

## **A Book of phisick. Made June 1710**

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Wellcome Collection  
183 Euston Road  
London NW1 2BE UK  
T +44 (0)20 7611 8722  
E [library@wellcomecollection.org](mailto:library@wellcomecollection.org)  
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My Prick Book

1710

73727

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A Book of  
phisick  
Made June 1710

## HOW TO COOK A HUSBAND.

As Mr. Glass said of the hare, you must first catch him. Having done so, the mode of cooking him, so as to make a good dish of him is as follows:—Many good husbands are spoiled in the cooking; some women go about it as if their husbands were bladders, and blow them up. Others keep them constantly in hot water, while others freeze them by conjugal coldness. Some smother them with hatred, contention and variance, and some keep them in pickle all their lives.

These women always serve them up with tongue sauce. Now it cannot be supposed that husbands will be tender and good if managed in that way. But they are, on the contrary, very delicious when managed as follows: Get a large jar called the jar of carefulness, (which all good wives have on hand,) place your husband in it, and set him near the fire of conjugal love; let the fire be pretty hot, but especially let it be clear—above all, let the heat be constant. Cover him over with affection, kindness and subjection. Garnish with modest, becoming familiarity, and the spice of pleasantry; and if you had kisses and other confectionaries let them be accompanied with a sufficient portion of secrecy, mixed with prudence and moderation. We would advise all good wives to try this receipt and realize how admirable a dish a husband is when properly cooked.

W. FORTY, Steam Printer, Litch'g.



quence, but his unsmooth originality shocked the polished London folks, who were further scandalized by his wit and unconcealed indifference to the applause which they condescended to bestow upon him. Besides, he made such dreadful faces, and had such an unconscionable Scotch accent.

In 1844 died John Sterling, Carlyle's fast friend, who, on hearing that Carlyle felt it his destiny to write about Cromwell, had penned the prophetic words: "You will make a book of him, at which the ears of our grandchildren will tingle." Twelve months afterwards "Oliver Cromwell's Letters and Speeches" made the predicted stir in literature, and a year later appeared that masterly "Life of Sterling," than which, perhaps, nothing finer of its kind is extant in the English language.

Carlyle was fifty-six when, in 1851, he commenced his *magnum opus*, "The History of Friedrich II., called Frederick the Great," which caused him fourteen years of patient, unremitting industry, well repaid, however, by the sequel of admiration and approval which they rendered inevitable.

Soon after this, Carlyle received an unlooked-for tribute of respectful admiration from the students of his old University, who honored themselves by electing him to the vacant post

A word of apology is due to our subscribers for again giving the photograph of this highly esteemed representative of athletics in the sister isle; the fact is, however, that the photographer in the north, who had taken the negative of the athlete we had purposed giving, failed to forward it to us in time to obtain the requisite number of copies for publication; and as we had some two thousand of Mr. Courtney's in-hand, we feel assured it is the best course to make a re-issue of them; we also have another reason for so doing, as the number in which this photo' before appeared is out of print, and we have several applications on hand for it. We do not think it necessary to again give a biographical sketch of the subject of our photo', as his athletic career has been so faithfully portrayed in our previous issue, and also in the columns of the *Irish Sportsman*, by a contributor whose ability of description is so thoroughly appreciated by all readers; we refer to the gentleman, who, under the *nom de plume* of "Miles of Cretans," always writes for the *Irish Sportsman*, and occasionally favors us with an article from his graphic pen. To prevent a repetition of this mishap, we have made arrangements to have negatives sent us at least two months before they are intended to appear.

A student was reprimanded by the Professor for his lateness at morning prayers, and excused himself on the plea that the prayers took place too late. "How," said the Professor, "is 6 o'clock too late?" "Yes, sir," replied the student, "if you had them about 4 I could attend, but no man could be expected to stay up till 6."

# An Alphabet to y<sup>e</sup> Diseases

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# Phitical Weights & Measures

20 Grains }  
3 Scruples } make { a scruple  
8 Drams } { a dram  
12 ounces } { an ounce  
              } { a pound

16 a pound  
3 an ounce 3ii 2 ounces 3i ounce 3ss half an ounce  
3 a dram 3ii 2 Drams 3i dram 3ss half a dram  
3 a scruple 3ii 2 scruples 3i scruple 3ss half a scruple

gr a grain  
in a handful, as much as you can hold.  
p a pugil as much as you can take up with y fingers

Ana of each a like quantity  
ss is half any quantity as 3ii is 1/2 a dram  
qs as much as is sufficient  
qu as much as you please

R Take  
SA according to Art.

## For An Ague.

Before y 3d fit, give ym a vomit of Cardus Tea or popet  
this vomit or near 2 Spoonfulls of y Infusion of Crocus Metalorum,  
out of y to a man, to a woman 1, or 1 1/2, see preparation p 119  
or a vomit of Pipecocucana see p 119 the best now used  
or a vomit of Dapodill roots see p 119 most effectual  
or 3 grains of Sarsaparilla, to mla woman or child enough  
give as much mithredate as a Nutmeg in a Spoonfull of Juice  
of Lemon & a Spoonfull of Brandy, an hour before y fit to  
sweat.

A very good Remedy D<sup>ts</sup> Bates.  
Make a posset of long leaved planton. Drink a pint  
night & morning & no other drink.

For Children or Tender people  
Take as much Indian Snake root as you can take up in y  
fingers, 4 or 5 leaves of Celandine, as much Sage, infuse  
it in a pint of White wine, drink a pint at several times  
3 days together, if y wine is too hot, put a little water to it.

Another  
Drink y Bitter Drink 9 mornings together see p 173  
Step 2 Spoonfulls of Mustard seed in a pint of strong beer,  
brutted fine, Strain it & put in 2 Spoonfulls of Brandy, let y  
drink it just as y fit is coming, & goe to bed p KW  
a young body must take less

Give y infusion of Hyera pictra see p 182  
Take 3 qu of a pint of Ale, put into it 1 dram of Indian Snake root  
let it infuse till it comes to half a pint, Strain it & drink it an  
hour before the fit.

Take an ounce of Indian Snake root infuse it in a quart of  
brandy & give 4 Spoonfulls at night, & 4 in y morning on y  
well day 1/2 y quantity to a child.



A very Good Receipt for an Ague

Take a Large Nutmeg, & as much Roch Alum, burn y<sup>e</sup> Alum & powder it, & y<sup>e</sup> Nutmeg, mix y<sup>m</sup> well together, & divide it in equal parts, to every part put 4 Spoonfulls of y<sup>e</sup> best white wine vinegar, shake it well together, let y<sup>e</sup> drink it 2 hours before y<sup>e</sup> fit, & last 3 hours, after, in 3 take-ings it cures y<sup>e</sup> fit, or 4 at y<sup>e</sup> most, if it has not been long, sometimes it helps in once or twice, let not y<sup>e</sup> party get out in y<sup>e</sup> cold in 3 or 4 dayes, after y<sup>e</sup> have mist y<sup>e</sup> fit.

Another

Take a Large Onion cut a hole in it, & put in a Large Nutmeg, put on y<sup>e</sup> peice, fye it on with thread & roast it y<sup>e</sup> take out y<sup>e</sup> Nutmeg, divide it in 3 parts, first scrape it thin, & take one part in a quart of a pint of White Wine, or a pint of warm Ale, an hour before y<sup>e</sup> fit, so doe 3 times

Another

Take 7 Spoonfulls of spring water, & y<sup>e</sup> quantity of a Walnut of Honey, boyle it together skimming it till it is wasted, get ready 3 Spoonfulls of Juice of Plantain leaves, mix it with y<sup>e</sup> Honey water, & drink it in bed, 2 an hour or more before y<sup>e</sup> fit, it will make y<sup>e</sup> party very sick & vomit, but generally cures a Tertian, often a quartan ague.

Another

Give as much Strong wort of Ale, or Beer, as will fuddle y<sup>m</sup>. an hour before y<sup>e</sup> fit.

Take a bright Tea-Cole, boyle it in a quart of milk to a pint drink, it 3 mornings before y<sup>e</sup> fit, Jesuits Bark is not so good, as formerly, y<sup>e</sup> best way is Bark, take an ounce, finely powdered, & sifted, & 2 Drames of Indian Sack, root, mix it with y<sup>e</sup> Bark, into an Electuary, with Syrup of Sully flowers, or Elder, & 10 drops of oyle of Nutmegs, as soon as y<sup>e</sup> fit is well off, begin to take a Large Tea Spoonfull every 3 hours, if the fit comes, before it is done it must be left, till it is off, if it cures take the quantity, a week after, or another half, a week after that,

If after ordinary Remedys,

The Ague continues, & a vomit, & purge, first taken, but not before, give y<sup>e</sup> Jesuits powder, as follows

as soon as y<sup>e</sup> fit is well off, take a Dram of Jesuits Bark finely powdered, mix it to an Electuary, with Syrup of Clove sully flowers or Elder Berries, with a square piece of water paper, in a little plague water, or White wine, it must be y<sup>e</sup> powder in it, & swallow it, drink a glass of White wine after, take a Dram thus every 3, or 4 hours, for 8 times, if y<sup>e</sup> ague is gone take no more, for a week or 2 weeks, if you find any alteration in your self, to prevent a return, take a Dram in a morning, another at 4 in y<sup>e</sup> afternoon, once a week, for a month longer, some like to infuse it in White Wine & drink it, best after y<sup>e</sup> first 8 Drames, Drink y<sup>e</sup> Bitter decoction, 9 or 21 dayes morning & evening See p 173

Such Medicines as are good for severall Diseases are plac'd among y<sup>e</sup> Medicines - a child must take less, y<sup>e</sup> a Dram according to y<sup>e</sup> Age, in y<sup>e</sup> hot fit let y<sup>m</sup> have Rost & Beer, if y<sup>e</sup> desire it, or Long plantain posset Drink

The best purge for an Ague is Hiera picra, taken 3 mornings together, will often cure See p 182

An Ague p<sup>t</sup> Gibbons

3 ounces of Cardus water, 30 drops of Spirit of Sal Armoniac 2 Drames of Syrup of Sully flowers & Drames of Compound Gentian water, all mixt together, take it an hour before y<sup>e</sup> fit.

Every good receipt for an ague - Stone give a vomit first, then take as much ordinary Brimstone as will lay on a half Crown, finely powdered, in a little white wine & drink 2 or 3 Spoonfulls after it, or 40 Grains of myrrh in any Cordiall taken an hour before y<sup>e</sup> fit, & goe to bed, 3 fits together, if it does not cure sooner,

(4)

plaisters for An Aque  
Lay a quarter of an Orange & mithridate to the wrists,  
an hour before y<sup>e</sup> fit p RW

Take an ounce of paper beaten, fine flower & soap as will  
make it a past lay it to y<sup>e</sup> wrists, y<sup>e</sup> night before y<sup>e</sup> fit  
it is made for an aque  
2 ou Camomile flowers, 2 drams salt of Wormwood, 16 Grains Cochineal,  
infuse it in 3 pints of Water to 2 pints, Strain it & give a quarter  
of a pint 2 or 3 times a day.

A Stronger plaister  
Take a little Hedlum & hole armoniack & Venice Tur-  
pentine, worke ym to a salve & lay on y<sup>e</sup> wrists before y<sup>e</sup> fit.

Lay plaisters of soap, chalk, & flower to y<sup>e</sup> wrists

Take hole armoniack, mithridate, olibanum, Frankincense  
of each a halfe peny worth, as much Venice Turpentine as  
will Temper y<sup>e</sup> other to make it a stiff past, spread it upon  
Leather & lay it to y<sup>e</sup> wrists, for 5 hours before y<sup>e</sup> fit

To draw y<sup>e</sup> Aque out of any part

Turn milk with Alum and apply y<sup>e</sup> Card to y<sup>e</sup> part  
by one of Dr Ratchliffes Preparation of y<sup>e</sup> Bark the Paris way  
Take 2 ounces of the Bark, 3 drams of Sena, 3 drams of  
Crude Antimony, put ym into 2 quarts of Water infuse ym  
in a gentle heat, to one quart, y<sup>e</sup> before it be taken from  
y<sup>e</sup> fire, put in a handfull of Camomile flowers,  
Take a hime Glass every 3 hours, or two, according to y<sup>e</sup>  
intermission, you need not fear taking it too often  
till y<sup>e</sup> fit falls, more seldom after y<sup>e</sup> fit doe  
or Take half a qu of a pint of Brandy & y<sup>e</sup> juice of 2 large Lemons  
an hour before y<sup>e</sup> fit, for 3 fits

(5)

For An Apoplexy

It is known by all y<sup>e</sup> senses taken away on a sudden,  
Let blood presently be 16 or 18 ounces  
cup & scarify ym on y<sup>e</sup> shoulders  
Lay blisters to y<sup>e</sup> neck & arms  
Give a strong Glister  
Blow up a strong snush up their noses  
Give ym strong Glisters  
Heat a fire shovell red hot, & hold it over y<sup>e</sup> head pretty  
near,

Take 3 Handfulls of Rue, 3 spoonfulls of Mustard seed &  
an ounce of pepper, 2 Rootes of Ginger, beat these very  
small severally, y<sup>e</sup> mix ym together with some aqua  
vita to y<sup>e</sup> thickness of a poultice, bind it to y<sup>e</sup> soles  
of y<sup>e</sup> feet  
put their hands in warm water as hot as y<sup>e</sup> can bear it

For an Aque boyle it in a pint of water till a 3<sup>d</sup>  
part is wasted, strain it & put 2 a pint of water to it boyle it till a  
3<sup>d</sup> part is wasted, strain it & mix it, give 3 or 4 spoonfulls every 3  
hours, as soon as the fit is of, first purge with Symplicia  
before you begin, to add 2 Drains of Indian Snake root is best.

Another Mr Whel says infallible  
Take y<sup>e</sup> inner part of an oyster shell calcined & beat to powder  
in a mortar, take 16 grains in a Glass of spring water, an hour  
before y<sup>e</sup> fit, is immediately before the fit take 3 spoonfulls  
of White Wine vinegar, no other will doe  
The powder to be repeated 3 times, on the expectation of the  
fit, note to be in bed during the time of taking the powder  
& must keep warm till the fit is over.



Dr Garth Appetite lost & poorness of blood

Rj Limatur Chalib q<sup>t</sup>  
Extract gentian q<sup>s</sup>  
pillula

Take one of these pills every morning & at 6 or 7 in  
y<sup>e</sup> afternoon, drinking a draught of Bath water a little  
warm after it, or wine & water.

To stop bleeding  
Take 2 ounces of Sygar of Lead, mix & dissolve it well in  
a pint of water; make balister of Linnen, dip one in y<sup>e</sup>  
water & apply to the pit of y<sup>e</sup> Stomack, if it does not doe  
one to each wrist & two to y<sup>e</sup> soles of y<sup>e</sup> feet; if to so many  
places, add more Lead, & water.

Bleeding to stop & spitting blood

(7)

Take as much Moss as a kidney bean in twice as much con-  
serve of red roses night & morning, it is extraordinary good  
Indian Moss is best.

Take 1/2 a Spoonfull of Syrup of Corall in 3 Spoonfulls of Juice  
of Nettles.

Give every night a sorell posset Sweetned with Syrup of clove  
Gellyflowers.

To a man give 20 Grains of Aloes succotrina,  
drink nothing but Juice of periwinkle in fair water such  
as will not turn milke.

Take Tincture of roses, Sygar of roses & conserve of Hips  
Let blood presently.

Take a grain of Laudinam ————— every night.

beat y<sup>e</sup> white of an egg in planton water sweeten it & drink  
it  
put a Lump of Conserve of roses, in your mouth y<sup>e</sup> last thing  
going to sleep.

make milke water with a handfull of red nettle tops, planton  
Solomons seal, oak, buds, mint, of each a handfull, put it in  
a Still, fill y<sup>e</sup> Still with milke, & still it, drink a Glasse often  
with balsem of tolu, & Morax.

Boyle nettle tops, & planton in their broth.

Take 3 ounces of conserve of red roses, 1 ounce of Lucafelus  
Balsam, 1 oz Syrup of red poppy mix y<sup>m</sup> well together & take y<sup>e</sup>  
quantity of a chestnut, night & morning.

Drink no malt drink, but water with a dash of red wine  
or mead, or y<sup>e</sup> White Drink see p 173

Take a Spoonfull of Juice of ground Ivy in a morning kat 4  
a clock, or hellos, or y<sup>e</sup> powder of each, mixt in any liquor.

The hairy excretion y<sup>t</sup> grows on sweet bryer is an excellent  
thing, a dram in powder in any liquor twice a day.

For Spitting of Blood

Give as much Holarmoniack as will lye on a shilling  
twice a day.

Tye y<sup>e</sup> Joynts if violent  
Jeduits powder is very good.

An Excellent Diet Drink.

Take of all y<sup>e</sup> saunders 6 Drams, infuse ym 12 hours in 7 pints  
of spring water, boyle ym to about 5 pints, y<sup>e</sup> add Leaves of  
Colts foot, maidenhair, mouse ear, speedwell, flowers of St Johns  
wort of each 2 handfulls, sweet fennell seeds 6 Drams, Licorish 2  
an ounce, Raisins, Stones 2 a pound, boyle ym to 4 pints strain  
it & keep it for ordinary drink.

Cut Cucumbers & eat ym without vinages, or still y<sup>e</sup> water  
give ym 20 grains of Bloes Incarnina to a man.

13<sup>th</sup> Colbatchs Excellent remedy to stop bleeding  
Inward or outward, wounds or sores.

It is a powder & Tincture

Take as much powder as will lye on a single penny, dissolve it in  
a Spoonfull of warm water with heat, or Tow, dab y<sup>e</sup> wound &  
squeeze a little in it, y<sup>e</sup> dip some sa & aply on y<sup>e</sup> top & bind it  
gently on, if deep put it in with a syringe, one dressing will  
be enough, if not very bad, close it up, & if large stick it  
in large fluxes y<sup>e</sup> solution must be stronger, but a weak one will  
soonest finish y<sup>e</sup> cure, dress it not undyr 4 or 5 dayes after y<sup>e</sup> first  
if an artery hurt hold on y<sup>e</sup> Tow till y<sup>e</sup> blood ceases, which will be a  
small time y<sup>e</sup> bind it on easily.  
in old vlcers a small quantity of y<sup>e</sup> powder, dissolved in y<sup>e</sup> white  
of an egg is best.

The Tincture in large wounds or cavity of y<sup>e</sup> body take 2 a Spoon  
full in a glass of old Hock or good wine, once in 5 or 6 hours 4  
or 5 dayes  
in slife ones twice a day 2 or 3 dayes,  
it is to be had at Mr Browns, a book seller without Temple bar,

To Stanck Bleeding

Take shepherds pouch & put into y<sup>e</sup> nostrils,  
Let blood in y<sup>e</sup> arm for all bleedings,  
Drink water instead of Beer, or best & water, p KW  
wear blood stones,  
Eat pease-pottage, & butterd Wheat for spiting blood,  
put Hogs dung up y<sup>e</sup> nostrils, or on y<sup>e</sup> wound,  
or bloodwort leaves.

Lay a large key on y<sup>e</sup> nape of y<sup>e</sup> neck,  
put their hands in cold water, let an egg shell over a chafin  
boyle y<sup>e</sup> blood in a porenger over y<sup>e</sup> fire,  
drop a drop of blood in Sympathetick powder, let it be  
kept warm in anothers pocket,

apply Some Hares woo<sup>l</sup> to y<sup>e</sup> part or put up y<sup>e</sup> pore.  
Moss powder is aplyed, Stanckes bleeding of wounds & helps can.

Tye y<sup>e</sup> great Toes,  
Strap a quill, & put up y<sup>e</sup> shavings, into y<sup>e</sup> Nostrils,  
Tye a cork, or hold y<sup>e</sup> thumb just between y<sup>e</sup> Eye brows,  
Cupping Glasse to the Leggs & thighs,  
Cut a peice of a young Aske & aply to y<sup>e</sup> Wound,  
Cobwebs,

Note if you aply Leaches, y<sup>e</sup> blood will not often stop till y<sup>e</sup>  
Sun goes down. therefore lay ym not on till about 4 in y<sup>e</sup> after  
= noon.

Take a lock of y<sup>e</sup> greasiest hair, you can get cut out of y<sup>e</sup>  
nape of y<sup>e</sup> neck, scorch it in y<sup>e</sup> fire, till it fristles, y<sup>e</sup> lay it  
to y<sup>e</sup> wound

a most effectvall remedy is to set y<sup>e</sup> Leggs & feet, in hot water  
not too hot, but warm,

dry a Toad & hang about y<sup>e</sup> neck in a Tifany or Gauze bag,  
Stiptick water is excellent,  
make a poultice of a good quantity of Sugar of Lead  
& aply it to y<sup>e</sup> Stomack, excellent to stop bleeding at the Nose,



## Bruises &amp; Falls

Let blood in the arm 8 or 10 ounces  
give y<sup>m</sup> as much Sperma Ceta as will lye on a shilling  
for 3 or 4 dayes in any Surup or Liquor.

or as much Irish Slabe

Take 2 balls of stone horse dung infuse it in a  
pint of Ale. Strain it & give a drafft every morning  
you may make it of white wine, but put in y<sup>e</sup> wine  
after it is straine'd see p 35

if they need a poultice.

Take Chickweed, Mallow Leaves, & plantain boyle it in  
suet & apply to y<sup>e</sup> place warm.

Drink Spruce beere, 2 or 3 mornings

## For an Inward Bruise

Give as much Lucatellus, as a kidney bean every night  
& if y<sup>e</sup> find it not too hot in y<sup>e</sup> morning, if y<sup>e</sup> are inwardly  
bruised see p 178

if they are much bruised by a fall of a Horse, or cart give  
y<sup>m</sup> as above, & kill a sheep & lay y<sup>m</sup> in y<sup>e</sup> skin while it is hot &  
keep y<sup>m</sup> in a continuall sweat, let y<sup>m</sup> eat nothing but thin  
water gruel or posset Ale

Give y<sup>m</sup> the pectorall drink. see p 174 to make y<sup>m</sup> spit

An excellent remedy to stop. Bleeding.

Take very fine flower, & mixe it w<sup>th</sup> y<sup>e</sup> Blood,  
then dip lint into it, & lay it to y<sup>e</sup> Part.

## Breath short or Asthma

if from a cough see page 17. an Excellent Remedy  
Take a Spoonfull of Linseed Oyle, Cold Drawn at night  
is morning, to be had right against y<sup>e</sup> playhouse in y<sup>e</sup>  
Hay market mix it with white Sugar Candy to y<sup>e</sup> best w<sup>ch</sup> is  
easiest to take, when ever  
it is proper

Let blood 8 or 10 ounces

Hold black Licorish in y<sup>e</sup> mouth

Drink a cup of y<sup>e</sup> warm

boyle bran & water strain it & sweeten it if you please  
drink a drafft warm often, or no other drink, or  
take a druckle of beal boyle it, till ye water has a fast  
of y<sup>e</sup> beal when it is cold take of y<sup>e</sup> fat, & drinke y<sup>e</sup> water  
warm, it is cooling & loosning

See page 101, Surup of Hedge Mustard, & Oximel Squills, a large spoonfull  
at a time

mingle Juice of Lemon & water together, sweeten it  
to your palate, drinke 3 or 4 Spoonfulls at a time it cuts  
y<sup>e</sup> Fleume & cooles y<sup>e</sup> lungs

excellent if very bad take a Domet of Hippocuwana, page 119

## For Children in extremity

Take a Live puppy just slice it in y<sup>e</sup> middle, & lay it in  
y<sup>e</sup> Stomach, bind it on with a cloth 3 or 4 times double  
or more over it, at night, in y<sup>e</sup> morning take it off, &  
keep y<sup>e</sup> Stomach warm, so does night drg if need,  
it opens y<sup>e</sup> pores, makes y<sup>e</sup> blood Circulate, comforts &  
warms y<sup>e</sup> Lungs, I never knew any medicine give such  
speedy relief

Excellent for Fibbons, & halicife.  
Take 1/2 Dram of Gum Ammoniacum, dissolve it in 2 a pint  
of black Cherry water, take one 2 or 3 Spoonfulls in any  
difficulty of breathing Concocted water is best for it.

Breath sweet to make after Fluxing, or taking  
mercury Hold a peece of gold, in your mouth, & as often as it  
turns blacke, take it out & wipe it, & put it in again  
so doe every day, till it will change no more  
to make y<sup>e</sup> Gate bright again, rub on y<sup>e</sup> hair.  
Rose Water is very good to hold in y<sup>e</sup> mouth.



## Breath short

Eat a clove of preserved Garlick in a morning & dayes together. leave it of 3 dayes so doe every other week. Take it night & morning.

Take 3 spoonfulls of pennyroyal water: & 3 spoonfulls of Hyssop water. Sweeten it with Sugar Candy, & take it.

Aylsham waters are excellent.

Dry y<sup>e</sup> roots of Elcompana powder y<sup>e</sup> fine mix y<sup>e</sup> to an Electuary with Honey, Take as much as a nutmeg in a morning fasting.

Take a handfull of Hartshorn, one of Lungwort 1 of Horsehound, one of y<sup>e</sup> set Hyssop, 1 ounce of Aniseeds, 1 of Sweet Fenell seeds, 2 an ounce of Licorish scraped 6 figs cut small. Seeth all these in 2 quart of water till it comes to a quart, drink a draught morning & evening. Sweetned with Sugar Candy.

Swallow 10 or 12 milipedes in a little white wine, 9 mornings together.

Take 1 Hand of Railons Stopped, 12 figs cut in y<sup>e</sup> middle, 2 sticks of Licorish sliced, 1/2 an ounce of Aniseeds, 1 Handfull of Hyssop, boyle all these in a pottle of Ale to a quart, when tis almost gone put in an ounce of white Sugar Candy, or Brown, boyle it a little & strain it, take 3 spoonfulls warm at a time.

Let Gibbons " Excellent

2 spoonfulls of Historick water, 2 spoonfulls of barly cinamon water, & 2 spoonfulls of Oxemill squills, at any time Take 2 or 3 spoonfulls, if very bad take a larger quantity to make you puke.

Take Antimony Diaphoretick prepared 3 scruples, 3 papers of fine powder, take one going to rest in pearle Cordial of any milk water, & drink a Tea dish after it, note 15 grains of Antimony, & 4 of Cardus benedictus in tender constitutions.

## Biting of a Mad Dog

Give y<sup>e</sup> 2 spoonfulls of the best Spk. 2 mornings fasting, to a beest or Dog 4 spoonfulls.

Take a peice of unicorns Horn boyle it in Milk drink a pint 3 mornings together. The horn makes y<sup>e</sup> milk thick, it must be taken out when boyled, it will last many years. I have known y<sup>e</sup> very succulent, it is bought at y<sup>e</sup> Druggists, & is y<sup>e</sup> bone of a Sea Horse.

Kill y<sup>e</sup> Dog & dry the liver, lay y<sup>e</sup> cat a peice, lay a fire cole on the wound to make it a sore, a very good way. Indian Snake root, is dryd 1/2 Johns wort, of each an ounce finely powdered, give a scruple, or a dram according to y<sup>e</sup> age of the patient, in a proper decoction before y<sup>e</sup> ninth day.

Take y<sup>e</sup> pickt leaves of kew 6 ounces, of good Venice Treacle, or mithridate 4 ounces, as much Terapiage of powder ~~as much~~ & boyle y<sup>e</sup> in 4 pints of good strong Ale, ~~of y<sup>e</sup> Ale~~ till one pint is consumed, strain it out, you must boyle it, & give 9 spoonfulls in a morning fasting, 9 mornings together, if y<sup>e</sup> biting have caused a sore, you must put some of y<sup>e</sup> Druggs to y<sup>e</sup> bitten place. ~~as much~~ a beest should take a double quantity.

For a Dog 6 Spoonfulls. This receipt was taken out of y<sup>e</sup> Parish Register of Calthorp in Lincolnshire, where many have been bit by a Mad Dog, & it was observed, that y<sup>e</sup> best y<sup>e</sup> Medicine except y<sup>e</sup> ill consequence, & those who did not take y<sup>e</sup> good. See pag y<sup>e</sup> 15.

For Humble for short breath

Take 3 spoonfulls of penicill water, 3 spoonfulls of Hyssop water Sweetned with Sugar Candy, at night or any time.

Another. Take y<sup>e</sup> stringing nettles seed or roots, drink 2 a pint y<sup>e</sup> morning in a morning, ground y<sup>e</sup> Horsehounds, 1/2 ounce of each 1 Hand, boyle y<sup>e</sup> in 6 quart of cold water, let y<sup>e</sup> stand 24 hours, strain y<sup>e</sup> & make a Symply y<sup>e</sup> liquor with Sugar Candy.

## Breast sore

When first begin to feel pain or find a knot give <sup>m</sup> every morning in a little beer, first 1 Hog house bruised, next 4 morn<sup>g</sup>, 2 so add one till it comes to nine, y<sup>n</sup> abate every one again, if it breaks you need only wash y<sup>e</sup> wound with a little warm wine, & keep it warm, & y<sup>e</sup> will heal it.

A poultice of White bread & milk & red Rose Leaves boyled in it is very good, if only a little pain with cold rub it gently with Hungry water;

Take a sheeps-head with y<sup>e</sup> wool on it, boyle it in a pot with fair water, till y<sup>e</sup> head is all to mash, to a qu of broth put in a quarter of a po<sup>t</sup> of Rice, let it boyle to a pulp, take it off y<sup>e</sup> fire, & put two yokes of Eggs to it, mix it well about, y<sup>e</sup> put in 2 or 3 Spoonfulls of oyle of Camomile, & a pennyworth of English hony, mix all that well together, spread it upon leather, cut a hole for y<sup>e</sup> Neple shift y<sup>e</sup> plaister every 12 hours, warmen it on y<sup>e</sup> back, place a pewter dish over a chafin dish of coals, y<sup>e</sup> it may be applyed very warm, this will either dissolve y<sup>e</sup> Kernell or break y<sup>e</sup> Breast & heal it again never failed.

Ly Bedingfords rare Salve p 202 seldom fails  
Ly Husys Salve see p 202

## Blood to Cool &amp; Temper

Take 3 Handfulls of Housleek to a quart of Milk & when it boyles, put in y<sup>e</sup> Housleek, boyle it clear & strain it, ~~drinke~~ drink it twice a day, it must be boyled in silver it fetches out y<sup>e</sup> Copercas, An Brass.

## Another for Children

Take 2 Spoonfulls of Juice of water parslly, mix it with 2 Spoonfulls of Milk, give it in y<sup>e</sup> morning & at 4 in the afternoon,

## For the Biting of a Mad Dog

Take 40 grains of ground liverwort, & 20 grains of Pepper, in half a pint of Milk to one Dose, take this quantity four mornings together, then use y<sup>e</sup> Cold Bath, every other day, a month.

## For the Biting of a Mad Dog

Take Native Cinab<sup>er</sup>, & Facitious Cinab<sup>er</sup>, of each 24 grains, much 16 grains powder each apart, very fine, then grind them altogether, give it in a Spoon w<sup>th</sup> a little Syrup of Cloves & drink after it a Tea Cup of Orach.

If y<sup>e</sup> Madnes is begun, repeat it an hour & half after, or else say thirty days, before you repeat it.



Directions for y<sup>e</sup> Bath

It is Good for the Rickets  
Kings Evil, Leprosy & most Humours  
Helps Barrenesse

The Colick

The palsy & all Cold distempers

To drink the water for the Colick & to Temper  
the blood

To bathe for all cold distempers, Rickets, Kings  
Evil, & Barrenesse

For Burnings at y<sup>e</sup> Bottom

Take Burdock, Leaves pick off the strings, put  
5 or 6 in each sock. The whole to be next y<sup>e</sup> feet. Wash  
y<sup>m</sup> once a day. Use it 3 or 4 nights & dayes together

Another  
Take y<sup>e</sup> skin of a Red Herring. & lay it to y<sup>e</sup> soles  
of y<sup>e</sup> feet  
Cut oyle skin & wear at y<sup>e</sup> soles of y<sup>e</sup> feet

## For a Cough

Take a spoonfull of Syrup of Elderberys going to bed  
Keep y<sup>e</sup> head & Throat warm

or 2 spoonfulls of plauge water sweetned to a sirup

or 2 spoonfulls of burnt brandy sweetned

or a spoonfull of Restorative sirup p 160

Syrup pipins see p 157

Turnips see p 157

## An Excellent Medicine

p KW Take  $\frac{1}{2}$  a pint of Red Rose water as much Hyssop  
water, & dates cut & sliced, an ounce of Sugar Candy  
& a large spoonfull of conserve of Roses, Let all in  
for 3 hours, take 2 spoonfulls 3 times, going to bed

Take a large pea of Lucatelus Balsam if not  
for Hot as much as a Hasell nut, with Spice as much  
conserve of Roses at night going to bed,  
Keep Sugar Candy, barley Sugar or Lozenges in y<sup>e</sup> mouth

Let blood 10 or 12 ounces

Lay a blister to the nape of your neck

Take a spoonfull of Syrup of Tolu see p 159

Syrup of Alehoof, Coltsfoot, or horehound are good

p KW - or 10 or 12 drops of Tincture of Sulphur in  
a spoonfull of Syrup of violets or Elder berries  
at night going to bed of excellent y<sup>e</sup> best I know is  
the Dark Tincture with Turpentine bought at London y<sup>e</sup> cheapest sort, not  
y<sup>e</sup> dispensary sort  
A Lambative I recommend it to all my children

Take oyle of Sweet Almonds & Syrup of violets  
mixt together lick it often with a Lickorish  
Stick, & tapped, you may add Syrup of Maidenhair

## For a Cough.

To stop y<sup>e</sup> Phlegm Cause RestTake 2 Spoonfulls of Diacodium going to bed  
in poset or sack Whey, or Almonds Milk &  
hills to RestTake a Spoonfull of Syrup of coltsfoot, as much  
Storax beaten & sifted as will make it a past beat it  
in a mortar take y<sup>e</sup> pills at night going to bed, you  
may add a grain of LincanumMake an Issue in y<sup>e</sup> arm or 2 in y<sup>e</sup> shoulders  
Take y<sup>e</sup> quantity of a pea of ~~hail~~ Balm of Geland  
in Sugar, roled up at night going to bed.Take a sack Glass of snale water sweetned with  
Loafe Sugar night & morning. See p 151Drink  $\frac{1}{2}$  a pint of Ases milk in a morning,  
or a quart sweetned with Sugar of Roses & at 4th  
y<sup>e</sup> afternoon.Barly water with as much cows milk sweetned  
with Sugar of Roses, is almost as good.

## When they are Stuffed

Give y<sup>e</sup> fig drink. See p 14 3 or 4 Spoonfulls  
at a time warmblack Licorish to hold in y<sup>e</sup> mouth is very good  
pomfrails Lelenges bestA plaister to y<sup>e</sup> pit of y<sup>e</sup> Stomack See p 20

## An Excellent Syrup for a Cough

Especially in Children

Take of Syrup of violets, of Sugeles & popys of each an  
ounce, popy water 3 ounces, Aqua mirabilis & small  
Cinnamon water of each 1 dram, mingle all these toge-  
ther, & take 2 or 3 Spoonfulls, 3 or 4 times a day when  
y<sup>e</sup> cough, & at night going to bed, grown persons moreTo Cut y<sup>e</sup> Phlegm in ChildrenGive y<sup>m</sup> now & then a Spoonfull of vinegar made with  
Hony, if very bad may venture to give y<sup>m</sup> a vomit of  
oxymethell squill, & 1 Spoonfull of Syrup of vinegaror purge y<sup>m</sup> gently as y<sup>e</sup> are in years with  $\frac{1}{2}$  an  
ounce of an ounce of manna & a dram of beaten  
cinnamon infused in poset or sack whey &  
strained, or water, & give y<sup>m</sup>, if you add a little  
Juice of Lemon y<sup>e</sup> best.  
an ounce of Syrup of Rhubarb & Succory is a  
very safe good purge for children.Take some Rosemary flowers & slice hysmeg thin, &  
it in a Gause bag & lay it to y<sup>e</sup> mouth of y<sup>e</sup> heat,  
dip a peece of cambrick, or brown paper in y<sup>e</sup> drip  
of roast beef, or oyle of mace, & let y<sup>m</sup> wear it at  
their Stomacks, p 14Wrench An Excellent Ambition for a Cough. p 14  
Take oyle of sweet Almonds 1/2 pint, Syrup of Marsh  
mallows 1/2 pint, Syrup of poppy seeds 1/2 pint, an  
ounce of calt. root, 1/2 ounce of Licorish, 1/2 ounce of  
Marshmallows, 1/2 ounce of pectoral, 3 drams of  
linctus to take a Tea Spoonfull for a what ever y<sup>e</sup>  
cough it troubles some.A very good remedy for a Cough  
Take as much prepared Sulphur as will lye on a spitting  
mixt with Syrup of Elder to an Electuary at night  
going to bed.



For A Chine Cough or Hooping Cough <sup>is page 135</sup>

Take mice alive fley y<sup>m</sup> & dry y<sup>m</sup> or freeze y<sup>m</sup> & eat y<sup>m</sup>, or powder y<sup>m</sup> & take as much as will be on a shilling twice a day, in wheat meat, or Syrup, or dry y<sup>m</sup> to powder & take y<sup>m</sup> in a little warm ale.

Take a Glass of Sherry, mix it with a little water, nutmegs & sugar, & give children  $\frac{1}{2}$  an hour before dinner.

China oranges moderately eaten is good.

Hartshorn drops or Salva-lately from 2 to 30 drops in Black cherry water, to a child 8 or 10

A plaister to y<sup>e</sup> feet

Take of y<sup>e</sup> Cephalick & betony plaisters of each 3 ounces, amber & piony roots of each 2 Grams burryony pitch 1 ounce mingle y<sup>m</sup> & spread y<sup>m</sup> on leather y<sup>t</sup> is thin, apply it to y<sup>e</sup> hollow of y<sup>e</sup> feet, once in a week, or 10 dayes renew it.

<sup>is</sup> Wrenches Linchur for a Cough p RW  
Take oyle of Sweet Almonds fresh drawn, Syrup of Tolu, of each an ounce &  $\frac{1}{2}$ , Syrup of Marshmallons an ounce, perlorall de sangy in powder 3 drams, mix y<sup>m</sup> & make a Linchur, take a Tea Spoonfull or two when ever the cough is troublesome.

Syrup of pennywort to speken any Cordial, or y<sup>e</sup> Syrup going to bed, & strong pennywort water, mix it small with milk water, & water it.

An Excellent Remedy for a Hoarseness

Take a Spoonfull &  $\frac{1}{2}$  of Brandy, & a Spoonfull of Honey, stir it well together & take it at night going to bed.

Take Flowers of Brimston & a dram, mix proof prepared, Spuma Lacti of each 2 scruples, Venice Soap 1 scruple, Syrup of Marsh as much as will make y<sup>m</sup> into pills, make y<sup>m</sup> small, take 4 at a night, & 4 in y<sup>e</sup> morning.

For a Consumption

To know a Consumption at it is difficult, all coughs after a fortnight is dangerous, those y<sup>e</sup> are dry & husky, with but spitting are worst, when y<sup>e</sup> spittle is green is a sign their lungs are toucht, & past cure, tho may live sometime, as y<sup>e</sup> person is in age & strength, night sweats are very ill & dryness of y<sup>e</sup> hands & feet, & white tongue & m<sup>t</sup>ome of a hectic fever, which is difficult to cure.

A Lock Ale for a Consumption

Take 3 Gallons of Ale, & hunt an old lock, very well & break all y<sup>e</sup> bones, & put it in y<sup>e</sup> Ale, with an ounce &  $\frac{1}{2}$  of chind sliced, as much. Sordaparila, mastick wood, Ivory & hartshorn, let these boyle very well to half, y<sup>e</sup> add mouse ear alehoof, coltsfoot maiden hair, Lungwort, Speedwell, Scabious, & dates of each a small handful, boyle it  $\frac{1}{2}$  an hour, strain it & let it settle bottle it & drink no other drink.

A Syrup

Take a 100 Snails put y<sup>m</sup> in Wheat Bran to purge y<sup>m</sup> prish, 6 holes in each snail, but first take y<sup>m</sup> out of y<sup>e</sup> Bran, put to y<sup>m</sup> a po of double refined Sugar finely sifted, put all into a thin bag hang it up, & take a spoonfull now & y<sup>e</sup> of y<sup>e</sup> Syrup runs from it.

A Quilt to y<sup>e</sup> Stomack

Take 1 Hand of Roman Wormwood, of marjoram, Heart mint, red Rose Leaves dried & Stript from y<sup>e</sup> stalks 3 Spoonfulls of Rose water, set y<sup>e</sup> liquor over y<sup>e</sup> coals with a Nutmeg grated, & as much Cinamon is cloves, put in y<sup>e</sup> herbs & mix y<sup>m</sup> together, stir y<sup>m</sup> over y<sup>e</sup> fire till y<sup>e</sup> are neithet wet nor dry y<sup>e</sup> quilt y<sup>m</sup> in a bag & lay it to y<sup>e</sup> Stomack when you need it, & renew it.  
Run up y<sup>e</sup> Bear with Ale Hoof drink no other drink.



## For A Consumption.

An Excellent Quilt for the Stomack on y<sup>e</sup>  
other Side p 21

To make a Medicine instead of <sup>the</sup> Milk  
Take an ounce of barley, scald it & lying away y<sup>e</sup> water, y<sup>e</sup>  
put to it 2 quarts of clean Spring water, adding to it an  
ounce of candied Eriango roots, & 6 drams. boyle it to a  
pint, strain it, & boyle a pint of milk, strain it & when  
both are cold, mix y<sup>e</sup> & drink a qu of a pint 3 times  
a day warm.

A pleasant Drink for a  
Consumptionb<sup>t</sup> Ratcliffe

Take Sarsaparilla 1 ounce, China sliced 1 ounce  
Hartshorn 1 dram, Maidenhair r. handfull, Eriango  
roots candied 6 drams, boyle y<sup>e</sup> in 2 quarts of  
water to a quart, & 1/2 a pint, strain it & set it to  
clear & settle drink no other Drink,

wear a Cap of Blue paper on their head,  
eat light Suppers

Chocolate Hartshorn Jelly, Calves feet Jelly, Chicken  
Broth, Cock Broth, Barby Broth & Sago,

Balm of heliad, Balsam of Toly

Take Tobacco, or smoke a pipe of betony eed see page 62  
night & morning,

## A Water very good

Take a Capon, & a sheeps & Calves heart, & a penny loaf  
of bread, boyle it in a proper quantity of water till y<sup>e</sup> flesh  
falls from y<sup>e</sup> bones, when cold take of y<sup>e</sup> fat & strain it, to 3  
pints of this broth put a pint of Rhenish wine, Burage & palm  
water, of each a pint, Red Leaves 2 ounces, Burage Buglos &  
violet flowers, of each 1 dram & 1/2, Wood of Aloe 1 dram, Cinnamon  
1 ounce, bruised, still it in a Linbeck, sweeten it with sugar  
Candy, put in some powder of pearle & drink it when you  
please.

## For a Consumption

The Snake water warmed & drink a Glass morning &  
evening sweetned with loaf sugar or any proper Syrup  
p 157

An Electuary for an old Cough  
Take of old conserve of roses 4 ounces, Raisons of y<sup>e</sup> Sun dried  
a qu of a pound, Sugar Candy 2 ounces, beat & sift Superfine  
ye together, adding to y<sup>e</sup> 1 dram of flower of amber, y<sup>e</sup>  
white soft, & a dram of powder of Olebanum, 12 drops of oyle  
of sulphur, & 6 of oyle of vitriol. Take of y<sup>e</sup> as much as a  
large nutmeg, going to bed, & as much after y<sup>e</sup> Drink  
in y<sup>e</sup> morning.

## The Drink

Take Cardus, Coltsfoot, Maidenhair, betony, Aniseeds  
1 ounce, fox lungs in powder 1/2 an ounce, boyle these in  
3 quarts of running water till one qu is wasted, y<sup>e</sup> strain  
it & put in 1/2 an ounce of juice of Licorish, 3 qu of a  
po of white sugar candy, beaten, Drink 1/2 a pint at a  
time 4 times a day like warm, if no good juice Licorish  
put in an ounce sliced, if y<sup>e</sup> herbs are dry put in an  
ounce of each,

Syrup of Wort, excellent for a  
Consumption

Take 3 qu of y<sup>e</sup> Strongest wort 1 pint of hony, handfull  
of horehound, 1 ounce of caraway seeds, 1 ounce of Brown  
sugar Candy, a peice of Licorish, 1 Hand of Males, break  
y<sup>e</sup> shells, & boyle all to one quart, take 3 Spoonfulls morn-  
ing & afternoon. Strain y<sup>e</sup> out, before y<sup>e</sup> are boyled to  
thick.

For a Heeticke fever  
bush<sup>e</sup> Ely Take Gentian & Camomile flowers of each 2 drams  
virginian snake root 1 dram, put a pint & 1/2 of  
boiling water on y<sup>e</sup> overnight, drink a Tea dish  
full cold every morning, an hour after drink  
1/2 a pint of <sup>the</sup> Milk, or as much barley water & Cowes  
milk mixt together warm,

For Gibbons Smoke for A W, for weak Lungs  
Take leaves of Bittany Coltsfoot & Rosemary of each  
1 ounce, Rosemary flowers  $\frac{1}{2}$  an ounce, Olibanum 1 ounce  
chemical Oyle of Nutmegs 8 drops, mix y<sup>m</sup>, Smoke a  
pipe Early in y<sup>e</sup> morning & at 7 at night.

The powder.

Take Olibanum White amber Species Dia Traga-  
canthi fragari, of each 2 Drams. Make 12 papers of  
y<sup>e</sup> powder, <sup>in one</sup> 4 ounces of Rochet, mixed with an  
equal quantity of Cowes milk. morning & at 5 in  
y<sup>e</sup> afternoon.

Take Syrup of Diacodium, Syrup of Balsam of  
Tolu, of each 2 ounces, Majesterial Male water  
1 ounce, mix y<sup>m</sup> & take 1 Spoonfull at night going  
to bed.

Drink Bran & Water See page 11

For a Cold & sore Stomach For Gibbons  
Take conserve of Red Roses & Rosemary flowers  
of each 1 ounce Spirit of Turpentine 1 Dram  
mix y<sup>m</sup> & take y<sup>e</sup> quantity of a Nutmeg, in a  
morning & evening, drinking a draught of Diet  
Drink after it, take it 2 hours before, or 2 hours  
after your After milk.

The Diet Drink or Rochet for a Consumption  
Take Sarsaparilla 1 ounce, white saunders & Ivory of  
each 2 Drams, maidenhair  $\frac{1}{2}$  a handfull, candied drings  
roots 6 Drams, boyle these in 2 quarts of water to the  
quart &  $\frac{1}{2}$  a pint, strain it & let it stand till it is  
clear & drink it.

Purging Bolus  
Take  $\frac{1}{2}$  a Dram of powdered Rhubarb, & grains of salt of  
Tarter, make a Bolus with Syrup of Rhubarb, & take it  
going to bed.

The Testations powders  
Take peagle Corall & Crabs eyes, finely powdered of each  
2 Drams, divide it into 12 parts, take 1 paper before  
your After milk. to prevent its Souring in y<sup>e</sup> Stomach.

For the Colick

It is known by a violent aking pain in y<sup>e</sup> Stomach &  
bowels or both, sometimes in y<sup>e</sup> Back & vomiting,  
at first give 2 or 3 or 4 Spoonfulls of Nafys Elixer, or  
5 or 6 of Peters Tincture,  
or Ginger boyled in Beer & drank hot  
or 4 Spoonfulls of Nafys, & 2 hours after a quart of  
Streatham, Rosthall, or Epson waters, if in winter boyle  
y<sup>e</sup> waters from a quart to a pint.  
y<sup>e</sup> Tinctures are best had at y<sup>e</sup> chemists.  
or prepared & mixed water & Rhubarb see p 55

An Excellent Glisten p<sup>h</sup>W

Take a Spoonfull of Venice Turpentine & y<sup>e</sup> yolk of an  
egg, beat y<sup>e</sup> Turpentine well in a mortar, y<sup>e</sup> put in y<sup>e</sup>  
egg & beat it again, y<sup>e</sup> boyle  $\frac{1}{2}$  a pint of milk & let it  
stand till it is milk warm, y<sup>e</sup> put it in y<sup>e</sup> mortar with  
a Spoonfull of oyle, & mix it very well, take it out &  
warm it & apply it, it is an excellent remedy.

if the pain is not violent

The following Glisten

Take a pint or more of milk, boyle in it a Hand of Mallow  
Leaves, some Anagallis, & fennell seeds, & some Camomile flow-  
ers, & a Spoonfull of oyle, sweeten it with brown sugar & give it  
Take as much grated orange peel as will lye on a shilling  
in a Spoonfull of sack, & drink a glass of mulled sack  
after it.

The poor may take it in strong beer or brandy.  
Take 20 Grains of Bay leaves, in a cup of warm Ale, very flacly  
persuade, going to bed, or when y<sup>e</sup> pain is on y<sup>e</sup> excellent  
persuade, for veruain Tea, or y<sup>e</sup> water still is very good.

a vomit when y<sup>e</sup> fit is off see p 119

Take 4 Drops of Mizza pichra infuse it in a quart  
of brandy, take a Spoonfull morning & at 4 in y<sup>e</sup> afternoon  
may take it 3 or 4 times a day  
three Spoonfulls of Sallet oyle morning, & at 4 in y<sup>e</sup>  
afternoon 3 months together



For y<sup>e</sup> Colick.

Fry pigeons dung & lay to y<sup>e</sup> havell  
 Boyle milk & put in a bladder & aply to y<sup>e</sup> howells  
 or fryed oates, or Camomile, or a bag of sand, or a  
 hot Tyle  
 a Glister of Tobacco in a pipe made for y<sup>e</sup> purpose.

## An Excellent Remedy

Take 2 ounces of y<sup>e</sup> best Chalk, wet it with y<sup>e</sup> Juice  
 of Rue y<sup>e</sup> dry y<sup>e</sup> Chalk & wet it again, & dry it so doe  
 3 times, when it is as dry as past, put it in a gally-pot.  
 to keep.  
 give as much as will lye on a shilling in y<sup>e</sup> fit, & if it  
 cures not give a dose every 3 or 4 hours, till y<sup>e</sup> party  
 is well drinck, send post or any proper liquor after it  
 Bath waters are good, best there, but will carry a  
 quart in a morning, or with wine at meals  
 a grain of Laudanum when y<sup>e</sup> pain is violent, or  
 14 or 16 drops of Laudanum called Tincture of Saffron

Make Camomile Tea very strong drink as much as  
 will make you vomit follow it till you have vomited  
 enough, then drinck a draught of y<sup>e</sup> Tea with almost  
 1/2 sherry, & drinck little Else till y<sup>e</sup> humour is mastered  
 if this does not give ease Take a Camomile Glister see p 213  
 purging waters are good

Take a large spoonfull of venice Treacle at night  
 going to bed

3 or 4 spoonfulls of Vsquebaugh

Take 3 or 4 spoonfulls of Double Aniseed water in  
 great necessity a qu of a pint

Take y<sup>e</sup> bitter Steel 3 weeks see p 174

Then a purge of Hyera-picra see p 182, or a dram of y<sup>e</sup>  
 Species a dram 2 pills over night y<sup>e</sup> rest next morning

## For the Colick.

Drinke a draught of salet oyle & sack warm,  
 Still y<sup>e</sup> flowers and leaves of camomile & drinck y<sup>e</sup> water  
 camomil posset very good,  
 give y<sup>e</sup> 1/2 a spoonfull of whole peper dry in a spoon sever  
 all mornings together;

Take 1 spoonfull of Linseed oyle cold drawn in a  
 morning fasting & at one y<sup>e</sup> afternoon.

Take double Aniseed water infuse in it as much  
 Saffron as will make it a deep Tincture, Take 2 spoon  
 fulls in y<sup>e</sup> fit.

Take a quart of Double Aniseed water, infuse in it  
 2 ounces of Rhubarb sliced, let it infuse 24 hours,  
 take 2 Spoonfulls going to bed.

Take 50 or 60 drops of Houxtons Elixer in a glass  
 of wine or any other liquor.

Do not take 18 Grains of Diascordium, 18 grains of Gascogne powder  
 mix y<sup>e</sup> with 6 spoonfulls of milk water, 1 spoonfull of barley  
 Cinamon water, take it at night going to rest, if very ill  
 add 18 drops of Liquid Laudanum, barley Cinamon see p 182

For the Colick  
 Take as much flower of Brimston as will lye on a shilling,  
 in a spoonfull of White wine or sack Whey & drinck 3 or 4  
 spoonfulls after it, 14 dayes together.

## For the Colick

Take half a pint of small Beer & light a Pipe of Tobacco,  
 & blow y<sup>e</sup> smoke into it, & drinck it.

For y<sup>e</sup> Colick or loss of Appetite

Take half a pint of Milk, as warm as from y<sup>e</sup> Cow, put  
 into it one spoonfull of Brandy & drinck it y<sup>e</sup> first thing  
 in a morning & fast an hour after it.

## Concerning Children.

As soon as they are born give y<sup>m</sup> a spoonfull of oyle of sweet Almonds new drappn with a little fine sugar or Syrup of violets to cleary y<sup>r</sup> stomachs,

but to those whose children are troubled with fits give y<sup>m</sup> 3 drops of y<sup>e</sup> blood of a hawke string in a little black cherry water, or 2 or 3 drops of spirit of hartshorn in y<sup>e</sup> water.

give y<sup>m</sup> every day a spoonfull of water & sugar to coole y<sup>e</sup>

Let y<sup>m</sup> eat water pap for a fortnight y<sup>r</sup> put a little milk in it not all milk till 6 weeks old.

Let not their beere be stale boyle in it a few marigold flowers, sweet marjoram & aniseeds, strain it & sweeten it.

when you perceiue y<sup>e</sup> age griet give y<sup>m</sup> a spoonfull of new drappn oyle of Almonds, Syrup of violets & a few Anniseeds grossly powdered.

if you perceiue a white froth apt to work out of y<sup>r</sup> mouth, it is a sign y<sup>e</sup> are inclined to fits, give y<sup>m</sup> twice a day 2 or 3 drops of spirit of hartshorn in black cherry water.

## For a Cough

An excellent water or Syrup see p 160

wash their mouths every day with a pist-clout, to prevent y<sup>e</sup> being sore.

if y<sup>e</sup> red gum comes not out well, steep a little saffron in beere & give y<sup>m</sup> at night, or 6 grains of Gaskins powder, in milk or black cherry water, it is good to give y<sup>m</sup> either when it appears

## Concerning Children.

If y<sup>e</sup> smulle lay a peece of double Tifany to y<sup>e</sup> moule of y<sup>e</sup> head, & put up y<sup>e</sup> bignesse of a pea of fresh butter up y<sup>e</sup> nostrils,

if y<sup>e</sup> are much stuffed with Phlegm, give y<sup>m</sup> 2 spoonfulls of Oxmill squils to vomit y<sup>m</sup> gently,

or 2 spoon of Syrup of Rhubarb & Scurry to purge y<sup>m</sup>

give y<sup>m</sup> a little Syrup of vinegar to cut y<sup>e</sup> Phlegm

if y<sup>e</sup> have a sore mouth tye a bit of cloth to a little flat stick & dip it in Syrup of vetch juice & rub y<sup>e</sup>

mouths with it often or Syrup of mulberries, of hawmouths with it often, it is 9 days before it comes to y<sup>e</sup> height.

put into y<sup>e</sup> mouth a bit of fresh butter, & loaf sugar, to hold in y<sup>e</sup> mouth, & a little rock Alum.

Quince Kernelle steep in rose water & a little sugar is good to heal it.

if y<sup>e</sup> have a fever, & cough, lay a plaister of Mithre date to y<sup>e</sup> stomachs.

plaisters to y<sup>e</sup> feet of Garlick & hony beat together

put upon Rags spread & applyed to y<sup>e</sup> soles of y<sup>e</sup> feet,

loped on & not taken off till y<sup>e</sup> recover,

& 6, 8 or 10 Grains of Gaskins powder every 4 or 6 hours, in a little small plague water

a little poppy water at night is good to make y<sup>m</sup> rest, a spoonfull

for gripes or looseness, give y<sup>m</sup> a spoonfull of Red surfitt water made small with any proper make

or Treacle water a spoonfull or 2 excellent

in a looseness see p 54, 55, 132

To purge of humours & bind y<sup>m</sup> give y<sup>m</sup> Rheubarb beere, see p 155

or a Glisten of mutton broth



## Concerning Children

if y<sup>e</sup> vomit with y<sup>e</sup> loosest give a spoonfull of  
Red Turf water, or mint water & sugar;  
if a sore head give ym 8 grains of Galkins powder;  
if as much flower of brimstone, in milk water, at  
night going to bed, to drive it out, 9 dayes together;  
lay fresh Colewort leaves to y<sup>e</sup> part every day;  
doe nothing to strik it in or kill it;  
make an Issue in y<sup>e</sup> neck or arm.  
let ym drink nothing but y<sup>e</sup> white drink.

See p 173  
if y<sup>e</sup> breed y<sup>e</sup> teeth ill let ym wear a Necklace  
of Henbane seed, sowed in a Tarsnet.  
Rub y<sup>e</sup> Gums with y<sup>e</sup> brains of a Hair;  
if y<sup>e</sup> lye clear in y<sup>e</sup> gums, & y<sup>e</sup> child very ill,  
let a Skillfull surgeon cut ym.

when y<sup>e</sup> havell starts

Take ripe & bruise it, & lay it on y<sup>e</sup> havell &  
a peice of cotton over it, y<sup>e</sup> a peice of Gold  
lapt in a bag, & bind it fast on.

Still bean Cods & give a Spoonfull to a child for y<sup>e</sup>  
wind it a very good remedy or fenell or Rue water  
or Treacle water or small Orange water.

For the Gripes  
gnoint, y<sup>e</sup> belly with annised water & y<sup>e</sup> pit of y<sup>e</sup> Homack with  
juice of Rue, & lay on a plaister of Mithredate.

For Fits

Take 3 grains of Aurum Mosaicum in a Spoonfull of fair water  
give it y<sup>e</sup> child morning & night 3 dayes together.

For Convulsion Fits

3 Spoonfulls of Limstree flower water, 2 of black Cherrywater  
2 Spoonfulls of palsy water, 1 of Syrup of Conslipt, make all  
together & give a child, a qu of a Spoonfull every quarter  
of an hour.

## For Convulsion Fits

Take a qu of a pint of balm water, as much black cherrywater,  
as much Treacle water, & spoonfulls of spirit of castor; mix all  
together; sweeten it with Syrup of clove Gillyflowers; mix all  
together; at a time, take 3 Spoonfulls, & repeat times going  
to bed, & night before y<sup>e</sup> full & 3 after, y<sup>e</sup> is 1 Spoonfull  
every hour for 3 hours before bed time.

See page 50.

Hartshorn drops to a child from 2 to 10, man or woman  
from 20 to 40.

palsy water to a child in black cherrywater, drop  
to a man or woman from 20 to 30 in crums of bread.  
A Lilly Vally black cherry, or male piony water, or may  
drink a little after y<sup>e</sup> head.

Lilly Vally Tea is excellent, or y<sup>e</sup> water double stilled.

Take young hocks out of y<sup>e</sup> necks before y<sup>e</sup> are ready  
to fly, & lay ym & cut of y<sup>e</sup> hills & claps, put ym into  
an earthen pot, bake ym till y<sup>e</sup> are dry enough to  
powder, take care y<sup>e</sup> burn hot in y<sup>e</sup> doing, beat it fine,  
& sift it thro a Tiffany sieve.

Give as much as will lye on a b<sup>d</sup> in black cherry water  
5 mornings before y<sup>e</sup> full moon & 3 after; to a man or  
woman as much as will lye on a shilling, it is good to  
prevent fits as well as cure ym.

a Spoonfull of Syrup of piony in black cherry water  
give a child a Spoonfull of juice of periwinkle it will keep  
it from having more presently.

Take a haven lufs & all dry it in an oven, till it will pow-  
der, powder as much most of a dead mans skull mix it & give  
as much as will lye on a groat 3 dayes before y<sup>e</sup> full & 3 after  
in black cherry or piony water.

Take an ounce of piony roots an qu of mang seull vinegar,  
2 ounces of mistletoe of y<sup>e</sup> oak, 2 of powder of Corall, 1 of  
Elicampane & give to a child as much as will lye on a b<sup>d</sup>  
in any proper water, y<sup>e</sup> must be finely powdered & mixed.

Clap a live Pigeons kump to a childs fundament, & let it  
crawl, it will draw away y<sup>e</sup> fits & grow weak & soe, supply  
another till y<sup>e</sup> fits leave it, make an Issue in y<sup>e</sup> neck or arm.



For a Canker in y<sup>e</sup> Mouth & spitting blood

Take 2 Spoonfulls of Honey, of Treacle, as much Flower as a nut, as much burnt Alum as a pea, boyle it & apply it to y<sup>e</sup> place.  
for spitting blood drink it mixt in any Liquid proper  
a child may take it: it is good for a Sore Throat.

## Another

Take as much Rock Alum as a bean, a little more Chalk, & a little Sugar, beat y<sup>m</sup> altogether & apply y<sup>m</sup> to y<sup>e</sup> Canker in y<sup>e</sup> Mouth. Sometimes if not timely cured it will eat thro y<sup>e</sup> Mouth.  
The black water is an excellent thing to wash y<sup>e</sup> Canker with & kill it. See p 194.

## For Corruption of the Bladder

Make Licorish Tea & drink it, or barley water, in great quantities

## For a Cancer

At first use little phisick, but proper Diet & Drinks of Tartaparilla china, Saunders, & mellipedes, bruise mylipedes & drink 30 or 40 every morning, tis an excellent thing. Swallow y<sup>m</sup> in a little Bear, or take 60 bruise y<sup>m</sup> in a mortar with a little White wine. Strain it & drink it every morning.  
wear a peice of blew cloth 3 times tied to y<sup>e</sup> Breast, or scarlett cloth, or a peice of milled Lead, when it is broke use a poultice of White bread & Milk with red Rose leaves boyled in it. tis an excellent thing apply a fresh one night & morning, or a poultice See p  
bleed often, purge gently, make an Issue; eat stewed prunes, Clarified whey with Fematory a pint in a morning.  
Take y<sup>e</sup> Lime water See p 194, with only 2 Drams of Sassafras 1 ounce of Candied Congo roots, infused in it 4 dayes, & strain it, drink a qu of a pint in a morning & at 4 in an after noon. Take 10 grains of powder of crabs eyes, & 10 grains of Cinabber of Assyria in a Spoonfull of y<sup>e</sup> water, & drink y<sup>e</sup> rest after it, you make drink no other drink, mix it alwaies with as much milk as water, a very good drink. See p 197.

## Lady harkshires Famous Water has don Wonders

Take 4 qu of Lapis Calamenaris, Calcine it in a Crucible 9 times, let it be alwaies red hot, & still quench it in a qu of white Wine, 2 ounces of Lapis Suty, Calcine it 5 times, in a Crucible, till it is red hot, & still quench it in a quart of red Rose water, y<sup>e</sup> y<sup>e</sup> 9 pounds & let y<sup>m</sup> be finely powdered, & scarce y<sup>e</sup> put y<sup>m</sup> into y<sup>e</sup> Wine & Rose Water, shaking y<sup>m</sup> well together before you distill it, dip a very fine bag very wet, & lay it cold, on y<sup>e</sup> Still, use a fresh peice of old Holland every time, use it as often as you please, 5 or 6 times a day or more, let y<sup>e</sup> Cloth cover your breast & between y<sup>e</sup> cloth & y<sup>e</sup> Breast, a peice of blew Cloth 2 or 3 times double,

## For the Cramp

wear Eale skin Garters  
put y<sup>e</sup> little bone in a Hairs foot in y<sup>r</sup> Garters  
or a Cramp ring, on y<sup>r</sup> finger  
or Bearsfoot in y<sup>r</sup> Garters  
Rub y<sup>e</sup> part with Hungry or palsey water, or spirit  
of Aster.

Set Garter Take an ounce of Meocaps finely powdered,  
quilt it in a bag & wear it at y<sup>e</sup> pit of y<sup>e</sup> stomach  
Tye a Cork to y<sup>r</sup> shirt & alwaies wear it  
wear a Loadstone in y<sup>r</sup> pocket a dayes, in bed at  
night, about y<sup>r</sup> arm or legg,

Take  $\frac{1}{2}$  a handfull of Turvy Grasse & a qu of a po of  
Butter, boyle it, & Strain it, & Rub y<sup>e</sup> part wher y<sup>e</sup>  
Cramp comes  
wear a Loadstone in y<sup>r</sup> pocket & in bed constantly

## For Corns

Take a hily root roast it in a soft fire, when you  
goe to bed lay 3 or 4 cloves to y<sup>e</sup> corn, as hot as you  
can suffer it, use it 2 or 3 nights, when you take it  
of, it will raise y<sup>e</sup> skin, with your penknife, it will  
bring y<sup>e</sup> corn out,

For a soft corn cut it to y<sup>e</sup> bottom & lay a plaister  
of black Salve to it see p 194

bruise green Marigold Leaves & lay on a hard corn  
or bathe y<sup>e</sup> feet in urine.

Take 2 spoonfulls of Hony as much burnt Alum.  
beat to powder, as a Horse bean, mixe y<sup>m</sup> & boyle y<sup>m</sup>  
to a plaister, & when y<sup>e</sup> Corn is pared lay it on,  
or lay a plaister of Dia celon to it when it is pared  
cut y<sup>e</sup> Corns y<sup>e</sup> last quarter of y<sup>e</sup> Moon.  
Dia palma a very good plaister for Corns

## For A Dropsy

Take Elderberys when hard & Green what quantity you  
please, Cover y<sup>m</sup> with white wine vinegar, let y<sup>m</sup> stand 24  
hours, yn take y<sup>m</sup> out & dry y<sup>m</sup> in y<sup>e</sup> sun, & keep y<sup>m</sup> in baggs  
Take a few of these berys in White wine 3 times a week  
or 5 times in a fortnight, it purges all Hydroticall &  
watry Humours.

## Another

Take y<sup>e</sup> topings of vine trees, dry y<sup>m</sup> in an oven & burn  
y<sup>m</sup> to Ashes, put a spoonfull of y<sup>e</sup> Ashes sifted in a  
qu of a pint of white wine, wring in y<sup>e</sup> juice of a lemon  
& stike a quarter of a nutmeg in it & a little sugar drink  
it 3 mornings together

## Another

Take as much broom Ashes, as will lye on a shilling  
morning & at 4 in an afternoon, drink a Glass of  
white wine, or strong beer after it, take it in a  
Spoonfull of either.

It is best to mingle all y<sup>e</sup> drink, wine Ale beer, or Ale & beer  
or wine & Ale, purge y<sup>m</sup> with 2 scruples of Galap once a week, or  
5 grains of Gambugia, it is y<sup>e</sup> best purge for a Dropsy  
it works quick, if 3 grains of little mdy give 1 or 2,  
to a man 9 or 10 once a week.

Spirit of Elder Berys excellent see page 650

Set Rat Give y<sup>m</sup> a spoonfull of Syrup of Garlick every  
morning, or swallow a blade & drink any thing after  
Take 2 Handfulls of bean Cods dry or green boyle y<sup>m</sup> in y<sup>e</sup> water  
of water till one gallon is consumed, drink no other drink, it has  
done great cures An Excellent Remedy &  
cured abundance

Take 8 pints of Ale a good quantity of yage, let it stand  
8 dayes, yn take 3 handfulls of swart Elder or Janevells  
stamp it & put in y<sup>e</sup> Ale stop it close & let it stand 24  
hours, drink a large drafft every morning.

yn take 3 pints of White wine & y<sup>e</sup> bigness of a Hen Egg of y<sup>e</sup>  
blow flower de luce, wash it clean & scrap it extreme thin  
put it into y<sup>e</sup> wine, drink a drafft at 4 in y<sup>e</sup> afternoon, take y<sup>e</sup>  
& y<sup>e</sup> other 14 dayes together, when done make more if it don't hold  
out y<sup>e</sup> 14 dayes



## For a Droopy Net Gibbons

## The Drink

Take 1 pound of Nitch Dock roots, Egremony Leaves & Elder flowers of each 2 handfulls, orange & Lemon peel of each 2 ounces, Antimony tied in a sack or bag one pound, put all in 4 Gallons of Beere instead of Hops, boyle in it firr & pine tops of each 2 handfulls

## The Juice

Take of Juice of Sea Scurvey Grass, Brook limes water, Trebles of each 3 ounces, Lemon Juice 2 ounces clarify y<sup>m</sup> by letting y<sup>e</sup> thick part settle to y<sup>e</sup> bottom, take 2 Spoonfulls twice a day except when you purge.

## The purge

Take y<sup>e</sup> Bitter decoction See p 173. with Double Sena 3 ounces compound water of wormwood, & Syrup of Buckthorn 2 an ounce, mix y<sup>m</sup> & make a pottion, take it once or twice a week.

Take 3 Spoonfulls the Juice of y<sup>e</sup> Inner bark of Elder, it will purge much but it is a very good remedy

## For a Droopy Net Gibbons

## A Glistre page 214.

A Receipt y<sup>e</sup> cure of Net Gibbons

Take Sweet fennell seeds, Aniseeds, & Caraway seeds of each 4 ounces, of Licorish 3 ounces, Rosemary, Mugwort of each 2 ounces, Rosemary, Borage & Betony flowers each 2 ounces, Bruise y<sup>e</sup> seeds, & put all these things in an earthen vessel, & a quart of white wine, let it simmer over a gentle fire all night, Strain it, & put in 2 ounces of Syrup of marsh Mallows, drink half a pint 3 times a day it is healing, as well as distick.

See p 155

## For a Droopy

boyle an ounce of y<sup>e</sup> Inner bark of Elder in a pint of milk & turn it with White Wine, in a wine Glass, of y<sup>e</sup> potet, put in an ounce of extremely quills, & drink y<sup>e</sup> rest of y<sup>e</sup> potet after it, in small draughts, it provokes you to vomit, if it does it is not so efficacious in a Droopy this should be taken twice a week in loose weather for 3 weeks or a month.

## For a Diabetes

Net Short Take 2 Drams of cinnamon powdered, 1 Dram of Sesuits bark, in powder boyle y<sup>m</sup> in a quart of water to a pint, & strain it, & put as much milk to it drink no other drink.

Comphy Tea with milk is good, & 20 grains of powder of pearl & crabs eyes, twice a day.

Net Gib Take 2 Drams of Saffaphras & of china, boyle y<sup>m</sup> in a quart of water to a pint, y<sup>m</sup> strain it, & add a pint of milk, drink no other drink.

make an Electuary of conserve of Hips, & jelly of Quince Kernells, take as much as a nutmeg 2 or 3 times a day, & drink a draught of your drink after it.

Take a quart of Bristol waters every morning & at 4 in y<sup>e</sup> afternoon.

Lye upon a sheet of leather.

To Stop a Diabetes or Loosness Take 4 Spoonfulls of brandy, a small Lump of miltredale, a little Safran, & a lump of Sugar, let it simmer on y<sup>e</sup> fire & take it.

## Another

Take 3 pints of Spring water, 1 ounce burnt Hartshorn, beat fine 3 ounces of Tormentil roots, boyle it till it come to a quart, y<sup>m</sup> put in 3 Spoonfulls of Syrup of Comphy, 3 ounces of aqua mirabilis, drink a quarter of a pint at a time, its good for a Loosness.

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## For a Diabetes

Take y<sup>e</sup> roots of Male piony, yellow amber, Red Coral  
 & Gum Araback, one ounce of each, powder of Egrimony  
 4 ounces, mix y<sup>m</sup>, & take as much as will lye on a  
 skilling when your Stomack is empty.

Take at night as much as you can take up on a knife  
 point of Conserve of Hippo, you may take it at any  
 time on an empty Stomack.

## The Solus

Take of Egrimony, & Yarrow finely powdered one dram  
 & a half of each, mix it up with old conserve of  
 Roses, take as much as a large nutmeg at night  
 going to bed as long as you have occasion.

## For Deafness

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Stop y<sup>e</sup> ears with Civet & black wool, or Hungry water  
 & Wool,  
 or put in a clove of Garlick but take care of cold

Take y<sup>e</sup> fat of a Siluer eale & y<sup>e</sup> froth of an oak or  
 Ashen stick, stir y<sup>m</sup> together till you make an oyle  
 y<sup>e</sup>ndip in a little black wool & put in y<sup>e</sup> deaf ear

Take a pint of hot milke & a handfull of Camomile  
 boyle y<sup>m</sup> together, put it in a narrow mouthed pot  
 boyling hot & y<sup>e</sup> broad side of a Tunnell on y<sup>e</sup>  
 top, y<sup>e</sup>nd lay down y<sup>e</sup> head & put y<sup>e</sup> narrow end into y<sup>e</sup>  
 ear for a quarter of an hour, to take y<sup>e</sup> fume  
 Keep y<sup>e</sup> head warme after it

Hampe ground Ivy & put it in a fine Rag & put  
 it in y<sup>e</sup> ears 2 or 3 times a day

Take oyle of bitter Almonds drop 3 drops into y<sup>e</sup>  
 deaf ear at night going to bed, & lye on y<sup>e</sup> other  
 side, y<sup>e</sup> oyle may not run out, keep yourself  
 warme after it, use it 3 or 4 nights, if both ears  
 are deaf when one has been done 3 times doe y<sup>e</sup>  
 other.

To dip Wool in oyle of amber, or spirit of Carter  
 is excellent.



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To take away y<sup>e</sup> Drynell of y<sup>e</sup> Hands  
or feet

Take y<sup>e</sup> Caul of a harow Hog, & lay it in water till it is white, y<sup>e</sup> lay it between 2 cloths, & dry it, cut it small & melt it, clarify it into a pewter dish, put to it some rose water, & as much lampshire as a bean, powdered fine, stir it continually till it is cold, & anoint y<sup>e</sup> part with it.

For Sore Eyes

Take y<sup>e</sup> thin water y<sup>e</sup> is at y<sup>e</sup> bottom of a new laid Egg, put to it a little Red Rose water & white suger Candy, shake it together & put a drop into y<sup>e</sup> Eye at a time.

The fire & wind are great enemys to y<sup>e</sup> Eyes

Lay a blister to y<sup>e</sup> neck, or behind y<sup>e</sup> ears, let blood in y<sup>e</sup> arm, or with Leaches behind y<sup>e</sup> Ears, Lay plaisters of mastick to y<sup>e</sup> Temples, if y<sup>e</sup> are bloodshed, put a live louse in each Eye, or two going to bed, y<sup>e</sup> eat up y<sup>e</sup> lime when dead, put fresh.

Take a little Lapis calaminaris boyse it in fair water pretty strong, when it is cold put some powder of Tutty in it, & drop it in y<sup>e</sup> Eyes.

For darknes of sight

Take a fine bag & burn it on y<sup>e</sup> back of a pewter plate, blow of y<sup>e</sup> lint, & an oyle will stick to y<sup>e</sup> plate, anoynt y<sup>e</sup> Eyes with it, tho it smarts will clear y<sup>e</sup> sight.

To wash y<sup>e</sup> Eyes with Eybright water is good  
Hamack Rose leaves boyled in posset Ale is an excellent purge in hot humours & sore Eyes, make an issue in y<sup>e</sup> arm or neck, ora leason if very bad.

An excellent powder for a pin

Take 2 ounces of fine suger, as much chalk as a nut, as much Roch Alum as a pea, beat it all into very fine powder & blow it into y<sup>e</sup> Eyes thro a quill, & plaister to y<sup>e</sup> nape of y<sup>e</sup> neck of Burgandy pitch draw back y<sup>e</sup> Rheum, beat Hemlock & bole armoniack, & lay to y<sup>e</sup> wrist, or Hemlock & bay salt is a powerfull Drawer

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## For sore Eyes

To cure a man, or Beasts Eye cut or hurt  
by a Strip

Take a little Juice of planton & Honey put it  
into y<sup>e</sup> Eye with a feather; use this in 2 or  
3 dayes it helpeth  
then it will be white over, make y<sup>e</sup> Eye powder  
p 41 for a pin & web, & blow it into y<sup>e</sup> Eyes 2  
or 3 dayes.

Conserve of Rotes & planton water laid to y<sup>e</sup>  
Eye as a poultice, is an excellent thing for  
a Bruise blow or blood shot Eye.

celandine water & Honey is a good thing to  
wash y<sup>e</sup> Eyes with

make a poultice of bole armoniach, crums of  
white bread, & a rotten Apple moisten it with  
planton water, or fair water.

Drop into y<sup>e</sup> Eye at night some proper water: y<sup>e</sup>  
lay y<sup>e</sup> poultice on, & wash it off next morning so  
often, if you find benefit by it make it moist  
least it dries too much.

you may use it 2 or 3 times a day but shift it as  
soon as it is warm.

Rotten Apples & crums of bread & water is good.

Take 3 wood Lice let y<sup>m</sup> crawl on a paper to cleanse  
y<sup>m</sup> selves, bruise y<sup>m</sup> & put y<sup>m</sup> in bear take it first  
in a morning, add 2 every day till it comes to 40  
y<sup>m</sup> decline again

or take 20 or 30 Bruise y<sup>m</sup> in a little white wine &  
take it every morning fasting, it is a great dryer,  
& sweetner of y<sup>e</sup> blood.

Shave y<sup>e</sup> head & wear a Cap of blue paper  
Rub y<sup>e</sup> head well every morning

For a Speck in y<sup>e</sup> Eyes

Take urine put it in a pewter dish, cover it with  
another, & set it over a chafing dish of coals & as  
y<sup>e</sup> steam rises, take of y<sup>e</sup> upper dish & let y<sup>e</sup> water  
drop in a cup, so doe till you have got enough  
drop it into y<sup>e</sup> Eyes 2 or 3 times a day, it will  
lessen y<sup>e</sup> speck, & clear y<sup>e</sup> Eyes & is an excellent  
remedy for any sore Eyes p K W

Sift a little white Sugar Candy thro a Tifany sieve 3  
times, & blow it into y<sup>e</sup> Eyes thro a quilt 2 or 3 times  
a day, if it draw, y<sup>e</sup> Rheum, mix a little fine Bole  
armoniach with it.

## For a Rheum

give y<sup>m</sup> constantly y<sup>e</sup> White drink. See p 173

A water for y<sup>e</sup> Eyes

Take planton water Eyebright &celandine waters of  
each 2 Spoonfulls, dissolve in it as much white Sugar Candy  
as a Hdsel nut, drop it into y<sup>e</sup> Eyes 1 at a time twice a day

Take a penyworth of White Coperas, dissolve it in 2 ounces  
of planton water, wash y<sup>e</sup> Eyes with it morning & evening  
y<sup>m</sup> use y<sup>e</sup> following ointment.

Take 1 penyworth of Tully finely powdered mix it in y<sup>e</sup>  
bigness of a chestnut of unsalted butter, rub y<sup>e</sup> Eyes  
with it after y<sup>e</sup> water.

## An Excellent Eye water set Gibbons.

Take fennell water, 1 ounce, Lapis calaminaris finely pow-  
dered Tully & bloodstone of each 1 scruple, all extremely fin  
ground to powder, mix y<sup>m</sup> together, & drop it into y<sup>e</sup> Eyes  
twice a day.

Take new milk make it boiling hot, y<sup>e</sup> dip a peice of  
Flanen in it, squeeze out y<sup>e</sup> milk, & apply it hot to y<sup>e</sup> Eyes  
so doe 3 or 4 times every night before you goe to bed



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## For sore Eyes

## A Stronger Hup

Take worm wood, Sage, Rosemary, Sweet Majorum, marsh Mal-  
-loes, mulilot flowers, of each a handfull, boyle ym fair  
water till it is strong of y<sup>e</sup> herbs, y<sup>e</sup> strain it & put  
a little white wine to it, dip a peece of flannell  
apply it hot to y<sup>e</sup> Eyes, squeeze it freely dry, as soon  
as it is coole doe another for 3 or 4 times, so doe  
often in a day or night & morning.

## Another

Take Alum beat it well with Whites of Eggs, it will turn  
ym to curds, which apply hot to y<sup>e</sup> Eyes  
in violent Rheume & pains these medicines give relief

## In Hot Rheume

La Hobart Take Lapiz calaminaris strain Tutty, stram both extremely  
well prepared in fine powder, put ym in less y<sup>e</sup> a quart of  
pint of Damaske Rose water, & as much good White Wine  
mixed together, y<sup>e</sup> roast a new laid Egg very hard take  
only y<sup>e</sup> white mince it small & put it to y<sup>e</sup> wine & set  
it in a porenger over y<sup>e</sup> fire, till y<sup>e</sup> are more y<sup>e</sup> blood  
warm y<sup>e</sup> take it off & strain it & what remains in y<sup>e</sup> strai-  
ner mince again & put to y<sup>e</sup> strained water, set it over  
y<sup>e</sup> fire as before, strain it & keep it for use,  
shake it well together, when you use it, & heat it like warm  
let him lye on his back, & have 2 or 3 drops dropt into  
y<sup>e</sup> Eyes, rolling y<sup>e</sup> Eyes 2 & 3 times

For a pearly  
Take the Liquor of Drops from y<sup>e</sup> Cut of Selendine  
& beat it well with y<sup>e</sup> White of an Egg, & put it in  
y<sup>e</sup> Eye 2 or 3 times a day.

## An Oyntment for sore Eyes

boyle Juice of Selendine & Cybright in unsalted  
butter to an Oyntment.

## For Watry Eyes excellent

Take a pennyworth of White Copras a pennyworth of ons root,  
pounded fine, put this in a quart of Spring water, let it stand  
for 24 h<sup>rs</sup>, till all the Copras is dissolved, straining it often  
y<sup>e</sup> strain it thro a flannel, keep it in a bottle, & wash y<sup>e</sup> Eyes with it.

## To Eat away proud flesh

Scrab Lint very fine, mix it with Hony lay it on y<sup>e</sup> part, or  
if y<sup>e</sup> wound is deep, put it in y<sup>e</sup> wound, it will eat out y<sup>e</sup>  
proud flesh & heal y<sup>e</sup> wound.  
Lay on a little Rock Alum in powder, or Leaf of sugar

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## Felon

Take a little handfull of Rue, as much cankerwood & a Spoon  
full of salt, & much Rusty Bacon as an Egg, & 3 Nails taken out  
of y<sup>e</sup> heels, beat altogether to a salve, & dress y<sup>e</sup> felon.

## Felon &amp; Whitloes

Take Sage & Leven of brown bread, bay salt & rusty Bacon  
of each a like quantity, beat ym well together, & use it to  
the part.

46 For a Fever

And when the pulse is very quick, Tongue White, & flesh hot, restless, with thirst. Some or most of these signs are symptoms of a fever.

Is inclined to vomit give ym Cardus poset or Tea with mastic powder; or powder of Hipeocuana see p 119 to vomit.

Intermitting Let ym bleed 8 or 10 ounces if strong 12 ounces Red & mastic powder when y are dry give ym a draft of milk water See p 150 or pebble cordial see p 152 or a toast & beer nutmeg & sugar & a little Lemon at night give ym as much dioscordium as a Nutmeg in a little plague water if y incline to sweat promote it with sage poset or pimpernell poset & when in it toast & beer Give 20 grains of Gaskins powder every 4 hours in a Spoonfull of pebble Cordial & drink a cup after it. See p 152. or Testabious powder, See p 167 to servants & y poor every 4 or 6 hours

To promote sweat

Give as much Venice Treacle, or mithridate as a large nutmeg, & a little plague water after it lay ym close covered with their hands under their arms & in 1/2 an hour a draft of sage or pimpernell poset if not inclined to sweat, but boiling water in glass bottles, stop ym close, lay ym in napkins, & put ym to y arms thighs & Legs.

as much Cardock root as will lye on a shilling dried & powdered, or y root boyled in poset is an excellent thing

if y complain of their head lay a large blister to y neck at night going to rest, dress it next morning with columb leaves Melilot or black Salve

47 For a Fever

if the fever is very high lay on blisters to y Legs thighs & arms, & have beef supple y soles of y feet shift it often or clay of a sack of beer, or pimpernell

or clay of an intermitting fever The bitter drink with senna see p 113 twice a day, & after purging & a vomit may take y sennas powder the p 3 begin to take it as soon as y fit is off.

if they do not go to stool give a Clister of milk sweet with course sugar, may put in mallow leaves.

To give a stool & abate y Heat

Take an ounce of cream of Tartar turn a quart of milk with it strain it & let ym drink it often, it is an excellent thing to quench thirst & abate y heat of fevers

Let their diet be water gruel, chicken broth, ponada without Eggs or wine, barley broth or water, eat toast & beer sugar & nutmeg

Let ym drink wood sorrell poset or sack whey, or burnt Hartshorn boyled in water & sweetened with fine sugar, or sage poset toast & small beer lemon & sugar, milk water, Almond milk if they are fainting 20 drops of spirit of Harshorn in y pebble Cordial or milk water

if y want a great Cordial give from 20 to 30 grains of Goa Stone, or 5 or 6 grains of beaur added to y Gaskins powder, in pebble Cordial

A pleasant Cordial

Take a quart of white wine, or claret temper it with a little Cinamon, ym put in 6 spoonfulls of juice of lemons sweeten it & take a spoonfull sometimes

5 or 6 grains of cream of Tartar or salt prunell in y first spoonfull of y spoon meat, quenches thirst & abates y heat

Stroke up y Hair with a little nutmeg & vinegar lay a little poppy cake to y temples, it refreshes y spirits



## For a Fever

Treacle water sweetned with Syrup of Clove Gillyflower  
or Symp of poppy if y<sup>e</sup> have a defluxion of Rheum  
2 or 3 Spoonfulls at a time

*For a man* Take 6 grains of salt of wormwood, half a Spoonfull  
of Juice of Lemon, & a Spoonfull of milk water  
Every 6 hours, a young person may take more

Let ym drink wood sorrell poset Jack Whey  
Burnt Hartshorn boyled in water, sweetned with  
Lime Sugar

*For a man* Take 12 Spoonfulls of salt of wormwood, 6 Spoonfulls of Juice of Lemons 6 Spoon  
fulls of Symp of poppy, or milk water, steale if together give 1 Spoonfull every  
6 hours  
May eat y<sup>e</sup> stewed prunes, Jelly of Corants pre-  
pared hules, Juice of Lemon or orange to cool  
their mouths

before to purge well after a fever

## For Children

Take Rye bran Torch weed Rose Leaves & Vinegar beat  
ym together for a poultice, put it in a bag & lay it to y<sup>e</sup>  
right side

if they breath short anoint y<sup>e</sup> stomach with  
oyle of mace, or Cambrick paper dist in drippings of  
roast beef

Give ym 6 grains of Gaskins powder every 4  
or 6 hours, in pearle Julip, see p 152

## A Cordiall for Children

Take Corall pearle crabs Eyes & leaf Gold a like quantity  
of each finely powdered give as much as will lye on a 4<sup>th</sup> 3<sup>rd</sup> & 4<sup>th</sup>  
times a day, in any gentle cordial water or pearle Julip

purge well after a fever with Sena see p 153 or bitter  
decoction see p 153

a purge for children see p 153  
set Wrench for an Asthma & Fever see pag 12 & vapours

## For a Fever

## To cause Rest

give ym at night 2 Spoonfulls of Niacodium in barley  
or 10 or 14 drops of Liquid Laudanum, or 1 grain of solid  
or 14 drops of Laudanum caled Rector of saffron  
if in a fever you have a slow pulse & pale water  
it is a signe it is on y<sup>e</sup> spirits.

An Excellent Electuary to carry of  
a Lingring light fever

R. conserve of Lupula, pulp Tamarinds an ʒii  
Cinab Antimonii ʒi. Radima guajac ʒss. creck Tartar  
ʒii. Tart vitriol ʒii Syrup sambuc in q. s. f. Electuar  
Take y<sup>e</sup> bigness of a nutmeg in y<sup>e</sup> morning fast-  
ing, & drinke a little wine & sett eat nothing  
for 2 hours & use a little exercise

## For a Lingring or Heetick Fever

Take Gentian Root. & Camomile flowers of each 2  
Drams virginian Snake root 1 Dram  
pour 1 pint & half of boylng water on ym over night  
drinke a Tea cup full cold an hour before y<sup>e</sup> milk  
in a morning.

*For An intermitting Fever* when y<sup>e</sup> hath purged  
Take Jesuit bark powdered ʒ scruples, Niacodium ʒ scruple, Liquid  
Laudanum ʒ drops. mix ym into a bolus to be taken every fourth hour  
till y<sup>e</sup> fit is off

Take 2 quart of y<sup>e</sup> decoction of burnt Hartshorn, boyled in water &  
strained with an ounce of conserve of roses boyled in it, barley cinna-  
mon one ounce, let it be for their ordinary drink

Take of Episcuana 2 scruples for a vomit if y<sup>e</sup> need it.

Take a scruple of Gaskins powder, salt of wormwood 5 grains mix & take  
twice a day in y<sup>e</sup> following Julip.

Take milk water 12 ounces, compound wormwood water 3 ounces, spirit  
of lavender compound 2 Drams, Sugar to your taste mix & make a Julip

## For a Continual Fever

Give 20 grains of Testations powder & 4 grains of Indian Snake root finely  
powdered & sifted every 4 hours, or 6 hours, & 4 grains of contrayerva, if  
none in y<sup>e</sup> powder, & when this has brought it to a remission, y<sup>e</sup> if the  
patient be able give a vomit & y<sup>e</sup> the Jesuit bark as above, as soon  
as the fit is well off

## Falling Sickness

Take a strong young mans Hair, w<sup>th</sup> bone y<sup>e</sup> grows in y<sup>e</sup> legg of a heare dry ym by ym selves, mix ym equally, powder & beat ym & very fine, give much as will lye on a great 2 days before y<sup>e</sup> new moon & 2 days before y<sup>e</sup> full, in a little small aquamiz tabilis.

Take y<sup>e</sup> matrix of a sow of her first pigs in y<sup>e</sup> same manner y<sup>e</sup> is & give before y<sup>e</sup> new moon & twice before y<sup>e</sup> full.

It is known by falling down suddenly, struggling & a white froth coming out of their mouths.

An excellent Receipt for y<sup>e</sup>

## Falling Sickness

Rt Rad valerian, silvestris, Rad paeonie, maris, nigella, Trisci quercini, veris, aa Zi, <sup>per</sup> paeonie maris, Semen atriplicis, olivae, ungulae, clusales, ppt aa Zh, Cingari, pater, cornu, mensiculi, humani, pp, Coralli rubri, pp aa Zi, Sp. diambr Zi m f, pulvis subtilis, Sumatris quatuor die per longum Tempus, Sumatris Zh ad Zi pro

dis a peice of bread in vsquebaugh & eat every morning.

For the falling Sickness or Convulsion fits

Excellent Take 1 pound of single piony roots, scrapt ym clean & slice ym very thin, into 3 pint of white wine, let it stand & infuse a night in ember, y<sup>e</sup> strain it out hard & put to it a quarter of an ounce of Cassia, & 50 grains of the Moss of a dead mans skull, & 50 grains of the Skull itself, both finely powdered, mix ym in a glass bottle, and shake ym for an hour with all the strength you have, keep it in a cool place for prevention give it y<sup>e</sup> morning together at the 3 changes of the moon, & fast 2 an hour after it, one Spoonfull to a Child, 2 to a grown person, & when y<sup>e</sup> fit comes the same quantity.

## To clear the face of freckles

Take bean flowers, white Lily flowers, & Elder flowers of each 1/2 a peck, seminary 2 handfulls. Steep all these in 4 pints of y<sup>e</sup> blood of y<sup>e</sup> vine & may dew 10 days, y<sup>e</sup> still it & wash y<sup>e</sup> face as often as you please, cut y<sup>e</sup> vines in April or May & y<sup>e</sup> will bleed, save it in a bottle, gather y<sup>e</sup> may dew in a hosenig a morning, on a clean cloth.

To Kill black Worms in y<sup>e</sup> face

Take 2 ounces of night shade water, ion of Red wine vinegar, 3 Drams of yal prunella, mix ym & bath y<sup>e</sup> face 3 times a day Cold.

## For womens Fluxes

Take 3 penworth of venice Turpentine wash it w<sup>th</sup> 2 nutmegs, & 6 date stones finely powdered & sifted, with as much cinamon finely powdered as will make it into pills, take 3 or 4 pills, 3 mornings together fasting, wrap ym up in flax, wash half an hour before you eat, or drink, if you may take ym at night if you like it best, in case of an inward sore, you may add a little Lucatulus Balsam, Rhubarb powder, & Scatich added does well if you desire it more purging.

A Physician famous for this distemper, had so given him to know his remedy, & it was early to him every thing they found in a Beefeauen Sea, kept for y<sup>e</sup> purpose.

## Another Medicine

Take hares feet w<sup>th</sup> y<sup>e</sup> wool on y<sup>e</sup> dry them in an oven, then beat them to powder, & take a Tea Spoonfull of it, 2 or 3 times a day, in any liquid, Chard is thought best.

The Powder taken as stuff, stops bleeding at y<sup>e</sup> Nose.



## For the Green Sickness.

Give a vomit of *Cassia Tca*, or *Crocus metalorum* or *Hipocriand*, or *emetica Tarter* see p 119

Take a purge of y<sup>e</sup> infusion of *Hyera pica* sometimes see page 182

Take of y<sup>e</sup> powder of Aniseeds of Licorish & put meys of prepared steel of each 1 ounce, mix ym together & take every morning as much as will lay on a great fasting & drink a glass of wormwood wine after it or beas & expect the walk or ride or saw wood Boyls Centuary & bleed infants together in water & drink a qu<sup>o</sup> of a pint every morning & stir after it.

Take 1 Spoonfull of steel wine in 2 Spoonfulls of white wine, & exerceise 9 mornings or 21 see p 174 or Syrup steel in y<sup>e</sup> same manner see p 159

Take an Orange or Lemon cut of y<sup>e</sup> Top & put in 6 y<sup>e</sup> good pennyworth of saffron, begin y<sup>e</sup> Top & put it in Jug with a quart of white wine, & a few goender flowers, infuse it 24 hours nearly first, take a qu<sup>o</sup> of a pint sweetned warm at going to bed, & at 4 in y<sup>e</sup> afternoon take 3 quarts.

Take a po of Horse pills put ym in a small vessell of Ale or Beer drink no other drink

## An Excellent Remedy

Latina

Take a qu<sup>o</sup> of an ounce of filings of steel an ounce of Elicampagne in powder, & an ounce of Licorish & an ounce of Aniseeds all powdered, & 1/2 a po of Honey mix all well together & take y<sup>e</sup> quantity of a nutmeg fasting at 4 in y<sup>e</sup> afternoon.

Take prepared steel with Tarter 1/2 an ounce of myrris in powder 2 drams, of saffron powder 1 dram, of chemical oyle of Oranges 20 drops, as much Syrup of steel as will make it into pills, take 4 twice a day & exerceise after ym, in y<sup>e</sup> morning at 4 o'clock.

## For the Green Sickness

It is known by a Lassness, to stir, & when they doe short breathed, look pale yellow or green, & y<sup>e</sup> skin all over often sick, fitt, & sometimes vomit, seem to languish, faint but no cough,

Take a quart of white wine, & 1 pint of water, 2 Hand of mugwort, 1 of balm 1 of mint, simmer it away till it comes to a pint, strain it & while it is very hot put in 1 dram of Troches of myrre, 1 dram of Capivall Starts horn, strain it after it is well stirred together drink it at 3 mornings & eat a handfull of Raisins after take it 9 if occasion

Take pil stom cum Gum zi pil Ruffi 3ii, bloes Rosa 3ii  
brown oyl, Sassa 9i  
make 16 pills gently purging take one over night & next morning.

Ri Amoneac zi Taccamahac zi Spa Diakod abatis 3ii  
Tart vitriol Jurr Corall an 3ii extract Chelid 3i  
Jal, mastis 3ss, ol Kula, Sassafras, cinamon gut i, Sur de  
milissa qu i  
make 42 pills not purging, take 4 in y<sup>e</sup> morning fasting 3  
mornings together, & sing exerceise ym purge again & doe  
till all is taken.

Take Jus de Corall, de milissa ana 3ii, Jus de s Rad prima  
Cariaph ana 3ii aqua Ants Lang 32

Thin Symp: To be taken after y<sup>e</sup> pills are done morning &  
afternoon p hW, it is an excellent but dear prescription  
boyle a small handfull of Southenwood in a pint of white wine,  
(excellent for obstructions) take it at twice, 2 mornings, to-  
gether.

## Best Gifions Steel pill

Take of compound powder of Iron roots, is steel prepared  
with Sulpher of each 3 drams, extract of Gentian as much as  
will make it into a mass, so take 3 pills twice a day.

## Gripes &amp; Loosness

If it is moderate give y<sup>m</sup> burnt claret with cinamon  
ginger & a sprig of mint sweetned with loaf sugar  
Drink no beer but burnt Hartshorn boyled in water  
with a stick of cinamon, barley water y<sup>e</sup> same or  
if it grows worse give as much diacordium as a  
large putmeg & a gram of Rhubarb in powder at  
night going to bed, 2 or 3 nights if neede stop  
only of oyle of cinamon  
Let y<sup>m</sup> eat no meat but chicken broth, poached Eggs  
popadoe Rice milk with cinamon,  
note diacordium without Honey is best

or boyle more y<sup>a</sup> pint of water with a kail  
of ginger, y<sup>a</sup> putmeg a pint of white wine &  
thicken it with y<sup>e</sup> yolke of an egg or 2  
sweeten it with loaf sugar & drinke it warm

if y<sup>e</sup> vomit give y<sup>m</sup> a Gallon of cardus Tea for  
as long as y<sup>e</sup> Stomach is fowle y<sup>e</sup> will not  
recover,

when stools are white is a very ill Symptom &  
speedy care must be taken for all y<sup>e</sup> nourishment  
goes away in y<sup>e</sup> stools

Take 4 Spoonfulls of pabys Elixer, & drinke a quart  
of streatham waters after it to be had, if not  
take it without

make an Electuary of an equal quantity of  
powder of Rhubarb, conserve of Red Roses & blew  
corants well beat together take as much as a  
Walnut at bed time this has done great cures  
4 Spoonfulls of Red Surfeit water is good, Le: p 144  
penyroyal poset made very strong & drinke no  
other drink

An Excellent Remedy for a flux  
or bloody flux

Take a quart of Double Anyseed water, 2 ounces of  
Rhubarb, powder infuse it 24 hours take 2 Spoonfulls  
going to bed

Twilt a cloth with black Wool drop on it spirit of  
cloves & cinamon, anoint y<sup>e</sup> belly with oyle of helle  
Lay y<sup>e</sup> wool on it & wear it till you are well

Heat a bag of sand, or a tyle or hot cloths & apply  
to y<sup>e</sup> belly,  
Take 4 Spoonfulls of brandy a small lump of mithridate a little before  
& a lump of loaf sugar let it temper a little over y<sup>e</sup> fire & take it.

## A very good Remedy for a bloody Flux

Take as much of y<sup>e</sup> White of Hens hung as will lye on  
a be dried to powder, as much cinamon powder  
boyle it in a pint of milk & eat a meal 3 times  
a day.

Another  
Roast y<sup>e</sup> fattest breast of Mutton let it at first drop  
into y<sup>e</sup> pan, y<sup>a</sup> get 5 or 6 Silver spoons under it &  
as y<sup>e</sup> drop eat y<sup>m</sup>, & a piece of bread after & drinke  
a Cup of warm beer

An Excellent Glisten for a violent  
Loosness

Take a sheeps head wool & all, boyle it to a broth &  
give it, some put in a piece of suet,  
if extreem bad purge with mercurius Sulcis  
or give 14 drops of Laidinum or y<sup>e</sup> grain  
or 14 or 16 drops of Tincture of Saffron  
most boyled in claret & drinke, or for bloody urine  
4 Spoonfulls of yale oyle 2 or 3 times a day heals  
y<sup>e</sup> bowels & is very good,



Grips & Looseness or bloody flux.  
pour all y<sup>e</sup> white out of an <sup>new laid</sup> egg & fill it up with brandy. sup it up as often as you see occasion.

#### For a Continual Looseness

Take 4 Spoonfulls of Malego sack sweetned with Loaf sugar night & morning.

To heal the bowels after a flux  
beat y<sup>e</sup> Whites of Eggs to a froth let it stand till it is melted, sweeten it with white sugar candy, & take 2 or 3 Spoonfulls at a time.

Take some pomegranate peels, beat it with as much cinnamon, the quantity of a walnut of each, put it in a cup of good red wine, warm it & drink it 4 mornings together & at 4 in y<sup>e</sup> afternoon.

Dr Gibson Give a dram of Diacordium in 5 or 6 Spoonfull of milk water, & 1 Spoon of Plague water & Clister with  
hamstring Take 5 or 6 pills of White Wax. (A lump of Diacordium is a good way to drink of it)

if no fever 2 Spoonfulls of burnt brandy after it twice a day a strong man plain brandy

barly cinnamon from y<sup>e</sup> Apothecarys excellent wafer paper boyled in milk with a little cinnamon & sweetned very binding.

it is safest to purge it of with Rhubarb & Diacordium or amproper purge.

Take at night going to bed a dram of Rhubarb powdered in as much Diacordium as will make it into pills.

Take y<sup>e</sup> quantity of a large Nutmeg & Diacordium in 2 Spoonfulls of Sengle dissolved in water.

Take 20 grains of Rhubarb powdered, as much Nutmeg in 4 ounces of Mace Ale 3 mornings together, & at Night 1 grain of Laudinam in 10 or 20 Grains of Diacordium.

Dr Gibson page 57. For a bloody flux  
Give 15 Grains of Aspicuana in fair water, & drink a little after, but none in the morning.

#### For the Gout

It is best if y<sup>e</sup> can bear it to use no plaisters, but lay new flannel on y<sup>e</sup> part, keep a spare diet & drink no wine.

purge & lay blisters to y<sup>e</sup> neck  
make blisters in y<sup>e</sup> leggs or shoulders  
if there is a great inflammation lay a poultice of white bread & milk will ease y<sup>e</sup> pain.

if y<sup>e</sup> Gout is in y<sup>e</sup> stomach give ym from 30 to 60 drops of Spirit of Hartshorn every 6 hours, & y<sup>e</sup> strong claret can be got.

To stay vomiting give ym 20 grains of salt of wormwood in a Spoonfull of Juice of Lemons

let ym drink a drying diet drink constantly & strong claret to drive it out of y<sup>e</sup> stomach

#### An excellent Receipt for y<sup>e</sup> Gout in extrem pain

first take from 10 to 12 grains of Gambuge with 2 ounces of Syrup of Marshmalls, according to the strength & age of y<sup>e</sup> patient, make it into balls with y<sup>e</sup> Syrup & take it to purge

Then take 2 po & a pint of sack, Lees boyle y<sup>e</sup> wine, boyling add Wheat bran by handfulls as much as is sufficient, stirring it to a pottage, y<sup>e</sup> spread it & apply it to y<sup>e</sup> greivd part, as hot as he can suffer it. Change it every 12 hours, as long as need requires, make but a pint at a time

Take 2 Spoonfulls of Ale yeast & 2 Spoonfulls of oyle of Roses and lay to y<sup>e</sup> pained part.

Jejuets bark is very good to keep off y<sup>e</sup> fits, & to gain strength

## For the Goat

## An Oyle

Take y<sup>e</sup> Gall of a Heer, & 3 cloves of Garlick braided boyle y<sup>e</sup> together & sum y<sup>m</sup> till it comes to an oyle y<sup>e</sup> put to it 3 Spoonfulls of aqua vita, & 1 Spoonfull of Sallet oyle, Strain it thro<sup>h</sup> a fine cloth, that y<sup>e</sup> part by y<sup>e</sup> fire with a warm hand, & put a piece of flanneh on it & keep it very warm.

## A sear Cloth

Take bees wax & Francantene of each 4 a po, Rosen olibanam, mastick, Beersuet, Turpentine of each 2 ounces, Camphire 2 Dranz, beat all but y<sup>e</sup> Turpentine & Francantene into powder, y<sup>e</sup> take a brass pot or pan, & put in a pottle of Whiten wine & put to it y<sup>e</sup> wax & suet, set it on y<sup>e</sup> fire & when it boyle, put in y<sup>e</sup> Turpentine, mastick, olibanum & Rosen, let it boyle a quarter of an hour, y<sup>e</sup> take it off to cool, next day work it, up in rolls, when you use it spread it on y<sup>e</sup> fleshy side of a Sheeps skin, & lay it to y<sup>e</sup> part, it must lyen till it falls off of it self.

## For the passion of the Heart &amp;

## Heart Beating

Take 2 pints of sack a quarter of an ounce of Saffron a qu<sup>ar</sup> of mace, a slice or 2 of Ginger, put it with y<sup>e</sup> Saffron in a bag boyle it to a pint, add 2 or 3 Sprigs of Rosmary half a qu<sup>ar</sup> of a pound of Cons. Suger, y<sup>e</sup> make & Ginger powder. Take 2 or 3 Spoonfulls of y<sup>e</sup> Liquor & a piece of Scarlet cloth, fry it in y<sup>e</sup> Liquor & lay it to y<sup>e</sup> pit of y<sup>e</sup> Stomack drink 2 or 3 Spoonfulls morning & evening.

## Another

Take a pottle of claret, put in 1 hand of Balm of Turage, 3 Tops of Rosmary, a qu<sup>ar</sup> of an ounce of English Saffron, whole a qu<sup>ar</sup> of a po of Cons. Suger, mingle y<sup>e</sup> together, put y<sup>e</sup> in a vessel close stopp'd to infuse 2 dayes, y<sup>e</sup> drink a good glass morning & evening night first & last, if it proceeds from melancholy or y<sup>e</sup> spleen give y<sup>e</sup> a qu<sup>ar</sup> of a Spoonfull of aqua marcia in a little star mota & evening if from vapours 3 drops of castor in Lily valy water or 4 or 5 Spoonfulls of aqua mirabilis.

## For the Thicket

Take 1 handfull of pennyroyall, 1 of pot Marjorum a peny worth of Cummin seed boyle these in a quart of wine vinegre till it comes to a pint, have 2 pieces of sponge wet in it wring y<sup>m</sup> out & apply y<sup>m</sup> to y<sup>e</sup> Stomack as hot as can be endured, when once cool dry y<sup>e</sup> other.

## Hot vsquebaugh is good or

Take a quart of claret boyle y<sup>e</sup> some Aulsebrook in it y<sup>e</sup> burn it & sweeten it & give y<sup>e</sup> a glass to drink or

Take a nutmeg grate it & mix it with fine Suger, & give y<sup>e</sup> to lick up

Take from 5 or 6 to 20 or 30 drops of spirit of Hartshorn according to y<sup>e</sup> strength or age of y<sup>e</sup> patient



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## For the Heart Burning

Take apricock or pruen Stones, crack y<sup>m</sup> & eat y<sup>e</sup> Kernels  
eat 5 bits of mastick morning & evening.

Drink a glass of chalk & water or milk & Water.

Take oyster shells wash y<sup>m</sup> clean & dry y<sup>m</sup>, beat & sift y<sup>m</sup>  
into very fine powder, eat as much as will lay on a  
shilling when ever you are heart burnt p. 117

Take some good shavings of spory some cogianter seeds a little  
stick of Cinnamon, pipint sliced unpared, boyle these in water  
with as much Spanish Licorish as will sweeten it, a few Raisins  
may be get drink it at meals, make a potte at a time it will not  
keep in hot weather.

## For the Heat of the Liver

Take a Gallon of Guercy water put to it 12 ounces of  
Guacam cut in small pieces, put it in an earthen vessel  
let it steep on hot embers 12 hours, y<sup>n</sup> take a poof  
Lemons finely cut but thro boyle y<sup>m</sup> in water  
when y<sup>e</sup> are tender, strain y<sup>e</sup> lemon water thro a  
cloth, & y<sup>e</sup> Guacam water, put as much Sygar to it as  
will make it a Syrup, take 3 or 4 Spoonfulls at a time  
morning & evening.

## Hair to Make Grow

When you take y<sup>e</sup> bees take y<sup>m</sup> & Hony & Rosmary & still it  
wet your Hair with it every morn & evening with a sponge  
or y<sup>e</sup> leaves of y<sup>e</sup> ewe boyle y<sup>m</sup> in water & wash y<sup>e</sup> head  
with it every morning.

Take a quart of milk & a pint of hony still y<sup>m</sup> & wash y<sup>e</sup>  
head often  
Rub y<sup>e</sup> place with bears Grease

To take of superfluous Hair.  
mix bay salt with fasting spittle & apply it plaster wise  
to y<sup>e</sup> part.

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## For the Head Ache

Snuff up a little Hungry water

Drink Coffy or Tea

Comt y<sup>e</sup> head upwards & stroke it up with nutmeg &  
venegar.

Smell to sal Armoniack

Take tobacco or a smoke of betony see p 62

bind a bit of orange peel cut thin to y<sup>e</sup> Temples

lay blisters to y<sup>e</sup> neck

let blood in y<sup>e</sup> arm or Temples

Take wood Ashes sift y<sup>m</sup> from y<sup>e</sup> Coals, heat y<sup>m</sup> very hot  
between 2 dishes, y<sup>n</sup> put y<sup>m</sup> in a cloth & let y<sup>e</sup> party hold  
it on his head, till it is cold, heat it again to doe 2 or 3  
times.

purge with pill Ruffy 135

give a vomit see p 119

For a little feverish disorder

One ounce of Senn. steep 24 hours in Cold Water. 3 grs, & a whole  
Semen. Sic. & take half a pint of it in y<sup>e</sup> morning if it gives  
above one, or two motions, intermit a day, & take it y<sup>e</sup> next morning,  
till such a quantity to y<sup>e</sup> constipation, be not only vastly  
cooling, but pleasant. The Water be cold it does not gripe.

## Heat of the Stomack

Take Milk water 4 ounces,  
Compound piony water & black Cherry water of each 2  
ounces, Surup of poppy 3 ounces, Dulcified spirit of Niter  
30 drops.

Take 4 spoonfulls at night going to bed

## Diseases of the Head

To draw humours out of y<sup>e</sup> Head

Take pelitory of y<sup>e</sup> Span & chop it it causeth spitting fastens  
y<sup>e</sup> teeth & prevents toothack.

To purge y<sup>e</sup> Head

White Red Roots Stamp & strain, stuff up  $\frac{1}{2}$  a spoonfull  
& stop y<sup>e</sup> nose & shut y<sup>e</sup> eyes for an hour together  
Keep y<sup>e</sup> Head warm for y<sup>e</sup> day, take it fasting, y<sup>e</sup> Rheum  
will run out at y<sup>e</sup> mouth, let it not goe down.

Take polipody roots, & dry ym, beat ym to fine powder, mix  
it with fresh butter, make it into balls, & put up y<sup>e</sup> nostrills,  
it will draw down Rheum.

For a Slink in y<sup>e</sup> Head.

Take White Wine, & put in some Rosemary & Sweet-maryerom  
boyle it & strain it & put in Sugar, or Honey & stuff up y<sup>e</sup> nose.  
Stuff up every morning, some of y<sup>e</sup> own water, tis also  
good for a head nose.

For a Weak Head

Air your night cloths over Frankincense & Benjamin.

Take betony, Rosemary, coltsfoot, Cowslip flowers, Sweet fennel  
seeds, mix ym altogether, shred ym small & put in a little  
amber & smoke ym in a pipe, morn or night, or Tobacco.

For a shooting in y<sup>e</sup> Head

Take polipody roots & dry ym to powder & stuff up with butter  
made into little balls, & put up y<sup>e</sup> nostrills.

every morning stuff up a little of your own water  
it is also good for a head nose.

wash your head all over & neck, & behind y<sup>e</sup>  
ears, every morning, winter & summer, with a  
sponge & water cold, begin in summer.

## Jaundice yellow &amp; black

It is discovered by y<sup>e</sup> yellowness of y<sup>e</sup> face & body &  
Whites of y<sup>e</sup> Eyes, y<sup>e</sup> Urine high & thick, & will be a  
piece of raw cloth steeped in it yellow, a faintness  
& lassiness all over, if not cured in time turns to  
y<sup>e</sup> black Jaundice & very dangerous.

An excellent Receipt for y<sup>e</sup> yellow  
or black Jaundice p R W

Take a quart of Rhenish wine as much strong bear  
Sage, Schandine, Pansy tree leaves Elder Bark y<sup>e</sup>  
Inner of each 1 handfull  
Bruise all these & infuse ym a night in y<sup>e</sup> beer, y<sup>e</sup>  
strain it & put y<sup>e</sup> wine to it, & 2 Drams of long  
peper & 2 of Tunmerick beaten to powder, shake  
it & next day drink a good wine glass full twice  
a day, strained thro a muslin, for a child a little  
Jack Glass, y<sup>e</sup> is 7 or 8 spoonfulls, when y<sup>e</sup> leaves  
are not to be had y<sup>e</sup> Inner Bark may be used,  
Take it y<sup>e</sup> 1<sup>st</sup> in y<sup>e</sup> morn & at 4 in y<sup>e</sup> afternoon  
for y<sup>e</sup> poor all strong bear does as well.

give ym live Lice in a spoonfull of nutmeg & sugar  
3 mornings or 9 together p R W

Take an Apple cut of y<sup>e</sup> top & core it & beat a  
little Saffron, & put in it, roast it & eat it with Sugar  
Boyle Saffron & Tunmerick together in poset drink  
& drink a pint 3 mornings together.

Take 3 balls of Stone Horse dung infuse it as you  
put it in y<sup>e</sup> beer, strain it & drink  $\frac{1}{2}$  a pint  
(3 mornings together) See p 85: a better way  
a vomit in y<sup>e</sup> begining is very proper.



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## For the Yellow Jaundice

Take 12 peniworth of Cochineal powder it fine  
 & divid it in 3 parts, take it in 3 mornings toge-  
 ther in a glass of wine, or strong beer.

## Another

Take misletoe dry it & powder it. Take as much as will  
 ly on a shilling 9 mornings together in a glass  
 of wine or strong beer.

Take 3 spoonfulls of wood Lice bruis y<sup>m</sup> & steep  
 y<sup>m</sup> in a pint of White wine, all night, drink  
 a third part in a morning 3 morn together  
 give y<sup>m</sup> 20 drops of spirit of hartshorn in a  
 glass of White wine or milk water, 3 morn-  
 ings together.

Take 20 drops of Elixer proprietates in a  
 glass of White wine at 5 in ye afternoon  
 9 dayes together.

Drink a Coffy cup of Snale water in a morning  
 & at 4 a clock, till you are well see p 151.

℞ Gibbone R stom cum Gum Zi chalib cum sulph pp Zi Carcum  
 1711 ℞ Pulv Zi Sur 2v Rad. Si in Sic, Sup 6ib Naust pulap  
 moe Winthap

℞ Lact Alex 34ii Abs comp Zi Sal Vol oleo  
 Sach 9 4 Pulap

Take 5 pils morning & 5 at 4 a clock Drink a  
 Glass of pulap or wine & water after y<sup>m</sup>.

Take y<sup>e</sup> bitter steel wine every morning after  
 y<sup>m</sup> till you are well.

℞ Lact Alex 34ii Abs comp Zi Sal Vol oleo  
 Sach 9 4 Pulap

An excellent Remedy for the Jaundice. Take the pills.  
 Take 3 ounces of strong Zennander. Soyle y<sup>m</sup> 3 qu of a pint of milk, til it turn  
 to whey. Strain it & squeeze in it 3 dramet of essence of pector, drink it pure &  
 keep warm all day. If it does not cure at first taking, repeat it in 2 or  
 3 dayes, or color it with a little of y<sup>e</sup> poset, & take y<sup>e</sup> rest of y<sup>e</sup> point  
 after it, you take it better.

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## For the Itch

when ever you see little Red pimpler with watry  
 heads, between y<sup>e</sup> fingers, on y<sup>e</sup> wrists, & breast,  
 & bending of y<sup>e</sup> arms, you may be certain it is  
 y<sup>e</sup> Itch.

give y<sup>m</sup> at first as much flower of brimstone as will  
 lye on a shilling in milk, 3 or 9 mornings together  
 in milk, to drive it out  
 or as much Soler scapt as will lye on a shilling, spread  
 on a piece of bread & butter, & put another piece  
 over it, 3 or 9 mornings, to drive it out,  
 some let blood first.

when y<sup>e</sup> have done taking y<sup>e</sup> brimstone or soulder  
 Anoint y<sup>m</sup> with y<sup>e</sup> following oynment.

Take Red dock roots, Elicampana roots of each 2 pound  
 Scrap y<sup>m</sup> & pish y<sup>m</sup> & beat y<sup>m</sup> to pieces, in a mortar  
 take 2 or 2 po of roots, 2 po of unsalted butter, y<sup>e</sup>  
 milk being well beat out, work y<sup>e</sup> butter well with  
 your hand, y<sup>e</sup> put y<sup>e</sup> roots to it & set it in a Celler to  
 rot 9 dayes, y<sup>e</sup> boyle it in a skillett & when it has well  
 boyled, take it off & strain it hard thro a canvas strain-  
 =er, put to each pint of y<sup>e</sup> Liquor 1 ounce of oyle of spike  
 2 ounces of black Soap, & an ounce of flowers of  
 brimston beat these together till it is cold y<sup>e</sup> keep it  
 in a pot for use.

when y<sup>e</sup> have done taking y<sup>e</sup> brimstone or soulder, anoint y<sup>e</sup>  
 breasts & joints with y<sup>e</sup> oynment 14 or 20 nights together  
 by y<sup>e</sup> fire side, wearing y<sup>e</sup> same cloths & linnen all y<sup>e</sup> time  
 when y<sup>e</sup> pointing is over put y<sup>m</sup> in a bath not so hot, or  
 men wash in a River, pond or sea best, change all y<sup>e</sup>  
 cloths & shift y<sup>e</sup> linnen every day for a week, let blood  
 & take 2 purges, y<sup>e</sup> never fails curing, thereto & being must  
 be changed, the old cloths, will bring it again, must be  
 washt or burnt y<sup>e</sup> blankets washt y<sup>e</sup> bedding overed  
 when it is in a Family great care must be taken for it is very  
 catching for y<sup>e</sup> after, handle or linnen washt together.

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For the Itch  
9 dayes noynfing will serve a child,  
some are cured only anointing with Crimston  
& fresh butter, in y<sup>e</sup> palms of their hands,  
some chuse mercuriall oynments y<sup>e</sup> doe not smell,  
but if y<sup>e</sup> keep not warm y<sup>e</sup> with salivate  
a quick silver girdle is safe well killed, but some  
times will salivate; it is best for men servants

no remedy proper till y<sup>e</sup> Itch is well driven out  
y<sup>e</sup> yell now waters cure the cleanliest way.  
when y<sup>e</sup> are cured purge twice see p 185  
after they are cured it is necessary to bathe  
in a bath of warm water milk & honey, or  
in a River or y<sup>e</sup> sea, to cleanse y<sup>e</sup> well, &  
prevent a return.

To Make an Issue.

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put your finger hard in y<sup>e</sup> middle of your arm, & y<sup>e</sup> try if  
you can well stir it, & y<sup>e</sup> then on an artery or sinew, y<sup>e</sup> beat  
a little unslacke lime & soap together very well, & cut a hole  
in a plaster, & fill y<sup>e</sup> hole with y<sup>e</sup> lime & soap, as big as you  
would have the issue, y<sup>e</sup> lay it on & bind it with a fillet  
in a week's time it will come out of it self, if it does not sink  
enough, put a bit of y<sup>e</sup> lime & soap at y<sup>e</sup> bottom of a pea  
& bind it on, it must be doo't to y<sup>e</sup> it does not too deep.  
or, Lay a bit of blister plaster where you would have  
the issue bind it on, next day cut it, & put in a pea, bind  
it hard on with a plaster first y<sup>e</sup> a bit in a bag, y<sup>e</sup> a little  
bolster of cloth & fillet  
when it is made some put oyle of Rose or skin, or bought  
plasters, or a salve very good see p 200

Imposthums In the Ear

Lay a roasted Onyon to y<sup>e</sup> ear as hot as can be indured apply  
a fresh one every night & morning, or a roasted turnep.  
or a roasted fig slit in y<sup>e</sup> middle  
if feverish lay a blister to y<sup>e</sup> neck, & let blood 3 or 10  
gunces,  
drop into y<sup>e</sup> ear 3 or 4 drops of oyle of bitter Almonds,  
wash every night & keep y<sup>e</sup> head warm,  
if y<sup>e</sup> pain be very great drop into y<sup>e</sup> ear 3 drops of oyle  
of bitter Almonds & a drop of spirit of castor warm at  
night or oftner if y<sup>e</sup> pain is great.  
if convulsions gather about it rub y<sup>e</sup> part with spirit  
of castor or amber.  
purge y<sup>e</sup> gently, Lenitive Electuary is good



## For the Kings Evil

purge y<sup>m</sup> with Rhubarb & Syrup of Buckthorn every full moon,

Drinks constantly y<sup>e</sup> White Drink see p 113

Take as much powder of Hoaglice, <sup>or mellepiss</sup> as will lye on a b<sup>d</sup> in y<sup>e</sup> pap of an Apple or a little sweet meat, or Stamp 20 or 30 & infuse y<sup>m</sup> in a Tea Dish of white wine strain it & drink it every morn for a good while, or bruite y<sup>m</sup> & put y<sup>m</sup> in beere it is one of y<sup>e</sup> best remedies for y<sup>e</sup> defecates

Boyle Hamash Roses in Whey as much as will purge take it once a week, it is an excellent thing a good handfull fresh, left dry will be enough

if y<sup>e</sup> humours are violent a purge of mercurius Sulcis may be proper

eat no new bread, milk, fruit, or Garden things salt meats onions or spice,

The bath very good

To y<sup>e</sup> swelling apply a houndstoung Leaf change it every morning,

To y<sup>e</sup> swelling whether broke or not, take 2 yolks of Eggs, & y<sup>e</sup> shells, grind it small, put to it hene dung & a little Rye bread, yet it on y<sup>e</sup> fire to heat take an ounce of oyle of Lillys mix y<sup>m</sup> together & apply y<sup>m</sup> to y<sup>e</sup> part

To make y<sup>e</sup> Honey of Roses

Take a pint of Juice of Red Roses, & 10 of Honey boyle these together to a Syrup, when it is <sup>col</sup> take of y<sup>e</sup> Gum, run it thro a Raker Rainer lightly if you pour a little water boyling hot on y<sup>e</sup> Roses y<sup>e</sup> will suite y<sup>e</sup> better

## For the Kings Evil

Take 2 large handfulls of Whitlow Grass put it in 2 Gallons of Beere drink no other drink

Take a pottle of spring water, 1 good handfull of White trehanged flowers 1 of helony, 9 Springs of buscher broom drye, 1 ounce sweet fennel seeds 1 of Anyseeds, 1 drach handy, 10 Bayes & chips of each a qu<sup>a</sup> of 1 ounce cleare wort 1 good Handfull, a stick of Licorish scraped thin, boyle all these gently till a 3<sup>d</sup> part is consumed, strain it & put 2 ounces of Honey of Roses to it

Take of y<sup>e</sup> a qu of a pint at a time in a morning fasting w<sup>at</sup> 4 in y<sup>e</sup> after noon & at night going to bed, spring & y<sup>e</sup> al, a child must take Less, it is a very good Receipt,

avery good Salve for y<sup>e</sup> Evil see p 198

as soon as you see any swelling apply y<sup>e</sup> y<sup>e</sup> alve spread upon cloth or leather, it will break or disolve it, then it is broke continue y<sup>e</sup> use of y<sup>e</sup> Salve, washing y<sup>e</sup> sore once a day with verjuice & fresh butter, warme, you must use brown cloth paper & no linen if y<sup>e</sup> paper in y<sup>e</sup> butter & verjuice like a tent & put in y<sup>e</sup> hole as y<sup>e</sup> wound will indure it, y<sup>e</sup> butter must be unsalted y<sup>e</sup> is made with y<sup>e</sup> verjuice

For y<sup>e</sup> Kings Evil

purge with Comomel

(70)

## For Ribs &amp; Chilblains,

Take sheeps Trotter powder ym & rub y<sup>m</sup> on y<sup>e</sup> Ribs before y<sup>e</sup> are broke & for a cloth over it. When y<sup>e</sup> are broke, boyle sheeps Trotter in muton or pear-suet, to an oymment, y<sup>e</sup> anoint y<sup>e</sup> place & for a fine Rag over it, rub y<sup>e</sup> oymment in twice a day, & put another cloth over it, rub it by y<sup>e</sup> fire-side.

For chilblains in y<sup>e</sup> fingers <sup>red</sup> p<sup>r</sup> KW

Take oates & boyle ym in water til y<sup>e</sup> are tender, with a handfull of Mallow Leaves, y<sup>e</sup> put in some strong vinegar, put y<sup>e</sup> Hands in as hot as you can endure it, for  $\frac{1}{2}$  an hower night & morning.

## Legs to Clean in Winter.

Take Hogs Lard & shread as many Rose buds as it will drink. Ap. let ym stand a week or 2 infusing on y<sup>e</sup> Coales, y<sup>e</sup> melt it on y<sup>e</sup> fire & strain it into a pot wipe your Leggs & feet with it, it is as good for any vice as oyle of roses, may set it in y<sup>e</sup> Sun instead of fire.

(71)

For y<sup>e</sup> Measles

They are very Catching, y<sup>e</sup> when y<sup>e</sup> are in y<sup>e</sup> house or much about you ought to suspect them, & if y<sup>e</sup> Cough are very sick & pale about ym are great symptoms y<sup>e</sup> will have ym, y<sup>e</sup> eyes water is a great sign.

give ym 20 grains of Gasking powder in a spoon full of pearle Cordial see p<sup>r</sup> 132, drink a Tea cup after it.

Keep ym warm if the doe not sleep give ym 2 spoonfulls of Diacodium going to rest.

Let ym eat nothing but ponado without wine or Egg, Harthorn, podel, tot & heat, water gruel, a little sack in beer.

if they doe not come out well give ym a little safron in their Cordial, of pearle see p<sup>r</sup> 132.

or 20 or 30 Grains of Goa Stone.

give ym any proper syrups for their Coughs & if it continues violent lay a blister to their necks.

to let blood  
before to purge well after y<sup>e</sup> measles 3 times at least a purge with Senna is best see p<sup>r</sup> 132.



92 *Prudian* For melancholy

If they are full of blood, take 8 or 10 ounces of blood in y<sup>e</sup> Jugular vein, if y<sup>e</sup> melancholy is great, in y<sup>e</sup> Hemroids.

next give a vomit of crocus Metalorum see p 119 a better vomit is 2 Spoonfulls of y<sup>e</sup> Juice of Arsarabacco leaves twice a week, or 3 times if very bad, & between give 4 ounces of y<sup>e</sup> infusion of Huera pichra see p 182 & 9 grains of powder of Lapis Lazuly, & 1 Spoonfull of Turup of Steel, Stir it from sinking to y<sup>e</sup> bottom, take y<sup>e</sup> fasting every morning when you dont vomit, drink a half of Spoonmeat 2 hours, after, any but milk.

eat light meat at dinner, at 4 in y<sup>e</sup> afternoon y<sup>e</sup> cont take a vomit give ym <sup>with one Spoonfull of Turup of Steel</sup> half a pint of Juice of Alehoof & an hour after a <sup>is Grain</sup> half of Spoonmeat.

if y<sup>e</sup> are weak, let ym eat Eggs or boyled chicken for supper else not.

Keep ym in y<sup>e</sup> course a year if it mends ym a little or agrees with ym.

after y<sup>e</sup> first 2 months vomit ym as you see occasion make a seaton in y<sup>e</sup> neck.

Shave y<sup>e</sup> head & anoint it night & morning with Alehoof boyled in Beare fat to an oynment.

or boyle Alehoof in milk till it turns to a curd & lay it on y<sup>e</sup> head night & morning, y<sup>e</sup> first is best.

Northall Treatham or Tunbridge waters are good put ym in a bath not blood warm with a gallon of milk w<sup>th</sup> 20 drop of Elixer proprietatis in any liquor.

in a morning, fasting.

melancholy & Distraction

(73) If very bad give the Juice of Alehoof twice a day apply blisters to y<sup>e</sup> head, y<sup>e</sup> head must be shaved & y<sup>e</sup> blisters laid on 48 hours, changing y<sup>e</sup> napkin as often as there is occasion, if y<sup>e</sup> Arsarabaco works slowly give 4 an ounce more, drink post drink with it, it will not have done working under 3 or 4 hours, it should vomit 10 or 12 times, this may be given once or twice a week if their strength will bear it.

lay blisters to y<sup>e</sup> neck sometimes.

when y<sup>e</sup> distemper is going of Tunbridge or Sparrow water are very good.

if troubled with vapours, 20 or 30 drops of spirit of castor or hartshorn, in a draught of fair water, or 4 Spoonfulls of Histerick water, or 2 Histerick pills.

& a Galbanum plaister to y<sup>e</sup> belly.

This is Dr. Bewicks & Dr. Sloane Method above.

Take 3 small hand of Alehoof dry it very well put it in a quart of white wine boyle it an hour in a earthen pipkin.

put to it a quart of y<sup>e</sup> best oyle, & boyle it an hour more.

take out the Alehoof, & apply it to y<sup>e</sup> mounds of y<sup>e</sup> head, & rub y<sup>e</sup> head with y<sup>e</sup> oyle every day as long as the party is ill, this is a very good oynment.

They are known by fainting, & trembling, & uncaringness  
all over, choking in y<sup>e</sup> throat, a ball like wind rising  
to y<sup>e</sup> pit of y<sup>e</sup> Stomack, sometimes crying, others  
laughing, Twitchings & Strugling, some have more  
others less of these symptoms.

Give y<sup>e</sup> from 20 to 30 drops of spirit of Hartshorn in  
a good large glass of fair water.

or from 4 to 10 drops of spirit of castor  
in y<sup>e</sup> fit burn a piece of blue cloth y<sup>e</sup> make a pome of  
under y<sup>e</sup> nose, or feathers, or hold Hartshorn drops, or  
sal Armoniack.

Fling a good glass of water on y<sup>e</sup> faces.

give a good glass of flower & water to drink,

give 6 drops of pally water in Lilly vally or plague water.

a little saffron in plague water is good.

Lilly Vally water treble killed Excellent see p 152

Lay a plaister of Galbanum to y<sup>e</sup> navel.

Take as much as if dida as a pea at night going to bed  
or a Cordial Histerick pill to be bought at Mr Jenners  
in Drury Lane

when ever you find y<sup>e</sup> self vapourish it is best ~~to~~ to  
take a few drops of castor, or an Histerick pill going to bed

or a glass of orange flower water & sugar with a little  
fair water is excellent, or a glass of Lilly vally water.

Take 15 or 20 grains of Gaskins powder in any Cordial at  
bed time.

if y<sup>e</sup> fits continue Take Tobacco going to bed,

make Must in y<sup>e</sup> Leggs,

penyroyall potet is good,

a glass of aqua mirabilis

a vomit of Hiperocruana see p 119



(76)

For Mother fits & Vapours.  
 & melancholy

*JRK* black = more p. *KW* *R* Gum Galban, Myrrh Elect an Zi Sal.  
 Succin. Carter an Zi, Sem Ruta Zi, Croci Zi  
 Extract Gentian. Liquid or q. t. m. f. pil  
 mediocris

Take 4 pills night & morning & drink a glass  
 of wine & water after it.

An excellent powder for fits of y<sup>e</sup>  
 mother & fainting & Hard Labour.

Take an ounce of Male Jge seeds, as much powder  
 of oris, 1 ounce of Ani seeds, 1 ounce of Castor, mix  
 these very well together, & take as much as will lye  
 on a b<sup>e</sup>, in a spoonfull or 2 of Black Chery Lilly  
 vally or any other proper water, at any time.

*Det Gibbons* For vapours & poorness of blood  
 pills gently purging.

*R* pil Stomach cum Gum Zi Chalib cum Sulp pp Zi  
 Species At Comp Zi, Tur Artemis q. t. make 60  
 pills. Take 5 in y<sup>e</sup> morn & 5 at night, & drink y<sup>e</sup>  
 following Julip after.

Take milk water & Aquamirabilis mix it smalls,  
 sweeten it with Syrrup of clove July flowers, drink  
 a glass after y<sup>e</sup> pills, you need not keep y<sup>e</sup> house  
 Scrap as much fine pewter as a Thimble will hold, &  
 1/2 at much Cream of Tartar & give it.

For Vapours

Take 1/2 a pint of Black Chery water, 4 spoonfulls of Hitt  
 rich water, 30 grains of Asafetida, infuse y<sup>e</sup> in y<sup>e</sup> take 1  
 Spoonfull once or twice a day.  
 powder of valerian root, as much as will lye on a b<sup>e</sup> in  
 pennyroyal or any proper water is good.

(77)

For Vapours & Melancoly

When y<sup>e</sup> nerves are affected with Twitchings  
 or Leaping.

*JRK* *R* Gentian, Salt of Amber, Tarter vitriol each  
 extract of *Opia* Zi Salt of *Mercurius* Zi, Ammoniac  
 in Tinctur Castor q. t. m. f. as much as is sufficient,  
 make q. moderate pills take 4 in a morning & 4  
 in y<sup>e</sup> afternoon, drink 1/2 glass Hamsted or Tunbrig  
 waters after y<sup>e</sup> m, or y<sup>e</sup> following Julip,

*R* milk water cerus n Zi p. on C. Bryon Can Zi  
 white suger as much as will sweeten it drink a glass  
 after y<sup>e</sup> pills.

*JRK* Another more powerfull

*R* Gentian, Myrrh, Elect Galbanum powder of each Zi  
 Tab. Amber castor each Zi, Vitriol of sweet  
 prepared with Sulphur an Zi amoniacum dissolved in Tinctur  
 1 m. f. pil mediocris, as much as will make moderate pills  
 Take 4 in y<sup>e</sup> morning & 4 in y<sup>e</sup> afternoon & drink  
 a glass of wine & water after it.

(78)

Morphen of both kinds

(79)

Take of Lethargy of Gold 1 dram, unwrought  
Brimstone 2 drams, beat ym in fine powder, y<sup>e</sup> take  
oyle of Roses & Swines grease of each a like quan-  
tity, grind ym together with a dram of Camphire  
& a little vinegar, & anoint y<sup>e</sup> part morn & night  
y<sup>e</sup> fill temitary & wash y<sup>e</sup> part with y<sup>e</sup> water



(80)

For Numbness & pain in y<sup>e</sup> Limbs body feet etc  
 Take oyle of <sup>Walrus</sup> ~~walrus~~ <sup>Spain</sup> ~~Spain~~ Rectified Aqua vita  
 1 ounce. y<sup>e</sup> Gall of an ox 1 ounce, mixe of these  
 an equal quantity in a Gally pot, warm it a  
 little & with a warm hand bath y<sup>e</sup> part mixe a  
 little at a time as you use it, Use it morning  
 & night till you find ease.

#### A Bath or Pluie

Take Bay leaves, Sage Rosmary, Lavender flowers  
 Time hew & Camomile flowers, of each 1 handfull  
 Bay & Juniper berries of each pounce, salt & wood  
 Apples of each 1 Handfull, boyle all these in 4 qu<sup>ts</sup>  
 of water to a pottle, y<sup>e</sup> add a pint of brandy, &  
 strain out half & put in  $\frac{1}{2}$  y<sup>e</sup> brandy into y<sup>e</sup>  
 part, & use it.

when you use it, heat it very hot & dip pieces  
 of flannel in it, squeeze it out & lay on y<sup>e</sup>  
 flannel, as hot as you can indure it, so doe  
 5 or 6 times night & morning.

To bath y<sup>e</sup> part with palsy water is excellent  
 & to take 14 or 20 drops in hard sugar or crumbs  
 of bread, every morning.

#### Numbness of the Head.

Take the Strongest mustard, & rub y<sup>e</sup> side of y<sup>e</sup>  
 head, you find y<sup>e</sup> numbness, with it warm,  
 rub it till it is dry  
 Comb y<sup>e</sup> head over Frankensence. Sometimes  
 put a little Strong aqua vita to your mustard.

For the overflowing of y<sup>e</sup> Gall & Sowerness. (81)

#### of y<sup>e</sup> Stomack.

Take good shavings of Ivory, a few coriander seeds & a  
 stick of cinnamon, & some pipins sliced parings & all  
 boyle it in a sufficient quantity of water, sweeten it  
 with Spanish Licorice, strain it & drink it, at meale  
 no other drink may add a handfull of Raisons Stones  
 make a pottle at a time for it will not keep.

#### For the pallet fallen

Take Gum & a little vitriol, a few plantain leaves &  
 blackberry leaves, boyle y<sup>e</sup> leaves in water & strain it, y<sup>e</sup>  
 dissolve y<sup>e</sup> Alum & vitriol in it, gargle with it cold,  
 boyle milk with pepper & put in some butter drink, it as  
 hot as you can.  
 Hold y<sup>e</sup> head back & with a pen, drop a drop of spirit of  
 vitriol, on y<sup>e</sup> little thrag, y<sup>e</sup> falls into y<sup>e</sup> Throat.  
 Thrust it up every morning with y<sup>e</sup> narrow end of a fork  
 before you doe it.

An Excellent Remedy for a Rheum  
 y<sup>e</sup> falls on y<sup>e</sup> wind pipe & Throat, to  
 take away y<sup>e</sup> speech has cured when  
 all other remedies have failed

Drink, nothing but figs boyled in milk warm, for a  
 considerable time, & apply 6<sup>e</sup> figs warm to y<sup>e</sup> out side  
 of y<sup>e</sup> Throat,

## For the plague

Take 3 pint of maledo sack, put into it 1 Hand of Red sage, let it boyle till one pint is wasted, Strain it & put to it 2 drams of Long pepper & ginger a qu of an ounce of nutmegs, powdered together, let it boyle a little, yn take it off, & when it is cold put to it  $\frac{1}{2}$  an ounce of mithridate, &  $\frac{1}{2}$  an ounce of Venice Treacle, a qu of a pint of Strong helius water, & a qu of a pint of small.

Take 3 spoonfulls at a time if you are ill morning & evening, & sweat after it take it alway warm if not infected & a spoonfull warm 3 times a week, it is thought an excellent remedy.

Burn Francalence pitch & Tar in every Room every day, or brimstone which is best.

make a conserve of figs, Rue, woodorell, Treacle green Walnuts, eat of Rignest of a Walnut in a morning

Keep a hogsey of Rue alway in y<sup>r</sup> hand if you goe much abroad drink nothing but wine or Strong beer.

Smoke Tobacco

eat a little zedory often, drink wormwood beer or drop a drop of spirit of wormwood in a glass sack.

Take 7 Spoon of vinegar & 2 drams of Venice Treacle take a Spoonfull 2 or 3 times a week.

in y<sup>e</sup> disease pimpled well poset is excellent, when y<sup>e</sup> are first taken give to sweat 3 spoon of brandy, 2 of vinegar, 10 of hyle, & near an ounce of mithridate.

St walter Rawleights Cordiall is excellent, see p 166  
Keep a piece of myrrh in y<sup>r</sup> mouth,

## For the palsy

It is known by a Trembling or shaking of y<sup>e</sup> part numbness or weakness thro cold humours, rising from y<sup>e</sup> head, or nature casting some other distemper out, on y<sup>e</sup> head young arms hand or other part.

Take 6, 8, 10, 12 or 20 drops of palsy water according to y<sup>e</sup> strength & age of y<sup>e</sup> patient, in fine sugar, cream of bread, or any cordiall water.

Rub y<sup>e</sup> part with palsy water to recover y<sup>e</sup> heat, not too often least it drye too much.

wear a flannel shirt or drawers.

Take Tobacco or betony see p 62

wash y<sup>e</sup> head Temples & nape of y<sup>e</sup> neck <sup>with sack</sup> every morn

Rub your Temples nape of y<sup>e</sup> neck & nostrils with oyle of amber.

eat mustard Horse radish & sage

when you have Tremblings in your Tongue <sup>is Knees</sup> make a gargle of y<sup>e</sup> strongest beer or vinegar & good mustard, gargle your tongue with it & rub it well on y<sup>e</sup> knees dry it well & wear a flannel on ym

put y<sup>e</sup> Arm often in a bulocks pawne warm

when y<sup>e</sup> palsy first seizes a part cut Red sage into brandy, set it in y<sup>e</sup> sun till it is as red as

claret yn a noint y<sup>e</sup> part.

See page 80, for numbness.



For the palsy the separation of the face  
It is known by Trembling & shaking of y<sup>e</sup> face numb-  
ness, ~~weakness~~ & weakness. These cold humors falling  
from y<sup>e</sup> head or nature casting some other distemper  
on a particular part.

Take 3, 10 or 12 drops of ~~fresh~~ palsy water in a  
little fine sugar, as your stomach can bear y<sup>e</sup> heat  
& an ounce of palsy water to recover y<sup>e</sup> heat  
not too often least it boyle to much.  
you may take y<sup>e</sup> drops in crumb of bread or any proper  
cordial water

wear a flannel shirt or drawers

Take Tobacco

wash y<sup>e</sup> hands Temples & nape of your neck with  
sack every morning.

rub your Temples & nape of y<sup>e</sup> neck with oyle of  
amber every morning.

eat as much of a nutmeg often, of conserve of rose-  
mary flowers, or wormwood at sage or history.

Heat lavender flowers & horehound in white wine &  
bathe y<sup>e</sup> temples & wrists.

Smell often to palsy water, Hungary, or oyle of amber.

eat a good deal of mustard Horse radish & sage.

when you have tremblings in y<sup>e</sup> tongue, make a gargle  
of y<sup>e</sup> strongest mustard, & strong heat vinegar Gargle  
your tongue with it & rub it well on y<sup>e</sup> throat, dry it  
well & wear flannel on y<sup>e</sup>

### For a Plurisy

You may know it by a pain in y<sup>e</sup> left side a high  
cough, a cough & shortness of breath quick pulse &  
fever.

First let blood 15 or 20 ounces, if it is necessary.

Take 4 balls of stone horse dung infuse it in a pint  
of Ale strain it & put as much white wine to it make  
a draught warm every 4 hours; ~~for y<sup>e</sup> poor Ale or strong~~  
it is an excellent remedy.

an Excellent water for a Plurisy see p 152

### A Glister for a Plurisy

Take mallow leaves & roots, pelitory of y<sup>e</sup> wall, fennel  
seeds, Linseed, oyle a spoonfull, violets dried, or the  
leaves, boyle all but y<sup>e</sup> oyle in boyl drink y<sup>e</sup> put in y<sup>e</sup>  
oyle & give it if there is occasion, it must be strained  
give y<sup>m</sup> this fig drink often warm see p 114

let every y<sup>e</sup> make be warm.  
give 15 or 20 drops of spirit of Hartshorn, in any liquid  
let y<sup>m</sup> eat nothing but ponnado, water gruel or any  
posset or Chicken broth.

if in great danger a qu of a pint of Linseed oyle  
to take 2 spoonfulls at a time 5 times a day excellent  
Lay y<sup>m</sup> in a sweat with Hartshorn posset & Glasse bottles  
full of Hot water lapt in Raphins & laid to y<sup>e</sup> Legs arms  
& Hips.

For a Plurisy or Rheumatism Excellent  
Take 4 balls of stone horse dung, put it in a pint & 1/2 of milk  
let it stand an hore to infuse y<sup>e</sup> strain it y<sup>e</sup> warm y<sup>e</sup>  
milk & turn it with White wine, or Ale strain it & give  
a good draught every 3 or 4 hours, warm with a little Nut-  
meg sliced in it.

this is the best way to take of the smell.  
boyle a pint of milk, take it off & stir in a good handfull of Cornish  
flowers, Coriander & sweet fennel seeds bruise y<sup>e</sup>, cover it close & hore  
or two, y<sup>e</sup> strain, cut & add a qu of a po of coarse sugar, warm & give it

For A Great pain in y<sup>e</sup> Back  
Take a hedge hog cut of y<sup>e</sup> bristles, dry y<sup>m</sup> & beat y<sup>m</sup> to powder, & take as much as will lye on a great in a little bear, every morning for a month.

For Weakness in y<sup>e</sup> Back  
Spread a plaister on leather fit for y<sup>e</sup> small of y<sup>e</sup> back, of y<sup>e</sup> white lead talve, see p 198. prick y<sup>e</sup> leather full of holes, & sow y<sup>e</sup> plaster on paper to keep it from your Linen.

A Proth to restore Weakness  
Take a pint of red wine, a qu of an ounce of cinamon grossly broken, a qu of a po of y<sup>e</sup> pish of an oxe back, cut in peices, & Sprigs of Rosemary, let y<sup>m</sup> boyle in a pipkin over a gentle fire a qu of an hour, strain it y<sup>e</sup> take 12 yolks of Eggs wel beaten, with a qu of a po of Sugar, mix it with y<sup>e</sup> wine, let it simmer on y<sup>e</sup> fire to take of y<sup>e</sup> Rowness, eat 2 spoonfulls in a morning & at 4 in y<sup>e</sup> evening.

For pain or a weak Back, to restore

Strength  
Take a Capon draw him & a po of Corants & a qu of an ounce of mace, put it in y<sup>e</sup> belly & sow up y<sup>e</sup> vent, put to it a gallon of water, when  $\frac{1}{2}$  y<sup>e</sup> water is boyled away, put in a quart of Claret, boyle it till y<sup>e</sup> flesh falls from y<sup>e</sup> bones, beat y<sup>e</sup> bones in a mortar & give it a boyle or 2 more y<sup>e</sup> run it thro a jelly bag, 4 or 5 times, take 4 or 5 spoonfulls of this jelly, beat it with y<sup>e</sup> yolk of an Egg, as you doe for Canole, give it warm first in a morning & last at night.

For a violent pain in y<sup>e</sup> Back

Take ox Gall, aqua vita & fresh Butter a like quantity, melt y<sup>m</sup> together & anoint y<sup>e</sup> part as often as is convenient.

Take a peice of White bread toast it on both sides, spread one side with y<sup>e</sup> Treacle put it on a Linen cloth & lay it

For y<sup>e</sup> piles  
They are known by outward swellings in y<sup>e</sup> fundament or an Inward Aking pain.

If a watery matter issues out is a sign of a Thistleloe.

Take y<sup>e</sup> Inner bark of Elder scraped thin, boyle it in unsalted butter to an ointment, & anoint y<sup>e</sup> part.

or boyle y<sup>e</sup> Inner bark of Elder in water & let y<sup>e</sup> party sit over y<sup>e</sup> steam especially every time y<sup>e</sup> goe to stool, or dip cloths in it & apply hot to y<sup>e</sup> part.

Pile wort boyled to an ointment with fresh butter is a good remedy.

Take oyle of Amber, oyle of Sweet Almonds, & oyle of violets, an equal quantity, a spoonfull of each, lay a little wool at y<sup>e</sup> end of a stick, dip it in y<sup>e</sup> oyle, wel mixt, & put it up y<sup>e</sup> fundament, 2 or 3 times a day, this is excellent for y<sup>e</sup> Inward piles p RW.

give y<sup>m</sup> oyle of Eggs, with a little Scringe, made on purpose to make y<sup>e</sup> oyle see p 188.

give y<sup>m</sup> often in a day Hartshorn Jelly warm, to drink not too sharp p RW excellent.

drink Barly water & Licorish boyled in it.

If y<sup>e</sup> pain is extreem give 15 grains of Tincture of saffron if y<sup>e</sup> are very much swelled inwardly, give y<sup>m</sup> a qu of a pint of Sallet oyle to drink, to open y<sup>e</sup> passages & make y<sup>m</sup> slipper.

give y<sup>m</sup> a spoonfull of Juice of Nettles once or twice a day. Excellent For the piles.

a pint of oyle, a handfulls of pile wort, 1 hand of green Elder leaves, 1 hand of mallow leaves, a qu po of Eggs-lard, 1 quibingint wax, Temper it in a pipkin billy. Herbs are cutt y<sup>e</sup> anoint y<sup>e</sup> part with it warm, it must be straited.

powder of Brimstone as much as will lye on a shilling in what you like in a morning very good.

give a Glistor of 4 ounces of Linseed oyle



(88)

For pain in y<sup>e</sup> Stomack & convulsions

Dr<sup>r</sup> Willis Take 4 Drams of Hiera picra, infuse it in a quart of Brandy, take 1 spoonfull at a time, twice or 3 or 4 times a day p<sup>r</sup> RW

a Glass of orange water, or Ginger boyled in Beer

Take from 30 to 50 drops of Elixer proprietates in a Spoonfull of Sack & drink a Spoonfull after it

Bath & Tunbridge waters are good

Slice 4 drams of Gentian in a quart of Sherry, let it infuse 24 hours, drink a little Sack Glass full once or twice a day hot

See y<sup>e</sup> Colick p<sup>r</sup> 25

(89)

Poysen to Expell

Give ym half a pint of Sallet Oyle to make ym vomit

Take 8 grains of Unicorns Horn in a Glass of warm Sack. It cures any poysen, putrid, or malignant Fevers, & the Plague, & small pox. drives any venom from y<sup>e</sup> heart, also biting of a Mad Dog. See p<sup>r</sup> 13.

For the biting of An Adder

Wash y<sup>e</sup> wound with Milk. y<sup>e</sup> apply a plaister of Venice Treacle, & give as much as a Nutmeg in a little warm Sack, to take in wardly.

apply the fundament of a pigeon to y<sup>e</sup> wound & apply red iron eyes apply another, to doe as long as any eyes & y<sup>e</sup> will draw out all y<sup>e</sup> venom.

An Excellent Receipt to preserve health p<sup>r</sup> RW

Take 4 hand of Sage Stamp it in a mortar like green sauce, put it in a quart of claret, let it stand 3 dayes stirring it 4 times a day, let it stand to settle, take 3 spoonfulls with one of water in a morning fasting, use it from Michmas to y<sup>e</sup> end of march, tis very good if you take it for a month or two.

The vertues

It is excellent for any humour in y<sup>e</sup> Joynts, It cures Rheum, helps y<sup>e</sup> dead palsy, convulsions of y<sup>e</sup> Limbs, sharpness of memory, it will keep your teeth sound if they are not perished, good to prevent a dropsy or swellings in y<sup>e</sup> Joynts restore nature, revives y<sup>e</sup> spirits, it will preserve you strong to old age, no decay or change but y<sup>e</sup> Hair Drank 20 dayes together helps barreness

## For a Rheumatism

It is known by great pains running about, sometimes legs, or arms, shoulders or back, rubbing from one part to another.

first let blood 12 or 14 ounces

you give a strong purge see p 135

Let you eat no meat or drink strong drink

The white drink is very good constantly see p 113

To drink nothing but whey has often cured

give you 20 grains of Gaskins powder in plaque

water 1/2 an hour after sage poset, lay you warm

apply bottles of Hot water see p 85 To sweat

hours at least see p 110.

give strong blisters

Lay blister to y<sup>e</sup> neck

A good water

Take 2 quarts of poset Ale, infuse in it 6 balls of stone  
horse dung, a pint of Hog lice, 2 hand of verugin 2  
of Eyebright, 2 of fennell, 2 ofcelandine a few  
fenchel seeds, still it & give a glass twice a day with  
y<sup>e</sup> following powder, or see p 152

Take an equal quantity of Nutmeg, Ivory & Hartshorn  
make it in fine powder take as much as will lye on a  
twice a day in a glass of y<sup>e</sup> above drink.

Purge you once a week with pill Rudii see p 155  
give 20 drops of Spirit of Hartshorn in milk water  
or any other small water

if it seizes y<sup>e</sup> Eyes make a teaton in y<sup>e</sup> neck

char pelitory of Spain every morning

bruise a primrose Leaf & put up y<sup>e</sup> nose every  
morning.

For a Rheumatism  
drink half a pint of Buck hind Tea morning &  
at 4 in y<sup>e</sup> Afternoon  
See for a Rheumatism page 85

A purge for a Rheumatism  
Take half an ounce of Sal prunella powdered & one ounce  
of fennel powdered, mix you & take as much as will lye on  
a glass shilling in white wine or White wine poset every  
other day, or 2 dayes as y<sup>e</sup> strength will bear, you rest a  
fortnight & take it again.

To stop Urine

Take Male piony roots, yellow amber, Red Coral, & Gum  
Arabick, one ounce of each in powder & Agremony powder  
4 ounces, mix you with conserve of Hippo, take as much  
as you can lay on a knives point at night going to bed



## For the Rickets

It is known by y<sup>e</sup> head growing larger then ordinary  
& face y<sup>e</sup> joints of y<sup>e</sup> wrists grow big, y<sup>e</sup> knees bending &  
a dulckness & heaviness affects y<sup>e</sup> child,  
when it goes alone it generally goes off till y<sup>e</sup> remedies  
are to be taken.  
The more a child of 6 months old is torts don't about  
ye better

Then give y<sup>m</sup> y<sup>e</sup> following drink  
the best I ever knew p<sup>r</sup> RW

Take heart's tongue 6 leaves, liverwort, speedwell, yarrow,  
betony, coltsfoot, plantain, yegremony, violet & strawberry leaves  
maidenhair, Alehoof, of each 1 pound, Licorish 1 ounce any  
1 Spoonfull, Corants a qu of a po, figs 4, Dates 12, Raisins 12  
1 hand put these in 3 pints of water, till one pint is con-  
sumed, let y<sup>m</sup> take 3 Spoonfulls in y<sup>e</sup> morning & 3 at night  
for 14 dayes y<sup>e</sup> leave of 14 dayes & take it again

it is good to let blood on y<sup>e</sup> inside of y<sup>e</sup> ear about y<sup>e</sup>  
middle in y<sup>e</sup> spring

or Leaches behind y<sup>e</sup> ears See p 9

if their Leggs & back is weak

Take Snails & wipe y<sup>m</sup> hang y<sup>m</sup> in a bag take y<sup>e</sup> quice  
y<sup>e</sup> full, & anoint y<sup>e</sup> child's legs & haues night & morn, rub  
it in by y<sup>e</sup> fire side, & back

Take Snails & put y<sup>m</sup> upon mint to purge y<sup>m</sup> & quice & put  
y<sup>m</sup> in a pint of milk, boyle it & strain it, let y<sup>e</sup> child eat it  
morn & afternoon, it is good for a consumption

let y<sup>m</sup> drink y<sup>e</sup> white, See p 173

if y<sup>e</sup> doe not thrive give it Hartshorn Jelly, chocolate  
chicken or veal broth with proper hearbs

For y<sup>e</sup> Rickets

Take Hartstongue, Liverwort, Rue, Camomile of each  
1 hand, Steep y<sup>m</sup> in a pint & 1/2 of popet Ale, boyle it  
a litle let y<sup>e</sup> child drink it in 3 dayes

Take of these hearbs y<sup>e</sup> same quantity, Stamp y<sup>m</sup>  
& boyle y<sup>m</sup> in a good peece of butter, strain it out  
& anoint y<sup>e</sup> child's stomach from y<sup>e</sup> hearts spoon to  
y<sup>e</sup> navell 21 dayes together

Mrs Chillocks famous Receipt for y<sup>e</sup> Rickets

Take figs Raisins Hopes of each 1 po, Licorish 2 ounces, Aniseed,  
& confinder seeds of each 1 ounce, Hyssop, Liverwort, Maidenhair  
of each 2 handfulls, 4 hand of fox fern roots washed & rased &  
sliced, quarter y<sup>e</sup> figs slice y<sup>e</sup> Licorish divide y<sup>e</sup> fox fern in 4  
parts, & boyle 3 parts of y<sup>m</sup> with y<sup>e</sup> rest in 2 qu of Spring water  
to a quart strain it & sweeten it with Brown sugar Candy  
let y<sup>e</sup> child drink no other drink

The powder  
Take y<sup>e</sup> other part of fox fern dry y<sup>m</sup> after y<sup>e</sup> are washed &  
scraped clean, powder y<sup>m</sup> & a few Hyssop powdered, mix y<sup>m</sup>  
& give as much as will lye on a great in beks or spoon meat  
falling every morning

(94)

## For a Rupture

It is very usual with Children, Especially Boyes if they cry much. It is known by Wind rising in y<sup>e</sup> Groin as big as a pigeons Egg, more at Left. Sometimes it appears, others grow up again always up a night. The sooner taken care of the easier cured, which is by a good Truss well made, & carefully lookt after by y<sup>e</sup> Nurse, to keep it true & tight on. For if it once come down, it is as far from cure as at first.

A dimity Truss is enough for Children to 3 or 4 years old, after y<sup>e</sup> a Steel one.

An Excellent Receipt y<sup>t</sup> never failed  
Take an ounce of Lett, one peny worth of parley seed, 1 peny worth of Anyseeds, 10 of Casanay, 1 of fennel seeds, beat these all together to powder, sift y<sup>m</sup> fine & give y<sup>e</sup> child every night as much as will lye on a shilling for 3 nights together in a little warm Milk. y<sup>e</sup> last thing y<sup>e</sup> child takes before he goes to sleep.

## Ringworms &amp; Tetter

Take black Soap, mix it with almost as much beaten ginger, & anoint y<sup>e</sup> part it kills y<sup>m</sup> be they never so desperate.

Take Tar mix it with Flower of Brimstone & ginger in powder & anoint y<sup>e</sup> part, or put good strong Ink over it.

(95)

## For a Quinsy

Let y<sup>m</sup> blood 8 or 10 ounces in y<sup>e</sup> arm, y<sup>m</sup> bleed y<sup>m</sup> under y<sup>e</sup> tongue if not relieved lay a Large blister to y<sup>e</sup> neck. Touch y<sup>e</sup> part inflamed with Honey of roses made sharp with spirit of sulphur.

A Gargle to hold in y<sup>e</sup> mouth till it grows hot & y<sup>m</sup> spit out, to be used now & then.

Take plantain water & red rose water, & frogspawn water, of each 4 ounces, y<sup>e</sup> Whites of 3 Eggs beat to a froth, white sugar candy 3 dram. make a gargle.

## An Emulsion

Take 6 Almonds, melon, & pompon seed, of each 2 an ounce, white popys 2 drams, beat y<sup>m</sup> together in a marble mortar y<sup>m</sup> pour on y<sup>m</sup> by degrees a pint & 1/2 of barley water, & 2 drams of rose water, & 1/2 an ounce of sugar candy. mingle y<sup>m</sup> & strain it take 4 ounces every 4<sup>th</sup> hour, they must take a blister of milk & sugar every day or purge.

Eat only ponnado & milk broth or gruel, no flesh or flesh broth. Drink barley water or small beer, if it continues y<sup>m</sup> must bleed once or twice more. It is a dangerous disease & must have means used presently.

Lay a Lawrell leaf hot to y<sup>e</sup> pained side as often as it cools heat it again (it is a very good remedy. B.K.W.) or a fresh one.



## For the Stone

when you find a fit of y<sup>e</sup> Stone coming take a  
qu of a pint of seled oyle in a draft of Ale or white wine

Take a qu of milk <sup>it pisset</sup> turn it with white wine & bear very  
clear, y<sup>e</sup> boyle in it a little pelitory off wall &  
marsh mallows & roots with y<sup>e</sup> leaves of Pellandine  
of all together a good hand full, boyle it till a 3 part  
is wasted, y<sup>e</sup> put in an ounce of yurd of marshmallows  
in a draft & y<sup>e</sup> juice of a Lemon drink it at twice

## For the Stone &amp; Strangury &amp;

Stoppage of Urine

Take a pint of Ale a pint of white wine a haxe of  
Ginger 2 spoonfulls of Honey or as much as will measure  
it, & 4 Eggs-shells & gill, brew it well & drink a good draft  
in a morning or oftner;

Take a Glas of Ale sweeten it with 2 spoonfulls of  
Syrup of marsh mallows & drink it

Slice a large onion steep it in a pint of white wine  
& drink it when you please

## For the Stone in the Kidney

Excellent

Take a spoonfull of salt oyle, 2 spoonfulls of Syrup  
of Lemons, put it in a glass of Ale, once a month  
drink it 3 mornings together

Another Excellent

Tap a birch Tree by boring a hole within a foot of y<sup>e</sup>  
bottom, cut a quill & put into y<sup>e</sup> hole & let a bottle under it  
to save y<sup>e</sup> Liquor drops from it & drink a pint of y<sup>e</sup> Liquor  
every morning, or no other drink all y<sup>e</sup> season, it will  
run from y<sup>e</sup> beginning of march till warm weather in April  
some make wine or mead with it & drink it all y<sup>e</sup>  
year

(98)

## For the Stone in extreem pain

Take y<sup>e</sup> brains of a magpie new Killed, & drink ym  
in a spoonfull of warm white wine

Boyle 3 handfulls of Carott seed in 18 Gallons of melle  
Ale 3 potters, instead of 3 potts, when it has been in  
y<sup>e</sup> vessel 10 dayes bottle it, it will keep a great while.  
Still flams in a cask, still drink  $\frac{1}{2}$  a pint of y<sup>e</sup> water  
at y<sup>e</sup> new moon & full, for 3 dayes, in a morning & at 4  
in y<sup>e</sup> afternoon.

## A good water for the Stone

Take marsh mallows 3 hand, parslly, Horse Radish roots,  
Red fennell with y<sup>e</sup> seeds, of each 1 hand, new milk 2  
quarts, cut ye herbes small & still ym, take 7 or 8 spoon  
fulls in 4 or 5 of white wine or Riber, 3 dayes before y<sup>e</sup>  
change of y<sup>e</sup> moon is 3 dayes after, morning & evening  
or take it all y<sup>e</sup> year, it will mollify & bring away y<sup>e</sup> Stone.

Try a Stone called Lapid Nephroticus to the  
wrist wear it constantly

## Mr Boyles Excellent Receipt

Take  $\frac{1}{2}$  a Spoonfull of oyle of sweet Almonds &  
almost  $\frac{1}{2}$  a Spoonfull of oyle of Walnuts such  
as y<sup>e</sup> painters vse, put a few crums of bread to  
it take it 5 mornings in a week as long as you  
please, it is counted a rare thing for it.

## For the Gravel

Take Sal prunell 2 Drams, Eggshell powder 1 Dram, fine Sugar  
3 Drams, Balsam of Capivi ground smooth in y<sup>e</sup> yolk of 3 fresh  
Eggs, 2 ou of oyle of Almonds, 2 ou of y<sup>e</sup> yolk of 3 fresh Mallows  
15 drops of oyle of Juniper, half a pint of Rhenish wine or any  
simple water, mix ym well, & take 3 or 4 Spoonfulls at  
a time, as long as the y<sup>e</sup> lasts, every 4 hours.  
Glisters often are very proper, with Turpentine or  
without.

## For the Gravel Stone in the Kidneys (99)

& heat in the Back

Lay a skin of Leather under y<sup>e</sup> sheet to keep y<sup>e</sup> back  
hot, & a pillow near y<sup>e</sup> back to keep y<sup>e</sup> cloths  
holow.

Take a peice of paper prick it full of holes, spread  
it in y<sup>e</sup> middle with gallens cool oyntment, lay it  
to y<sup>e</sup> small of y<sup>e</sup> back change it as often as it  
grows hot.

Take a new laid egg, put y<sup>e</sup> white & yolk into a  
porringer, take out y<sup>e</sup> inner skin of y<sup>e</sup> eggshell, pound  
y<sup>e</sup> shell to pieces, put it to y<sup>e</sup> egg & a pint of white  
wine, drink it 6 mornings together.

Dry flys berries in an oven, pound & searse y<sup>e</sup> rest  
3 Spoonfulls of it with one of Bees, take it in a morning  
drink a draught of ale or Bees after it.

Drink 8 or 10 mornings 3 pintes of warm whey.

3 Spoonfulls of juice of plantain 9 mornings together.

Take y<sup>e</sup> quantity of 2 walnuts of unsalted butter  
you may soile it in sugar swallow it down & drinke a  
draught of Rhenish wine nutmeg & sugar severall mor-  
nings together.

Drink a ou of a pint of salt oyle in a draught  
of Rhenish wine.

## For the Gravel a very good remedy

Take out a Stone y<sup>e</sup> is found in the Gall of an  
ox, scrape it, & take as much as will lye on a  
shilling, in a little warme milk at night going  
to bed.



## For the Small pox

when they complain of their head back & bones  
& an uneasiness all over, or listlessness, or most  
of these symptoms, you may justly suspect the  
Small pox, if y<sup>e</sup> have not had y<sup>m</sup>, & sickness of y<sup>e</sup>  
Stomach.

if nothing appears it is best to let blood 8 or 10  
ounces, as y<sup>e</sup> patient is in strength,

Then in 3 or 4 hours give a vomit of Cardus Tea  
or Hypococucana See p 119

going to rest give 20 grains of Gaskins pow-  
der, in a spoonfull of pearle cordial & drink 5 or 6  
Spoonfulls after it See p 152.

may drink 5 or 6 Spoonfulls when ever y<sup>e</sup> are  
faint or ill

if y<sup>e</sup> do not come out well, S<sup>r</sup> Walter kawleighs  
Cordial See p 166 is excellent.

or Goa Stone from 20 to 30 grains

Cochineal is peculiarly proper to mix with  
y<sup>e</sup> powder

if you mistrust it time enough, to take a Spoon-  
full of loaf Sugar & laet oyle every night & morrow  
will make ym come out safely & have but a few, it  
has been often tryed with success.

when they begin to come out keep y<sup>m</sup> moderately  
hot, no more cloths y<sup>m</sup> before not to sweat, but  
a flannel cloke to cover their arms,

Let ym eat ponado without wine, or Eggs, Hart-  
horn potet, root, & bear, Sugar & nutmeg, with a little  
Sack, or soft wig y<sup>e</sup> same way, a little Safron in  
potet, watergruell with Malt,

## For the small pox

if they are loose is dangerous, give y<sup>m</sup> as much Venice Treacle as a Nutmeg, & drink burnt hartshorn boyled in water with a stick of cinamon, strained, all must be warm & sweetned with Loaf sugar.

To give y<sup>m</sup> as much bolus armoniac as will lye on a 4, 2 or 3 times a day, it is an extraordinary medicine.

## In a flux

boyle rice in water with a stick of cinamon strain it & sweeten it with loaf sugar & drink y<sup>e</sup> water warm. if y<sup>e</sup> come out small, lay blisters to y<sup>e</sup> neck & armes & if need to y<sup>e</sup> ankles also.

when y<sup>e</sup> begin to fill give y<sup>m</sup> Tares boyled in potest Ale, it is y<sup>e</sup> best thing y<sup>e</sup> is to plump y<sup>m</sup>.

They must eat no flesh meat, till y<sup>e</sup> are purged, but if y<sup>e</sup> are pretty well, may eat a flounder, or whiting, or pocht Egg, y<sup>e</sup> 16, or 18 day;

before not to purge till y<sup>e</sup> are of y<sup>e</sup> face, y<sup>e</sup> 20, or 21 day at soonest, they must purge 3 times staying a day between, or more at y<sup>e</sup> strength is, & y<sup>e</sup> purge work 6 times is enough when y<sup>e</sup> are dry see a purg withenna p 182 anoint y<sup>e</sup> face with a feather dipped in a little oyle of sweet Almonds, rose water & spermacaty melted together, before not to anoint too soon, cold cream is good see p 192.

## For the small pox

be sure to bleed y<sup>e</sup> 20<sup>th</sup> or 21 day 3 or 10 ounces if y<sup>e</sup> are shelled off, for somtimes y<sup>e</sup> come on fresh, & y<sup>e</sup> it is not safe, bleeding prevents a consumption or any unforeseen accident in y<sup>e</sup> small pox.

observe if y<sup>e</sup> are in danger of Choking in y<sup>e</sup> small pox or measles, a vomit is y<sup>e</sup> only remedy & y<sup>e</sup> have known it given with success, or hold a piece of Alumina <sup>in y<sup>e</sup> mouth</sup> if y<sup>e</sup> face is extrem full there is danger, but if y<sup>e</sup> face have few & y<sup>e</sup> body full none, when there is danger give from y<sup>e</sup> 8<sup>th</sup> day to the 12 or 14<sup>th</sup> every night an ounce of Hiacobulum, or 14 drops of Liquid Laudinum.



## For the Scurvy

Take Handilyon & Land Crepes Stamp y<sup>m</sup> & Strain y<sup>m</sup>  
Take 3 Spoonfulls with y<sup>e</sup> Juice of 2 oranges, 3 mornings for  
9 mornings together

Drink a pint of Wormwood beer & the mixt together

or a Glass of Rum

Drop 20 Drops of Spirit of Scurvy Grass in beer  
Drink it

Drink Epsom or Tunbridge waters

Take ½ an ounce of Gentian sliced thin put it in  
a bottle of Rheny or good Claret let it steep 24 hours  
take ½ a wine Glass an hour before dinner & at 4 in y<sup>e</sup>  
afternoon

## A very good Remedy

Take a pint of White Wine put into it a good Handfull  
of Scurvygrass, bruised, in y<sup>e</sup> close covered all night  
add ½ a scruple of Salt of wormwood, or horse Radish  
divide it into 3 parts, take it 3 mornings together, Juice  
½ an orange into every draught, walk ½ an hour after it

## A most Excellent Receipt for

## the Scurvy

Take of Rue, Sage Strawberry leaves, each half a pound  
fingered Grass, suckling leaves, of each 1 Handfull Stamp y<sup>m</sup>  
put to y<sup>m</sup> ½ pint of Strong Ale, let y<sup>m</sup> stand 1 night y<sup>m</sup> strain y<sup>m</sup>  
put to y<sup>m</sup> 2 Spoonfulls of Honey, as much burnt Alun  
at a Haste mixt 1 Dram of Salt, shake y<sup>e</sup> bottle & take 4 Spoon  
fulls in a morning fasting an hour before, after it & at  
4 in y<sup>e</sup> afternoon, & at night going to bed, if you please

## For the Scurvy

A good Remedy for y<sup>e</sup> poor

Take 3 qu<sup>ts</sup> of Strong Beer, steep in it 30 leaves of Scurvy  
Grass as much Horse Radish as will lye on a shilling scraped  
in Raison, Stone let it stand 3 dayes, take every morning a  
good draught 9 mornings together

Chap Scurvy Grass in a morning for y<sup>e</sup> Scurvy in y<sup>e</sup> feet  
wash your mouth with y<sup>e</sup> black water rub y<sup>e</sup> teeth w<sup>th</sup> Sage

Take a little Sage & cut it with butter in a morning  
Boyle Lignum Vita in good verjuice with y<sup>e</sup> tops of Hor-  
marty & Sage wash y<sup>e</sup> mouth often, when y<sup>e</sup> Scurvy has taken  
a way y<sup>e</sup> Gums from y<sup>e</sup> teeth

## The Scurvy is known

by pains in the Joynts, black & blew spots in y<sup>e</sup>  
skin, soreness of y<sup>e</sup> flesh, & y<sup>e</sup> Gums eaten away from  
y<sup>e</sup> teeth

purge servants & working people with y<sup>e</sup> Diet drink p 170  
when y<sup>e</sup> have it in y<sup>e</sup> Limbs & Joynts

## For the Scurvy Bet Gibbons

Take 1 po<sup>und</sup> of Hich Rock roots, Corimony leaves, & Elder flowers  
of each ½ Handfull, orange & lemon peel, of each 2 ounces, Apiz  
mony tied in a knot & put all in 4 Gallons of beer, instead of  
stop, boyle in fire & pine tops of each 2 Handfulls

Take of y<sup>e</sup> Juice of Sea Scurvygrass, brooklime, water Cress, of each  
3 ounces, Juice of Lemons 2 ounces, let y<sup>m</sup> stand 10 dayes, take 2  
Spoonfulls twice a day except when you purge

## The Purge

Take of the bitter Draught with Double Scena 3 purges, water  
of wormwood compound 2 Spoonfulls, Symp of Black thorn half  
an ounce, make a potion, take it once or twice a week

## For the Spleen

It is known by an uneasiness of body & mind, a swelling on the left side of the belly which sometimes goes away again, all these medicinal are good, powders see p 153  
 Steel wine see p 174  
 Steel pills see p 174  
 Steel Syrup see p 159

## A very good remedy p RW

Boyle 2 ounces of Sassafras in a quart of water with a little Licorish, drink  $\frac{1}{2}$  a pint wdm or not, in a morning fasting or when you goe to bed.

Lay a plaister to y<sup>e</sup> side see p. 199

Take Walnuts, or Elder berries y<sup>e</sup> w<sup>ch</sup> at midsummer infuse y<sup>e</sup> in Rhipish wine still ym 4 or 5 or 6 spoonfulls of either morning & afternoon

Tunbridge, & German span waters & bath are very good  
 North Hall Streatham & other purging waters  
 Apples raw & roasted very good,

For the Swelling of the Liver or Spleen when one side of y<sup>e</sup> belly is bigger y<sup>e</sup> other

Take of steel prepared with Tarter, an ounce, of y<sup>e</sup> best Myrhe 2 drams, of saffron 1 dram, 20 drops of Chymical oyle of orange, Syrup of Steel as much as is sufficient to make it into pills  
 Take 4 in y<sup>e</sup> morning & 4 in y<sup>e</sup> afternoon & drink a glass of white wine after ym

## To Cause Sleep

Take Red rose leaves & breast milk, slice a nutmeg in it, sew it in a bit of cloth & apply it to each Temple,

Lay a peice of poppy cake to y<sup>e</sup> Temples

give 2 spoonfulls of Niacodum,

14 or 16 drops of Tincture of Tincture of saffron, laudanum

1 grain of solid, laudanum

Lamb's wool in water or wine & water in colds to cause sleep

2 spoonfulls of Niacodum in Almond milke

combe up y<sup>e</sup> hair with vinegar & nutmeg & bind it on at night, or anytime

For excellent sedating draught  
 3 spoonfulls of milk, water, 1 of plaunge 1 of Niacodum, & 20 drops of laudanum.

For a Stick in y<sup>e</sup> side

Take 4 balls of Stone Horse dung, infuse it in a pint of Milk an hour then strain it, & put it on y<sup>e</sup> fire, & give as much grated orange peel as will lye on a shilling in a spoonfull of fenel posit, & drinke a draught after it, of that give 20 drops of spirit of Hartshorn in wine, or posit try oates, or a bag of Hot sand & lay to y<sup>e</sup> side, change it when it cooles

## For any violent pain in the back side or Stick

Take of ox Gall, aqua vita & fresh butter a like quantity, melt ym together & anoint y<sup>e</sup> part, as often as you please, or

Take a peice of White bread or Leaven bread toyt it on both sides, spread one side with y<sup>e</sup> best Treacle put it on a linnen cloth, lay it warm to y<sup>e</sup> pained side



(108)

## For a scald Head

It generally comes in children for want of care  
& cleanlyness

Take Elicompana roots dried to powder, 8 spoonfulls  
2 spoonfulls of pepper, 1 of ginger, 1 of salt all finely  
powdered, boyle y<sup>m</sup> in beere or ale till it looks white  
tis it till it is cold put it on anoint y<sup>e</sup> head once a day,  
purge y<sup>e</sup> child first with a handfull of Rhamnus Rose  
leaves boyled in poset drinke or Reubarb beere, keep 12  
purge it 2 or 3 times  
make it an flue in y<sup>e</sup> arm

Swelling & wind in y<sup>e</sup> Joynts

Take a fennel root bruise it in a pint of Whitewine  
or Ale, drinke y<sup>e</sup> at twice morning & evening 10 dayes  
together,

## A swelling to dissolve

Take 4 a pint of white wine, 2 spoonfulls of Linseed  
oyle & picked, boyle it in y<sup>e</sup> pipe till it is thick  
lay it as hot to y<sup>e</sup> part as can be endured,

## For a Sprain p K W

(109)

as soon as you perceive it, if a part you can hold it in  
cold water for 4 an hour, or bathe it with salt & water,  
made very strong before y<sup>e</sup> fire, y<sup>e</sup> lay on a plaister of  
black salve see p 197 or 199

Take an equal quantity of paracelsus & oxycrocon  
salves, melt y<sup>m</sup> together & spread it upon leather, lay it  
on warm & doe not stir it in 3 or 4 dayes p K W

a plaister of Barbadoes Tar is excellent  
anoint y<sup>e</sup> part with oyle of camomile, & bind y<sup>e</sup> part well  
to bath it with the juice of Eldes vineger is very good  
& bind it up close, in an old sprain  
a plaister of hole armoniacke white of egg & vinegar is  
very good

## For a sprain in the Back

Take from 20 to 30 drops of spirit of Turpentine  
in a glass of warm Ale or wine  
lay a plaister to y<sup>e</sup> back called Red Hart  
or Col. Hartshorn salve, or y<sup>e</sup> leasop plaister, bind  
y<sup>m</sup> with a Ruler to keep it tite, see p 198, & 199

Sleep to Cause D<sup>r</sup> Gibbons A W

Take of Cinnamon water, Barly water, & milke water,  
of each 3 ounces, great Snake water 2 ounces, Dia Cord  
sum 1 ounce, liquid Laudinum 40 Drops, mix y<sup>m</sup> take  
2 spoonfulls over night when you goe to sleep, & after  
if y<sup>e</sup> cough troubles you, take a spoonfull every howe  
till you fall asleep.

A bath to loosen sinews shrank  
& nourish y<sup>e</sup> part.

p RW Take leaves of agremony, centuary, St Johns wort,  
wormwood, Sage, Rose, Elder, Mallore, Madh Mallore, penny,  
of each 2 Handfulls, Elder & Camomile flowers of each  
2 ounces, Quince kernels, Flax seed & Fenigreefe of  
each 4 an ounce, boyle all these in a cloth made  
of a sheeps head, wools all, to 4 Gallons, head part  
of it at a time, dip peices of flann in it wring it  
out & apply it hot to y<sup>e</sup> part.

Anoint y<sup>e</sup> part with reats foot oyle, oyle of poppins  
& palm oyle equally mixt, night & morning with a  
warm hand by y<sup>e</sup> fire, rub it in well.

To provoke sweat

Take as much Myddock root as will lye on a shilling  
dried to powder, & drinke a draught of Sage Rosmary  
pimpernell or other poset after it.

Lay y<sup>e</sup> to beate in blankets, their arms a Croff  
& their hands under y<sup>e</sup> arm pits, fill glass bottles  
full of Hot water boyling hot, lay y<sup>e</sup> in napkins & lay  
2 at y<sup>e</sup> feet 2 at y<sup>e</sup> sides & 2 at y<sup>e</sup> arms.

Give 20 grains of Gaskins powder in a Spoonfull  
of plauge water, & drinke a Tea dish full after it  
if an hower or less after drinke a draught of Sage or  
any poset hot, as you can, & when y<sup>e</sup> sweat call a foot  
& Heat finger & knuthey to promote it, 2 hower is enough

may give with red wine or Venice Treacle, as  
much as a large Nutmeg, & drinke a little plauge  
water after it is very good in Colic & where there  
is no feavour,

St Anthons fire

Let y<sup>e</sup> eat no flesh, but spoon meat, chicken froth &  
eggs, & drinke Sulphur, Barly water & Almond milke  
if very bad let blood,  
give 20 grains of Gaskins powder or Testations powder  
in milk water at night going to bed, if want more  
cordial put in a little plauge water  
anoint y<sup>e</sup> part with green Colts foot pounded with honey

Soluble to Keep the Body

Eat boyled meat with letice spinage & herbs  
water oruell with Stoned Raisins,

Bread with much butter  
prunes ~~4 or 5~~ Steved with a little Senna eat 6 morning  
in a

p RW Drink plenty of Small Beer

2 Spoonfulls of Surup of violets in a Glass of Beer  
Boyle mercury an hour in y<sup>e</sup> broth

Eat a preserved Walnut or two  
Stew y<sup>e</sup> prunes with Senna, 2 pening, 2 to 4 po prunes

Take an ounce of cream of Tartar, it in a quart of milk  
to a poset drink 3 or 4 times a day, it cools & gives a stool or 3

eat a preserved Walnut or 2  
Take as much cream of Tartar as will lye on a shilling in a Spoonfull  
of youth & eat of milk after it

Boyle Hong & salt to a thickness & make a suppository  
it will be a good while boyling,

or a violet Corn fit  
or a bit of Alum shaved round at y<sup>e</sup> bottom,  
To a young child put up a partly Stalk



(112)

## For a scald or burn

Take y<sup>e</sup> fat of y<sup>e</sup> butte of a stuble booke, beat it with a wooden pestle, melt it over y<sup>e</sup> fire & when it is it stand to litle, pour it into a galy pot it will keep all y<sup>e</sup> year against either burn or scald with it, & when it will take out y<sup>e</sup> fire & give ease, dress it with y<sup>e</sup> 3 dages together with a day.

Then take as much bees wax & saler oyle as will make it a plyable salve, not too stiff, y<sup>e</sup> spread it upon fine cloth & lay it on to heal, if it is deep take a little lint & lay it in y<sup>e</sup> salve pressed & lay it on for fear of proud flesh this is extraordinary good p<sup>r</sup> RW

oyle & cream well beat together will take out y<sup>e</sup> fire  
or oyle & y<sup>e</sup> yolke of an egg  
or juise of leeks, or onions,  
or Goose grease,

White Lead, saler oyle & bees wax boyled to a thin salve, spread it & lay it on, upon cloth

where a burn is extreame bad & inflamed, lay a plaister of Galens cool oymment

when y<sup>e</sup> fire is out a plaister of black lead see p 197  
or y<sup>e</sup> white Leaden plaister see p 198

when a burn is extreame bad & y<sup>e</sup> parts inflamed, use Galens cool oymment,

The juise of new Horseung will take out y<sup>e</sup> fire & heal it,

Take a pint of snow water, a po of muton suet, a good quantity of blisse of an Ashen tree boyle these together in a hony & strain it,

Take 3 Hand of valerian, 2 of plantan, 2 of brooklime, wash chop ym. & shred & a pound of muton suet near y<sup>e</sup> kidney put brail in a skilet, boyle it a litle & put all in a galy pot for y<sup>e</sup> use, it will take out y<sup>e</sup> fire but y<sup>e</sup> 1<sup>st</sup> is best & easiest

(113)

(114)

## Throat Sore

Take a Spoonfull of Brandy & a Spoonfull of  
Sallet oyle, mix it well & warm it, Swallow a  
little at a time, it will slip down when nothing  
will & open y<sup>e</sup> passage.

## Throat Sore

(115)

Take a little Sal prunella & lump of violet & hold in y<sup>e</sup>  
mouth, & Swallow it by degrees.

hold a bit in your mouth of Sal prunella

Take a flint stone heat it red hot quench it in milke. Drink  
it at night going to bed  
<sup>sup. often & many poset,</sup> or baked Ale, or paper boyled  
in milke, as hot as you can.

Take white boys put dry it to powder, & take as much  
as will lye on a shilling in Jarup of Elderberys or Mulberys  
a night going to bed

if very bad a blister to y<sup>e</sup> neck  
if feaventh let blood

beat y<sup>e</sup> White of an egg with white suger candy. take a  
Spoonfull now & y<sup>e</sup>

give 3 or 4 Spoonfulls of fig Drink See p 174

Take as much flower of Brimstone as will lye on a 6d in  
y<sup>e</sup> yolke of an egg, at night going to bed,

Take Rock Ham beat fine, mix with thick Honey, hold as much as de  
in y<sup>e</sup> mouth  
Keep y<sup>e</sup> throat very warm with flannels & lay lavender  
leaves as hot as you can make y<sup>e</sup> to y<sup>e</sup> part. Shift y<sup>e</sup> often

y<sup>e</sup> drain y<sup>e</sup> humour outward prevents an ulcer p R.W.  
Gargle y<sup>e</sup> mouth with black water

Take barley water  
Take barley or plantain water, 3 pints, boyle in it, violet  
& Strawberry leaves, columbine, wood sorrell, buckling, of each  
1 hand, a bit of Alum, sweeten it with Honey, & Gargle y<sup>e</sup> mouth  
with it, y<sup>e</sup> is a very good Gargle

Sometimes Scoring is very necessary, may doe it with  
y<sup>e</sup> Gargle,

Take peale barley, figs, & Licporth & Quince Kernel  
boyle y<sup>e</sup> in Spring water, take y<sup>e</sup> clear, sweeten it  
with lump of mulberys & Gargle with it



(116)

Throat anything sticks  
pin or bone

Give a Spoonfull of Sallet oyle or more  
eat a hard crust of bread,  
Drink a great drafft of any liquor  
if it still sticks, take a long Whalebone make it thin  
at y<sup>e</sup> end, tye a fine bag fast to it & thrust it down  
y<sup>e</sup> throat.

To Draw a Thorn out

Take a peice of a snakes cast of skin, lay it so y<sup>e</sup> con-  
trary part, butt against y<sup>e</sup> place where y<sup>e</sup> thorn enters  
& it will force it out.

Twisting of the Guts

Give y<sup>m</sup> as much flower of brimstone as wil lye  
on a  $\frac{1}{2}$  crown, 4 or 5 times a day,  
let y<sup>m</sup> swallow a Sallet,

Tooth Ache

(117)

if a hollow tooth draw it, or stop it with a little white  
wax.

if a Rheum chan mastick, lead or Tobacco to draw it  
away.

Lay a blister to y<sup>e</sup> neck,  
Lay a plaster of mastick to y<sup>e</sup> Temples  
Lay a bit of wool in hungry water to stop y<sup>e</sup> ears,  
Lay a pipe & blow in y<sup>e</sup> smoke into y<sup>e</sup> contrary ear  
Lay y<sup>e</sup> inside of y<sup>e</sup> ear with a red hot knitting needle  
Take Red Wine, 2 cloves, a little Rosmary boyle y<sup>m</sup>  
together & hold some in y<sup>e</sup> mouth.

Take some Ginger sifted fine mix it with virgine  
boyle it to a poultice, & lay it hot to y<sup>e</sup> side where y<sup>e</sup> pain  
is, it draws it away

beat oyster shells to powder & put it to y<sup>e</sup> pained tooth  
p. R. W.

Hold a peice of lead in your mouth to draw y<sup>e</sup> Rheum  
mix powder of oyster shells with soft wax & stop a hollow tooth

Take an ounce of Rock Gum 2 of white Helibore, 2 of  
pelitory of Spain, 12 cloves, beat these to a very fine powder  
mix y<sup>m</sup> in a mortar take up some with y<sup>e</sup> finger & Rub y<sup>e</sup> Gums

Take Cubets in a pipe gives present ease  
Lye in a breast to draw y<sup>e</sup> Rheum,  
aply a plaster of paracelsus to your Temples

When Children breed their teeth hard  
let y<sup>m</sup> wear a necklas of Herbane seed in a Saffroned  
in like a necklas,

(118)

## For the Tooth Ache

Take soft waxy but Hartshorn Nutmeg & worm seed  
finely powdered of each a like quantity mix ym  
& put ym in y<sup>e</sup> hollow tooth or between y<sup>e</sup> teeth it  
draws away y<sup>e</sup> Reum  
hold a piece of Tamarinds in your mouth draws  
y<sup>e</sup> Reum best of anything.

Take an ounce of Roch Alum, as much of <sup>grains</sup> paradice  
melt y<sup>e</sup> Alum & put in it, first pound & beat y<sup>e</sup>  
grains of paradice, mix ym put as much as a Bean in your  
mouth, it draws Rheum kills worms, & y<sup>e</sup> Reum  
in y<sup>e</sup> mouth.

## Vomits

(119)

## To prepare crocus metalorum

Take an ounce of Crocus metalorum powder it very fine  
ym put it in a quart of sacke with 8 cloves bruised, stop it  
close & shake it every day for 10 dayes, y<sup>e</sup> philter it thro  
a paper & keep it for use  
give 1 Spoonfull or 2 to a man or woman a child 1/2 a one  
A Strong man may take 2 & a halfe, it is a very good vomit  
for melancholy or a full stomach.

Except in necessity a vomit give vomit ad 5 in  
y<sup>e</sup> afternoon, & keep the patient in y<sup>e</sup> working not to  
strain ym

Give 1/2 a Dram of Siccocucurana finely powdered in a little  
Sweetmeat a Strong man a Dram, 2 Spoonfulls y<sup>e</sup> general dose  
Drink A good vomit for an ague warm water or Carab Tea

Take a handfull of y<sup>e</sup> Inner bark of Elder, 1 Hand of Beedi  
Lion, & 2 dafodill roots, boyle ym in a pint of potet, to 1/2 a pint  
Strain it & drink it, & in y<sup>e</sup> working potet or warm water p. 11

Boyle milk & turn it with 1/2 a dram a pint is a good  
vomit for an ague.

Take white primrose roots dry ym in Autumn, & powder  
ym, & boyle some in potet is a very safe vomit.

Tartar Emetic — a very safe good vomit give to a man  
3 grains, younger persons 3 grains, a child 3 grains  
3 grains is enough for any one.

To a young child 2 Spoonfulls of oximel squils

A vomit for an Ague for Man or Woman, p. 111  
Take 12 dafodill roots, 1/2 of 4 dafodill roots a hand  
Handfull of the Inner Bark of Elder, boyle it in 3  
pints of potet, till y<sup>e</sup> are 1/2 a pint, strain it & give 1/2 a pint  
warm 2 hepers before y<sup>e</sup> fit, in 1/2 an hour, hepers 1/2 a  
pint more, & in an hour 1/2 a pint more if the stomach  
is not clean; when it has con working goe to bed,  
if the Ague goes not away in 2 fits, take it again



(120)

## Vomiting to Stop

Give ym 3 or 4 Spoonfulls of Red Saffron water or  
2 or 3 Spoonfulls of mint water

20 grains of Salt of wormwood in a Spoonfull of  
Juice of Lemon, is a most effectual remedy in  
extremity

Take a handfull of Red mint Stamp small as much Leaven  
bread as an egge, mingle it with Rose vinager, spread it  
on a cloth grate nutmeg on it & lay it to y<sup>e</sup> Stomack  
havel warm,

To Stay vomiting & Comfort y<sup>e</sup>  
Stomack,

Take Claret & vinager & Red Rose leaves, of each a  
like quantity, & a little wormwood, boyle all these together  
Dip a Linne cloth in it, & aply it hot to y<sup>e</sup> Stomack  
repeat it often,

2 or 3 Spoonfulls of mint water, or 3 or 4 Stilled strong is good  
wormwood infused in sack is good,

To drink Lemon posey only 14 dayes together  
has cured when I have been given over, to eat  
or drinke nothing else

Take 5 grains of Salt of wormwood, 1 scruple of  
venice Treacle, 15 grains of Gaskins powder  
make an Electuary, with Surup of Lemons &  
Take it,

(121)

To make one urine, y<sup>e</sup> Capot

Take a quart of urine fresh Bled from a Black  
Horse, & 2 pams of dried catthworms in  
powder, mingle it well & drinke it,

Take venice Turpentine wash it well in fair water  
make it into pills with fine suger, take 2 or 3 at  
a time

Take from 30 to 40 or 50 Drops of Spirit of Hart  
horn,

## For the stoppage of urine

Take a black flint, & powder it ad y<sup>e</sup> Smiths very finely,  
then lift it, & take as much as will lie on a six pence,  
in a glass of white Wine.

## For sharpness of urine

Take purslain or barley water & make an Almond milk  
with blanched Almonds, pompion seeds, & pistachios  
Strain it & sweeten it & drinke a good quantity

## For an inward Pleer

Take a Spoonfull of helle seed 3 mornings together in a Spoon  
of hony, y<sup>e</sup> for beat 3 mornings so doe 3 weeks together,  
Take as much Lucetelus Balsam as a Hazel nut in wafer  
paper every night & morning.

(122)

## Virtues of Venice Treacle

It preserves from y<sup>e</sup> plague, makes y<sup>e</sup> body temperate, & chearful. keeps away melancholy, helps y<sup>e</sup> passions of y<sup>e</sup> mind, consumes all corrupt humours of y<sup>e</sup> body, given in wine, cordial water, or water paper, as much as a nutmeg.

all bitings or stings of venomous beasts, or Mad dogs, any poyson, taken inwardly doubling y<sup>e</sup> quantity

vertigo, fading sickness, swimming in y<sup>e</sup> head, Apoplexies, palsies, restoring mind & sense in Raging fevers, & trances, & the Gout

give it in poppy water to procure sleep.

lost hearing in eye bright water.

palsies in lavender, lily valy, or lime tree water.

## The virtues of paracelsus

It is good in old & new sores, dryes, cleanseth, & breeds good flesh, is good in sinews prickd. draws out most dead Iron, or y<sup>e</sup> biting of a venomous beast. ripens imposthums or boyles. cures shingles or y<sup>e</sup> farthons fire, asragel pains in wounds & bones out of Joynt

(123)

For the Sting of a Wasp or Bee  
when it is first don a Drop of liquid Laudanum  
cures immediately, applyed to the Sting,  
some vsy Malon leaves beat to ~~fine~~ Mash, change  
it as oft as it heats,  
or marigold green leaves, or dirt  
venice Treacle very good,



## Wormes

They are known by their looking blew under ye eyes, urine thick & white, breath <sup>smell</sup> strong, grates of flesh, pale, yeavonish, & bely hard, some or other of these symptoms

The most proper time to give remedy is 3 dayes before y<sup>e</sup> new moon, & 3 dayes after, & to ad y<sup>e</sup> full,

Take a pint of sacke & periworth of worme seed <sup>no more</sup> as much Rock Alum as a halp nut, when it is boyled, scarp in a little chalke, give it 2 boyles, take it off & let it settle, sweeten it with hony or suger, & bottle it, one child may take y<sup>e</sup> quantety. 1 Spoonfull at a time in a morning fasting, & fast an hower after, old people 2 Spoonfulls

powder Earthworms as much as will lye on a shilling in sweetmeat or y<sup>e</sup> pap of an Apple

Take Raisons of y<sup>e</sup> sun stoned slit y<sup>e</sup> Raisons & fill ym full of worme seed & stop ym up close, & let y<sup>e</sup> child eat ym for plums 7 or 8 times a day, & others.

Take as much burn Hartshorn as will lye on a groat 3 mornings together, in sweetmeat or a Spoonfull of hie

or Fenigreek seed as much finely powdered or Coralina

Garlicke boyled in milk. for old people.

Boyle worme seed & milk. & put in some Venice Treacle & give

Anoint y<sup>e</sup> stomack & havell with oyle of Savin laye a plaster to y<sup>e</sup> havell of an ox Gall Rux & Albes mixt together & spread upon leather p KW, you must give all remedies for y<sup>e</sup> worme fasting & fast an hower or 2 after

## Wormes

after y<sup>e</sup> have taken things to kill y<sup>e</sup> wormes it is best to purge with Rhubarb bear seep 185

Take 1 dram of

The flat wormes y<sup>e</sup> soyme together are y<sup>e</sup> most dangerous & hard to kill for ym  
Drinke a Glasse of salt & water in a morning fasting & take a glister of salt beef broth severall dayes together

Take 1 ounce of Hyera picra, of cochineal finely powdered 10 Grams, put ym in a glass of sacke, shake it well together, 3 or 4 times a day, for 3 dayes, close stop it, when it is settled take 5 or 6 Spoonfulls going to bed, or in a morning as it works you may take more or lesse 5 or 6 times is enough, need not keep your chamber,

Take as much grated orange peel as will lye on a shilling in a Spoonfull of sacke or beas fast an hower after, it is good for any wormes

mercurius Sulis is y<sup>e</sup> most effectual remedy for all wormes  
Take mercurus Sulis 8 or 10 Grains, Resin of Jalap or grains, give it in a little sweetmeat in a morning fasting 3 dayes together, if it purges to much give lesse,

Another very good & more safe,  
Take a dram of Aloes make it into pills with hony of roses, or buckthorn, take 3 pills at night going to bed it will purge gently.

<sup>propositions</sup> for Wormes & purge  
Take Rhubarb sliced 2 scruples, salt of Tartre halfe a scruple infuse these in 4, a pint of milke water, let the child take 2 or 3 Spoonfulls of this Tincture once or twice a weeke

For the little White Worms in y<sup>e</sup>  
Fundament,

Cut Lean Beefe in y<sup>e</sup> shap of a suppository, ty<sup>e</sup> y<sup>e</sup> with  
brown Thread, to make y<sup>e</sup> hard, & let a Thread hang  
to y<sup>e</sup>, put it up y<sup>e</sup> fundament when one has been up  
a little while pull it out quicke, & put up another  
to doe as often as any wormes strike to y<sup>e</sup>,

A worm ointment for Children

Take, 1 Hand of Rue, 1 of yewwood, 1 of featherfenn, 1 of  
doubt Tany, 1 of heartfoot, 1 of lavender Cotton, 1 of  
Savage, 12 Heads of Garlicke, Thread & Stamp y<sup>e</sup> in  
Take a pound of these herbs & infuse y<sup>e</sup> till y<sup>e</sup>  
virtue is out, y<sup>e</sup> Strain it into a pot,  
Anoint y<sup>e</sup> Childs Stomacke with it by y<sup>e</sup> fire at  
night, & lay a grey paper over it to keep out  
y<sup>e</sup> cold, so doe in the morning, for 3 dayes &  
night,

For Wind

Take 4 an ounce of Hyera pictra infuse it in a pint  
of sherry with a quarter of an ounce of Aniseeds, let it  
steep 10 dayes, take 5 or 6 spoonfulls over night, & if you  
can have y<sup>e</sup> a bottle of purging water in y<sup>e</sup> morning,

Take 3 pints of canary & an ounce of Aniseeds, an  
ounce of sweet fenell seeds, a qu of an ounce of white  
paper, whole, bruise y<sup>e</sup> seeds & put y<sup>e</sup> into y<sup>e</sup> canary  
till it is wasted, strain it & sweeten it with fine sugar  
take a wine glass at a time when y<sup>e</sup> wind troubles you

Lay a hot tile lapp in a cloth to y<sup>e</sup> belly, or a bladder  
full of boyling milk or a bag of sand,  
boyle parley & milk & lay hot to y<sup>e</sup> belly,  
frye pigeons dung & lay hot to y<sup>e</sup> havell  
infuse mint & ginger in sacke & drinke it hot,

Swallow 2 a spoonfull of whole pepper in a morning  
Take 2 spoonfulls of vinager, Aniseeds steep y<sup>e</sup> in vinager  
all night, pour of y<sup>e</sup> vinager, dry y<sup>e</sup> on a chafing dish of  
coals & eat y<sup>e</sup> at any time,

give a blister of Aniseeds, fenell seeds, & caraway seeds,  
boyled in milke, & sweetned with sugar,  
camomile poset drunk warm very good,

fenell poset very good  
Grate orange peel & give as much as will be upon shilling  
in a spoonfull of maled sacke, & drinke a cup full after  
it as hot as you can,  
orange water, Aniseed water, Juniper water, & Caraway  
water are good

when children are troubled with Wind  
lay a plaister of Frankinsence, & Turpentine, spread upon  
leather to y<sup>e</sup> havell,

give y<sup>e</sup> 2 spoonfulls of salit oyle, & white sugar candy,  
& a spoonfull more every houre till it passes with y<sup>e</sup>



(128)

## For Wind

Take as much Summerick finely powdered as will  
lye on a halfe Crown, in halfe a pint of Ale warmed  
8 Sumers, 5 mornings together

## An Aque

The Bask is not so good as formerly I  
think, & best way of giving it, is to take an ounce of  
the Bask & 1 dram of Indian Make root beat  
& sifted very fine, mix it to an electuary with  
Jusup of clove Gillyflower, or Jusup of Elder berry  
with 8 drops of oyle of Nutmegs.  
Take a Teaspoonfull every 3 hours after ye  
fit is of, & in a weeke, after take it as well  
the same way, & a weeke after again.

(129)

## For Whitloes

Take Sage & Leaven of Brown bread, Bay salt & Rasty  
Bacon of each a like quantity, beat y<sup>m</sup> well together  
& use it to y<sup>e</sup> part.

Take a litte Hand of Rue, as much Cankerweed, & a  
Spoonfull of salt, as much Rasty Bacon as an egge, 3  
Ingles taken out of y<sup>e</sup> shells, beat altogether to a salve  
& dreffe y<sup>e</sup> Whitloe, or felon,

beat brown bread, or white bread & butter & lay to y<sup>e</sup> Whitloe  
or knive shales & apply to y<sup>e</sup> part,  
at first squeeze y<sup>e</sup> finger hard to prevent y<sup>e</sup> coming

## Weakness in the Fundament.

Take pomarapate, Bask 2 drams, flowers of Balastean  
Red Roses, of each a handfull, make Bask 4 an ounce,  
boyle it in a pint of Claret, apply it warm, with 2  
Slops of Flanin.

Weakness in the Loins Excellent. I'd monny  
weas constantly, A plaister of Busgunoy pitch  
& Tacama Hae, mixt up with a little oyle of harts  
& spread upon leather, I'd R.W. on my selfe  
or my spleen plaister better, the first help my weakness.  
this last cured me,

(130)

bet Gibbons for obstructions  
of the Liver. Dec 1711.

Take Elixr Salutaris one pound, spirit of Lavender  
Compound to an ounce, mix y<sup>m</sup> & take 6 Spoonfulls  
thrice a week going to bed, & the morning following  
a glass of Epton water warm.

Take Camomile flowers & Centaury tops of each  
4 Handfulls, Salt of Tartre 2 Brans, Rhenish  
Sliced an ounce, Carus seeds, & an ounce, Laffras  
wood 6 Brans, infuse it in 4 pints of Spring water  
make a Tincture, to which add 12 ounces of water  
of Ice wormwood.

Take 6 spoonfulls of it every every morning except when you take the Epom waters, & drink after it a pint of Bath water warm.  
The same day let your spoonfulls of the Tincture be taken at 5 in y<sup>e</sup> afternoon & the Bath water after it.

The April following got to the bath if needful

Inflammation of the lungs  
The sign is a red cough in one or both Cheeks  
Take a Spoonful of Linseed Oyle mixed with  
Sugar Candy every 3 or 4 hours fresh drawn  
Sometimes a quarter of a pint, of pectoral drink  
After milk is lost  
Let blood & Blisters to y<sup>e</sup> necke,

Set. Citrus. Diet. Diet. for me  
Two. Head of Cit. Tops, 2 hand pine Tops, 6 lbs  
in 100. Cit. Citrus of Work, the one gallon is made  
when it is turned put in the water of 4 or 5 oranges

get citations for me Sept 17/13

(1317)

Take Ruebard powdered; Dram, Steely prepared with Sulphur  
Two drams, Species of Amegrove without Muske 3. drams, and  
of violet, as much as suffices to make a mass of 60 pds.  
Take 3 twice a day, in a Spoonfull of White Wine, & wash  
y<sup>e</sup> down with 4 Spoonfulls of the following infusion.

Take Gentian dried 1 dram, salt of Tartre & a scruple  
Camomile flowers & a handful, Cloveprunes & cubes of  
each a dram, infuse it in a quart of boylng water  
to which add 2 ounces of compound wormwood water

To take a purge of Sena, Geozig & burap of Buckthorn  
vide page 184, when the cold begins  
Go to the bath

go to the bath  
An excellent Gargle to stop a Khain going to bed  
make a pint of the fig hink page 177, put 4 ounces  
of brandy or any critical material in it. Strong & Gargle with  
it warm at night going to bed.

set gibbons surge to be taken twice a week.

very gentle. 1719  
Cat Claw and 2 tenaces, Drains, 1 lb of Taper, half a  
Serpent, infused in 4 ounces of water, and half a  
pottle, qtz, containing warm water 2 ounces, take  
a Spoonfull 3 times a day, together, or every other  
day as you find convenient.

1 Bram pid Ruff, make 9 pills Take 3 once a week  
the Electuary, 1719  
Conserve of Ruff, 1719  
Compzi, 1719  
Take 3  
made as a nutmeg 4 or 5 a day, & 3 or 4 after it, of Saltp  
4 or 5 Spoonfuls, the Saltp  
2, Spoonfuls of milk water, piony water compound  
3 ounces, pomegranate 2 Scheples, mixed with a little  
Sugar



Dr. Gibbons for Col. Windham for  
ye gout & wind

Take pill Cam Gum 1 dram, steel prepared with  
salphur 2 drams, Dia ambre 3 drams, mix it with  
damp of violets, & make 40 pills, take 4 in y<sup>e</sup> morn-  
ing & 4 in the afternoon  
• Drink a glass of wine & water after it, or y<sup>e</sup>  
Following Pulvis.

Take milke water 12 ounces, compound piony  
water 3 ounces, prepared pearle 2 drams, soften  
it with sugar, drinke a glass after y<sup>e</sup> pills.

Dr. Medes bites for Col. Windham

Roman Wormwood 4 drams, Gentian 2 drams  
Carduus 2 drams, Boiling Water 1 pint.  
Compound Wormwood water 3 large Spoonfulls, Steel wine  
2 Spoonfulls, Take 4 Spoonfulls morning & 4 in  
the afternoon, to make Steel wine 12 p m.

Dr. Gibbons for Col. Windham's child

Take 1 Dram of Cinamon powder fine, pour to a pint of boiling  
water on it. When it is cold, give it instead of Baby  
Cinamon water.

Take an ounce of burnt Hartshorn, boyle it in 2 pints of  
water to a quart with a Mixture of Cinamon  
powder, pearle Barly & sift it make a pap of it with y<sup>e</sup>  
water, soften it with white sugar.

or Rees that fine, boyle it in water to a pop strain it & mix  
it with Hartshorn water, soften it with white sugar & give  
The Cordial to be given a Spoonfull at a time after

Take 5 Spoonfulls of Marsh Cherry water, 2 Spoonfulls of Cinamon water  
a Spoonfull of Broomstraw, 20 grains of Marshmallows, take  
it with sugar, with 2 Tea Spoonfulls of Marshmallows, give  
a child 3 Spoonfull every 2 or 3 hours.

give 6 grains of Salkins powder once grains of Testaceous powder  
every 3 hours.

give a flower of a Lamb, foot or sheeps head wool & all boyle in  
water

Mr. Baskwoods Excellent Receipt

for a Fast Horse

Take 1 ounce Lapis calaminaris, 1 oz Turb, 2 oz regale  
Tartar, 1 ounce of Turpentine, let y<sup>e</sup> be beat fine  
& mixt with y<sup>e</sup> oyle,  
bleed y<sup>e</sup> Horse first, y<sup>e</sup> once in 3 dayes, give this in  
a pint of Ale, let him fast 8 hours before & 8 hours  
after, & keep ym in a low diet as long as y<sup>e</sup> are taking.

Mr. Tods Famous Receipt for Grease

in y<sup>e</sup> Heels,

Take 3 quart Taners oute out of y<sup>e</sup> pit, 1 hand salt  
to a po green Coperas. boyle it 4 away, & keep it for  
use y<sup>e</sup> older y<sup>e</sup> better,  
Anoint y<sup>e</sup> Heels with it.

when ever your Horses, come in Tired or ill, or refuse  
there meat, boyle halfe an ounce of Gentian in a  
pint of Ale & give y<sup>e</sup> quantity to each Horse,

To young Horses

beat Antimony to fine powder, & mix half an  
ounce night & morning with their oats. 3 or 4 days  
together

When a saddle has hurt a Horses Backe

Take yeast & y<sup>e</sup> foot out of a Chimney, where y<sup>e</sup> burn wood  
mix it together & spread it on leather & lay to y<sup>e</sup> part

When a Cow has got a Blane

Take an ege breaker a bit off y<sup>e</sup> Top, & put it down y<sup>e</sup> Cows  
throat, y<sup>e</sup> will not doe put down another, so doe till it  
has don rising.

The best purge that is for Horses

Ten drams, of Aloes, one ounce of Clopes of Brimston  
both very fine in powder, & 2 ounce of Sump of Buckthorn  
in a pint of Ale or more

Is it Lower For a Cough & Indigestion

Take a Spoonfull of Surup of Steel in a Glass of milke water in a morning. to strengthen the stomack & bowels after 20 Grains of powder of pearls & Corals eyes, corals mixt with a little Sugar, & halfe a pint of Albes milke,

A Medc for ordinary Drinke,

Boyle 3 Gallons of water to 2 Gallons with a pease of Honey to 1 a Gallon of water & 1/2 of pease, at 1/2 later and put in 4 handfulls of Alehoofe, & 6 Nutmegs quartered, turn it up with glass, & when it is fine bottel it.

To make you Expectorate

Sweeten your milke water with y<sup>e</sup> following Surup  
Take Gum Ammoniacum & Storax of each 2 Drams  
Boyle these in a pint of barley water to 1/2 a pint  
Dissolve as much Sugar candy in it as will make it  
a thin Surup, Sweeten y<sup>e</sup> milke water with it to  
ripen y<sup>e</sup> Flegme,

if Costive Chew Rhabarb,

if the Medc does not agree, Drinke beer with  
Ale hoofs, or small Ale

For A Dropsy

Steep mustard seeds in Beas till it is as strong as you can  
Drinke it, has cured, Drinke no other Drinke.



- (136) per Cheyney for Master Windham Jan 1721
- 1<sup>st</sup> Give him 6 or 15 Grains of Hygieana in y<sup>e</sup> begin-  
ing of March, & in y<sup>e</sup> working any agreeable Request
  - 2<sup>d</sup> Get a pint of Wood Lice, let y<sup>m</sup> run on a board to  
shake off their load, cleanse y<sup>m</sup> with a Linen cloth  
y<sup>m</sup> put y<sup>m</sup> in a broad pan pour on y<sup>m</sup> as much (boon  
wine as will cover y<sup>m</sup> 2 inches, cover y<sup>m</sup> with a plate  
let y<sup>m</sup> stand 12 Hours, till y<sup>e</sup> Juice, wash y<sup>m</sup> in a Mark,  
& strongly squeeze out the Juice, distill in this bath  
an ounce of Gum Ammoniacum, let it over y<sup>e</sup> fire  
w<sup>th</sup> brown Sugar candy, 4 ounces, & an ounce  
of orange flower water, let it simmer to y<sup>e</sup> consistence  
of a thin Syrup,  
let him take a Spoonful of this night & morning  
for a month, longer if there is occasion, y<sup>e</sup> is a very  
good Syrup, & the him Repose,

when he is perfectly free from all rattling in his  
Throat, or Labour on his Breast,

- 4 a Decoction of the Bark in water, with Cinamon,  
orange peel & Nutmeg, a Dram of each, to an ounce of  
the Bark, boiled in 2 quarts of water, to one,  
3 Spoonfulls, of this, twice a day, would much help to  
strengthen his blood & Lungs, & on the first tryal  
it is not found to strengthen his breathing, which  
cannot hurt him for y<sup>e</sup> will immediately goe off again  
but if it does not, will be of great use to confirm  
his recovery.
- 5 I would have him cold Bathed, 3 times a week, in  
a Tub of water, beginning with y<sup>e</sup> first warmest, with  
2 or 3 gallons of Hot water, so cooled gradually, which  
will much serve to make him hearty & prevent Rheum,  
to be as much in y<sup>e</sup> air as y<sup>e</sup> possible, to strengthen him,  
running up stairs, & sports, jumping, wrestling, not to  
swear, & riding a Horse sack

- (137)
- 7 much care is to be had of his diet, for Indigestion & an  
Hereditary weakness, of Stomach, seems much to  
be the Cause of his Rheum, therefore as little flesh meat as  
may be, & y<sup>e</sup> of the youngest kind, much broiling, & he  
ought to be kept sharp, & at a short allowance, he will  
feed y<sup>e</sup> more, & grow stronger, he ought to feed by himself,  
& have a particular allowance.
  - 8 He ought to lye as flat as may be a bed, to distend  
his Breast, & enure his Lungs to all postures,
  - 9 let a bit of flannel be alwayes on his Breast or  
quilted Holland to keep it warm.
  - 10 let him be religiously kept from raw fruit, or any  
thing y<sup>e</sup> is windy

per Cheyney's pill of Bees, or Lee Martis  
Take an ounce of salt of tart, put it in an earthen  
vessel, pour on it a pint of boiling water, let y<sup>e</sup> stand till  
a sediment is at y<sup>e</sup> bottom, pour off the clear,  
take a Spoonfull of it, twice a day in a Glass of Bristol  
water, a Tea Spoonfull, a child may take it.  
It agrees with y<sup>e</sup> tenderest Constitutions rather  
cools y<sup>e</sup> Heat, wonderfully sweetens & opens viscosity,  
may increase y<sup>e</sup> dose.

Dr. Hoffman for my Cough 1725

An Emulsion

2 Drams of Gum Arabicke dissolved in a pint of barley water  
in 16 Drams of sweet Almonds, beat fine, make a white  
milk, strain it, & sweeten it with a Spoonfull of Syrup  
of Tolu or the 5 opening roots, take cup main a day

Take sal pruned 1 Dram & 1/2, Sperma Ceti 1/2 a dram loaf  
Sugar 2 Drams, mix ym. & make a powder, take a Tea Spoonfull  
with a Cup of the Emulsion once in 4 hours

Take red popy a scabious water of each 2 oz, compound Talc  
& piony water of each 6 drams, 1 oz of Syrup of popy or  
Balsam of Tolu to y<sup>e</sup> last, Balsam of Cinamon, & milke water 2  
ounces, pearle & Garkins powder of each 40 Grains, make a  
cordial mixture to take 3 or 4 Spoonfulls when faint,  
linseed oyle, expectoration must be promoted

The pills to take 4 or 5 twice a day

Take flower of Brimston 1/2 an ounce, pilepides  
prepared, & Sperma Ceti of each 2 scruples,  
castle Soap 1 Scruple, Syrup of Tolu as much as will make  
y<sup>e</sup> into pills, very moderate ones, 3 or 4 each 3 or 4 times  
if these remedies doe not see, the fig pectoral drink  
with Linseed, to which add Lemon to y<sup>e</sup> last,

For a Hooping Cough

Let Blood, take Hartshorn drops in Water 2 or 3 times a day  
A Syrup made of y<sup>e</sup> expressed juice of Mellepions or Hogben  
drown in white wine is given by Spoonfulls will infallibly  
cure Childrens Convulsions or Chin Cough.

If these remedies does not cure must change y<sup>e</sup> Air



The paly Water

Take lavender flowers strip from y<sup>e</sup> stalks 1 Gallon  
 put ym in a large Gallon bladder, pour on ym as much of y<sup>e</sup>  
 best spirit of wine as will cover ym, & good Ham,  
 stop ym close with a bladder & paper, & weeks, & nothing  
 breath out ~~it~~ let it in a sunny Window or warm place  
 Then take y<sup>e</sup> flowers of sage, Rosemary, Betony, Burage  
 Longloffe, Lily valy, Cowslip, of each a handfull, steep  
 these in as much spirit of sacke or Ham as will cover  
 ym, every one in y<sup>e</sup> season, till all may be had close  
 covered, & manth, 1 handfull,  
 y<sup>e</sup> take Balm, Motherwort, Bay leaves, Spike flowers  
 Orange tree leaves & flowers, of each 1 ounce, cut  
 ym small & put ym in y<sup>e</sup> spirit, let all steep 6 weeks  
 y<sup>e</sup> still ym altogether in a Limbecke with hartswood  
 you may use 2 Gallons of spirits to y<sup>e</sup> quantity, Ham  
 is much cheaper,  
 Therput to this distilled water, citron peels cardamoms  
 Maley Cubets, Anamom, Nutmegs, piony seeds, yellow  
 Saunders, of each 1/2 an ounce, Lignum Alois 1 Dram  
 all powdered, Symples pers & good 1/2 a pound stamped &  
 threaded small, let all be put in y<sup>e</sup> water in a wide  
 mouthed flake, stop it close with a bladder & leather  
 let ym infuse 6 weeks, y<sup>e</sup> strain it hard, as dry as  
 possibly you can, y<sup>e</sup> philtre y<sup>e</sup> liquor thro a ~~small~~  
 paper at fast as you can, y<sup>e</sup> spirits lose not, mix  
 y<sup>e</sup> paper with fine thread y<sup>e</sup> weight of y<sup>e</sup> liquor  
 doe not burst it,  
 Then take Smaragd 2 Drams, Ambergreene 1 scruple  
 muske & Saffron of each 1 scruple, Red Roses dyed  
 red & bruyed & yellow Saunders of each 1/2 an ounce  
 Red Saunders, clove, pebble 1 Dram, all these must  
 be powdered & mixt, & blowed in a sarnet bag y<sup>e</sup> nothing  
 get out, let it hang in y<sup>e</sup> flake close stop 6 months  
 y<sup>e</sup> bottle it in small bottles for use close stop

note out of 6 Gallons of sacke, you may have 2 quart of spirits  
 it must be as strong, as if you let a spoonfull on fire it will  
 burn all away.

The Vertues

It is exceeding good in all woundings, weaknes of y<sup>e</sup>  
 heart, decay of the spirits, Apoplexy, palyes, falling  
 sicknes, pains in y<sup>e</sup> joints coming of colds or humors,  
 Cold heumes, falling on any part,  
 it comforteth y<sup>e</sup> Animal vital & naturall spirits, it  
 strengthneth y<sup>e</sup> memory, restorcth lost appetite, &  
 helpeth all weaknes of y<sup>e</sup> stomacke, lost speech or hearing  
 It is good for vapours, Colicks, & all diseases where Hot  
 things are needful  
 Give from 4 to 20 drops to man or woman in fine sugar  
 or crams of bread, or in any liquor, to a child 2 drops  
 15 or 18 enough in most cases, but may take 1/2 a spoonfull  
 3 dayes together morning & evening,  
 For cold Stiches & Rheums both y<sup>e</sup> part & take it inwardly  
 a palyes,  
 Rub y<sup>e</sup> Temples & nostrils to comfort y<sup>e</sup> brain  
 note you may draw 2 quart strong enough for y<sup>e</sup> infusion  
 & after draw of y<sup>e</sup> rest for a very good Cordiall in y<sup>e</sup> case  
 aforesaid, but nothing so powerfull,  
 put some fresh Herbs to y<sup>e</sup> ingredients, & what quantity  
 of Comon spirits you thinke fit, & still ym over again, for  
 a good water for y<sup>e</sup> poore.

The Lady Hewitts Water,

Take Red Sage, Betony, Nysop, Setroot, Time, Pain, penicill  
Tanicle, Clelandine, water Croffes, Hearts ease, Lavender, anicle  
Germander, Calamint, Tamaris, Colts foot, Ravens, valerian  
Yellow Sage, pimpernel, vervain, parsley, Rosemary, Savory,  
Scabious, pelitory of a Wall, wild Marjorum, Roman worm-  
wood, Cardus benedictus, mother of Time, fennel, Dashes,  
roots leaves & flowers of each of these hearts pick clean  
from their stalks & handfull.

blue, maidenhair, Comfrey, sweetmaijezum, camomile  
plantain, of each a hand, before y<sup>e</sup> are picked,  
gromwelly & cowslip flowers of each 4 a pecke,  
flowers ~~of each~~ a qu. of a pecke,

Sprijels, pepes Ginger cloves, trace cinamon of each 2 Drams  
Aniseeds, Licopodium roots dried, helidol flowers, Calomel  
Aromaticus, Cardumms, Ciguant Aloes, Rensart filed thin  
Galengale, veronica, 2 Calory, Cubets, grains of each 2 Drams  
Sprijels kerys 1 Dram, Aromatic cam Rotavin 3 Drams, Sassafras  
Shells & an ounce, Hartsthorn 2 ounces, wash y<sup>e</sup> hearts & bring  
ym in a clef till y<sup>e</sup> are well drained, y<sup>e</sup> lay y<sup>e</sup> thin on a table  
to dry, throwe ym thall & put ym in an earthen pot, put to y<sup>e</sup> as  
much they likee as will cover y<sup>e</sup> hearts, let ym steep 24  
houers, y<sup>e</sup> put ym in y<sup>e</sup> limbecke, y<sup>e</sup> spices dryed & beat in y<sup>e</sup>  
mille of y<sup>e</sup> hearts, form y<sup>e</sup> quantity draw 3 pint of water  
which if you mix will be strong enough, if you would have  
it smaller draw a pint more.

note some put  
30 lbs a quart of cordial put of quantity of cordial following  
20 lbs seafoam is grains, muske 12 grains, Ambercees 10, flowers of  
20 lbs, red, 1 dram, <sup>top</sup> pearls 1 dram, 1/2 amber & 1 dram white sugar  
2 drams candy & a po. leaf gold & leaves, shake these powder in  
rich water once a day for 14 days if longer you keep it & better

The virtues

The virtues  
It is a very great comfort & restores off y<sup>e</sup> spirits given in heavens  
Small p<sup>r</sup>s. paintings, hard labors & where great evils are needed  
2 or 3 p<sup>r</sup>s will bring to life y<sup>e</sup> lost spirits, it is a good evil w<sup>ch</sup> is  
y<sup>e</sup> powder, but not so effectual in desperate cases where high evils  
are necessary.

but on fresh lights of y<sup>e</sup> same sort to y<sup>e</sup> ingredients & common spirits still  
or will make a good water for y<sup>e</sup> post. may draw off more of y<sup>e</sup> first & keep it for use

Take Red Sage, Helandine, Kosmary, wormwood, Rola folij, Maspot  
pimpernel, Dragons, Scabious, Eupenony, Featherfist, Balm, Tormentil,  
Carul, & Red flowers & leaves, Centaury flowers & leaves, nigella  
root & flowers & leaves, 1/2 Sparrow flowers & leaves, marigold flowers,  
Sorb, Elecompara, Angelica, Rue, of each of these 1 pound.  
Roots of Angelica, piony, Biter butt, Tormentil, Gentian, Indian make  
sections, of each 2 ounces,

2dory. Scortchery, 1/2 lb, of each 2 ounces,  
Aniseed seed, & citron seed, of each 2 ounces.

brake of hearts like y<sup>e</sup> roots & brim of seeds, mingle altogether  
 & put ym in a large earthen vessel or then pot, & put y<sup>e</sup> 1<sup>st</sup> 1<sup>st</sup>  
 quart of strong sake or white wine & 6 or 8 quarts of brandy  
 put not y<sup>e</sup> brandy in till you will & let it stand in a warm  
 place, & put it in y<sup>e</sup> limbeck or cold still, with some water, so  
 does it from burning, & a proportion of y<sup>e</sup> brandy for it  
 will be 2 or 3 limbeck full, all y<sup>e</sup> are in y<sup>e</sup> vessel, put some  
 twigs of y<sup>e</sup> bottom of y<sup>e</sup> limbeck to keep the hearts ym from  
 so y<sup>e</sup> bottom, save every bottle by it left, than it kill it very  
 small & begins to turn brown, next day mix y<sup>e</sup> to what still  
 it is, & may have 16 or 17 quarts of good water

you like. You may have 16 or 17 quarts of good water.  
note it is best to put in but  $\frac{1}{2}$  y. quart & 4 y. Run not more &  
any one of are 10 or 14 quarts, note it is best as you have 2, 3 or 10 quarts  
of water to put in at a time 3 or 4 quarts of warm water, it will still keep  
the water the very best.

is good, to move any matter from y<sup>e</sup> stomach, to cause sweat,  
to comfort y<sup>e</sup> spirits, Convolutions, mother tetter, & vapours, women  
in labour, & childbed, swetness, y<sup>e</sup> plague or any infectious  
is an excellent.

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then you have fished off best, take y<sup>e</sup> remainder of y<sup>e</sup> hearts out

then you have killed off y<sup>e</sup> best, take y<sup>e</sup> remainder of y<sup>e</sup> fowls put  
if you want y<sup>e</sup> Embels, & put to y<sup>e</sup> Hoste Radish mint Balm monachus Ruspens  
the Heart of y<sup>e</sup> Heale y<sup>e</sup> heart left, or mingle y<sup>e</sup> with y<sup>e</sup> oil killed incorrupt  
fowls.

[illegible]

Wife, if it is a very good water for y<sup>e</sup> poor, & to make y<sup>e</sup> peake Cocolall  
Bottle, if you will not be at y<sup>e</sup> charge of wine take 14 oz of hog & s  
more & ...



## An Excellent Surfet Water

Take 1 Gallon of Brandy, & put it in a glasse or pot, & will hold 6 quart, & take 1 pint of Damaske Rose water, mix it to a po of White Sugar Candy beaten, let it stand a day or 2 & put in of Brandy, & a pint of Red Ropy water, & take a quart of Raisins of Sun Stones, a quart of a po of Bales Stones, & quarter, & take 1 ounce of cloves, a quart of an qu of Mace & an qu of Nutmeg sliced, 100 of Aniseeds made very clean, but not bruised, & 1 stick of Licorish sliced, let these stand 3 days, to infuse close covered, & once a day stirred well together, 4 days before you strain it out, put in 3 hand of Red poppy leaves & couler it, 5 or 6 drops of Balm of i of Aniseeds, & a quart of a peck of Clove Gelyflower cut & sifted, when it has stood 3 days, strain it out thro a clean sieve, let it stand 70 hile & an hore & bottle it

## The Vertues

It is good for a surfet, or anything it offends y<sup>e</sup> stomache, carry it off by vomit or stool, it is good to stop vomiting, & in loosnelle to comfort y<sup>e</sup> stomache & chary of y<sup>e</sup> humour, for women in labour, Give 4 or 5 Spoonfulls to man or woman, & to a child if very young make it smaller with a little fair water

Take y<sup>e</sup> ingredients you strain out, & put to y<sup>m</sup> an ounce of Aniseeds, & a pint of White Wine, a good Handfull of Rosemary, & a hand of Sweet Marjoram, let y<sup>m</sup> soak a day & night with a pint of Balm water, stir y<sup>m</sup> together, & put a quart of Brandy or spirit to y<sup>m</sup>, still it & mix y<sup>e</sup> waters to y<sup>e</sup> our mind.

This is a fine water & good to comfort y<sup>e</sup> stomache & chary y<sup>e</sup> spirit, in hard labour, or the leucoly not so proper in subjects at y<sup>e</sup> former

## St Stephens Water,

Take Ginger, Galingale, Cinamon, Nutmeg, Cardamom, Grains of paradise, cloves, Aniseeds, fennel seeds, Caraway seeds, of each 2 ounces, Take Sage mint, Red roses, pelitory of y<sup>e</sup> Wall, Rosemary, Tyme, wild Time, Camomill, Marjorum, Lavender, of each a little Handfull, beat y<sup>e</sup> spices fine, bruise y<sup>e</sup> hearts mal, put all into a Gallon of good wheke, let y<sup>m</sup> stand 30 days close covered, shake y<sup>m</sup> 100 times, & still it in a limbeck, keep y<sup>e</sup> bottle by y<sup>e</sup> selfe, y<sup>e</sup> is not quite so good, y<sup>e</sup> 3<sup>d</sup> weake keep y<sup>m</sup> all separate for use,

## The Vertues

It comforts y<sup>e</sup> spirits, helps cold diseases, old Coughs, women in travail, dropsy, worms, give 3 Spoonfulls of y<sup>e</sup> best at any time, the weakest & 90 children

## St Hayes Cinamon Water,

Take 4 a pound of cinamon, put it in a glasse body, put to it 3 pints of Brandy, as much Rose water, let it stand 24 hores at least, y<sup>m</sup> draw it as long as it will run good, y<sup>e</sup> is strongest y<sup>e</sup> heat strongest of y<sup>e</sup> cinamon

## The Vertues,

It is very strengthening, comforts y<sup>e</sup> spirits, very good to stop fluxes, & all evacuations, & give 2 or 3 Spoonfulls of y<sup>e</sup> strong or small as you see occasion, stops vomiting gratefull to a weak stomack, it is often mixt in pearle cordial, gives it a fragraney, does very well in any other water.

note if you still in Balneo Maria, as the fair water masts, fill y<sup>e</sup> limbecke at y<sup>e</sup> hole with warm water, which will make you have more water, & still it Quicker, then when the water is low, To still in Balneo Maria is a long labor, is made to put on the top of the limbecke, & fill it with y<sup>e</sup> goodliest & y<sup>e</sup> most kindly or spirit when you want y<sup>e</sup> is too bad for the limbecke, & the fair limbecke with many & y<sup>e</sup> 3<sup>d</sup> bottle again, put in warm water to keep it up, this is a kind way of stilling, & you may draw as much water as will run y<sup>e</sup> masts

## Lady Hobart's Black Cherry Water

Take 4 po of black cherys, bruse y<sup>e</sup> Stones & all, put y<sup>e</sup> in a Gallon of White wine, with an ounce of Cinnamon as much nutmeg, brused a small handful of Rosemary as much sweet Marjoram, 2 handfulls of Balm, of Rosemary violet borage & buglose flowers of each to a hand, 1 lb y<sup>e</sup> close lye, y<sup>e</sup> infuse 24 hours, still y<sup>e</sup> in a Limbeck. Well luted add Lily valley, Cowslip flower & Marum to a handfull.

## The vertues

It is excellent in convulsion fits, & Dysentie, & all diseases of y<sup>e</sup> head.  
3 or 4 Spoonfulls to man or woman,  
To young children a Spoonfull every 3 or 4 hours, or at any time when y<sup>e</sup> are troubled with wind, Sweetned with Syrup of piony.

## To make a Poppy Water for Surfet

Take a pecke of scarlet popys, picked & sifted in a Stone, pot, or Glaske, cover y<sup>e</sup> over with Rye, put in a handfull of Rosemary, 4 nutmegs quartered, a qu of a pound of pitch redde, stop it close & let it stand 3 dayes infusing, y<sup>e</sup> still it in a Limbeck.

It is a very good surfet water for poor people & so is

## To make Stoutons Slicer

Take 1 dram & 1/2 of Cardamoms seed brused, 2 ounces of Gentian the Bark taken of 8 thin sliced, the peel of 6 oranges, pared very thin, no white, 2 dram & 1/2 of Scathan called finely powdered, 1 dram & 1/2 of Indian make root, 1/2 lb of Ramny, Infuse these 8 dayes in a quart of brandy, y<sup>e</sup> decant it fine, you may put a quart of Rileed water to the ingredients, & make a small bott afterwards.

## To make Orange Water

Take your right Citrell oranges pare y<sup>e</sup> more thin y<sup>e</sup> no white agents, to a botten pail put a qu of Roke & a pint of brandy, infuse y<sup>e</sup> in y<sup>e</sup> brandy 24 hours, y<sup>e</sup> put y<sup>e</sup> in y<sup>e</sup> still or Limbeck, put in some water to prevent y<sup>e</sup> still from burning, & a few small sticks a cross, to keep y<sup>e</sup> peel holm draw off y<sup>e</sup> water by y<sup>e</sup> selves, y<sup>e</sup> mix y<sup>e</sup> to what strength you like.  
Take as much Sygar as you think will sweeten it, boyle it with some of your small water, & sweeten y<sup>e</sup> rest to y<sup>e</sup> taste, when it is cold, bottle it & keep it for use.  
It is good for y<sup>e</sup> Colick or Wind, & to warm & comfort y<sup>e</sup> Stomacke.

## To make the Lime Water

Take a po & 1/2 of unslacked lime hot out of y<sup>e</sup> kiln, put it in a pail, a Gallon of water, cover it close 4 dayes without stirring, y<sup>e</sup> pour off y<sup>e</sup> water, & to a Gallon take an ounce of Cassia, 2 oz of Licorish, 2 oz of Sarsaparilla, a qu of a po of Raisins Stones, let these infuse cold for 3 dayes, & drinke of it a qu of a pint, twice or 3 times a day.  
To make it smoother & cooler, take 2 an ou of melon seed, you may add 1/2 qu of candied Citronge roots, beat y<sup>e</sup> well in a mortar with a Spoonfull of y<sup>e</sup> water, y<sup>e</sup> mix it well with 3 qu of a pint of water, & drinke it at 3 times, doe it fresh every day to a child the quantity.

## The vertues

It is heating & drying good in Dropsys, & consumptions where y<sup>e</sup> are not keetick, Kings evil & rasy breakings out, sore legs or wounds y<sup>e</sup> will not heal.  
It is good to dip clothe in y<sup>e</sup> water & lay on y<sup>e</sup> Leggs as well as take it inwardly, for wounds & sores.



*Aqua mirabilis*

Take of Cuscuta caroliniana, Galingale, Mace, Nutmeg  
Ginger of each 2 drams, Nettle flower, & Rosemary  
flowers, of each 1 handfull, of Orange & Lemongrass  
cloves & Eliompana of each 1 Dram, beat all these  
to a grosse powder, & put to y<sup>m</sup> 1 qn of White wine  
1 pint of Juice of Celendine, & a qn of Brandie  
y<sup>m</sup> stand 24 hours, y<sup>e</sup> still y<sup>m</sup> in a Limbeck or  
cold still will stop, save y<sup>e</sup> waters by y<sup>m</sup> selves,  
& mix y<sup>m</sup> to your mind.

Take as much fine sugar as you think will sweeten  
it & boyle it with a little of y<sup>e</sup> smallest water  
scum it & when it is cold put in enough to sweeten  
it, & bottle it, hang in a little Saffron in a  
bag to colour it, & if you like it perfumed a  
grain of amber greece ground with a little hard sugar  
you may have 2 qn of water.

*The vertues*

It is good for a Consumption or any disease in  
y<sup>e</sup> Lungs.  
It cleareth & increaseth blood it is good for  
heart burning, sickness of y<sup>e</sup> Stomack fainting  
or bounding, & such as are troubled with flatulency  
it helpeth deafnesse caused by wind, it humours  
from y<sup>e</sup> spleen or Stomack, it is excellent in  
melancholy & trembling of y<sup>e</sup> heart.

Take 4 or 5 Spoonfulls in a morning fasting for  
most of y<sup>e</sup> above diseases,  
for fainting at any time.

To Cause Appetite an hour before dinner

good against y<sup>e</sup> palsy cools y<sup>e</sup> liver  
takes away heat & flushing in y<sup>e</sup> face 2 Spoonfulls  
once or thrice a weeke in summer, 3 Spoonfulls in  
winter.

*Fever Water*

Take a quart of small spirit of Cardus, & a qn of small spirit of  
poppys, infuse in y<sup>e</sup> bodines of Indian make root, 2 bunnies  
of y<sup>e</sup> best long Treacle 2 bunnies of Hartshorn, 20 green  
Walnuts, sliced, 4 ounces of Marygold flowers, let y<sup>e</sup> steep  
8 or 10 days close covered, stirring y<sup>e</sup> every day, still  
it in an ordinary still as long as it will drop without  
being lower, mix y<sup>m</sup> next day & keep it for use.

To make spirit of Cardus, or poppys  
fill y<sup>e</sup> Limbeck with strong Ale, & cut Cardus as much  
as will make it very thicke, or poppys, still it & save  
y<sup>e</sup> waters by it selfe, mix it as strong as sacke  
& use it.

*The vertues*

It cures a Feagrus by Gods blessing in 3 times taking  
it is good in y<sup>e</sup> small pox or measles or any other in-  
fectious disease.

It drives away any infectious matter or sickness  
from y<sup>e</sup> heart & vitall  
give 5 Spoonfulls at a time to man or woman & to  
a child  
the party being in bed & fasting 2 hours before  
& after,  
it may be taken once in 4 or 6 hours as y<sup>e</sup> party  
is indisposed.

The best way To drink mint, <sup>Repe</sup> tened periorior dragons  
father y<sup>e</sup> Heart, & pick y<sup>e</sup> pul, to a quart of molasses wine  
& 3 quarts of water, steep it over night & still it in y<sup>e</sup> morning  
mint water good to comfort y<sup>e</sup> Stomack, & stop vomiting  
periorior in colicks, convulsions, & obstructions, & wine,  
tened for stuffing, short breath, & wind, opening  
have Colick, & to drive out infection, & fits.  
Dragons to comfort y<sup>e</sup> Stomack, provoke sweat, & drive  
out infection.

(150)

## To make a Cordial Milk Water

Take a handfull of Cardus, 2 of Wormwood, 2 of Balm  
2 of Mint, put to it a Gallon of milke, & still it in  
a Limbecke, mix y<sup>e</sup> waters, it will keep all y<sup>e</sup> year  
Set your bottles in a cold still one any Reas  
covered on y<sup>e</sup> top with a linding, so still y<sup>e</sup>  
it is called double liding, when y<sup>e</sup> still is cold take y<sup>e</sup>  
bottle out not before least y<sup>e</sup> break.

The Vertues  
It is good in feavours, sweetned with sugar, or any lump  
it quenche thurst, helps digestion, good at any time  
to drinke a glasse if you are indisposed,  
proper to mingle with any water to make it sweeter  
to make y<sup>e</sup> pease cordial see p. 152  
it is best to still it in water, a po of mint, a po of balm a po  
of Cardus 3 qn of a po of Wormwood.

## To make Barly Water.

Take pease or French Barly, boyle it in 5 several  
waters, save y<sup>e</sup> last, it is good to alay thurst, cool  
in feavours, & make several medicines.

## To Townshends Aniseed Water

Take 1 lb of Raisins of y<sup>e</sup> Sun, stoned, 1 po of figs  
rubed & cut in slices, 1 po of Licorish scraped &  
cut long wayes in thin slices, 3 qn of a po  
of Aniseeds, put all these things in a Stone  
pot with a narrow mouth, put to ym 2 Gallons  
of good canary sacke, stop y<sup>e</sup> pot close, & let  
it stand 2 dayes, y<sup>e</sup> still it in a Limbecke, draw  
but one Gallon of y<sup>e</sup> To mix.

spirit of Elder berries for a droply  
Take 2 a bushell of berries full ripe, bruse y<sup>e</sup> m in a Stone  
mortar, when y<sup>e</sup> are brused put ym in a pot to steame for y<sup>e</sup>  
because y<sup>e</sup> will worke up, y<sup>e</sup> put to ym a pint of Ale yeast  
to stir ym well together, cover ym close, let ym in a couple  
of dayes, it is y<sup>e</sup> open a day, for 8 dayes, or 10, y<sup>e</sup> still ym in a  
Limbecke, mix y<sup>e</sup> waters not too small  
Take a linge glasse in a morning & at 4 in y<sup>e</sup> Afternoon

## To make the Great Snake Water

(151)

Take a peck of garden Snakes, wash ym in beare & roast ym in  
a great shovell over a charcole fire, y<sup>e</sup> bruse ym in a mortar  
Take 1 quart of earth worms, still ym in y<sup>e</sup> mill & take out y<sup>e</sup>  
guts, wash ym in beare & salt & bruse ym in a mortar, y<sup>e</sup> lay 2  
good handfulls of Anjelico in a pot, y<sup>e</sup> y<sup>e</sup> snakes & worms, y<sup>e</sup>  
Jelandine Caremay, heartfoot, red hogke roots, Baghe of  
hogferry tree, good sorrell, & hestony, of each 2 handfulls, 1 qn  
of hestony flowers, 1 small handfull of Rue, 1 couple of fenic  
grecke, 1 of Tunmericke, 1 dram of Saffron powdered, put to  
all these 5 Gallons of Ale, let it stand a day close stoped,  
y<sup>e</sup> put in cloves & an ounce, hartshorn 6 ounces, still it in  
a Limbecke

Drinke a wine glass in a morning & at 4 in y<sup>e</sup> afternoon  
The vertues  
It is good for y<sup>e</sup> yellow or black jaundies, or Consumption,  
when y<sup>e</sup> are not heetical see p. 6

## An Excellent Snake Water

Take Cardus, headon sweet Rue, hartstounge, scabious, red  
rose leaves, sweet marjorum, Rosemary, Monie ear, penny  
Royal, spear mint, & Ale Noote, of each 1 handfull, 2 quarts  
of milke, 3 pints of Snakes run upon hearts till y<sup>e</sup> are clean  
bruse ym in a miller, shells & all, mix ym with y<sup>e</sup> hearts  
y<sup>e</sup> still ym in a cold still, put to ym a quart of malego  
sacke, & 2 a pint of earth worms gutted & washed clean,  
mix all together, & still ym

Take a qn of a pint sweetned with any proper lump  
or luge in a morning fasting warm, & at night going  
to bed, if too cold for your stomacke add a spoonfull of  
plauge water

The vertues  
It is excellent in a cough, consumption, wasting,  
hecticke feavours, or heat of y<sup>e</sup> liver,



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## To make Lily Valey Water

Take a pecke of y<sup>e</sup> Flowers, & put to it 2 quart of brandy or as much as will cover ym, still ym in a limbeck, when it have infused in a vessel close covered 24 hours, when you have drawn it still y<sup>e</sup> water begins to turn some take out y<sup>e</sup> remainder, & put in as many fresh flowers as y<sup>e</sup> water will cover, & still it again, so doe a 3<sup>d</sup> time if you can.

It is excellent for vapours & convulsion fits, & sups.

## The pearle Cordial

Take a pint of milke, water & 3 spoonfulls of plauge water, & 1/2 a dram of powder of pearle, sweeten it with suger to your tast.

To y<sup>e</sup> poor put in powder of crabs clams which is as good.

## The plauge Water

Take 4 po of stone horse dung, leaves of Cardus, Taticus, & pimpernell, of each 3 handfulls, cut y<sup>e</sup> heads & mix ym with y<sup>e</sup> dung, put to ym 3 quart of milke & still ym in a cold still, give 6 or 8 spoonfulls warm every 8 or 6 hours, it is good in bruis, falls, short breath, & to provoke urine & rheumatisme.

## To make spirit of Clove trees

Instead of barly Cinamon & as good.  
Take 2 drams of Cinamon powdered, pinch & 1/2 a pint of boyling water & pour on it, let it stand till it is cold y<sup>e</sup> strain it for your use.

## The burnt Hawthorn Drink

Take an ounce of burnt Hawthorn, boyle it with a Hieke of Cinamon in 3 pints of water to a quart, strain it, & keep it for use.

A Good Water for y<sup>e</sup> face

(153)

Take 3 spoonfulls of French barly, boyle it in 2 waters & take it out, y<sup>e</sup> water is out & boyle y<sup>e</sup> barly in 5 pints of spring water till one pint is consumed, pour y<sup>e</sup> water from y<sup>e</sup> barly, & let it cool, ym take a qu of a po of bitter Almonds blanched in cold water, ym beat ym well with some of y<sup>e</sup> barly, ym mingle altogether & strain it out, & bottle it, to every qu of water put a quarter of a po of salt peter, beaten as fine as flower, shake it & an hour together, at y<sup>e</sup> 1<sup>st</sup> making with y<sup>e</sup> mouth of y<sup>e</sup> bottle down wards, 4 or 5 times a day for a weeke together & at every time you use it, when it is white at top & clear at y<sup>e</sup> bottom it is right.  
For a red or pimpled face take double y<sup>e</sup> quantity of salt peter.

p<sup>r</sup> Chamber's Excellent Water

Take 3 Gallons of the best Clare wine, Ginger, Cinamon, Cloves & Nutmegs, of each 3 drams. Aniseeds, fennel seeds, Caraway seeds of each 3 drams. Galangale 3 drams, Red Rose leaves 3 Handfulls, grains of paradise 3 drags. Sage, mint, Time lavender, Camomile, pelitory of y<sup>e</sup> Wall, Rosemary, wild Time of each 3 Handfulls.  
Bruise y<sup>e</sup> spice & seeds small, thread y<sup>e</sup> heads, y<sup>e</sup> put y<sup>e</sup> all into y<sup>e</sup> wine, & let ym stand 12 hours, close covered, shaking ym often, ym still ym in a limbeck, keep y<sup>e</sup> first water by it selfe for Elder people, y<sup>e</sup> small for younger.  
Drinke 4 Sacks flake in a morning.

It is good for y<sup>e</sup> Shaking palsy, for worms, for y<sup>e</sup> stone in y<sup>e</sup> bladder, y<sup>e</sup> Dropsy, y<sup>e</sup> Windy breath, tooth ache, comforteth y<sup>e</sup> stomacke, cleareth y<sup>e</sup> Reynes, it comforteth y<sup>e</sup> vital spirits & all diseases that comes of Cold.

If it steep 24 hours it will be better, have 3 pints of y<sup>e</sup> first by it selfe, & steep 3 grains of ambergreece in it.  
It has cured in cold Causers, when given over by y<sup>e</sup> physicians, it must not be taken often.

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## To make Aqua de Cedro

Take lemons, cut ym in quarters, y<sup>e</sup> long way pull out y<sup>e</sup> Stones & pike out carefully y<sup>e</sup> meat & put into a bason, let none of y<sup>e</sup> skins, y<sup>e</sup> divide y<sup>e</sup> meat fall into it, y<sup>e</sup> strain it very hard, y<sup>e</sup> take 6 oz of sugar & 4 ounces of water, set it on a fire & when you have well leamed it put in your meat & when it is a strong strong warm brown colour & put it in, stir it well together & pot it, if it is well made it will keep 7 years.

put a po of sugar to 6 lemons, when you use it take a glass of water & put in as much as will make it pleasant to your taste.

## To brew spirits of Any Hearts

Beef y<sup>e</sup> red, y<sup>e</sup> put ym in a glass, with some yeast, let it stand til it has got a strong head like vinages, til it in a limbeck, as long as you find any heat, Reddist it again, til you have got y<sup>e</sup> perfect spirit.

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## For fainting Fits not known

Take Black Chery water 6 ounces, Rue water, 3 ounces compound piony water, & Briony water of each ounce & half, Tincture of Castes a qt of an ounce, Turp of piony 6 ounces, mix ym well & take 6 Spoonfulls every 6 hours in fainting.

For

A good Surfeit Water, & proper for y<sup>e</sup> Gripes

Take a gallon of Brandy, & put as many Poppy leaves gathered before quite blown, as you can thrust hand down in it, cover it close, & stir them w<sup>th</sup> a stick well, from y<sup>e</sup> Bottom every day, & let it stand ten days, then let it run thro a Jelly Bag, not squeeze it but let it drop, then put it into quart Bottles, & to every Bottle put half an ounce of Mithridate, & as much Diaphoreticum, mixing it first w<sup>th</sup> a little liquor, before you put it into y<sup>e</sup> Bottle, & shake it w<sup>th</sup> you drink it.

3 or 4 Spoonfulls at a time is enough, a child 2, w<sup>th</sup> a little water.



## Syrup of Dove Gely Flowers

Take 2 a po of Gely flowers cut from y<sup>e</sup> Whites bruise y<sup>e</sup> in a  
a mortar & put to y<sup>m</sup> a pint of water scalding hot, so let y<sup>e</sup>  
stand all night, y<sup>e</sup> pour of y<sup>e</sup> liquor & take y<sup>e</sup> same quantity  
of fresh flowers, heat your liquor scalding hot & put y<sup>e</sup> to  
y<sup>e</sup> flowers, let it stand a day, y<sup>e</sup> pour of your liquor, &  
to every pint of clear liquor put 2 po of double refined  
suger, boyle it to y<sup>e</sup> thicknesse of a Syrup, when it is  
cold boyle it before you set it on y<sup>e</sup> fire put in a few  
drops of spirit of vitriol, or a little Juice of lemon  
to keep y<sup>e</sup> Colours,  
It is a good Cordial Syrup, comforte the heart, & cheere  
y<sup>e</sup> spirits, it is proper to sweeten any Cordial water, or  
in a glasse of sacke or white wine is a good Cordial of y<sup>e</sup>  
Selfe

## Syrup of Wood sorrell

Take wood sorrell Stamp & Strain it & set it on y<sup>e</sup> fire to  
clarifye, Scum it & pour of y<sup>e</sup> clear, & to a pint of Juice  
put in a po of suger, boyle it to a Syrup.  
It is cooling & refreshing in feavours or any cholerick  
distemper.

## Syrup of pipens

Take y<sup>e</sup> pipens & slice y<sup>m</sup> thin, y<sup>e</sup> lay some sifted double  
refined suger in a basin, & a row of y<sup>e</sup> sliced pipens, to  
doe till you have put in 20 pipens, save y<sup>e</sup> liquor  
comes from y<sup>m</sup> in a glasse, it will not keep above a month  
it is an excellent thing for a cough, pleasant smoth  
& healing y<sup>e</sup> sorenesse of y<sup>e</sup> stomacke.

## Syrup of Turneps

make it y<sup>e</sup> same way, it opening, good for stuffing  
of y<sup>e</sup> lungs, short breath, consumption & much more  
affections y<sup>e</sup> former  
Take 2 spoonfulls in a morn<sup>g</sup> & at night going to bed &  
at any time when y<sup>e</sup> cough is troublesome

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## To make Surup of Violets

Take 4 Spoonfulls of pickt violets, 16 large Spoonfulls of water, Bruise y<sup>e</sup> violets, & boyle y<sup>e</sup> water & put to y<sup>m</sup>, cover y<sup>m</sup> close, next day strain it out & put 2 lb of double refined Sugar to it finely beaten, stir it over y<sup>e</sup> fire till it is well melted, & bottle it, it is a fine cooling opening Surup, chiefly proper for children, in feavours & coughs, & when y<sup>e</sup> are gript or bound, for Heeticke persons 2 spoonfulls in a Glasse of fair water, a pleasant refreshing drinke & loosens y<sup>e</sup> body.

## Surup of Elderberys

Take a quantity of Elderberys Strip from y<sup>e</sup> stalks & full ripe, put y<sup>m</sup> over y<sup>e</sup> fire in a skillett, let y<sup>m</sup> boyle stirring y<sup>m</sup> with a ladle all y<sup>e</sup> time, when y<sup>e</sup> Juice is come from y<sup>e</sup> skins & Stones, take it off, strain it thro a sieve, strain it let it stand to settle y<sup>e</sup> to a pint of y<sup>e</sup> liquor take 2 lb of double refined Sugar, stir it over y<sup>e</sup> fire till it is melted, when it is cold bottle it, Seame it well, it is good for sore Throats, & coughs & Droppys & to mix up any medicine Take a Spoonfull at a time it heals any sorethel in y<sup>e</sup> Stomacke.

For a Droppys 2 spoonfulls in any proper liquor

## Surup of Mulberys

It is made y<sup>e</sup> same way, good for a sore throat cooling & pleasant.

## Surup of Cowslips

it is made as Surup of clove Gillyflowers p. 157 give 2 Spoonfulls in poppy water to make one sleep

## Surup of poppy

is made y<sup>e</sup> same way.

## To make Surup of Tolu, vide page 161

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Take an ounce of Tolu, boyle it in a pint of barley water till it is wasted, strain it & put to it as much Sugar as will make it a thicke Surup, it is excellent in coughs, a Spoonfull at a time, at bed time, you may mix it with Surup of poppy, See p. 161 The Balsam y<sup>e</sup> does not dissolve is good to burn

## To make Surup of Steel

Take 2 ounces of good powder of Steel put it in a quart of white Wine in a Glasse bottle, shake it every day for 3 weeks y<sup>e</sup> phleges it thro a brown paper onto a po of Sugar it is good to open obstructions, for y<sup>e</sup> spleen, poornesse of blood & where Steel is necessary,

Take 1 Spoonfull of y<sup>e</sup> Surup in 2 Spoonfulls of Whitewine or where Steel is necessary, or in y<sup>e</sup> first Glasse of Span or any other Steel water, where y<sup>e</sup> Steel water is too weak it quickens it

## To make Surup of Buckthorn

Gather y<sup>e</sup> Berys in September being full ripe, for 2 lb of Berys take Nutmegs & cinamon 3 drams of each, sliced, put y<sup>m</sup> in a pot close covered, & let y<sup>m</sup> in a skillett of water, let it boyle till y<sup>e</sup> are digested, let it stand till next day, y<sup>e</sup> presse y<sup>e</sup> strain out y<sup>e</sup> liquor, add to y<sup>e</sup> quantity 2 lb of 3 lb of Sugar boyle it to y<sup>e</sup> thicknesse of a Surup,

It is a very good purger of watry humours, works quicke & generally mixt with other purges, but by it selfe an excellent purge in most cases you may give from 2 Spoonfulls to 4 to man or woman

1 to a child

## To make Surup of Buckthorn

Braise y<sup>e</sup> leaves, put y<sup>m</sup> in a pot, & pour boiling water on y<sup>m</sup> in a pot, fast it close y<sup>m</sup>, let it stand 24 hours, y<sup>e</sup> strain it out, & to a pint of water a po of Sugar boyle it to a Surup



To Make the retentive Syrup for  
a Consumption, Excellent for a  
Cough & LL.

Take 2 q<sup>ts</sup> of Spring water, 3 hand of colts foot, 2 of maiden  
hair, 2 of upset Hytop, 2 of Burage leaves, 2 of Barnet leaves  
2 of Strawberry leaves, 2 of violet leaves, 2 of Elicompany  
roots, Scappa & Myx. boyle all these together in a new pipkin  
till half be wasted, strain it & to a pint of this liquor  
put 3 pound of double refined sugar, a little boylng will  
Take a large spoonful in a morning & at night going to bed

An Excellent Syrup for y<sup>e</sup> greatest Cough

Take Hytop, horehound & organs of each a large handfull  
then a quart of water, Elicompany roots, three thin large hand  
a good hand of Raisins stoned, 2 shits of Licorish root bruise  
a penworth of aniseeds powdered, Bruise y<sup>e</sup> hearts, y<sup>e</sup> p<sup>er</sup> y<sup>e</sup>  
k<sup>er</sup>ts & fruits at y<sup>e</sup> bottom of y<sup>e</sup> pipkin, put to it a pottle of water  
& y<sup>e</sup> hearts, cover it close & stop it with dough, let it only fire  
till it is ready to boyle, y<sup>e</sup> keep it steaming on embers 24 hours  
till y<sup>e</sup> liquor is wasted, strain it & to every quart, put a  
good pint of hony, let it boyle to a Syrup, take 6 or 7 Spoon  
fulls warm night & morning, first & last.

fill y<sup>e</sup> pipkin again with water & y<sup>e</sup> ingredients & add  
2 handfulls of barley, let it stea a day, y<sup>e</sup> strain it & mixen  
it with hony is good for y<sup>e</sup> Cough.

An Excellent Syrup for a Cough  
Especially in children. p. LL

Take of Syrup of violets, Juices & popys of each 1 ounce  
poppy water 3 oz, Aqua mirabilis & small Cinnamon water  
of each 1 dram, let all these be mingled together, take 2  
or 3 Spoonfulls 2 or 4 times a day, or when y<sup>e</sup> coughs  
at night going to bed to children  
grown persons may take more

The pleasant Syrup of Tolu. & the same (161)  
vertues as on y<sup>e</sup> other side

Take an ounce of baltam of Tolu. & a quart of water  
set it on a slow fire till halfe is wasted, pour it on  
one quart of Strawberys, let y<sup>m</sup> stand in it a fewes  
y<sup>e</sup> strain it from y<sup>m</sup> & put 2 pound of double refined  
sugar to it, y<sup>e</sup> boyle it to a Syrup. the Strawberys must  
be bruised, a pottle sugar will do it

The baltam y<sup>e</sup> does not dissolve it good to burn

To Make Syrup of Garlicke. No pith

Take 2 good heads of Garlicke, skin all the cloves, put  
y<sup>m</sup> in a quart of Raining water, boyle y<sup>m</sup> till very  
tender, suppose these will be 3 q<sup>ts</sup> of a pint of liquor,  
put to it one pound of double refined sugar, finely  
beaten, boyle it to a Syrup, keep it in a galy pot  
close & yet.

Take one Spoonfull of y<sup>e</sup> Syrup at night going to bed  
& eat a head of y<sup>e</sup> Garlicke sometimes,  
It is very good for shortness of breath, Tibicke &  
to open obstructions

A Syrup for an Asthma

Take Scabious, Hedge Mustard, Ground Ivy, Horehound  
Imalage, & Licorish of each 1 handfull, Bruise y<sup>m</sup> & put  
y<sup>m</sup> in a quart of cold water, let y<sup>m</sup> stand 24 hours  
strain y<sup>m</sup> off, & make a Syrup with sugar Candy of y<sup>e</sup>  
liquor.

Syrup of Hore Hound  
Bruise y<sup>e</sup> leaves of Horehound, boyle as much water as will  
cover y<sup>m</sup>, let it stand 24 hours, y<sup>e</sup> strain it out, & to a  
pint of liquor, put a po of sugar, & boyle it to a Syrup.

## To Make Conserve of Roses

Take 1 lb. of red roses clipped & picked from of whites, put to you  
3 lb. of fine sugar, beaten & clarified, beat the roses small first  
by degrees, put in the sugar, & beat it together till it is extremely  
fine, it will be like past between your fingers, put it into glass  
pots, cover it with a paper, & leather over it, it will keep 7 years.  
It is good in all Coughs & Consumptions, either by it self or with  
Sweet Alas balsam, or Alas milke,  
when it is good in fluxes with Rioscoridium or by it self as well  
as a nutmeg or small Walnut,

## To Make Syrup of roses

Take the best rose buds at the first season, clip of all the whites, lay  
as whole as you can on papers on a fire to dry, set up in a hot air  
or 3 dayes will dry you, quicker & better, & beat it fine in a mortar  
mortar, Rtt. it through a fine sieve, to an ounce of the powder drop it  
15 drops of spirit of vitriol or sulphur, mixt with 3 a spoonfull  
of fair water, keep it stirring in a mortar & bruise it well till it  
looks red, & it will come to a fine colour again, it boyle a lb. of  
fine white sugar, with a quart of a pint of rose water, till it is almost  
sugar again, take it off the fire & when it has been boyling put in  
the ounce of rose powder, stir it well & drop it in what shape you  
please, you may drop some on a clean board to cut in square  
lozenges, or make it often fresh, for the roses will keep in a glass  
close covered, & the lozenges will change colour,  
It is excellent in consumptions, & Coughs, to eat of lozenges, or  
sweeten Alas or cow milk with it, heat any roughness in the  
throat or soreness of the Stomack.



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To Make Juice of Licorish

Take 1 lb of Licorish scraped fine & beaten fine a pint  
of Juice of coltsfoot clarified, put y<sup>m</sup> in a rennetted with a  
pint of Hyssop water, & a pint of Rose water, let it boyle an  
houre y<sup>e</sup> strain it thro a capewas bag into a Collop, set it  
on a chafin dish of coales, boyle it til it is thicke y<sup>e</sup> put  
in 1/2 a po of sugar seared, boyle it so stife y<sup>e</sup> it will rle  
between your fingers, when it is cole make it into strings  
long or round, & keep y<sup>m</sup> dry,

They are very good in coughs & consumptions to hold in y<sup>e</sup>  
stomack mouth to stop & thicken a tickling Reum in y<sup>e</sup>  
open y<sup>e</sup> stomack & lungs when y<sup>e</sup> are Hopec,

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To make M<sup>r</sup> Walter Rawleighs Cordial

Take flowers of Syriac, Rosemary, Red Roses, Rosa Solis, Elder, of each 4 pounds, dry y<sup>m</sup> in y<sup>e</sup> shade, Syrdium, Caraway, Aniseeds, Balm mint, wild Marjoram, betony of each 4 handfulls dried in y<sup>e</sup> shade, Virginian Sassafras, lignum vitae of each 4 ounces in powder, Hermes, Cubeb, Cardamoms, Zedoary of each 1 ounce, Saffron 2 an ounce, Juniper berry, Turmentill roots, round birthwort, of each 1 ounce, Gentian roots 1 ounce, of these make an extract or Tincture with spirit of wine in a bath y<sup>e</sup> it put y<sup>m</sup> in a pot close stopp'd, let it in a kettle of water, let it boyle till y<sup>e</sup> Tincture is taken out, you must put in as much spirit of wine as will just cover y<sup>m</sup>, after y<sup>e</sup> Tincture is taken out, burn y<sup>e</sup> ingredients on a clean stone, & put y<sup>e</sup> Ashes to y<sup>e</sup> Tincture

Take 6 ounces of y<sup>e</sup> Tincture with y<sup>e</sup> salt, & put to it 3 ounces of Tincture of Coral, 4 ou of Terra sigillata, 2 ou of prepared Pearles, 3 grains of Bezoar, 4 ou of distilled Hartshorn, 3 drams of amber Grease, 30 grains of muske, 1 po & 2 of white Sugar Candy powder, powder of muske & ambergrease & mix y<sup>m</sup> with y<sup>e</sup> Sugar, y<sup>e</sup> att 70 y<sup>m</sup> y<sup>e</sup> best, & reduce y<sup>m</sup> all to a very fine powder, y<sup>e</sup> mix y<sup>m</sup> all both dry & moist y<sup>e</sup> & beat y<sup>m</sup> in a mortar, add of Syrup of Lemons & Red Roses equal parts, keep it in a pot & it will become a powder.

## The Vertues

It is very good to drive out the small pox & Measles To provide food in feavours, or drive out any pestilential distemper

It expels poison

is good for the plague, violent fluxes of any distemper where sweating or antecootes are required,

Take y<sup>e</sup> quantity of a philbert in a morning fasting for man or woman, a child less

The Tincture of Coral is best bought at y<sup>e</sup> (167)  
Chimists you may also bye y<sup>e</sup> Cordial

## To make Gaskins powder

Take of pearles prepared, Crab eyes, Red Coral, White amber Bump Hartshorn, oriental Bezoar, of each 2 an ounce, powder of y<sup>e</sup> blacks tops of Crabs claws 3 ounces, all these must be pounded & sifted in a iron mortar, y<sup>e</sup> grind it still finer on a marble Stone with a mallet, till it is as fine as as possible, sprinkle a little fair water in y<sup>e</sup> grinding, y<sup>e</sup> flies not about.

make a little hartshorn Jely with a vipers skin boyled in it, take a little on y<sup>e</sup> Stone & first put in y<sup>e</sup> Bezoar & grind it, y<sup>e</sup> rest of your powders, till all is an extream fine past, the finer it is ground the more vertue, it must not be y<sup>e</sup> least gritty between your fingers, make it into balls & keep it for v<sup>e</sup>th dry y<sup>m</sup> in y<sup>e</sup> sun, this quantity will last about 2<sup>rs</sup>, & to bye 4 by retail & 40 by y<sup>e</sup> ounce & not half so good.

## The Vertues

It is an excellent thing in feavours small pox & Measles, to drive out any humours, comfort y<sup>e</sup> spirits, weaken any super humour in y<sup>e</sup> Stomack,

after purges to quiet y<sup>e</sup> spirits,

To a man or woman give 18 or 20 grains, to a child 8-10 or 12.

## Testaceous powders

They are made the same way y<sup>e</sup> Bezoar left out, & contra yerva put in y<sup>e</sup> same, or powder of vipers. It is altogether as good, not so dear, proper for y<sup>e</sup> poor & servants, cost about 5.

To a man or woman 18 or 20 grains a child 8-10 or 12.

The vertues y<sup>e</sup> same with Gaskins powder

Contra yerva is now esteemed better y<sup>e</sup> Bezoar, & to put in a double quantity, to the pearle & Crab eyes, y<sup>e</sup> rest y<sup>e</sup> is to 2 an ou of pearle, an ou of contra yerva



## To Make Hieria pishra

Take Cinamon, <sup>mae of</sup> roots of Aloes, Ararabacha, roots, pishra, mastike, saffron of each 6 Drams finely powdered they not washed 12 ounces & at powder y<sup>e</sup> very fine mix y<sup>e</sup> & keep y<sup>e</sup> in a canister,

It is an excellent purge, for pains in y<sup>e</sup> stomach & bowels, Colicke or melencoly, frum sickness.

make it in pills with any Syrup, & give 2 a dram or 2 scruples, or a dram it purges slowly.

The 2d powder excellent in Fevers, To provoke sweating, & the plague

Take Tormentil root & leaves, scabious pimpinell Cardus, Bitany, Scordium, Anjelica, of each one good handfull wash y<sup>e</sup> root in white Wine dry y<sup>e</sup> in a cloth, part y<sup>e</sup> in 3 parts, bruse one part very fine put y<sup>e</sup> in a pint of white wine, in an earthen pot close covered, let it stand 24 hours stirring it some times, y<sup>e</sup> strain it off & put y<sup>e</sup> the second part in y<sup>e</sup> same manner, likewise y<sup>e</sup> 3<sup>d</sup> part, & have 24 hours, a peice, when you have strained y<sup>e</sup> last, put in a broad earthen pan a pound of the best white Armenian powder & scalded, & as much of y<sup>e</sup> white wine to it, as will make it as wet as batter, mix it well together & set it in y<sup>e</sup> sun, till it is almost dry, then mix it with y<sup>e</sup> wine, & till it is very red, when you put in the last pound in a shilling worth of Syron cut into very fine, & one ounce of calcined hartshorne, one ounce of mithridate & a 1/2 of an ounce of Agermus, mix it all well together & make it in round balls, lay y<sup>e</sup> in y<sup>e</sup> sun to dry, the Syron y<sup>e</sup> Syron is the better if made into balls, some think it is best bruse all y<sup>e</sup> herbs, fine, & boyle y<sup>e</sup> white wine, pour it on y<sup>e</sup>, & let it stand close covered 24 hours y<sup>e</sup> strain it off, mix it, over 20 or 30 grains, in orange water.

The Species of Hieria Picia according to y<sup>e</sup> new Dispensatory

Take Cinamon Zedoary, Agarabacha, y<sup>e</sup> lesser Cardamums, Seeds, Saffron of each six Drams Carbuncle or Scruple, the best Aloes twelve ounces to be made into powder put an ounce in a pint of strong white wine infuse it 2 or 3 days, & give 3 Spoonfulls over night & 2 or 3 next morning, you may infuse it, in strong beere for servants,

A good preparation of the bark of Ben W, Take an ounce of bark put to it a pint of water & boyle it till half is wasted, strain it off, add to y<sup>e</sup> 1/2 pint of water more & boyle it till y<sup>e</sup> is waste strain it off, & mix it, to the rest, Take 4 Spoonfulls every 3 or 4 hours, as soon as the fever is overague fit is off,

An excellent remedy for y<sup>e</sup> green sickness, or shortness of Breath, & want of appetite in young people

Take 2 ounces of brown sugar Candy finely powdered half an ounce of ginger beaten very fine, one ounce of Speal, mix these things together, & put them in a Box, or Bladder & wear it in y<sup>e</sup> Pocket, take twice a day as much as will lye on a shilling, & drink a little of any thing, if you will after it, & eat cake in life, than an hour.

pearle Cordiall, or in ordinary cases poset, sage, or plain

## Drinks

But Hawes Diet Drink very good for y<sup>e</sup>  
 Scoury, & purge after y<sup>e</sup> Me or  
 Breakeings out to take Spring & fall p.k.l.

Take 4 nutmegs sliced, 30 cloves bruised, 4 ounces of Senna  
 2 ounces of Macacans bruised, a oz of a po of Citrons  
 bruised, mix y<sup>m</sup> & put y<sup>m</sup> in a thin bag, & hang y<sup>m</sup> in 2  
 Gallons of Beag of a good Strength,  
 drinke a good draff in a morning, fasting an hour  
 after, if it purges not enough, dr in y<sup>e</sup> afternoon,  
 it is so pleasant servants will drinke it for y<sup>e</sup> strength

A good Diet Drink for Gout or  
Rheumatisme

Take 1 ounce of China, 4 oz of Salsapilla sliced & beaten  
 4 oz of Guaiacum 4 oz of Kailons sliced, infuse these in 1  
 quart of water or Ale, 3 dayes & nights, y<sup>e</sup> boyle all slowly  
 till a quart is consumed, Strain it & while it is hot, keepe it  
 in 2 hand of water presses, 2 of brookline, 8 ounces of Raisins  
 Stone, let these stand till y<sup>e</sup> are cōf. Strain it & drinke no  
 other drinke

A very good Diet Drink for a hot  
Constitution

Take 12 pint of water, 2 oz of Sarsaparilla, 1 oz of Hartshorn  
 1 of Ivory, 1 of China, 2 of yellow Saffron, infuse these 24 hours  
 in water, y<sup>e</sup> boyle it to 8 pints, y<sup>e</sup> put in a oz of an ounce  
 of cinamon unbeaten, give it 3 or 4 boyles, Strain it & bottle  
 it, drinke no other drinke, if you put a little milke when  
 you drinke it, it is much pleaster

To Tovershens Rare Diet Drink for the (171)  
Gout & Sharpness of blood

Take shavings of Ivory 2 ounces, Mastike Wood 1 oz,  
 leaves of ground pine a good handfull, wipers bark  
 1/2 an ounce, Angelica seed 1/2 an oz, sweet fennel seeds  
 a oz of an ounce, in a Gallon of water  
 boyle all these over a gentle fire till 1 quart is wasted  
 cloth covered, y<sup>e</sup> let it stand on hot embers 2 hours  
 take it off & let it by till next day, strain it & bottle  
 y<sup>e</sup> clear, drinke no other drinke

A purging Ale for grosse humours  
Stike or Breakeings out of Scoury  
or Leprous humours,

Take 2 Gallons of Ale & 1/2 a peck of Scoury Grate  
 2 bundles of water cresses, Stamp & Strain y<sup>m</sup> into y<sup>e</sup>  
 Ale, Strain it well, Take yellow docke roots, Scraped & sliced  
 8 y<sup>e</sup> pith taken out, Egrimony Bitony Scabious of each  
 1 handfull, Senna 2 ounces, Reme 1 Spoonfull, a Sticke  
 of Licorish, a Rase or 2 of Ginger, dry y<sup>m</sup> & Bruise y<sup>m</sup>  
 together in a Stone mortar, y<sup>e</sup> put y<sup>m</sup> into a bag with  
 a weight, into a vessel, drinke a draff at 6 in y<sup>e</sup> morn  
 & at 4 in y<sup>e</sup> evening  
 It is a good purging Diet Drink



Best Lowers directions for scorbatick

Humours & Swellings

Take common smoth yellow dock roots, dried in y<sup>e</sup> wind 2 pound, danielion roots sliced & hand full, elder flowers 6 hand, hang these in 5 Gallons of ordinary Ale or Beer, when it works, when it is fine drinke it for y<sup>e</sup> ordinary drinke all y<sup>e</sup> year,

Take 3 hand of y<sup>e</sup> greenest houselecke, & a quart of milke, boyle y<sup>e</sup> milke y<sup>e</sup> put in y<sup>e</sup> houselecke, let it boyle til it turns to poset, in silver or an earthen pipkin, for y<sup>e</sup> houselecke fetches out y<sup>e</sup> coppers of brash or coper,

Drinke a drafft going to bed for a fortnight or more

Drinke Rhes milke or danielion posset for a

qu of a year,

purge once a fortnight with 6 drams of Cassia

A Diet Drink for y<sup>e</sup> same

Take 2 a po of yellow dock roots, scrap & pith Red Saunders & yellow Saunders of each 2 an ounce Sarsaparilla & Salafra of each 1 ounce, Ivory, ou Hartshorn 4 ou, fir pine, & maidenhair of each 1 hand full, a stick of Licorish, put these in 5 Gallons of Ale til it has don working, drinke no other drinke.

The bitter Drink purging

Take Senna 1 dram, Gentian roots, Cardus seeds, & Citron seeds, of each 2 a dram, Camomile flowers, & Centaury caruus, of each 2 pugil, boyle these in 8 ounces of water 4, strain it & drinke it hot,

Take a qu of a pint of this liquor in a morning & at night going to bed, 3 dayes together for an ague or after a feavour,

Leave out y<sup>e</sup> Senna which is purging, it is an excellent thing for pain in y<sup>e</sup> stomack, or weak stomack, losse of Appetite, want of digestion, after an ague or feavour, sickness in y<sup>e</sup> stomack, or faintness, to drinke a drafft a fortnight or 3 weeks together or lesse, in a morning fasting & at 4 in y<sup>e</sup> Afternoon warm, you may add a little white wine in every drafft when it is warm, if not to purge only infuse it not boyle.

The White Drink, p. 173

Take Sarsaparilla slit & china cut of each ounce, Hartshorn & Ivory of each 2 drams, Guaiacum 1 dram, Candied Eriogo roots 6 drams, maidenhair 2 a hand full, boyle these in 2 quarts of water to a quart & 1/2 a pint strain it & let it settle clear, when you drinke it put a little warm milk to it, drinke no other drinke, or a drafft night & morning of 1/2 a pint

It is excellent in coughs & consumptions, & others all breakings out in children or others, or Kings Evil & such humours in a Diabetes or where drying is necessary, it is very pleasant

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## To make the bitter Steel.

Take 2 ounces of good powder of Steel, 1 dram of Gentian, 2 an. of Cardus benedictus, 2 an. of Centaury put it in a quart of white wine, let it steep 3 weeks or lesse if it stands warm.

This is more strengthening to y<sup>e</sup> Stomacke y<sup>e</sup> Sunup put a Spoonfull in a Glasse of Claret or white wine take it fasting in a morning & at 4 in y<sup>e</sup> afternoon it, Strengthens y<sup>e</sup> Stomacke causes Appetite opens obstructions, warms & invigorates y<sup>e</sup> blood good in y<sup>e</sup> green sicknesse & Spleen & Melancoly

## The opening Fig drink

Take Barby Boyle in 3 waters sure y<sup>e</sup> last & Strain it, put to a quart of water a small hand of maidenhair a Sticke of Quinine, scraped & sliced, 4 figs sliced a small handfull of betony, Colts foot, & scabious, boyle it & Strain it take 3 or 4 Spoonfulls warm at a time.

it is good for a Cough, Thicke, Stufing, & in pluresies, to provoke Spitting.

## For a Cough.

Take half a pint of Water, 25 quarter of a pound of Raspes, Slice, & shred them, boile them in y<sup>e</sup> water, till it comes to a quarter of a pint, take it Cold going to Rest

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## To make Almond Milk.

make y<sup>e</sup> Barly water See p. 100 y<sup>e</sup> Blanch a few Almonds but y<sup>e</sup> very fine in a mortar, y<sup>e</sup> mix y<sup>e</sup> with a pint of Barly water, stir y<sup>e</sup> well together, Strain it & sweeten it with fine Sugar,

It is very cooling & refreshing in feavours, to ease pains in y<sup>e</sup> bowels, y<sup>e</sup> Strangury, or hurt from a blister, to drinke a good quantity

it abates choler & proper in most hot causes in a flux with cinamon water it qualities y<sup>e</sup> sharp humours of y<sup>e</sup> bowels,

causes rest in hot constitutions y<sup>e</sup> are well a draft going to bed.

2 Spoonfulls (in a draft warm) of piacodium at night going to rest, stops a Tumbling Reukm

## To make a nourishing Almond milke

Take 1 pint of Barly water 3 pints of fair water, put a chicken in it, & 1 Buglosse root, 1 Spargraffe root, & a little wood Sorell, lettuce chive & Sundry, let it boyle to a pint, Strain it & put to it a quart of a pint of Blanche Almonds, beat very fine with Rose water, let it stand on a few embers to infuse with a little Sugar & a blade of mace, & a little cinamon

this is good in heeticke feavours, consumptions, or any decay, or to nourish after y<sup>e</sup> recovery of any hot distemper, to drinke a draft twice a day warm.



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## To clarify Whey

Take Scurvy, Enive, Borage, Bugloss, Sorrel, Lemnitory  
boyle these in 3 gallons of whey till it is wasted with  
it & let it stand till it is cold, clarify it with y<sup>e</sup> white  
of an egge,  
It is good to purifye y<sup>e</sup> blood & cool it in sharp humours  
& heat.  
Drinke a draught fasting & at 4 in y<sup>e</sup> afternoon

## The Wound Drink

Take Southern wood, wormwood, Bugloss, Kidney, betony,  
Sorel, plantain, Sandellion, Egrimony, Comfrey, Strawberry  
& violet leaves, mugwort, white botley, basyl, roots, Horseradish,  
Hawthorne, & Bramble bays, mint, wild anjelico, Scabious,  
Saint Feild, & asens, gather these herbs in may, keep ym in  
a close vome, turn ym twice a day, when y<sup>e</sup> are dry, keep  
ym in canvas bags.  
Take of these herbs 3 hand put ym in a quart of white  
wine & a bottle of spring water, boyle ym till it is consumed  
Strain y<sup>e</sup> liquor from y<sup>e</sup> herbs, & put to it a pint of hony  
boyle it & scum it let it stand to cool & bottle it keep  
it close stopd.

It is good to cure old wounds, or sores or new ones, impost  
= humes, sore breasts, putrefied bones, any the imp of the  
members, fistulas, sore leggs, you must not fear y<sup>e</sup> wound  
for y<sup>e</sup> drinke will drive it out, but cleape y<sup>e</sup> wound with  
a Rent & lay on a cleare cloth, it is good to stop bleeding

## An Excellent Drink for a Cancer

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Take Sage, Bay, Saffron, Egrimony, & Comfrey roots, sliced, of each a handfull  
a pe of a po of Saffron chips, halfe a pint of white wine, & 1 penny worth  
of Turpentine, boyle ym altogether & put ym in a canvas bag  
with a weight in it, y<sup>e</sup> take 6 quarts of new Ale, troyled without  
Hops, put it altogether in a vessel, & booke it with yeast.  
The dose is 1/2 a pint in a morning & 1/2 in y<sup>e</sup> afternoon,





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Dafys Elixer

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Take Sena 4 ounces & a halfe, Aniscus Licorish &  
Elicompane of each 2 ounces, Railons Stones half  
a pound, Guaiacum 3 ounces, Saffron 2 Drams, infuse  
these in 3 quarts of small Rye-beer 20 dayes  
then pour off the cleare, & bottle it up,  
give 2 Spoonfulls at a time, more or less as you  
find occasion,

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Purges

## Elixer Salubris

Take Elicompana roots, & Licorish sliced, coriander seeds, Aniseeds, Caraway seeds, fenna, Guaiacum, grossly powdered, of each 2 ounces, Raisins, Stones 1 lb, Ruelib 1 lb, manna 2 ounces, 1 lb more of guaiacum, infuse these 4 dayes in small briced water, stop it close & shake it well 2 or 3 times a day, when it is clear bottle it & keep it for your use, give 3 or 4 spoonfulls when you goe to bed, & if you find it not enough 2 or 3 next morning.

## The vertues

It is a very hot purge, but good in pains, Grips, & Colicks, where hot things are necessary not proper after feavours or hot distempers.

## Hyera, pietra y Infusion

Take an ounce of Hyera pietra, put it in a quart of white wine or sack, let it infuse 2 or 3 dayes close stop in a bottle by y<sup>e</sup> fire sides, give from 4 to 8 Spoonfulls in a morning fasting, & in the small broth, poset, or water Gruell, in y<sup>e</sup> working the same after all purges, It is an excellent purge for Spleen, Melencoly, green sickness, colicks, & Stomack pains & in most cases.

## A purge on dry occasion

Take 1 dram & 1/2 of Ruelib, 1 ounce of fenna, infuse ym in a pint of white wine strain it & put to it 2 ounces of Syrup of roses, & give it.

A Strong purge in desperate Cases  
& Apoplexies,

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Take 1/2 a pint of water put to it 1/2 an ounce of Tamarinds, 1 dram & 1/2 of Ruelib sliced, 4 ounces of fenna, let it stand till it is ready to simmer, cover it till next morning, y<sup>e</sup> dissolve in it 1 ounce of manna & 1 of Syrup of roses, strain it & give it, put in y<sup>e</sup> Syrup of roses after it is strained,

A purge for a Dropsy or any  
watery humour,

Take 2 sumples of Alep in y<sup>e</sup> pap of an Apple to make persons lible,

A purge for Kings Evil humours, scald heads  
& any breakings out

Take 1 handfull of Sassa - rose leaves, fresh or dry boyle ym in a pint of poset or whey, strain it & give it,

## A purge for a chile

Take 1 ounce of Annana & 1 dram of cinamon powdered infuse it in 2 Spoonfulls of rose water, or white wine, strain it & give it, to a woman 2 ounces to a man 3 it is a safe gentle purge

A Gentle purge after a feavour or  
hot distemper

Take 6 drams of Casia newly drawn

A purge for a Dropsy or any watery  
Humours, that is p<sup>h</sup>ll

Take of Gambuzero grains in y<sup>e</sup> pap of an Apple or bread meat, ~~if it is not enough~~ it works mightly by vomit & stool, 10 or 12 grains to make a young people



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A very good purge for a weak constitution  
after feavour of small pox p. L.W.

Take of decoction of Senna Gerani 4 ounces, manna  
1 ounce, cream of Tartar 4 a dram, Syrup of Buckthorn 2  
an ounce, aqua mirabilis 6 drams, take it in a morning  
fasting, it must be prepared at y<sup>e</sup> apothecarys,

But give

Another ~~stronger~~ weaker  
Take of the decoction of Senna Gerani 4 ounces  
manna 1 ounce, cream Syrup of Buckthorn 2 an ounce  
Aqua mirabilis 2 an ounce, warm it & take it.

But give Another gentle purge

Take pil Stomach cum Gum<sup>s</sup> Resin of Jalap 5 iii.  
Tart vitriol gr. v. but violets gr. i make 5 pills take  
2 over night & next morning.

An excellent purge for poor blood in a tender  
constitution to purge & strengthen.

Take Ruel cum 5 p. p. Aloe buctrina, pulv Rhabarb  
opt pulv ana zi. species Aromat Rosat 3 ii. Sal martis 7i

the Ruel solitive of 1 & 2 pil & or so out of 1 dram  
Take 2 over night & 3 next morning, or 4 as it works

But give for Mrs Eliza Windham p. L.W.

Take of simple bitter decoction 2 ounces, purging salt 3 ii.  
palsy water 2 scruples, infuse it & take it in a morning a  
little warm.

The bitter decoction is

Senna 1 dram, gentian cardus beds & citron of each 2 a dram  
cardus centuary & camomile flowers of each a handfull boyle  
these in a pint of water to 2 a pint.

A purge for Rheumatick pains in y<sup>e</sup> joints

Take as much mountain flax as you buy for a penny boyle  
it in a pint of Ale & drinke it at night going to bed,  
it purges gently,

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The best purging pills y<sup>e</sup> are made

Take 1 dram of pil Rubii make it into 9 pills, take 1 over  
night & 2 next morning, a strong man may take 4, keep  
warm & in y<sup>e</sup> working cold water gruel or thin broth,

It is a very quick working purge, & good where purging is  
necessary for all people & are strong, it is of a quicke fear-  
ching quality, purges flegme Cholick & biliousely, in feavours  
not proper, after it may be taken,

In breakings out & Habern humours they  
are more effectual as follows,

Take 1 dram of pil Rubii, mercurius Dulcis 4 a dram mix  
y<sup>m</sup> well together, make it into 9 pills of equal bignesse take  
1 overnight & next morning, a strong man may take 2  
before he keep very warm, & order your selfe as in other  
purges.

It is not good to take phisicke 2 dayes together, but mixe  
one day, take it 2 or 3 times as your occasion requires.

Hydra pictra pills of powder  
Take from 1/2 a dram to 2 scruples or 1 dram make 9 into  
pills by rolling it to y<sup>e</sup> fire, or with a little turp, give it  
according to y<sup>e</sup> strength or age of the patient,  
it is excellent in feavours & in most cases where there  
is no feavour

Rhubarb bear for Children

Take a dram of Rhubarb slice it thin & put it in a quart  
of small beer or small Ale with 12 Raisins stoned, infuse it a  
day, let y<sup>m</sup> drinke no other drinke, when y<sup>e</sup> is bon you  
may put more bear to y<sup>e</sup> keabag, y<sup>e</sup> may take it 9 dayes  
or 2 fortnight, 2 or 3 times a day to purge is enough  
it is y<sup>e</sup> best purge for children y<sup>e</sup> is,

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## To Make Carosteina

Take Cloves, Cardory, Ginger, cinamon of each 2 Drams. Hermodactyl, Diagridium of each halfe an ounce. Honey of Roses y<sup>e</sup> triple weight of all, mix ym together (except y<sup>e</sup> Diagridium) y<sup>e</sup> ass y<sup>e</sup> Honey & mix ym well together, lastly put in y<sup>e</sup> Diagridium powdered by it self & make an Electuary.

It is an excellent purge for y<sup>e</sup> Gout, Rheumatisme pain in the Joynts, & all tough humours, it is an admirable purge, & deems to most people, & to weak ones. in a qu of a pint of White Wine or Strong Beas Warm. it is best to keep it without y<sup>e</sup> Honey which is apt to make it worke.

But fibrous best preparation

of Hyera picra,  
Take ~~part~~ <sup>part</sup> of a quart of mountain wine & a pint ~~part~~ <sup>part</sup> of Aniseed water, put in one ounce of Hyera picra & 20 grains of Scutellariel let it infuse for 4 days & give from 3 to 8 Spoonfulls according to the strength & age of the person.

The species of Hyera picra the new way  
Take ~~part~~ <sup>part</sup> Cinamon, Triacatan roots, ~~part~~ <sup>part</sup> Cardamom, ~~part~~ <sup>part</sup> Saffron, of each 6 Drams, Aloes gnawed 12 ounces, ~~part~~ <sup>part</sup> make ym all in very fine powder & Cochonell a scruple mix ym, keep ym in a Tin Canister for use.

note y<sup>e</sup> Citron advise me to take a Spoonfull of y<sup>e</sup> above infusion of Hyera picra once a week at night going to bed, for my short breath which he says proceeds from a weakness in my Stomack.

## A pleasant Purge

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Take 2 ounces of Manna or Lije according to the strength & age of y<sup>e</sup> patient, infuse it in a qu of a pint of y<sup>e</sup> water, y<sup>e</sup> strain it & put in as much Juice of Lemon as will make it palatable, & give it.

A purge  
Take 2 scruples of pil Cockie, rowed into pills & over night & 2 in y<sup>e</sup> morning

Another for worms & to strengthen the Stomacke.

Take from 6 Draps, to a Dram & a halfe of Aloes rowm it before y<sup>e</sup> fire, rowle it up in 4 pills, take 2 overnight & 2 in y<sup>e</sup> morning

A purge for breakings out & all humours.

Take 1 Dram, Cream of Tartre 1 scruple, powder of Ginger 15 grains, put these in a Cup of Small of pap of an Apple & take them

A purge after a Feavour

Take Tamarisks 4 an ounce, Sena 2 Drams, Reubarb 4 a Dram, Aniseeds 1 scruple, boyle y<sup>e</sup> in 6 ounces of water, to 3 ounces, strain it & dissolve in it an ounce of Manna, To be taken warm, a Spoon for a strong man, weaker persons may take but halfe, & more after wards, if it does not worke.

Another

one Dram, of Sena, 4 a dram of Gentian, centaury, Camellia flower, & Cardus, of each a little handfull, infuse these in a pint of water till it is watered, strain it & give a qu of a pint at a time warm.

30. Grains, pil. Cath. of Ruffia, 30 or 40 pil. Cockie.  
4 or 5 Spoonfulls of Ruffs elixir, or elixir Salutis

For Wormes

Take 1 Dram, or 1 1/2 of Aloes, rowm it before y<sup>e</sup> fire, & make it into 4 or 6 pills, take 1/2 over night, the rest next morning, in a prae or reas, each pill, a child must take less.



## To make Oyle of Roses.

Take a quart of Oyle, put it in a Glasse, & put to it a quantity of Red Rose leaves & whites cut off, beat y<sup>e</sup> first a little in a mortar, let it in y<sup>e</sup> sun or oven a day, y<sup>e</sup> strain out y<sup>e</sup> Oyle, & put in fresh leaves, to doe 3, or 4 times, & let it stand in y<sup>e</sup> sun, you may keep it for y<sup>e</sup> use as it is, or strain it.

It is an excellent cooling Oyle, to assuage pain, above y<sup>e</sup> swellings, & St Anthony's fire, or inflammations, by anointing y<sup>e</sup> part, or put in poultices, also for scabbes & drops in y<sup>e</sup> ear, Blemishes & spots have y<sup>e</sup> same vertue, Excellent in poultices in sore breasts & cancers, or y<sup>e</sup> leaves out of y<sup>e</sup> Oyle applyed to y<sup>m</sup>.

## Oyle of St Johns Wort

is made y<sup>e</sup> same way, & y<sup>e</sup> same vertues but not so cooling in hot causes.

## Oyle of Eggs,

Take Eggs boyle y<sup>m</sup> pretty hard y<sup>e</sup> take out y<sup>e</sup> yolks & beat y<sup>m</sup> to a paste, with a little water, to moisten y<sup>m</sup>, y<sup>e</sup> put y<sup>m</sup> in a bag, & presse out y<sup>e</sup> Oyle as you doe Oyle of Almonds, It is very good for y<sup>e</sup> Innes pills, injected with a syringe made on purpose.

## Oyle of Elder

Take a quantity of round Elder buds of y<sup>e</sup> flowers before y<sup>e</sup> are blown, put y<sup>m</sup> in a Glasse cover y<sup>m</sup> & let y<sup>m</sup> in y<sup>e</sup> sun, close stopp with y<sup>e</sup> best Oyle, when it has taken y<sup>e</sup> vertue out strain it & keep it, it is good for smites & swellings anointed with it, or to make it more effectually, As Brown & Jargons way.

Take Hogs lard, & boyle a good quantity of Elder buds in it, till y<sup>e</sup> are crisp, strain it out, & take y<sup>e</sup> Innes barks & boyle in it, & strain it out, when y<sup>e</sup> are in flower, take some & put in Oyle, till y<sup>e</sup> are crisp, strain it out & keep it for use, it is excellent in swellings inflammations, Bruises &c.

## To make Oyle of Exeter for the palsy (189)

Take a po of Cowslip flowers, lay y<sup>m</sup> in steep in a large sallow of Oyle Olive, & after midsummer take Calamint, What not, wild Sage, Agrimony, Southernwood, penicord, Lavender, pelitory, Rosmary, Camomile, pelitory of Spain, Bay leaves, Lily flowers, Red Roses, of each pound, beat all these in a mortar pretty small, with 1 po of Nuttop, & y<sup>e</sup> Cowslip flowers, out of y<sup>e</sup> Oyle, put y<sup>m</sup> in a pot with as much white or Red wine as will cover y<sup>m</sup> over, let y<sup>m</sup> stand a night & a day, y<sup>e</sup> strain y<sup>m</sup> put y<sup>e</sup> Oyle to y<sup>e</sup> liquor & let it lye till y<sup>e</sup> wine & water of y<sup>e</sup> herbs are consumed away, which you may know by taking a spoonfull of y<sup>e</sup> liquor from y<sup>e</sup> bottom of y<sup>e</sup> pan, It is good for the palsy or any numbness of pain coming from a cold cause, to anoint y<sup>e</sup> part with it.

An Oyle for Aches Cold swellings, smites obstructions or swelling of y<sup>e</sup> knees.

Take Red Sage, Lavender, Southernwood, Camomile, feathers of Walnut leaves, mint, Savory, & Scurrey grass, Bay leaves, Rosmary tops, of each a like quantity, throw y<sup>e</sup> herbs small, put y<sup>m</sup> in a Glasse, & put to y<sup>m</sup> as much Oyle, as will cover y<sup>m</sup>, then add to it a quarter as much sheeps foot Oyle, stir y<sup>m</sup> well together, stop y<sup>m</sup> close, & let y<sup>m</sup> stand a month in y<sup>e</sup> sun, y<sup>e</sup> let it 24 hours in a hot oven, y<sup>e</sup> in y<sup>e</sup> sun again, for a month, y<sup>e</sup> add a quantity of y<sup>e</sup> same Oyle, y<sup>e</sup> let it on y<sup>e</sup> fire in a skil of water, up to y<sup>e</sup> necke let it boyle 3 hours or more, when it is cold strain it, & stop it close it will keep 20 year.

## Oyle of Camomile is made the same way

It is good for colics & obstructions in y<sup>e</sup> bowels, y<sup>e</sup> In Alpine there is an excellent Oyle to ease pain, it comes out of y<sup>e</sup> earth in a rock, so rare it is death to any person to have it but y<sup>e</sup> King, the Well is not opened, in a 100 year, St Francis Cro had a present from the King, which he gave my Father, & is now at St James Aches.

The History of the Spanish West Indies mentions y<sup>e</sup> same again.

An Excellent ointment for a swelling either in the breast, or face, or any part of y<sup>e</sup> body,

Take 2 po of hogs grease & pint of Juice of wild Scatious, before it flowers, y<sup>e</sup> younger y<sup>e</sup> better, put y<sup>e</sup> together in a Kettle, let y<sup>e</sup> boyle up, y<sup>e</sup> let y<sup>e</sup> rest y<sup>e</sup> fire to infuse, every 2 or 3 days, add fresh Juice & give it a boyle, so doe till it is of a deep green, it is sometimes y<sup>e</sup> burn not, y<sup>e</sup> last boyleing is y<sup>e</sup> worst, for all y<sup>e</sup> thin Juice must be boyled away, cover it with a board all y<sup>e</sup> time, strain it into pots thro a linnen cloth & keep it for y<sup>e</sup> use.

This is excellent for any swelling in y<sup>e</sup> throat breast or elsewhere, <sup>when it is thick enough</sup> make a poultice of milke & grated bread, put in as much of y<sup>e</sup> ointment as will make it green, apply it to a breast put in as much Linseed beaten as grated bread,

*Unguentum Angel Salve*

Take Rosen, & pet Rosen, of each a po, virgin wax, & Frankinsence, of each a qu of a po, Camphire & Broom, mastike 1 ounce, a qu of a po of Sheeps Tallow, melt what is to be melted, powder y<sup>e</sup> rest, & boyle all well together but y<sup>e</sup> Camphire, & strain it thro a course cloth into a pottle of White wine, y<sup>e</sup> boyle it altogether & let it stand to cool till it is blood warm, y<sup>e</sup> put in a qu of a po of Venice Turpentine, y<sup>e</sup> 2 Brans of Camphire this it well together till it is cold, it is an excellent ointment

The virtues  
It is good for old or new wounds, cleansing & bounding y<sup>e</sup> indurated flesh, & healing more in a week y<sup>e</sup> another in a month, it has no corruption in a wound or proud flesh, head aches imposthums in y<sup>e</sup> body or cast, smart and broken bones, or thorns, in brought or prickings of venomous beasts, rots & heals botches, in a fistula cancer hold me Tanager or Linens thumbe, put in a qu of a po of dried Rosmar, when you put in y<sup>e</sup> first thing, & hear a pint of oyle when it is off y<sup>e</sup> fire till it is in, will make it an ointment

My Excellent Green Ointment p. 190

Take Rosen, 1 po, Frankinsence a po, melt y<sup>e</sup> wax & put to y<sup>e</sup> po of pure hogs lard, May Butes 10 po, Saler oyle 1 qu, Venice Turpentine 10 po, well wash, let these simmer over a gentle fire 2 hours, stirring y<sup>e</sup> rest

Then take Groundsel, partly, chickweed, lavender, cotten, Rue, Bala plantain, Sorrel, Betony, wound wort, Lungwort, Camomile, adonis, Comfrey, ox eye, mouse ear, Jewry, Marjoram, Trifolium, Sanicle, Shepherds purse, Strawberry leaves, Birch leaves, parke leaves, Bay leaves, Sage, Maluons, of each a small Handfull, chop y<sup>e</sup> small, & bruse y<sup>e</sup> in a mortar, put y<sup>e</sup> to y<sup>e</sup> rest & boyle y<sup>e</sup> with 2 ounces of verdigrease,

note you must take it off y<sup>e</sup> fire when you put y<sup>e</sup> herbs in or it will boyle over,

let it boyle a quarter of an hour over a gentle fire stirring it carefully, y<sup>e</sup> take it off & put it in a pot, & let it in a horse dung hid for 8 months, y<sup>e</sup> take it out & let it simmer over a gentle fire till it boyles a Walm or 2, y<sup>e</sup> strain it & pour off y<sup>e</sup> clear, as below, & put to it a po of oyle of Spike stir it well together & put it into pots,

because of y<sup>e</sup> foulness of y<sup>e</sup> herbs & y<sup>e</sup> water y<sup>e</sup> mingle with y<sup>e</sup> Turpentine one drop of which will make it decay you must melt it & let it stand a qu of an hour to settle y<sup>e</sup> pour off y<sup>e</sup> clear & keep y<sup>e</sup> dregs by it selfe, so doe 5 or 6 times till it is very pure, y<sup>e</sup> mix y<sup>e</sup> dregs together & purify y<sup>e</sup> till it comes to a very little, use y<sup>e</sup> first.

The virtues p. 191

It is excellent in all wounds old & new, dip a hand, & apply to y<sup>e</sup> part, or dip a rag where y<sup>e</sup> wound is not deep, sore legs or any wound,

It is also beyond any Farriers medicine for horses, it has done very great cures, & is as valuable a medicine as any in y<sup>e</sup> book it will keep 20 years



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## Cold Cream

Take 2 a pint of Trotter oyle, oyle of Ben & oyle of cold seeds of each 2 ounces, Therma Coth 1 ounce, white wax 1 lb & a lb, first melt y<sup>e</sup> wax over embers y<sup>e</sup> put in y<sup>e</sup> other things when it is melt pour it into a large white basin, with a little water, beat it up very much, & by degrees put in a large quantity of water, beat it & hinders at least y<sup>e</sup> put it into a large vessel glazed, fill it with spring water, y<sup>e</sup> next day pour y<sup>e</sup> water from it & beat it with a wooden stile, so doe for a fortnight together till it is as white as snow, & sweet, y<sup>e</sup> pot it, note you must put on fresh water till it is finished.

## The vertues

It is a fine cooling thing to anoint y<sup>e</sup> face after y<sup>e</sup> small pox, any scurfe or heat in y<sup>e</sup> face, or inflammation or heat in any part, with a fine cloth wipe over y<sup>e</sup> face with it, some vs it instead of washing, but only good for head & throat, soles & small pox.

A good pomatum for y<sup>e</sup> face

Take mutton suet from a good Caul, picke out y<sup>e</sup> red strings, lay it in steep in Rosewater, 3 dayes till it once or twice a day, y<sup>e</sup> put it in a galy pot & boyle it in a thicket of water, y<sup>e</sup> put to it a little of y<sup>e</sup> Rose water & beat it exceedingly, till it is as white as snow & thicke, rub y<sup>e</sup> lips, face, & hands, with it gently, when they are chapt.

A Cooling oymment for scurfe in y<sup>e</sup> face,

Take a like quantity of wormwood, housleeks, & plantans, stamp & straine it, & put a little cream to it, let it stand 2 dayes to clarify, take y<sup>e</sup> clear top to anoint the face.

## A very good forehead Cloth,

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Take an ounce of virgins wax, & an ounce of Sperma Casti, & an ou of pomatum, or as much as will make it of a fit stiffness, melt it over a soft fire, cut some old fine cloth in what shape you like, dip y<sup>e</sup> in it, & when y<sup>e</sup> are cold smother y<sup>e</sup> with a fluke stone, soe y<sup>e</sup> in a riben & wear y<sup>e</sup> a night.

An oymment for a Cancer in y<sup>e</sup> breast

Take of Red Sage 1 po, Rue 1 po, young bay leaues, & wormwood of each 2 a po, Stamp y<sup>e</sup> in a mortar with 1 handfull of Camomil, & 1 of Red Roses, y<sup>e</sup> take 3 po of Beards sweet, hot from y<sup>e</sup> beal mince it small & Stamp it with y<sup>e</sup> hearty till it is all of one colour, y<sup>e</sup> put to it a pottle of Sallet oyle, worke it well together with y<sup>e</sup> rest, y<sup>e</sup> put it in a pot & let it stand in a dunghill close covered 8 dayes, y<sup>e</sup> boyle it on a soft fire 4 or 5 houers, when it is 2 boyled put in 4 ounces of oyle of Spike, let it boyle again & strain it into a pottle, be careful it does not burn in boyling, y<sup>e</sup> older y<sup>e</sup> better.

## An oymment for heat of the liver

Take Red Roke roots, & nettle roots, scrape y<sup>e</sup> & pound y<sup>e</sup>, y<sup>e</sup> boyle y<sup>e</sup> in fresh grease, or linseed oyle, strain it & keep it in a pot, & anoint y<sup>e</sup> part y<sup>e</sup> is hot with it.

## To make oymment of Charity

Take hax, Rosmary, Lavender, Camomil, wormwood, housleek wood, Hyssop, Slicle leaues, Marygold leaues, rood Bitony, feathers, Bay root, Sclensine, myrtin, jessam, Sage, costmary of each 1 handfull, Take a ponne of mutton suet, & a quart of Sallet oyle, throw your hearts, small, & put y<sup>e</sup> in, let y<sup>e</sup> simmer together, till y<sup>e</sup> bestue of y<sup>e</sup> hearts is out, y<sup>e</sup> strain it & keep it for use, good for paine, & swellings & cold thies.

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## Waters in Surgery

## The Thistle Water p KW

Take 1/2 a po of bole armoniache, 1/2 a po of a po of White Coperas, 2 ounces of Roch Alum, & betel y<sup>m</sup> 1/2 an ounce of Camphire

beat y<sup>e</sup> Coperas, camphire, & Alum small, & set y<sup>m</sup> on y<sup>e</sup> fire y<sup>e</sup> Camphire at bottom, or it will evaporate away in y<sup>e</sup> melting, stir y<sup>m</sup> about with a Stike y<sup>e</sup> all may incorporate, & let y<sup>m</sup> be on y<sup>e</sup> fire till all y<sup>e</sup> moisture is dried up. y<sup>e</sup> take it off & when it is cold take it out of y<sup>e</sup> pan, scum off y<sup>e</sup> soyle of y<sup>e</sup> bottom, y<sup>e</sup> put y<sup>e</sup> bole armoniache to y<sup>m</sup> & beat y<sup>m</sup> in a mortar to fine powder Then take a pottle of Running water, set it on y<sup>e</sup> fire till it is scalding hot, y<sup>e</sup> put y<sup>e</sup> water into a cleane pitcher & put 2 good Spoonfulls of y<sup>e</sup> powder into y<sup>e</sup> pitcher stir it well together, a good while y<sup>e</sup> the powder settle soft to y<sup>e</sup> bottom fill y<sup>e</sup> bestue is gone into y<sup>e</sup> water, after it has stood 3 dayes skim off y<sup>e</sup> froth, from y<sup>e</sup> top & pour it into a cleane Bason & bottle it.

## The vertues

It is good to wash all foul sores Bleers & Thistleboes first wash y<sup>e</sup> place with y<sup>e</sup> water, y<sup>e</sup> dip a cloth 3 or 4 times double in fresh water & apply it to y<sup>e</sup> place. the water must be as hot as can be endured, & let it lye on till next cooling.

if in y<sup>e</sup> eye dip a kag or bit of sponge, & dip in it often

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## The Blacke Water p KW

Take 1 quart of water, & 1 handfull of Sage, 1 hand of Rosemary, boyle it to a pint put in as much white Coperas as a hassel nut, stir it well together, strain it & bottle it & keep it for use

## The vertues

It is excellent to wash sore mouths,

To wash fumes & scabs, & clothe dipt in it, & applyed will fetch out y<sup>e</sup> fire & heal y<sup>m</sup>.

It is excellent to wash all wounds & bleers to keep y<sup>m</sup> cleane, especially old ones, & of great vertue,

it is also good for y<sup>e</sup> scurvy in y<sup>e</sup> mouth, to fasten y<sup>e</sup> teeth a canker or any other humour in y<sup>e</sup> mouth, holding it in y<sup>e</sup> mouth warm, & gargle with it.

it is best not to let it goe down but spit it out & take fresh



## To make my black salve p. K.W.

Take a quart of oyle, put it in a skilet, let it just boyle, keep it stirring, & put in a pound of y<sup>e</sup> best red lead, kindly ground & y<sup>e</sup> rubs pickt out, let it boyle, continually stirring, & when it begins to turn grey, put in 4 ounces of bees wax scraped fine & as much dried y<sup>e</sup> from as will lye on a 2<sup>d</sup>. when it has boyled a little more, drop it on a board, & if it does not sticke to your fingers, it is enough, y<sup>e</sup> dip in as many peeces of Scotch cloth or old cloth as you like, & hang ym on a packthread line, take y<sup>e</sup> salve from y<sup>e</sup> fire, stir it, till it is a little cool, oyle a board & your hands worke it well & make it into rolls, it is excellent in all green wounds, & burns, when y<sup>e</sup> fire is out, Aches in any part, or blister. & for a sprain, & of a very good smell

My Excellent <sup>Salve</sup> where drawing is required for  
Sore sprain, Bruise or sore breath or Thorn

Take off y<sup>e</sup> Kidney <sup>fat</sup> of y<sup>e</sup> lying side of a very sound sheep, mince it very small, & put it in a glazed pipkin, let it on soft embers to melt, y<sup>e</sup> strain it thro a clean cloth into a broad pan, let it stand till it is cold, to every po of Suet take 14 ounces of comon Rosen, y<sup>e</sup> cut y<sup>e</sup> Suet into a pipken, over a soft fire, beat y<sup>e</sup> Rosen very fine on a paper, when y<sup>e</sup> Suet is melted, put it in & stir it till it is clear, y<sup>e</sup> is about a quart of an hower, it must not boyle, y<sup>e</sup> strain it & to every po of Suet, put in half an ounce of Venice Turpentine unwashed, stir it about till it is almost cold y<sup>e</sup> put it in new Galy pots, The Rosen must be y<sup>e</sup> clearest you can get of y<sup>e</sup> sort it draws more & is better, & almost cures y<sup>e</sup> black & a great deal cheaper,

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## My White Lead plaister p. &amp; W.

Take 1 lb & 4 ounces of y<sup>e</sup> best oyle, 1 lb of Red Lead fine ground, 1 lb of white Lead fine ground, 12 ounces of Spanish Soap, sliced thin, beat all these together in a wooden bowl with an Iron pestle, till y<sup>e</sup> Soap comes uppermost, which will take 2 or 3 hours, y<sup>e</sup> put it into a Kettle y<sup>e</sup> will hold 3 times as much, for it will increase vastly.

Set it over a soft fire of coals continually stirring it with a wooden stick, an hour & a half, y<sup>e</sup> make y<sup>e</sup> fire something bigger, & let it boyle till y<sup>e</sup> Red Lead is turned to grey, continually stirring it, drop a little on a board & if it sticks not to your fingers, it is enough.

Take it off y<sup>e</sup> fire & oyle your hands & board, pour it on a little at a time, work it well with your hands in toes, what is good you please, may dip handcloths but it is mostly used upon leather.

## The Use

This Salve will keep 20 years, & is excellent applied to y<sup>e</sup> back to prevent miscarying, or any weakness, or pain.

To the Stomack, provokes appetite & takes away pain to y<sup>e</sup> back for y<sup>e</sup> bloody flux, head of y<sup>e</sup> Kidneys & swelling of y<sup>e</sup> reins.

Heals swellings, bruises, & pushes, draws & not breaks y<sup>e</sup> ship.

It is applied to y<sup>e</sup> fundament & heals those diseases great care must be taken of y<sup>e</sup> Leads, run y<sup>e</sup> over a brown paper & pick out all y<sup>e</sup> knots.

approved for most of these distempers, it is an excellent Salve, spread it upon leather.

Excellent for y<sup>e</sup> Kings Evil.

## Cold Hasbords Rare Salve p. &amp; W.

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Take 2 ounces of Fenigreeke, a lb of Bees wax, 4 ounces of Frankinsence, 1 lb of Burgundy pitch, melt all these together in a large pipkin upon a soft fire, when y<sup>e</sup> wax Frankinsence pitch is melted, put in y<sup>e</sup> Fenigreeke finely sifted & 2 drams of Balsam of Peru, stir it well, & pour it into fair water, run y<sup>e</sup> paper with oyle & make it into rolls. Take it off y<sup>e</sup> fire & rap it together, the cords before you put in y<sup>e</sup> seed & balm, or it will lump together. The vertues in knots.

It is excellent in all cold Rhes & pains, draws away y<sup>e</sup> pain & humors & comforts y<sup>e</sup> part, has don great cures in Rheumaticke pains & bruises, & sprains the Fenigreeke seed must be ground very fine, & put in when it is almost cold & y<sup>e</sup> Balsam, if you can bear y<sup>e</sup> heat in it.

## The Spleen plaister, &amp; other distempers,

Take near 4 pint of Wine vinegar, put 90 lb 1 lb of white pitch bruised small, set it on y<sup>e</sup> fire, & stir it well, till it is dissolved, y<sup>e</sup> put in 3 oz & 4 of ammoniacum, mix it well with y<sup>e</sup> pitch, y<sup>e</sup> put in 2 an ounce of Venice Turpentine, 1 ounce of Caranha, 1 oz & 4 of liquid Storax, & a qu of an oil of Saffron, mix altogether by long stirring on y<sup>e</sup> fire, when you thinke it well mixed, take it off y<sup>e</sup> fire, if it is too thick, heat it again, & put in more Turpentine, if too soft more pitch, it must be of an indifferent subtlety. The cannot melt by y<sup>e</sup> fire, y<sup>e</sup> put in after it is taken off y<sup>e</sup> fire, & stir it.

## The vertues

When y<sup>e</sup> Spleen is swollen spread it upon leather & apply it to y<sup>e</sup> part.

In a Plurisy, lay it to y<sup>e</sup> pained side.

It is extraordinary to prevent miscarying

for any weakness in y<sup>e</sup> back, knees or any part.

For any Sprain.

This is an extraordinary Salve.



### To Make a Good Healing Salve

Take a pound of y<sup>e</sup> Cal of a sheep, beat it very well, y<sup>e</sup> take a por of hosen beaten & fitted, lye into it row of bees wax y<sup>e</sup> put it in a new piskin, & melt it over a soft fire, keep it stirring for fear it boyles over, when it is well melted take it off & pot it, put a little Turpentine in some to make it more drawing it is an excellent salve to heal & cheap.

### A Salve for a sore throat swelling or sprain, to be made in May.

Take Comfrey, Sage, young bay leaves, feathers fern, Rue, Tution, wormwood, opine, Malva, Balm, Camomile, Egermory, night shade, water betony, filarea, woodbine, plantain of each virgins, wax & a po sliced, butter unrefined, 1 lb, mutton tallow Clarified 2 po, barrows grease a qu of a pound, tryed, three y<sup>e</sup> hearts made & mingle y<sup>e</sup> well, gather y<sup>e</sup> when y<sup>e</sup> scum is off, set y<sup>e</sup> on y<sup>e</sup> fire, & boyle y<sup>e</sup> til y<sup>e</sup> liquor is very green, y<sup>e</sup> strain it into a pot for use.

### To make Blister plasters

Take Rye meal mix it to a past with sharp vinegar, spread it upon leather, an inch round bigger y<sup>e</sup> you desire y<sup>e</sup> blister, which spread with salve to make y<sup>e</sup> blister hole on y<sup>e</sup> stom over y<sup>e</sup> place spanish flies cut small & sow over it a piece of fine gauze, wash y<sup>e</sup> pecker or other part, with vinegar & apply it, bind it on fast, y<sup>e</sup> it does not remove it may lye on 12 or 14 hours, y<sup>e</sup> take off y<sup>e</sup> plaster clip y<sup>e</sup> blister & dry up y<sup>e</sup> plaster with a cloth, y<sup>e</sup> lay on cold moist leaves, or mellilot, spread upon fine cloth, or flake salve, rubbe it twice a day.

### A very good salve for those where a hot humor

Take 1 po of oyle, 1 po of yellow wax, 1 po of Frankincense, po of Resin, not clarified, slice y<sup>e</sup> wax beat y<sup>e</sup> Resin & melt altogether in a gentle fire, when it is melted strain it into 3aly pots, spread it on cloth, cut y<sup>e</sup> in fit sizes & apply a fresh one every day

### An Excellent Receipt for a burn p. KW

Take y<sup>e</sup> fat of y<sup>e</sup> guts of a Stubble Goose, beat it with a wooden pestle, y<sup>e</sup> melt it over y<sup>e</sup> fire, & then it, y<sup>e</sup> let it stand to settle, & pour it into a pot, it will keep all y<sup>e</sup> year.

lay it to either burn, or scalded, y<sup>e</sup> time anoint it well, y<sup>e</sup> with take out y<sup>e</sup> fire, & give ease, rubbe it with this twice a day 3 days together.

Then take a pint of Saled oyle, & a po of bees wax, melt y<sup>e</sup> together, to make a pliable salve, not to stife, y<sup>e</sup> it is put in more oyle, spread it on a fine cloth, & lay it on to heal, y<sup>e</sup> it is deep take a little lint, & dip it in a little melted salve, & put it to y<sup>e</sup> part for fear of proud flesh.

This will cure any burn at first

### A plaster for a Consumption, to be put put at y<sup>e</sup> pit of y<sup>e</sup> Stomack

Take a qu of an ounce of Burgundy pitch, & as much bees wax, melt y<sup>e</sup> severally, & Clarify y<sup>e</sup>, y<sup>e</sup> take as much oyle of mace oyle of nutmegs, melted together & put to y<sup>e</sup>, steep at much saffron in 2 or 3 spoonfulls of Rosewater, & put to y<sup>e</sup>, mix all well together, & spread it upon leather, & apply it to y<sup>e</sup> pit of y<sup>e</sup> Stomack.

### A very good, yedow Healing Salve

Take 4 ounces of Mear, 2 oz of wax, & an ounce of Coly fany, let y<sup>e</sup> boyle on a soft fire, strain it for your use it is also good for a Brulse.

Some let y<sup>e</sup> blister plaster lye on 24 hours only clip it & doe not take it off, y<sup>e</sup> fine cloth dip in Linseed oyle is very good instead of a plaster, it is best mixed with bees fat, or Hoggs lard, to prevent y<sup>e</sup> tangary in a blister, give 5 or 8 grains of Camphire before you lay on y<sup>e</sup> plaster, in any liquid in a spoon, & drink a draught after, with wafers chewed, & if y<sup>e</sup> have y<sup>e</sup> Stomach by a blister, give y<sup>e</sup> Camphire in barley water or Almond milk.

Lady Bedingfelds Excellent Salve for  
Sore breasts

Take 2 or 300 snails, stamp y<sup>m</sup> shells & all very small, y<sup>e</sup> take  
a Gallon of new milke, put in it  $\frac{1}{2}$  a pound of Aniseeds, beaten  
1 ou of beaten hulls, a qu of an ounce of beaten cloves, set y<sup>e</sup>  
on a fire till most y<sup>e</sup> is consumed, y<sup>e</sup> strain it out  
5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000

It is good to breake sores in y<sup>e</sup> breast or other part.  
To take away pains in y<sup>e</sup> shoulders or other part.

The Lady Habbys Excellent Salve for Breast  
PKW Take  $\frac{1}{2}$  a po of beaten hulls, finely shread, a qu of a po of  
roses, finely beaten, & a qu of a pint of salt oyle, set  
y<sup>e</sup> over a quick fire of charcole, & let y<sup>e</sup> boyle never  
stirring it, when you see y<sup>e</sup> steam it down, & it begins to  
smoke, take it off y<sup>e</sup> fire, or it will burn to y<sup>e</sup> bottom.  
when it begins to be cold, it must be beaten like yeast  
to keep it for your use.  
when you fear a sore breast, dip a fine Rag in it & lay  
it on as hot as y<sup>e</sup> party can endure it, so 2 or 3 times  
a day. A Rare Salve for a Consumption to lay to y<sup>e</sup>  
pit of y<sup>e</sup> stomach, good for a cough, pain in  
the stomach, or back.

Take 3 ounces of Burgundy pitch, 2 ou of Venice Turpentine, one  
ounce of oyle of mace, 2 pennyworth of Bees wax, one ounce of  
white Rosin, melt all these together, & when it is cold, spread it  
upon sheeps leather, with holes, grate a little nutmegs  
from over it, apply it in y<sup>e</sup> shape of a hyst to y<sup>e</sup> pit of y<sup>e</sup>  
stomach, & lay paper or a linnen cloth over it, to keep it  
from y<sup>e</sup> cinner, in a few dayes it will relieve you, y<sup>e</sup>  
stomach will stich & attract it, if you will hal it off  
new spread it, strow some nutmeg on & apply it again.

The Divine Plaster La Hob

Take lithargy of fine gold, of silver, each a pound & halfe, Gallanum,  
Amoriacum, Opoponax, Stedgellum, Sarcus, Aristolochia Rotunda,  
mastike of each 2 ounces, videristrit 1 ou, wax 2 ounces, oyle  
1 quart, cut y<sup>e</sup> Galbanum, Amoriacum, & opoponax, & dissolve  
y<sup>m</sup> in a pint of vinager very strong, 2 or 3 dayes, boyle it a  
little & strain it, y<sup>e</sup> boyle it till it is something thicke, beat  
all y<sup>e</sup> other simples in fine powder, & grind y<sup>m</sup> as fine as pos-  
sible, on a painters stone, y<sup>e</sup> let your oyle on y<sup>e</sup> fire, when y<sup>e</sup> oyle  
welch, broad at y<sup>e</sup> mouth, & will hold 2 quarts. when y<sup>e</sup> oyle  
begins to boyle strow in y<sup>e</sup> lithargie ever stirring it, y<sup>e</sup>  
strow in y<sup>e</sup> rest of your ingredients, one after another all  
but y<sup>e</sup> mastike, let it boyle softly on y<sup>e</sup> fire, till it grows  
thicke, if it is stife to role up, which try by dropping it  
on a plate, pour in y<sup>e</sup> vinager where y<sup>e</sup> other things were  
steeped, let it boyle but one boyle y<sup>e</sup> put in y<sup>e</sup> mastike,  
& stir it, till it is cold, make it up in rolls, care must be  
taken not to over boyle it, for y<sup>e</sup> it will be good for nothing

The vertues

For great pain of y<sup>e</sup> head to y<sup>e</sup> temples  
Sciatica, palsy, to draw out wood, or Iron, out of a mans  
body, or any part,  
old sores, y<sup>e</sup> cannot be leaved, Knots in y<sup>e</sup> flesh, it will draw  
both matter & wind & dissolve y<sup>m</sup>,  
spread it upon leather, one plaster will serve 2 or 3 dressings,  
taking it off & wipe it, & lay it on again.





## Poultices

## An Excellent Ripening poultice

Take y<sup>e</sup> grounds of a harch of Ale, boyle it w<sup>th</sup> household bread, when you w<sup>ill</sup> it put in some oyle of Rose, apply it as hot as can be endured p<sup>r</sup> RW.

Another for y<sup>e</sup> same

Boyle White bread & milke with a White Lily root, or some oyle of White Lilys, & apply it p<sup>r</sup> RW

## A poultice to abridge a swelling caused by a fall or sprain,

Take a good handfull of Smalidge, a little oat meal, a little mutton butt, shread y<sup>m</sup>, & set y<sup>m</sup> over y<sup>e</sup> fire, then it is an house, lay it to y<sup>e</sup> place y<sup>e</sup> civech, not so hot, renew it as you see occasion.

A poultice Excellent for a Swelled Leg, or any y<sup>e</sup> humours fall down to it p<sup>r</sup> RW

Take cowdung newly taken warm it well, & spread it upon a cloth, & spread on it oyle of Roses, lay it on hot as far as it is swelled, shift it night & morning, till it is abridged if it itches much, dap it with wine vinegar,

A poultice to draw y<sup>e</sup> Syue out of any part, Take a quart of milke, turn it with Alum, & apply y<sup>e</sup> curd warm to y<sup>e</sup> place,

## A very good poultice for all things

Boyle White bread & milke & put Linseed oyle to it

A very good poultice for Bruises & falls see p<sup>r</sup> (105).

## An Excellent poultice

Take a pint of grounds of Ale, & a handfull of ~~flax~~ chop<sup>d</sup> small, boyle it & an house, or thicken it with y<sup>e</sup> flowers, & put in a peile of Hogs lard, & apply it as hot as you can bear it.

## An Excellent poultice for to abate a swelling

in y<sup>e</sup> breast or other part

Take a pint of milke boyle it with white bread to a conveni-ent thicknes, & stir in a little butter, & 2 yolks of egg, apply it twice a day, hot, heat as much as you have beleeve for at a time



(208) the Barquet y<sup>e</sup> surgeons prescription for a  
Jenbon hurt by bleeding p<sup>r</sup> L<sup>W</sup>

The fomentation

Take mallows, & march mallows leaves, of each 1 hand, march  
mallows roots 2 ounces, onion roots 1 ounce, Camomile &  
melilot flowers, <sup>both dryed</sup> red rose leaves, of each 2 hand  
boyle y<sup>m</sup> in a sufficient quantity of water, for a fo-  
mentation, y<sup>e</sup> is a quart of water, boyle it to a pint.  
strain it, & dip flannels in it, wring y<sup>m</sup>, & apply y<sup>m</sup>, as  
hot as y<sup>e</sup> party can bear it, twice a day.

The plaister

beat y<sup>e</sup> roots & flowers so boyled soft to a paste, y<sup>e</sup> add  
powder of linseed & barley, & oyle of wormes as much as  
will make it a plaister, or poultice.

The Linement

Take oymment of marsh mallows, herve oyle, of each  
 $\frac{1}{2}$  an ounce, mix these

The fomentation must be used twice a day, as soon as  
y<sup>e</sup> fomentation is over, apply y<sup>e</sup> plaister, or poultice,  
fresh twice a day.

when y<sup>e</sup> pain is over if y<sup>e</sup> arm is stiff. y<sup>e</sup> apply y<sup>e</sup> linement

A bath to loosen shrouk sinews to  
loosen & nourish y<sup>e</sup> part.

Take of y<sup>e</sup> leaves of Egermony, centuary, St Johns Wort  
wormwood, Sage, Rue, Elder, mallows, marsh mallows, mercury  
of each 2 handfulls, flowers of camomil & Elder of each  
2 ounces, Quince kernels, Flax seeds & Fenigreeke of each  
halfe an ounce, boyle these in a broth boyled of a sheeps  
head, wool & all. to 4 Quarts, head part of it at a time, dip  
pieces of flannel in it, wring it out, & apply it hot to y<sup>e</sup> part

An Excellent oyle to loosen shrouk  
sinews & nourish y<sup>e</sup> part

palm oyle, Linseed oyle, & oyle of wormes, of each a like  
quantity, rub it in hot night & morning by y<sup>e</sup> fire  
with a hot hand, very well p<sup>r</sup> L<sup>W</sup>

Excellent Peas for Jluies

Take a pint of White peas Wash y<sup>m</sup> well, y<sup>e</sup> take an ounce  
of Roman vitriol, powder it very fine, put y<sup>e</sup> peas in a  
large quart bottle, & put to y<sup>m</sup> a quart of a phile of Rives  
water. y<sup>e</sup> put y<sup>e</sup> powder to y<sup>m</sup>, shake y<sup>m</sup> well for 24 h<sup>rs</sup>.  
y<sup>e</sup> stop y<sup>e</sup> bottle & let it stand 7 dayes, shaking y<sup>m</sup> often  
when all y<sup>e</sup> water is dryed up, cut a pea to see if it is green  
within, when y<sup>e</sup> are enough, take y<sup>m</sup> out & let y<sup>m</sup> dry  
sun to dry. keep y<sup>m</sup> in a dry Glasse if need be put more  
water to y<sup>m</sup>, a little at a time in y<sup>e</sup> doing.

## Mr Brown's way of dressing wounds

Make a fomentation as on y<sup>e</sup> other side, y<sup>e</sup> put in some brandy or spirit of wine, dip pieces of flax in it, boyling hot, have a course towel ready, roll up y<sup>e</sup> flax in it, & let 2 persons wring it dry, lay y<sup>e</sup> flax on as hot as y<sup>e</sup> party can bear it, lay y<sup>e</sup> part over with a dry flax, as soon as it is a little coole take it off, & put on another, so doe 4 or 5 times, note just before you put y<sup>e</sup> flax on, wash it with y<sup>e</sup> brandy, the flax must be 3 or 4 double or staps. y<sup>e</sup> take off y<sup>e</sup> plaisters & soile wipe y<sup>e</sup> wound clean, & have ready Tow or lint, roll up in such little soiles as you cram chickens, dip y<sup>e</sup> in a good green oylment, & fill y<sup>e</sup> wound with y<sup>e</sup> y<sup>e</sup> take a piece of lint of an oval figure, put some basilicon on it, & lay it over y<sup>e</sup> soile, y<sup>e</sup> a plaister over all, & streke it up with rolets, if it is very painful, stape it y<sup>e</sup> more, if it is much swollen lay a hot stape on y<sup>e</sup> plaister & bind it on with y<sup>e</sup> toles, thus doe every dressing, to put a little spirit of wine in y<sup>e</sup> green oylment is not amiss, use this method till the wound is healed, this is proper for for a swelling taking on any part after a scarrow, any swelling with inflammation, y<sup>e</sup> stapes to disperse or bring it to ripen, when it is a sore, y<sup>e</sup> oylment & plaisters, & y<sup>e</sup> stapes to make it digest.

The staps are also good for all cold swellings, & pains in y<sup>e</sup> arms & legs y<sup>e</sup> are not keumabick.

## Mr Brown's Excellent Oylment

Boyle y<sup>e</sup> leaves of a plant called y<sup>e</sup> Aples of persia in Hogs lard or mutton suet, to an oylment & use it for any wound.

A Bath or Stupe, for numbness & pain in y<sup>e</sup> limbs  
Take Bay leaves, Sage, Rosemary, & Lavender, flowers, Time Rue & Camomile flowers, of each 1 handful, Bay & Juniper berries of each 1 ounce, salt & Wood Rashes of each 1 handful, Boyle all these in 4 qu of water, to a pottle, strain out & a pad to it a pint of brandy, heat it boyling hot & use it as on y<sup>e</sup> other side, when you use y<sup>e</sup> other to put in a pint of brandy more.

## La Charlot's Hems Excellent Oyle for a Lane

Oyle of Turpentine 1 ounce  
Oyle of Spike 2 ounces  
Rivine Oyle, 1 ounce  
Oyle of Medsons, 1 ounce.

Make all these altogether in a bottle very well, when you use it warm y<sup>e</sup> hand, & rub the grievous place with it very well, y<sup>e</sup> apply some flaxen warm to y<sup>e</sup> part, to keep it warm once in 24 hours repeat it again, till the party is cured.



Balsom of Peruv. 2 ounces, y<sup>e</sup> best Storax 4 ounces, Benjamin  
impregnated, w<sup>th</sup> Sweet Almonds 7 ounces, Illow Succatrina, 1 ounce,  
Myrrh Elct. Purst Frankincense, Roots of Angelica, of each 1 ounce,  
flowers of St Johns Wort one ounce,  
Spirit of Wine one quart; -  
beat y<sup>e</sup> above Drugs together, & put y<sup>m</sup> into a Bottle, well stop'd,  
& let it all y<sup>e</sup> days in y<sup>e</sup> sun, or in a sand bath, then strain  
it thro a fine Cloth, & put it into small Bottles for use, & be  
kept close stop'd.

## Its Virtues

It cures all cuts w<sup>th</sup> soon, & heal, in 8 days, by applying it w<sup>th</sup>  
feather, Cotton or injection. If y<sup>e</sup> wound has been dress'd w<sup>th</sup>  
any other medicine, wash it first, w<sup>th</sup> warm white Wine.  
you need not use either Treat or Plaster.

It Cures y<sup>e</sup> Colick, mixing 4 or 5 drops, w<sup>th</sup> Wine according  
to y<sup>e</sup> Age of y<sup>e</sup> Person.

It cures y<sup>e</sup> Pain of y<sup>e</sup> Gout, by applying 2 or 3 drops to y<sup>e</sup>  
part afflicted.

It cures y<sup>e</sup> Toothack, by dropping it on Cotton, & applying it.

It cures Ulcers, Caners, Biting of Venimous Creatures,  
& Mad Dogs, by taking a few drops inwardly, & applying  
it outwardly to y<sup>e</sup> Part.

Its usefull to prevent piking in y<sup>e</sup> Small Pox, by anointing  
y<sup>e</sup> face w<sup>th</sup> it, after they are turn'd.

It is excellent for Contusions, Burns, & Scalds.

Six drops more or less, taken inwardly, is admirable, usefull in Cures  
of a spotted fever.

It cures sore Eyes applying it w<sup>th</sup> a feather.

An Excellent Glistes to Draw away any  
Humours, you fear may be gathering  
inwardly, or for an Inward Strain  
or Knell.

Boyle Camin seeds in Milk, y<sup>e</sup> turn it with sack  
y<sup>e</sup> put in a good lump of Venice Treacle, take it once  
a week or fortnight.

An Excellent Glistes for the Colick

Take a spoonfull of Venice Turpentine, & y<sup>e</sup> Yolk  
of an egg, beat y<sup>e</sup> Turpentine w<sup>th</sup> in a mortar, y<sup>e</sup>  
put in y<sup>e</sup> egg, beat it again, y<sup>e</sup> Boyle Halfe a pint of  
milk, let it stand till it is milk warm, y<sup>e</sup> put it in  
y<sup>e</sup> mortar with a spoonfull of oyle, mix it v<sup>ery</sup> well,  
take it out, & warm it, & apply it.

Another

Take of Malloes leaves, Handfull, as many Camomile  
flowers, 2 spoonfulls of Juniper Berries Bruised, boyle  
y<sup>m</sup> in a pint of milk, when it has boyled to a  
pint strain it, & while it is boilling Hop, in y<sup>e</sup> full  
y<sup>e</sup> quantity of a large Nutmeg of Venice Treacle,  
when it is dissolved, give it.

A Glistes for a violent Looseness See p (200)

A Glistes for a plury See p (200)

A Gentle Glistes

Boyle a pint of milk, sweeten it with coarse sugar,  
in y<sup>e</sup> Colick add seeds of Anis Caraway or fennel  
match Malloes, or Comon Malloes & Camomile flowers  
for y<sup>e</sup> wormes boyle wormseed in y<sup>e</sup> Milk.

A Gentle Glistes for y<sup>e</sup> wind or p<sup>ri</sup>ce

Take 3 q<sup>ts</sup> of a pint of milk, turn it with sack, y<sup>e</sup> Boyle in y<sup>e</sup>  
whey, Camomile flowers, coriander & Sweet fennel seeds, Hop, it  
out, & add to it 2 spoonfulls of coarse sugar, & as much salt  
oyle.

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A Glistes for a Dropsy but Gibions  
Take an ounce of Venice Turpentine, rub it  
in a mortar with y<sup>e</sup> yolk of an egg, till y<sup>e</sup>  
Turpentine looks whitish, y<sup>e</sup> put to it 3 q<sup>ts</sup> of  
a pint of y<sup>e</sup> persons own water, take warm, put  
it in by degrees, y<sup>e</sup> make it a little hotter, strain  
it out so give it.

A Glistes to strengthen the ~~throat~~  
the bowels, & in a Colic.

Boyle a sheeps head with the Wool on it, till it  
comes to potage, take 3 q<sup>ts</sup> of a pint, put to it  
an ounce of ~~essence~~ of Dioscoridiam, & an ounce of  
red wine Treacle give it in a Glistes.

Catech

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For a Blaine in a Cow  
Take any egg breake a bit of y<sup>e</sup> shell on the Top &  
put it, both y<sup>e</sup> cows throat, & that does not doe,  
put down another, & so till the Blaine has don  
rising.

When a saddle has nipt a Horses backe  
Take y<sup>e</sup> cast & y<sup>e</sup> foot out of a chimney, where they  
burn wood mix it together & spread it on lea-  
ther, & lay it on y<sup>e</sup> part.

When they chafe with y<sup>e</sup> part clean with cold  
water, y<sup>e</sup> rub y<sup>e</sup> part with burnt butter.

The best purge y<sup>e</sup> is for a Horse proved  
Give 1000 of Globes of Brimstone, & 10 Drams of fine flax  
in a pint of Ale, the flax beat fine, & 2 ounces of  
Jalap of Buckthorn.

For the Farcy  
Take 2 handfuls of fresh pigeons dung, infuse it 24 hours  
in 2 quarts of urine, y<sup>e</sup> strain it out, raff & put in 1 hand  
ful of Sage, 1 of worm weed, 1 of Rose, 1 of Selandone, boyle it  
till halfe is wasted, give y<sup>e</sup> Horse one halfe in the morning  
& the other 5 or 4 dayes after, it must be straine from y<sup>e</sup>  
Beards.

For Grease



A Receipt for a person to make  
her Husband Love her

- 1<sup>st</sup> Let her be meek, & Humble & condescending in all things  
careful, & reasonable to her Husbands humour.
- 2<sup>d</sup> Let her never forget if word Obedy, is to be found in Scripture  
& if it will admit of a larger sense, in y<sup>e</sup> obsequency of her sex  
will give y<sup>e</sup> leave to understand it in, she must therefore  
by a ready obedience, not tempt him to stretch it into an  
absolute arbitrary unlimited power, which may make her  
resistance necessary, & a separation unavoidable.
- 3<sup>d</sup> Let her endeavour herself to him by soft answers, mild reproof  
(when deserved) which may discover more of love & authority,  
more dition of doing good, in invading his prerogative.
- 4<sup>th</sup> Let her never entertain a jealous thought without a cause  
& when she has one, let her own deportment be such, as may  
win him to withdraw his affections, from others, & settle it  
most justly on her self.
- 5<sup>th</sup> Let her Apparel & dress (which is a great motive to love) be  
always spruce, & clean, with a due consideration had to her  
quality which she must not exceed.
- 6<sup>th</sup> Let her always be careful to gratifye her Husband with  
y<sup>e</sup> free, & unforced expression, of all the endowments, either  
of body, or mind, as her learning with ingenious conver-  
sations, Musick, Dancing, singing &c. & where these are want-  
ing, love, constancy, & fidelity, goodness, meekness, & long  
sufferance, will be found, to have greater charms in time, y<sup>e</sup>  
all other outward qualifications.
- 7<sup>th</sup> Let her manage the concerns of her house, rather as a Diva  
in a business, for when it is looked upon as her sole care, &  
concern, y<sup>e</sup> least disappointment, or provocation of her, ser-  
vants, will be apt to discompose her good humours, with which  
she ought always to entertain her husband.
- 8<sup>th</sup> Let an even & quiet Temper, & a just economy in all her affairs,  
relating to her family, make it a Barrenness & a piece of Religion in  
her Husband to misuse her.

Thus shall his love increase, & daily grow.

To such a height, as none but Love know.

probatum 1683

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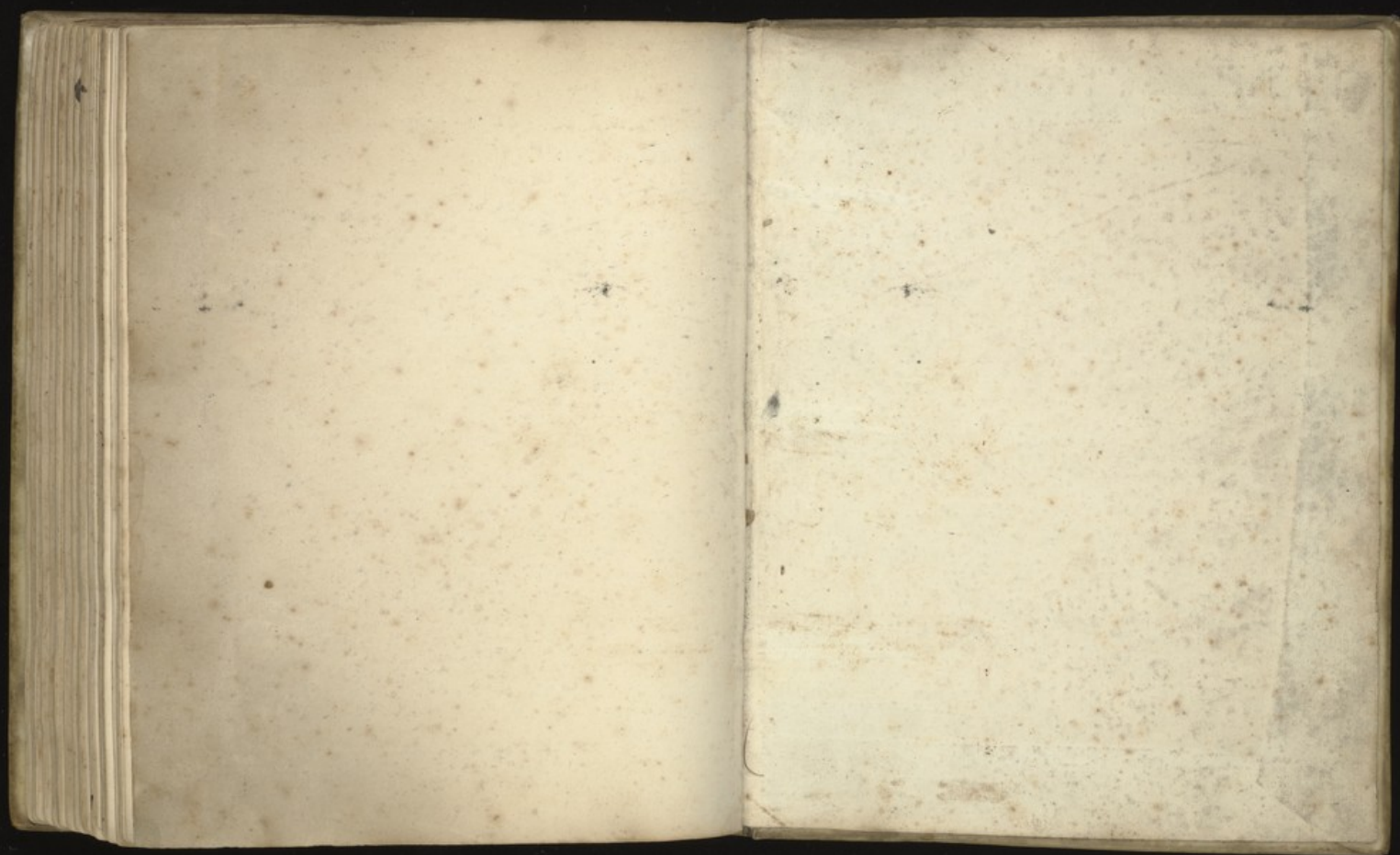
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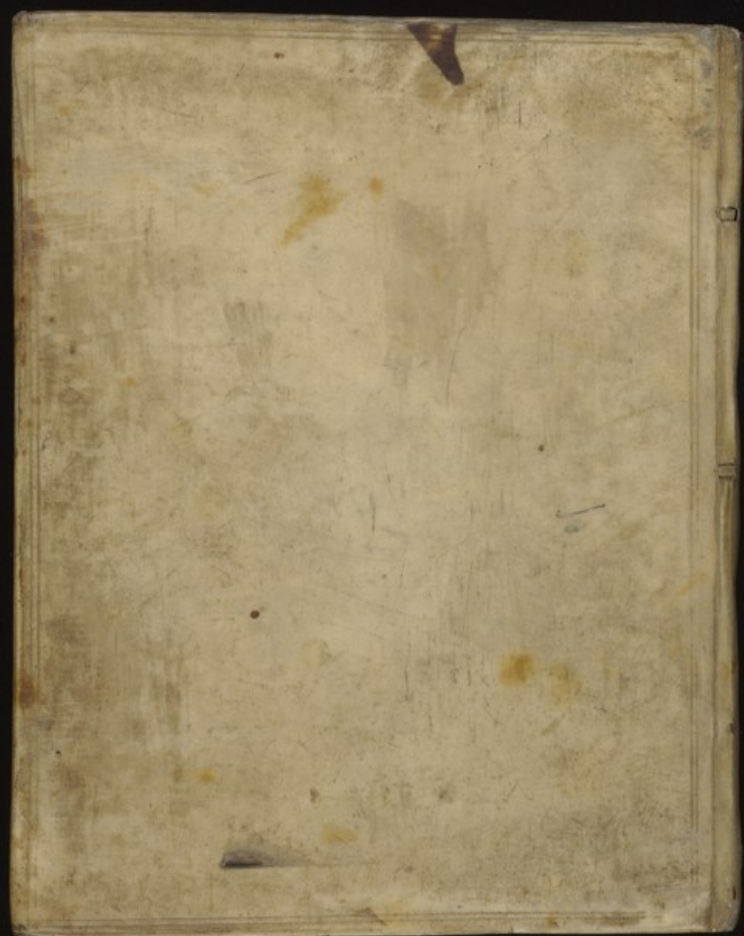


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