

English Recipe Book, early 19th century

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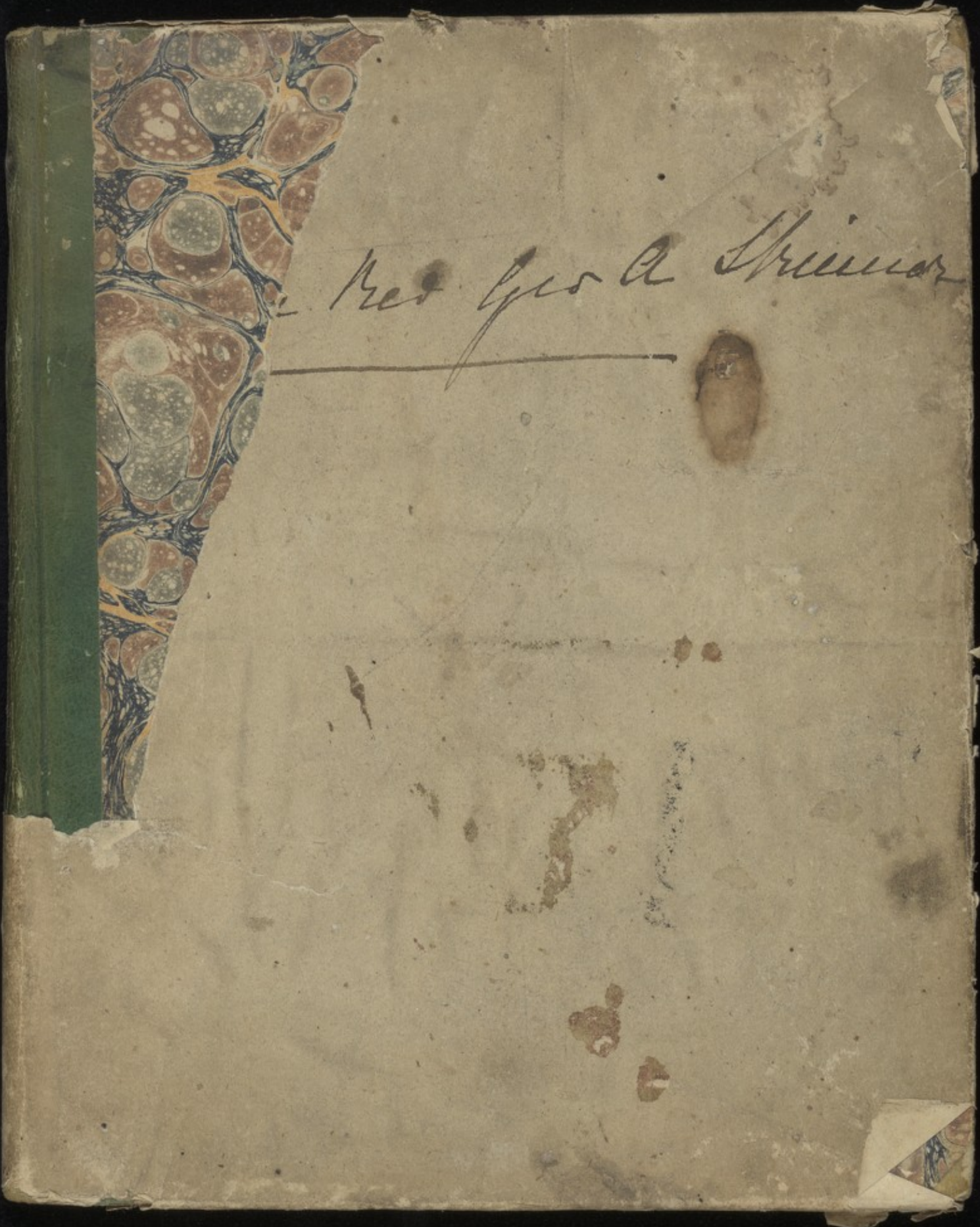
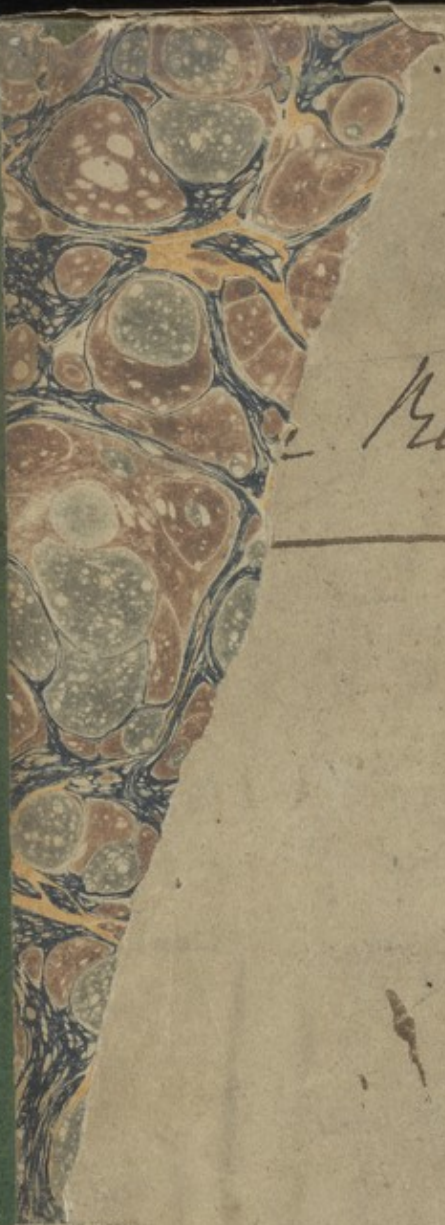
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Res. Geo. A. Shinnor



History of Medicine



Western Manuscript

7853

Accession Number

Hungary Water

Saadanum

Wards Eps

Opodeldoc

Tincture of

Milk of

Emetic

Decoction of

Anodyne

Tincture

Pills for a

Nervous

Embrocatur

Tincture

Syrup of

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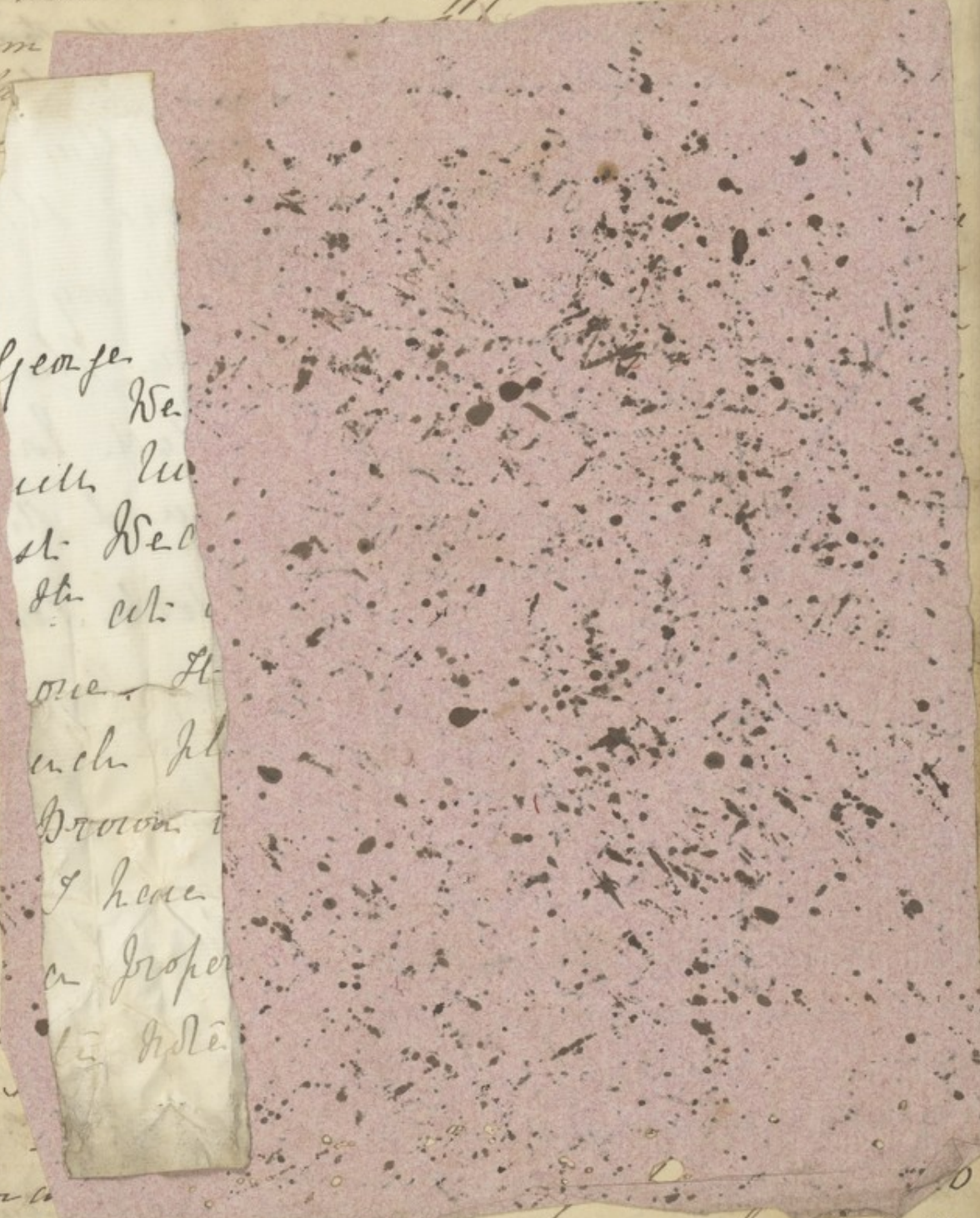
Spanish

Soap

Decps for

Sinus for a cold

Analeptic Pills



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13 Tincture of Salap

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1

Hungary Water

Take oil of Rosemary two or three teaspounfuls,
Rectified Spirits of Wine, one pint - This is for
Embrocations, or preparing Spodeldoe.

One ounce of Camphire added to the above makes
the camphorated Hungary water. Three table Spoon-
fuls of the camphorated Hungary water and one
table Spoonful of Laudanum is a useful application
for external pains, particularly, for pains in the
face or jaws from cold &c. and also for the cramp
in the stomach, or pains in the side.

A teaspounful of Essence of Ambergrease, and the same
of Essence of Bergamot added to a pint of Hungary Wa.
improves the flavour greatly.

Laudanum.

Three quarters of an ounce of purified opium
half a pint of Brandy, cut the opium small, and
infuse it for a month, then strain it off for use.

4

Ward's Ointment for the Head ache or any
local pain

Take of Camphire, 1 ounce, Soluble 1 ounce, rectified
Spirit of wine 2 ounces mix them together in a
bottle with a ground stopper & keep it always close
stopped. The way of using, it is to pour a little
into the palm of the hand, & apply it to the affected
part, & continue pressing the hand hand till the
whole is absorbed, which is known by the hand
becoming dry. It may also be rubbed on the parts affected.

Opodeldoc.

Take of Camphorated Hungary Water one Quart,
White Spanish Soap six ounces shake it well frequently
till it is dissolved. If you wish the Opodeldoc to be
thick, use the purest English hand soap, instead of
the Spanish soap, & let the Vessel stand near the fire
whilst the soap is dissolving. The thick should be
made in a new wide mouthed Bottle, or in a pot
tyed over with a bladder & leather.

Sixty grains of Rhubarb & thirty grains of castile soap
to be made into thirty pills. Mr. Bingham

3

Tincture of Rhubarb.

Take of best Rhubarb scraped or cut very thin two ounces
Sugar candy one ounce, oil of Aniseed two very full
teaspoonfuls or 120 drops, best French Brandy a quart,
let it stand for a month shaking it frequently, then
Strain it thro' linnen cloth, & let it stand to settle, and
pour it off clear. The dose is three or four teaspoonfuls
in pepper mint water, in case of great pain a tea-
spoonful of Paregoric Elixir may be added, & the dose
repeated, in case the pain continues, every three
or four hours, observing, that one teaspoonful of
tincture of Rhubarb, & one of Paregoric will be
sufficient for each dose after the first. — This is a
very useful medicine in all Stomach & bowell
complaints, using or omitting the Paregoric according
to the urgency of pain.

Milk of Poses.

Rose water, and Tincture of Benjamin to make
it white, or Gum Benjamin dissolved in Brandy,
and put to the Rose water like warm.

Emetic Wine.

This is a very safe & gentle emetic.

Take of Ipecacuanha in powder two ounces, Sherry or Madeira wine one pint - Let it stand for a month shaking it daily, then strain it off & filter it for use.

A Table spoonful is a dose for a child from 5 to 10 years old, and two table spoonfuls for a grown up person, two or three draughts of Chamomile tea, mustard tea, or green tea, may be drank when it begins to operate. An hour after the operation is over some hot port wine with any spice most agreeable to the Palate may be taken in the quantity of coffee cupful for a grown up person & a small wine glass for a child from 5 to 10 years old.

Decoction of Bark.

Take of best peruvian Bark in powder one ounce boil it for a quarter of an hour in a pint and half of water, then strain it & add to it four table spoonfuls of Brandy. - The dose is three or four large spoonfuls three or three times a day.

5

Anodyne Cerate

Take of white wax one ounce, Spermaceæ half an ounce of
fine eating oil three ounces, melt them in an
earthen vessel over a very slow fire then add to it
80 drops of Laudanum, 80 drops of extract of Lead
80 drops of Balsam Traumaticum, & 80 drops of
flowers of Zinc — Stir the whole well together, & keep
it constantly stirring, till it is cold. It is an
excellent ointment for any kind of sore, chapt
lips, Chilblains where the skin is broken & for
burns or scalds where the skin is destroyed;
in short it is a good family ointment for most purposes.

Tincture of Myrrh.

Take of Myrrh in powder, three ounces, rectified Spirit
of Wine, half a pint, Brandy or proof spirit a pint &
half, let it stand for a month shaking it very well
Daily then strain it off, & filter it for use thro' thin
brown paper.

For a Cough

Storac pill, Balsam Tolu, 20 grains each, pill Muffly
40 grains, make these into pills take 3 every night.

6

Nervous Tincture

Take of Camphire one dram, Saturated three ounces
 Other one ounce; from one to two teaspoonfuls may
 be taken three or four times in 24 hours. It is an
 excellent medicine in nervous complaints, cramp
 in the stomach or Gout unfixed -

Ten drops of Laudanum or a Tea Spoonful of
 Rergonic may be added in case of great pain.

Embrocation for the Rheumatism.

Take of Camphire half an ounce rub it or scrape it fine
 put it in a pint Bottle, and add to it four ounces (which
 is equal to a quarter of a pint) of Spirit of Hartshorn,
 shake it well and often till all the camphire is
 dissolved; then add to it twelve ounces of Oil of Almonds
 & shake it well together till it is perfectly mixed.

The following is an excellent application for the
 Rheumatism & very similar to the Essence of Mustard

Take of camphire half an oz rectified Sp^t. of Wine 5 ounces
 Sp^t. of Turpentine one ounce Tincture of Cantharides
 2 large teaspoonfuls when the Camphire is thoroughly

dissolved, it is fit for use. . . The parts affected should be well rub'd night and morning with it, or oftener if the pain is very violent. Flannel should be worn on the parts affected.

Tincture of Bark.

Take of best Peruvian Bark in powder 3 ounces, The outer rind of Seville orange dyed, & cut small one ounce, Saffron hay a quarter of an ounce, Best French Brandy one quart, let it stand for a month shaking it well daily, then strain it and filte it thro thin cap paper for use.

The dose is 2 or 3 teaspoonfuls twice or thrice a day in a glass of water - It is a pleasant preparation of Bark & useful for loss of Appetite & indigestion after some gentle purgatives of the Rhubarb kind.

Syrup of Lemon Juice

Take of Lemon Juice when strained one pint, Double refined sugar twenty five ounces, boiled to a Syrup.

Simple Syrup.

Take of the purest sugar fifteen parts, water eight parts. Let the sugar be dissolved by a gentle heat.

Fever Mixture

Take of Salt of Wormwood one dram, lemon juice three table spoonfuls - Mint or peppermint water ten table spoonfuls, make a mixture of which Two or three table spoonfuls may be taken in febrile complaints every three or four hours.

Take of Best white wine vinegar four spoonfuls Sal volatile a sufficient quantity to neutralize the vinegar (which is known by neither the acid nor the Sal volatile being predominant) add to it six ounces or 12 Spoonfuls of Mint or Peppermint water. Make a mixture - The dose is the same as the former, it is calculated for fevers of the low kind.

The following, is a good common fever mixture.

Take of Sal Polycust a quarter of an oz. Essence of Lemons 8 drops, loaf sugar a gr. of an ounce, rub them well together then add a table spoonful of Sp^r of Nitre & half a pint of Spring water.

The dose is a table spoonful for a Child, & three for a grown up person every four hours.

9

Gentle aperient Mixture

Take of Senna leaves a quarter of an oz, caraway seeds
bruised, a quarter of an oz, Boiling water a quarter
of a pint let it stand in a teapot till cold, then strain
it off & add to it Two table-spoonfuls of Ruffy Elixir.

The Dose is two, three or four table-spoonfuls in the
Morning, fasting.

Essence of Peppermint

Take of oil of peppermint half an ounce.

Purified Spirit of wine four ounces and a half
shake them well together, & filthe it thro' thin cap paper.

Two full tea spoonfuls of this Essence put into a
quart of Spring water & shake well together, makes
very good peppermint water; it is always best fresh
made, therefore half a pint is sufficient to make at
one time unless the consumption is large.

Mint water is prepared by making an Essence of
Mint with oil of Mint & Spirit of wine in the
same proportions as the above for Essence of Peppermint.

8

Purgative Elixir

Take of genuine purified opium three drams,
 Camphire three quarters of an ounce, oil of Amiseeds
 180 drops or three full heaspoonfuls of Flowers of
 Benjamin, Two drams, Rectified Spirits of Wine
 half a pint, shake the above frequently for three
 or four days, then add to it three half pints of
 French Brandy, & shake it daily till the ingredients
 are all dissolved, then filter it for use.

A Tea Spoonful of this Purgative Elixir is equal to
 three Spoonfuls of the common, & is an excellent medicine
 in coughs, joined with spirit of Nitre.

The spirit of nitre & Purgative in Doses of a
 Tea Spoonful each, in painful gravelly complaints
 taken several times a day, is a very useful
 medicine, taking care to keep the Bowels open
 with Epsom salts or Castor oil.

Mr. Simpson's Receipt for the Stone or Gravel.

Take a handful of the fibres of garden leeches boil them
 in two quarts of water till it comes to one quart.
 Pour it off & drink two half pints a day.

Spanish Infusion

D. Grant.

11

1^{lb} of Spanish Juice cut into small pieces, 3 drachms of Salt of Tartar, infuse it in a quart of boiling water one night to the liquor strained, add an ounce & half of Syrup of poppies. In recent colds, coughs & obstructions of the breast, a tea-cupful of this infusion may be taken with advantage three or four times a day.

For a Cough. nervous.

D. Darwin

Take of Ipecacuanha wine, Syrup of Tolu, of each two drachms, Ether & pinguic Chen of each one drachm Camphor mixture three ounces, one large spoonful to be taken now & then when the cough is troublesome.

Liniment for chapt hands.

Mrs. Stokes

Take of fine Olive oil twelve full table spoonfuls. White wax two ounces, Spermaceki one ounce, melt them over a slow fire until the wax is all dissolved then add to it a full table spoonful of Sandalwood, & three large teaspoonfuls of Extract of Lead, & a full table spoonful of Compound Tincture of Gum Benjamin if the smell is unpleasant it may be omitted.

Soap.

Half a pound of Spanish soap, two drachms of Camphor, & ~~half~~ an ounce of Spermatick shaved fine dissolve it over the fire in four large tablespoonsfuls of soft water, & three of Florence oil, stir it till cold, & then make it into Balls.

Drops for a Cough.

M. Cawser.

℞ of Raryginic Oil, $\frac{1}{2}$ ℥ of sweet spirit of Nitric, $\frac{1}{2}$ ℥ of Sal Volatile, mix them together in a bottle, & take two teaspoonfuls of the mixture at night going to bed, in any warm liquid.

For a cold.

Two ounces of conserve of Roses, two ounces of white sugar candy, the juice of a Lemon, two tablespoonfuls of honey. Boil it altogether, while hot put to it two tablespoonfuls of oil of sweet almonds, or sweet oil, & half a pint of rum, mix it well together. Take a spoonful fasting in the morning, & at night when going to bed, & whenever the cough is troublesome.

Analeptic Pills.

Dr. Ashe

(13)

Gum Guaiacum, James's powder, pill masses of each half a drachm to be made into forty eight pills two to be taken at bed time.

Daffy's Elixir

Take two ounces of senna, one ounce of jalap, half an oz of coriander seeds three pints of Geneva or any other spirits. Let them stand seven days, then strain them and add four ounces of loaf sugar.

Fever Draught.

15 grains of Salt of warmwood a tablespoonful of Spring water, a tablespoonful of peppermint water a little sugar, when the sugar is dissolved put in the salt of warmwood, & then put in the juice of half a lemon, this is for one draught.

Dr. Ashe.

For the Rheumatism

One ounce of Tincture of Gum Guaiacum, one ounce of Tincture of Bark, half an oz. of Kautshain. A full teaspoonful to be taken at night going to bed in a cup of peppermint water.

For a cough.

Eight tea spoonfuls of thick gum water four tea spoonfuls of oil of almonds and one tea spoonful of oil of Aniseed, the gum water must be nearly cold before the oil is mixed with it. Shake them well together. Take 15 drops upon sugar four or five times a day. -

D^r. Withering.

For a Cold & Hoarseness.

One handful of Rosemary put into a pint of stale beer to simmer till it comes to half a pint, strain it and put to it a lump of butter about the size of a walnut, smother it with honey to your taste, put to it a glass of rum, and drink it three nights going to bed.

Mrs R. Rogers

For the 3^d. day Ague.

Powder Bark two drachms, black pepper powdered one drachm, Alum powdered 15 grains, mix these ingredients in honey or anything, to make an electuary, to be taken one hour before the fit comes on. Mrs. Coe

Cold Cream

Mr. Sheriff

15

Take white wax, and Spermaceti of each a drachm
oil of sweet almonds two ounces, rose water an ounce
& half, melt the spermaceti & wax together in a vapour
bath, pour the solution into a marble mortar &
stir it about with a wooden pestle till it grows cold
and is quite smooth, then mix the Water in by
degrees and keep stirring, it till the water is
thoroughly incorporated.

Milk of Roses.

Half a pint of Rose water, half a pint of oil of
Almonds, two drachms of Salt of Tartar.
Mix them all together in a Bottle.

The oil and the salt of tartar must be mixed first.

To cure the Colic

Conserve of orange peel half an ounce, cordial
confection 3 drachms, powder of Rhubarb 1 drachm
Syrup of orange peel a sufficient quantity to make
the whole into an electuary. For a dose take a
piece the size of a nutmeg.

Doctor Ashe

Opulent mixture

One ounce of Epsom salts, magnesia & flour of Sulphur
of each half a drachm. sugar half an ounce,
Spirituos cinnamon water six drachms, and
a sufficient quantity of spring water to make
eight ounces. Shake it & take out a wineglassful
put it into half a pint of water & take it evenly.

For a Cough & Hoarseness.

D^r. Ashe.

Two ounces of Syrup of Tolu, one ounce of Decoction of
Squills mix together, a teaspoonful to be taken as
often as found necessary.

M^r. Smith

For the Same.

Four tablespoonfuls of Isacole, two ditto of vinegar
30 drops of Sandalum mix together, a teaspoonful
to be taken whenever the cough is troublesome.

M^r. Smith

For a Cough

Gum Ammoniacum one drachm, powder of squills
16 grains, Balsam of Capiviva a sufficient
quantity to make 16 pills. Two to be taken twice
a day.

Doctor Parry. Bath.

77

For the Scurvy in the Gums.

Half a pint of strong red sage tea, a piece of alum the size of a nutmeg, as much Role cummariae. a table spoonful of vinegar, the same of honey, set these ingredients on a slow fire till the Alum is dissolved. If the teeth are loose, add more honey, vinegar also and put wine.

For a Cough.

Mrs. Lockington

Two ounces of oyrind of Squills, two ounces of Diacodium, two ditto of Triacl or clarified honey. a tea spoonful to be taken on going to bed dropping into it twelve drops of antimonial wine with a tea spoonful of water. 40 drops of Acid Phos of Vitul. improves it.

Ginger Cakes.

Mrs. Dr. Rogers.

One ounce of Ginger powdered, a pound of loaf sugar powdered, the rinds of two scville oranges grated. mix them together in a preserving pan, with a little peppermint water to wet the sugar, & boil it to a candy, then drop it into cakes.

Inspissated Malt for a cough.

Half a peck of ground malt, put it into a pail & pour upon it four quarts of boiling water - cover it up close and let it stand 24 hours, stirring it frequently with a stick - then strain it off, through a sieve, squeezing out the liquor with your hands, from the grain.

Put it into a saucepan and boil it over a slow fire, till it is reduced to the consistency of treacle skimming off the scum constantly during the operation.

J. Thew.

A Strengthening Jelly

Take the Venison parts of three bracelets of mutton a small shank of beef and about 3 lb of the knuckle part of a leg of veal a pint of beef jellies, a pint of veal jellies, a bunch of sweet herbs and a little pepper & salt put them into a gallon of water, and let it boil slowly till it is reduced to three pints, skim it well the whole time. Strain it off and when cold scrape off all the fat. Add to it a pint of Red rose tincture and melt it together. Take a teacup full of this jelly made warm night and morning. —

19

Mr. Causar's Prescription for the distemper
in young Dogs.

Five grains of Emetic Tartar for a vomit given
in a bit of butter early in the disease & repeated in
four or five days if the disease is violent.

Take Emetic Tartar one grain, flour of Brimstone and
liquorice powder of each two scruples, mix them in
any liquid and repeat it night & morning till the
disease is nearly well.

For a Cough

Put a quarter of an oz of Gum Dragon in half a pint of
cold water, let it stand till it is a jelly, then add a
little wine & sugar to your taste. Use for the best
gum dragon - the little specks you may take out
when it is dissolved, they are only pieces of the bark
of the tree from whence the gum is taken.

Mr. Boiss.

Relaxation of the Vocal & glands of the throat.

A quarter of a pint of port wine, two table spoonfuls of
powdered Nutm, & ten grains Cayenne pepper.

The throat to be gargled & syringed frequently.

Doctor Stey.

My Grandmother's Salve. for burns, scalds, chilblains &c.

A gill of sweet oil, two ounces of hogslard, ^{2 ounces} six pennyworth
of Venice Turpentine, two ounces of buswage; all
boiled together. Mrs. Sepray.

For a Sore Mouth.

Honey of Roses, & Tincture of Myrrh of each half an oz.
powdered Alum half a dram, to be applied to the
mouth two or three times a day with a feather.

Sir Charles Blicke.

For a relaxation in the bowels.

For a child of two years old, one grain of chubarb
1 grain of Specacuanha & three drops of laudanum,
to be taken every night. Increase the dose according
to the age of the patient.

For a cough or Hoarseness.

A moderate sized tea-cupful of Linseed, some saffins
and stick liquorice, boiled in two quarts of soft water
till they are reduced to one, then strain it, and add
some honey, a large spoonful of lemon juice & the
same of Rum. Take a large cupful warm at
bedtime, & a little whenever the cough is troublesome.

Miss Lytton.

Cure for the Ague.

in salt of Tartar

One oz of Bark 30 grains of Salt of Wormwood, 30 grains of Snake root ^{or powdered ginger} put into a quart of wine or beer, let it stand by the fire for 12 hours, shaking it frequently. A wine glass to be taken twice a day. Mr. Oliver.

Cure for the Ague.

For a grown person take 20 grains of Alum, and 10 grains of nutmeg, to be given an hour before the fit comes on, in any warm liquid.

Ditto

One teaspoonful of Nutshorn, one tablespoonful of vinegar, the same of brandy, mix them together, and take it when you find the cold fit coming on. many people have been cured the first time of taking this; afterwards a teaspoonful of bark may be taken two or three times a day. Mrs. Colwell

Ditto.

An Egg beaten up in a glass of Brandy; to be taken just before the fit comes on & the patient should go to bed. Captain Wood

Tincture of Jalap

Powder Jalap 4 oz. Geneva 1 pint. Digest with a gentle heat for 8 days. Strain it.

Unguine Balsam.

Opium 1 ounce, white Castile soap 4 ounces, camphor 2 drams, essential oil of Rosemary half an ounce, rectified Spirits of Wine one quart. Digest the opium & soap in the spirit for 3 days, then to the strained liquor add the camphor and oil, shaking the Bottle.

Profus Pills.

Scotoine Mace 2 $\frac{1}{2}$ myrtle 1 $\frac{1}{2}$ Saffron half an ounce, beat them into a mass with a proper quantity of syrup.

Fumigation Powder.

Ubanum, amber, muskate, of each three parts, storax two parts, benzoin, labdanum each one part, mix them in gross powder.

Ammoniacum milk for a cough.

Take of Gum Ammoniacum 2 drams, water half a pint. Dissolve the gum with the water gradually poured on till it becomes a milk.

Tincture of Roses.

Red Roses dried 1 $\frac{1}{2}$ boiling water ^{2 quarts} 5 pounds, vitriolic acid 1 dram, white sugar 2 ounces. Macerate the roses with the water in an unglazed vessel 4 hours, then

having poured on the acid, strain the liquor, & add the sugar.

For Fevish Complaints

One teaspoonful of Mindereus Spirit with ten drops of Antimonial wine, for adults every 3 or 4 hours given till the fevish complaint is removed, with plenty of diluting liquors until the skin becomes moist. if a difficulty of producing perspiration, add 4 or 5 drops of Laudanum. if no fixed pain in any part of the body. If the patient should vomit so much the better, if soreness at the pit of the stomach with acidity put a teaspoonful of magnesia to each dose. It is very serviceable for Bruises, and Strains, if very painful add a teaspoonful of Laudanum to half a pint of the Spirit.

Mrs Hawkins.

To make Salt of Semon.

Equal quantities of Salt of Sanel, & cream Tartar well pounded & mixt together.

Mrs Hawkins.

For a Sprain.

Boil a pound of common salt in a pint of skim milk, bind the linc on the part affected.

White Emulsion

Three large spoonfuls of oil of sweet almonds, one spoonful of syrup, one of brandy, a teaspoonful and half of harts-horn, a little rose water, shake these ingredients up together very fast to mix them, then add as much soft water as will make half a pint.

Thirty drops of Sal ammoniac in the place of the harts-horn and a spoonful of Syrup of Balsam of be added after it is made. — Mr. Causer.

Astringent Mixture

Take half an ounce of red rose leaves, infuse in a pint & half of boiling water till cold, then strain it and add Acid. Chloric of Citric 30 drops, and the simple Tincture of Cinnamon one ounce. Three tablespoonfuls to be taken every four hours.

Imperial

Three drachms of Cremor tartar, the rind of one lemon pared thin, pour on them in an earthen vessel, one quart of boiling water, and when cold, add a sufficiency of white sugar to make it palatable.

For the Toothache

(25)

Half an ounce of gum Guaiacum in a quart bottle, put to it a pint of French Brandy, set it by the fire well corked for 24 hours. Shaking it frequently when perfectly cool pour it off into small bottles.

Put a few drops of this into warm water & hold it in the mouth for some minutes several times in the day. — Mrs. Baronneau^m

Embrocation for a Strain.

Take of Soap Liniment three ounces, Tincture of Cantharides one ounce, mix them together to make an embrocation. — Mr. Blyard.

For a Dysentery.

One ounce of Mutton suet from the Kidney shud fine boiled in half a pint of milk till it is reduced to a quarter of a pint, a small piece of Cinnamon to be boiled with the above, and the whole sweetened with the finest loaf sugar. A small coffee cup full to be taken twice a day.

Mrs. Bauschier

Mrs. Propius's salve

Take a quart of sallad oil, one pound of the finest Redlead, two ounces of soft sealing wax, & as much bees wax, one ounce of Rosin beaten fine, one ounce of mastic, one ounce & half of Bole armoniac finely powdered, a quarter of a lb of venice turpentine. The lead & the wax cut thin, must simmer in the oil over a slow fire for half an hour, being skimed all the while, then by degrees put in the other things, & when boiled to a salve, put in half an ounce of gumraceti, when cool roll it, & put oiled paper round it.

It is best made in cold weather, in an earthen pipkin, & skimed with a wooden spatula.

To take stains out of linen.

one oz of salt of Tartar & four ounces of soft soap mixed together - Rub it on the stains, then rub a little common soap over it, lay them out a few days in the air, or a week if the stains are very bad.

Sea Water.

Bay salt - one ounce, Epsom salts three drachms, unslaked lime one drachm, boiling water one quart, when cold pour off the clear liquid.

Mr. Causer.

Opening physic to be given after the Measles
Jalap and Cream of Tartar equal parts. Wafers

1 year	two grains,	2 years	four grains,	3 years	6 grains
4 years	8 grains	5 years	ten grains	6 years	12 grains
7 years	14 grains	8 years	15 grains	9 years	16 grains
10 years	18 grains	11 years	19 grains	12 years	20 grains

Mr. Causer.

Embrocation for Bruiſes.

Camphor 2 drachms, Ether 2 drachms, spirits of
Wine two ounces.

Mr. Philpott

For the Rheumatism

10 drops of oil of Rosemary dropped upon as
much brown sugar as it will take up. To be taken
three nights together, if any benefit Miss Sythelton
is perceived to be taken nine nights or longer.

Daffie's Chair -- ~~Genitive~~

Take of coriander seeds, Aniseeds, sweet fennel
 Parsleyseeds each one ounce, of Spanish juice
 Senna, Rhubarb, Alliacumpane, quaiicum
 shavings each one ounce, of Saffron one
 Drachm, of Raisins stoned half a pound.
 Let all the drugs be bruised and add to
 them two quarts of French Brandy, let it
 stand and infuse 14 days at the least by the
 fire in a Stone jar, but the longer the better
 near the fire that it may receive some
 warmth, shaking it well once a day, & keeping
 it close stopped, When it is bottled off press the
 drugs as dry as you can. ^{to be taken in a little warm water.} A. D. in a tablespoonful
 An excellent Cordial for the Gout.

*prepared as the above only the single quart
 of Brandy is put over the drugs after pressing
 to prevent any virtue being lost, and when

well infused it must be well mixed together
 and let it stand three or four months shaking
 it frequently, and when pressed I have put over
 the dregs a bottle or two of Raisin wine according
 to what goodness is left, which I have found
 useful to give for a pain in the stomach
 in the family, and when the other is not
 necessary. The Ingredients are Raisins of the
 Sun two pounds & a half, three gallon of French
 Brandy and one quart, Rhubarb half a pound
 & half an ounce, of Senna, one ounce & half,
 of cochineal lounce, of Saffron & Liquorice
 of each half an ounce, Coriander & fennel seeds
 of each one ounce. & I have seen the gout in
 the head & stomach very much relieved
 by this, the dose is a desert a tablespoonful
 according to the violence of the complaint.

copied from Mrs Smiths manuscript.
 Wexell January 1814

For Fits or Nervous Complaints

Two oys of Ispatida sliced, two oys of Shred Soot beat
to a powder, one ounce of eggshell powdered & sifted
put these ingredients into a stone bottle with
a quart of brandy, let it stand ^{10 days} in the chimney corner
shaking it frequently then strain it thro' a canvas
bag till it is clear, take a teaspoonful in a dish
of cold sage tea or any other tea every morning
fasting, adding ten drops every morning, till
you come to a large spoonful. A new young
infant may begin with two or three drops, adding
a drop every time.

Miss Adlacion

For Worms.

Two pennyworths of Wormwood, 1^o of Coriander seeds
1^o of burnt hartshorn, a quarter of an ounce of Rhubarb,
1^o of Rue in powder, beat together very fine & sifted.
Give to a child of five years old, 20 grains, to one of
two years old, 10 grains. To be taken 3 mornings in
any liquid except milk.

To make Eye water, for inflamed Eyes or Cyelids, to
 strengthen sight & take off Films or Peevles.

Alum, salt petre, white copperas, of each half a pound
 pounded in a mortar, put them into a well glazed
 pipkin, put it over a slow fire, and as it melts stir
 it often with a wooden spoon or stick, taking care
 it does not boil over, when it has boiled up three
 or four times, take it off the fire, and stir into it
 with the same stick one drachm of camphor, as
 quick as possible, and when well mixed, lay it
 down close with Leather, and over it a strong paper,
 and hang the pipkin in the Ditcher chimney
 for ten days to dry, you must then break the pipkin
 to get at the Mass which breaks like sugar & put it
 into wide mouthed Bottles for use as follows, -

Put into a quart bottle of Spring water, or water that
 has been boiled & become cold, the size of a middling sized
 walnut, shake it when dissolved - If used for Films

or Pearls, put only a pint of water to the same quantity of the ingredients. Set it into the Eye with your finger it must smart to be useful, a little more water may be added to each phial if found too painful. The above is the general proportion but the state of the eyes should determine the strength of the liquor.

Miss Admerson.

For the Cholick or Disorders of the Bowels

To a quart of old Brandy, put two ounces of Rhubarb, sliced very thin, two drachms of the lesser Cardamum seeds bruised, two ounces of Green liquorice root peeled, two drachms of Saffron, two drachms of aniseeds, two drachms of Fennel seeds bruised, sixty stoned raisins, six ounces of brown sugar candy finely powdered - let it stand ten days to infuse before a fire, shaking the bottle very often, then pour it quite clear from the grounds. Begin by taking two tablespoonfuls early every morning, increase the quantity if necessary.

Miss Admerson.

For Pains in the Stomach

An ounce of Rapa Pina put into a Bottle of White Wine, let it stand three or four days. Take a large Spoonful of it. Miss Sedgwick.

Simple Infusion of Senna.

Take one ounce & half of Senna, one drachm of powdered Ginger, one pint of boiling water. Macerate them for an hour in a covered vessel, & when cold strain it. 10 or 20 times make a dose.

Volatile Tincture of Guaiacum

Take of Gum Guaiacum 4^{oz} - balsam of Peru 2 drachms, distilled oil of Sassafras half a drachm, vinear spirit of Sal ammoniac 1 pound & half. Macerate for six days in a close covered vessel & then strain it.

For a Cough.

Half a drachm of Gum Ammoniacum, 10 or 20 drops of Sandalwood, made into pills & taken at bed time

Sir John Pingle. 20

Receipt for Strains.

One pint of fresh bullberries galls, one pint of Spirits of Wine, 4 drachms of camphor well shaken in & infused by the fire for a week a bottle. Rub the part affected well with it, and if possible roll it with a linen roll.

Sir Charles Hawkins.

Strengthening Jelly

A Calves foot, two ounces of hartshorn shavings put into a quart of milk & one pint of water. Let it simmer over a slow fire till it becomes a thick jelly.

Put it into a clean pan & when cold skim off the fat. Take a teacupful two or three times a day made warm, sweetened with Lisbon sugar.

Doctor Fothergill

For the Toothache or Pain in the Face.

Ground pepper made into a paste with brandy, to be applied to the part affected spread upon coarse brown paper rubbed smooth.

Mrs Hawkins.

Mr. Mainsmings Receipt for Barley Water.

Put two Spoonfuls of Pearl barley into two quarts of Water, & let it boil a few minutes, then pour away the first water, & put in the same quantity of fresh water; when this has boiled as before strain it off likewise, and wash the barley in cold water, then add other two quarts of water and let it just boil as before, then take the peel of a lemon pared very thin, and three ounces of sugar, (or rather less) put them into a jug, & pour the water and barley upon it, set it away to cool.

Godbold's Vegetable Syrup.

Two pounds of brown sugar, one pint of white wine vinegar, one ounce of liquorice, boil them in a stone saucepan over a slow fire, scum it all the time, when cold add four table-spoonfuls of pargonic eliac. Take a Table-spoonful at night going to bed, and the first thing in the morning. -

For Chilbains.

As much salt as can be dissolved in gin to be rubbed upon the feet or hands at night.

Yellow Dye

Sixpennyworth of Turmeric root, boiled in three pints of milk & water equal parts. Strain it thro' a thin muslin, and wash whatever you wish to dye in the liquor, if you wish to lower the colour, boil it again in more milk & water.

Miss Fothergill.

To make Salts of Lemon

Equal quantities of Salt of Soud, & cream tartar well pounded & mixt together. Mrs Hawkins

Saline Draughts

One large teaspoonful of acidulated Talc, four tablespoonfuls of water, to be taken in the state of oppression. Mrs Hawkins.

For a cough

Ten drops of Sandanum to one tablespoonful of treacle, melt the treacle over the fire & put the Sandanum into it. A teaspoonful to be taken when the cough is troublesome.

Miss Penrose.

For Scalds & Burns.

Mrs. Byng

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1^{lb} of unslaked lime, one gallon of water poured over it, when strained to be used with ^{an} equal quantity of sweet oil.

For cuts and bruises

2^{oz} of salt, 1 pint of spirits of wine, + 1 pint of water mixed together.

Mrs. Thomas Mowbray.

A Gargle for a Belovoid Sore-throat

Half an oz of Symp of Mulberries, half a pint of water
70 drops of Diluted Sulphuric Acid.

For Bile

Mr. Scudamore

1^{oz} of Cheltenham Salts dissolved in a quart of Chamomile tea. Take a wine glassful one or twice a day.

Sir W. Forster.

For a Cough

A quarter of a pound of green currants, well washed & simmered in a qt^l of water till all the sweetness is out of them, take a teaspoonful of the syrup when the cough is troublesome.

An Artificial Cheltenham Water.

Take half an ounce of Crystallized Cheltenham Salts, & a quarter of an ounce of Epsom Salts dissolve them in a pint of Spring water; take the solution at two glasses in the morning, about a quarter of an hour between each glass. To be taken twice a week.

Soap Embrication. For Strains, Chilblains &c.

One pint of Spirits of Wine, 4^{oz} of Castille ^{soap}, four drams of camphire and a bullock's gall, to be infused by the fire for a week.

Boerhaave's Fever Powder

4^{oz} of nitre, half a quarter of an oz of camphire, a 1/4 of an oz of Saffron, 4 grains of cochineal, powder all these very fine mix them well together & keep them in a bottle for use. Ten grains to be taken in water 2 or 3 times a day, and at night. It will take off fever & restlessness.

Add half an ounce of powder of Contrayerva.

Worm Powder.

Mrs Lefroy

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Take wormwood annised, senna & one of each half an ounce, a quarter of an oz of Rhubarb, powdered and mixed well together. *WB.* Keep the powder in a glass phial well corked, in a dry place, The dose is eight grains for a child of five years old.

Lavender Drops.

Mrs Lefroy

Take Lavender Flowers (the little blue flowers only) put them into a bottle & pour as much of the best brandy on them as they will take, put in a few cloves, some nutmeg & cinnamon. Cork it up for two months, then strain it off & colour it with cochineal. The flowers & spice may be covered with brandy a second time let it stand nine months & strain it off as before. after all fill the bottle up with water which will do for immediate use.

For the Ague

Mr John Cholmondeley

One ounce of the best red bark, one nutmeg grated, one tablespoonful of ground black pepper, one tablespoonful of the coarsest brown sugar made into an Electuary with rather above an ounce of Syrup of red-poppies. The whole to be taken in the 24 hours by a teaspoonful at a time. —

Camphire Julap

Mrs. Sittharp

Beat half a dram of camphire with 3 or 4 lumps of sugar in a marble mortar with a teaspoonful of brandy, put it into a large Jug with a cover, & add a quart of boiling water let it stand 24 hours, put it into a bottle with four teaspoonfuls of Spirit of Sal Volatile. If all the camphire is not dissolved, it will bear more water.

Durable Marking Ink

Gentleman's Magazine

Lunar Caustic (Nitrate of Silver) ^{100 grains} one ^{2 drams} drachm, gum arabic ^{one scruple} and sap green of each half a drachm water a quarter of an ounce. Mix it in a glass mortar & keep it in a phial well stopped. Stir the mixture before you use it. The Lunar caustic should be powdered before the water is added to it. Before you use the Ink, the place you are going to mark should be wetted with the following liquid, & when quite dry rubbed very smooth. One ounce of Salt of Soda, or Salt of Tartar, four grains of Vermilion dissolved in ^{two} one ounce & half of water.

To. Same Ink out of Mautreen.

Acidi Oculii (in pulvere) ʒ ij, solve in aq calid. ʒ iv.

For Weakness.

A small piece of cinnamon boiled in half a pint of water till it is reduced to a quarter of a pint, & add a glass of port wine. —

Camphorated Julip five ounces, Mindereem's Spirit
three ounces, Sweet Spirit of Nitre three drachms. Mix.
Three tablespoonfuls to be taken every four or five hours.

Stimulating Linniment, for Rheumatic pains
and Paralytic numbness.

One drachm of camphor dissolved in two ounces of rectified
spirit of wine, with two drachms of spirit of Turpentine.

A Pectoral Drink.

Take of barley water two pints, figs sliced two ounces, liquorice
root sliced & bruised half an ounce, raisins stoned two ounces,
distilled water one pint. Strain.

yellow Dye

Mrs Gottingill

Sixpenny worth of Turmeric root, boiled in three pints
of milk & water equal parts. Strain it thro a thin
muslin & wash whatever you wish to dye in the liquor,
if you wish to lower the colour boil it again in more
milk and water.

Bilious Pills

Mrs Torrington

Spanish Soap half a drachm. Rouse pierce one drachm
oil of Camomile six drops, oil of Juniper sufficient
to make a mass, which divides into 24 pills.

Two to be taken at bed time.

Senna Mixture

M^r Longgood.

Pour half a pint of boiling water upon six drachms of senna leaves & half a dram of sliced ginger, cover it over and let it stand near the fire for an hour, then strain it off. When strained add one ounce & half of tincture of Senna and an ounce of Soluble Tartar. When this mixture is shaken together it will ^{be} fit for use one or two ounces for a dose.

For a Relaxation of the bowels.

Half a grain of Emetic Tartar dissolved in three wineglassfulls of water to be taken at three times, the last at going to bed.

Sir Charles Wheeler

An Electuary.

M^r Sibthorp

Half an ounce of Sulphur - half an ounce of balsome of Sifted mixed well in a marble mortar with an ounce of Syrup of violets - a teaspoonful to be taken every morning.

Honey of Roses.

Pound red rose leaves put them to the same quantity of honey, boil it half an hour. -

For the Hooping Cough

1 scruple of Salt of Sulphur. 10^{grs} of Colicinal
to a quarter of a pint of Water. ^{Keep sugar to}
^{your taste.}

For the Face

Two ounces of pearl barley, boil it in three quarts of water
 boil it half away, strain it, boil ^{it} in 3 quarts more
 boil that half away, strain it, boil it in 3 quarts
 more till it is reduced to 3 pints, strain it, put
 a dram of camphire in 3 spoonfuls of brandy
 shake it 2 hours without ceasing, then put it
 to the barley water with the juice of a lemon
 & half, shake the bottle when used.

Wash for the Face

One quart of elder flower ^{water}, 1^o of oil of bitter almonds
 1^o of oil of Tartar, 1 glass of Brandy, juice of
 two lemons, mix these well together.

To sweeten the blood

1 ounce of cream of tartar in a basin of
gruel every morning.

Elder Prob.

Take the juice of elder berries with a quarter
 the weight in sugar, make it thicken by degrees
 over a slow fire, it boils away very fast
 a great sweetener of the blood.

Iceland Moss.

Put one ounce of Iceland Sincowat into a pint of boiling water for ten minutes to soften it, then take it out, and put it into a pint & half of milk, & boil it till it is reduced to half a pint. This serves for two Doses - one to be taken half an hour before breakfast, & the other just before bed-time. Should milk disagree, half the quantity will do mixed with as much water. —

Miss Sick.

For a Cough of long standing

Take half a pound of the Heads of the large White Poppy, without any of the seeds, the Heads just ripe and moderately dried, put them into three quarts of boiling water let them boil gently till the liquor is reduced to one quart, squeeze the Poppies well in a cloth to strain out the liquor; boil the liquor again slowly to one pint, strain it and add to it a pint of White wine vinegar, one pound of raw sugar, let them boil gently to the consistence of a Syrup, then add thereto Oils of Vitriol to make it gratefully acid. A Teaspoonful to be taken night and morning, as long as the cough continues —

Mrs. Robinson

To stop a bleeding at the nose.

Brown Alum pounded very fine & sifted, mixed with an equal quantity of the finest wheat flour to be taken as snuff. — Dr. John Johnstone.

Worm Medicine

Mrs Smith

1^{oz} of Aloes pounded, & put into a bottle with half a pint of Brandy - take about half a table spoonful in a morning fasting - you will do equally as well as Brandy. —

Mrs J. Dury

For a Cough to promote expectoration.

1^{oz} of oil of sweet almonds. 1^{oz} of Squills. 4 drachms of Hartshorn - 6^{ozs} of ^{soft} pure water. The oil of Almonds & Hartshorn to be well mixed first, the Squills & water to be added by degrees afterwards. — M.B. very good for the Asthma.

A new Strengthening Drink

Mrs Wm Ellis

Take 4 Sheeps feet skin them & put them in an earthen pot with 2 pints of soft water & 1 pint of new milk, set them in a slow oven till one half is consumed. A small basin of it to be taken 2 or 3 times a day warmed with a little nutmeg & sugar. —

A Remedy for the Dropsy.

Take of Broomseed well powdered & sifted. 1 Drachm,
 let it steep for 12 hours in a glass & a half of good rich
 white wine & take it in the morning fasting,
 having first shaken the bottle that the whole may
 be swallowed, walk after it if you are able or use
 what exercise you can without fatigue for 1 hour &
 half, after which you must take 2 ʒ of olive oil
 you must not eat or drink any thing, till $\frac{1}{2}$ an hour
 or an hour after taking the oil. Repeat this every other
 day or every three days (& not oftener) till cured. — do
 not let blood or use any other remedy during the
 course. — If blisters arise on the legs apply red-
 cabbage leaves to them & not phlebotomy.

Observe that the broom seed will do no good without
 the oil is taken also according to the above direction.

A Strengthening Mixture

1 ʒ of powder of bark put into a quart of cold water
 with a handful of red rose leaves, let it boil gently on
 the fire till it comes to a pint — strain it off, & add
 half a pint of Port wine. — A wine glass full
 to be taken thrice a day. —

For a cold

Sir Walter Jarguhaar.

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Mindesemus Spirit a table spoonful, from ten to twenty
five drops of Antimonial wine, a tea spoonful
of Symp of Poppies. - To be taken three nights.

Lalomet Pills.

Dose of Lalomet from three to eight grains: Extract of
Colocynthe four grains, conserve of honey a sufficient quantity
to form them into the consistency of pills. -

Saline neutral Draught.

Dose of lemon-juice half an ounce by measure:
Salt of tartar one scruple, Laudanum ten drops:
mix the salt of tartar with the lemon juice, & upon
the ceasing of the effervescence add the Laudanum.

Solution to produce a gentle nausea.

Dose of Emetic Tartar four grains, pure water
two pints - Dissolve the emetic tartar in the water
by trituration. Of this solution from a quarter to
half a pint may be taken every five or six hours.

Lalomet Pills

Dose of Lalomet four grains; purified opium three grains
or extract of white poppies six grains. These pills
with the use of the emetic tartar are singularly
beneficial in all febrile affections. -

Spanish Infusion

Take of liquorice one ounce; salt of tartar three drachms
boiling water two pints: infuse for one night, and
to the strained liquor add an ounce and a half
of Symp of white poppies. A tea-cupful 3 or 4 times a day.

For an inflammation of the throat.

Take of purified Nitre two drachms; refined
sugar, reduced to a fine powder, pulverized
tragacanth three drachms: beat these together
with a small portion of water until they are
intimately mixed & form a coherent mass, which
may be divided into troches & dried by means of
a gentle heat. —

Pebile Mixture

Take of Nitre half an ounce; simple water half a pint;
lemon juice half an ounce; sweet spirit of nitre half
an ounce. Mix & dissolve. One table-spoonful to be
taken every hour. —

Cough Mixture

Take of pomegranate oil one ounce, powdered gum arabic
one ounce; simple water two ounces; sweet spirit of nitre
two drachms; antimonial wine one drachm.

Mix and dissolve. One table-spoonful to be taken
whenever the cough is troublesome. —

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Lozenges for a Cough.

Take of refined sugar, in fine powder three ounces,
of raspberry jam one ounce; powdered gum arabic
one ounce; of soft purified opium two scruples; of
emetic tartar four grains. Put the opium & the
emetic tartar with the raspberry jam until
they are intimately incorporated, then add the
other ingredients, either with or without a little
warm water, as the paste happens to be more or
less consistent. Dry them by means of a very
gentle heat. —

Cough Syrup.

Sir Henry Hallford.

Take of Syrup of white poppies, lemon juice, each two ounces
refined Spanish Liquorice, & gum arabic, each one ounce,
Water a quarter of a pint: Simmer them all together until
all are dissolved. Take half a large spoonful five
or six times a day. The quantity of lemon juice
is 4 Spoonfuls and it is best to put that and the Syrup
of Poppies after the other ingredients are simmered
and nearly cold. —

For the Asthma.

Squills, Gum Ammoniac: long pepper of each a dram,
made into 36 pills of which two are to be taken every
morning and evening. —

Stomach Tincture or Gout Cordial.

Wine picea, two ounces to a quart of wine in a wide mouthed bottle to remain for a month: and well shook twice a day. then strain it off and add one ℥ of spirits of Lavender, & 1 ℥ of Aromatic Tincture. Half a glass filled up with water.

For the Toothache.

Half an y of quercum shavings, 1 ℥ of bones, put to a quart of water, boil it to a pint: let it stand a few hours, then pour it off to a pint of Rognobusade, wash your mouth with it constantly every morning. Half the quantity is sufficient to make.

Soda Water.

3 ℥ Super Carbonate of Soda
2 ℥ Tartaric Acid

Tooth Powder.

Major Langton.

Bark 1 ℥ prepared charcoal 1 ℥ mysh $\frac{1}{2}$ an ℥
prepared chalk $\frac{1}{2}$ an ℥.

For the Eyes.

A tablespoonful of vinegar, a teaspoonful of camphorated Spirits in a 2 ℥ vial of Spring water.

Essence for the Croup.

Take four ounces of the best rectified Spirits of Wine and one ounce of Camphor: let them be thoroughly well mixed and incorporated; then add four oys of the best Volatile Spirits of Sal Ammoniac. If both the spirits be not good, the proper quantity of Camphor will not be taken up by them.

The above Essence was long ago introduced as an embrocation for Sprains, Rheumatism, Quinsy and some times of sore throats, Dr. Hawkin's of Mounmouthshire first tried it for the Croup and with such success that out of an equal number of Cases of Croup compared with the patients of a friend who used the established plans in that disorder, that friend lost 16, he none. He directs the throat to be bathed with the Essence and a piece of Flannel to be dipped in it and tyed round. - This has given immediate relief in violent paroxysms. - It relieves colds in the head, being smelt to.

Wm. W. Ellis
Castle Field.

Vinagre du quatre Meleors. An antidote against
 Putrid Fevers. — Take, Rue, Sage, Rosemary
 Wormwood of each one handful, infuse them in
 two quarts of strong vinegar, over the fire,
 strain the liquor through a flannel & add to it
 half an ounce of camphor dissolved in three ounces
 of rectified Spirits of Wine. With this wash the
 face & mouth, & approaching any infected persons
 or place smell to a sponge dipped in the vinegar.

Mr. Wines Prescription for Eye Water, for
 Inflammation.
 Two drachms of distilled Vinegar,
 Spirits of Rosemary half an ounce
 Elderflower water three ounces.

Boothe with this Lotion three or four times a day

Mr. Meacandri's Prescription

Distilled Vinegar and Spirits of Wine of each
 two drachms, Elderflower water seven ounces
 and half. To be mixed & used three a day.

Black Dose

Mrs Torrington

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Half a pound of Epsom Salts, dissolved in a pint of water. Half a pint of Tincture of Senna, A quarter of a pound of Senna leaves, one ounce of Camomay seeds boiled and strained, one quart of boiling water poured on the leaves to stand all night, Strain it from the leaves and mix the other ingredients for use.

A wine glassful is a good dose. —

Eau de Cologne.

Mrs Thackeray

1 qt. of Rectified Spirits of wine.
 1^{oz} + $\frac{1}{2}$ Balm Water
 $\frac{1}{2}$ oz Essence of Bergamotte
 $\frac{1}{4}$ oz double Essence of Orange flower
 1 dram. of Essence of Citron
 2 Grains of Essence of Lemon.
 $\frac{1}{2}$ a dram Essence of Rosemary
 1 Dram Tincture of Benjamin
 All mixed together.

Hodgkinson, Chymist
 Holborn Bridge

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Laurel Water

M^{rs} Thackeray

- 1 pint of Spirits of Wine
- 1 ℥ essential oil of Laurel
- 2 drams of Essence of Ambergris & a few drops of Bergamot if approved.

Best mixed at Kermis Chymist Long Acre.

M^{rs} Baronneau.

Put 1^{lb} of Prunes into an earthen Pipkin with as much soft water as will ^{quite} cover them a large Spoonful of moist sugar - and about half an ounce of Manna, (more or less as it found to agree,) set it by the side of the fire to simmer very gently - until the prunes are perfectly tender, it will require twelve hours or more.

For a Cough

- 90 drops of Tincture of Tolu
- 3 drams Syrup of Squills
- 90 drops of Paregoric
- 10 drops of Laudanum.
- 2 ℥ of Spring Water.

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Miss Lills receipt for a cough.

A quarter of a lb of Canary seeds boiled in a quart of Water till it is reduced to a pint before it is cold add 2 ℥ of Spanish Siquonia. Boil it for use.

Fever Mixture

Spirit of Minderosus, 2^{oz} of sugar 2 drams,
Antimonial wine 3 drams. Water 6^{oz}. Mixture
1 ounce or 2 large Spoonfuls for a dose every
3 or 4 hours.

Spicent Powder

J. Sney

Rhubarb 1^{oz}. calcined Magnesia 1/2^{oz}. Cinnamon Powder
2 drams. Mixture. 1 dram of this a dose down to 5^{gr}
for an infant.

Half a dram useful when the
bowels are out of order in Autumn, & afterwards
a less quantity (15^{grs}) with 10 drops of Laudanum
supposing that effects have followed the first
dose. Of the above powder: 1/2^{an}? Columbo powder 1/2^{oz} Mixture
1 scruple twice a day, one dose to be taken an hour before dinner.

Fever & purging, powder to be given to a stout
adult at the beginning of a fever at night.
Of James's powder & Calomel each three grains,
followed the next morning by the purging medicine
that is below.

Of Glauber salts 1 1/2^{oz}. Senna leaves 3 drams, sliced
ginger 1/2 dram, oil of tartar. 2 drams, boiling water
1 pint. Infuse for an hour & strain it. 2^{oz} or 4 large Spoonfuls
every 2 hours until effects follow.

J. Sney

A purging powder.

D^r. Strey
drams

of Jalap 1^ʒ beam of Tartar 1^ʒ/₂, powdered ginger 2,
rub well together. One dram a full dose, repeated
if necessary in three hours. To be taken
in good. 10 grains 3 times a day, good in dropsy
with 1 grain of calomel at night.

1 teaspoonful of Antimonial wine may be
taken every 4 hours in linseed tea for a severe
cold with fever, and 2 at night with 20 drops of
Laudanum or 2 teaspoonfuls of Peppermint. The
bowels having been well cleaned previously.

D^r. Strey

Embrocation for Rheumatism or pain in
the limbs when not heated.

D^r. Strey

Spirits of Turpentine 2 drams. Sal volatile 2 drams,
Laudanum 1^ʒ Soap liniment 1^ʒ/₂. Misd.

For Rheumatism

D^r. Strey

Downs powder 5 grains. 3 or 4 times a day, &
1 gr. of Calomel at night, the bowels being well opened.
and if fever repeated, purging, & even bleeding may be
necessary.

Sabine Draught

Miss Haged 57
Wapell

25 grains of Carbonate of potash 1 scruple of litmic acid dissolved in 2 table spoonfuls of water & a lump of sugar. To be taken in a state of opprobescence

10 drops of Antimonial wine given every three hours in a feverish cold, taken at the beginning will prevent its increasing.

For the Ague.

$\frac{1}{2}$ ^{oz} Gentian root $\frac{1}{4}$ ^{oz} Cardamoms $\frac{1}{4}$ ^{oz} orange peel a handful of camomile flowers infused in a quart of boiling water. A cup of this infusion drunk three or four times a day will greatly promote the cure, and the patient will not require so much bark.

To correct Indigestion

$\frac{1}{2}$ ^{oz} Coriander seeds, 1 dram of ginger, $\frac{1}{2}$ dram of nutmeg, $\frac{1}{2}$ dram of fine sugar, divide into 12 doses, take one dose twice a day. This powder is very serviceable in repelling flatulencies arising from indigestion.

Sulphur Whey to smother the blood.

A table spoonful of sulphur to a pint of milk, when boiling put in as much small beer as will turn it into whey.

Mr. Ganich's receipt for a cold & hoarseness.

Half a pound of honey, two Spoonfuls of lemon juice, a quart of barley water, put the honey with a little barley water into a saucepan, boil & strain it, then add the rest of the barley water & lemon juice.

Doctor Wittman's Receipt for Detraction of Barks.

One ounce of Bark to be boiled in an Alequart of water for a quarter of an hour, strain it when cold & put it in a bottle & cork it. it will produce about a wine quart.

For a cough

Mr. M. Downy.

1^{oz} of Spanish Liguorice, half a dram of saffron, $\frac{1}{2}$ ^{oz} of Nitre, dissolve the liguorice in a quart of boiling water, when nearly cold, add the nitre and saffron. Take a teaspoonful morning, & night, & when the cough is troublesome 1^{oz} $\frac{1}{2}$ of Symp of Peppies may be added.

For the Rheumatism

2^{oz} of powder of Gum guaiacum & 1^{oz} of powder of nitre infused in a pint of good Rum let it stand in the till it is well infused. Shake it often - take a teaspoonful in a glass of warm water, every night

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for nine nights successively, then every other, till
the pain is removed.

Remedy for a Relaxation in the Bowels

Four teaspoonfuls of Rhubarb, ditto of Magnesia,
ditto of sugar, ditto of powdered Ginger, 40 drops
of Laudanum & some peppermint water, rather
more than a pint of spring water. Two
tablespoonfuls of this mixture to be taken
three times a day for an adult.

Embrocation for Sciatica & Rheumatism

Oil of Rosemary, & Sweet oil of each 1 ounce,
camphor 2 drachms, oil of Turpentine 4 ounces

Essence for the Headache.

Spirits of Wine 4 ounces, camphor 2 ounces,
Volatile spirit of Camphor 2 ounces, mix
and apply with the hand.

For Urinary

2 ℥ of Spirit of Wine 1 dram of camphor, 1 dram of
oil of Thyme, 12^{ss} Spirit of Lavender. to be mixed
together 33

Take 2 ounces of gum ammoniac, 2 ounces of yellow wax, 6 drachms of verdigris; melt them together, & spread the composition on a piece of soft leather or linen; cut away as much of the lam as you can with a knife before you apply the plaster, which must be renewed in a fortnight, if the lam is not gone by that time.

Sir Stephen Fox's Eye water

Six ounces of rectified Spirits of Wine, one drachm of Camphor half a handful of dried Elder flowers, put all into a bottle & shake it well, in 24 hours it will be fit for use. Put it in a teaspoon & bathe the temples & forehead over the eyes night & morning, & twice in the day besides, to be continued till a cure is found.

Sir Stephen Fox was sixty when he began to use it & could read without the help of glasses till above eighty years of age.

The Irish Salve - for fresh wounds, burns & for
a bad breast. - Mrs Phelps -

One pound of Olive oil.

Two ounces of Bees wax.

Two ounces of white resin

Half an ounce of Venice Turpentine

Four ounces of Red lead. -

Boil the oil then put in the red lead,
and soon after the other ingredients, let
them be instantly stirred on the fire until
it becomes a brown colour, then pour it
into an earthen vessel for use. -

Avoid its taking fire in the boiling.

For the Whooping Cough. Dr Hooper

Syrup of White poppy one ounce

Syrup of Squills half an ounce. Mix.

Give two table spoonfuls 3 times a day
to a child six years old. -

For the Asthma

Mrs Brownian

2 ^{ozs} white mustard seed 1 ^{lb} best honey
 rubbed well together & take a teaspoonful
 every morning fasting, & at night
 going to bed.

For a Cough

Consume of Hips or Currant jelly, powdered Gum
 Syrup of Lemon Juice & Diacodion
 of each one ounce, take a teaspoonful
 at a time.

For a Cough.

2 ^{ozs} Slicke Squoice, ditto of brown sugar candy
 ditto Linseed $\frac{1}{4}$ ^{lb} raisins stoned & lemon
 cut in pieces, boil these in two quarts of
 water, slowly till reduced to one - take a
 small tea cupful warm, night & morning.

Powder for the Rheumatism

A quarter of an ounce of Turbney rhubarb,
half an ounce of gum guaiacum, one ounce
of nitre, one ounce of sulphur & one ounce of
flour of mustard, all finely pulverised and
well mixed together. One teaspoonful to be
taken in a wine glass of cold water on going to bed.

Apertient mixture

One ounce of Epsom Salts & eight ounces of infusion
of Roses. a wine glass every morning.

Two handful of cases & a quart of water a little
sugar, add 1 dram of diluted Sulphuric acid.

For Children's coughs & Whooping cough.

20 grains of Speacuanha mixed in a tablespoonful
of beads. a teaspoonful to be taken once a day.

Bowel complaint in Children

Equal quantities of Oyster shell powder, Rhubarb
& Anniseed powder, 3 grains to be given every
six hours if the complaint is violent for a child
of a year old & then reduced to three a day.

Drop of Brandy may be given instead of grain of Anniseed

Dr. Johnson's Chair of Health

1^{oz} of Senna picked clean from the stalks
 1^{oz} of Caraway seeds, 1^{oz} of mace seeds, 1^{oz} of
 Juniper berries, 1 drachm of Saffron, 1^{lb} of
 Treacle 1 quart of Gin, after standing, to
 infuse in a warm place some days, decant
 it off, and take two table spoonfuls occasionally.
 From Mrs. Ellis.

Cure for the Diarrhea

Ten grains of Hydrargyrum cum lacta at night
 when the complaint has been severe, combined
 with a grain of opium. When these remedies
 have disagreed, give 10 grains of Rhubarb with
 the same quantity of Aromatic Confection
 in an ounce of Mint water.

From the London Medical & Physical Journal.

For a pain in the Chest from Indigestion.
 Two table spoonfuls of strong Clove tea quite hot
 with a teaspoonful of Sal Volatile.

For the lips, face &c.
Equal quantities of
Spermaceti, wax & oil of sweet almonds with
camphor.

For Camphor Soap. Mrs W. Ellis

Melt a pound of Windsor Soap, then add
1^{lb} & 1/2 of camphor bruised very fine in a
mortar, 1^{lb} of oil of Sweet Almonds, 1 ounce
of Spermaceti, then well mixed in a mortar
& made into wash balls.

Tooth Powder

Equal quantities of coral & ois root powdered
very fine. - the bane of the little fish very
fine for whitening the teeth, not to be used
too often.

Camphor dissolved in rum, very good for
a cold in the nose.

Opulent Misture. Mr. Hodgson

3^{ozs} of Epsom Salts, 2 ^{drams} table spoonfuls of Magnesia
in a quart of water. A wine glass to be taken.

The Sponging System. Dr. Wedgwood

To begin April with distilled vinegar 1 part
 & 3 of water - to sponge very quickly down
 the chest and arms, & then rub very dry with
 a very rough towel, like a nutmeg grater,
 for a long time. to use it every morning
 if with common vinegar half & half tepid water.

For a Cough

Dr. Blabiston

Almond Emulsion	—	^{ozs} 7 1/2
Oxy-mel of Squills	—	2 drams
Syrup of White Poppies	—	2 drams
Compound powder of Gum Tragacanth	—	1 dram

One large spoonful to be taken when the cough
 is troublesome.

For Deafness Mrs. Thackeray.

A teaspoonful of common salt in a tablespoonful
 of water considerably more than new milk warm
 at bedtime, put a few drops into the ear as much
 as will fill it, let it stay a few minutes. Repeat the
 same in the other ear, as soon as it is done, put

on a brown paper cap warmed, over the ears, wear it at night only & persevere till the hearing returns which may probably be some months.

To cure Corns

m Macerate the feet for half an hour two or three nights successively, in a pretty strong solution of Soda or less of Potash. The alkali dissolves the indurated cuticle & the core falls out spontaneously leaving a small excavation which soon fills up.

Mr. Whumethy's Receipt for a Pankice

Scald out a basin with boiling water, then put into the scalded basin as much crumb of bread as will half fill it, pour upon it boiling water till the basin is full, let it stand ten minutes by the fire, then drain off with a knife all the superfluous water & beat the bread thus soaked to a pulp till it is smooth, have ready some slips of folded linnen, & spread the bread thus

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prepared one third of an inch in thickness on
the linen and apply this; it is very comfortable
and easy, the edges may be wetted when they
get dry with a sponge dipped in warm
water. Carrot juice may be added in some
cases which is much better than the old
way of making a carrot poultice, or
Hemlock juice may be used as an
anodyne. - For specks in the eyes.

2 grains of powdered alum in ℥ʒ of rose water
one drop three times a day.

For bruises & strains Mr. James Stode
1 pint of vinegar. ℥ʒ of spirit of Wine.

For the Ague Mr. J. Hager.
Extract of Bark five grains in pills to be taken
when the fit is off till the patient feel rather
sick.

A very drawing, Corn plaster
Equal quantities of Mastick, Venice Turpentine
and Bees wax spread upon leather.

To cure the Distemper in Dogs. Mr. Thase

Flour of Sulphur	2 ^{oz}
Saltpetre	1 ^{oz}
Balsam of Sulphur	4 ^{oz}
Honey	4 ^{oz}

Mix them together & give every morning a table spoonful - if a puppy give less.

Doctor Chambers's Receipt for Measles.

A calf's foot, 2^{ozs} of Wartscham shavings, a quart of milk, a pint of water & a quarter of a lb of brown sugar candy, to boil slowly to one quart strain it, take cupful milk seven the first thing in the morning, if you wish it more astringent add 2^{oz} of red rose leaves.

For the Ague never known to fail.

A teaspoonful of Sulphur in a glass of white wine taken an hour before the fit is expected, the patient immediately to be put into a warm bed & plenty of warm mint tea drunk for some time. repeat this once after missing the fit.

Pectoratine Jelly

Mrs Bourne

Put into a pint of lent or part 2^{oz} of Isinglass,
^{two} ~~half an oz~~ of Gum Arabic, 2^{oz} of white sugar candy,
 & a nutmeg grated. Let it stand for 12 hours, &
 then set the ring in a saucepan of water &
 let it simmer over the fire till the ingredients
 are dissolved; it does not require to be strained
 but should remain in the vessel in which
 it is made & the rings will settle. The size of a
 walnut should be taken three or four times a day.

For a sore mouth.

Mrs Thackeray

Mid Sage, Rue, & Plantain leaves of each a large
 handful, boiled in a quart of spring water
 till reduced to a pint, add 2^{oz} of honey $\frac{1}{2}$ ^{oz} of
 salt, one penny worth of Alum, $\frac{1}{4}$ pint of vinegar
 boil all together a little while & take off the
 scum, when cold bottle it. Touch the sore places
 with a feather three or four times a day & wash
 the mouth with it diluted with water.

Mr. Sloan's Receipt for Bile & Gallstones.

Take a handful of Dandelion root, & boil it in a quart of water till it comes to a pint, take a large tea-spoonful every morning fasting, & repeat it at night. Mr. Sloan's dinner pills to be had of Legant, Chemist, Pall Mall, to be taken after having eaten soup, fish or some little thing at dinner. The Dandelion root in the season should be got under a north wall, & the tea should be begun in March & drunk for 6 weeks or two months every year.

Ginger Tea

Sir W. Langdon.

2 pieces of ginger with an equal quantity of sugar-candy boiled in ^{1/2} pint of water 10 minutes.

A very strengthening drink.

A glass of port wine, the white of an egg beat to a froth & some white sugar, to be taken every day at one o'clock.

Tincture of Rhubarb.

Mrs. Knight
Hindley

1^{lb} of Rhubarb sliced thin, two Ounces of the lesser Cardamoms crushed & bruised & 1 Ounce of saffron. Infuse them without heat in a pint of mountain for a week or more, filter off the Tincture & add a large Spoonful of Brandy.

For a French Cough & Cold. Mrs. Portal.

An ounce of gum arabic, an ounce of nitre, a Table Spoonful of Sal. Volatile to be dissolved in boiling water & sweetened with honey, a Teaspoonful to be taken at night & when the cough is troublesome.

To take off hair when it grows too low on the forehead.

Take twigs of ash tie them up in a bagget burn them to ashes, wet your finger & rub the part with it every night for two months

Milk of Threes

Mrs. Hawthins

One pint of Rose water, one ounce of oil of Sweet Almonds, and a Teaspoonful of Salt of Tartar.

M^{rs} Coomes Receipt. *apient Electuary*
for the Piles

Take of Sweet Ground seed one ounce, Powder
of Liquorice one ounce, flour of Rainstone
one ounce. Beat them fine & sift them
which when well mixed together make
into an Electuary with 4^{oz} of Syrup of Violets.

The quantity for a dose is the size of a
nutmeg to be taken in the morning
fasting, & the same quantity at night
The whole when made up at the Druggists
will cost three shillings, the half of which
will generally effect a cure.

In the Piles

Half a teaspoonful of Miltre of Sulphur, the same
quantity of magnesia, mix in a teaspoonful of
miltre, take it night & morning, for six weeks.

For weak digestion Take at Spring & Fall
5 grains of Peruvian Bark 5 grs of Carbonate Soda
in 1/2 wine glass of water to be taken twice a day
for 5 days one hour before Breakfast & Dinner.

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Decoction of Sarsaparilla for Rheumatism

Sarsaparilla	2 ^{oz}
Sassafras Chips	1 ^{oz}
Signonice Root	1 ^{oz}
Guaiacum Chips, or grated, which is better	1/2 ^{oz}

The above ingredients are to boil or simmer very slowly for 5 or 6 Hours in 3 pints of Water, until it be reduced in quantity to one pint and a half: of the strong Decoction, the Patient should take half a pint before Breakfast, and half a pint an hour before dinner every day; if steadily persevered in for 3 or 4 months, the above Decoction is commonly productive of the best results, as an Alterative.

W. Blatch

Sidmouth January 31. 1828

Doctor Baillie's Cure for a Cough.

Two table spoonfuls of Gum Arabic melted & then melted in a mortar, with two teespoonfuls of Balsam of Tolu, add one table spoonful of Paeagonic & 24 drops of Squills to be put into a 10^o vial & filled up with clear spring water, a little sugar may be added.

A table spoonful to be taken at bed time & whenever the cough is troublesome.

For flatulency. Dr. Keid. Leeds.

1 teespoonful of Turkey Rhubarb, ditto of Sal volatile, two table spoonfuls of mint water.

For a cough or hoarseness. Mrs. Benfield Weymouth.

20 drops of Tincture of Squills, a teespoonful of Paeagonic, ditto of honey. To be taken in a saline draught in a state of effervescence.

A Table spoonful of lime water, one ditto of cinnamon water & one ditto of new milk will often stop sickness. Dr. Chambers.

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M^{rs} Cornels's Bottle - from M^{rs} Greenwood
Bridge House.

1^o of the best Salts of Steel, 1^{lb} & a quarter of coarse
brown sugar, a little mace & half a pint of gin,
boil these ingredients in three gills of water
till reduced to a pint, it must be well
skimmed. A tablespoonful to be taken in
the morning. No milk or cheese to be
eaten during the use of this medicine.

Strengthening Medicine

One ounce of the very best Cabinet-makers Glue
boiled in one pint and a half of water till it
is quite dissolved - Make it either savoury
or sweet to the taste. For the poor, two ounces
to a full quart of water, one teaspoonful of
clove pepper or half a glass of port wine.
Two or three teacups full to be taken in the
course of a day.

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Iceland Moss Jelly

Take 6^{oz} of Iceland Moss (or Linowart) wash it
well in hot water & free it from all impurities.
Then boil it in 6 quarts of spring water for two
hours and half, then strain the decoction thro'
a fine sieve and add 6^{oz} of Lump sugar. The
whole is then to be boiled down to the consistence
of a thick syrup or jelly. Two three Spoonfuls
may be taken three or four times a day in
milk, or any other liquid.

To strengthen the Stomach.

$\frac{1}{2}$ ^{oz} powdered cloves $\frac{1}{2}$ ^{oz} Chamomile flowers,
pour over them a pint of boiling water, & cover
it close to keep the steam in, take a wine-glass
every day before dinner.

For an Asthmatic or Tickling Cough

Half a gill of treacle, half a gill of vinegar,
60 drops of Sassafras, a teaspoonful to be taken
when the cough is troublesome, stirring it well.

D. Warner

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Stool Medicine

D^r. Sympes.

Two drams of myrtle mist gradually with half a
 pint of peppermint water, three drams of sugar,
 2 scruples of Salt of Steel, 4 scruples of Salt of Wormwood
 & $\frac{1}{2}$ ounce of Tincture of Ginger. Two table-spoonfuls
 to be taken three times a day.

For Infants

2 table-spoonfuls of fennel water, 1 tea-spoonful & half
 of Hennig's Magnesia, 1 drachm of Manna, three drops of
 Sol volatile. Mix these together & keep it well corked.
 give a tea-spoonful when necessary. This mixture
 loses its virtue by keeping.

For a cough

D^r. Baillie

4 Scruples of flowers of Benjamin, 2 scruples of Extract of Poppies
 mix with sufficient syrup of Tolu to make 10 pills,
 1 or 2 to be taken at bed time.

For a cough

D^r. Baillie

2 tea-spoonfuls of nitre; 2 ditto of Gum Arabic to
 pint of water. To be taken whenever the cough is
 troublesome.

For a cough

Mauve-ear tea to be made strong from the roots
 & runners of the plant, sweetened, $\frac{1}{2}$ a tea-spoonful to
 be taken three times a day.

Mifs C. S. J.

Stomach Powder

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Magnesia, powdered Columba, Carbonate of Potash
of each 3^o mix together. A teaspoonful to be
taken an hour before dinner.

A teaspoonful of Brandy, 30 or 40 drops of Essence
of ginger with Sidility, powder of salt will prevent
coldness in the stomach.

20 drops of Nitric Acid to 1 pint water; a wineglass
to be taken once or twice a day, to strengthen the System.

30 grains of Carbonate of Soda, 25 grains of Citric Acid
will make Soda water. One part of Citric Acid
to six of white sugar, & water to your taste will
make Lemonade.

Half an oz of Singslass to a pint of milk, well boiled,
in a tablespoonful of this jelly put a wineglass
of port wine, heat them together, put a little sugar
in, and take it w^t 11 o'clock.

Low Moor Cure all. For bruises, cuts,
Bumps, the Toothach &c:

Dissolve 1^{lb} of Saltpetre in 1 gall of Vinegar, add
16^{oz} of Spirits of Wine, & 16^{oz} of Spirits of Turpentine.

Cough Mixture

Miss Innes.

3 drachms of vinegar of Squills, 2 drachms of Tincture of Squills, 1 drachm of Spirits of Nitre, 10 drops of Tincture of Digebalis, 4 oz^s of water, and a little syrup. Mix them, take a table Spoonful three or four times a day.

Garlic Syrup.

Take three roots of Garlic thinly sliced transversely, 4 oz^s of Honey & 4 oz^s of vinegar, put all into a half pint basin, and put that into a large washhand basin of boiling water, let it stand half an hour, till it smells strongly of the garlic & then strain it. A teaspoonful of the Syrup mixed with an equal quantity of brandy, & the same of water, to be taken the first thing in the morning & the last thing at night; put the water into a glass just when you take the medicine.

The root does not mean a single one, but all that belongs to it, produced by one plant. This syrup has been known to cure persons in the last stage of a decline

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when every thing else has failed, and it is particularly good in Asthmatic complaints, you may put the proper quantity of brandy when you make the syrup if you like.

For the Whooping cough. Dr. Cropley

To an infant a few months old, give a quarter of a grain of Alum, in a Spoonful of sugar & water three times a day upon an empty stomach, Increase the dose the second day to half a grain, and give that quantity till the cough is removed. To a child a year old, half a grain of the alum, increase to one grain. A child four years old may begin by taking two grains increasing each dose on the second day to 4 grains, thus regulating the dose according to the age of the child. An adult may begin by taking 10 grains increasing each dose half a grain till the quantity amounts to 25 grains. The bowels should be gently affected, & of course this point must be attended to, & the dose regulated accordingly. No other medicine must be taken except an Emulic in the first instance, if

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such a step appear desirable. Except in infants a milk diet should be avoided as far as possible. The cough is usually cured in about a fortnight. The Alum does not operate as an astringent upon the bowels as the dose is increased.

Mr. Smith's Ointment for Burns wounds &c.
 1^{oz} of the best yellow wax, 2^{oz} $\frac{1}{2}$ olive oil, 2 drams of
 Extract of Lead, melt the wax & oil over a slow fire,
 when nearly cold stir in the Extract of Lead.
 Keep a bladder over it in a cool place.

Almond Paste

Miss Becher.

Half a lb of bitter Almonds blanch'd, $\frac{1}{2}$ a lb of Jar
 raisins stoned, beat them together very fine in
 a marble mortar, then add 1^{oz} of Camphor
 dissolved in a teaspoonful of Spirit of Wine, 1^{oz} of
 Spermatick oil, one Spoonful of orange oil, mix all
 well together. It will keep years in a tin box.

For a relaxed Sorethroat.

D^r. Sherr.

Quarter of a pint of port wine 2 table spoonfull of
 powder of bark, 10 grains of Cayenne pepper.

Composition to destroy Corns & Warts

Take one part of fine resin, four of linseed oil, and add a little litharge, which are to be well boiled together. This preparation, when wanted for use, must be heated with the hand, and spread upon gold-beaters skin, or sticking-plaster, and applied to the corn, so that its surface may be completely covered. At the end of five or six days the plaster is to be taken off, and the corn cut with a pen knife as deeply as possible without touching the flesh, and in a few days the operation is to be repeated. The corn must be again well covered with the plaster; and at the end of one or two months it will disappear entirely.

For a Urinary Cough

Tincture of Iohi 3 drachms, Essie Peregaine 1/2
 Tincture of Squills 1 drachm, two teaspoonfuls to be taken in barley water going to bed & when the cough is troublesome.

Opening Medicine

3^o of Senna leaves, 6^o of Epsom Salts, $\frac{1}{2}$ pint
 Tincture of Senna, 3^o of Manna, 1 Quart of Water
 Pour the water on the Senna leaves boiling hot,
 lower it, and let it stand 2-4 hours. Then strain
 it, and add the 6^o of Epsom salts & the 3^o of
 Manna, let it boil about 10 minutes. strain
 it, & when cold add the $\frac{1}{2}$ pint of tincture of Senna
 and bottle it in $\frac{1}{2}$ pt bottles let it be well
 corked & kept in a cool place.

A dose for an adult, 2 large table spoonfuls.
 It required to be very quiet in its operation.
 3 or 4 grains of jalap may be added.

Pectoral Pills: A favorite prescription
 of Napoleon for difficulty of breathing, oppression
 of the chest from collection of phlegm in the
 air cells & vessels of the lungs.

Spearmint powder 30 grains, Squill powder & Gum
 Ammoniac of each 2 scruples, mullage of gum
 mastic sufficient to form a mass, to be divided into
 24 pills one to be taken every night & morning.

For a cough.

Lady Suite (83)

Peel two Lemons, (not breaking, the inside white skin) boil them till they break with a spoon, in a little water, add sugar candy to your taste & an ounce of powdered Gum Arabic, & boil altogether till the gum & sugar are dissolved, stirring it well together. You may add a large Spoonful of Symp of Poppies.

For inflammation of the Eye balls & edges of the eyelids.

Prepared calomel 1 scruple, Spermaceti ointment $\frac{1}{2}$ ʒ , mix them in a glass mortar, apply a piece the size of a pea to each corner of the eye every night & morning, and also to the edges of the lids if affected. If this should not eventually remove the inflammation, the following lotion may be applied three or four times a day. Acetated Lime 6 grains rose water 6 ʒ .

For the Asthma.

Extract of Benzoecharlekey (Nova Ursi) 3 drachms, oil of Squills 6 drachms, pomegranate distill'd 4 drachms, camphor julep 6 drachms
2 or 3 table Spoonfuls 2 or 3 times a day.

84) Composing Pills — M. John Wigham.

2 grains of Extract of White poppies 2 grains
of Camphor, half a grain of Turmeric powder
made into one pill, one or two to be taken
at bed time.

Pastilles — Miss Becher.

$\frac{1}{4}$ Charcoal, Storax, Amber, Mastic, Gum
Benjamin of each $\frac{1}{2}$ Caput. $\frac{1}{4}$ All these
ingredients must be pounded quite fine, &
passed through a sieve. Take a sufficient
quantity of Water Marsh to mix & bind these
ingredients like a paste, then make them
in small lozenges & dry them before the fire
or in a slow oven.

Doctor Forster's Astringent Gargle.

Dissolve half a drachm of Alum in fine ounces
& half of the infusion of Roses, add 30 drops of
Aid Ulix. of Vitriol & half an ounce of Honey of Roses.

Gargle for Pulveration of the Throat.

One quart of boiling water to two ounces of red rose leaves, let it infuse ten hours, then strain it & add three spoonfuls of Spirit of diluted Sulphurated Acid. D. Cameron.

For the Rheumatism.

1^{oz} quercum, 1^{oz} liniment of Bark
 1/2^{oz} Spirit of Marshmallows, two teaspoonfuls to be taken going to bed in a cup of peppermint water.

For weakness of the bladder arising from debility of the system.

Take of decoction of peach leaves 7^{oz} Canada balsam 3 drachms, mucilage of gum arabic 1^{oz} Syrup of Tolu 1/2^{oz} sweet spirit of nitre 3 drachms, rub the Canada balsam with the mucilage in mortar & when blended, add by degrees the decoction & afterwards the spirit & syrup. Three table spoonfuls to be taken 2 or 3 times a day. Indigestion should be avoided, by taking occasionally 2 or 3 of the following pills. drop Calomel 1/4^{gr} Shubarb 20^{gr} extract of Salap 20^{gr} oil of Camomay 6
 mix with simple syrup & divide into 12 pills. 47

86)

For an Inflammation of the Windpipe

Take 1^{oz} of dried peach leaves, boil them in a pint & half of water till reduced to a pint. Speccacatna mine 1 drachm simple, aympul six drachms. Two table spoonfuls to be taken three or four times a day.

Restorative Jelly

Theodore

Take 2^{oz} of Consome of Crosses 2^{oz} of Singlasp 2^{oz} of Hardham shavings 2^{oz} of Pearl barley, 2^{oz} of Lanced Kings root, boil them very slowly in 3 pints of Water till reduced to a quart. Strain the liquor from the ingredients, let it stand till cold & it will become a strong jelly.

A table spoonful to be taken in a cup of warm milk two or three times a day.

For the Tooth ache

1 table spoonful of spirit, 1 ditto of sharp vinegar
1 teaspoonful of common salt, mix them together
& hold the liquid in the mouth so that it can enter the cavity of the tooth. It will give ins^{tr} relief.

Stomachic Aperient.

(87)

One ounce & half of chamomile flowers half
an ounce of ginger (bruized not powdered.)
one drachm of Rhubarb (bruized), put these
ingredients into a Jug & pour upon them
a quart of boiling water. Let it stand
all night, then strain it through a sieve
and add to it two large spoonfuls of
Brandy. Put it into a bottle & keep
it in a cool place. Take three or four
Spoonfuls three a day, adding to it
a tea Spoonful of Sal volatile.

Mrs Bingham. Derby
Nov. 20th.

Powder to strengthen the Stomach

Carbonate of Soda 10^{grs} bicarbonate of Magnesia
15^{grs} powdered Turkey Rhubarb 8^{grs} ginger powder 5^{grs}
mix all together for one powder which is to be taken
twice a day, two hours before and two hours
after dinner.

Mrs Finch.

88)

Calomel Pills.

M^{rs} Bingham

10 gr^s of calomel 1 drachm of Compound Extract
of Colocythis, to be made into 12 pills.

For the Stone & Gravel.

Take of Venice Turpentine 1^{oo} powdered
gum arabic 2^{oo} grains of Paradise & jalap
of each 2 drachms, balsam of copaiva sufficient
to form an electuary. The size of a walnut to be
taken twice a day.

Spicant Medicine Miss Dowley

1 pint of camomile tea, 1 ounce of Epsom
salts, the juice of lemon. A wineglassful
to be taken morning & evening if required.

For a Bilious attack

2 gr^s of mustard in a tumbler of tepid
water produces a gentle vomiting, during the
operation a quart of tepid water may be taken.
about 8 hours after 4 gr^s of calomel for an adult may
be given, & 2 hours after a gentle saline purgative
to be taken.

A. Fumigation for a Sick Room.

6 drs of powdered nitre 6 drs of oil of vitriol,
 mix them up in a teacup by adding to
 the nitre one drachon of the oil at a time.
 The cup to be placed during the operation
 on a hot hearth or a plate of iron heated,
 and the mixture smoked with a tobacco
 pipe. The cup to be placed in different
 parts of the sick room.

Spice Cordial - For Gout, Cramp, Spasms. Mrs. Monro.

Take mace cinnamon & nutmeg of each 1^{oz} cloves $\frac{1}{2}$ ^{oz}
 Raisins of the sun when stoned $\frac{1}{2}$ ^{lb} dates the best
 when stoned & the inside skin taken out $\frac{1}{2}$ ^{lb}
 Cinnamon bruised $\frac{1}{4}$ ^{oz} Whitesugar candy powdered
 1^{lb} put the above ingredients into 2 gallons of the
 best Molasses Spirits. Let the jar be tightly tied
 over with a bladder & placed close to the fire to
 infuse for a fortnight shaking it twice a day, then
 strain it & bottle it. after the above is poured off put
 half the quantity of spirit to the ingredients the liquor will
 be very useful in slight complaints.

90)

For a bowel complaint.

Chatta Julip 6 drachms, Tincture of Catechu 1 dr.
Tincture of Opium 25 drops. oil of Sassafras 3 drops
repeated every 2 or 3 hours if necessary.

For the beginning of Cholera. —

For the Prevention of Hay Asthma.

Some months before the expected time of
attack use the Shower bath every morning.

Keep the bowels gently open with any aperient
Medicine that agrees best. This may

prevent the attack but if not, it will be
requisite, on the first unpleasant symptom
to keep entirely within doors, till after the
grass is all cut, & keep the windows shut
in order to avoid exposure to the exciting
cause which is floating in the air as long
as the meadow is growing. From 30 to 50
drops of Ethereal Tincture of Salsola inflata

should be taken in a little water on the first feeling of any tendency to asthma & if it continues, should be repeated every 4 hours, till a slight nausea is produced, when the paroxysm will cease. Much benefit will be found from bathing the eyes & nose frequently with a little weak Spirits of Wine & water. The more often this is done the better. The Tincture of Lobelia is to be had only at Pices 170 Piccadilly.

Washing the head in cold water every morning has been found beneficial where the shower bath disagrees. The smell of Ether is a relief in violent fits of sneezing.

From Lady Isabella King.

From Mrs Bingham Derby 5 Nov

20 to 30 grains of Rhubarb, carbonate of Soda in proportion of 15 grains to 5 grains of Rhubarb.

92)

For a cough, Allays & Urens Tithing
2 pennyworth of Linseed. to be steeped
12 hours in cold water. 1 pennyworth
of Rosemary 1 pennyworth of Thue
Boil all in 2 quarts of water until
reduced to 3 pints, then strain it, and
add One pound of coarse brown sugar.
Boil it and scum it clean, when cool
a table spoonful to be taken when the
cough is coming on.

Miss Esther C. Stapleton.

opening, Miatine

Mr. Hammond

2^o Senna 2 ounces of boiling water 2 tea spoonfuls
of tincture of Senna, Opium Salts a small
table spoonful. 3 grains Calomel at night
for Theodore. — For my Father 1/2^o Senna.

For a strain

1^o Saltpetre, 1/2 pint of vinegar 1^o spirits of wine
1^o spirits of Turpentine.

Soda Water.

(93)

Carbonate of Soda 3 ℥ Tartaric Acid 2 1/2 ℥

finely powdered & intimately mixed. —
The whole to be then mixed gradually
with an equal weight of powdered sugar,
A dessert spoonful to a glass of water. —

A few grains of scraped ginger may be
added. — Miss Hapegood —

One for the Influenza from the ^{Herald} Morning

One tablespoonful of sweet spirits of nitre
& two teaspoonfuls of paregoric elixir in a
wineglass of warm sugar & water, to be
taken on going to bed, for two or three
successive nights; also, a quarter of an ounce
of Epsom salts dissolved in a cupful of warm
water & taken on each following morning,
the patient being at the same time particular
in keeping the feet warm & dry, & lying
on a light diet. A proportionate dose of ^{the} ^{same} ^{medicine} is equally beneficial for children.

94) For a cold

Mrs. Case Cambridge

April 24th 1837

1^{oz} of Marsh mallow root 1^{oz} of Liquorice root
& 2^{oz} of pearl barley boiled together in 3 pints
of water till reduced to 1 quart.

Emulsion of Gum Arabic

Gum Arabic in powder 2 drachms.
Sweet Almonds blanched & white sugar
of each half an oz. barley water warm a
pint. Dissolve the gum in the warm barley water
& when it is almost cold, pour it gradually
upon the almonds, previously beaten to a
powder with the sugar rubbing them at
the same time so as to form a milky
mixture, then strain. For coughs & strangury

Sir Ashley Cooper's Whilblain Liniment

1^{oz} of camphorated spirit of wine
1/2^{oz} of the liquor of subacetate of Lead.

Wash Balls

1/2^{lb} best white soap scraped & powdered
1^{oz} of camphor, 2^{oz} of Spermacei & 2^{oz} of Oil of
Bergamot, mix them well together with the hands
into balls & dry them by the fire.

For a Bowel complaint

(95)

7. ʒʒ Tincture of Opium. 6 drams
Oil of Cloves 5 drops Opium 16 drops. Mica
2 large table spoonful. to be taken evening
two times. — To be well shaken before taken.

For the Horse to strengthen his legs.

2 ʒʒ of Alum powdered 1/2 pint of vinegar

2 ʒʒ of Extract of Lead 1 gallon of Water,
bandaged wet constantly.

For Betsey.

Half an ounce of sulphur & half an ounce of
Nitre in a mash twice a week, been better
then corn. The soil to be rubbed with
Mercurial ointment. Mr. Jumper

Rhubarb draught for my Father

20 grains of Rhubarb, a table spoonful of
Tincture of Rhubarb & a little peppermint water
Evacuation. Mr. Hammond

1 ʒʒ Spirit of camphor, 1 ʒʒ Laudanum 1 dram of Anisimona

96)

For a Cough.

Mrs Seales.

1 quart of water, $\frac{1}{4}$ pint of linseed, $\frac{1}{2}$ ^{oz} Sticks liquorice
 $\frac{1}{2}$ ^{oz} Spanish liquorice, simmered to one pint.

For the Horse's Shoulder, the skin rubbed off
 Mrs Pearson

1 ^{oz} Extract of Lead 1 pint of water mix!

Rhubarb Mixture

20 grains of rhubarb, 20 ^{grs} of magnesia, 3 drops
 of oil of Aniseed, 15 drops of compound
 spirits of Ammonia 2 ^{ozs} of water - 1 dram of Laburnum
 Dose a tea, dessert or table spoonful according
 to circumstances.

Tracle Electuary

1 ^{lb} of tracle $\frac{3}{4}$ ^{oz} of caraway seeds in
 powder 1 ^{oz} of Senna in powder, well mixed
 together, a tea spoonful every morning
 Mrs Beck.

Mrs Green's Pills

1 grain of Calomel 4 grains of Colocynthis
 for an adult. - two pills.

For Tic

(97)

Extract of Valerian, Extract of Henbane, Oxide
of Zinc equal parts of each made into 30 pills
3 grains each. — Take one night & morning.

For a bleeding at the Noce.

Take 1 pint of Claret, 2^{oz} of double refined sugar,
1^{oz} of cinnamon powdered very fine. 1 sheet of
scurlet silk cut very small with scissors, simmer
them over the fire, one oz of wine held in
a quart of water till it comes to a gill, mix the
water with the wine while it is warm, take
a small desert spoonful morning & night.

Aperient Draught.

My Father

1^{oz} of infusion of Senna 2 drams of tincture
of Rhubarb, 2 drams of Epsom Salts 2 drams of
Cinnamon Water. Sep 1st Mr. Hammond

For Flatulency.

30 drops of Sal Volatile in a wine glass of Lemphalaly

For a Cough

2^{oz} of water, 2 drams of Syrup of Tolu, 2 drams of Oxy mel
of Squills & or 10 grains of Spicacubra. — 2 Teaspoonfull
For an adult, one for a child Mr. Hammond 53

The Armenian Cement of the Turkey Jewellers
of Gum Galbanum } each as much as equals a
Gum Ammoniacum } Silver sence in weight
Gum Tragacanth } with as much pure Sp of wine
Gum Mastick } as will cover them
Gum Arabic }

Pound these in a small mortar into a fine paste; with this
put $\frac{1}{4}$ oz of strong Singlar into a 2oz Phial full of Sp. of wine
Let the phial stand with the cork out in a saucapan of water
put on the fire to boil till by evaporⁿ the contents are
reduced to $\frac{1}{3}$ only. when cold cork it well & for use
put the Phial in hot water.

14946

8 grains Tartaric acid
10 grains benzoic acid
10 grains tartaric acid
10 grains benzoic acid
10 grains tartaric acid
10 grains benzoic acid



The Irish Salve - for fresh wounds, burns & for
a bad breast. - Mrs Phelps -

One pound of Olive oil,
ounces of Bees wax,
ounces of white resin

1/2 an ounce of Venice Turpentine
or ounces of Red lead. -

Boil the oil then put in the red lead
and soon after the other ingredients, let
them be instantly stirred on the fire until
it becomes a brown colour, then pour it
into an earthen vessel for use. -

Avoid its taking fire in the boiling.

For the Whooping Cough. Dr Hooper

Syrup of White poppy one ounce

Syrup of Squills half an ounce. Mix.

Give two table spoonfuls 3 times a day
to a child six years old. -

Gargle for Pulveration of the Throat.

of boiling water to two ounces of red
wine, let it infuse ten hours, then
it & add three spoonfuls of Spirit of
sulphurated Acid. D. Cameron.

Rheumatism.

vicium, 1st Liniment of Bark

1/2^{oz} Spirit of Marshmallows, two teaspoonfuls to be
taken going to bed in a cup of peppermint water.

For weakness of the bladder arising from
debility of the system?

Take of decoction of peach leaves 7^{oz} Canada balsam
3 drachms, mucilage of gum arabic 1^{oz} Syrup
of Tolu 1/2^{oz} sweet spirit of nitre 3 drachms, rub
the Canada balsam with the mucilage in
mortar & when blended, add by degrees the decoction
& afterwards the spirit & syrup. Three table spoonfuls to
be taken 2 or 3 times a day. Indigestion should be avoided,
by taking occasionally 2 or 3 of the following pills. drop
Calomel 1/4^{gr} rhubarb 20^{gr} extract of Salap 20^{gr} oil of lavender 16
mix with simple syrup & divide into 12 pills. 47

1/2^{oz} Spirit of Marshmallows

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Magnus Fluid

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Julii 18/40

W. Bingham

$\frac{47}{28}$

℞ Spirit Rosmarini ʒvi
— Ether Sulphur ʒij
Aqua Rosa ʒij

℞ Lotio

℞ Druggs Bowles

A Copy

Mr Jackson
Eye Solutions

WIK MS. 7853

536

R Magnesia Sulphatis ℥i
Acid. Sulph. dil. ℥ss
Infus. Rosa Camp. ℥ss

M. pro quarta tui in die
Sumatur.

Feb. die XXij 1849

A. S. P.

Miss Dury

I may mention the ingredients
Camphor - Nitre . soft Soap .
Spirit of Turpentine . &c .

Trusting you will soon
be completely restored to
earth

Believe me
Dear Mr. Skinner

Yours sincerely

Samuel D. Blake

Dowse's powder

1 ipecacuanas powder

1 opium powder

8 vitriolated kali called

Sal polybrech. 10 to 20

in rheumatism.

3 grains Ipe. 5. landar
every 2 or 3 hours. for
dysentery.

2. Cor. IV. 16. 17.

110 P. ...

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will ms. 7853

7

German Bisc.

1 1/4 oz. flour
1/2 butter
1/4 caster sugar
one egg.

Beat butter & sugar to a cream, add egg, then flour knead like short bread, roll out thin and bake.

Dear Mrs. Woolgar

I am sending you the Bisc. re, I got in about 9.30, Come along if you get time, have all the glasses, alright I hope. We have been out to tea, we are all going to Northall to see C. Campbell of to Ireland by air, tomorrow sat, I expect Mr C. is with you now, will look forward to Wed. 12.15, no time for more now, I must be just odd & ends, plenty of them, I thank you very much for my nice time with you

Love from

Olive May.

The Rheumatism

The yolks of 5 eggs new laid, well beaten
put into a Jug & a quarter of a pint of Spirit
of Turpentine beaten in the eggs, after
which pour in a pint of white vinegar
you get at the Druggists stirring it all
the time, put these articles into a black
wine quart bottle which leaves room to
shake it well & frequently for a few days
it becomes as thick as cream & is ready
for use a few minutes after it is made
prepared. A decent spoonful or more
may be used night & morning rubbed
in for 10 or 15 minutes, washing the
part occasionally to keep the skin
clean. This kept in a cool place remains good
a length of time. Keep a small quantity
in a lops bottle for use & shake it before pouring
it out. Common vinegar will do but it is best
vice. This mixture is good for the pains of
old people, swelled legs, neck backs sprains

and chilblains. Its value amongst the poor is generally & gratefully acknowledged. —

The eggs are to prevent any irritation on the skin & it must be always well covered.

Bilious Pills Miss Smith

The best *Sustonia* has an ounce & half Mastice half an ounce powder them separately and incorporate them with a sufficient quantity of syrup of warmwood ^{made} for pills.

Three grains in each pill. Great care must be taken to prepare the above properly with a very strong Tincture of Siquorish. One or two of these pills to be taken at dinner or supper, but never on an empty stomach.

Mr. D. Sharp's Cement for China &c

Gum Arabic 4^{oz} Lauree brown sugar 1^{oz} Flour 1/2^{oz}
To be simmered (with a sufficient quantity of water to make it into a paste) very slowly for several hours.

For Great Colds.

A teaspoonful of Sol Volatiles in a table spoonful of water. —

For a Cold

15 drops of Spirit of Nitre & a teaspoonful of Oregan in Lemphor Infus. —

For a Cold

15 drops of Oregan 10 drops of Spicacu. in Lemphor Infus. —

For the Itching Lough Mr. Hammond

Potash Subcorbor 15 grains Cochineal 15 grains white sugar 2 drams Recipe Row 4th

1/4 pint of Vinegar 1/4 pint of water with half the quantity of Bannely cloths to be dipped & laid on the forehead. — 2 gallons of water 1/4th of flour of mustard, the feet to be kept in 10 minutes for the head and — ordered for Caroline.

Resident Receipt

1^{oz} Infusion of Senna 2 drams of Linchur of Senna cinnomon water 2 drams, Spirit salts 3 drams.

For the throat.

20 grains of Carbonate of Soda 5 grs. of Magnesia
night and morning.

For the throat

5 grs of Shubarb, 3 grs Magnesia 1 ginger 1 of Soda.

For Disorders of Stomach.

1 ℥ Magnesia. ½ ℥ Shubarb. 2 Drachm
Carbonate Soda. 1 Drachm Ginger.

Dose for an Adult.

1 large Spoonful in half a wine
glass of water. - Hold if you take
3 drops of Essential oil of Peppermint
and also sugar. W. Temple. Dec. 24
1850

For the Hair

Mrs Williams

12 ℥ Olive Oil 1 ℥ Spermace ½ white wax
1 dram of Bergamotte - mixed together.

Liniment for the hands - W. Smith
Kadham

White wax 1 ℥ Spermace 1 ℥ oil of Sweet Almonds
2 ℥ melted over the fire in a basin of water, add
1 ℥ ½ of honey + 1 dram of oil of lavender or 20 or 30
drops of oil of Peppermint, stir it with a wooden spoon,
it should be stirred till nearly cold.

Sicclity Power.

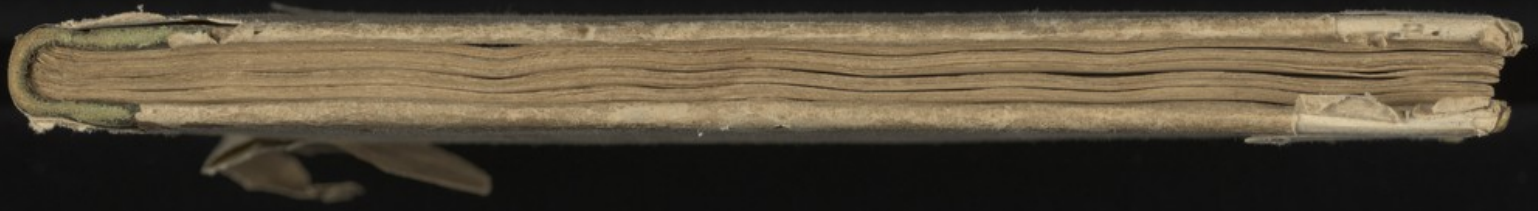
8 grs of Tartaric Acid 10 grs of Carbonate Soda &
small Spoonful of Spearmint, 1 ℥ of water
3 drops of tincture of ginger + a little powdered
sugar, to be taken in a state of effervescence

With MS. 7853





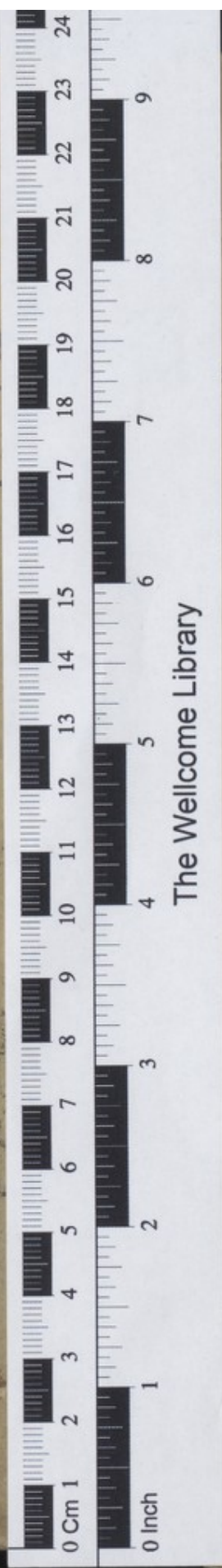






Rest Gies A

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The Irish Salve - for fresh wounds
a bad breast.

One pound of Olive oil,

Two ounces of Bees wax.

Two ounces of white rosin

Half an ounce of Venice Turpentine

Four ounces of ...

Boil the oil

and soon after

them be inserted

it becomes a

into an ear

avoid its heat

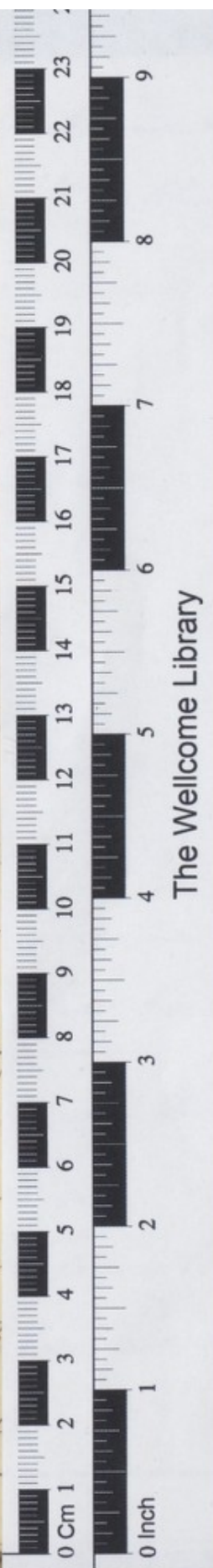
For the Whooping Cough

Syrup of White poppy one ounce

Syrup of Squills half an ounce

give two table spoonfuls 3

to a child six years old



(61 3)