

Nevile, Anne

Contributors

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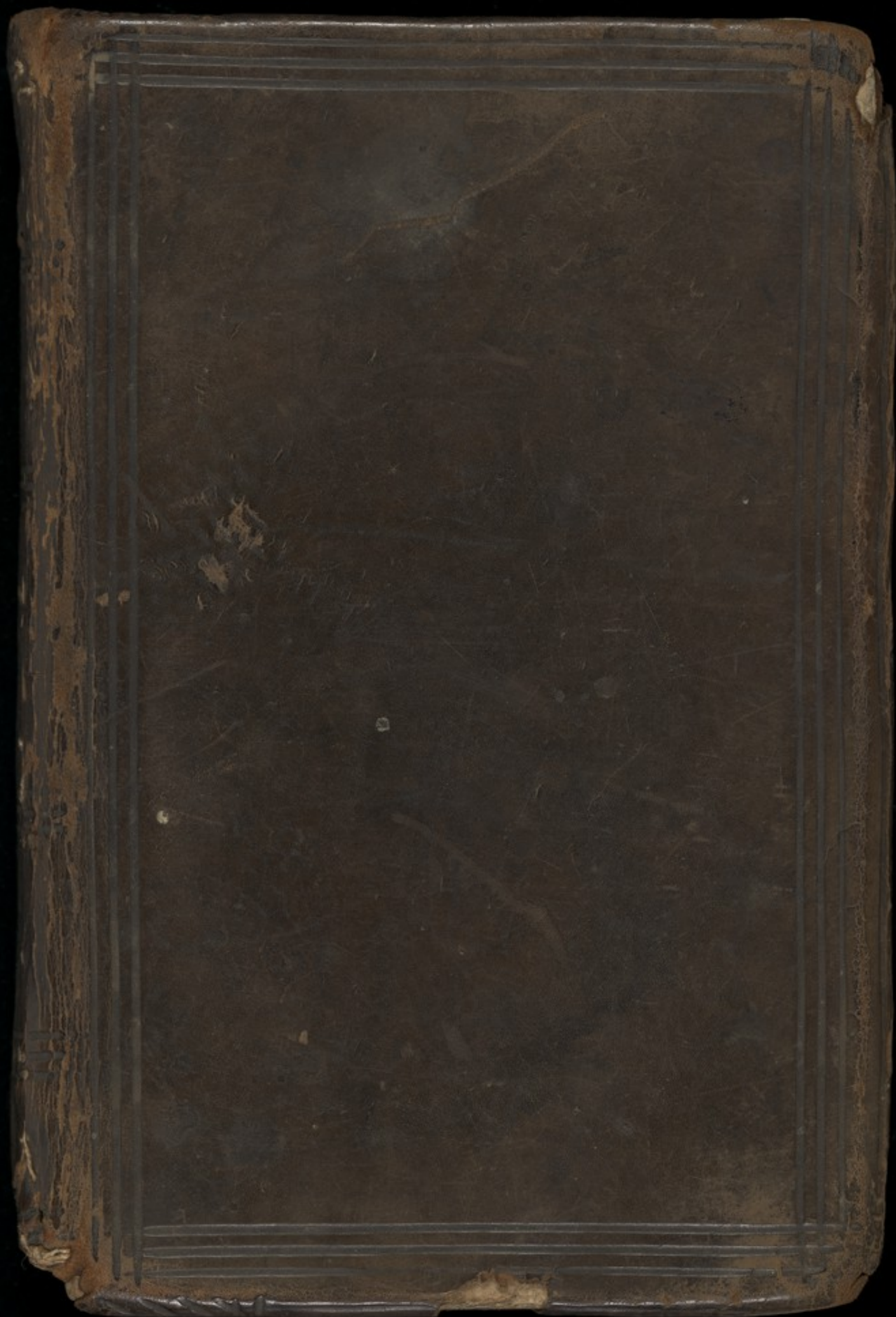
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for the plague sore or bite or any sore
take a turnip and boyle it in fresh butte
and make it into a pottage and apply it to
the sore and it will breake it

4

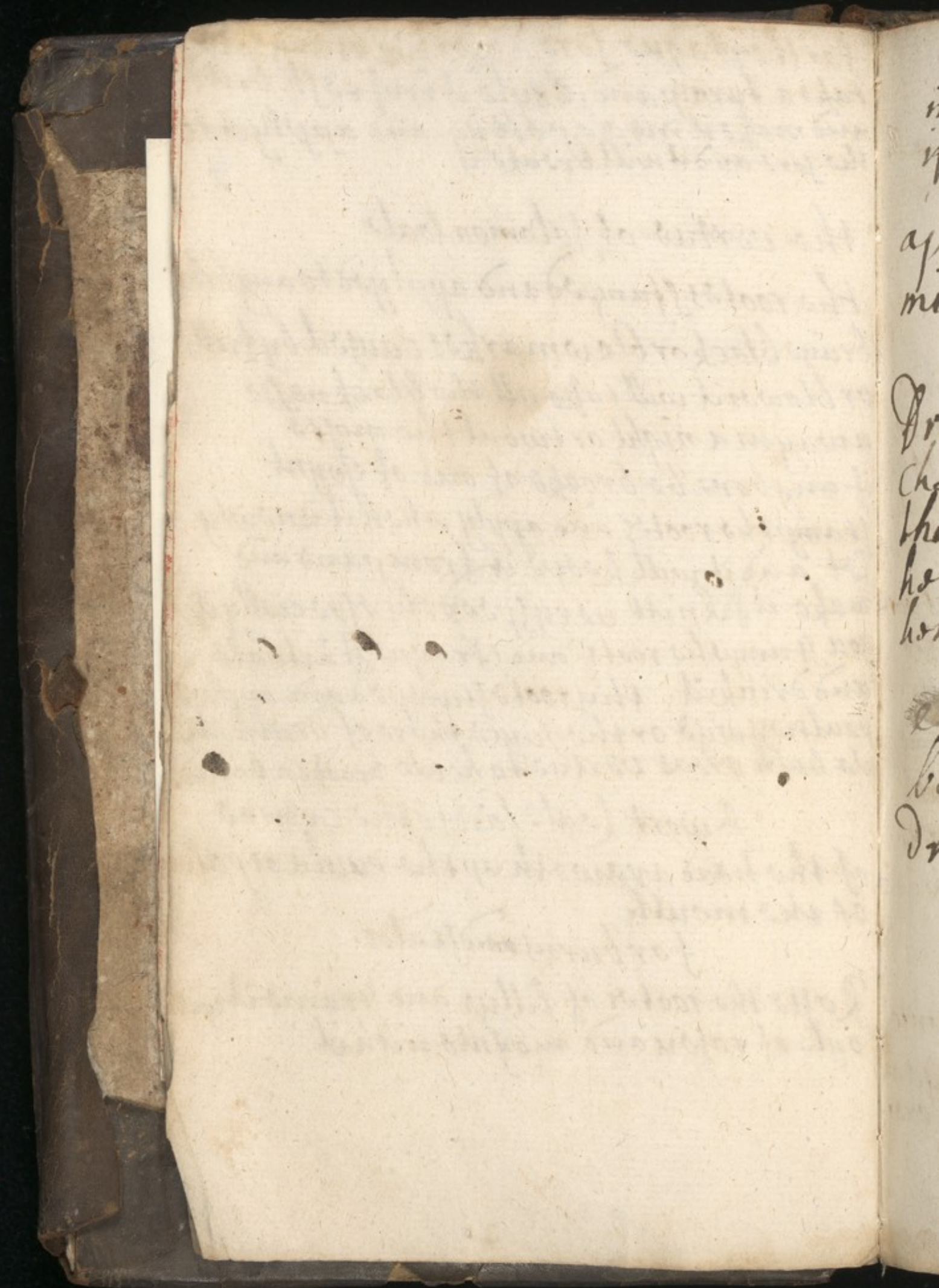
the vertue of solomon seal

The rootes stamped and applyed to any brui-
se bruise black or blew marks caused by falls
or blows it will take all the blackness
away in a night or two at the most
if any bone be broke out of joint
stamp the rootes and apply when it is newly
set and it will kedge it from pain and
make it knit very speedily specially if
you stamp the roots and strayne it into ale
and drinke it. this roots stamped and applyed
youltiss wif or the juyce thereof drunke in
ale hath great vertue to heale broken bones

A wort leaf laid to the crown
of the head draweth up the euile or paine
of the mouth

for burns and scalds

Roste the rootes of dillies and straine it with
oyle of roses and anointe with it



to prevent a gangren 5
in swins or any beast
if they be bit or hurt

apply to the sore red clay
mixt with thick cream

for a pain or stick
Drink passot drink with wild
Chorrell boy to drink it it is
that which most call
hemlock but not stinking
hemlock for a colic could

~~be used~~ in children
boyle tannhoofer in pots
Drink and drink it to bed

For a totor

Boate Cream and tar together
and there will be a water a boord
wash the place there with

For the Collick

Ripe etorr berries dryed in the shade
and ox pisse cut a thwart in round
pieces and dryed in a cleane earthen
pott in a oven boate both severally
and take of them ana m white wine

To make oyle of St Johns wort
as my mother use to make it

Boyle your St Johns wort in fat St oyle
till it be usry strong but be sure you doe
not boyle it to fast for feard it be black
and when it is could put to it usnes
turpentine to a pint of oyle an ounce
ounce of civet turpentine

For my ordnery ague

take a boate 20 bayles and beate n to
powder mixt with honey take it halfe an
houre before the fit you must use exor
Cise or ly downe

Sleepe to cause

6

yoyle seedes m^j: Rosemary leaves
and camomile flowers of both m^j
beate all these together and put them
into a mortar and oyle of roses and
make a plaster of it and lay it warme
to the temples

for a Cough

take as much powder of brimstone as
you can take up betwixt your 3 fingers
and take it in an egge halfe rosted before
breakfast five mornings for a man and
3 for a child

A plaster to ripen an Impostume
in the throat

take the inside of swallow nests as much
oyle of sweete almonds and of camomile
as will soften it lay it hot to the patients
throat

A plaster for the stomach ^{ack}
if you vomit ^{from} spread it on leather and lay to the

take Rose leaves and wormwood dried of
each 2 ounces mastick 3 ounces spicknard
i ounce beate all these to fine powder onely
the mastick it must be rubed to powder
then take halfe a pound waxe and a y^o
and halfe of oyle of roses melt all together
then put in the powders stirr them
and boyle them till they be hard then
make a rowle and keepe it for your use
it is good for paine in the stomach

for the Chollicke ^{and for}
~~take white wine 2 ounces~~ ^{take white wine 2 ounces}

cloves dried
nutmeggs and halfe a drame of

of gallingale a drame stampe them
grossly and lay them in the wine
all night and in the morning drinke
it with a little sugar drinke this twice
a weeke fasting proved

to cure the swelling of the
throat within or without

take a pinte of new milk Rose leaves
bramble leaves and sage ana m^j.
boyle all these together with 3 spoon
full of bet oate meale and a little
deare suet in it when it is well boy
led and well beaten lay it hot to
the paine

for numbness in any Joynt
take muskedine and a little hay and
boyle them together and bath the
place with it 2 or 3 times in a day
for a consumption

take mares milk or cows milk but
mares is the beter and put to it gray
snayles well washed in salt and water
boyle them together a good while
but first take them out of their shells
when they are boyled a novgell stray
them and drinke it the way to get
them out of their shells is to put them
into warme water

for a sitch in the side or ja
fry oates with good vineger and sew
them in a linen bag and apply it hot
to the side when it is cold lay hot to it

The balm of Adders tongue
good for greene wounds

take of the leaues of adders tongue
and pound stamp them well take a
pinte of oyle of olive boyle them to-
gether on a soft fire till it bubble then
take it from the fire and straine it and
put to it one ounce of venys turpentine
set it on the fire againe till it be incor-
perated then put it into vessels for your
use

for a burne

take the white of hennus & orange and
the moss of a stone wall and the moss
of a mold hill boyle them in may butter
or gauls grease and it will heale you

for a stick in the side

take strong horse dung that goes at
grasse steepe it in ale one houre then
straine it and put to it grated ginger
and rub the cup with nutmegge
to give it a good smell you may sweeten
it if you please and drink a good draught
of it in the morning fasting. take more
horse dung and fry it and put 2 or 3
spoonfull of a quarte to it and lay it
to your side hot when it is cold take more
doe so 2 or 3 times proved

another for a paine

Cumomile chopt and fryed with gauls
grease and put in a bag and applyed hot
to the side renew it when it is cold with
hot

for stopping of the lungs
and Shortnes of breath

take persly rootes and licoriz ana
halfe an ounce quince seedes and
linseed ana a quarter of an ounce
Sebestens and Iujubes ana 12 figs &
a handfull of mallows boyle all
these in 6 pints of barley water to a
pottle and take of it as much as you
please when it is done make more
Dr hanson

for the Cancer in the
mouth or to wash a sore
take sage leaves woodbinde leaves
bryer leaves plantan leaves dasy
leaves and rootes of each of all these
one handfull a good stalk of rose
mary white vitriol as much as a
walnut roche alome as much
white wine a penyworth life hon
a syonfull and a halfe boyle these
in 2 quarts of running water till half
be wasted then wring them in your
hands and put to the water remaining
the white vitriol and alome and
hony and wine give them a walme
or 2 together and when it is cole
put it in a narrow mouthed glas or
Juge stop it close and keepe it for your
use the older it is the beter it is

8

a water for the cleyning of any
corrupt sore canker hollow ulcers

take 2 quarts of running water
set it on the fire in a pot put to it as
much roche alome as will make it
prety sharp and as much life hony
as will make it prety sweete boyle it
it over a soft fire scum it whilst any
will rise then put it in a stone dish
or bason of stone none is so good as stone
till it be like warme then put in 2
ounces of vert grease beaten small
then take a wooden stife and beat
it till it be cote then let it stand till
the next morning and cleave it in
to a bottle or glasse when you use it
warine it in a saucer or what you will

for a yricke with a thorne

take Sallandine and oryxine ana
one handfull chop them very small
boyle it with oyle olive and waxe
strayne the same and make plasters

for aches in the buttock bone

take sm allage and lovage of each
2 handfulls mallow 4 handfulls
of dears suet 2 ounce boyle them in
running water 2 y^e bath the place with
it to bedward lay the substance
on the place or

torpentine 3 ounces compounde
with a gravillie and anoynt the place

another
neate footo oyle 3 ounces and oyle
of spike halfe an ounce and anoy
in the place with it

another
take one handfull of rosemary
2 handfull of camomile boyle
these in faire water and bath
with it against the fire

for a swelling in the hands
or feete a peltis
take 6 handfull of camomile
1 handfull of hyssop and 2 of mall
owes and 1 of whiteilly rootes
the powder of sinich root and
finseede boyle all well in milk
a pultis and put in swines grease

for a cold cough and flegme
take hysope and penniriall and a
halfe a handfull licoras a little
brused 10 or 12 rosons of the same
stoned and some anniseedes bruse
boyle all in a quart of ale and drink
it at twice first and last warme put
in hony and a little butter

for the stone

lett Toys leaves steepe in ale all night
and drink it in the morning fasting
another

take 3 spoonfull of the Ioyce of
betony a little peper beaten drink it
in halfe a pinte of white wine fasting
it is good for the stone in the back
another for bring it to
gravill

take 2 orringe pills and 2 new layd
egge shells boyled; halfe an ounce of
ginger powder these and put them
into ale drink it in the morning
and ride 6 or 7 miles on a trotting horse
if you be like to make water yet doe not
ill you com at your forneys end make
water on a cloth to see the affect
after your drink you must eat a red
onion without bread

For a child that is bound
in his belly

take stonecrape and may biter
stamp them together and dippe bla
ck wood in it and warme it well aga
inst the fire lay it upon the navill
but first annoynt the navill against
the fire your wood must be got be
twixt the sheepes hinder legges
may coter is good by it selfe

for dume eye

mixe the Ioyce of balme with a
little hony put a litle of it into the
eye 2 or 3 a day

for a consumption cough
take a peck of turnips pare and slice
them then put them into an
earthen pot and set them into
the oven with bread when you
take it out strayne it through
a strainer take to every quart
of Ioyce a pound of sugar boyle
them and skim them put in ani
seedes and libras and one ounce
they must be brused boyle it to a
thick syrrope strayne it and when
it is cold take of it morning and
evening 2 spoonfull at a time
for trembling at
the hart

take the powder of borage flower
and of amber and of nutmeggs and
of cinamon and of the bark in a
stags hart all these powders in
wine or beare morine and even
and you shall finde ease these
things must be well proportioned
by good advice

for the emeroles

take oyle of daniel woot and with a
litle soft wood put some of them in
to the fundament hot warme and
apply the rest to the fundament or
with a mylet leaf

To make Jelly of harts horne
 take 4 ounces of harts horne boyle
 it in 3 ymks of running water on a
 soft fire till it be a ymke then strayne
 it and sweeten it with sugar and put
 in 2 spoonfull of rose water and 1 spoon
 full of cinnamon water if you have it
 if not boyle Cinamon mit before
 you strayne it keepe it for your use
 for a consumption

take the roter of Paisely fennell
 and Suckorry of each halfe an ounce
 cleane picked and sliced polipodium
 of the oake 1 ounce hyssop agrimony
 and epithymum ana 1 handfull
 ashe bark and tamarisk ana a
 quarter of an ounce licoray 1 ounce
 sweete fennell seede halfe an ounce
 Rosory in the sun stoned 4 ounce
 2 or 3 figs boyle all these in a pottle
 of running water till the third part
 be consumed then strayne it out and
 to the liqvore put the juyce of brook
 lime and of water creases of each
 2 ounces drinke every day 7 or 8 spoon
 full if it warme in the morning
 fasting at 10 of the clocke and at 3 in
 the after noone
 for the scrovy

take one pinte of the Iyce of
Scorrey grass halfe a pinte of the
Iyce of lemmons 6 ounce of sugar
2 ounces of Cinnamon water
put all together into a bason
when they are well mixt
strayne them 3 or 4 times till
they be very cleare then take 6
spoonfull of it in the morning
fasting and fast 2 howres after it
doe this till all this bee done

It drinke to cure all sores
inward and outward

take wormewood mygwort fenicle wido
bodall broad plantine avery ribwort
white daisy rootes leaves and flowers
wood betony red brier leaves lady
mantle rindelson egermony boyte
these in 3 quarts of white wine till
halfe be consumed then strayne it
out and sweeten it with hony a pound
the use of it

Take 6 spoonfull of it morning and even
for 10 dayes together or more you must
also wash the sore with it if it be deep
with a serence if not with a ragge

to stanch bleeding in a wound

take a lowase secatrina bole armonicke
and amber of each a like quantitie make
them in powder and mixe them a streu
them upon the wound and lay a litle

11
hara downe on the top of it and binde it on
another

tobacco ashes strewed on the wound
will doe the same

for a great cough

take rosemary bettony scabius cowlt
foote here hore of each a like cutt
them like tobacco put one drop of oyle
of anniseedes to them take it in a pipe
and swallow the smoake

for a dropciall swelling

take plantain cicory knot grass and
burnet and 2 handfull yarrow shep
herdspurse and i handfull stam and
straggle the force of them into a
gallon and halfe of new wort and
give it a boyle on the fire when it is
coole barne it and tun it up with
one handfull of harts tongue one
handfull and a halfe of cymony
halfe a handfull of wormewood
one ounce of licorice halfe an ounce
of fennell seede a quarter of an ounce
of yellow Sanders one nytmeg
grated and halfe a pound of raspe
in the sun tye all in a cambric
bagg with a flint in it to sink it let
it stand 3 dayes then drinke of it
morning and at 4 a clock in the
after noon

to stanch bleeding at the nose or wound
dry some of the parties blood to powder
and snuff it up

for the uvula or palate falling
take a handfull of feather few rub it
well betwix your hands and lay it to
the top of your head and it will draw
it up proved

to make teeth fall out
take the roote of mulberry tree lay
it in steepe in strong vinegar dry it in
the sunne beat it to powder touch the
tooth with it and it will fall out

to make childrens teeth cut
rub the chins gums with the branes
of a hare or hen once or twice a day
and they will cut with out paine

another
take the tooth of a colt of a years
old and hang it about the neck of
the child or the tooth of a calf
but a mans tooth that is dead is
beter then ether

for the tooth ache
were a dead mans tooth in your
socket teeth to fasten

seeth the rootes of vervine in old
wine and wash your teeth there with

to make the face faire
wash your face with bene flower
water or burnit water

for freckles in the face
when you goe to bed rub your face
with the blood of a hare or a bull
next morning wash it off it will cure
them

12
for serke cyffe cyffe of wheat
take of your best wheatt lay it vpon
a cleane smooing iron hot a paxe of
tongs red hot and lay them vpon
the wheatt hots them hard on and
there will be an oyle run from
the wheatt which you must take
off with a feather and put it into rose w
ater red or white

at a time warme

Sinewes shrinke
neates foote pyte oxe galls a quavits
and rose water ana ℥ij. and ~~rose~~
rose mary Dj. boyle it to halfe then
strayne it and keepe it for your use

for bruyes inward or outward
toothache wince or any paine
within or without
an exlt balseme mis holder

R. Sarsaparilla well scraped pickt
and rubed cleane mj. cut it in shor
peeces spirit of wine li. put them
together into a glase bottle well cork
ed and luted with paste made of wheat
meale and the white of an egge let
it infuse vpon warme ashe 2 dayes and
nights till it looke like sack then stirre
it gently and put to it gume guaiacum
℥ij and let it be on the fire one day
more now and then shaking it then
take a spoonfull of frew black balsem
or more and cork the glase close and
shake it an howre together and then
let it settle a night in the morning pour
it out gently from the settlemēt
and dreges and keepe it in a glase close
stoppt

A silly bub to make
take a pint of wine and 2 lemons joyce
and a litle ring sliced and sugar and
amber greece and a sprig of rosemary
then take a quart of cream and
stand high and power it on the wine
let it stand a day at night it will be
fit to eat

An Apple tansy to make
take 12 pipins pare and core
them take a litle sack and rose
water put it to them and stew them
till they will pulpe then take 10 eggs
well beaten halfe a pound of sugar
and as much Joyce of barley as will
make it greene beate all your eggs
sugar and Joyce of barley together
with some nutmegs and salt then
take almost a pinte of thick cream
creame put in your apples and
beate all well together fry it with
sweete butter like a tansy and serve
it up

a powder for wormes
take worme seede an ounce
Sena a quarter of an ounce
Coriander seede prepared and
harty horne of each 8 granes ihu
barb a draine new halfe a draine
beate all these to powder severly those
things that stand in neede of drying
must be first dried seave them
every one by them selves and
mixe the quantities afore said
from 10 granes to a draine may
be taken of this powder 10 granes
for a child in wine or ale 20 granes
or for one that is stronger

a scruple and a halfe for a strong
body you may make an electuary
of it with honey and take a greater
quantity - or take halfe a dram or
2 scruples of it in a litle syrup of roses

for the bloody fluxe

take the blood of a hare dried and taken
inwardly helps it the bones of man
or woman in powder doth the same

for tooth ache.

the Joyce of new drop into the eare on that
side your paine is and lye on the other side
2 howres after

sores breasts

beat figgs well and litle hoggs grease and apply
it hot to the breast if the breast be ready to break
it will break it not else

oyle of dainewort to make

chop your dainewort or dwarfe elder
which you will call some call it wall
wort chop it and put it in a pot then
melt fresh butter may butter if you have it
or galls grease and when it is all melted
put it to the dainewort and mix them
well set it by and if you will you may
let it stand a month to rot and then
boyle it and strayne it and so use it
it is good for the embroas^{and} shingles burnes
and scalds cow pays st anthones fire
and for any inflammation and any out
breaching blisings

strawberry leaves wioris put in yafin sage red roses
style of egrimony lavender charity
take egrimony camomile rosemary st
johns wort foye and patsely of each a
like quantity chop them small and
melt may butter or fresh butter and
mix all together put it in a pot set it in
a moist place 2 months to yott and then
boyle it and keepe it for your use
This is good for all fches and paines
and swellings broyes

R for bleeding at the nose or eye
smallage borne a bovt one stops bleeding
by nose and wound

R take amber and brvise it into a groase
powder put it vpon a chafing dish of
coles and receve the smoke through
at vnnell another

when no other meanes will stop
the bleeding at the nose then open a
vaine in the eare

R hoids the speech lost
in your mouth and you will speak
presently

R drink a spoonfull of joyce of betony
with milk every morning

R take the joyce of reu and black mint
and snuffe it vpon the nostrils
for a stinking breath

R for the falling downe of the
vula or pallet of the mouth
put it vpon with peppor and honey
these few shortones is culverer with

For the Kings evil

Take ten ounces of the
water of ~~Good~~ ^{Good} broom
flowers distilled, and give
in the morning to the
patient fasting and it
will purge the Evil humor
downwards and wasteth
and healeth the kernels
without breaking them
outwardly

For a Loosness

take one ~~quart~~ quart
of new milk and salt.
a pint of distilled plantain
water, set your milk over
the fire and when your
milk by boiling rises up
take ten or three spoonsful
to allay the rising and when
it rises again do the like

and so in like maner
till all the planten water
be all in and boiling up
as before Let y Patient
drink thereof warme hot
or how else he likes I never
yet found it fail of curing

6 For corns on the foot or elsewhere
Apply to the corns when they are cut a
Plaster of barne and salt mixed 16

For ache in the Limbs
10 Take camomile and harebround ana fry
them in may buter and lay it on a red
cloth and bindo it on

To fasten loose teeth
11 blowd your teeth then take harts home
shaved and jimpennell and brvise them
well together and put it in a cloth and
lay it to the teeth

For a canker in the nose
12 boyle stale ale and scume it then put
in to it hony and allome ana then
with a Squirt it into the nose warme

Rhume falling from the head into ^{the} eyes
13 boyle or burn the ryne of hysop and
receve the fume into your mouth

For a danerous cough
14 mixe aggravity and salt and strong
ale upon the fire and anoynt the soles
of your feet hat there with when yee go
to bed

2 vomiting to stay

15 Take wormwood and sower bread toasted
ana beat them well in a mortar adde
to it the wyce of minte and plantan
ana 9 5 to bring it to a thicke salve then
fry it a frying pan and apply it hot to the
mouth of your stomach then drink white
wine chervile water mixed together and
drink thereof 7 or 8 Spoonfull at a time
then steep a sower bread toast in vinegar
and ty it in a cloth and smell there to

Paine in the stomach

16 Take powder of harts' home sinamon ana
mix them with vinegar and drinke there
of 7 or 8 Spoonfull at a time

Difficoltty of urine.

17 Smallege ill anise and burnett ana dry
them and beat them to powder take
half a Spoonfull of this in a good draught
of white wine

Hot urine and burning
18 drinke every morning a good draught of
new milk with sugar and absterge
abstaine from hard and fatter beere

Stone in the bladder

a good Radish roote and Slitt it Crosse ways
twise from one end to the other and strayne
it in white wine L. j. close Stopt all night
and the next morning drink it fasting
this do diverse mornings together. ~ ~ ~
heate of the Liver and it

boyl barberries in clarified whey, drink

yellow Ganders an excelent remedy

21 Saffron powdered 2 and as much eggeshel
powdere and as much nutmeg take as
much as will ly on a great fevery morning
fasting and it will helpe you

22 For a stitch
put a good quantity of Sinamon grated
into poset ale very hot and drink it a pre
sent cure

For a payne in the Side

23 Dry mugwort and red sage betweene
two tile stons and put it in a linen bag
and lay it to your Side as hot as you can

Flat sicknesse

24 mix the powder of galingale with the
Joyce of borragge and drink it warme
A nother

25 Take rosemary and Sage ana m^j. boyle
them in white wine or ale and drinke it
warne

26 For hard labor in child bearing
drink 4 Spoonfull of an other womans
milk and you shall be delivered presently

27 For stinging of adders or any venemous
Take horehorne small ge porrets small
mallows wild tansy ana brvise them
small then boyle them with milk and
oatmeale deeres suet or sheeps as much as an
hene egge to a thick plaster lay it on a ble
cloth as hot as can be suffered

28 For a swelling in legs or feete
boyle water cressyes m^j small choyt
in thick wine lees with wheat bran and
sheepe suet let them boyle til it bee thick
then bind some of it a boight the grieve
with a lining cloth as hot as can bee
suffered renewing it once 24 houres this
will take a way any both the paine
and swelling Black m^dors

29 Drink the wyche p^rengriall 3 or 4
Spoonfull at a time or drinke of the
decoction of the earb in whit wine

For Dimonisse of Sight

18

30 Rx red rose. leaves Smalage maydenhawe
encivo sucory red fenell hiltwort and
celandine ana 3ij. wash them and lay
them to steepe in white wine 24 houres
still them in an ordinary still the first
water will be like gold the 2^d like silver
and the 3^d like balme every of these is
excellent for the eyes and it hath received
in 4 days sight that hath bene
lost 20 years

For a borne or scald oyle of eggs
31 Take 6 new lade eggs and rost them
hard then take out the yolke and put
them in an earthen pott over the fire
on hot embers then stire them with a
slice whilst thay looke black and come to
an oyle which oyle being clarrified put
in to a glasse and keepe it for your vse
with this anoynt any borne or scald

Sores to dry up

32 Take Smalage groundsell mallows and
violet leaves ana chop them small and
boyle them in milk with sheeps swett
and brused oatmele to a poultis
apply it to the sore

4 For stopping of the Spleene

- 33 boyl fenell seeds and roots in water
cleane it and put to it honny and drinke
there of and boyle the Heart in
oyle and wine mixed and apply it
yelafterwise to your Side hott as you can suf

hardness of the spleene

- 34 boyle wormewood in oyle olivo and
plaster it to your Side after you have
ancynted it well with oyle before the sun

For stuffing in the nose

- 35 mixe the ioyce of ^{new} Rose and pennyryall
and snof it into your nose

- To heale the sore nibbles of a bea
36 boate blanchd almonds with red rose
water lay it to the nibbles

For paine at the hart

- 37 Take angelica roots harts horne burnt
bayberries saffron all powdered put
to them london treacle and take ther
of the quantity of an nutmeg at a ti
a iurge

- 38 Rhubarb the wight of a french
croune in 7 scoonesfull of Syrop
of roses

39 For swooning of a woman newly
brought to bed
mugwort mints motherwort in all m^j
boyle them in malmsy $\mathcal{L}$ ij and give
her 2 or 3 Spoonfull there of at a time
to drink

A Glyster to make
40 veale or chicken broth boyled with
opening hearbs as mallowes marcnvy
grov to it $\mathcal{L}$ ij of that broth syr of Roses
and oyle of olife ana a spoonfull

41 For a cough
renidas $\mathcal{Z}$ ij rosemary flysor ana m^j
figs or rasens stoned $\mathcal{L}$ ij boyle all in
running water $\mathcal{L}$ ij and wine $\mathcal{L}$ ij till
2 y^ts be consumed then grov ball of iuyce
of Licoras and let it dissolve in it take
there of 2 or 3 Spoonfulls first and last

42 For the chime cough
let the child drink and eat all his
milke or porrage out of an Ivy dish
and sometimes seepe some slices of
ivy in his drink

^B
43 The back to strengthen

Take a spoonfull or two of syr of gilly
flowers by it selfe or in borage water
or in beere in the morning at night or at
noone

44 For one that cannot hold his water

Take the hard horne that growes on
the out side of a horses leg dry it in an
oven and beat it to powder and take there
of in posetalle as much as will lye upon
2^d to bed and also in the morning

45 For one that is thick of hearing

make a loafe and fill it full of Sage
and bake it in an oven when it is baked
break it in the midst and lay it on both
sides to the ears as hott as can be
endured use this 3 or 4 times

46 For the yellow Jandies

make a piece of rusty iron red hot
and quench it in new milke 4 times
then drink the milke 4 or 8
mornings and every morning get a
new piece of rusty Iron Probate

For the Colick or Stitch

20

55 Radish leaves and fry them in oyle olive
spread it on a duble cloth and apply it to
the place very hot when it is cold renew^{it}

For burning and to take fire out

56 flower of brimstone and oyle olive beate
them together to a salve amoynt and
apply some of it to the grieve

For any paine or swelling that falls
into any part of the body after sickness

57 R mallowes 2 yts and wormwood one
yt stamp both together and boyle them
in fresh butter q^{till} the vertue
of the leaves be boyled out straine
it and keepe it for your use

For an old bruiſe

58 R mallowes camomile and fenerfeint
and boyle them in beare or ale then
put in cumme seedes powdered and whole
or bran stirring them well together
and put them into a bladder and apply
it to the bruiſe

For a Pleurisy

60 R the shavings of a bores tuske as
much as will lye upon 6 and drinke
it in a litle broth or in the oyle of
Linseed. For the stone and wind cholick

To make possit drink of white wine and
take of the cured then boyle persty
roots and fenell roots sliced boyle them
till the drinke tast of them drink
it as warme as you can

For a felon

61 R Smalage and reu ana chop them
small then put to it vineger musterd
and a piece of browne leuened bread
and a litle soote and a litle wheat
meale and boyle them together on
a soft fire to a poultyse lay it to
the felon as hot as can be sufered
vomiting to stay

62 R mint water ℥j and a pretty
quantity of cinamon boyle it to half
then straine it with sugar and so
take it morning night and after noone
and when you please

For a plerisy or impostume 21

63 **R**olibanum as much as a nutmeg
and a little sugar candy both powdered
finely then cut the core out of a
pippin and fill up the hole with the
powder and put the top on and roast
the apple tender mix it well with
the powder and eat: thus is good
against all stoppings of the Stomack

The Stomack to strengthen

64 and for Looseness

Rbetony minte sage rosemary ana m
shred them small and mull them well in
claret wine $\mathcal{L} 4$ then straine it strongly
and put to the liquor a good spoonfull
of mace and cloves and 3 spoonfull of
clarified honey take there of morning
and night and after your first sleep
Spoonfull at a time

For paine and weakness in the back

65 Stamp comfry leaves. m $\mathcal{f}$ and mix them
with 3 yolkes of eggs and a little fine
barly meale and eny after it warmed
over the back

8 For trembling at the heart and melancholy

66 Dip a toast of white bread in claret wine
and soake it then straw thereon
Diambra and Sugar both powdered and
eate it fasting and in the after noon

For loosenes and payne in the body

67 R a large white bread toast dip one
side of the toast in melted butter then
warmed a litle sack and dip the toast
in it and apply it warme to the stomach

For bleeding at the nose

68 take a small tent made of linnen and
dip it in white wine vinegar then
straw the powder of white coperos
upon it and put it up the nostrill

For convulsion fitts in children

69 R black cherry water a spoonfull
then slit a cat in the eare and take
2 or 3 drops of its blood and mix it
well with the water and let the
child drink it when he is in his fitt

A cordiall

70

℞ Conserve of roses ℥i put to it confec-
tion alkerms ℥i mixe them well
take the quantity of a nutmeg thereof
when there is neede

For blood vomiting upon an inward

Brise

uench a gad of Steele being first

71 red hott often in milk so often
till the milk be halfe consumed
drinke thereof warme ^{in the} mornings

For a Surfeit

72 cut of the top and bottome of a wheate
scape & a toast of the middle toast it
well then put it into a gravite in a
dish set on cha chafinoyh when the
a gravita is hot turn it til it have
dronk it all up lay it as hot as can
be sufered upon the pitt of your stomac

Sleep to procure a drink

73 ℞ running water ℥ij put therein
Licorice & slices red rose leaves dryed
my french beverly ℥s boyle it to halfe
then put to it 20 or 30 almonds
bleached and bete them and white popper
seeds

posy Seede brused 38 Straine it
2 Sweetening it with Sugar and rose water
Drink of it blood warme last to bed

For the Sore a plaister
74 R the yolks of a new laid egge
beat it with a litle muscadell then
grate a nutmeg and mix with it
Spred it upon tye and lay it to the
Temples

For stopping of vrine
75 Garlick a head and roast in the
embers lay it hot to the navile

For the wind colick a glister
76 mile L. 1. and sope the right of 6 Dor
mix them well boyle it and give
it warme

For the Splene
77 Batho the left side well with
white wine warmed and fill it smart
then mix vyle of capers and sweet
almonds together and anoynt
the place there with

Swelling to assuage a swelling oyle ²³

78 R camomile Sage and plantan ana
mij. chop them and boyle them in fresh
butter or cream q.s. to an oyle

For convulsion fits

79 R oyle of Spike and of amber mix
them and anoynt the ridge below
the nose the temples and the bone in
the hollow of the neck

To stay the falling downe of rheum

80 R nutmegs 2 and frankincense as
much beat them in a mortar small then
put in good vinegar mix them all together
and apply a plaster to the hollow of
the neck

For paine in the stomach or head
and good against the plague

81 R mithridate ℥ij London triacle
℥ij bole armonick and dragons
blood ana ℥ij finely powdered
mixe them well with conserve of
red roses ℥i take as much as an
hassell nutt at a time

10 For a sore breast or in any other place
that runs like and not matter a yulvis

82 Smalage elder leaves wormewood
chicken weeds mallows ana m^j.
camamile and red rose leues ana
℞. Linseed a good quantity brised
boyle all these well in new milk ℞.
then thicken it with white breac
crums and put som oyle olive in
to it and apply it to the sore warm

For the Sciatica

83 ℞ comon mallows a peck castle
sope and bole armonick ana ℞
chop the mallows and boyle all
in the ale to halfe then bathe
the party there with as hot as can
be endured where the paine is and
after lince on some of the mallows
hott so doe as long as the liquor last

For worms in children

84 take clarified hony melt it and put
a spoonfull in a draugh of new milk
Drink it fasting

For the megrim

℞ betony camomile red rose leaves
and comin seede ana m^j beate them
with 2 nutmegs and the white of
a new laid egge and a litle rose
water then boyle it with vinegar
and rose water in a dish over a chafel
ing dish of coles in plaster it and
lay it to the nape of the neck

For burns scalds inflammation

℞ Lethargo of goold and of silver
86 ana 3℥ white lead 3℥ powder then
small then with vinegar and oyle
of roes q^s make an ointment

For a fluxe

fat haws dry them and powder them
drink a Spoonfull thereof male
℥ss 3 mornings together
and evenings Probat

Sleep to procure

88 the leaves and tops of willowes and
some plantain leavs boyle them in
milk and apply it to wrosts and
it will inuice sleepe

For the Shingles

86 R moist doves dung and barley
meale ana Lij stamp them
well together then put to it
vinegar Lij mix it well and lay
it to the sove could put a wort
leafe vpon it to hold in the
moisture and binde it vp and
let it lye on 3 or 4 days and
then renew it if there be neede

90 For the Tympany
give the patient glysters
often made with the oyle of
renew For a Tetter or ringworm

91 pare a red dock roote and steepe it
well in vinegar and rub the worne
well with it if it be very ranke put
brimstone powdered into the vinegar
mix then well and rub the sore with it

Vomiting to stay
92 vinegar .4. spoonfull spring
water .8. spoonfull & life
hony .i. spoonfull mixe them
warne it & drink it fasting

23 For a consumption
mix flower of brimstone and Life hony
well together take there of at night
and 3 or 4 times a day

A Glycer good for the Stone
24 pellitory of the wall mix the barke of
perlye roots ms cumin seeds a Spoonfull
boyle all in poset drink Lij to halfe
put to it mix Sugar and fresh buter as much
as a walnut give it blood warme

For the Stone

25 boyle an old onion in white wine Lij till
halfe be consumed straine it and drink war

For cramps and paines in the Joynts

26 or else where oyle of danewort
Stamp dane wort in may and boyle it in
may buter q s straine it and anoynt

For a white Scall

27 Greene capers rosine waxe Spelt hony
beat all together well and boyle it to
a Salve

For the megrima

28 mix wheat flower and aquavity and
lay it warme to the nape of the neck
and lye on the right side an hower after

129 For fl tetter or ring worme
white coparas and burnt allome
ana as much as a wallnut beat it sma
and mix it with vnguentum album
1d and annoynt the place there with

For the sweating sickness
100 posset drink made with sage fenel
and marigolds drink it warme

For worms in children

101 Strongcrop feaverfew ren vnset
leekes worm wood ana fry them
in fresh butter and aply it to the
navile

For paine in the stomach
102 Stamp mine and red rose leaves
together put there to red rose water
adde marmolet of quinces mix them
well together spread it on a cloth
warme it and aply it to the stomach

For a Sake or floxe

103 By new horse dung as hot as you can
git boyle it well in malmesey [ij]
and lay it as hott as you can to
the navill

104

urine to cause

26

mixe the iyce of camomile with white
wine and drinke it

For dead flesh and blackness

105 the iyce of marigolds leaves greene
mix it with burnt allome and hony spread
it on lint and use it 4 or 5 times

To helpe a stomack that cannot

Digest

106 wax melted spread it on a linen cloth
and make it very smooth then rub it
over with a litte balsom and apply it
warmed to the stomack

107 For the small poxe and to keepe
out of the thraat inward

harts horne 2 spoonfull 10 figs and a
pretty handfull of sorrell and mari
gold leaves mixt boyle all in poset drink
or madeas hane. boyled in drink
or brothe and drinke it instead of beere

For a sore breast A poulter

108 water crossies mix red sage m^s camomile
malls and Linseede betw a white lilly
roote boyle all in milk or ale gron
dels and apply it warme

13109 A Preservation against the plague
20 ren leaves 2 wallnut Kernells
2 figs and salt Gr. j Stamp all to gath
take this quantity in a morning fastin
For the Gout

120 6 figs and Stamp them with mustard
seede and cumin seede ana mj and
bay salt mj and a Spoonfull or 2 of
Vinegar mix sum of it with beane
meale and apply it to the pain
For an hollow tooth aching

111 Syberries broken and boyled
in strong vinegar or white sup som
of this liquor into your mouth
and when it is cold sup more take
hott 3 or 4 times

112 For a sore Legg an oyntment
dock roots and boyle them in running
water till they be tender then
bruse them and straine it put to it
a little raw creame and boyle it
a gaine till it be like an oyntment
anoynt the Legg with it probate

For a burne or scald

27

113 Salade of the oyle and the white of an
egge beate them well together and an
oynt the sore thore with

For weakness in the back and
Rickets

114 Sweet margerom mj and the mar
row of 2 narrow bones boyle them in
muskadine Lij to halfe

For a Quyster

115 Doves foote heart a roote dried and
finely powdered give halfe a Spoonful
to the patient in red or claret wine
fasting and as much to bed for 21 days
to gather if the patient be agreed you
may add the powder of grey snaites
dried in an oven which will so fortify
the hearbs that it seldom faileth

this is also good for one that is wounded
in the body and the decoction of the
heart and reene in wine healeth in
inwarde woundes

For a flux

116 red wine sinamon sugar and gold leaves
mix them and drinke thereof

for a bruse

Sperma cti and may butter mix them
over the fire and anoynt the greife
against the fire

For any part of the body
that is poysoned

118 Triacle bay salt black Sope and the
white of an egge mix them and apply
to the gride

119 For a surfet
warne mithridate in sack and drink it

For paine vpon a cold in the
Stomack

120 mix triacle and agavita and drink
it warme

For short breathing and flegme

121 flower de tre rootes enula campana
and hyssop ana m^{ss} put to it horehoun
and 4 time boyle these in running water
and in the end adde a litle honey and
seede and licorace drink thereof
twice a day

For the Stone

- 122 molilot germaner Lilly flowers
or leaves camomile and mj. boyle
them in good milk ℥ij and make a
pill of them in a bagg and apply
it as hott as can be suted
to the place

For an ache

- 123 $\mathcal{R}$ of all the mints and wilde
ana ℥ss fry them in may butter
wax and honey lay of this to the
paine for the space of 14 dayes

For worms in children

- 124 wormwood lavender cotton cinkeoyl
vix and onlett leeks fry them in may
butter and apply it to the navile
warne

To cate out Cornes

- 125 red waxe and spread it on a piece of
leather well prickt apply it after
your cornes be cut

For one that can not hold water

- 126 Beat goats clawes to powder and drink
there of first and last in malmsy or
sack or goats horne

118

For the Splene

127

beat the kernells of ash keyes to
powder and drinke of it in stale ale
thrice a weeke warme

For the Stone to break it

128

ash keyes infuse them 24 hors in
white wine then take the kernells
and bake them in an oven and powde
them drinke there of fasting in
white wine or eat the powder
with sugar

To kill the greatest dampe

cast unstaked lime a peck where the
damp is

To make the face faire

130

wash your face with the distilled
water of beane flowers or with
white wine wherein rosemary
flowers have beene distilled

131

To cause urine quickly

Scrape a little castlesoye into white
wine and drinke it warme

132

For the palsy

Dip a cloth in aqua vity warmed
and lay it to your neck

For the Stone colick

- 133 Julipendrea powdered the weight
of a graat allisander seeds and bay
berries ana as much as 2d in
weight and a litle Licorae powdered
mix all these together and take
evry day a spoonfull in white wine
or ale blood warme

For the Greene Sicknesse

- 134 germander offset hyssop Venusriall
the rootes of fenell and grassly ana
mi boyle all these in ale 4 to
halfe Sweton it with hony drinke
thereof fasting and about 3 or 4
of the clock in the after noone
for 9 days together probate

- 135 For a bile to break draw ^{and e} head

A white lilly roote wash it and put
a figg into the midst of it and roste it
in a wett paper till it be soft
then stampe it and apply it morning
and night

16 for a Dog bitten with a mad Dog
mix the powder of Lobsters shell with
136 butter and give it him to eate

For ringing in the eares
137 mix the wyce of urve with hony
and drop it into the eare when you
goe to bed

To dry up milke in womens
138 breasts A seare cloth
wax and butter melt them then put
to it sage and pepper finely powdered
boyle all together and then put aqua
vite to it spread it on a litle cloth
cutt a hole that the breast head may
come forth

For a consumption

139 put gray snails into warme water
then take them from the shells and
wash them in salt and water then
boyle them well in mare or cowes milke
drink there of

For the stone

140 take the powder of new laid egge shells with
a litle sugar in white wine

For a rupter

- 141 knotgrasse camamile plantan and make
thereof a poultice with white bread and
milk and apply it warme

To take away morpew

- 142 mix the iuyce of Salandine with the
powder of brimstone and apply it to the
morpew

For paine of the Stomack

- 143 red roses wormwood minte camamile
flowers ana mix heate them all ypon
an hott burning tile sprinkled with
white wine and lay them often times
ypon the stomach

For Deafnesse caused by worms

- 144 filth or water in the eares

mixe the iuyce of onions with honey and
drop thereof into the eares and it will
cleare and heale them

Sadnesse to expell

- 145 cranes bill ruyenyriall ana beate
all to fine powder and with suger
make pills thereof eate them

17
146 for wormes in the Teeth
beat tares and stop the hollow tooth
with them

for flegme A Syrop

147 hyssop marigolds and cinkfoyle
ana mij and mint mij beat them
and boyle them in water 4 to halfe
straine it and set it on the fire
again and put to it Sugar ʒ when
the sugar is melted put into it the
white of an egge beaten and serue
it cleane

vometing to stay

148 Sower Leaven and vineger stire them
together till the leaven be moist then
put to it mints mij small chopt and
wormwood mij well brused beat all
together and apply a plaister on both
sides to the stomach

A Glister

149 Peletale ʒij cytle olive 3 Spoonfull
Syrop of violets 3 Spoonfull and Sage
2 Spoonfull mix them and use it warme

For the swelling of the Throat³¹
inwardly or outwardly

150 R new milke Lij Sage rose leaves
bramble leaves ana m^j oate meale
3 Spoonfull and a little dears or shoof
swett boate them and boyle them well
apply it to the grieve hott shif it ofen
For the goute a bath

151 boyle turneps to a pottise and
bathe the grieve well with the wa
ter: after the place is well bathed
apply the turneps pottise wise

To stay bleeding at the nose

152 If you bleed to much at the nose
Let a friend stand behinde you
and with both his thumbs presse
hand both sides of the upper part
of the back bone upon the neck
it will presently stop the blood

vrind to cause in man or child
153 boyle pellitory of the wall in milke
and make a poset thereof and wring
the curro through a cloth and apply
that which remaines in the cloth to the

For the wind colick

164 *Q* alisander seeds a spoonfull and
a vase of ginger sliced boyle them
in malmesey $\mathcal{L}$ i to $\mathcal{L}$ ss and drinke
it warme

165 For vermes in the head

Q Red nettles and camamile ana $\mathcal{m}$ j
and nutmegs $3i$ bruiſe them
together and boyle them in a little
oyle of camamile in a platter and
lay it in a cloth to the nape of the
head hott

The braime to comfort

166 nutmegs and cinnamon ana $3i$
Large mace 3 slices beat them
together in a mortar boyle them
in myscadell $\mathcal{L}$ ij and wash
your mouth with it every morn-
ing. Hot ſum. of it ~~to~~ drinke

157 For paine and swelling in the head

Smallage and frankincense beat them to gather very fine and put it betweene the fould of a linnen cloth and lay it to the nape of the neck close up behind the ears

Urind to cause

158 white pepper and eggs shells dried and bet to powder drink this in a draught of white wine

159 For a cold an oymntment

Rosemary in stamyt boyle it in capons grease 3 iij untill it be greene then straine it and put to it mace finely powdered 3 i anoynt the stomach and side therewith morning and night and take the core out of a kentish pypen or other good apple and put therein olibanum 3 i or 4 Rest it and take one of these first and last

For the fluxe

160 Caraus dry them upon a brick before the fire and beat them to powder take a spoonfull of this powder in wine

159 An excellent aqua Composita
161 to make cordiall and for weak stomack

℞ aqua vita ℥ij and put there
in Conslyp flowers and rosemary
flowers of each mʒ betony and balm
ana ℞j sweet marjoram and pel
litory of the wall ana a quarter
of a handfull cinnamon ʒss nutmegs
ʒij fenoll seeds gromel seeds and
winiper berries ana ʒj bruse
the spices and the seeds a little
and put them into the aqua vite
in a wide mouthed glasse and
put in likewise the hearbs and
flowers then put to it fine
sugar. ℞ beaten cover it close
and stirre it once or twice a day
for 9 dayes standing in the sun
summe then straine it and keepe
it in a narrow mouthed glasse
for the swelling or paine
of the eyes

162 The white of an egge and little oyle
of roses beat them together and put
to it Cole mix them well and lay it
to the eye on flax

163 For winde or paine in the Side

Camomile fryed in swine greace
and put them in to a bag and lay
it to your Side hot: you must first
chop the camomile

For the same

164 oates m^d parched in a frying pan
with a litle bay salt sprinkle a spoon
full of vinegar upon it and apply it
to the griefe hott as can be suffered

for a snitch or windin^g
in the Stomack or Side

165 R wormeseede and fenel seede
ana ʒss parsley seede and
coriander seede ana ʒij bruse
them together then melt butter
℥ss and then put in the seeds and
boyle them in the butter over a
gentle fire straine it through a linc
cloth then grill the seeds in the same
cloth and distill it in the expression
and apply it hott to the griefe

For an Agve

166

turpentine and Sced it vpon
sheeps leather then put vpon it
frankincence and mastick both
podered and binde it to your
wrest

Choler to purge

167

Century wormewood and cardus
ana miscepe them in ale or
beere Lij. 2 days and drink there
fasting and at 3 or 4 of the clock
in the after noone or going to bed
for 8 or 10 daye together Lij. at
a time for a fresh cutt or wound

168

fill the cut with sugar and as
the blood puts it out fill it againe
untill it leave bleeding then binde
it up full of sugar and never dry
it more but first wash the
wound with your owne water
with white wine

An excellent water to make - good
for the lungs hart memory stomach
palsey used for all inward griefes 34

Salunga cloves Cubebes Ginger mace
cardus benedict melilot nutmegs ana
3℥ powdered put them into the wyce
of salindine ℥ss aquavita ℥i
and white wine ℥ij. stirre and
mixe well together then put it into
a stillitory of glasse and so let stand
12 houres being close stoppt in the
mornning distill it with a soft fire
and keepe it in a bottle glasse close

To heale and skin any sore
170 mouse eare mix pickt washed
and woung in a cloth till it be dry
shread it very small and boyle it in
creame ℥ij. to an oyle anoynt round
a boight the sore and lay sum of it
upon a cloth and apply it to the sore
For all Infirmities of the eyes

171 salmagine wilde daisies and grownd
Ivy beat them and straine them

21 and boyle the wyae and clarify
and drop a little thereof into the
eye twice or thrice a day

172 for paine and rising
in the stomach and side
proceeding from the spleene
matherwort and camomile
boyle them in yosett drinke and
drinke halfe a pint thereof
at a time warme

for the bleeding of a cut
173 the mosse that growes upon a horse
and apply it to the wound and
it will stanch the bleeding

174 To skin any sore or dyntment
boyle stys of rosemary and of
hyssop in acungia till it be green
and the vertue boyled out them
straine it and keepe it in a pott
for your use this is also good
for a cold ach. Probate

175 for a ring worme or tetter
blacke sope and ginger mix them and
anoint the griefe there with

for a Scalld head

35

176 wheat meale R Spoonfull burnt
allome and rosine bothe powdered of
brimstone halfe a Spoonfull mix all
together and boyle it in vinegar
till it be thick apply sum of this
Balme water to make

177 balme script from the scales
Lij wash it and dry it in a cloth
then steepe it in strong ale 4 gallons
for the space of 12 howres and put
in anniseeds bruised and Licorish
ana ℥ij and stire it once in two
howres then Distill it in a limbeck
with a soft fire the balme would be
a litle bruised before it be strep

after the same maner make worm
wood water to every galon of ale
a pound of worme wood and

178 To purge fflogms and waterish
humors A Bagge

Take of Scabierse agrimony borrage
cichory betony and balme of each a hand
boyle these in your wort two gallons or more

22 then take of polydore root 2 ounces
senna 2 or 3 ounces methoacim and
carthamus seeds a little troysed of each
an ounce red docke root 2 ounces
hermodactyles and turboth of each
halfe an ounce liquorise sliced 1 ounce
raissins stoned 30 flowers of sweet
a handfull sweet fennell seeds and anij
seeds each 1 ounce ginger and nutmegge
of two drams sassafras an ounce and
a half dainwort a handfull

179 A Salve for any kinde of sores

℞. mullet flowers m^j. gratiades
valerian flowers st. Johnswort plan
tan camomile swett ana m^j. beat
all well together with sheeps swett ℞
and axungia ℞ then let it stand
so a weeke or fortnight then boyle it
vpon a soft fire an hower or more ever
stirring it then straine it hard through
a coarce cloth then set it on the fire
and first scrape into it waxe ℞
and put to it rosin powdered and turpen
tine ana ʒiij and stirre it continually
over the fire till it be melted and incorporated
then make cakes of it keep it for your use

For the spleene and is pick'd Froome

Q Broome flowers not fully blowne q v
parboyle them in water then powder them
colender that the water may run from
them then put them into a tray that
and lay them all abroad and sprinkel
salt upon them and when they are cold
put them into a earthen leaded pott and fill
it with vinegar this you may keepe all the year
and eate it with your meat as capers

For the piles or hemorrhoids

Q mullet holliock and solandine ana
m chop them small and boyle them in
milk with oatmeale grots till it com to a
soft porltise then put to it some axungia or
fresh butter and so lay it to the grieve hott
you may likewise make an excellent oint
ment of the same hearbs and axungia or
butter for the same purpose

It is good also to sit over a close stool and
smoke frankincense under It will like
wise cure the piles or bathe them with aqua
composita warmed twice or thrice a day

For the Cramp
annoynt the place grieved with Fox great

23 For the wound or palate fallan

183 $\mathcal{R}$ feaverfew mij small chigit and
the outer part of wheaten leaven
Crumble the leaven and put the
feaverfew in to strong vinegar
you can gitt and boyle it in an
earthen pypkin close covered till it
be somewhat thick then put it in
to a linen cloth and apply it to the
hole above the nape of the neck as
hott as can be suffered

To stanch bleeding a balsome

184 $\mathcal{R}$ Aloes succotrina manna
mastick dragons blood ana ʒi
finely powdered put it into a qua
vite ʒij mix them well and
keepe it in a glasse close stoppt

for a greene wound or
185 brise a balsome parafelfor

$\mathcal{R}$ the flowers of camomile and
bugles and red roses ana mij
hypericon mij salandine and sen
toris flowers ana ʒij brise them

and put them in oyle olive Lij and sine
it all the heat of sommer then straine
it and keepe it in a glasse close stopp use
it warme ~~your selfe~~ parselfes 37

186 For convulsions or paine in the belly

Rosemary jeniervall hyssop time mints
rue lovandor wormewood camomile
and bay leaves ana ℥i and marsh
mallows mij chop all small then mix
with them any seeds and cumins seeds
ana ℥i brused fill a woode dish
of a quart with it and tye it fast abo
about with a fave linne cloth the knott
being in the bottome of the dish then heat
the mouth of the dish against the fire
and apply to your Griefe hott as can
for the small poxe gotten into the throat

187 Cat
rue pickt from the stalks mī warme
it in a pewter dish upon embers and
fold it up in a linnen cloth and apply
it to the throat when the first
strength of it is gone renew it till the
paine be drawn outward

24

For the Gout

188

take gray snails from the shells stamp
 lay salt and rue beaten by them
 selves then put all together and stamp
 them small then boyle it well in bore
 greise qd and keepe it in a leaden pott
 for your use apply it to the grise upon
 a sume bladder made gentle by rubbing
 this will be good a yeare

For the falling of the villa

189

the leaves of ~~wormewood~~ wood binde
 Calomine and fenel and some Licquor
 sliced boyle them in water to halfe
 straine it and with a few almonds make
 almond milke drinke of this at any time

190

For a ring worme or fettor

anoynt the place with oyle of eggs

191

For an unsavoury breath good for canker
 roste sorrell in a linen cloth and mix
 it with a little clarified hony and
 strike it on the gums

192 For a tetter or wringworme
 beate creame and tare together and there
 will be a water above wash the place with ^{it}

To keepe the small Poxe out of
 123 the throat
 tye a gold ring in a string least you
 swallow it in your sleep and keepe it
 in your mouth till the poxe be wholly
 come out and it will preserve your
 throat

For a canker

124 R woodbinde leaves Sage pennyriall
 red filberd leaves and rose anamij
 boyle them in stale ale L 4 to Lij then
 put to it honey & Spoonfull and sallome
 as much as an egge and boyle it to Lij
 then straine it and keepe it in a glasse

For a swelling ache or sore.
 125 caused by an humore an Exul
 sered cloth and plaister

R oyle olive Lj unwrought waxe
 finely scraped Zijj boyle it till the
 waxe be melted then put into it as it
 boyle red lead Lij stirring it in little and
 little still stirring it till it be all in

25 Let it boyle till it be black then make
your sere cloth and keepe the rest
in rolles for plasters for an ache bruisse
straine use the sere cloth and for a cutt
wound sore use playster this playster drawes
not but dryes and cures humors.

126 An excellent Aqua composita to make

Rosemary hyssope hore hornd cam
momile red roses Lavander red ffenell
parsley ana m^j germander tyme sage
centory hart's tongue pellitory of the
wall plantan Faragon betony red
mint penicriall madderom ana m^s
wash all these hearbs and swing them
in a cloth till thay be drye then put to
them erwala campana roots washed
and scraped bruyed ʒij ffigs cleane scrap
ed and sliced m 12 aniseeds a litle bruyed

ʒij Licchoras scraped sliced and bruyed
ʒss mace ʒij bruyed coriander ʒss
ʒi long pepper nutmegs galniga
ginger and cinamon ana ʒss put
all into 3 gallons of ale in a brassee
pott and stop it close so let it stand 12
howres then set it on the fire till it
begins to boyle then set on your Limbeck
and distill it with a gentle fire

197 For a brvise

beate and grinde elder flowers very smal
with beame meale finely searced put it into
a glasse of oyle olive and keepe it for your vse
the older the beter

198 For all maner of achis and sores

R vnwrought waxe Lj rosin and
Frankinsence ana Lj melt and mix
them on the fire then straine it and put
to the iuyces of mouse eare shepheards
purse milkefoyle marigolds of houselick ana
mj well beaten and strained and may
botter Lj boyle all well together continually
stiring it then coole it and keepe it for your
vse for an ache melt a litle and chafe the
place well with it with a warme hand by fire

For a brvise wound or cutt

199 broome flowers the greene being jittled
away and red brier leaves ana m^{ij} boyle
them in fresh botter out of the chorne Lj
till it be greene then straine it and keepe
it for your vse for a sore throat

200 partly and rosemary ana m^s. and a
pece of red rose cake boyle them in
whitt wine Lj. then put in hony ʒij
and allome ana as much nutmege
boyle it to halfe and keepe it for your vse

For an ache

21 ~~Ex~~ Swollen (or Speedwell) agri
mony betony and mallows chojr and
and stamp them some comine seeds
small beaten and olibanum boyle all
in may butter and oyle olive to annoynt
ment annoynt the grieve therewith
but first straine it through a linen
cloth; you may leave out the oyle
and put in rosine and waxe and
make an excellent solve of it

For a sore or ulcer

22 rosemary Lavendar stomfy balme
woodbinde setandine ^{eu} schristi or pine
valerian or charritye ribwort or
plantin agrimony verveyne rue
coultsfoot bramble leaves ana m
stamp and boyle them in may butter
℞ iij. rosine and waxe ana ℥ij
rock allome j white coperas ij and
at the last put to it trentine j
the herbs and butter must be strained
before the other things be put in

23 Sore Breasts to draw and heale ⁴⁰
 A white Lilly rootes small thread and mal
lowes ana m^j red rose leaves and linseede
brvied ana m^j boyle all well in new
milke L.ij. till it be very thick then crum
ble into it sum ris bread and put to it bores
suet small cutt and sum unsalted butter and
2 or 3 Spoonfull of vinegar apply it hott
oyle of Swallowes to make for sinewes
shronk and all aches whatsoever

24 Rosemary tops and rose leaves wormwood
Sothernwood Lavander ^{bay leaves} cotton sage camomile
and Strawberry leaves ana m^j stamp them
with 10 or 12 young Swallowes out of the nest
in a wooden boyle till scarce any part of a
feather be seene then put to it oyle olive and
neats foote oyle ana L.i. bores greas L.ij.
and may butter L.ij. mix them well with the
beater Swallowes and hearbs and put them into
an earthen pott and cover it close and let it stand
a fortnight then boyle it till the hearbs be brown
moynt the ^{grd} chafe there with warme

For the Cough of the Lungs
25 The yolke of a egge and spread on
severall pieces of linen cloth a tought two fing
ers breath then straw alermy upon it and
dry the pieces by the fire on a tile stone till they
will burne then set sum of them on fire under
a funnell and take the smoake and take the

27 smooke as you would take tobacco and swallow as much of the smoke as you can

For decaying lungs or Liver a restorative ^{water}

26 the roots of fenell and parslly wash them and take out the pith and pill the barks cut them small and put them into water

26 then put to it Licoras ℥iij. and few figs minced boyle them a pretty while then put to it hyssop sorell and violets ana m℥ stamped and let it boyle to halfe then put some hony in it and boyle it a good while after then clarify it and straine it and keepe it for your use in a glasse close stopp Drinke of it cold morning and evening

Small pox or meazels to bring forth

27 wipe a handfull of figs cleane and boyle them in stale ale ℥ij. till halfe be consumed skum it cleane and let the party grived take a draught of it with a little saffron powdered in it warme white oylment to make a cooling

28

a cooling oylment

Swins grease ℥ij melt it and put to it white lead powdered fine ℥ij mix them well in a pewter dish over a chafin dish of coles and stire it till it be like a salve stire it continually till it be cold

A Cordiall electuary

41

- 29 Conserve of roses and wood Sorrell ana
3℥ conserve of violets 3ij candied
nutmegs 3i diarthodion abbatis confect
io alhermes ana 3ij Spirit of minte
Gut 4 Spirit of vitriol Gut 2 mixe
them well and make it into an electuary

For Dimples Gatching at any humors
a cooling oymment and dowsing

- 220 Lithargo of gold and Letharge of silver
ana 3ij white lead or ceruse 3iij boyle
in vinegar 3iij wake it well with a
pestill in a leaden mortar two howers
at the least let it not com nere the fire

211 A purge

methoacan 3i cremor tart 3℥ finely
powdered drinke this in white wine fasting

To stay vometing vpon a surfeit

- 212 minte water 4j and a pritty quantity
of cinnamon boyle it halfe straine it and
sweeten it with sugar and take it warme
morning noone and night when yor please

For cramps convulsions

- 213 A little bag made of fine linen fill them with
saffron and were them vnder your arme holes
vpon the boughs of your armes and vpon your
wrestes in every place one

28

For a filme in the eyes

214

Take unsalted butter L. j. well clarified
 put it into heart willow L. j. well
 stamped boyle them till the butter
 be very greene and all the vertue out
 of the hearts straine it and keepe it
 very close take of this the quantity of
 a great pins head and put it into the
 corner of the eye next the nose and
 let it melt in of it selfe this do every
 night to bed till the cure be done

215

for rotten sheepe

Gonpowder bay salt and a spoonfull
 boyle them well in stale urine ^{a pint}
 give every sheepe 2 spoonfull at a
 time for sheepe in danger once a
 month and tainted sheepe once a week

216

for the stone

pellory of the wall philizendola
 and march mallow roots boyle them
 in white wine and drinke there of every
 full and change 3 mornings together
 warme this cuts the gravell before
 it congeale to a stone and dissolves it

228 For a Stitch

quilt red rose leaves and pigeons dunge
in a litle Linen bagg then heate it
thoroughly in vinegar in a sewer dish
and apply it to the place hott as you can
when it coold renew it a gaine

229 Yellow Iandies

simjernell and chick weede stamp and
straine them into posett ale and drinke
there of first and last ^{for} the black iandie

230

winde collick

eat every morning a good nutmeg and
fast a horrer after it or wheat meale
as it comes from the mill wth two eggs a
litle vinegar and a litle aquavite mingle
them cold and make a cake of it
and bake it upon a greivon with a gentle
fire turning it often and ever now and
then basting it with a quavite with a
fether apply this where the paine is but
rather higher then the paine

231

For asinewesse

Stamp the inner of the barke of the
roote of elder tree and mix it with
old ale and drinke a draught there of

232

Red wine Lij. crmine seeds a Spoon
full boyle it halfe then stamp Knot
grasse shepheards purse and plantin
ana mi severally and put the iuyces
of them into the wine and then
boyle it againe a litle and drinke it
warne halfe at night and halfe in
the morning

233

For wormes in the stomack
of man or children

aloes succotrina as much as a good
henne and lay it in the pay of an
apple and take it as a pill fasting
mixe the aloes with 3 Spoonfull of
muskadine and drinke it but if
the childe be very yong or the
man very weake with sickness
so that it cannot be taken inwardly
then dissolve the aloes in the oyle
of lavine and temper it to a thick
salve and lay a plaster thereof with
sheepes leather on the navile and mouth
of the stomack or chop vnsett leeches and
fry them fresh butter and put it in a linen
bag and lay it hot to the navile

234 Nurses milke to increase

43

boyle good store of coleworts in rosette ale
and drinke every meale thereof and use
to eat coleworts with your mete

235 womans milke to dry

the wyce of red sage and vinegar ana
stirre them well together and warme
them in a dish upon the fire then put
therein a sheete of browne paper and
steepe it well lay it hott to the brest

236 Dropsey
running water and bay salt or common salt
till it be as salt as sea water boyle it
well and bath your legs there with hott

237 For any feaver beginning with
a cold fitt

Dragon water a spoonfull and
halfe rose water running water vin
egar and aqua vite ana a spoonfull
and mithridate halfe a spoonfull or
lesse beate all well together and drinke
it before the fitt begin

237 Sweate to proevre

brew a little mithridate well with ale
and drinke a good draught of it but if you
be hard to sweate adde a few beited annise
seeds and hap you down

238 endive and succory water syrop of violets conserve of barberries and yuice of lemons mix them well and take thereof as occasion serves but if your mouth be sore caused by the heat of your stomach then wash it with the syrop of mulberries

236 For costiveness

take a suppository of hony and cominseeds bet to powder boyle them to hardnesse and a litle salt put to it and rolled up with a litle butter

240 A cordiall for infection at hand the

borage langedbeefe and cala mint ana a good handfull violets hart's tongue red mint and marigolds ana a lesser handfull boyle all in white wine or fere running water then add to it saffron and sugar ana and boyle it well againe then straine it into an earthen pott and drinke thereof 6 or 7 Spoonfull at a time first and last For a colic newly taken

241 take a Spoonfull of sugar with good aqua vita and Rhenish wine and cover your selfe warme in bed

242 For an old cough

℞ betony chorvils hounds tongue caraway seed
and pepper all finely powdered and seared
ana ℥ij mixethem well with clarified honey
and make it into an electuary take thereof
as much as a nutmeg morning and night for
9 dayes together and then ℞ sugar candy
grossely beaten and licorice scraped and cutt
in short pieces and finely scraped ana ℥ij and
aniseeds and coriander seeds ana ℥ss mixe
them and keepe them in a boxe or paper in
your pocket and ever in the day time when
the cough offends you take as much thereof as
you can take up with your thumb and 2
fingers and if your cough trouble you in the
night take of the wyce of licorice as much as
a pease at a time and let it dissolve in your mouth

For the falling evill

243 for a man a female mole and for a
waman a male in march or april when
moles goe a bucking: then dry it whole as you
take it in an oven and give of the powder thereof
morning and evening to the party in drinke
for 9 or 10 dayes together

Deafenesse

244 put a silver Ecce quick in a sweete earthen
pott close stopp with an earthen cover and
dig a deepe hole in a horse dung hill and set it
there in and cover it with the dung so let it
remaine for a fortnight then take it out and
there will be oyle cleere it out and drop it into
eare

245 dry Sage before the fire and rub it to powder Then dry bay Salt and beate it to powder and grate an nutmeg mixe all together and put it in a long Linen bag and heate it upon a tile stone and lay it on the nape of your neck

246 Kings evil
boyle red docks in wine till they be tender then straine it and use to drinke a good draught thereof

247 For the head ache and to stay bleeding at the nose
beate the white of an egge to oyle and put to it Rose water and the powder of alabastrer dip flaxe therein and lay it to the temples renew it 2 or 3 times a day

248 bones broken in the head to draw out
apply agrimony brused to the wound
purgatife and drinke the wyce of betony

249 tooth ache megrim or any griefe in the head
boyle 2 or 3 dock rootes and as many daisy rootes in water till they be soft then take them out of the water and boyle them well againe in oyle olive then straine them and anoynt the pained tooth therewith also keepe your mouth close

250 Squinancie
wet a cloth in cold water and when you goe to bed apply it to the swelling and lye upright this doe 3 or 4 times a night till the swelling cease

For the Frenzy

251

Squirt the iyce of beetes with a syringe into the nostrills then boyle violett leaves and lettice in yosett ale and use to drinke thereof

For the lethargy

252

all violent meanes keepe the party from sleeping and when he calls for drinke give him white wine and hyssop water and mixed and let him not sleepe above 4 howres in 24 till he com to his former wakefullnesse then purge his head by squirting the iyce of beetes into his nostrills with a syringe

Sleepe to carse

253

white poppy seede 3ij and saffron and lettice seede and 3ij all dryed and powdered mixe them with womans milke till it be thick then bind it to the temples but let it not lye on above 4 howres this will carse sle

254

apoplexy or yeafy

Drinke the decoction of lavander every morning & S and rub your head with a cloth well every morning and evening keepe your feet dry and warme and the throte of your neck from cold

For a buring or scalding

255

Take mallows and boyle them tender draw the water from them and put to them swinnet set them together upon a few coles and stir it till it be like a salve

For a swelling in the belly

256 take fenicrick anniseeds fenell seeds
cumin seeds carriway seeds parsly seeds
of each an ounce 3 handfulls of hemlock
pick them cleane beat the fenicrick
by it selfe very small then put all the
seeds together and beat them then take
3 pintes of ale and boyle them in it till
they be thick apply it to the place
grievd as hot as you can suffer it first
anoynting it with some of it

257 a good salve for a bruse wound or cut
take 4 handfull of broome flowers the greene
being pilled away 4 handfull of red
leaves boyle this in a pord of
fresh butter till they be greene then straine
it and keepe it for your use

258 A greene salve to draw and heale
take 3 Spoonfull of venies turpentine
4 of sallit oyle virgins waxe the quantitie
of a wallnut halfe a handfull of rose
mary boyle all together fower and halfe
houre and let it stand all the salve will
be in the top an oymntment for the spleene
take wormewood mallows camamile
of each halfe a handfull bruse them and
boyle them in fresh butter straine them
and put to it some oyle of capers
this is good for hardness of the belly all so

To make an ointment called flos
 260 unguentorum

Take of each of these halfe a pound rosen
 perosin virginis wax and frankincense of
 each quarter of a pounde an ounce of mas-
 tike a quarter of a pounde of harts sweet
 2 drams of camfire melt that which is to
 be melted and powder the other searcing
 it after then boyle them a while together
 and straine them throught a linnen cloth
 of canvas into a pottle of white wine let
 the wine boyle till it be almoste consumed
 take it then from the fire and let it coole
 till it be as warme as blood yet there to
 a quarter of a pound of turpentine strining
 it continually besure the stuffe be not warme
 when you put it in if it be any thing hott
 it maris all make it thus up in rowles

The vertue of this salve

it is good for all these following old wound
 it clengeth and gendred flesh healing as
 much as any salve can doe headach singe
 ing in the head for all manner in roshum
 in the head or body boitering in the ears se
 aches in the ioynts sinewes strained shrou
 or stiffe to draw out any thorne or brooke
 bones in a wound to heale all manner
 botches the emerods and especiall good to
 make a searchoth for gorts aches silent
 botches

34 An oyle for bruises aches straines
swellings or imposthumes or any
sore or cutt what soever it is also

261 Take for 8 pound of butter of each
of these hearbs one handfull wood
betony mallows yarsle brokelime st
calm wort elders brglosse red mints
wormewood balme costmary sage
Lavander coten Lavander young Rose
mary tress smalage featherfaw sawthorn
wood heurbe agrate camomile strawberry
leaves the strings and all when they
are gathered dry the dye of and shread
them and beate them well together
with 2 pound of butter in a stone mor
or when put them in a pot and set
them by close covered 14 dayes then
take the 6 pound well beten from the
creame and set it on the fire and when
it is melted put into it a pottle of black
snayles new gathered out of the feilde
keepe them with stirring till they
have done waging for feare of burn
ing to them then put in all your
hearbs beate as before and some
ginger swallows if you can get them
and keepe boyleing with a soft fire
continually stirring it till you see it
cleave which you shall try by taking
a little with a spoone when you perceive

it cleave then take 4 ounces of the best
frankincense brvied cloves one ounce mace
one ounce nutmegs one ounce not beaten 47
bit brvied as much fresh cowes dung
new made one handfull of lions dung
put these spices and dung in ~~and~~ taffe
them a quarter of an hower stirring it
without yeasing then take it of the fire
and let it stand till you can sofer your
hand in it then straine it out as hard as
you can. then set it on the fire againe
and let it boyle softly scumming it cleane
then put it into a gally pott or glasse

262 A most excellent Cearecloth.
R. red Lead & white. finely ground.
of each a quarter of a pound. oyle
olive halfe a pound. & swines grease
a quarter of a pound. Rosine. ~~and~~
frankincense. & Olibanum. Ana. i. ounce
beese waxe halfe a pound. Myrror. &
Saffron. of each. 2. drams. boyle all. over
a gentle fire. & stirre it oft. Let it
boyle a quarter of an houre. then take
it from the fire. & as it cooles. make
it into Rolles. Alsoe you maye put
in halfe a pinte of white wine —

263. A most Sovraigne water for sore
eyes of what condition soever
R. woodbine leaves. & plantaine. ana
m. 4. boyle them in a pottle of raine
water gathered in June from the

35. Clouds not from the eyes of houses
boyle it to a quart. but before it boyle
put in verdegripe .j. honey 2. spoonfull
Rock Allome small beaten 2. and
when it is boyled straine it into an
earthen Pan. for no other mettle ^{must}
be used about it. then take the clearest
of it and keep it for your use. close
stop. use it cold with a little rose
water in it when you goe to bed.
put 2. or 3. drops into your eye winke
not too hard. nor rub it —
if you use it for a wound. put in
no rose water. but apply it very hot
to the place. the older it is the better

264. A greene Salve for cuts or
greene wounds.

R. Fresh butter .Lij. waxe & Rosine of
each .Lij. melt them together
then take a strike of plantaine
leaves. roots & knots. & as much
selfe heale. wash them cleane.
and stamp them small. then wring
the Juice out of them into the
other things. when these are
well mixed & dissolved. let them
stand a weeke. and then melt
them againe. and cleare them &
thereof make a cake.

265. the Sympathizing water:

R. Spring water .Lij. Blew roman
vitriol finely powdered. 3j. put
it into a 3. pinte glass close stop.

set the glasse in a pan of water
on the fire till it be vedy to boyle
then put in the powder. and shake
it very well. and soe shake it 2.
or 3. times a day for a moneth. to-
gether the longer it is kept the
better it will be.

If any man or beast be wounded,
take a linen cloth. and wett it in
some of the blood. & some of the water
and wrap it close up. keepe it warme
in your pocket. till the wound be well
if the wound be not deepe. you may
wash it with some of the water
and wrap the wound close from the
ayre. or you may wash the instrument
that made the wound. with the water.
and wrap it up close. and keepe it
warme in a woollen cloth in a chimney
but not too hot. or if a man bleede
at the nose. take some of the blood
in a linen ragge. & put it into the
water. & it will presently stanch.

206 for the spleene and winde

A glyster.

R. Camomil. wormwood. violet leaves.
ana. M. j. Enula Campana roots. sliced.
fennell seeds. and Aniseeds. br. ed. ana
a good spoonfull. boyle all in whey or
posset drinke. Lij. to halfe. then straine
it. and take halfe of that decoction
and put in a spoonfull of course sugar
& as much Salet oyle. put it in a glyster
bagg and lay warme lay to your side
a melilot plaster. & drinke camomil. &
fennel seeds boyled in posset drinke.

36

to expell rheume
 267 Take halfe a pound of Licorasse
 and halfe a pound of Annise seede
 both made into fine powder. Then
 seared. put to it a pottle of Rye
 water and boyle them on a soft
 fire till it come to a pinte
 ever stirring it. set it afterwards
 in the sunne or oven till it be thick
 Eat it before & after meat

268

Yellow Salve to draw
 Rosine L. S. dears sweet waxe venice turpentine
 oxycroccum 4d. Bruise the rosine and cut the
 waxe melt all on a soft fire till it boyle then
 stire it till it be cold

269

Greene Salve to clea[n]se and draw
 Leave out the oxycroccum and halfe the
 turpentine and put in vert grease 1 small pound

270

For a greene wound or with a salve
 or balsome
 3ijss mjs. rosemary mjs. balme mallowes
 mercurie ana mjs. Chopp and stampe them
 well and then put them in oyle olive. 1 lb
 boyle it till the strength of the herbs
 be boyled out then straine it and put to
 it turpentine. 2d. and stire it continually
 till it be cold. If you would have it a
 salve adde to it before the turpentine
 waxe 3iij and rosine and frankincense
 ana 3ss

271

For a prick with a thorne
 Take groundsell stampd and boyle it in
 sweete milke till it be thick then temper
 it with black sope and lay it to the sore

for inflammation of the eyes

49

272. R. white coporas and white suger candy
ana roast an egge hard and cut it downe
the midst and take out the yolke and fill the
hollow with the powders then straine it hard
and save the oyle or water which comes from
it and mixe with that water as much iijce of
houselecke put 2 or 3 drops into the eye at a time

273. for the same a plaster
masticke and dragons blood and olibanumidis
solve them in the white of an egge and apply it
to the temples it stargeth rhume from eyes or teeth

273. for the stranguary
R. Take a pinte of new milke & put
to it the flowers of mallowes. iij.
bruised. strayne them in a glass then put
in. 3. spoonfull of the sirrope of mallowes. &
as much sirrope of violets. & as much
sirrope of roses. mixe them together. &
drinke thereof morning and evening
a spoonfull at a time.

275. To make turpentine rume
to dense the reines.

R. Take your turpentine and wash
it well in rose water, poure y^e water
cleane from it & put to it a litle of an egge
stirring it apace till you feele it lithe.
then put to it. 2. spoonfull of red
rose water. & stirre it well. then
keepe it in a glass for your vse.
take. 2. spoonfull of it at a time. it
purgeth gently, & denseth the back
it is good for the stone to be taken
by glistear & to purge wind & fleagme
the decoction being made with

37 new milke scalding hot, not sod.
when your milke is in the blather
put in your turpentine & a litle
course suger, and give it to the
party as fast as you canne.

276 A powder for the running
of the reines.

R. Take a pint of white basterd.
the Juyc of white orrens. the
yith of a calves back. Fry the
yith and make it into powder.
then mixe them well together
drink a good draught morning &
evening. drink not after it for
the space of two howres -

278. for the couling of the
reines in the back

R. Drink half a pint of Ases milke
warmed with suger. 3. howres before
diner. 10. or 12. dayes together, many
sayes if you have not the milke.
drink 10. or 12. spoonfulls of distilled
new milke and a spoonfull of the
surrope of lemons. or violets. in
like maner anoynt your back wt.
the oyle of water lillies or oyle
of roses. or violets with a soft hand

278 bones broken or out of ioynt
After the bones are right placed & knot
grasse and plantan ana m^j wormwood
and comfrey ana m^j boyle them well in
old chamberly & bathe the broken mem
ber there with warme

feaver or ague

279 R Sage ragwort garrow and vnsett lekes ana
stamp them with bay salt and bind it to the
wrests of the hands

hoate in a feavor

280 R blanch almonds in cold water and make
milke thereof but let it not seeth. then put
to it sugar and in the extremity of heate drink
thereof

french poxe to sett out

281 R treakle long pepper graines ana. ob and
a litle ginger and Licoras all powdered warme
them in strong ale and drinke it and then
lye downe in your bed and take a good sweat

french poxe to cure

282 R quick siluer killed with fasting spittle
vertgrease gum arabick turpentine oyle olive
and poppleon mixe them together to one
intire oyntment anoynt the sore there with
and keepe your selfe very warme

french poxe scabs to make fallaway

283 R boyle sage in water to halfe straine it
and put to it hony and allome and let them
boyle wash the poxe therewith and let it dry
in well. then vse this oyntment

R the iuyce of fenell and sengreene ana
and mixe them well together to a thicke
oyntment and anoynt the scabs there with

284

A cooling tincture

put m^j of red rose leaves into water l^j
let warme and infuse on the fire well but
not boyle then put to it oyle of vitriol ʒi or
ʒij. this is cooling in feavers sweeten it to
your liking

A plaster to dissolve

285 $\mathcal{R}$ red lead oyle olive and oyle roses
and oyle of water lillies and oyle of
hipericon unguentum althoa boyle all to
a plaister apply to the tumor

Swelling of the throat

286 $\mathcal{R}$ take a pint claret wine rosemary
red sage red rose leaves ren pollitory
of spaine strawberry leaves violets leaves
and two handfulls in all: of mastike
2 drams red rose water 4 spoonfulls of honey
two spoonfull boyle them well and
gargarise there with 2 spoonfulls at a time
3 or 4 times a day: chase in oyles of
roses and camomile

287

for a cough with a consumption
conserve of red roses four ounce raisons
of the son pickt tree ounce spirit of
sulfer 12 drops spirit of vitrioll 2 drops
browne sugar candy two ounce incor
porate these well and take the quantity
of a nutmeg morning and evening

288

for the consumption cough
muske water

$\mathcal{R}$ muske granes 3 browne sugar
candy halfe a pound halfe a
gallon of spring water boyled to a
quart taking morning and evening
3 spoonfull at a time, preserved

For a consumption of the liver
 288 $\mathcal{R}$ flower of brimstone myrrh aloes
 ana $\mathfrak{zj}$ Powder them severally and then
 mixe them and with sirop of enula compe
 na $\mathfrak{zj}$ make it into an electuary take the
 quantity of a great nutmeg fasting

A vomit for flegme

289 $\mathcal{R}$ whitewine $\mathfrak{zj}$ radish seedes brused
 3 or 4 Spoonfulls boyle it to halfe and
 straine it and put to it sallet oyle 3 or 4
 Spoonfulls drink it of betweene every
 vomit drink posset drink.

for a pearle or cataract in the eye

290 $\mathcal{R}$ Venice turpentine and a little hony
 mixe them with the powder of bole
 armineck sprede it on a linen cloth 2 inch
 broad put it round about the contrary
 wrist to the sore eye set it lye on as long
 as it will

291 To dry up milke in womens breasts

$\mathcal{R}$ triacle 2 Spoonfull hony and butter
 ana as much as a wallnut melt it in
 a pewter dish and stirre it well then
 dip a linen cloth in it and lay it to the
 breasts warme you must leave a hole for the
 nipple to come out. To drawe and heale

292 a prick with a thorne

Take 2 handfull of salladine and as much
 orpimine and cut it very small and boyle
 it with oyle of olife and unwrought waxe
 straine it and make a plaster of it

39 To take away dead flesh

℞ mixe the iuyce of greene marigold
leaves with burnt allome and hony
293 lay it on a lint and apply to the sore
in 4 or 5 times it will take it away

294 for a sore horse back

℞ red lead and rosine ana powdered
and put to them more alabaster then
of either of them and straw it on the
sore back

295 for the same

℞ frankincense mastick brimstone
roman vitriol myrrhe ana powder them
severally and then mixe them and put
there of upon the sore: another

296 for the same

℞ whete meale turpentine the yolk
of an egge or the white: white wine
vinegar rye and feaverfew ana chred
them small: and lime and hony mix
them well together and spread it on
leather and apply it to the sore

297 A good drink for a horse

℞ oyle olive 2^d soote a good spoonfull
albin graven powdered a spoonfull
mixe them and give it the horse in
strong ale. Lij

℞ for ring worme
sandy sallendine and apply it will also
take away any spot or staine of on
the body

for paine in the stomack and good for the

278 ^{plague} Q mithridate ℥ij london triclo ℥ij
dragons blood and bole armoniack ℥ij or
℥ij both finely powdered mixe all well
and Lj of conserve of red roses make it
into an electvary take the quantity of an
hesell nvt at a time

279 A cordiall electvary

Q conserve of red roses and of wood sorell
ana ℥ss conserve of violets ℥ij candied
notmeg ℥j diarrhodon abbatis confect
tion of alhermos ana ℥ij spirit of mint
Gvt. 4 spirit of vitriol Gvt. 2 mixe them
and make it into an electvary

30 For the dropsy

Q cut of the top of a kentish piper
and with a litle knife take out the
core then put therin saffron finely
beaten 6 they put on the top again
and roast it thoroughly then put it in
to a glase of white wine and mixe
them well together and drink of
it doe this 3 mornings together fasting

31 ~~to~~ child berth to cause
a dram of mirrh given to drink
in warme wine brings forth the
childe alive or dead

40 For the falling sicknesse

32 Take the powder of dead mens skulls
of ether side of ^{the} skull and peony rootes
of each a like hermodactils halfe as
much and a litle cassia give to a man
neere a spoonfull boyle in minte or
hyssop water sweetened with sugar to
a child a litle vpon a knife point

for heat or burning with gunpowder

33 Take a good handfull of horseleeks
Stampe it and strayne it take the
white of 5 egges and bete them till
they be thick put them together
and wash the sore there with and
lay a wet cloth in it and lay it on
for an unsavory breth

34 take vervine and dry it make powder
there of and drinke it in ale or wine

35 for convulsions or paine in the belly
take rosemary bay leaves pennirye
hyssop tyme minte row lavender spoke
worme wood camomile of each halfe a
handfull of march mallowes 2 good hand
full chopped small anniseede comin seede
of each an ounce brused mixe them all
well together and put them in a wooden
dish and put in coles and ashes of fire and
tise a cloth vpon the mouth of the dish and

53
and apply it to the side as hot as can
be endred or fry them in gatts grese
and put them in a linen bag and apply

36 For a continvall headack.
take a cloth 3 fingers broad and duple
it 3 or 4 times wet the same well in
bettonys water and lay it to the forehead
let it be long a nof to turn round about
the head tye it fast and when it is dry
wet it againe and in 3 or 4 times using
it will helpe you

37 To cleve the site waxed dim
take a pottle of hathorne flowers be
fore they be fully blowne put out halfe
of them into a still then take a peni
worth of white coppars 3 peniworth
of white sugar candy bete them to gath
and strew the halfe of the powder on
the flowers in the still then put the
rest of the flowers in and strew the
other powder ypon them stilling
them all together and drop this water
into the eye sleepe to cure

38 take 4 spoonfull of rose water and as
much of vinegar 2 spoonfull of the
oyle of roses halfe a handfull of rose
leaves maid into powder mixe them
well together and take 4 crumms of
wheat bread and make a plaster and
lay it coult over the forehead and temple

41 an oylment or salve

39 Take halfe a pound of rosen and as
per rosen halfe a pound of waxe boyle
these together and put to them a pottle
of white wine let them boyle then
straine it through a cloth when it is
could put the wine from it and melt
the medicine: put 2 ounces of camphire
a quarter of a pound venice turpentine
and halfe a pint of salt boyle melt
them in an earthen pot and when it is
all moste cold make it up into roles
and keepe it for your vse. It is good
for old and new wovnds the head ach
singng in the braine in prostumes
in the head or body sinewes that are
stronke to draw out thornes and bro
ken bones against the biting of any
venemouse beast all boches fistulas
aches in the lims spleene swelling
of the members it healeth the emoroids

310

for a ciatica or great ache

take the tops of red nettles and stamp
out the Joyce of which make most
and spread it on a peece of leather and
apply it to the place grieved

311

To make Joye

take halfe a bushell of the best Ashes y^e can git and a quart of lime mingle both together then fill the pan full of water and seeth them well this done take 4 pound of beaſt tallow and put it into the lie seeth them together till it be hard

A poulrice for the swelling of
a child's navill or rupture

312 take a handfull of the leaves and
rootes of plantan of red sage brable
budds hony suckle leaves one handfull
and one of the inner barke of an oake
boile all these in a pottle of smiths water
till it com to a quart then straine them
out and boyle with the water as much
till it come as will thicken it to a poulrice
put to it a little oyle of roses or may botte
and apply it warme to the belly

for paine in the breasts

313 take comomile worme wood mints
red rose leaves of each a handfull cloves
and mace of each the wight of 4. brvied
pennirgall scabious yimpennell of each
halfe a handfull saffron the weight of a lb
flax seede halfe an ounce mix these and put
them into two linen baggs boyle one of them

42 in muskadine a quarter of an houre
then presse the muskardine and apply
it hot to the breast at the going to bed
when it is cold apply the other in like
manner wrap these baggs in hot dry
clothes when you use it

314 A poultice for a paine in the legges
Steepe a pint of beanes in 3 pints of milke
24 houres let it boyle on the fire with
a handfull of sage till the beanes be
tender then take them out and the sage
and beate them small put them in
again with the yolks of 3 eggs and
boyle againe till it be thick apply it

The white ointment against any
inflammations burning or cold

315 Take 4 ounce of oyle of roses 5 drams
of ceruse finely beaten and cerced and
washed in Rose water 3 ounces of white
wax and camphire 2 drammes melt
the wax and oyle together take it after
wards from the fire and let it coole
then put to it then put to it ceruse
and camphire stirring it till it be cold

To kill the itch

316

take orrice brimstone red rose leaves bay
salt muske or sivet beate these together
and put them in a bagge being made
warne upon cooles and let it ly in
sallat oyle and let the patient rub him
selfe there with the bagge warne

317

white oylment for inflammation

take 9 ounce of the oyle of roses 5 drams
of ceruse finely beaten and beaten
and washed in rose water 3 ounce of
white wax and camphire prepared 2
drams melt the wax and oyle together
take it after wards from the fire and let
it coole then put to it ceruse and
camphire stirring it well till it be cou'd

318

warts to take away

both agrimony and purslain are
such enemies to warts that they will
go away if they be rubed with the
juyce of either of them
another

319

put the feete of a hen in hot embers till
the scall com of then rub your warts
with the scales and they will be gone

43

Nose bleeding to stay

320 Take a piece of blew cloth wotten
cloth the deeper blew the better burne
it to powder a litle of this powder
snuffed up the nose stop the bleeding

• 321 For the Goute

the leaves and barke of willow tree
sod in wine doth ease the gout being
bathed with it

322 For a tetter or ring worne

Stamp chelendine and apply it to the
grise and it will quickly cure you

323 Spots of the body

the same bearte by like vsage will
take away any black spot from
any part of the body

324 For the gout

the roots of holly oakes stamyzed
with hogs grease and apply to the gout

325 for watering eyes

a peices of amber tyed in a string
to the nape of the neck helps
the watring of the eyes

for the falling Sicknes

56

take a fatt hog take out his entrails
alls then wipe cleane till no blood be
seene then roast him as long as any
fatt will drop save the fat and into
a pinte of ale well boyled put 1 or 2
spoonfull of that grease as the ale is
boyleing and let it stand a litle on the
fire drink a good draught thereof morn
ing and evening warme but it hath
moste vertue in the full or change of
the moone

For the squinsy

take syrop of mulberrys and viysce
of cabadge and let the patient take 2
or 3 dropps when he is dry

for burning or scalding or any
greene wound or old sore

take of the greene leaves of tobacco 3 pound
and halfe stamp them well of oyle
olive 1 quart boyle them on a soft fire
stirring it till it leave bubling and the
herbs seeme black then straine it and
let it on the fire a game and put to it halfe
pound of wax 4 ounces of yosin 2 ounce
of turpentine melt all these together
keepe it for your use

A plaister for aches bruis
stitches gouts

Take 1 pound of burgayne pick a quart
of a pound of waxe as much rosen and
as much turpentine one pound of stone
pick 2 ounce of bores grease and one
ounce of oyle olife melt all theare
to gather but scume them not stirre
stirre them well and when thay
are melted put to them the powder
of lavender lowrell leaves halfe
an ounce and as much cominseede
powdered and as much of the powder
of bay leaves powder of cloves a
quarter of an ounce 2 ounces of popu
lean 4 ounce of white frankincense
3 ounce of red lead 6 of saffron
powdered stirrall well as you put
them in and till it be cold power
all into fare water and make it in
rools and ~~spread~~ on sheeps
leather and apply it to the sore
if it an ache let it lye on 3 weekes
or a moneth and binde a cloth upon
it if a byle or bruse looke upon it
every second day or third.

lay bay leaves among your clothes
and it will keepe them safe

For a strayne or swelling

57

in the Joynts

take blew clay conshorne but more clay
then shorne Fry it with blow milk
very well to make it like a pottis
put to it a little swins grease and apply
it warme to the grife

for worms

take the Juice of wormewood and noyrd
the stomack from halfe the hollow pitt
there of upwards then straw upon the
stomack the powder of myrrhe and lay
a browne paper thereon and let it ly
on 3 days and 3 nights and if it rub of
venue it A cordiall

take mint water a quart and put to
it 2 handfull of clougill flowers new
or dry halfe an ounce of licoras sliced
2 large date stons 2 ounce of fine
sugar and one ounce of white sugar
candy mince all these together and put
them in a glasse and set it in the sunne
a weeke and so drink it

for an ague

take waxe butter & quassite and pepper
melte all together spread it on a cloth
and apply it to the arse

for any kinde of scitch

take a pinte of new milke and put in
it a handfull of mallowes chopped small
or a handfull of barley flower 2 ^{spoonefull}
of cumenseeds brvied sauerfull of
hony safron the wight of 2^d made in
powder boyle these all together stirring
it till it be thick make good thick
plaster of it and lay it on the place
warne morning and evening

for the megrim of the browes of
the head

take balme oyle of cloves mixe them
to gather and moynt the grived place

To prevent a womans Miscar^{ing}

take a quart of claret wine a
quarter of a pinte of red rose water
4 ounce of galinga rootes
sliced 3 nutmeggs sliced 3 little
sticks of cinnamon a little brvied
12 cloves a little brvied 6 sprigs
of rosemary put all these into a
pot close stoppt and let it infuse
till it be strong of the spise and
when the party feelles any payne
let her take a spoonefull or 2 of this
ligvor warne

For a paurle or heat in the eye
 take the iuyce of garden hemlock
 life hony and the powder of bole
 armonicke mixe and temper them
 well together and spread it upon
 red leather and binde it aboute
 the wrest of the contrary arme
 for the space of 3 dayse

for sore eyes
 eye bright and betony tyned up
 in ale or distilled or powdered and
 eaten in a reare egge

For the goute aches sciatica
 take a pound of waxe as much fran
 insente and as much rosin halfe a
 pound of black pitch and as much dea
 is sweet and a quarter of a pound of oyle
 of life set all these on the fire and
 stirre them well then straine
 it into a cleane dish and let it
 stand till it be all moste cold then
 put to it halfe an ounce of mace and
 as much cloves and as much cinnamon
 and saffron 2 all beaten fine then
 stirr them well together

46 putting thereto 4 Spoonfull of
red wine and stirre it till it be
could then make it into rolles
when you use it spread it on sleepsted
ther for a canker in the mouth

take hyssope sage cinquefoyle wood
bine leaves violets leaves rue rose
mary celandine plantain bramb
ble leaves of each a like and boyle
them in a pinte of strong ale till
it be strong of the herbs then
put to it as much allome as will
make it shapye and some hony
as will sweeten it then let it
have 2 or 3 walnes till the
allome and the hony be dis-
solved then take it off and
straine it and therewith wash
the mouth 2 or 3 times a day

for vlcers or sores

take white waxe 6 ounce of oyle
of mastick 6 ounce boyle them
a litle and take them from the
fire and in the cooling put in
camphire halfe an ounce olive
anise 2 ounce powdered and as
much lapis calaminaris powdered
and as much verjuice

stirre them till it be coold and make
it into roles for your vse

59

for the bores of the eares—

take 3 spoonfull of rye flower salt
as much as an hasele nutt and as
much sope then put to it as much
bores grease as will make it into a
paste then lay a peece thereof
a giter of an inch thick behind
the eare and let it come as low as
the tipp of the eare and shift it
twise a day

for the head and stomack

An excellent water

take rosemary flowers 12 ounces
cowslips flowers 1 pound clove gilly
flowers 1 pound nutmegs 4 ounces
Cinnamon 8 ounces cloves 1 ounce
infuse all these in 2 gallons of good
sack and so distill them keeping
the strong water from and mixe
them as you like for drinking—

for the head ache

were the roote of plantan about
your neck

To make oyle of charity
 take wilde ^{valerion} ~~valerion~~ sage
 charity rosemary wormewood camomile
 and lavender 2 handfulls of
 valerion and one of each of the
 rest shread these hearbs and
 put them in a quart of oyle dye
 and let it infuse in the sunne
 10 dayes or else in some hott
 place and then change your
 hearbs for as many more and let
 it infuse other 10 dayes

To make oyle of roses
 take a pinte of salett oyle and the
 buds of Roses the white ends be-
 ing cut off fill your glasse of oyle
 with the roses and set it in the
 sunne 8 or 9 dayes then straine out the
 oyle and put in fresh roses as oft as
 you can whilst roses last the last
 time you shift them set the glasse
 in a skellet of water and let it
 boyle till you think sufficient
 then cover the glasse close and keepe
 it for your use

For worms in children

60

take worme seede cardus and coraline
of each a like beate them to powder
and give j drame thereof morning
and evening

For a thorne in the flesh

take the rinde of white thorne and
boyle it in red wine till 2 parts be
consumed then pouer out the wine
and stamp the rinde small temper
it with bores grease fry it and make
a plaster and apply it to the place
hott

For the piles

take a quart of cream boyle
therein an handfull of hoo
se lieke and an handfull of
moss that grew on a free stone
wall till the cream be boyled
to butter then when you goe to
bed anoynt the place therewith
and apply a cloth dipped in
the same For scaling blood &

take good ale or beere and crumble
some browne beane bread into it to
make it thick and some bole armoniac
then give the beast it to drinke

48 before you give this put some
salt into the beasts mouth

For the rickets
take a handfull of rasins of the
same stoned a stick of lichoras
sliced a spoonfull of anniseede
bruised harts tongue maydens
hayre and liverwort of each a
handfull 3 or 4 figs cutt in pieces
boyle all these in 3 pints or more
of hyled barley water till halfe
be wasted 3 or 4 spoonfull of barley
will be sufficient. Strayne it
and let it settle drinke thereof
constantly

To make cream of ale
take a pint or what quantity
you please of ale boyle it and
strain it very fayre then season
it with sugar rosewater nutmegg
let it boyle till the sugar be mel-
ted then put to it as much cream
as ale but take it of the fire before
you put in the cream stir it till
it be cold then put it into a dish
and serve it cold to the table

scalds cutts never so deepe Lucatella
take oyle olive 3 pound Venice turpen
tine 1 pound bees waxe halfe a pound
first cutt the waxe and melt it over
a soft fire then take it of and wash
the turpentine in damask rose water
and put it to it then mixe the oyle
with sack and put it to them then
set it over the fire and stirre it con-
tinually till it begin to boyle but
take heede that it run not over
then let it coole a night or more
till the wine and water be sunke
to the bottom then when it is stiff
make some holes in it that the
moyssture may run out then put it
over the fire againe and put to it
halfe an ounce of balsome parsilie
and 1 ounce of hypericon st Johns
wort when it is melted put in one
ounce of red sanders and stirre all
well together that it may incor-
porate take it of when it begins to
boyle and stirre it 2 howers till it be
thick and keepe it for your use the san-
ders must be finely powdered all balsoms
put to it one ounce of naturall balsome

the moss that growth upon an
ashe tree boyled in fresh brer and
strained is good for the same

To make a curious mingt
pye

take 16 eggs boyle them very hard
and blanch them then take out
the yolkes and to the whits wigh
a pound of sheeps svt shred the
whits with the svt very finely
then take halfe a pound of
currans and put to them some
salt some mase finely beaten
a little rose water and some
sugare if you please and so put
our minced mase into your
coffin a little baking will serve
the yolkes may make oyle
of eggs

for the piles

take arpine and comfrey of each one
handfull pile wort rootes two hand
full mullets two handfull beat them
all in a mortar and boyle them
in halfe a pound of maly boter and
halfe a pound of sabet oyle with it
let it boyle halfe an hower strayne out
the oyle to keepe it then take white
frankincence the bignes of a pvet

pollets egge and put it to the oyntment
 you must boyle the frankinsence till it
 be melted put in a peece of a shooe that
 it burne to ashes being neats leather
 take a myssle shell or 2 burne them
 then take the inward side which will
 be white then take both these pow-
 ders and mingle with it let the patient
 take a peece of cotton wool and dip it
 in the oyle and apply to the place gri-
 ved as hatas may be suffered this will
 cure the bleeding piles in twice or
 thrice dressing oyle of dane wort is
 very good for the same

To make Jumballs

take a pound of fine flower halfe a
 pound of sugar serced 2 or 3 spoonfull
 of rosewater 2 whites and yolke of
 an egge some sweet cream make it into
 a stiff paste then rowle them out and
 make them into what fashion you
 please lay them on butter pye plates
 and soe bake them

To cure eyes that light on a blow
 or fall soogh the eye seeme to be
 red. Lay conserve of red roses vpo
 the eye at night and in the morn-
 ing but let your conserve be new
 unboyled ~~for a toto~~
 take figs and Rasens stoned beate them
 well together with some sugar and yare
 conserve of roses

Aqua merabilis

Take galingale cloves cuibeb
 ginger melilot cardamoms
 nutmegs of each a dram of the
 iuyce of selindine six ounces
 mingle the aforesaid things
 beaten to powder with the
 iuyce then take a pinte of aqua
 vite three pints of good white
 wine put all these together
 into a stillatory of glasse and let
 it stand so all night on the mor
 row distill it with an easie fire
 as can be this water is of severall

natures it dissolveth the lungs
 without any greivance and
 mightily healeth the same
 being wounded or perished it
 comforteth them and suffereth
 not the blood to putrefie but
 multiplyeth the same in great
 quantity that all moste gov.
 shall never neede to be let blood
 it suffers neither malenchoolly
 nor flegme to be left nor to have
 dominion above nature it expelleth
 rhyme mightily profiteth the
 stomack wonderfully preserve
 eth yorth in his owne estate

it engenders a good colour it preserve
eth the visage of memorie it destroyeth
the palsy if it be given to a man or
woman to wards death one spoonfull
releiveth them of all waters it
is the moste ~~of~~ all vse one 63
spoonfull a weeke in summer two
in winter

To dry quinces or Peares

Take quinces or peares being preserv
ed and wash them out of the sirrup
with scalding water and dry them
upon the back of a wooden sieve in
an oven the next day take clarifi
ed sugar and boyle it to candy high
in a broad pan and when you see the
sugar will flye take it of and
stir it with a stick till it grow thick
then take them out as fast as you can
and lay them on a wooden sieve and
set them in a warme oven the next
morning you may box them and keep
them all the yeare

To make quince cakes

Take the yellowest quinces parboyle
them tender and scrape the pulpe
cleane from the core straine it thro
ugh a hayre sieve and dry that in a
posnet or dish till it be very stiff the
put in halfe so much refined sugar

51 as the pulp cometh to boyle it till
it be stiff so stiff that you may rowle
it up with sugar and print it when
it is cold in like sort as you make
cakes of pippins

To make marmalet red

first pare and core a pound of grin-
ces then boyle the cores and the
pareings a good while in running
water then take that water of
the fire and let the water run
throught a cloth and take a pinte
and a halfe of that water and
boyle a pound of grinces therein
boyle it as you do other marmalet
note that the more cores you put
into the water the better colour
it will be

For the plague

to correct the ayre in houses
take rosemary dried or Juniper
bay leaves or frankincence cast
the same on a chafing dish of
coles and receive the smoke
some advise to add lavender
or sage

To perfume apparrell

perfume your apparrell which you were
often with some red sanders burned or
with iimper and if you have beene in
suspected places aye your clothes in
the open are for a time

To prevent the plague when you goe a broad

take a sponge dipped in vinegar and
rose water mixed or in vinegar when
in worme wood hath beene soyled
or rve and hould it ot your nose

An inward preservation

take a quantity of rve or worme wood
or of both and put it into a yot of vsuall
Drinke close stoppt let it ly so in steepe
a night and drinke it in the morning
fasting To preserve quinces red

take quinces and parboyle them
some what tender in scalding water
then core them and pare them and
take thare wight in sugar dissolve it
in runing water to every pound a pound
clarify it with the white of an eggs
then boyle your sugar to a thick sirroy
then put in the quinces and boyle them
leisurely often stirring them till thay
looke red and your sirroy gelly then
put them to your pot and cool in the syr
rop a litle power to them if it be could it will syo
the yee yellowing of them

for an Inyostome

take halfe a pinte of fayre water
 1 or 2 Spoonfull of vinegar and a Spoon
 full of hony warme all together
 till the hony be melted and that it
 be sweete and soure then take a
 good draught thereof at any time
 but Presently after meate

for a broaken veyne in the body
 take conserve of Roses as much as
 a great nutmegg and one very
 little drop of balsome mingled to
 gether take it morning and even

For spitting of blood

take huld barley a porringer
 full with an old hen boyle them
 in fayre water till the flesh of
 the hen fall from the bones then
 drink of this broth

• for spitting of blood or to
 helpe a bad digestion

take fennel seede hart's horne white
 ginger of each a quarter of an ounce
 or more according to the quantity you
 desire to make beat them all to powder
 and take thereof the quantity of
 an hassell nut in red rose water
 morning and evening till you find
 ease

to stanch blood when a tooth is drawne 65

take a rosted figg and lay it to the place

for spitting blood
take the ioyce of knot gras and it
will be present remedie

eat almonds and thay have the
like affect

for a cough

take corrans rasins sugarcandy
lycoras and dates of each tree quar
ters of an ounce liverwort harts
tongue violets and ivy of each one
handfull and one spoonfull of honey
boyle all together in tree pints of
fagre water till the third part be
boyled away then drinke thereof
luxe warme morning and evening

for the lungs and breast

gum of peach tree is likewise good
against vomiting blood and openeth
the breast and purgeth the lungs
the rootes of dragon or serpentine
with clarify hony cleareth the
breast wonderfully

for the biting of a madd dogg

take a linnen cloth dipped in sallet
oyle lay it to the place bitten then
breake an hot loufe of bread in the

§3 midst and lay it on the cloth and in
one night it will take away all the
venome of the wound then burne
the loafe least any thing be infected
for Cornes

take a clove of horseleek and bruse
it then cut your cornes very neare
and lay it to the place let it ly
3 or 4 dayes doe this twice or thrice
and it will never come againe

for the bloody flux
take the heart of two pence in
wine this cures all fluxes and
issues of blood in man or woman
it helps those that vomitt blood and
it is likewise good for the whites

for the scuruey a moste
excellent medecine

take a quart of new milk let it boyle
it then put into it 2 spoonfull of
scurvey grase one of brookelime
and one of water cresses scald them
onely in the milk but boyle them
not then slice 2 lemons or as much
as will sarve to turne it and lay
them in a pott and powre the milk
and herbs upon the lemons and
it will be cleave like poset drink
take there of 6 spoonfull or more
every morning put in sugar

To make a hacking pudding

take the hart and hart skirts and the lights of a swine and perboyle them take the skin of the skirts then chop them very small put to it bread crumbs as much as your meat ane pound of currans time witer savorie masticom mint 3 or 4 egges a porringer full of cream some pepper and clarifyed fatt or else chopt very small then fill your pudding and boyle them

To make a haggas pudding

take a sheeps hart and skirts and perboyle it then pill of the skins and chop it small with as much swett as meate then take white bread crumbs or oate meale steeped in creame whither you like best 3 or 4 egges a good quantity of currans halfe a porringer of creame some pepper grated nutmeggs or cloves and mace and ether some sweet hearbs or anniseed whether you like best

To make a white pot

take a good quantity of thick cream and put in a litle whole mace and cinamon and nutmeg sliced boyle all a quarter of an hower then put in fine manchet thin sliced and let

54 it boyle a while then put in some
sugar and take it of and when it is
almost cold beat 3 or 4 eggs with
some rose water and put it to your
creame and bake it in an oven

To make an Almond puding
take halfe a pound of blancht al
monds beat them with creame and
rose water take as much grated
bread as almonds and some good
creame 6 or 7 eggs and some fine suet
shred small Dates small shred
a peece of preserved orrange or lem
mon shred small a little beaten
mace and sweeten it with sugar and
a little salt as you shall thinke fitt

To make a Rice puding
take a quarter of Rice and boyle
it in water when it is soft put it in a
peames or collender that the water may
run out then take as much suet as
rice small shred 6 eggs some thick cream
me 3 or 4 dates sliced small sugar nut
megs cynamon some grated bread a
little salt

To make a quaking puding
take some large mace a nut megg
quartered a little cinnamon and some
sugar put all in a quart of creame boyle
it a quarter of an houre then take it of
and put to it as much butter as an egge

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egge a spoonfull of grated bred as much
flower 3 eggs beaten then stirr them
all together with a little rose water
then take a faire doublee cloth wett
it and flower it boyle it in Beete broth
or mutton the sauce must be butter
and sugar and sack

To make gelly of pippins

to make gelly red cover it and boyle
it softly take a quart of water
2 pound of ~~red~~ pippins pared and
sliced boyle them till they be
soft then straine out the liquor
and put in halfe a pound of sugar
to a pint of liquor and so boyle
it to a stiff gelly to boyle it amber
coler it must be boyled fast and
uncovered and then take the
apples that were boyled in this
liquor and strayne them and
weigh as much sugar as the wight
and let the sugar boyle with rose
water and fayre water as much as
will cover the bottome of the pan
it must boyle up and be stired a good
while then put in your apples and
let them boyle and stir it and when
it is boyled enough it will be stiff

55. and soe box it if you would have
it taste of spice you may put in
a litle sliced ginger some cynamon
or musk or ambergreece or what
you please To make a gooseberry ter
take gooseberryes vedy pickt and put
them into your coffin season them
with sugar cynamon ginger and
rose water and so tid it

To pickle Cucumers

Choose cucumers as neare as you can of
a bignesse and lay them upon dill
in an earthen pot then fill the pot
with scalding water and cover them
close and let it stand 24 howres
then put the water from them
and heat it againe and see doe
every day till the cucumers
sinke to the bottom and then take
the water from them and strow
som salt amongst them and cover
them over with vinegar keepe them
close covered

for an unsavoury breath presced
ing from the stomack
take uervine powdered in wine or
ale

for bloodshotten eyes

68

take the Joyce of planten houseleek
lilly rootes bettong the white of
an egge and faire water the quan-
tity alike straine them and drop
it into the eye warme

for flegme

take penny royall and Iseye of each
halfe an handfull boyle all in posit ale
and put there to a peece of fresh butter
and sugar drink it warme first and
last A greene ballome for wounds

take Lingua Bovis and adders graze of
each a handfull hypericon red rose
leaves centuary of each halfe an hand
full a handfull of borage halfe a
handfull of st Johns wort boyle
them in a pottle of oyle olive till
they be tender then straine it and
keepe it for your use

for the spleene Dr Turner

take Egrymony scabivs mellilot germanander
of each a handfull stamp them and stra-
in them in a quart or 3 pints of whey
then take ash keyes and heath roots
of each 2 handfull boyle them in the
whey till halfe be consumed drink then
of

For the strangury

put one handfull of the flowers of mall
owes bruised into a pintle of new milke
straine them then put to it 3 spoonfull
of syrop of mallowes 3 of roses and 3 of violets
mixe them together and drinke thereof
first and last a spoonfull at a time

For surfeits Dr butler

take turmentile rootes and leaves betony
flowers and leaves wood sorrell pimpernel
scabius of each 1 pound of marigold flower
picked 8 ounces wash and dry the herbs
and powder them very small then put
y^e them into an earthen pot with
a pottle of good sack and a gallon of good
strong white wine and let them stand
2 days gently squeezing them twice a day
the night before y^eo distill them take
3 quarts of Rospasses small broaken and
put them there to and cover them
close againe and in the morning put 4
them 1 ounce of mithridate and distill
it with a soft fire putting somuch sugar
to it after it is distilled as will sweeten it

to make mel Rosarum

take red rose leaves the white being cut
away 1 pound of strong 2 pounds stamp
them together then put them in an
earthen pott set them in the sunne
4 dayes then straine it first from the
leaves and againe through a cloth
keepe it for y^e use

for wormes or heat in the hands 69

take chicken weed bruse it and boyle it
in running water till halfe be consumed and
washe your hands therewith as hot as you
can suffer it for six or 7 dayse together

or
anoynt the place with the ~~joyce~~ joyce of mint
or rue for flegme in the breast
drink the powder of betony in warme water

for the harte burning

take the tops of fenell chew it often suck the
the Juycce and spit it out

for a stich in the side

take a peece of white leavened bread Toaste it on
both sides then spread it with the best
treack on the one side and apply it to the
place binde it on with a cloth

for the itch or scab

take frankincense beat it small melt it with
cyle de bay and there with anoynt thy selfe

for the Kings evill

take the gume of Cherry tree and the gume
of Plum tree of each alike dissolve it in vinegar
and often anoynt the place therewith

for the Jaundies

take 5 sheepe urdles newly come from the sheepe
steepe them in 5 or 6 boonsfull of ale all night
strain it in the morning and drinke the ale
for 3 mornings together and fast 2 howres

for the wind collick

take Rybarb the wight of 3^d finely powdered
and put it in rayons of the sunne take 3^{or}
of it in the morning and fast 2 howres
after it for a feaver

take 3 spoonfull of ale and a little saffroⁿ
bruse it and straine it then put to it
a quarter of a spoonfull of fine treacle
mix them together and drinke it when
the fit comes

for the biting of a dogg

take the leaves of horehound bruse them
and boyle them in swine grease and anoy
nt the place there with

R

to destroy gnats or other flies

take horehound stamp it and put it into
new milk set it in a roome where flies are
and it will soone kill them

to make mustard

beat mustard seede to powder and make it
yo with vinegar and milk into balls dry
them and when you use it scrape from
into a vinegar for a feaver or heat a Julap

boyle 2 ovnee of french barley in a quart
of water till halfe be consumed straine
it and put to it the syce of lemons and
syroy of violets and some suger to sweeten it
to drive flies away
boyle vervine and sprinkle the house
with it

R

For the chin cough

70

Take 10 or 12 snailshells break the shells and put them into water and salt to wash them then take a quart of new milk and boyle them untill it come to a pint then take it off and put to it 2 or 3 Spoonfull of red rose water and sugar and drink it warme morning and evening

An approved salve for all sores

Take balm wormwood valerian ^{or} charity
smallage plantain woodbine leaves camomile
sage buglosse selfe heale of each an handfull beat
them all small then adde to them 3 pounds of
may butter and a good quantity of deare or
sheepes suet answarable to the butter boyle out
the strength of the herbs and straine out the
liquor and set it on the fire againe and put to it
a pound ^{of wax} a little rosen and a lesser quantity of
vertegrease powdered when the rosen and wax
is melted straine it throught a strong canvas
cloth and let it stand till it be cold and so use it

For the Itch

Take orris brimstone red rose leaves bay salt
musk or civet beat these together and put
them in a bagg and lay it on the olve and
drib your selfe with the bagg being warmed
upon a few coles another for the same

* Agarick mingled with bay salt and torpen
tine and spread it on a gerole of leather and
tyed a boote the wast being warme some times
it will cure the hole body
R For the head ache and megrim
boyle rosemary tops in ale and lay them
to the temples and it will help you

For pimples and rednesse of the face
 take a quart of faire water a pinte of white
 wine and the ioyce of 4 ^{lemons} ~~lemons~~ put them
 into an earthen pot then put thereto
 beane blossomes and clover blossoms of each
 one handfull 4 wilde daisy rootes 2 or 3
 branches of wild tansy and as much fumitory
 Camphire the wight of 2^d set the pott in
 warme ashes all night in the morning straine
 it through a peece of new cotton and put it
 into a narrow mouthed glas and set it in
 the same 3 or 4 dayes for your use take
 what quantitie you please out of it and steep
 it a night in the white dung of an hen
 then straine it through the cloth and
 wash your face therewith morning and
 evening For the trembling at the hart
 Re take the conserve of marigold flowers fasting

for a cough of the lungs

Re take anniseedes cariaanderseede of each
 a quarter of a pound and a stick or 2 of
 Licorice bruse them groasely then adde
 Raisons 3 ounces stoned take 5 or 6 blew
 figs a good handfull of vnsett hyssope and
 a little handfull of vnsett time boyle all
 in a quart of ale to a pint coole it and
 drink thereof morning and evening
 quart an adve
 bruse rue and were it under your
 feete next your skin

to make a bread puding

71

Cut your bread in thin slices and lay a
a corse of bread and reasons stoned and mar-
row then bread and so till your dish be full
then take cream and eggs but put out
some of the whitt and season it with sugar
Cinamon nutmeg and a little salt
then beate an egg yalke and dy little peec-
es of marrow in the egg and lay them
on the top of your puding if you have noe
marrow bot on the top it will be good but better
if you have within however on the top

for a swelling

boyle ground sheep suet and wheat
bran boyle them to a pultif and apply
it warme to the place

for the bread ache

take the greene leaves of wall gilly-
flowers flannys and a peece of rose
cake and a little rose water and wine
or stop it in a dish till the all the juice
be drunk up and grate a little nut-
meg and apply it warme to the
toyles bind it on with a cloth

for Excoriation of the guts bloody flo

boyle the seedes and rootes of marsh
mallowes in wine or water and drinke
thereof warme & for the stone
A dram of the powder of yellow mall-
owes or marsh mallowes drinke in white
wine fasting 3 or 4 mornings together
cures the stone

59 for the head ache
take real featherfew camimile chop them
small stryne out the wyce and boyle it
with fresh butter without salt and
nought the temples with it for an
extremaine paine

to cleare the blood and sight
and purge winde
R take powder of anniseede fennell
seede and alicampyana roote temp
er them with agbavile them dry then
andeate thereof a little quantity

R for burning and scalding
take the roote of a little roasted
straine it with oyle of roses and
anoynte the place therewith

another
R take a mouses skin and apply
it hot to the burning

R for a looseness
plantan water red Rose
of each a like and as much
water as them both drink
warne and often and it will
help you for spitting blood

R take the Juice of knot graspe and
it will be a present remedy
eat almonys and thay have the
same affect

gome of peath + rea is likewise
good against vomiting blood and
it openeth the brest and purgeth
the lunges

for the cleansing of your
body after a miscarriage
take poset drink with blacke
and mary goold flowers boyled in
it and if you find your body very
full and big eat every morning
parage made with good store of water
Creses and scabius and drink your
drink betime in a morning and last
at night warme

for tickling ~~the~~ through
a ball of Joyce of licoras and ~~of~~
figs cutt them both into little peeces
and add to it browne sugar candy
3s and some aniseeds dry and powdered
beate and mix all well together
and make it into pills

for the bloody flux
take the inward part of ~~the~~ dried
and put into new milk of a red cow
drink it morning and evening

for a flux or loosness
take new milke and water each a like
and boyle it to the halfe and drink there
of warme

to make perfewms

take halfe an ounce of beniamin and
 halfe an ounce storax and 6 peneth
 of oyle of Rodium or 3 peneth of the
 wood cadd lignum rodium beate them
 with damask Rose leaves to a paste
 then make them into little cakes
 and dry them

for sore eyes

take buds of madder marriagolds and
 fenel ana red or white rose water
 3 ounces 3 fenel water 3 ounce
 eye bright water halfe an ounce
 distill these with halfe a pint of
 pure hony take of this inwardly
 every morning a spoonfull and drop
 the same into your eye morning
 and evening

for the whitte

take halfe a dram of the powder of
 the dried leaves of lavender cotten
 drink it in a little of the water of
 featherfew fasting for 6 days
 together at the last ^{after} wards
 every other day or ^{boyle} torpentine made into
 pills ^{for a swelled belly}
 take a little rew scamped and strayn
 it into ale drink it warme morning
 and evening

A sallet for mutton

73

take orange or lemon pills lay them
in water shift the water every day
till it doe not taste bitter then boyle
them in water and if it taste bitter
shift it in the boyling boyle them
till they be tender then slice them
and keepe them in vinegar and sugar
but you must boyle them in the first

Deafnesse caused by an Influxion
in the head

take a quart of milk and boyle there
in a handfull of mallows till they
be tender then straine them
into the milk and put in 2 of saffron
then boyle it to a pint then
into a harrow morthers glasse and apply
it hot to the eare when it is cold
take it away and put the force of roe
into the grived and ly on the contrary
side

for the wind Collicke

Take 6 bay leaves and boyle them in a
quart of ale and drinke it warme

for the Dropsy

Take chicken weed clivers oatmeal
and ale make porridge thereof and eat
of it nine dayes to gather

to fasten loose teeth

Take a pinto of red wine red sage red
rose leaves yrmendile leaves and roothes
rose mary pomgranet blossomes or pills

61 of each alike boyle all these
together when it is almost boyled
a pint put in some alone and let it boyle
wash your mother with it Coult
for a weake stomach
or paine in the side

Take warme wood camille minte
Sweetemariorn of each a handfull
of cloves and mace of a quarter of an
ounce boyle them in a pottle of wat
er and when it is almost boyled
a way put in halfe a pinte of white
wine then boyle it very well till it
be strong then put the liquor into
a bladder and lay it as hot upon
your stomach or place where the
pain is as you can suffer it as it
cooles remove it a game till you
feel ease for a consumption

Take knotted grasse 2 handfull
Camphire one handfull and some
herbs and the yolles of 3 eggs str
the herbs into a pint of mshadinp
and to make a cordiall sweeten it
it to your liking drink halfe a pinte
in the morning and evening for 3 days
to gather

for Rheume
Take dragons blood bole armonick
and masticke dissolve the masticke in 2

or 3 spanfull vineger and beat the oth
er to powder mix them and temper ⁷⁴
all with a little white of an egge and
make plasters thereof and lay them to
the temples

For an Aqus
take anchangel smallage shepheard's purse
Roe red sage bay salt stamp all together
and apply it to the wrists before the
fitt come

A medicine for a mad dogg
or any other creature
bitten by him

take sage leaves and rve of each a good
handfull 2 or 3 heads of garlick & read
2 also a good quantity of
finne shall scraped boyle all together
in mallowe mylke adine or strong ale
in a pottle close stoppt with paste set
the piskin to boyle in a kettle of wat
er over the fire for the more strengt
give him thereof warme 3 or 4 times
before the next change and full of
the moone for wind in the stomack
a powder

take ginger cyrremon galangule car
away seeds and fennel seed of each an
ounce long pepper grains mace pepper
of each 2 drams and of fetwell one
dram beat all to powder with 2 povins
of fine spon use it before meate
or after

An oyntment for aches sores
 bruyes swellings & raynes
 Take sage and rue of each a pound
 worme wood and bay leaves of
 each halfe a pound dry them in
 the heat of the day in fine cut them
 small and beat them well in a me-
 morter then take the pound of
 sheepe sved new chop it small and
 beat it with the herbs till all be
 a line then take it out and work
 it in a bason with 2 quartes of suet
 or oyle till all be incorporated
 afterwards in an earthen pott
 cover it close and let it stand in
 the earth 3 dayes then boyle it
 over a soft fire and when it is a
 little thicke strayne it and keepe it
 in an earthen vessel thus you
 shall know when it is boyled a
 little take 2 spoonfull and strayne
 it through canvas
 and if at the last straining there
 remain any liquor like browne
 water cast it away and boyle it
 boyled a night use it warme
 For the stone Collick
 Take hellebore & the small one hand
 full of 2 peny. rootes and seeds
 take out the pith of the rootes

or an handfull of any feedes & alone
 greene ordry and avens leaves or
 rootes of each an handfull wash them
 and straine them all together first
 dry them with a cloth then put them
 into a quart of malmyey or white
 wine and boyle them till the fourth
 part be consumed then straine it and
 drink it as warme as you can fasting
 and ~~at~~ 2 howres after this quan-
 tity will be enough for 2 mornings
 when you are to take sgarice the
 wyll of a leamond into it

for a fluxe

take a peece of sheeps leather and
 make it round the brest of ones hand
 and spread it with new yellow wax thin
 and srew saffron finely powdered
 and then wax againe upon the
 saffron and saffron upon the
 wax both three waxen the saffron
 prick the leather full of holes with a
 knife point and apply it to the navell
 and let it be full of
 another

Dry the inward buck a young one
 upon a tile and beat it to powder and
 drink it in poset drink this three times
 strongly and therefore be a little
 powder at a time

for the stone

take is beeg out of there live the string
being taken out dry them before
the fire beake them and searse them
finely and drink the powder in 3 or
4 pound of pease ale fasting and
drink after it a good draught of the
same pease or thick

for a plerisy

Take a cake of rye flower
long enough to reach from the middle of
the stomack to the middle of the hart
hug it close then cleave it in the
middle and spread one halfe of it thick
with the oyle and apply it to his side
for a comfortable warme change it every
two houres till hee is better

To provoke the termes ague
for a scitch in the side gut
the patient being lying that is at gras
pricke it in a place a sweetent
and rub the cup with a little wine to
make it smell well finge give it a
stroke over a chafin dish of coles
to make it glister
Take cleare posset drink and put in it
camomile anniseeds and fennel seeds
all bruyed camomile flowers and
mallows yve in fennel brown

76
brown sugar and salt oyle of each
a good spoonfull and thee yolke of an
egge and beate it well in it give it warm
doe not put in your sugar egge nor oyle
till they be boyled enough for
they must not boyle at all

for the stone in the kidney
take partly 2 handfull branne
flower and mother of time of
each an handfull and flowers
of St. Johns wort 3 handfull
Distill these with a soft fire and
drink of the water 2 or 3 times
morning and evening 6 dayes
gather do this every month

for the mother
when you feele the fith come
take a ^{good} spoonfull of nettle seeds
beten to powder in a ~~good~~ draught
of white wine or beere

for the Dropsy
boyle 3 or 4 handfull of harts
horne in a gallon of sack
pottle then spread it on a cloth
and lay it to the legges or any
parte that is swelled and it will
bring much water from them
lay on fresh as neede requires
it will stick so hard that it will be
pained in the coming of

for lamenesse in any member

Rowen

Take Rowan and rosemary of each 2 hand
boyle them in a quart of oyle
olive and a quart of mallowes for the
space of an halfe howre then bathe
the lame member there
with but first the place must be
shated well with an hot cloath
then when it is well bathed which
will be within halfe an howre wrap
and keepe warme the place so bathed
with a lamb skinn the woolly side
inward and doe this every night
before or at your going to bed for 3
weekes together at the least and this
will make your whole into sound

for cold aches paines &c. in any
part of the place with the decoction
of camomile or may weede or the
flower of camomile boyled in poset
drink and taken provoke the sweat
and is good for the same also anoynt
the place with oyle of camomile flow^{er}

for the same

Take Ragwort or *Tanswort* bruse
it in oyle it in *axungia* strain it and
powdered and anoynt the place with it
or

bathe the place with the decoction
of the herb this is also good for the
sciatica

for the spleene

77

take rose mary flowers and balme of each
an handfull borage marigold and hyssop
flowers of each 2 handfull and 6 green
wallnuts quartered steep these in a pottle
pottle of white wine in an earthen vessel
24 houres and stop it close and distill it
in a limbeck take 4 or 5 spoonfull of this
water first and last and at any other
time when you feele your selfe affected

for the stone in the bladder

lay 4 ounces of turpentine upon a hot
burning plate of iron till it may be made
into powder then mixe 2 drams thereof
with 4 ounces of saxafrage water this
take twice a weeke exely in the morning
and continue it for 2 months it will not
only break the stone already bred but
also prevent the breeding of it

for the stone in the bladder

take saxafrage seede anniseede sweet fennel
seeds and parilly seede of each a quarter of
an ounce the seede of philipenoria tarba
ck hermodactily polygodium of the same and
Rubarb of each a drame and halfe cinnamon
comin seede dragon weed seede english
sichoras of each halfe an ounce of fennel
cleansed from the stalks 4 ounces beate all
these together into powder and searce it take of
this powder well mixt the with of 12 in 12 get
drinke made of white wine or all once in 12 or
14 dayes or after if your cause

65 An excellent ointment for
diverse things

take pinks a hit wine a quarter do
boyle 3 parts cardus benedictus
valerian is charity and the lesser
age with the flowers if you can get
them of each a quarter of a pound
of St Johns wort leaves and flowers
halfe a pound steep all in the oyle
and wine 24 howres then boyle it
over a soft fire continually stirring
till the wine be consumed then
straine it and put to it veince
bergentine a pound and halfe boyle
in a howre and halfe then put ther
to *calibnum* 5 ounces myrrhe 3
or more *sanguis draconis* one ounce
let all boyle together till the myrrhe
be dissolved when it is cold put it in
to a glas close stoppt and let it sta
nd in the sunne tenn dayes
this ointment cures all vners and
wounds aches paines in the back
nummed and govt but before you
use this ointment you may
wash the sores or wounds with
white wine wherein must be the
powder of *calibnum*

for a cancer

78

Take a quart of white wine salendine
hyssop red sage rosemary cinkefale
and woodbine leaves of each an hand
full boyle it till halfe be consumed then
strain it and put thereto allome halfe
an ounce and 2 or 3 spoonfull of hony
boyle it a little more then straine it
and put it into a glas close stoped
wash the sore thrice a day with
a lincloth and if it be growne into
the nose squirt some up and bathe sum
on the outside applying clothes wet
in the said water anoynte the sore with
with a little hony and burnt allomse
mixed well together and warme
a little white copras may be dissolved
in some of this water and it will be the
more effectuall this water will in a
short time heale any old sore being
usually washed therewith and a fine
lincloth being 3 or 4 dayes applying
now there is a 2 fold cancer white
and red the red never breaks out but
the white doth

For stande bleeding

Take the powder of browne paper
burned and apply it; and this cures
a fresh wound

for a fistula

Take crewfoete plantan sentorie larke
heede and feaverfew waters of each 3
ounces ruta brymanna sperma ceti one
ounce beat these well together and

66 and put them into the said water
let the patient take 2 spoonfull first
and last and 3 or 4 spoonfull of wine
presently after for or want
of heat or heat but you must
first shake the water before you
take thereof and wet a linnen
cloth in a little of the same water
and apply it to the sore

R For tough flegme lungs coughs
take an handfull of ^{figs} ~~figs~~ ^{sop} ~~sop~~
and pieces of figs and sugar candy
one ounce boyle them in a quart
of water till halfe a pint be
remained strain it and take thereof
morning and night
The rootes of comfrey boyled in
wine and drunk helpeth
the lungs and stayeth the deflection
of humors from the head upon the
brain The decoction of hawthorne
boyled with hony digested thence
flegme in the cleast & lungs and with
hyssop both lieth the cough

The powder of spignell rootes mixed
with hony and taken as a loche breaketh
the flegme and dryes up humors that

that falleth on the lungs

the juyce of Lickoras dissolved in
rose water with some gumme fragran
is a fine colic to all the effects
of an jaund

Lickoras boyled in faire water with
some madoens haire and figs makes a
good stisane for those that have
a dry cough to digest and expectora
flegme for hoarsnesse wheezing
whieezing shortnesse of breath and all
griues of the brest or lungs tick consumption
for Rheumatick eyes

take fine wheat meale put it into
a linnen cloth and dip it in red rose
water till the water be whitened
at night in bed drop it into your
eye a drop or two

for the same

take the distilled water of elder
flowers and drop into your eye
or bathe therewith

for the scall Itch tettering

Ring worne a moste sure medicine of
take one part of plantan water
and two parts of the brien of powder
of beefe taylor thin together and
clarify it and wash your selfe there
with

for the yallow Jandies

take 3 or 4 egges shells and take out
the filme or skine within the shells
and powder them finely then
put to this powder saffron and
nutmeg of each powder as much
as will lye upon a great and take
every morning as much as will
lye upon a great being well mixed
together and drink it in wine or
here fasting for three mornings
together and fast an houre after

for sores or ulcers

colobine a pint of turpentine a pound
unwrought wax halfe a pound
rosin a quarter of a pound and
sheevesvet two pound and orpine
smallage regiwort plantaine bugles
~~prunella~~ ^{prunella} or sicklewort
of each a good handfull chapt
them in a boge all in a pan upon
a soft fire ever stirring it till it be
incorporated then strayne it
through a strong canvase cloth
into a bott and keepe it for your use
anointed therewith or lent or
plasted as you se cause

for an aches strayne or bruisse ⁸⁰

R oyle olive Lij sage camomile sother
wood wormwood ana Lij shred them
and put them into the oyle and let
it stand 2 dayes close covered stirring it
twice a day then put to it lavender
tops and Red Rose buds the whites being
cut of ana mij small chopt and stampt
let it stand 3 dayes stirring it as before
boyle all together over a gentle fire & move
res continually stirring it all the time of
boiling when it hath boyled one houre
put strong Aquavite Lij by little and little
as it boyles stirring continually till the
herbs be crisp and all the water consu-
med then take it of the fire and straine
it through a coarse canvas dry cloth and
when it is cold keepe it in glasse close covered
for an inward bruisse take a spoonfull of
this oyle at a time for 3 or 4 dayes for
an outward bruisse or straine warme a
little and rub and chafe the place a quart
of an houre and wipe your hands on a cloth
and lay it on the place and rowle it up
you may sweeten it with sugar when you
take it inwardly; this oyle will be good
2 or 3 years R For scabed head
boyle tobacco in hoggs grease anoynte there
with it must be well boyled and strained

R⁶⁸ to make a cysterid without eggs
if you make it in past set it in works
and dry it in the oven then beate the
spawne of a pike and strine it with
creame season it with sugar Rose water
nutmeg and mace beat it well together
then fill your past and bake it
straw cumfets on it when it is dyhed
no faul salve for old sores and ulcers
Holer scatica bruyes wounds old or new

R⁶⁹ stamp and straine fave large leaves
of horseleeke as many as will yeild
a quarter of a pinte of juyce to
this iuce add borse greake wax rosen
and halfe a pound powdered and sliced
boyle them together halfe an howre
with a gentle fire scum it as oft as
needed for ulcers or wounds spread
it in plasters on linen for bruyes melt
it and chafe it with a hott hand

to make a fare face
wash your face with the destilled water of
beans flowers or with wine wheren Rosemary
flowers have beene boyled

for the stone to breake it
ask keyes and infuse them 24 howres in
white wine then take the kernell and bake
them in an oven and powder them and
drink there of fasting in white wine

For the lungs

81

take the lungs of a fox dry it to powder y^t a
quarter of a Spoonfull thereof into a little
almond milke or asses milke or of a red cow
and eate it this doe often and it will preser^{ve}
the lungs

to dry a sore

hony burnt to powder and strew it upon the
sore and a plaster ypon it and it will dry it
you may burne it in a ladle or what you please

To make the skin white

take legerge of silver boyled in vinegar
and wash therewith

for the head ache

a dimond held to the heat that akes
quite takes away the paine thereof
teeth to preserve

take the powder of burnt harts horne
burne it till it be white and rub y^e teeth
with it it will keepe them very white
and safe from rotting

an earewig to dray out of the eare

if the earewig be goter into your eare you
will say it will kill you but presently or
so soon as you can get a mellow sweet
aple and leaveng cut a hole in it lay
the hole so cut to the eare then ly downe
on that side and the earewig will com
to the ap^{le} 3 for nose bleeding
if thy nose bleede chew the heart yervin
cle in the thy mouth and it will cease

for the stone in man
in an old cock you may find in his
gizzard a white stone sometimes more
than one this being born about one adds
valour a very little of it being beaten
in an iron mortar for bray spoyle it
and drunk in white wine breaks the
the stone & also the same stone
in a old hens gizzard helps the stone
in women

~~For spitting of blood~~
drink the Iyce of beary in
milk every morning a spoonfull
of the Iyce is aough

for a scabed head or other part
flowers of lavander boyled in
water till the flowers be crisp strayn
it and anoynte therewith

for a sore mouth
rot grine burnt alone and sugar
powder all fine and rub it on
your gum or where your mouth
is sore

for the coming out of
a chilos navill
s^t Johns wort boyled well and laid
upon the chilos nevell

oyle of hyporicon called in english⁸²
st Johns wort newly translated out of
Italion

take eight pound of oyle olive and one
pound of white wine & pound of
the buds of st Johns wort broise them in an
alabaster mortar then put them all in
to a glasse close stoppt that no aire may
get out and let it stand two dayes then
you must boyle it in balnmaria stuffing
it well with hay that it stirre not in
the boyleing after it hath boyled halfe
an houre straine the oyle through a
cloth and put in new buds thus must be
don three times then straine it all and
put to every pound 12 ounces of Venice
torpentine 6 ounce of oyle of allmonds
Distans setayle gentiana Calenne gram-
matico Carleto cardus sancto of each of
these 4 draies of red waxe the waxes
4 ounce ofen washed in white wine
you must beate all these in a mortar
then put them in the oyle pot in 10
every pound one pennyworth of saffron
then put too fresh buds of st Johns wort
mix altogether and sett it in the forme
to daye after that you must straine it
into a glasse & the other is the lysteritis
the vertue of this oyle
are

40. the vertues of this oyle are these
It is hett and dry it maketh sound and
healeth all wounds the sinews being
cut it healeth them it is good for any
burne it ceaseth the passions of the
stomack of the bladder and lower part
of the belly and thuseghes it causeth
urine also it is good for the wormes
any part in the hands which is
the palsy

for the plague or pox or
measles and other sickness
R. take 3 pints of malaga and boyle
therein sage and rosemary and
myrrill one pint be wasted then
strain it and set it over the fire
again then put to it a peniwort
of long pepper leafe an ounce of
ginger a quarter of an ounce of
nutmegs beate them all together
and let them boyle a litle then
put to them as much methered
as a wall must and as much
of a pint of aquavite
your life above all worldly treasures
take it allways warme both morning
and evening if you be diseased if not

once aday will serue all the plague
time if you may truste to this it will not⁸³
deceave you if the hart be not cleane
gone alredy with the disease this is
not onely good for the comon plague
but also for the ~~the~~ plague which is
called the sicknesse the small poxe the
meagles surfitte and other Diseases

a womans deliverance to hasten
polipodium stamped and plastered
vpon the feete of a woman laboring
with child causeth the birth of the
childe presently ether live or dead

for a swelling in any Joynt
upon a strayne
boyle groundsell sheeps fvet and wheaten
bran boyle them to a poulter and
aply it warme

staine in cloth
the water wherein lavender hath been
boyled will take any spot or staine
out of any cloth

for a scald
take thicke creame and set it on the fire
and put into it the greene that grows on
a stone wall and yarrow the greene of
elder bark and five grasse chop them
small and put them into the creame
and stir it well till it com to an oyle
then straine it and anoynte the fore
there with

71 for any venomd part of the body
gray snailles cut of the shells rue and
sower leaven and swines grease beate
all together till it be all one and apply
it to the grieve

for the bloody fluxe
^{factor potas}
boyle the seede of marsh mallower
in wine or water and drinke thereof
an oylment for a corrupt sore
to cleas and eate away proud flesh

take unguentum egyptiacum
white wine vineger and hony of
each a like quantity boyle it to gather till
it be like syrre and so use it say salve a
bove it

for drying up milk in womens
Diaculum ^{brests} simplex spread upon leather
and laid upon the brest

To stanch bleeding at the ^{nose}
put vineger into the eare on the same
side that that bleedeth if you bleed at
both then drap in both eads and it will cease

for wormes in the teeth
take tares beaten and stop the holow tooth
full of them it killeth the wormes and taketh
away the paine

for them that be short winded
to take every day thrice
take one ounce of Ricoras 2 ounce of the
Juice of Placumyana and as much
Juice of Aspe one pound of coltsfoote

body - water and make of it a syrrop with sugar
let the patient take in the morning 2 ounces
as much at night and as much when he goeth
to bed

For a cough and consumption ⁸⁴

Dr Hitch

take a quart of strong ale liquor Infuse
in this 24 howres licoray one handfull
elacampana 3 ounce china rootes one
ounce rasony stoned one pound dates one
ounce then boyle it on a cleare soft fire
till the third part be consumed then put
rose asolis one handfull mayden haire 2
handfull Ioyce of footes foote one pint
boyle it a litle and straine it and after it is
strained boyle it softly to the hight of a
thick syrop

for a paine in the stomack that
males are troubled withall
take 2 quarts of strong ale and put to it
Germaner. vnsett ffope fennell rootes
and persly rootes yennirfall ana one
handfull boyle it to a quart sweeten it
with honey let the patient drink of it in
the morning and at 4 in the afternoo
ne for 9 days together

for one that hath losse the

sence of smelling
take rosemary betony sage and boyle them
in running water till the strength be
boyled out of them then take the water
and herbs and bathe the top of your head
untill downe to the temples

72 halfe an houre together in 4 or 5
times it will help you

for paine in the eares
take the Juice of reu and mix it with
four hony and drop a drop or two into
the eare warme and it will help
you proued

for Costiueness
take the Syrup of mallons or Conserue
and it will help you

for paine in the stomack
take early in the morning a drame
and halfe of mithridate and drink
maluys after it and you shall be healed

for the Emrodes or piles
take oyle of violets washed in the water
of violets and fresh butter of each an
ounce the yolk of an egg halfe an ounce
of linsseed oyle as much waxe as shall
serue make thereof a soft ointment
anoynte the emrodes with it 2 or 3 times
in a day and it will cure you

for the stone
take white wine and the shells of new
laid egges beaten to powder with a litle
sugar and drink thereof

for conuulsions
take muskedine and lavender cloves
Rose leaves, cubebes, mace boyle all together
and bathe the y^e with it a good
while together

for the morpew

take the Joyce of sallandine and mixe it
with brimstone powdered and so use it
for one that lotheth meate

take the leaves of dill and boyle them
in water and drinke 4 ounce and a
halfe it healeth the lothsomnesse of
the stomack

for paine of the stomack

stamp 3 handfull. of rosemary tops with
3 ounce of new capary grease and one
ounce of oyle of sweet almonds boyle
them over a chafingdish of coles till it
be greene then strayne it put to it halfe
an ounce of fine powder of mace keepe
it in a close vessel and anoynte your
chist stomack and side with it warme

for the goute set many Joynt

take black sope and as many yolks of
egges as the sope weyeth stamp them
together till it be like birdlime lay it
upon hand and lay it upon the sove
doe not stirre it of 5 dayes at the least

for the bloody fluxe

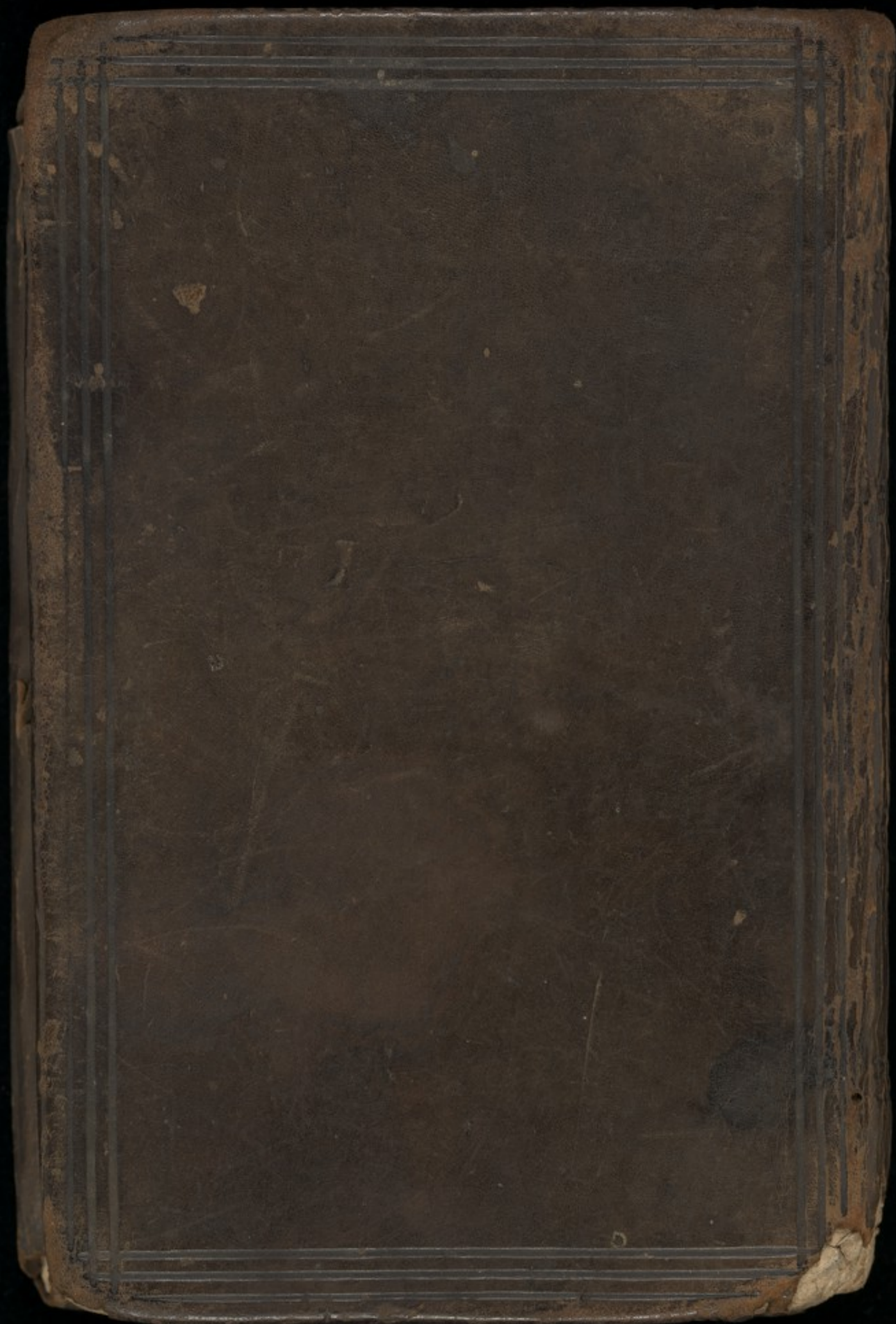
take yarrow and way bread or plantane
leaves stamp them and take the Joyce of
them and make a cake of fine wheat
flower mixed well together bake it on
the embers and let the patient eate
thereof as hott as he canne

Morning Prayer.

Enter not into judgment wth us
Thy servants, o Lord, for in
Thy sight shall no man be
Psal. 143. 2. be justified: But have mercy
upon us, o God, according to
Thy loving kindness: accord-
ing to the multitude of thy ten-
der mercies blot out our trans-
gressions. # And have us when
we call upon thee, o God of our
salvation.

a pound and halfe of ⁸⁶
gersey to 3 pound of yarn













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to cause
i: Rosemary leaves
flowers of both mix
together and put them
in and oyle of roses and
fit it and lay it warme

6

