

Cholwich, Thomas

Contributors

Cholwich, Thomas

Publication/Creation

1716

Persistent URL

<https://wellcomecollection.org/works/f7zgrbfw>

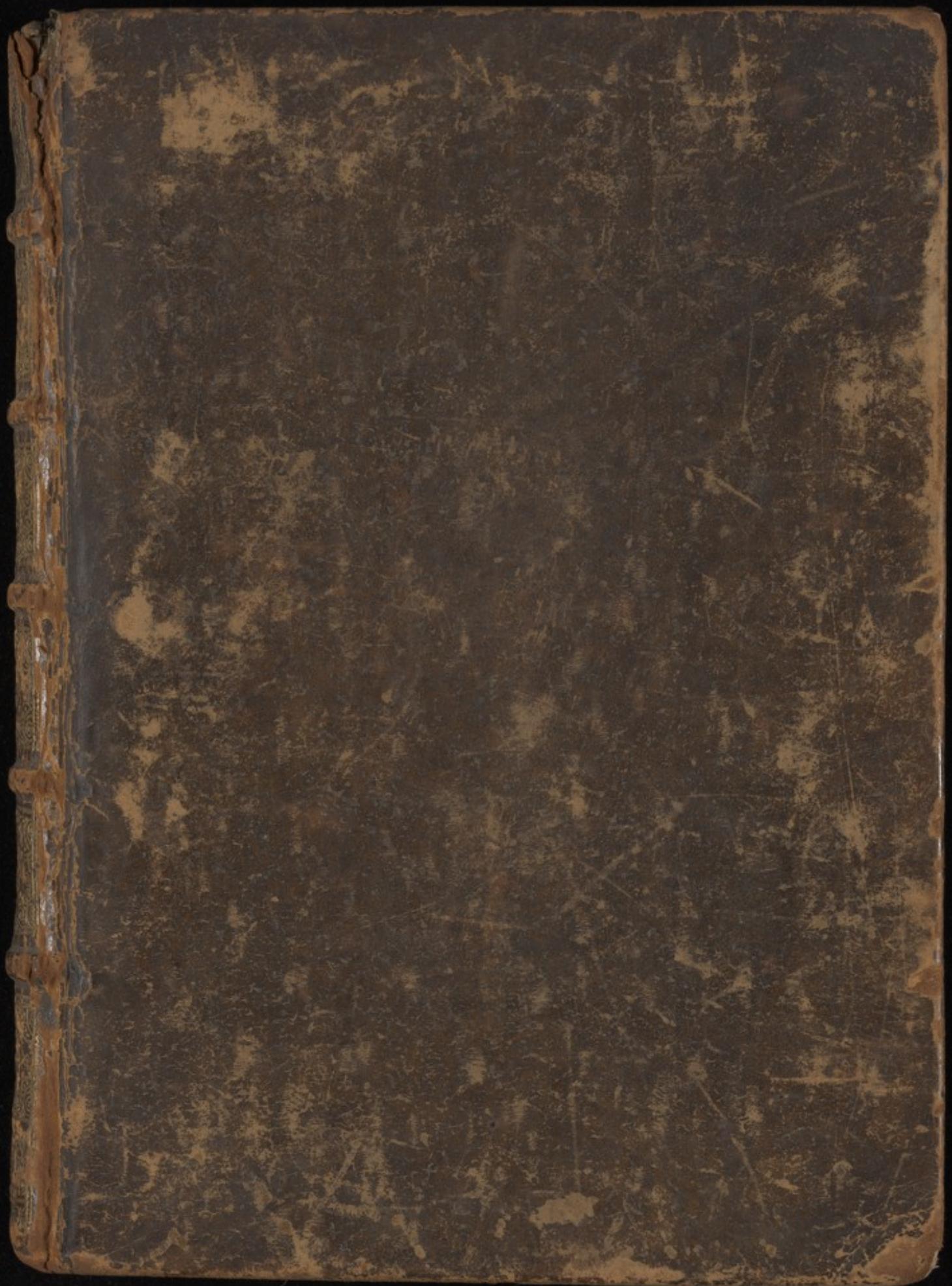
License and attribution

This work has been identified as being free of known restrictions under copyright law, including all related and neighbouring rights and is being made available under the Creative Commons, Public Domain Mark.

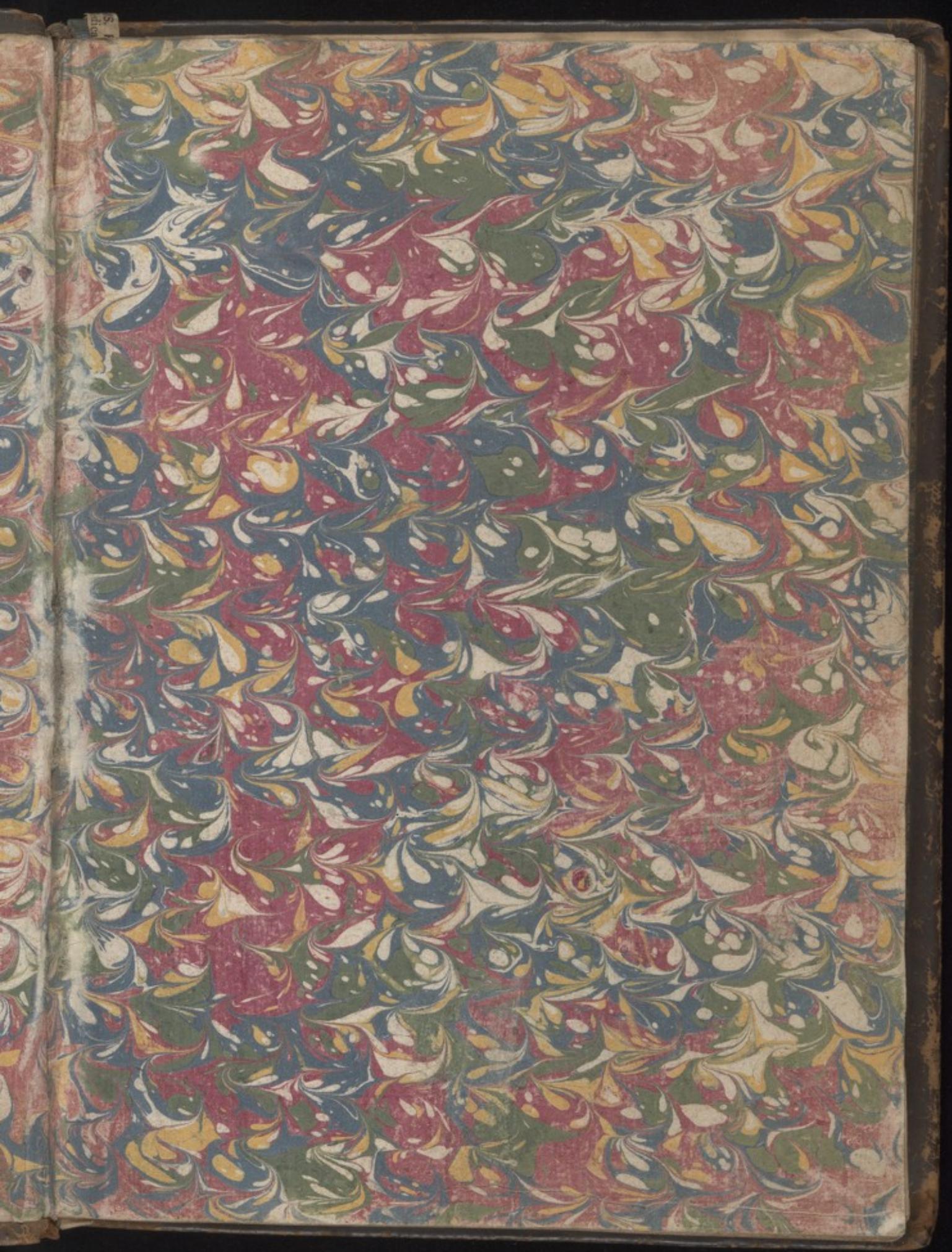
You can copy, modify, distribute and perform the work, even for commercial purposes, without asking permission.



Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>







17 Oct 1857 38

124

1016

1626

#3



ACCESSION NUMBER

10270

PRESS MARK

1626

J. H. S.

S
20.6.10270

H. Sipes

May 6. 1890.

Tho: Cholwiche his book. 1716.

See Sir Hans Sloane p 57

A Table for y Receipts

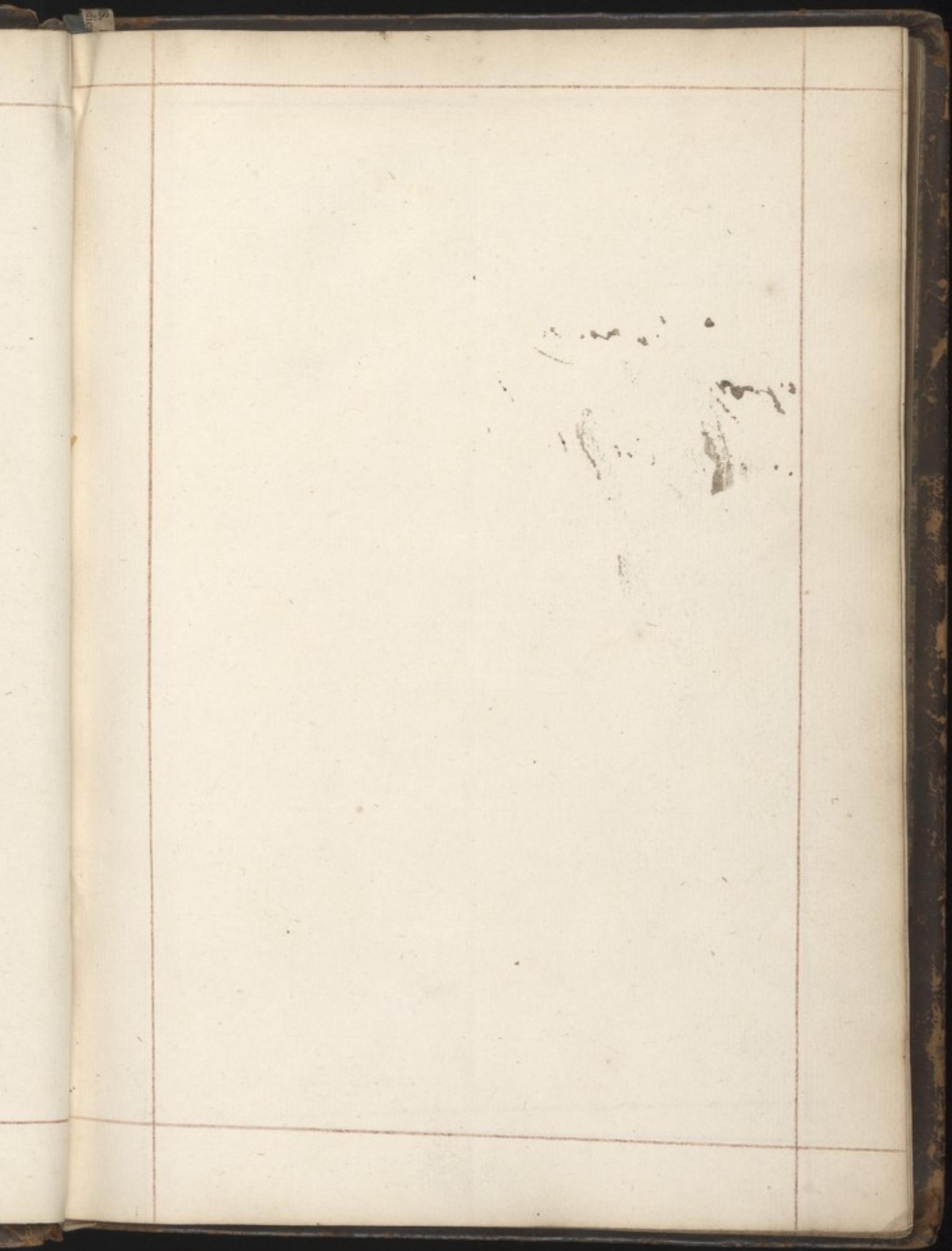
For y bite of a mad dog	The Scotch Pills	ibid
To procure good Labour	ibid Conserve of Lips	ibid
For the Gravel	ibid The Rakay Water	14
another for y gravel	2 Sucatulus Balsom	16
for a scald or burn	ibid Usquebaugh ibid
a purging cordial	3 Sulphur Wine	17
Milk water	4 Twisting of y Guts	ibid
Syrup of Turnips	5 For y Astma	ibid
for an ague	6 For y Gravel	18
for y scittica	ibid Another for y Gravd	ibid
an admirable Balsam	7 For y Stone	ibid
Bhubarb water	ibid For y Convulsions	9
D' Garths decotion	8 Lady Griffins Balsom	20
D: Kings D:	ibid Lime Water	21
to cure a Dropsey	9 For an Astmahr	ibid
a cordial water	ibid For a Dropsey	ibid
M: Caldos Balsom	10 Opiate for y Teeth	22
for a consumption	11 Duck Drink for y Gout	ibid
Plaister for a fistula	12 Ointment for the Gout	23
at Harganism	ibid Elder Wine ibid
Balsam of Sulphur	12 Oyl of Charity	24
A bitter draught	ibid Lady Cullens Balsom	25
For the Piles	13 Fior Deafness	26

Yellow Salve ^{ibid}
for hurting ^{the} eye 27
to prevent infection

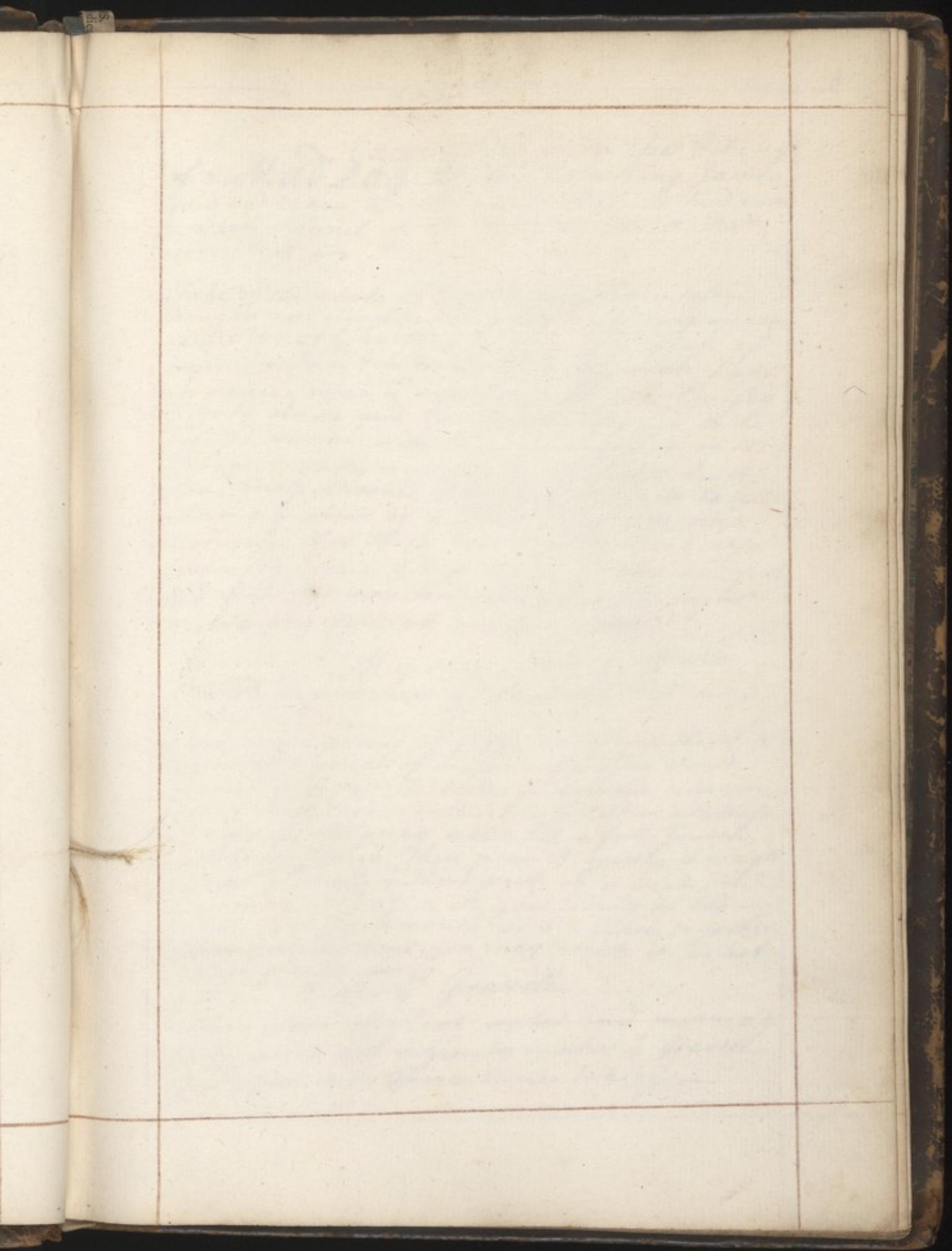
Cure for hooping Cough 71

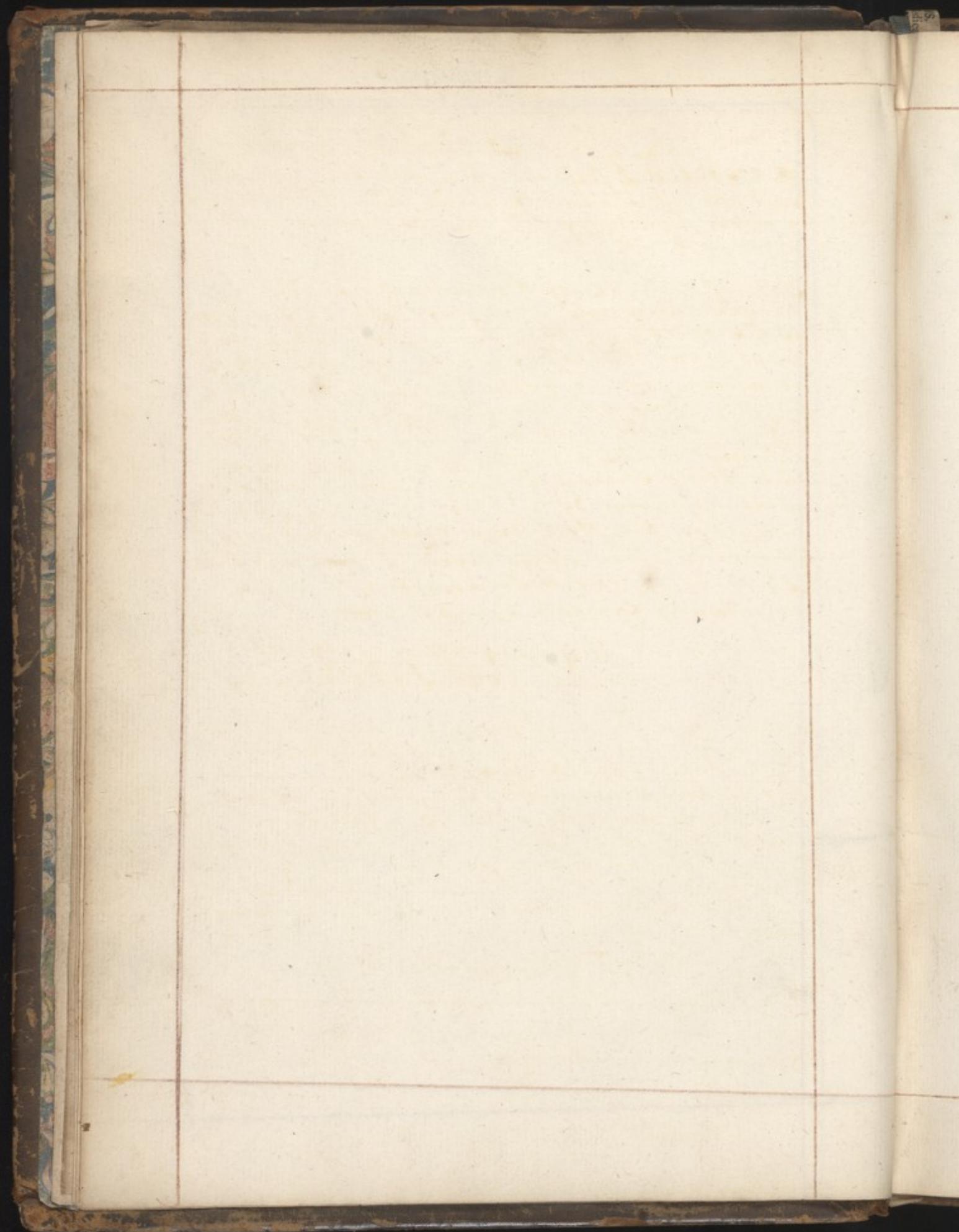
for cleaning
a Hoop 70

a new Oil Lamp 75









1

A receipt to cure the biting
of a **Mad Dog** which y^e late King James
said had taken himself, & also that he had cured
a whole kennel of his hounds with it. that
were bit —

Take of the roots of Agrimony, Bramrose,
Dragon and Sangle Siony of each half an ounce
of y^e Star of y^e earth 2 ounces, of y^e Blak of
crabs Claws & Venice Treacle of each half
an ounce, when y^e roots & herbs are bruised
y^e Crabs claws and Venice Treacle are to be
Infused warme with them in a quart of the
Strongest white wine for 12 hours att least
then being strained y^e party bitten is to take
above a quarter of a Pint, Evenings and
mornings, for three days together, and also
afterwards again 3 days before y^e new and full
of y^e moon, it may be sweetened with sugar
or with any Cordiall Sirop. —

My Lady Essex Griffins
receipt to procure good Labour —

Takes half a pound of figgs and slice them, a
quarter of a pound of seasons of y^e Sun stoned.
4 ounces of Liquorish, Scrapped & sliced, a spoon
full of Anis Seed, a little bruised Stew all these
in 2 quarts of Spring water till a full fourth
part be consumed, then pour it gently through
a Sieve & drink y^e third part of a pinte in
y^e morning fasting & att your going to bed —
Drink this for a month or 6 weeks together
before your Labour you may drink it as hot
as you please — for y^e Gravell

Take a glass of flint water in y^e morning
early which will begin to make y^e Gravell
pass after 2 or 3 times taking —

Mrs Redfords Receipt for
Curing the Gravel —

Take 2 quarts of Spring water, and put in
a good large handfull of y Brickle of Thorn
Bachs after y fish is boyled, if such a quantity
cannot be got, you may take the same quantity
of y fish it self bones & all add to that a handfull
of parfely roots and 2 ounces of sweet fennel
seed and an ounce of Anys seed, and an
ounce of Reddish seed, Boyle it till half the
Liquoar is consumed. Drink half a pinte
of y Liquoar Strained through a sieve without
Squeezing, milk warm att night when you
go to bed, & y same quantity in y morning for
2 days together; it has cured some persons
that have had a stoppage of water for 10 days
together. — approued of y L. E. Hatcher

My Lady William Waldegraves
Receipt for healing a Burne —

Take a good handfull of green Elder Barkes
Scrape off y out Side, & take some of the
pith along with it, Ivy leaves a handfull
a pound & half of fat Bacon, roll the bacon
(being cut into thin slices) on y out side of
y Elder and Ivy & put white paper round
it, heat a pair of songes red hot & hold the
roll of Bacon in it let in drop into an
earthen pot, as y songes cool heat them
againe till it will drop no longer, let it
stand till it is cold & after wards lay it
to any Burne, & it will heal it without a
scar. — It may be made into severall
little Rolles to drop it y more
conveniently — extremely good & experianed
by y Ld, P. Hatcher

M^rs Redfords Purging
Cordiall.

Take an ounce of Rubarb, & slice it thin
 2 ounces of Sene, 2 ounces of lignum vite, two
 ounces of caraway Seeds, 2 ounces of anys Seed
 2 ounces of Elicumpane roots sliced thin
 2 penny worth of Safran, pull'd asunder, 2
 handfulls of Damask rose-leaves, a pound of
 reasone of y^e Sun stoned, a quarter of an ounce
 of y^e best Aloco beaten, 2 ounces of sweet
 fennel Seed, take 3 quarts of y^e Smallest aquavite
 with y^e Drugs mentioned, & put them in a glas^p
 bottle of 6 quarts, let them stand 6 weeks, then
 strain it in another great Bottle, let it stand
 one week or more to settle, then put it into
 bottles for your use, if you would make but
 half y^e Liquour, take only half of each
 particular, and when y^e Liquour has run
 through a sieve as long as it can, then take
 y^e Bottle wherein y^e Driggs are & turn it with
 y^e mouth downward through a joint Stole
 placing a pan underneath y^e Bottles mouth
 to receive the droppings for 2 hours time
 take these droppings & strain them through
 a sieve into y^e former liquor which was
 strained & then it is fit for use the drugs
 must not be squeezed least it alter the
 property of y^e Drink. — 4 ounces of
 Wormseed being added to this receipt, & infused
 with y^e rest of the drugs makes it an admirable
 medicin against the wormes, it cures all sorts
 of Cholicks, & is very good against agues. It
 may be taken 3 spoonfulls over night and

S. dice

3 spoonfulls in y^e morning by persons of a
Strong Constitution, but for persons of a
Weak constitution, one spoonfull att night
and 2 in y^e morning is enough it should be
taken 10 days together, is very good to take
for y^e gravel or stone adding to it half an
handfull of an herb called Barfely Brake-
stone, is admirable against y^e green-
sickness, before a pint is taken it usually
cureth that Distemper after taking it two
days together, is fit to Intermitt 4 or 5 days
before you take it againe it is very good to
bath ones for any acht. —

M^r Gulium's Receipt of Milk Water. —

Takes 2 handfulls of mint and two-
handfulls of Carduus Benedictus and a
handfull of wormwood and 2 handfulls
of angelica shred them small and lay them
in your still & pour 6 quarts of new milk
upon your herbs, if you are carefull you
may distill 4 quarts. mingle the severall
runnings together that they may be all
alike. — it is very good against a surfeit.
it is likewise good to wash y^e face

How to make the Syrup of Turnups

Take a large Earthen pot, fill it with turnups that are very clean washed, not pared but all the Spots and worm eaten pieces cut out pack them down in y^e pot as close as you can then cover y^e pot and faste all y^e edges of it close up that no air may get in, the pot must be large enough at least to hold 12 English quarts Set y^e pot into y^e Oven with the household bread & let it stand soaking in y^e oven after y^e bread is taken out as long as there remains any heat, when you take out y^e pot Squeeze all y^e juice out of y^e turnups to each english pinte of juice put a pound of sugar & near a quarter of a pound of Liquorish Scrape it very clean before you put it into y^e Liquour, & let it be a little bruised in a mortar, then take y^e inner vine of a thorn that bears floes, put y^e same quantity of that into your Liquour that you do of Liquorish, & about y^e quantity of a large Walnutt of Elicumpaine root, then set your Liquour upon a slow fire & let it boyle very softly till it comes to y^e height of a good Syrup then pass it through a flannel bag & keep it in glass bottles very close stoped, a spoonfull of it taken in y^e morning fasting 2 spoonfulls about 3 o'clock in y^e afternoon & a spoonfull at night when you are going to bed is esteemed an excellent remedy for a consumption and a most certaine cure for an ordinary cold

To Cure an Ague —

If it be iny Spring, take 4 tops of nettles
moisten them in wine or beer as you please
then straine out y^e juice & drink a good
beer glass full of it an hour before your
fitt comes, If be in Winter you must get
y^e juice out of y^e roots & twill have the same
effect, it commonly cures y^e first time but
seldom or never fails y^e second (as y^e Lady
Elizabeth Hatcher assures.) — approved

My Lady Dalavall's receipt for y^e Sciatita approved.

15 Take three ounes of Beeswax 3 ounes of
stone pitch 3 ounes of white pitch 3 oun.
of Rosin y^e quantity of a little Egg or
Walnut of Ducks greape, or sweet butter
all boyld together plaister w^e, which
Spread on a piece of new Sheeps leather
and made into a sock must be drawn
on y^e foot & so (with sometimes
renewing) worn 20 or 30 days —

With this receipt my Lady Eliz: Hatcher
assures that her Grandmother Dalavall
had cured above 500 persons, before she
was maried into that family and
after she came thither she cured many
more —

An admirable Balsam.

Take a quart of y^e Spirits of Sack in a double glass bottle, of a Bottle. of Sassafrilla the strings cut out 4 ounces, of Virginia Snake weed an ounce & half, wipe cleany Sassafrilla & Split into 4 quarters a fingers Length, put these into y^e bottle & let it stand till y^e Spirits be as yellow as gold, then take from it the Sassafrilla & put to it of Gum Guayacum beaten in a hot stone morter to a fine powder eight ounces, stop it close and set in the sun or where it may have an moderate heat 16 or 20 days, shaking it 3 or 4 times day till y^e gum be dissolved then straine it & add to it an ounce & half of Balsom of Peru which you must mix well with it so keep it for use —

It is good for an inward bruise ulcer
Splitting of blood or broken Vein giving 30
or 40 drops in a little conserve of red roses
it is good for any green Wound but it must
be applied 24 hours after y^e wound is made
if you burn out y^e Spirits you may apply
it after drop it into y^e wound & cover it
with a rag dipt in y^e Balsom —

To make Rubarb Water.

Take 2 ounces of y^e best rubarb dried before
y^e fire or in an oven then beat it into fine
powder, take plague Water, Surfitt Water and
Juniper Water of each one pinte put them
all together into a glass bottle & then put
in y^e rubarb & stop it close up setting it
in y^e sun over by the fire for a moneth
shaking it very often then keep it for

this is y^e
Same w^t
Lady Spec^r
Griffins &
Lady Culley
Balsom

yours.

your use, you may give 3 spoonfulls to
a man & 2 to a Woman but a little more
or less will do no harm;
for want of these waters you may put
In 3 pinte of y^e best Brandy —
It is an excellent remedy against the
Cholick in y^e stomach. —

Doctor Garths Decoction

Take of Sapsaparilla 5 ounces, 2 ounces of
flinty-China put them into 5 Quarts of
Spring Water, which must stand before the
fire 7 or 8 hours, then let it boyl down
In a Vessel well covered to 3 quarts, about
an hour before it is taken off put In a
quarter of an ounce of Coriander Seed, and
half an ounce of yellow Saunders, then strain
it off & drink a quart aday for 6 Weekes

S^r Edmund Kings for D^o

Take of Sapsaparilla cut 4 ounces, China 2 ounces
Lentis wood 2 ounces, Harshorne, Ivory, and
White Saunders half an ounce of each, Infuse
them 12 hours in a gallon of Spring water
then add six ounces of raisons of y^e sun whole
and boyl it to 2 quarts adding a little before
it is done half an ounce of red Saunders,
Liquorish & Corianderseed of each a quarter
of an ounce then strain it off & drink a
quart aday —

How to cure a Dropsy which
certainly cured a man given over by ^{the} physician.

Take the Bark of an Ash tree, its left in the
spring pull off the out side the inside vine
that you must use is red, put your handfulls of
it into 3 quarts of Spring water, let it stand
close stoped up in an Earthen pot 3 days and
3 nights, then Let ^a person drink of it the
quantity of half an English pint for nine
mornings together fasting & as much all
night when he is going to bed, about an hour
after taking it in the morning, ^a person must
walk for 2 hours, till he sweats extreamly
^a first 2 or 3 days ^a person will be very sick
with this medecin, but it is a very certain Cure
^a person that was cured by it was swelled to a very
great degree & had been ill of ^a Distemper for
two years —

The Earle of Peterborough's Cordial water.

Take three Gallons of Brandy & three
gallons of anniseed water, and two quarts
of poppy water, poure them into an Earthen
Jugg, then take 6 pounds of Raisins stoned
4 pounds of figgs, & two pounds of Dates,
three ounces of Liquorish, all these must be
sliced, then take two ounces of Cinnamon
and one of Mace, half an Ounce of Cloves
bruise them a little, & put them into the Jugg
with as many poppy Leaves well picked as
will follow them as Deep as Claret wine
then Let stand 14 days Stirring it every day
then Strain it through a Linnen bag and

Let

Let it stand one day before you bottle it up.
It may be made with 2 quarts of Brandy,
2 quarts of annysed water 2 pounds of Raisyn
2 pounds of figgs, half a pound of Dates one
ounce of Liquorish one ounce of Cinnamon
half an ounce of mace & a quarter of an
ounce of Cloves —

How to make a Balsam,
that M^r. Gallo cured her arm with, when she
was quite lame of it all 75 years old it will
also cure any wound, this M^r. Gallo said all
81 years old aprial 4th 1703.

Take 8 ounces of Rosin, Virgin Wax and
frankensense of each 4 ounces Mastick one
ounce, Deers feet 4 ounces, Venice Turpentine
4 ounces, Camphire 2 Drachms, 4 Gums must
be made into powder, the other things must
be melted, then put 4 powder into them, then
strain them into a quart of good White wine
all but 4 Turpentine, which must not be put
in till 4 wine with 4 Ingredients init be boyled
ups to such a Thickness that it may be made
ups into Rolles, then take it offy fire & drop
4 turpentine into it drops by drops, & stir it
then put in a quarter of an ounce of Sperma
Ceti still keeping it stirring, and halfe an
ounce of Balsom of Peru, when its cool enough
butter your hands & roll it into Rolles —
for an inward wound or for 4 stone in the
Kidneys or the gravel take three little
Pills of it Rolled up In sugar for five
nights together —

For a Consumption

Into Every gallon of Drink put a pound of Rincoroots which must be blanched like almonds y^e hard pith must be thrown away & they must be beat to math, put them in a thin Tiffing bag when you put the Hoppo in and put that Bagg afterwards into y^e Vessel whilist it is working — This is m^r Caldo's Receipt also. —

M^r. Dixey's Black Blaister for a Fistula in the Eyes or any other part it will also cure a Bruise a Sprain or any green Wound

Take half a pint of y^e best Sallet Oyl & a quarter of a pound of Red Lead, and boyl them together, till it comes to a salve, then put in 6 penny worth of Sarmesette, & keep stirring them together, then put in a spoonfull or two of y^e best Brandy, & boyl them together, then put in a bag & when it is cold if your fingers doe not stick to it, this enough, it must be stirred till it is quite cold, it must likewise be pretty cold when you put in y^e Brandy or else it will fly in your face.

A Gargarism

for a sore throat or any wound outwardly.

Take Sage wormwood Cing foil rosmary, columbine Bries leaves, rost tree, Honeysuckle, plantain & raspberry Leaves of each a like quantity, four ounces of Bole almonces, boyl all these in a sufficient quantity of water, being small cut before you take it from y^e fire, & let it stand till it be cold, strain it, & add so y^e second part when it is settled to every half a pint an ounce of honey with a small quantity of alum, let it stand till cold then bottle it up & keep it for your use. —

Balsam of Sulphur.

(3) Take a quart of y^e best Oyl of olives put it into a well glazed bottle pot, then put in 4 ounces of y^e best flowers of brimstone, & set it upon a moderate fire, let it boyl about six hours or no^t y^e brimstone is Entirely melted, which you may see by dropping a little upon any thing that is cold, you must keep stirring it al^y while it is on y^e fire & y^e pot you boyl it in must not bee as full, for it is apt to rise when you take it off y^e fire, put in a quarter of an ounce of Chymicall oyl of annis seed & & keep stirring it half an hour then put it into a Vessel that may be close stopped you may take about 15 or 20 drops att night & morning it is y^e usual Dose — It is good for a cold Decay in y^e breast

A Bitter Draught

Take Gentian root & slice it thin put it into a pint of clean water & let it boyl a quarter of an hour, then take of Sentry, Cammonil flowers & y^e tops of Carduus Benedictus of each as much as you can take up between your two fingers & your thumb, put them into y^e same water Let them Infuse an hour before y^e p^r covering them close in an Earthen pipkin if you will have it purging you must put in twice as much Sene & drink this att twice being cold you may mingle it with wine & then it will serve three or 4 mornings.. it is Excellent for purifying y^e blood.

The Earle of Rutland receipt for y^e Sills —

Take some figgs, Slit them & toast them, then dip them in Brandy & lay them to the place where you feel your paine as hot as you can suffer them one after another, as they cool lay may on for about an hour. —

The Scotch Sills

Take half a pound of aloes *sucatina* in powder half an ounce of y^e powder of saffron, an ounce of cristall mineral beat to powder, halfe an ounce of y^e flower of brimstone, halfe an ounce of y^e powder of coriander seed, halfe an ounce of y^e powder of carraway seed, halfe an ounce of the powder of Burdock Seed, halfe an ounce of y^e powder of Canell Seed, halfe an ounce of y^e powder of parselly seed, y^e aloes must be boyled in Brandy over a slow fire in an earthen pot, put all y^e seeds in a little water strain them through a linnen cloth & putt y^e juice of them to y^e aloes & saffron & brandy, Let them all boyl over a slow fire till they be thick, Stir them with a stick all y^e time, after it is cold roll it up in pills, take one every night before supper, they are very good for a swelling, they purge the head and you may go any where about your busyness.

Conserve of Raisins

Take a quantity of Raisins take out y^e pips, & putt them into an earthen pot, then putt them well covered in y^e cellar till y^e Raisins are rotten then pass them thorough a ~~strainer~~, & boyl y^e sugar to Sirups, then putt equal weight of sugar & Raisins & boyl them 2 or 3 boyls & take y^e bigg nests of a nutmeg att any time y^e Cough takes you — they need not be rotten but soft enough to pass through a hair Sieve you must take out all y^e pips and must gather them before they are too soft

The Palsey water

Take of Cowslips, Rosemary, Sage flowers -
 Bitterney, burridge bliglose flowers, Lillies off
 Valley, orange flowers, of each one large hand-
 ful as they blossom, put every one by themselves
 in a wide mouth glass, that holds an English pint
 & pour as much spirit of wine upon them as
 will cover them, & stop them very close, with
 a cork & a bladder or a piece of leather, & keep them
 till y Lavander blowes then take of these flowers
 one gallon & steep them in two quarts off same
 spirit of wine as y other flowers were there
 must be six quarts in all, when y Lavander hath
 stood 8 or 10 days, put all these things into an
 Alimbic & put to them balm & mother wort
 bay leaves orange leaves of each an ounce
 cut them small, then take of Citorn Dill
 oring Dill, Lemon Dill, pionet Seed hulled of
 each Six Drachms, Cinnamon, nutmegs, mace
 Coriander of each an ounce, Jububs, a good
 half pound y stones must be taken out and
 cut very small, put all these into y alimbick
 with y rest Stop up your Alimbick very well
 & draw from it three quarts or more if you
 find it very strong; then draw away y fire
 & put to the ingredients in y alimbick four
 bottles of sack, & let it stand one night, then
 distill it as you did y first, & draw from it
 as much water as you did from y first & keep it
 by it selfe, then take a wide mouth glass that
 holds a gallon, then take a bag of white saffron
 and put into it prepared Beart two Drachms
 prepared Maragras one scruple ambergrise

muse, Saffran of each half a Scrupule
red roses Dried red Sanders, yellow Sanders
of each an ounce, hang the bag with all
these things in it in y^e glass with y^e first spirits
stoped very close, Let it stand six weekes then
shaine it & put to it into glass Bottles, stoped
very well, & tied down very close & it will keep
20 years, then put y^e second water to y^e bag
& let it stand as long as y^e other then shaine
it & put it into bottles stoped close,
note y^e muse would be better left out because
of its strong smell & perfume

The Vertues & how to use it

This water is of exceeding vertue in all soundings
weakness of y^e heart & decay of spirits, & is of
great use in all appoplexyo palseies, Epilepsies
also in all bruised outwardly bathed, & Linnen
dipped in y^e small water & layed to y^e bruise
No vertues are more then man can conceive
it strengtheneth & comforteth all animall
vitall & naturall spirits, & cleareth the external
senses it strengtheneth y^e memory, restoreth lost
appetite all weakness of y^e Stomach, both
taken inwardly & bathed outwardly, it taketh
away giddiness of y^e head, helpeth lost hearing
bringeth a pleasant breath, & there is no better
remedy in all Dalsies or appoplexies both to help
ing^y fit & to prevent it, then to take ^{a quarter of} a
spoonfull of it droped upon crums of bread
or sugar, Every morning & night & fast an hour
after it, this is y^e way to take it inwardly, it
helps lost speech & all cold Dispositions of y^e
Liver, in y^e beginning of Dropies & all cold —
descares of y^e mother, In fine no one can
sufficiently Express y^e vertues of this waters.

~~This Balsome~~ ~~is not right~~ ~~Suacellus~~ ~~Balsam~~ see in page 66

~~Suacellus.~~
Take half a pound of yellow wax, sliced & put into a pan over a gentle fire to melt, then put in 3 pints of Sallet oyl well beaten with a pint of Sack, & a pound of Venice Turpentine well washed in half a pound of red rose water let all these boyl with continuall stirring, & then put 2 ounces of red Sanders made into fine powder & let it boyl till aliy water & wine be consumed Continually stirring it with a stick, & if at any time it ripes or offers to run over take it from the fire till it falls down, & when you shall see no more scum rise it is enough, & so you may straine it into pots for your use - -

Right Us quebaugh

An ounce of Cinnamon 2 penny worth of cloves an ounce of nutmeg, an ounce of mace, two ounces of anniseed, all these brased, half a pound Liquorish, y^e out bark scraped and thrown away, y^e inside scraped very small and 6 penny worth of Safran pulled very small, three pounds of reasons of y^e Gun stoned, & 2 ounces of angillikom, put all these into a great jar with French ^{French} poole of Brandy & stoped up very close & keeps it stirring once a day & let it stand for three weeks & then bottle it up. & drink it
if in summer a handfull of gun whist.

To stop bleeding att y^e Nosc

Take some clover grass, stamps it & squeeze out y^e juice which being snuffed up into the nostrills will stop y^e most violent bleeding that can be - -

Match for Sulphuring of Wine

Take for 3 half pence of Coriander seed an ounce of Cinnamon, half an ounce of Cloves two ounces of Sugar, four ounces of Brimstone let them be all well pounded together & melted over a slow fire, when melted, take a piece of new Linnen Cloth never used and dipp into it for to make y^e match, & y^e Yspel so be used must be new also. if there is a number y^e quantity must be y^e greater —

For y^e twisting of the Guts

Take a pound of new Churned Butter without salt in it & give it to y^e person afflicted in a glister, if that doth not do y^e Swallowing of a small bullet is an Infallible Cure, experienced by y^e Lady Sophia Buckley.

M^r. James Lashly's receipt for The Asmakh which has done my Lady Eliz. Hatcher a great deal of good, who was much afflicted with that Disease —

Take eight grains of y^e white powder in the yolk of an Egg new laid, fasting in y^e morning & fast an hour after it, take it also att night when you go to bed, when you have y^e Asmakh very violently upon you, then mix with the white powder 12 grains of y^e yellow powder & take them in a little broth in y^e morning y^e white powder is flower of Benjamin chemically drawn. y^e yellow is flower of Brimstone

Mrs. Stoyden's receipt for the
Gravell, she knew it do a very great cure
not only of y^e gravell but of y^e Stones also

Take a great handfull of y^e left oates, and
put them into 3 bottles of water, & let it boyl
till y^e oates are ready to break, then take three
live Crawfish & dip them one after another
2 or 3 times in Boylling water, & then throw
them into y^e pot where y^e oates are, let all boyl
together till y^e 3 bottles are reduced to one, then
Strain it & drink y^e wholes bottle without salt
& sleep after it, take it early in y^e morning
This must be taken for 15 days together
& it should be taken twice a year to prevent
y^e growth of any gravell —

Mrs. Hylium's receipt for y^e Gravell
which cured her —

Take half an English pint of Ocean cod
water & sweeten it with 2 spoonfulls of
Mashes mallowes & drink it down both in
y^e morning & afternoon, intaking it 2 or
3 days together it will cure —

A receipt to Cure y^e Stone which
Monsieur Belletier saw y^e experience of in
a ship where 8 or 9 seamen were cured att a time
There is in some wild Boars particularly in y^e
West Indies, which have stones in y^e bladder
when you take it out scrape it into powder
& take y^e quantity of half an harrle nut
in a glas of white wine, in y^e morning
fasting & y^e same att night when you go
to bed, & it will dissolve the stones —

An excellent remedy against the convulsion or falling sickness, whereby a Gentlewoman in London (aged 33) cured her self after she had burnt 2 of her toes in a fire.

Take y^e Dung of an Entire black Heyfer that never had a calf (which must be in June or July the herbs then being in y^e prime) and put it into a large Gallipot, well covered with a bladder and leather, which you must place in y^e corner of a chimney nearey fire, for 3 or 4 weekes - or if there is present occasion for it, so dry it in an ovens that it may be so dry as to be beat into powder, & then passed through a fine Search & then kept in a viall well stoped for use - you are to give of this powder as much as will lay on a shilling to y^e patient every day 3 or 4 times, mixt in a spoonfull of Syrop of Scony This has cured severall Children of y^e falling sickness, with 2 or 3 doses of it but in Leperquanity as also a gentleman much Subject to it, by adding to it y^e powder of dead mans Skull that was hanged powder of y^e Elks hoof with y^e root of y^e wild Valerian, finely pulverized, & all made into an Electuary with y^e Syrop of Scony & confectioned alermes. y^e patient is to take y^e bigness of a nutmeg of this Electuary 3 or 4 times addy -

159

My Lady Essex Griffins Balsom
that is excellent for any one that Spots
blood or that has any inward disorder

55 Take a quart of Spirit of Sack rectified, and put it into a thick glass of a potle, then take five ounces of Salsaparilla, 4 Strings, being cut off & mixed clean in a coarse napkin, then clean them in pieces, & pound them in a stone morter but before it touch no water, then put it into your Spirit of wine, till it be as yellow as gold then Strain it off, & into this put 8 ounces of gum quaccum, that hath been clean nipt and beaten into powder, then shake it & move it now & then, till it is quite dissolved, & when it is so put in it 2 Spoonfulls of black Indian Balsom, Stir it & mix it well together, & keeps it for your use, take notice, that 4 Spirit of Sack if it be well rightly drawn will look of a palish colour like ordinary white wine & one Drop of it put into a little fairwater will makes it look like milk, when your gum is in it, you must set your gum in some warm place but not so hot, in a chimney not so near 4 fire, if it be in the heat of Summer, Set it in 4 sun upon some Leads for 10 or 12 days, till you see 4 gum is quite dissolved, & remember Every 2 or 3 hours to Shake it, & tumble it very well together the gumquaccum is to be beaten in a stone morter that is warm This Balsom is 4 same w^t if called an admirable Balsom as 4 same with Lady Cullens Balsom

Lime water good for a Dropſy
Survy, Cattacks af mahu or any other —
Hypodriacall Distempers. —

Take two pounds of unſtaſt Lime, & pour
upon it three Gallons of boyleing water and
when it has ſtood, twenty four hours, pouer off
it clear, & into one Gallon of this water put
of any ſeeds bruifeſ, Liquorish or Sasafras ſhinely
ſliced of each four ounces, Let them Infuſe
forty eight hours in a cloſe Veffel, Then take a
pound & half of y^e beſt Blue Currants pick them
& rub them as thin as you can in a dry cloth
then Bruife them & put them into the Liquour
& Let it Infuſe halfe a day, then Strain it all
through a woolen Bag, Take a quarter of an
English pint thrie a day warm —

For an Aſmah

Take two pound of green Tobacco & ſtill in it
3 quarts of water & to every pound of water
you muſt in a pound of ſugar well qualifieſ
Then boyl it into a ſirrop & Take a ſpoonfull
of atime or two according as it agrees with
you you muſt take it fasting in y^e morning

My Lady Lytheots receipt to Cure a Dropſy —

Take y^e root of a Wild Vine dry it and beat it
into powder, put it into a quart of Brandy
and let it ſtand till tis very beſter Then
take 4 ſpoonfulls of y^e Brandy every
morning for 9 mornings together. Then
reſt a week & take it again —

¹ an ounce of Coral 2 draffins of Bole & quadrant of Mastick & myrrh of each.
Some dragons blood in a little burnt alum wetted wth honey or honey of roses

An Excellent Opiat to preserve
the Gums & keep away all pains in
the teeth —

Take some fine Honey (if you can get it)
if not of purest Honey you can get or put
it into powder of Misk, very small beaten
and as much powder of Mastick in a bigger
sort of powder ^{add some Coral powder & Dragon's blood} half y^e quantity of alum
camphr^{ate} half y^e quantity of Bole almadaack both
parts of these are to be shaved off, mix them all
together until they are about the thickness
of a conserve. keep it in a gall^y pot well
stoped up & use it dayly to clean your
teeth, both morning & night, it will fasten
y^e teeth that are loosed, if you do not
let them be too long loose before you
use it —

Tisane for y^e Gout, Rheumatisme
Defluxions & Sciaticks —

Take of Polypodium of y^e oak, farfapanilla
Harmodax of each 4 ounces. y^e wood Guia
or Root 6 ounces, cut small, put into 9 pints
of Water & 3 pints of white wine & boyl them
till the fourth part be consumed then pour
off y^e Liquour & put to y^e grounds six pints
of water & two of white wine & boyl them
as att first — Let y^e person drink of this as
much as he can well in a day y^e more he
drinks y^e sooner he will be cured, let him continue
this for 4 days, then let him take a gentle
purge whilst he drinks this he must not eat
any liquid nourishmt. but let him on roasted
meat. approved much by m^r Hatchet —

An Oyntment good for the Gout
or any Sort of Strain or Bruise

Take a red Beefe Gall, & one ounce of Deer's
grease, 3 ounces of allcaney roots oyl of turpentine
& Brandy an ounce each boyl y^e Gall in a pot
& put in y^e Deer's grease whilst it is hot & the
Brandy, Steep y^e allcaney roots in y^e oyl of
Turpentine for 24 hours, then mix them all
together while they are hot, & keep it stirring
till they are cold in y^e pot where you design
to keep it. applye it as you think fitt.

Elder wine

Take 20 pounds of Malago reasons and
shred them very small being rubbed clean
Let them steep in 5 gallons of fair warm
water having been first boyled an hour. ten
days standing is enough or then afterwards
pass the Liquour through a hair sieve, have
in readines 6 penny worth of Elderbury Juce
infused as you do for sirop put it cold into
y^e Liquour, then stir it well together, then
run into a Vessel let it stand in a warm place
6 weeks or two months then bottle it
This is m^r. Derkino way, under Gouvernour
to y^e Chevalier S^r. George

Oyle of Charity

To be made in the beginning of May

Take of Rosemary, Camomel, Lavender, of y^e great leaves, Womewood, & Red Sage, of each four ounces, chop them well, & put them into a glasse Vessel, then pour on them as much of Excellent Oyl of Olives as will steep them Stir them altogether very well, that all the herbs may be through wet, which must be so much, that some of it must swim above y^e herbs then cover it & set it in y^e Sun, where it must stand one whole month stirring it often, att y^e months end, strain all y^e herbes from the Oyl as clean as you can, & throw them away & in their stead, provide six ounces apiece of the same herbs together with four ounces of Charity otherwise called Valerian, Chop them altogether, & stir them in the Oyl that was strained, boyl them over a soft fire, stirring them continually, being very carefull that it does not burn, when its boyled enough strain it, & let it stand three days in a glasse vessel, then pour out all the Oyl & boyl it again for half an hour if it be rightly made it will be perfect green

You may give for bruised from four unto ten drops, according to y^e patients age & constitution it must be taken in a spoonfull of posset drink

Drinking a good draught of Posset drink after it, thus you may give as often as you see occasion, once in two hours, it is good for sore
breasts, in anointing them, for all aches proceeding from cold causes & for wounds, it is likewise good for a Dearle in y^e Eye & for all outward bruises outwardly anointing & Chafing it over a Chafing
Dish & Coales

Lady Cullins Balsam

given by the Hon^{ble} Lady Elizabeth Hatcher
The same as in Page 20. called my Lady Essex Griffins Balsom
Take a quart of Spirit of Sack rectified and put into a thick glass pottle, then take 5 ounces of Saltsparell^e y^e Strings being cut off, & wiped clean in a course Napkin then leave them in pieces & pound them in a stone Morter, but before it touch no water, then put it into y^e Spirit of wine, untill it be as yellow as gold, then straine it off, & into this put 2 ounces of Gum Guiacum that hath been clean wiped, & beaten into powder, then shake it and move it now & then, till it is quite dissolved and when it is so put into it 2 spoonfulls of Black Indian Balsom, Stir it & mix it well together & keep for your selfe, note the more Guiacum y^e colder it is & the more Balsom y^e hotter —

The spirit must be drawn from Sack, & if it be well & rightly made it will look of a Saphir colour like ordinary white wine & one drop of it put into a little fair Water will make it look like milk, when your Gum is in y^e Spirit of wine you must set your glaso in a warm place, but not too hot in a
Chimney

Note this receipt is y^e same with Lady Essex Griffins balsom & y^e admirable balsom so choose y^e best way of preparing it

S
dicta

Chimney, not too near y^e fire, or if it be in the heat of the year, in y^e Sun upon the Leads - which is better for 10 or 12 days, untill you see y^e Gum cleane Despolied & remember every two or three hours to Shake it & tumble it very well together, y^e Guaiacum must be beaten in a morter warme.

for Deafness ~

Make a tent of Cotton & put round it good Right Roman Treacle & all y^e End of y^e Tent a Little round Button made with y^e Cotton not Dipped in y^e Treacle & put it into y^e Ear of Ears & Leave it 24 hours, & then Change it & put in another and so continue —

Yellow Salve

Take one pound of Burgundy pitch half a pound of bees wax a quarter of a pound of frankincense bruise the pitch & slice the wax into small pieces, put in y^e frankincense unbroken melt all together searably on a small fire when they are melted pour it gently into clean water leaving y^e grounds behind & only take y^e upper part or it be quite cold & role it into roles —

Its used to any sore breast or any tumour or ulcer the plaster spread on the fleshy part of heather you must cover & keep warm the whole breast, its good for any swelling or Inflammations, bruises or strains aches many part or any cut or wound

for a hurt in a mans Eye that
cometh with a stroak —

Take Bittany two handfulls & beat it small in
amortar & put thereto the white of an egg & break
it with y^e other in y^e mortar & take of y^e same
liquour & put it into the eye & lay some upon
the eye & bind it fast & do so nine days & will
be whole —

A Liquour for prevention of the
Plague or other Infectious disease

Take of Rue Red Sage, angelico, featherfew, Plantain
Elder, Bramble Buds, one handfull put all these
into 3 quarts of sider let it stand all night in the
Embers after it hath boyled up, straine it out and
when it is pitch'd bottle & put to every bottle one
Spoonfull of ginger beaten & two Spoonfulls of
Loaf Sugar, drink thereof six Spoonfulls
morning & evening for 14 days together —

A Yellow Salve that cures any
sort of wounds, swelling, aek or pain wind & strains

Take Yenise Turpentine, Perozen, yellow wax
white wax ordinary rosen, Deer Suet. of each
an ounce, frankencense $\frac{1}{4}$ of an ounce, fine
mastic $\frac{1}{4}$ of an ounce, Camphire a Dram, boyle
all these except the Camphire & Turpentine in
a pinte of white wine over a slow fire for a
quarter of an hour, then strain them into a bason
then take y^e turpentine well wash't with wine
drooping it softly in off y^e fire stirring it as
you drop it, & then let age the Camphire & sic
it over y^e fire stirring continually for a quarter of an
hour & let it simmer very easily then pour it a vessel
& let it stand till almost cold, then with oyed hands work it
till it be white & make it into roules, then lay it in
white wine for 3 or 4 days. & keeps it in a box for y^e use

For the Eyes.

Take a new layd Egg or boyles it hard, cut in the middle taking out the yolk & fill it with white Sugar Candy or Roman Vitrioll joining the two parts together tying it with a fillet, let it lay 24 hours in white wine then take it out & keep the white wine for use.

To dry a fluxion on^e eyes or any other Part

I moak drydd rae. of Dr. Beaumont

For Strains

Put^y strained part immediately into cold water for half an hour if possible, or then rub it with white vinager or dip a linen Cloth into the vinegar & wrap it about y^e strain. Idem

For Strains & Rheumatick pain

Infuse 2 drachms of crude opium & $\frac{1}{4}$ of an ounce of Camphire into half a pint of spirit of wine or hungry water & rub the part affected. Idem

Against Gravel Colick

Infuse pulvressed crabs Eyes. (Oculus caronum) into a glas of white wine drink it all the time off y^e fitt. Idem

For y^e stone of the Kidneys

Take half a jointe of Camomile water drink it three nights following in going to bed

Rosa Solis

This herb grows generally in bogs & watry places &
with a tuft of red leaves closed almost round
& in June or July beareth a white flower and
then fitt to be gathered, and as y^e Sun drawing
the Dew of all other herbs, he continueth this his
dew & taketh nothing from him y^e hottest day
of y^e year, att noon y^e water of it will be as
yellow as gold, & distilled it looks as red as
blood, & what Vertue y^e Potable Gold hath
the same hath this water, & will help a person
att y^e point of death one Spoonfull of it given
in a small nut shell full of aqua vita it must
be gathered in June or July between y^e hours of
ten & one, you must not touch it with your
hands, for then the Vertue of it is gone it must
be cut of the Ground by the Stalke & layd
in a clean basket or Vessel.

Take of this herb as much as will fill a
pottle without wassing it, take a pottle of
aqua vita & put all in a large Vessel add at
it stand stoped three days and three nights
the fourth day wring it through a fair Linen
cloth into a glas or pewter Vessel & put thereto
a pound of liquorish beaten to powder half a
pound of dates the stones picked out cut them
in small pieces mingle all these together and
stop y^e Vessel close that no air come to it
& drink it att night to bedwards half a spoonfull
& as much in y^e morning fasting, there is no
weak person that wanteth nature & strength or
inclined to a Consumption, but it will recover him

Rosa Solis

Take as before mentioned or Cinnamon water and put to it an ounce of annis seed a half a quarter of Cinnamon an ounce of Liquorish Six penny worth of mace of cloves all powdered and half a pound of Dates blued & so let it stand as before mentioned and bottle it for use -

The Red Powder an Excellent Receipt.

(3)

Take of y^e best bole almanack one pound, powder it finely & sift it, then take a quart of y^e purest white wine, & a pinte of y^e best canary. in these Liquors infuse y^e following herbs being bruised. a handful of Cardius a handfull of angelico, a handful of Scordium, a handful of pimpernel, one of Scabius, one of Mint, one of balm one of dittander, one of hoarkhound, one of dragon, one of Cosmary roots bruised, Tormentill roots & leaves one handful, all these being infused 24 hours, put y^e bole into a whites earthen bason which is shallow & well glazed and broad, strain out enough of that Liquour from the herbs to make y^e bole very moist, without knobs, then set it in y^e sun till it be dry, then put more liquor & set it in y^e sun again, and so do till all y^e juice of y^e herbs be dried up, with y^e last wetting put in one ounce of Venetian treacle, Methylate & Diascordium of each one ounce of y^e powder of Contrayarva one ounce, half an ounce of harts horn finely powdered, an ounce of y^e powder of Rattle Snake roots, four drams of the best alkermes, mix these altogether & Set it in y^e sun till it be dry enough to roll into balls for your use you must keep them in a warm place give to a Child as much as will lye upon a groat or six pence to a man double y^e quantity. y^e patient ought sweat after it

Gascoins Powder

Take of powder of pearl, of red Corall, of crabs Eyes
 & of harts horn, & white Amber, of each an ounce, then
 take so much of black toes of Crabs claws as of all the
 rest of y^e powders (for that is y^e chief worker) beat them
 & scarce them finely as you do y^e rest, mingle them together
 & make it into balls with jelly of harts horn, wherein hath
 been joyned or Infused a little Saffran to give them a Colour
 & add a drachm of Bezoar, then let them lie till they be
 dry & keep them for your use.

The Crabs toes are to be gotten in may or September
 before they are boyled

An Excellent Pultis for a sore Breast

this pultis is thought too hard.

Take a quart of raw milk, then take quarts & pound
 them & put them into y^e milk, & boyl it till it be thick
 enough for a pultis, then gather a good handful of Mallowes
 & cut it & let it boyl in y^e pultis, then put y^e bigness of an
 egg of morte, & so put it warm to y^e breast, if y^e breast
 be very hot that it drye y^e pultis, you must change it twice
 a day if not once a day is enough.

A Liquor to wash a Wound to keep it from Corrupting, or a good fomentation

Take a pint & half of red rose vineger, one ounce
 of y^e best Myrrhe boyl these together for an hour
 then add to it, one dram of Salt peter & half a drachm
 of Camphire making it into a fomentation according
 to art

An excellent Salve.

Take of Caudid oyle 5 ounces

White Ceres	2
Venice turpentine	2
Beeswax	2
Litharge of gold	2
Litharge of Silver	2

put y^e oyl into a Skillet to warm over a soft fire then put in y^e wax & when it is well mingled put in y^e gold & silver litharge well mixt together & after that is in Stir it continually, increase your fire boyl it till it grows black, then put in y^e Ceres stirring it still by a drop or two in water & if it be reasonably hard it is enough, pour it presently into water & take it out forthwith & make it into roles, if it happen to be too hard in y^e working let it be cold, then crumble it & boyl it with two or three spoonfuls of Oyl which will soften it, & if it be right it will not stick to your fingers in y^e working y^e Turpentine must be put in last of all but a little before you pour it out —

its Effects

It cures all manner of sores, all swellings proceeding from ill humours, hurts wounds or other accidents, it cures impostumes, inflammations, bruises, bitings of a dog mad dog or serpent, Fistulas, plague, all manner of scabs scurfs, itchings & scratchings. Scalds burns by fire water or gunpowder, S^t. Anthony's fire, & shins will. Cancers in y^e breast or cankers. impostumes in y^e breast nippings or bitings by giving suck, pains in y^e neck & Eyes, corus in y^e feet. Chilblains, it prevents fitting in y^e small poy, it takes away pimples proceeding from y^e heat of y^e liver or drinking it cures pleurisies in 12 hours. & letter y^e gangreen y^e Gout in y^e feet or knees y^e Crissipells

For an Imposthume an approved receipt

Stamp new royal or cat mint & also penny royal or organ, each by it self, then strain them & take two spoonfuls of theirs juices of each of them & mix them together then add to it 4 spoonfuls of aqua composita, & take two spoonfuls every morning for four or six days together & if it rise in thy throat like a pudding, drink also a spoonful oft noon, & it will rotte y^e bag & void it peace meal, this hath had great success & hath been proved by severall. if you cannot get aqua Composita good aqua vita will serve Should y^e Imposthusme break as much rosin, as will lye on sixpence in a little bear will carry y^e bag down that it may not Choak.

For y^e Bite of a Mad Dog

Take of virginia Snake root & flowers of St. Johns Wort gathered in their prime, equal parts of each, let them be made into a very fine powder. y^e Dose is from a scruple to a Drachm to be taken in any sort of Decoction prepared wth Specificks, to a Horse give two Drachms to a Dog from one Drachm to one & a half this before y^e 9th day after y^e bite

Colebatch writes that a person bitten by a tiger dispairred of being cured, was recovered by drinking large quantitys of juice of Lemmons

It will recover those that are fallen into a dead sleep by taking too great a quantity of opium.

After taking too much mercury, keep in bed in a breathing sweat, & drink nothing but mace ale, in this case all acids give new force to y^e poison

To prevent Infection Eat much Lemon & Sugar drink Lemonade.

To cure y^e Itch or it is good for y^e Scurvy

Take oyle of waxes, Brimstone and ginger an equall quantity mixt together & anoint y^e bowings with it three times. y^e party must wear y^e same linnen 3 or 4 days after & must be sure to take one spoonfull of Brim-stone in milk every time they are stroakt.

⁽²³⁾ Another for y^e Itch much approved
having cured severall while I was att otection
as much Take y^e middle rine of goat or black allar & Scrape
of one as off very thin & boyl it to an ointment with unwash'd
of y^e other butter & Strike y^e joynts & parts affected att night
 going to bed & mornings if think fitt this must
 be done for one week & you must wear y^e same linnen
 for one week more before you wash & cleanse.

Note. att y^e last time of anointing take a little
 draught of milk boyled with maiden hair &
 mounting flax a little handfull of each. This do
 three nights following. This is an approved medicine

To cure y^e Sciatica

⁽²⁴⁾ Jacamahac & Burgundy pitch of each 2 ounces
 Gamm Elmy one ounce
 White mastick & Euphorbe of each two drachms
 Sulphur 3 gros. id est. three drachms
 Venince turpentine 4 ounces.

Boyl altogether & afterwards Spread it on a thin
 leather & apply it hot & in 2 or 3 days it will cure the
 person afflicted. This is an approved receipt brought
 by y^e old m^r. Cholivich of cover from france & hath
 cured severalls in England

For an Ague

Take 2 spoonfuls of Spirit of elder, 3 spoonfuls of carduus water & one spoonful of syrup of Gilliflowers, mix these all well together & let y^e party drink it half an hour before y^e fitt or sweat after it. do this three fitts following if it benot gone in y^e mean time.

Colebatch says when ever you take y^e bark, eat some grateful light meat within an hour after every dose, the less will do y^e Cure.

The best way is to prepare y^e bark with Conserve of roses & take y^e draynes of a nut every four hours beginning the first dose exactly or as near as you can the middle space between y^e fitts, as for Example if you have a fitt every 24 hours. then begin y^e bark about 12 hours after y^e fitt & so continue every 4 hours,

This is y^e way Dr. Talbot made use of in King Charles y^e 2^d reign, who was sent by the said Prince to his Sister Henrietta y^e Dutchess of Orleans, who was cured by him when all y^e best Physicians in france could not succeed

Another for an Ague.

Take two drams of Olibanum powdered and as much bole almanack, mix them together, wet them with Venice turpentine, spread it on Sheeps leather & apply it to y^e wrists two hours before y^e fitt comes lay it just where y^e pulse beats, & repeat it three times if y^e fitt & second doth not perfect y^e Cure. approved

Colebatch for y^e Kings Evil or any Scrofulous humour. first purge then take two large handfuls of whitelow grass boyled in two gallons of small beer, after it has done working let it stand six days then drink it for constant drink for two months applying nothing to y^e ulcers but clean cloths.

To Stop Bleeding

Take toad Spawne and dip some old cloth in it & dry it in y air, dip it again & dry it again, so do three or four times, & when you need it, dip y cloth in fair water & lay it round about y wound & not on it, & for y nose lye it about the left hand wrost The water of y Spawne distilled in a rose still is very good you must bathe y place with it

To stop Spitting of BLOOD

BG

Take 3 spoonfuls of y juice of Comphry red nettles or plantine twice or three times every day till the spitting of blood ceases

To stop bleeding att y NOSE take flower of sulphur put it in a quill & blow it up that nostrill y bleeds

For a great LOOSENESSE y powder.

Take of y Troches of Spodium & of y Troches of Diaremma & of Diarodian Abbitis of each an equal quantity, powder them very fine & mix them well together & give about 20 grains every morning fasting & fast att night in y following Liquor.

Take some of y fruit of a Shumack tree: a good quantity of y middle rinde of black thorn, & some Cinnamon and boyle them in fair water, then add to it some red wine or Claret & sweeten it with Syrrups of Quinces or Cedarberries or if you have not these with Loaf sugar Let y party take y powder in this Liquor & drinke a draught of it after it —

For an Obstinate LooSness nothing can
be better then to take 15 or 20 grains of Rhubarb
toasted or dryed by y^e fire & made into fine powder
mix it with a little Conserve of red roses & so Swallow
it, or else take it in y^e Syrrup of dried red roses, you
must take it in y^e morning fasting & about an hour
after drink a small draught of some thin broth
if need require repeat this every third day.
you may be confident of y^e Cure Especially if y^e Loo-
-nes be caused by any sharp humours in y^e bowels

To stop LooSness in Childbed or any other
Take half a pint of right Claret & as much water
with a Crust of bread some loaf Sugar & good store
of Cinnamon grossly beaten. Boyle all these for a
quarter of an hour. Then take it off y^e fire & add to it
y^e yolks of two Eggs well beaten. Set it over y^e fire
till it be ready to Boyle. Let y^e party drink half of it
att atime & repeat it as often as there shall be need
you must sweeten it to your taste.

D^r? Sydenham's anti Scorbutick drink

Sage, Scurvygrass, Orroontops, Centuary tops of
each four handfuls dried of Wormwood three handfuls
three oranges Sliced rinde & all six nutmegs. two ounces
of juniper berries & two ounces of horse raddie roots
put these into six gallons of very strong ale while
it is working, when it is fine draw it out of the
Vessel as you drink it & do not bottle it. you may
add some yarrow to y^e above herbs.

M^r. Lowdham's Dyet Drink

To four gallons of middling Ale put four ounces of
 y^e root of Polypodium of y^e Oak, six ounces of Sena
 one ounce & half of Rhubarb Sliced, four handfulls of
 Sea Scarvigrass, Six handfulls of Starre tongue leaves,
 Water cress & 6 drachmes of each five handfulls, y^e
 Pitt of halfe a dozen Scovill oranges, put all into a bag with
 a stone, after three days working on it, viz half
 a pinte morning & Evening.

To Ease or Cure y^e Strangury or Stone

Make a posset boyle in it a handfull of Cammonell
 or Camomel flowers sweeten it with two Large spoon-
 fulls of Syrrups of Althea, drink att least twise a day
 for a Change you may take y^e Althea in white wine
 or in posset made with Cellito, y^e of y^e Wall.
 also two or three spoonfulls of sallet oyle, many of these
 possets hath given ease to many

Castle Soaps taken in white wine or bean hid water
 or Cucumber or horse raddie water hath also eased &
 helpe many y^e Soaps must be Scraped or Sliced thin
 & taken in one Spoonfull drinking five or six after
 it halfe white wine or halfe of these waters have sometimes
 been most effectuall.

If y^e pains in y^e reins are very grievous take one ounce
 of unguent de Althea or a Dram or two of Oyle of sweet
 almonis mix these well together & anoint y^e back near
 y^e Kidneys.

This is also of much use in a pleurisy.

For y^e Strangury

Take a Large Onion Slice it thin Steep it in a draught of white wine for 12 hours & then drink y^e wine & use moderate exercise.

Colebatch, for a Suppression of Urine give a large draught of Vinegar repeat it two or three times

For Stoppage of urine

Take an ounce & half of horse radish thin sliced boyle it in a quart of Ale a good while then take half a pint of it & put into it 30 drops of y^e oyle or Spirit of Turpentine & a spoonfull of Oximell Squills you may repeat this 2. 3. or 4 times a day if occasion y^e horse radish alone is good if you heare other things

For y^e STONE

Take a good quantity of y^e berries of white thorn & pull off y^e stems & pound them very small then put as much white wine as will make them like flower milk distill it in a rose Still, stirring it once in half an hour that it may not burn it must be done every year about michalmas you must drink about half a pint three mornings following att every full moon.

A Syrup. to be taken att night when you take y^e Haw water y^e next morning Take an ounce of y^e Syrup or Decoction of Althea, one Dram of y^e Seeds of Mallows & half a dram of Salprunella mix all these & take about a spoonfull in a draught of posset

Escole Infused & taken as tea is good for y^e Gravel

For y^e Stone approved

Take half an ounce of Lignum Nephriticum or Skidney wood. Steep it in a quart of milk water & drink it in y^e morning 3 or 4 ounces mixed with 4 spoonfulls of white wine or y^e Water of Hawes (white Thorn berries) fast two hours after it, take this every fortnight or three weeks.

For y^e Yellow Jaundice or Ague

To a pint of white wine put some Turmerick, Saffron & Treacle beat y^e turmerick small, dry y^e Saffra & make it into powder, mix all together & drink it a little warm in y^e morning fasting & at night also if you please three or four times taking is enough to cure you

S^r. Walter Yengeis Mother gave a Child 9 grains of Turmeriche & 2 grains of Saffran in four spoonfulls of white wine to which she added Treacle enough to sweeten it & it cured it perfectly of y^e Yellow Jaundice

To drink store of posset in which artichoake leaves have been boyled hath also cured many

To stop Violent Vomiting in a fit of y^e Stone or otherwise

Take a good handfull of Burnet boyle it in a draught of posset drink & repeat it as often as you need
for y^e Yellow Jaundice

33

Castle Soap 1 ounce & half, Six penny worth of Saffra infuse y^e third part in a quarter of pint of white wine over night strain it & drink it warm y^e next morning so do for 3 mornings & above soap & Saffra will serve 3 times an approved medicine

D^r. Sydenham's Liquid Laudanum

Take of Opium two ounces, Saffron one ounce, Cloves & Cinnamon of each half an ounce, a quart of sack, put these into a pot or pitcher covered with leather & set it into a Skillet or pot of water, & boyle it till the liquor is evaporated to a due Consistence, that is to i^e thicknes of Cream this is y^e way M^r Dukes f^t wife made use of

An Excellent Receipt for a Drop Pil.

Take

Gallap	1 ounce	Sassafras wood	2 ounces
Fine Rhubarb	2	Bay Berries	2 ou.
Sena of Alexandria	2 ou.	Epithemum	1 ou.
Indian Wood or lign ^m vīta	3 ou.	Polypody root	2. ou
Cortex	2 ou.	Athen keys	2 ou
Sarsaperilla	1. ou	Salionella	2 ou.
Wild Sage { of each one		English Liquorish	3. ou
Betony { or two hand-		Fennel	
Scurvy grass } fulls.		Annis	
Germander ... 2 handfulls		Cuminin }	Seeds of Sack
horseraddie ... 1 handfull		Coriander }	one ounce
Elicompaine root ... 1 ounce		Carraway}	

Take two gallons & half of Wort boyled without hoppes & boyle it three parts of an hour & in y^e boylng put in all but y^e jalleys Rhubarb Sena & Epithemum & Herbs, as soon as it is boyled take it off y^e fire & put in these four Ingredients but put y^e herbs into y^e Vessel a little before it hath done working.

M^r Odellson used not to put any of y^e things in att y^e boylng, but all in a bag when it was turned up in four days you may drinck it.

An Excellent Salve.

Bittony	2 handfulls	long plantaine	1 hand,
Egrimony	1	x St. Johns Wort	1
x Holy herbe or pigeons grass that is Vervain	1	x Broad plantaine	1
x Valeriane	1	x Strawberry Leaves	1
x Dugloss	1	1/2 small red nettle	1
x Sage half a handfull		x Shepherds purse	1
x Daisies or braise wort	1 hand	Senicle	1
Great white daisies	1	x Malloes	1
or Maudlin wort	1	x Violet Leaves	1
Morsus Diaboli or	1	x Queen of Meadows	1
Devills bitt	1	x Veruoch or Speedwell	1
Balme or Baume	1	Pimpernel that is	1
White Marubbe that	1	Burnet	1
is white horehound	1	x Red pimpernel	1
Mouse ear it bears a	1 hand.	Like Chickweed	
yellow flower	1/2 hand.		

you must pound all y^e abovesaid herbs or those you can most conveniently get, but such as are marked (x) ought not to be omitted. pound them in a mortar, pouring in by little & little of good whitewine, y^e y^e herbs may be y^e more easily pounded. put them in an earthen pot y^e herbs must be covered with white wine, which will be about 3 quarts. cover y^e pot & put it in a fresh cold place untill y^e morning following then you must straine it through a new linnen Cloth wringing out all y^e juice you can with two sticks & put y^e juice into a Clean bras pan

S. F.
dica

Then put this Decoction over y^e fire. (a gentle fire)
 & when it begins to boyle take it off. & put in a pound
 of rosin in powder, with 4 ounces of Virgin Wax then
 put it again over y^e fire untill it be well melted, stir-
 ring it with a stick, & when it is well Incorporated take
 it from y^e fire. & put in one pound of Venice Turpentine
 & set it over y^e fire as before, stirring it continually, when
 it surmounts take it off. & put in one ounce of Mastick
 Tears pounded. & put it on y^e fire continually stirring it
 & when it is melted & boyled up pretty high with a quick-
 er fire then before take it off & pass it through a range
 into another bras pan, stirring it till it be cold, then work
 it well into rolles & put it in leather, bladder, or parchment

Its Vertues.

It keeps Seven years & will heal all Sorts of old & new
 wounds, it will not suffer any Corruption, it will cure
 y^e rotteness happened by fire, Iron or Thorn, Sore breake
 though never so much Imrosthumated, it heals y^e biting
 of Mad Dogs, Serpents, or any venesous Creature, it
 prevents all Preangrenes, it cures all Cankers & fistulas
 y^e Hings, Evil, bruises & hurts in y^e head, all Imrosthumes
 in y^e body betwixt y^e ribbs, flank or Liver, putting y^e
 plaister over y^e place, where you make up of this
 Saloe use no tent, make y^e plaister of soft leather or
 old Glove alspreading it very thin with your wet thumb
 when you dress y^e wound wipe it clean & also y^e plaister
 which is good as long as there is any Saloe on it.

An Antidote against y^e Plague or Poison

Take of y^e roots of Moffer-wort, of garden Angelica and Gentian, of each 3 ounces, of White Thistle roots one cunus, of y^e root of Aristolochia Vetricaria 3 ounces, of Terra Sigillata two ounces, of Venice Treacle one ounce, of Myrrh two Drachms & a half, of Rosemary a Drachm of each one ounce, of Bay Berries six Drachms, you must first cleanse y^e roots, then slice them & dry them gently, powder them & searce them throw a lawn Sieve the terra sigillata powder by it self & sift it, y^e Myrrh you must buy ready powdered, y^e herbs must be likewise dried & powdered, then mingle them all together; & take 3 times y^e waight of y^e best clarified Honey, melt it gently then dissolve in it y^e Venice Treacle, after put in your powders & stir all together till it is cold, put it in a pot close stoped & keep it for y^e use.

In y^e Plague use it thus

Dissolve a dram & half. of it, into seven spoonfulls of burnt white wine, & give it warm to y^e Infected person & let him, a sweating for y^e space of two hours, then take him out of y^e sweat, & refresh him with some fine thin warm broth y^e Sixth hour after give him y^e antidote again & let him sweat as before & it will be sufficient.

To avoid y^e plague take y^e bigness of a small Nutmeg of y^e Electuary my morning drinking a little Muscadine after it In y^e Small Pox or Measles Minister a dram to a man & half a dram to a young person in five or six spoonfulls of black cherry Water or strawberry water.

In y^e biting of a mad Dog, or an Adder or any Venimous Creature give a dram of it five mornings following

in five or six spoonfulls of Cardis Ocandidus water
is & res i^e biting with^e same Electuary.

To those that have taken poissor inwardly minister
a dram of it in white wine burnt 3 mornings following

The Gentleman who gave Mr Dukes first Lady
this receipt was in London all^e time of^e great
plague & it did a great deal of good in his family
he assured also that multitudes were cured by
observing^e following directions.

The Distemper by many was perceived by a great pain
ing head & shivering in^e bones; then to sweat 2 or 3 hours
(in blankets naked is best) taking 30 grains of Cochenille
bruised in a pint of Malaga or Sack, Singe it a little
over^e fire & take it warm att four draughts, one before
you sweat, another when they do sweat & y^e rest in four
or five hours after it, if you haue Cochenille take a penny
worth of Venice Treacle & as much Metheridate, but before
they take no cold, let^e y^e drink be posset with Pimpernell
with a little Saffron & Salm, no beer but rather burnt
Claret or mulled Sack, if there be a rising anoint it w^t
Oyl of Lillies, & make a plaster with bean meale, Honey
& yolk of an Egg & Venice Turpentine to ripen it, if it
break & run a plaster of Shoemakers wax will draw
it & bring out^e Coare & heale it.

Do not burn^e Cloots & plasters but bury them

For a Hoarse

Take i^e whites of three eggs a quarter of a pint of
rose water & as much fair water a quarter of a pound
of Sugar Candy mix & beat all together so take up the
froth as it rises & put it into another thing & let it stand
till it comes to a Syrup, take a spoonfull of it 2 or 3 times
aday.

Oyl of almonds & Syrups of jujubs is good for it

Syrup for a Cough & Balsamick

Three Drachms of Balsom of Tolu finely powdered. boyle it in a pinte & half of Borage water till there remaine but a pinte then pouer off y^e water & put to it y^e weight of loaf sugar. let it stand over a gentle heat till it come to a thin Syrup. you may add two ounces of Syrup of red poppies or if you are hot of Syrup of Raspberries — this is the Balsamick Syrup. note boyle it till one half of y^e water is Dissolved, instead of borage you may use of pearl barley water A Spoonfull of this & Oyle of Olives, of each equall quantity is Likewise very good for a Cough.

Colebatch. that a Confirmed Consumption was cured by giving large quantities of conserve of Red Roses, well acidulated with Oyle of Sulphur per Campanam —

For a Cough.

Take time Rosemary, Hyssop, Penny royal, Coltsfoot & Bittany of each one handfull, an once of hartshorn an ounce of French Barley, a pennyworth of Liquorish, two pennyworth of braad figgs, a quarter of a pound of raisons of y^e Sun stoned, six pipyns boyle all these in six quarts of running water till half be consumed. then strain & add to it a quarter of a pound of brown Sugar Candy & three pennyworth of Oyle of Almisse Seed drink of it morning & evening a quarter of a Pinte blood warm — you need not put in y^e pipyns till y^e Tisane is halfe made you may add some jujubbs with y^e raisons & figgs.

For a sore Throate in y^e Time of y^e
Small Pox.

Take Diapetalma dissolved with a Little oyl of Camomell
half an ounce, of Saffran in powder four Drachmes mix
them together & spread it on a cloth, & Lay it on y^e Throate

A Pultis for a Swollen Face

Say some of y^e Crum of a stale white loaf into six spoon-
fulls of spring water & add to it as much milk, boyl it
to a pultis, then put a little Oyl of roses into it, Lay it
on a cloth to your face all night keeping it very warm
In y^e day time you may anoint y^e face with Oyl of Marsh-
Mallows keeping it still very warm.

An Excellent Scar cloth for Aches
or CORNS

Take an ounce of Litarke of gold two ounces of white
lead half an ounce of Bole almanack, boyl these in half
a pint of Oyl, untill it reams as you stirre it with your
stick & lift it up, then have your Dowlas in readiness
& dip it in y^e Saine & keep it for your use.

An excellent Green Balsame

Take red Sage & Rue of each a pound, young bay leaves & wormwood of each half a pound, wash them not but stamp them, then take 3 pounds of Mutton Suet hot from y^e sheep & mince it small & stamp it with y^e herbs till it be all of one Colour, then add to it a pottle of y^e best Oyl-Olive & work it well together, then put it into an earthen pot Stop it well, & set it in a colo place eight days, then boyl all together on a soft fire, being half boyl'd, put into it four ounces of Oyl of Spike, let this boyl a little & strain it, let it boyl till it be very green, in mouth of May is y^e prime time for making it, if it be well stoppt it will keep good many years.

Some properties of this Balsame

It is good for y^e Stone being rubb in wth on y^e reino, a quantity of half a pease chafed in y^e lars & stoppt with black wooll helpeth all pains, it is good for aches, felons, aswaging of anguish (anointing y^e wound round about) tooth aches, bruises, Cramps, Stitches Stiffness of limbs in man or beast for hardness or swellings in women^s breasts & for healing them being broken.

For y^e Cramp

Take pearl & red Corall of each ten graines (being finely powdered) of y^e powder of a dead man's Scull Philosophically prepared Six graines, & Six graines of y^e powder of an Elks hoof. mix these together & take it in a spoonfull of Syrrups of Pittiflowers & drink a little draught of Black-Cherry water after it. do this first in y^e morning & last all night Seven days.

This & y^e following bath did abundance of good to y^e old Lady Yonge. D^r. Thurston prescribed it to her.

The Bath for y^e CRAMP.

Take rosemary & Sage a good quantity of each & boyl'd in 2 gallons of fair water, a pretty while then take it off & when it is cool enough put in your legs keep them there about half an hour. go into a warm bed. do this for severall nights. 3 Stone horse hairs tied above y^e knee has eas'd many

M^r. Northcots receipt for a DROPSIE

Take a peck of y^e old measure of y^e leaves & tops of black allar & boyle it in 7 or 8 gallons of Ale, cleanse it & work it as other Ale, when it is ready to be stopp'd up, hang in it a quarter of a pound of Ginger bruised & sliced, & in four days you may make it your Constant drink, if you make it of y^e Barke also quantity will serve, but y^e leaves & tops are best in y^e Spring.

M^r. Harael Northcot was cured of a DROPSIE by this att 60 years of age & divers others.

Colebatch. to cure a Tympaung dip y^e person three times over head & yeard in Salt water.

Treacle Water

℞ Take an ounce of shaved hartshorn boylit in 3 pintes of spring water til it comes to a quart, then take y^e root of Ruula-campague, Gentian, Cypres, Tormentell, of each one ounce, Drurrage, Drugloss & Rosemary blosoms of each two ounces, Cardis Benidictus & Angelica of each an ounce & one ounce of Citron rinds, then take a pound of old Venice Treacle & dissolve it in 3 quarts of good white wine & 3 pintes of red rose water & 2 ounces of Mary-gold flowers. & infuse altogether one night, then distill it in a rose Still, passing y^e Still very close — This is a good feaver water & in y^e small pox.

Nerstertian Water

Take y^e Lees of a Hogshead of Cyder & another of March Beer, one peck of Nerstertian flowers, of Rue, Spear mint Sage Baume, Cardus, Angelica, of each one handfull Rosemary two handfulls, a quarter of a pound of Carraway Seeds bruised, put all these together, infuse it all night y^e next day Still it off in a Limbeck, y^e first quart will be extream Strong which you will mix with y^e Second & third run, as you find occasion for your use Sweeten it with Syrrup of Clove Willowflowers this is a Cordiall to mix with other waters as you do Dr. Stephens Water. y^e old m^r Clarks receipt of Chipley

Walnut water

Gather a good quantity of walnuts, in y^e begin-
ning of june, break them in a Mortar & distill
them in a glass Still. keep it by it self, do y^e like
all Midsummer keeps that by it self Likewise. and
a fortnight after do y^e same, then mingle these
three sorts together of each a like quantity and
distill them in a glass Limbeck keep it close stoppt
in a glass for your use.
a rose Still will do if you have not a glass one.

	1 Ounce of Gum Dragon
One drops he- Spoonfull i-	2 Ounces of Ivory Black
cureth y ^e Pa-	2 Ounces of Coarse Sugar
causeth Sleep,	1 Ounce of Sugar Candy
healeth Bot-	
y worms or	
all Infirmitys	
with wine, it	
y ^e Vessel, it is,	
it is called y ^e	

Daffy's Elixir

of Senna 4 ounces. Sassafrax & Guyacum of each 2 ounces, fennell & Coriander Seeds of each 2 ounces. anniseed & Caraway of each one ounce. Raisons of y^e Sun one pound stoned. Liquorish and Ellicom pain roots of each two ounces. bruise these things and Infuse them for a month cold in three quarts of Brandy then strain it & keep it for your use.

Treacle Water

B3 Take an ounce of shaved hartshorn boylit in 3 pintes of spring water til it comes to a quart, then take y^e root of Euula-campague, Gentian, Cypres, Tormentell, of each one ounce, Orrage, Ougloss & Rosemary blosoms of each two ounces, Cardis Benidictus & Angelica of each an ounce & one ounce of Citron rinds, then take a pound of old Venice Treacle & dissolve it in 3 quarts of good white wine & 3 pintes of red rose water & 2 ounces of Mary-gold flowers. & infuse altogether one night, then distill it in a rose still, passing y^e still very close - This is a good feaver water - in y^e small pox.

Nerstertian Water

Take y^e Lees of a Hogshead of Cyder & another of March Beer, one peck of Nerstertian flowers, of Rue, Spear mint Sage Baume, Cardus, Angelica, of each one handfull Rosemary two handfulls, a quarter of a pound of Carraway Seeds bruised, put all these together, infuse it all night y^e next day still it off in a Limbeck, y^e first quart will be extream strong which you will mix with y^e second & third run. as you find occasion for your use sweeten it with Syrrups of Clove Yllowflowers this is a Cordiall to mix with other waters as you do Dr Stephens Water. y^e old m^r Clarks receipt of Chipley

Walnut water

Gather a good quantity of walnuts, in y^e beginning of june, break them in a Mortar & distill them in a glass Still. keepe it by it selfe, do y^e like all Midsummer keepe that by it selfe Likewise. and a fortnight after do y^e same, then mingle these three sorts together of each a like quantity and distill them in a glass Limbeck keepe it close stoppt in a glass for your use. a rose Still will do if you haue not a glass one.

Some of its properties

One drop healeth all Infirmitys in y^e Eyes, one Spoonfull in y^e morning makes you chearfull, it cureth y^e Palsie being drunke with wine fasting, it causeth Sleep by wetting y^e Temples, it wonderfully healeth botches & boyles by bathing y^e place, it cures y^e worms drinking a Spoonfull fasting, it draweth all Infirmitys out of y^e body being drunke moderately with wine, it receiveth dead wine being put into y^e Vessel, it is good for y^e Kings. (will) it is called y^e brightness of all waters.

Daffys Elixir

of Senna 4 ounces. Sassafrax & Guyacum of each 2 ounces, fennell & Coriander Seeds of each 2 ounces. anniseed & Caraway of each one ounce. Raisons of y^e Sun one pound stoned. Liquorish and Ellicompain roots of each two ounces. bruise these things and Infuse them for a month cold in three quarts of Brandy then strain it & keep it for your use.

Fever Water

Take of Angelica water, of Cardis, pimpernel
Scabius, Scordium & Dragon waters, of each one
quart, 4 ounces of London Treacle, 4 ounces of
Diascordium, one ounce of hearts-horn, y^e weight
of a Shilling of Saffron, Rosemary, Cowslipes
Bugloss, burrage mary golds (y^e flowers of all) of
each one ounce, 3 ounces Tormentell roots, beat
the roots & distill all in a rose Still.

D^r. Stephens Water

Take a gallon of y^e best white wine & one quart
of Sack, ginger, galingall, nutmegs, Cinnamon
Cloves, mace, greans, anniseed, fennel Seed, Carraway
Seed of each a Scruple, red Sage, mint, red rose
leaves & flowers, pilitary of Spain, Rosemary
wild Thyme, Cammonet Lavender leaves & flowers
of each a handfull, beat y^e Spices & bruise y^e herbs then
let them steep 12 hours in y^e wine & distill it in a
Limbeck.

A preservative Cordial

Take 4 lemons cut in Slices, a few Angelicw roots cut
small, 12 Scorsonarie roots cut in bits, of fennel seed, skinned
Coriander Carraway & annis Seeds of each one ounce, a
handfull of juniper berries & half an ounce of Myrrh half a
pound of sugar & two bottles of Brandy, infuse it a fortnight &
run it through y^e bag, it is very good to prevent Infection
drinking a spoonfull mornings.

Lord Lamberts Water

Take of moderate Spirit of wine & y^e best
 Canary of each a quart, anniseed & Caraway seeds
 braised of each 2 ounces, nutmegs, & ginger, 80
 grains of each braised, stoned raisins 6 dozen, dates
 4 dozen, put all these into y^e Viall to y^e Canary Stop
 it close, then put into y^e Spirits of wine 5 ounces of
 y^e best Castor with skins bruise them & put it into
 another bottle Stop up both Violls very close, & let
 them stand in y^e Sun 10 days. Shaking them twice
 a day & now & then give a little vent, then mix both
 liquors together Shake them well & let them stand 5
 days longer in y^e Sun Shaking it as before then strain it
 out & stop it close & keep it for your use. add 4 ounces of
 Liquorish to y^e Infusion in y^e Canary • very good for
 Convulsions & ^{ta} a few drops in a glass of water or wine

Surfitt Water my Sister Duke's

receipt. receipt

Take a peck & half of red poppies, put them to six
 quarts of Brandy add thereto one pound of raisons
 of y^e Sun stoned, one pound of figgs sliced, Cloves,
 ginger anniseed, sweet fennell seed, Coriander seed of each
 one ounce, 3 ounces of Liquorish, bruise the Spices and y^e
 seeds, Slice y^e Liquorish & bruise it in a mortar, put all
 these in an earthen pot with a Cover into y^e brandy
 & poppies, let it Infuse 9 days then strain it through
 a flannel Bag & add to it one pound of brown
 Sugar Candy powdered then bottle it up.
 it is very good for a Surfitt or to remove any thing

from y^e Stomach, also in violent vomitings purgings, or if both come together, in fainting fits or for women in Childbed or in feavers, to procure rest or for pains in y^e head, it is an excellent settler. 2 or 3 spoonfulls att a time is enough — it is an excellent water. After you have strained out these Ingredients from y^e Brandy, you may add to them 4 or 5 quarts of good Ale & half a handfull of Balme & so of mint Angelica & Dragon & dishill it in a cold Still.

Aqua Mirabilis

⁵⁵ Take Cardamons, Cubebes, Gallingall, Melilotte flowers Ginger, Nutmegs, Cloves, Mace, of each of these one dram of Cinnamon two drams & make it all into a fine powder then put thereto a pint of Brandy & three pints of good white wine & a pint of y^e juice of Sallendine & y^e juice of Oalm & Spear Mint of each a quarter of a pint put all these into a rose Still & stop it close & let it stand all night. y^e next morning dishill it with a temperate fire letting it drop on fine Loaf Sugar or white Sugar Candy, you may draw three pints & half of this water & if your ^{wine} were good measure two quarts, then mix all together, you may also put some Cordiall flowers if you please.

A Cordial Water some call it melancholly water.

Take Willowflowers single or double, (if yellow ones are best) of Rosemary flowers of each 5 handfulls, of Damask rose Burrege or Bugleose flowers, 4 handfulls of each two handfulls of Balm, of Dinks & marygolds of each eight handfulls. twelve handfulls of Clove Willowflowers eight handfulls of Cowslips, one handfull of Cinnamon grossly beaten Six penny worth of Saffron, put all these into a pottle of sack & let it Steep 3 or 4 days. Stirring it well every day, then Distill it in a Rose Still, passing y^e Sides of y^e Still very close. Let it drop on six ounces of White Sugar Candy.

Mrs Jeffery's Cordial water

Take red poppies, rue, red sage, Salendine, wormwood. rosa solis, mugwort, pimpernel, dragon, scabious egrimony, featherfew, balm, Scordium, cardius, bittany flowers & leaves, St Johns wort flowers, Centry flowers & leaves, marygolds, meadow sweet, flowers & leaves angelica, of each of these half a pound, angelica roots, male piony, butterbut, tormentell, fly compaine, gentian, zedoary Snake roots, Scorsinary Lyquerish, angelica seeds from Tiscon of each of these one ounce. chop them small or beat them in a mortar. Slice & beat your roots, bruise your Seeds & infuse them in a gallon of sack & one of white wine or some white wine & brandy as youlike for strenght. if you distill in a cold Still do it with a very quick fire, passing y^e still close & keeps wet cloaths ouy head add two pounds of walnatts pounded. it is good for Surfits, iuy plague Small pox & measles for women with child, in fits of y^e mother & for children in convulsions. a spoonfull 2 or 3. 4 or 5. according to the strenght of y^e water & patient

Red Eye water

Take Tertia preparative, Aloes hepaticus, & sugar Candy, of each one drachm. Camphir half a drachm 5 ounces of white wine, 3 ounces of red rose water, put them into a bottle & shake them often, till y^e sugar Candy & Camphir are dissolved, when you use it, put a small quantity of it into a viall & mix it with a little rose & plantine waters.

This is good for redness, sorenes, & itchings of the eyes or for a filme, or to stay y^e rheume, if y^e eyes are much inflamed this water is not to be used till y^e Inflammation is taken off by either of the two following medicines.

for a great Inflammation

Take y^e juice of Sallendine & y^e like quantity of y^e Oyl of y^e white of an Egg, beat it with as much allum as a harel nut, & make plasters of fine flax & Lay them on y^e Eyes, & drop a drop or two of y^e red water.

The other for an Inflammation

Take of Crocus metallorum one scruple. quince kernels two drachms & infuse it in red rose water Strawberry & plantine waters of each four or five spoonfulls, shaking it often together then strain it & wet fine rags & apply it to y^e Eyes.

S^r. Hans Sloan for y^e Eyes.

Take half a dram of Lapis Calaminaris & half a dram of Tuty finely powdered, 2 Spoonfulls of rose water & 2 of plantain, Shake it & wash your Eyes with it as you go to bed & rise & two or three times a day or oftener, shaking it allways, when you use it & let as much as you can go into y^e Eye — you may add a little white sugar Candy — & two Spoonfulls of french white wine

Yellow roll'd Salve M^r Butson's
for y^e wind Shain or cuts

Take rosim 6 ounces, 2 ounces of wax, 2 ounces of frankincense, 6 ounces of Venice turpentine, melt all these together & cast it into a basin of cold water, having first stroke y^e sides of y^e basin with hogs lard, & before to draw it & work it well before y^e fire & so make it into rolles.

A Dessowing Salve.

Take of red lead finely powdered 4 ounces. Oyl of roses 6 ounces, of wax 2 ounces, first melting y^e Oyl then add y^e lead & let it boil over a gentle fire, stirring it always till it looks of a Brown Colour, then take it off y^e fire & add 2 grains of mace being rubbed to powder dip stripes of cloth therein whilst it is hot.

A Drawing Salve.

Take a pint of Oyl half a pound of red lead, a quarter a pound of wax, 2 penny worth of candle soap, about y^e bigness of an nut of stone pitch, boy^t it well & mix it well & when it is cold enough rub your hands with Oyl & rolle it into rolles.

Paracelsus Brown Balsome

Take half a pint of Lysseed or sallet Oyl, half a pound of yellow rosim, 2 ounces of beeswax one ounce of Barril pitch melt these together in a Skillet with 2 ounces of fresh butter, then take it off y^e fire & add to it 2 ounces of Liquid storax & 2 ounces of Venice Turpentine & stir it till it is melted giving it a gentle heat over y^e fire, it is Excellent for Cramps, as well as Sores & wounds

The spleen Salve

Take white & red Lead of each 4 ounces. Castle Soap 5 ounces good Oyl one pound, boyle all till it comes of a pale colour & to y^e height of a plaister, then add to it Oyl of Bay & good hogs mort of each half an ounce, let it boyle up & it is enough, & when cool enough make it into rolles.

Observe to put y^e soap & Oyl together & melt it down then add y^e white & red lead, as it is apt to rise you must take it off, & set it on y^e fire again you will know when it is enough by trying a little on a cold thing This plaister is good to be applyed to y^e pitt of y^e Stomach for y^e wind of y^e mother, & for any bruise applying it to y^e afflicted part, for y^e bloody flux applying it to y^e Chine, it is excellent for those that are troubled with phlegm applyed to y^e mouth of y^e Stomach.

This is one of Aunt Butsons receipts, who at another place calls it y^e Lead plaister & prescribes 12 ounces of Castle Soap red lead & white lead of each one pound & a pint of Oyl made to a salve as above & leaves out y^e Oyl of Bay & hogs mort. She valued this Salve very much & says it must be kept as very precious

Another Spleen Plaister of aunt Butsons.

Take y^e juice of hemlock 6.ounces. vineger of oxirel Squills 2 ounces, in which dissolve 8 ounces of Gum ammoniack by infusion two days stirring it often then give it a heat & strain it through a bag, then boyl of y^e vineger

& juice, then take it off y^e fire & add to it 3 ounces
of bees wax. plaster of Mellilot 2 ounces. oyntment
of Althea one ounce. powder of oris half an ounce
which must be put in Last Oesopus half an ounce
Stir it till it be well melted & mixt together & when
cold make it into rolles your hands wet to vineger

An Excellent healing Salve
given to me in france, where I see a great
many good Experiments of it.

Take a pound of Cerase or two pounds of y^e best Oyl
put it in a new earthen pipkin or other vespel that
will fitt over a moderate fire. Stirring it almost
continually for 12 hours. y^e next day you must
put it on warm ashes ⁱⁿ a few coales & by degrees
make it boyle softly. you may know when it is
enough by droynge a little on paper & wet^e end of
your finger & if it doth not stick it is enough. you
may keep it in gallypots or throw it into molo
papers which you will by turning y^e paper round a
stick then draw out y^e stick & pouering Salve when
it is hot &

An Excellent Scalding Salve
given to my father in france by one
of y^e servants to Queen Katherine King
Charles y^e 2^o Queen

Takes of black pitch $3\frac{1}{4}$ of an ounce
of Rosin 4 ounces & $\frac{1}{2}$
of Burgony pitch 4 ounces & $\frac{1}{2}$
of onions 3 ounces. if you make it in
summer take half a handfull of Chibolts white & all instead
of onions.

having broken it very small put it into a brass
Shellet & set it on y^e fire to melt it together. Then
add 2 or 3 penny worth of bees wax cut small &
half a pinte of y^e best Oyl. remembering to put
these two y^e wax & oyl ^{a little} after y^e other things. you
must boyle all together stirring it continually with
a stick till it froths & rises. Then strain it through
a doth & keep it for y^r use.

Spread it on common white paper of y^e bigness
of y^e Scalp & apply it, wrapping up y^e wound as
tite as you can, new towlars is best to turn y^e plaster wiping
y^e side you made up of w^t. plastron will serve hirer

Unquentum Album

Take dried Sope $\frac{1}{2}$ an ounce Scrape it thin & melt it
on y^e coales. Then put to it a quarter of a pound of Sweet
hogs grease, & when it is well melted & incorporated
(without suffering it to boyle) add to it two ounces of
white Ceruse Stir it very well together. Then take it
off & Stir it till it be cold. put it in gallijots & keep it

here place my Sister Taners white Oylmeat when
it can be had.

63

Aunt Butson's receipt for the
Gangrene much approved of.

Take a quart of Vineger or Sharp Cyder as you
can get then take a quantity of barley meal according
to your discretion then take one pound of poly po-
dium of $\frac{1}{2}$ Oak Scrapped very clean & beaten very
small in a wooden dish then put them into the
vineger adding to it some red lead to give it a
Colour. & stir it all together till it comes to $\frac{1}{2}$ thickness
of a poultis & so apply it & as you find it grow
dry you must put on fresh poultis & so continue
it by often Exchanging. & in a little time you
will see its good Effects.

you may add some oyl of Turpentine & the poultis
will be y^e better.

For Swollen Leggs

To a pint of water put six spoonfulls of vineger
& a handful of salt. warm it so as to melt y^e salt. then
dip linnen cloths & wrap y^e leg or leggs going to
bed putting over it some beet leaves or cole leaves
& this do for severall nights.

For Chilblines

Apply to them y^e raps of a golden rissin Soaked
an hour in brandy

Oyl of S^t John's Wort

Take ^{the} flowers of S^t. John's Wort when they are well blown & that some are going to seed, two pounds, bruise them well in a stone mortar, put them into a glazed pitcher, & pour on them of Oyl of Olives four pounds, of a strong white wine half a pound, Shake all well together & cover y^e pot & set it on warm cinders for 24 hours, then set y^e pitcher in a kettle of water and boyl it two hours, stirring it now & then with a wooden spoon, then strain it off & squeeze out all y^e Oyl that possibly you can, you must then provide the same quantity of flowers of S^t. John's wort well bruised & put in your Vessel & pour on it y^e warm Oyl & renew y^e same operation on y^e warm ashes & boyl ing bath, then having strained & pressed y^e Oyl out add the like quantity of fresh flowers bruised to y^e Oyl and perform y^e same work y^e third time, then strain it & having purified & separated y^e Oyl from y^e Lees & moisture which will remaine in y^e bottom, incorporate it with two pounds of Venice turpentine on a slow fire then take it off & add three ounces of y^e Tincture of Saffron & keep it for your use.

This oyl thus prepared is an excellent remedy, it is a great healer, it warms & strengtheth, dissipates & dries, on which account it is good against all pains caused by colds & especially against all diseases in y^e joints or bones, against y^e scatica & gout it cures all wounds & those of y^e nerfs, it is good for scalds for worms convulsions &c. it is used by anointing y^e afflicted part, you may mix it in y^e vulnerary injections, in your digestives, cataplasmes or any outward remedies.

65

*M^r Ball's Balme
an excellent Stiptick*

Taken out of Pomets History of druggs, who calls it
y^e Commander of Oderne's Balm.

Take of

Daltons Dry Odalfern of Peru	Dry Odalfern	1 ounce	Dafsimi Sici
	Storax in tears	2 ouz.	Storacio calamitor
	Benjamin in tears ...	3 ouz.	Benjoini amydeleoides
	Aloes Soccatrin		Aloes Soccatrini
	Choice Myrrh	of each	Myrrhoe Electi
	Oliban in tears	half an	Olibani Electi
	angelico roots	ounce.	radiciis angelicae
	flowers of S. Johnnowort.		florum Hyperici.
	Spirits of wine	2 pounds	Spiritus vini

Beat y^e above things very well & put them in a
pottle with y^e quart of Spirits of wine, stop it very close
& Set it in y^e Sicon against a wall (not on y^e ground) for one
month, near upon y^e dog days may be best, it being the
warmest time of y^e summer, Shake it now & then,
Strain it through a linnen & keep it for your use)

as Storax in tears is very Scarce you
may take Six ounces of common Storax
y^e most rosinay you can, let it boyl in a
pinte of white wine 5 or 6 boylings Shir-
ring it, then pour it into a bag and

put it in an Apothecaries press
and Squeeze out y^e gum which will
fall into y^e wine & it will render
two ounces of Storax as good if not
better then y^e right Storax instead

Some of y^e properties of this O^r aln

It cured all sorts of wounds & cuts in a very short time
in applying it with a feather. Cotton or Injection, using
no other ointment or Salve, & if you have used other
remedies, cleanse y^e wound very well with warmed wine
before you apply this O^r aln, & put nothing on it but
a bit of white brown paper which you need not take off
till y^e party is cured but Strike it wth y^e O^r aln on y^e paper
It suffers no corruption nor matter wherever you use it
it is good for y^e Goat in applying it where y^e pain is.
In y^e Cholick take a few drops in a glass of wine it is
very good for all disorders in y^e Stomach a few drops taken
in wine, broth or other Liquour.

for y^e tooth Ach dip some Cotton & apply it to y^e tooth
It is good for all sorts of Ulcers, fistulas, & Hemoroïdes
It is good for y^e biteings of Venimous creatures called dogs
against y^e flux and bloody flux take 5 or 6 drops in
a little wine

It is good for all sorts of aches, defluxions & bruises, and
likewise to hinder being marked with y^e small pox applying
alittle as they come out. it is not only good for man, ^{but} for
any beast & especially a horse. when anail runs into his foot
note you must always use this O^r aln cold.

Sucatellus Balsame.

The Ingredients

Bees Wax	2 ounces
florence Oyl	1 quart
Venice Turpentine ..	4 ounces
Dragons blood	1 ounce
Oyl of S. Johns Wort ..	1 ounce
Mumie	1 ounce
Liquid Storax	6 ounces
Natural Balsame ..	$\frac{1}{2}$ ounce
yellowe Sanders ..	1 ounce & half
Parsley water	1 quart
Sack	1 quart & pinte
Rose or Plantain waters.	$\frac{1}{4}$ of a pint of each

Take y^e Sallet Oyl & put to it y^e parsley water & sack
y^e Liquid Storax & y^e Mumie & y^e Venice Turpentine & let this stand
in some pipkin or other Vessel to Infuse all night. the
next morning put to them y^e rose water y^e Plantain
water & Oyl of S. Johns wort & boyl all this together
in y^e pipkin for one hour. & into some other Vessel
put y^e Bees wax Dragons blood, & boyl them more
then half an hour. then put altogether in y^e first Vessel
& boyl them half adozzen Walnes then put in the
Natural Balsom & yellow Sanders & let it boyl
two or three Walnes. then take it off y^e fire and

Straine it into Gally pots. there is a water which
after this Oalfassan hath stood some time will
come from it which you must take off & keep by
itself.

It is good to anoint Sore Eyes or any Ache about
the body.

The properties of this Oalfasme.
It is good to cure all wounds outward or inward
being squirted warm in y wound & applied with
fine Lint anointing also y part about it. it doth
not only asswage y pain but keepeth it from
Inflamming draweth out y broken bones or any other
matter which may putrefie or fester it. it healeth
bruises & cuts anointing it ^{warm} dipping a piece of lenmen
or Lint & applying to y place. it healeth y fistula &
ulcer. applying it as for bruises. it healeth any burning
or scald. it cureth head Ach anointing y temples. it
taketh away any pain proceeding from Colds & moisture
or aches in y bones or sinews. anointing it warm
for y wind Cholick or Stich in y side applied warm w.
hot Cloths three mornings following. it is good against
y plague anointing y nostrills & lippes in y morning
it is infected w y plague or other pestilent disease take
an ounce for four mornings in warm broth or sweat after
it. it is good against yoy'om & helpeth in a surfeitt taking
an ounce in warm Sack against y biting of Snakes
& Vipers taken in warm milk.

A receipt against y^e Plague

B
Take 3 pints of muscadine & boyl thereon a handfull of sage & a handful of rue until a pint be wasted, then strain it & set on y^e fire again & add a penny worth of long pepper, half an ounce of Nutmeg beaten together, then boyl it a little, & put there to 3 penny worth of bramble and a quart of y^e best Angelica water.

Take of this warm a spoonfull morning & evening or two spoonfulls if you are already infected & sweat thereupon if not 1 spoonfull in y^e morning in y^e morning & half a spoonfull in y^e evening. with this medicine many were cured att Braunfomb when y^e plague was there

It is not only good for y^e plague but for Small pox measles & surfits.

The antipestilential Preservative
made use of w^t. Success when y^e plague was at Marseilles

Take of rue. sage. mint. rosemary. wormwood. and
lavender of each a handfull infuse these in a gallon
of y^e best white wine vinegar. in a stone pot close
stoppt on warm wood ashes. for eight days. after which
draw or strain off y^e liquor in a flannel & put it
into bottles well corked & to every quart put a
quarter of an ounce of Canephre. with this wash
your mouth & rub your temples & loins every
day & Snuff a little up your nostrills when you go
into y^e air. & have some on a sponge in a box to
smell to upon occasion especially when you are
near any person or place that is infected.

An excellent Pomatum

An excellent pultis. to break & dissolve
any swelling or humour.

Take white bread & milk & put to it a little Saffran &
some Lilly roots, (y^e white Lilly) you may add likewise a
little Oyle of Althea & boyl y^e whole till it is thick enough
& put it warm on y^e afflicted part. add red rose leaves dried
a roasted Onion is very good to suppurate any gathering

A receipt against y^e Plague

B

Take 3 pints of muscadine & boyl therein a handfull of sage & a handfull of rue untill a pint be wasted, then strain it & set ony fire again & add a penny worth of long pepper, half an ounce of Nutmeg beaten together, then boyl it alittle, & put thereto 3 penny worth of treacle and a quart of y^e best Angelica water.

Take of this warm a spoonfull morning & evening or two spoonfulls if you are already infected & sweat thereupon if not 1 spoonfull in y^e morning in y^e morning & half a spoonfull in y^e evening. with this medecine many were cured att Oranfomb when y^e plague was there

It is not only good for y^e plague but for small pox measles & surfits.

The antipestilential Preservative
made use of w^t. Success when y^e plague was at Marseilles

Take of rue. sage. mint. rosemary. wormwood. and lavender of each a handfull. infuse these in a gallon of y^e best white wine vineger. in a stone pot close stoppt on warm wood ashes. for eight days. after which draw or strain off y^e liquor in a flannel & put it into bottles well corked & to every quart put a quarter of an ounce of Canephre. with this wash your mouth & rub your temples & loins every day & Snuff a little up your nostrills when you go into y^e air. & have some on a sponge in a box to smell to upon occasion especially when you are near any person or place that is infected.

An excellent Pomatum

Take one ounce of sperma Ceti. 2 ounces of Oyl of Eden & half an ounce of white wax. melt y^e wax first then put in y^e Sperma Ceti. when that is well melted. pour in y^e Oyl & pass it through a piece of Cambricke into your pot stirring it till it be cold. if you find it too stiff you may leave out a little of y^e wax you may perfum it with what you please.

70

A Cure for y^e Rheuma

Take as much flower of Brimstone
as will lay upon a shilling in warm milk
fasting in the morning then about half
an hour afterwards take from twelve to
twenty Drops of Turpentine infused in
water

*A Cure for the Epidemic cold in
Horses*

Half an ounce of unwashed Gal of
Antimony 2 Drachms of Calomel
made into a Ball with honey to be
given over night repeated 3 or 4 times
every other night give him Mashes
& keep him warm

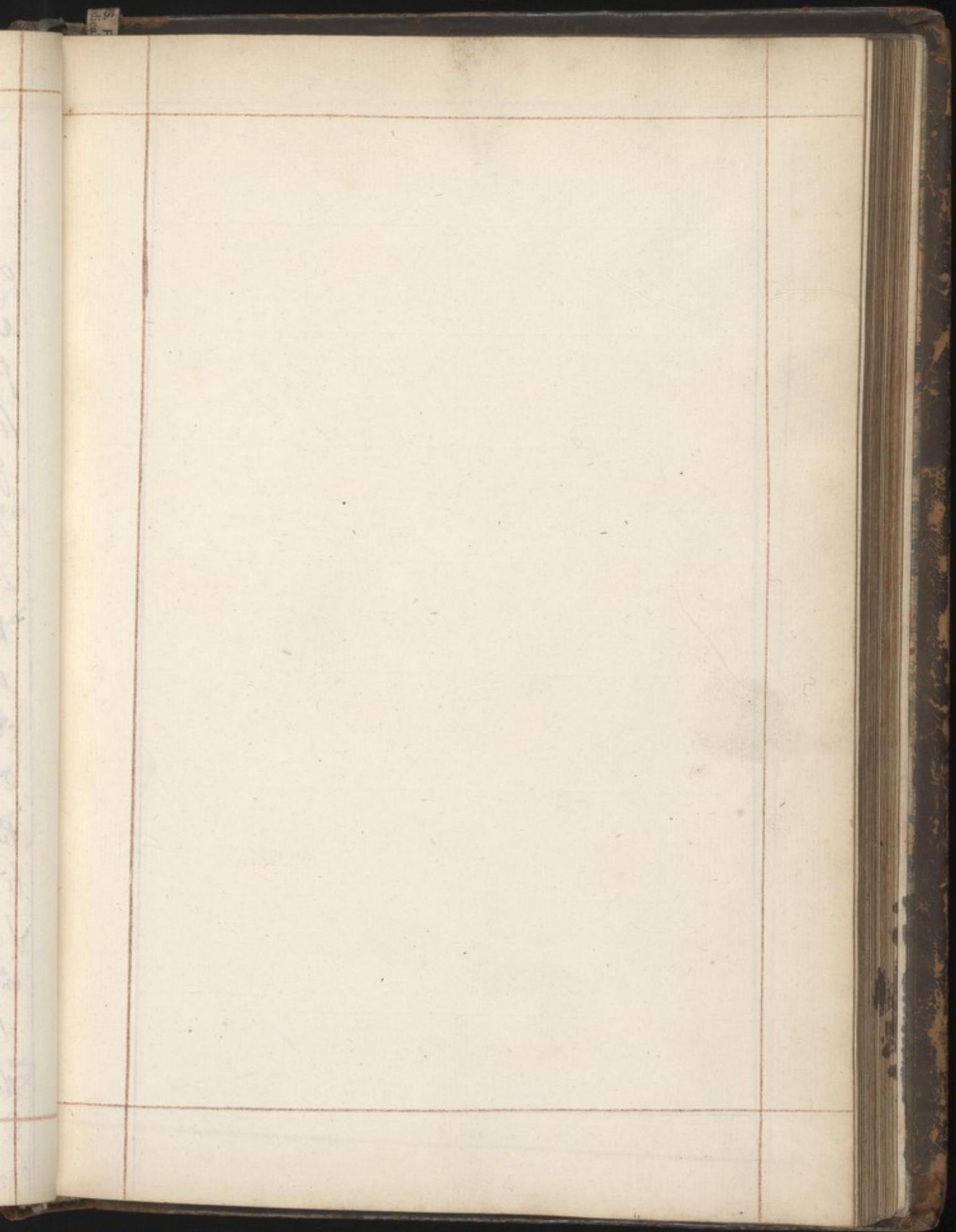
*For cleansing an Horse after
Grap*

Eight ounces of Castile soap
4 of nitre 4 of powdered Rosin
make it into eight Balls with honey
give 3 a week it may be taken with
at Grap

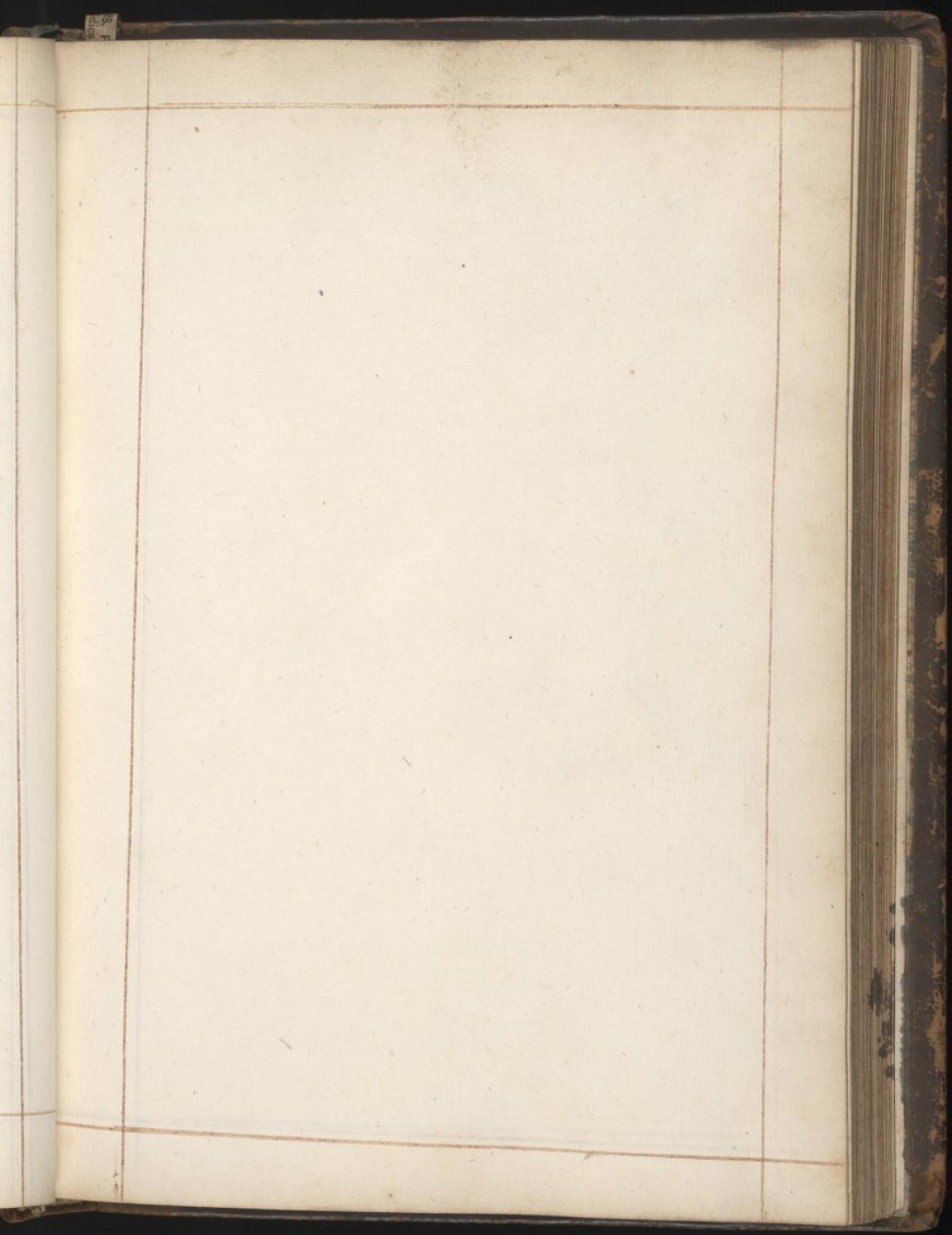
A Cure for Hooping Cough

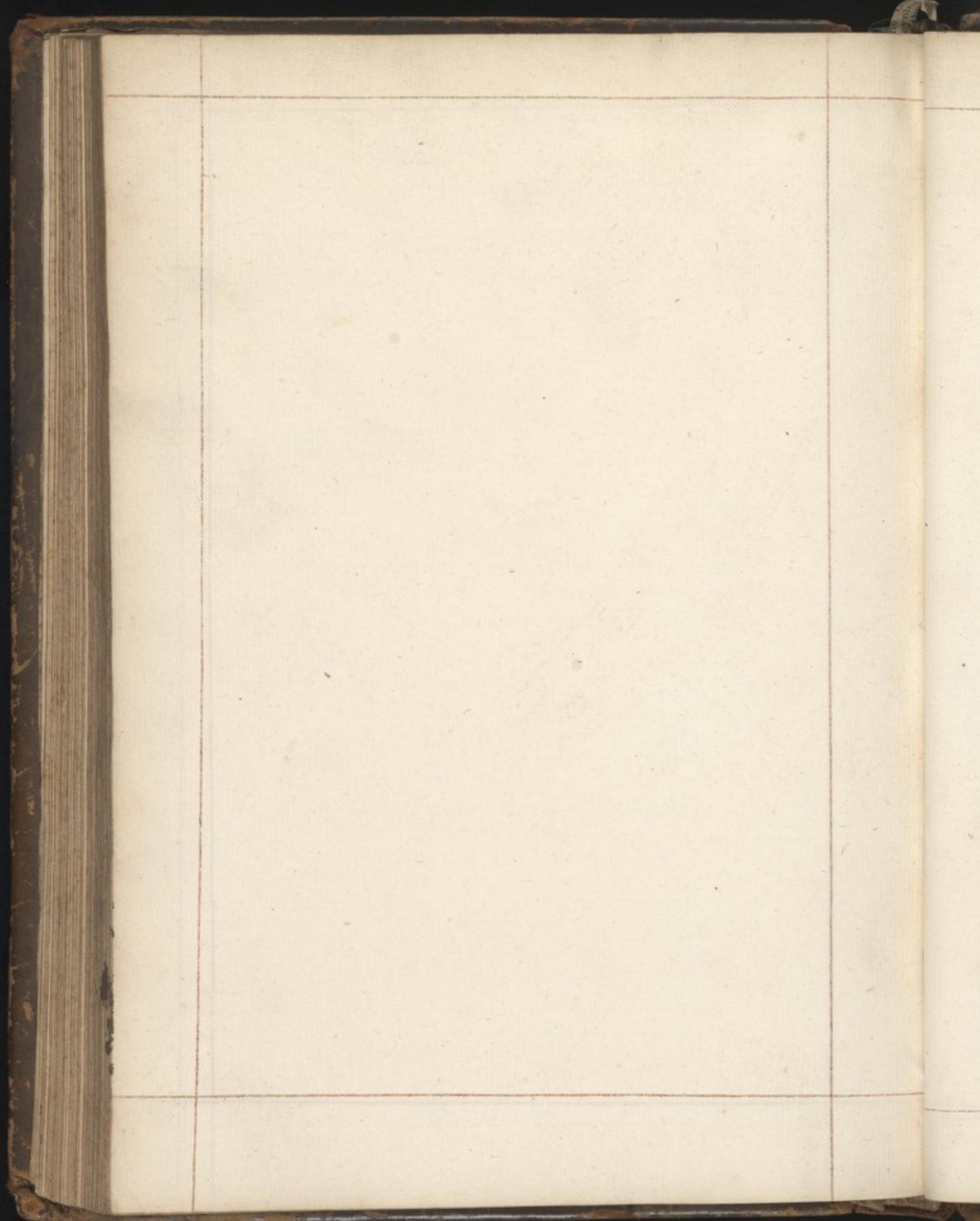
One Sprig of Cuckooflower &
a bunch Camphor well mixed
with 3 drams of Extract of
Bark 6 or 10 Grs w^m 3 or 4
Fls in a poach'd of some small
Water or Ale, in w^m is dissolved
a little Balsam capaini, 4^e Chittore
Dish of author says was emulsion Com-
mon or y^t like. Cure performt
in 5 or 6 Day^s. The Medi-
cine successfully recommended for
20 yrs by Mr Tuckiff in York-shire
to some little Relation s.g. He gave
tincture of Bark Tincture of Cuckooflower
& Elix: per regt. This composition w^m
in small Quantities 3 or 4 times a
day, decreased on T producing of a
slight Stranguing, or tchec at more
distant Intervals. B This did y^t to
be found in Dr Lebon's Medical Remar^s

March 1774



**A number of blank pages follow
and have not been photographed.**





— *modificare*
— *modificare*

Les mœurs danois la imposero que nous prendrons au plus tôt
Vos Cultures de nos voisins devront que de peine et
de mort faire dans les deux dernières années

mettre le bout pour leur faire un dessin de leur
amour à tout le moins en forme d'animal
qui soit fort à son aise et qui soit de
telle nature qu'il soit capable de faire
de l'ameur, pour ce que l'ameur
de l'ameur, pour ce que l'ameur

quod est quod est quod est quod est quod est

concerning the money. I said

monthes in clays in sand

and the *new* *old* *ways* *are* *the* *best* *ways* *to* *win* *the* *war*!

in the same place.

in the first instance, I

2. *Oncocephalus*

1

our power

Non responde

①

Our friends are truly

Temp. Mænigis gen. datus

That's a country of chin chin, waffer, never
than when gay'd by the fire in a gloomy
place (curious over us all) happens when we at
it finds a large bottle which used to contain
a wine, & left in that bottle only some
ashes of the spirit of wine, well known
as brandy. & left in that bottle only some
ashes of the spirit of wine, well known
as brandy. & left in that bottle only some
ashes of the spirit of wine, well known
as brandy. & left in that bottle only some
ashes of the spirit of wine, well known
as brandy.

Japan work

Allow to make an admirable work —

Sayings on the Chinese, a little Latin and French
French, which may be made with much pleasure, and may
say on age in Chinese as follows:
4. sayed on age is the Chinese as follows:
Each man & woman to say the following
day, and in each of these lectures we
have up to day said

These must be after my coming back to
the next place of home.
in your same work of the church it may
be you will see much of the same
as before of which is part of these same
days on 18 June.

of the days so often have been
short & busy. & then of the service there
have been many other times, when a man
especially & him, from time to an
affair, so that he & myself do
not, for a time, go to town. But it also takes
time to it, which causes many to be living
such busy, with great care that he has
time an once. Then day it on with a
man it with a ready answer with self, to
say if the power of guidance and

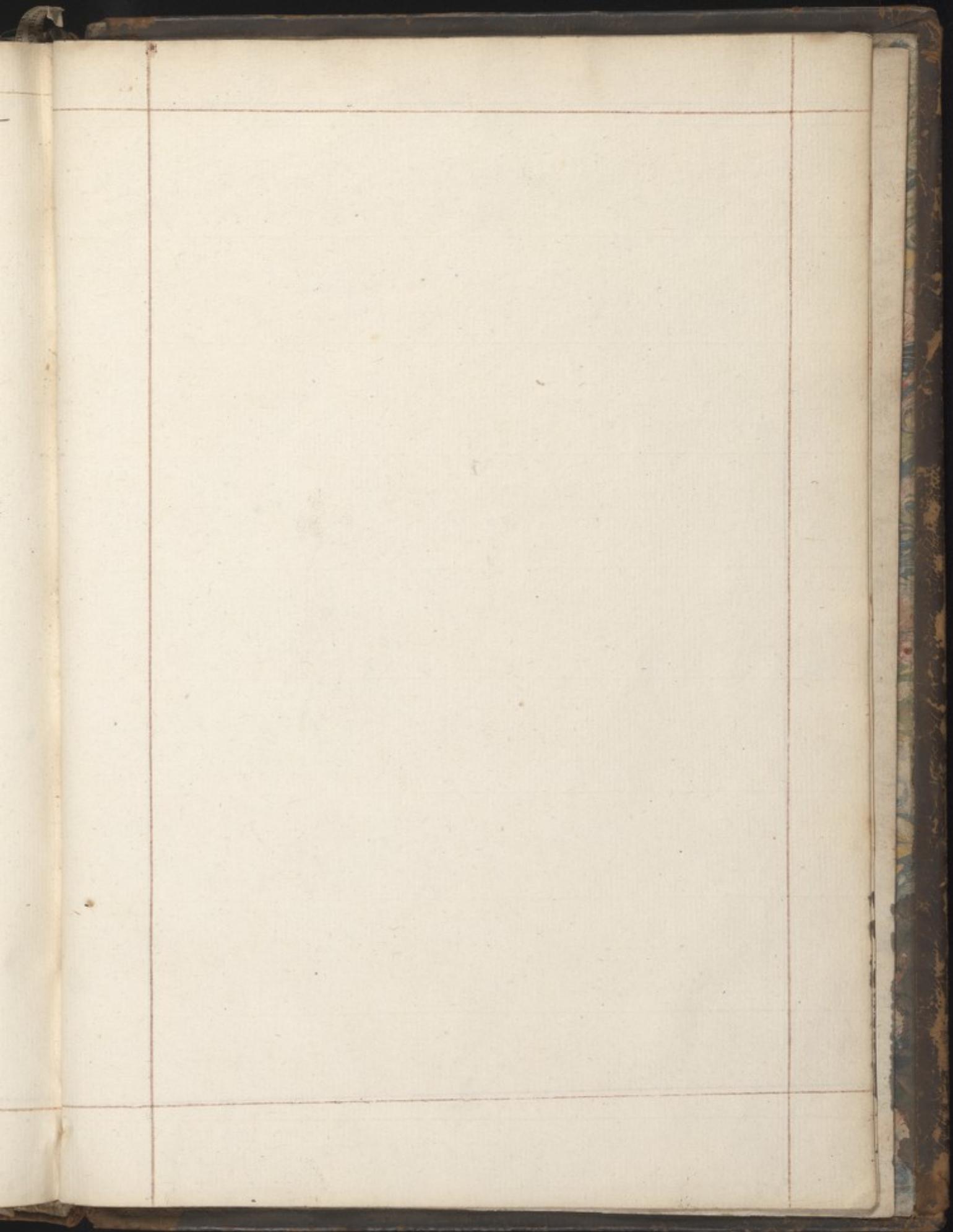
Claudia Johnson

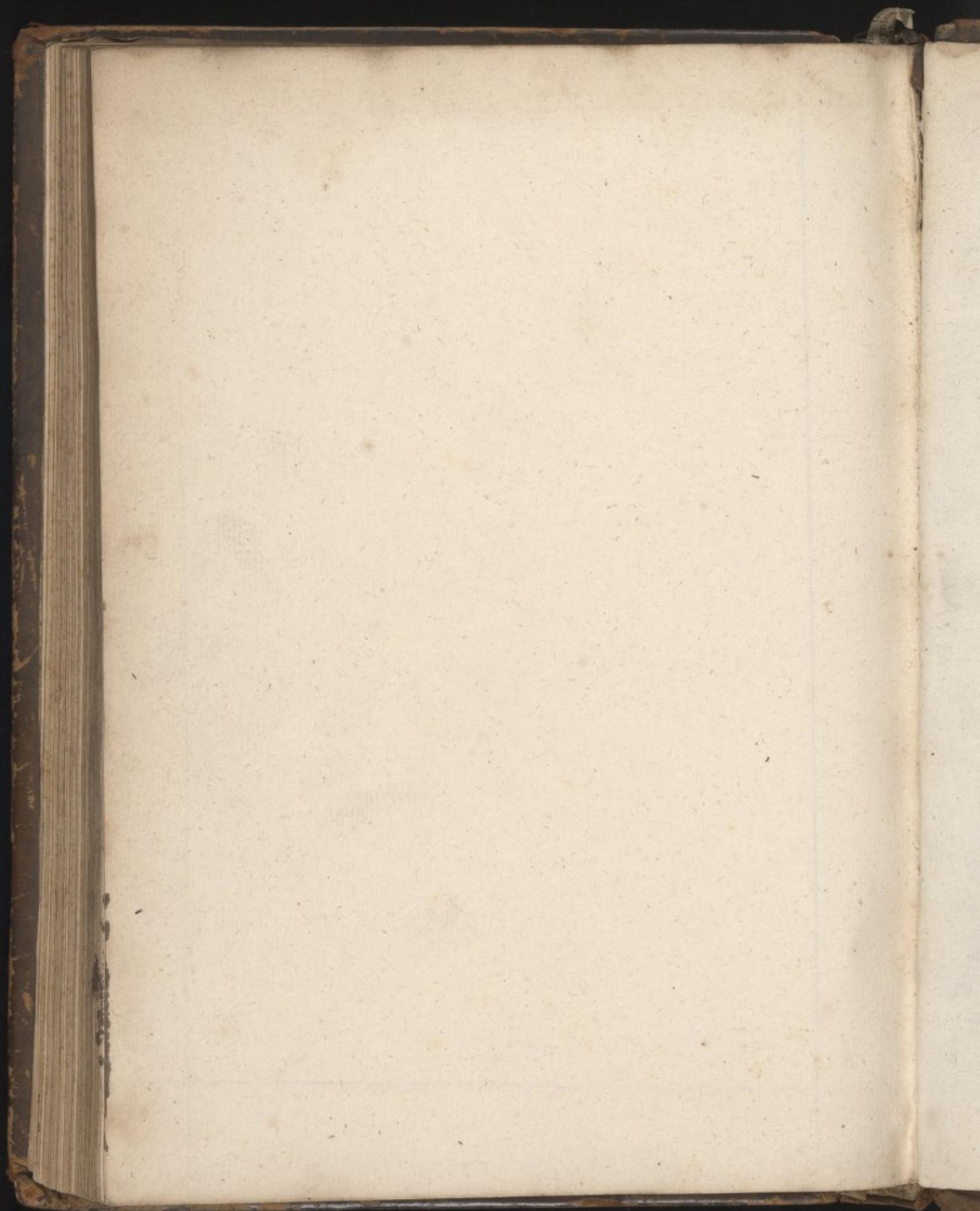
Why. —
Every time when I am it to you do the
same thing but it to me more easily because
it is time but do you do it right, repeat
a few words so you do you do it right,
that is upon the body with a few
man it with a ready answer when I say
say some power of direction and

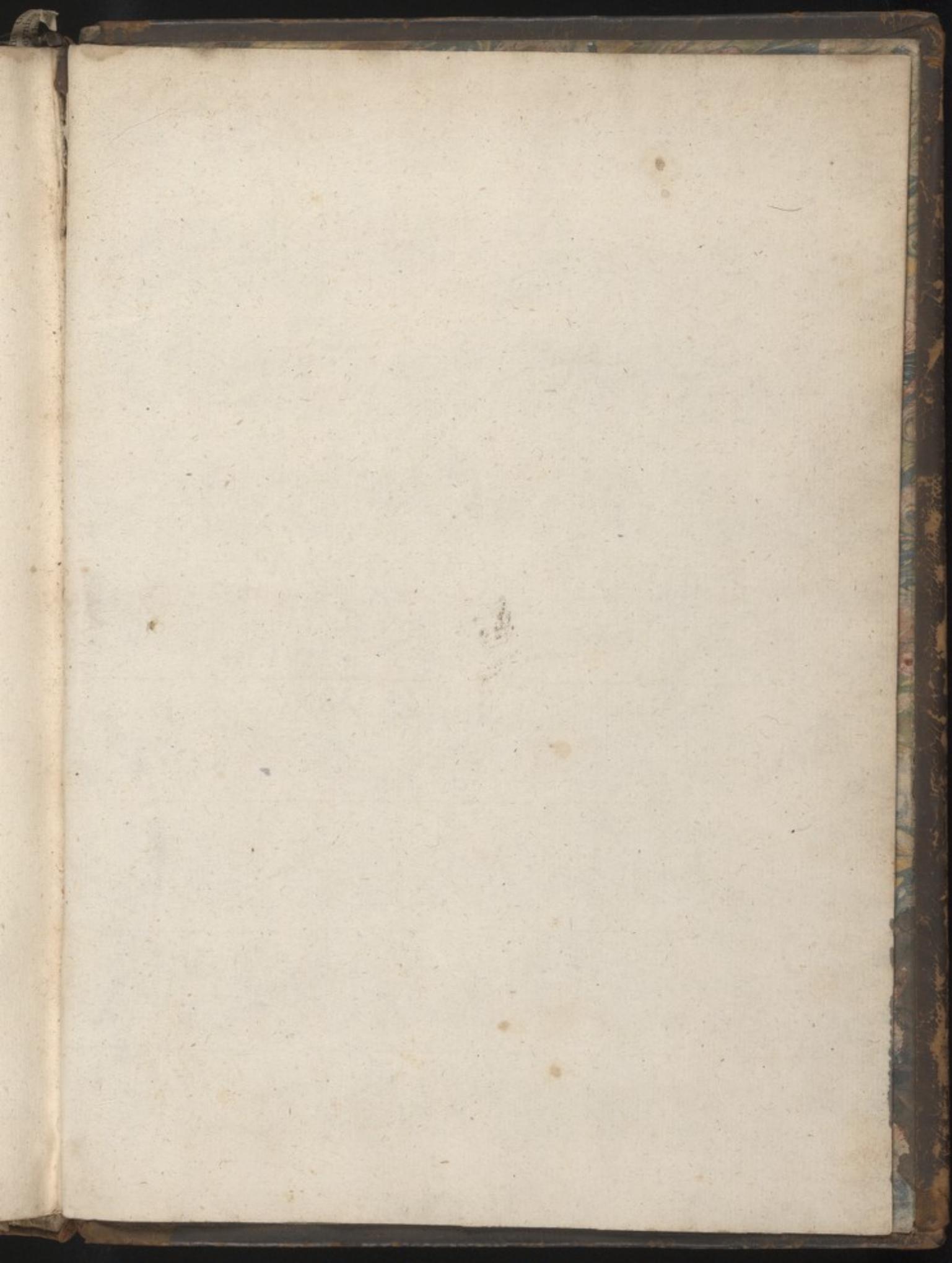
Claudia Johnson

upon another occasion.
Answer you please what will best be
done upon it with certain & good what
passes up, & help very soon as you

16

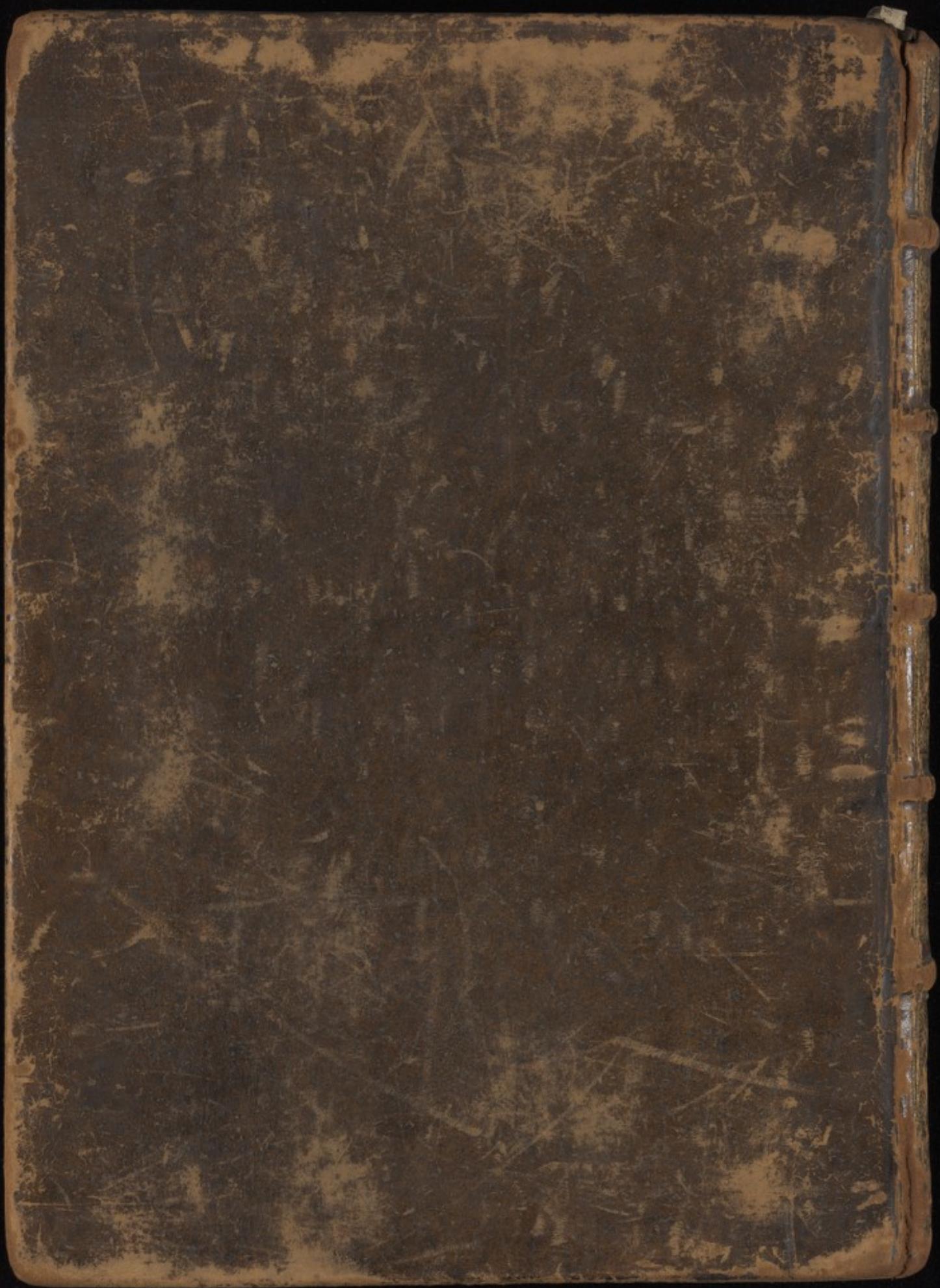










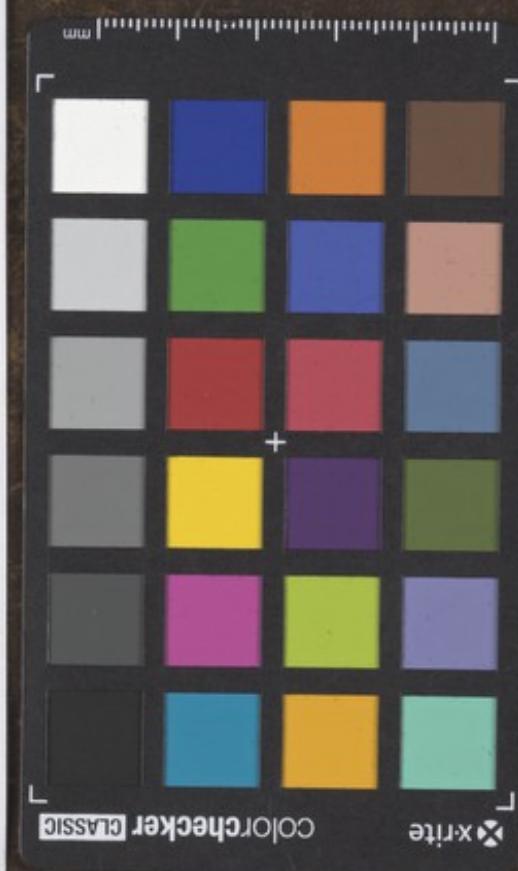
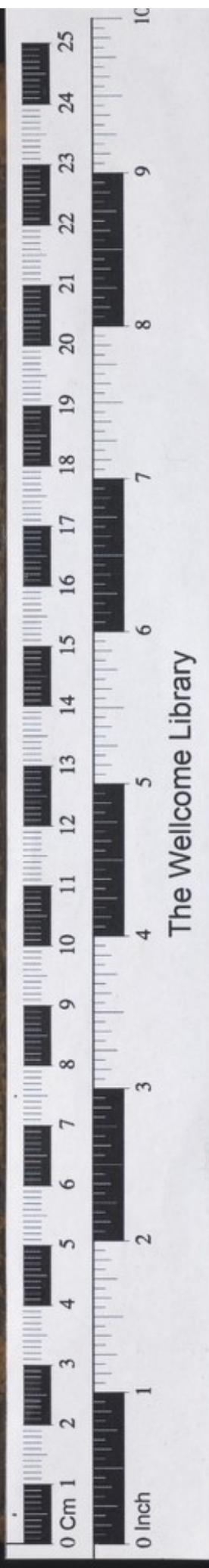




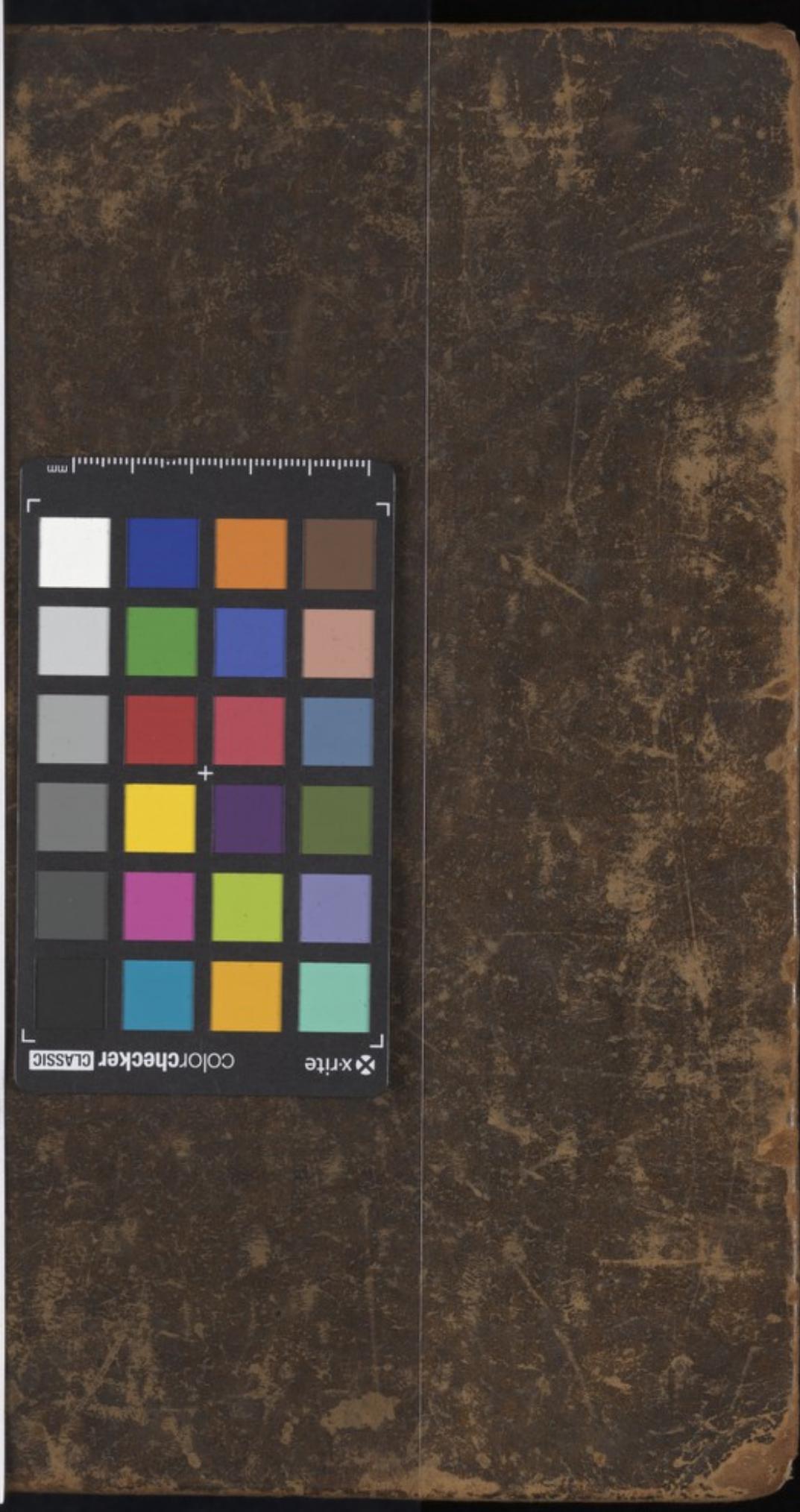


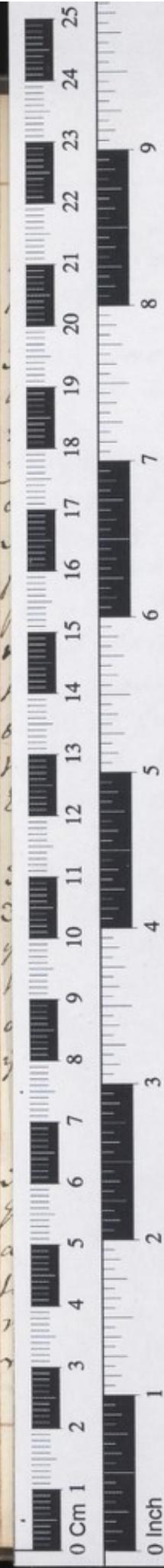






The Wellcome Library





The Wellcome Library



me water good for a Dropſy
to a mahu or any other —
Difterper. —
ounds of unſtact Lime, & pour
- Gallons of boyling water and
lood, ſtreach, ſtretches, power off
or put
Dropſy ſkinly
Inſufe
n take a
to pick them
ry Cloth
the Liquour
in it all
ter of an
Still in it
water
I quallified
poonfull
eo with
e morning,
y Ladys receipt to
e a Dropſy —
of a Wild Vines dry it and beat it
ut it into a quart of Brandy
nd till tis very better then
fulls of 4 Brandy every
g mornings together. then
& takes it again —