

**Cholmley, Nathaniel ( -1791)**

**Contributors**

Cholmley, Nathaniel, d.1791.

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1777-1790

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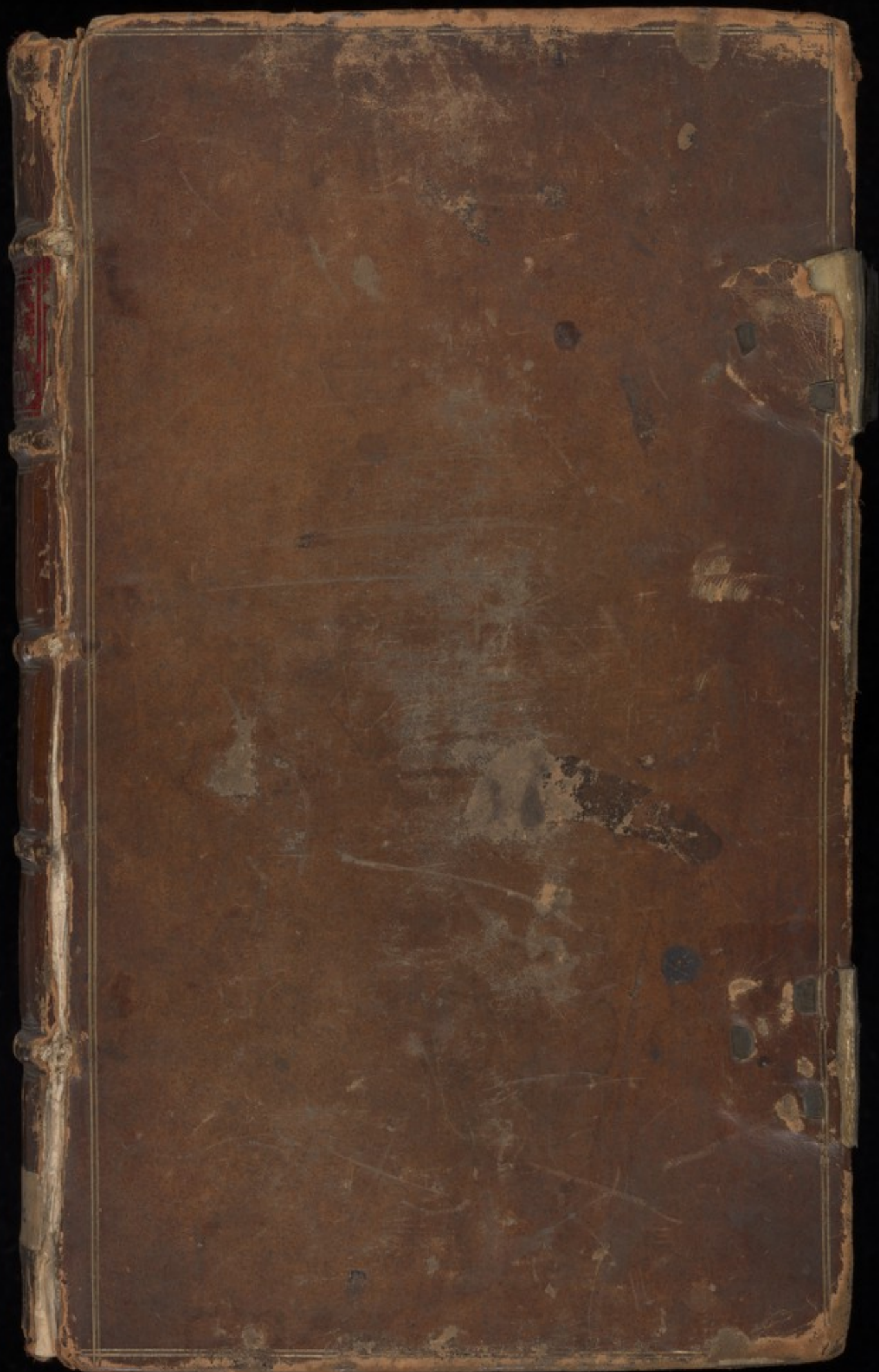
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M 120 - 15

1625  
~~1808~~

CHOLMLEY (Nathaniel)

Collection of medical [and  
other] receipts

1777-90



ACCESSION NUMBER

38716

PRESS MARK

1625

R<sup>o</sup> for Corns

Take upon the part some Greens Ivy Leaves  
which will make them become soft and  
you may cut them. at times with a curved

For an Old sore of the Scarsy & Ewelt  
The leaves of Wets Mercury to be applied  
to the part.

Doct<sup>r</sup> Ford's Receipt for a  
Chister -

7 or 8 grains of Succotrine Albas  
finely powdered and boyled in the  
3<sup>d</sup> part of a Pint of Milk for a  
of 6 or 7 years old, and more for an  
Older one

Handwritten notes:  
Hollyson  
20/6/16  
23/-  
2/-



[Faint, mostly illegible handwritten text in a cursive script, possibly a list or account.]

NATHANIEL  
 CHOICEY



P  
 A  
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NATHANIEL

38716

CHO' MLEY  
EVERY MAN

HIS OWN  
PHYSICIAN.

B E I N G,  
A complete Collection of efficacious and  
APPROVED REMEDIES,  
For every D I S E A S E incident to the  
H U M A N B O D Y.

W I T H  
Plain Instructions for their common Use.  
Necessary to be had in all families, particularly  
those residing in the Country.

---

By JOHN THEOBALD, M. D.  
Author of MEDULLA MEDICINÆ.

Compiled at the command of his Royal  
Highness the Duke of CUMBERLAND.

---

*Diseases are cured, not by eloquence, but by remedies, so that  
if a person without any learning be well acquainted with  
those remedies that have been discovered by practice, he  
will be a much greater physician than one who has culti-  
vated his talent in speaking without experience.*

C E L S U S.

---

The THIRD EDITION, with great  
ADDITIONS and IMPROVEMENTS.

---

L O N D O N:  
Printed and sold by W. GRIFFIN, in FETTER-LANE.

MDCCLXIV.

1764

[Price Eighteen-pence.]

NATHANIEL  
CHO. MLEY  
E. V. E. Y. M. A. N.  
Apothecary Weights

1 pound ——— 12 O<sup>z</sup>  
1 ounce ——— 8 Drains  
1 Dram ——— 3 Scruples  
1 Scruple ——— 20 Grains

Line Measure

1 Gallon ——— 4 pints  
1 Pint ——— 16 ounces  
1 Ounce ——— 8 Drains

a Spoonfull is the Measure of  
Half an Ounce —

From Fifteen to

Twenty Grains

~~Half a Dram~~ of *Spicacuantha*

a dose for a vomit for an Adult  
(~~2 Ounces~~ for a younger Person) from Six  
to Ten Grains.

From 20 To 30 Grains of Rhubarb  
with a Teaspoonfull or more of  
Magnesia - given as Purgative -

---

---

P R E F A C E.

**A**LTHOUGH publishers of receipts have been always very numerous, yet it has so happened, that the least able have hitherto undertaken this task, as the most easy and likely to answer any mercenary views; which seems to have been the reason, that more able persons have neglected it as an under part of their profession. Nevertheless, I have persuaded myself, that I should perform a work, neither entirely void of use, nor foreign to the duties of my profession, if I made the public partakers of the principal helps against most diseases, which I had either learned by long experience, or selected from the writings of the most eminent physicians. As these receipts are published chiefly for the use of persons residing in the country, whose convenience or abilities, will not allow of the attendance of a physician or apothecary, I have studied plainness in my stile, and in my directions, with regard to the treatment of diseases, that I might render this treatise as useful as possible.

J. THEOBALD.

P R E F A C E

TO THE

SECOND EDITION.

**T**HE favourable reception this work has met with, as is sufficiently shewn by the remarkable quick sale of the first large impression, has induced the editor (to support the credit of what is really beneficial to the public, and add weight to the receipts) to publish the authorities from whence those receipts were taken; and to make it still more useful, has added the signs of diseases, and some plain and concise directions for bleeding: he begs leave to remark, that although Dr. Theobald has given no more than one receipt for the cure of several disorders, yet he has been careful to select such, *only*, as upon a long experience were found to be the best; and that although receipts are given for diseases which are seldom cured, (as the apoplexy, consumption, &c.) yet if it is in the power of medicine to remove any of these complaints, there is the greatest reason to imagine, that the remedies directed in this pamphlet will effect a cure.

THE EDITOR.

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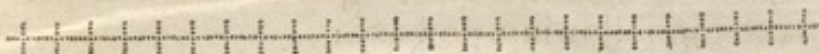
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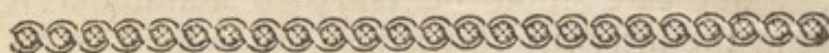
## Every Man his own Physician.



### ACHES AND PAINS.

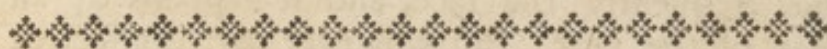


UB a little Opodeldoch upon the part affected, two or three times a day, and wear a flannel upon it. HEISTER.



### AFTER-PAINS.

Take one scruple of Sperma-Ceti, five grains of volatile salt of Hartshorn, five drops of balsam of Peru, and half a drachm of Venice treacle; mix them into a bolus, with as much syrup of White Poppies as is sufficient to make a Bolus; to be repeated every six hours till the pains abate. Cover the woman up warm and let her drink plentifully of caudle. HEISTER.



### AGUE, or INTERMITTING FEVER.

*Signs of.*

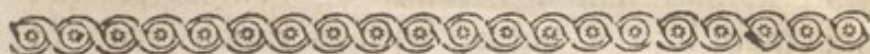
A violent head-ach, a weariness of the limbs, a pain in the loins, a coldness of the external parts,

a shivering and shaking, sometimes so much as to make the very bed shake under them; a great thirst and burning heat, and frequent inclination to vomit. Afterwards the symptoms begin to abate, the skin becomes moist, the urine is of a flame colour, but without a sediment, and a sweat breaking out terminates the fit.

#### METHOD OF CURE..

FIRST vomit the sick person, by giving half a drachm of the powder of Ipecacoanha, and work it off with Chamomile tea; then let the sick person take the following powder:

Of the best Peruvian bark powder'd, one ounce, of Virginia Snake root, and salt of wormwood, each one drachm; mix these well together, and divide them into eight doses, one paper to be taken every two hours in a glass of red wine or any other liquid. This is a certain and infallible cure; but care must be taken to administer it only in the intervals of the fits; but it must be repeated for two or three days, about ten days after the first cure, or else the disorder will frequently return. In obstinate cases, removing into a drier air has been found of great service. HUXHAM.



#### SAINT ANTHONY'S FIRE.

##### *Signs of.*

This disease affects every part of the body, but most frequently the face, and it happens at all times of the year. But whatever part is affected, a chilliness and shivering generally attend the disorder, with great thirst, restlessness, and other signs of a fever; the face swells of a sudden, with great pain and redness, and abundance of small pimples appear, which often rise up into small blisters, and spread

## HIS OWN PHYSICIAN. 3

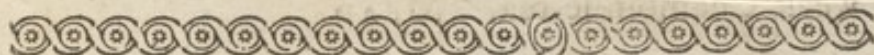
spread over the forehead and head, the eyes being quite closed by the largeness of the swelling. This, in the country, is usually called a Blast.

### METHOD OF CURE.

LET the sick person loose eight or ten ounces of blood, and repeat the bleeding more than once if the symptoms run high, and apply to the part a pultice of white bread and milk; with a little Hogs Lard in it; let the pultice be changed twice in a day, and every other morning take the following purge, till the disorder is cured, viz.

Glauber's salt one ounce, Manna half an ounce, mix and dissolve it in warm water for one dose.

The diet in this disease must be very low, chiefly Water Gruel, or at most weak broth; all strong liquors must be avoided as poison. SHARP.



## A P P O P L E X Y.

*The immediate preceeding Signs are,*

Trembling, staggering, a giddiness in the head, dimness of sight, sleepiness, loss of memory, noise in the ears, and deep and laborious breathing. The disease itself is a total deprivation of sense and motion, except that of respiration, which is performed with difficulty, and snoring. It usually ends in a paralytic disorder, and is seldom curable, but always leaves behind it a great defect of memory, judgement and motion.

### METHOD OF CURE.

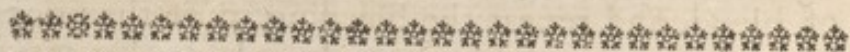
CUPPING in the nape and sides of the neck is always useful, provided the scarifications are deep enough to give a free passage to the blood, stimulating clysters and warm purges are also of service, as is also the following electuary: Take half an ounce of powder'd Heath Valerian, and

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one

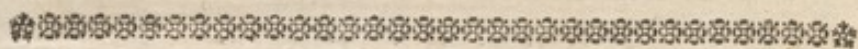
one ounce and an half of conserve of Orange peel, and mix them together; the dose is the quantity of a nutmeg every four hours. Apply a strong blister to the back, the diet must be very sparing.

MEAD, SYDENHAM, and HEISTER.



#### APPETITE, want of.

DRINK Chamomile tea every day an hour before dinner, or take ten drops of Acid Elixir of Vitriol in a glass of water, about two hours before dinner, and about two hours after dinner every day. A gentle Puke should precede the use of these remedies, for which purpose nothing is preferable to Ipecacoanha, a scruple of which is sufficient for a dose, and should be worked off with weak Chamomile tea. MEAD.



#### ASTHMA OR PHTHISICK.

*Signs of.*

An obstructed and very laborious breathing, attended with unspeakable anxiety, and a straitness about the breast.

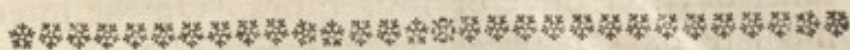
#### METHOD OF CURE.

DISSOLVE two drachms of Gum Ammoniacum in half a pint of Pennyroyal water, and add an ounce of Oxymel of Squills. Three large spoonfuls of this mixture may be taken frequently, or from 20 to 30 drops of the Paregoric Elixir, may be taken in Pennyroyal water, two or three times in a day. Bleeding is generally proper, as is a large blister applied to the back, and gentle vomits; the diet should be slender. Malt liquors must be avoided, being very pernicious. MEAD.

BALDNESS.

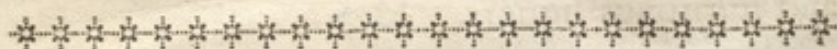
BALDNESS.

RUB the part frequently with an onion till it looks red.



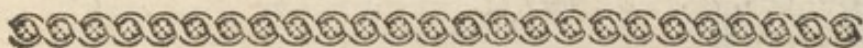
BLEEDING at the Nose.

APPLY to the back part and sides of the neck, a linnen cloth dipt in cold water, in which salt Prunella has been dissolved. In very obstinate cases bleeding in the foot is useful. SYDENHAM



Spitting of BLOOD.

TAKE Red rose leaves dried, half an ounce, twenty drops of oil of Vitriol, one ounce and an half of refined sugar, and pour two pints and an half of boiling water on these ingredients in an earthen vessel; let it stand to be cold, and take half a quarter of a pint frequently. In this disorder frequent bleeding in small quantities is proper, not exceeding four, or at the most six ounces at each time, according to the strength of the sick person. HOFFMAN.



BLOODY FLUX.

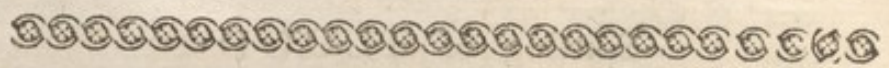
*Signs of.*

Generally begins with coldness and shivering, succeeded by a quick pulse, and intense thirst. The stools are greasy, and sometimes frothy, mixt with blood, with filaments intermixt which have the appearance of melted suet, and are attended with intolerable griping, and a painful descent as it were of the bowels.

METHOD

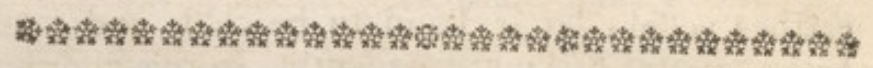
METHOD OF CURE.

BLEED first, then give the following vomit ; half a drachm of powder of Ipecacoanha, work it off with Chamomile tea, repeat this vomit every other day, for three or four times. On the intermediate days between each vomit, let the sick person take a large spoonful of the following mucilage, warm, every hour : Dissolve half an ounce of Gum Arabic, and half an ounce of Gum Tragacanth, in a pint of barley water, over a gentle fire. Clifters made of fat mutton broth are of great service, the sick person must abstain from malt, and spirituous liquors. MEAD.



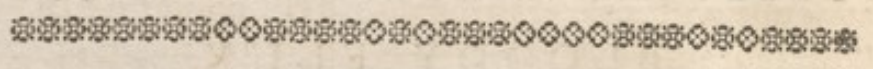
B O I L S.

APPLY a plaister of Diachylon with the gums, once every day till they are cured.



BRUISES, Internal.

TAKE a large spoonful of cold drawn Linseed oil, two or three times in a day. The patient must also be bled to the quantity of eight or ten ounces. SYDENHAM.



BRUISES, External.

Bathe the part with a little spirits of wine and Camphire, which in slight cases will effect a cure, but if that fails it will be necessary to apply a pultice of stale beer grounds, and oatmeal, with a little Hog's lard, which must be applied fresh every day till the bruise is entirely cured.

BURNS

METHOD

HIS  
 TAKE  
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 Calamine  
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 Ipecacoan  
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## BURNS AND SCALDS.

TAKE May butter unsalted, and white wax, of each six ounces, oil of Olives half a pint, Lapis Calaminaris one ounce and an half; melt the wax and butter with the oil, and stir in the Lapis Calaminaris finely powder'd, till it is too hard, to let it settle. This is an excellent ointment for the above purposes, and is to be applied once a day spread on a fine linnen rag. TURNER.



## C A N C E R.

*Signs of.*

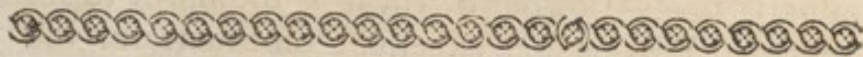
Begins at first with a small Tumour, about the size of a nut, which does not change the colour of the skin, and sometimes remains for several years without encreasing. But as soon as the virulent humour becomes more active, the small hard swelling becomes all of a sudden a large, round livid, unequal Tumour, and is attended with an intense shooting pain, at length it breaks, and turns into a sharp stinking sanies, which eating away the sound parts, the lips of the wound become offensive to the Sight, and the patient being worn out with intolerable pain, at last ensues death. This disorder may infect any part of the body, but most frequently the breasts, armpits, behind the ears, the lips, nose, and private parts.

## M E T H O D O F C U R E.

BOIL a quarter of a pound of Guaicum shavings in six pints of water, till it comes to four pints, drink a pint of this decoction twice a day, milk warm. External applications most proper,

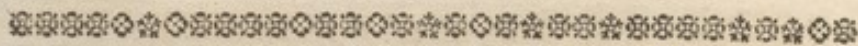
are

are pultices of white bread and milk, and fomentations of milk and water, and the cancer should be defended from the cold air, by a piece of fine linnen, on which a little of the Sperma Ceti ointment (the composition of which you will see in the appendix) is spread, and should be renewed two or three times in a day. Dr. LOVE of Greenock.



### CHOLICK.

TAKE two ounces of Daffy's Elixir, and repeat it as occasion may require, or half a drachm of powder of Rhubarb toasted a little before the fire. QUINCEY.



### CONSUMPTION.

#### *Signs of.*

A dry cough, a disposition to vomit after eating, an uneasy straitness of the breast, spitting of blood, a quickness of the pulse after meals, and flushing of the cheeks; as the disease advances, the matter brought up by the cough, if spit into the fire yields an offensive smell, if into a glass of water it sinks to the bottom, profuse night sweats, looseness, and wasting away of the whole body.

#### METHOD OF CURE.

A milk diet, riding on horseback, country air, and bleeding frequently in small quantities, at each time taking away not more than six ounces of blood, are the most efficacious remedies in this distemper; snails boil'd in milk have sometimes been of service, as is also the Peruvian bark, when it does not occasion a purging.

Issues or Seatons made in the side, of the parts most affected are also proper. SYDENHAM, BOERHAAVE, and PRINGLE.

been

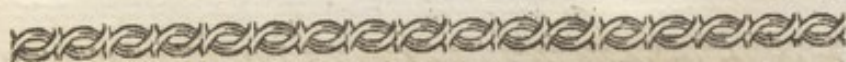
CONVULSIONS in Children.

*Signs of.*

The mouth is drawn awry, the eyes are distorted, and the face turns blackish, the child's fist is clenched, and the globes of the eyes seem immoveable; when these symptoms give way, the child is sleepy till another fit comes on.

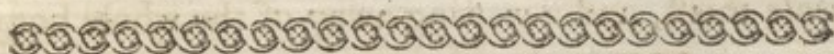
METHOD OF CURE.

GIVE three or four drops of the tincture of Wood foot in a tea-spoon-full of water frequently. A blister applied to the nape of the neck is also serviceable. SYDENHAM.



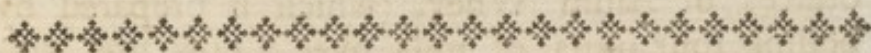
C O S T I V E N E S S.

TAKE the size of a nutmeg of Lenitive Electuary every morning, or as often as occasion requires. SHAW.



C O U G H.

TAKE oil of sweet Almonds and syrup of Balsam, of each two ounces, four ounces of Barley water, and thirty drops of spirits of Sal Volatile; shake them well together, and take two large spoonfuls when the cough is troublesome: If this medicine does not remove the cough in a few days, it will be absolutely necessary to be blooded. PRINGLE.



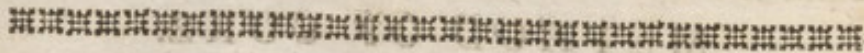
DECAYS, see CONSUMPTIONS.

C

DEAFNESS.

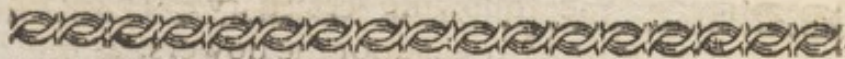
## DEAFNESS.

SYRINGE the ears well with some warm milk and oil, then take a quarter of an ounce of liquid Opodeldoch, and as much oil of Almonds, mix them well, and drop a few drops into each ear, stopping them with a little cotton or wool; repeat this every night going to rest. FOTHERGILL.



## DELIVERY, to promote.

DIVIDE one grain of purified Opium into two pills, to be taken one six hours after the other. MEAD.



## DIABETES.

*Signs of.*

Is an excessive discharge of urine, of the taste, smell, and colour of honey, attended with an intense thirst, and a wasting away of the whole body.

## METHOD OF CURE.

TAKE of the shavings of Sassafras two ounces, Guaiacum one ounce, Liquorice root three ounces, Coriander seeds, bruised, six drachms; infuse them cold, in one gallon of Lime-water for two or three days. Dose half a pint three or four times in a day.

N. B. Lime water is made by pouring twelve pints of boiling water on a pound of unslacked lime, when it is cold it is fit for use; or four ounces of Alum Whey, (which is prepared by boiling four pints of milk over a slow fire, with three drachms of Alum, till it is turned into Whey) may be taken three times in a day.

MEAD.

## DROPSY.

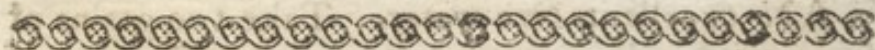
## D R O P S Y.

*Signs of.*

Difficulty of breathing, making very small quantities of urine, costiveness, great thirst, swelling of the feet and ancles, which when prest with the fingers will pit; swelling of the belly, and falling away of the other parts.

## M E T H O D O F C U R E.

TAKE powder of Jalap, cream of Tartar and Florentine Iris, of each a quarter of an ounce, mix them: the dose is from thirty to forty grains every other day. On the intermediate days take the quantity of a large nutmeg, every night and morning, of the following electuary: Take two drachms of powder'd Chamomile flowers, as much Ginger, and half the quantity of prepared Steel, make it into an electuary with two ounces of Conserve of Orange Peels. Dr. DOVER.



## Dry BELLY-ACH, or Nervous Cholic.

*Signs of.*

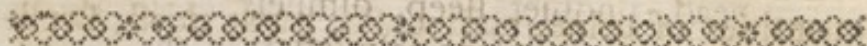
Extreme costiveness, a most violent pain in the bowels, a coldness of the hands and feet, trembling, extreme anxiety, and a disposition to fainting, and is frequently succeeded by the palsy.

## M E T H O D O F C U R E.

GIVE frequently the following clyster; take dry'd Mallow leaves an ounce, Chamomile flowers, and sweet Fennel seeds, of each half an ounce; water, a pint; boil it for use. Take half a pint of this decoction and add two spoonfuls of sweet oil, and half an ounce of Epsom salt, mix it for a clyster to be repeated frequently. The warm bath is of the utmost service in this disorder, as is also

Balsam of Peru given inwardly from twenty to forty drops in a spoonful of powdered loaf sugar, three or four times in a day.

RIVERIUS and SYDENHAM.



### E A R-A C H.

THE smoke of Tobacco blown into the ear is excellent. HOFFMAN.



### E X C O R I A T I O N S in Children.

DISSOLVE a little white Vitriol in spring water, and dab the part with it, which will heal presently. HEISTER.



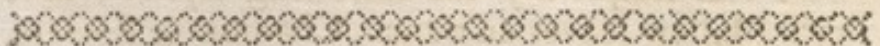
### DISORDERS of the Eyes.

AN excellent Eye-water. Take two grains of sugar of Lead, dissolve in a quarter of a pint of spring water.



### An O I N T M E N T for the Eyes.

DIP a feather in a little ointment of Tutty, and gently rub it across the eyes every night going to sleep. TURNER.



### F A I N T I N G.

APPLY to the nostrils and temples, some spirits of Sal Armoniac, and give a few drops in a wine glass of water inwardly. HOFFMAN.

F A L L I N G

## FALLING SICKNESS.

*Signs of.*

A weariness of the whole body, an heavy pain of the head, unquiet sleep, dimness of sight, a noise in the ears, a violent palpitation of the heart, a coldness of the joints, and a sense, as it were of a cold air ascending from the extreme parts to the heart and brain, then they fall suddenly on the ground, the thumbs are shut up close in the palms of the hands, the eyes are distorted and all sensation is lost, so that by no noise, nor even pinching the body, can they be brought to themselves: they froth at the mouth.

## METHOD OF CURE.

TAKE of peruvian bark powdered one ounce, of wild Valerian root half an ounce, of syrup of orange-peel a sufficient quantity, make an electuary of this, and let the patient take the quantity of a nutmeg, after proper evacuations morning and evening for three months together, and then repeat it three or four days before the new and full moon. MEAD.

## F E V E R S Inflammatory.

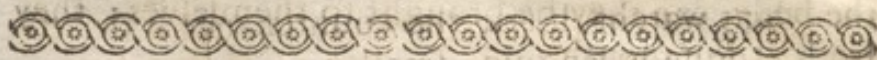
*Signs of.*

The breath is very hot, and there is a dryness of the whole skin, and sense of heat, the respiration is thick, difficult and quick, the tongue is dry, yellow, parched and rough, the thirst is unquenchable, a vast anxiety, and restlessness and weariness, frequent inclinations to vomit, and sometimes lightheadiness and convulsions.

## METHOD

## METHOD OF CURE.

BLEED to the amount of ten or twelve ounces, vomit with half a drachm of Ipecacoanha, work it off with Chamomile tea; if costive, inject as often as occasion requires, the clyster directed under the article of the *Dry Belly-Ach*, and give inwardly the following mixture: take of salt of Wormwood half a drachm, Lemon-juice three quarters of an ounce, salt of Prunella ten grains, spring water one ounce; mix them together for one dose, and repeat it every six hours. HUXHAM,



## NERVOUS FEVERS.

*Signs of.*

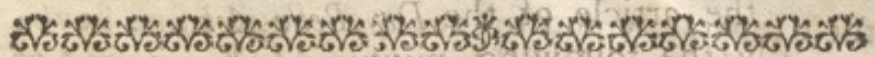
Slight chillinesses often in a day, with uncertain flushes of heat, a vast dejection and anxiety of the spirits, a giddiness and pain of the head, an inclination to yawn and doze, a dryness of the lips and tongue without any considerable thirst, the countenance heavy, pale and dejected, frequent nauſeas, the urine is pale, and made often and suddenly; the pulse is low, quick and unequal.

## METHOD OF CURE.

A Vomit is necessary when the sickness and load of the stomach is urgent; if the body is costive, clysters of milk, sugar and salt, may be injected every second or third day. Blisters must be applied to the nape of the neck, head and legs, the sick person must be kept quiet in body and mind, opiates are commonly hurtful; a little wine may be allowed, and thin wine whey is proper for common drink. Give the following draught every six hours; take salt of hartshorn ten grains, Lemon-

mon-juice half an ounce, simple Mint-water one ounce and an half, compound spirits of Lavender and syrup of Saffron, of each one drachm and an half, mix them together for one dose.

HUXHAM.



PUTRID OR SPOTTED FEVERS.

*Signs of.*

The head aches and is hot, dull, and attended with a dejection of mind from the very beginning, a constant watchfulness, the countenance is dejected, the pulse is languid, small and low. A pain in the back and loins, a great load at the pit of the stomach, a perpetual vomiting of black bile: the thirst is commonly very great, and all drinks seem bitter and maukish: the tongue at the beginning is white, but grows daily more dark and dry, with a kind of dark bubble on the top, and livid or brown spots appear over the whole surface of the skin.

METHOD OF CURE.

GENTLE Vomits are necessary in the beginning, and if the body is too costive, a clyster of milk, sugar and salt, may be given as often as occasion requires; wine diluted with water, and acidulated with the juice of sevil oranges, may be used for common drink, and the following medicine has been found of greater efficacy in this disorder than any other.

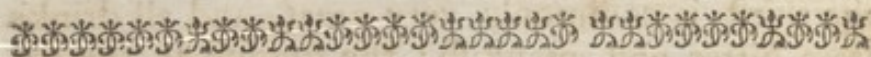
Boil three drachms of Peruvian bark in powder, and three drachms of Virginia snake-root in powder, in a pint of water, till half a pint is boiled away, then add a quarter of a pint of good red Port wine: the dose is a tea cup full every three or four hours. Dr. PRINGLE.

FISTULA.

## F I S T U L A.

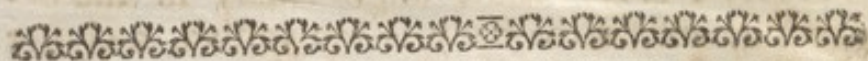
T A K E a quarter of a pound of Elecampane root, three quarters of a pound of Fennel seeds, and a quarter of a pound of Black Pepper, pound these separately and sift them through a fine sieve; take half a pound of Honey, and half a pound of powder Sugar, melt the honey and the sugar together over the fire, scumming them continually till they become bright as amber, when they are cool mix and knead them into your powder, in the form of a soft paste. The dose is the size of a nutmeg, morning, noon and night, drinking a glass of wine or water after it.

This is Dr. WARD's receipt for curing fistula's.



## G I D D I N E S S.

T A K E twenty drops of tincture of Castor in a glass of water two or three times in a day; or from a scruple to a drachm of powder of Valerian root, three or four times in a day. MEAD.



## G O U T.

*Signs of.*

A pain resembling that of a dislocated bone, succeeded by a chilness, shivering and slight fever, usually seizes the great toe, heel, the calf of the leg or ankle, which become so exquisitely painful as not to endure even the weight of the bed-cloths; the part looks red and is very much swelled; the urine is high coloured, and lets fall a kind of red gravelly sediment.

METHOD

METHOD OF CURE.

TAKE a tea-spoonful of Volatile tincture of Guaicum every night going to rest, in a glass of water: Be covered warm, and drink plentifully of weak sack-whey. In the intervals of the fits, exercise, such as walking, and riding, is absolutely necessary, to prevent a return, and the duke of Portland's Gout powder, the receipt of which we have given in our Appendix, should be taken according to the directions annexed thereto.

Dr. CHEYNE.



GRAVEL AND STONE.

*Signs of.*

A pain in the loins, bloody urine, a numbness of the thigh or leg on the side affected, a sickness at the stomach, and frequent vomitings.

METHOD OF CURE.

TAKE one pound of Calcined oyster shells, and pour thereon twelve pints of boiling water, strain it when cold, and take half a pint mixed with a little new milk three times in a day, gradually increasing the quantity, till it amounts to four pints a day. If the Patient is costive two ounces of Manna dissolved in a quart of whey, should be taken for one dose, once or twice every week. DR. WHYTT, and SYDENHAM.



GREEN SICKNESS.

*Signs of.*

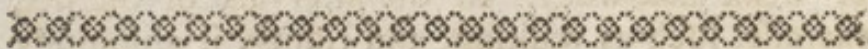
A pale complexion, swelling of the ancles, weariness of the whole body, difficulty of breathing, a palpitation of the heart, drowsiness, a desire of eating coals, chalk, &c. and a suppression of the monthly courses.

D

METHOD.

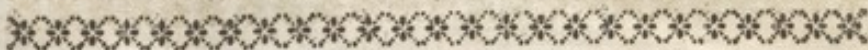
EVERY MAN  
METHOD OF CURE.

TAKE thirty drops of the tincture of Black Hellebore, two or three times in a day, in a glass of water, using moderate exercise. Dr. MEAD.



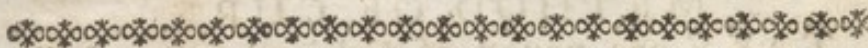
G R I P E S.

TAKE half a drachm of powder'd Rhubarb, and toast it a little before the fire, then add a little powder of Ginger to it, and mix it for one dose, to be repeated as occasion requires. RADCLIFFE.



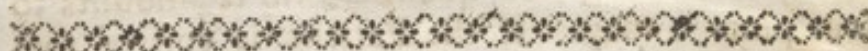
H E A D - A C H.

APPLY Leeches behind the ears, and take twenty drops of tincture of Castor in a glass of water frequently.



H E A R T - B U R N.

TAKE a little chalk scrap'd in a glass of water, or a tea-cup full of Chamomile tea. HOFFMAN.



H Y S T E R I C S.

*Signs of.*

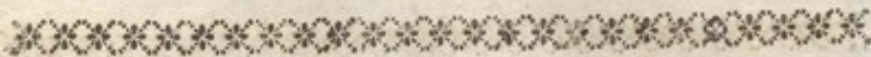
An intercepted breathing, almost to suffocation, fainting, loss of speech, great drowsiness, exceeding costiveness, and making large quantities of urine, almost as clear as water.

M E T H O D O F C U R E.

TAKE Simple Pepper Mint water, twelve ounces, one ounce of powder'd Valerian, and half an ounce of Lavender drops, mix them together, and take three large spoonfuls two or three times

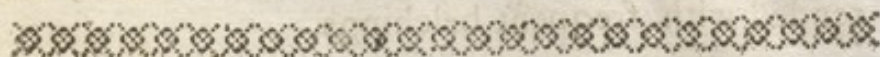
HIS OWN PHYSICIAN. 19

in a day; and also apply to the navel a large Galbanum plaister. HOFFMAN, and MEAD.



Hard SWELLINGS.

APPLY a plaister of Diachylon with the gums, spread thick on leather. PAREY.



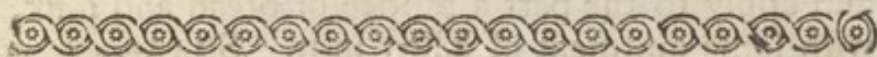
H I P - G O U T .

*Signs of.*

A violent pain in the joint of the thigh, and lower part of the loins, which sometimes reaches to the leg, and even the extremity of the foot, without any swelling or change of colour of the skin.

METHOD OF CURE.

TAKE a drachm of ætherial oil of Turpentine, with three times as much honey mixt with it, every morning, for six or seven days at farthest, drinking plentifully of warm Sack whey after it. CHEYNE.



J A U N D I C E .

*Signs of.*

A yellowishness of the whites of the eyes, and of the whole body, bitterness of the tongue, heaviness, and lassitude, vomiting of gall, the stools almost white, and the urine of a Saffron colour, tinging linnen dipt therein yellow.

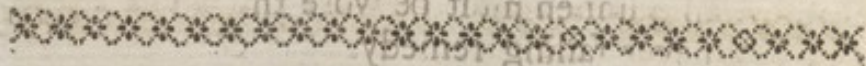
METHOD OF CURE.

TAKE Venice soap half an ounce, oil of Aniseeds sixteen drops, mix them well together, and make it into middle sized pills. The dose is three or four, two or three times in a day; if costive,

D 2

half

half a drachm of Rhubarb must be taken in the morning twice in a week. HUXHAM.



### INDIGESTION.

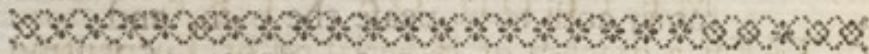
*Signs of.*

Pain, and sense of weight in the stomach, attended with frequent belchings.

### METHOD OF CURE.

TAKE a large spoonful of tincture of Hiera Picra every day, an hour before dinner; or from ten to twenty drops of Acid Elixir of Vitriol, in a glass of water, two or three times in a day. Pyrmont, and Spaw waters are also very efficacious in removing this complaint.

CHEYNE, and HEISTER.



### INFLAMMATIONS.

TAKE away ten or twelve ounces of blood, and repeat it if necessary, give cooling purges, and apply to the part a pultice of bread and milk, with some ointment of Elder in it. SHARP.



### ITCH.

*Signs of.*

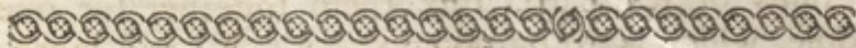
Watery pimples, attended with intollerable itching, between the fingers, under the hams, on the arms, and on the thighs.

### METHOD OF CURE.

ANOINT the parts which break out every night with the following ointment: Take Hog's lard half a pound, flower of Brimstone and Sulphur Vivum, of each two ounces, powder'd cloves  
one

HIS OWN PHYSICIAN. 21

one ounce, mix them together : Two or three weeks is as little time, as can be depended upon, and the same linnen must be wore the whole time. This is a never failing remedy.



INFLAMMATION of the BOWELS.

*Signs of.*

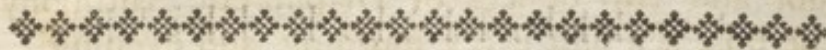
A burning pain in the belly, attended with a fever, vomiting, and frequently an obstinate costiveness.

METHOD OF CURE.

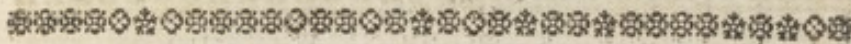
TAKE away ten ounces of blood, and repeat the bleeding according to the urgency of the complaint, give the clyster directed in our Appendix, twice every day, till the patient has had two or three stools, and to appease the pain, and stop the excessive vomiting, give ten drops of liquid Laudanum, in a little broth every six hours. The diet should consist entirely of weak broths.

Juice of Lemons taken inwardly in obstinate cases, has sometimes afforded surprizing relief.

ARBUTHNOT.



INTERMITTING FEVER, see AGUE.



KING'S EVIL,

*Signs of.*

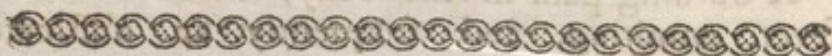
Hard swellings in the neck, armpits, and groin, and Tumours on the joints and fingers, attended with a swelling, and a rottenness of the bones, soreness of the eye lids. In short there is no part of

of the human body which may not be affected with tumours, abscesses, or ulcers, by this disease.

METHOD OF CURE.

TAKE a scruple of burnt Sponge, and four grains of Rhubarb, mix them together for one dose, which is to be taken every night and morning, with a draught of whey. Drinking sea-water is very efficacious in curing this disease.

Sir EDWARD HULSE.



LEPROSY.

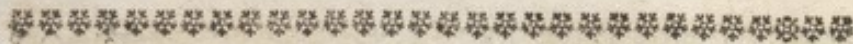
*Signs of.*

Red pimples, or pustules, commonly first break out in the elbows and knees, which gradually increase in such a manner, that the whole body is covered with a leprous scurf.

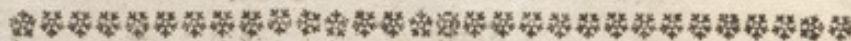
METHOD OF CURE.

TAKE sharp pointed Dock roots half a pound, Monks Rhubarb a quarter of a pound, Stick Liquorice and Coriander seeds, of each half an ounce, boil them in a gallon of spring water till it comes to three quarts, and to the strained liquor add two ounces of Diaphoretic Antimony. The dose is a pint every morning and evening.

BANYER.



LETHARGY, see APOPLEXY.



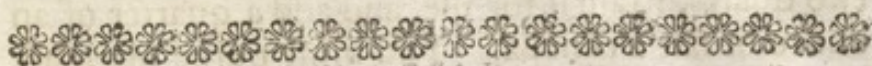
LOSENNESS.

TAKE half a drachm of Ipecacoanha for a vomit; and work it off with Chamomile tea. Abstain from malt liquors. If this does not entirely remove

## HIS OWN PHYSICIAN. 23

remove the looseness, take half a drachm of powder of Rhubarb, made into a bolus, with a little Diascordium, and repeat it every day till the looseness is entirely stopped.

For common drink the sick person may take Hartshorn drink, or Rice boiled in water with a little cinnamon. TOWNE.



## M A D N E S S.

*Signs of.*

A redness of the eyes, grinding of the teeth, strange malice to particular persons, want of sleep, ringing in the ears, incredible strength, insensibility of cold, and an excessive rage when provoked to anger.

## METHOD OF CURE.

BLEEDING is useful in this disorder, and take forty drops of tincture of black Hellebore in a glass of water, two or three times in a day.

MEAD.



## M E A S L E S.

*Signs of.*

A chilness and shivering, which is succeeded by a fever, accompanied with great sickness. Thirst, a continual drowsiness, slight cough, and an effusion of tears, which is the most certain sign of the Measles. About the 4th day little red spots like flea bites appear over the whole body, which do not rise above the surface of the skin.

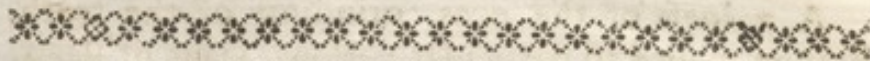
METHOD

METHQD

## METHOD OF CURE.

FIRST, bleed the sick person, then let him or her drink plentifully of the following decoction: take Pearl Barley, Raisins and Figs, of each two ounces, stick Liquorice bruised half an ounce, boil them in four quarts of water till it comes to two quarts, strain it for use, and add a quarter of an ounce of salt Prunella. You must purge often after this disorder, and the diet and management must be the same as in the Smallpox.

SYDENHAM.



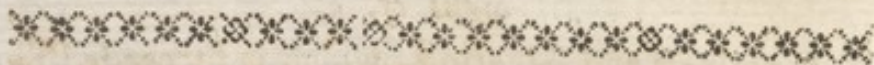
## MENSTRUAL DISCHARGE, Excessive.

*Signs of.*

Loss of strength and appetite, bad habit of body, fallow complexion, and swelling of the feet.

## METHOD OF CURE.

BLEED according to the strength of the patient, and give thirty grains of the following powder in a glass of red Wine three times in a day: take three quarters of an ounce of Alum, and a quarter of an ounce of Dragon's blood, and mix them together. MEAD.



## MENSTRUAL DISCHARGE, Suppression of.

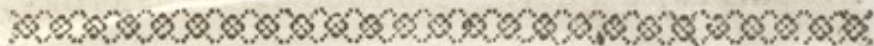
*Signs of.*

A swelling of the belly, pain in the loins and groin, difficulty of breathing, cold sweats, frequent faintings, and sometimes hysteric fits.

METHOD

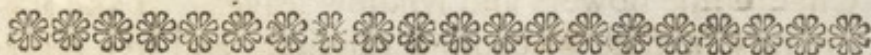
METHOD OF CURE.

USE exercise, and take the quantity of a nutmeg three times a day of this electuary: take conserve of dried Orange-peel a quarter of a pound, candied ginger half an ounce, powder of steel two ounces; mix them into the consistence of an electuary with any syrup; or a tea spoonful of tincture of black Hellebore may be taken in a glass of warm water twice in a day. MEAD.



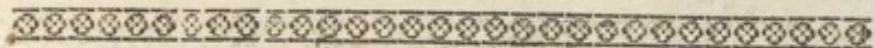
MISCARRIAGE.

TO prevent miscarriage. Bleeding is useful and necessary, about the third month of pregnancy, more, or less, according to the constitution of the woman with child. The body should also be kept open with Manna or Rhubarb, in the first months especially. HAMILTON.



NERVOUS DISORDERS.

COUNTRY air, exercise, and the cold bath, with the mixture directed under the article of *Hysterics*, will prove a certain cure for every species of these disorders. FULLER.

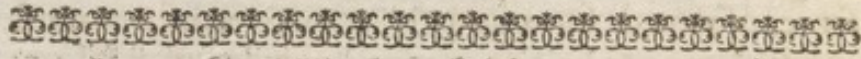


NOISE in the EARS.

MAY be cured by the vapour of a decoction of Rosemary flowers prepared with wine, being conveyed to the ear by a funnel. HEISTER.

## A safe OPIATE.

TAKE twenty drops of liquid laudanum in a glass of wine and water going to rest. BOERHAVE.



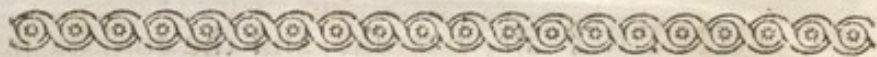
## OBSTRUCTIONS.

TAKE species Hiera Picra half an ounce, salt of Steel one drachm, make it into pills of a moderate size, with a little syrup of Saffron: the dose is five pills twice a day. LONDON DISPENSATORY.

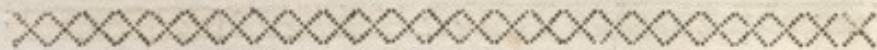


## OLD ULCERS.

TAKE a quarter of a pound of Basilicon, and an ounce and an half of oil of Olives, and mix therewith half an ounce of Verdigrease; dress the sore with this ointment, spread upon a little tow, after fomenting it well, with a decoction made of Chamomile flowers and Mallow leaves. Take frequently a dose of cooling physick, and live regularly. SHARP.



PAIN in the STOMACH, see  
HEART-BURN.



PAINS in the JOINTS, see  
HIP GOUT.

FILES.

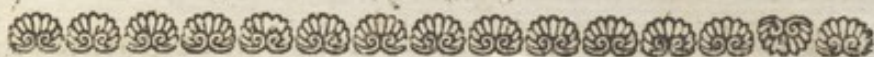
## P I L E S.

*Signs of.*

A violent pain at the time of going to stool, the excrements streakt with blood, and small swellings like warts on the verge of the anus.

## M E T H O D O F C U R E.

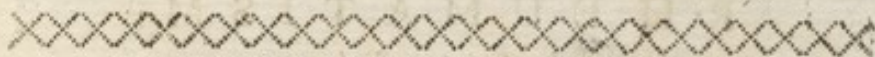
TAKE of Lenitive Electuary one ounce and an half, flour of Brimstone half an ounce, mix them together, the quantity of a nutmeg to be taken every night and morning: apply outwardly a little of this ointment, take two ounces of white Diachylon, two ounces of sweet oil, and half an ounce of vinegar, mix them together. SYDENHAM.



## P A L S E Y.

BLISTERS are serviceable, and the following drops have frequently afforded great benefit: take Sal Volatile drops half an ounce, Lavender drops, and tincture of Castor, a quarter of an ounce each, mix them together: the dose is forty drops frequently in a glass of wine and water, or half a drachm of wild Valerian root in powder, may be taken three times in a day. ALLEN.

The diet should be warm and attenuating:



## P L E U R I S Y.

*Signs of.*

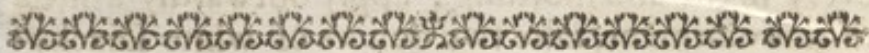
A violent pain in the side accompanied with heat, thirst, and the other usual symptoms of a fever, and a troublesome cough; if the sick per-

son is bled, the blood when cold, looks like melted tallow.

### METHOD OF CURE.

BLEED frequently till the pain abates, apply a blister to the side, and take half a pint of the following infusion twice a day: take fresh horse-dung six ounces, and pour on it a pint of boiling Pennyroyal water, strain it when cold, and add a quarter of an ounce of Venice treacle, mix for use.

QUINCEY.



### QUINSEY or SORE-THROAT.

*Signs of.*

A swelling of the parts concerned in deglutition, accompanied with great pain, inflammation and a fever, so as to hinder the swallowing any solid meats, and almost stop breathing.

### METHOD OF CURE.

BLEEDING is sometimes necessary, and cooling physick, but often jelly of black Currants swallowed down leisurely in small quantities, effects a cure. PHILOSOPHICAL TRANSACTIONS.



### RHEUMATISM.

*Signs of.*

It begins with chilness and shivering, heaviness of the joints, and coldness of the extreme parts. The appetite is lost, the body is costive, and feverish, and a racking pain is felt sometimes in one part, sometimes in another, frequently shifting from place

place to place, and leaving a redness and swelling in the part visited last.

METHOD OF CURE.

TAKE half a drachm of powder of gum Guaiacum in a draught of warm ale going to rest, and be covered with a larger quantity of cloaths than usual; persist in this method a few days, and you will find relief. PRINGLE.



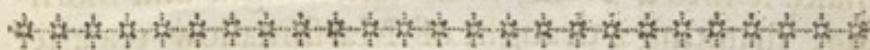
RICKETS in CHILDREN.

*Signs of.*

A swelling of the belly, constant desire of sitting still, the bones are crooked, and the joints seem very large, as if knotted, the head is over large, and the child's understanding exceeds it's years.

METHOD OF CURE.

GIVE the child two grains of Ens Veneris, dissolved in a spoonful of wine and water, every night; to this must be joined cold bathing, and a strengthening diet. BOERHAVE.



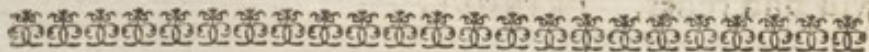
RETENTION of URINE.

TAKE a quarter of an ounce of Nitre, a drachm of Volatile salt of Amber, a quarter of an ounce of powder of egg-shells, and half an ounce of fine sugar, mix them together: the dose is as much as will lie on a shilling, two or three times a day, drinking a draught of Marshmallow tea after each dose. TURNER.

RUPTURES.

## RUPTURES.

ARE cured by applying a strengthening-plaister spread on leather, (the composition of which is set down in our appendix,) and a truss, which may be had of Mr. White, Truss-maker, in Fleet-street, London.



## SCALD-HEAD.

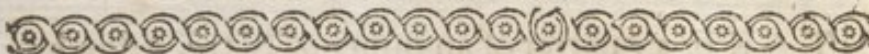
FIRST shave, then cover the head with a Pitch plaister spread on leather, and give inwardly one grain of Calomel, made into a pill, with a little conserve of roses, every night going to rest, and a dose of cooling physick twice in a week.

TURNER.

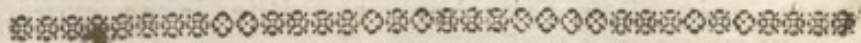


## STRANGURY.

TAKE half a drachm of Camphire, a scruple of powdered Gum Arabic, liquid Laudanum five drops, with a sufficient quantity of Turpentine to make it into a bolus, to be taken night and morning, drinking a draught of Marshmallow tea after each dose. TURNER.



STITCH in the SIDE, see PLEURISY.



## SCURVY.

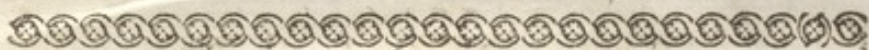
*Signs of.*

A fallow complexion, difficulty of breathing after exercise, spongy gums subject to bleed with  
the

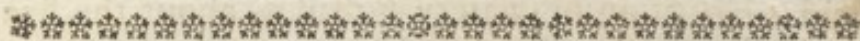
the slightest touch, frequent bleeding at the nose, a swelling of the legs, accompanied with livid spots, and unusual laziness, and pains over the whole body, resembling the rheumatism,

METHOD OF CURE.

TAKE one ounce of acid elixir of Vitriol, and one ounce of tincture of Peruvian bark, mix them together; a tea spoonful is to be taken twice in a day in a glass of water. A decoction of the tops of the spruce fir may be also taken, the quantity of half a pint, twice in a day. HEISTER.



SLOW FEVER, see NERVOUS FEVER,



S M A L L - P O X.

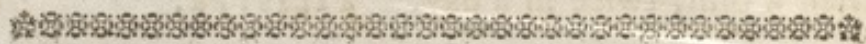
*Signs of.*

A chilliness, shivering, and other usual symptoms of a fever, attended with a violent pain in the head and back, and an inclination to vomit, and great propensity to sweat. In children, a dulness, and drowsiness, and sometimes epileptick fits: About the the third or fourth day, red spots about the size of a pin's head appear on the breast, face, and the whole body, which increase in size every day, till they are of the size of a large pea, and are filled with matter.

METHOD OF CURE.

THE sick person must be kept in bed, taking care to defend him or her from the inclemency of the winter, by proper means, and to moderate the excessive heat in summer by cool air, for the patient ought not to be stifled with heat and cloaths, nor should the eruption and perspiration be check'd by cold. With regard to diet it ought  
to

to be very slender, moistning and cooling, such as water-gruel, pippin-liquor and milk pottage; and in the beginning the best regimen is that which keeps the body open, and promotes urine, as figs, Damascene Prunes, and Tamarinds, and by giving subacid liquors for drink, as Small Beer sharpened with Orange or Lemmon juice; whey made with apples boiled in milk, emullions made with barley water and almonds, or Rhenish wine, plentifully lowered with water. MEAD.



### S H I N G L E S.

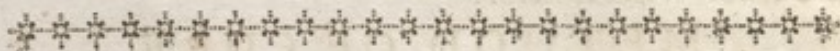
*Signs of.*

An Eruption of watery Pustules, about the size of Millet seeds, which encircle the body like a belt, of an hand's breadth, and occasion an intolerable itching and soreness.

### METHOD OF CURE.

TAKE two ounces of white Diachylon, two ounces of sweet Oil, and half an ounce of Vinegar, mix together for a linament, which spread on a piece of fine linnen and apply to the part affected, repeating it as occasion requires; this, with two or three doses of Glauber's salts, and a cooling and spare diet, will entirely remove this complaint.

TURNER.

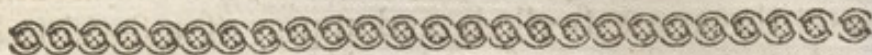


### S P R A I N S.

APPLY a pultice of stale beer grounds, and oatmeal, with a little Hogs Lard, every day till the pain and swelling are abated; then apply the strengthening plaister directed in our Appendix.

STONE,

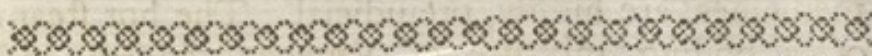
STONE, see GRAVEL.



SWEATING, Excessive.

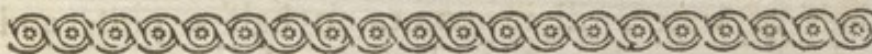
TAKE twenty drops of acid elixir of Vitriol, in a glass of water, two or three times a day.

SHAW.



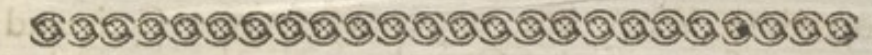
SWELL'D LEGS.

TAKE the same medicines which are advised under the article of the Dropsy.

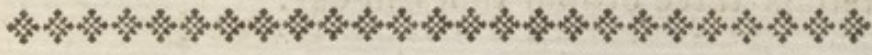


TOOTH-ACH.

THE root of Yellow water Flower de Luce rubbed on the tooth which is painful, or chewed in the mouth, in an instant, as if by a charm, drives away the pains of the teeth, arising from what cause soever. ALLEN.



THROAT SORE, see QUINSEY.



Putrid SORE THROAT.

*Signs of.*

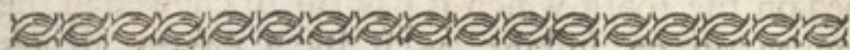
A giddiness, chillness, and shivering, like that of an Ague fit, followed by an intense heat, a violent head ach, heat and foreness in the throat, stiffness of the neck, great sickness, vomiting or purging, or both; the face looks red and swelled, the eyes inflamed and watery, with restlessness, anxiety and

F faintness

faintness, frequently a great number of small pimples appear on the neck, breast, and hands, which are sensibly swelled, the inside of the mouth and throat are swelled, and appear of a florid red colour, sometimes of a pale white, surrounded with red.

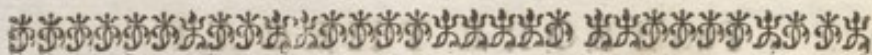
#### METHOD OF CURE.

ALL evacuations which lessen the strength, particularly bleeding and purging, and all cooling medicines, are highly prejudicial. The hot steam of a boiling mixture of Vinegar, Myrrh and Honey, is to be received into the throat through an inverted funnel; this cannot be used too frequently. The decoction of the Peruvian bark made by boiling an ounce of bark in a pint and a half of water, till it comes to half a pint, and adding a drachm of acid elixir of Vitrol, is the best medicine in this disorder, if given, a tea cup full, every four hours. HUXHAM and FOTHERGILL,



#### T E T T A R S

TAKE four ounces of sweet Oil, one ounce of white Wax, one ounce of sperma Ceti, and twenty five grains of Camphor, mix them together for a liniment, with which gently touch the tettato three or four times in day.



#### T H I R S T, unquenchable.

A quart of water mixed with an ounce or two of White wine Vinegar will make an agreeable drink.

#### THRUSH:

**T H R U S H.**

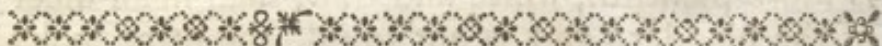
*Signs of.*

Little white ulcers affect the lips, gums, cheeks, tongue, palate, and the whole inside of the mouth.

**METHOD OF CURE.**

RUB the child's mouth with a linnen rag dipt in the following mixture: Take honey of roses an ounce, oil of Vitriol six drops, mix them together; or the child's mouth may be frequently washed with a decoction of Elm Bark.

SHAW, and ALLEN.



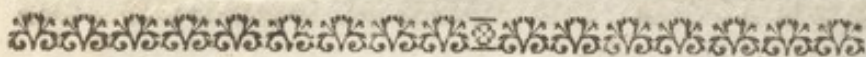
**T Y M P A N Y.**

*Signs of.*

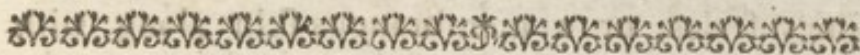
A great swelling of the belly, which being occasioned by air pent up in the cavity of the belly, gives an hollow sound when struck by the hand.

**METHOD OF CURE.**

THE same medicines which are directed for the Dropsy, are also of service in this disorder.



**VIOLENT PAINS after DELIVERY,**  
see **AFTER-PAINS.**

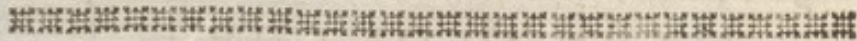


**V O M I T I N G.**

TAKE Mint water one ounce, Lemon-juice half an ounce, a scruple of salt of wormwood, mix them for one dose, to be repeated as occasion may require. MEAD.

ULCER of the LUNGS.

REQUIRES the same treatment as is directed under the article of Consumptions.



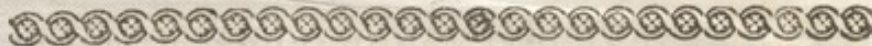
ULCER of the KIDNEYS.

*Signs of.*

FLESHY excrescences are voided by urine. The heat and pain in making water come by intervals, the matter that comes from the kidneys is more plentiful, white and thin, than in an ulcer of the bladder, and is not foetid, the urine looks like milk when first made; but after standing some hours, the matter separates from it, and falls to the bottom.

METHOD OF CURE.

BUTTER-milk not very sour, is extremely beneficial, as is also an emulsion made of Barley-water and sweet Almonds. Chalybeate-waters have been sometimes of service. ARBUTHNOT.



ULCER of the BLADDER.

*Signs of.*

A voiding of stinking matter or blood, and sometimes scales, or a membranous skin along with the urine, and a continual heat and pain in the urinary passages.

METHOD OF CURE.

THE Selters mineral water mixed with milk are excellent, as is also the constant use of Spaw-water.

HOFFMAN.

ULCER

ULCER of the WOMB.

*Signs of.*

A flux of purulent matter, or matter mixt with blood, which is more viscid and fætid, than the Whites, and attended with a fixed pain.

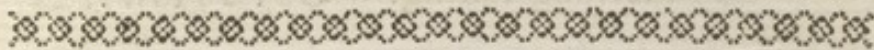
METHOD OF CURE:

AN injection, composed of Barley-water, a pint, and honey of Roses two ounces, must be used to the part affected, by the help of a syringe, several times in a day. You may add a small quantity of tincture of myrrh.      ASTRUC.



WATERY GRIPES in Children.

TAKE half a drachm of Magnesia, and half a drachm of Rhubarb, mix them together, and give the child three or four grains in its pap every morning and evening.      CADOGAN.



W H I T E S.

*Signs of.*

A flux of matter from the womb, attended with a pain and weight in the loins, loss of appetite, pale complexion, difficulty of breathing, a liableness to miscarriage, and a swelling of the eyes and feet.

METHOD OF CURE.

APPLY a large strengthening plaister to the small of the back, and take a quarter of a pint of this decoction, every night and morning: take cow's milk half a pint, and boil in it one handful  
of

of Archangel flowers, and a bit of Cinnamon, strain it for use; in obstinate cases, bathing in the sea, and drinking sea-water, is far preferable to any thing else.

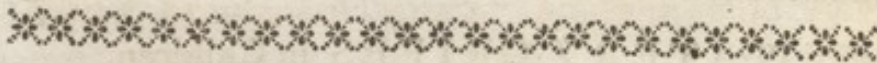
RUSSELL.



### W I N D.

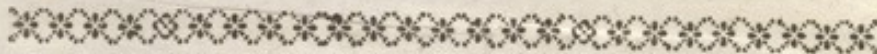
TAKE of the powder of Angelica seeds, Carraway seeds, and Parsley seeds, of each a quarter of an ounce, make them into an electuary with the syrup of Clove Gilliflowers: the dose is the quantity of a nutmeg at discretion.

HOFFMAN.



### WHITE SWELLINGS of the Joints.

ANOINT the part with Barbados tar, before a good fire, two or three times in a day, covering it with a bladder, and drink half a pint of sea-water every morning fasting. GUY'S HOSPITAL.



### WASTING AWAY of Children:

TAKE salt of Tartar, Nitre and Arcanum Duplicatum, of each a quarter of an ounce, Sal Armoniac three drachms, mix them together; a very little of this must be put into the child's drink, according to its age.

HEISTER.

### WORMS.

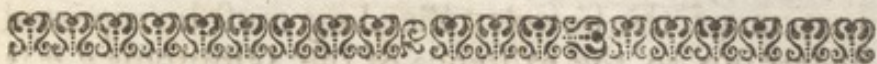
W O R M S.

*Signs of.*

PALENESS of the countenance, itching of the nose, voraciousness, startings, and grinding the teeth in sleep, looseness, stinking breath, hard swelled belly; and sometimes epileptick fits.

METHOD OF CURE.

TAKE burnt Hartshorn, and the best Scammony in powder, of each a quarter of an ounce, Calomel one drachm, powder of Tin a quarter of an ounce, mix them together, and let the child take eight or ten grains according to its age, every other morning, in a tea spoonful of roasted apple. ALSTON.



GREEN WOUNDS.

DRESS them every day with yellow Basilicon spread on fine lint. TURNER.

DIRECTIONS

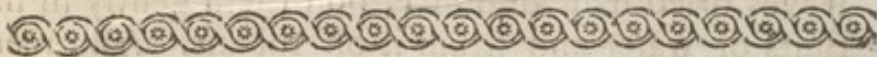
## DIRECTIONS concerning BLEEDING.

THOUGH Bleeding has been directed in many disorders in the course of this work; yet as the improper use of it is attended frequently with the most fatal consequences, it has been judged necessary to bring into one point of view all those cases in which bleeding may be administered with advantage, as well as those in which it is highly prejudicial. In all inflammatory diseases, it should by no means be omitted, as in the Pleurisy, and Peripneumony, during the first days; but so soon as the symptoms of suppuration appear, expectorating medicines are the most proper means from which to expect relief, and the use of the lancet must be totally forbid. In the Apoplexy, Epilepsy, Bloody-flux, and Inflammation of the bowels, Bleeding must be repeated according to the exigence of the symptoms: it is also useful, sometimes to promote suppuration in large abscesses, where nature is too much oppressed by the violence of the inflammation. In Inflammations of the Eyes, Bladder, or Womb, Ischiatick pains, Rheumatisms, Coughs, Head-achs, Quinsseys, Asthmas, Hemorrhages, and Nephritick complaints, Bleeding is of the utmost service: but in every disorder proceeding from a relaxed state of the vessels, and impoverished state of the Blood, attended with a cachectick habit of body, such as Dropsies, Jaundice, Gout, &c. Bleeding must be abstained from with the utmost caution, as it will, instead of relieving, greatly aggravate those distempers.

A P P E N D I X.

A choice receipt to make OPODEDLOCH.

TAKE of Hungary water a pint, Castile soap sliced three ounces, Camphor an ounce, let them stand together in a glass closely stopped, till the Soap and Camphor are entirely dissolved in the Hungary water.



The CLYSTER Decoction.

TAKE of dried Mallow leaves an ounce, Chamomile flowers, and Fennel seeds, of each half an ounce, boil them in a sufficient quantity of water to strain off about half a pint, then add two ounces of sweet Oil and it is fit for use.

G HEARTSHORN-

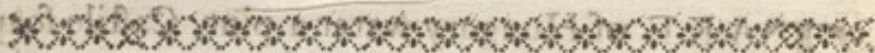
## HARTSHORN-DRINK.

TAKE burnt Hartshorn two ounces, Gum Arabic two drachms, boil them in three pints of water till one pint is wasted away, then strain it and it is fit for use.



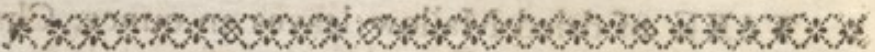
## BARLEY-WATER.

TAKE two ounces of Pearl barley, and wash it well in cold water, then boil it in half a pint of water for a very little while, this water will look reddish, and is to be thrown away, then add four pints of water and boil it away to one half, the remainder is fit for use.



## An Excellent FOMENTATION.

TAKE Southernwood and Wormwood dry'd, and Chamomile flowers, of each an ounce, Bay leaves dried half an ounce, boil them gently in six pints of water and strain it off for use. All green wounds, and old sores, should be fomented with this, every day before they are dressed.



## The Infusion of SENNA.

TAKE three quarters of an ounce of Senna: Cream of Tartar three drachms, Carraway seeds bruised two drachms; boil the cream of Tartar in half a pint of water till it is dissolved, then pour the boiling water upon the rest of the ingredients, and

and let it stand until it is cold, then strain it off,  
and it is fit for use.



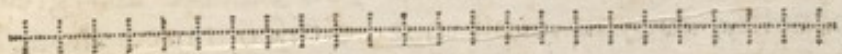
A PURGING DRAUGHT.

TAKE of the infusion of Senna as above directed, two ounces, syrup of Buckthorn one ounce, mix them together for one dose, which may be taken in the morning fasting, three times in a week, and as it is a safe and sure purge, it may be taken in all cases where purging is proper.



A dose of Cooling Physick.

TAKE Glauber's salts an ounce, Manna half an ounce, dissolve them in a little boiling water for one dose, to be taken as often as occasion requires.



H I E R A P I C R A.

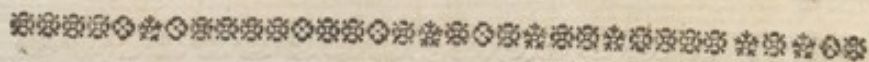
TAKE of Sucotrine aloes finely powdered, a quarter of a pound, Winter's bark finely powder'd, three quarters of an ounce, mix them together.



Tincture of H I E R A P I C R A.

STEEP an ounce of Hiera Picra, made as above directed, in a pint of Mountain wine, for a

week or ten days, by which time it will be fit for use.



Duke of PORTLAND's GOUT POWDER.

TAKE of Round Birthwort root and Gentian root, of the tops and leaves of Germander, Ground Pine, and Centaury: Take of all these well dried, powdered, and sifted as fine as possible, an equal quantity; mix them well together, and take one drachm of this mixed powder every morning fasting, in a cup of wine and water, broth, tea, or any other vehicle you like best; keep fasting an hour and an half after it, continue this for three months without interruption, then diminish the dose to three quarters of a drachm, for three months longer, then to half a drachm for six months more, taking it regularly every morning if possible. After the first year, it will be sufficient to take half a drachm every other day.

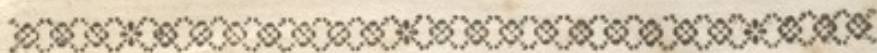
As this Medicine operates insensibly, it will take perhaps two years before you receive any great benefit; so you must not be discouraged though you do not perceive at first any great amendment, it works slow but sure: it doth not confine the patient to any particular diet, so one lives soberly, and abstains from those meats and liquors that have always been accounted pernicious in the Gout, as Champaign, Drams, high sauces, &c.

*N. B.* In the Rheumatism, that is only accidental and habitual, a few of the drachm doses may do; but if habitual, or that has been of long duration, then you may take it as for the Gout: The remedy requires patience, as it operates but slow in both distempers.

A warm

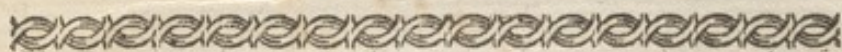
A Warm Purge, proper to be given in the  
P A L S Y and A P O P L E X Y.

T A K E tincture of Hiera Picra two ounces,  
fyrup of Buckthorn three quarters of an ounce,  
Lavender drops a quarter of an ounce ; mix them  
together for one dose, which may be given in the  
morning fasting, twice a week, or as often as oc-  
casion may require.



D A F F Y's E L I X I R.

T A K E Raisins stoned four ounces, Senna  
three ounces, Carraway-seeds bruised one ounce,  
steep these ingredients in a quart of Brandy, for  
three weeks or a month, then strain it off for use,  
and keep it in a bottle close stopped.



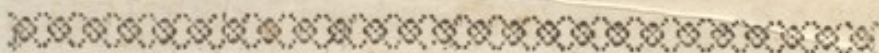
W H I T E D I A C H Y L O N Plaister.

T A K E Litharge finely powdered a pound  
and a quarter, Sweet-oil a quart, boil them toge-  
ther with a quart of water, till they are thorough-  
ly mixed, and are of a proper consistence for a  
plaister, and look quite white, if the water should  
be entirely wasted away, you must add some more  
to prevent its turning black.

DIACHLYON

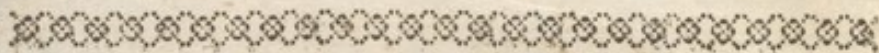
## DIACHYLON with the Gums.

TAKE three quarters of a pound of white Diachylon, two ounces of strained Galbanum, Turpentine and Frankincense, of each three quarters of an ounce; melt them together over a slow fire.



An excellent STRENGTHNING  
Plaster, see page 30 and 32.

TAKE white Diachylon half a pound, Frankincense two ounces, and Dragon's Blood three quarters of an ounce; melt the Diachylon over a slow fire, and then add the other ingredients finely powdered, and mix them well together, by stirring them continually till the plaster is quite cold.



## Ointment of ELDER.

IS made, by boiling the young leaves of Elder in Mutton-fuet, till they are quite crisp, and the fuet is of a deep green colour.

SPERMA

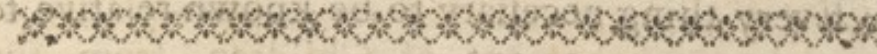
SPERMA CETI Ointment.

TAKE a quarter of a pint of the best Sallad-oil, a quarter of a pound of white Wax, and half an ounce of Sperma Ceti ; melt these ingredients together, over a gentle fire, and keep them continually stirring, until the ointment is quite cold.



Ointment of MARSHMALLOWS.

TAKE half a pound of Marshmallow-roots, of Linseeds and Fænugreek-seeds, each three ounces, bruise them, and boil them half an hour gently, in a quart of water, then add two quarts of sweet Oil, and boil them together, till the water is quite wasted away, then strain off the oil, and add to the oil a pound of Bees-wax, half a pound of yellow Rozin, and two ounces of common Turpentine ; melt them together over a slow fire, and keep them continually stirring, till the ointment is cold.



TURNER'S CERATE, see the article  
Of BURNS and SCALDS.

Yellow

## Yellow B A S I L I C O N.

TAKE sweet Oil a quarter of a pint, Bees-wax, yellow Rozin, and Burgundy pitch, of each a quarter of a pound, Venice Turpentine three quarters of an ounce; mix them together over a slow fire.

F I N I S,



*In a few Days will be Published, [ Price 1s. 6d. ]*

Written by the AUTHOR of this Pamphlet:

**The Young W I F E ' s G U I D E.**

CONTAINING,

Every thing necessary to be known relative to the management of Children, from the time of their Birth to the Age of Seven Years; with a plain and full account of every Disorder to which Infants are subject, and a collection of efficacious Remedies suited to every Disease.

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10  
To make Saline Draught  
New Dispensatory  
Salt of Wormwood  $\frac{1}{2}$  a Dram  
Lemon Juice 6 Drams  
Simple Cinnamon water 1 ounce fine  
Sugar one Scruple

## Receipts.

Receipt for the Collick or Gravel had from Ft. Cholmley Esq  
 Take of the Best Genna Three Ounces, Illicompany roots  
 Anniseeds, Coriander Seeds, Guaiacum wood of Each Two Ounces  
 put to these Three Quarts and a Pint of Brandy, let them  
 infuse four days, stir them sometimes, then strain the  
 liquor through a flannel for use. The dose is 3 or 4 Spoonfulls

2

Mrs Wentworths receipt to make Surfeit Water had from Ft. C  
 Take Brandy one Gallon. Poppus one Peck Licorice  
 two Ounces, Anniseeds two Ounces, Raisins Stoned one  
 pound, Figs one pound, Manigold flowers one Quart  
 Scutehonal two Drhams, Saffron two Drhams; Mint  
 Balm, sweet marjoram of each a handfull, put these  
 to the Brandy, stir it well every day, let it stand in  
 a cool place 10 days, then strain it for use

3.

Colonel Lascelles receipt to make Tincture of Rhubarbe  
 Infuse half an ounce of Rhubarbe thin sliced, and  
 a Drham of Cardamums, in a quart of Rum 24 hours  
 set your Rum on fire, and lay over it Tobacco pipes  
 on which put some Loaf Sugar (which will depolae as  
 the Rum burns.

¶ The Rum is to burn up till it goes out

Receipt for the Flux published by Authority in Denmark  
 Take the back bone of a Pigg, burnt to a coal and  
 powdered to a fine powder, put a spoonfull of it to a  
 Pint of Milk, if to be got, otherwise water, boil it till  
 reduced to half a Pint, put a small quantity of flowers  
 to bring it to a consistence, a Glas of Cant or any other Wine  
 sweeten it with a little brown sugar left, which give 2 Spoonfulls  
 every four hours to the Patient till you see an alteration for the  
 better. ¶ White Sugar, must be better than brown

5  
Receipt for the Stone or Gravel

Take a Hens Egg put it into a Glap with as much Juice of fresh Lemons strained as will cover it, which will be about half a Pint, when the Shell is dissolved, which it will be in about 25 hours pour of the Juice; Take a Common spoon full of it every morning fasting, as long as that quantity lasts.

It operates by Urine in great quantity and it will bring away Gravel & Stones as large as pepper Corns

6  
Receipt for an Aque

Take one Drham of the powder of Snake root one ounce of Bark, one Drham of Salt of Wormwood a Drham of Salt of Steel a Drham of Diacordium to be made into an Electuary with Sirup of Cloves

7.  
Mr. Jewords receipt for an Aque

Two drhams of Salt of Wormwood to be divided into Six doses, and taken night and morning, till done and mixed with a little Wine and Water

8.  
Mr. Lascelles' Receipt for an Aque

Take one Drham of Bark, half a Drham of Venice Treacle, half a Lemon Squeezed, with a Glap of White wine To be taken after the fitt is gone off going to bed, NB. a Vomit is to be first taken

9  
Receipt for an Aque

Take in Bed an hour and a half before the fitt comes on Twenty grains of Oyster shell powder in a Table spoon full of Spring water, and Immediately after three large Spoon fulls of the best White Wine vinegar, and cover yourself.

Warm to Sweat, and take care you do not catch Cold; *NB.* be sure the Vinagar is very good as on that the Efficacy of the medicine will depend; In a common case, three times taking will do, and a more Inveterate one 4 or 5 times the most Inveterate one Six times

10

Receipt for the Ague

Take one large Nutmeg double the Weight of Roach Allum, half an ounce of Ginger powdered and put with the nutmeg and roach Allum, sift all together through a Lawn sieve then divide them into three equal papers, and give one an hour before the fit comes on in a Gill of Warm Ale or what the party can drink, keep walking about as much as they are able and keep warm

11  
Receipt for Phisick

Take one Third of an ounce of Senna as much Gallap as will lay on a Sixpence put to this Three Quarters of a Pint of Cold Water let it boil gently till two Thirds are boiled away then strain it and put to it some raw Ginger *or* Nutmeg grated and a Spoon full of White wine

12

Mr Thomhills Receipt for Phisick

Take half an ounce of the leaves of Senna infused for three or four days in a Pint of hott Water Then add to it an ounce of Manna and strain it of This will make five or six Doses

13

a Purging Potion - *S<sup>r</sup> Edmunds Andersson*  
Three ounces of Senna (the Infusion) 6 Drhams of Manna  
half a Drham of Cream of Tartar and 1 Drham of Tincture  
of Senna

14

Receipt for a Pultice for a sore Throat trad  
from Mr Lester 1754

Take of soft Soap Honey, Bole & Album  
grecum of each equal Quantities, let them be  
beat together in a Marble Mortar or Stone one  
with as much Vinegar as will make it into  
a Pultice, which is to be spread upon a double  
Cloth and Applied to the Throat, with a  
Flannel over it -

15

Receipt for a Pleurise D Dealtry

Take two Ounces of Nitre  $\frac{1}{2}$  an Ounce of  
Rhubarb, take half a Disham twice a day

16

Receipt for feavour powder. S<sup>r</sup> Col Anderson  
Contrayerva 10 Grains Nitre 8 Grains, Snake  
root 10 Grains. Mix it with Mint or Milk  
water, & take 3 or 4 Spoonfulls every four  
hours, also a Blisters on the Back -

17

Receipt for Chalk Talip for the Heartburn

Take of the whitest Chalk prepared one  
ounce Double refined Sugar Six Dishams  
Gum Arrabech two dishams, Water one quart  
Mix them all together

18

Receipt to make Saline Draughts. S<sup>r</sup> C. An

Take of Salt of Wormwood two Dishams  
Juice of Lemon three ounces, Mix the Salt  
of Wormwood and Juice of Lemon together  
in a Bason let it ferment till the Salt is  
quite killed, When the fermentation is quite

subside put to it ʒ ounces of either small  
Cinnamon Water (or either Milk or Mint Water  
with a small quantity of Poppy Surfeit Water)  
and mix it all together, & in case of a fever  
give four Spoonfulls of it every four hours, untill  
the fever Intermitts; *M.B.* One of your Table  
spoonfulls; If you have not an ounce measure  
In a general way Six Large Spoonfulls answers to  
three ounces; You must put one of these different  
Liquors to mix it in, but any of them will do, the  
small quantity of Surfeit Water is to be added  
when you mix it in either Milk or Mint water  
especially if the Patient has any seaching  
to vomit

## 19

## Receipt for a Cough

One ounce of Oil of Sweet Almonds Two  
ounces of Syrup of Balsom Six ounces of Milk  
water and two drachms of Salvolatile mix all  
these very well together and take a Spoonfull or  
two whenever the Cough is troublesome

## 20

## Receipt for the Rheumatism

To a pound of White mustard seed  
unbruised put a Bottle of White wine and  
rubb the part affected two or three times a day  
It should stand a day or two on the Seeds of  
longer if you choose

## 21

## Receipt for the Worms

A Quarter of an ounce of *Thera piera* powder  
made into Pills five Grains in a Pill Take

Three or four Pills every morning for a  
grown person, for a Child five grains of the  
powder in what the Child will take best  
for three mornings then rest according to  
its Operation,

22

Rec<sup>t</sup> for a Cough Mrs Anderson  
a Quarter of a pound of Raisins Conserve  
of Roses & Sugar Candy of each two ounces  
forty Drops of Spirit of Vitriol and forty  
drops of Sulphur chop it all together &  
take it when the Cough is troublesome

23

Receipt for a Consumption or Cough  
Take of Comfrey Root half a pound a  
pound of Sugar Candy and a Quart of  
Water, let it boil gently together till it  
is reduced to a Pint, When take a large  
Spoonfull of it in a Gill of New Milk warm  
from the Cow in a morning fasting, & let it  
be an hour before you eat any thing after  
it, It should be continued till the Patient  
is cured.

24

Receipt for a Consumption -  
Take half a Pint of Old Milk & boil it  
then let it stand till about Blood warm  
then add to it a Tea spoonfull of Brandy.  
if it has not been a person that drunk freely  
if otherwise a Meat spoonfull to be taken in  
the morning fasting and once or twice a day besides  
garlic and many N-C —

25

Rp an Excellent Gargle for a Sore Throat  
(an Ulcerated one)

Barley Water with Syrup of Malberries.  
and Spirit of Vitriol, let it be like warm  
and Gargle very often.

26

Ap The Beggars Cordial 1<sup>o</sup> Ed. And:  
Fill the Cells of Strong Bees or Wine not a  
very strong Spirit. Then Stett it with Mint  
Cordus. Wormwood. Rue, Baum Sage  
angelico & sweeten it with Syrup of  
Poppies

27

A Plaster for a Sore Throat Do

A Quarter of a pound of Mutton Suet taken  
from the Kidney, Three ounces of Unsalted  
Butter, four ounces of Rosin one ounce and  
a half of Yellow Beeswax, cut the Mutton  
Suet in small peeces, put it into a ~~tin~~ pan  
clay (earthen) melt it down upon a slow  
fire. Then strain it of to clear from the skin  
put it again into a pan with the Butter and  
stir it about, till it is melted, and well  
incorporated together then pour it of in to  
Gallipots for use. To use it you must spread  
it pretty thin on a linnen ragg, about three  
Inches Wide and long enough to reach from  
Ear to Ear. Put over it flannels. You may change  
the Plaster in Twenty four hours. Two or three

of the Plaster, will quite cure it often  
 one, It will to some people raise heats  
 and little Blisters round the throat which  
 is a sure Sign it takes Effect

It is likewise good for an outward-  
 sore

28

Receipt for the Piles by Mercurius

Take a fortherg worth of Gum Senabek  
 & dissolve it in four Spoonfulls of Rose  
 Water put to it a large Spoonfull of  
 Flower of Brimstone and as much brown  
 sugar and take a Teaspoonfull of it  
 night and morning

29

Receipt to make Pomme de Divine

Take Beef Marrow one pound and  
 half well picked from the Bones and  
 Filaments, for those must not be left  
 Then put it into a China or Earthen  
 vessel full of Springwater, which change  
 twice a day for ten days, drain it and let  
 it then be Twenty four hours in a Pint  
 of Rose Water then put it in a thin  
 cloth, to drain as much as it can, The add  
 one ounce of Storax, one Dittle of Benjamin  
 one dittle of Cyprus, sweetened one dittle of  
 Oms of Florence, half an ounce of Cinnamon  
 two Drhams, of Cloves, Two Drhams of Nutmegs

All these to be finely powdered, & extremely well mixed, with the Marrow, Then put it into, a Pewter Vessel that is made for it, and when it is shut as close as it can, cover the Vessel with a fine cloth, and make a paste of flour and white of Eggs, and put it round with another cloth over it that nothing may evaporate then put two Sticks through the handles as small as will bear the Weight of the Vessel to Suspend it, in a Copper of boiling water ready to keep that in the Copper constantly to the same height, Take care the pewter Vessel touches nothing but the two Sticks, it is suspended on, then pour all into a Cloth (I think Muslin is the best, it being the thinnest) let it run into the Potts you design to keep it in but do not cover them, till they are absolutely cold which will be in two days, It should never be touched but with Silver, it will keep forever and is rather better for time.

#### The Virtue of its Use

It is a good Gangreen, melt a little into the Wound, without putting in any Lint, for pains in the Stomach, Let it be rubbed before the Fire, It is good for all sorts of pains, swellings or bruises and to prevent the Ulc, they may produce as Cancers &c. for which it is almost infallible Lesse broke It prevents Fistulas, and cures the Piles and King, Evil swellings, It is good for Rheumatick pains, as well as for the Gout, but that pain must be endured some days before you

you use it, The Pewter Vessel must be like a Pitcher with a Cover to shut down close with two handles to put in something to suspend it in the Copper.

It is very useful for people that are about Children to have it always about them, as the Immediate Application for any knock or fall prevents the usual consequences attending it.

30

Receipt for a fresh Thain

Soft Soap and Salt boiled in Water very strong, dip a flannel into it and apply it as hott as you can bear it several times

31

Receipt For a Pleurisie of the Lungs

Take two Ounces of Nitre  $\frac{1}{2}$  an Ounce of Rhubarb take half a Disham twice a day

32

Fever powders

Contrayerva 10 Grains Nitre 8 Grains; Snake root 10 Grains. Mix it in Mint or Milk water and, take 3 or 4 Spoonfulls every four hours also a Blister on the Back

33

Chalk Talip for the Heartburn

Take the Whites of Chalk prepared One Ounce Double refined Sugar Six Dishams, Gum Arabic two Dishams, Water one Quart mix them together

34  
The Volatile Tincture of Valerian

Miss Anderson

62.

Put one ounce of the powder of Valerian root into half a Pint of sal volatile and to stand 10 days, & then strain it off.

Take a Tea Spoonfull in a cup of cold Rye Tea every morning & Evening & at any other time of the day in Wine and water.

35

Doctor Gouges Water to cure a Green Wound

Spirits of Wine two pints Camphire one ounce Alum a quarter of an ounce, both depolared in the spirit.

36

The Beggons Cordial J. B. Anderson

Stitt the Lees of Strong Beer or Wine not a very strong spiritt, Then stitt it with Mint Cardus Wormwood, Rue Baum, Sage, Angelica & sweeten with Syrup of Poppies

37

Generals Lascelles Receipt for a Jaundice

Take the White of a new laid Egg beat up and mixed with Spring Water at night and morning

38

Generals Lascelles Receipt to make Balm Drops

Balsom of Peru one ounce, Storax Calamita two ounces, Benjamin three ounces Succotone Aloes, Myrrh, Olibanum, Angelica root, St. Johns Wort of each an ounce, Double

rectified Spiritts of Wine two  
pounds, let all these be well pounded  
together, and put into a large mouthed  
Glas or Stone Bottle, stoped close and  
kept in an agreeable heat for six  
weeks, shaking it well once or twice  
a day, then you may strain it off -  
but it will be clear if you only pour  
it off after it has stood without shaking

39

Receipt for the Teeth Mrs Price

$\frac{1}{2}$  <sup>oz.</sup> of Bol. Arman

$\frac{1}{4}$  of Myrrh

$\frac{1}{2}$  a Dram of Allam

$\frac{1}{2}$  an ounce of Hungary Water

1 ounce of Honey of Roses - mix them  
together into an Electuary -

To wash the mouth. mix a little of the  
about Electuary in some Red Wine

40

Doctor Daws for a Strain.

Take 12 Ounces of Elder Flour water  
12 Ounces of Camphorated Spiritts. Of  
Verguice 2 Ounces. Sugar of Lead 2 Drams  
mix all together with Six Drams of  
Spirit of Lavender -

41

Receipt for the Ague <sup>Mrs Thornhill</sup> ~~arrumatus~~  
Take as much ~~Bala~~ <sup>arrumatus</sup> ~~mentis~~ <sup>powdery</sup>  
powdery, as will lay upon a Shilling  
in any liquid about 2 hours before you  
expect the fitt and go to bed and sweat  
plentifully

Lady Andersons receipt for a sore breast  
after laying in —

A Pound of Mutton Suet halfa —  
pound of Rosin, and halfa Pint of  
Sallad Oyl; Cut the Suet small and set  
it over the Fire & Clean it as well as you  
can; then clear it in to a clean saucepan  
put in you Oyl & Rosin and boile it till  
the Scum falls and it begins to Smoak  
then put it into a Pan skion & let it  
stand to cool, a little, then beat it up  
till it is quite Cold, & very white, when  
you use it make it quite hott & dip a  
Cloth in ~~it~~, steam it over the Breasts  
& lay it on as hott as it well can be  
to burn twice a day, it must not be  
left of till the breast is quite free from  
any hardness, & if the breast should break  
it will heal it again, even if there  
should be large holes, without any  
Tont being put into them —

Receipt to Cure a Cancer

Take a live Toad, a field one better than a garden  
put it into a thin piece of Muslin, and set it  
to the part where it will suck till it drops off &  
immediately it dies, then apply another the  
same and so on, till they will suck no more —

many have been cured by the above  
 receipt and some after being given  
 over by the Physicians & is believed will  
 certainly answer, if it has not got to the  
 hold of the Bone

44

Mr Ranby's Receipt for Miretica

Rhubarb 4 Ounces sliced very thin  
 Lenna one ounce Raisins one pound and  
 quarter stoned and shred very small  
 Coriander seeds one ounce half an ounce of  
 Anniseeds, half an ounce of Saffron, an ounce  
 of Licquice, scraped and pulled into small  
 peices, the seeds must be pounded small  
 & the Saffron pulled into Threads, Infuse these  
 Ingredients in one Gallon of Brandy, shake  
 the Bottle every day for a fortnight; Then  
 strain it for use, Put 2 Quarts more of  
 Brandy, to these Ingredients, when the  
 first is strained off & let it stand a  
 Month, this will be near as good as the  
 first; half an ounce of Cochineal  
 One Table Spoonfull at Night and Two  
 in the Morning

45

Receipt for a Burn

Take the white of an Egg and lay it to  
 the worst Burn

46

Morgan's Receipt for a Beon

Take 3 Potatoes raw scrape them, and let them  
 stand to drain, then take 3 spoonfulls of Oyl a piece  
 of Beon wax the size of a small Walnut melt the Oyl &  
 wax then add the Juice of the Potatoes and keep stirring  
 it till cold

47  
Receipt for the Rheumatism

Take 30 Drops of Balm Drops upon a Lump of Sugar at Night going to Bed, and the same quantity in the morning, and continue it till you find it cures you

48

Receipt for the Ague Mrs Willoughby  
40 Grains of Calamus Aromaticus & Six Grains of Roach Alum, to be taken in any Liqueur every 3 or 4 hours when the fit is off. If you have the Calamus in 4 Root dry it before the Fire & grate it it is much Stronger than when you buy it ready grated. First before the fit is expected a Vomitt of Camomile Flowers shall be taken, & then as soon as the fit is over begin with one of the Powders and continue them every 3 or 4 hours till he finds it coming on again, and you omit them till it is over. If it does not abate after 2 or 3 Fits he should repeat the Vomitt. If the Powders make him sweat he should lay in Bed, or only keep warm by the Fire if he does not sweat.

49

Receipt to make white Wine Whey  
A Pint of Milk half a Pint of Water half a Pint of white Wine to be boiled together and then strained lower it with Boiling Water to the strength you choose it

50

A Gargle for sore throats Mr Richards  
Take strong Sage Tea Red Wine and Vinegar equall Quantities mixed together

51

To stew Prunes with Senna  
Take a Quarter of an Ounce of the leaves of Senna put in ten a musling Ragg which throw into the liquor and boil along with the Prunes till done then squeeze the Senna ragg

Receipt for Worm powder from  
The Red Mr Deastry —

Leaves of Senna leaves of Rue Wormseed  
and Anniseeds, of each one ~~Drachm~~ Dram  
Rhubarb half a ~~Dram~~ Dram. Powder all  
fine and mix them, Give to a Child of two  
Years Old, as much as will lye upon a  
Sixpence, of Eight Years Old, as much as  
will lye upon a half penny. of the  
Ages between in proportion

For the Worms and most other distempers  
of Children —

Give it six or seven mornings with  
Sugar Honey or treacle & water, then omit  
a week & repeat it a week more —

Receipt for the Rheumatism do  
Equal Quantities of Gum Ammoniacum  
& Garlic crushed together. Take about  
the size of your business and going to bed  
if the first dose does not take at if take  
a second —

Receipt 54  
Vinegar of the four Thieves, an Experienced  
preservative from Infection —

Take the Green Tops of both Wormwood  
Rosemary, Sage, Mint & Rue of each an Ounce  
and half lavender Flowers dried 2 Ounces  
Garlick Galamus aromaticus Cinnamon Clove  
& Nutmegs of each two Drachms Vinegar  
Three Pints, Put all these Ingredients into a  
Mortar well duted & digest them in the

sunshine or a Suddheat tuctue days then Prep  
strain & Philtre them and add 2 Drachms of  
Camphor dissolved in Spiritte of Wine

The Method of using it is to Snuff it  
hard up the Nostrils, rub the Temples & the  
dip

55

Receipt for a Cold —

Take the Juice of Two Lemons and put into it one  
Egge which after a day or two it will depolere the shell  
off then take out the Egge and add to the Liqueur  
a Quarter of a pound of white Sugars Candy  
powdered, mix them together then add a Small  
Glas of good Brandy to it

56

Receipt for Physick for a Child  
Mr. Jubb

Take Manna 2 Drams dissolve it  
in simple mint Water & common  
Water each one spoonfull, strain  
it & add powdered Rhubarb 5 grains  
mix & take it in the Morning

57

Alderman Shelton's Receipt for the Piles

15 Grains of Camphire  
25 Drops of Spirit of Nitre Dulcis  
20 Grains of Rhubarb for a Dose every Six hours  
at 11 a Clock in the morning and 4 in the afternoon

A good Strengthening Drink very good for the Hooping Cough

- 1 Ounce of Hartshorn shavings
- 1 Ounce of Pearl Barley
- a piece of Camphire root better then half a quarter long, washed Scraped and cut in slices like a Carrot, 10 Common Garden-Snails let them be washed and the Shells just cracked, put all these into 3 pints of soft water & let it boile till one is wasted, strain it through a clean Sieve into a Stone Bason & keep it for use in a cool place;

You are to take of this one Quarter of a Pint warmed & put to it the same quantity of new Milk, with a little Sugar, it must be drunk fasting in the morning & ofe in the afternoon just as warm as new Milk from the Cow, It should be at least continued for a month

a Receipt for the Ague for the Old & Barren  
 Take the outermost Shell of Cowle Orange dry them by the fire & powder them very fine Give the Patient three times a day as much as a good Spoon for a Spoon up down  
 a Cold Cough this half that quantity will cure in 3 days

A Good Strengthening Drink Doctor Fothergill

- 1 Calfs foot to be made half at a time
  - 1 Quart of Milk in the same manner
  - 2 Quarts of water 2 Ounces of Sugar candy
  - 1 Stick of Cinomon to be baked for about an hour & a half the Scum taken of & kept for use
- o Coffee cup of this Jelly may be given frequently with a tea spoonfull of Brandy

To make sea water offer Doctor Fothergill.  
 One quarter of a pound of Bay salt to a gallon of water when it begins to smelt take half of it out & fill it up again

61

Receipt for the Worms

a Quarter of an Ounce of Worm seed

Ditto 1/2 of Senna

Ditto 1/2 of Burnt hartshorn

Ditto 1/2 of Rhubarb

all finely powdered, for a Child as much as will lay up a Six pence

173 Pick the Stalks from the Senna

62

For the Rheumatism

a Quarter of a pound of the best Guaiacum powdered and sifted, put to it a Pint of the Best French Brandy & set it in a warm place for 9 days, shaking it every day & then pour it off into a clean Bottle, which must be quite dry Take a Spoonfull of this and a Tea spoonfull of Spirit of Hartshorn in warm water Night and morning

63

Drops to cure Colds or Cough

Take of Honey 4 Ounces Flavour of Benjamin 1 Drachm Camphire 2 Scruples Oyl of Aniseeds 1/2 a drachm Salt of Tartar 1 Ounce Rectified Spirits of Wine 1 Quart digest all these together for a fortnight shaking the Bottle every day then pour it off for use

The Dose for Children is from 5 to 20 drops into a little water for any cough especially the whooping cough Given by Doct<sup>r</sup> Johnsons order for a grown up person from 20 to 100 drops at going to bed a few drops of Sal. Volatile added to each dose will make the Medicine more effectual

64

A Strengthening Drink

Take Sheeps Trotters put to them 4 Quarts of Water and boil them slowly till half the water is consumed then strain it & as you use it put 1/2 of Milk Caild, sweeten it to your taste you put half an Ounce of Dingelops in it when you boil it drink half a Pint morning & evening for 2 or 3 Months

65  
a Strengthening Drink.

Take a Neats foot & boil it in a Quart of Milk  
to a Pint sweeten it as you like it & drink a  
Quart of a Pint Morning & Evening

66  
For heat in the Blood

Take Oyster shells wash and dry them in an oven  
till they are whited & well beat then put them into a  
well glazed pot & to every pound of Powder pour  
to it a Gallon of boiling water stir it till it is cold  
then let it clear then pour the clear of as you use it  
drink half a Pint of it at a time Morning or Noon  
at 6 a clock or oftener if you please it comes to the  
sharpness of the Blood & is esteemed equal to any  
Pearl medicine

## 67

## For the Gravell not to be prevented

Take a Quart of Blue Milk boil it and when it  
boils pour into it half a Pint of White Wine for the  
hotter you put your Wine to it the tougher will be the  
Curd & the clearer the Whey then take out the Curd  
& dissolve into the Whey the lignep of a Walnutt  
of Castile Soap drink it warm & will bring the  
Gravel away more then can be thought of & gives  
you Ease in a few Minutes

## 68

## For the Worms Doctor Hall

Wormseed 2 Ounces Senna Rhubarb & Cream  
of Tartar each one Ounce Coriander seeds and  
Burnt Hartshorn of each half a Drachm all  
finely powdered mix them all well together to  
a Child of 2 years old give 12 Grains to a Child  
of 3 years old give 20 Grains to a Child of 7 years  
old give 35 Grains

Receipt for a Purging  
Gale obstructing and lay it by the Fire till all the Oil is evaporated then let  
the Patient have some of it 4 or 5 times in every thing sweet & drink

Doctor Meads receipt for the bite of a Mad  
dog

Take one Drachm of Ash coloured Livers wort  
& Drachm of Common pepper in a Pint of warm  
Milk, Repeat it for 9 or 12 days successively in the  
morning using a Cold Bath at the same time  
this prescription to be given before the Symptoms  
appear

70

Receipt for the Bite of a Mad dog said to  
be infallible

Take the leaves of Rue picked from the stalks  
& bruised 6 Ounces Garlic picked from the  
stalks & bruised Venice Treacle or Mithridate  
& the scrapings of pewter each 4 Ounces Boil all  
these over a slow fire in two Quarts of Strong Ale  
till one Pint is consumed then bottle it close &  
give of it 9 Spoonfulls to a Man or Woman 7  
Mornings together fasting & 6 Spoonfulls to  
a Dog

71

An Excellent Plaister for a Sprain

Take 2 pound 4 Ounces of Olive oil Red  
Lead & White lead of each one pound well beaten  
& sifted 12 Ounces of Spanish Soap  
incorporated all well together in an Earthen pott  
well glazed, put them to boil & when are well  
incorporated by constant stirring that the Soap  
comes upwards, put it on a small fire for the  
space of an hour and a half, still stirring it with  
an Iron Ball at the end of a stick then make the  
Fire somewhat bigger untill the Redness is  
Turned into a Grey colour the colour of bybe  
somewhat darker then drop a little on a Wooden  
Trencher & when Cold if it does not cleave to the  
fingers it is enough then make it into Rolls with oiled  
hands, but your paper you put it into & if will keep you  
when used it must be spread upon Lamb Skin leather on the flesh

An Approved Receipt for the Rheumatisme  
 Take 5 Ounces of Stone Brimston reduce it to a  
 fine powder divide it into 14 Equal parts -  
 take one part every morning in Spring Water  
 continue it as you find it proper

Receipt for a Strain

Take a Pint or a Quart of Ale & put it into  
 a Vessell but done Ale it be quite full then  
 put that Vessell into another with water &  
 let it be boiled on a slow Fire till it  
 comes to a saue & then spread it on a soft  
 white leather and put it on the part the  
 same as you would a Burgomy Pitchplaester

A Good Receipt for a Cold

One Pint of White wine Vinegar  
 $\frac{1}{4}$  of a pound of coarse sugar  $\frac{1}{4}$  of a pound of  
 Sugar Candy & Cloves of Garlick all these  
 boiled together on a slow fire till it comes  
 to be about as thick as Gum arab Jelly then  
 take out the Garlick, one Teaspoonfull to be  
 taken in the Evening & another in the morning  
 & at any time besides when the Cough is cold  
 or troublesome

Receipt for the Hooping Cough

1 Ounce of Spirits of Hartshorn  
 1 Ounce of Oil of Amber

Shake them together & rub the Palms  
 of the hands and Soles of the feet and Pitt  
 of the Stomach Night & morning

## Receipts

Receipt to make Oat Ale had from Mr Oldfield 1753

Take one Bushell and a half of Malt one peck of Wheat, one Peck of Oats, let the Oats and Wheat be well cleaned, and mixt with the Malt, and put through the Mill together, then Mash as usual for Beer, one pound of Superfine Hops, These quantities will do for a Hogshead; as soon as its fine in the Cask Bottle it but not before it is fine, It will not keep long in the Cask but in Bottles seven years

2.

Mr John Wilmer Receipt to make Birch Wine Unboiled

To every Gallon of Birch Water put three pound of Sugar and some light Yeast; Stir them together two or three days, twice a day, and Tan it into a clean dry Barrel, and let it work about a fortnight and when you Tan it. To every Gallon of Water put half a pound of Malaga Raisins, broke into two and put them into the Barrel before you put the Wine in, Clay it up close and let it stand half a year at least, If you can let it stand a year the better

3

To make Sugar and Water Vinegar Mr Noble  
To a Gallon of Water put in one pound of the coarsest sugar mix them well boil it on

hour And Stir it clean; When almost Cold spread a Toast of Bread with Yeast of both sides and pat to it; And when it rises with a white head Turn it; Set it in the Sun till it grows sour Cover the Bung hole with a Tile, the longer it is kept the better, Let it stand a year before you use it you may adob a little more Sugar and it will be sour

NB Sometimes have put in a few Cowslip flowers, which gives it a pretty flavour But it will be sour enough in 3 or 4 Months if it is set in a place, where it has a very Hot Sun

4  
To make Imperial a Sour for Punch

Put two Ounces of Cream of Tartar to two Gallons of Water and a pound of Loaf Sugar, Boil it a Quarter of an hour, and pour it upon the yellow rind of three Lemons and when Cold bottle it for use

5  
Receipt to take the Impressions of Seals or Medals.

Put  $\frac{1}{4}$  of an ounce of Isinglass into  $\frac{1}{2}$  a Pint of Water and Boil a third of it away at least, Take an  $\frac{1}{8}$  of an ounce of Vermillion and mix it with a teaspoonfull of Boiling Water, in a

Teacup So that the Particles may be <sup>75</sup>  
all broke, then strain the Water with the  
Sringlapp, and Vermillion through a Ragg  
into a Bason let it stand about 25  
Minutes or more that it may be cold  
but not congealed, And then Cover  
the Medals or Seals, with it first putting  
them as level as possible and then  
covering the lower parts first, and when the  
water on the lower parts is Jellied a little  
cover the relief part, till it is all equally  
covered, You put the Composition on the  
Medal with a Tea spoon, and trace it  
about with a Pen, it will come off in  
two or three days, when it is quite dry by  
loosening the Edges with a Pin

If the Composition Congeals too soon  
then put the Bason it is in into warm  
Water &c

### 6 Lady Andersons Receipt to fatten a Calf

Let the Calf be laid dry upon clean  
straw every day, laid upon the Old, & cooped  
up in a little room but not steepling, where  
the Sun comes, his Bed should be raised a  
foot from the ground hollowed with bundles  
so that the Urine may pass away, at the  
same time taking care the Calf does

not get to the ground, or wall to lick it, but hang up a Chalk Stone for it to lick; for the first fortnight it must not drink as much as it will - only enough to keep it alive & well - after that let it Blood & increase its quantity of Milk till its 3 weeks old when you are to dose him, with a Pill night and morning, made up of Anniseed water & Chalk, the Pill - must be the size and length of a Mans Thumb, made up at the time you use it, or it will be too dry, it - sometimes abates their Appetite for Milk notwithstanding, which they will grow fatter, The last fortnight while he is taking the Pills, for it is best not to keep it longer than five weeks, it must be Bled a Second third or fourth time, in the last three weeks - never less than three times. ~

7.  
 Receipt of Mr Tho Craft to make  
 Shrubb  
 Half a Chest of Seville Oranges Nine  
 Gallons of Rum Twelve pound of the  
 finest Loaf Sugar  
 Take out of the Chest two Dozen

77

Oranges, & Re place them with the same  
Quantity of Lemons (which will make  
about 3 Gallons of Juice; Put these  
Ingredients into a Cask and let  
them be shaken every day for Ten  
days, after which time let it stand  
about 6 Weeks to Refine, the Cask  
bore stoped, when fine put it into  
Bottles

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### To make Sycamore Wine

Tap your Trees about the latter end of  
January and gather your Water as from the  
Birch Trees and to every Gallon of Water  
put 3 pound of <sup>corn</sup> loaf Sugar and the Whites  
of 2 or 3 Eggs put it upon the Fire and Skim  
it very well then put to it a pound of  
Raisins of the Sun cut to peices let it boil  
for half an Hour then put it into a Tub.  
and when tis no colder then New Milk  
put yeast upon it and work it 8 or 10  
days heating it in once or twice a day  
then Strain it through a hair Sieve  
put it in your Barrell when it has done  
working bung it close and bottle it at  
the end of 12 Months

9  
 Receipt to Make Green Gooseberry Wine  
 Mrs Croft —

29 pounds of Berries clean picked and  
 Bruised add to it 15 Quarts of Water let it  
 stand 3 days then add to it 13 pounds of —  
 Six penny Sugar and a Pint of Brandy let  
 it stand till December before you Bottle it

10

S<sup>r</sup> John Edens receipt to make Gooseberry  
 Wine

Take 7 pecks of Amber Gooseberries before  
 they are quite ripe bruise them well and to  
 every Peck put 3 Quarts of Soft Water &  
 3 Spoonfulls of ~~soft~~ Yeast let it stand 2 days  
 & draw it off & to every Gallon of Liquor  
 put 3 pound & half of Lump Sugar do not  
 Bung down your Cask for some days —  
 accordingly as you see it Work

11  
 M<sup>rs</sup> H. Crofts Receipt to make Gingerbread  
 Take 3½ pounds of Flour ½ a pound of Sugar  
 3 Ounces of powdered Ginger 5 Nutmeggs Grated —  
 Mix all this in the Flour well then take a pound of  
 Butter melted in a quarter of a Pint of Cream a  
 pound & ½ of Treacle mix into a Paste Roll it out &  
 cut it out with the Top of a drinking glass bake it on  
 Tinns well flower'd,

12  
 A very good Celler  
 Half an ounce of Gentian Root sliced then an Ounce  
 of Saffron two ounces of Snakeroot Six penny worth of  
 Cockineab a small Quantity of Orange peels put them into  
 a Bottle & let it stand 2 or 3 weeks, you may add half  
 an ounce of Rhubarb all this to be steeped in half brandy  
 & half wine —

Mr Edmund Andersons Receipt to make  
Ink

Put a quart of Rain Water into a large or then  
Vessel or wide Mouth Bottle add 3 ounces  
of Gum Amareck, set it in the Sun or by the  
Fire to dissolve stirring it 2 or 3 times a day  
2 or 3 days. then add 2 ounces of the clearest  
best Green Coppes as & 6 ounces of Galls only  
Bruised a little, let it stand as before &  
stir it often in a day for a fortnight together  
then strain it through a Bagg that will let  
nothing through but what is clear and  
then Bottle fit for use to prevent freezing or  
mothering put in a little Spiritts of Wine  
If you would have it glazed put into it a  
Lump of double refined Sugar

13

The Deans Receipt to make Ink

A Quart of any bad Claret & 4 ounces of Green  
Coppes 2 ounces of Blue Galls, one ounce  
of Gum Amareck; The Galls must be grossly  
Bruised & Infused in the Claret & kept  
halfe warm 24 hours then put in the Coppes  
The Gum being dyed by the Fire and beat  
finer afterwards mix all together the Coppes  
must be dissolved and strained

14

A Liqueur to Tarn Water from Boots & Shoes  
Take a pound of Beef Suet render it add to it  
one Pint of Neets foot Oil melt them together

in an Earthen Pipkin add to them 6 Ounces  
of Common Turpentine keep them stirring till  
they are so cold, you cannot stir them longer.  
You may add a small quantity of Beeswax  
N.B. Melt no more at a time than what  
you use as the Turpentine will settle to the  
bottom and spoil the remaining part—

15.

M<sup>r</sup>. Bulley's receipt to make  
Imperia C

Pour two Quarts of Boiling Spring  
Water upon  $\frac{1}{2}$  Oz of Cream of Tartar  
& Ounces of fine Lump Sugar 16.9.  
thin rind of a Lemon let this  
mixture stand till it is cold then  
pour off the clear for use  
to be drunk as common Liquor  
at dinner & supper with or without  
Wine —

16

Receipt to cure Ham

To Cure Ham take a pound of Bay Salt half  
a pound of Common Salt Two Ounces of  
Salt Petre and one ounce of Black Pepper  
pounded Mix them all together Make  
them hot in a pan over the Fire and rub  
the Ham well, let them lay in a Tray 4 or  
5 days, turning them every day Then take  
a Pound and half of Treacle to Cure Ham  
which must be rubbed well all over let them lay a  
month, still turning them every day after which put  
them in water 24 hours hang them up to dry but not to

near the Fire NB you need not booy them  
in water before they are boiled, when they are  
dry enough hang them up in the Cellar -  
wropped up in Strong brown paper -

07

Receipt for Dutch Sauce for Fish

Take half a pound of Butter Two Table  
Spoonfulls of white wine Vinegar The yolks of  
Two Eggs beat a little and Two or Three blades  
of Mace melted together till it is thick -

18

To Bottle Goosberries Mrs Lane

Gather the Goosberries on a dry day when  
Pick them and put them into clean dry  
Bottles. Set them in a Pan of Cold water  
over a slow fire, let them stand till they  
look white, then take them out, & when near  
Cold, Cork them close, put Rosin on the  
Top, and keep them in a Moist Place  
The Goosberry should be a little larger than a  
Horse Bean -

19

Mrs Ogling Receipt for yeast

Take 2 Spoonfulls of wheat flowers boil it with  
a good Pint of water and a Spoonfull of Brown  
Sugar, let it stand till new milk warm Then  
add 2 Spoonfulls of yeast, It must be made  
the day before you want to use it, the Sediment  
is the part made use of -

20

The Stomach Cordial for the  
Colick or Pain at the Stomach or Indigestion  
Misp. B. Wine

15 Large Wallnuts Green as for Pickling  
put into a Quart of the best Brandy  
with half a Quarter of an Ounce of Cloves &  
the Stems of Mace, let them infuse for a  
Month in the Sun, then strain them off &  
put a quantity of a quarter of a pound of  
Loaf Sugar to it. It will keep for many  
Years. The dose is a wine Glass full.  
the longer you keep it the better

To Make white Lemonade Shrubb

Take white Lemons when full ripe pick't from  
the stalks, put through a Sieve. & a Quart of the  
Juice, two Quarts of Rum or Brandy sweeten  
with double refined Sugar, stir all well  
together let the Sugar be dissolved, pour it  
through a Jelly Bag lett clear. Then Bottle it  
It will keep many Years.

N.B. The quantity of Sugar is about half a  
pound to a Quart

22

To Make Ginger Wine

To 13 Quarts of Water put 4 pound of the best Lisbon  
Sugar Boil it. till the Chiles have ready in y<sup>e</sup>ear Cask  
the Juice of Ginger sliced scurvy-mons sliced (or  
a need of a single glass pour the Boiling water and Sugar

into the Barrel upon the Ginger Lemoned Brandy

23

To Make Potatoe Cheese

The Potatoes are to be baked or roasted till they grow soft, but not so as to burst immediately after which they are to be Skinned and rasped in Order that they may become a sort of coarse Flour, upon this flour is to be thrown a certain quantity of Curd; And of this proportion it is that the Quality of the Cheese depends. Four Pounds of Milk to two pounds of Potatoes are sufficient for the most delicate sort. This paste is to be kneaded, then Covered over, and left to rest for three days; after which it must be kneaded over again and the Cheese be made after the usual manner. If there be any Apprehension of its cracking, through heat let it be moistened with Beer, and it should be inclosed in Pimpernel, when it is placed in the Moulds it is made, —

~~It is much~~ still better by adding thereunto 5 Spoonfull of Cream; This sort of Cheese grows more delicate the longer it is kept.

but then care must be taken to keep it  
in a dry place

24  
Receipt to Make Dorchester  
Beer — To Brew on Hoghead

Put 40 Gallons of boiling water into  
your Mash Tub. & let it stand to Cool till  
you can see your face in it, then put in 10  
Bushells of Pale Malt & stir it a little.  
Then put in 60 Gallons of water boiling  
and stir it well let it stand 2 hours close  
covered up. Rub a double handful of Hops  
into it, & under beer it draw of about 70 Gallons  
slowly, then put it into your Cales with  
10 pounds of your best Hops, let it boil 20  
Minutes briskly, strain off & Cook it as soon  
as you can, when it is about Lake wome  
put your Yeast to it a sufficient quantity,  
and when it works up to a good head, Turn  
it Yeast and all together, Keep a little in  
a Tub to fill up with as it works out; Be  
sure not to fill with what works out of the  
Cask, Do not close up your Cask to soon  
for space for second fermentation, When it  
has stood 8 or 9 Months try of it be.

be fine, If not you may put in a double  
handfull Hops ster them well in Hop it  
close for 6 Weeks or 2 Months then try  
it again, and if it be not fine, then  
repeat it again, It should be in  
perfection about a Month after.

As you may make 2 Hops heads of  
Table Beer after it very good but you  
should not put above  $\frac{2}{3}$  of the Hops  
Except it be to keep alone a year

25

Receipt from Mr. Pointz. to make  
Crown Bread —

Get a Trough made of white deal 2 feet long & 12 Inches  
wide & 12 deep, with a Board to go across in the Inside that  
will fit, so as to fasten in any part of the Trough, & be  
able to shut down close. Then take a Peck of Flour & put  
out one End of the Trough, making a kind of a bank  
with the flour, about 6 Inches from the End of the Trough  
then take a pound of dough, that has been kept two  
or three days, with half an ounce of Salt work'd up  
in it, & rub the dough with some of the flour at the  
end of the trough till it is all in little crumbs, then take  
a quart of Water (so hot as you can well bear your hand in)  
& pour it to the flour that is mixed with the dough, at the End  
of the Trough, & stir it together taking in as much of the  
flour as will make it a little stiffer than a Batter pudding  
Then cover it up warm and let it stand 12 or 15 hours till  
it rises, & falls, twice. Then it takes a quart more of Water  
as hot as before, and put 2 Ounces and half of Salt to it  
and put it into the ferment or Spong & break it together

together, till it is all alike. Then draw as much  
flour as will make it into Dough, but not to stiffen

Put it up with the board that goes a Crisp so as to allow  
it about 4 or 5 Inches of the Top of the Trough, & let it  
lay 4 or 5 hours till it rises, to the top of the Trough,  
then you take it out & knead it ready for the oven.

Observe to leave a pound of Dough from time to time  
with half an Ounce of Salt mix'd with it. for eleven  
as before

### To make little Plum Cakes

Two pounds of Flour well dry'd, & a pound  
of Sugar dry'd & sifted, mix these together, then  
rub into them a pound and quarter of Butter add  
well washed and pick'd. drop them on Tin plates &  
bake them in a quick Oven, when brown are enough  
half this quantity makes a good many

26

### To make little Plum Cakes.

Two pounds of Flour well dry'd & a  
pound of Sugar dry'd & sifted, mix these  
together, then rub into them a pound of  
Butter, add eight Eggs, when all is well  
mixed, put to them a pound and quarter  
of Currants, well washed and pick'd.  
drop them on Tin plates & bake them in  
a quick Oven, when Brown are enough  
Half this quantity makes a good many

To Make Symp<sup>27</sup> of Vinegar. Col Remedian 87

Take 10 Gall with Raspberries put just as much of the best White Wine Vinegar as will Cover them, Tie them Close, and let them stand ten Days; then strain them thro' a Sieve. To every Pint of Vinegar put one pound of Double refined Sugar. Let it boil over a ~~Small~~ ~~Fire~~ ~~Slow~~ ~~Stove~~ Fire, till a Scum arises, which is to be taken off. When Morella Cherries are ripe a little of their Juice will improve the Flavour.

28

To Wash Blond

Let your Blond be well wet with Docter Steers. Oppodeldock, and then squeeze it well with your hands, and then washed out with hot Water.

29

To Prevent the destruction done to the fields of Turneps by the Black Fly. Both Chronicle April 1782  
After sprinkling the Seed with Water mix with them as much Sulphur Vivum, as will Cover them to separate, It will not impede the Generation of the Seeds nor prove Injurious to the Plants.

30

To take Iron molds out of Linnen & Grease out of Linnen & Silk =

Take 4 Ounces of the Spirits of Turpentine One ounce of the Essence of Lemon mix them well together and put it in Bottles for use.

31

To Clearify ~~Wine~~ Wine in two Days of Muddly

Take a discretionary quantity of their Beach Shavings which put into a Bag, and hang by the Bung hole in the Cask Two days after take out the Bag. And if from Red you want to make it white you may do it by putting into the Cask a Quart of very clear Whey.

## Preparation of Artificial Yeast 32

Mix two quarts of Soft Water with Wheat Flour to the Consistence of Thick Gruel, or Soft hasty Pudding. Boil it Gently for half an hour, & when almost Cold, stir into it half a Pound of Coarse Sugar & 4 Spoonfulls of good Yeast. Put it into a Large Jugg or Earthen Vessel with a Narrow Top and stop it before the fire so that it may by a Moderate heat ferment & the fermentation will ~~throw~~ throw up a thin liquor which pour off and throw away, the remainder keep for use or Boil pure in a Bottle or Jagg tied over —

The same quantity of Common Yeast will suffice to Bake & Brew with Four Spoonfulls of this will make a fresh quantity of before —

## To make Potatoe Bread 33

Take <sup>seven</sup> seven pound of fine Flour put three pound and half of Potatoes, if they are boiled, if fresh fine whole they are better, put double the quantity of Salt usually put to the Quantity of flour — with a Tea Spoonfull of Salt of Wormwood mixed with the Common Salt, It does not require so large a Quantity of Yeast as Common Bread, mix it into a stiff Paste over Night, and let it stand 6 or 7 hrs morning when Bake it in a Tin  
It is better not to add the dough of the old bread and it will keep more a week. The Potatoes must be of the greatly sort

To make Bleaching for Shoes that will not  
smell or come off M Deoltry

Take half a Pound of Alum leather Slips —  
Boiled for half an hour in Three Pints of Water add to  
it a pound of Tracle half a pound of Soory Black  
and a Spoonfull of Wine drags

Receipt for Greenwash for Walls  
from Mr Strickland

Boil 4<sup>lb</sup> of Blue Vitriol & 1<sup>lb</sup> of Whiting in any  
Quantity of Water for above an hour frequently  
stirring it let it stand to settle and take  
Powder with outside, Tread of the floor —  
Wash with water and then mix a sufficient  
Quantity of Glue Sere to make it adhere  
to the walls, 4 Coats should be laid on  
one after another and time given to each  
Coat to dry perfectly

36 —

For Grey Colour

Make a strong size of Sutches (Clips of  
Leather which may be had at the Glovers)  
and disperse Paris white in it when its  
stiffness is quite smooth remove part of the  
Sire to disperse Madder and Blue in what  
Cucumber perfectly smooth) add by degrees

the Paris white It lett it be the washed for  
 Coler which may be known by covering a  
 Sheet of white paper and drying it, it must be  
 laid on the wall as quick as possible as it  
 leaves a mark of red turned wet it must  
 not be left off but in a Corner. The Salt  
 must be strained off clear from the  
 of potatoes about  $\frac{1}{2}$  or  $\frac{3}{4}$  of an hour —

a Cure for the Ague

2 Ounces of Jesuits Bark powdered  
 1 Drachm of Salt of wormwood 1 Drachm  
 of Snake root infused in a Bottle of  
 Port Wine a Common Wine Glass every  
 Two Hours to be taken when the fall is  
 of shaking the Bottle

NB a Vomit will be of great service  
 before the above is administered —

Mr. H. Thompions Receipt to  
 make Ginger Cakes

Three Quarters of a pound of Leaf Sugar  
 1 Ounce of Ginger finely powdered &  
 1 Dram of Rhubarb all to be boiled  
 together and poured into a plate &  
 set

Mr Gallon to make Oil Skin

o Quart of Linseed Oil to be beated on  
hour with 1 ounce of Letharge of Gold  
The unbleached Linnen to be put on a  
Stretching frame and the Composition to  
be spread there with a Spatula or a  
knife or such like Instrument

Receipt to Make Ink that Mr Smith had

To a quart of Rain Water 5 Ounces of Galloble Gummoid  
a little in one ounce of Copraes, an ounce and a half of  
Gum and about two ounces of Lump Sugar, Put them  
together into a pot and stir them 2 or 3 times a day  
for about a fortnight then Strain and Bottle for use  
It is on the whole a good ink and will make very  
black Ink, If the Ink from keeping should grow thicker  
and you choose you may beat it with a  
little Water

Shake your Bottle of Ink every day to prevent the  
Ink growing mouldy at the top

Bolsons vita

Put 6 Drams of Camphor 12 Ounces of Oil of Turpentine  
into a Glass shake it often till the Camphor is dissolved  
and let it stand a day, The let in a ounce of Venice of Venice  
I keep in a Glass and half of Spirit of Sol Ammoniac Leonell  
Venice soap wash the glass and the mortar & more well with it  
by degrees the Sol Ammoniac, These two Medicines thus prepared,

must be gradually put together shaking them  
 till they are incorporated well. Balsam  
 is a very excellent cure for bruises pains or strains  
 in the limbs by rubbing the part affected <sup>well</sup> and it  
 may be used 3 times a day by the fire

It should not be applied where there is an  
 inflammation

Receipt for Horses Cattle Dogg  
See the Co

1  
Receipt to make Garlich Balls

p Take Six Cloves of Garlich, a handfull of  
rue, shred them small, an ounce of  
Anneseeds powdered make these into Balls  
with Honey and a little flour, give a Ball to  
your Horse every morning, two hours before  
you give him Water

2.

Mr Booths Pissing Drink for a  
Horse

p Salt of Pounella, Flour of Brimstone  
Venice Turpentine each an Ounce made  
into Balls with Honey and flour

v Take one pound of Onions steep them  
24 hours in a Quart of Ale, then strain of the  
Onions, and wash down the Balls, give them  
warm Water and proceed as in Phisick,

3.

Receipt for Cracked Heels

v a Quarter of a pound of white pepper Six  
Flower of Sulphur, of Honey and Hogs lard  
of each a pound, mix these things well  
together in an earthen pot, then put it into  
a Dunghill or Hotbed for Ten days

4

Mr Baath's Receipt for Botts

One ounce of Bears foot made into a Ball  
with Honey and oatmeal to be given to  
the Horse Six or Seven mornings fasting

5

Receipt for a Horses Cold

Half an ounce of Barbadoes Tarr  
half an ounce of Balsom of Sulphur with  
Anniseeds, a Quarter of an ounce of Balsom  
Capeivi, an ounce of Ellicampone powdered  
an ounce of Liquorice powder, mixed up  
with the Whites of Eggs to make it up into  
Balls, To be given every other day fasting  
for a week or Ten days; The day the Horse  
takes it he must have warm water with  
Bran in it

If the Cold does not break add more  
Balsom Capeivi

6

A Cure for a Horse in the Tarcy of any  
sort had from Sr Rowland Wilton

Take a pound of Common Stone  
Antimony, and boil it in a quart of  
Chambelaine, till it is reduced to a Pint  
which give your Horse in the Morning  
fasting, & the night before he takes it after  
he has eat his supper let him be muzzled for  
fear of eating the latter, then keep him fasting  
for Six hours after and let it be repeated.

tell you see an Amendment, If you find  
it weakens the Horse to much, you may intermit  
a week then repeat it, for every <sup>other</sup> day, This  
medicene must not be given <sup>two</sup> days  
together

7  
Loreb Downes Hoof Salve had from  
Mr Belt.

Take a pound of Butter without Salt  
half a pound of Basilicon and half a pound  
of Tan Boil them well over a gentle fire to  
a Consistance, constantly keeping skimming  
them, then pour it into a Tinn or Earthen  
pott, and when Cold it will be a Salve;  
Apply it between the hoies and the Hoof  
twice or thrice a week, and it will soon  
strengthen, and renew the Worst of Hooves  
it is very good for an Overreach or tread on the  
Heel, Use it before and after Shoeing but not  
when travelling, for bear Gaws Dung Lard &c

8  
Receipt for a Horse Claped in the Back  
Sinews

Take Calcasinth Vitriol Two Drhams  
finely powdered mix with it Two ounces  
of Oil of Turpentine and three ounces of  
Rectified Spirits of Wine in which dissolve  
Three Drhams of Camphire, rub your  
Horses leg with it three times a day four hours

hours between each time, for two days together; But watch him for fear of Feaving his Legg then in 3 or 4 days Rub it with Marshmallows 3 times a day

9

M<sup>o</sup> Cottrells Purge for a Horse

Barbadoes Aloes, Cream of Tartar of each one ounce, let them be rubbed to a very fine powder. Oil of Aniseeds two Drhams one ounce of Castile Soap, Beat them into a Ball; To be given in the evening fasting two hours before, and two hours after, and then a warm Mash, Let him be rode out in the morning whether it work or not.

10

Receipt for a Horse clapt in the back sinews M<sup>o</sup> Lister 1754

Take a quart of Sour red Wine Lees if it is to be had, if not Oxerjuice or Vinegar and four ounces of Common Turpentine, and two ounces of Salt petre Boil all together, for a considerable time and lay it on with a Wing, as hot as well you can to the part and bind it up with a Thumband of Flay and pour the rest of the Liquor between the Bandage & Leg

11

## Receipt for the Cough of a Horse

Two ounces of Salt petre, Two ounces of Honey made into Balls with wheat flour, this is sufficient for three days to be given in the morning fasting two hours after

12

## Receipt for a cut or overreach in a Horse

Two ounces of Spirito of Wine Two ounces of Oil of Turpentine, one ounce of Calcasynth Vitruob, to be mixed together and applied to the part with Tow

13

## General Hamiltons receipt for Ointment for Horses feet

Basilicon 2 ounces Fresh butter without Salt 2 pounds, Simmer them half an hour Then add a Spoonfull of Tarr rub the Heel and round the Cornett three times a week when not worked

14

## Receipt for a Broken Winded Horse

Give the Horse Grains for six weeks along with the Gras or any Soft food but no hay, and if the Horse has not been a long time broken winded it will cure him at least for some time

15

The Dragons Receipt for Grease  
on Horses

Take ~~the~~ Antimony finely powdered  
one pound of Sulphur powdered one  
pound of Anniseeds powdered Half a  
pound of Guicum, beat all these into a  
Mass very finely with Treacle to the  
Consistency of Horse Balls. One Ball to  
be taken in the Morning and Night the  
Size of a Pulletts Egg. No Water to be given  
two hours after taking If the Heels crack  
wash them with Chambrlain.

16

Receipt for Phisick for a  
Horse at Grasp

Take Cream of Tartar one ounce  
Manna an Ounce Succatrine Aloes  
an Ounce all finely powdered and a  
sufficient quantity of Syrop of Buckthorn  
with flour to make them into a Ball  
or two.

The Horse must be taken up from Grasp  
the Night before and have a Mask and  
the Phisick is to be given him the  
next morning fasting, after which his  
head to be tied up for 1/2 hours and then  
turned to Grasp again

## The Irish Receipt to Kill Ratto

Four <sup>Drops</sup> ~~Drops~~ of Rhodium a Grain of  
Musk 2 Nutts of Nox Vomica finely  
sliced and a quart of oat meab, to be reduced  
very fine and continue while they eat it.

## Receipt for the Wash for Walls

One Bushell of the best stone lime  
one pound of yellow Oake, one pound  
and a Quarter of Brown Umber, all to  
be ground very fine and mixed  
with boiling ~~water~~ Hot water a  
sufficient quantity to bring it to a  
proper consistency to be cast on three  
times with a large painting brush  
the first Colouring to be dry perfectly  
before the other is laid on.

## Receipt to destroy Ratts

Take of the Seeds of Stavesacre or douse wort  
powdered more or less, as the occasion  
requires, mix them well and make them  
into a Paste with Honey, lay pieces of it in  
the holes, and in the places where Ratts and  
mice frequent, and it will effectually rid the  
place of those kind of vermin by eating  
thereof

20  
 Receipt to Mills Ralts  
 Take of Unsleeked Lime and  
 Oatmeab Equab Quantities, mix  
 them together and put them into an  
 Iron Pat not near wood or water

21

a Receipt for a Horses sore Eyes a cure —  
 taken from my Grand fathers Memorandum  
 Book.

Take as much Roman Vitriol beaten small  
 as will lay upon a ~~Shilling~~ penny, and half as much  
 Saffron, put these powders to the whites of two Eggs and  
 beat them together with a Bleft Stick, between the  
 hands (after the manner as they make Chocolate) till  
 they become like an Oyle; This is to be used with a  
 feather 3 or 4 times a day, or with flex bound upon  
 the Eye

It is good for any cut Lash or Rhum, or any  
 Bruise on the Eye, you may also cut him in the  
 forehead (so in the Margent) the lower part to be  
 above the Star, & on each side under the Skinn put  
 the Inner rind of Elder or Garlicke to the bigness of the  
 onark in the Margent —

21

Receipt for the Blended or Bloody Water  
 in Beasts

Take three heads of Garlicke peeb the Cloves  
 & Shred them very well, Boil them in three  
 Pints of Ale, Cyth it with the Meab of Mollk  
 about a Spoonfull, when it is boiling put in  
 a Spoonfull of Black pepper beat fine; when  
 it

is well boyled take it off & put & putt to it  
 half a pound of Treacle & the big nepe of  
 an Egg. Of Fresh butter, give it at hott as you  
 can bind your Finger in it; One drink -  
 Seldom fails to cure, if given in the  
 beginning of the Distemper, but if it  
 should not may be repeated.

22

Receipt from Lady Anderson to prevent  
 Sheep Rotting

Take a double handfull of Chop'd Rue  
 steep it in a Peib of Water all night then  
 strain it of, & in the liquor dissolve Salt  
 enough to make an Egg swim, scum it, take  
 an ounce of Flower of Brimstone; & give five  
 large Spoonfulls or half a Pint of it to  
 each Sheep, with a Funnel Bottle or Horn  
 once in nine, fourteen twenty or more days  
 according to the danger

23

A Receipt for the Rot in Sheep from the  
 News paper London Chronicle Octbr 13<sup>th</sup> 1768

as soon as the Symptoms of the disorder appear -  
 give to each Sheep a Common Spoonfull of Spiritus  
 or Oyl of Turpentine mixed with two of water  
 after fasting 12 hours, Let them take three  
 doses, staying 6 days between each dose It  
 has cured them in the last Stage of the disorder

24

## Mr Millers Receipt for Putty

6 pound of Pitch half a Pint of Linseed  
Oyl, one pound of Brimstone, to be laid  
on Warm

25

Receipt from the London Chronicle for  
making Yeast from July 12<sup>th</sup> to 14<sup>th</sup> 1768 —

Take a Green Oak 7 foot long and about  
2 Inches diameter at the Root, after stripping  
of the Bark, let it be twisted till the fibres are  
separated like threads, Then Coil it up and  
put it into a Vessel pouring on as much fresh  
Yeast as covers it, & let it Soak for 2 days  
Then take it out and let it be hung up  
in a dry Garret to dry for about 3 months  
after which take it down and put it  
into a covered Vessel and pour in a few  
Pints of Wort when warm, in 4 hours the  
wort will begin to ferment & in 16 hours  
thereafter the Vessel was full of fine Yeast  
Barm fitt for immediate use; The Coil  
must be hung up again to dry after using  
it as above and it will retain the Virtue  
many years —

26

103

M<sup>r</sup>. Richards Receipt for a  
Strain in the Back Sinews ~

Take ~~3/4 of an Oz. Oil of Origanum~~  
 $\frac{3}{4}$  of the Hogs Lard rub in  $\frac{1}{2}$  all  
then Rub  $\frac{3}{4}$  of an Oz. Oil of Origanum  
then the remainder of the Hogs Lard  
put round it a Wooden Cloth but  
not bound too tight

---

27

Receipt to take Ratts with the Trapp London.

Twenty dropps of the Oyl of Rhodium Six or Seven Grains  
of Musk half an ounce of the Oyl of Anniseeds put them  
into a small phial and shake the well together dip a piece  
of Twisted paper in and rub the Trapp at those parts  
where the Ratts goes in

How to make the feed

Take a pound of good flour 3 ounces of Treacle  
and 6 Drops of the Oyl of Camaway put them into a  
Bowl and rub them together then put a pound of  
Crumb of Bread

28

Receipt to clean Smelly Wheat

Let the Wheat be put into a Sack and shaken well  
together then sift it clean

29

Receipt to freshen Flams from Salt

Let your Flams be laid up in a linnen Cloth  
Then dig a hole in the ground where bury it for  
12 or 20 hours & it will take out the salt better than any water

30

Receipt for the Mange in Doggs

1 Ounce of Quicksilver  
1 Ounce of Hogs Lard.

You must mix them together to kill the Quicksilver with the Lard & let it be rubbed between the Shoulders of the Dogg with a thin piece of Lath for 3 Mornings say every other Morning for 3 times & it will certainly cure.

31

Receipt for a Spauerd Horse

The Horse must be Thrown then with an Instrument with 3 sharp points he must be pounced upon the Spavin which will cause a whitish matter to come out which you must get as much out as you can after apply the following Charge  
Take  $\frac{1}{2}$  a pound of Black Pitch a Quarter of a pound of White Pitch a Quarter of a pound of Resin Octicrotia 2 perazentia 2 Mastick 2 Dragons Blood 2.

For a Blistering Charge add Cantharides 2  
Luphorbium 2 in powder

32

a Drink for a Cold of a Horse called the Asly Drink

2 Ounces Balsom of Sulphur  
2 Ounces Barbadoes Ferr  
9 Ounces of Diapenty one Gill Sweet Cid  
to be given in 3 Gills of warm Ale  
The Horse to be kept cloathed

33

Doct<sup>r</sup> Gouges Water to cure a Green  
wound

Spirits of Wine 2 pints Compshire one  
ounce Allum a Quarter of an ounce

34

To Banish Ratts Mr Staptis receipt  
Sugar of Lead & Powdred Cantharides mixed  
with Butter or any other veicle, Put it in the  
holes as bigg as half a spoon full in each

35

Receipt for a Cold for a Horse that will prevent a  
Horse going Broken winded by Hen Worrall

2 ounces of Balsom of Sulphur

2 Ditts of Perbadars Tarr

2 Ditts of Diapente

$\frac{1}{2}$  a Pint of Sweet oyle

all these mixed together with a Pint & half of Ale  
or Small Beer, and given to your horse in a morning  
fasting

You must give him warm water and keep him  
cloathed as in Phisick

36

Receipt for a Cold or Cough for a Horse

1 Ounce of Caraway powder

1 Ditt of Aniseeds

1 Ditt great Cardamoms

2 Ditts of Clus of Sulphur

2 Ditts Spanish Juice

4 ditts Perbadars Tarr

2 ditts Sweet oyle

4 ditts Honey

4 ditts Sal Prunella

4 ditts Garlic

1 Ditt Lemons Dony

3 detts Lequorce powder

$\frac{1}{2}$  dett of Turmeric

$\frac{1}{2}$  dett of Oyl of Anniseeds

2 Drams of Saffron

All these to be pounded in a Mortar & made  
into a Paste, and give your horse about as

much as a small Egg every morning fasting  
a little blood to be taken away before you give it

Thalough Medicines will noways prevent

the Horse being rodded even a heating of —  
necessary

37

For the Rot in Sheep from Mr  
Sobres

Juice of Rue & Salt one Spoonfull of  
Each rest 4 days, then repeat the dose

The Symptoms to be Observed are either  
they are <sup>white</sup> light or Condensed or rough  
under the Throat —

38

For the fool Rot in Sheep do  
Lapis Medicamentusos finely  
pounded 3 Ounces rectified Spirits  
of Wine & Turpentine Mertes in Spiritus  
Salis of Each 4 Ounces Sygar of each  
one Ounce. Pond water 1 Quart Mix  
the above & bottle it for use.

The above Receipt is a strong Poison

To Destroy Buggs from Mr Arnett  
 One ounce of Corrosive Sublimate dissolved  
 in a Quart of Spirits of wine  
 To be mixed with two thirds water and  
 Soaked into the Bedstead with a Painters  
 Brush

40

Receipt for a Bruise or ~~Strain~~  
 in a Horse  
 Gualard Extract and Common  
 Turpentine Equal quantities

41.

Proportions of a Composition for the  
 Covering houses instead of Tyle by  
 Mr Egling

To every Chaldron of Lime well Slaked  
 add 10 Bushells of Charcoal dust finely  
 powdered Nine Bushells of Brick dust  
 finely sifted, make the above into Common  
 mortar with 10 Bushells of River sand  
 well screened, the same as you would do  
 for walling with. Divide the whole into  
 eight parts, add to each part one Bushell  
 of very Dutch lime finely powdered, make  
 your Dutch lime as fine as the finest flour, work  
 each part well up as you lay it on and work it.

and work it well with the float till it be thoroughly set or dried and take care you leave no cracks.

To be put on 1 Inch  $\frac{1}{2}$  Thick

42

Receipt for Cement to do Spouts & Gallies with  
1 pound of Pitch. 1 pound of Brimstone  
1 Quart of Tarr -

43

Boyled Linseed Oyl to be put on  
plaster floors - with red ochre & white lead.

44

Receipt for the Mange in Doggs  
A pound of Hauersaore halfe pound of Stone  
Brimstone a pound of Gun powder Boild  
in a Gallon of ~~urine~~ <sup>urine</sup> to 3 quarts subb  
with the Aleobe and give the Dog Brimstone  
Inwardly two or three days before

45

Receipt for Wash for Horses. on the  
Outside.

One Bushell of the best Stone Lime One pound  
of yellow Ocher one pound  $\frac{1}{2}$  of Brown Umber  
all Ground very fine mixed with boiling water  
a sufficient quantity of it to bring it to a proper  
consistency. To be Caed on Three times with

A Receipt for the Mange in Doggs  
 1 lb of Hauersaore  
 1 lb of Stone Brimstone  
 1 lb of Gun powder  
 Boild in a Gallon of urine to 3 quarts  
 subb with the Aleobe and give the Dog  
 Brimstone Inwardly two or three days before

44  
 Receipt for the Mange in Doggs  
 1 lb of Hauersaore  
 1 lb of Stone Brimstone  
 1 lb of Gun powder  
 Boild in a Gallon of urine to 3 quarts  
 subb with the Aleobe and give the Dog  
 Brimstone Inwardly two or three days before

a large Painting brush the first colouring<sup>109</sup>  
be perfectly dry before the others are laid on

46  
Receipt for a Paint

To every quart of Tarr add one  
pound of Spanish Brown, boil them in  
an Iron Pot for three hours stirring them all  
the while, lay it on hot with a Brush, mind  
that your wood be dry before it is laid on

The Spanish brown must be rolled with  
a Poste Pen upon a flat board which  
reducess it to a fine powder

47  
To Make Sire

Take a pound of Parchment or leather  
put two quarts of water and set it on  
the fire till it boils to one quart keep often  
stirring it when it is boiling, then strain it  
through a sieve into an Earthen pan & put  
it in a cold place, and when cold you will  
find it like a weak Glass or strong Jelly

To make whitening with Sire

First melt your Sire and put in as much  
ground whitening to the Sire till the whitening almost  
appears at the Top of the Sire and then stir it  
altogether & then use it, you must not let  
your whitening boil when you warm it, and if  
you find your whitening to thicken put a piece of  
Sire into it whitening to thin it  
whiten your work three times and firing

it four time, lelendry Gold Lire it after  
 Standing all Night Guild it, you must  
 let core nel to Guild it till dry

48

### How to clean Prints

You must first get them of the Cloth  
 they are pasted Upon, by putting them out  
 in a damp Night. Then lay them flat to  
 Smooth one upon another in a washing Tub  
 with a handfull of Allum; Cover them  
 Over with a Sheet or two of Thick paper  
 pour a quantity of beiling water upon them  
 let them stand till quite Cold, Then have  
 some Packthead Lines, tied to chairs &  
 cross the Room on which hang the Prints  
 to dry. Take them out of the water carefully  
 one by one by the Corners singly, when  
 they are dry, If they are not so clean as  
 is desired do them again, & boil them  
 in a large Pot with More Allum, They  
 must not be Touch'd whilst warm  
 they will tear.

49

Colours for painting a fence not to be  
 seen  
 By John Thompson

yellow Oaker	} To be all mixed together according to the colour you would have them
Blue black	
a little verdigrise	
Common white Paint	

Soap Lees and Relating to take out the Spittle  
in Stagnary or other Marble

(51) Dublin Feb. 14<sup>th</sup> 1777

A Broken-Winded Horse had been kept in a field  
where there was no water, except at the bottom of an  
old lime Theln, and had recovered his Wind.  
The owner ordered a Stable Shaveb full of  
Quick lime to be put into a Stable Buckett of  
Water, the Quick lime to be changed, every 3 or  
6 Days, and the Water to be poured off, and a  
Buckett of it to be given every day, to a  
Broken winded Coach horse, aged about 18  
Years, who had almost a Constant Cough. The  
Horse was watered, with the Water thus prepared  
for about 3 Weeks, & kept in the Stable, he is  
now greatly recovered of his Wind and free from  
a Cough.

If the Horse will not drink of the Water, give  
him, 3 or 4 Quarts of it every morning with a  
Horn, & this I have experienced with the greatest  
Success in a Mare, which is now perfectly well &  
free from any Cough, or Symptom of being broken  
winded. W.O.

A helwell Quack 6<sup>th</sup> 1778

Shmbeef Receipt. 10 - Curo on the Red  
Water

Take  $\frac{1}{2}$  a pound of Cream Tartar  $\frac{1}{4}$  of a  
pound of Cloves of Burstone a pound of Course  
Sugar mixed in 2 Quarts of Creek & Cream give  
the Beer half the Quantity, let it stand two hours &

When given it is  
in morning & night

(52)  
 Receipt to make Green Ointment.  
 for any Green wounds, in Man or Beast  
 sent by Mr. Gualter  
 Put the Quantity of a Walnut of Rosin into a  
 Clean Shell, which being molten. Add thereto  
 the like Quantity of Bees Wax, when this is also  
 Molten, put in of tinct. Hoopland  $\frac{1}{2}$  a pound  
 that being Molten, put to the rest of Common English  
 Honey one Spoonfull, when all these are Molten  
 and well Mixed together, then put in of  
 Common Turpentine  $\frac{1}{2}$  a pound and as  
 soon as its dissolved take it from the Fire  
 and put in of Verdigrise 2 Ounces, beat in  
 fine powder, then Stir all together, but have  
 a Care it runs not Over, for the Verdigrise  
 will Cause it to rise, Set it on the fire again  
 and when it begins to Simmer, take it off  
 and Strain it through a Cloth, and keep  
 it for use — (53)

Goodes Balls for a Horse

Alumpana  $\frac{1}{2}$   
 Annised  $\frac{1}{2}$   
 Greats Cardamum  $\frac{1}{2}$   
 Bay Berries  $\frac{1}{2}$   
 Sugar Candy  $\frac{1}{2}$   
 Honey  $\frac{3}{4}$   
 Raisins & Figs  $\frac{1}{2}$   
 Cyl of Anniseeds & Doctores  
 Saffron  $\frac{1}{2}$  Ounces Spanish Juice  
 dissolved in the Wine  $\frac{1}{2}$  Ounces of  $\frac{1}{2}$   
 Make it into a Mass

Drop Oil of Vitriol into any Quantity of Oil of Turpentine till it raises a fermentation upon which you must immediately close cover your Vessel it is in with a Water Papp till it has done Smoking, then add some Salt till it does the same. the Vessel must be close stoped by covering as before. Pour off the Clear The Salt left at the bottom is a strong Blister & Cassote; This is an Incomparable good Oil, for all Bruises & Sores, & will stop a Foxgrew if anything can; If the Oils do not ferment much, upon Application to the Horse it may take the hair off, unless you add a little Scurved Oil & heat & cover it

(55)

M Guellon's Receipt for Horses Phlegm

Barbadoes Aloes } of each one Ounce  
 Venice Soap }  
 Salt of Tartar 2 Drams 20 or 30 Drops of  
 Oil of Juniper.

56

Receipt for Diuretick Bells for the Grease & several other distempers where purging by Urine is required  
 Take of the Balaicant Costele a best hard Soap one pound Flower of Brimstone half a pound Saffron of Antimony 2 Ounces Salt Pyrella and Nitre of each four Ounces Balsom of Sulphur one ounce Make them into Balls of the size of a Pullets Egg and give one every

morning to give  
 them footing and  
 two hours after it

## Receipt to Destroy Bugs

One ounce of tartaric Sulphimate dissolved  
in a Quart of Spirits of Wine

To be mixed when used with half Water &  
washed all over the Bedstead with a ~~Went~~ ten  
Brush for two or three days together

## To Clean white woollen Cloth

Take of the best Spanish White two  
pounds Spirits of Wine two spoonfulls Sweet  
Oil one Spoonfull Starch half an ounce  
powder Blue a Quarter of an Ounce. mix the  
whitening Starch and blue well together  
then add the Oil to it and then mix them  
well together, then make it up into a  
paste with warm Water, and then make it  
up into Small Balls, Let it to dry in a  
place where it will not dry them too fast.  
Rub it in with a ~~Boiled~~ list and brush  
it.

For a sprain or Clap in the back  
Sinews of a Horse & mutton

Half an Ounce of Salamoniæ dissolved  
in half a Pint of Warm Verjuice or Wine  
and applied to the part.

To cure the Blended Water in Cattle

Take 3 Gills of Common Salt to be put into  
about 3 Quarts of Cold Water and dissolved  
add to it half a pound of Allum powder & to  
be given night & morning, and about 2 or 3 hours  
after give the Beast or mule Cold Water as much as it will

61

60 or 70 Grains of Emetic Taster to be given  
New fresh

62

A Pissing Drink for a Horse  
in Distress

Take a pint of Milk a pint of  
Springwater and Six ounces of Torr  
Boil them all well together then  
strain of the Liquor and when cool give  
it your Horse fasting 3 or 4 hours before  
it him have warm Water

63

A Wash for Horses Legs in the Grease  
after he has taken one or two Pissing drinks

Take of white Vitriol four ounces and  
dissolve it in a small quantity of Spring  
Water, Then add to it half a Pint of strong  
Vinegar and Six ounces of Camphorated  
Spirits of Wine.

Wash the Horses Legs with some strong  
Soap Sceds, and afterwards Bathe them  
with this Above mixture.

64

Mrs Masons Paint for Rails  
white Lead - Oker - Blue Black and a proportionably  
small quantity of Verdigrise and making of these an  
oil Paint spread it on the Rails

76

Receipt for Deafness Doctor Jell

Put 3 drops of Clarified Honey into your Ear  
for 3 Nights successively. Then 3 drops half honey  
& half Balsom Peru. for 3 Nights more, then  
3 drops of Balsom Peru alone

77

Receipt to make Artificial Ases Milk

Take an Ounce of Pearl Barley one Ounce  
of Hartshorn Shavings one Ounce of Singlap.  
one Ounce of Caudid Ewingo Root one Ounce  
of Raisins or figgs one Ounce of Liquorice  
Put it to 3 pints of Water and boil it to  
a Pint & half, when done put two Spoonfulls  
of this to half a Pint of Warm Milk and let  
it be taken one hour before rising and in  
the Evening —

78

To make Spermaticke Draughts

Beat your Spermaticke with some Sugar  
till Powdered the add the Yolk of an Egg or  
Gum arabick dissolved about the thickness of  
Treachle and beat them together to be of about  
the Consistency of a ~~paste~~ paste then add water  
or Common Mint Water as you choose to  
it

79

Receipt for an Aque

Take a Colwell & put in in a Rascion Skinn  
3 pints to be taken in a Morning fasting one  
same at Night. then give the next Morning  
and give the same again in the Evening

- should the Ague return it may be repeated -  
again -

80

Mr Walbanks cure for an Ague  
a large Spoonfull of Flour of Brimstone  
to be given in a Gilt of Mountain Wine  
Just as the fitt comes on

81

Mrs. H. Thompsons receipt for  
a Cough

Take  $\frac{1}{2}$  lb Comfrey root green if  
to be had 1 lb of the coarsest brown  
sugar add to it a Quast of Water  
& let it simmer over a slow fire  
till it is reduced to a Pint take  
out the roots & Bottle it for use  
for a grown person a large table  
Spoonfull in  $\frac{1}{2}$  a pint of new Milk  
to be taken eight or Morning &  
may add a tea Spoonfull of rum  
in the Morning if you please

82

Doctor Fothergills receipt for a weak  
digestion  
Put 4 Camemile flowers & flaves bruised

118 of a bit of dried Orange peel in  
a Tea cup of boiling Water &  
let it stand about 3 hours when  
taken add to it a tea spoonfull of  
Spirit of Lavender to be taken at home.

83

a Cure for Corns —

Try upon the part some Green Ivy leaves  
which will make them come soft and you may  
cut them at times till cured.

84

a Cure for an Old sore of the Scury or  
Ewib.

The leaves of Wild Mercury to be Applied  
to the part —

85

Cure for for the Ague. Dr Helberdine

60 Grains of Salt of Wormwood divided  
into 6 Doses of which one is to be taken night  
& morning in a little red wine & water. —

86

Cure for Worms Two or Three heads of Garlic  
shred and soad up in a Musling thin and  
applied to the Child's navel for about 12 hours

87

a nother tried with success a few live Worms  
Earth Worms to be applied in the above

mannes.

smaller

To be v

To make a Decoction of the Bark  
Mr Watson

Put an Ounce of Bark and 2 Drachms  
of Gum Amalack to 3 pints of Water  
which let Boil to a Pint then Strain it  
of. Then add 2 Pints more of Water to  
the Pint straind of. and reduce it by  
boiling, to a Pint the second time. Then  
do it a third time the same

89

Receipt for Worms

Take a piece of Bread or Gingersbread  
Chew it for a few Minutes in your  
Mouth, then Spitt it out. Immediately  
after it take a glass of Brandy & be  
repeated every morning fasting till  
cured

90

Receipt for Pleurisy

Take a piece of bread & Chew it in a  
morning fasting for a few Minutes  
Then spitt it out and Swallow a little  
red wine & salt

91  
Old Lady Stricklands Receipt  
to Make Cholick Water

Take 2 Ounces of Senna picked from the  
stalks 1 ounce of Rhubarb sliced then  
3 Ounces of Triggs cut in small peices -  
4 Ounces of Liquorice stitt small 2 Handfuls  
of Red poppys picked from the blackends  
put them all into 3 Quarts of Rainie  
Water half Single & half double Stilled  
Let them stand in an open Mouthed  
Glas tyed down close in the Paper  
about a week then strain it thro a  
course cloth & Bottle it, Let a grown  
person take 3 Spoonfulls going to  
bed & as many in the morning for  
3 days together for Rheum pain take  
6 Spoonfulls

92

Recpt for a Consumption

Il faut un Pot Neuf qui aye son Couvert et qui tienne.  
2 Quart et demie on y met un Col de Mouton et la mou  
d'une mesure de Veau coupé en morceau comme pour  
sucrée joiner y une poignée d'herbe de Scabiosa fait bouillir  
le tout sans Sal à la reduction de la moitié ensuite le poson  
sur un linge et on met le Baillon au frais, on en prend le  
matin un peu avant de se lever et le soir en se couchant

La Vallee de 2 toises à Laffie le plus Chaud possible  
 il provoque un Sueur bien fraizant le regime le  
 reduit. ne point manger de Salade ou autre aigreur  
 et Boire peu de Vin

93

To make Tincture of Rhubarb

Mr Tho's Croft

One Quart of French Brandy 2 Ounces of  
 Ruffin Rhubarb 2 an Ounce of Saffron pickt  
 1 Ounce of Cardamoms bruised Shaked every day  
 for 15 days and kept Two months before it is poured  
 off

94

Mrs Courtney Receipt for the Worm powder

Take 14 Ounces of Worm seed 1 Ounce of Senna  
 1 Drham of Coriander seeds 1 Drham of prepared  
 Hotskone half an Ounce of Rhubarb, two  
 drhams of dried Rue, all mixed together and beat  
 into a fine powder

12 Grains is a Dose for a Child of 4 Years Old  
 & so in Proportion to the Age of the Patient it should  
 operate 3 or 4 times a Grain or two of Gallop to each  
 Dose is proper to quench it, It should be given 3  
 Mornings by itself then omit it 3 days when you  
 must repeat it again till the Patient has had it  
 9 times

M<sup>r</sup> Goulton's receipt for a Sore Throat  
 Take a  $\frac{1}{4}$  of a pound of Mutton Suet taken  
 from the Kidneys, two Ounces of fresh butter -  
 four Ounces of Resin finely powdered one Ounce  
 &  $\frac{1}{2}$  of Yellow Wax sliced - Melt the Suet &  
 strain it - put it again in the Pan, with the  
 Butter when melted add the Resin & Wax  
 keep it stirring over the fire till all is melted  
 & put it into a Pot, & stir it till near Cold  
 It will keep a year or two. Spread some of it  
 Cold on a Linnen Cloth 3 or 4 Inches wide  
 & Pin it from ear to ear putting a piece  
 of flannel over it a fresh plaister in  
 24 hours if wanted

---

M<sup>r</sup> Bayley's receipt for a Cough

~~To a Quart of water put a hand full of~~  
 To a Quart of water put a hand full of  
 Ground Ivy a Table Spoonfull of Peck  
 Barley & a very small piece of Raw meat  
 of any kind, let them boil till half the  
 water is consumed then strain it and  
 drink a large Coffee cup full at night  
 going to bed & an hour before you rise in  
 the morning it must be drank warm

Miss Cayley Receipt for the Hoopings  
Cough.

one Scruple of Salt of Wormwood —  
dissolved in half a Gill of Spring Water  
add ten Grains of Cockenab & sweeten  
to your taste with Lump Sugar Take a  
Table Spoonfull four or five times a day  
with a Spoonfull of Barley water after  
it. Give three or four ~~days~~ drops of  
Balsam of Capive upon Sugar Night  
and morning.

This medicine has been given with  
very great success

a Receipt for the Gout & Rheumatism  
sent by Mr Fane from Mr Blain.

Take of Guaiacum 12 Ounces purified Nitro in powder 2 Ounces  
put them in a quart Bottle & fill it up with Jamaica rum  
of Proof place the Bottle near enough the fire to keep the  
Liquor ~~below~~ the Liqueur Blood Warm shaking it very  
often in ten days it will be fit for use

Take 3 Tea Spoonfulls of the Medicine every Night going  
to bed in a glass of Madeira wine & the same quantity in the  
morning to be continued ~~12~~ 5 or 6 Mornings & evenings  
during the fit & if one dose be taken every Night  
afterwards it will gradually <sup>alter</sup> the state of the Blood so as to  
take of the pain & render the disorder very supportable If it should  
afford a Radical cure, generally eases or takes of the Pain in  
a short time but in some obstinate cases the Patient may

be obliged to take a dose of the medicine every  
second Night for several Months according to the  
Effect it produces

99

Receipt of Sr Edward Kulse for the  
Worms sent me by Lady Frankland

Senna leaves — } a Dram of each finely  
Rhubarb — } powdered to be given  
Burnt Nertihorn — } every other Morning from  
Macedonian Wormseed } 15 to 25 Grains according  
to the Age of the Child you  
may Add 4 or 5 Drops of the Juice of Rue  
It ought to produce 2 or 3 Motions —

100

Mrs Smelt's Receipt for Phicels

Rhubarb 15 Grains Gallap 5 Grains  
Ginger 5 Grains Cream of Tartar 5 Grains, to be  
mixed up with Syrup of Oranges to be taken by  
6 a Clock in the morning and to sleep after  
it

Rhubarb 15 Grains }  
Gallap - 5 Grains }  
Ginger - 5 Grains }  
Cream of Tartar 5 Grains

(101)

Mr Weston's Receipt for a Bad Cold taken  
out of the morning Post Nov 7<sup>th</sup> 1775

Take Sarsaparilla 2 Ounces Soapwort dried  
half an ounce Raisins of the Sun Stoned 2 Ounces

Liquorice Root washed and Sliced then  
one ounce, Annised Raised two Drams Cal  
them gently together in two Quarts of soft  
Water over a slow fire till one quart remains;  
Then pour of the clear liquor for use. The dose  
is half a Pint three times a day mixing  
therewith a little genuine honey, and adding  
to each Dose at the time of taking it; a Tea  
Spoonfull of the late Doctor Hussams Essence  
of Antimony

102.

Calf Pluck Water. for difficulty  
in the Breath & Lungs

Take a Gallon of new Milk  $\frac{1}{2}$   
a peck of Garden Snails Bruised —  
Ground Ivy Hyssop & Sage of each a  
large handfull 3 Nutmegs cut in  
Quarters the whites of 8 Eggs & a Calves  
Lights put all into a Gold Still.

Drink  $\frac{1}{2}$  a Gill morning & Night  
new Milk warm sweetned with  
Sugar Candy

103

A Cure for the Flux Mrs Smith  
Bramble Berries, when Ripe to be put  
into the Oven to Dry till they well -  
powder, The Dose, as much as will lay  
upon a Shelling when necessary.

104

Receipt for a Sproin  
2 Ounces of Camphor half a pound  
of Spiritts of Wine to be put into a quart  
Bottle till the Camphor is dissolved then  
fill up the Bottle with fresh Ox Gall

105

~~To make~~

To Make Mustard Whey

Take a Pint of Meth let it boile then  
Add to it a large Tea spoon full of Flower of  
Mustard, mix it well let it boile & when finished  
Strain it off clear drink  $\frac{1}{2}$  a pint warm going  
to bed and as much more before you rise.

It does kill the Worme & more Mustard, will answer better &  
more water with it after made to you shallot.

## Receipt for the Gravell

Take the Inner kind of the Egg and of a  
 young Pidgeon, where the Stones lay dry  
 and powder it very fine, let the Patient  
 take as much as will lay upon a Scizure  
 when in pain in any ~~liquor~~ it ought is  
 best

107

a Cure for an Aqua M<sup>o</sup> Smelt

Take as much calcined Oyster shell  
 powder as will lay on a Shelling, to  
 be given an hour before you expect the  
 fit in a large Spoon full of <sup>best</sup> Vinegar  
 & to go to bed and drink any diluting  
 Liquor

108

## A Cure for the Nicks

Put your Arms behind you and let  
 any person give you a Glass of Water  
 to drink of that time

109

## Mr Dods worths Receipt for the Tooth ache

Half a Drachm of Tincture of Castor four  
 Drops of Oil of Amles, to be mixed together &  
 3 Drops of it to be put upon a piece of flax woad  
 and put in the ~~ear~~

Receipt had from Mrs Horrick (c. 1797)  
To make Sancer Oil, which will disclose any  
Lump or hardness in the Breast. —

Take a Quart of the finest Safford Oil, Sage  
Wormwood & Chamomile of Southern <sup>wood</sup> of each  
an equal quantity, and so much of them as  
your Oil will steep, let the Herbs lay a day after  
they are gathered to dry, cut them a little and  
put them into the Oil, with three ounces of  
Sugar powdered fine, let it stand a Week  
before you stir it, Then set it in the Sun  
14 days, stirring it every day, at the End  
of that time, strain the herbs from the Oil  
in a Strong Cloth very hard, then put into the  
Oil, Lavender Tops of the Buds of Scarlet Roses  
the white part being cut off, and as much of  
these as the Oil will steep, When it has stood  
two days, boil it at least 2 hours on a very  
slow fire taking care it does not ~~boil~~ boil up  
but just Simmer. Then strain out the Rose  
Buds & Lavender, and put into it a Quarter  
of a Pint of French Brandy. Bottle it up. —

NB If the Roses and Lavender are not ready  
you may keep the first Herbs longer — The  
manner of using it is this — The Breast

must be Anointed with it twice a day, and a Flannel Wet with the oil kept on constantly.

I have known Lumps on the Breast dissolved by this medicine, and several People receive great benefit from it, and Ease in the last State of a Cancer. I have heard from very good Authorities of its having cured for firm Cancers - tho' it has not come within My own Knowledge

H. Charleville

The latter End of May is the only Season this Oil can be made

111

Worm powder Mr Symonds -

Take four ounces of Wormseed one Ounce of Senna Coriander seed and prepared Hartshorn of each half a Dram, Half an ounce of Rhubarb, two drams of dried Rue, all ~~made~~ mixed together and beat into a fine powder

The Dose for a Child of five years Old, about Six or Seven grains to be taken in a morning fasting three days together, <sup>then rest three days</sup> till nine doses are taken of it purges more then twice there should be a days rest between

to be taken in honey or whatever the Child will best take it in. This is the receipt as generally given but the Quantity is often found to be too small to have the

the desired Effect, and should be increased according to the Judgment of the patients Constitution,

NB. 2 Grains of Iolop added will quicken the operation.

112

A Receipt for The Rheumatism said to be an Infallible Cure

Take the Common Bean Stalk when Green after the Beans are pulled from them, Sit them in the Sun till dry enough to Burn; after they are reduced to ~~ashes~~ powder take as much Night and Morning as will cover a Shilling; Garden Beans are reckoned the best. and the Roots will be good if washed.

113

To make Compound Tincture of Rhubarb

Take of Rhubarb one Ounce Galangal Gentian Virginia Kalesroot, and Terebinth of each a Dram Salt of Wormwood half a Dram Saffron a Scruple, Carduus seed & Coriander seeds to your Taste to the ~~other~~ Ingredients sliced and bruised as they require, pour a Pint of Spanish white wine or Brandy, then digest them by the fire for 2 days afterwards strain of the Tincture.

129

~~114~~

Family Diet Medicine: W. Bennett

Senna  $\mathfrak{z}^{\text{ij}}$  of an Ounce, Christal of Tartar  
1 Drachm  $\mathfrak{z}^{\text{ij}}$  Lepus Gardannum Seed (spred  
from the Husks) one Drachm. Manna 1 Ounce  
Put the Christal of Tartar into 20 large  
Spoonfulls of Water, when it is melted pour  
the boiling Water upon the Senna & Seeds.  
when cold strain through a Lawn Sieve then  
put the Manna into the Liguor, set it on  
the Fire till the Manna is dissolved and  
strain it again through the Sieve  
one Table Spoonfull is a Dose

115

Receipt for a Consumption  
a Galus ofives a handfull of Cherwil boiled  
in a Gallon of Water till it comes to a Pint  
a Coffee Cup to be drank Twice or Three times a  
day

116

Receipt for Phisick for Mr Anna  
Cholmery ordered by Doct Worner  
 $\mathfrak{z}^{\text{ij}}$  Infus Sca  $\mathfrak{z}^{\text{ij}}$  Syr Rosor Solut  
 $\mathfrak{z}^{\text{ij}}$  M. Fiat Haustas cras mane  
Sumendus

An Ounce of Scoria Infused a Dram of  
Syrup of Roses to be made into a draught  
taken in a morning

117  
Oppodloch. for a Sprain or  
Bruise w<sup>th</sup> Laurel wood

Take 2 Ounces of Camphor put it  
to half a Pint of Rectified Spirit of  
Wine. Let it dissolve and put it into  
a Quart Bottle, and fill it up with  
Bullocks Gall & Shake it together for  
Use

118  
a Receipt for a Scorbutick Humour or  
breaking out for sweetening the Blood  
given by Doctor James C. Lady Astley

Take 3 pound of Ripe Red Currants  
Two ditto of Black Cherries put them  
into an Earthen Pott and bake them  
till the Juice runs out from them, which  
" little for Use, should be very slowly  
a Small Tea Cup full for a Child  
parting every morning

Opening Elixary Turbids

R. Elix denite ℥ij  
Syr Rosar Solut ℥ij m f Elix  
Copial & N. M. pro Re nata

a Good Timentation w<sup>th</sup> Heat food —  
 Camomile flowers Peppery Heads boiled  
 in Milk

a Cure for the Rheumatism M<sup>r</sup> Dodsworth  
 Put two large Spoonfulls of white Mustard  
 seed a little bruised, into two Quarts of water  
 let it boil away to one Quart, then strain it and  
 drink a quarter of a Pint in the morning fasting  
 & one in the afternoon 2 or 3 hours after dinner.  
 add Ten drops of Spirit of Lavender and  
 Ten drops of the Tincture of Castor into each  
 here just as you are going to drink it.

At 3 four or five quarts near facts of curing  
 in the worst cases

Doctor Bateleys recipe for Cough  
 of Melmoth

2 Ounces of Essence of Steeps  
 ditto Essence of Roses  
 2 Drachms of Bileoanum in fine powder  
 50 Drops of Spirit of Sulphur  
 2 Ounces of Rind of white Pepperc  
 a pound of Stoned Raisins beaten with the above  
 Ingredients, to a thin Electary.

The quantity of a Nut may be taken  
 Night and morning and at other times when the  
 Cough is troublesome.

Receipt for a Cough Given me by Mr. Lattis -  
 Six large Spoonfulls of Pennyroyal Water  
 Three of fair Water Two spoonfulls of Oil of  
 Sweet Almonds, Some Teaspoonfull of ~~the~~  
 Saloolate or Hartstorn, sweeten it with  
 some Sugar Candy & Shake it well together;  
 Taking 2 large Spoonfulls, whenever the  
 Cough is troublesome

A Cure for a Hoarsness Cough & pain  
 on the Breast Mr. Smelt

Take a pound & quarter of Suet from  
 the ~~back~~ of a Sheep the day after it is  
 killed & shred it as fine as flour. takeing  
 out all the Skins and threads - mix it into  
 two Quarts of new Milk and set it on a  
 Stove to Simmer keep stirring it now &  
 then, and as the Scum rises take it off carefully  
 with a Wooden Spoon, be sure you dont let  
 the Milk Boil, even for a moment. if you do  
 you will Spoil it. but keep constantly and  
 then Scimming untill it is reduced to one  
 quart. then take it off & set it by to cool.  
 & what Suet remains will then be on the Top  
 which take off & warm a Coffee cup full of the  
 Milk every morning an hour before you eat  
 breakfast & a nottle an hour before you

731

dinner and drink also another just before you go to bed, you must continue to take this above a month or untill your hoarseness is quite removed

---

124

Receipt for Worm powder had from  
Mr Dobson

1  $\frac{3}{4}$  Drams of Wormseed  
24 Grains of Tenna  
3 Grains Coriander seeds  
3 Grains of prepared Hartshorn  
12 Grains of Rhubarb  
6 Grains of dried Rue

Let this be divided into nine doses and a dose given to the Child for three mornings successively, then omit three and so on till the nine doses are taken mix it up in Treacle If it should not operate add to each Dose 2 or 3 Grains of Tallow. N.B There will be 17 Grains in a dose

---

124

Doct<sup>r</sup> Gustavus Plectuary Jun<sup>r</sup> 3<sup>d</sup> 1780.

Take of the Plectuary of Cassia one ounce of the best Rhubarb in Powder Twenty three Grains with a sufficient quantity of Syrup of Ginger to make an Electuary

M<sup>rs</sup> Mellishes receipt to cure a  
Scald Head

White ointment from the Apothecarys  
which is made with Sweet Oil Spermacity  
& white wax when the Ointment is Cold  
incorporate as much pounded white  
Sugar Candy as you can for it still to  
remain a pomatum.

N.B. The Sugar Candy must not be  
sifted rub the whole head over with this  
pomatum upon a piece of flanel twice a  
day. Take care to change the Nightcap  
often and not to let the Child wear either  
Curls or hat which has ever worn before  
it is not necessary to keep the head shaved  
and when the hair grows let it be washed  
with Water and a Sponge.

Lady Jagg's receipt for the Ague  
Half an ounce of Bark, 40 Grains of Salt of  
Wormwood 30 Grains of Snakeroot ball finely  
powdered, and put into half a Pint of  
Red Wine. to be taken all an hour before  
the fall is Expected.

elunq. et lique. M<sup>rs</sup>. Mellishes.

26 drops of the Decoction of Viper in a cup full of Camomile Tea  
to be taken 3 times a day at day break & at night.

## A Cure for the Gravel

Take a Large Spoonfull of Brambleberry  
Torn in a Glass of Water or other Small  
Liquid

128

To Prevent the Ill Consequences of a  
Brisse by a fall or otherwise, whose Bleeding  
might be necessary.

Take a Charge or two of Gun powder dipped  
in a Glass of Cold Water and drink it as  
soon as you can after the Accident, and it will  
answer as well as Bleeding.

129

## Receipt for the Ague

As much of the Snuff of a Tallow Candle  
well burnt as will lay upon a Shetling end  
as much nexting Tobaccato an hour before the  
fittes Expected. The snuff should be reduced to  
30ay fine powder, which cannot be done  
without burning it again after being snuffed  
off. NB a Pannetich should be first taken

130

A Cure for a galloping Consumption  
occasioned by a Cold Taken out of the London  
Chronicle of August 25<sup>th</sup> 1781 from a Letter  
signed F. N. Dated Portland Street July 23 1781

Two Ounces of the expressed Juice  
of Fleese Rourd, mixed with a Pint of  
Cows Milk, and Sweetend with honey.

a Dram of the leaves of More heered in powder on  
Dose

If the Expressed Juice is made into an Extract from  
10 grains to half a Dram for a Dose

131  
 Receipt for a Droopsey which Cured a  
 Daughter of Richard Stenthill, of Norton  
 after trying all the Advice of the Faculty she  
 could get and the County Hospital at York.

Take Steel prepared with Sulphur -  
 and Crude Antimony of each one Ounce  
 Diagridium four Ounces make a fine  
 powder of them. Then add as much of any  
 first Syrup as will make a soft Electuary  
 take a Tea Spoonfull at Night going to bed  
 and another in the Morning taking care to  
 Stir it well from the Bottom first.

NB Increasing or Decreasing the Dose by  
 your own occasion omitting any sort of  
 Liquor during the Operation of the Phisick  
 as the Water decreases, decrease your times of  
 taking, from once in four days to once in  
 six or 8, as the Water decreases the Blood will  
 recover, and become Natural, omitting all  
 Spoon Meats, Fruits and Herbage, when the  
 Operation is over dont exceed a pint or  
 a half of Liquor in Twenty four hours

She took it Night and Morning the first  
 time then omitted two days, then took it in a  
 Morning only, then omitted four or 5 days  
 and if repeated it according to the Receipt

Receipt for Oppodildack for a Sprain

Take 2 Ounces of Camphor, put it to half a Pint  
 of Rectified Spirits of Wine, let it depose & put it into a  
 Pearl Bottle & fill it up with Bullack & Gall and shake  
 it together for use

Diet<sup>n</sup> Guotherts Receipt  
for Phisick. had from Mr Pointz —

Two Ounces of Manna dissolved in a  
Pint of Barley Water, twelve Almonds —  
Blanched & pounded put to it, then strain  
it off & put to this liquor three drams of  
Soluble tartar & Three drams of Nutmeg  
Water. Take 11 Spoonfulls of this Mixture  
every 11 hours till 2 or 3 motions are  
gained, then stop, & repeat it the next day,  
or day after as occasion requires. —

133

a Family Phisick from M<sup>r</sup> Arndt

~~Senna Three quarters of an Ounce~~  
~~Manna ~~two~~ half an Ounce~~  
~~Cardamom seeds one drachm~~ Three  
drachms

To Three quarters of an Ounce of Senna  
put 211 Spoonfulls of Boiling water and  
when Cold strain it off Then add half  
an Ounce of Manna Three drachms of  
Cardamum or Coriander seeds and set it  
by the fire till all the Manna is dissolved  
then strain it again and take 2 Table  
Spoonfulls at Bedtime —

Doctor Borehaves Receipt for Fever  
powders —

Nitre 16 Ounces Cochineal 16 Grains  
of Saffron four drams, Camphire half an  
ounce powder them all very fine, mix &  
keep it dry in a glass Bottle with a glass stopper

This is to be taken by a grown person as much  
as will lay on a Shilling, every four or six hours  
drinking either Sweet Whey, Wormwoode Tea or  
Toast and Water warm.

When they apprehend any Rash, Small Pox or  
measles, this is to be a medicine —

To make Saline Draughts.

Take as much Salt of Wormwood as will  
lay upon a Scurvy. One Table Spoonfull  
of Juice of Lemon. Two Table Spoonfulls of  
Water and a little fine Loaf Sugar.

Receipt for a Consumption or a Weak  
habite

Take twenty Garden Snails crack the Shells  
and take them out and Wash them Clean,  
Then Infuse them in a Pint of Boiling Water  
for Twenty four hours then Strain the Liqueur  
thro' a Muslin, put it into a Bottle, and add  
to it two Ounces of White Sugar Candy finely  
Powdered, and a Quarter of a Pint of French  
Brandy, shaking it well. Take a Table Spoon  
full of the Liqueur in a Leatop or Quarter of a Pint of Milk  
with Milk in the morning fasting an hour —

137

after, And the same quantity in the afternoon  
Abstain from Malt Liquor and Salt meat

137

For the Gout in the hand or Stomach or  
any Complaint in the Bowells

A Pint of Brandy, half an ounce of Rhenish  
a Quarter of an ounce of Senna, a Quarter of an ounce  
of Inheroot. a Quarter of an ounce of Ginger, To  
stand three or four days, then Strain it off. a  
Spoonfull to be taken going to Bed, when very bad  
Two or three Spoonfulls, may be taken

138

Beaume de Vie

Of Sundrine Aloes in Powder 3 Drachms  
Rhenish. Gum Myrrh in Powder Saffron, of Each  
two Drachms, Salt of Tartar three Drachms, Boil them  
in a quart of Water to a Pint and half, and let the  
strained liquor add half a Pint of Brandy and  
Two Ounces of Sugar

139

Oppodeldoe, for a strain.

Two ounces of Camphire and half a Pint of  
Rectified Spirit of Wine, put them into a quart bottle  
let the Camphire be quite dissolved in the Spirit of Wine  
then fill up the Bottle with Bullock's Gall

140

For the Rheumatism

Take three Spoonfulls of the above mentioned Oppodeldoe  
one of Sweet Oil, and a Tea spoonfull of Spirit of Hartshorn  
dip a Flannel and Rub it on affected parts

141  
Receipt for the Dropsey

Take 16 Large Nutmeggs, 11 Spoonfulls of  
Broom Rokes dried and burnt in the Oven, -  
one Ounce and half of Mustard seed bruised one  
handfull of Horseradish Scraped, All these to be  
put into a Gallon, of Strong Mountain Wine; and  
to stand three or four days; then a Gill or half a  
Pint to be drunk every morning and fast an hour  
or two after it; -

142

For a Poutlet

Oil Vinegar & fine Oatmeal boiled together  
to the thickness of a Common poutlet. 'Tis good for  
all Swellings, but a white Swelling

143

For the Rheumatism

Take a quarter of a Dram of Salt peter -  
dissolve it in a pint of new warm Milk, to a large  
Spoonfull of Old Rum Sweeten to your Taste. &  
take this quantity every night going to bed, repeat  
this till you are cured, & afterwards never fail upon  
repeating it Spring & Fall

144

a Copy of Doctor Ringles Receipt for the  
Violent Rheumatism

Rij Calamel. levigat. ʒ<sup>o</sup> x

Conserv. Rosar. ʒ. s. f. Pul. aq. - No. X.

Sum. unum omni nocte hora Somni Supra Lib.

Maus. b. Saq -

Rp. Aq. Alxite. Temp ʒi Alxite. Spirit ʒii Vin. Antimonial  
ʒ<sup>o</sup> XXV. Tinct. Thebaic. ʒ<sup>o</sup> XX Syrt. Croc. ʒi ʒss  
J. S.

Doc<sup>r</sup> Fothergills Elixir for Gouty & Rheumatic  
Complaints

Two Ounces of Caraway Seeds Two ditto  
of Coriander Seeds, Two ditto of Anniseeds, Two  
ditto of Elicampain. Root Two ditto of Stock  
Liquorice, Two ditto of Siquerr Vite Chips Half  
an Ounce of English Saffron five Ounces of  
Senna, & one pound of Ferr Raisins Stoned.

The seeds must be bruised, the ~~Elicampain~~

Elicampain sliced, the Stock liquorice —  
Scraped, & the Stalks picked out of the Senna  
Infuse these in a Gallon of the best Brandy  
to stand nine days, shaking the Bottle  
often, then strain it through a fine Muslin  
& Bottle it for use. Take the Quantity of Two  
Table Spoonfulls at a time; In some Cases  
three may be found necessary. It is good for  
all Complexions. of the Gout Cholick and  
Indigestions Excellent in Windy & Flatulencies  
and for the Gravel or Rheumatism in the  
Bowels.

1216

Receipt for the Fomentation used by Mr  
Constable, which gave him Relief when nothing else  
that was tried would assist him in a Pain imagined  
at Sciatia

Fomentation

Camomil flowers, Poppy heads and Elder Leaves,  
and after it was fomented an hour, then the following  
Embrocation rubbed in.

Laudinum, Musthorn and Oil of Turpentine  
Each quarter of an Ounce, and was repeated three times a day

Copy of a Prescription given by Doct<sup>r</sup>  
James to Colonel Letchmere (supposed to be  
Order his Annals of the Bills)

R<sup>ss</sup> Pulv Bugonia alb. Vocat (Jamesi)  
Gum Gubci  
Pil Ruffia aa 3 i  
Tinet Caob<sup>r</sup> q: s. ft Pill No XXXVI

Liquid Balsom for the Rheumatism -

Sapaponeilla sliced and Bruised 3 Ounces  
finespirit of Wine 1 Quart let them be put  
into a wide mouthed Bottle and stand close  
stoped by the fire on the Sun 3 days then  
strain the liquor very hard, then add to it  
4 Ounces of Gum Guaiacum digest it again 3 day  
and strain it again as before then add one  
ounce and half of Balsom of Peru after which  
digest it again 3 days pour the liquor into  
Phials Cork and Seal them down a Teaspoon  
full in glass of wine and water warm taken at  
night ~~generally~~ going to bed in a few nights -  
generally cures the Rheumatism, wash any  
wound with it and put a healing plaister over it  
and it will cure it - 10 or 12 drops taken in  
Spring water every morning for a week will cure  
a broken vein in the Stomach

Mr Oods Receipt for an Astmas a a  
Complaint on the Lungs

Take Equal quantities of Bees Wax and Rosin  
put them in a saddle of it over a fire let it boil up  
then take it off & let the Patient Lunge much of the Sonoch  
as convenient and often repeated

A certain radical cure for the Scurvy, which will not cost more than three pence a week. It has proved most effectual in the tormenting disorder attended with Irritation, continual Bleethes in the Face, &c. after every other Application has failed, and particularly those famous, expensive Drops & other Nostrums, whose reputation the writer hereof has found to be much superior to their merit. He therefore desires, from the sole principle of humanity, that what he has experienced to be so great a benefit, may be universally known, for it came to his knowledge by other accidents. — Two ounces of Cream of Tartar, one ounce of Sulphur, one ounce of ~~the~~ Minerals; pound them fine, and mix them in a pound of Treacle taking half ~~an ounce~~ Spoon full on hour before Breakfast, and the same quantity going to Rest, if this <sup>should</sup> Purge too much, take it only ~~once~~ in 24 hours ~~every~~ Evening. Continue the practice, and the Effect will soon demonstrate its utility.

Taken out of the Morning Herald 9 and 14 1788

To make Sham Apes Milk

a Scoop full of Pearl Barley a small handfull of Hartshorn Shavings. Two ounces of Candel Eriags root One ounce and half of Cumprey root Put them into Two Quarts of soft water & boil it slowly till it comes to one quart Then strain it & set it by to Cook a Quarter of a Pint of this to be warmed with 2 Spoonfulls of new milk & one little piece of fine Sugar

Receipt for the Jaundice *M. P. H.*  
 Take Equall Quantities of Powders  
 Rhubarb, and Smilax Currents.  
 which let be beat together into a Paste  
 and make Pills of it of a Common  
 Size Three of which are to be taken  
 every Night going to Bed —

152

*M. Watson's* Receipt for an  
 Emetic

Take ten Grains of Emilee Tartar  
 Tartar dissolved in three ounces of hot  
 Water, and when Cold add three Ounces  
 of White Wine

Two large Spoonfulls to be taken at  
 first and repeated a Spoonfull every  
 hour till it operates, drinking a little  
 Warm Water or Tea on occasion required

153

a Small Table spoonfull of Mustard  
 Seed whole may be taken Night and  
 Morning in a little Cold Water which  
 will keep the Body moderate open  
 It is an Excellent Stomachic —

a Cure for a Dropsey

Take Best Powder of Gallap, Two Scruples  
Gambouge halfe Scruple Ginger halfe  
Scruple Scamoney Six Grains Cream of  
Tartar Ten grains mixe them together  
for a Powder and take one every four or  
five days or as occasion requires

155

a Cure for the Jaundice (Mr Gaulters)

Take one ounce of Turmeric and put  
into a Quart of Strong Mountain Wine  
a Wine glass to be given Every Morning  
and afternoon fasting

156

Receipt for a Burn or Scald (Mr Tans)

Take some quick Lime which Quench with water  
and add a little Linseed Oil to it, put it upon the place  
Effused with a Ragg over it which must continue on till well

157

a Cure for the Gout (Mr Soudanour)

a Pound of Stone Brimstone finely  
powdered, put into an Earthen Vesel and  
pour upon it One Gallon of Boiling water.  
Let it stand for four days, and be well stirred  
two or three times a day, it should be close  
stoped after stirring, At the end of ~~four~~  
the fourth day poured off fine and  
Drink halfe Pint Every morning fasting at  
least one hour before Breakfast

## Receipt for the Ague

Take as much Oyster shell powder as will buy one Shilling or less before the fit is expected and after a large Spoonfull ~~of the best~~ of the best Vinegar or Verjuice and got to bed, Three doses, or 6 later. This is a quantity for a young up Person, for a Child half ~~as much~~ the quantity. The Patient may drink any small liquor.

159

a Receipt for the Ague said to be almost a ~~sure~~ infallible one taken from the York Courant October 19<sup>th</sup> 1734  
 Take two <sup>Table</sup> Spoonfulls of Juice pressed from a good well pounded, add an Equal quantity of Vinegar, & Let the Patient Swallow the Dose when the fit comes on

160  
Relief in the Gout

on the least Symptom of the Approach of the disorder take Jesuits Bark in Red Ports and repeat it till the fit goes off, which will be in a few days if constantly taken. Many persons have been greatly relieved by this Prescription.

a Certain Cure for an Ague had from Mr Croft  
 Take the Quarter of an ounce of the Best Bark finely powdered  
 half an ounce of Pepper finely Powdered & sifted one ounce  
 of Coarse Brause Sugar - One Whole Nutmeg grated mix  
 these up with Rum into an Electuary then a Teaspoon full  
 to be taken four times in the course of the day till the whole  
 quantity is Consumed - Then let the Patient rest a  
 Week and then repeat the same Quantity again -

o Receipt for the Red Water

142

Take  $\frac{1}{2}$  pound of Cream of Tartar  $\frac{1}{2}$  of a pound of Flower of  
Brimstone a pound of Coarse Sugar mixed in 2 Quarts of Cracked  
Cream give it Heat half the Quantity let it stand ~~two~~ hours  
and then give it the remaining part

o Cure for the Itch of the Clevesia

Take lumps of White Coppers about the size of a  
Walnut add to it a Quart of boiling Water, when dissolved  
with a Ragg dipped in the liquor touch all the places affected  
and it will not only cure but prevent infection

62  
M. Misclens Receipt for deafness

o very small Vial of Oil of Sweet Almonds  
 $\frac{1}{2}$  the Quantity of Tincture of Castor 2 drops of  
Oil of Amber

163

Mr. Carter's Receipt for deafness

Two drops of Oil of Rosemary in a handful  
of Milk & Water to be held over the Candle till  
warm & to be then drop'd into the Ear

164

Mr. J. Tubbs Receipt for deafness

Take Oil of Sweet Almonds one Ounce  
Tincture of Castor 2 Drohms -  
Oil of Rosemary Oil of Cloves and Oil of Cammin  
Each Three drops, mix them well together  
let 3 drops be put into each Ear before you  
go to bed putting into the Ear a little Black  
wool or a little Fine sponge



Receipt for the Journeye Mr. Mawes supposed to  
 come with Balls at Bath

Take a large dromon cut a piece of the rind and put  
 in it 6 penny worth of Saffron. set it upon a fire 'till it  
 very well before the fire in a plate to preserve the Juice  
 have half an ounce of Turmeric, or Curcumas 3  
 ounces of powdered Sugar Candy ready in a Colander  
 and when the Lemon is thoroughly done pul it in  
 and pour over it a Sallet of Mountain Wine  
 cover it close and let it stand one Night Then  
 Crack or Bruise the Lemon in pieces Add of  
 the best powdered Rhubarb at the rate of 3 or 5  
 Grains per Glass, Take a Wine Glass Morning  
 and Evening

A Receipt for Reddening Gatepost Gates &c and  
 preserving them

Put 12 Canes of Resin in an Iron pot or Skille  
 and 12 Gallons of Turpentine and 12 of Oile of Brimstone  
 when the Resin and Brimstone are melted and  
 become thin Add as much Spanish hawke as Red or  
 yellow Colours (or any other Colours you want. Ground  
 fine as usual with Oil) so will give the whole a deep  
 shade as you like. It. When lay it on with a Brush as  
 thin as you can, Some days after the first Coat is  
 dried give it a second & so preserve the  
 Colours and prevent the Iron from being  
 Rusted

Receipt to Make Yeast *Yallmond Feb 18 1776*

One pound of pear Flour Rais'd to the thickness of  
 greenwell with boiling Water add half a pound of Confection  
 Sagar mix them well together, put 3 Spoonfulls of  
 persified Yeast into a large Vessel upon which pour  
 the above ingredients, They will soon ferment  
 & suddenly collect the Yeast of the Top put it in a  
 round small necked Pot Cover it from the Sun  
 and set it on a cool place  
 and when used in past, then renew it with the  
 same ingredients made into a paste and kept on  
 the same proportion, Renewe Yeast with be  
 necessary after the first time when kept yeast  
 for 3 Months

A Cure for the Sores that are on Sheep

Wash them well with water strongly impregnated  
 with Oil or Spirit of Vitriol should it be too  
 hot they may be diluted with water applyed  
 into a low Pasture and it will prevent the  
 consequences

A Cure for the King's Evil *Ship Aider*  
 October 27<sup>th</sup> 1789

Common Brandy Twenty ounces of Vitell's Gall  
 of Comarice and Gentian Root of each one Drachm  
 and half let them infuse in the Liquid Twenty four hours  
 before you use it and let it remain on the Root  
 The Stone is fastening on the face & in the nose and upper  
 a Table Spoonfull each time in a little Water or  
 without it as the Patient chooses

a Plaister for a sore Throat & sore Gullet

Take 4 Ounces of the salt of a Logn of ~~Redden~~  
mutton put it into a new Glazed Pipkin  
set it on the fire when melted strain the salt  
then put it into the pipkin again with two  
Ounces of Butter without salt; when melted again  
add two ounces of Rosin, when the rosin is  
melted then put an Ounce and half of Beedston  
when all are melted together put it into Gally  
pelt, for use. Repeat the plaister till the throat is  
well. It is good for burns or outside sores repeated  
once in 24 hours.

Spread the above in Linnen enough  
to cover the whole Throat & put a piece of  
Flannel over it Change it once a day and  
every 12. hours if very bad.

a Method for keeping Rats & Crows of Corn  
Land. John Leonard James Esq.

Take a Quart of Tral Oil as much Turpentine and  
Breud Gunpowder Beat them together and when hot  
dip pieces of Ragg into it, and fasten it on a stick  
in the field, about four is sufficient for one Acre, The birds  
will certainly not come near the spot.

York Concert June 1<sup>st</sup> 1790

a Certain Cure for the Stone or Gravel

Take a large handfull of the Fibres of Garden Leeks well  
thruste Two Quarts of soft Water let them be Clove covered  
and simmer gently over the fire till reduced to one Then pour  
it off Dribble a Pint in the course of the day divided morning  
Noon and Night. This is a sufficient Quantity for a Man or Woman

Henry Phereich had from

M<sup>r</sup> Grimston Sep<sup>r</sup> 8<sup>th</sup> 1790

Tenne Graines Jalap 36 Grains

Cream of Tartar 24 Grains Ginger 48 <sup>Grains</sup> Oz

all finely powdered

Given to an Adult 1 Dram

10 Years Old 1  $\frac{1}{2}$  <sup>Scruples</sup>

1 Year Old  $\frac{1}{4}$  of a Dram

Recipe for Cold Windy Cholice Surfeit & Indigestion  
Complaints

Take a Quart of double Distilled Aniseed Water  
Sweetness of Turkey Rhubarb

$\frac{3}{4}$  of an ounce of Salt of Wormwood

and Juice of Lemon. If not strong enough with out

and Juice of Cardamom. Load the following recipe

Since the Cup full, the quantity may be varied  
according to the Quantity wanted.

Prepared by W. W. W. Sep<sup>r</sup> 2<sup>nd</sup> 1790

Rp for Indigestion sent me by Mr Wilson  
who had it from the Major Gen. Sept 7<sup>th</sup> 1789

Succotrine Pills — 1 ounce

Rhubarb powder — 1 ounce

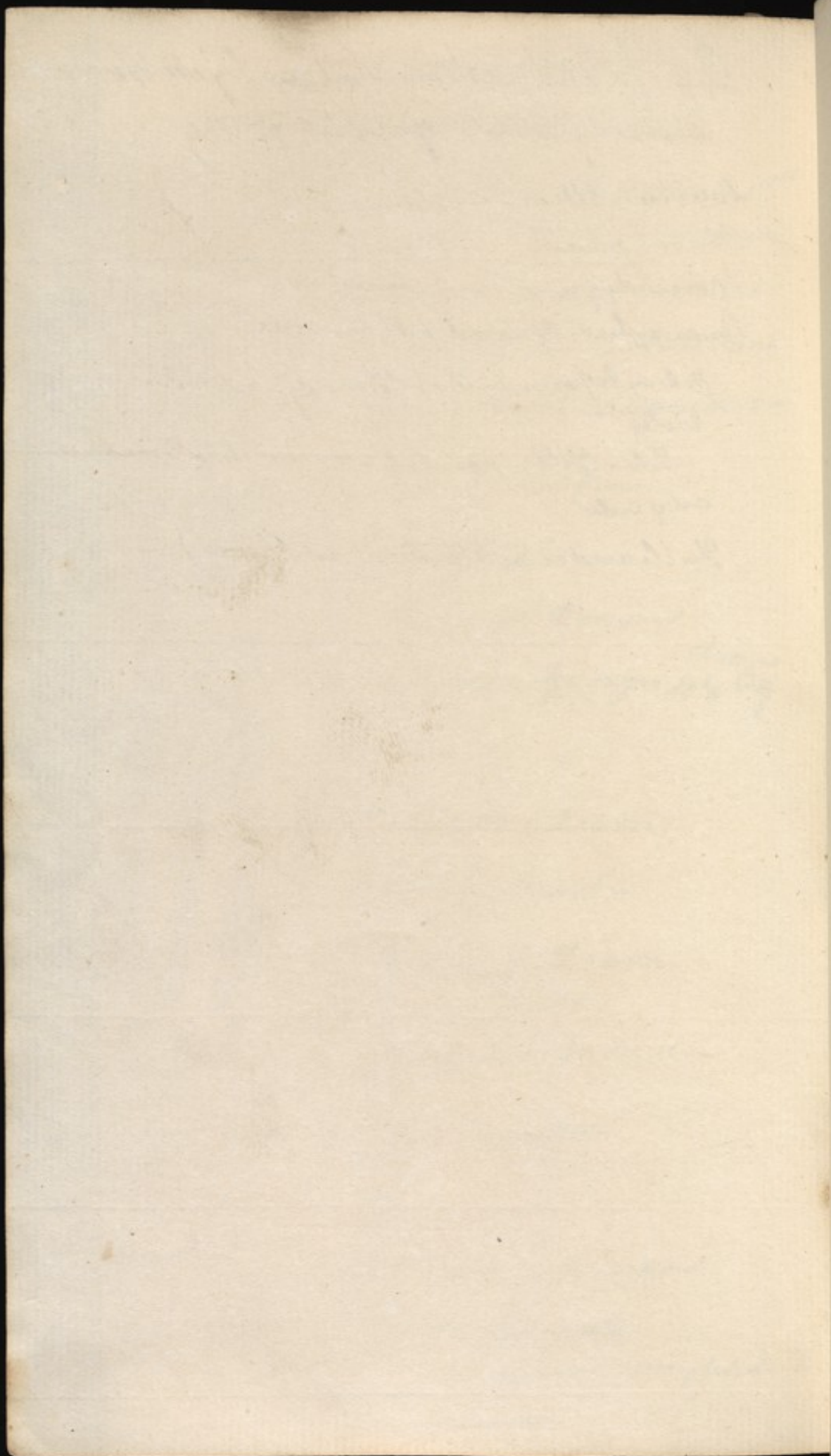
1 ounce of liquor — 1 ounce

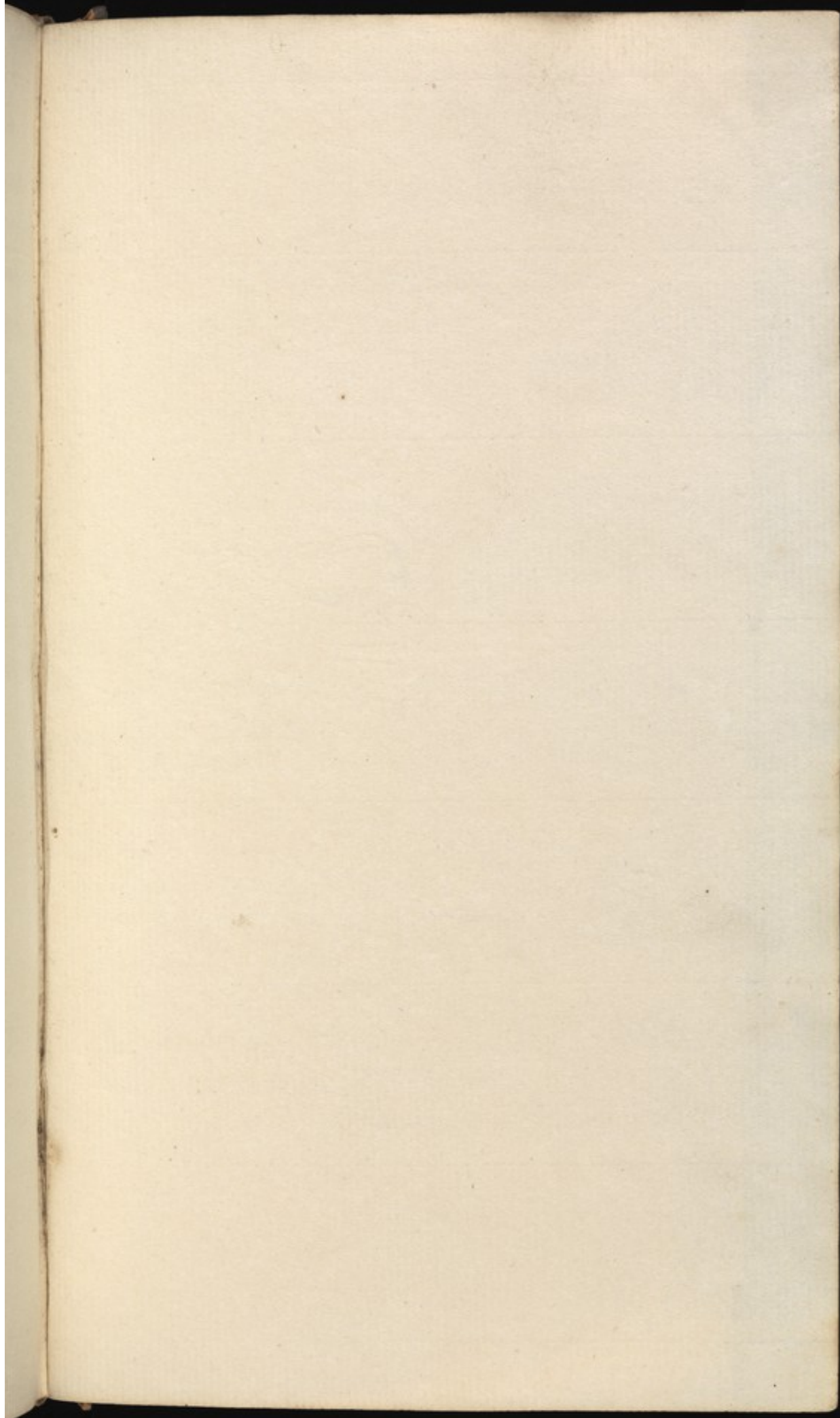
Compounded Symplic Powder half an ounce

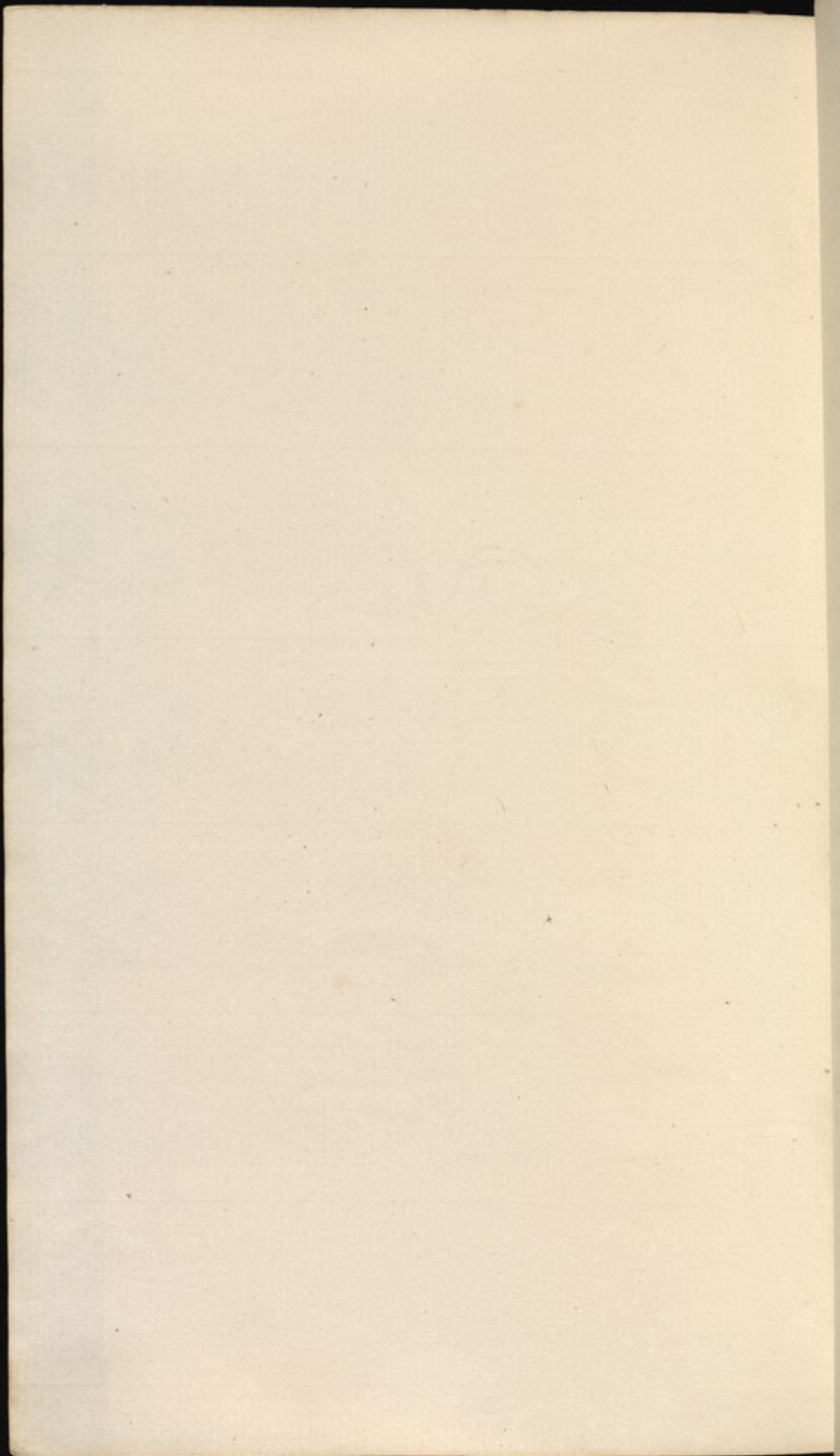
Make an Infusion in Part of Brandy and a Part of  
water

Take a Table Spoon full whenever the Stomach is  
out of order

Use 6 Grains in Alterative (not Phlegm) —







*[Faint, illegible handwriting on lined paper]*

a Copyy Doctor Sampsons Receipt for the  
Flux that was so much stirring had for Mr Gaulton  
in 1786

Take Rhubarb in Powder five grains, Ipecacuanha One grain  
prepar'd Chalk Six grains to be made into Pills with Mucilage  
of Gum Arabick - one to be taken Every 8 hours

Take Chalk Iuleplaine Ounce, Peruvian Cloves 1/2 ten drops mix  
for a draught, one of which to be taken after each Bolus —  
Doctor Sampson ordered Mr Gaulton to be told to the quantity of  
Six ounces provided he takes the Medicines

To continue to take 5 grains of the fine Powder of Rhubarb and  
3 of Nutmeg every morning and evening for a week or more in any liquid  
if this quantity does not produce 2 or 3 Motions in 24 hours & increase  
the quantity should it purge more then 3 times in 24 hours then to give  
only 3 grains twice a day and after each loose stool another 3 con-  
large Meat Spoonfull of Chalk Pulver with 15 drops of Cloves Peruvian  
Peruvian or 15 or 20 drops in little Red Wine with Cinna more  
but not to exceed 60 drops of Peruvian in 24 hours, If this does not  
obtain the purging a Clyster made of 1/2 Pint of Aleck made as it is  
used for Scurvy but rather more liquid with 30 drops of Laudanum in it  
and repeated morning and evening if necessary, If the Purging should be  
attended with violent Pain & Gripes a Fomentation of Camomile  
Flower & Poppyheads, 2 Ounces of Lark beated in 6 Quarts of  
Water to be gotten and strained off mixing the Seeds out of this very  
dry and apply them to the Stomach & Body for 2 or 3 hours If attended  
with violent fever & be yet further off violence





A Copy of Mr Thicknes's letter to Thomas Jacombe Esq  
on Bellous Complains Sept. 21<sup>st</sup> 1780

For  
with you & your friend need make an apology  
to me in asking the best Advice to man ignorant of his sick con-  
dition in your case, but as a Sympthist and a Sufferer, as  
I lately told the Lord Chancellor (who has the same bad disorder)  
I claim precedence of every Man in England. I am confident  
that you have, & have pass'd also Gall stones. I say you  
have pass'd because that acute pain confined to a small  
Spot at the pit of the Stomach, never can arise, but from the  
stones being on their passage & near to the Extremity of the Gall  
Duct. for there it is those exquisite sensible nerves are it as  
they always occasion, more a less, a Spasm in the Duct,  
I said a new by its Relaxing quality dilates the duct &  
promotes their Expulsion & may, any night be freely taken  
taken at the same time gentle opening Pills, & attending  
at all times to keep the Body open; Figs and Bergamot  
Pears in particular are good, and all sorts of quiet Ripe fruit  
I have let the Lord Chancellor & Bar scraping & eating Honey  
with his head feet for order to open the Body, either during the fit  
of the Gall stone or at any other time, put Manna, Salts, Tenna  
&c. on Ounce or two of each into a large Punch Bowl of  
boiling Water, & drink of that, when all is dissolved, large  
Tea Cup full, every half hour, till a Stool is procur'd for all  
the Business must be done by gentle means & likewise  
the fitter ride out, a walking, but a Trotting horse, we  
make an Artificial trot by saddle bumping,  
If for instance I had a pound of Coyled peas in a bladder  
I could carry them whole to York on a Walking horse  
but if I Trotted with them they would by falling one  
against the other be reduced to a pulp, So you who have  
perhaps Twenty or Thirty Gall Stones in the Gall bladder  
must relieve their Sore by Riding on a Very hard Trotting  
horse. The Lord Chancellor rode out every day, but as  
smoothly as his horse could carry him. I however have  
measured him as a rough Rider & have the pleasure to see  
him look better every day. & I am Convinced that if the  
Lewer's sound as I think yours is, you are on no danger

Out of bodily pain; & if that by Eating as much ripe  
fruit as your Stomach will bear, riding Every day and  
wilfully shaking the Liver & Consequently the Gall bladder,  
that you will be rid of this very painful disorder,  
I Agree with you that Bath Waters or not (but in some  
particular habits) of much Service in this disorder &  
I have rather dissuaded the Chari from drinking much  
of them as they are heating, I apprehend that Gall Stones  
are generated by a too good or rather to great a heat in the  
Stomach & Consequently all Cooling things are proper even  
Ice if the Stomach will bear it. To know certainly (and  
it might be known) let the Faces be put into a Sieve &  
warm water puered upon it, & the day after a Sieve  
fit. I well Venture to say you will find Stones or parts of  
bills or concretions & they may be known by their being  
Inflammable for they will burn in a Candle; I again  
repeat it that you must have passed either broken parts  
or whole Gall stones, they could not all have returned into the  
bladder nor could such pain arise while in the bladder please  
to let me know whether whether previous to the pain you have  
not a ~~sickish~~ sensation, whereby you are apprised of  
what is to follow a sickness not easily described something  
like the beginning to be sick you will be pleased to  
Excuse the hasty manner in which this is written - but I am  
pursued for time to day but as it goes out to Morrow I  
would not have this flattering myself that it may be  
some Comfort to you to know, that I who am now Turned  
of sixty one and is strong & healthy a man as lives at that  
Age, I am emancipated from this horrid painful  
disorder, I make no doubt but you as you grow Older will  
be so too. Avoid all sudden Passion or violent Passions of  
the mind. Eat Honey or Hard Toasted bread & fruits  
without End, all the Season particularly Raisins, I beg Sir  
you will write to me for any fuller hints you may think me  
capable of giving you; I feel infinite pleasure when I think  
I can render an office of any kind easier And Sir

D. Herchel

and the

Sir. When I write to you this morning I overlooked your  
mentioning Daffodil Elixer Thoudet medicines of ore made  
from

from bad Spirits are certainly injurious & therefore I cannot help  
repeating it to you that Baling Gentle Physic also is proper  
Salt alone or also improper. But one ounce of Salts to two or  
three of manna with a little Senna & Prunes stew'd Rascally  
I drink little by little till a stool or two is procured seems the  
safest as all violent Purges are highly injurious to every Man,  
If your Stomach will not bear so much fruit as you ought to  
Eat. for you ought to Eat a great deal I suppose the Borage root  
Peas, &c. as that does part of the Stomach's business. It is  
remarked that fatts of all sorts after a long winter dry food  
Engender Gall Stones, & that they pop them in the Spring when  
they are turned but to Grief which Scroves them. But ask your  
Physician whether a small quantity of Calomel may not  
now and then be proper to Rouse the Sluggishness of the bile  
when you go out into a halcyon Coach & if you can bear  
it little Coachman drives as fast as he can on the Stone  
I mean when you have no stone in the Gall duct that is when  
you are not under great pain. It is inconceivable how Ignorant  
or Careless Physicians are in these disorders, & I suppose so in  
all others. Dr. Heberden however understands it pretty well &  
if you should doubt by Dr. Milman he is very clear & sets  
me to Complement me on what I had said, on Believers con-  
ventions, he is one however above doing ~~anything~~ good in not  
in the power of the best of them to do much good, but it is in the  
power of a few to do infinite mischief. Therefore with news call  
many ~~of~~ by Doct. Natus &c.

Pod.

Dr. Ferdinando Wornes published some years since  
a Treatise on the Gout in a Pamphlet that is a most  
Excellent receipt to prepare an Opist which all the  
good Effects of the Opium & most of the bad ones removed  
I would advise you to have that prepared under your  
ownly thought & prescription

*[Faint, illegible handwriting on a lined page]*

o. b. p.  
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Am  
has don  
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M.C.  
C  
C

a Copy of Doct<sup>r</sup> Aldersons Prescription

R/

Argent Viv: gr̄. xiv  
Amyl: Junip: ℥ss to rentur simul  
bene dose ce diosporamini & Globull  
deir adde Opij puri gr̄. v  
Conseru: Rosar: rubr. q. s. / p̄pilul. xxii  
quorum sumat ij omni nocte horide cubetur

R/ Rap: Guacive  
— Sopspr: ac ℥ij  
Caspic in. Ag: foratan. Qjad ℥xii.  
Sumat ℥iv bis in die  
N. Chelmsly End J. St

August 26<sup>th</sup> 186—

W<sup>m</sup> Fowler R<sup>p</sup> Deprevent  
Caught in the Night

*[Faint, illegible handwriting on a lined page]*

*[Faint handwriting on the right edge of the page]*

Dr Richard Jebbs Prescription for Phicich  
for Miss A. Cholmley Aug<sup>r</sup> 11<sup>th</sup> 1779

Infus. Sena. ℥i

Tinct Sena —

Syrup. Rosar. oct. ci ℥i

~~Tinct~~ Tartari solubilis ℥ss

℞ Postea

Prox rata sumenda

Mr Sharps Prescription for Miss Ann  
Cholmley head August 13<sup>th</sup> 1779

~~℞ Ungt~~

Ungt. Saturnin. P. L. ℥iv

Sulph. precip — ℥ij

Olei Rhodii — q<sup>l</sup> xl

Olei Amygd. — q. S. f. Ungtum

Doct. Hunter's Prescription for Mrs  
Chelmsley August 23<sup>d</sup> 1779

R<sup>x</sup> Sapon Venet ℥ss Pulv. Rhubarb ℥ii  
Mastix. Gentian. pulv. ʒ<sup>v</sup> x  
Syr<sup>u</sup> alb Q<sup>d</sup> S ut f<sup>o</sup>. Massa in pilulas  
medi ones dividenda quorum capiat  
duas bis die Superbibendo coth, aq.  
menthae pip. Simpt.

Aug<sup>t</sup> 23<sup>d</sup> 1779

AH.

To mix Castor Oil -

Take Castor Oil one Ounce  
Yolk of Egg half an Ounce mix in  
a Mortar, then add Stomach Tincture  
Six Drachms Mint Water four Ounces

D<sup>r</sup>. Hunter wishes Mrs Chelmsley to take a ~~large~~  
dose of Castor Oil every fifth day. The intention  
of the above Pills is to clean & carry off a  
Superabundant mucus. Should they produce  
more than two stools daily, then please to  
diminish the dose. —

m.

Coppy of a Receipt Doct Jones  
Gave to Colonel Litchmer

R<sup>y</sup> Pulv Bugonia Alb veat. (Jones)  
Gum Gaici  
Pill Ruffe o a 31  
Finck Castor q. s. f<sup>t</sup> Pill  
910 xxxvi

Doct Pringles Receipt to Mr Smelt  
August 1782

R<sup>y</sup> Calomel. levigat. q<sup>r</sup>. x  
Convers. Rosar. q. s. f. Pil o q. No x Sum. unum  
Omni nocte hora Somni Super. bill. Claus. Lig

Mr Potts Prescription for an Inflammation  
in the Eyes

Take dried Elder flowers & Poppy heads of each  
half an ounce, beat them in Quab pots of new Meth  
and Water so as to strain off one Pint of Clear  
Decoction, to which add an Equal quantity of  
fresh Elder flower Water for Use

The Eyes shd not be bathed in this lotion  
warm Nights and Mornings

Copy of the Receipt for Mr Cholmeley's  
Electuary as ordered by Doct<sup>r</sup> Guethart  
at Bath in 1779 —

Toke of the Electuary of Cassia one  
ounce of the best Rhubarb in Powder  
Twenty three Grains, with a sufficient  
quantity of Syrup of Spinger to make  
an Electuary

June 3<sup>rd</sup> 1780      Opening Electuary  
had from Mr. Cholmeley

Mr. Hutchingsons Receipt for the  
Whisick he gave Ann in 1781 —

Rp Fol: Seno Adixonder alect ℥ij Iorn  
Cordem. minor ex cort. q<sup>ss</sup> In fundo in aq<sup>q</sup>  
Bulliant mare thee ℥ij & colo.

Rp Colatura ℥ij  
Sal. Pepsicus ℥ij.  
Sp<sup>a</sup> Rosar Salubr<sup>a</sup> ℥ij  
Sptdauend (Comp of X). m ft Pot<sup>a</sup>  
In one primo in lact. Samendo

Copy of Doct<sup>r</sup> Lebl's Prescriptions for Mr  
Chalmers July 17 1779

The Purgin<sup>g</sup> Mixture Take

Infusion of Senna four ounces

Tincture of Senna one ounce

Soluble Tartar

Solutive Syrup of Roses of each half an ounce

Make a Mixture to be kept on readiness, of which take one  
or two Table Spoonfulls occasionally if you are Costive

The Demulcent Draught

Take Extraction of Bark and Wine and a half

Tincture of Bark

Syrup of Marsh-Mallows of each half a Dram

Diarrhetic Salt a scruple and half a Dram

Make a Draught to be taken at Noon and at Seven in the Evening  
every day

The Sudorific Draught

Take Powers Sudorific Powders Ten Grains

Volatill<sup>e</sup> Aromatic Spirit Twenty five Grains

Sugar fifteen Grains

Pure water in Wine and half

Make a Draught

Take the prescribed Dose every day

Copy of Doct Felbo Receipt for Mrs Cholmley

Infus. Sena ℥ iij

Tinct. Sena ℥ i

Tortari Solubit. —

Syrup. Rosae acet. a ℥ ss  
f mixt.

In promptu habend. ejus scmet,

R. Decoel Cortee: Peruv. ℥ iij  
Tinct. yund. simp. ℥ i  
Syrup. C<sup>u</sup>

J<sup>r</sup> Rich Felbo prescription for  
Miss Cholmley March 19<sup>th</sup> 1782

R. Spong. ust. ʒ ij  
aq Calc. simp. ʒ vj  
mauro et Cola per Charb.

R. Cebat. liquor. ʒ x iij  
Sal. Rupel — ʒ i ss  
Tinct. Amar. — ʒ ss mischaust  
bis die sumendus

M<sup>o</sup>. Thopp. Ciastment for  
Aeng<sup>r</sup> Pice ℥ iij Phosm London  
~~Take Equal quantities of Tars and Chellton~~  
Take Equal Weights of Tars and Chellton

℞ a pound  
℥ an ounce  
℥ a Dram  
ʒ a Scruple  
ʒ a Grain  
gut a Drop  
℥ half  
Coch. a Spoonfull

S<sup>r</sup> Richard Jebbs prescription for Miss  
Cholmley March 21<sup>st</sup> 1782

℞ Solut. Spong. ust. 3℥V  
conf. Card. ʒ<sup>ss</sup> XV  
Aq. nuc. mosch. ʒi  
Sacch ʒx. mfk merid. et hor 7<sup>me</sup> vesper. Sum.

℞ Limat. Stanni ʒi  
Puls. Leni ʒi

Cons. Cynosh. ʒ. s. / Pil. xlvj Sumat  
bis die Supersb. haust. ~~tertia~~

a Copy of Doct James Boafs

℞ aloë. Succiotin. ℥ij  
Solue in lact vaccin. ℥ss F. Enema  
mane ip̄ciendum, et quotiedie repetendum  
ad 6<sup>ta</sup>m vicem —

℞ Pulv. Basilic Quincey gr̄ xiv  
Rad. Rhubarb. pulv. ℥ss  
Gallus. pulv. —

Huc moseliat. pulv. a<sup>o</sup> gr̄ iij M: F.  
Pulv. mane secundus, et semel in  
septimana repetendus ad 6<sup>ta</sup>m vicem

℞ Pulv. Stanni ℥ij  
Rad. Rhubarb. pulv. gr̄ iij M: F. Pulv.  
Vesp. secundus, et mane repetendus,  
quotiedie, diebus a Cathorsi Citris,

For master Cholmley

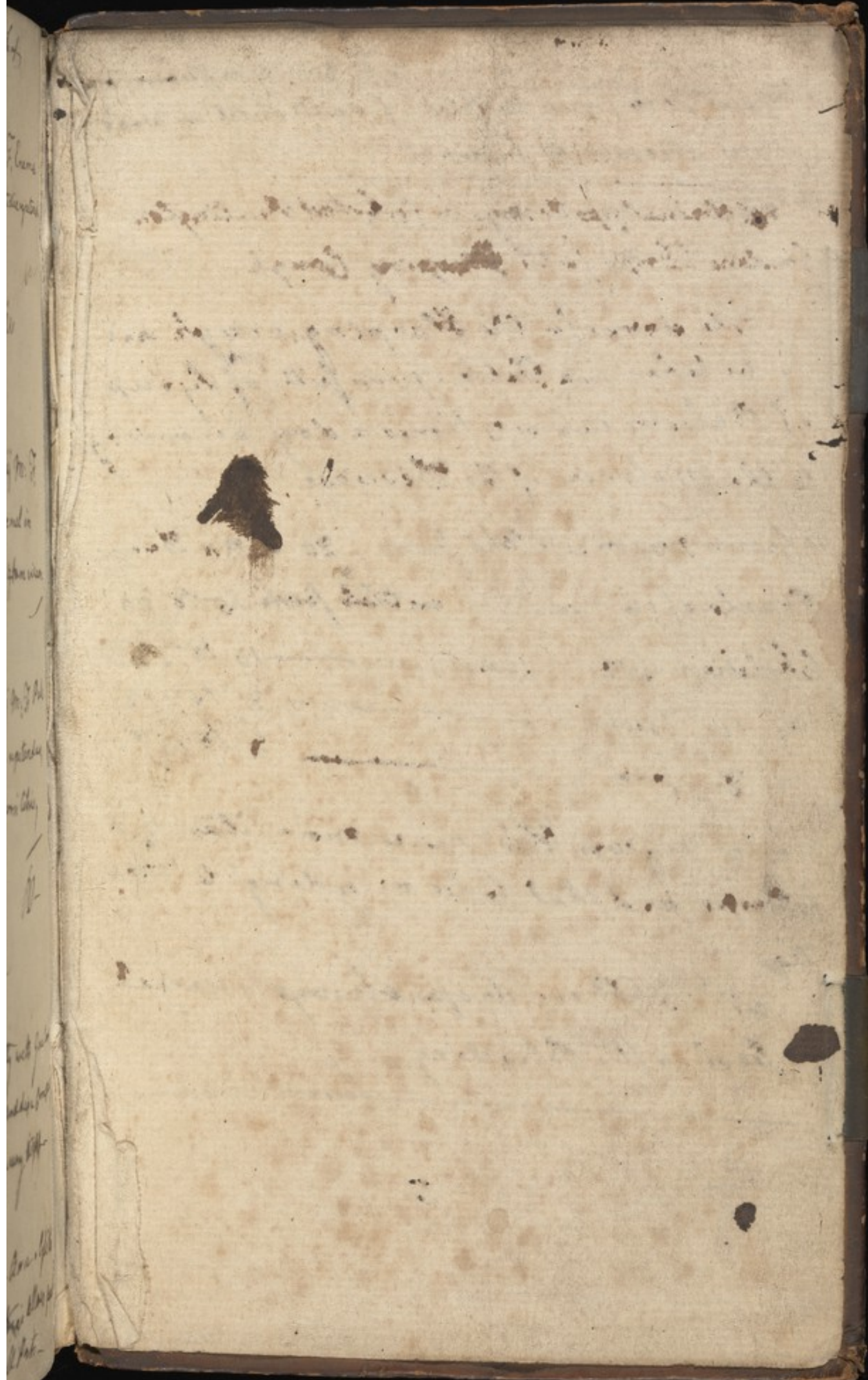
May 30 1772

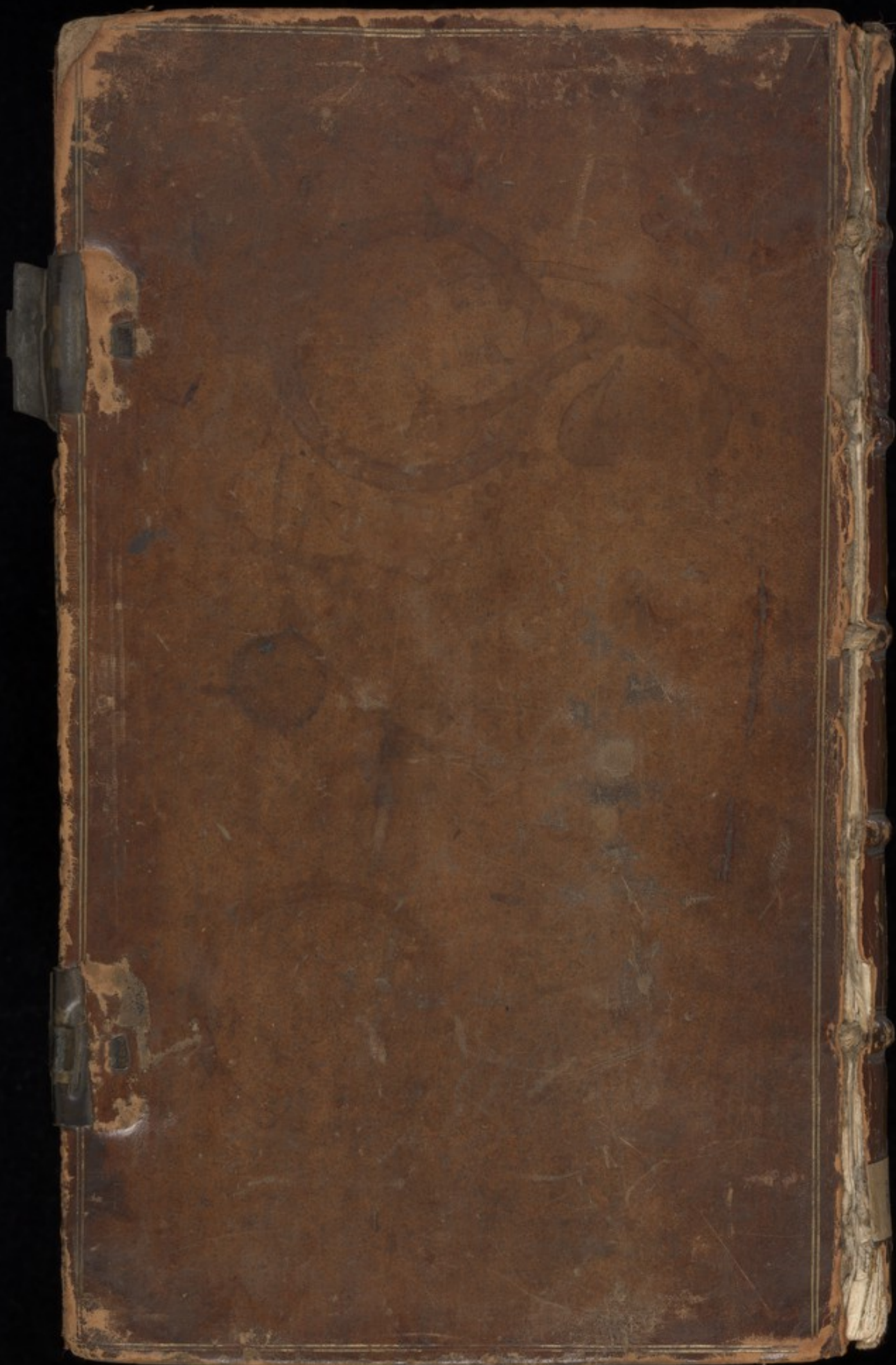
RD—

wash the Tumors frequently with Goulards  
veg<sup>t</sup>o - Mineral Water; and use a Compres  
in the same which bind once every night —

August 19<sup>th</sup> 1778

Doct<sup>r</sup> Ford, Rec<sup>t</sup> for Ann. - Epist<sup>a</sup>  
Halfe Drham of Succotria alloes powdered  
and divided into 4 Equal Parts —





EVERY  
MAN HIS  
OWN  
PHYSICIAN

38716







## Balsam Vitæ.

Put 6 Drams of Camphor, and 2 Ounces of Oil of Turpentine into a phial: shake it often, till the Camphor is quite dissolved, which will take, at least, a day.

Then take half an ounce of Venice Soap, & one ounce & a half of Spirit of Sal Armoniac.

Scrape the Venice Soap very fine, put it in a mortar, & mix well with it, by degrees, the Sal-armoniac.

These two mixtures, thus prepared, must be gradually put together, shaking them till they are well incorporated into a Balsam.

A very excellent cure for bruises, strains, or pains in the limbs, by rubbing the part affected well with it two or three times a day by the fire.

It should not be applied where there is any inflammation.

By Belson Peter

A Cordial for the good

Raisons of the Sun Stoned & sliced  
four Pound — Kela bark, half a Pound —  
Senna, two Ounces — Cassia seeds, of each  
Seed, of each one Ounce — Cochineal,  
& Saffron, of liquorish, of each half an  
Ounce — Infuse these Ingredients, in  
two Gallons of the best Brandy, then  
strain it, & add five quarts more to  
the same Ingredients, & let it stand  
till it has got out all the strength,  
then mix the first & last together,  
& Bottle it — the first Brandy must  
stand six Weeks — Stir it every Day —  
It will keep 20 Years —

a Third of the above Quantity  
will be sufficient to make —

Receipt for Gout Cordial

Lozenges For The Heartburn

Four Ounces of Chalk Three of Coral one  
of Crabs Eyes five Scruples of Rote Armon<sup>ac</sup>  
one of Pearl one of Nutmegs add to  
these one Pound of White Sugar Candy  
mix these into a Paste with three  
Spoonfulls of Spring Water roll them  
out & cut them in small cakes save  
some of the Ingredients to make them  
up with & let them dry in the Air  
Ten or five will melt them -

Lerengesforth

Northum—

Mr. Arden

### Receipt for black Juck.

To a quart of rain water, 5. ounce of Gauls to be bruised a little - an ounce of Copperas - an ounce and a half of Gum arab. about 2. ounces of Great Sugar. Put them together into a pot and stir them 2. or 3. times a day for about a fortnight then strain and bottle for use - N.B. as these Ingredients are strong, and will make very black Juck, if the Juck from keeping should grow thicker than you choose, you may venture to thin it with a little water.

Shake your Juck bottle every day to prevent the Juck growing mouldy at the top.

Receipt & Make Ink

---

The Wax for Medals

The Weight of sixpence of Red Oker in fine powder,  $\frac{1}{2}$  an Ounce  
of Bees-Wax 2  $\frac{1}{2}$  Ounces of Rosin, melt them all together in an Earthen  
Pot, (or Ladle) and pour it when melted on the Poile, or Lapidary

To a Quart of double Distilled Anniseed Water.  
Two Ounces of Turkey Rhubarb.  
Three Quarters of an Ounce of Salt of Wormwood.  
An Ounce of Sena, if not strong enough without.  
An Ounce of Cardamums.  
a small bit of Saffron. (two or three Chives think  
The Florests term them so will be sufficient if any  
Saffron at all)  
a Quarter of an Ounce of Cochineal.

L. Hallifax's Recipe.

In cold windy, cholicky, Surfeit, or indigestive  
Complaints.

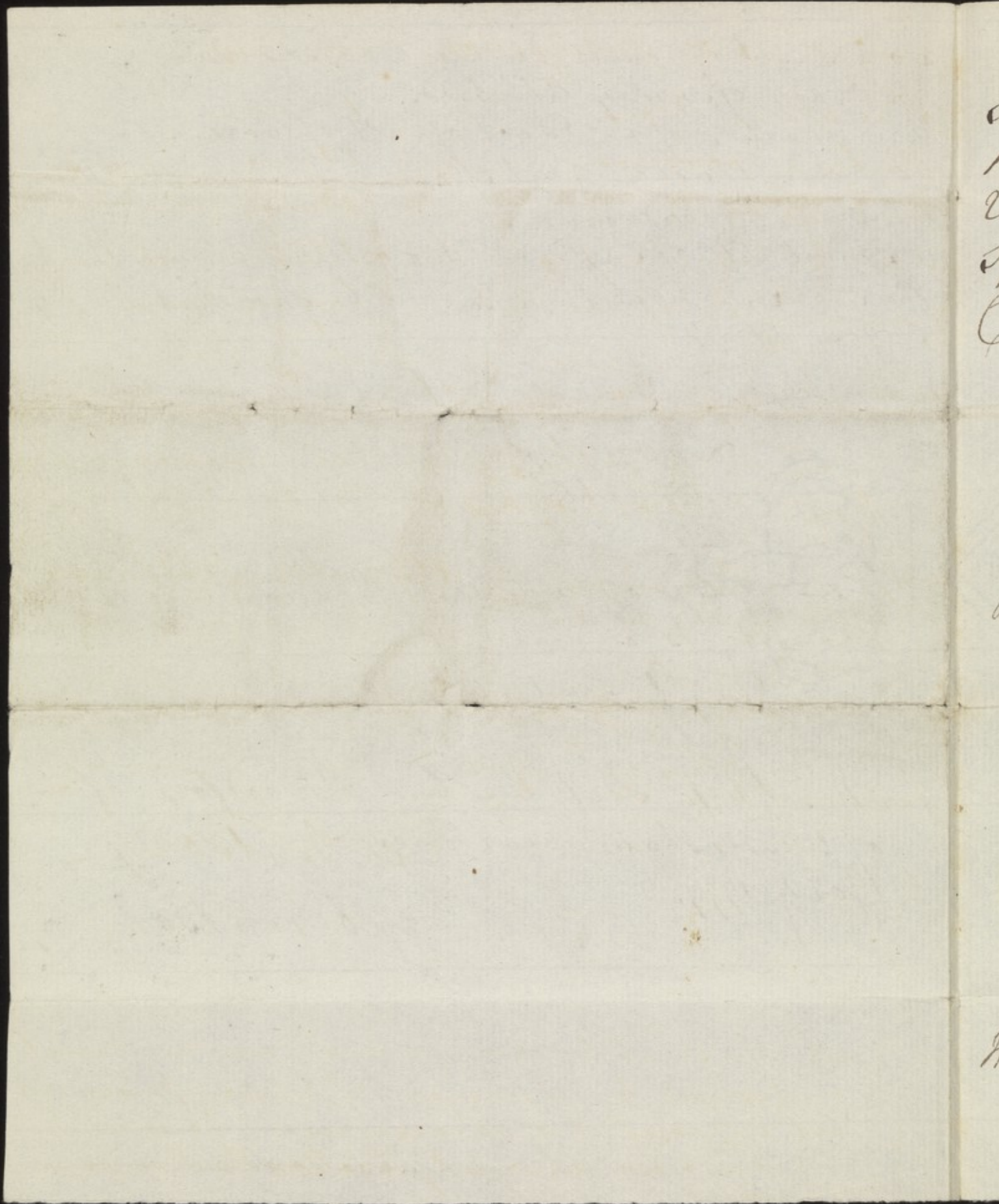
More or less of every Article according to the  
Quantity to be made.

A Tea Cup full.

This Rec<sup>t</sup>. sent me by W. Woodford of  
of Windlesham near Bagshot, Surry  
Jan<sup>y</sup> 1777.

Geo: Watson

Turn over



For Indigestion

Succobrine Aloes	1 Ounce
Rhubarb powdered	1 Ounce
Venice Treacle	1 Ounce
Spanish Liquorice	1 Ounce
Carraway Seeds (bruised)	half an Ounce

Make an Infusion in a Pint of Brandy & a Pint of Water.

Take a Table Spoonfull, whenever the Stomach is out of order

It is to be used as an Alterative (not Physic)

Given to me by J. Mayer Esq. the 17th Sep. 1789.

Geo: Watson

N.B. wh. the scratch over (powdered) was accidental or designed by Mr. Mayer, Mr. Watson knows not but supposed it of no consequence, however he did it in order accurately to follow the Recipe.

Receipt for  
Indegistion from  
Geo. Watson Esq.



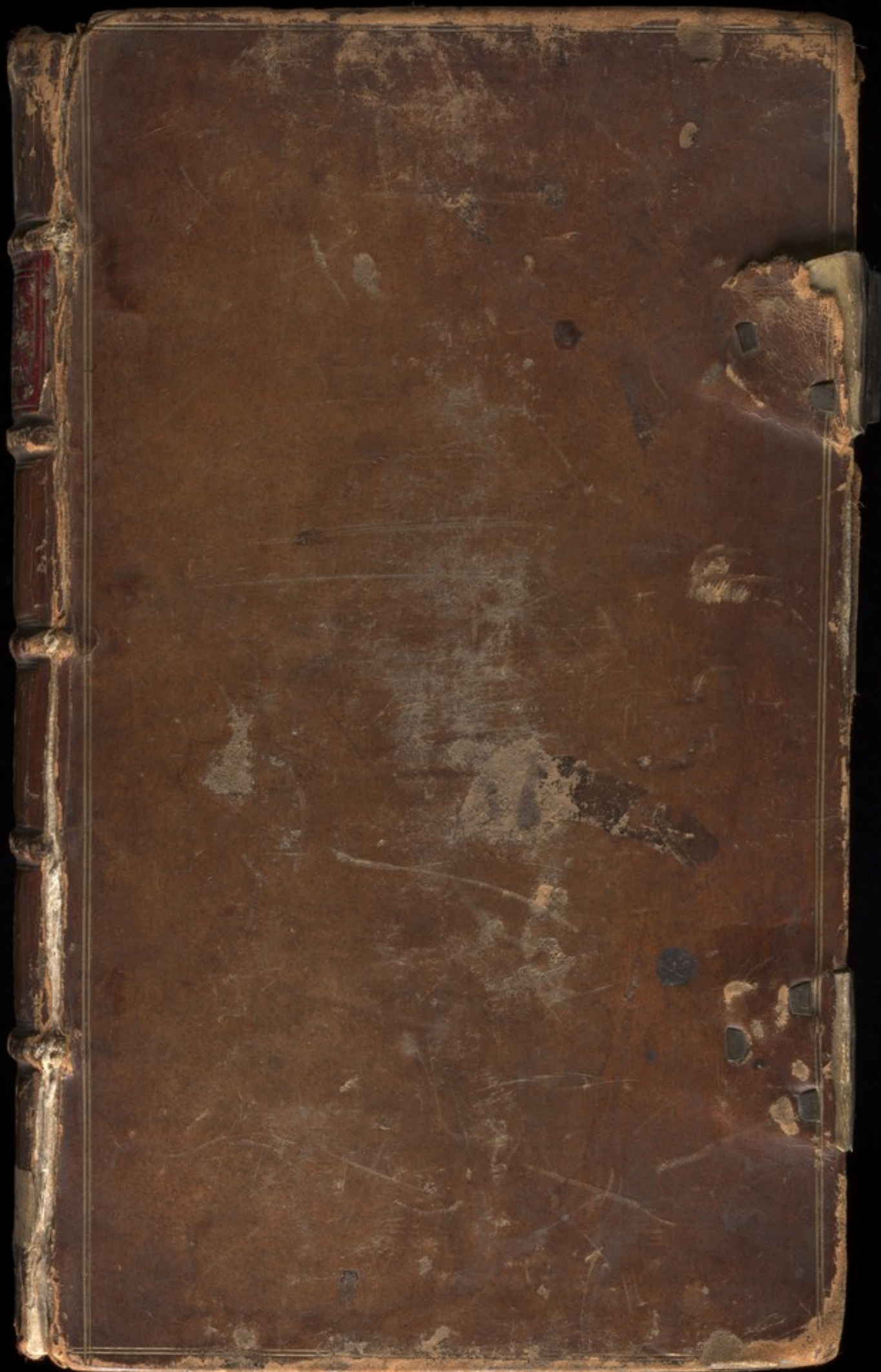




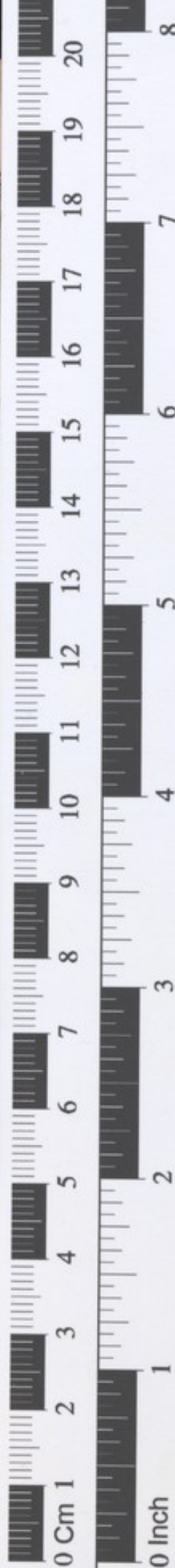
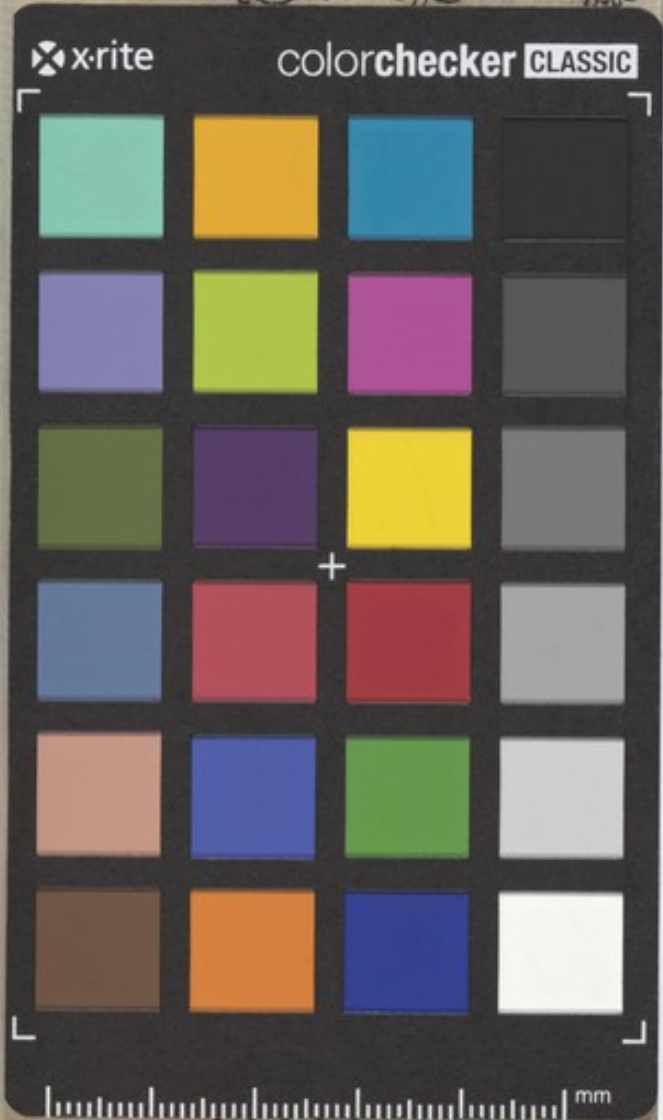












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