

Ayscough, Lady

Contributors

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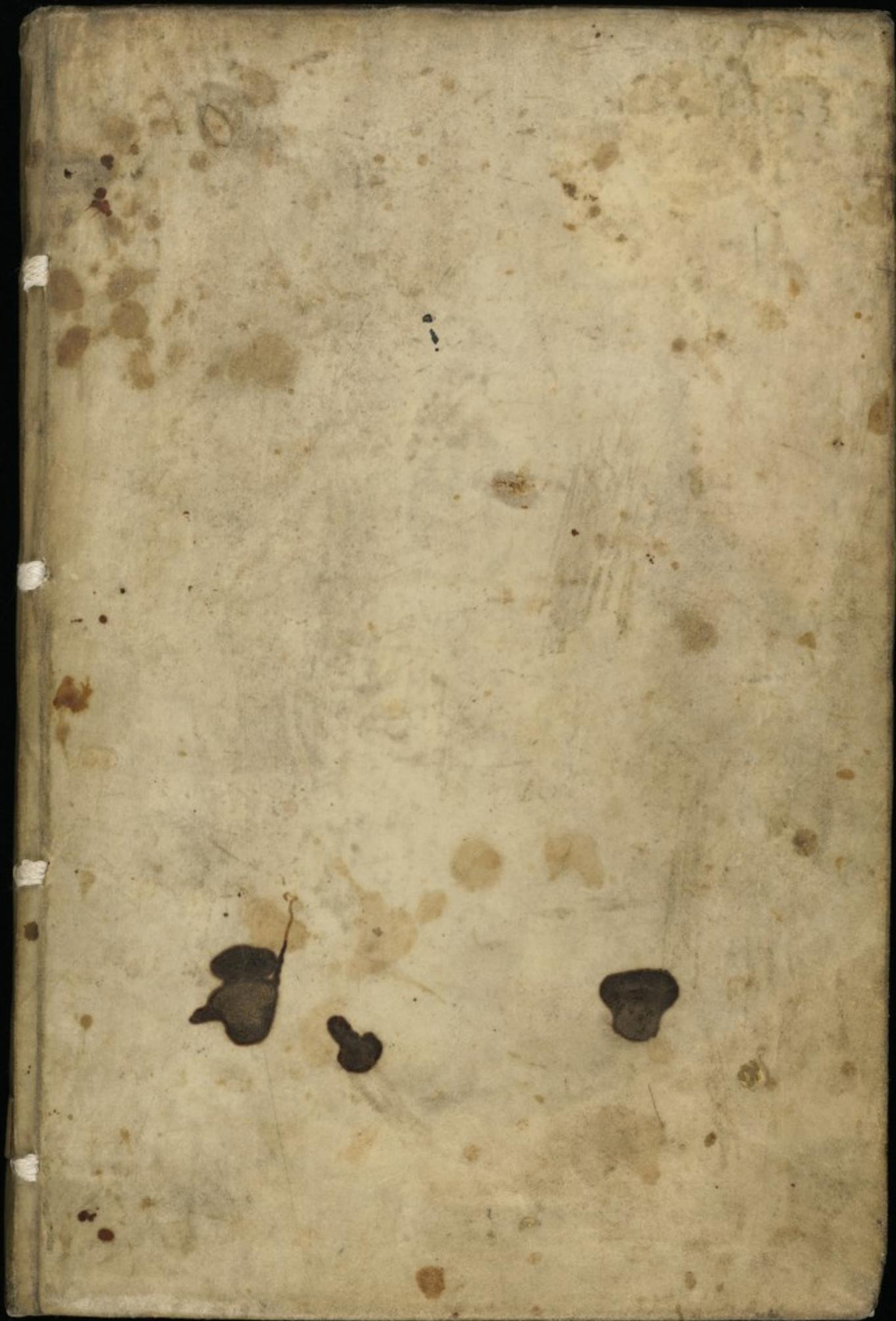
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The Lady Ayscough Booke
Anno Domini 1692



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Aqua-vitæ

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Mathias Lucatelle his Balsome

To take 3 joints of Sallett Cyle 3 or 6 of common stuffe
Jack & mingled y^e mervy well together in y^e struffe
soane, Take also A pound of y^e best venice impa-
wash & staine in Rose water 2 or 3 times then put
it into y^e Sallett Cut, & let it stand
must set 2 Apins of betwax 12 or 14 in the alms-
to bath w^t Col temperate fire for y^e space of an
hour & 1/2 at y^e least and let it be alwayes stred
w^t & beaten stiffe all y^e time itt boyleth Then put
into it one Juncce of y^e Cloves and y^e you can
gitt and after let it boyle again althoother
until itt become a perfect ointment & is for
an hour longer at least; This Ointm. will occ
vera good for many infirmitie even perfectly
after itt is made but itt will not come to
full perfection; untill itt hath been buried
under ground in dry Earth for y^e space of 12
monys together in an Earthen pot w^t a wrocker
hole w^t y^e top and about 8 corred first w^t leather
then w^t bone; itt will cure any scalding or burning
it is good for any Boor or green wound if you mollend
of y^e Balsome and smot of y^e Buried place first
and after dice some fine linnen of clothe in it
and let itt for fare as y^e English do; or dip
fine linn & stont of cloth, itt will helpe any brise
it being often abointed, or if y^e chilches be inward
you must take y^e quantity of Amultring in cloth
or perfect drine first sweetned w^t sugar and
boyle of all the things you make of Balsome to
be very good.

115. Tip or Blanck bleeding

Dry some of y^e blood in this shorne to powder & stuff it
up y^e nostril, fit wounding apply it to it.
Or to keepe a piece of this wullen cloth the space of thens
the boone, burn it to powder and shuffe a little w^t y^e
grose. / Tie up y^e nose in y^e linnen cloth & therby keepe
the stote & had in near to the for all of y^e bothe but long
not y^e nose w^t the other 8 y^e & pisting unto coate.

Decuse speedy deliverance

Take sage and mint leaves, wth 2 drams of fine
in Ambergris oil & in Apert of white wine & five
this to drink wth 2 drams of saffron made into fine
powder, about an hour after boyl Betony wromane
& parley leaves & root in spring water & drink last
of it.

The milk water

Sake Balm, Red Sage Rose and spicer in mint
of each like quantity glands of person small and
part of y^e into of still & y^e now milk upon y^e of mea
as will be soe of y^e cover few of all little it must
be distilled of partly quick as soon as y^e milk is all
y^e for y^e water will be out to y^e your scalded
water off y^e water will be out to y^e your scalded

All the piles being outward

Paste of y^e vine of Alder y^e out wth some scrapes
off 2 good handfulls, put it into a potte of fine
running or spring water, boil it half an houre, then
put it into a glasse & let it putre an houre of
and let it y^e therdeselues.
Then boyle it in y^e Ale & when ned is let y^e partly
ground take some of it into Alewaver, and imbitt
blood warme as of fire, but not on y^e of the Disease
stragg into it and apply it to y^e place, & as soone
as it dangle (so shold wth bee) let another boyle it in
the room of it, so this for a day or two it will
cure.

Balsome of Tobacco of Birth

Take vell of tobacco out of Saint John's mort or
Apert, the leaves off Tobacco leaves 20; boyl y^e to
y^e oil & to conuention of y^e oil & joied then strain it
you'd it all y^e fire add hente it long & lowe & boyl it
12 Junces of Vellonum & masticke oyle half an
ounce boyl to powder alle this you may make
Punc'd boyl to powder then do white & Rosin to
into salve y^e putting there to white & Rosin to
make it at stiffe boyl

Prithemius his power.

Take Colamus aromaticus Gentian Siliq^s
Montane willow Branwax & styrax & resin
= 2 drams Ammon perfray 2 drams Spick & noide of eas
of these haffan cunes, & 2 drams pearl which
do not burne thorow for stringing 5 drams of back
Ging white wood night shade or ground pine of y^e
leaves of Sona, & dust Factor of back 5 drams
make Drifts of 200 2 drams Roots 7 drams
made Drifts of 200 2 drams Root 7 drams in the
mornynge & att night either in broyl or wind fire
y^e first mouth take for y^e 2 montys 2 drams
Daily in the mornynge not att night y^e 2 month take
Roots of three trees wood in y^e month for y^e 3 month
twise at weak & set let it be continued all thy
life longe

Hott y^e Cancer

Take venus 4 Junces beaten small make it
wth water, Sun powred as much as y^e fit to this
wash y^e mouth of place grievous, After this
take y^e fern & mingle it wth little milk & apply
cloath theron drynesse, / Set doo 3 or 4 drams in
one day, Let of hearty y^e Scarf Drap in her chime
or water cyphie.

Bath of Ague

Take 2 handfulls of Adansoy y^e round Epiphys
this into y^e quart of sic or whitewine, Boil it half
away then strain it & put it into of ale, set by
grized take half of it to an houre byont his feet
either in socks or upon his bed, keep warme, doe
this for 2 or 3 fitter to gather and it will cure

Lucatella Balsome

Junco
Take a pint of Nas Solatis & decoct of
of venice turpentine, wash it in 2 water &
fill it to white, and dry till it water & of
3 drams of white wax. Incorporate all
together & dram of red sanders & bole
in powder, let it over heat the fire stir
it wth a wooden stick, boyle it as long as
you would boyl an egg, strain it through
a cloth, let it be not hard, & put it
in a plaster: magistrallis

Pinto Spirit of Salnit Put 1 dram of
Venous Crust, 1 dram of litharge of gold
1 Unce of litharge of silver 2 drams of
white wax Venous rora, litharge of gold
Silver beat into fine powder & boil it strong
Diffined put of oil & litharge of gold & Silver
boathes & boil it to an height, put in of Rose
leafes & boile it to an height, & when it comes
last of all wth gentle fire, & when it comes
to purple colour take a little upon a knife
point & drop it into a chal of cold water &
if you feel it potable like wax Sme down
toly & bottomed, keep then alway stirring in
a wooden stick, Precipitate & burnt Alum,
So eat bad flesh.

Dos & Tens

Pinto white wine posset drink if both parts
of coquuccium & wall take it up & pour
it yolk of Alphonson & parmaceth as much
as will cover it, stirring 2 or 2 spoonfull of oil
or all mones & put thereon nutmeg & sugar
So drink it. *Or* *Toore throat & mouth*
Pinto quince 2 or 3 spoonfulls & boil it in rose water
& sugar togeother & let it dissolve in garment

A Diet Drink for the Scury

Junco, wine or 10 Gallons or Drind wth 2 Bushells
of malt, boiling in the pots, & handfulls
of water, crystallized mace, & grimony & admix
Roman of iron, or worme wood, after it is
well boyled and well beaten in a flat, yet is very
to tunn them put into the Joyce of halfe
Bushell of Rocklearia or Fevery Root & mace
powdered or strained hard & set tunn it up & keep
it to drink after every night, in y mornings and at
bedsupper, and any other time at pleasure.
you may some humor hang in y vessele an Junco
of asafra if y post offend not wth it not very
offensive.

To make Gillig

Cicho y shavings of harts hornet nowe rarefied one
Unce or y eight of 5 in Silver fair water
A pint & white wine or Rousie wine put this into
A pipkin and set it over Combors wth out boiling
12 hours then increase of fire & it may boil
gently and continually until the liquor be com
bined then cut into y 2 spoonfull of oil & 2 spoon
of oil & 1 stick of cinnamon y weight of 12 and
Maras Christi made wth starch and then
set all boil very gently & continually until some
of y liquor be made in a spoon will become
A kinde Cicho wth y may be powred or strained
through a dry straine into Palty pot or glass and
set to pot

If this Cicho you may take 2 or 3 small spoon
full & yke of it to 4 or 5 spoonfulls in a draught of
Wind warme brok or clear po with drind, also you
may take 2 good spoonfulls of y cawme or cold
2 or 3 hour before dinner & supper or last all
night be fore the 3 or 4 clockes you are abroad

Methst.

8 An ointment for green wounds

Powder longue Stamus and best oil of Rivers wa
y leaved soon dry & y^e Joice be consumed y^e Brainit
This is a good Lymentant for green wundres

9 Dr. of Consumption in y^e back

Dabberoots of comforsie knot grass, & Parry each State
full stampf & strained w^t a Quart of musedine
of yolk of 3 Eggs w^t y^e powder of nutmeg & drunck
first and last for y^e consumption in y^e back
In many infirmitiees belonging thereto.

10 Dr. of WORMES

Take horsetail leaves & boil in y^e Oyle of Rivers & set
it up and anoint y^e body therewith or boil it in
milk or musedine & drink it, &c.

11 Dr. of MARE of PESTILES

Take y^e end of Damask Rose clip y^e whithers of
y^e rose & lay them on y^e bed & lay y^e w^t a
y^e Stake twixt y^e weight of y^e of Benjamin
y^e Souder finely boylet & the boylet roste leaves as for
Conserve & put in y^e powder, and boyle y^e dogather
& put in Ambroisale & musk, & boylet out most
& sett y^e take Gymneragon soak itt in y^e water
put in too much at will make y^e hole Dogather
make y^e in little cakes Dry y^e betwenn two
paperes.

12 Pills for y^e ring Collic

Take offers 1/2 of an 3 marshick & 1/2 of an 3 of
Mirrah 3, those finely beaten then mix w^t w^t me so
as much Serrups of Rose & misterre as will me so
it do cast them molte y^e & when it is cold roll itt
up into pills w^t y^e powder of Liceras and Take 2 all
night when you go to bed.

13 Dr. of Wounde Dink

Take y^e herbs following in April & May
dry them in Arcome from the Air and turn y^e into
Dust till they be thicke dry then putt y^e in Boxes
and keepe y^e all y^e year y^e must haue of every
herb of this Qualite.

Soth in woods	Whetle	Vale Baye
Worme-woorke	Ridwort	Urgamble bays
Buge-las	White cottes	Wild-angiles
Muz-herb	Radice root's & leaves	Mint - Sabay
Woolbether	Honey suckels	Straw berries
Sannachle	Lych-thorne-buds	Violet leaves
Plantane	Lych-thorne-buds	Camptote
Danilyan	Lych-thorne-buds	Camptote

Toole of 12000 hoorbe digged to gō to 622 3 handfulls per
dip into Aquart of white wine and a spooche of clear
Yerme water boile y^e together till half be consumed
had strain y^e liquor from y^e herbes then putt to it ob
y^e point of y^e boose hondy and set it to y^e fire again &
boile it & Rume it then take it up in lot it alson
till it be cold, & putt it into Better stots shopp.
let y^e driner 6 spoonfulls, in y^e morning and last
2 hours after it if y^e wound critere be great putt y^e
drink of muck by y^e of y^e afternoon at 4 of y^e clock if
there be angry and swelle flesh on y^e sore you must
lay something to pat it away you must set this y^e
sore but only douch it, & if want for y^e drinke
carme it oup.

This drinck will cure old and new y^e sore breast
Counterfitt critere, & y^e fist in y^e stomach imprefurites
Fistulites, Hyster. Stop bleeding only hardly upon
y^e upon of stord this Boole following made
w^t 1 Quart of Salbit Oyle & sum of red lead and
a good peice of yellow wax

14 Dr. of Consumption

Take y^e simpsonville water & boyce st. Radishup w^t
sugger 6 pnd 1/2 of this take 6 spoonfull in y^e morn
& putt at 4 clock in y^e afternoon and geeting to bed.

For spitting of Blood, or passing of Blood or any
the leaves of parfley, of Rosemary, of sage
and Cunnes when they be dry, bay leaves, Juniper, &c
leaves of leaves of great ^{herbs} of hoppe, yarrow
= roots of sage and Cunne ^{stone in it} the root of the galt herbs
made in to powder, & when taken in drinke all
the time he apperced for diseases after.

Because one vomit flegyn & gross ^{comone}

Utony root dryed & dram taken in powder
in Wine will cause one to vomit flegyn & gross
Remember, of this vertue hath formerise herbe

To CURE Y^e pin or webbin y^e Eye & to deat ^{it}

When bound. Turne y^e joyes day & night in a sunne & min-
er w^e hours & turne y^e eye into y^e joyes earthe y^e pin & web-
bin & cleare y^e sight

To Cure Bone Brust.

Take white Lead, & vnew butter, of each a like Quantite
& heat y^e lead & mixt it together, & temper
it upon y^e Sunnes of Joye, leafe there bare &

To Cure Earle or Spin or webbin y^e Eye

Take above said Eyes & boil y^e hair & take y^e water
to eat y^e same y^e water from y^e pot of little
Cumin seed & saffron in A boath & let it lyse
in the water & drop it in y^e eyes

To Cure Temptation

A boath quart of red cow milk & salt xx drachas

With half of clary & St John's wort & Rosemary

With all these together & drink a spoonfull all the

day & spile all the sugar before meat.

With sugar before meat.

To CURE To break off hard welling
Take grounde of Rose and Rose brier and Infuse
Well beaten & red Rose leaves and Rose
together and so soale it upon beares purpore
Dapple it well.

For Wymetation

Take Malvives & new flagge of comone leaff ⁸
Boil it & communelye Boyle all y^e y^e day
Reput it in a boder & apply it to y^e wome

A Wat. for y^e Eye

Take red Rose with y^e cut Laxam & resolution of y^e
Malt & Parfalle & myrrhe of fine & keare Almond
and distill all these & drinke 6 spoonefull of this
in 6 spoonefull of white wine with Mustard and
Sugar and set offe it one hour

To Curing in y^e Gulli

Reynard Dill & Fenilles Rose oylid in a good quantity
Mint & sugar is good for Curing in y^e Gulli
Stomach & paines in y^e body & stoppings of y^e
Loynes & for those y^e haire inclining to Progester

To the Scurvy

Take milke of it on y^e fire and turne it to y^e Vinegar
Then take of y^e card and cut thin y^e joyes of Seaway
= Rose Root & Rose Root in y^e morning, morn-
ing & Night & for star light water

To purge y^e bodyfull of heat & of unthredens of Vinegar and
Rose Root 12 spoonefull of honey & of unthredens of Vinegar and
Rose Root & of quarke and Gin y^e together &

inge in y^e mouth.

The Style of Charity

Take wormwood, red Sago, rootes of amanita, small
lavarovers, of each of like Quantitie chopp off small
peaces of the Oyle of Olives and monkeys Nettles
one by one and lay them in a Braine y^m and cut fresh Herbs
w^t of the herb cut grass boyl it full of ffeare
scars of Oyl may boyl warme, Braine & again
and let it cool, & y^t put cut grass thereto
call (Rarity) 8 boyle it and let it cool y^t day
boyle it and it will take y^t maiestaird out of y^t boiles
& it will boorey clear and of a perfect green, if
herbs must be gathered on y^t 2 of may y^t herbe
Cut grass is put in so quide y^t colour.
The use is that drinck 2 or 3 drrops in y^t consistallie
is good for an inward Bruise or Hulme, or cleane
or at green wound it will kill dead or sorne flesh

Dr. T. Cough.

Take Hops, Shadworts and boil till quart of boiling
water, with common sugar and lighish Tiller it come to a point
then strain & put into it Economy over & Double
= overly of brown sugar, has made white sugar & boil it
to a Drizzle and take off quickly at all times.

Mr D'Consumpton

Take sugar & colour it & sugar powder & liquorice
Search you white quantity, clover, pearl Verona &
Leave out the white & take red rose water, and quantity white of fish
an Egg white & beat you together & take & mix with each
one of these and put to it liquorice & boil all together
till it will rise & stir it in Candy gold & take
of it as often as you ought.

Female Oyle of Swallow of y^e best

Take lavender, cayenne & bay leaves of each a handful
Savory tops, shadowed shings mace, salt, & probatum
aniseed, allervort & each one handful and ^{sp}
Tangs & handful raw Sandfull boath these in. —
Mortar all 16 or 20 yough Swallows olive oil
Then scatter these all together till they be
dry all, & put 3 pound of new butter wchout salt
boath of 2 hours, & put it in a glass and cover
it close set it about 6 or 7 days, & set of Glass
in 10 Cells of water and aff it by day & heat
all of least of " Bram it uput it in Spots D

Mr. White Scale Almon

The quantity of hogsheads a Cask took of
Oven made mutton to brother & herself
pantry load a fort night, in full abundance
of rosemary flavor or allise Rock allum Squat
of running water boil those together till come
to an Age & abundance of load w^t it.

Dr. May's printing of Bleasdale

Take 1 dozell of Joyce of notalls and put
to it a weight of 2 pounds of bole ammonick. Has
much the same vertue as the former. It
will make it pleasant sort of Balsam.
Drinck every morning first, 8 or 9 hours after
dinner, by a space of 5 days when he goeth to see
giving him a drapry of phlorisius. Rom: mixt w/
a little conserve of roses.

Mr A. Head

Take quantity of copperas & quantity of
Marrow heads as weight together stirring them
very well heat of 300 degrees and before you boil
it & so anoint it places but plack of horse first stuff

¶ Make the Green Ointment

Toads red & black 8 pence of each half drachm of Sassafras
& wormwood of each half drachm of each half drachm of Amomum
Then take 2 pence of Sassafras root from off shore, beat it
w^t a pestle very well then put it into a Boyle then
a pottle of y^e Oil of Olives add it together & then dry
it close for 1 day. Then boil it in Spain oil off shore
till it is reduced put 5 drachms of y^e Salt of
fish, when it is reduced put 5 drachms of y^e Salt of
Spices & boil it over a slow flame it & cover it close.

The effects of this Ointment

Ancient of stomach digestion & obstructions rub
y^e back of it is good for y^e Bone or pain in y^e ears
any way to draw, or burning & healing it is
made in May & kept also kept it last many years.

¶ Hit the Canker

Horseradish leaves, Walnuts leaves, and wortwines leaves
& pint of y^e Sep and sage & half of each and horseradish
leaves in 2 gallon of y^e Wine & add water till of half
consumed then strain and put in 2 pence of y^e Salt of
grapes wort beaten together & boil it w^t a slow fire
and put it in a cheeps pot.

¶ Powder for y^e Green Sickerid

Take half a pound of Nut powder & white camomile
& mace and Rose of each a quarter mingled w^t
a drachm of y^e Sassafras and set aside. A spoonfull in the
morning of all time and an hour after dinner. Then
broth w^t mace being boiled in it & walk an hour after it.

¶ Stay the Farting
Planting leaves stamped and strained in y^e yolk
of Eggs & mace in y^e Tansie is good to stay
the farts.

¶ Dr A Cough

Take a pint of white wine Vinegar as much of
Syrup of ginger & vinegar & wine & of horseradish
Boyle together w^t a Chamfull of Rosemary and take
about of y^e to Almyris. To horseradish and vinegar must
boil before y^e other come in; then put in braces
of Ginger, it must boyle i an hour & take it evening
& morning.

¶ Dr the Plague

Poke Sack two pintes of boyle in it Chamfull of
sage as much of Rose Wine one pint to wash them
strain it and set it out of this, again put to it of
Tunmers wort of long y^e 2 an Drachm of Pepper & probatuum
1/4 of an Ounce of nutmeg beaten together & let
it boil little then put in a penny weight of Wiltordale
one penny weight of Rose Ale & of a pint of Sassafras
leaves this w^t a hole of it was in morning & evening
if you be already infected if not once a day sufficient
in y^e Plague time least tis for observation of one
man, woman, or child aged twoe deceased by this
Dr in h^e 12 h^e is good for y^e staying sicknes & male
Diseases & other infections.

¶ Drink to cure y^e Dropsey or consumption or any infection in y^e body

Take a pint of wormwood water, a pint of sassafras
1/4 of a drachm of Sassafras & Cinnamon. Then put
it in a chafing Boyle let it stand 2 hours and every
day shake it y^e day pull to it a ydard of muslin
and set it round about noon and esteem y^e drachm
but stir it not after y^e first drawing of it.
¶ And watering Eyes
Margarites the leaves distilled and of water drop
into Eyes.

For the running of y Reins

The patient is to anoint his bowels with water
and poultice made of Yolk of an Egg and beaten
well, adding Turnips & small draught of posset
drink made of white wine & take it in the morning
fasting it helps of running of y reins
commonly the first Turnip, but now faileth
of second.

For A Burning Paw.

The soane or foor or foote dippe in water
set into posset drink it good for burning
A leare of water albe is good for red or burning of
posset of new turnip depth in y paune dryed and no
kepp all y year with Stay Readyn.

An excellent Salve for Catarrh.

Take bees wax, Deer spit, and marsh roots of sain
alittle quantity put these together and melt y wax
nighly & put it in a pot then mingle y waxes
& put it out into a paste or ointment & v.
of snow water & beat it together 2 or 3 hours
till it looks white, it is good for any inflamed
sore or blisters or venome it is to be used cold upon
upon off y cloath & slighted twice Day.

For A Cut or Green Wote

May boster and poultice of Rosemary and leaves of Herbs
leaves and roots to be left, & Chamomile is good for
any cut or green wote

For y Sullen

Rein dyng yolk of an egg melle togather it
good for sullen. or this A yolk of an Egg and
bay salt

An excellent plaster for the Bust or Boil or Inflammatioun of y head or any place of y body

Take 2 lbs of pitch 2 pounds of rosin as much frankincense
as you please of boopes hollow one ounce of
Saffron 2 drams of clover, as much mace & pepper of
Cumin beat all to powder wth 4 drams of laudanum
it must be boyled two hours wth 2 Mopper drams
first of rosin & pitch & hollow must be melt
before y other come in & when it is boyled spread
it upon Sarco sheep as you need it cut it out.

For y Hore

Take Liquorish march malvace roots in
Peculiar pot, also wth a few sweet fennel roots
make y sweat wth the spirit of althea Day
likeing soodme of y lat y sheepd.

For Consumption

Take Chest of young Mutton &
boil it in digestion of yolk with hellebore & flook
fall from y bones then drink y said milk as often
as you please.

For Lamency, Puffes, stamps & Shrinkings

A plaster made wth Gum Cupidinum and 2 drams
of much waxe and attelle waxe is singular
against all aches of y joints if diseases affections

For Bloody flux of all other Fluxes of Blood

The bottom of pomegranate wth y rind melle
in to powder & boyled in red wine & drunk
is good against y diseasess afforsaid.

A Poultace for the Breast

Add A quart of Brungest wort one handfull of Rose
Mint one handfull of Ollie hogs w^t 2 handfulls of
rose boarfe & cut of the tops of y^e Rose y^e three
leaved and Rose boarfe y^e of branck and yet
y^e m^t of wort & boarfe y^e Then in bottell come to
be as thick as maye poultace Then take of
Soute and toward hit one blgoud Thichmif &
Drogs of best evening and morning Infusion
& when it hath brokken y^e wst depeit for 3 days
an^t then shew it & know what obzalues you
will have.

A Water for y^e Stone

Take fayfras Bellifery w^t water & such 4
handfulls of Radish w^t 2 handfulls of purpely
roots of each 6 handfulls two handfulls of parsnip
roots or parsnis one handfull 3 1/2 uncors
Phippendale roots & parsnis one handfull & put y^e in to
of Caspafraze roots shew y^e greate & put y^e in to
A gallon of new milk of blood red soon have let y^e
distill y^e in Alecomer
in 24 hours and then distill y^e in Alecomer
Gitt 8 thire write come 3 quarts for shew about of
water. Take heroy 2 or 4 spoonfulls or as many
water if you eare w^t y^e this Quantitie of Renifill
= 10 min to quide whita fine put in ther to som 3 1/2
spoonfulls of y^e juic of Bummon & Little sugar
spoonfulls of y^e juic of Bummon & Little sugar
spoonfulls of y^e Antheag in thin siluer or as myg Ringav
laying it on y^e Tongue wash it down in to your
Stomack If other mixtures use this fasting twice
if you be in pain otherwise if itt be for prevention
sh^t it about y^e now and full of y^e Moon Dayes falling
together fasting till itt is done & before you
drink itt itt must be stilld in may, if itt is put a drop
of y^e y^e Juniper into y^e drinke itt & when itt is well
fistis of marsh mallow roots itt is y^e bosome

To make y^e Spirit of Clary

Take y^e clary m^t in distill of mayalon & the same
or y^e to Helschinge & condit itt upon day
when you have prest it from y^e Mather w^t the
infidig to stilly & distill it 3 quarters full y^e w^t
itt deince w^t your need then take y^e lead ale & the
body is double white paper and stoch w^t itt & best
then put y^e Bill into Balneum maria setting it
upon Alethe how Baden hivitt mad fitt to hole
no clasp fast from rising in y^e water then make
y^e water boyle unitle y^e spirit gif.

To Bring Downes

Take as much amber as will lie upon Alethe
and put in to 3 spoonfulls of pitchers with 8 que
it to y^e party. This never failes.

To Bring Crimones

Take as much Cypiall as will lie upon Alethe
and put in to 3 spoonfulls of Springwater &
gide to y^e party.

Of y^e Ointmes for Child

Take Sona one 3 Porlich, S. Rubarb of each
2 old wormes bed one 3 Lorm & Gunerry of eaq
one top let them infuse in a dronk water
all night then let itt by greateley togather untill
itt be consumed to 3 quarters of an 3 Hen. strain
strain it, & mince itt & stirre up of y^e soft
3 3 and vfe it

Curent & approved remedy for.

Stone

Take 2 handfulls of laxifuge 2 handfulls of white
Mother of pearl 2 handfulls of pierrestone & white
cattar pessiper two handfulls of Chelidonula & one
musk 1/2 drachm of yewall 2 3 oz of Annal 1/2 drachm
Siccas or to Redish water. If y^e cannot stir it into a
gallion of new milk of cheeke whey & let all this
sleeping in it for 4 hours together then stir it to
A poale in Leedes hill near about midsummers after wares
Slice some good quantity of Sawefratre & stir it into
A poale & let it sleep. you may drink all a very
lime when you feel paine about the confullie. See
if you doest not eat nor drinke all dayne hour after.

For the Stone in of Reins

Take an handfull of pierrestone and handfull of white
Laxifuge note. 2 handfulls of Gingy root. Blend
all of y^e Kernels of Pepper long. & 2 an handfull
of sweet persely stalkes in 3 shallons. Sainz of roote
of Spars of ab horset & a little fire. let it cool
8 when it is cool enough poure out to it and let it
work like other drawing off. Then strain it from
the Herbs. Pour it into a vessel till for it. Stop
it close 8 in. For 9 daies you may drinke of it
every mornynge a good draught or of late as an hys
is sufficient.

A Recet for. Stone yet to miscarry

Take camphry roots and leaves flower of white arch
Dinged 1 drachm comf plantain. And a grasse w^e 1/2 drachm
ye be distill of y^e mistletoe clary leafe & flowers
Distill y^e in drachm. Linseed and fresh Barlments
y^e and distill y^e 5 oz to y^e Tunnes over hale 20 boles y^e
Rockethelle hale 2 poales and y^e yolk of a new lare
Egg sat it up & drinke y^e Possonide, w^e foraynt
of these 2 drachms in y^e first together.

For the Drawing

Take 1 drachm of y^e horseradish & 1 drachm of Annal
Chardroot put a good quantity of y^e new made Salt
into boale or the culpey boale w^e 1 drachm
that through Minning hole and Take of much of
it at will make a good draught & bathe it y^e
Quantity of sweating in Boale. And it will take y^e
Twaekell dissolved in it y^e warme oil and crimedith y^e
Morning & night & all night when y^e go to bed. See
it be 2 hours after y^e meat 1st of once or twice to make
every day if not you may make his mee at once al
with spars 2 drachms. See you may make it many moneth
8 cont boale to ff as often as. bathe it in y^e Boale.

Also for. A stick w^e 12 moneths old & drye
y^e must take boale Dung & mixt w^e fresh butter
If y^e stick be on y^e back this must be small ricks
say this Medicin by 2 drachm of y^e back directly ag^t
it. Let it be not laid directly ag^t y^e heart for y^e
Medicine will & more y^e stick to y^e place where it is
laid therefore y^e Medicine must hot be laid neare y^e heart
for drawing of it to y^e placed. This halfe boale often prouide
To doo over at good boale for y^e stoury & soff for any hys
and if it taken when drawynge of y^e hys doesn't won't be
breake this bath helpe it.

This halfe boale given to Tyngyn child when y^e was gummule boone
Much in 8 y^e child to age 8 y^e. Child hale recovered.

Medicine against the Plague

Take 3 pints of small meat of Rabbits full of red legs
 One handfull of Rue Mistletoe and this 3 pints & mix
 y^e matmeat & set it on y^e fire & let it boyle untill
 one pint of boyle be enough then it and take long
 pepper, Cinnamon, Nutmegs, of all ones 3 beaten together
 powder & put it into y^e matmeat & let it boyle
 sevrally while when take it out & put into it an
 onion of y^e best Metherdale and 3 spoonfulls
 Peacock, or 2 1/2 spoonfulls of y^e best orange peacock
 and when it is cold put into it 1/2 of a pint of
 y^e best Aqua-vite and half a quark of 1/2 pint of
 Angelico & wash & drink of it y^e full warme & take of
 it ever morning & noonfull or 2 in y^e morning
 fasting, thrice or oftener y^e day if you please
 but if y^e party be sick take y^e spoonfulls att a
 time in y^e day and cast y^e part into y^e sweat &
 let him drinke & let him drinke but if he will drinke
 no more & in any case take heed of taking else
 And if he be drife be not hasty to draw it
 So an head but let it drife of it selfe & when
 it is come to an head take 3 spoonfulls of bawes
 and bals of betwix two tiles and a quare 2 or 3
 figges amongst y^e and applye it to y^e sore or else
 take white Lilly roots
 Probatum est

23
 An excellent medicin against y^e wind
 wh^e proceedeth from y^e Mother wh^e many
 times causeth great pains both in the
 Liver & y^e spleen

Take Sowet full Onion commonly call'd y^e Thomas
 Onion & cut y^e top as y^e end of an Apple & take
 out some of y^e skin being sure y^e bottome be not
 mended w^t any y^e bark some are very small
 then take some y^e common grok supper mix all
 together & fill up y^e hollow of y^e Onion w^t them
 dont on y^e top aga in & wrap it up in Anns Apron
 and set it upon y^e Embre & bastin it like a boar
 so long as when it is hot dont drake it out of y^e
 paper & pull off y^e top then mix y^e putt in y^e
 Onion together sovred y^e bottome still whole
 Then as hott as you can endure it lay y^e soft
 upon y^e neck & y^e ear upwards layng warme
 Boale upon it, so long in y^e warmest as long as
 you can if you find it y^e safe by it, it will
 be good to have another ready to lay on when y^e other
 is cold, if you lay on on when you get to bed
 in y^e morning you may applye against it
 For Consumption

Take 2 spoonfulls hot from y^e Sheeps ears of y^e full y^e
 take out y^e am stiffe of one, bid a drake out of y^e ears
 then put y^e in Sodden pipelin & cover y^e all over w^t
 y^e 4 or 5 spoonfulls of y^e all weight then weight y^e either part
 2 1/2 of fine sugar, boale y^e sugar very fine and strain it
 upon y^e hearde y^e Sheeps Eelovet in each heart y^e
 base of cheare upon pipelin & put them in y^e maner before
 pickinge y^e ears & y^e clean at with say crock in y^e fundy of
 y^e yew tree & lay y^e boarde upon y^e boarmerie, then lay y^e
 boarde y^e hearte may drinke evry day 1 or 2 drakes
 drake & drake it in y^e blood, take evry morning maner before child
 y^e spoonfull for an old body 2 spoonfulls for an olde body 1 1/2

Medicine for y. Bone.

Take one handful of Scolopendry, one small one M of Sassafras, one handful of parrot's wing, one M of mosses, of time $\frac{1}{2} \text{ or } \frac{1}{4}$ Drachm roots three, yarrow small, & lay y. m. Roots in a gallon of milk one night & do drinck y. next day.

J.W.C. 1741.

A doctor's receipt running water A spoonfull of Sassafras
Tigges & catle thre y. all $\frac{1}{2} \text{ or } \frac{1}{4}$ M of colcot
as much cleabring salt mire of a poisscaring charon
hair & wood of gromony plant Hugget of an
handfull or better of lignisit chock bladdas mire
Pecampan roots & Walnut Nicles if y. be
dryd before y. roots & A spoonfull of Annyspoon
till it softly & cover till half y. m. be comyn.
Then put one $\frac{1}{2}$ of brown sugar candy to it
drink a quart of drinck of it warme twice in y.
Morning & y. 4 o'clock in y. afternoon
Till y. whole quantity be spent.

If you want of these herbs you may yse
or Agrimony in y. place.

Dry of these herbes in summer to use all y. wint
and role y. roles in papers They will alway
the better.

A doctor's receipt to bring away after birth
Take y. Rootes of bell flower & lucer $\frac{1}{2}$ boile y. m. in oil
make it thin & tuffe Rootes & rootes of woman to drinck
every 6 or 12 hours as you let occasion It must
be in it 2 or 3 times.

To make A Drinck for y. biting of skins

Take sage leaves and hore of grapes of two hands have
full, 2 or 3 drams of gallick 1 pennyworth of y.
buckwheats you can gitt, A good quantity of St. Johns
wortes smal & boil all these together yelboing off
(if it be for dogg) but if it be for a man to boil
Mustardine in a pipelin stoff stoff w^t corpe past ro^t &
much not boil tooe y. few but in the time of wet
for y. more strength, and give it y. party 5 or 7 dayes
before every change and full of y. Moon for
vaires before every change & full of y. Moon full moon
this is good for man or beast.

Let y. Drinck morning & evening, brewy
quantity of this.

A Drinck & Syrop for consumption.

Take Pinacocells cleane, scrap'd & leev'd y. weight of
Can Dunes, and infuse it in howe Drachm of gallick
Lie all night in an Earthen vessell else stort in
6 or 7 punds of water & boile it untill there be
but a poule left & to this liquer make brote of
leeches or cuttit y. skin fat taken of y. put therin
of Seabins folkefoot charon hair Scourvy grasse
Agrimony & chartre souce of each one M of time
and Rosemary, of cibes of little of Balme & handfull
one shole myce or 2. y. bottome of cheft, leafe over
3. spoonfulls of fynnes Barley & yew whole rassent
8 of little Salt.

Poules of this brote twise in y. day & good draught
Take Madder hair Rarke longe & y. syrop panierial
Seabins pinace naturall to leget for y. m. y. Batone of
cibes cheft handfull one Apple John pr. Pippin
Nicles of parfabye Rosemary root & cibes $\frac{1}{2}$ or $\frac{1}{3}$ of
Drage root & a $\frac{1}{3}$ of Annyspoon & sandstone powder

26. Chap weight of 12 in Silver of corua Beads of weight
of 3 drachms of yl Jun 20. of June 17 the sume
is apiece an 3. of horehounds an handfull of
Decampame Roots Siced & weight of 2 in Silver
bough all shelye in water & the eight want of good wine
Vinegar of bold all most spoyle & cold ymoun &
gentle Rose vynell ther from me but a quart To
which being strained part one 3 of fine bones and of
Sugar 33 cold it againe untilt it be pale &
Then persue Take of this oysse mry Day.

17th Aug 1711 for Armonia apt 63

Take of chary & plantain leaues an handfull of red
marigold flowers, of each twelue boile
it in a quart of ale unto dryst & then stry it
into a bosome of yce of an O. back yester
clean from y hood & a dryst of y kinoller of
Ra toll make boale wth. dogalish her. & long winter
wth. hellebore & Muscatine & let it stand on new Embes
6 hours y. Strain it & mingle it & put into
it off white Cinnamon powdered & 33 of white sugar
andy powdred and to be draught every morrowng
& att 4 o'clock in y after noon for 9 dayes.

D Gultis for S. Anthony. A.D.

Take Mallets Marigold flowers red Rose elder
leaues of eas of life Quantite boile ymound in four
water then thickesse it wth. barley meal when it is
thick enough putt in a good peale of hogges Grease
and apply it renewing itt morring & night.

M. Probatum est

27. Burying either in younger or

Cold Root wort, comfrey & Robert, of eas Hh
Dianthus, wash y. wth. y. in a maner after
The root is nearely drawne & boale wth dryd boale
y. to powder then boale of y Robert what
quantite you take of y herbe when they are
dryed take it too much of sunnes seeds & boale wth
y powder of y t. herbe, Boarfing y. Robert wth
you would use it take too much of this powder as you
can lay upon 6 pence & then keepe it fast in a ch
little malteser to mounting to a yar anointing
y grise first wth. y. wch boale wth y powder
with some sweet butt. & wash it then take of
y herbe as of ore said being wth y powder in y water
running water till yoy be tolde & anowing y water
clean out & so a wch y. wch greved place as
hot as may be Saford & stye y. to wch Shrike,
but lett hot & Shrike be to straight for y will
make it sone further These herbes must be gath
in May for y the re in their chief strengthe
This boale beene provid upon Roberon see borne
and upon aged people of halfe beene 14 years broken
Root. Cold wort sheweth in y fields & hatte a little
water out of flower. Two telle ymoues growing together
of y biggins of a pine tree, out of y. Tinct
thereof the patient must lyce one hour upright
on his back, after y drinking of y. cold powder
& after y busines

Approved to be very soveraigne by Mr. Wilkins

28 *To make the Comyn Oyle of Alchis*

Take of new & sweet Lathib (the one Quart & 2
Oyls) into Chaine Glass (as many of y^e yellow
flowers of St John wort (all y^e leaves taken
away) as will fill up of wine & more than
that y^e integrated in a very knift & stet y^e glass w^t y^e
Oyle & flowers in y^e sun in y^e hottest place of y^e sun
till for y^e space of 15 dayes. Some dayes let one
Stir or shake y^e glass well and it hath alreadie
been soe Surface burning. Take y^e Oyle & crush y^e flower
very hard of all y^e knift may be in y^e Oyle & make
another point of flower & doe it before you do the first
which they alreadie had take one other point of flower
Third time & let y^e oyle come to y^e oyle
of 10 dayes y^e flame y^e w^t before y^e Oyle
be sharp & stand untill all y^e greasy substance
be fallen to y^e bottome. And y^e w^t is a boare. be
clarke & of y^e blanch colour y^e put y^e clearest
out to drye for y^e oyle.

℞. Reced of Capt. Peers if it be cold

Take 8ʒ of red lead 8ʒ of white lead 8ʒ of calke
soape & powder made as beaten a very fine & boyle
y^e in boyle of y^e Oyle of Alchis when it is hel
burned colour y^e it comt of w^t y^e Stocking to y^e
fingers then put into 3 of barrows. Break y^e boyle
of an Ounce of y^e Oyle Bay and let it boyle of
it after 8 then it ready to dippe of boale as a ferd.
In this you may dippe 2 boale one after another
& smoteth them al before.

29 *A rare & Excellent Salve to heal all*

burning by the
Take of y^e Oyle of Oile & put it into y^e oyle
of y^e father & sonne Petre Spriggs & Appear gro
and of y^e biggins of Chincas & y^e yew leves or y^e
leaves of y^e Galanthus of y^e Sappier bark and cast it alray
y^e Oyle of 2 boale so y^e it all comt of y^e leaves whereof
take about M w^t & y^e leaves cut into y^e pipkin w^t
Oyle of take some leaves of y^e plantain & comt
hemp seed. all w^t y^e oyle till y^e pipkin & put to y^e oyle
the part of very strong Pimpernel & Little Rince and
about 2 mites of y^e Saltoe & note let all the boyle
well alredy together at oyle fire about 2 on how stirring
y^e now and how then shall y^e through chynning boale
put it w^t y^e shaind into y^e oyle. In again add y^e oyle
y^e cayp and y^e of y^e red wax 12ʒ of y^e oyle all w^t y^e oyle
boile y^e boalle w^t will come to y^e oyle. I y^e tyme
when you will use spread it upon y^e paper & apply
it to y^e burnt place & fresh it every 24 hours
if burning be y^e oyle otherwise it will be now
and fresh it mitigate y^e pain & heale immediately
wrath of burning boale doont y^e paper to dry
it warme.

℞. It is likewise good against y^e stiching of
y^e legges & a red flesch poults likewise against
all boale of y^e liverly Itch.

℞. *Mr. New Powder*

Take Myrrh to y^e boale of boar 6ʒ make it
into fleshe powder take this doole all y^e times in y^e
spoonfull of this poult drink made clear poult
y^e vime of small Ma. & each boale will be ill distance
of certe drinck of this vime & day for y^e night
togethor.

³⁰
Cap^t Greens Red Plaster for Aore breſt

Toake 13 of red leade, San Bane of white lead 33 f.
Bole, Armonack beat y^m into very fine powder.
Boyl y^m in halfe a pint of y^e Oyle of Oliver, Stir
y^m continually y^e oyle not when they turne
colours till it boyleth a drop of it upon a Spoon or
spoon If it comes off without sticking y^e oyle to it
It is an^t of y^e Oyle of Tector Fir together 8
Drops y^e Oyle.

Boyle to take off of an Eye of y^e thimble Scaſe y^m.
Whale bone y^m ſcipp it in this platter by thre
little of y^e boyle and all wett y^m Put it out &
day upon y^e Table ſpread it v^e all y^e Room y^e ſpoon
with my hands this plater is very good if y^e humor
proceed from heathe it is to be ſurneſed every
morning. Then in y^e black Salve w^r is good for. Toches
Bruiſes, burns or Aore breſt — thus & X

Toake ſixt of 6 ft. Sallet Oyle and put in 3 of oil of y^e
Red Boile wax being ſhaped thing & y^e let it melt togeth^r
and when they are molde take y^m of it ſcriue into y^e C/10
of white leape being finely ground and ſpiral. ſtir it
in y^e fir it with together 200 ſt. boyl 1/2 of an hour. Then
take 23 of Lambkin ſeede being finely beaten & Barred. Take
it in and thin it w^r ſome like quantity of a stick of
Sibrium & alſtly minke ſeede of Spinkens, but let
it be almoſt a color before y^m put in y^e Mynher. Put in
it 2 of an 3 of Pamphire y^m ſet on agayne & let it boyle untill
it be very blacke when ſhall ſet no big ſetting y^e fir
till it be quiet cold. Then ſet y^e pan upon fire of y^e fir
being over ſe of Salve may appear. Then it may be
heathe y^e w^r if this Salve be too ſtiff to put into y^e wound
melt a little of y^e fir wax to put to it.

³¹
To make y^e Compound oyle call Mean Hypocrite

Toake of y^e oyle of malmeſoy of y^e flow^r of lily
Johneswort, of Equal proportion hinc y^m together
in a fair Earthen pott w^r laid to y^e fir ſet it
Seale in y^e flaming coale ſet it abat and let it y^m
melt of y^e ſpoon of water boyling ſot long uſe
y^e Juice let conſidered in y^e ſoothing y^e ſet it be
therd ſuffed through a holey Cham. & ſtich
and thereto ſet you haue y^m another pound of y^e
flow^r of lily Johneswort ſo boyl good and clear
Day þat the 13 of May on 31 ſt. y^m all day
again in a round Rebate as aſſorted for y^e ſpoon
of floures y^m ſet it to ſtove 3 days & after
wards ſhamid ſo prepared ſet it up as
above written of y^e cotton Oyle and ſo loo
it for y^e fir.

This ſoon againſt cold ſches ſcald Souther
Sciaticke palpites convulſions or Ramps y^e ſore
wounds w^r hot inflammation. & for y^e ſtiching
of ſinears —

End note y^m you muſt gather y^e fir in y^e
evening of June & they muſt be gathered
in y^e afternoon in Haire day when there is no
dew on them and they be hot for y^e ſun poſe
all y^e fir tyme when they be full of flower, when
being rubed in y^e hands they will dry your hands

17
Mr^t Tappels Prall to bring ^{upſet}
Take about of ſmall. the fir it but ſtrain it not
Then ſtrich on it w^r black ſie ſtoves, took it with
Sweeten it w^r ſugar y^e ſt. y^e party drink of it warms
the eare Prall.

32. S: Walter Ralegh is Great Grevall.

<i>Fer. Boraginis</i>	<i>Mitisce</i>	<i>masisteria Petram</i>
<i>Anthonos</i>	<i>Mariorana</i>	<i>Dulce -</i>
<i>Heliotropis</i>	<i>Miztha</i>	<i>am. Preciae ex</i>
<i>Gargophyllum</i>	<i>Valeniana</i>	<i>terra liquidate</i>
<i>Ros. Damascen.</i>	<i>Oralotum</i>	<i>Bachani Guajari</i>
<i>Violatum</i>	<i>Lignum, Nois</i>	<i>Pax legitaria</i>
<i>Scimbuci</i>	<i>Susap. Tax. virginia:</i>	<i>Vix Loxaria</i>
<i>Ros. solis</i>	<i>Cardinimum</i>	<i>Rasix. Irido-</i>
<i>Flora Bitnici</i>	<i>Uvibz</i>	<i>-lachia rotunda</i>
<i>Cordice</i>	<i>Lapis Beripaticus</i>	<i>Radix</i>
<i>Angilicus</i>	<i>in Tota Substantia Garmentilla</i>	
Draw y ^e Pictures of all y ^e Flowers & part in y ^e Root of Wine & y ^e of y ^e Herbs from the y ^e Books thermed over & lot by word & y ^e Pictures of mix all Timelesse Sprays or away of spirit of Wine & by confectiones of honey To y ^e 1/2 vint of this Confection add one y ^e part of y ^e Magistrium of Verba one y ^e part of y ^e Tincture of corall extract of clumber grasse, y ^e Bazaar y ^e old & sorte y ^e other tinctures are brought to y ^e consistence w ^t of y ^e little Tura Ligata & Beaz stone & then y ^e poult conge & Schmor, but y ^e best & easier way w ^t of y ^e vertwo of y ^e herbs are not alterde to prop part of y ^e Herbs of all these herbs & flowers in Apothecary set y ^e in y ^e old glass bason upon y ^e Balonium & thin bottt w ^t little dryden frument & one bottle of y ^e clear from y ^e card & fill it w ^t than vapour of chear So y ^e consistence for y ^e Cordialle for to dry & to be & take out their tincture by y ^e spirit of wine is dangerous, & y ^e you by y ^e leaves their salts & help vertues in y ^e herbs, but vertue of herbs of can not profit, you may use y ^e spirit to wine, to draw out their tincture		

33.

An Approved receipt for y^e Bills

Take of poure of y^e great root into y^e proportion
Take Agallion of Turners Woofe & cut it to same
proportion sett it boyle soft & then wash it & wash the great
root to le off y^e dirt & root. Take of y^e ears of grass
& Scrape y^e dirt of y^e back side w^t a scree then dry it
up in a chaffet & let y^e scree be kept by y^e selfe
the piece of grass being soe prepared to add to y^e poure
which you do at 2³ of y^e drops being gathered in
y^e scree let it be well mixt from Aug^{ust} to Nov^r
Put 2 Ounces of this for dung to y^e Tunce of water
& draw into y^e stone Mortar & beat y^e well together
an hour, then take it out of y^e mortar & lay it in a
cool place, as soon as it doth drye to be somewhat stiff
rowse it up into y^e Apothecaries Lbours little hard
set y^e patient take one of y^e m^s & anoint it w^t sweet
butter in w^t y^e verdsall half besa, as soon as y^e party
hath been attroot lett him putt in one of y^e into his
body let it continue till he get Root againe &
when it coming away lett him putt up another till
he be well, the y^e use of this sometimes in 2 or 3 year
sometimes in whole years cure.

My Lady Lister's Baggg. a. f. spain
Puffmoyne, comonite flour May 17th 1740, by hand
of sac & blancket bay berries cummin seeds caraway
Spice of sac an Ounce, thre p. balsm & brusle
and boyl w. a porrige well in milk, or water thick
till it stand like a Pudding & cut in 6 Spoonfulls
of Jack this quantit will make 2 baggs w. ch
must be turst to a spoyl'd Do y' belly som heat
ever of 12 hours & when you eat of bagg Sprinkle a
little Jack upon it.

34 M: Gilbert: Water

Take 2 lbs of common Turnip root & 1 lb of Turnip
Diazons burnt leaves & 1 nutmeg & 1 lb of Saffron &
of sage & horseradish after these are clean pickt &
Wash'd & dry'd set them by one of clean cloath set
Stony roots 8 miles tall wet together & lay it so
root is as much canary as will cover it in next day
Distill it in an ordinary still by hot & slow
it will dry & take this water & put into it 1 pock
of cardisell & flowers 43 of silex bark & horn 23
of long Maydeale & weight all of 2 drachms in a drachm
in fine powder & all in a box & Boyle this
Powder & an 3 Drachm rich root 3 penny worth to cut in
Soothe in thin silke & brush wth spicke & set all down
20 hours then distill it & Boyle & keep of water
for every y^e quart put in 43 of the powder
powder & 1/4 of a quart put in 43 of the powder
Amber of black tapers or Rabbs chalke, Taken just at
full moon out of beazar stone forty grains
and as much Amber gruel made all those into fine
powder and put into y^e water and let it stand
closo 8 pot in a great double glass & iron dayes
shaking it once every day then boyle this glass in a
pot of water 6 hours then let it run through a fine
Cotton.

This Tincture doth much good againe in like manner
to make another sort to this water put this tincture
following white sugar ready 1/2 of pound
1/2 of red ochre water and as much spirit of wine
boyle this & while leam it clean then stille it 8
being cold put this to y^e boyle water & keep it not
kept for 9 dayes.

35 M: J: Han's Direction

Take ammoniack, feathers, Turnip, Cumin, Root, & a y^e
cinnamon brayfull, Cut & dance y^e Turnip
0 1/2 of Cinnamon, 1 nutmeg & Egg white in very well
set y^e mixture in y^e oven 5 or 6 or 7 days & lay y^e of them
when it is flesed putt into a cloake & work it clofe
Do y^e bottle therer every day & make y^e fish every 3
drachmes & wear it wth a brace of skin and
bring clothe of any thing y^e may not remayne.

J: Bring Christ

Do as much of y^e above Marap as will lie upon of
great red Wine & a spoonfull of warme posset
drink, and come Nine draughts, at last lay
warme clothe this must not be given before y^e child
comes right.

36 Glistet for Avermar in children

The direction of erguwart, Angelica, Turnip
in posset or milk to y^e point of they may be putt 2 spoon
fulls of y^e yolk of an egg & 1/2 a bushell
Macerate he of garn in beaten, if y^e first prove
not effectuall you may y^e 1/2 stone, then it putt
or 4 spoonfulls of y^e Oile of Almonds.

○ make spirit of mint.

Take 4 Pallons of good mint water distill it in
a common still & take let more good mint
than small as you like will suffice & set it on
the same pan as you do y^e spirit of wine & set your
Limbbeck over it & let it stand moderate fire y^e
Limbbeck over it & let it stand moderate fire y^e
it may not heat y^e part upon itself or draw it long.
Then there is a strong in it because of stickiness
it again in y^e still 4 Pallons you may draw 3 Palls
y^e chop mint & put into it again as much as y^e
Mint will cover them & so all night & draw
before y^e draw 2 Pallons by y^e then the mint y^e
Limbbeck much as it will承受^{hold} & let y^e 2 Pallons
Draw it to Nation & Dr. & keep it in a broad glass
you may have some very strong & some small of you
Report of Limbeck before the doctor y^e that he will see.

○ make Wormwood Water

Take 10 Pallons of sackles put to it as much Ale wort
y^e is strong, as will make y^e almost as thin as beer put
in 2 good shipfulls of wormwood, as soon as you have
set in y^e lees to y^e Wort mix it well & then put in y^e
Wormwood and after all is in y^e Barrels, seal it up
Stand all night close covered, next morning pour it
into y^e Limbeck & draw as long as their is any strength
in it full of pot 3 quarters full & when it is drawn
all over off take off one spoon of liquor & one spoon of Cinnamon
brush it with a spoon of liquor & cap it & seal it & bruis
put this into y^e water of which drawn over y^e pot
in this in y^e all night also stand, so draw in y^e pot
by hand wth a cloth & lay the cloth y^e pasted & close
close pinned about y^e mouth & so to keep in
the strength — — —

○ Mrs. Newell's Water

Take 3 pint of Juniper water, 4 pint of Damask
Rose water 3 pint of good Aqua-vite & Aquavit
of fair running water & one spoon of Sappitica
Water & one pint of Rose water & mix y^e Rose water &
A spoon of fine vinegar, beat y^e sugar very small &
put it into an Earthen pan, or silver, & when put
y^e fair water to it & when it is dissolved put all
y^e named waters to it & so put it up by y^e Pepper
y^e & named water to it & so put it up by y^e Pepper
you may put a little musk or Muscadine in it if
you please. — — —

○ make spirit of wine

Take 20 Pallons of strong wort and mix with 10 Pallons
of sackles to y^e thickness as you think will not
burn y^e bottom, keep about 10 Palls of y^e wort
unmixt for y^e last pot will be y^e thickest full y^e
10 Pallons full, and so on y^e Limbeck
& so y^e first pot will be y^e thinnest full y^e
Sot y^e first worts & very good fire of coals —
cool & after it begins to run keep Moderate fire
y^e it may neither change colour nor heat y^e wort
Set & draw till all y^e strong be out y^e pot &
wash it very clean put in all y^e spent drawn
out, and keep y^e Lees running in y^e bottom of y^e
pot for y^e wort as you think fit, as your wort boils in y^e
top of y^e Limbeck, draw it out & put in cold, & so
boil y^e worts in cold water & lay about y^e neck of y^e
Limbeck that y^e heat may not make y^e
water white. — — —

³⁸ A Pisse Pleasing Drink in Weaknes when
the Sick cannot Relish Boare.

Take running water & boil cust of bread in it some
parts hore = boile up in Apesie of Sarsaparilla & boil it
very well then dissolve som^e conserve of red Rose in it
if you party be large put to 3 pints of 3. Noone fulls of
red wine & Wine & Dried give this pleasing salt & a
little binding if you will chuse Apron Germander
Red Sops in iud.

To make Breakle wat.

Pare one Dyne of harts horne shaved & boil it in 3
pints of spring Water or Redes water untill it come
to Quart, & take 1 Root of Nicampant
Genian, Cypress, Fornentelle, Rodus Angelico
of oaces onto Runes haning Rodus water you may
do y^e first Nut y^e rootts of Cardus & Angelico
Borage flow^r Bayleaf, & Rosemary flow^r & many
= gold flowers of vale 2 Punces of Burn Linseed
20 Unes, of roots & Burne rind must be dried
and beaten to drage powder, & take an Ounce of
y^e best Toniced Tincture & dissolve it in 6 pints of
white wine & three pints of red Rose water then
infuse all together 24 hours & distill it in 1
Glas Still or Limbeck

The virtues of this Water

To restort y^e spoile & sooth it is good against
Soothing or faintness of guts worts or y^e small pox
takeing one Spoonfull or more at a time or
four spoonfulls w^t sugar according to the
strength of y^e Patient.

^{Dissolved} ³⁹ To make A compound of Amber Grease

2 lbs of Amber are to 1 Dram of Spirit & 8
Dram of new 25 of y^e Isle of brane 25 mix y^e
in Amber mortar heat hot upon y^e fire y^e pot in
all but y^e musk out not that in untill it be
almost cold, doe incorporate y^e pot together &
put y^e up in ob glass jar y^e soap which you will
make y^e Panie of it warm it off y^e jar & shake
it together made clean y^e Mortier w^t sugar w^t
will serve to perfume any sweet meat.

A Finance Drinck

Elcampant roots Burne rind Rose am 24 Small
Dogg Sticks small Resons of y^e San Ignacio Crimony
Sebastus folifoot, horde Longue panificale Rose Mel
honey Rosebloom cow this Rose accordeth Annieses heel
all in Rose water & sweeten it w^t Brown Sugar
Candy.

To Finance Elcampant

Take y^e Rose of Rosepan clean wash & scraped peale
of y^e boist wate w^t re. is not strunged in this one
pound or as much as you please & have for it
5 pound of sugar to a poune and half first
boil y^e rootts in water till it be very bitter
then poure it out & boil it in y^e water
till it be tender then poure out all y^e
Water save three quarters of pint put in
your sugar & boil it up with it y^e unto
y^e thicknes of Cherrys & soap it for your

-- VI --

To make Sweets for Lining

Toake Damask roses not quite browne 5 bals of Rose
drying day by 2 i. take boones & powder of Rose
du Prince of Benjamin half drachm of ay Junced
flemons of fowndacion beaten & put by Rose into
a big cypur Show this powder of monynges let alle dry
upon a shalott of water 2 daies but not as much
as if first of 12 bals of m. in offott covered near the
fire for your use.

To make White Mead

Take of Rosemary 1 m. Sweet Bay or Pennyroyal
Bals of each a handfull and what other
herbes you please as Origan Watercress
Dryslyon or march Mallows leaves & flow-

Liverwort wood Betony Eye bright Leavess of
each A like Quantite of 12 Bals of y deth hea-
of Gringo roots wch of each of the proportion
to y herbes of white angilicoe Cobwort vancille

Roban wch wch 2 asch of proportion as is to
every handfull of 12 bals heale. A 16 part of an
handfull of this flower Scop them night & day

in a wooden Bowl of water covered then y next
day boit y every scote in another water till the
Colone be very high, then take another Quantite
of water & boit y same herbe in it till y yron
garn do. let it boil 3 or 4 hour's time or as long
as y liquor looks any thing green then let it stand

with these herbes in it day & night y put as muc-

honey to it as will make it styr an egg

y liquor being strained from y herbe wch labour

y honey & liquor together A whole day till y liquor

is consumed y. let it stand whole night agayn

A cleare day let it stand A day or an hore wch y white

shalt of 6 eggs y backs being taken out, so y shallam

it cleare & let it stand steady & cooling y. put it into

A Barrell if y will have it y wood sed if it may be

ready to drak stably take y white of 3 or 4 eggs. A

Spoonfull of Barne & spoonfull of wheat flou. So dat

all these togather & let it work before y stope it y after

wards stop it wch wch & putt 10m. ood together

so long y long month before y stop it up hang in y

Barrell full of Spice beat nestles & roses wher

Cinnamon & nutmeggs put y in a Kynson cloth &

hang y in y stard in y Barrell

S. R. Diall

Take y bracts of 3 or 4 shot, quick cutt of y Rose
and steepe them quickly in little thin slices y into
a clean Earthen pot put as muc as water to
them and will color them if you like not rose water
take spring water mixt wch 2 or 3 spoonfull
of each cover y pot wch paist and set it into
a howse broadoon when your draw y oven pour
y pear into y glass & put to it olissia & camomile
y bark now and then a spoonfull of it its highly
BOSTON 1707. 4118

⁴² My Lucy Pomander

Take compound of Rose buds purfled out from 12 White & 15 white walnuts & Ounces of Benjamin 10 grains of Sambucus Root 24 grains of marsh 10 grains of Sivet 12 grains of y. spirit of Rose one Ounce of y. Oyle of Rosemary, to make it up wth Lamb Black & Burnt Dragon Soap in Rose water & Orange flower water, if you have not leasnes to make it while y. Rose are fresh you may boyl or steep after y. former manner and say y. m. when ben off Soape & every finely, make up y. pomander in y. grains of it Marachou distill in Orange flow or Damask Rose water & Pomander will be bottom of y. thin part of y. Grounds, be Rose Oily flow & sweet majorum fideley beaten & scattered in y. Rose —

To keepe Black Jaundice

Take Apert of Earle wormes, Rue, & caypion of y. Earth after rain and put ym in a Dish & cover it with a good Handfull of Salt upon ym and cover ym very close when they haue lain their one houre wash ym over of clean w. fair water y. take ym out of y. Dish and beat ym very small & beat ym in a quant of White Wine till they be allmost halfe washed dryed of this over y. morning and over y. night for sweet & mase — fresh every 2 Dayes —

⁴³ To Intide away Infection

Take of compound of woodcocke conyfret of Roman worms y. weig of 12 & 3 Ounces an Ounce of Venerie Boable 3 Spoonfull of y. Syrup of clow Pitty Flowers of Fonda Cloufiers Beaten to powder 2 Spoonfulls mix all these in the Pectur of Rose in y. Morning fassing y. quantity of Walnutt.

To keepe Small pox out of y. Throat

Take y. thin excretion of French barley out quart Boile it in three Lijquorish an Ounce of y. harts horne as may fife. Strid 6 or 7. good many fleshes bruis'd boyl altogether to y. wast in y. offal of half of y. Liver. Thin gise 2 or 3 spoonfulls attol Dung of flowing as easly done as possibly may bee.

To make PASTOR Powder

Take two Ounces of peacocke one Ounce & half of Boarre Rab Yps half an Ounce with Amber crease half an Ounces harts horne half an Ounce four cupfulls of Rose leaves to make them up into balls you must so do 14. Scarbo King, and steep ym 12 hours in three quarts of spring Water, you must put ym in water untill it be 12. Stroff Pitty, then ym quantity of A Pin. you must dry y. balls of Rose cool very shakely

H. Robinson

44 A Rice & Briall Dr. 1718

Toake a pint and half of running water put in
2 spoonfulls of bruis'd Rice & 2 spoonfulls mace
let it boyle till the first potte be consumed then
take y^e yolkes of three Eggs & break them wth hands
of y^e liquor & strain it into it & season it wth y^e yolk
of 3 liquor & strain it into it & season it wth y^e yolk
of 3 liquor & strain it into it & season it wth y^e yolk
and if you would have it more binding put unto
it a little red wine when y^e egg is imbrayed
hot upon y^e fire & minage it wth wth —

A Mixture of Colly Fitt

You must wippe your Colly Fitt very cleane
In wth Cloathes and stamp it in the Mortar and
Straine out y^e Juice and sett it on y^e fire & let
it stand untill it hath shad y^e green Seame
upon it and under of very cleare Heat to a point
of Juice a pound of Sugar let it stand so
till it Boile then Straine it when
it is cold put it into glasse for y^e use —

A Elect. for y^e scatica.

Toake Burnaynes pitch, Rosin, Rose wax, of oare 2 Ounces
mellum together then take one Ounce of Saffron
couer y^e point and one Ounce of y^e wth of mace wth
all these together & spread them upon half a Pint of them
y^e flesh side y^e Rose wax upon it lay it
wth warme to y^e place pained. — — — — —

45 Extemporary Hippocrat

Toake Camomile half an Ounce powd^r nutmeg,
2 Bon bons, mace, a quarter of an Ounce long
 pepper wth weight of Rose mace that into
the powder mix 6 or 8 grains of Amboz
Groat If you please one or two small grained
them wth together put to y^e pot in Shalott
by y^e selfe wth wth hole about clquartes of
A pint full of Rose wth good Aquavite or
Spiritu of Raisons or other wine let y^e stand
3 or 4 dayes together if you will sugar then
affor 1 lb y^e are botted sober away y^e liquor
from e^t and keepe y^e liberally. — — — — —

If then you donte haue Hippocrat take to y^e
every point of white wth or Sacke 1 O
spoonfull or more of y^e liquor if you
desire to be perfumise off the tincture or
liquor wth Chambr^r or mafk if not y^e ther
blow y^e wth sugar as much as wth suffred
to giue y^e good relish. — — — — —

A Medicine for y^e yellow Jaundice

Toake Turneprich and Saffron and boale y^e into
powder liberally of tare as much of y^e one as
of other & mingle y^e together Take as much as will
cover a groat every morning and night rowled
up in a confor of Barberis or y^e pape
of an Apple th^r if you must dake for
the space of one week. — — — — —

Gauncis Powder.

Take white Amber, red corall powder, crabs Eyes hart
Pearl of size of these one Ounces made Separately into
fine powder by black tips of crabs claws & much
of it in weight made into fine powder as of all good
A very little Amber grasse & very little of Musk
Musk 2 or 3 lemons of Saffron when all powder are
ready to be made into balls, you must take Amber
Musk & Saffron into a spoonfull of red wabb Ale
boyle, then having a round cedar box filled in
Forme 12 drops by hanging of y^e box, put y^e in with
A little spring water into our powder box cover it
soe long, soe you must let stand soe moderate heat
to some continual fire 24 hours when y^e open it
set it to be out of the Sunne & clean it and rubing
y^e into y^e liquor, in y^e box, cast away the thyn
thing clean drawing out then put up y^e liquor in a
few & y^e box make up y^e balls being all
joined together make y^e pulp into balls, soe form
of them may easly scrape off at a time or
at a good distance from y^e box, if you have no
box make y^e box of y^e balls to make up your
balls with all when they are dry wrap them
ball in chivall paper & keep them in a box
Ball in chivall paper & not a ball beaten out of
it y^e strength may not be ball beaten out of
you will y^e Musk & Amber grasse & put in
a good quantity of bezae.

Take 12 or 14 of it

2 drachms poison & condiceth against all diseases
soe incrusting of y^e nether or small pox & phisical
feavers of plagues &c

It is good supprest all vapours rising from y^e heart
that Romach or heart from y^e liver parts specially
if it be conuentient & malignant by y^e heat
by pains of y^e Liver & Stomach, swooning & fainting
especially if they proceed from vapours out
of y^e Moshoo or spleen.

If it Rises any infestations of y^e body of Feareing, Ague
by y^e means, it is good against y^e Consumptions
If soe somewhat prevent drinking y^e wine

If it lead conuentient from vapours or thin humor

In singular act of biting of mad Dog

That is it made w^t concha lava or cochancet
especially more effectually towards w^t thin and
hot of y^e more volatile than needles of old Sudore
effect or in cold Constitution

That w^t Amber grasse when y^e heat is most
affected if y^e lead be not specially offend w^t C

Bitter or y^e mother. The Dose of it is

2 drachms to 3 drachms when y^e danger
is little to 20 or 30 drachms when y^e party or
disafe be strong you may give 40 or 50

drachms without danger.

C. By means of perspiration

Take it once or twice a day for 2 or 6 dayes togather
and some liquor of Shallop Bays for y^e bath
as in plague water for y^e bath for y^e cure
of feavers if they be malignant give it twice
in the day 3 or 4 times from 10 to 30 drachms in straw
box of benzall or some other y^e volatile water for inter
mitting feavers about a hour or two before
fit comes & let y^e be in this box & covered
closly, if this be usual especially for y^e meph
giving it w^t Mother water or soft water or some

℞ Ringer water for dyspepsy of y head in black
Pain of wine or water, of y heat in some Catriall
it helps heat burnings, bind a Padocke all
soothes fluxes of blood or other of strength in
all parts, as y Stomach Liver spleen womb vertues
of y Mispisaria of Hartshorn they are of
the best of Geſeignes powder only it is more
lasting & bindes better, soe it is more effectuall
in fluxes &c

The quantity of y is from 15 or 20, to 50 or 60 grains
incrust of Gvayn & Carduus, Gochangthony &
Liver Spleen & Stomach Liver, it stops
gout & heat, & fluxes in y belly.

¶ If the small Rx go take y pots out
of y face or hopy from pitting.

To boone Gallon of white wine 8 pints of rotemary
Flowers 5 pints of capiles one handfull of Bayme
one handfull of flax seed 5 Lemmons sliced 2. No 14
of vancie paper torn into little bitts. One yard
of Mindeayre. Do y snails must be washed y
helle being first beaten of in 12 or 14 weeks &
she a pot in Anaphim & soe hung up. Whiles y
must be Littell & heade full things to be about
of y twipod soe to be a cloath y head must
be thrown away and also y quackers only y
put all those things togather into a tray. Will
& Distill y. w. in an indifferent quick fire three
pints of y first drawing will be strong by the first
is left and 20 of second & soe of 5 then put to
each pint of heat 23 of y left a tea dragee full of
fingh beaten Silver, but y water must be first cold
before y put it in, see before it for y.

The Countess of Savoye Juice of Liceras

Take 1. of y left and 20cwt of englysh leceras
Scrapes it byne & clean & cut it in thin Shears y heat
it in a stone Mortar wch 3 or 4 spoonfulls
of Damask rose water when you have put it
Downe from y Pot of y mortar put in as much
Lyfeps water as will cover it, she let it stand
one night, The day you must Read out y print of
Lyfeps water in ale if you shal y will to bee
strong, set y greate part of it faire water Then
fill it wch together, and strain it thorow an
Ordinary Yleum Cham. as long as y can get any
Juice out of it, then put it in a like Pot and
Set it on chayck fire stirring it continually
& boylng y et of y self as you can, making
it boyl till it boyle. To Lope then
take it off y fire & putt in half a pound
of white sugar Candy or brown sugar. Stir
it well together till y sugar be dissolved &
let it stand till it boyle pretty cool in a
Earthen or pottery Dish you must have of
pound and an halfe of white sugar Candy
boyled and beaten to make it into past
only you must reforme some of it to
Lole it up with all in what fashion
you please. — — —

The great Passey Walet for an. Impokey

Take of Lavender flower. This I find in Water and
of White large Potions of Gal. Color of good spirit
of wine or perfect Aquavita distilled from all
flavor of coriander & for Crooke & every else. Take
S. Paul's Nard, and let nothing may break
out, let it stand in Water and poter of Distill
in in Linden Stille w^t Ch. flower of juniper
into of said water of flowers of Sage & Chamomile
finall of each an handful of flower of burage
Lily, Liliu mordetina comites of sage an
hempfull. Be plesse flowers in good manner
Aqua vita or spirit of wine, everyone in a glasson
full and may be had, if you will drinke differer
together put also to itt of Balm Metherwort
Pinks flower bay beryes & leaves of Frangipani
if they can be had & other flowers of each an
Quinted cut all small & put off in of flower said
distill Wine or Wherry but of togather and
Put it at before being sleep, Grace of Christ
then put in ther distill water bitter distilled
of yellow galls or Dr. of Common gall & long
peper hellebore & Chamomile, Nutmeg,
Mace, Cardamom, Cloves, Yellow Chamomile
an Unco Ligatum. Most one Dram make all
the bo into powder and part of into ther distilled water
Water & put to itt of Iphicles rootes & good Sownd
water & put to itt of Iphicles rootes & good Sownd
water, Cut of bones afforded cut of small closo
take, Oll of bones afforded cut of small closo
take, Oll of bones afforded cut of small closo
take, then thin this hard w^t Spices & phlakate
your liquor, and put in this liquor prepared grans 25.

53.
To pare a Smaragdes A 3 Ambre Candy Musk
Saffron of saffron A 3 red Rose drye & sweet
S. Anne & Agnus & a yellow sandone hang up
in a chambret bay in a water w^t cloose if nothing
break on t. If this water is of exceeding vertue
In all Swouts in ge weales, of heart & saymyng
of spin it in old appetite, Using galopps in all
partes of the body coming of cold illnes
out wade by bathes & poures elys in ill & let to ill
strength & comfort all animall vitalitie Natural
Spicke & clearete of satynall stones strengthen the
Memory & restore lost appetite, all weaknes of the
Stomach both to be taken inwardly & bathed out
& nearely. Take of it dryster of a spoonfull
falling an hour after it. It talke away
Gridyness, helpeth to keare made by dyspature
breath there can be set to remedes in galops
Apprestes, etc to helpe in fitt & falment.
If you take morning and evening a dryster of
a spoonfull in summe of bread & sugar it helpe
by lost speche, helpe all colde & infusions of the
Liver & beginnes drostyng, helpe all colde
diseases of the mouth in summe more can expell
cold clystres suffisently of vertue of this most
Incomparable water — — —

Mr. Mr. bycough

To of chosen livers made into fine powder
one Dray and Shaff and 4 lungs of a Fox
dryed and made into fine powder one Dram
of fine Sugar Candy. — — —

52. Diacodium

Take to dry mch chamber 2 or 3 days 200 white poppy
heads full grown but not too ripe affixed wth
hemp & of clean chaff & cut off y. stalk then having
A good Earthen pott that will hold water cut
y heads in quarters and putt in y Potts top and
1/8 all into y Pott & when you have cut it 30 heads
in this manner putt some 14 or 15 pints of y purp
water into y Pott upon y and putt y cover of y
Pott & let y stand so mather it 24 hours at least
putting y down no <sup>10°> y hand once or twice in y time
y boil y in some Riddle or sweat thing until this strong
be Out & then let soft & to liquor wch add 2 pints of Sack
y strain y liquor from y heads Riddle to some clean
thick cloths & putt no y 3 pints of liquor 2 of Sack
refined sugar & boyle it to y height of y good thick grapp

3 Receipt for A Consumption

1/2 lb of Unsalted Lime Squart, putt to 1/2 gallons of clean y
Water, let it stand 24 hours then putt with a cloth on y top
of it wch must be clean taken of y. hand y water from
y Lime, putt into y water a portion of English Saponish
Water & 2 spoonfulls of Chinniside brushe, 2 spoonfulls
of Savic Ross a dozen blades of large mace give y
patient this to drinck after it hath been stopp'd 24
hours & 2 spoonfulls of moderm Saponish & walk after
it, as much att y clock in y afternoon & if y mome
gloss all going to bed if you find good in it, leave
it for 1 month or 2 & take it again if you find it bad
take over in 2 week y quantity of any good
purgative t'ring of maly wch Languor or t'ring D. day
Four wine quarts is y measure.

My Lady. Men's wat good for Stomach

53
Plates of Chamomile, sage, Common Rue, Mugwort
Imperial Dragon, Verben, Gymnony, Potions
Goddum, century, Curious Woodruff, Pottony, Rose
Potent, Bugles, Knage, Endive, Sycory, Marigold
of the 3 or 4 handfuls of flowers & leaves, Herbs, Rose
Linen wort, Liniger, Harts Tongue of oaces of the
Liber, y good handful of Angelica root & gentian
roots, For mountall, Eodoras, liquorish of root & of
these roots 1 an. Oined one root. He campd no
one root of mint, Scrape waff & slice of root
gather y root herbs in y hand of y day twix y all
together let y rise on a clean table till y next
day then skid y every of y root and putt y in of good big
Earthen pott cover y. wch y left while, wch you can
you may take y hand and founctill wch of each
1 an. Oined and an half 2 nutmegs bruse y blades &
nutmegs 2 rootlets, shake y root amongst your
hands then stop y very cloth for 3 dayes & 3
nightes y. Still y. in an Ordinary Still Stoping
it cloth as you see be bold, when you haue
it let it be hale warme & putt some Lazar in
it for 4 spoonfulls to distill y. It to y strong
6, to another more.

D. Pittam est

¶ Help After pains

Take Dram or 2 Dr for a pinte of milk & heat mix it wth
For 5 grains of powder of resin if y^e ffeare be great add
Solvit vane then give this following Decoction & tis good day.

Paste of frog y^e skin water & Ounces of y^e smaller
sort of Cinnamon water, an Ounce & half sugar
of roses two Ounces of Syrup of Corall 2 Uncouys
2000 y^e bals of y^e flux steep them boyle 2 Uncouys
bath in y^e Oat meat & boil

In case of after birth shoulde shew from y^e midwives
hand, if there be a stricking woman by let y^e woman
suck of her milk & it will in halfe an hour
make it come to hand.

¶ W. MENES

Take 2 handfulls of Chick-wort & pos it to
little & put it into Ossiphine w^t Meare & take
2 drams of Thopas & hit these into same laying
in y^e pipskin first lay y^e fust and then
Stayre of Chick-wort, & soe tie all together
tis upon umbors being very close
Stoped all night & next morning
Anoint the place binding some of the
Chick-wort to itt

¶ Medicines to drave or heal ang. sore also to

Take of y^e best English honey one Ounce, one Ounce of
Pine patim, one Ounce of Saffit Oyle & one Ounce of
Bals wax boyle y^e together w^t them it holde
In bals, stirring y^e well together y^e then holding it w^t together
A basin of Fair water, then holding it w^t together
make it boyle then

¶ In Excellent way for perculum fit.

Paste of Rosemary flowers & on this y^e day take one
handfull, of Rose batteny one handfull of Salvo
One Ounces of Rose, & as much Cinnamon Stems
all togather in y^e Stone Mortar, and stopp it in y^e
spotte of white wome 2 dayes then dissolve in it
2 Ounces Milk vndate & distill it in an ordinary
still when you vs it sweeten it w^t white sugar
Candy & blow y^e fit is good to stille fit & some
Grosouf a boone y^e of Peare mort.

¶ Dr. A stroke in the Eyes if their Criv pain shew by or if you be pikkid in y^e Eyes by any fance.

Paste of Siring Set the blood addid in
one of y^e booms of y^e wing and let y^e blood spm
out of y^e vain into y^e Eyes and it will be
good graed currit this must be done 5 or 6
nightes all goeing to bed.

¶ help great After pain

Take 2 handfulls of Pennyroyall 7 or 8 sprigs of
balm, boyle it in Draught of pease drinck y^e fit
in y^e mouth Disordurum as 2 nutts and let y^e woman drinck

¶ R The Scury

Take of yallone ronish wine pochet drink 3 or 4
handfulls of blacke curvy grasse and one of garden curvy
grasse one handfull of white Cypres and of Brook vigne
A handfull of wormes wood wash them in 3 cloots
and swing ym till they be dry cut ym grossly cut round
in Sticks 6 or 7 inches and as many Lemones then take of
peas that hatte Broadick & Lancastre & have of horseradish
one of Lemons & Vines set doce to all i[n] a p[ot] ⁱⁿ pour
your pochet drinke beakinge sett upon ym meat
Machining drinke same. Take of it 3 or 4
A cloot in the afternoon untill it be done repeat
this oft. It is excellent for y Scury.

An excellent green pintment made ^{out of 2 pints} in may, good for any stains or swelling in my

Take young bay leaves worme wood of sassafras
Lado. Boyle gatherd in y heat of y Day of each
One pound boale y molybdate in Amberthe then
Take 2 pounds of Sophs suit new lard & pickt
From y o. 2 in wch you shall togat. 90 of stamp.
Then put it to Apothecarie to let it boile well
well together w[th] y hand till it become of one
softnes & color. Then put it into a new Earthen pot
& let it stand covered 8 dayes then boile it over of
soft fire & hony. Then my it wth alle y white flour put
into it 15 of y tyde of Sophs. Let it boile 4 hours
more you will know when it is enough by putting
Drops upon Spatle when it chrysates or draweth
color take it from y fire strain through Seare & keep it for

To make O. Slip water

Take 3 Gallons of strong Ale or wome. Straine
1 poach of pickt cowslips. 2 Ounces of Cudwe
Anvilles half a pound of liquorish thicks mace
8 Cloves Ginge[r] Chamomile and nestmoss obouch
an Ounce let all the boale in y Ale or wome
A wood close covered ther parte 2 handfulls of
currants 2 spoonfull of poppy hulkes wormes wood
Angelico Lor 3 branches, Potoway herbaone
gossamer of y wall, ground lime Knowtow eth
Johns Gras Dandilion Mugwort, Spear mint
Rodus Benedictus Golden wood yellow Mistletoe
Elicampiano & Guinfray of each one handfull
boyle all the boale by 2 or 3 dayes more still y
In a Limbeck wth y gentle fire it must be stell
heasurly of y pot so not y full put in more othe
or vise. Now it is boaled all Bottles till it
begin to turn y waxt day, mingle strong and
small together Satraten fit wth fine sugar beaten
and varred, reseve it for use.

To Water it wash soote mouthes

Take of quart of white com wood Lado, rosemary
Woodbine Pewter plantain & Crepele leaves wood
Sorrell boale wth y gathering. Com of quart to Apothecarie
when it is boiled out in honey will it be something
Sweet put in 3 pieces of saltem and let it boile
all together strain it & keep it for y you may
make it either of wme or water.

III Stone Water

Take of Pillory of it wall of a party of white
Cayenne pepper of time of Party & handfulls
12 good Receipts. Rist of mangle Rose herbes & Raspberries
Cayenne well in Mortar & lay them in Potts
in Malleton of new milk from a Cow & shone
in distill from Head & stir it soft you will
I must be said in May, sweetens wth Sripes of
March Mallows roots if it be for prevention
use it about y^e nose & full of y^e Moon shooe
Draught in y^e Morning lasting take it but
twice a week & if you can add of a mixt
ure of y^e wife Collywout drops of y^e
Oyle of Juniper into your Drafft.

For Purisie of Medicine when a man
is past bearing Blood

Take an Apple cut of y^e Tops y^e take y^e Coar clean
out fill your Apples wth white of Franklin sence
peas on y^e top again roast it stok in y^e hole it was
Togethers with wth Sugar & eat it.

For the for y^e Lungs

Cay of Siccum sand one pound of y^e sand
and round Cobt Stones ground fine or old hoofs
& handfulls of y^e tops & handfulls Raspberries
Rose and herbes put it into a bag and hang
it in a Gallon of Ale, let it stand 8 days
and then it is for y^e use.

IV. 101. Br. 17

Take y^e Lights of mutton mutton lay it upon
y^e Sow back & it will draw Health
of Spottis that will draw & heal A sore
Fist.

Take y^e light of an Egg hat may English Honey some
Saffron and some yeast made, mix it y^e floures
of y^e oysse purifed and warme it a little when y^e
use it, lay it on it will both draw & heal.

IV. 102. Br. 17

Take y^e leaves of holy Kale & violet leaves boil y^e leaves
well in Rose water, while some new bottles what
have y^e leaves old or new boil y^e till they be thick
then lay it so y^e heat as hot as y^e can endure
skyling it y^e morning & Evening.

IV. 104. Yellow Allard

Take right Rontish pipins cut y^e Coars clean
out then take 3 spoonfulls worth of Calfion Dry it
then take 11 Sowes for a man 12 if they be small
for a woman y^e if they be smale 11 bruiser
y^e w^t the point of St. Kylfe all together, then mix
the Apple the Coar being cleane out w^t y^e Sowes
& Calfion put y^e into y^e Apples, roast it then
eat one Apple two or three every morning for 3
mornings together y^e Unite 3 mornings & take it
3 mornings again

Dr. B. Plina. Secr. & Coic.

*Pds of Collofod water unfull. If you wante of each boatt
Collofod water, & howe boatt water, thene ioyntly put into
y^e water 2 Onces of Etincampates roote, 2 Onces of
shaved hart brane & one Once of myrron leaves marigold
flowres. Sowmett marigold cut of an handfull or two
handfulls, of Annisfoote two Onces of English Liquorice
craued & sicke Cham, put all these into a pot helde by
Hoces, it extracting also 1/2 poun in chalke of y^e water
Water, & let it stand upon a soft fire & mayre more
until 2 parts of y^e liquor be consumed. Then
all your ingrediente & haue 3 pounds of y^e best green
English Liquorice & craue it very clean. Cut it into
thin slices thene bathe it in Mortar w^t some
of y^e liquor & when it is well brayed you my
set it in dounes, then y^e sides of y^e mortale & your
rest of y^e liquor cast upon it, w^t y^e mouth be bathed
with it all soe let it stand 2 or 3 dayes then
you myre take off & strain it through an Aining
then strain as long as you can y^e dreyf of liquor
out of it, if put it into a chalke & y^e cooke it upon
fire, ther i^t continually for fear of burning it
boyle it as fast as you can, make it boyl till it
be ready to rope, when you have boyled it to y^e right
ye weight leape in, & spred out thene put into it
a spoonfull of white sugar finely beaten and
boyle add to it 2 or 3 drops of the Spirit of Rosemary &
Inamom & 2 spoonfulls of each 2 drops of amber
Grease as much y^e malle as you pleasse & incornes horn
& boare. Note what you pleasse, & let all the be stand
untill they are cold in a Earthen or morter dish you
must haue 1/2 pound Cham & a boatt of sugar handely more
finely beaten & boared to make it into pastes out of y^e must
refuse some of it boole it into balls withall.*

C. Plast. for y^e worms in man, woman, or child.

*Sade of Ball of an Dr. let it stand till it stand
yn bole w^t some honey till it be thick like
A plaster, spread it on to a grif, & let y^e plaster be
long enough to reach from y^e fist of y^e Stomach baw
Drawe when you lay it on, draw y^e power of it then
Scratting on it soe let lyse.*

Plast. of Falling of y^e Fundament

*Take 20 mouts tops and base y^e well, cut y^e into an
Embla pot or pipkin, put the potte shalantly w^t white
or Garret wine, do 1/2 poun of y^e liquor for it in y^e morning
to waste, give 3 poun of y^e liquor for it in y^e morning
& last in y^e Evening, alwayes warme applying
y^e herbe to y^e fundamente as hot as they can suffer it.*

D. Dikes Ordiall to be vs'd for y^e small Pox in y^e body w^t other.

*To 2 drams water eight Onces of English Saffron half
A Dram put into it bay w^t Dozen of cockeralls Apples
w^t all strength, thene dissolve in y^e water a drayne
of y^e left Alchorome an Once of y^e greene of flow
Dilly flow & as much y^e greene of Rose, &
it w^t some 8 or an Once of y^e greene of Cyppe of this
you may give 8 or 10 times dayly if more and after
y^e beate bathe cappe y^e but not sick tare
A day is enough.*

¶ Make The Sacred Picture

Take one quart of white wine, put to it one Ounce of
the powder of Graparia Herbe, stir twice Day & Night in
bottle in such a place, as it may have some space
of it free, att a daye & you may dray it to any
one, yt is obstructed in their Stomach, & spoonfulls
& shewing flesing much att a time after noon
most morning 5 Spoonfulls & so in a afternoon ~
increase every daye of Spoonfull till you come to
ten Spoonfulls then often till of patient take
out a whole quart if it work before 2 or 3 times
in a daye give it but only in of mounting ship
Doctors thus ofte is Seduced against yf Green
Peckes.

A Powder for Convulsion's falling ~ or fits of y^e moys.

Take of y^e scatt of a man Green before ill day and
the Stone of grower in an Oxe's g^t R, dry hym in an
Oven, Belyng to the Oxe powder & a beaten egg as
you can take up w^t a spoon or sixspoon to any
one of huse fles, in a spoonfull when what you
y^e take, This Pessome folles, saies y^e Author who
was a Relicent of Sargent Maynarde, and
for want of money gived him this recet
of way of reparation.

Book 1 Puriss

Take Drey of Potionskep or Golding of Sandys, or heade meat,
perceyde quantity of its best, now two or three Bar or the third.
Shew y^e fynes powder in y^e then strain it through a cloth
through a clean cloth. Take as much of it as will make
a good draught and poule it the quantity of about m^t of
Breakfast. Stir it well till of thicke & dissolved in a glass
warr it and drinke it in y^e morning fasting & also at
Night when you go to bed. So it 2 hours after y^e next
set of Medicines be set & be made fresh every day
if you can, if not y^e may make as much as you can
will serve 2 dayes so you make it strong enough and
put noesse to evry draught as affordis, but keep it in
evry cleane vessel,

This for old children & others alwayes of chylarity
you must lay this down & lay it w^t y^e right but for
one of your thick B on your right side under your
Smalke ride, lay this Medicint on y^e Bed of y^e back
directly ag^t it so t^t it be not directly against
your heart, for Medicint will move y^e back
to y^e place where it laid & thinke y^e Medicint
must not be laid neare y^e heart for fear of raw
it so that placed this half often done great good
for y^e Parke & also for any inward cold, that is taken
when o^t number of other Medicins would not heale it.
This hath been given to ob young Children when
the red y^e garn hath been stricken in & the pelle
like to rye & itt halfe recovered.

O T. Medicinal Rec. 4. Runc

Marsh mallow leaves, Roots left Radish leaves
and roots, possetry of fennel, Liquors scraped
passing with tis, white Turnip parselot of f.
Pars, Golden Rod, Mercury, the hoof pepperwort,
take of each an handfull or two washed & beaten
dryd, & put into new white let it be stoppd 12
hours by herbs cocorded over about 2 Jars, Then
mix all together still it in a common stille
of water then of wine oil or helle wind, stirring
of Althea, or Suger & a little musmug, drops of
water & as much white wind too take it when
you feel paine, if you please put in Grum wort
Roots, placefull of roots caraway Roots Sweet fennel
Roots & noble roots of half an Ounce &
little bryder.

For the Stomack

Take Syntment of Orange flowers on bunces
of Oyle of white lilles & Oyle of violette & bick
Cerams oyle of mace by exprefion out draw
moll them well together & anoint the stomack
hollowly over night going to bed, before
A good fire & bath it mostly warme
hand & then lay upon it stomack & cover of
fine browne paper double.

Pody Ricketts or A Great weaknes

Take of white of 3 Eggs heat off very moll Then
in three of easter 3 Chamomile very well
together and anoint of back, thigh & Legs ther
with every morning downewards but also this
oyement alwaies cold and moist warme it ther
by the Oystment for of back, thigh & leggs

Dr. Graw Recet for y^e Ricketts

Take of mende Rejall or male fern & San sapella
of each 2 ounces caper Tamarike, dash bark of
Syrup
Bacon Peas, ginseng, & one or two buds of
each one handful Roots all these into 6 parts
& put into 6 bottles of small bear when it hath
been sleeping Day or 2, let y^e child drinke their
one other drinke when may provide y^e quantity

A E. 5.0f Drink for y^e Stone

Take deare posset drinck of white wine & alle take
of y^e Gunnes and boil in the posset drinck 2
or 3 winter berries & some St Johnswort and
Stoselen it w^t a drrop of althea to make it palliate
drinck a good draught of this in y^e morning
fasting for 3 mornings together & mitt
it for some time & take it again as
you find occasion

6

P. M. Decr. 16. to be prepared as soon as
conveniently it may be done

Pounds of Burnt earth roots of young fennel & white
whited & round, Cinque roots if you can procure
you the like quantity, or in want of them take
of 2 roots of Cammock, or root Harbor & spooned
of 2 lbs of Apples of an Juice 2 spoonfuls
(gathering well before) let those things being purée
and thick bruising. Let you be boil'd in this by parts
of middle wort until the third part be wort &
after let it wort be strained from ingredients
through a sieve or chain, and when it is cool enough
let it be wrought up w^t a spout and stand in all
respects (as other Ale Worts), and after it is hewed
into offe vessell let them be hang'd in it in oblong
of them about the so things following.

Pounds of Juniper berries are good and of last
year's growth if you can get them. Let now an Ounce
or 2 drachms.

If 2 Pounds of Sassafras roots, or Rockey
Root & St. John's wort or herbs of grace half a part
of an Ounce of nutmeg 3 drachms of mace 1/4 of
an Ounce let them be well bruised and mixed altogether
and this is a good receipt.

If this be too strong you may drink day instead of either
the wine or more & then it may be a good remedie.
Let your ale be made of good water void of all sufficing
diseases & of good water near your house is not
Compound Salt or Barill valvintins prescription age
of stout is a good medicin.

73

P. M. 4. Running of Eyes

Cups of a crown when it comes a recipe
To take out loose in till you have use for
them then beat them to powder & take it
w^t a little powder of nutmeg in the berry
so much every morning as will lie on
A box pane till you find ease.

Medicin for Spin or web in Eye

A bo stgeon handfull of white mint growing
by y^e water sides mince it very small, put to
it a pretty quantity of may balsam. beat it well
w^t a mint in a wooden dish & take glasson
A two month & two days drachm of fine Lanon upon
a mount of y^e Glass lay y^e mint & may balsam
Upon y^e Lanon & lay my mount of candle glass
over y^e mint it in y^e Sun till it distill all
all downe into y^e glass take as much of as
a great pins head & put it into y^e eye laying
y^e Part upon his back & droſſing it twice
A day.

WATER TO CLEAR A LENS

A bo drachm 8^t of nutmeg two put to it Agarum
of strong water let it stand 8 hours & pour the
water from y^e lime & strain the same & ſtirring
into a glas when you v^e it warm it and wash
y^e eye

35

74 S: Arrian Gillburn Priall Way

Pint of spirit from 3 quarts of digestion of
white wine, put to it of Dragon water 2 or 10 Junces
and add thereto 1 drachm Cardamom & 1 Ounce fine 2 Drachms
Pastes Stone 2 Drachms ergo Lingers one Ounce or if given 2
one Ounce of Ringers, Gatheringall 2 an Ounce. Aniseeds 3
Drams 3 drams 3 drams 1 Casterion grain. Savor of
sa 1 drams Cefio 2 drams 3 drams 3 drams 1 drams
curious piony rods of saffron 1 drams 1 drams 1 drams
Saffron long stopper 1 drams 1 drams 1 drams 1 drams
Nutmeg and 1 drams 3 drams 1 drams 1 drams 1 drams
Glauber 2 an Ounce sauerot one dram 3 drams 3 drams
Aniseeds one dram 3 drams cardiorium one drams
Cardioticus one dram 3 drams 3 drams 3 drams
castumum one dram infuse all these in spirit
Dragon water being powder 20 or 40 days it longer
than boyle then boile it in close balme 3 drams
the strongest balme or boile twice from 9 to 12 drams
9 or 10 Junces of a thousande spirit of sack
3 drams 9 or 10 Junces of a thousande spirit of sack
infuse in it this druge saffron one dram 3 drams
Musk 5 drams unicornes horns one dram before
or antelopes horns one dram y wood of y balsam
tree one dram carnelianne of saffron 1 drams
civit one drams of east India unicornes horn 1 drams
you must boile these the last thonge at ydell house
in ynglyss in y spirit of sack 3 or 4 dayes then pub
y first water to yfaste them or yew howe inde
Distill it, may from this last thonge. Set it 8 feet
the dose is 1 spoonfull if they be stronge if they be
weak two spoonfulls it is good for all diseases &
partfull for none.

75 Skunkle waries Parecloth

Take first of yfurest Saffit Oyle 2 drams
of red leade blacke & bared set it over creaseable
fire let it boile but not too faste you must stirre
it continually w^t off flat platter, having
in red gentle abuys & stronge living soale as
you thinke best cut in what lengthe & breadth you
w^t soape Boile it till it looke somewhat stacher
Load yfule it of yfure & drye ones cheare off
anoy through it and boile them till they be drye all over
as you drye ym selfe as small hole of hammet, stuck
yfupon y edge of boarde Take a little hole
of yf hole as you can, when they are cold
Stick ym selfe in thick stone & hole clean
paper to goe betwixen every chare cloake, to
drye ym. In sticking togather, as you w^t any of it
you must knowe that itt stick not to your
cloake that you wear next it, lay it on w^t a smalle
heat as you can it will not be longe before itt
be cloake & smooth. To yf skin itt will continue
4 or 6 weekes w^t strength then you may
turne it on y other side. It is off strength
doe as on y other side till you please to
change itt.

76. 77. 78. Bleeding

Two or 3 drops of spirit of vitruvle in three or
four spoonfulls of plantain water or
W^t w^t water.

16 Opiall Water

Take Dragon's rosemery, over my wood, 5 lbs
 Georium mugwort capious & Balme Cardus
 Dornet tail leaves Roots of Angelico leaves
 Rocke mary gold flowers leaves & leaves of immortelle
 Solitary tops of Honny fleur. & Hayed wood sorrel
 Agrimony and Rue to a pound of each Liquors of
 Burnt Etiam and roots & Cancer. Then of
 roots to small drid of herbs app small us of can
 roots of Linse thent in ause all together in 3
 gallons of white wine 2 nights then distill you
 Gallons of white wine 2 nights then distill you
 in of Linbeck it may drak 6 or 8 vols quarts
 good, susalou it a clodding so y fast & put it
 up in bottles
 Use for 1. Standard 1072 of the

Six hours raw carrots great & all if it be summer
 Wash very clean for I att all time as you find
 he has so desirous wch he will doe after he is
 wch to him. & wch give him of y. Do 4 times
 a day & let him haue water and no condiment
 at all other times but let all his late haue
 honey rubbe a mon of y. wch after he haue eaten
 carrots to day & give him a spoonfull of y
 powder of Campane, mangled my hand &
 ride him a little after it & let him be rest
 from meat or water Do I hen't give him this
 twice a week every other week still continuing the
 carrots & honey wch his Cate let this be continued
 3 or 4 mon y or long if it be necessary ynduct
 Spare him in his drisses for exercise it very
 ysefull in order to his cure.

17 Bittel of mad Dog

Take y Liver of ground hote & boil
 it in spring water it must be chyning
 wch infusing sun light upon it when y
 Liver is well boild you must lay y liver
 in an Earthen pot, and take y Liver & dry
 it in an Oven & y boat ill to powder &
 force through chyne & brane when you drif
 y wound you must bathe wch hot & warm
 then take about of y powder of y Liver &
 Show it upon y wound & doe bind let up wch
 Show it upon y wound & doe bind let up wch
 A Lining Boat & dress it morning & evening
 till it be wch.

18 Plaster to draw wind from y

Take Rue, Chamomile flowers of eo of one
 handfull 2 or 3 spo. of sweet marjoram
 boil them in y perfum & then strain
 out about off ynt, put into it all most
 A. spoonfull of Herapsica two spoonfulls
 of campestris when this is distilled strain
 it and put it into y bag

Drake cock. H. M.

Take Corimony leaves one handfull Tamaris
one handfull roots of capors & dasperwheas
of China of each one handfull hartshorne and
Liverwort of each half a handfull put them
in 4 gallons of ale wort, now hys boale this
in a still comre to 3 gallons & in 3 dayes of
it to work, take therewill flchet cock or
Capon pull it and draw it, then gind it a hote
water boile when it is cold take y^e flesh of y^e bones
and mince it y^e broad of bones out y^e flesh
& bones & all into a bag y^e hys of the meat y^e
refred & put y^e bag into y^e ale then boyle it
close upps 7 or 8 dayes y^e boale it for drinke. — —

Syrup of hart. Orange

Take hartshorne 3 handfulls sypodium of y^e
Pals of roots of both sorts of Bugle, bark of y^e
roots of capors & Damask of roses & violets
These made on hair, Palm of each 2 handfulls boile
y^e in y^e wound of spring water to 5 and thinne it
wth 1 pound of white sugar make it into oblonges
y^e holes y^e toping of malancelly or else y^e
obstruction of y^e spleen & liver & lie singular
against y^e Reuels, being taken 4 spoonfulls in
y^e morning when y^e are troubled wth y^e spleen may
take 4 or 5 syrochfalles. — — — —

Drake Juniper wort

Take 8 handfulls of Juniper berries being full ripe
bruise y^e a little, put y^e into a large Still boiling
2 handfulls of Angelico leaves & must be dryed
in y^e sun in may or June, & may be kept in
a paper bag, soon upon these ingredients 4
quarts of white wine all red or 18 quarts white
y^e Still clost and set y^e stand by y^e fire
for 4 hours then Still y^e wth moderate fire
y^e first quart of comre of Ale sett by it 13 h^{rs}
for it is y^e strongest then y^e may draw 3 quarts
Mord, & either keepe y^e by y^e selfe or mix
y^e wth a pint draught Sacke y^e fire is
gone out of it, keepe y^e whole quantity
wth 1/2 pounds of Le^s Sugar, & keepe it in boxes
close Storod for your res, you may if you
pleaſt put into ebery bottle 7 or 8 grains
of Saffron tyed up in a little Linnen or
Vinegar this will giue it an excellent
flaſt, This is an excellent water for all
cold Stomach & especially for y^e windes
it may be also ginen in obounding
fitt year or five Spoonfulls. — — — —

To make Ointment for y^e Eyes

In the bottom of a pot copper heding about mace
almost like a bale but flat at the bottom of it
may stand, put into it 3 spoonfulls of boar's
breast fat sixt 4 and 6 year old being free from
any weakness or distemper. & do to it as much thick
sweet cream this must be beaten w^t cheppor.
Spoon in an hour, mor noon & night for 3
waste together, nothing but copper tenuit thin
3 weeks. Then it will be an Ointment to be
taken out of y^e vest, take an Earthen pot
nothing about 2 quarts set it on y^e fire upon
clay big enough to wrap y^e pot close up then
fill y^e pot more than 3 quarters full of
brimstone and old rags 2 or 3 little shales
cross y^e pot to keep y^e copper from falling
then turn y^e copper y^e open the downward
upon the shales then put it close up w^t
y^e brimstone and on of w^t this may get
it let it stand over y^e flame of thir.
vrim 4 or 5 dayes then uncover it &
put it in pot for y^e to rub your spoon and
Scrap w^t clean clay & lye of rags in pot
like you have neede to make y^e ointment
easchell and soon must never bee.

Scooped

To Prepare Steel,

Six penny worth of powdered Steel, Swopt in
white wine & vinegar chaffing it morning and
evening till y^e vinegar be clear then pour off y^e
vinegar & dry y^e Steel by the fire & pound it very
small then take as much good paste as usually y^e
have for eighteen pence 1 pound of fine sugar
6 nutmegs grated mix all those together & take
as much as will lie upon a great root, take it dry
in y^e morning fasting & eat three in y^e afternoon
noon & drinke Draught of Ale or White wine
after it & excreste an hour after it.

To Dose Lime Water

Quinch of stone of quick lime weighing 2 pounds
in 2 gallions of y^e water let it stand clear then
pour off y^e clear water w^t 10 of a gross of cock
maces boiled strong broyle, boiling also in it 2
ounces of Salsaparis, having 2 ounces of
Salsaparsa not prepared out Junce of Lima
root of Harts horn, shadings & Every of sarsap
one Pint. Aromony worme wood, fletchion
& fwoodwoll of sels on handful 1/2 a pound of
Raspes of y^e sun & a few currants w^t 1/2 a pint
dist of brad boil it well to chaffing thick
then pour to it a pint of warme water & 3 pint
of red rofe water y^e distill it all together reserving
the water for y^e off, in 6 of y^e may make more pleasant by
dissolving in it sugar of Raisins or sugar Candy or
in pan sugar let y^e partly take & Boylefull in y^e morning
& y^e lye - Quantity about 4 clock in y^e afternoon.

A Plaster for y^e Rubme to lay behinde

Take of Gum dragon & an Ounce, masticated
of Balsamum of odore, Dramme of Belladonnae and
dram & a half myrtle leaves, Willowes, Cedar
& pomegranate flowers of ea of one dram. Bergamot
Pitch of sandal wood a few drammes. Gum Juniper
Three drams or more Juniperine, brush all these
in Mortar, & put it to the rest of the
things in other pipion and melt altogether
upon gentle heat and when it is a little
cold strain it very well of hands must be dryed
when you usage it, and you must have bread
ready. Oyle to make it upon every sort of
Salve must be kept by it selfe in Oyle
jars.

To take away y^e peale of y^e Eyes

Take a handfull of y^e fresh leaves of Hemlock
A little rac shred of white Soper & putt to y^e of mace
English honny as will make it into a soft
paist adding Little Belladonnae infus
powder, then to be applied w^t a sopor batter cut
into indeas orall offend it w^t the staffe offend
then lay it upon y^e wrists of y^e contrary
arm and shift it twise a day till
you see the peale to be consumed.

M. Webster

Very good Remedy ag^t Falling erill

Take one Ounce of Rose marr. fulls one Ounce of male
Pony roots. Drams of y^e pound & of corall one Ounce
of Herma doctelle alittle. Grotone one Ounce of
Barbista boyle all the so small severally then put
y^e together & mingle w^t y^e prony & boiled to
gins. To a m^t 3 Spoonfulls fett At morn to a woman
2. To Schilde dimidiate as will lay on I great the
Piss must be mixt w^t hyst milk, it must
be take in morning & evening 3 days & legat.

To make Sirrup of malt.

Take 3 quarts of the wort y^e young hys
it in Spet oder Agneth first of it doe not boil
but simper & putt into it one pound of sugar
candy & 1 spoonfull of water & 1 spoonfull of Rason
one spoonfull in another good 2 pences in Paffion to
long inde & come cloose Then on Altheng distill
y^e pot close & let it Simper ready & a night
it will not be thick take 3 spoonfull a night
and in y^e morning this is very excellent for
a cold.

For y^e Nore

Take on a handfull of ground Spic ad one hand
full of mons bar & an handfull of dersons leaves
They be capt, boile y^e in 3 pints of white wine & 1
Spring water boile it to one pint of it strain it
take 5 or 6 spoonfulls of it in white wine & profit
or in L ever morning & Evening as long as it last
take this quantity 4 times in y^e year.

54 Directions to make y^e Drink
for y^e Rose

Liquorish coriander root fennell seed English
Liquorish Ellicampaine root horse radish root one
of each Onions, Liquorice 2 quarts salves of
Parsone & 2 quarts salves of
Parsone, Liquorish Scapone cut into
small bits of a Quic long, & Skinned into small
bits of root Ellicampaine & horse radish scrap'd
Cut into little round pieces of 2 bushell all tyde
into a great bottle & stand it wa. And then it
will be fit to drin.

To have by strength of y^e above said in moderate full
They will receve 2 quarts of Liquorice and no
more. 3 whereof will be very compleat drin the
other 2 quarts to draw off y^e strength only & to
put upon a new bottle as that a quart from y^e
Old bottle mixed wth 2 fresh quarts for y^e new
bottle doth wth & then But 2 quarts wth upon
y^e Old bottle & a quart of it out as much
as is left undrunk will be fit to put
upon y^e new bottle wch is put in y^e new
bottle is potable after 3 or 4 daies standing
& in y^e same time y^e wch is put upon the
Old bottle.

55 The Rose water by Dr Barker

To be solitory of 1 wall phispendula leaves, and
root Savifrons find of y^e Wall sort of y^e smart
of 2 of the 2 hairy roots young radish roots one
Pandule Roots all y^e 24 hours in white wine
& water of ea 17 drams Quantity & then
distill y^e wine to Limbeck.

m: Gunter.

The whole of a new laid Egg wth beaten y^e frost
Take off 1 spoonfull of y^e wine & spoon
full of Althea & spoonfull of Oyle of sweet Simmer
taken in the or white wine 3 mornings before
y^e frost and 3 mornings before y^e change.

3 spoonfulls of white wine 3 spoonfulls of small
bear armes Honey agnacabilit y^e pleasant to y^e
last Drinck this fasting.

A Rose stone dryed & beat to powder & stear wth y^e ynt
as much as will go on y^e great into a Hill of y^e wine turned.

Dre a pint of white wine & burne & burne it wth
into it a muis of y^e best castle soap shaven wth
lye on Shillinge put thes togather & wetten
wth Althea & sugar.

Pake of Stone y^e skin of Bladder of an Ox beat
this to powder & stear it in white wine as
much as will lyse on y^e great.

Oyle of Scorpions & oyle of Juniper leynes
Cassia

Tongado onions in white wine.

Take y^e roots of Barley and gently dry them wth y^e
fusty boat and scarce of y^e salt wth much lief

89^o
The powder as will lie upon a spoon in drame of white wine & drink it fasting.
Drame of rubarb 3 pds. fine. 2 drame of Rabs Eye, 2 drams of scrups of saffron powder
2 drams of Rigs turpentine the best.
Put these in Almoner and gentle ready warme
Mix it every morn w^t of mace yndore of liquorish
as will make it into a mass when done so make
it into pills & when dried put it into boxes
Take 2 drame of these pills on w^t of next night att
y^t new and full of y^t moon, take y^t not in ab
fit but only by way of correction.

Of Diet Brin.
Take 3 drams of Scraby, water extract broot fine
of ecch 2 handfuls, ruc, sage, Lavender, rosemary, tyme
Lavander cotton, St John's wort wormwood mygwart,
green Broomtops plantaines, Bramble leaves of sage
one handfull, monck rubarb & Canes Peperidge 3
Onions thin shred. Thre Owyngs these all com burn
and powdered four pds.

Of the Scomy

Take one gallon &c 1 pot full of 5 hand brambles stalks
chop and bruise y^t and handful of wormwood 3 gallons
of clear spring water boyle it to one gallon of this
liquor take 2 spoonfulls & 2 of white wme in morning
Evening, of y^t spoonfulls little juice of Vinges & sugar.
Take a quart of blw milk and boil it & make offfert
w^t chombe of Barvy grasse juice, A pint of white wme &
A pint of white prins vngar. Take a pint of this ordrey
morning & fast all day

Receipt for y^t Aune

87^o
Take 2 handfuls of parley two handfuls of Saxas
fragr 2 handfuls of Moly 1 large horse
radish roots 1 handfull of marshmallows roots
2 handfulls of philabunda, 1 handfull of fothering
of y^t wall, 2 handfulls of mallow flowers aliy
roots must be thicke & herbs little chopt have
washed and Dryed in Linnen cloth that must be
put in Alberg pipel in 2 or 3 quarts of new milk
from y^t Cow & remain Steeped together all night
covered y^t next morning put it into 2 stills
w^t digested first then Stripping it very often the
first must be left night Day till it bee
still'd when you have distilled it put it into
bottles and set y^t in y^t Sun or instant oven.
Take 6 spoonfulls of this water in 6 spoonfulls
of white wme a q^t of quantity of t about hogg
Ished every tyme therethen it w^t little
Sugar, 3 dayes before y^t change and 3 dayes
after y^t change of y^t moon & 3 dayes before
y^t full of y^t moon, & 3 dayes after y^t full
other tyme if occasion required but be
certaine of y^t change of y^t Moon.

The Snake water

Take 2 quarts of Snails w^t of Shells on, wash y^t then shade
t^e in a cloake to dry y^t 12 d^r to y^t 2 quarts of blw with honey
1 spoon & 2 handfulls of cattle foot Rosemary 8 moneths hair
the heads of the vle to a cattell Bell (run by y^t hand) of rags &
little handfuls or one good handful still this in an ordinary
Still.

¶ make compound Gentian water.

Take 12 Ounces of Gentian roots sliced; flow & clear
off Gentian of 2 or 3 Ounces, let it stand 6 hours
all 8 days in 6 pints of white wine, then distill
it in Limbeck.

This Gentian water is only good of following medicis.

2 S. Acoris Hierac 3ij
Acoris aromatic 3ij
Rubarb. 5j
Gentiana compotis 16ij

Inundation & dies 9. when it is distilled pour it off
the top of w^t is clear for 7. & so take it off the top in
morning fasting 2 good spoonfulls in 8 or 10
Spoonfulls of wormwood wine & fast 3 hours after
it, & you need not take it off to any other Physical
rules with in diet or exercise take this for 2 or
mornings together or longer if you find it not full.

¶ 14. Dopsie, or for swelling of belly by reason of worms

Take one Ounce of Cloves Leevings & some of fresh balsams
or 3 handfulls of Gentian & wormwood tops of each 2 handfulls
dried put all this into 3 quarts of white wine
stewed or infus'd cold 24 hours, then strain it off take
1/2 part of Deco^t, & when it is cold do every day 15 grampus
of tartar & 1/2 drachm & one Ounce of Syrup of Black Horne
Take this 9 days together unless it work too much
then inter mixt 1 day or 2 = 1 drachm & then take put not
in till you take it, & stir it up accordingly it very well
just as you take it.

Bills for y^e stone or Gravill

C. A Drachio Bergamime one Ounce wash it in Purfle water
if you add to it turpentine made in to fine powder 23
of crabs by wt, Amber one Dram, saffron half of
Dram double refined Sugar as much as will make
it into a Mass, for pitts of 3 drachms of root & when
you have occasion to make use of it, by having
any inclination to y^e Stone or hauks w^t they
use or Boiling of water, take 3 or 4 or 5 pills
at night going to bed, for 3 or 4 nights together
or as long as you have cause of it: can not take it too
oftens, for they help & prevent of y^e Stone, & so
you will be in lighterish pain, when you take them if they
give chafing or 2 drachms next w^t they carry them
over, but when they do it is too much of a burden,
you need not keep longer, nor observe any rest w^t them
but what is usual, In winter time set much of y^e stone
in any thing of root Stock for y^e Stone, & all of
y^e stone given of y^e Stone of y^e Stone.

The Stone drink it so to had w^t Limbeck near purfle

¶ 14. Bells Holes Stomach

Take one pound of fresh balsam clarified 3 times
after which put it in a pottle of red rose leaves
1/2 a mule of pomegranate flower & strew it over w^t

¶ 14. Vines

Take sea Lettuce dry it to powder & take as much
as will ly on a Spence in white wine.

90. For any weakness.

Take Apothys of Spring water, & an Ounce of Cinnamon
Ground to powder, boil it, till it be consumed to near
Half, then sweeten it w^t double refined sugar to
y^r taste then let it stand till it be cold, then
powder it clean ^{from} & bottling it w^t bottling at of bottom
to leam of Cinnamon, then put it into chocolate y^r will
hold 3 pint, & set to it ⁱⁿ an Ounce of prepared
burnt harts Burne shall be legally fast & long &
then drink w^t quantity y^r will at any time.

91. Oil in Horse Legs.

Let y^r horse legs or broom fasting in y^r morning
about 2 pounds, of a soft of A. R. lo. caseo -
Loaf, & spread it on thin cloths & beat it about
y^r legs, so far as y^r humor extends, let y^r horse
stand dry in y^r stable; only stir off alittle of y^r
hair below y^r fetlock, before you apply y^r medicin
Rowe of medicin every morning for 4 morning
Together gind him water warme w^t in it, in
y^r stable all the while, & you will find it draw
out all y^r humor, & heat all whole, so that
there shall not appear any shew of the y^r laid
disease.

92. colic.

Take y^r inner side of wall nuts, dry & beat y^r into powder.
Take of mace w^t will be upon scolding when y^r disease
is upon you; take it w^t brandy or white wine & make
as will wash it down.

93. Hul pills.

To be prepared Boil in fine powder and caused to
boil in powder, and caused mix y^r together
make up into a mass of pills w^t Syrup of Rose
if you would have y^r work witty if not w^t Rose
wine y^r make the st into pills Guts to make y^r into
bottles 60 & 80 pills, divide these into about
10. 11. or 12 parts & take one in morning & white wine
& after y^r swallowing y^r drink 1/2 glass of claret
or white wine, stir well for 2 hours y^r salt & angle
of warm brot, when in y^r parbly & you will roots
or else alittle of gruel, observe not forty odd
when y^r number of pills is taken up & day on
2 y^r take pills for a Day, about 5 made up w^t
2 loafs 20 grains myrrh to grains Saffron 5 grains all
in powder, y^r w^t Syrup of roses made y^r into pills
if you thinke this will worke enough make of
bigg proportion because it is to carry off
any remains of stool, of may remain in y^r body.

94. Hone

Powder of Lignum & spoonfull, put w^t it of musc y^r
of Scott almond, as shall make it thin to take, take
this Dayes together, right & morning before y^r
full exchange of y^r moon, drink 1/2 glass of w^r wine after it.
Take other two pds w^t honey.

Mr. Gunter

Take a handfull of Drifts, y^r root or parfyt beaten
Stone & putt it into one quart of white wine & soft drink
Boil y^r 30 min away dring one pint of it and trow.

To cure y^e colick in y^e Gut or bowelle.

Take dry worm wood, & stripps or man of from y^e stalkes as will fill a large dish, take ground wooden ash of willd haws A peny, & fill it wth full of y^e said wormwood, & take a red hot coal out of y^e fire, & lay it upon the top of y^e worm wood in y^e dish so as filled to put in it muckle more worm wood in y^e dish as will fill it brasing it sailye downe wth y^e hand y^e cover y^e dish fayrelye wth a clean dry cloake, and it back wades wth a thing y^e appylyg y^e mouth of y^e dish to y^e bare naville.

Pot y^e Colick.

Take an Ounce of y^e powder of rhubarb put it to a quart of white anniseed water shake y^e bottle well two or 4 times a day for 10 days together, take 4 or 5 spoonfulls of it any time when you are ill, take more or less according to y^e constitution of y^e body — Shake the bottle well before you take it if once taking do not cure you continue to take it every 6 or 7 hours.

Primum ist.

Pot y^e Fistalla

Take an Equal quantity of all y^e white copras ~ a pound of y^e white hennetaynes powder, & put y^e into a spouding pie pott wth y^e 300, & stir it wth an Iron scuer, untill well incorporated, set it upon a clear char coal fire & keep it continually stirring till it be all melted & let it boile till it hardens then keep it dry in y^e pot till it be used.

Per make a pinte of this poultie Boil a quart of spind water by it self & quarter of an hour then take A Hebrew Earth & pitc^e, & y^e yew tree root & dig in it, into wth put a piece of y^e said powder.

of y^e bigness of a common walnutt shell small upon a y^e spoon. So boate poule y^e hot boiling water wth y^e soap stirring till it be all most cold then take a little of it and bath y^e late wth y^e it, & dip about 6 times double, & lay it upon y^e sore & heat it twice or thrice alway, as you perceiv y^e cleare, do dry y^e wound wth y^e soap, stirring it wth y^e said water, & dip about in y^e said water stir and warme so much as you shall see fit and tyme.

¶ Mr John Woodalls receipt to cure
all Itchings in the Eyes smartings inward
shouenes and Ophthalmitis at y^e beginning
with doth woul strengthen y^e sight

R. Vitrolum album pulveratall^l; one
new laid Egg^s boyle y^e Egg^s hard, sholl it and
cleva^e it through; take out y^e Yolk and in plate
therof put y^e Copperus powdered; let it soe
remaine closed 2 hours or more, then put it
into a cleane soft ragge being still soe closed
together and straine it hard; and water will
come forth of a greate colour, Roop it in a glass
close stopped, and when occasion is drop adrop
or 2 into your Eyes

For a whining in y^e Pipes or Lungs

R. Raisins of y^e Gum^s stone and stamp
them and take thoir weight in double refined
Sugar and incorporate them to a Conserv^e and
take y^e Quantity of a spoon^s morning and evening
and stroke downe y^e Stomach every morning
constantly

96 *Mr Mathew his Palsey
water alsoe for y Apoplexy*

Takes of Lavender flowers stript from
y stalks & fill them with a large gallon
glass pour upon them very good spirit
of Wine or very good Aqua Vitae distilled
from all flowers then circulate them for 6
weeks very close stopped & clad with a
bladder, and soe y nochtine may breake
out let them stand in a warme plato then
distill them with a Lombard with his cover
then put into y said water of Sage flowers
Rosemary flowers Bontony flowers of each half
an handfull of Borage flowers Bugles flowers
the flowers of Liliu Convallium & Cowslipp
flowers of each a handfull steep them in good
spirit of Wine, every one in his season till all
may be had. Then put them all digested together
full albot to them of Bawme flowers Motherwort
Spink flowers Bayloues; Orang leaues if they
may be had of each an Ounce, cutt them all severally
and put them together in the aforesaid distilled
Wine or Malmoy & put them together & distill
them as aforesaid, being stopped the space of 6 weeks
Then in this distilled water pul Cytron pills Irie
y Yellow pill or else of common pills & piony good
hulled of each 6 drams, of Cinnamon Rale an
ounce of Nutmegs Mace Cardamomes, Cubeb;

97 *Yellow Saunders, of each half an Ounce
Ligne Alloys one dram. Make all those
into powder, & put them into the aforesaid
distilled water & pul them of Guisabes new
and good half a pound. Take out y stones aforesaid
call them small close your Coffe well with
double bladder: let them digest 6 weeks,
then strain this with a press, distillate
the Liquor, & put into it prepared pearl
yis smaragds prepared w/ Camber groce, musk
Gaffon an 105 Red roses dried rodd & stony
smelling: red Saunders & yellow Si. Stomys
those bin a Gartenott bagged in y water well
closed that nochtine may breake out minime*

*This water is good in all swoettings
weakness of y heart, decaying of y spirits
Apoplexy Rigoy Epolephy, all paines of y joints
coming of cold all bruises outwardly bathed &
dipped therin it laid to it it comforteth y
minall vitall & Naturall spiritts; cleareth
y externall gentes strengtheth y memory
restoreth lost Appetite all weakness of y stomach
both by taking it inwardly & calling with it
outwardly*

*Q30 Take a quarter of a spoonfull siller in y fitt or
to provok it take morning & evening a quartern
of a spoonfull with Cutts of broad lind sugar for
y palsey or Apoplexy and fast half an hour after*

98 Mr Mathias his other Water
for y^e Pulse of less prite andlarg^e

Take a gallon glass filled with Labender
flowres (as before) fill it up with Spiritt
of Wine or Malmoy then distill your water
and syde and separale y^e bile Then digest in
this Water, sage flowres, Rosemary flowres
sweet Marjoram on mis: / hyssop peony roots
an ℥. Bellony flowers 3ss. Cinnamon, peony
goods hulkes Cardamould cubebes. citron pills
dried y^e boal them digest them. Put in half
a pound of Jujubess, the stones taken out or raisens
of the somme storred being digestid 6 weeks straine
it forth and drinck it with Boor or Ale. ☐

Mr Electuary for y^e Cough of Lunges

By a Quarter of a pound of honey, halfe an Ounce
of Amis goods halfe an Ounce of sweet fennell
goods; an Ounce of English liquorish boale and
soarts all very fine, as much powder of Elatapane
as will lyg on a shillinge, as much powder of
Colts foot as all those, mingle all those in y^e honey
till it come to an Electuary. ☐

Approued by Mrs Glouc^E

99 For a Burne or scald^{xx}

To a pound of Matton suitt; take a gete of
Deer suitt and boile it thick, add to it y^e white
of hens dung, let them boile softly & keep them
stirring for y^e space of an hour; soe when you
crese it anoint it with a feather not plaistering
it nor keepeing it oover clost. ☐

Probatum. Rody Pakeman

For a sprant now done^{xx}

Take Bay salt and sow it in a bagge of
y^e bigness of y^e plants considered, sett a a Skillet
of water on fire, when it boeth put y^e bagge
in suddenly and assoone as it is hot apply it
to y^e sprant as hott as can bee suffered

Probatum. by Mr Skilton

To keepe one soluble^{xx}

Take stewed prunes with y^e Herbes Mercury
and Woodborrell and eat them fastinge^{xx}

Probati:

¹⁰⁰ Brightness in the Eyes

Take 3 or 4 mornings together new milk from y Cow; when it is boild put in sugar and a pretty deale of y best Saffron and drinke it fasting; & fast one hour or 2. after

Another for the same

Take a Quart of rain water, a pint of Muskadine, a spoonfull of Rosemary flowers dried, a spoonfull of Burnage flowers dried a candied Nutmeg a spoonfull of white Saffrons boyle it till a pint be wasted, straine it and sweeten it with Sugar and keep it in a glass and when you find any fuming in your head, take 4 spoonfulls morning & Evening

To comfort the Braine

Take womans milk of one y giess suck to a boy 3 spoonfulls of Redrose water 3 spoonfulls, & when when you are in bed laid to sleep, snuff some of this up your Nose holding back your head, soe if yu may haue somt of it into your mouth; This use often in y day, but especially in y night when you goe to bed.

¹⁰¹ Cure of Noise in y Head

or Dazzles

Take Musk and Ambergreces of each a graine bruise them to fine powder on a stone then take 12 graines of pitch & melt it in a spoon & put y Ambergreces to it & let it melt then put in y Musk, and stow them altogether & hold it from y fire, and rubb it out of y spoon into a Roule, & with your hott hand against y fire, make it out into little pellets as bigge as a barley corne but in y fashion of a plare tie them in a little garnett and ever keep one of them in eare Eare and put new ones once every 4 or 6 dayes

Another

Take Orange pills, and cutt it in long sharp pointed pieces, and holde it in Nostrills till it cause Nasing.

Dell

Take a Balon glass filled with Lavander flowers, fill it up with Spirill of Wine or Malmsey then Distill y Water

Mr Mattins

102 For a Cough & a stynnes of
the Breſt

Take a Gallon of faire water, put to it
Reddum Mundat: mis. Paragoly roots mss:
fennell roots mss: as much of Root of Crula
Compana as a great Walnut. bothe theſe &
drawe them boþe cloane then put to it 12 figges
ſlicid, & ſorted, of great ralsons ſtoned mis.
of Annis goods bruied mis. & or 6. crops of herbs
bothe all theſe to half a Gallon, ſtraine it then
diggeles in it 4 ſpoonfulls of Clarified honoy:
Drink thorow of morning & Evening being made
warm a good draught

For a Wonne

R. powder of Brnslakt Lime with black
spice & anoynt any Wonne therewith and
the wonne will fall away; and when the root
is come out, anoynt it with oyle of Bayes
and it will perfectly heal it.

A Cordiall

Take halfe a pinte of burnt Cardes
mix 4 ſpoonfulls of Dr Stoocons water
and 2 ſpoonfulls of ſirrup of Gilly flowers
and a little Alkermis & ſo take it 2 or
3 ſpoonfulls at a time

To make Marie Water

For a Conſumption

Take a good quantity of ſhell ſnayles
put them into wheate brōm & they will
cleare themſelues then crack ſhells &
and boþ ſtill them in an ordinary ſtill
and of that water take 3 ſpoonfulls 2 of
carduus water, or Coffe water: ſome
times take it with Burrage or black
cherrie water ſweeten it with ſirrup
of Gilly flowers or Sugar Currink morning
or afternoon: it strengthens much

A comparable a cooling
Pectorale

A cordiall

Take conserves of Violets 2 ounces
Conſerves of woodgorſell 2 ounces
Conſerves of Burrage 2 ounces ſirrup
of Commons 3s. mix them together
in form of Electuare

A Cordiall Julepp for any illnesſ in y^e
ſtomack or Loſhnesſ

¹⁰⁴ Take 2 spoonfulls of Sparmint water
Simple & one spoonfull of Sirrup of Cynamon
mix it together, take half an hour before
Dinner & Supper. Probat. $\alpha\alpha\alpha\alpha$

Another $\alpha\alpha\alpha\alpha$

Take Sirrup of Gulliflowers & spoonfulls
Sirrup of Balm & spoonfulls, red Rosewater
& spoonfulls Barrago water & spoonfulls;
Red corall a drach; Alkermis a drach; mix
them altogether & drink it 4 times a day if
you think it to be to hott, add it together
add to it half an ounce of Sirrup of Lemmons

To cleanse the Reins

Take as much Newmilk as an Ordinary still
will hold, 2 or 3 handfulls of Parsley good
braised it & put it into y^e milk & distill it, take
six spoonfulls of y^e water & as much of white
wine, & dissolve in it a good deale of white sugar
candy in every draught you take, you must use
it first of all in y^e mornes & when you get so by
after y^e Reins are thus cleansed strengthen y^e
back after this manner. Take about a pint &

¹⁰⁵ Half of Muscadine & half a pint of white
wine & a good quantity of white Archangel
flowres, five or 6 leaues of Clary, shred y^e
herbs first, & then stamp them, take a good
handfull of y^e hornell of old hazel Nuts, take
a pint of y^e Bythe of an Ox back, wash y^e slime
cleane of from it, then scitt y^e pith & boyle y^e
herbs & it in the Muscadine & white wine, &
when they are boyled as a cold then straine it
you must blanch y^e Nuts, as you doe Almonds &
boil them & grind them with a little Rosewater
& put them in they must be ground
very small in a ston^e Mortar, use it first &
last a good draught. $\alpha\alpha\alpha\alpha\alpha\alpha$

$\alpha\alpha\alpha\alpha\alpha\alpha$ Prob: by Mrs. Glouc. who
Take y^e Ague out of y^e string 4 years without issue
any place or for fringes, being married concubine
or spromis & with Field upon & taking
 $\alpha\alpha\alpha\alpha\alpha\alpha$ thereof

Take a quantity of May Butter which never
touches water nor salt, take as much Eddore
leaues in May, shred y^e leaues & stop them into
a Earthen pott to y^e butter well stirred together as
you can work in, set let them stand for a fortnie
in a cool place stirring them once a day then boy
them and straine them, and keep it for your use
Bath y^e griev'd part therewith $\alpha\alpha$ Let of saluer in
and keep it warmt $\alpha\alpha$ melted soper
 $\alpha\alpha$ you put in y^e counter 51

106 *For burning or scalding $\alpha\alpha$
or to take out the fire $\alpha\alpha$*

Take a quantity of Mallon suit shred it
very small, take a good quantity of white
of hordeum, a little shoops young a good
quantity of inner rinds of Cern a pretty
quantity of Alchoof, shred your Cern and
Alchoof, break of young and boyle them all
in of suet together to a salve, then strain it
Dress of place 3 or 4 times a day with a feather
nooer taking any of salve off, lay on of
primrose leaves to keep it from the Coath α
Prob: Mrs Hono
 $\alpha\alpha\alpha\alpha\alpha\alpha\alpha\alpha\alpha\alpha\alpha$
To make Wallnutt Water

Take a pound of Herb grace a pound of good
figgs, a pound of Wallnutt green of of tree, as
they grow hucks fall, bruise of wall nutts as
they are in a stone Mortar by themselves; then
bruise of herbgrace, & slice of figgs still them
in an ordinary still on this manner. $\alpha\alpha\alpha$
First in of bottome lay a lay of herb grace then
a lay of Wallnutt, then a lay of figgs, see doe α
till you haue fill up your still; then Still it as α
use It is excellent for one of is ill at other waters
at thort Stomach; or for a feavour
oft approacheth; one may take it

107 *For a cold being with Child though they haue
a bonning; take 2 spoonfulls all a time
At Night when they go to bed, or al any time
when they feel themselves ill in a feavour 3
spoonfulls warme in of morning & swot
after it; if of party be very ill mix as much
Mythridato as a Barle Natt, taking it
fasting & swot after it; if they mend not,
give of same Quantite of water without
Mythridato at; if of party be bound, first
giue him a Glyster 3 or 4 hours before of
water; It is of great Operation; therofore
if of party be weak giue it by 2 spoonfulls*

$\alpha\alpha\alpha\alpha\alpha\alpha\alpha$
For the Mother

Take when the fit comes 3 or 4
spoonfulls of Mugwort water, and in it
3 or 4 dropps of Spiritt of Astorue
A plaister of Galbanum being dibolod
in wine Vinegar and spread upon feather
being applied to of Navill helps $\alpha\alpha\alpha$

For rising of lights α
*Take a pinte of Muskedine boile it in one
handfull of feather for Quidis it into 4 parts when
it is strained drink night & morning or when
you feel your lights begin to rise $\alpha\alpha\alpha$*

To refresh the spirit
or the ioy of Stomach

Take Sea wormwood, spear mint Bellony Marjorium, Rosemary, Balues, Barrago Savory of each alike quantity; and of all as much as your still will hold: your still being filled strew on y^e topp of y^e herbs, 2 ounces of beaten Cynamon, and soe distill as much water as you can, and keepe it all together.

Take 8 or 10 or 12 graine of prepared pearls in one or 2 spoonfulls of y^e water in y^e morning fasting, you may take it a week together or as ofte as you please: it strengtheneth y^e whole Body

To y^e Yellow Jaundis

Broom boyled in boer in stead of Jeps and drinke not other for 2 or 3 Monthes together hath helpen those that haue had them longe an Wind Collick

Take Camomile flowers mother of lime of each 2 good handfulls or as much as you can steep in y^e Wine, amiss goods, fermed goods Cummings goods of each half an ounce, bruise the goods in a Mortar and steep them in Muskedine 24 hours, thus distill them altogether Drinke it in Sugar = = =

Another

Take camomile flowers, carduus seeds, not bruized, 2 spoonfulls of seeds and handfulls of flowers boiled in white wine till noor halfe be consumed, and drinke it warme, it will expell y^e paine presently

To the Part Proud by Mr Shadz
or Mouth

An

R. Camomile flowers, mallowes, and barley flowers stamp them in a mortare with oile of Camomile and oile of Lilles, but first boyle y^e herbs in running water till they be tender then stamp them as aforesaid and plaister wiss apply it to y^e griefe, binding upon it y^e Wool of a black sheep newly taken of y^e Neck; and anoint y^e griefe outwardly with oile of Camomile and wash your mouth with this lotion. R. A pint of white wine twise doe much spring water, a spoonfull of Brooms barley boyle all these together with 5 spoonfulls of rose water, one brantle of rose mary; as much rock alum as an harsel nut & white as much sugar candie boyle all these together till y^e barley be broken in pieces straine it & purgasse y^e mouth off it.

**Water to restore i^e sight
lost either by chance or sickness**

℞: 5 drams of Satis made in fine powder
and as much Aloë & patriciu in powder 2 drams
of fine sugar 6 ounces of rose water 6 ounces
of good white wine rather sweet then other wine
mixe all those together and put it in a cleane
Coffell of Glass and being well stopt sett it in
the sunne, a month together continually mixing
and stirring together all i^e said things at least
once a day, to i^e intent they may incorporate
well together, this done take of i^e said water &
put certaine drops of upon your eyss morning &
evening, and in continuing so a certaine space
it will cause i^e sight to come againe as cleare
as it was before. And was made by a councel of
i^e best Physicians of Italy for i^e restoring i^e
sight of i^e Empytor of Constantinople Anno:
Dominio: 1438. and helpe in **xxxviii**

For a whit blow **xxxix Sister Wiles
or follow **xx****

Take of refty fett bacon horseracie & a ghillnail
i^e hath her house on her head stamp them together to
a galde & lay it on a Cloth cold shiffling it morning &
evening it will both ripen break & heale it, for a whit
blow leauis out i^e snails. **xxxx**

**Poor a felon or to draw
out a thorne **xx****

Take a little horseracie and Boars greafe
wheat leaven Honey of each alike quantity
stamp them together to a puttiss, set apply
it cold twice a day it both breaketh and
Caloth

Plaie travaille in Child birth

xxxviiii

℞: The Date stones whi haue round small holes
in i^e sides (for they are best) dry them gently in
an oven beat them to powder: take commine sauds
2 graines, 2 English saffron, made to fine powders
miser; one spoonfull with a littel malmyse, and
drinck it blood warm; and if you add a Quantite of
white Amber beaten with i^e rost i^e will be i^e better
of i^e Malmyse be not sweet enough you may put in
sugar; but take it soe as you leauis none of i^e powder,
behind this may bee taken though of Child bee weel
and neer i^e birth. This is albow good for any Roman
i^e hath a rising in her Stomack after shee is delivred
if she haue any heat or flushing in her face after
shee is delivred or durong hot Childbed; it is good
also for i^e after burthon when i^e woman is delivred
Diany byld & vraken in wms wch bring forth i^e
after birth & caufeth safte & quick delivry, —

112 Ur as much Methiodate as a Nutt will doe
¶ like only this must be given after delivery

¶ It shall an

Take a handfull of Marigold flowers and all
on handfull of holy Mistletoe; stamp them and
streine them; take ¶ purer of ¶ juice and make
a posset of it and putt a quantity of sugar into
¶ posset and giue the party and cast him into
a sweat

The red Balsome an Dr Lodge an

R: Galat oyle one pint; Yellow wax half a
pound; Conice Purpentine 2 Ounces; Liquid
storax 3 Ounces; Ole of Apricorne a Quarter
of an Ounce; Naturall Balsome a quartar of an
Ounce; Rosewater, & Plantine water 2 pennyworth
red Sandors 3 penny worth Dragons blood 3 penny
worth Rosemary, Bayes & sweet Marjoram

A Syntment. an two pennyworth an

For Nyness an

Take May bitter, and boyle spoor mint & Dill in
it; till ¶ herbe be of ripe, then it is enough straine
it and keep it for your use. rubbing the nummots
part by the fire

113

For Lask or fluxe

an an an an an an

Take a pint of red wine a spoonfull of
the seeds of red roses & as much of ¶ rind
of a pomegranate as an almond one spoonfull
of ¶ powder of Cinnamon one spoonfull of
¶ powder of Red Acornes bothe all those
together till they come to half a pint & drinke
therof morning & evening an an

¶ Another an

an an an an

Take wheate flower and thrast very close
together in an end of a cloot soe bind it
up hard & close like a bullet put it into
boylng water boile it 3 hours and moray
you shall find it will be very drye & hard
as chalk, scrap of the out side & powder it
thick milke with the powder, and boyle in it
cinnamon & ¶ powder of pomegranate then
take of it morning & evening. Alsoe erodes Martis
be given in red wine or with boer or water with
a few drops of Cinnamon water is singular good

an an For scurf in a child's face an an
¶ face with it often then hale some Sage in butter
till it come to a fine syntment & anoint ¶ face
with a feather twice a day; an an an an

117 *Pl. Ditt Drink prescrib'd.*
by Dr Wright to Sir Rob: Quarles
being sick of the Gout in his foot

R: the leaves of Bittony; Eye bright the
topps of red sage, the leaves of brooklime
of water Crofts an Mij: Three handfuls of
y herb called Groundpine or field Cypress in
Latine & soe knowne to Apothecaries; Ira
Arthritica; of hearts tongue, of Agrimony of
Maidenhair; ijs of Carduus Benedicta of milk
thistle wch is called Carduus Mariae an ijs of
Monks rhubarb, of red dock roots, of Asparagus
sliced an ijs stoope these two hours cutt and
glicid in a sufficient quantity of Wort, not
throughly boyled, of a middle strength, then
boyle them to a pottie, puting in towards y end
of y boylng a pinte of sack, To this straine
put 5 gallons of Wort of the same strength
while it is hott, & to both y Joyce of Garden
sturvy grass, of Common gravy grass a pound
and goo let them cool & work together; that
it work not oot: when it is coold, put it in a
sacke tunke fitt for the Quantite together with
the bagge. After ten dayes drinck it

118 *The Bagge an*

R: Orange pills mi Sassa porilla 2 ij:
Sassafras 3js Lignum guacam 2ij of y
wood of Missoltoo of y Oak wch is a proper
ingredient for y Goute & is Hormedacht carbeth
Rhubarb, agaris an 2js Coote Ginger Cytronpills
sweet fernell good sage flower an mi Radix
an gerani 2mi boale these into a gross powder
and put them into a bagge with a stone in it to
hang in y middle of y Coffoll If it happen you
hauo not a coffoll just fitt for y Quantite put
in goo much too much Oatmould into y bagge
as will fill up the Coffoll the same bagge will
serve for a second or third Liquor an

Plow to make the Balsome an

Take a small pipkin & put in your sallet Oyle
and your other oyle over night, and straine
them well together with a Bay stick then bott
them by till next morning. Then take another
pipkin & put in 5 pintes of Conduit water then
strip y herbs & wash them well, then shred
them small & put them into your pipkin with
y rest of your Ingredients (y oyle excepted) for
they must simper by themselves a quarton of an
hour being well stirred with a Baystick & your other
being boyled the same space then take them both

And let them rest a little while & put them together in the groat, & lett them all boyle a litter space, but be sure you stir them well together, then take an earthen Basin, and strooke it through a fine Cloth when the basin is full ther is a Water under it & it is good for any Grading or burning and other things **a**

The Virtues of Y Balsome

- 1 It is good for any wound being applyed as a ^{Salve}
- 2 It is good for burning or grading **a** nostru
- 3 It helpe & heale aches moynting y temples &
- 4 It cures any Calur or aches in the bones
- 5 It is good against & Wind Colick or a stink
Corink a quarter of a pinte of Sack rothe
half a quarter of an Ounce of Balsome
few mornings fasting luke warme
- 6 It helpe a fistula or Ulcer; though never
being applyed as to a Cutt; See doore
- 7 It is good against Wormes or a Cancer **a**
- 8 It is good against Comines **a** **a** **a**
- 9 It helpe Digestarde, being applyed to y Pitt
a of y Stomacke; moynting woulde **a**
- 10 It helpe of Dropsey, taking it in posset drime
- 11 It is good against y place onely moynting
y lipps and nostrills

- 117
- 12 It helpe of biting of Scorpions & Adders
being dranke inwardly with Sack & anoynting
the place
 - 13 It helpe of bleeding of y Nose onely anoynting
the Nostrills, & drinke it with Sack or
posset Ale **a** **a** **a**
 - 14 It cures of Bloody fluxe **a** **a** **a**

*An oyntment for an oD sore
in the Legg or else where*

Take Smallage, Sotternwood, and
Gallondine boyle those in May butter
til the herbes be Crisp'd, and see use it

Aout

Take

Take Verjuice and Rosemary, and in suauour
& leaves, and stalks of Burdock, in Winter
roots and stalks pithed and shrod small &
boyled to y thicknesse of a poultise after it
is boyled put in a good quantity of Deer suct
and let it dissolue in it and see keep it **a**

Wind & Wind Colick

Cake Conserve of Rosemary floweres half an Ounce
Ciacalimum half a Drachme mingle them together
and eat a little of it when you are troubled
with wind.

118 *Consumption*

A restorative Broth

Take a running Capon, wash it belly with Claret wine then sew up in it belly amber and Corall bruised of each 12 drams, reinforce of red roses conserves of borage and bugloss flowers of each an ounce then sewn them up in it belly and make a broth with knot graft plantains shepherds purse, & french pruniers; Thicken it with pine kernels bruised when it is almost boild bruise of Capon in a Mortar in peeces then boile all againe straine them hard and put to them strained red rosalor a gill or a pint. When you make this boile Asparagus fernell and parsley roots in it with time; and sewn up in it belly some Marmalade of

Quintessence

A very precious and wholesome Water

Take a pound of White sugar candy beaten very small, stoope it in a pint of Damask rose water 2 dayes & 2 nightes; Then take a gallon of 12 cost aquabitoes & put altogether; then take of Raisons of 12 Sunn, 12 ells. fern. Annibi carvi on 3j. Cynamon, Carophil, Dates an 3j. Bruise all those & put them to the aqua bitoe and sett them to stoope in a glasse clost Coverd 5 dayes

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together; stirring them once every day, Then take half a pinte of poppy water, of poppy leaves my, being washed & layed 2 dayes in a shadow, put those to the rest and sett lett them stand a while longer. and 7 dayes after lett them run through a gely Bagge, and put to it of Amber Grise and musk of each 20 graines & set keep it to your use.

Quintessence

To dissolve pearls

Take as much pearls as will cost 3rill then take of juice of 4 or 5 Lemmons & let of pearls be beaten to fine powder & put of powder of of pearls into a glasse with juice of 3 Lemmons, and stirre them together and let them stand 2 or 3 dayes and then stroine out of juice of your Lemmons from of pearls, then take a piece of brown paper and make it up as they putt in popper then take of dissolved pearls & putt it into of brown paper & tye it up and hangs it by fire one hour and it will drye like starch then take it out and keep it for your use to strengthen you it will dissolve in broth or how you please a little at a time Eat often

Quintessence of pine kernels

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For y^e blowing of bowers

Take of Juicē of Plantain ſtuffe it with
a cloth wth the Cloath often & au
Dypp a cloath in plantaines water lettone
of y^e maides warm itt a littel boyle it
her hands & then lay itt to y^e belly when
it beginneth to dry renou it againe
Take fine bold Ammony 2 drams red corall
and Amber of each an ounce yoder them
very ſmall and drinck a ſpoonfull of it in
y^e powder of plantaines water twice or
thrice a day & Mrs. How

For the Cough

Take a pint of Vinegar, and a pint of
redd wine mingle them together, make
it ready to boyle Dypp a black cotton cloth
mitt wring it out, but not to hard; apply it
to y^e boaring place and as one drieth use
an other & Mrs. How

Mousē eare full in Milk & ſoone drink
it is good for me. It is weakened with
them, with having too many of them
Mrs. How

A Clyſter for y^e Mil in a child

Take a Quartar of a pint; or half a pint
if need bee of Urine of ſound man, if it is
not troubled with wind to a quartar of a pint
putt a quartar of a ſpoonfull of ſennel ſeed
to halfe a pint as much more & boyle it a
littel, then ſtraine it & giue itt glisomwige
you may putt a pece of wheat leavon into
it for a man

For the Cough

Take of parsely ſeed, and red nettle topys
of each a handful & boyle them in a quart
of boor or Ale putt thereto 2 or 3 poney worth
of Maco, then boyle it till halfe boyled away
and drinck therof att your need

For the wormes or wind in a child

Take an ounce of conſervē of Borage flowers
or of Rosemary flowers I mingle it with a two=
penny weight of Vnico ſtrake of y^e best & giue a
child fasting every morning till he voideth wormes
or elſo giue him every morning for a fortnight
together, and to giue him Conſervē of Wormwood
in very ſeeds alſo for y^e wormes

For any Soote an aaaaaa

Take Cloures wort pickt a good quantity of the cleanest & greenest of y Lounes shred them & stamp them, then takes hoggs greaces & wtigh of each a sufficient quantity, & dissolue them first & then put in the herbs, & lett it boyle untill it boau bubbling for by this you shall know when it is boyled enough, then straine it & reserve it for your use. aaaa

Re & My Paster

Take a pinte & half of yelk Oliew sett it on y fire & dissolue therin a quarter of a pound of Boos wax & lett it boyle a little then put in half a pound of red lead & six ounces of white lead both well beaten to fine powder & after that they haue boyled soe y they bee incorporate with y rest then putt in all y end of all 3 ounces of y best ffrankincense beaten likewise to fine powder and lett it boyle untill it be incorporate with rest after y lett coole & make it up as dough is well water & reserue it for your use aaaa

For a Looseness an aaaaaa

Take of plantaines Water of rod rose water alike quantity, and of as much mint water as of them both & set put them together & drinke y same warme & often, and it will undoubtably helpe them, for it hath been often proved and hath helpe such as haue been subject to a loosenesse a long time aaaa

Another an aaaaa

Take y bark of an Oaktree & putt away all y one side & boyle as much of y inside of y es bark as you may hold in your hand or less in a quart of milk and lett it boyle together till it come to halfe a pint, or thoroabout and then let y party drinke y same; aaaa

To bring forth y Pace an aaaaa

Take Marigold flowers & harts horns boyle them in yessell ale & set ym d to drinck

*To bring or prevent
of rose from falling*

Take red rose water & plantain water
of each a like quantity and a little salt
boyle them together, and when of roses
be full blowne out, if you may safely
wett them without danger, boale a little
of y^e water & lay a little at a time on
every rose but let the water be warm

*To preserve y^e eyes in the
rose xxv*

Take red rose water & plantain
water & mingle them together &
wash y^e eyes with it y^e water being warm

*To the throat xx
in y^e rose xx*

Take red sugar candy & dissolve it in red
rose water a good while & longer & better,
then hold y^e sugar candy in your mouth but
but take none of y^e water & always have
some in y^e water if you may never be with
out it in y^e mouth & make a stay of saffron for
y^e throat

*For y^e spotts y^e remaine
after y^e rose*

Take Almylo one ounce, boale it to powder
and grind it upon a stone to fine flower
mingle it with oyntment of roses if is
freshe & good cass it. Take a little of it
lay it upon a white limon cloth & smooth
y^e them over with it xx

*To y^e Mictim or giddiness
xxv of y^e blood xxv*

Take Betty sweet majoram rosmery
of each one handfull dry them to powder
putt to it white frankincense mastick
cloves nutmeggs cinamon of each half
a spoonfull cast y^e powder upon y^e scarlett
flocks carded quilt them in taffety sac
nett make a cappe & ware it xx
For a giddiness or swining

xxv of y^e head xxv

Take cummin good no dram bay berries husked
& juniper berries of each of them y^e drams
make them into powder & of y^e powder make
y^e baggs

For y^e Weakness of y^e Memory

Take Conserv^e of Rosemary conserv^e of Rose
of each an ounce, then take y^e weight of a good
of y^e flowers of Rosemary dried & a little Syrup
of roses & mingle them all well together & take
as much thereof morning & night as 2 good
hazel nuts

For y^e Pooth A.C.P.

Take Part & ty^e it in a cloath; & lay it
between your Gumm^s & your Stock & lie on y^e
contrary side & it will give eas^e in a hours
space

For a Pickinge Egg.R.

Take Clecampana roots; as much as will
ly^e upon a shilling, a pinniworth of Liquorish
a half pinniworth of Amis goods a half pinniworth
of sweet goods beat them all very fine & boare
them; An ounce of Colts foot likewise beaten &
soared put all those into y^e 1/2 of English honey, &
make it in y^e maner of an Electuary, and take
y^e quantity of a Nutmegg morning & evening & at
a clock in y^e Afternoons

A Diet drink for a Consumpti-

Take a poock of sea scury grass, halfe
a poock of Water crosses a handfull of broke
lime, as much Liverworts lungwort, Rose-
mary, as much scabies, Eggesemonie Red sage
mountaine sage, if you can get it; Saxafras
woodbottong^s horthounds, likewise 2 handfulls
Angelica; Hartstongue, carduus, of each a hand-
full a good handfull of Wormewood broad plan-
taine & Impernoll. Endive succory burrage
bugloss tamiris of each 2 handfulls y^e 1/2 of
Monkes rhubarb; Lycorish 2 ounces an ounce
of amis goods, sweet fennell goods an ounce
Nutmeggs an ounce; Ginger an ounce, bruise
y^e goods 8 slices of Lycorish and Ginger, & nutmeggs
and monkes rhubarb; 4 ounces of reddish roots of
Colts foot 2 good handfulls; Morden hare & 3i Boile
all those in 10 gallons of Ale in a bagge with a weight
in it, and let it stand about 10 dayes

Probaw

To make one sleepe

Take a quantity of y^e leaves of hor^e gracie and
take a good great nutmegg and grate it upon a knife
bruise y^e hor^e gracie & mingle your Nutmegg and Hor^e
gracie together & heat it warme & putt it into 2 little bagges
and lay it to y^e temples & then settle your selfe to sleepe
in any state This is a safe meanes

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To an Acre Burne

Take of Bore greasse & Camomile, and boyle them together & straine them, & put thereto a reasonable Quantite of Aqua Vitæ and anoint of grieved place. uuu

To cure a Bysturie

Take 2 ounces of Jevinglass of Turnes half an ounce or somewhat more of fine Amber half a dramme of Dragons blood as much of Coovers and Marke a pretty Quantity; of polypodis half an ounce of Confys a pretty Quantity, of gentian powder as much as will lyv upon a sixpence, boyle them in a Quart of running water or redwine untill all of Jevinglass be dissolued & lett it stand untill it be cold & it will bee a Jollie; Then giue the patient 2 or 3 spoonfulls every mornings obing first melted & made Lukewarme & lett him fast two or thre hours after it is often made wth Ale or strong Beer, and for to Lemfy you may use of leaves in the Summer & y^e root in the Winter, you may also add Carduall a quantity of harts leane but you must use a druse of fustion or especially one of steele for it is of steele, and if for man must be y^e coulstered if it must driue y^e Raphard quide bark into y^e body & keepe it constantly you must lay a plaster upon it made as followeth

Take halfe an ounce of Turpentine of bonies; of Dragons Blood a Quarter of a dramme of fine bals as much of y^e plaistor of Diapalma a Quarter of an Ounce, melt them altogether in a Saucer & make your plaistor & apply it lukewarme to y^e Bysturie with a Cloath upon it, & then fasten y^e druss

To cure a sticke or wind in y^e Stomack

Take 5 bay berries & 2 old shernes one race of the whitest ginger half a peache stony boale all those small to powder Take as much of y^e powder as will lyv upon a groat or 6 pences in a little boar in a morning fasting or whensoeuer you haue need it uuu probat:

A very sweet perfume

Take 6 spoonfulls of Rosewater, as much Amber greasse as weight 2 barley cornes as much Crott in Wight, sow boale it to fine powder boyle it in a perfuming pan This is an excellent perfume uuu uuu 13

To bring up tou. Plegm $\alpha \alpha$
and sopping in the crest $\alpha \alpha$

Take a fig & cutt it round & tost it &
dipp it into mus Reding and soe eat it
if you loue not Mus Reding you may dipp
it in sack $\alpha \alpha \alpha \alpha \alpha$

For a Consumption Doct: Wight

Dropsie, Company Cough of of Rheums
and to keepe of Liver from putrefaction

Take all of Sandors of each 2 Dramms spidij
rasuca of each one Dramm, cynam & cubeb
of each halfe an ounce, Endivis & purslane
seeds, of each one Dramm ligni Nobis and
Nutmeggs of each halfe a Dramme sugar dissolved
in Endivis water one pounde make herop an
Electuary as followeth

First powder all of things to be powdered, boyle
fine then dissolve your powder sugar with Endivis
water on a soft fire and sprinkle in the powder
stirring it over of Calor till it come to y^e thickness
of an Electuary. Then take of it evry mornynge
fasting as a Walnutt ffeast 2 hours after us
it as long as it lasteth will well bee for 30 dayes
the making of it will cost a Coronet $\alpha \alpha \alpha$

Print by old Boddles $\alpha \alpha \alpha \alpha$

An Oyntment for $\alpha \alpha$
 $\alpha \alpha$ Bruises $\alpha \alpha \alpha$

Take a handfull & more of Camomile a
handfull of wild Daizy roots & leaves wash
them by themselves; a handfull of Bramble
leaves namely Stadborris leaves a Comfrey root
sliced a little hoggrasse wash them & shred them
small; boyle them in hoggesgrease simpuring till
the strength of 3 hores be boyled ouer then straine
it, and put a little Doore suet to it and then
 $\alpha \alpha \alpha$ anoint & place $\alpha \alpha \alpha$

old Boddles,

Omplastrum de Minio.

R. of Common oyle half a pound; wax one
red Load of each 4 ounces; Rngu: Popoale &
oyle of Myrtles of each 2 ounces; capons greas
and hogges greas of each an ounce; Crasso &
Letharge of gold of each an ounce; boyle all
these together till y^e wax be molled, then put in
your red Load, Cruso & Letharge; a little at once
continually stirring it till it look black, then
when it is coo make it into Rrolles. $\alpha \alpha \alpha$

The black oyntment was Basilicon, the green
oyntment; Unguentum, Apostolicon with wch
I mixed a little precipitate finely powdered

A Singular Emplaster well
Approved off very effectuall for
those things following *uuu*

First it is good for old and new wounds, it
cleanseth very well, & it is extollent intarnation
It healeth impostumes in the head or ears or in
any part of the body, swellings or chafings in
any Member; sinews, cutt, stark, or straine It
draws out shernes it helpeþ venomous biting of
dogs; snakes; or such like, likewise the pricking
of Nailes, thornes or bones in any Joynts all manner
of bittes or boyles & doth alsoe sorre very well
for a soare hooche and to take away some kind of
Inguishe & paine in joynts; this is well approved

*The manner of Makinge *uuu**

uuu uuu uuu uuu uuu
You shall take of pure Resin & Colophone
& Burgandy with half a pound Virgin wax
and Olibanum of either a quarter of a pound
Mastick one ounce hart's Gallow or shooe suet
purified a quarter of a pound Camphire 2 drams
make your Gummis in fride powder and boarte
it then melt your wax with your suet upon a
small Charcole fire, & put your powder therin
by little & little over stirring it gently till it be
well boyled, then strain it through a hooche into
a potte of white wond; & when it is cold blow
warme put into 2 drams of Camphire in

*P*owder with a Quartar of a pound of bonico
Curvintine over stirring it till it be cold then
then when it is soe cold if you may handle it
work it with your hands anoynting your hands
with oyle Olives; or oyle of butter Almonds &
Draw it soe long as of Shootmakers doo their
wax till it be to your mind, then make it up
in Rowles upon a smooth table, & let them lyv
in the Wind till they be cold, & loze them
for your use If you will you may roule them
in white paper as of Apothecaries doo of like

Brom Mrs Anne
Probat

*Powd of Green sicknes *uuu**

Take doore wormes & slitt them & wash of all
& dirt within them & wash them well in white
wine dry them in an Oven, & boale them to
a powder; take as much as will lyv upon Sponto
in Bettell Ale; and walk upon it. Probat

*Powd of Yellow Jaundyes *uuu**

Take of your knottes great wormes slitt
them & wash them cleane in water dry them
to powder & drinke it in Tamarisk & Saffron
boyled together in possitt drinke & then putt in
your powder of wormes as much as will lyv
uuu uuu upon a shilling *uuu*

Another cure

Take half a a Pottinger of Creame one spoonfull
of red Saunders, a pretty quantity of Saffron put
into a Cloth & strain into it half a Nutmeggs
grated & sweetned, well refined, or leafe Sugar;
set it on f Coales and warm it pretty marmo-
rink it 9 mornings, and fast 2 hours after
Probatis. Tho. Lady
Bentley.

Another for a Groone Sickness or a for a Bruise

Take Liquoris & Amisode & sweet Honey
good on handfull of pommy Royall, boyle them
in Beer a good while, & swootem it with Englis
Honey, put to it 3 or 6 spoonfulls of yd Jule
of stone horgo doyng newly made & drinke a
good draught of it, for 9 mornings wether
and stirr after it boyled out of pommy royll
and let it partly sweat if it be for a bruise

For a Stich in of Side

Give a Bore his belly full of Meats and when
he is well filled drise him up and downe till he
ring and then lay it to f painted plate as hot
as I flame from him f plato being anoynted before
with Oyle of Commonalls

For a Celler

Take Ballendine & stamp it & rub the
Potter with it wash it of with water &
boor twice or thrice a day

For a Stiche to a Woman

*Note you must toast y bread before you
strike it and if thore occasion you may
take it of & heat it againe and now strike
it in a thin Coath and apply it y warme*

*Or good Conserves
to help Digestion*

Take Redd mynco & coat it with y powder
of sugar, & y powder of Cynamon until it
comes to a Ciderve, & then take 300 much of
it att onto as a Wallnutt one hour after

*An excellent Receipt for your Moate
the swolling in the Neck with Dr Smith
commonly falls out to bee y Kings Cull*

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Grec Mallows & leaves & Roots & some
Lemonies in faire water sweetned with
A Honey & with 4 bath of sweeting of Rose
every Day stroaking it backward with your
Hand will it be best way and will help if

soonor
hard travell *or* *Hunting*

Take a handfull of Consipit blossomes
Rosemary blossomes as much woodbottany,
as muth; sweet Marjoram as much one
cunto of Cloves; one cunto of Cinnamon
one cunto of Cloves Ginger; one cunto
of Nutmeg, bruise spited, and steep them
all 9 dayes in 5 pints of sack & then still
them altogether

The Lady Wade

A boveraigne
Medicine or water to remoue any Disease
from the Heart or Stomack, be it of plague
small pox Measles, or such like it will expell
it prosonately it is full of plague water

Take Rude *Crimonie* wormwood marigold
leaves sage Galendre Balme Rosemary Maywore
Dragons pimpernel; fotherfow; Burnett sorrel
Carduus, Honerid: or Angelica, of each of those

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Herbs a pound but of Rosemary 2 pounds
a quarter of A pound of Nicompanys roots
or somwhat more then shalbe something small
and smooake them 3 dayes in the best white
wine you can gett, covering it very close
and now & then stirring it with a stikk &
put them into as much Wine as will cover
them whicke is about 4 or 5 gallons then take
up of herbes in a Cullender and droue them
and distill them by them selfes in an ordinary
still, and if water therof warmed with a
little Trouble or Motherdote will drise any
fitnesse from the Heart, and distill of wine by
it selfe, and of water therof is good to drise
away Agues with a little Trouble or Motherdote
afforded, still it up as soon as you can; In the
stilling of it; You may take of first water
of every stillfull whicke will be the strongest &
of next water will be the smalllest which you
may giue to Children but be sure to whom god
or else it will make them very sick

For bleeding at the Nose

Take Rude *Chimoniate* & *White wine* *Vinogar* mix
them together spread it upon a Cloth & lay upon
the temples, brize a little hyssope and putt into
the Rude Chimoniate & Vinogar & putt a little
up into the nostrills

A Remedy against the plague

Sake iiiij pintes of Malmsey; if you can get it; if not as much Muske Reding, boile theroin a handfull of sage a handfull of Rue; untill one pint be boiled away then straine it and sett it on fire againe; then put therole one pinniworth of long pepper a Quartor of an Ounce of Nutmoggs, and half an ounce of ginger all broken together, then lett it boile a little & add therunto iiiij pinniworth of Mistredale & ij pinniworth of Treacle and a Quarter of a pint of hott Angelica water

Sake of it if the bosome be tormented iiiij spoonfulls at a time morning & evening and sweat 3 or 4 hours; as ij strength of ij patient will endure and in ij time of ij swoaling let them drinck no red drinck but warme no foyet ale when in Mary gold floweris rawe been boiled; one spoon full at a time is sufficient. It is good against ij Plaged, feareours, swoalings; sickness ij small pox Measles and Surfetts —

A good plaster to break the sore & draw out ij Infaction —

Sake a red onyon and a Lilly root rostled together in a wolt paper in ij Embors then chop a littie shoopsuett, small and a handfull of Rue being shred fry them in a frying pan and mixe your onion and lilly roots being rostled with ij Rue in ij pan with 2 or 3 spoonfulls of blak soap or else with common soap; Apply this warme to ij plate grieved remouing of it, every 4 hours and see presently burne it and apply more This will draw out the Infaction of What nature soever

A Recete to make a ^{itt bee} Probat

a wound drinck

Byss of those herbs following earth
and handfull

Woodbottony	Ribwort	Grimony
wormwood	whitbottles	wild Angelica
Bugle	rambells	Cromfroy
Mugwort	Ladies roots	Mince
Comacle	Hony suckles	Scabious
plantain	Avin	
Dandelyon	Hawthorne buds	

Put to these a pottle of Wmo & a gallon
of cloare & running water, boyle all those
together untill half y^e Liquor be boyled away
then take y^e Liquor from the Herbs and
put it into a Basin, then straine the
Mystere of the Herbs and pour all into
a Pynott, and putt to it a quart of honey
and lett it boyle a pretty whilde then put
it into a glasse storse it hote till need
shall require; lell the party with shall
use it take 2 or 3 spoonfulls & drink
therof morning & Evening untill
he hath drunke a pint.

180 It is good for sores both now & old,
for wounds in y^e body laying upon
them a plaster of honey and wax, for
Womans breasts for untrifled bones causing
them to shake, for y^e Ache in y^e Stomach
and to break an Imposthume causing it
to lothe come outt; It hath drivon Bullets
out of a Soldiers Body that hath lyen long
thort, and healeth y^e place of y^e bullet.

~~Mr. & Mrs. T. B. Terrell~~ <sup>of the Yellow
a Stopped at</sup> ~~Mr. & Mrs.~~ ^{at} ~~Sader~~

Take Holy thistle and boyle it in Bifett oile
drink it a moneth together Proovat Mrs.
Kono.

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John Stanchy Peeling an
of a Bound or Cutt an

Putt first into the wound cutt green
byson & bruised & mingle it with a good
quantity of sallet oile: then take some
hotte dung hott from y^e horse & lay it
a good thicknes upon y^e wound or cutt
and it will stay y^e bleeding; if this will
not then take hogdung & that will stay it

a an The Lady Chapel
for stopping u
an of the pipes a

Sake Clo campano root beaten into
fine powder and mingle it with pure
English honey and give of party every
morning 3 or 4 pills of it. Dr Ridge

u u 1 Dofonsivo for any Wound u u
Beato Lythurgus & Sordes man ouente of
fine powder with an Ounte of oyle of Rose
and a little Vinoegar in a Morter whic
u u it comes to an Oyle u u u u 69

The water for a Wound an

Take a quart of Smith's water & put in
as much Cupporis as a Nutt & a pretty poore
of Almonds, let it boyle half away
and wash the wound therewith. Mr Dia-

Au Au Ripping Pulties

R^c of ffiggs $\frac{1}{2}$ iiii, with some white
Lilly roots, root of roots, bruisd of ffiggs
& mingle a little oyle of Roses with
them & soe make it into a Pulties

Take

For Ripping au of Blood au

Lett blood upon the black boone & the
basilia a little at onys & often, & digest
& malle making thin of blood & sharpe
ing it with the Sirups

R^c Sirup rosat of Oryg Rose Myrtus
Silvestris in shooes halld Rusks Angelique
Holme Cutthors broome & fano portulace
Metos on it and continuall for 7 dayes

The 8th day take of Meditine following

R^c Sirup Rosat of my roses Myrtus Silvestris
R^c burnt Rubarb $\frac{1}{2}$ iiii Diacatholic $\frac{1}{2}$ iiii
it & make a drinck of Common decoctione of
flowers & fruits, q, the matter digested and
emptied common excretione will easie yf
if yo^r Potion underwritten be given yf Patient
Yearly 7 dayes together he shall be healed

R^c Mulfoyle powderd $\frac{1}{2}$ iiii shooes Milk newely
milked $\frac{1}{2}$ cold Ammoniak pulverized $\frac{1}{2}$ iiii
thorn for one time & soe use it illius Probat

R^c Sklonis Profiri iiii succus plantag $\frac{1}{2}$ iiii
Aqua portulaco $\frac{1}{2}$ iiii mistre, give the patient
this dose 4 dayes together & he shall be healed

For the Liver to rectifie it from Obstructions au

Take a quantity of Bumitory that is
young & tender, wash it well in faire water
and swinge out of water as you doe it out
of a ballott; put the Bumitory into a Kettle
of faire water, and lett it bothe untill it be
tender, then take it out with a stramone
and suffer of water to draine from it with
out any proffing or forcement, when you

Soe yt itt is all reasonable wylde Draine
then putt into a cleane Marble mortar and
pound itt wylde therowm; Then straine itt very
hard through a Canvass & putt y^e straining
into a platter & putt therowt as much pondore
sugar as aforesaid Juiceth doth wylgh mixe
them wylgh together, & upon a Chafingdish of
coles lett them boyle very easly untill they
be brought into y^e forme of a thick Sincty
Then loor itt in a Gally pott or Gally glasse
for your use Take this bory often with a
Liquorish stick. Dr Anthony xxvii

An Ointment for Swelling either by stinging or otherwise in Man or Beast, or for a swells bagge in a Codd xxviii

Take Adders tongue gathered in the beginning
of May take Butter made in May unwarld
and unsalted & gumm itt a week in a pro-
fessing glasse then shred your Adders tongue
and storr in as much of itt as you com stirr
it wylde round onto or twisht or twisht a day
cover it clost & lott it stand in the gumm

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For a Fortnight together, then molde
and straine it, and reforwe it for your use

This Ointment is very good
for to drive y^e fire from
a burne and to heale it
cannot keare xxix

R^e the oyle of sweet Almonds new drann
and dropp a 2 or 3 drops into y^e Ear, & see storr
it clost with wolle. Probat Ms. Nonc.

A Drink to cure the Consumption
Tubercle, dead ralces, and most maled
Diseases of the Bosome xxx

Harts tongue	Angelica	Borage xxx
Grimonia	a little	
Liberworts	Monks rubor	Eyebright
Maiden hair	or if you can not gett thone	Watercress
Mugwort	Rodlock roots	Pimpernell
Nettlerwort	Sage	A little Harts Topys of Rosemary tongue
Nipps xxxi	Pony roall	not about 6 or Strawberry leaves
Bellony	Leaves Stabys	
Obs xxvii	Accord xiiii	Wormwood in e
Cards xiiii	Pantain iiii	Scabrie grass
Cattondiver	Cattondiver	Stoold of Ben
Liberworts		White-Saxofraga
		Rosmary iiii
		Polygadio iiii rootes of y ^e oak

Pick them all cleane; take the piths
out of the rootes and wash them very
cleane in Water, then boile them in 5 gallons
of cleare water untill one Gallon be con-
sumed then stroine it through an har-
bor and then putt the Liquor to the fine
gind and putt in thys dry drugges
Nutmeggs Cinnamon & Gingor Pepper
calamus, galengall Bayberries on 3 & 3
niggoes glycorie and 3 or 4 french barley
cockspur w^e Raisons of the sunne & stoned
damase prunes on t. f. 3. glaso thyme
your Nutmeggs Cinnamon, gingor Calamus
Galingall and Glycorie. Boate or bruise
the pepper Bayberries and Amisrootes ^{by} gly-
cere then boile againe all thys drugges in yo
said Liquoris untill one third part be
boiled away, then stroine it and putt
it in an earthen pipkin fitting for the
Quantity and soe sett it to the fire againe
and then putt in Rubarbe and agavie an 3
grosse w^e if let it boile softly 3 or 4 warres
then take it from the fire and let it stand
to Roape in that pipkin and let the Rubarbe
sone, and Agarie, remaine theron and
for your drinck is fully made M. M. 1711

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In stead of making it this way for the
manner of a purge you must boile the
herbes as you doth hope: for Root and
when they are coold againe putt in 2
spices, and putt them altogether in a
bagged and let it hang in a Coffoll of
Root with a weight in it and after
10 or 12 dayes stooing in the Root drink
of it a good draught in the Morning
You must straine your herbes and let
them be cold ere you putt in your spices

nor the shaking of all
the Lands or Heav^ts^r all

Take 9 pure pure blew flowers of
Lavender Cynamon Nutmeggs & Cloves
and make them into powder & mix them
take a quantity therof every morning
in the distilled water of Lavender it
putts away the passions of the heart &
giddiness of the head, & shaking of the
Nombres. A conserue of the flowers work
works & same effect

Paling sickness to cure

uuuu

Take the secoundine of a Woman if is
healthfull & of a good complexion of
her first child; if it bee a Boy for a
woman; but if the patient be a Man;
then of a female child, wash the same
in Peony water, after drye it in Sun
and make powder therof the dose is
a dram in black Cherry water fasting
of it for thirty dayes together

Approved

uuuu Understand; or Vitall spiritts
are to strengthen uuuu

Rx a spoonfull of the powder of the herb
Parris, or of the Berries therof att once
drunk fasting for one & twenty dayes
together. Those Mirobalanes which are
called Embellici; purge corrupt flegme
out of y head & strengthen the Vitall

Vomitting of blood spiritts
to stay

Rx of the seeds; The juice of Sage drunke
with Honey dayes & incontinently uuuu

Vine witt w. to cole auuu

Rx of the seeds of Cucumber, Citrons, Grapes
Molons Mallors, Purpland and white poppy
of each a dram of y flowers of Cammocke
Red harron & of violets. Red armonback spodium
Gum Nutick, & Hundragance, of each 6 drams
Sugar the weight of all the rest, make them
all into fine powder, and take therof of Imposset
Creme

uuuu for a Consumption uuuu

Take the leaves or flowers of Rosemary
flowers of Borage, Buleus Marigolds & red roses
the leaves of red sea violet; Cinqufoyle Lungs
wort Ligerwort, Marigold, water cresses Scurvy
graft, Riwort, red comfrey, and red nettie
toyes of each one handful; The roots & seeds
of Hempe, and of Poons; of each one ounce;
calves foot blanched one pair; an old red Cork
prepared, with his stomes & foot, the Knockes of
y Legg, and a cragg end of a neck of Mutton;
A bark of bones of the flesh; wash, boone, dry, and
bruise the herble; and beat the seeds, boile them all
in 5 gallons of running water unto y halfe, then
add unto the strained Liquor therof, boone sugar
candy in powder, one pound; large Macs, white
pepper, graines of paradise, all finely beaten of yis

Each a Quarter of an ounce, boyle them a pretty
white together, then reservit in some cleane
vessell, And 1 ℥ of patient take therof warme
a Quarter of a pint att once in 2 hours; The
sick shall need no other sustenance, And in
short space by the blessing of God the party
shall recover strength Approved. uuu

Melling to Asswage

Take honeste Young new made; and unsalted
Swines grease of each like weight, mix them
well then putt them into a new Pipkin &
boyle them together att a gentle fire with
constant stirring till it becomes like peape
this being applied hot, asswageth any stroking
though it bee Hydropticall or Ecchymatical
It likewise asswageth paine even unto
admiration. It likewise curseth any bruise
or full as also straines of the joints, as:
Groagoghs paines of the Gout; Strains of the joints
running Goules; herowith one Mr Brone
was cured of a Tumour in Scroto, being drawn
to the bignesse of a Childs head & discolorred
almost as black as pitch. Most approoved.
A certaine Maide whose Legg was swolen as bigg
as her middle was cured with of aforesaid remedy
as also one Mathew Gubb was cured of a grotuit

Groeling in his hand as also of the boote
in his great Pot with many others as was
witnessed by Mr Dr Bonham. uuu

Groolls of Small Pocks uuu to take away uuu

Take 6 ounces of bitter Almonds blanch
and stamp them small, then putt them into
a good pint of Creame, ring therinto the
juynce of a good Lemon, boyle them gently to
an oyle substance; reservit the same and
amoynt the face and hands. uuuuu

Angs Suffocated uu to Relie uuu

Take 2 handfuls of horhound, one of hyssope
one ounce of sliced Licorice 14 figges cutt in pieces
20 Raisons of the sunne stoned, boyle these in a
Gallon of stale Ale unto of halfe, then straine it
without pressing, add unto of strained Licour one
pound waight of purified honoy, boyle them together
a little then reservit it, and let of patient drinke
thereof first & last. Good uuuuu

A Drinck for Paruu the Scurvye

Take one handfull of Brooklime and 3 handfulls of water cresshes boyled in a quart of white wine or Boor, lett it stand all night upon f Embres to infuse, and then straine it, and put in a raco or two of Gingor, then drinke of it 3 tinges a day in the morning at four of the clock in the Afternoone, and att Bed time. Probat

To fasten the teeth

Take some of y Liqueur of Capons & use to wash y^e mouth and hummes therowthre and it will fasten them.

For a cold if Gleum

an operess

Take a little English honoy & clarifie it then put into it a littel quantity of fresh butter and boyle them together, make thome together up into pills & take them.

For a sore Throat

Take five leavys grass a good quantity and boyle it in running water, from a quart to a pint, and Hargle with it 3 or 4 tinges a day warms

For coldnes of y Throat

Take Lavender, Bayleaves, Rosemary, Sroot Marjoram, Commonmilk, Ispopo, dry them also & boale them to powder then take 4 Nuttmeggs, a littel handfull of Bay salt dry them also & boale them and put them all together betwix a limoncloath & with a littel wools warms it hott and soe lay it to y head

For noysse in the Eare

Take 8 juycs of Garlick, or Onyon, a littel Coothytoaco, boyle them in a littel English saffron straine it gently & drop a littel into the Eares warm & stop them with fine cleane black wools doe this on Night.

For the Sallet

Take an Ounce of Rendugrass, of Soote
an handfull, of baysalt one handfull, bruise
them all together, and put them in a quart
of your owne water, and let it stand 3 day
to stoope, then wash the soote twice a day.

For to make Syrrup of Rubarb

Take of Rubarb an Ounce, and a quartar,
of Soony half a handfull, Cynamon 2 draps
or 40 grains, Gingor fifteen grains, Bottomy
water 2 draps & Bugloss water of each them
 $\frac{1}{2}$ p, stoope all together in a close thing all
night, in the morning syre them an white
together, then straine out of Liquor, into whi
put somo $\frac{1}{2}$ p of fine sugar, and boyle it
together to the hight of a Sirrups to which
add of Sirrup of infusions of Roses 4 p
Virtue: This doth Cury effectually; familiarly wth
musk Socurity purgo Chidren; and delicate
Diseas of Color & melancholy

For the Wmd

Take Ginger sliced & of Liquorice scrape
and cutt into small pieces, of each m $\frac{1}{2}$ p &
a halfe white-sugar candy an p, & then
Emilia Campana roots an Ounce, make
them into fine powder & drinke of those
in white wine in the morning fastinge.

For the Spleen

Take the leaves of Camarish, or the young crops
2 handfulls; stamp them in a morter or adish
with a corning pen; put thereto of white wine
a pint & a halfe let it stand close cooerd
all night, next day boile it a litle in a close
pikin, then when it is almost cold straine off
Take of the leaves of Camarish or crops as before
and stamp them againe and stoope them all night
thereto of white wine & Gingar half a pint when
it hath boyled a while take it from the fire
let it stand till it be almost cold then straine
it; and put to it Wine & Vinegar of fine sugar
one pound, boile it to of thickness of a sirrups
and reservet it for your use.

Take 2 spoonfulls att once of the
Syrup dissolved in a littel Malmsey
or Musk Wine, first in the morning
twice a Week.

uuuuuu

A Sirrups for y^e uuu
uu Spoon uuu

R^p. Ergomony Scabios, Camitory, Horeth
Tamarisk; the tops of hose, madden haires
Borage Bugloss of each half an handfull;
boyle these in a Quart of running water to
a pint then straine it, & putt thereto a pinte
of pure sugar, & boyle it whilc any scum
arise. Drink hereof beaten spoonfulls, in
warmed morning & Evening. Probat in

uu Por the Spleen uuu

R^p. Polypody one ounce Spleenwort hart
tongue borage Bugloss & violet flowers
of each one ounce, the pith taken out: Bona
two ounces Ivory two ounces Glycoris four ounces
Amisoods four ounces & divide this stuff into 2
or 3 limon baggs, and when you haue brewe
4 gallons of good Ale wort and lunde it up

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Into a convenient vessell then tyo y^e baggs
at y^e bung hole y^e they may hang within
an inch of y^e bottom hanging little pieces
of Iron or gaddes of Steele with them to make
them sink downe, drinck of this Ale with
a leſt, Nutmegge & Sugar halfe a pint
in y^e morning fasting, & att 3 in the
afternoone, & use it every day as long
as it lasteth. Dr Sam: A: uu

Por the Ricketts

Take Raisons of the same & Carrons
well washed & eacked an handfull
Agerimony, Licorworts, & Bellony, of each
an handfull, or nine or tenne Leaves of
Herts tongue, a stick of Licorish scrapes,
and gliced into thimed slices one spoonfull
of Amisoods grossly bruised boyle theyd
in a pottle of clarified Beer, or Ale
untill haſt be roasted, then runne y^e liquor
through a cloath, & reservy it for your use
Let y^e child drink thereof 8 or 10 spoonfulls
privately at a time, thrice in a day; in y^e morning fasting
at 4 in y^e afternoon, and at going to bed, and
when it is spent, make more, & continuall
for 2 or 3 monethes. uuuuuuuuuu

For y Ricketts an

Take Lavender, Hysope, Rosemary, penny royal, of each alike quantity fetherfew and Camomiles, bruise them & boyle them in a sufficient quantity of fresh Butter, strain them out hard & make thereof an Ointment wherewith amoynt his wrists; Anointment, if they be swelled every morning, and at night and if you amoynt y right side; under y short ribs, wherewith it is broyled; it will doe very well. You must giue it no milk, custards nor Cheescakes.

For y Ricketts an

Take a handfull of Rosemary, a handfull of bay leaves; and handfull of Camomiles an handfull of Sowden Hysope, as much of Sowden time: all these must bee sliced and altogether beaten in a Morter, boyle them altogether in a pound of Sowden May butter one hour: then strain them out: with this amoynt the Child his sides, and knots done to y foot every morning & noonning about y space of a Quarter of an hour; This Ointment is to be made in May. — You must also take a root called *forferne*, it hath a cloot like a Galink. You must first take two cloots of them; bruise them

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And put them into halfe a pinte of Milk and boyle it untill it comes to a quartar of a pinte Then drink it evry morning fasting, and halfe an houre after, when you haue eate it a prett white then make some more in this manner with y blaue beaten: And when he will take it not longer in milk, you must bake, you must bake in an Oven, beat it to powder, & giue it in boone; This for a Childe y hath y Ricketts.

A Sirupe for an y Ricketts an

Take a Quart of Running Water, one ounce of Madder haire, an ounce of Sage of Jerusalem an ounce of Cetefoot, half an ounce of Liverworts gladdes; half an ounce of Amigodes bruised; one ounce of y gladdes root forferne, an handfull of Liverwort wort pickl; twenty figgs gladdes, bee these all well together to y halfe; then strain them put to them a pound of fine sugar 2 drams of prepared Sparte; 3 leaces of Gold; stirr these well together; and giue the Child a spoonfull in y morning first; and a spoonfull last att night.

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Mrs Cox's Pueraria

Sor to mucr

Take as much of Conserves of Red roses as a Wallnutt and mingle witht as much Soolarmomath as will ly upon a groat, and as much powder of Redcorall as will ly upon 3 and take of Quantity morning and night, for they whose stomarks will not bear of these powders in the Conservs, they may take of same quantity of powder; in 2 spoonfulls of plantain water and one spoonfull of mint water stilled in an ordinary still

Another for an
y. AM

Take sorrabonna as much as will ly upon 6 in an ounce of Conservs of red roses, take it halfe att night going to bed, & rest in of monomgo

A very good Medicine to strengthen those that are in the same Condition

An approved
Remedy for Ricketts

Take of Liveres of young Roos dry them in an oven, beat them to powder, & giue horoof unto 9 pills in 2 or 3 spoonfulls of beer see much of ye powder as will ly upon a groat: this doe morning; and afternoon about an houre before meal and within a short time ye party affected will find easse and cure.

an other for Ricketts an

℞ Amny seeds two Ounces = m m
w w Cinnamon half an Ounce = m m
w w 2 ounces of White sugar candy = m m
w w 2 poneyworth of Gaundors = m m
w w 1 pound of 4 Raisons & 8 Gumm = m m
w w Liverwort one handfull == m m
w w of Spore Mints one handfull == m m
w w Brown & Sage half a handfull == m m
w w of Hysope half handfull == m m
w w Of Orgon an handfull == m m
m m m m m m m m

Boyle these in a Gallon of Wort, and put it in when you shoule put in your Hops, and lett it boyle as long, as your Hops doo use to boile or putt in a Gallon of Strong Ale, & lett it boyle until it come to a potte, & give of this a small Quantite, both in the morning & night; and make an Oyntment of all these Herbes, in boylinge them in May butter or otherwize fresh butter, amoynting the Herbes twise a day by ye fire, all over the Blanck and Body.

Private Mrs Mede

Not to Much

Sake a Gallon of New milk, and put it the cragg end of two worts of Mutton, cutt of all ye fat, and let; and let them; 2 or 3; then scumm them cleane; and putt in an Juniper and halfe of Cinnamon finely powdered, & let it boile half away; and take of it a draught morning and night when you goe to bed.

Another for the same

Pare a Quart of Chee and boile it as you doe for Ale Ale, then take haffett Nuts and blanck them as doe Almonds, then seale them with some of ye Ale & thiken ye Ale with it as thick as you

Would make it with one Egg, and drinke a good draught of it in the morning & in ye ¹⁶³ Afternoon uuuuu

A Medicine for the Pain Tooth Ach uuuuu

Cos: 2d:

One Clove of Garlick beaten small, haef a spoonfull of water putt to it in the boylinge then straine, and not rymg it haue, and warme halfe a spoonfull, somethynge more than Milk warme; then lye on the Achy side and putt; 4 or 5; drope into ye contray side & Ear, then stopp ye Ear with blacke wool, and soe lye halfe an houre, then hold hard your Ear, 300 yds if any water bin it, may come out of it, then dry it and stopp it with fresh Butter blacke Wool.

To take away of Itch uuuuu

Sake a pommeowth of Gallett Oyle; a halfe pommeowth of the flower of Brimstone, and a halfe pommeowth of Ginger; and beat them 300 yds together; till they come to an Oyle, then amoint ^{to} plate, all over at night by a warme fire, when you doe this putt on a cleane shift, & shift you not a fortnight after, it will cure if you anoint only the joints it will soote

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For the Colick

Take Adorne Radis, dry them in the Sunne then boate them into powder take almost a spoonfull of it in White wine

For the Spleen

Take the seeds of Ash Keyes drye them before ye fire, and then boate them to ^{cor} putt a spoonfull of y^e powder into a draught of white wine, and drinke it just before you goe to bed, doe as much in y^e morning before you rise two hours. Probat. The

Lady Aborganony

For to Mack

Boyle knott grass & Sphondys pursed in fletton milk then with y^e Milk make Rice pottage doat it; if in Extremity may spend it on a poure of New Lecheram and bind it on the Navill.

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An approved Medicine for one that cannot make y^e water but in great paine

Spread upon sheeps leather black soap and straw upon it the powder of Saffron and lay it to the Navill and it will speedily helpe

For a Pester

risome in the place

Take poach leaves stamp & straine them with the Juce & anoint the boller and heale it. Wounds

A medicine for the Stiche and windie stomacks

Take young Mints and putt them in a Dish and sett them in an Oven and dryng it to powder, keepe it closes in a box, till it be used when you haue cause to use it; putt a spoonfull in your Broth or Eggs

For a Rupture

Take Bennett, crows foot, knott grasse powder of an old Oak take 3 parts of these herbs either in beer or treacle a spoonfull att once for a weak either morning or evening, the Rupture must be up when you give it, you must roar a truss for to keep it upp.

For the pallet of the Mouth

Take Mastick, Honey, red hot flower and Rock Almonds beaten to powder, mingle them well together then take some of it on a knife point and lay it on your tongue and let it dissolve; doe this often. In case you cannot take of honey, make 2 baggs of 3 ounces of 3 Palms of your hand & putt into them on handfull of Cummington & good Nutmeggs these things must be first beaten with in a powder dish, over Coales and putt into a linnen bagg, when they are as warmed as you can endure them then lay one of them to 3 moulds of your hand, and 3 other w^e 3 Napes of your neck as often as they cool heale them againe and apply them as before

¹⁶⁷ **For Lady Brooks perfect Medicin**
for of Yellow or Black Jaundies eyec-
ick in the Stomach and for the Aiges gout-
ing + spoonfulls therof with as much
Metherdate as a Nutmeggs, before the fit
growing after it,

Take a pot of Snails in their shells
wash them in a great double of Boar
Horn make of Hoards very cleane and pour
upon it half a bushel of Charcoales and set
them on fire and when they are kindled then
with a shooell make a greater hole in the
midst of them before you put them in of
fire draine, & drink from of Dodmon, then
pour of Snails shells and all and scatter
of 3 live coales amongst them, and soe let
them roaste set long as you haue them make
my noise then take them out and with a knife
and a course boath pick and wip them from
all their green frosty very cleane, then bruise
them in a stone Mortar, and beat them to poore
shells and all, Take also a Quart of Earth with
Jitt and stour them with salt very well twise
over, then wash them and put them in a stone
mortar, and beat them well, then you must
make of pott very cleane, upon with you a set
of Limber, or Steel and take 2 handfulls of
Angolilia and lay it on the bottome of y^e 32

And 2 handfulls of Salendine, lay upon
y^e yul in 2 Quarts of Rosemary flowers
al of Leas; alsoe bearsfoole agrimony, Red
Dore roots, the bark of Barbary tree and
Wood sorrell, and Betony, of each 2 hand-
fulls and half a handfull Red fernie =
yrotk Turnersark of each anounce well
beaten then lay y^e Snails and worms upon
y^e toppe of all these herbes poure in 5 gallons
of your strongest Ale; then boyle y^e pott &
let it stand all night in y^e platt where
you meane to put your fire under it
and in y^e morning you must put in 2ounces
of Cloves beaten to powder, and 3 of Caffion
beaten to powder y^e weight of 2 = 6 and of
very good harts horn grated or filed to
powder before it be weighed the weight of
8 ounces you must not stir it after you have
put in y^e harts horn for fear it should
sink down to the bottom & then set it upon y^e
Limbek and stopt it fast down with a peote
of Red dough and soe receive your water
in pintes as you doe any other water you may
receive 6 partes or some what more y^e first
is y^e strongest and must be kept by it selfe
and see by degrees; for the small may be made
better by some of y^e strongest when it is used
for y^e Jaundie you must take 2 spoonfulls
of this in a glasse of ordinary beere

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An hour befor eath meale for few dayes
together and afterwards eggs and meat
fedome once a day or once in 2 or 3 dayes
as you find your self. A U U U U

For a Soote Breast

Take Creame, grates, bread, & y^e yrope boares
boile it to a Brulles, when its boiled put in it
a peote of Deer Buttell, then spread it upon
Coath and lay it to the Soare broast; if it
will break it; will break it and heal it; if it
not it will take away the Swelling. Probat:

Mrs Hone

For a Breast wherim the Milk is wharles & knotted

Take Linseed y^e old aqua vita, and warme itt
bath y^e breast with itt, and breake y^e wharles
easly with your finger morning and evening
then take a little Bee^s wax and strape it thin
and a little Honey, and aqua vita & melt them
well together; then put in some linseed y^e old;
then take a new peote lorkam and putt a hole
for y^e Nippel & dipp y^e lorkam in itt, & spread it
and stroe a little gross; & soe apply itt warm
to y^e broast. Probat Mrs Hone A U U U

770 A Puyt for a sore
Throake xxviii

Take of powder of Almond groecum and
boile it in shoope suitt to a salve & syrue
it upon a perte of Coath & apply it warm
to the Throat: *Broats* *The Day*
Mado

Mr Gascoynes xxii
xx. Powder xxvii

Take of ~~gall~~ ~~galls~~ of pearl
powder xxii Rags of pearl xx
Redd Currall xxii
This is good to preserve
youth & health, good =
against all feareful tunc
sumptuous paines in g=
head, Eyes, Stomach &c
xxviii White Smeer xxii

Of each alike: Take as much of the black
tipps of Rabbs flauers made into powder for it
is a spesiall & primitiwall agent; make it upp
in oalls with jolley made of hairs forme white
you infuse some saffron; and when they are
fully drotted use itt xxviii xxii

177. To distill a most Excellent Water ^{177.}
Flerry water which is very cordiall and
soothing against Melancholy xxii

First take 4 pounds of Cherries 4 pintes
of Claret wine 2 ounces of Cynamor 2 Nutt-
moggys, a handfull of Baine, steep all these
together in an Earthen pott all night, and
next day putt them into an Ordinary still and
boile distill them, then put into your glasses of water
to every quart of Water, a Quarter of a pound of white
Sugar candy and a little musk & Ambergrise boone
in a fine limon Ragg & hang itt with a thread about
your glass neare in your water, & afterwards gumm itt
well as you doo your other distilled Waters. xxii

Mr. Mervyns Panum
powder for 9 stones xxii

Rx of Ammonds one Junto &
of peynlog & good 2. ounces &
of Rawstones, one Junto xxii
of 3000 Stones 2. ounces xxii
of 9 leaves misel to that xxii
Grooth on a white thorne, one Junto &
of 9 Head Barafago one Junto xxii
of 8 stones one Junto xxii
of Licorice one Junto xxii

172 Lett all these be well dryed, & beaten to fine powder
boareed, soe often till all the Dross will lyg upon one
shilling, then make a poftott of a pint, & boyle it in
a wall op or 2. as much of the powder as will lyg
upon a fpoonfull, if you be in your easling fitt,
divide your poftott into 2 parts, add to each part
halfe an Ounce of Syrups of Bals & Nutt

= a Probate Dr. Gno

Br. *Dolichoides Junii*, Ctorach; otherwise called Zylanwort; hartstongue; Borago; Bugloss; a violatt flower of each an Junii; W.M.W.

For to Rule all
Nipple: all

Not ^{to} little after delivery

Boyle a good many Marigold flowers in
soffet the made with white wine and oil

W W W W W W W W

A boorigne Oyntmont for an Ulke
wrinch Crues or swollinge
take a poik of Brooms floweris and somethyn
borre take halfe a poik of Bramble leaves & run

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Upon y^e ground 2 handfuls of Rosemary y^e 5.
8 pound of fresh butter mince your herbs &
clarifie your Butter then putt your herbs into
your butter & boyle them together till you think
y^e strength of y^e herbs be boyled into it, when
you have done take them off y^e fire and cover it
close & let it stand 3 dayes & 3 nightes, then move
it & strain it through a pairre of courche-
combys as hard as you can when you have done
that sett it upon y^e fire and melt it ther
till signs of an Eggys of wax; & an ouante of mase
boaleon let it boyle till you cannot see any
of your Juices of the herbs and in some oil
put in a quartar of a pint of Aqua Vitae for it
is good for old Aches, I put into a pott & keep it
for your use, put your Aches, I putt into a pott
and keep it for your use, put your Aqua Vitae
only into that wch is for old Aches. Broothe

or a child troubled with Griping of Bmda

174
*A Preparation for y^e
Lungs and to strengthen
y^e Vicc*

Take half a pint of pure Rose water
stilled with Saffron, half a pint of Clefoot
water, a quarter of a pint of Horehound water distilled
with for Lungs, and a quartor of a pint of water
of Endive, Mayden Hare, & Hare's Tongue distilled
together, then haue ready 2 or 3 pinnies of English
Lyonite Brayed, sliced & bruised, put thereto
half a spoonfull of Amisgoods first made yers
& blaw fegges and twentie or thirtie raisons of y^e
Gumm Stoney & cut in little pieces put thereto into
the waters & let them boyle till they come to a
third part, then haue ready some Sugarcandy &
some Conserves of Barrage & 2 or 3 spoonfulls of
y^e sirupe of Viollets made in March very cleane
Let these be putt in & lett them boyle a good
while, then lett it run through a fine cloth
putt it in Glasses and use it at any time
as occasion shall serue 12 or 13 times together 2 or
3 spoonfulls at a time upon an empty stomack

*For a weaknes in the
Backe*

*Rx of Corall one ounce finely beaten and
scorched of Amber & like of Mastic a Quarter*

Of an Ounce of Nutmegs one Ounce, of Anise
Cayenne 2 ounces of Cinnamon a Quartor of an Ounce
of White Saundors one Ounce of red Saundors a
Quartor of an Ounce, of great Maro a Quarter of
an Ounce beaten all these to fine powder, then
take as much Boned Corsetines, Refractor sugar
as will make it together like past, & you make
hereof little spollots, & of these next your heart
fasting & when you go to bed at night, for 3rd
or 5 dayes together.

Aliter

Take 3 pinnies of 2 or 3 Backs of Boale, stamp
them with 30 or 40 Almonds blanch'd & broken
they are beaten very small sett it on y^e fire
with 3 spoonfulls of plantaine water, and as much
red Rose water, half a great Nutmeg sliced
and as much double refined sugar or mannes
Christi; as will sweeten it, and eat y^e quantity
of a Nutmogg morning and Evening

Aliter

*Rx one handfull of Knollys, one handfull
of Ribwort otherwise called long plantaine y^e
Brisket of a Breast of Mutton 2 Quarts of red cows
milk, boyle the herbes and Mutton in y^e Milk
and let it stand till it be cold, and take of y^e pt
drink of it in y^e morning fasting a pottenger full
and eat noothing in 2 hours after, and as much*

15⁶ At night when you go to bed drink it
9 or 10 days together Probat Mrs. Bunc.

Porto Muckannu

Conserve of Ripe as much as a Nutmeg
put into half a dozen spoonfulls of Red
wine burnt with Cynamon and Sugar.

Prob. Mrs. Anne

I most excellent plasterer am
Sir of Worms

Take some Rosemary, & stamp it in the
juice thereof, & dip 3 points of Leather in it
juice and then take blossoms finely beaten then
strew it on the Leather, then make 4 plasters
and put one to the Navel, another to the Stomach
and the other to the paps. Probat Mrs Raye

An approos Medicos au
Soy y Nombré au u

Take a good handfull of peach leaves and
as much of Savon, shred them small and boyle
them very well in a Quarter of a pound of frog
Butter strain it & keep it; the party must be

Amoynted round about y^e Mouth or the
stomach & god downe the Navell & all

uuu Aliter uuu

You shall take 3 Guttys of a Bals, and Dipp some
Wool in it, and lay it upon a Navole & let it
make 3 Wormes, to come out of a Rady.

To abridge the spelling
of Womens Pupp's &c

The Black Mint stamps it and strains
it with Swine's grease & lay it to dry pappy; & it
will asswage the paine.

A Medicine for y^e Pleasur

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Salter

X the Yolk of an Egg that is well beaten,
or roaster; & mixe itt with oyle of Biscotts, or
Roses, & lay itt upon the Emayrodes, in the man-
ner of a plaister; and lett itt lyd a whote night.

To make a Syrope for a
one that is short winded.

Boil an handful of Kystow, one handful of
Borehound, boeth them in a Quart of running
water to a Pint, straine it through a faire
Cooth and putt in Sugar to make it pleasant,
use this Evening & Morning, with a Florish Slick
3 spoonfulls att a time.

For one ♀ is in a Consumption
of Nature

199

A Restorative Water in Weakness

R 3 pints of new Milk, one pint of good red
wine 24 yolks of lousy Eggs; beat of yolks
with of Milk and of wine, then put as much
fine Manhattan as shall suck up of Milk and
wine. Put the same in a Skilletary & still it
with a soaking fire; & take a spoonfull of water
in your porridge or drink; this will recover a Consumption

xxii J.B Green Pyntmont xii

Rsage, rose, of each a pound, wormwood, bay
leaves, of each of them halfe a pound Marillot
herbes or flowers, of Camomile, of the flowers
of spike, of Rosemary, of Redrogs leaves, of
St Johns Wort, of Dill, of each of these a good
handfulls, of Marsh mallows two handfulls; All
these herbes chopp as small as may be, & weigh
them, what they weigh, put thereto 9 like weight
of Sheeps suitt, chopp it as small as may be; mixte
your herbes and itt together, and stompe itt in a morter
to one substance, that thereto be not suitt soon, cut
all Croon. Butt itt in some faire pott, or pan, put
thereto sweet oyle Olive, as sweet as may be, a poche
and a pint. Those work all together in a pan with your
hands to a substance, and cover itt close with ^{xxviii} Eas.

Or past, about of Eggs, if not dire come in or out. Lett stand for 7 dayes; the 7 dayes endes under it, and take it forth, & put in a pound set it on a soft, smotth fire, always stirring it till the boaste begin to waxe parbly, and then straine it into some faire ponne, and haue in readynes these Oyle following; Oyle of Rose; of Camomile, of white Lilles; of Spiken; of Violets; of each of these one Ounce, stirr them together; and reservor them in a Glass for your use.

The Infirmities that this Oyntment is good for; for stittles; for bruises; for Strains; for the Paloy for shrinking of sinewes; for leamoness; for the pleurisy; for the Cough; the Scales of the feet being angoynted. for extreame paine in the head; making a Cupp for the Coronet, of Linnon cloath; and lay in it & Wool of a quirk sheep; pluck from the flanks & Eies; for it out of fyllings & pick ou all the Motes, and card it; then straine it with this Oyntment aforesaid, and soe caste it, and lay it somewhat warme to your head; It is good for of Coliks and for of Splen; and for of Colis Grecy: if you will haue more pleasant of fent and more nourishing, add thowls of Gummes of Ledanum one ouncte, and half bruised fine to powder, and of the Gumm called Storax Comite 3 quarlers of an Ounce bought fine to powder; mingled this with the other Staff, and straine it and soe reservor it for your use.

For Mouth Pain in Biter answ

Recipe Strawberry leaves, violett leaves, collonines leaves, Bedding leaves, fife leaves Gras, & a little red sage, and one sprigge of Rose; then boyle them in faire water, then putt in a little Almon & Honey, and let it boyle a wambe or two, and soe wash of mouth & if very soare, doo it with a Cloath uppon a Stirk. If these haue bee severall and proportionable & distill them & take some of the water & dissolve in it a little Almon some mol Rerum some Syrrups of Mullberries, & is most excellent for the mouth or throat.

To make a most Excellent Scar cloath good for any wounding

Recipe halfe a pinte of Ballet Oyle 3' a pinniworth of 2' of red lead & mingle them woth together before you set them on fire, then let them boyle together till it be boyled soe muche that a cloath dipped wth will be after 2 hours shime, and be stiffe; a pinte of Doens Butt; of quantity of a Wallnutt floated & dippe in it, & lay them upon a smooth board or table & spread them with a briste & soe roote it very close in rooles, & keep it for your use;

A & P. of ill man

It will heale my catt, any broken shinn or my green wound it will take away any swelling; it will take of fire out of a burning and heale it; it will take out of Ague out of Roman, fresh, or any other place; it will heale a creast if is broken; it will heale Ripples, you make tonyf of it; it is good for any Aile. when you lay on of soare fletch, you must lay on a cloath on the outside for evry playster may be turned, lay it on as hott as you can indure; for the Aile, the playster must ly on till it dropp off, for swellings out in 4 hours shift it for any other things twise day

To take away an Ague

Rim ouinto of Nuttneggs boyle them in a pint of Muskedine till ill come to an Oynment; thoro with anoynt of belly, the Nuttneggs must be grates before you put into of this

For a White Scab

Take quick silver Boarsgrease burnt Almons Brimstone & green glass make it into fine powder and incorporate the so altogether and anoynt the sore therewith very often

Aleter ann

R. Peggysgrease halfe a pound of Sandivore one ounce halfe an ounce of Quicke Silver killed with fasslings spiller; mixe them well together and anoynt the place therewith; and to heale it afterward take an ounce of Turpentine, & the yolkes of Egges boiled hard, stell them in a pott over the fire, till they come to an Oyle, then straine it through a cloath; and goo anoynt the stale with a Soather.

For the chincough

R. Muskendine and May butter, and Roat it togother, & bath the Stomack & keep it warme with double red Coathles.

Aleter ann

R. 2 Quarts of strong Boord, and putt into it 2 handfulls of Bay salt, & 2 good handfulls of hay cul for Midsummer, boyle this well together, and let the gr. sett the soles of his feet in it as hott as hee can Indure it

Of Colde or Chylurie

Rx. Elecampane rootes; boyle it into powder and mingle it in the purer English honey, & giue the partie twoe morning 2 or 3 pills
Prob. Dr. of it an

To stanch the Bleeding w^t of a Wound

Rx. put first into the wound or cutt droone soppie cruised & mingled with a good quantity of Sallitt Oyle; then take some horse doonge; and apply it hot from Horses lay it thick upon it, and it will stay the bleeding but if it shoulde faille apply dogges doonge & it will not faille. Prob. Dr.

For the Purples

Ra pottle wort & purple silk; & turmarake and couchamall; and a graine of Saffron & 2 graine of harts hornes boyle them in posset drinke & let the partie take thereroop blood warms

A restoration valor for a deep Consumption

Ra pottle of Rosehill of a red cor, but all of a perfect colour, putt into it Gringo rootes on Quanty of Sparragras half a handfull pitche very cleane, 2 or 3 comfrey rootes, 3 sithes taken out a hole sitron sliced; some pinte Apples Cornelis; halfe an ounce of Cynamon sticks broken in pieces, a pound of blwe Currannes, a good handfull of Rosemary flowers, as much Corrysses flowers, lett these infuse in the milke all night, then in the morning, putt it in your still and putt in a flashe odd corkes hausing over night made it cleane from s Garbage, and bruise it with bofie you putt it in, & soe distill altogether on a soft fire, if it be to much dividde, it accordyng as your still will containe, & reservre it in Glasses.

You must take it very often in the day, if Consumption caus drought take a little Juict of Lemon with it, & sweeten it with white sugar condie, if illnes at the Stomack a spoonfull of spearmint water, if the partie be so Laxatiue, sweeten it with sugar of Reves, if he Estiue putt in Camabrope water & sugar. Prob. Dr Simon

W.W.W. Baskerfield

A great Cordiall against Poysone

Rx. Ante dictum Matherie in aqua Anglicata
W.W.W. and Cardis W.W.W.

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An excellent Julep for feavers
and for Wormes in Chidren; for
Livergrow, and rising of Lightnes
and for the Rethes

Ran Ouncie of good Camarmes; 9 pints
of Conduitt water; set it on the fire & put
to it a Quart of white wine; sum it till it
boiles to boyle, & sum it; then straine it
then dissolve in it half a pound of white
sugar; & then pass it through your Strainer
again, and soe reserve it for your use
drink of it as much, and as often as you will

For a soot throat caused
by a congoaled humoure which
will lye & barne in the throat

Take Rosemary toppe, & Rose toppe a
pretty Quantite & a good manie red roses
and some Raisons of the Somme; Stones & a
figg or 2 sliced; and some Liverish sliced,
boyle these in a poche of running water to
a Quart, then straine it & put it in a spoon-
full or 2 of mol rosarium, or Syropo of mogen
& gargole the throat ^{with} well washeth you may
swallow 2 or 3 spoonfulls downe you may use
it for a constant gargarismes it will preseve
your throat from being boare. **P**robab **xii**

Alter **xii**

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Re red roswater plantaine water, and
Ebor flowers water of each of them a like
Quantite, soe thereto in all halfe a pint
and dissolve therin as much Bonica soap
as a good hazell nutt & keep it for your
use, when you use it, take 3 or 4 spoonfulls
of it & mixe it with Syropo of Violets &
honey, of each a little, and soe gargole &
mouth with it warme **P**robat

For a Canker either in Mouthau
or else where in Man or beestau

Refine barley & boyle it, till it be very
eweare setting, then take 5 pints of the clearest
of it, and boyle in it red rose leaves, fine leau
grass & plantaines, of each an handfull let them
boyle to a Quart, then straine it; then putt to it
Syropo of Mulberry; Syropo of Dried Rose; of
satin an handfull haile an ounce, rose binegar 2
spoonfulls; boyle op' vitrioll sixe dropps; ^{lyme} percoiu
or on the Almonds of the Eares, you may boyle in
water a little red sage rosemary toppe, & Sabious &
ond a little burnt Almons.

Another Rx
the Throat

R. a quantity of roach Almonds halfe burnt, &
and the shalfe halfe unburnt, putt to itt a fitt quantity
of honey & raw & grinde them to an Oynment,
and ſt Conker therewith till itt blouds, at the first
time of uſing itt and afterward lay it on ſoftly
Rx

*Almonds gotten
to help*

R. a quantity of Bay salt & Cumin ſeeds
bruife them after they be dryed, and dry them
in a pyn & lay them to 3 moulds of the ſeaſon, as
hot as can be indured. ſt ill cooles lay on more
Rx

*S.R.M.C. for the fallinge
sicknes of Cervix one of 60 yeare
of Age after he had had ill 15 years*

R. Consilij & Bellony make them into fine powder
take 2 drammes of ſt Consilij powder, and one of ſt
Bellony powder, and in a good draught of Consilij
water, take it twice a day, 3 daies before &
change of the Moon, & 3 daies after, this must
be his conſtant courſe before and after the change

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of the Moon; all other times he must constantly
drink for his morning Draught Consilij water
& in itt 3 poudre of a Lites liver & of a Magpies
liver, as much as will lyg on a ſpoonfull, and on to in a
weeke the partie is to take in his morning Draught
as much of 3 poudre of a dead mans ſkull as will
lyg on a ſpoonfull

*An Oynment Rx
one that is Liver stroyne*

R. Ynew dandilion, Ricwort plantaine,
mallorces, fennell, roſmary, sage, liverwort
of each a handfull, wyp them very cleane
with a dry ſcath & ſhred them ſmall & boyle
them in a pounē of butter till itt be very groen
then ſtraine itt through a cloath & keep itt for
your use

The drinke for the same

R. a pint of Oile & boile in itt long pepper
& a few grames & after itt is boyled putt in a
ſpoonfull of treacis, & drink therof fastynge
and anoint of partie with this aforſaid Oynment

*For heate in the Stomack
fuming up to the head & hindering
sleep*

190

R Rightshalds, fengreen, & leeks, stamp them together, then take 3 parts of them & as much Vinegar and boyle them together, then put it into Boare's ale. It be cold then anoint of temples, bony woul with it & yeake a pinte of Lemon cleath in the liquor & bind it to the temples & forehead, and it will expell the heat of the Stomach and cause rest.

For Stone & Strangury

R the Kernels of Cherrystones, dry them & make them into fine powder, & drink some of it in white wine first & last, & at your meales in your pottage you must continue with this powder 3 dayes at least in this manner.

For the Dropsey

R clovers & stamp them & strain them & drink 3 parts in good ale first & last, & make good wort, boyle in it instead of Hops, water cresses, & the white thistle & halfe so many brooklime & make water cresses & turn it up & drink thereof for a week or fortnite, & dry water cresses & brooklime & make powder of them full of your powders in your breath & in your straws & take into ill, but you must observe to dry as much more water cresses as brooklime & so use it.

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To make the Spiritt

R of common salt Curies first in a Crucible of it of fine potters clay Curies & beaten small and garnished mixe the salt with 3 powder of the clay & putt some water in them & work them soe as they may stick together in a mass then fashion them in sundry round or long peices let them dry neare fyre then coate them slightly and putt them into a retort not halfe full, & putt to a large Retorter luting woul to the retort or else all of spiritt will flee away & give them fire by degrees first with a small fire, and all the unprofitable water wil come away, then with a strong fire, you may see a white water come forth with it of spiritt distilling into the retort or continued hot the fire soe long tyl you see it beginn to drop any more in the Retorter, and it is ended.

The use of itt

2 or 3 gutulæ given in porphy water will presently provoke Vines to those who are troubled with it long, it taketh away of Dropsey, and Leprosie if it be drunk in wine & purifieth of oldnes; it taketh away of Dropsey if 2 or 3 drappes be given in wormwood water; it corroborateth the head & dryeth distillations & Rhumes therof it comforteth

The heart in Rose or Violett water it restoreth
a lost Appetite given in Mint water; It help
the weakness of the Liver given in Cichory
water the weakness of the Liver given in Endive water

A Secret to expell the
v. v. v. v. v. v. v. v.

Boyle milk when it coldes againe & drunk
hath beene provede very effectuall, when many
other things haue failed. Mrs More

To stopp the murther Vomiting
v. v. v. v. v. v. v. v.

A now made treacle or some Syrups of
Limes, or a plaster of the crust of Orages
wett in Vinegar, and applyed to the Stomach
and likewise applyed to the Soles of the feet
if there be a great paine in the head after
vomiting; you may applye A Lemon wett
wett in Rose water or Lettuce water mixt
with some Vinegar and syce of Rose

An excellent secret for the help of
such as are troubled with the mother
Experientiat by Mr More

Pop all spiccs except pepper; finely beaten and
bearted, as much as will lye on a groate mixt all
together add to this 5 gramos of musk & giue it
in a spoonfull or 2 oz of cleare mugwort water
powring it downe as speedily as may bee, provided
that the heat temperatur of the body doth not remittenter
it and the Nostrils of the patient be kept at
receiving of it & a reasonable while after to
proboust the sent of the musk which is offensiu
in this Disease. This hath been tryed upon a
Woman as weak as possiblie might bee to live in
this Disease

To make the spiritt
v. v. v. v. v. v. v. v.

To make the Spiritt, you must doe as you
doe in the preparation of common Salt with
like proceedings of fire the Spiritt will arise
like roome smoke, only this difference is to be obseru
ed, that for one part of Salt Peter you must
mix 5 partes of potteris clay, soe make round
or long points, as in the preparation of Salt.

It is good for the Colick, good against the Plurisie
against violent burnings of some feareours, let it
be mixt with an equal quantity of spiritt of
vnde, of that mixture giue a dramme weight in a
draught of warm water, for the Colick, then anot
the navelle with a little oyle of Nutmegges mixt
with some Sallet and it will mitigate of intoller
paines that proceed from that Disease as also

194 as alget diffolue & distract the humours
one other way; and in the onb a potion of
Pectorion of Emula Campana will take
away the Humors which are losed. uu

A true Note of Mr. Hall his powder for a pistula

White Coperas & Bold Armoniack the more
Quantity of the white Copperas, beat & russ them
wod together in an Iron mortar, & gimb it
after it is beaten with a Painter's stone. The
Bold Armoniack is good to stanch Bloods

A Oynment for a pain and the sdillbox uu

The buds of the poplar tree all thore first
coming forth, vizi Marth a pork, & the two
leables of Losos saltt, shread & Losos saltt smale
and putt it in a Kettle and sett boyle a little then
putt in your poplar buds & let them boyle wod
on heare together stirr them for burninge then putt
them through a strainer into an earthen pott
for your use. When you drifft it you must strore
the powder in the wounde and tont it with ent
dift in the Oynment & keepe it warme uu

A Water for the impesuu 195 uu uu

Camphor 34 Mercury. 5: bitter Almonds
45 blancht; the Juice of 3 or 4 Lemmons 8 2 or
3 Red Apples if you can gett them; boyle your
mercury in a double glasse of water while it
boyle; stale your Camphor to flower and your
Almonds to an Oyle; & your Apples to a juice;
putt those with the Juice of Lemmon into the
water when it is cold; if you can gett Rose
flowers bruise them, & putt them in, & lett them
stand & macerate in the water in the somme
and stirr them twice or thrice a day. uu

To prevent the Breast uu from cankeringe uu

A Quarter of an Ounce of parabolus, Giacume
a 3 melt them by themselves, then putt in a pouer
of fresh Legege rootte strongly of Comice coruse
finely beaten stirr them very wel till the lard
be melted then stroine them out into a Gally pott
and lay some of the Oynment on white paper
ongynt the place here with either warms it nor
hurds it, for it will melt to fall. Doe this ⁱⁿ
and Evening and as oft as you see occasion uu

Cocce St. B. B.

Sal nitri is approved to be taken 3ij drachmes
in plantain or earle water wch doys may
be given every 4th hour; if the heates be
great. Two 3 or more may be dissolved to
drink att will. It will not offend him onely
if he take so great a dose all onto it may
cause him to comitt but it will not hurt him
See Woodhall chirurgeons mate pagine

xxxiiij. P. Eye xxxiiij.

A gallon glass filled with Lavender flowers
fill it up with spirit of Wine or Malmsey then
distill your Water Mr Mattins

*For a paine in the Head
or in a Seavor*

A the poor loaf that boareth many little burns
and lay the smooth side to the Nape of y herte &
both of Wrists at night, & in the morning take it
off & lay it on againe at night & it will ease

For the Cramp

A the spiritone or styring one of the Starre
when she is alise: when she is alise:

*For the Pleyn
w of the Heart*

Aake Conserve of Lavender flowers and
Conserve of Barrageauuu

For the Viscous Cough

A 4 spoonfulls of honoy green Walnutt
Kernels, & the young rind, & make thereof
an Electuary & take of it 4 times a day

To put up the Valla

Royles of Dill and Honoy a quantity or
else of Amour 5 Mrys & pull ill up with
a valla spoon

To make Gilliflower Water

A 2 gallons of Barke & steep in it as many
cloose Gilliflowers as will steep in it, with a
Quarter of a pound of Coote as much Malt &
of Nutmegge, braise your Spices & flowers &
let them steep 24 hours then distill it in a
cork & keep it for use, and put into the glass
wherein you mean to keep it 3 ouintes of pure

198 White sugar candie bruised 2 or 3 Nutmeggs
and some cloves it will give itt a pleasant
taste, you may distill with your Holliflowers
Rosemary floweres & Cordiall floweres this is a
very Cordiall water, especially for any distemper
of the Head and Bellall Spirits uuu

Brooles in the face

R A good quantity of Peletiers of Spain
boiled in a sufficient quantity of strong
Vinegar, when it is boyled enough straine
against, wash your face at night with it
when you goe to bed & in the morning
wash againe with faire water uuu

Morphick sun burning uuu

R Stech Relieff uuu

Sleep 2 sliced Lemmons being faire and
platos, in a pinte of Cordiall water let
them stande coverd 4 or 5 dayes in infusion
then straine the water & dissolve therin
of Sustimento finely powdered wett a cloath
theron & rubb the face morning & evening

Aller uuu

199 R A spirit of Distilled Vinegar put therin
A new layed eggs whole whole with their shells
3 yellowe Cork rootes picked & sliced 2 sprigges
of P flower of Brimstone & soe let all rest 3 dayes
then use this Liquor with a cloath rubbing P pair
3 or 4 times every day & in 3 or 4 dayes itt commeth
holpeth. put some Brann in your cloath before
you moisten itt therin binding itt up like a ball

Clell to. Apau

R A pinniworth of the strongest Ale you
can gett & boile itt till itt be as thick as
bordone then spread itt on a linen cloath
and lay itt on the ground place as hott as itt
can possibly be indeare this you must do 5 or
4 times together itt hath holp many.

Wood: Mrs Miller,
Mr. W. Hanworth his most
Excellent water for the stone either
in Kidney or Bladder uuu

Take 39 of the rootes of Saphaphras, of Bars
apriula 3ij. Sweet fernott 3ooe 3iiij. of Kerophon
3iiij. of Croator Cess 3ij. of parfoly seeds 3ij. of
Contawry 3iiij. of the oyle of tartar 3ij. & the oyle
of Citronall 3s. Boile the seeds and skipp the

Gassephras & chickly the Bark thereof. of
Bryce in this: is Publis Holland: this Amazooes
zis. Then take 6 quarts of Red wine. putt
in the Ingredion's aforesaid & stoope them
24 hours. Then putt them togodir with the wine
into a still & stirr them with a soft fire, soe
long as any will drapp, & keep it stoped up in a
glass

xxviii. No 28 of Rxuuuuu

Take 6 spoonfulls at a time with 2 spoonfulls of
the sirrope of Alida, and noo more in a mouth
except you be in a feare, and then add unto it water
and stoope as much of the powder, as can be
taken upon a six pinte. And if it paine continuall
take it on't or twise in an houre and a halfe
afier; if it stooke stirk in 6 yards, then take
2 spoonfulls at a time, and inserst twise or
thrice as much powdered sugar as will lye on a
great dissolue theron

An effectuall restorative rxuu water for Consumption rxuu

Fill a still reasonable full with Goates milk
put thereto a good Quantite of green fennell
Stamped Reches of the Burnt Cloves a Quarter
of a pound as many figges glited. Cloves China
a sufficient Quantity, a stirk or two of cruised
Cinnamon and a Nutmegge glited; together with

a few Amisooles sweet fennell seeds cruised &
Print a pretty Quantite of suete Lyparis, distill
all those, & drinke every morning & evening somes
or 6 spoonfulls with a littell white sugar candie
Discord in
it

A restorative water for rxuu a deep consumption approved by Dr Simon Barkerfields rxuu

Take a pottle of new milk of a red Cow full all
of a porphytt colour, putt into itt Eringo rootes
an ounce Spariges halfe an hundred pink very
cleane 2 or 3 comfry rootes Citrone stirked on
ounce of Dates pink & sliced some pine Apples
Lemolls; halfe an ounce of Cynamon stirked booke
in pottis a pound of blau currantis a good hand
full of Rosemary floweres, as much Cowslipp floweres
lett these infuse in the milk all night, then in the
morning putt it in your still, & put in a good
float of Oyl hausing over night made it
cleane Garidge & cruise it well before you putt
it in & soe distill altogether on a soft fire if itt
be to much deoided I attarding as your still
will containe & recevor it in Glasses

You must take it very often in 6 dayes; if the Con
sumption cause drought, take a littell Juyce of Linn
with it & sweeten it with white sugar Candie; if
illnes att the heart or stomake; a spoonfull of Soper mint
water, if itty be too Laxative sweeten it with sugar of red roses
it too ioyne putt in Denmark rose water and sugar -- 92

Consumption of Wine the Kings Wine

Take Liverwort, Lungwort, hartstongue-horsetail
Angelica, Carduus Bonducus; Saxafrage, fennel
rootes, and parselot rootes, take of these to q
Quantity of 5 handfulls, in all together then
take a quart of Barley, raisins of the sunne
one pound; red currants & currants, Boysall
together in a Gallon of running water and
boyle it to a pottle; then stamp altogether &
straine it, and let it settle; take of cleare syrop
of it & put to it anounce of Amisfoode of
Liquerish halfe an ounce; a pint of white
wine, & boyle all a whilde agone, & att last
putt in sugar Candy 5 ounces: Mrs Bonde
When you drinke it putt in 6 dropps of
Sallet oyle to four spoonfulls of it Drinke
it four times a day, first fastinge & lasty
gottynge to Bed

Procure Proves

Take of powder of Ambro a drinck full
mingle it with Withridate, & giue it on
the point of a Knife

A Glistor of the Brinde

203

Take 4 yolks of Eggs & boale them very well
and then boale a pint of Maskedine & temper
the Eggs well in it; & set giue it the partie
of it often I will assuredly helpe add horels
half an ounce of Yles of Rais; soe much may
be used for a child; to a stronger man. *Probat.*

By Mrs Jones son

For Diseases in Children

For Consumption

By 3 or 4 leavess of the Oak & distill the water
thereof, and giue the Child 2 or 3 spoonfulls
of morning Night with a little sugar Am
oynt the pitt of the heart with New butter
unwashed & unsalted; and this continuall till
the Child entreas in stronght Mr Askew

For Raines at the Stomacke

Take one little handful of salt, salt hyssop &
stamp it, & boyle it on a soft fire half an
hour in a quartor of a pound of butter; then
straine it & wryng it hard out, then take two spoonfulls
of Bayfon in a little clout; & with a spoonfull of water
out of strength thereof, & then putt the water to the butter
temper them together & drapp them in a little wort & lay it
warm to the Childs Stomacke

For a wort Bile Approved

Take a brace of Mutton & cutt of f^t Bisket
and cutt it in peeces & boyle it in 2 quarts
of red or brownne Cowe milk of one Cowe &
boile in it a good handfull of Ricewort
as much Ricewort when it is boyled enough
as other meat strawes of broath & when its
cold take of f^t full & drink a porsoner
full of this ebery morning & evening &
fast after it two boordes. *uuuuu*

*Mrs Morris excellent
u u u Coddall u u u*

Take Consilip floweres, Rosmaryn floweres,
sage floweres, poppy floweres, clove gillyfloweres
and a littel of the topes of Balme, and topes
of Rosemary & frett Marjoram topes, & a Rabnes
Quartored a fewe cloves bruised; a stirke or two
of Cynamon broken, & floweres of Burnage, iuyce,
sunry syrefise as much of all these as can be
cramed into a pipkin, on equall Quantitey of
Damask rose water & old Musk Redint closo-covens
24 hours, then stell it and taking it up a
spoonfull of f^t Syrrupe of Clove gilly floweres to
& or s^t spoonfulls of f^t Codall *uuuuu*

*205
A Diett drinck for a
salt Reume breaking
into pimplies by Dr J
u u u Worgorne u u u*

Take of Roots of Monkes rhubarbe and of Roots
of red madder of earth halfe a pound, Sennapounys
Anis seeds and Pynorish of each 2. omities, Gradiou
and Egrimonys of each an handfull, Stirre the
rootes bruste & seeds and Glycrrhiza and ora
the Roots with your handes, and putt them into
a stone pott with 4 gallons of strong Ale to
infuse the space of 3 dayes, then drinck afare
your Ordinare drinck for 3 weekes together
or longer; the longer the better providing one
steane under another

If curseth of Draynes, yellow Jaundie, all
manner of Itch or Scab; purifies the blood for
all Corruptions; helpeith & recons firkeith and
brings honest Womans firkeith 3 or 4 leaves of
the same Rhubarb stampyd and streyned with a
draught of Ale workes upward & downward &
is good against Agues *uuuuu*

*Angina cal'd the
strong spirit of Nitre
Corrupted into a fitt Gargarisme or
Lotion: viz: to make it sour, & then to Gargarize warm
therewith, mightily quencheth inward inflammations and tem
pereth well f^t blood & if pleas to give to drinck it with
u u u Woodhall Chirurg: 101*

106

For the burning of the the Mouth & Throat

Sal. Nitre, the best thing for the flaring
of the Mouth & Throat in fevers; the
place gently washed therewith dissolved
in water; It presently bringeth away all y
whiteness, and furring without offence
In is good after the use of it to Insert some
sanative lotion, to take away the Harineny
therop, for it is astringent, but yet without
violent or danger. Woodhall: Risiung:

page: 289.

Penti-Pice: i.e: powder to
rub the teeth withall

Dissolve in 4 ounces of warme water 4 drams
of gumm Dragont & in one Night it will
be like a Jolly; mingle the same with the
powder of Alabaster finely ground & scattered
make up this substance into little round rolls
4 inches longe of the bignesse of an Arrow;
You may temper a little wofft with it and
make it of a pleasing Colour

For a sore Breast

Take strong stale Boer & boyle it with crums
of wheaten houſhould Bread & a wort of fresh
Butter and when it is boyled, put a littel Curyton
stirr it in, butt; but not boyle it in, set dras
it twise a day, as hott as it may be endurē
this will draw & cleaue it, though it haue
many holes; you need not boyl it

A Risiung Poultis

Take halfe of figges & onions with some
white lilly rootes roast the rootes bruise
the figges & mingle a littel oyle of Rose
among them & soe make it into a poultis

Mrs: Dody

A good Surgeon

Take halfe an ounce of Senn a pennyworth
of wormseed amissgood; or fowle seed as
much as will fill a large thimble & a littel
Liquorish, bruise all in a morter, & infuse them
in white wine & water of each a Quartier of pint
and in the morning boole them till more then
halfe be wasted then straine it & add to it 2
large spoonfulls of Syrop of Violets mixe them
and lefft 4 partie drinke it warme betyme in the
morninge & on houre after it a draught of oyle

102

A Purge for Collierie and the Liverie /

Take the powder of Rubarb one dramme
with six graines of the pulpe Trochisso
of Colligintida in white wine or Broth.

A Purge of Agarick & with you cleanseth the Breast & head of any all superfluous humours /

Take of Trochisso of Agarick of Apothecaries
one Dramme, of Colligintida 6 graines, powder
of Annisoode 2 scruples; mixe these together
being in small powder; & giue it in Honey; or
white wine or brath /

A Purge Watery Almors /

Take Powder of Hornmodactill one dramme, one
Dramme & a halfe of Gingor 2 scruples, of Annisoode,
one scruple; mixe these together & giue
them in Honey; or taine Broath; it must be
honey of Ross. /

A Pickrell Pincan

Take Scacious, Cutto foot, Maldon hair & Roots
of earth one handfull, fennel & parsnip roots pitche
of earth a handfull; Miggs & Raisins of the sunne
stoned of earth a pound, four ounces of Annisoode
boyle these in 2 Gallons of running water till
half be wasted, then put in an Earthen vessell &
drink therof 6 or 7 times a Day /

A Pill for the can Bloody /

Take Aloes, Terra Lemnia, Bolearmone
Cronkinton, Mastick, Sall, of earth 2 Drammes
Dragons blood, bloodstone, Hematist of earth one
scruple, harts tongue burnt one Dramme Hypoxis
Aratia, Red corall, of earth halfe a Dramme,
Pomogranate flowers; Red roses blasoned all in
fine powder, of earth a scruple; Mix them alleys
and make them into Pills with Syrrup of Mirtle,
the Dose is one Dramme /

Doctor Wm. B's Prescription to Mrs
Strade being troubled with a great Rheume
and a turkisno Cough, very weak with Cills

210 For Ordinary Boes this Bagge proideth
for six or eight Gallons to hang in itt & to be
drank after 12 dayes one Vessell undre another
Take a pouert Weight of 300= Curvy grass
comy cleane Pitt lay itt drying in two
Shadew 2 or 4 dayes on a Table in a roome whens
a fire is two countes of Alina grossly pondow
one handfull of wheat Bram; halfe a handfull
of Myrod Orange Pilis, one spoonfull of prepared
Cinnamon seed; 3 countes of Chinto Spanish liquorish
sliced; Braggs all these a little together in
mortar with the Curvy grass, and put them in
fattling bagges with a cleane stond to make them
sink, then putt itt in a Coffel and pouer in
your wort wher ill is ready to burne and at
same time putt into your Liquor a pinte of
honey, soe sett the Vessell in a Colde Cellar and
breath itt in 5 or 6 dayes all the sides as ill stand
near the bottome & not in the ouer

Bloody Flux

Take a handfull of Cobretts, fry them in Oyle
and apply ill, as hotte as Rabbe, as possibill may
be enduris, then take this Drink following. W^t
Take of Brazil an Unite 4 pintes of water
byle ill till one pint be consumed, and let this
be their continuall Drink this will helpe either
Bloody flux, or any other Loosnesse

A Generall remedy for all Flux

Take of Amber, of Sanguis Draconis of Lapis
humatitie of red Corall, purslane 300d, plantain
300d pomegranatt flowers & tormentall, of earth
two countes Cynamon one onto Crocus Martis
one Counte, ponder them all very fine & mixe
them together

The Vertue

It helps bleeding at the Noso, ill holpeth
all flaxes of the womb of all sortes It helpeth
remedieth the Terms of Women

The Loso is from one Dramme to 2 Drammes
in plantain water for the Bloody Flux
Also apply this plaister to the womb to
strengthnen the retentive faculty of the Gutt

Take of Proacts of Terra Sigillata of earth
one Counte mixe them & apply them warme

The Pomes stopped

Take of Roots of Asperagus, Ralphey of theake
of bark an ounce, send an Counte & halfe, smot
fornell 300d a spoonfull, boile in a pint & a halfe
of water, to & half, straine them & put to the Liquor
strained Syrup of roses 4 countes manna one Counte
mingle them together & let her take hereof 10 or 12 ¹⁰⁴
Spoonfulls drinking breath one houre after

Another for the Stomach

Take Hysop, Pennyroyall, Motherwort of oak one handfull, Camomiles flowers half a handfull; saffron an half pennyworth boyle them in a pottle of water & a quart of Rennish wine to the halfe; straine them & sweeten them with sugar, and lett her drinck it warme twise a Day Dr Anthony

In outward Medicine for the Stomach to help Digestion

Take minte a childe handfull shred them then take half a good Nutmegge & 20 cloves beat to greate powder & boyle them in Vinegar till you think the heart of the spirit & hentes be boyled out, then Infuse double linon cloathes theron or a sponge & apply it often warme to the Mouth of the Stomach

It strengtheneth and comforteth the Stomach

213

Take of Conserves of Quinces one Ounce & a halfe of Red roses Mirket boylly Red corall of each adram mingled them with Syrruppe of Rose according Arte; Eat twise of whiche neare requirereth as much as an hors Nett or two. —

For a Stopping and relizing at the Stomach & to prevent a consumption

Take 5 ounces of sugar candy white, half an Ounce of Rennish & as much Amisgoods bruised, with this that I giue you being made of Salt peter being white; putt them all in a Cloath, and boile them in 3 Quarts of Water, untill halfe be consumed, keepeing the skumming, and drinck op' it at any time, but at meale; but especially in the night

Mr Butler at Night

A Secrett for the Tooth Ache

Take Oile of Cloves an Ounce compined adramme dissolve it in it, & mixe with it an ounce of spirit of Turpentine Draught by distillation, take one dray of this rebite in Cotton, and putt it into the hollow bottle, or about it, and it will assage the paine —

Almost vire Pidder which
the Countess of Barkis paid after
the rate of ten pound the vance.

Take sods pearl; now corall; white Amber
Crabbes eyes; harts hornes; of eache alike quantity
and to evert counte of the things aforesaid; take
one dram of Beter stond bray them very well
in an iron mortar; then take the black lippes of
Crabbes claws when the signe is in Centurie; as much
of this as of the rest; powder it; & sift those
alloggether through a very fine garter; then make
it up in little ballez with Jolly of harts hornes
and then dry it; you may take 8 or 10 or 12 or
15 graine of this in Extremity & not more; nor
Beterstones, nor Uniuornes hornes, nor Alburnes
though taken in double quantity is able to maffe
The Vertiles

1. It preserueth from the Infestacion of Plague
2. It saveth the life being infested taken intime
3. It expelleth all poison from the heart of what
kind soevir
4. It cures all Agues; mitigates the ffeare of f
5. It helpest all surges ^{Quartan} & helpest the falling sickness
6. It availeth much in Consumptiones taken often
7. It helpest Women in Labour
8. There is not any sickness wheroin it availeth not

Broth to strengthen a
man the Backe

Take a Cok chicken dress it cleane, stopp
it full of harts hornes boyle it & strumme it
very cleane then putt in Shephards purse
Knottgrass, plantaine, colfoot, Clark or amonis
of eache a handfull, one handfull of Rowort
ripe a little, a comfrey root, & pith taken
out, & what fruites you like, & the bottome
of a leafe boyle it very well & season it to
your taste, but you must straine it first
use it often

Bilings of a mal Doggo

An English Peane splitt and laid to a
bale drawes forth of Bonom: Lady Capell
Take a quantity of Veronico ruz and
plantaine slape them and take of Juicto
in a little romme or else mixt with some treac
and drinke it; take likewise of same herbes
stamp them with treac & say salt and apply
it to the place; This will draw forth of Bonom
by this course 2 or 3 times

To helpe the stoppage and sharpnesse
of the sinnes

216

R a Pinte of White wine and 2 cecors
of Garlick set them on the Emopye all night,
and drinck it in the morning; it will give
ease by Gods blessing in 24 hours **or wull**

strangury **uuu**

A spoonfull of 4 Quintessences of Rosemary
drunk in a draught of posset the same warm

uuu **uuu** & **uuu**

The Juift of Scindino mixt with fine
wheat flower lyes on a boldett patche on the
temple boynes. — *L*ady Capel **uuu**

uuu **uuu** **uuu** **uuu** **uuu** **uuu** **uuu** **uuu** **uuu** **uuu**

*T*ake of dy bark one handfull, Ashen bark one
handfull of the thinnest of both a handfull of
Camaris; a handfull of Lungwort; a handfull
of Liverwort, and a handfull of Ribwort; a handfull
of harts tongue, 2 Dates, halfe a pound of Raisins
of the sunne, halfe a pound of Saffron, 3ounches of sugar
candyt, an ounce of Amigoodes, an Ounce of Lyonish
boyled all thist in 3 Quarts of runing water

*I*nd lett it boyle halfe away, then straine itt **217**
and drinck therof till it be done.

*R*o: a pint of running roaster a handfull of Ashes a
handfull of salt, a sprigge of wormwood, a branch of
Rosemary, boyle itt & putt therof halfe a pint of
Muskeadine & wash the Knotts, and the Inſertes therew
with warme; wash the Breast & the Lobe with Muske
wine very warme and let itt drie in the ears

Make broth for itt with jerusalem roots Sunnys
roots fennell roots & Parsley roots. *P*rovd **uuu**

Mrs Middleton

uuu **uuu** **uuu**

A Salij for the restoring of a
weak body without any annoyments
to the stomak or inflaming the Liver

*T*ake a wtth flesh Capon not to fat, scald itt &
Draw itt cleane & cutt itt in 4 quarters taking out
all the entrails and the Liver, and the little hard
kidneys, on the side of the skin of the hinder part
for that will make it fullsome, then take a Knuckle
of veale and pick out all the bloody meat, and lay
all the meat in water a good while then take itt out
and squeeze out all the water, wash the blood in a cleane
pot long as either strings of blood or water will
appare, then putt all the meat in pottes in a faire
Earthen pot, then take a potte of faire roaster & as mu
ch or more white wine letting it boyle softly till all
the meat be to pottes and all the strength in the broth
then let the Liquor runn through a thinn streiner but
Crush not the meat, only reuid the thinn

107

218 Liquor into a Balon, & let it stand till it be
very full, then take of all of fat with a spoon
and take the cleare Liquor from the dross in
the bottome; and boyle & liquor with as much
good sugar as will sweeten it & 2 good Nutmeggs
glistered & grimes of Amber groate, let it boyle
past half an hour, & then lett it runn through
a faire new jelly bagge being first wash'd in
whitewine in & bagge lett it runn till it be
cleare, soe keepe it upon bay salt in a collar
in an Earthen Vessell prob: 28

An Injection for a Debilous man

Boyle of bitter Almonds and oyle of Marjoram
and boyle it in halfe a pint of Muskadine
to the wasting of a third part, then resolve it to
be injected into the Ear with a Syringe
This cured an extreame deafnesse

To preservre and strengthen a man's Memorye

The fume of pitch and one moneth mixt
with strong Vinegar and a Quantite therof burnt
at times and the fume resolved by the nostrill,
prob: 28

For of extremitie

of the Blites

219 ^{into}
Ro: Venise Turnepint well wash'd in plante
water one ounce, Rhubarb in powder 4 Drammes
sugar 2 ounces, Cynamon one ounce in powder
mingled therof and make pills, take first and last
5 pills as bigge as a pease and in the morning
after it take on y^e point of a Knift a little Saffron
and a good draught of Verjuice possett lett to wash it
downe, and fast after it an houre, and take two
of lifting or straining. The possett and Saffron
must be used after 5 pills in the morning; Repeate
3 or 4 dayes, and if you find it begin to stay, use
it y^e longer, otherwise leave 2 or 3 dayes and then
Go it againe

For the Ague Bardon

Take mireches & Saffron & Cynamon, boyle them
and boarte them, of each alike Quantite, and
mingle them & giue as much as will lye upon a
pomey

For the Molt

Take 3 graine of Musk; mingle it with as
much beaten Spices as will lye on a groate &
giue it in a spoonfull of boar lett the partie to
drinke it, stop her Nose, & let not them & prepara
it come neare the partie; (The Spices are Nutmeggs
Ginger, Cynamon Cloves

uuu
uuu
uuu

Anot^h for t^h Baau

Take Asaphida, & strape a little
of it into a spoonfull of Salt, or Boor
and let the partie drinck of it in the fitts

Another

Wingle flower v^e water e^v lett of party
drinke it against fainting fitts

Dr Butlers Generall Dyott drink

Q^t of China, Sassafras; Sarsaparilla and
ipolopod; an ℥. Silit & bruise them in a mortar
infuso in a gallon of spring water 24 hours, then
boyle them in an Earthen pipkin close boore than
hours & on half then put in of Liquorish ℥.
Hormedattile ℥ij Agrimony, Botany & Chanciflitz
on ℥vj, Boyle them with ℥ woods againe on hour
then restord the roots water to its former quantity, &
pull to it a pinte of white wond, or Muskadine, & so
let it boyle half an houre longer, then put in of
Gins, and ffomoll goodes an ℥ij Storkader and Cetrash ℥ij
Erythymum ℥ij Maldon hairs ℥ij Boyle the
withall the rest a Quarter of an houre then take
them from the fire 3 or 4 hours Steare it and
drink half a pinte at a time

If q^t Body be cold & moist, then in China, or
Carduus Benedicti: ℥ij, but if it be not soe add ^{as} 11
you may leavd out both; You must take 8 or 10
Dayes for certaine, and keep a good Dyot & last
of all you must take a very good Parce at 8
one of the Dyot Drink. It will keepe but 4 dayes in
summer & 6 in winter Dr Buttler

To take away freckles Or the or Morphen, or sunne burne

Take a pinte of distilled Vinegar, putt
therin 5 new laid eggs with their shelles
whole, and 2 or 3 yellow dark roots piths
and shred and a spoonfull of g^t flavor of
brimstone, let them stand close covered 3 or 4
dayes afterwards use it 3 or 4 times a day
The manner of usyng it is this. Take some
braun in a Cloath hard like a batt, then dipp
the clout in it and set wash g^t faire

Dr Palmer

To prevent the small

Take 3 pennyworth of Miterdate and six ¹⁰⁹
pennyworth of Diasondium, mix them in halfe

a pint of Angelica water, and take
hertoof a spoonfull in the Morning fasting.

uuu

To prevent pitting in the small Docket uuu

xx Take and temper it with creame & lean
Buttermilk wherewith anoint of yowles & oyle
Coates after their first coming out when they
are full blent & so it a little warmer, this
will drye them up and not suffer the gores to
erode & skint.

uuu

To strengthen of Braine uuu
and helpe Distress uuu

xx Take Conserves of Spike flowers on unct, &
powder of Mastick a Dramm the powder of
pearls and white Amber of oake a Grapple
mixt all those with a little Syrope of Stooches
to an Electuarye wherof take & Quantite of
uuu boone fastings uuu

To fasten y^e teeth and keepe uuu
uuu them White uuu

To two ponyngworth of London Treacle mixt
with 2 spoonfulls of English honey, a spoon
full, of y^e ashes of starrett florles and a spoonfull
or 2 of y^e powder of Kirk Allome finely boarte
toyle all those to a compleat incorporation
it will come to a stiff Electuarye with Reape to
rub y^e gumm and tooth insides & out sides

uuu

An excellent Apperent to purge
melincholly and cold Humours uuu

uuu

Cinnamon, polypdies, and dried tymes of oake an
uncnt, galligall and sweet marjoram dropt of oake
half a Dramme Elecampane root, and ginger of oake
halfe an unct, spikenard halfe a scruple, Amris and
fennel seeds of oake a scruple, hyssop and agarum
gason of oake a Dramme gosa leaves boaste, at halfe fire
2 unctures Cureith and opilimum of oake 2 Drammes
bruise and stirre all those simples, and infuse them
all night in a potte of claret or white wine then
put thereto sugar &c in powder then let it stand
24 hours more then runne them through an Apperent
bagge, set long that it may be cleare, then dropp
that remayne you may still with the same make thore
of a good soluble drink take almost halfe a pint in
the morning fasting. uuu

To clarifie whey, good to open and uuu
cool y^e Liver and help a stopt spleen uuu

Take a pottle of whey settel and scumme itt after
wards putt in these herbes, Endive, sallibys, dely-
verage, Harttongue rootes and leaves of earth an
handfull; Clerrat, Pammash; and egryments of
cark as much, sooth them a whilte then take them
by fire and let them coolle then runne & whey
through a cloath without straining; Drinke therof
every morning of Quantite of halfe a pinte
fasting, take itt like warme with a little sugar
do this for 2 dayes. Make thin drinke often, for itt is
windy; to aboide itt with you may take for
corns peper grotly beaten with eotry draught

A safe and effectuall Remitt

If of party be of age and strength; Infuse in a
penny pott of white wine 20 graines of the powder
of Coccus metallay, weight it by Gold Grals
cover the pott close and let itt remaine all night
upon warme embers, In the morning straine itt
and if you haue any surrey of hystop, Belliflour
or any such kind in the house you may mixt a
little with itt to make itt pleasant to the taste
If of party be young or weak Infuse but 10 graines

Bor & Cellen on the Crigor

Take some strong Ale or Beer, some Crums

of White circled good store of Ginger especially
Coale of Honey, boyle them together to a poultice
then take itt off of fire & stirre in a little Linseed
oyle for that must not boyle in itt & apply itt warm
to the soote & doke itt twice a day You may know
a follen by the Glistening of the skinne Else the
skinne will be

Mrs. Price's Jelly Rx

the Ricetts auau

Take 4 Nots foot the fallest & largest you
can gett after they are boyled and pulld as tender
as you can gett among the soupe, boyle them in 3 gallons
of the purest running water with this herbe:
Sage & roddet you can gett, Rosemary topes bro-
neates, & boned out of each 2 handfulls till they come
to a pottle or there abouts of Jelly, boylme itt least 4
after straine itt & boyle the stroome substance
over againe very softly, mixing with itt a pint
of Muskedine, and as much of the oyle & come off
from the boylme of the foot, till the whole quantite
come to 3 pintes; haue therewith anoynt the Part from
the Rump up to the Hirding platt, rubbing itt
upwards, the hamms and Elbowes of the Legs and
wrists and afterward swathe the Wrists & Ankles
for a pinte in the
bark proceeding from the
wind or colds auau

This a most excellent Rx
approveth Modifimus auau

& pommy royal, rues, Camomile; Lavender; drye them
betwix 2 tydes and apply them hot to the place affected

226

To make a scar cloth to take
away the paine out of a bone or
that hath been broken uuu

Take a pound of New roxe unwrought a
Quarter of a pounds of stone pitch, a quartier
of a pounds of Rosin, 2 spoonfulls of Cinnamon
half a pounds of white Lead: the Quantity of
walnutt of Dores brewh, as much shoop sowt
finely choyt by all theſe together with a pinte
of oyle of Olives on a ſoft fire untill it be
ſomewhat thik ſtirre it well for burning,
then take it from the fyre & dipp your ſtock
in it Mr. Roffe.

uuu Canker uuu

Make an Oynment of English honeys,
barnt Almon, Bolde mon lack, the ſuites
of red sage juice of Red boyle all thys
to an oynment and horowith ne the Canker
till it bleed. Powder what is fitting L. Yone

In case a purge or vomit doth
work extreemly to stay it uuu
give this potion following uuu

227 uuu

Take Diuocodium one Dramme Diacodi
3 Drammes an ounce & half of Borage
water mingle itt make a potion & ſet it partio
drink itt att bed time going to ſleep uuu

Potion

Gum: Pittsu

Piſtule Dr. Dink

Boyle in 3 pints of Carratt Madder,
Saracens conſound, Rue, Sage, & wood
ſtotony, of earth 2 handfulls to the waſtinge
of a pinte, then ſtraine and add to the
ſtrained liquor halfe a pinte of pure honeys
boyleing itt a little & ſtum itt & drinke
itt off at 8 mornings uuuuuuu

A Neck platiſter to uuu
a ranke ſewm from uuu
uuu the eyes & head uuu

Rum Diaganci halfe an ounce, mastic
and olibanum of oak 3 Drams, myrtle ſeedes
& Roawort ſeedes, pomgranatess of flowers of earthy
Burgandy pitch a liſtraine Curanna on ſunne

112

228

And half, Gomme 3 Drams Ben: Turpentine
half an ounce, powder the Gummes, goods & flowers
soverally, then dissolved the Gomme, with 3 Drams
and Bergandy pitch, last of all putt in Ben: Turp:
entine and incorporate all to a plaister. uuu

Prob: T: A?

Brest curdlet with uuu Milk to uuu uuu

First bath it well with Milk syrups of Camomile
and of Lilles mixt together then apply this
following plaister Take Benoy half an Ounce
or gall 2 drammes storax calamitee one Dramm
and halfe; syrups of Camomile & Rosas of bark
a Dramm, mixt all these together to a plaister
and apply it to the Brest, cutting a hole for
uuu the Nipple uuu

An excellent astringent uuu uuu uuu uuu

Take one quart of red wine, 2 ounces of
Cinnamon and an orange & halfe of galligall,
half a pound of double refined Sugar, boile
it from a Quart to a pint & a Quart; Drink
thereof warme morning & Evening Mrs Wooly

uuu uuu uuu
For a paine in the Rake proceeding
from wind or cold uuu uuu uuu

229

R Penny royal, two Comomile, Lavender, drye
them sohoise 2 tybes and apply them hot to y^e
plaister afflotes
Dr. Amo

A pill of very good Quarrelle uuu

Mixe of powder of Carduus condictus with
honey or Syrup of Mink, or Sclerites, or what else
you please forme it into pills, whereof 3 taken
in a morning for somewhile together availe
mightyly against all giddiness in the head, deafnes
and any derayong of the sense; they warme cleane
and strengthen of Stomach, resist pestilentiall ayres
expell infection being receaved provided they be
swal after and keepe the body in a good & health
full estate. T: A: uuu uuu

To strengthen of Hode to one y^e may not take any sponors uuu

R Olibani, mastixis onia; Take Olibanum
mashitk of oak 2 grups, the Amboris nutme
galled Elortharium 2 gomnis, & Diambra of
oak a Dramm and a halfe, Ambor gross 2 gramos
mix all these with Syropes of Coot jilly flowers
to an Electuary, or also with sugar dissolved in
bottonye water. uuu uuu uuu uuu

113

To strengthen the gig. R.

Sake of Electuary called Diobibanum, an
ounce and half the powder ofay bright
and Cubes of earth 2. drammes mixt thereto
to the consistente of an Electuary with
uuu Syrrup of Mints uuu

To stiffe a Cough. R. uuu

Take sholl snails pick them and gott ouer
much water as they will drye till you haue of
Quantity of two or 3 spoonfulls then mixt with
it 2 onces of sugar or thereabouts, stirre them tyl
all the sugar may bee moistned with it then
gott of dish over a shapen dish of Colles and boyle
them gently till you perceiue your sugar grow
hard all the bottome after tyl take them off
and make them into what forme you please
before ye sugar grow to hard when it is cold
itt will be hard and firme uuuuuu

To make of Juice uuu of Liquorice

Take 6 pinte of hyssop water distill May & 2 pinte
of faire water, two pounds of Liquorice of the greenest

And let, & ryne parboylt, slyre it into little
peices and bruise it in a Mortar, put it into a pipkin
with your aforesaid waters, stope them a whole night
the next day boile it to thicknes, you may if you
please add 10 of boyling of them Colles foot, hyssop
wood betonie, horhound, & Rosemary floweres of
earth an handful, after they are boyled straine
through a linnen cloath into apan & set gott in
in 3 boale of the sun stirring it often with
a stirk, till it grow to be set drye & you may
cutt it in peices to make little cakes therof
you must dry them againt in the sunne, the
best time of making it is in June, if your liquorice
be too green, after you haue slyd it drye it a litte
in the sunne, before you boile; else your cakes
uuu will not be hard auuu

Or one of cannot hold uuu uuu its water uuu

Take white Coral in powder and caruid rhubarb
of earth equal parts, mixt them and take of quantity
of what will lyg on a sixe pinte in Cambray water
and red corall milk mixt in equal portions.

A most approved Julepp which
helpeþ of inordinate Members though in great
extremiteþ of þe Patient: often approved by Mr
Almer

232

Take of ſyrup of Cowe Giues flowers an
ounce, of ſyrup of Mother root; lat 8 gr.
Cardiacoe half an ounce Confertio Alkernis
half a dram, of Cordiall water; lat aque
Cardiacoe; i ounce, Cinnamon water iiij drams
Red rose water iiij ounces; mixt them; Dose is
a Spoonfull every 2 or 3 hours if in great extremities
or otherwise a Spoonfull twice a day as you see fit
shake the glaſs when you giue it **uuu**

A Medicine againſt ſtinging of an Alder ſnake or or any other venomous beaſt

Anoint the place first with rotten Eggs
and if it be a Christian Bodye that is stung
take a chicken and cutt in ſunder, lay it to
the plate Guttis and all and you ſhall finde ſo
þrobat Lady Capell

Another of the Same

Pervine boile it in Ale & Butter & bath
the place therewith, and apply of horſe
holt, & Loopitt Cloſe. Dr Harey **uuu**

233

To diſcourage Amours
that are ſtuffed in the head
and to strengthen of Braine

Take of powders of Lianthes, galoes, archontikion
and Aromaticum rosatum of earth iiij Drammes
the powder of ſrotot Diamochium & Diambia of
earth a dramme, the powder of Marjoram, Chabian
spike, Cæſtrum Leſtromm is Boar ſtone, the
wood of Nix, Lavender flower, wood, Bottony &
Penny flowers of earth a dramme, with Syrop of
Sheadoes as much as ſhall be ſufficient make them
into an Elbertuary Dose, of Quantity of a good Nutr
fasting **uuu**

To expell of Pox **uuu and preſerve of Parturition**

Take of ſ Cordiall powder a dramme Boar ſtone
and Saffron in powder of earth a Sprigge ſoniferie
Alkernis iiij, Citron ſeede & root of Angelica both
boale & powders, and of powder of Carduus cono-
dirtus of earth half a dram mixt all theſe with
an ounce of Diaspordium to a complete in-
poration, The Dose is of Quantity of a hazell nut
If ſyrie be ſick of Coniſtution giue it of often
but if holt lett him not aboue of about ſaue Quan-
tity more then twice in four hours **uuu uuu u**

115

A Recite for a Consumption

Take a Cork & cut it in 4 Quarties putt it into an Earthen pithier, & putt thereto 4 pints of Claret wine, & half a pint of Rose water topes, and a handfull of Burnage either leaves or flowers, 6 dates & a handfull of raisins of the sunne, putt them all into a pott & stopp it close then boile them in another pott some 4 or 5 hours, then lett it partake take 3 or 4 spoonfulls morning & evening.

To the R. R. man

Take 5 or 6 good handfulls of elder leaves boile them to sondornesse in water then stamp them with yce of sweet almonds & apply some thereof being made hot against byt fire upon a pott of Claret, still as it grows hot putt on fresh heate leaves for halfe a hour together; This is safe though a woman have them else Take an Egg & roast it stand hard & stamp the Yolk of it with yce of Violets or in stead of it with yce of Camomill & apply it hot Probat Mrs Hone

To Mr. Clark

Recum from J. G. W.

Take an Egg & roast it hard then split it & all, putt out the yolk & have in ready grated or sliced nutmeg to fill up the hollow partes then apply it hot to the Nape of the Neck

A very gentle and strengthen ing Cyster very fit for Children

Take Chicken broth, or Coale broth as much as you shall judge convenient for the age of a Child mix with it a little oyle or butter & some Cyster sugar & see Remington the physician of the broth is of usuall quantity allowes for an infant of the first year.

To the stone

There is not better meane for present ease in a fit of a Stone either in Bladder or Kidneys then of sometime, which you may thus make Take Camomill leaves & flowers, 4 drachmes of Wall, mallow, and mallow of earth if good handfulls, saxafrage, parsley, smalledge, & bottony of earth if handfulls, the roots of Asparagus, fennel, parsley & Emula Campana of each 9 ounces, the roots Eringium; commonly called Onigo

236 Roots of Cumin, the seeds of Cumin, Anise
fennel & parley of 12 drams glaze the roots
bruise the roots and boil all those in a sufficient
Quantity of water till one third part be wasted &
Dipp in it spongee wringing them out hard againe
from the liquor, and apply them suffitiently hot
as may be suffered to the Kidneys, and bottom of the
belly & all over the shad bone, as one tooth
apply another; lettynge none lyg on when it is
told, for the redness cinders the passages and keps
the stond straighter in them. The use of these
fomentations will both abate the paine and
widre the Vrators to giue passage to the stone.
After you haue thus fomented them, Anoint
the said partes with oyle of Spurgions warme
so towards the latter end of the boilding the spurgions
you add halfe a pint of strong Benoyar the fomenta-
tion will pointe too much & more suddenly
The leaves of Damask roses being dryed in the shade
& kept all yeaer purge Choller very easly and
safely. When you use them take a good handfull
and boile them in milke to the wastynge of halfe
of Liquor then streyne & sweeten it with a little
sugar & drinck it warmt. In handfull you may
safely boile for a Child, for stronger ages 2 or 3
handfulls as you shall see occasion. Dr Hone

uuu Wind to help uu

The powder of Ledoary as much as will lyg on a
spoonfull taken in some fomentation Liquor
The Candied roots of Elecampana taken of Quantite
of a Nutmegge at a time uuuuuuuu

237 Paine of the Fores uu uu to ease uu

Rugg Mij, Soap Mij, Rosemary Mij, fent raye
in a little pillow, boiled in Rose water aqua-
vite, & Rose water & lay it so & care not as
you can suffer it

Civulacion will in uu Children to helpe uu

Take Treacle water 3ij, blackberry water
3ij, syropes of Stethas 3ij, tanserine of coriander
lilly flowers 3ij; putt them up all securerly &
in the use. Take treacle water halfe a spoonfull
black berry wator a spoonfull, a spoonfull like
wise of the Syropes and dissolved in them being
mixt & Quantity of a nut removell of the toppe
and give it to Child with the told a little taken

For one that uu spitteth blood uu

Take of Juice of Betony, temper it with
good Milke and give it to drinck, It helpe
3 dayes

A stay of bleeding w
at the Neck w

Take Rue, Amber strappes, and cast ill on of
Cales to make a perfume, which being rotted
at the nostrills will stay of bleedings w

A stanch plas that w
ooth oil of Wine with w
blood letting w

Take Rue, seeth ill in water, after stamp
ill in a morter and lay ill on of Vinegar then
lay about ill & Wool of a lamb of never
was wash'd. Also take bold armoniack
temper ill with 3 whites of an Egg; &
apply ill upon a fleggett of waxe

Bledings at the w
Nose to help w

Take 3 moys of a Crab tree, fresh from the
tree, and smelt to ill, or shew a poote of flutt
teke Alabaster curme ill & powder ill and with
3 whites of 2 new laid Eggs red rose water &
boating them well together & applye to the temples

A new cut a Thorne w

Take black Soppe about 2 hazard Nutts and
take 3 or 4 nutt Lemolls, dry them small alene
then mixe with them a little Chalk and spread
thereof upon leather and apply it plastronwise

To break a gale purp
or Carbuncle in a short time

Bay salt powdered; incorporate
with 3 Yolk of an Egg; It will draw
out of Venome of a plague sore

An excellent w
plastron w

A litargo of Gold, if pondre ill, then take a
Quare of Oile, Rosin & comes Virgin wax & unites
yis of Saline & Minkles of each a Dram; Honey
2 Drammes a pinte of whitewine half a pinte of old
Vine wolt calified & half a pint of Vinegar; temper
all these together on fire, but put in the Vinegar
This plastron will draw & heale a plague sore at Conkes
festered wounds and sores w

For the sciatica w
or anyache in the
bones w w w

Take stony pith & its Rasin a quarter of a pound
melt these in a pan, then putt thereto 4 oz of
Ceruptine Sanders in fine powder &
Cannire glass ponderous & putt all these together
and let them boile 3 or 4 wallopes, stirring them
well with a spatale & spread herof an膏 apply it
hot as iron to guffroes, and let it lie on 24 hours
if it easse not in that time take a fresh plaster
in like manner and follow it while you find
sage roots

For the stinging of the
a madd Dogge w w

Reverine, Rue, plantain, sage, polypody
minis, mugwort, wormwood Calme, bellomy,
St John wort Centaury, ana, an equal portion
ponder them and giue about a druppe and a
halfe either in wine or milk, use it 4 or 5
times all times. lay to the soare rosted & stamped
a little gall with new leavon w w w

W W W W W
Bark wood dipt in gall of an hare and putt
into 2 ears hath been approved in a deyneth w w

To ease slake in the
a feaver or lymge w
w w in w w w

Take halfe a spoonfull of white poppy seeds
beat them with 6 almonds blanched & drink them
in a mortar with a spoonfull or 2 of such liquor
as you make almond milke with ranbynes etc
at night or when ever you desire to procure rest

A good mollifying Poultice.

Take some white bread Crummes boil them
in milk, and del to it some yole of Camomile
then take it from the fire & putt to it 100
yolkes of 2 new laid eggs, then apply it hot

For y Jamdice in case w
w w a woman lyes in w w

Take the powder of Dodder as much as will
lye on a shilling, mixe with halfe a quantity
of sory & giue in syrrupp of Cammons w w

To cure a tickling
uu Cough uu

Take of the flower of Ormiston as many as will lyze on a sixpence and half a quantity of Benjamine in powder and boyle them in a roare egg & fasting uuu

uu uu
 Likewise take of Syrrupe of Horserounds
 and Maderharts of each an ounce, of Saffron
 an ounce and halfe, the Spices halfe Dimantos &
 Diatraga ranth. frig: of each if drams mix them
 all well together and take hereof often upon a
 liquorish drinck especially fasting uuu

To make a water against uu
if wind in the Stomack uu

Take wormwood, carduus, Conditus & Sparramint
 of each a pound, of red sage half a pound, all fresh
 gathered in May is the best time, boyle them ouer
 gease & steep them in 3 quarts of the boyl gease
 2 dayes & 2 nightes in a potte slop rootees from any
 dñe Distill it in an Ordinary still of fiftie glasse
 will be the best & strongest with you must use in
 extremitie & other alges will be good upon any
 occasion of wind or paine in the Stomack

uu uu Mrs. Bambridge

A most excellent Medicine
 for Women which is best to be made
uuu in May uu

uu uu
 Take on handfull of Lavender Cotton &
 maidding tansey & of red winte & sparciment
 of each a handfull of Savin & Rue one hand
 full a pinte then all those together & boile
 them in May butter then putt in a little honey
 and seale of bees wax & sett it on the fire
 againe, & let it boile, then take it off and
 when it is almost boyled putt in 4 pennisworth
 of Cloues beaten to powder & mixe them
 together & anoint of chilch from & whole of
 the stomack downe to the Navel Evening &
uuu morning. Mrs. Bambridge

uuu uuu
 To open obstructions and to
 cure all manner of Wind and soe very
 good for the Spleene uu

uu uu
 Take a pound of Horsse radish roots & slice them
 very thinnes & put them into a potte or pipkin with
 6 quarts of small Ale, & sett them in the embers
 to infuse 12 hours then boyle them stony & coolle
 boyle them up for i^e ale & drink therof a pint in
 the morning fasting & as much all + a tholt in the
 afternoon luke warme uuu uu uu 120

The making of Small wateuu uu calm water uuu

Take a bottle of white wine and as much calme
wine finely shred as will make 8 wine drachms
then take half a pound of Amigold, pithed &
bruised, as much tyroch bruised & shaped & then
lett them all lye in steep in 8 wine 5 dayes stirring
it 3 times a day, then distill it in a still as of 200
Levers. Some of this calme water being mingled
with some treacle of Honey is good for them that
have 8 small pox, or Measles, & being mingled
with mitredale it is good for the plague, & it is
to bee drunk in the morning fastings when you
feel your selfe not well with any thing mingled
uuu with it uuu

The Day drane water for the Nomark small
pox; Measles, Scurf, & to drive any thing from
the heart, & a great Cordiall in any Weakness.
It may be given to a Butting Child se or 6 spoonfulls
to a Man or woman of the stronger, & 2 or 3 to a
Child according to his Age; both stronger & weaker are
to take it with Sugar, Unless you put Sugar into
your whole quantity of water & that is best uuu

Take of Sage, Salendine, Rosemary, Rose, Rosewood
myrtle, priminell, Dragons, fustions, Calme, Lyc-
mongr, Grindew, Caster, Cedrus, Conserviter, betony
rose gold of each of them a good handfull, of the roots

of Angelica, of the roots of hondene, Tornantle,
Lauray, Lotos of oak half an Juniper sprig
the roots & sift them thyme, wash the Herbs,
shake them & dry them in a Cloath, & shred them
& steep them in a gallon of whitewine 2 dayes &
2 nights Distill them in an Ordinary still.

A pretious Syntmonit uu for the spleen uuu

Take Sothernwood, Rosemary, tops, Mints, Camay
Bugloss, Elder leaves, Rose, wormwood, Lavender, Cotton
Buckthorne, Comonite, a handfull of Labender, myristica
Cutter 4 pounds black Snails, about 2 pounds, first
melt the cutter in a fyre or Kettle, then add your
Snails alive & let them suffocate on a soft fire
then add your herbes all drye, molte & cut &
boile a while, then putt into it frankincense
finely powdered 3 ij of Cowdung as much as an
Egge, then boyle half as much, & somewhat less
full, boyle it up; straine it almost cold and
refreshe it. Anoint the sponoon with this 3. u
mornings as occasion serveth. uuu

To make an excellent uu strong water uuu

R of the best Aquavite a gallon; of Damask
rose water a pint putt to them a pound of sugar

Candy bruised, and left them stand 24 hours, then take half a pint of red poppy water of those that grow in the fields, and putt in the Aquabite then take a pound & half of Raisin of the Sunne stone, and putt them into Aquabite; then take half a pounds of Dates & stone & shred them, and add them to the rase, then take of Amisbeads 3j rub them & strain out the Dust; then take 3j of Liquorish & Grapette & stirre it and putt it into the Aquabite, and after all these haue bin stooched 4 dayes, putt therin a good handfull of poppy leaues & as many of Cow Gilly flowers with one graine of Ambergreen & six grains of Musk & let them stand 9 dayes, stirring them a day, then straine it through a jelly bagg & keepe it

An excellent plaster to prevent miscarriage

Take Emplastrum, contra rupturam Comite of the Emplastrum called Cratum Santalium, and the Ointment called Unguentum Comitissima of our 2 ounces, melt them and mix them with Lemone & Pepper, mastic, Dragons blood, Bistort rootes, Gallie of oak 3 drams, mix all these together, and infuse them wchf in
Cabin Thornton

Plaster to strengthen the mouthes of women and knitts of the mouthes of the Comes is that which the Apothecaries call Cratum Diaphion Santalorum
spread upon leather

To cure that is stuffe in the head

Rosettes, marjerome, Rosemary, Dapes, &c
take M. vell. them in 3 pints of water to ye
third part, then in a pott close coverd with a quill
lett mlt, or else with a fumel direct the fume
lett to the Head up the nostrils

To purge the Head, giue my wif
with a mixture of choller with an
affiectio

Pillulac aurum taken 3 in number about the
signes of poase, for 3 severall times, intermitting
betweene every purge 3 or 4 dayes is an effectuall
remedy for a stuff head, and vertining sometyme for
any giddiness megrim or paine therof

To strengthen the sight

Electuaris clarificatio visus Tij. Cencro:
flor Lavendulæ & Anthos m. 3. mixte Ambry:
Stockados q. s. ad Electuarium 1. Inglio Take 2
ounces of the Electuary called Clarification Regus
an ounce of conserves of Lavender flowers, conserves
of rosemary flowers as much, mix them to an Electuary
with Syrups of Stockados. When she hath thus
pared of humor, purge her either with pills of Apricke
juice & barley in the morning or with Pillulæ Cen-

In like Number - sloping after them till they begin to work they will cost about Threepence A good and easie purge for the like purpose is A lake of root of an Elder tree of weight 3 or 4 ounces and to boil it in a pint of water being scraped and washed till it come to 3 ounces then strain and sweeten it, and take it fasting.

For Goodwife Bell's w

To stay the giddiness of her Head, boil her Horseris leaves and roots, and wild thyme of oak alike handful quantity in pinte Ale, sweeten it and let her often take it. Boil in her broth, yott marjoromo, bettonis and Rosemary of each 12 pugiles, a root of fennel and parsley pitched, and a few marigold flowers. Fume her Nostrils with Nutmegges burnt under her. Make a plaster of the powder of Myrr Bettonis; with a little Claret wine and apply it to her temples, and one to the mould of the Head. If you can gett Muscadine temper it rather with that than Claret.

w w w

For the Ring of the Mother And its impurity w w w

Fume it with 3 moles of gladdin, directed by a matrical pipet, or in a close stool, and after that apply to the loynes and to the bottom of the belly.

A plaster called Omphastrum ad sformiam cum Tacamantica. Let her use to drinck often w w w the juice of Motherwort w w w

Repose you purge a Pilegmatik humor, preparo and make it thinne with this or if like decoction Rroot marjoromo, hyssope, Savory, pennyroyall, Horhound and Parsley of each a good handful, rabe, grommon, and wild thyme of oak half a handful, 2 or 3 fennel or parsnip roots pitch'd and stirr'd together with a few Anniseeds beaten, boil all those 3 pintes of water till a third part be evapord, then strain it and reservre it make it sweet at your pleasure. Take herte of the quantity of these unmes in a morning as long as it lastes w w w w w w w w w w w w w

A powder against the w Wormes w w w

Wormesode & the powder of hartshorne burnt of oak a dramme, Coralline and Rhubarb both powder of oak 2 drayles, mixe them. Take herte of your quantity of what will lay on a gracie in any sweete drinck or syrruppe in honys water w w w w w
Glycup of pomegranate, or Oron kill wormes naturally. Dose 2 spoonfulls to an infant higher in proportion of strength w w w w w w w

To stay of spreading of a
CoraLemnia w w w
Take of Proschijthes of w w w and sharp frotting Sorb w
CoraLemnia 3ij mixe it with as much cold water as will make it forme to the forme of an ointment, herewith anoint the places white loude in powder alike temporis availes in w
123

Like case Ointments ready at the Apothecaries
in 3 cases are Unguentum album Cam-
phoratum, Unguentum rostringens Gallicum &
or Unguentum rubrum Elixerum C. H.

*R*elaxatione, reis marini antler, flor latitudine
Leite dracaena, ana 3 i. Spec. Diaploca, Diarrhoea
Sclater, ana; 3 & Mastix, olitani, ligni aloes ana
3 & miscanthus ex syrrup stockardis 1. 3. in Electuris
*R*elaxatione, 3 & sumatur ad horizontem frictio
in oxy mole simul 3. bed in a
musica 3. uuu

To stay the flux uuu

Take an handful of 2 of Collyfoot, leaves
biott leaves and malaceous of earth an handful
the roots of white poppys, of purpleone, and of
Gummoot of earth half a handful, Pumpkyn seeds
as many the roots of fennel 2 or 3. Amnis seeds
liquorice & raisins of the ginn, of earth an handful
break 3 herbs bruise the goods, glitt & with 3
roots glitt and stone 3 raisins and boile them in
3 pinte of running water, 3 & wastins of one
halfe then straine it and dissolve in the strained
Liquour halfe an oynonc of honore sugar lardie
and mixt with it as much honey, boyleng it
gently after 3 honey is putt in as will make it
a syrrup Take hortof often upon a liquourish

uuu uuu uuu

To cole the Kidneys uuu

Take peditory of the wall, woodsonole &
plantaine of each a handful, Lettuce goods
and parsley goods of each ii ounces plash
mallows rootes, and two rootes of Asparagus
if you can gett them otherwise take the
rootes of succory of each & the rootes of
caperdula halfe an ounce break and slice
all these things and stille them with a gallon
of New milk of the distilled water take iii
or 5 spoonfulls every morninge mixinge
with them of the syrrapp of Lemmons and
Violette of each halfe a spoonfull uuu

To Roast at Large uuu

first wash then scour him well with soot & water till he standis all
of his skin Rawd very thin then poke of his skin below his ventricle hole
not much further having done that take out his gutts as cleane as you
can but wikk him not, then givd him three or four lembches with a poultice
I put into his belly also Ascerath sweet her of Antirrhis & a littell grasse
butter & set then pull his skin bath again over his head goddly
cut of his head heat you may tye his skin over where his head
was set on & it will not be amiss if heat you first draw evvitt
to his ent to keep in his boller, then tye to his spit with two thin
leeson calls about the length of him with broad fyllings roast him
busily & fast with water & doyle till his skin break then with butter
being roasted enough let what was putt into his belly be that he dropp
after his easynge with butter & his sauce with melle butter & gravy

Mr. Thos Parkyns

Folio's 124v to 135r are blank

Mark Twain's manuscript for "The Man That Corrupted Hadleyburg".

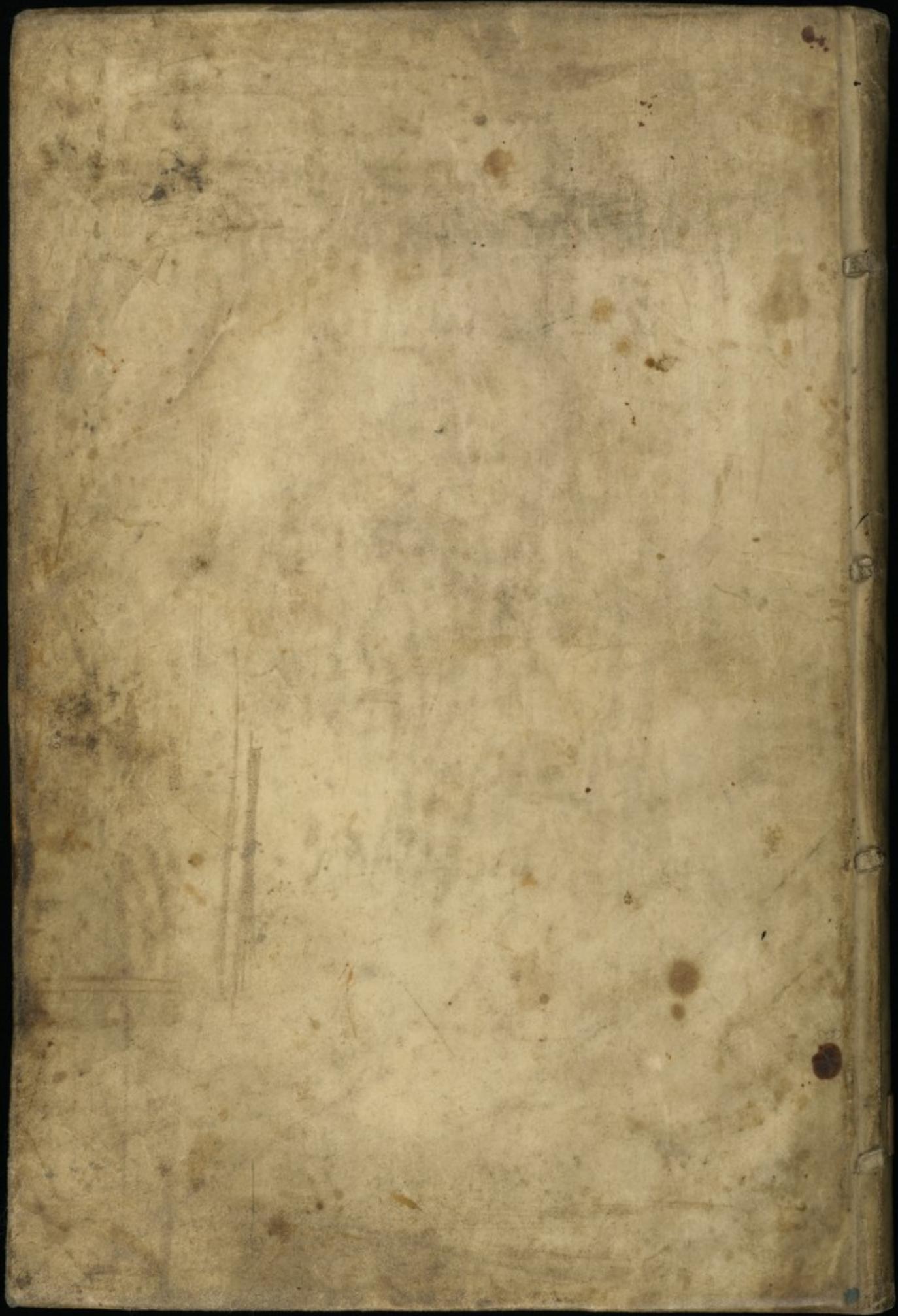
11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100.

The image shows a single page from an old manuscript. The text is written in a Gothic script in two columns. A decorative horizontal line with floral flourishes separates the two columns. The page number '11' is located in the top right corner.

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gives to make me
give to make a man
give to give a gift of soul, man or bone
give to place man
give to make
give to make

Recipit



4668

2