

Medical Recipe, 18th century

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A Cerecloth for a Sprain

To each pint of γ : best Sallad Oyle (or other proportion) mix a pound of Red Lead, boile these two together till it turns blackish, keeping it stirr'd; then put in $\frac{1}{2}$ of a pound of yellow Rozin beaten very fine, $\frac{1}{2}$ of a pound of γ : best Bees wax, shav'd very thin; 2 Drams of Saffron dry'd & rubb'd to powder; 2 Drams of Sperma Ceti; put all these together and let γ : boile a little longer; then continue it on a slow fire and Dip in your rags or cloths (the thinnest are best) drain γ well (oyling yo: hands wth γ : board whereon you are to spread them) untill coldish; then hang them on lines 3 or 4 Days or till Dry; then rub them with a Slickstone on γ : aforesaid board, & when you lay γ : up, put paper between each piece, keep them from γ : Aire loosely roll'd up or laid flat upon each other till used: But note, γ : as by dipping the Cloths both sides thereof, will be alike Clammy, you must therefore to prevent Daubing, put another Cloth on γ : Outside.

When γ : Composition is made, you may if you please make it up into Rolls, and spread it, when wanted, like other Salvet.

It must be thus apply'd.

Bath γ : part affected very well before γ : Fire for half an hour) wth a penyworth of Oyle of Camomile & a penyworth of Oyle of Exeter mix'd together, & then put on γ : Plaister, first wiping off γ : Oyles clean.

344792

Coocloth for Strains

N^o 726. June 19. 1725.
2^d payable to Hen. Elliot

MS7107

A Cerecloth for a Sprain

To each pint of y. best Sallad Oyle (or other proportion
mix'd a pound of Red Lead, boile these two together till
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Cubi; put all these together and let y.
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to spread them) untill coldish; then
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y. up, put pa
from y. Aire
other fellowe
Cloths both sid
must therefore
Cloth on y. ou
When y. Comp
please make it up into Rolls, and
wanted, like other Salvet.

It must be thus apply'd.

Both y. part affected very well before
an hour) w. a penyworth of Oyle of Cu
penyworth of Oyle of Exeter mix'd to
put on y. Plaister, first wiping lo



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