English Recipe Book, 19th century

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M A Dowell

1032

~~Mary Anne Croft~~

~~1824~~

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Infusion of Bark, a slight Tonic.

3 Drams of Peruvian bark bruised
2 do of Cascarilla, to a pint & 1/4
of boiling Water. to be strained
while warm.

Decoction of Bark

The same to cold water; let it
remain for two or three hours by the
fire, then simmer for 1/4 of an hour.

Carbonat of Soda 24 grains
3 table spoonfulls of either of the above
1 do of Lemon.
To be taken in a state of effervescence
as a strengthening medicine.
A tea spoonful of Brandy or other
spirit, if required, may be added.
16 grains of Citric Acid instead
of Lemon. Mr. Thompson.

Decoction of Sarsaparilla

Take of Sarsaparilla Root sliced four ounces – Boiling Water four Pints – Macerate in a covered Vessel by the Fire side, for six or eight hours – Then boil it down to two Pints and strain – Put two drams of the Extract of Sarsaparilla in a pint of the strained decoction and drink it daily a third part at a time –

Useful Pills

Ipicacunha
Rhubarb
Coloquinth
Castille Soap

of each an equal quantity, made into Pills with a little syrup.

For children in a weak sickly state, bowel complaint &c.

1 oz. Rhubarb
1 Quart of Port Wine.

two teaspoonfuls to be taken every morning: this is a dose for a child between 2 & 6 years.

For Infants cutting teeth if subject to Fits.

Rhubarb	12 gr
Magnesia	30 dr
Tinct Cardamon	30 dr
Peppermint Water	3 tea sp
Water	2 Oz

Mix & give a tea spoonful at a time twice or thrice a day if necessary

Mrs Hlington

Apple Soufflee.

Boil 2 handfuls of Rice in 1/2 pint of Milk for 20 minutes: ma into an ovale Mould form: then boil some apples or other fruit & sugar & put in: then a custard of Pint of Milk & 2 Eggs; a soufflee of

Receipts for Invalids.

Bread Jelly. Sir H. Halford

Cut off the top of a twopenny loaf. Then cut the remaining part of it into thin slices & toast them very hard to a pale brown; put the bread thus toasted into nearly three pints of water, let boil very gently, till you find it congeal, which you may know by holding a little in a spoon then strain it without breaking the toast, or the Jelly will not be clear & sweeten it to your taste.

Miss Brown.

Potage Blanc.

Take a good Fowl, singe it & trim it. Cut it into pieces, leaving

the breast whole; boil it in a gua
of water & then take all the whit
part & mince it very fine;
pound it in a mortar & mix
with the clear Broth it was boilin
in, then work it through a strain
season it with Salt to your taste

A Jelly

A Calf's foot in three pints
of Milk baked; when it comes out
of the Oven, bruise it & strain it

Trotter Broth.

Take one dozen of Knuckle bone
of Sheep. (by knuckle bones is
meant the Shanks & kneepans
two ounces of Hartshorn shaving
& a large crust of bread, boil the
in three quarts of Water, till the
broth is reduced to three pints

Veal & Turnip Jelly.

Take a pound of the lean part of a leg of Veal, cut it in slices; take likewise some of the mildest turnips you can get, cut them in slices & lay them alternately with the Veal in an earthen jar, which must be tied down close with a bladder & set it into a pan of water, over the fire, where it must simmer gently for four or five hours, or till the juice of the Veal & Turnips is extracted, then pour it off. when cold it will be a perfect Jelly. A Coffee cup of this should be taken once or twice a day: add a spoonfull of boiling water to melt it & a little salt to make it palatable.

of 4 Eggs at the top; sprinkle a little White Sugar over the top & bake it for about 5 minutes.

For a consumptive Subject.

Take the milk from the Cow into a large mouthed bottle or into a small Churn (of about six shillings in price) and in about ten minutes begin shaking the bottle or working the Churn continually, till the flakes of butter swim about & the Milk is thin & blue, quite discharged of all the greasy particles that form the Butter, then strain it thro' a muslin or fine sieve & drink of it as often & in such

quantities as the stomach will bear. It must form your whole drink at every meal, eating with it all the variety of light biscuits you choose, particularly the so called tops & bottoms. Roasted apples may be eaten likewise for supper & any good ripe fruit in season. Sir W.m Duncan forbad all kinds of meat even chicken & all Wine he said the butter milk was sufficient of itself & was good Physic. There is no fear of drinking too much of the butter milk. Mr R. Markland who w

supposed to be in the last stage
of Consumption, observed this
regimen strictly for 3 months
& at the end of that time was
in the most perfect state of health
He began by taking a coffee-cup
full, repeating it often & increas-
ing the quantity till he drank
3 or 4 pints a day.

N.B. It must be kept in a very
cool place, & in hot weather must
be made twice a day, as it should
not be taken if the least turned
sour, as it would then disagree
with the Bowels which it never
does in fresh sweet state.

Powders for a Cold attended with Fever.

Gum Arabick in Powder

Nitre.

Contrayerva Powder.

Powdered Sugar.

Of each equal quantity; rub them together in a Mortar. Weigh this compound out in powders containing 46 grains each; mix in a little Water. To be taken 2 or 3 times a day

Mr. Rowell

Gum Mixture for Cold or Fever

Mr. Rowell

3 Drachms of Gum Arabic

1 Drachm of Nitre

3 do Sugar

mix with water sufficient to fill an 8 oz phial & a little Brandy or Nutmeg Water —

Infusion of Roses.

Take 1 Drame of Rose leaves & about 60 drops of Spirit of Vitriol to a pint of boiling water. let it stand all night in a covered earthen vessel then strain it off. put into an 8 oz Phial, with 3 drams of Sugar & 1/2 oz of Brandy & a few drops more Vitriol if necessary.

For the Tooth Ache.

1 drachm of rectified spirits of Wine.
one do of Camphor
Five do. of prepared Opium.
Ten drops of Oil of Box.
as much Gum Guiacum as will dissolve in this quantity.
To be put on as much lint or wool as will cover the tooth."

Oil of Box is difficult to procure & not necessary. Mrs Wm Richards

The process of Fumigation used at the London Fever Hospital.

Take an equal quantity of powdered Nitre, and strong Vitriolic Acid, or Oil of Vitriol (about six drachms of each are sufficient) mix them in a tea-cup, stirring them now and then with a tobacco-pipe or piece of glass, the tea-cup must be removed, occasionally, to different parts of the room, and the fumes will continue to arise for several hours.
The Oil of Vitriol should be in quantity or measure, not weight.

For Worms.

Basilic Powder.

3 grains is a dose for a child of a year old, & an additional grain for each year afterwards, to be given in honey or currant Jelly, every second or third morning: three doses every other day is commonly sufficient. If the Stomach is very foul, it will sometimes make the patient sick.

For Chilblains.

Ointment of Wax — 1 oz
Camphor — 1 Dram
Oil of Rosemary — 1/2 Dram
to be mixed together.

M. A. Thompson.

Sir Richard Jebbs Receipt
for Gloucester Jelly

Take Sago, Rice & candied
Eringo Root, of each 1 oz.
put in a Pipkin with two
Quarts of Water; let it simmer
till reduced to one quart.
then strain it through a sieve
Take a teacup full three times
a day. – a little Sugar & Wine
may be added. If the Patient
has any Inflammation, the
Wine must be omitted.
To be given for a cough & when
there is a consumptive Tendency

Mock Asses Milk

1 oz Candied Eringo Root
1 do Hartshorn shavings
1 do Pearl Barley. to be
boiled with 3 pints of Water
till reduced to a pint: take
a Teacup full warm night & morning

A saline Draught for Fever

Take the juice of 2 good lemons
add Salt of Tartar or Carbonate of Potash till it has
nearly lost all acidity: 1 drachm
of Sugar: Put into an 8 oz
Vial & fill up with Water.
1/2 oz of Nutmeg Water & about
60 drops of Sp Lavender may
be added, if required: in a nervous
fever: this is given: & after a time
to 3 table spoonfuls of the mixture

(the proper quantity for a draught)
1 dr of camphor Julep is added.
It may be taken 4 times in 24 hours
It is good after a bilious attack with
a little prepared oyster shells.

A slight Tonic, for
general debility, bile &c

Infusion of Rhubarb. 1/2 oz
Infn. Columba — 1/2 oz
Aqua Pimento — 1/2 oz
Syrup of ~~Seville~~ Orange 1 dram
Tincture of Seville Orange 1 dram
Spt. Ammonia comp. — 1/2 dram

To be made into two draughts
& one taken twice a day.
An aperient Pill to be taken
occasionally if necessary

Mc Clark.

Infusion of Rhubarb.

Take one drachm of Rhubarb Root sliced.
1/2 pint of boiling water.
Infuse for two hours & strain.

Infusion of Columba.

Take two drachms of Columba sliced
1/2 pint of boiling Water.
Infuse for two hours in a close vessel & strain.

For a Cough

The yolk of an Egg beat up with one Oz of Spermaceti & a little Sugar Candy - then put into a pint of Barley Water & 2 Tea spoonful of Salvolatilis

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To make Seidlitz Powders.

Rochelle Salts 3 drachms
Carbonate of Soda 40 grains
in Blue Paper.

35 grains of Tartaric Acid
in White Paper

Dissolve the Tartaric Acid in half a pint of Water, then add the other powder & stir together & drink while effervescing.

Mrs Dodsworth
from Mr Hunt

An Aperient Mixture.

Infuse half an ounce of bruised Cascarilla Bark, in three quarters of a pint of boiling water, for half an hour. Strain & dissolve an ounce of Epsom Salts and two table spoonfuls of Beaume de vie. Take a wineglass full every morning early.

If the Cascarilla infusion appears to occasion heat, after several times taking the mixture, then it will be better to use Mint tea instead.

For Chilblains.

Ointment of Wax —	1 ounce
Camphor —	1 drachm
Oil of Rosemary —	1/2 do

mixed together, to be rubbed in 2 or 3 times a day.

Mr. H. Thompson

For Burns or Scalds

Equal proportions of brown Sugar & common Soap, scraped or pounded & a sufficient quantity of Linseed Oil, to make into a Plaster: spread it on rag.
N B. to be changed only once in 24 hours & covered up close

Wm B Cropp

When the affected part becomes a sore (which if the burn is considerable it generally does in the course of a few days) this is to be discontinued & the part sprinkled with prepared Chalk & over that a thin Plaster of Zink ointment

In severe cases nothing affords so much relief as Spirits of Turpentine applied constantly

Wm Cutler.

Spermaceti Emulsion.

Take 2 drachms of Spermaceti, 2 do of refined sugar; pound them well together with ½ the yolk of an Egg. 1 do of powdered gum arabic & by degrees, six oz of spring Water, mix them well

This is an efficacious medicine in Cough & diseases of the Chest & lungs. 3 4 or 5 tablespoonfuls 3 or 4 times a day, with each dose 10 or 20 drops of Sal Volatile Paregoric Elixir, nitre, or 5 to 10 drops of antimonial wine or Laudanum may be added going to bed.

For a Cough attended with tightness at the Chest.

50 or 60 drops of Ipecacuanha Wine in a glass of water, at bedtime: if the attack is severe, the dose may be repeated in six hours: but if it cause vomiting, a smaller quantity; the diet to be quiet, & other warm diluting liquors.

5 Drops of Laudanum
& 20 of Ether in half a
glass of water for fever
in the back from Rheuma-
tism. it worked & gave
slight transpiration.

Senna mixture

℞. Infus. Sen Commun. ℥ V
Sulph Rhubarb ——— ℥ V
Manna Opt ——— ℥ V

M. F. Mistura Aperiens cujus
Cochleare a quartum quarta
quaq. hora dome Alvus
respondent Sumenda
Sumt. T. S.

Lady Plumer.

℞ Acetate of Lead 1/2 oz

Liq. Plumbi. Acetat ℥ss
Spirit of Wine & Spirit of Camphor
Sp. 3 of each ℥ss
Aqua. Fermor.
— Camphor. a ℥iis.

Mf. Lotio.

Pour the above upon Linen Rag & spread the rag upon the neck. — it will produce at first an increase of the sensation of heat, with much tingling, but at last relieves, by making the milk gradually subside. Dr Herbert.

16 grains Sulphate of Quinine.
1 Dram of Diluted Sulphuric Acid
15 Drams of Compd Tincture
of Orange Peel.

A teaspoonful contains one
grain of the quinine, which is a
common dose & may be taken in a wineglass
full of Water 3 times a day.
& two tea spoonfuls are sometimes
taken for a dose.
Where the Acid does not agree,
dissolve the Quinine in 10 drops
only of the Acid & 16 drams of
Orange Peel.

For the English Cholera,
or complaint in the bowels
with Sickness.

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20 Grains of Rhubarb
6 do Nutmeg.
a teaspoonful of moist sugar
a tablespoonful of Brandy.
The above is one dose & may
be repeated if necessary.

Mr Pennington
Another for Children.

6 Gr. Rhubarb
12 Magnesia
a teaspoonful Tincture of
Senna.

Dr Clarke

On the first symptom
of Cholera.

30. Drops of Ether.
30. do Laudanum.
15 do Essential Oil of
Peppermint.
1/4 oz or two teaspoonfuls.
of Brandy.
3/4 of an oz of Water.

Sho.

Cough Med.

Spanish Juice — 1/2 ounce
Salt Tartar — 1 1/2 Dram
Water — 1 Pint

Pour the water boiling, on the other ingredients let it stand all Night covered close by the fire. Strain. & add 30 Drops Laudanum, or
of Syrup of Poppies.

3 Table Spoonsful of this mixture to be taken by an adult. 3 or 4 times a day —

Iceland Moss

1 oz ~~Pay~~ Iceland Moss.
Water 3 half pints

simmer the above for some Hours till it becomes a Jelly. then strain —

take of this mixture a wine Glass two or three times a day either with the Cough mixture or with a few Drops of Elixir of Vitriol or with Milk & Sugar. or

or 20 drops of Paregoric Elixir.

A constant wash for the Teeth.

Infuse a lump of Camphor in a Quart of Water. pour it off & put to it two spoonfuls of Vinegar.

For the Tooth Ache.

℞ Mastick pulv. ℥ss
Opii gr IV.
Ol Cariophyll. Eqent
Gutt. IV.

Ft pl q.s.
L. Mapa pillularis
Fiat Mapa pillularis.

Apply a piece of it, from time to time to the tooth

Mr Wm Richards

For an Ague.

Take 1/2 an oz of bark in powder.
20 grains of Snake root.
20 do Salt of Wormwood.
2 pennyworths of Cochineal:
mix them well in a Pint of
Port Wine & take the whole
in three doses: one the night
after a Fit: another the next
morning & the third, the following
night. Wm Slemnick

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10 Drops of Battley's Sandanum,
to be taken in a Sedative
Draught, after a bilious attack,
it composes without the ill effects
of common Laudanum.
To be had at Fishers, Conduit St,
& other Chemists. Wm Warne,

For an Infant when cutting teeth.

6 grs of Rhubarb powder
1/2 Drachm Sulphat of Potass
To be made into 3 Powders.
& 1 taken every two or three days. if the mouth or skin be heated, or the bowels confined

Sir C M Clarke

For a Cough.

20 Grains Balsam of Tolu
20 do of Storax.
40 grs of Pillbox.

made into 18 Pills. one of the Pills to be taken every other night; or two if required to be more active

Mr. Barrier.

To make Tincture of Rhubarb.

2 Oz of Rhubarb
5 Drams of Senna
8 Scruples Coriander Seeds
8 do Fennel Seeds.
8 do Cochineal
3 do Saffron.
2 Drams Cardamums.
4 Scruples Stick Liquorice.
1 lb best Raisins, stoned.
1/4 lb Turkey Figs.
a Gallon of Brandy.

The ingredients to be put altogether into a large Jar or Bottle: digest for 14 days & strain it: to be shaken frequently.

Decoction of Sarsaparilla.

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4 oz Sarsaparilla Root sliced.
4 Pints water.
Let it macerate (or simmer)
for Six hours. Then boil till
the 4 Pints are reduced to 2.
Add to a Pint of this Liquor,
1 Dr. of the Extract of Sarsaparilla
& 1 oz of Brandy: take of the
Mixture 1 Pint daily in 3 doses.

Lime Water. with an
equal quantity or two thirds the
quantity of Milk is excellent
where the Bowels in a relaxed &
irritated state; with nausea,
often where nothing else will
remain on the Stomach, this is
most efficacious. N. H. Earle.

A Slight Tonic.

Aqua Mintæ ℥ V
Tinct Columba ℥ ss
Amon Carbon ℥ ss
Syp. Zingib. ℥ III

A fourth part of this to be taken twice a day.

Sir C M Clarke

Lemon peel Tea:

Made of the rind of a Lemon cut thin & boiling water poured on it: a useful & wholesome beverage in bilious & feverish attacks. Mr H Earle.

For the Hooping Cough.

Salt of Tartar — 20 Grains
Cochineal powdered — 10 Grs
mix in a ~~gill~~ 1/4 pint of Water
sweeten to your taste with
fine Sugar. Give to an Infant
a Teaspoonful 4 times a day.
older Children a Tablespoonful.

Mrs Skene

For a Cough.

Powdered Ipecacuanha 18 Grs
Powdered Opium — 4 Grs.
Mucilage Gum Arabic
sufficient to make 36 Pills. about
4 Pills to be taken in the course of the day

Mrs Drury.

Dr. Lukes Plaster
for Asthma or Cough.

Take of Adhesive Plaster &
Opium Plaster of each 1/2 an
ounce – Extract of Hemlock
3 drachms – first dissolve the
adhesive plaster & Opium
Plaster, then add the extract of
Hemlock & spread it upon Leather

No. 3 add

Another. No. 3 Lockwood

Emplastrum Thuris.

Valuable Medicine for irregularity of Constitution.

Gather a quart measure full of Furze blossom & pour boiling water into it till the quart is quite full. then put it all out into a Saucepan & stew it till the goodness is extracted from the flowers which will be in half or three quarters of an hour. strain & sweeten it well with Treacle & take a wineglass full warm every morning & evening

Wm Dawtry.

For a pain in the side cough or Rheumatism.

Opinum Plaster made by the London Pharmacopeia

do.

For a child when the bowels are relaxed from teething or other causes.

1 Drachm of Gum Arabic
15 Drops Sal volatile.
2 Drops Aniseed.
1 Drachm of Calcined or prepared Chalk.
1 oz of cold water.
a teaspoonful of fine Sugar.

give a young Infant a teaspoonful every evening or 2 to a child of a year old: remembering to shake the bottle first. it may be repeated in the morning if necessary.

Mr Daintry

Gentle Aperient

Tartarized Soda & a few grains of Ginger in 1/2 a pint of warm water an hour before breakfast. dose from 2 Scruples to 1 Drachm.

Mr Cutler.

For rheumatism - strains and bruises —

2 oz Sp. turpentine
2 oz Sp. of wine
2 oz sweet oil
2 oz Verjuice
1 oz camphor
to be mixed together

For chilblains

1/2 dram Alum
4 table spoonfuls Vinegar
1 do do Sp. of wine

Plaster for a pain in the face

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1 Teaspoonful of White Pepper
2 do of Flour.
To be mixed with enough Brandy to form a stiff paste & spread on leather.
It causes a burning sensation but effectually removes the pain & leaves no mark: to be kept on all night. Mr Skirrow.

Powell's Essence of Aniseed for a Cough

Mr. Moore.

Gentle Emetic for
Children or Adults in the
commencement of an attack
of Cold, fever from Stomach
or other cause, Hooping Cough &c.

1/2 lb. of Grey Powder of
Ipecacuanha.
7 lb. of Water. Simmer in
a covered Vessel till reduced
to 6. decant & let it rest & settle
then strain & make a syrup
by adding 12 lb of Sugar.

The Dose from one
tea spoonfull to two
table spoons according to
age.

Mrs Sumner.

Vance's Pills.

Take of Compound Extract of Colocynth — 4 Scruples
Scammony in powder 1 Scruple
Extract of Rhubarb — 1 Scruple
Oil of Cinnamon — 6 Drops
Jelly of Soap a sufficient quantity to form a mass to be divided into 24 Pills.
1 or 2 Pills or ½ a Pill to be taken every night.

Mrs Daintry

For a Cough

2 oz Brown Sugar finely pounded
2 oz Spermaceti scraped
beat together with Honey to a proper consistency.

Decoction of Sarsaperilla

Take of Sarsaperilla Root. sliced 4 oz. Boiling Water 4. Pints. Macerate in a covered Vessel by the Fire side for 6 or 8 hours: then boil it down to two Pints & strain. Put two Drams of the Extract of Sarsaperilla in a Pint of the strained Decoction & drink it Daily.

Mr Cutler.

For Chilblains.

2 oz Spts Turpentine
2 oz Spirit Brandy Camp.

For Chilblains
before they break.

Linimenti Saponis compositi
misiam.
Liquoris Ammonie
Tinctura Cantharidis una
Drachma
fiat Linimentum.

Mr. Wilkinson
Purbrook 1839

For Chilblains

2 Tea spoonfuls Spt of
Hartshorn.
1 Tablespoonfull Spt of
Wine
20 or 30 drops of Goulard.

Mr. Westcombe

Ointment for a Sore Breast before or after it is broken, or any kind of Cancerious Sore or swelling.

6 ozs of Gum Diachylon
1/4 lb best Yellow Bees Wax
1/2 pint Sallet Oil.
2 large Table spoonfuls of Honey.

Slice the Wax very fine into the Oil, in an Earthen Pipkin till it is well melted over a slow fire, then put in the Honey & stir it nearly cool; when well mixed, set it on the fire again, stirring it all the time: then put in the Diachylon scraped very fine & stir all together, till well dissolved & pour it into Gally Pots

tied down with Bladder to keep it from the air. —
It is good for any swelling or old sore; if a lump or hardness in the Breast, it will soften & disperse it: or if the Breast is broken, it will heal & cleanse & heal the wound.
It should be spread on Linen Rag & laid all over the Breast, cut a small hole in the centre, & change it every day, but if a wound, then apply a small piece likewise on first and change it night & morning.

Be particular the
Dreighton in fresh.
& from Dreighton.

Mrs Bogue 1838

Chilblain Salve.

2 oz Bees Wax
2 oz White Rosin
4 oz Fresh Butter made without any salt in it
Melt them together in an Earthen Pipkin stirring them till cool.

J. Lady Austen.

Ung.t Citron Dilut ℥ss

Dr Reid for J Dowell Esq

Aug.t 1840.

Cough Mixture.

Oxymel Squils 3 Dr.
Syrup Poppies 1½ Dr
Syrup Tolut. 3 Drs
Spring Water 1 oz.
Spiracuanha Wine 1 Dr.

Mix & take a tea spoonful every 4 hours.

Dr Reed.

For Influenza Cough.
Acetic Drowsle.

March 1841. Embrocation for do

Tinct Lytta ℥i
Liq Ammon ℥i
Tr Ammon ℥i
Liq Saponis ℥ij

Pills. Dr. Reid. for
Mr. Dowell June. 1842

Pil Rhei C. g. iii
Pil Hydr. - g. i

ol Juniper g. ss M
f pilul. tal VI. [1 noctes

Mixture

Liq Potass ℥ ss
Syr Croci ʒiii
Aq. Cam. Pip. ʒii

cochl min ij ter die sumen

Miss Dowell.

Tonic Mixture. Mr Cutter
Sept 12th 1843

Liquor Potassæ ℥ ij.

Vini Ferri ℥ iii

Capiat ℥ j ter in die
in aqua.

Powders. do.

Pulv Rhei gr vj

Potassæ Sulphatis ℥ j

fiat pulvis per
se sumendus
in aqua

℞. Decoction of Aloes
Compd ——— ℔ ss

Cujus Sumat Cochleare ii
ampla

Cum Cochl ii Amplis Aqua
pura primo mane quotidie.

℞. Reap Pil Hydra g. v.
Pulv Scammon g. i ss
Extr Colocynth Co. gr iij

M. ft Pil ij quartor
quaque Nocte sumenda.

Dr Shatow Prescription
for Mr Dowdle.
1033.

For Ringworm

Rub in at night some Vindigreace Ointment wash it off in the morning & apply again. Take twice a week 1 gr Blue Pill & 4 of Compound Ext of Rhubarb.

This mode of treatment has cured very obstinate cases in a fortnight or three weeks.

W. Gilbert

For Ringworm.

Muriate of Iron to the part affected has been found of the greatest use. Four applications on following days are sufficient & the spot should be after this washed with soft soap daily: it is laid on with a hair Pencil. a little alterative medicine at the same time. A tea spoonful of Sulphur & one of Magnesia in milk, or Treacle each night or every other according to the effect.

A common blister may be applied if the former does not succeed, to be kept on till

it rises: afterwards nothing
greasy to be put to it, but a
piece of singed rag: when
the part is well it may be
rubbed with raw onion to make
the hair grow.

N B. The Muriate of
Iron is tincture

Wm. Hubbert.

For the same.

The head to be washed every night
& morning with new Yellow Soap.
the hair to be shaved off or cut
quite close to the head where the
Ringworm appears. Tar ointment
to be rubbed on night & morning
and the edge which looks red &
raised to be touched lightly
with Zink ointment. The bowels
to be strictly attended to & plain

generous diet, but no trash:
for a child of 8 or 10 years old, a
small teaspoonful of Sulphur &
the same of Magnesia every
night, of course more or less ac-
cording to the constitution of the
child & occasionally left off for
a night or two.

Mr. Martin Wymering
from Dr. Babington.

1844.

For a Cough.

℞ Syrup Papaver Albi
℥ vi Oxymelli ℥ i Scillæ ā ℥ iij
Tr Hyoscyami ℥ ss
Liquoris cap cock pav
ut ante sumpt

Miss Forster

For inflamed eyes

Take a piece of White Copperas, ~~the size of a large~~ ~~Nutmeg~~ 1 Drachm nut two common sized lumps of fine Sugar half a wineglass of Brandy put it in a Quart Bottle & fill with Rose or Spring water It should be strong enough for the person using it just to feel it, but not to smart too much.

W. Martin

For a Calf when afflicted with Diarrhea.

1 Tea spoonfull of Laudanum
2 Tablespoonfuls of Tincture of Rhubarb: this dose is constantly given in Essex to the Calves which frequently require it:

Mrs Cattle from
Lady Leonard

For the Ringworm

Take a piece of lump of Sulphur (or Sulphuride of potasse) & melt it in a few drops of water: then with a little piece of sponge tied to a bit of stick, apply it to all the spots on the head, taking care to cover the whole place. do this for four alternate mornings: a scab or crust will form over the places which must not be disturbed & will fall off by itself. In nine cases out of ten the head will be cured &

nothing else required, but if in a case of long standing this should not be the case, the same course of application must be immediately repeated & the crust again left undisturbed. In one very obstinate case the application was continued for more than a month but was perfectly successful at last. The hair should be cut ~~close~~ away a little round

the efforts, but it is better not to shave the head. It is desirable to give at the same time a few of the following powders.

℞. Sulphur praecip
Pulv Semmae
Saccharini albi ā ā gr. III
fiat cum mitte doses 10.—

Mrs & J. Thompson

Embrocation for
Rheumatism, sore throat &c

2 oz Soap Liniment
2 oz Camphorated Spirit
1 oz Tincture of Cantharides.

Mr. Moore. Oct. 10th. 1846

Ingredients for Mr. Ives
Horse —

1/2 lb Alum
1/2 lb White Copperas.
1/2 lb Salt Petre
1 Ounce Camphor
dissolved by heat.

Use ¼ ℥. to a Pint of Spring water.

Chilblain ointment.

1 ℥ Venice Turpentine
1 ℥. Beef marrow or lard.
1 ℥ White wax.
Melt all together, taking care it does not catch fire. When Melted mix in 1 ℥ of sweet oil —

"Cure All" (For outward application)

Extract of Saturn	1 ʒ
Oil of Thyme	1 ʒ
Spirit of Camphor	1 ʒ
Castile Soap	1 ℥
Soft water	1 Pt

Directions for Making.-

Scrape the Soap as fine as possible, & rub it round (not pound it) in a Mortar.- Mix the water with it slowly. not letting it get frothy.-

Put the extract of Saturn into a half pint cup, and add as gradually as possible.- 1st the Oil of Thyme, and then the Spirit of Camphor.- Mix some of the

Soap water with this by degrees. Then put it into a larger vessel, and add gradually the remainder of the soap water. Mix it thoroughly - but gently. and bottle it ___

For Neuralgia. (Poison)

7 ½ Grains Veratrine.
½ oz. Hog's Lard.

To be rubbed on the part affected till tingling is produced ___

Linseed Tea. for a cough.

A table spoonful of Linseed well washed. and boiled ½ an hour in 1 Pint of water with the rind of half a lemon. strained on the juice of one lemon and sweetened rather largely with honey.

A large table spoonful to be taken very frequently.

Alum for hooping cough.

For a child 1 year old.
1 gr. 3 times a day in sugar or water. increased until the quantity amounts to 6 grs a day.
A child of 2. or 3. may begin with 1½ grs and increase to 8. or 10 per day.
An adult may take 10 grs 3 times a day.

Cough Mixture.

Oxymel Squills	3 Dr.
Syrup of Poppies	1½ Dr.
Syrup Tolut	3 Dr.
Spring water	1 ℥
Ipecacuanha wine	1 Dr.

Gum Mixture. (for a cough & hoarseness)

¼ ʒ Gum Arabic.
6 drops Nitre.
1 Table spoonful of brandy.
Sweeten it with White Sugar

and fill a 6 oz bottle with water & the above ingredients.

Take three parts of a wineglass full at a time.

Tooth Powder

Bark powder	½	oz
Myrrh do	2	drs
Precipitated chalk	1	oz
Camphor powder	1	Dr

To wash lace.

1 oz of Isinglass to ~~a~~
Borax 1 quart of water
well boiled and strained
To be used very thin.

Mrs. Pope. Limerick.

Italian Recipe for Tooth ache. Given by Lady Dalrymple.

Tincture of Myrrh	1 dr.
Creosote	1 dr.
Oil of Cloves	½ dr.

To be put on Cotton wool, and laid into the hollow tooth.

Gargle for a sore throat.

4 tablespoonfuls of honey
3. a cup of very strong vinegar.
1 Teaspoonful of borax.
To be put into a pint bottle
& filled with water. the
whole to be shaken together

Barley water.

½ tea cup pearl barley in muslin. to a pint of cold water. let it stand on the hot. so that it may gently simmer for an hour. put in a little lemon about ¼ of an hour before it is done. then strain it —

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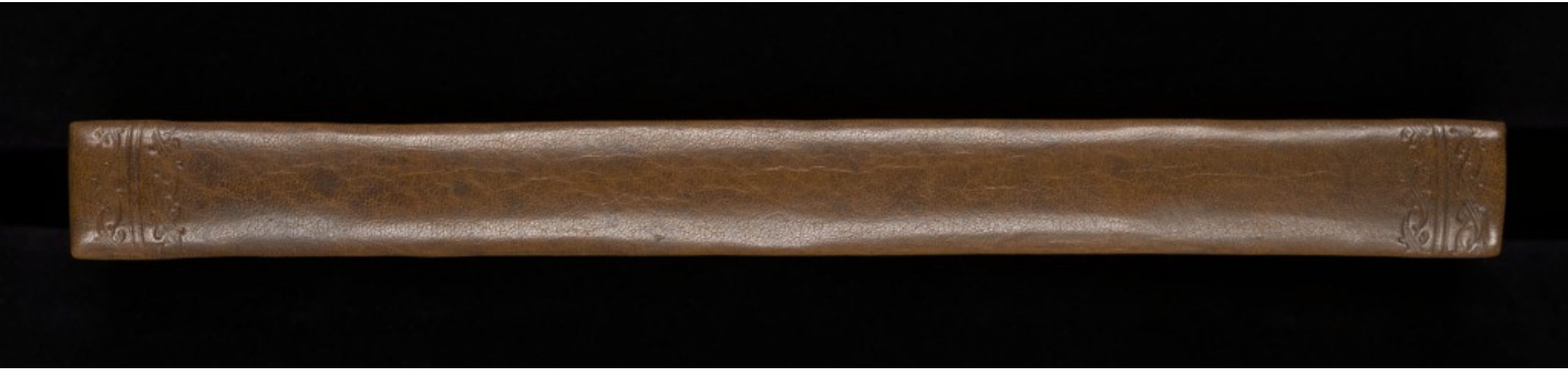

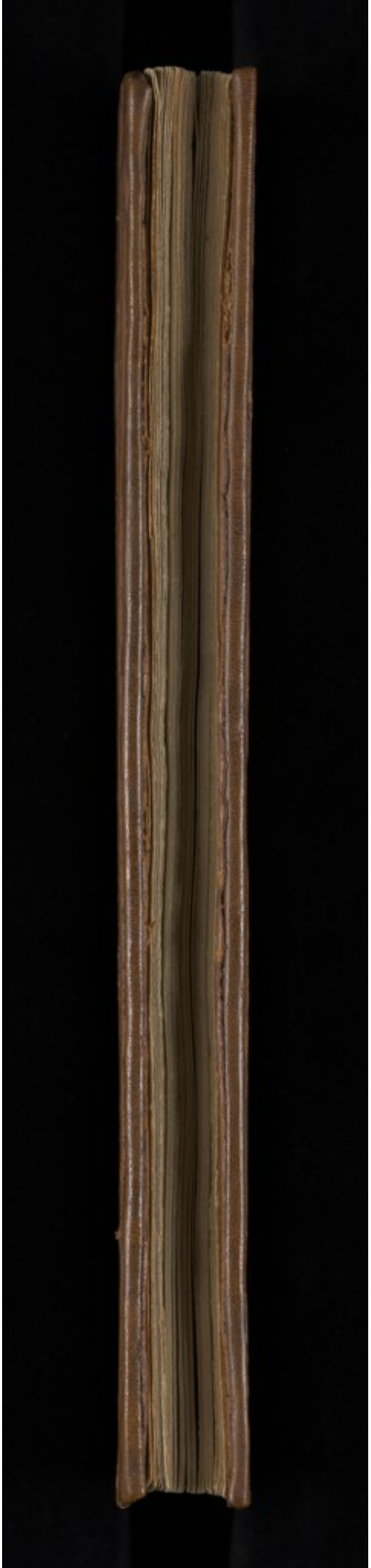

ion of Bark, a slight
Tonic.

Peruvian bark bruised
cinnamon to a pint of 1/4

the

ce.

ove

ence.

ut of Brandy or other
ovided, may be added.
Citric Acid instead
Mr. Thompson.