

T. A. (& others)

Contributors

T. A.
(& others)

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>



3887

A curious collection of early

MS. No. 768.



ACCESSION NUMBER

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PRESS MARK

*Amis prope domus et
factum faciat* Ex Libris Thome Torrey

Non Amor est virtus quam querere
parta tueri. casus most plecto, hic erit artis opus

Non minor et

as hunc op
Quam delectis curat omnis color

20
20
20
20
20
20
20

Sans pollabit omis et.

(1)

Q. For man woman or Child if it reaches a dangerous
into a great and inward hot fever for F.

Gib to a man four mus Curroino Lyp nothing to the col Lyp and
 three bones thereafter gib him an drink of aw eaten to the his
 ye can gib him night and ay it gib all about in Staled. Gib a woman
 Labor Lod of this Lyp. To a Phys of one years old two Lod, of he years
 3 Lod, of 4 years 2 Lod of Five yet 1 Lod of eight years 6 Lod of
 12 years 12 Lod.

As great a drink to be used night or day, for man, woman or child, as
will trouble the right thing to give to people, this is the safest proof of
all physicians if a man be contracted that his blood or spirits be dried up
quickly, such will be a cure.

Take half an quarter of an Alewife ~~fish~~ ^{fish} made well warm then temper in
it right grains of the following Lapid and a quantitie of anise oyle,
drink it so warm as you can, then lay you to sleepe an hour or more
take a drink of oaten broth at sun set, and lay you to rest a little, then
take a drink of oaten broth at sun set, and lay you to rest a little, then

The way to make this Lapis So. and the forms of the solesoll.

First take the Juice of 4 fresh Lemons. & 3 times of Ambigroo being stamped
to powder & brooke of Leaf gold, mix of the best Sugar gold, and cutted small le
of Angelica, stamped to powder, & 3 times of the sort of the primrose, 4 times
one time Saffron stamped to powder, these ingredients y^e must make in a
times though put them in this new vessel, and closed fast at bottom about the head
off it that no air gett out of it, then take and good southern yolk
and

(2)
And fill it wth Sand, then sett the iron Cessel in the midst of the Sand, then make
a soft fyre of oaken wood, and setting the earthen feet on the braise or half
a foot above the fyre keep a soft fyre in w^{ch} it might stand day & night till it become so
stiff, then brinde it to powder, and use it for all diseases as if new presented.



patient drink it, & rob them as arms in the bed, if they may breathe keene
 to god help in half an houre thro paine, & frost is past, lett them drinke
 be warme beere wth much ayred butter, & Sugar, lett them meat be warme &
 broth, wth added to Saffron & madder as a little whyte beere and some yndur
 wine broth, gibe them no cold drink; butt alwas as beere & Suggar.
 If thro cold be come outswelled & bleedish, take an earthen pot and fill it wth
 cold of order wine, then sett it in a barrell one of the ends being taken out, then lay
 an double cloath over the hood of it and lett the wine seade a day and then a little of
 the beere as they can endure the heat then gibe them in drink of warme beere
 wth much butter, & Suggar, then lay ym to rest, wth this to man, woman, or child.

A Common Receipt that hath cured manie thes and of poor people
 of the bloody and whyte fluxe.

Take half an mitchbin, or an mitchbin of ale or beere, eight unces of butter
 being ayred, one Loaf of ginger, stamped to good use, make this warme, and lett the pati
 ent drinke it out, and lay them up warme to heat gibe them only warme beere
 wth much butter, & steele of whyte beere in the warme beere.

A sweete drink to be used to as a preservative drinke uppe Consumption.

Take halfe a quarter an ounce of saffron, five grain of the Lapis St. an quantity of
 the fifth part of an ounce of anise and drinke it out warme, & what help on
 you may use this our blode Smith Symp. And gibe them broth to drinke sweet
 couched wth Saffron and madder at out salt, & beere broth & some yndur of
 beere, cyre yndur of baile and some yndur of home.

A sweete drink for a weekes p^{er}son to be used night or day.

Take halfe a quarter of mitchbin of malmesbie make it warme and put
 there in a quantity of anise oyle, then sweate on it two houre.

(4)

Homies then take an ealen broth and lay them to rest on the next day give
them 7 Loz of Curouton Sypp nothing but the Curoutin cold Sypp.

A purge for the podagra.

Take 20 grains Diatribil 28 grains Diadema 12 grains Diagradium 2
grains of ambrogious Lett all these ingredients be made into powder and
tempored into a little warme pot or some take this aff five aforaids
the morning, eat three hoties one it, then take a little warme broth
of raitt roasted to suffron and mass of it in a lound oad good meat
and crumb warme bread, and sugar all the day, and goe not out of
doors and goe one or two stouls where wind come up through, and if hee
d ayed the afor.

For Doaffness

Take eight drop or rather eight grains Chapit off. and one quantity amide
oyle. 2 grains of sugar god befor at a little mass of sie, or find it good.
two homies 8. dayes after eye, and take a little Cotton wool, dipped in anise oyle
and stop it in the eyes.

For the falling sickness.

Take a white dog toyed up 14 dayes and feed him to bow onlie the 15 dayes
take a Spoonfull of this dung, and turne it into powder, and give it to the patient
five dayes toge in white wyne.

For the Linnen.

Take a manes Linn of hath been hangd a daye to out Linnen for a woman
but the woman must continue verie weyght and powder take this to a Spoonfull
of Labur or water obove morning

For the Stone

Stone

The Lobes of Carduus benedictus being boyled in white wyne and drinke the
broth the flower, Lykwages the roots of it being new taken out of the earth
or dry being boyled in white wyne, and drinke a good draught warme broath
wth the flower.

Or take an orange being cutt in small peeces, and put in the belly of an hen
let the patient drinke of the broth a good draught every morning for 12 dayes
or bety. Then take a flint stone make it red hott in the fyre, & quench it in white
wyne or white strength wyne then drinke thereof every morning a good draught,
and Lykwages all night shaking lightlie & supped.

Take three Corianders & they are rypp putt them in a glasse of pott water for the space
of some houres, then straine them and again putt in fresh straw Corianders in the same
water being warmed again lett it stand & rise well Colored, & then goodly
out of the first straine & mixt after a strong straining throug a linnen cloth
the liquor by it self, & anise will use it take a spoonfull 2. 3. or 4. for the space
of an month every morning adding therunto a little pain or of white wyne
thunder, this is a good thinge and goodie remedie for the paine of the stone the
patient must be boyled with full of this wyne, or to eat and drinke moste of it may
be good or good humors.

Take an other pott & colly lobes, or some full half full of
broth & mince Corianders after fill it up wth white wyne and water boill all till the
Consumption of the 3 part lett the patient drinke thereof a draught three or
two, it will ease the of some paine and soon after can he him aboue the stone
If take Shells of eggs out of the which have been hatched, brine them and
boyle them to powder & drinke them in white wyne in the morning.

For Wormes in a Childs belly

Take he only graine of wormes head putt it in a broth boyled for the space
then anioyn the navel of the Child wth the oyle of a good mallow, it
will

will cause the worms come away in the oceraments.

Agd the running humour of the eyes.

A spoonfull of Scraped powder of a Thimble full blown in the eyes stoppeth the running of the eyes.

For a Calted head.

Take the whole of eggs from Chickens that have hatche being young Stamp in powder, y^e after take oyle of olive Some Ginger Some Crimstone Stamp to powder make a plaster y^e apply it to the head but y^e most part a good liming plaster, and after the scab comes away anoint it to the face plaster, and then it is whole take a little honey to the full of a time warm, and anoint the head to cause the hairs growe out again.

For a woman to Chyke

Take a plaster called Diapalma being laid in a dog's skin y^e if the Chyke be fallen in right in the Collie, and apply it to the nape of the woman anointing the nape to a little Balsam so shall it restore the Chyke to its own place, ease the woman of her pain.

For the Stone.

Take a plaster of Diapalma being laid in a dog's skin y^e if it be almost and bind it about the middle coloring the same y^e it drive both out the stone and mollify it, it most lay about the middle till it fall away, and thereafter put a new plaster on the same skin so shall y^e find ease.

For the Scatica in the Thigh &c

Take

(7)

Take the milt of a salt herring & a little aquabita & mingle yntogether
the place of the pain is before a whys 2, or 3, night to be used. So shall y^e be cured.

For the plearishe or pain at the heart, or for a woman of child to be delivered of her child
Take a floured horse dung y^e heilth of a horse wool for his oats, lede a quantill of it ma
linin cloath and put it in a quantity of white wine, or of wine & as much in your
hand y^e the wine of it may be mixed as the wine & give it to the patient to drinke
this will y^e cure of her and do no harme, for bely

For the fluxe of colds in the belly

Take a quantity of fine floure & putt it in a Linin porche & show the quicke wood
about y^e finger water come hither, then putt the porche to the floure in a pot of boiling water
for 2, or 3, hours, or more, the harder the better it will be y^e take it out & lett it lay untill
it be cold, it will be lyke white Chalks Stone & if it be not hard enough y^e putt it again
then drop of it in milke lilly, or in like growe thins, & let the patient eat of it, & if y^e will finish
the cure y^e lede it putt as, or y^e putt Emmon powder in the floure.

Put also for bracia 8. put. Crany humani or mans Skull. for the to xian or quarter
of the probatum of.

For a chylde 8, or 10 grains. for a man 12. or 20 grains more or less, take the Skull of a dead man
of hath a bar have buried, if it lay 3, or 4, dayes, or if it lay 6, years above the ground is better
and if those y^e have been changed, make it in a pound or, if the Skull lay long above the ground
there will be no more on it, y^e is good to growe blood, this powder also is good to show the
flure & on y^e well off, & in y^e wallis.

For the fluxe or colds in the belly

In the spring by no like a living hair & take a clean Linin cloath, and steep it in warm
blood of the henn, y^e take the cloath and hang it to dry at noon, or as late as y^e will
steep it again, the after the better, then take of the cloath an quantity of 2, or 3,

or three hand bread, and putt it in an quantity of boore & cold stand over the fire till it be
warmed, till the cloath be soft & red, & if y^e please putt in anoy^r red cloath again in y^e
boore, or ale, it makes the cloath the stronger, then lett y^e drink this for an ordinarie time
till they be well, and obvie death most looke to the redness in the blood.
Take a vine, or growne quant, its like a wool. Smelling apple, & its called Cyonia, lett y^e profit
and keep the juise of it, & give the patient 3, or 4, Spoonfulls of this att a time.
Take red & orcher root, qth y^e will know, for they are both like, & they grow in y^e same
place, take and stamp y^e in powder, give 3 dram morning, and evening or after
meale to the patient till he be cured.

For Stopping of blood: &c.

Take good oyle of olive & rub a Linen cloath into it as was before said of the haire blood &
may keep the cloath as long as you will, & apply a piece of it to y^e wounde of a man
or woman, or to y^e nose it will stop the blood, as by the waye to the Linen that hath haire
blood in it, it becometh for the Lamer use.

For Consumptions.

Take the Liver of a wolf, & killed about mid Summer, & steep it in wine & vinegar
for the space of 8, or 10, dayes changing froth vinegar every day, then take it out
and drop it att the Sun, or fire till it be beat in powder then take of this powder
as much as three times on a Runge point in wine, or in y^e best Liquor y^e please
obvie two or 3, night accordyng to the quality of the patient, if the patient
have a Loosness in his belly, and if his Legs should there be no appareance
of these Symp^{ts}.

|||||

Anno 1639 the 29 August the forme of the Byrne Deschell
whairm this puluer salbe meid

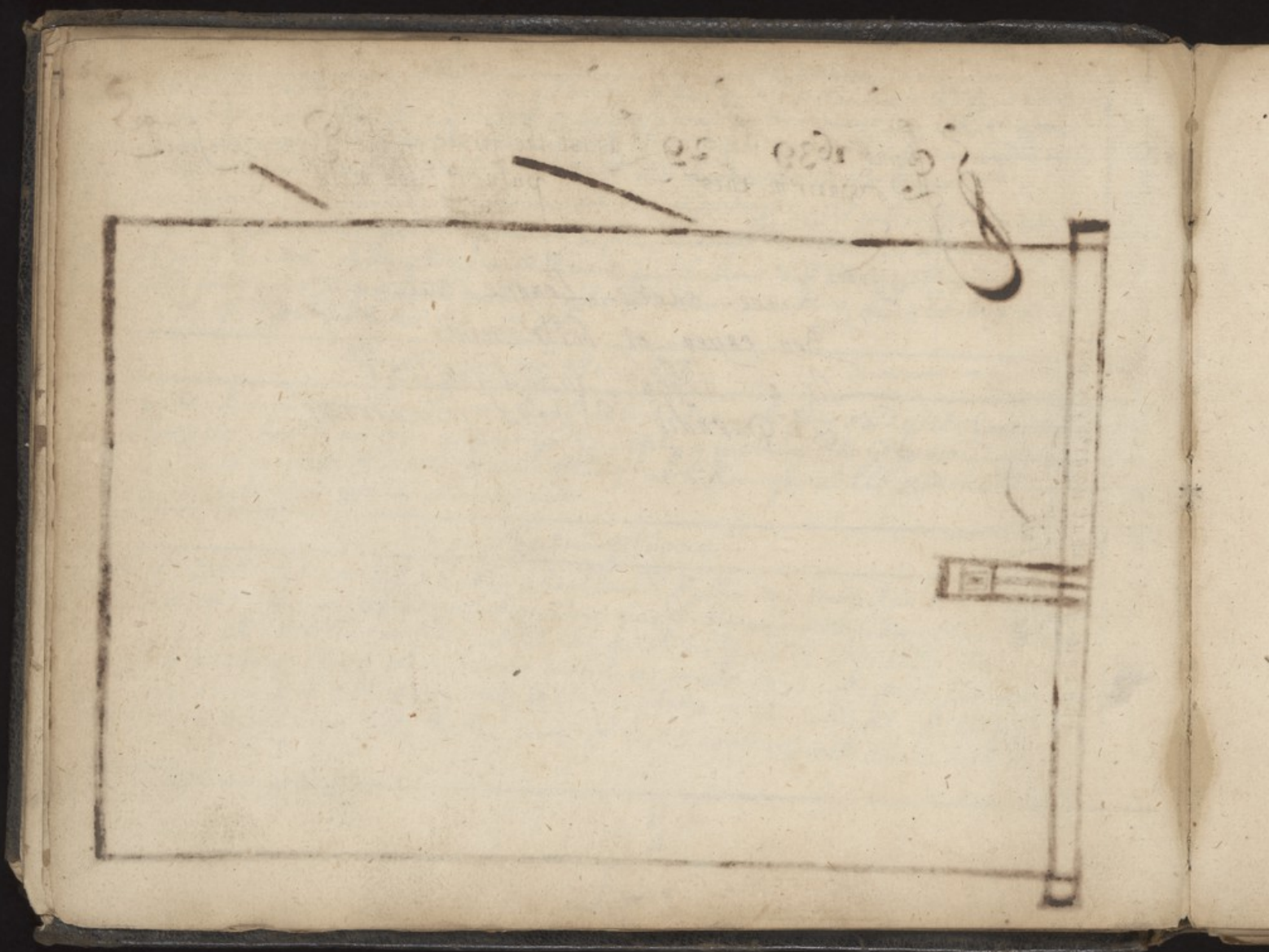
Bonne. sante. Longue. vie
En espee. et belle amis
De et. Argent. quand. voudrais
Et Paradis Quand je mourrais

that no, are goe out

Loik

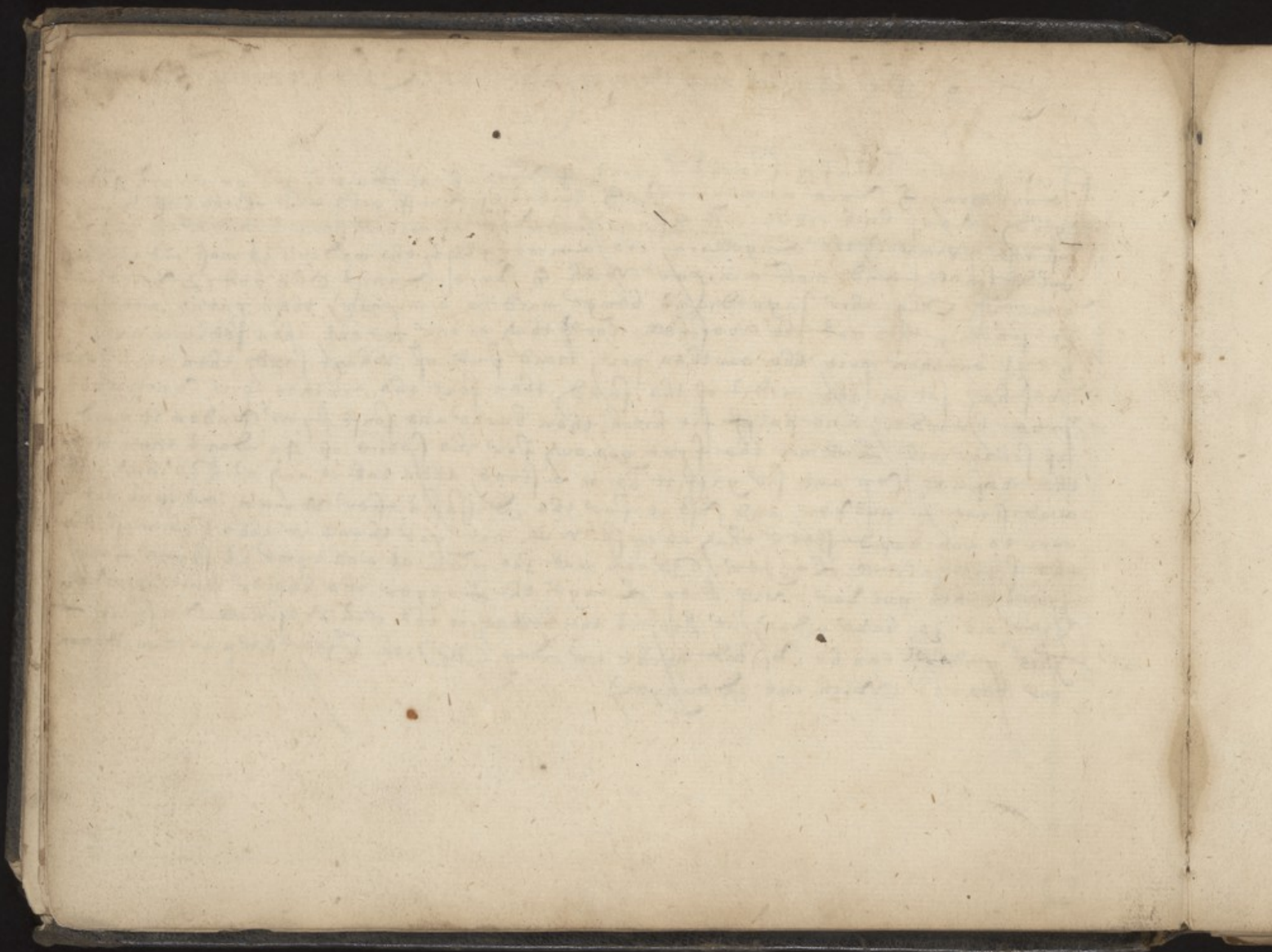
the cower

the



With God his help the way how to make Lapis probatus 5000 ² _{gr}

First take the Juice of 3 French Limons, 4 Onces of the Juice of the primrose, 4 Onces
 of Angellica, 3 Onces of Ambergis, 3 Onces of soft gold made of the best Ducat
 of the primrose, the Angellica, the Ambergis, the madder is most cut the leaf
 gold small and make a mixture with 3 Onces of Annis Oil and 2 Onces
 of Cannell Oil, these ingredients being made in a mixture, then put it in the same
 vessel, then make the vessel close that no air goes out, then set it in and
 kept earthen pot the earthen pot made full of whart sand, then this same
 vessel set in the middle of the sand, then set the earthen pot open and
 same burnow and half fit hisch, then burnow and set fire under it made
 of scharr coal, Let not the fire go out for the space of 40 days then make
 the vessel stop and set it in a stone, then take it out at 3 or 4 habennid
 and fruit in powder, and set it for the Dissol of other matter, as it is not
 run to and hard stone that at night will not go through it then 3 or 4 most keep
 the fire a little longer, 3 or 4 can make so much at one time as serves many
 times, this powder will keep longer the longer the better, suit it with
 3 or 4 habennid, it keeps the better in the close vessel on fruit,
 this powder can be used night or day, With God help to man Women
 or bearnes with out danger,



Remedium with Gods help for the Leprosie, poplasie, pleurasie, the guet, the pest, Krigras,
for all floutis, and cattars in the head, the eye dropasie, consumption, 4 days fevers

Giſſ it be for a man or a woman for this diſſeſe about vntill giſſ them in this
purgatioun vnder vntill, Temper in 4 ſpunfull Baſtort the wjn made warme
giſſ this in tymle in the morninge, the perſone diſſeſit moſt faſt 4 hours, then
drinke warme biere with ſuctar, at 12. a clock tak good warme intertainment of the
beſt all warme drink that day, on the next day goe not out faſtinge Giſſ that it
be to a beaſt about 12. 3. giſſ him the halfe Giſſ he be 12. 3. 3. can giſſ
him or hir the halfe with Gods help without any danger or paine, keep them warme
with a clothe ſtuff by them and goe not in the aires that day, nor drinke he can drinke

R: Spec: Diaturbit, 92. 30. ^{E.}
Draſene, 92. 30.
Diagredij, 92. 13.
Amegrijs, 92. 3.
M. J. P.

On the next day tak this ſuſcit drinke vnder vntill w can ſe it night or day
to a man woman or beaſt for all diſſeſe, without danger preſent health for an
old this ſuſcit about other day for the Leproſie or French ſeuer till the diſſeſit
be miſe, firſt tak aſe of pitorſamin, then make it warme, then temper
in it 12. greeſe of this Lappie, and 64. greeſe annid Olij Then giſſ it the
perſone diſſeſit in and do it them warme ſop that they ſuſcit an hour and
one halfe giſſ the perſone be ſtrong laſt him ſuſcit 2 hours, Then day
him out, and giſſ him dry cloid, and and drinke of a warme wjn ſuſcit
and lay him to reſt an hour or two, then giſſ all good broth to ſtrengthen
him 3 300 Leads you to God this is probatum about 5000 tym

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Remedum with Gods help for the windie, grauell Colica in the stomak stone and sand
in the Niers, Runinge of the Reins, and to take out all heit, and to cleaunce the blood
Strengthen the weins, the stomak, and all the Inward parties

First temper this purgation in 4 sunfull Benich's Wijn with a litte Sucker in the Wijn
take this purgation in tymles, broe yow warme in 4 hours Drinke Warm brothe
made of mutton, Drinke all warme, biow with buter and sucker that tyme 3 or 4 times

R. Spec: Diaturbit: 92. 28.
Diapena: 92. 28.
Diagredij. 92. 15.

M. ff. p.
In the next day take in this subtil Drinke and sit on it about 10 hours Day
till 30 gett your health, Temper in one glas Malmaison 24 graan ammoniac
32 graan Annis Oile 3 graan Mustard blam Oile make this all warme and
Drinke it out and sit on it and heat it up then Drinke and Warm brothe
made of freich beefe Noose sett in North per sell whitt and salt for one Latt
this be your most Drinke for tua days, Then anoynt your bel your
stomak your feet North the Oile of sweet almonds

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[Faint, illegible handwriting, possibly a list or table of contents.]

[Faint, illegible handwriting in the lower middle section.]

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Remedium with Gods help for the blude flox, and for the Wheyt flox, to be vsed to man
Woman or beare, night or day without deanger present health probatum 3000 ynd

First tak and Muchen of Wyne then 4 Onco of Hyndit butter and half Onco of yngor 32 graun
Mannit Olij 12 graun of this Lappit mak this all warme to giddes and giff the Disposit
persons thar of to Drinck soe warme as they can lett thame Drinck no coulde Drinck put
a good quantitie of Hyndit butter in thair warme Drinck giff thame to eit and broth
mad of froich broff with barley and saffron.

In the next day tak and chopon of Wyne tent 3. graun Cannell olij 3. graun olij
of moss, 3. graun annis olij Mak this all warme to giddes and put it to stid
of qnhyt broid and giff the persons Disposit alitle thar of showe howe and spurs
or trae liope thame warme

Giff thair body be cum out and blidit that it swalled tak and fyre of charcoill brunt
of oilem tymmer put this fyre in one earthen poit and sett it in one quartre of one barrell
the and head being takin out, lay one cloth abowt it then set the Disposit persons on it
nec and then alitle, and giff thame alitle of this abowt to Drinck

John M

Remedium With Gods help to be vsed to man woman or beare night or day and they war naver so veik
to be vsed, for all dissesis without, deanger
~~Remedium~~ ~~xxx~~ ~~lxxx~~ to

First take ano half Muchinged bastout the wyne maid warme ammergyn 6. gyaen of this
Laport 4 gyaen annyd ally 6. gyaen, Lett the Disposit persone, suet a litte thar on

Giif the persone Disposit be soe weik that they can. No soe no purgation nor Cristen giif
to ano man or woman 3 Onco currenton sirop fast 3 hour then Drinck warme beer
With a litte suet or keep you warme

Giif it be to ano beare of 2 Zior oulde giif them ano Onco of currenton sirop to ano of
6. Zior oulde 1 Onco and ano half to ano of 12 Zior oulde giif hir 2 Onco weik

Remedium for ano hoit Liver or ony heat in mans bodie,

Take ano port of plantayn walter and port burragyn walter put thir tna Distillerit wale
in ano clos glair, then take xviij morninge fastinge and a litte glad thar of mof with
ano sprunfull Julip Sirop, fast 2 hour, As most No this for 3 daye
3d most Drinck a tripple maid of Hanninge walter Cubit with barley, Litroid
blesse Hespont and current this most be cabit, the thrid in, then strowd thre
ano clion clothe and Drinck off it could for 3 daye sit all froich mof

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Remedum with Gods help for the pest, or burninge fever

7

First take the juce of tne froich Lymont 32. green an gollera, stuit in pulvow
4. Leabid of Loaff gold mak this luncle warme in one paster, then griff it thame
to Drinck, keep yoe warme ON the mornig tymle take in this purgation

R: Spec: Diaturbit. 92. 32.
Diasena. 92. 32.
Diagredy. 92. 18.
Suckan. 92. 18.
M. ff. p.

Temper this purgatio in 4 spanfull warme biow tak it in tymle fast 4 houre
then griff thame in one Shmelt of warme biow with suet, then keep yoe
warme with ano clod studd by you ON the night day 20 most posselane
other of this purgation, keep yoe warme that no air cum to yoe

When the pest cometh out to ano bpeet tak ano living Doe and cut it
up with fiodord and blood and all and ley it to the forw this
taketh out all the yift and maketh it to growe

Received of the Treasurer of the City of London

the sum of five hundred pounds for the use of the City of London

Witness my hand and seal this 10th day of June 1666

John Wren

By the order of the Council

John Wren

Remedium with Gods help for the fallinge sicknes probatum

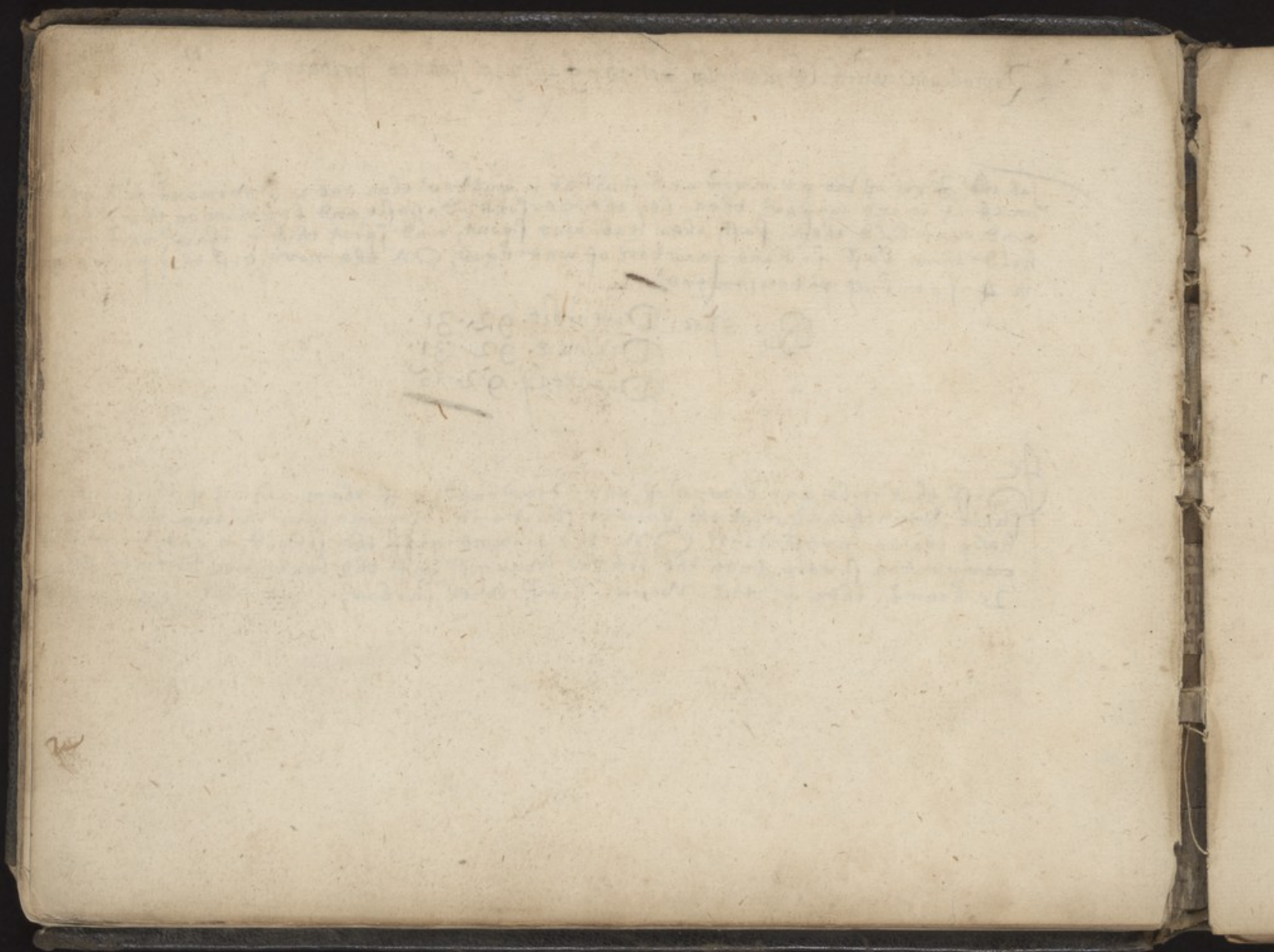
11

8

Take the Root of the primrose and stuit it in pulber then take a woman's milk and
make it in a new milt then lay the persone downe and lay them on their back
and can't hold them fast then take a new spout and spout this in their nose then
hold them fast for a quarter of an hour, On the morn give this purgation
in a spanfull pte of some wine

R: Spec: Diaturbit. 92.31.
Draene. 92.31.
Diagredij. 92.15

Give that it be a new borne of a newould give them a little of the first
fruit drinck and lett the borne sit and sleep an hour or two this will
help them presently, On the morn give the child in a new borne of
curvonten shroop, keep the child warme give the borne no drinck for
2 hours, then a little warme brew with sugar



Remedium for the Cramp, and to prevent the gutt or hart flours

9

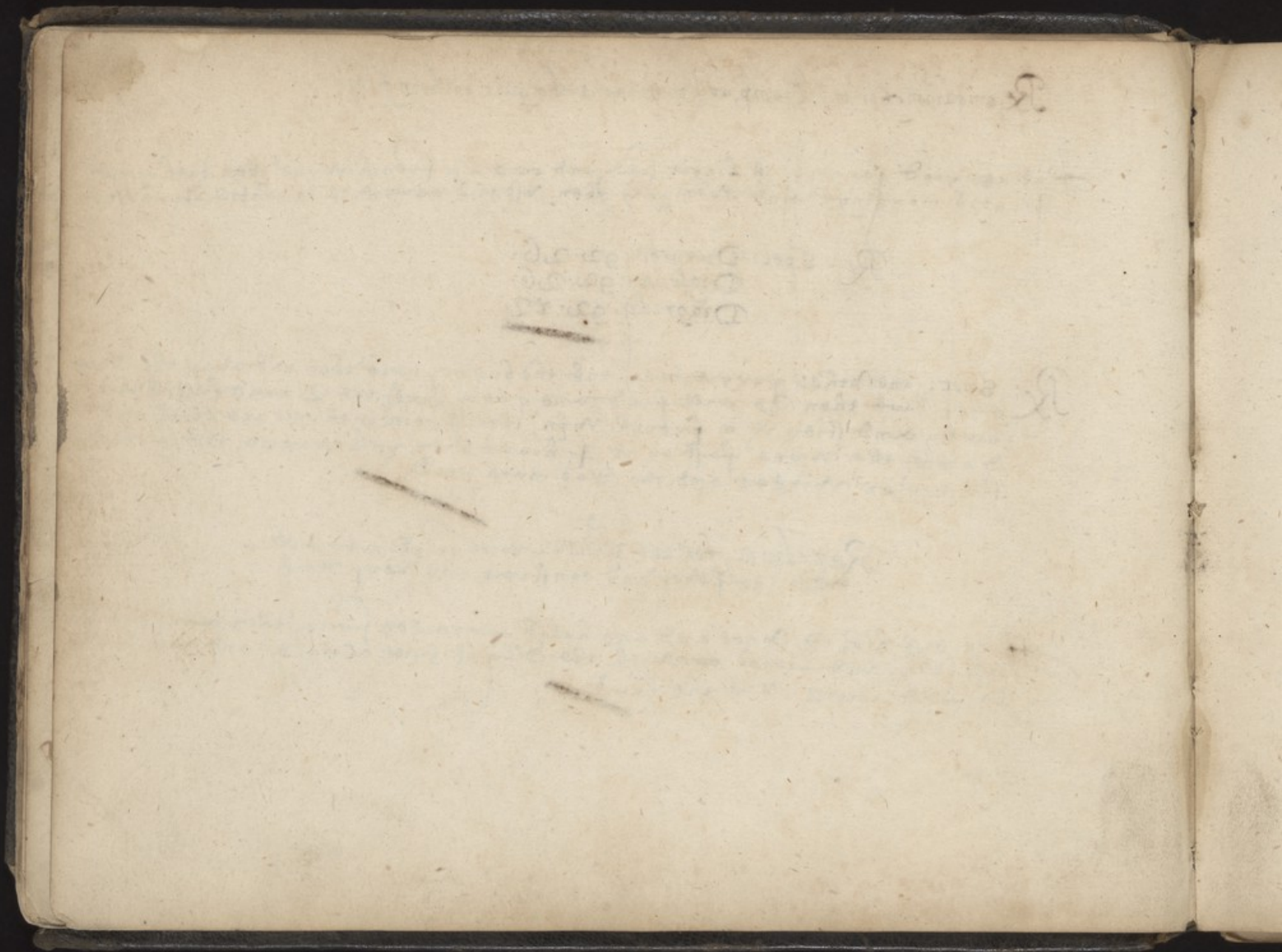
Take a good quantiti of Lingit seed and coat it in French wine then bath your
pointe morninge and eveninge, then use this purgation in a little Ale wine

R: Spec: Diatribit. 92. 26.
Draferæ. 92. 26.
Diagridij. 92. 12

R: Spec: another purgation take the burtrij tree then take away the outer
grey bark then you will find one grain bark take 2 hand full of this
bark and steep it in French wine, then strain it throug a cloth and
drinke the wine fast on it 4 hours then use warme, this can be hard
summer or winter and can doe much good

Remedium for a woman with schyld in trouble
and in a fever and constipity and heavy work

First give her 2 Onions and a half curranton swop, then anoynt her
belly with the Oile of sweet almonds and cause her to
be held a little over the hour



Remedium with Gods help for blindinge at the Nois for man woman or bearene

Take one muchkon of Vinagow and Muchkon Dinnings walter 3 hand full of rale-mak
thit in one plectow and lay it about thair hals at it Lye one halff houre then
lay one other fireich plectow then giff thaim in 3 once curranten sirop
Giff it be and schuld giff him the halff thit is good for the Nois in the
Eyes the plectow must be layed upon one clothed cloth Giff it be to one
man or woman of streuth Giff thaim thit purgatioun

R: Spec: Diaturbit. 92. 30.
Draferne. 92. 30.
Diagredij. 92. 18

Compow thit purgatioun in 4 punfull piter for the Nois could
tak thit in at 5. o'clock for 4. houre, then Drinke one warm broth

Received of the Hon^{ble} East India Company the sum of

Five hundred and thirty two Rupees and four Annas
for the purchase of the following articles
vizt
One hundred and twenty five pieces of
Cloth
One hundred and twenty five pieces of
Cloth
One hundred and twenty five pieces of
Cloth
One hundred and twenty five pieces of
Cloth

Given in full
this 10th day of
October 1781
By the Cashier
J. B. B.

Witness my hand and seal this 10th day of
October 1781
J. B. B.

Remedium for ane man, that hes the poikes in his boins many yeirs
and in the head, Joyntis, and in the Rejns, and weins probatum

First tompow this purgall in Condor wrotten in 6 spunfull pterwomin fast 4.
hours, then Drinck a litell warme beer with suckow, drop fyve warme

Rs: Spec: Diatribit. 92.34.
Diefene. 92.34.
Diagridij. 92.20

Then he most suet abow thrid day till he got his perfeit holt hwa hour on
thrid suet Drinck, and Muchton of malmasior maid warme Rs. green of
thrid Lappit, 4℥ green annij Olij so warme at Rs can Drinck it, giff
the Drinckit and glad vopre efter his suet Giff him good Interteyment
bot so Littell Drinck at Rs can 3 Dos Leads you to God

Received of the Hon^{ble} East India Company the sum of

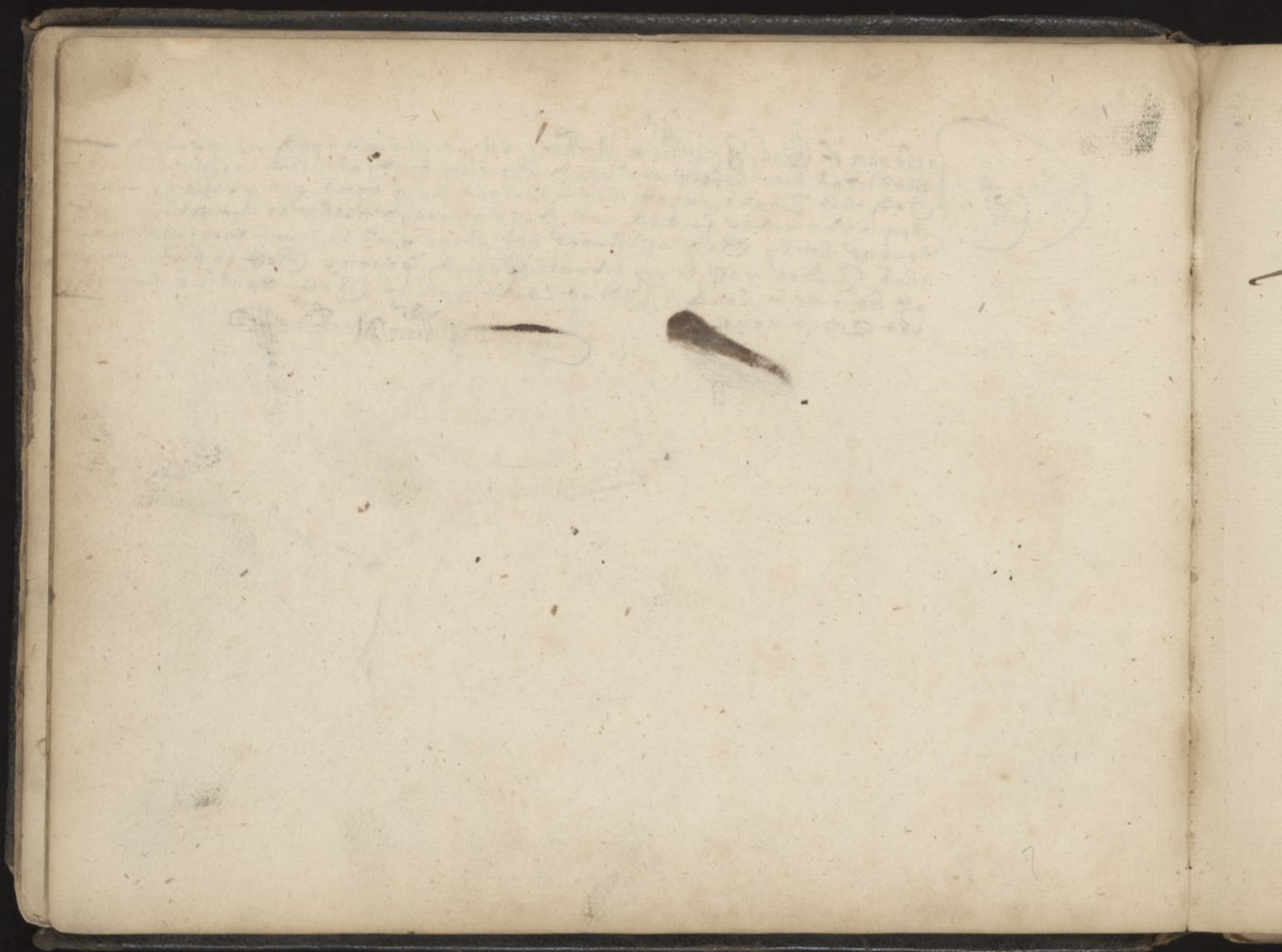
Five hundred and thirty four Rupees and one Annas

for the purchase of a certain quantity of

the same being the property of the said Company

In the nam of God, I William Mackene, her give in this tryed and proved
 Medicin^{er} know before writt in under my hand, at Pallan Mire before
 God that I have tryed this medicin many tyme, and profit be God
 they have never failed now I ont wronge nather to man woman now
 bearend bot by Gods assistance her done good to many thousand and
 that I doe give to my worthifull friend praying God to bles him and
 all he take in hand I doe leave vnto God I ont sic anno 1620
 the 29. August

William Mackene



13

Ane oymment to them that has the
Paine of the gut or any Aiking
in the Joints or Gremors

Take Ane hearte of a beest And new Blame feyn sand
shall away the most paine whist yn tab. for mormost paine
whist And put it in a dish of smal pices for put it in Ane earthen
pot with auncle and amond oilij And Ane Grates putt off fire
whist wye boyle him togidder wile Ane soft fyre til he wye be
shred. then straine it well about for drinke it up And Eat it stand
24 hours then strain it from Ane Lining Cloath then you
will find Ane black Lincour. yll Lincour you shal observe
And anoynt euerij morning And Ebbing for cast the paine
and bring heat And muche drinke to the waite

in the winter of 1800
at the house of Mr. [illegible]
at [illegible] to the [illegible]

My dear [illegible]
I have the honor to acknowledge
the receipt of your letter of the
10th inst. and in reply to inform
you that the same has been
forwarded to the proper
authorities for their consideration.
I am, Sir, very respectfully,
Your obedient servant,
[illegible]

[illegible]

Henry Gray

Baustruc fieder hults patric

Diegescs Consuetudina Cragij de feudis

In. Compendium redacta

Caroligus Caputum Libr. prim

De origine iuris in genere Cap 1

De iuris civilis sive Romani
origine et progressu et quis
eius apud nos usus Cap 2

De iuris Gano: origine et progressu
et quis Cap 3

De feudorum origine et progressu 4

Refutatur eorum opinio qui iuris
feudalis
originem de veteri iure
Romano deducunt Cap 5

the said to make no facty in judgment or out wryt
De Writs vult emding in canful or in pofitio
triditiones and in C art 130 pa: 12 fa: 6
De Writs and edgunt in all wryts bidd wryts
figura in all oportunos of firm munda art 82 pa: 5
pa: 3 art 170 75 pa: 6 fa: 6
De Writs and not admittes to pover the tower of
and hounding or in doulced and woff art 94 pa: 6 fa: 6
now yet to pover De Writs would be it to by the wryts
mynt in the pover art 7 pa: 16 fa: 6
De Writs Caid wryts: 1300 fynes ampos to the round
wryts in who's pover fynes: 1300 fynes wryts: 1300 fynes
of the wryts art 93 pa: 6 fa: 4
De Writs of fynes: 1300 fynes fynes: 1300 fynes
wryts and fynes in the wryts art 124 pa: 9 fa: 1

Y

Udane fynes to fynes by wryts art 20 pa: 2 fynes
Ja. Pa: 1

(1)

For Cancer.

Take water 9 minas plantine water 9 minas Incurium sublim 7, or 9, grains also
swelling small fyre, let it boyle untill some part of the yong gett being done
swimming, with moaning, and oining, and then about half an houre after the
washing that the paine be gone apply the plaster following untill it calld on
plaster some mercurie, if the sore be chollerick it is a chollerick in it, y^e
it be a cysticall dole, or brade, if when it grow apply the plaster to the
Cancer as it also mentioned.

For purging, strongling, and coating the roine for opening the passag of
and by wayes for purging off the blood.

Take plantane or babron Babes, strawberrie Lobes, and ibis Babes, bonivales,
bursage Babes, cichoris Babes, Anial Lobes, of all these an equal quantity boyle
in a sufficient quantitie in faire water, untill the water take in the strength
of the herbs, y^e do blanch almonds mixe the water to the almonds & lett
soake in. And then the almond water being strained mixe it a little water
of the first water, y^e add to it a quart of the almond milk, camell
of purple Cassia howe extracted. Dram of Crocus, i. dram of worme seede, all
being beaten in fyne powder, y^e mixe all well together & drinke halfe a pint in
the morning more or lesse.

For ailing Joints.

If a man have an ailing in his Leggs, or armes lett him take a little more than all
water and anoynt his armes, halfe thighs or knees thereto.

21

For the Snuff or Stopping in the Head or Nostrils.

Take a root of root and Snuff a small to a lunge, and thrust the juise of it through a Linen cloath, and take a quantity of it in a pee, and draw it up in the nose, but drop it if it come not through the nose to the mouth, and it will make the humor to run out att the nose, & it also cleangs the head.

For hauses in the body, or disorders of Cruesor blood.

Take one quarter mitchum by no wine oringar, and is, closed Stamp, but small and boy the logg, & put it in the water to boyle, take a rove of 2 eggs and 3 great worth of crabs, & one Stamp in powder, and cast ym to ym then mix it to the winger, and closed and cast ym from one pee to another till it be cold, & ye may drink it out in the morning, or at night as ye go to bed.

For the worm in the loath.

Take a blow stone, and a quantity of closed bealon in powder, and boy the in fine wine, or vingar, and lay a litle drop of it in the loath of the patient.

For aiking in the bones

Take hops, and the bark of the oak tree being bealon small then take of the hops till they be all in the half, & then after bath the patient, & then place it aike therein for the space of an hour or more pro batum est.

(3)

For the falling Sickness.

Take the Skull of a man that hath been hanged and stamp it in powder
in an Iron or Iron mortar so many years old as the patient is take so many times
on a Saffron point the greatness of the patient's head, and if it be a man or woman
in milk the powder to the milk of a woman or if it be a child or a woman
or a man to the patient, then the milk of the whole is a libor of a man child probably

A Sweet drink to be used night or day for man, woman or
child, and may be used for all diseases and if they be contractions
and there be cold and joints be dryed up let you sweeten it a day

Take a small basin made of wax, in which is 6. grain of Lapis ff. and
Sweet an Lard or hot threaffor you dry you, and take an Oatmeal to
curraute, you eat in your bed again but be sure, you take you good order
most as a glass of wine after your meal.

For the wound in the tooth.

Take a flower of Sulphur and stamp it in finger or in a small liquid and wash the
patient's tooth where the pain is 3. or 4. times to be brought through the tooth
and wash the ears and behind the ears all night when you go to bed.
From a hole to root the paper in finger and laid on the tooth.

Then take yarrowe. Ethers small half an Walnut shell full of the shell
but fill it and put the yarrowe into it, and bind the one half of the shell on the
shell's head, and the other half on the crown of the thumb at the double
or under the space of 14. hours, and in the space of 14. hours the shell must
be bound to the right, and still to the contrary position of.

(4)

For a frozen member.

Take a quantity of dry yers Asper in wine vinegar till they swell, take the
them out, and drye, take stamped to powder, & sift powder to be cast about mor-
ning and evening upon the Limber.

For Scabbes and yers of E or galls and horses.

Brind alme upon waffer, Salvia dryed or Saige of obois and a quantitie
made in powder, and distilled and the same.
for a wound in horses take turpentine and goats grease meller together and anoint
the wound thereto.

To make an open Collic.

Take or Lira Leaba & To a hummock of vinegar as much as will sooth
upon ym a quantitie of water sooth it all a soaking first till it sooth in the
half, and the dye it through a cloth but not to the first or wring the cloth
until it goes through of it self, and after putt upon it as much fresh water
again and sooth, and syne it all before as also to the first water then take
4 pound of small redens choose ym best out and wash ym, and dry them and
putt ym into ym fair cloth & steep ym in limes and sooth ym till almost all
the sooth be gone in, and ym sooth the redens.

For the falling Sickness

(51)

Take a quantity of Hen, and Stamp it small, and take the fine y^e of and pour
it into the ears, and nose of the sick person At night then when ye go to bed
or ye are sick, make a pillow of it and sleep there on it, all night this is an
efficient medicine, but keep them from once again drinking.

For the bluish one eyes of man or beast

Take a narrow mouthed glass to a narrow neck and sett it in amongst the coals untill
it be full of the emittals and the glass being cool. Now putt it in a loaf of bread
it is to be putt in the baking oven till the bread be baked, and then ye shall
find an oyle to get ye shall anoynt your eyes.

For the running of the Ears.

Take a coort of wind and yongell roots, and boyle them till the wine be halfe consumed,
in, and the yongell being hard presse them through a Linen cloth into a syringe
and oblige morning, and oblige to drinke a little wine glassfull probably oft.

An easie remedy for an infectious fever called Lornachoroba.

Take the skin of ole Buntine, wash it, and cut it small y^e Stamp it, and take
two large Spoonfulls of it, & a Spoonfull of m. otros at y^e mixe them and remove
them in an Lillie saithon pot, and let the patient eat, and keep them warm
the oyle it will growe red or full for it is both cooling and purging, and
after some time eat some light meat.

An excellent oyle or gill is called *unctura rosarum* for heat good comfort
the Stomach, and to strengthen the heart.

Take Lichors distill the Labors of it in a glass or vessel to out Liqueur

Take

(6)

Take 3 pound or half pound of this water, and putt an ounce of rose
in it mixe all, and straine it through a linnen cloath, and putt in halfe
an ounce of white Sugar mil, and give the sick persons this Spoon full of it fasting
it allwaies the heat, and cure many other diseases, in the heart, Liver, or
Stomach.

A water for the eyes.

Take four eggs y^t be very fresh, and of a black hen if she can be had, both
thou hard beat the yelkes out of ym, & cutt the whites in small little
pieces by the eyes putt ym in a little plate of Linn, or glass, and with 2 ounces of
Saltdommene Stamp for vrie small and two ounces of sugar Lykevis stamp
ed among them let them stand four hours and straine them lightly thorough
a linnen cloath, not breaking the white of the egg, keep this water in a glass
24 hours till it settle, then pour of al the clear, let 4. or 5 drops of it fall in
the sore eye 3 or 4 tymes a day wth an Instrument of cleandinning, on a little
stick or tree, let it from as far as is possible unto the eye, for the higher
the better, but let the head be purged before with some fitting purgatione
as the Juice of the Red bettraw taken in the nose or the following.

To cleanse the Brains

Take 3 roots of young bourtrees seeth them in beer, till they be soft
a lock of butter put Sugar on them and eat them in the morning, it is
also good for swelling with in or without the body.

For Black and loose teeth

Take oleum Sulphuris Acidum soure and with a linnen Cloath on a wooden Instrument rub the teeth sore, by the length as the teeth are up & down, for if you rub a Crope the tooth, the will fall out in the morning before you wash.

A water for sore Eyes if are Blood run, & cannot Endure the Light.

Put white Vitriolum in an equal quantity of ros waters, and drop it in the eyes, after the manner aforesd in the mean tyme to purge the head with the Juice of the beett roots. or ane oyl: purgatione.

A Medice for a Chylde that hath a breach in the Belly like unto Rumburstieffs

Let 2 Girdles be made after one fashion of white fustian that they may be washed and changed every week and fast bound about him wth a band over his shoulders to bear it up, then let one Dragmat. Semen Nesturlij or water Crocus, every morning and let him not eat 4 hours there after and att night when he goes to bed let him take the samer and continue for the space of 4 dayes.

Let prepare also ane plaister of the samer seeds bruised small in ane mortar, and tempered with the white of ane Egg, and lay it on the breach once every week, and wth God's help in 40 dayes he shall be healed, but for his dyet let him abstain from swynes flesh, salt and reisted beef, hares and goates flesh, black broath, hair grate, Barley gropt, sowre cabbage, pease, fishes made, aquavite, Spanish Malvasie wine, and all meat of Dauch called pasta. N^{ot} let him eat such meats as are of

of easy digestion and good nourishing food. Josephus de ferro prefers this to the 2 following Pastes

*R^o pul. Malicorij
Bol. Armen.
Sang. Draconian 3i.
Regula pul. 3j.
Bislingua.
Succi. Hippocistie.
Pmris. an 3j
Pulborisontur omnia.
Subtilissimis el yabbo.
Ovicra el mullo ello
phonio. 4.8. fiat cola.
S. A.*

*pul. Malicorij
micum Cupressi
Gallar comb. an 3i
Bol. Armen.
Litargirij.
Lapid. homabid
pall. Loe. condol. ma.
formontilla. an 3j
victor omnib. pulvis
Subtilissimis el yabbo
Amid. aceto addita
Colophonio 4.8. fiat
Emplastrum*

When you have the use of any of those but the 2^d should be the best, heat it above clear coals, and make a plaster of a thyl of tin; and lay it upon the throat, having put up the joints, and give it straw to drink to make it of white fish bone having a band about it with frays it should hang both before, and behind and has little band from his throat to his shoulder and is also good to the glands, and these two shall be about drawn on the bowels, and given to the patient to drink if it be always to the throat to be the good sign will never fall out and the plaster will heal it at hand.

For the malldie of the melle.

Take an une right of the bark of the ash tree of the fresh lark from the stampil small, and stop it in half an mitchline of wine, in an elate pot covered to an off pot & bettered about at a sooking fyre till the help of it both in your strain it through an cloth & let the patient drink it twice morning for that space of 40 dayes it will cure him as hath been often proved.

For the Ston.

take

Take 8. or 9 drops of Spiritus Salis in a vaine glass full of aqua Serapiae or aqua ptolemaei, and drink it twice morning & evening, it breaks the stone & relieves the pain.

For anie Sudden, or painfull Swelling.

If a Sudden or sore swelling come to a man, or woman in foot, leg, or arm, finger, or toe, take but the dung of a black ox for a man, of a black cow for a woman being tempered to strong vinegar, and in 24 hours it will restore you in comfort being laid about it, you the whole body, & make it whole probably of.

For the yellow Sicknesse.

Take 2. or 3 drops of Spiritus Salis in obolis ordinary, drink and drink always out of a wooden Cup, having a piece of gold fastened to the bottom of it, and so continue till they weeper out of the 24. Sicknesse.
For if it be a man take divers times, if a woman the dung of a mouse about four or five times of it att obolis, being finely strained, and then strain it through a linen cloth, & let the patient drink of it twice aday ordinarily.

For the Portian Labor.

Whomsoever beginneth to take the cold all the day, or 3. days, or the beginning of the cold let him take as much as will fill half an Calumet shell charged with powder of white sulphur in a vaine glass full of strong aqua vita, it will cause him to cough green, or yellow, get through the stomach, and put away the labor, but it will not help if one have the 2. year of the year.

An excellent plaster for a Boyle.

Take

Take lard, Reson olive, butter, and haind soft, call'd pinguia corbi.
of story one a 2 lbs quantity, fry ym toge^r and they are a good plaster
for a mile Caysle, either to break it, or to heall it.

For a man, woman, or boy that have gotten a hurt by a fall, or by
hoisie lifting.

Take a new laid egg, & chappit it a little vinegar drind it thorowly
in 2, or 3. dayes, if ye find the paine to augment take 2 spoonfulls of
young beere thorne, and a little quantity of good vinegar, & distill it
crabstones, & praye ye to good use ye put the same amongst the hony
and vinegar, and drind ye all together and drind ye so heat as ye
can, keep your warme yafter and about your selfe it in short space
your paine shall diminish, and to god I beseege you shall recover
and come to your health. This remedie hath been often approved by
divers who have found the same to be as safe in all ye all sin whitherso

A Spedy Remedy for the Colic

Take a Spoonfull of paper half chequer, & it be not too small, and
give to the patient in R. or 4. Spoonfulls of clean cold water, and after he
hath drunk on it pour in half as much water, and lett him drink it out
it helpeth wonderfully. *pro baly.*
From take of the bark of a Loon bullet, and having cut it small, & add
it to any Liquor you please it will shooth out all your pain *pro baly*

The Italian Robor

Johnson

Prooves from a Cholick, & gallish moisture in the blood & should be left to
 the doctor the patient be forced to abstain from meat, & drink, but let
 him little & didroftly purge to drive out ye moisture & proceed from the gall, & a
 augment not more, more after purgation, & for him good modesty & a
 thing, & let him drink his Colic full, & anoint him with a soft smothering Jarret
 and make a medicine of quina *essentia bitriac* if he knowes may, the doctor
 shall knowe.

A Secret to destroy mice.

Take about 9. living mice, and put ye in a close box & sell ye they cannot swim
 out, and let ye stand so long till for hunger one of them will come out, and the
 mice ye can see left of all living, being the strongest, let her loose, &
 from ye time she will eat nothing but mice, and will destroy all the mice
 in the house, and last will say herself that a certain, & misanthropical secret.

To Banish away mole & warts

Digg a deep hole in the ground, & set a deep glassed pott in it, y^e be long & be
 and raised above, and putt a dead crab in the pott, then the mole & warts shall
 the stink of the crab, he creep to it, and fall into the pott, and cannot
 gett out againe, and so at night as ye see in y^e field may be catched.

A Secret in Nature

If a field be sowed to wheate, or any other grain, and in a year of great rain
 there grow nothing up but cockles, & so the same cockles in any field the next
 year and if it be a dry and long year ye shall have wheat good wheate
 or any other grain it was sowed first for the cockles.

For any kind of Poxers.

Take

(12)

Take a new laid egg, and boill it hard in the urine of the patient, be it man
or woman, y^e take off the shells off it, and having cast away the shells, and urin
poutt the egg wanting the shells in an oven untill it be dried, and as they dry
the egg so shall the fever be dore, and the patient be made whole.
And take myne Lye, and give ym Libing in anie drinke y^e patient, but
do y^e patient know not of y^e.

For a Sore Tongue.

Stroge the tongue y^e the patient is to make wear it shall be any of
as said.

For a red face.

Junctura ad Larnum ad Lorigor and opation Lino damno ventriculi
paratus opus hic locis.

For black and loose teeth.

Take and ham full of salt, and an ham full of alme, and distill a water
out of y^e in an earthen pott to an glasson. Laid to out anie liquor it will
make the tooth poblely whyle and firme, & shall y^e same of the Gooms.

For an hurt in the arme, thigh, or any of member.

If the paine continue putt a black powder in a pott, and stike it in the fire till
it be white, but stir it up on about if it burne not y^e lay it plaster to the wound
Liron cloath and apply it to him, Lino, 8. or 9. or 10. dayes till the paine be waig.

For all manner of Boils &c.

Two

A hepe for cooling, or for Christ in the fever.

Aqua Buraginis and buglassi	iiij	In	Erugo water	3 unces	Mid-
Syrup of violets.	—		Syrup of Lemons	3l	le an-
mistle antur	—	o.	Syrup of white flower	2 unces	lur &
			Syrup of Violet	2 unces	

For a quadd man.

Take calfs foot, and scorching in beal ye bend call in a great mortar
to a hand full off the flyme, and lay that to Linnings about his head in the
nightlyme, & yn let him take the juis of roo^t & boote root & mixup in his nose
it will purge his head from all superfluous humors but take it oflen.

For the Stone.

Take Stone if growe, or is found in a Swind wand ye quantity of a great pease &
pebble, stamp it to powder, & put in a Glass of wyne, let the patient drinke
it out at night, it drawe out the Stone wth in the heere, or bladder and makes
such a large passage in the wand, if ye Stone comes away it is out pain.

For a spoiled Stomach.

Take a toot of my broad wool & dry looke at the fyre, and yn the patient goes
to bed at night, & have a quantity of brandie on the dth toot & lett him
out it, but eat nothing there after it as slow the Stomach, and on the morrow
he will have an appetite for any kind of meat.

For the Cough or hoast.

take

Take vris ol badon, and cutt it vris small priis yn fyre in a pan to garbe
also cutt in pices, and at the fett yf fyre out off it as off the sold of the pan
harts feet, at an warminge, and the host will coole.

By the Gods help for the bloodie and whyte fluxes.

Take 4 unces off clea bitter ryed, & 64 grains weight off amiboyl to wit
an quinton & 4 grains cannol dylo, make all this warme in a quiall off ryen
or spoy, syke it to the dis eased to drinke, and keepe ym warme, to geue help
this is ym help drinke no cold drinke but all warme to buttor, and lorde bodis
to buttor, and longer warme fath longe, yf the buttor be not salt, lottyn
anoint ym brog and backe at mandell wyse.

If ym be any poor person yf halke the bloody fluxe geve ym 6 unces off ryed
buttor, an halfe lod off ginger potted or at warme be to drinke, lottyn
drinke no cold, but warme to buttor.

For a woman at Child if she be vris weak, and constipat geve her these
unces Currondon Syop, no more but the only Syop by bulis in the morning
for her fast, and geve whis ober she will be in 4 hours geve her warme
broth, or warme beere.

By the pestilence prolatum.

Take the Food, or berries yf groweth on trees, or walle, end off yf
yth is found low by ground, and ym most gather the yd berries by
vipes, and toward the north if it be possible, if not lade ym as ym may
get ym, although they be not vris ripe, & ym them in the shaddow,

and

And you shall keep ym in a box of wood as a wise provision thing and if
 any be infected at the pestilence, take of the said beris and beat ym one
 pound in a clean mortar and give ym patient the said powder in a glass
 full of white wyne, as much as a man can lay upon a great or more ym
 him in his bed and make him sweat well. This done change his shirt
 sheets, and if he be clothed, if it may be, if not at least lett change his
 shirt and sheets. Some having taken of this powder at night found ym selves
 so well in the morning, if they arose up and clothed ym selves and walked
 about the house, and finally were perfectly cured.

To hinder vomiting on the Sea.

You most drinke juce of warm wood, ym shall be quick of the trouble, here.

For one ym can not keep his water.

Take ye small ow. of oaken Leaves, & small leaved oaken Leaves in clove
 wynd and stamp ym, and make a plaster of ym, and lay it heat on ym
 of the patient, and shortly he will be cured.

To make white teeth.

Take goats lung, & divide ym into two parts, & put ym both in a little water, & will be done.

To heale the paim of the head.

Take morning glory, & press out the juce of it, & lay ym patient take it into his nose.

Against spitting of blood coming of Lungs, and Lungs.

Take the shells of some new eggs take away ym till be white ym in and dry
 ym so yf they may be made into powder with small ym in 20 drams to be used
 of ym water, and give the patient of it 6 or 7 to 10 or 12
 Shall

To curl hair, a rare secret

Take the ashes of a sheep's horn burnt, and mix it to oyle, and rub it on
oft to it, but it must be fresh untill.

To take all spots out off the face.

Take the Juice of a great miterwort of a sharp soft wood the spots in it
the space of two hours, and you need not to leave water, and to dry.

For Swelling in a woman's belly it makes you to seem to Child

Take radish seed, and being bruised make you in powder, and to wine gives
the woman you to drink the quantity of a dram, morning and even-
ing fasting and it will do the effect.

For one yt hath his Cods Swollen

Take rose and Stamp it, and lay it about his Cods, and the swelling will
cease as is proved.

To Kill worms in the Bodie.

Take of fennel roots, and halving make fyne powder of it take a dram
and being dissolved in wine gives to drink y^e day, and it will kill them.

For Swelling in the Throat.

Hamperow to honey & salt and it will help it.

(19)

For the bloodie fluxe.

Take of the powder of new Pellico ^{not made up of} labor at
anye and the bloodie fluxe, so it be halfe in anie convenient liquor

For the hardness of the Spleen

Take the marrow of beefe and mixe it to the lyke quantitie of either of them
warmed wth it well, and anoint your left side wth it.

For the Spleen.

Take the inner rind of the ash tree brinded and boyled wth in white wine
and the Spleen
From in y^e morning wash your left side wth your owne wine

For Stoppage of the Breaste

Take figgs, and fill ym full of mustard yn twill ym in white wine set y^e
figgs and drinke the wyne.

For want of milke.

Take green whyte so soon as it begin to change its colour, brinde it well
and boill it in collett aylye I thinke it and keep the ayll till y^e babe need of
it to anoynt your breast.

To make Jule of goos berries.

Take hnd berries, and putt ym in a stop caboring it close, and putting it into a pott among water and lett ym boill amongst it till they be soft, and yu take ym as hott as yow can, and strain ym through a cloth yu might your Juice, and take woe equal weight of Sugar to your Juice, and putt ym both in an cleane pan and boill it till it Jule on a stee fyre yu putt it boi in a can and cabor it.

A receipt for preserving of peardes.

Take a cabor pan and weight of peardes after you have washed ym in running water 3 quartons of an pound of Sugar and 4 uncs of peardes is a quarton of muchelaine of running water a boll water and the Juice, and the Sugar and mix ym all together, and putt ym on an llo fyre, and lett ym boill a prothe fyre before you putt in ym peardes, and yu lett ym boill all together till it is white, and yu take out the peardes out among the Syrop, and putt the Syrop on the fyre againe, and lett it boill till it be of little thickness yu putt in the rest and lett all boill.

Prognosticks of the wind

Whysome signifieth rawnes and indigestion of the stomack. Lead wind becometh that Phlegme and take ym to becometh the Suburbs

Or, orossifils Labrus, if white, or red grubbe appear in the bottom of your
urinal it sheweth the stone in the reins black, or green colored, & belongeth
to death to ourd commonlie.

Receipt for the Colic

Take 2 times of strong white wine, of nutmegs, and cloves & black pepper
each half a dram Stamp these grobels, and lay y^e in among of the wine
and lett him continue thus drinking till a little white sugar,
good to quench a man from the Colic.

Against coarsness and hardness of hearing

Take an oxo gall, and the urine of an hee loo mine all together and putt into
the coar coar, and incontinently it will be cured.

For the bleeding at the nose

Take white strong sugar and putt into the ears of the patient blood, and if
ye bleed off both sides putt sugar in both his ears. It will stanch it.

How to know the Kings obill.

Take an ground or scallion worme alive & lay upon the swelling or sore and
cover him to an loafe, if it be the Kings obill the worme will change and
turne into earth, if not it will remain whole and sound.

(22)

Against the Cough so neber so vehement

Take Crimstone powder as much as you can lay up & bind your
three fingers with the same to the patient in a raw egg half rosen,
the first breakfast five dayes to give it to a man, if a Child morning
and there is no cough so vehement but will heale in the 5 dayes
or tyms.

For to heale one if hath fallen from an high place.

Take off leusie off wild leusie, and beat it in water and salt, and give
orodidw to the sick to drinke and he shall see a good effect.

To cause a woman be delivered.

Take an hand full of Ipep Crinise it, and infuse in it a pint of white wine
12 houre, and bring it to a boyle, and give her the half of it hot and
she shall be delivered, and give her the other half of it after she is deliverd.

For spitting of blood by having some vein of his breast
broken

Take mize dring be eaten in good order as much as will stay upon a good
and put it in half an glass full of Ipep Crinise of plantain to a little Sugar
and so give it to the patient drinke Ipep Crinise in the morning before his breakfast
and all night before he goe to bed continuing the same ye shall
make him whole and sound.

For the falling sickness.

The Smelling of Physic is very good for those if have the falling sickness
 for to winder you out of it.
 To save as yet persons begin to take it, shall play an hour and give
 things shall be taken off also, or bynd it shall not be taken again.
 To save take the skin of an Eel, and give it to any person often and he
 shall not in all his days take the falling sickness.
 To save take the Liver of an partridge, and lay it small and drink it with
 in the morning, it also cures it.

For the Kings evil.

The dung of an Cow, or ox heated under a stone to collect Leibes, coming to
 the King, brings the Swelling to ripen off.

For the eyes.

There is an Stone found in y^e gall of an ox, y^e putt in y^e nose thirles, clear the sight
 To stay something.

Take 2 hand full of mint, or one of roses boiled in wine, y^e after take 2 unces of lotus
 broad blood root in wine compound it to mastic, y^e 20 unces, cross, make y^e grass
 y^e after lay it to y^e Stone to be y^e taken in a
 To save it is good to be after meat, not to cool and speak much.
 To save both bottles, honey, and vinegar to y^e and dip of y^e two dayes.
 To save take y^e Juice of Cocks, and the Juice of an apple or a pear, y^e will mix y^e in
 and honey, and drink y^e in the morning.

the

The tyme for vomiting.

It is best to vomit when ye have gotten meat, and full of grosse meate, and
then it is fasting, and if ye vomit fasting do it at night, and lay all ye tyme
on an quins, or on an such like thing, having an fill ore und on ye throat
and it will purge the breast from all obill humours.

For the pain in the Stomack.

Lay thereto one hott bagg full of Salt fyre.
Then take ye crum of an hoate loaf, and dipp it as hot as it comes out of
the oven in the oyle of Camamol, and wrap it in a Linen cloath and applye
it to ye pained part.

For the Jaundis.

Take the soor mud of the earth wash ye in whete wine ye day ye and make
ye of a pector, and give a small spoonfull ye to ye patient.
Then let ye drink certayne dayes of the same wine.

For Hydropsie.

Make an drind of the seed of broom pūe or, and brayd in whete wine.
Then applye to the moit place an Cataplasme of hord dung warme,
whiche shall be sufficient to heal all manner of Hydropsies.

A Secret against Hydropsie.

Drinke hord water ye powder of glasse shon tyme lūned and sobon
lyne quenched in the Juice of floure de leine or whete wine.

F. D. M.

From tooth the root off archichoke in wine, & drinke off, it is long good.
 From make an great fire on an milstone, & quye stone is hot take away the
 fire, and lay thereon a wool laines cloath and make the patients body on and
 keep him up wile warm.

For the Colicke.

There is nothing more soveraigne then to wear a ring or borse off silver
 or in there is inclosed. Some part off y^e navel off an Infant new borne, and
 that the ring or borse doo suck the flesh.

For the worms.

Take y^e leaves of mint, dryed and in powder drinke y^e white wine till they be comen ^{to} ^{the} ^{stomach}
 From eat garboles at each butter, or drop drop in a le, and drinke y^e ^{same}
 From take weeps, and stamp y^e to white wine, it can do y^e to come away whether
 dead, or not, being once drinke.

For the stone in the Laine.

Take y^e water, or the Juice of the ashes of dissolved y^e pond or off egg shells burnt,
 or the eggs off a partridge.
 From take a good quantity off wormwood, bay tree, leaves, Saige and red mint,
 Soothe all these wile together in cleane water, then wool laines put y^e all in a cloth,
 and can do y^e patient the naked y^e out, and bath his raine, or off the most paine,
 color him at a cloth off the to be sooth, and there after let him lay in an warme bed,
 till the sweat be dried in on him this is a good helpe for him.
 From take y^e white stone get and foind in y^e goosebarn off a horse pass by a road,
 bring y^e in a mortar off brasse make y^e in a powder drinke y^e wine dayes in white wine
 and it will helpe the

For

(26)

For the Stone in the bladder.

It is singular good to drink ye Juice of Lemons at whyle times.
You take glass and bruse it betwixt your hands, and as often you rub it in yourator
of Sarsaparilla and Saffron make it in powder and drink it with wine
break the Stone in any part of the body, yet a great benefit.
You take ye Skin of a Living Lark, and bruse it in powder, take it to day
up in the meat and drink, it will break the Stone, yet the more you
you shall have ye operation the more, take and Saffron Juice and put some
Liquor therein your pleasure, and put off the Stone powder in the liquor and you
shall see the Stone, and it is in 24 hours, it shall be broken the Stone in pieces.
You take the bones of Haddocks or whiting, yet are to be found in the Sea, and
the brains dryed, and bruse ye in powder, put ye in a drink of white wine
also, or beer, and drink ye in the morning a Spoonfull of the Juice, and
take a good draught of the Juice, it will break ye Stone.
You take Gravel, or pebbles, and violet, burne it off the Stone
Stamp ye all together, it will also, drink ye, ye will be free of it.

To provoke urines.

Take ye root of artichoke and drink ye of it in the morning.

For the Scatrick.

Take the drig of the wash, yet heat it in an iron plout and rub ye Scatrick
with it at least 10 times.

To make the face beautifull

Take a Lemon and beat it all ye first, and the Juice of consouidil rub
be on ye face take away all spots.

For

For Burning.

Take salt water or brine, and dip a Linen cloath in it and apply it to the burning
 So on take black or gray Soap and lay it to the Sores and it will immediately heal it to the.

For the Cough cold, and Pleurisy.

Take an onion roasted and the Coltschott root it is found to be a little Biting and
 cureth the cough and is good for those who are Stopped in the Lungs, or short breasted.
 So on take honey and mix it with the Juice of the figs Boiled a little in water and drink it, it is good
 for those who are short breasted or have cold Coughs, or a dry cough, Sooths the Lungs
 and in whooping Cough, and draw it through an Linen cloath and drink it.
 So on take row, Sage, camomel and popper beat them to powder and draw it through
 an cloath and eat one Spoon full of it every morning, and evening.

For a Snake crept in a mans Body.

If it fall out of a serpent, Snake, or any of these crept in at any mans mouth while
 he is sleeping, to force the same out again, take att the mouth at a full yell, and
 if a person is not of old the Gold, and drink the directions written in the
 book before, and approved.

To stretch womens floures.

Take roses wth ale and cause the woman drink this off.

To cause women keep their Birth

Take Saige Leaves, and eat of them in the morning and it will cause her keep her
 Birth, it hath a vertuous faculty and makes women fruitful, and also
 keeps the Child alive.

E E E R R

To preserve from dimming &c.

Take Some raw colicoot and eat an quantity of ym, & they will not suffer
y^e to be drunk to wine.

To Labd Vine from Louisa. &

The Load of Look's being putt in an Caskett of wine Leopotit from
Loring, and if it be alive, to Loring, and to the other to go for more of the same

So Till Live.

Rubby place to fine of brown mix to fine of red shales or Juniper.

For Christ.

May I send you the Juice of yew, mix it to hair and make a mask of it.

For the Tobory.

Pray work upon your steep in word also deny of fasting & y^e wealth & y^e sensual

For a Shot in the Side

Good. Camanol & water and fill a bladder with water when its well
frozen, and lay it to your Sides that.

An ointment for breaking the flesh

Take a dram weight of Books groats, and as much of lions groats.
 2 drams of y^e floures of camamell, and give ym a lay on y^e
 fire, draw y^e through an cleath and lay it to the flesh, it will
 broade it 15 in foure hours. & D D D D D D D D D D

To cause a man. Sweat.

Pray weep; and looth ym in whyle wine or ale, and drinke ym prof.
 from heate a stone, and lay it to his foot or sole to a woodleath or layman
 cloath upon they heade. &

O. J. m. i. s. 1709

Att finitus Libro Sit Laus et gloria Christo,
 Dextram Joannis Benedic Deus orbis terris
 Succesum Studijs da pater alma meis.

Unde anno quatuordecies die huius Libri finitus fuit. &
 1709

1

A receipt for burning

For burning there is few better things y^e eggs labon, and both roots
 and white putton on it. when it is now done: they shold be broken, and
 pouned on it, Twentie or thirtie after y^e if y^e place burned be large,
 that one egg be too little to waite it well, then take two or three, or
 more, as the place is of bignesse, and break y^e and poun them on it
 and shake y^e with soft lie on it still putting, one as many for three
 or three hundred times: if so many can be had hastily, y^e dippen Linon
 cloath amongst eggs, waite it well and lay it to the burnt place, this is
 good for any burning either by fyre, water, or wit, or of what be at
 so. it be speedily applied or it begin to rise to God's help it will for
 forth be cured. &c.

Paul's Herbet against Physick. &c.

Medicines for curing it, Roots of China salis parilla polips
 Eli campand: Comfrey, the greater: orris the Leaves of maidenhair
 Comfrey ground Ivy: Glysters: Hard case: yarrow thoudar: Camell:
 Sanderlyon: plantain: Selfheall: Lungwort Saind: Scabius ber
 nacle: flower of Saint Johns wort, of roses and violets: oranges
 seeds: of marish Mallows: Mallows peppis: The skin greater and
 Lesser cold or seeds: Larkoth of the Lung of a wolf: milke is com-
 mended to all, but chiefly womens milke: taken hot: also goats
 milke, asses milke, mares milke, Cows milke: the confects and sugar
 of roses are very good. &c. - - -

It is apt to bring away the after birth
Take a quarter of a pint of Spearmint water and a large Spoonfull
of honey. and boyl till ye halfe be consumed and let the patient drinke
it warme and it will Infallibly bring it away. — — —

For a sore Breast. &

Take off ye skin of a Stoned Lizard, or an old man, and drye ye in ye pocket
or in an Olen, after the skin is drawn out, then take a large thimble full of
the powder of this wool beaten and Sealed, and on thimble full of mace
in powder, and putt ye into a quart of Strong ale, and let the patient
drinke it att forty m. in the morning fasting, att att four a clock in
the afternoon, and shake the bottle well, and keep it close stoped: to see
to take of all things of the breast, and onlie lay a wine cloath too it or an
piece of scarlet if it be to be had.

Libers and sundry good Instructions and rules of knowledge wor-
most, and Consonant; To the knowers of all such as are the expe-
practisors of Physick and Chirurgery: and also concerning
manner, and use of blood letting, and purging, and of the Commo-
dity of often tymes cometh and Springeth off.

For as much as Health is profitable, and pleasant to all men: Since of
all men we continually wish, and pray, either for ye constitution
or Continuance of the same; and also how that it is the property of
of

2
Of nature, only to fight and strike agd all diseases: and by this way
how if ye Physicians is but the minister and servant of nature. For
being either to applye such things to her as may be used to destroye
disease at all: or else by taking away the greatest part of ye same mal-
for, yth can yeth and maintaineth the sickness, and yf forid & very
most, and necessary, for some physician yf before such time as he
doth take upon him to minister any thing at all to ye sick person
diligentlie to learn, and perfectly to search out both the original
and prime cause of ye disease: If which if he be ignorant then is
it more by good fortune, then by any cunning or skill, yf he do
obscure and mismanage disease at all: for how is it possible to
help nature, at that thing which she hath need of, except it be
first of all known what she would oth, yth non can perfectly under-
stand or know except the chief cause of the disease be first mani-
festly known int him, in so much yf he may not minister things di-
rectly contrary to ye cause of the same disease. And therefore I do
greatly lament the ignorance of the common sort of people, who
for the most part) are persuaded yt one medicine is sufficient for
any disease, and not regarding yf one disease may come of many causes:
and therefore it doth necessarily require diverse medicines (as for
example) weakness of ye stomach (that it cannot digest well,
or yf it hath no good appetite) Is a disease yth may come a sore
thorowall wayes at the least. Therefore ye cure of yf disease
cannot always be cured to one onlie medicine.

It is also if the weakness of the Stomach do come of a weak distemper
of it selfe only you must use medicines to make it hot by one mean or other, but
if it be the cause of the weakness of it you must be cooled to some cold
medicines that is most for it; so if you must be sure always for to moist-
ten & refresh, and to cry up moisture.

But if weakness do come of some superfluous humour of coath abound,
which hath flowed into the Stomach or of hath been there long and
then must of all humours of necessity be purged out either by a vomit, or
else a purgation is a most medicine for it, and if that it happen to be a
fluxion, it must be helped to such a medicine as attracts or pulls forth the
But if of Cholera be abounding you must of necessity be used such a
medicine as will purge Cholera, and likewise for melancholia and
purgation must be used to expell the humour thereof; But if it be
Inflammation of the Stomach be caused by a distillation and humors
that fall out of the head into it: then is the cure to be sought in
the head, and not in the Stomach. Likewise if the distemper
of the Liver or Spleen, do weaken the Stomach, then the cure must con-
sist only in the healing of those members and not of the min-
istering any thing for the Stomach at all.

Therefore let no man thinke it sufficient for a physician if yet he do
know of a man that hath such a disorder as the ague, the colic
like the flux or some of such by the way that then he may prescribe
(if he be well full) minister a most medicine for it. No, not so but he
must first search out by all means possible he may, the cause

3
Uris can do it self of the disease, yet which many ignorant people
do perswade themselves, that all skillfull physicians may do that
disease by the sight of the urine only, but alas they are all together de-
ceiv'd, and as for to come to the knowledge of the Cause of some of the
disease of the body, the urine profiteth nothing at all, for in most in-
ferior diseases of the body, there ought alwayes a regard to be taken
of the disposition and state of the frame of him if it sick as above
said the head of the urine it self.

Also the Egestions of sweat, spittle, and of excrementes are not to be
gathered, but much yet at some times they do declare the cause of the
disease, and the state of it, yet the urine doth not shew anything at all.
By humors, for example in a pleurisy, or an inflammation of the Lungs,
or in a Symplicia, or such like, it is much more to be knowne
by spittle than it is by urine, nor in a bloody flux, or in a Colick
or Jaundie, it is more certainlie of judgement to be given by Egestion
or excretion than there is by urine, yet likewise, these are not altogether
addicted to of our fantasies may easilie by good reasons be perswaded
to credit, for urine is nothing else, but onlie the watrous and watrous
part of the blood, for it is separated from the blood in the Liver, and
is filtered from thence into the reins, from whence it distilleth down
into the Bladder, and so passeth forth, seeing therefore
urine is yet excrementes yet is separated from the blood it is
good cause why it should shew the state of the Liver and also

Also of the blood in the parts of the body, and it can be conveyed
to declare the full state of all the members, yet it passeth by as of the
Rains the Bladder and such byes.
But certainly in any disease it be out of the veins and so distant
from the places by which the urine passeth, it is no certain judgment
to be given by the Urine unless you whom any of the diseases have
infected either the blood, or the Liver after a manner, yet as for the
Lungs, such is the Ignorance of many people, for if they think him
worthy of no estimation in the knowledge of Physick it cannot
at the first sight of Urine (although it hath been carried
20 miles) tell whether it be water of a man or woman and how
it would give both the patient better of himself, and whether he or
she shall live, or of what disease, so as it be of such things as
undoubtedly in diverse diseases, are impossible to be known
by the only sight and Inspections of the Urine.

Therefore it is very necessary and fitt for all the world will take
upon them to minister Physick (most due and rightfully amongst
all things) to observe well these 4 rules following (VIZ.)
1. To see the sick persons, and to confer with him or her (yet so as
it be) for if it be not can so well declare and give (yet so as
as he himself can if it be troubled, or given yet. 2. To know the
fool all the qualities of the sick persons. and to observe well the
state of ym. 3. To view well diligently all the ornaments
not-

4
Not only the urine, but also the spittle, sweat and ordure
4; and last of all, to have respect to the place of the grief is
and to consider well all the accidents of death arise of, not omit-
ting to know the former doct and course of life, with the sub-
poisons hath used. These things then being diligently & soberly
noted, the physicians may more easily learn the choicest
cause of the disease, the strength of it, and to attend it will come
into, by seeing the urine out, and also by of means he may min-
ister a most medicine for it, yet the subpoisons may soon find
ease and be purged into himself overruling great harm.
Thus have I partly declared, of things ought to be known of every
physician, of those by his might to draw, and take away the fond
and foolish opinions, of a great number of people do depend to
be true, it is the sight of the urine is sufficient enough for a com-
ing physician perfectly to know the disease of the sub, and the true
cause thereof, and to minister apt medicine for it, and now I was
to speak and more here of it, but I will as briefly as I may out-
set I caught of the use, and benefits of death arise and be blood
letting and purging and I would wish all those of doct and
the same to be careful of.

The use of blood letting and of the
Commodities thereof. first

First to be noted if the body of a man do abound at humors, yet the
road is to oppress nature, yet whether this be ane sickness or no
God is present, by means of ym, or if there be danger of sickness
these humors must be evacuated out of the body either by blood
letting, purging, vomit, sweating, Baths, or else by some
kind of evacuation, but I will speak here only of evacuation
by blood letting.

Now to discourse things to be considered of, before blood letting as y^e
age of the patient, the Complexion, the time of the year, the region of
the patient, the strength and complexion of the disease.

1/ The age must be considered of because children in 14 years of age,
and aged persons may not lose blood unless great necessity requires.

2/ The Complexion is to be noted, because a hot Complexion
hath large veins, and aboundeth at much blood, and they may give
forwards a good quantity of blood but cold Complexions have
narrow veins, and little blood, and y^e for evacuation must be small.

3/ The time of the year must be noted as well marked if the weather
be not too hot nor too cold, and therefore the spring time is the most
apt time for blood letting because y^e it is temperate.

4/ The region, and Countrey is to be observed of, because it is to be noted
if the region be very hot, or else very cold, it is not good to let blood
but a temperate region is most meet at all for it.

Customs

5
 All Customs is not to be neglected, for if by woe may know yt they yt
 have been accustomed to blood, may better suffer blood letting y^e will be
 that woe w^{ch} better blood att any tyme before.

The thought of the prison must be avoided, for if you be great
weakness in it is a great danger to let blood at all in case of great
cough or dyspnoea.

Also the whom one of the disease is worth to be marked for
if it be a whom out disease you your must let blood forthat, if the for
more Circumstances will permit it.

These things being considered, if they will permitt blood letting
if it be in a good full Canker you shall be wiser & easier to know
what measure the moon is in, for you must take heed y^t the blood
in y^t Signs y^t governeth y^t member you intend to open the veins,
and also to know y^t the be in such a Sign as y^e give to Lett blood in,
For the uses and Commodities of blood letting and y^e these diseases
that are here expressed

First this a general rule of blood letting is a being good remedy for all diseases that be induced one of abundance flowing of ruptures of blood as to check the fevers called Dysentery.

Also ye pleurisy, Spiritus, plūritis purpuræ, opthalmia,
and agd all Inflammations and Impostumations engendred of
blood in the Liver, the Spleen, ye reins, ye wound, the Thaw the
arms, hols, ye Leggs, and to conclude in all in can and outwound
parts ye sover the Inflammations be, blood letting is good point
whether

Whether it be now present, or yet to be and danger it will shortly ^{be} ^{come}
I also blood letting is good in fevers, whether they be continuall or ^{intermittent}
for mittent, in so much of the obstructions and stoppings of the veins,
be caused of immoderate expletions of the humors, not also of
blood letting doth empty and evacuate from ye body all humors
as well ye good as the bad; And therefore it is cho fullie to be used ye
there is too great abundance of blood in ye body and ye humors,
ye do strain the veins, or the braine out of some flux of blood
or of chaulking, and to extinguish naturall heat, and ye for in such
cases you must lett blood & all speed, although the sickness be not
alredie present.

For by Letting of blood in due season, the superfluous fluxions of ye
veins is brought into a better mean state againe, and the paine
that come of the fluxions, and the chinking of the vessels, be eased; and
the heat which was felt in the body is cooled away, and
the body is lightened, and made more quick, and nimble to do as naturall
actions as naturall hath ordained that it should do, also it causeth
the naturall heat to have a larger scope, and a free passage, by opening
and emptying of straight passages, and passages of the veins and ar
teries last of all, if it be done in time, it preventeth the disease and
sundry diseases, into ye the body was both apt and ready to
have fallen.

Many more Commodities might here be rehearsed as
concerning

Concerning blood Letting, y^e is done y^e necessities requireth, &
as it ought to be done but to Conclude (commending all by) just this
for a generall rule, y^e blood Letting is best good age & all sorts of
Disorders, y^e be can be and engender of blood, and not onely y^e
the disorders are good, but also it is good Letting of blood, to prevent
any such disorders, if they be farre off, or farre, always regarding
that y^e be none of these things in y^e effect, y^e do prohibit, and
forbid blood Letting, except it be in great necessity, and extremity,
for y^e is the Common proverb is. Ne cessitas non habet Legem.
It is necessity hath no Law; I have would I like to offer y^e of
blood Letting, but y^e there cometh in my mind, y^e Common opin-
ion of the Common people, y^e do contain to be, y^e if a man
y^e order to let blood of one year, that he must by by way of be
let blood of above years againe, or else he is in danger (cannot tell)
how great danger, y^e for opinions of these (whome I do not
it I springs at the first) is no more like to be true, y^e I should
say, when a man hath a great wound by chance in any part
of his body, y^e by to loose much blood, and y^e after he is healed
he must have the by wound againe y^e next year, to avoid
as much blood, or else he is in danger of great sickness or
offe death: y^e opinion, if I my self did aske it to be
true

True (although it be most false) yet I might use the Lyke as one
and authority to defend it, yet yt Common people doo for this, for
they can say nothing, if they be asked why they doo thinke so, but yt
they have heard many say so; Therefore wold wish yt no man
shold use it any longer this fond, and foolish opinion being most
false, indest he shold shew good reasons for it yet I am verie well
assured off no man can doo.

Many thinke I thinke, yt lyke as blood letting is not good agd all diseases,
So also it is not good in all persons, but onlie in those yt will be con-
tent to use after w^{an} a moderat, and convenient doye. Therefore
yt doo abound in blood, and will be lett blood to preserve ym from
the danger off any disease, yet is lyke shortlie to ensue and
molest ym; they most for a long tyme after use a moderat and
Convenient doye. For those yt be intemperate, and gluttonous
in meate, or are great drinckards, or vint bibbers, they doo
not onlie receive no Commoditie at all by blood letting, but
also often tyme they catch more hurt by it, for in three or four
dayes space after, they fill, and stuf ym selves wth morous
Humes, and humours (by means off unmoderate doye) ym
they have before, and oftentimes they throwe Convulsions and
therefor not, yt yt is true for, and vertue in an moderate doye
to

To such and declining Diseases, it is not the due observation of it,
blood letting is of no purpose at all; and yet for if the Common say-
ing of the people be true in any body, yet they must of necessity be-
let blood often, it is wished, but in such as these an Induration of
pudor after blood letting. And therefore I do advise all men to be
wary of in eating and drinking after blood letting. Not also,
if after blood letting none ought to wash, nor fast, or to amuse, or
to remain where he went over us, but let him be quiet and rest himself
untill such time as his Spirit shall be well refreshed, and
quieted again, Not also, if no person being let blood, ought to
sleep immediately after blood letting, but let him keep himself
both quiet and waking, and aboying all contentions, and desires
of body, and mind, and about two hours after letting of blood
it may a little food be taken, but let it be such as will make
good use, and nourish again, and at in four or five hours
after blood letting, or some yet afore the patient may be permitted
to sleep, so if it be provided for, and taken heed of, yet do
not turn him self upon that arme, or the vein was opened, and
do let the blood flow out again, and let him afterwards use
a sparing diet, daylie increasing by little, and little, untill such
a time as he be come to his accustomed, and ordinary diet again
and

And not also, if the morning is the most meet time of all for
blood letting, if the digestion is perfectly finished, and the
superfluous, and excesses of chyle of ym full is about the
out, yet things of use is most to be feared that they be so, and
the last in a time of great extremities; The next yet time to let
blood in, is if the stomach is almost empty, and it is about six or
eight hours after meat, this must be handled off as concerning
blood letting, and now I am purposely minded to speak somewhat
of the use and Commodities that come of purging.

The use of purging and the Benefite that oftentimes cometh thereof.

Forasmuch as it is necessary to be understood of all persons,
of the kind of purgations, hath it some vertue and power
in it self of when it is received into a mans body and power
to exercise its vertue of it hath by natural heat labouring
to digest it and both it draw into it all such humours, as it hath
vertue, and power to purge. And therefore purgation is an evacuation
of vicious, and corrupt humours, yet do oftentimes trouble
and molest the body, but not of all corrupt and bad humours

8

Humours alike. For such purging medicine, doth draw into
it self one peculiar, and proper humor (viz) either phlegm, or
Choler, or the melancholy, or watery humours; and therefore
those persons it be perfect in health ought not to take a
purgation since they doo abound to excess humours, if for in
those, the medicine findeth no such superfluous humours
as it hath vertue to draw it consumeth, and washeth ye blood
and the flesh; and for it can't whole whole parts not to be
purged by purgation, but rather confounded, and wasted, for it
is manifest how by ye purgations be dangerous to ym if an in
health, y^e thing is testified also of Hippocrates in the Symplicisms of
his second book where he sayeth after this sort qui corpora bene
habent hos purgare periculosum est, that is to dangerous pur-
ging of those yt be in perfect health. And be cause obvia-
purging medicine hath vertue to draw out peculiar humours, if
good heed and care be taken, if such a medicine be ministered
as hath vertue to draw out humours abounding most of, or less
instead of much good yt of it self would do, if it were content on the
ministered; it may be contrarye y^e doo exceeding great hurt,
and make men inconvincible to the body, and according
to the saying of Hippocrates in the last aphorism in
in

In his first Booke, in this manner, Si qualia oportet purgari
purgantur confort et facile forunt difficultior. This is if such things
be purged as ought to be, it profiteth and may easily be purged
But if it be contrarie wayes it hurteth and may scarcely be done.
Therefore ought diligent care and heed to be taken in the rowing
of purgations: if it be ministered by a skillfull physician, it shall
certainly be found out, if humors it is if aboundeth but as the great
most part of the Common sort of people doe hold out an opin
ion if they may have a medicine for a little money, yet will
provoke ym often tymes of over humors so or it be, and
purge out they persuade ym selves if they are safe enough
how be it I would wish ym hereafter alwayes to have in mynde
This saying of the most excellent physician Hippocrates
in the 33 aphorism of his first Booke. Dojectiones non multae
humoris sunt estimandae, Sed si talia dojectiones in qualia amb
munt: tho is egotions and not to be esteemed for a great
quantity, but if such humors be purged out as ought
to be (that is) such bilious, and Corrupt humors add or
abound, and be superfluous in mans body, then is the body
quicker for a long time after it be doctored as for said. There

There are diverse things chiefly to be considered by storie
of physicians, before such time as he do minister any purgation
to the sick persons as the quantity, and quality of the humor
the strength of him, or her that is sick, the age, the time of
the year, and lastly the time of the year, and the disease.
First the quality of the humor is greatly to be considered, for
if by the way he may perfectly know of kind of humor is to be ob-
scured, and purged out, for it must be only of which would
doth the body to superfluous abundance of. Second as
if the great abundance of flegme do molest and trouble
the body, then he also he must indubitably the ministering
of any medicine ought to have great respect to the strength
of the sick or diseased persons: for if he be very weak &
feeble, yet ought no purgation at all to be ministered unto him
he can in all manner of purgation do both weaken him
and diminish strength. and the stronger the sick person is
the more he is weakened thereby.

From this lett all men yet for the reasons of whom out and strong
purgations, least they putt up Lives in hazard and danger.
Therefore by the age of the patient, the physician is putt to
mind, of children, and old men ought not to receive any purgation

Except marvellous great necessity I do require it.
Rifely the time of the year is not to be neglected, for y^e be
sometime of the year y^e in a purgatione ought not to be
ministered as in summer and especially during the time of the
dog dayes, as yet are most commonlie called, and also during
all the time y^t the Sun is in Leo, for y^e is nature brunt up
and made so weak as all y^t, he is not able to suffer
the force, and violence of a purgatione, but the spring time
is the most meet and profitable time in y^e year, for the taking
of purgatives, he can do it is y^e temperat. Last of all the phis-
ition ought diligently to be hold, and contemplet the disease,
that he knowing certaintie of kind of disease, it be, he may the
better find out of y^t humor it is caused. as for example, if
the phisition do perceive the disease, to be certain for
the right way, he knoweth y^t it is caused of great abun-
dance of Choler, and therefore he must of necessity minister
a most meane to purge Choler to all, and so likewise
in all y^t disease, not likewise, y^t if this be none of the
impediments abovesaid, a purgation is good to be min-
istered to all such as have abundance of obilitie or

10
A Corrupt Humour in the body, for it draweth out all those
humours that doe molest the body, and thereby doe restore
it to its owne estate again. But if a purgation be ministered
to one of whom it not, or at an convenient time, or if it
be such a medicine as draweth out the humour, yett
abundantly, for if the medicine be vehement, and beie a
strong; It will shortly putt the patient in great danger
of his life; These things if for ought be well labored
of by all men, lest they catch great hurt, yett they hope for most
profite; but if a purgation be discretely used to him
that hath need of it in due time, and by an apt and most medicine
that is of y^e force and ability to drive out the abounding
humours in sufficient quantity, yett with the medicine purchas
most singular and great Commodities unto y^e body, for it
enricheth, and emptieth out all the chiefest Causes of the
diseases, and sicknesses either present or else come being
engendered of and superfluous, or Corrupt humours as
are commonly fevers, quartans, quotidian or fluxes.
and

And are caused of rare humours Choleric diseases, Gout, &
Jaundis, Litargies and others of not also, if before purgation
be ministered ye ought a medicine to be taken, yet the best for
pale the body ~~for a man~~ and make it apt to purge, and therefore
it is called a preparative, it is given for two causes either to
draw out & extenuate y^e gross and clammie humours if they may
be made to flow out y^e the medicine draweth y^e, or else it is given
to open and untie the conduits and vessels of the body by y^e purgation
must draw y^e superfluous humours to it; And this
is y^e y^e Hippocrates with Celsus in the first aphorism of
his second book, y^e he sayeth. Corpora cum quibus purgare
voluit oportet fluxu facere, y^e is y^e and man will purge the
body, he must make it flowing by opening, and in opening the vessel.
The most meet time of all to write a purgation is in
the morning, for y^e are all the digestions for food be finished
then, and the stomach is to out most, There is also great heed to be
taken in y^e signs the moon in before such time as any purgation
be ministered, for some signs are better good, for it and oft
some are still, therefore I would wish all such as do

do take upon you the ministering of anie p^{er}sonatione, to have
great regard before they doe minister it to the sick person
the time and place given, and also to make w^ool all such
things as are before rehearsed, lest if they doe more hurt
ye in one day to y^e sick person, y^e they are able to doe
him good in a whole yeare, and yet they may doe it of
more simplicity, not knowing y^e selfe what they have
done, neither are they able to cure the same wound
which they themselves have made.

which they themselves have made.
A purgation must be taken hot, for so it offendeth the
Stomach least, and it will work the sooner, and better,
also those, if are apt to vomit and are not able to endure
the smell of the purgation, lett them stopp up their nozeths,
or els lett ym smell to some odourfull thing yn they
are about to take it, and as soon as it is taken, it is good for
the patient to smell to a Toast of brown bread dipped in
Vinegar and to apply warm cloaths to y^e Stomach and
to wash the mouth with y^e after that it is taken wth some
odourfull wine, or els to show some sweat, and p^{re}sced
any thing to take away the bitter tast, or smell of

Part or Smell of the medicine, and also by this means vomiting
shall be ascribed, Not also, if for the space of an hour after
patient still, and be quiet and (in any case) let him
abstain from sleep four or five hours after, by the then
of the medicine may the better pass into all the parts of
his body, but if the purgation doo worke but little, let
him walke up, and downe, for an hour after, if he
can, and when it worke further let there be great care of
sleep taken (as aforesaid) for thereby the operations of the medi-
cine would be soon stopped, and the patient brought into great
danger. Likewise, in the time of purging, immoderate heat
and cold are to be eschewed: and therefore great fire is most
evill, in so much as the cold, and open air are both hurt-
full: for the body must be kept in a temperate heat. Nor
over after the purgation hath done working the pa-
tient must be nourished to a mean quantity, of warme
broth, of sweet good Juices and be easilie digested, and

The afternoon by Little and Little, volu^{re} to his accustomed
doyt again. Thus have I (as briefly as I could) how op-
posed, and declared the Commodities, and discommodities,
of doo crise, and grow as well by the ministering of such
most Medicines as are necessarie to be used, both for the
coloring and preservation of mans bodie's health: as
also for the Commodities, and discommodities of such
Lords Letting and pining, (being all so well and right
Ministered and used) and contrary ways of the great
danger and hurt it doth com^e thereof, if it be used
they be misused; and therefore I would wish all men as
they be or both in health, and dy^e (to be ware of those
Ignorant, and unskillfull persons who most commonly
used to open but one Syne of wine for all manner of dis-
eases, and do also use but one Syne of purgation for all
humors, and regarding, now considering to y^e patient
thing at all, either of the strength or age of the patient
The by me of the year, or the first originale Cause

Causes of the coming of the disease, of fester disease it be, or of
and other circumstances in this heathen world for the most part. But
Let you be advised to and manner of disease, always sick for
the comfort and help of such as are taken to be both before
and after the coming of the disease, and Chirurgie, and are also circum-
spect as it is most needfull they should be in all of providings
unto art, and also for the most part, will die, and a right
Consider, before the Minister and Medicine to goe such persons
what word the Lord, and is most need to be ministered unto him
for his disease. And also Let the physician set it in the ministering
of Colours, Electuaries, and Pills there ought to be greater obser-
vations to be had, yet there ought to be Cysters or Suppositories
for as much as they doo enter so farther then into the Gutts of
the aduersary, and by it place onlie, bringeth forth the matter
of the disease but the other entering into that way which be-
meats and drinckes doe come into the Stomack, and there is boyled and sent
into the place of digestion And after wards mixt wth the Juice, whereof the
substance of the body is made: and expelling the aduersary hum-
ours. Yet some great part of it is in the body, wherefore people
ought to take heed and be carefull what Medicine they

They do as we do it in you there be no immorality, malice, or Cor-
 ruptions: But for the suppling of a Superfluous humor, yet
 perhaps some good yet, or some good, and who else can both
 made of good herbs, or yet the obstructions to Suppositions or
 Glisters, might bring forth all basins: rather yet by opening
 of too chaste comedies, they resisted in Medicine at which shall
 anger or any wounded humor and inevitable diseases in
 all the whole body: and therefore it is a most happy thing for
 those yet are sick and diseased yet can find out a skillfull and
 discreet and learned physician, and especially such an one
 as both his medicines and Drugs are allways perfect, and
 good, and not any manner of way corrupted. Moreover it is
 chiefly to be regarded in all sorts of people, if all bodies are
 not hot and moist may easilie sustain purgations by stool
 All such persons as be lean, and thinne having those members
 tender may take great harm by purging. Those yet are
 Cholericke, and those yet are to eat Little purging is wise
 still for you also for young Children, and aged persons,
 it is wise dangerous for them to loose up bodies more

More y^e great necessity requirth, Lyke wayes for those y^e are
accustomed to purge, it is wise noisome, and hurtfull unto y^e, but
for those y^e have in y^e end of y^e y^e, they are wither purgation
not comit. Not also after any purgation both wrought to full
perfection. There is this thing and I am sleeping to be good signs
and taken y^e the body is sufficiently purged; Lyke wayes by daylie
taking of medicine, and by daylie purging nature is greatly com-
rupted. When you will purge any thing first be sure to make
the matter of clearing all soluble; a medicine to purge ought
not to be mingled to any manner of meat. But to be taken four
times att the best before meals, or three times after meals &
except certain oare pills made of purgess to cleare and com-
fort the stomack, y^e of right ought to be taken att the beginning
of supper or after supper, or a little before one goes to bed, but let
the patient be sure to make but either a light supper, or els none at
all. And after purgation taken, the patient ought to take good
rest, and not walk or much untill the medicine hath wrought
out and drinke any thing at all in the morning. These
things I have I thought good, to putt the practitioner in remembrance
of because I have both seen and know on many. / y^e 2

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(That you see you sell as artists) to have forgotten to instruct
and direct those patients in right course as they ought to have done
for the good government of themselves, after they had a apprehension
for want, but now I will cease to utter and move off those things
(and according to my simple skill) to speak some of the most good
off all such diseases as are inward to man's body as well
inwardly as outwardly. And also of all such medicines (being
divided, and rightly ministered) as are most most, and convenient
to be used for the cure of the same diseases of which it be.

Diverse, and sundry Approved Medicines hereafter
Expressed for most sort of diseases remaining in mans
Body: and first of all for Aches

Chap: 1
A notable secret for all incurable Aches or pains in Joynts or other
= whatsoever.

Take the whole horn of a Buck that was cast off (the better it be
the better it is) and put away the stalk and take no parte thereof
saveing the very horn it selfe, then cut the same into great peeces
or peices and seeth them in a Gallon of fair water and let it seeth
untill it be consumed to a pint or little more: then take forth
the peices of the horns and let the Liquor stand untill it be cold
and then it will be like a gelly reserve that, and when you have occasion
to use it take some of it and put it into a Saucer or some other for

Carbonised thing, and warm it, and then anoint the place grieved
thorow to before a fire, both morning, and evening, and till it looks
in, by the heat of the fire, and it will heal you quick through his
to me or is dissolving by Gods help this hath been tried and often
approved

Chap: 2.

Any excellent good medicine for any manner of ach or Thaine
take aquabite, Rooty foot ally, ore Gall, and cyll of Camamel, of
each of ym a pynt, and a handfull of Camamel it self, and boyl
them all togeyr, and steeve the same wofel untill it be boyled, and
continued to a pint: then strain it, and you will use it anoint
the place grieved if it be and this will always the pain remove
at the first salve. Chap: 3.

A most excellent good medicine for an ach; take a quart of the purest
Malmsey, if may be gotten, or if you great onions sliced, and pilled you take
a great quantity, grosse beaten paper and lett ym all sooth togeyr untill
the onions are become so tender if they may be strained and ym strain
them through a fine cloth, you take a cloth, and wofel it in the same
Liquor strained, and lay it to ym place grieved, and in two, or three
tyms dressing, it will thus hath been proved by. E. C.

Chap: 4.

Any of experience medicine for an ach take a good quantity
of

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of Lurbe grass, and putt thereto a good quantity of barrow grass
and stamp togther, and drill ym togther, and when it is well boiled, ym strain
forth ym Liqueur into some gellie pot, and ym stop it close up and keep
it, and ym use have occasions to use it anoint the place girded, often
thorow before a good fire, and this will cure the ache in a very short
time this hath been proved Chap. 5.

And also for the same. Take a pint or some of more of good malmsey,
a quart of Capous grass, and a penny worth of white Inward
finely beaten to powder and sifted twice fine shall all these togther
untill the white half of the same stuff be consumed alway and ym
take it, and strain it, and so keep it close in some pot or of thing
as afore, and ym as occasions requireth for anoint use of ym Lette
y' have girded be often time anointed of it and it helpeth the paine.
And approved medicine for ache and swelling. Chap. 6.

Take mostt tyne Labond or cotton Linettie Straw berries, of each aff
ym an hand full, and cutt and beat ym in a mortar, and ym yoke
that so done ym take 10, or 12, young Swallowes out of an nest being
ripe and beat them in the mortar (feathers quills and all the
herbs) untill ym cannot see the Lette unaltered, and mingle
ym togther, and lett ym sooth, and strain ym into a gellie pot, or
also into some earthen vessel and so use it twice a day in a

In anointing y^e place of the griefe, and in fife or six dayes it will
be whole. This hath been often proved. Chap: 7.

Two dayes of the time
Take Ligo and Lye of heapes called hearbe groase of each of
them an ounce, and halfe an ounce of Lay, Leaves beat yn together
In a mortor: then take three pound of Shrop: Lowat and cut it
wies In all, and putt to y^e herbs, yn putt it into y^e mortor. and beat
It so the herbs untill the shreds cannot be perceived: yn take it
out, and putt thro a pottle of Sallet oyle, and so wring y^e alleg^r
to your handes untill such time as they be soie wool steeped in the oyle,
then loope it close in an earthen pott for y^e space of 8, or 10 dayes together
then sooth it into a brass pott in a clef fire, untill y^e strength of the
herbs be gone, to try it take a Spoonfull of it, and putt it into a linen
cloth, and so straine it, and if there be any Juice left in it, yn it is
not beill or to full proportion, but if y^e fire was yn, yn it is well
boyled: and thus you may prove all your ayntments made to herbs
then strain it, and anoynt wth the place grieved often y^e to this helth
been sufficientlie proved. Chap: 8.

A p^reservat^r remidie for an old cut.

Take strong aquaviva and two Spoonfulls of the water of ursemart
and anoynt the place of the cut the third day or two ther^e bind and
It will speedilie heall it. E ~ ~ ~

Chap. 9.

And on wall out plaister to be made, and used for any manner of ache -
be it in any part or joints of the body.

Take a good quantity of pigens dung, and a good quantity of eggs
of thong also, and a good quantity of Camomile and the pigens
dung, and stamp y^e well together, and y^e you have so done
put the dreggs y^e in, and y^e boill y^e well together for a good
space, but all the time y^e the same is upon the fire to be done
be still stirring the same, to some stop or off thing for
fear of burning of it, and y^e it is well boill take some of
the same, and spread it upon a fine Linen cloth y^e it is done,
and lay it to the place grieved as hot as it may be suffered, and
be covered above wth some wine cloth or other thing to keep it in
the heat, and this by gods grace will help you probatum est.

Chap. 10.

Another for the same.

Take Aqua Composita, and the oyl of wate y^e foot beke warm
and anoint the patient upon the place grieved laying warm
cloathes thereon, and it will help for this health wth out question.

Chap. 11.

A medicine for an ache or shivering of some kind.

Take the seedings of rosemaire, and Marshmallons

of each of you as soon as possible as you can give, and gather your
herbs when they be dry, take them in a greater horn small, you
take may butter and clarifie, and putt it to the herbs, and mingle
it in a beshell, and you lett it stand for the space of four dayes, you
lett it over the fire, and lett it sooth till all the strength of the herbs
be gone, you take a little of it in a spoon, and lett it drop upon your nail
and if it be green as the omelette it is perfect, and you putt it into a
couthen pott, and you you will use it you most want it.

Chap. 12.
A perfect remedie for an aith *Liatica* Take you of Hoate, Lett
and aqua composita, and mingle you both together, and do the same
untill the place be cured: you take wool that is now lying
from the sheeps backs, and lay it there upon, and lett him wear
it untill he warme cloeths and this will help him.

Chap. 13.
A perfect remedie for all manner of aiths, and ^{bono} hinders in you
Take a quantitie of wallwort, and a certaine quantitie of ^{bono} butter
and smeltage, and stamp you all together then take a pound of may
butter, and temper you above together then make you into a round of all
and lett you lay for the space of eight dayes after, and then
stamp you againe as you did before then lett it dry, and
and affaine it, and putt it into a couthen pott and this will help the aith to be
it will be blacke and cold.

Chap. 14.

And sweating your bath for one if troubled in any manner of ache.
Either in Legges arms or any member, take the quantitie of a pike
of hand dung a grots worth of Juniper fruite Thebaine small
peices or clayes, and two pound weight of rough alum, and a good
quintie bottle of new oat strawfinle chopt then brill all these in
the quantitie of 20 Gallons, and some of mease of faine running water
then, and lett all these brill together untill the one half of the same be
basted away. then straine it into some deep belling tub, or any convenient
vessel for such a purpose, and lett the patient sitt in and
bath himselfe with wood, and lett him be all covered
either with Linnen or blanket during all the time of the sitting
there for fear of taking cold, and then lett him bath himselfe as afore
said three or four dayes together once a day, and this will expell
the itche quite out of his bones so it worke so when it is properly

Chap. 15.

And approved medicine for the itche or swelling.
Take flowers of Camomile 1000 Leibes of white of ym a like quan-
tity, and sooth ym in a hyposome, and make a plaster thereof
and let it be laid as hot as it may be suffered to the place grieved
and this will both ease the paine, and purge the swelling
D. Bartlett

Chap. 16.

An oint of the same.

Take a good quantitie of oil of bay, and anisebites, and mingle ym
both togth and Lott the patient anoint the place yth is greiv'd & it shal follow him.

Chap. 17.

A Sovereign Medicin for the ^{act} ~~greiv'd~~ or, or ~~greiv'd~~
Take raising of the sun, and figgs, of each of them a like quantitie and
half as much musters seed and beat them very small yⁿ take it and grind
it in a Mustard Querne, wth the best wine Vinegar that may be had
then take it and spread it upon a Lambs skine and lay it to the place
greiv'd and this will help yⁿ probaty D.

Chap. 18.

A precious ointment or Oyle for all manner of Aches or Swellings
in the arms knees legs or feet being taken wth cold.
Take a Gallon of Sallet Oyle, & sage, Levender, Suthernwood wormwood
and Camomyle, each of them quantitie then cutt the herbs very small and
put them into the oyle, and stir it well together and lett ym stand in
Bason of Latten or else some oyr-like thing for the space of ane
full month (but you must be sure to put as many herbs into the Oyle
as will make it very thick) and so let it stand untill the herbs be
rotten then make a fyre of coals, and set the bason thereon and
so let it boyl for the space of 3 hours or some t^m more then take it from
the fyre, and lett it coole some t^m and when you see that it is mild warm,
or some what better, then take a bag made of strong Canvas or at a shain
and all the Substances as cleane as you may and yⁿ putt it into a glass
or Gallie pott, or oyle into some earthen vessel, and lett it

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boile close, and it will continue its vertue boile long this is good for
aie wounds, or bruiſes, and also for the shrinking of aie sinews
and all manner of sores for it hath been much approved.

Chap. 19.

And excellent good and approved eyntment for all manner of aches
agues, bruiſes, Gittes, Lamenes, Lamenes, Stiches, or hardnesse
of the spleen, and for all manner of hardnesse of ye spleen or pain in ye
bowe, and oenes.

Take Sage and Rue of each of ye an ponne wormwood, and
Bay Leaves of each of ye half an ponne of Shrop Shered
clean picked from the steme the quantity of 3 ponne and
better of cyllolite, and chop ye herbs wiew small, and ye
stew the Shrope wiew fine, and putt ye all togyr, and ye stamp
the herbs and the Shrope untill such time as ye Shrope can
not be perceived, ye take it forth and put it into a fass pan
and putt the cyll therein, and cover it close and so lett it stand
for the space of 20 dayes: then take it forth, and breake it to
your hand into a brase pan, and sett it upon an soft fire, and yee
mogh do all wayes stirring of it in esse. such being as the herbs
be crabbling then take it of and strain it through a

A Canas cleath, into an earthen pott, and so keep it for the use
whom it behov, when you shall lay any of this same upon
the place grieved, you must take wood of growth whereon the
Loge, or one of the longest of the wood, and lett it cand in bread & flay
and latten upon a Linen cleath, and so keep it always to it.

Chap. 20.

An approved medicine for an ache in any of the humbles bones
arms, shoulders gett comell by taking of this
Take a little of faire running water and lett it boill & good and it be
ye in (gett pottages are usuallie eaten in) and lett ye boill for a
good space over the fire, ye take one of the Dishes, and is a Linen
cleath wrapp up the water, gett it lett to in, and upon ye side of it, ye
take the same Dish, and wholne it upon the Joynt in and on plaine gibbes,
as hot as possible it may be suffered, and so keep it upon untill it be
to col, ye take anoy of the same Dish, and doe as aforesaid and then
third, or fourth, and lett the patient gride in this for a continuance
space both morning and evening, and this is out all doubt will helpe
him, for this hath helpe manie if ye Limbs were shrunk up but
ye, lett the patient gride must applye hot wooden cleath, or of
some Lambes Skins, or the Skins of an hare, or an Ory, to keep
in the heat, ye to take away the Dish from it.

Chap. 21. A good medicine for a

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A good medicine for an ache.

Take yew-herb, and wormwood of each of ym an hand full and distill them in a quart of ale to the butter and wash the place round at y^e ache, and also bind the herbs to y^e place as hott as may be suffered.

Chap. 22. Another good medicine for an ache.

Take Low thistle, Chickweed, Red or Leibes green yell, and cleavers of each a handfull dry all these together, when herbylles y^e Lay this herbs to y^e place of y^e grief is: but lett the herbs be washed be fore they be dryed and this helpeth.

Chap. 24.

A wrie good medicine for all manner of aching Lores.

Take the Juice of Smolago, of Lorrell, baytree and Lobes of each of them a like quantitie: y^e take honie, and the white of a new laid egge, of either of ym alike quantitie also, and mixe to all this together like they thicken, and lett come over no fire, but all run and cold lay it on the place grieved. Chap. 31.

A wrie good remedie for an ague.

Take y^e yallow of an egge and putt y^e to a good quantity of grosse beaten pepper, and two spoonfulls of acquirilla, and drinke thereof and after you have taken this drinke waitt for the space of an hour, and for y^e next y^e drinke as much as possible you may.

Chap 32. A wrie good medicine for an ague

Take a handfull of hart's horne if growth in the field

Take, and a hand full of bay salt, and beat ym both togge in a mortar
and lay this to your wristes and this will help you.

An exceeding good medicine for a quotidian Ague. Chap 35.

Take three pintes of ale, lay Salts and red Sages, of each of ym a
good hand full, fine Longar, 3 unces and a spoonfull of pepper both
all these togge in y^e ale from y^e quantity afore said till it comes to one pint
ye take it, and strain it through a fine cloth and lett the patient drinke
a fine draught of it as hot as he may abide to drinke it a little before
his fit cometh, and y^e lett him wash a good while after it.

Chap 41. An excellent medicine for an ague.
Take Linns roots and red wattle crops and sooth ym in Ale
ale and clarifie it, and give y^e sick y^e ale to drinke about fower times
as the cold fit beginneth to come, and after the heat is past, give y^e
Goose to beginneth to shew, give him posol ale to drinke untill
marrigold, and fennel, but use y^e posol ale to wash untill
this medicine, for it will take away the ague it in hours fits dysenterg.

Chap 44.
An opposit vomie for an ague.

Take two unces of Lay salt two unces of frankincense and a hand
full of Smalldge, beat ym all togge and lay ym to y^e wrists of both
your hands and to y^e bones of your arms lett this be done two times
before the fit shall come ym beddunt

Chap 45 An oyle of the Same.
Take two or three Ounces of hartshorn, and brins on it a pottle
mouth off aquavite half a pint of ale, and sooth ym all together
and drinke it as hott as you may a little before the fitt cometh.

Chap. 46. An oyle for the Same.

Take Lod, yokes of eggs, bay, salt, and paper, and mingle
ym together, and lay it to y^e waste of y^e patient so this twice
a day for the space three or four dayes, and it will take
away the Ague for this hath been often proved.

Chap 47. An oyle for the Same.

Take an Handfull of Charbrise Leibes and an
handfull of violat Leibes & handfull of birdseyes and
handfull of Sorrel Leibes and so Stamp ym and drinke
ym in pessel ale as hot as you may suffer it y^e your felid
upon you this hath been trulie proved to help

Chap 51 An oyle for the Same.

Take Southwold and Smallage of either of ym to y^e
handfull of a quantitie Stamp ym both together in a
mortar untill such time as they are beaten vntill small

Small, and straine you take halfe as much as the Juice of the
same is of small ale, and mingle you together, and you lett the pati-
ent drinke the same warme a little before sunne time as this fift
day come (That isto say) when he perceiveth aine
grinding upon him this must he use three or four several
times att Last. And lett the patient go to bed, and have as many
cloathes laid upon him as he is able to suffer and so lett him be
continually kept untill his fift be overpast and this in three or
four times doing, he shall be holpen this hath been arespected.

It is good drinke to be used for any manner of Ague.

Take a quart of ale if it is not too strong and boile it in a good
quantity of Cuttise, and lett the patient drinke it warme.

Chap. 52.

And excellent medicine for an ague, or any burning fever.
Take two handfulls of plantaine, and as much of Red Rabar-
(which Rabar is like unto two plantaine Leaves, untill it is longer
longer and it groweth upon the high wayes as the eye doth)
and a little of running water (but it must be taken up as by
the same) and two pence worth of Licquorish fine

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Scraped, and boild you altogether untill the Lignor become to y^e
quantity of a point, you take it and strain it you putt into it
as much longer canies as you thinke fitt to sweeten it wth all, and
then strain it, and so give of the same Lignor to y^e patient to
drinke oft all times but he must refuse all other drinke at noon
as he can and this helpe th^e at all doubt, this hath helpe
manys yt have been att the point of death and as it hath been
sufficiently proved hee been thought to have past all un^{der}.

Chap: 61.
An excellent rule to be observed in the making of drinke and pottage for
them that are infected wth ane ague.

Sage Bugloss, Burrage, Endew pennell roots, red sage, laticee, prunes
parsley roots, greit raisins, Sorrel and suggarie of each of them alike
quantity and putt these into his pottage & likewise into posset ale and
Almond milke & this is very good. Chap: 62.

Cured & gotten
A very good remedy against corrupt aires wherein the Ague are first engend
Take Century Beetonie and Agrimony, of each of them ane handfull
then take them and stamp them & strain them wth ale, and wth a liquorish
stick bruised, and then boyl it & clarify it very well, and make it pleasant
wth sugar & drinke thare of every morning luke warm three spoonfulls for
the space of 3 or 4 dayes, & it will preserve him from all corrupt
aires and infectiones. Chap: 65.

A Medicine for the cold in a fever. Take Camomyle & wormwood of
each of them alike quantity seeth them in a quart of ale and lett it
seeth untill it be half consumed, then strain it & give to the patient
to drinke first and last, and this helpe th^e for it hath been proved

Chap. 67. An oyle for the Lungs.
Take Liborwort and Stamp it and lett the patient take of ye Juice
therof, and drinke it in Lins pebble also and it will both drive off
the ague, and also cure the Inflammation of the Libor and it is also good
agast all the fevers also the drop of blood is good agast all Inflammati
ons of the Lungs and Breast and also the pleurisy and drought and also
agast the agues and fevers and especially in young Children.

Chap. 68. An oyle for the Lungs.
Take a good quantitie of Small daises, and boile ye in a Little faire
running water, and Strain ye and lett the patient drinke the Juice of
and it will cure both the heat of the Libor and cure him of the ague.

Chap. 69. An oyle for the Lungs.
Take the Juice of Barberries and drinke it in pebble also and it helpeth

Chap. 70.
An oyle with good water for an ague.

Take Linthille and distill it and halfe an houre before the sett
cometh, lett the patient drinke the quantitie of halfe an pint of
off, and this will quickly expell the ague, and take away the drought and
lett him use this three or four times, and it will help him for it hath
holpen many oftentimes and many have been cured in other and full
ing in helping of ye probatum d^o per W. S.

Chap: 74. Another present Remedy for ane ague.
Take a pretty quantity of good wine vinegar & put two new laid eggs therein
and lett them remain there for the space of 24 hours. And then beat them
very small together & then straine the same thorow a clean linnen cloth
and give the patient a good draught thereof a little before his fitt comes
& labe if he be kept very warm in his bed after it and this will help.

Chap: 75: Ane approved Medicen for ane ague.
Take ane herring it is well pickled and split it on the belly side &
warm the same very hot and lay them to both the soles of the feet &
the party greived & this will help him immediately be it either Quot
diane tertian or f. Chap: 76: Another for the same

Take red rose water Venice turpentine and Frankincense of each of
them two peny worth and mingle them well together: then take
a peice of white leather and spread the same plaisterwise thereupon
(that done) lay the same to both the wreists of the party greived
and let the same remain untill it fall off of it selfe this hath helped
many who hath been troubled 2 years therewith having taken the disease
in forraigne Countreys Chap: 82:

A mediden to purge the reins and cleause the back.

Take two parsley roots & femell root and put to it pellitory of
wall and wash them clean and boyl them in positt ale and drinke of
when you goe to bed, as often as you shall think good and every night
doe the like. Chap: 84. Ane excellent good Mediden for the

weakness in the back and also to restore nature.

Take a quart of good seck a top of rose mary Secory peny royall of each
a like quantity Ginger and Nutmeg as much as will burn the wine
then take 2 new laid eggs yolkes and all and temper them well w^t
3 or 4 spoonfuls of red rose water & put thereto a good peice of fyne

fine Sugar you take the Crust & add, and burn it again to eggs, & put it into it
a little more, and it will be in manner of a Custard, you put it into it some salt
oil, and mix it to the Crust & add, and let the patient drink this twice a day
(that is to say) in the morning fasting after dinner, and go to bed and
this will help him in a short space for it hath been well approved.

Chap. 85. A very good medicine to strengthen the back
Take a quart of ale, and three or four full measures and as many dates (the
stones picked out, and the pits also) you take a good hand full of the tops of rose
maries and let all these be boiled to get, untill it be consumed from a quart to
a pint then take the oil of two or three new laid eggs, and take away it is about
the yokes and you put the yokes into the ale, and boil you well to get, and strain you
and so let the patient drink it off, both morning and evening for the space
of five or six dayes to get, and this will strengthen his back very much.

Chap. 93 another of the same.

Take a quart of goats milk, if it may be gotten if not you take a quart
of Cow it is well, and a hand full of oat meal, and a good deal of the
pills of an oxo bark, and strain you to get, and sooth you well, and you
strain through a fine Linen cloth: and let the patient drink it
first and last probably & this is also good against a Consumption.

Chap. 94. A good medicine for your rainy day
Take aquavivie and put it in a Little honey & so fine it be done and
let it be in the aquavivie 4 or 5 dayes to get you strain it, and let the
patient drink it and it will help him or also if you can not get aqua
viva you take good white wine, or shall all anise of that will serve

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Chap: 95: A good medicine for weakness in the back.
Take a pint of Claret wine, and put therein a quantity of fyne sugar & red rose water & ^{bugloss} water of every one of them a good quantity mingle them together & let the patient drink two or three good draughts thereof and a little Diasaturation: This is very comfortable drink to coole the stomack and the reins, and it will strengthen the back wonderful.

Chap: 97
A medicine for the heat in the reins & to avoid blisters in the mouth
Take liver wort, sorrell, Balm, and Cicory of each of them one ounce and seeth them in a quart of whey the same having been well clarified and let the patient drink half a pint thereof every morning. probat d.

Chap: 98.
Remedium presens to stay the running of the reins.
Take a good quantity of oat meal & beat it very smal and put it into a quart of new milk and seeth it and put therein a good quantity of sugar and when it is boyled straine it and give it to the patient to eat. probat d.

Chap: 105: another special good remedy for the running of the reins
Take a little fyne Manchet bread and toast it brown on both sides then take 2 new laid eggs & devide the whites from the yokes as clean as you can & then spread the yolks upon the bread and put thereon two penny worth of fyne sugar and beaten to powder & let the patient eat this every morning fasting and let him fast one hour or two after eating it and let him use this 6 or 7 dayes together this hath helped him y^t hath been greived there with 7 years before. probat d. per M. James L.

Chap: 106. Another present Remedy for the running of the reins
Take white wine and put y^r in a little hemp seed finely beaten and let it sock 7 or 8 dayes together then strain it and let the patient drink it and it will help him
Belly
chap:

Chap. 111. a very good medicine to cure your pain or griping ^{Doyle}
Take a Ham full of Sauterwood and lay it right against the place (and
the contrary side) where the pain is, and it will either expell it also if it be
due to the nature of urine one that is much grieved it will speedily labour
pains quite away. This hath helped many of both these grieved throats.

Chap. 112. anoynt for the same.
Take two handfulls of white bread, and boil it in vinegar. Then take your hand
and lay it plaster wayes to the sides of the parties grieved as hot as possible it may
be suffered, and this will quickly help him for Colic. Chap. 113
A good medicine for one of these Colics in the belly.

Take a good quantity of the myrtle wine of an odor tree, and steam it well, and
steep it in shall also and steam it through a fine Linen cloth and give it to your patient
grieved often to drink, and in using of it two or three dayes longer it will cure him.

Chap. 114. anoynt for the same.
Take a good quantity of Lamp Oyle and Boil it in his running water, and if it is too
thick strain it through a fine cloth and let the patient drink a fine draught of it when he
goeth to bed and it will make him recover this Colic longed.

Chap. 115. anoynt for the same.
Take an onion and make an hole in it, and fill it with ome and cast it and
lay it to the navel of your patient grieved, and it will help him.

Chap. 116. anoynt for the same.
Take your hand of Sauterwood and crush the berries of the plant of it, and lay
it to the navel of the party grieved and it will loosen the belly quickly.

Chap. 117. anoynt medicine to loosen the belly
Or 4 dayes longer and it will do it. Take a good quantity of the same
Munwort, also it will purge the blood from all fillings.

Chap. 118. anoynt for the same.

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Take a Spoonfull of the Seed of poppie if it is called heame poppie (It is
oth in July, and August) and beat it to powder and drinck it both mor-
ning and evening, and it will both loosen the the Collic, and purge flagnes.
wonderfullie this hath been sufficientlie proved.

Chap. 123. another for the same.

Take the quantitie of a Scruple of the white and inward pithes
off Colocynthis, and crush it small, and putt it into a little hot butt-
er and lett it quiet till it is soft; and it will not onlie loosen the Collic very
much but it will also purge all y^e grosse flagnes Cholerick humours
filthinesse stinking Corruptions of the y^e Liver, if there be
any kind of or corrupt blood in it it will utter it out of it if a
good quantitie of it be taken this hath been much proved.

Bills fallines and uncoms

Chap. 126.

A wise good medicine for any manner of bilious or uncoms.
Take Mallage, Rye, and Sage of each of y^e one hand full
a peaw of Wheaten Leaven, and a good quantitie of the ground of
Strong also and mingle y^e all together and make a pottage of it
and apply it often to the y^elaw grieved, and this will goodly help
him. This hath holpen y^e it was in great jeopardy to have lost a
joynt of it.

Chap. 129 another for the same.

Take a good quantitie of Sweet Leaven and crush it small

Small into Lms earthen beshell and half an pennis dish of
Sweet Butter and 7 or 8 Spoonfulls of rose vinegar (the leaves and
all) and boill ym altogether and shade a plaster of p, and lay it to y^e sore
as hot as it may be suffered, and it will speedily cure it.

Chap 134.

An excellent good and approved Medicine for any falling of hair or any ^{conspicuous}
Take a quart of ale and sett upon a new of ^{conspicuous} ginger into it and y^e make
a plaster of p and lay it to the place quick and it will cure it be
an her good also y^e p^ro: C. p. m. DL.

Chap 135

An oye speciall good Medicine for any manner of toft or felins
Take a pennis worth or two of Mellicatun, and spread it ^{conspicuous}
thick upon a piece of white leather and quick as full of holes as you
it may be, and lay it to y^e sore, and it will heal it this hath been
tried to great: by wayes it will cure any manner of plague or p^ro:
C. p. m. DL.

Another for the same

Take a good quantalid of whyt flour and temper it with water with whyt wine and boyle it untill
it be thick and then spread it upon a linnen cloth or upon a piece of whyt leather
and lay it to y^e sore as hot as it may possibly be suffered and it will open the holes and
draw out the venom or filth and ease the aking and it will also close it up againe and heal it
and for want of whyt wine of a all or beer may be used Moreover this medicine will cure
the pricking of any thorne or needls in any part or else of although y^e hole be new or so
close stopp it up againe

Chap: 170:

And aye exprosed medicon is to stanch the bleeding at the nose
If your nose doo blood unmeasurably then by your little finger wove hard about the lower part and for
the most part Commonly it faill not to stay the same

Chap: 173:

A present remedy for one yf blood be privardly

Take a good quantalaty of the Juice of rose and let the partly ground drinck it and it will cause you
to cast up the blood presently this hath been truly proved

Chap: 176: Blood Spitting

Another for the same

Take bolony minted smaltage and Rind of each of them alike quantalaty and both them altogether
in new miller and let ye partly ground sing it of as hot as possible so may suffer it and it will
speedily help him probalun of

Biting off Venemous beastes, Chap: 177:

And excellent good remedy for the biting or stinging of any manner of serpent as Badder snake

Take and good quantalaty of the leaves of an ash tree and stamp ym wery well and lay them to the
place yf is stung or bit: wrings out the Juice wery well clean furth of them and let the patient
drinck a good quantalaty yf of a lym and it will worke marvellous great effects in him thus comitunly
proved

Chap: 178:

A wery good medicon to cause serpents to forbear stinging or biting Take ye Juice of reddish roots
and anoynt your hands yf wif and so forth or smelt yf of will cause them that they will neither sting
nor bite but they will be ready to dy wif smoling the favour of the root & they will doo no harme yf
you take them up by your hand probalun of

Chap: 180:

A present remedy agaynst the biting of a mad dogge and age ye hage or pain yt followe yopair yt is
Take a good quantalys of the blossoms or flowers of wild thistle dryed in the shadowe and beaten
to powder and give it to the patient to drinke in white wine (the quantalys of one walnut shewfull
at a tyme 3 or 4 tymes to gyfte and he will speedily helpe him pro balum est

Chap: 182:

Take a good quantalys of plantane and beat it with in a mortar and straine it and
drinke the juice yof and it will speedily save you pro balum est

Chap: 183:

Another excellent good medycine for the byling or stinging of any adder serpent or oyr
wonderfull beast

Take a good quantalys of Colley and chop it small and straine it and lympe it with wine
and let the patient greved drinke it 3 or 4 tymes and afterwards laide a Cocke Churken
and laide the hyle warm and lay him upon the place greved and so let him remaine
thor for the space of thre hoore the patient greved saving all the tyme his leg arme
or oyr place stinged bound up about his body and then laide him away and lay to it
a quantalys of the same Cocke Churken to the same place and let it remaine for as long as he
gulle did the brand then laide to same away and apply and oyr of the quantalys to the same place
and in by the first and oyr and so use the continually untill the patient greved be well. But
Take good heed yt you do not touch the place yf he is poysoned with your hand or finger and
when you have layd oyr the gulle or the adder from the place that is greved bury him
in the ground that he should infect oyr man or beast afterwards pro balum est

Chap: 184:

Another excellent good remedy for the biting of a mad dogge Take night shade betony
and wild sage of each of them a handfull and a pint of fair running water and stampe the herbs
and straine them with yf said water & yn put ynto a pennyworth of triacle to geve it to the patient
to drinke 3 or 4 morninge to gyfte fasting and he will speedily helpe him pro balum est

Chap: 185

A Rule to know what things are good and wholesome for the braines & of are not

- | | |
|---|--|
| To wal sage but not owre much at a tyme | To sleepe measurably |
| To smell to Cammayll or Olyffe | To heate but little wth steame of mostes or singes |
| To drinke wine measurably | To eat mustard and pepper |
| To keep the head warme | To smere to Rindrops |
| To wash the hands often | To wash the temple of the head often wth rosewater |
| To walke measurably | |

Things ill for the Braines

- | | |
|---|-----------------------------|
| To sleepe much after meale | Corrupt a yere |
| all manner off Braines | over much walching |
| Glutony | over much cold |
| Drunknes | over much balking |
| Late suppers | Milk |
| Anger | Cholre |
| heavynesse of mynd | Garlick and hyson |
| To stand much over heade | over much knocking or noyse |
| To eat owre much or hastily | To smell to a whyle |
| Over much heat in travellng or labourng | |

Chap: 186:

Stinking Breath

A good medicine to be used for one that hath a pining breath
Take seeds of Coriander and buyles from wrie wood eche in wh^t humm^d or in facts and let it
fairly growed drimb 3 or 4 spoonfulls in the morning and as much in the evening but note this that
yea for taibing in the morning must be cold and eal yea for taibing in the evening must be hot but some
~~times~~ be ward in taibing of a cess of meale or drimb and let ym not be so full up late at night
but yea at earlie in the morning at the time and yea (by Gods grace) will in a short space
hold his infirmity pro balum of

Chap 188

And for the same

Takes a pound of Cummings seed and beat it to powder in a mortar and put it in a bottle of w^h w^h wine
And let it stand till it is one half y^e of it consumed away and then strain it and let it be halved
Drink four times every day at a draught for the space of 14 or 15 days ~~at a draught~~ to give you a set
also use to drink the quantity of a quarter of a pint y^e of at a time and it will give him what desire

Chap: 189:

Diseases of the breast as y^o Fische

A good medicine for the Tisick and sleeping in the breast and for the opening of the pipes
and wound Tards parlay wolle smelt wolle and Litorio wolle of each of them a lb.
quantity and put all to boyle cleane out of foam and for roach for wolle wolle yf yf do
ye can see nor find remede in hym and for food yf in wyl. wine untill they be soft
and if ye can get any Ginger beets boyle ym with yf roch and q^r it is more
steamed it and put yf a litle portew of spaine and let it pail yf drinke it bet
mornng and evening for the space of eight or ten dayes wylgor and I doubtles ye
will gete him this tale hope in any yf could not gete ye to alge at all

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Chap: 190: Another good medecine for the stoping in the breast 27
Take two and forty lb in Exfolle and the for patient dremble and the ym also dremble
with good bread and it will cause him to have great store of graine from the flow in
ram of the back

Chap: 193:
And another medecine for all manner of stopage in the breast of all impostumes
toughs and pluresies

Take a good handfull scabious and let it be well dryed then take annis seede for once
seede dach of hem and ounce p and ounce of Liquoriz clove paired and cal small piz for once
and half and ounce of Erase p put all together in a quart of fair running water or else
in a quart of good whyle wine is for the for the space of anow night p yn boyld to the sam wille
yt one half be consumed p then straine it through a fine linyng cloath and qu it is strained
put in hot a little fyn sugar to make it sweet at the ym patient growed dremble this be first p
Lap for the space of 8 or 9 dayes together and by gods grace this will help him in a short space
this halfe soon sufficient be proved

Chap: 196:
And oyr good medecine to Cure the Cancer in a man's breast
Take yorquico of Scotland and good dringe of dach of hem ally be quibulad yn take potelous of
the wille hartbe and hy melle and flange ym and fly ym altogether in an age this is to be proved
and good and let it be well until such time as it be thick and then make a plaster ym p lar
it to the good place and so let it continue until yow perspire yt it be whyle yn take a good
quantity of pimprnell and grinde it well small to put into a good quantity of English hurny
and make it a plaster ym p apply it to the good place it will heale it in a short space probalun oyl

Chap: 196:
Another aproved medecine to brack up sore in a woman's breast
Take a good handfull of figs and stamp ym in a mortar until it be as fine as powder yn take ym
p lamber ym wille with a little suet ym dach yt is for the p make a plaster ym p lar it w y
woman's breast yt is for the holl at once possible the may abyde the paine the back away for the
siding p the paine p if it be ready to beare it will help it forward to beare further with oyl w

Chap: 198:

A medicine for sucking of a woman's breast after the wayning or death of a child

Take red sage and Cammamel of each of them a good hand full and stamp ym wth a well loggyn and ym boyle ym in a pynell of beere wth wine braggd ym ay to gollen p. boyle wthell from that be consumed ym take a fyn tynnyng cloth double and spread ym upon the tittes wpon it p. lay the same w. the woman's breast yf it be sore as well as she may b. it laid ym tittes or thrys. Usage of it in this sort it will take y. paine quyl away & it will dry up for m. it w. outh any danger or hurt of her breast at all this hath been truly proved

Chap: 199:

A good medicine to increase milk in a woman's breast

Take fennell roots and parsneps roots and let them be boyled in butthe maid of a Chickens & ym let the woman eat of the same roots m. w. with fresh butter qth m. it be ad new maids as possibly it may be gollen and this will cause great milk to increase in any woman's breast probalun. of

Chap: 202: A way for the same

Take Cistell and beat it in fyne powder & mix it wth as much fennell seed & byward beaten in fyne powder and a litle fyne sugar and let y. woman use to drink often y. of wth a litle wyne and the wyne coster her milk againe although it be cleane gone away from her this hath been truly proved

Chap: 202: And oger for y. same

Take some of the brode of whetmge and sodden in and giben to woman yf wanted milk in her breast to drink often and this will increase her milk w. out much

Chap: 206:

A good medicine for any bruise or sore qth it be very sore

Take catmouze grebe and soke ym in Cowsmilke yf it be now & let ym soke wthell for to the top ym put the same unto a pane againe & mixe it wth a good quantalite of shewe tallow & so let it boyle wthell but to the rising of it continually & ym make a plaster y. of & lay it to the sore as well as possibly it may be suffered probalun. of

Chap: 207

At most singulard oyle made of Camamyllor y^e is good for all manner of beuies solent p^r sūding in y^e ologia²⁸ acme
 Take a pynt of pure Sallot oyle or sume what more and beuie a good quantalio of Camamyllor p^r put y^e in y^e in
 put it in a glass & let it be stand in a place at y^e fūre q^r it may be kept for y^e space of 10 or 12 dayes & q^r it
 hath stood so fyve dayes y^e in straine it through a fūne strong cloth & let it be stand in y^e fūre againe y^e al y^e
 end of 40 dayes befor y^e is used. Straine it againe & let it be in y^e fūre y^e third tyme & let it be stand whille it be
 cleane purged from any drigge & y^e in put it in a cleane glass & stop it close whille y^e haue occalun to y^e so
 it and q^r occalun fynde for y^e y^e anoynt y^e place growed tūre or thre y^e aday chasing it befor y^e
 fynde it will heale y^e this oyle is fū to the p^r p^r it will continue for y^e space of 12 y^eares
 mor man pro balum oyl

Chap: 216:

And a prouid medecine for any burning with fyre or Scalding with water or any o^r liquor
 Take hon^e 1000 p^r and hon^e p^r of each of y^e a good hand full & beal y^e in beal y^e in y^e taib a quarter lib
 of boore grease and put be of y^e in logget whille such lyne at y^e end to and oylment y^e in straine
 to land in a box & let y^e p^r anoynt y^e place growed y^e with two or thre y^e lyne away day whille
 it be well againe q^r it be fynd blessing it will be in shor tyme

Chap: 217 And oyle for y^e same

Take iuy^e brand but y^e must be y^e y^e grow in y^e wile to ground & brand of many gold wood b^r brand
 & plantin^e of each of y^e in alyb quantalio and chop y^e in wile small & boyle y^e in beal grease y^e in straine
 y^e in to sume dathen w^r h^r & let y^e place q^r y^e growed to often anoynt y^e with y^e oyle & it will be fūre oyl

Chap: 218: ffor the same

Take a brabe root and stamp it wile in a wooden distl or in a mortar & y^e in straine out y^e fūre
 y^e of cleane & let y^e place y^e is burned or scalded be anoynted therewith & it will be fūre the heat
 bein tūre prouid

Chap 219

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Chap: 221:

Take a beates root and stamp it in a dyke and stamo out all the juce of it & put into it a good quantite
of Cream and the y^eellowe if it be turned or staled to any other y^e will be the well be fets out for
heal & a shadys to panist the fat comtredy prouid

Chap: 222:

A wondrous good remedy for any burning or scalding of the wif hand gun or oyr waz
Take a good quantalite of hoggs dung y^e is of our night's making & a good quantalite of butter unsalted or oyle show
well clarified & fix ym in a firm paine untill y^e butter or fud be almost consumed then put y^e said
dunge into a coarpe linnen towle of 12 cloathes and strain it into a Gallon pot or oyle fimo oyr small
bottlen w^{ch} once y^e take a feather and dip it in the same liquor & enoynt y^e place y^e wif
y^e is burned or scalded & as you have so done take a fm linnen cloath that is cleane
steepe it in w^{ch} it w^{ch} in y^e same liquor & lay it upon y^e place greined. Do so untill
wif all this tvice every day untill it be whole (which by Gods helpe) will be in a shor
tyme

Chap: 225: And oyr Medecin for burning and salting it
Take of black or gray soap and lay it in y^e place y^e place y^e place or scalded & it will
spedialie help of prubulum of

Chap: 226:
Take a good handfull of alabur and as much Shopp^r Dying & fey ^{from} m Maj butter & (tramoil
and be y^e patient anoynt y^e place growed with a kille of ^{the} same stuff y^e same thing (old)
twice or threys aday let it be anoynted first th^ere with black or regyl soap & let y^e oylment
be spread upon a flaxon cloth if it may be gotten & this will cure y^e sore wthout any
prubulum of Chap: 227: A medecin for burning or scalding in any place of the bodie

Take y^e whyt of an egg & put it into a p^{er}tiler dish & y^e y^e labour it with and also floundrill
y^e y^e p^{er}tiler it to be lyke with a p^{er}tiler Cured: then take a p^{er}tiler of fine Lining cloath & wth
it y^e oyl of liff or m^{il} some oyr oyls y^e lay the said cloth upon y^e sore and about it lay y^e Cured
be for recored maids of y^e whyt of an egg & y^e will be draw out y^e head & shall y^e sore

Chap: 229 A good medecin for burning for want of oyr things
Take breid of an other bread & stamp y^e & lay y^e to y^e place growed & this will be of great helpe

Chap: 230 And oyr for y^e same
Take oyls of berse and beat it with fair water untill it be white whyt & y^e an oyl to y^e place
growed y^e wth it & it will wthout any prubulum Cured

Chap: 231:
Take 12 eggs & let y^e be ad now laid at many be & y^e lay them in y^e fyre & rof y^e hard y^e take
y^e yolles & chop y^e small & put y^e in wth an oaken p^{er}tiler & let it ower y^e fyre & stir it with a stick
& let it boyle untill y^e it be consumed almost to nothing then take it & let it be to stand in y^e air
for an quarter of an houre or more & y^e will come out oyls y^e of y^e take a p^{er}tiler anoynt y^e sore
with y^e same oyls & y^e take y^e Liff of h^{er}be loungot & lay y^e to y^e sore & bind a Lining
cloth y^e on & y^e will galye one h^{er}be y^e on

Chap: 245:

A good medecine for a Canber in y^e mouth be whyl and roid y^e whyl Canber will be aboild p y^e h^ond with
 Take two handfulls of woodbine rounde p a handfull of sage shred ym w^oter ym p stamp ym small
 in a mortar then take two spoonfulls of humm^e and as much Rosh alum as half an ounce p a quart
 of fair running water and boyle ym altogether untill for to the bo ym straine ym through a fyne
 linnen cloath p pul y^e liquor into a fair Earthen pott p Cover it w^oth a cloath p an occasion of
 boyle for w^oter y^e boyl p a patient anoynd y^e Canber y^e w^oth w^oth y^e mouth one for fore y^e day
 or two if now requy^r y^e Canber anoynd all his mouth y^e w^oth p if it be a whyl Canber the anoynd
 y^e colour y^e of his mouth p then w^oth a cloath in the liquor p Lay y^e patient out for outly^r of y^e
 for p so for ym w^oth this 4 or 5 tymes a day but y^e good Canber y^e w^oth y^e mouth
 is a warme p a strong Dysh of colles p y^e p shall p a patient y^e w^oth y^e mouth
 abundantly but if y^e Canber be in y^e nose or in any of y^e Canber be lynch y^e p a patient
 y^e same liquor w^oth a quail or pearing p it will heale ym in a short space this liquor will be good
 w^oth 20 dayes in his vertue p no more this hath com often p a patient this medecine is also good
 for sore lips for toge or any eye sore

Chap: 247: A good medecine for a Canber in y^e mouth

Take whyl wine vinegar and humm^e of each of ym a ly p a patient y^e w^oth y^e mouth
 a little Rosh alum p y^e p a patient w^oth y^e mouth p w^oth ad often ad y^e shall th^o requy^r p
 this will Cure him also y^e office of plantain vinegar and Rosh water mixed together is p a patient
 good for a Canber or p a patient

Chap: 248: A good medecine to dry up a Canber p w^oth y^e mouth

Take juce of woodbine p juce of mary gold of each of ym a ly p a patient y^e w^oth y^e mouth
 powder of Camemell p powder of Co^o p powder of al^o p a patient y^e w^oth y^e mouth
 p mingled together and Lay ym out y^e place of y^e Canber p it will dry it up but w^oth y^e
 Canber take a roid oynon p Lay y^e y^e w^oth y^e mouth p it will be f^o p Cure it

Chap: 254: A good water to change y^e month & to fasten y^e tooth
Take wood bno leaved and sage of each of them a handfull & a spungle of pure English henn
and a piece of alum as big as a good walnut boyle all together in a quart of fair running water & let
it boyle untill one half be consumed & then straine it throughe a fyne linnen cloth & let it
stand with his mouth 3 or 4 tymes aday y^e wif (tho warm) & she will change y^e month of any
consequens yf will abyde y^em after any labour or any distemp^r

Chyls birth

Chap: 256 And other for the same

Take a dale glene and gear it to powder and give to woman yf traucted to drink wif wine (and Godwilling)
she shall be delivered altho wifout any danger thus shal be proved

Chap: 257 And another good medicine for a woman labouring wif chyls

Take mougart and good it woid wood in fair running water & plaster it as hot as possibly it may be
suffred to be to the navell & to the thighs of the woman labouring wif chyls & this will prove to be speedy
deliv^r of Chyls bak and after burden wifout any paine but it must not be suffred to continue over
long in any part of the body for if it do it will cause malice to follow this shal be proved

Chap: 259 Another for y^e same

Take ballony and drink it wif wine or water & it will cause a woman goodly to be delivered
and woid distemp^r y^e though the chyls be dead or turned contrary to y^e right course also it bringeth
forth the afterbirth altho found to be affixed yf p^rone wifall will worke to y^e same effect

Chap: 260: Another good remedy for a woman yf traucted wif chyls to give y^e

to a speedy and good deliv^r

Take polipadium (y^e waf^r called oddobarnes) & stamp it wif wood and make a plaster y^e of
aply it to the foot of the woman yf traucted wif chyls & this causeth a speedy birth of y^e Chyls of dead
or alive this is a marvelous good secret & shal be tented to y^e world

Chap. 262

Chap. 262
And our excellent good medicine ~~and~~ to be given to a woman labouring in this birth for to
comfort her to have a speedy and safe delivery
Take as much myrror as the quantity of a walnut & temper it with wine & give it for woman
to drink warm & this will cause her to have a speedy delivery & for quick or dead prov. of

Tarbo as much myke as 30 quantaly of a walnut & longer it wold wif wine & gibe it for woman
w drinke warme & this will cause hir to have a goodly Dilectio for quib & dead pr. of

Chincouge

Chap: 262 A very good medicine for the Chincolle
and for the Colic at 75 ffr and 1/2

[illegible]

Chap: 253: And wth for the fam^{ly}

Chap: 263: And yet for the same
Take a mouse and beat it in an oven and beat it to powder & blyo parthogrius
Dissolve it in ale & it will give him this is also good for ym if cannot hold yf water pr: slip: M

Chap. 164: Ans approud m^{re} Doc^{re} f^{re} y^e Cou^{se}il

Tarbo 3 or 4 faggi and ~~lett~~ ym wode p put ym into a coope of beare & put ym a hille of ghorice
and angsord bealen to powder & put it in stand by for for wether it do worse then tarbo oyle yf faggi
p sal ym p qn yow gus is tooe I rembr up the deute also p coude your self warme wgs for yf
space of 4 or 5 dayes to gether p it will haile the coughs this haile som ground
Chap: 266 A woud god medecine for a cough p lo caupons to awayd them from yf

Ckapp: 266 A modis god modiscans for a cough to caufone to awayd from from up

Take a quart of small ale and a hand full of good meale (Copperwort called Harefild) & a good
quantity of liquorice paired & a good quantity of small rozen & boyle them altogether
in till ye be half be consumed & ye take ye gallon drink ye of

Chap: 268 A medicine for ye Cough & straining of ye ppyes
Take dry figgs and hyssop and stamp ym wth loutre & boyle ym wth hony & let it
palemt wth it & drinke it fasting & it will colde ppyes.

Chap: 272 Another for ye same
Take a little of ye Root of Elicompane & hysop of Eosane and figgs & cut ym in small peeces
and annysedde wth liquorice and hony & drinke of each of ym a little quantite boyle all ym to gether for
fair running water and ym leane it and drinke every morning fasting 3 or 4 dayes logit & it will helpe ym
Chap: 273 And oge for the same

Take Horroes good or bords good & 4 or 5 countes of garlicks and stamp ym altogether & qn to patione it
going to bed let ym warme ye foote at ye fyr and anoynt ym wth the same oylment and qn to patione it
thm hand a hot tuchon laid to ye foote of ye foot and the foote & may also be to let ym have warme chalyce
put up to ye leg in ye foote and ye wth the ym

Chap: 274 A wrye good medicine for ye Cough & to beak the same
Take a pottle of pure Mustardine & a quart of Rysse water distilled to 5 or 6 good hautes of Carrolyng
pair of ym from ym wrye doun and ym get ym for tyme as much liquorice as ym have ym
to patione it & hysop & hysop take two good hand fulls of figgs & candie & hysop & hysop & hysop
and put ym in a glass and shake it often and close it close and let it stand 24 houre & ym let
potione drinke ym at often as ye shall thm good & ye at necessity of ye Cough shall require

Chap: 276 And good powder to be used for the cough and wheezing of ye ppyes & nesses
Take and ounce of Cassia Singer & balon in fyne powder & an ounce of Elicompane root & 2 lb and balon
to powder ym take a pound of figgs & candie & balon small half a pound of liquorice & half a pound of annysedde
(to let ym be wth well foracted) and mingle all ym thinge to gether & logit & patione it & same powder
in to and boce or bladder & qn ym get to bed & a ppye full of it and at much in ye morning fasting & it
will helpe ym in a short tyme

Chap: 277 A good medicine for ye Cough & fays stoping of the breath & stoping of
the ppyes and to avoid corruption
Take root of Elicompane and radish root and shred ym small and of ym two wardens & a little of ym
ye oyle ym patione it altogether in and balon & patione it and at much clarified hony ym as well maked & ready & over flow
the hony & ym adon & ym d hony & stop it close ym no breath may gett forth of it & let it in and ym
to beak it at a balish of bread & qn ym have ym for ym patient tyme a ppye full of it every morning &
swoning first and last & it will colde ym

Chap: 278 a poynt good fyrop for a cough
Take half a pound of white sugar candied half a pound of soft waller a spoon full of annis seeds a pynt or
mor of hyssop waller & a good quantalite of liquibright clean paired & beutied boyles all together wntill you
see it come to a good fyrop & strain it through a fyne linnen cloath & put it into ane glass & so use it as you
shall thinke convenient

Chap: 279: A most Efficacie medicine for the Cough of the Lungs
Take a hand full of the Roymal of the Lungs & tol ym to drye clean washed & the stone piced out
and a peny worth of maldon harts half a spoon full or mor of annis seeds beutied in ale 10 or 12
eggs half a pound of fyne white mor of portigall sugar and fyve pynts of fair running water and
boyle all together wntill yu see it on halfe & consumed away the steam & through a fyne cloath
and every morning drinke two spoon fulls of it wntill yu be warme & you shall find pfect remedy yf
you be taken off: p: M: Baker

Chap: 286 A most excellent good remedy for the Cough
Take half a pynt of hyssop waller and a pynt of claille add two spoon fulls of hunning and
ounce of sugar candied and fyve boyle ym together wpon a soft fire and be sure to scum it & so same
way clean that done tol it boyle yu wntill yu see it on halfe yu be consumed yu take a spoon
of liquibright and show of the wntill yu see it on halfe yu be consumed yu take a spoon
of beutied yu be consumed yu take a spoon of beutied yu be consumed yu take a spoon
this will help yu in a short space though yu be now so gret p: of

Chap: 288: A most excellent good medicine to cause one aby Choller abundant
Take half an ounce of Capia yu is wntill yu see it on halfe yu be consumed yu take a spoon
the space of ane night wntill yu see it on halfe yu be consumed yu take a spoon
take yu and mingle yu all together wntill yu see it on halfe yu be consumed yu take a spoon
patient drinke it warme & this will cause yu to have much Choller p: of

Chap: 293 Cramps

Tarbo y^e Lills bene y^e lⁱd in the bene part of the pondor leggo of y^e hairo and
the y^e plant ground the wif and it will goodly help y^e cramps

Cornes Chap: 301: Another for y^e same

Paire y^e cornes cleane away first at noon at y^e possible it may be suffred and then tarbo a
piece of browne paper y^e lⁱd cleane and spread upon a lills y^e oyl (for maner of a
plaster and apply it often to y^e cornes and it will tarbo it quyt away this hal bene
succowles proved

Chap: 304 And oger for y^e same

Let y^e parlit that is greased with y^e cornes tarbo some of y^e foot of filth y^e lⁱd from
his chin wif and spread it upon a piece of leather or it upon a linge cleat and lay
it upon y^e cornes and it will tarbo it quyt away

Collick and Stone Chap: 315

Tarbo oals and garth ym in a pan at y^e w^e doo peas and let y^e patione put ym into
a linge cleat and let ym lo y^e Navell as hot as y^e may possible abyd ym
by being of it often y^e shal find good safe

Chap: 318 A good medecine to be used for y^e Collick and stone in maner of a plaster

Tarbo parley and smalt of bark of ym and curre and two pence full of Capone groggs put ym
into a dalken wif and y^e lⁱd of y^e pence full of y^e groggs to put out the lip of y^e dalken wif
in the bottom and let ym boyle out for an houre from morning till night and y^e lⁱd ym
from y^e d and having y^e doun tarbo y^e same oymment y^e spread it upon a linge cleat y^e lay
it as hot as possible it may be suffred to y^e Navell and bottom of y^e dalken wif it helpeth
prev: ogt

Chap: 323 And other for ye same
Takes a hand full of ground swell and stampet wood in a mortar & pul y^e and oūce of Cummino
and flye from wit shoope flit and leaves all and make a playn y^e of and lay it by a Navell of
the paine y^e is growen at hol as ye can see it this take com proved
Chap: 225 And other for ye same
Take a y^e of y^e wood it all ower wth

Chap: 323 And other for ye same
Takes a hand full of ground swell and stamp it with in a mortar & put y^e and oint^e of Cummin
and fly Lem with shoo^e fillet and scales all and make a playst^r of y^e and lay it by a Navell of
the painles y^e is growen at that ad ye can suffer it this take com proved
Chap: 225 And other for ye same
Take a y^e of y^e spread it all over wth

Chap: 225 Atus of pr for yo famo

Chap: 225 Thus offer for ye same
Take a fagg y^eid to f^e purify and good and place it in the midst of ye ground it all owne wth
mth Card and Lay the same in the Navote of the passion & so bind it fast upon ye so that it remaine
for ye space of 24 houre yn tab^l of ye pul on a fagg fagg againe at a fagg and so fagg
for 24 houre 24 houre 3 or 4 days wth light and it will doe ye parties good much good. pro: of

Chap 334: An approved medicine for the Colic and Flux

Chap 334: And a good medicine for the Colic and flon
Take a carrel root for y^e colic and flon and flicord thine and lay y^e flon in app^t
of waff wine and for y^e colic reman y^e flicord of two days and two nights and the steam y^e
y^e colic y^e pation drink y^e flicord morning and evening y^e flicord y^e will be y^e am: p^ro: p^r:
Chap: 335: Another for the same

Crapp: 34! Another for the game

Tarbo a new Laid eggs and put forth all y^e yolk whil' tbeane and tarbo y^e favee and dry it
wode wpon a lyltone and son make a powder of and ge oration first and y^e patient tarbo
a speke quantalio yof othe in boar or in whil' wynd y^e lozgin drink it fast y^e tpe or at any
o^r lyng of h^e day yf y^e shall thine mool y^e tpe water brabe or confound y^e son p^ro d^r
Chap. 343 Cottick passio

Chap 343 Collich passio

Chap: 343 Cottick Passio
Turbo Caraway good annis seed and fennel seed of each of ym halpans ounce Galinall Ginger and
Cinnamon of each of ym ii dram clous meas p Cardus benedictus of each of ym halp dram totall q
or 5 dram fyne sugar & ovinces mix al together & make a powder of ym & ym you have occasion to use
it turbo yf quantalys of ano ovinces & put it into your drinke & drinke it al day lymoz qn you shall
thmbe convenient & it will doo you much good

Chap: 347 Windis Colic

Tarbo sage and aquavivis of each of them a quartre of an ounce & pulvise a poire of lyn sugar
& be y^e patient drinke y^e every morning fasting for y^e space of 5 or 6 days after
it will helpe y^e prebalun of

Chap: 351 For one that is in a Consumption

Tarbo agrostive and Rosa solis of each of y^e a pottle a pound of fine sugar beaten in all half
a pound of dale half a pound of liquorice dryed and beaten small pulvise y^e agrostive and Rosa solis
sugar and be y^e patient for five or six days to give y^e y^e through a stan-
cheare y^e pulvise all for said liquors & y^e y^e will use it twice a day with a
draught of ale every morning and evening for y^e space of twelve days & this will helpe y^e

Chap: 352 A good Medecine to be used for one y^e is in a Consumption

Tarbo a pottle of soft water and as much goats or mares milke if it may be gotten
or if of ewe milke of any Cow y^e is all of one colour & pulvise y^e y^e of 50
or 60 yolles of hard eggs y^e are new laid temper y^e y^e & y^e milke and soft water well
together but for none of y^e whyte romans amongst y^e and distill a water y^e for y^e
y^e patient to drinke first and last warme with a little Cack or two of Maris Christie
y^e is made of gold and silver use this and he shall find great Comfort by it this halfe kelenne

Chap: 353 And oyr for y^e same

Tarbo a new Laid egg y^e is new wth y^e pulvise y^e in a Cask of manud Chaste & distill y^e
therin untill it be distilled y^e be y^e patient take y^e go to y^e in y^e this for morning
& evening for y^e space of 10 days & it will doo y^e much good prebalun of

Chap: 354 A Remedy for one y^e has a Consumption in y^e honed

Tarbo a handfull or two of claye saunders & p^{er} y^e y^e and 4 or 5 yolles of y^e eggs newly laid y^e take
saffron and dry it upon ayle stone or some such thing & grind it with small y^e all y^e
together & fix y^e in fresh butter & be y^e patient take it first in y^e morning & this will helpe y^e

Chap. 355: And excellent drink to be used in a Consumption
Take long wort by the root hard lumps & hard sage of each of them a pound full call a hand
if par glory a hand full of good liquorice finely beaten to powder and ounce of anniseeds and
of Cinnamon finely beaten to powder two penny worth of white ginger two penny worth
of white sugar candied two Nutmegs & a penny worth of cloves (and if ye both be bound in
body ye put a little honey & a dram of fair barbe ym if not cleave the Symples out) & boyle
all these things together in a pulle or some qt more of y^e best newe wort it may be gotten
but it must be brewed without any hops at all & let it boyle untill it come to three pyntes
but if ye put any honey ym ye put y^e quantalies of fyve quartes of y^e same wort & boyle it
in a pottle ym put it to stand & ym straine it & so use it

Chap. 356: And excellent Good Gelly to be made & had for one y^e lit in a Consumption
Take a Cock or Capon y^e is now killed & scald ym & wash him cleave ym take a leg of
mutton & rid away all the fat from it & let y^e Cock & y^e mutton be in y^e water for y^e space of
3 or 4 houres & soe take them together in a gallon of fair running water & do it doe for 3 dayes
soe y^e shall have y^e water y^e have lost no fat at all upon it & let it soe continually owde
a foot for untill halfe y^e brok be Consumed ym put in the Rast Rastish wine or Rastish
wine to y^e quantalies of a galle & ym let it boyle altogether untill it come to a quart &
ym put in y^e whole of 3 or 4 new laid eggs & ym Clarifye it & let it be in a
through a felly bagge and afterward let it out to the againe & put in the oil and ounce of
Cinnamon gross beaten & a pound of fine sugar & let it run through a felly bagge as before
3 or 4 tymes at y^e least & let y^e patient use to drink some of y^e same wine & he shall
recome great comfort y^e by this it also good for many other diseases

Chap: 357: a Good way to distill a Cordis which is marvellous good for one y^e in a Consumption
or any Sore

Takes a Cold Cough & this of y^e age of 3 or 4 years & Bill sin & dress in wth fair & Dor y^e com in
to four quarters & bringe him up & sets out y^e fat & very cleane & in tails & a hand full of y^e 12th
milk & a hand full of pearl lunge & put y^e m to a well & cunde it wth cle^{an} y^e but fish
half a p^{int} of fair running water and a much pur^e magist^{er} & a p^{int} of hyssop & i root
of ~~hyssop~~ parsley & root of fenell & a root of Enbiter & y^e root of y^e suno^r & y^e rained
of each of y^e 15 and 40 & 5 mace & bol it wth glie for y^e space of 12 or 23 houres & let
it pot to cle^{an} covered wth past wth a plaster wth y^e lot y^e patient drinke y^e same
Laping Chap: 360:

And most excellent Good and holsons vnyne made of sage for to be Drunke at all tyme
if you wash your mouth yre with it will geve ye loke at his pain of gumme it is also good
for ye greivous it cureth ye cramping it helpeth those that be Lunaticke it restoreth sinners
ye be Drunke it dispelleth all humors out of the body it is good against ye plague or
epidemicke

[illegible]

Chap: 36. A Marvellous good drinke wth be drunk for y^e dyserie and to keepe
all manner of swelling & progre^{ss} of it will also give a good flor of milke for woman
to use

Take of white muske wynn of quantalio yow shall thinke good your self to put y^e in a good quantity
 of saute wth but of y^e good wynn of some of y^e roads thin picked & washed wth 1 lb of thin clon
 taken f^{ro} the good all y^e wth in y^e affor said wynn while y^e end half of it be consumed
 away y^e thain & through a silke ower waye called Apocras p^{ro} aggs y^e in a glass & y^e f^{ro}
 y^e clon & y^e f^{ro} y^e patient wth to drinke a good draught y^e of & wth morning fasting

Chap: 384: waters for the eyes and bestond to profound the sight

Take a new laid egge and wete it hard yn cal so close in to midde and laie forth yn ylle cleane & then take a poire cuprad & put it in the same place & yn ylle lay & yn the ylle wete it agayne and so it in the fire agayne and let it remaine yn the while ye cuprad be dissolved in water then take all the whyle out of the egge shell and cal it yn a small poire & put it in a glass of fair running water & so let it stand a while wyle and straine it through a fine linnen cloth & see it in a glass & use it morning and evening & the passion wyle ye eyes be wete & it will doo you

Chap: 386 Another for the same

Take of succ of Euphrasia or else ye water yllid made of it yn somewhat yllid ye best hore ye possibly may be had for ye eyes of way for ever you will take it & use it

Chap: 387 Another for the same

Take a good handfull of hardfennell and of verbane soft leaves and Solandine of each of you albe quantatit and distill ym allegise and you shall have a perfect pure & comfortable water

Chap: 406: Another for the same

Take ye whyle of Egge that are hard sodden soft water. Sugar candie & whyle cupras & mingle them wyle wyle & yn straine them wyle hard through a fine cloth & put it in a glass & use it morning and evening & the whyle

Chap: 413: A Medecine to take all ye gummy water or filth out of the eyes

Take haublood (ye wayd called sinigreen) and stamp it wyle wyle & straine it through a fine linnen cloth & wyle ye eyes wyle wyle & use it morning and evening & the whyle

Face: Chap: 419: A good medicine to take out y^e pimples out of ones face

Take whet wyne winge & hummer of earh of hem abroonable a quantaly ad your ovr fudgment shall
be thought fit & lompst ym woy watek wif whyllon flour qth is pure & cleane wifout any fyre brand
passe lare or ovr puffs and an yow got lo bed lay some of this wpon your face & in 4 or 5 dayes
ysing it will take y^e pimples cleane away & cleare y^e face p^{er}o: 3yt

Chap: 422: A good Medicine to take away the pimples right out of ones face although far

Take Green and whet Cuperab of each of hem abro quantaly and put ym in a saucer full of fair
running water & get it w warme one to Cull and ab tith ad ovr p^{er}fectly yow cant suffer it although y^e
pimples y^e are out ym face y^e wif or any ovr place of your face qth is the galle condoured or red p^{er} m
ysing oft this often it will help you

Chap: 429 A very good medicine for a leprous face

Take a good quantaly of strabecore & put ym in a glass & so let ym purifie in horse dungs and
then distill a water from hem wif y^e qth be y^e patient wash yis face often & thus goodly goes ym

Chap: 432: A very good medicine for to take away the blemish spot in a chylde face

Take a pyll of whet wyne and half an ounce of swete brallen in powder and mixe hem wif
p^{er} let y^e face be boyled in and ovraken or p^{er}nter put wthall it the half consumed y^e steame it
into and get y^e pot or in w some such lyke thing & so anoynt y^e chylde face y^e wif
and it will be p^{er}fect to heal in a short space

Chap: 433: A good medicine to take away any spots or fures burning in y^e face or ovr place

Take y^e saice of a lemon & a lillie By salt & by y^e patient wash yis hands or face y^e wif & let y^e face
of hem p^{er}fectly & y^e take face Candit or running water & wash y^e hands or face y^e wif & y^e
shall see all the spots gone cleane away this is also good for gamyng y^e fures or such lyke

Take blossom of white thorne of violet blossoms of brand and blossom of an Elder tree of any
one of ym aboves quantitie and distill ym to pul it wth water in a glass & stop it close & ym you will use
it take two spoonfulls of it & wash your face with y^e tincture thre or foure dayes for y^e cure of foure or fift
dayes together & you shall perceiue the true this hath bene tryed by many.

Tarbo a good hand full of prony holls And a hand full Mistletoe if growe upon a black thorne
her and a hand full polidonium (eye wardes Called English oaks leare) & two good hand fulls of bolindis
(if it possibly may be had) & stamp ym very wete & ym set ym to steepe for an actor befor for
space of two hours or more & ym put it in to your earthen pot or it may be booye to be kept
for any tyme to be ym a pottle growed drinke a good draught yntil about morning fasten and
least in the evening and let ym rest for the space of 14 or 15 dayes & by gods helpe it will cure him
yn any shul paine this hals bein truly proved.

Turbo the brains of a woodpecker and dry it to powder and put it into some wine vinegar temper it with water
with a knife or spoon and give it to the diseased person to drink it will do him good in much
gout. Alto Galton says it is known many men in the off limb to be cured of the infirmities by
drinking of the powder of dead men's bones burnt

Altho he sayd of us and oyr place yf he should of a dead man comig tarbon furs of to dar & waight more
than to lye in our chon & yf he should in pson will cure us in malady although he paye growe
hand com troubled many yeres before but hee felle most to yf should of one that have com plains or of
one yf was hanged & yf came to a furdon death & not to should of one yf dyd of any forbes or
or else by oyr malady growng of long continuance in the poas

Chap: 444 And ope for ye same

Take ye fruit of Curiauder and give it to the Deaf person to drinke & it will not suffer ye all humors
to growe up into the head & the eye will be open & ye shall receive much comfort by

Chap: 445: And ope for ye same

Take Gormander yf is gathered in ye month of May qñ it hath the blo stom wppon it & dry it none
shadow of no sunne comde and then make a powder yf ye or ovalen for to be for ye yest yñ take ye yole
of two or three new laid eggs & beat ye powder & yñ wolle to give in a wooden dish in porringers & so
it is good for paines growen to the morning and evening for ye part of ye daye But all the time
ye must absteyn from all kind of wynde & Carnell Company of women & also from all maner of pisse
as brande pisse filth and lard & from all ye thinge ge are of a hard Concoction or digestion yow

Chap: 446 And ope for ye same

Take ye marrow of a fowe yf hale yung pigge & dry it upon a lyell stone or a fyre shooll & make a
powder yf ye give it ye patient to drinke to put it in the drinke & yñ wolle after ye lasten & yñ shall
proceede ye deffence to fall into the finger ande (but getting of him for all the time) and then make yñ
of hyphure to the finger ande & a litle wyle after yow shall see ye yellow matter or Corruption yf but out
if yñ yow shall see

Chap: 447 And ope for ye same

Take yow hoolle & dry them wery well & yñ geat yñ wery small (as yow doo finger) & give it
patient to drinke in the pottage at meales & the eye also drinke continually in the drinke of pottage in ye
morning fasting and Lybwaye Laid in ye evening & this will doe yñ exceeding much good.

Chap: 450:

It most perfect and ready way how to know ye for more diseases whether it be of lungs or not
Take a ground worme & lay it alive upon ye & last ground ye take a worme doth last vertue
and lay ym upon ye & ym bitt he smelt about ye necke of ye spirite ground almight qn ye god is
and in ye morning qn ye are yett take it of agayne & if it be yett kinge doth ye worme will turne qn
a powder or dust of ye worme will remane dead in ye sun for ever forme as it was before
allis this can be also tried by a for named: G. L.

To leame Chap: 452: And oye of deinde to above of deinde & to pinge ye stomachs beinge neere so much
Take 4 or 5 handfulls of barley it is pure & cleane wit out palse & let it be well piced & kided in a pite of
course canute & c. & hille bitt & cleane taken of ym wash it & or a lymbe in fair & armo water yntake
a fair new cartton pott yt will containe 4 or 5 quartes of water & let it be washed & scalded with yoll
walles & qn ye have so done pul y & barley into it & then fill it up with a gallon or fume what more
of fair running water that rinde upon gravelle & so let it stode while ye are half or fume what more
be consumed ym take ye quantaty of a pound of liquorice & half a pound of stanne gods be beaten
to powder & pul ym to ym & so lett ym stode for 4 or 5 daies of and quarter of one pinte or litle mor
ye take it of & straine it through a clene linyng cloath & ym pul ym half an ounce of ymge
a quarter of an ounce of Cinamome and ounce of manut Christ & let ym be all well beaten together
ym pul ym 4 spoonfulls of Clarified honey and let all goe thynge before rehearsed to ye a litle
whyle longer & ym let it be put into a glass & stop it well stoped & qn ye will use it drinke
5 or 6 spoonfulls of it at a lymbe 4 or 5 daies to ye morning and evening for a certaine space
& that will helpe yow by gods grace wit out all doubt also this is accordinge yow agaynst and
Exbreame Coughs & it now so becom

Chap: 454: How for cholestele is cause fibrous is avoid if it congeals about y^e heart & stomac

Chap: 455. a very good Moderne & Adabo of Baguette

Rep: 456: Ans² for 7290000

Chap: 457: Ausloßung fünf Jahre

Towels for roll & stamp n & stamp n & yor to do yor suit wth of a longish wth balls at a & be p^{ro}port
 2 mth to y^e of a good draught o^{ve}r morning lifting before go any f^r out of h^{is} bed & t^ol g^o sleep
 after it & y^e shall aw^{ake} great loss of fragrant

Chap: 459: A good Drebe to cause one to avoid fleagmes from y^e stomacke to come up into the
Throate 12 Spoonfulls of Roshen water & 6 Spoonfulls of Conduitt water & 3 Spoonfulls of Roshen water
& a quarter a pound of fyne sugar shall be put together in a pewter potting on upon a chaffing dish
of Chell & steame it very close yn tarbo a Spoonfull or two of it & drinbe it thus warme q^unt y^ere
it will helpe y^ere

Chap: 460: A good Drebe for fleagmes

Tarbo parstlay wolle fonnell wolle pottelory hyssop and liquorice of dryde yf som albe quantalys
and stamp and bruis ym allegys & boyle ym in water & put ym a good quantalys of Clarified
honey & y^ere pure and q^unt it to be used at litle more yn steame it & use to drinbe y^e of be macking
it sweting & it will helpe y^ere

Chap: 462: A good Drebe for y^ere asoyning of fleagmes & for stoping of the p^opp^o

Tarbo a pottle of barley and sooke it in a gallon of cleane wood water let it boyle till y^e barley be
soft yn steame it & put y^ere as much Now wort as of y^ere as for said liquorice & put y^ere in a good
quantalys of sage and as much hyssop & a pottle worth of liquorice wood bruised on fire
it againe & whill y^ere one half be consumed away yn steame it and put it whill a glass
or into some cleane vessel & so let it stand for y^ere of one whole night & let y^ere
partly drinbe & two or three Spoonfulls of it at a tyme be macking & sweting & thus will helpe
him in a short space this gale bein well proved also oabedans bruised & y^ere quicke y^ere
drinbe of it in whyl wind or stalle and purge fleagmes & melancholies this helpe
bein proved. Felix Chap: 465:

Tarbo new milke (as it cometh from the Cow) & fill it out y^ere for y^ere & q^unt it to be put into a good pot of
Roshen water & q^unt y^ere to be macking & sweting & thus will helpe y^ere of a Cured much & y^ere to a pottle
Cured from y^ere & cleane yn tarbo y^ere whay & drinbe it Roshen water & y^ere may drinbe it & q^unt y^ere
stomack may abyde y^ere may sal y^ere Cured

Chap: 466: And good medecins to stop y^e bloody fluxe
Take a good quantal of y^e myth of hys world to dry y^e upon a holl lye ll stone or othe
m and oven y^e bread take som dyaun fure p mades a pound y^e of p phit into a Coupe
of y^e y^e holl wynd p let y^e wynd be maide blood warme p gdo n go p alond to dmb
And in using of it often this will hols him wifout all Doubt

Chap: 470 And oyr for y^e same
Take a good bigg appple and at y^e lops of it y^e cut out all y^e turs at cban at y^e can y^e y^e
fill wth y^e p lard affame wif a kille p oise hunny combe y^e hunny comg cban straine kint
p y^e lost it amongst y^e combe p y^e lye p parties but it waxe and all p the will
stop y^e fluxe p modiatly p probatum be

Chap: 478 And oyr for y^e same
Take a pise of bbe y^e ground about y^e disbol of y^e oxe p lye p patient if y^e stomache
will pib) but a pise y^e of kabs p this will p oialio hols him

Chap: 479 And oyr for y^e same
Take a appple and cut it in maibe a holl in it p put y^e in as much virginis waxe as a beay
p lye p patient wif often y^e of p it will hols him p p

Chap: 485 And oyr for y^e same
Take burr holl p bands of each a good quantal p two hand fulls of dved dung and fose y^e
allogithen in fair running water p let y^e fode in lill for 60 houre p y^e take p same water
p wash bof y^e foot and anthe wofte y^e in as gill ad y^e may clyd it y^e lappo fure
woolken clyd ad warme ad y^e can fuffe som about bof y^e foot and anthe
p fuf will dot y^e much gode

Chap: 489: Gout And excellent ched some for y^e same

Tarbo 3 or 4: moulted p fida ym p tarbo out all y^e guttes p all y^e id wifm ym ym tarbo 3 or 4: moulted
pold p tel y^e one of ym be bigge ym y^e oye p tel ym be wolle beaded wifm ym tarbo y^e moulted
p ym ym in y^e beest of y^e same pold which must be made on ym pold full of small holes
be in y^e fide and bottom p ym stop y^e month of y^e same pold ym cleave p ym hole y^e pold mlt
p oye pold p tel ym be p mlt y^e dath w stand faye spars of a month or fume what
more ym tarbo w ym pold and ym y^e gedall of ym ym shall find a good quantalid of
ym pold ym tarbo y^e same oye p ym it mlt fume glass or oye in a gally pold p ym ym
hand oyalwne w wge ym tarbo it and anoynt y^e place greved ym wif befit a good
fye p this will tarbo y^e paim clein away y^e balum of

Chap: 492: And oye for y^e same

Tarbo And smelt p wof it in fair water p lay it w y^e place greved and qn ym tarbo it w
ym bury it in a moist place in y^e ground and at it dode y^e pold y^e greife will qn p^ro: of

Chap: 496: And oye for y^e same

Tarbo Sage and dry it half a day or a whole day in y^e fume p lay it w y^e place greved
p m and night it will daf y^e paim wof much p^ro: p: f: w:

Chap: 497: And oye for y^e same

Tarbo two handfulls of hors honde p 800 handfulls of walworle p bray ym wge in a mortar
ym straine ym p put y^e quice y^e of mlt a pynt and a halfe of fume gedall p bote ym wge for
y^e p^ro: of and hune or more ym straine it through a fime cleave m w fime dath p mlt or glass
p tel y^e p^ro: and anoynt y^e place greved befor a good fye p so by often wging of it y^e shall
find mlt doun grede daf this daf good for all reb Gille in y^e p^ro: beo or foot p
all oye greives p paim in y^e bones ym dode com by any maie or of cold fobbe

Chap: 498

Tarbo a quoytis and wash & rubbe y^e place growed often y^e wif y^e tarbo a lining cloath & wood it in aquor y^e h^e agam & lay it to the place growed & this will helpe y^e wif in 3 or 4 y^eres dressing this gale com truely proven by R. wofone

Chap: 500: And oyr for y^e same

Tarbo shewmuked spelt or powder of balde and for cut all y^e grass out of y^e m^e & y^e lay some of the same upon a brown paper and warm it a little at y^e fire & and so apply it to y^e place growed & it will tarbo away & y^e same in one night probatum est

Chap: 504: And oyr for y^e goul

Tarbo a full goyde & plure y^e and dress it at the shoud be dallen y^e stuffy & botly of tin wif 3 or 4 y^eres cold woodell thap y^e small powder wif a handfull of bay salt & y^e m^e for wif her botly agam & rest it at a small fire and save all y^e dringis & keep it for a y^eres oyrment at wood for y^e goul & also for all oyr kind of dringis in y^e goyde

Chap: 507: Another good plaster for y^e goul

Tarbo 5 or 6 spoonfull of y^e spico of wormwood & as much of y^e spico of smalladys & a pedy quantaty of wyndwinder & hurnt and mingled y^e in logis with a good quantaty of haff flint & stit y^e wood logis at fast at y^e ray to burne y^e in wood and make a plaster of it & spread it out a lining cloath or a poire of balde & lay it to y^e place growed & y^e wif let y^e powder growed wif y^e oyr to grow in y^e 458 chap & y^e plaster be at once & by god's helpe will cure y^e m^e est

Chap: 510: A very Sovereigne Medicine for y^e Gout

Take a good quantalite of snailshells & pyke them first of the shells & stamp ym in a mortar y^e pul
to ym a good quantalite of salt saltpetre & soap & stamp ym all wthte together in the mortar
wth y^e snailshells ym take y^e same & make a plaster y^e soft & apply to y^e same wth place greivous
& it will be by force & space of 3 days & it will destroy y^e gull

Chap: 515: Greene Seiknes

Take moare milke and gibet to y^e patient wth drinke wth a good quantalite of powder of Calomel
ym & let y^e wth be for y^e space of 3 or 4 days to give & it will cure hir tofore y^e shewes wth
drinke of y^e wth for fast take a vomit & ym it will take effect y^e better

Chap: 516: How to make a wound for y^e cancer or any other

Take an old cloth bought and scap off all y^e blood most kind & stamp it & stamp it wth flung
wth y^e flint and scall & ym drinke some of y^e same & it will cause one to vomit wth shal ym

Chap: 517: Another excellent medicine for the Green Seiknes

Take a handfull of Cowslow flours dry ym & stamp ym to powder ym take 6 or 7 spoonfulls of
malaga wth a spoonfull of y^e same powder & drinke y^e wth 3 or 4 every morning fasting for y^e space
of 14 days to give & for want of malaga yow may take scall adle & it by y^e grace of God
will cure yow Chap 518 Another for y^e same

Take a pound of Red Cressonls & a quart of Muscadine & let ym Infuse together for y^e
space of an whole night ym let y^e patient drinke y^e wth & it will cure ym.

Chap: 522: A good Medecine for one hande yf it be troubled wth wormes or itching
Take a good quantite of Leaves of Nettle and dry them very well betwix two lyeth / tenn
or els in an oven or bread is new taken oil & beat them to powder & y^e put the
same powder into a pott of fair water to kepe & y^e q^uen the water shal be strain^d it
it into a glass & so use it wth a wooll stopp^d vntill y^e hande be healed wth it & no other
requy^red take some of the same water and wash your hande & face often y^e wil be
well made beth your hande and face very cleane & whyt & y^e wth the same water
gathered in y^e m^oth of y^e month of _____ and eat very Early before y^e sun^e ariseth
y^e also good to be taken in y^e h^ottell or any itching in y^e foot if your foot be often
swollen y^e wil be also this water if it be strong of the powder & wooll stopp^d will be a
whole year and more & it will be ready to kepe your thynge at all y^ent^r summer or winter

Chap: 523: How to cure or Megrim^e a medecine to layd away aching or pringling in the
Take Rosemary Lavender floure winter Savorie Camamylle Bayle & Lavender y^e soft (beth
y^e and old) mince^d & pounde^d all these in fair running water & y^e put y^e a good hande
of bay salt y^e take some of y^e same Liquore (herbes and all) & wash your feet y^e wil
have every morning & evening for y^e space of 3 dayes & in so doing it will be away
any manner of paine in y^e head although it be vntill so displeasing or y^eedimous the halfe
p^{ar}te

Chap: 528: And Excellent good medecine for any manner of ach or paine in y^e head
Take a Rose Bayle a wth it wth in vinegar & y^e put y^e a good quantite of Nutmegs
and the powder of Cloves & so be the same be bound very hard wth y^e thimble of y^e head
of the partly ground & this will help y^e foridally pr^obatum of

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Chap: 547: And excellent good medecine to open ye pipe of the heart being stopped and
to take away flegme & also to cure the pipe of the heart
Take a good quantite of barley and pulvise it a gallon of fair running water and set it to boil
ye one half be consumed in steame & through a fine cloth & put in to it a pound of
good Liquorice (some w hat bruised) & a hand full of Red sage & ye root of ym allegre against
ye ye put the same liquor into a close earthen vessel or into a glass & let it stand for the space
of 24 hours ye be ye powder ground & drink 3 or 4 spoonfulls first and last but in ye morning
let him fast one hour after & let him use this for the space of 14 or 15 days & it will help him

Chap: 550: And excellent remedy for ye beating or limbling of the heart
Take a Boll of good Card wine & put into a hand full of balm a hand full of borage
6 cups of Rosemary half a quarter of an ounce of English Saffron whole & a quarter pound
of fine sugar and mingle them altogether & put ye into some close vessel to stand for
the space of a day or more before ye powder ground & drink 3 or 4 spoonfulls first and last but in ye morning
a good draught of it at a lymbe of first and last & let him use it for 6 or 7 days longer or
longer if necessary require it & it will help him probatum est

Chap: 551: A very good medecine for ye heart burning
Take 100 almonds & 12 Rains & set ye to boil in water & let them be bruised
any man with ye heart burning first take some thereof & provide

Chap: 553: A very good Medecine for one who is greatly troubled with heart burning

Take 10 lb of Nymbe of 5 or 6 corners of good paper and bruise ye in ye water moill
and ye ye hand so done let ye down your throat & this will help ye heart burning
first with this hath been tried & proved: 1p: 3v: 5:

Chap: 554: thing good & comfortable for ye heart
Saffron Gagingall Cloves Must Burrage Nutmegs Red Roses Violet &
Meat with Mith and gladness of heart

[illegible]

Take a quart of good claret wine and put in a good quartale of essence of mace & a
pound wif of same wine & let it stand 3 or 4 days y^e wine warm (goodward)
it will give him preservative of life.

Jaundis black and yellow Chap: 559.

[illegible]

Chap: 56: Another for the same

Takoe these fraill' & wth ym or dry com al to fyre or in an oven to drye dry and dry
 Bat ym to powder & tol y^e p^{er} p^{er} p^{er} l^{et} a spoonfull y^e p^{er} al a lym^e tol ym dem^e it
 in a velle & tol h^{er} wth it for to fyre of ii or 12 daye to gette to f^o morning and
 E^{ve}ning & E^{ve} will cure y^e doo^ese y^e p^{er} fyre p^{er} o^{er}.

Chap: 566: A good Medecine for y^e y^ellow faundis
Take a handfull of Redd nolls cuped & softe y^e in woollen a pynt of acce & y^e strait
it through a fyne cloth & let y^e patient drinke it first and last for y^e space of 4 or 5
dayes longer & it will helpe y^e p^robalun of

Chap: 567: A singular good medecine for y^e y^ellow faundis
Take bof brinde and rols of g^rassbrinde & maibe pollage or bof y^erwil & let y^e patient drinke
take a good quantalite of al a lyme fasting for a Cardmo^r spate & by y^e godd helpe y^e
shall have p^resent remedy This was a secret Medecine p^ractised by an old man
who got much more y^e by

Chap: 570: And o^r for y^e same
Take hande spainish egg and a little stail acce in a cony & rub y^e sup agamost y^e eny
bottoms in y^e p^rysid wntill y^e acce be w^ryt for strait a little good y^entil it be drye y^e
patient drinke y^e of first and last wntill he be cured q^u by godd helpe wntill he be a shap y^e

Chap: 571: And o^r for y^e same
Take brande of solandme & y^ent a good quantalite of f^rom in y^ere sw^rtinge n^rst y^e m^r
bar foot bof abow & wntill y^e & it will helpe y^e

Chap: 573: And o^r for y^e same
Take a good handfull of solandme brande & a quart of w^rht y^ent & boyl y^ent w^rht
wntill for ond half be consumed q^u it be in wnter y^ent haibe y^ent hoot of solandme y^e
strait & same & let y^e patient drinke y^e of first and last wntill y^e will y^ent y^e

Chap: 577: A good medecine for an g^rimpey^rum in y^e head
Take a good quantalite of y^e f^rice of miste & pul it into a quill & so let it r^rund into y^e patient
sea q^u y^e g^ridifid & y^ent y^ent in y^e w^rht y^ent bar w^rward & it will cause y^ent
Imp^restum to beake w^rht y^ent y^ent

Chap: 580: A good medecine for for and ysch or bracking oil
Take whay and clarifie it wif y^e aduante of factory burage. And use similour flower & hepe
of oatch of hem and oince & one ponnace hole & one furore good to be bruised & one ounce
of great red ysones & tol ym to be clarified in the whay as a ffor said & tol y^e patient drinbe a
good draught y^e of sundy morning warm for y^e space of y^e or 3 dappes logifor also take a
handfull of finy. Eaten in a poll clef. To y^e fume half a pynl till a quarler of a pynl wif
a fowd annis gode & bruise y^e frame y^e of swape & drinbe it fasting & a lile wyle after tol
y^e patient drinbe and Eaten oince or oince fume y^e thine buce

Chap: 581: A good medecine for any manner of ysch or bracking oil in any part of y^e body
Take two or 3 pmones & roring oil y^e pice of hem & y^e lache to be quantalio of oyle of the ad
y^e is of y^e aduante and tol ym wif y^e logifor & y^e anoynt y^e palpule armo. Loge theghde or
y^e paurle of bmdor & this helpe ym in 4 or 5 lyndes dressing of ym in the furd p^robalun of

Chap: 584: One oyr for y^e same
Take good soche roole & wash ym & scrape ym cleane & cul ym in felico & stamp ym in a mortar
y^e pul w a good quantalio of brimstone finly beaten & temper ym wif y^e logifor & tol y^e patient
to anoynt y^e wif boe moke & swon & y^e will ffor alio y^e ym p^ro

Chap: 585: One oyr for y^e same
Take soche roole and beat ym and baize ym wif suet butter & tol y^e patient to anoynt y^e wif
in 5 or 8 or dressing it will helpe him

Chap: 587: One oyr for y^e same
Take one oince of finy. finly beaten wif y^e powder & temper wif a quarler of a pi of ffor butter
& anoynt y^e bodie y^e wif 4 or 5 lyndes logifor boe morning and evening & it will helpe
y^e ffor wif y^e doubt y^e p^ro of

Chap: 589 And oye for y^e same purpose
Take y^e decoction of hyssop and anoynt y^e place yf it is infected y^e wile y^e m 4 or 5 dayes
it will cure y^e it wth out Doubt yf y^e of it every day y^e wth of

Chap: 593: A Good Medecine to help y^e Kidneys & to cause y^e Reynes of y^e back grow strong
Take bugles waler yf it is distilled & put y^e to a good quantite of Red waler & a pretty poise
of clean whyt sugar & drinke y^e of every morning fasting in y^e your bed & this will
restore naturs & strengn y^e wth much p^{ro}fit

Chap: 597 Light Livers and Linges of good medecine for y^e light & Liner
Take 3 gallons of new ale q^u it is ready to turne & 2 or 3 handfulls of good pennyroyall
And as much more of y^e same ale & a quantite of Red doct^r Holl^e cleane washed y^e tait 7 or 8
Nutmugs and beets y^e m and mingle y^e altogether and put y^e m all into a fyne woul linnen bag
and for 7 dayes all y^e these things be y^e wher y^e m in y^e tait 4 or 5 dayes wth y^e befor y^e wth drinke
any of it and q^u it is to tait y^e wth may drinke it y^e shall be for and after mealt^e & y^e wth
shall find great Confort and ease. befor y^e y^e of y^e light y^e swyming of y^e Liner &
for y^e y^e also

Chap: 599: And oye for the same
Take fumitorie hearts bwinges and Liverwood & boyle y^e m in whay & y^e strain
it and give it to y^e patient to drinke & it will do y^e much good

Chap: 600: A very good drinke made of whay for y^e Colic
Take violet leaves Symplicie leaves Suctorie Endim^e scabious and fumitorie of each of y^e m a good
handfull & put y^e m in a pottle of whay q^u it hath been boyled & so let it continue boyling wth y^e m
the 3rd be consumed y^e strain it through a fyne cloth & let y^e patient drinke a good
draught y^e of every morning & evening for a Colic y^e m this will help him p^{ro}fit

Chap 614: And oyr for the same

Tarbo Conlous & boyle it in fair water & put y^e to a lillie sugar Candie Liquor & dinnis
fidd & let y^e drinke of it lict warm every morning 3 spoon full
at a tym & so w^{ill} it for y^e ffeate of 5 or 6 daye w^{ill} helpe & he w^{ill} helpe to bring hit
glomark agane if he be far froth p^{ro}balum of

Chap: 618: Morpheu

Tarbo strabouris water distilld & drinke it often & it w^{ill} appeale y^e Morpheu p^{ro}: of

Chap: 619: And oyr for y^e same

Tarbo g^oard of stonid & mingle it w^{ith} y^e powder of brimstone & yn lay it to y^e
place y^e for morpheu is (all cold) & so w^{ill} it 4 or 5 tym & it w^{ill} labe y^e morpheu
stons away

Chap: 620: And oyr Modems for y^e Morpheu whether it be whyt or black

Tarbo b^ostony h^oard b^ongue & sage p^{ro} plantis & d^o fennell & water crossbill of each of y^m
a good handfull & and a handfull of y^e h^oard of h^orb b^onnel d^o and d^o of r^ost^omb^o
& d^o of y^e allogife & let y^e p^{ro}alid drinke 3 or 4 spoonfull y^e of every morning fasting
& let y^e w^{ill} be and pour after & y^e w^{ill} cure y^e

Chap: 621: And oyr for y^e same

Tarbo m^ostard seed and salt a stamp y^e w^{ill} be gife w^{ith} romage & let y^e place y^e for
morpheu & so anoynted w^{ill} y^e w^{ill} & it w^{ill} cure it in a shord space p^{ro}: of

Chap: 622: And good modems for a sois mouth

Tarbo a good handfull of sage of p^{ro}ly quantity of Rosmary a good handfull of hunny sucht^o h^oard
as much h^oard as half a walnut boyle all y^e in a quart of fair running water for a good
space yn straine th^o w^{ill} be from y^e h^oard & y^e loye drigge in w^{ill} some fair glass &
so stop it w^{ill} close & y^e y^e h^oard any occasion to use it wash y^e m^oth y^e w^{ill} be morning
and evening & y^e w^{ill} helpe it in a shord tym p^{ro}balum of

Chap: 624: A Medecine for hoarsnes in the throat

Take 3 or 4 figes & cleane ym in tuo & ym put in a l. obay one of ym a pretty quantalite of
ginger finely beaten to powder & ym rest ym upon a cleane hearth or stone upon a faire lytlen
& ym dole ym partly grounde all ym at heate a possably ym may endure ym. Eyd kate holpen
some yf that bein troubled wif hoarsnes 4 or 5 ym dole logge

Chap: 631: palseie

Take a good sound nutmige and slice it in broad pices & put one of ym pices under ym
palseie wings & so dole it remaine all ym morning ym till noon & after dinner put and oye
ym againe & so shall find yf this will doo ym much good if ym use it often

Chap: 632: And cure for ym same

Take Red Sage Southern wood speckered and Landward of each of ym a handfull & boyle ym together
in a gallon of fair running water & dole it boyle untill ym out half be consumed ym straine it & put it
into a cruze or pot & boyle it close covered & ym ym may use it taibe 4 or 5 spoonfulls ym a
saucer (Lube warme) and gargle it to and fro in ym moule and good spere & ym dole it fure and
so in lyf maner take ym a pretty quantalite againt ym in a saucer as bothe & dole it be Lube warme
& so dole ym palseie Linbe & chafe ym pair of his body qth is greved wif ym palseie wif a
spooning dole in ym same water & it will helpe him ym

Chap: 636: A present remedy for lamnes in ym fyde coming by the palseie

Take Sage and hyssop & boyle a good quantalite of ym together in fair running water & bath ym
fyde yf it is greved wif ym wif ym taibe ym haire and lme ym at heate as bothe & ym may
be suffered to ym fore place and Eyd will spidaly helpe him the halye benis truly proved

Chap: 640: pils and Emerods

Tarbo oyle of Indians Nills & anoynt y^e place greved wth y^e wif & in tūg^e or 3 tymes doing this it will cūe y^e pils & emerods & it will cūe y^e tūg^e worms qth be in y^e fundament pr: oyl: y^e C

Chap: 642: Anoynt for y^e same

Tarbo a good quantal of beanes and boyl y^e in fair water & qth y^e nls and so then y^e can & let y^e pils growe for ower y^e pils at hot as possibly y^e may abyde & y^e will helpe y^e pils probalū oyl

Chap: 643: Anoynt for y^e same

Tarbo if handfull of southenwood & strip y^e beanes from y^e stalks y^e tarbo new butter at it com^e from y^e Churns y^e salted & beuie y^e hokes and fry y^e for a fying y^e and wif y^e for y^e butter lill y^e become londer y^e tarbo & fady y^e wth on a fying lill and lay y^e to y^e place at heat as possibly it may be kept and double it will helpe y^e pils probalū oyl

Chap: 644: Anoynt for y^e same

Tarbo a good salt and lye it & drā it and let it tūch nls water nor salt but cut in pils and do it (and y^e first dripping being cast fūe) y^e tarbo y^e nls drippings & wif a fying lill being dyed y^e in (the same being dyed) both wth y^e lill & y^e place greved 2 or 3 tymes aday & this will cūe y^e pils although nls be so pr: oyl

Chap: 647: Anoynt for y^e same

Tarbo black wolle and black op^e & bind y^e place greved & this will pulle helpe men wif out all doubt for this hath been tried y^e wth

Chap: 650: And excellent Remedy for the Emoroids & to dry up any sore
Take Reddwood & Rose ym in a pot of fair water untill they be very well fowen yn take a pot
& set it over a chare yf it be cold & set it to pailent fil cover it & wraie warm cloath about it
Chaire yf it be hot No air may shud for it & so let him sit over it untill it be cold & the pain
knouyn the members wif the same Liquore & the will shewly helphim

Chap: 653: And excellent good Medicine for the Emoroids & pills
Let him take black wooll and good white mard wif Copora and Gaults & woad yf wooll
in yf in be and then apply the same to the sore & it helpe it

Chap: 654: And cure for the same
Take Crossed yf grove wif for or about a wooll & then stamp and steam it
into a pot (but not wif any water) & make a plaster yf it be apply it to the place
grooved & it helpe pwalum yf

Certain Rules and good instructions To be observed of the plague

For as much as the force and infection of the Disease called the plague or pestilence hath
sore for been we were been known & felt in divers and sundry places of the world & for that
divers Cities towns & our places of the Realm have been so grievously tormented and wasted
ynore therfor (according to my simple skill and knowledge) I have thought good to publish
kind make known unto all as well such preserved as are good to be used observed
& kept by all sort of people for the avoiding of the same Disease being greatly infectious & easily
taken divers and sundry ways As also for the better preservation of those yf are in health from
the infection of the Disease and to cure and order those yf are any way infected or grievous wif
the same and therfor the things following ought chiefly to be regarded & fully
observed & kept

- primo to keep your house wards backside stools and chimney clean from all standing joints
 Dungheils and Christ morsels qth ingender. Sliming and filthy savors yf be Noysom or bred-
 Infection
2. do: to suffer no Dogge nor Calfe to come in to your house nor to keep any your sots (except yow
 dwell in some open place of ayre) for they be very dangerous & most apt of any kind of thing
 to take Infection of sickness & to bring it home to your Masters house by their feet kind from place
 to place and from one house to another continually feeding of yf wretched things yf are cast forth
 to your stools
3. ly: To aye your house (specially) wth Charred Colles fynd made in stone pan or Chaffing Dish
 & not in Chimney. But as yow can set your pan in yf midst of yf house & to draw a glass
 every house this a weed at the least & put in yf fyres a little frankincense Juniper dryed
 Rosemary or Bay leaved Sage and Labender
4. do: To wash your Linings often and aye your woollen in yf sun or over pan of fyre or over a
 Chaffing Dish of Coales and to fume yf same yf same wth frankincense dryed Rosemary Juniper
 and Bay leaved
5. to: To Smell to the Root of Emula Campana steeped in whyt wyne vinegar & wrapped in
 a handkercher or to the Root of graco and Wormwood steeped in wyne vinegar and Carried by
 in yf kind of a Lemond on yf something made for yf pinkpos. Also steeped also powder of Emula
 Campana Root in Drinke ore hangd about your necke or else chewd in your mouth is good
 to eat or chew in your mouth often in yf Root of angelica Solwall Gentia Valerian Cinamon
 or yf Root of arabe & to use every morning fasting to eat Sorrell steeped in Sorrell steeped in
 vinegar wth a little bread and butter yf vinegar to scarge yf wth Sorrell saute also to eat a
 Cornell of a walnut myt wth 5 or 6: Barbs of hard graco and a Cornell or yf of salt pers all
 to give into a fige warmed & eaten fasting three or three a week & to fast 3 hours after it
6. to: To Confort the stomache often wth and Elbowe made of Cloude mare Nutmegs
 saunders Genny Ground and such lyke

1. To drinke wormwood hie and Scabious floest in adde a whole night in y^e morning fasting (also
 To take hool of Emula Campana boalen together and drinke fasting) or to drinke y^e powder of Girebonell
 in forrell or Scabious weller fasting or drinke to take y^e water of Cardus benedictus or Anglica
 mixt wth m^urdalium also say to take hie before y^e to dry boalen in powder & drinke after in
 glass beere or ale or in wyne & to fust upon it & to forbeare sleepe
 2. To procure suet being in your nabel bid by drinking of possot acide sodden wth forrell &
 burrago & mixt wth triacle bid if any foole ym selues in forrell bid ym take Anglica water
 mixt wth m^urdalium and drinke of and shal be bid upon it
 3. To procure your selues by Corrocting y^e air in your house y^e is necessary y^e take
 Rosmarie dry flinnie bay leaues or frankincense and lay y^e same upon a Chafing dish
 of Colled and redde y^e smokes or fumes y^e of frolo your head if yow haue y^e new may pul a
 litle Lavender or Sage y^e it dryd in l^y y^e fume wth y^e rest & it shal be bid better
 4. To procure your selues over waye by perfuming or Corrocting y^e air in your house and
 Chamber take a good quantaly of white wine & pul y^e a litle Hoff water y^e is or 12 brancet
 of Hoffmarie & pul ym all in l^y a bagone ym take 5 or 6 flint stone and beat ym hie hie
 in y^e fyre and cast ym in l^y y^e same wine and so perfume your chamber or oyr kounse ym
 as often as yow thinke meete bid ym be bid done out after and oyr
 5. To yk waye to procure your self by perfuming of your apparel take y^e same apparel
 y^e yow doo usually weare and bid be beat suet and cleane and perfume it often after wth hie
 sandre beine or drinke wth flinnie and if yow happen to be wth any y^e are infected as ym
 as oyr yow come home shift ymre clothe self m^urdally & air ymre clothe as offered or
 oyr waye ayre ym wille in some open air
 12. To lastly if y^e patient be Coughs & hard bound then bid him take a suppelaria maid wth
 a litle boyled henny and a litle fyne powder of salt & so take it in al y^e fundamont
 And so bid it to be bid y^e in till it move a stool

Chap: 703. A Sovereign Drembe for any infected person
Take of pure of fyne Gold or of beaved of pure beaven Gold & put it in a lye of
Limon & let it be in for 40 dayes of 24 houre for take the same & put it in a lye
pouder of Angellike Root and for mingle the same with wyl wyne & the y^e patient drembe a
good draught y^ere

This is a most precious Drembe and it is geallie to be wonderd at what hole and Remedy some
y^e have been & the hande has been althoughe it hath been supple by many learned phisicians y^e the
y^e person were past all hope of Remedy y^el by Gods holpe & by hande & returned againe

Chap: 707. And Excellent good medecine to kepe and bring forth y^e sore
Take a wyl onyon a gylt in weight & 3 ounce of butter y^e lye clear without salt & y^e weight of 20
of garlick cleane picke and & quantalies of a beaven & a litle val medall small beaven & a litle
together with a litle new milke or of waler & make a poultice y^ere & lay it wyl warme to the sore
it will ripen it y^ere

Chap: 710. And y^ere Exordned medecine for y^e plague
Take a Cocke chicken or a pullet and put all the fowle cleane of the wyte so y^e the humors may be
bared & y^e hold y^e hump or bare place to the fowle & y^e medall y^ere shall be to the chicken or pullet
gates & labour for 40 dayes in y^e fowle it will be then take and y^ere cut the chicken or pullet againe & do
the lye and if y^e same dys & lye wyl y^ere take and y^ere and so do as afore said & let the patient be
applied y^ere do as afore said as long as any of them do

Chap: 716. And Excellent good medecine for a pluresie
Take blood of Lymphosoppe fust and a litle fair waler and fix y^ere together in a firmig y^ere & make a
plaster y^ere & lay it to the y^ere of y^e patient & it will drabs forth all y^ere Corruptions the hole time y^ere

Chap: 717. And y^ere Good medecine for a pluresie or stich in y^ere
Take aquavivie and Capons greas of each of them a pottle quantalies & boyll y^ere together then take a
a litle black wolle & dip it y^ere & lay it to the y^ere as it may be supposed to the stomack of y^ere patient
ground & it will ease him wyl & y^ere y^ere y^ere

Chap: 730 And exordient. modicum for y^e small pox

Take y^e milke of a Redd Cow & make a p^{er} of it with and scum to cind of the lean milke
Equall parts of a spoonfull of Redd fornote and good y^e p^{er} of it with a y^e p^{er} of it with
y^e quantalio of a Milke of a triacle & a little salt & a p^{er} of it with a y^e p^{er} of it with
And mingle y^e w^{it}h logg^{er} & so gibe it y^e patient warme & it will bring him fast y^e modicallio

Chap: 731: And oyr Modicum to drinke out y^e small pox

Take white Saffron and English hunny and good y^e y^e logg^{er} and gibe it y^e patient & it will
bring him fast y^e small pox in a short space

Chap: 732: A wry good Modicum to be used for y^e small pox

Take Dragons water whyt wyne and medridalum or triacle of stone of dach of y^e a p^{er} of it with
and put some uncorred hony y^e in and good y^e y^e logg^{er} & gibe it y^e patient & it will bring him fast

Chap: 733: And oyr for y^e same

Take a spoonfull of y^ell olive & 4 or 5 spoonfulls of malmsay & as much triacle as a beane & put
y^e in alogg^{er} & so be y^e patient drinke y^e same w^{it}h warme & it will bring him fast

Chap: 734: A p^{er}med oyrment for y^e small pox

When any Cotte is filled by any mischance or dyed take y^e best oil of hony & wash it & y^e p^{er} of it with
w^{it}h a little salt & cast it and cast it but a wry little (and y^e w^{it}h a little new butter w^{it}h salted)
And w^{it}h drinke the p^{er} some clean dachon dring pan or a p^{er} of it with a y^e p^{er} of it with
of host water and be y^e dring fast y^e in & so y^e host dry and no moisture left y^e in y^e
Take y^e dring and beal it w^{it}h logg^{er} w^{it}h host wall & y^e in it first dring and cast any p^{er} of it
And so scum it of clean & so put it in a pot to stand w^{it}h y^e hand oyrment to w^{it}h it and
so be y^e patient forced to anoynted y^e w^{it}h & it will cause to scabbe & scall to
shack of pro balum of

Chap: 735: And Excellent purgatione to be ministered to any person for any manner of
Take 8 on oz of long a Spoonfull of annis seede & and an oz of liquoris 9 Spoonfulls of Rhenish
20 Roysonne of y^e Sunne (y^e flower cleane y^e cleane furth) & boyle ym all together in a quart of fair
water and so same boyle untill 8 oz one di be consumed ym straine it & put y^e h^e and oz one
of deapthi cond and shabbe & same wood lo gifer and let it pairlie y^e boyle to purge ym
a p^{er}fect quantalio y^e of every morning fasting (blood warme) & it will cause him to purge exceeding
well this purgation neuer mai be y^e daye soe nether doo offend to stomack any thing at all

Chap: 749: Salves and ointments

A good salve to cure a womans breast y^e is ranbled & to bring it to y^e former state & to cause y^e
a bring y^e of lo Coas
Take 8 oz of smaltedgs & plantain of each of them of sam alib quantalio 2 lb of hennny and
whyl of a new laid egg a lb quantalio ym pulv^{er} ym a p^{er}fect quantalio of fyne whylon fleur and
flit ym wood lo gifer untill y^e be growen thicke (but w^o no fyne at all to it) & entalbe it & lay it
to cold w^o y^e & for it will cause y^e paine to cease although it laboureth to be m^ore
m^ore volu^{er} good for any o^o wound & it drawe y^e sore y^e salum o^o

Chap: 754: And Excellent salve for any newe til or wound y^e will not cease bleeding

Take a good quantalio of 8 blades of l^eek & stamp ym w^o y^e wood lo gifer y^e a good quantalio
of whylon fleur and a good quantalio of hennny & mix ym wood lo gifer but be ym not comend^{er} any fyne
at all & lay it same to y^e til or wound cold & y^e will stanch y^e bleeding qunday ally & it will
also draw forth all y^e bruyed blood & make y^e blood be pure and cleane y^e h^e half be m^ore
proben

Chap: 755: And y^e good medecine to be used p^{er}fectly for a greene wound

Take whylon fleur & milke & lomp^{er} ym wood lo gifer & ym soe ym untill y^e be thicke th^en
take y^e whyl of a new laid egg & beat it wood w^o y^e fyne strife & ym lay it to y^e wound
& it will heale it & also draw it from ranbling p^{er}fectly

Chap: 773: And oyr for y^e same
 Take a pynt of redde foole byll a pynt of aquaviv^e & a handfull of hosted oymond & stamp
 allegit^r & y^e strams ym & se marib^e and oyle y^e of & in ocation of the anoynt w^{ill} be p^lat^e
 greibed b^e mourning and d^eu^ening b^efor a god fyre at y^e at as possible it may be sup^lied & b^efor lo
 have a w^{ill} w^{ill} probalim of

Chap: 775: To Cause one to get sleep
 Take a spoonfull of woman^e milke a spoonfull of host w^{ill} a spoonfull of h^e p^let of belluc^e & boyll ym
 in a dish ym take f^lap & make a plaster as broad as y^e thumb f^lap to moig^lon y^e f^lap w^{ill} be p^lat^e
 to same liquor & grabe a Nutmeg & p^lat^e upon it & lay it to be foraged & temple of h^e h^end
 oyr f^lap p^letson & it w^{ill} provoke f^lap f^lap

Chap: 778: A most Excellent medecine for the spleene
 Take Capres and dal ym and Esterwards drinke some of f^lap w^{ill} q^uin y^e f^lap d^eo d^eo y^e
 hot p^let in q^uin q^uin ch^e & f^lap y^e p^let drinke it at often at the stomach w^{ill} p^let it
 and f^lap cur^e y^e f^lap

Chap: 781: A p^letion w^{ill} for y^e spleene
 Take Balme Turbentine scabious bellony and pimpendill of each of f^lap a good quantalio and
 distill ym allegit^r & f^lap y^e p^let w^{ill} to drinke often of f^lap w^{ill} & this w^{ill} p^let p^let
 this is also good ag^l f^lap p^letion & ag^l thes y^e are t^let w^{ill} y^e moyr and it is good for
 the marrow of f^lap bone & for confort^e of f^lap

Chap: 782: And oyr for the same
 Take a good quantalio of bellony and f^lap it oyr in wh^e w^{ill} ad^e or b^e & it p^let f^lap much
 this is also good for y^e mylt & liver

Chap: 783: And oyr for the tooth ache
 Take f^lap f^lap & wh^e salt of each of ym a handfull & stamp ym w^{ill} l^eg^l & ym p^let f^lap in l^eg^l
 of b^emag^l & f^lap ym w^{ill} oyr y^e f^lap & ym strams ym & p^let ym in a l^eg^l glass & on y^e w^{ill} w^{ill} f^lap
 a spoonfull of f^lap p^let it into y^e f^lap of y^e mouth q^uin p^let it & h^el^e down y^e f^lap y^e it may f^lap to f^lap
 Rob^e of f^lap l^eg^l & it w^{ill} t^let away b^e f^lap & y^e p^let p^let f^lap h^el^e f^lap p^let

[illegible]

The four Greater Colicseids Gourd Melons Cucumbers Citrons The
 their lesser Colicseids Latece Endive Purslane Sorrell
 How the Richerls

Take three pound of May butter boyle it and take off the scum & pour it away to ground
 Linderwort rib grass color grass bean wort Camomell finchle naphanfolle Confort Knotgrass
 I suppose mugwort take a large handfull of every one of these herbs roole and all clean potted & pulled
 in one dry day gather them and boyle them well amongst the butter till it look very green strain it through
 a linnen cloth Lay the herbs upon a cloth of the butter is wrung from them one and ndage in the bread
 above the plants ye munde w lay the chylde in while ye take ye the wash of them pressed the herbs
 till they become of ye colour of ye yew hand may know that they have not too much heat w do the
 chylde harme goodfellowe goal is best for hel or w cold is not good lay the chylde wanting the chylde to ride
 the herbs above and under ye no place to wanting from the chylde w the w Lay some cloth of wnewash
 blacke wooll next ye place before ye pour out ye herbs it will be good for the chylde and run the chylde ye place
 while the chylde be lay in then wring ye wooll above the herbs about the chylde & ye ye place to warm
 and let ye chylde sleepe four houres at least amongst them good and then ye chylde to be warm
 warm after the bath ye butter qth was pul from ye herbs will be good to be put amongst ye chylde
 moale some of it will be taibon w Dip one good lining shirte and so the amongst which most be w
 souped amongst ye last ye comd from the herbs & rosson it will hand most of the strength of the herbs & ye
 shirte & ye so the will be good warm m and pan & pul one the chylde on ye chylde is taibon out amongst
 the herbs ye herb butter qth was strained throw and cloaf will be giben w the chylde one month or two
 days at least amongst moale the herbs for making ye bath w the chylde are
 Take a handfull of bloodwort and a handfull of plantain and oye handfull of rib wort plantain and
 handfull of sum Adie and oye of Camomell wye and oye of hyssop then take a handfull of pul it
 after it is taibon of wye ye hale & hoine amongst 4 pynde of spring water ye boyle the herbs well
 till and & ye strain it through a cloth & pul ye herbs and flesh about ye fillers of the chylde
 amongst ye chylde wye ye shall every night so long as it last & so after ye making wye of one galone
 oye for the chylde & boyle wye warm after ye bathing

As for Marking of y^e docturall
Take and ounce of E^s powder of Elicompans and oze of E^s flour of beeinglons & 2 ounce of powder
of Leguorins quarte and ounce of Cannell y^e Ly^e of Nutmegs & as much masticke ounce of Cloves
Sugar towne & a quarter mlt of honey and quarter pint of fish butter & mixd all together
& boyle it in a thyn Can & make use of it morning and evening as y^e find E^s quantalio haue report
make more of it after ward.

Tabs multilob sammamill Dill hvars lounghs Tamaricks gvid barko of each aquandale
rit ym all small ym in May Buller adding who it is oyle of Dill a hand full of Camomell wa-
pynd of Buller a hand full of each y and oyle of each oyle bayll it in a pot of water & in the fire
aquandale of hives thes lymde to beamp fowr dett oyle lymde on ym pulv m flesh
to be mde for the Bitch

[illegible]

For the Rickhills

Directions for the cure of the Rickets

[illegible]

And Reset from Doctor Arnot for the making of purging prunes

Take four ounces of fine laund wif for drop weight of holl maceo & steep ym in a chagon of barraq
waller miced wif a much some of ranysh bynd or whyl winder fol ym in a some spot upon warmt a fitt melle
found ofter cause ym boyle logide a litle whyl waster steame all to liquer as hard as it can be don
take a pound of the best and pured and gredely pained and clean dight or mor gibe to liquer will coude
for ym pul ym in the liquer mto and plet for to drop after coust agane clop wif a pleat p fol
it wif ane poll forking wif warme waller del com stand for long till the wif all fittled geat p fol
drubon in for melle of the liquer as they can ofter take out the ploumes & pul ym in the wif
clean pigge ofter take up rest of the liquer & mix wif it four ounces of fine sugar p two ounces
of marena & boyle all together until a firrop pul it firrop upon the plumes to becom
and on you wold use ym gibe ober some of the firrop wif the plumes

The Receipt for making bellegin sabo

Take the herb called Ebon wif the herb plamen wif the boar docton yf ground allways one of
ground and not comed to the fitt tail a litle of oider one of the sparbe & phar com small yf after
boal com fitt in ane stone mortar ym take as much mullon geat yf to fitt as you please
and mott it and steame it through and cloath ym in your herbs yf may dore pul in nait hard
in it till yf mait it as geat as yf wold have it

And one waller

Take trothra and lapis Callamimrid of each a litle quantaly boal ym in powder & pul in a
glass up to the bottem of the glass being covered a quarl of ane pich the thick wif the pul in the glass
being up & pairt of a mullon fitt wif half of the Red Rose waller & half of the bright waller
or if they cannot be to the had take yf one in place of the & yf we are to make wif of it
fitt the glass till it be muddie ym wif a fitt pul in your eyes & at night take a
woll cloat & lay it upon your eyes yf may take your eyes to lymbe a day if you will

These are to be found at yf a potherie shop

~~There are to be found all the cheapest & worst shoppes~~
A very Sovereign Remedy for y^e Gullett.

A very Sovraign Remedy for yr Gulsach.

Tak three handfulls of Ee roots of pildons wth half an hand full of Ee roots of annulatum
and qn Ee are well washed and then y^e shall put them in any Clop or can p^{er} pour in to them
this shap^{er} of Ee small wth y^e wth y^e can have and qn Ee have stept all night y^e
shall have Ee p^{er} p^{er} d^{er} and one good draught of it in Ee morning y^e shall have it two hours also
in the afternoon tak an oth draught of it p^{er} full two y^e in Ee Eth manner it is to be
wth wth wth it is also good for Ee limbinge bowels

A Receipt for the Nichols

[illegible]

To render vomiting of food or any of the things

Take a little quick lime & as much and as much of the scrapings of harts horns beat them
together into powder mingle it and temper in a soft egg & it will stop the worming
it will last for a few months.

It waits for a few months.

Take a shapen of Beare and a mullein of whif wynde bimage and Dreame of whif coppel two vnt
of ~~whif~~ black alum boyle ym till y^e spall be consumed & so reforme it for y^e use
for the small pox

for the small pox

Take a much more care for it one of these you'll find it clear put in it a few more gold pieces
Some of the best of gold maxims & blood figs let you buy like for to half away you put in as much
saffron and as much hard horns let it stand 2 or 3 weeks you'll find it blood maxims to give you
Train it first this will put you from your head if you go on in

And excellent Cures

Take a quart of spring water & put in it a handfull of barley & a handfull of hogings of lin flind
& an ounce of liquorice and handfull of agrimonie & and of the laggo & and of the maiden hair boyle
all together & let it stand in the sun till it be half consumed & then strain it & put in it as much
of bread sugar and as much honny or a spoonfull of it to give good cold honny

A Receipt for ye Kinde of

Take a pint of doctol wort & a handfull of the fennel barbe of the handles with 5 or 6 spoonfulls of
cold honny & let it boyle one ye & then let it be half consumed & then strain it & put in it as much
3 or 4 spoonfulls in ye morning & let it be half consumed & then strain it & put in it as much
after supper & let it be half consumed & then strain it & put in it as much
do it till it be half consumed & then strain it & put in it as much

A Excellent Receipt for ye Giltson

Take Maris Thistle and fennel Camomille plantain roset hares grass maiden hair red nettles hoggingen
called the fennel wort with a pint of water & let it boyle all the night & then strain it & put in it as much
herbs as you please & then strain it & put in it as much
to powder & drink it with ale or wine in ye morning fasting for 10 or 12 days & then strain it & put in it as much
it is very good for

For one ye want to be fitter

Take a drop weight of fennel fassion & divide it in three equal parts & let it be half consumed & then strain it & put in it as much
wind at night & in ye morning strain it & put in it as much
do it till it be half consumed & then strain it & put in it as much
comes to the fennel fassion & then strain it & put in it as much

For stopping the mouth of Monthlie Course

Take half an ounce of the inward flint & let it be half consumed & then strain it & put in it as much
to ye woman & in a short time ye let much coming shall stop

To help a woman to be brought to bed
The bloods of roots fiddon in water laid hot to a woman's navel & bound about her is very good & y^e succ^e of
mint or powder drenched in good wine hot causes a woman to easily & soon delivered & also com^e p^e aⁿd drunken
in this wine is good for one if it is in labour of a dead child Carrots stamped & drunken with wine or
are further y^e best

To cause women have y^e o^un^e friend
Take mugwort leaves stamp y^e & put y^e in a bag & lay y^e under y^e navel you may mark it in
forms of a Calapymon & apply warme under y^e navel y^e liquor of mo^e world stamped with oyl of bitter
almonds & apply to y^e place to dose stop y^e pains of y^e mo^e when it w^el

Green oylment
Take Rosemarie Camemell sage & mint Elder bloom Suthronwood Alder & Landner & Lavender
cotton wormwood rose bugle brook h^em of each of y^e two hands full stamp y^e and boyl y^e in y^e pond
of sweet butter till y^e length of y^e herbs be out of y^e y^e strains y^e & put it on y^e fire again & put
in a scold pint of black spiced honni dung Coked dung a good half much more of y^e same y^e ment
and quarter of pound of mace nutmeg & Cinnamon Clove of each and ounce benjamin & an ounce
of and ounce of al all y^e gums and spices put y^e in y^e butter boyl it a quarter of an hour y^e
keep it for your use

For the bite of a Mad Dog
Take a great Urion cut in y^e middle take out some of it & fill y^e hollow part wth triacle by y^e ment
lay it to rest among hot embers q^u it is soft mix y^e with y^e g^old & apply it this will draw out y^e venom
and doo good also for a plague for

To stay violent bleeding
Take an egg and cut of y^e top of it and pierce out all that is within it under y^e p^ealid^e nose th^est
be full of blood y^e fill it in y^e hot embers & when it is dry for dealing y^e g^old wth y^e p^ealid^e wth y^e ment
A good Syrop for the obstructions of y^e Liver

Take p^eilly and finch root and ounce & half of each small dg roots and ounce Agromony m^edum hai
heart of lounge take a hand full m^e & vnder y^e of each two ounces Liquorier Currans Imagas of each and
ounce honny sugar of each for ounce make a Syrop of y^e hom like y^e remain^e fy from ounce Carise
& give of it at y^e you think necessary

For Ane Congestions of Comd of ano Cough

[illegible]

And approved dynastion for the persons ailing beruised, swelling, pained, shrunk, sinned or richold
 was a balsam of their blood, or haire, talke for Colmarie or thist bewellings

Tale of Rogatory Cambrin sage Rodmunt Rior Oloom or Raur Raur
Lavender and Lavender collons wormwood herbgrass boughs
of black snails a mulberry frambinco 4 ounces Raur dung cow dung new made of dark half mutton
made milmg cloud ginger Cinnamon of black and ounce of Benjamin 4 drops Raur butter 8 new
boyl first yd herbs culd small in yd butter wtd clarified ym in yd liquor being strained pull yd
wtd shalon small wtd yd snails and dung and bol ym boyl in yd same wtd half and hour
Continually stirring frame it in pole and add wtd of yd Chymical oyl of Camomill on scruple
or 22 grains if

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An powder for the Cough

Take Myopronis worth of fine saffron beat small and eight penny
worth of powder made of the compans and mixt to an Unc of Lignosil
beats into powder and two Uncs of fine powder beats to powder and
three Uncs of Sengarcandie mingle all those together and make powder of it
then putt it to an Rose and Lett the patient eat his pleasure

The Syrop for the Cough.

Take half an pound of white Sengarcandie half an pint of Rose water
a Spoonfull of fine powder a pint or more of Rose water and a good quantity
of Lignosil clean pained and raised by all these together till you have
it come to a Syrop so strain it through a clean Linnen cloth and putt
in a Glas and use it when you please

A Medicine to break of Legues

Take honey and Rose Lutter in gallon of each a Syke quantity a good
Litter almond ballams and beaten very well and mingle ym the honey
and Lutter, and Lett the patient eat a Little of it Morning and evening
It will do much good probatum est Another

Take a good quantity of smallage, and boyl it in Vinegar and Lett
patient swallow his food all the while then take the smallage and putt
into an Cloth and bind it to the patients stomach and Lett it remaine
three or four hours it will help him probatum est

And use the same
A Mervolus and wonderfull Good Medicine to preserve
the Lungs

Take the Lungs of an Ox and dry it and beat it to powder and putt the quarter
of a Spoonfull thereof into a Little almon milk or in some other thin Broath
and of Bal or Mutton and this will preserve the Lungs when or fully so.

To cause one to have an appetite in Sicknesse.

Take Contarine and boyle it fair running water and Lett the patient drink
thereof day the quantity of 4 or 12 Spoonfulls for the space of 4 or
5 dayes together and this will provoke appetite and out doubt purifie blood and

Stomach take it with warme probatum oft. and say for the same
Take Contary and boile it fair water and putt thereto a little Sugar
Liquorish and soe and Lett the sick person drink 3 or four Spoonfulls
thereof morning the space of 3 or 4 dayes it will help to recover the stom-

ach if fast spent probatum oft.
The Drink for all dysgras whatsomover
Take a Dozt of it fill it full of faire running water Lett it want an hour
of being full putt thereto a quart of white wine then putt the Dozt over an
hot fire of Coals putt into the pot an pound of good Liquorish cleane
tipped and putt in small pieces halfe an pound Anise seed bruised halfe
an pound Lignum vitae. It is to be had at the Gardener an Anise seed
the same tree yett is to be had at Apothecaries then Lett all the
will together for the space of 2 hours or till an Goodnight

When the Syrop is in the Dittle putt in some Cloves and
Steep it for your use. probatum est sepius

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[Faint, mostly illegible handwritten text in a cursive script, likely a Latin medical or alchemical recipe. The text is written in a single column and appears to be a continuation of the previous page or a separate entry. Some words like 'syrop', 'dittle', 'cloves', and 'steep' are visible, corresponding to the printed text above.]

To make Gooseberrie Cream

Scald your goose berries and rub them through an hair Sieve to the back of an Spoon and season them wth Sugar and Rose water and just before you serve it up, if it is cold mix it wth sweet Cream at what thickness you thinke best then put Sugar over it if you desire it for a Brown Dish

For making marmoleet of apples.

Take the apples and press them and straining them taking away the hearts of them y^e put ym among water straining ym till they be pretty thick then put ym through an Sieve take half there weight of Sugar and clarifie it afterwards boyle both together stirring it allways upon an gentle fire till it be chibing thick then box it off pretty warm wth Sugar upon the top of your box.

For the Link Root.

Take rosemarie and hyssop an Ham Bull an pound of white Sugar candied y^e put ym all in an boyling pot among soft water and when they have boyled 10, or 12 hours take ym and strain the flowers and give liquor to the Physic.

For the Fluxes.

Take half an ounce of Roubardes and half an ounce of Junnie Leabal steep them among ale by the fire, take ym once the morrow morning strain ym and drink ym fasting when y^e have wrought take some broth drinke warme also if this doe not abate take it once or twice more Let there be of the liquor from a Shaper an smatchline an half mutchline to half mutchline of white wine.

A cure for an Woman travelling in Child birth.

Take as much Mirtle as the quantity of an Walnut and temper it in Wine give it to ye woman to drinke warme, and this will cause a speedie delivery either quick, or doe take amble for, and of the bark of Casia fistula ʒ weight of two penny mace each of them and beat ye into fine powder and give it to ye woman to drinke in ale beer but let the new birthe be very Carefull for fear of wrong.

For ane Consumptione.

Take two handfulls of rough beere put it in cleane water give it an boyle put out ye water put in cleane water and boyle it till it spell and take it, look it and mixe it wth milke and drinke it so.

For making the Syrop of Gilly flower.

Take an Mutchkin of sack and warm it quick wth whey to from the flower take an pound of Sugar to a Mutchkin of Spring water, and clarifie it wth the whyte of an egg ye put in the Gilly Syrop the flower being taken out boyle it as long as ye please or till it be thicke to your pleasure ye may make the Syrop of violets wth same way, onlie steep your flower in beere water or Spring water boyled to cold again the graine being taken from the flower ye may clarifie the Syrop or not as ye please.

A Receipt for the Glue.

Take an Mutchkin of Clarit wine and ad much water again thep quench wth whey to steep ye by usuallie one the water (being red hell) two or three times ye take ye out and put the Liquor on the fire wth the soft of an wall grate to

With a piece of Cinamon & an unce of Conforts of Looses boyle all these about half
an hour and let the patient drinke twice, or thrice a day of it.

An remedy for an Woman in child birth being in danger of Life
Take mugwort, & boyle it wth in spring water and plaster it as hot as can be suffered
to the navel of the woman Labouring, & it will prob^{ly} & speedily obloay of the child
and after it out and will but it must not continue too long for it will cause
Matrice to follow any for the same Take betony and drinke it wth aile or water & it will
cause an speedie obloay though the child be dead or turned contrary to the
right Course it brings the after. B. also. Some say pennis roall all hathy pennis
Take polipodium of newes called the farnes and stamp it wth some woad & make an
plaster of it to the foot of the woman y^t travaileth & y^t cansoth an speedie birth
of the child either alive or dead this is an unbelov^d good secret probatum.

For an Consumption that cometh of the Cough
Take 4 unces of Conforts, of red rose & unce, of white Sugar candie & unce of roose
ons of the Sun flower and beat all these together untill they be all upon Conforts
then put to it an drop of oyle of Sycamore and as manie drops of oyle of bitriall beat
y^e all together untill they look as an Crimson Colour y^e put in a pot
it must be very well beaten y^e must take the quantity of an Nutmeg in the mor
ning fasting and fast an hour after it, and the Like quantity when y^e are in bed
and not drinke after it y^t night and this do untill it be spent if y^e cold con
tinues make any pot of it, if the paine please y^e may take it at four or
back afternoon if digestion is ill white or Clarid wine a bottle
hal by.

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A Receipt for Convulsion fits in Children.

Take 3 4 5 or 6 drops from the glass of the oyle of amber according to the age of the Child drop it from the glass amongst an little quantity of white wine and Sugar stirring it about till the wine be drint to the child then give it to the Child in ye morning fasting and let the Child abstaine from Meate the space of 24 hours or thereabouts according to ye age of the Child keeping him very warm after it if the child is in his first night his Nose should be stopp'd wth the said oyle. In case of the convulsion give the Child a little after the fit as afore sayd & as much of the powder of the high rose as will lay upon an great and after you have made a little berry mix it wth the powder & give it the Child to eat.

For Candien Cringes.

For your cringes take away the white stiffen steep it in Spring water for 6 day & cast away the water & take Spring water and boyle ym among, till it be thicke then take a pound of Sugar for the Mutchline of it mix ym togyr and Cast Candie Sugar above ym. To make Syrops of popudae.

Take the Lobes next of the black and white ym steep ym in Spring water till ym are in an stop but let ym not be very hot change the water above day for 3 or 4 dayes ym take an pound of Sugar for every Mutchline of Syrops boill both togyr clarifying it & boill it so thicke till it stand upon your Nail.

To make the oyll of Camamill.

Take an Matchewine more or less as you please off the left side of it put it in an
clean earthen pot and put it under an Lillie pipe take two or 3 handfull of Camamill
as much as you oyll will cover gett wash blacke attills to an Lillie pipe put in the Lillie
and Let it stand by fire an Gentle fire till the substance be sufficiently from the herb
that the oyll become greenish and the herb some white than strain it out, and put it to your
Lillie as much of the same herb using it still on as former till the oyll become
thick and strong of the herbs for it be kept close up herbs when they are boiled
and strained and the Cloath of the strain it is exceedingly good for bathing and if
oake place by swelling in a persons body probatum.

Take 1 These herbs are to be put in an Linen bag and putt in an barrel
borrago } amongst now time also many thorn herbs as would fill an Chappin
bugloss } Cap wool for to put amongst an Gallon of ale: it is who some for
Cichoris } pring and is good to probat for a cure or off sickness: it may be
Hyssop } drunk after an dayes sleeping an Chappin in the morning that much
wormwood } att four a cloake: for a man, a Matchewine is too much at once
Mint } for a Child, half an hour after it. The way to make an purge
Fennel grass } Take 4 dram of Linn 2 uncs of Liguorilla flye it long
Fennel } small, half an unce of Canell break it in small pieces
agrimonia } put all this in an pint stopp lade an Chappin of water and put
Calce } it to boyle and pour it on y^e in the stopp stopp it close it an for
1 and Let it stand 24 hours

S Syrop for Shortness of breath.

Take Syrop of violet and maiden hairs of each two uncs Syrop of hor
hound one unc oymell of Squills half an unc mix y^e Lot this Potion
wth a Liquorist^e stick Letting it slip over a Ladles to open the belly Syrop of
violet may be taken in whey or a Little manna or some of the hoine
of Roses or Syrop of pale Roses and of the Infusions or Juices of them wth
an addition of Lincine or any expurgative or breath in y^e Malloes
Marph Malloes roots wth prim^{is} habs boyled.

Linis

In Receipt for Compounding a powder for the Epilepsy 66
Take ye full of a man who hath done a fiddon or violent oath which hath
Layen out his sin, or seven years in the grate, and when it is very sweet drye beat ye sin
most or least part of it into small powder into a mortar, and burne the half of it
and beat also and put it the best sort prepare of the roots of double and single dore
give two, or three roots of each at half as much of small Campana and all be
as sweet drye by the heat of the sun or fire can be beat also into very small powder
the the former

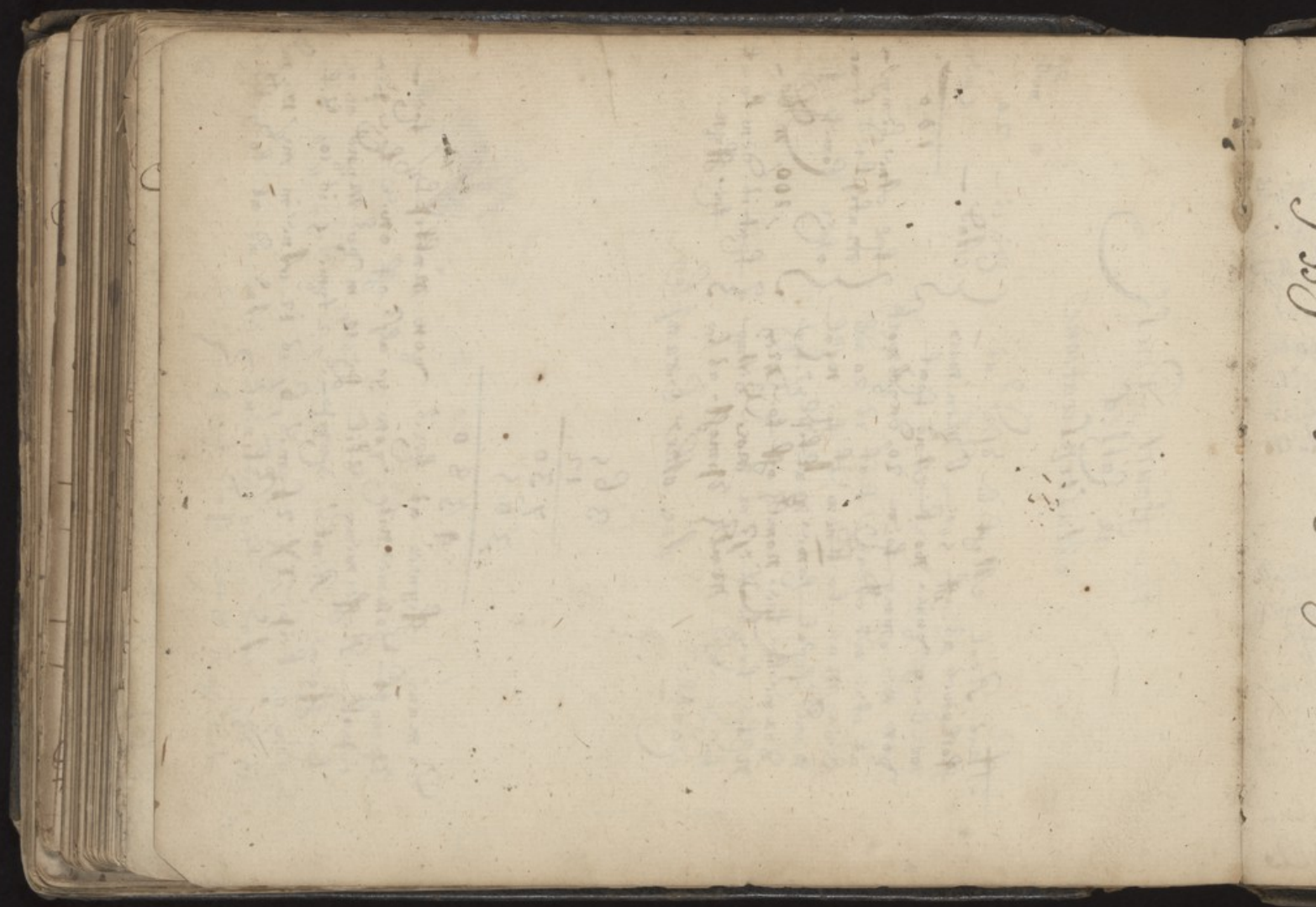
Thou canst gett it Jay (a bird not to be found in this Country in this sort of the whole
or half of full of Coriander or Cardus benedictus or put it in a oven not too hot of
it may be drye soon as it may be beat to powder but not burne it in the sort
In case of want of ye Jay you may take a Lark moult and can be rubb for to call
and can be on it as the above mentioned both can be beat together and use of them.

Finis

The Table off
Multiplication

1	2	3	4	5	6	7	8	9	10
2	4	6	8	10	12	14	16	18	20
3	6	9	12	15	18	21	24	27	30
4	8	12	16	20	24	28	32	36	40
5	10	15	20	25	30	35	40	45	50
6	12	18	24	30	36	42	48	54	60
7	14	21	28	35	42	49	56	63	70
8	16	24	32	40	48	56	64	72	80
9	18	27	36	45	54	63	72	81	90
10	20	30	40	50	60	70	80	90	100





The Result is Called Devotion

This Rule may be
to be paired at most many And to know how many
be on most hands as be sample here is, 240, to
be paired Amongst 12 men draw for And be
of And be for many twelve you get out off
240 And that will know you what is due to every
man as is sample following

Suppose 20, due to every man
be war off Debts, is due
for many times 12, will get
out off every time 12 And be
sit down in the Company And
be Double each on the Ground signifying saying the
times the is 4 from 4, the Right note is And
So, finding it here be 3 or 4, you may find the
after each time the same is repeated. For the
And other examples

279 Right
18 1 6 9
44 3 0 1 171 proof
34 2 7 21372
3 7 7 1
3

279 Right
18 1 6 9
44 3 0 1 171 proof
34 2 7 21372
3 7 7 1
3

M. Lucatellae Balgamo

Taken from his own mouth

Take an halfe pound of yellow waxe, put into a pan above a gentle fire to melt y^e put
in three mitchbins of Sallet of y^e wool beaten to an mitchbin of each and a pound
of Venice Turpentine wool washed in half a mitchbin of Rosewater, Lettys
boill wool wth Cutmewall stirring a quarter of an hour then put in two mices
of red Sandor beaten to fyne powder & Let it boill till the water and waxes
Consumed alwayes stirring it wth a wooden stick and as often as it offereth
to arise and runne over take it of the fire till it fall down again & when y^e
See no more fume arise y^e it is right Let it cool a little and strain it into pots
and keep it for your use.

The Corbue and Borall used thereto

- 1st It helpeth the Kings still being broken & tainted
- 2nd It helpeth one y^e is Lame and sore in shoules limb being applyed as a Barbeall
- 3rd It will cure any bruis outward by anoynting the place offe and once inward
inward by drinking the quantity of a palmitt melted and put into a glass of
warm sack for 3 or 4 mornings fasting.
- 4th It will cure the biting of a mad dog or any other venomous Creature drin-
king the like quantity and anoynting the place
- 5th It curreth the Sickness or any pain by cold anoynting wool by the fire & laying
to the place a bagg of mowed ashes as hot as y^ere can suffer.
- 6th It will defend from the plague at gods assistance drinking it in
sack as aforesaid & anoynting the Nose thurle in time of the

70
All following all bagues and bones without express consent of Mr M/ 13/M/
p 6 cap 42. Fd ratified by Fb: p 10 cap 12

The Infection & it is a Soleraigne perfume to be used every morning
to keep from danger.

7 It will stay bleeding of any wound by a plaister y^e upon lint bound w^opon
- able hand upon it.

8 It cureth the head ache annoyting the temple throate.

9 It is good for any surfeit & holpeth digestion being drinck in a glass of sack.

10 It cureth any manner of burning or scalding annoyting the place y^e of it
a feather if it be blistered dip it, & then annoynt it laying paper upon it & a
Linen cloath upon y^e & dress it twice a day.

11 It is also good for the Colick.

Leboine woods cure for the coldest distempers of the braine. Take of pol-
- litory of Spain two drams Mustard seed & stable Sugar of each one dram
make y^e up of whete waxe into little balls of which lett one be chewed
every morning lapping down the head, a flower & colicis root is usefull for
the same Mastick alone chewed is the mildest and it draws humours to
the mouth & out heat & inflammation y^e it cures do not they most take
head of Gargargins y^e are subject to defluctions for they are
not good for them.

The brain is also strengthened by the outward applications of ground ore, or Lignum
caps by which it is comforted and made warmer by the remainder of the humours
disposed. Plasters yet draw blisters to the Nape of the Neck is also good it is
also very good for the drawing away of the matter yet breed continuance
in the brain by making an issue in the hinder part of the Neck.

W To cure droupie diseases.
Warm Vinogar holden to the Nose is good. A Doer or gold burnt horns &
holden to ye Nose is good & strong rub also the Soles of the feet wth Salt &
Vinogar. Rozing is good but not so more unreasonably, nor too oft. Absorption
is the best cure if Ephorbiu be in it, for it will draw the humours out
wardly, yet layeth deep if the disease continue give three or four grains
of Castor mixed in a little Vinogar & honey called Osmol many
have been cured by this medicine alone taking as much every day
for soberall mornings is good to take a little quantity of Nutmeg in
the mouth & to chew it very often Sweet perfume are to be used in the
Nose if you feare an apoplexy from Melancholy your most gentle
Melancholy, & give the medicine prescribed for the brain it is good
for the brain in the morning to blow the Nose & to hagle from the
Nall it cometh & rub the head wth a Course Cloath. A Cure for
the Itallie by taking an dry hot bath fasting a direction of bir
ch & other such roots is much commended for probokeing.

71
Sweat, but our women use the directions of Laniwort called Eubolad
for this & the digest of the Foetus by which they provoke sweat mightily. Cure
for Conbulfions coming of repletion & which comes of emptiness by bi
leat and hoast purging or any extraordinary violent evacuations y^e is
no Cure for it. Conbulfion from a Frimie is deadly, it is better that a febr
follow a Conbulfion then a Conbulfion a febr for Conbulfions or the Epi
Cypis there is nothing better then a shew of silk drawn through the neck
it draws the humours through out of the brain. Fabricius Hilidannus re
ports of the Cure a youth that had falling sickness & died & had
used all the means he could gett in vain and a girl of eight teen years of age
born so only by the continuance of a Peston Eye wayed Carie about the neck
an little bagg of impious roots and misle of the oak an time of olive on of
thom two Drams of Elbe like that single close and maw of each wood makes
row and hypp of each an dram and an half powder y^m and putt them in it
if it may be often smelted too. For madnes an theese Lunge taken out
warm and laid to the head, when they grow cold warme them again amongst
hot water for an Colarid or Sofflutions Inflowes of Drimstone taken
in tablets. Colloquintida is vire excellent to purge the Brain through
steeper in urine like it loibe it Bitterness then take an Dram of it, it
is good for all Cold Digests of the Head.

For to Cure the Head ache.

Draw blood ^{if} horse look leached putt too blistering playstors
among the proper Medicines for the head ache from ^{of} Deafness & blind
arises Verbano is chief you may both apply extornallie and give
of it Internallie to the quantie of four unces ^{if} three drops of the Spi-
rit of Salt green Verbano alone oulie hangor about the Neck hath cured
two patients whom many other Medicines hath failed a Shropes Lung
applied hot & cold much asswage the pain if the belly be not loose
This good wayes for the head ache to give an cooling chylor obvie
day that the pain Continues

For Sore Eyes

Holorius Cured one that was Nyo yean blind to an water eye
was thus made the Juice of Smaltage Verbano German or Linnol alone
Sage & Seltam or rose Red grass which was the powder of Rose of
each an Line grass paper milking Ligna malus of each three drams
Shrop them all in Urine lett ym boill a Little ym Shain them and
press ym put in it a glass close stop drop aboue Night four of it
in three eye.

Another

Take the water of the great or Poland in Linum seed or Metellinum
one dram Infuse them and drop 3 or 4 drops of this water warmed into
the eyes for three or four times a day for a long continuance it clear all
dim sight and cleave all it out any sharpness of the for other the same.

For Deafness.

Put a Little Cotton in the ears & a grain of Musk being in it Lett no
cold thinge goe in the ears.

To Stop Bleeding at the Nose.

Vine and vinegar applyed to the temples of the head he is or this vinegar
alone will stop bleeding if it be put into the Nose & the forehead struck
Vinegar and water held on in the mouth hold the blood from falling
in the throat the oyle of anise being squored a little and made out to count
as also laid and bound to the forehead.

For the tooth ache.

Boyle galls & vinegar and wash the tooth if with. A Country man
humbled to the tooth ache rubd all his tooth to Elborastor and they out
if you please to call one tooth fall out you may rub the Soap upon it, but
such not the soft with it there is nothing better to make the tooth
clean and Soap than why to use them to dip a Little Stick in the
Spirit of Sulphure or Urivool and rub the tooth above.
Morning

Morning you may mixe a little hony to it or cleane water y^e rub y^e softe
to a Linnen cloth rub the pain tooth by the Length & softlie if you rub y^e fast
it does harme the spirit of clintwol & Sulphure is by wayes good to him
or the eating away of the Gums.

For difficultie of breathing:
Coiming or prising is good the linckline of dry Tobacco is draw
en with aquavita a little of oil mixt with hony the signef of an pock
or Boon hold on in the mouth & swallowing it by Lillies and Lillies it
drawes phlegme in abundance from the Stomack and Lungs by wayes
the spirit of Sulphure dissolveth Glymies phlegme, if it be taken 4 or 5 days
in Broth or Concomit Syrop by wayes Saffron is good for the health
or win o^r Agarick taken two Spoonfulls in the morning doth purge
the Lungs the flower of brimstone made into pock to flesh but
given three dayes is by wayes good. The Signs of a pleurisie

A pricking pain in the Side a Continual sharp feaver difficultie in
swallowing a hard pulse by a Low an often troublesome Cough
Cure for it.

The Brod from the oven dyt in fresh butter and applyed dooth well
much dissolve the matter first in the Appo drind loofm made of barley & Li
quorish drind on warme vine is not good in this disease herfordung dissolve
in Cardus marianus of strained dooth generouslie dissolve the paine and in
more in the plourie whyls herding giben in a drin of the same water
dooth as much of Root of a Chymmy giben a drin is by wayes good for
Inflammations of the Lung & drind barley water & Ligno rish as in a plourie
for Spitting Blood.

Mulle Broth or the Juice of Nettles taken firs or six dayes fasting hath
Cured those who have been giben over by physicians for vomiting Blood.
Hippocrates sayeth autumnus is the season for people in Consumpti
on. Bleeding is sometimes good. Cure for Phisop or Scurvy.
Throwing cold water in the face holding hot bread to the nose giving strong
Liquor in the mouth.

Recipe for roachbrosse. Slit the heart of a Sheep then wash it well
put it among a little saffron with a few Almonds put it in a plate or
stop without any other Liquor cooke it till it is an oven after brood
is drawn till the Juice run from it, gibe it an roach for some fort
drinke Caudel made of yokes of eggs for the Scurvy & Pineworm
Lyswayes good of want of Appetite or Boating Meat Inche
If one want of appetite is a worse Symptom than in d or persons

IN men wether of a Dyseas want of Stomach Unquiet or a cap
Sharp things is good Vinegar is thereto meat after purging. Strengthen
the Stomach Symp of worme or worme wine drink fasting
many mornings is good. For an old Stomach Stomach whelke
Containe common worme of each half an handfull buyll them
to half an pint. Strain them put an wine of Sugar drink it either in
cold or hot. 2d ary. Strengthen the Stomach overingie yow may eat
it often, Ricin or is good amongst drink worme wine or ale is good
for wine to drink. Ricin or Food for milder and food of each
hand and Symony blow of each half an dram take an
Spoonfull after obvie meal it helps conversion and digest, a
Hair of Hen or wine of Lard is good to sover on the Stomach
for too great an appetite drink cyll Ale or eat bread dyed
in it or drink melle fresh lallow. For the thirthe dyseas
To drink milk and to lall. For the fourth drink a little
oximel blow hold in the mouth is good eat anise Seed & Lard
ghes massiated in vinegar. For to stay vomiting if it be violent
and Spoonfull of Vinegar or her it most dip an cloath in
Vinegar and lay it to the Stomach cold water with Lard all
kind of vomiting it is not good to stop vomiting unless it be
too violent or continue over Long.

For the Illiac Paine

A Clyster may be made of ^{Simple} Precipitate and be aboy day, Gibon, val
 spiritulies in this dysentery, one in the day, three Spoon full of bolle
 for three or four dayes. he may drink more freely well tempered
 oricivate but not too much alone.

For the Scirvie

Take cleare Juice of water Crocus & brook lyme of each an ounce the
 Juice of phinitoria two times whyle Sugar has drams make a portion
 Lykwayer. the Juice of Sorrell phinitoria and water Crocus mixe
 them fusing is good Vinnall walow that are sharp a little
 vitrolis good Lykwayer

For the Small pox

A decoction of Earlie or of the roots of Sorrell or of hart
 horne is profitable if for drink in the beginning of the dysentery
 especially when the fever is blown out if the fever be not blown out
 a decoction of Earlie and figg will be very good to draw the humors
 out to the skin. It is Lykwayer good to keep an ointment used on
 in the Chamber or on the bed because those creatures draw the
 the venome to the folles if the pore pipe out of the eye it self pigeons
 blood must be often droped in that it may hasten the decay of them.

For the cold distemper of the brain

At the dyspepsia of good wine, as for confections with or cold nor
 for nourishing mutton, Lamb, veal, or good pigeons, Chickens &
 fowls, hens & all kind of mountain fowls are very good & of meat
 are better than boiled yolks of eggs being new laid are good
 all meats yet are hard to digest and not good such as beef, pork
 venison, hare, & goose. Such as Peas, Lentils, eat fishes seldom except
 which come out of rivers which run swift & are stony are best for
 to firm the flesh. Juice of vinegar is best if the labor be not hot
 warming Cloves & Cinamon are best.

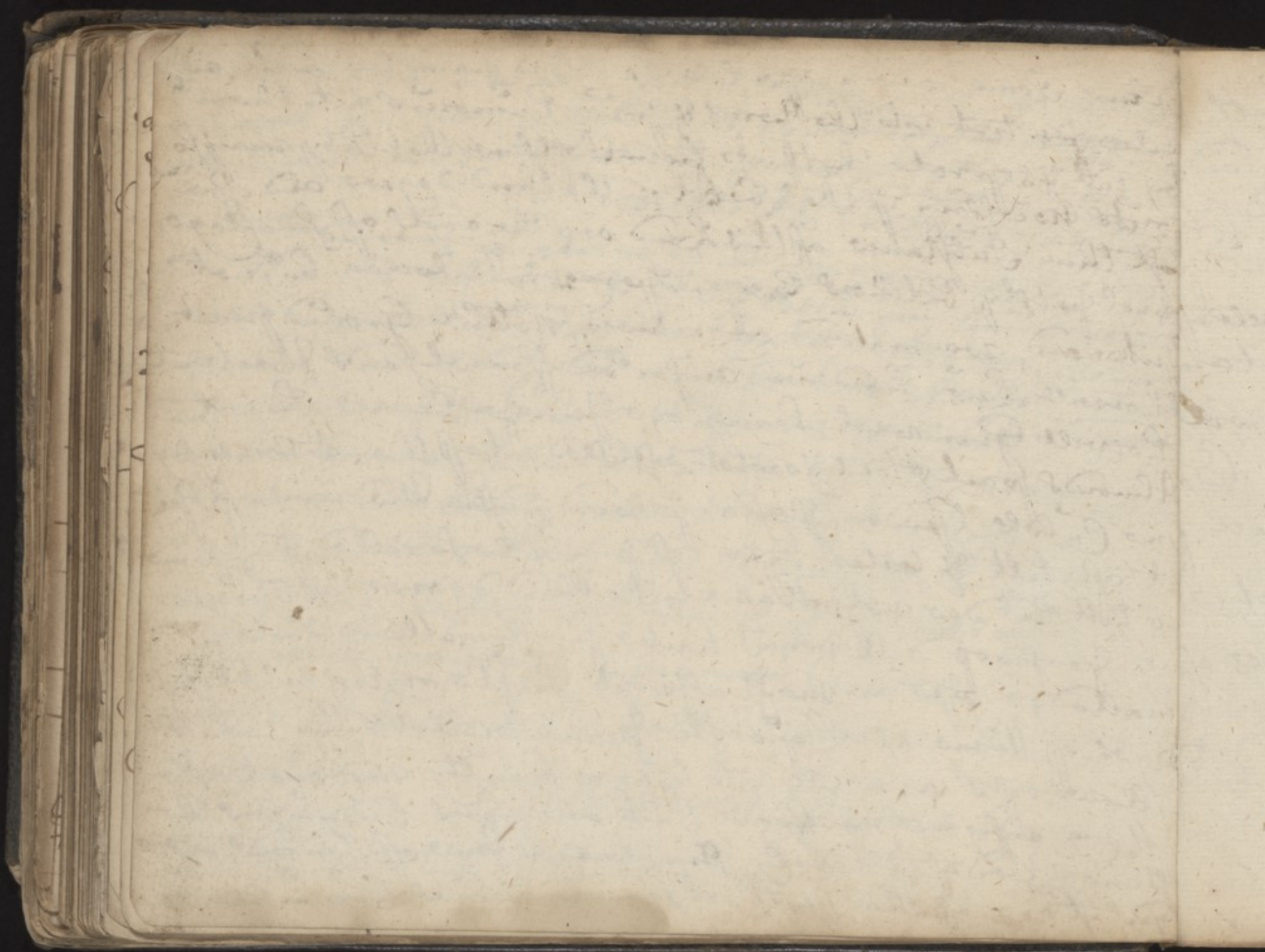
For Hypochondriac ^{Melancholic} & to purge the spleen.

Wormwood wine is good to open obstructions being taken 3 or 40
 dayes the Juice of Fig leaf is good to quell the Melancholic hum
 mours give 2 times with Oran & Sugar and as much wine as
 will is or 12 dayes keep the body soluble always take the
 liquors of an acorn of Venice Turpentine. Swallow it three
 times before dinner take it in quantity at one time.

how, or throw in a word: It loosens the bellie cleanseth the
much opens obstructions, probably urine warms the stomach & does not
heat the liver but doeth it good by opening & clearing

of Medicines that break the Stone.
Since the Common Doctrine of the generation of Stones is Suppo-
sed, as is said before in the Second Book, page 2 and 3 also the
Common opinion geth. Strives to support it, concerning the power of
Dissolving Stones is supported and yet for soe reason is it chiefly to
the proprieties of the whole Substance geth is not inconsistently
drawn from a Saline or Salt force, y^e Medicines breaking the
Stone or ground Bitony politiesia y^e Roots of Asparagus y^e Juice
Sivethick the roots of radish, Parsneps, Cane, bitter almonds
Cherry Stones, the stones of Myrobalan, y^e Rernels of Melons
Greenwood pearshins, Cinamon, Gourd, Crabstons, goaty
Blood, Lapis Indicus, the Roots of Sparaggo, Juiced Legum
Nephriticum
Of Medicines Causing Urine.
of Sivethick Medicines as such as Cause Urine

Urino Some are proper to be called namelic such as
easies, penetrat into the Reins & power humours into them
they cut & separate the thick from the thin that they may so
do it necessary if they be hot in the third degree and of a
most thin substance of this kind are the roots of Smalago
pencil grassly, butcher's broom, Sparagus, Valerian, Burnet
Spikenard, wormwood Agrimony, Nettle, Ground pine
Chorwill, Rins, Jordanian anise, To pencil grass, Hardwort
Chorwill, Groundsel, Lascivrago, Juniper berries, Sweet
Almonds, peach stone & water distilled out of them, Malmsey
wine, Cubbs, Garden Peppes, y^e wood Cassia, the iung of spi
rit of salt & tartar oyle, &c. properties so called y^e some
are hot but do not attain to the third degree, as Turpen
tine, perswop, dill, boned hair, & fresh galleded Gold
Smalago oyle or most also y^e Loup & or Logen the y^e
largest of Urine as Liquorish, Marsh Mallobes, the seed of
mallows oyle, are cold y^e have a faintly inward at all
making refrigerating food, such as pipins, Cucumbers, the
substance of seed of y^e berry, straw berries, Juice of Lemons, oyle
be y^e y^e are of thin parts, whye wine, Ground Cucumbers.



17

[illegible]

Century y^e Less which wound or fullie Cometh to the
Discussions of wind upon the hypochondria anise. Food. Bay.
Loabes, pinnie royall pennell. Red Carrabaye. Red Gummin.
Amni. Carrot. Red Parsly. Ground Castus. Red Juniper ber-
ries. Bay. Clove. Gallinall, Globe, Mar y^e pills of orange
the Joints of a Water. Sage. Pinnie royall, itany, or
Garden Ginger. Majorann, Rue, Calamint. wild Mar-
joram, Bittony. Spike. Hyssop. Marigold. Mogwort. German
Dor, wormwood, ground pine. Root of red made of fennell
Parsly, flowerd olives. Ringo, Lobago. Rushes, Paston
flower of white violets, Parsnip. Juniper berries of bay
flower of Cambril, Cinnamon. Mirthe
Native Zorago

A receipt for the Plon graball approued
Take an quarter of an unce of Saffron a quarter of an unce
Mauel a quarter of an unce of Finamon, or Camell a quarter
of an unce of good black pepper half an unce anise seed half
an unce of Cummin seed half an unce of red Cardie
half an unce of Cingor a quarter of an unce of mace or
about an handfull of Juniper or octon berries about an
unce of burdocke If three green bond oil of the head
or harnest of three green head oyle they Looketh like better
If a gill of good brandie. If an unce of the best white Loafe
Sugar each of these ingredients must be ground or beaten vnder
small each of y^e by it self in a mortar or good pepercaine
and ground so small as if something then when all the ingredients
are adool prepared & made vnder small they must be mixed together
and put in a pan wth the brandie amongst it & boild & baied
or fully one a gentle fyre till the brandie dry in quilo & y^e
it must be all ground abt again the said ingredients be mixed
and keep the powder y^e off vnder close y^e it bout nor be trouble
wth wind & airo & when you neede applye the same.

Same. Take an quarter of an ounce at a time & put it in hot ale
the strongest you can have. Let the patient drink it off as hot
as he or she can suffer it, & for 2 days time after it. Let ym
keep ⁱⁿ in ~~in~~ ⁱⁿ warm cloaths & a warm house and fyre
and this ^{they} may ~~may~~ ^{may} continue Intermittting a week onlie.

For an jaill by cold or for an Straine.

Take oyle of Bayes oyle of Turpentine oyle of Spick mix ym
and anoynt them before an good fyre Keeping the place bene
warmed so this will put the paine out of any Joint.

For the Dickard.

Take a piece of Scarlet cloath & burne it to powder of which
powder take half a dram less or more as the patient is of age
amongst a Little Strong waters for 3 mornings toge
th. Take the yolles of three new laid eggs beat them
them wth the back of a Spoon amongst a glass of Sould wa
ters, & it may be taken such anoynting for three days to
gether, if the patient be crying a Less or greater quantity

quartie may sorbe, but ordered not this summer. It: take
an glass of Clarst draw therein a founts blood & let the pati-
ent drinke it warme immediatly for three morning. or
fibe; It take an quart of good sweet boylit flowerie till it
come to a poynt let the patient make use of this in the morning
and through out the day & so continue till you find betterment
by it.

It: take forrow cow milk and gray paper torn in pieces boill
both togther over a fyre and let the patient make use of this
as milke and bread for seall days.

It: take spring water boylit & strain it take it a little
milke and make use of it for an inward drinke.

It: if the Lute be troubled with grinning let you drye oat meal
wrie brown in a pan and make a pottage of it is a soveraign
remedy

Howbeit there are seall kind of Loupses shown in the belly
if it require dore molles of air & yet presuming it is
only a diareon of white fluxe & out blood or any other
Symptoms. I desire you may take pieces of raw hot

If it growes or flood and if it warms or heat all y^e drink
by quenching it y^e in.

How you may take a Drop weight or more of planting I will
change in an draught of warm Charot wyne or white ale once
or twice a day.

If you may take of the Exortions of ripe red roots for this
drinks or the powder of ripe lorm till root take upon y^e
meat or drink.

If the yolke of eggs or the powder of Nutmings are good.

If: Juice of Hart horne burnt till they grow white & boyled
in Fontaine water half an hour then Straine it & be colde
it with white Sugar & drink it all Night.

Take a Handfull of herb Morarie boyle it in a Mutchkin
of water to the halfe then Straine and add a Drop weight of Cream
of Tartar & drink it of it purges well Gentle.

SINIS

-80

Itt finito libro de laus & gloria Christo
Gloria perpetua sit inbūenda Deo.

Apud Tolquho u Vigefimo Secūdo
Aprilis die Anno millesimo Septin
gintefimo & Decimo.

Hic liber finitus fuit

(1) Some Physicall good receipts for children as follows
First in the Exulceratione of the gums are wont certain pusses
and as it were wheelles to grow on the gums or in the corners of the
jaws, which put the place to much grief and to Remedy this it shall
be good that ye wth your finger rub the Infants gums and the pusses
or wheelles wth all and then to anoynt the gums wth oylment
made of hens grease, hares or Conys brains oyl of Camomyl mixt.
with honey then take water & init seeth Camomyl and Dill the wh^{ch}
water being hott pour it on the Childs head holding it a foot
above the head

Of the Flux and Loosness overmuch of the Belly
Take the seed of roses Cummin and the seed of Smellage beat
all these together and make them plaisterwise and lay it to the Childs
belly and further if that which the Infant voydeth be of red or yellow
ish, followr then give it to drinke of the Syrup of roses or of Orabs
or else of pomegranates tempered with a little water of mint.
Item Take the seed of sorrell and beat it then temper it together wth
the yolk of a rosted egg and give that to the Child to eat. or else
take of the same seed bruised first and then seeth it in run
ing water, thereof let the Child drink two or three times aday
Item take a Gall and beat it to powder then seeth it in water
& with this water temper Barly meal, or the meal of Mellin
& make a plaister of it the which lay unto the Childs Belly
Item, if that which cometh from the Child be whyteish
then take of Nutmeggs the weight of a peny & of whyte Frank
incense a scruple or the weight of two pence which temper
with the juyce of a Quince. and give it to the Child to
Drinke

Infestations

Infestations

Infestations

Infestations

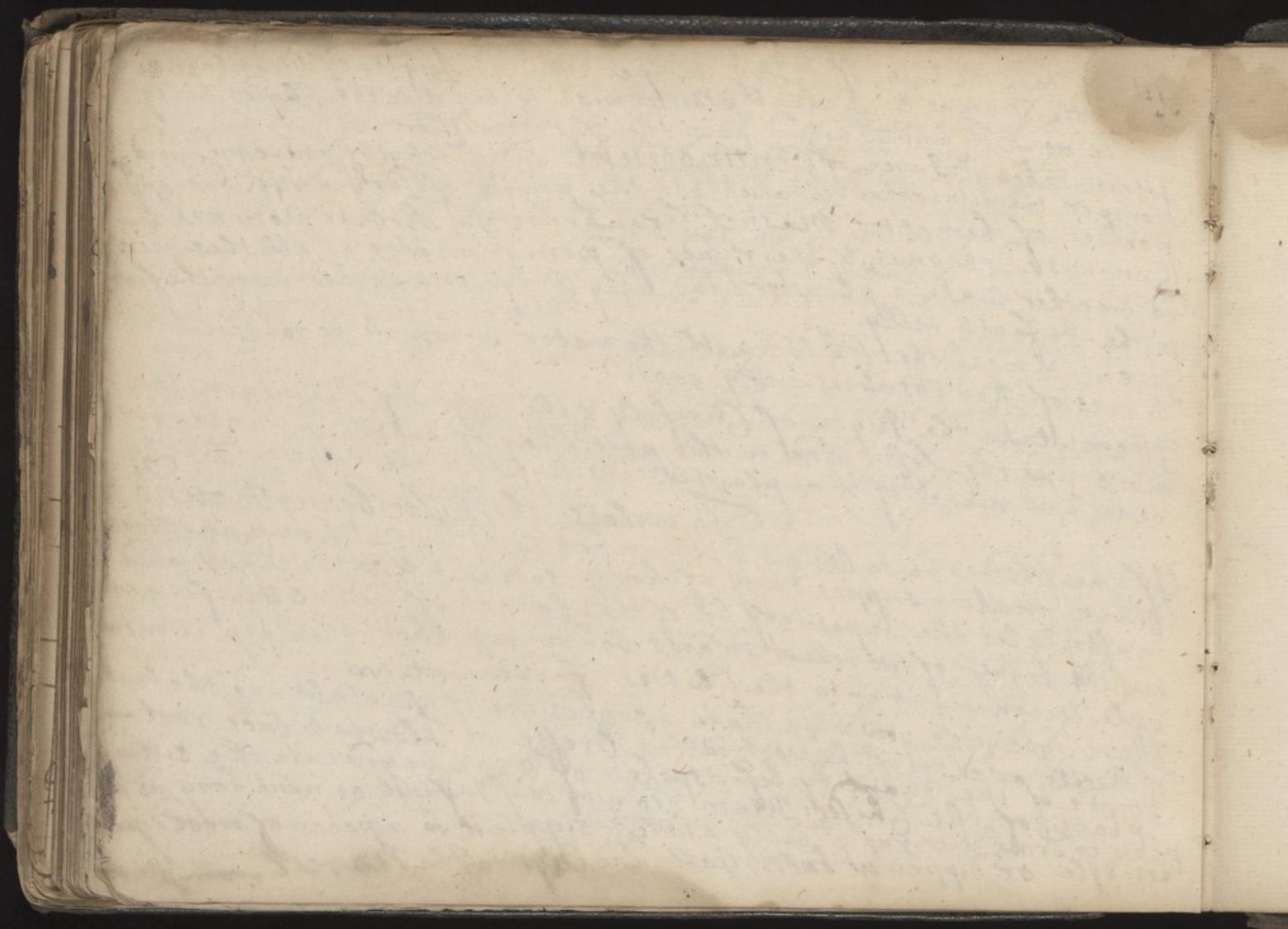
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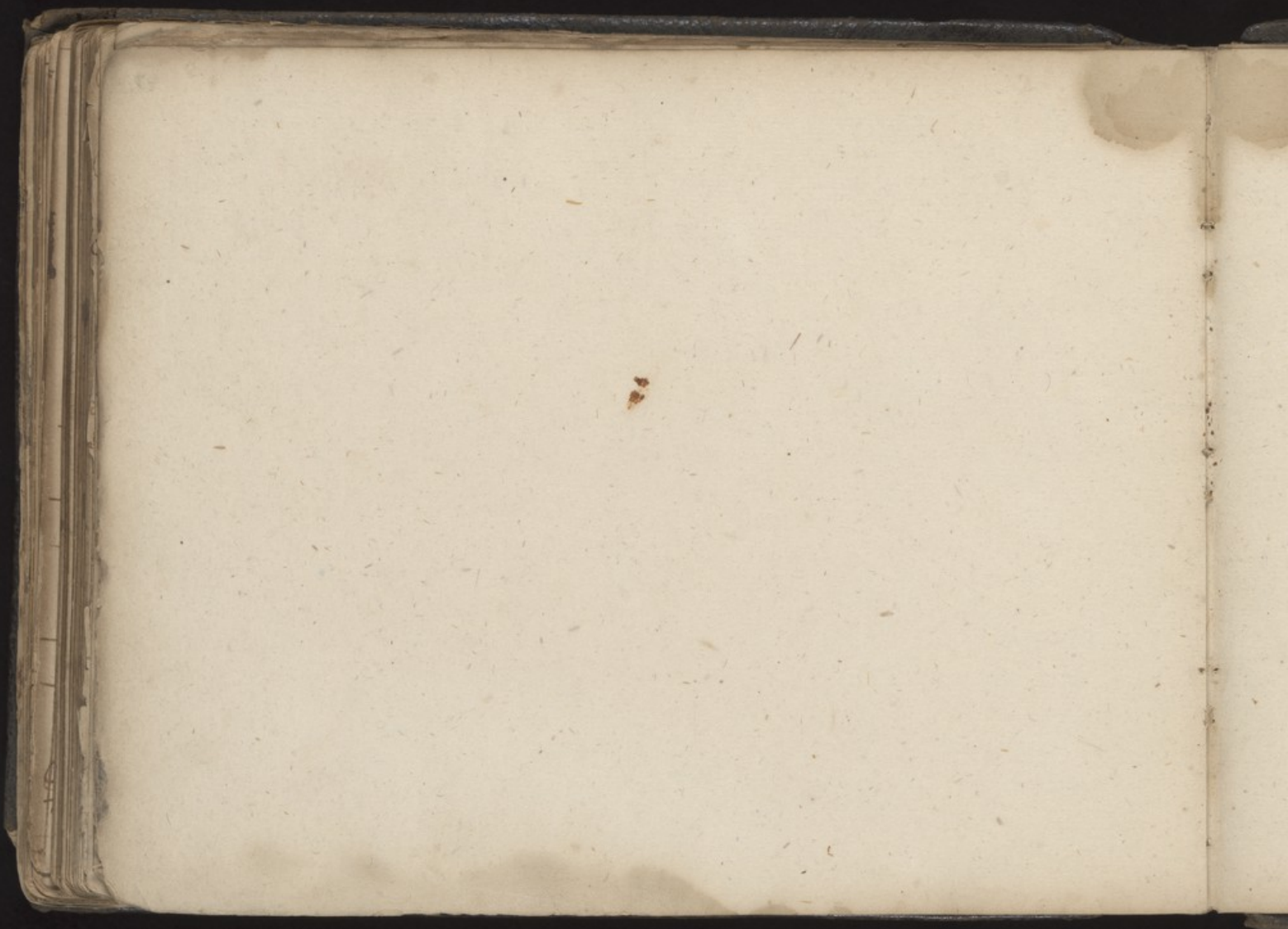
Item, take the meal of Barloy, temper it wth y^e Juice of Plantaine & a little Vinegar, & make it plaisterwise, & lay it to the Chylde's Belly but being first a little boyled over the fyre together.
Item take y^e Juice of Centinodium and y^e whyt of ane egge and temper them together to which add the powder of dryed red Roses, y^e powder of hematites, Mastick Frankeneense, Sclerarmoriack, Sangwis Draconis, & the rynds of pomgranates of all these mixed together make a plaister and lay it first warmed over the fyre to the Infants belly.

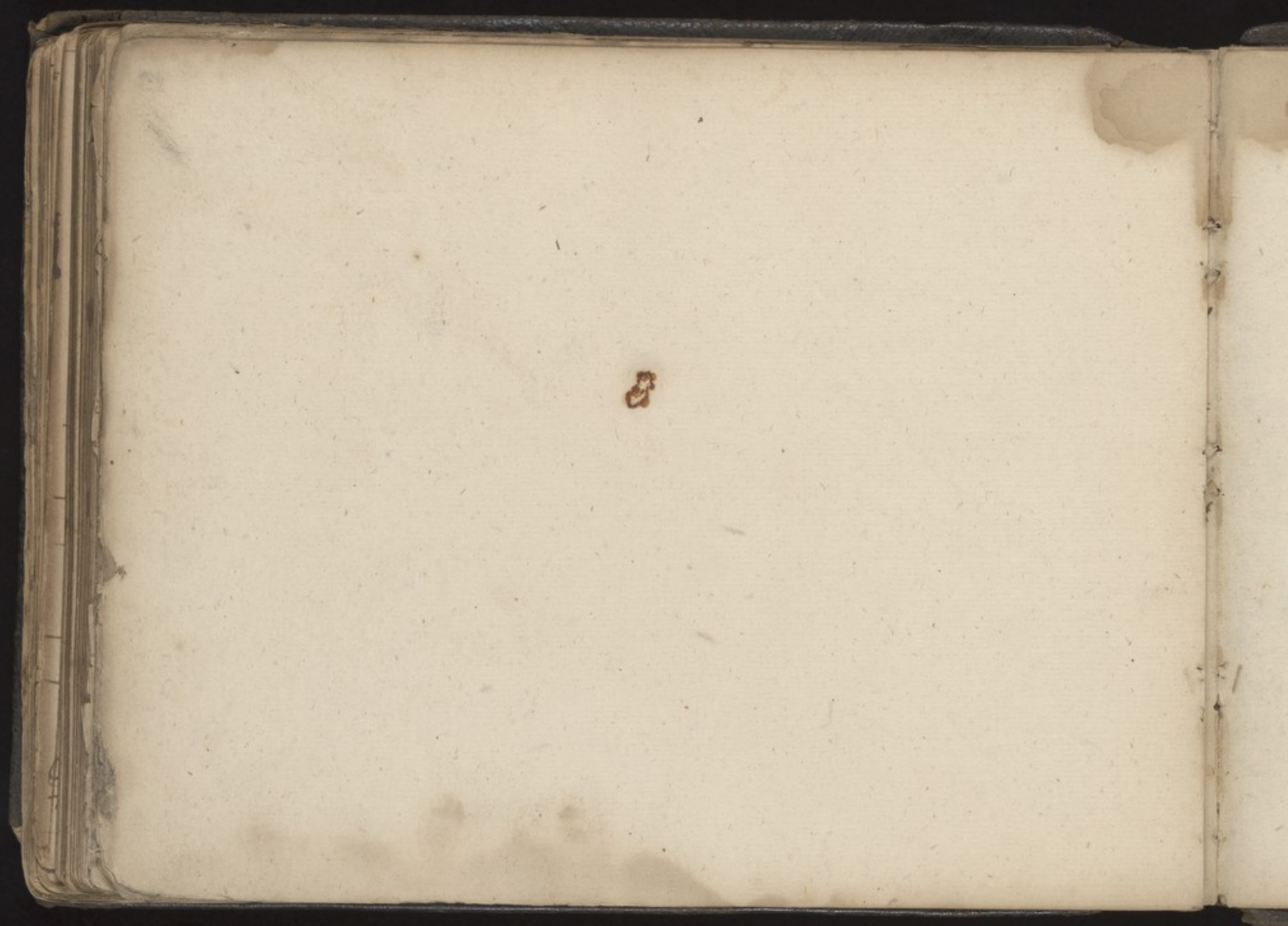
Item, to wash the Childe with the water in which be sodden the leaves of Red roses is very good.

Item, take the Juice of Camfely & the Juice of Plaintain the more and the less. And in this putt Clay of an old Furnace or oven and make of it a plaister and lay it to the Chylde's Belly

So unloose the Chylde being Bound
If the Childe be so bound y^t it cannot long time have any stool
Then make a suppositary of hony, sodden till it be hard and massy & let the Suppositary be of the length of your little finger and the bigness of two wheat straws bound together then dip it into oyle & convey it into the Childes fundament
Item, likewise you may make a suppositor of the stalk and the root of Beets, or else of the root called Orefse or Flowerdeluce root - made of the quantity before spoken of & conveyed into the sitting place of the Childe. Item To give to y^e Infant as much hony as a pease to drink & to rub y^e belly a little & supple it wth a peice of wood dipped in oyle or dipped in Bulls Gall and laye to the Navell — Item





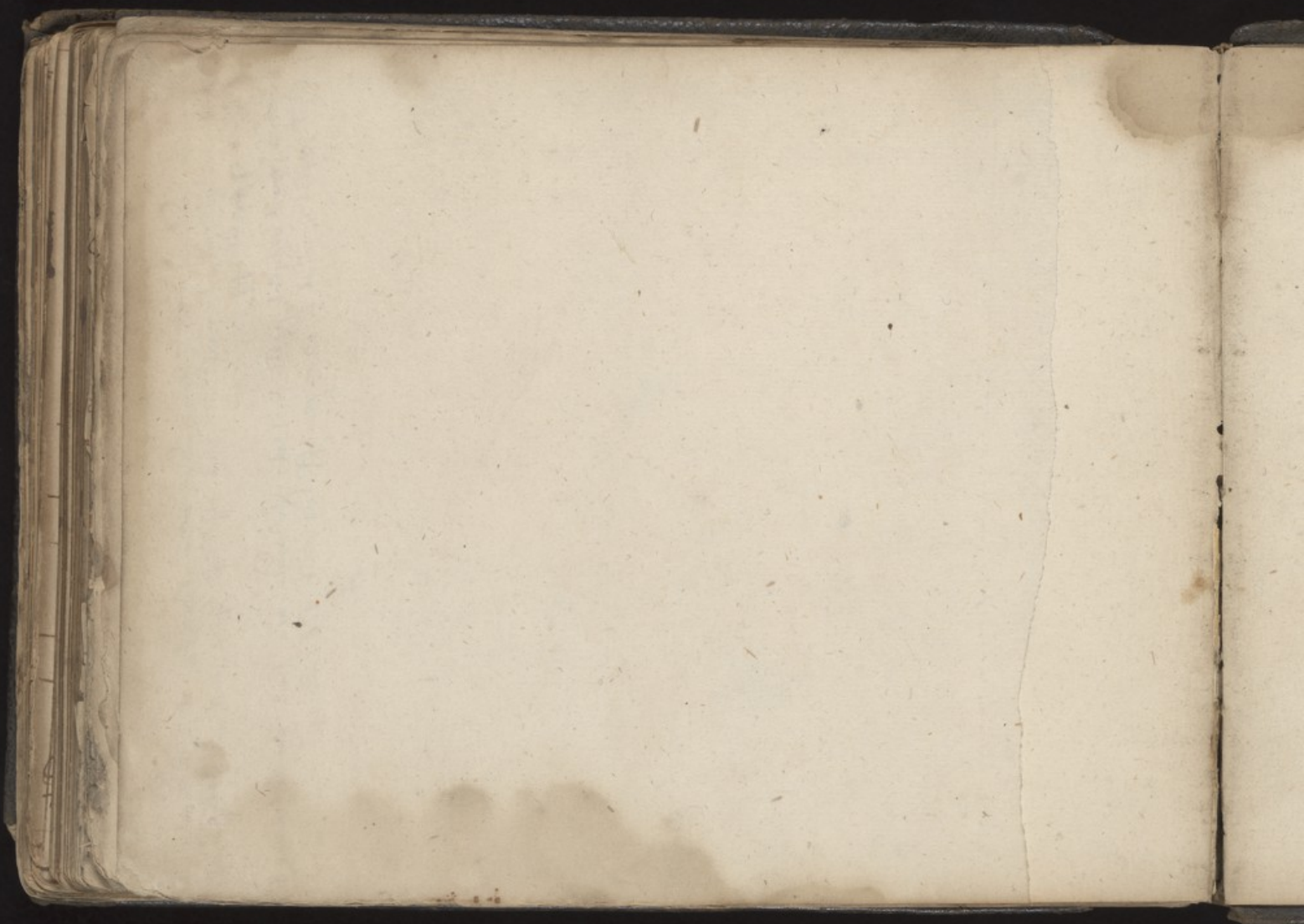






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Hydropise is Ane sweet with water. balmpt the fl. C And
the wine for the fl. C

Popbasie is the fl. C that has lost the power off the body - for it

Pleurisie is A stroke in the side And the fl. C that has lost
the strength

To the Henry Gray Esq
James Henry Gray Esq
Broughton Hall near
Leamington

