English Recipe Book, late 18th-early 19th century

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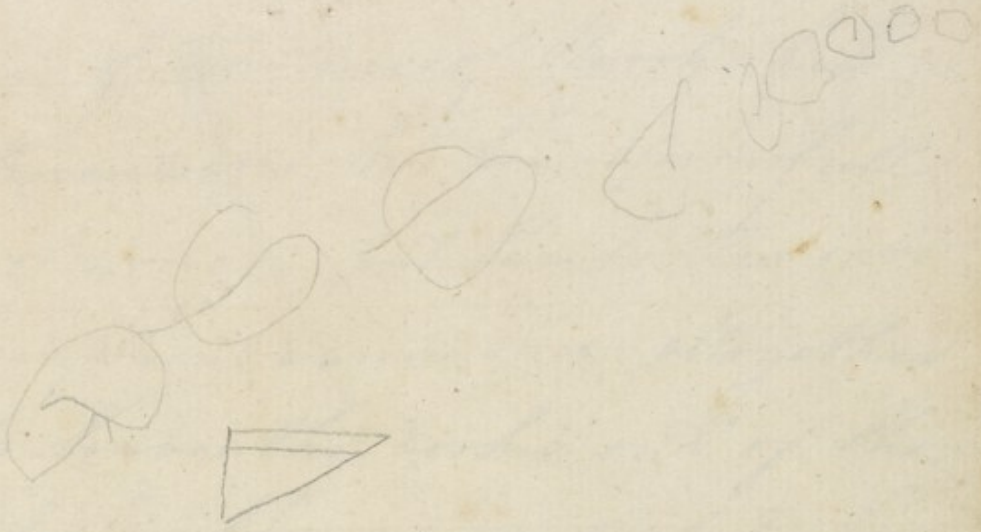
Book of Receipts

Vol. 1

Mr Mansell
Rochford
1798



A wash for the Mouth

One ounce of tincture of Myrrh half a pint of Rose-water, two tea spoonfull of spirits of wine, put the bottles into warm water, when warm mix altogether mind to leave the corks out of the bottles while in the warm water

Mrs Aylmer

Lavender Water

1 quart of Spirits of Wine
½ oz of Oil of Lavender
½ oz of Spice Bergamot
¼ oz of Ambergris
3 grains of Musk

Mix the above in a bottle shake it well, keep it well Corked, it improves much by keeping very good

2

White eye ointment

Miss Halsey

Put the flowers of white Roses clean picked into an earthen Pot with two quarts of best double distilled white wine vinegar, let it stand in a sunny window a Month close covered stirring it every day or two, and after squeezing the Roses out, let the liquor stand a day or two to settle down the foulness. Then pour it off into Bottles and to every pint put a quarter of a pound of Litharge of Gold, shake it well at first, and some time as long as it lasts, it will keep good for years.

When you make the ointment let it be quite clear, beat a little of it up with an equal quantity of the best Salled oil you cannot beat it a good deal with a tea spoon

Touch slightly round the Eye lids on going to bed and wipe it off in the Morning you should not be discouraged if the are worse for a day or two — It is also very good for a Burn if you do it with a feather taking care not to break the Blisters it will heal without a Scar

It must be the Lengated Litharge

An excellent Application for Burns

Rose Pomatum

Miss Stafsey

Take 6 lb of best Lard put it into a pan and stir in with a Wooden spoon as many leaves as you possibly can, putting in a few at a time, cover it close and let it stand all Night. Then for ten days longer keep stirring in as many Rose leaves as you can get every day you must now stir them with your Hand, remembering to put in all the yellow part of the Rose and the first day put a large Spoonful of salt to each pound of Lard — at the end of ten days put the pomatum into a Jar that will stand in a Kettle of Water, set it on the fire and let it simmer three hours — then squeeze as much as possible

of this through a piece of Muslin or strained from the Rose leaves pour it into a wide pan, when quite cold take off the Cake of Pomatum & throw away the liquor, heat it again pour it into a pan as before, let it stand to cold throwing away the liquor, this is to be repeated till there is no liquor remaining — it must be beat up like the Pomatum before it is put into the pots — the heating it twice is thought sufficient —

Powder

To one on hyne

Mr Shepherd.

3 Drachms of best red Bark
1½ Do of Venice Treacle
½ Antimony & ½
½ Lemon & ½ Mixed in three
Glasses of best red Port Wine and to
be taken three following nights on
going to Bed — An Emetic should
be taken the first Night prior to
taking the above Medicine

---

a very good receipt from Repented
Viols

50

Green Oil Lady C. Hotton

Take Red sage, Rosemary, Lavender — broad leaved balm, camomile, & valerian of each 4 oz. wormwood 2 oz. gather them in a hot sunny day & wipe them with a cloth then chop them very small & put them into a large mouthed glass bottle & put to them a quart of best oil & tie it close let it stand in the sun 3 weeks, stirring it every 3 or 4 day — put it into a skillet & boil it a little then strain out all the herbs as hard as you can wring them then add to it one pint of oil, & the same quantity of herbs freshly gathered & chopt as before & let them be in the sun again

30 or 4 days then set them upon the fire which must be very gentle & let it boil very softly till it is green, strain out your herbs and let the oil stand in a pewter Bason one Night then put your Bacon upon a chafing dish of coals & let the oil boil and if any skum rises take it off clean then take it off the fire and let it stand till it is cold, take a little off in a glass for special use then take up the rest & if there be any water at the bottom leave it

11

Half a quarter of a pint of Oil 25

Drops of Goulard 20

For the Rheumatism

Col: Dyke

4 oz of Ether, 1 oz of Camphine - put the Camphine in a Phial and pour the Ether on it

Oil of Charity

Wm Tone

Take Rosemary, Lavender, Red Sage Wormwood, Celadine, Hyssop, and Chamomile of each two handfuls of the Leaves Valerian four handfuls Bruise the herbs and put to them a quart of the finest Olive oil let it simmer gently over a fire till the oil is of a deep green color. If the quantity of herbs does not make it a good color strain it off and add more Valerian till it is of a good color then strain again squeezing the herbs quite dry and when it is settled and cold put it into a stone jar

letting it stand a day by the fire
and simmed very gently

The Virtues

This is good for any bruises, inwardly
or outwardly used for inward bruise
take two spoonfulls in Barm or
any Posset drink and keep your Bed
a while anointing outwardly therewith
It will heal a broken vein in the
inside that the person vomit Blood
It cures a green wound, is good in pont
tics to disperse or ripen a swelling
It will cure a swelled face of tooth ach
that proceeds from cold, or swelled legs
by Bathing it in by the fire; it is like
wise good for the Cholic taken in sack
It has been tryd with success for the

sting of a wasp or Bee and for Burns. When used for a wound the oil should be poured into it, and lint dipped into the oil & put up on it

Cold Cream

Miss Hafsey

To half a pint of Footed Oil and a Quarter of a pint of Rose Water add two Ounces of White Wax, one ounce of Spermaceti and half an ounce of white Sugar Candy, melt all together in a Broom over some Coals and then beat it till it is Cold, when

it is nearly as fine in Lavender water?
or any other Perfume you please
N B: The longer you beat it the better
it is

For an Ague Col: Dyke 18

1 bag of best Red Bark - 1 Nutmeg grated -
1 Table Spoonful of Black pepper -
1 Do - - - - - of Coarse Sugar to be mixed
with Syrup of red Poppies till it comes to
an Electuary - a large Tea-Spoonful to
be taken as soon as the fit is off - & to
be repeated every half hour, so as to take
the whole quantity in 24 hours —

Half the quantity for a Child —

~~xxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxxx~~

Very excellent Receipt
An Emetic to be taken about ten minutes
before the fit is coming on —

For the face or Hands

A pinte of Rose Water, an oz of oil of Almonds, 2 drachms of Lievium Tartar

Mrs Torre

For bruises or Sprains

Miss Stafsey

Dissolve 4 ounces of Camphire in a Pint of best Spirits of Wine, add a Bullocks Gall hot from the Animal

Miss

N B.

It is remarkably good for the Rheumatism in a Man or Beast

Lin. Embrocation for a sore Throat

Two fifths of Hartshorn, two fifths of Oil, & one of Lavendar —

To make Eye Water

Miss Jennings

Boil an Egg hard, shell it slip out the Yolk, then grind to the white thirty grains of white vitriol, chopt very fine put it in a piece of Muslin and filter two ounces of Rose water through it —

NB. As heat is essential to well dissolving the Vitriol, it must be done while the Egg is hot and the plate should be held over boiling Water all the time you are chopping it

it hang over the Breast — The cloth will be dry enough to dip again as soon as it has done dripping —

An approved Receipt for a sore Breast to break, draw, or heal it, Mrs. Porwood

Take half a pound of Mutton suet, shred it very small, a handful of Flaxseed beaten very fine; Boil these together for half an hour. Strain it off and add to it two ounces of Beeswax a quarter of a Pint of Linseed Oil, set this on the fire until it is melted then dip a piece of linen cloth into it three times; letting the cloth be cold between each dipping Apply it to the Breast, it must be every day clean wiped & turned —

NB One of these plaisters will serve a fortnight or three weeks, the odd bits that are cut off from the Plaisters should be sent with it, one square of Scotch cloth will make nine, these plaisters will keep good several Months, the Patient must tack it together to make

For the distemper in Dogs

12 Grains of Gum Opium
24 do Emetic Tartar

Made into twelve balls & two given every morning. This is the dose for the largest grown dogs, two thirds, one half or one third should be given for smaller or young puppies

For the Mange

White Wine	1/2 Pint
Spirit of Turpentine	1/4 Pint
Strong Beer	1 Quart
Nitre in Powder	2 Ounces

Mix & apply warm three alternate days. Alterative Physic given occasionally will assist the cure

A receipt for an Ague & also an excellent Medicine for a weak Stomach

Mr Collet

1 oz of Gentian root, 1 oz of Centuary boiled in two Quarts of water till reduced to three pints then add 1 oz of Camomile Flowers & let them boil about ten minutes then strain it off and add an oz of best Bark there ought to be a Quart of it altogether which must be all taken between the fits

An Emetic taken first for the Ague

very good for a weak Stomach

~~An excellent Receipt~~

For a Cough

5 grains Ipecacuana
7 grains of Salt of Wormwood
Oil of Almonds three Drachms —
sweet spirits of Nitre
4 Ounces of Water —
Sweetend to your taste

For an Ague

Mrs Hawkins

Half an Ounce of Best Bark
a Quarter of an Ounce of Ground Treacle
made into an Electuary take the quantity
of a Nutmeg Night & Morning, in two
Spoonfuls of Lemon juice mixed in a
Glass of White Wine
An Emetic should be taken first

For the Ague

Lady E. Sutton

1 Oz of Bark
2 Drachms of Mithridate
1 Do of Snake root
made into an Electuary, with Syrup of
Orange and taken, every about the size of a Nutmeg two hours when
the fits off.
Blue Pill or Calomel to be taken over
Night & Opiate in the Morning

For a Sprain

Miss Lamb

One pound of Bay Salt boiled in a Quart of Spring water – dip a piece of Flannel & bind round the part twice a day –

For a broken Shin

Miss Lamb

The inner skin of an Egg applied to the wound and suffered to remain on till healed –

An Eye Water
Miss Lamb

An ounce of white Vitriol to one
quart of spring Water, shaken & stand
a day or two, and then filtered off
very good

For the Gall Stone
Mr Collet
Eight grains of Ivory shavings to be
taken eight or ten Nights on going to
Bed, then to be omitted for a few Nights
and then taken again — the shavings
to be taken in the pulp of Baked Apple
or some such substance

Mrs Conyghten

Take an oz of Jalap in fine powder steep it in half a pint of Geneva shake it two or three times a day for a week then filter it off
Take a tea spoonfull or two in cennet whey for a Month in Spring or fall

Tincture of Bark
Mr Robinson

One oz of best bark — 1/2 an oz of Camomile Flowers, one drachm of Ginger in a bottle white Wine

For a Wen

Mrs Crompton

Boil salt water sufficiently strong to bear an Egg, apply it luke warm with a bit of Linen six or eight times a day, or oftener if convenient Mr L— s broke in eleven days

For an Ague

Col: Webb

1/2 an oz of best Bark –
20 grains of snake root
10 ditto of Salt of Wormwood
half a pint of Port wine –
to take the above quantity in four doses in 24 hours – an Emetic to be taken first –

For Bile and Indigestion

Mrs Creighton

Of Santonine Aloes, Rhubarb, powder, and Castile Soap, each one ounce — make these into a Mass with syrup of Buckthorne, and from every drachm make ten Pills — One or two to be taken going to Bed —

The above quantity makes 240 Pills —

For an Ague

Dr Dilmot

2 ounces of best Bark, a pint of Brandy, a pint of Water to 3 spoonsful to be taken every two Hours, with twelve drops of Tincture of digitalis in each dose —

For the cure of an Ague

One ounce of fine Bole Powder, half an ounce of Gum Galbanum, half an ounce of Venice Turpentine mixed together before the fire, and then spread on a piece of Leather about the size of half a Crown and applied to the wrist —

A Cathartic Medicine

3 grains of Calomel, 2 and half of cathartic extract — for a child of five years of age —

Mouth Water — for the Teeth:

Half a pint of rectified spirits of wine, 3 drams of Gum Myrrh and a dram and half of best Shell Lac — Put one large spoonfull of this Mixture to twelve of water, and wash the mouth with it Night and Morning — or oftener if required.
N.B. The strength should be determined by the state of the teeth, and the effect produced — K.T.

A most excellent Salve for bad Legs

Mrs A. Hepey

One ounce of Spermaceti, one pint of sweet oil, 1/2 pound of red lead, 1/4 pound of yellow Rosin, 1/4 pound of Bees wax, and 4 grains of Musk; simmer these together over the fire in an earthen Pipkin for one hour — do not put in the Musk till the other ingredients are all dissolved — The salve must be spread thin on fine Rag —

For Chilblains

2 Drams Compte Sal Ammoniac
3 Ounces Rectified Spirits of Wine
1½ Dram Extract of Lead
30 Drops Spirits Sea salt — in Embrocation

To take out Ink & Iron mould

Three quarters of an Ounce of Oxalic Acid to four Ounces of boiling Water

To prevent a Broken Breast

Take of Honey one spoonful, of Hog's Land one spoonful, just melt them together, so as to mix well, then take it off the fire, put into it the yolk of a new laid egg. Stir it well in, and after you have mixed it well put into it a Table spoonful of fine flour stirring the flour well in. then put it in a pot for use.

Dr Nelson.

Preparation of Ireland Moss.

You must first pick all the dirt out of the Moss, and wash it clean. Then take 6 ounces of Moss and put it in 3 pints of Water and let it simmer till reduced to 2 Pints, then add the same quantity of Sugar as you took of Moss and let it simmer till reduced to one Pint or rather more, which when cold should produce a strong Jelly —

This is particularly recommended in decline, or for any bad Cough & this quantity should be taken in the course of the day a cup full at a time

 Balls for Dogs

Cascarilla Bark powdered 3 Drachms
Camomile Flowers powdered 3 Drachms
Friars Balsam ——— 45 Drops

Make in a Mass & divide into eight Balls

It is to be remembered that this medicine is not proper to be given in the Distemper in all its stages but intended as a tonic when the disorder continues hanging about the Dog accompanied by weakness convulsive catchings or loss of appetite. It should be accompanied by strong nourishment & proper attention to the state of the bowels. The above quantity is for the larger breeds of Dogs for the smaller breeds as beagles terriers it should be reduced by taking off one

Recipe of the ingredients

For the violent complaint in the bowels which often attends this disorder Starch boiled & poured down the Dogs throat is the best remedy. If to this is added a small quantity of prepared Chalk & gum Arabic powdered it will prove infallible. They must be mixed with the starch & boiled with it.

Black Currant Brandy for sore throats.

Gather ripe black currants, but care they are not wet with Rain or Dew put them in a bottle & as many as it will hold then pour in as much Brandy as the bottle will contain. When wanted to be used pour some on a piece of sugar in a tea spoon swallow it as slowly as possible & use

 Stir as occasion requires.

Prepared chalk, Gum Arabic powdered in equal parts made into Balls with Balsam of tolu & a few drops of Friars Balsam. A Ball according to the size of the Dog to be given three times a day or oftener if occasion requires in the violent complaint in the bowels frequently attendant on Dogs in the distemper.

For Dogs with Humours —
5 grains of Calomel. 1 scruple of Jalap given over night — a tonic Medicine to be taken afterwards

Mr Ramsden —

4 Grains of Calomel 4 Grains of Ipecacuanha
in the earliest stage of the Scarlet fever

Wm Cornwallis
Gr Bo

To fumigate a Room

A little Cascarilla bark - heat in an
earthen pan —

Wm Cornwallis

For bruises & wounds -

A little Sugar of Lead in water

Wm Cornwallis

From 10 to 15 Grains of Catherticus Extract
for one dose -

Antimonial Wine

Emetic Tartar - half a drachm Boiling water four fluid ounces. White wine six ditto —

For a nervous pain in the Face

Take over night three grains of Calomel in a pill – and 1 Oz & 1/2 of Camphor Julep 30 drops of Laudanum 1/4 grain of Emetiter, next morning take 4 Drachms of Salts, 3 drops of oil of peppermint

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For an Eruption in the Face

1 grain of Corrosive Sublimate, 1 oz of Spirits of wine, or Red lavender 30 drops twice a day – three grains of Julep every morning – the above dose is for a Child three years old –

47. Mock Godbold Mrs Biller

A Pint of vinegar boiled, add a pound of Treacle, and give it one boil again add 120 drops of Laudanum when cold it is fit for use

To be taken whenever the Cough is troublesome, or two spoonfull Night and Morning

Honey of Roses

Dried red Rose buds four ounces, boiling distilled water three pints, clarified Honey five pounds; macerate the Rose-leaves in the water for six hours, then mix the Honey with the strained liquor and boil the mixture to the thickness of a Syrup —

Dr Thornton

Syrup of Red Roses

Take of the dried petals of red Roses seven ounces, double refined Sugar 6 pounds — Macerate the Roses in the Water for twelve Hours, then boil it a little & strain the liquor add it to the Sugar, and boil it again so as to form the Syrup —

49..

℞ Extract of Stramonium two grains
Sweet spirit of Nitre . . one drachms
Simple Syrup . . . . . two drachms
Cinnamon water . . . . five Ounces.

Mix & take a fourth part every four hours.

Mr. Whitfield. prescription for Susan Aldgate.

For Indigestion Mr Remsde

1/2 a Drachm of Ipecacuanha

1 Scruple of White Vitriol -

The above dose for a strong Man and to be taken at Night

To keep off the Gout

1 Oz of Rhubarb

1 Oz of Columbo root

1 Oz of Ginger - take a tea spoonful of the above in a glass of peppermint water fasting twice a week -

For the Distemper in Dogs

Jalep ℈i Calomel gr iv, Ginger gr ii
if very bad add 2 grains Emetic Tartar,
of this you may give 2 or 3 doses accordg
to the obstinacy of the complaint
and bathe the throat with the
following Embrocation 2 or 3 times a day
Olive oil three Drachms Spirits of
Hartshorn one —

For Chicken

Small doses of Rhe and fresh Bitter
and the Chicken house to be cleaned &
painted

To kill Bugs

Poison—

2 oz of corrosive Sublimate in 1 quart of Water, wash the places affected with them—

Dr White

1/2 an oz of Oil of Turpentine
1/4 two following Mornings — for Epileptic fits — after four of five mornings repeat the dose —

For the whooping Cough

One scruple of salt of Tartar to a quart of a pint of cold water, sweeten it with fine sugar powdered, add ten grains of cochineal pounded very fine

To a child under a year old the third of a table spoonfull four times a day — two or three years old half a spoonfull, four times a day — four or five years of age a table spoonfull & so on increasing with the years — When it has been given some time the quantity may be increased

55

℞ Hydrarg: Nitrat: R. subtilissime levigati ℥ss
Ung. Alb: ℥ss M. ft Ung. Opthalm.

For a Sore Breast

A pound of Mutton Suet shred very fine
A pint of Sweet oil
½ a pound of Rosin — heated in an earthen
pipkin till the Gum falls and then
beat with a piece of stick till it is quite
smooth — a fine piece of rag the size
of the breast to be dipped in the when
warm and applied night and morning
a dose of Physic to be taken —

Eye Water Mr Barry

Half a pint of water
Ext: of Lead One Drachm
Spirits of Wine & Camphor one Drachm
& half —

Nervous Medicine

Eight Ounces of Camphor Julep Mr Barry
1/2 ditto Tincture Valerian —

— For a weak Stomach —

A Drachm of Gentian Root cut in small pieces infused in three quarters of a pint of boiling water —

To fumigate a Room

Spirit of Nitric - and Nitre -

59 Remedey for poison from eating things dressed in Copper vessel

A Table spoonfull of powdered Charcoal mixed with honey, taken or Treacle to be taken immediately - An Emetic or cathartic to be taken within two hours after -

For a Stoppage in the Bowels 60

Mr Ramsden

30 Grains of Calomel
2 Drachms of Jalap
2 Grains Emetic Tarter
Made into twelve papers
One to be taken every 4 hours. till
they Operate

61 For a Constitutional Cough

Sir Wm Knighton

Take of Almond emulsion 7½ ounces
of Syrup of White Poppies & Oxymel
of Squills of each two drachms.
Compound powder of gum tragacanth
one drachm two table spoonfuls to be taken
frequently —

For Mrs Percy — Mr Berry

A Blue Pill to be taken every night —

Once a week 3 Pills of Aloes & Myrrh — of five grains each — with a little spirituous bit of Cardamums —

An Ounce of Bark in a pint & ½ of Water, boiled to one Pint — add 1 Drachm & ½ — of prepared Nitron ½ Drachm powdered Ginger — three Table Spoons full to be taken twice a day

For a Cow

Dr Robbington

Purified Nitre 1 drachm

Oxymel 2 ounces.

For horses in Asses.

Mr Percy

1 1/2 drachms of Calomel

5 Ditto Anise Seed. Mix with Treacle into three Balls and give one three successive nights followed by the Ball the fourth morning

Barbadoes Aloes. 4 drachms

Gamboge. 1/2 drachm

Prepared Kali 2 drachms. Ginger 1 drachm

Oil of Amber a Teaspoonful

Syrup of Buckthorne enough to form the Ball

Spring Physic for Horses
Mr Lefford

1 Pound of Salt Petre, 1/2 Pound of Brimstone 1/4 Pound Antimony well pounded and mixed together a Table spoonfull to be in the Corn for three following days - discontinue for three days, and then give it again for three times

N B. Let the horse have bruised Corn or other dry food with a little water. Let a week elapse then repeat the same balls and purge. then they seldom fail to bring away whatever worms the Horse may have -

For the Rheumatism

Half an ounce of Salt of Hartshorn mixed in a quart of Spring Water -

A wine glass to be taken every morning and evening for six weeks without intermission, the Salt of Hartshorn to be powdered

The above quantity lasts a week

To be kept well corked

To make a Marble work for Walls

Mr Crowder

Take 56 lbs of new burnt stoney Lime slack it to a powder, and sift it through a fine Sieve, add to it 28 lbs of Terrace similarly sifted and 7 lbs of white sand washed clear of the earthy Particles, mix them together with a little water, as quickly as possible, then beat them with a wooden Beater, three or four times a Day for four or five Days: take three Gallons of Bullocks blood (which should be well stirred during the catching) and add to it (when cold) 3 Gallons of water, and one pound of yellow Ocher; put all into a Tub and let it be well stirred together, and the composition will then be fit for use.

The Walls should be well covered with the above composition

two or three times over, being first well cleaned from Moss and Dirt with a Broom The composition must be laid on with a large Stock Brush and often stirred during the using to prevent the Terrace se settling to the Bottom, and if it should get too thick to work freely, a little water may be added Two or three days between the first and second Coat in dry weather will be a proper interval When the Composition first dries it will have a greenish cast; but in about ten or 12 Days in dry weather, it will change to a good stone colour, and remain so.

This work may be easily done off a Ladder by hanging a Pail of the composition upon the Rounds with a Hook -

The Blue Lime is the best the common Lime is not strong enough

For a Cough

Mrs Dodd

Dissolve an ounce of gum Arabic in a little Water add 60 drops of Laudanum and 60 drops of Antimonial wine, sweeten it with a little Honey

For a bruise in the Eye

Take conserve of red roses, or the pulp of a rotten Apple (rather a very ripe Apple scraped) put it into a fold of old cambric and applied to the Eye

Styptics

The outside wool of Silk worms. Nettle leaves bruised

For the Tooth Ach - Mr Jennett

A Thimble full of bruised Henbane seed, on a red hot fire pan, or flat piece of Iron invert a Basin over the smoke, and after the sides are incrusted with the smoke pour boiling water into the Basin & hold the mouth over it so as to receive the vapour and spit into the Basin; the worms will be seen in the Water -

Henbane is poisonous therefore care must be taken not to let the fumes get into the Throat as little as possible

Curing Teeth

Spring Grove

Necklaces made of Elder growing out of an Ash Pollard.

Scorbutic Affections

Powder of Sulphur, cream of Tartar Epsom salts of each one ounce; two ounces of sugar dissolved in a quart of spring water boiling hot. Shake it well and when it has settled take a wine glass full every morning fasting — this has been taken with very great success in slight scorbutic affections —

For Chronic Rheumatism 72

Mr Barry -

Five grains of Compound powder of Ipecac: every six hours -

Five grains of Ext: of Colocynth of Rufi every two or three nights will counteract the effects from the Opium -

Gent Cordial

Mrs Haddock

Infuse in one Gallon of the best Cognac Brandy, One pound of Raisins cut small, a quarter of a pound of Rhubarb sliced thin,
One ounce of Senna
1/2 Ditto Coriander seeds bruised
1/2 Ditto of Fennel
1/2 Ditto of Cochineal
1/2 Ditto of Saffron
1/4 Ditto of Liquorice sliced
One Nutmeg grated
The rinds of two Seville Oranges sliced —
Put it in a warm place near the fire, shake it every day twice for ten days

let it stand till clear and then bottle it for use -

When any pain in the Stomach or Bowels take a wine Glass full in the same quantity of warm water - and if the pain is not removed in an hour the dose may be repeated - the medicine may be given to Children reducing the quantity to their age.

A Cough & Hoarseness

A little white sugar, a tea spoonfull of Hartshorn, a table spoonfull of Oil of Sweet Almonds put in a 4 ounce phial and filled up with cold soft water.

79 A Cough Mrs Kennick

Syrup of Squills ℥ij

Syrup of Poppies ℥ij

Clarified Honey ℥ij mixed —

Take two teaspoonfulls in a little water when the Cough is troublesome —

Mrs Kennick

Oil Almonds

Spirit Sal Ammoniac

Camphor — Tincture Cantharides each two drachms to be used as an embrocation for chronic Cough

R. W. W.

Roasted Rhubarb ℈

Ipecacuanha Pov^d — gr^s ij

Tincture Catechu ʒi

Mucilage of Gum ʒ iij

Spearmint water ʒ iij

Landanum gtt^e xx —

Three Table spoonfulls after every liquid motion —

For a Cough Mrs Sherwick

Epsom salts — 1 Drachm

Syrup Tolu — 1 Drachm

Distilled water ʒ xi

Ipecacuanha wine gtt^e viij

79 Blacking for Harness and Carriage Leathers —

Logwood 1 Pound
Six nutgalls
Sugar Candy 1 oz
Coppers 1 oz —
Gum Arabic 1 oz —
Prussian Blue 1/2 oz —

The whole to be boiled in six quarts of Rain water until reduced to three. The oil brush must be applied to it after it is put on, then to be rubbed with a damp leather to give it a Polish

Geo. Kenrick

Pg Inspr. Colombo

81 Take one ounce of Bark -

One pint and a half of water -

Boil'd to one pint

Take Decact Bark one pint

Prepared Soda one and half drachm - weak Stomach -

Take three table spoons full twice a day -

---

3 five grain pills of Aloes & Myrrh once a week

a blue Pill every night -

To keep a Blister open. 82

1 Ounce of Sweet-spirit of Nitre mixed with Spermaceti ointment.

83 Biliers Pile Mess R

℞ Extract Colocynthidis

Aloes Socotrine

Pulveris Rhei. aa ʒj —

Spiritis Lavendulæ compositi

q s fiat Pilulæ xiij

Three ounces Aleppo Galls broken
One ounce of Logwood finely rasped
One ounce of Sulphate of Iron
One ounce of Gum Arabic —
A Quart of Rain water to stand near
the fire for ten days - ten drops of
Camphorated Spirits of Wine to prevent
its getting mouldy —

An excellent Recipe for the Whooping Cough —

Take of the best Peruvian Bark two Drachms; two ounces of Spring Water, rub them well together in a Mortar and let them remain three Hours, then strain off the liquid & add, four grains of Extract of Hemlock fifteen drops of tincture of Jallap ten drops of Essence of Antimony & sufficient Sugar to make the mixture palatable — Two tea spoonfuls may be frequently given ——

For a Cough

An Ounce of Almonds not blanched beat in a Marble Mortar to a paste with two Lumps of Sugar - add to this by little & little seven Ounces of Barley Water warm strain it through a piece of Muslin and when quite cold, add one ounce of sweet spirit of Nitre, three Table spoonfuls to be taken Night & Morning.

Jno Fane Percy

For Poisons

Chlorine - Antidote against Prussic acid

Charcoal — against Arsenic

Salt (Common) against Hydrophobia and all venomous bites.

Vinegar against an over-dose of Laudanum

For a Cough —

1 oz of Blanched Almonds —
1/2 Pint of Water
2 Drachms of Gum Arabic
a Little Sugar —

—

Fever Draughts —

2 oz of Lemon juice
4 Scruples of Salt of Tartar medicinal
4 Draughts —
To be taken twice a day —

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Gentle Spring Physic

Lady Heron

1/4 lb of Figs, 1/4 lb of Raisins pounded

2 oz of powdered Senna -

The quantity of a Nutmeg to be taken every Night

Mutton Custard

One pint of Milk, 1 ounce of best Mutton suet shred very fine, stir it over the fire till it is just ready to boil, then stir in a large table spoonful of fine flour flavour it with Sugar and Cinnamon and let it boil slowly — Mrs. Kennick

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The third part of an ounce of Ising=glass (not more, or it might be too heavy for the Stomach of an Invalid) boiled in a pint of Milk more than three quarters of an hour, often stirred to prevent burning, a few lumps of Sug= boiled in it if preferred — taken on going to Bed —

Mrs Lamb —

Artificial Asses Milk

To a Teacupfull of thick well boiled Barley water, add an equal quantity of new Cows Milk, 5 grains of powdered Nitre, and as much Brown Sugar Candy as will sweeten it to be taken milk warm, an Hour before rising, again at Noon, and in the Evening instead of Tea

Wine Jelly

Mrs Shenick

To a pint of either white or Port wine, put an ounce of Isinglass, ½ an ounce of Gum Arabic, 2 ounces of brown Sugar Candy, ½ a Nutmeg grated, and Lemon Peel and Cloves to taste. Simmer it on the fire till all is perfectly dissolved, but do not let it boil. Strain it through clear Muslin, when cold it ought to be a clear Jelly

Take about the size of a Nutmeg two or three times a day —

Basilic Powder

A dose from five grains to fifteen
an excellent medicine for Children

Every evening gather nine or ten Garden or Hedge Snails, crack their shells very little and sprinkle them a small quantity of salt put them on a plate and cover them with a Basin and by the next morning they will have purged themselves, pick off their shells as clean as you can but not wash them and boil them very gently in a quart of scalded Milk for a full hour, taking the greatest care not to let the Milk burn then strain off the Milk, & drink it fasting If your Stomach will not easily bear the whole of the Milk at one time, drink half of it in the Morn and the remainder an hour or two before dinner, & if you then find the Milk too heavy

(for it will be very rich and like a Jelly when cold) dilute it with boiling water or boil the Snails in their water gruel & add a small quantity of milk and salt to it (like milk broth) for on no account ever overcharge your Stomach drink little or no wine or Spirits and avoid late hours and every kind of irregularity as you value your Life

This recipe was given by Dr Birdwood for a poor young Lad who could not afford constant medical assistance and after continuing to follow these directions for some Months he was perfectly recovered

and has for nearly ten years worked at
his trade (a Carpenter) and the same
good effects have been seen from it on
various Persons

A Snail is one of the cleanest feeders
in the world -

Black Salve

Mrs Lamb

Take 1/2 a pound of Burgundy Pitch
1/2 a pound of Frankincense
1/2 a pound of Rosin
3 pounds of Stone Pitch
2 oz of Bees wax, 3 pennyweight of Mastic
beat to a a powder
3d of Venice Turpentine
4 Spoonsful of Sweet oil, boil them
together stirring them all the time
put it in cold water - whilst it is warm
then roll it for use

The Draughts for Mrs Moscele 9d
Mr Curtis

℞ Powdered Jalap ten Grains
Tartrate of Potash ten Grains
Epsom Salts two Scruples
Tincture of Senna half a Drachm
Distill'd water one ounce and half
Simple Syrup half a Drachm
To be made into one draught and taken twice a day or rather Night & Morning

29 An antidote first Laudanum

Salt of wormwood taken in an effervescent

Mixture —

Fowler's solution of Arsenic for an Ague

Mr Berry

4 Drops of the solution and 4 Drops of Sweet spirit of Nitre in a large table spoonful of water three times a day

The above dose for a Child of a year & a half old – to be increased to six drops of solution & the sweet spirit of nitre lessened to two drops

After giving the above solution three times Cathartic medicine to be given.

Chronic Rheumatism

1/2 oz of Rhubarb of Imulsion Sulphur, Nitre, Guaicum each one ounce one Teaspoonfull in a glass of cold water on going to Bed for three nights, then half a Teaspoonfull every night after until the whole is Taken: if one course does not effect a cure a second must be taken which has never been known to fail - a teaspoonfull may be taken occasionally for some time.

Wm. S. Lamb

For Burns and Scalds

One teaspoonfull of extract of Saturn, with five of Cream well incorporated or half cream & half sweet oil is better. To be applied with a feather relieves the anguish like magic and heals the part immediately —

For Malarian fever

Dr Whitter

Pulv: Cinch ℥i.
Antim Tartr ℈ss divided into six parts
and to be given in Brandy and water
every two hours when the fever is off—

105. The famous American Receipt for Rheumatism

Take of Garlick two cloves, of Gum ammoniac one drachm, blend them by bruising them together make them into three boluses with water take one at night and one in the morning - drink while taking them Sassafras tea made very strong -

Miss Shenerik
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Take
One ounce of Bark
a Pint & half of water, boil to one pint

Take
Decoct: Bark. one pint
Prepared Soda a drachm & half
Powered ginger half a drachm
Three table spoons full twice a day
Three five grain pills of Aloes & Myrrh once a week

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To destroy flies

from the newspaper.

Half a spoonful of black pepper, a spoonful of brown sugar, ditto of cocoa mixed together and put on a plate.

For an Irritation of the windpipe or Cough

Miss Kennick

a little purified Nitre powdered with fine Sugar or Sugar Candy - taken occasionally and to dissolve in the mouth and swallowed by degrees -

For purulent Ophthalmia in Infants

Mr Travers

4 Grains of Alum
1 oz of distilled water -

The eyes to be washed open with warm water, and the Eye water put into them Night and Morning

For the Ague

Lady E: Hatton

1 Oz of powder of Bark.

2 Drachms of Mithridate

1 Do of Snake root

Make it into an Electuary with Syrup of Orange. Take the size of a Nut one even two hours beginning when the fit is off —

A Blue Pill or Calomel to be taken the night preceeding and an Aperient in the Morning

For the Gall stone Dr Wilmot

Ten ounce of Castile soap, a drachm of Cicuta, made into an Electuary with Castor oil, four drops of oil of Tansie or Linnæus

To be taken at Night

The Stomachic Pills

Miss Lidford

Succotrine Aloes. 1 Scruple
Turkey Rhubarb 1 Drachm
Scammony 1/2 a Drachm
Oil Chamomile 5 Gutta
Made into ~~thirty~~ Pills with Liquirice
Powder

For the Piles

Mrs. Chamberlain

2 1/2 Drachms Oil of Almonds

Manna 4 Drachms

Peppermint water 1 oz

1 Dr Compound Tincture of Cardamums

1 Dr Powder Gum Arabic

Made into a draught — one to be taken

every Night going to Bed

Mrs Toke

One drachm of Salt of Sorrel into a two ounce phial of warm water and bottel as Ink shed with it & if necessary dose it will take it out also Ink on the Fingers

To make Salts of Lemon

Mr. Toke

One ounce of Cream of Tarta
a quarter of an ounce of Salt of Sorrel
mix them for use

A Prescription given by Mrs Sherbrooke to Mrs Colect 1824.

Strong Pills

Extract of Colocynth 1 Drachm
Scammony — 1 Drachm
Calomel — 24 Grains

To be made into 24 Pills with Spirits of Wine 2 to be taken occasionally

Common Pills
Mrs Sherbrooke

Extract of Colocynth — 2 Drachms
Scammony — 1 Drachm
Oil of Cinnamon 8 Drops

To be made into 36 Pills with spirits of Wine 1 or 2 to be taken at Bed time when necessary

Dr Mayo 11h

Three grains of Calomel
Two ditto of James's powder in
a pill to be taken over night

The Draught to be taken next
morning —

Eleven Drams of Infusion of Senna
Tincture of Jalap 1 Dram
Salts - two Drams —

For an Ague

Mr Ramsden

1 Grain of Opium
4 Grains of Calomel
To be taken ten minutes before the fit comes on - A dose of Epsom Salts and Senna - when the Act - fit is on and afterwards - the Sulphate of Quinine

Dose - from 3 to 6 grains - every six hours
Exhibited - in Pills or Solution
Soluble in Warm Water

8 Grains equal to one ounce of Bark

Distemper in Dogs 118.

Wt. Rider

10 Grains of Calomel
1 Drachm of Jalap
about three Doses to complete the cure
Warm Broth to be given after the
Medicine which should be administe-
red on the very first appearance of
the Cough which precedes the more
severe attack

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Mock Godbold

Mrs Butler

A Pint of vinegar boiled add a pound of Treacle, and boil it again, add 120 drops of Laudanum when cold it is fit for use.

To be taken whenever the Cough is troublesome or a spoonfull Night and Morning —

For an Ague

Mr B Daves

Sulph Quinine eight drops.
Simple Syrup 1 ounce
Infusion of Roses six drachms.
To be taken every six hours after
the attack is gone off.

Hot vinegar for Chilblains —

For Master Rookes remittent Fever
Two grains of Sulphate of Quinine
three times a day, Ten grains of
Dover's Powder every Night at Bedtime
and an occasional dose of Calomel
and Jalep.

For a Diarrhoea From the Newspaper

Confection of Catechu 2 drachms
Simple Cinnamon water 4 ounces
Syrup of White Poppies 1 Ounce
mixed together
One or two Table spoonsful two or three
times a day – For Children under
ten years Desert – do. 2 or three times
a day Under two years tea spoonsful
the same

July 1832

The following Prescription given by Mr Earle, Surgeon, as the best which the Medical Men can now give in cases of Cholera

Chlorate of Potash 7 grains
Bicarbonate of Soda ½ a drachm
Muriate of Soda alias Kitchen Salt 1 scruple
dissolve in a wine glass of Water, and repeat the dose every half hour beginning with the first ~~dose~~ symptoms and persevering steadily

Cure for the Tooth Ache

Miss Luxford

Spread upon a piece of Diachylon the size of a Shilling, a covering of Opium, and put it on the Temple Artery on the side that Aches.

Strengthening Compound

Take a Table Spoonful of Camomile flowers and boil in a quart of Water strain it and add ½ an ounce of Camphorated Spirits of Wine mixed with a quart of Water - Ginger to the Taste

a good receipt

Miss Luxford

Infallible Specific for Rheumatism.

Rheumatic Gout and any sort of Contraction

Rub Lin/ord

1 Oz of Castile Soap dissolved in Spirit of Hartshorne. 1 Oz Camphor dissolved in Spirits of Wine — 1 Oz of Laudanum 1/2 an Oz of Opium. To be rubbed once every day gently upon the limb or part affected and to be rubbed afterward with the Hand for 1/2 an hour. the rubbing should be repeated again in 8 or ten Hours but not the embrocation

An ounce of Eringo root, an ounce of Sago, an ounce of pearl Barley, and an ounce of whole Rice, boiled in two quarts Water until reduced to one; A tea cup full to be taken thrice a day warmed with wine and sugar, or a little Milk, or any thing to make it palatable

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Rice Flummery.

4 ounces and half of Ground rice
1/4 pound of White sugar,
1 quart of new Milk
Cinnamon or mace to flo over it, to be ~~boiled~~ half an hour care observed to stir it all the time then pour it into an Earthen Mould, which must first be dipped

in cold water.

Dr Beaumont of the United States Army has in a publication on Experiments and Observations on the Gastric Juice, and the Physiology of Digestion

"Among vegetable substance Rice was the soonest converted into chyme, viz. in one hour. and of all animal substances, boiled venison, which was converted into chyme in one hour and thirty five minutes; while Beef roasted or boiled, required three hours; boiled veal and fowls four hours and roasted pork five hours and a quarter

Cough Mixture

Mrs Charnley

Four Table spoonsful of Honey, or Treacle, two of Vinegar, Two tea spoonsful of Antimonial Wine, one of Laudanum; to be mixed altogether and put to the fire till the Scum rises. A tea-spoonful to be taken when the Cough is troublesome particularly at Bed time

Strengthening Medicine

Mrs. Deedes.

2 Oz of best Cabinet makers Glue
3 Pints of Cold water, boiled gently
till dissolved, and carefully skimmed
add spice, and Sugar and two glasses of
common Raisin wine or Ale — A glass sole
twice a day.

Dr Knatchbull's recipe for an
Ague given by Mrs. Deedes

20. Grains for an Adult, the first thing in the
Morning in a little Water, (as Apperient the day
before) to be taken when the cold fit and fever
are entirely off — repeated three following Morns
or to be taken till the Ague is gone

For the Rheumatism from the News Paper

Boil a small pot full of Potatoes, and bathe the parts affected with the water in which the potatoes were boiled, as hot as it can be applied immediately before getting into Bed. The pain will be removed, at least greatly alleviated, by the next morning. Some of the most obstinate rheumatic pains have lately been cured by one application of this novel and simple remedy.

Rheumatism without inflammation

Mr Deedes

3 oz of Tincture of Guiacum
1 oz of compound Tincture of Campher
2 Drachms of compound Spirit of Ammonia
mixed - take one Table spoonful night and morning in Water N B the above is a large dose

For Epilepsy

Wm. Deedes

Take young leaves and Branches of Mistletoe just as they grow, dry them in an Oven, taking care not to burn them, pound and sift them 40 grains to be taken twice a day in a glass of white wine and water half and half. To be continued three weeks, then rest one and during that intermediate week to take 1/2 a drachm of Zinc of Ethiol made up with extract of Gentian into a common sized pill twice a day, after two or three days, two pills may be taken. It must be persevered in, the Patient should live well taking care to keep his Bowels open

For the Epidemic amongst Cattle 1840

a pound of Salts in 2 quarts of thin Gruel as soon as there appears any symptom

For Oxen Four pints of Blood to be taken away as soon as any appearance of disease shows itself; 1 pound of Epsom salts 1 ounce of powdered Nitre, and one ounce of ground ginger to be dissolved in warm water and given directly after the bleeding; 1 ounce of Alum to be dissolved in a quarter of a pint vinegar, one and half pint of warm water to be then added and the Mouths of the Oxen to be gargled with this mixture two or three times a day — Their feet to be well cleaned and dressed with an equal quantity of muriatic acid and tincture of myrrh

For Sheep

1 pound of Epsom Salts, 1 ounce of powdered Nitre and half an ounce of Ginger powdered; this to be divided into ten doses, and one dose to be given to each sheep as soon as the disease appears. Their feet to be well cleaned and washed with an equal quantity of muriatic acid and and tincture of myrrh. Their mouths to be gargled after the manner prescribed for Oxen.

From the Sussex News paper given by Lord Sussex at the Lewes Agricultural meeting as the mode of treatment practised by the Duke of Norfolk who had not lost one head of Cattle tho' many had been attacked

Oct 12. 1840.

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For an Ague

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Rheumatism

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For the complaint in the bowels
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throats ... or the a
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cure the ... or Dear
put them ... as it
will ... pour in as much
Brandy ... bottle will contain.
When ... be used pour some
on a ... ugar in a tea spoon
or allow ... bowly as possible of use