

Ayscough, Lady

Contributors

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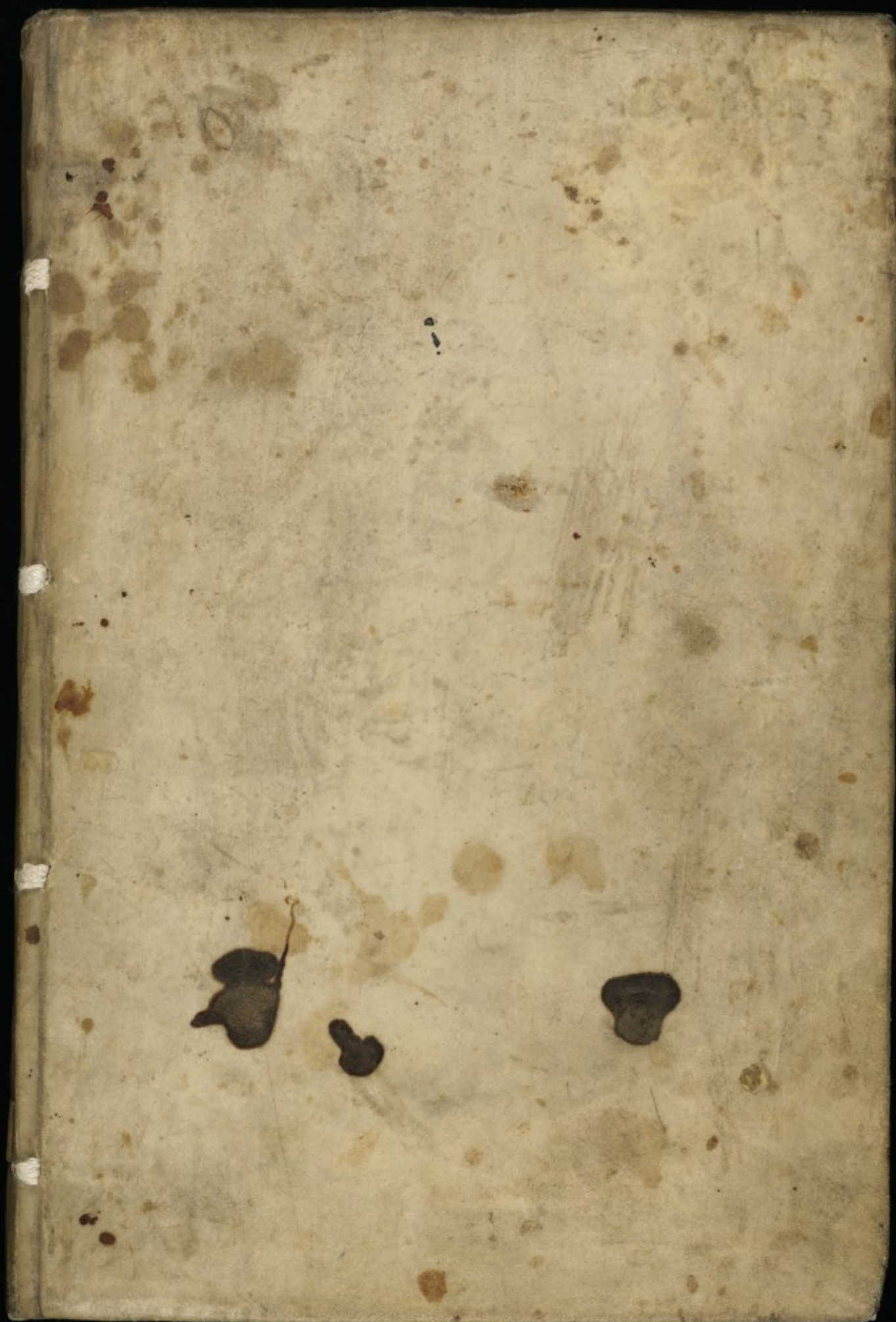
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The Lady Ayscough Booke

Anno Domini 1692



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Aqua-vita

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Mathias Laurence his Balsome

Take 3 pintes of salted Oyle 5 or 6 Spoonfulls of
 Jack & Mungie y^e very small together in a brasse
 pan. Take also 4 pound of y^e best Venice turpa
 wash y^e same in cleare water 3 or 4 times then put
 it into y^e salted Oyle. Ketch it up unto you
 must put 2 Adkins of the wax then let it rest
 48 h^{rs} in a temperate fire for y^e space of an
 hour & at y^e least and let it be gently stirred
 wth a cleane staffe all y^e time itt boyleth. Then put
 into it one pounce of y^e Beeswax & when you can
 gett and after let it boyl again altogether
 untill itt become a perfect yntment & it is for
 an hour longer at least; this Oylment will doe
 very good for many infirmitie even presently
 after it is made but it will not come to
 y^e full perfection; untill it hath been buried
 4 y^ears under ground in dry Earth for y^e space of 12
 months together in an Earthen pot well covered
 both wth wax and out & covered first wth Calke
 then wth lead; it will cure any swelling or burning
 it is good for any old or green wound if you melt some
 of y^e Balsome and ointment y^e wound place first
 and after dippe some fine linnen cloth in it
 and let it be faste as y^e Anguish doth y^e good; or dip
 fine linn^t & linn^t y^e foot; it will help any bruse
 it being often adimted; or if y^e bruse be inward
 you must take y^e quantity of Ointment in both
 or present drink first sweetned wth sugar and
 looke if all the things you make y^e Balsome wth
 be very good.

To stop or draw bleeding

Take some of y^e Blood in either the nose to powder & smuff it
 up y^e nose; if y^e wound apply it to it.
 Or take 4 pices of stee watter cleve the deep of stee
 the beany burn it to powder and smuff a little up y^e
 nose. This is y^e best in drawing cleve & stee bly
 for a little & for near y^e nose for all y^e bleedings but being
 not y^e best wth the Oyle & y^e drawing with wax.

De cure speedy deliverance

Take Sage and winter Savory, wash in white wine
in shortax boil y^e in effluent of white wine five
times to drinke wth a dram of Clove made into fine
powder: about an hour after boile Betony wormwood
& parsley leavess & roots in spring water & drink wth
of it.

The milk water

Take Balm, Red sage Rose and spore mint
of each like quantity sliced y^e in a small and
put y^e into y^e still & y^e water upon y^e of may
as will close y^e water flow y^e in still it will
be distilled off very quick as soon as y^e milk it all
y^e water will be apt to grow cleare.

For the Piles being outward

Take y^e rind of Citron y^e out wth rind scraped
of a good handfull, put it into a pottle of fine
running or spring water, boile it half cleare, then
put it into a Calase & boile it put in an ounce of
and let it stand to settle.
Then keep it in y^e glass when need is let y^e part
growed take some of it into a cleare, and mix it
Blood warm agst y^e fire, but not on y^e fire y^e part
Arag into it, and apply it to y^e place, & as let a
as y^e directly wth soon will bee) let a new be put in
the room of it. y^e this for a day or 2 it will
cure.

Balsome of Tobacco of Spite.

Take five of Tobacco out of Saint John wort, of Sage
Spittle, y^e leaves of Tobacco stamps 2, boile y^e to
y^e effect to y^e consumption of y^e joies then strain it
put it in y^e fine add unto it Vanice Impintine
an ounce of Oil of Bay & mastick each half an
ounce beaten to powder all this you may make
into a salve by putting thereto wax & Resin to
make it of a stiff body.

Prithemius his powder.

Take Colamur aromaticus Indian Sileris
Mentamo willow & rawen & stuna root, y^e in
= takes Amecor parsley. & the prickard of each
of these half an ounce. & the small pearls y^e in
do not use y^e these for stinging & chame of each
Ging white wood night shade or ground pint of y^e
leaves of Sene, dust Tartar of each 5 drams
Mace 6 drams of each 2 drams Rose 7 drams.
made of y^e of y^e & to be half a dram in the
morning & at night either in bread or wine for
y^e first month take for y^e 2 month 2 dram
daily in the morning not at night y^e 3 month take
half of three drams in y^e morning for y^e 4 month
twice a week & so let it be continued all y^e
life long.

For y^e cancer

Take Venus Ruse & Unes beaten small mingle it
with water, & a powder as much as y^e it with
wash y^e mouth of place grievous. After this
Take y^e Venus & mingle it wth white milk & apply
cleare therin & apply. Let doe 2 or 3 times in
one day. Let y^e party y^e deary Ruse in her chind
or water as y^e.

For y^e Ague

Take 2 handfull of Ardenor of y^e round to y^e put
this into a quart of Ale or white wine, boile it half
away then strain it and put it into a glass, let y^e
grieved take half of it in an hour after his sitt
either in bed or upon his bed, deep warm, doe
this for 2 or 3 fells to gether and it will cure
you.

Lucatella Balsome

Take a pint of Olear Solat is 2. ^{Quart} of
of roots turpentine, with it in 1. of water
till it be white, and dry till 1/2 of water be off
2. drams of white wax. Incorporate all
together. 1. dram of red sanders y^e best
in powder, 1/2 pint of gentle fire stir
y^e wth woodcock stick, boyl y^e as long as
you would boyl an egg; strain y^e through
a cloth, let it be not hard y^e better
the better. *Emmenstralis*

implast: magistralis

Balsam of Spirit of Wallit Oyl 1 dram of
 Venus Urine, 1 dram of Litharge of gold
 1 ounce of Litharge of silver 2 drams of
 white wax Venus Urine Litharge of gold
 & silver beat into fine powder Sieged through
 a Sift and put y^e Oyl & Litharge of gold & silver
 together & beat y^e so on a night put in y^e Cover
 tast of all wth Argentis Urine & when it comes
 to a purple colour take a little upon a knife
 point & drop it into a chisel of cold water &
 if you looke itt y^e colour like wax and down
 so y^e & downe, & so y^e then all waye stirring wth
 a wooden stick. Precipitate & count them
 so eat lead floss.

Der 2te Anhang

[illegible]

Take quince 5 lb. & half 4th in rose water
& Sugar to digest 8. 100 let it infuse in 1 month.

A Diet Drink for the Scurvy

Brew wine 2-10 Gallons of Brind wth 1 lb. Bussell
 of malt boiling in the wort. & handfull
 of water crystal must. Agrimony 2 admiss
 Reman of France over the wth after it is
 well boyld and over-kiss in y^e fat. if it is may
 be turne turn put into it y^e Oyce of half of
 Bussell of rocheleux or Georgy Rake same
 powdered or frame hard. Not turn it up to keep
 the chind after each night in y^e morning and till
 before supper, and any other time all pleasure. A new
 you may sometimes hang in it against an ounce
 of musk if y^e taste offend not wth it is not very
 offensive.

To make Gilly

Take y^e shavings of harts horns newly rasped one
Ounce or y^e weight of 8 in silver fair water
Asint & mixe some or Tenish some put this into
A pipkin and set it over a double bott out boiling
12 hours then increase y^e fire if it may boyl
gently and continually untill the liquor be con-
sumed. Then put into y^e 2 spoonfull of Cinamon
proportion. A stick of Cinamon y^e weight of 12 and
Mandel Britte made w^y pearls one Penny & then
set all boyl very gently & continually untill some
of y^e liquor being cold in a spoon will become
A thin Gelly w^{ch} then may be powdred or strained
through A fyne Linnen into Pally pot or Skale and
set to rest

~~~~~

If this Gelly you may take 2 or 3 small spoons  
full silver pot it self or distilld in a draught of  
Rins warme black or clear politt drink, also you  
may take A good spoonfull of it warme or cold  
2 an hour before dinner. Afternoon or last all  
night be fore sleep 3 or 4 chalyes in bread

night to fore sleep 3 or 4 days in almost  
perfect sleep.







For spitting of Blood, or pissing of Blood or any

The hearts of poor souls, & desert mayflower & sac-  
red Church when they are dry, day long, in wars &  
torment of great need of happy inner  
= grace, of sacrosanct & love in it as gall steep  
made in the powder, I have been taken in mind at  
all times be approved for despair affords. Amen

To cure one who vomit <sup>humors</sup> flegm & gross

Letting root drye & soam ta len in powder  
 in wine will cause one to remit phlegm & greif  
 humors, y<sup>e</sup> like vertue hath in myse & barre

To Cure y<sup>e</sup> pin or web in y<sup>e</sup> Eye & to clear

The hand of the person who has written this  
 will have a similar appearance to the eye of the  
 & colour of the eye.

For More Brest. ~ 

Take white Lead, spread butter, of each alike Quantities  
grind y<sup>e</sup> lead fine, & mingle it to gather y<sup>e</sup> mass  
it upon y<sup>e</sup> Sun Rod of Iron brasse two barres.

Put. Apearle or Apia or most in y<sup>e</sup> Eye

Wash & now Laid Eggs & boil y<sup>e</sup> hore & hore y<sup>e</sup> white &  
cut y<sup>e</sup> hore thin y<sup>e</sup> water from y<sup>e</sup> spat & let  
Dress in Red & yellow in a cloth and let it lay  
in Red Dress it in y<sup>e</sup> Rose  
June 1777

For Consumption

Take a quart of raw cow milk & put in 20 grains  
& a hand full of clary Colledge & mix it & little red ma  
& still all these together & drink 4 spoon full at a  
time before me at.

Puttles to break off, crossing  
both grounds of life and eye broad and further  
melt sea lion & red life waves and all these  
together and set forth it upon brown paper  
to apply it both.

Recommendation

Possider Communion, both all these things  
 I put up in order supply it to y<sup>e</sup> poor.  
 A Sign for y<sup>e</sup> Home

Take red lowe milk & put Laxative & pectorator of y<sup>e</sup>  
Walt & Parsalic & madder of time & herbs Radish

and distill all these & drink 6 spoonfull of this  
in 6 spoonfull of white wine w<sup>th</sup> nutmeg and  
sugar and take after it one houre

67

Ferrant Salt, & mulled together in large quantity  
 wine & sugar is good for griping in of belly  
 & Hemack & pain in the chest & top part of the  
 Lungs & for these & more including the Pleurisy

For the Scurvy

Take milk of it on y<sup>e</sup> fire and turne it w<sup>th</sup> Springe  
then take of y<sup>e</sup> fard and put therein y<sup>e</sup> Joyes of Pearry  
- Ewell S<sup>o</sup>l. M<sup>o</sup>well S<sup>o</sup>l. in L. of it morning, noon,

and Night 8 for bear salt water. L & S  
 1/2 of honey & of mustard one of vinegar one  
 of Aquavite and stir up together in gr  
 mouth. L & S

\_\_\_\_\_







## To make the Green Oynment

Take two Loaves of bread of a quart of oil of pound bay leaves  
& green herbs of each half pound dry herbs if desired  
then take three sheep tallow that green herbs put it  
well. The herbs very well then put it into a Bettle  
a pottle of oil. Put by Oil over it to galley then dry  
it close for 4 days then boil it in Span on a close  
fire, when it is cold put 3 ounces of y<sup>e</sup> Oil of  
olive & boil it well then strain it & cover it close.

### The effects of this Oynment

Ancient y<sup>e</sup> Stomach digestion & obstructions rub  
y<sup>e</sup> sack it is good for y<sup>e</sup> Bone or pain in y<sup>e</sup> sack  
any such to them, or burning & healing it is  
made in May & being close kept it lasteth many years.

## For the canker

Take birch leaves, Geranium leaves and weddins buds  
& lime Dyer and sage. Put y<sup>e</sup> oil of sack and handfull  
soil in a gallon of best fair water fill y<sup>e</sup> half p<sup>r</sup>  
consumed then strain and put in a pennyworth of salt  
grain well beaten and fine y<sup>e</sup> oil together  
and put it in a close pot.

## A Powder for y<sup>e</sup> Green Tickles

Take half an ounce of Rose powder & 3/4 of camomile  
& mace and cloves of each an ounce mingle with  
sufficient of y<sup>e</sup> powder and for taste a spoonfull of y<sup>e</sup>  
minting at all time and an hour after drink the  
broth w<sup>th</sup> was they boiled in it & walk an hour after it.

### To stay the teares

Planting leaves, Hampt and strands of the yolk  
of Eggs & mace in oil of Tanis is good to stay  
the teares.

## For A cough

Take a pint of white wine Vinegar as much of y<sup>e</sup>  
Syrup of green Sugar Symp<sup>le</sup> of honey and Rose  
to galley w<sup>th</sup> a handfull of Rosemary and Sage  
boyle y<sup>e</sup> w<sup>th</sup> cheyrie. The honey and vinegar must  
boyle before y<sup>e</sup> other come in; then put in Graces  
of Sugar, it must boyle 1 an hour & take it evening  
& morning.

## For the Plague

Take sack two pints & boyle in it a handfull of  
Sage as much of y<sup>e</sup> sack one pint to be wasted then  
strain it and let it one y<sup>e</sup> few, again put in it 1/2  
pennyworth of long pepper 2 an ounce of Sugar &  
1/2 of an ounce of nutmeg beaten together & let  
it boyle a little then put in a pennyworth of Mithridate  
one pennyworth of Beale & 1/2 of a pint of Chyna  
keep the sack, take of it morning morning & evening  
if you be already infected if not once a day sufficient  
in y<sup>e</sup> Plague time last best for a cure of y<sup>e</sup> Plague  
man, woman, or Child yet never recovered by this  
Drink. This is good for y<sup>e</sup> cholesting & cholest & small  
Pox and other distempers.

## To cure y<sup>e</sup> Dropsie or Acumum p<sup>r</sup> or any weakness in y<sup>e</sup> body

Take a pint of wormwood water, a pint of spruce  
1/2 of a pound of Sugar 3/4 of a pound of wine. Here put  
it in a close Bettle let it stand 4 days and every  
day shake it y<sup>e</sup> day put to it a quart of Mithridate  
and let it stand morning and evening 1/2 of a pint  
but stir it not after y<sup>e</sup> Mithridate is in.  
Marggote the leaves of y<sup>e</sup> water drop  
into y<sup>e</sup> Eyes.







## 1. Poultice for the Bre Chest

Take a quart of the strongest wort one handfull of rose  
mint one handfull of oile hysop & a handfull of  
rose hysop & a handfull of tops of y<sup>e</sup> Rose & three  
leaves and Rose hysop & a handfull of y<sup>e</sup> smatch and put  
y<sup>e</sup> m<sup>o</sup> y<sup>e</sup> wort & boyle y<sup>e</sup> then in till it come to  
be as thick as any poultice then take of  
beate and spread it on the good thicknes &  
drys y<sup>e</sup> best evening and morning thre times  
if it hath broken y<sup>e</sup> rest dry it for 3 days  
in the sun & then use what other salves you  
thinke fit.

## 2. Water for y<sup>e</sup> Stone

Take Linseed, Dillitory, of y<sup>e</sup> wall, of each 4  
handfulls of y<sup>e</sup> dillitory with y<sup>e</sup> hysop & dillitory  
roots of each 6 handfulls two handfulls of y<sup>e</sup> dillitory  
Dillipincula roots or have one handfull of y<sup>e</sup> dillitory  
of y<sup>e</sup> dillipincula roots & y<sup>e</sup> dillitory & put y<sup>e</sup> in a  
Agallon of new milk of y<sup>e</sup> dillitory & sove and let y<sup>e</sup>  
milk 24 hours and then distill y<sup>e</sup> in a chymical  
vile & then will come 3 quartels for then about of  
water. Take hereof 3. or 4 Spoonfulls or at many  
more if you ease w<sup>th</sup> y<sup>e</sup> hysop quantity of y<sup>e</sup> dillitory  
= Wine for quick while y<sup>e</sup> time put in there to some 3. or  
4 Spoonfulls of y<sup>e</sup> juice of Lemons & Little Sugar  
then cut a shalving in thin shew or as many fingers  
laying it on y<sup>e</sup> tongue wash it down in 2 or 3  
Stomach y<sup>e</sup> other mixture use this fasting twice  
if you be in pain decrease y<sup>e</sup> it be for prevention  
use it about y<sup>e</sup> new and full of y<sup>e</sup> Moon Dearest fasting  
together fasting; let y<sup>e</sup> water be 4 monthes before you  
drink it; it must be still in May; if y<sup>e</sup> put 2 drops  
of y<sup>e</sup> y<sup>e</sup> of y<sup>e</sup> summer into y<sup>e</sup> draught & when it will  
Indip of y<sup>e</sup> m<sup>o</sup> dillitory roots it is y<sup>e</sup> dillitory

## 2. To make y<sup>e</sup> Spirit of clary

Take y<sup>e</sup> clary in y<sup>e</sup> middle of May when y<sup>e</sup> flowers  
are y<sup>e</sup> best to be picked & cut it be upon one day  
when you have picked it from y<sup>e</sup> stalks put it  
into a glass still & fill y<sup>e</sup> it 3 quarters full with  
y<sup>e</sup> dillitory & y<sup>e</sup> dillitory & then fill y<sup>e</sup> dillitory to  
body w<sup>th</sup> dillitory white paper and stretch it  
then put y<sup>e</sup> still into Balneum marie & boyle it  
upon a little low fire till y<sup>e</sup> dillitory is dry  
let y<sup>e</sup> clary fast from rising in y<sup>e</sup> water then make  
y<sup>e</sup> water boyl undill y<sup>e</sup> spirit y<sup>e</sup> dillitory.

## 3. To Bring Throats

Take as much amber as will ly upon 26 pines  
and put into 3 Spoonfulls of fitcher milk & give  
it to y<sup>e</sup> party: This never failes.

## 4. To Bring Throats

Take as much Lippall as will ly on a great  
and put into it 4 Spoon of spring water &  
give to y<sup>e</sup> party.

## 5. To y<sup>e</sup> worms for Child

Take y<sup>e</sup> lona cut 3 Partick, y<sup>e</sup> Rucab of each  
2 cl 3 worms. Red cut 3 Partick & y<sup>e</sup> dillitory of each  
cut top let these infuse in a cleant flower  
all night then let it boyl gently together untill  
it be consumed to 3 quarters of an y<sup>e</sup> then strain  
strain it, & mingle w<sup>th</sup> it shalving of y<sup>e</sup> dillitory  
5.3 and use it.











Medicine for y. Bone

[illegible]

For. A. 1745

Take pulvis running water A rasent stone 6.  
Tinged & color red y<sup>e</sup> small 2. 1/2 lb M of collector  
or much steabing out must appear in children  
hair & sores of spleen & p<sup>er</sup>fect. Saught of a n  
hau<sup>er</sup>full or better. Inquisit<sup>er</sup> been there at mid  
year a m<sup>u</sup>nd rock is Walnut tree is 1/2 lb  
Dry & left with force 2. A spoonfull of blun<sup>er</sup> proce  
bilib<sup>er</sup> softly & soest till half m<sup>u</sup>nd be consum<sup>er</sup>.  
In hain it into Mollipet or pipkin.  
Then put on 3/4 of blons sugar candy & it  
crind clau<sup>er</sup> of spirit of it warmed wine in y<sup>e</sup>  
Morning fasting 8. A. A sleep in y<sup>e</sup> after noon  
Till y<sup>e</sup> whole quantity be spent

If you want of these herbs you may get them  
of a grimoire in y<sup>e</sup> place.

For Agrimony in y<sup>e</sup> place.  
Dry of these herbs in summer to use all winter  
and Role y<sup>e</sup> wheels in papers they will stop  
the better. A *Cardiath* to bring away other birth

Take y<sup>e</sup> Roots of y<sup>e</sup> black flower de lucas & boil y<sup>e</sup> same in cle  
 ease till it stinks of y<sup>e</sup> Roach & give y<sup>e</sup> woman to drink  
 every 6 or 12 hours as you shal occasion she must  
 be in bed 2 or 3 days.

To make A Drink for y<sup>e</sup> Bitting of Anas 25

Take sage harts and harts of grape of our sweet harts  
July 2 or 3 heads of garden & young harts of  
beet. would you can get, a good quantity of this  
gray colour with all these together in being off  
it is for dog. But if it be for a man's soil,  
Muscadine in apple & harts of a harts past it  
must not soil over of few but in a harts of soil  
for it more strength, and give it of part of every day  
before every change and such as a Moon for  
harts before every change harts of a harts of  
that is good for man or beast.

Set off. Drink morning & evening. A proper  
Quantity of this.

Quantity of this.  
A Boole of Symp for Consumption

Take a redde clay, brast Silice & weight of  
an Ounce, and infuse it in hott Rubarb by a gentle  
fire all night in an Earthen vessel close stop'd in  
6 or 7 pint of water & y<sup>e</sup> dist it untill there be  
but a fewle left & w<sup>th</sup> this liquer make balne of  
Acouch or outlet y<sup>e</sup> Run y<sup>e</sup> Thaden of & w<sup>th</sup> this  
of Scabious y<sup>e</sup> defect Adon hasd Lemn grass  
Marimong & sharke tongue & Lues one M of time  
and Reimery, of Silice a little of Balsome Candian  
one whole mace or 2. y<sup>e</sup> bottoms of eke of leaf or in  
3 Spoon full of y<sup>e</sup> former Parley & y<sup>e</sup> w<sup>th</sup> each rapens  
& a little Salt.

[illegible]



Take weight of 12, mlibre of corna done of weight  
 of 3 of raspe of y<sup>e</sup> chun 20. of y<sup>e</sup> urub 14 of y<sup>e</sup> marag  
 12 of y<sup>e</sup> an 3. of y<sup>e</sup> hore hound an handfull of  
 Decampant Root & feed it weight of 2 m. libre  
 Boile all these in water & the eight part of good wine  
 Vinagor of bett all most spente & ocell y<sup>e</sup> man of  
 gentle fire & y<sup>e</sup> rest ther from in but a quart. To  
 wch being straim put one 3 of fine honey and of  
 Sugar 2 3 boile it again untill it be like a  
 thin sirup take of this often may Day.

*Universal for women apt to*

Take of clary Volantur of sage an hand full of  
 mass flower Bayony flower of each 2 m. libre boile  
 y<sup>e</sup> in a quart of cle. unto cleint & then straim  
 it. Take a cleint of y<sup>e</sup> pite for an oz. back wash  
 cleant from y<sup>e</sup> blood & a cleint of y<sup>e</sup> Linnet of  
 y<sup>e</sup> P. Bell nupre beat y<sup>e</sup> in a mortar in a strong mortar  
 w<sup>th</sup> a little Muscadine & let it stand on clew Duber  
 6 hours y<sup>e</sup> straim it and mingle it & put into  
 w<sup>th</sup> a little Linmon powder & 3 of white sugar  
 and powder and take draught every morning  
 & at a cleint in y<sup>e</sup> after noon for 9 dayes.

*Universal for S. Anthony's fire*

Take Malles Margold flowers red sage elder  
 leaves of sage of the S. Anthony boile y<sup>e</sup> in four  
 water then thicken it w<sup>th</sup> barley meal. When it is  
 thick enough putt in a good roller of hoggs brase  
 and apply it renewing it morning & night

*Robadum est*

Take Root wort, comfrey & R. wort, of each like  
 quantity, wash y<sup>e</sup> & dry y<sup>e</sup> in an oven after  
 The bread is newly drawn & being well dry beat  
 y<sup>e</sup> to powder then sieve y<sup>e</sup> in a silken cloth what  
 quantity you take of y<sup>e</sup> herbs when they are  
 dryed take a pot full of y<sup>e</sup> seeds & beat y<sup>e</sup> w<sup>th</sup>  
 y<sup>e</sup> powder of y<sup>e</sup> herbs, beating y<sup>e</sup> what ever else  
 you would use it take too much of the powder as you  
 can lay upon 6 bones & drink it fast in a  
 little malting by 10 morning together amounting  
 y<sup>e</sup> of y<sup>e</sup> first w<sup>th</sup> a little oyle of y<sup>e</sup> y<sup>e</sup> mingled  
 with some sweet butt. y<sup>e</sup> weight of y<sup>e</sup> take of  
 y<sup>e</sup> herbs as above said being in y<sup>e</sup> y<sup>e</sup> in y<sup>e</sup>  
 running water till they be tend & drawing y<sup>e</sup> water  
 clean out & be a pite y<sup>e</sup> to y<sup>e</sup> y<sup>e</sup> place as  
 hot as may be suffered & y<sup>e</sup> y<sup>e</sup> to be y<sup>e</sup> y<sup>e</sup>  
 but lett not y<sup>e</sup> y<sup>e</sup> be to straight for y<sup>e</sup> will  
 make it sore further these her be must be gath<sup>r</sup>  
 in May for y<sup>e</sup> the use in their chief strength  
 y<sup>e</sup> has been approved upon children for corns  
 and upon aged people if half been 14 years broken  
 y<sup>e</sup> the Root wort groweth in y<sup>e</sup> y<sup>e</sup> & hath a little  
 root w<sup>th</sup> y<sup>e</sup> y<sup>e</sup> y<sup>e</sup> y<sup>e</sup> y<sup>e</sup> growing togeth<sup>r</sup>  
 of y<sup>e</sup> y<sup>e</sup> of y<sup>e</sup> y<sup>e</sup> head, out of y<sup>e</sup> y<sup>e</sup>  
 then of the patient must lye one hour upright  
 on his back, after y<sup>e</sup> drinking of y<sup>e</sup> y<sup>e</sup> powder  
 & after y<sup>e</sup> y<sup>e</sup>  
 Approved to be very sovereign of M. Wilkins











32. S<sup>r</sup> Walter Langley is Post Provost.

|                         |                               |                         |
|-------------------------|-------------------------------|-------------------------|
| <i>Flores Boraginis</i> | <i>Mitisa</i>                 | <i>massiferus Erlau</i> |
| <i>Anthos</i>           | <i>Marionapa</i>              | <i>Dulce</i>            |
| <i>Helioterpij</i>      | <i>Megtha</i>                 | <i>Am. pnicia ex</i>    |
| <i>Cargop. pilbrium</i> | <i>Valeniapa</i>              | <i>terra sigillate</i>  |
| <i>Ros. Damascen</i>    | <i>COTALOTUM</i>              | <i>Bachatu Liniperi</i> |
| <i>Violatum</i>         | <i>Lignum. Moes</i>           | <i>Radix. Lepianae</i>  |
| <i>Scimbuti</i>         | <i>Sassaparilla virginica</i> | <i>Radix. Lenariae</i>  |
| <i>Ros. solis</i>       | <i>Cardimimum</i>             | <i>Radix. Aristo =</i>  |
| <i>flora Bubenica</i>   | <i>Urtibe</i>                 | <i>= lachis. chunda</i> |
| <i>Cardici</i>          | <i>Lapis Berinaticus</i>      | <i>Radix</i>            |
| <i>Angilius</i>         | <i>in tota substantia</i>     | <i>Carmentilla</i>      |

[illegible]

An Approved receipt for y<sup>e</sup> Pills

Take of y<sup>e</sup> rinde of pease grease putt into a pypeline  
Take of y<sup>e</sup> rinde of y<sup>e</sup> Tanners weale beat it to y<sup>e</sup> fine  
pypeline till it be y<sup>e</sup> soft they rub it & wash it & about  
y<sup>e</sup> laste it off & it is got. Take of y<sup>e</sup> cake of grease  
& scrape y<sup>e</sup> dirt of y<sup>e</sup> backes off it then lay it  
up in y<sup>e</sup> Stillon & it is so y<sup>e</sup> good kept by you  
The peice of grease being soe y<sup>e</sup> good to be used  
Wherof putt to it  $\frac{2}{3}$  of sheeps dung gathered in  
y<sup>e</sup> fields till it be well mixed from hayes & gravell  
Put 2 ounce of sheeps dung to y<sup>e</sup> ounce of pease  
grease into y<sup>e</sup> stom Mortar beat y<sup>e</sup> well together  
an hour, then take it out of y<sup>e</sup> mortar & lay it in a  
cool place, as soon as it begins to be somewhat stiff  
rowle it up into suppositories & being y<sup>e</sup> little hard  
tell y<sup>e</sup> patient take one of y<sup>e</sup> in y<sup>e</sup> mornint it w<sup>ill</sup> sweet  
copper in y<sup>e</sup> mornint half been, as soon as y<sup>e</sup> party  
hath been all stool tell him put in one of y<sup>e</sup> into his  
body till it continue till he get stool again. &  
When it coming away tell him put up another till  
he be well, The use of this sometimes in a of poore  
sometimes in a whole y<sup>e</sup> cure.

My Lady Sister's Baggs a<sup>d</sup> aff<sup>r</sup> pains

Take of macewood, camomile flow<sup>r</sup>, Magnesia, bay berries  
of each of them half bag, or more camomile caraway  
Seed of each an Ounce, Dried if. for the Symplic  
seed beat to a very fine in milk, or water till they  
y<sup>e</sup> are like a pudding. Put in 6 Spoonfulls  
of sack this quantity will make 2 bagges in  
must be used to be apply'd to y<sup>e</sup> belly when heated  
over y<sup>e</sup> 12 hours & when you heat a bag sprinkle  
little sack upon it.















## To make Sweet for lining

Take Damask roses not yet blown & let them dry  
in a dry place for 2 or 3 days. Take Saffron & powder of Ray  
an Ounce of Benjamin half Ounce of an Ounce  
of Saffron & Saffron beaten & put it in a  
bag of linen show this powder amongst it all dry  
upon a cloth of water 2 days but not as much  
as if first it was dry in a cloth covered near the  
fire for your use.

## Aqua Mirabilis

Take Cardemum, Rubeus, Rubarb, Metastelle, Gallinall  
Nutmeg, white Sugar clove of each clove all the  
must be bruised and infused overnight in 3 pint of  
White wine one pint of Aqua vitæ & one pint of  
Juice of Citron & next day distill it in  
a Rose still, it will run & spout drop by drop  
quart, by it doth you must put to it whole  
of clove & of white sugar & any beaten & charred  
remember to put saffron in it.

## M. R. Exdiall

Take 4 heards of 3 or 4 sheeps, quench out of 4 sheep  
and spew them quicly in little thimble like  
chafe an Easton pot put as much rose water to  
them as will cover them if you like not rose water  
take spring water mixt with 2 or 3 spoonfull  
of sack cover it with a cloth and set it into  
a brown bread oven when your draw it down pour  
it clear into a glass & put to it little Saffron  
bark now and then spoonfull of it its highly  
Restorative

## To make White Mead

Take of Rhenish wine 2 pint, great Brier Rhenish  
Bais of each 1 pint handfull and that of  
herbs you please of Oregon Water, Rose,  
Egropion, marsh Mallores leaves & flow.  
Everlast wood Botany Eye bright scabius of  
each of like quantity of 1 pint of 1 pint  
of Pringo roots green of each of like proportion  
to 1 pint of herbs of wild angelica & wort claudell  
Roman wormwood 2 pint such of proportion as is  
every handfull of 1 pint herbs, & 16 part of an  
handfull of these herbs steep them overnight & then  
in a wooden Bowl of water covered then 1 week  
day boil it very well in chaster water fill the  
Bowl to very high, then take another quantity  
of water & boil it same herbs in it till they be  
green, do let it boil 3 or 4 hours time or as long  
as the liquor looks any thing green then let it stand  
with these herbs in it overnight & put as much  
fine honey to it as will make it as an Egg  
if liquor being staid from it herbs be good & labour  
it honey & liquor together. A whole day till it be  
be consumed & let it stand whole night again  
A bearing, do let it stand 14 of an hour & 1/2 white  
& shall of 6 Eggs if be long taken out, do let it  
it clear & let it stand clear & cooling & put in  
it Saffron if it will have it more soft if it may be  
ready to drink & gently take it white of 3 or 4 Eggs &  
spoonfull of Saffron & 1/2 spoonfull of wheat flour & put  
all these together & let it work & some 1/2 stop it, if after  
wards stop it with 1/2 Saffron & Salt 1/2 pound together  
do steep it long in water before it stop it up hanging  
Baird & bag it, piece beat properly as above & do  
Emmamon & Nutmegs put it in a cloth &  
hang it in a cloth in 1/2 Barrel.



## My Lady Comarck

Take one pound of Ripe buds, paralytic from a  
White & finely beaten 2 Ounces of Benzoin  
40 grains of Gum Benzoin 24 grains of mace  
10 grains of Sassa 12 grains of y<sup>e</sup> spirit of Rose  
one Ounce of y<sup>e</sup> Oyle of Sassafras make it up  
w<sup>th</sup> Raine Black & Gum Dragon steep in  
Rose water & Orange flower water, if you  
have not leisure to make it while y<sup>e</sup> Ripe are  
fresh, you may beat y<sup>e</sup> Ripe after y<sup>e</sup> former  
manner and dry y<sup>e</sup> m<sup>o</sup> when y<sup>e</sup> buds y<sup>e</sup> very  
finely, made up y<sup>e</sup> remainder w<sup>th</sup> y<sup>e</sup> same of it  
Marrichon distill in Orange flower or Damask Rose  
water y<sup>e</sup> Comarck will be better if y<sup>e</sup> third part  
of y<sup>e</sup> grounds, be Rose Oyle flower & Sweet majoran  
finely beaten & steamed w<sup>th</sup> y<sup>e</sup> Ripe

### For y<sup>e</sup> Black Pundance

Take a pint of Earle wormes, such as creep out of y<sup>e</sup>  
Earth after rain and put y<sup>e</sup> in Dish & hang it  
good handfull of Rye straw upon y<sup>e</sup> and cover y<sup>e</sup>  
very close when they have taken their one hound  
wash y<sup>e</sup> very clean w<sup>th</sup> fair water y<sup>e</sup> take  
y<sup>e</sup> out of y<sup>e</sup> Dish and beat y<sup>e</sup> very small & beat  
y<sup>e</sup> in a quart of White Wine till they be all  
half wasted & drink of this every morning  
and every night for sweet & mass  
fresh every 2 Days

## For Intestate & any Infection

Take of woodroffe of woodroffe countess of Rye one  
w<sup>th</sup> y<sup>e</sup> wood of y<sup>e</sup> 2 Ounces an Ounce of Venice  
treacle & Spoonfull of y<sup>e</sup> Simps of clove Gill y<sup>e</sup>  
flowers of saunders Anglica Beaten to powder  
2 Spoonfulls mix all these in the Electuary & take  
in y<sup>e</sup> morning fasting y<sup>e</sup> quantity of a walnut.

### To keep y<sup>e</sup> Small pox out of y<sup>e</sup> Throat

Take y<sup>e</sup> third section of Iron & barley one quart  
boil it in three quarters of an Ounce of hart  
herb as in a day take three or 4 good many of the  
bruy<sup>e</sup> to boil altogether to y<sup>e</sup> wast in a half of  
half of y<sup>e</sup> liquor then give 2 or 3 Spoonfulls at bed  
Time y<sup>e</sup> following as easily done as possibly  
may be.

### To make Pascin Powder

Take two Ounces of pearl one Ounce & half  
of white Rub y<sup>e</sup> half an Ounce white Amber  
great half an Ounce hart herbe half an Ounce  
four ounces of rub clawe to make this up into  
into Balls you must take 14 Scales of y<sup>e</sup> kind and  
steep y<sup>e</sup> 12 hours in three quarters of y<sup>e</sup> Spring  
Water, you must put y<sup>e</sup> m<sup>o</sup> of water in till  
it be a little full, then w<sup>th</sup> y<sup>e</sup> quantity of a  
Pint you must dry y<sup>e</sup> balls of Rub clawe very  
shackly

M<sup>r</sup> Robinson



## A Rice Cordial for the Colic

Take about an Ounce of running water put in 2 Spoonfulls of white Rice & Every little mace let it boile till the Rice part be consumed then take y<sup>e</sup> yeller & hard y<sup>e</sup>sted egg & beat it w<sup>th</sup> some of y<sup>e</sup> liquor & strain it into it & Boile on itt w<sup>th</sup> some more water & fine Sugar to y<sup>e</sup> taste and if you would have it more binding put into it a little red wine when y<sup>e</sup> egg is made it hot upon y<sup>e</sup> fire & mix it w<sup>th</sup> w<sup>th</sup>.

## To make Symp of Colic for

You must wipe your Collic for very clean w<sup>th</sup> a cloth and stamp it in a Mortar and strain out y<sup>e</sup> Juice and put it in y<sup>e</sup> glass & let itt stand untill itt hath chard green steam upon itt and under y<sup>e</sup> very clear & put to it pint of Juice of a pound of Sugar let it stand y<sup>e</sup> fire till itt Boile then strain it clean & when itt is cold put it into a glass for y<sup>e</sup> use.

## A Symp for y<sup>e</sup> Colic.

Take Burgundy pitch, Resin, Bees wax, of each 2 Ounces melt y<sup>e</sup> w<sup>th</sup> together then take one Ounce of y<sup>e</sup> Oyle of mace & all these together & spread them upon a dish & dry y<sup>e</sup> dish y<sup>e</sup> flesh dry y<sup>e</sup> plate shutt up on it & lay it warme to y<sup>e</sup> place pained.

## Extemporary Sympocra

Take Cinamon, half an Ounce forer, nutmeg, Benzoin, mace, a quarter of an Ounce long Pepper y<sup>e</sup> weight of Great mace that into y<sup>e</sup> powder mix w<sup>th</sup> 6 or 8 grains of Amber Grosse If you please one or two more grinding them w<sup>th</sup> together put in a pot in a sheet by itt self & will hold about a quarter of a pint full y<sup>e</sup> glass w<sup>th</sup> good Aquavite or spirit of Raisins or other wine let y<sup>e</sup> stand 8 or 10 dayes together if you will longer then after they are bottled pour away y<sup>e</sup> liquor from each and keep y<sup>e</sup> severally.

If you would have Hippocras take to every pint of white wine or sack a Spoonfull more of y<sup>e</sup> liquor if you desire it to be perfumec w<sup>th</sup> the finest or liquor w<sup>th</sup> Amber or mace if not y<sup>e</sup> other draw y<sup>e</sup> w<sup>th</sup> Sugar as much as will suffice to give y<sup>e</sup> a good smell.

## A medicine for y<sup>e</sup> yellow jaundice

Take Turmeric and saffron and beat y<sup>e</sup> w<sup>th</sup> powder severally y<sup>e</sup> take as much of y<sup>e</sup> one of y<sup>e</sup> other & mingle y<sup>e</sup> together & take as much as will cover a great every morning and night rowed up in a conserve of Barbary or y<sup>e</sup> pape of an Apple that you must take for the space of one week.



96 *Garcius Powder.*

Take white Amber, red corall, pearls, crabs eyes hart  
horn of roe, of these one ounce made separately into  
fine powder by each side of a cleave of mull  
or in weight made into fine powder as of all y<sup>e</sup> rest  
Avery little Amber grease & a very little of y<sup>e</sup> musk  
Musk 2 or 3 leavrs of saffron when all y<sup>e</sup> powder are  
ready to be made into ballie, you must y<sup>e</sup> Amber grease  
musk & saffron into dispoentall of y<sup>e</sup> rest w<sup>ch</sup> be  
desolved, then hand in a linc of red & Am, little in y<sup>e</sup>  
spring & dry by hanging of y<sup>e</sup> up, put y<sup>e</sup> in with  
A little spring water into an Earthen pot cover it  
w<sup>th</sup> a cloth, w<sup>ch</sup> you must let stand 48 h<sup>rs</sup> moderate heat  
Let y<sup>e</sup> be continual fire 24 h<sup>rs</sup> when y<sup>e</sup> open y<sup>e</sup>  
pot take out y<sup>e</sup> Am & y<sup>e</sup> clean ballie which  
you into y<sup>e</sup> liquor, in y<sup>e</sup> pot, cast away the thing  
being clean & dry out When put up y<sup>e</sup> liquor in a  
glass & w<sup>th</sup> y<sup>e</sup> liquor make up y<sup>e</sup> ballie being all  
mixed together make y<sup>e</sup> into ballie, so fine  
if they may be made as y<sup>e</sup> Am & y<sup>e</sup> window or  
an elegant distillat<sup>n</sup> from y<sup>e</sup> third, if you have not  
Red make y<sup>e</sup> of y<sup>e</sup> ballie in y<sup>e</sup> make up y<sup>e</sup> gear  
Ballie with all when they are dry w<sup>ch</sup> being  
Ballie in chibnate paper & keep y<sup>e</sup> in a bottle  
if y<sup>e</sup> though may not be ballie heart out if  
you will y<sup>e</sup> Musk & Amber grease & put in  
A good quantity of y<sup>e</sup> ballie.

*Use & vertues of it.*

It is a good poison & counteract against all dyables  
participating of y<sup>e</sup> nature of small pox & y<sup>e</sup> distillat<sup>n</sup>  
Leavours of plagues &c.

It is good to suppress all vapours rising from y<sup>e</sup> A<sup>g</sup>  
head & stomach heart from y<sup>e</sup> lower parts especially  
if it be vomitment & maligant by y<sup>e</sup> A<sup>g</sup> it be  
y<sup>e</sup> poison of y<sup>e</sup> Am & stomach, according & fasting  
especially if they proceed from vapours out  
of y<sup>e</sup> Moshet or spleen.

It is a good y<sup>e</sup> satisfaction of y<sup>e</sup> body *Travels, Agues*  
by y<sup>e</sup> Am, it is good against *Intermitting Fevers*  
consumption

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49  
Copper water for discharges of y<sup>e</sup> head in black  
Cholera of wine or water, if y<sup>e</sup> heart in some Cordia  
it helps heart burnings, Cures a Redbreast all  
longest flower of blood or other of strength in  
all parts, as y<sup>e</sup> stomach Liver spleen womb vertebra  
of y<sup>e</sup> Malignancy of Harts horns they are of  
as of Geseignat powder only it is more  
refreshing. & kinder Copper also it is more effectuale  
in fluxes &c  
The quantity of y<sup>e</sup> is from 15 or 20, to 50 or 6 grains  
Dissolve of y<sup>e</sup> in y<sup>e</sup> glass of wine, for the strength of  
Liver spleen stomach & womb & it stops  
gentle all longings & fluxes in y<sup>e</sup> belly.

Take the small Pox to take y<sup>e</sup> spots out  
of y<sup>e</sup> face or keep y<sup>e</sup> from pitting.

Take one Gallon of white wine & pints of rosemary  
flowers & pints of annise and handfull of Basil  
and handfull of flax seed & common salted 2. shovels  
of white paper turn into little bits & spraye  
of nine dayes. The y<sup>e</sup> should be washed up  
the little being first taken & in 12 or 14 water  
then put in a napkin & hang up & while y<sup>e</sup> day  
must be Linnen & flax & all things taken out  
of it & wiped so. & when cleare y<sup>e</sup> head must  
be thrown away and they 9 quarters only  
put all these things together into a close still  
Distill y<sup>e</sup> w<sup>th</sup> a sufficient quick fire the  
pint of y<sup>e</sup> first drawing will be strong but the last  
is best and so y<sup>e</sup> of y<sup>e</sup> second & for y<sup>e</sup> 3<sup>rd</sup> then put to  
each pint of water 23 of y<sup>e</sup> best white sugar Candy  
first beaten & dissolved but y<sup>e</sup> water must be first cold  
before y<sup>e</sup> put it in, so preserve it for use.

## The Content of Livers Juice of

Take A. of y<sup>e</sup> best and greenest english Liver  
scraps it very clean & cut it in thin sheets y<sup>e</sup> best  
it in a Glass Mortar w<sup>th</sup> 3 or 4 Spoonfulls  
of Damask rose water when you have put it  
downe for one y<sup>e</sup> of y<sup>e</sup> water put in or much  
hyssop water or wine cover it, & let it stand  
one night, the day you must have but a pint of  
hyssop water in all if you think y<sup>e</sup> will be too  
strong, let y<sup>e</sup> 4<sup>th</sup> part of it for water then  
fill it well together, and strain it through an  
Oremery then strain it as long as y<sup>e</sup> can get any  
juice out of it, then put it in a Glass bottle  
Set it on a quick fire stirring it continually  
& boiling it as fast as you can, make into  
it till it be ready to loose then  
take it off y<sup>e</sup> fire & put in half Spoonfull  
of white sugar Candy or brown sugar Stir  
it well together till y<sup>e</sup> sugar be dissolved &  
let it stand till it be pretty cool in an  
Earthen or potters Dish you must have A  
pound and an half of white sugar Candy  
beaten and dissolved so make it into paste  
only you must reserve some of it to  
Lose it up withall in what fashion  
you please.



<sup>50</sup> The great Balsam Water for an Apoplexy <sup>51</sup>

[illegible][illegible]

Notes for Mr. Ayscough

Take of chosen Quass made into fine powder  
one Dram and shall any Lungs of a Fox  
crys'd and made into fine powder one Dram  
off fine Sugar Candy. — — — — —



## 52 Diacordium

Take to dry in a chamber 2 or 3 days 300 white poppy  
heads full grown but not too ripe after which wash  
them in clean cloth & cut off the stalks then blanching  
in great earthen pott that will hold water cut  
the heads in quarters and put in 4 pints of water and  
salt into it. Put when you have cut off the heads  
in this manner put send 14 or 15 pints of y<sup>e</sup> purp<sup>r</sup>  
water into it. Put upon y<sup>e</sup> fire and y<sup>e</sup> water at y<sup>e</sup> fire  
hath & let y<sup>e</sup> steam to matter it as hard as best  
putting y<sup>e</sup> steam all y<sup>e</sup> hand once or twice in y<sup>e</sup> time  
y<sup>e</sup> best y<sup>e</sup> in some salt or sweet thing until thin enough  
to Out & they be soft, & y<sup>e</sup> liquor waite to 3 pints & take  
y<sup>e</sup> steam y<sup>e</sup> liquor from y<sup>e</sup> heads & send y<sup>e</sup> some clean  
thick cloth y<sup>e</sup> put the 3 pints of liquor & of single  
refine sugar & boil it to y<sup>e</sup> height of y<sup>e</sup> good thick y<sup>e</sup> prop

## Receipt For A Consumption

Take of Marshmallows 2 quart, put to it 4 gallons of rain in  
water let it stay 24 hours then with observation y<sup>e</sup> top  
of it must be clean taken off y<sup>e</sup> steam y<sup>e</sup> water from  
by y<sup>e</sup> time, put into y<sup>e</sup> water a pound of English figs with  
Mice & 2 pound of chineese bruis'd & 2 pound  
of Saffron & 2 dozen blades of large mace give y<sup>e</sup>  
patient this to drin & after it hath been stop'd y<sup>e</sup>  
home & 2 pint in y<sup>e</sup> morning fasting & walk after  
it, at much at 4 o'clock in y<sup>e</sup> afternoon & 2 times  
glass all going to bed if you find good in it, leave  
it for 4 months or 2 & take it again if you find it too  
to be over in cleave y<sup>e</sup> quantity of any good  
purgative thing if many were used but this day  
four wine quart is y<sup>e</sup> Measure.

## My Lady Allen's wat good for Stomack 53

Take of Radix, Sage, Rosemary, Rue, Mugwort  
Pimpernel Dragon, Verbena, Hyssop, Salvia  
Pedunculus, Carduus, Carduus, Betony, Rose  
Sage, Angelica, Borage, Endive, Succory, many more  
of the soft, handfull flowers & leaves, herbs & roots  
furnish y<sup>e</sup> tongue, herbs tongue of oars of the  
birds & good handfull Angelica root & gentian  
roots & tormentilla & Leonurus, liquor of oars of  
the soft roots is an. Oued one root. The camp no  
one root of y<sup>e</sup> same, scrape wash & then y<sup>e</sup> roots  
gather y<sup>e</sup> herbs in y<sup>e</sup> sort of y<sup>e</sup> day mix y<sup>e</sup> all  
together let y<sup>e</sup> be in a clean bottle till y<sup>e</sup> next  
day then shade y<sup>e</sup> very gently and put y<sup>e</sup> in a  
earthen pott cover y<sup>e</sup> with y<sup>e</sup> cloth while you can  
you may take Anna's seed and fourth of each  
an Oued and an half 2 nutmegs bruis'd y<sup>e</sup> roots &  
nutmegs gently, shade y<sup>e</sup> seed amongst y<sup>e</sup> roots  
be then stop y<sup>e</sup> very gently for 3 days & 3  
night y<sup>e</sup> still y<sup>e</sup> in an Ordinary still stoping  
it close as you see before, when you take  
it let it be like warm & put some sugar in  
it for 4 spoonfull to chineese Phil. To strong  
6, to another more.

Diacordium est







## For the Scurvy

Take of gallon rose wine peckett & in 1/2 pint  
handfull of ba. Scurvy grass and one of garden scurvy  
grate one handfull of water & press out of both kinds  
& handfull of wormwood wash them in cleale  
and strong water then dry cut y<sup>e</sup> grass cut round  
in three 1/2 inches and as many leaves then take of  
pott that hath a stopper & a funnel & have of herbs  
out of y<sup>e</sup> same & Ringar set doe to all y<sup>e</sup> in y<sup>e</sup> pott  
your peckett drink drinking lett upon y<sup>e</sup> heat  
Morning drink & wine take of it & so at 4  
A clock in y<sup>e</sup> afternoon untill it is done repeat  
this oft it is excellent for y<sup>e</sup> Scurvy.

An excellent green ointment made  
made in may, good for any chancres or swelling in any

Take young bay leaves wormwood of each 1/2 pound red  
sage 2 pound gathered in y<sup>e</sup> heat of y<sup>e</sup> day of each  
one pound beat y<sup>e</sup> grass small in a mortar then  
take 2 pound of flowers distill new Lard & pickt  
from y<sup>e</sup> Lard work y<sup>e</sup> all togath. w<sup>th</sup> y<sup>e</sup> stamp.  
then put it to speake of heat & y<sup>e</sup> over it  
well together w<sup>th</sup> y<sup>e</sup> hand till it become of one  
soft & color y<sup>e</sup> put it into a new Earthen pott  
& let it stand covered 8 dayes then lett it over a  
soft fire & leave it untill it is white then put  
into it 1/2 of y<sup>e</sup> Lard of y<sup>e</sup> Lard & let it boil 4 hour  
more you will know when it is enough by putting  
Tereb upon a plate when it appears of a brown green  
color take it from y<sup>e</sup> fire & strain through a sieve & keep it for

## To make Cr. Lip water

Take 1/2 Gallon of strong Ale or wine. 1/2 pound  
peck of pickt rose leaves 2 Ounces of blisse  
Aniseeds half a pound of liquorice sliced made  
& 1/2 pound Sugar Pin upon and nutmegs of each  
an Ounce let all these lye in y<sup>e</sup> Ale or wine  
A week close covered then put in 2 handfulls of  
currants 2 Spoonfull of paper butts over them  
Angelico 2 or 3 branches, Betony horse radish  
possitory of y<sup>e</sup> wall, ground lime Laverwort & L  
John grass Dandelion mugwort, Sprai in int  
Parsley Benedicte Red wood yellow Monarda  
Ellcampane & Rumfay of each one hand full  
lett all these lye in 2 or 3 dayes more still y<sup>e</sup>  
In the limbeck w<sup>th</sup> of y<sup>e</sup> glass for it must be still  
heavily y<sup>e</sup> pot be not full put in more Ale  
or wine & draw it in 2 days all Bottles till it  
begin to turn y<sup>e</sup> next day, strangle through a  
small together & w<sup>th</sup> a pint of y<sup>e</sup> Sugar be abou  
and cleared, reserve it for use.

## Water to wash sore mouths

Take 1/2 quart of Ale & a m<sup>ch</sup> of sage rosemary  
Woodbine leaves plantain & bramble leaves w<sup>th</sup> each  
2 pint boil y<sup>e</sup> together from 1/2 quart to 1/2 pint  
when it is thus put in honey till it be something  
sweet put in a piece of salt & let it boil  
all together strain it & keep it for y<sup>e</sup> use you may  
make it either of wine or water.







## The Sun Line Plant: Juice

Take of Collected water unlesse the water of each of the  
 three waters, & howe water, & each of them put into  
 y<sup>e</sup> water. A ounce of Mithridates roote sliced thin and cut  
 of shaver harts hande & an ounce of madder roote sliced  
 thin. & Sweet marigold of an hand full of each two  
 pounde, of dandelion two pounde of English liquorish  
 roote & Salicet thum, put all these into Collected  
 water, it exceedinge sixe & seven in chales of water  
 water, & let it stand on a soft fire. Day or more  
 untill 2 parts of y<sup>e</sup> liquor be consumed. & then  
 all y<sup>e</sup> good ingredients & take of pounde of y<sup>e</sup> best green  
 English liquor & Straps it very cleane & put it into  
 them. Straine then Collected water. Mithridates  
 of y<sup>e</sup> liquor & when it is wete bruide you must  
 put it downe, from y<sup>e</sup> heat of y<sup>e</sup> mortar & when y<sup>e</sup>  
 rest of y<sup>e</sup> liquor cold upon it, it must be kept  
 in a glass till it stande 2 or 3 dayes then  
 strain it well together & strain it through an Linen  
 then strain it as long as you can gitt out drop by drop  
 out of it, if put it in so thick it is not good to drink  
 find, then it continually for fear of burninge  
 find, it as fast as you can, made it best till it  
 be ready to rope, when you have boild it to y<sup>e</sup> height  
 you wille bruide it, & pome out then put it in  
 A pounde of white sugar Candy finely beaten and  
 soaked in y<sup>e</sup> drop of y<sup>e</sup> spirit of Rosemary  
 & Camomile & strain it of each drop 6 of others  
 & bruide as much of mass as you please & nicorne her as  
 & bruide it as what you please. & let all this stand  
 untill they are cold in a Glass or pottle till you  
 must have it pome out all the rest of sugar Candy  
 finely beaten & bruide it into y<sup>e</sup> mass & if you  
 wille some of it soyle it into balls with all.

## Of Plaster for y<sup>e</sup> wormes in man, woman,

Take of Gall of an Oe. let it stand till it stand  
 untill it be of some honey till it be thick like  
 a plaster, & put it on a paper, & let it stand till  
 long enough to reach from y<sup>e</sup> butt of y<sup>e</sup> stomach  
 y<sup>e</sup> Throat when you lay it on, & when y<sup>e</sup> power of it  
 beatina on it do let lye.

## For y<sup>e</sup> falling of y<sup>e</sup> Fundament

Take red roots toppe and backe y<sup>e</sup> well, put y<sup>e</sup> into an  
 Embellish pot or pipkin, put the hots of y<sup>e</sup> chales of water  
 or faint water, & bruide y<sup>e</sup> toppe & backe till it be  
 bruided, give some of y<sup>e</sup> liquor first in y<sup>e</sup> morning  
 & last in y<sup>e</sup> evening, & always warme apply ing  
 y<sup>e</sup> herb to y<sup>e</sup> Fundament at lett as they can suffer it.

## V. L. Dikes ordiall so berps for y<sup>e</sup> small & in case of y<sup>e</sup> small

Take of Tracle water eight Ounces English Colson half  
 A Dram put into a bag with y<sup>e</sup> Drum of archiball then  
 in all strongly, then distill in y<sup>e</sup> Emature & drupe  
 of y<sup>e</sup> best of chester in Ounces of y<sup>e</sup> drupe of y<sup>e</sup>  
 Lilly flower & as much of y<sup>e</sup> drupe of y<sup>e</sup> Colson  
 it some & 1 an Ounce of y<sup>e</sup> drupe of y<sup>e</sup> Colson  
 you may give 8 or 10 times a day if more and often  
 if less but in case of y<sup>e</sup> Colson not sick twice  
 A day is enough.



# To Make the sacred Sincture

Take one quart of white wine, put to it one Ounce of  
 the powder of Periporia plant. it twice Day 3d of  
 bottle in such places, as it may hang some time  
 of y<sup>e</sup> first att 4 days & you may give it to any  
 one it is effectual in their Stomach & spoonfull m<sup>e</sup>  
 showing fasting as much att 4 of y<sup>e</sup> afternoon  
 most morning & spoonfull & so in y<sup>e</sup> afternoon  
 increase every day of spoonfull till you come to  
 four spoonfulls, then to stop till y<sup>e</sup> patient take  
 out of whole quart if it work better att a time  
 in 4 day give it but only in y<sup>e</sup> morning this  
 Sincture thus used is singular against y<sup>e</sup> Green  
 Vichous.

## A Powder for Consumption falling

Take of y<sup>e</sup> skull of a man Green before it is dry and  
 the Stone y<sup>e</sup> growes in the Ovis goat, dry them in a  
 Oven, beat y<sup>e</sup> to a fine powder give a heaping of  
 as you can take up w<sup>th</sup> a Spoon or expressed to any  
 one if he will, in Spoonfulls till what you  
 please, This Powder kills, kill y<sup>e</sup> Author who  
 was Patient of Sergeant Maynards, and  
 for want of money gave him this over it w<sup>th</sup>  
 way of requital.

# For the Curie B B B

Take y<sup>e</sup> Juice of Chenshuff or Golding, y<sup>e</sup> Chanise, all hard must  
 put to good quantity of it heat now made into Bar or ale, keep  
 this y<sup>e</sup> Juice of Chenshuff in y<sup>e</sup> then strain it through a cloth  
 through a clean cloth, & take at much of it as will make  
 a good draught and put to it the quantity of about mo<sup>st</sup> of  
 Treacle, Stir it well till y<sup>e</sup> Treacle is dissolved in it, then  
 warm it and drink it in y<sup>e</sup> morning fasting & also at  
 Night when you get to bed Let it be 2 hours after y<sup>e</sup> most  
 let y<sup>e</sup> Medicine be so att be made fresh every day  
 if you can if not y<sup>e</sup> may make it much att a time  
 will serve 2 days as you make it strong enough and  
 put Treacle to every draught as afford, but keep it in  
 every close vessel,  
 Help for Chenshuff in y<sup>e</sup> it is always of plenty  
 you must take y<sup>e</sup> Chenshuff & y<sup>e</sup> it will be good for y<sup>e</sup>  
 And if your Stick be on your right Side under your  
 Small ribs, lay this Medicine on y<sup>e</sup> Side of y<sup>e</sup> back  
 directly ag<sup>t</sup> it, so it will be not directly against  
 your heart, for y<sup>e</sup> Medicine will move y<sup>e</sup> Stick  
 to y<sup>e</sup> place where it laid & therefore y<sup>e</sup> Medicine  
 must not be laid near y<sup>e</sup> heart for fear of draw  
 it so that placed this half of y<sup>e</sup> y<sup>e</sup> great good, but  
 for y<sup>e</sup> Purple Gall for any inward case, that is taken  
 when a number of other Medicines would not be able.  
 This hath been given to a young Child when  
 the red y<sup>e</sup> hath been drawn in & the Child  
 like to dye & it hath recovered.



## O T. Medicine for y<sup>e</sup> Stone

Marsh mallows leaves, Knees herbs Radish leaves  
and roots, pellitory of wall, Lignum Serap.  
Sassafras, white wine, white Tansy, Potapodia of p.  
Jacks, Golden Rod, Mercury. The proof pepper, etc.  
take of each an handful with washed & clean  
dryed, & put into new milk let it in a steep 12  
hours y<sup>e</sup> herbs covered over about 2 inches, then  
mix all together still it in a common still  
y<sup>e</sup> water there of mix w<sup>th</sup> white wine, Sherry  
of Althaea, or Sugar & a little nutmeg. A pint of  
water & as much white wine too take it when  
you feel pain, if you please put in Drum-mall  
Leaves, parsley, fennel, caraway seeds sweet fennel  
Seed & rattle seeds of half an ounce ch-  
Lilla huffs.

## For the Stomack

Take Syntment of Oranges flowers on vines  
of Oyle of white Lillies & Oyle of violets & take  
Grams oyle of mace by expression out dram  
mell them well together & aoint the stomach  
therin all over night going to bed, before  
Good fire & bath it in with warm  
hand & then lay upon y<sup>e</sup> stomach & piece of  
fine browne paper doubled.

## For y<sup>e</sup> Rickets or A Great weakness

Take y<sup>e</sup> white of 3 Eggs beat y<sup>e</sup> very well then  
Tincture of castor & Chamomile y<sup>e</sup> very well  
together and anint y<sup>e</sup> back through 3 Eggs there  
= will every morning downwards but use this  
oymnt allways cold and never warme it this  
is the Oymnt for y<sup>e</sup> back, thighs & Legs.

## O T. Water Receipt for y<sup>e</sup> Rickets

Take of stone Riall or male farn & sandporella  
of each 2 ounces castor & Chamomile & a pint of  
bag 1/2 an Ounce, garden, etc. and clear burs of  
each one handful divide all these into 6 parts  
& put into 6 bottles of small beer when it hath  
been steeping 3 day or 2, let y<sup>e</sup> child drink ther  
& see other drink you may provide y<sup>e</sup> quantity.

## A Secret Drink for y<sup>e</sup> Stone

Take clear pease drink of white wine & ale take  
of y<sup>e</sup> furo & are boil in the pease drink 2  
or 3 winter berries & some of Johnswort and  
susten it w<sup>th</sup> drops of althaea to make it palatable  
drink a good draught of this in y<sup>e</sup> morning  
fasting for 3 mornings together y<sup>e</sup> I will  
it for some time & take it again as  
you find occasion.











## Corniall Water

Take Dragons, rosemary, over me wood, sage,  
 Poreine, mugwort, spabius, Balme Candus  
 For methale leaves, roche Angestre leaves,  
 roche maygole flower, cleaver, pimpernell  
 sentary tops, Bottony flower, Hleaved wood sorrel  
 Agrimony, and Rue, halpound of each, Liguers of  
 Juned Chicampane roots, 2 ounce, Shred y<sup>e</sup>  
 roots small, shred y<sup>e</sup> herbe, app small as y<sup>e</sup> can  
 w<sup>th</sup> a knife then infuse all together in 3  
 Gallons of white wine, 2 night, then distill y<sup>e</sup>  
 in a linbeck w<sup>th</sup> may draw 6 or 7 quartles  
 good, Swallow it a cleaving to y<sup>e</sup> last & put it  
 up in bottles.

## Use for a Rancid horse or one

Give him raw Carrrots grated & all if it be summer  
 waile very clean, For I ate it him as you find  
 the horse for y<sup>e</sup> first y<sup>e</sup> w<sup>ch</sup> he will doe as for 2<sup>d</sup> y<sup>e</sup>  
 or 3<sup>d</sup> to 4<sup>th</sup> w<sup>ch</sup> he give him of y<sup>e</sup> For 4<sup>th</sup> times  
 To day and let him have water and good food  
 at all other times but let all his late have  
 honey rubbed amongst y<sup>e</sup> w<sup>ch</sup> he has eaten  
 carrrots To day give him chesconfull of y<sup>e</sup>  
 powder of Chicampane, in made up honey &  
 feed him a little after it & let him be kept  
 from meat or water For 4<sup>th</sup> times give him this  
 twice a week every other week still continuing the  
 Carrrots & honey w<sup>th</sup> this last let this be continued  
 For 4<sup>th</sup> months or longer if it be necessary y<sup>e</sup> need not  
 spare him in his stables for exercise it very  
 useful in order to his cure.

## For a Little of a Mad Dog

Take y<sup>e</sup> Liver of a pious hyl & boile  
 it in spring water it must be chipping  
 of y<sup>e</sup> sunning sun light upon & when y<sup>e</sup>  
 Liver is well boild you must drop y<sup>e</sup> hyl  
 in an Earthen pot, have base of Liver & dry  
 it in an Oven & y<sup>e</sup> beat it To powder &  
 Soarce through a fyne sward w<sup>th</sup> you distill  
 y<sup>e</sup> wound you must bathe it w<sup>th</sup> y<sup>e</sup> hyl wasmo  
 then take cleave of y<sup>e</sup> powder of y<sup>e</sup> Liver &  
 show it upon y<sup>e</sup> wound y<sup>e</sup> doo bind it up so  
 A Linning Soak & soe it morning & evening  
 till it be whole.

To draw wind from y<sup>e</sup>

Take Rue, Camemile, Flowers of each one  
 handfull 2 or 3 Top of sweet marjoram  
 boile these in y<sup>e</sup> spirit of wine then strain  
 out about 4 pint, put into it all most  
 of y<sup>e</sup> consoude of Hippocria two spoonfulls  
 of y<sup>e</sup> consoude when this is distilld strain  
 it and put it into y<sup>e</sup> bag.



## To make cock. H. M.

Take Grimony leaves one handfull Tamaris  
one handfull roots of capers & Sassafras  
of Sassafras one handfull harts hore and  
Liver wort of each half handfull put these  
in 4 gallons of cleare water, not less boile these  
in it till come to 3 gallons, let set yeast of  
it to work, take a small flannel cloth or  
a pen pull it and draw it, then give it a little  
parboile when it is cold take 4 pound of y<sup>e</sup> honey  
and mixed it w<sup>th</sup> broath of barley put y<sup>e</sup> flannel  
& bones & all into a bag of tenn y<sup>e</sup> cleare into y<sup>e</sup>  
recessell & put y<sup>e</sup> bag into w<sup>th</sup> it then stop it  
close up 7 or 8 days y<sup>e</sup> bottle it for drinke. —

## To cure of hart. Orange

Take hartbeunge 3 handfulls poppodium of y<sup>e</sup>  
Pads of roots of both sorts of Bugle bark of  
y<sup>e</sup> roots of capers & Tamaris of each a handfull  
chope maiden hair, Balm of cedar 2 handfulls boile  
y<sup>e</sup> in 4 pound of spring water to 5 and then mix  
w<sup>th</sup> 4 pound of white sugar make it into a conserve  
it helps y<sup>e</sup> stopping of malan collyer & y<sup>e</sup>  
obstructions of y<sup>e</sup> spleen & liver & is singular  
against y<sup>e</sup> Rheumatism, being taken 4 spoonfulls in  
y<sup>e</sup> morning, men y<sup>e</sup> and women w<sup>th</sup> y<sup>e</sup> spleen may  
have 4 or 5 spoonfulls. —

## To make Juniper water

Take 8 handfulls of Juniper berries being full ripe  
bruse y<sup>e</sup> a little, put y<sup>e</sup> into a large still being  
2 handfulls of Virginice leaves or must be y<sup>e</sup> same  
in y<sup>e</sup> Sun in may or June, & may be kept in  
a paper bag, pour upon these ingredients 4  
quarts of white wine all 12 or 18 a quart pass  
y<sup>e</sup> still close and let y<sup>e</sup> stand in y<sup>e</sup> sun  
for a house then still y<sup>e</sup> w<sup>th</sup> y<sup>e</sup> moderate fire  
y<sup>e</sup> first quart y<sup>e</sup> comes of keep it by it self  
for it is y<sup>e</sup> strongest when y<sup>e</sup> may draw 3 quarts  
more, & either keep y<sup>e</sup> by them self or mix  
y<sup>e</sup> w<sup>th</sup> y<sup>e</sup> first draught & when y<sup>e</sup> fire is  
gone out of it, sweeten y<sup>e</sup> whole quantity  
w<sup>th</sup> 4 pound of soft sugar, & keep it in bottles  
close stopp'd for your use, you may if you  
please put into every bottle 7 or 8 grains  
of Saffron hyd up in a little saund or  
Lindragg, this will give it an excellent  
taste, this is an excellent water for a  
cold Stomach & especially for y<sup>e</sup> wind  
it may be also given in standing  
fitt hour or five spoonfulls. —



## To make Yntment for y<sup>e</sup> Eyes

Take a doopell of red copper holding about ma<sup>ce</sup> almost 2 lbs of w<sup>te</sup> but flat at y<sup>e</sup> bottom if it may stand, put into it a spoonfull of beere drin<sup>g</sup> but what I have 6 year old being free from any w<sup>te</sup> & w<sup>te</sup> of distill<sup>g</sup> add to it a m<sup>ce</sup> of thick sweet cream that must be beaten w<sup>th</sup> the copper spoon 2 an hour, morning & night for 3 weeks together, nothing but copper being in it. 3 weeks to bind it with to an Oylement w<sup>ch</sup> before you take out of y<sup>e</sup> vessel, take an earthen pot holding about 2 quartes set it on y<sup>e</sup> fire upon it cleare big enough to wrap y<sup>e</sup> pot close up then fill y<sup>e</sup> pot more then 3 quartes full of wine & or 2 days old y<sup>e</sup> day 2 or 3 little sticks cross y<sup>e</sup> pot the beere of copper from falling then turn y<sup>e</sup> copper y<sup>e</sup> open side down w<sup>ch</sup> is upon the fire then join it close up w<sup>th</sup> y<sup>e</sup> dooks y<sup>e</sup> pot stand on y<sup>e</sup> fire till may get & let it stand over y<sup>e</sup> steam of the wine 4 or 5 days then uncover it & put it in pot for use, rub your spoon and Scap w<sup>th</sup> cleare cleare & by y<sup>e</sup> m<sup>ce</sup> up in pot till you have w<sup>te</sup> to make y<sup>e</sup> yntment y<sup>e</sup> vessel and Spoon must never be

Scoured

## To Prepare Steel,

Take 10000 w<sup>te</sup> of powd<sup>r</sup> of Steel, steep in white wine vinegar till it is morning and evening till y<sup>e</sup> vinegar be cleare then pour of y<sup>e</sup> vinegar & sc<sup>r</sup> y<sup>e</sup> Steel by the fire & pound it very small then take a m<sup>ce</sup> for w<sup>te</sup> at usually y<sup>e</sup> have for righten p<sup>er</sup> 2 pound of fine sugar 6 nutmegs grate mix all these together & take as much as will lay upon the root, take it dry in y<sup>e</sup> morning fasting & eat three in y<sup>e</sup> afternoon & drink draught of Oile or white wine after it & sc<sup>r</sup> it an hour after it.

## To Make Lime Water

Quench a stone of quick lime weighing 3 pound in 3 gallons of soft water let it settle clear then pour of y<sup>e</sup> clear water w<sup>ch</sup> is y<sup>e</sup> agone old cock makes a very strong brot, boiling also in it 2

Unce of Sassafras, Throwing 2 Unce of Sassafras not prepared one Unce of China root of Hartshorn shavings & Every of sage one Unce. Spruce wood salted & dry to powder of each an handful 2 a pound

Rasens of y<sup>e</sup> same & a few Currants w<sup>ch</sup> is w<sup>te</sup> must of beas boil it well to cleare brot then pour to it a pint of worme water & a pint of red rose water & distill it all together reserving y<sup>e</sup> w<sup>te</sup> for y<sup>e</sup> use, m<sup>ce</sup> may make more pleasant by digesting in it sugar of R<sup>ose</sup> or sugar Candy or in span sugar let y<sup>e</sup> party take 5. Spoonfull in y<sup>e</sup> morning & y<sup>e</sup> late Quantity about 4 o'clock in y<sup>e</sup> afternoon.







84 *for 4000*  
Directions to make y<sup>e</sup> Drink

Aquam vita coriander seed Jonnott seed English  
 liquorish Ellicampans root herbs radicif root and  
 of saes 2 Ounces, Aqua-vita 2 quarts rasens of y  
 Can one pound, y liquorish scraped cutt into  
 small bits of an Inch long, & shipp'd into small  
 pipes y root Ellicampans & herbs radicif scrap'd  
 & cutt into little rene pieces of 2 breadth all fine  
 into a great bottle & Tawd Alwaan & then it  
 will be full to drinke.

will be full to brim.  
Johns strength of y<sup>e</sup> above said ingredients fully  
They will receive 5 quarts of Aqua vita and no  
more. 3 where of will be very compleat drink the  
other 2 quarts to draw off y<sup>e</sup> strength out of y<sup>e</sup>  
put upon new bottle: at that Aquart from y<sup>e</sup>  
Old bottle mixed w<sup>th</sup> y<sup>e</sup> 2 fresh quarts for y<sup>e</sup> new  
bottle doth w<sup>th</sup> 8 then put 2 quarts fresh upon  
y<sup>e</sup> Old bottle & Aquart of it or as much  
as is left unspent will be fit to put  
upon y<sup>e</sup> new bottle if w<sup>th</sup> is put in y<sup>e</sup> new  
bottle is portable a f m. ch wals standing  
in y<sup>e</sup> same time y<sup>e</sup> w<sup>th</sup> is put upon the  
Old bottle. — — — — —

To the collecting of y<sup>e</sup> wall philippenda leaves under  
roofs & cypress trees it must be cut off smart  
of some of the best hands as young & diff roots are  
Dandelion steep all y<sup>e</sup> m<sup>o</sup> in water some  
4 water of each like quantity & then  
distill y<sup>e</sup> m<sup>o</sup> at Lymbach.

m. Gunter

*Gunter.*  
The white of a new laid Egg will beaten & kept  
good off 1. Spoonfull off. Mixup of violet 1. Spoon  
full off. Mix 1. Spoonfull of Syde of sweet Chinnis  
taken in cle or white wine 3 mornings before  
it full and 3 mornings before it change.

3 Spoonfull of white wine 5 Spoonfull of small  
bees or muzz Honey of mabeit y pleasant to y<sup>e</sup>  
tast & erind the fasting.

A. Bore stone says Boat to ground. & Boat cut Boat  
as much as will go on Boat into Area of the windward.

Take a pint of white wine & burn it up into it a mass of y<sup>e</sup> best castile sope shaved & with  
Lye on a stilling put the fo together & sweeten  
w<sup>th</sup> w<sup>h</sup> Mithra or Sugar.

Take y<sup>e</sup> Stone y<sup>e</sup> in y<sup>e</sup> Bladder of an Ox beat  
thit to powder & take it in white wine as  
much as will by on of great. — — —

<sup>1901</sup>  
Style of Scorpions & Style of Juncos. *Scorp.* —  
Folia

*Infuso Orons in white wine.* —

Take y<sup>e</sup> roots of burrow and gently dry y<sup>m</sup> all y<sup>e</sup>  
fleshy part and so use y<sup>m</sup> put off y<sup>e</sup> much of



The powder as will be upon it & poured in a glass  
of white wine & drink it fast in g.

Take 2 handfulls of rubarb powdered fine & 2 dram of  
Eale eyes prepared & scrup of saffron powdered  
2 scrups of this impuncture the best.

Put these in mortar and with the ready warmed  
Liquor mix it very well w<sup>th</sup> a mix of good oil of rose  
as will make it into a mass when done take a  
part into pills & when drye put it in a bottle &  
take 2 dram of this pills once a day night &  
if now and full of y<sup>e</sup> moon take it not in it  
but only by way of prevention.

### Of Diet Drink

Take 3 handfulls of seraby, water exp<sup>er</sup> & blood line  
of each 2 handfulls, rue, sage, Lavender, rosemary, time  
Lavender cotton, 1<sup>st</sup> 2 handfulls wormwood longwort,  
green broom tops plantain, bramble leaves leaves of sage  
one handfull, monard rubarb & leaves of red radish 3  
Onions 1 lb. these three Onions these all on burnt  
and powdered four penny.

### Of the Scory

Take one gallon .i.e. 4 of each of 5 handfulls bramble stalks  
chop and bruise y<sup>e</sup> one handfull of wormwood 3 gallons  
of clear spring water bott. the best to one gallon of this  
Liquor take 2 Spoonfulls & 2 of white wine morning &  
Evening, if y<sup>e</sup> please & little Juice of Oringe & Sugar.

Take 2 quart of ble w milk and bott it y<sup>e</sup> mate of soft  
w<sup>th</sup> 1 pint of barley grass Juice, 1 pint of white wine &  
1 pint of white wine vinegar. Take 1 pint of this every  
morning & fast till done.

### Receipt for y<sup>e</sup> Stone

Take 2 handfulls of parley two handfulls of Saxa-  
frags 2 handfulls of motory time A large heft  
Radish roots 1 handfull of marj mallows root  
1 handfull of philapendula, 1 hand of politory  
of y<sup>e</sup> wall, two handfulls of mallow flowers all y<sup>e</sup>  
roots must be sliced & to be sliced choppe &  
washed and drye in a linen cloth the best must be  
put in a large piped in 16 quart of new milk  
from y<sup>e</sup> cow & boam steeped together all night  
covering y<sup>e</sup> next morning put it into 2 stills  
w<sup>th</sup> 2 quart first then the rest it very often the  
first must be kept night & day till it be  
still & when you have distilled it put it into  
bottles and set y<sup>e</sup> in y<sup>e</sup> sun or in an oven.

Take 6 Spoonfulls of this water in 6 Spoonfulls  
of white wine. a 1<sup>st</sup> quantity of 1 about hagg  
Shed every time & when it w<sup>th</sup> little  
Sugar, 3 dayes before y<sup>e</sup> change and 3 dayes  
after y<sup>e</sup> change of y<sup>e</sup> moon & 3 dayes before  
y<sup>e</sup> full of y<sup>e</sup> moon, & 3 dayes after & at  
other times if occasion require but be  
certain of y<sup>e</sup> change of y<sup>e</sup> moon.

### The Stone water

Take 2 quart of drabs w<sup>th</sup> y<sup>e</sup> shells on, wash y<sup>e</sup> 8 then shake  
y<sup>e</sup> in a cloth to dry y<sup>e</sup> put the y<sup>e</sup> 2 quart of new milk heavy  
1 pound 2 handfulls of colt foot Agremony & on a paper  
the herb y<sup>e</sup> use to call Gills run by y<sup>e</sup> ground of sage  
little handfulls or one good handfull still these in an oven  
still.







90 For any weakness.

Take Apocynum of Spring water, & an ounce of Symplicum  
broken to bits, boil it, till it be consumed to near  
half, then sweeten it w<sup>th</sup> double refined sugar to  
y<sup>e</sup> liking then let it stand till it be cold, then  
powder it clean ~~from~~ <sup>from</sup> y<sup>e</sup> setting at y<sup>e</sup> bottom  
of y<sup>e</sup> Symplicum, then put it into a bottle y<sup>e</sup> will  
hold 3 pintes, & sent to it an ounce of prepared  
burnt hartshorn shal be lawful for a long  
time drink w<sup>th</sup> quantity y<sup>e</sup> will at any time.

For Grease in Horse Legs.

Let y<sup>e</sup> horse stand or broom fast in y<sup>e</sup> morning  
about 2 paces, of y<sup>e</sup> soft of ch. Rice Grease  
soaps & spread it on y<sup>e</sup> horse's legs & draw it about  
y<sup>e</sup> legs, as far as y<sup>e</sup> humor extends, let y<sup>e</sup> horse  
stand dry in y<sup>e</sup> stable; only slip off a little of y<sup>e</sup>  
hair below y<sup>e</sup> fetlock, before you apply y<sup>e</sup> medicine  
Rinse y<sup>e</sup> medicine over y<sup>e</sup> morning for a morning  
together give him water over night w<sup>th</sup> in it, in  
y<sup>e</sup> stable all the while, & you will find it draw  
out all y<sup>e</sup> matter, & heal all whole, so that  
show shall not appear any show of the y<sup>e</sup> said  
distemper.

For y<sup>e</sup> colic.

Take y<sup>e</sup> marrow of wall nuts, dry y<sup>e</sup> & beat y<sup>e</sup> into powder  
take y<sup>e</sup> powder & well lay upon y<sup>e</sup> horse when y<sup>e</sup> colic  
is upon you; take it w<sup>th</sup> brandy or white wine at night  
as will wash it down.

The Stool pills.

Take prepared Beets in fine powder one ounce &  
Sena in powder, one ounce mix y<sup>e</sup> together ~~coarse~~  
make y<sup>e</sup> up into 4 mace of pills w<sup>th</sup> Syrup of Rose  
if you would have y<sup>e</sup> work pretty if not w<sup>th</sup> Syrup  
wine y<sup>e</sup> make the pills into pills, take 10 mace y<sup>e</sup> into  
hot water 60 & 80 pills, divide these into about  
10: 11: or 12 parts, take each morning w<sup>th</sup> a glass  
& after y<sup>e</sup> swallowing y<sup>e</sup> drink a glass of claret  
or white wine, this will for 2 hours y<sup>e</sup> eat a mace  
of warm bread, when in y<sup>e</sup> morning & y<sup>e</sup> next week  
or else a mace of amule, observe not fast, or  
when y<sup>e</sup> number of pills is taken up w<sup>th</sup> day or  
2 y<sup>e</sup> take pills for 2 day, about 5 mace up w<sup>th</sup>  
about 20 grains myrrh to grains Saffron 5 grains all  
in powder y<sup>e</sup> will y<sup>e</sup> group of so be made y<sup>e</sup> into pills  
if you think this will work enough make of  
y<sup>e</sup> proper person because it is so easy off  
any remains of stool, y<sup>e</sup> may remain in y<sup>e</sup> body.

For y<sup>e</sup> Acce

Take of Licorish 4 spoonfulls, put w<sup>th</sup> it a mace of y<sup>e</sup>  
of sweet almonds, & shall make it them to take; take  
this 3 days together, night & morning before y<sup>e</sup>  
full & change of y<sup>e</sup> moon, drink a glass of w<sup>th</sup> wine after it.  
To the sweetened to y<sup>e</sup> honey.  
Mr. Gunter Take a handfull of y<sup>e</sup> pills, w<sup>th</sup> or paraly, break  
stone & put it into one quart of white wine perfect drink  
boil y<sup>e</sup> 3 p. away drink one pint of at one time.



## TO CURE y<sup>e</sup> colick in y<sup>e</sup> Stomack or bowels.

Take dry worme wood, & chips of wood from y<sup>e</sup> stalks as  
will fill a large dish, take ground wooden dish of  
with hole at point, & fill it w<sup>th</sup> full of y<sup>e</sup> said worme wood.  
y<sup>e</sup> take a red hot coal out of y<sup>e</sup> fire, & lay it upon  
y<sup>e</sup> top of y<sup>e</sup> worme wood in y<sup>e</sup> dish, & fill it w<sup>th</sup> y<sup>e</sup> put  
in of mule, mare worme wood in y<sup>e</sup> dish as will fill it  
thrusting it safely down w<sup>th</sup> y<sup>e</sup> hand. y<sup>e</sup> cover y<sup>e</sup> dish  
fur w<sup>th</sup> w<sup>th</sup> gett brown dry clay, & send it back w<sup>th</sup> w<sup>th</sup>  
A thing y<sup>e</sup> apply y<sup>e</sup> mouth of y<sup>e</sup> dish to y<sup>e</sup> bare

Navill.

## For y<sup>e</sup> Colick

Take an Ounce of y<sup>e</sup> powder of rhubarb put  
it to aquant of white anniseed water  
shake y<sup>e</sup> bottle well thre or 4 times away for 10  
days together, take 4 or 5 Spoonfulls of it any  
time when you are ill, take more or less  
according to y<sup>e</sup> constitution of y<sup>e</sup> body.  
Shake the bottle well before you take it  
if once taking doe not cure you continue  
to take it every 6 or 7 hours.

*Periculum est.*

## For y<sup>e</sup> Asthilla

Take an Equall quantity of att<sup>r</sup> & white copper  
a pound of each make y<sup>e</sup> into fine powder, & put y<sup>e</sup>  
into spreading pie, putt w<sup>th</sup> y<sup>e</sup> do, & stir it w<sup>th</sup> an  
Iron scuer, untill well incorporated & put it upon  
a clear char coal fire & keep it continually stirring  
till itt be all melted & let it boile till it harden  
then keep it dry in paper till it be use.

Take a wake of this pow<sup>r</sup>. putt aquant of spring  
water by it till it be equal to an horn then take  
A clean Earthen pite. y<sup>e</sup> y<sup>e</sup> have grasp in  
itt, into w<sup>ch</sup> put a piece of y<sup>e</sup> said powder.

of y<sup>e</sup> bigness of Obcommon walnut (that  
shall) upon a y<sup>e</sup> powder. Soe but pow<sup>r</sup> y<sup>e</sup> have  
boiling water w<sup>ch</sup> keep stirring till itt be  
all most cold then take a little of itt and  
bath y<sup>e</sup> soke w<sup>th</sup> itt, & dip about 6 times  
double, & lay itt upon y<sup>e</sup> sore & this doe twice  
or thrice a day, & if you perceive y<sup>e</sup> chafe to  
dry w<sup>th</sup> y<sup>e</sup> would be soe, stirring itt w<sup>th</sup> y<sup>e</sup>  
said water, & dip about in y<sup>e</sup> said water  
stir and warme ite much as you shall see all  
one time.



94  
Mr John Wooddalls receipt to cure  
all Strains in the Eyes smartings immoder<sup>ate</sup>  
rhonues and Ophthaluies at y<sup>e</sup> beginning  
with doth well strengthen y<sup>e</sup> Sight

95  
℞. Vitroolum album pulueratall ℥ss; one  
new laid Eggs boyle y<sup>e</sup> Eggs hard, shell it and  
cleave it through; take out y<sup>e</sup> Yolk and in place  
thereof put y<sup>e</sup> Copporus powdered; let it soe  
remaine closed 2 houres or more, then put it  
into a cleane soft raggs being still soe closed  
together and straine it hard, and water will  
come forth of a greene colour, keep it in a glass  
close stopp'd, and when occasion is drop a drop  
or 2 into your Eyes

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For a wheirng in y<sup>e</sup> Pipes or Lungs

---

℞ Raisins of y<sup>e</sup> Sunn stone and steaup  
them and take their Weight in double refined  
Sugar and incorporate them to a Conserve and  
take y<sup>e</sup> Quantity of a beane morning and evening  
and strike downe y<sup>e</sup> Stomack every morning  
constantly

---



*Mr Mathias his Palsey*  
 water alsoo for y<sup>e</sup> Apoplexy

Take of Lavender flowers stript from  
 y<sup>e</sup> stalks & fill them with a large gallon  
 glass, poud upon them very good spirit  
 of Wine or very good Aqua Vitae distilled  
 from all floome then circulate them for 6  
 weeks very close stopped & clad with a  
 bladder, and see y<sup>e</sup> nothing may breath  
 out let them stand in a warme place then  
 distill them with a Limbeck with the condor  
 then put into y<sup>e</sup> said water of Bage flowers  
 Rosemary flowers Cottony flowers of each half  
 an handfull of Borage flowers Bugles flowers  
 the flowers of Lillie Conuallium & Consolida  
 flowers of each a handfull steep them in good  
 spirit of Wine, every one in his season till all  
 may be had. Then put them all digested together  
 put alsoe to them of Rowme flowers Motherwort  
 Spirk flowers Bayleaves; Orangelaves if they  
 may be had of each an Ounce, cutt them all severally  
 and put them together in the aforesaid distilled  
 Wine or Malmsey & put them together & distill  
 them as aforesaid, being stopped the space of 6 weeks  
 Then in this distilled water put Cytron pills dried  
 y<sup>e</sup> Yellow pill or elbe of Lemmon pills & piony seeds  
 kulled of each 6 Drams, of Cinamon half an  
 ounce of Nutmegs Make Cardomoms, Cubeb;

Yellow Saunders, of each half an Ounce  
 & Ligne Aloes one Dram. Make all these  
 into powder, & put them into the aforesaid  
 distilled water & put them of Sassafras new  
 and good half a pound. Take out y<sup>e</sup> stones aforesaid  
 cutt them small close your vessel well with a  
 double bladder: let them digest 6 weeks,  
 then straine this with a press, & filtrate  
 the liquor, & put into it prepared pearls  
 & 2ij smaragds prepared & chabot groeco, musk  
 Saffron an Ounce. Red roses dried well & sweet  
 smelling: red Saunders & Yellow Si. stamp  
 these in a Sartanott bagged in y<sup>e</sup> water well  
 closed that nothing breath out unnece

This water is good in all swoardings  
 weakness of y<sup>e</sup> Heart, decayng of y<sup>e</sup> spirits  
 Apoplexy Rages Epelopsy, all paines of y<sup>e</sup> Signy  
 coming of cold all bruises outwardly bathed &  
 dypped therein in it laid to it for comfort of  
 Inimall betail & Naturall spirits; cleareth  
 y<sup>e</sup> externall senses strenghteneth y<sup>e</sup> memory  
 restoroth lost Appetite all weakness of y<sup>e</sup> Stomach  
 both by taking it inwardly & bathing with it  
 outwardly

Take a quartor of a spoonfull either in y<sup>e</sup> fitt or  
 to provoke it take morning & evening a quartor  
 of a spoonfull with Cusis of bread and sugar for  
 y<sup>e</sup> palsey or Apoplexy and fast half an hour after



## Mr Mathews his other water for y<sup>e</sup> Ruboy of loss priet and Charge

Take a gallon glass filled with Lavender  
flowers (as before) fill it up with spiritt  
of Wine or Malinsey then distill your water  
and Cylo and separate y<sup>e</sup> Oile Then Digest in  
this Water, Sage flowers, Rosemary flowers  
sweet Marjoram an m<sup>o</sup>: / hyssop poony roots  
an ʒi. Botony flowers ʒss. Cinnamon, poony  
goods hulled Cardamoum cubobs. Citron pills  
dried ʒij boile them Digest them: Put in half  
a pound of Jujubies, the stones taken out or raisens  
of the same stoned being Digested 6 weeks straine  
it forth and drink it with Beer or Ale. an

## An Electuary for y<sup>e</sup> Cough of Lungs

Take a Quarter of a pound of honoy; half an ounce  
of Amis goods half an ounce of sweet fennell  
goods; an ounce of English liquorish boate and  
soarte all very fine, as much powder of Eletraupane  
as will lye on a shillinge, as much powder of  
Colts foot as all these, mingle all these in y<sup>e</sup> honoy  
till it come to an Electuary. an

Approued by Mrs Stone

## For a Burne or scald an

Take a pound of Mutton suitt; take a qttr of  
Leor suitt and boile it thick, add to it y<sup>e</sup> white  
of hens Dung, let them boile softly I keep them  
stirring for y<sup>e</sup> space of an hour; soe when you  
crepe it onment it with a feather not plaistering  
it nor keeping it over close. an

Probatum. Goddy Pakenan

## For a sprant new Cene an

Take Bay salt and sew it in a bagge of  
y<sup>e</sup> bigness of y<sup>e</sup> plates considered, sett a skillet  
of water on y<sup>e</sup> fire, when it seeths put y<sup>e</sup> bagge  
in suddainly and assoone as it is hot apply it  
to y<sup>e</sup> sprant as hott as can bee suffered

Probatum by Mr Skillon

## To keep one Soluble an

Take stewed prunes with y<sup>e</sup> Herbes Mercury  
and Woodborrell and eat them fasting an

Probat;



## *Brightness in the Head*

Take 3 or 4 mornings together new milk from y<sup>e</sup> Cow; when it is cold put in sugar and a pretty Deale of y<sup>e</sup> best Saffron and drink it fasting; 3 fast an hour or 2, after

## *Another for the same*

Take a Quart of raine water, a pint of Muskevine, a spoonfull of Rosemary flowers dried, a spoonfull of Burrago flowers dried a candied Nutmeg a spoonfull of white Sanders boyle it till a pint be wasted, straine it and sweeten it with Sugar and keep it in a glass and when you find any fuming in your head, take 4 spoonfulls morning & Evening

## *To comfort the Braine*

Take womans milk of one y<sup>e</sup> giuss suck to a boy 3 spoonfulls of Redroffe water 3 spoonfulls, when you are in bed laid to sleep; snuff some of this up your Nose holding back your head, soe if you may haue some of it into your mouth; This use often in y<sup>e</sup> day, but especially in y<sup>e</sup> Night when you go to bed.

## *For a Noise in y<sup>e</sup> Head or Deafness*

Take Musk and Chambergreene of each a graine bruise them to fine powder on a stone then take 12. graines of pitch & melt it in a spoon & put y<sup>e</sup> Chambergreene to it & lett it melt then put in y<sup>e</sup> Musk, and steepe them altogether & hold it from y<sup>e</sup> fire, and rubb it out of y<sup>e</sup> spoon into a Reale, & with your hott hand against y<sup>e</sup> fire, make it out into little pebbles as biggs as a barley corne but in y<sup>e</sup> fashion of a peare tie them in a little sarnett and ever keep one of them in each Eare. and put new ones once every 4 or 6 dayes

## *Another*

Take Orange peel, and cutt it in long sharp pointed peices, and hold it in Nostrills till it cause Aching.

## *Else*

Take a Gallon glass filled with Lavender flowers, fill it up with Spirit of Wine or Malagey then distill y<sup>e</sup> Water

Mr Mattins



## For a Cure a Soreness of the Brest

~~~~~

Take a Gallon of faire water, put to it
Rorodius Mundat: mss. Parsely roots mss:
fennell roots mss: as much of the root of Enula
Compana as a great Walnut. Sooth these &
grind them very cleane then put to it 12 figgs
sliced, & stoned, of great raisons stoned mss
of Chmiffwoods bruised mss. s. or 6. crops of hops
Sooth all these to half a Gallon, straine it then
dissolve in it 4 spoonfulls of Clarified honey:
Drink thereof morning & Evening being made
warm a good draught ~~~~~

For a Wenne

~~~~~

Take powder of Unsleake Lime with black  
sope, anoynt any Wenne therewith and  
the wenne will fall away; and when it is  
come out, anoynt it with Oyle of Bayse  
and it will perfectly heale it. ~~~~~

## A Cordiall

Take half a pint of burnt Cardus  
mix 4 spoonfulls of Dr Steevens water  
and 2 spoonfulls of Syrrap of Gilly flowers  
and a little Mhorms & soe take it 2 or  
3 spoonfulls at a time ~~~~~

## To make Rale Water For a Consumption

~~~~~

Take a good Quantity of sholl snayles
put them into wheal or ann & they will
cleare themselves then crack & sholl &
and soe still them in an Ordinary still
and of that water take 3 spoonfulls 2 of
carduus water, or Cressie water: some
times take it with Burrage or black
cherry water sweeten it with sirrup
of Gilly flowers or Sugar drink morning
& after noon: it strengthens much ~~~~~

~~~~~

## A comfortable cooling Electuary

~~~~~

Take conserve of Violets 2 ounces
Conserve of woodsorrell 2 ounces
Conserve of Burrage 2 ounces Sirrup
of Lemmons 3s. mix them together
in form of Electuary ~~~~~

A Cordiall Julipp for any illness in the
stomack or Loosness ~~~~~

~~~~~



Take 2 spoonfulls of Spearmint water  
Simple & one spoonfull of Syrup of Cinnamon  
mix it together, take half an hour before  
Dinner & Supper. Probats. *aaaa*

*Another* *aa*  
*aaaaaa*

Take Syrup of Gilliflowers + spoonfulls  
Syrup of Balm + spoonfulls, red rosewater  
8 spoonfulls Burrago water + spoonfulls,  
Red corall a dram, Alkermis a draught, mix  
them altogether & drink it 4 times a day if  
you think itt be to hott, add it together  
add to it half an ounce of Syrup of Lemmons

*To cleanse the Reins*

Take as much Newmilk as an Ordinary still  
will hold, 2 or 3 handfulls of Parsley good  
braise it & put it into y<sup>e</sup> milk & distill itt, take  
six spoonfulls of y<sup>e</sup> water & as much of white  
wine, Dissolve in it a good deale of white sugar  
candy in every draught you take, you must use  
it first of all in y<sup>e</sup> morn & when you goe to bed  
after y<sup>e</sup> Reins are thus cleansed strengthen y<sup>e</sup>  
back after this manner. Take about a pint &

Glass of Muscadine & half a pint of white  
wine & a good Quantity of white-buck Angell  
flowers, five or 6 leaues of Cary, shred y<sup>e</sup>  
herbs first, & then stamp them, take a good  
handfull of y<sup>e</sup> kernell of old hazle Nuts, take  
a pint of y<sup>e</sup> Cythe of an Ox back, wash y<sup>e</sup> skins  
cleane of flem it, then slit y<sup>e</sup> pith & boyle y<sup>e</sup>  
herbs & it in the Muscadine & white-wine, &  
when they are boyled as a Cadd then serue itt  
you must blanch y<sup>e</sup> Nuts, as you doe Almonds &  
beat them & grind them with a little Redrose-  
water & put them in they must be ground  
very small in a stone Mortar, use it first &  
last a good draught. *aaaaaa*

*Prob. by Mrs. Hone who*  
Take y<sup>e</sup> Ague out of y<sup>e</sup> being 7 years without issue  
my place or for haizes, being married conceived  
or sprams & with Child upon y<sup>e</sup> taking  
thereof *aaaaaa*

Take a Quantity of May Butter which never  
touches water nor salt take as much Eedorne  
leaues in May, shred y<sup>e</sup> leaues & steep them into  
a Earthen pott to y<sup>e</sup> butter well stirred together as  
you can work in, soe let them stand for a fortnite  
in a cool place stirring them once a day then boyle  
them and streine them, and keep it for your use  
Bath y<sup>e</sup> grievod part therewith *aa* Let y<sup>e</sup> daller be  
and keep it warme *aaaa* you put in y<sup>e</sup>  
candy



For burning or scalding an  
or to take out the fire an an

Take a Quantity of Mallon suet shred it  
very small, take a good quantity of y<sup>e</sup> white  
of bendoang, a little sheeps Doung a good  
Quantity of y<sup>e</sup> inner rinde of Edoorn a pretty  
quantity of Mshoof, shred your Edoorn and  
Mshoof, break y<sup>e</sup> Doung and coyle them all  
in y<sup>e</sup> suitt together to a salve, then straine it  
Dress y<sup>e</sup> place 3 or 4 times a day with a feather  
never taking any of y<sup>e</sup> salve off, lay on y<sup>e</sup>  
prim rose leaves to keep it from the heat n

Prob: Mrs. Stone

To make Wallnutt Water

Take a pound of Herb grace a pound of good  
figgs, a pound of Wallnatts green of y<sup>e</sup> Tree, as  
they grow husks & all, bruise y<sup>e</sup> wall nuts as  
they are in a stone Mortar by themselves, then  
bruise y<sup>e</sup> herbgrace, & slice y<sup>e</sup> figgs still them  
in an ordinary Still on this manner. u u u  
ffirst in y<sup>e</sup> bottomo lay a lay of Herb Grace then  
a lay of Wallnatts, then a lay of figgs, see doe u  
till you have fild up your Still; then Still it as u  
use It is excellent for one y<sup>e</sup> is ill at other waters  
at thors Stomack; or for a feavour  
oft approued; one may take it

11 <sup>107</sup> Polio being with Child though they have  
a vomiting, take 2 Spoonfulls all a time  
11 At Night when they go to bed, or at any time  
when they feel themselves ill in a fever 3  
Spoonfulls warm in  $\frac{1}{2}$  morning & Swat  
after it; if  $\frac{1}{2}$  party be very ill mix as much  
Mythridate as a barle Nutt, taking it  
fasting & Swat after it; if they mend not,  
give  $\frac{1}{2}$  some Quantity of water without  
Mithridate at; if  $\frac{1}{2}$  party be bound, first  
give him a Glyster 3 or 4 hours before  $\frac{1}{2}$   
water; It is of great Operation; therefore  
if  $\frac{1}{2}$  party be weak give it by 2 Spoonfulls

For the Mother

Take when the fitt comes 3 or 4  
spoonfulls of Mugwort water, and in it  
3 or 4 Dropps of Spirit of Castoreum  
A plaistor of Galbana being dissolved  
in wine vinegar and spread upon Leather  
being applyed to y<sup>e</sup> Navill helps

Only risinge of y<sup>e</sup> Lights a

Take a pinte of Muske-dine boyle it in one  
handfull of feather, for 40 diide it into 4 parts when  
it is strained drink night & morning or when  
you feel your Lights begin to rise



To refresh the spirit  
or the of the Stomack

~~~~~

Take Sea wormwood, spear mint Bottony
Marsorua, Rosemary, Balus, Barrage Savory
of each alike Quantity; and of all as much as
your still will hold: your still being fitted,
strew on y^e topp of y^e herbs, 2 ounces of beaten
Cinnamon, and soe distill as much water as you
can, and keep it all together.

Take 9 or 10 or 12 graines of prepared pearls
in one or 2 spoonfulls of y^e water in y^e morning
fasting, you may take it a week together or as oft
as you please it strenghtneth y^e whole Body

For y^e Yellow Jaundies

Broome boiled in beer in stead of hops
and drink noe other for 2 or 3 Monthes
together hath holpen those that have had
them long ~~~~ Wind Collicke ~~~~

Take Camomile flowers mother of time of each
2 good handfulls or as much as you can steep in
y^e wine, annise seeds, fennel seeds Cummin seeds
of each half an ounce, brayse the seeds in a Mortar
and steep them in Muske wine 24 hours, thus distill
them altogether Drink it in Sugar

Another ~~~~

Take camomile flowers, carduus seeds
not bruised, 2 spoonfulls of seeds and
handfulls of flowers boiled in white wine
till noor half be consumed, and drink
it warm, it will expell y^e paine presently

For the Throat
or Mouth

Drawn by Mr Shore

~~~~~

℞. Camomile flowers, mallows, and barley  
flowers stamp them in a mortar with  
oile of Camomile and oile of Lillies, but  
first boile y<sup>e</sup> herbs in running water till  
they be tender then stamp them as aforesd,  
and plaister with apply it to y<sup>e</sup> griesse,  
binding upon it y<sup>e</sup> Wool of a black sheep newly  
taken of y<sup>e</sup> Neck; and anoint y<sup>e</sup> griesse outwardly  
with oile of Camomile and wash your mouth with  
this lesion. ℞. A pint of white wine twice soe  
much spring water, a spoonfull of Rhenish barley  
boyle all these together with 3 spoonfulls of rose  
water, one branch of rose mary, as much rose allum  
as an hazel nut & leaveth as much sugar candie boile  
all these together till y<sup>e</sup> barley be broken in peeces then  
strain it & gargise y<sup>e</sup> mouth oft it.



## Water to restore y<sup>e</sup> sight lost either by chance or sickness

Rece: 3 Drams of Tutia made in fine powder  
and as much Aloe opatirius in powder 2 Drams  
of fine sugar 6 ounces of rose water 6 ounces  
of good white wine rather sweet then other wine  
mixe all these together and put it in a cleane  
Vessell of glass and being well stoppt sett it in  
the sunne, a month together continually mixing  
and stirring together all y<sup>e</sup> said things at least  
once a day, to y<sup>e</sup> intent they may incorporate  
well together, this done take of y<sup>e</sup> said water &  
put certayne drops of upon your eyes morning &  
evening, and in continuing soe a certayne space  
it will cause y<sup>e</sup> sight to come againe as cleare  
as it was before. And was made by a counsell of  
y<sup>e</sup> best Physicians of Italy for y<sup>e</sup> restoring y<sup>e</sup>  
sight of y<sup>e</sup> Emperour of Constantinople Anno:

Domini. 1438. and helped by

## For a whit blow a Sister Wills or fellon a

Take of rusty fall bacon horsegreace Da sholnails  
y<sup>e</sup> hath her house on her head stamp them together to  
a salve & lay it on a cloth cold, shifting itt morning &  
evening it will both ripen break & heale it, for a whit  
blow leaue out y<sup>e</sup> snails. a a a a a a a a a a

## For a fellon or to draw out a thorne a

Take a litle horsegreace and Bores grease  
wheat leaven & honey of each alike quantity  
stamp them together to a pultiss, soe apply  
it cold, twice a day it both breaketh and  
healeth

## Ward trauaile in Child birth a a a a a a a a a a

Rece: The Vale stones wh<sup>ch</sup> haue round small holes  
in y<sup>e</sup> sides (for they are best) dry them gently in  
an oven beat them to powder: take commene salts  
3 graines, 3 English saffron, made to fine powders  
mixe; one spoonfull with a litle malmsye, and  
drink it blood warm; and if you add a quantity of  
white Amber beaten with y<sup>e</sup> rest it will be y<sup>e</sup> better  
if y<sup>e</sup> Malmsye be not sweet enough you may put in  
sugar; but take it soe as you leaue none of y<sup>e</sup> powder  
behind this may bee taken though y<sup>e</sup> Child bee well  
and neer y<sup>e</sup> birth. This is alsoe good for any woman  
if she haue any heat or flushing in her face after  
shee is delivered or during her Child bed, it is good  
alsoe for y<sup>e</sup> after burthen when y<sup>e</sup> woman is dolour or  
Idly layd & drunken in wine doth bring forth y<sup>e</sup>  
after birth & causeth safe & Quick delivery, —



112. Or as much Methridato as a Nutt will doe  
I like onely this must be given after delivery  
u u u          u u u

*Figure 22*

Take a handfull of Marigolds flowers and all  
on handfull of holy Thistle; stamp them and  
squeeze them; take y<sup>e</sup> purest of y<sup>e</sup> Juyc and make  
a possitt of Ale and putt a Quantity of sugarmt  
y<sup>e</sup> possitt Ale and give the party and cast him into  
a broat

The red Balsome aa Dr<sup>d</sup> Lodge aa

℞: Gallot oyle one pint; Yellow wax half a pound; Venice Turpentine 2 ounces: Liquid storax 3 ounces: Ole of Apricorne a Quarter of an Ounce; Naturall Balsome a quarter of an Ounce; Rose water, & Plantine water 2 pennynorth red Saunders 3 penny north Dragons blood 3 penny worth Rosemary, Bayes & sweet Marjoram

for dyment. two pennyworth  
for nunnery in

Take May butter, and boyle-spear mint Dill in  
it; till y<sup>e</sup> herbs bee crisp, then it is enough strained  
it and keep it for your use. rubbing the nummed  
part by the fire

For last or future  
 a a a a a a a a a a

Take a pint of red wine a spoonfull of  
the seeds of red roses & as much of y<sup>e</sup> rinde  
of a pomgranate as an almond one spoonfull  
of y<sup>e</sup> powder of Cinnamon one spoonfull of  
y<sup>e</sup> powder of dried Acornes sooth all those  
together till they come to half a pint & drink  
therof morning & evening uuuuu

Another

[illegible]



## Sp Diet Drink prescribed by Dr Wright to Sr Rob: Quarles being sick of the Goate in his feet

℞: the leaues of Bittony; Eye bright the  
topps of red sage, the leaues of brooklime  
of water Croffes an Mij. Three handfulls of  
℥ herb called Groundpine or field Gyps in  
Lattine I see knowne to Apothecaries; Ira  
Arthetica; of hearts tongue, of Agrimony of  
Maddenhard; is of Carduus Benedicta of milk  
thistle with is called Carduus Mariæ an m of  
Monks rhubarb, of red dock roots, of Asparagus  
sliced an m steep these two hours cutt and  
sliced in a sufficient quantity of Wort, not  
thoroughly boyled, of a middle strength, then  
boyle them to a pottle, putting in towards the end  
of ℥ boylng a pint of sack; To this strained  
put 3 gallons of Wort of the same strength  
while it is hott, & to both ℥ Juice of Garden  
Sturcy grass, of Common Grues grass a pound  
and soe let them coole & work together, that  
it work not over: when it is coole, put it in a  
sack = Runlett fitt for the Quantity together with  
the bagge. After ten dayes Drink it

## nn The Bagge ann

℞ Orange pills m Sassa perilla ℥ij  
Sassafras ℥i Lignum guacum ℥i of ℥  
wood of Missottee of ℥ Cuke with is a proper  
Ingredient for ℥ Goule ℥ij Hermaclit carbith  
Rubarb, agaric an ℥i Cloves Ginger Cylionpills  
sweet fennell seeds sage flower an m, Radix  
an geriani ℥m boale these into a gross powder  
and put them into a bagge with a stone in it to  
hang in ℥ middle of ℥ vessell If it happen you  
haue not a vessell just fitt for ℥ Quantity put  
in soe much soe much Oatmeal into ℥ bagge  
as will fill up the vessell the same bagge will  
serue for a second or third Liqueur ann

## How to make the Balsome ann

Take a small pipkin & put in your sallet Oyle  
and your other oyle overnight, and strain  
them well together with a Bay stick then bott  
them by till next morning. Then take another  
pipkin & put in 5 pintes of Condit water then  
strip ℥ herbs & wash them well, then shred  
them small & put them into your pipkin with  
℥ rest of your Ingredients (℥ oyle excepted) for  
they must simmer by themselves a quarton of an  
hour being well stirred with a Baystick, & your other  
being boylng the same space then take them both







## Consumption

### A restorative Broth

Take a running Capon, wash & belly with Clarott wine then sew up in & belly amber and Corall bruised of each ij dramms, Resorvos of red roses conserved of borage and bugloss flowers of each an ounce then sew them up in & belly and make a broth with knott grass plantain shepherds purge, & french prunes; Thicken it with pine kernells bruised when it is almost boiled bruise & Capon in a Mortar in pebbles then boile all againe streine them hard and put to them strained red rasowalor a gill of a pint. When you make this boile Asparagus fernell and parsley roots in it with time; and sewe up in & belly some Marmalade of

Quintess

### A Very pretious and wholesome Water

Take a pound of White sugar candy beaten very small, steep it in a pint of Damask rose water 2 dayes & 2 nights; Then take a Gallon of best Aquavite & put altogether; then take of Raisons of S. Sunn, li ss. fem. Annisi Carvi an ℥i. Cinnamon, Cardophil, Dates an ℥i. bruise all these & put them to the Aqua vite and lett them to steep in a glass close Covered 5 dayes

together; stirring them once every day, Then take half a pinte of poppy water, of poppy leaves Mij, being washed & layed 2 dayes in & shadow, put these to the rest and soo lett them stand a while longer. and 7 dayes after lett them runne through a gay Bagge, and put to it of Amber Grieco and musk of each 20 graines & soo keep it to your use

### To Dissolve pearles

Take as much pearle as will cost viiii then take & Juice of 4 or 5 Lemmons & let & pearle be beaten to fine powder & put & powder of & pearle into a glass with & Juice of & Lemmons, and stirr them together and let them stand 2 or 3 dayes and then straine out & Juice of your Lemmons from & pearle, then take a peice of brown paper and make it up as they putt in pepper then take & Dissolved pearle & putt it into & brown paper & tyd it up and hang it by & fire one hour and it will drye like starch then take it out and keep it for your use to strengthen you it will dissolve in broth or how you please a little at a time Eat often

of pine kernells  
Appt. Dr. Franco



## For y<sup>e</sup> blowing of Blowers

Take y<sup>e</sup> Juices of Plantain Juice it with  
a cloth with the cloath often *u u u*

Dye a cloath in plantain water lett one  
of y<sup>e</sup> maidens warm itt a little betwene  
her hands & then lay itt to y<sup>e</sup> belly when  
it beginneth to dry renew it againe

Take fine bole armony 2 drams red corall  
and Amber of each an ounce powder them  
very small and drink a spoonfull of it in  
y<sup>e</sup> powder of plantain water twice or  
*u u u* thrice a day *u u u*

Mrs. Hone

## Another *u u u u*

Take a pinte of Vinegar, and a pint of  
redd wine mingle them together, make  
it ready to boyle dye a black cotton cloth  
in itt wring it out, but not so hard; apply it  
to y<sup>e</sup> bearing place and as one direct use

*u u u u* on other *u u u u*

Lady Harrison

Mouse eare bold in Milk & soe drinke  
it is good for one y<sup>e</sup> is weakned with  
them, with hausing too many of *u u u u*  
them

## For y<sup>e</sup> Colic for y<sup>e</sup> Wind *u u u u*

Take a Quarter of a pinte; or half a pint  
if need bee of Wine of sound man, & is  
not troubled with wind to a quarter of a pinte  
putt a quarter of a spoonfull of fennell seed  
to half a pint as much more & boyle it a  
little, then straine it & giue itt Glisterwise  
you may putt a pease of wheat leaven into  
it for a Man *u u u u u u u u*

## For the Colic

Take of parselly seed, and red nettles toppes  
of each a handfull & boyle them in a quart  
of Mace, then putt thereto 2 or 3 penny worth  
and drink therof att your need *u u u u*

## For the wormes or Wind in a child

Take an ounce of conserve of Borrage flowers  
or of Rosemary flowers & mingle itt with a little  
penny weight of Venice treacle of y<sup>e</sup> best & giue a  
Child fasting every morning till he voideth wormes  
or else giue him every morning for a fortnight  
together, and so giue him Conserve of Wormwood  
in very good alsoe for y<sup>e</sup> Wormes *u u u u*



## For any Sore

Take Cloves wort pick a good quantity of the clearest & greenest of y<sup>e</sup> leaves shred them & stamp them, then take hoggs greace & weigh of each a sufficient quantity, & dissolve them first & then put in the herbs, & lett itt boyle untill itt leauo bubling for by this you shall know when itt is boyled enough, then straine itt & reserve itt for your use.

## The Emplaster

Take a pinte & half of oyle Olive sett it on y<sup>e</sup> fire & dissolve therein a quarter of a pound of Bees wax & lett it boyle a little then put in half a pound of red lead, & sixe ounces of white lead both well beaten to fine powder & after that they haue boyled soo y<sup>e</sup> they bee incorporate with y<sup>e</sup> rest then putt in att y<sup>e</sup> end of all 3 ounces of y<sup>e</sup> best frankincense beaten likewise to fine powder and lett itt boyle untill itt be incorporate with rest after y<sup>e</sup> lett coole & make it up as dough in with water & reserve itt for your use.

## For a Lixenous

Take of plantaine Water of red rose water alike quantity, and of as much mint water as of them both & soe put them together & drink y<sup>e</sup> same warme & often, and it will undoubtedly helpe them, for it hath been often proued and hath helped such as haue been subiect to a lisenous a long time.

## Another

Take y<sup>e</sup> bark of an Oaktree & put away all y<sup>e</sup> one side & boyle as much of y<sup>e</sup> inside of y<sup>e</sup> bark as you may hold in your hand or less in a quart of milk and lett it boyle together till it come to halfe a pint, or thereabout and then let y<sup>e</sup> party drink y<sup>e</sup> same.

## To bring forth y<sup>e</sup> Urine

Take Marigold flowers & herbs hore boyle them in fossel Ale & soe giue it to drink.



To bring or prevent  
 y<sup>e</sup> poxe from pillng

Take red rose water plantaine water  
 of each a like quantity and a little salt  
 boyle them together, and when y<sup>e</sup> poxe  
 is full blowne out, y<sup>e</sup> you may safely  
 wet them without danger, heat a little  
 of y<sup>e</sup> water & lay a little at a time on  
 every poxe but let the water be warm

To preserve y<sup>e</sup> eyes in the  
 poxe

Take red rose water & plantaine  
 water & mingle them together &  
 wash y<sup>e</sup> eyes with itt y<sup>e</sup> water being warm

For the throte

Take red sugar candy & dissolve it in red  
 rose water a good while y<sup>e</sup> longer y<sup>e</sup> better,  
 then hold y<sup>e</sup> sugar candy in your mouth but  
 let take none of y<sup>e</sup> water & alwayes have  
 some in y<sup>e</sup> water y<sup>e</sup> you may never be with  
 out it in y<sup>e</sup> mouth & make a stay of saffron for  
 y<sup>e</sup> throte

For y<sup>e</sup> spots y<sup>e</sup> remaine  
 after y<sup>e</sup> poxe

Take chmylo one ounce, beat it to ponde  
 and grind itt upon a stone to fine flower  
 mingle itt with cyntment of roses y<sup>e</sup> is  
 fresh & good use itt. Take a little of itt  
 lay it upon a white linnen cloth & smooth  
 them over with itt

For y<sup>e</sup> Megrim or giddiness  
 of y<sup>e</sup> head

Take Betty sweet majoram rosemary  
 of each one handfull dry them to powder  
 putt to it white frankincense mastick  
 cloots nutmeggs cinamon of each half  
 a spoonfull cast y<sup>e</sup> powder upon y<sup>e</sup> skarlett  
 flocks carded quilt them in taffaty sarc  
 net make a cap & wear itt

For a giddiness or swimming  
 of y<sup>e</sup> head

Take cummin seed one dram bay berries husked  
 & juniper berries of each of them 4 drams  
 make them into powder & of y<sup>e</sup> powder make  
 y<sup>e</sup> bagge



## For Weakness of Memory

Take Conserve of Rosemary conserve of <sup>leaves</sup> of each an ounce, then take  $\frac{1}{2}$  weight of a great  
of  $\frac{1}{2}$  flowers of Rosemary dried & a little syrup  
of roses & mingle them all well together & take  
as much thereof morning & night as 2 good  
hazell nuts

## For Tooth Ache

Take Carr & tyo itt in a cloath; & lay itt  
between your Gumms & your cheek & lip on y<sup>e</sup>  
contrary side & itt will give ease in a few  
space

## For a Sicklye Child

Take Elecampans roots; as much as will  
lye upon a shilling, a pennyworth of Leguorish  
a half pennyworth of Amis goods a half pennyworth  
of sweet goods beat them all very fine & soarte  
them; An ounce of Colts foot likewise beaten &  
soarte put all these into iij $\frac{1}{2}$  of english honey, &  
make it in y<sup>e</sup> manner of an Electuary, and take  
 $\frac{1}{2}$  quantity of a Nutmegg morning & evening & at  
4 a clock in y<sup>e</sup> Afternoone

## A Diet drink for a Consumpti-

Take a peck of sea scurvy grass, halfe  
a peck of Water crosses a handfull of broke  
lime, as much liverwort lungwort, Rose-  
mary, as much scabios, Eggeremonie Red sage  
mountaine sage, if you can get itt, Saxa frago  
woodbetonye horehounde, likewise 2 handfulls  
Angelica; Rarts tongue, carduus, of each a hand-  
full a good handfull of Wormewood broad plan-  
taine y<sup>e</sup> impernoll. Endive Succory birrage  
bugloss tamaris of each 2 handfulls iij $\frac{1}{2}$  of  
Monkes rhubarb; lycorish 2 ounces an ounce  
of amis goods, sweet fennell seeds an ounce  
Nutmeggs an ounce; Ginger an ounce, bruisse  
y<sup>e</sup> goods slice y<sup>e</sup> lycorish and Ginger, & nutmegs  
and monkes rhubarb; 4 ounces of reddork rootes of  
colts foot 2 good handfulls, Maiden haire 4 $\frac{1}{2}$ , Boile  
all these in 10 gallons of Ale in a bagge with a weight  
in it, and let it steep about 10 dayes

## To make one Glasse

Take a quantity of y<sup>e</sup> leaves of herb grace and  
take a good great nutmegg and grate it upon a knife  
bruisse y<sup>e</sup> herb grace & mingle your Nutmegg and herb  
grace together & heat it warm & putt it into 2 little bagges  
and lay it to y<sup>e</sup> temples & then settle your self to sleep  
in any state

This is a safe meemes



## For an Ache

Take of Boregoast & Camomile, and boyle them together & straine them, & put thereto a reasonable Quantity of Aqua vita and anoint y<sup>e</sup> grieved place. *probat*

## To cure a Rheume

Take 2 ounces of Springlase of Turnsole half an ounce or somewhat more of fine Amber half a Dramme of Dragons blood as much of Cloves and Mace a pretty Quantity; of polypodie half an ounce of Comfrey a pretty Quantity, of gentian powder as much as will lye upon a sixpence, boyle them in a quart of running water or redwine untill all y<sup>e</sup> Springlase be dissolved & lett it stand untill it be cold & it will bee a Jellie; Then give the patient 2 or 3 spoonfulls every morning, being first melted & made lukewarm & lett him take or strong beer, and for y<sup>e</sup> Comfrey you may use y<sup>e</sup> leaves in y<sup>e</sup> summer & y<sup>e</sup> root in the winter, you may also add Rorunda a quantity of harts hore of blood for y<sup>e</sup> is y<sup>e</sup> best, and y<sup>e</sup> for man must be y<sup>e</sup> bolstered y<sup>e</sup> it must drive y<sup>e</sup> Rupture quite back into y<sup>e</sup> body & keep it constantly you must lay a plaster upon itt made as followeth

Take halfe an ounce of Turpentine of Venice; of Dragons Blood a Quarter of a Dramme of fine bole as much of y<sup>e</sup> plaister of Diapalma a Quarter of an Ounce, melt them altogether in a saucer & make your plaster & apply itt lukewarm to y<sup>e</sup> Rupture with a cloth upon itt, & then fasten y<sup>e</sup> strass

## For a stick or wind in y<sup>e</sup> Stomack

Take 5 bay berries & 2 old Hornes one race of the whitest ginger half a peck stone beats all these small to powder Take as much of y<sup>e</sup> powder as will lye upon a groat or 6 pence in a little beer in a morning fasting or whensoever you have need it *probat*

## A Bery sweet perfume

Take 6 spoonfulls of Rosewater, as much Ambergoose as weigheth 2 barley cornes as much Clove in Weight, soe beat it to fine powder boyle it in a perfuming pan This is an excellent perfume *probat*







**A** Singular Emplaster well  
Approved off very Effectuale for  
these things following **an an**

First it is good for old and new wounds it  
cleanseth very well, & it is excellent in carnation  
It healeth Impostumes in y<sup>e</sup> head or ears or in  
any part of y<sup>e</sup> body, swellings or chafings in  
any Member; sinews, cuts, stabs, or strains. It  
draws out Thornes it helpeth venomous biting of  
Dogs; snakes; or such like, likewise the pricking  
of Nails, thornes or bones in any Joynts all manner  
of botches or boyles & will also serve very well  
for a soar throat and to take away some kind of  
Anguish & paine in joynts; this is well approved

The manner of Makinge **an an an an an an an an**

**B** You shall take of pure Rosin & Colophony  
& Burgandy pitch half a pound. Virgins wax  
and Olebanum of either a quarter of a pound  
Masticke one ounce hart, Tallow or sheeps suet  
purified a quarter of a pound Camphire 2 Drams  
make your Gummes in fine powder and soarte  
it then melt your wax with your suet upon a  
small Charcoal fire, & put your powder therein  
by little & little over stirring it gently till it be  
well boyled, then straine it through a cloth into  
a pottle of white wine; & when it is cold bloud  
worms put into 2 Drams of Camphire in

Powder with a Quarter of a pound of bonico  
Turpentine over stirring it till it be cold then  
then when it is so cold if you may handle it  
work it with your hands anoynting your hands  
with oyle Olive; or oyle of bitter Almonds &  
draw it so long as y<sup>e</sup> Shoemaker doo their  
wax till it be y<sup>e</sup> your mind, then make it up  
in Rowles upon a smooth table, & let them lye  
in the Wind till they be cold, & keep them  
for your use if you will you may roule them  
in white paper as y<sup>e</sup> Apothecaries doo y<sup>e</sup> like

From Mrs Hens  
Probat

**For y<sup>e</sup> Green Sickeness**

Take Doree wormes & slitt them & wash of all  
y<sup>e</sup> dirt within them & wash them well in white  
wine Dry them in an Oven, & beat them to  
powder; take as much as will lye upon Spente  
in Possitt Ale; and walk upon itt. Probat

**For y<sup>e</sup> Yellow Jaundies** **an an**

Take of your knotted great wormes slitt  
them & wash them cleane in water Dry them  
to powder & drink it in Tamarisk & Saffron  
boyled together in possitt Drinke & then putt in  
your powder of wormes as much as will lye  
**an an an** upon a shillinge **an an**



## Another a n n a

Take half a a Bollinger of Cream one spoon full  
of red Saunders, a pretty quantity of Saffron put  
into a Cloath & straine into itt half a Maltinoy  
grated & sweetned, well refined, or loafe Sugar;  
sell it on 7 Coales and warm it pretty warme  
drink it 9 mornings, and fast 2 hours after

a n n a n n a n n a

Probat. The Lady  
Beards

## Another for y<sup>e</sup> a Greene Sickness or a for a Bruise a n n

Take Lyguoris & chmisedes & sweet flemmea  
seed on handfull of penny Royall, boyle them  
in Beer a good while, & sweeten it with Englis  
honey, put to it 5 or 6 spoonfulls of y<sup>e</sup> Juice  
of Stone horse dung newly made & drink a  
good draught of it, for 9 mornings together  
and stir after it leavd out y<sup>e</sup> pennyroyall  
and let y<sup>e</sup> party sweat if it be for a bruise

For a Stiche in  
y<sup>e</sup> Side

Probat. The Lady  
Barlott

Give a Boer his belly full of Meats and when  
he is well filld drive him up and downe till he  
sweats and then lay it to y<sup>e</sup> paine & place as hott  
as it came from him y<sup>e</sup> plate being anoynted before  
with Oyle of Camomile

## a n For a Colic a n n

Take Gallondine & Stamp it & rubb the  
Colic with itt wash it of with butter &  
Beer boild or thrid a day a n n

## For a Stiche to a Woman a n n newly brought a Boer a n n

Take the bellome crust of a browne wheaten  
Loafe strike it with Groene Soap & hold it  
to the fire till it be very warme and wrap  
it in a thin Cloath and apply it if paine y<sup>e</sup> Side

Note you must wash y<sup>e</sup> bread before you  
strike it and if thore occasion you may  
bake it of & heat it againe and new strike  
with Soap

## A good Conserve to help Digestion

Take Redd mynce & beat it with y<sup>e</sup> powder  
of Sugar, & y<sup>e</sup> powder of Cynamon untill it  
come to a Conserve, & then take soo much of  
it att once as a Wallnutt once hour after

An excellent Remedy for y<sup>e</sup> Your Meats  
the swelling in the Neck with Dr Smith  
commonly falls out to bee y<sup>e</sup> a n n  
a n Kings Evil a n n



Take Mallows & leaves & Roots & some  
 Camomile in faire water sweetned with  
 Honey & with it bath & swelling of it Roke  
 every day streaking itt backward with your  
 hand till it is the best way and will help it  
 sooner

Dr Wilkinson

hard travell  
 or fainting

Take a handfull of Cowslip blossoms  
 Rosemary blossoms as much woodbetony,  
 as much; sweet Marjoram as much one  
 ounce of Cloves; one ounce of Cinamon  
 one ounce of Cloves Ginger; one ounce  
 of Nutmeg, bruise & steep them  
 all 9 dayes in 5 pints of sack & then still  
 them altogether

The Lady Mads  
 A Sovereigne  
 Medicine or water to remove any Disease  
 from the heart or stomach, be it the plague  
 small pox Measles, or such like it will expell  
 it presently it is held the plague water

Take Root Scrimonia wormwood marisols  
 leaves Sage Salomine Balsam Rosemary Majoran  
 Dragons pimpinell; Motherwort; Burnett sorrel  
 Carduus, Bonedine or Angelica, of each of these

Herbs a pound but of the Rosemary 2 pounds  
 a quarter of a pound of Micompaigne roots  
 or somewhat more then shreds something small  
 and smoke them 5 dayes in the best white  
 wine you can gett, covering it very close  
 and now & then stirring it with a stick &  
 put them into as much Wine as will cover  
 them with is about 4 or 5 gallons then take  
 up the herbs in a Gallender and draine them  
 and distill them by themselves in an ordina-  
 ry still, and if water thereof warmed with a  
 little Treacle or Motherdew will drive any  
 sickness from the heart, and distill the wine by  
 it selfe, and the water thereof is good to drive  
 away Aquas with a little Treacle or Motherdew  
 afore said, still it up as soon as you can, & the  
 stilling of it; You may take the first water  
 of every stillfull which will be the strongest &  
 the next water will be the smallest which you  
 may give to Children but be sure to whom God  
 or else it will make them very sick

For bleeding at the Nose

Take Reddemoniac & Whitewine vinegar mixe  
 them together spread it upon a cloth & lay upon  
 the temples; bruise a little Byssop and put into  
 the Reddemoniac & vinegar & putt a little  
 up into the Nostrils

## A Remedy against the Plague

Take iii pintes of Malmsey; if you can get it; if not as much Muscadine, boile therein a handfull of Sage a handfull of Rue; untill one pint be boiled away then straine it and sett it on a fire againe; then put thereto one pennyworth of long pepper a Quarter of an ounce of Nutmeggs, and half an ounce of Ginger all broken together, then lett it boile a little & add therunto iii pennyworth of Mithridate & ij pennyworth of Treacle and a Quarter of a pint of hott Angelica water

Take of it if the bodie be weakened iii spoonfulls at a time morning & evening and sweat 3 or 4 houres; as if strength of patient will endure and in if time of it swelling let them drink not too drink but warme not too hot Ale when in May gold flowers have been boiled; one spoon full at a time is sufficient. It is good against the Plague, feavers, swelling; sickness of small pox Measles and Surfetts

A good plaister to break the sore & draw out the Infection

Take a red onyon and a Lilly root roasted together in a wet paper in a fire of Embers then chop a little sheepscutt, small and a handfull of Rue being shred fry them in a frying pan and mixe your onyon and Lilly roots being roasted with the Rue in a paim with 2 or 3 spoonfulls of black Soap or also with common Soap; apply this warme to the place griev'd removing of it, every 4 hours and see presently burne it and apply more this will draw out the Infection of What nature soever

itt be  
A Recete to make a Probate  
a round drink

Take of these herbs following each an and handfull

|            |                |              |
|------------|----------------|--------------|
| Woodbetony | Ribwort        | Egromony     |
| wormwood   | whitbottle     | wild Anglica |
| Bugle      | brambles buds  | Cromfrey     |
| Mugwort    | Sasies roots   | Mince        |
| Ganacle    | hony suckles   | Scabious     |
| plantain   | Avin           |              |
| Dandelion  | hawthorne buds |              |



Put to these a pottle of Wine & a Gallon  
of cleare running water, boyle all these  
together untill half of Liquor be boild away  
then take of Liquor from the herbs and  
put it into a Basen, then straine the  
Moysture of the Herbs and pour all into  
a Bynett, and putt to it a quart of honey  
and lett itt boyle a pretty while then put  
it into a glass stopp itt close till need  
shall require; lett the party with shall  
use itt take 2 or 3 spoonfulls & drink  
thereof morning & Evening untill  
hee hath drunk a pinte. u u u

Use It is good for sores both new & old,  
for wounds in y<sup>e</sup> body laying upon  
them a plaister of honey and wax, for  
Womens breasts for prutrifed bones causing  
them to shake, for y<sup>e</sup> Ulke in y<sup>e</sup> stomach  
and to break an Impossthume causing it  
to roote come out; It hath driven Gallles  
out of a Soldiers Body that hath lay long  
there, and heald y<sup>e</sup> place of of the Ulke.

The termes a Probat Mrs  
a Stopped a u u u a Sader  
u u

Take Holy thistle and boyle it in Bynett till  
drink it a month together Probat Mrs  
u u u u u u u

## To Stanch y<sup>e</sup> bleeding a u of a wound or cutt a u

Put first into the wound cutt green  
hyssop bruised & mingle it with a good  
quantity of salt oil: then take some  
horse dung hott from y<sup>e</sup> horse & lay it  
a good thickness upon y<sup>e</sup> wound or cutt  
and itt will stay y<sup>e</sup> bleeding; if this will  
not then take hogsdung & that will stay

a u u u The Lady Capse  
For y<sup>e</sup> stopping a u  
a u of the pipes a

Take Glacampane rootes beaten into  
fine powder and mingle itt with pure  
English honey and give y<sup>e</sup> party every  
morning 3 or 4 pills of itt. Dr Leger

a u a Defensio for any Wound a u  
Beats Lythurg a u u u u u u u  
fine powder with an ounce of oyle of Roses  
and a little Vinegar in a Mortar while  
a u it comes to an oyle a u u u u

## The water for a Wound

Take a quart of Smiths water & put in as much Coppris as a Matt & a pretty pecke of Allome, let it water boyle half away and wash the wound therewith. Mr Dia.

## Tripping Poultice

℞ of figgs ℥iij, with some white-Lilly roots, rose & roots, bruis & figgs & mingle a little oyle of Roses with them & soe make it into a Poultice.

## For Dissing of blood

Let blood upon the black boine & the Basilita a little at once & often, & digest & mallow making thinn & blood & sharpning it with the Sirrup.

℞ Sirrup roat of drye Roses Myrtus Silvestris in shops called Rastus Inglehne Holme cutters broome De sans portulacoe Notes an & and continue it for 7 dayes

The 8th day take of Meditino following

℞ Sirrup Rosat of dry roses Myrtus Silvestris burnt Rhubarb ℥i & Diacatholic ℥ij mingle it & make a drink of Common decotions of flowers & fruits, & the matter digested and Emptied common experientie will teach ye if ye Potion underwritten be given & taken Yearly 7 dayes together he shall be healed.

℞ Milfoyl penderb ℥i shooys Milk newly milked & cold Chomark pulverize & mingle them for one time & soe use itt Alius. Probat

℞ Philonij Persic ℥iij succus plantag ℥s Aqua portulacoe ℥iij misoe, give the patient this dose 4 dayes together & he shall be healed

## For the Liver to rectifie it from Obstructions

Take a Quantity of Bumotary that is young & tender, wash it well in faire water and giving out of water as you doe itt out of a Ballott; put the Bumotary into a Kettle of faire water, and lett it sooth untill it be tender, then take it out with a Hammer and suffer of water to dreine from itt with out any pressing or forcement, when you



Goe if itt is all reasonably well dreind  
then putt into a cleane Marble mortar and  
pound itt well therein; Then straine itt very  
hard through a Canvas & put it straining  
into a platter & putt thereto as much powders  
sugar as aforesaid Juice doth weigh mixe  
them well together, & upon a Chafin dish of  
colds lett them boyle very easily untill they  
be brought into a forme of a thick Lincke  
Then keep itt in a Gally pott or Gally glasse  
for your use. Take this very often with a  
Liquorish Sick. Dr. Anthony uuu

An Ointment for swelling  
either by stinging or otherwise  
in Man or Beast, or for a swells  
bagge in a Codd uuu

Take Adders tongues gathered in the beginning  
of May take Butter made in May unwashed  
and unsalted & sunn itt a week in a pre-  
serving glass then shred your Adders tongues  
and steepe in as much of it as you can stirr  
it well downe onto or twice or twice a day  
cover it close & lett it stand in the sunn

For a fortnight together, then melt it  
and straine it, and reserve it for your use

This Ointment is very good  
for to drive it fire from  
a burne and to heale it  
cannot beare uuu

For the oyle of sweet Almonds, new drawn  
and droppe a 2 or 3 drops into y<sup>e</sup> Ear, & soo stoppe  
it close with wolle. Probat. Me. None. uuu

A Drink to cure the Consumption  
Spressey, Dead palsey, and most inward  
Diseases of the Bodie uuu

|              |                   |                    |    |
|--------------|-------------------|--------------------|----|
| Harts tongue | Angolico          | Boags              | uu |
| Egrimonie    | a little          | Eye bright         |    |
| Licorworte   | Monks raius       | Watercresson       |    |
| Maiden haire | or if you can     |                    |    |
| Mugwort      | not gett them     | Pimpernell         |    |
| Nettlerwort  | Reddock roots     | a little Rarts     |    |
| Nippes       | hage              | longue             |    |
| Bottony      | Topps of Rosemary | not above 6 or     |    |
| obes         | Donny royall      | 8 leaves Strasie   |    |
| Carduus      | Strawberry leaves | Wormwood in        |    |
| Pantaine     | Succory           | stead of flors     |    |
| Cuppendive   | Scelvie grass     | White Saxo frage   |    |
| Licorworte   | Sorrell           | roots              |    |
|              | Rosemary          | Polopadie roots of |    |
|              |                   | yo cake            |    |

Pick them all cleane; take the piths  
out of the roots and wash them very  
cleane in Water, then boile them in 5 gallons  
of cleane water untill one Gallon be con=  
sumed then straine it through an hard  
Sieve and then put the Liqueur to the Spins  
grind and putt in these drie Drugges

Nutmogs Cinnamon  $\frac{3}{4}$  Ginger Pepper  
calamus, galingall Bayberries an  $\frac{3}{4}$  lb An-  
nisoods glycorix and 3 lbs french barley  
cockfeare is. Raisons of the seed & stones  
Damase prunes an li. lb. glect thims  
your Nutmogs Cinnamon, ginger Calamus  
Gallingall and Glycorix. Boate or bruise  
the pepper Bayberries and Annisoods, glect  
then boile againe all these druggs in yo  
said Liquoris untill one third part be  
boiled away, then straine it and putt  
it in an earthen pipkin fitting for the  
Quantity and sod sett itt to the fire againe  
and then putt in Rubarbo and againe an  $\frac{3}{4}$   
sone  $\frac{3}{4}$  lb let it boile softly 3 or 4 times  
then take itt from the fire and let it stand  
to loope in that pipkin and let the Rubarbo  
sone, and Agaric, remaine therein and  
for your drink is fully made uuuu

*for your drink is fully made*

n n n n n n n n

1

In stead of making it this way for the  
manner of a purge you must boile the  
herbes as you doe hops: for Boor and  
when they are coole againe putt in 2  
spices, and put them altogether in a  
bagge and let it hang in a Coffell of  
Boor with a weight in it and after  
10 or 12 dayes steeping in the Boor, drink  
of itt a good draught in the Morning  
You must steepe your herbes and let  
them be coole ere you putt in your spices

un for the shaking of an  
an the hands or head for an

an the hands or feather an

Take 4 pure pure blew flowers of  
Lavender Cinnamon Nutmeggs & Cloves  
and make them into powder & mixd them  
take a quantity therof every morning  
in the distilled water of Lavender it  
putts away the passions of the heart &  
giddings of the head, & shaking of  
Members. A consorv of the flowers work  
works & same effect u u u u u u u u u u

*of same effort*

uuuuuuuu  
uuuuuuuu

$\frac{1}{2} \frac{1}{2} \frac{1}{2} \frac{1}{2} \frac{1}{2} \frac{1}{2} \frac{1}{2} \frac{1}{2}$



## Faling sickness to cure

uuu ————— uuuu

Take the secondino of a Woman if is healthfull & of a good complexion of her first child; if it be a Boy for a woman; but if the patient be a Man; then of a female child, wash the same in Peony water, after drye it in Oven and make powder thereof the dose is a dramm in black Chorry water fasting use it for thirty dayes together

Approved

uuu Understand, or Vitall Spiritts  
uuu to strengthen uuuu

Take a spoonfull of the powder of the herb Paris, or of the Berries thereof att once drunk fasting for one & twenty dayes together. These Mirobalanos which are called Embolici; purge corrupt flegme out of y<sup>e</sup> head & strengthen the Vitall

Sperritt  
Vomitting of blood  
to stay

Take of the seeds; The Juices of Sage drunk with honey dayes & incontinently uu

## Wine Rell to, to coolen

Take of the seeds of Cucamber, Citronis, Seecods Medons Malones, Parsland and white poppy of each a dram & y<sup>e</sup> flowers of Cammocher Rest harrow & of Violetts Botarmon each .ssodium gum Arabick, & Gundragard, of each 6 drams sugar the weight of all the rest, make them all into fine powder, and take thereof in posset drink

## For a Consumption uuuu

Take the topps or flowers of Rosemary flowers of Burage, Bugleas Marigolds & red roses the leaves of red sage Violet; Cinquefoyle Lungwort Liverwort, Marjorom, water cresses Scurvy grass, Redwort, red comfroy, and red nettles topps of each one handfull; The roots & woods of Hemell, and of Peony; of each one ounce; Carobs foot blanched one paire; an old red Cark prepared, with his stones & foot, the knoeble of y<sup>e</sup> Legg, and a cragg end of a neck of Mutton; break y<sup>e</sup> bones of the flesh; wash, scree, dry, and brise the herbes; and beat the seeds, boile them all in 5 gallons of running water unto y<sup>e</sup> halfe, then add unto the strained liquor thereof, brooke sugar candye in powder, one pound; large Mace; white pepper, grannes of paradise, all finely beaten of 13

Each a Quarter of an ounce, boyle them a pretty while together, then reserve it in some cleane vessel, And lett y<sup>e</sup> Patient take therof warme a Quarter of a pint at once in 2 houres; The sick shall need no other sustenance, And in short space by the blessing of God the party shall recover strength Approved. *uuu*

### *Swelling to Aswage*

Take horse dung new made; and unsalted swines grease of each like weight, mix them well then putt them into a new Pipekin & boyle them together all a gentle fire with constant stirring till it become like pay this being applyed hott, aswageth any swelling though it bee Hydriacall or Cachectical It likewise aswageth paine even unto admiration. It likewise cureth any bruise or fall as alsoe strumes of the Throat, asswageth paines of the Goat; Althes of y<sup>e</sup> joints running Goules; herewith one Mr Browne was cured of a Tumor in Scrotum, being sworne to the signess of a Childs head & discoloured almost as black as pitch & Most approved.

A certaine Maide whose Legg was sworne as bigg as her middle was cured with y<sup>e</sup> aforesayd remedy as alsoe one Matthew Chubb was cured of a great

Swelling in his hand as alsoe of the Goate in his great Toe with many others as was witnessed by Mr Dr Bonham. *uuu*

### *Spells of Small Pockes to take away*

Take 6 ounces of bitter Almonds blanched and stamp them small, then putt them into a good pint of Creame, wring therinto the Juice of a good Lemmon, boyle them gently to an oyle substance; reserve the same and anoynt the face and hands. *uuu*

### *Ands Suffered to Rise*

Take 2 handfulls of horehound, one of Rysops and ounce of sliced Licorice 14 figgs cutt in pieces 20 Raisons of the same stoned, boyle these in a Gallon of stale Ale unto y<sup>e</sup> halfe, then straine itt without pressing, Add unto y<sup>e</sup> strained Liqueur one pound weight of purified honoy, boyle them together a little then reserve itt, and let y<sup>e</sup> patient drink therof first & last. Probat *uuu*



## For Drink for a u u u the Scurvey a u u

Take one handfull of Brooklime and 3 handfulls of water cresses boyled in a Quart of white wine or Beer, lett it stand all night upon a Embers to infuse, and then straine itt, and put in a race or two of Ginger, then drink of itt 3 times a day in the morning at four of the clock in the Afternoone, and att 3rd time. Probat

## For Hasten the Teeth a u u

Take some of the Liquor of Capons & use to wash ye mouth and Gumme therewith and it will fasten them. a u u u u u

## For a cold of the Blum a u u a u u oppress a u u

Take a little English Honoy & clarifie it then put into it a little quantity of fresh butter and boyle them together, make them together up into pills Take them. a u u u u u

## For a Sore Throat a u u

Take five leaved grass a good Quantity and boyle it in running water, from a Quart to a pint, and gargle with itt 3 or 4 times a u u a day warme a u u

## For coldnes of the Throat a u u

Take Lavender, Bayleaves, Rosemary Sweet Marjoram, Camomile, & Poppy, dry them also and beat them to powder then take 4 Nutmeggs, a little handfull of Bay salt drye them also & beat them and put them all together betwixt a linnen cloath & with a little wood warme itt hott and soo lay itt to the head a u u behind

## For noyse in the Eare

Take the Juices of Garlick, or Onyon, a little Gorsegoose, boyle them in a little English Saffron straine it gently & drop a little into the Eares warme & stop them with fine cleane black wool doe this on Night. a u u u u u

a u u u u u

154 *For a Sore Throat*

Take an Ounce of Verdugroaco, of Soots  
an handfull, of say salt one handfull, bruise  
them all together, and put them in a quart  
of your owne water, and let it stand 3 day  
to steep, then wash the sore twice a day.

*For to make Syrrup  
of Rhabarb*

Take of Rhabarb an Ounce, and a quarter;  
of Soony half a handfull, Cynamon 2 scruples,  
or 40 graines, Ginger fifteen graines, Botany  
water Saccory & Bugloss water of each them  
℥ss, steep all together in a close thing all  
night, in the morning boyle them a while  
together, then straine out y<sup>e</sup> Liquor, into w<sup>ch</sup>  
put some ℥ss of fine sugar, and boyle itt  
together to the height of a Syrrup to which  
add of Syrrup of y<sup>e</sup> infusions of Roses & B<sup>e</sup>  
Gortac: This doth w<sup>ork</sup> offeectually; familiarly with  
much security purge Children; and delicate  
bodies of Choler & Melancholy

155 *For the Wind*

Take Ginger sliced of Liquorice scraps  
and cutt into small peices, of each m ℥ss  
a half white-sugar candy an ℥ss, & then  
Emila Campana roots an Ounce, make  
them into fine powder & drink of the so  
in white wine in the morning fasting.

*For the Spleen*

Take the leaves of Camarisk, or the young crops  
2 handfulls; stamp them in a mortar or adish  
with a corching pen; put thereto of white wine  
a pint & a half let itt stand close covered  
all night, next day boyle it a little in a close  
pikin, then when it is almost cold straine itt  
and stamp them againe and steep them all night  
in the same wine next day boyle them adding  
thereto of white wine vinegar half a pint when  
itt hath boyled a while take itt from the fire  
let it stand till itt be almost cold then straine  
itt; and put to y<sup>e</sup> Wine & Vinegar of fine sugar  
one pound, boyle itt to y<sup>e</sup> thickness of a Syrrup  
and reserve itt for your use.



Take 2 spoonfulls att once of the  
Syrup disolved in a litle Malmsay  
or Muskedine, first in the morning  
twice a Week.

uuuuu

A Syrupp for y<sup>e</sup> uuu  
uu Spleen ana

℞. Egermony Scaboos, Cumitory, Celeritch  
Tamarisk; the topps of hops, maiden haire  
Borage Bugloss of each half an handfull;  
boyle these in a Quart of running water to  
a pinte then straine itt, & putt thereto a quart  
of yare sugar, & boyle itt whith any scum  
ariseth drink hereof seaven spoonfulls a  
warmed morning & Evening. Probatu

uu

For the Spleen uuu

℞. Blupody an ounce Spleenwort hart  
tongue borage Bugloss Violet flowers  
of each one ounce, the pith taken out: Bona  
two ounces Jory two ounces Glyster 4 ounces  
Amiswoods 4 ounces divide this stuff into 2  
or 3 linnen baggs, and when you haue bene  
4 gallons of good Ale wort and lunde it up

157  
Into a convenient vessell then tyo y<sup>e</sup> baggs  
at y<sup>e</sup> bung hole y<sup>e</sup> they may hang within  
an Inch of y<sup>e</sup> bottom hanging litle peices  
of Iron or gaddes of Steele with them to make  
them sink downe, drink of this Ale with  
a leafe, Nuttmegg & Sugar half a pinte  
in y<sup>e</sup> morning fasting, & att 3 in the  
afternoone, Use itt every day as long  
as it lasteth. Dr Sam: M: uuu

For the Rickets uu

Take Raisons of the sunn & Carrens  
well washed of eached an handfull  
Agemony, Licor wort, & Botony, of each  
an handfull, or more or less leaves of  
harts tongue, a sheik of Licorish scrap;  
and sliced into thinn slices one spoonfull  
of Amiswoods grossly bruised boyle these  
in a pottle of clarified Beere, or Ale  
untill half be wasted, then runne y<sup>e</sup> liquor  
through a cloath, & reserve itt for your use  
Let y<sup>e</sup> Child drink therof 8 or 10 spoonfulls  
at a time, thrice in a day, in y<sup>e</sup> morning fasting  
at 4 in y<sup>e</sup> afternoone, and at going to Bed, and  
when itt is spent, make more, & continue itt  
for 2 or 3 monthes. uuuuuuuuu

uuuuuuuu

For J Rickets a u u

Take Lavender Hyssop, Rosemary, penny  
royall, of each alike quantity ffthorfero and  
Commonild, brise them & boyle them in a  
sufficient quantity of fresh Butter, straine  
them out hard & make therof an Oyntment  
where with Anoynt his wrists; the Oyntment,  
if they be swolled every morning, and at night  
and if you Anoynt J right side; under J  
short ribs, where with itt is swolled; itt will  
doe very well. You must giue itt not milk;  
Castards nor Chorcakes. a u u u u u

For J Rickets a u u

Take a handfull of Rosemary, a handfull of  
bay leaves; and handfull of Camomild an hand  
full of Sowd Hyssop, as much of sowd hime;  
all these must bee sliced, and altogether beaten  
in a Mortar, boyle them altogether in a pound of  
Sweet May butter one houre: then straine them  
out: with this annoynt the Child, his sides, and  
knots Downe to J feet every morning & evening  
about J space of a Quarter of an houre; This Oyn-  
ment is to be made in May. — You must also take  
a rool called, forfernd, it hath a clooe like a Garlick  
you must first take fure clooes of them; brise them

And put them into halfe a pinte of Milk and  
boyle itt untill itt comes to a quarter of a pinte  
then drinke itt every morning fasting, and <sup>by</sup> halfe  
an houre after, when you haue receiued itt a pretty while  
then make some more in this manner with y<sup>e</sup> flow-  
ers: And when he will take itt no longer  
in milk, you must bake, you must bake in  
an Ouen, beat itt to powder, & giue itt in beer;  
This for a Child J hath y<sup>e</sup> Rickets. a u u

a u u u u  
A Sirrype for a u u  
J Rickets a u u

Take a Quart of Running Water, one ounce  
of Maiden haire, an ounce of Sage of Ierusalem  
an ounce of Coldfoot, half an ounce of Licoriss  
sliced; half an ounce of Amigoods bruised; one  
ounce of J sliced, rool forfernd, an handfull  
of Liverwort well pirkle; twenty figgs sliced, & y<sup>e</sup>  
these all well together to J half; then straine them  
put to them a pound of fine Sugar 2 drops of  
prepared Pearls; 2 leaves of Gold; stirr these  
well together; and giue the Child a Spoonfull in  
J morning first; and a Spoonfull last at Night. a u

u u u u u Mrs Loe Proba u u





Boyle these in a Gallon of Wort, and put it in when you should put in your Herbs, and lett it boyle as long, as your Herbs doe use to boile or putt in a Gallon of Strong Ale, & lett it boyle untill it come to a pottle, & give of this a small quantity, both att morning & Night; and make an Ointment of all these Herbes, in beating them in May butter or otherwise fresh butter, anoynting the Child twice a Day by y<sup>e</sup> fire, all over the Planch and Belly. *u u u u u*

*Probat Mrs Medo*

### For to Much

Take a Gallon of New milk, and put it the Cragg end of two necks of Mutton, cutt of all y<sup>e</sup> fath, and let, and let them; scath; then spum them cleane; and put in an Cumber and half of Cinamon finely powdered, & let it boile half away; and take of itt a Draught morning and Night when you goe to bed. *u u u u u*

*Another for a*  
*the same u u u*

Take a Quart of Ale and boile it as you doe for Ale's Ale, then take haggell Nutts, and blanch of y<sup>e</sup> Ale & thicken y<sup>e</sup> Ale with it as thick as you

Would make itt with an Egg, and drink a good Draught of itt in y<sup>e</sup> morning in y<sup>e</sup> Afternoone *u u u u u*

### Medicine for the Pain tooth & Jaw *u u u u u*

*cos: si:*

One Clove of Garlick beaten small, half a Spoonfull of water put to itt in the beating then straine, and not rining itt thaw, and warme half a Spoonfull, something more than Milk warme, then lye on the Aching side and putt; 4 or 5; drops into y<sup>e</sup> contr side & Card; then stopp y<sup>e</sup> Card with black wool, and soe lye half an houre, then hold hard your Card, soe if any water be in itt, may come out of itt, then dry itt and stopp itt with fresh Butter black Wool. *u u u u u*

### To take away y<sup>e</sup> Stch *u u u u u*

Take a pomeioorth of Sallett Oyle; a half pomeioorth of the flower of Brimstone, and a half pomeioorth of Ginger; and beat them soe well together; till they come to an Oyle, then annoint y<sup>e</sup> place, all over at night by a warme fire, when you doe this put on a cleane shift, & shift you not a fortnight after, it will cure if you annoint onely the joints it will soe



164  
For the Milk

Take Edoardo Buds; dry them in the  
Sun then beat them into powder take  
almost a spoonfull of it in White wine  
a u u u a u u u

For the Spleen

Take the seeds of Ash Keyes drye them  
before ye fire, and then beate them to powder  
putt a spoonfull of it in powder into a draught  
of white wine, and drink itt just before  
you goe to bed, doe as much in y<sup>e</sup> morning  
before you rise two hours. Probab. The

a Lady Aborgany

For the Neck

Boyle knott grass & Shoplons pursed in  
flaten milk then with yt Milk make  
Ricce pottage & eat itt; if in Extremety  
boyle Rice in Aleagant soe thick yt you  
may spend itt on a peece of New Legeram  
and bind itt on the Navill. a u u u

165  
An approved Medicine  
for one that cannot make urine  
water but in great paine

Spread uppon shoops leather black  
sop<sup>r</sup> and strewe uppon itt the powder  
of Saffron and lay itt to the Navill  
and itt will speedily help

For a Fever  
rising in the

Take peach leaves stamp & straine  
them with the Juice annoint the tetter  
and heale it. Probab. a u u u

A medicine for the Sticke  
and windie Stomacks

Take young Mints and pull them in a Dish  
and sell them in an Oven and drying itt to  
powder, keep itt close in a box, till it be used  
when you have cause to use itt; put a spoon-  
full in your Broth or Eggs a u u u

## For a Rupture

Take Bennett, crows foot, knott grass, pole =  
radie of an old Oak take 5 quires of these  
herbes either in beere or breath a spoonfull  
att once for a week either morning or even-  
ing, the Rupture must be up when you  
give itt, you must wear a truss for to  
keep itt up.

uuuuuu

## For the pallit of the Mouth

Take Mastick, honey, roseat flower and  
Roth allome beaten to powder, mingle them  
well together then take some of itt on a knife  
point and lay itt on your tongue and let it  
dissolve; Doe this often. In case you cannot  
take 5 honey, make 2 baggs of 5 eignes  
of 5 Palme of your hand putt into them  
on handfull of Cumminseed & good Nutmegg  
these things must be first beaten with in a  
porcelaine dish, over Coales and putt into a  
linnen bagg, when they are as warme as  
you can endure them then lay one of them  
to 5 mould of your head, and 5 other to 5  
Nape of your neck as often as they coole  
heale them againe and apply them as before

uuuuuu

The Lady Brooks perfect Medicine  
for 5 Yellow or Black Jaundies & 5 Col-  
ick in the Stomack and for the Ague giv-  
ing 4 Spoonfulls thereof with as much  
Methredate as a Nutmegg, before the fitt  
swallowing after itt,

Take a peck of Snails in their shells  
wash them in a great ewle of Beere  
then make 5 hearth very cleane and pour  
upon itt half a bushell of Charcoales and set  
them on fire and when they are kindled then  
with a shovell make a grate hole in the  
midst of them before you put them in 5  
fire draine 5 drink from 5 Codmon, then  
pour 5 snails shells and all and 5 matter  
of 5 live coales amongst them, and soe let  
them roast soe long as you heare them make  
any noise then take them out, and with a knife  
and a course Hoath pick and wipe them from  
all their green froath very cleane, then bruis-  
them in a stone Mortar, and beat them to peeces  
shells and all, Take alsoe a quart of Earth with  
glitt and growr them with salt very well twice  
over, then wash them and put them in a stone  
mortar, and beat them well, then you must  
make 5 pott very cleane, upon which you sett  
5 Limbeck, or still and lake 2 handfulls of  
Angolira and lay itt on the bottom of 5



And 2 handfulls of Salomine, lay upon  
it; put in 2 Quarts of rosemary flowers  
at 1/2 least; also bearsfoot, agrimony, Red  
Dock roots, the bark of Barbary tree and  
Wood Sorrell, and Bettony, of each 2 hand-  
fulls and half a handfull Red perni-  
groth Curmoraish; of each an ounce well  
beaten then lay 1/2 snails and wormes upon  
1/2 topp of all these herbes pour in 5 gallons  
of your strongest Ale; then cover 1/2 pott &  
let itt stand all night in 1/2 place where  
you meane to put your fire under itt  
and in 1/2 morning, you must put in 2 ounce  
of Cloves beaten to powder, and 1/2 of Saffron  
beaten to powder 1/2 weight of 2 = 6 = and of  
very good hart's horne grated or filed to  
powder before itt be weighed the weight of  
8 ounces you must not stir itt after, you have  
put in; 1/2 hart's horne for fear itt should  
sink down to the bottom then set itt upon your  
Limbeck and stop itt fast down with a peece  
of Reddough and for receive your water  
in pints as you doe any other water you may  
receive 6 pints or some what more 1/2 first  
is 1/2 strongest and must be kept by itt self  
and see by degrees; for the small may be made  
better by some of 1/2 strongest when it is used  
for 1/2 Jaundie you must take 2 Spoon fulls  
of this in a Glass of ordinary Beer

An hour before eate meal for five days  
together and afterwards less and more  
as you find your self. 169  
as you find your self. u u u u u

### For a Sore Breast

Take Cream, grated bread, & these leaves  
boile itt to a Poultice, when itt is boiled put in it  
a peece of deer suet, then spread itt upon a  
Coath and lay itt to the Sore Breast; if itt  
will break itt; will break itt and heal itt; if itt  
not itt will take away the Swoeling. Probat;

Mrs. Hens

### For a Breast where the Milk is wharled & knotted

Take Linseed, yel Aqua vita, and warme itt  
bath 1/2 breast with itt, and breake 1/2 wheales  
easily with your finger morning and evening  
then take a little Bees wax and strape itt thin  
and a little honey, and aqua vitae & melt them  
well together; then put in some linseed oyle;  
then take a new piece lockram and putt a hold  
for 1/2 Nipples & dipp 1/2 lockram in itt, & spread itt  
and strewe a little grose; & set apply itt warm  
to 1/2 breake. Probat Mrs. Hens u u u u





Let all these be well dried, & beaten to fine powder  
sear'd, & so often till all y<sup>e</sup> Dress will lye upon one  
shilling, then make a posselt of a pint, & boyle in it  
a wallop or 2. as much of this powder as will lye  
upon a shilling, if you be in your fasting fitt,  
divide your posselt into 2 parts, & add to each part  
halfe an ounce of Syrrup of Rosh

Probat, Dr. Abne

For the Splen

Boyle Polliodid an ounce, Storack, otherwise  
called Goldenwort; harts tongue, Storax, Bugloss, &  
violatt flowers of each an ounce;

For to Heale an  
Nipples

For little after Delivery

Boyle a good many Marygold flowers in  
posselt this made with white wine & drink

A Sovereigne Ointment for an Ake  
which cruises or swellings

Take a poise of Rosh flowers, and something  
better like halfe a poise of brambles leaves & runn

Upon y<sup>e</sup> ground 2 handfulls of Roshmary leppes.  
3 pound of fresh butter mince your herbes &  
clarifies your Butter then putt your herbes into  
your butter & boyle them together till you thinke  
y<sup>e</sup> strength of y<sup>e</sup> herbes be boyled into it, when  
you have done take them off y<sup>e</sup> fire and roove itt  
Rosh & let itt stand 3 dayes & 3 nightes, then med  
itt & straine itt through a poise of courses  
cambags as hard as you can when you have done  
that sett itt upon y<sup>e</sup> fire and melt itt the  
signesse of an Eggs of wax; & an ounce of mure  
beaten let itt boyle till you cannot see any  
of your Juice of the herbes and in some oil  
put in a quarter of a pint of Aqua betoe for it  
is good for cold Chiles, I put into a pott & keep it  
for your use, put your Arthes, I put into a pott  
and keep itt for your use, put your Aqua into  
only into that with is for y<sup>e</sup> cold Chiles. Probat

For a child troubles  
with y<sup>e</sup> griping of the bowels

Comp a little handfull of sweet Marjoram with  
4 ounces of Sassafras water & straine itt out, then  
put itt into 2 ounces of Syrrup of Violet, Give a spo  
full att a time;

Some Amisodes & beate them & sear'd them  
mingls them with Sugar & putt in a little into y<sup>e</sup>  
Mouth drye

## A Preparation for y<sup>e</sup> Lungs and to strengthen y<sup>e</sup> Voice

Take like half a pint of pure Spring water  
skilled with y<sup>e</sup> flowers, half a pint of Clove-foot  
water, a quarter of a pint of Rose-hound water distilled  
with for Lungs, and a quarter of a pint of y<sup>e</sup> water  
of Endive, Maydon Herbs, & Rake Tongue distilled  
together, then have ready 2 or 3 ounces of English  
Lyonicke Stragor, sliced & bruised, put thereto  
half a Spoonfull of Amiseeds pickt & made pure  
+ blew figges and twentie or thirtie raisins of y<sup>e</sup>  
Sunne shadd & cutt in little peeces put these into  
the waters & let them boyle till they come to a  
third part, then have ready some Sugar-candy &  
some Conserved of Sherrage & 2 or 3 Spoonfulls of  
y<sup>e</sup> Syrrupe of Violetts made in March very cleane  
Let these be putt in & lett them boyle a good  
while, then lett itt run through a fine condis  
cloth putt itt in Glasses and use itt at any time  
as an Asion shall serve 12 or 13 times together 2 or  
3 Spoonfulls at a time upon  
an empty Stomach

## For a weak<sup>e</sup> in the Back

Take of Corall one ounce finely beaten and  
four score of Amber & like of Mastick a quarter

Of an Ounce of Nutmegs one Ounce, of Cloves  
Rags 2 ounces of Cinamon a Quarter of an Ounce  
of White Saunders one ounce, of red Saunders a  
Quarter of an ounce, of great Mace a Quarter of  
an Ounce beat all these to fine powder, then  
take 800 much bonus Turpentine, Refractor Sugar  
as will work itt together like past, if you make  
hereof little pebbles, & of these next your heart  
fasting & when you goe to bed at night, for 3<sup>th</sup>  
or 5 dayes together. uuuuuuuuu

## Aliter

Take y<sup>e</sup> pebbles of 2 or 3 Racks of Coale, stamp  
them with 50 or 40 Almonds blanched & when  
they are beaten very small sett it on y<sup>e</sup> fire  
with 3 Spoonfulls of plantaine water, and as much  
red rose water, half a great Nutmegg sliced  
and as much double refined Sugar or mannis  
Christi, as will smother itt, and eat y<sup>e</sup> Quantity  
of a Nutmegg morning and Evening

## uuu Aliter uuu

Take one handfull of Quillgrass, one handfull  
of Ribwort otherwise called long plantain &  
Buckett of a Brist of Mutton 2 Quarts of red cows  
milk, boyle the herbes and y<sup>e</sup> Mutton in y<sup>e</sup> Milk  
and let itt stand till itt be cold, and take of y<sup>e</sup> fat  
Crem of itt in y<sup>e</sup> morning fasting a pottenger full  
and eat nothing in 2 hours after, and as much



126 At night when you goe to Bed drink itt  
7 or 10 dayes together Probat Mrs Bone

u ——— u  
For to Muck uuuu

Conserved of Hipps as much as a Nutmeg  
put into halfe adoren spoonfulls of Red  
wine burnt with Cynamon and Sugar.

uuuu ——— uuuu  
A most excellent plaister an  
an For y Wormes uuu

Take some Percegrace, & stamped in the  
juice thereof, dipp 3 peeces of Leather in y  
juice and then take slices finely beaten then  
strow itt on y Leather, then make 4 plaisters  
and put y one to y Neck, another to y Stomack  
and the other to the paps. Probat Mrs Bone

uu ——— u ——— u  
An approved Medicin uu  
For y Wormes uuu

Take a good handfull of peach leaves and  
as much of Savon, shred them small and boyle  
them very well in a Quartor of a pome of fresh  
Butter straine itt & keep itt; the party must be

127 Amoynted round about y Mouth or the  
stomack & good downe the Navell uuu

uuu Aliter uuu

You shall take y Galls of a Buck, and dipp some  
Wool in itt, and lay itt upon y Navell & itt will  
make y Wormes to come out of y Body. uuuu

For to assuage the swelling u  
of Womens Papps uu

Take Black Mint stamps itt and straine  
itt with Swines greasse & lay itt to y papp; & itt  
uuu will assuage the paine uuuu

A Medicin For y Piles uuu

Take a Bllie of runninge water & pull thereto  
2 handfulls of Redd bark sliced small, with the  
outward rind striped of; till you come to the green  
boyle this to a quart, then straine itt, and dissolve  
into itt an ounce of White-Cypress, this being thus  
prepared, take some of it warmed against a fire blood  
warm, & dipp into the same a Cloot fit for y place  
groined, and apply it therunto; as fast as the Cloot dries  
Copp another & apply itt thus must you doe 3 dayes  
uuuuuuuu together uuuuuuuu





Or past, about 3 Eggs, if not three come in or out. Lett stand for 4 dayes; the 4 dayes ended, under itt, and take itt forth, & put in a pound sett itt on a soft, sweet fire, always stirring itt till the leaves begin to waxe parished, and then straine itt into some faire pome, and haue in readiness these Oyles following, Oyle of Roses; of Camomile, of white Lillies; of Speke, of Violets, of each of these one Ounce, stir them together; and reserve them in a Glass for your Use.

The Infirmities that this Ointment is good for, for Stitches; for bruises; for Aches; for the Palsey; for shrinking of Sinners; for Lameness; for the pluresie; for the Cough; the Soales of the feet being anoynted, for extreame paine in the head, making a Capp for the Crown, of Linnen cloath; and lay in itt 3 Wool of a Quirk sheep; pluckt from 3 flanks & Ears; forie out 3 filthines & pirk out all the Moles, and card itt, then straine itt with this Ointment aforesaid, and see bester itt, and lay itt somewhat warme to your head; It is good for 3 Colick, and for 3 Splenor; and for 3 Cels; Dropsy: if you will haue more pleasant of sent and more nourishing, add thereto 3 Gummes of Ladanium one ounce, and half bruised fine to powder, and of the Gumme called Storax Comitt 3 quarters of an Ounce brought fine to powder; mingle this with the other Stuff, and straine itt and see reserve itt for your use u u u

Straine

For Mouth Run  
u u u u u u u u

Strawberry leaves, Violet leaves, columbine leaves, Woodbine leaves, fine leaved Grass, & a little red sage, and one sprig of Rose; then boyle them in faire water, then putt in a little Allome & honey, and let it boyle a waime or two, and see wash 3 mouth & if very soare, doe itt with a Cloath upon a stick. 3 these hearbes severally and proportionable & distill them & take some of 3 water dissolve in itt a little Allome some u u u u Mulberries, & is most excellent for the u u u u mouth or throat u u u u u u u

To make a most Excellent u u  
Bear cloath good for any u u  
u u u u u u u u u u u u u u

Chasse a pinte of Sallet Oyle 3 a pennyworth of red lead & mingle them well together before you set them on 3 fire, then let them boyle together till itt be boyled, see mure 3 a cloath dipped in itt will be as black as jet, & shine, and be stiff; with will be after 2 hours boiling then putt into itt a pinte of Soers suitt, & 3 Quantity of a Walnutt leath & dipp in itt, & lay them upon a smooth board, or table & spread them with a knife & see roole it up very close in roole, & keep itt for your use; 39

## The Virtues of the unu

It will heale any cutt, any broken skinne  
or any green wound itt will take away any  
swelling; itt will take of fire out of a burning  
and heale itt, itt will take out of a burneing  
flesh, or any other place, itt will heale a breast if  
is broken; itt will heale Nipples, you make tonts  
of itt; it is good for any Ache. when you lay on of  
soare flesh, you must lay on a cloath on the out side  
for every playster may be turned, lay itt on as  
hott as you can indure; for the Ache, the playster  
must lye on till it droppe off; for goodings, on in  
4 houres shift itt for any other thinge twice a day

## un ————— unu To take away an Ague unu

Take an ounce of Nutmeggs boyle them in a pint  
of Muske wine till itt come to an Ounce; there  
with anoynt of belly, the Nutmeggs must be grated  
before you put into of Wine unu unu unu

## For a white scab unu

Take quick silver Beesgrease sweet Almonds  
Brimstone & green glasse make itt unto fine powder  
and incorporate these altogether and anoynt the face  
therewith very often unu unu

## un ————— unu

Take Beesgrease half a pound of Sandivore  
one ounce half an ounce of quick silver killed  
with fastings spittles; mixe them well together  
and anoynt the place therewith; and to heale  
itt afterwards take an ounce of turpentine, &  
the yolkes of Eggs boyled hard, still them in a  
pott over the fire, till they come to an Oyle,  
then straine itt through a cleath; and soo anoynt  
the scabs with a Feather. unu unu unu

## un ————— unu For the chine Cough unu

Take Muske wine and May butter, and heat  
itt together, & bath the Stomack, & keep itt  
warmed with double red Cloathes. unu unu unu

## un ————— unu

Take 2 Quarts of strong Beere, and putt into  
itt 2 handfulls of Bay salt, & 2 good handfulls  
of hay cutt for Midsummer, boyle this well  
together, and let the gr soth the soles of his feet  
in itt as hott as hee can indure itt unu unu unu



## A Cold or Cough Cure

℞. Ecampans roots; boile itt into powder  
and mingle itt in the purest English honey, &  
giue the partie euerie morning 2 or 3 pills  
Probat. Gr. of itt uu

## To stanch the Bleeding of a Wound

℞. put first into the wound or cutt  
greene Iogge cruised & mingled with a good  
quantity of sallitt Oyle; then take some horse  
dung; and apply itt hott from horse lay itt  
thicke upon itt, and itt will stay the bleeding  
but if itt should faile apply dogges dung &  
itt will not faile. Probat.

## For the Purple

℞. a pottle wort & purple silk; & turmarcke  
and couchaniall: and a graine of saffron & 2 grains  
of hart's horne boyle them in posselt drink, &  
let the partie take theroof blood warme

A restorition water for  
deep Consumption

℞. a pottle of Newmilk of a red cow, but all  
of a perfect colour, putt into itt Cringo roots  
an ounce of sparragrass half a handfull pick  
very cleane, 2 or 3 comfrey roots, & pittes  
taken out a hole citron sliced; some pino Apples  
kerntles, halfe an ounce of Cinamon sticks  
broken in pittes, a pound of blew Carraways, a  
good handfull of Roman flowers, as much Cro-  
slips flowers, lett these infuse in the milke all  
night, then in the morning, put it in your still  
and put in a fleshie old cork hauing over night  
made itt cleane from y<sup>e</sup> Garbage, and bruise itt  
well before you put itt in, & soe distill altogether  
on a soft fire, if itt be so much diuide, itt amou-  
ing as your still will containe, & reserve itt in  
Glasses.

You must take itt very often in the day, if y<sup>e</sup>  
Consumption cause drought take a little Juice of  
Lemon with itt, & sweeten itt with white sugar  
candie, if it lings at the stomack a spoonfull of  
spearmint water, if the partie be so laxative,  
sweeten itt with sugar of Roses, if y<sup>e</sup> Colic put in  
Camaskrose water & Sugar. Probat. Gr. Simon  
Baskerfield

A great Cordiall  
against Dropsie

℞. Anti dotum Mathioli in aqua Angelicæ  
and Cardis

An excellent Julipp for favours  
and for Wormes in Children; for  
Sidergrew, and rising of Sighes  
and for the Rickets

Take an Ounce of good Tamarinds; 9 pintes  
of Conduitt water; set itt on the fire & put  
to itt a quart of white wine. Strain itt  
bovins to boyle, & strain itt; then strain itt  
then dissolve in itt halfe a pound of white  
sugar; & then pass itt through your strainer  
again, and soe reserve itt for your use; &  
drink of itt as much, and as often as you will

For a soar throate caused  
by a congealed humour which  
will lye & burne in the throate

Take Rosemary topps, & Shopp topps a  
pretty quantity & a good many red rose leaves  
and some Raisins of the Sonne; stoned, & a  
figg or 2 sliced; and some Liorish sliced,  
boyle these in a pottle of running water to  
a quart, then strain itt & put itt in a spon-  
sull or 2 of mel rosarum, or Syrrupe of megar  
& gargell the throate <sup>with itt</sup> washed you may  
swallow 2 or 3 spoonfulls downe you may use  
it for a constant gargarism; itt will preserve  
your throat from being hoarse. Probab

Take 10d rosewater plantaine water, and  
Flower water of each of them a like  
quantity, soe there be in all halfe a pint  
and dissolve therein as much Venice sope  
as a good hazell nutt & keep it for your  
use, when you use itt, take 3 or 4 spoonfulls  
of itt & mixe itt with Syrrupe of violets &  
honey, of each a little, and soe gargell &  
mouth with itt warme Probab

For a Canker either in Mouth or  
or else where in Man or Beast

Take French barley & boyle itt, let itt be very  
thick & settled, then take 3 pintes of the clearest  
of itt, and boyle in itt red rose leaves, fine leaves  
grass & plantaine; of each an handfull let them  
boyle to a quart, then strain itt; then putt to itt  
Syrrupe of Mulberryes; Syrrupe of dried Roses; of  
each an handfull halfe an ounce, rose vinegar 2  
spoonfulls; oyle of Citriol sixe drops; if you  
desire of Spoke to appeare in the paillet of the mouth  
or on the chindes of the Ears, you may boyle in  
water a little red sage rosemary topps, & Saffron, &  
when its boyled & strained, putt in a little verjuice  
and a little burnt Alum



## Another Remedy for the Throat

℞ a quantity of rock Alum half burnt, & and the other half unburnt, putt to itt a fitt quantity of honey & row & grind them to an Ointment, & rub of Conker therewith til it cures it & first time of using itt and afterwards lay it on softly

uuuuu Probab

## Remedy for the falling to help

℞ a quantity of Bay salt & Cammin seeds bruise them after they be dried, and drie them in a pan & lay them to 4 mounds of the house, as well as can be induced. It cooles lay on more

uuuuu Probab Mr Cab

℞ Remedy for the falling  
sickness of Edward one of 60 years  
of Age after he had had it 15 years

uu

℞ Cowslips & Bellony make them into fine powder take 2 dramms of 4 Cowslip powder, and one of 4 Bellony powder, and in a good draught of Cowslip water, take itt twice a day, 3 dayes before & change of 4 Moon, & 3 dayes after, this must be his constant course before and after the change

of the Moon; all other times he must constantly drink for his morning draught Cowslip water & in itt 4 powder of a Lites liver & of a Magpies liver, as much as will lye on a 4, and once in a week the partie is to take in his morning draught as much of 4 powder of a deads mans skull as will lye on a 4

uuuuu Probab:  
An Ointment for  
one that is Luesy prone

℞ Yewer Dandelion, Ricwort plantaine, mallowes, fennell, rosemary, sages, liverwort of each a handfull, wipe them very cleane with a dry cleath & shred them small & boyle them in a pound of butter till itt be very green then straine itt through a cleath & keep itt for your use

uuuuu  
The drink for the same

℞ a pint of Ale & boile in itt long pepper & a few grames & after itt is boyled putt in a spoonfull of treacle, & drink thereof fasting and anoint 4 partie with this aforesaid Ointment

uuuuu  
For heate in the Stomack  
sumong up to 4 head & kindring  
uuuuu sleep  
uuuuu

Re Nightshade, fengroon, & lettuce, stamp them together, then take ½ pint of them & as much vinegar and boyle them together, then put itt into vessels till itt be cold, then anoint y<sup>e</sup> temples very well with itt & make a point of Linnen cleath in the liquor & bind itt to the temples & forehead and itt will expell the heat of the stomach and cause rest. an

For y<sup>e</sup> stone & strangury

Take the Kernells of Cherrystones, dry them & make  
them into fine powder, & drink some of it in white  
wine first & last, & at your meales in your pottage  
you must continue with this powder 3 dayes at le  
least in this manner. u u u u u u u u

For the Dropsey and

Take clovers & stamp them & strowe them &  
drinke & hure in good ale first & last, & make  
good wort, boyle in itt instead of Rappes, water  
cresses, & the white thistle & halfe soo many  
booklime & make water cresses & turn itt up  
& drinke thereof for a week or fortnith, & dry  
water cresses & booklime & make powder of them  
put of your powders in your breath & in your eyes,  
& bake into itt, but you must observe to dry as  
much more water cresses as booklime & see use it  
u u Probz u u u u

To make the spirit u u u  
u u of common salt u u u

Qf common salt Cryst<sup>d</sup> first in a Crucible  
of y<sup>e</sup> fine potters clay Cryst<sup>d</sup> & beaten small  
and searced mixe the salt with y<sup>e</sup> powder of  
the clay & putt some water in them & work  
them soe as they may stick together in a mass  
then fashion them in sundry round or long pecc<sup>s</sup>  
let them dry near y<sup>e</sup> fire then coate them slighty  
and putt them into a retort not halfe full, & putt  
to a large receiver lutoing well to y<sup>e</sup> retort or  
else all y<sup>e</sup> spiritt will ffly away, giue them fire  
by degrees first with a small fire, and all the  
improfilable water will come away, then with  
a strong fire, you may see a white water come  
forth with it y<sup>e</sup> spiritt distending into the receiv<sup>r</sup>  
continues soe the fire soo long y<sup>t</sup> you see itt  
beginn to drop any more in the Receiver, and  
it is ended.

the use of it uuuu

2 or 3 gutuloe given in persey waler wile present  
proovke Wind to those who are troubled with it  
Blend, itt taketh away the Dropsey, and Leprosie if  
it be drunk in wine & purifioth the blood; itt  
taketh away the Dropsey if 2 or 3 droppe be given in  
wormwood waler; itt corroborate the Reas &  
Dryeth exhalations & Rumes thereof it comforteth



the heart in Redd or viollett water it restoreth  
a lost Appetite given in Mint water; It help  
the weakness of the Liver given in cicory  
water the weakness of the Spleen with Endive water

uu uu  
**A Secrett to expell uu  
uuu Syson uu**

Boyle mick when itt cold againe & drunk  
hath been proved very effectuall, when many  
other thinges have faileth. uu Mrs Moren uu

uu uu uu  
To stopp to much Vomiting uu uu

uu uu uu  
A new made troacle or some Syrrupe of  
Quintar, or a plaster of the crust of Orta,  
wett in vinegar, and applyed to the Stomack  
and likewise applyed to the soles of the feet  
if there be a great paine in the head, after  
vomitting; you may applye A Linnen cloth  
wett in rose water or ~~lettice~~ water mixt  
with some vinegar and oyle of Rises uu

uu uu uu  
An excellent secrett for the help of  
such as are troubled with the mother uu  
Experimented by Mr Moren uu uu

193  
Of all spices, except pepper, finely beaten and  
searced, as much as will lye on a grate mixe all  
together add to this 2 graines of musk & giue itt  
in a Spoonfull or 2. of beere or mugwort water  
powring itt downe as speedily as may be, provided  
that the that temperer itt doe not administer  
itt and the Nostrils of the patient be kept at  
restaining of itt & a reasonable waite after to  
prevent the sent of the musk which is offensiu  
in this Disease. This hath been tryed upon a  
Woman as weak as possible might be to live in

uu uu this Disease uu uu

uu uu uu  
To make the spiritt uu  
uu of Salt. Peter uu uu

uu uu uu  
To make the spiritt, you must doe as you  
doe in the preparation of common Salt with  
like proceedings of fire the spiritt will arise  
like red smoke, ~~which is~~ different is to be obseru  
ed that for one part of Salt peter you must  
mixe 3 partes of potters clay, soe make round  
or long peeces, as in the preparation of Salt  
Is good for the Colick, good against the Pleurisie  
against violent burnings of some feavours let itt  
be mixt with an equal Quantity of spiritt of  
wine of that mixture giue a dram weight in a  
draught of warm water, for the Colick, then anoint  
the navel with a little oyle of Nutmeggs mingled  
with some Siccitt and itt will mitigate the intolerable  
paines that proceed from that Disease as also

as also dissolve & distrust the humours  
on other way; and in the end a potion of  
Extraction of Emula Campana will take  
away the Humors which are loosed. uu

A true Note of Mr. Halls  
his order for a Bistula

White Copras & Rold Ammoniac the more  
Quantity of the white Copras, beat & rub them  
well together in an Iron mortar, & grind it  
after it is beaten with a Ramblers Stone. The  
Rold Ammoniac is good to staunch Blood

The Sympment of Pain  
and the same

Take the buds of the poplar wood all those just  
coming forth, viz. March a peck, & the two  
leaves of Roggs Suilt, shred & Roggs Suilt small  
and putt itt in a kettle and lett boyle a little then  
putt in your poplar buds & let them boyle half  
an hour together stir them for burning then put  
them through a strainer into an earthen pott  
for your use. When you dress itt you must strow  
the powder in the wound and tent itt with lint  
drest in the Syntment & keep itt warme &c

Handwritten text: *Handwritten text, possibly a signature or name, in cursive script.*

℞ Camphor 3℥ Mercury 5: Bitter Almonds  
45 blancht; the Juice of 3 or 4 Lemmons & 2 or  
3 Chen Apples if you can get them; dissolve your  
mercury in a double glass of water waite it  
to be dissolved; soale your Camphor to flower and your  
Almonds to an Oyle; & your Apples to a Juice;  
putt those with the Juice of Lemmon into the  
water when itt is cold; if you can get beane  
flowers bruise them, & putt them in, & lett them  
stand & macerate in the water in the Sunne  
and stirr them twice or thrice a day. 31 11

To prevent the Breast and  
from cankering and

[illegible]



*For the Scurvy*

Sal nitri is approved to be taken & dissolved  
in plantaine or daisy water with dogs may  
be given every 4th houre, if the heate be  
greate. Two 3 or more may be dissolved to  
Cornish att will. It will not offend him easily  
if he take the greates a doge att onto it may  
cause him to vomitt but it will not hurt him  
See Woodhall chirurgeons mate pagines

uuu Salteye uuu

Take a gallon glass filled with Lavender flowers  
fill it up with spirit of Wine or Malmsey, then  
distill your Water Mr Mattins

uuu uuu uuu

*For a paine in the Side*  
uuu *For in a Seaver* uuu

Take the Burr leafe that beareth many little burrs  
and lay the smooth side to the Nape of the neck &  
bott of Wrist at night, & in the morning take it  
off & lay it on againe at night & it will ease

uuu uuu uuu

*For the Croup* uuu

Take the spirit of wine or sleeping dore of the hart  
taken of when shes is lett or if it may be  
when she is alive: uuu uuu uuu

uuu uuu uuu

*For the Scurvy*  
uu of the Hart uuu

Take Considine of Lavender flowers and  
Considine of Burrag uuu

*For the Scurvy* uuu

Take spoonfull of honey, green Malmsey,  
Kernell, & the young rind, & make thereof  
an Electuary & take of it 4 times a day

uu uuu uuu

*To put up the Virala* uuu

uuu uuu uuu

Take of Dill and honey a quantity or  
of the of Amier & drage & putt it up with  
uuu Virala spoon uuu

*To make Gulliflower Water*

Take 2 gallons of Sack & steep in it as many  
Gulliflowers as will steep in it, with a  
Quarter of a pound of Clove as much Malt &  
of Nutmeggs, bruise your Spices & flowers &  
let them steep 24 houres then distill it in a Lim-  
beck & keep it for use, and put into the glass  
wherein you meane to keep it 3 ounces of pure

White sugar candye bruised 2 or 3 Nutmeggs  
and some cloves it will give it a pleasant  
tast, you may distill with your Holliflowers  
Rosemary flowers & Considge flowers this is a  
very Cordiall water, especially for any distem-  
per of the heart and vitall Spirits uuu

### Brocles in the face

A good Quantity of Politory of spaine  
boiled in a sufficient quantity of strong  
vinegar. when it is boyled enough & cools  
againe, wash your face at night with it  
when you goe to bed & in the morning  
wash againe with faire water uuuu

### Morpheus sun burning Itch Relief

Take 2 sliced Lemmons being faire and  
large, in a pint of Considge water lett  
them stand covered 4 or 5 dayes in infusion  
then straine the water & dissolve therein 3s  
of sublimed finely powdered with a cleath  
therein & rubb the face morning & evening

### Alter

A pint of Distilled Vinegar put therein 2  
a new layed Egges whole whole with their shells  
3 yellow cooke hooles picked & sliced 2 spoonfulls  
of 3 flower of brimstone & soe let all rest 2 dayes  
then use this liquor with a cleath rubbing 3 times  
3 or 4 times every day & in 3 or 4 dayes it brings  
helpeth. put some Brasse in your cleath before  
you moisten it therein binding it up like a ball

### Culic to. Relieve

A pomeiworth of the strongest Ale you  
can gett & boile it till it be as thick as  
breadth then spread it on a linnen cleath  
and lay it on the grievous place, as hott as it  
can possibly be endured this you must doe 3 or  
4 times together it shall relieve many.

Dr. John Harworth his most  
Excellent water for the stone either  
in the Loney or Bladder uuuu

Take 39 of the roots of Sassafras, of Sars-  
aparilla 3iii Sweet fennell seeds 3iii of herseed  
3iii of water Besses 1ii of parseloy seeds 3s of  
contawry 3iii of the oyle of tartar 3s of the oyle  
of Citreall 3s Rubbe the seeds and chipp the



Cassiafras & chiefly the Bark thereof. of  
 Symplicirrhizis Pulvis. Hollandis Symplicirrhizis  
 Symplicirrhizis. Then take 6 quarts of Rhenish Wine  
 in the Ingredients aforesaid, & steep them  
 24 hours. Then putt them to presser with the wine  
 into a still & still them with a soft fire, so  
 long as any will drop, & keep it stopped close in a  
 glass.

Take 6 Spoonfulls at a time with 2 Spoonfulls of  
the Simper of Mithra, and use more in a month  
except you be in a fitt; and then add into it water  
and Simper as much of the powder, as can be  
taken upon a six pence. And if it paine continually  
take itt out or twice in an houre and a half  
after; if it stave stick in it yards, then take  
2 Spoonfulls at a time, and insert twice or  
thrice as much powdred Sugar as will lye on a  
great Dissolved therein uuuuuuuuu

An effectuall restorative  
water for a Consumption

Put a still reasonable full with Goats milk  
put thereto a good Quantity of green stamped  
Stamp'd Raisins of the Sun sliced, a Quarter  
of a pound as many figs sliced. sliced China  
a sufficient Quantity, a stick or two of bruised  
Cinnamon and a Nutmeg sliced; together with

a few Anniseeds sweet-fennell seeds Onisioo, &  
Drink a pretty Quantity of sweete Starish, distill  
all those, & Drink every morning & evening some  
5 or 6 Spoonfulls, with a little white-sugar candied

A restorative water for a  
day consumption approved  
by Sr Simon Baskersich

Take a pottle of New milk of a red Cow full all  
of a perfect colour, putt into itt Eringe rootes  
an ounce sparagus halfe an ounce full pink very  
cleane 2 or 3 comfrey rootes citrons slicest on  
ounce of Dates pink & slicest some pino-Apples  
Kernells; halfe an ounce of Cinamon sticke broke  
in peeces a pound of blue currants a good hand  
full of rosmary flowers, as much consouidlye flowers  
lett these infuse in the milk all night, then in  
morning putt it in your still, & put in a good  
flatt old Cork hauing over night made itt  
cleane Garbidge & cruise itt well before you putt  
itt in & soe distill altogether on a soft fire if itt  
be too much divide it according as your still  
will containe & reserve itt in Glasses

You must take itt very often in 5 day; if the Con-  
sumption cause Drought, take a little Juice of Lem<sup>ons</sup>  
with itt & sweeten itt with white sugar Candies; if  
illness att 4 heart or Stomack, a Spoonfull of Spoor must  
water if it be too Cruel sweeten itt with sugar of roo roses  
if too restless put in Damask rose water and sugar -- 22

## Consumption of the Lungs

Take Liverwort, Lungwort, harts-tongue, hore-h<sup>nd</sup>, Angelica, Carduus Benedic<sup>t</sup>, Saxafrage, fennel roots, and parsley roots, take of these to a quantity of 3 handfulls, in all together then take a quart of Barley, raising of the summe one pound; red Currants 4 ounces, Boyle all together in a Gallon of running water and sceth it to a pottle; then stamp altogether & straine it, and let it settle; take 4 cleare of it & put to it an ounce of Amiswoods of Liquerish halfe an ounce; a pint of white wine, & boyle all a while againe, & at last putt in sugar Candie 3 ounces. Mrs. Bond  
When you drinke it put in 6 drops of Salt cyto lo four Spoonfulls of it Drinke it four times a day, first fasting & last going to Bed,

## To Procure Urine

Take 3 powder of Amber a Limble full mingle it with Withridate; & giue it on the point of a Knife

## A Glistor for the Winde

Take 4 yolke of Eggs & beat them very well and then heat a pint of Muscadine & temper the Eggs well in it; & soe giue it the patient oftne I will assuredly help; addo harts halfe an ounce of Sylo of R<sup>ss</sup>; soe much may be used for a child; to a stronger man. Probat  
by Mrs. Jones son

## For Dietses

## For Consumption in Children

Take 3 leaves of the Oak & distill the water thereof, and giue the Child 2 or 3 Spoonfulls thre of morning Night with a little sugar. Amoynt the pitt of the heart with New butter unwasht & unsalted; and this continue till the Child encrease in strenght Mr Askew

## For a paine at the Stomack

Take one little handfull of soft, soft hyssop & stamp it, & boyle it on a soft fire halfe an hour in a quart of a pound of butter; then straine it & wring it hard out, then take two pennyworth of Safran in a little; but, & with a Spoonfull of water mixt & strength thereof, & then put the water to the butter & temper them together & drinke thre a little while & lay it warm to the Childs Stomack



For a redde Black Apperore

Take a brace of Mutton & cutt off 2 Briskett  
and cutt itt in peeces & laye itt in 2 quarts  
of red or brown Cow milk of one Cow &  
boile in itt a good handfull of Ragwort  
as much Safforass when it is boyled enough  
as shew milted straind & breath & when it  
coold take of 2 full & drink a peronger  
full of this every morning & evening &  
fast after itt two dayes. uuuuu

Mr. Meris exalient  
uuu Cordial uuuu

Take Consolip flowers, Rosemary flowers,  
Sage flowers, poppy flowers, clove gillyflowers  
and a little of the topps of Balmie, and topps  
of Rosemary & sweet Marjoram topps, & a halfe  
Quarterd a few clove bruised; a stick or two  
of Cinamon broken, & flowers of Burrage, & a  
sundry Infuse as much of all these as can be  
cramd into a pipkin, on equall quantity of  
Damask rose-water & red Muscadine close covered  
24 hours, then still itt and taking itt use a  
spoonfull of 2 Syrrups of Clove gilly flowers to  
4 or 5 spoonfulls of 2 Cordial uuuuu

A Diett drink For a  
Salt Rheume bre. Ing  
into pimples by Dra  
uu Morgerne uuuu

Take 2 Rootes of Menkes rhubarbe and 2 Rootes  
of red madder of each half a pound, Sena 4 pound  
Anniseeeds and Licorish of each 2 ounces, Grains  
and Eggrimonies of each an handfull, Slice the  
rootes bruise & seeds and Glysterhize, and ore  
the Rbber with your handes, and putt them into  
a stone pott with 4 gallons of strong Ale to  
infuse the space of 3 dayes, then drink afore  
your Ordinarie drink for 3 weekes together  
or longer; the longer the better providing one  
steand under another

It cureth 2 Dropsy, yellow jaundies, all  
manner of Itch or Scab; purifies the blood for  
all Corruptions; helpeth & greene sickness and  
brings down Womens sicknesses 3 or 4 leaves of  
the same Rhubarb stampd and streind with a  
draught of Ale workes upward & downward &  
is good against Agues uuuuuuuuu

Angina cald the  
Corrupted into a felt Gargarisme or  
Lotion: viz: to make itt soure, & then to gargarize warm  
therewith mightily quencheth inward inflammations and stom  
pereth rest & blood & it a little be given to drink it must  
uuu helpeth uuu Woodhall Chirurg: 101

## For the Swelling of the the Mouth & Throat

Sal. Niri, the best thing for the swelling  
of the Mouth & Throat in favours; the  
place gently washed therewith dissolved  
in water; It presently bringeth away all  
whiteness, and swelling without offence.  
It is good after the use of itt to insert some  
sanative lotion, to take away the Agrimony  
theroof, for itt is abstergent, but yet without  
Violence or danger. Woodhall: Chirurg:

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Dentifrice: i.e. powder to  
rubbe the teeth withall

Dissolved in 4 ounces of warme water & drams  
of gumme Tragacanth & in one Night itt will  
be like a jelly; mingle the same with the  
powder of Alabaster finely ground & scarted  
make up this substance into little round rolls  
4 inches long of the bignesse of an Arrow;  
You may temper a little roset with itt and  
make itt of a pleasing Colour

For a sore Throat

Take strong stale Beer & boyle itt with crums  
of wheaten household Bread & a pint of fresh  
Butter and when itt is boyled, put a little Turpentine  
stirr itt in, butt; but not boyle itt in, soo drass  
itt twice a day, as hott as itt may be endured,  
this will draw & cleane itt, though itt have  
many holes; you need not tent itt

For Opening Porelliss

Take halfe of figgs & ounces with some  
white lilly roots roast the roots bruise  
the figgs & mingle a little oyle of Roses  
among them & soo make itt into a poultice

Mer: Doy

A good purge

Take halfe an ounce of seed a pennyworth  
of worme seed annis seeds; or fennell seed as  
much as will fill a large thimble & a little  
Liquorish, bruise all in a mortar, & infuse them  
in white wine & water of each a Quarter of a pint  
and in the morning boyle them till more then  
half be wasted then straine itt & add to itt 2  
large spoonfulls of Syrrup of violets mixe them  
and lett it partie drinke itt warme 3 times in the  
morning & on hours after itt a draught of cold



## A Purge for Colic and the Liver

Take the powder of Rubarb one Dramm with six graines of the pulpe Trochizze of Coliquintida in white wine or Breath.

A purge of Agarick & with  
cleanseth the Brest & head of  
all superficials humours

Take of Trochizze of Agarick & Apothecaries one Dramm, of Coliquintida Graines, powder of Anniseeds 2 scruples, mixe these together being in small powder; & give itt in Honey; or white wine or breath

## To Purge Watery Humors

Take Powder of Hornedactils one Dramm, or a Dramm & a half of Ginger 2 scruples, of Anniseeds one scruple; mixe these together & give them in Honey; or thinne Breath; itt must be honey of Roses.

## A Pickwall Drink

Take Scabious, Calticoft, Maiden haire & Reddies of each one handfull, fennell & parsley roots pittes of each a handfull; Migs & Raisins of the sunne stones of each a pound, four ounces of Anniseeds fynd these in 2 Gallons of running water till half be wasted, then put in an Earthen vessell & Drink thereof 6 or 7 times a Day

## A Pill for the Biliary Flux

Take Aloes, Terra Lemnia, Bolusarmeniack Frankinsonge, Mastick, Galls, of each 2 Grammes Dragons blood, bloodstone, Rhenish of each one scruple, harts tongue burnt one Dramm hypocistis Arabia, Red corall, of each half a Dramm; Pomegranate flowers; Reddies blossoms all in fine powder, of each a scruple; Mix them all together and make them into Pills with Syrup of Mistle, the Dose is one Dramm

Doctor Wicke's Prescription to Mrs Strode being troubled with a great Rheume and a tickling Cough, very weak with Child

For Ordinary Boer this Bagge proceedes  
for six or eight Gallons to hang in itt & to be  
drunk after 12 Dayes one Vessell under another

Take a pound Weight of Sea=Earwey grass  
being cleane first lay itt drying in the  
shadew 3 or 4 Dayes on a Table in a roome where  
a fire is two ounces of China grossly powdered  
one handfull of wheat Bran; halfe a handfull  
of dried Orange Pils, one spoonfull of prepared  
Gillender seed; 3 ounces of shewt Spanish liquor  
sliced; Braise all these a little together in a  
mortar with the Sea=earwey grass, and put them in  
boilling bagge with a cleane stone to make them  
sink, then putt itt in a Vessel and power in  
your work where itt is ready to burne and at  
same time putt into your Liquor a pint of  
honey, soe sett the Vessel in a cold cellar and  
breath itt in 5 or 6 Dayes all the sides as itt stands  
neare the bottome & not in the end u u u

### u u u Bloody Flux u u u

Take a handfull of Corrodes, fry them in oyle  
and apply itt, as hott as y<sup>e</sup> Nature, as possible may  
be endured, then take this Drink following. VV

Take of Brazil an ounce 4 pints of water  
boyle itt till one pint be consumed, and let this  
be their continuall Drink this will help either  
bloody flux, or any other Legnesse u u u

u u

## A General remedy for all u u u

Take of Amber, of Sanguis Draconis of lapis  
humakilis of red Corall, parglane seed, plantain  
seed, pomgranett flowers & tormentail, of each  
two ounces Cinamon one ounce Crocus Martis  
one ounce, powder them all very fine & mixe  
them together u u u u u

### The Vertue u u u

It helps bleeding at the Nose, itt helpeeth  
all fluxes of the wombe of all sortes It helpeeth  
remedieth the Terms of Women u u u u u

The Dose is from one Dramme to 2 Drammes  
in plantain water for the bloody Flux

Also apply this plaister to the wombe to  
strengthen the retentive faculty of the Gutts

Take of Proacie of Terra Sigillata of each  
one ounce mixe them & apply them warme

### The Terms stopped u u u

Take of Rootes of Asparagus, Pelopary of the Lake  
of bark an ounce 2000 an ounce 2 halfe, sweet  
fennell seed, a spoonfull, boile in a pint & a halfe  
of water, to 1/2 halfe, straind them & put to the liquor  
strained Syrup of roses 4 ounces manna one ounce  
mingl them together & let her take her dose  
spoonfulls, drinking breath one houre after 10 or 12  
u u u u u u u u u



## Another for the a u u a u u

Take Hyssop, Pennyall, Motherwort of  
oath and handfull, Camomile flowers halfe  
an handfull; saffron an half pennyworth  
boyle them in a pottle of water & a quart of  
Rhenish wine to the halfe; strain them &  
sweeten them with Sugar, and lett her drink  
itt warme twice a Day Dr Anthony

## An outward Medicine for the stomach to help Digestion

Take mints a child's handfull shred them  
then take half a good Nutmegg & 20 cloves  
beat to gross powder & boyle them in Vinegar  
till you think the heart of the Spice & herbs  
be boyled out, then Infuse Double linnen  
cloaths theron or a sponge & apply itt  
often warme to the Mouth of the Stomack

## To strengthen and comfort a u u the Stomack a u u

Take of Conserves of Quintes and Ountes & a  
half of Red roses Mithridolles, Red corall  
of each a dram mingled them with Syrrup of  
of Roses according Art; Eate thereof when need  
requieth as much as an hard Nutt or two.

a u u a u u

## For a stopping and wheezing at the stomach & to prevent a u u a consumption a u u

Take 5 ounces of Sugar candy white,  
half an Ounce of Licorish & as much  
Amisoods bruised, with this that I giue you  
being made of Salt peter being white; putt  
them all in a Cloath, and boile them in 3  
Quarts of Water, untill halfe be consumed,  
keeping itt skimming, and drink of itt at  
any time, but at meat; but especially in the  
Mr Butler a u u Night

## A secret for the Tooth Ache a u u

Take Oile of Cloves an Ounce Complice a Dramme  
dissolve itt in itt, & mixe with itt an ounce of spirit  
of turpentine Drawne by distillation, take one drop  
of this rosbite in Cotton, and put itt into the hollow  
tooth, or about itt, and itt will assuage the paine

Almost rare Powder which  
the Countess of Barkes paid after  
the rate of ten pounds the ounce

uu

Take Rots, pearls; new corral; white Amber  
Crabbes eyes, harts horn, of each alike quantity  
and to every ounce of the things aforesaid, take  
one dram of Roter stone, bray them very well  
in an Iron mortar, then take the black lippes of  
Crabbes claws when the signe is in Cancer, as much  
of this as of the rest, powder itt, & sift these  
allegether through a very fine searve then make  
itt up in little ballies with Jolly of harts horn  
and then dry itt, You may take 8 or 10 or 12 or  
18 grames of this in Extremity & noe more, noe  
Roter stone, nor Unihornes horn, nor Alkermes  
though taken in double quantity is able to maske

### The Vertues

1. It preserveth from the Infection of Plague
2. It saveth the Life being infected taken intime
3. It expelleth all payson from the heart of what  
Kind so ever
4. It cures All Agues; mitigates the fells of it  
Quarten
5. It helps all Surges, & helps the falling Sickness
6. It availes much in Consumptions taken often
7. It helpeth Women in Labour uuuuu
- There is not any sickness wherem it availeth not

Broth to strengthen a  
uuu the Back uuu

Take a Cocke chicken Dress itt cleane, stopp  
itt full of harts horn boyle itt & stumm itt  
very cleane then put in shephords purse  
Knottgrass, plantain collfoot, black bramoie  
of each a handfull, one handfull of Redwort  
nippe a little, a comfry roote, & pith taken  
out, & what fruits you like, & the bottome  
of a leafe boyle itt very well & season itt to  
your tast, but you must straine itt first

uuuuo itt often uuuu

Helings of a mad Dogg uuu

uu

An English Reane splitt and laid to  
the Drawes forth of Bonome: Lady Capod  
Take a quantity of Vordine rue and  
plantain steep them and take of Juice  
in a little wine or ale mixt with some treac  
and drink itt; take likewise of same herbes  
stamp them with treacle & bay salt and apply  
itt to the place; This will draw forth of Bonome  
Use this course 2 or 3 times uuuuuu

To help the stoppage and sharpness  
uu of Urine uu





Liquor into a Basin, & let itt stand till itt be  
very cold, then take of all & salt with a spoon  
and take the cleare Liquor from the dross in  
the bottom; and boyle & liquor with as much  
good sugar as will sweeten itt & 2 good Nutmeggs  
sliced & grained of Amber greene, let itt boyle  
past half an hour, & then lett itt runn through  
a faire new lilly bagge being first washed in  
whiter wine in & bagge lett itt runn till it be  
cleare, soe keep itt upon bay salt in a Collier  
in an Earthen Vessell prob: est

uuu Injection for a  
uuu deafnesse uuu

Boyle of bitter Almonds and oyle of Marjoram  
ana & boyle it in halfe a pint of Muscadine  
to the wasthing of a third part, then reserve itt to  
be inserted into the Ear with a Syringe

His cured an extreame deafnesse

To preserve and strengthen  
uuu the Memorye uuu

The fume of pittle and ones ones kind mixt  
with strong Vinegar and a quantity thereof sent  
at times and the fume received by the Nostrils  
probat

For if extremitie  
uuu of Whites uuu

For Venice Turpentine well washed in plant  
water one ounce, Rhubarb in powder 4 Dramms  
sugar 2 ounces, Cinamon one ounce in powder  
minge these and make pills, take first and last  
5 pills as bigge as a pease and in the morning  
after it take on & point of a knife a little Diastem  
and a good draught of Berjurt posselt lett be wash it  
downe, and fast after itt an hour, and take here  
of lifting or straining. The posselt and Diastem  
must be used after 5 pills in the morning; use this  
3 or 4 days, and if you find itt begin to stay, use  
itt & longer, otherwise leave 2 or 3 days and then  
use itt againe uuu

For the after Burden

Take mirrhe & Saffron & Cinamon, beat them  
and soarte them, of each alike quantity, and  
minge them & give as much as will lye upon a  
uuu pome uuu

For the Mole

Take 3 grained of Musk; mingle itt with as  
much beaten Spices as will lye on a groate &  
give itt in a spoonfull of beer lett the partie &  
drinks itt, stop her Nose, & let not them & prepare  
it come near the partie; The Spices are Nutmeggs  
Ginger, Cinamon Cloves uuu

uuuu  
uuu



## Anot. for the uuu

Take Asaphotida, & strape a little  
of itt into a Spoonfull of Sack, or Boor  
and let the partie drink of itt in the fitts

## Another

Mingle flower & water & lett it party  
Drinke it against fainting fitts uuu

## D<sup>r</sup> Butlers Generall Dyett Drink uuu uuu

Take of China, Sassafras, Sarsaparilla and  
Polopodi an ʒi. Slice & bruise them in a mortar  
boyle them in an Earthen pipkin close covered an  
hours & an half then put in of Liquorish ʒi  
Roridatille ʒij Agrimony, Bellony & Champhitiz  
an mʒ, Boyle them with ʒi woods againe an hour  
then restore the roots water to its former quantity; &  
pull to it a pint of white wine, or Muscadine, &  
let itt boyle half an hour longer, then put in of  
Bene, and Spemell roots an ʒij Storachor and Cetrach ʒij  
Epithymum ʒij Maiden haire ʒij Boyle these  
withall the rest a Quarter of an hour then take  
them from the fire 3 or 4 hours Steame itt and  
Drinke half a pint at a time

If y<sup>e</sup> Body be cold & moist, then in China, or  
Cardus Benedict: ʒij, but if itt be not soe additt  
you may leave out both; You must take 8 or 10  
dayes for certaintie, and keep a good Dyett & last  
of all you must take a very good purge at the  
end of the Dyett Drink. It will keep out 4 dayes in  
Summer & 6 in winter Dr Butler uuu

Take away freckles  
of the or Morpheus, or  
sunne burne uuu

Take a pinto of distilled Vinegar, putt  
therin 5 new laid egges with their shelles  
whole, and 2 or 3 yellow dork roots piths  
and sliced and a spoonfull of ʒi flower of  
brimstone, let them stand close covered 3 or 4  
dayes afterwards use itt 3 or 4 times a day  
The manner of using itt is this, Take some  
braine in a cloath hard like a batt, then dipp  
the clout in itt and soe wash y<sup>e</sup> face uuu

## Dr. Simer

To prevent the smae

Take 3 pennyworth of Miracato and six  
pennyworth of Diacordium, mix them in half

a pint of Angelica water, and take  
heretof a spoonfull in y<sup>e</sup> Morning fasting

— u u —  
To prevent pilling in u u  
the small Decker u u

Take and temper itt with Creame lean  
Ointment wherewith anoint y<sup>e</sup> pockes & y<sup>e</sup>  
sores after their first coming out when they  
are full blowne & so itt a little warme, this  
will drye them up and not suffer the sores to  
brode y<sup>e</sup> skinn.

— u u —  
To strengthen y<sup>e</sup> frame u u  
and help y<sup>e</sup> sickness u u

Take Conserved of spike flowers on sunne; y<sup>e</sup>  
powder of Marshmall a Dramm the powder of  
pearle and white Amber of each a scruple  
mixe all these with a little Syrrup of Stechas  
to an Electuary whereof take y<sup>e</sup> quantity of  
u u a beane fasting u u

— u u —  
To fasten y<sup>e</sup> Teeth and keep u u  
u u them White u u u

Two pennyworth of London Treacle mix  
with itt 2 spoonfulls of English honey, a spoon  
full, of y<sup>e</sup> ashes of Starlett flockes and a spoonfull  
or 2 of y<sup>e</sup> powder of Lark Allens finely beaten  
foyle all these to a complete interperation &  
itt will come to a stiff Electuary with keep to  
rubbe y<sup>e</sup> gumm and tooth inside & out side

— u u —  
An excellent Specerick to purge  
melancholly and cold Humour u u

— u u —  
Take Cinnamon, polypodie, and dried hyeme of each an  
ounce, galinagall and sweet marjorome dryed of each  
half a Dramm Elecampane root and ginger of each  
halfe an ounce, spikenard halfe a scruple, Turbis and  
fennell seeds of each 2 scruples, hyssop and agarum  
shaven of each a Dramm Sena leaves toasted at the fire  
2 ounces Turbith and epithymum of each 2 Dramms  
bruise and shre all these simples, and infuse them  
all night in a pottle of Clarret or white wine then  
put thereto Sugar ½ in powder then let itt stand  
24 houres more then runne them through an Apperass  
bagge, soe long that itt may be cleare, the dropps  
that remaine you may still with cleare and make ther  
of a good Soluble drinck Take almost halfe a pint in  
the morning fasting. u u u u u u u u u u u u u u u u

— u u —  
To clarify whey, good to open and u u  
coole y<sup>e</sup> Liver and help a stoppt spleen u u



Take a pottle of whey sooth and scumme itt after  
wards putt in these herbes, Endive, sunterys, cory  
borage, Hartstongue rootes and leaves of each an  
handfull; Cierriack, Cammash, and corymenys of  
each as much, sooth them a while then take them  
off & firs and let them coole then runne & whey  
through a cleath without straining; Drinke thereof  
every morning & quantity of halfe an wine pinte  
fasting, take itt like warme with a little sugar  
doe this for 2 dayes. Make this drink often, for itt is  
windy; to avoidd & with you may take for  
corns pepper finely beaten with every draught

### A sage and effectual Remitt

If it party be of Age and strength Infuse in a  
penny pott of white wine 20 graines of the powder  
of Cocus metallop, weight itt by Gold scales  
cover the pott close and let itt remaine all night  
upon warme embers, In the morning straine itt  
and if you have any syrups of hyssop, Gulliflower  
or any such kind in it house you may mixe a  
little with itt to make itt pleasant to the taste  
If it party be young or weak Infuse but 10 graines

### For a Swell on the Finger

Take some strong Ale or Beer, some crums

White bread good, steepe of Ginger a pretty  
doole of Honey, boyle them together to a pottle,  
then take itt off & firs & stir in a little Linseed  
oyle for that must not boyle in itt & apply itt warme  
to the Joynt & drinke itt twice a day You may know  
a Swellon by the Glistening of the Skinn Else the  
Kerng

### Mr. Price: Jelly for the Rickets

Take 4 Noats foot the fattest & largest you  
can gett after they are soild and puld as they  
use to goe among the soups, boyle them in 3 gallons  
of the purest running water with these herbes: viz:  
Sage & roddost you can gett, Rosemary leaves herbe  
grard, & bone sett of each 2 handfulls till they come  
to a pottle or thereabouts of Jelly, boyling itt leasur  
after straine itt & boyle the strained substance  
over againe very softly, mixing with itt a pinte  
of Muskevins, and as much of the oyle of Camell  
from the boyling of the foot, till the whole quantity  
come to 3 pintes; hearewith anynt the Back from  
the Rump up to the bedding place, rubbing itt  
upwards, the hamms and Calves of the Legs and  
wrists and afterward swathe & Wrist & Ankles  
For a pinte in & This a most excellent  
cark proceeding from approved Medicin  
wind or cold

Al pennyroyall, rue, Camomile, Lavender, drye them  
severall 2 tyles and apply them both to the place affected

To make a searcloth to take  
away the paine out of a bone  
that hath been broken a u u

Take a pound of New wax unwrought a  
Quarter of a pound of stone pittle, a quarter  
of a pound of Resin, 2 spoonfulls of Turpentine  
half a pound of white Lead: the Quantity of a  
wallnutt of Doore servitt, as much sheep scut  
finely chopt fry all these together with a pint  
of oyle of Olives on a soft fire untill it be  
somewhat thick stir it well for burning;  
then take it from the fyre & dipp your cloth  
in it M<sup>r</sup> Brist

a u  
a u  
a u Anker a u

Make an Ointment of English honoy,  
burnt Allome, Balsamionlack; the Juice  
of red sage Juice of Rose Bayle all these  
to an ointment and herewith rub the Anker  
till it bleed. powder what is fitting L<sup>e</sup> Gent

a u u a u a u a u a u

In case a surge or Cornett a  
work extreamly to stay it a u  
give this potion following a u

a

Take Diascordium one Dramme Diacodi  
3 Dramms an ounce & half of Rorago  
water mingle itt make a potion & sell 4 parties  
Conk itt att bed time going to sleep a u u

Phoba  
Gum. Pittsu

Distula Drink

Boyle in 3 pints of Carrett, Madder,  
Sarcocolla consoud, Rue, Sage, & wood  
betony, of each 2 handfulls to the wasting  
of a pint, then straine and add to the  
strained liquor half a pint of pure honoy  
reboyling itt a little & stum itt & drink  
itt off at 8 mornings a u u u u u u

a u u u u u u u u u u u u  
A Neck plaster to a u u  
a Cerar. Therm. Rom a u u  
a u the eyes & head a u u

R Gum Traganco half an ounce, mastick  
and Olibanum of each 3 Drams, miltseeds &  
Rowort seeds, some gransets of flowers of saffron  
Burgandy pittle a ti. straind Curama an ounce



And half, Elemni 3 drams Ven: Turpentina  
half an ounce, powder the Gumme, seeds & flowers  
severally, then dissolve the Elemni with of Carumma  
and Burgandy pitch, last of all putt in Ven: Turp:  
entine and incorporate all to a plaister. uuu

Probat: 7: 9:

**Brest curdled with**  
**Milk to helpe**

Best bath itt well with Milk yels of Camomile  
and of Lillies mixt together then apply this  
following plaister Take Honey half an ounce  
Ix gall 2 drammes Storax calamitoe one Dramm  
and halfe; Sylls of Camomile & Rises of eare  
a Dramm, mixe all these together to a plaister  
and apply itt to the Brest, Cutting a hole for  
the Nipple. uuu

**An excellent astringent**

Take one quart of red wine, 2 ounces of  
Cinnamon one ounce & halfe of gallingale,  
half a pound of double refined Sugar, boile  
itt from a quart to a pint & a quarter; drink  
therof warme morning & Evening. MRS Hooley

**For a paine in the Back proceeding**  
**from wind or cold**

229  
A penny royall, rose, Camomile, Lavender, drye  
them severally 2 lylos and apply them sett to of  
plate affected  
Dr. Lane

**A pill of very good**  
**virtue**

Mixe of powder of Carduus benedictus with  
honey or Syrup of Mints, or Stechas, or what else  
you please forme itt into pills, whereof 3 taken  
in a morning for somewhat together avails  
mightily against all giddiness in the head, drowns  
and any derayning of the sense; they warme cleane  
and strengthen of Stomack, resist pestilentiall ayre  
expell infections being received, provided they be  
swal after and keep the body in a good & health  
full estate. uuu

**To strengthen of Head to one of**  
**may not take any oporons**

Olibani, mashis ana; Take Olibanum  
mashit of each 2 scruples, the Ambergris nutme  
mash & Cinnamon of each 2 scruples; the powders  
halloed Elortuarium 2 gemmes, & Diamera of  
each a Dramm and a half, Ambergris 2. grammes  
mix all these with Syrop of Clove gilly flowers  
to an Elortuary, or also with sugar dissolved in  
bottonye water. uuu

## To strengthen y<sup>e</sup> sight

Take of Electuary called Diolibanum, an ounce and half the powder of y<sup>e</sup> bright and Cubes of each 2. Drammes mixe them to the consistence of an Electuary with a  
 uuuu Syrrupe of Marsh  
 uuuu

## To stay a Cough

Take shell snailles prick them and gett out as much water as they will drop till you have y<sup>e</sup> quantity of two or 3 spoon fulls, then mixe with itt 2 ounces of sugar or thereabouts, stirr them y<sup>e</sup> all the sugar may bee moistned with itt then sett y<sup>e</sup> Dish over a steaming Dish of Colds and coyle them gently till you perceiue your sugar grow hard all the bottom after y<sup>e</sup> take them off & and make them into what forme you please before y<sup>e</sup> sugar grow so hard when itt is soe itt will be hard and firme  
 uuuuuu

## To make y<sup>e</sup> Juice of Liquorice

Take 4 pintes of hysep water stils in May & 2 pintes of faire water, two pound of Liquorice of the greenest

And best, y<sup>e</sup> rinde pared off, slice itt into little pices and bruise itt in a Mortar, put itt into a pipkin with your aforesaid waters, steep them a whole night the next day boile itt to thicknes, you may if you please add to y<sup>e</sup> boiling of them Colls foot, hysep weed betterie, horehound, & Rosemary flowers of each an handful, after they are boild straine y<sup>e</sup> through a linnen cloth into a pan & set itt in y<sup>e</sup> heat of the sun stirring itt often with a stick, till itt grow so be set drye y<sup>e</sup> you may cutt itt in pices to make little cakes thereof you must dry them againe in the sunne, the best time of making itt is in June, if your Liquorice be too green, after you haue sliced itt drye itt a litle in the sunne, before you boile; also your Cakes  
 uuuu will not be hard uuuu

## For one y<sup>e</sup> cannot hold uuuu his water uuuu

Take white Coral in powder and carriford rhubarb of each equall parts, mixe them and take y<sup>e</sup> quantity of what will lye on a sixe pinte in Cumpry water and red cowes milk mixt in equall portions.

u u  
 A most approved Julepp which  
 y<sup>e</sup> helpeth y<sup>e</sup> moderate Monies though in great  
 attomils of y<sup>e</sup> Patient: often approved. by M<sup>r</sup> A. A. A.  
 uuuu



Take of  $\frac{1}{2}$  Syrup of Cowe Gilly flowers an ounce, of  $\frac{1}{2}$  Syrup of Motherwort; last; 8 grs. Cardiacoe half an ounce Confortio Alkermis half a dramm,  $\frac{1}{2}$  Cordiall water; last; aquoe Cardiacoe;  $\frac{1}{2}$  ounce, Cinamon water  $\frac{1}{2}$  dramm, Red rose water  $\frac{1}{2}$  ounces; mixe them; Dose is a spoonfull every 2 or 3 hours if in great extremities otherwise a spoonfull twice a day as you see <sup>or</sup> fit. Shake the glass when you give it u u u

u u  
A Medicine against  $\frac{1}{2}$   
Biting of an Adder snake or  
or any other venomous beast

u  
Anoint  $\frac{1}{2}$  place first with rotten Eggs  
and if it be a Christian Boddy that is stung  
take a chicken and cutt in sunder, lay itt to  
the plucke Guts and all and you shall find ease  
Probab Lady Capoll

u u  
Another of the  
same

u u  
A Verine boile it in Ale & Butter & bath  
the place therewith, and apply  $\frac{1}{2}$  horby  
hott, & keep itt Close. Dr Harvyd u u

To Dissolve the Amours  
that are stuffed in the Head  
and to strengthen  $\frac{1}{2}$  Braine

Take  $\frac{1}{2}$  pouders of Dianthos, roses, sackonhiden  
and Chromatium rosatum of each  $\frac{1}{2}$  Dramm  
the pouders of sweet Diamagrimum & Diamora of  
each a dramm, the pouders of Marjorime, chabian  
spike, Castoreum Castoreum is Beaver stone, the  
wood of Sices, Lavender flower, wood Bettony &  
Peony flowers of each a dramm, with Syrrupe of  
Sheddes as much as shall be sufficient make them  
into an Electuary, Dose,  $\frac{1}{2}$  Quantity of a good Ration  
fasting

u u  
To expell  $\frac{1}{2}$  Pox u u u  
and preserve  $\frac{1}{2}$  Ractan

Take of  $\frac{1}{2}$  Cordiall pouders a dramm Beccar stone  
and Saffron in pouders of each a drupp Confortio  
Alkermis  $\frac{1}{2}$ , Libon seeds  $\frac{1}{2}$  root of Angelica both  
boalen & pouders, and  $\frac{1}{2}$  pouders of Carduus bene-  
dictus of each half a dramm mixe all these with  
an ounce of Diagrordium is a complete inter-  
poration, The Dose is  $\frac{1}{2}$  Quantity of a hard nut  
If  $\frac{1}{2}$  y<sup>e</sup> be cold of constitution give itt  $\frac{1}{2}$  of more  
but if hott lett him not above  $\frac{1}{2}$  above said quan-  
tity more then twice in four hours u u u u u

## Recipe for a Consumption

Take a Cark & cutt it in 4 quarters putt it into an Earthen pithler, & put thereto a pint of Clarrell wine, & half a pint of rose water topped, and a handfull of Burrage either leaves or flowers, 6 Dates & a handfull of raisins of the sunne, put them all into a pott & stagg itt close then boile them in another pott some 4 or 5 houres, then lett a partie take 3 or 4 Spoonfulls morning & evening.

## Recipe to Relieve

Take 5 or 6 good handfulls of elder leaves boile them to tendernesse in water then stamp them with oyle of sweet almonds soo apply some thereof being made hott against the fire upon a peece of Starlett, still as itt grows cold put on fresh heate leaves for halfe a hour together; This is safe though a woman have them.

Also Take an Egge roast itt stoned hard & stamp a yolk of itt with oile of Violets or in stead of it with oyle of Lillies or Camomile & apply itt hot. Probat Mrs Rouse

## Very Black & Red Reum from of Eggs

Take an Egge, roast itt hard then split the shell & all, putt out the yolke & haue in readie grates or sliced nutmeggs to fill up the hollow parties then apply itt hott to the Nape of the Neck

## Very gentle and strengthen Clyster Very fitt for Children

Take Chicken broth, or Beale broth as much as you shall iudge convenient for the age of the Child mixe with itt a little oyle or butter, & some Cyster sugar & soo Administer itt. The quantity of the broth is of usuall quantity allowed for an Infant of the first year.

## For the Stone

There is no sweeter means for present ease in a fitt of the Stone either in Bladder or Kidneys then by some times, which you may thus make. Take Camomile leaves & flowers, pothery of the Salt, mallows and melleick of each is good handfulls, Saxafrage, parsley, smallage, & bethony of each is handfulls, the roots of Asparagus, fennell parsley & Enula Campana of each is an ounce, the roots Eringium; commonly called Erige



Roots in Cumin, the Seeds of Cummin, Anise  
fennell & parsley of it drawing stir the roots  
bruiſe the ſeeds, and boil all theſe in a ſufficient  
Quantity of Water till one third part be waſted, &  
Squeeze in it ſponges ſtringing them out hard again  
from the liquor, and apply them ſufficiently both  
as may be ſuffered by the Kidneys, and ſtone of it  
ſelly I all over the ſtone bone. as one rooteth  
apply another; letting it none be on when it is  
cold, for the ſtoneneſs binds the paſſages and keeps  
the ſtone ſtraighter in them. The uſe of theſe  
fomentations will both abate the pain and  
widen the Vectors to give paſſage to the ſtone  
After you have thus fomented them, Anoint  
the ſaid partes with oile of ſcorpions warme  
ſo towards the latter end of the boiling theſe ſtings  
you add half a pint of ſtrong Vinegar the fomen-  
tation will paine ſo much & more ſubtilly

The Leaves of Damask roses being dryed in the shade  
& kept all 7 years purge Cholick very easily and  
safely. When you use them take a good handfull  
and boile them in milk to the wasting of halfe  
ye. Liquor then straine & sweeten itt with a little  
sugar & drink it warme. An handfull you may  
safely boile for a Child; for stronger Ages 2, or 3  
handfulls as you shall see Occasion. Dr Hens-

an Wind to help an

The powder of Ledoary as much as will lye on a  
Expensio taken in some convenient liquor  
The Condid roots of Eborompona taken in Quantity  
of a Nutmeg at a time u u u u u u u u

Same of the Cures un  
un to case un

2 Lard Mij, Prop n. 5, December 1838. put rags  
in a little pillow, boiled in R. & S. singu. lingua=  
bital, & R. & S. water & lay itt so if care not as  
you can put it in

Evulsion with in  
Children to help

Take Treacle water  $\text{zij}$ , black Cherry water  
 $\text{zij}$ , Syrrupe of Stechas  $\text{zij}$ , conserve of conia  
lilly flowers  $\text{zij}$ , putt them up all severally &  
in the use. Take Treacle-water halfe a Spoonfull  
black Cherry water a Spoonfull, a Spoonfull like  
wise of the Syrrupe and Dissolve in them being  
mixt  $\text{ij}$  Quantity of a nut Remitt of the conserve  
and give itt  $\text{ij}$  Child with the rest a little taken

For one that un-  
spitteth blood un-

Take 3 Quarts of Bettony, temper itt with  
good Milke and give itt to drink. It helps  
3 Days

## To stay & healing uu at the Nose uu

Take Rue, Amber straped, and cast itt on y  
Calce to make a porpant, which being received  
all the Nostrills will stay y bleedings uu

## To stande Bleeds that uu gette out of Veins with uu uu blood letting uu

Take Rue, sooth itt in water, after stamp  
itt in a mortar and lay itt on y Veins then  
lay about itt y Wool of a lambe yf never  
was washt. Also take Bole armoniack  
temper itt with y white of an Egge; &  
apply itt upon a fledge of waxe

## uu Bleedinge at the uu Nose to help uu

Take y moss of a Crabbe tree, fresh from y  
tree, and smelt to itt, or chew a peece of Nutt  
megg in the mouth, and itt will help. Also  
take Plaster of paris itt & powder itt and with  
y whites of 2 new laid Eggs red rose water &  
red vinegar of oak & yppmfulls make a mixture  
beating them well together & applye to the temples

## To draw out a thorne uu

Take black sope about 2 hazell Nutts and  
take 5 or 6 nutt Kernells, traye them small alone  
then mixe with them a little Chalk and spread  
thereof upon leather and applye itt plaisterwise

## To cure a scile puss or Carbuncle in a short time

Take salt powdered; mesperated  
with y yolke of an Egge; It will draw  
out y venome of a plague sore

## An excellent uu plaster uu

Take charge of Gold, it powder itt, then take a  
heart of Oyle, Resin & ointment, Gissin wax y ounces  
of balsam & Myrtle of each a dram; doney  
2 drammes a pint of white wine half a pint of oyle  
Vine well calified & half a pint of Vinegar; temper  
all these together on y fire, but put in the Vine-lea  
This plaster will draw & heale a plague sore all Cankers  
festerd wounds and sores uu



For the Sciatica uu  
or any ache in y<sup>e</sup> uu  
bones uu

Take Stone pittill its begin a quarter of a lb  
melt these in a pan, then putt thereto 4 lb of  
Con: Turpentine Sonders in fine powder 3  
Osmire glass powder 2 lb putt all these together  
and let them boile 3 or 4 walles, stirring them  
well with a spatula spread herof and apply it  
hott as you be suffered, and let it lye on 24 hours  
if it ease not in that time take a fresh plaister  
in like manner, and follow itt while you find  
ease, profit

For the Stinge of uu  
a madd Dogge uu

Take Bereme, Rue, plantain, sage, polipody  
mint, mugwort, wormewood, Calme, bellony,  
st John wort Centaury, ana, an equal portion  
pound them and grind about a scruple and a  
halfe either in wine or milk, use it 4 or 5  
severall times. lay to the sores roasted & stamped  
a little salt with new Leaven uuuuuu

Black wood dypt in y<sup>e</sup> Gall of an hare and put  
into y<sup>e</sup> Ear hath been approved in a dogge's uu  
uu uu

To cause sleepe in uu  
a Fearfull or lymge uu  
uu in uuuu

Take halfe a spoonfull of white poppy seeds  
beat them with 6 almonds blanched & grind them  
in a mortar with a spoonfull or 2 of suet liquor  
as you make almond milke with any good itt  
at night or when ever you desire to procure rest

A good mollifying Poultice

Take some white bread crummes beat them  
in milk, and add to itt some oyle of Camomile  
then take itt from the fire & putt to it the  
yolkes of 2 new laid eggs, then apply it hott

For y<sup>e</sup> Jamdico in case uu  
uu a woman lye in uu

Take the powder of Doddor as much as will  
lye on a shilling, mixe with halfe y<sup>e</sup> quantity  
of Ivory & grind in Syrrup of Lemmons uu  
uu uu

## Relieve a tickling in the Cough

Take of the flower of brimstone as much as will lye on a sixpence and half of quantity of Beniamine in powder and steep them of in a reared egge fasting

Like wise take of Syrrups of Marshmallons and Maiden haires of each an ounce, Syrrup of Marshmallons an ounce and half, the species halbes, Licentias & Diatraga ranth. frig. of each if Dramms mixe them all well together and take hereof often upon a liquorish stick especially fasting

## To make a water against if wind in the Stomacke

Take wormwood, carduus benedictus & Spearmints of each a pound, of red sage half a pound, all fresh gathered in May is the best time, steep them till grossly & steep them in 3 quarts of the softest water 2 dayes & 2 nights in a still close covered from any Air. Distill it in an Ordinary still if first glass will be the best & strongest with you must use in extremity & other also will be good upon any occasion of wind or paine in the Stomacke

Mr. Cambridge

## A most excellent Medicine for the Worms which is best to be made in May

Take on handfull of Lavender Cotton & madding tansy & of red wine & spearmint of each a handfull of Savin & Rub one handfull a peire steep all these together & boile them in May butter then putt in a little honey and peire of bees wax; & sett it on the fire againe, & let it boile, then take it off and when it is almost cold putt in 4 penniworth of Alloms beaten to powder & mixe them together & anoint if child from if waste of the Stomack downe to the Navel Evening & morning. Mrs. Cambridge

## To open obstructions and to cure all manner of Wind and soe very good for the Spleene

Take a pound of horse radish roots & slice them very thinne & put them into a pott or pipkin with 6 quarts of small Ale, & sett them in the embers to infuse 12 hours then let them stand & coole soe sett them up for use & drink therof a pint in the morning fasting & as much at 4 a clock in the afternoon like warme



## The making of small uuu uu calm water uuu u

Take a bottle of white wine such as much calms  
being finely shreds as well make of wine thick  
then take half a pound of Anniseeds, prickes &  
bruised, as much cyprus bruised & straped, then  
lett them all lye in steep in wine 5 dayes stirring  
it 2 times a day, then distill it in a still as I do  
Roses. Some go this calms water being mingled  
with some treacle of hand is good for them of  
hand & small pox, or Measels, & being mingled  
with milkedale it is good for the plague, & it is  
to be drunk in the morning fasting when you  
feele your selfe not well with any thing mingled  
uuu with it uuu

The Lady Shons water for the stomack small  
pox; Measels, Surfeit, & to drive anything from  
the heart, & a great Cordial in any Weakness  
It may be given to a sucking Child 5 or 6 spoonfulls  
to a Man or woman of the stronger, & 2 or 3 to a  
Child according to the Age, both stronger & weaker are  
to take it with Sugar, Unless you put Sugar into  
your whole quantity of water & that is best. uuu

Take of Sage, Salerdine, Rosemary, Rose, Rosewood,  
mugwort, pimpinell, Dragons, Rabbits, Calins, Egar  
mony, Sirodum, Centery, Cardus benedictus, betony  
rosa solis of each of them a good handfull, of the roots

of Angelica, of the roots of honsane, Tonnentill,  
Ranunculus, of each half an ounce. Strape  
the roots & shred them thinne, wash the herbs,  
shake them & dry them in a cleane cloth, & shred them  
& steep them in a gallon of white wine 2 dayes &  
2 Nightly Distill them in an Ordinary Still.

## Aprelias Syntmont uu for the spleen uuu u

Take Southernwood, Rosemary, leys, Mints, Catmary,  
Bugloss, Elder leaves, Rose, wormwood, Lavender cotton,  
Buckthorn, Anemone, a handfull of Lavender, mixt  
butter 4 pounds, black snails alive 2 pound, first  
melt the butter in a ydell or kettle, then add your  
snails alive & lett them suffocate on a soft fire  
then add your herbs all very well bruised & lett it  
boile a while, then putt into it Stronkmen  
finely powdered 3ij of Cowdung as much as an  
Egge, then boiling half as much, & somewhat less  
salt, boyle it up; strain it almost cold and  
reserue it. Anoint the spleen with this 3. u  
mornings as occasion seroeth. uuu u

## to make an excellent uu strong water uuu

Of the best Aquatitoe a gallon; of Damask  
rose water a pint putt to them a pound of sugar

Condy bruised, and lett them stand 24 houres, then take half a pint of red poppy water of these that grow in the fields, and putt in the Aqua vitae then take a pound & half of Raisin of the Sunn stones, and put them into Aqua vitae; then take half a pound of Dates & stone & shred them, and add them to the rest, then take of Amisoods ʒi rubb them & scow out the Dust; then take ʒii of Licorish & serape it & shred it and putt it into the Aqua vitae, and after all these haue bin steeped 4 dayes, put therein a good handfull of poppy leaues & as many of Clew Lilly flowers with one grain of Amber greece & six grains of Muske & let them stand 9 dayes, straining it out a Day, then strain it through a Jolly bagg & keep it

### An excellent plaister to prevent Miscarriage

Take Emplastrum Contra rupturam 6 ounces of the Emplastrum called Ceratum Santalium, and the Oiment called Unguentum Emmitis of each 2 ounces, melt them and mix them with Camomile steeped, masticke, Dragons blood, Bistort rootes, Galls of oak 3 drams, mix all these together, and mixe them with

A plaister to strengthen the Liver and Kidneys  
of moethes of it comes to that which the Apothecaries call Ceratum Diatrion Santalorum  
spread upon Leather

### For one that is stiff in the Neck

ʒi Bettonye, marjeromo, Romanay, dayes, of each ʒi. scow them in 5 pintes of water to y<sup>e</sup> third part, then in a pott close covered with a quilt lett it be, or steep with a funnel direct the fumes hott to the Head, up the Neck

To purge the Head of any that hath a mixture of choller with a flatulency

Pillule aurice taken 3 in number about the signis of poase, for 2 several times, intermitting betwixt every purge 3 or 4 dayes is an effectuall remedie for a stuff head, and vermining sentis for any giddiness, megrim or paine thereof

### To strengthen the Sight

ʒi Electuarii clarificative visus ʒi. Consorc: for Lacunduloe, of Anthos an ʒi. masticke ʒi. Syrr: Stochados ʒ. s. ad Electuarium. The English take 2 ounces of the Electuary called Clarificativum visus, an ounce of conserve of Lacundor flowers, conserve of rosmariy flowers as much, mixe them to an Electuary with Syrrups of Stochados. When she hath thus served 3 humors, purge her either with pills of Agarick given 4 or 5 in the morning or with Pillule aurice



In like manner - sleeping after them till they be  
 gonne to work they will cost about theropontion  
 A good and easie purge for the like purpose is  
 to take of root of an Elder tree of weight 3 or 4  
 ounces and to boile it in a pint of water being  
 scraped and washed till it come to 2 ounces then  
 straine and sweeten it, and take it fasting.

### For Colicke Fevers

To stay the giddings of her Head, boile her  
 Coriander leaues and rootes, and wild time of oak  
 alike handfull quantity in possell Ale, sweeten it  
 and let her often take it. Boile in her breath,  
 soft marjorame, bettonie and Letumarie of each is  
 pugils, a root of fennell and parsley pitted, and  
 a few marigold flowers ffume her Nostrills with  
 Nutmeggs burnt under her: Make a plaister of  
 the powder of rye bettonie, with a little Carrott  
 wine and apply it to y<sup>e</sup> temples, and one to the  
 mould of the Head. If you can gett Muscadine  
 temper itt rather with that then Carrott

### For the Scurf of the Mother And its impurity

Summe itt with y<sup>e</sup> smoke of gladdin, directed by a  
 matricall pipe, or in a Close Stool, and after that  
 apply to the loynes and to the bottome of y<sup>e</sup> belly.

The plaister called Empusastrum ad sferriam  
 cum Tacamaliaca. Let her use to drinke often  
 the juice of Motherwort

Before you purge a y<sup>e</sup> oblongmatic humor, prepare  
 and make itt thinn with this or y<sup>e</sup> like decoction  
 of sweet marjorame, hyssop, Sadey, pennyroyall Her  
 bound and parsley of each a good handfull, rue, yemmar  
 der, and wild time of oak half a handfull, 2 or 3  
 fennell or parsley rootes pitted and stirred together with  
 a few Anniseeds beaten, boile all these 3 pintes of  
 water till a third part be washed, then straine itt and  
 reserve itt make itt sweet att your pleasure. Take  
 herof the quantity of three ounces in a morning as  
 long as itt lastes

### A powder against the Scab Wormes

Wormescede & the powder of harts horne burnt  
 of each a dram, Crallins and Rhubarb both powdred  
 of each 2 scruples, mixe them. Take herof your  
 quantity of what will lye on a grate in any sweet  
 drink or syrroppe in homish water naturally. Lese 2  
 spoonfulls to an Infant higher  
 in proportion of strength

To stay y<sup>e</sup> spreading of a  
 Venereal Sore. Take y<sup>e</sup> softest of any sharp frothing Sore  
 it with as much soft water as will make itt some  
 to the forme of an Ointment, herewith anoint the place  
 White loads in powder alike tempered availes in y<sup>e</sup>

Like case Ointments ready at the Apothecaries  
in 3 some cases are Unguentum album Cap-  
thoratum, Unguentum rostringens Galloni &  
or Unguentum rubrum Luttons C. R.

R. Platanos, roots marini anthos, flor latitudos  
virte Anacra, ana 3. i. Spec. Diambris, Diambris  
Abatis, ana 3. i. Mastitis, olivani, ligni alcy ana  
3. i. miscantur in syrump stechas 3. i. in Elethum  
Castorei pulv. 3. i. Summar. a. Perorientia fructus  
in exmulo simul 3. i. bed in a  
mulda 3. i. a u u u

### To stay the Cough

Take an handful of 2 of Celseste, leaves  
violett leaves and mallows of each an handful  
the seeds of white popple, of puerelans, and of  
Cuminseed of each half a handful, Dimpkin seeds  
as many the roots of fennel 2 or 3. Annis seeds  
liquorice & raisins of the sunne, of each an ounce  
break & herbs bruise the seeds, slice & pith of  
roots slice and stone & raisins and boile them in  
3 pintes of running water, to & wasting of one  
halfe then streime it and dissolve in the streime  
Liquor half an ounce of brown sugar candie  
and mixe with it as much honey, boylong it  
gently after & honey is putt in as will make it  
a syrump Take 4 or 5 often upon a liquorish

u u u u u u u u u u u u u u u u

u u u u u u u u u u u u u u u u

### To cure the Kidneys

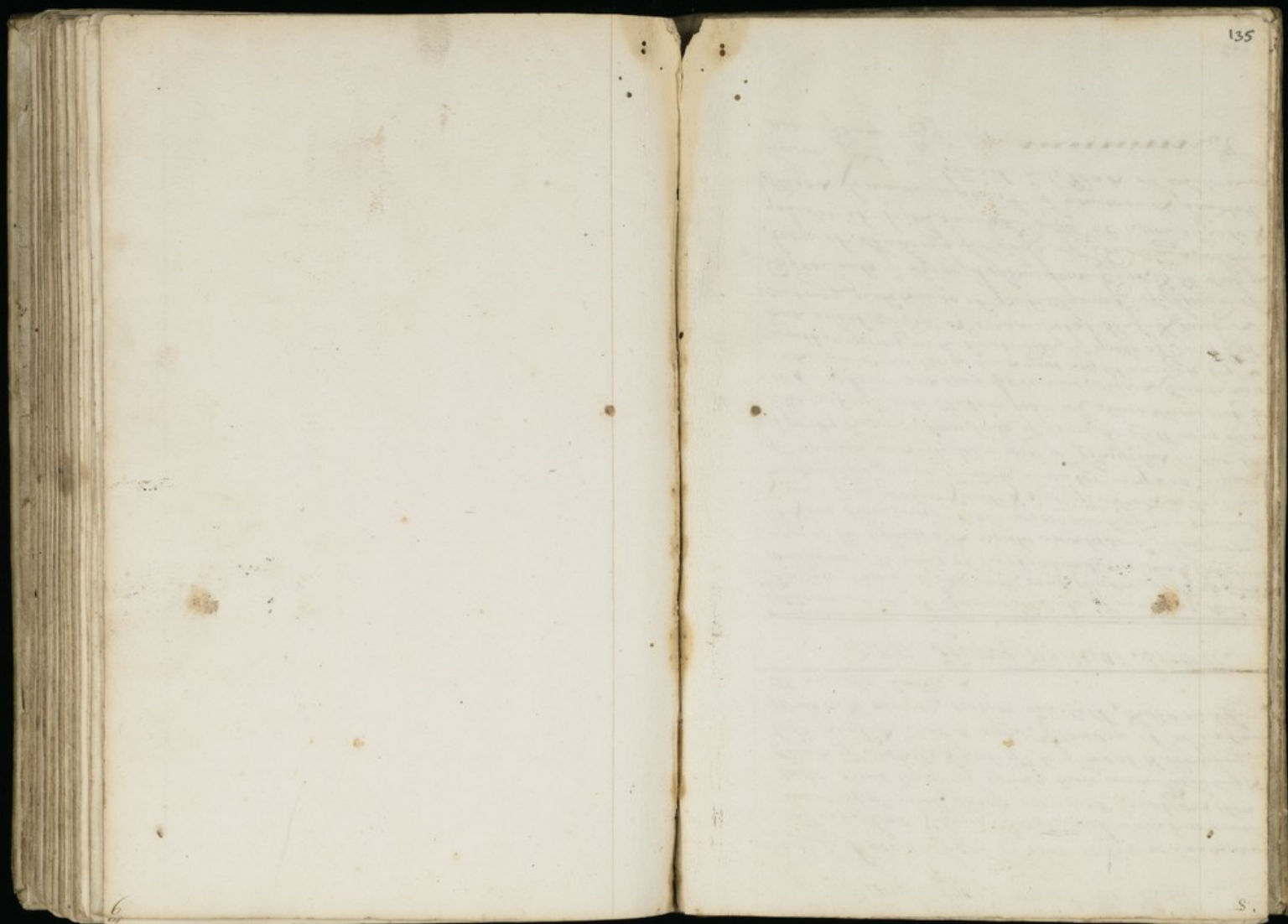
Take peditory of the wall, wood sorrell &  
plantaine of each a handfull, Lettice seeds  
and parsley seeds of each 3. ounces plash  
mallons roots, and the roots of Asparagus  
if you can gett them otherwise take the  
roots of Succory of each 4 the roots of  
Paspandula half an ounce break and slice  
all these things and steepe them with a gallon  
of New milk of the distilled water take  
or 3 spoonfulls every morninge mixeing  
with them of the syrump of Lemmons and  
violett of each halfe a spoonfull

### How to Roast A Large Rato

first wash then scur him well with salt & water till the skin is all  
of the skin Rato very thin then poore of his skin below his venter & make  
not much further having done that, take out his guts as cleane as you  
can but wash him not, then give him three or four scratches with a pointing  
& put into his belly the Decoction of her of Antidotes & a little grabe  
Mulling, the her & Anchovy must be chop'd small & mixed with good  
butter & salt then pull his skin back again over his head & you must  
cut of the head that you may tye the skin over his head & you must  
was sell on & it will not be amiss if that you finely draw or stit  
up his vent to keep in the butter, then tye to the spit with two thin  
wooden stabs above the length of him with broad girdlings roast him  
brusly & baste with water & salt till his skin breaks then with butter  
being roasted enough let what was put into his belly & what he dropp  
after the basting with butter & his saucis with melted butter & gravy  
1706 J. Tho. Parkinson



Folio's 124v to 135r are blank





10 Make Frigate to kill at Bristol.

*(The following text is written upside down)*

I have been thinking much lately  
of the many things which I have  
seen & heard since I came to  
this country. I have seen many  
things which I never saw before,  
and I have heard many things  
which I never heard before.

1. The first is the *Book of the Law*, which is the foundation of the Christian religion. It contains the commandments of God, which are the basis of our duty to Him and to our fellow men.

2. The second is the *Book of the Prophets*, which contains the prophecies of the future. These prophecies are the basis of our faith in the coming of the Messiah, and of our hope in the life to come.

3. The third is the *Book of the Gospels*, which contains the life and teachings of Jesus Christ. These are the basis of our faith in the Son of God, and of our hope in the redemption of the world.

4. The fourth is the *Book of the Acts*, which contains the history of the early Church. This book is the basis of our faith in the power of the Holy Spirit, and of our hope in the growth of the Church.

5. The fifth is the *Book of the Epistles*, which contains the letters of the apostles. These letters are the basis of our faith in the teachings of the apostles, and of our hope in the salvation of the world.

6. The sixth is the *Book of the Revelation*, which contains the vision of the future. This book is the basis of our faith in the final triumph of the Church, and of our hope in the eternal life of the saints.

[illegible]

*[The page contains dense handwritten text in a cursive script, likely from a 17th-century manuscript. The ink is dark brown or black, and the handwriting is highly stylized and slanted. The text is arranged in approximately 18 horizontal lines across the page. There are some corrections or insertions visible, particularly in the middle section where certain words appear to have been crossed out and replaced. The overall appearance is that of a personal letter or a private journal entry.]*

*Si male aqua maritima*

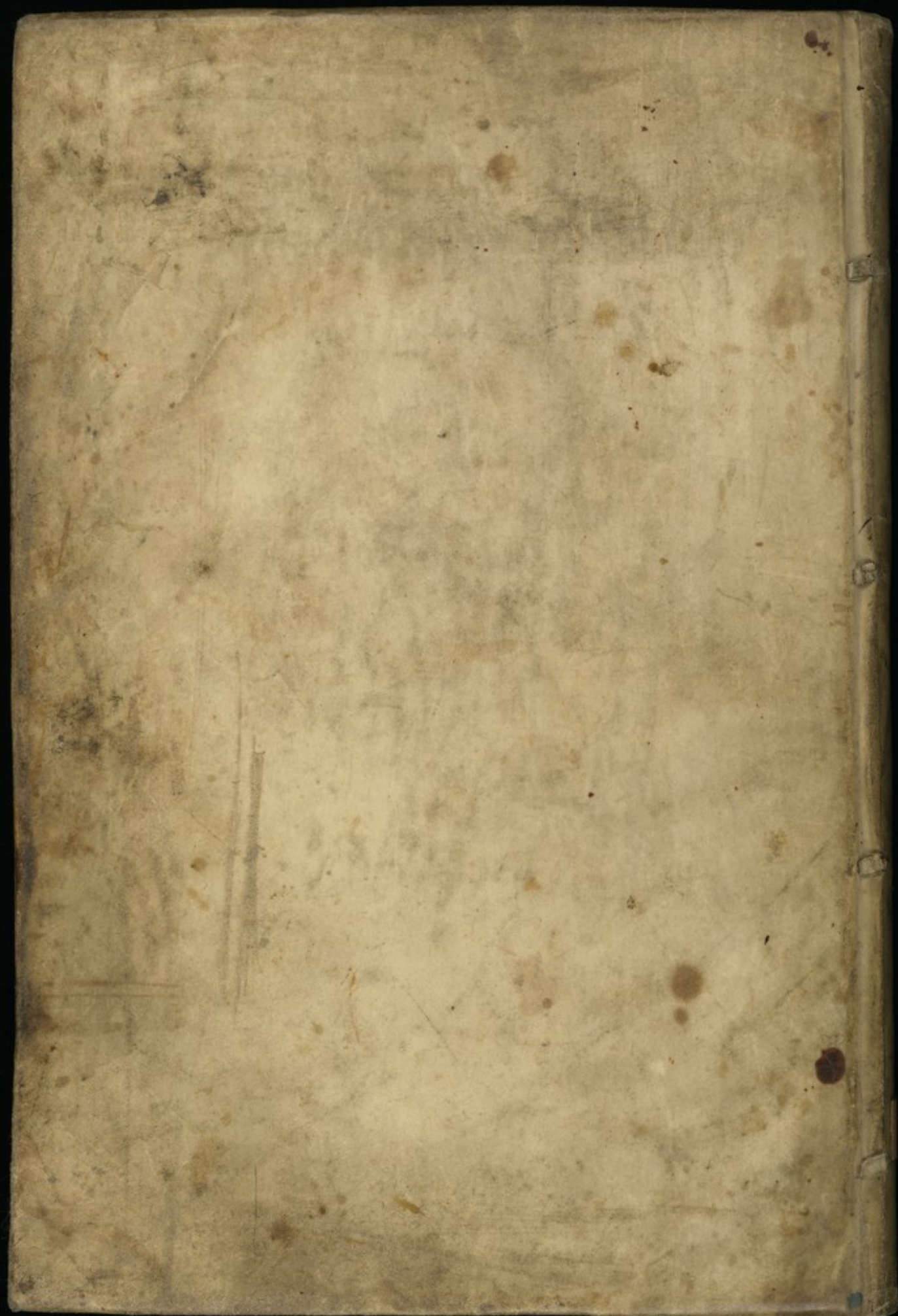








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| 1. | Accept to make. 1/2 per ounce. 1/2 oz. | 16. |
| 2  | Accept to make. 1/2 per ounce. 1/2 oz. | 17. |
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