. dip a feather in this and anoynt the sore then bandinge. then take a peace of lead very thin and anoynted it with balme water. put the wound into water. Dresse the sore morne & even after this manner. Make clean the lead and anoynt it again with balme then bandeing dropt a little into the wound warm water. if the lead begin to crusse at top apply a fresh one so continuinge till the sore be healed. ~

A most excellent Balsome for wounds, Aches or any Swellinge. and hath done admirable cures on sore Breasts. when the Chyrurgeons had given them over. ~~

Take the fist Sallade oyle ℔ ß. put to it yellow wax q^tr ℔. rot small — then take bay leaves Mo. Dyapt Ollibany, Adam aua Mo. rub all these together small and put them to yo oyle. and wax. lady ring herb nettles. then let all boyle together half a q^tr hs. then take Storax, Benda ℥iij. wash it in 3 water of plantane. then take Benie Dragantine ℥ ß. wash it in rose water. then put yo Dragantine to yo Storax, Benda and state them together with a little plantane and rose water. then put these likewise into the pipkin with the oyle with plantane and rose water. and the quantity of rose water, not all together ℔ ß. let all these boyle together at a soft fire hs that it looke greene then take it from the fire. then put into it red Sandere in fine powder ℥ j. stir it well together and strain it into a tokan. when cold put yo knife or slatter to the bottome and power out all the water. Set it on the fire again and when fie all melted put into it Dragons blood ℥ q^r Mirra ℥ ß. stirre well in fine powder. let all boyle again q^tr hs. continually stirring it then take it from the fire. & strain it three times it yet will through a cloth. strainer then put it in the pipkin again and set it to the fire not hot. let it not boyle. then take it off. and put into it oyle of bird pepper ℥iij. right Balsom ℥ ß. stir it continually that it may mingle well. till it be almost cold then put for yo use. Dad when cured a great many Bottles when all other things have failed.

Exce.

Excellent for a Sore Breast.

Take a yarde of Olive Cotton, give it to a Dyer to put in his Dye that will make it have wherewith as much Readinge as is possible and then rub it in spirits and boyle it in white wine till the white of an egge, and then ye yolk, then let it bated 2 or 3 times a day as ye doe Frankincense and make tente of it and dip in the wine for the tente. Pro. d.

Mr Perney.

Greene Ointm.t for aches, bruises, swellings, Sprains & Splens when it is to be applyed to the Dead Palsie to mixe it with Mastike.

Do Lettuce Sauce, Sage, Rue, mint, Southernwood, Bay Berries, Brooke Lime, Celeriot, Larkspur, Elder Barke, Larkspur roots, Wormwood ana M.j. a pottle of Ale, fennel, Frankincense ℔.ss. Hens Dung and Swallowes dung a pottle, fresh Butter, mercuriall ℔.ss. let the Butter melte & well beaten out, Mare Grease, Mutton, and Hyramon ana ℥.j. first boyle ye butter, then put in ye herbs & dung, small beaten, let it boyle till it be thick, then strain it and let it on Coals and put in ye dung, herbs and hailes, let all boyle till it be thick again, then strain it and keepe it for use.

For the Excoriation or paine in the Yp. to voideinge of Gravell by Urin.

Boyle fine Sandy ℥ij. in white wine ℔.i. when ye are poundes put in a pot of ye ℔.j. to poundes put into it 3 or 4 drops of oyle of bitter Almonds and bright Mastick.

For the Emrods.

Do Mallow Barke Mallowes Elder flowers ana M.j. stepe them small, then put them into fresh Butter ℔.j. let it stand a day and a night, then boyle it till on the fire till it come to a oyle strangely hard, & keepe it to anoint with when ye need.

To cure the Dropsie. Pro. d.

Take the tops of green Broome so low that it will burne to fine Ashes, take M.j. of those Ashes put them in good white wine ℔.i. let it stand all night

in the morne drinke halfe of it, the other halfe when ye goe to bed power it from the Ashes when ye drinke it, then doe a fortnight together and in that time God willinge it will cure, if ye drinke of it also in the after noone the other.

To keepe a wound from proud flesh & make it heale speedily.

Take hazell nuts Barke dry them to powder and searce them and put of the powder into the wound repeat a day, it worke to the bottome, suffeare no proud flesh and healeth speedily.

A Sirrup devised by a consultation of Drs to purge the Liver & Spleene, to coole them in heat of Sumer to cleanse ye Blood & comfort the Spirits.

To be taken twice or thrice a Weeke.

Do the pure of Garden Bugloss 1.lb as much with bugloss, the pure of sorrell 4.lb Borra 1.lb Saffron ʒ4. Sugr 4.lb bruise the Borra and steepe it in the pure thing strained a day and a night, after that boyle it and strain it, then put to the sugr and boyle it to a sirrup and in the last boyling put in the Saffron wound in a fine Cloth, and let it hange in it till it be round, then pressle it out and take of it as it selfe Cup. at a time or in Mare or Asse milke 4 H. and then eat some good breakfast, take it in the Summer ʒ4 or 5 of the Clock in the morninge.

For extreame paine in the Kidnies.

Do the pure of Pepper and Balme ana ℥j. in a small draught of Ale, and it is a sufficient remedy being taken 3 or 4 morns together.

For an Imposthume.

Take the pure of Scabious ℔.j. powder of Borrall ℔.j. & boyling them a little together, drinke it warme and it will be broke and Imposthume sight ye sun, spit it out.

For extreame paine in the Head.

Take Camomile in a Dutch Stove under roosted spanish wine under a Malmsey and drink it to the part of the head, so often as ye can endure, & so the pain will be.

Approved for a burneinge Feavor.

Take Sal Gemme M.j. Sou salt M.j. a hard roosted Egge & a roosted onion & a raw onion, stamp them altogether & make them into a plaister, & put them on with the cold of the feet, and let them lie 10 or 12 houres.

Lucantellus his ointm.t or Balsome admirable for wounds.

Dr Stone Dorpetuint 1 lb. Aloe elixr 3j. yellowe ocrey fette. naturall bassoun 3ij. Oyle of St. Iohn's wort 3ij. red Saunders, powdered 3ij. Starch 3ß. put ye starch into it and then boile it into fine, take it off and put in the red Dorpetuint being washt twice in Damaske rose water, and mixinge mingled yeof with yeof Saffron, put also to bolsum red oyle put them in the fire and stir them till they drawe to oyle. (But boyle slowly) it will run order, yeddle, then suffer it to rest for a night or more, then take wooll and wet it in water to make to the bottome, then make small holes in the skin that the water may come out of it. Then set it on the fire against putinge to the bottome and the oyle of St Iohn's wort, and when the first boiled put the Saunders to it. Stirr it very well and when it first boiled take it off and stirr it for 2 houres while it be growne thick, then put it up and keepe it as ye best oyle for ever for 30 or 40 years, or more.

The Vertues.

It is good to heale any wound inward or outward, dringe a pint warme into the inward and applyed to the outward with fine Lint or linnen, anointinge the parte, the paine will rebate it not outrye, taketh away the paine but moderate inflamacion. It draweth forth also all broken bones or any other thinge that else might fester it, or putrify it, so that the inwards and hart. Lodge gulle or stone that fastneth it will heale in 4 or 5 weeke dressinge so that no other thinge be applyed thereto. It healeth any sore burninge or scalded place, and likewise healeth any bruisse or hurt, dringe first warmed and a pint of water blood or Lint dipt in it and laid warm to the place. It will heale without any sore remaininge. It ripeth the head bone by anointinge the temples and eastinge underneath. It is good head bone by anointinge the temples and eastinge underneath. It is good against the inward Pleuresy or ribes in the side applyed therein warme with the Shelles of Worms together and sodry herbes ½ pt. It is good against Leprosie and obstinate a fresh rubbinge ½ pt. Iuice in a little Sacke warmed. It helpeth the biteinge of a mad Dogge or any other beastes. The good against the plague anointinge only the Vlcers and lay in the Morne stye therewith after you get forth, and for that day stay close. Also a sillabure pt. will not feare the Plague. It also healeth a fistular Vlcer as it never dreye, in any parte of the body, being applyed as before said for a time. It is very good for one that is infected with the plague or Measles out the like. It is good to be drunk taken in warme breath the quantity of ½ pt. fasting morninge together and sweate after it. It also helpeth the stinge anointinge the Pudey Stomach therewith when you

goe

go goe to bed. It is also good against Worms or Cutter being applyed as to a Dut. But it will require longer time to heale them. Also it will stitch, staunch any blood of a gotten wound, putinge a plaster of Lint into it and lay it very fast. Lastly it rebate Vlcers inward or any paine that rebate of bowels moist ointment anointinge with it bathe.

An Electuarie for winde in ye Stomach or Consumption.

La: Oxenbury.

Take Citron rinded and stinge roote, Cost, Sandyred ana ½j. Dorstone of Lebanon, flowers and Dorstone of Cilly flowers, and ½ß. of mint, Dorstone of Leper, mince the rinde, and roote, as small as possible, then mingle them well with the rest and put them into Malmsey or Rosemoore water ℔ß. and Dorstone Oliterum ℥ß. mix altogether and take ye quantity of a hazel nut immediately before and after dinner & supper.

A Cooleing drinke in a Burneinge Ague or Feavor.

Mrs Allingham.

Take water ℔3. white wine ℔ß. and Cake, 1 lb. Let them be boyled till it come to ℔1. it must be strained twice, when the boyled weeken it with double refined sugar and drinke it.

A cooleing Julip drinke in any hot Ague.

First make Barley water then put to it Dicoll Barly, endive, Smoke of Strawberry, Sorrel, Coodbind, Marigold Bawl, 1 top of Rosmary 1 lof Sharrage of Harts horne, a fine Leyfield stone, then all these an hour, strained yeof water and when the water stirr it with the wine of a Lemon and Lemon wine ℔ß. & fine sugar and strainge of Dicoll ½j. Strawes of Rosmary, all these to ℔1. of yeof boyled water

An excellent medicine for a Child ye is Liver-growne or hath a Consumption.

Take the strongest wort ℔3. put in it Liver wort, Longwort, Hart tongue, Maiden hair, Mother of Thyme ana Mij. Liverwore & plume hide ana ½j. Leafind & fine ana ℥ß. Dondes sugd Candy ½j. put these in a wort & let it boyle three ℔3. to a pottle and then strain it out & when cold take it up close & give the child ℔3 at noone & ℔3 at night.

To strengthen weake ioynts & Sinewes.

Mr. Meashaw. Boyle young Sage (but sod is stiff) in very strong water till a third parte be consumed. Colde the weake place with it. —

A gentle purge for Children or others.

Mrs. Morecraft. — Take Senna ℥iij. or more, Aniseeds two scruples ʒi. Annis seeds ℈ij. or ℈iiij. or Caraway seeds, grossly beaten infuse these all night upon red Rosebudes, in white wine ℔ij. or ℔iiij. or Endive or Succory water. So much liquor as will water the Ingredients is sufficient in the morning, put it on a gentle ashes, then strain the liquor hard to drought off it, put brown of roses ℥ij. or more or less as you find it worth and to give it pleasing give two drams of Manna after it. —

A very good Broth for the Head or Lungs.

Dr. L. Brotes. — Take Harts horne ℥ij. Calfs foot, woodroofe Sorrey Fennel Barly, Bloodwort Pettony, Busled Barley, of each a little handful ℥ij. Sc. Breast of Veale boyled in lb. ij of Mutton or veale broth. —

To comfort the Spiritts or Head.

Dr. Williams. Take red roses Sandes, Camomile Rosemary and sweet Marjoram aqua vin. put them into horse a little at time, rise to little oile in put to them to fill the bottle 3 oz. fresh herbs Damask roses water Dingle and faire water and stir in a Mortar and let them in a bottle of rose water to infuse and so drying the bottle and distill it under your Mose when you find when all begin to yeild bubbles when they rise to stope warme the parties if ye recovile sweate stay it in bed. —

An ointment good for Aches Plurisies Stitches in the side, Griefs in the Necke, or Backe, Gouts in the joynts proceedinge of Could, Lamenes or Stifnes of Sinews, or Bruises of the Stomacke. &c.

Take Rue ℔ij. the sugar ℔ij. the Rosemarye ℔ij. the Bay leaves ℔ij. the Sodd worte Delendary Camomile flowers Dill. Mallow flowers and Mr. Mallow Mr. Sage all as small as may be. Take the weight of all these herbes in Sheeps fat Butter put them altogether in a stone worter till wont of the fatt be losse, put in a pinte of olive oil Butter worte all these together in a Board then pan worte it rise and stop it with Clay that no air get in.

let it stand ye day, then take it into a Boson with 3 Saucers of faire water, set it over a fett fire still strainge it till the bottle broad hard, then strain it into a faire vessell, put to it oyle of Double distilled oyle of Lillies oyle of roses aniseeds ℥j. oyle of Spurge ℥ß. oyle of Dill ℥ß. stir all together, put it in a Glass pot, when you will it take the liquor of a hazell nut, and the ingredients place them duly at a fire with a warme Rag, lay Rosedon a Cloth and keep it warm.

For the Whites & a weake Backe.

Take the pillers of Brese veale or Mutton, boyle them well on a Hordes yron, and eate as many of them without bread as you can fast and best, till you find them strong. Pro: —

For one that hath a Cough of the Lungs or a Cough a longe time. —

Mrs. Lancstone. Take a peice of Flaxen Cloth 3 fingers broad, take the yolke of an Egge and spread upon it. Take a little quantity of Gum Opin pound and strew it on the Egge, then take a little Dragons Bloud and pulverize some Coales on a stone, and cover them some of the Cloth, and let the vapor ascend the Throat into the head. of the head of the Lungs. If one time not, yet it 2 or 3 times. —

For a Child ye hath a great coughinge Could

Mrs. Hoyt or dose with it and amount the sole of the foot therewith, then take Wheat flour pound it smalle and stick it with a Cloth to the sole of the foote for 3 daies, then take it off and if the foot be blistered wrinke the blistere with a needle. Pro: d. —

To stay a Lasike.

Mrs. Wheat. Take Venice Treacle or Mithridate. Conserve of roses and a little Syrupe of Jelly flowers, mix altogether, of each an ounce as a Mutuba stay, make it. Pro: —

A proved water for all evills in the Eyes. —

L. Gascoin. Take Dewe time Pimpernell, red fennell, Celliwort Euphrasie, Sanguisorbe of each ounce, Madder roots, Oriell Cassia ℥ß. Splendine salt be minute and of 2 other herbes, steep all this 2 nights and 2 days in conditions & water, then distill it.

For a Pin & web in ye Eye if taken before the Sight be cleane gone. —

Take Deffodill-grass that hath the figure of the Moone in it Mij. and as much of Dittany, Bone roots, and Barke, dash y or 3 Corns of Bay-salt, beate all together, then strained them through a Cloath, take 2 new laid Eggs, and beat the whites of them a greate while, let them stand a ye. th. then take off the froath stand and take the ribbes of the Whites, so beaten as much as the aforesaid pure of them &c. take the quantity of a Nutt in English Corn and fry altogether, then let the stry grissell lye upon a bed on his back: and drop 3 drops with a feather into his Eye, lye still a good while after. This must be vsed at Full Moone onlye.

Another.

Take the Gall of a Hare and a little purified Honey, temper them well together, and with a feather drop it into the Eye.

To expel humours falne into ye Eyes, good.

Take Black cated Mij. Elder ℥ij. Mart ℥ss. beate them altogether, put a fresh Egg-Barke to them, and stirre all well in Malmsey, and put them in a little Cloth, and lay them on the Crown of the head, or lay Slipp over it to keepe it from ye spread, as it dry stil ye way wet it again & only it.

For a Bruise in the Eye.

Take Sitrinder frame it with Sugar and drink it to the Eye, and safe stand proved.

For the Swelling of the Legs & redness of the same or any other place.

Take red Clay, & worke it verie with wine Vinegar and ye wounde a peice of dough, then spread it upon a fresh Cloth, & lay it to the place grieved.

For a Swelling Bruise or Knocke if taken at first.

Take yellow wax, make it warme in hot water take a peice thereof, & lay it to the place as hot as may be suffered, as it coolth lay fresh another and so apply it for a good while.

For one ye is burnt with Gunpowder though 3 months after

Take

Take the Shadowes of Leather which Shoemakers doe cut off, & put them into a pan with water and let them stew, and take the fattest then away, and take the next fat to same, which arises, amongst the place burnt, & gently approved, it will keepe good a yeare or two.

For heart Burneinge.

Take Cut Drops of Fennell and Cramp them in ye mouth, and swallow ye pure liquor, and spit out the rest, doe this and it cureth.

For a Stitch under the Side.

Take Hart-tongue, Sow-thistle, and Stitchwort ana M. make it into powder, and scarre it fine, give the patient it to drinke in some good Sack Ale, and a little Cumfrey and lay Cowslip enough upon him.

For a Canker in the Toe.

Take the dung of a grade Goose, & the pure of Dittandine, grinde them well in a morter, & lay it on ye sore. It will take the Canker.

For an Imposthume in the Head.

Take Pellitory of Spaine ℥ij. Spikenard half a pennyworth, boile them well in good white Wine, when the liquor is cold put Honey and Mustard and a saucer full of it, & well mingle it, cast the patient back at a time ℥ss. and keepe it ye longer, till he be forced to it it goe, use this 10 or 12 times after, and after bed for 3 daies, and it will recover.

For the Dead Palsie.

Take Rosemary Baume, & Sage ana Mij. of Crosse flower, roots, & leaves or ye primrose Mij. stamp all together and put to them Dung Cuiusq; Vigna Vitae ℥ij. Mustard seed ℥ss. Beaten pepper ℥ij. stamp all well together again and strain them, and put to the strained liquor Mithridate drams 2. wine the Dongue liquor and Treacle with this liquor and put some of it into his nostrills and dip a Cloth dist in it and lay to the nape of the neck. The offener ye remove this the better.

For the Megrim.

Take the pure of Dittany and Cinnamon with Ground ye brown Bread, make it into a plaster and lay it to ye forehead as hot as it can be endured. Proved.

For ye

For the Emrods that Bleed.

Take Knotgrasse, stamp and strayne it with double wine, drinke it morne and even. Pro. E.

Mother of Balme water.

Take Durgentum 2 lb Frankinsence ½ lb, Aloes, ½ lb, of Mastick Cloves, Galingal, Dynamon, Nutmegs and Cubeb, ½ lb, Gum Lemmon ½ lb, as much dignadise as the quantity aforesaid is. Stamp these things together and put them in a Stillatory, and after a daie distill them with a soft fire, and the water issuing from them is the Mother of Balme.

The Vertues.

This rosewater is excellent to beautifie the face by taking away heate pimples, Morphew &c. If you wash therewith once a day it takes away all rudes and matter, the fire winde and smoake. Drop a little into a greene wound and lay a linnen cloath wet therewith upon it it cureth speedily, if the wound be not mortall. It healeth all sorts as fistulas, bodies, Mole and tangers &c. If taken with it out throw dates. Did drop drop on a Gunne powder it in 3 houres. If the eye be frounded with blindness, the pin and web or the pearle or any other Barnesty, drop out one drop of this rose water in it every third days and in a daie if it cureth if it be mortall. Or of drinke in a little white or Rhenish wine, cureth the flux in Laudy or bladder, it allayeth the passage of urin, procureth sleepe in 2 houre. It good for the Colic in daily or Stomach drunke in a little wine or broth. It will stope any blood, or bruise, or clot in the head, or the shrinking of sinewes if they be often bathed therewith. The rose water with Ally cureth a dropse if it come not from the mother, by drinking it in Lemmon water, or sweete water morne & night for 10 daies together. It cureth Philipes sickness of mother, Lassie, Dropsie, Stitcha, the paintings of the heart & joint pain, the consumeing feaver, Strangury. If the drinke it will age and wonderfully fatten if Vitellowed. mm

For a

For a Pin & web in the Eyes.

Mrs Cooper

Take ground that wonge baly the round and rough leaves for that one and rub it till runny ground, and spread it small and bind it to thy wrist, just on the pulse beate and lay fresh to night & morne and it will cure. I have proved it. mm

For a Pearle or any thinge yt growes in the Eyes.

Mrs Rates

Take a new laid egge and breake it a little at the upper end that yo may take out the white, then lay that away and put the white into the still against and set it in the Embers, not hard, when not hard drop good fringe into it, and put in it white sugar Candy, or pure leaves sugar in little knobs till it be full, set it stand in the Embers till it be dissolved, then take it off and with the point of a silver bodkin or stick of a spoone, drope out the Sirrup from the white into a glasse, and drop a drop into the Eye morne and night the very pitiful for the Eye. Pro. E. mm

For a Blood-shot Eye.

Take a rotten Apple and bind it to the Eye when yo goe to bed, or else bind to the Eye a peice of raw Grand Veale when yo goe to bed, silver is very good. Pro.

For Rheum in the Eyes.

Dr Sheldon

Take a little Dowlers of red roses and stew it in a little white rose water, and bind it to the Eye when yo goe to bed, and in the morninge wash it off with white rose water, do this for 3 or 4 nights together it will cure. And it will be very good for those that are subject to have Eye so sore it every night instantly as soone does and finde great good thereby. mm Prof. E.

To stanch Blood in ye Nose or of a wounde.

Take the Moss of an Olde tree and put it in the Nosthrills or into the wounde, it will stay it presently. mm

To Stay a Lasike.

Mrs Grosvenour

Take new milke Q. boyle it till it come to P. & then drinke it. Pro. E.

For a pin and web.

Take.

Take ye greene leaves of wilde daisie and pound them and strayne out the
pure Juice, drop of it into the eye 3 morne together and yett some white sugar
candy very finely searced into the eye 2 or 3 times a day. This cureth
Mrs Honora Astrie. ano 1. –

To stop ye violent overflowing of the Mens after miscarriage.

Mrs Nash.

First take pigge dunge rott and apple, put it in a cloaue to the place then take
a spoonfull of ye juice mixt M. Ed. Nash flowers and give it her to drinke in a
little posset drinke or ale drery, it will turne the stonge of the blood by
vomittinge vomittinge or wyttinge. ano

For the Shingles.

Mrs Nash. –

Take Mangold leaves and Houseleeke ana M. fiij then bruise them and boyle them in
May water or fresh water till it be very gooden then strayne it and
wash with it, the good for Blisse, Bitter, Red Windfire & fire sores. Pro: d.

For the Frock or Frost in Childrens mouths.

Mrs Chamberlin

To rub it with thine pisse cloute is very good. But the best is to take
a live Frogge and bind it in a cloute, put the bare head to the mouth of
the Child as close as possible, yet ran and not touch it, that it may receive
the breath of the Child which will kill it and then flinge that away
and use another to kill yet the Child mend and yt frost drawne away
which will verie kindly be endange. Pro: –

For the Palsie. –

Take Cowslipe flowers and distill them and take water of ye nettles and ye
Pimpell and yet verjice therewith often every daye, if ye cannot gett
flowers verjice the Stalke leaves and stalke. –

For a Burne or Scalde. –

Take fresh Barrowe grease 1 lb. boyle yp and 4 or 5 M. of the leaves of the
Darnaree, red shall, let them on the fire together and when the liquor
is greene take it off the fire and put it into an earthen vessell, so let it
stand a week, then warme it again and strayne forth the leaves, then take
as many of the Darne weeds & the Ristwort as yet did of the leaves & put
them into the same liquor, & boyle them well together then strayne it & keepe
it for off. The place that is burnt or scalded must be anointed 3 or 4 times
a day, but no cloth or any thinge else put over it & then it will heale lb out a fear. –

For the fallinge Sickness.

Lady March. –

First observe the time of the Moone when the fitte comes strayne against that

that time ye may gett a quicke Mole in goodness, and little before the fit comes
kill the Mole, a bare ounce of the blood as yet ran, & the liver & lights
shredd them very small, & put them with the blood into white wine lb.
the drinke must be blood warme a 3 of the powder wt. is made of Peonie
root, & Dittie Dauncana root of equall quantitie, must be put into a cone
then stir it very well and drinke it off without warmingis it so soone
as it is made without warmingis it will kill naturall heate in man
in it, & kill certainlie runs. If drunk 3 or 4 had had it many yeares. –

Pippin posset drinke very excellent & pleasing in a Fearor.

Mrs Radlier

Take 2 of milke, set it on the fire then take pippins pare and slice them
very thin and put them into the milke and boyle them together till it be
all turned, then squeeze the juice of an Orange into it and then strayne it
and sweeten it verie well and then drinke of it. –

For ye Frocks in childrens mouths and Throates. –

Mrs Grosvenour.

Take Dingfoyle or ye leaves grasse and red Sage ana M. wash, pare & ye
bread into small, then put them into Gardane Lb. and boyle them tenderly
till it come to oyle, then strayne it & put to the oyle equall quantitie of
Yellow and hard fryed rosin finely searced, stir them together on the fire
a little while and put in a little Love honey, then stir it for yet, and
when you dresse the mouth with it warme must be 2 or 3 times a days
or offender. Take a little of it in a spoone and melt it and with a feather
dresse the mouth with, and let some get downe the throate. Pro: d.

For ye Same.

Mrs Nash. –

Take red Sage Rosemary, wormwood and Hydell of each about M. cut
of each the greene of the Hydell and the top of the rosmary sage and
wormwood yet ye rest which yet must mixe together and dry in a fair horse
over the fire, with constant stirringe of it till it come to oyled water,
you must searce and clear a little of it through a quill into the mouth
twice a day when it goes to sleep and let it bake as little milke
as may be, & when it doth wash it do wash with plaintain water and
fresh of Elder rise. Pro: d.

To draw backe the Rheum from ye Eyes. and

Take Elder leaves lay them on a dish or on a trayfoy dish of Coales and fresh
then with white wine vinegar, & put into another and when they
very hot drink of the drinke, for ye water of ye nettles as hot as ye can suffer from
your body, for to drive out ye fretts, and wash ye eyes that come from either ground very
Still is very good to wash the eyes with that are red and sore. ano

for

For sore Eyes.

Mr Atwood the Oculist. Take Rosewater, plantane water or Strawberry water and put it into a little bottle, put to it four ounces sugar Candy in powder and a little Gum ginny, shake them well together and drop a drop into the sick mans and light till well. -

Hazell water excellent for sore Eyes that come of a hot cause.

Mr Crosthorn. Take Hazell twigs of one yeare growth and slit them at the ends and twist them till ye bleed a little pure rosin forth at the ends, of which drop a drop into the sick eye when ye goe to bed, get more twigs to rub ye drop.

To draw backe ye Rheum in the Eyes. -

Mr Vaslet. Take wood Betony, beate it not straight two dayes and binde it hard to ye nape of the neck, and when that is ready lay on more. -

To cause Sleepe safe and Sure. -

Mr Eason. Take the mucke of an Oldd tree Mix, steep it in a good draught of posset drinke warm well and drinke it doinge straight when ye goe to bed.

To coole and cause Slepe in a Feavor. -

Mr Markham. Take milke and water it boyled turned it well with the juice of Lemmons then take the curd and binde it in a linen cloaths to the nape of the neck and drinke of the posset drinke doing sweetly and ye in ease.

To cause M. P. beinge stopt. -

Mr Talbot. Take Mustardsee Qs. sod it in a pottle and let it wasse the fire, but let it not boyle but stewe, put into it the kernels of 2 Orenges if male onely otherwise Juice and a halfe pint of Saffron let boyle stew together till it come to Qs. Strange close covered, then take it off & take a draught of it for 3 mornings together doinge warme, and take a piece of the Orange pill very fine till all be gone. This will strange them as hath stood often to proceed. Wherein find very good to take an orange under ye pill when ye goe to bed. -

For a Burne.

Take a peece of the pith of a Daisy, mayst, wrinke ye off for rumitie & carefully it to the burne it will take out the fire & heale it if it be not deadly. Lro: Litewise fallade oyle and white water or plaine water beaten together. -

Walnut water which is called Water of Life for its Vertues. -

Take wallnuts in the beginning of June & shale them in a Morter then still them in an ordinary Still, and keepe the water by it selfe then make a second water and gather ye wallnuts about Midsummer or 3 or 4 dayes after, as it did before & keepe it by it selfe then make a third water & gather the wallnuts a fortnight after midsummer, as it did before and keepe it by it selfe till ye hard nuts, then take Qs. of Anise and put them together and bind it in a Stillatorio of glasse and so keepe it close, that no dust come to it. -

The Vertues. -

It will heale all manner of Diversies and all manner of Lasses & if it be drunke with doinge fasting. It is good for the Eyes if ye put a drop therein. It is good to help Consumptions if a weeman drinke it moderately 3 in winter nine a day. It will make one have a faire skin if it be washt therewith, good also for Boyles and Wounds if it be washt therewith. - It will destroy dead flesh and increase good. It is also good to heale all infirmities within the body, and driveth out all corruption if it be moderately drunke with wine or water. It will kill the wormes in the body either drunke with wine or else the water it selfe. Good to drinke this water continually shall live as long as nature may continue in him. If ye have any wind colt it forth put a little dish of this water into it and stop it close, and it will recover the saint against within 4 dayes. Lastly it is approved good for a consumption taken morning and night. Qs. -

Barley water.

Take a gallon of running water and put into it a great handfull of roots of ye five kinds of small roots, Parsley roots, Fennel roots, and Mr Worlidge his Sempers Litterwort, Madrewortes, Dittie Bands, and Mr Gerrards barley, Mr Lemons Zinj, parsle and Coriander seed, Annises Zij, dryed all these together from a gallon to a pottle or less then, use to drinke of it morning to Cold warm and remain in the mouth and make fine almond milke therewith.

Treacle water the best way. -

Take of juice of wallnuts, Celery tops, of roots Lij, juice of Rue Zij, juice of Cardmus Marigold and Venin ana Zij, of Butter bur roots, Burge Tops of Bear Dorse roots Ttj, of Comphrey roots, of Master wort roots ana Zij, of Cordiale Mij, of Dittie roots of yellow dock ana Zij, of Danary, wind Zij, of winter wind Zij, of juice of Lemons Zij, mix all these together & put them into ye Stillatorie, let it soak and let it stand in Balnio for 2 dayes then distill it and keepe it close stopt and so keepe it for use. -

Parsley water. -

Take Parsley, beate it in a morter & then still it in an ordinary Stillatory, this water will hon found the appetite & dryest all winds in the body and stomach, it also strengthneth the Concoction & purgeth all the humors of the Reins and bladder. -

Flore

Clove water.

Take equall quantities of Cloves, Ginger and Rosemary flowers, steep them in good strong Aqua spare of 10 daies, and then distill it in a glass Still, this is a most sovereigne water to comfort the Stomach and be a sure and pleasant cordiall, it holds the worms and wakes a fat body, lean and a lean body fat, being drunke with sugar. aw

An excellent water for ye Heart.

Take the best Aqua vitae Qi. Rosewater Li. so much Liverwort as shall make it thick and set it in ye sunne all night, & in the morne strain it and keepe it for yor use. ~

To make Haire grow.

Be sure to keepe it, distill it, take the water, warme it, put yor temple in it and it will do good

To stay a swelling from runing higher in case of a Mangren.

Take Coliander seeds, the white of an Egge mixt together, spread it on flax and bind it on above the place. Proved.

Capon Ale for a Consumption.

Mrs Talbott. Take to a firkin of ale of 4 or 5 gallons 2 Capons, China ℔ ij, Start horne ℔ ij, Aqua ye Capons and drinke hereof very well, then boyle them very well with ye Capons enough in 2 gallons of the water till all the goodness of them be out, then strain them through a haire sieve and when it is cold put to it the other firkin barrell, so turne it and when it hath wrought a fit time it will be in 4 or 5 daies from the time it is turned drawe it forth into stone jugs and stop them very close and set them in sand in a seller, & yor drinke of it when yor please, you must put but very fewe hops in it. — Mr Hunt drinks also to make breake — pitt but very fewe hops in it. — Mr Hunt drinks also to make breake — Cordiall China root, Sarsaparilla root, Maderaries, & shaved Ivory, and a rod (yet brinkle China root) boyl it then Jelly, this hath done much good by ye Cough & wheezing.

A Salve.

Mrs West. Take Red wax, Rosin, Burgundy pitch, Starch, put one Mill them well, then put to them some drippt Turpentine and fry them all well together, then put rosewater to it and worke it very well in the water for it makes it after it is well wrought in the water, then with a board or the mother & putty of hands to keepe it from sticking and so make it into rowles. aw

To prevent Miscarriage. Proved.

Mrs Hodges. Take mint, shells, dry, stem, coale and starre them and put as much of ye powder as will lie on a Groat in Ale or Breake and it will keepe it. ~

To cure Quornes.

Mrs Fitzherbert. Take Ground Ivy and lay it to steep in Ewigh 24 H. and lay a Bath of it to ye Quorne night and morne. It will rote in a short space and ye Quorne will come out troubled with them.

A broth for a child or ether ye is weake inclinedge to a Consumption.

Take 30 great earthe worms at severall times, put of a hott ground put them into water warm and salt 3 or 4 houres, or else into flowdell to scoure them, rub off ye slime and boyle, then slit them and wash them well in ale warm and salt, then boyle them in breake with wodbine & as pimpnell with Chiny, Rosemary, Borage, Bugloss, dried Cocks, strawberry leaves, Bettony or ye many of these and ye stalk with a dried Sorrell &c. Salt, & lay them breake 3 Morns in a week, the drinke when that morne runes out and then ye powder of them in breake hard under.

Be if ye worms when pinned as above lay them dryes opened & rounded in an earthen pessell and bruise in an oven and dry ye them, pound them to powder and take of it in breake in the morning. aw

A gentle purgative drinke to be taken Springe & Fall.

Take Calis in ye rind ℥iij, slit in Liquirice 2d, wrapped & sliced small, Rhubarbum of the olde ℥iij, Mather roots, anise, fennel roots, stand & sliced them, Dandelion ℥iij, fennel and sliced it, Nutmegs 13d, weight sliced, Sena Alexandrin ℥iij, cut it, Flowers seeds ℥ij, Coriander seeds, ground ℥ij, Cinamon & large Mace and 13d weight, drinke all these in a morter together, yellow docke root 2 or 3, Parsley roots, pick them and wash them all very clean, Eryngium, Eradious, Stone, strawberry leaves, anise ℥ij, wash them clean and mingle all these things that ye will together and put them in a bag of linen with a fewe Nutt to make right sweet, then hange the bage by a string in the mault a handfull or more from ye bottom of the malt and put into it 4 gallons of strong ale or beere & let it hange 24 hours, then take the bag hard with yor hands or stirrit 2 or 3 times into the ale, then hange it in again as before and lay the malt close and after 5 or 6 daies drinke a good draught first and last, & then drinke with yor 3 or 4 daies stools without offence to the Stomach. ~

For the Sciatica.

Take a small quantity of Rosemary grated, the like quantity of Sugar grated of Dock root grated, oyle of Dwarfe, Mathfort oyle and oyle of Rose, mingle them altogether, and by a very good fire Rabbit skin, and upon the place pained bribble ye sweate, & so bind the same warm and yor to bed. Proved.

For a Stitch in the Side.

Take a point of Rosin as big as a pease and halfe a nutmeg and stamp them to very fine powder, and at night when ye go to bed, put into a cup of ale or beere, drinke it and it speedily shall ease. Proved. —

For the Stone & Collique.

Take Bay berries, Myrr, dry stem and coale them to powder, take halfe a Nutmeg

Nutmeg, grate it very small and mingle it with a quantity of the powder of bay berries, and drink the same in a cup of white wine or water.

An excellent remedy for ye paine of ye Goute.

Take oyle of roses and vinegar, wherein ye will amount ye feet or hye shine place greeved therewith, and then take a Bolt wort leaf and put of the oyle that are hard and lay the same upon the place likewise then drawe on a sorte and then ye shall rest and do contrary as ye may do it likewise at night. But every day ye must have new leaves greeved.

To stay bleeding of any cut or issue of Blood.

Take yrye dinge and a little Hysop and thyme and stale them together and bind it to the place bleeding and it shall stay it. Proved.

For the Colique.

Take Mother of thyme alias pellitory thyme Mint and seethe the same dinge drunke in goate milke or water, and it is a excellent dinge drunke.

For a Boyle or pricke with a Thorn or any other thinge to drawe and breake it Speedily:-

Take Sorrell Mint rote it in a paper in the embers as ye rost a wardon, when hit is well roste drawe it in a dish or in the palme of ye hand, a stamper it with sweet Lard, Honey or Salade oyle and make a plaster of it and lay it to the place greeved and if it breake it not the first night then take it off and lay on a fresh and doe so it will surely breake and drawe out the discryption or thorne. And in one night drawes out a thorne out of a gentlemans hand that had almost lost his hand with it and healed it speedily.

An excellent Oyle for a Rupture in the Belly.

Take 6 new laid Eggs fry them with fresh butter sweet, till they be almost hard then put the Eggs into the bowder side of the frying pan and let the butter runne from the Eggs into the bowder until tender and run no more, then take out ye Eggs and put good Aqua vitae fry into the butter and let it boyle a little in the pan then take it out and it will runne to an oyle wrye wrinke every morne & eveninge anoynt the grieve and keepe on a good drinke. Exercised good.

For to ease the Goute.

Take sowre Barrell of a dishes and Ballade oyle and fry them in a pan to hot that they do not fryed too hard then with the place greeved with and after lay the bande so fryed warme for ye sound as a plaster. Exercised.

A nourishing Meat for any ye are weake & Consumptive

Take the Fourme parte of a Pigge of veale and Mutton the Growne and fleshy parte of an old ewe Goate: rise off all the fat, and put the meate in Gobbets upon a Spedah and hange it in a deepe pan then pot or flagon about ye middle of it, then cover the pot with a trencher or Sere lide, and stopp it cure with Growne dough that not aire get in, then set the pot in a deepe kettle or pot of water and boyle it halfe a day, still fill up the water about the more of the earthen pot but so that water get into the pot, and there will be a good quantity of lure teare from the meate into the bottome of the pot, and when ye so boyle take out the pot and keepe it and sup on it as ye thinke fit, when the sick eate of it a little at a time bitter with Gumme or Sugar or any other way. Also Oxes or Goates milke warme from them is good and Goode, milke.

For ye fallinge of the Vula or Pallat.-

First put up the the pallat with ye Thimble and greate pepper, then take a little of the best Lumber state it to powder and strive it upon a fricie table put in a Chafinge dish bottome or some other narrow vessell, then the chafer strewed on without order it a dummye dish, and receive the smoke into ye mouth out of the pipe and it is a speciall remedy.

Another.

Fill a tobacco pipe with Northarmoniacke stamp to powder and put one end the pallat with that end of the pipe which hath the powder in it and so kindling the same pipe let another blowe the powder upon the pallat at the other end of the pipe.

For a sore Rheum in ye Eye & hot.

Take faire springe water make it not altogether too warme but just to take the edge off it, or if ye can endure it quite cold take a pint of springe and lye in it and with that wash ye eye very often. But if in stead of faire water ye of springe water be the other, but if either it goodness and to wash them in an Eye cup with faire water. Exercised.

For redness of the Eyes.-

Wash them many times in an Eye cup with ye owne Stale.

An excellent plaster for ye Runing of ye Reines or any other weakenes or ache in the Bones or any wrynt or cut.

Take Ballade oyle ℔ i. red lead ℥iiij. Vernise lead ℥iiij. Bolled lept ℥iij put these together in an earthen pot well stopped that lept string forth the ladder poudered. Let them dryte abroad, and it is of a Brownish color. Stirring it with a stick a little before ye take it off the fire. put in oyle of Bay ℔ i. when ye have

have taken it off, put in ad unum Scruple, grate ad a dim, cast upon the new
treatise in the same hot and when they are almost cold, stirr them briskly a
round or two times to smooth them, yet treatise must be helpt a p[ar]t square when
yo[u] lay them on and cut in g[ood] table, take them off, and wipe them from yo[ur]
breast and lay them on again. Pro: d. ~

For the Ague.

Aloes rotatum. Mastiche. Odorat Europeum ana ℥ 2 of drams stolen together &
spread upon leather, and applyed to the Vertex. ~

For the Wormes.

Take of the springs of Lavendy (not the flowers) Mij. and boyle them in Ale
Vinegar a ℔ of a pint & bitter the Lavendy juice to the bottom, then mixture
it with flower of Barley, mix the mixture of a poultice, spread upon a
cloth as big as will reach from the pit of the stomach over the Navell
and let it lye 24 houres, and then put on a new one & so do 3 times. ~

For the Eyes.

Take white rose water, red rose water, and Bur[ago] aqua Mij. Eye bright Celandine
the dayse water ana Mij. Verbin. Vill. Brown fennell, Hedge hock, fennell h[erb]
round like pearls to be found in the barrel at the foot of an old tree of park of
twelve Mij. distill all these together, put to the water proceeding from these 40
rounds of bay salt wrought in a fair linen cloth with water may be tried all
the years offered. To make a Concection hereof.

Take the same water distilled (Mij) put it into a little dish glass, and into it
put sugar candy, Scalop and Lyme ana ℥ shew the glass close with cork
and let it in a pot of boyling water over the fire with the mouth above
the water a q[uar]t of an hour. ~

To cure ye biteinge of a mad Dogge.

Take herb of grace a good handfull the leaves, put off of Garlick cloves
almost a handfull of Cetarch (Mij) of Triangle Dime (Mij) bruise the
herbs and the Garlick, then boyle altogether in a pottle of old dubble ale
till to a quart, then strain it and drink of it warm and then (Mij)
a lay of the dregs to the place bitten, and of it drink a daily till good ye
Chirurgeon or Apothecary prescribe. ~

For a Bruise both outward & inwardly.

Take Plantt Berry, Bryar barks, daisy leaves, and root stringe of all of each
ana Camomile Comfrey root, Flitch of the barke of Elder dimmy the off-
cast of bark of those things Mij. friends, stew all & put them in a pot with a gallon
of

of Water till half be wasted, then put in new water &c. then
strain it and put in honey ℔ with four ounces of Salt tempered to powder, so drink
it warm. The outwarde Ointment.

Put in the same herbs and roots into boyled hogs lard, and soak it long
very softly, then the herbs & of a dead dolphin then put in a little Drave fat
and strain it and anoynte the bruised place with it. ~

For the Colliq. and Stone.

Take Groats every morne under with blood Marjorame Thyme Penyroyall
and Lednoy, Take the roots of Sangfrage in September wash them and
dry them in an Oven at several times, then drate it to powder as yo[u] use it
and take as much as will lye upon a sixp[ence], put it to a glass of white
wine and Sangfrage water stirr together. ~

For the Chollicke in the Guts.

Take a roots of Bindweed strayed it wash it pound it and strain it with
strong Ale Pl. drink of it it helpeth speedily. ~

Vertigo.

Boyle Southernwood in drink and drink it. ~

For the Mother.

Take Sage and boyle it in white wine drinking hard of fasting & at night
& before yo[u] walk when yo[u] get to bed stronger bind some of Mandrake then
dip a linnen cloth about the length of the tail of yo[ur] hand in Dynamon water &
lay it 3 or 4 doubles upon yo[ur] Navell very warm. ~

To cure a spreading Ulcer, or to stop Bleedinge.

Take great plantt and Samarel Bugle Plantt Berry under barks, boyle them
in formed water till they be tender then mixe them finall and lay them to
the sore, anoynt it round about with Dymentum Album spread upon the
Ulcer of a leg or fetter or elsewhere if yo[u] found a Cauter in the sore boyle sage
& Woodbind barks, with water, and drink it 3 hours day. ~

To cure ye biteing of a mad Dog or Adder.

Take Wormwood and stamp it & boyle it in spring water & put to a Man that Mr Eaton.
is bitten good wine to drinke ℔ Venice treacle & in a pint or two pints a
Gallon, and bind the herbs that grow forth to the place bitten & it will certainly
cure. Pro: d.

For the Stone.

Take vinegar & fasting and at night a crust of dry Bread for the Mr Wheate.

approved to be very good. Ale often drunke in a morne fasting a draught of ale in which all dight a great Onyon hath been steeped. doth wonderfull good.

For the Rheum in the Eyes.

Take plantant water and white rose water ana, set them on the fire and thicken it like a poultice with crumb of bread and put in some fennigreek seeds bruised small and a little oyle of Roses then put of it in a fine cloth and apply it to the eye as a poultice warme when yo goe to bed, and if the Rheume be inveterate drink three or four daies pottings to fresh night and morne, and dropp a little plantant water in ye eye two times stopped. drive poultis from the dropp and wipe it with soft cullet. and so night. morne and noone drop a little into the eye but warme. This is all I yeld to my own eye, which is notorriously sore. till this, I began to bleed and then I drank then very often in plantant water or springe water and used the poultice only a night.

To skin and heale chopt & sore Nipples.

Mr Radleis. Take Quince tree bruised with which you may taste in a glass by yo all the space of when yo hand occasion to use them put some into plantaine water and let it stand all night and it will clay, then anoint yo breast heade, inveterately most bottell nut. Pro: E.

To take redness out of ye Eyes ye comes by Rheum.

Take an ould ffennel root, pile it and fill it with white high wine then strip off the bark and lay it in the ground for 2 or 3 daies, then take it out and put the water into a glasse, so drop it in yo eye and yo probate.

An approved water ye helps most Rheums in the Eyes.

Take white rose water Ph. Dutia and white high wine ana ℔ ℥ strain them into they add ℥ ℥ of flower, then put them into a glass with the water, and shake it every day but ye first matering it for 3 weeks together. Drop a little of it with a spoon into the eye morne and noon first bathing the eye with the water both white.

For the Stone.

Take Hawthorne berries dry them and pound them and take as much as will lye on a 3d in posset drinke in the morning as often as occasion is. Pro: E.

For the Convultions.

Mr Hurt. Take 2 or 3 drops of Harts Blood mix it with 3 spoonfull of Black Cherry water and give it to drinke often. Pro: E.

For

For the Wormes.

Dr Dakins. Take Darmarite 30 grains, worm wille 3d or more worm seed ℥ vi wille 3d also mix these with in halfe a ℔ of Dorade and give it at the full and change of the moone 3 morne & 3 nights together. Otherwise Earth wormes, frogges and eggs and laid to the Navell.

For an ague & to draw up ye Almonds & ye Pula.

Dr Dakins. Take Rhabarum 1d Bezdar mineralis & powder them the Bezd sinking first then wash in plantant water and dryed again mix them with Diaprunum 2d like a salve, spread them on pieces of leather and lay them to the wrists very warme, and when it is drye lay fresh stuff to for 9 days. &c.

To draw down the Almonds of the pap, spread it on leather and lay it behind the Ears. And to draw up the Pula shave a little hair off the Crowne of the head and lay a plaster thereof to it. Pro: est.

A plaster most excellent in sore bruises, where ye skin is not broken.

Dr Dakins. Take 2 pots of Paracelsus Emplaster and one pottle of Diapompholix mixed together & spread it on leather or cloth, & lay it to the bruised place it will take away all the sorenes and discolouring of it. Pro: E.

For ye Brocks a Plaster.

Take of the red Bezdar mineralis in fine powder, mix it with fresh horse dung to make it spread like salve, then dry it well must spread it on peice of leather of the bigness of a Pulse Crowne. And lay to ye dry warme to the Crowne of the head and over of the nose and stuff in them, shifting on fresh if there be occasion, the first fall of the hair will helpe the brocks of a yr old. Allow laid in springe water all night and ye morne washed. It is good at first.

For paine in the hipps an oyle.

Take the inner barke of a young Elder tree and fry it with in Mutton fat oyle, then strain forth the oyle and it will look green, with this oyle rub the place well with a warme hand.

To stop Bleedinge.

Take plantant water & vinegar ana ℔ ℥ mix them together & wet cloths in it & put them the patient to hold at the nose and in the palms of the hands. lay some in the nose of the nose and on the temples and as fast as they drye lay more fresh on.

For the Sand.

Take dried Blood dryed and pound to powder, & some bits Hogs dung must be cattled put into the nose will fright mediately. Pro: E. If not with bleedinge that it brings it continue bleedinge, ye only way is to open & bayne in the arme to make the Blood.

Nor

For a woeman in hard Labour.

Take Gummin, seeds, Saffron, Spraunk, of Laudum, Date Stones, White Amber, of each a little quantity, as much as will lie on a Groate, Bruise all made into fine powder, but Saffron must be of the Gummin seeds, a greater portion devided as much as of any of the other, let that be green in a little warm Ale Posset, putting as much in as will lie on a fryze-point, and give in Bryon the opportunity of Labour.

A poultice to breake any Imposthumes or Swellings.

Take Sorrell, Mig. Rub it or wrine it in a clear cloat. Lay it on put it all night under hot Dunge, made of round Dunge with the Sheep in her, take out the Sorrell and mash it well in a mortar or Dish, and mix therewith ounce of Basilicon ℥j. Turpentine ℥ss. do spread this warm, apply it.

A Very good Blacke Sabre.

Mollapleto

Take of the best Salladr oil ℔i. put it into a Skillet that will hold about ℔ii. for the oil will boile high and take heed it boile not over then put into it finely beaten ℔ss. Gum ℔i. and stir it well a Stroke a qr of ℔. then set it on a coole place recall pro but let no flame be then put in of Litte ℥ij. of a Sheep that have been long at Sea if yo can get it then put in your equal ℥j. put the pitch and wax into the oile. Stir it allwaies, set away and let it cool a year, and when it hath got the mold draw a Cloath into it and let it stand until the Cloath and will not cleave to yo fingers, it is enough. Then have a board a little Bellow with legs like a Stool, cold water, oil and put the salve into it, and make 2 finger, well oiled and stir it up and down till it be cooll enough to take into yo hands, then take as much as will make a roule, and pull it up to cheaunch, lay it, roll it straight then make it round. Care must be making of it and oile yo hands every time, or yo raiment make it good, Good for Green wounds, Bruises, Sprains, any Scottings, etc. etc.

A water for the Eyes.

Take of the best Mirrhe and distill water of the white rose aqua ℔ss. Fennel and Fennell Red sight. Distill water aqua ℥ij. mingle the white and water altogether, take the best Cloves, the Cattie stone spiced then beaten to powder of each of them ℥ss. best Cloves, best Camphire aqua ℥ss. first white sugar Candy ℥i. beate all to sore fine powder, and then mingle them to the wind and water. Put them altogether in a strange glasse for it every time white yellow wings and bubbles, let it in the open air where the sun may shine on it, let it not be taken in night nor day for 40 daies together. Take the glasse and let it over and cover 3 time a day, then take it in, and shake it on yo eyes in yo bed side. It will last good 4 or 5 yeares, any of the wind and distilled waters be good window then expand and power on yo ground of the formes following the glasse water open aqua as it afore said. This distilled waters are of inflamation of yo Eyes the

the pin and wire and the fistula on the Eyes, a quarter, all outward parts of the Eyes only be applied them to cold and quickly. Let the parties grieved lie upright upon a bed, and take 1 or 2 drops of the water be dropt into the Eye, and presently the Eye lids close together, and hold them fast a qr of ℔. that the water of the water may spread it selfe over the whole Eye. The water should be warmed in a silver spoone, before it be applied.

The Cattie stone is spiced in fine mannerd Mirrhe, Cattie stone so much as the dispatch raise in one lump as dissolved ℥ij. or ℥ss. Date Mirrhe spiced Camphire and white rose water aqua ℔ss. put them together into a silver powder or stone ring, which may be covered close, make the stone red hot in a Chaunrall fire o'ruinded, hard ruind endure it in the wind and water, then wet away the water and take so much of the stone as is distilled and do it as afore said.

A Receipt for ye Eyes.

Take a good quantity of Eye-bright, a quantity of Pettony, not full so much as the Eye bright, a little Sweete Marjoram, these must be pitt and dryed in a Drainder on a Cloath about a fortnight, then they must be put into an Oven after the bread is drawne, a time so dryed that they may be easily beaten to powder. Since the best time of the year to gather these herbs is the white yo must put a little fennell seede, and Cloves, a Nutmeg and Cinnamon all into fine powder, and put them to some Garlicke powder mixt all well. If to be taken dry half a spoonfull at a time, and drunk in ale warm till it be dissolved. If thus 2 or 3 times a week or oftener if yo please, spit it not out against the swallow it.

A cleansinge water for an ould corrupted sore.

Take Cana fistis and Rhubarbe of each equall put them into a glasse and take them often for purgeing.

Take of this water ℔ss. Springe water ℥iij. mix them, you may make it stronger or weaker as yo see occasion. Yo may make this Drying water.

Take white Vitriol, Salt Petter aqua ℥ij. Alum Roll ℥iij. calcined with Camphire ℥ss. Take of this powder when it is calcined ℥ij put to it strong Vinegar ℥ij. wash the sore morning and night with this water. Then may yo sound of the powder if yo please, before yo put the drying water, afterwards the sore be washed for years of the ground sticks.

A Purge.

Take of the best Yellow 30 Grains, Grains of Cartar 20 Grains, Cinnamon, a minutes powder of each a little, to take away the windiness of its taste it in breath and do not strain yo body before it works of it selfe for then it will give a downe.

A powder for the winde.

Take Aniseed, seeds, Cuma Campana, Barbarick, Grains, Orange pilled dryed Diversis aqua ℥ij. Acorn Terrestris ℥ss. Saffron ℥ss. pounds all sweet them all

all fretting. Wrap them with, into take noise thereof weight in white sugar Candy and add to them: take of this powder every morning & fasting as much as will lye on a halfe Sixpence, in strong Liquor yo^u like best, add as much of a a Glasse in the afternoon, use this for a moneth.

For Burns or Scaulds.

Take Malt of an Oake tree, boyle it in Mayr butter to an oyle, or use in Salad oyle, and anoint with it as most expedient. —

In danger of Miscarriage? —

Take some Cynamon comfitte, and put them into the syrrup of Calthia and let them to turnd up and downe in it and he a gentle fire then take them and sugar off the syrrup, a spoonfull at a time, or lesse doubts. —

A cleansing & cooling whay for the Springe time. —

Take Bethony, Milf. Broom Borage Lettuce Succory Maidenhair Sorrell Eye-bright Lovewort and Mj. Strawberry and Violet leaves, ana Mss. the flowers of Rosemary Borrage and Sorrell or Lovedoy gentle, in all Mj. the flowers of violets Mj. Almonds and sweet fennell seeds, ana Zij. boyle these in whey & Lx. Springe first clarified till halfe be wasted, then let it stand it and let it in some cold place, drinke of it about the 4th parte more or less, as you find it agree with yo^u. yo^u may warme it if yo^u please, take it in the morning and fast at least 2 houres after it. If yo^u desire to have it more purging add to the quantity before set downe. Sena Zj. Cortiandrum seeds Zo. If yo^u could have it more cyrrupy and producing drinkes boyle in it the roots of Succory fennell and Parsley and Mss. —

For Costiveness in a younge child. —

Only anoint the Navell with fresh butter. —

The pills ye Stroke for my Eyes when very Sore? —

Mr Bracegirdle

Re. pill de Lubrico major Zj. Crocomali Dulc. gut. iij. in ℞. pill ij. Take pills are best prep to purge the Stomach.

The Electuary ye Stroke of him to strengthen my Sight. —

Re. Doncs Indiaman Zjj. Cl. fumiculi Dulc. gut iij. Aquilis Rosadorum Zi. ss. in ℞. Electuarium. —

A diet drinke prescribed mee for my Eyes.

Mr Atwood & Oculist.

Re. Aqua Alexandrina ℔ o. Polypodium of the Oake, white Coriander ana Zij. Lemon peel, Sassafras, Bay berries ana Zij. Fennel seeds Zij. Sparrow Ziß. Licorice Zjj. Sodorella, Thime, Calamint ana Zß. Rhubarb Ra. Cinnamon, Mj. Bethony, Eyebright, Sage, Vervain, Mj. Mulberrys ℥. Stoned raisins ye artificially shut stitched into a thin Canvas bagge, to be hanged in 2 pottles of

strong Ale wortes, let all wortes together and stand for 7 daies then afterwards Drinke a draught of about ℥ iij^o of a ℔. in the morning fasting, it will worke 3 or 4 times. yo^u may vaule halfe of it if yo^u please to be more at a time, when I alleviate dos, and yet put it to stand some other time of worte set downe for the towards, and find it strong enough to worke 3 or 4 times. —

The water prescribed by him to wash my Eyes with

Re. Crocus aloes rose, beate them to powder and then infuse them with — Red water, Strawberry, or Plantain water, a dram & sufficient for 2 ounces of the water. If it a very milk water, wash 2 or 3 times a day with it. The water that comes from rotten apples, Grape stalks is very good for sore Eyes. —

The Pills.

Mr Atwood.

Pilli Coch. Zij. Pilli e Lagogatior Di. Ole garyophilis gut. 2. —

The cyntmt for the Eyes.

Mr Atwood.

Unguenti Rosati tali: in aqua pernili ℥j. Tutia Calatia ana carat ana ℥i. fiat. A trinke has unguent out cyntment of Rosis, coagle in the water or add of rosis. —

The drinke prescribed my Sister in her violent Flux after her Miscarriage.

Dr Dakins.

Take red wine ℔ ij. plantain water and red rose water ana ℔ ß. sweeten these strongly with Sirrup of Purslaw, sirrup of Coral and some Calcitrum drinke of this very often, because it allay the heat that the Liver drinke, of sweet wine with sirrup of purslaw & that purslaw with salad seed wortes. Besides it is good to drinke now and then a draught of water sweetened with sirrup of purslaw or sirrup of Coral. Besides get good Dates rub off a little at the point, and take out the stones, then fill them with red wine, sugar set them right in a saucer and so set them before the fire to roast, and as they roast, wet them with red wine, when roasted put 2 or 3 into your mouth and drinke of the drinke aforesaid, and the new drinke Jelly made of Calf's foot, with Harts-horne and Ivory, and Pima-wood and Plantrum of Pomegrand and Indian Dates, must boyled in it, and put of this foot any, very Dressed for this are good indeed for him. Also warm and wash put a new ringlet of new milk boyled, of mutton with the yolke of an Egge and then as much fine Bolularmenate put in it as will lye on a 6^d and a little Cynamon in it and sweeten it with a little sugar or Rosis if this can take it or else fruit sugar, and if the flux yet stay, distill it should be good to lye the Urine hard, if that should not be open a Vescicate in the Urine, and let it stand a little above a quarter, it again if need be. — Also get a Morning glyster of apples it with honey light to soak bee after, and take

them at night when in bed and in the morninge if occasion bee, and ye
mixtures remaine on about ye ℔ of a pound of clay a Cloth cover ye whole
for feare of rouling and let the parties in this condition sleep as little as
is possible any way.

For ye Mother most excellent.

Get of the right Millepedes of the Poate dry it to powder and take the weight

A drinke to strengthen ye Eyesight.

Mr Prescott.

Take Grimony Bettony Eyebright Plantain and Mint to about ye gallon of
Water. add thereto wormwood Mint. let them stand cold in it drinke it at 9
or 10 daies old. ye may drinke of this Water constantly if ye please or when ye
thinke fit.

The Temple plaisters most excellent to draw Rheum from the Eyes or Teeth.

Take Caramahat ℥j fine Mastick ℥ij. Opium dissolved in Spirit of Sacred
Dr. Olibanum of Saffron ana ʒ. Bolearmeniatick ʒi. Make. Dimber water and
oil de Nutmeg ana. halfe a grame. a little oyle of Mastick. make it in
a roll for plaisters according to arte.

For a Bruise or Knocke.

Take a brown paper wet in vinegar Brandy. and place it to ye bruised place as
most excellent.

For a Dropsie &c.

Take a good quantity of green broom, & put it in an Oven that is cleane
put fire to it. but take away the fire against when the broom begins to burne
least it mingle not with it. when the broome is burnt take to every pint
of boiled ale gallon or 3 Quarts of Drinke wine. and put them both into a
Limbeck or Stand put with a Spight in it and when it hath stood well mingled
together let it stand 3 or 4 daies to settle. and then drinke a draught of it every
morninge and at 4 a Clocke. ye may if ye please put ye ashes in a very thin
Bouldes Bage. Pro: 5d

For a Scantl or Burne.

Take Hill-wine ℔j ground ivy. ground Hoyt. ground it and boyle it in a fresh
earthen then strain it in with ye Ointment & a feather anoint the sore & lay fresh
wine bags wet the sore. Pro: 6d. Otherwise to anoint ye burne is Linseed oil & butter
fresh. this to stand out the fire and healeth it.

For the Yellow Jaunders.

Take Century Egrettd Worms ana ℥ij Burroot ℥ss. boyle these in

Springe

Springe water Qij. till Q. be consumed. then strame it & put to the liquor
white wine Pt. Sugar Cinn. Saffron 4ds and drinke of this warme for 3 days. Pro: 10s. Mr Ch: Ekerver

Pomatum.

Take hogs fat ℔ 2. or 3 back. cut it in Collops. and lay it in water 3 dayes. changing
the water every day. then wash it. take it out and scrape it cleane and cut
it in a mortar. then pare 6 Apples and slice them for prime water. and 2
Longhills pared & sliced within take white Lilly roots amongst them. put all these
in an earthen pot together with a little fair water and crinde Life water
or Cleane Cloister water or Ullar Dew. then set this pot on a soft fire till it
seethe & stirre it cleane. and strame it through a Cloth into a quart of faire
water cold. when it is cold take it brome his water and put it in the earthen
pot again. and put to it Hyeramacis ℥iij. with some white rose water or plan
tane and juice of Almonds. then melt it and strain it again. then strame it into
a great earthen dish. that it may be a fine liver till it be cold with Lavender
and ye may stirre it into the juice of Lemonds or some other water if shall be ye off.

For the Stone.

Take Liver Oyster and ground it all to powder. and put them into a Lettice
and give a spoonefull of this water to eat. out in greater quantity of it Pro: 6d
Alter into a red Rosemary drink a pound to powder & add unto it as will lye on
a groate in a small glasse of water out taken fasting ye good.

For Convulsion fits.

Mrs Cockeing

Take of ye dist Claret wine Pt. a almost Q. of Lemonade Blossomes & a Nutmeg
cut into small pieces and 6 Cloves & put them all into the wine in a glasse & let it
stand close covered all night then strain it and keepe ye water close stopt and give it the
patient in Convulsion fits. after the hath taken a while and it recovereth. Pro: 6d

For an Ague.

Take the water of the patient that is the first made after his first sleep. and let
it be close in a new bladder. and hange the bladder within the Chimney. and as the
water consumes that day it will waste away. Pro: 6d.

A preservative against the Plague.

Take every morne Conserve of roses fennell & Mithridate mix together the quantity
of a Walnut as most excellent.

For an extreame Cough.

Dr Dakins.

Take ye roots of Enula Campana dry it & ye of ℥j. Nutter as much Liquid & an
equal quantity of Licorisse to the Licorisse make as much or better of both of Liquorice
of Violets make all these a very fine powder. then take honey of Maiden hair ℥ij
and ℥iij. pure life lam ℥iij. & mix them together very diligently & take of it the size of a
Walnut Bedtime & morning and twice in the Day when you are overnight very wakeful to
a Spoonfull

For

For all diseases in ye Eye & to cleare ye Eyes.

Take greene Walnut Leaves, & bruise a fewe of these Leaves & bind them together and rub the eye therewith.

For a dimnes in ye Eye Approved.

Take a new laid egge and breake a little off the end of it, and put the white out, reserve ye white very cleane, then fill the shell with fresh water and set it on ye fire to boyle softly, and then it with a feather then set in as much water as boyled as a gray peale, & water the boyle halfe away put it in a glass & power a drop or two of it into the Eye.

A Candle for a weake Backe.

Take ye fat off a clouded Mutton & 3 dates, grind them very small with a little role then strain them with Mulled wine Lb. and olle Q. then grate a little Nutmeg therein and a little ginger & so boyle it, & take of it as off as ye round.

For a Could in a younge Child.

Take oyle of Sweet Almonds fresh drawne & white sugr Candy fine beaten mixe them together and give the child of it any time of the day & foregood.
Likewise if the Child be desire unto a little surfeit of colick, then some oyle of Almonds and give it a little of it warme and fasting.

For Convulsions or Swoundings in a little Child.

Take dill, Fennell, Feathertoe red Sage, anise, Mint, Balm, Mint, bruise all in a morter together then put them into a fresh pan together with Salleade oyle Lb. & the oyle, set the pan over a soft fire, & when ye minute the swoonings strange it when taken off and anoint the stomach with it warme, and with a warme hande warme and then doe it good. for Windy swoundings or fainting fits.

Sirup of Rue do cure many diseases in the Stomach.

Take Rue (Mint) wipe it small put thereto sweetwine Lb. Clarified Honey Lb. boyle it together till it be thicke, then strain it and keep warme for a cordy, taken Q.

For all Bone Aches.

Take with Lanfery, lay on a cinder in it to the place in a cloth of sing & bring warme onto.

An ointm.t for Childrens Faces & Hands ye breake out. also for Burns or Scalds.

Take greene barke of elder lb. plantane with broad leaves lb. as much houseleke stamp them small and put them into a skillet with Salleade oyle Q. set it on a soft fire, let it boyle halfe an houre then strain the herbs from it and put to the liquid

Justbroth Birdwood lb. let it boyle halfe an houre, then put it into bottles put fine.

Hony of Rosus or violets.

Take Rosis or violets, and bruise them and strone forth the juice and boyle it in Honey this is good for any sore of mouth.

An excellent Surfit water.

Take aqua vite Qu. put it in an earthen pot stopp it then as many Lemons sliced as it will contain for 3 daies, then strain them in a fawcet strainer, then grate the Peel and then strain it, then put into the water English Lavender flowers lb. and add sodden lb. of ye flowers that Rosmarine touch the bottom of the water stand a month, stand for use. Dose wonts of use it mixe water Cyp. Wormwood, Strange water Q.

For the Green-Sicknes.

Take Sive hem Lb. and Clarifie it on the fire then take ye gorlis beaten Cyp. mixe them together and let them seede out boyle over the fire, then take the juice of Mint of Bearsfoot of Groats, and the juice of ye fresh Leaves mixe it with the hony and let it heade out boyle on the fire, then put it up and take Cyj of it in the morninge fasting continue an houre before ye eate, & take two hours after the taking of it with some syrrop, and the broth at night as much warme water as you can drink take of it 3 daies after the cleanse of the wormes, & 3 days after the pills, & so during ye hour made an end of the pills.

Another.

Take Wormwood and Burrwood anise Mint of each equall together in faire water Qt. to make water Gruell therefore and let one pot therefore Lb. every morninge 3 mornes together, and after walke abroad halfe a Mile.

A Soople Pomatum.

Take a Wax, & mallowe roots, a Lilly roots, waste the pay of a Lowe water & strength & clouds, wase the roots very cleane, grate all the fore together in an Alabaster Morter very fine and fairy into the Lowe, into ye the fore grate from together again, then put it by and water ye water ye fresh water let doe it with a piece of Surlist or Stamell for it will take the wrinkles either out from ye waste.

For Convulsion fitts.

Take a dead mans Skull, grate it into very fine powder, also take ye roots of ye male Hony Dewe, & grate it likewise to fine powder, & give ye patient as much of each of this as will lie on a groate, in a little porringer of red Sorrel water, let from the Sorrel and fast an houre after, let this be given to a woman child, as ye child will take this

the powder of a mouse and of the female Dung, and give 7 mornings together and observe a diet not suffering to take any drinke nor any parte of any meate from the gullet onward, as pouldter or venison or the like, but of the dry and of fowle.

Oyle of Charitie.

Take of the best oyle Olive ℔ ij. Dowsley flowers ℥ij. set it in the sunne 3 or 4 daies till the vertue of the flowers be gone into the oyle, then put into it Myrr, Aloes, Camomile, red Sage, broad leaved Plantain, Lettuce, Doormouse, dryed hyssop, sweet Marjoram, Rose ℥ij. let it stand thus 3 or 4 daies, then set on the fire, then strain out the herbs and put in the same quantity of rosemary, and a good ℥ of Dittany, let it stand 3 or 4 daies, then set it on the fire and let it simmer, then strain it again and put into it 3 or 4 ℔ of Linseed oyle or nutt oyle and then boyle it till yo can see no more of the flowers, but this oyle looses very much, this oyle is very good for a drink to be taken 2 or 3 drops inward, and outward against all outward diseases, as proved good for the Lockjaw, aniking and drynesse therewith.

For weakenes in the Backe

Take Sweet Cinnamon ℥iiij, Galingale, and well bruised in a Morter, that then small and put to them ℥ij of the juice of an ewe Garlic, and then strain pulle off, strained then together very small and put into the yolke of 3 Eggs and temper them well, then take Sallet Oyle, Musk Rose ℥i, put into it and let it take the strength of the Spices till the oil be in, then strain it through a fresh cloth, strainer as much as yo can pressed the Sallet yo meane to boyle it in, then season it with salt and Nutmeg, stirre into the Sallet yo meane to boyle it in, then season it with salt and Nutmeg, stirre it continually till it boyle, and yo shall see it will enough, yo must take hartshorne and set upon water in the fire, warme, drinke often, Climbing mutton made with plantain water, of Rose water, Sweetbreads with sugar.

A Posset for the Stone.

Take sweet fennell Seeds, Cumin seeds, Parsley seeds, anis ℥ij, then take Ale and mixe anis ℔i and drinke warm ℔i, boyle them and make a posset, take of yo Curd of boyle yo seeds in it, then allowe to a Drinke it warm, then agree drought, sweat, fever.

To increase Milke.

Make a posset with Butter milke or Ewe milk warm, drinke a good drought therof warm, then.

For a Swellinge.

Take Daisy roots, flowers, stamp it, then put it to the swelling, then a salve, then put to it a piece of sour dough, a piece of salt Butter, and the yolke of an Egg, with dogbane, then bind to a salve, then spread it on a cloth, then put to the swellinge, it will take breake and heale it.

Ano.

An excellent cordiall water against Surfits.

Take Spanish Licorice and Cumin seeds anis ℥ij, flive of Licorice, Ginger ℥ij, Sweet Cicely of the sun seeds ℥ij, Liquorice ℥iij, tree bark and 3 pottes of fine strong ale, 5 gallons of Sherry wine, put all these into a vessell and let them steepe 9 daies, the tenth day draine them and Still the Spirituous for Spirits, Still yo water in fresh vessell yo proved art in making proof. Mrs Perrige

For a setled Gould in ye Limbs wch causeth lameness & ache.

Take Mustard & vinegar boyle them together till thicke then apply it to the place gathered warme and stretch down skinne of Sheep Cordoran, let it remaine on for 3 houres, then take hot cowsh it off with water and ashes, this will certainly mitigate but will raise bore blue burnbungs and paine for the 3 houres. Thus wrote Mrs Bestiche when she was not able to goe for Lamed in her legg raised by gould. Mrs Bestiche

For ye Cough from a thin Rheum & a could Stomach & a moist Braine.

Re of Penile Dompane ℥iij of Hollock mallowe roots ℥xij of Quinces ℥xvj and if it be a time when Quinces are not to be had, take Marmalade or Cuddiniate of Quinces, and boyle them in faire water with the roots till they be soft to breake, then breake them in a morter with the quinces, and goyle them through a Sieve or strainer and for every pound of the mixture add 2 of Penile Sirrup, then boyle them together but do not over boyle them, then take them every from the fire and for every pound of the mallow add of Saffron 3i, of Spanish ℥ij, of Licorice 3i, incorporate them well together and then it is made, but it ought to be Chromatisd with Sugar and so keepe. This marvellous Electuary must be taken in the morning fasting, and then yo get to bed. This made a man aged 86, who had a Cough 40 years, and other ways often experimented by many Dr. Alice Ch.

For the Tooth Ache.

Take a root of Yorkins and pound it small, then mixe it with sour Curd and make a plaster of it and bind it to the side of the head of the Contrary side that the Ache is on that pained you. Proved. Mrs Berefford

A Black Salve for a sore Brest to draw out the Place of any Bruse.

Take 2 handfuls of rosmary tops and as much tutsom leaves as much plantain leaves, one pound of stone pitch a pint of salet oyle a quarter of a pound of yolle wax, beat the herbs very well in a morter then boyle them Mrs Horne

them

them all together in a pipkin gently 6 houres till it bee as stiff as Jelly then put to it 2 ounces of Oleonum stir it well to gather then strain it with a strainer in to a galley pot and keeps it for your youse.

The Greene Ointment for Sores.

Take a clean scellit or Posnit and first put in to it of rosin the quantity of a walnut which being molten put to it the like quantity of wax and when it is also molten put to them of fine Hogs grease halfe a pound and so soone as this is molten put in to ye rest of common English Honey one spoonfull when all these are molten and well stirred to gather then put in of ordinary Turpentine halfe a pound and so soone as it is dissolved take it of from the fire and put in to the scellit of vardigris made in to verry fine powder one ounce and so stir it well all together but be carefull it run not over for that the vardigreas will causes it to arise then set it again upon the fire till it do begin a little to simyer then take it off for if you suffer it to boyle it will turne red and so loose its vertue of healing and become a corrosive then strain it through a cloth in to some other pot and keep it for your youse laying something upon the mouth of the vessell that dust get not in to it and if it be not strained then the grounds in the bottom will corrosive a sore and not heale it this cleanseth a wound be it never so foule or infected wth dead, proud, spurgey, or nauty flesh it carnefieth and healeth abundantly and also soundly and formly as that it doth never more break forth it draweth forth thorns, splinters, nails, and all such things in the flesh and in a word it cureth all sorts of sores and woundes.

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Mexico

Oath of the Emperor Augustin Iturbide) the first, before the Supreme Congress.

I Augustin by Divine Providence and by nomination of the congress of the representatives of the nation, Emperor of Mexico swear by God and the holy evangelists that I will defend and preserve the Roman Catholic and Apostolic Religion, without permitting any other in the Empire &c &c — That I will not exact lending money or aught else without a decree of the congress. that I will not take from any one his property, and especially that I shall respect the politicall liberty of the nation and personal liberty of each individual. —

This may God be my aid and my defence.

Signed Jose Ignacia Gutierrez. Dep: Sec^ty

Mexico May 21 in 1822. (Copy)

From the Times Aug^st 8. 1822.

Longman & west Rees Orme and Brown.

Sell the number of five millions of Volumes of Books annually, they afford constant employment to 60 Clerks and 250 Printers and Bookbinders and pay £5.500 annually for advertisements

(Mon Observer 1822. pp 522. 523

Stated by Lord Lyndhurst in the house of Commons.

King James 1st Dishonoured himself and his Country by his Book of Sports, in which he declared to his subjects, that dancing, archery, Leaping, Vaulting, May Games, Whitsun ales, and Morris Dances were lawful and commanded, that such lawful mirth or recreation should not be forbidden to his subjects on Sundays after Evening Service. — In the 11th year of the reign of Chas 1st the act was now repealed — Mon Observer 1822 Aug^st 11th — p 488 —

In a Village not far from Leek, in this County, on the production of the annual accounts by the Constable a few days since, a curious item was found. He had occasion, during his official term, to refresh a travelling pedlar with meat and drink, and had entered the expence in this way — "To eating a man 1/8" — A hearty laugh being raised, the unconscious cannibal oddly enough remarked, "that if he had known, he would not have done it for double the Money".

Staffordshire Advertiser April 27. 1822. Saturday

Amount of the Revenue at the commencement of each Reign

	Year	Annual Inc.		Year	Annual Income
William the Conqueror	1087	400,000			
William Rufus	1087	300,000	James 2	1685	2,001,855
Henry 1	1100	300,000	William 3	1688	3,895,205
Stephen	1135	250,000	Queen Ann	1702	5,691,803
Henry 2	1154	200,000	Geo 1	1714	6,762,643
Richard 1	1189	150,000	Geo 2	1727	8,522,546
John	1199	100,000	Geo 3	1760	8,800,000
Henry 3	1214	80,000	Geo 4 during		
Edward 1	1272	150,000	Oct. 16. 1820		50,643,810
Edward 2	1307	100,000			
Edward 3	1327	154,139			
Richard 2	1377	130,000			
Henry 4	1399	100,000			
Henry 5	1413	76,643			
Henry 6	1422	54,976			
Edward 4	1461	100,000			
Edward 5	1483				
Richard 3	1483	100,000			
Henry 7	1485	400,000			
Henry 8	1509	800,000			
Edward 6	1547	400,000			
Mary	1553	450,000			
Elizabeth	1558	500,000			
James 1	1603	900,000			
Charles 1	1625	195,819			
The Commonwealth	1648	1,517,247			
Charles 2		1,800,000			

In the time of George 1st there were only 178 Peers but now there are 310, and adding the 28 Bishops and the Irish peers 382. The progress has been in the following ratios. In 1719 there were 178 Peers, in 1780. 183 Peers. In 1821 there were 310 Peers. from Lord Bolkstones speech in the House of Commons on parliamentary Reform April 25 1822. — Times, April 26. 1822

Newspaper. — Number of Newspapers published in the following years.

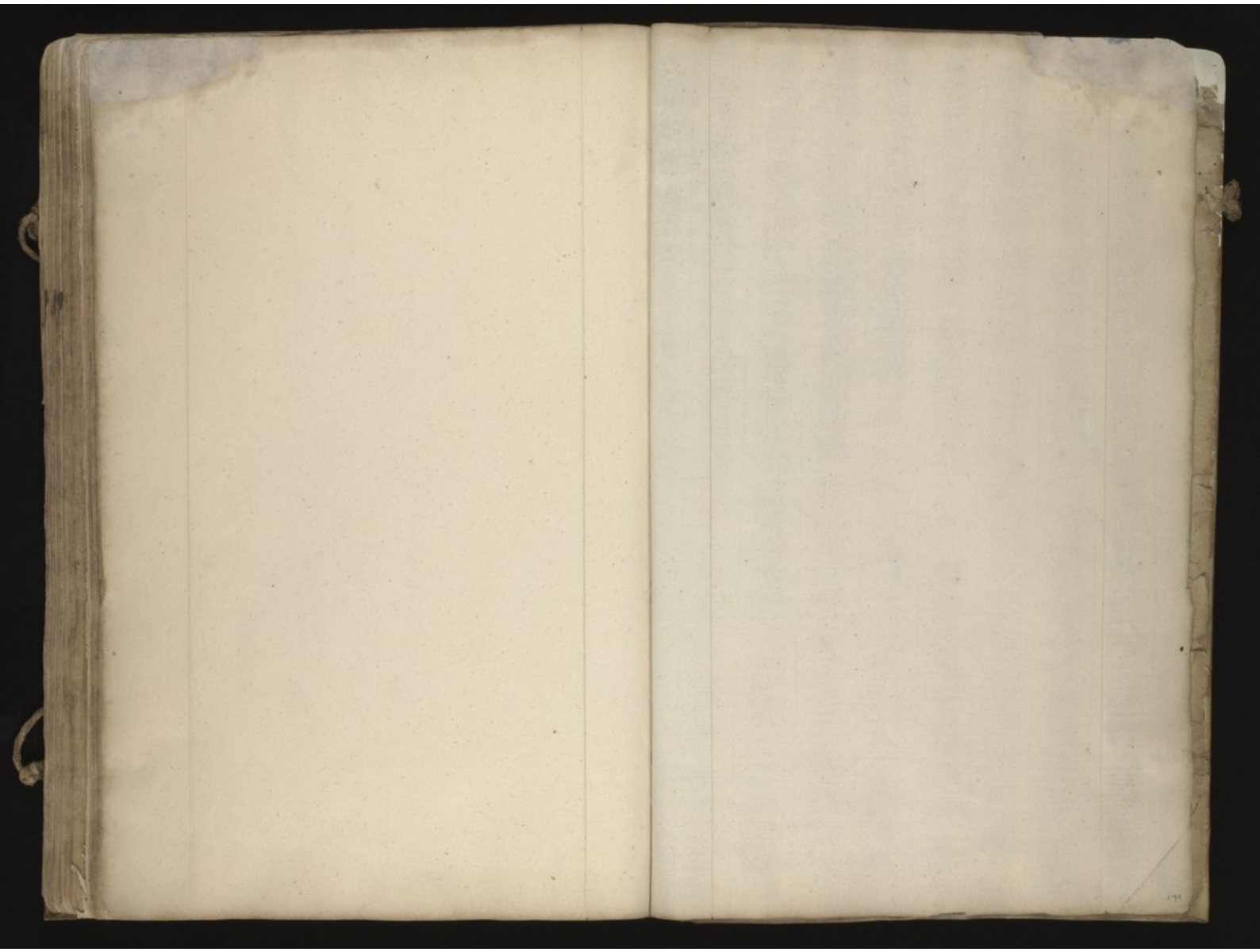
In the years	1782	1790	1821
In England	50	60	135
In Scotland	8	27	31
In Ireland	3	27	56
London Daily	9	14	16
Twice a Week	9	7	8
Weekly	0	11	32
British Colonies	0	0	6
	79	146	284

From Lord Bolkstones speech in the House on the above date.

Stamps. An account of the Stamp and advertisement duties paid by the Times Newspaper in the following years.

			£ s. d.
1815 Stamps	20998 - 13 - 0		
Advertisement Duty	9003 - 2 -	30001 - 15 - 0	
1816 Stamps	26080 - 10 - 0		
Advertisement Duty	10738 - 7 - 0	36819 - 3 - 0	
1817 Stamps	27,515 - 10 - 0		
Adv.t Duty	11953 - 15 - 0	39469 - 5 -	
1818 Stamps	28149 - 13 - 0		
Advert Duty	13960 - 12 - 0	42110 - 5 - 0	
1819 Stamps	30517 - 16 - 0		
Adv.t Duty	13836 - 4 -	44354 - 0 - 0	
1820 Stamps	40833 - 16 - 0		
Adv.t Duty	14275 - 12 -	55108 - 8 -	
1821 Stamps	32084 - 18 - 0		£
Adv Duty	14570 - 2 -	46655 - 0 - 0	
Total in 7 years		£ 300587 - 6 - 0	

Folio's 152v to 179v are blank



Oct.r a 1809 [illegible] £ 20 10 11
[illegible] 2981
[illegible] p Tra £ 6 12
[illegible] 1511