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(& others)

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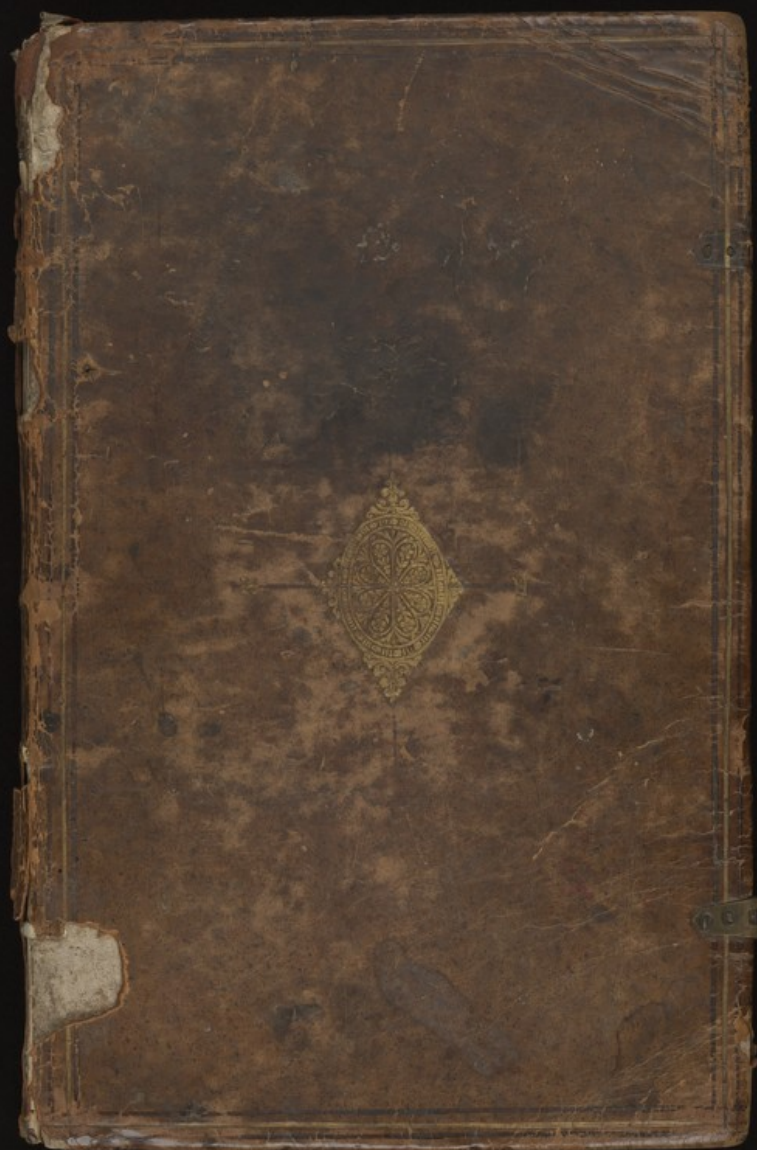
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~~155~~  
98

Brunswick (Anne) [written]  
 Booke of Receipts in Medicines  
 [written]

MS. No. 160.



ACCESSION NUMBER  
18663  
PRESS MANY

[illegible]











H. 6

Handwritten text in the left margin, possibly a recipe or note, written vertically.

11  
Miss Anne Brunning her Daughter  
Rochester or Widdowes, for her health  
faint and other infirmities

A medicine for the asthma in the eye using Comfrey remedy with a stroke in the eye and no other part in the eye of the eye

Take a new laid egg & wash it away with water of sugar and Allum, if any  
at home as the eye is with and being well washed together take out the  
yolk of the egg and pour into the place thereof a little mixture of sugar &  
allum from whence the shell together againe, while it is yett from the  
egg in a clean cloth & break it with your finger and wring it hard  
over a fine sieve, & a little water will come from it & it must be  
in a glass and if the eye be very sore Take more of the sugar from Allum  
Dropps and Dropps of a fine water into the eye the first morning  
and evening for two nights and one morning, then rest one day and if  
the eye be more sore it is necessary to use it as before, until the  
eye be better together it is mixed together with the sugar & Allum in it the  
eye the water will be, and for that the patient Take but one Dropp  
at a time as the eye is in the eye //

A Medicine for the stone in the eye, which is a little Dore or salt in  
the eye of the eye as the eye is a little Dore or salt in

Take the white of a new laid egg and beat it with a little water in a  
dish until it be all of a white foamy like froth, & then  
pour all the froth of a dish & put it in  
a little water from it & the eye will be  
the patient will be from taking

Dorothy Cartwright  
Dorothy Cartwright  
Dorothy Cartwright  
Dorothy Cartwright

Dorothy Cartwright



В

Take the white of a new laid <sup>1</sup> <sup>2</sup> <sup>3</sup> <sup>4</sup> <sup>5</sup> <sup>6</sup> <sup>7</sup> <sup>8</sup> <sup>9</sup> <sup>10</sup> <sup>11</sup> <sup>12</sup> <sup>13</sup> <sup>14</sup> <sup>15</sup> <sup>16</sup> <sup>17</sup> <sup>18</sup> <sup>19</sup> <sup>20</sup> <sup>21</sup> <sup>22</sup> <sup>23</sup> <sup>24</sup> <sup>25</sup> <sup>26</sup> <sup>27</sup> <sup>28</sup> <sup>29</sup> <sup>30</sup> <sup>31</sup> <sup>32</sup> <sup>33</sup> <sup>34</sup> <sup>35</sup> <sup>36</sup> <sup>37</sup> <sup>38</sup> <sup>39</sup> <sup>40</sup> <sup>41</sup> <sup>42</sup> <sup>43</sup> <sup>44</sup> <sup>45</sup> <sup>46</sup> <sup>47</sup> <sup>48</sup> <sup>49</sup> <sup>50</sup> <sup>51</sup> <sup>52</sup> <sup>53</sup> <sup>54</sup> <sup>55</sup> <sup>56</sup> <sup>57</sup> <sup>58</sup> <sup>59</sup> <sup>60</sup> <sup>61</sup> <sup>62</sup> <sup>63</sup> <sup>64</sup> <sup>65</sup> <sup>66</sup> <sup>67</sup> <sup>68</sup> <sup>69</sup> <sup>70</sup> 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2 day  
A receipt to stay the raume in the eyes or teeth.  
Take halfe a pound of red lead & a quart of Salts  
etc. boyle it together till it look blacke, then  
put into it 2 ounces of blue armonick & an ounce  
of Dragons bloud & 2 ounces of the reddest rock  
alome 2 ounces of white lim being mass. all  
into very fine powder & sored then put them  
upon the salve & mix them well & let them  
boyle together a litle then take them of the  
fire & when it is a litle cold make it up  
in litle rolles make long playes of well wet  
& lay them cross the temples



A water of excellent virtue to helpe y<sup>e</sup> weake  
or dimmed sight of y<sup>e</sup> eyes when they  
are decayed by age sickness  
or other way

Take 3 drames of true alo in powder very small  
as much of aloes cyprus in powder 3 drames of  
fine sugar 6 ounces of red rose water 6 ounces of  
good white wine mix all these together & put it in  
a cleane glasse being well stoped & set  
it in the sunne & mounth together morning  
& evning 3 dayes to y<sup>e</sup> intent y<sup>e</sup> in the corne of the  
eye being the take of the same water & put one drop  
in each eye morning & evening continue soe a  
course of time it will cause the sight to come again  
& be as pure as it was before

A water to strengthen the sight

Take of wood betony of 3 leaved grass with the  
white rose, orkley crinon yarrow sinkfold collidine  
red fenelle of each a good handfull of eye bright & great  
handfull a handfull of white roses of the water of  
them a quarter of a pinte shred all this together &  
lay them in steame in halfe a pinte of white wine  
till 2 or 3 goodfulls of hoar in an earthen pot  
close stoped one whole night in y<sup>e</sup> morning still  
it in a common still adding to it halfe a pint of  
y<sup>e</sup> urine of a man who when you put it into  
y<sup>e</sup> still drinke a little of this in the morning  
fasting & howers after it & with a little wine  
wash y<sup>e</sup> eyes

A powder for y<sup>e</sup> eyes

Take of y<sup>e</sup> sides of Corander prepared & spiced  
sewills of each a drame of musc 2 scruples of eye  
bright one ounce of fine sugar beaten & rose  
3 ounces make a powder of them take halfe a  
spoonfull of it after dinner & after supper

To cure a blind horse or vicagane

Take of the best wheat lay it  
down by some one a cleane cleane then take a  
red hot fyre shovell & lay upon it & soe let  
a man tread hard upon it & ther will come  
forth an oyle then take a feather quibley & spike  
up the oyle with it & soe draw the feather through  
the eye & A water for the eyes when they are all speckled

Take a white quart of y<sup>e</sup> red rose water & as much aloes  
beaten to fine powder as will turne it yellow drop a  
drome into y<sup>e</sup> eyes morning & evening & wash y<sup>e</sup> eye lides  
with a feather

A medicine for sore eyes

Take three Cloves beat them & put them in three goodfulls  
of French water 3 goodfulls of Marjory 3 goodfulls of  
Saffron and beat them & put all these in a little of y<sup>e</sup> oyle  
and drop y<sup>e</sup> eye with a feather once a day or as y<sup>e</sup> shall  
see occasion

A water for sore eyes

Take of the white of an egg and grate ginger, mixe it & white y<sup>e</sup> of y<sup>e</sup> ginger put some  
into y<sup>e</sup> eye

A water for sore eyes recommended by Mr James Langham

Take of water of foye pissa perdelicua half a pinte infuse into  
it a drame of volus meliorum after waite decant it of through a piece  
of lanne paper after put into it of sal prunella & sugar Candy finely  
powdered of each half an ounce after it has stood 24 howers strain  
it through a thick piece of brown paper & keep it for your use it is for  
cooling y<sup>e</sup> eyes & preserving & strengthening y<sup>e</sup> & to take of specks  
in y<sup>e</sup> eyes put in more sugar & sal prunella put some of this water  
into a petty wide mouth vial to open as to receive y<sup>e</sup> eye open  
into it & so let y<sup>e</sup> water lye upon y<sup>e</sup> eye being opened some while this  
you may doe in a morning

A very good receipt for sore eyes commended by Mr Worsley

Take a very good handfull of radishes half a pound of radishes of y<sup>e</sup>  
sea stand half a pound of blue corras beat put this into a gallon of  
milding beer & drinke no other drinke & this has kept many they  
must at y<sup>e</sup> same time lay blistering plaster behind y<sup>e</sup> ears



























# A medicine for y<sup>e</sup> Scurvie

Take a Bottle of cleane Whine, with it on the fire, put into itt halfe an ounce of Maiden-haire, halfe an ounce of Licorice, and halfe an ounce of Muscovado sugar, with three of m<sup>o</sup> quartell, one handfull of Rhetons of y<sup>e</sup> same kind, a handfull of broken rinde, the outside of m<sup>o</sup> off, one handfull of Water of Rose, one handfull of Chese-m<sup>o</sup>, and handfull of Rosemary, and handfull of Scatians. Boyle all these cleane, and put them into the Whine, and boyle itt till halfe be consumed, then straine the liquor from y<sup>e</sup> Rhetons, and put into itt one ounce of Sack, and lett it stand, and soale out home, then sett it on the fire, and lett it boyle halfe a quartell, if on home. Lett the Patient take a spoonfull of this, and fower spoonfulls of the Juice of Scurvie grass, twice every day, for the space of fower days together, in y<sup>e</sup> morning fasting, and att fower a Clocke afternoon, if it be for a Cholerick, spoonfull of y<sup>e</sup> liquor, and two of the Scurvie grass, if you would have it more, lett y<sup>e</sup> Sack be more, and lett it boyle.

## A present remedy for y<sup>e</sup> Scurvie

Take a spoonfull of the Juice of Scurvie grass, with a little wine, mixe it, beaten betwixt a soft type, y<sup>e</sup> when the same doth rise, put therein a spoonfull of the Juice of Oranges, y<sup>e</sup> see some of into a poringer, y<sup>e</sup> straine your as it will, take your scumme, also into your drink, as long as you will, take cleare in the morning, drink, then of a spoonfull thereof in a little draught of y<sup>e</sup> beere, every morning y<sup>e</sup> fast, howe often it is as much, at 4 a Clocke in the afternoon, y<sup>e</sup> in the evening, they cate, let them put in a spoonfull, you may have halfe a pecke at a time, you must put in a handfull of garden Purpie, press to it, a little, howe ras is he took, if ye thus, lett be full of blacke spots, then wash them with a lather of Castile sope, & apply a plaster spread with Castile sope, & it will take them away, they have been proved.

## An excellent godson for the Scurvie

Take a bladder beate it y<sup>e</sup> sife, it fine, y<sup>e</sup> y<sup>e</sup> no party, as much as will be in a shilling, in a little draught of mase, the warme doe this for 9 dayes every morning, to longer if the disease be very strong in the party.

## A medicine for y<sup>e</sup> Scurvie

Take a spoonfull of y<sup>e</sup> Juice of Scurvie grass, and halfe of y<sup>e</sup> Juice of your garden y<sup>e</sup> other y<sup>e</sup> will y<sup>e</sup> spoonfulls of y<sup>e</sup> Juice of Oranges, and as much of white wine, take the ordinary morning fasting, 9 dayes together, and it will not fail, to cure it with a little Sugar to keepe y<sup>e</sup> taste.





The virtues of flos unguitum  
for deafness <sup>make</sup> a tent of a little lint & melt a little <sup>of y<sup>e</sup></sup> tallow  
& dip it in it & put it into y<sup>e</sup> ear <sup>put</sup> but before a day or 2  
put in a drop of oyl of almonds  
it cures all aches & bruises & old sores & green sores & is also  
good for inward ulcers & sores take 5<sup>th</sup> of this over night  
for 3 or 4 mornings fasting or longer.

4

x of Alcyon red t	—	27 1/2 mps
x of milt Dred t	—	27 1/2 mps
of miltay t	—	27 1/2 mps

5

x of Lally for my Sister Henry's seat t	—	27 1/2 mps
x of Lally for my seat t	—	27 1/2 mps
of Lally t	—	27 1/2 mps
of Lally t	—	27 1/2 mps
of Lally t	—	27 1/2 mps
of Lally t	—	27 1/2 mps

6

of Lally t	—	27 1/2 mps
of Lally t	—	27 1/2 mps
of Lally t	—	27 1/2 mps



For the wind to blow take 6 drops of oyle of Aniseed  
 in a glass full of water and as you see cause  
 it to blow take the Juice of a Lemon an ounce. <sup>3</sup> Temper with  
 an ounce of oyle of Amis Sweet and leaving 20 drops parsley  
 Juice. <sup>3</sup> ~~Take 10 drops of water~~ Take 10 drops of water  
 with some quantity of the white parsley. <sup>3</sup> of the seeds and  
 of the seeds of each an ounce. Reduce to 1/2 and put it  
 into a glass of water at night. Put it next morning  
 take 6 Spoonfulls as much as will serve a little  
 at a time and sugar water

MS. 15. 160  
 at 1. 149.



27.5 It healeth any kind of Burning or Fratering by fire the  
by water or other meanes this same Ring connecteth with  
the axle some few days together.

[illegible]

7 It helps the kidneys only annoying the nostrils <sup>2000th</sup> after  
8 Temples thro' with.  
It helps the same rollers and sticks in a side if it be ap-

place warm & or mowms together, and a cold one quelt  
one & an ounce tudy mowms day mgs warmer clothes to  
the the more of mowms

9 - It helps to disfigure by only annoy, nings, the stomach  
and muscle with when y<sup>e</sup> partly, zoth to see. 11/11/1  
10 Its con against the marks of the whole m<sup>o</sup> or y<sup>e</sup> likes of it

11 It's good against worms & is inward if it be taken in wine

11 Its good against worms and munes if it be vnted  
breath of yow  
12 Its good also against an outward vomitt if it be applyed  
as for arow

13 If like wife helpeth y<sup>e</sup> think of & linked a foresaw if it  
be taken inwardly in breadth.

14 It will likewise relieve the pressure of the  
lungs & breast, especially if it be applied both inwardly in  
breath and outwardly, as per above.

153 It will ease y<sup>e</sup> pain of a hollow tooth y<sup>e</sup> action being  
put into the same with a little lard.

16. It finally, Kippen and myself, the party, brought too well arranged and the for the row with  
17. It this cautious experiment or balance

But you may now say, this virtuous ointment  
both not come to the full perfection, till it is kept  
above a year in dry earth 3 good depths, for 3 years  
of 12 months together, it comes well into a strong  
gally not or stinkier fudge, these received first in  
baths and then with beer, it may be used very profitably  
after it is made, and by the heat of the it will heal  
all these infirmities although not in so short a space.  
It is excellent for the running of sores given once  
or twice by it faster than any other with pleasant odour  
or sweet wine.

Take hence a portion of wheat flour and mix a quarter of a pound of  
pinks with a quantity of a card of green a few roots of Lilium  
of a piece of Salt cake a pint of Saffron, mix all this  
together and the first cake of various plantations, summary of each  
to hand fulls beat their hearts in a stone mortar very much  
then put their hearts in the forside mode of hope it will  
it be half boiled away often stirring it then separate  
it through a pile of new canvas that is very thin

Take y<sup>e</sup> middle rille of Elcor boyle it in fresh grease  
with a little Sax y<sup>e</sup> space of an hower y<sup>e</sup> straine it  
in annoynt y<sup>e</sup> place y<sup>e</sup> twice

Rediringsa skifvull för samfundet  
Själsof Tving infirmariet //

Medicine to be taken on the stomach in 1 hour & which may  
be repeated 4 or 5 times some inwardly within 1 hour and much  
transpired in the head

Take a quart of new milk and beat it down a quarter of a pound of Cassia  
then take 9 mites to make light away then salt it but into a stone Jug  
that has a narrow mouth and put it in water till its case is cold that it  
beams the most may get into his head in 7 means time till it is cold  
salt over his head but leave him warm & to be in 3 places but then  
continue for a quarter of an hour, or for 100 or 150 but then  
let it be cold with salt well and leave his head very warm and  
for 10 or 15 minutes and during this it bleeds, and when it is broken  
break an olive salt & Rub it like a lent and put it into the ears  
and for every of these 3 times a day, and it will be not hard to be  
had then take of 9 finer back of 9 olive tree

Medicine for 4 Stone

[illegible]

no opinion offer one & through some fist of y<sup>e</sup> stone  
but not made water in 8. or 10. days

Take 4 quarts of achiv wine forth from green ale salubrious of 4 wells  
San frange thereof 3 gallon Drink twice of each one painfull and when  
the paine begin to bech out there in out of comfort of 4 quarts of  
and at more costly feedes and of 20 shillings as many as an halfe m<sup>o</sup>  
being a well known when it is better halfe away from it is  
brought to white and make a digest of 4 wine Take 1/2 of wine  
and put of 20 shillings Drink a draught of it as hott as becom  
withall use of 2 shillings followinge 2/3

[illegible]

Take half a pint of white wine and a good handful of the  
herbs pulsed half an hour some call it sheep head owerth flower  
it and prims it into y<sup>e</sup> wine & warm it a little and for the  
excellent passion drinks it off

And to remove the stone and  
to bring it away by degrees

Take nine or ten fourth of eight vials woodcock - as from plants  
to grow in water in the or grass of moist hills of white with some  
away of fourth, and waiting fresh 2. or 3 times a week by 15























I dreamt to see him in a hundred years  
 in a breast that looked white & if not so  
 but broken

Take a gallon of small Beer; and mixt with it of Garamung a handfull  
of seed grass an ounce of Turpentine an ounce of white Linseed oile  
boyle all these together untill it count 1.3 parts then putt it  
into a bagg of Thimble Canvass & putt it into a gallon of ayre &  
boyle a day  
This done be bound & draw be constantly it out every other day be  
will dry up & be humore it fild the hardnesse applyinge w<sup>th</sup>  
it a difference of play like 15. 2<sup>d</sup> best

A Powder so Disposed y<sup>e</sup> Powder will in a  
brought y<sup>e</sup> it not to be broke

Take 2 pounds of Sawdust & 1 pound of Gunpowder of 12 Lbs of a man  
day When a ball then by wind powder then take as much as  
will be when a ball put it into a pint of board all night  
& draw the board on by your hands or let an hour after that  
then put as much more board into the barrel of 12 powder  
I don't if no 12 powder & when you go to bed to every  
night to each your powder.

Another Powder for y<sup>e</sup> same

large & number of hatched & come from Virginia, & weight  
of 6 eggs at 3 p. 4 p. 5 p. 6 p. 7 p. 8 p. 9 p. 10 p. 11 p. 12 p. 13 p. 14 p. 15 p. 16 p. 17 p. 18 p. 19 p. 20 p. 21 p. 22 p. 23 p. 24 p. 25 p. 26 p. 27 p. 28 p. 29 p. 30 p. 31 p. 32 p. 33 p. 34 p. 35 p. 36 p. 37 p. 38 p. 39 p. 40 p. 41 p. 42 p. 43 p. 44 p. 45 p. 46 p. 47 p. 48 p. 49 p. 50 p. 51 p. 52 p. 53 p. 54 p. 55 p. 56 p. 57 p. 58 p. 59 p. 60 p. 61 p. 62 p. 63 p. 64 p. 65 p. 66 p. 67 p. 68 p. 69 p. 70 p. 71 p. 72 p. 73 p. 74 p. 75 p. 76 p. 77 p. 78 p. 79 p. 80 p. 81 p. 82 p. 83 p. 84 p. 85 p. 86 p. 87 p. 88 p. 89 p. 90 p. 91 p. 92 p. 93 p. 94 p. 95 p. 96 p. 97 p. 98 p. 99 p. 100 p. 101 p. 102 p. 103 p. 104 p. 105 p. 106 p. 107 p. 108 p. 109 p. 110 p. 111 p. 112 p. 113 p. 114 p. 115 p. 116 p. 117 p. 118 p. 119 p. 120 p. 121 p. 122 p. 123 p. 124 p. 125 p. 126 p. 127 p. 128 p. 129 p. 130 p. 131 p. 132 p. 133 p. 134 p. 135 p. 136 p. 137 p. 138 p. 139 p. 140 p. 141 p. 142 p. 143 p. 144 p. 145 p. 146 p. 147 p. 148 p. 149 p. 150 p. 151 p. 152 p. 153 p. 154 p. 155 p. 156 p. 157 p. 158 p. 159 p. 160 p. 161 p. 162 p. 163 p. 164 p. 165 p. 166 p. 167 p. 168 p. 169 p. 170 p. 171 p. 172 p. 173 p. 174 p. 175 p. 176 p. 177 p. 178 p. 179 p. 180 p. 181 p. 182 p. 183 p. 184 p. 185 p. 186 p. 187 p. 188 p. 189 p. 190 p. 191 p. 192 p. 193 p. 194 p. 195 p. 196 p. 197 p. 198 p. 199 p. 200 p. 201 p. 202 p. 203 p. 204 p. 205 p. 206 p. 207 p. 208 p. 209 p. 210 p. 211 p. 212 p. 213 p. 214 p. 215 p. 216 p. 217 p. 218 p. 219 p. 220 p. 221 p. 222 p. 223 p. 224 p. 225 p. 226 p. 227 p. 228 p. 229 p. 230 p. 231 p. 232 p. 233 p. 234 p. 235 p. 236 p. 237 p. 238 p. 239 p. 240 p. 241 p. 242 p. 243 p. 244 p. 245 p. 246 p. 247 p. 248 p. 249 p. 250 p. 251 p. 252 p. 253 p. 254 p. 255 p. 256 p. 257 p. 258 p. 259 p. 260 p. 261 p. 262 p. 263 p. 264 p. 265 p. 266 p. 267 p. 268 p. 269 p. 270 p. 271 p. 272 p. 273 p. 274 p. 275 p. 276 p. 277 p. 278 p. 279 p. 280 p. 281 p. 282 p. 283 p. 284 p. 285 p. 286 p. 287 p. 288 p. 289 p. 290 p. 291 p. 292 p. 293 p. 294 p. 295 p. 296 p. 297 p. 298 p. 299 p. 300 p. 301 p. 302 p. 303 p. 304 p. 305 p. 306 p. 307 p. 308 p. 309 p. 310 p. 311 p. 312 p. 313 p. 314 p. 315 p. 316 p. 317 p. 318 p. 319 p. 320 p. 321 p. 322 p. 323 p. 324 p. 325 p. 326 p. 327 p. 328 p. 329 p. 330 p. 331 p. 332 p. 333 p. 334 p. 335 p. 336 p. 337 p. 338 p. 339 p. 340 p. 341 p. 342 p. 343 p. 344 p. 345 p. 346 p. 347 p. 348 p. 349 p. 350 p. 351 p. 352 p. 353 p. 354 p. 355 p. 356 p. 357 p. 358 p. 359 p. 360 p. 361 p. 362 p. 363 p. 364 p. 365 p. 366 p. 367 p. 368 p. 369 p. 370 p. 371 p. 372 p. 373 p. 374 p. 375 p. 376 p. 377 p. 378 p. 379 p. 380 p. 381 p. 382 p. 383 p. 384 p. 385 p. 386 p. 387 p. 388 p. 389 p. 390 p. 391 p. 392 p. 393 p. 394 p. 395 p. 396 p. 397 p. 398 p. 399 p. 400 p. 401 p. 402 p. 403 p. 404 p. 405 p. 406 p. 407 p. 408 p. 409 p. 410 p. 411 p. 412 p. 413 p. 414 p. 415 p. 416 p. 417 p. 418 p. 419 p. 420 p. 421 p. 422 p. 423 p. 424 p. 425 p. 426 p. 427 p. 428 p. 429 p. 430 p. 431 p. 432 p. 433 p. 434 p. 435 p. 436 p. 437 p. 438 p. 439 p. 440 p. 441 p. 442 p. 443 p. 444 p. 445 p. 446 p. 447 p. 448 p. 449 p. 450 p. 451 p. 452 p. 453 p. 454 p. 455 p. 456 p. 457 p. 458 p. 459 p. 460 p. 461 p. 462 p. 463 p. 464 p. 465 p. 466 p. 467 p. 468 p. 469 p. 470 p. 471 p. 472 p. 473 p. 474 p. 475 p. 476 p. 477 p. 478 p. 479 p. 480 p. 481 p. 482 p. 483 p. 484 p. 485 p. 486 p. 487 p. 488 p. 489 p. 490 p. 491 p. 492 p. 493 p. 494 p. 495 p. 496 p. 497 p. 498 p. 499 p. 500 p. 501 p. 502 p. 503 p. 504 p. 505 p. 506 p. 507 p. 508 p. 509 p. 510 p. 511 p. 512 p. 513 p. 514 p. 515 p. 516 p. 517 p. 518 p. 519 p. 520 p. 521 p. 522 p. 523 p. 524 p. 525 p. 526 p. 527 p. 528 p. 529 p. 530 p. 531 p. 532 p. 533 p. 534 p. 535 p. 536 p. 537 p. 538 p. 539 p. 540 p. 541 p. 542 p. 543 p. 544 p. 545 p. 546 p. 547 p. 548 p. 549 p. 550 p. 551 p. 552 p. 553 p. 554 p. 555 p. 556 p. 557 p. 558 p. 559 p. 560 p. 561 p. 562 p. 563 p. 564 p. 565 p. 566 p. 567 p. 568 p. 569 p. 570 p. 571 p. 572 p. 573 p. 574 p. 575 p. 576 p. 577 p. 578 p. 579 p. 580 p. 581 p. 582 p. 583 p. 584 p. 585 p. 586 p. 587 p. 588 p. 589 p. 590 p. 591 p. 592 p. 593 p. 594 p. 595 p. 596 p. 597 p. 598 p. 599 p. 600 p. 601 p. 602 p. 603 p. 604 p. 605 p. 606 p. 607 p. 608 p. 609 p. 610 p. 611 p. 612 p. 613 p. 614 p. 615 p. 616 p. 617 p. 618 p. 619 p. 620 p. 621 p. 622 p. 623 p. 624 p. 625 p. 626 p. 627 p. 628 p. 629 p. 630 p. 631 p. 632 p. 633 p. 634 p. 635 p. 636 p. 637 p. 638 p. 639 p. 640 p. 641 p. 642 p. 643 p. 644 p. 645 p. 646 p. 647 p. 648 p. 649 p. 650 p. 651 p. 652 p. 653 p. 654 p. 655 p. 656 p. 657 p. 658 p. 659 p. 660 p. 661 p. 662 p. 663 p. 664 p. 665 p. 666 p. 667 p. 668 p. 669 p. 670 p. 671 p. 672 p. 673 p. 674 p. 675 p. 676 p. 677 p. 678 p. 679 p. 680 p. 681 p. 682 p. 683 p. 684 p. 685 p. 686 p. 687 p. 688 p. 689 p. 690 p. 691 p. 692 p. 693 p. 694 p. 695 p. 696 p. 697 p. 6

[illegible]

+ For a Concord in y<sup>th</sup> draft

Take Hagee live and sell them into a great jar full of water<sup>25</sup>  
swing and let drink it once morning. Letting a fast a hours  
after it take this will y<sup>e</sup> Chonders be lost diffident

[illegible]

Arthur H. J. J. J.

[illegible]

Take a Reim of Turmeric grate it into a draught of ale and put  
therin a Spoonfull of yelow powder (Dinge first) that is new made  
of molting and give it 3. patient to drinke

Another of Yellow Landis

Take a Quintess of beere and therein a good quantity of Cardus  
Benedictus and much of Gallutrie: and one handfull of new flowers  
of Champey flowers it all might therein be so steept: and let it stand  
in a cleane glass for use in a morning fasting.

For y<sup>e</sup> yellow Linen, when y<sup>e</sup> dyer dyeth it with

1892

[illegible]

For y<sup>e</sup> y<sup>e</sup>low. Condensed

[illegible]







Take a good handfull of y<sup>e</sup> more bark of an old oak tree: and as much  
of a bullcock tree: two quartes of y<sup>e</sup> rosin of y<sup>e</sup> yewen with  
two quartes of oyle of olives & some sugar boyle all these together  
till half be boyled away in a good Quantitie of milke: and let y<sup>e</sup>  
patient drinke thereof

Another for y<sup>e</sup> same

Take a chaffing dish with hie & garlands: and put a wooden plate  
and some yewen in some place: and let y<sup>e</sup> patient sit over it till y<sup>e</sup>  
flame thereof may be felt: then let y<sup>e</sup> patient sit upon a blanket about  
it: & not cold may come forth of his wounds: & when y<sup>e</sup> patient hath  
sate as long as he can: wile he can: then let y<sup>e</sup> patient sit upon a  
wooden cushion: and use y<sup>e</sup> same for a year to come: a day and in the  
meane while he use y<sup>e</sup> same: but him drinke of a quinde made with  
white wine & yewen sugar & some of yewen rosin: and y<sup>e</sup> rosin of  
the yewen drinke as hard as may be: yewen rosin: but him drinke  
thereof morning & evening as hee can: yewen rosin  
is very good also

Another for y<sup>e</sup> same

Take a quart of new milke and two ounces of whole yewen boyle  
it till it come to a Quarte: then straine y<sup>e</sup> yewen out and let  
the y<sup>e</sup> drinke of it fasting in y<sup>e</sup> morning: & at four of the  
clocke in y<sup>e</sup> after noon: and at night when hee goeth to bed: but  
him drinke it as hot as hee can: y<sup>e</sup> yewen will be good for any  
y<sup>e</sup> when it is dry

A Medecine for a Leprosie

Take y<sup>e</sup> flowers of saffron of y<sup>e</sup> same and dry them in an oven or by y<sup>e</sup> fire: then  
beat them into a powder: and give half a poundfull of y<sup>e</sup> same rosin  
night & morn

Another for y<sup>e</sup> same

Take a quart of new milke & when it boyleth set therein a good rosin  
& yewen rosin: but y<sup>e</sup> patient drinke half of y<sup>e</sup> same of his stomach  
will be it & yewen rosin will be it as long as may be for the same

Another for y<sup>e</sup> same

Take a quart of old yewen and yewen it into fine dust: then lay yewen  
into a plate in y<sup>e</sup> strong yewen water: and when it is well set  
again: and then straine yewen of yewen and give them into yewen water  
a quart of yewen water & yewen rosin: but him drinke after y<sup>e</sup>  
half a quart of yewen rosin: yewen rosin

Another for y<sup>e</sup> same

Take a quart of new milke: and as much beane flower as will make  
it thick as yewen: boyle it wile y<sup>e</sup> rosin in a quart of a yewen  
of yewen rosin: & yewen rosin of yewen rosin: but him drinke after y<sup>e</sup>  
half a quart of yewen rosin: yewen rosin

A Medecine to Cure y<sup>e</sup> flume or yewen lase  
Take a good handfull of y<sup>e</sup> more bark of an old oak tree: and as much  
of a bullcock tree: two quartes of y<sup>e</sup> rosin of y<sup>e</sup> yewen with  
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Another for y<sup>e</sup> same

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into a plate in y<sup>e</sup> strong yewen water: and when it is well set  
again: and then straine yewen of yewen and give them into yewen water  
a quart of yewen water & yewen rosin: but him drinke after y<sup>e</sup>  
half a quart of yewen rosin: yewen rosin

Another for y<sup>e</sup> same

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it thick as yewen: boyle it wile y<sup>e</sup> rosin in a quart of a yewen  
of yewen rosin: & yewen rosin of yewen rosin: but him drinke after y<sup>e</sup>  
half a quart of yewen rosin: yewen rosin





A Medicine for a Scurvy or red face  
or to mix'd with the Juice

45<sup>v</sup>[illegible]

Take out ounce of Gymnemon, powder finely beaten and half an ounce of  
Linde (Limon) force strained of Camellia, rose water; and if it do not  
exceed well. You may brate with it two blanched almonds, mingle all  
it with an ointment of Turpentine & cast the fourth & if it exscent doe  
not annoy. Strange & hard may arise from inward rancor, then lay  
it exscent with yolk of Bird's beak, every morning, fasting for  
space of a month together, in & foreign and full a draught of  
Roshill's solvent and water.

Another madras offe<sup>r</sup> y<sup>e</sup> same

Take 6 Quarts of Spring Water, vent therein as much of  $\frac{1}{2}$  left  
Leath allum as  $\frac{1}{2}$  pint eggs and of  $\frac{1}{2}$  left white vinegar as an  
infuse mix with a little handfull of Rub. and when it is a little  
liden vent therein as much life long as will make it fume the best  
all these together then straine it into an earthen panna and  
when it is cold put it into a Glass for Use and when you doe  
use it pour out some of it into a welling eye and doe a Cup brimber  
with Beer in a Glass you have therewith and when  $\frac{1}{2}$  pint hath  
feth then use this Water following

Take a quart of new milk and make a coffee thereof with a quart of butter milk: take off & Curd and then take as much kinsom as an heafed nutt as much allum as a Walnut: ad much pepper and kinsom: burne them all small & putt them into a coffee Sinker then pisse it into an earthen cosome: and when it is into putt it into a glass for 3 days: and use it after & youe manner as the former water is & Strived

Another for y<sup>e</sup> same

Dabo Castle four books of fairs. <sup>Swiss</sup> water very strong & batho  
the ofered affeth to drink; with a <sup>Swiss</sup> bath with some diocese shown  
at hill ab y nation can find it

Another pair of fawns

Take a quart of cream and put therein an ounce of salt water  
with 4 pint of 2 or 3 Lemons mingle them well together then take  
an ounce of limstone poured out into a white linen cloth  
but it is best continually in a stone and when you would use it  
bathe it with 4 pint of salt water & rub it gently  
against y<sup>e</sup> inflammation of y<sup>e</sup> liver & stomach  
Take fine dryed & powder 3 of meal of lupine seeds mixe  
it with honey 3 y<sup>e</sup> Juice of wormwood make a cake thereof  
3 eat it 3 it will away y<sup>e</sup> inflammation of y<sup>e</sup> liver  
Take away y<sup>e</sup> purples & veins of y<sup>e</sup> face which  
proceed from y<sup>e</sup> same













Take a large white roe in a salter with 3 poundfulls of warm milk of Asse water you want 2 pound of bark two poundfulls of 4 pound of lesser hartshorn white roe, nightshade rube of Rofe of bark of them one pound poundfulls of bark all these together upon a Chaffing dish and steale till all is consumed to drink so into 4 rales then lay it on a cloth and give one it the powder of Vntmoyne and when it is patient goeth to bed let him lay it on his breast all over his forehead & temples and so let it be four and twenty hours

A Medecine to procure sleep & ease the paine in the head

Take the whorle of an eye beare it till it riseth to a froth then take the froth & put it in nutmeg grated mingled it with plaster & thickenes & spread it on a peece of rose cake or browne paper layd to the temples over night

Take a pound and halfe of the best of sugar & a pint of 4 pound of stale ale, temper the malted wheaten flour & grounde of each an handfull brayse them a little & baste them together together by the 4 thicknes of a wallis then spread it halfe an inch thick and a large cloth and away it to 4 stone ground as hot as it can be run faster it morning & evening & before you lay to it this mixture rub it and change of place before it is with 4 of 4 rube 7 by 4 of forehead & blisters and so on it to 4 stone ground

It draw out the palsy from the bone  
Take mustad seed burn it & emia seed of each a like quantity about a handfull temper y<sup>e</sup> w<sup>h</sup> vinegar till it be as thick as a salve spread it upon a peece of white leather & lay it to the place grieved at night w<sup>h</sup> you go to bed & let it lye till the next night & lay on a peece of new leather & make a plaster of it to doe 4 days together & it shall draw out much better & make it whole for ever by Gods help

A rare medecine for the palsy w<sup>h</sup> they have lost their limbs for going it caused a fisher man & was told him by a great physician because he was poor

Let y<sup>e</sup> party take a pound of bracke & bake as many pipes of it as he is able in a day if it be ready in a day let him keep his Chamber y<sup>e</sup> more he take y<sup>e</sup> better although it make him very sick & drunk in his head this hath cured shot y<sup>e</sup> have had it 7 years in a fortnight gone























66  
 To Lay downe for y<sup>e</sup> falling sickness or convulsions  
 Let y<sup>e</sup> child have an issue made in his neck  
 let him be purged twice a weeke with a purgator more of y<sup>e</sup>  
 purging being of saury w<sup>th</sup> rubarb given by it selfe or dissolved  
 in sweet drinck  
 y<sup>e</sup> Juice of red rue strained & drinck frequently helpeth it  
 Take an handfull of Beane half an handfull of Peas  
 y<sup>e</sup> like quantity of cowslow flower meete with red piony  
 seeds of each being bruised a good while together in a pint  
 of fine water is it wasting & a third part y<sup>e</sup> strain it and  
 give spoonfulls of it twice a day sweetned with hony or  
 piony putting thereto 2 dropes of y<sup>e</sup> oyle of amber  
 In y<sup>e</sup> fit give a libell of y<sup>e</sup> Lady Helenes water w<sup>th</sup> a drop  
 of oyle of amber rubing likewise y<sup>e</sup> nose & temples w<sup>th</sup> a drop  
 of y<sup>e</sup> said oyle

67  
 To make a furogatory  
 Take a quart of sweet Allume make it long like a molde runfett Drive it  
 in y<sup>e</sup> a full Butte  
 Another  
 Take a poundfull of hony or more boyle it black in a fowle golt skin  
 put thereto as much hony as a pence and twise as much salt  
 then wale together then take a tranche & annoint it with  
 butter & cut it off y<sup>e</sup> tranche and make it up into a bolle or bane  
 for y<sup>e</sup> use  
 Another  
 Take a little rustle soave & put it to y<sup>e</sup> fufion of a furogatory  
 and use it as y<sup>e</sup> shal find

An aproved Medecine for the falling Sickness  
 Take of y<sup>e</sup> powder of misticko that grows upon the  
 the as much as will lye upon a six pence in 2 or  
 3 spoonfulls of blake Cherey water for 10 mornings  
 y<sup>e</sup> fast an hower or 2 after it 2 days before the  
 fall 2 days before the Change as long as you feare y<sup>e</sup>  
 fits untill y<sup>e</sup> humor be gone

A Medecine for y<sup>e</sup> falling fit  
 Take a quart handfull of motherwort and boyle it in two quarts  
 of y<sup>e</sup> strongest white wine untill it come to 3 pintes then  
 pour it into a limbeck theed into a tra and put theron as much  
 of y<sup>e</sup> white wine as will lye on a 6d pence then it will be together  
 after it and for continen it fawen or eight dayes  
 Another for the same  
 Take of y<sup>e</sup> singel piony root of y<sup>e</sup> white Billey root  
 of y<sup>e</sup> bay tre root that bears y<sup>e</sup> berry of y<sup>e</sup> ashin  
 beget the kernells of each a quarter of an ounce  
 after they are dried & beaten to powder of bran  
 sugar and of Nut mags of y<sup>e</sup> Claves the same quantty  
 beaten to powder without drying mixe all this to  
 gether & take as much as will lye on a shilling  
 morning & evening in halfe a pint of strong  
 beere y<sup>e</sup> fast 2 hovers after it you must take y<sup>e</sup>  
 your piony roote at the fall or spring



















*Against a violent Burning  
in the head & face*

Take a pound of white wine & fortie filbert nutmeates  
beat them in a stone mortar & put a little of y<sup>e</sup> said water  
for the mortar and for y<sup>e</sup> mortar beat them well with  
a little rose water and white sugar then beat & pound  
them as often as has oyle if you cannot find  
filberts then take other small nuts or almonds and fast  
an hour after it

An Excellent saluer to be applied to y<sup>e</sup>  
wounds to lay y<sup>e</sup> heat of a seauer

Take an handful of y<sup>e</sup> leaves of angelica & lay ym in  
steep in honer in white wine vinegar & y<sup>e</sup> heat ym  
very hot upon a fier shoud & soe applye ym to y<sup>e</sup>  
wound it shall quench y<sup>e</sup> heat & cause rest

Another for y<sup>e</sup> same that causeth rest  
in y<sup>e</sup> seauer

Take y<sup>e</sup> bason of a penny white lufe with good  
hore of y<sup>e</sup> crumpe tost it & strike upon it cloues  
pretty full of y<sup>e</sup> oyle it all over with nutmegs y<sup>n</sup>  
lay a very thine rage upon it so keepe y<sup>e</sup> spice that  
it may not fall off y<sup>n</sup> take halfe a pint of claret  
wine & boyle shewen a lute red wine munt. y<sup>e</sup> it alke  
it must not be spore munt. & when it is well boyled  
dye your bread in it & let it soake very well with  
it clark pined very fast about it & soe applye it very  
close to y<sup>e</sup> bottom of y<sup>e</sup> stomache

A Soueraine drinke for a seauer to be  
given in y<sup>e</sup> night of it

Take 4 spoonfulls of fave. matter 3 spoonfulls of  
red rose vinegar & y<sup>e</sup> juice of a greene lemon or 2  
small ons give it to y<sup>e</sup> patient to drinke

An approved drinke for y<sup>e</sup> that is with  
thirst & hath a burning seauer to collect comfort

Take a quart of pure milke boyle it & put shewen  
halfe a pint of Indue water & 3 spoonfulls of  
white wine vinegar make a poset therof & let  
y<sup>e</sup> patient drinke this of y<sup>n</sup> y<sup>e</sup> morning & after  
noon at night when she goeth to bed

A drinke for heauy seauer & y<sup>e</sup> other

Take nettell toges cleavers dandelion bedstraw colts-  
foot maidon hawe of each a good handful boyl it  
this in a pottell of good ale till it come to 3 pints  
y<sup>n</sup> straine it with a quarter of a pound of sugar  
good honey if you y<sup>e</sup> patient to drinke it any tyme  
either day or night it will helpe y<sup>e</sup> greatest  
seauer that is

*Against a wild fire or inflammation*

Take halfe a pound of dyestock hore and put it into fine  
pottell of white wine and it will soe dissolve thence  
dye it a lute into a lute hot water and then put it into  
a lute water againe & it will dissolve take a lute  
pottell & dye it into the said water and bathe y<sup>e</sup> seauer therewith  
as often as you shall see good

To take away y<sup>e</sup> seauer

Take y<sup>e</sup> seauer leaves & halfe best a lute hot then put y<sup>e</sup> leaves therein  
& then apply it hot to y<sup>e</sup> seauer & y<sup>e</sup> rest of y<sup>e</sup> party

*A goodly saluer*

Take a pound of milke Colander seeds running fire & amified  
of each an ounce brused & when it is brused halfe away  
pottell it then take y<sup>e</sup> oyle of a new laid egge and 3 or 4  
with a thumb full of y<sup>e</sup> oyle and halfe of y<sup>e</sup> fire of dyestock  
y<sup>n</sup> hand shewen milke put them together and shewen  
as a y<sup>e</sup> seauer it will work out well you may with the  
fire of dyestock as an ounce of y<sup>e</sup> fire of dyestock

*To make a Rhotent saluer*

Take a pound of pure milke & when it is 2 or 3 times with a  
good of pottell then put it into a pottell & boyle it a lute  
away then put it into a pottell & boyle it a lute  
pottell boyle it againe & take more & shewen it and with  
therewith one ounce of ordinary sugar

A saluer for a weak body whose bowels are  
empty it is strong thening as well as working  
y<sup>e</sup> patient may take it being neuer soe weak

Take 3 quarts of running water put it into a pottell  
with a new pite shewen head shewen it so y<sup>e</sup> as it comes  
from y<sup>e</sup> bucker put also therein a handful of Malice  
& y<sup>e</sup> oyle of y<sup>e</sup> mapeow roots halfe a handful of  
Mercurius 2 handfuls of y<sup>e</sup> oyle with some of y<sup>e</sup> roots  
put halfe a pottell of Coriander seeds as much Caraway  
seeds 3 quarts of a pottell of Commin & an y<sup>e</sup> seauer  
boyle this till ther be put 3 pintes of y<sup>e</sup> sugar coming  
y<sup>n</sup> straine it all put ther 3 spoonfulls of salt & y<sup>e</sup> oyle  
of 2 spoonfulls of sugar give it a lute hot y<sup>n</sup> milke  
from y<sup>e</sup> oyle  
soe much as is here prescribed will save for 3 y<sup>e</sup>  
let it be given every each other day















bruised  
 20 ounces of castor oil 1/2 an ounce of rubarb let  
 all these be severally bruised in a powder saving the  
 castor which must be put in whole & when the other  
 herbs are working steepe it up close havinging good  
 store of warme on the top then put the following  
 & after 3 or 4 dayes drinke thereof every morning  
 half a pinte & every evening 3 parts of halfe a  
 pinte in the morning take some warme broth an  
 hour before dinner & it will worke the better but  
 in the evening take it when you go to bed keepe your  
 self warme during the whole tyme the more you  
 exercise your body the better it will worke  
 you may if you please in the spring put in the iuce of  
 halfe a pecke of turnegrave

To make a gallant & strong drink  
 Guaiacum 4 oz. Sassafras root 2 oz. roots 2 oz. Sassa-  
 parilla 2 oz. Sassafras root 1 oz. Polypodium 2 oz.  
 Madder 2 oz. Roots 2 oz. Red Dock root 1 oz. Lina 3 oz.  
 Horseradish 2 oz. Sassafras 2 oz. Sassafras root 2 oz.  
 and full of Guaiacum and full of Sassafras and full of  
 Madder 2 oz. Sassafras 2 oz. Sassafras root 2 oz.  
 Linseed 2 oz. Sassafras 2 oz. Sassafras root 2 oz.  
 Red and white roots of and the best of the best  
 them all together in a bundle bagg & put it into a  
 Runlet of 4 Gallons hanging up all & strunge to play  
 up and down when full into all 3 Gallons of good  
 Beer or Ale when all is ready to be drunk and  
 after all the good Beer has been drunk it has been  
 hanging 2 dayes with all & Sassafras hanging up  
 of Sassafras 2 oz. Sassafras root 2 oz. Sassafras  
 at long as long as it lasts looking as other drinks

Take halfe a pint of Sassafras a strong worth  
 of smallage and pennyworth of Lovage a penny  
 worth of Watercress One penny worth of long  
 pepper One penny worth of Graine 12 penny worth  
 of Sassafras 12 penny worth of Red and white roots  
 when full all in a bundle bagg and let them stand  
 3 dayes before you drinke it take 1/2 of good  
 morning & a good draught and another at a clock  
 in afternoon 1/2 of good morning 1/2 of good  
 1/2 of good morning 1/2 of good morning 1/2 of good  
 1/2 of good morning 1/2 of good morning 1/2 of good

Take of the 3 or 4 dayes before you drinke it  
 of Sassafras 2 oz. Sassafras root 2 oz. Sassafras  
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 of Sassafras 2 oz. Sassafras root 2 oz. Sassafras  
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 of Sassafras 2 oz. Sassafras root 2 oz. Sassafras  
 of Sassafras 2 oz. Sassafras root 2 oz. Sassafras

To make a powder to suppress of humor  
 Lingula Emille

Take one ounce of Amalgam and one ounce of Lingula and one ounce of  
 Commi seed and a quarter of an ounce of 1/2 date druggs these seeds  
 and made into a powder & drinke in 1/2 pint of Ale or Wine or  
 perhaps it is good for 1/2 thing about face

1. The receipte of a drink good against the fumes  
 from the spleen & to open the obstructions

1/2 Take of haume halfe an handful as much of Amalgam as  
 much of longe boyle them in a pint & 1/2 halfe of all the  
 Rebeine drinke a draught of it morning & evening for a week  
 Receipt together written in as you please

2. A medicine for ye spleen pained

Take mellist Camemill of each 3 handfulls Roman Wormen  
 plating dring of each a handfull beat in a stone  
 mortar y<sup>e</sup> put to 3 pound of fine rose 12 ounces of hese wax  
 & a pound of shaples put a pint of white wine & melt all these  
 together in an earthen pot doe let them stand & draw y<sup>e</sup> let  
 ym be perfectly strained & soe use ym plaster wise

1/2 After y<sup>e</sup> spleen a general magale  
 Take halfe an ounce of Sassafras root and a half of Sassafras  
 root 1/2 of Sassafras root 1/2 of Sassafras root 1/2 of Sassafras  
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1. Take and a general medicine  
 2. Of the 3 or 4 dayes before you drinke it  
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 9. Of the 3 or 4 dayes before you drinke it  
 10. Of the 3 or 4 dayes before you drinke it

1/2 To Lax the rawe feeling desire for spleen  
 Take a pound of your best quinquich or much green mayden hair as  
 much of Sassafras or much of Sassafras or much of Sassafras  
 much 2 pound Camemill half a pound rose a quarter of a pound  
 quinquich a quarter of a pound rose a quarter of a pound







10. Take a portion of running water a quarter of a pound or more of small round 100 & 120 grains of musk, 2 of aniseed, or of fennel seed & add 1 lb of honey having a good handful of lavender well washed. (The next one has fine of sweet burning a small amount of musk as much as with a half full of oil of cedar, a handful of rose water & a handful of may dew and till it be half consumed by the use all these together in a water to be had in the summer by the use of these then there is to be made it in a soft white paper round & give it 8 days in morning & evening till it take & as I say if you can get it third to take it though but a spoonfull at a time & find true

2. An approved Drink for y<sup>e</sup> Rickets

[illegible][illegible]

The first was her anointing with this night and morning  
the first of y<sup>e</sup> ribs and the small of y<sup>e</sup> backe, & y<sup>e</sup> binding  
of y<sup>e</sup> knees & y<sup>e</sup> hamms it must needs be done at least  
y<sup>e</sup> ffe more and for recovery of all it must need be  
changed in 3 weeks or a month  
But the danger hath appeared so many without y<sup>e</sup> treatment  
& now y<sup>e</sup> Ribbes appeared

Take of y<sup>e</sup> inward barke of soft ash w<sup>th</sup> must 600 of y<sup>e</sup> yonge  
Springes gathered in May and Sand driffe of each as much  
as w<sup>th</sup> y<sup>e</sup> left thumb and your four fingers and Thumme &  
knife as much of y<sup>e</sup> inward barke of Gray of either of these  
putt itt up into a quart bottle and fill your bottell w<sup>th</sup> 68  
lbw & after it hath stood 3 or 4 dayes drinke itt soft  
ye must fill 2 quart bottles at a time & when one is  
out full itt a faine y<sup>e</sup> chell must drinke and other  
drinke.

\* A Note for the Disposer commonly  
called y<sup>e</sup> Rubet

Take this good Snyman whole tiger cordy of such a draught a penny  
worth of Snyman. Prayers of 1/2 sun and pound of Snyman root and hand  
full of Snyman root and hand full of Snyman root & Snyman root & Snyman root  
a handful of each boy & child in a gallon of water & putt it in water  
Soe & or putt in a gallon of Snyman root & Snyman root & Snyman root  
come to a Snyman root & Snyman root & Snyman root & Snyman root  
more & or putt in a Snyman root & Snyman root & Snyman root & Snyman root  
more & or putt in a Snyman root & Snyman root & Snyman root & Snyman root  
with twice a day boy & child & or Snyman root & Snyman root & Snyman root  
X I do in to for y Snyman root

[illegible]

Take half a pint of Rhenish Water & lay to Bed in 100912  
 Give a little child drinks it with an it little syrropp of dews  
 of Lilly flowers not to possesse if 1<sup>st</sup> child hath not a fever & young  
 give Males boy 3 or 4 times

Hotze Riccio

Take a pint of Spence Beer w<sup>th</sup> y<sup>e</sup> Apothecarys salt & give y<sup>e</sup> Child a Spoonfull  
or two if you think it has much & add Orange Juice or Spoon meat in a morning  
& before a fine red one of y<sup>e</sup> same Orange salt at the first mowing it will be for  
some time every morning till both helped & strong friends y<sup>e</sup> Childs health  
& outwards

To strengthen Childrens Limbs & heavy <sup>of</sup> ~~Rein~~ <sup>Rein</sup>

To strengthen Christmas Carols & havey' Part

Take 2 or 3 whites of eggs & stir y<sup>e</sup> long till they come to a froth  
& rub y<sup>e</sup> Childs back & limbs & wrists with it, tis much commended



To sweeten y<sup>e</sup> blood

I put it under a blood root for itching

Take a pound of Dock root, & as much Dandelion & 3 handpicks  
of hart's tongue & 3 of Ribwort flowers half a pound of crad bathmen  
root mix juicy y<sup>e</sup> Docke root must be dried & sliced & y<sup>e</sup> Dandelion  
dried then put this into 4 gallons of small ale w<sup>ch</sup> it is working  
& as soon as it is clear drinke it, if you please you may put in  
4 handpicks of ground juy, you must drinke no other drinke if it  
be for a year or tw as you like

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Take y<sup>e</sup> Crocodile & cutt them, from y<sup>e</sup> whites, then wash  
them, take to an ounce of Crocodile, make it into the weight  
in Water, w<sup>ch</sup> y<sup>e</sup> water into a rounde Pan, 1st draw the fire  
but it be almost at beging, and let the Crocodile be w<sup>ch</sup> into  
in washen, till, when y<sup>e</sup> water is lett out it be drye, &  
stirre them well together, and laye them close up with a  
cover of leather, w<sup>ch</sup> is y<sup>e</sup> best, and w<sup>ch</sup> above y<sup>e</sup> leather  
lett them stand by the fire in a constant heat, for 3 days  
before you use them, then lett them come out, wash all  
the gentle, to wit, when you have cleared it, take to a pint  
of this spirit, & wash it of a new, if he be Engas first  
leaves, to put into y<sup>e</sup> jar, is cleare it & lett it come  
out, till it be thicker, take of the Graine, & so take  
it off the fire, and strice it full of water, and then put  
it in a Glass, and be ready for use.

To make surroe of Reasons  
Take your raine if youe are or beat you by straine  
if you put your rice into a close velle of lea it  
stande for 10 dayes if it will worbe cut all ye brose  
of your rice will be cleare if you must power it cut  
carefully through a strainer not suffering any of  
ye bottom to goe in if it eury parte of ye rice  
you must take 2 pound of sugar beat it very  
finely make it put it to your rice if you put it upon ye  
fire in a kettell of water until all your sugoe  
be melted if ye surge rise you must not let it  
boyle for if you doe it will canday

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[illegible]





*[Faint, mostly illegible handwritten text, likely bleed-through from the reverse side.]*

For to cure y<sup>e</sup> Stone

Take point Drake 3 night together made w<sup>th</sup> white wine & boyle  
in it some Guayper berries & after y<sup>e</sup> take as much of the powder of  
y<sup>e</sup> Stone called Lapis Judiacum or Judacius as will lye upon a great  
or 6 pease it must be beaten very fine & served & drinke in a glass of  
white wine 7 mornings together every other day this has helped tho<sup>y</sup>  
they have not been troubled w<sup>th</sup> it after

For y<sup>e</sup> Colick

Take 3 cloves of garlick green w<sup>th</sup> be 3 night rosted up in butter or  
how they best like

*[Faint, mostly illegible handwritten text, likely bleed-through from the reverse side.]*



### A Medicine for y<sup>e</sup> wind

Take a little gill of y<sup>e</sup> egg shell beaten to powder in a glass of white wine, once a month

For y<sup>e</sup> Colic

Take 3 clouts of gill-like going to bed 3 nights together rolled up in a little butter or lard they like best

For y<sup>e</sup> Stone an excellent medicine

Take pearl drake 3 nights together made w<sup>th</sup> white wine & boyle in it some Quincher berries & after y<sup>e</sup> take y<sup>e</sup> powder of y<sup>e</sup> stone called lapid Judicium as much as will lye upon a groat or six pence it must be beaten very fine & ressed & drunk in a glass of white wine 7 mornings together every other day this has helped those w<sup>th</sup> they have never been troubled after w<sup>th</sup> it

For y<sup>e</sup> Stone

Take a wine glass of Burdock leaves y<sup>e</sup> Symple water of it every morning for 4 or 6 days

Another for y<sup>e</sup> Stone

Take 4 or 5 spoonfulls of white wine y<sup>e</sup> rine of a lemon & a spoonfull of oyle & drinke it for 4 or 5 mornings & fast 2 or 3 hours after it you may take it w<sup>th</sup> you find pain or 2 or 3 days after y<sup>e</sup> decess of y<sup>e</sup> stone

For y<sup>e</sup> wind

Take half an ounce of Calamus Aromaticus y<sup>e</sup> is found but because some if it cannot be beaten to powder let 3 quarters of an ounce be beaten several times over & send into a very fine powder & let about a dram of orris root of y<sup>e</sup> thin part of y<sup>e</sup> out side be powdered also mix this w<sup>th</sup> pain y<sup>e</sup> night of fine loaf sugar & keep a six pence of oyle more in y<sup>e</sup> bottle & use as much as will lye upon it of this powder at night dring to bed & in y<sup>e</sup> morning in a glass of wine all be or ke or any thinge you like best & to continue it a month together

My Lady Raylons Receipt for y<sup>e</sup> Stone

Take a peck of hawes very clean pick from leaves & stalks a large handfull of Philonendula & as much parsley pound them in a stone mortar untill y<sup>e</sup> stones are broken y<sup>e</sup> put to y<sup>e</sup> 2 quart of Sack or wine-water. distill it in its own steed or send it to be had & 2 quart of y<sup>e</sup> best white wine. let it stand all night in y<sup>e</sup> morning put to y<sup>e</sup> 2 quart of new milk & w<sup>th</sup> draw it off in a cold dish w<sup>th</sup> a moderate fire, mix y<sup>e</sup> first & last running together & set it up for use swallow 2 or 3 pence of fresh butter w<sup>th</sup> y<sup>e</sup> w<sup>th</sup> a nutmeg & drinke a glass full of white wine & fast till dinner *probatum est*

### A powder for a woman that is like to miscary by reasons of weakness or frores or squaries or flukes

Take y<sup>e</sup> stones of Darters Dragons blade y<sup>e</sup> Sep bone of a niche belymerike of each an ounce beat y<sup>e</sup> all personally of red Corall on quarter of an ounce y<sup>e</sup> wage of each equally waight as aforesaid y<sup>e</sup> mixe y<sup>e</sup> together & give as much as will lye upon a groate or six pence in a mese of egge-Caud or suga syrus or water grain for 3 or 4 mornings fasting or longer if neede be *probatum est*

To preserve women from miscarriage

Take of Dragons blade y<sup>e</sup> waight of 2 pence of red Corall powder a drame of ambergrise y<sup>e</sup> waight of 2 barley Corins of East Indian Bese & barley Corins w<sup>th</sup> waight make all this into very fine powder mingle y<sup>e</sup> together & keepe y<sup>e</sup> in a close box w<sup>th</sup> when you feare any danger take as much of it at a tyme as will cover a peny y<sup>e</sup> rest quiet after it take it fasting in some mace ale or at night when you goe to bed or at any tyme as often as you feare or suspect miscarriage

they have

are my

for y<sup>e</sup> some

Take y<sup>e</sup> trevelles of 3 new layd egges as much Crimston Chusidk Dyes in graine very small cutts as will lye one fother 6 pence it must be steamed in the fow y<sup>e</sup> of red rose water y<sup>e</sup> 3 parts of a good nutmeg grated & brack sugar beat this all together take it when you feele your selfe not well w<sup>th</sup> lye downe to rest if you come it must be taken 3 ty mes in y<sup>e</sup> morninge it is best & by gods helpe it will keepe you with out faile

To bring thinge forth to be taken in any

Weaknes spechelley from feare of miscarying Take y<sup>e</sup> Conserve of y<sup>e</sup> flowers of Asphagelos w<sup>th</sup> Claver of each of these 2 ounces magistere of Corall white amber in fine powder of each one drame of a halfe hartshorne prepared one drame with y<sup>e</sup> syrus of Corall or masticke make it in y<sup>e</sup> forme of an Elliburey you may boke going to bed y<sup>e</sup> quantity of a small wallnut y<sup>e</sup> lye in y<sup>e</sup> morning

To bring forth a woman a french who she is great & hath not strenght to bring forth & dead Child or after birth if her shewes have left her it will cause shewes to come againe

Take accents a handfull boyle it in a quantity of Ale w<sup>th</sup> a little oatmeale thin & when it is well boyled thynke it w<sup>th</sup> y<sup>e</sup> youth of an egg if it be thion & give the woman a good draught to make warme & w<sup>th</sup> bring her shewes againe & if she Child be dead it will bring it away if it be in power & the after birth has use to a safe thinge sweten y<sup>e</sup> Cardell & hyer to your best

\* To prevent Abortion an Approved  
Plaster Called y<sup>e</sup> Countess of Moulgraves

Take galengall one ounce, bole of Armenia Sanguis draconis,  
terra sigillata, of each 30 grains, of mastich & of myrrhe  
of each a drame, make all these into fine powder with halfe  
an ounce of liquors rubes beate into powder & work it into  
a past, with juce of myrrhe, & mugwort, y<sup>e</sup> ade halfe an ounce  
of red Sanders finely powdered, & washt much as with Luffie  
to make soft & pleasant

A Receipt to prevent miscarriage sent to  
my Sister Caspwright by her Grace y<sup>e</sup> Duchesse of  
Buckingham

Take y<sup>e</sup> Arcanus of 30 eggs, Spodium one ounce & leaves of gold,  
mix all these together, give y<sup>e</sup> patient one third part of this  
medicaine at one time fasting, fast about 3 hours after, Take  
y<sup>e</sup> other 2 parts after y<sup>e</sup> same manner for 3 mornings together  
or you give this medicaine mixed by apply a Plaster to y<sup>e</sup> back  
of y<sup>e</sup> patient, made of Emp. ad. thermum & Eup. mastich  
of each a like quantity mixed together & to y<sup>e</sup> body of y<sup>e</sup>  
patient lay a plaster of Cypris Turpentine, upon y<sup>e</sup>  
navel, & breath of y<sup>e</sup> palm of your hand lay upon y<sup>e</sup> navell  
a little bit about y<sup>e</sup> breath of y<sup>e</sup> hand y<sup>e</sup> Plaster, continue ym  
20 days untill they grow by reason them

This note under written read by y<sup>e</sup> Apothecary.

Leaf Gold a large Book.

Spodium palo. — ʒi.

Emp. ad thermum — ʒiij. misf.

Emp. Mastich — ʒiij.

Cypriſe Turpentine — ʒij.

To stop y<sup>e</sup> fluxes in women w<sup>h</sup> they flow  
or have ym immediately

Take a piece of any old black silke & boyle it in vinegar and  
apply it y<sup>e</sup> part so affected, as warme as they can bear it  
this hath helped in half an hours tyme



An Excellent Receipt to stay y<sup>e</sup> flowers  
in women if they come immoderately

Take y<sup>e</sup> flower of an hawthorne burne them upon a Chafin dish  
of Charrell & when they are well burned beat ym so fine  
powder y<sup>e</sup> take a pintle of red wine burne it with Dubel  
refined sugar & take as much of y<sup>e</sup> flower powder as will  
lye upon a pintle & put it into a litle draught of y<sup>e</sup>  
wine & soe let y<sup>e</sup> patient drinke it morning & evening  
for y<sup>e</sup> space of 4 or 10 dayes y<sup>e</sup> it helpeth with gods blessing

For y<sup>e</sup> staying off y<sup>e</sup> flowers when they  
immoderately often abound

Take as much prepared Cord as will lye upon a rowne  
y<sup>e</sup> as much to the aiment finely beaten & seared as will  
lye upon a groat mace it with a litle draught of red  
wine mixt with Consuage of red roses & soe let y<sup>e</sup> patient  
drinke it first & last y<sup>e</sup> it helpeth exceedingly you may  
give it y<sup>e</sup> woman newly delivered & it stayeth y<sup>e</sup> flowers  
for y<sup>e</sup> same

The red hollyhock y<sup>e</sup> flowers thereof boyled in red wine  
drunke both stay y<sup>e</sup> over much flowing of y<sup>e</sup>

For that which is apt to miscary

Spread sweet upon a litle piece of whit leather & lay it on y<sup>e</sup>  
haunch & wear it continually spread a litle wax about y<sup>e</sup> edges  
to make it stick fast

To bring downe then when they stoppe in  
young maides

Take 3 bellons of Alewort put to it 3 good handfals of white horehound  
boyle it well in the wort when it is cold enough then put beere to it & let  
y<sup>e</sup> hork lye in it till it be warmed enough & when you have it up take out the  
herbes out of the wort and let it be 10 dayes old before you drinke it drinke  
a litle y<sup>e</sup> first in the morning and another at 4 a clock in the afternoon

Another for the same

Take a quart of sack & handfals of Cherry leaves & 8 of gorse broom  
popper boyle these in y<sup>e</sup> sack till one quarter be boyled away then pour it  
out into something to keepe y<sup>e</sup> take 3 handfals in the morning fasting 3  
handfals after dinner & as much at night when you go to bed red when it  
boyled one quarter away strain the leaves out of it very hard that no beere  
remaine behind & booke it close that in a bottle

for y<sup>e</sup> p<sup>re</sup>sent  
The distilled water of Daffodillz doth cure y<sup>e</sup> p<sup>re</sup>sent if y<sup>e</sup> patient  
be bathed & rubbd w<sup>th</sup> y<sup>e</sup> said liquor by y<sup>e</sup> p<sup>re</sup>sent probatum

Take 2 ounces of box greas a quarter of a pint of burning a quarter  
of a pint of Collico. Take one hand full of Camomile another of  
the leaves of Red nettles romany & worm wood a hand full shred y<sup>e</sup> herbs  
small put <sup>in</sup> into an earthen pipkin set it into an oven after bread  
is drawn close y<sup>e</sup> oven & allow it till it be close covered & w<sup>h</sup> you take it  
out strain it & put in an ounce of oyle of Spicks

Take mustard made w<sup>th</sup> wine vinegar dry it in a oven w<sup>th</sup> it is thoroughly dry beat it to powder take a quarter of an ounce of bedony powder & mix w<sup>th</sup> it half an ounce of white sugar cany beaten into powder mix<sup>m</sup> in adroptation take a spoonfull of it & mix it w<sup>th</sup> bear & walas it dars & variate a draught after it & fast an hour after it doe it like at 4 a clock in ye afternoon & so doe it 9 dayes together & it will cure it if curable

[illegible][illegible]

Let's send a few of these from and Capt. Thorne in France? as  
for the 1st and 2nd day which apply warm? to 2 years and

1846 and 1847. When in your hand with Chlorine and lay  
 of your tongue. <sup>Water for 7 days</sup>  
 Take now once a day and keep warm a quantity of Sage and  
 put all upon a linen cloth warm and lay to the tongue of your neck.



How to make decoction of Gyacum

Take small filled or shaven guaiacum 16 ounces of cardus benedictus  
 & 1 lb. of each a handfull pour thereon 6 quarts of  
 water let ym steep a night close stop it & let it seeth easily  
 till a 4th part is consumed & wood may be kept to use again

To clear y<sup>e</sup> blood

Take y<sup>e</sup> Juice of fumitory & they together or y<sup>e</sup> whey of goates milke

To strengthen y<sup>e</sup> liver & hart

Confection of Libeificanus Almanon Take on quarter of an  
 ounce with wine water also half a drame of beards

Walnut water thus distilled is good against the  
 Ague or any infectious diseases by sickness

Take 2 pound of Walnuts 2 handfulls of Rind 2 pound of figgs stamp y<sup>e</sup>  
 in a mortar then steep them in as much sack as will cover them for an  
 hour still it altogether in a cold still put some fine sugarcandy in the  
 glass it drops into drink as you see cause 3 Spoonfulls or so.

The Walnut water called the water of life  
 for the vertues before of.

Take Walnuts in the beginning of June take ym a mortar then still ym in a still  
 of lead and keep them by it till thin make a second water taking your Walnuts  
 about midwinter or 2 or 3 days after use them as good as the other before water  
 by it till after three gathering Walnuts a fortnight after midwinter and use them  
 as you did the former keep the water by it till after three take a quart of each  
 and put all together in a glass still & keep it close for your use.

The vertues of the simple Walnut water.

It will cure all manner of dysenteries and gallens bringe downe the wind fastinge  
 it is good for the eyes if you put one drop thereon it is to help the contempion of  
 a woman if shee drinke thereof moderately one Spoonfull in wine once a day  
 it will make ones face faire if it be with it therewith it is good for infirmities  
 within the body and drinke out all corruption if it be drinke it with moderate  
 so with water it will kill worms in the body drinke with or by it till you have  
 drinke it shall live so long as nature may well continue lastly if you have  
 any urine that is turned out a little while full thereof into it and stop it close  
 4 days it will recover it againe.

An Excellent Cordiall water.

Steep halfe a pound of Cardemom in 2 quarts of white wine put to it a good  
 handfull of red sage an ounce of Cinamon let them all steep 3 hours & still  
 them in a cold still put into the glass it runs into a little white sugarcandy  
 when you thinke it halfe runn out fit other glasses under keep the first  
 it self for that will be pretty stronge, this quantity must not be put into  
 the still all at once for it weakens it.

For a scurfe

Take hyem pica one drame to a quart of best white wine & water  
 are to it 2 of prepared cochenill & red put it in a batch of water  
 & that it boile a day for 9 days together & let it stand in y<sup>e</sup> sun or in  
 a chimney where it may have a constant heat it keeps suspect  
 good of infection take 3 Spoonfulls fasting it will give a stock or  
 100







114 is a good many barage of hughes & flowers when  
this hath steeped 48 hours you may strid it in a lim-  
bade this will yeld 3 pintes of very strong water ye  
rest will be small

### An excellent aqua mirabile

Take galengale Cubebiles melleos karlenary cloues mace  
of nutmegs & ginger of each a drame bruse ym pretty well  
ye put ym into y<sup>e</sup> liquor of pure of Selendine a pinte, of  
ye rael of mint ~~bruse~~ <sup>bruse</sup> half a pinte, of white  
wine 3 pintes, of angelico water a pinte put ym all to-  
gether into a stillatory of glasse y<sup>e</sup> let it stand adnight  
of one y<sup>e</sup> morn dissolue it with a soft syger as you can  
put tow every pinte of water an ounce of sugar candy  
well beaten this water is of strong & secret nature  
it healeth y<sup>e</sup> longes if they be wounded or putrefied  
it refreeth y<sup>e</sup> st<sup>om</sup>ach to putrefey but y<sup>e</sup> same it  
manifestly it suffereth not y<sup>e</sup> harte to be sad or ge  
maliciously fleome to be lifted up or hant down on  
about nature this water openeth y<sup>e</sup> wind mightily &  
purgeth y<sup>e</sup> stomache marvellously & conserveth the  
memory notable destroyeth y<sup>e</sup> palsy & man or woman  
labering towards death it helpeeth y<sup>e</sup> wonderfull &  
of all waters artichakely this is y<sup>e</sup> best in y<sup>e</sup> winter  
you are to take 2 spoonfulls in a weeke in y<sup>e</sup> summer  
one spoonfull but all dayes fasting  
This water may be distilled in a new still

### An excellent surfet water

Take a quart of small aquavitto 60 parsons of y<sup>e</sup> sum-  
mered one drame of rubarb sliced thine one quarter of  
an ounce of Onamond one drame of muske put all oyes  
together in a glasse bottell y<sup>e</sup> let the ingredients lye in  
constantly whith all your water be spent this is also  
good for any illnes at y<sup>e</sup> stomache you may take 3 or 4  
or 5 spoonfulls at a tyme as you see occasion you must dye  
your muske in a thine ragge so hang it in your bottell  
with a thred as you must set it in some warme place for  
a month or y<sup>e</sup> sunne if it be summer

### A Receipt of Treacle water

Take one ounce of hartshorne of boylet in 3 pintes of  
springe water untill it come to a quart y<sup>e</sup> take y<sup>e</sup> roots  
of Elecompancy Gentian Chipes y<sup>e</sup> turnemill of each an  
ounce burrage baglose Rosmarie flowers of each 2 ounces  
of Citron rindes one ounce y<sup>e</sup> take 10 ounces of white  
wines treacle y<sup>e</sup> best & distill it in 8 pintes of white wine  
y<sup>e</sup> 3 pintes of rose water y<sup>e</sup> we infuse it & mixe it all to-  
gether & distill it  
ye distilled that I make is instead of half y<sup>e</sup> rose water  
ye put in as much cardus water & wise distilled 3 or 4 ounce  
of marie gold flowers

### Doctor Denham's quinquina for surfets

#### of feavers

115  
put ten 3 pintes of y<sup>e</sup> best aquaviva a drame of hierani  
of y<sup>e</sup> best & purest yelkew either befor you put it in break  
y<sup>e</sup> powder with a cleane knife that ther be no lumps in it  
let y<sup>e</sup> glasse be bigger y<sup>e</sup> will containe y<sup>e</sup> stuffe by one  
quarter y<sup>e</sup> stoppe it very close with a cork that if you  
turne it y<sup>e</sup> bottom upward no droppe may run out y<sup>e</sup> cover  
it with paper & leather let it stand 8 dayes in y<sup>e</sup> place in  
a temperate warme place to digest shaking y<sup>e</sup> glasse very well one  
day y<sup>e</sup> let it stand 8 dayes more to settle that you knowe it  
from y<sup>e</sup> bottom or if you have no neede of it it may stand  
longer as you will but be seer when you power it out let it be  
soe globally done as none of y<sup>e</sup> bottom be powred out with it &  
soe put it up for your use

+ y<sup>e</sup> water to cause one to sweate  
Take many flowers of distill ym in a comon still & give  
ye carry a spoonfull in 6 monthes of bere & lay the hands  
by their sides half an hower soe let ym sweate as large as  
they can y<sup>e</sup> be careful of cold

#### To make rosey water

Take 3 gallons of strong ale of 4 pound of rosey flowers  
being picked from y<sup>e</sup> seeds & stalkes soe steep in ale  
night & straine it on a linnen cloth its good almost for  
every greife y<sup>e</sup> or 6 spoonfulls at a tyme with a linnen sugar

#### To make water of cherries

+ y<sup>e</sup> water for burning  
Take 4 pound of Redd cherries cut away y<sup>e</sup> stalkes & stones  
ye straine to ym halke a handfull of rosmarie topes 2 handfulls  
of balmie 2 ounces of Cinamond broken in peeces put all the  
in infused in an earthen pott with 2 pintes of Clarce  
wine 4 dayes together y<sup>e</sup> bruse y<sup>e</sup> cherries with your  
hand & put all the things in an ordinary still let it  
soil softly & save y<sup>e</sup> strongest by it selfe 2 or 3 spoonfulls  
at a tyme is enough with a spoonfull of Surge of Clou  
y<sup>e</sup> flowers you may take more of y<sup>e</sup> smallest it is  
good for y<sup>e</sup> herte a woman in Child bed may take it

#### To make Cascons powder

Take y<sup>e</sup> Raggel of pearle Redd Corall Crabes eyes hartshorne  
white Ambie of each a like quantity y<sup>e</sup> take soe  
much of y<sup>e</sup> powder of y<sup>e</sup> black & y<sup>e</sup> white of y<sup>e</sup> Crabes clau  
y<sup>e</sup> this is y<sup>e</sup> maine agent as it were of all y<sup>e</sup> rest mixe  
ye all well together & make it up in ballies with a  
Jelly made of hartshorne wher in you shall infuse  
some satoron & keepe it for your use after y<sup>e</sup> are fully  
decocted  
This is good for many things as against y<sup>e</sup> ague  
burning feaver Consumption y<sup>e</sup> smale rox & y<sup>e</sup> wild  
prevalle age health and strenght



To make the Cordial powder

Take burnt hartshorne 2 drames, white Coral 2 drames, Coralim 2 drames, prepared pearl one scruple make y<sup>e</sup> all into a fine powder & take of it as much as will keepe upon a groat & mixe it with as much of y<sup>e</sup> powder of carthwormes as will keepe upon a groat & wet it in a spon with a linnen rascle drinke made with hartshorne. Every marygote flower & drinke a draught of it often & use excessise fasting & lowers after it

A Receipt to make Spirit of Cloughe flowers

Take halfe a pecke of cloughe flowers cutt of y<sup>e</sup> white y<sup>e</sup> thrust y<sup>e</sup> close into a stone pott & shut to y<sup>e</sup> a hottell of y<sup>e</sup> best sake stopp it very close & Age it with a lether & sett it in a stiller 4 dayes then still it in an ordinary still take soe many gilliflowers as befor soe cutt y<sup>e</sup> putt y<sup>e</sup> into a newe did y<sup>e</sup> sacke befor & soe let it stand 5 or 6 dayes more & y<sup>e</sup> still it againe & power it upon halfe a peck of freash gilliflowers more & soe doe this 3 or 4 tymes in a lott stilling putt 2 ounces of white Sugar Candy finely beaten & put in a y<sup>e</sup> glasse that becauseth it.

A Cordiall Elixuarge. La. Parces.

Take of Eryng roots powdered with y<sup>e</sup> pills powdered of each 6 drames confound of cloughe flowers & drams confound of red roses of burrage and redmay flowers of burrage of each hath an ounce powder of ambre & red coral of each 20 grains diamargenaton fragran a fowrth confound cloughe flowers as much as is sufficient to make it into an Elixuarge then must be confound of y<sup>e</sup> pills as much as is of the gilliflowers.

A good surfet water

Take of mint & wormwood & Cardus in equal quantity or if you will more of cardus & so much new milke of white flower y<sup>e</sup> hearts & let it steep all night & strich it next morning this is very much approved

To make y<sup>e</sup> same called milke water

Take cardus mint angelica wormwood one y<sup>e</sup> herb called medon sweet balm this herbs if dried are better then to use them greene of each a like quantity & put as much new milke as will cover them & so strich it in a pottler still this water is accounted good agst surfect & to sweeten y<sup>e</sup> blood also to take a good quantity of huge live mites y<sup>e</sup> blood

To make y<sup>e</sup> plague water

Take of Sage Saladin y<sup>e</sup> may REN wormwood Rosasilis mugwort juniperus Dragon saginus Egeromony Balm Cordore Cardus S<sup>t</sup> John wort Pittany flowers & of many gold flowers & leaves of each of this 2 handfulls then take y<sup>e</sup> roots of tormentil Angelica & Eriomony piny & licoris perfectly & biter tane fentia seven of each of these an ounce let all these herbes be washed & shaken in a linnen bag till they be dry shred y<sup>e</sup> all together y<sup>e</sup> roots being thin sliced y<sup>e</sup> putt y<sup>e</sup> into an earthen pott w<sup>th</sup> a glaon & half of solid wine so let it stand 2 dayes close covered string it out a day destilling y<sup>e</sup> in an ordinary rose still not a linbeck still it with a soft fine reservoy of y<sup>e</sup> first 3 pintes of y<sup>e</sup> & a quart of y<sup>e</sup> last & a quart stop y<sup>e</sup> Clos w<sup>th</sup> a Cork you may give to a man or woman of y<sup>e</sup> strongest & spiritfull though it be quick w<sup>th</sup> Child of y<sup>e</sup> & sort twice as much. Last sort given to children & are young a Spoonfull at warm in a little sugar or sugar Candy

A Excellent Receipt for y<sup>e</sup> plague w<sup>th</sup> it help to overcome w<sup>th</sup> x in one house where 8 were Infected 2 of y<sup>e</sup> drunk of it & lived & other would not & Take of rub or heart a grace a handfull half an handfull many good fetter burnt torch of each of these as much as you can headfull of y<sup>e</sup> heart Dragon roots & wash all this very well y<sup>e</sup> brase y<sup>e</sup> putt y<sup>e</sup> into a pott of water y<sup>e</sup> boyle it w<sup>th</sup> it & come to a quart let it ca & strain it through a fine linnen cloth y<sup>e</sup> putt in a piece of sugar & 3 drams of metheradale this must be drunk befor y<sup>e</sup> marks come forth

To make a good surfet water of poppy Lady winson say To a galand of brandy take 4 good bushels of poppy y<sup>e</sup> field one y<sup>e</sup> you in wheat gather y<sup>e</sup> as much as possible in fair weather sift y<sup>e</sup> clean from y<sup>e</sup> seed putt y<sup>e</sup> from y<sup>e</sup> green choks as fast as they are sifted putt y<sup>e</sup> into y<sup>e</sup> brandy mixing y<sup>e</sup> w<sup>th</sup> y<sup>e</sup> other drugs ready prepared also 3 quarts of burrage & baglas flower coultres & sag flowers & of many flowers if you can get of edel 9 pint a peck of gilliflowers clipped 12 pound of flax cheery washed & strained & brack y<sup>e</sup> stons in a masher & putt y<sup>e</sup> in also a pound of figgs a pound of raisons half a pound of dates all sliced & cut in 4 ounce of Cardus seeds half an ounce of Angerick brand 2 good handfulls of Angelica stalks this new smach sauncy of Egeromony scraped clean & Infuse this altogether for 14 dayes string it 2 or 3 tymes a day by y<sup>e</sup> bottom pott it close covered for 14 dayes string it from the drage & string it in a lute dulle refined sugar so bottel it up for your use it will keepe many yeares as good as at y<sup>e</sup> first when y<sup>e</sup> water is strained off ad 10 y<sup>e</sup> drage & a galand more of white wine w<sup>th</sup> a good quantity of green balm striched & an ordinary still this makes a very good cordial water & you may ad some more black cheery











anoynt your hands with oyle of Cammell or oyle of roses  
 & knead it well with your hands & soe make it up in so a  
 boole & soe ye rest when you lay it upon this plaster when  
 you lay it up put an oyle paper or leather or both oyle your  
 paper or leather on a yeare that you keepe it in for it will  
 keepe ye better from over much drying & lay it out of ye  
 sunne & it will last about 30 yeares you must greese this  
 plaster upon leather being pricked full of holes ye knife  
 that you pressed it with must be warme

**The Virgnes of this plaster followeth**  
 it is good for old & new sores it dryeth it cleareth it  
 breedeth good flesh it confermeth comfort & healeth  
 more in one weeke then any other in 8 weekes it will not  
 hurt any sore to pueriticy or corrupt or any dead flesh it  
 grow also for sinewes brused or cutt or pricked with  
 a thorne or other wise hurt it is excellent it drawes  
 out of wounds wood or iron or lead or any other thinges it  
 cureth bitings of a venemous beast it can search all  
 kind of boyles & impostumes to ripen & most excellent  
 against a canker a thistolo ye thirgides or st anthony  
 fire also a present helpe to a swage all paines & aches  
 for all kind of wounds also it is found a present helpe  
 for bones out of joint by laying 2 or 3 plasters at ye most  
 it helps in 4 dayes armes out of joint perfectly soe  
 that ye parsey feelles no paine nor aches afterward you  
 must not rent ye except they matter before they  
 come to ye or 2 plasters is sufficient to heale it or any  
 other sore or swelling burst dead cleath it will not suffer  
 any ill to grow

**An Excellent salve to cure any  
 wound or sore**

Take a pint of ye best salet oyle 2 penny worth of lead  
 & 2 penny worth of bole armerscke beat ym very small  
 & put ym into oyle & ym boyle ym very soft untill they  
 come to a salve

**For a burne**

Take ye gall of an oxen oyarons & fry ym with a quantity  
 of vipers suete & with a time living cloth apply it to  
 the burne

**A Receipt for a violent ache that is  
 come with a heate & cold**

Take a good handfull of greene sage & as much of Cammell  
 & as much of rose mary bones & boyle all thes together in  
 a pint of aquavida upon a chafendish of coales in a pott  
 untill you must let boyle till ye hearbe be tender & ye aquavida  
 consumed & when it is all most consumed put in a quart  
 of a pint of pease toote oyle & ym let ye parsey grow  
 be fomented therewith & ye ye hearbes very thicke round  
 a bout it & let it be applyed twice a day to ye place till  
 it be well

**A water to cleane an old sore of  
 ye dead flesh & to heale ye sore**

Take a quart of smithe water & a quart of plantane  
 water & an ounce of mercury put all thes together & let  
 ym boyle a pretty while & take it of ye fyre & let it stand  
 & coule ym take a browne paper & put it upon a funnel & soe  
 let it drupe by littell through your paper into your bottell  
 it will be 4 or 5 dayes a dropping when you use it you must  
 warme a litch & dye linte & soe apply it to ye sore

**A wound drinke**

Take shuthereg wood wormewood buglice mygwoore ribwone  
 wood besenoy Annale plantane dandelion white lottels bracklet  
 buies egermony wild angelicow Confrey hawthorne buds mint  
 Seabois stamberry leasest rose root howleek anemus uisles  
 leaves oaken leaves linckfolke of each one handfull de to thes  
 a pottell of white wine & a gallon of running water boyle  
 ym all together till on halfe be consumed of ye liquor ym strain  
 it from ye hearbes & put in to it a quart of honey & soe  
 boyle it againe & send it in a close close stopple for your use  
 let ye patient drinke by quantalls at a time in ye morning  
 fasting & soe last at night continuene ye taking of it soe  
 longe as you see occasion

This cures old sores wemens breast putrefied bones causing ym  
 to seak it is good for aches in ye stomacke breastes & in ym  
 stomacke blood broken in body & causeth blood to fall out of ye  
 body wounded you must not give it to cure a fresh before it be  
 broke you must put noe tant in it but apply a searcloth

**A drinke to cure an old sore**

Take leaves of naderen red sage betony a quart of a pint  
 of humpseed red cabbage red bramblies of urlets of plantane  
 linckfold Saxek Strawberies Dunsfote woodbine egermony  
 garden mader roots Confrey rootes hazell leaves of every one  
 a handfull kernels of pised nuts halfe a pint of rose water  
 together ym boyle ym gently in a quart of a pint of white wine  
 if a good pint of strong boye till a pint be consumed ym  
 straine it & afterwards boyle it againe softly & dring ther  
 to halfe a pint of honey till it be as longe as it yeldes  
 any residue ym take it of drinke of this warme drinke & ym  
 first & last & apply to this sore a litch linte drinke  
 liquor

**A Sercloth for a spraine**

Take wa & here such of each quantity alike soe much as  
 as one of thes mette ym together in a shillet ym dye a pott  
 of rum lardome as big as ym sore & when it is almost cold  
 wringe it about ye place greivous

**A plaster for ye paine in ye stomacke**

Take worm wood mint & Cammell sage & ymagin & stange  
 thes & tort white bread till it be brown & put ye oving  
 ther of crummed small to it & make it all together like a plasse  
 & lay it to ye stomacke















Take double refined sugar and beat it very small putt to  
it a little fixed water as much as will make it run  
thick when it is high enough to be made into  
cups then add for every cup of sugar two drops of y<sup>e</sup> spirit  
of wormwood if you find it too strong may abate  
or increase it as you please



+ for pluersey when a man is roost  
 + blood letting

Take a ripen cut of ye rope yn take out y<sup>e</sup> core & fill up y<sup>e</sup>  
 whole fransens beaven very small & cover it with y<sup>e</sup> rope  
 yn roost y<sup>e</sup> apple soft & mix it with sugar that it may be  
 fit to eat & give it to y<sup>e</sup> patient to eat





Take a Quinon with Cardus Marianus Camellia and Melilot and  
Mastick of each half a pounde this be made the halfpound of each  
3 lb of Cardus Marianus 2 lb of Cardus Marianus 1 lb of Cardus Marianus  
and an oz of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
warm and kept it off y<sup>e</sup> can 2 hours

### The Youth Drinke for y<sup>e</sup> Youth

Take Quinon with Cardus Marianus in flid y<sup>e</sup> weight of 2  
lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
3 lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
and an oz of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
warm and kept it off y<sup>e</sup> can 2 hours

### A Nutrice for y<sup>e</sup> Youth

Take Quinon with Cardus Marianus in flid y<sup>e</sup> weight of 2  
lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
3 lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
and an oz of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
warm and kept it off y<sup>e</sup> can 2 hours

### An excellent plaster for y<sup>e</sup> Youth

Take a Quinon with Cardus Marianus in flid y<sup>e</sup> weight of 2  
lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
3 lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
and an oz of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
warm and kept it off y<sup>e</sup> can 2 hours

Take a Quinon with Cardus Marianus in flid y<sup>e</sup> weight of 2  
lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
3 lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
and an oz of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
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lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
3 lb of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
and an oz of Cardus Marianus 1 lb of Cardus Marianus 1 lb of Cardus Marianus  
warm and kept it off y<sup>e</sup> can 2 hours

A approved remedy for a bald head

Take to a pound of May butter unsalted a quart of the strongest Ale  
you can get & boyle it longe together till it looks very black and  
out of the haire end anoint it all over where the scall is twice a day  
& this has been approved to be a urbane case if you put in a handful of  
wormwood shreds & boyle it it will cure sooner my Lady Blayney often approved  
To make haire growe in the Crown of a head & account of Picknall  
or some head Mrs Gouche's receipt who has sold y<sup>e</sup> water for  
5<sup>s</sup> 6<sup>d</sup> shillings a pint & 30<sup>s</sup> 6<sup>d</sup> lowest rate.

Take Some horse range and draw it twice in a barbecke to a quart  
of this liquor take a quarter of a pint of y<sup>e</sup> oyle of extracted rosmary  
& such a quantity of extracted hony put these into a glass bottle & shake  
them together for an hour together

y<sup>e</sup> oyle & rosmary is to be bought at a Chymist a Dutchmans in high  
holborn near grapes you shall this is to be distributed any time in y<sup>e</sup> year

For a bald head or to cure any scab

Take a Breast of Mutton & roost it & broil it w<sup>th</sup> fat till y<sup>e</sup>  
mutton comes to be ragged & dryed like a stick take y<sup>e</sup>  
moister out of y<sup>e</sup> dripping pan & rub it up & down till  
it comes all to one body w<sup>th</sup> this anoint thickly & let  
it dry on & scale off of it self night & morning adding  
y<sup>e</sup> quantity of a little beere of wine Sulphur to an  
ounce of this ointment, this receipt from Do. Widenley  
or much Comperived by him

For a scurf in y<sup>e</sup> head & what

boyle bar & fresh butter & to bracke together & a little lavender oyle cut  
ye haire close to y<sup>e</sup> head anoint it well put on a Cap & keep it very  
warm for 3 days & take new milk boyle a hand full of Camomile  
in it wash y<sup>e</sup> head w<sup>th</sup> it & anoint it again & so kee it up 3 days  
or before this doe a fortnight together or as long as need require  
washing still w<sup>th</sup> y<sup>e</sup> milk & Camomile before you anoint it after  
you have done anointing it keep y<sup>e</sup> patient's head warm for a fortnight





*[Faint handwritten text, likely bleed-through from the reverse side. The text is mostly illegible due to fading.]*

*[Faint handwritten text at the top of page 745, likely bleed-through from the reverse side.]*



A Medicine for any on wound

Take 6 drops of myrrour Balsom and mixe them with as  
much Considine of red roffe as a Nutmegge and take it  
up on the point of a Linde 3 or 4 times a day for a  
week together if it do not flourish before

My Lord of Langles

Proportion

good of a Loosen or griping  
Take a piece of fresh raw Beef or cut it  
round & then broyle it on y<sup>e</sup> fire & lay  
it to y<sup>e</sup> navill as hot as they can endure  
it stayeth y<sup>e</sup> Loosen in 3 or 4 houres  
**Probatum est**

A Glistre for y<sup>e</sup> joint and loosnes. devised by D<sup>r</sup> Triss.

Take much Considine of Red roger for quantity of a Walnut a little Vinegar.

A Right for the Griping without loosnes

A little more much and Crowned Sugar

For all sorts of paines in the head  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the head as often as need shall require.

For the flower of the face  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the face as often as need shall require.

For the throat  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the throat as often as need shall require.

For the skin  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the skin as often as need shall require.

For the mouth  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the mouth as often as need shall require.

For all manner of sores in the eyes a victorious name

Take two Rods of piony the roots of red roger, Considine, Vinegar, Sugar, and lay them on the eyes as often as need shall require.

For the receipt of the brighten  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the face as often as need shall require.

For the receipt of the brighten  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the face as often as need shall require.

For the receipt of the brighten  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the face as often as need shall require.

For the receipt of the brighten  
Take a little of each of these: Red roger, Considine, Vinegar, Sugar, and lay them on the face as often as need shall require.



A Drinke for theye have sore eyes or  
for clearing y<sup>e</sup> sight

Take a very good handfull of Scabimus half a pound of Ransom in  
ye sea water half a pound of blue corallus crushed put this in a gallon  
of milder beer & drinke no other drinke this has helped many they  
must at y<sup>e</sup> same time if for sore eyes lay blithing plaster behind  
their eyes

For Decay of sight  
Take eye bright dryed and cut like tobacco & smoot it in a  
pipe & this hath markedly restored sight

For any inflammation or swelling y<sup>e</sup> eyes  
Take white sugar Candy fasting prepared each 2 drams  
Pearle prepared ~~each~~ <sup>each</sup> 2 drams  
Cassia prepared one scruple put this into a quart of red  
Rheum & drop 3 or 4 drops 3 or 4 times a day into y<sup>e</sup> eye  
& lye a little after it upon a bed or couch if you wish you  
may put a little of y<sup>e</sup> face of Cellandine into it

for eyes y<sup>e</sup> are quered up  
anoint y<sup>e</sup> out ~~the~~ side of your eyes w<sup>th</sup> an ointment  
called y<sup>e</sup> ointment maid of Tutie & Callamandras &  
let some of it goe into your eyes for it will make y<sup>e</sup>  
smart you may have it at y<sup>e</sup> apothecary & do it at  
night w<sup>th</sup> you goe to bed

For y<sup>e</sup> eyes  
Take a candle & droppe some of it into fair water & anoint  
your eyes w<sup>th</sup> it w<sup>th</sup> you goe to bed & this hath helped  
for sore eyes w<sup>th</sup> blood shot or swelled

Take a piece of raw veale & bind it to your eyes & renew it 2  
or 3 times a day w<sup>th</sup> the fresh piece of veale as you see fit this  
hath cured some y<sup>e</sup> have had sore eyes

An Electuary for a loosness

Take conserve of red roses 2 ounces Discordum half a ounce  
venice peacle 3 drams burnt hartshorn 2 drams tormetill  
root bole armerick of each a drame & half w<sup>th</sup> some nutmeg  
grated in it, of this you must take y<sup>e</sup> quantity of a large nutmeg  
at a tyme.

To stop a loosness or flux it has caused receive  
this if you have gone 30 bysses a day Lady Physurg  
Take an ounce of old red conserve of roses & half a drame of  
rutab & put y<sup>e</sup> rutab in fire shroud & dry it over y<sup>e</sup> fire till  
it will come to be beat into a fine powder & mix it w<sup>th</sup> y<sup>e</sup>  
Conserve of roses & add to it as much powder of dryed Saffron  
as will lye on a 3<sup>d</sup> lake as much of this as a nutmeg if you  
goe to bed & in y<sup>e</sup> morning fasting

And for your drinke let it be snail water w<sup>th</sup> you must  
make thus take 2 gallons of new milke & 200 of gray snails  
& prick y<sup>e</sup> & then a very little salt on y<sup>e</sup> to purge y<sup>e</sup> & put so  
it 2 good handfulls of Spire mince & shik it in a cold shik &  
put powder of white sugar Candy in y<sup>e</sup> bottle in w<sup>th</sup> it drops

Another  
Take an ounce of Cloves & a pint of water & boyle it till a 3<sup>d</sup>  
part is boyled away & strain it & drinke a good cup every morning  
for gripes or a loosness

Drinke half a pint of y<sup>e</sup> best white wine Vinagar  
for gripes or a loosness

Take 3 ounces of Rabbet slice it into a quart of double distilled  
Aniseed water let it stand awhile upon it you may take 3 or  
4 spoonfulls w<sup>th</sup> gripes or 6 if vouldent, the best water is to be  
had at Captin Wards distiller on New hild y<sup>e</sup> longer you keep  
it y<sup>e</sup> better

for a loosness  
Take new new milke & a pretty quantity of y<sup>e</sup> green Grace booke  
of oak & boyle it w<sup>th</sup> together & drinke near half a pint of it  
morning fasting & w<sup>th</sup> you goe to bed & if it stop it not at y<sup>e</sup> first  
take it once or twice in y<sup>e</sup> day by me this hath helped those y<sup>e</sup>  
have had it some tyme

for a loosness also cut small  
Take hartshorn y<sup>e</sup> shavings & young lark about as much of other  
as will lye upon half a crown & boyle it in about a pint of  
water till it comes to 3 or 4 spoonfulls then strain it of &  
let it stand till it is cold if will be a stiffe gedy then take a  
handfull of black berry leaves boyle y<sup>e</sup> in a pint of milke till  
they are tender y<sup>e</sup> straine y<sup>e</sup> out & resolve some of y<sup>e</sup> jelly in  
it & take it morning & night going to bed

*[Faint, mostly illegible handwritten text in a cursive script, likely from a 17th-century manuscript. The text is written in dark ink on aged, slightly discolored paper.]*

*[Faint, mostly illegible handwritten text in a cursive script, continuing from the left page. The text is written in dark ink on aged, slightly discolored paper.]*



For Abscesses or inflammations of the brain

For such cases I use of both to be with a (brims) Squar  
 For milder patients with which will purge and abate  
 of both excesses night and then give them to drink what  
 is most and suitable for them and both by the way  
 and only change from to a pretty moderate willingness and  
 if possible of strength will for sake him

*[Faint handwritten text, likely bleed-through from the reverse side]*

*[Faint handwritten text, likely bleed-through from the reverse side]*



A powder to take away a wean

Take two or three small bones of a dead bird if y<sup>e</sup> flesh is consumed in y<sup>e</sup> breaking up of graves you may find y<sup>e</sup> bones this way let y<sup>m</sup> be red hot y<sup>n</sup> w<sup>h</sup> they be cold beat y<sup>m</sup> to powder & scarse them through a fine piece of linnen & keep it in a box & straw of this powder on y<sup>e</sup> wean 2 or 3 times a day this will wash y<sup>e</sup> wean away by degrees you must use a cloth on y<sup>e</sup> place to keep y<sup>e</sup> powder from falling off

Another for y<sup>e</sup> same

Take y<sup>e</sup> clay of from an house y<sup>t</sup> is made of mud or clay water & mix it w<sup>th</sup> some y<sup>e</sup> fast & spittle comes from me in a morning like it be thin enough to spread on y<sup>e</sup> wean & so keep doing daily & it will wash it for y<sup>e</sup> dropsie

How to make a dropie

Take y<sup>e</sup> Bees Eyed into powder & take this quantity at night & mornings w<sup>h</sup> you go to bed in be a Spoonful of beer or wine or poset drinke & fast an hour or two this hath done great cures

Do likewise Receipt for a dropie

Take two pound of green walnuts shels & all, four pound of green Elder berries beat y<sup>m</sup> in a stone mortar y<sup>e</sup> before y<sup>m</sup> in 3 pintes of white wine & 2 pintes of sack if y<sup>e</sup> shels be in an ordinary stid & let y<sup>e</sup> patient drinke of it 3 times a day morning noon & night or if they please ofenice you may also give y<sup>e</sup> powder of nine bees morning & evening w<sup>h</sup> is a great promoter of urine

To cure a dropie or leggs y<sup>t</sup> are swelled

Let for 2 months together a head of garlick w<sup>th</sup> bread & butter in y<sup>e</sup> morning fasting & drinke after it wormwood beer & then walk after it & drinke another draught w<sup>h</sup> you come in to your supper take it so again if you cannot take it much garlick take as much as you are able you may drinke your drinke pecty strong & boyle in y<sup>e</sup> new wort a handfull of sage & of green brome & garden Scumme grass & a handfull of y<sup>e</sup> Inner rind of 2 Ours & 4 galons of drinke & drinke no other drinke this 2 draughts cured me I knew y<sup>e</sup> had spent much money before he met w<sup>th</sup> this receipt

A drinke they say take at this need & all

How for a dropie

Take of y<sup>e</sup> tops of pine & firs of each 2 handfulls let y<sup>m</sup> be boyled in y<sup>e</sup> galles of new wort till one galon is wasted then strain it & w<sup>th</sup> it y<sup>e</sup> same as ordinarily then be it up & w<sup>h</sup> it has done purging in y<sup>e</sup> bath then hang it in a bag & under water hang  
Take of y<sup>e</sup> outward bark of parsley finch & addition roots of each 2 ounces  
Take of y<sup>e</sup> bark of beane & the flowers of each 3 handfulls of parsley being broken bark of each 2 ounces

A receipt for y<sup>e</sup> dropie

Take a good handfull of beane & 2 handfulls of Beane stalks w<sup>h</sup> make a good fire shovell of ashes & put it in a quart of Ayre boyle it till it comes to 2 quarts & then take a quart of a pint in y<sup>e</sup> morning & at 4 a clock in y<sup>e</sup> after noon & drop 10 drops of y<sup>e</sup> oyle of Turpentine in every draught  
Ride about in y<sup>e</sup> aire after you have took your dose & it will dry down y<sup>e</sup> dropie in your stomach & will cause you to make water strongly  
A dropie must be cured by Urine not by Phisick  
Take y<sup>e</sup> powder of bees as much as will lay on a shewing & dropie it w<sup>h</sup> white hair or wormwood etc & be sure not to bleed & drinke w<sup>th</sup> it

No chard water but if it fast drink wormwood oyle  
Just will come some after

*[Faint, mostly illegible handwritten text in a cursive script, likely a continuation of a medical treatise or recipe book.]*

Take this Candell

Take of the Myrtle in the Sun barkes cleane witted halfe a pound. beat it very small, & strain it thro with a quart of Muscadine, then sett in a frost in an earthen pottin with 6. or 7 Dates dried, a little Mace, & 2. or 3. shitts of Cinamon. lett all boyle a little more, then put to it 6. or 7. pintes of water & sugar of white. & sumer, lett it boile 2. or 3. boylings with a little grated buttermilk. take it first & last, & 3. times at you take it, but the weight of right summer of Cress & another in fine powder to it.

A Receipt for a Crasy to strengthen the stomack & cannot receive their meat

Take a large of Mutton new killed unseasoned cutt off 7 lbm. & 2. Gall of 2. hand cutt off 2. Gall in the flesh or head as large as y<sup>e</sup> top of your thumb putt to itt halfe a shill of Mustard. & 2. Gall of Mace a Cardus halfe a pound full of water one of y<sup>e</sup> sun flowe so as much white wine as will cover y<sup>e</sup> top putt them coode itt close and lett itt boile 7. or 8. dayes upon a wood fire and when y<sup>e</sup> water is drawed strength of y<sup>e</sup> must is better out take it up and straine out y<sup>e</sup> liquor then take y<sup>e</sup> wood and all other things and wring them betwixt 2. brendes in the Lady Hufeggs morning and at night in y<sup>e</sup> of the wood y<sup>e</sup> must power itt upon y<sup>e</sup> 3. or 4. of the of white bread dal y<sup>e</sup> 2. sops and drinke y<sup>e</sup> chauld warm continue this till your stomack be better

A Receipt to strengthen one in great weaknesse

Take a good large of Mutton new killed unseasoned cutt off 7 lbm. & 2. Gall of 2. hand cutt off 2. Gall in the flesh or head as large as y<sup>e</sup> top of your thumb putt to itt halfe a shill of Mustard. & 2. Gall of Mace a Cardus halfe a pound full of water one of y<sup>e</sup> sun flowe so as much white wine as will cover y<sup>e</sup> top putt them coode itt close and lett itt boile 7. or 8. dayes upon a wood fire and when y<sup>e</sup> water is drawed strength of y<sup>e</sup> must is better out take it up and straine out y<sup>e</sup> liquor then take y<sup>e</sup> wood and all other things and wring them betwixt 2. brendes in the Lady Hufeggs morning and at night in y<sup>e</sup> of the wood y<sup>e</sup> must power itt upon y<sup>e</sup> 3. or 4. of the of white bread dal y<sup>e</sup> 2. sops and drinke y<sup>e</sup> chauld warm continue this till your stomack be better

M Chalceor



Take goss grece, & agaveite, brise as much goss grece as agaveite, melt them together, & anoynt the breast of y<sup>e</sup> stomack, & cheking of it w<sup>th</sup> y<sup>e</sup> fire & then lay a brone paper to the stomack, & if it be not shewing the paper so long as it is whole.

## for a Cough. Dec. 1669.

Take four scruples of juice of Licopie; two scruples of Albu-Roseta, one scruple of pills of Cynophliso, w<sup>th</sup> syrup of madaurin, make this a masse of pills & of a Drachme make six pills; Whereof take one or two every other night after a Night supper. Take it a weeke or longer as y<sup>e</sup> cough lasth.

Take Elicampare roots, graine sliced thin, three ounces, three pints of fair water & a pound of powderd sugar, mingle this together, & then strain gently from seven in y<sup>e</sup> morning till seven at night untill halfe be consumed then take it off. Take four or five spoonfulls a day one or more at a time. & eat some of y<sup>e</sup> root w<sup>th</sup> butter & sugar.

Take a pint of y<sup>e</sup> best Aqua vita & mingle w<sup>th</sup> halfe a pound of good powderd sugar, in a broad pewter dish, & set upon coales till it begin to bubble, then sett it on fire w<sup>th</sup> a burning paper stirring it continually, w<sup>th</sup> a long spoone, as long as you can make it burne, by stirring it often on fire; then adde to it, four ounces of damask rose water, & give it a boyle or two; & take it for use a spoonfull of it three or four times a day.

To make plain colic Dycithecach. (Chocollet & Co.)  
Take 12 ounces of cacaoherne half an ounce of dynamis 2 ounces of Jamaica pepper one large Vanilla 10 grains of atechetores or Red Sadder, 20 grains of mace or nutmeg & 4 ounces of fine sugar  
An electuary for y<sup>e</sup> head to comfort y<sup>e</sup> memory clear y<sup>e</sup> sight & strenghten

Take y<sup>e</sup> flower of bagias three portions of each one pound fine seed, Aniseeds of red fenick & fides of y<sup>e</sup> pills of each 6 ounces is an ounce of fine Cynapion beat & stamp y<sup>e</sup> seeds to be beat & stamped & sift that thing, & an to be sifted through y<sup>e</sup> & make an electuary of them of w<sup>th</sup> take y<sup>e</sup> bigresse of a cheest & you shall be a marvelous operation, this Receipt given from a great person  
To strengthen y<sup>e</sup> memory

Take of y<sup>e</sup> eyes bright 3 ounces of fenick seed Cynapion mace of each a drame make a poure adde eight ounces of white salt mix & eat it w<sup>th</sup> all meat, it helps to preserve y<sup>e</sup> sight & vision of y<sup>e</sup> eyes & vision & a weak memory &c











U. Balsam aephore *ss*

caput gell<sup>o</sup> & et uanis  
m<sup>o</sup> vii. hora domini ling nod.

U. Emplastr. Arthrit<sup>is</sup> *ss*

*ss*  
y<sup>e</sup> do: said you might if you please, both if y<sup>e</sup> Queen of  
Hungarys waister, sent from London for y<sup>e</sup> payde m<sup>o</sup> my  
shoulder R. F. y<sup>e</sup> 23 July 1682

A Strengthening Pille for y<sup>e</sup> head & nerves from Dr James Loughan

Whit amber mashit w<sup>th</sup> corall perle Cinelida mairon corals eyes corals  
marit finely powderd natring ana 2 drams gra quia cum ore drame 1  
lin disperation make y<sup>e</sup> pills of usual quantity is half a drame  
this pill is to be taken every day morning & night after you have prepared  
your self w<sup>th</sup> y<sup>e</sup> pill following

Take gra quia cum ore drame rubed above & sera of each a simple  
recept of Colom 10 grains w<sup>th</sup> his disperation make y<sup>e</sup> pills at  
first once a week & after but once a week

A pill for y<sup>e</sup> head

This draught of Roshia should be in a pill and taken  
early in y<sup>e</sup> morning of spring is good to purge y<sup>e</sup>  
head w<sup>th</sup> y<sup>e</sup> pill worth about half a drame on kind of it  
make y<sup>e</sup> pills y<sup>e</sup> morning drink breath after 2 or 3 hours

To make pills for y<sup>e</sup> stomach

Take y<sup>e</sup> following receipt of Mastick finely beaten and beaten  
an. at weight 10 drams Beaten in y<sup>e</sup> mortar w<sup>th</sup> y<sup>e</sup> pestle  
a quart of y<sup>e</sup> oil of sacke beaten and y<sup>e</sup> oil of sacke  
these together w<sup>th</sup> a little piece of y<sup>e</sup> oil of sacke  
it make y<sup>e</sup> pills and take of them before supper

A pill intended for y<sup>e</sup> R.F. by Doctor Galen. 1655  
I will very much commend y<sup>e</sup> pills  
of Cardamomus, Ginger, Zedoary, mace, nutmegs, Cloves,  
Sickard, Cassia, Suber, Cinnamon, Aloes, Turbith,  
manna, agarick, Sassa, of the 5 sorts of Mirabulous  
of Dubry and of those and drams of the leaves of  
Gardius Bonducius, and drams of y<sup>e</sup> oil of y<sup>e</sup>  
half a drame of suber and oiled of y<sup>e</sup> oil  
and oiled and 6 drams, let all those be beaten  
to fine powder and with the fixtured of damask  
robbes made up into a mass according to art  
and of Dubry drams made 6 pills, if it be dry  
moysten it with fixtured of y<sup>e</sup> oil of y<sup>e</sup>  
3 at your going to bed every third night for a week you need  
not keep within: you take but on ///: /// a pill given  
to me by Doctor Bathurst for y<sup>e</sup> pumes  
Take of the pills of mastick, aloes rosata, and ruff of each half a simple  
make it into 4 pills and let them be taken at night y<sup>e</sup> y<sup>e</sup> to rest

## A Catholick purging powder

Take of pulvis sanctus the root of meacacra segra finely powderd  
creamed tartari of each an ounce mix these very exactly into a very  
fine powder here take as much as will lie on a shilling or half a  
crown stirre the rule of purging to drinke breake y<sup>e</sup> large warm  
a pill for y<sup>e</sup> drowsie

Take y<sup>e</sup> best Aloes y<sup>e</sup> quantity of a nut & keep it in Indian  
water 4 or 5 hours y<sup>e</sup> powder y<sup>e</sup> water from it y<sup>e</sup> tak out y<sup>e</sup> Aloes  
& make it up w<sup>th</sup> methacradate in pills & rouse y<sup>e</sup> m<sup>o</sup> powder  
of licor or sugar w<sup>th</sup> you goe to bed



The Receipt of y<sup>e</sup> Ter Lill  
Good ag<sup>t</sup> a Cough of y<sup>e</sup> Countesse of Westmerlands

℞ Pulv: y<sup>e</sup> lesser Endive, Marsh Mallow, Marsh  
Mallows, Succisa: ʒij  
Croc: ʒij, Gum: Tragacanth: ʒij, Balsam: Peru:  
cum aqua liquida: fiat Mass: form Pilul:

yo<sup>e</sup> may take her at night or morning,  
for ʒij daies together & so continue it  
till yo<sup>e</sup> find benefit by it. It purgeth not  
therefore yo<sup>e</sup> may not observe any Physicall  
rules neither for fast nor exercise.

175  
 For y<sup>e</sup> piles  
 make an oyle of y<sup>e</sup> heart's moulting & annoynt y<sup>e</sup> place dip  
 cotton woth in it & wash it in plantain water this with cher for  
 it seldom failes

Another for y<sup>e</sup> same

Take a blew cloth web woaded spread on it a quantity of tae  
 warme it hot ag<sup>t</sup> y<sup>e</sup> fire & as hott as you can suffer it, Lay it  
 on y<sup>e</sup> greif & it will soon destroy y<sup>e</sup> piles & y<sup>e</sup> pain.





Take a pint of y<sup>e</sup> Juice of ground bell & mix therewith 5 or 6 Spoonfulls of wheat flower & wove & flower if y<sup>e</sup> more you must put in & stir y<sup>e</sup> together then take y<sup>e</sup> yeller of 2 or 3 eggs & beat y<sup>e</sup> very well & put y<sup>e</sup> in y<sup>e</sup> tyele it altogether till it be a very thick pultrie w<sup>ch</sup> you have taken it of y<sup>e</sup> pie put in 3 Spoonfulls of raw honey & stir it together & lay some of it on a cloth as hot as y<sup>e</sup> bread & y<sup>e</sup> part can suffer it twice & thre times & morning this will either dissolve y<sup>e</sup> swelling if it shall not break or if it be broken lay this pultrie to it & it will both draw & heale so you apply nothing else this hath been much used & hath done verry cury with little pain

The Willow Salve of my Lady Kustoye 29 Sep: 1684.

A pint of Smell of musk & civet as much Sassa, almost as much Rhenish  
a little Oil of sweet Almonds. Boile all things in a shallow earthen dish up to  
his top of the shoulder a full hour & half off it & sell again. This is best if you can use  
three pounds of yolk into eight shillings & soke it in a gally put it  
in a glass bottle & seal it up.

a medicine for a Plaster to be used at  
the first getting it or after

Take a naptha & hold it in 4 double more or less according to greatness of  
y<sup>e</sup> brain & dig it in cold water & lay it to y<sup>e</sup> brain & then heat a broken  
flambet as hot as you can & wrap it in it & hold for 2 or 3 times if y<sup>e</sup>  
brain continue this hath helped y<sup>e</sup> in 2 or 3 weeks.

To make a Polve Called Hot Inguentum is thus  
Take of Rosa peruviana of each one pound, of strong wine 6 lb. aaron  
peruvian bark 1 lb. dear salt & musk proportion, of each one pound, powder of white  
powder & cutty w<sup>ch</sup> will not then melt if rosa peruviana present  
of cedar w<sup>ch</sup> I desire added together in a pan, afterwards put in your wine  
till you have then let this w<sup>ch</sup> is five & six y<sup>r</sup> red string if this will not  
come & is let you boyle gently you string y<sup>e</sup> w<sup>ch</sup> you think y<sup>e</sup> will mingle  
together then strain it as hot as you can, put a strong Canvas bag  
into a pan of about a gallon of water in it about 3 <sup>mouths</sup> of what wine ready  
heaty y<sup>e</sup> set it again w<sup>ch</sup> five & six let them half a quarter of an hour,  
add more strong w<sup>ch</sup> then take it from y<sup>e</sup> fire till y<sup>e</sup> scum be off then put  
to it 2 draisi of Camphor fully powder it, mix it w<sup>ch</sup> y<sup>e</sup> w<sup>ch</sup> add a while then  
put y<sup>e</sup> your beaus therein till strong it till it be cold, or so stiff that it  
will be throw no more then you may strain it w<sup>ch</sup> you must have y<sup>e</sup> half of 2  
man is this if y<sup>e</sup> is one y<sup>e</sup> may y<sup>e</sup> other half w<sup>ch</sup> y<sup>e</sup> other half y<sup>e</sup> pan  
a glue must be got about half an she long with a ruling stick  
half or a quarter of this quantiti you may make at a time  
there must only be half y<sup>e</sup> w<sup>ch</sup> y<sup>e</sup> beaus in it this w<sup>ch</sup> it  
if you w<sup>ch</sup> you w<sup>ch</sup> w<sup>ch</sup> out it is good to keep to much w<sup>ch</sup>  
lay it up in oyle jar



## An excellent Poultice for a sore breast

Take a black sheeps head w<sup>th</sup> y<sup>e</sup> wool on it & boyle it in spring water about a gallon & half till it be all to mash y<sup>e</sup> meat from y<sup>e</sup> bone on a gentle fire then take half a pound of rye & boyle to a pultrie in y<sup>e</sup> broth then take oyle of canne mile & oyle of Rose of each an ounce & 2 peny worth of saffron & y<sup>e</sup> yolk of an eye beaten among them mix all the together & lay it on y<sup>e</sup> place affected late warm spreading it on a linnen cloth if y<sup>e</sup> breast be broken in several holes then take goats drag risted & beased into powder & take a beat of lint & dip it in y<sup>e</sup> powder & so apply it this also will desolve a Cancer & is said never to faile to cure a breast

## Another Pultrie to treat a sore breast

Take 2 handfulls of Mercury 2 handfulls of powder prick then with a thread then smale take also a good handfull of Cheeseweed or 2 handfulls a good handsome piece of Pines grege & put them into milk & boyle thin very well then thicken it w<sup>th</sup> bread crumbs or wheat bran like a pultrie then take it off y<sup>e</sup> fire & put a half an ounce of fennel seed smale beaten every time you apply it to y<sup>e</sup> breast make y<sup>e</sup> quantity you lay on at hot w<sup>th</sup> y<sup>e</sup> patient can abide it & mix it w<sup>th</sup> y<sup>e</sup> yolk of an egg & it will break y<sup>e</sup> breast then to heal it take red egg & groundell of each a handfull shred very smale then take goats grease & beat y<sup>e</sup> very well together untill they become a pretty smoth salve & so work like of it in your hand untill it be better then apply it to y<sup>e</sup> sore & it will heale it you must shift it night & morning y<sup>e</sup> above said pultrie must be laid above y<sup>e</sup> place to keep y<sup>e</sup> breast warme

For a milk sore in y<sup>e</sup> breast

Take 2 ounces of bay wax melt it & put to it 4 ounces of clear sweet or fresh Butter w<sup>th</sup> out salt if you cannot get y<sup>e</sup> clear sweet 2 Spoonfulls of honey 6 Spoonfulls of white wine vinegar let it boyle up till you have every thing you put in then take it off & put in 2 grate Nutmegs 2 Spoonfulls of Bening broad paper stir it till it is cold let y<sup>e</sup> woman keep her breast clean & draw from y<sup>e</sup> milk lay y<sup>e</sup> pultrie all over y<sup>e</sup> breast only cutting a hole in y<sup>e</sup> cloth for y<sup>e</sup> nipple pultrie it at y<sup>e</sup> first once a Day if y<sup>e</sup> breast is not broke but if so, take it off every night & wipe it & lay it on again warm & if this is a humor it will disperse it, or if it breaks it will help it to break & heal it againe

Gods against a Consumption or hectine feaver

Take a Gallon of red cowes milke add thereto a full quart of Snails when they are proper 3 handfulls of Linsword 3 handfulls of Scabious 3 of harts tongue let this be put into a Stick of Wood & fasted & let it be dropping upon some manufactory of one of manes Crusty with Dooton a quart glass, 6 Spoonfulls of this every morning if y<sup>e</sup> party be very ill they may take of it in y<sup>e</sup> afternoon

The Snails may be prepared thus when you have them throw a little salt on them for a quarter of an hour & then just put y<sup>e</sup> into boiling water an take y<sup>e</sup> out as soon as you can into a farr basin & y<sup>e</sup> throw y<sup>e</sup> a little cold water after you have prickt y<sup>e</sup> & put y<sup>e</sup> out of y<sup>e</sup> shell

The first thing I noticed when I stepped out of the car was the cold. It was a sharp contrast to the warmth of the car. I looked up at the sky, which was a pale, overcast grey. The air was still, and the silence was broken only by the distant hum of traffic. I took a deep breath, feeling the cold air fill my lungs. The ground beneath my feet was wet and slick, reflecting the light from the sky. I walked slowly, my boots making soft, muffled sounds on the pavement. The buildings on either side of the street were tall and modern, their windows reflecting the grey light. I felt a sense of isolation, as if I were the only person in the world. The cold was a comfort, a reminder of the reality of the situation. I continued to walk, my thoughts racing through my mind. The silence was a heavy weight, pressing down on me. I felt a sense of urgency, a need to move, to do something. The cold was a friend, a ally in this moment of uncertainty. I walked on, my steps steady and purposeful. The world around me was a blur, a series of fleeting images and sounds. I was focused on the path ahead, on the goal I had set for myself. The cold was a constant presence, a reminder of the challenges I faced. I felt a sense of determination, a resolve to overcome whatever came my way. The silence was a test, a trial of my strength and will. I walked on, my heart pounding in my chest. The cold was a blessing, a gift that gave me the strength I needed. I felt a sense of peace, a calm that I had never before. The world was mine, and I was in control. I walked on, my steps light and graceful. The cold was a friend, a ally in this moment of uncertainty. I felt a sense of urgency, a need to move, to do something. The cold was a constant presence, a reminder of the challenges I faced. I felt a sense of determination, a resolve to overcome whatever came my way. The silence was a test, a trial of my strength and will. I walked on, my heart pounding in my chest. The cold was a blessing, a gift that gave me the strength I needed. I felt a sense of peace, a calm that I had never before. The world was mine, and I was in control. I walked on, my steps light and graceful.

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An approved Salve to heal & draw any Impostion  
Fistulous or swelling in any part of y<sup>e</sup> body

Take small red docks a pack of y<sup>e</sup> leaves & take y<sup>e</sup> middle strigot  
as I say y<sup>e</sup> leaves strigot off & take y<sup>e</sup> same strigot or strigots &  
wrap a handfull or 2 of strigot in y<sup>e</sup> leaves & lay y<sup>e</sup> <sup>in y<sup>e</sup> strigot</sup>  
to be rooted very tenderly if you want leaves to put y<sup>e</sup> strigot in  
then to root in y<sup>e</sup> fire then take paper & to let y<sup>e</sup> root in y<sup>e</sup> strigot  
a 1/4 of an hour untill they be very tender & red rooted then  
take y<sup>e</sup> strigot & put some hog grease & strigot & so is  
your knife to cut it & mingle them together & it will be as a salve  
to take some of it & spread it upon some dock leaves or else  
take a cloth & spread it on y<sup>e</sup> & lay it to y<sup>e</sup> place as hot as they can  
suffer it & this doe <sup>you</sup> on a day for this salve both heal & draw ad  
draws or impostions or fistulous this a greene man used to a  
woman who had a wonderfull sore eye & she could take no rest  
who applyed this upon her eye, in this manner first her eye was  
closed & a little leaf of y<sup>e</sup> dock laid along y<sup>e</sup> eye lid & this  
medicaine was laid then upon y<sup>e</sup> eye very hot, & this did fetch  
out both y<sup>e</sup> pain & draw out y<sup>e</sup> corruption & heal it, & it will  
doe y<sup>e</sup> like upon any sore, & this is a most sovereign medicine  
To kill an itching in wounds & healing or  
scabs

Take a pottle of milke water a good handfull of red sage & as  
much Alum as 2 haas-eggs & a penick of honey & boyle all this  
together in an earthen pot & let it boyle well & an hour & take  
it off y<sup>e</sup> fire & keep it with y<sup>e</sup> hearts for your use, & warme a little  
of it in a morninge blood warme & wash y<sup>e</sup> place morning & night  
& this will kill any itching in y<sup>e</sup> flesh or nati of any part of  
y<sup>e</sup> body

A very drawing Poultice to make a hard  
swelling break

Take of white lilly roots and boyle them in milke till they be as  
soft as butter and mix with them some brans grease & some barley  
meale or coarse wheat flower and apply it to the place affected  
morning and evening that which you take of in y<sup>e</sup> morning may  
serve the next day mosteard with milke & brans grease like as  
at first

To make a poultice for a sore breast

Take a handfull of feathers of chickweed of snailrope of red  
sage, & a good handfull of oatmeal beaten as much sheeps milt  
as 2 eggs shred all this together very small & boyle all this in  
3 or 4 pintes of milke till it comes to a pultice it must boyle  
very well & to put it on a brown paper & so lay it to y<sup>e</sup>  
breast as hot as can be endured

Another pultice good to treat sore breast or sore  
Take y<sup>e</sup> grounds of y<sup>e</sup> strongest yale you can get & boyle outwaie  
in it & some red rose leaves in it to y<sup>e</sup> thickness of a pultice  
& put in it some beere grease or oyle & to apply it warme as  
they can bear it morning & night

The first thing I did was to go to the  
 bank and see what the interest was  
 on the money I had there. I found  
 it was very low, and I was  
 disappointed. I then went to the  
 office and saw the manager. I  
 told him about the interest, and  
 he said it was the best he could  
 do. I was not satisfied, but I  
 had to accept it. I then went  
 to the store and saw the  
 manager. I told him about the  
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 manager. I told him about the  
 interest, and he said it was the  
 best he could do. I was not  
 satisfied, but I had to accept it.



A good Poultice for any swelling  
Take malons red rose leaves whit lily root red sage chard  
this & boyle y<sup>m</sup> in milke & whit bread & put some fresh  
grease to it & renew it twice a day

a good Poultice y<sup>t</sup> cures sore breast or hand  
swelling making y<sup>m</sup> to breake & cures y<sup>t</sup> out soles  
Take a pint of milke or y<sup>e</sup> quantity you like a quarte of a  
pint of fine oatmeale a quarte of a pound of good fine  
bore grease half a pound of Linseed oyle a quarte of a pound  
of Rony 2 handfulls of cammille thred smale boyle all they  
together with & then put in your cammille & then boyle it at a  
alow your grease after y<sup>t</sup> & last of all your Linseed oyle at y<sup>e</sup>  
grease & oyle boyle a litle together & lay this poultice on as  
warne as they can wch beate it & draw y<sup>e</sup> sore only once a day  
& lay it on as warne as they can wch beate it wch fresh poultice  
if y<sup>e</sup> sore be broke you need not on no salve to it for this poultice  
will ever it laying it on thiner & thiner

To make a water y<sup>t</sup> cures wounds & sores w<sup>ch</sup> out  
plaisters  
Take in May 3 quarts of new mibe when & let it be with  
measur boyle it till it come to litle more y<sup>e</sup> quarte & put to  
it a good handfull of rosen leaves & more of other leaves y<sup>e</sup>  
first putting out y<sup>e</sup> brook red a handfull of young clover  
leaves & 200 of Briar leaves boyle ad they wch together  
& some water crease boyle y<sup>m</sup> w<sup>ch</sup> a quarte of a pound of  
Alum & 10<sup>n</sup> ad is wch boyled wring out y<sup>e</sup> liquor from  
y<sup>e</sup> hearts & let it settill & to put it by for your use & if you  
use it wash y<sup>e</sup> sore well w<sup>ch</sup> it once in 24 hours this water  
will keep 2 years

A poultice to break hard swellings  
Take of chequerwood a litle, & silegreen y<sup>e</sup> grow upon wals, & whit  
lily leaves & boyle y<sup>m</sup> in milke & then put white bread to it having  
thred your Rony smale & put in a litle bore grease & so apply  
it twice a day till it be broke laid on as warne as they can  
beate it & if you se it doe not break in 4 or 5 days put in  
some whit lily root to it

A very Suerian Poultice for any Ach or payne swelling  
or bruise or sore breast & likewise to make a salve y<sup>t</sup> it  
for any sore

To make y<sup>e</sup> Poultice

Take pearly, sage Smallice, Arisa, Cuscut, Southward many old Banes,  
Hoselut, Caloria, wormwood Safforal, Bistony, Mortuary, Scabious, Redgum,  
plantaine, Ribb, hick Berit, Lynstrill, Buckhorn, Take of every one  
of these y<sup>e</sup> of the phisick horsewomans handfull, & pick y<sup>e</sup> dry stalks  
from them wash them very well let them a drying two days, & when they  
have done y<sup>e</sup> full time then bring them in a cloth very well then chop them  
very small & take 4 pound of fresh Butter out of y<sup>e</sup> Churne in May and  
put y<sup>e</sup> Butter & herbs together in a bollet or Skollet, you must not let your  
fire be too hot, but keep them stirring on the fire & when they have boyled  
a good while, take them of y<sup>e</sup> fire, & take a Stragor, & two Beethon panses,  
& stragor it into a pot, & as you stragor it put it into y<sup>e</sup> other & when you have  
done let it be cold, & then take of y<sup>e</sup> Topp & put it into an earthen bottle, and  
Clarify it on y<sup>e</sup> fire & take what quantity you please for Salve, & keep y<sup>e</sup> rest  
for Sympat, that which you make for Salve take 3000 water, Rosin & Venas  
paraphen a litle quantity of these 3 being altogether they must be as much  
as half y<sup>e</sup> Sympat or better which you make for Salve w<sup>ch</sup> much altogether  
& Similia a litle on y<sup>e</sup> fire & pour it into a galley pot, & it will keep 2 or 3  
years, it should not touch any reactor or Dreft, but y<sup>e</sup> Dye that by his  
approved by it, for it putrefies it, this Salve is very good for old sores, or green sores,  
Rany lengthen for payne, aches or Swellings, the patient that it aye a litle w<sup>ch</sup> it must  
not aye a litle w<sup>ch</sup> it, but send other to aye a litle when they use it they  
must aye a litle w<sup>ch</sup> it, and lay a warme cloth to y<sup>e</sup> place growed

A Receipt of Alderman Langhaars wife of a seve cloth  
almost for any thing as aches swellings, Sprains, Sores,  
Bruises, Cuts, to draw and heale if not an hot humors

Take 2 a pinte of Salit oyle, & 1 lb of Red Lead send finely through  
a fine ay<sup>e</sup> the oyle & lead well together, then set it on y<sup>e</sup> fire, when thing  
of it is a flat stick while it is in being boyled & when it is almost boyled  
enough y<sup>e</sup> lead will turne blackish, & so good when it is enough boyled  
that by dipping a piece of cloth in it, & y<sup>e</sup> your finger forth, if it stick  
not greasy when it is a litle cold if it doe not cleave to y<sup>e</sup> finger  
it is boyled enough, then take as much Resin as a walnut, & send what more  
of But use being cut ready in 10000 before y<sup>e</sup> put in as soon as ever you  
take y<sup>e</sup> other y<sup>e</sup> lead of y<sup>e</sup> fire, stragor it till it be melted then d y<sup>e</sup> good  
cloth in the afore said composition having a stick ready oyle to hang it  
to cool, while you dip y<sup>e</sup> rest the better you dip y<sup>e</sup> flame Cooled



Your care cloth will be if you have much to dye as the stuff works  
in dying you may leave it as long, but set let it boyle, so soon as you  
can handle it carefully, before it be more cold it must be stretched  
out between 2 by of fine of all places may be alike

*For the cure of the itch* *It is a good Master*

Take 3 ounces of sweet oil of Turpentine 3 ounces of Linseed oil  
this will last of fine of 10 days. To mix with a little salt of tartar & a little of  
upon an oven 3 ounces of salt. Oras fine of tartar & a little of  
with a little of salt. Oras fine of tartar & a little of  
10 days. Oras fine of tartar & a little of  
on a glass board

*To cure of Itch*

First take brimstone & nitre 3 or 4 mornings together to draw it out  
then take about half a pound of unsalted butter, wash y<sup>e</sup> salt  
out of it with water & put to it a good quantity of flower of  
Brimstone & powder of alum & ginger & some soap & make it  
into a salve & put some powder of paper into it & put it to it to  
take away y<sup>e</sup> smell some powder of nutmeg or a nutmeg grated  
& 2 or 3 Spoonfulls of brandy & anoint your self with it over  
with it over a good fire for 3 weeks every night & anoint especially  
y<sup>e</sup> sores when you find it most & wear one shift at y<sup>e</sup> time  
let it be a bad one if you use it wear three stockings because  
they may be washed, & let your lining you wore before be well  
scalded & bleached for they are apt to infect again, you may if  
you will warm your bed w<sup>th</sup> you go to it this hath cured those y<sup>e</sup>  
have had it 12 months, & take after it some purging phisick  
to clear y<sup>e</sup> blood, & at a months end take clean sheets & a  
y<sup>e</sup> blankets well before a fire & if winter hang y<sup>e</sup> sheets out in  
y<sup>e</sup> frost & warm y<sup>e</sup> feather bed very well with cold

*Another*

Take roach alum & steep a good quantity in as much  
water as will wet your shift & if it is spread a night  
or more then dry y<sup>e</sup> shift & let y<sup>e</sup> water cry in it out  
much & hang y<sup>e</sup> shift out & w<sup>th</sup> it is thoroughly dry wear it  
a week or more & y<sup>e</sup> do another so & wear it so doing  
till you find y<sup>e</sup> itching gone *Another*

Take y<sup>e</sup> water of smelter quene this is in & wet your  
self all over morning & night before a fire so are all  
y<sup>e</sup> are well

*To lower dyet drinke to clear y<sup>e</sup>  
blood for y<sup>e</sup> Leprosie & Itching distemper*

Take a pound of dock root & as much dandelion 3 handfulls of  
harts tongue 3 handfulls of elder flowers half a pound of Ardenney  
and broke into pieces y<sup>e</sup> dock root must be dryed & sliced & y<sup>e</sup>  
dandelion dryed then put this into a gallon of weak ale & drinke  
no other drinke put y<sup>e</sup> in it is it working & as soon as it is clear  
drinke it if you please put in ground rue & handfull

*For y<sup>e</sup> Itch*

Brayden & sweet butter & many good flowers & hony boyle all  
gether & make an ointment & anoint it & anoint y<sup>e</sup> parts therin  
To make a water to kill a Itch

To a quart of running water let it boyle to a pint take 2  
ounces of Roch alum half an ounce of white Ceruse & beat  
y<sup>e</sup> both to powder severally & boyle them half an hour or  
better in y<sup>e</sup> water

*To make a cooling ointment*

Take many good leaves of horehound & plantain leaves boyle  
them in fresh butter & strain them

*To cure y<sup>e</sup> Itch*

Take y<sup>e</sup> roots of red dock roots scraped & sliced & boyle a good  
quantity of y<sup>e</sup> in cream & so anoint y<sup>e</sup> parts w<sup>th</sup> it when it boyles  
y<sup>e</sup> or all over & also let it be done morning & night & wear y<sup>e</sup> shift  
a week & also burn up bear w<sup>th</sup> this dock root & drinke y<sup>e</sup> if  
3 weeks let y<sup>e</sup> be cured w<sup>th</sup> they begin this way of curing y<sup>e</sup> itching  
they by w<sup>th</sup> none y<sup>e</sup> have it or y<sup>e</sup> any y<sup>e</sup> have it wash this cloth w<sup>th</sup>  
then for y<sup>e</sup> to wash y<sup>e</sup> or y<sup>e</sup> they wash any one cloth who have it  
also it will be good to wear other clothes y<sup>e</sup> then w<sup>th</sup> they had for  
clothes y<sup>e</sup> are wearing constantly in carry y<sup>e</sup> perfection in y<sup>e</sup> or let  
y<sup>e</sup> be well washed also if they can't have new lining to put on let  
this shifts be very well washed & boyled & bleached for want of ob-  
-serving this water makes many not find a cure if any person y<sup>e</sup> is  
troubled w<sup>th</sup> this disease doe live w<sup>th</sup> y<sup>e</sup> bath or can wash y<sup>e</sup> it is  
one of y<sup>e</sup> best remedies can be used for it for y<sup>e</sup> any of this disease  
it will good to wash every one clothes apart for in great families  
some or other may chance to have it if they must live w<sup>th</sup> any one  
being children let y<sup>e</sup> also use y<sup>e</sup> ointment w<sup>th</sup> them & drinke y<sup>e</sup> drink  
if y<sup>e</sup> find y<sup>e</sup> blood let y<sup>e</sup> at y<sup>e</sup> first take half a pint of y<sup>e</sup> drinke  
take a little less quantity as they find this to be best w<sup>th</sup> drinke  
but let y<sup>e</sup> use it 3 weeks or that abouts let y<sup>e</sup> keep warm while  
they are anointed & be sure to anoint them selves w<sup>th</sup> the ointment  
if y<sup>e</sup> be not too purging they may drinke no other drinke  
for 3 weeks some use y<sup>e</sup> drinke of the dock root



## To cure a tetter

Take some of  $\frac{1}{2}$  Taurus lequers out of this pit & wash  
it w<sup>th</sup> it morning & night this hath cured tetter & some say  $\frac{1}{2}$   
singull

A Receipt of an excellent Balsam good for all sores  
inward or outward of  $\frac{1}{2}$  Richard Raynart

Theodor Raynart

Take a new earthen pipkin that is well glazed w<sup>th</sup> containeth 3 gallons & put there  
to 2 quarts of Spring water 2 quarts of Sallet oyle one  $\frac{1}{2}$  lb of it then wort Draynes  
of the an  $\frac{1}{2}$  panna one  $\frac{1}{2}$  take half a pint of pure Horae  $\frac{1}{2}$  an  $\frac{1}{2}$  of Benes turpentine  
half a  $\frac{1}{2}$  of Orinal one  $\frac{1}{2}$  then take another pipkin and put thereon of y<sup>e</sup> water two  
was one  $\frac{1}{2}$  wort Parisonne Bay Sars and there one handfull of y<sup>e</sup> water of y<sup>e</sup> water one  
handfull let y<sup>e</sup> fire be kepte thus one an sufficient hot fire of Charcole for the space  
of half an houre then poyse this draynes & heaty into the new pipkin and let it  
stand in a little while; then put in of y<sup>e</sup> sanders beaker in poyse one handfull of y<sup>e</sup> water  
of y<sup>e</sup> water one  $\frac{1}{2}$  of Orinal and so it kepte; then take it off the fire and poyse it into  
a new earthen stilligan then put into it one  $\frac{1}{2}$  of natural balsome and poyse it there  
through a straine into another stilligan; so let it stand till it be cold which you may  
know by a cake that will rise on the top of it the longer it stands of it to be hid the next  
morning; the thicke with the cake be then cut it and melt the cake in a pewter dish  
and poyse it into pots for you use the best time to make it is the middle of June.  
as also see the signed notes under the cake to wash sores before you apply the  
Balsome for the  $\frac{1}{2}$  Berus of this Balsom see the 20<sup>th</sup> 23 page of this Booke.

## To make oyle of Swallows

Take seventeen Swallows from the nest & cut them into quarters for their  $\frac{1}{2}$  guts take  
Camomile seed, plantain, Ribwort Bay leaves, penny Royal, Dill, hyssop, Rosemary  
Sage,  $\frac{1}{2}$  of y<sup>e</sup> water, then & poyse them in a pint of sack &  $\frac{1}{2}$   
of salt oyle with  $\frac{1}{2}$  of herbs be kept in the wine washed then thro in the oyle to  
keep it.

This is good in all other pactions Cervous which proceed from cold Canors paines  
in the  $\frac{1}{2}$  of the wind in the Belly mother Claps sore of it into  $\frac{1}{2}$  parts affected  
& cover them w<sup>th</sup> a brown paper covered w<sup>th</sup> wool.

## Against a bnfse.

Take Saladine soden very soft in running water, make thereof a plaister and  
apply it to y<sup>e</sup> sore.

To make oyle of Swallows good for y<sup>e</sup> hearing

Take young Swallows strip of their feathers & cut y<sup>e</sup> in like  
pieces & put y<sup>e</sup> in a pot or Jugge y<sup>e</sup> with y<sup>e</sup> into a pan where in is  
hot cold water stoppe y<sup>e</sup> pot they are in very close, & then let y<sup>e</sup>  
water boyle fast till you thinke they are boyled so as to have y<sup>e</sup>  
leaves run from y<sup>e</sup> then keep it for your use & drop some of  
it into your ear, going into bed & lye on y<sup>e</sup> contrary side y<sup>e</sup> it may  
not goe out; this hath cured those y<sup>e</sup> were very deafe  
also for deafeun drop in y<sup>e</sup> eare some of y<sup>e</sup> Juice of ground  
Sney & steep y<sup>e</sup> eare w<sup>th</sup> some of y<sup>e</sup> leave 2 or 3 nights  
together or longer

A Quint given under hand and Seale by authentication  
 of the Sherriff of York as underwrit 198  
 qualification for some favours done to him by  
 the Sherriff

Take 4 handfulls of Gyps beat it in a Stone mortar like greensauce  
 then putt in 4 quarts of clearest wine lett it soo stand 3 or 4 days stirring it  
 with a stick then lett it stand and Bottle and the next morning take of  
 the Dage wine 3 Spoonfulls and of running water one Spoonfull putt  
 after it an hower or better, & so take from murther till the end of March  
 It will cure any ach or humors in the legats, Dry Rheum, keeps from drowsyness  
 to the 4th degree, It will helpe the dead palsey and convulsions of the Arteries  
 It sharpenes the memory and from the begynning of taking of it it will have  
 the body mild & strengthen nature till the fullness of y<sup>e</sup> year & so forth  
 nothing will be changed in y<sup>e</sup> strength except the change of y<sup>e</sup> hure It will  
 keep the teete Sound that they be not corrupted It will helpe you from the palsey  
 and dead palsey the Drowsyness or any swelling in the legats in the body It will  
 helpe women in conception if they be it so said together this by the helpe of Almighty  
 God hee kept me in this estate from 30 to 40 years & Godd name be glorified

+ for one of hath y<sup>e</sup> Sney in his mouth

Take sage young Gripe & Rue of each a like quantity dry it & make this  
 two fine powder mixt in it a little Alum & so much honey as will make  
 it into a mass & so w<sup>th</sup> this rub your teete every night after you have  
 washed y<sup>e</sup> & your mouth w<sup>th</sup> this following water till you may doe  
 this morning & after noon

Boill the same herbs of each a handfull in a quart of running water  
 & putt a Spoonfull or two of honey w<sup>th</sup> a little Alum & this will wash  
 your mouth

John Smith





A Receipt of a rare Convulsion water Mr. G.  
at Oxford

Take of y<sup>e</sup> flowers of y<sup>e</sup> Tely or Linden tree 3 handfulls of flon  
of Lillys of y<sup>e</sup> wales five handfulls of Piony seeds half an ounce  
let these be infused in 5 pintes of y<sup>e</sup> best white wine for y<sup>e</sup> space of 8  
Dayes then distill y<sup>e</sup> w<sup>th</sup> a gentle fire afterwards take of y<sup>e</sup> flowers of  
Rosemary half an handfull flowers of Lavender one handfull y<sup>e</sup> leaves of  
Rue one handfull Betony half a handfull Naches flowers of Arabia  
one pugill single piony roots 2 drames & a half distill of Cret  
2 drames ~~with~~ prepared Squills a drame & a half Pelotory of  
Spain half a dram, Mistle of y<sup>e</sup> oak two drames Castorum a dram  
Cubabs & Cardemomys each a scruple mace half a dram cloves  
two scruples Nutmegs a scruple Let all this being rightly prepared  
be infused in y<sup>e</sup> above said Distillation for y<sup>e</sup> space of 8 dayes  
longer afterwards distill y<sup>e</sup> as aforesaid

It may doe well to give y<sup>e</sup> Child half a Spoonfull of black Cherry  
traker or single Piony water at a fyne evening & morning for 3  
Dayes together both about y<sup>e</sup> full & change of y<sup>e</sup> moon for some months  
together the same quantities also of this may be given at any other  
time & as often as need shall require upon any appearance or feare  
of Convulsion fits y<sup>e</sup> waters may be lightly intaken w<sup>th</sup> fin Sugae  
or Symp of Piony w<sup>ch</sup> is better  
one or 2 mornings together in a month y<sup>e</sup> is to say about a week  
before y<sup>e</sup> full of y<sup>e</sup> moon it may doe well to purge y<sup>e</sup> Child w<sup>th</sup> a Spoonfull  
or two of Symp of Damask roses or 2<sup>th</sup> such a quantity therof as  
may move 2 or 3 stoles a day It may be given either alone or in a  
small quantity of hore

Also upon any appearance of fear of such fits it may doe well to  
make use of oyle of Amber applying it to y<sup>e</sup> top of y<sup>e</sup> head temples  
of y<sup>e</sup> head & nostrills 2 or 3 drops to each part  
Probably an Issue in y<sup>e</sup> Left arme might tend much to y<sup>e</sup> ~~prevention~~  
prevention of such fits

A Convulsion water approved &  
made by Major General Lambert

Take of y<sup>e</sup> moderat Spirit of wine & good Canary sacke  
of each a pint Anyseed & Canaway of each one ounce Nut-  
megs 2 ounces y<sup>e</sup> ginger 40 grains let them be bruised stoned  
raisons 3 drames 2 dates then put it into your urall & sack w<sup>th</sup>  
them Take of castor y<sup>e</sup> best w<sup>th</sup> skines 2 ounces & a half bruse  
it well & put it into another urall w<sup>th</sup> y<sup>e</sup> pint of wine shake it  
close set y<sup>e</sup> in y<sup>e</sup> sun & shake them morning & night giving y<sup>e</sup> m  
went for 10 Dayes together after put them into a urall & doe as  
before for 3 Dayes more then strain it & keep y<sup>e</sup> liquor for your  
use doe 2 ounces of liquorish give of this a little Spoonfull to a  
child in y<sup>e</sup> mouth when you thinke y<sup>e</sup> fit is coming & to one  
elder doe to y<sup>e</sup> quantity

To cure convulsions

Take live pigeons & pull y<sup>e</sup> feathers of y<sup>e</sup> fundament & apply  
it to y<sup>e</sup> fundament of y<sup>e</sup> child or person y<sup>e</sup> has y<sup>e</sup> fits & hold  
it so as y<sup>e</sup> you doe not smother it & w<sup>th</sup> it is new apply more  
till y<sup>e</sup> person doe live





raw wheat being chanced & applyed both over y<sup>e</sup> biting of a mad dog

To draw out y<sup>e</sup> venome of one bit w<sup>th</sup> a nail iron

Mr Boyle  
say

Apply a red hot iron as neare to y<sup>e</sup> place as it can possibly be raised  
as it coole so have another heated ready & so continue y<sup>e</sup> as long as you a  
it increaseth y<sup>e</sup> iron, so w<sup>th</sup> y<sup>e</sup> iron cold y<sup>e</sup> venome will be drawn out this must be done  
inadvertently as soon as you are bit it is also good for any bit w<sup>th</sup>

Supper

Good for any that are bit w<sup>th</sup> a serpent

Take live pigeons & lay their vent hole to y<sup>e</sup> place that is bit as soon  
as it is done & it will tick them & take more & apply as soon as you a  
them dead & w<sup>th</sup> they have drawn out all y<sup>e</sup> venome they will live

*[Faint, mostly illegible handwritten text continues on the bottom half of page 226, likely bleed-through from the reverse side.]*



## To stay vomiting

Boyle a handfull of y<sup>e</sup> toppes of Spear mint & a handfull of dryed red rose buds in a pint of strong white wine vinegar till a good part of y<sup>e</sup> vinegar be wasted then straine it & with y<sup>e</sup> sprauge in it y<sup>e</sup> is pretty thin as broad as your hand & apply it to y<sup>e</sup> pitte of y<sup>e</sup> stomach as hott as may be suffered & ching it againe as often as you see occasion & binding it fast on with a swathe. The boyled mint & roses layd plastered vnto y<sup>e</sup> stomach have y<sup>e</sup> same vertue but they must not be wrong too dry from y<sup>e</sup> vinegar

To strengthen y<sup>e</sup> stomach

Take old marmaliet of quinces and old Consuue of red roses, of each of y<sup>e</sup> y<sup>e</sup> quantity of a pretty big ballnat mix these well together w<sup>th</sup> as much methericate as a nutmege & spread it upon a piece of pretty thick glove leather cut fit for y<sup>e</sup> pitte of y<sup>e</sup> stomach, when you lay it on strew some powder of saffron on y<sup>e</sup> methericate quince & consuue wear it till it be quite dry you may then renew it againe as you find benefit or occasion.  
you may add to y<sup>e</sup> other ingredients y<sup>e</sup> powder of dryed mint if y<sup>e</sup> party be subiect to vomiting  
This medicines have been tryed with good successe

+ For y<sup>e</sup> Colick

first take a glister made of milke y<sup>e</sup> yolk of an egge & brown suger & a litle salt & if y<sup>e</sup> paine continue & that het w<sup>th</sup> once or twice make another glister only of sacke & boyle in it bay leaves & some seeds of fenell or anise or comine seeds w<sup>th</sup> mace & cloves & w<sup>th</sup> it w<sup>th</sup> boyled give it y<sup>e</sup> party if y<sup>e</sup> pain continue give them another glister of y<sup>e</sup> same this hath helped y<sup>e</sup> great paine

Also: Shorter way to Cure y<sup>e</sup> Colick

if y<sup>e</sup> stomach be foule take a vomit of Cardus possid drist then take 3 morninges y<sup>e</sup> bitter draught made a litle purging & put w<sup>th</sup> as much salt of wormwood as will lye on a shiding or as much more salt then after this take 3 night together some small beault making off a glass of sack w<sup>th</sup> it, & 15 dayes together drinke a glass of w<sup>th</sup> it w<sup>th</sup> y<sup>e</sup> same quantity of salt of wormwood as before, this hath helped many & shall cure faster euen y<sup>e</sup> Colick

For y<sup>e</sup> Colick

make a glister of potash drist & boyle in a pretty hard many Cammarole flowers w<sup>th</sup> a handfull of Rose, strain it & take about a pint or is you like, & wash in it half a score bolls of stone horse dung then strain it off & give half a pint of it in a glister & let y<sup>e</sup> keep it 3 houres if they can, this has helped in great paines

## Dr Lewers Colick water

Take 3 quartes of double or single stilled sweetned water; put to it Quina chips sera from Alexandria, alcompane, Coriander seed prepared Licquorice sliced of each two or three ounces, you may add to it one ounce of sweet fenell seeds, steep them 12 dayes, then straine it & put it in a bottle for use, to prepare y<sup>e</sup> Coriander seeds you must steep them 12 dayes lower in vinegar, then dry y<sup>e</sup> a y<sup>e</sup> sun or by y<sup>e</sup> fire you may take from 3 spoonfulls to five at a tyme & if you bring it up you must repeat it or if you have no cause in 2 or 3 houres you may repeat it likewise.  
if you have a mind to make y<sup>e</sup> medicinal strong you may put 3 ounces of y<sup>e</sup> ingredients instead of two

To cure a scath or sore y<sup>e</sup> comes any other way

Take a green oak leaf & lay it on it & let it stick on it till  
it fall of, it will both draw & heale

+ An approved medicine for y<sup>e</sup> gout

New milk warm from y<sup>e</sup> cow take & bath your feet or hands, if  
part is troubled with y<sup>e</sup> gout & to continue y<sup>e</sup> in y<sup>e</sup> milk about 2  
housen Doe this 3 or 4 times aday, y<sup>e</sup> same milke will serve for  
one whole day & to doe y<sup>e</sup> next day or longer as you find your pains  
you are not to warme it on a fire but as it came at first from y<sup>e</sup>  
cow for your feet with warme it in y<sup>e</sup> using, This will draw away  
y<sup>e</sup> pain & strengthen y<sup>e</sup> part



A very rare Receipt of Mr Huttons which cured  
her of a cancer in her breast & she for which 3500  
pounds had been given for the Receipt

Take Lapis Calaminaris 4 ounces make it red hot & quench  
it in a pint of white wine & heat it again & quench  
it again in y<sup>e</sup> wine this doe 8 or 9 times or till y<sup>e</sup> wine boyle  
up to y<sup>e</sup> top of y<sup>e</sup> can & must be silent then let it stand  
near y<sup>e</sup> fire but not touch it, then take an ounce of whole  
lutry burn it in a Crucible till it be red hot then quench it  
w<sup>th</sup> a little red rose water (y<sup>e</sup> w<sup>ch</sup> is twice skild w<sup>th</sup> y<sup>e</sup> but)  
this doe 3 times then put y<sup>e</sup> rose water being a pint into y<sup>e</sup>  
wine beat y<sup>e</sup> stones & lutry severally very fine & put y<sup>e</sup>  
w<sup>th</sup> y<sup>e</sup> wine & Rose water into a bottle & shake it twice a day  
& when you use of it if it be a swelling you must soake  
a cloth 3 or 4 times double & wet it in this water and  
change it twice a day or more if you please it is also good  
for y<sup>e</sup> Kings snell & for y<sup>e</sup> eyes but w<sup>ch</sup> it is for y<sup>e</sup> eyes it  
must not be shaken.

+ a Spanish medicine for fith of y<sup>e</sup> face to put  
it clean away

Take a great piece of leather & lay it on a gridiron make it as hot as you  
can possible & w<sup>th</sup> y<sup>e</sup> heat dry y<sup>e</sup> leather it w<sup>th</sup> vinegar & w<sup>th</sup> water y<sup>e</sup> lay it  
as hot as you may suffer y<sup>e</sup> place growed & take a quart of Malaga  
set it on y<sup>e</sup> fire & put in a good handfull of Comin seeds 4 or 5  
but may be brosd & let it sutch till it be consumed to a pinte y<sup>e</sup> strain  
it & put it into a glass drinke 3 or 4 Spoonfulls at hot as you can & it  
will put y<sup>e</sup> fith away

To Cure y<sup>e</sup> fith of y<sup>e</sup> mother

Take Bait molles alive heat an oven pretty hot & put y<sup>e</sup> m<sup>o</sup> in it as soon  
as they are dead take y<sup>e</sup> out & flea y<sup>e</sup> m<sup>o</sup> & then put y<sup>e</sup> m<sup>o</sup> into y<sup>e</sup> oven &  
dry y<sup>e</sup> to powder y<sup>e</sup> sear it in a very fine sieve take as much as will  
lye upon a spence or shiding no it is mild any in a Spoonfull of  
beare night & morning

To Cure y<sup>e</sup> fith of y<sup>e</sup> mother

Take a woman after birth & dry it to powder & give y<sup>e</sup> some of it ma  
lke quantity of ale or beare & it will take away y<sup>e</sup> fith

To prevent miscarriage Comanded by y<sup>e</sup> Dutches  
of Denmarke

Take 2 pieces of lead beaten very thin & lay one piece to y<sup>e</sup>  
navel & y<sup>e</sup> other bind to y<sup>e</sup> middle of y<sup>e</sup> back & w<sup>h</sup> they grow  
near this time they must pull it off

A receipt for Child blanes approved

Take bees wax & resin <sup>alike quantity</sup> & as much fresh hoges greas as of both & melt  
boyle ad this together untill they come to a sauvre a little bying  
with doe it y<sup>e</sup> spread it upon a cloth & put to it every day fresh this  
cure very well

A Salve to cure a green wound a Redd & Child blanes  
you must take a like quantity of each of these Ingredients  
4 ounces of leaharge of gold & ounces of leaharge of silver & ounces of white  
lead & ounces of bees wax & ounces of venetian turpentine a pint of salade  
oyle the Turpentine must be beat small to powder severally in a mortar  
& then mix them small & you must have a brass shell it having a cleave  
therein for y<sup>e</sup> fire set over y<sup>e</sup> fire & put in your oyle w<sup>h</sup> it hath  
boyled a little while as you may perceive it bubble put in y<sup>e</sup> leaharge  
of gold & y<sup>e</sup> leaharge of silver next y<sup>e</sup> white lead after it bees wax  
last of all your turpentine you are to let y<sup>e</sup> boyle a little & it is done  
before it reach to powder it is boyled though you must have a pail  
of water by you & take out some of it w<sup>h</sup> your stick & draw it into y<sup>e</sup>  
water if it be too high it will be too sweet & if it be too low it will be  
too bitter & if it be too much it will be too thick & if you must save it  
& so make it into oyle

Take some & doe your fingers w<sup>h</sup> it & this cure them  
let it be done other night  
Also wash your hands w<sup>h</sup> sack posit cure

To prevent a blow running blacke

Take some & lay it behind y<sup>e</sup> care & it will doe it if done as soon as  
y<sup>e</sup> blow or Bruise is done also if you rub it w<sup>h</sup> Lincen of Hungary  
wax it will take y<sup>e</sup> blacknes off

To cure child blanes if not broke

Take oyl of Turpentine & anoint y<sup>e</sup> place & it will dry  
y<sup>m</sup> & make them come of like a scurf



For y<sup>e</sup> Jaundie

Take 3 pintes of mild ale & boyle in it half an ounce of  
turnerick very finely beaten & a quarter of <sup>a pound</sup> Coriander lib.  
y<sup>e</sup> boyle gently a quarter of an houre together & at y<sup>e</sup>  
last drinke a quarter of a pinte of it & take y<sup>e</sup> Coriander  
it 2 or 3 times in a day, y<sup>e</sup> Coriander must also be bruised & beaten  
before you boyle y<sup>e</sup>

Another for y<sup>e</sup> Jaundie

Take a pint of white wine half an ounce of Sena 20 earth  
wormes y<sup>e</sup> are long w<sup>ch</sup> must be covered all night to cleanse the  
earth from them cut <sup>in pieces</sup> & infuse this w<sup>ch</sup> wine  
in Sena warme for a night & day & drinke half a pinte  
in a morning, & doe so for 3 or 4 mornings together fasting  
as you see occasion for it w<sup>ch</sup> purge them

Another for y<sup>e</sup> Jaundie

Take 5 spoonfulls of y<sup>e</sup> Juice of Blackeberry leaves for 5  
dayes together every morning fasting, & eat nothing  
for 2 houres after it, this is much Comended

## A Plaster for a Jaundie

Take figs 4 ounces, Albia griseum half an ounce, flower of  
Brimstone long Pyres each one Drame Brandy 2 ounces Chymical  
oyle of wormwood 16 drops; Diacordum one ounce papedeunge  
2 ounces beat all in a mortar till well mixt lay it to y<sup>e</sup> throat from  
ear to ear warme & renew it as often as it dryeth

For y<sup>e</sup> p<sup>re</sup>vention of Boyles

Take wheaten flower y<sup>e</sup> is fine mixt w<sup>th</sup> y<sup>e</sup> yelk of an eye hony  
 & a little saffron doth draw & keale byelles & such like sores in  
 children & old people very quickly & easely

for Inflammations & swellings

The flower of wheate boyled w<sup>th</sup> hony & water or w<sup>th</sup> oyle take it  
 all Inflammations away & hot swellings

A good purge for those y<sup>e</sup> have had boyles  
 M<sup>r</sup> Sigley page

Take of y<sup>e</sup> Electuary called Caryocostreum 3 dragms if  
 y<sup>e</sup> person be easy to work off - or half an ounce if of a  
 strong constitution then take purg<sup>e</sup> drinke purged hot  
 upon page after each stool

To break a boyle or Plague sore

Take 4 or 5 figs & white Lilly roots & half a handfull of  
 sorrel & slice y<sup>e</sup> figs very thin & boyle y<sup>e</sup> in as much water  
 as will cover them boyle y<sup>e</sup> herbs w<sup>th</sup> them till they are soft  
 & put y<sup>e</sup> water from them & drage it in a mortar like green  
 sauce & lay it to y<sup>e</sup> sore

To break off filth or Anacore

Take of red sage of herb a graine of each of the half a handfull  
 a Spoonfull of black sope a slice of y<sup>e</sup> rustiest of your bacon  
 & Blake hony sautes a little sot of wood ashes & this will break  
 it & heal it being brused altogether

Good for y<sup>e</sup> p<sup>re</sup>vention

Take as much brimstone of y<sup>e</sup> flower of it as will lye upon a  
 shilling & drinke it w<sup>th</sup> a good draught of new milke fasting &  
 eat nothing after it for 4 hours & also y<sup>e</sup> same quantity at  
 night going to bed & this doth keep y<sup>e</sup> being experienced

Another for y<sup>e</sup> p<sup>re</sup>vention

Take a glister made only of new milke & nothing put into it &  
 this will not work only cool & relieve those parts  
 also sit over milke heated & put into close steale & let y<sup>e</sup> steam  
 goe into y<sup>e</sup> body & this doth give ease & some times cure

Another for y<sup>e</sup> p<sup>re</sup>vention

Take a fig & slice it & set on a little sauce of brandy &  
 let on half of it be heat in y<sup>e</sup> brandy & as y<sup>e</sup> coole take y<sup>e</sup> other  
 & this doth for a good time thus has cured about 20 & come again

## A rare Receipt for y<sup>e</sup> Scourie

Take winter cress stamp y<sup>e</sup> & strain y<sup>e</sup> & to every pint of Juice take  
 a pint of white wine & set it on y<sup>e</sup> fire & scald it & scum y<sup>e</sup> & then  
 given y<sup>e</sup> put it in a batch & drinke a quarter of a pint in y<sup>e</sup> morning  
 & to take it & rest againe

Another for y<sup>e</sup> Scourie

Take an orange pick out y<sup>e</sup> seeds & put in Saffron but & set it on y<sup>e</sup> fire &  
 as y<sup>e</sup> liquor runs over put it into a quart of Malaga sack & steep y<sup>e</sup>  
 orange in y<sup>e</sup> sack 2 or 3 days & y<sup>e</sup> drinke 3 or 4 Spoonfulls in a morning  
 Saffron & Saffron is a good medicine dry both y<sup>e</sup> herb & saffron by powder  
 take 24 grains of each & mix it together & divide it into six papers & take  
 a paper at a time in a draught of lemon still wine & sugar

Do: Darch rare water for y<sup>e</sup> Scourie or Dropsie

Take of y<sup>e</sup> leaves of sea & garden cressen graine 6 pound stamp y<sup>e</sup> & express y<sup>e</sup>  
 Juice & mixt w<sup>th</sup> y<sup>e</sup> Juice of brocklime & water cresses of each 1 1/2 lb of y<sup>e</sup> roots  
 of white bryer & 1 lb of hore hordish 2 lb of y<sup>e</sup> waterhouse barke 1/2 lb of lemons  
 to y<sup>e</sup> rind & y<sup>e</sup> pulp sliced of nutmegs 1 ounce let all this stand infused  
 & macerated 3 days in 6 pikes of y<sup>e</sup> best white wine then distill it in a  
 cold still take of this rummy nothing a little wine glass or more as you see  
 occasion

Do: Another Receipt for y<sup>e</sup> Scourie

Take sea Scourie graine brocklime & water cresses of each on pound halfe  
 a pound of y<sup>e</sup> roots of Sassafore & 3 of Saffron to be beat in 3 gallons of  
 new beer or ale & drinke a glass full rummy morning Spring & fast

for y<sup>e</sup> Scourie or mangie

The brain of wheat being dried & beat out at hand & y<sup>e</sup> powder thereof  
 mixed w<sup>th</sup> white wine boyled in sharp Vinaggar & rubd upon y<sup>e</sup> y<sup>e</sup> Scourie  
 or mangie crosse y<sup>e</sup> faght very much

for y<sup>e</sup> Scourie

Take Juice of oranges Juice of scurvy grasse & Juice  
 of brocklime & water cresses & let y<sup>e</sup> stand a while  
 to settle & of this take a small glass full a fort  
 night to gether fasting

for y<sup>e</sup> Scourie M<sup>r</sup> Dons Receipt

Take dandelion & boyle it in milke drinke of this morning & at night  
 & it will help y<sup>e</sup> & has cured those who have been brought very low



## for spitting of blood

part made of fine meale such as bookbinders use helpeth all such  
as doe spit blood being taken warm at once

## for spitting by rubeal

Take y<sup>e</sup> best honey you can get & eat of it in y<sup>e</sup> morning or any  
tyme of y<sup>e</sup> day half a spoonful at a tyme about 2 ounces in  
a day or more if you will in y<sup>e</sup> morning eat w<sup>th</sup> bread baked or  
as you please

## for watering eyes

The graines of wheat being dyed brown but not burnt & y<sup>e</sup> powder  
therof mixed w<sup>th</sup> white wine is good for watering eyes if it be laid  
theron or ther to

for eyes to have a specke in them it takes  
it away in a little tyme

Take a peece of new lincane or oculus & wrape it up as a  
peece of paper & burn it on a red hot plat & take a drop of  
y<sup>e</sup> oyle of it & put it into y<sup>e</sup> eye morning & night & you will  
find it lessen y<sup>e</sup> specke & y<sup>e</sup> grains in y<sup>e</sup> sight & take it  
away they y<sup>e</sup> told it saw y<sup>e</sup> receipt was worth 100

To draw a rubeal from y<sup>e</sup> eyes

Take a bullet y<sup>e</sup> has been shot through a gun & beat it very thin &  
make holes in it & bind it to y<sup>e</sup> nose of y<sup>e</sup> head & it will draw y<sup>e</sup> rubeal  
away

for sore eyes or red eyes w<sup>th</sup> rubeal

Take 2 or 3 spoonfuls of good clear uerges & put to it of  
Lapis calaminaris & butte of each a penith made into  
fine powder & put this in a little botle corked & shake it  
w<sup>th</sup> you use it & wet your eyes w<sup>th</sup> it going to bed on y<sup>e</sup> out  
side of y<sup>e</sup> eyes or of enir in a day this will keep half a year

for eyes to have skins or warts before y<sup>e</sup> eye  
Consulte by do. Thuerbach an Herbalist

Take of white rose water & white Brandy w<sup>th</sup> is right & send from these  
mixe an equal quantity of each together & w<sup>th</sup> your eyes w<sup>th</sup> it 2 or 3  
times a day & it will clear your sight

An Approved medicine for y<sup>e</sup> eyes

one in y<sup>e</sup> count take a little Lapis Calaminaris a quarker or half an ounce  
said he has  
lakes since  
he had used  
it y<sup>e</sup> he had  
w<sup>th</sup> his cloat & w<sup>th</sup> your finger dab it upon your eye lides & then  
horacle it into your eyes then shake your bottle & let it settle  
before you use it againe An extraordinary smock for y<sup>e</sup> eyes

Take Sagum alba storax saffras berke amber of each one drame  
cut bedony half an ounce Rosemary flower or Rosemary half a quarker  
of an ounce & as much Tobacco as Rosemary wine w<sup>th</sup> it take this in  
a pipe when you are going to bed or as often as you please



for ye lungs quick

Take barley meal for use oyle & y<sup>e</sup> urin of a young  
boy & it hath defect had swelling in y<sup>e</sup> throat called y<sup>e</sup> King's Cough  
The top of heate  
Rind of y<sup>e</sup> apple  
Saxile  
Mugwort  
Witch betony  
Scabious  
Bardelion  
Whitbottle leav  
Archeangel plant  
Ribwort  
Bugloss  
Plantain  
Country  
A woad  
Dorran wood  
Violet leav  
Strawberry leav  
Whit willow  
Take of each of the  
leaves a small hand  
ful cut y<sup>e</sup> & put  
in into a bag in a  
weight in y<sup>e</sup> dyed  
at top: a flossen  
the string to ye  
bung: y<sup>e</sup> y<sup>e</sup> bag  
may hang in y<sup>e</sup>  
middle of y<sup>e</sup> wish  
of drinke y<sup>e</sup> bag of  
herbs is to be put  
into y<sup>e</sup> mouth of  
drinke w<sup>ch</sup> it has  
done working

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of drinke y<sup>e</sup> bag of  
herbs is to be put  
into y<sup>e</sup> mouth of  
drinke w<sup>ch</sup> it has  
done working

A Diet drinke to purge y<sup>e</sup> blood  
Take Mark Rubarb roots four ounces, osier roots  
6 ounces (w<sup>ch</sup> is water ven or verum) 6 ounces, each  
herb is to be cut in small pieces: Reason  
Rind of y<sup>e</sup> Sun 3 pound: boyle this in five gallons  
of Ayre worte, till one gallon be boyled away, then  
strain it & w<sup>ch</sup> cold, worke it w<sup>th</sup> yeast as you see Ayre,  
& use it up: & w<sup>ch</sup> it has done working, put in y<sup>e</sup> bag  
of herbs mentioned any side as be for directed

This drinke must be y<sup>e</sup> Constant drinke for y<sup>e</sup> tyme it  
lasts, & must be drinke new & if in danger of  
growing stale while a drinking, bottle it up, all oft  
when towards growing stale.

This diet drinke has done good to persons in an ill  
habit of body, and to children suspected to be subject  
to sharp humours & running, as y<sup>e</sup> King's Cough &  
fistulous or y<sup>e</sup> life

And a child y<sup>e</sup> had a breaking out twice y<sup>e</sup> way  
thought by y<sup>e</sup> surgeons to be a fistulous humour:  
Drinking this drinke spring & fall for a year or  
two never had any such swelling again: it had an  
issue made in it some

The roots are to be had at y<sup>e</sup> Apothecarys & many of  
y<sup>e</sup> hearts are to be taken in this season & dyed for  
use, for they last but a little tyme green

good agt Poison

The roots of Hyssop root turned up into new ale & drunk for a month  
together expelleth poison although it have unawaresly spread  
it self throught y<sup>e</sup> body

To cure a scald or burn

When it is first burnt let y<sup>e</sup> first thing you doe to it be to beat 2 or 3  
whites of eggs & 2 or 3 spoonfulls of y<sup>e</sup> best salted oyle & beat y<sup>e</sup> w<sup>ch</sup> to-  
gether till it be pretty thick & then anoynt y<sup>e</sup> burn all over w<sup>th</sup> it with  
a feather & so keep it w<sup>th</sup> this to be set till you can get y<sup>e</sup> following  
pultice made for it w<sup>ch</sup> must be thus take a pint of milke or more if  
it be a large burn & take a little handful of houseleek & as much silver  
leaves & some of y<sup>e</sup> green rind of elow & of mullein & chistwood and  
ground Quoy or ale hoof as much of each of these as of y<sup>e</sup> other then  
three y<sup>e</sup> & bruse y<sup>e</sup> small & boyle y<sup>e</sup> w<sup>th</sup> y<sup>e</sup> milke & small oatmeal keeping  
them continually stirring putting in 2 or 3 oxens powdered small then drive  
it again w<sup>th</sup> y<sup>e</sup> oyle & whites of eggs & apply this pultice to it as warm as  
they can bear it & so renew y<sup>e</sup> pultice fresh thrice a day, it must be  
applyed so long till y<sup>e</sup> humor be turned to a thick complexion & then  
anoynt it w<sup>th</sup> y<sup>e</sup> whites of eggs & oyle it will probably need y<sup>e</sup>  
pultice but 3 or 4 days then use y<sup>e</sup> salve called Basilicon & may  
be had at y<sup>e</sup> Apothecarys & spread a plaister y<sup>e</sup> is y<sup>e</sup> strongest y<sup>e</sup> cloth  
of it, ad over bigger then y<sup>e</sup> sore & so keep y<sup>e</sup> one plaister only  
spreading a little new after you have signed all y<sup>e</sup> Corruption off  
from y<sup>e</sup> plaister, & so keep this plaister to it till it is quite whole at  
first you may lay y<sup>e</sup> plaister on once a day, after once in 2 days  
may serve, this pultice & salve has done great cures by M<sup>r</sup>  
Doctoe you must read to put in some mutton suet in y<sup>e</sup> pultice  
or mutton troyne A little oymment excellent for scalds or burns

Take 2 penny worth of Litharge of gold, half a pint of y<sup>e</sup> best  
oyle olive: half a pint of y<sup>e</sup> best white wine vinegar keep y<sup>e</sup> oyle &  
vinegar apart, & put y<sup>e</sup> litharge of gold first reduced to a very fine powder  
into a bell metle stillie, or such a thing but it must needs come near  
a fire this it is a silver spoon, first put a good spoonfull of oyle to y<sup>e</sup>  
litharge of gold & stir it half a quart of an hour then add as much  
vinegar: & this if y<sup>e</sup> same tyme as before to be again successively y<sup>e</sup> oyle  
& vinegar till all is stirred together it will be about 6 hours making stir it  
all one way at first it is about y<sup>e</sup> substance of cream, but grows stiffer after  
this stirring out y<sup>e</sup> fire immediately & cast w<sup>th</sup> out a scar good for all sores  
Excellent for any bruisings, cancerous humours, & fistulous, it scardes to y<sup>e</sup>  
bottom a thick scab: but change y<sup>e</sup> living y<sup>e</sup> dome if put to an old sore,  
I have heard it corrected to powder y<sup>e</sup> y<sup>e</sup> sand & y<sup>e</sup> clay & y<sup>e</sup> dry



## To cure flooding in Childbed

Take y<sup>e</sup> inward flaid of a mare braches & put it upon a plate & set it over a chafinid of coales w<sup>th</sup> vinegar in y<sup>e</sup> plate & let it be well dyed & soaked & applyed to y<sup>e</sup> body as hot as you can

## To cure the green Sicknesse

Take a quarter of a pound of meale an ounce of y<sup>e</sup> feedings of Mele half an ounce of Turmeric let it be new powdered very small & stir it very well together every tyme you take it w<sup>th</sup> must be once a day at y<sup>e</sup> first & after a fortnight of this must be continued a month & quantity of ... at a tyme at a fortnight and purge w<sup>th</sup> pump of Buckethorn & at y<sup>e</sup> next tyme purge againe

## Good for bruises &amp; aches

Take neat foot oyle & brandy & mix them together & usey w<sup>th</sup> rub it in befor y<sup>e</sup> fire & this hath helped them y<sup>t</sup> have been bound together

Also oyle of marshmallows mixt w<sup>th</sup> 1 pint of wine & well rubed in morning & evening is very good for straining & bruises

## Another

Take oyle of roses & aquivita & mix it together & first rub y<sup>e</sup> place w<sup>th</sup> a warm cloth & then chafe y<sup>e</sup> oyle in

## Another

Take your own water & heat it & old piece of Iron hot & quench it in your own water & so bath y<sup>e</sup> part w<sup>th</sup> it also w<sup>th</sup> wine vinegar hot & rubed in to y<sup>e</sup> part shewethers it

## To skin a place new bound

Take brandy & wash it & apply a paper dyped in y<sup>e</sup> brandy & w<sup>th</sup> dry it up into a scab if y<sup>e</sup> first doe not doe it dyp a 2<sup>d</sup> paper

## Another to skin a sore

apoint it Binguenhem allbrom once or twice

## Good for an inward cure

Take 2 ounces of conserve of red roses & one ounce of Calathea balson & mix it together & take as much as a nutmeg among & right y<sup>e</sup> first & last thing you take & drinke of this ale poset drinke following about a quarter or more of a pint as same as you can, make y<sup>e</sup> poset drinke about a quart & boyle it 2 or 3 roths of melons w<sup>th</sup> scraped and shedd half on bunch of Licorice & half a handfull of mormigroot let y<sup>e</sup> things lye in your poset drinke till you have taken all this quantity & then breake your poset drinke w<sup>th</sup> some warm breede, you may continue this till you are mendid this has helped those y<sup>t</sup> have spit blood upon a time

## To skin a new sore

Take bone grease y<sup>t</sup> has not had any salt in it & mixe it w<sup>th</sup> chalker finely scraped to be like a salve & y<sup>t</sup> w<sup>th</sup> skine & use it in 2 or 3 tymes per day or more as you see fit

## For a bite of a viper or asser

Take live pargious & pull of y<sup>e</sup> catthen near y<sup>e</sup> next hole & apply y<sup>e</sup> next hole to y<sup>e</sup> place bitten & as y<sup>e</sup> pargos dyes lay on another till they live but take care you doe not smother y<sup>e</sup> pargos in holding it

An excellent powder to make one sweat & take away  
pains & good for Agues, & y<sup>e</sup> bloody flux

Take Cardus primus, Tormentil, Betony, Scabious, Dragon, Angelica  
Scordium of each one handfull gathered in fair weather not washed  
but wiped w<sup>th</sup> a cloth ~~bruse~~ bruse y<sup>e</sup> & steep y<sup>e</sup> 24 hours in 3  
pints of white wine then take one pound of Bolusarmach beaten &  
sieved as fine as powder or flower then strain in as much wine from  
from y<sup>e</sup> herbs as will more then it to be thick & smooth & as it dries  
strain in more wine & stir it often as it dries in y<sup>e</sup> Sun then strain  
y<sup>e</sup> herbs hard y<sup>e</sup> there be so wine left in them & w<sup>th</sup> ad y<sup>e</sup> in it is a  
thick dough take half an ounce of saffron dried to powder very fine  
& 4 ounces of methuradate mix altogether & make it up in little cakes  
& let y<sup>e</sup> dry in y<sup>e</sup> Sun & keep y<sup>e</sup> close & dry for use & when you use them  
scrape it & take it in a glass of warm ~~sweet~~ sack or burnt wine or warm  
ale & lye to sweat you may take as much as will lye upon a shilling

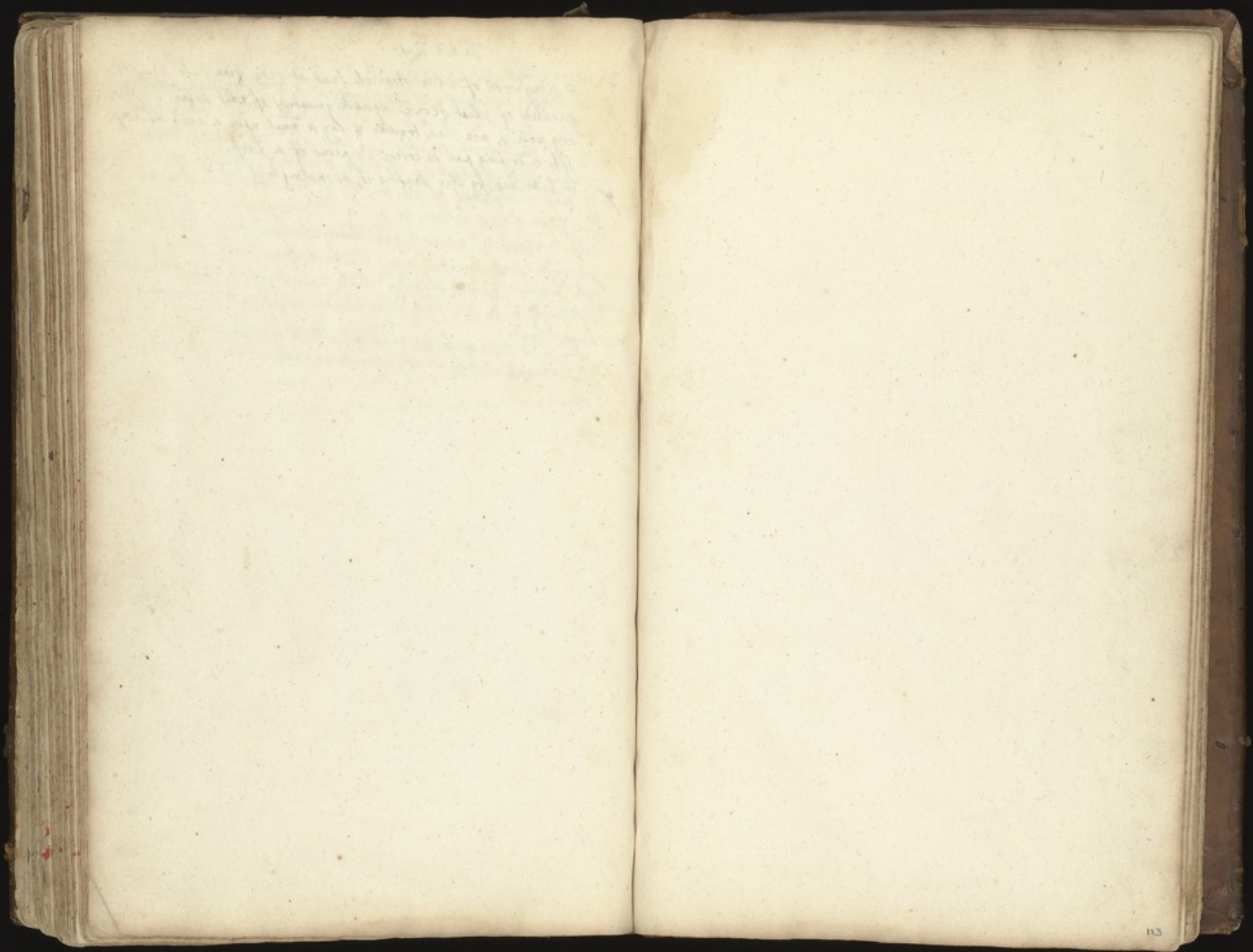
A snail is good for a Consumption

Take 3 galons of snails put y<sup>e</sup> in a pail of water & a good  
quantity of scope & find to purge y<sup>e</sup> & a handfull of salt & w<sup>th</sup>  
they have purged as much as they will take y<sup>e</sup> out of y<sup>e</sup> water &  
Stamp y<sup>e</sup> shells & add to peins, y<sup>e</sup> put to y<sup>e</sup> 3 pints of storax of  
red roses milke of putting cloves & ginger y<sup>e</sup> weight of a shilling  
& of rose 2 shillings of raisins of y<sup>e</sup> sun dried half a pound of  
blue figs y<sup>e</sup> best y<sup>e</sup> can be got & blew curraus shid smal of each  
half a pound of yarrow & good handfulls hartstrong liver wort  
Sparagus Scabious Equisemum hyssop & Spearmint one great hand-  
full beat y<sup>e</sup> spices & thred y<sup>e</sup> herbs very small mingle altogether &  
dish y<sup>e</sup> in a cold still close leaded let y<sup>e</sup> water drop on white  
sugar Candy  
you must take a large wine glass full of this water at a time in  
y<sup>e</sup> morning & at 4 in y<sup>e</sup> after noon & an hour before bed time

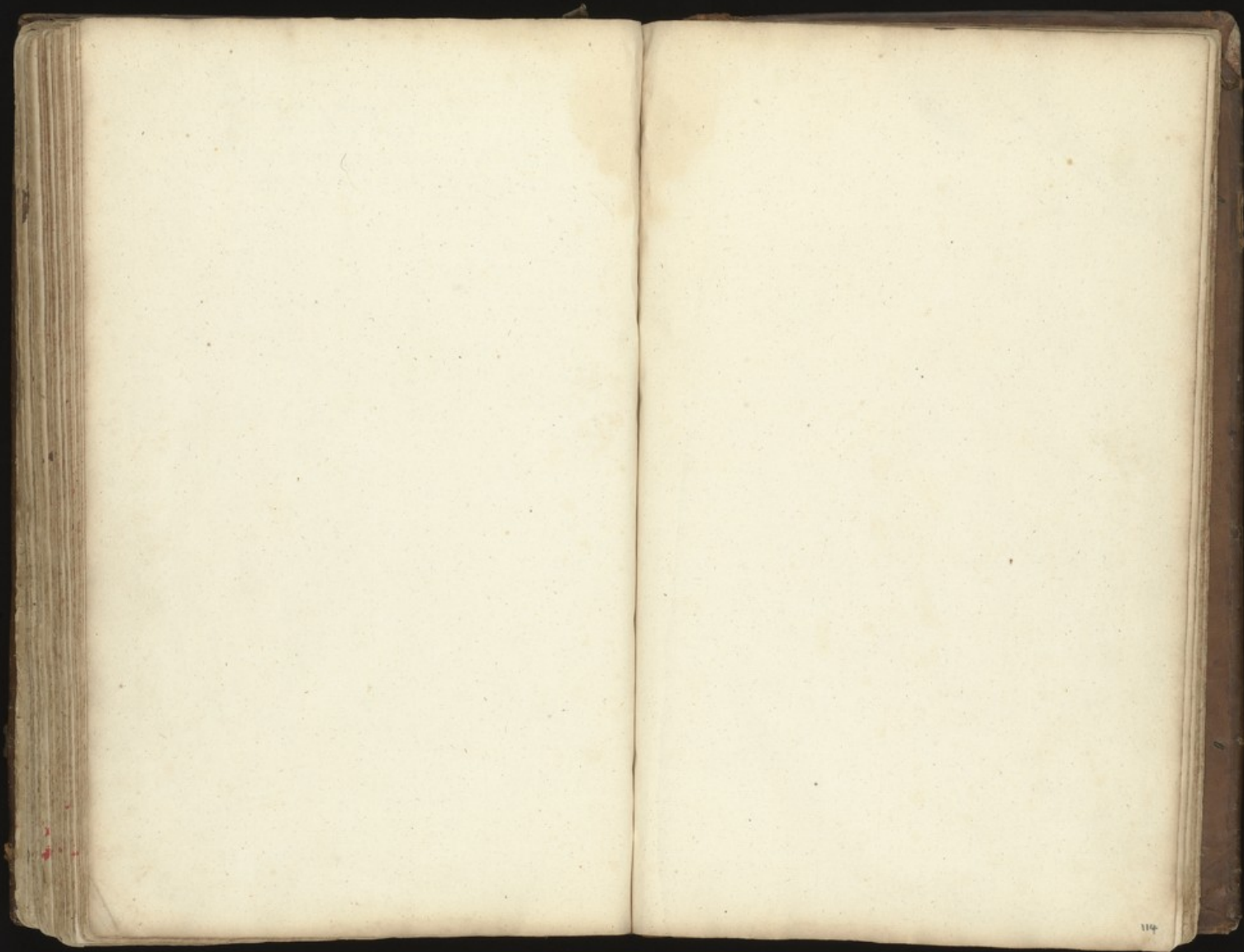


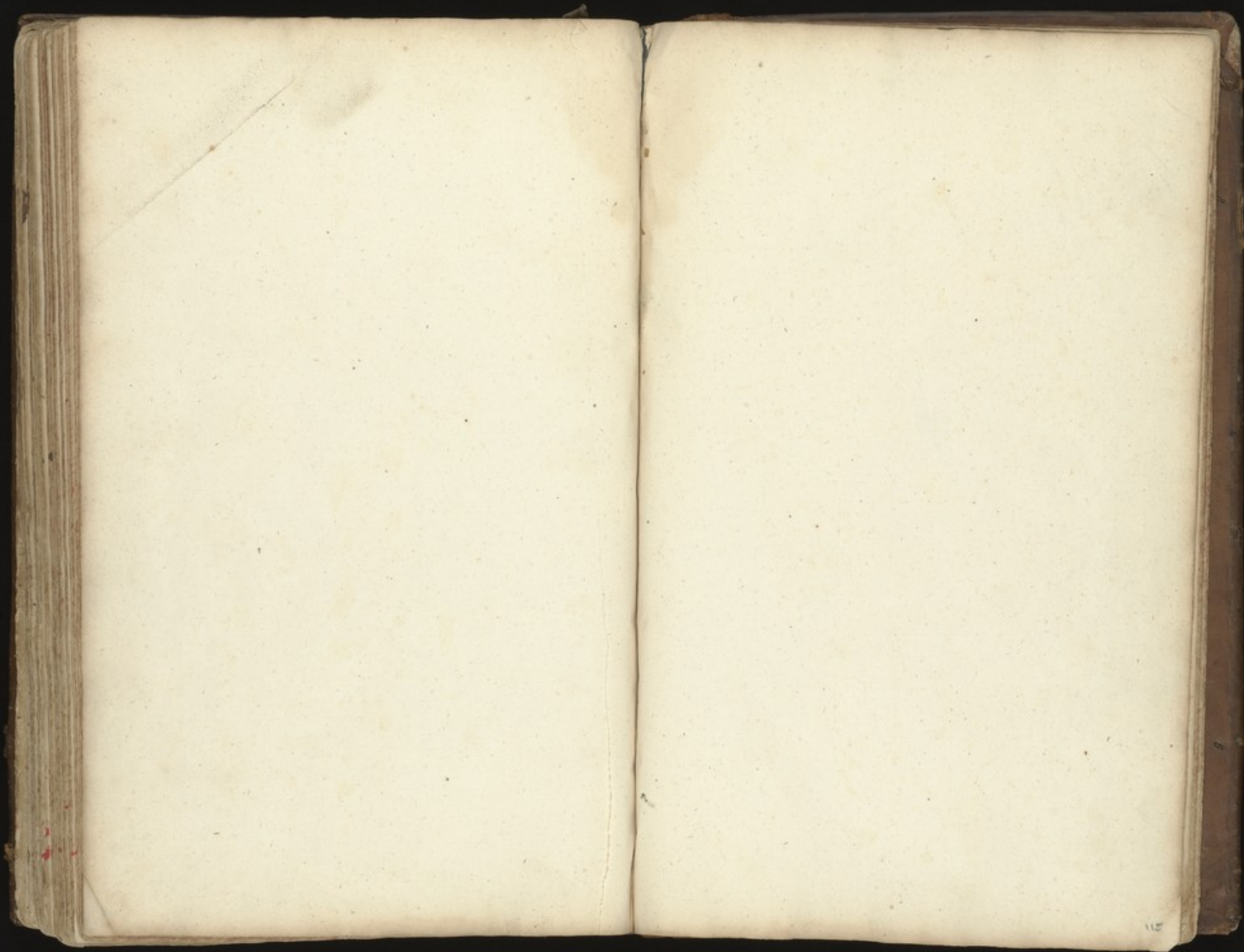
Take a pint of white wine put in it a hand full of yarrow  
boyle it till it come to half then strain it & mix it with

2 penny worth of white Arsenick beat it very fine take equal  
quantity of wheat flower equal quantity of white sugar Dry them  
very well & mix them together & lay so much upon a card made up  
like a drying pan as covers y<sup>e</sup> point of a knife  
it kills them by this sucking it & sucking it

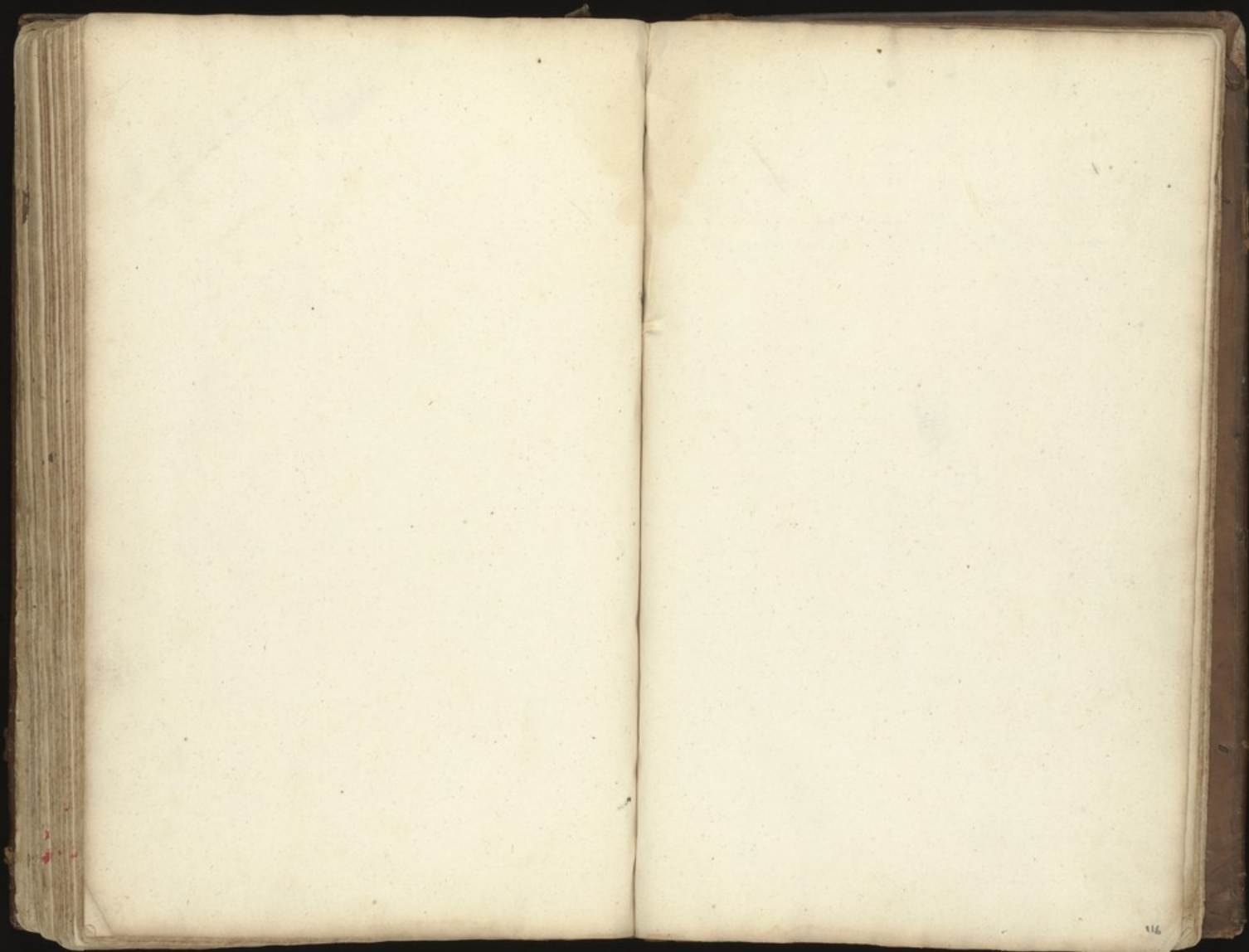


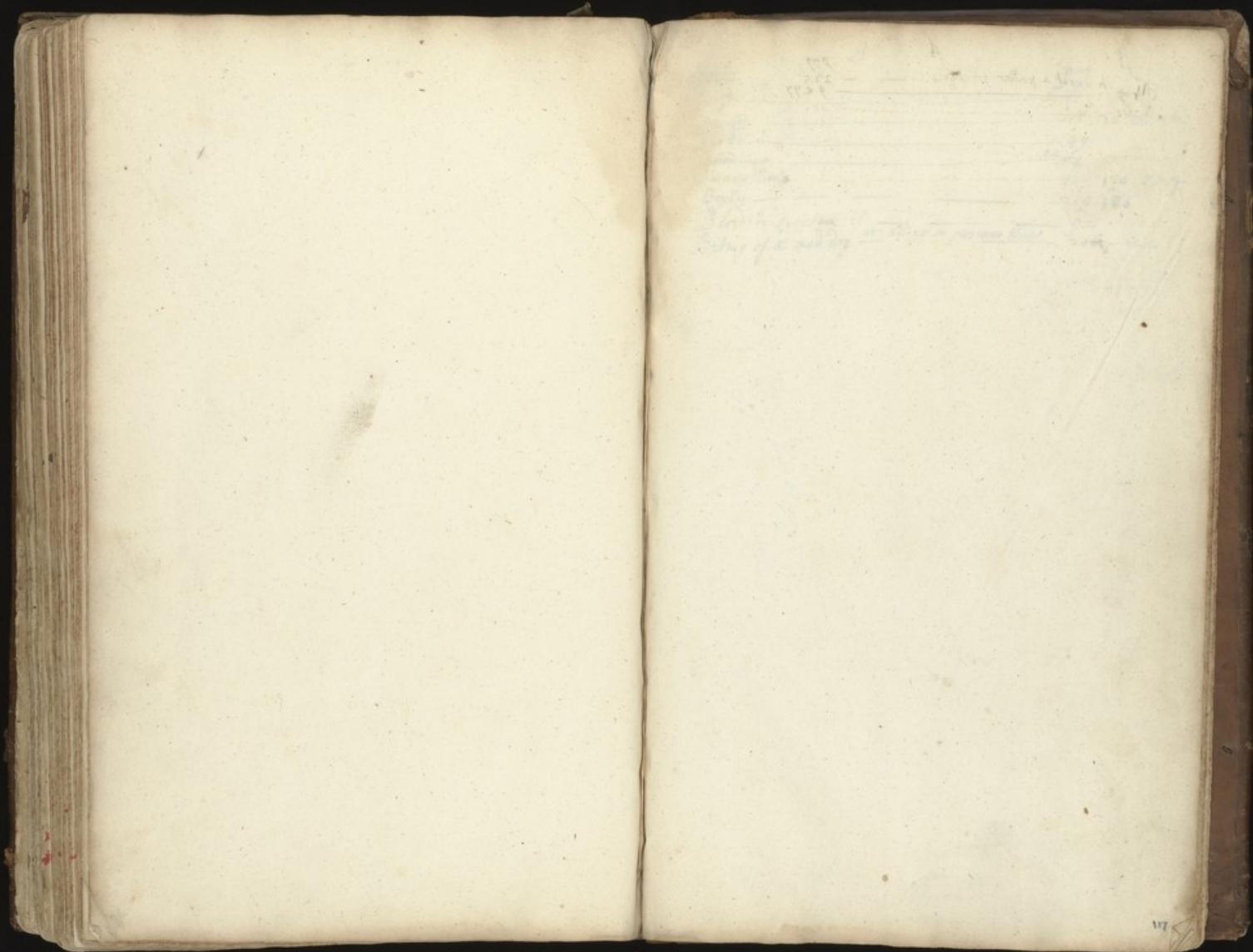














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## A plaister for a Quinsy

Take figs & caries, Album greckum half an ounce,  
flower of brimston long paper of each a drame Brandy  
2 ounces Chymical eye of wormwood 16 drops Diasodium as  
much as will serve <sup>or oil of</sup> pices Surge 2 ounces beat all these in  
a mortar till well mixt spread it upon soft leather & lay it  
to y<sup>e</sup> throat from ear to ear, & renew it as often as it dryeth  
if you have not y<sup>e</sup> eye of wormwood some of y<sup>e</sup> herb dry or  
green may serve



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John

James

James

W. J. G. G. G. G.

VIII: 11: 1

VIII

10/10/10

2 2 2 2 2 2 2 2 2 2

Thomas

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