

Recipe Collection, 19th Century

Publication/Creation

c. 1820-1878

Persistent URL

<https://wellcomecollection.org/works/e749drwh>

License and attribution

This work has been identified as being free of known restrictions under copyright law, including all related and neighbouring rights and is being made available under the Creative Commons, Public Domain Mark.

You can copy, modify, distribute and perform the work, even for commercial purposes, without asking permission.



Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

If you have Peas to spare
New Zealand - They - especially
the kind called Grey Currie
make a lovely jam
Jelly & Rich Dress

5853/1

- 1 Chub Perinamont
- 1/2 lb. Flowers
- 1/2 lb. Beans
- 1 1/2 lb. Sarsaparilla
- 4 lb. Dhunecah
- 4 1/2 lb. Wilder
- 1 1/2 lb. Ryan
- 3 lb. Black Pepper
- 1 lb. Cardamom
- 1/4 lb. Sarsaparilla

1.174

Curry Powder given to
 be made 15th July 1825
 To be sent home

5853/3

Receipts for
Rowley Water
Short Issue,
Mrs Eginton

Elder Wine
Mr. James Johnson

Baby's Food
Margaret Smith

Burned Eggs
Miss Gordon

Handwritten notes:
Mrs Gordon
Miss Gordon
Mrs Gordon
Miss Gordon



ABINGDON
CC 10
65

The seeds of Pines (including
of course the Scotch) should
be planted in ^{April} Spring. They
require particular care in
sowing. The best soil is a
light sandy loam well
mixed with a portion of
vegetable mould, & the
compound finely pulverized.
In this the seeds are to be
sown half an inch deep
from 3 to 4 to each square
inch. & the box in which

they are sown must be kept very dry rocky spots & require
in a warm & sheltered protection while young in
situation, & carefully England. They should be
protected from hot sun & frost when planted,
shine. Where the seeds under a glass pane
are very small, as the or in a Conservatory.
Decid. they should not
be above a fifth or a fourth
of an inch deep in the
ground. & the soil should
be lighter i.e. have a
greater proportion of
sand. This tree prefers

Collon Cake Moulding

Take the weight of three eggs
in butter. Sugar and flour
and mix them all together
Then beat up well four eggs
add all together & when
mixed quite smooth put
into cups & bake for about
an hour -

Jaune Orange

Take half an ounce of Sineclap
& boil it in a pint of pump
water & pour it on the peel
of one lemon - Let it stand
till cold. Then add the juice
of the lemon, the yolks of
four eggs one glass of Mountain
& loaf Sugar to your taste
when sufficiently cold. put
into your glass or mould. -

Shook bread - Mrs Geston

4 pts flour - 3 pts Butter -
3 pts sugar White Sauce

The butter should be melted &
poured when hot over the flour

Shook bread - Mrs Scott

5 pts Sootie 2 do butter
1 Teaspoonful ~~butter~~ Sugar
1 gr. of Salt - Little Sauce

To make Mock Oyster Sauce
A cupfull of Gravy - 3 Table
Spoonful of Essence of Anchovy
one of Ketchup - 2 of Lime Juice
A few pickled or fresh Mushrooms
1 Table Spoonful of fresh butter
rolled in flour - Boil these
first in a saucepan, stirring
one way to prevent the butter
from oiling - Have ready

Prepared the yolks of 2 Eggs
beaten up with a beat 2 thirds
of a cup full of good fresh milk
into which grate $\frac{1}{4}$ of a nutmeg
Mix the whole together, &
put it over a slow fire, stirring
it well till it is as thick
as Oyster Sauce - but do not
let it boil.

Small Bones

Calves Head Pie.

Boil half a head till tender in as much water as will cover it. Take it out & clean out the bones. Return them into the liquor & reboil them till it is reduced to a pint & a half. Strain it off & let it stand till cold when it will be a jelly. Put thin slices of the meat at the bottom of a dish, then slices of lean ham then of the tongue & brains, then slices of jelly, then of hard boiled eggs. Repeat this till the whole is used, seasoning with Pepper Salt, Cayenne, & a little Mustard. Cover it with a puff paste & when cold it will cut out in slices.

$\frac{1}{2}$ or $\frac{3}{4}$ lbs of ham is necessary.

Calves Head Pie



Luny Powder

- 6 ℔ of Turmeric
 4 - Coriander Seeds
 2 Turmeric Seeds
 1/2 White pepper
 1/4 Cayenne
 1/2 Caraway Seeds
 1/4 Ginger Powder
 2 Fenugreek -

Henry Bowden

5853/9 2/2



A Trip Coat Cheese

5 Pints of new Milk with a
Thousand or as much Rennet
as you think will break it, put
in the Rennet when the Milk
is rather cool have ready a
Garth with a cloth tied round
the bottom when the milk is
well broke lead carefully the
Curds into the Garth breaking
them as little as possible. If
made in the morning it must be
turned at Night on a Dry board
made full of Holes then take off

The Cloth & Scatter a
little Salt, turn it the
next Morning on such another
Dry Board laying a little Salt
as before, continue turning
morning & Evening till the
Whey is quite drained from
it, so set it in a proper Place
to ripen covered over with
Vine leaves, continue turning
it each day in fresh leaves

till it be fit to Eat. The
Garth may be taken off
The second turning it is
sometimes necessary to Bind
it with a Fillet—

Cut the Bag into a little hold
Water half a Tea Cup full
will do & about the size of

Bag
Milk
the
put

Makes
this Cheese

— If the
is warm from
low you may
the Elbowet to it

without warming it.

I find it Best to put 4 Pints of New Milk
to 1 of Cream or in that proportion

Phase

[Faint, illegible handwritten text, likely bleed-through from the reverse side of the page.]

Embleng High Street
for Chair

Before the Venison is put
to the fire put a thick
paste over the fat part
about $\frac{1}{2}$ an hour before
you take ~~it~~ ^{it} up
for dinner take the
Paste off & put a piece
of paper well greased
over it & about ten
minutes before serving
it to table take the paper
off dredge it well & allow
it to remain to brown

1
Derrison
Mrs. Thompson

Mustard Seed Whey.
For Chronic Rheumatism.
Palsy. & Dropsy.
Take of Milk & water each.
1 Pint.

Mustard Seed, bruised
1 1/2 oz.

Boil them together till
the curd is separated, then
strain the whey through
a Cloth - A little sugar
improves it - four or five
Tea-cups full in the day
is the dose.

Chobham Place

November 13th 1846

Mustard Seed
Wharf

Mulling Tibbet -

Sugar Candy . 1 Scen

Ginger Juice - $\frac{1}{2}$ D.

Turmeric - few for Colour

No water to be given only Voie with
Ginger Juice -

5853/13.

To stain Ivory bone or Horn
Yellow-green

Boil them in a solution
of Delaprise & Shingee till they
are the color obtained -

Rich

Boil them first in a solution of
Alum in the proportion of 1 lb to
2 Quarts of water -

Then take strong hair water &
the scrapings of Brazil wood in
the proportion of 1/2 a pound to a
Gallon. Let this boil for an hour
& then put in the Ivory prepared
by boiling in the Alum water &
let it remain till sufficiently
colored.

Black

Boil the things to be stained
several times with a strong
decoction of logwood hot made
in the proportion of one pound of
logwood to a gallon of water. Then
having prepared an infusion of

Receipt for staining Ivory.

To stain Ivory bone in Brown,
Yellow Green,

Boil them in a solution of
Potash & Sulfur till they
are the color obtained -

Red

Boil them first in a solution of
Alum in the proportion of 1 lb to
2 Quarts of water -

Then take strong lime water &
the scrapings of Brazil wood in
the proportion of 1/2 pound to a
Gallon. Let this boil for an hour
& then put in the Ivory prepared
by boiling in the Alum water &
let it remain till sufficiently
colored.

Black

Paint the things to be stained
several times with a strong
decoction of logwood hot made
in the proportion of 6 oz pound of
logwood to a Gallon of water. Then
having prepared an infusion of

[Faint, illegible cursive handwriting, likely bleed-through from the reverse side of the page.]

Receipt for staining Ivory.

Mixture to prevent the attacks of
White Ants on Wood work.

Take 1 oz of corrosive sublimate
(^{Heindostanee} Ruskopoor) and one of Gum, and
9 oz of Water: first pound the
sublimate very fine, then mix the Gum
with it, stirring it all the time, and
then ^{add} the water gradually, stirring
it well. Rub this over the wood, ^{thrice},
and a white Ant will never come
near it —

بوداب ساتوی اسپند

Que. Sordab - Saturee - ispana

Wormwood - uputeen - wormee - Mustaroo

افستین رومی ستارو

My dear Mrs. Turnbull

Dissolve 2 seers of clean
(common) salt in ^{16 quarts.} four gallons
of boiling water pour upon
the half mace of Oil &
stir about well for an
hour. - Then let it remain
still for a day, after which
decant the oil

Yours sincerely
Wm Beattie

5853/17

Recipe for
cleaning Locket
bit

To make Milk Punch.

Put 40 Lemons very thin & let
it steep 24 Hours in 3 Bottles
of Brandy with 2 grated nut
megs & 3 doz: cloves then dis-
olve 8 lbs: of Sugar in 8 Quarts
of Water. Add the liquor
from the Peel 3 Quarts of Lemon
juice 7 Bottles of brandy & 4 of
Brandy. Mix these ingredients
well together & pour 5 Quarts
of scalding Milk into it
skimming it well all the time
leave it in the Pan all
night & clear it thro a jelly
Bag in the Morning.

Another

Put 2 doz: Lemons as thin as
possible & steep it in a Gallon
of Brandy for 12 Hours. put
the juice of the Lemons & 2 lbs.
of Sugar. let it stand some time
Take 6 quarts of Spring water
& put all the Ingredients

it in a large Jar, I pour
into it 3 Sinks of boiling M.
Milk. Let it stand 3 Hours
I clear it thro' a damask
Napkin doubled. Bottle it
I keep it cool.

Another

2 doz. Limes peeled I put into
2 Quarts of Brandy over
Night with a few flowers
In the morn. dissolve 3 lbs.
of fine Sugar, mix with
the peel, 3 Bottles of Rum & 1
more of Brandy with 2 quarts
of Orange juice & 2 quarts of
Lemon juice. I grate the
meat well mixed. Then pour
3 Quarts of boiling Milk &
leave it till the following
day when it is to be put thro'
a Bag & bottled.

Another

Put 20 Lemons thin, peel
the peel into 2 quarts of
Brandy then grate 2 nutmegs
into the Brandy, cover it close
up. I let it infuse 24 Hours

Then squeeze the lemons
into a bowl. Measure
4 Quarts of water into a
Pan that will hold 3
Gallons I put to it 3 lbs
of brown Sugar & as soon
as dissolved pour the Brandy
from the Lemon Peel then
add 4 quarts of Brandy &
the juice of all the Lemons
Mix it all together then mix
2 Quarts of Milk scalding
Hot & pour it into the Pan
to the other ingredients stir
it a little I let it stand 2
Hours then strain it thro'
a Jelly Bag till quite fine

Another

Take 4 Gallons of good old
Rum 12 Oranges 12 Lemons
Let the parings of both peel
thin steep in the rum 24
Hours. Add 12 lbs of double
refined Sugar with 4 Gallons
of water & the whites of 12 Eggs

but to a froth - Boil & strain
it well.

Tapioca or Cornflour
Soup

1 pint Stock, 1 oz. of Cornflour
The yoke of one egg, & a wine-glass-
full of milk,

Boil the Cornflour in the
Stock until it is all clear,
Then mix, and add the milk
and egg, and boil for about
ten minutes when it will
be ready to serve,

5853/19

Dec. 1878 -

4 Lbs of Berg. (Potash)
4 Spanish quaters
This will allow it to remain
12 hours strain it & soak the
left in a few more hours. Take it
out & steep it in cold water. rub it
with a cloth until it is decom-
posed. Sp. to iron.

5853/20

Receipt for receiving
of bank bills of
when spotted

an excellent receipt for Ginger Beer

2 oz of best Jamaica ginger bruised very fine &
boiled in one pint of water for an hour - Then put it
into a large pan - Peel three Lemons very thin
& slice the Lemons very thin add two pounds
of sugar $\frac{1}{2}$ oz of Cream of Tartar -

To all these ingredients pour two Gallons of
Boiling water & cover it close - When cold
add in two Table spoons full of yeast & stir it
well up with a stick or whisk - Let it work
twelve hours, then bottle it - Tie down the
Corks & in 24 hours it will be fit for use
I should suppose sooner if it ties down

Spence of Chilies

$\frac{1}{2}$ Maund of Red Chilies ^{very ripe} 2 Sier of salt and three
bottles of the best rectified Spirits of wine

To each sier of Chilies add 4 Table spoons full
of very nicely cleaned salt beat it well in
a mortar then press & strain off the liquor
proceed in this proportion till the whole is
finished & then add the spirits of wine gradu-
ally stirring it well all the time The above

Do not make three Quart Bottles, 20 & 1/2 Pints
& one or two oz Prints great care must
be taken to prevent Blacky making use
of a Drop of water which they will do if
they can as it saves a great deal of
trouble, but it prevents the Essence keeping
& this mode will keep good for three or
four years —

Shop Bread
4 Chubs. or 1/2 lb. Flour

3 - - - - - 6 ounces Butter

3 - - - - - Sugar

very little yeast.

The Butter must be melted
& poured over the flour when
hot

another
5 Chubs. Loaf or 10 ounces Flour

2 - - - - - Butter 1/4 lb.

1 Teaspoonful of Sugar.

1 - - - - - Salt

A little Tare or Yeast

Hotch Potch. 4 Quarts.

Boil 1/2 lb of Beef in a Gallon
of water till the substance
is out of it, then take out
the Beef & put in 2 doz of
Turnips turned out with a
Turner. 3 carrots split in
quarters. A stock of Lettuce

The top crust of a penny
Loaf, a little Pepper Salt
1/2 a peck of green peas &
2 large onions. When it
begins to boil season it

cut 3 lbs of the back ribs of
Pork into handsome
steaks & boil it an hour
over a moderate fire
Then serve it up in a Tureen
after taking out the Lard
& Bread.

To Make Beef
Take 6 lbs. of clean Beef
1 Ounce of Salt ^{peas} & fine. rub it all over the
Beef very well with one Hand
ful of common Salt. Let it
lie for 3 or 4 days, turning
it each day then put it in
a Pan that will fit it, then
cover it over with Water, put
a coarse paste over it. Bake it
in an Oven after Bread, so
that a steam will rise
thro' it. When it is cold
pick out all the skin &
sinews. Beat it in a Mortar
Mortar with 1 Pint of
Pepper & Salt. Clarify 1/2 lb of
fresh Butter. Rub into 1/2

Thin Biscuits

Two Pounds of the best flower - a quarter of a pound of Butter
melted in as much milk as will make it into a stiff
dough - add two spoonfuls of yeast - Set it before the fire to
rise - then roll ~~the~~ the dough into thin Biscuits - prick
them with a fork lest they blister, and bake them in a
slow oven - Sugar, and Caraway seeds may be mixed in
them -



2 lbs Treacle }
6 oz butter } Muddled together
3 oz pounded ginger
 $\frac{1}{2}$ oz \bar{v} - cloves
 $\frac{1}{2}$ oz Caraway seed
3 oz orange peel
2 large tea spoonsful
Soda mixed in warm water
to be put in the last thing
As much flour as will
work it up - to be
worked up on a board
like bread -

5853/24



Bake from 2 to 3
hours according to
size of the cake
& heat of the Oven.

Scottish Ginger
Bread.

Receipt for Chutney

60 Mangos (not too ripe) to be boiled
in 3 Bottles of Vinegar
2 Scarc + Thence
1 — Ginger
1 — Garlic
1 — Chillies
1 — Salt
1 — Mustard Seed
1 — Parsley

The Chutney to be made into a
Syrup - the other ingredients to
be cut in thin and the Mustard
seed to be bruised and the husks
taken off. The dry ingredients to
be put in by degrees then the
Syrup and the whole to be well
stirred up with a fourth Bottle
of Vinegar.

Receipt for Milk Dishes
11 Gallons of Milk
2 1/2 Do of Cream
500 Crumey
900 Hardye Limes
72 Hudson Do
25 Sars of Sugar Candy
26 Do of Milk

This is to make two Dozens

Soda Scones

1/2 lb American flour

3/4 oz Carbonate of Soda

1/4 oz cream of Tartar

1 Chopin ^{or 1/2} Butter milk

Mix the soda, cream
of Tartar, & a little salt
with the flour, pour
the milk on it, but
keep back a little of
the flour to bake them
out with

5853/26

Neckish
Neckish

Barley Stews -

Pour boiling water on
the meat. Wash & roll them
as quickly as possible.

Flour Stews

Like warm water -

If butter is used let it be
melted in hot water

If milk is used instead
of water it must be boiling

with a little salt with all

Meal Puddings -

Take a pound of oatmeal
chop three quarters of a
pound of suet. Mince
some onions & mix all
together. Season well with
pepper & salt; half fill the
skins & boil & dress them
as directed in the receipt for
or blood puddings.

Some people think a little
Sugar an improvement.
To clean the pudding skins wash
them thoroughly & let them lie a
night in salt & water. When

they are to be filled tie one end &
turn the inside out; half fill
them, & tie them in rings or in
equal lengths. When the water
boils throw in a little cold to
put it off the boil & put in
the proceedings. In five mi-
nutes put them upon a dish
& prick them with a large
needle. Return them into the
pot & boil them half an hour.
Hang them up in a dry cool
place to keep them. When they
are to be used, put them in
hot water for ten or fifteen
minutes & then broil them.

1 Oz of Corrosive sublimate
Ruskaphoon

1 Oz of Gum
and 9 Ozs
of Water

Wound
the sub
lemake.
very few
them mix
the gum with
it, stirring
in all the
time, then
add the water

will you be
and me a paper

part of these
Ruskaphoon

Yours truly
J. H. L. Louth

5853/27

Receipt for
White Lint.

Miss Sturtevant

2 Table Spoonful of Savory powder
1 Tea Spoonful of Mustard.
Pepper according to taste - either
1 Tea Spoonful - or $\frac{1}{2}$ a One

To wash Shirts - They should be
washed in Luke warm water
and with boiled Soap, and after
wards rinsed in Salt and Water
which both cleans and fastens
colors - Linens ought to be
washed the same -

87/5853
Document 1829 or 28. with Colours?
Given by James Loggishorn
residing the house of "Guthrie" on
The Green.

Rice

Stew a fowl with a
piece of Bacon in a quart
of Water with Cinnamon
Mace cloves Allspice and
pepper one Hour —
Keep the fowl warm —
Boil the rice in with
the Bacon and spice
till done Garnish with
Hard Eggs and Onions

Pillsbury

Petits fagots à la
Parmesane -

3 ounces of Puff Paste
2 oz. of Parmesan
cheese grated. Some
Cayenne & Salt

Roll the paste out thin
& then spread over the
Cheese &c. Double the
paste & roll it twice
to the thickness of $\frac{1}{4}$ inch
Cut into strips $\frac{1}{2}$ inch
wide 4 inches long -
before baking, each
piece must be gently
closed & twisted -

laked a light brown.
Before serving tie
them up into little
bundles (or faggots)
with coloured ribbon
& pile them up in
the dish.

Meddars Jelly

Take meddars when quite
ripe, & put into a preserving
pan, with as much water
as will quite cover them.
Let them simmer slowly
till they become a pulp.
Strain through a jelly bag.
(Beware not to squeeze the
bag, as that will make the
jelly muddy, but ^{let it} strain
until the very last drop,
as the last of the liquor
is generally the richest.)
To every pint of juice, add
 $\frac{3}{4}$ lb. of sugar finely
pounded - Let it boil
a long time; till quite
clear. - Then put.

Medias Jett
from Charlotte to paper

Put ripe Tomatoes into an earthen jar
& set it in an oven, when the bread
is drawn, till they are quite soft,
Strain them from the liquor. Take
off the skin & rub them through a
Sieve. Add salt & shallot to your
taste (About 2^{oz} shallot & 1/2^{oz} of salt to
1 quart of pulp). Boil very slowly for
2 hours. Then strain through a
Sieve. To every quart add 1/2 a pint
of Capsicum vinegar, or plain vinegar
& Cayenne to your taste. Boil for
1/2 an hour, or till it is as thick
as good cream.

For Tomato Sauce.

Receipt for
Tomato Sauce
from Mr. Loomer

Wm. Loomer

5853/32

2/2

Lemon Jellies

Three large Lemons
peeled as thin as possible
pour a pint of boiling
water on them the night
before using -

Strain off in the Morning
and squeeze the juice
of the 3 Lemons into
the water - Add $3\frac{1}{4}$ lbs

of G. Sugar, the whites
of 2 fresh Eggs well beaten
Mix these with 2 full
Table Spoonfuls of
Arrow Root, stirring
it over a gentle fire
until of the thickness

of custard - when cool
pour it into glasses

Annex

To every eight pounds of meat
put nine oz of salt, nine of
Treach & one of salt petre.

Put all these ingredients into
a stew pan over the fire and
let them remain till properly
dissolved when you must pour
the mixture quite hot over
the Hams. - Baste them well
very often & turn them two or
three times a week - for 6 weeks
then take them up to dry
and smoke them whenever

you please. - Put about
half a pint of water into
the sauce-pan before you
put in the Treacle &c. as it
will assist in dissolving the
Ingredients -

ms

Quince Jelly

Cut 36 Quinces into small
bits, with about 2 Quarts
of water - let them boil
slowly till the fruit is
quite in a mash - keep
them covered close and
let about a third boil
away - Run the liquor
through a Jelly Bag
and put to every pint
a pound of white sugar
and boil till thick.
It should be boiled till
its consistency is such
that when cold, it may
be run out of the mould

Quince Jelly

[Faint, mirrored handwriting, likely bleed-through from the reverse side of the page]

Pommes à la Dauphine

Peel & take out the cores of
two pounds of weight of
apples taking care to keep
them whole. Put them into
a stew pan, buttered
at the bottom, a very
little water, a piece of
cinnamon, a spoonful
of cognac brandy, & a little
sugar, put the sauce

from on the stove to keep
whole when baked, take
them off the fire, & place
them in a mould, take
care that they do not
get hard, & mould is
fast so that the contents
may rise rather above
the level of it. Put into
each apple a spoonful.

of apricot or any other
marmelade and a small
peck piece of candied lemon
or orange peel,
Powder 3 or 4 macaroon
biscuits and sprinkle them
over the apples. Pour a thick
cream flavored with ^{essence}
Vanille
or any other liqueur
enough to cover them.
This delicious dish is perfect
when iced. Receipt from

Louis Philippe's look

Chateau d'Eu

Sept. 1843

Juan Vitoria sent her
plate twice for some pit.

From a
D. cupham

The best of Tonics

In a cup, put the yolks of two
Eggs, and milk, or beat ~~up~~ -
them up into a froth, with
powdered loaf sugar, or brown
sugar, then fill the cup with
boiling coffee

The medicine is Balsam of Horehound & has Directions with
it The Lady who gave me the receipt always gives about four
Tea spoons full to a grown person who found it invariably afford
relief and ~~to~~ one in a deep decline it perfectly recover'd
It hardly ever fails relieving a Cough

5853/38

Suga Mould

Boil 2 ounces of
Suga in $\frac{1}{2}$ a Pint
of Water 1 hour
Take 1 lb of Rasp-
berries, or any other
fruit, rub them
through a Sieve
add lump Sugar
to your taste
then mix the

Sago & fruit together
and boil $\frac{1}{2}$ of

an hour

Put this into

a mould 6 hours

before dinner &

when cold, it

becomes quite a

Jelly

3 Pints Pear
6th of poor herbs
6th Bones

10 L^{ts} of Water

Buff soup

10 lbs of thin Beef @ 3.
10 L^{ts} Quarts of water
1st of Herbs.

5853/40

Seafus.

Arabian Pitch for floors

3/4 well sifted Stone Churn

1/4 Rosin or Hammered well pounded

as much oil as will admit of its

being spread upon the floor about

1/4 of an inch thick, the whole is to

be well mixed & pounded in a

mortar. When mixed it becomes as

hard as Iron - or no lamp can

penetrate it.

100 lbs Stone Churn -

33 " Rosin or Hammer

8 " Oil

Medlar jelly -

Take Medlars when quite ripe
wash them well, & put them
into a preserving pan with
as much water as will cover
them. Simmer slowly till they
become a pulp, then strain
them through a jelly bag.

To every pint of liquor add $\frac{3}{4}$ lb
of Sugar. Boil an hour.

Great Care should be taken in
the boiling, that it may turn
out the colour & consistency of
Guava jelly -

Medlar Jelly -

—

Palestine Pudding.

1 lb Flour, 1 table spoon full of thick yeast
 $\frac{1}{2}$ lb of butter melted in a little milk, 3 Eggs,
yolks & whites, mix all with a little salt,
to rise, before adding 6 oz. Sugar, a table
spoon full of beat Cinnamon, $\frac{1}{2}$ oz of Candied
orange, lemon & Citron. Clarified sugar
poured over directly the Pudding is taken
from the oven.

very good cold.

5853/43

Palestine Pudding

Receipt for cake

weigh 1 lb of flour, $\frac{1}{2}$ lb of butter, break the butter quite fine so that you cannot distinguish it from the flour, warm a cup full of milk, (only lukewarm) & mix it with a table spoonful of yeast, make a hole in the flour & pour it into the middle gently covering it with the flour, put it to the fire to rise for half an hour. Beat up 3 eggs, yolks & whites, a teacup full of powder sugar, $\frac{1}{2}$ a breakfast cup full of currants, at the end of the half hour mix these with

The flour of some lemon peel
chopped fine, beat it altogether
for some time, till it is well
mixed then put in the tin &
let it be baked very soon —

Chap. Jourdan's
Receipt for
Fudge

Horse radish Sauce

One Table spoonful of Vinegar
One bitto of Cream - A
very little Mustard &
a little ^{powdered sugar} Salt to be mixed
together - Then add
some grated horse radish.
Not to be made too
thick -

Horse Radish Sauce

Horseradish Sauce.

Grate some Horseradish very
fine, a little Made Mustard.
The same pounded white
Sugar, and four large Spoons
full of Vinegar, to be all
well mixed - a little Cream
is an improvement -

Asses radish
Sauce

Utton Lake Puddings.

Take the wright of 3 eggs
in butter sugar & flour &
mix them well together.
Then beat well up 4 eggs
add it altogether & when
mixed quite smooth
put into cups and bake
for about an hour —

Colton. Cake
Puddings

Pear Soup -

3 Pints of Pears.

℞ - worth of Poor Herbs.

℞ - worth of Bones.

10 Quarts of Water.

Buff Soup -

10 lbs of Meats of Beef & B.

℞ - worth of Poor Herbs.

10 Quarts of Water.

Pine Soup

Lemon Pudding -

$\frac{1}{4}$ of a lb of Beef Suet - finely
grated.

$\frac{1}{2}$ — of grated Bread - Do. Do.

6 oz. of Moist. Sugar.

The rind and juice of a
lemon and one egg to be
boiled half an hour in a
mould.

Lemon Pudding

I hope I am doing nothing indecent, in
fact my papa will not know this idea comes
from me. Half the people who suffer from
low spirits, sadness, and inactivity, owe
it to the want of circulation of the blood.
Mr de Blumenthal was bordering some years
ago on a state of despondency, his wife told me
the cure, he is now perfectly well and gay.
I don't wonder dear grand papa loves the
Newspaper - I do also and devour the
Times, altho' I think it often a bracing
talking paper. This bit of writing is quite
for you en secret.

5863/50 1/2

my bullet after taking these
lyenges. Tell me how they succeed
after them I will send more if you
like them. Nothing else is given here.
They last me in. And now permit
me to give dear grand papa advice.
his complaint is caused by the blood
being too thick, and is easily cured by
what in France every vain woman takes
to keep her complexion good & her spirits
clear the name of Decumens of cold water, taken
every morning, and evening if necessary.

The liver and digestive organs particularly
those of the lower bowels do not do their
duty - cold water gives them time to do so.
If the blood is too thick it does not circulate
well, hence all these symptoms Grand papa
has and all sorts of low spirits. I cannot
tell you how many people here have been
restored to health by the means I mean.
For now cold water is known to be invaluable.
I enclose for you a small one I see daily
advertised in the English papers, and you
can see Mr Esau in your dear husband
a hint, and excuse me for giving it you.

Captain Hapleton will bring you 6 lozenges
for Monty Money who you said had
worms. They are the same as Henry
takes, and have an excellent effect.
They are to be taken as follows. One
and a half at bed time. Then
wait 8 days and give one and a
half more. This is the dose. If the
child does not look better, wait a week
and repeat the dose. No care is necessary
as to diet, only nothing sour ought to be
taken. Henry's eyes and cheeks look

For Gran's worms
sick in evening

Receipt from Carsten & Dunning

5853/50

2/2



A strong paste for
Paper.

To two large spoonfuls
of fine flour, put as
much powdered Tosen
as will lay on a shilling
mix with as much
strong beer as will
make it of a duce

5853/51

consistence, & bail
Half an Hour. Let
it be cold before it
is used.

Parts

Sal ammoniac

Koushadec _____ 5

Taltpetre

Thora
alias

Tubercle of Potash _____ 5

Glauber's Salt

al: Sulphate of Soda

al: Wharee ^{Warr} Muttie - 8

Water _____ 16

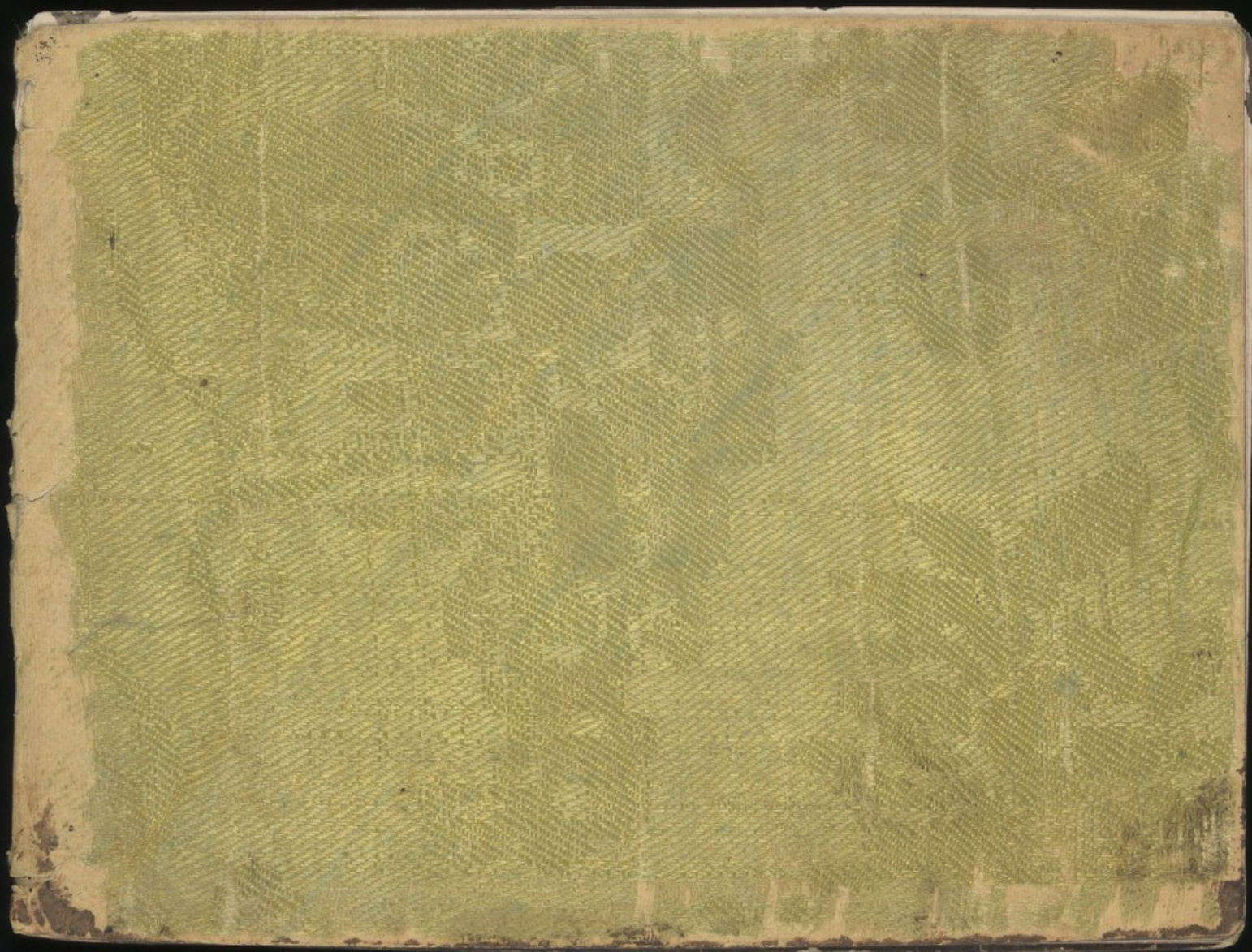
without Glauber's Salt - 46°
 without Glauber's Salt - 40°

2 Ounces of Lump Gum Guaiacum, pound very fine
1 Ounce of Vitre also pounded very fine
put these into a quart Stone Bottle Pour upon
it one pint of pure Old Rum Tie it up close and
set it in the chimney corner for ten Days
shaking it frequently Then pour it gently
into another Bottle and it will be fit for use
a Tea Spoon full of this to be taken every night
in a little warm water going to Bed till you
are relieved or take it for a fortnight &
then leave it off for ten Days & begin it again
You may leave it off whenever the pain is
abated — NB You may put more rum on
the Lees — The water must be as hot as you
can take it —

This my dear Sir is the recipe I promised
and send the medicine with it for you to
make a trial, and hope you will benefit by
it
Yours truly

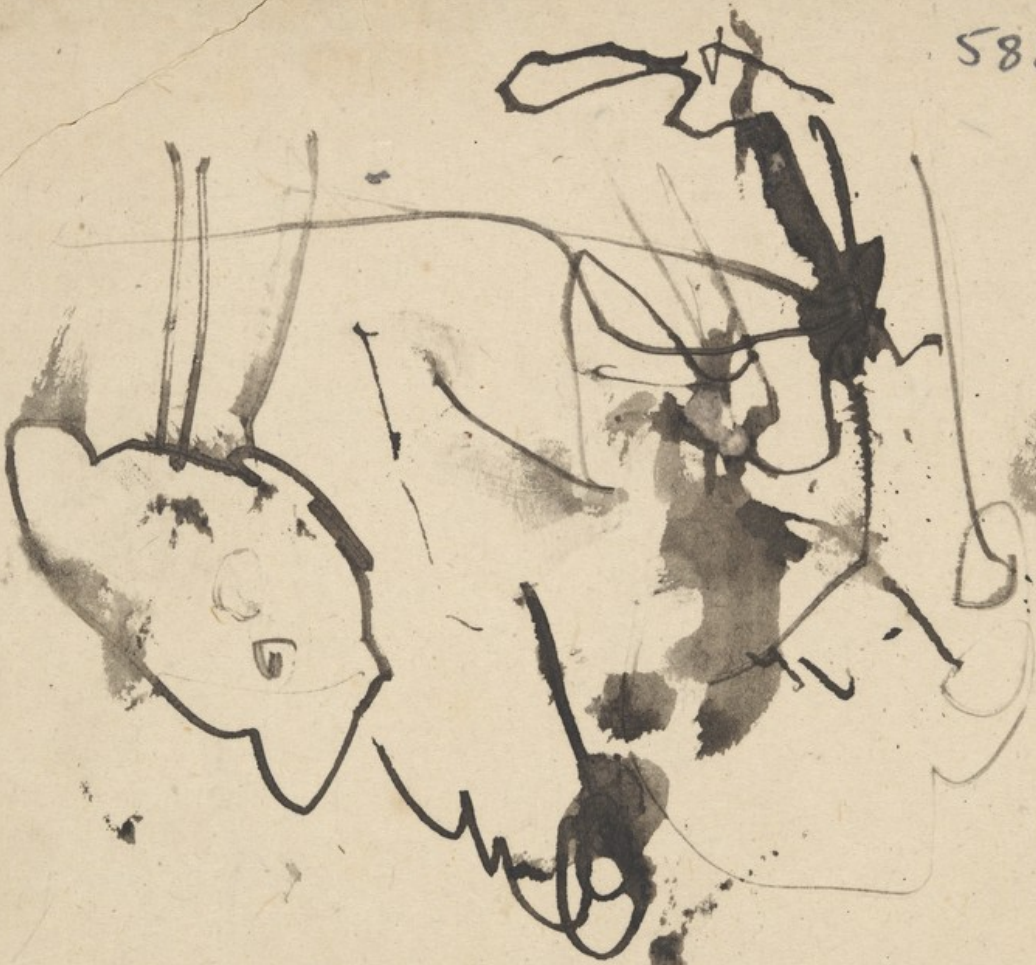
M M Colwin

Mrs Calvin



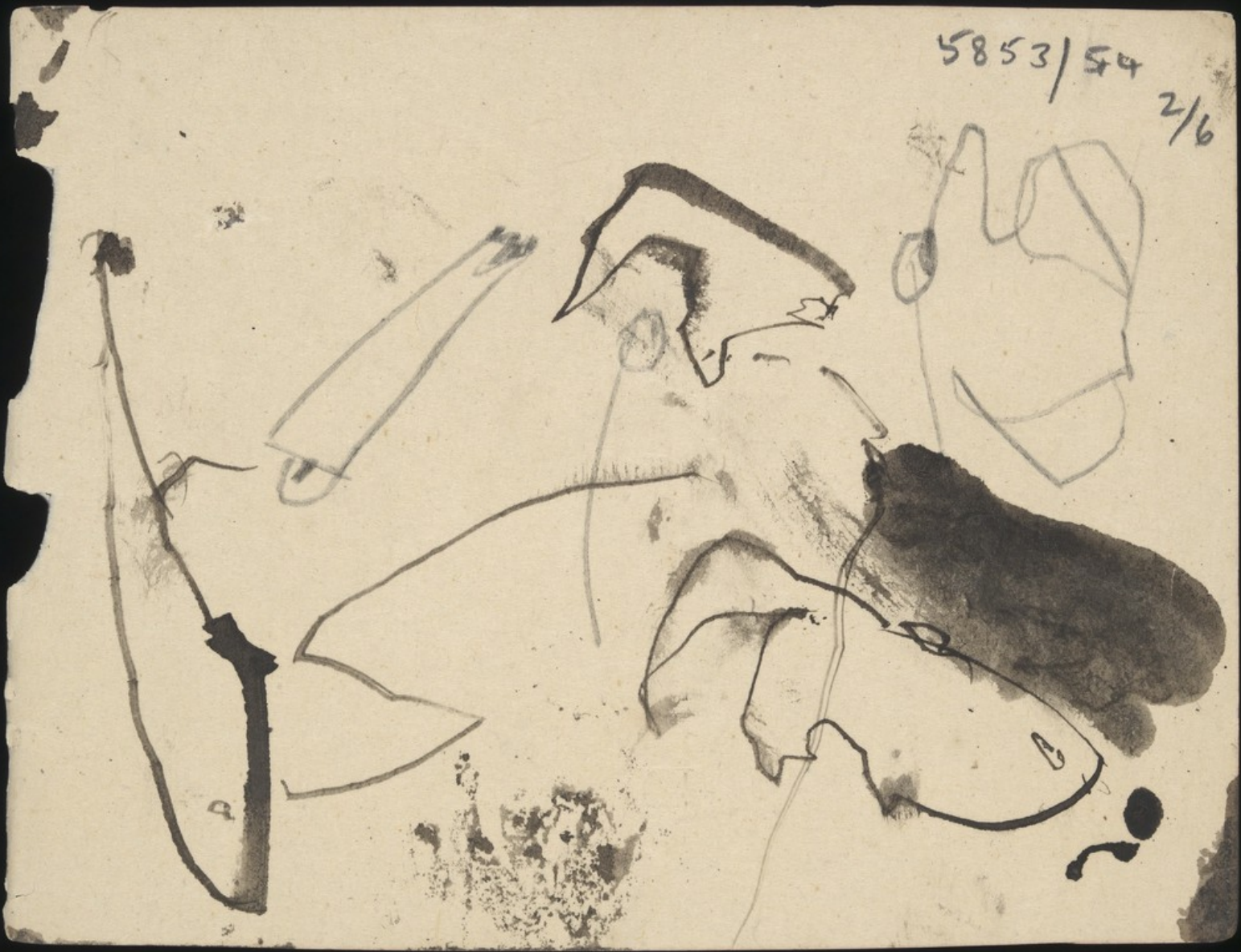
5853 / 54

1/6



5853/54

2/6



5853/54

Compound Senna Mixture. - 3/6

- Infusion of Senna ----- 1 1/2 oz.
- do. Gentian Compound ----- 1 1/2 oz.
- Epsom Salts ----- 3 drams.
- Spirits of Caraway ----- 2 drams.

Mix. The whole quantity to be taken
early in the morning, and every second
morning, if required. -

To make the Gentian Infusion.

Gentian sliced ----- One dram.
Dried orange peel ----- one ℥
Fresh lemon peel ----- two drams.
Boiling Water ----- 12 fluid oz:
Macerate in a loosely covered vessel, for an
hour, and then strain



Mrs Colvins receipt for a Cough.

Syrup of Marshmallows ----- 1/2 oz:

do. Squills ----- 1/2 oz:

do. Poppies ----- 1/2 oz:

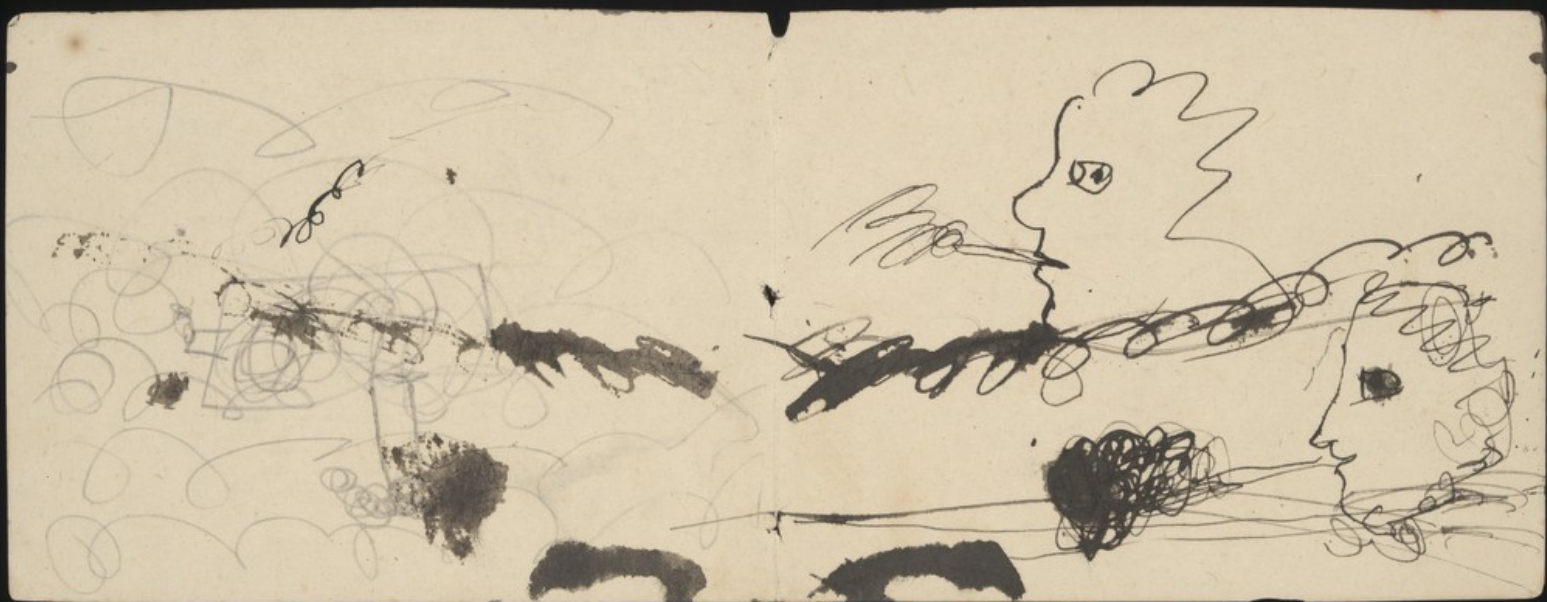
Virgin Honey ----- 1/2 oz:

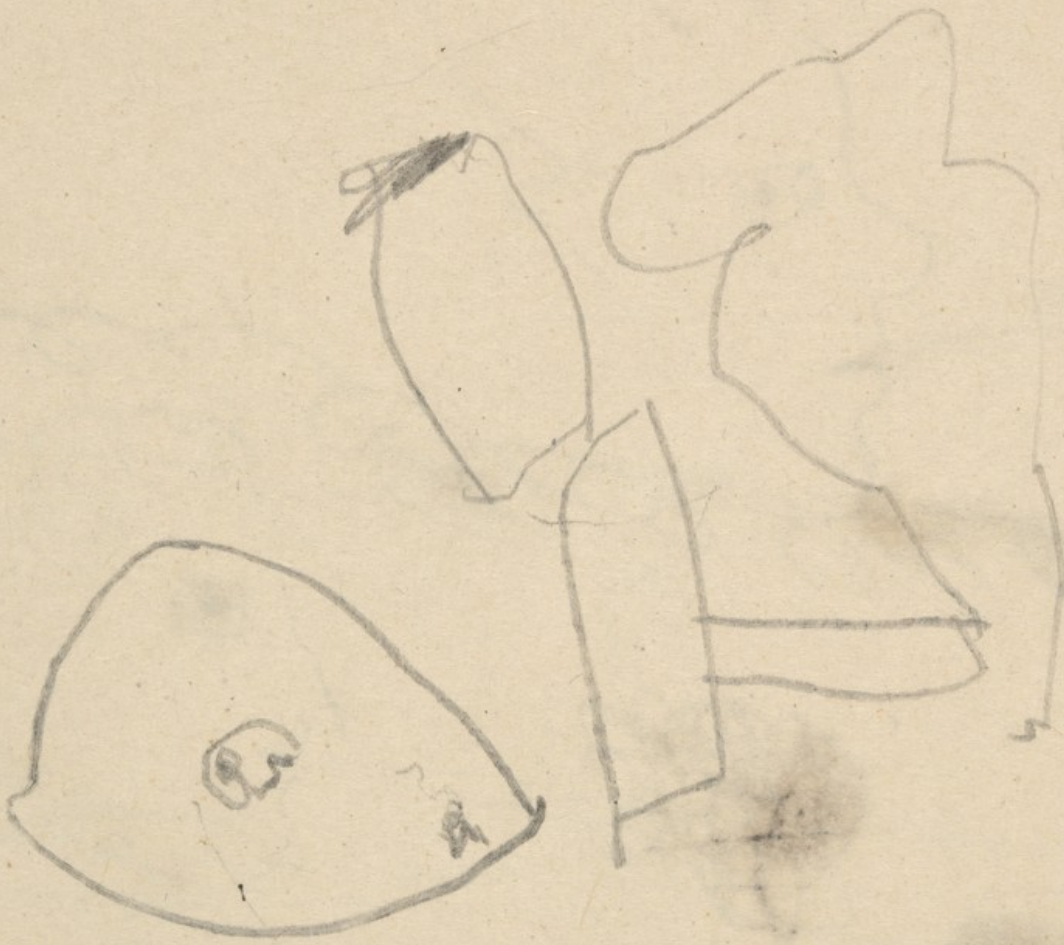
Mix together. Two teaspoons full
three times a day. -

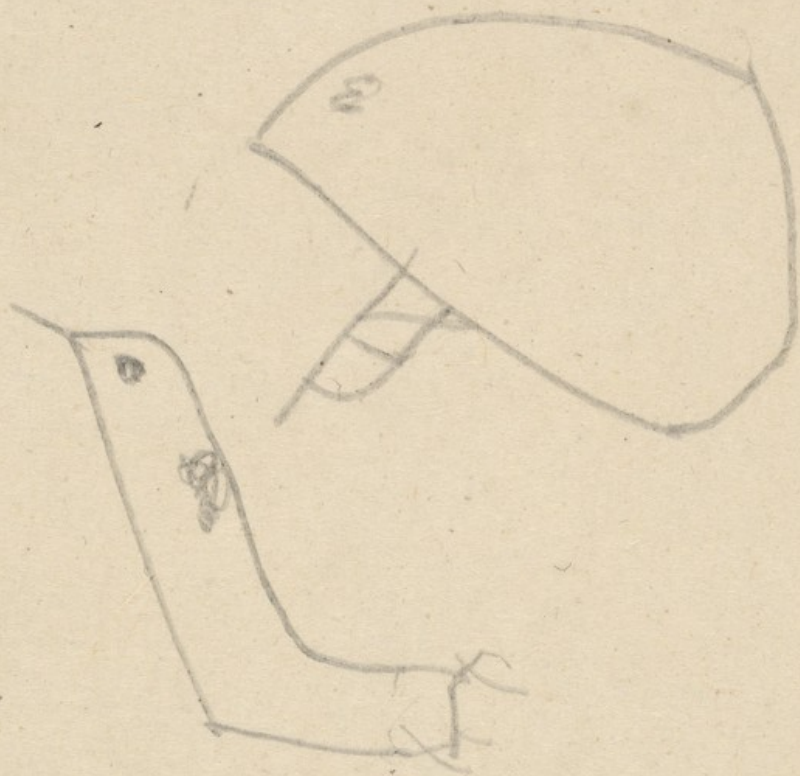


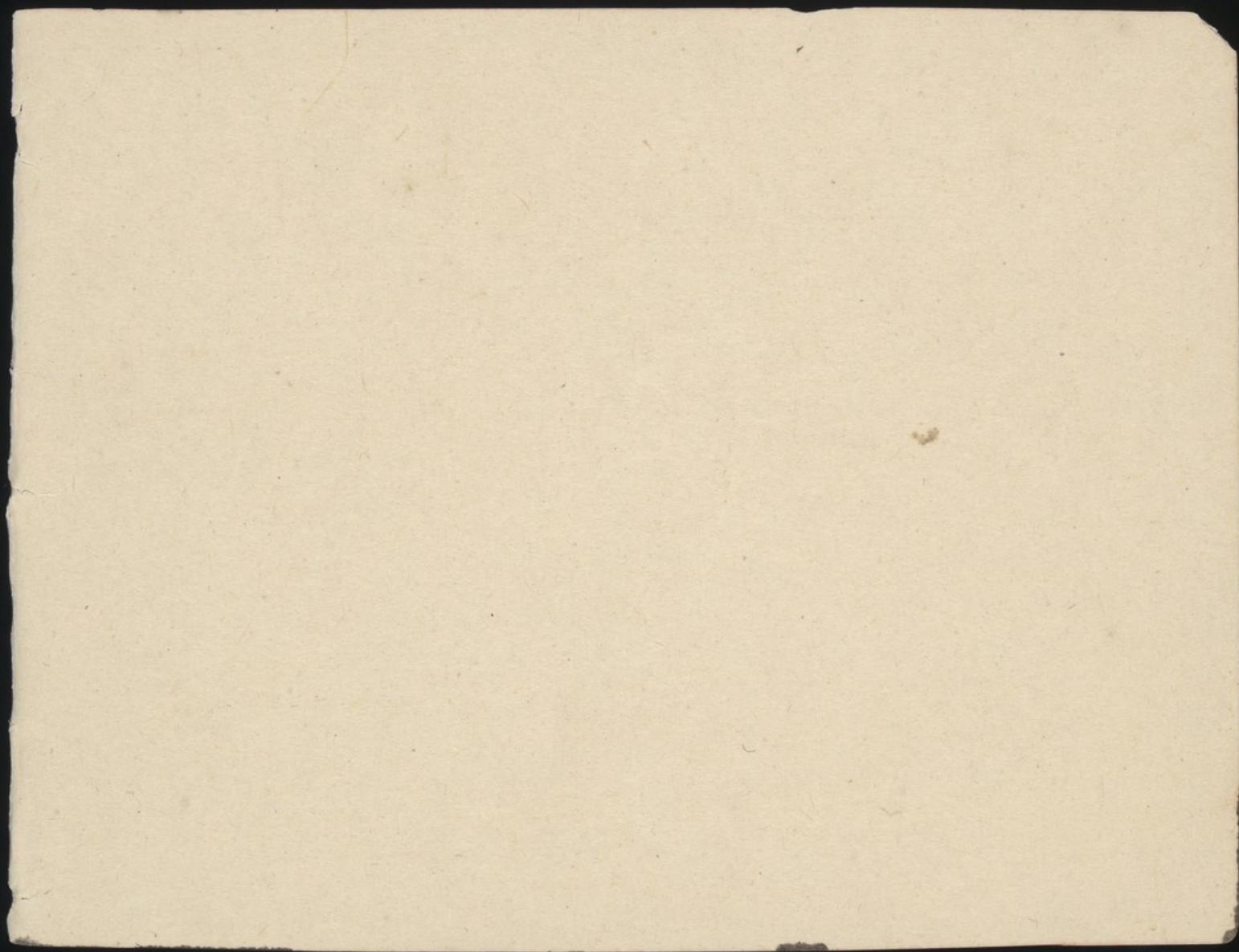
5853/54

4/6









Solution of Kalil

Potash Sub Carbonate . . . 3 drams. }
Water 1 pint. } (Mio.)

Dose. Put two table spoons full of it into a claret glass, sweetening it with brown sugar; then add a table spoon full of lime juice: stir it quickly and drink it as soon as it begins to effervesce.

This is a good medicine, and relieves a person who complains of great thirst occasioned by Fever. And to women in a state of Pregnancy, frequently sick at Stomach, the dose as above, every 3 hours, or according to circumstances.

5853 | 54
5/6

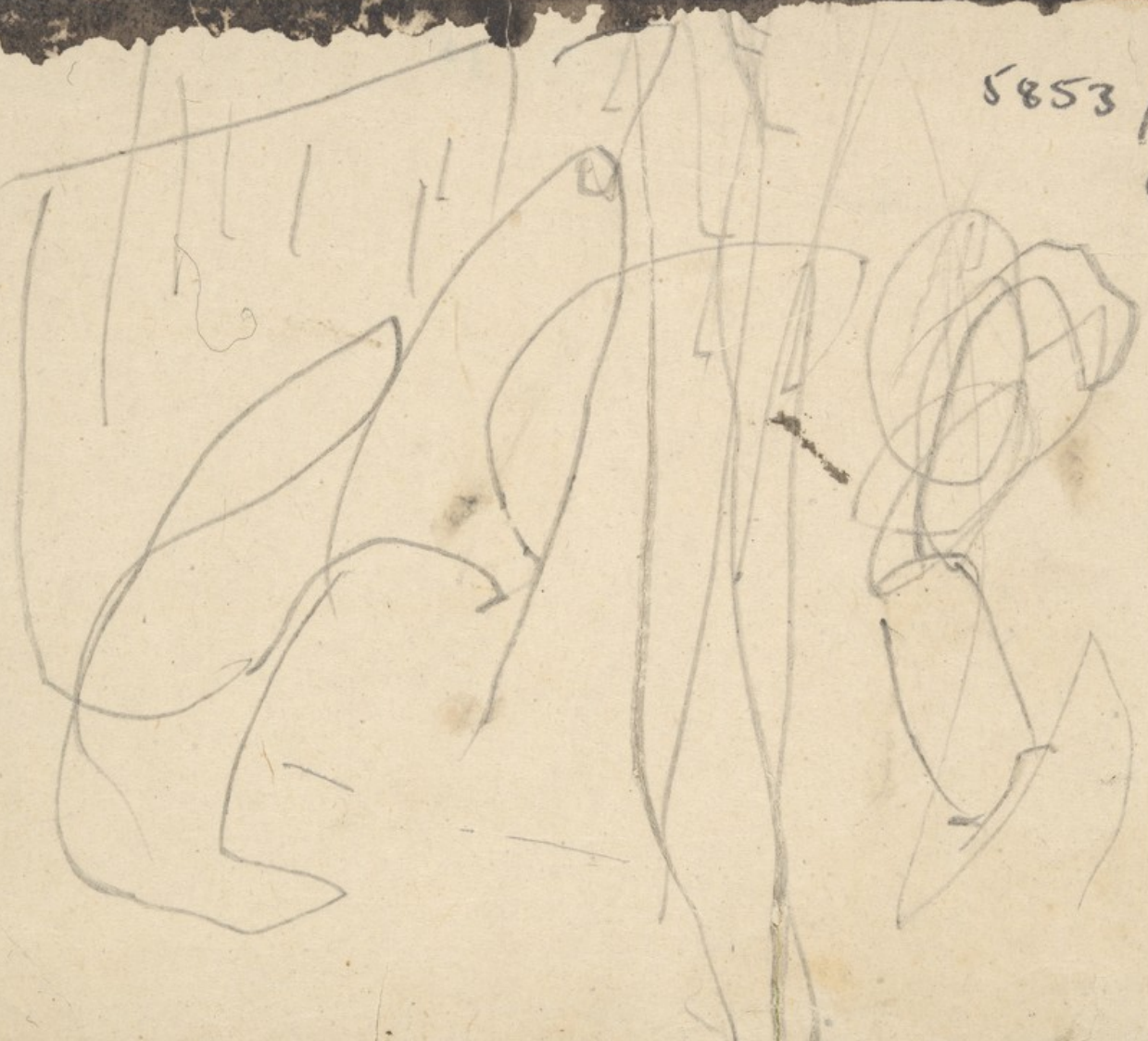
Draught for Spasms.

Aether	25 drops.
Tincture Colombo Root	1½ dram.
D ^o . Rhubarb	6 drams.
Laudanum	30 drops.
Cinnamon Water	half oz.

The whole to be taken at once.

5853 / 54

4/6





To make Elder wine -

To nine gallons of water put nine
pottles of picked elder berries - &
about 2 gallons of damsons -
put it in a copper - & boil it one hour
then strain it off. and add to each
gallon - 3 lbs. of moist sugar -
rather coarse - put it in the copper
again with a quarter of a pound of
ginger - two ounces of cloves - and
one ounce of allspice - & boil it
twenty minutes - then pour it out
into a cooler or mash tub -

letting the spice remain in it -

Let it stand to cool - & when
just warm enough to work - toast
a large piece of bread - spread it
thickly all over with yeast -
lay it in the wine - and let it
stand till the next day - & put
it in the cask with the Spice -

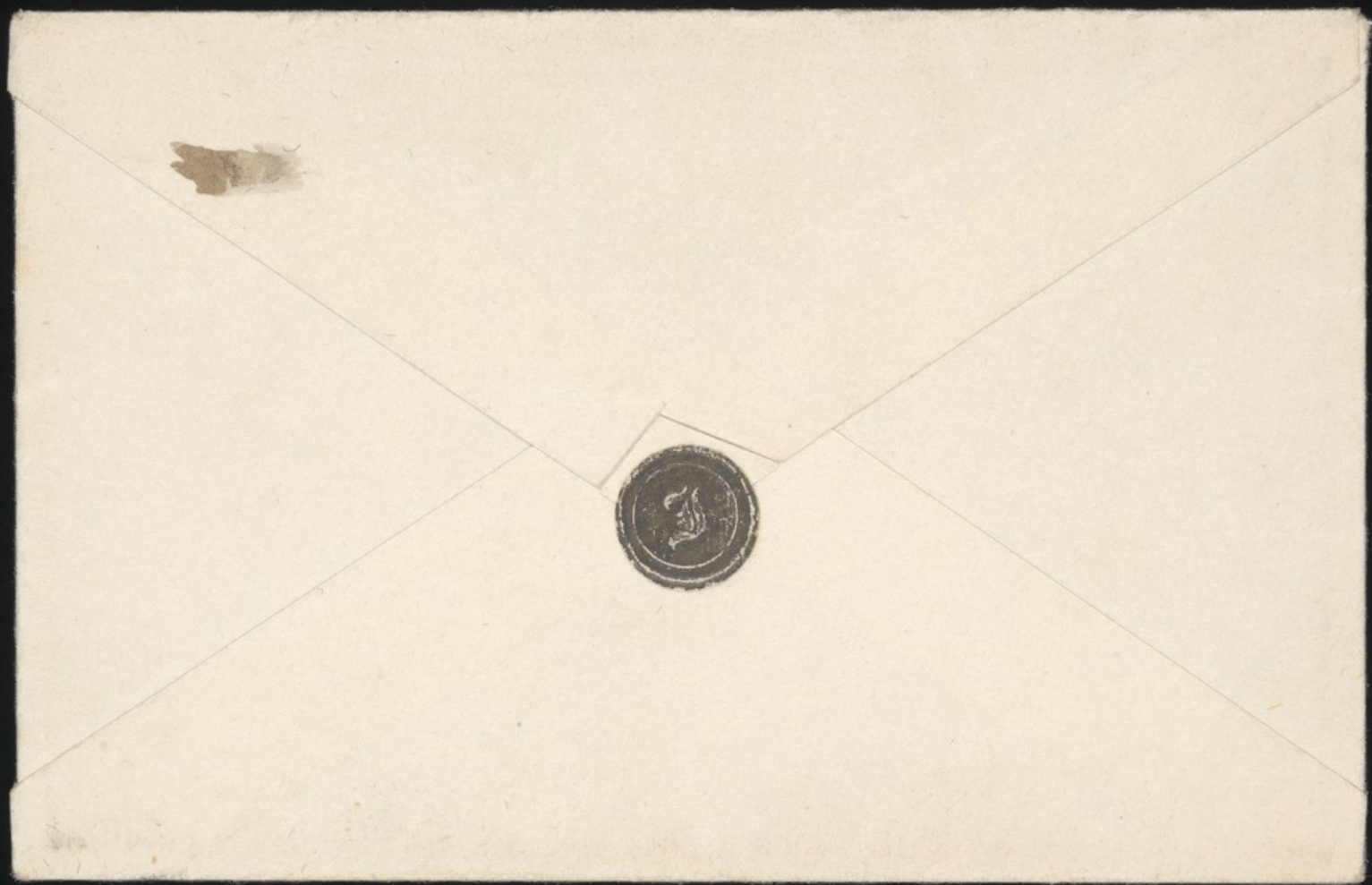
The above is the quantity made
for the poor on St. Thomas' day -

Older Price Receipt
from Mrs Ferran
September 1842.

Wm Lambell
Bathman Place

5853/55

2/2



Albino's receipt for
making Sub

Mr R A Farwell

Baby's food

Put a cloth out in water - then tie up in it as tight as you can, a quantity of flour, put it in a saucepan with boiling water - cover it close - and set it on the fire to boil for 3 hours - keeping the pan filled up - On untying the cloth a ball of dough is seen - remove it, and inside is a hard substance.

Keep that by you, and
scrape & pound in a
Mortar as required -
Mix the powder with
a little cold water ^{add Am} &
boil a few minutes like
Arrow root - add Sugar
& Milk to taste -

Wm. A. Wood

Short Bread

Mrs. Gerton

$\frac{1}{4}$ lb flour -

a little less than $\frac{1}{4}$ lb
of butter

a little less than $\frac{1}{4}$ lb of
sugar -

Little yeast -

The butter should be
melted and poured
when hot over the flour.

20th Sep 1859

Short Broad

Mr. Egerton

Scrambled Eggs

Take a small spoonful of flour
for each egg, a little milk & butter
put all this in a stewpan & stir
till it comes to boil & then it
is ready; of course the number of
Eggs for this dish must just be
according to the size of your party.

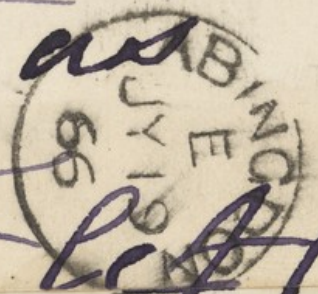
Numbered
Eggs -
Miss Gowan

5853/60

The yolks of 2 Eggs beaten
up
Two thirds of a Cupful
of fresh Milk into which
add $\frac{1}{4}$ of a Nutmeg
Mix the whole together
and put it over a slow
fire - stirring it until it

it is as thick as
oyster sauce
but do not let it
boil.

Make oyster
sauce



Boil these first in a
saucepan stirring
one way to prevent
the butter from
boiling

Make ready prepared
the

5853/62

Bottled Fruit for Winter Use.

Pick the fruit when quite dry
have ready some bottles also
quite dry - powder some sulphur -
lay a little on a smooth stone -
on the kitchen floor, in small
lumps - set it on fire with a
red cedar - turn the bottles over
the lumps, till they are full
of sulphur - looking quite white
inside - take them up with the
hand on the bottle, to prevent
the sulphur escaping while
filling in the fruit - Have ready
some bladders, made soft with
warm water - & tie them down
quite tight - & then put the bottles
in cold water, reaching only

half way up - with hay between,
so that they do not touch each other.

Boil from $\frac{1}{2}$ of an hour, to 20 minutes,
or half an hour, according to
the size of the bottles - If the skin
begins to crack, take them off
immediately - fill up each
bottle with boiling spring
water - tie them down again
very tight - & leave them in the
saucepan near the fire for
 $\frac{1}{4}$ of an hour - then take them
out - & put them on a warm board
or table - that they may not
be broken by sudden cooling.

Bottled Triests

[Faint, illegible handwritten text, likely bleed-through from the reverse side of the page.]

Lemon Pudding

$\frac{1}{4}$ lb. Bay salt - finely
grated

$\frac{1}{2}$ lb Bread - Do Do

6. oz moist sugar -

The rind and juice
of a lemon and one
egg - To be boiled
half an hour in
a mould -

20th Sep 1859 -

Simon Pudding

The different parts of a
Pig. to be salted before
dressed.

- 1st Two Sides of Bacon
- 2^d The Neck Bone cut
into Chines.
- 3^d Two Hamms if required
or if not taken from
the Bacon. the feet
salted & 2-2y arrows
- 4 Two Cheeks
- 5 Two Eye pieces
- 6 Four Hocks
- 7 Four Feet & Ears

over

over
Parts to be dressed. Fresh

- 1 A Dish of Liver & Sweet bread (fried)
- 2 The Heart & Kidneys & Lights for Soup
- 3 The Melt steamed with Seasoning of Sage Onions &c.
- 4 The Gizzard fried with bread crumbs.
- 5 The Gizzard dressed roasted boiled or in a Pie
- 6 Two Spare ribs
- 7 When Flams are not taken. 2 Whirl bones

How to cut
Pork

Armed Jean's receipt for diary
Put a red hot iron into a
Bowl of wet soup of Milk
and drink it off. The iron is
mashed in for a minute while it
is hot

5853/65

Put a nutmeg in a
Slow Oven for 2 hours
until it crumbles easily
grate it, & put half into
a Tea cup - with a little
White Sugar - & fill
the cup 3 parts full
of hot Milk (be careful
not to let the milk
boil) drink it while
warm —

Isaac Newton's
warrant for Diamonds

12 lb Licorice
12 lb Raisins
1 lb Sweet Almonds
 $\frac{1}{2}$ lb Bitter Fr
 $\frac{1}{2}$ Hundred Sugar
1 lb Citron
1 lb Orange & Lemon
Per lb Parley

5853/69

12 Cuma

12

Receipt for gingerbread warts

1 Seer of flour 3 Chest.
1 Seer of Chenee $2\frac{1}{4}$ -
8 Chattaqs of fresh Butter 3 Chest. Home & 4 Bays
6 Chattaqs of pounded³ Ginger $1\frac{1}{2}$ -
8 Chattaqs of Treacle 4
a Nutmeg, some cloves, and any spices you like ^{pounded}
with some preserved orange or lemon peel.
First mix the butter well into the flour
then add the sugar ginger Treacle spices &c
and mix all well together roll out thin
and cut the warts out with a wine glass
put on tins and bake in a quick oven
Should the mixture be too thick add a
little warm milk but they are better
for being stiff

1/2 lb Flour	6	—	3
2 Sugar	3		1 1/2
2 Butter	2		2
1 Yeast	1/2		1/2
2. Treacle	2		1
1 Baking	1/4		—

5853/69

12 cups Flour 6-4-
4 — Sugar 2-1
4 — Butter 2
1 — Ginger 1- $\frac{1}{4}$
1 Mustard $\frac{1}{2}$
4 cups Yeast 2-1

Nisajar

5853/70

1 Scer of Common Salt.

8 Dr. Water.

in this proportion fill up the Cask
of any size leaving a space for a Cover
or Earthen pot of the Palm Tree Toddy
(The Phajoon Toddy will not answer) any
bad keps or matters added will make
it better. — The best time for making
it is in February — leaving it exposed
to the Sun and the winds till the
commencement of the rains, when
it will be fit for use. The being hole
of the Cask must be kept open
with a cloth nailed over it.

Another way of curing Hams
Wash them a day or two of them
sprinkle them with a little
Salt — and drain them another
day — Pound an ounce and a 1/2
of Salt Peter
1/2 Oz. of Bay Salt.
1/2 Oz. of Sal foruncella
1 lb. of the coarsest Sugar
mix these well — and rub
them into the Hams, every
day for 4 days & turn them

To the above add -

1 lb of Salt.

1/2 a Wine Glass full of Brandy

If a small Ham, turn it every day
for 3 weeks. if a large one - a week
longer, but do not rub them after
4 days. Before you dry it - drain
and cover with Bran - Smoke it 10 days

To boil a Ham.

Take a large proportion of Water
than is usually used in boiling
a Ham - 3 or 4 Handful of
Gram - about 1 lb of coarse Sugar
Soak the Ham in this 14 or 20
days. Then change
the Water leaving the Gram
add more Sugar and boil
it till it is ready.

To make Hare Soup

Take the Skin off carefully and
 wipe the animal well with a
 wet Towel then drain the Blood
 by an incision in the Chest, take
 out the inside, separate the blood
 in half a Tea cup of water put
 it into a Tin pan with 3 Table
 Spoonfuls of Flour rolled in a
 lump of Butter the size of an Egg
 a few Carrots cut small a little
 Pepper and Salt a blade or two of
 Mace a little Celery, 3 Shreds of good
 Grass green from fat to this add
 the Hare cut into pieces and as
 much water as will cover it
 about an inch then it gently till

the Meat is sufficiently done
the Liver to be added as with an
good chace, it should if used be
boiled tender and rubbed through
a sieve.

Grave Soup may be made in
the same manner saving the
Blood when the Throat is cut.

Receipt for making
Hare Soup

Re'cipe for making Blacking

One Quart of the best White Wine Vinegar
 1/4 lb of Treacle
 1/4 lb of Ivory Black
 A Table Spoonfull of Sweet Oil
 one Pennyworth of Oil of Vitriol
 one Dr of Gum dragon. dissolved in a quart of
 water / add a tea cup full to the mixture

Put the oil and treacle together and well mix them -
 then add the oil of Vitriol. stir them well together - Put
 the ivory black and vinegar together, and well mix them
 adding the vinegar a little at a time. then add to these the
 first ingredients - and lastly put in the Gum dragon

Recipe for cleaning Boot tops

One Pint ^{and a half} of Milk boiled, let it stand untill cold,
then skim it, one ounce of the oil of Nitriol. into
a cup full of cold water, to which add the milk
together with a glass of Hollands, and a large tea
spoonfull of red spirit of lavender.

GH

Diet Bread Cake.

Take four Eggs, beat up the whites only for $\frac{1}{4}$ of an hour with a whisk, then the yolks together for ten minutes more, then add $\frac{1}{4}$ lb of loaf sugar sifted and beat again for 20 minutes then $\frac{1}{4}$ lb of flour sifted and quite dry. only just stir the flour in, enough to mix it or it will be heavy. Bake it half an hour and do not move it whilst rising.

Mr. L. Barwells Receipt for Curry

Cut a fowl in pieces & 2 middling sized onions in slices fry them in 2 oz. of butter very slowly till soft, stirring all the time. When done drain the butter from the onions & put them with the pieces of fowl into a saucepan add one tea spoonful

of curry powder, one D. of salt $\frac{1}{2}$
pint of butter milk or milk
curdled with lemon juice then
stew these very slowly, until all
liquid is absorbed, when add
^{1 spoon onion powder, 1 sliced & fried potato and a}
pint of good gravy & shake them
again until well mixed &
boiled

Lemon dumplings

The rind of one lemon, the
juice of two, one egg, five ounces
of bread crums, two ounces
of suet, three ounces lump
sugar, boil them in small
moulds, serve them with some
sauce

Pa Tang

Half pint of cream, a piece
of butter the size of an egg
put it into a pan over the
fire and just before it boils
add as much flour as will
make it a stiff paste - one
egg yoke and white or as
many more as are required

to make it a proper thickening
2 spoons full of white sugar
flour with lemon, make
them the size of a walnut
& fry them in boiling lard,
send them up very hot,
in a napkin with sifted
sugar over them

Spruce Cake

12 eggs, the white beat to a stiff
froth, 1 lb flour, 1 lb of sugar
beat well together bake it
well in a quick oven.

Soda Cake

1 lb. flour, $\frac{1}{2}$ lb. brown sugar, $\frac{1}{2}$ lb
raisins well cleaned $\frac{1}{4}$ lb. melted
fresh butter 2 tea spoonful of
Carbonate of Soda & a small
quantity of Caraway seeds and
Cinnamon. Mix all this with milk
to the thickness of a plum pudding
& bake it in a pan well buttered
The Soda must be dissolved in a
small quantity of water before

mixing with the rest of the ingredients
The spoonsful moderately scraped
up. The butter must be put in last
The whole in order to make it light
should be mixed very well and
baked a long time!

To dress a Shoulder of Mutton

Let a well fed Shoulder
hang till tender. When
these parts roasted put
a soup plate under it
with five large Spoonful
of hot water, two wine
glasses of Port wine with
a little Sugar in it, a
shallot & an anchovy
chopped fine & a little
pepper. Baste the meat
with this & the gravy that
then drops from it.

When taken up, turn
the Shoulder upwards,
pour the gravy over
it, (the fat well.

Skimmed from it / &
cover it with a large
quantity of bread crumbs

Wm. B. Bond

Stiff Pudding -

Boil two pints of Fresh Milk & when that is done
squeeze the juice of half a lemon into it to make
it curdle & pass ^{it} through a fine sieve & pound it
with half a lb. of butter & 2 oz of bleached al-
monds. After this mix the yolks of six eggs, su-
per to taste a little cinnamon & the peel of
half a lemon. Beat it all for a good while &
take the whites of four eggs, whip them till
they become quite stiff & mix them with
the rest. Put it into a mould which must
be well buttered and lined with grated bread
crust & boil it for an hour & a half. When
served up dip fresh apricots into sugar & water
& put them upon the Pudding.

There should be an apricot & vanilla
sauce to it

Mrs J. Taylor.
Chatham August 28th
1843

Swift's Pudding

Stewed Cucumbers

Peel & cut Cucumbers in quarters, take out
the seeds, and lay them in a cloth to drain
off the water: when they are dry, flour, &
fry them in fresh butter; let the butter be
quite hot before you put in the cucumbers,
fry them till they are brown then take them
out with an Egg. Slice, & lay them on a sieve
to drain the fat from them, stew slowly till
they are tender; take out the cucumbers with
a skive, thicken the Gravy with Flour & butter,
give it a boil up. Season with pepper
& salt, put in the cucumbers, and as
soon as they are warm they are ready.

Serve this dish a bit one to set before
a Surge of the Summer Seasoning
after a stowing day at Court -

To stain wood Black
To wash for the skin
To preserve articles from insects.
Sassafras Juice
Cream of tartar
Sud Cape N. Clarke
Plain Cedar
White oak mixture
Cure Hams
Jelly for a cold pie.
Pickle for Tongues or
An Ointment
Worm receipt.
Mutton Hags
Mustard Dishes or Jars

Stewed Succumbent

Lemon-Mange

Take half an ounce of Stingless and boil
it in a pint of pump water and pour
it on the peel of one lemon. Let it
stand till cold then add the juice of
the lemon, the yolks of four eggs, one
glass of Mountain and loaf sugar
to sweeten to your taste. When
sufficiently cool put into your glass
or mould.

To preserve Gooseberries
Cherries, Currants &c

Put them dry into bottles and place the bottles in a boiler of cold water, let them heat to about 180° Fah^o and keep them in the water at this temperature about 20 minutes. Take them out one by one and fill the bottles with boiling water and corking them instantly. Lay them on their sides and turn them daily for a fortnight. When boiling put the corks in slightly and a little hay in the boiler to prevent them breaking.

James Orange

[Faint, illegible cursive handwriting, likely bleed-through from the reverse side of the page.]

5853/78
Skins; Boil them for an hour
picking them with a fork during
the boiling to prevent skins
bursting. Send up very hot

Constitutional Cream, or Stuttgart Stut
Make 2 quarts of new milk. Scalding
hot & pour it quickly upon 4 quarts of
fresh sweet butter milk, after which
it must be stirred till it becomes white
cold & firm, then take off the top part
which is in a fair state, & put it into
a shape for use an hour. It is eaten
with cream served in a separate
dish. Another way to sweeten it. Put it
into the dish it is to be served in, in
thick cream & 2 kinds better milk
add a little powdered sugar & beat
it well together. Stir in it a little
powdered cinnamon if liked &
let it stand for 3 or 4 hours. To be
eaten with sugar & cream

Best Thomas
Preston

Sketch of a much. Pudding.

Dry up: oatmeal before the fire
(a stone basin full), 1 lb. of fresh
meat mince 1/2 of it well & melt
the remaining half mincing all
well together with pepper & salt
according to taste, mince an
onion very small & add to this.
This quantity will fill three

Black worsted should be well soaked in strong vinegar to set the colour & prevent its coming off on the hands while being knitted.

All worsteds & wools should be carefully wrapped up in the coarsest brown paper which also contains turpentine & keeps out the air. They should be often looked to, as the moths are apt to get at them & spoil them.

5853/79

To Bleach wool

To one pound of wool yarn, take 2 pounds of powdered chalk white. Mixed with lime water

To the consistency of paste; knead the yarn
thoroughly in it that it may be completely
saturated, & let it dry for 24 hours then
cut it well, & wash it in cold water,
to remove all the chalk, & the yarn will
be quite clean & very white
Warm water spoils the colour of the wool

To Preserve Ginger the West India way -

The Ginger must be planted early in the spring of the preceding year. in June take the young white sprouts from the Original root of ginger. When they begin to come above the Surface of the Ground - wash them perfectly clean and boil them in spring water changing the water frequently when the water becomes heated with the ginger It requires to be changed Boil the ginger till it becomes tender, it will be boiled enough when you can run a pin into it with ease - take it out of the boiling water and let it lie twelve hours in cold water then with a sharp knife peel off the thin skin and put the ginger into fresh cold water - make a Syrup - To every two Pounds of loaf Sugar put a bout a pint of water and boil it to a clear Syrup take the ginger out of water drain it well - and put it in jars - throw the hot Syrup over it let it remain twenty four Hours in which time the syrup will become very thin and hot - pour it off - Boil a Stronger fresh Syrup and throw it over the ginger - let it remain two or three Days if this Syrup becomes thin and heated, it will be necessary to boil it over again with an addition of Sugar by tasting the ginger it will be found if the Syrup Requires more boiling - the last syrup must be Boiled Candy height -

To Preserve Ginger

It will be advisable to preserve only a small quantity of ginger at first, as the above receipt may then be better judged of

N.B.

When changing the water the ginger is boiled in, you must not use cold, but hot water. Draining the water from the ginger, put each piece separately upon a table between two cloths to exclude air & dust.

[Faint, mostly illegible handwritten text, likely bleed-through from the reverse side of the page.]

Receipt for preserving Lemons & Citrons

Gather your Lemons green of any size you please, rub them with salt, & let them lie a few days in salt & water - then boil them in a copper, with a great deal of water, untill they are tender - throw them into ^{them into} water cold, cut the large ones in half lengthways, & take out the pulp leaving as much, or as little of the white pith as you like - split the small ones half way, that you may extract the inside leaving the lemon whole. throw them into cold water & let them lie, all night or a few days. -

Boil a syrup of single refined Sugar rather rich, but not candy high strain it thro' a cloth. having first taken the lemons out of ^{water} wipe them gently not to break them - lay a cloth over a table & put each separately upon it - pack them loosely in a Jar, pour the boiling syrup over them - leave the Jar uncov'rd untill it is cold - let them stand a few days, but not so long as to allow the syrup to become much fermented. turn off that syrup, & put them again upon a cloth to drain, covering them with another, for fear of dust or insects. Boil a second syrup, rich candy high, & having your fruit ^{packed} not too close in the Jar, pour it hot over ~~them~~ -

Mrs. Bannerman
35 Nottingham Place

[Faint, mostly illegible handwritten text, likely bleed-through from the reverse side of the page.]

To make Tablets

Clarify some sugar. For every pound of sugar have half an ounce of ginger or cinnamon finely powdered. The sugar must boil till you can blow it like bubbles thro' the holes of the Skimmer. Then mix in the cinnamon or ginger. Take off the pan from the fire & press the sugar against the side of the pan to make it grain. Butter a smooth stone very well, or clean pewter plate, or a sheet of white paper pinned up at the corners. pour the Tablet into it, & let it stand some time, then score it with a knife in squares, & when quite cold take it out. Superfine Tablet should be made with the finest sugar & instead of cinnamon, two tea spoons full of the oil of cinnamon, but take care to mix it well before you turn it out of the pan.

To preserve Eggs for two years-

Take four pounds of quick lime, four ounces of Salt. one ounce of cream of Tartar - with as much water as to make the whole of such a consistence, an Egg will swim in it with its top just above. Then put the Eggs in, & it will preserve them perfectly sound for above two years-- Another way-

Cover them well with chunam such as the people eat with Beetle & exclude them from air -

Receipt for making Mango Chutney

Mango grinded and strained - 1 Sec
Salt _____ 2 Ch. Rs
Ginger _____ 2 Solas
and 6 Masalas
Red Chillies _____ 1 Solas
Vinegar _____ 1 Bottle

Grind the Chillies and Ginger
separately with the Vinegar,
and then mix them with the Salt,

5853/82

and hang together, and keep
the Chittney in a square wide
mouthed Bottle for use.

N.B. Six Masha, is half a
Paper's weight.

Banipur
October 22nd.

It will every day 2 or 3 times. Then stroke ^{the} ~~the~~ ^{waists}
cross Motion with gentle expressions and bottle it.

Excellent Chutnee.

Take 2 Seers of Chinoos
1 \mathcal{L} . of Salt
1 \mathcal{L} . of Garlic
1 \mathcal{L} . of Ginger
1 \mathcal{L} . of dried Chillies
1 \mathcal{L} . of Mustard seed or Rays
4 bottles of Vinegar
60 Mangoes more or less
1 Seer of Raisins.

Wash and dry the Mustard seed in the Sun, then
bruise it gently to remove the husk; the Garlic, raisins,
Ginger and Chillies must be sliced very thin, make the
Chinoos into Syrup peel & cut the Mangoes thin & boil
them in 3 bottles of Vinegar. When all this is done and
the Mangoes have become cold, lay them in a pan &
sprinkle first a little Salt, then the mustard seed, Garlic,
raisins, Ginger and Chillies; stir them up gradually
with the Syrup, till the whole be mixed, when add the
fourth bottle of Vinegar and give it the final stir
which will prepare the Chutnee fit for use.

Obs. The Vinegar in which the Mangoes have been boiled
is to be preserved and added to the Mass.

Receipt for Tomato Ketchup

Break the Tomatoes, and mix with salt, let them remain twelve hours, then boil, and work them through a Cullender, then through a hair sieve, to strain out all the seeds. The next day boil, to the Thickness, likee, and stand 24 hours, or till perfectly cool, have ready ground Spices of all sorts, stir into the Ketchup, and in 24 hours, bottle it off, put a cloth over, to keep the flies out, and in 7 days, cork, and wine, the bottles, to prevent their bursting.

M^r Norton's Patent Sauce

Green Mangoes and Salt of each 8 Ounces
Red Chillies & Garlic of each 4 Ounces
Sugar & Raisins each 8 Ounces
Green Ginger 6 Ounces Vinegar 3 Quart Bottles
& Lime Juice 1 Pint. Pound the first seven articles, then add the third last, expose it to the Sun in a close jar for a month, stirring & shaking

With a handful of salt & one oz of powdered black
pepper & let it stand till cold - Cut $\frac{1}{4}$ lb of
ginger into small pieces & put it into a fatty
pan with a little salt and let it stand for a
week - Take some garlic, put it & run
a bit of stick through the cloves: if large not
above 3 if small 5 or 6. Make a dozen of
or two of these sticks: boil them in the water
& salt, & lay them to dry with the cabbage -
half a pint of mustard seed must be well
washed & placed to dry with the cabbage, - then
quite dry bruise half of it in a mortar -
When every thing is dry enough to put into the
pan, lay a row of salted cabbage & a row of
cauliflower & strew over it some mustard
seed, some black pepper & Jamaica ginger &
stick a stick of garlic: fill the jar in this
manner - Put two penny worth of Turmeric
powder with the Ginger - boil a pint of spring
water & let it stand to be quite cold - mix
them & fill up your jar - give it a

Shake now & then in dry sacks it will be
fit for use - French Beans - Young Asparagus
onions - Cucumbers - Capsicum - Carrot -
or any other vegetable you may like, are
all done in the same manner as the Cabbage
Cabbage &c. & the greater quantity the better.

India Pickle

Take 2 Cabbages & 2 Cauliflowers & cut them in
quarters, wash them very clean, have a pot of
boiling water ready, into which put your Cabbage
& Cauliflower & let them boil up once, & then
place them on a hair sieve to drain: pull
the Cabbage leaf from leaf laying them on a table
salt them very well and let them in the sun
every day for a month in hot weather - take
great care that no rain comes to them, they
must be very dry - boil a gallon of Vinegar

Written by Baboo ^{preserving} Receipt for ~~proceeding~~ articles against
White Ants

2½ Seers of Bayar Soaf sliced fine -
2½ cts of white Arsenic (Sunkea) finely
powdered - 1½ quart of boiling water. Mix these
well together for half an hour. then add by
-degrees 1 quart of the worst Bayar Mustard
Oil and 2 pint of Spirits of turpentine -

N.B. As much as this prepared Soaf is to be
dissolved in a strand of boiling water as will
give the ~~white~~ ^{under} cloth which is to be put upon
the floor a brownish tint when immersed in
it. when the cloth has remained in this "
solution until it is cold, it is to be taken
out and put in the Sun until dry and then
nailed down next to the floor under the mat

Mr. Merland
Receipt for
White cents
1838

5853/86 1/2

~~The following is a list of the
 names of the persons who
 were present at the meeting
 of the Board of Directors
 of the [unclear] Company
 held on the [unclear] day
 of [unclear] 1886.~~

I have been to the [unclear]

2 Bunches 1 Chalk
2 ~~lbs~~ 1 ~~lb~~

Shall Bhat -
1 lb Shall
1/2 lb Water

A small quantity of
ground Ginger, Turmeric,
Onions, Shells Salt,
cover it up and set it to
boil till the Shall
becomes soft

Put 1/2 lb of butter
in a saucepan, brown
a few slices of garlic, then
turn the Shall into it
Cover and simmer for 10
minutes: when it will be
ready to send up.

A little powder for colour
and far-away seeds may
be added if you like

Dail Bhram

[Faint, illegible handwritten text in a cursive script, likely a diary or journal entry.]

Wm. R. Home
Curry

Wm. Home's
Curry

for Mrs. Pelagrene

5853/87

Wm. Home's Curry

Take a middling sized fowl, skin & clean
it. cut it at the joints, then have ready
in powder, each separate the following articles
viz

- 2 Dessert Spoonful Coriander Seed
- 1 do do Turmeric
- 1/2 Tea Spoonful of Cayenne Pepper
- 1 Dessert do of Dry Ginger
- 1/4 do Salt
- a good pinch of powdered cloves &
do Cardamoms

Have in readiness about three large onions
& 2 oz of Butter -

Commence by cutting one large or
two small
Onions into quarters & then into slices -
In a mortar bruise into a pulp the
remaining Onions In like manner
with a little water rub down into a paste
the Turmeric & Cayenne - the Ginger &
Coriander Seed, keeping the last two all
separate from the onions -

Put the butter into a saucepan & let it melt
over a quick fire then throw in the shred
onions & keep stirring them for about 5
minutes or until they are browned, then
put in the Turmeric & Cayenne with 3oz
of water let them cook for about 10
minutes or until no smell remains
remains in the Turmeric when it will
have turned red. then put in the Fowl
& the Coriander seed. Ginger & Bruised
Onions & add a pint of water - Cook with a
cover on the saucepan until nearly dry -
occasionally stirring with a spoon - This will
take about an hour or forty minutes or
still better if boiled for an hour - Then
keep stirring it until it is well browned
& no gravy left - It is now ready if you wish
for a dry curry but if you wish for Gravy
put in half a pint of water or gravy &
leave it to boil for about 5 minutes then
sprinkle over it a pinch of powder of
Cloves & Cardamoms in equal proportions

& the Salt according to taste stir round
two or three times & the Curry is ready -
R. 14. The meat should be boiled so tender
as to be able to cut it with a spoon -

A Loim of Lamb or a Breast of
veal cut into small pieces is equally
good -

Curry.

Take 3 or 4 Onions, 2 small pieces of Turmeric
- root, 2 Tea spoonsful of Coriander, 1 of fennel
or Cummin, 8 or 10 cloves of Garlic & red chillies
to your taste, & grind them separately with a little
water — Cut your fowl or other meat into pieces,
& mix up with the above ingredients — put 3 or
4 ounces of Butter into a Stewpan & when melted,
cut up an Onion in thin slices into it, & fry
till it becomes brown, then put in your meat
& spices & stew till tender — just before you
take it off put in 6 or 8 cloves, the same of
Cardamoms & a little Black pepper all pounded
very fine — if the Curry become too dry, before
the meat is sufficiently done, add water, in
proportion as you like it with or without
 gravy —

Mrs. Nancy Woods
Curry Powder

Curry powder made the 15th October 1827.

- 28 Chubs of Cumarine Seed. Jevah
- 8 Do - Coriander Do
- 8 Do - Turmeric
- 8 Do - Black Pepper
- 8 Do - Cayenne Do
- 4 Do - Dried Ginger. Bistrah Sout
- 2 Do - Saffron Jaffran

Bills 15. Pint Bottles.

Curry powder made the October 1827.

- 7 1/2 Chubs scorched mustard or Turson.
- 4 Do Coriander Seed or Duncwah.
- 4 1/2 Do Turmeric or Kuloche.
- 2 Do Cayenne Pepper or Lab Anesich
- 3 Do Black Do or Hallah Do
- 1 Do Cardamon or Slache.
- 1/2 Do Dried Ginger or Sout.
- 1 Do Finnamon or Dalcheance.
- 1/2 Do Cloves or Longue.
- 1/2 Do Mace or Josterce.

Bills 6 Pint Bottles.

No. 3

Curry Powder

To be used as

is

followed

Curry Powder

- 1 lb pale Turmeric
- 4 ounces of ~~ginger~~
- 4 ounces White Pepper
- 1 Dr = Fenugreek
- 1 Dr = Coriander
- 1 Dr = Caraway
- 1 Dr = Cardamoms
- 1 ounce Cassia
- 1/2 ounce Cumin

all to be finely powdered
and well mixed.

5853/90

To Boil Rice

First wash & clean the rice well
leave it in a little cold water for
half an hour = Then put it into
a Saucepan into Boiling Water
for 20 minutes stirring occasionally.
When boiled put it into a
Sieve & pour cold water over it
& let it drain dry. Then put
it back in the Saucepan for
half an hour to heat without
water =

A. Salsu

Take some Beef or Mutton Stock
a Fowl & one pound of fowls feet, all
boiled half into a broth with three
large onions and half a dozen

Cardamoms & ten cloves and a
little Cinnamon (the spices tied in
muslin bag) = Put the rice 2 or 3
Cups full after being well picked
and boiled into the broth with the
meat & boil all till nearly dry.
Then turn out into a Colander
to drain = Put the Fowl & Fowl into
a large Dish the rice thrown over
to cover the whole & garnish with
sliced fried onions some Sultana
Raisins & 6 Hard boiled eggs, cut
in half =

5853/91
Colonel R - s Curry.

Take about 6 oz of fresh butter,
two or three onions and put
into the butter which must
be well oiled in a Steopan.

Cut up a Rabbit, Chicken
or whatever meat you may
prefer, into very small
pieces, separating the meat
from the bone, mix two
or three dessert Spoonful
of Curry powder with just
sufficient water to make
it into a paste. Cover the
meat with it, adding salt
to your taste. Put it into
the Steopan

with the onions (which must require to remain some time
be steamed in the butter on the fire.

until quite brown) then Lobster Curry
add a cup full of curds or shell a lobster (save the
sufficient water to keep its head fins and tail) cut
in two. Cut two apples, it lengthwise in small pieces
two potatoes and the flowers mix with two spoonfuls
of broccoli very small, but of curry powder and salt
as they require less steaming to your taste, separate the
meat from the shell, they must separate from the head,
not be put in, until the shell heat the head, tail,
meat has been steaming and fins in a mortar
some time. The meat must with a cup of cold water,
be perfectly tender and will strain it and mix the sauce
with it

adding the whole of the juices
of lobster, set this aside.

Boil some mushrooms quite
tender in cold water when
done in a clean pan, melt
two ounces of butter which brown
with two table spoonful of
sliced onions, add to it the
lobster, half a tea cup full
of the water in which the
mushrooms were boiled, stir
up well set on a slow fire
until the gravy is sufficiently
thick. -

N. B. Potatoes may be
substituted for mushrooms.

20th January 1849. -

Colonel R. & Curry

Take about 6 oz of fresh
butter, two or three
onions and put into
the butter, which must
be well aild in a
Stew pan. Cut up a
Rohit, Chicken or
whatever meat you
may prefer, into very
small pieces, separating
the meat from the bone.
Mix two or three
Desert Spoonfuls of
Curry powder, with
just sufficient water

to make it into a and will require to
paste. Cover the meat remain some time on
with it, adding salt the fire
to your taste. Put it Lobster Curry
into the Stewpan with. Shell a lobster / save the
the Onions / which must head fins and tail / cut
be stewed in the butter it lengthwise in small
until quite brown / pieces, mix with
then add a cup full of two spoonfuls of curry
curds and sufficient powder and salt to your
water to keep it moist. taste, separate the spawn
Cut two apples, two from the head, then beat
potatoes and the flour the head, tail and fins
of broccoli very small, in a mortar with a
as they require less stewing cup of cold water, strain
than the meat, they must it and mix the spawn
not be put in, until the with it adding the
meat has been stewing whole of the pieces of
some time. The meat lobster, set this aside.
must be perfectly tender Boil some mushrooms

grate tender in cold water
when done in a clean
pan; melt two ounces
of butter which brown
with two table spoonfuls
of sliced onions, add to
it the lobster, half a
tea cup full of the water
in which the mushrooms
were boiled, stir up well
set on a slow fire
until the gravy is
sufficiently thick

N.B. Potatoes may be
substituted for mushrooms

An excellent Recipe for Curry powder.

Best Turmeric	1 lb.
Coriander Seeds	3/4 lb.
Ginger	3 oz.
Black pepper	2 oz.
Med. D. D.	2 oz.
Cardamom Seeds	1/2 oz.
Cummin Seeds	1/4 oz.
60 Cloves	

The whole of the above to be finely powdered & mixed & put into a stoppered bottle. Two dessertspoonsful will be quite sufficient to curry a joint or any quantity of meat sufficient for 5 or 6 people. This Curry powder can be made up at Messrs Medical & all Piccadilly & the whole recipe will not cost more than 7. Shillings & is enough to last a family for 5 or 6 months allowing a Curry for every day. This Curry powder is an excellent seasoning for Soups, Broths, etc.

Wm. Group's

April 23rd 1844
Chatham Place

Curry Powder

11/11/1919

a Recipe for making a good curry refer to Appendix page 35. of the above mentioned work

Dyke, or correctly, "Dukee, curds on curdled milk. Warm milk on a slow fire (so as not to boil) till the cream which collects on the surface acquires a reddish hue, then take it off the fire, and while still lukewarm add a little stale Dukee, (or tyar) tamavind, or lime juice."

vide Appendix page 43. of Zanoon-e-Islam or the customs of the Moosulmans of India comprising a full & exact account of their various rites & ceremonies from the moment of birth till the hour of death. By Jaffer Sheroof. (a native of the Deccan.) composed under the direction of, & translated by G. A. Sherkats. M. D. Surgeon of the Madras establishment

Printed, London, Parbury, Allen & Co Ladenhall Street. 1832

"The following is an excellent"

- " receipt for curry powder."
- " Take of powdered ~~nutmeg~~ hallee or turmeric
- " twenty tea-spoonfuls, red dried chillies
- " or bayenne pepper eight tea-spoonfuls,
- " dhunnea or coriander seed, yeera
- " or cummin seed, tej-pat or dried capsia
- " leaves, of each twelve tea-spoonfuls, & mix them together.
- " vide page 40 of the above mentioned work."

Curries—

Put any meat, properly washed in water, into an earthen or metallic vessel, and either let it boil in its own juice (which will be sufficient if the meat be tender), or add a little water; then add ghee & spices, & stir it well. †

† The following is a more general recipe for making good curries: take of ghee or butter, 2 chutacks (or four ounces; or half that quantity if the meat be fat, or the curry wanted dry); onions, one chutack (2 ounces); garlic 2 or 3 cloves; turmeric, cum-
=min seed, coriander seed, of each 1 tola / 3 ~~at~~ drams; red chillies (cayenne pepper), 3 in number; black pepper, 4 or 5 coons; green ginger, $\frac{1}{4}$ chutack ($\frac{1}{2}$ ounce); salt a teaspoonful.

The spices are all to be separately ground on a sil (a stone in use for the purpose, resembling an oil man's grinder and muller, but rough) adding a little water when the substance is dry; the coriander seed to be previously toasted a little to impart to it an agreeable smell. Put the ghee into an earthen pot, or a tinned copper sauce pan

and fry half the quantity of ^{the} onions, sliced lengthways, in it, and when they have acquired a yellow-brown colour take them off & set them aside. Then add the remaining ghee the meat mixed with all the spices, and cover it up.

Occasionally uncover it, and (before the meat is sufficiently done) as the ghee evaporates, sprinkle a table-spoonful of water on it; if much gravy be required, a proportionate quantity of water is to be added, but the drier the curry is the nicer it tastes.

Do-peeazya, and others, have no gravy at all.

The addition of the following articles is sometimes had recourse to to increase the flavor, viz dried coffee leaves (teypat), dried kernel of the cocoa-nut, or the essence of the cocoa-nut, procured by rubbing being rasped cocoa-nut with water through a coarse towel, tamarind water, green or dried mangoes and other fruits, lemon grass, fenugreek (matykeey) seed, the leaves of which likewise, if added, improve a curry ~~and~~ amazingly.

The above is taken from Laroon-e-Islam or the customs of the Moosulmans of India, By Jaffer Shereef (a native of the Deccan) composed under the direction of, and translated by

G. H. Worklots, M. D. Surgeon of the Madras Establishment
London 1832