

Walker, Thomas

Contributors

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Walker (Thomas)

Book of receipts in English

1630

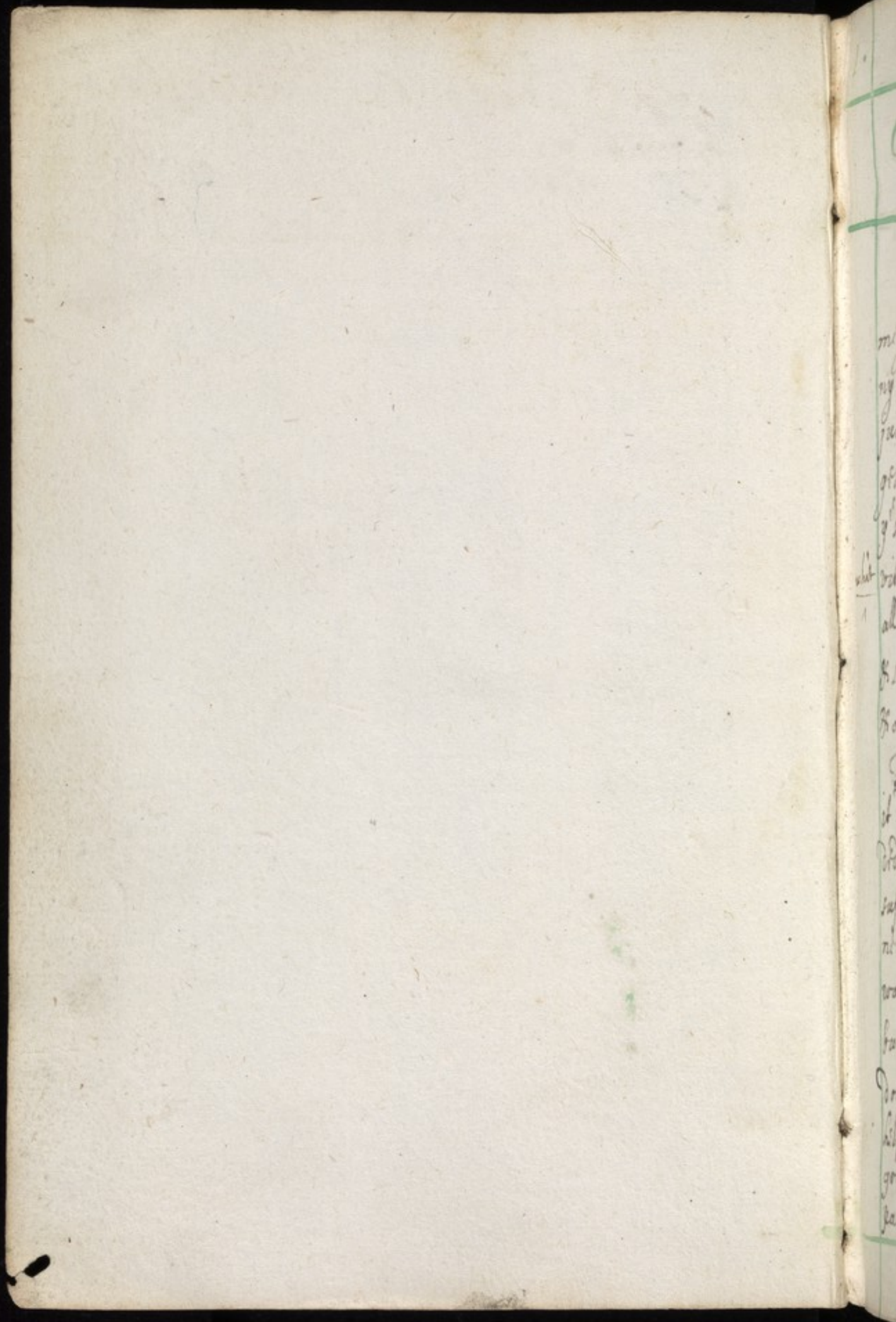
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Thomas Walker:
his Book;
~~at~~
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from
H. K. K.
make
D

A grain is y^e wright of a barley corn
A scruple is 20: barley corns. 3 scruples
make an oz.

℞



Pour La Medicin.

Aqua Mirabilis.

Take Galingale, Cloves, Nutmegs, quibbibs, Ginger, Melilot, Cardimomny & mace of each a dram. take of y^e Juice of Sallindind halfe a pinte. mix all these things made into powder wth y^e said Juice, & wth a pinte of y^e best Ag^{re} white vitriol, & 3 pintes of very good wine, put all they together into a stillitory Glas & let it stand all night close covered & on y^e morrow still it wth an fire.

This wat is of a secret nature for it dissolveth y^e swelling of y^e longes, w^{ch} are d^ead or perished: it helpeth comforteth & suffereth not y^e blood to putrify. he that never need to be let blood wth this wat. it suffereth not y^e heart to be burnt, nor fleame & melancholy to domine our nature. it expell^{eth} Rume helpeth y^e stomack, conserveth youth, ingend^{er} good colo^r. helpeth y^e memory, destroy^{eth} y^e palsey, and spooneth her of rheumat^{ism} a Man.

i a
week

taken at y^e point of Death in Summr y^eft
i spoonfull in y^e morn: fasting & in win

The same wth som deferred. 2.

Take Gallinall Clowd Quibibis. Cin
millilot, Cardamom, Maer Nutmegs
of each a dram, of y^e joyes of Sallind.
8 oz. mingle all thos made in powder
wth y^e same juiced, & a pint of Ag. wit
y^e pint of good white wine, put all
shedd into a stillitory of glass & let
it stand soe all night, & on y^e mor
still it wth as esp^d a firs as y^e can,

for an Ache or nummes in y^e leg.

Take Cheekeweed, & heat it hott
betwix 2 broad boards, & apply it
to y^e greiv^d as hot as y^e can suffer
it soe oft as y^e can.

for an Ague sore.

in y^e
Leggs

Take a spoonfull of y^e juiced of
Smalidge, y^e yolke of a egg: a spoonfull
of honey: a halpenny worth of Saffron
lett all thos be well beaten together wth
y^e juiced of y^e Smalidge, & a spoonfull of
fine flower, being well tempered, spread
it on a fine cloth & apply it.

for Aches in y^e hips, & flanks:
Take Mallos Leauds & Lipt from
y^e stalks, boile y^e in pure running wa.
untill they be soft. y^e put to it half
a pint of Sallett oile, & lett it boile a
lett. Long: then draw out y^e legr fro
y^e hearbs. & for wth a cloth laye it to
y^e place as hott as yo^e can suff. it.
for Aches in y^e leggs, or flanks.

Take Mallos, choppe y^e & putte
y^e in new milke, wth oate meale, be
ing well sod spred it on a cloth, &
poure sum Sallett oile on it, so laye
it to yo^e greifs, & biost. v^eping. remed.
for Aches in y^e flank. or knee.

Take Cowdung, a litt. new milke &
Cumin seed, wth may butt. fry y^e togs
till it be some thick. so laye it on y^e
greifs as hott as yo^e can indur. it.
for Aches in y^e numner of jointes.

Take a pint of Malmsey, jth of Butt. wth
out salt, Red sage, knot gras, & camamid
flow. of each a handf. boile they to half
y^e straine it, & put to it 2^d. of saffro. dryd
& beat. to poude. y^e boile it againe & strae
it & it will be an oile, so therwth anoint
yo^e. & chafe it in wth yo^e handes (.)

For Aches in y^e Leggs of
Take a qt. of Malmsey, 3 or 4 hand
of Smalldy, a good pece of Sheeps tū
as big as a egg, boile t^hey toget. & ba-
th^e y^e Leggs t^herwth as hott as y^e can.
y^e bind y^e Smalldy to it, so aply it Mo: 33:
for Aches nummy of y^e feet.

Take a qt. of wine, Sagar & rose-
mary, & beils y^e toget. wth allint. take
y^e sprmick^t it wth Aquavite, & bath^e
y^e feet t^herwth wth y^e goe to bed; keeping
y^e very warme.

for a quartan Ague.
Take a leue Seneh, splitt it, &
laye it to y^e Stomack.

An Ointmt. for Aches.

Take neccessoore oile halfa
pint, Aquavite halfa pint, the
Sops of Rose mary a reasonable han-
dfull; Ruot, & red Sagar, of each alike
quantity, soe Stamp all y^e herbs
toget^her. & put y^e into y^e oile & Aqu-
avite & boile y^e toget^her, untill y^e
thinke y^e Substance is out of the
herbs. y^e strain it from y^e herbs, & sup^r

ij green Ointment. good for bruise & old
Rach, Spleno or Gout.

Take 3th of Butt^r in y^e month of
May & salted. a pott^r of Black. Ma
ilog. y^e butt^r being melted, put in y^e
Snail^r & lett y^e boile halfe an hore.
stirring it alwayes. y^e take it of y^e
fire, so take 2 handfulls of Rosma.
of Balme, Lavender, Lavender cotte
Southernwood, Of. mary, Eto. leaves.
Buglos, Brooklime, Camamile, Sage,
Day leaves, Erbe grass, Mint, & wor
mewood, of each 2 handfulls, w^{ch} her
must be gathered in y^e heat of y^e day,
& must not be wast^d. but pickt shred
& bruise in a Mort^r. y^e sett y^e Butt^r agaⁿ.
ond y^e fire, & put in all y^e herbs. So
boile it till it cum to an ointment. w^{ch}
y^e herbs be halfe boiled, put into y^e
a poring full of Cow dung, & hon^d. dung
newly made, & put the^m in to boile wth
y^e spices as follos. 3 quar^t of a. of y^e best
Frankinsene. ij oz of Nutm. stied. ij oz
of Mace brused. w^{ch} it is boile, strain it
& lett it stand ij dayes, then Clarify it wth
coale, & put it up for y^e use.

For all man of Achdy.

Take y^e whole horn of a Buck
y^e later he cast it y^e best. cast a-
way y^e stump, & cutt y^e rest in
pieces, & seet it in a Gallo. of
faire wat. till it cum to a pint
y^e cast away y^e horn, & lett y^e
licker stand till it be coold, & it
will be like a jelly, when y^e use
it warme storof, and anoint y^e
grease by y^e fire morn. & Even.
Lesting it baken & it cures p^ro.

A drink for y^e Ague & every
Cordiall in any disordr.

Take 3 pints of Malmsi or
rissed thoro 3 pints of y^e best
Muscadine & boile them in one
headfull of sack, i hand of Rur till
a pint be wasted, then straine it
& sett it sett it ou y^e fire againe
then put thereto a penyw. of Long
pepp. halfe an oz of ginger. a qua.

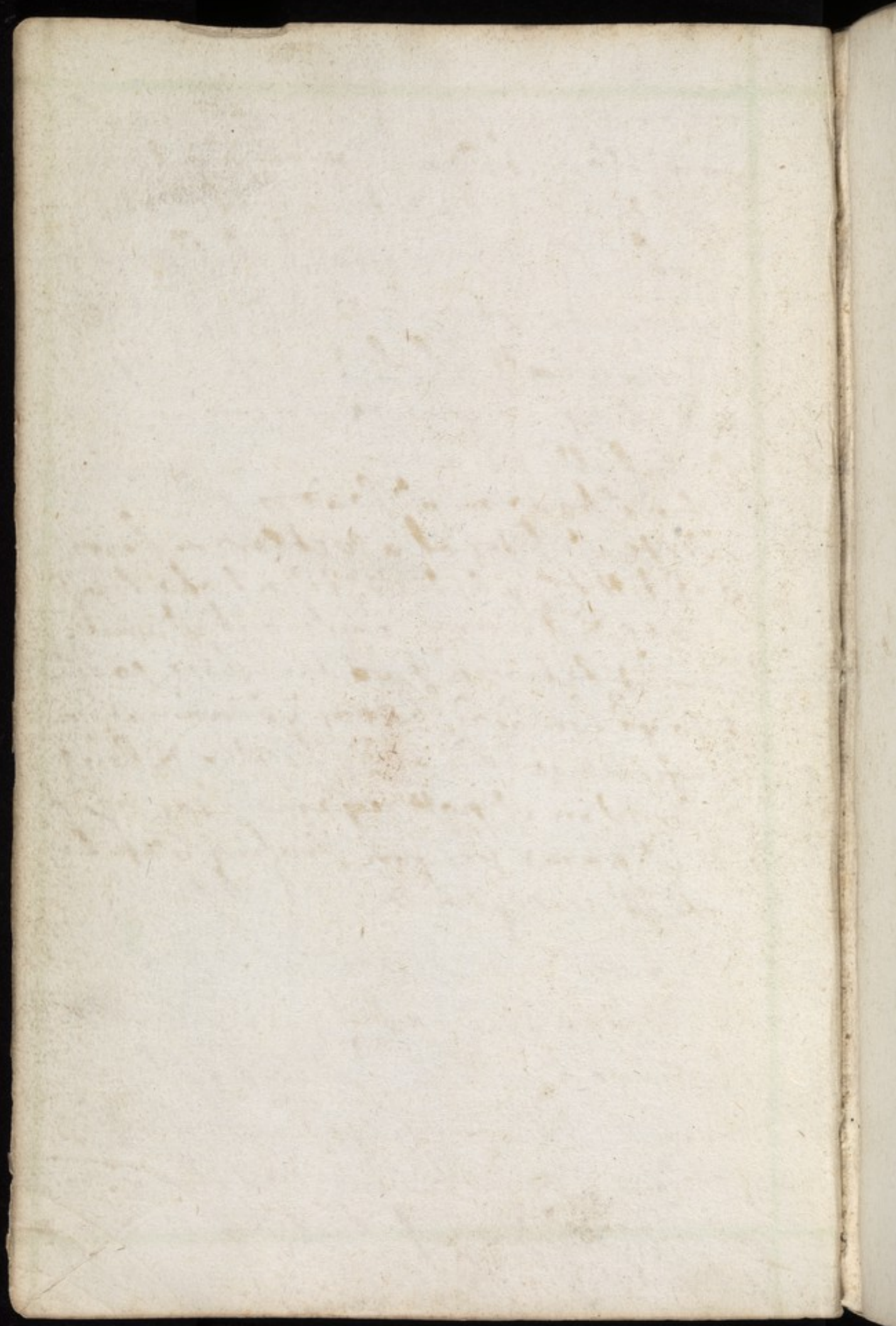
of an oz. of Nutmegs all beat
together then lett it boile a
Litt. & putt thereto 4th of Metrida
2th of Treble, a quart of a pint of
Aquavite. strain it & put it
into a viall glass & stop it up &
use it as yo have occasion. 2 or 3
Gronfully at a time.

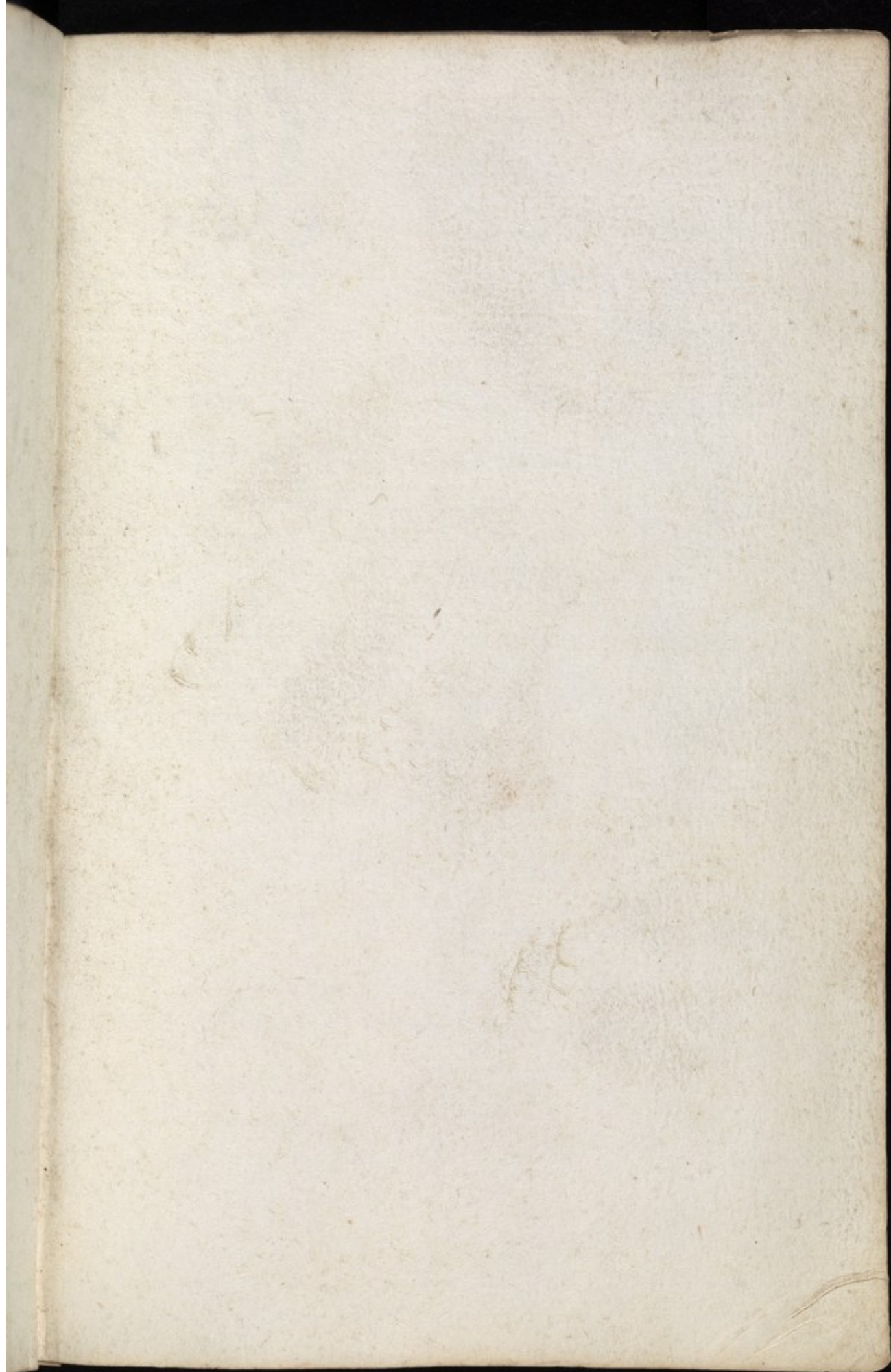
for y^e Ague in y^e head.

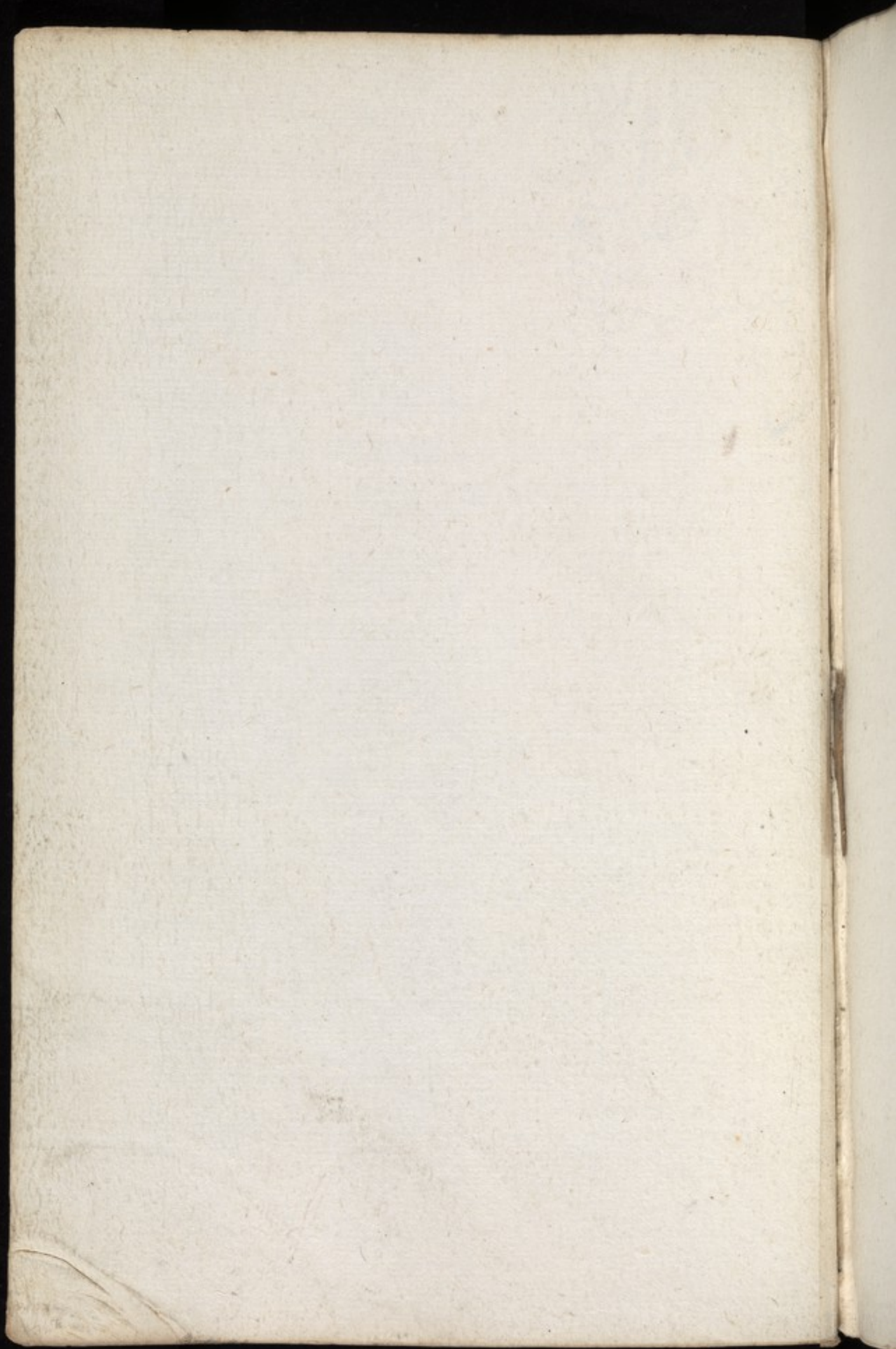
Take y^e Lites of a wetter in faire
wat. till they be tend. then take fro it
y^e pines & stringes, bruse out y^e wat.
from it between two trenchers, so bind
it to yo forehead hott as yo can. when
one peece is cold apply another, & heat
y^e forme in y^e pott againe soe use it
till y^e paine be gon, brushing y^e water
from it every time.

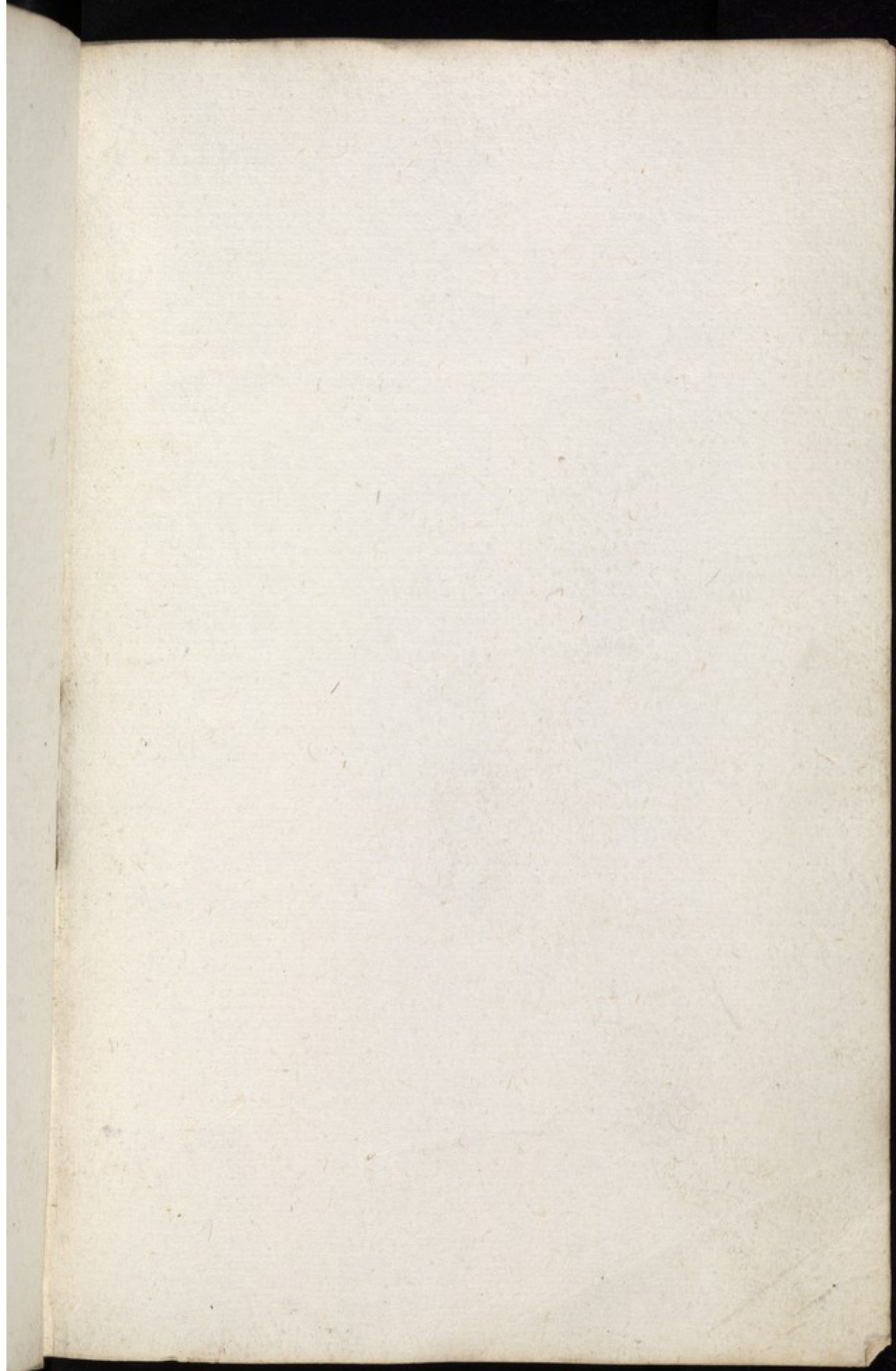
for an Ague.

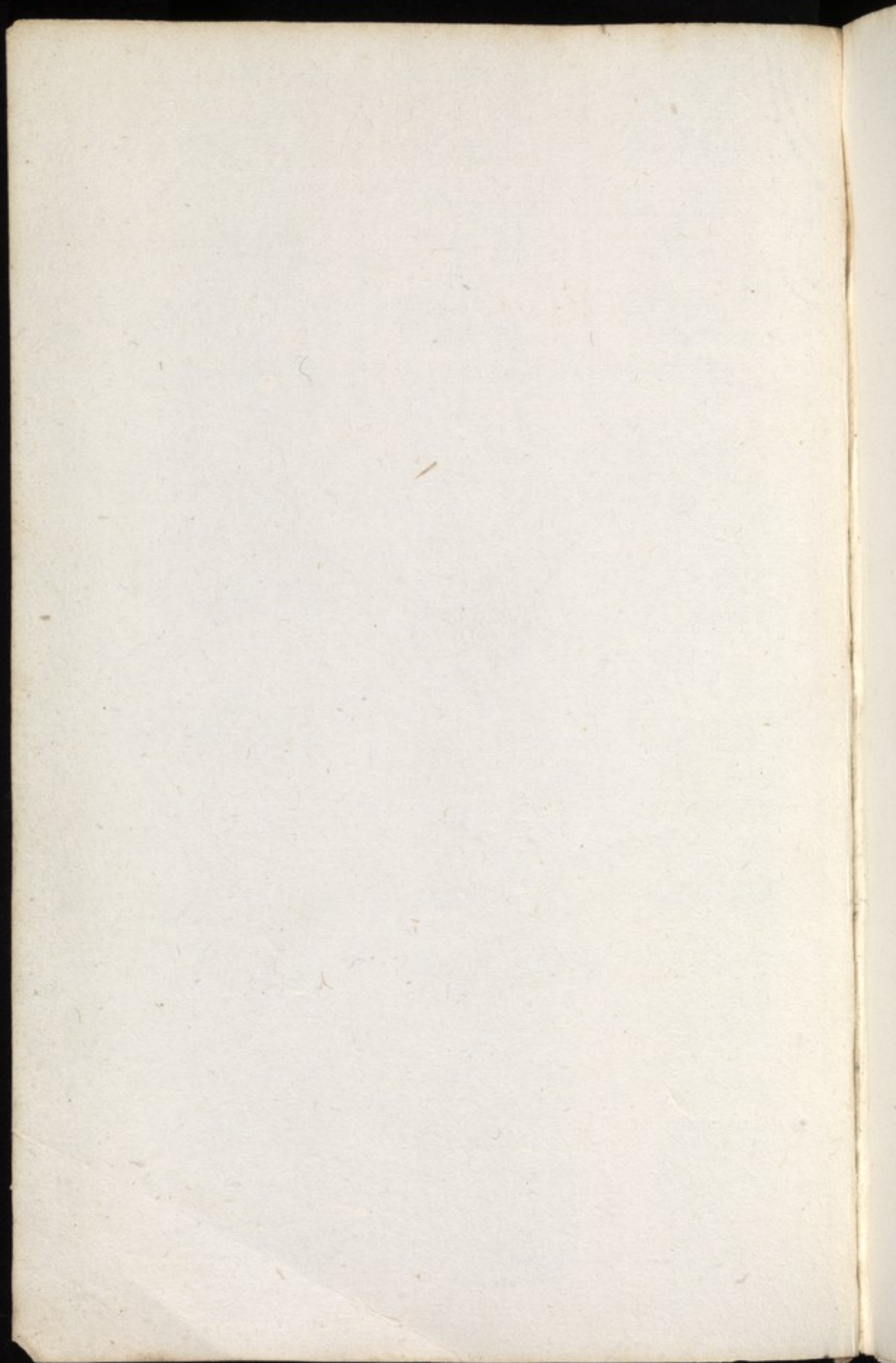
wood-look Currany &
Tobacco, a like quantity of
sage. Stamp them well to
gether, spread it & strow a
ginseng wth of saffron & ap
ply to y^e Rist^{er}.

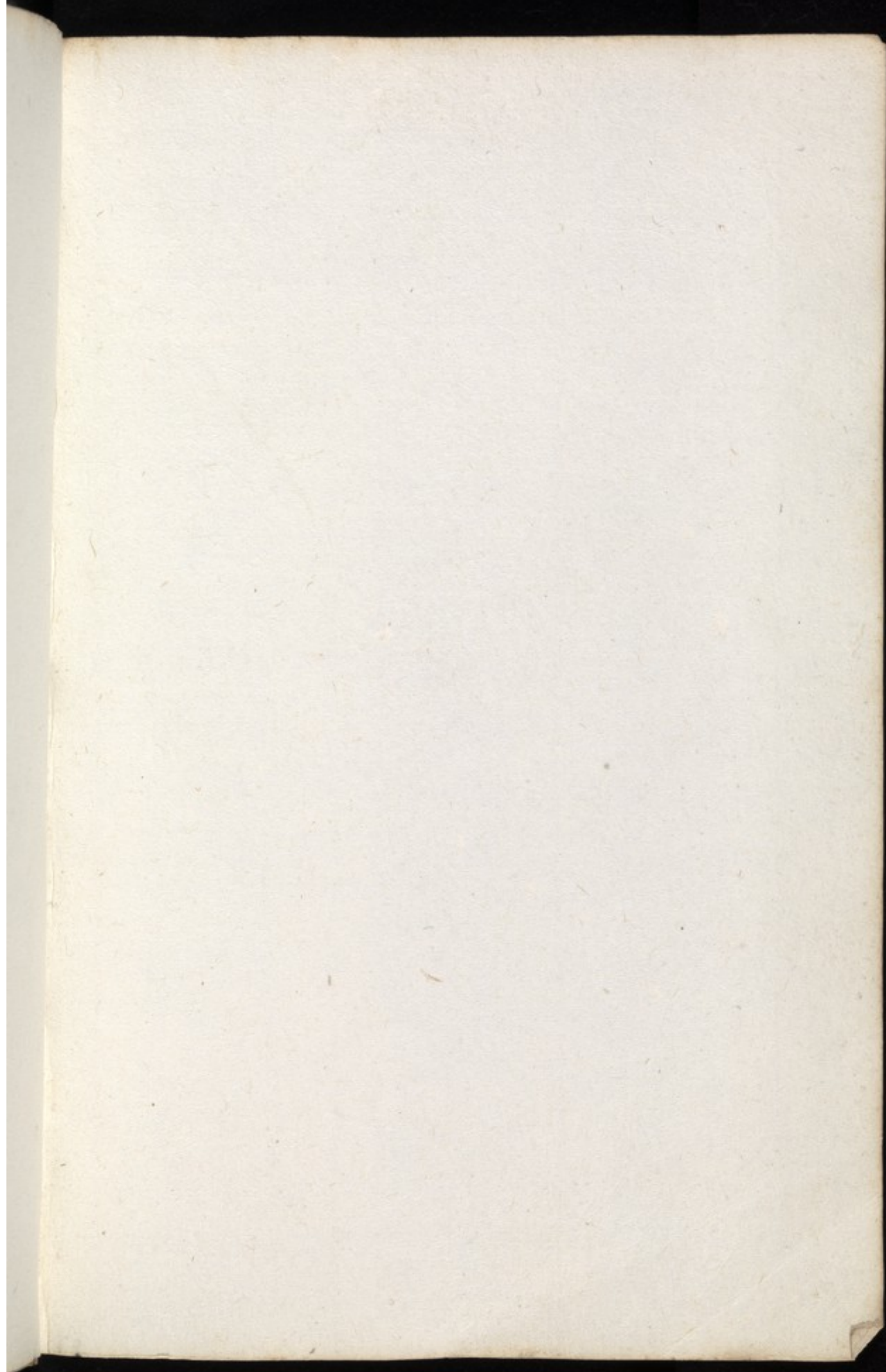


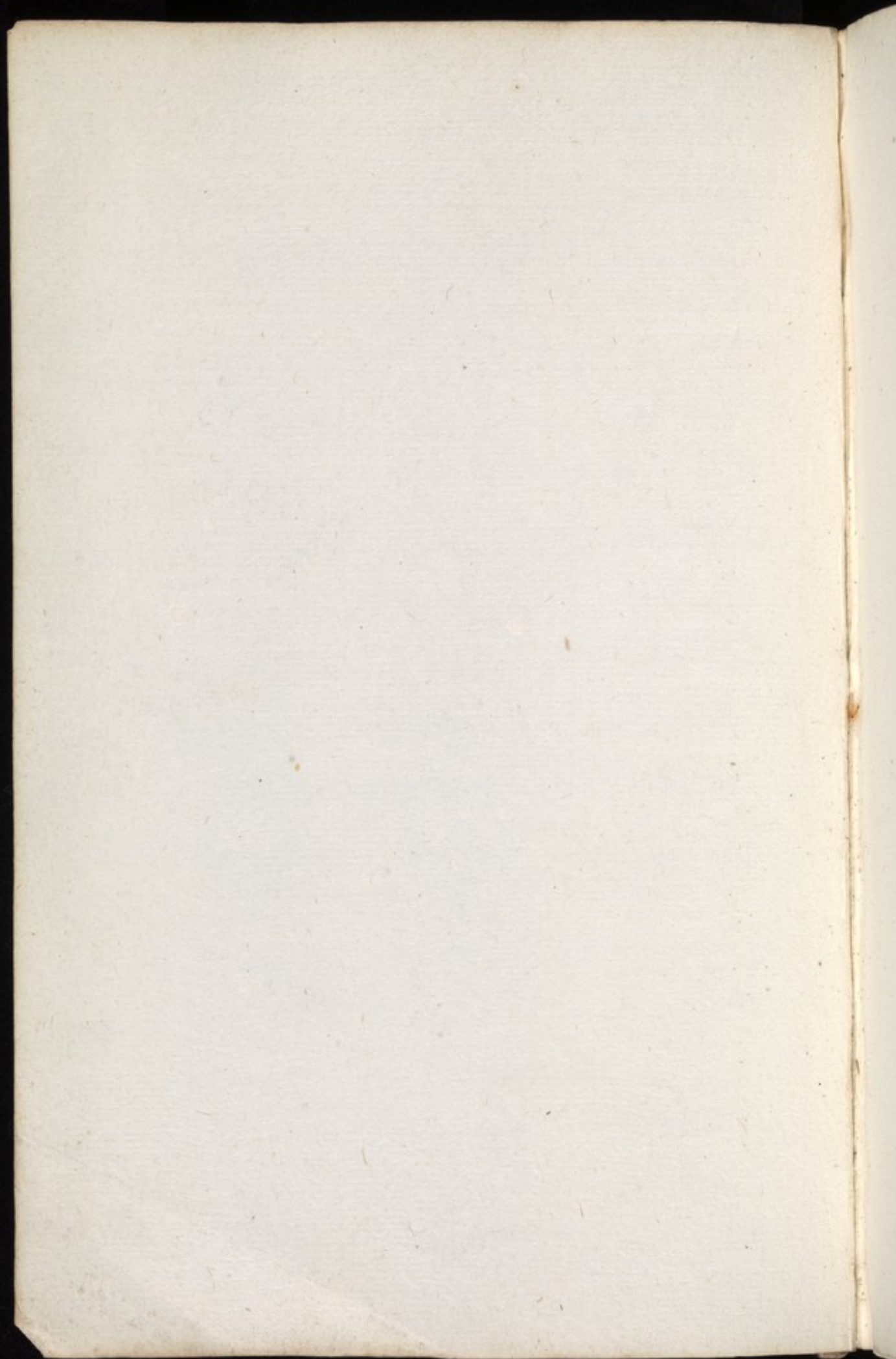


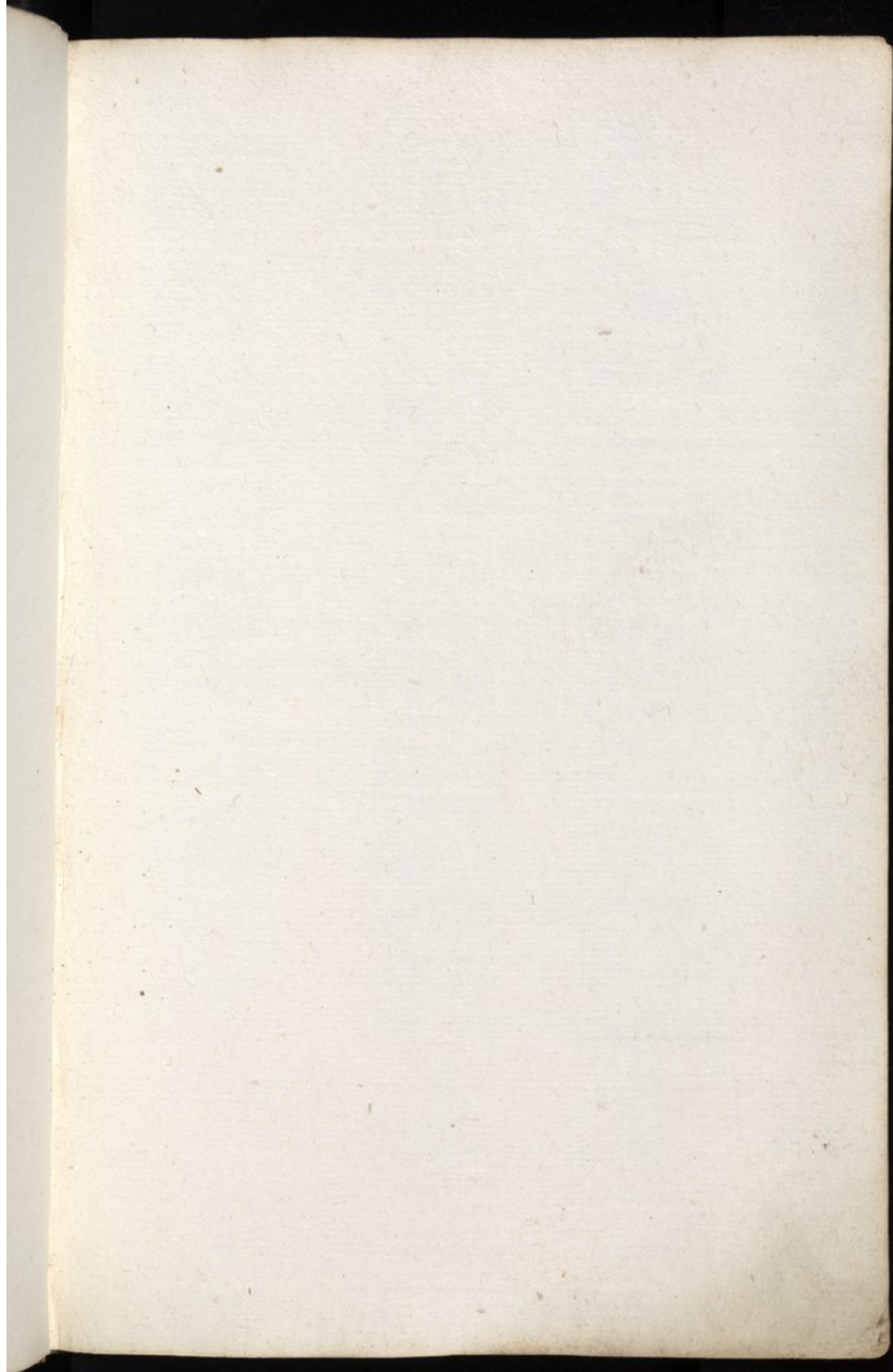


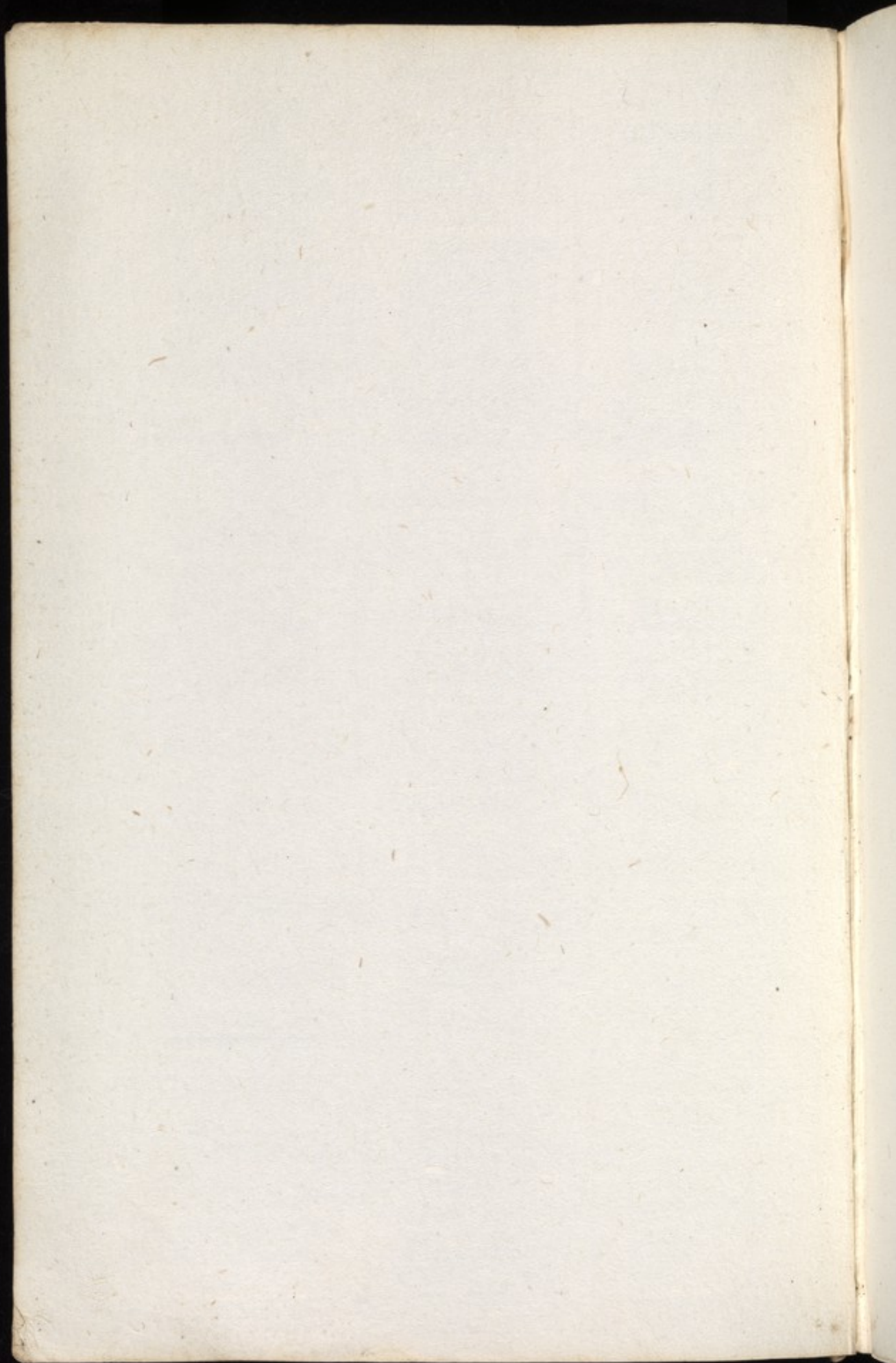


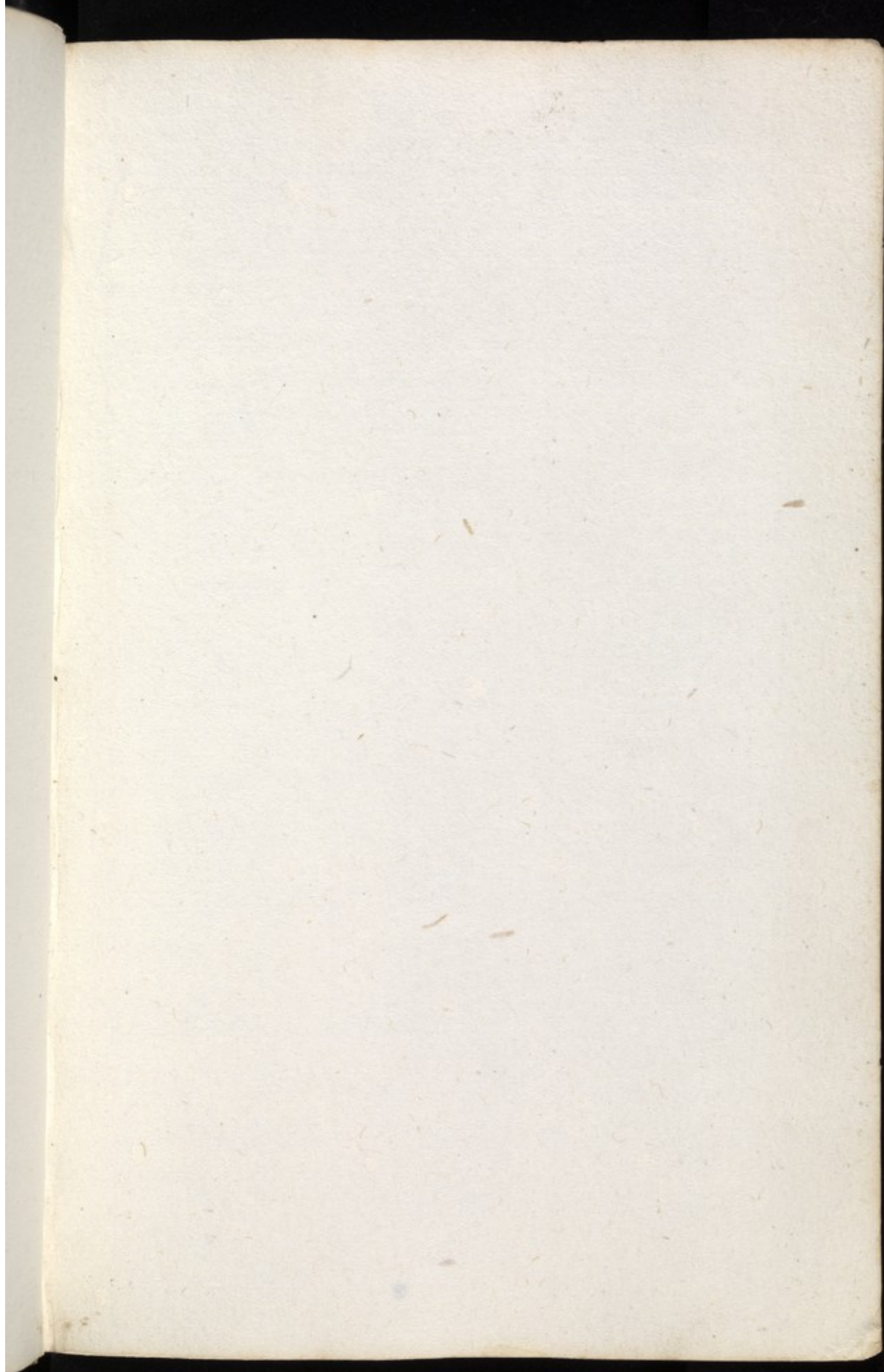


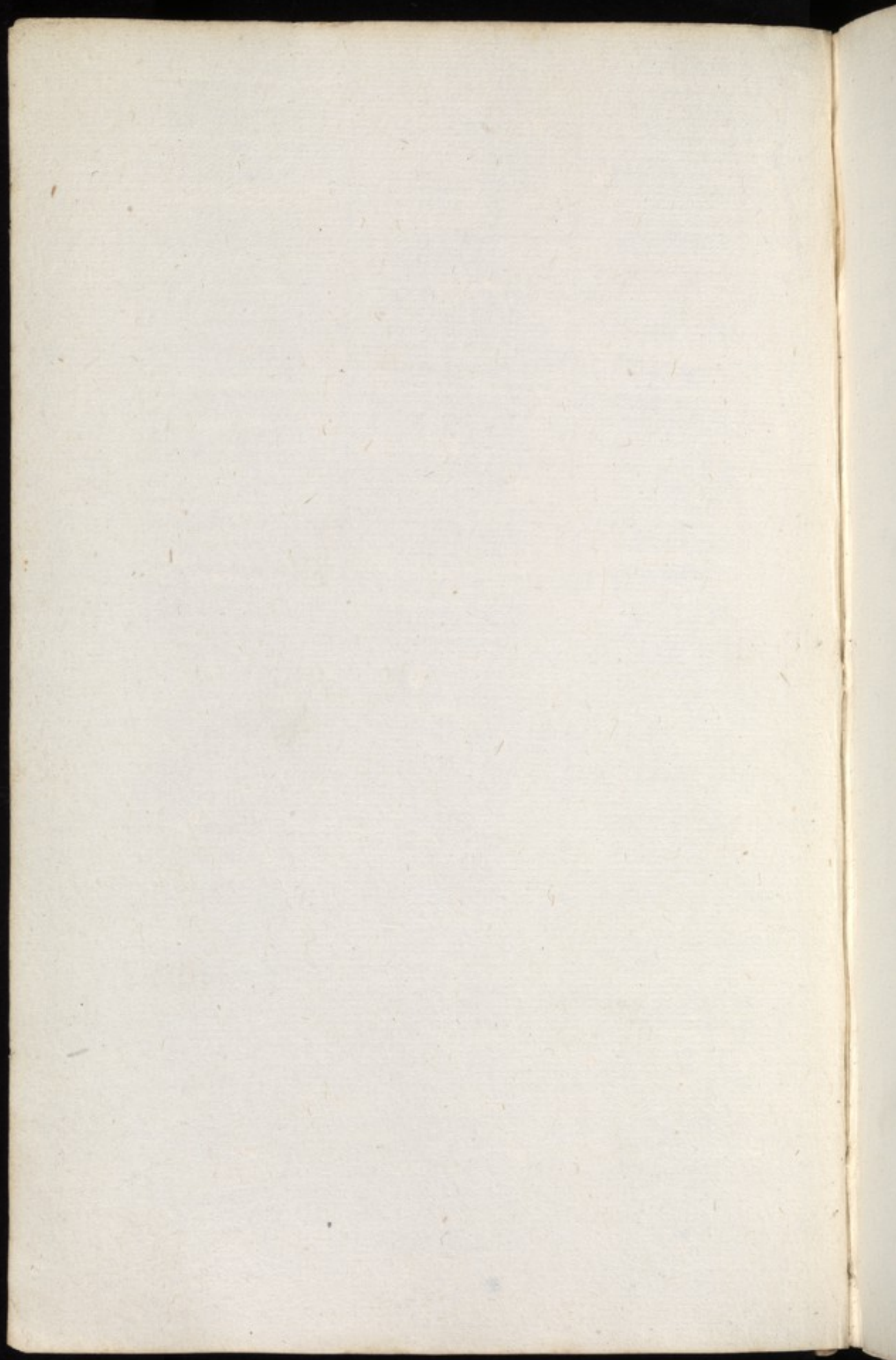


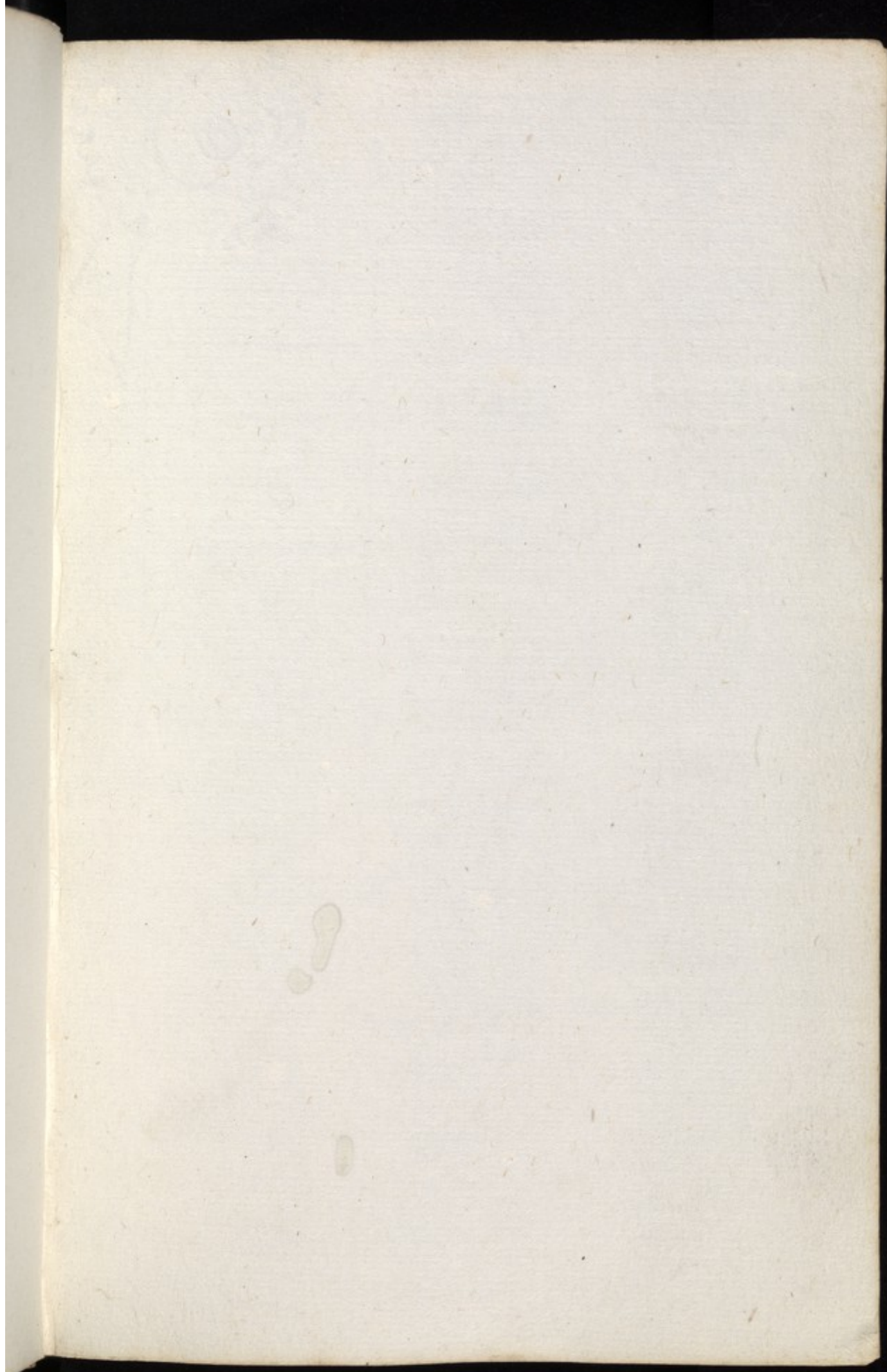












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Take oringo-roots in sirrup shred y^m
 very small, & like quantitie of Dates
 shred as y^e other, then beat & beat till it
 comy to a consirud. then put in a little
 amb^r gresed all temp^d together, then
 putt it into a Glass & so use it in the
 morninge fasting 2 or 3 times a week
 yo^r shall find it comfortable for the
 stomag^e & y^e weaknes in y^e Back.
 for y^e Back.

Take of y^e oile of Lettice & of y^e oile
 of Camomile mingled together, but not
 soe much Camo. as of y^e other, & anoint
 y^e Back evening & morning & shall find
 greates ease.
 for y^e same.

Take y^e pith of an Ox back drye it &
 beat it to powder then take of y^e hearb
 Ripe, & Clary of each i handfull chop them
 small, pound them, & straine them & put
 to y^e juic 2 new laid Eggs beat y^e putt
 in yo^r powder they compounded in a qua
 of good strong Ale with w^h as much
 suger as shall make y^e pleasant, soe drin
 of it morn. & evening.

for y^e same.

Take 3 pintes of y^e stroking of a-
red cow, y^e whiter of 3 or 4 new laid
eggs well beaten, putt y^m into y^e milk
it being first sodde. then boile y^m
together fro 3 pintes to a quartth wth
a quant^e of a stick of Cinamond sugr.
& a litt. rose wat. all being boild
together, drinke therof Mor. & euⁿ ni
& yo^e shall find much comfo^t. by it.

for y^e same

Take y^e pith of an Ox back &
dry it, yⁿ beate it to poude: small. 2 new
laid Eggs: of y^e hearbe Nep, & Clary of
each 1 handfull, chop y^m pound, & str^{ain}
y^m & put to y^e juiced 2 eggs y^e yolke, &
white, yⁿ put in y^e poude^r of y^e pith
& y^ese compounded toget. in a quart
of good stronge Ale, seeth wth as much
sugr as shall make it pleasant to
yo^e taste. Drinke therof morn. & euⁿ
till it be spent.

for a stinking breake.

Take comin seed leete it in water:
put sugr thereto: so take 5. or 6. spoon
euⁿ morn. for 5 days together.

for y^e shortnes of Breathe.

Take a Newlaid Egg, break of y^e
top & putt out all y^e white, & then putt
into y^e same as much flower of Bristo
as may be taken up wth a shillings, a
spoonfull of Coltsfoot wat.^r wth a litle
beat sugircandy, all wth bringd mixt
together, warmed, & stirr it, & take it
in y^e morning fasting, or going to Bed
aft.^r a litle suppe. insted of Coltsfoot wat.
yo^u may use red rose wat.^r but y^e other is
better.

for a Burn or scold

Take halfe a lb of Barrow
grease a pint of y^e best calot
oil, and a litle piece of ~~my~~
virgine wax melt all thye together
& beat them up in snow wat.
soe apply it & put a piece of
Lawne thereon, & dress it euer
after wth out removing of y^e
Lawne for Bleeding.

Make a Garland of pome &
hang it about y^e neck of y^e p^{er}son
or any other part, y^e it is need y^e
bleeding.

To coole y^e Back.

℞

Take y^e juiced of Lingreend, w^o: milke
Red rose bin gre & Rose wat. all ming^d
together so bath y^e Ba: wth it ofow
& lay y^e wth cloth & d^rso.

for y^e same by Doct. Turner?

Take of Dreggs of strong vinegre. j
pinte, & put to it halfe a pinte of y^e juce
of Succory, halfe a pinte of y^e wat. cress^e
well stamped & strained wth a little viny.
dip her in little linnen cloutes, & lay y^e in
to y^e side some^{wt}. backward, but not upp^r
y^e riegs bond, wth often use, much good.
for y^e same.

Take of y^e oils of Lettice 3 parts: y^e o.
of Camamili 2 partes: mingle them toge^r.
& anoint y^e Back evening & Morn.

for a Burning or scalding

Take a fern^e roose craped & bind
stamp it, & strain it wth a little Cre
ame, soe anoint y^e place.

To stench Blood.

Take a handfull of vnde leaved dry th
& beat y^m to powder & put of it into y^e
place y^e Bleedeth.

A plaist. for a weak Back.

Take white Lemphrey roots, scrapp^m
& stamp y^m wth new sheeps treader, of ea
ch of y^m a handfull yⁿ take y^e white of an
egg & a little oile of Rose worke all oyle
together in a Mort. so spread it on white
paper & lay it so y^e small of y^e Back &
keepe y^e selfe gently swathed.

for a Burninge.

Take of y^e white of Eggs new laid
& a peece of Alum, beat them together till
they com to a froth. then take a linnen
cloth & dip it in oile of Rose soe laide
it to y^e sore, & y^e froth of y^e Eggs a good
licking upon it, soe bind it up wth
a Clothe & dress it Mor. & Even.

for to stench Blood.

Take a handfull of vnde leaved dry
y^m & beat y^m to powder. & put ther of into y^e
place it it will stench y^e Bleeding.

A diuine drinke for y^e weakness in y^e Back
Take Comfrey Rootes, Knot Gras:
wile, or fild Daisie rootes, & wile Tansie
of each a handfull: Cinamon 2 drams;
white Sanders one dram, boile all thes
in 3 quarters of wat. wind measure to a
Pottle, & strain fraime it wth out wringing
of it. A Dy. & D. to be vsed. Spr. or fall.

Take a Pottle of faire Spring: wat.
halfe an oz of Quina, a quart. of an oz
of Sasaparilla, & halfe soe much Sassa
fras, y^e waite of vij. of Licorish & Lie
a handfull, of red rose leaues dryed:
put all thes into into a Chewater, &
set y^e on y^e Ember, to infuse all night
y^e boile it to a pint be consumed, or more
Straine it wth out wringing y^e Cloath.
& soe drinke of it warme in y^e Morn.
a good draught, fast. & on or 2. befo
supp. This is good for cleansing y^e Kid
neys or Rames.

To make y^e wine of Squills.
Take of Squill. prepared, baked, & dryed 1 oz.

of Galanga minor sliced, of Sclammy aromatic
of y^e dry rootes of Maleponey;
of each y^e weight of 3. of Oximell simplex
iii oz. a pint of venish wine, or white. halfe
a pint of sack. sett all this in a glazed
pepkin close covered over y^e fire wth out sta
ge. Let y^e stand very hott & lowe. y^e n^{ext} let
em boyle 2 or 3 halmes. then take y^e m^{ost}
y^e fire & let y^e coole a little. soe straine it
through a gilly bagg. let it sett & keepe
y^e clearest of it in a glasse close stopp'd. it
is good to take thereof euery morning for
3 mornings together. y^e first 1 spoonfull
y^e 2^d ij. & y^e 3^d 3. take it fasting & take
warmed. walke aft. it gently & fast 3 hou
this may be vs'd once a moneth or oftner.
except in y^e Dogg daies

Mr. Ashford. for y^e ease of grev^e w^{ch} is
from distemp^r, heate, & euill disposition of
y^e kidney, & other obstructions, about the
Back, wherby grauell is bred, & y^e second.

& sorow of y^e kidney to be feared
it is first expedient to keepe order & mo
deracion in diet, as salt meate, flegmat. &
windy meate. spices. hott & sharpe caules.
fruits & cheesse. new drinke, hot winds. fr
foggy Ayre. vs^e modtrat exercise. keepe

A mind free fro passion, & sorrow. y^e
Body soluble; not heati y^e Back by y^e
fier or Lunge one it.

Consider Medicing to rectifie y^e dis-
temp^r. in y^e Back or Kidneys. it is good i
a Monish to chene y^e Stomach. & to dis-
solve grauell in y^e Kidn^s. For w^{ch} take
of y^e wine of Squills. & daie together. iij
first. two spoonfulls y^e 2^d. & 3^d y^e third.
morn^g: It is good Spring & full to ma-
ke y^e firmides to bleed by Leaches, w^{ch}
is a good kind of bleeding for those past
50: especially to those subject to Malin^g.
& haue other naturall courses stopped. a
gainst heat in y^e Back or Kidneys.

For y^e cleansing y^e Body or keeping it
soluble. I hold other kind of purges hurtfu
to y^e Kidneys. & therefore for this p^{ro}po-
sed. Cassia Electuarⁱ. or Electua^r. Si-
uitie. or Diacasia cu Manna. or vni-
versall Turpentine washed in Alkikengi, or winter
Cherry water or red rose wat. & tempered
wth y^e poudr of sicorish & white Amb^r
is good to cleanse, & heale y^e Kidneys &
in many it doth take y^e Body soluble, &
is good for y^e Stomach. /

Cross nor other purging Medicines except in some
more v^tg cause, as y^e kidneys bring much
stopped wth grauele or stone. or y^e Collig: y^e
take 1 oz of Holland powder. frend in a
pint & a half of R. nish wth y^e pier of a
Limon & a piece of wh. Sug. as big as a Egg:
Let all stand in y^e Embers very hott 8 or 10
how². but not boyle y^e cooling it straine
it gently through a gelly Bagg, drinke
of half a pint in a morn. wth som powder
of Nutmegs, at 2 or 3 draughts, as y^e are
Able. this doe 2 or 3 Morn. & fast 2 ho² after it.

The use of swete sallit oyle, R. nish
wind & y^e pier of Limon is good both to ease
& coole y^e kidneys. ver. fol: . . .

for Cramp^s or paines in y^e Belly.

Take Liptered oile & (woodings fry y^e
together & press them vpon a Cloth. & lay
it to y^e Belly as hott as y^e can suffer it.

for a Sore Brest.

Take Goatsy donge, dry it to powder. Beat
it & sive it, then boile it wth Eng^l honny
soe dip in cloathes & lay y^e to y^e Brest.

for a Burne.

Take Alehope a good quant wth adderstony
beat y^e wth may Butt. & Let it stand in y^e Sun
a month. soe use it.

The use of sweete sallie oile, Rind wine
& y^e joice of Lemons, is good both to ease
& cool y^e kidney, so dissolue gravell, &
I thinke it good to putt to euery draught,
5. or 6 spoonfulls of distill'd Milke. Or yo^e
may take a qt. of new Milke. 1 oz of Licori
scraped, & sliced, as much of y^e rind of y^e
Mallows rootes; of y^e rootes of Philippi
dola; & redish, of each y^e weight of 2. one
Lemon y^e rind cutt of, into small peeces.
Let all thes thinges stand together i night
& y^e next day distill y^e very gently, & stir
y^e very well to mingle y^e.

for to coole yo^e Back? yo^e must lay
vpon a Calues skin tane like Span. &c.
In summe yo^e may apply to yo^e Back y^e green
draught of wat. Likid, sprinkled wth wat.
& vinegre; wth renew of oile. or apply to yo^e
Back vnguent. Refriger. washed wth y^e joice
of Lemons: & if y^e heat doe arise upward
toward y^e Shoulders, it is good also. a purgim.
& bleeding as aforesaid, to raise a Blisse. but
wene them & cause it to runne. but it m^{ust}
not be don wth Cantarids. for they
doe hurte y^e kidney, but wth vntofoode, or
Spurreworthe or y^e like. This is good to int.
cept

sharpe humore w^{ch} may haue coured fro:
y^e head to y^e Back. 1

for y^e cooling & strength bringe to
y^e Back & Kidneyes y^e Body being first clea^{ne}.
wth Gum Cassia, or y^e wmd of Squills. yo may
take this pou^{der}. & little pills.

The true use of y^e is to take as much
of y^e pou^{der}. as will ly vpon a 2. &
put it into a very reare Egg half y^e yolke
or more being taken out, & put therein
half a spoonfull of red rose wat. & soe sup^{per}
it up & fast 2 or 3 howers af^{ter} it. & if
3 morn^{ing} together. of y^e small pills take 3
at night before yo^e sleep, 2 or 4 times
in y^e week.

for a sore Brest

Take a Sheeps head, & boile it
well & all in as much wat. as maye
keepe it boiling 5 A hower. y^e taking
Legs, straine it, and boile it againe
som^e tied, stirring it, when it is boild
som^e thick put to it y^e yolke of 2 Eggs
a little Saffron strained, & a spoonfull of
y^e Oile of Camemile, soe anoint your
Brest thereto^{re} it being warme. 1

for pricking or shooting in y^e Brest
w^{ch} cometh by taking Cold.

Take Black wood from y^e Sheeps
neck & quilt it vpp^a a cloth y^e Breadth
of y^e Brest, yⁿ take 4 spoonfulls of Cap-
ns greace, & 7 spoon. of aquavite, & the
flower of 3 Cloves, boile these together
in a little posnett, till y^e Aquav. be consu-
yⁿ anoint y^e Brest therwth, & lay y^e woo-
d vpp^a it being very warme, but take
heed this ointm^t com not neere y^e Stoma-
ch for it is to doo for y^e place.

for wounding Brest & other Cuts.

Take whitewine & Brand flower,
boile y^m to a poulter & apply it warme.

for Bleeding inwardly.

Take 2 oz Nutmegs, beat y^m to
poud. wth a good quantity of flou^r wort
stampd, to wth y^e juiced & scrof, som are
able, & y^e poud. of Nutmegs; mingl^y
together & being like warme drinke scrof.

for a Burning.

Take of y^e inner rinde of an
Elme tree, cut y^m small, the quant.

of a handfull, stamp y^e in a stone
mor. y^e put to y^e a quart. of a pin
of cream, stir this toged. in y^e mor.
& straine y^e soe anoint y^e griefe
for y^e same. |

Take a Onion, pierce it, stamp
it, & straine it, then put to y^e juic
a litt. oile of Linseed. beat y^e well
y^e take a peece of lincow, about y^e
bigndy, dip it in y^e oile, & lay it
theron, for y^e paw of 2 how. & wth
a fetter keep it moist wth y^e oile
when 2 how. is past yo must ha
in a redind, of y^e purest whit lye
grounded very small, & ming^d
wth y^e oile of Linseed, to an ointm.
then take of yo oile clouty, & a
noint it wth this, till y^e scurf be
gon, soe continue it. |

for sore Breast aproud.

Take a good handfull of Mallo leawie
& boile y^e soft in running wat. y^e beat
y^e well, & take a pottle, or a quart of y^e
strongest Ale groundy, soe mix it wth

y^e Mallof, & a quantity of whosen
bread well leaved. & a quart^r of a
pint of white wine, soe let all the
said ingredints, boile together, till
yo^r may well p^rid y^m upon a Clo^t
after they are soe boild, put to y^e
a quantity of Beere suet, soe apply
it to yo^r brest twice a day. it dra
with all corruption & shoald be in
reasonab^l time, & will keepe as long
as any salu^e.

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for cooling of y^e Liver Raynds or
kidneys or flushing in y^e faec.

Take a pottle of new milke fro y^e Cow &
putt it into a still, wherein yo^e must first
disstill faire wat^r till it be thorough hot
& cleane, then pour out yo^e wat^r & put
in y^e milke & set wth a sofe fire still it
leasurly, & as it distill take of y^e brim
otherwise it will not be chere. it being
distilld: to a quart, put into it as much
white sugircandy beaten fine as the
bigness of a great Egg, & let it stand
12: howrs; then take 3 quart^r of faire
wat^r 2 handfulls of french Barly &
wash it & seeth it softly till it com to a
quart then lett it run through a fine
strainer wth out wringing of it, so putt
it into y^e Glas wth as much suger can
as yo^e did put into y^e milke, then lett it
stand as before said: then put y^e milke
& Barly wat^r together wth 9: spoonfulls
of red rose wat^r. soe use it for a Month.
Likewise yo^e must put a new laid egg (y^e
white & yolke severally beaten) into yo^e

Drinke first warmed & soe brue y^e
well to gether & drinke therof if it
coole yo^r stomack: to much, then put in
to it halfe a spoonfull of Cinamond
water.

To make a wat. for y^e Collicke.

~~Take white Cumpsey roots & soe~~

Take a handfull of Rosemary
flowers, of Pylory of y^e wall, of wilde
tyme, of Plowhe garden tyme, of Sam-
phire of Saxafrey, of parsy, of perke-
stone, of Douchony Duckles, of Redish
rootes of y^e topps of Hedrope leaues
of each of thes a handf. ther herbe
yo^r must gather 3 dayes before yo^r
shred y^m & then mix & brin Cowdung,
laine & aft^r it hath stood in y^e Sonn 9.
dayes, stirring it oft every day. y^e
still it, & take therof fasting.

for colicke in y^e ioyntes.

Take Couflip leaues, & rootes, pick &
washd y^m. boyle y^m well in may butt & p^r
raind y^t. so chafe, or rub it into yo^r
armes, or legges. & it is good
likewise against y^e Palfie.

An exalt Cordia. call. Aqu. Maria made
by Siricant Goodivous.

Take a Gallon of y^e best Aquavite, in w^{ch}
putt halfe a handfull of Rosa solis, y^e like
quant of red rose leaves w^{hen} they bee
drye, of y^e flowers of Rosomar. like quant
2 pound of white suger candye. 1 oz of
ginger, of nutmegs, mace & cinnamon
as much. of Anniseeds 6: drams, Licke
orish scrap & sifted 2 drams, Dates sly:
3 oz. Raisons of y^e sunn stoned 6 oz.
Galengall 2 dram. Muske 20 grains
Ambergreece, & Grains a quant. a few
seed pearls, pound. w^{ch} is to be pound.
then putt them into a great glass
or stone Bott. wth a narrow mouth clos
stoped, being well mixed tog^{ther} let
it stand in y^e sunne for a Month. or mo.
then lett it ru through a hipocras Bag
soe keepe it for yo^r use, y^e do^{es} y^e better.
To y^e dreggs yo^r may putt in more Aqu
vite as before, w^{ch} will be very good, but
yo^r must put more suger to it.

Distild milke for a Consum.

Take a Gallon of new milke 2
good bigg Cock Chickens choppt
to peeces 6 or 8 dabb, 3 large
Maces. half a pound of R. son
of y^e turn stoned a quart of a. t.
of Pruney. boile all these in
a close pipkin to a pottle &
then distill it altogether in a
still or limbeck, so drinke
therof warme or colde as
yo^r please. / sweeten it wth
sugare-candy. /

for a Consumptio of y^e Long: prob.

Take - of white Turneps, &
pare y^m, putt them into a Ston pott &
paste y^m very well y^t y^e are got not o^r.
Bake them in an ou: wth Broe bread: y^e
pressed all y^e siroupe y^t y^o can gett ou^t
of y^m. wth y^o must boyle halfe an our
as y^e froth riseth so riko it of, till it
be cleere then putt in one po. of fine
sug. & lett it boile a quar. of a how.
stirring it till it com to a Sirrup. take
of this 6 spoonefulls at a time in a
mor. fast. fast one how. aft. it & at
night wth y^o goe to bed.

A Drooth for y^e Cough of y^e Longue & Consump.

Take one oz of China Rootes. Thied very thin
putt y^t in a new pipkin wth faire wat. 1 quar.
& past y^t up close, & sett it on y^e Embers at
night where y^t may stand very hott & not
boyle. Then take a knuckill of Beale,
pare of y^e fath & break off y^e bones, lay it
in wat. & howre, then boile y^t in a new
pipkin wth a cow. & skim y^t, putt into y^t halfe
all of Reason of y^e Son stoned, y^e finell rootes
2 partly ro. 1 buglos root. 1 Burrage root. y^e

with being taken out. ad to the apt
quant. of Impenell & maid: haire. 12 lb.
of Collesfoore, Rosmary flowering & Bur
rags flow. & Buglos flow. of each a
handfull, a little rosmary. by thes-
herbes & rootes togth. y^e take 3 oz of
fr. Barly cleane washed & boile it till y^e
com to y^e second wat. y^e straine it, & put
y^e Barly to y^e broth & let it boile
all togth till it com to 4 pintes. y^e
stray y^e China lgr. into y^e Br. &
let it boile againe till it com to 3
pintes. Then straine it, & take thereof
3 times a day: in y^e Morn^g at 4 in y^e
Afternoon, & w^h y^e goe to bedd. /

for y^e Cough.

Take a spoonfull of hard Sugar
Beat small, & dropp into it so much Aqu
auite as will moisten it, & soe take it
as soon as y^e are laid in Bedd.

for y^e same
Take halfe a handfull of erbigraffe. 150 lb. &
red fenell of each a hand. stamp & stray y^e to gett
y^e put to y^e 2 or 3 spoonfulls of pure Honey, &
boile y^e togth vnto a sirrup, & soe take
therof Morn. & evening. /

for y^e Collic & stone.

Take a pint of New Milke make it as
hott as yo^e usually give a Glist. mingle y^e
stirre 2 oz. of Oil y^e best oile shroff &
& take it as a Glist.

for a Cold in y^e Throat or Bonds.

Take y^e handfull of fetterfew & y^e handfull
of Balme, wash y^e & bruise y^e, then put
y^e into a pott. of strong Ale. & drinke ther
of a good draught & bedward, hauing
fast 2 howers before.

for a Drought in y^e Stomack.

3. - Take a Lemon, & shue it into rose wat.
vine & all wth sugar, take therof & it will
coole yo^e Stomack.

for any sore Cough.

Take a good quantity of y^e whitest
sugar candy, and as much, resons of y^e Sonn
stoned, grind both to gooden till y^e be like
a confiture. soe eat of it y^e must
likewise take Capons grease, wth a good quantity
of Rosemary stamped, & boild in it till y^e
strength of y^e Rosemary be boild into y^e
Grease. then strain it & keepe it so an
y^e Chest & putt to y^e Throat being warmed
by y^e fire. then couer y^e place again wth Black
wool.
And keepe it with

for y^e same.

Take y^e yolke of a new Laid Egg $\frac{1}{2}$ of sw
Butt. $\frac{1}{2}$ oz of fine sugar, beat all o^r well
togeth^r. & soe take of it o^r as of a Conser.

Pills for a Cough.

Take y^e juic of Celsoppe, & as much
of y^e juic of pop. mingled togeth^r of each
a Litt. y^e take a lb of a pound of Ricori
dried in y^e oven & beat to powder wth
y^e of a po: aniseeds y^e put y^e powder into
y^e juic of y^e hearbe, steep y^e o^r all
night, y^e straine it and put it into a
faire potnea, & lett it boile untill it
wex thick, before y^e sett it on y^e fire
put into it $\frac{1}{2}$ lb of white sugar candy,
wth it is boiled thick lett it stand till it
be cold wth o^r stirring it. then take it
up wth y^e knife & roll it into Little ro.
pills, or flatt pellets, & soe give to him y^e
hath y^e cough. keep y^e o^r y^e fire
otherwise they will be moist.

for y^e same.

Take Mallows, violins, & Maiden harts

Reapne pond. scraped Licorish, & fr. D. Par.
Let this be boiled in Cond it wat. & wth
y^t Lic. make som thin allmond milke, &
drinke therof at yo^r p^lisur. - /

for y^e same

Take Rysone of y^e Sonn. Pond, &
boile y^e wth scraped Licorish & suger
candy in possit alle: & drinke this wth
yo^r goe to bedd warme. - /

for y^e same

Take 2oz of y^e oile of sweet Almo:
newly drawnd. 5. oz. of fine sugcandy
finely powdered. & 10 droppe of y^e oile of
Aniseeds wth 3 grained of muske finely
powdered. Mix all this togth & keepe it in
a Gally pot & take therof Mor. & Euen.
for y^e same.

Take an App^l, cutt out y^e Core & fill it
up wth Aquavit & sugd cand. rost it &
eat y^e papp therof wth yo^r goe to bedd. - /

To purge Colic

Take 6. oz. Spon^s of Succory wat. a dra.
of Ruberb thin sliced, infused all night in
it wth y^e rimbere, in y^e mor. straind it
& peet to it a Spon. of y^e sirup of Bama
honey. drinke of it, & keepe yo^r self warme.

✕ An ex. d. wat. for a Consumption
 Take a running cock, pull him
 aliue, yⁿ kill him wⁿ he is almost
 cold, cutt him vp in y^e Back & tak
 out his entralls, & wipe him yⁿ cut
 him in quart. & break his bones, yⁿ
 put him into a still as yo^e still h^op
 water wth a pott. of sack a. of Curra
 a. of Rysing of y^e Turnstoned, a qu.
 of a. of datelstoned, & cut small. 2
 handfulls of pimpernell. 1 handf. of
 posmary, 1 handf. of wild tyme. 2
 handf. of Organ. 2 handf. of Bug
 las. & Burrage. a pott. of new milk
 of a reslow. still this wth a soft fire
 put into y^e glass y^e v^efraud y^e wat.
 a quart. of a. of leydrandy. beat. v^e
 small, halfe a doole of leafe gold, cut
 small among y^e leydr. 4 grained of Am
 griced. 10 grained of prepared p^erid. yo
 must mingle y^e stronge wat. wth y^e
 small, & drinke 4 drof 2. spoonfull,
 at a tyme. in y^e morn. fast. and one
 houre before supp. yo^e must shake y^e
 glass wⁿ yo^e drinke it.

for y^e same Confu.

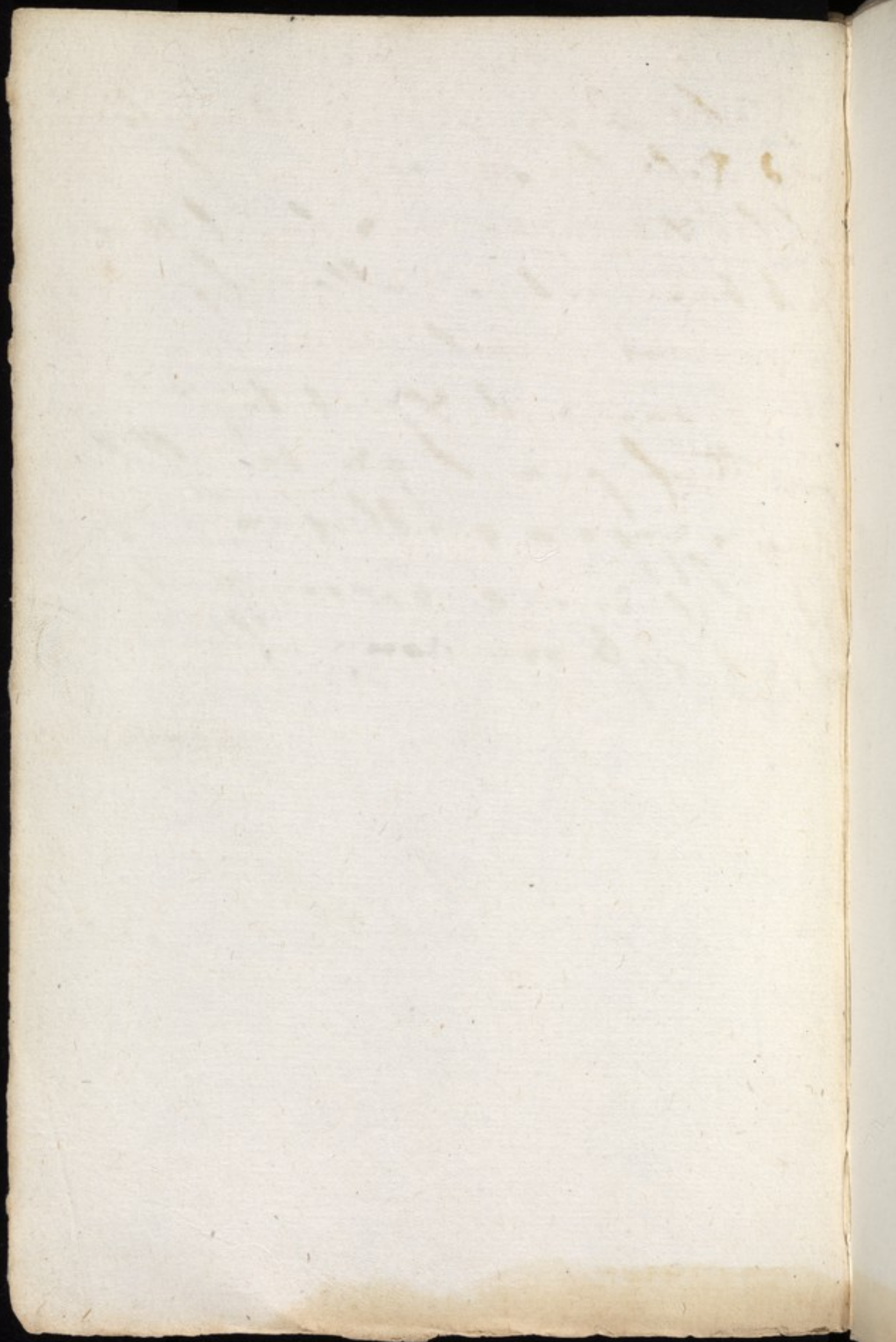
Take ib. Shorpes hardy, sliced y^e
& take out y^e stringes, & most of y^e flatt
wash y^e in white wine. put to it, sweet
margar. wint saucory; time 2. or 3. p^{er}.
(of Rosemary) Large maud, & a nut me.
a quart. of white wine, a pint. of wat.
and oz of Sugar candy put all into a
Lipton stoped close. sett it in a pott of
wat. & lett it boile in low fire.
* y^e wine, y^e Cock y^e milke sack, fruit
& herbes afore said, must be put into
y^e still over night wth a past or cou
dunq very close, ^{stoped} but nothing must
be waft. y^e sett it a working y^e
next morn. wth a soft fire. & resea
ud y^e wat. I thow. Passions as y^e first
ground weak, changed y^e glass, & soe
y^e 2^d. likewise. take of this as yo^e
find yo^e stomak weak or cold 2. or 3. p^{er}.
at a time, and howe before dinner, &
Supp.

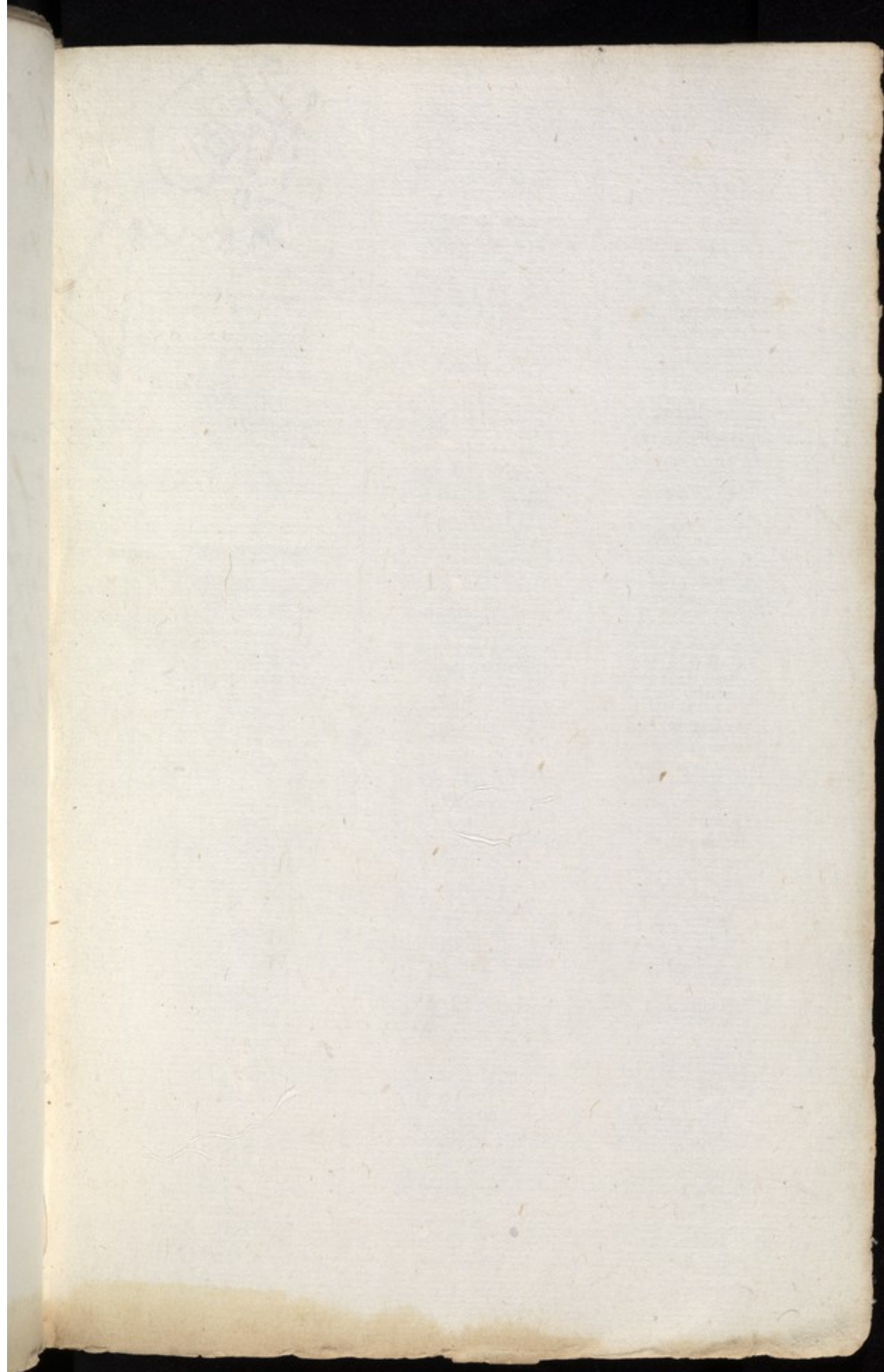
for a Consumption
or ex^{tra}ordinary Cough

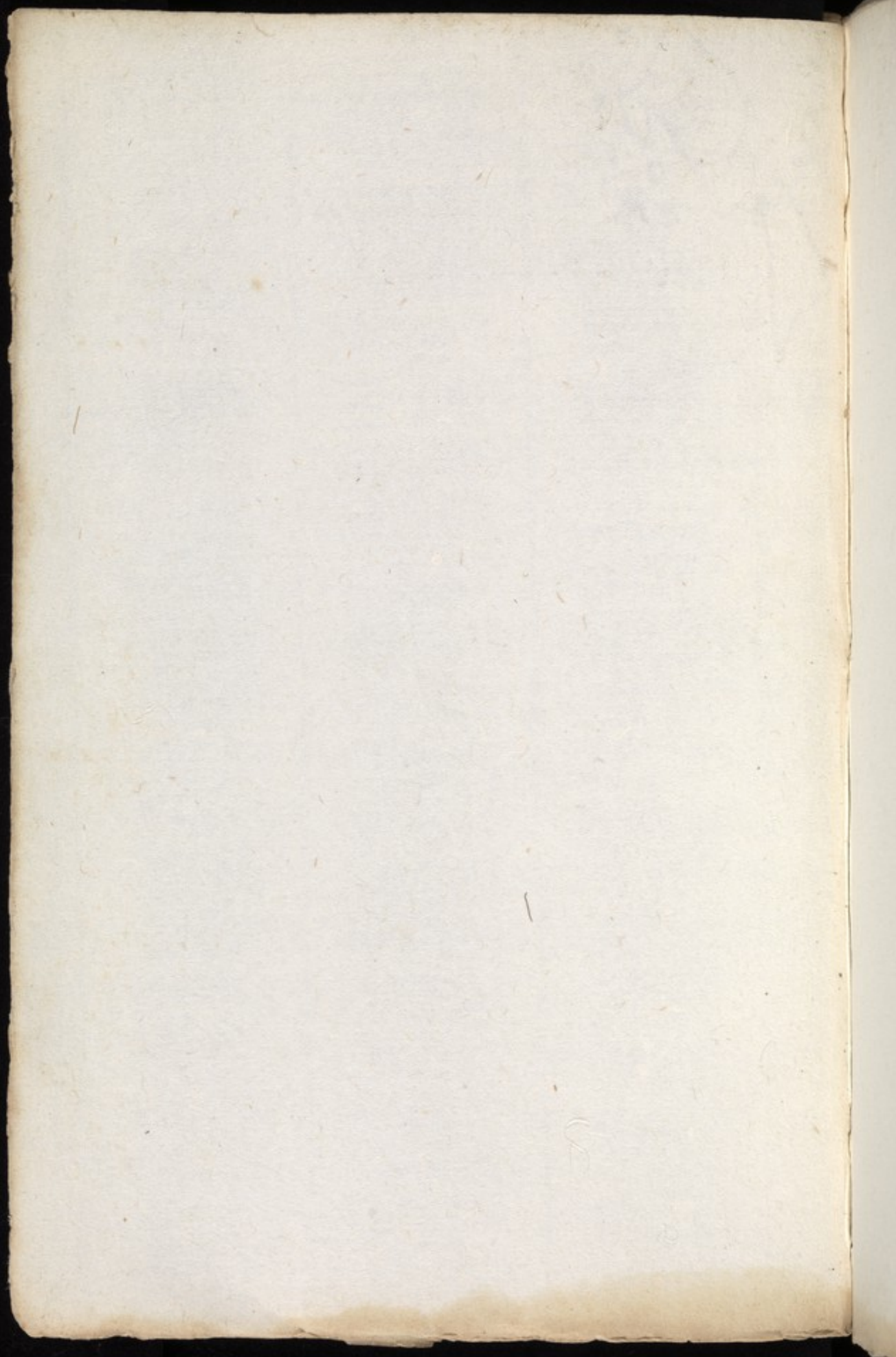
Make sirrup of Lemons
Then take Go vlick and
boile it in faire running
water on a softe fire
yo^r Garb. being first pild
to y^e inder vnde. when it
is boile tender then take
so much of y^e (looney
so boyled & made then
in a platt. then pour
a spoonfull or two of
yo^r sirrup on y^e Garb.
& so eat thereof fasting
keeping yo^r self warme
& vsing moderate exercise
probat.

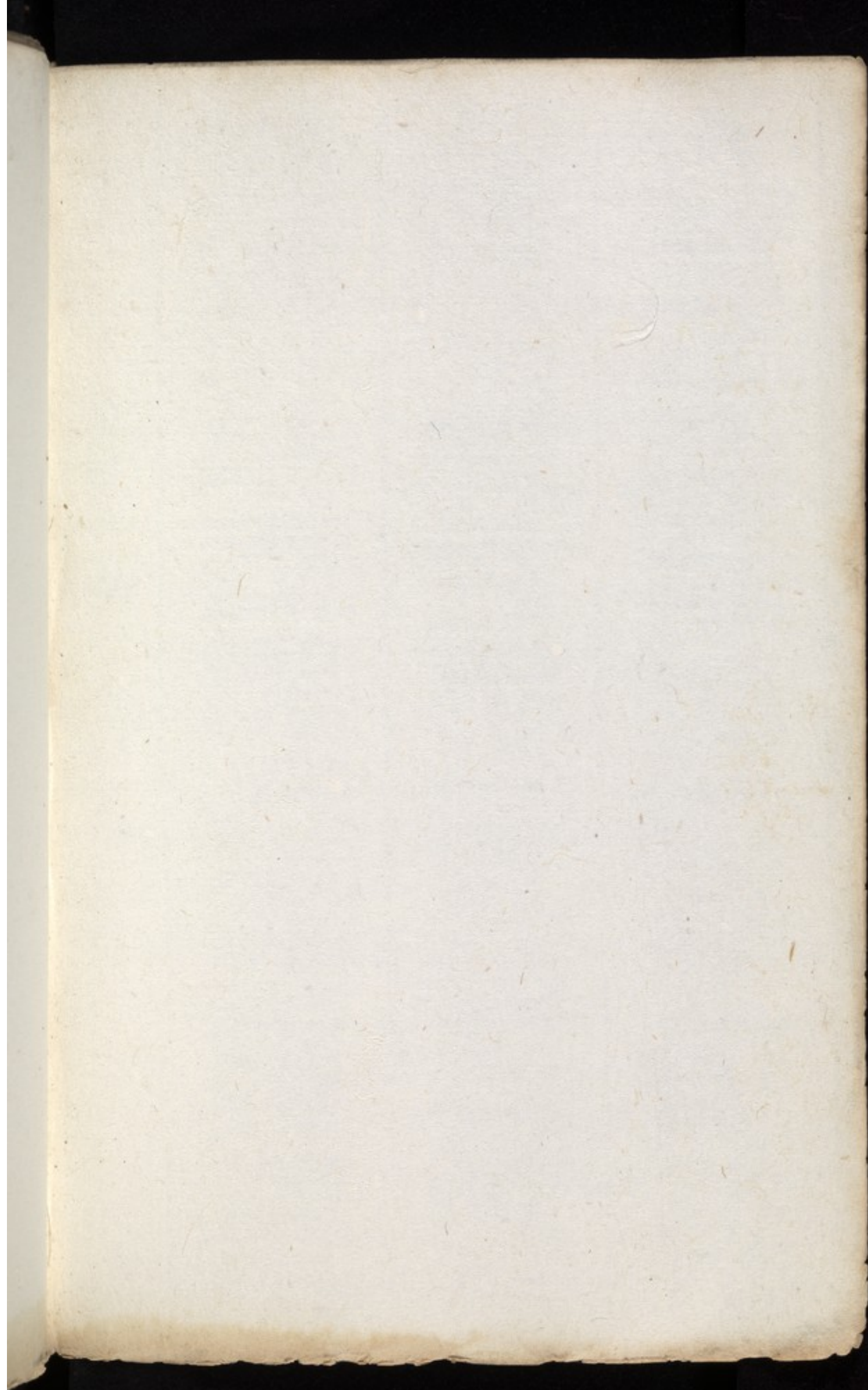
for a Consumption

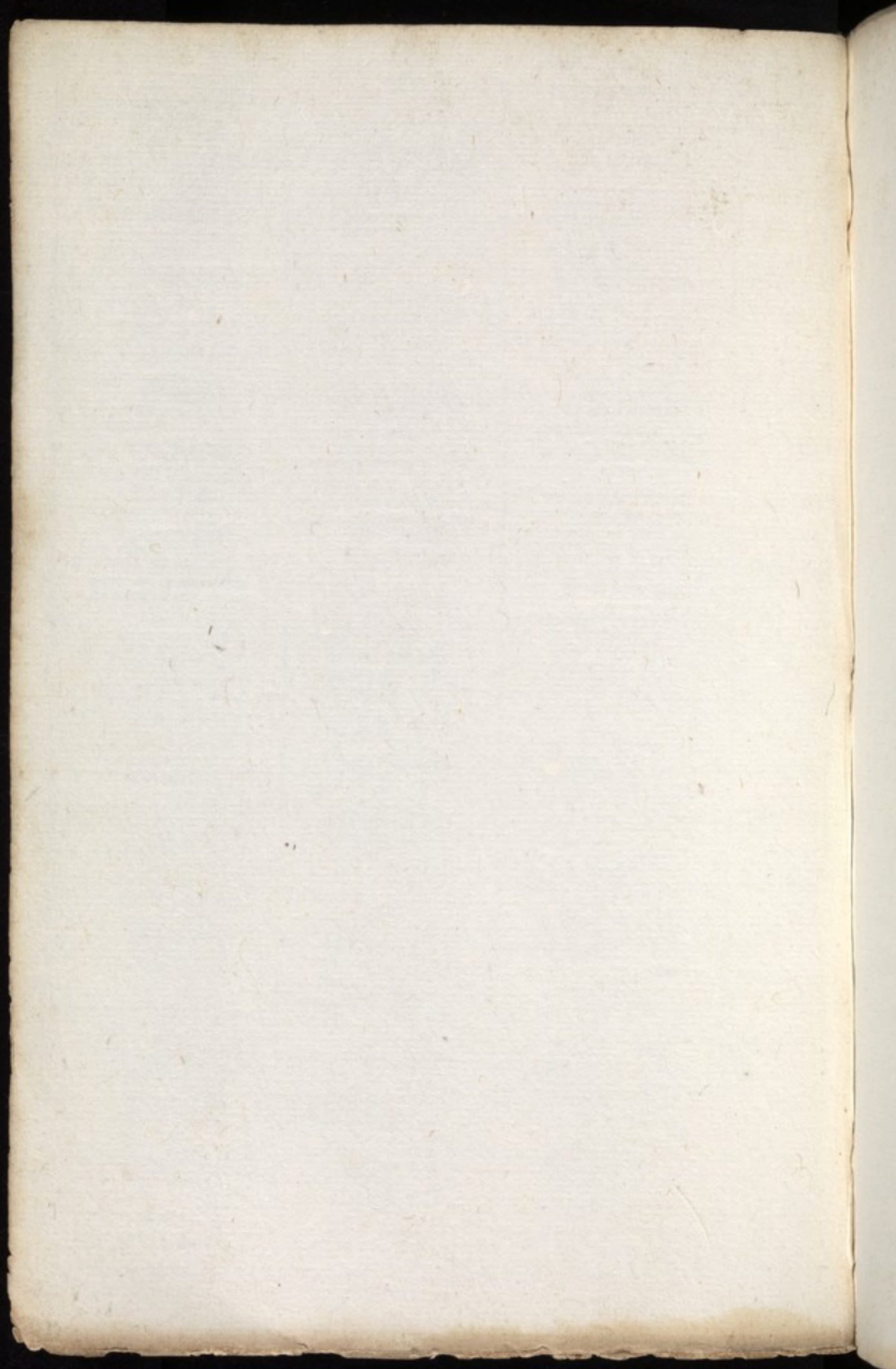
Take Bittory, Burned, coally foot,
red Rose leaved, & 2 Cumfory roots
thised, & scraped. one handfull of each
put them into a Gallon of pure spring
water, boile them to a pottle
y^e strain it, & put to y^e liquor
one lb of pure sugar so dissolving
sugar uppo a gentle fire, y^e take
it of & drinke 6 Spoonfulls, first
of fast fast one hour after it.

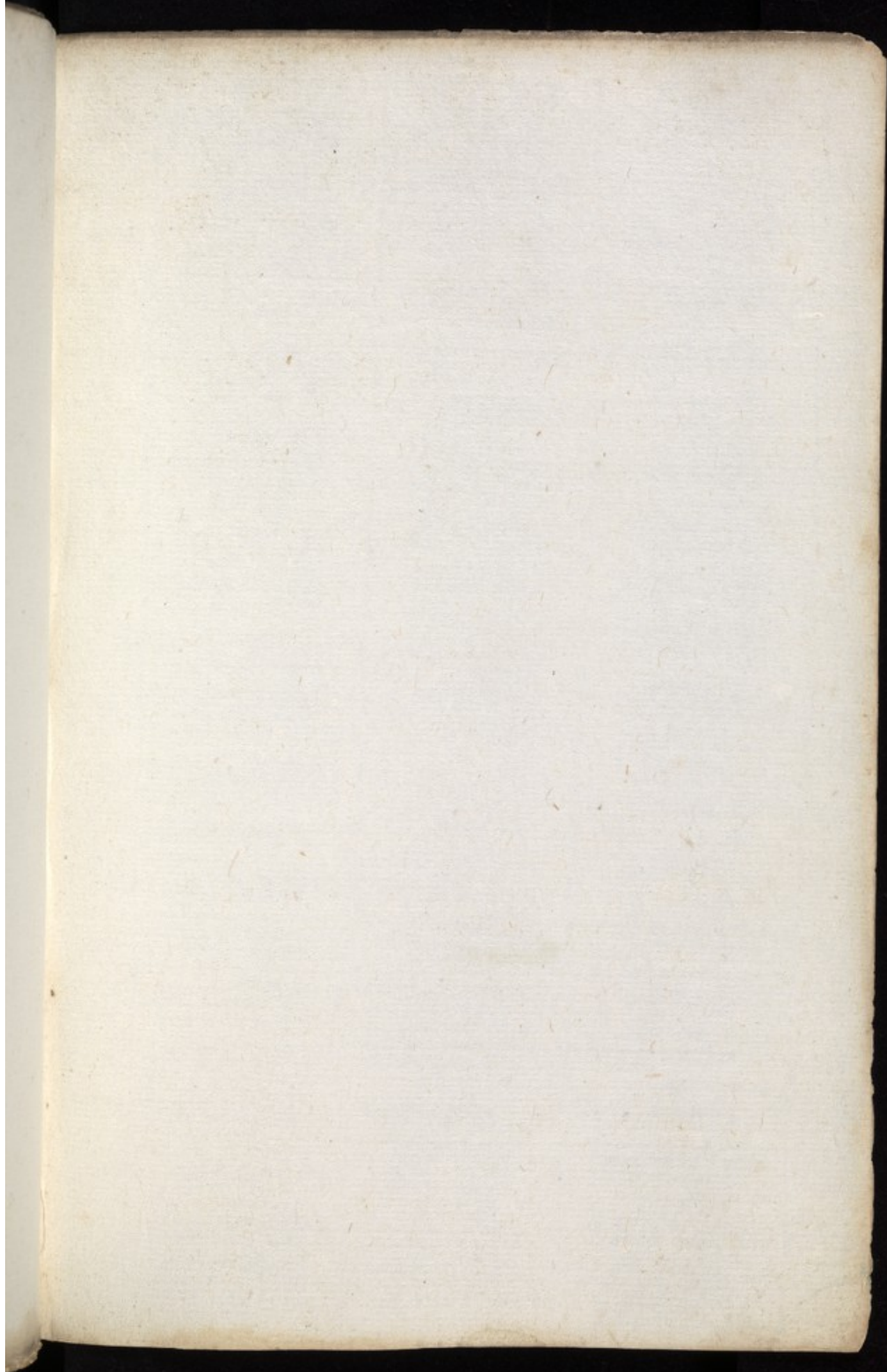












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A diet drinke against y^e spleene & oz
any inward distaste wth sorow.

Take Radieu rubiu vinecor. y^e is
Mad-roots, Polipody, salsaparilli, lierm
odaetulus, Sene, 2. oz. Figrimony, sca
bias, halfe a handf. Scruigras. 2. hand
Anisseds, Carraway & fennell seeds, Nu
tmegs, Mace, & Cinnamon, halfe an oz
of each. Rison seed 2 oz. Currats
2. oz. of y^e best Ruber grated a quart of
an oz. Gramos, Lingit. one oz & y^e
rest must be bruised & putt all together
in a Bagg of linnen & wash in
to 3 gallons of y^e best Ale, or Whitewine
This bagg must infuse therein 9 daies
together close covered y^e spirits get
not ought, soe drinke out of Morning
Noon & Night.

A not. Diet drinke.

Take 4 oz of Guaium, 2. oz of Sasap
arilli, 2. oz of polipodia & y^e Take, of
violets, & rosemary flowers of each a handf.
of sage, Betony, sweetmargit. and

Red rose leaves, a like quantity: of
 Large mace, a quart. of an oz. a g. of
 an oz. of Nutmegs cut in 3 quart. &
 steep y^e wood of the Root in 3 quart.
 of Raine wat. if not raine wat. at
 w^{ch} boile it till 2, g^{ts} therof be consumed
 Then put in y^e flowering herbs, & spices
 & boile it very softly till 2, g^{ts} mo^{re}
 be consumed. & then straine it & put in
 a pound of Tinct. Sugar dissolved in
 halfe a pint of Damas. rose wat.
 herof drinke a good draught as ofte
 as yo^e will, but especially Mor. & Euen
 first & last, & at 3 in y^e Afternoon
 & dicke Alle. springs, & fall. to
 plaine gout, Dropsie, Burnt. flues.
 & to expell wind out of any pt of
 y^e Body.

Take of Rubarb selected:
 1 oz: Linij: Alexandrina, leaves &
 Cods: 3 oz: Bayberries, juniper berries
 Caraway seeds, Ginger of each 1 oz
 Licorish, Maden haire: Sassaaparilla
 of each 1 oz: Singuarum adu^m: 1 oz

ost Capillary venis glaniz

Agarica 103: Lett all these be first
brayed, & putt y^m into a bagg, &
hangd y^m in a vundlett of Ale of
y^r first ^{run}workings, pearcing it down
to y^r bottum. & when it hath done
workings stopp it up. & drinke
therof a good draught every mor
wth a loaf fast & slow aft. it
for Deafnes.

Take Camamile, sage, of
each a handfull chop them
small pound them wth 5
spoonfulls of hony & 3 spoonfulls
of y^r ioyw of y^r rind of an
apple sticke y^m & strain it, &
stop y^r eares wth Blacke wax
being first dipped in y^e said
juice so use it 3. 4. night.
for y^e same.

Take a handfull of camamile
gather it in y^e heat of y^e day &
one spoonfull of y^e juice therof
strayned. & put y^e quantity of
a hassell nut of y^e best hony.

Drop 2 or 3 droppes Lute war.
into yo^r eare morn & even.
so stop it wth black wooll.
for y^e same.

Take y^e Joyes of Southewood
put it in yo^r eare & stop y^e
cloas wth y^e same Leaves. for
beare all exstreams noyse
& keepe warme

for y^e same
Take greene Grop & drye
Grop burne them & lett a
Tunnell ouer y^e smoke of
y^e and hold yo^r eare thereto
y^t it may ascend into yo^r head
yⁿ stop yo^r eare wth black wooll.

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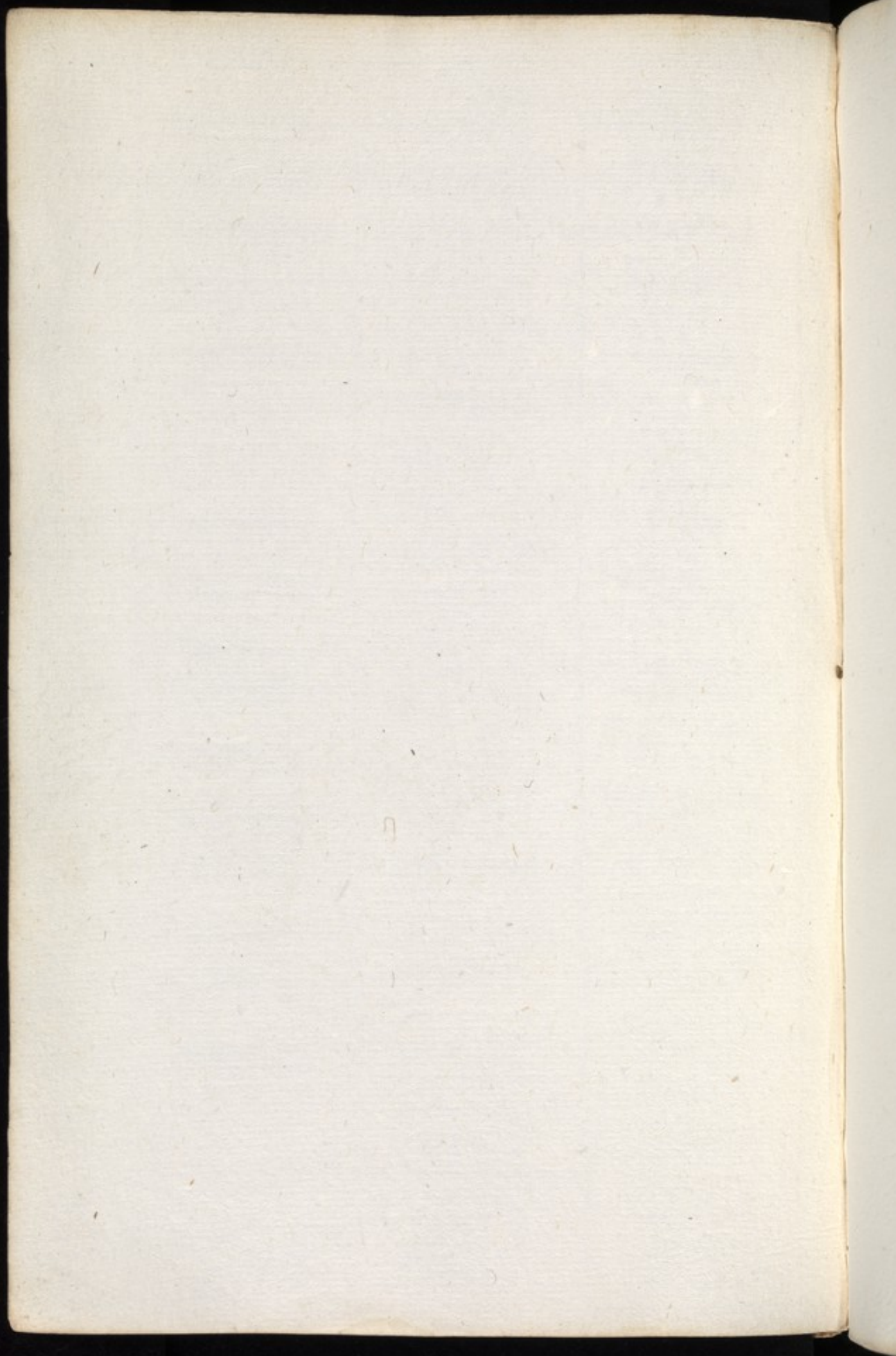
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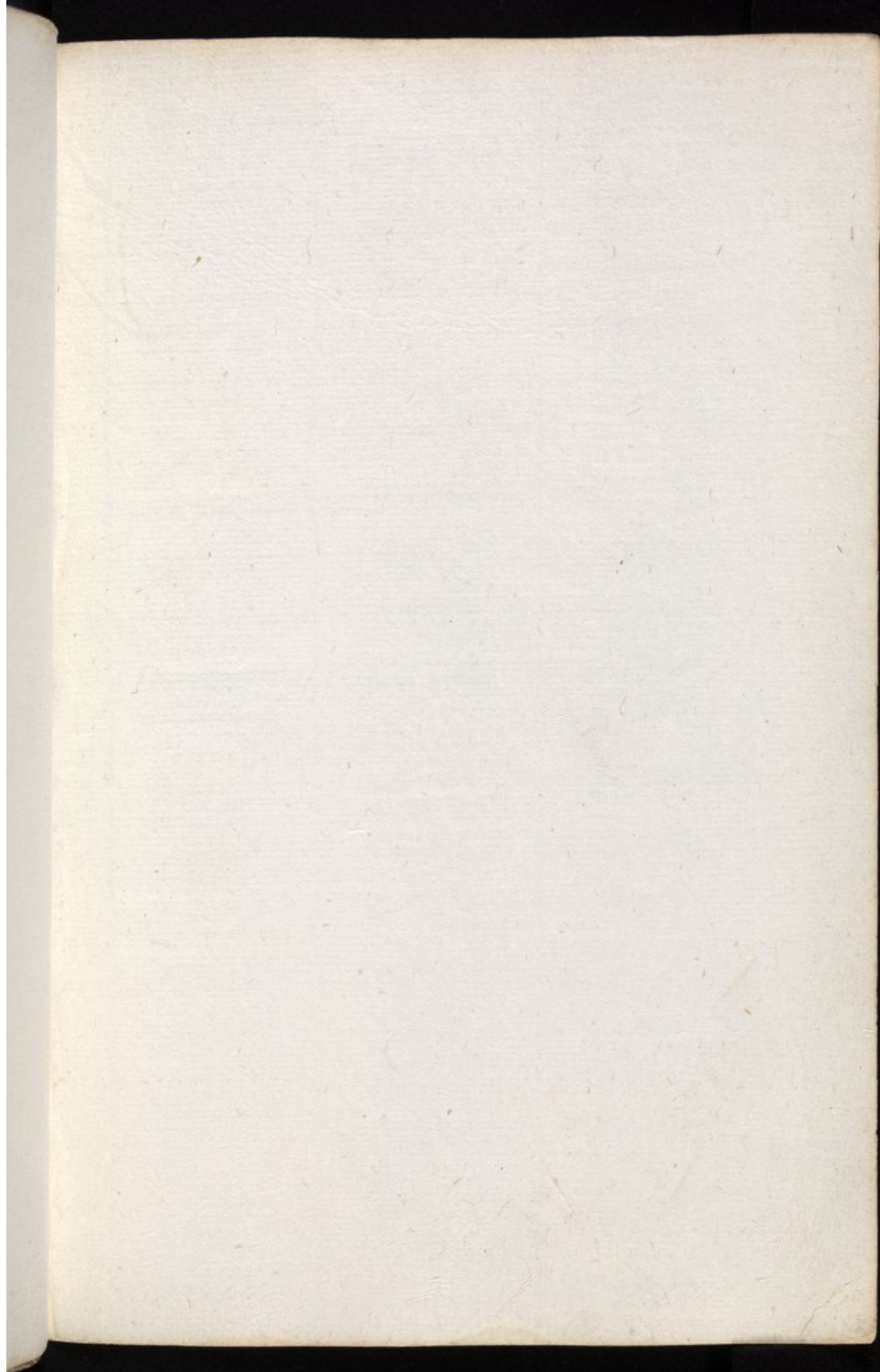
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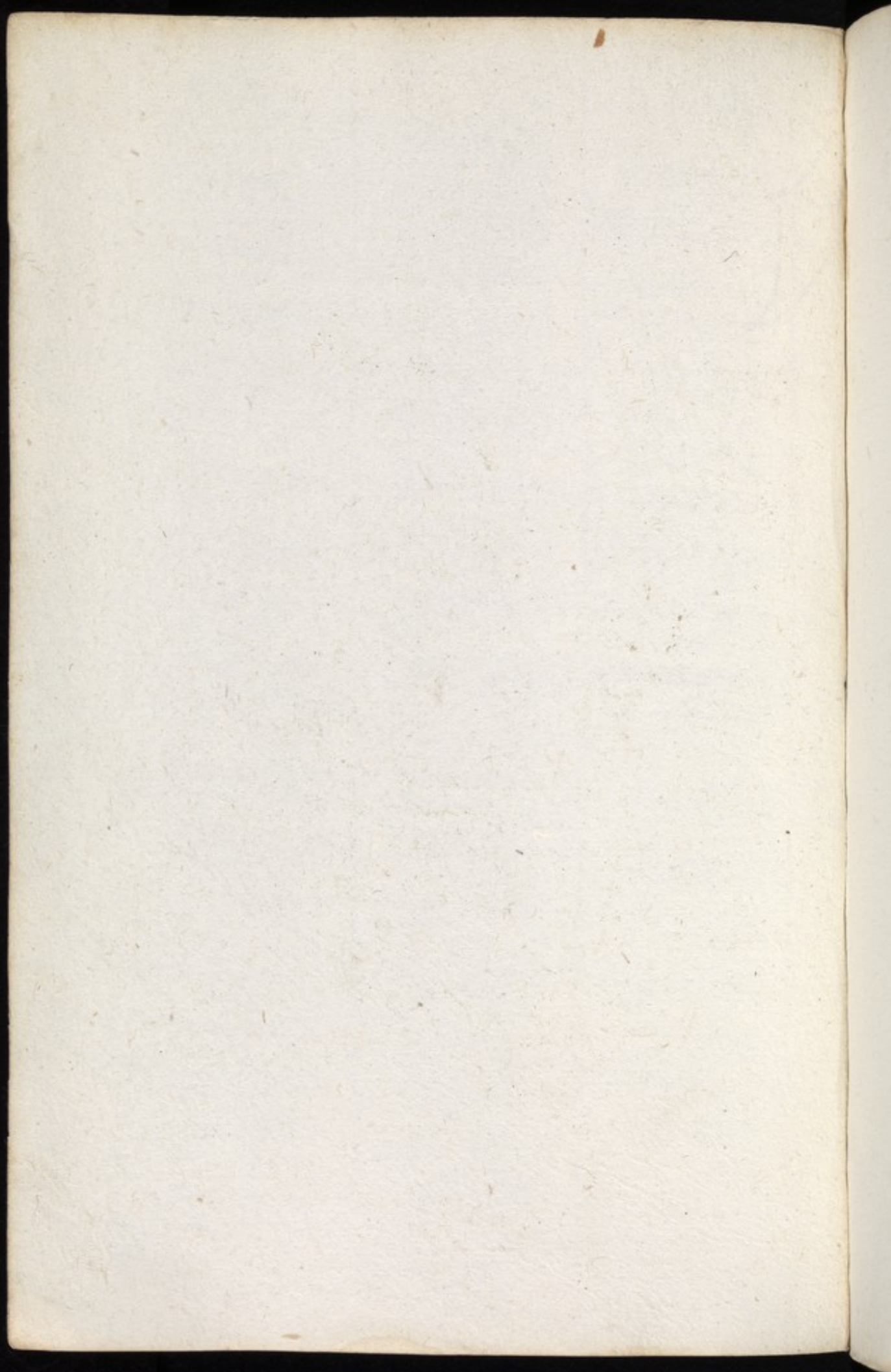
for Stryng in y^e Moaty.

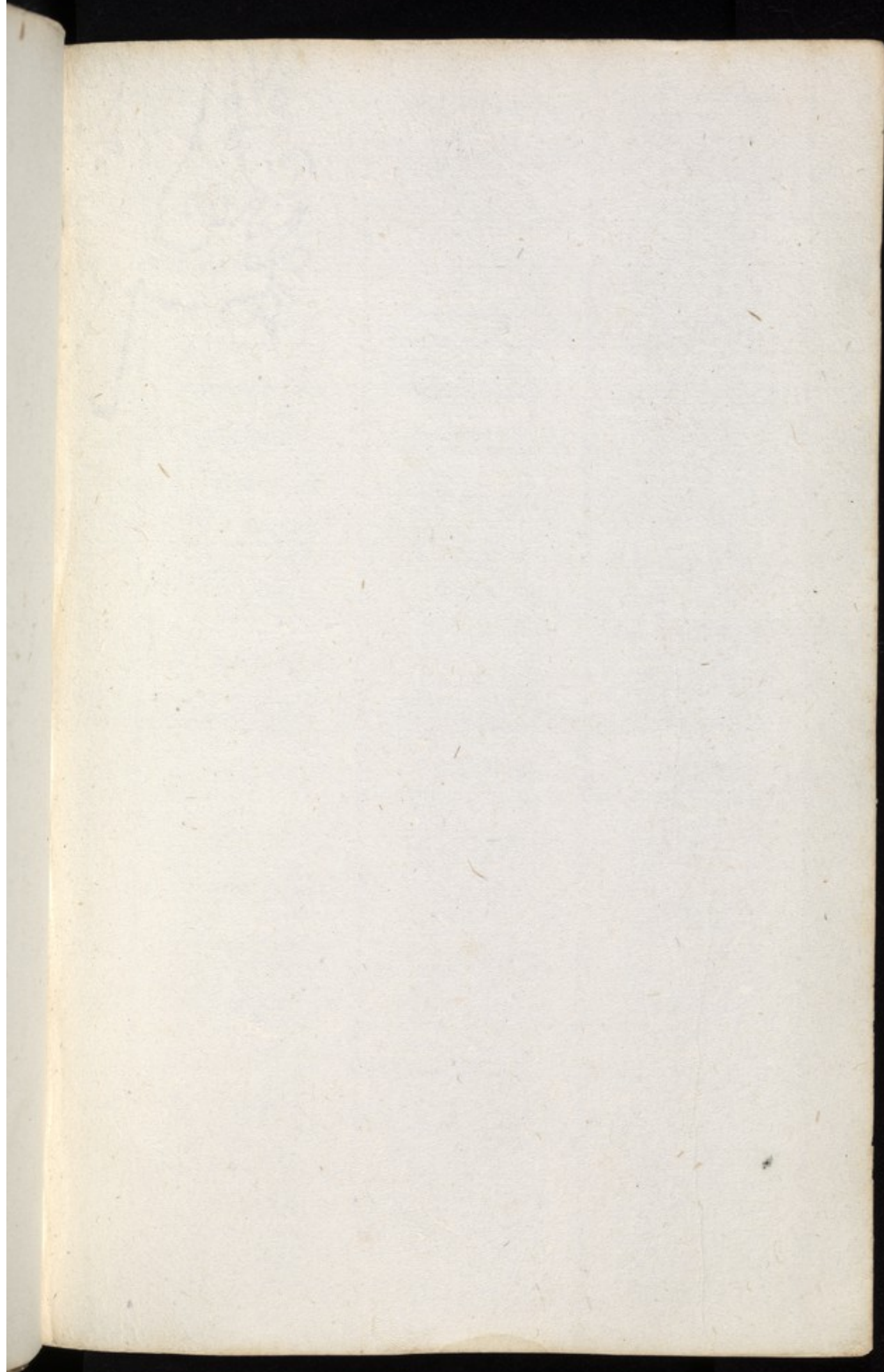
Take Grop & Horchond of ech
a handfull a quantity of Anisseed
brused, sicth them in wat. to y^e
half the Strain it and put in
sugar to it & after boile to a
sirrup. so take therof.

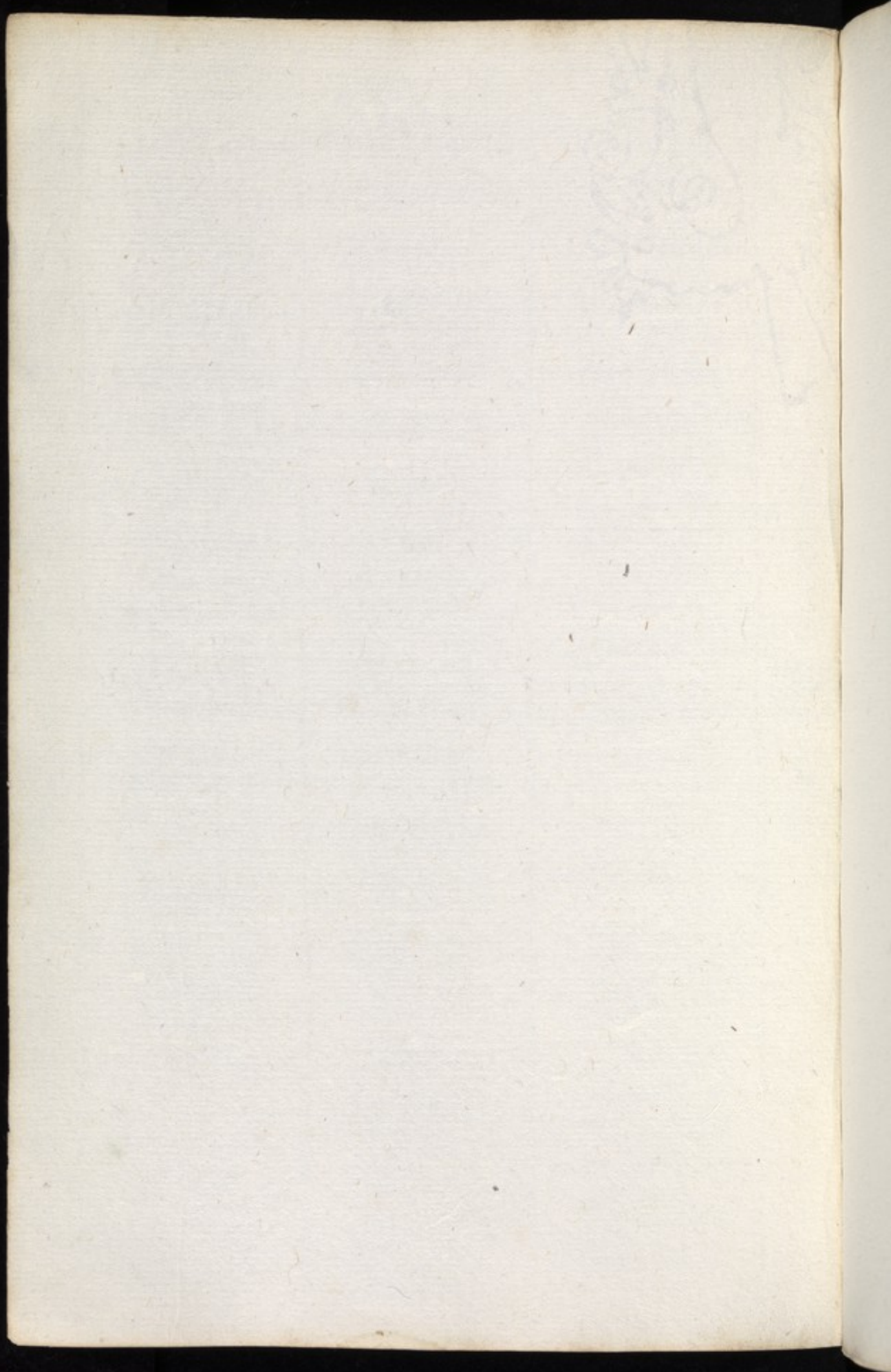
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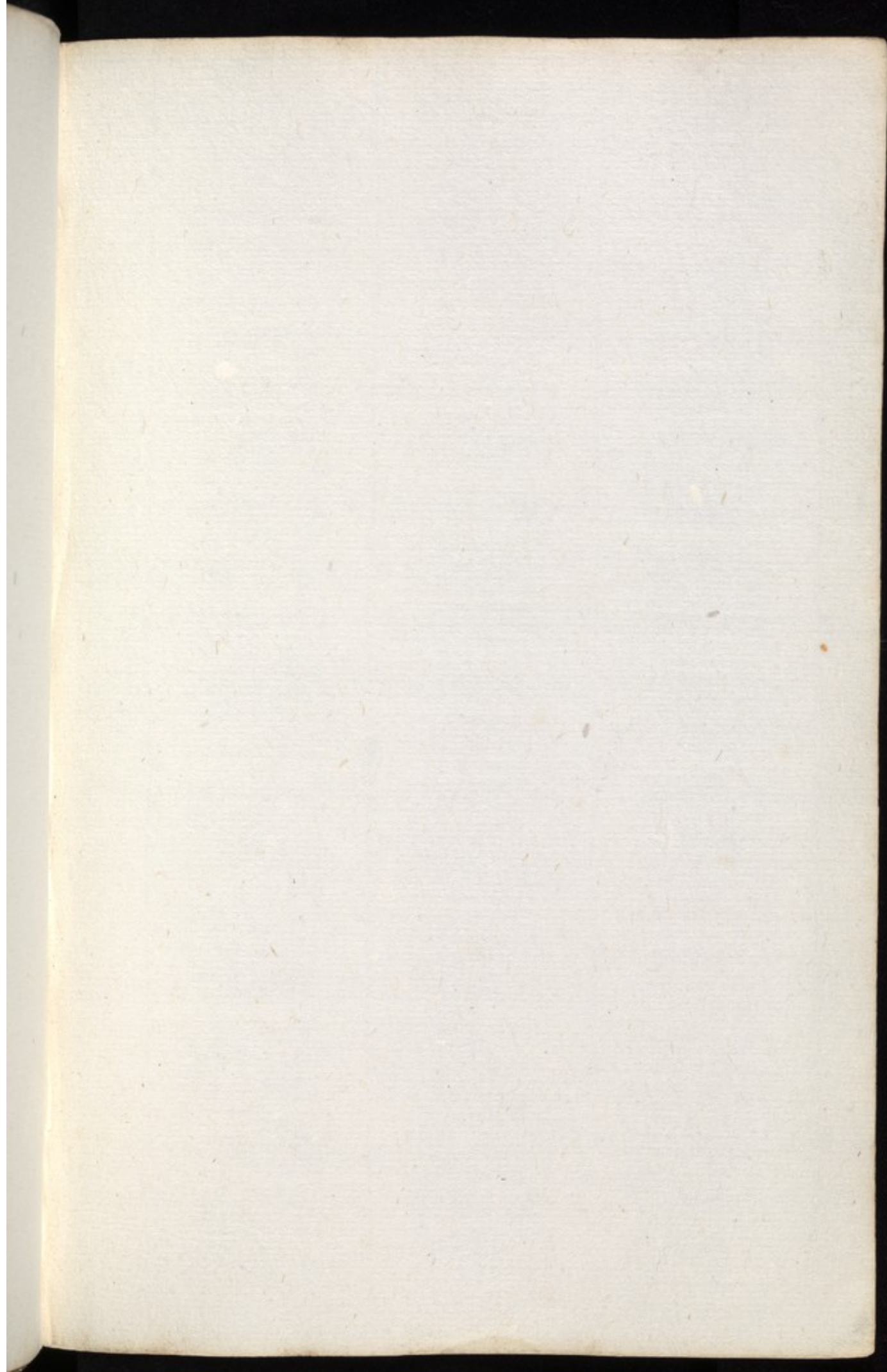


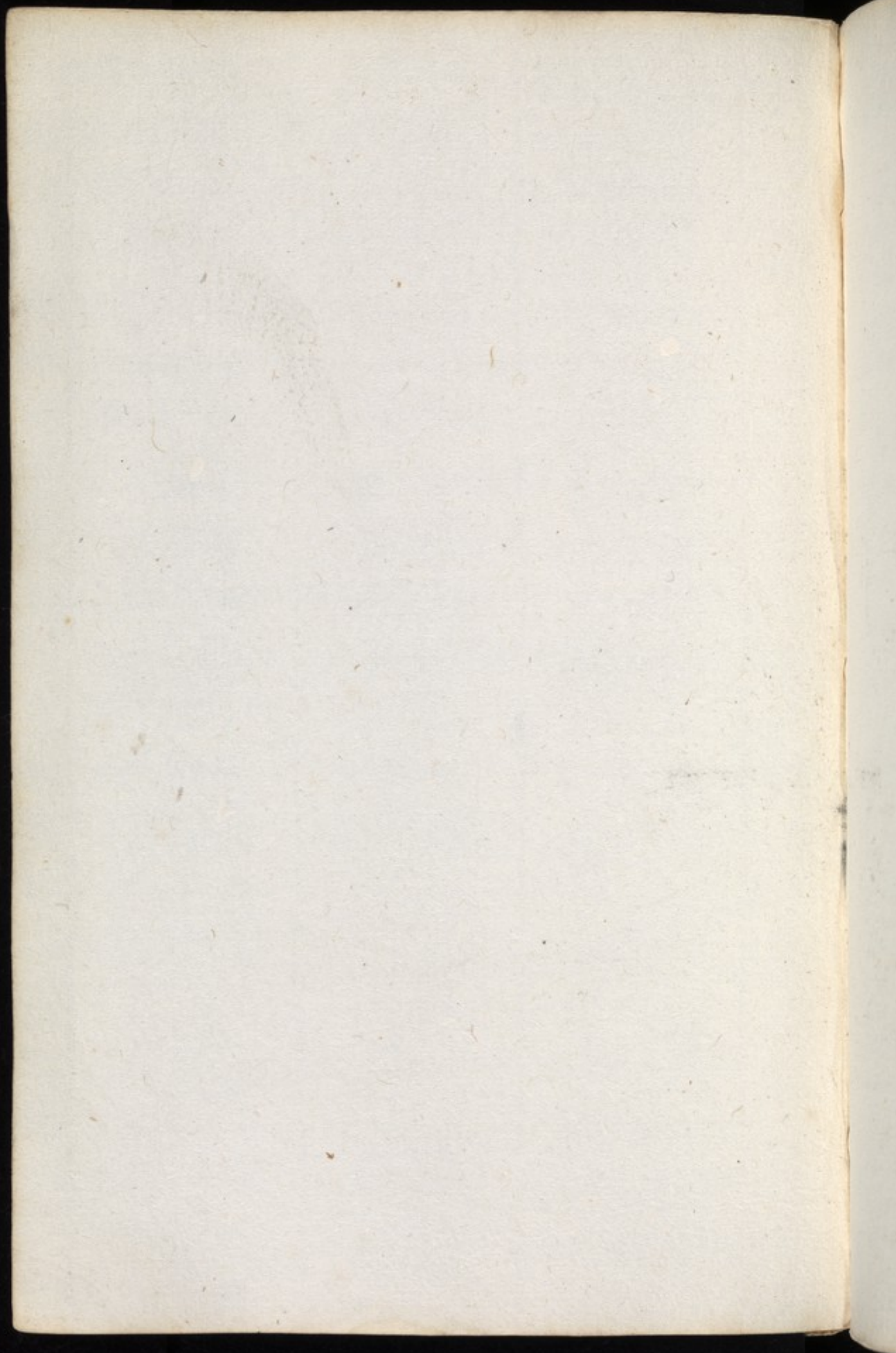


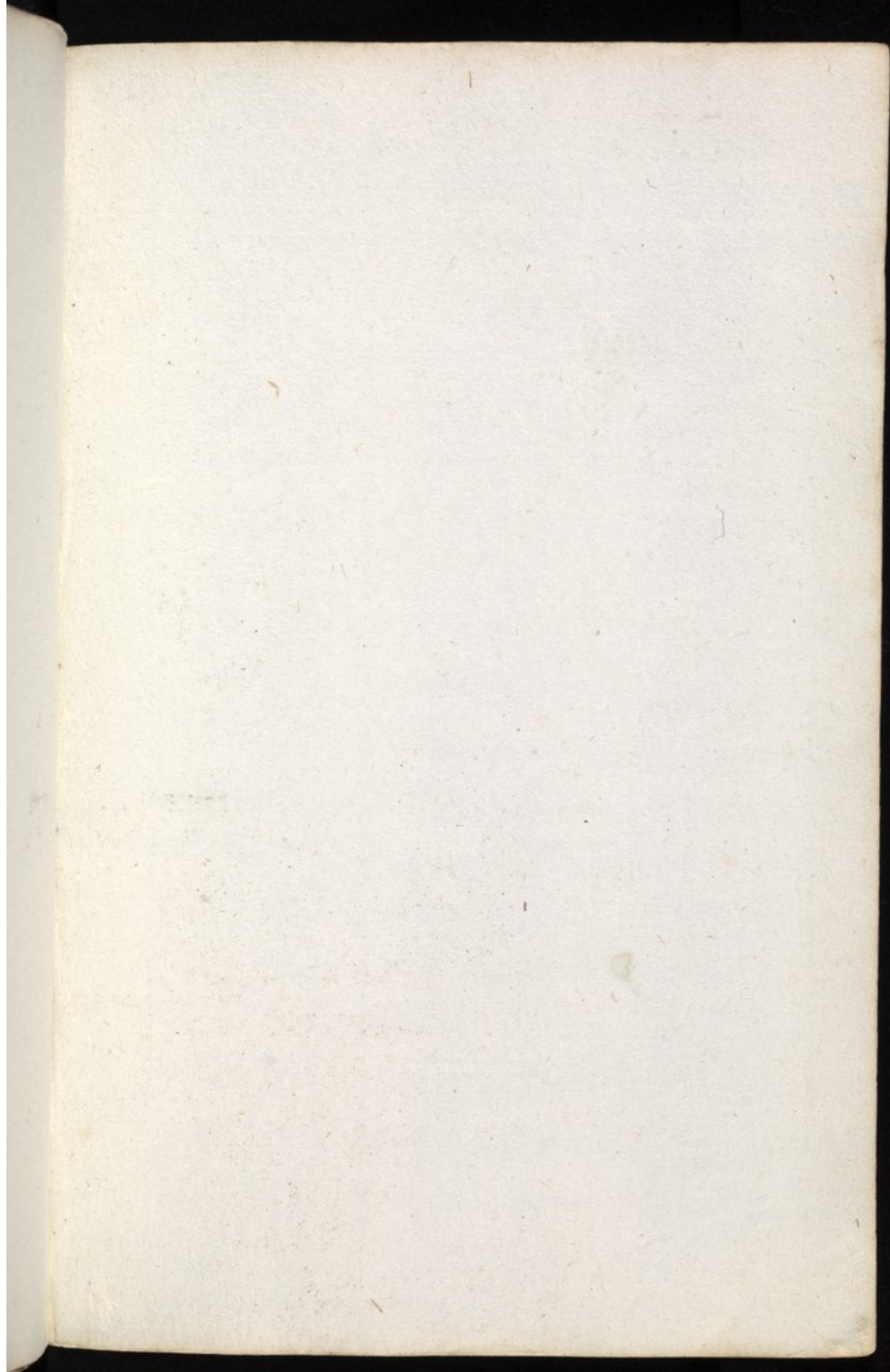












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A wat^r. for y^e Eyes. /

Take 3 quar^t. of Sundit wat^r. & 1 quail of good hony, stir y^m well together, shew still it in a still or limbe. soe use it morning & even. it doth cleere & preserve y^e eyesight. /

for y^e same. /

Take a pott^e of new milk of a Cow of one culter putt into it the quant^e of a hassell nutt of Coppras shew st. it in a glass still, being close stopp'd from y^e Ayre & wth a soft fire, soe keep it fo^r y^e use. /

An excellent wat^r. for wat^r: eyes
smearing, itching, or bleeding. /

Gather from green Barby a pott^e of dew in y^e Month of Maye, in w^{ch} put 2 dras of Copras-white, ground into fine pow^d vpp^o a paint^e s^tood, being first made very cleane. take 2 drams of Camphir beaten to pow^d. 2 blancht almonds. two drams of sugar-candy put this into a glass & set it into y^e sun for y^e space of a Month or more. drap y^e clearest herof into yo^r eyes & it will cure yo^r. /

for y^e same.

Take Snailie, crack y^e a little & putt y^e into y^e Still, for every Lane of Sin a Lad of Salendine of y^e best. wth y^e flowers of it. still y^e softly & use it.

for Burning & smarting Eyes.

Take Britony leaves, & Filix. of each a good handfull. beat them hot betwixend two tilde. sprinkle they herbe wth a little vinegre & prepe: a litt. beat. Lay it hott to y^e nape of y^e neck & keepe it verry warme.

For Burnt & itching Eyes.

Take y^e papp of a rotten Apple warme it against y^e fyre. temp it wth y^e Crumpe of white bread, & white rose wat. soe Lay it vppo y^e Ey^e going to bed.

for a Pin & web: perle, or felme in y^e Ey

Take a little hysop, & sum 20. wood Lice, beat y^e & straimd it wth a quart of a pint of white wine, drincke y^e tr of it it will helpe y^e

for rednes in y^e Eyes

Take y^e white of 2 new laid Eggs
wth a piece of rock Allum, lett y^t be well
beat. y^t lett it stand a day, y^t take of y^e ^{uppermost}
& y^e bott. will be an oyle. wherwth
streake yo^r Eyes tid wth a fine Clothe. it wil
dry y^e rume & take away y^e rednes. /

for sore Eyes.

Take white suger candy & pound it sm^{ll}
put it into a Bladder wth a few drops of ffein
mill wat. tyd y^e Bladder close, & hang it
in hott wat. till y^e sug^r be dissolved soe
drop therof into y^e Eyes, & apply y^e white
of an egg beaten, with a doubled cloth
wth thir in.

for heat in y^e Eyes.

Take an Egg & roost it hard, cut
it in y^e middle, & take out y^e yolke
soe beat sum rock allum & whit sug^r
candy take twice as much ^{suger candy} allum
y^e oyle & fill y^e white y^e wth soe put
y^e on toget. bruise y^e in yo^r hand, & str.
y^e in a cleane cloth. soe drop therof into
yo^r Eyes. /

for all paines in y^e Eares. 1

Take 2. handfulls of Sage, with a
of ypp. halfe a handfull or Rose-
mary. boile y^m in rose wine or
aquavite & brose wat. put y^m in
a litle Bag & apply it to y^e Eare as
soth as y^e can suffer it. 1

For Deafnes

Take a quart of a pound
of comin. gros beat. quill it in
a Bagge & sprinkle it wth Melm
sy: & rose wat. mirat tog. warm
it & bind it fast to y^e Eare; doe
it 4 night together. 1

for y^e Earne

Take a sponge & cut it in
y^e fashion of a Arrow head. so lay
it in wat. till it be swoll. then
take a thred & wind it thick
thoron, yⁿ hangs it to dry. yⁿ
vnty it & make it fitt to goe
into y^e Eare. then dip it into
a litle Rieut y^e Sharp end. & put

it into yo^r Eare. & take oil of
Bitt. Almonds, & put upon y^e spon
w^h it is in yo^r Eare, so lett it ly
3 dayes, & dress it wth oile more
& Euen. as long as y^e spon will
drinke it.
for paine in y^e Eares?

Take 2 handfulls of Sage. j. handf
of Rose, Halfe a handfull. of Rosemary
Boyle these in rose vinegar, ayre a little
& rosewater. soe put them into a little
Bagg & laye it to yo^r Eare as hott as yo
can suffer it. it is good for all paine.

for Deafnes. or paine as before
Steep of yo^r 3 Rosemary flowers
in honny of y^e best. when they
have changed colour take y^e
out & put in fresh, so shift y^e
y^e times. for want of flowing
take y^e toppes, chred them & put
them in ash-fors, & honn soe
it, & y^e use thereof wth black
wooll dypt therein. / 3

for heate in y^e Ey^es.

Take y^e thick paring of an
Aple & lay y^e inside of it to
yo^r ey^es when yo^r goe to bed.

for soare Ey^es. An^d

Take y^e y^eng^e wallnuts in their
greene shell cutt y^e ^{me} & still y^e.
y^e wat^r wherof is most p^rtion^e
for y^e Ey^es. & it is good for
y^e stone or any inward dis^ray

for any soare in y^e Ey^es.

Take may. dew gathered of a
Barly let it sett lo. 2. or 3. day^s
then strayne it & to a pottle
of this wat^r. put halfe an oz
of Copperay & halfe a pottle
full of salte, sett them in a
New pipkin scumming it till it
be very cleare till ther will

rise no more sum. then str-
ain it & keep it for y^e best
wat. y^t is: it is good for a pin
& a wart, a Pearl, or any thing
prob: up.

For Head or Bloodshot Ey^e.
Take Howsbeck stamp it &
strain it lett it stand in a
cleare dish & all y^e thicknes
will cum to y^e bott. & y^e upper
part will be like cleare wat.
then take an eggshell & fill
it half full wth y^e clearest of
it, then put in a little rosey
milk & y^e juice of a day rooke
so y^t y^e eggshell may be almo-
st full then sett it in hott emb.
when it is boyled then take
it & strain it, lett it run
wth out squeezing. & put to it as
much white Copperas as a ^{pease} ~~pease~~

so keep it in a viall and
at evening drop a little thereof
into y^e corners of yo^r eyes
for dimmed of y^e eyes.

Take a pint of white wine
of a good handfull of read
rose budds plucke yem and
cut of y^e white nail, putt
them into y^e wine and set
them in y^e sun. when the
colour is lost wringe them
forye & putt in fresh, so do
3. or 4. times then strain
it & wash y^e eyes therewith
for heat in y^e Ey browe.

Take y^e white of a new laid
egge harde roasted straine it and
wth the wat. anoint yo^r eyes
when yo^r goe to bed.

for a Bruiſe on y^e Eye.

x Take y^e juico of Sapw root
being firſt waſht & dryed, &
y^e juico of ſinell of each
a Like quant. & y^e white of
an egg being well beat. & a
little roſe wat. ſimp all thoſe
together, with a little ſlic
& horſe & lay it to y^e Eye, &
if y^e pleaſe drop a drop or
two therein: & ſeeke ſee.

for y^e Eyes.

Take y^e leaues, ſtalks & ſtew
of Eyebright ſtill them &
drop of y^e wat into y^e eye.
it ſerues y^e ſight, or y^e
wat. Drunk, or y^e powder
eaten any manner of wayes
is good Likewiſe.

for a Pri & well or any
other well.

Take y^e joied of a Prim-
rose-rooke & drop it in yo^r Eye.

or any
L. L.
myself

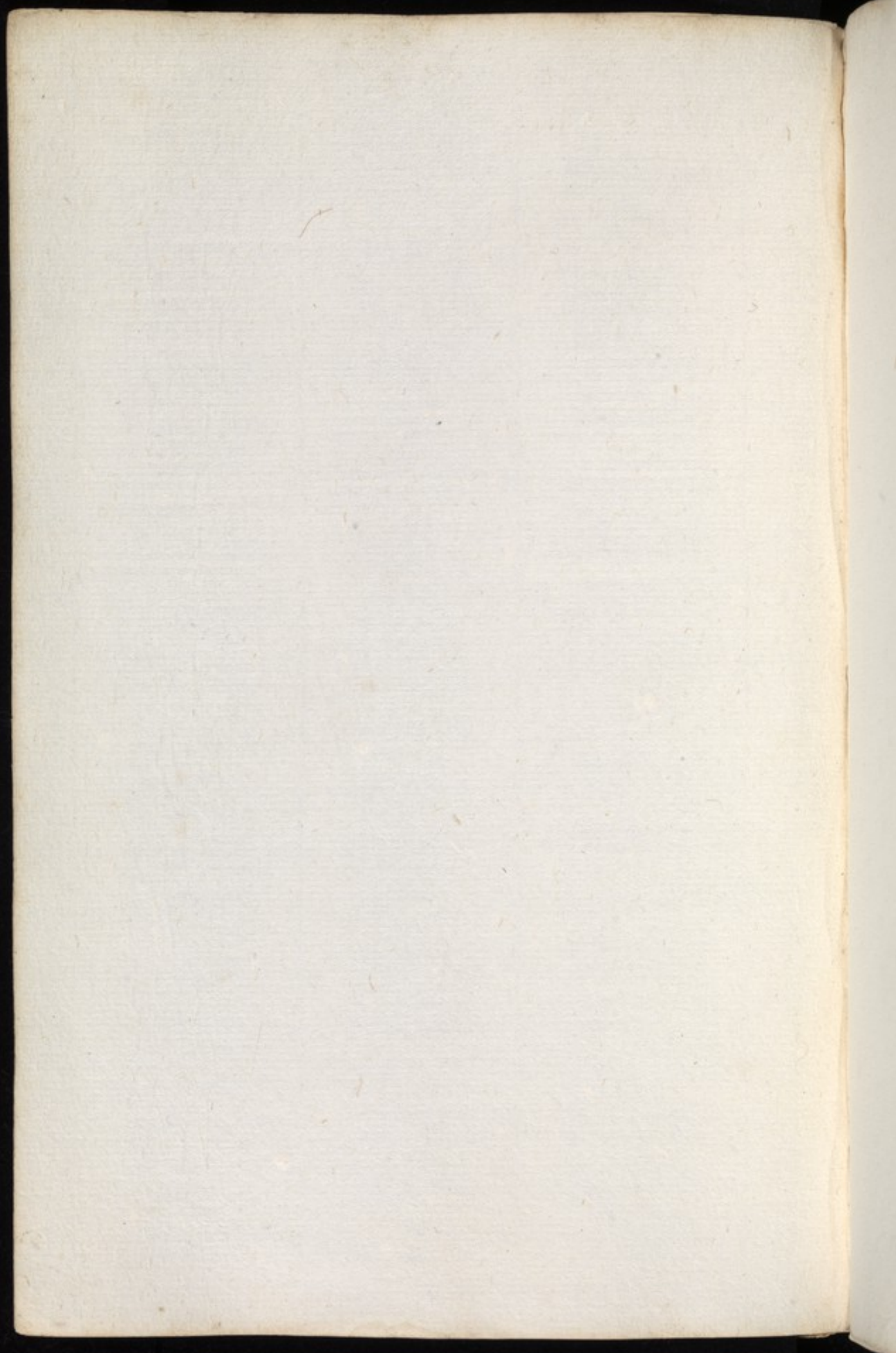
To draw off y^e Veneer.
Take a worde loafe & lay it
to y^e crown of y^e Head.
for y^e same.

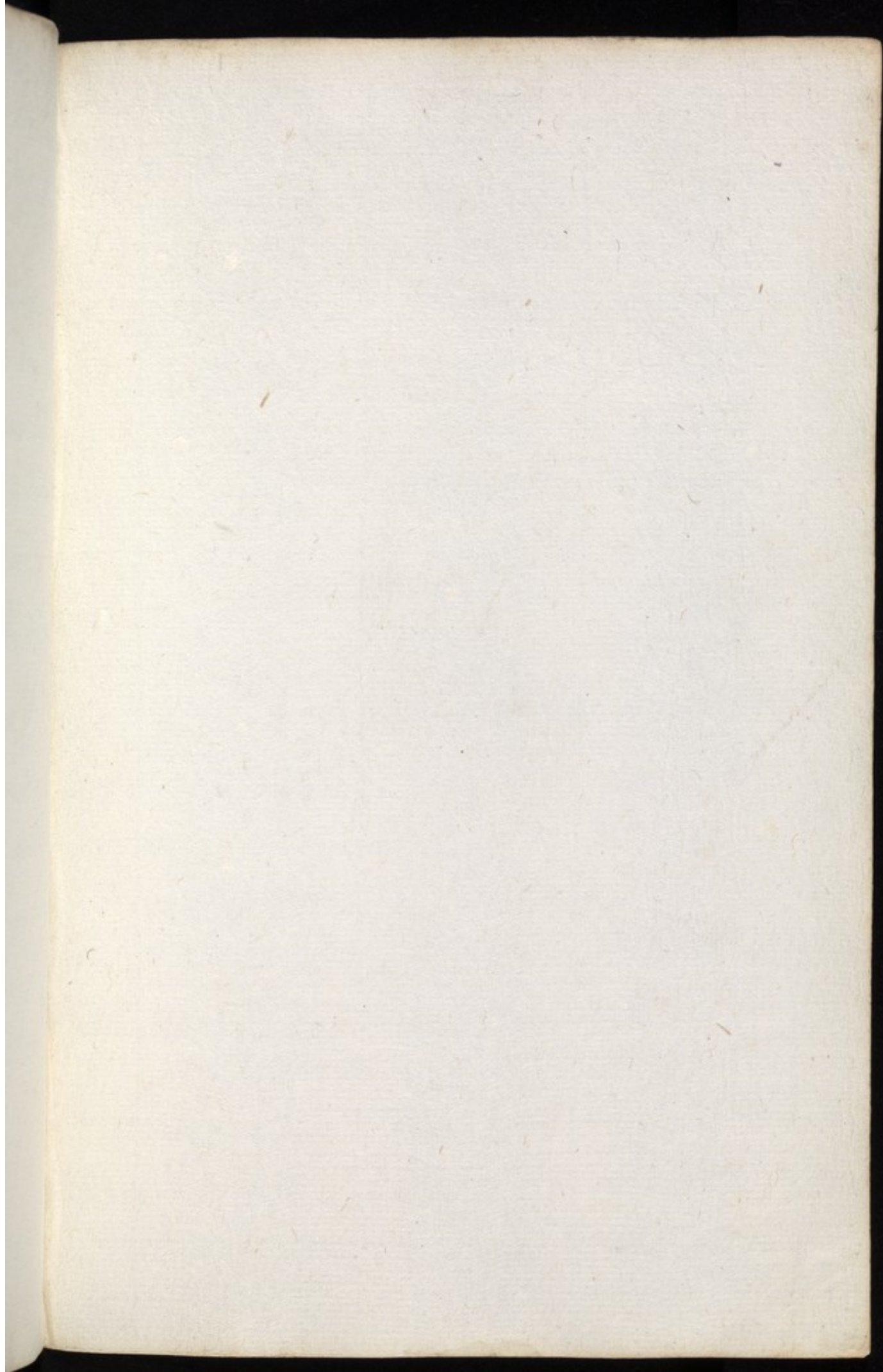
Take Bayrallie oate & comin
seede, of each alike, dry thes
so put them in two little
Baggs and aply them to crowe
of y^e head as hott as y^e can
suffer them on after the oth.
for y^e same, & y^e among of y^e thro.

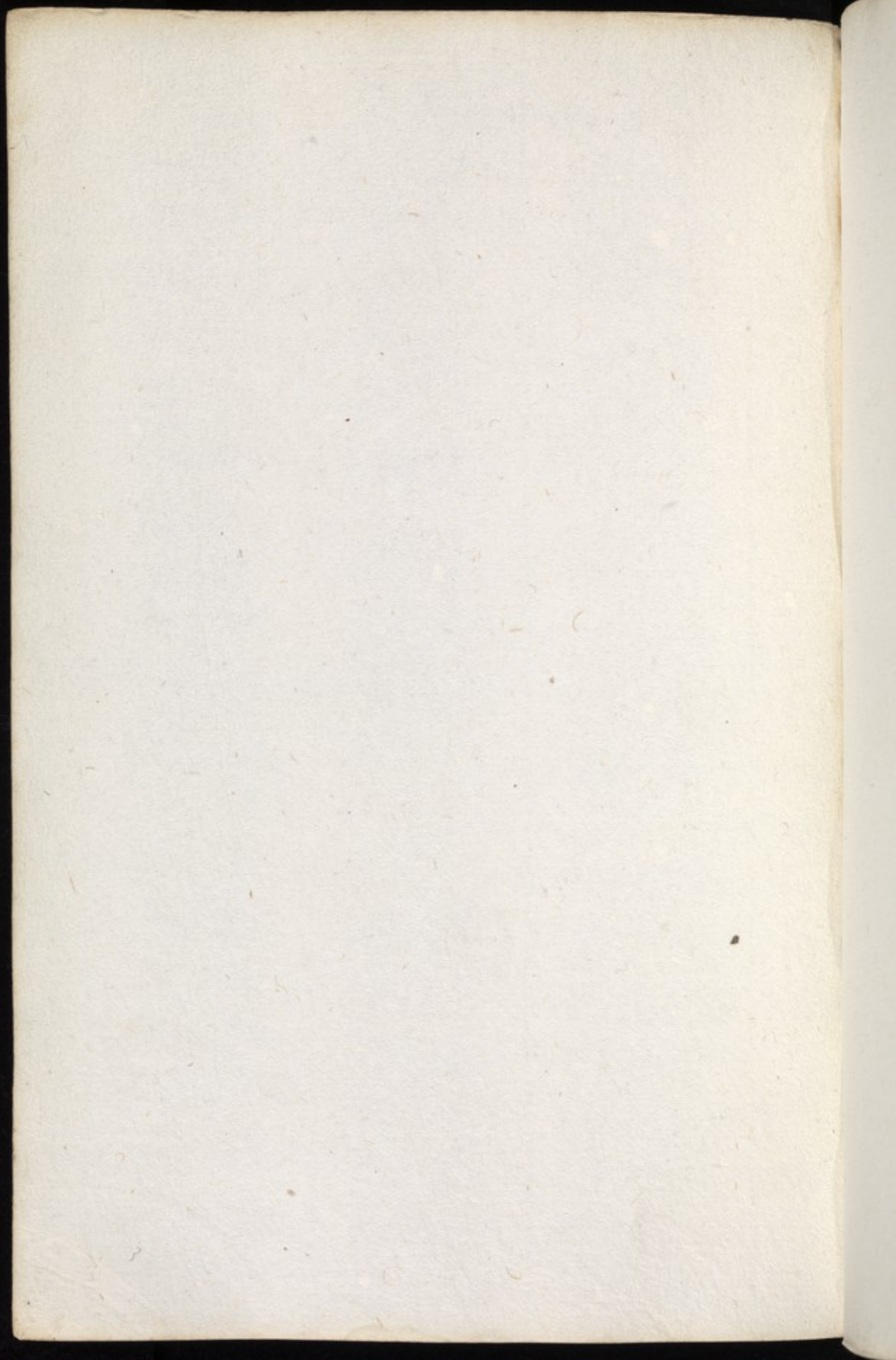
Take a good handfull of Ale
hoofe dry it between 2 tilyes
lay it to y^e Crown of y^e head
as hott as y^e can suffer it
use it 2. or 3 tines: prob.

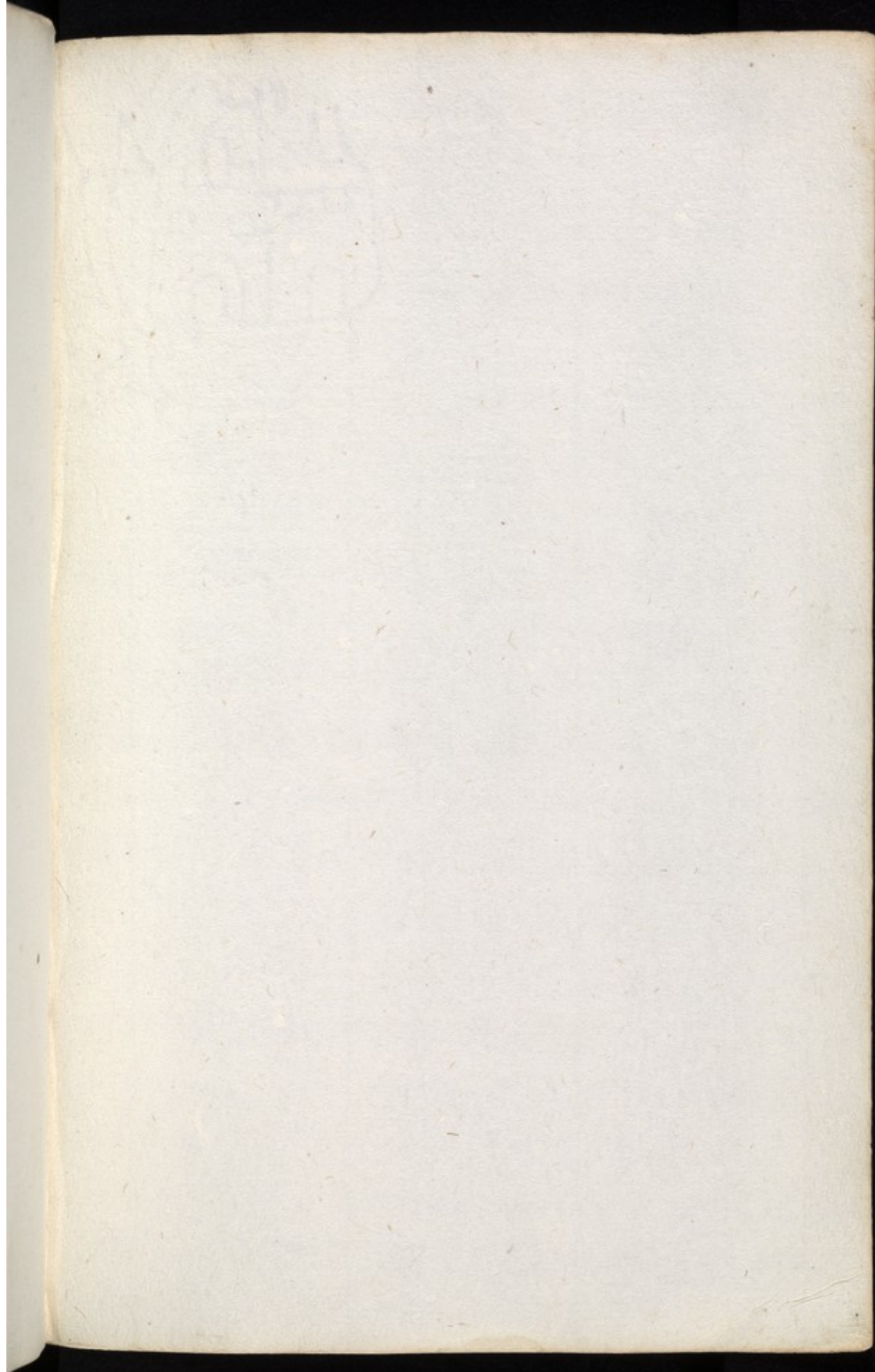
Head

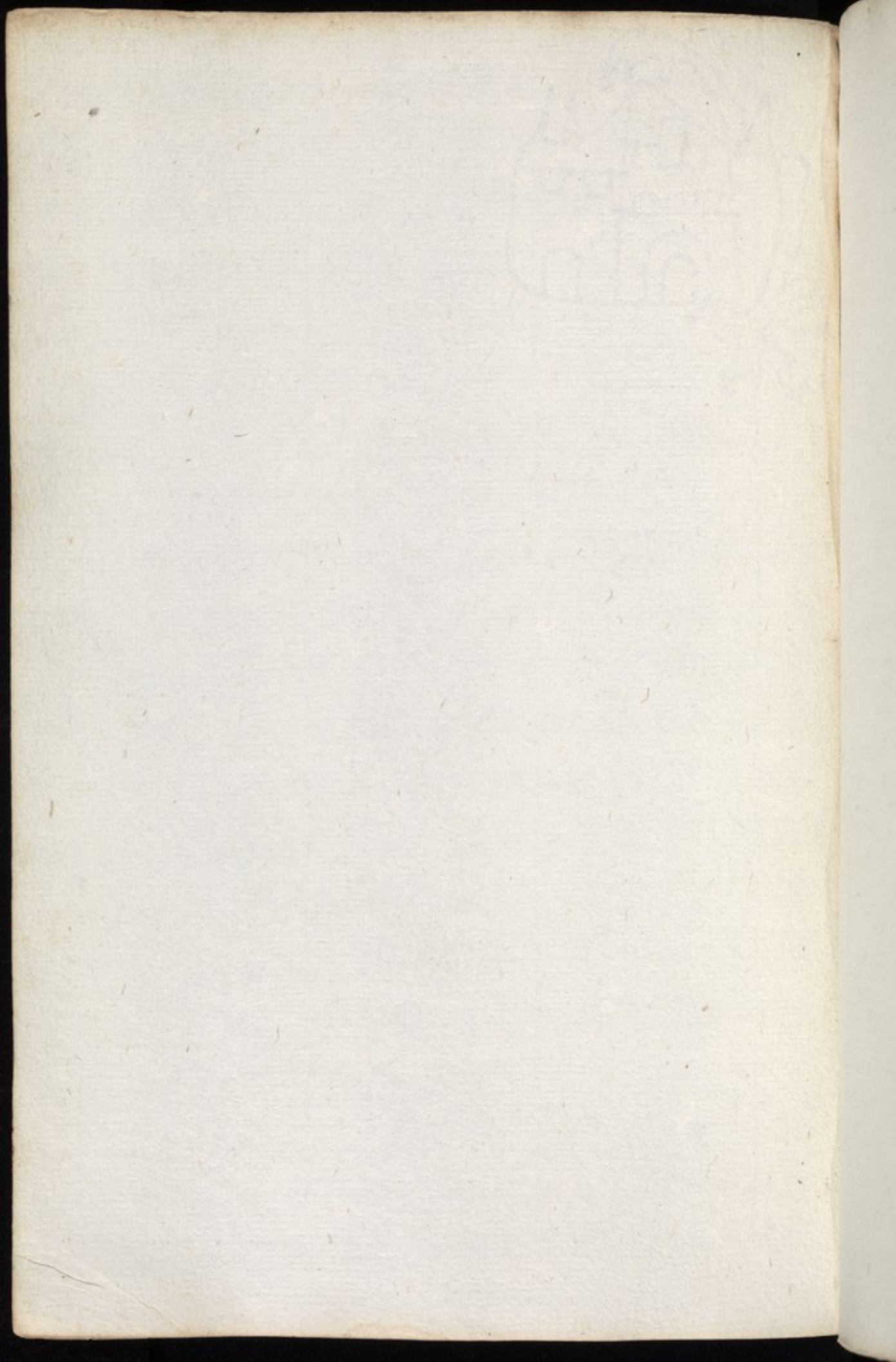
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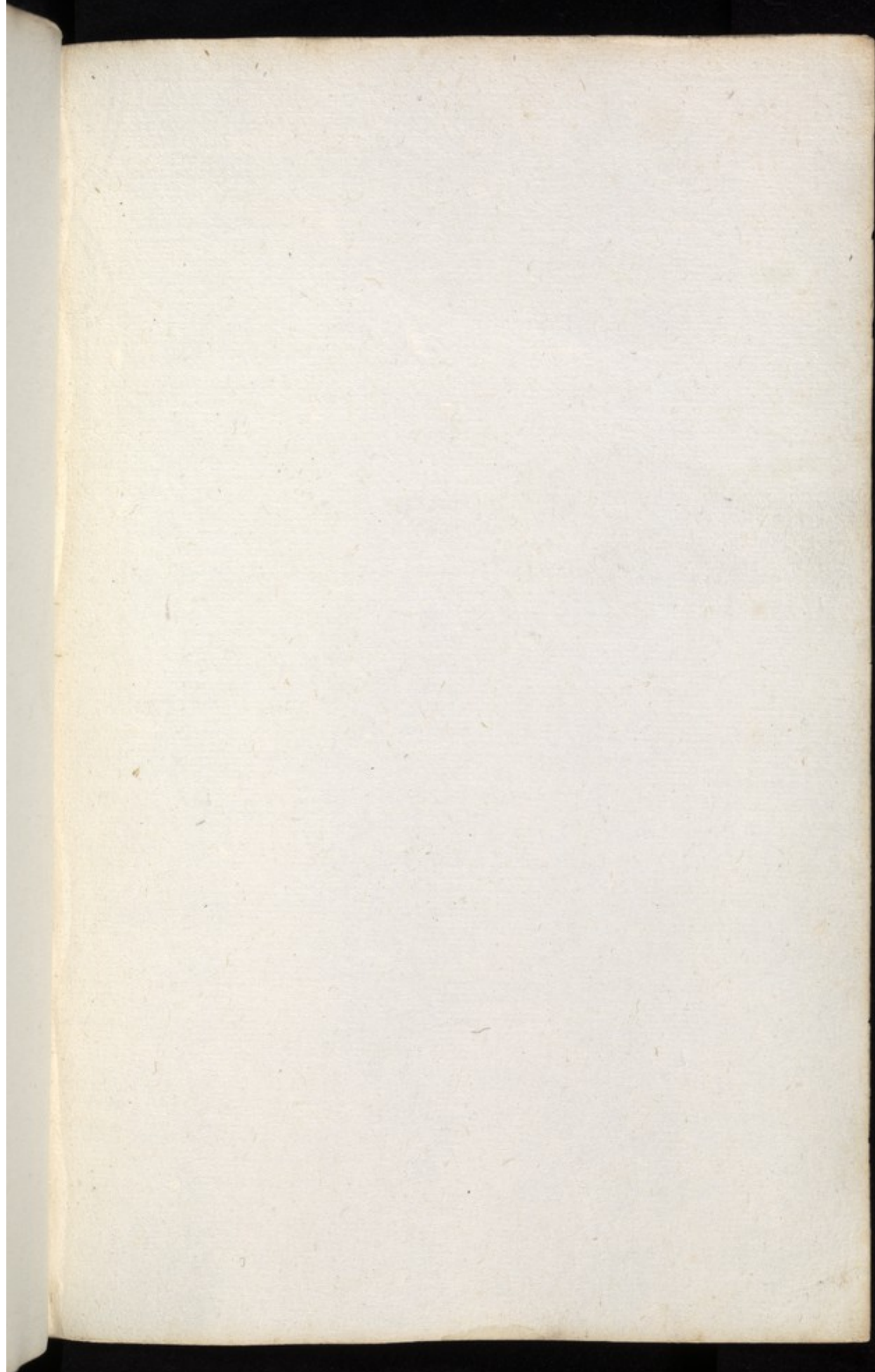












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for redne in y^e face.

Take of Sherry Sack. 2, or 3 y^e old,
old, & Sperma ceti. Melt the sugar
& bath y^e face therewith every night
for a f^ellon.

Take of y^e hearbe grac^e, 2, or 3 lb^s
airly wth y^e shells, stamp y^e together
very small, putting to it a little lard
& a lb^s of fatty Bacon, they
well tempered together lay to y^e fire
& change it once in 24 h^{rs}. as it pain^s
for y^e Bluddy flux.

Take a knuckly of Mutton. boile y^e in
runn^d water, bring first well boyled
then take a quantity of Camphrey, Myrr,
& Clove, & put y^e to y^e other, one oz. of
Cinnamon, some brused, is dally from
wth y^e pithey taken out & cutt y^e in pi-
ces, & put y^e in wth half a lb^s of pound
all they must boile together till y^e
knuckly be very tend^r. then take a good
quant^y of y^e rish of a new Back take of
y^e skin therof & put it to y^e rest, they must
be all brused in a stone Mort^r. & strained wth
y^e rest of y^e digest they are sod in. the take

1st of Almonds blanched, & pour y^m into
a Mort. Stamp, & strain y^m wth a little
rof wat. & put in it a quant. of a. of
Sugr. then mingle y^e juic of Almo
& y^e Broth toget. & it will be an
excellent Almo. milke to stay y^e flux.

For y^e falling Sickenes.

Take 1st weight of y^e purest fine
Goats filch, 8 grains of Beaz. pou
drd, y^e weight of wth of single Lion
Sedex. a s^d wth of Amber, a s^d wth
Curral, a s^d wth of Pearls, a s^d wth
of a dead mans skull, beat very fine,
as all y^e rest must be, y^e having
well mixed y^e beat y^m all toget. to a
fine powd. y^e are to take of this
y^e weight of y^e in a spoon, wth a
little Endif wat. stir it toget &
drinke it in a mo. fasting. & aft. it
take 4 spoonfulls of Endif wat. use
it 9 dayes together. it will helpe
for a fistula. or any Ulcer.

Take a quant. of a. of wax. of y^e best
clarified Rosin 3 oz. & a halfe, 1 pint of Sat
oile, 3 oz of Turpentine, 1 spoonfull of ver
dgreene in powder. boild togs into a salve

some^t stiff. - soe make y^e plastr. therof.
for y^e falling sicknes.

Take yello docke rootes, horshired-
ish rootes, & pine rootes, dry y^m vppo
paper. yⁿ make y^m into pou. soe take
alike quant. of each as much as will
by vppo sij. at a time. it must be
spring & fall: & were of y^m wth sun
of y^e pou. in a bagg at y^e putt of y^e
Stomach. for y^e Bloody flux.

Take a pint of Muscadine
halfe a pint of planten wat. boild to
two toget. wth sij dates sliced small. yⁿ
take a pint of harsell root kernell:
beat y^m very small wth a spoon. or two
of red roost wat. soe straine y^m wth y^e
Muscadine, & plant. wat. & drinke therof
3 times a day.

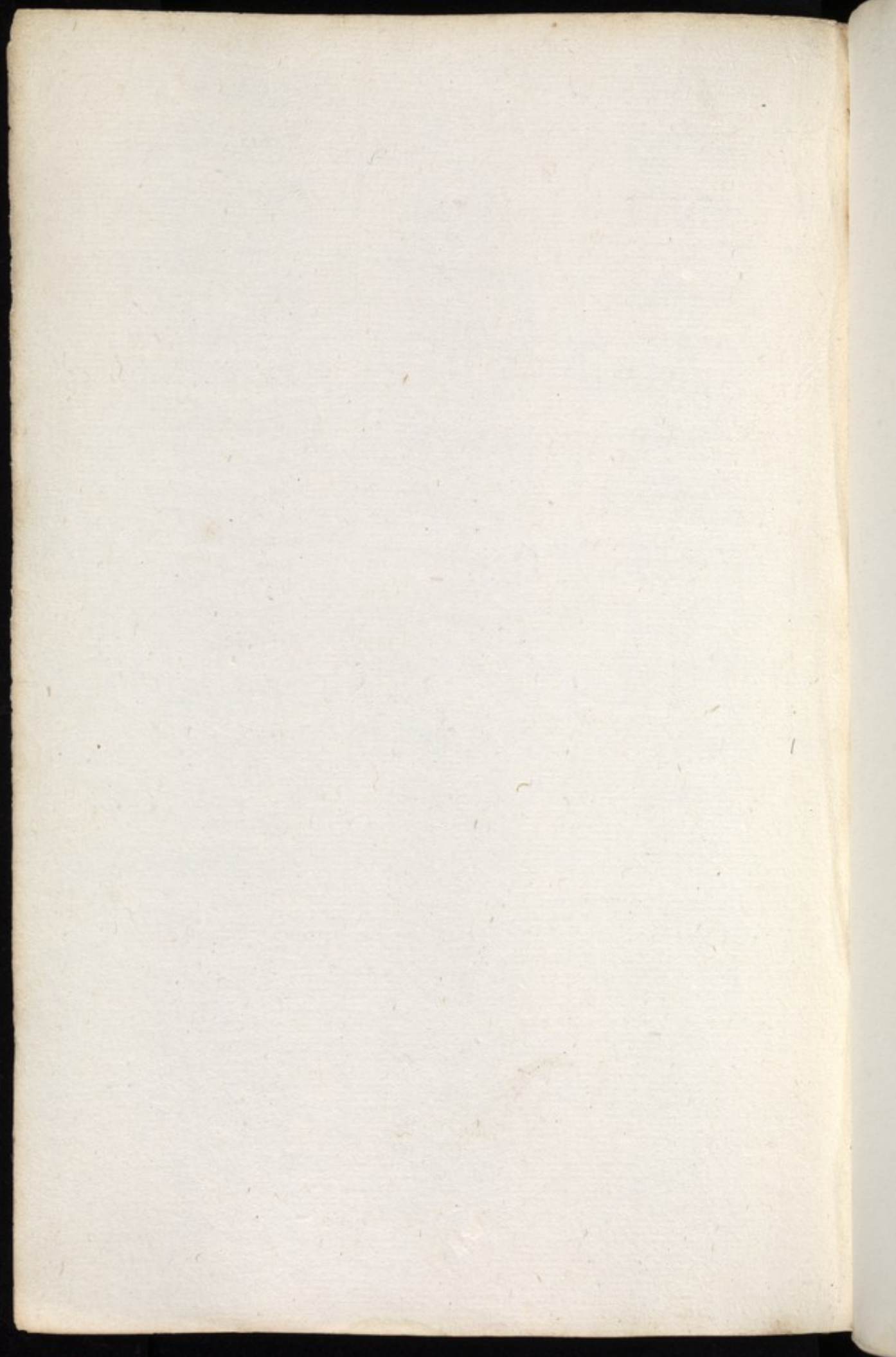
for a fower.

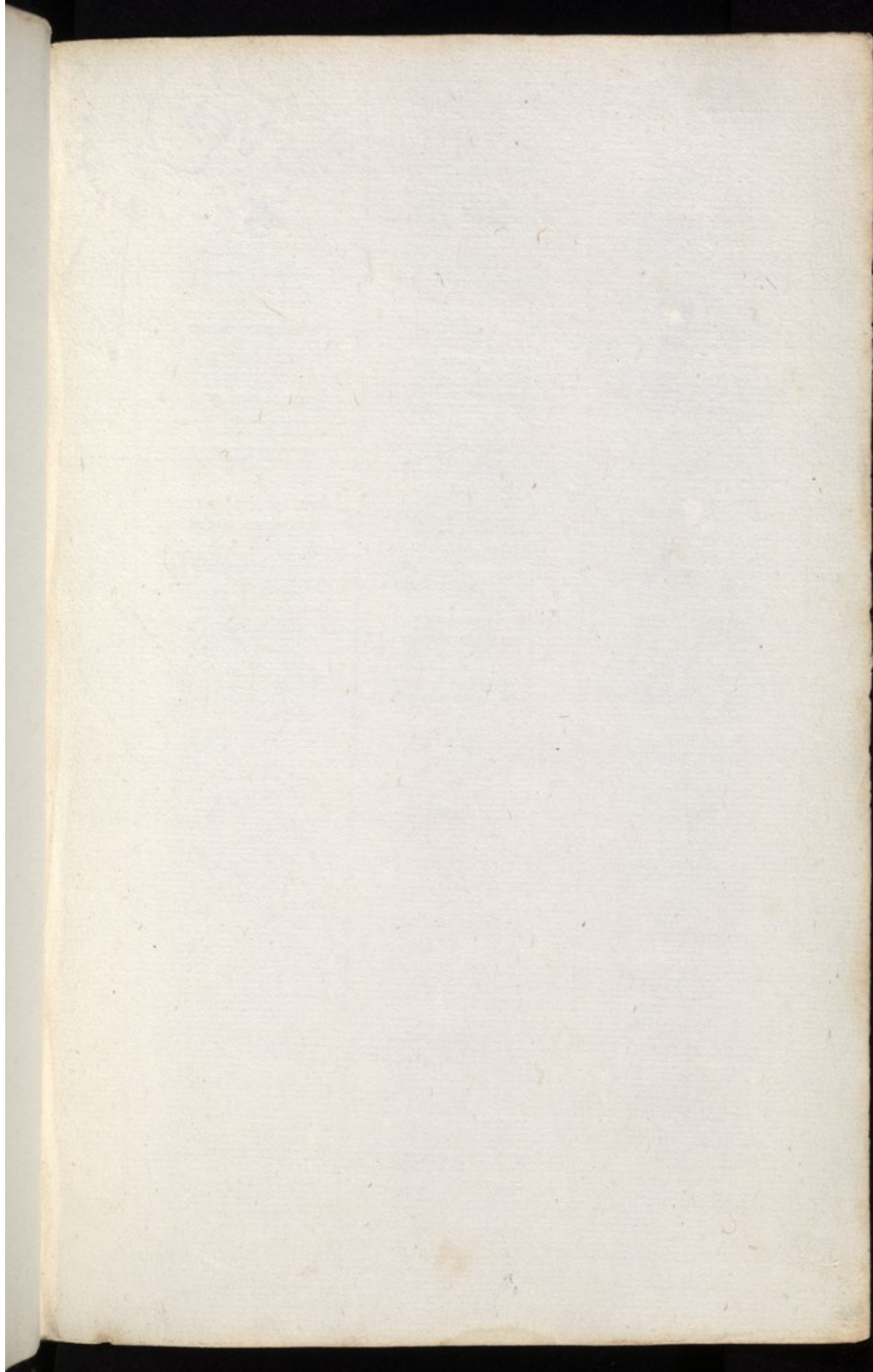
Take Currant. Herbgreece
& Saffron. Stampd they toget
ther, & aply them to y^e Rist. for
the Ague.

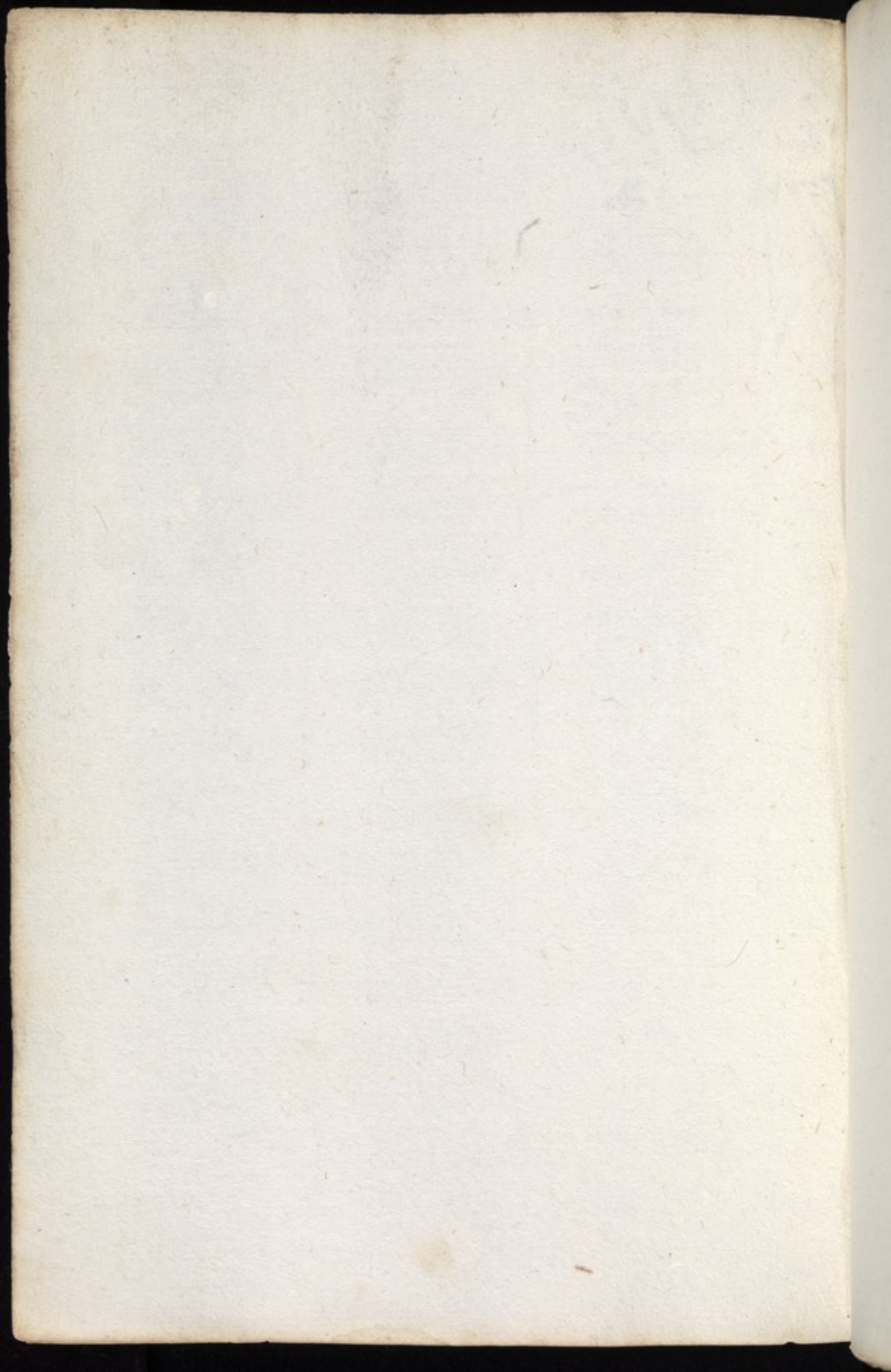
Agely Colicwort leaues to y^e
Rist.

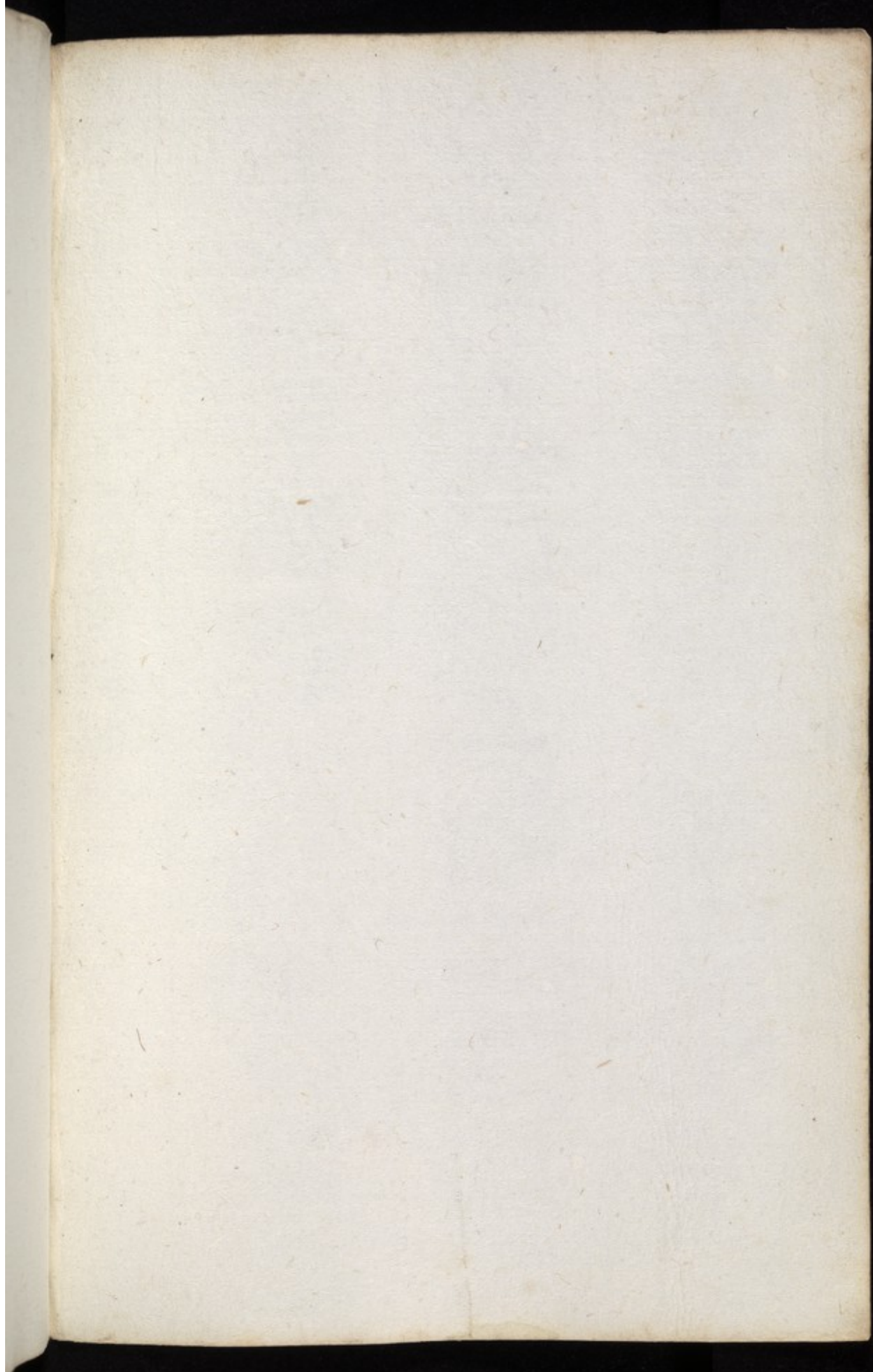
A Law.
Dandelion, Ponderosa & other
wood a handfull of each boyled
in a pott of running wat. til it
com to a quart. Drinke of this
in a fauer being sweetned wth
3 oz of browne sug candy.

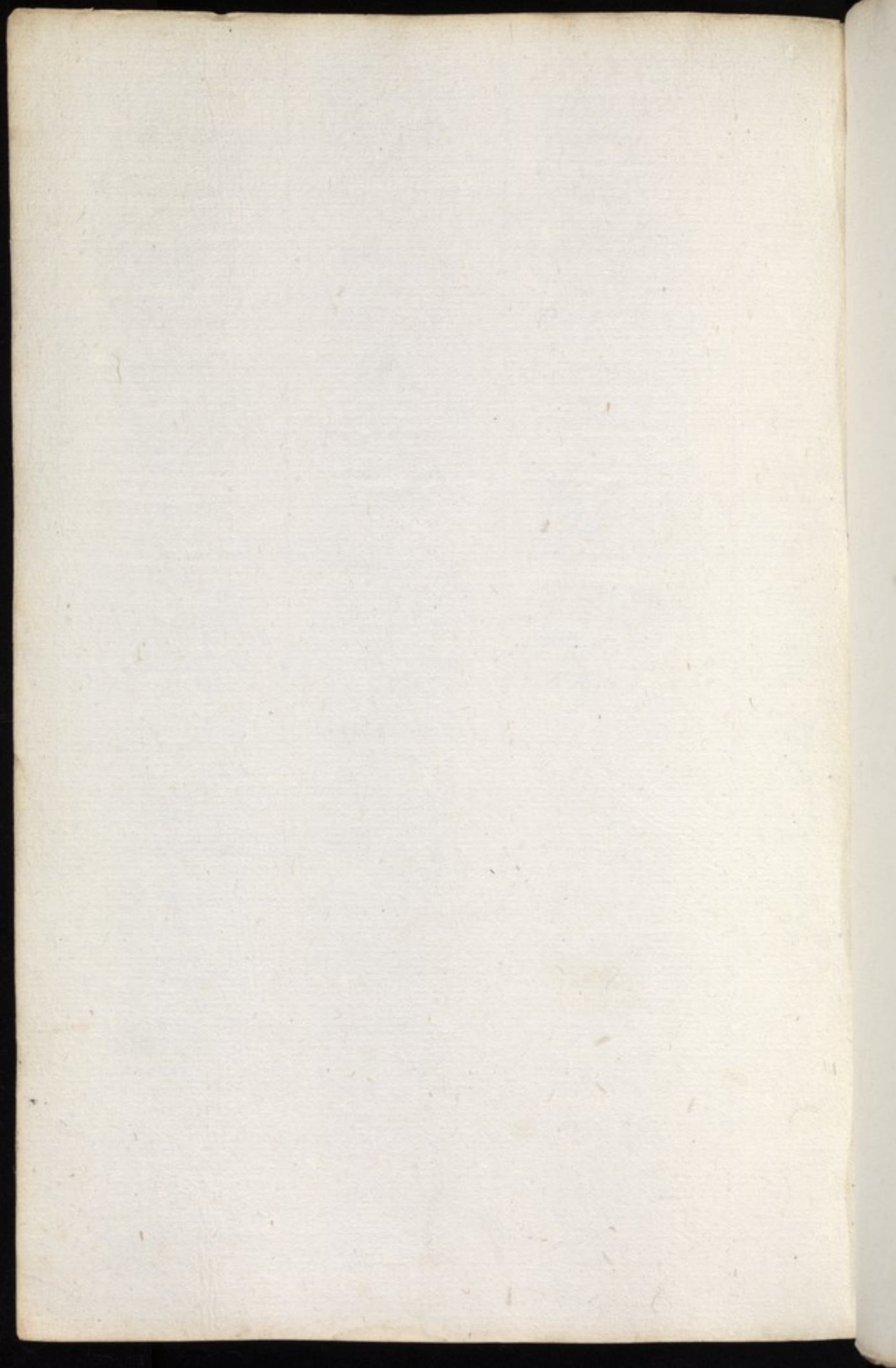
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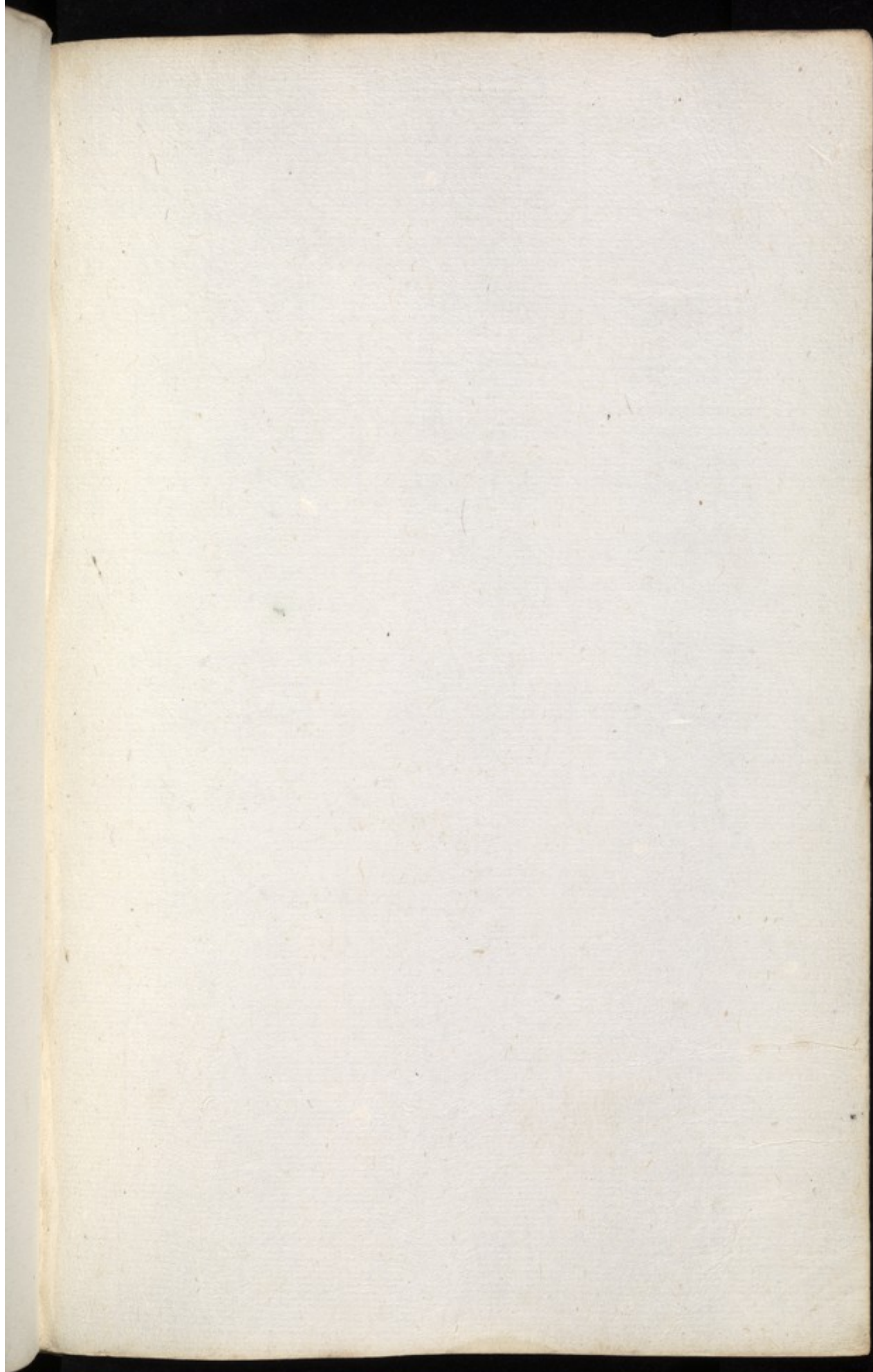


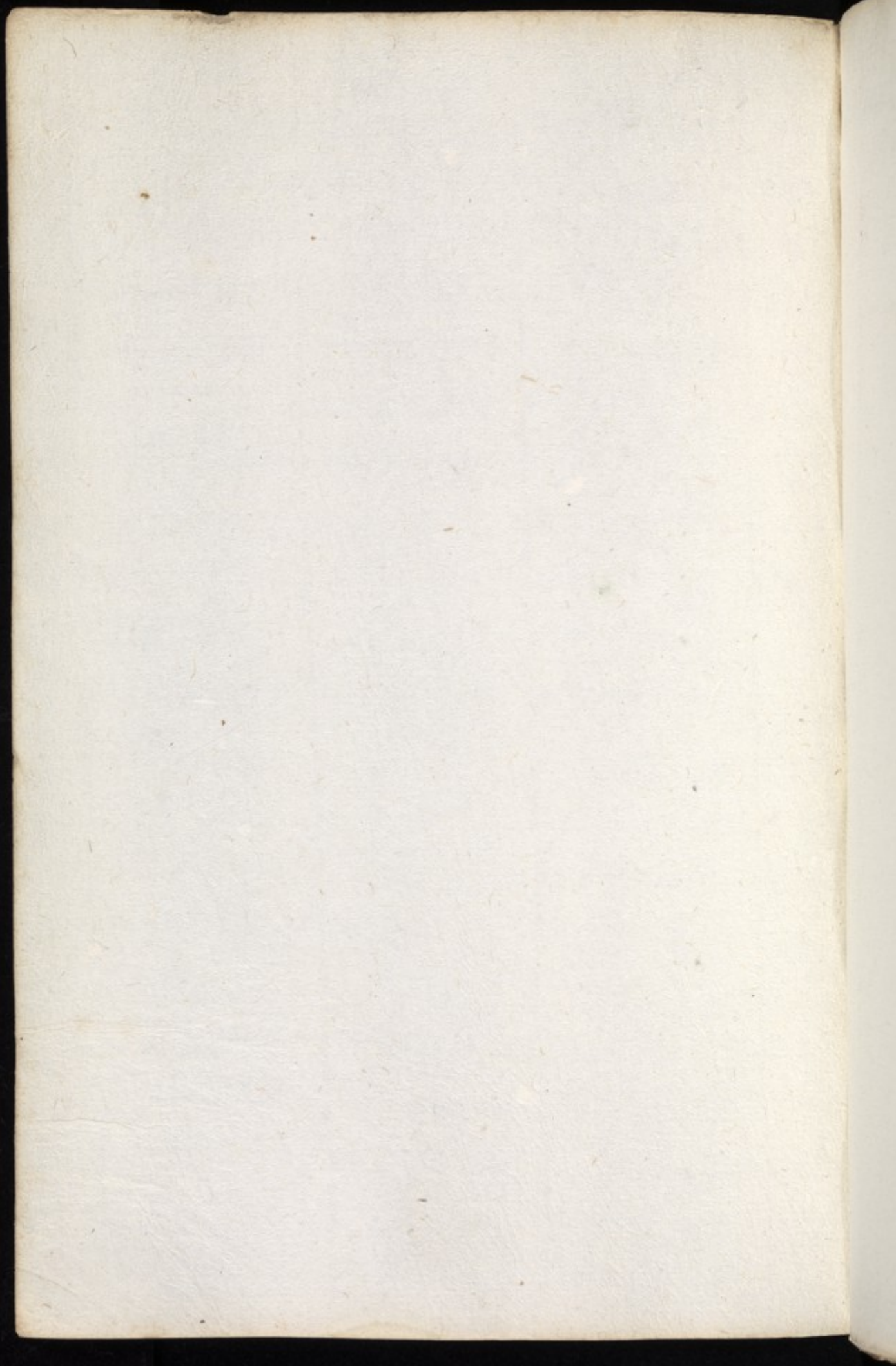


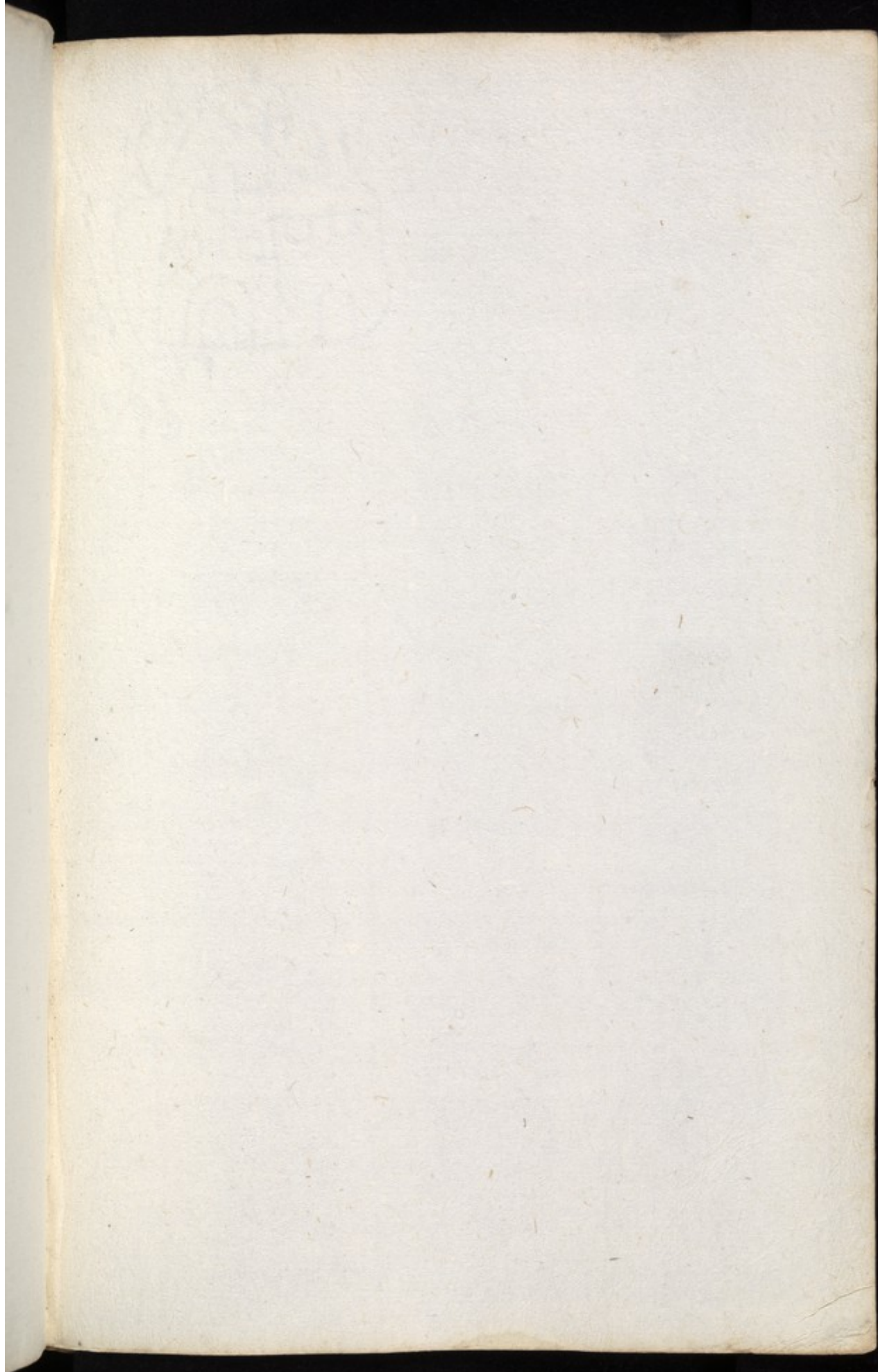


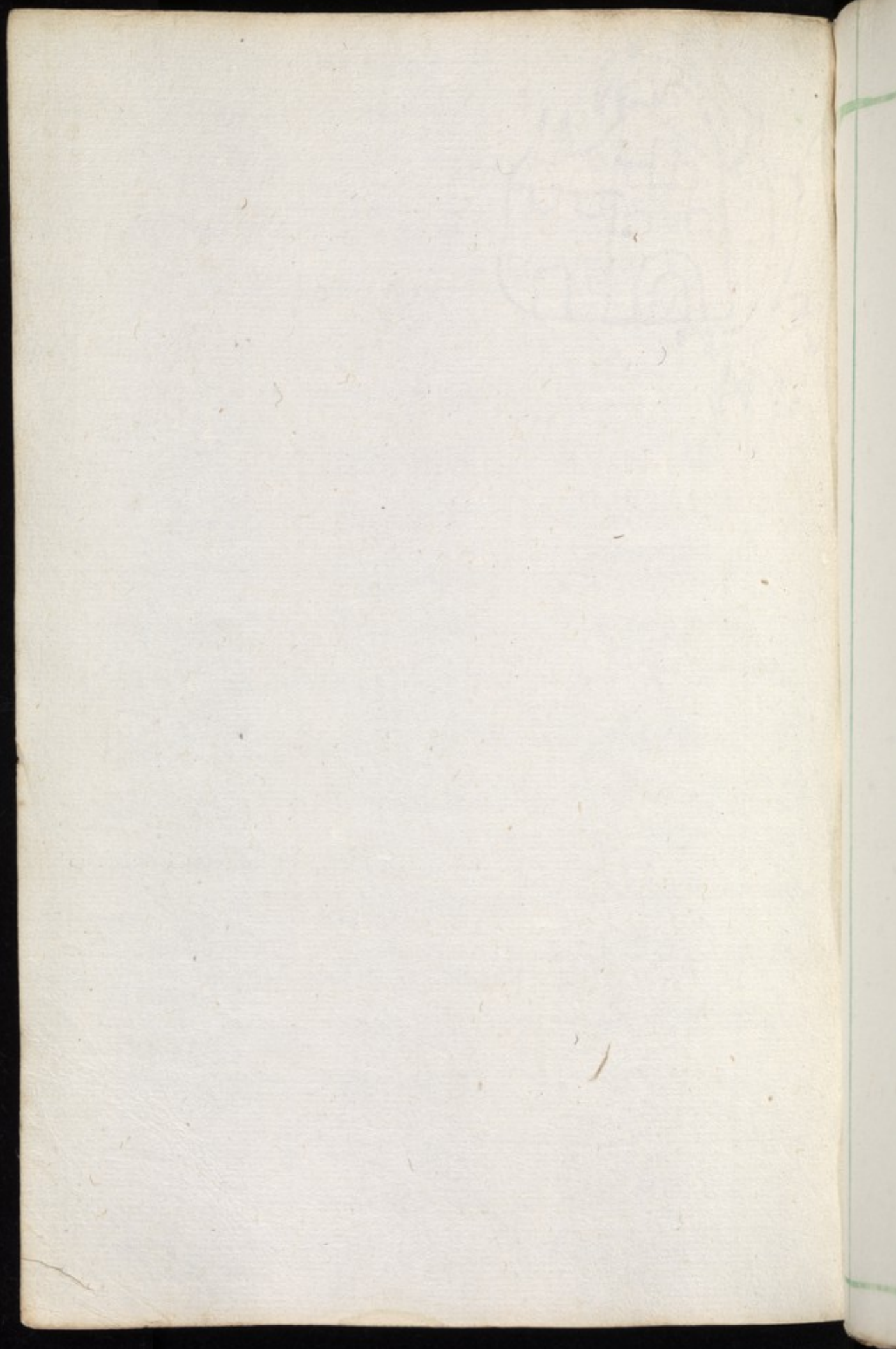


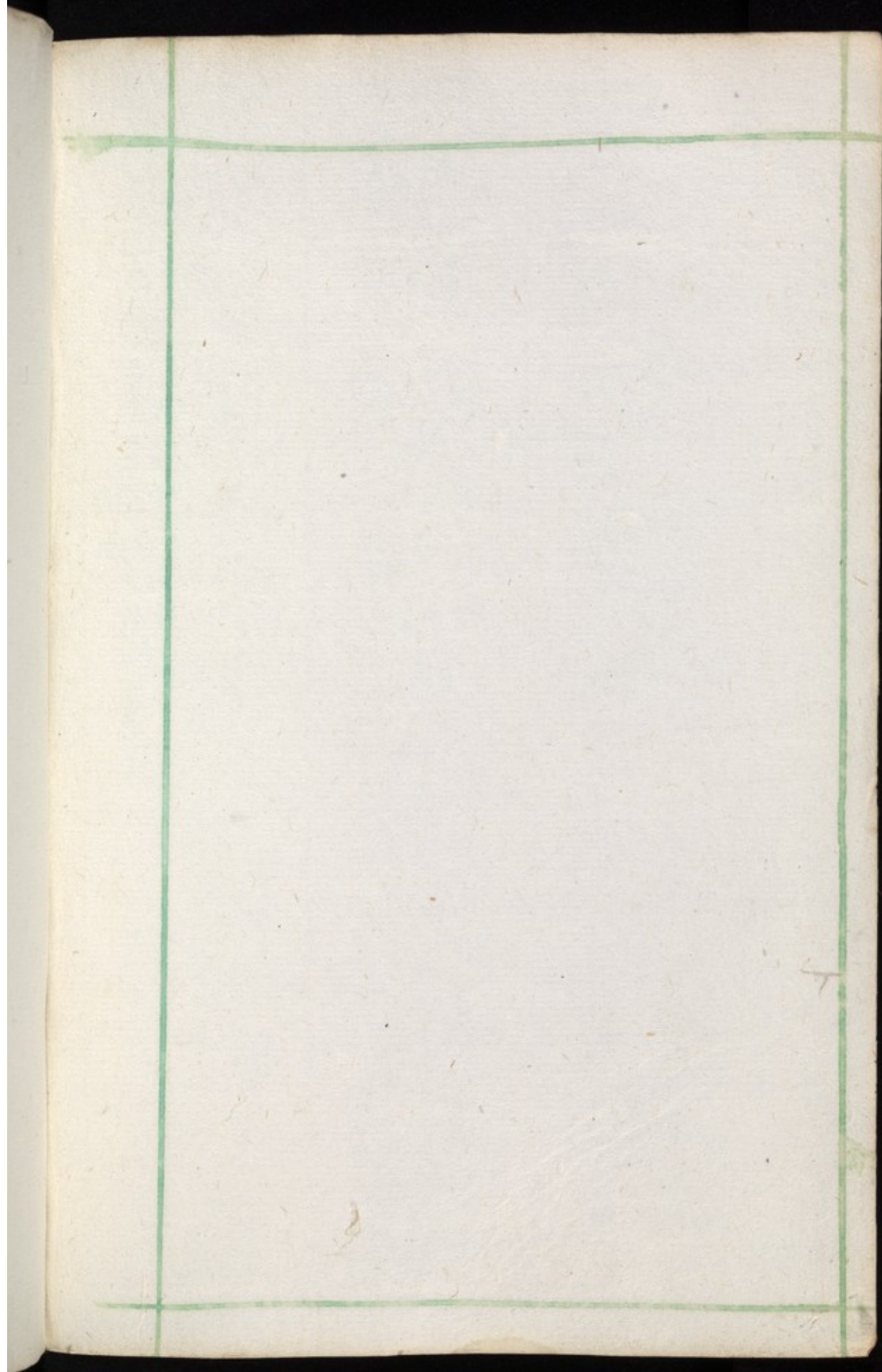


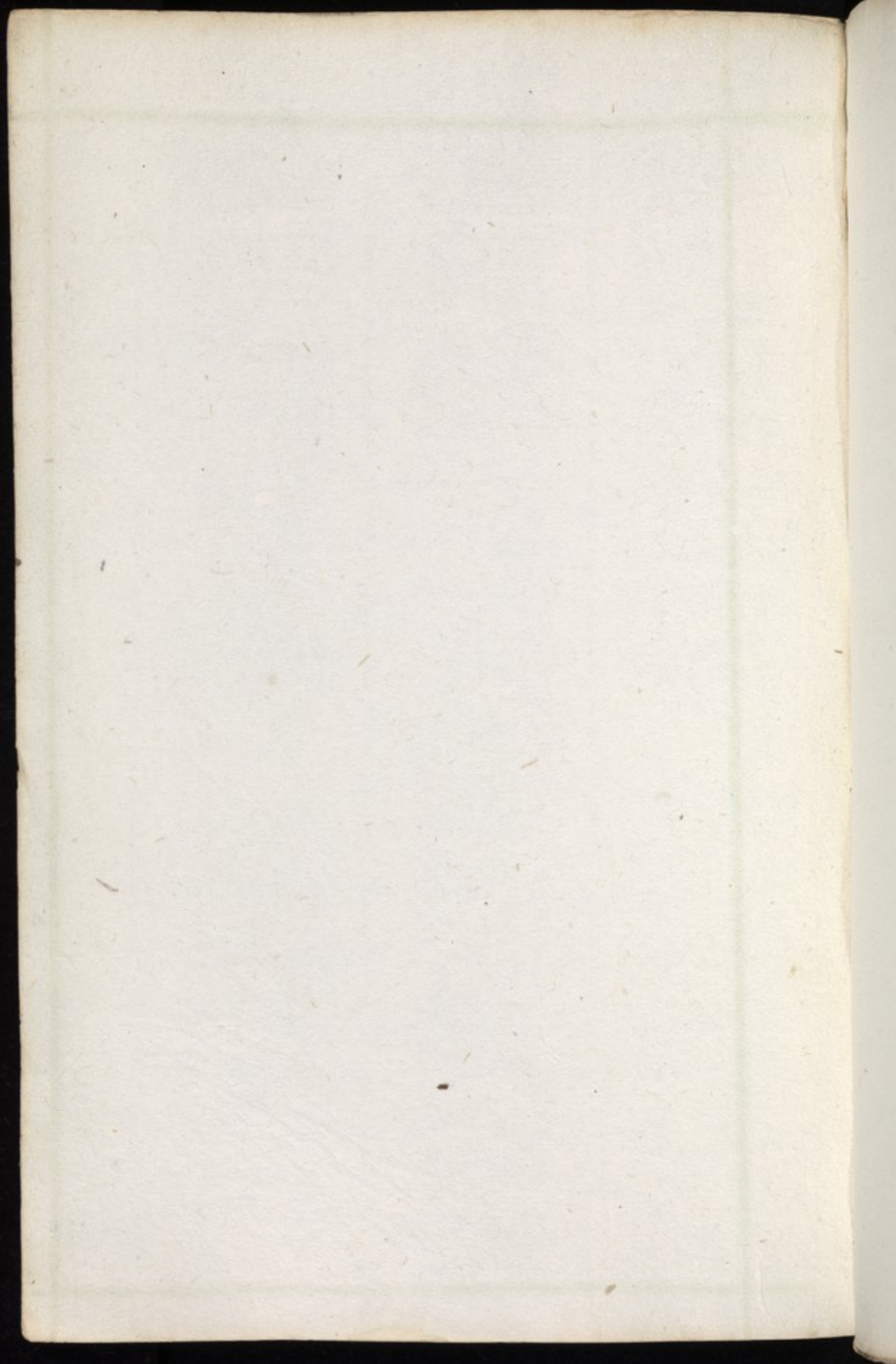


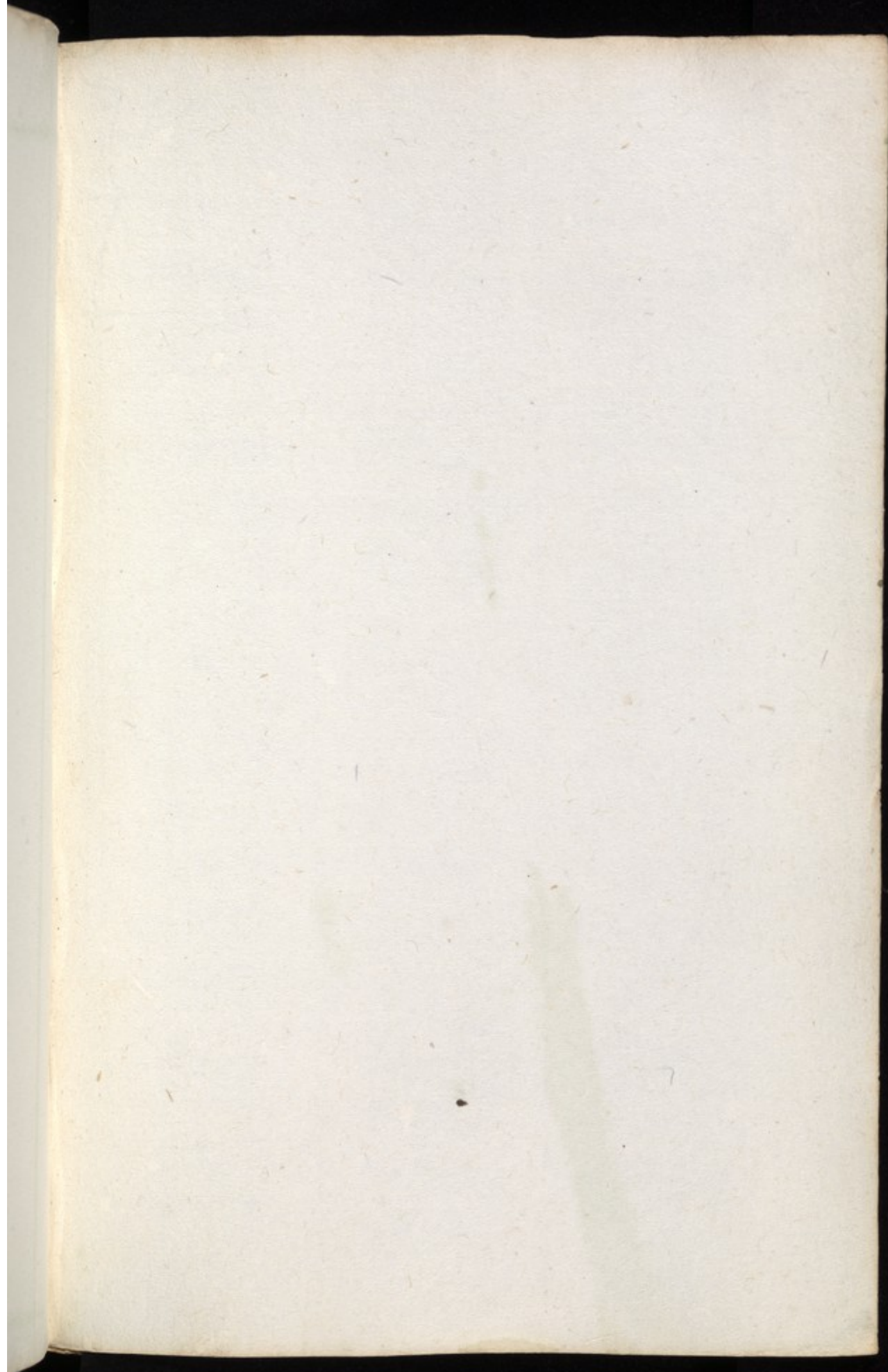












Take
boile
the
of y^e
much
spoon
spoon
sugar
very

A Glist.

Take y^e best ribbs of a Rack of Mutton
boild it in faire wat. ch and scime
thdn putt in to it a handf of pilitory
of y^e wall j handfull of Mallows, as
much of march mallo rootes sliced, a
spoonfull of fennell seeds brused, and
spoonfull of Anniseeds, 4 oz of Cord
sugar boild thds togethr wth y^e Mutton
soe reskeue it as warme as yo^e can.

for y^e Gout.

Take a hedgehog wth soore of Black
Snails in his Belly. sawe y^e Dripping
of it & anoint y^e pained part night
Batting it downe afard.

for y^e same.

Take halfe a handfull of Herbe
gras. of y^eop & red fennell as much sta
mped & straimed y^e juice & dr, then putt
to y^e 2 or 3 spoonfulls of pure hony &
boile y^e togethr, till they become a
sirrup soe eat o^{er} of Morn & evening

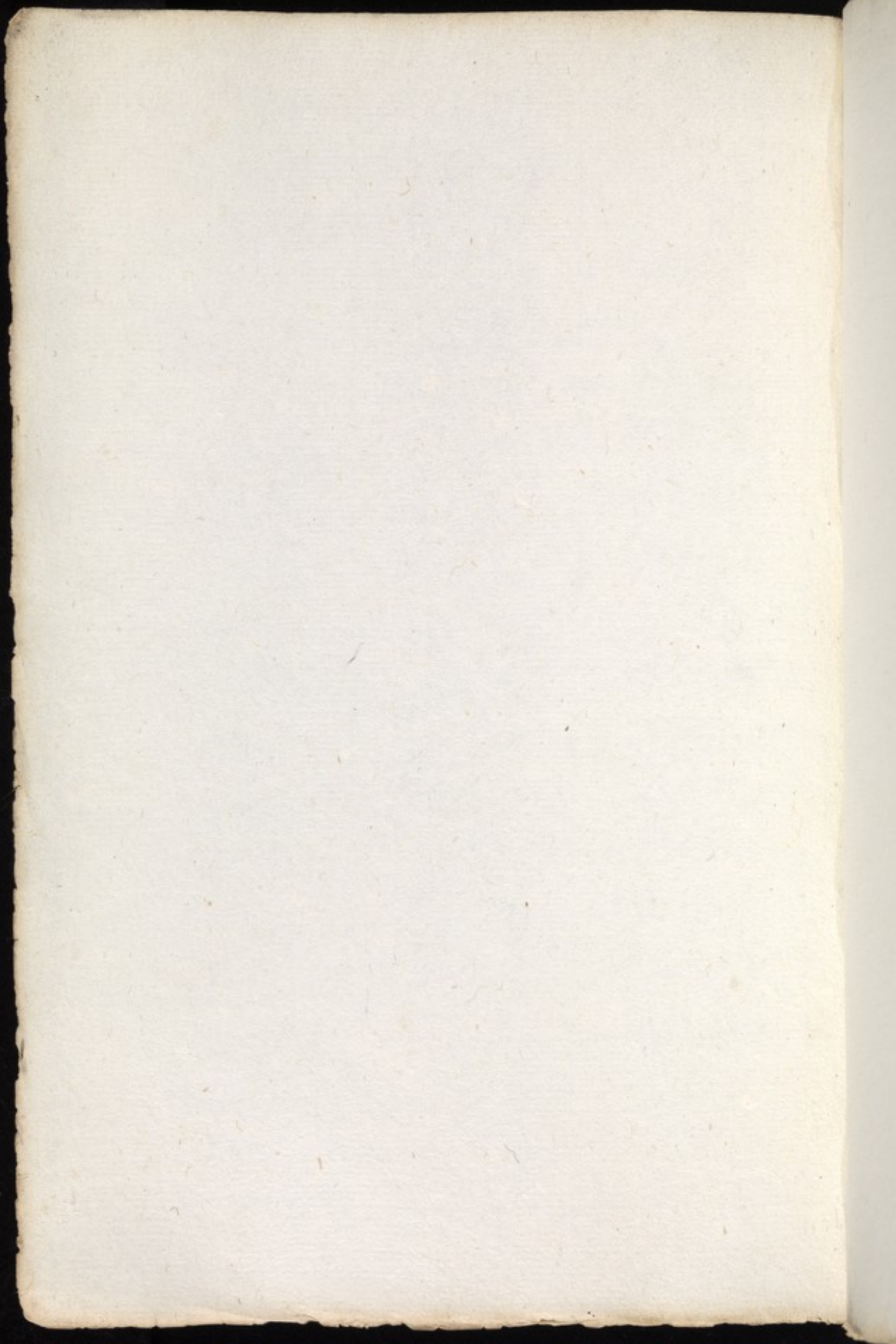
for y^e Gout. take a pickoll herbe
slitt it & heat it on a dish & lay it
to y^e place grieved.

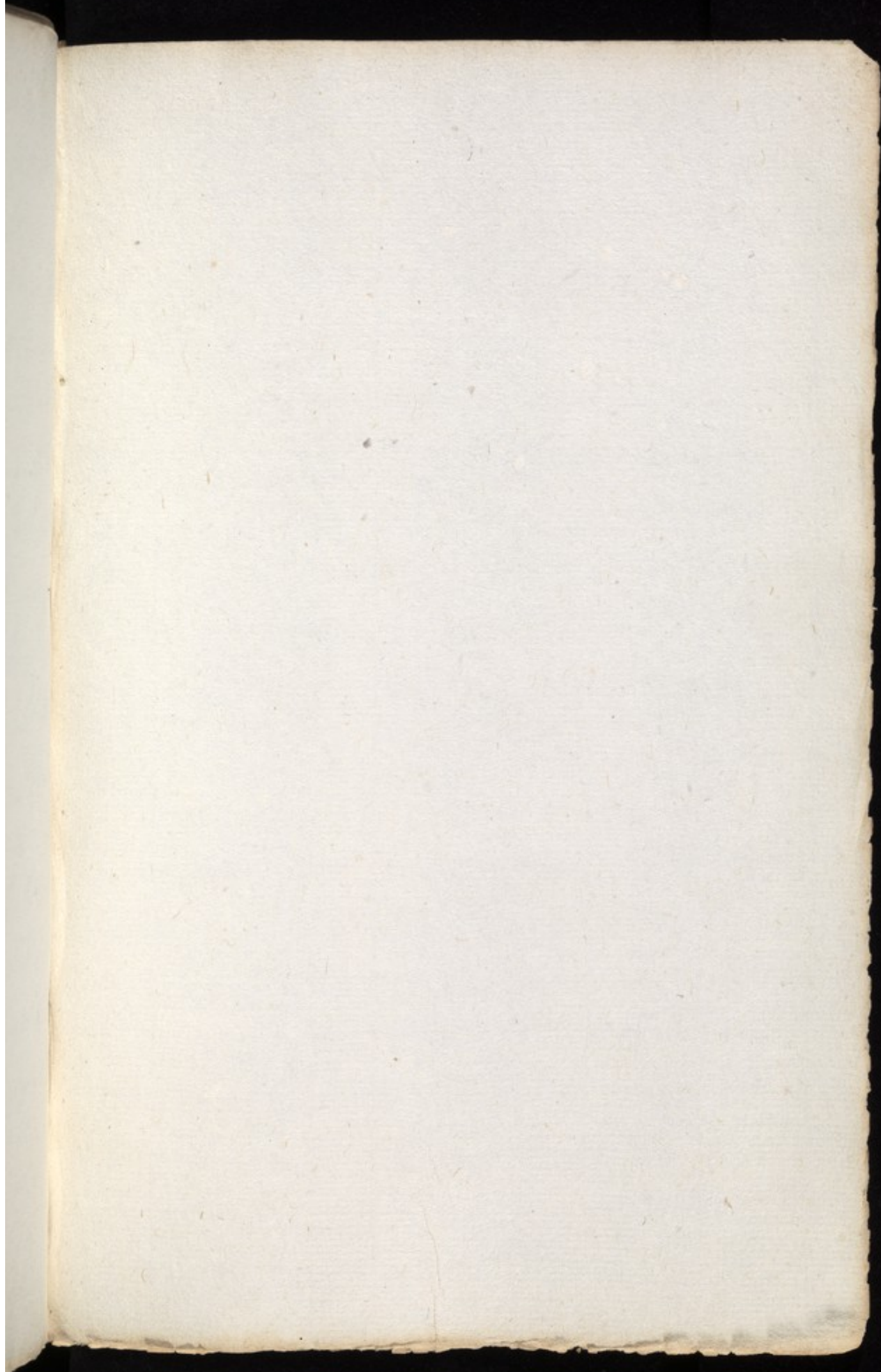
A Glift.

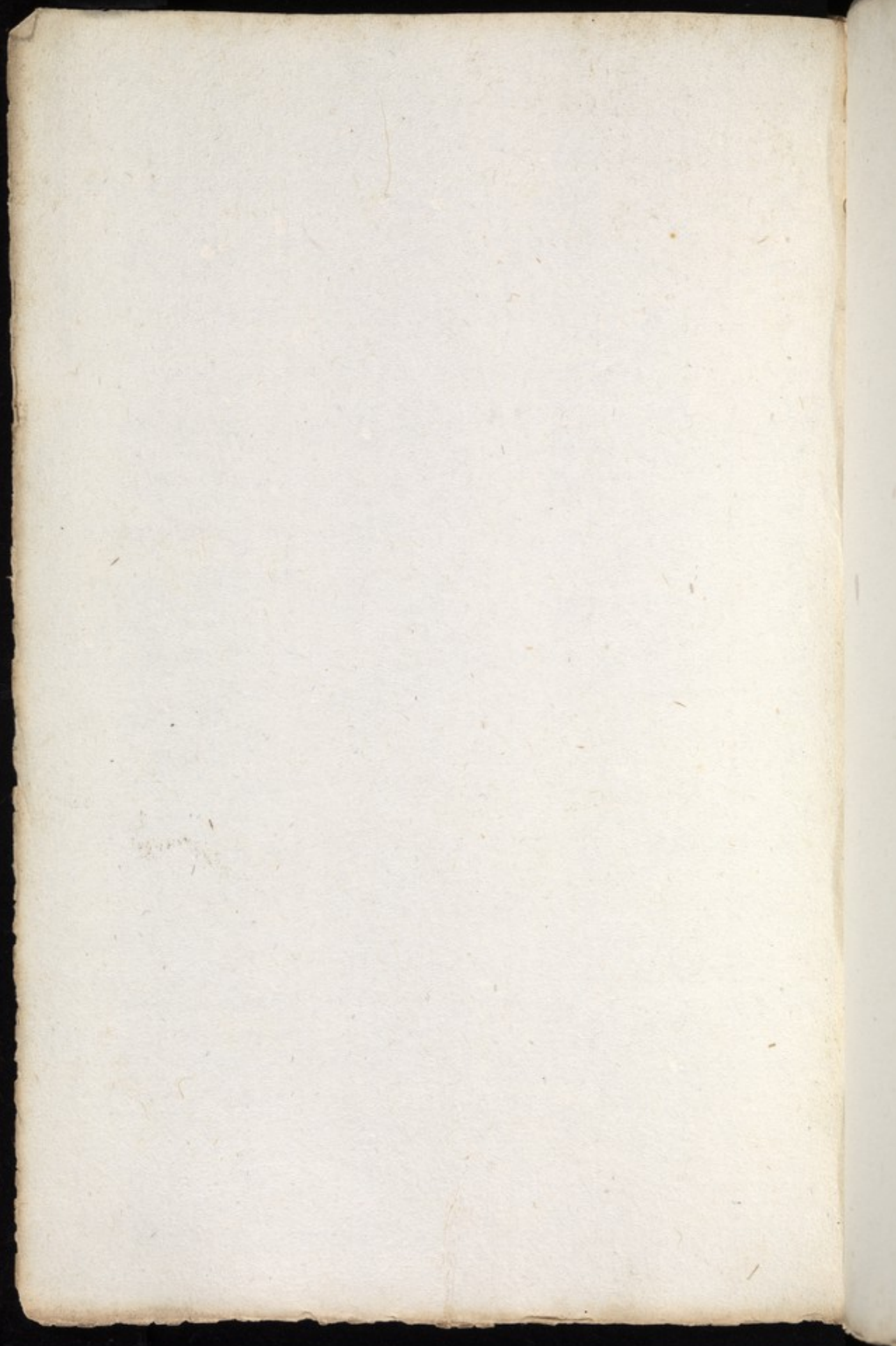
Violet leauy, Mallow, ³Meru
Camamile flower & Millilot flower
of each half a handfull: Aniseed
flax & wood finill wood of rary
as much as yo^r can hold betwixt 2
finger & a thumb; boile all this
in a pint & half of wat^r to keepe
a pint. straine it & dissolve therein
3 oz of coars sugar wth one oz of
oile of Lill to admmist^r it.

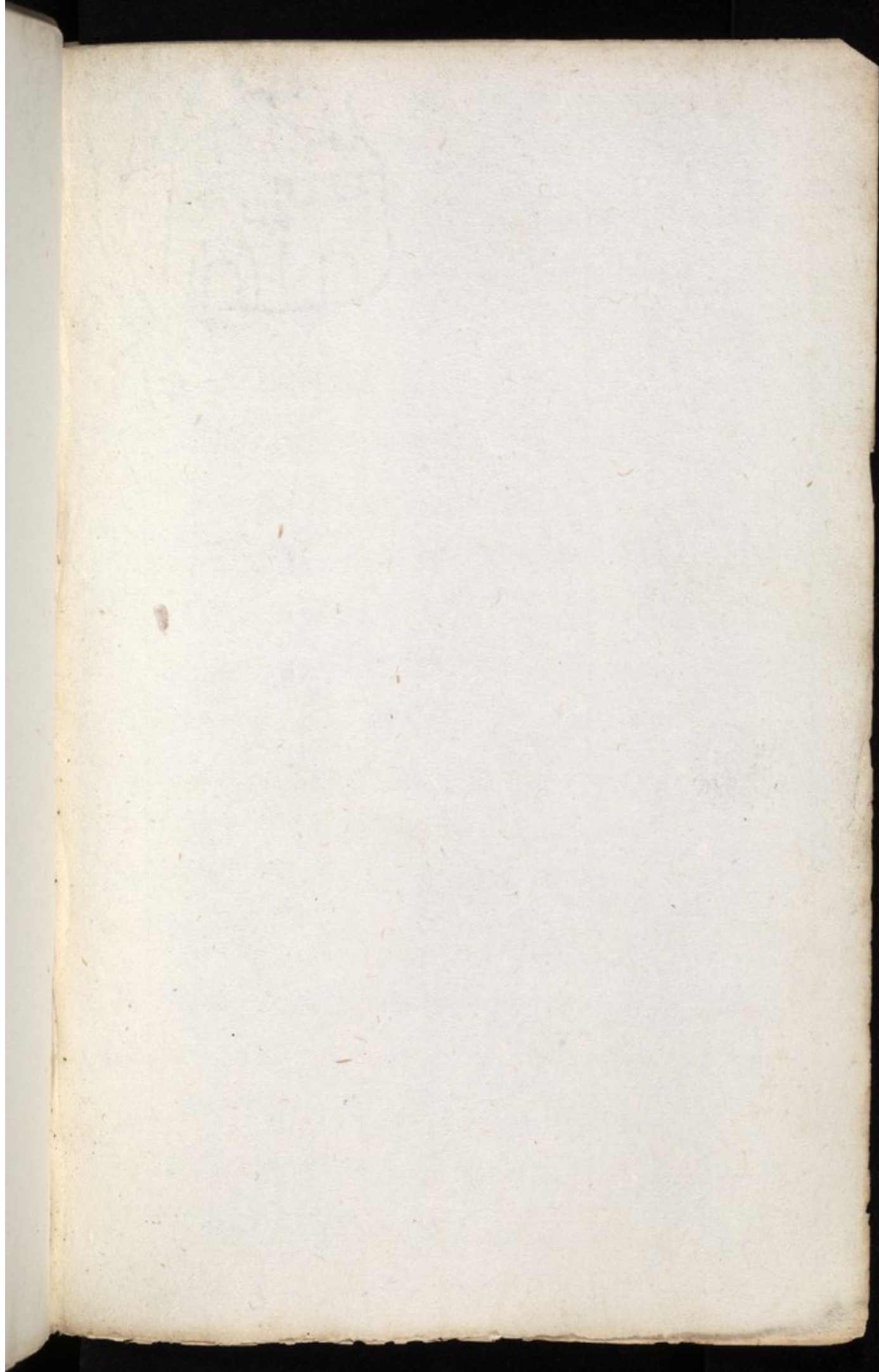
Violet leauy 2 handfull.
mallow Endif Ballm & Camam
ile of each one handfull. aniseed
bruised one spoonfull: boile this
in possit drink, straine it & put
thereto 2 oz of Coars sugar, & one
oz of Diacatholicon so giue it as
a Glift.

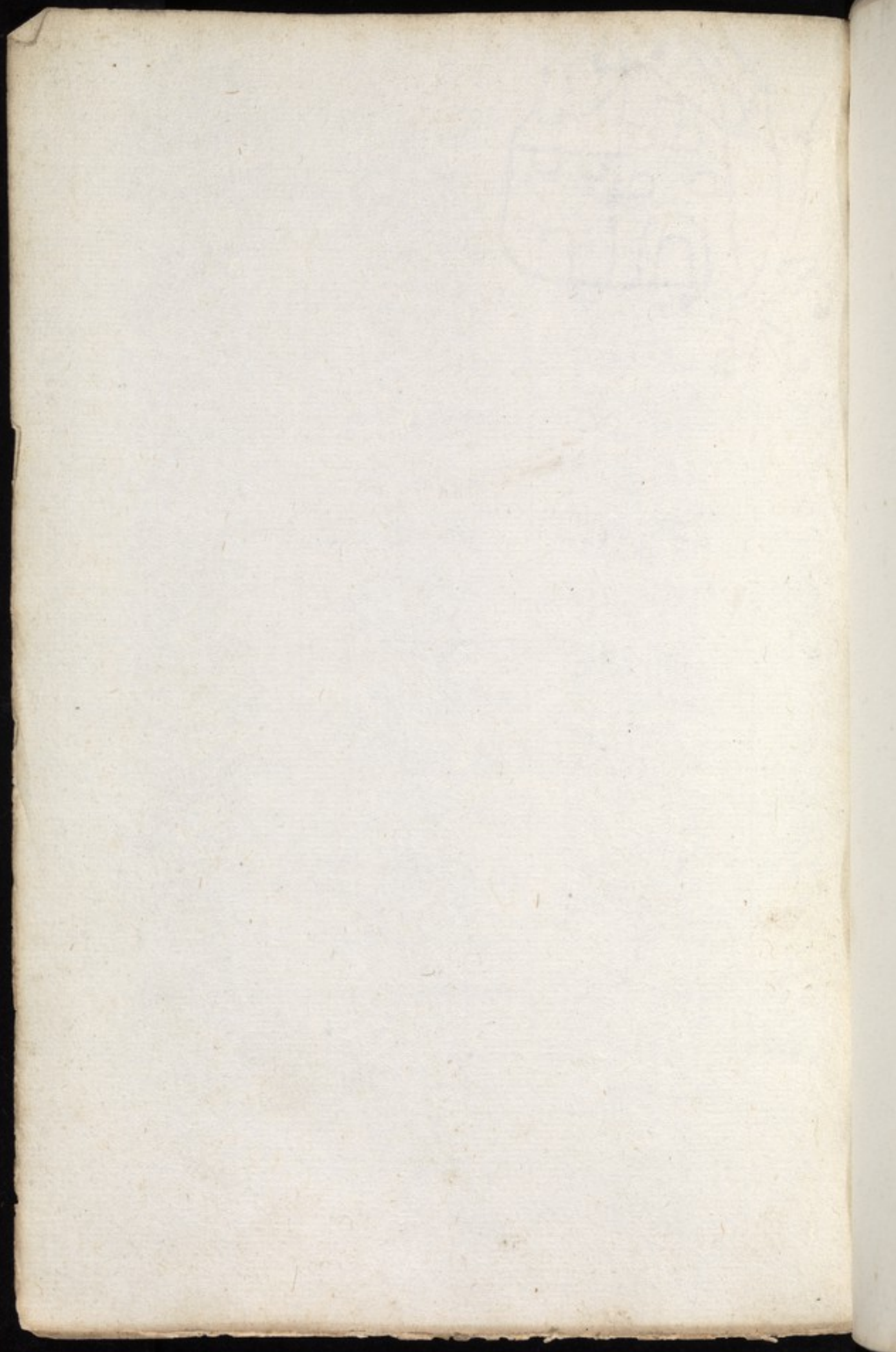
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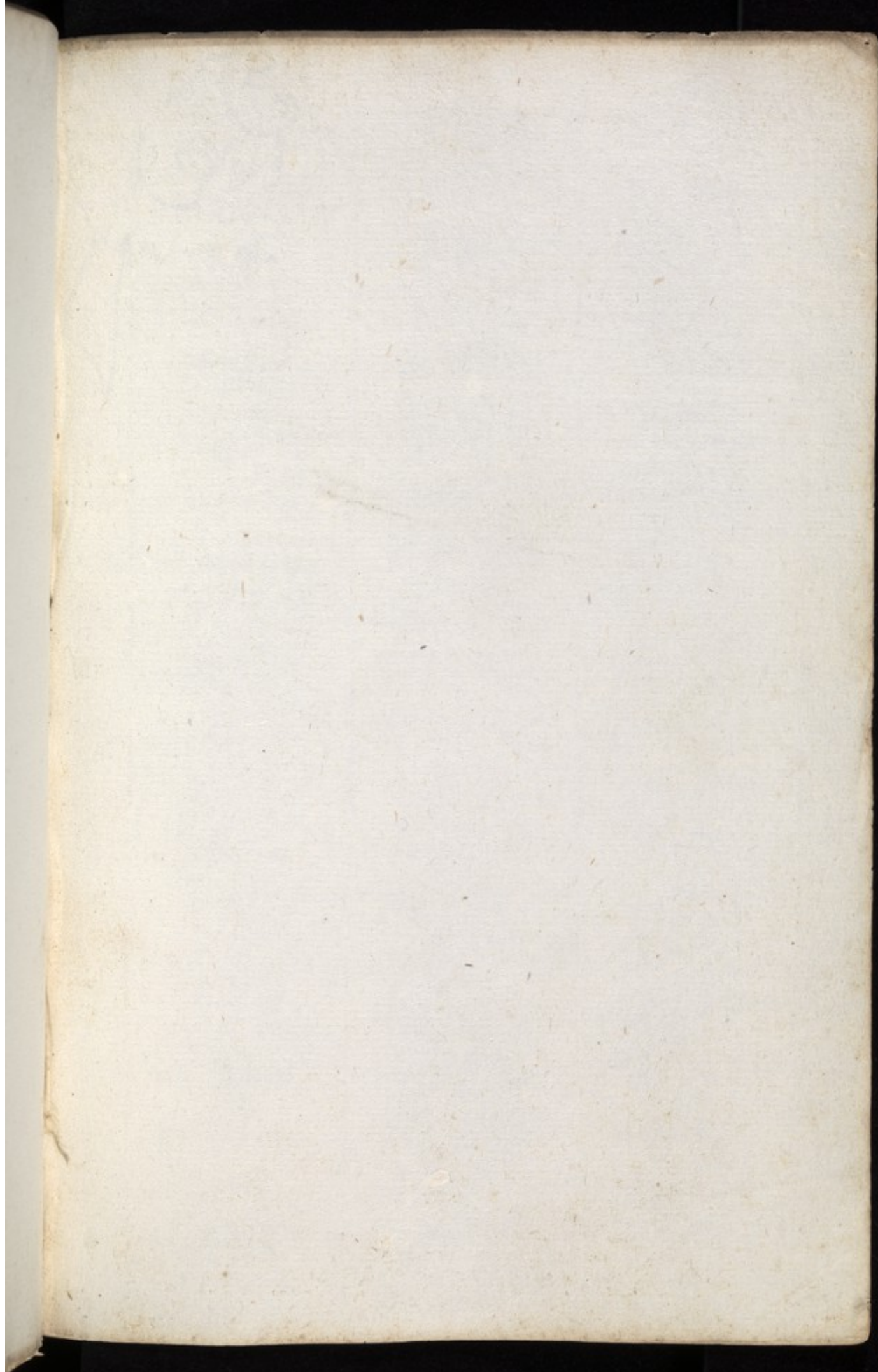


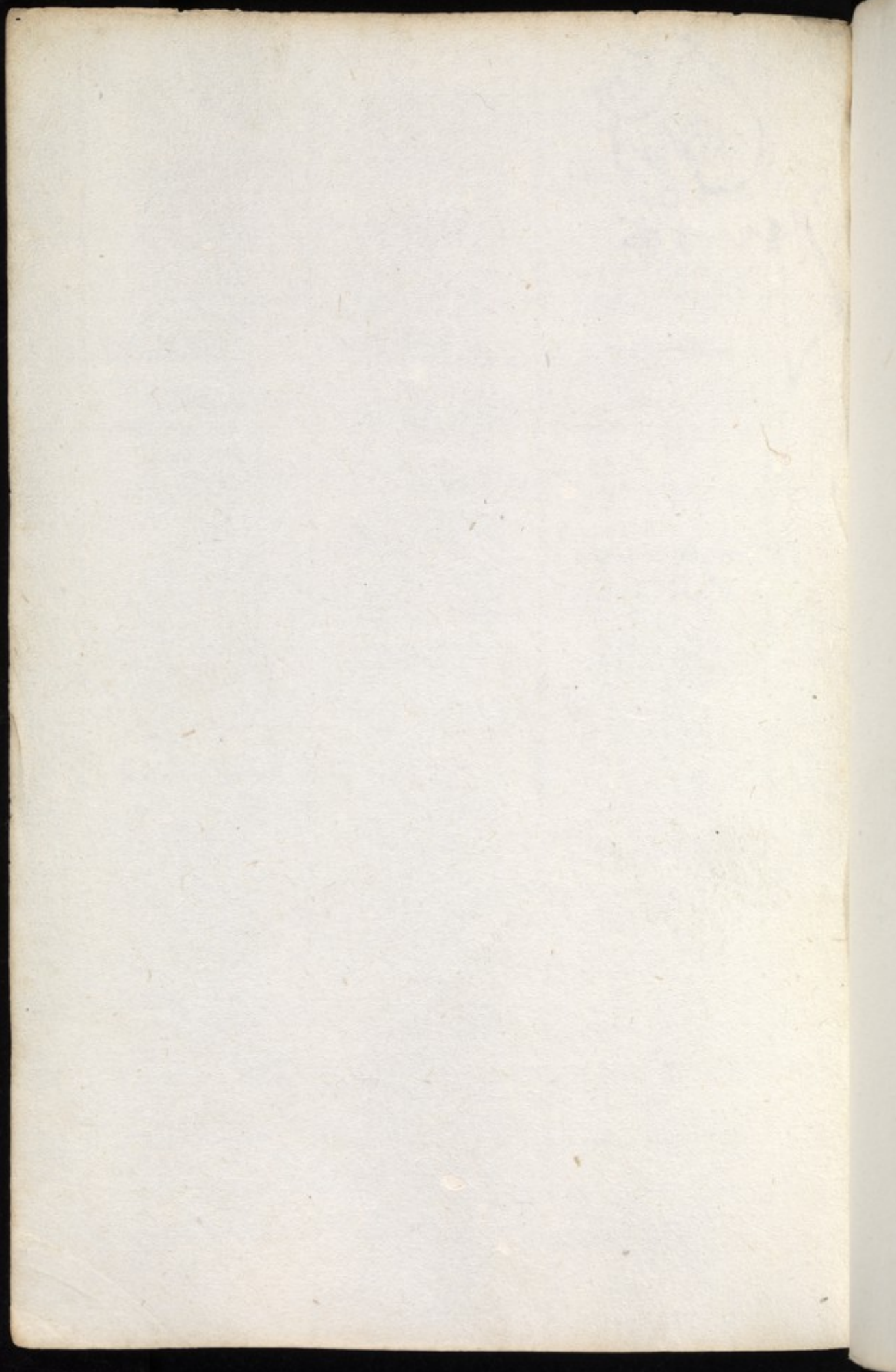


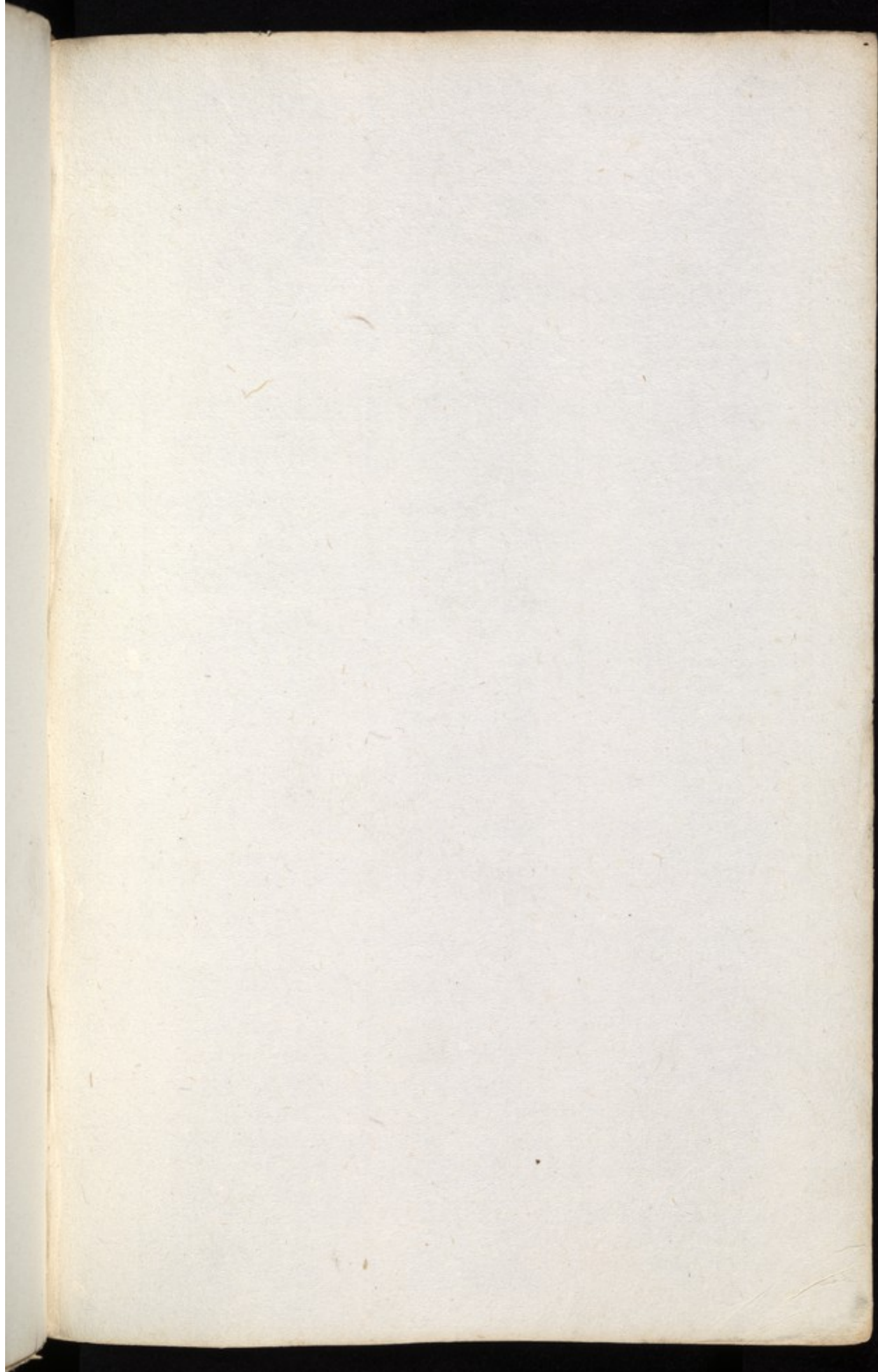


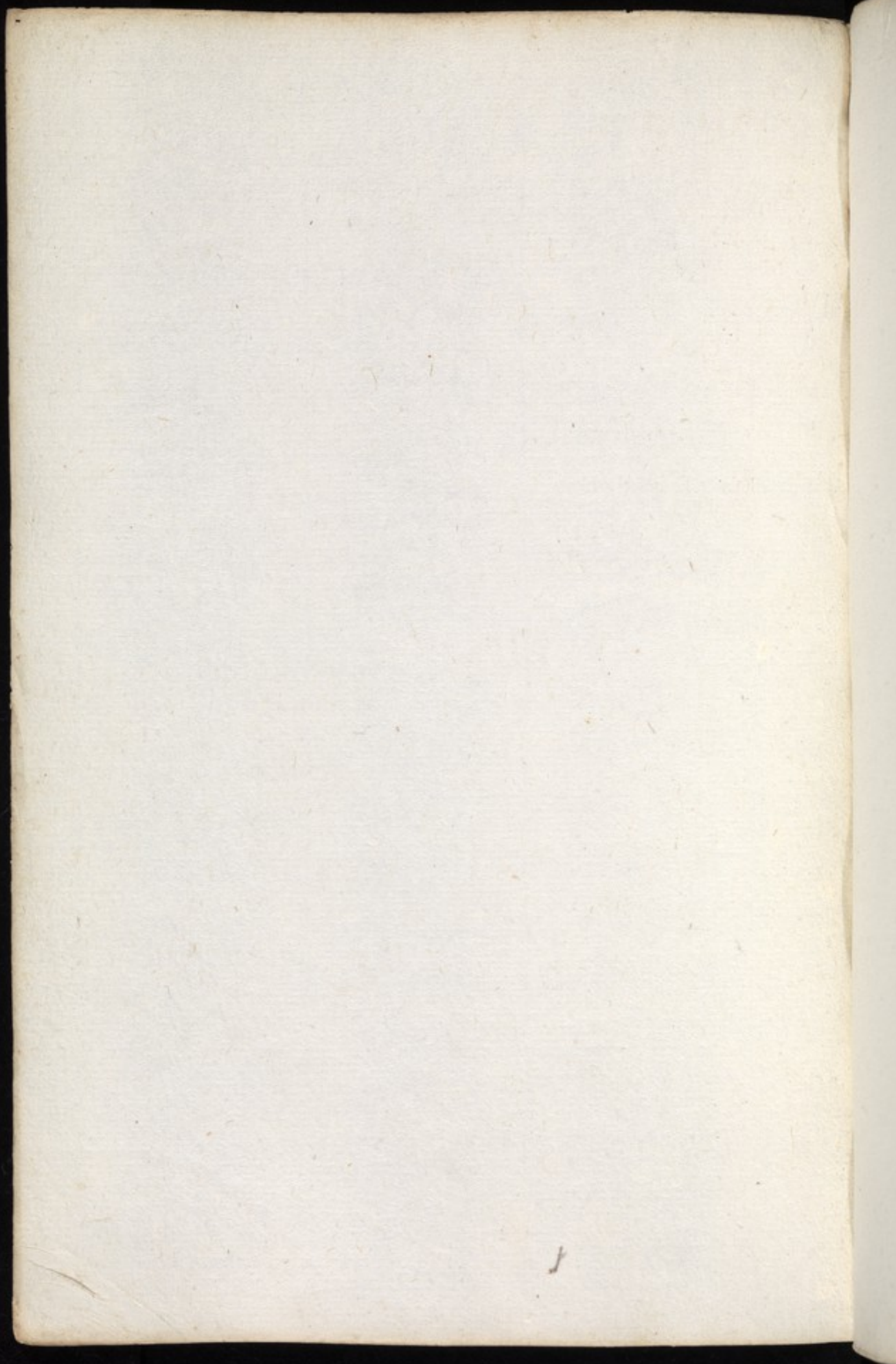


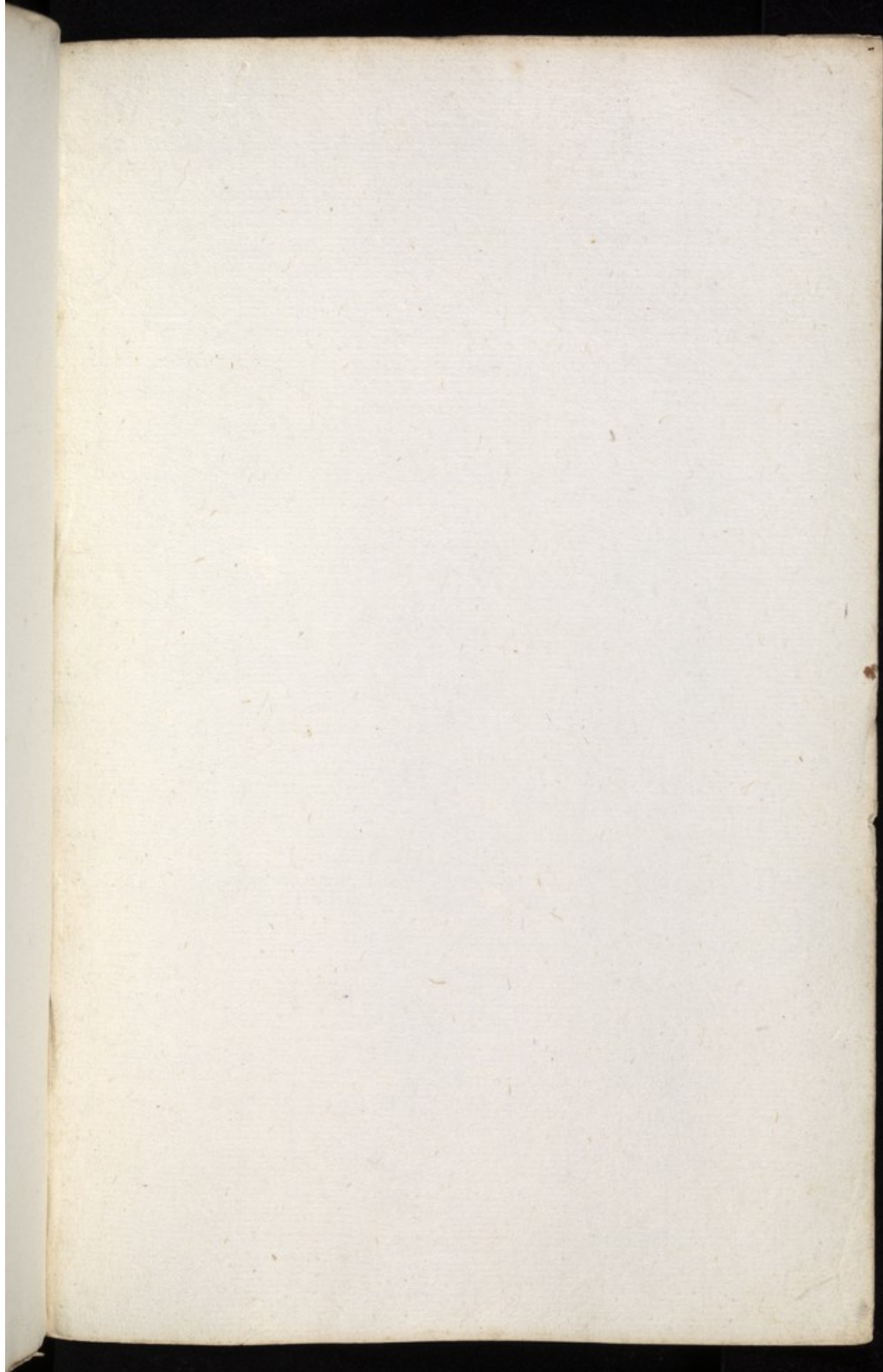


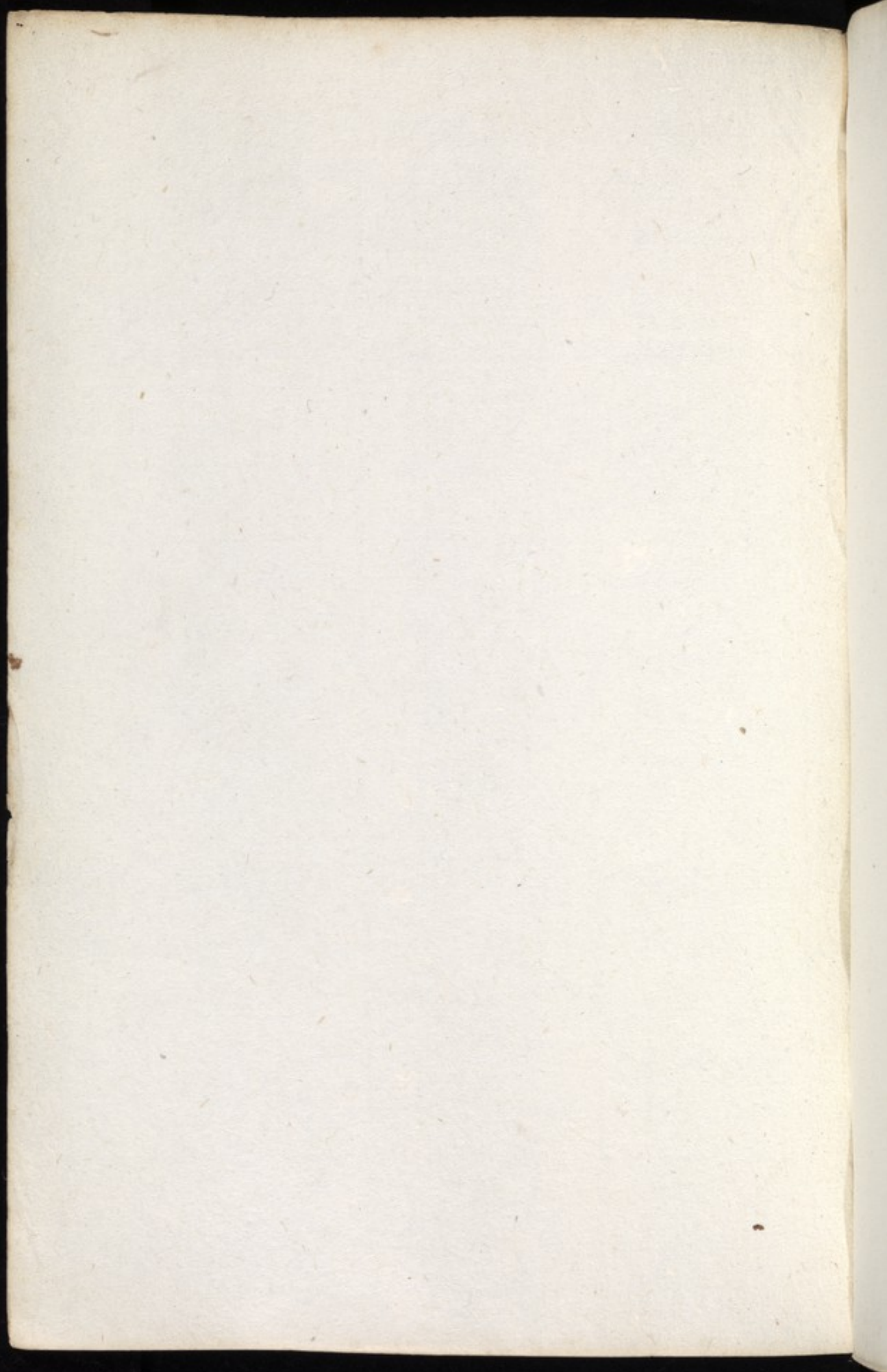


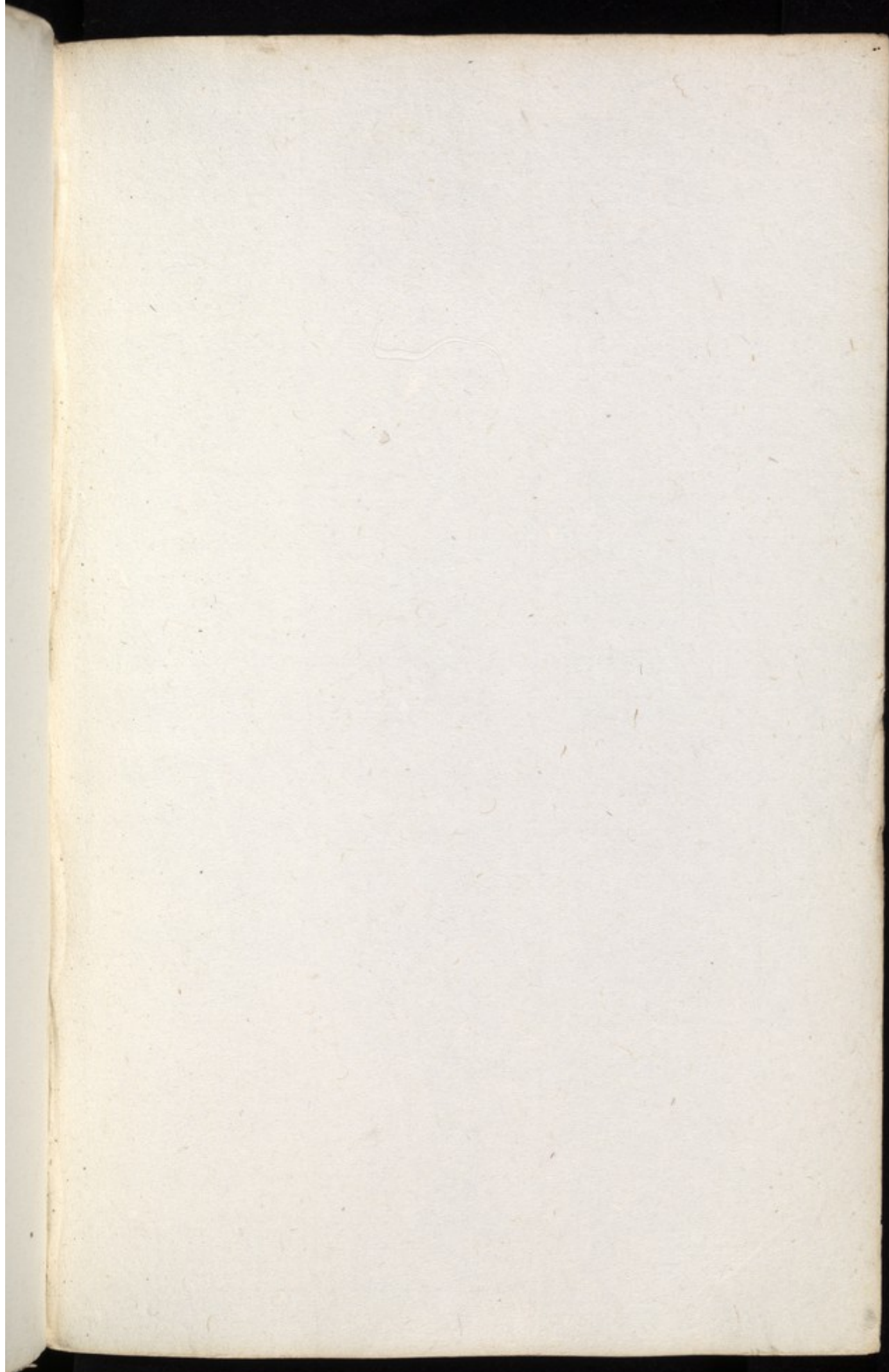


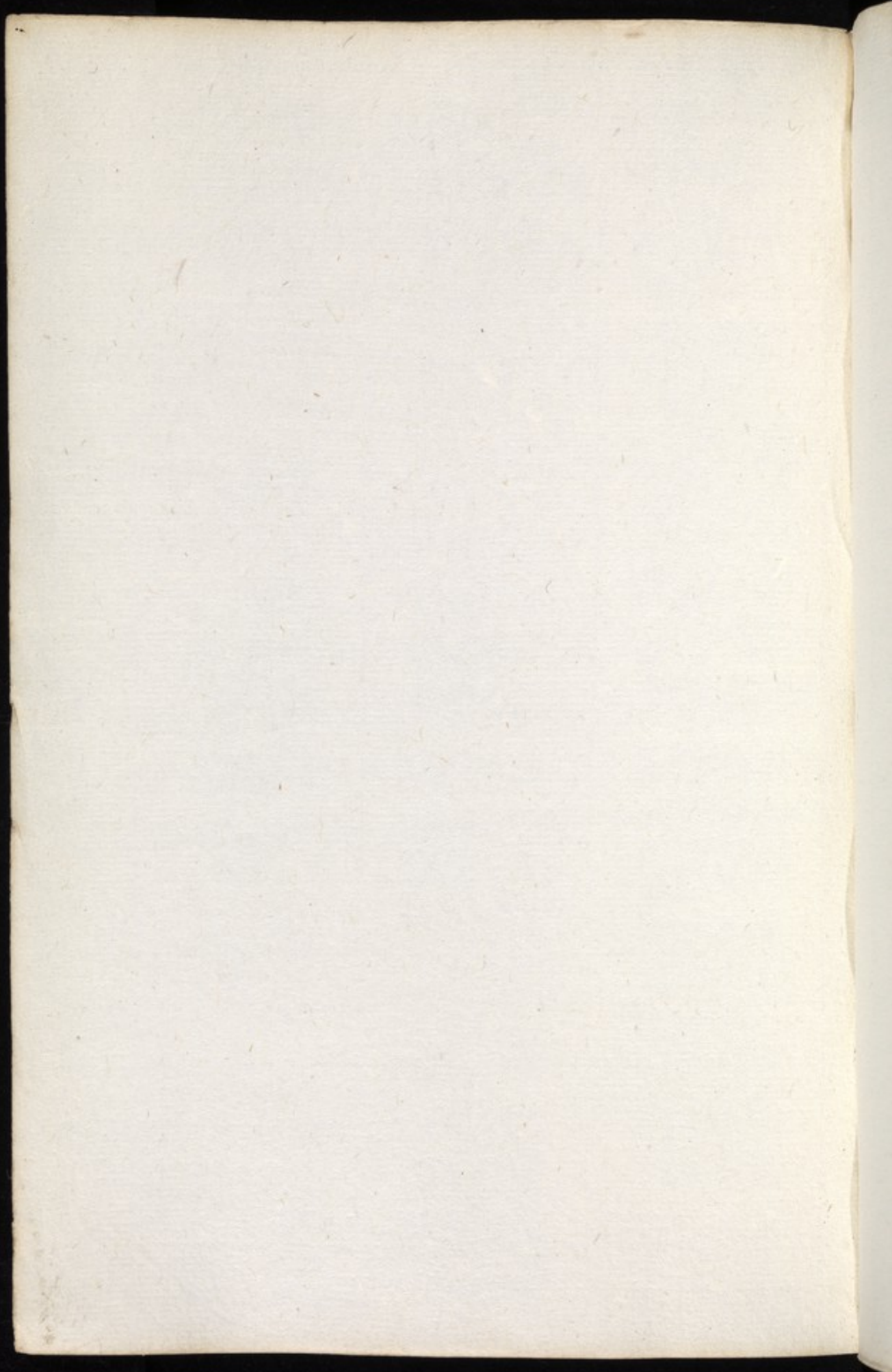


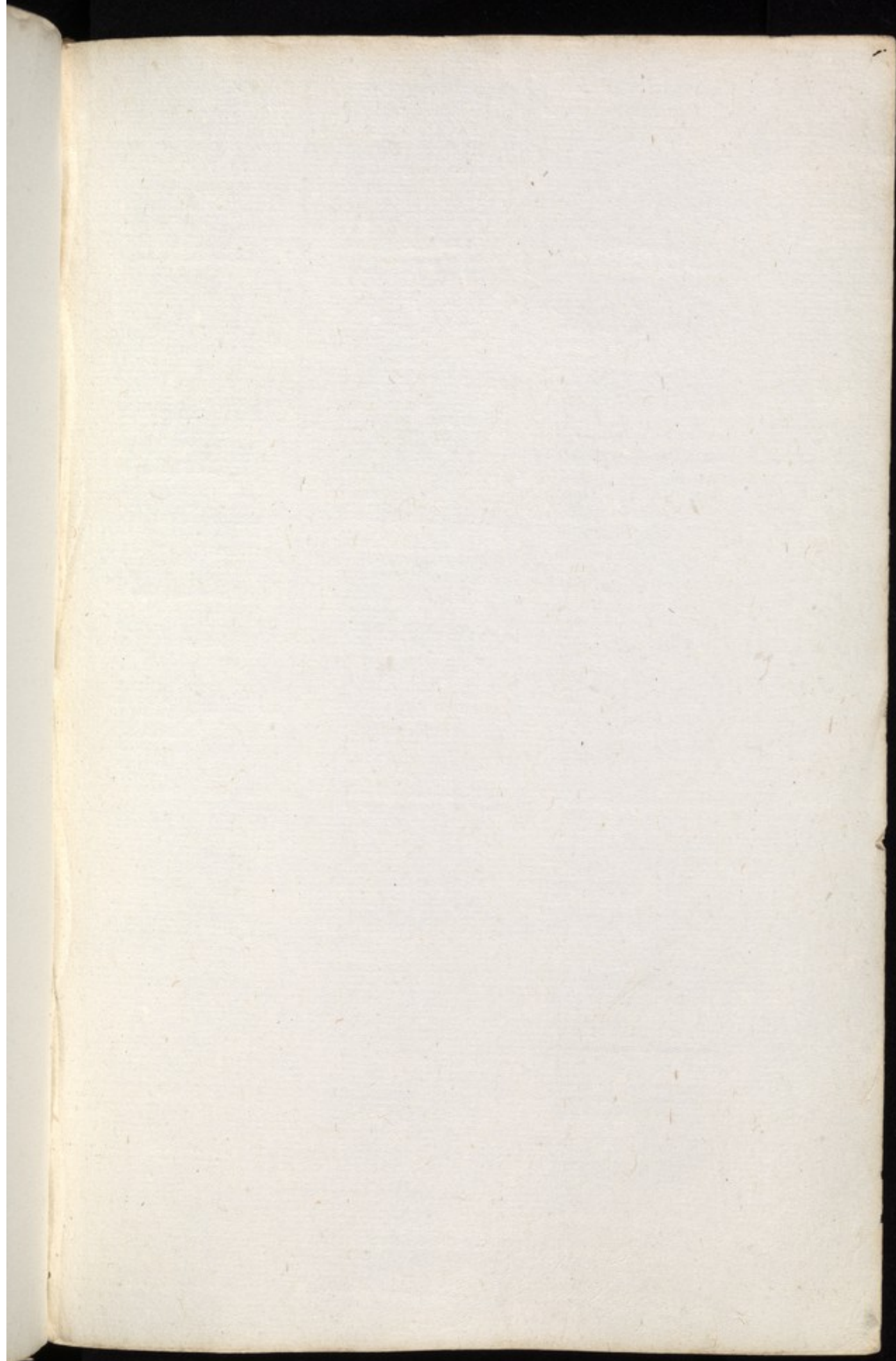












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H. 1
for y^e paine in y^e head.

Take 2 or 3 handfulls of wheat bran
and hand^l. of Bay salt 1 handfull of lumen
seeds beat into powder. 12 handfulls of
Samarile, boile all this together in
3 or 4 gallons of faire water till y^e
till y^e herbs be tender, then putt
them into a little tubb, & sett y^e legs
into it up to y^e knees as hott as y^e
can suffer it, & sitt soe till y^e sweat
then presently goe to y^e warme bed.
this doe 2 or 3 nights together & y^e
shall find ease. but y^e must be
sure to haue y^e feet & rest of
y^e body in a very warme temp^r be
fore y^e use it.

for y^e same.

Take som rye straw & wine vine
ger halfe a handfull of Cowslowe chene
picked, mingle them together & boile
it to a poultice always stirring it.
soe apply it to y^e nape of y^e necke
hott as y^e can suffer it, thus using
it two or three times it will helpe
you.

for all ill humors in y^e head, or
Body, & for y^e Gout. /
Take 2^{lb} of pitch 2^{lb} of
Resin, finely beat. & serred, 2^{lb} of
y^e best frankincense, beat. Likewi
10oz of Saffr. 10oz of Cloves. 10oz
of Mace, 4oz of Labdan. Comin
seed & half a p. beat all thys in
to powder. soe first put in y^e
pitch, & 1 p. of Sheeps Suet. w
yt is melted, put in all y^e othe
things, & boild y^e an hour on
a soft fire, & stir y^e as oft as y^e
can. Then cut out Sock, fitted
for y^e fitt of Sheeps skin, so
when y^e take it of y^e fire, spr
ed y^e Sock therwth wth y^e may
wore for a month, or say. wth
wth out change, being tried
to be good for to draw all eu
ill humors out of y^e head or Body.
Put y^e staves of marigolds into y^e
y^e nose, & it surges y^e head. /

for y^e Rume in y^e head. 1

Take bay salt & bruis^e it wth a litt^e cominfed^e & nutmeg^e; put it into a linen bagg wth a quant^y of y^e powder of frankinsines, warme it, & aply it to y^e nape of yo^r neck. 1

An Ointm^t. for y^e paine in y^e head. 1

Take 2 handfulls of redro^s leau^s, 2 handfulls of Betony. 2 hand^l of Mellilot, as much of samamile flower^s. take all these & trim y^m but wash y^m not, yⁿ take y^e rosig^e of y^e herbes in sweete hoggs greas^e & tread. chop y^e herbes small, yⁿ stamp y^m in a Mort^r. wth y^e hoggs greas^e. yⁿ boild it allwaies stirring & scro^w till y^e leau^s begin to be parched, yⁿ straine it, & shorw^e anoint yo^r head wher y^e paine li^es. for y^e same. Aproued. 1

Take smallodg beat it. then tak y^e white of a Egg & beat it likewise, tak fro^m it y^e white forme, so put y^e bile to y^e smallodg & grate a Nutmeg & mingl^e wth it & make a plasse. therof soe aply it to y^e forehead & Temples. for y^e same. 1

Take a handfull of Althoe^s & warm

it betwene two tiles. Lay it to y^e
nap of yo^r neck as hott as yo^r can
in a cleane cloth all night & y^e next
day renew it. /

for y^e same, proved. for a hott care
Take Bandilion & Roses of each
a like shred y^m small, & steep y^m wth
vinegar. soe lay y^m to y^r forehead wth
for y^e same. /

Take a peece of Mutt. Breake
or Chick. Boile it wth a crust of
Bread, wth a good handfull of ferni
topp, & an ounce of Mercury, & rest
of y^e sum. Stewed, when it is boiled
eat a Mass therof to yo^r breakfast.
it will keep yo^r body soluble, &
is very good for y^r head. /

for y^e same. /

Take Bandilion, Sycory of each
a handfull. boile y^m in possell drin.
made wth Ale. soe drinke therof Morn.
& Euen. it loosens y^r Belly. quench
heat defendeth y^r head from hott

fuming vapour, & is good against
~~Cott~~ Burning Ague.

For y^e same.

Take red Sage, & wood bettony,
of each alike. sprinkle y^m wth red rose
wat. & white wine vinegar. Dry y^m
vpon a dish & grate a Nutmeg &
mingl^e wth it. w^h it is dry quill it
in a cloth y^t may cou. y^e place. &
lay it ther to. & it tak^e away paine
for y^e Head, Stomach: procuring
Appetite, & clearing y^e Site.

Take of y^e juice of Smalidge
2. oz. y^e juice of Mercury 4. oz. goose
grease & heny grease, of each a pound
Rosin 2. oz. Mastick & frankincense
of each 3. drams. Cassia fistula
& one oz. of y^e juice of wallwort
& y^e inward rind of Elder. boile y^m
all tog. & make therof an ointment.
& so anoint y^e Belly thow^t it
for old greif in y^e head.

Take Bay salt stamp it by it self
Comin seed & Brown ferill alike of

each stam y^e first severall,
all toged^r. then wth a little wine or
eg. & rose water temp them to-
ged^r thro^{ugh} a Chafin dish y^e
put y^m in a clothe & lay y^m where
y^e paine is. soe apply it y^e nig^{ht}
thre toged^r. & it cleere y^e
sight & draw away y^e humor.

To purge y^e head.

Take Nauseacre & drams
Pilitary of Spain & Must Tind
of each 2. drams. Long pepper &
ging^{er}. of each one dram; stamp
& make y^m into poude. so mix y^m
toged^r. & put y^e quantity of a Re.
and thros^{ough} into a Cloath & tye
it up round, so hold it in y^e mo^{uth}
ut^{er}, & champ it softly.

Tills for y^e head.

Take Safron & Mirk of each
a like quantity, of Flowers as mu^{ch}
as boate, beat all very fine, &

Dust it through a lawnd. y^e
mingles it wth red rosb wat. and
make it in little pills, & take
2 of y^m at 3 of y^e clock in the
morning. It will give y^e two
stools. good for y^e head, & Stomach.
for y^e same pain in y^e head.

Take y^e white of a new laid
egg, beat it, spread it upon flex
grate a Nutmeg thereon. & lay
it on y^e fore part of y^e head.

for heat & pain in y^e head

Take rosb wat. y^e white of an
egg alike of each, beat y^m well & cum
of y^e froth. so with a cloth thereon
& lay it to y^e fore head; as it dries
wet it again. ^{it} cools, & causes sleep.
for y^e same.

Take Mint, Polipodium of each
3 handfull. steep them in fair wat. till they
be tend. y^e take of y^e herbs & wring y^m
between 2 brenders so bind y^m fast
to y^e forehead, when it is cold heat
it again in y^e same liker, so
use it till y^e find ease.

for y^e head.

Take a new laid Egg roff it hard
& quart it y^e longer waye, y^e put it
vppon a cloth & double & put co-
minked bruised tiron. Turne one
single fold of y^e cloth ouer it & bru-
se it flatt togeth^r. so Lay it to your
Noddle behind, hott as yo^e can suffer.

To purge y^e head

Take Bay leaues, rould y^e up &
dip them in rose wat^r. so put y^e into
yo^e nostrills; if yo^e haue not bay
leaves, take Betony.

for y^e same. w^h on hat y^e poss^r.

Heat y^e topps of rosemary one in
Chafingdish, soe sprinkle y^e w^h rose wa^t
& Lay them to y^e mold of y^e head, hott
as yo^e can suffer them. & down pa-
rt of yo^e forehead when yo^e goe to
bed. do this 3, or 4 times.

for y^e Rume in y^e head & Aching.

Take y^e leaues of Elders, make
y^e hott betwixen 2 tilles, soe apply y^e
to yo^e forehead, & Temples.

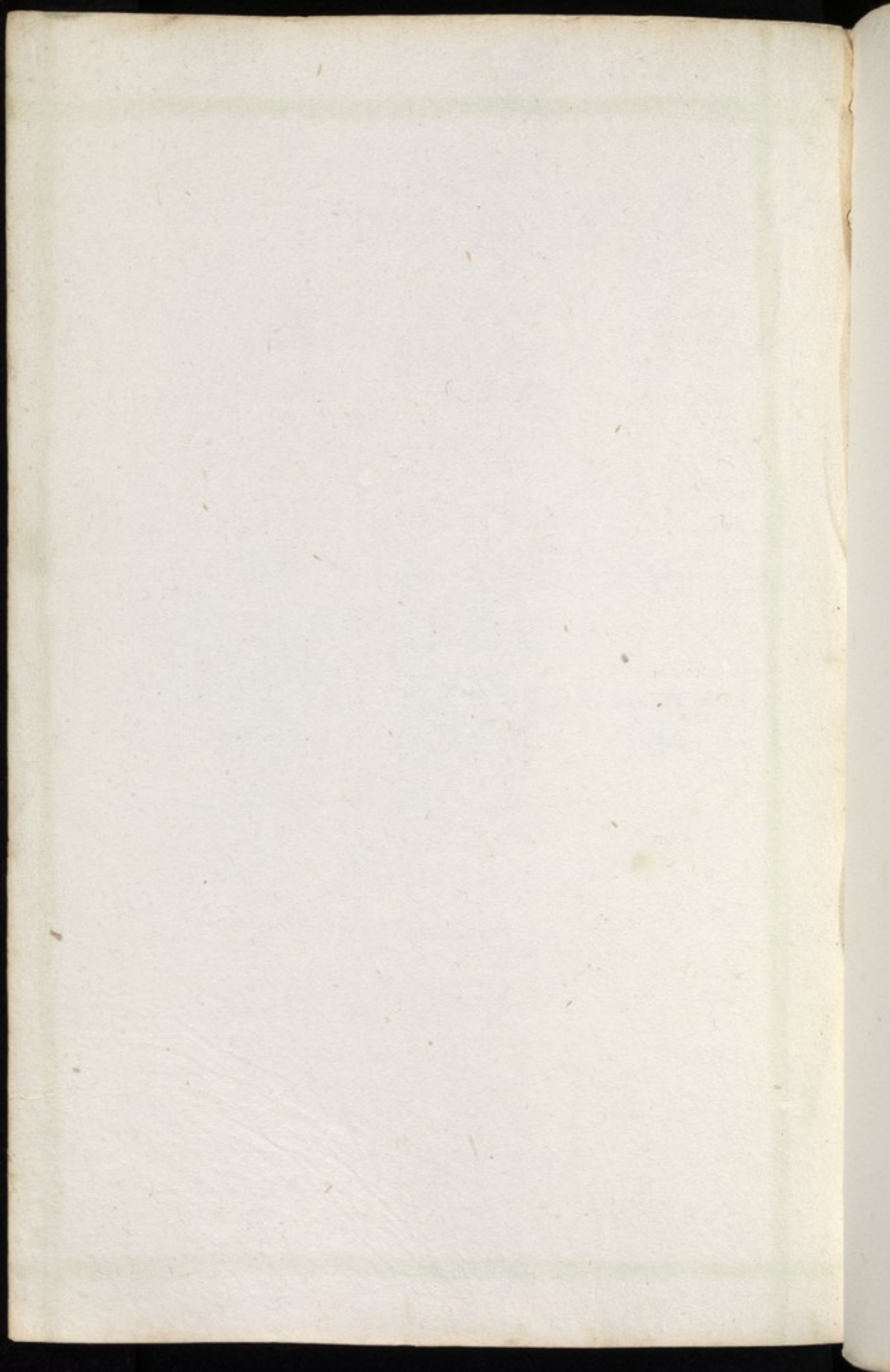
for y^e Rume
Take old oaken Leaves & by y^e
about y^e end of a stick, y^e cut y^e ro-
und & hold y^e in y^e Mouth.

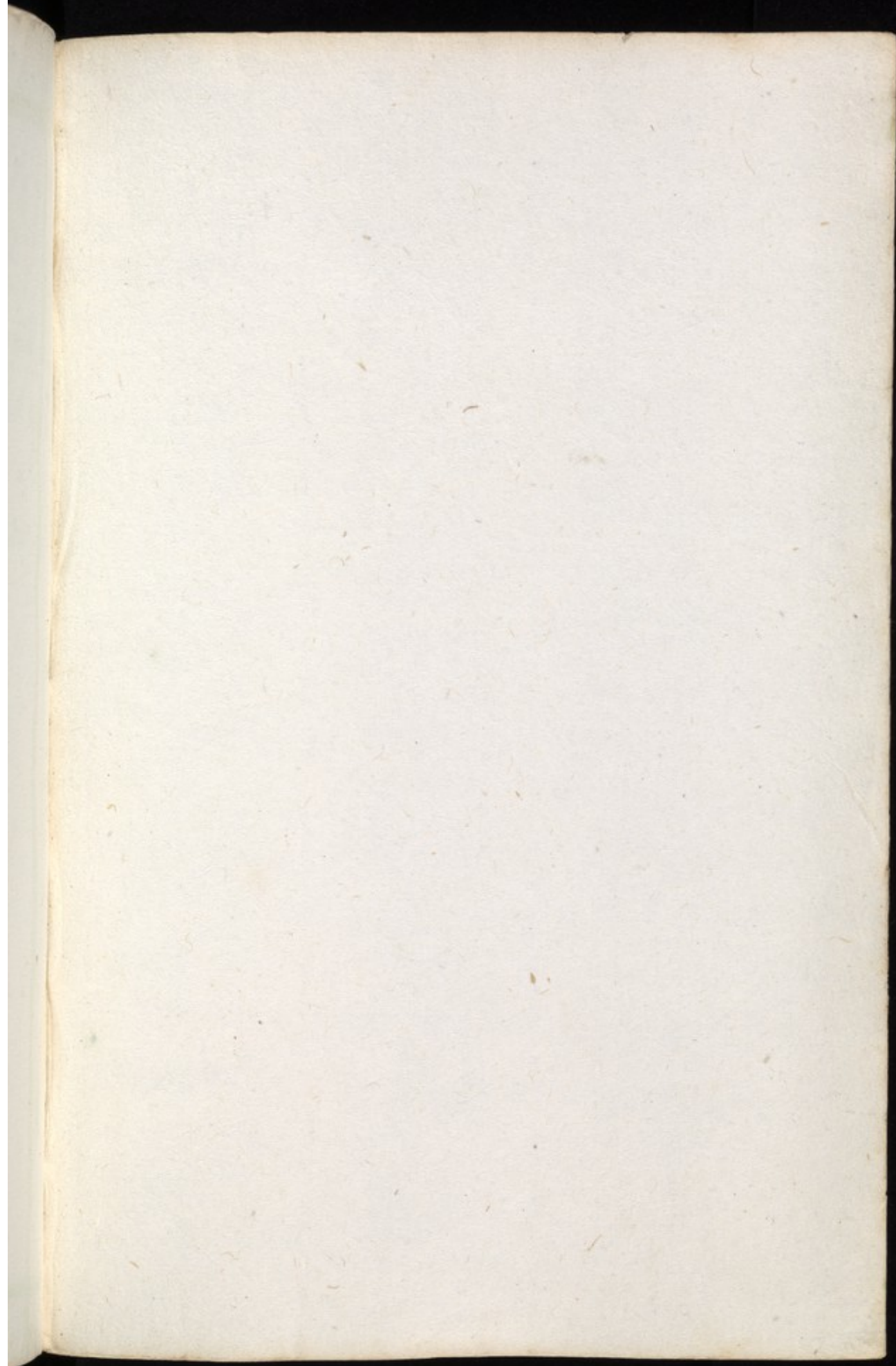
Aproove, for y^e Hearings.
Take a Black snail putt it
in a clot & strow salt on it
when it hath purged it self
well prick it wth a needle
lett y^e wat. run into a glas
so putt y^e or 4 drop therof
into y^e 3 Eare. then take a
little Margerum stamp it
& drinke of y^e Juice therof
& put a little therof into y^e
Nostrill.

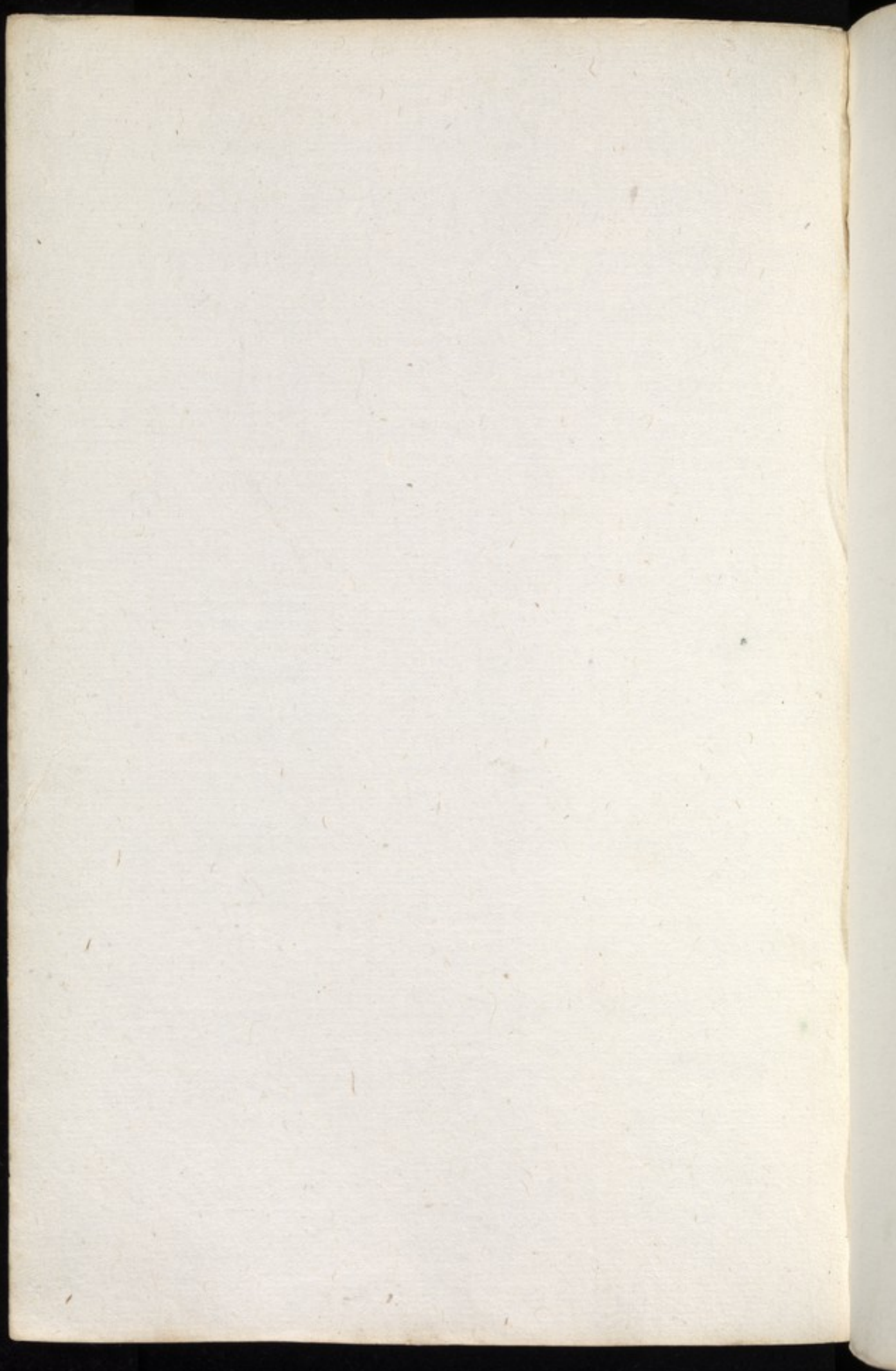
for y^e Hearing, take a peece
of sponge made sharpe, and
wett it in faire wat. then wind
it about wth a thred & let it
stand till it be dry, then
unwind y^e thred, & dipp y^e

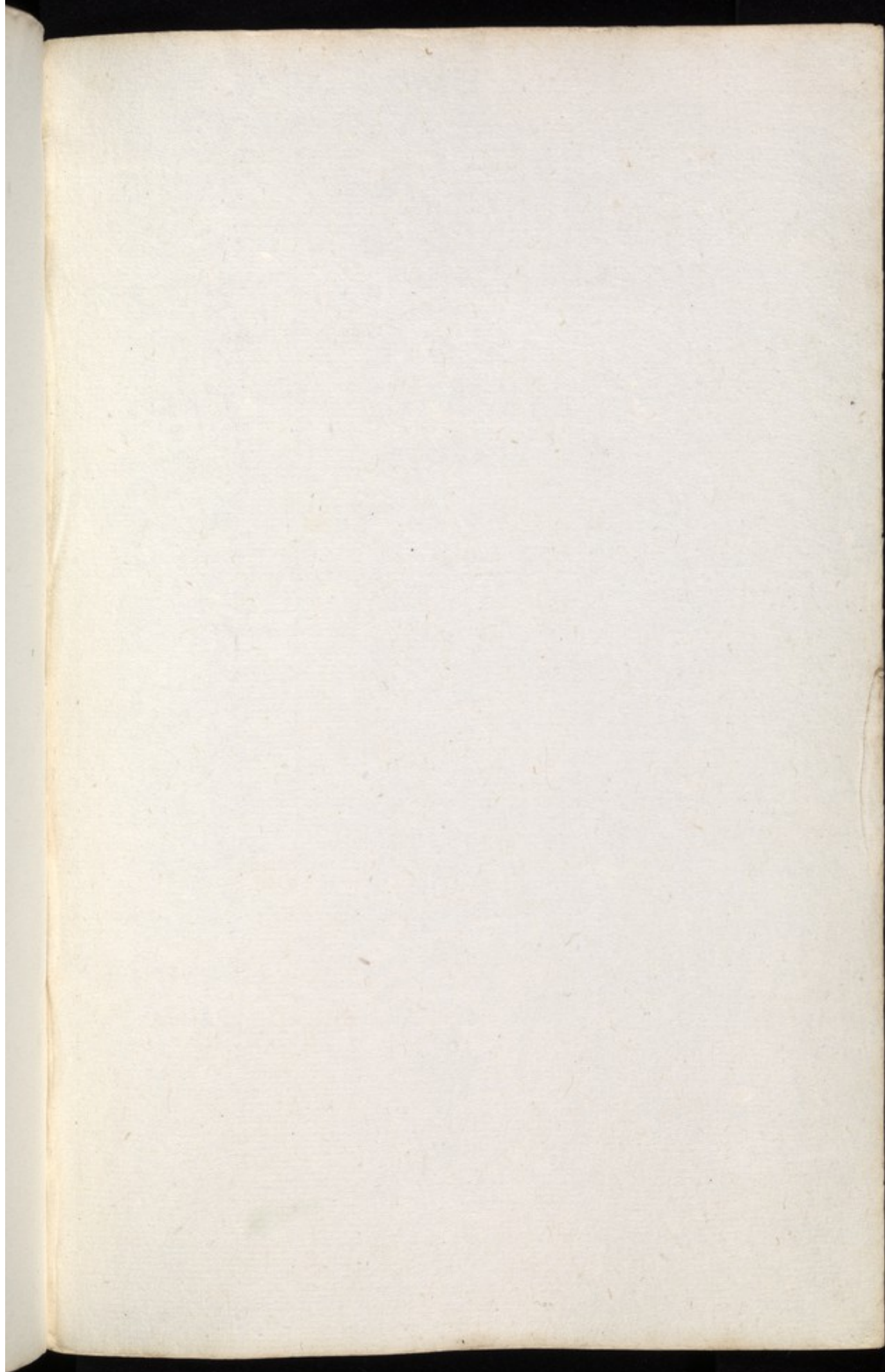
springs in y^e finest y^estopp
only, then put it in to y^e
ear & then drop of y^e oile
of bitt³ almond on the
springs as much as will soke
in so lay a litt black woll
on y^e ear diped in a little
of y^e afore^d oile now dr-
awn.

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45
31
for y^e yellow jaundis.
Take red dock rootes wrap, & sod in
white wine, wth a littell saffron & some
sugar, w^{ch} yo^e must drinke fasting
for all inward distemp^{rs}.

Take of herbe Bittony, boiled in
wine, w^{ch} if yo^e drinke, it stayeth bel-
ching, & continueth y^e rawnes in y^e sto-
mac. y^e same effect worke of y^e distil-
wat^r therof, or a confectio made of y^e
flower thereof wth sugar, or y^e pou^{dr} of
y^e dry herbe, or ministr^d wth hony; y^e
herbe drunke in wine, profit much
y^e distemprd matrix. & is available
for all inward griefes of y^e Body. it
bring taken in Muls^t vinegre to the
quantity of adra. it sendeth forth
all harmful humo^{rs}. y^e are inward
as of y^e stomac. Liver, Milt, kidney
Bladder or Matrice.

for y^e yellow jaundis.
Take Sheeps dung dry, & make
it into pou^{dr}. soe drinke it
for an impostum in y^e head.

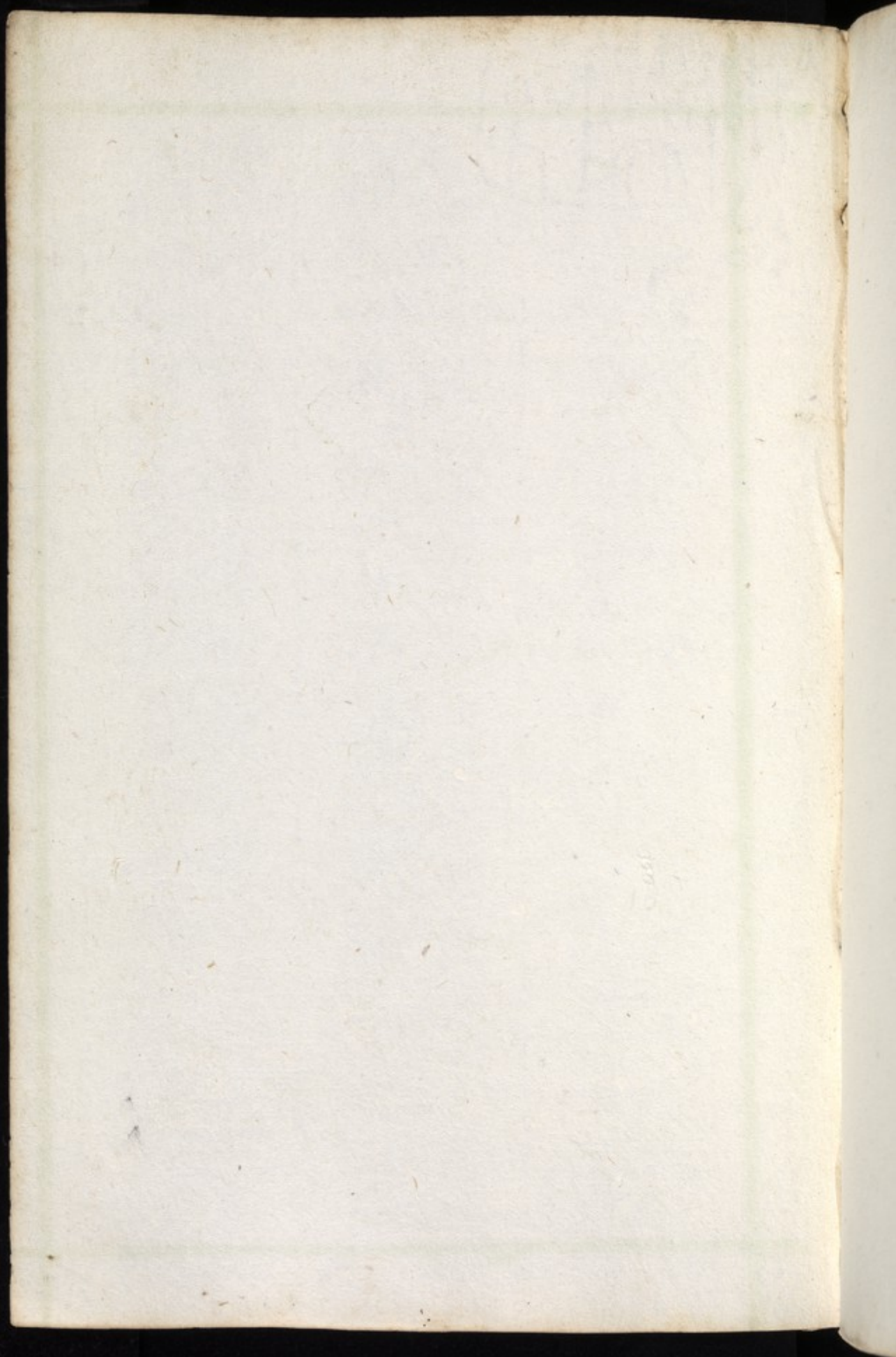
Take y^e rootes of Primrose cleane
y^e & put a peece into yo^r Nose, & it
will breake it.

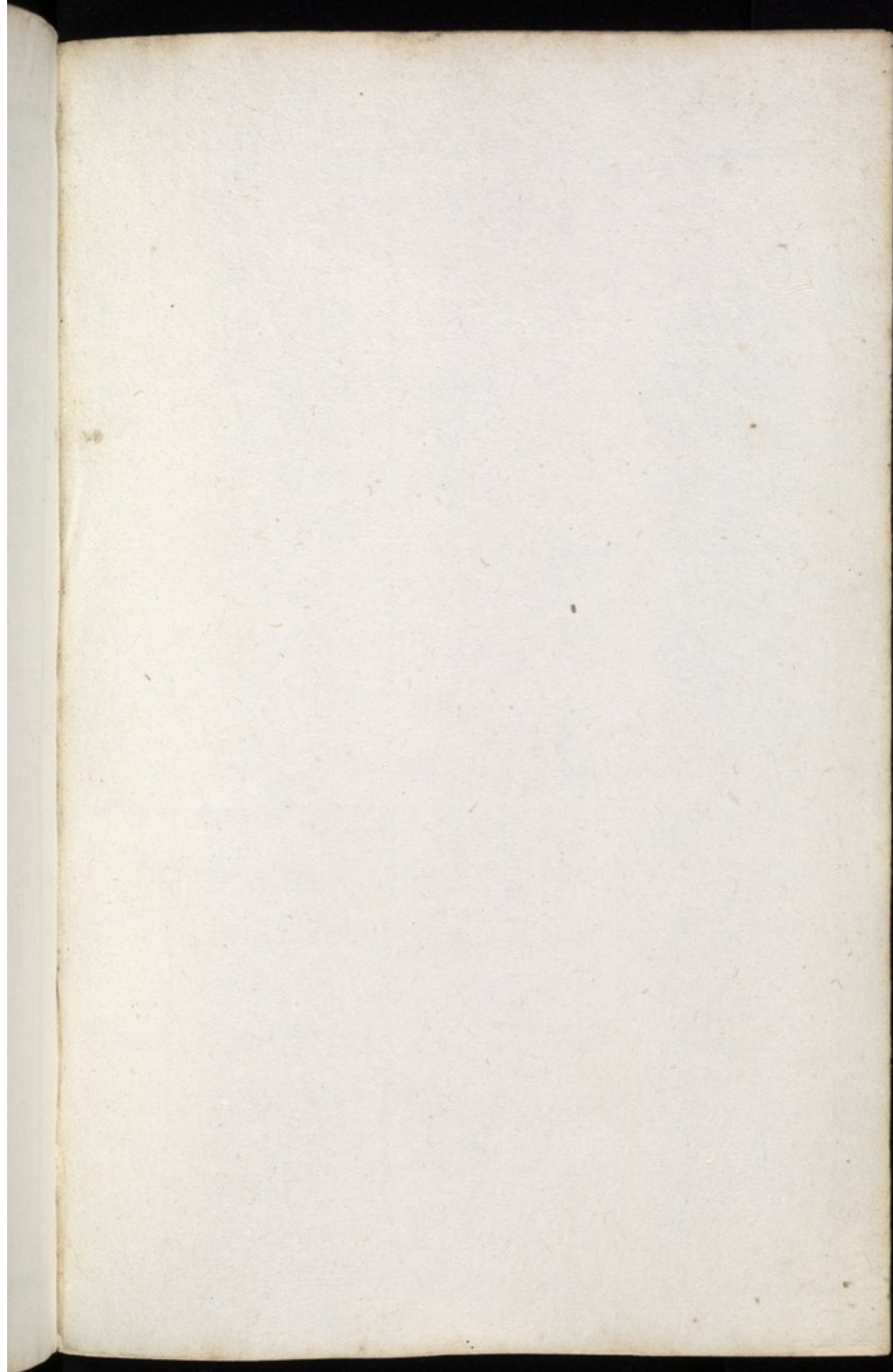
Good against Infection

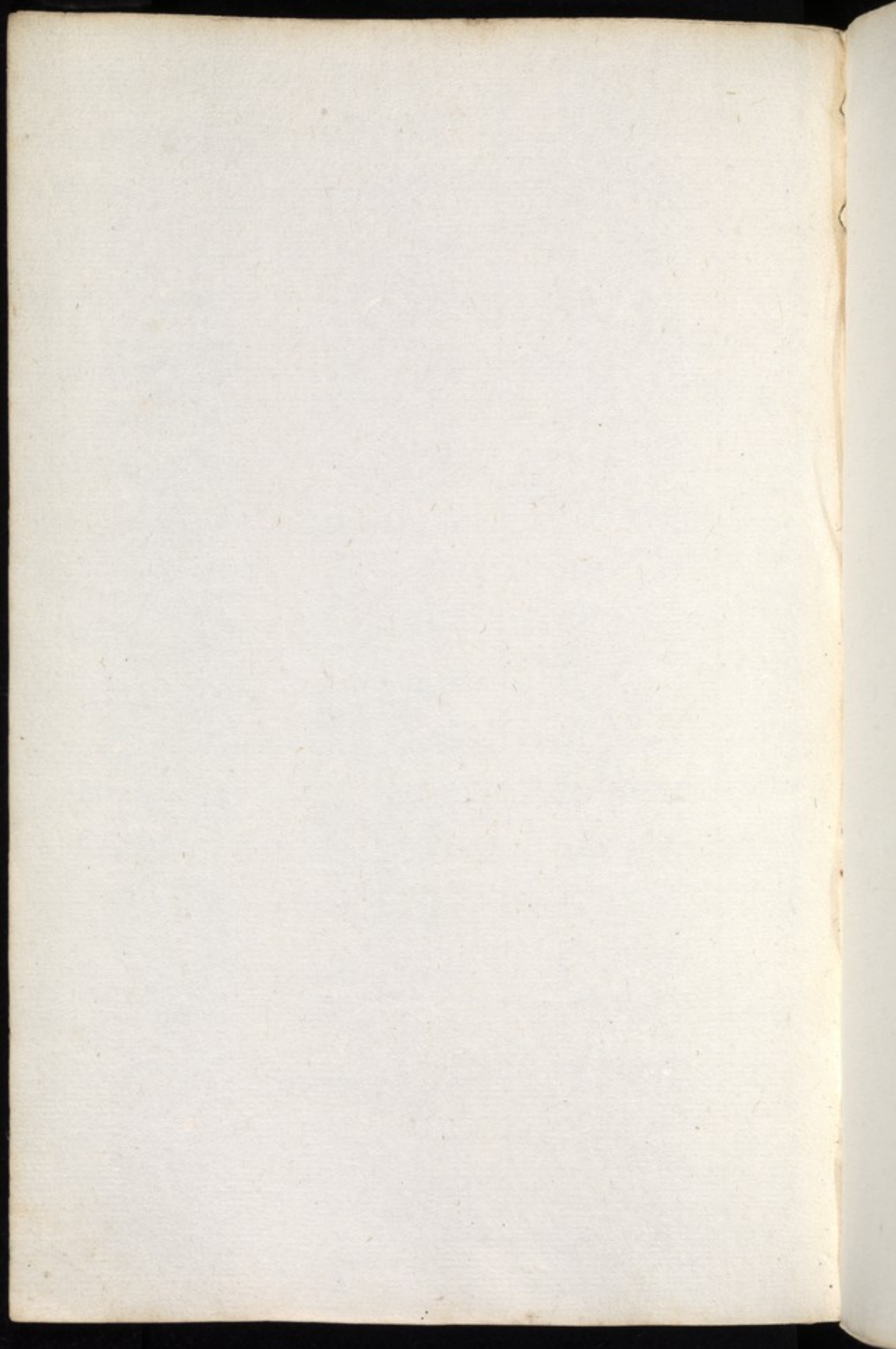
Take Herb-grass, Red sage, Bramble-leaves,
Elder-leaves, of each a good handfull:
wash y^m cleane, dry y^m in a shoate: bruse
y^m & putt y^m into a pott. of white wine
wth halfe an oz. of Ginge: sliced thin, so
lett y^m soake in y^e wine 3. dayes & close
stoped, stirring it mornin. & evening.
Then straine it fro y^e herbes into a
glass, so lett it stand one night to sett.
y^e poure it fro y^e lees into another g.
& drinke 2. or 3. spoonfulls evey mornin
fasting.

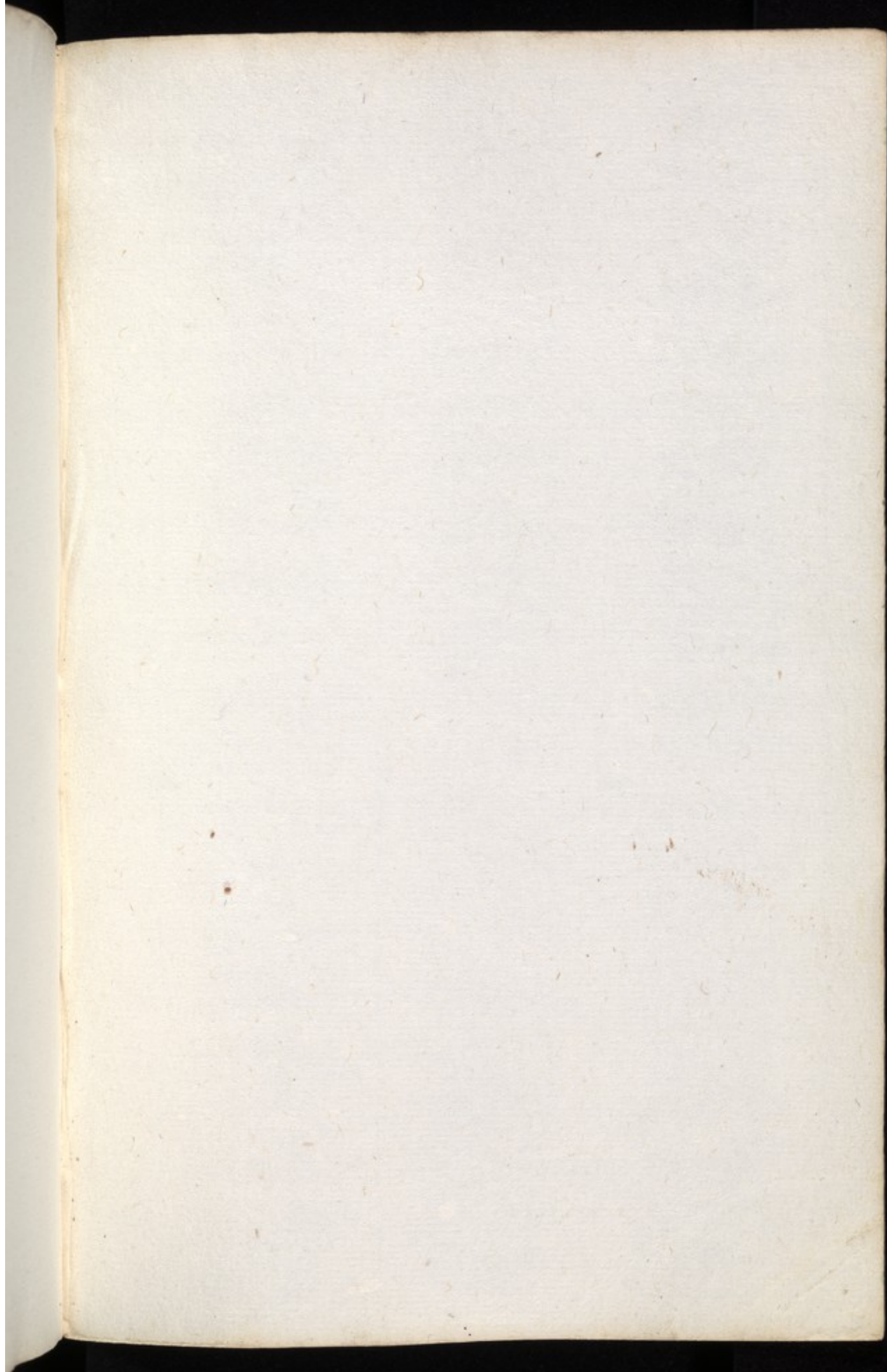
for an impostume in y^e head
Take a hott manchet, cutt
it in two & put oile of bitter
almondy vpo it y^e sprinkle
it wth malmsey, & lay it hott
to y^e ear. when one side is
cold apply the other, so apply it
often, when y^e haire dont
stop y^e ear wth blacke wolt
dypt in clarified Hony, &
yt will heale it.

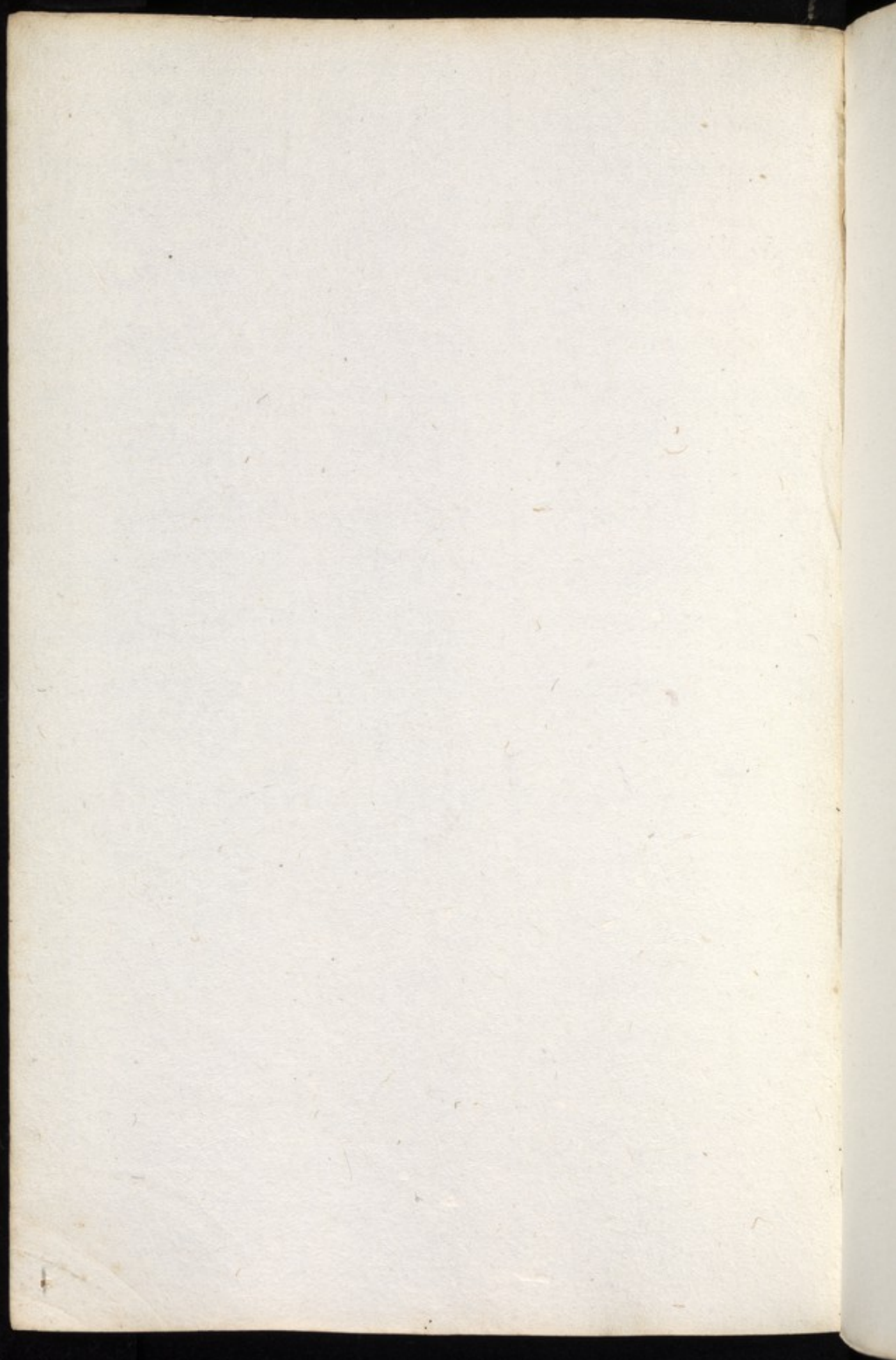
for y^e same.
Take a l^{ib} of flect milt
2 handfulls of meale, a
good handfull of a Damaste
broake cake chopt very small
boile them very thick tog^e
then put to y^e a good peice
of berye butt so spread the
reof on a cloth and lay y^e the
warms to y^e ear. it will
break y^e imposture & comfort
y^e Brayne.

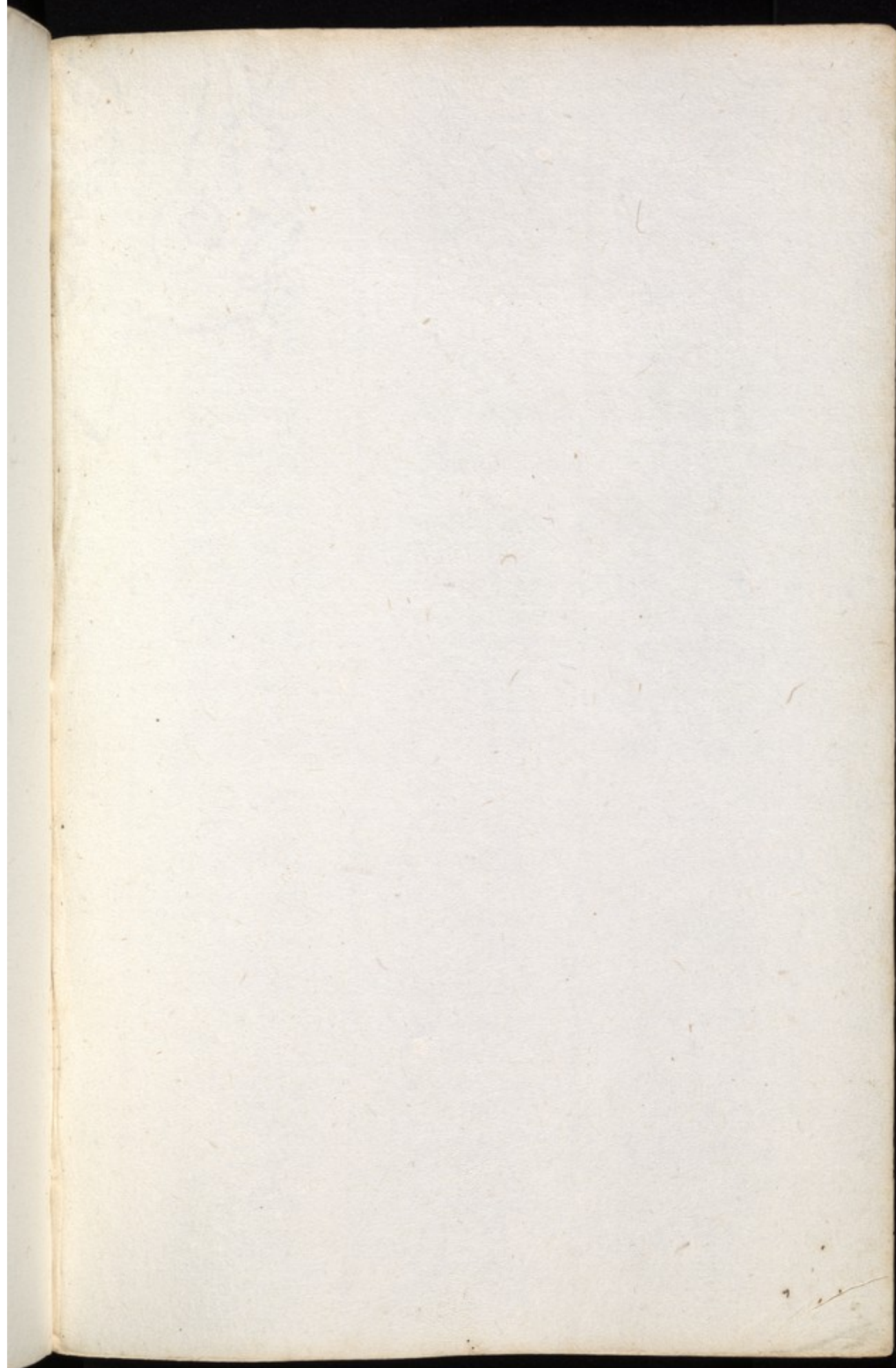


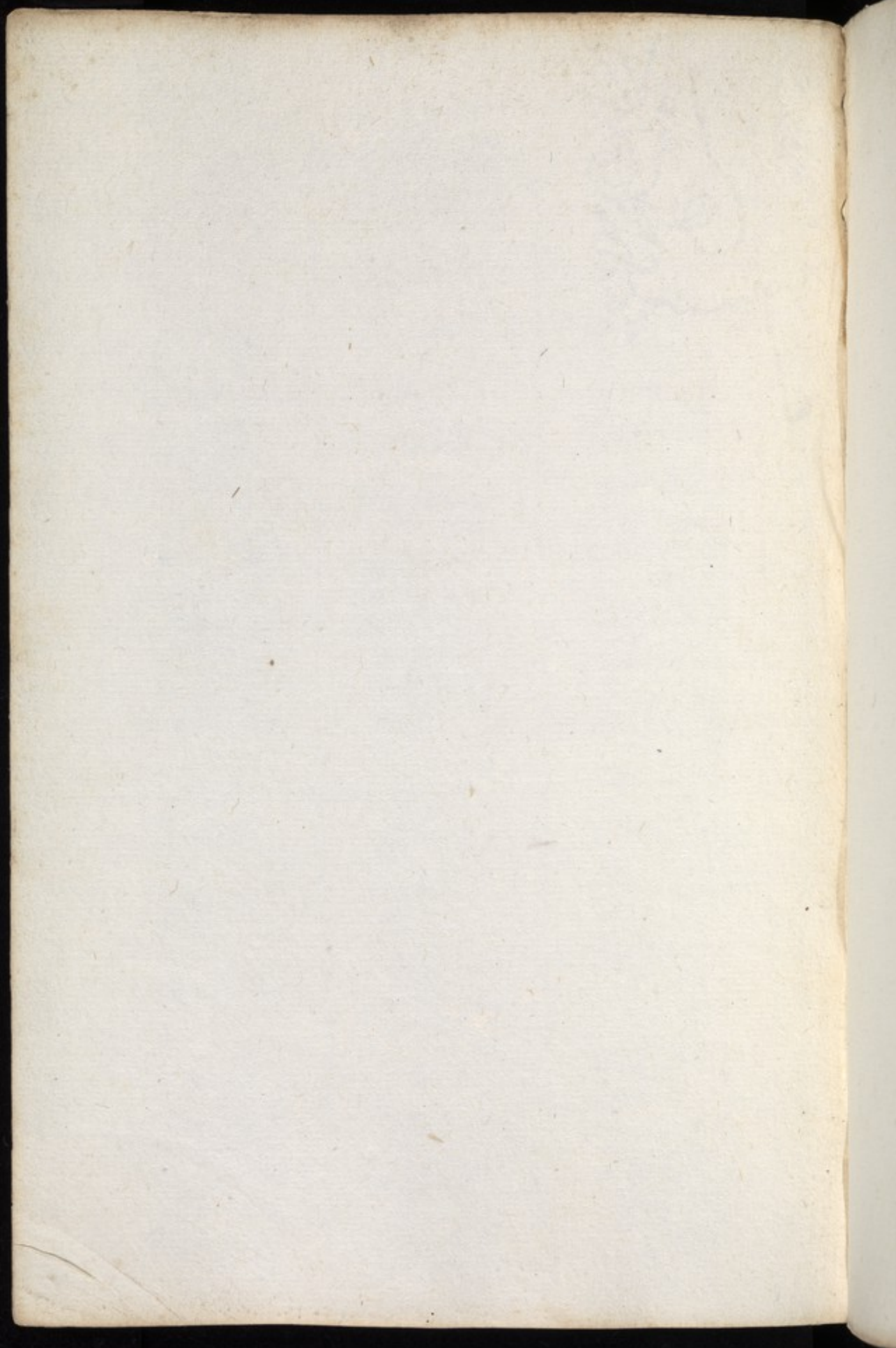


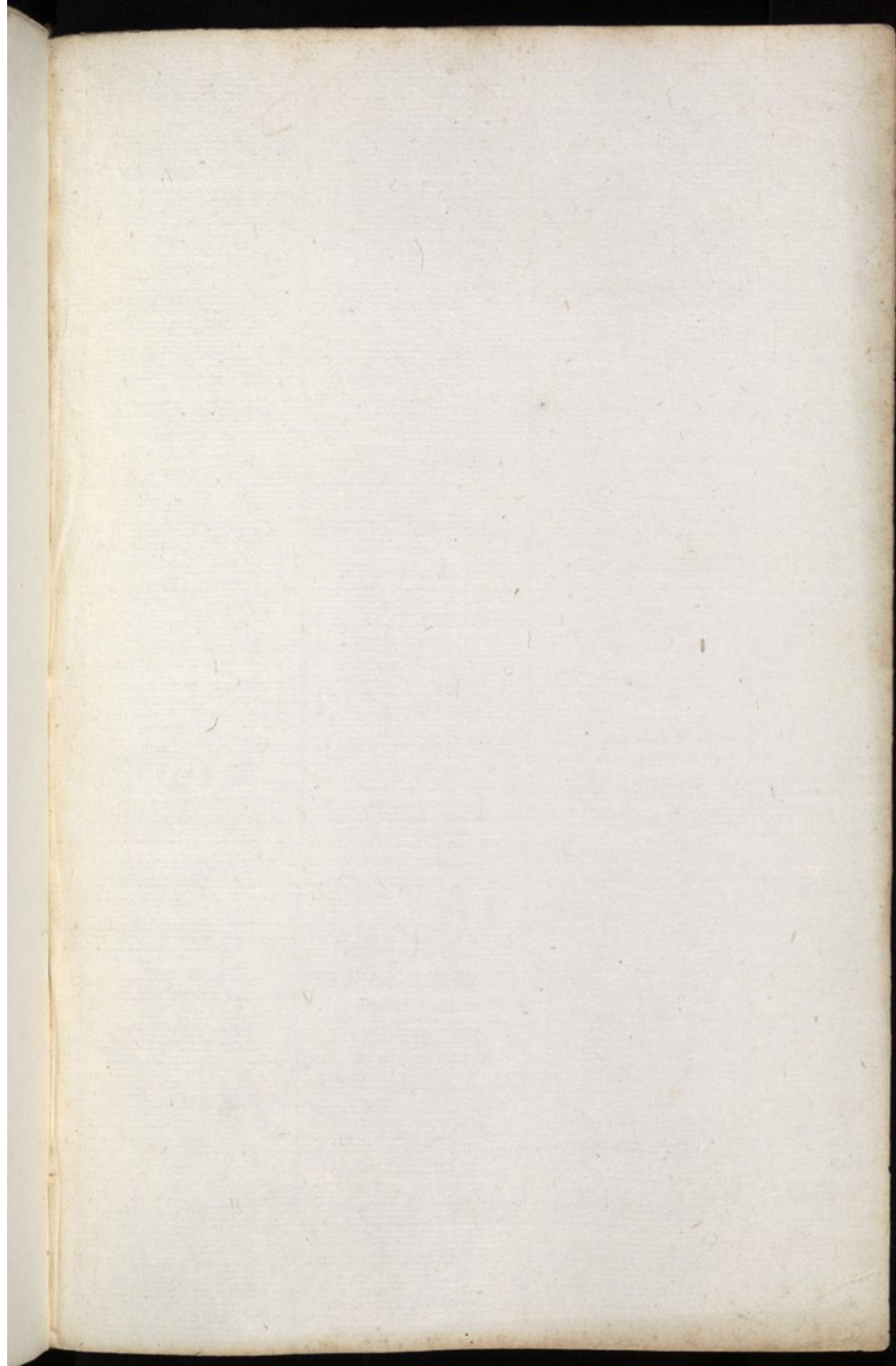


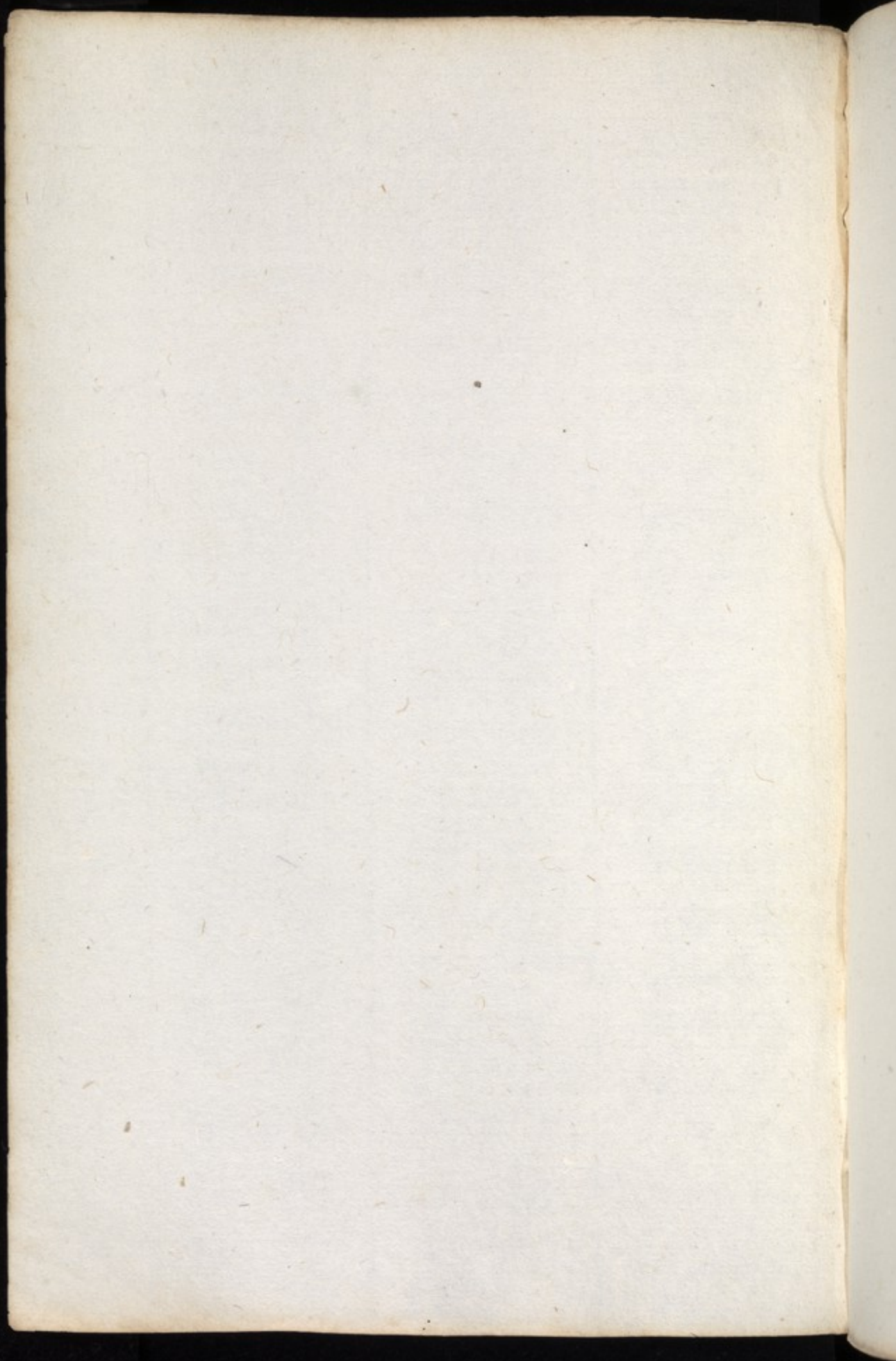


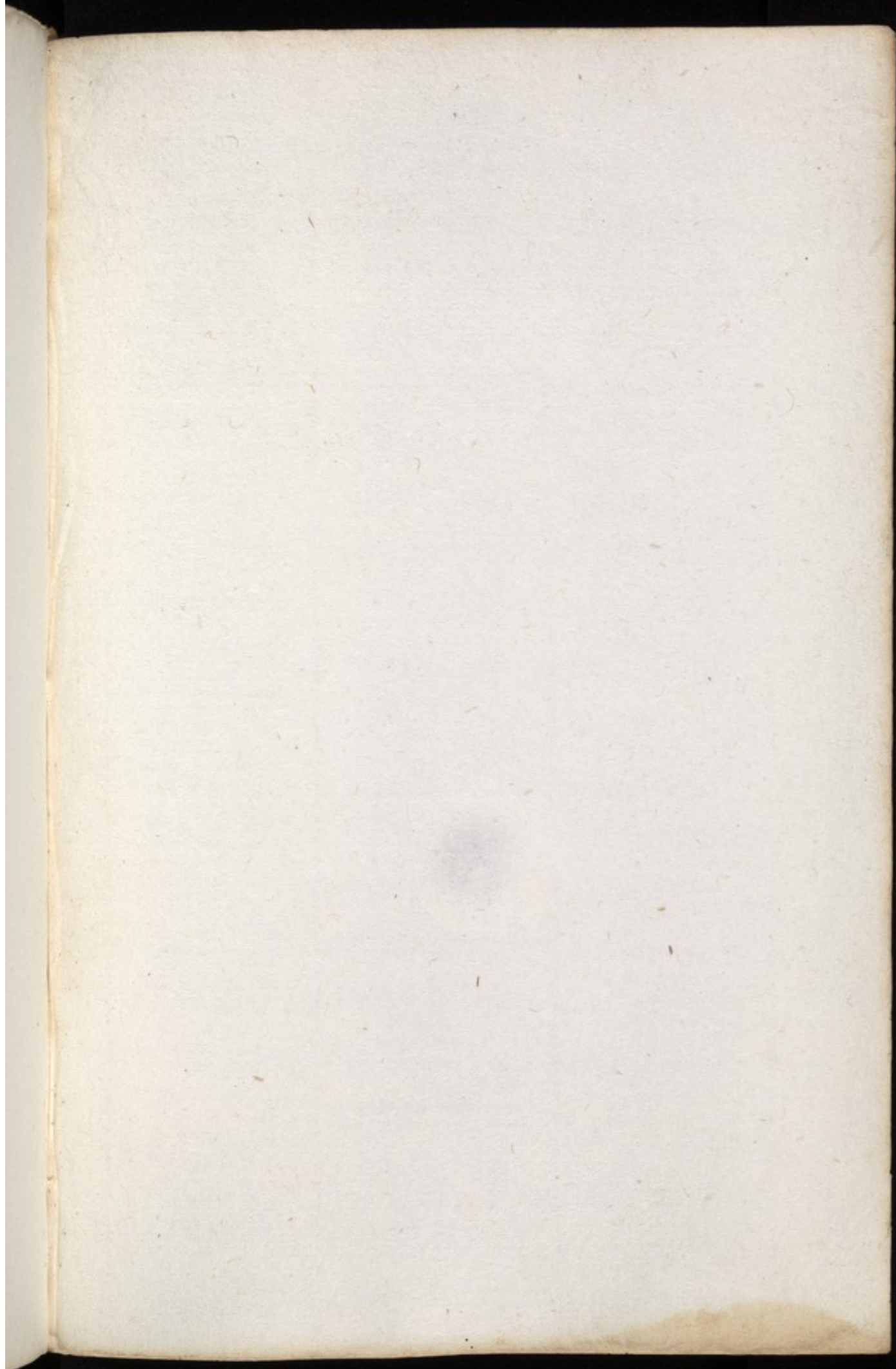


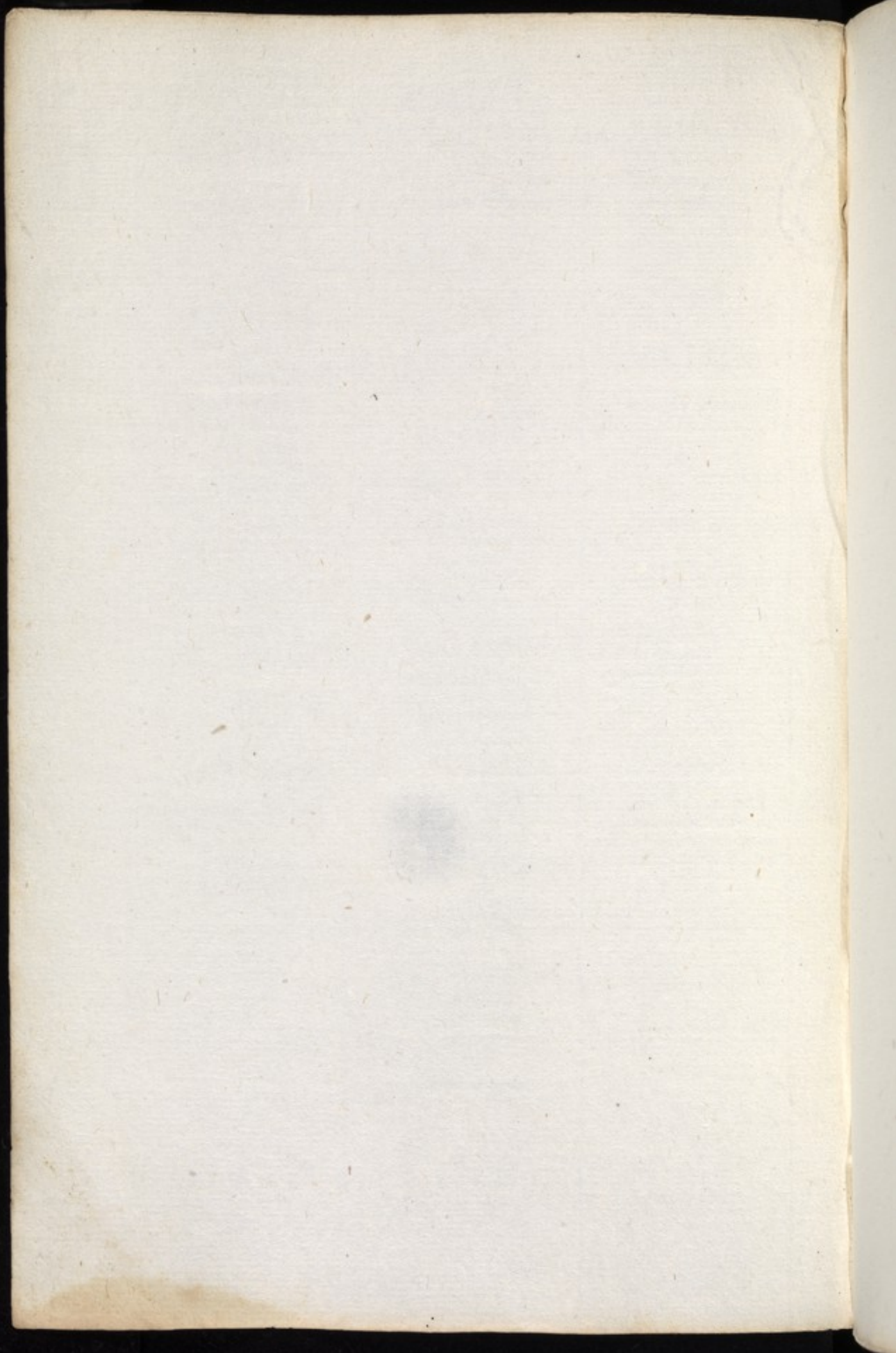


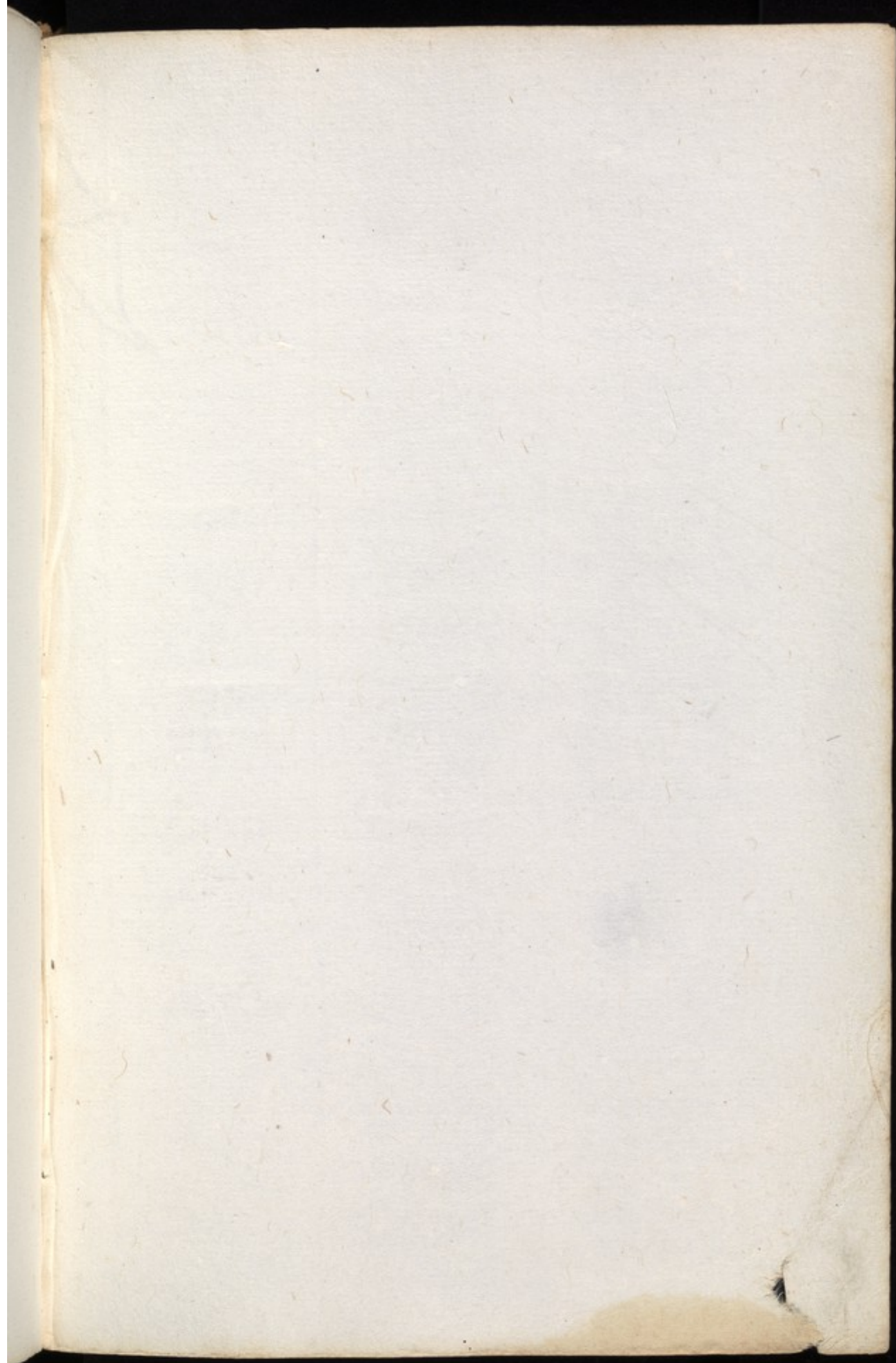


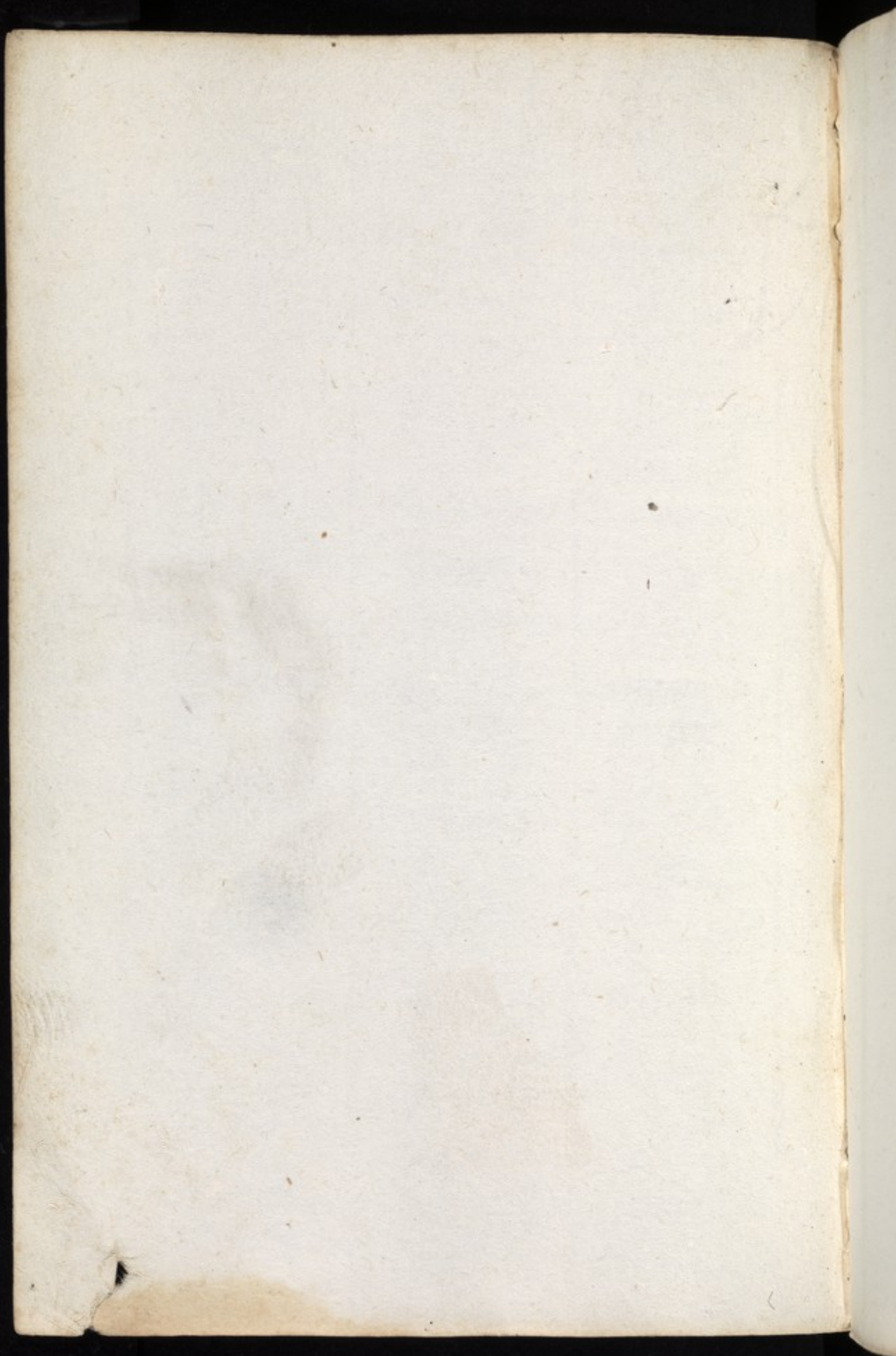


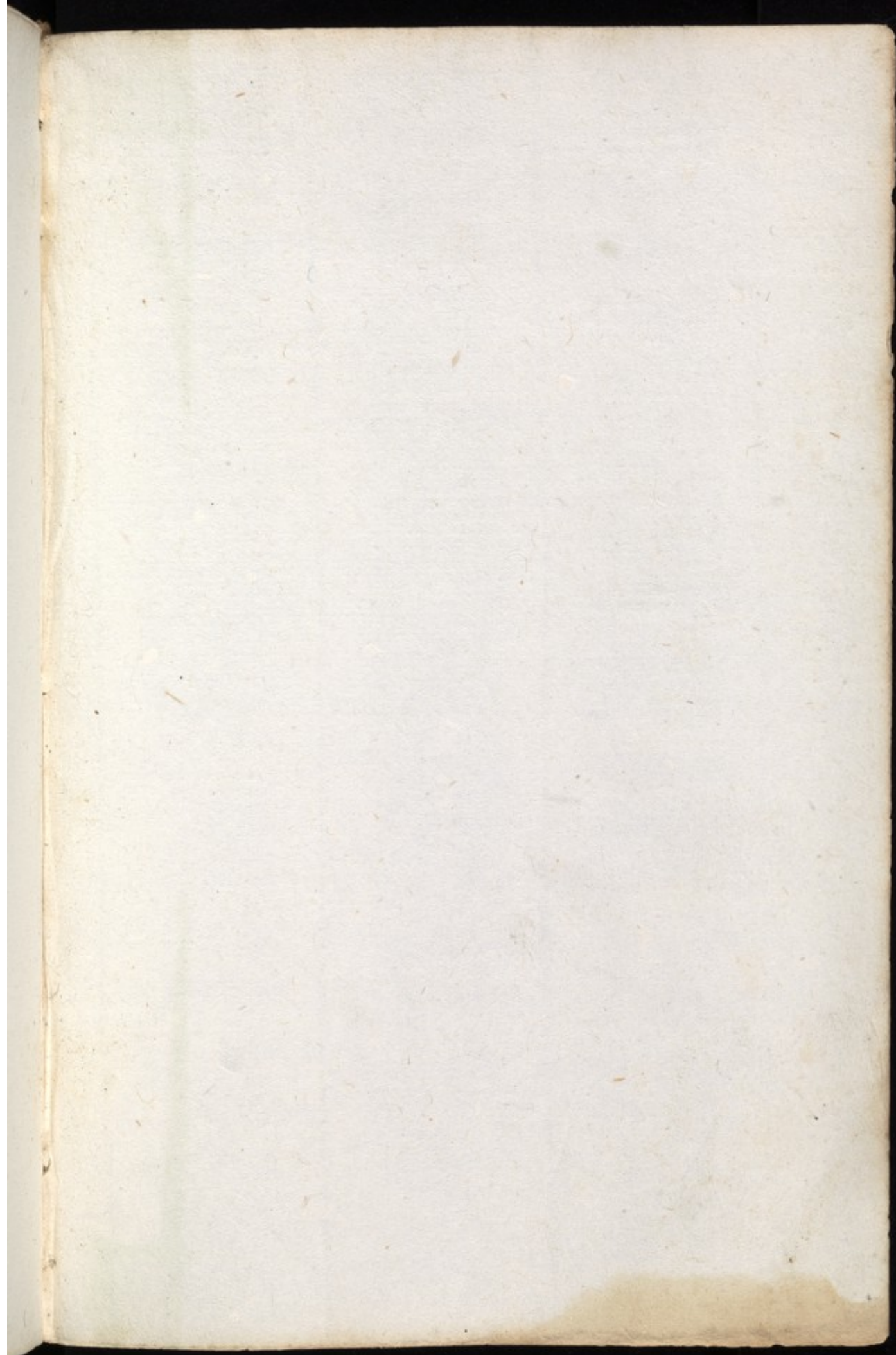


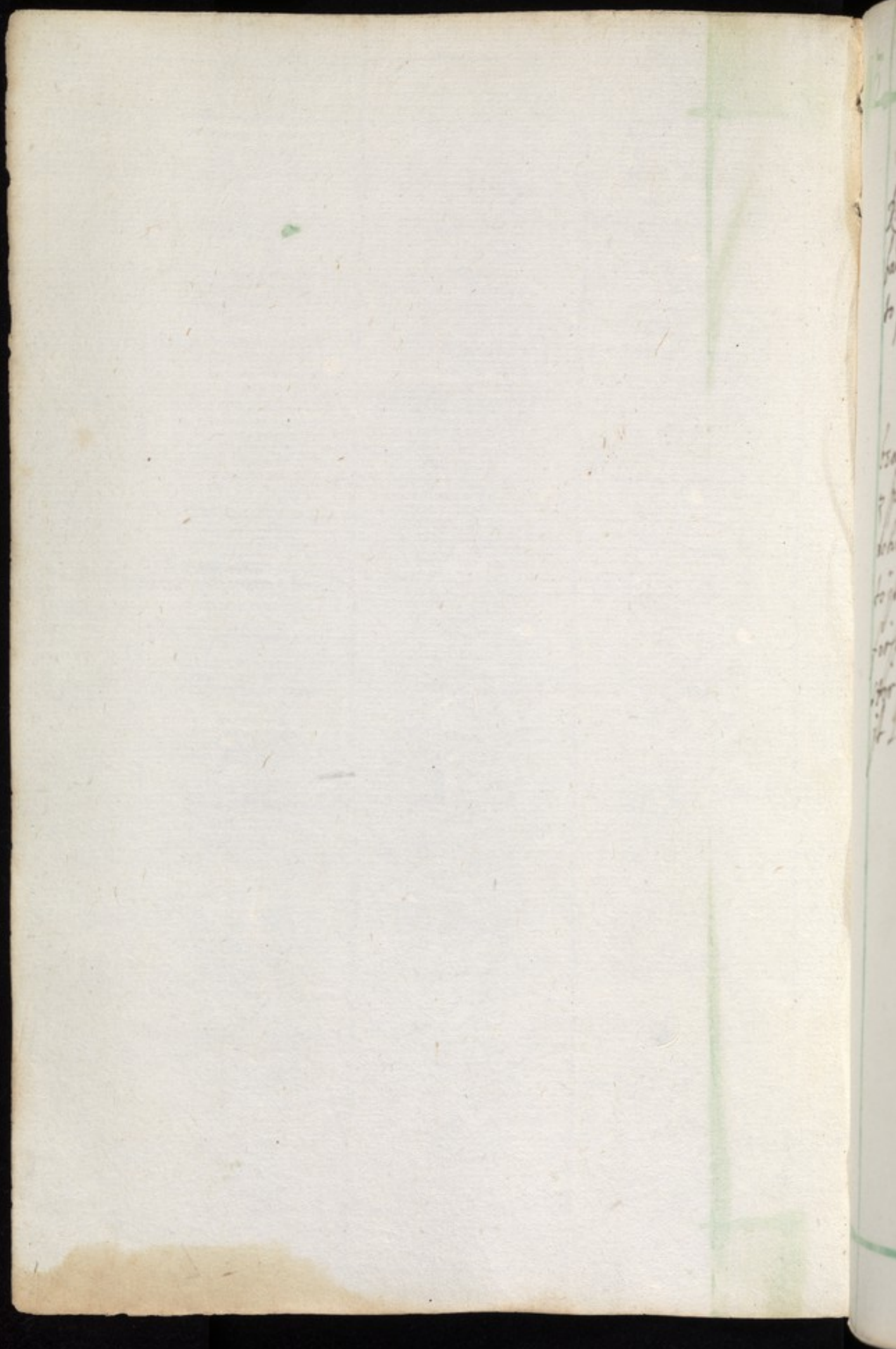






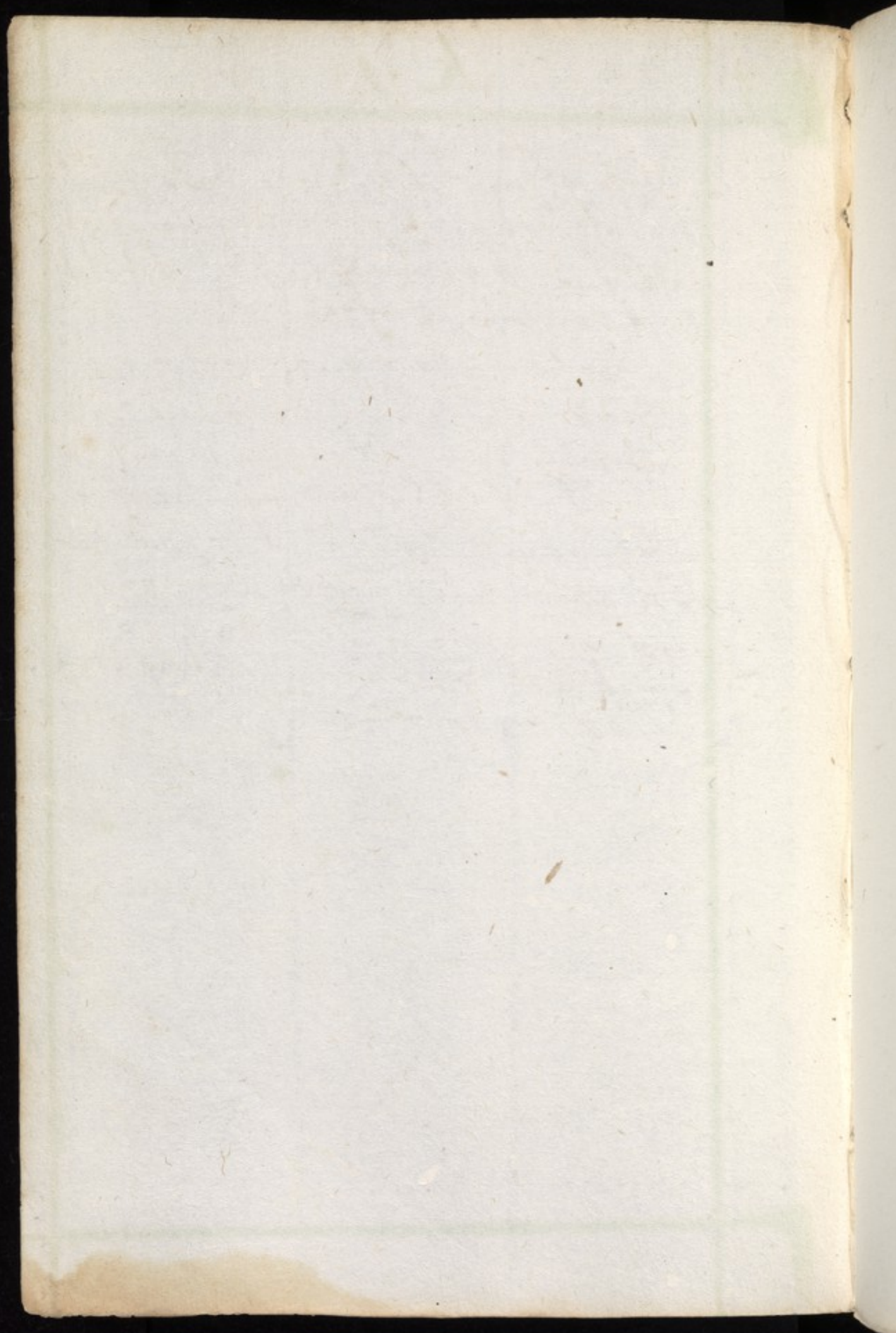


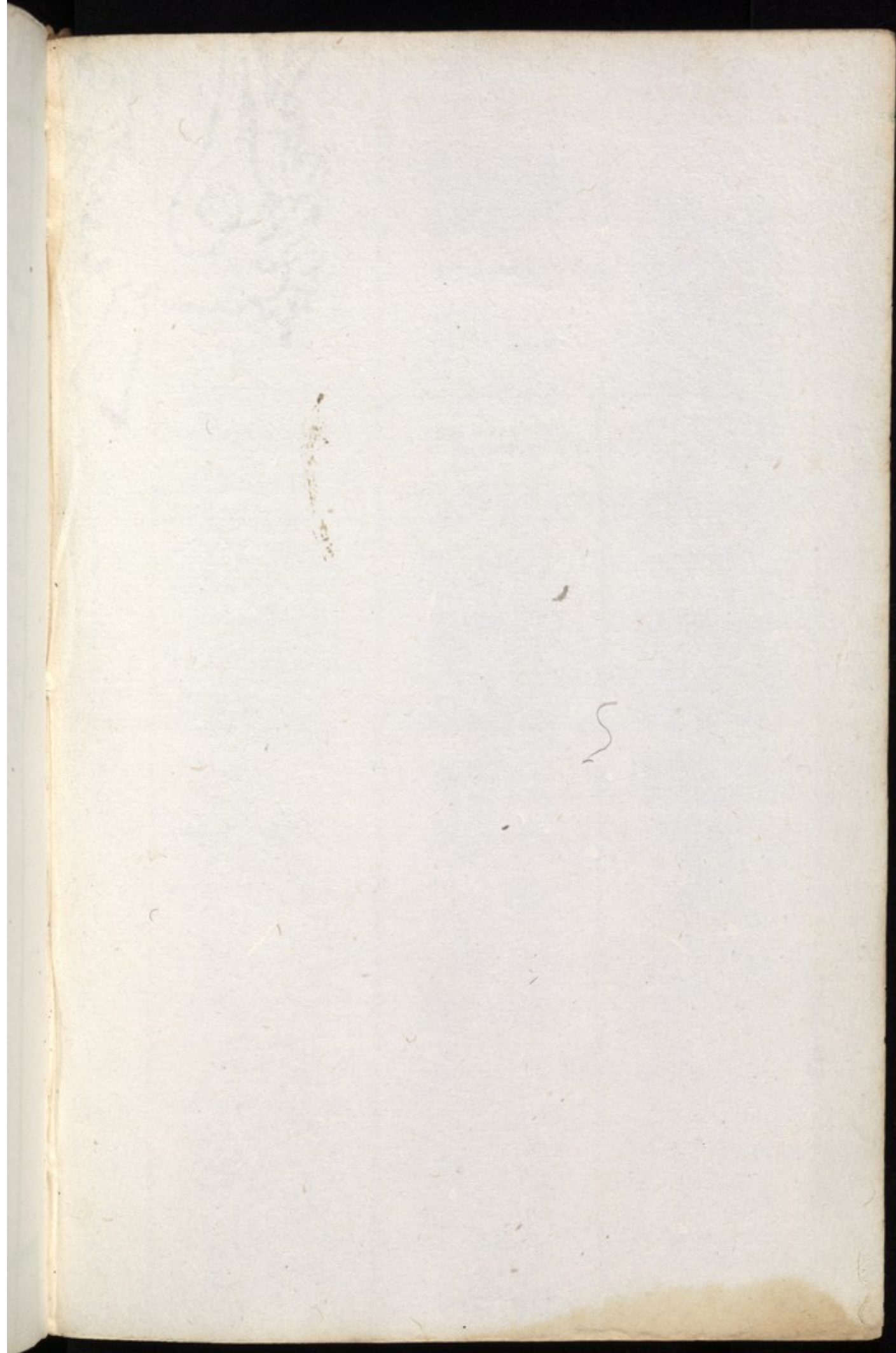


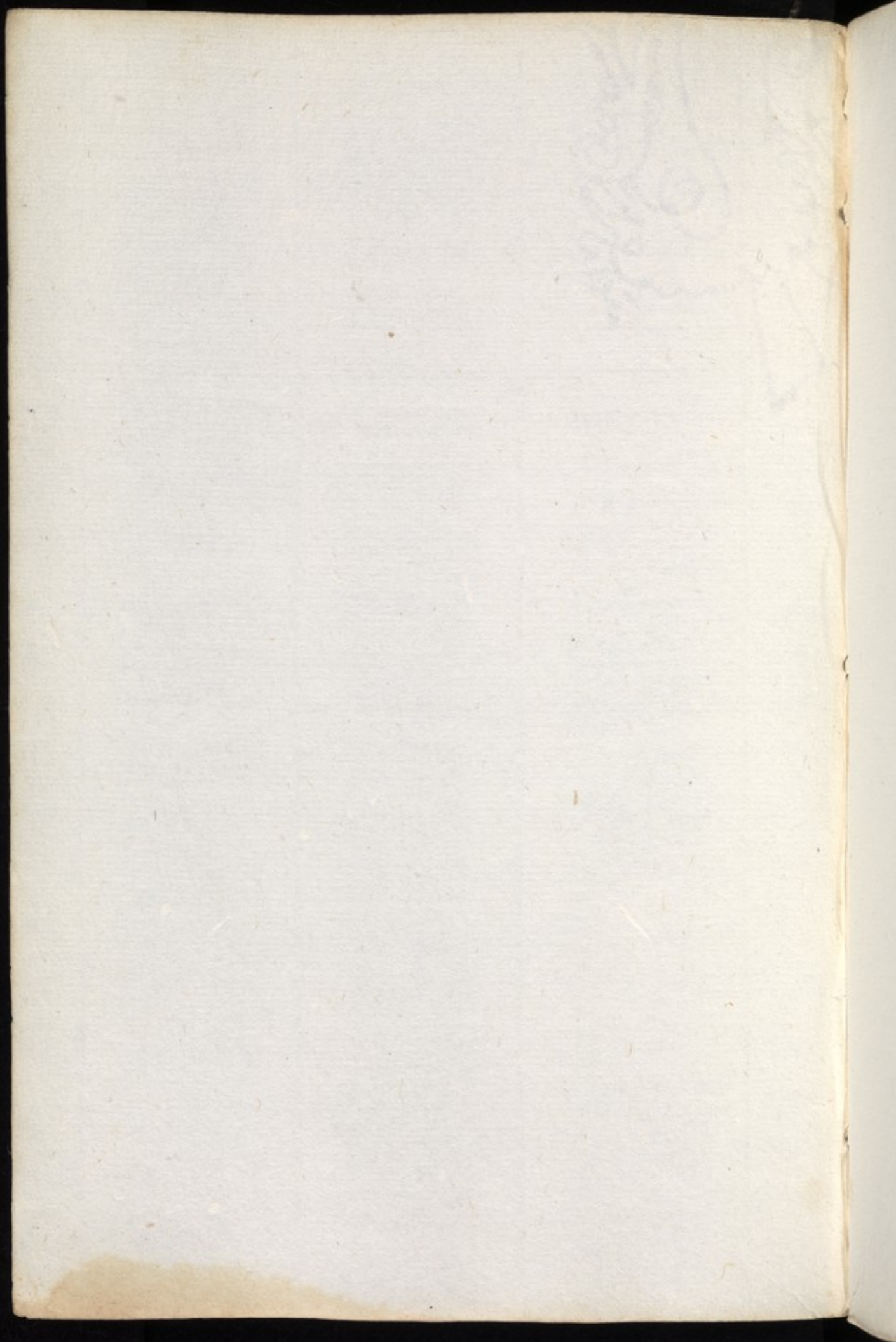


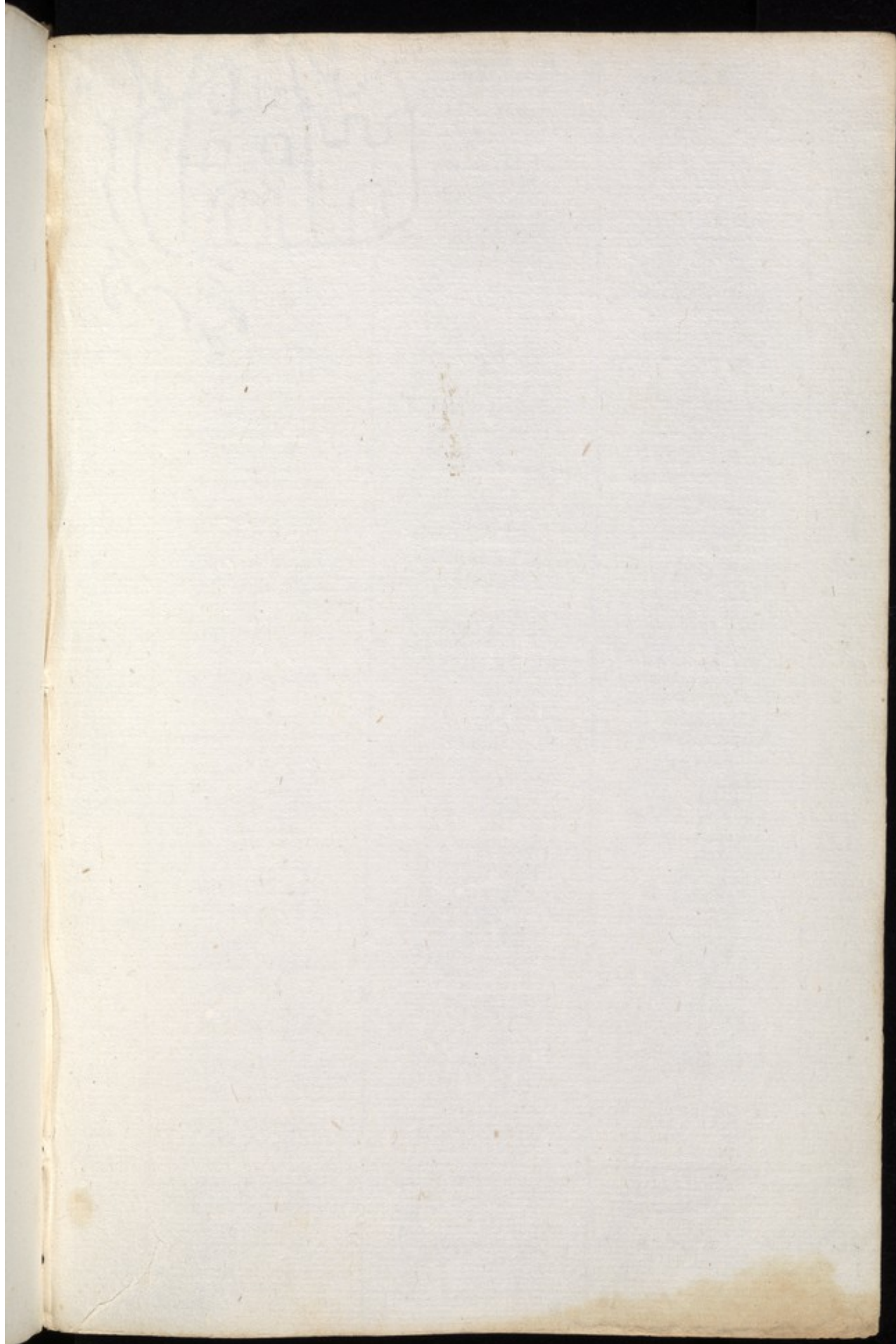
53
K. 1
To cool y^e Kidney.
Take y^e juice of Lingv^e wo: Milk
Red rose vinegar & rose wat. mingled &
bath y^e Back & shew^e & Lay y^e wet cloth
to it soasing it often.

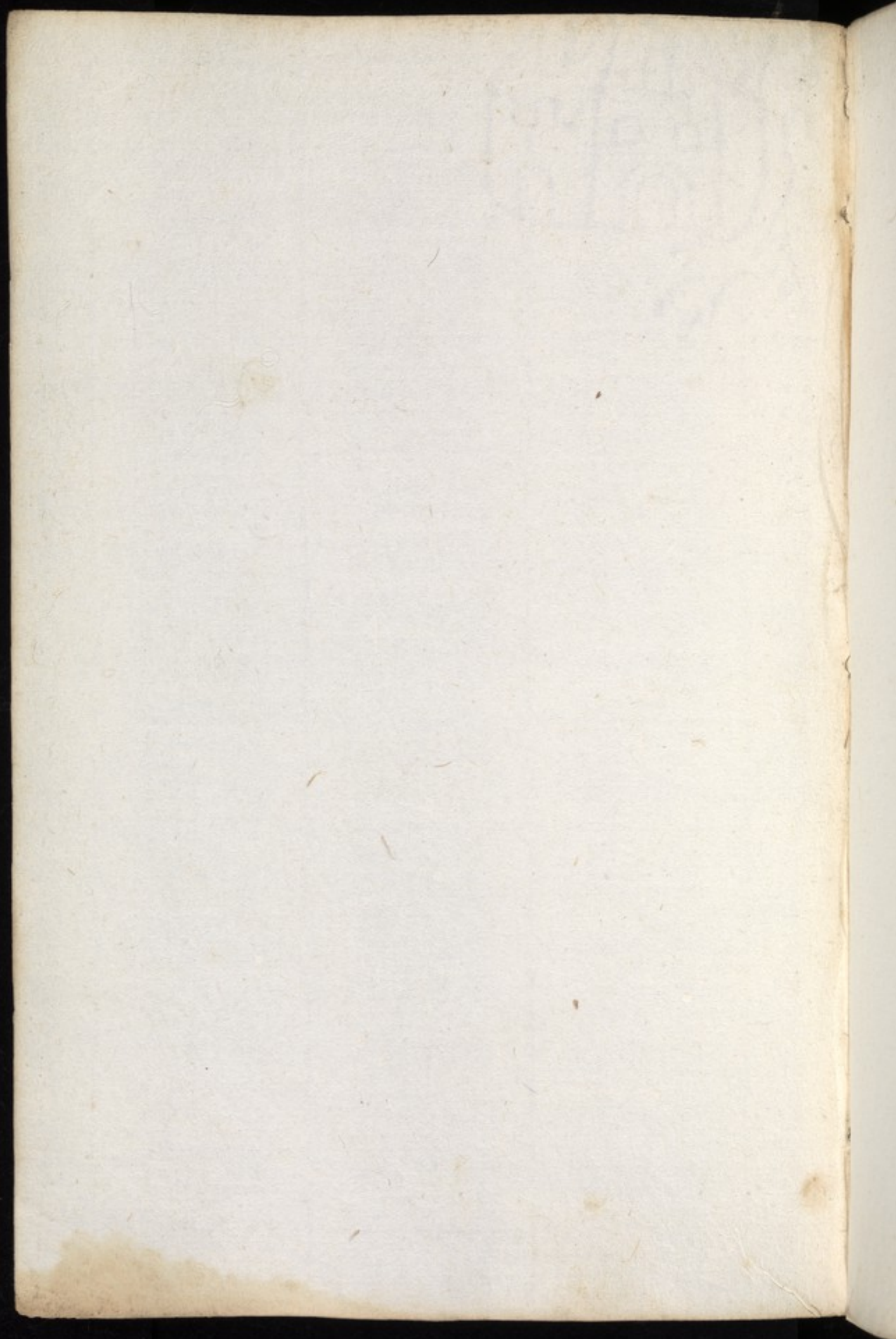
For y^e waite of y^e Kidney.
Take y^e white of a new laid Egg w^{ch}
beat wth 3 spoonfulls of Plant^e wat. &
2 spoonf of Red rose wat. half an oz of
white sugar candy beat to powder. put
to it half a Nutmeg in powder. baked
first in a loafe of Bread in y^e oven
stir it well & soe being fasting drink
it Take warme.

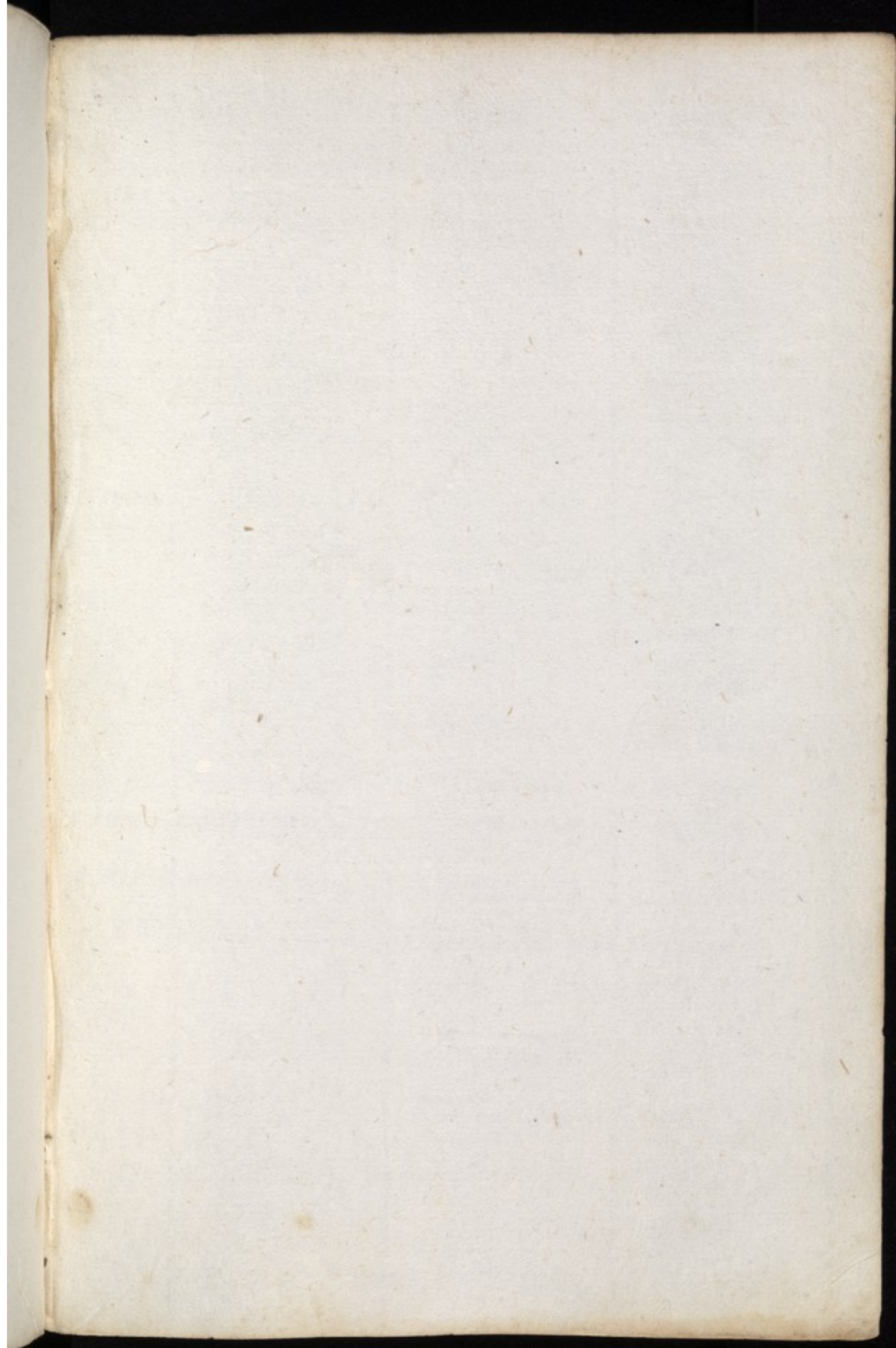


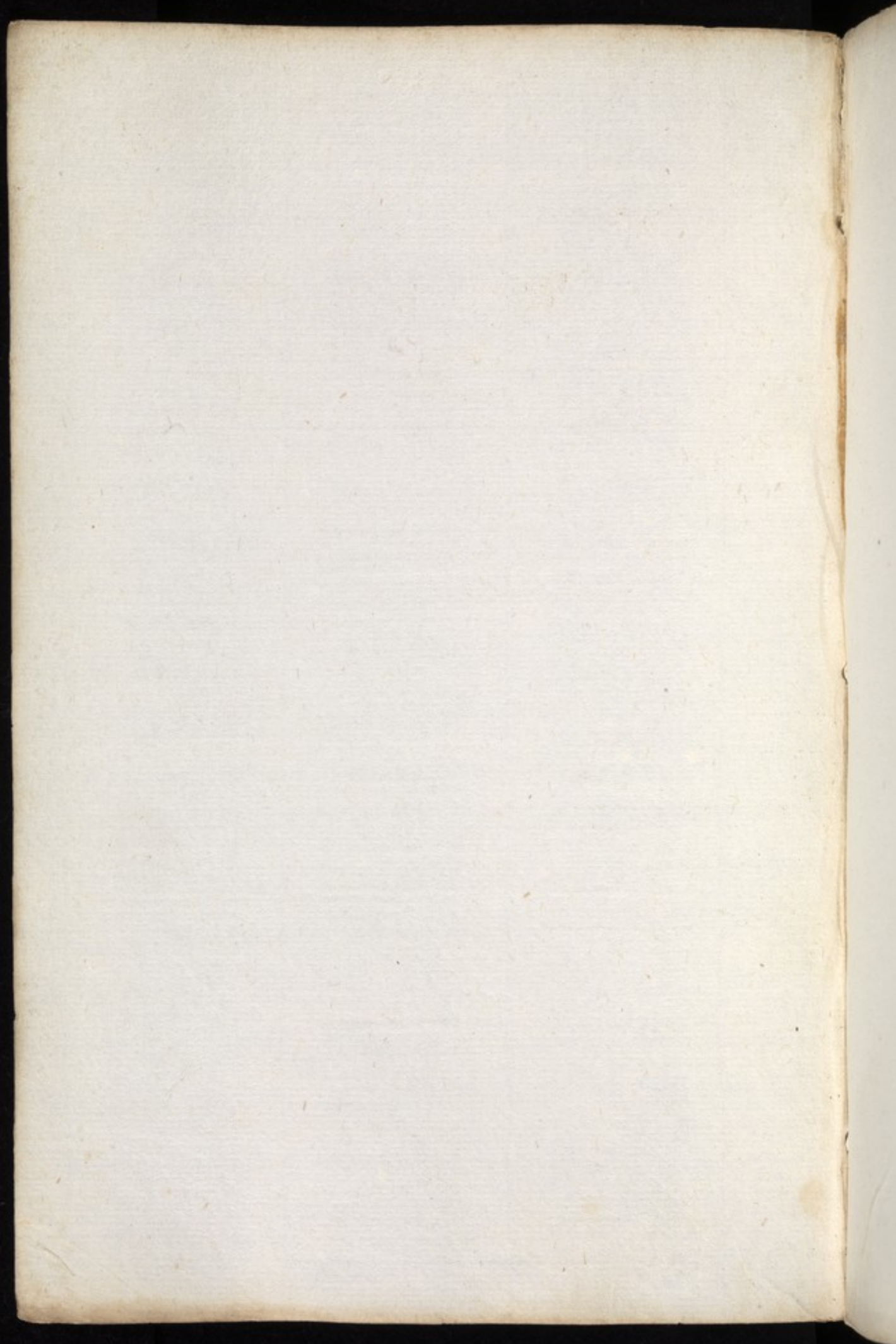


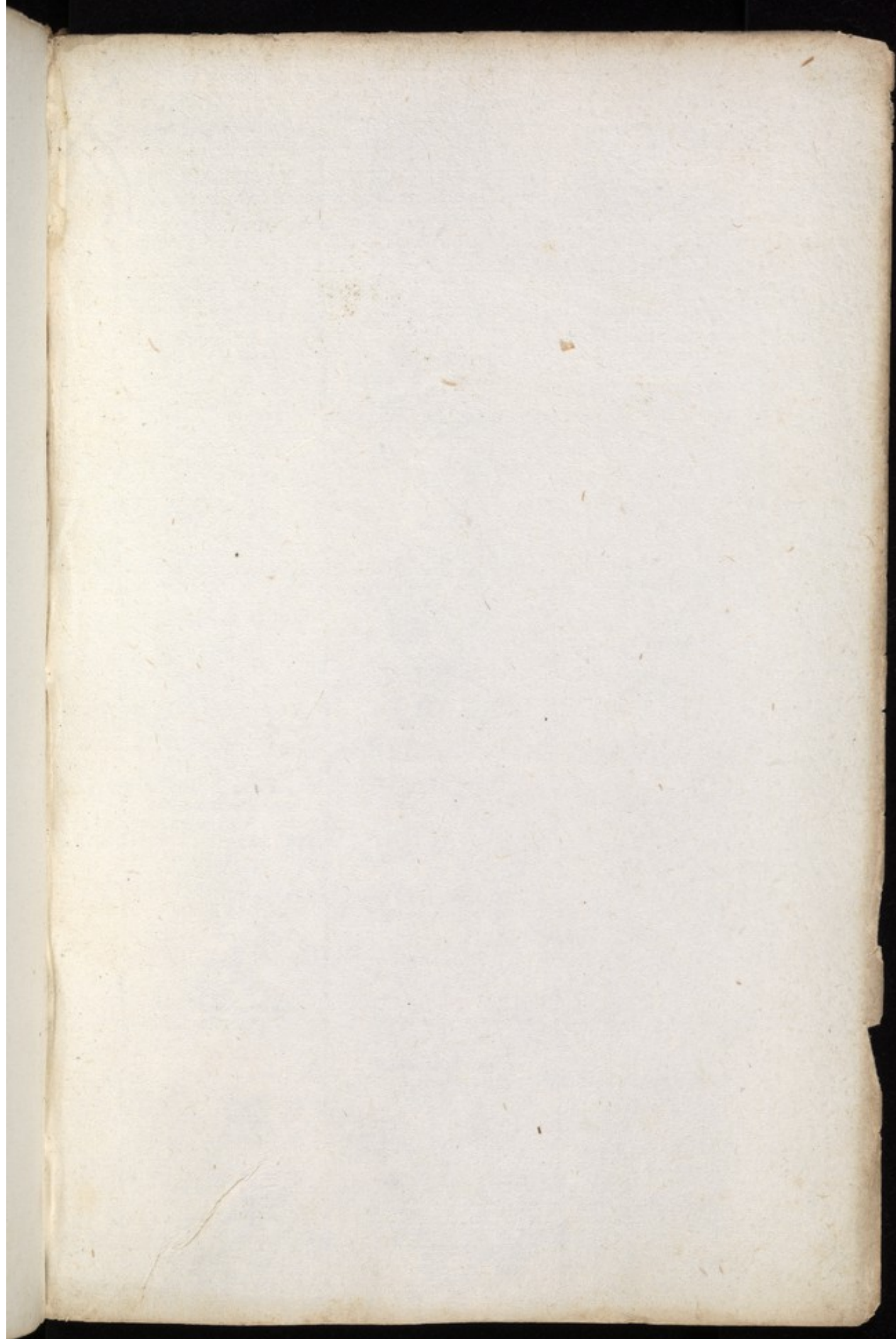


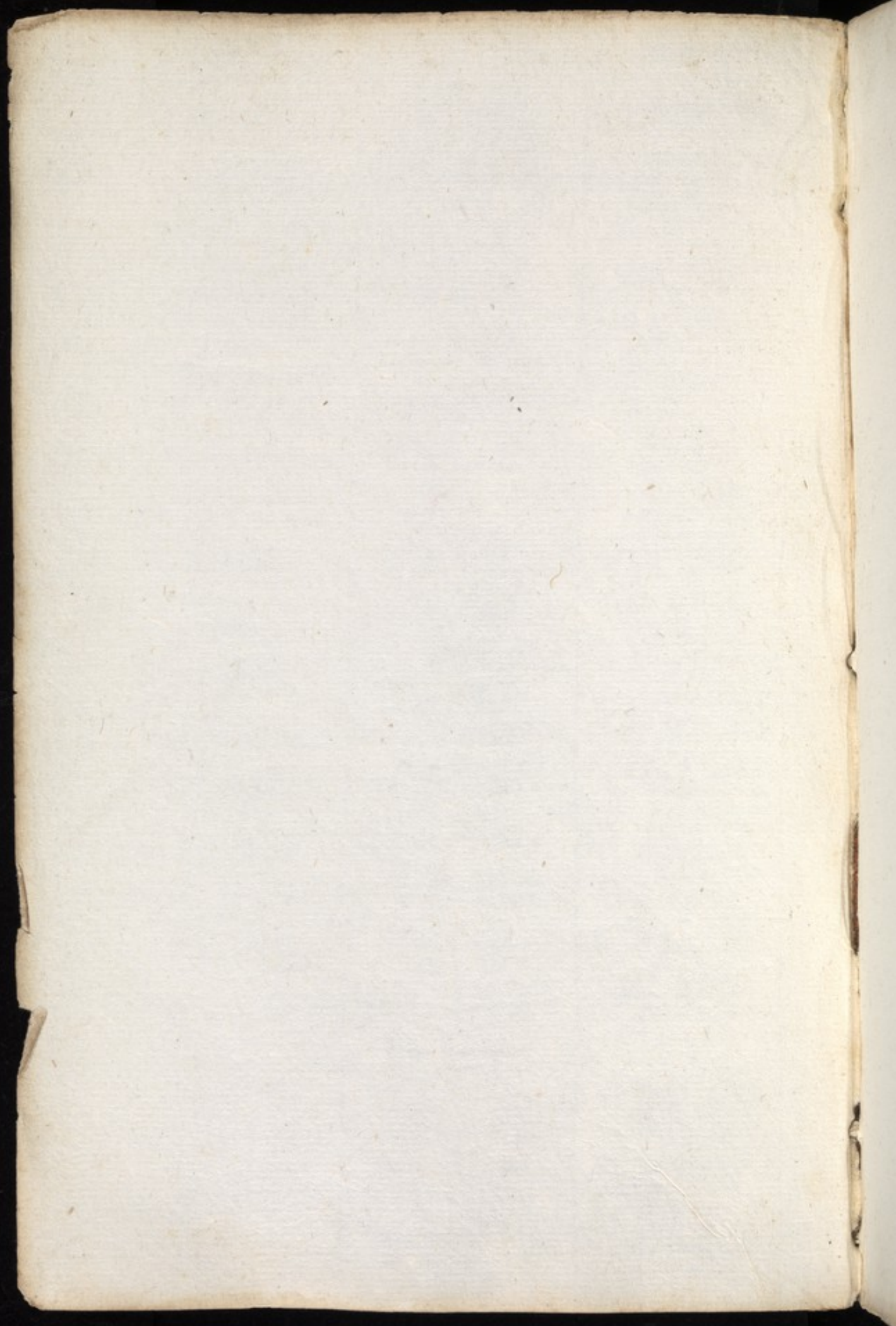


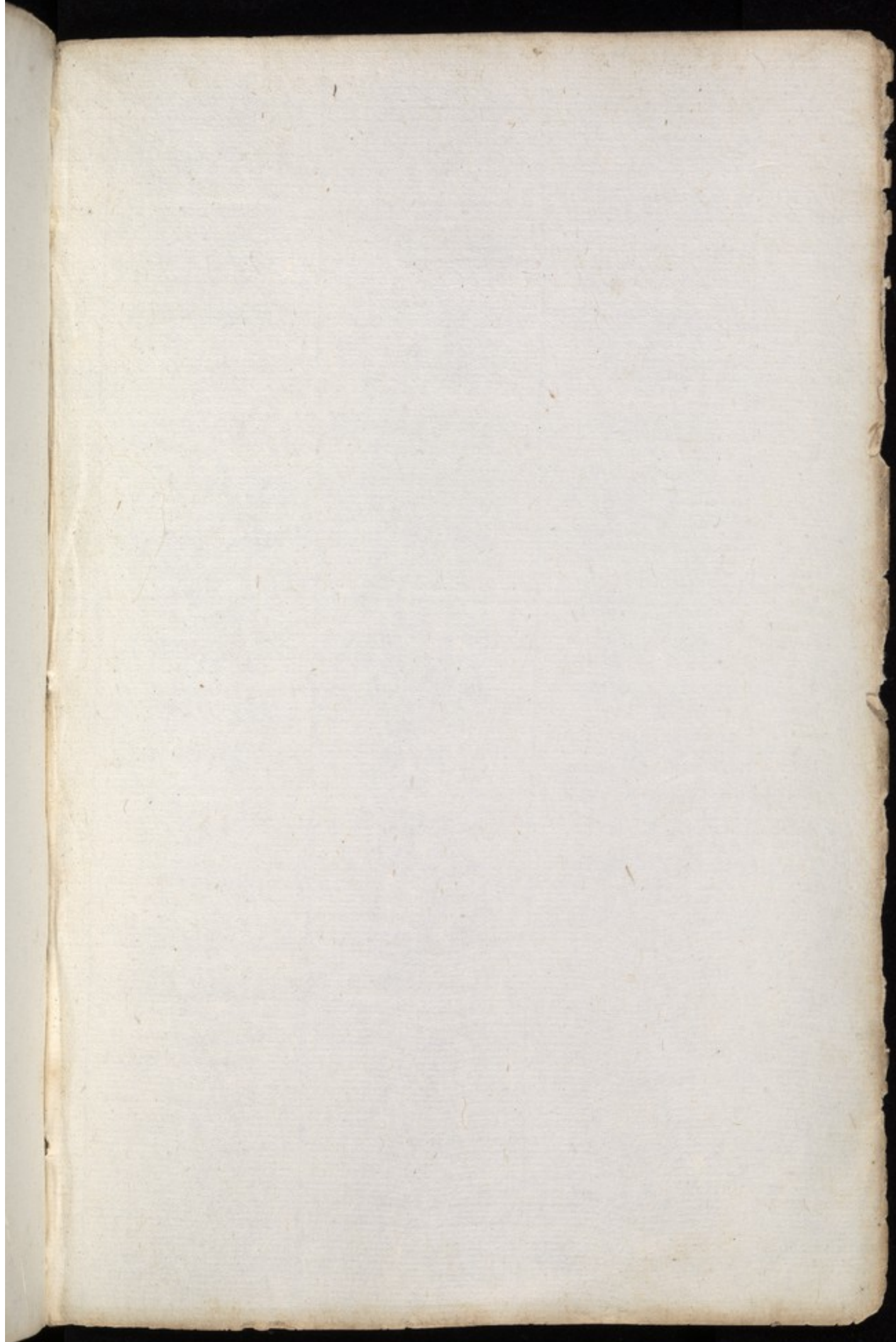


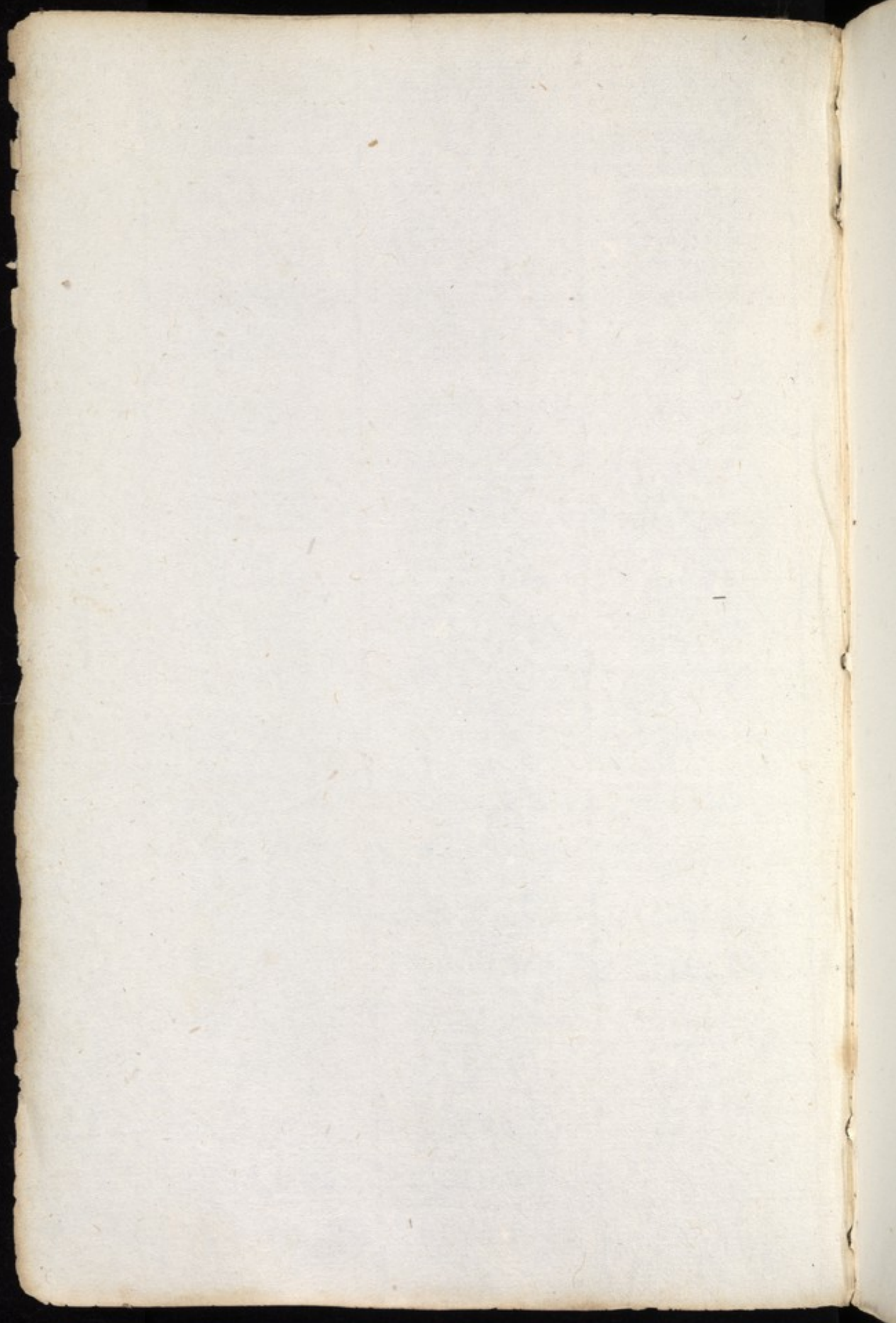


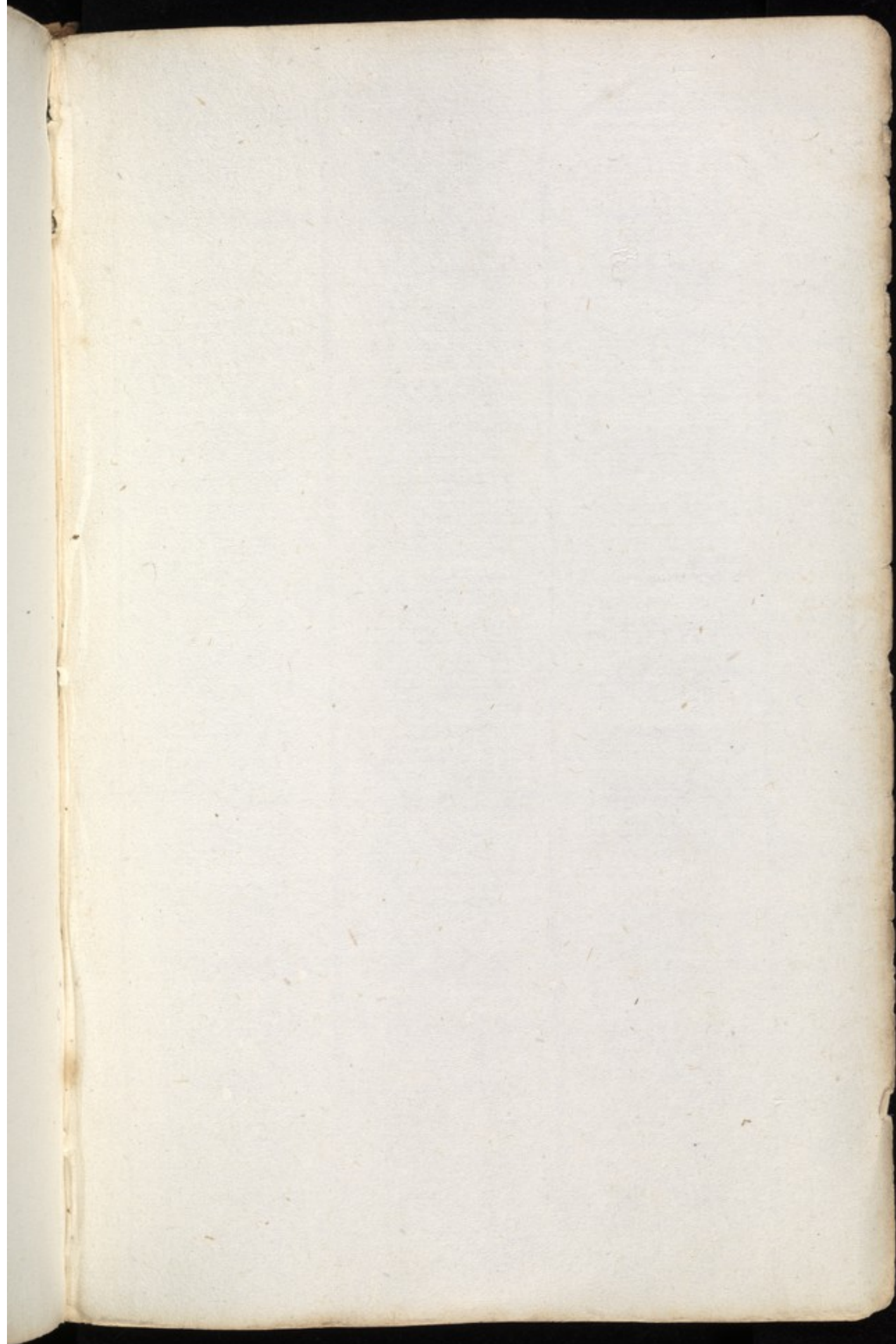


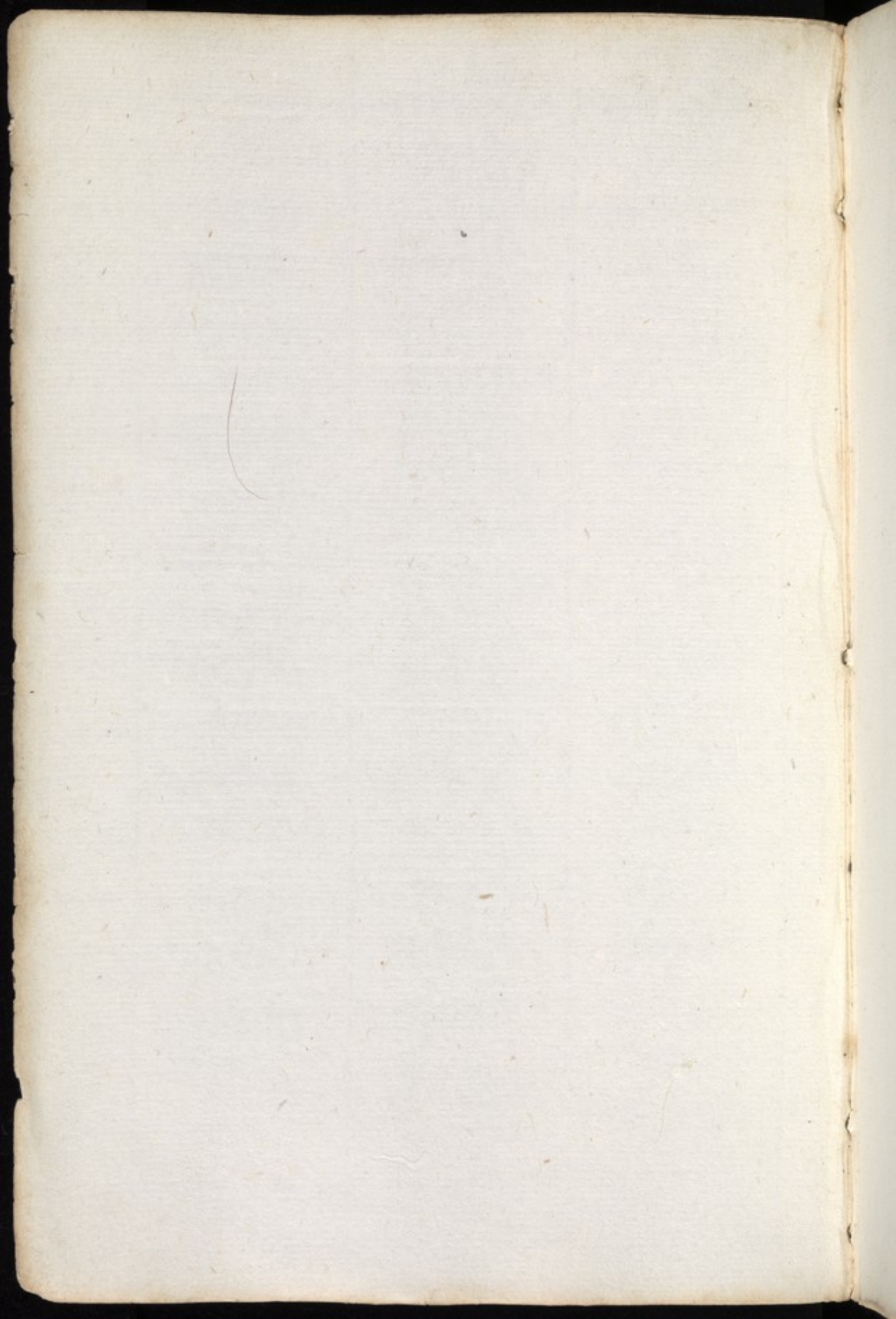


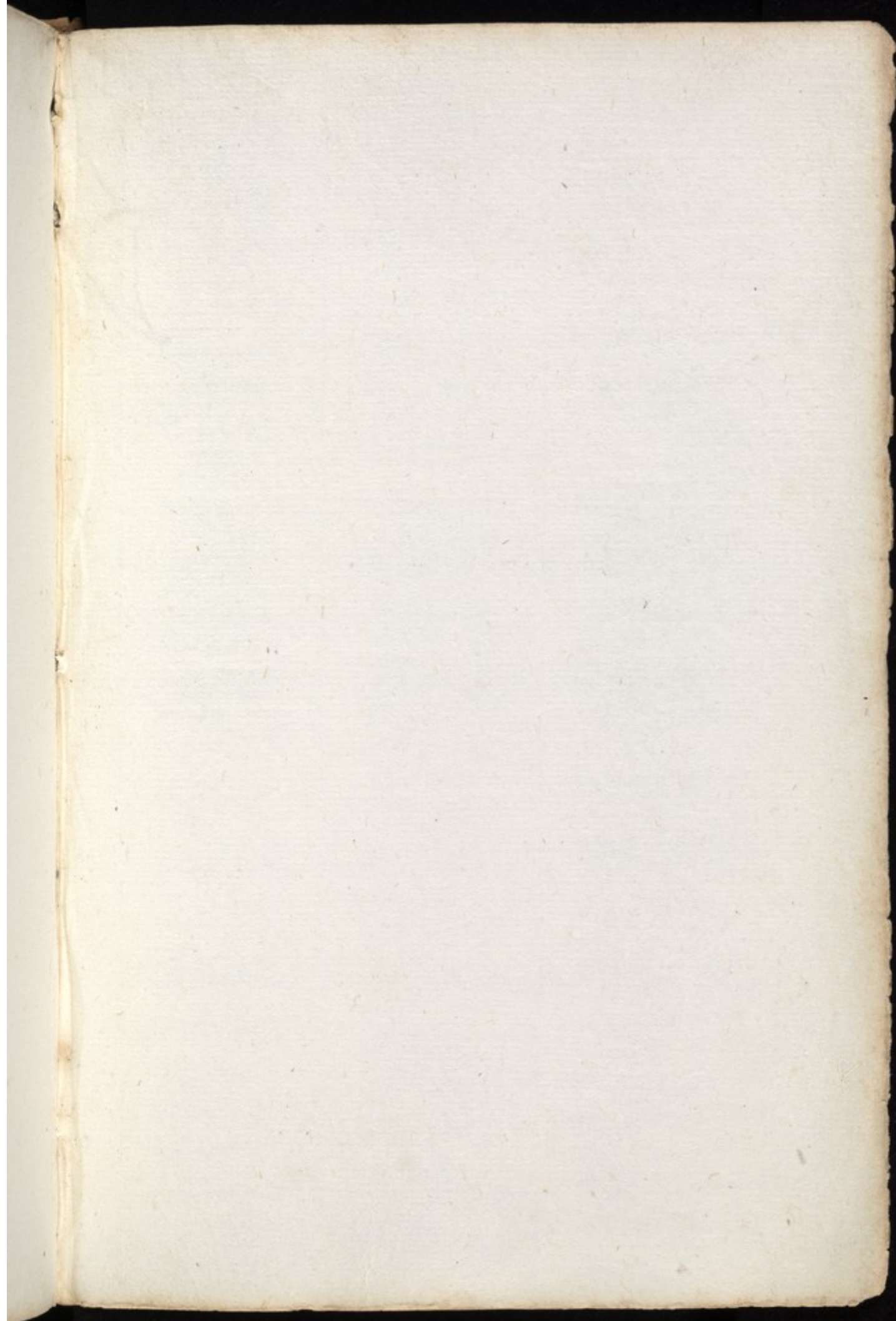


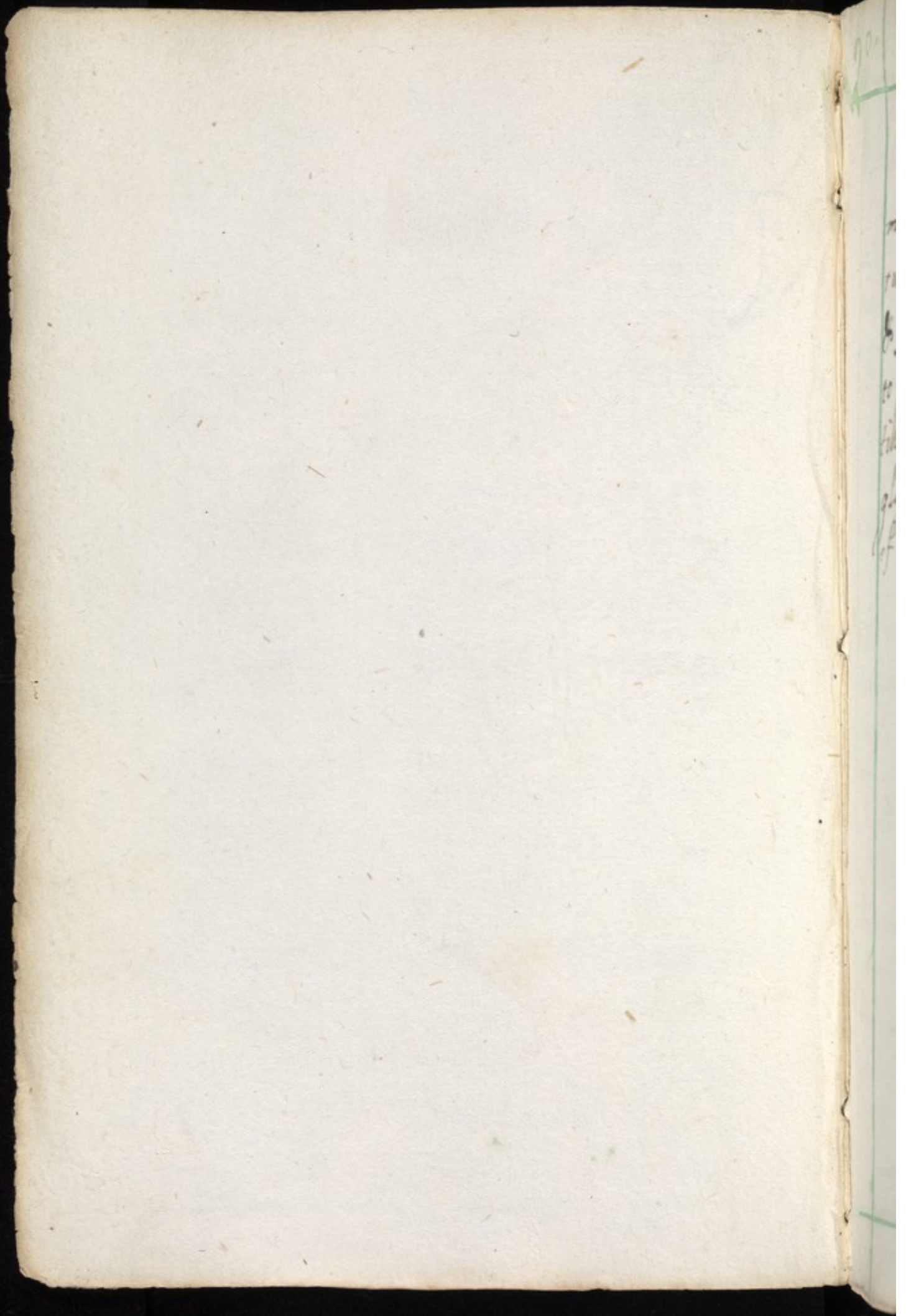












20.
20.
To make one Lixative.

Take halfe a pound of Prunys as
many reasons boile y^m in a qt. of
running wat. wth a handfull of Marrow.
& jscop; w^h it is halfe sod away putt
to it one oz of Manna & lett it bo.
till y^e Ma. be melted; yⁿ put it in a
glass & take j or 2 oz. Mor. & Quin.
of those prunis, & it will easly go.

To please y^e Lungs & kidneys.
Take 2 handfulls of Liverwurz. of
Eggrimony, Bitony, Sorrell, Succory, &
Fimitory, of each a good handfull, sta
mp & strain y^e all wth a pint of white
or Rhenish wine. & put y^e wine into 3 pint
good measure of Clarified whey & boile y^e
togeth^r well wth a good lump of Sugar, till
all y^e skum be risen. soe keep it & dr^e
therof 2 a day, in y^e mor. fast. & at 4
in y^e aft. noon.

A wat. for y^e Liver, & Lungs.
Take Liverwurz, Harotongs, &
Sorrell, Still y^e & drinke of y^e water
oned a day & yo^e will find much good.
For y^e Lungs & Shortnes of Breath.
Take Muscadm^e a wine glas full at
a time, & take a little Saffron well dr.
id, putt it in a little bagg. w^{ch} putt into
y^e Muscad. to soake, a qu. of an houre,
before yo^e drinke it; in y^e wine drinke
of it first & last. in Summ^r drinke it
thus only in y^e Mornings.

for y^e Longue.

Take y^e flower of Brimston, wth y^e powd.
of Sug. candy in a new Laid Egg, supp
it up fasting, take & use 9. dayes togid.
& it will helpe if y^e ty be not far spent.

for y^e same

Take white snail, in y^e shells, pull y^e
& scoure y^m well in wat. & Salte. y^m putt
y^m aliue into a pinte of new milke, & boile
it halfe away. yⁿ strayne it, & drinke
it warme in y^e morn. fast. & last at
Night. it will cure yo in 3 dayes.

for y^e same, & shorten. of Breath.

Take a new Laid Egg, breake of y^e topp &
putt out all y^e white. & put to y^e yolke as
much flow of Brimston as will couer a Shill.
wth a spoonfull of soft foot. wat. beat a
litt. sug. candy & mixe wth it, then stir
& warme y^e. & sup y^e up in a Morn. fast.
& afte. a litle supp when yo goe to Bed.

for y^e Cough of y^e Longue.

Take halfe a. of China. a po. of Maid.
haire; of y^e China yo must putt is Sliese
into a pott. of faire wat. & aff. it path. &
pece all night putt into it a peece of bread

or rat. a hand piece of a Rock of Melt.
Rabbit or poultry. to this putt a hand
full of Maid haire, & some of y^e. Son as m^{ch}
wth Succory & Buglos making y^e Broth
skinn, also put into it a handf. of
hutte Barly. when this is well sod y^e may
drinke a good Draught of this in y^e Morn
Sat & in y^e Aft. n. & like wise so Bedwa
& soe so make dayly y^e Broth in this man
er untill y^e Chryse be spent. Steeping every
of it so make y^e next Morn.

For y^e same
Take y^e cleane of Coltsfoote wipe y^e
cleane, y^e Stamp y^e. & straine out y^e juice
into a skellet letting it boile softly bot
thick & thin, take of y^e skum cleane &
put into it a quantity of pure honey, as
much as may make it a sirrup. bring
boiled to y^e height put it into a glass
pott. soe use it fast. every Morn. to y^e qua
of a Nutmeg. When y^e have straim
y^e Coltsfoote lett it stand & settle then
take y^e skum off & brof it make y^e sirrup
wth honey & cleane skim it as before.

for to chens y^e Longues.
Take Scabious, Coltsfoot, Marsh Mallow
of each a handfull. Drop periwinkle & lay
a like quard. Parsly, Roodes, Brooklime too.
& Succory root. of each one oz. Elcompe
rootes, & Aris rootes, of each 2 Drams.
of Licorish halfe a oz. shred all shoy very
small & boile y^e in a clop new pipkin, wth
as much white wine vinegre as w^e coult
yt. sett y^e oppo warme embe. 12: howers, y^e
press out y^e vinegre as hard as yo^e can, &
put so yt as much pure english hony as
s. it is vinegre, boile yt & skim yt till yt
com to a thicke sirrup. Let this be made
part vinegre, & part rose wat. & but 2
parts vinegre at y^e most.

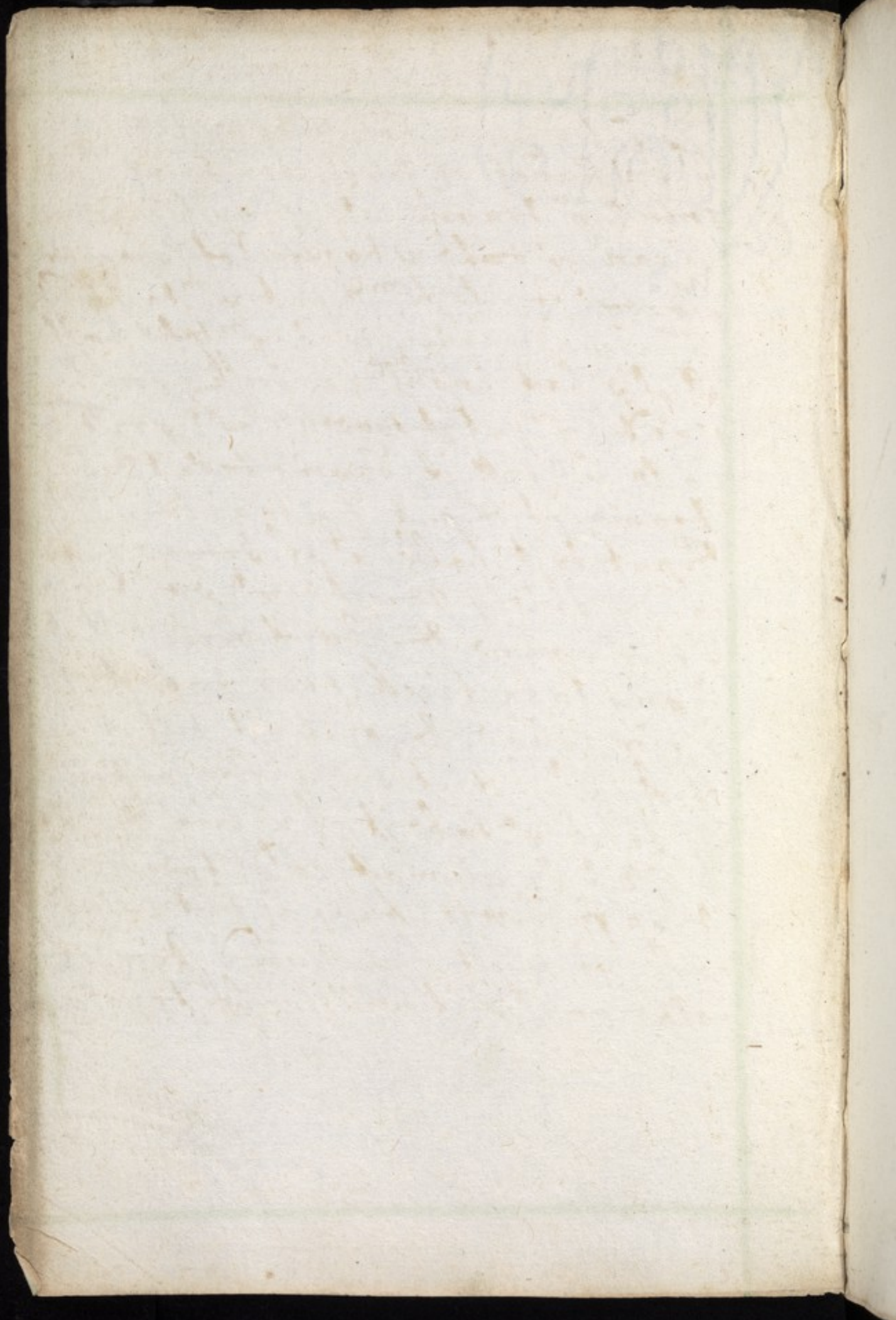
A sirrup to cook & cleanse Liver:

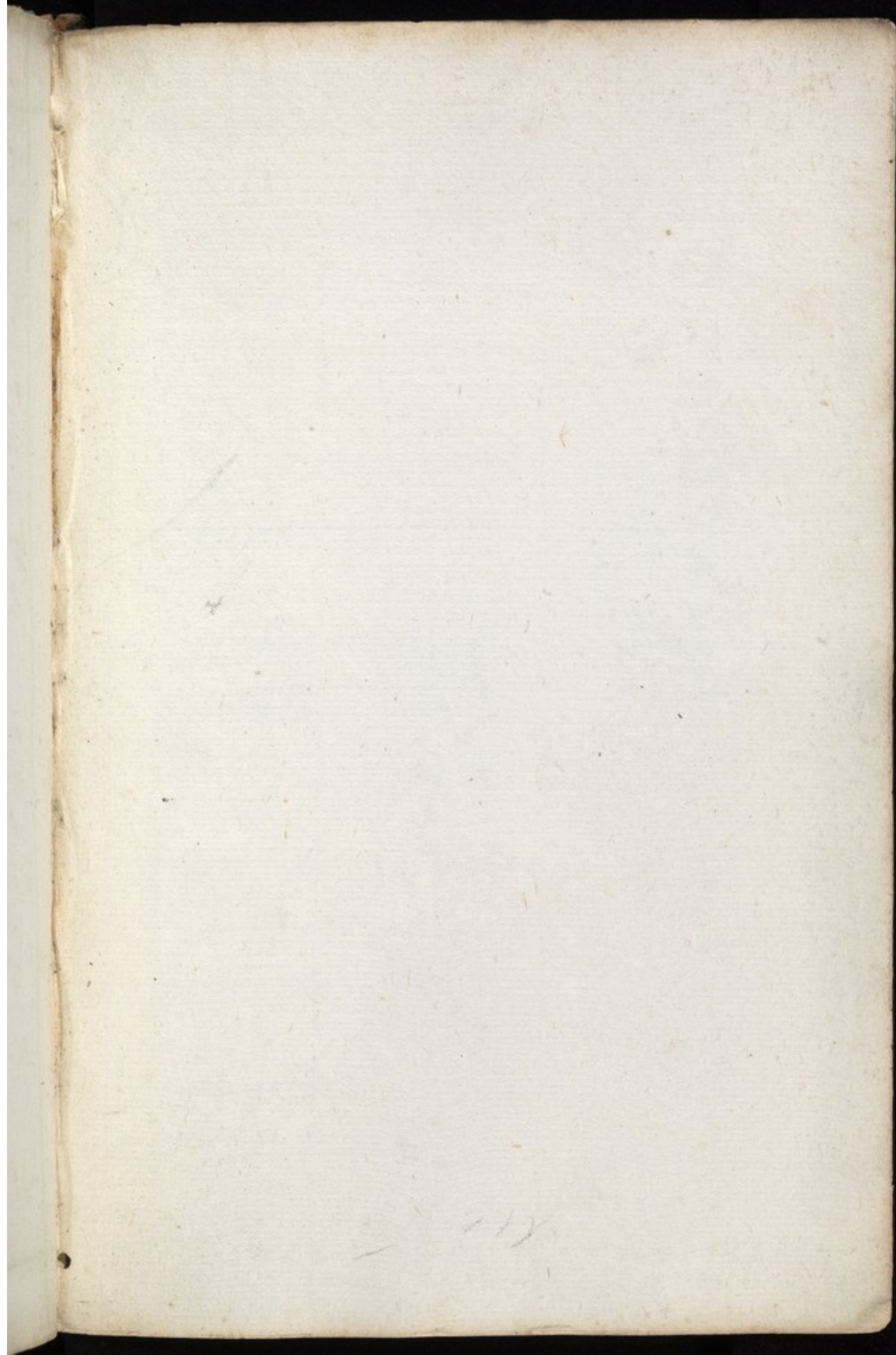
Take y^e juiced of Limons more then
a pint, strain it cleane, y^e put to it y^e
same quantitie of Rose wat. wth 3 quarts
of a pound of Sugar, stir y^e well together
y^e set it on y^e fire till it com to a scid
wth a ltt. Amb. green, aft^r it taken fro
y^e fire makes it alsoe good to comfort
y^e Sprite. / A sirrup for y^e Lungs.

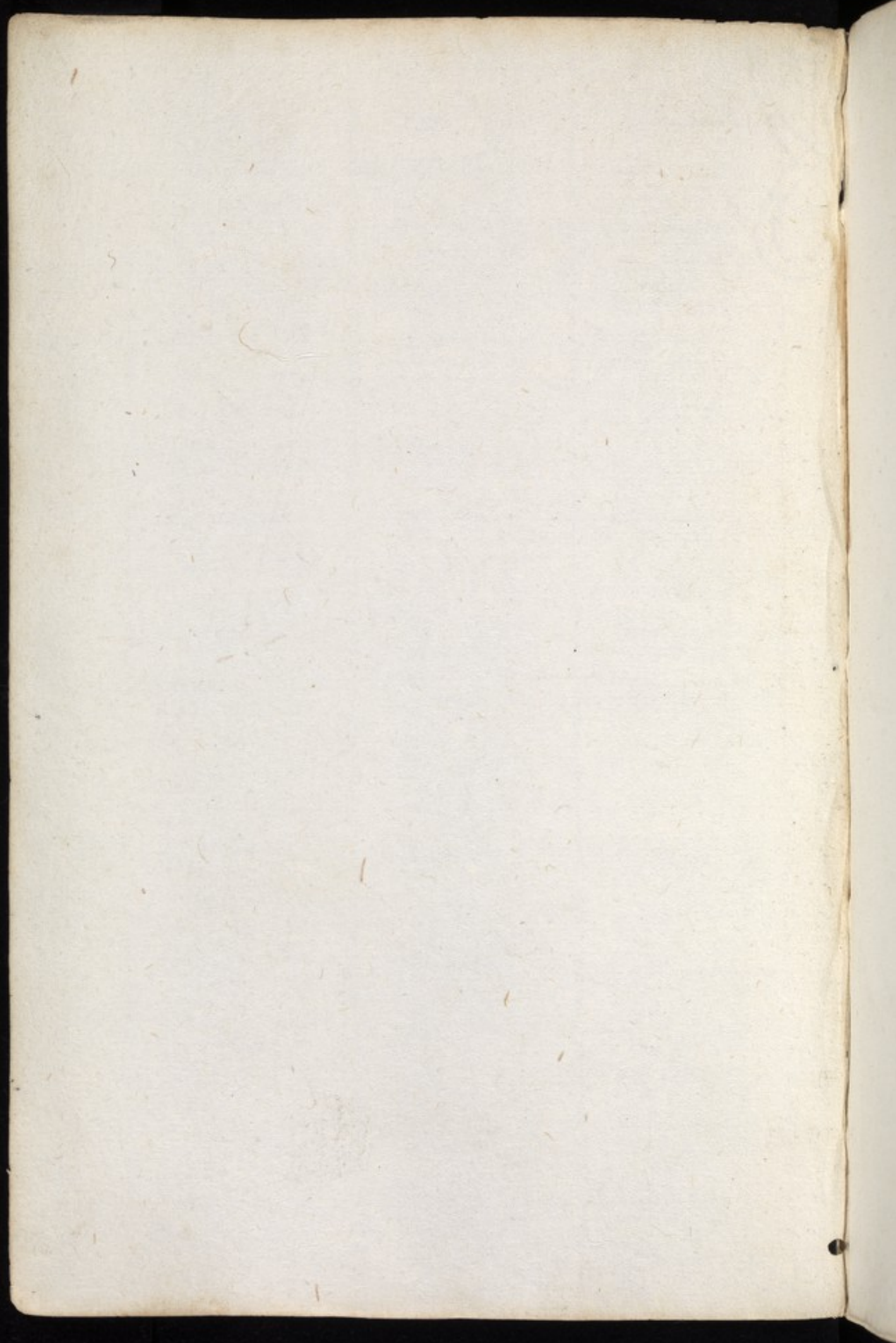
Take a handfull of Seabroome a
handf. of Cottefoot, a handfull of Linor
word of y^e Rake, cleane pickt & washed
put to every handfull of herbes a pottle
of faire wat. Let them infuse all night
wth a ltt. Licorish y^e put it on y^e fire
& boile it softly till it com to a quart
y^e strain it & to y^e quart of Licker putt to a
pound & a halfe of Sugar, clarified first
wth y^e white of an Egg or two. & wth a ltt. of
y^e Sirrup being cold y^e must boile it up
till it be some ^{tt} higher, soe take therof.

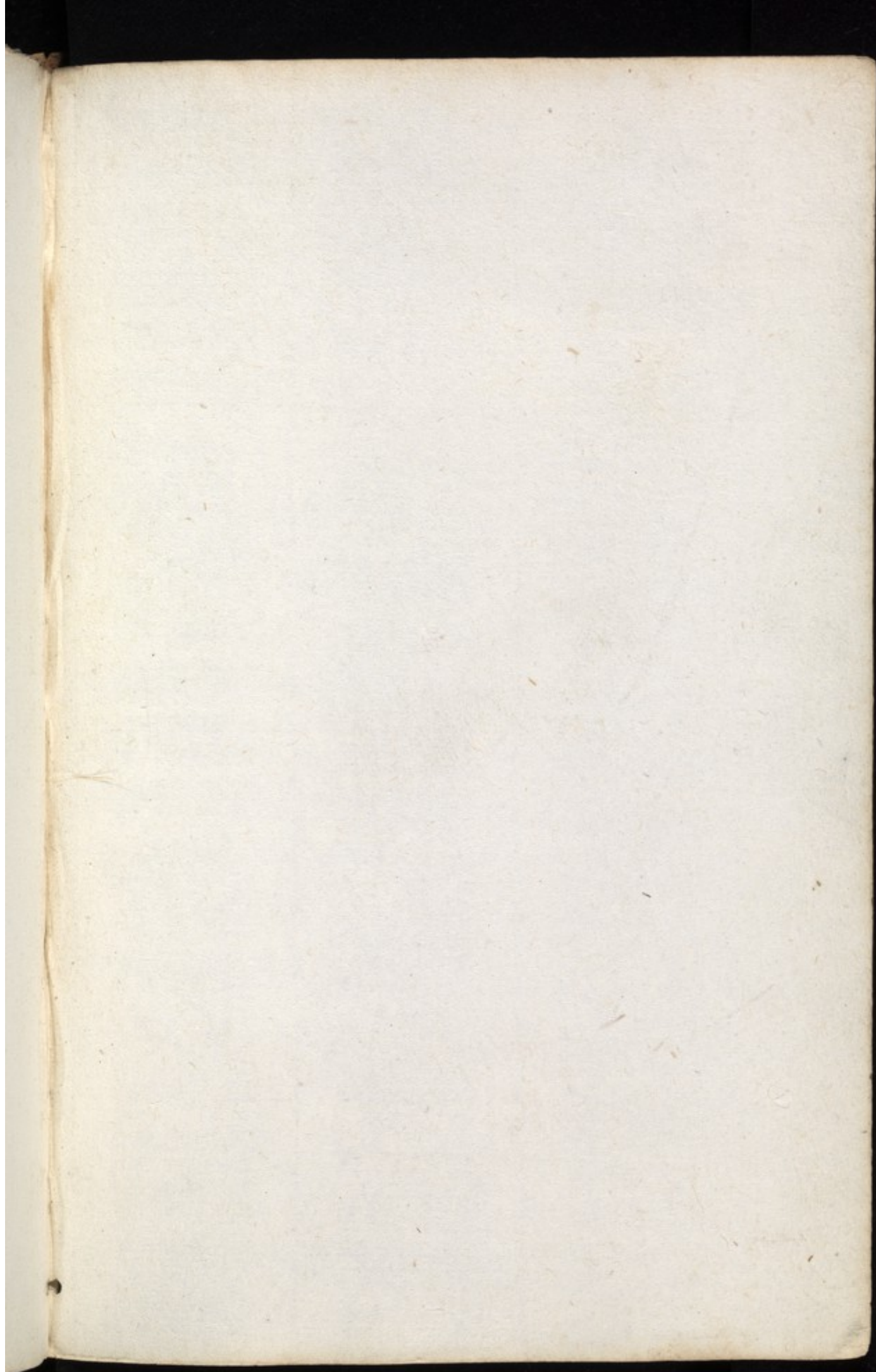
To make Balls of Licorish.

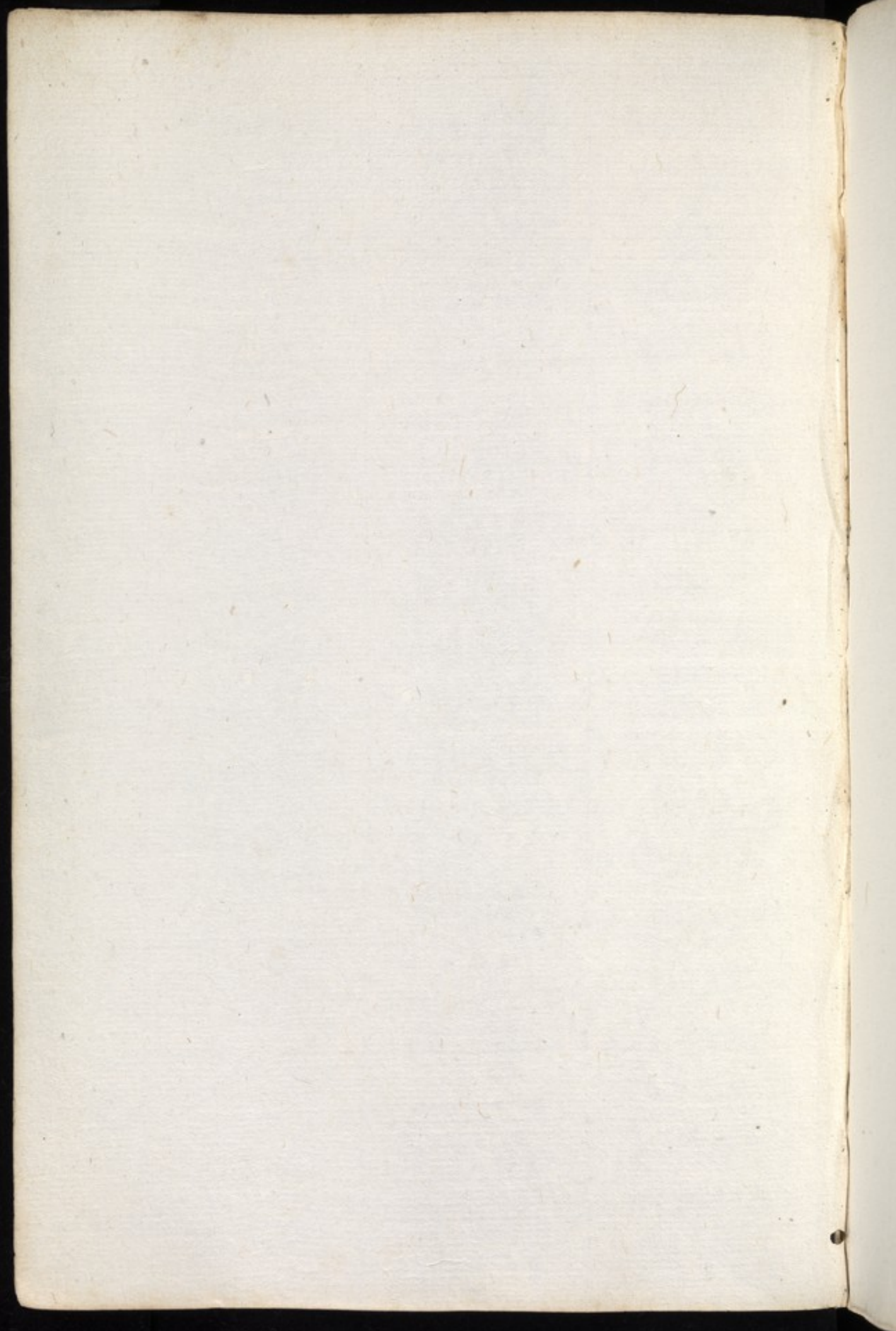
Take vij handfulls of vnscor lise
wth viij handf. of folesfoote. Stamp y^e vng
small, y^e straynd out as much iuried as
yo^e can, y^e take ij handf. of of smare
flower, bruise y^e m^e & put y^e m^e to y^e iuried
wth a quat. of faire wat. y^e m^e take halfe
all of y^e best English saicorise, finely
searst, y^e m^e put it together wth y^e rest &
boile y^e m^e till it begins to be thick, y^e
straine it, & put it into a cleane skitt
& put to it halfe a lb. of browne suger
candy finely searst. y^e m^e put it on
y^e fire againe & boile it till it
begins to be thick, then take it of
y^e fire againe, & beat it till it wth
stiff, y^e m^e put it on y^e fire untill it
be thick y^e m^e take it of y^e fire & beat
it till it be almost cold. then role
it vp in lute bally as fast as yo^e
can, yo^e must haue good store of
holpe or else it will lose its color.

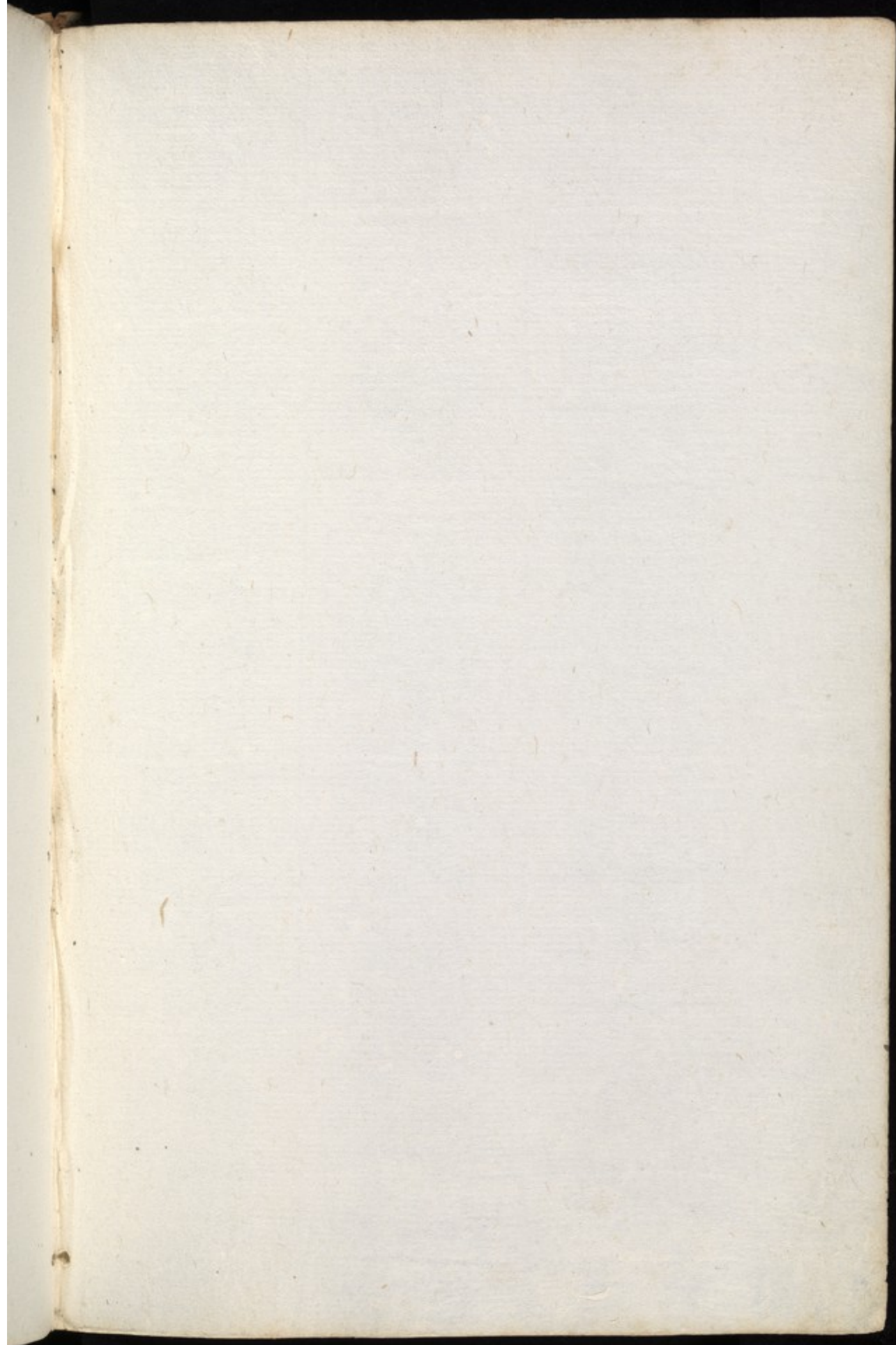


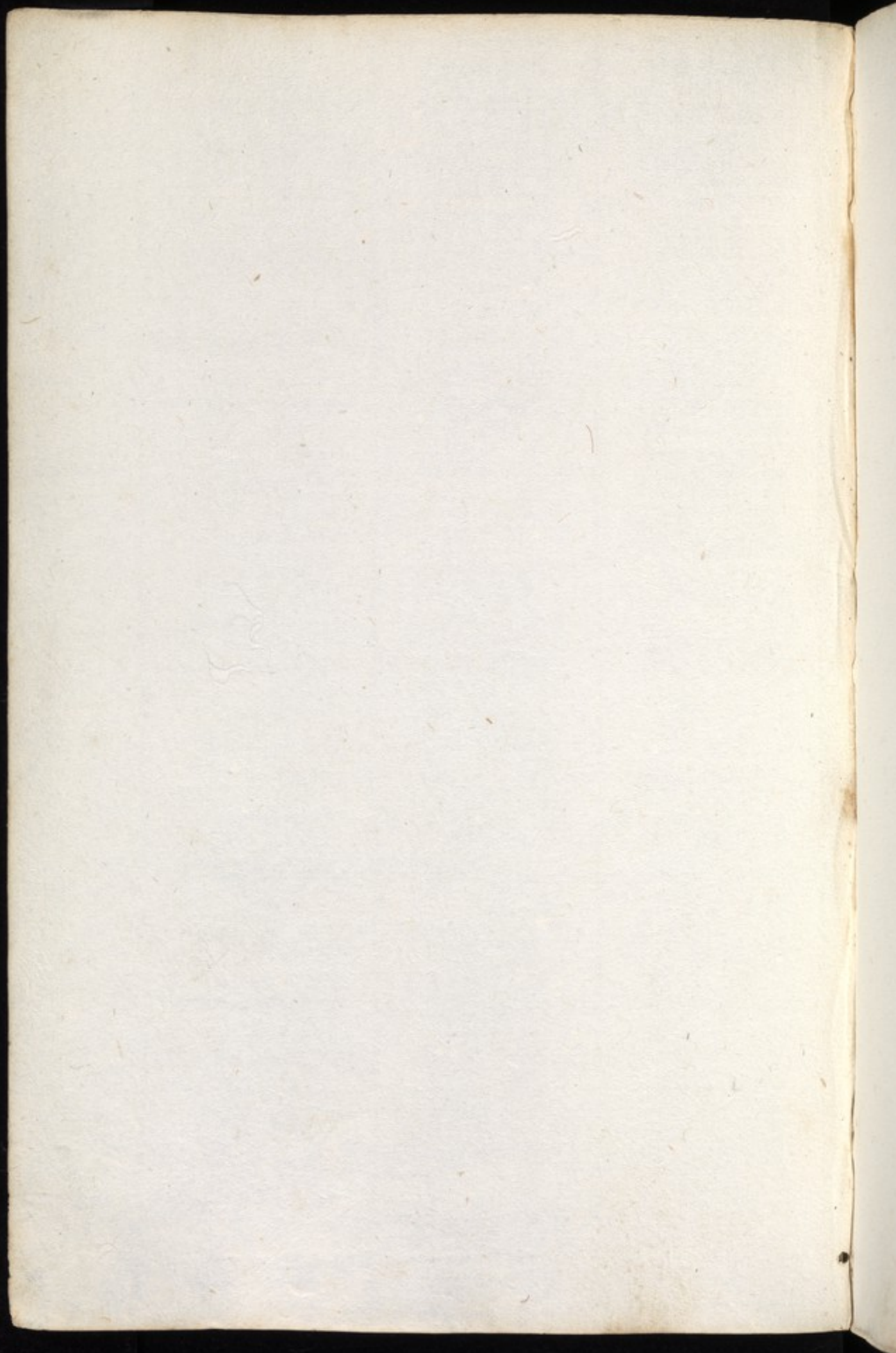


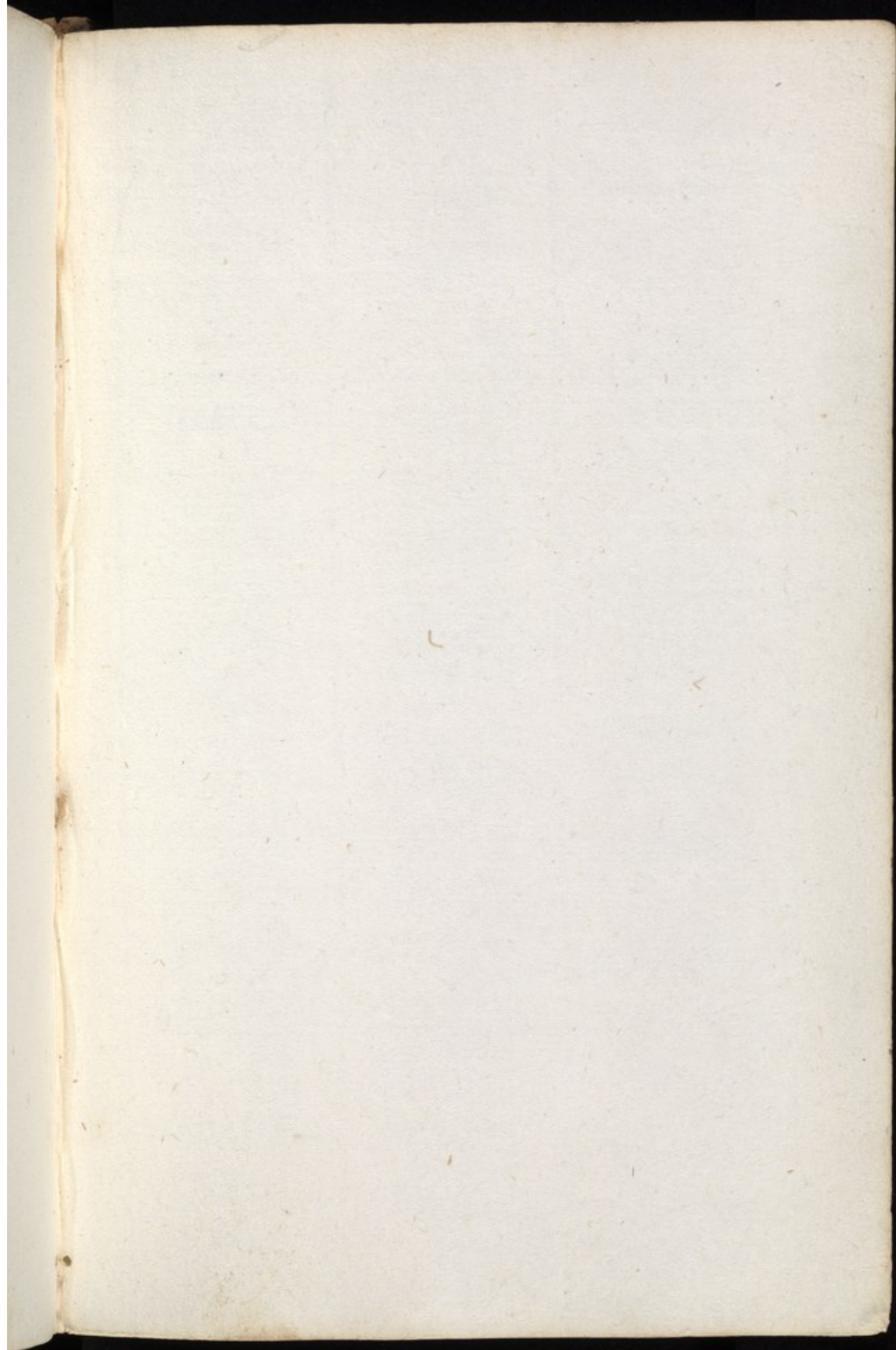


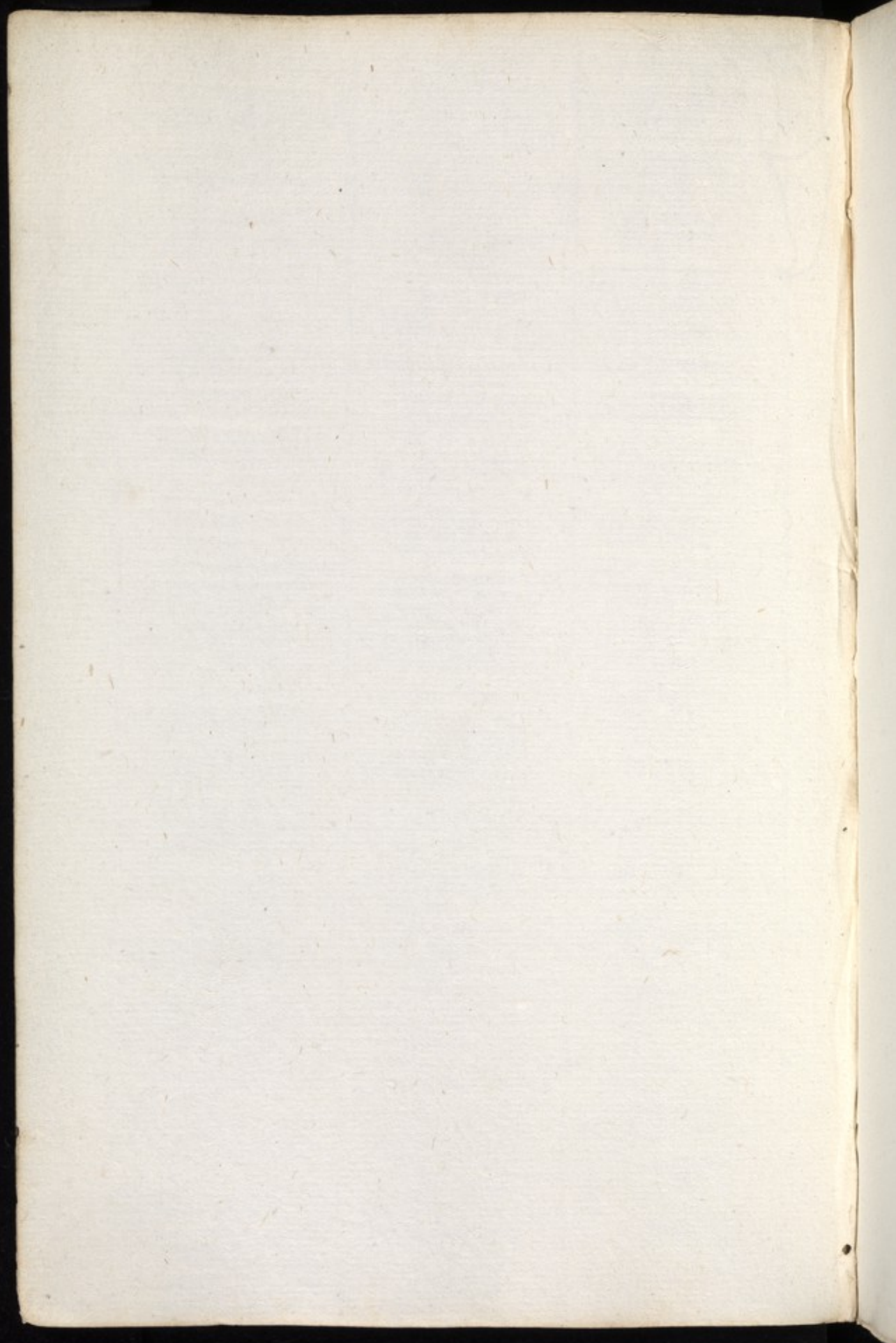


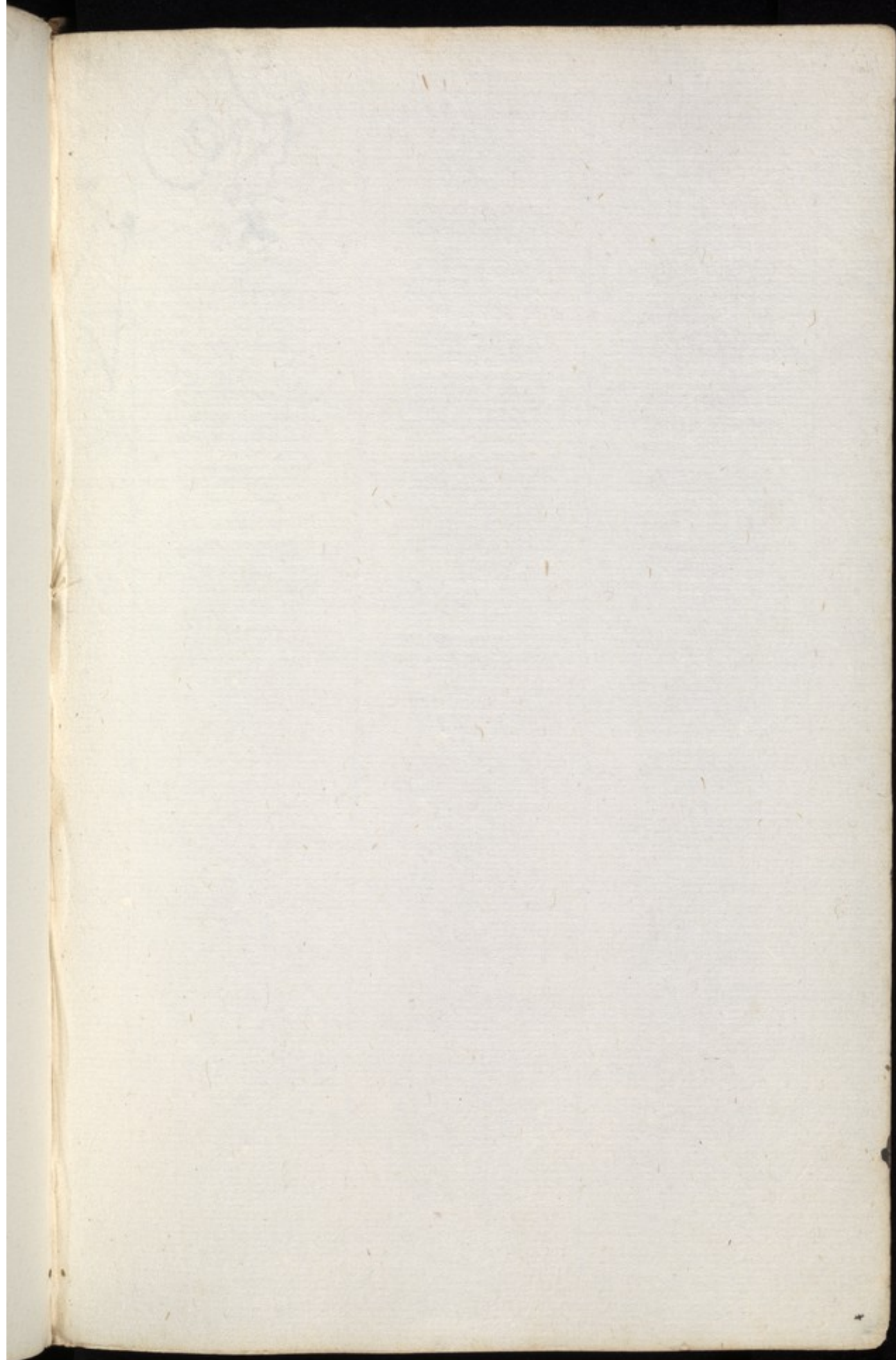


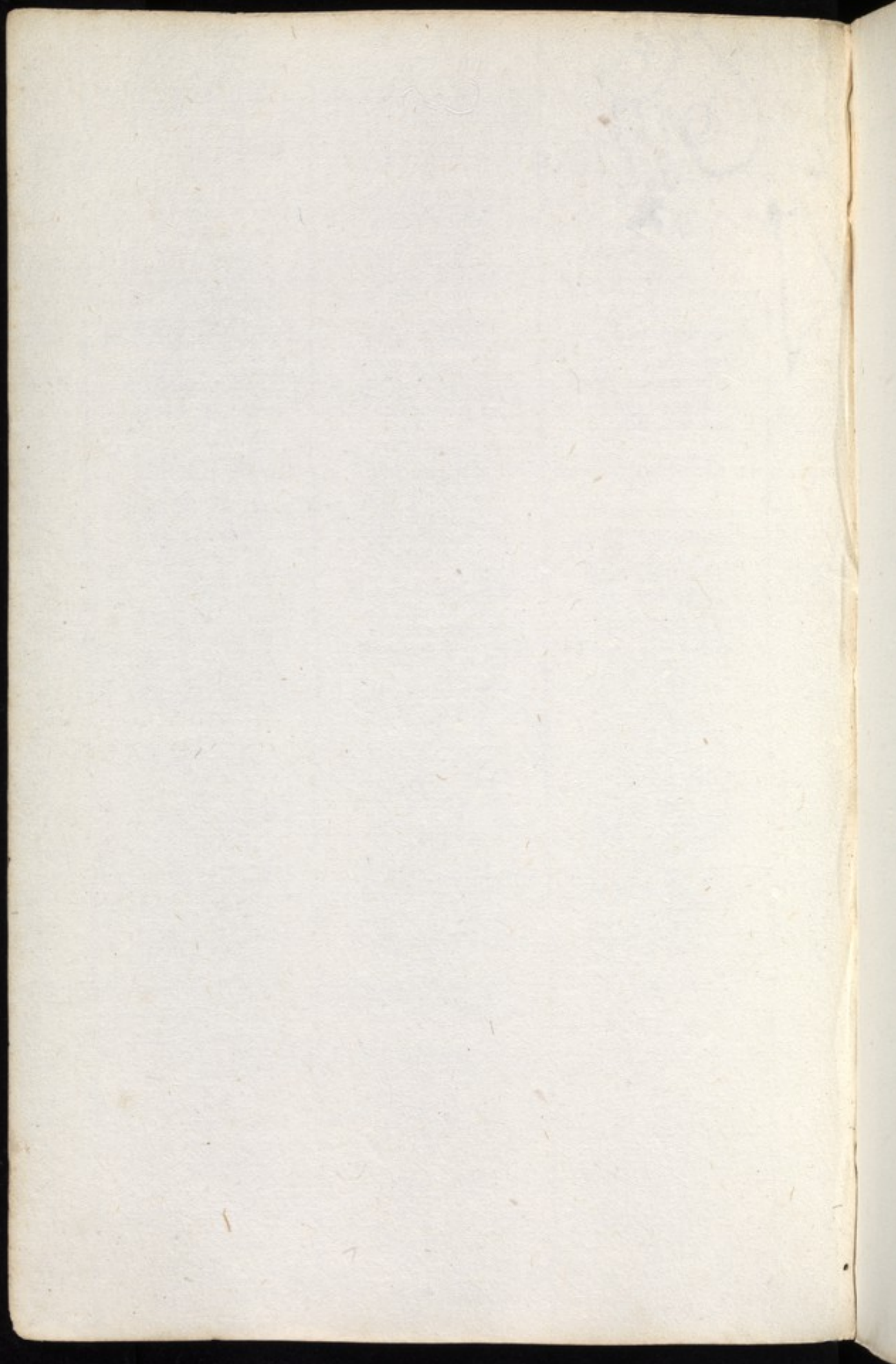


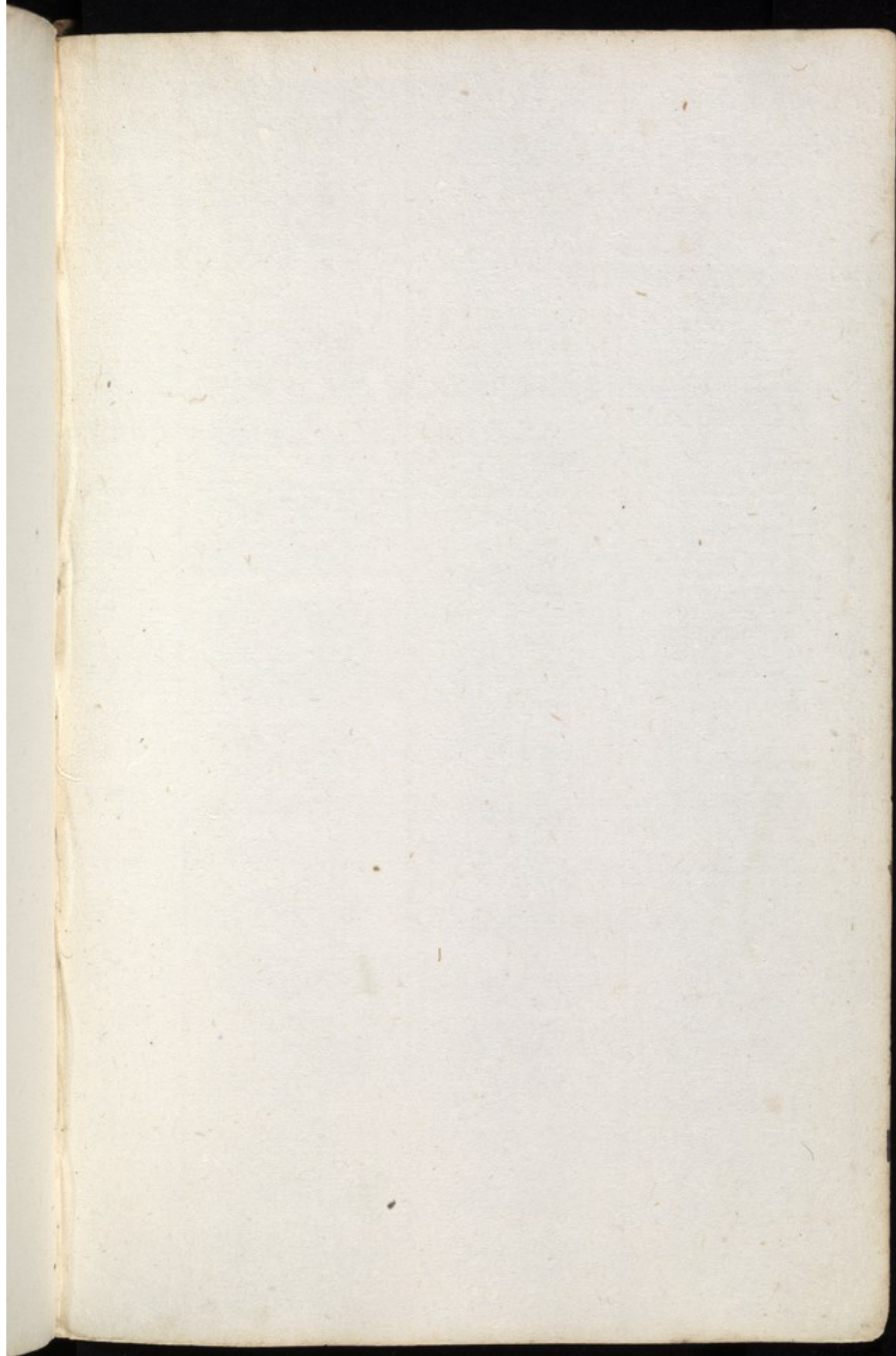












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for to kill y^e Morpheu inwardly.
Take of y^e Hartshorn L. aud. y^e Tong.
y^e grow neere y^e Rootes. stalks & boild
y^e in a pott of white wine, so drin
& brost Mor & euend first & last.
for dissolue in y^e Mouth. to make y^e
tongue white. y^e Gumme faire & to
make a sweete Breath.

Take Salq. lme, rock Allum & Brim
ston. of each iij. is oz. of Borax. y^e oz of
perlt ground to poude. y^e oz of Carrall
ground to poude. A oz of y^e best distilled
vinegre, all thes being in poude. incorpo
rat y^e together in a steele Mort. wth y^e
y^e said vinegre. y^e put y^e whole mat
soe incorporated into a glass Limb
rek fitted wth a head. & a reserued: w^{ch}
must be both luted togid. close. soe y^e
noe airc com forth. at y^e first put to
it a safe fire. & by degrees increase it
so distill it till noe more moist. will co
loure & in y^e reserued. y^e shall haue a wat
like Milke, but by stand. it will be chier.
use it. & it heales all sores discaise of y^e
Mouth.

To chine a sore Mouth.
Take a quod of faire wat. 2 or 3 spoon^s
of vinegre, a handfull of woodbines, halfe
a handfull of Sage, a good quant^y of Ho-
ney: all w^h must be sod to a pint, so wash
y^or Mouth therwth.

for y^e same

Take y^e juic of Sorrell & warmd it
wth a litt^{le} woodbine wat. wherwth gargle
y^or Mouth: it cooleth & healeth. Likewise
wash y^or Mow. wth vergis & sugr. mixt.

for a Canker in y^e Mouth.

Take woodbine Leauy, Iron & sug^r
of each a litt^{le}. 2 or 3 toppes of Rosemar^y
1 spoon^{ful} of honey, put all thes in a quod
of whitewind, & sett y^e w^h toget^{her}
when they boile put in a good peeces
of rock Allum when it is sod sett it a
coling. y^e wash y^or Mow. wth therwth
it is also good for y^e toothach, for
straitnes in y^e throat, take woodrof
stamp it & straine it. so take it wth
Salv Al^d. for y^e same.

Take a pound of Eng^l honey & a quod

of wine & vinegar, a handfull of Rosma
topps. & as much red Sage, boile these
together till they come to be as thick
as a cake, soe use it wth heaty or pla
st. wiss.

To dry up milke in a
womans Bristle.

Take p^{er} winecke, dry it
in a p^{er}ut. dish on a chaf dish.
soe apply it as hot as yo^e can
for y^e Megrim in y^e head.

Take Camamile, vsruin, Bistony
& red rose leaves, of each a handfull
cut y^e small & put y^e into a qua: of
of strong Ale, so let y^e boile till half
be consumed, y^e take y^e yolles of 2
Eggs, mix y^e wth sum of yo^e sick: wth
a spoonfull of Cummin beat. & a pen
of Saffron, & one spoonfull of wine,
being well mixed toge^r. put y^e to
y^e Ale & herbs stir it well & let it
boile till y^e herbs be dry, soe put all
y^e substance into a bag made wth
double cloth, y^e Lumps of y^e forehead
laying it thereto as hot as yo^e can

it must be vij houre, removinge y^e
heat of it. dipping it in vinegar. this
Bagg will serve halfe a yere. y^e
may put a peece of sarfnet betw^e
y^e forehead & it.

for y^e same.

Take halfe an oz of pip: 3j-
nutmegs. a quart. of an oz of
grains, a quart of vinegar, 2 hand-
fulls of Rosemary. Boile all thys in
a platt on a Chafing dish. so hold
y^e head over it, & breathe y^e fume.

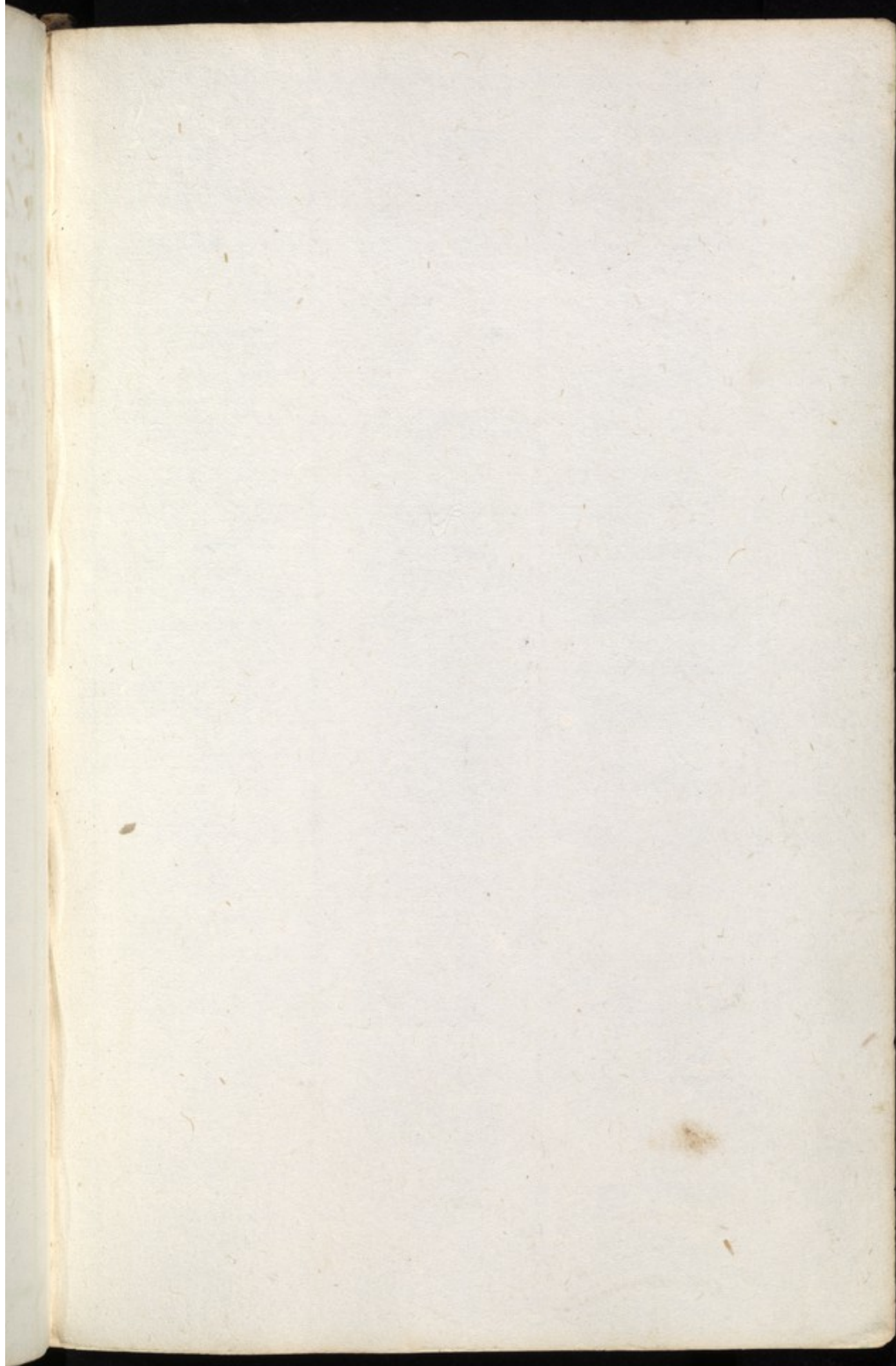
for Migr. Frensi, or paine in y^e head
Take Betony, Sage, Rosemary &
Camemile. Lay thys betwene 2 hot
tilos, sprinkle y^e wth vinegar. & lay y^e
y^e to y^e Nape of y^e necke hott as y^e
can soe use it 4. or 5. times.

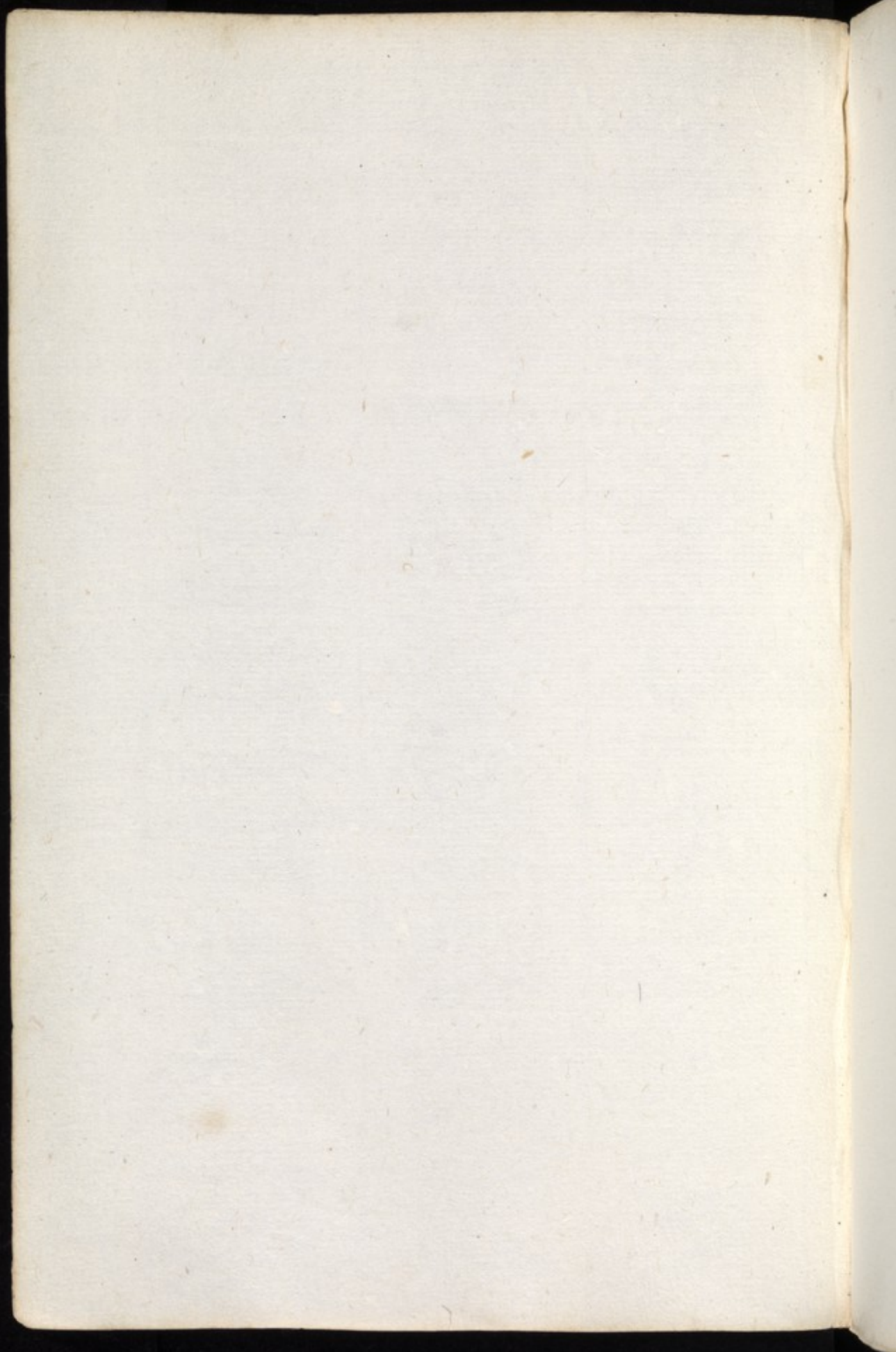
for y^e Migr. in y^e head.

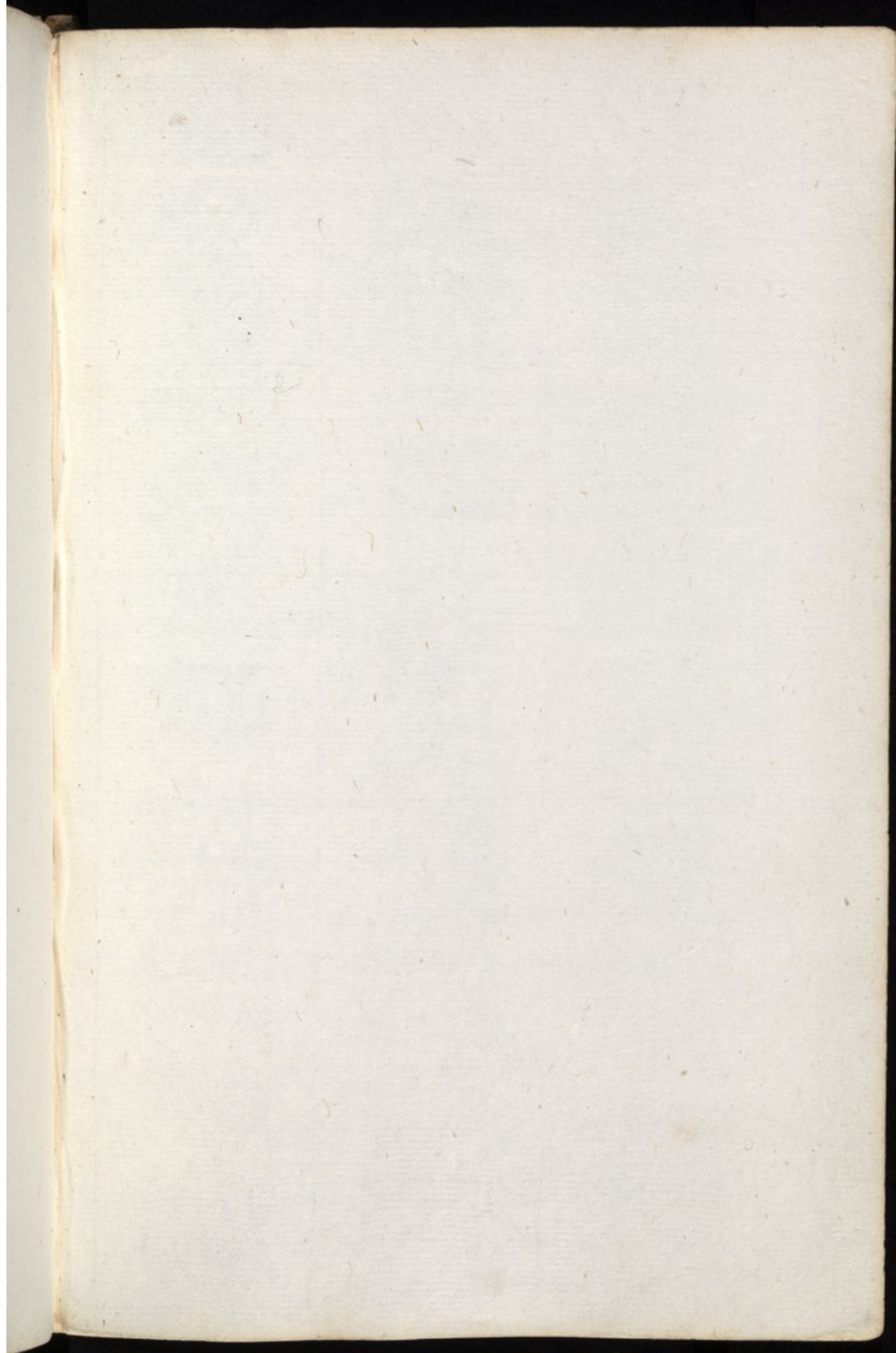
Take primrose Leaves, Marigolds
Leaves & ground Iuy leaves of each
a handfull; wash, & dry y^e in the sta-
mp y^e small; if it be for a Man take
3 spoonfulls of a wom^{ans} milke y^e that

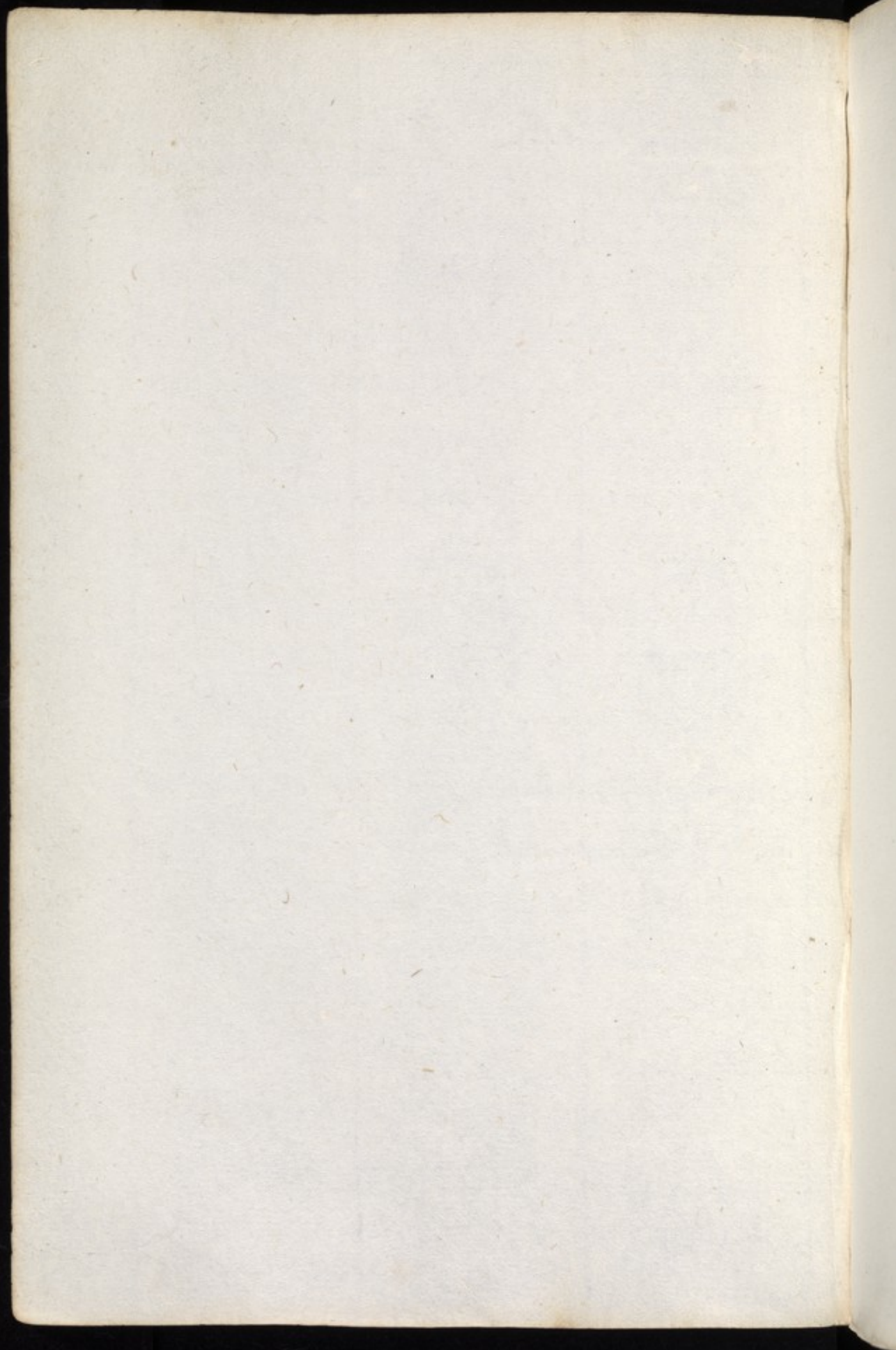
a fennel child, & for a wom: a Malb.
& put to y^e herbes: & y^e strained it
& lett y^e party ly y^eppro his back
soe pouture a small quant: out of
a pond / & drop into his nose. y^t
it may goe up into his head. so
lett him ly still a litt. soe lett
him rise & hold a small stick in
his mouth. & y^e rumo will iskead
out abundantly for use y^e 3 or
4 times at least.

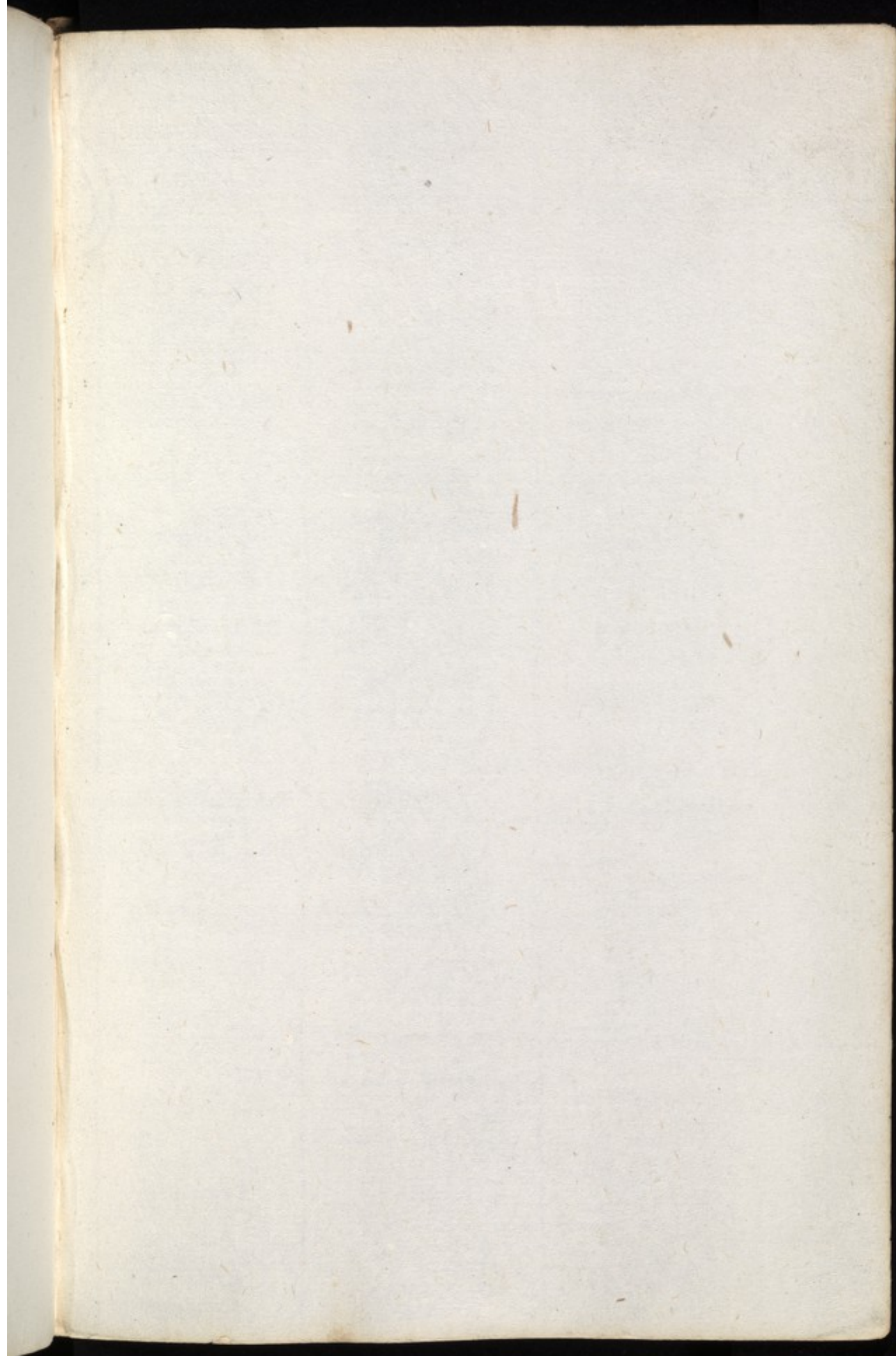
Handwritten text in a cursive script, likely from a 17th or 18th-century manuscript. The text is arranged in approximately 12 lines, though it is significantly faded and difficult to decipher. The ink is a light brown or tan color, and the paper shows signs of age and wear.

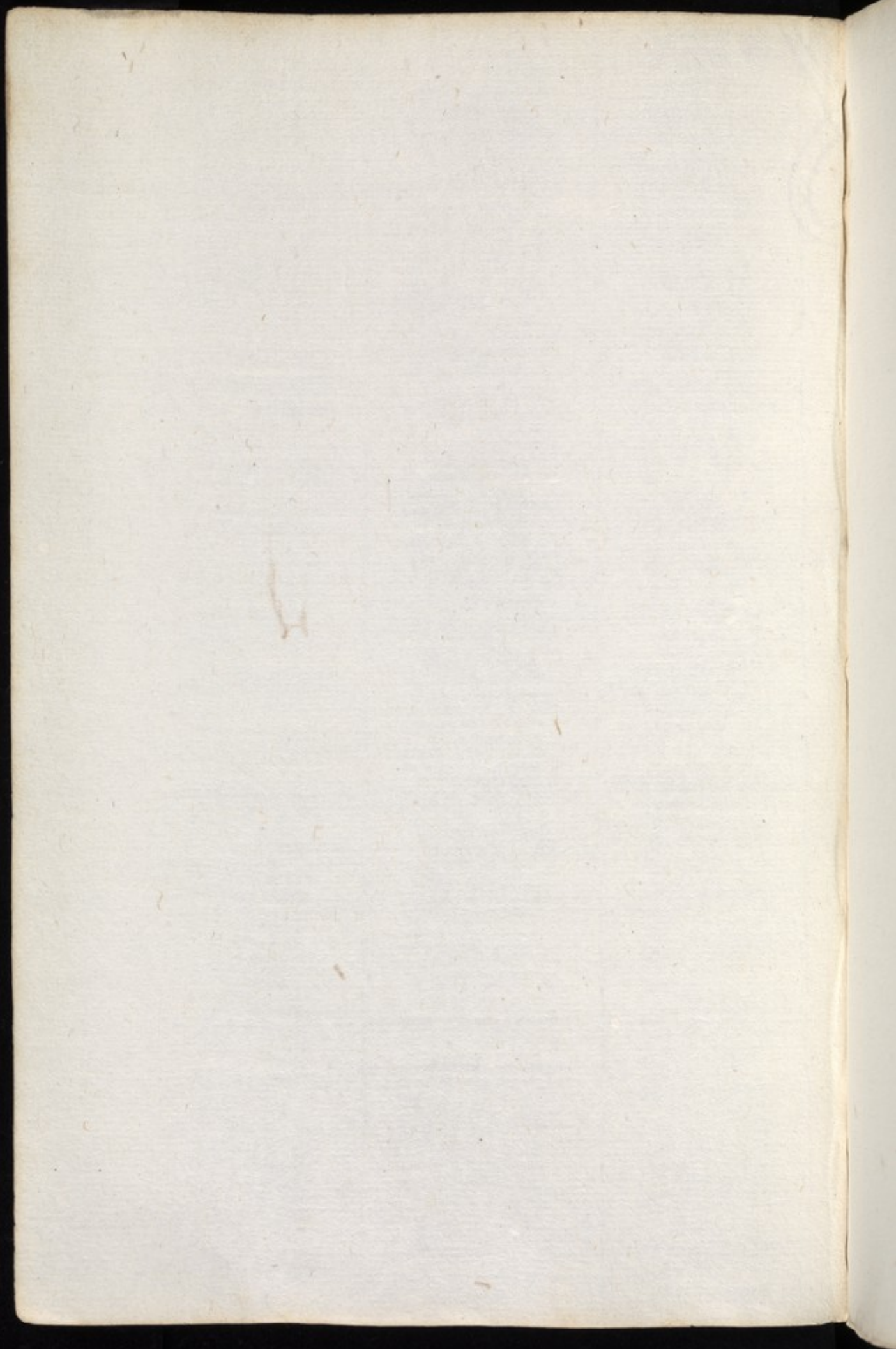


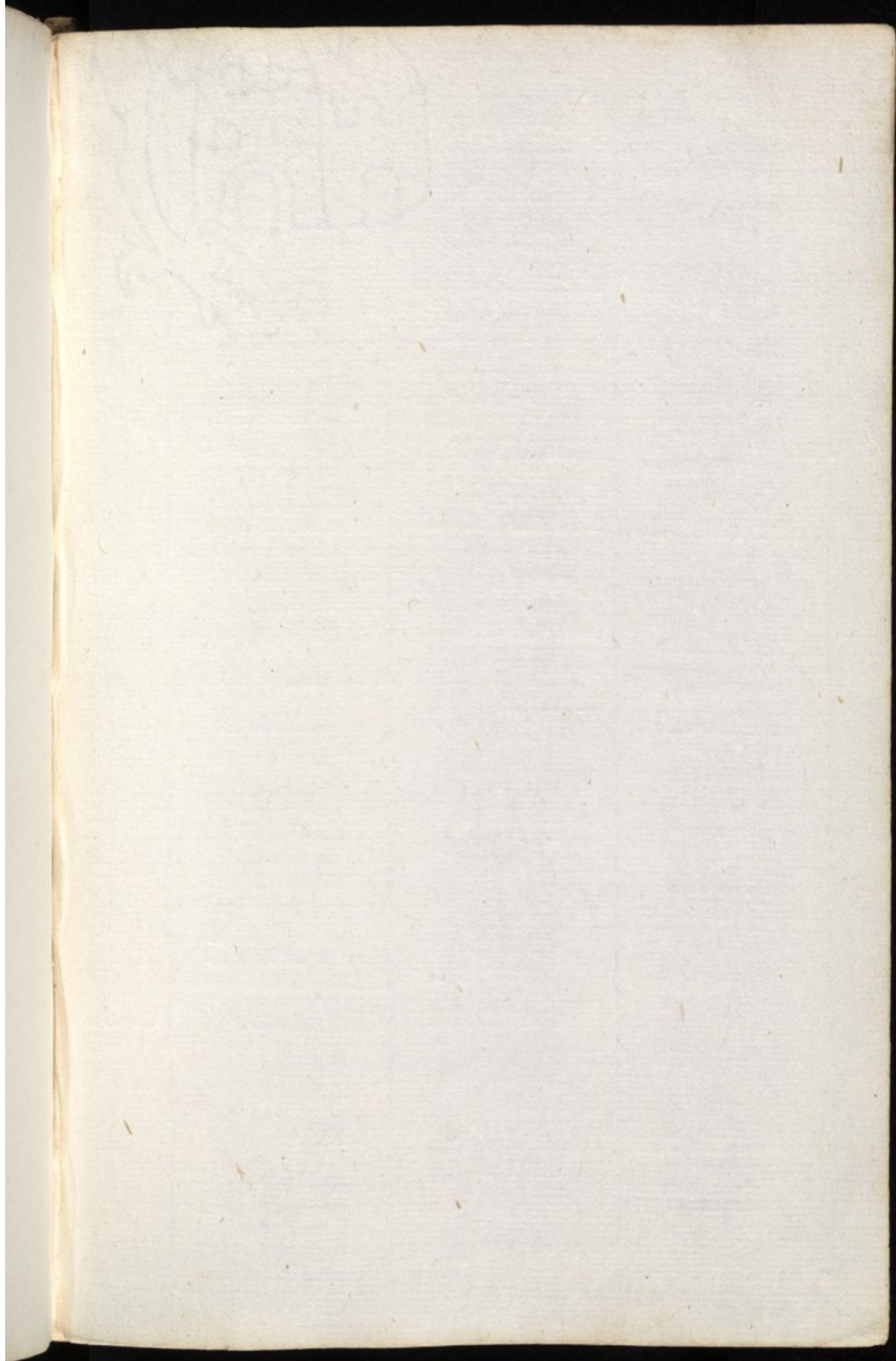


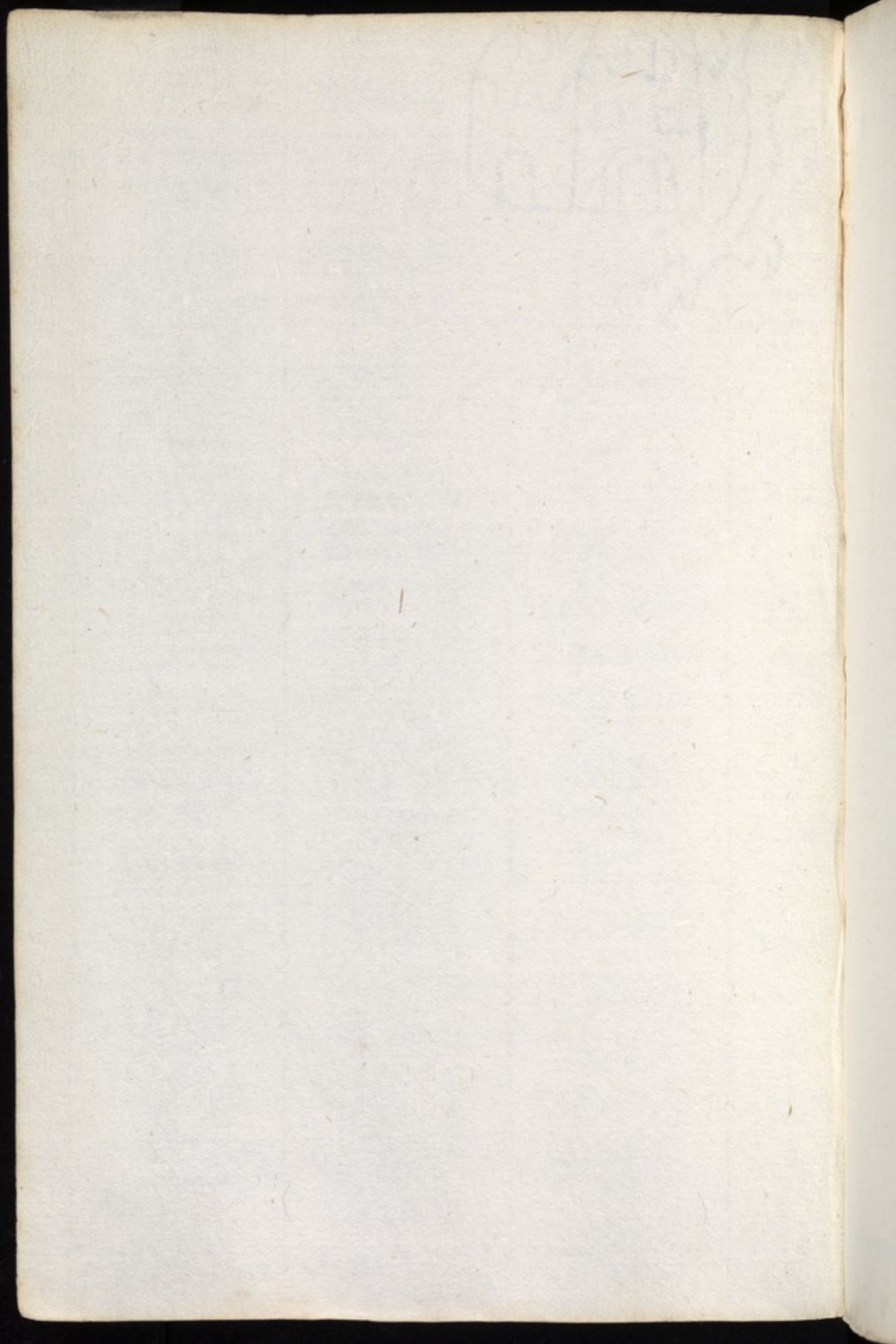


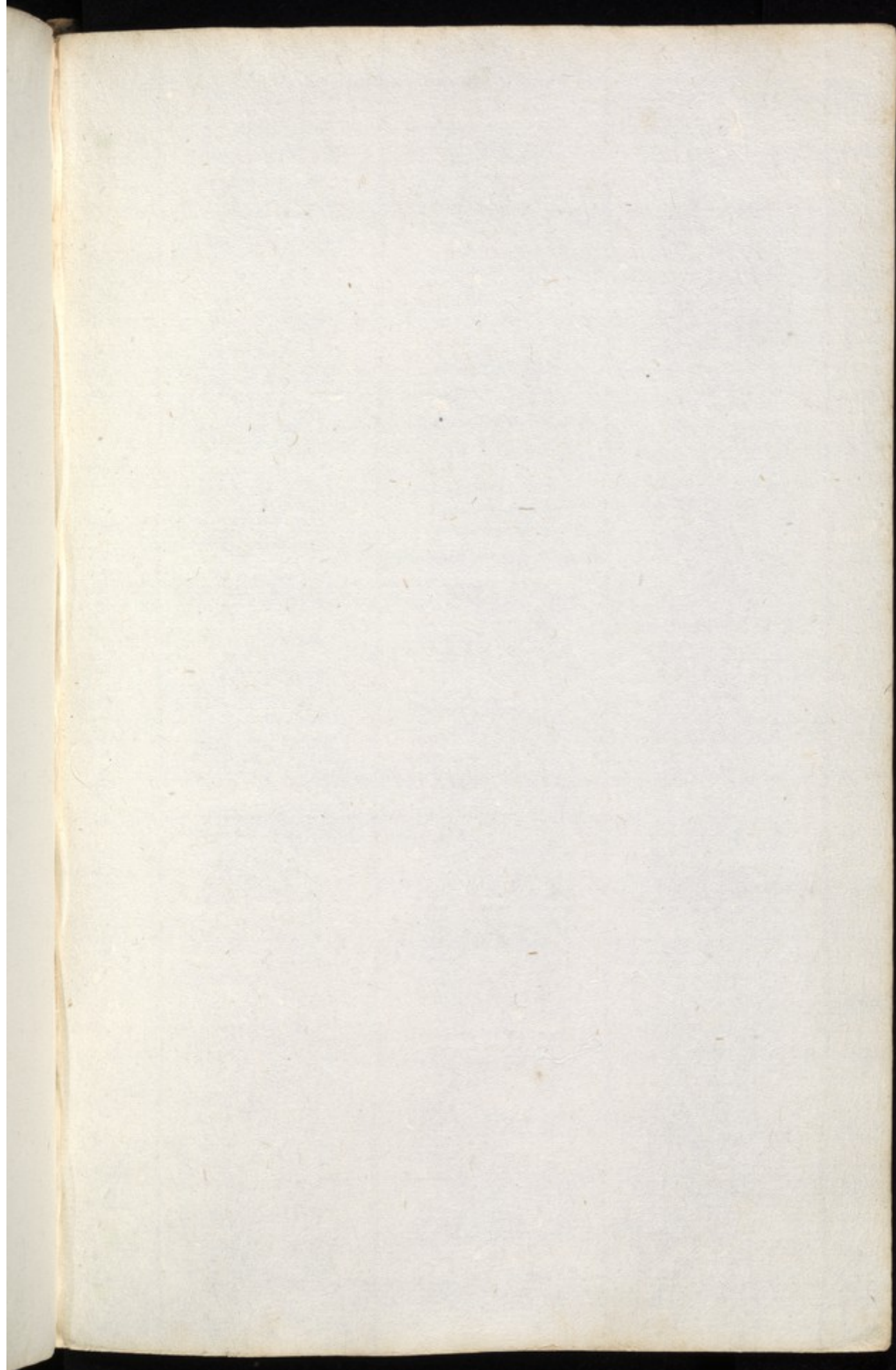


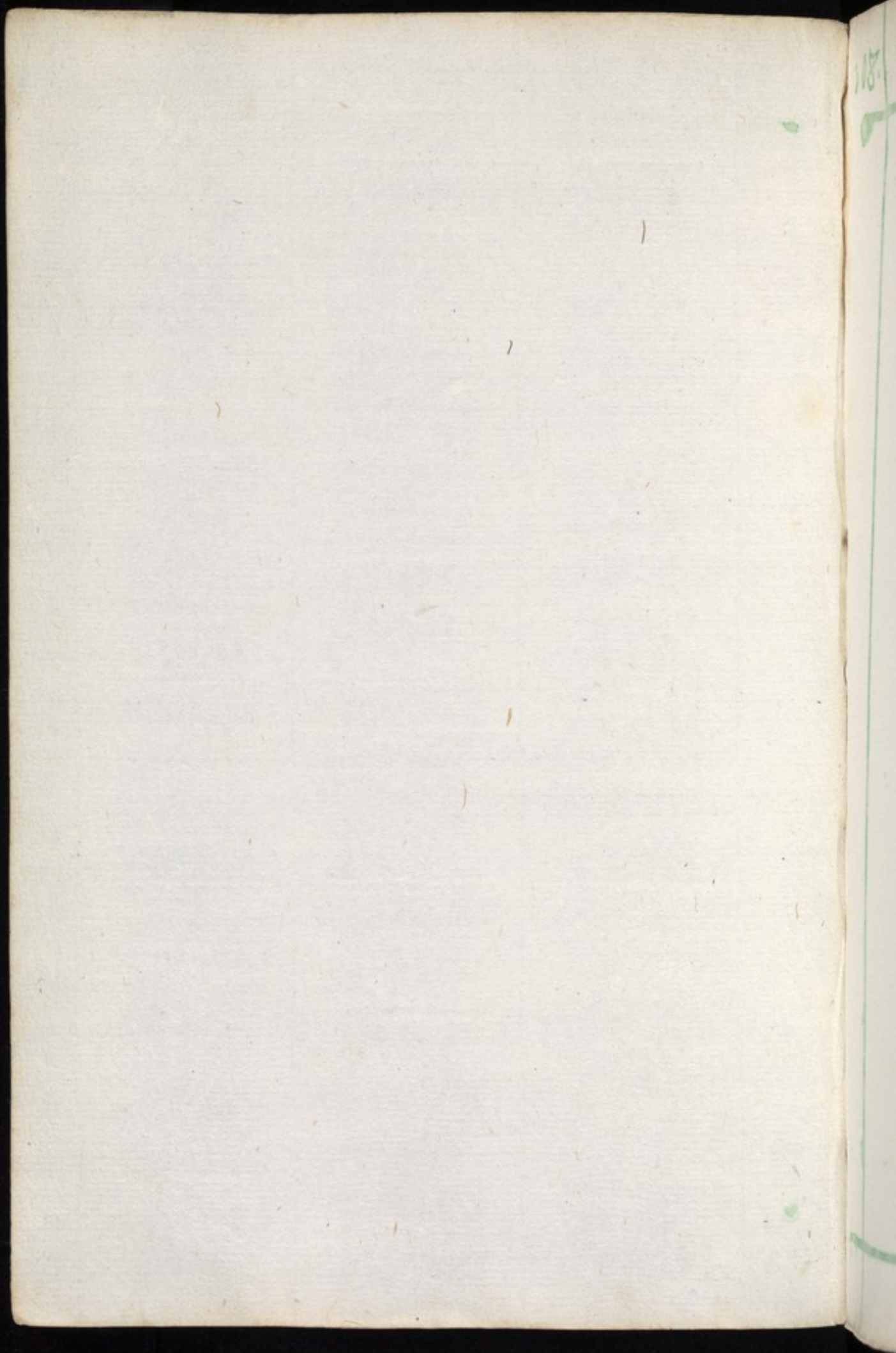






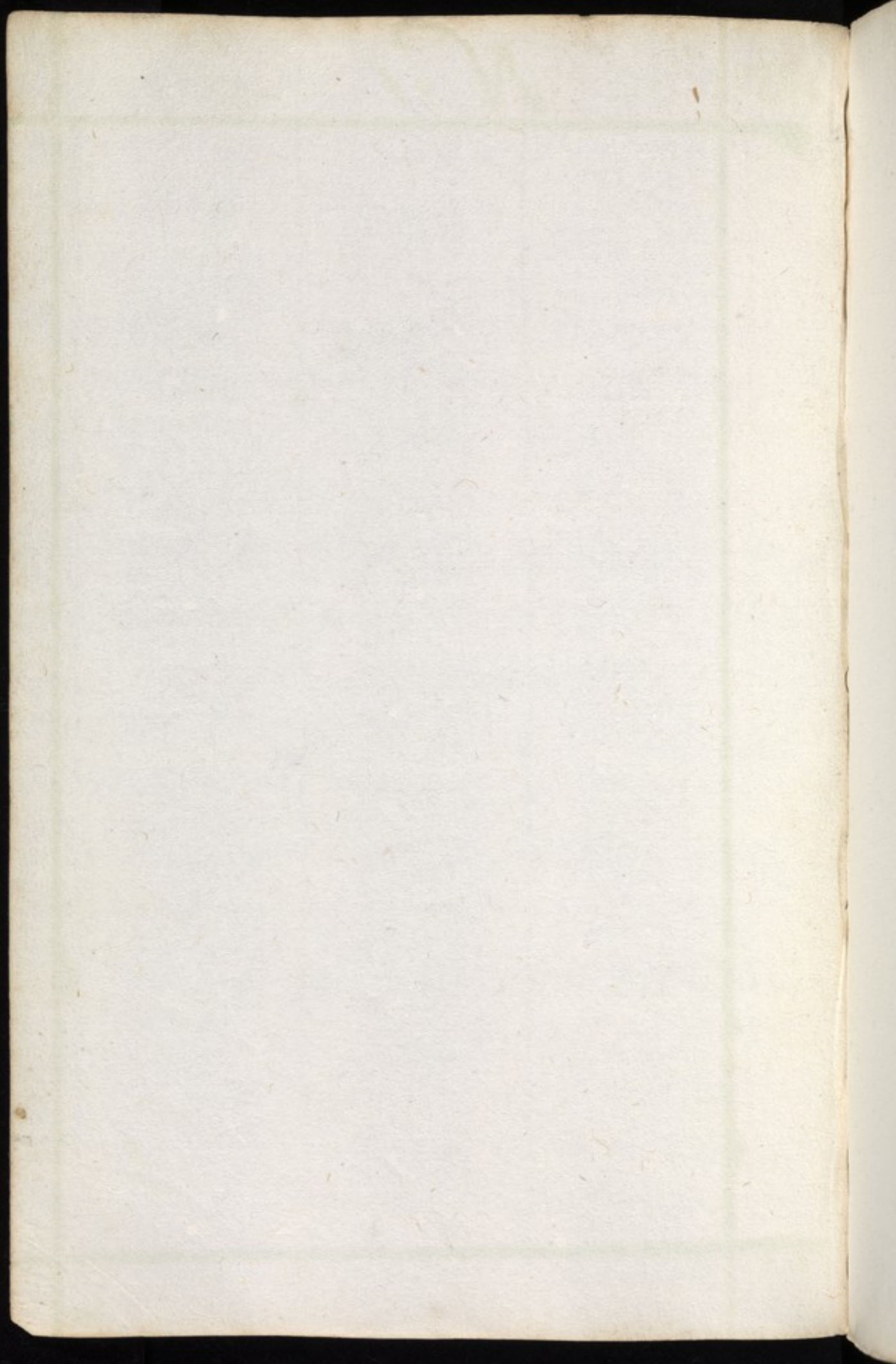


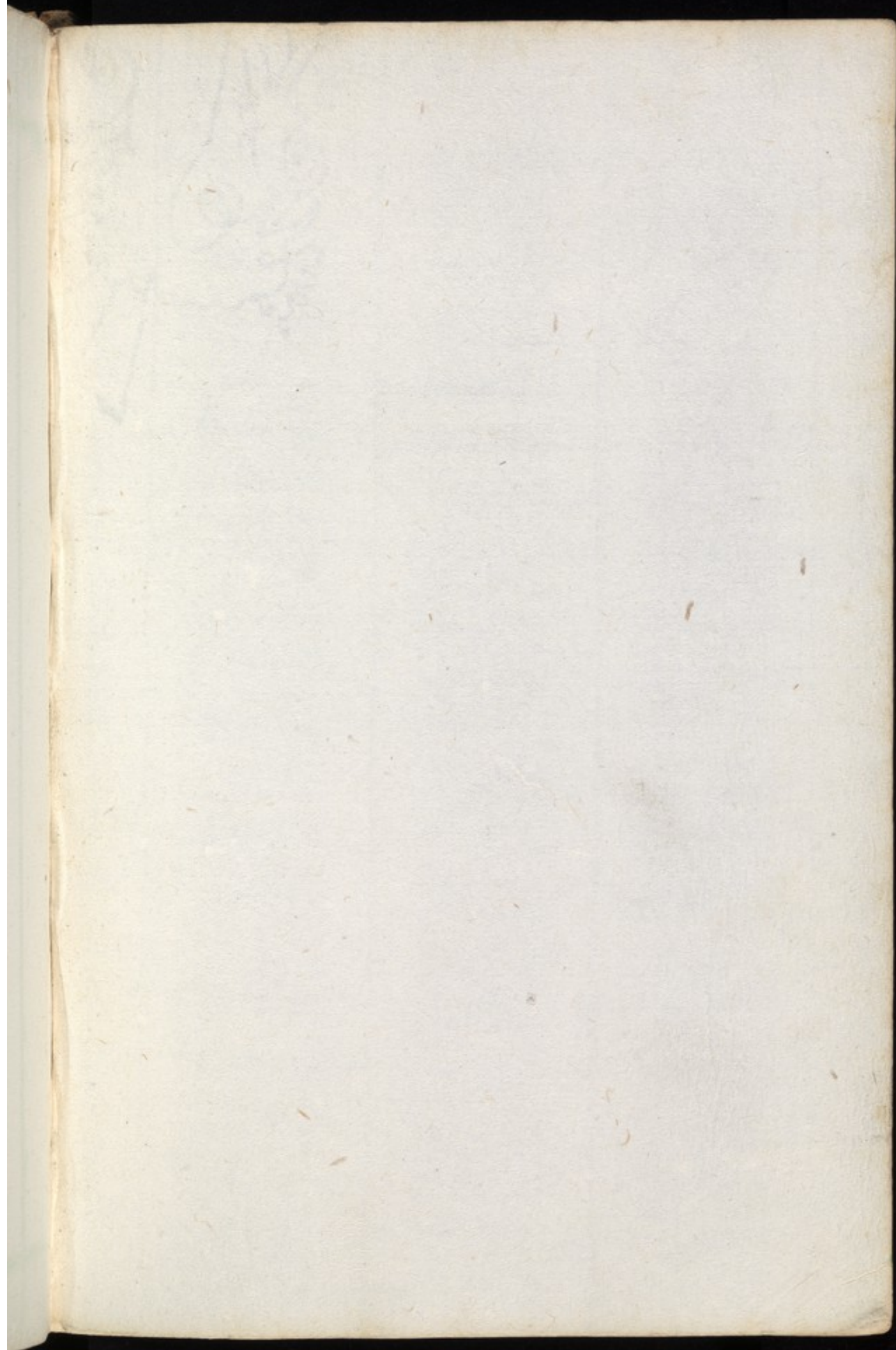


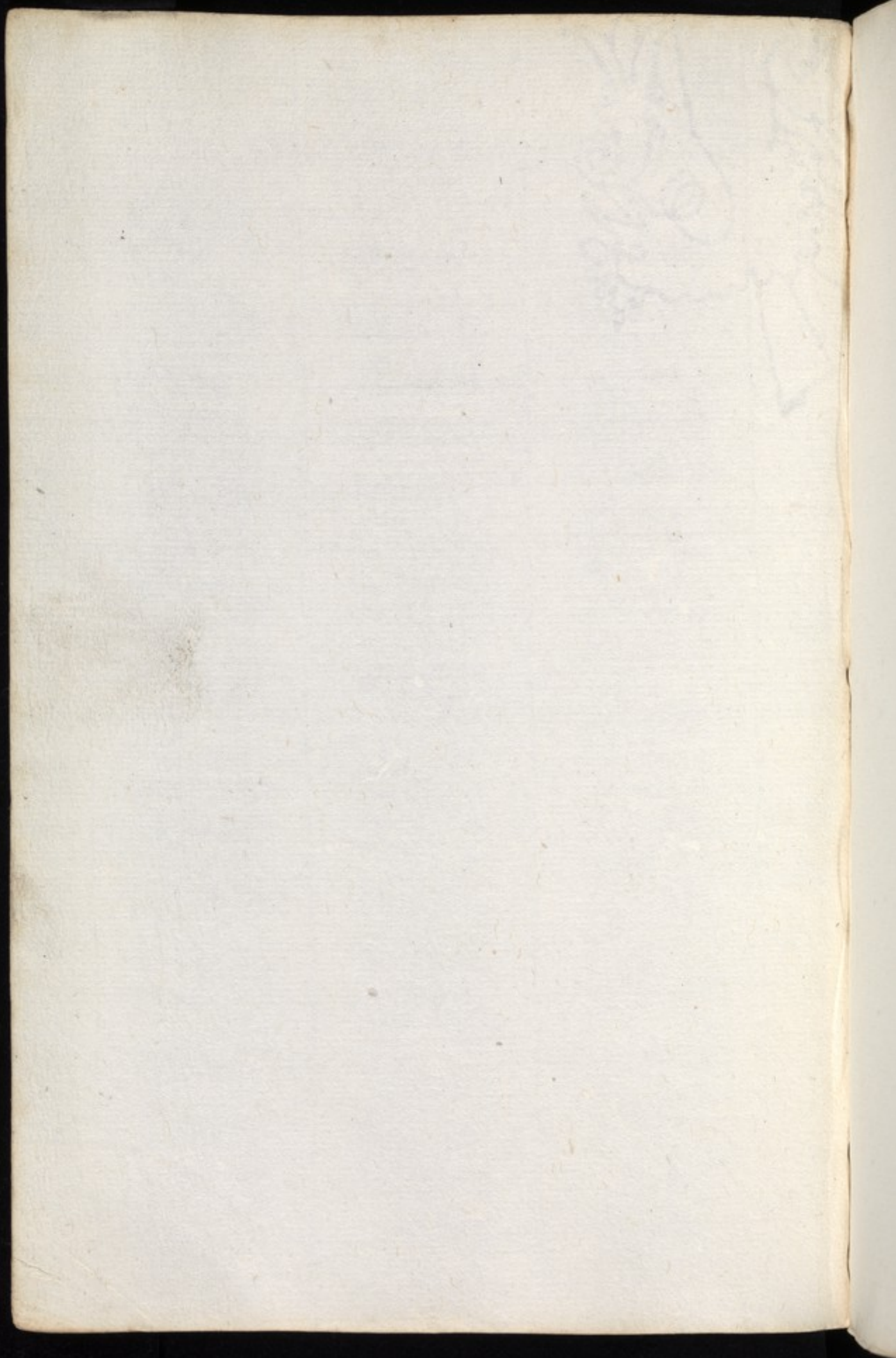


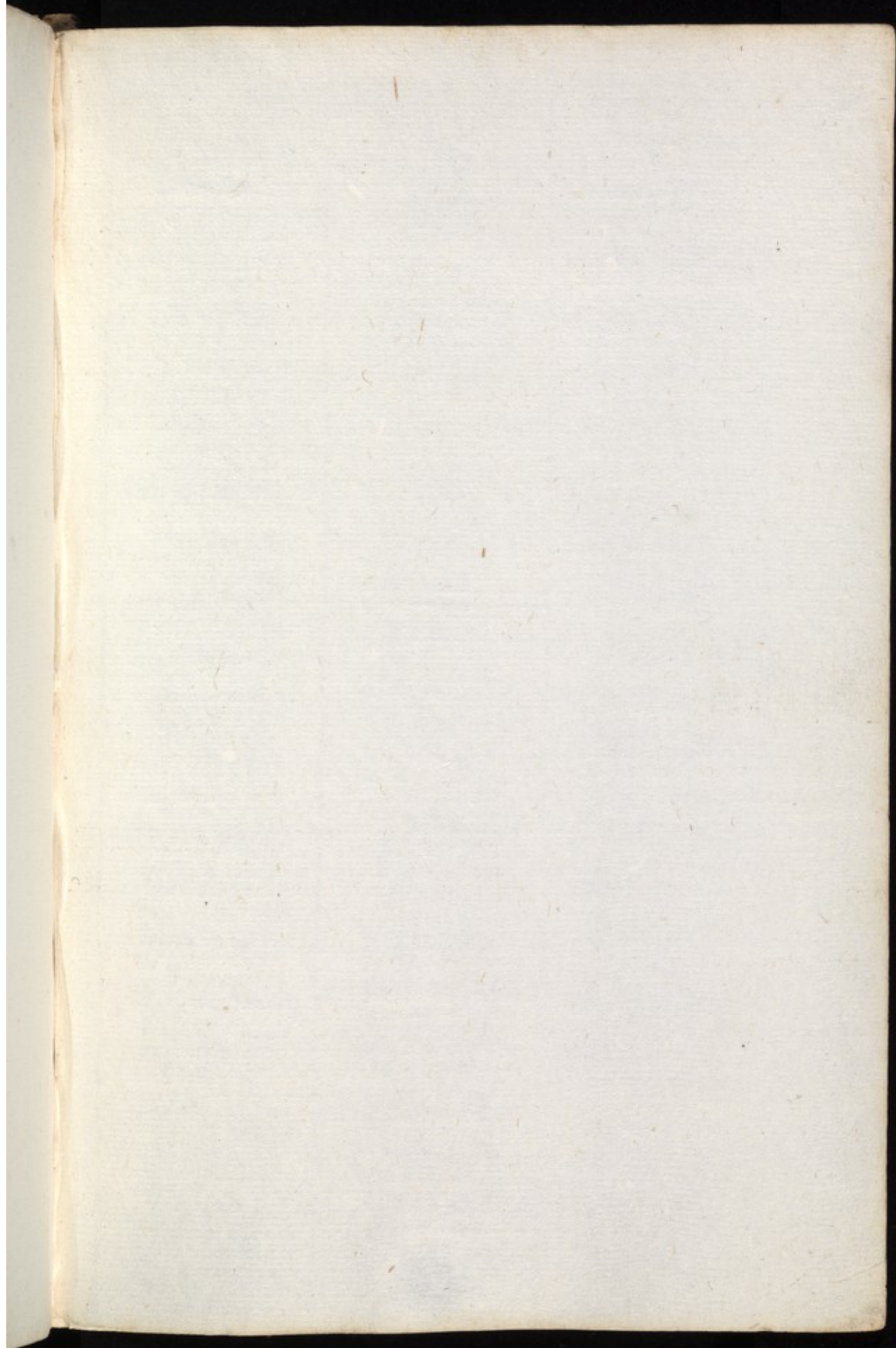
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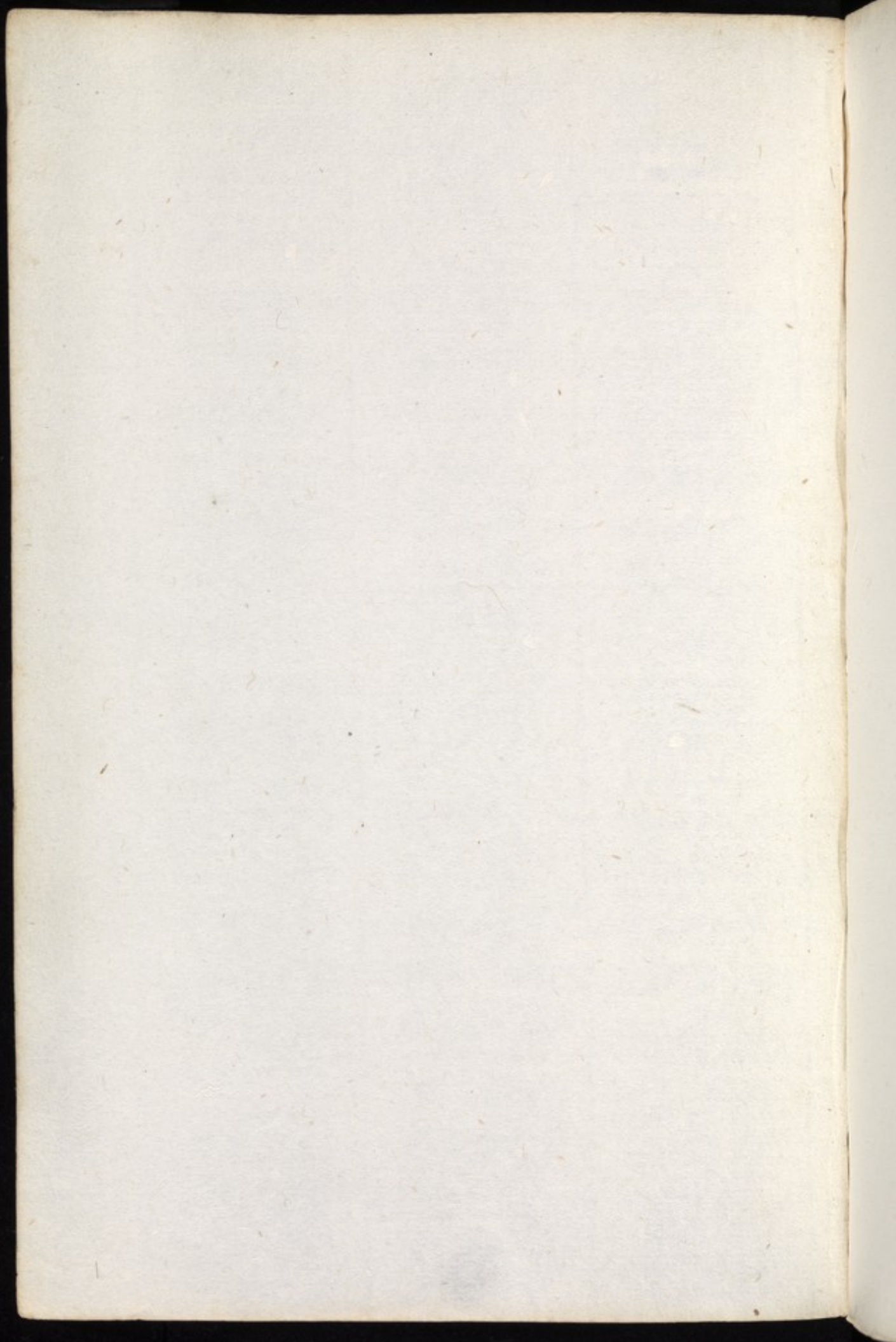
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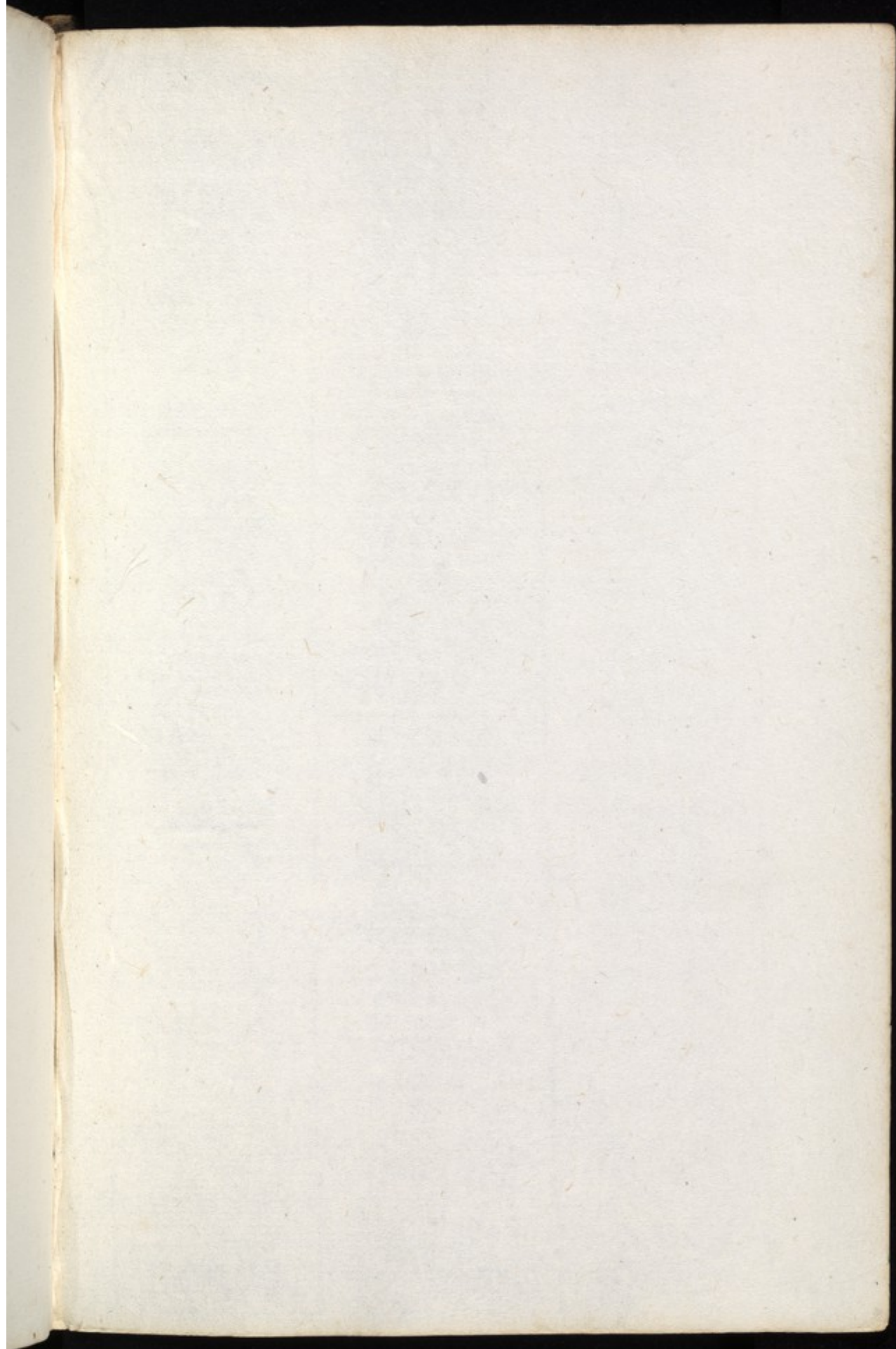


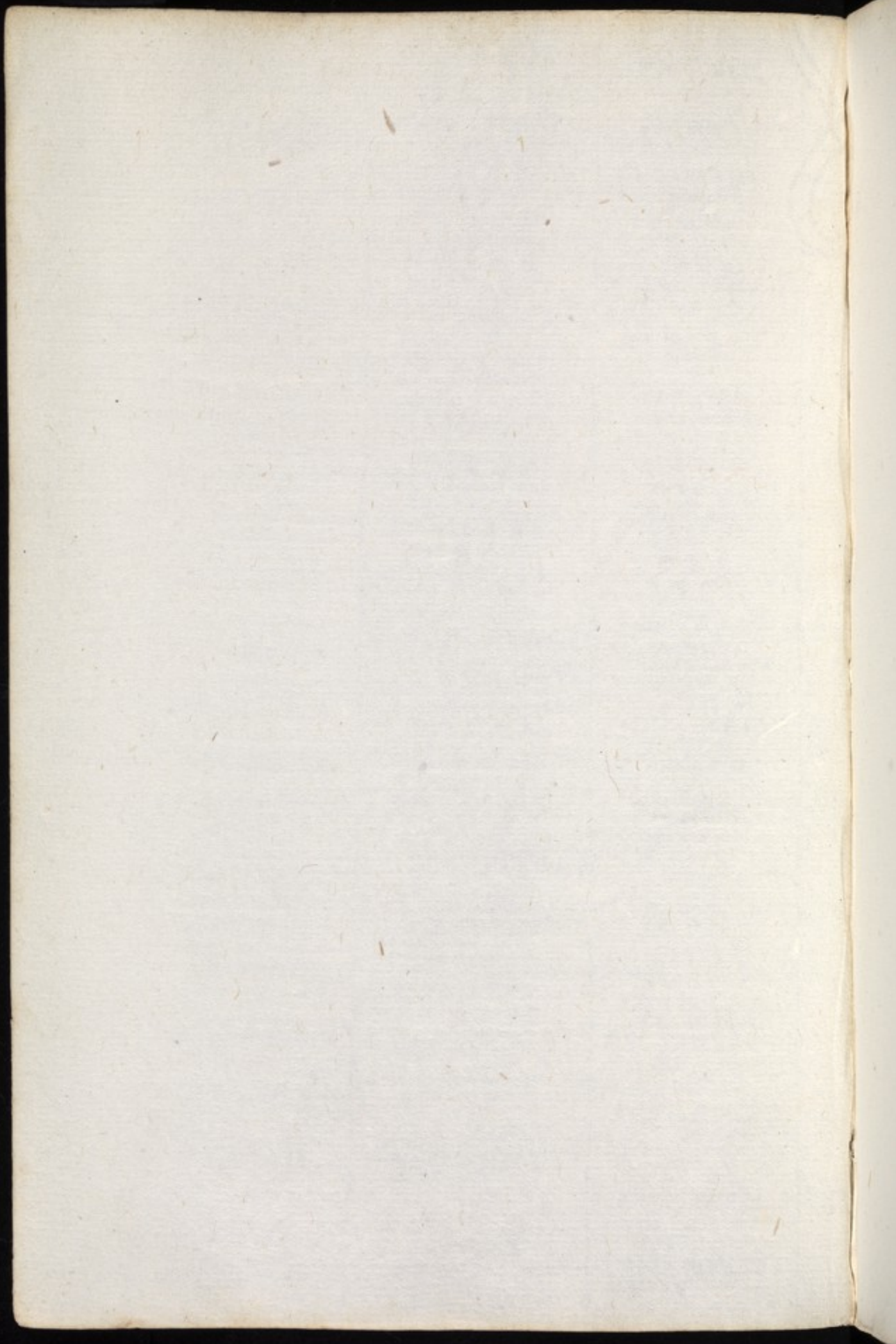


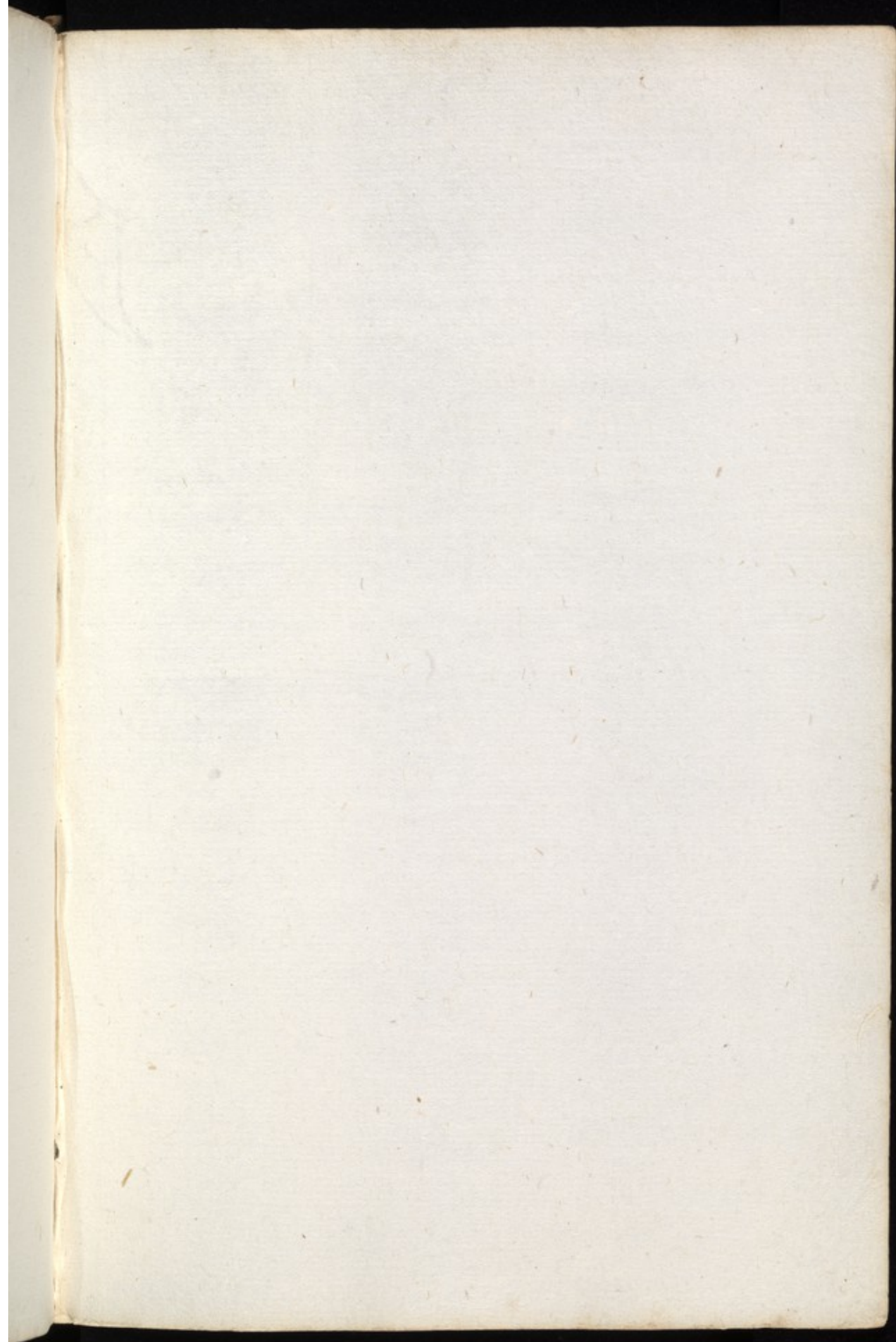


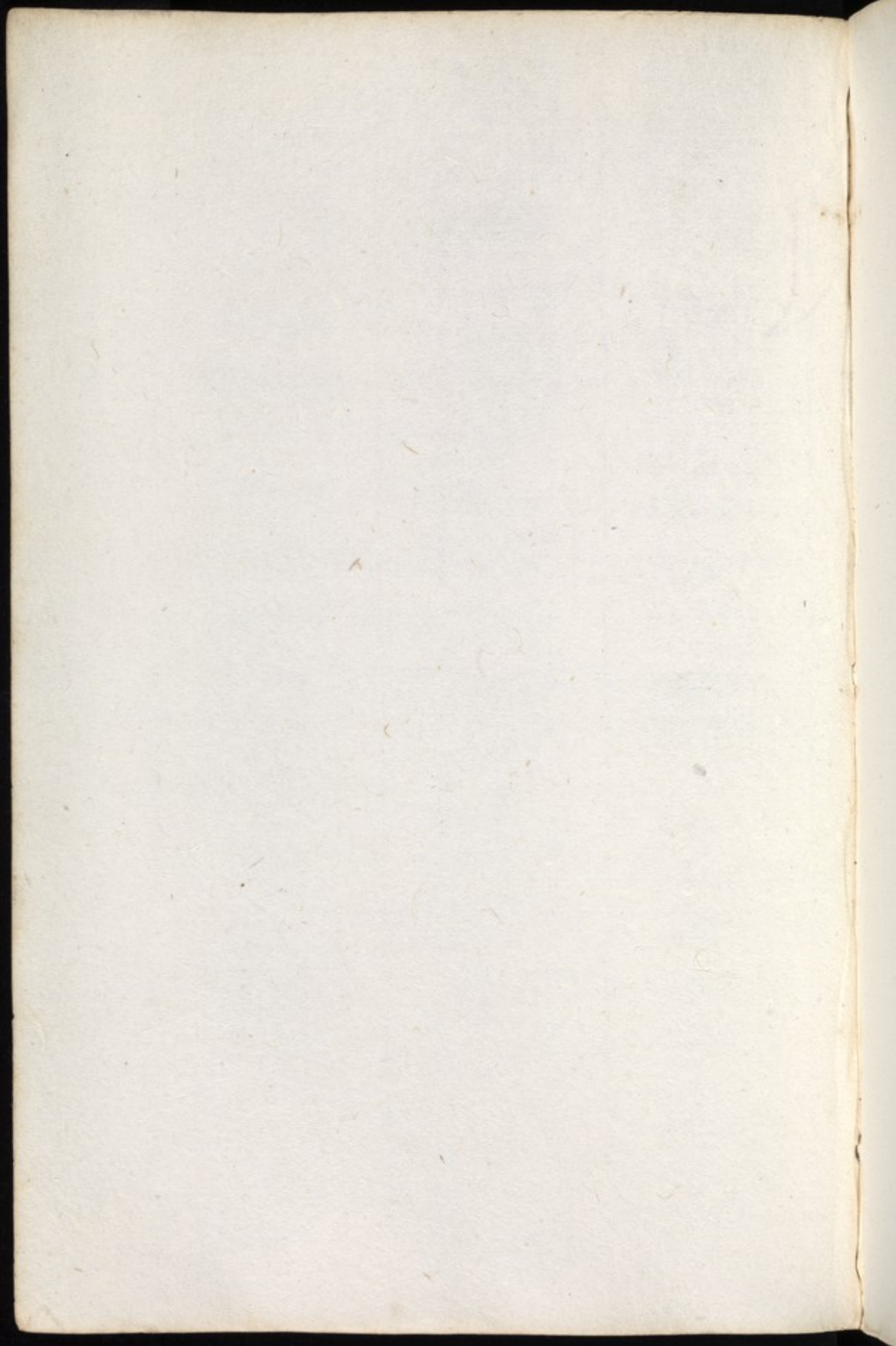


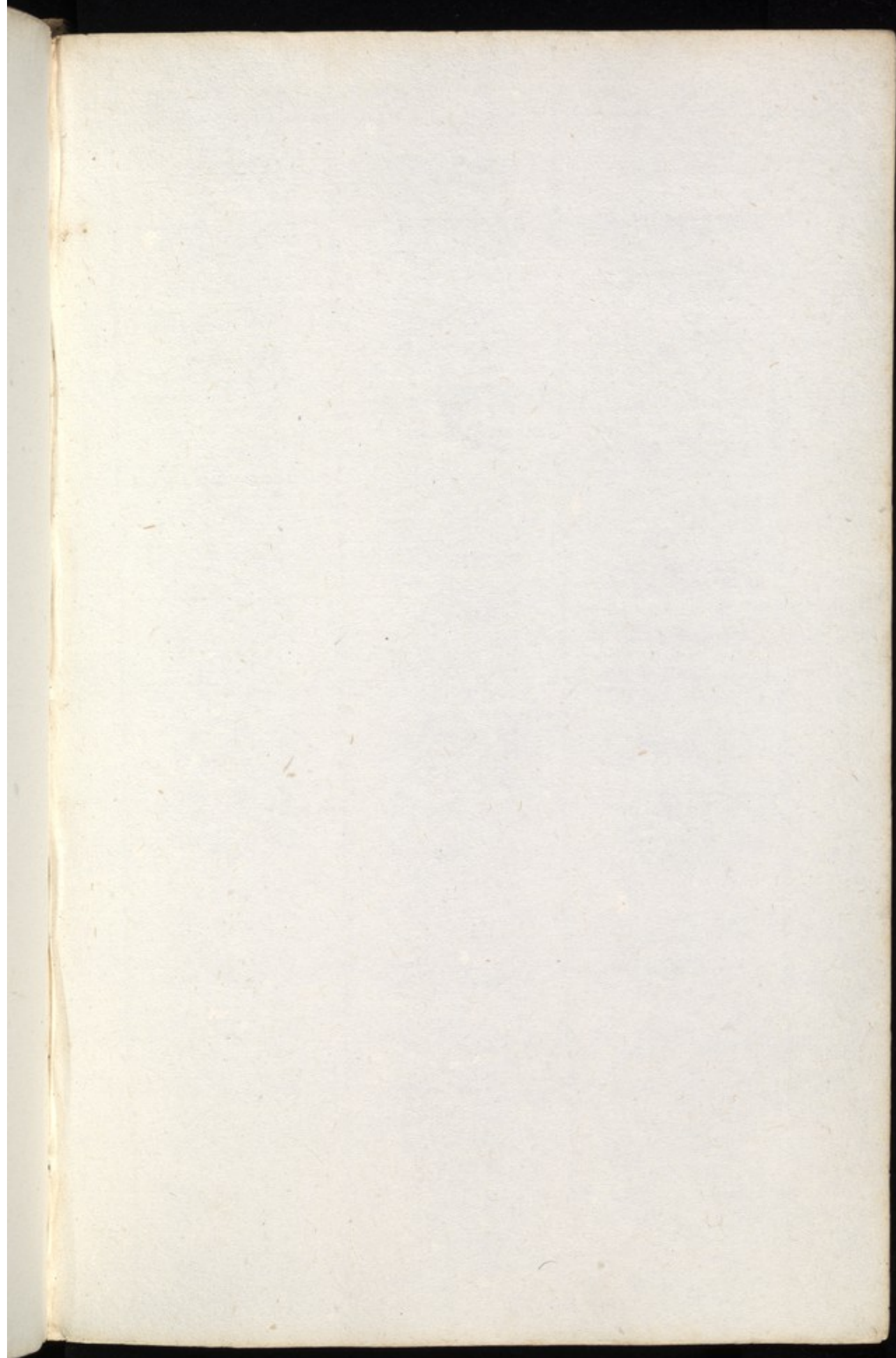


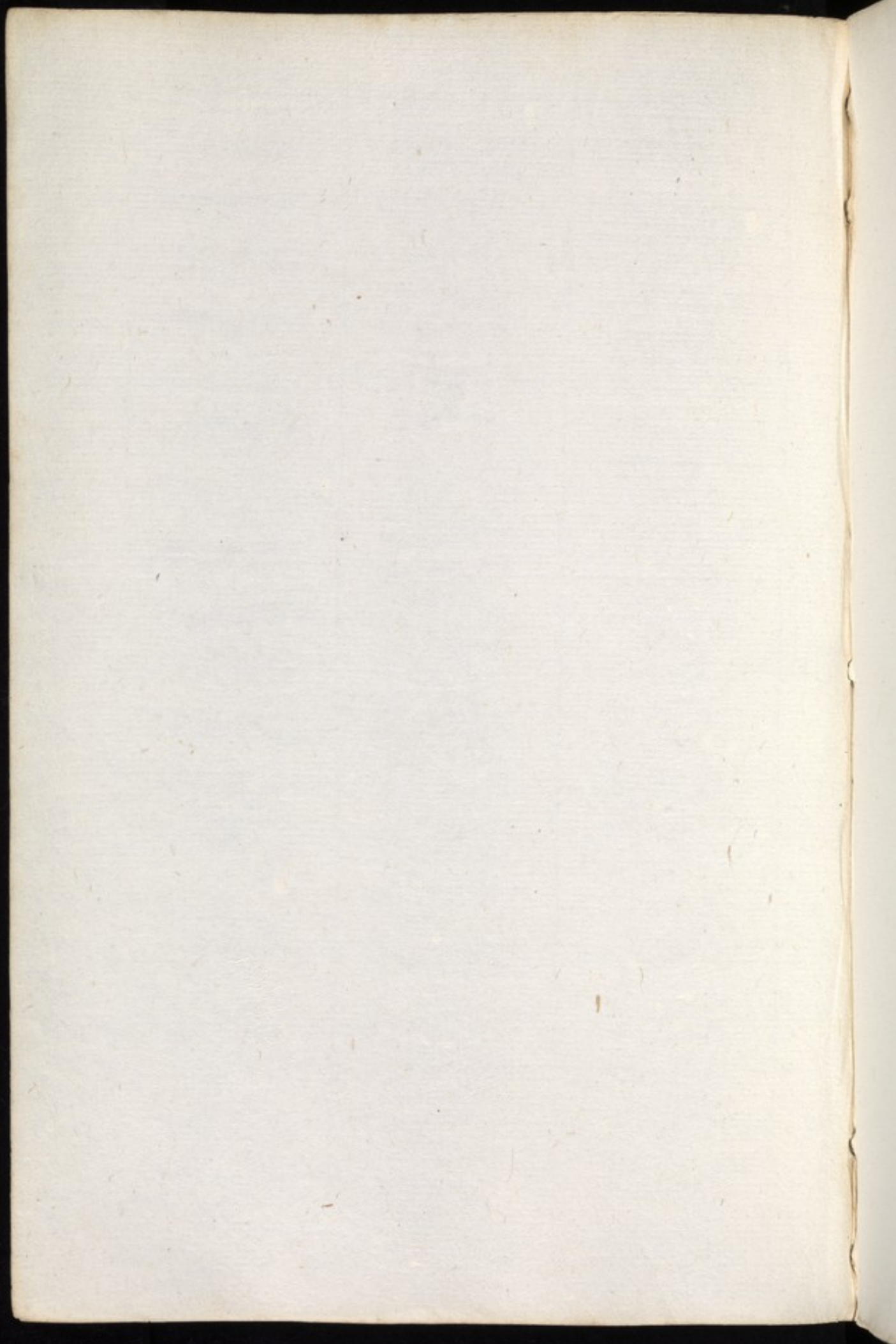


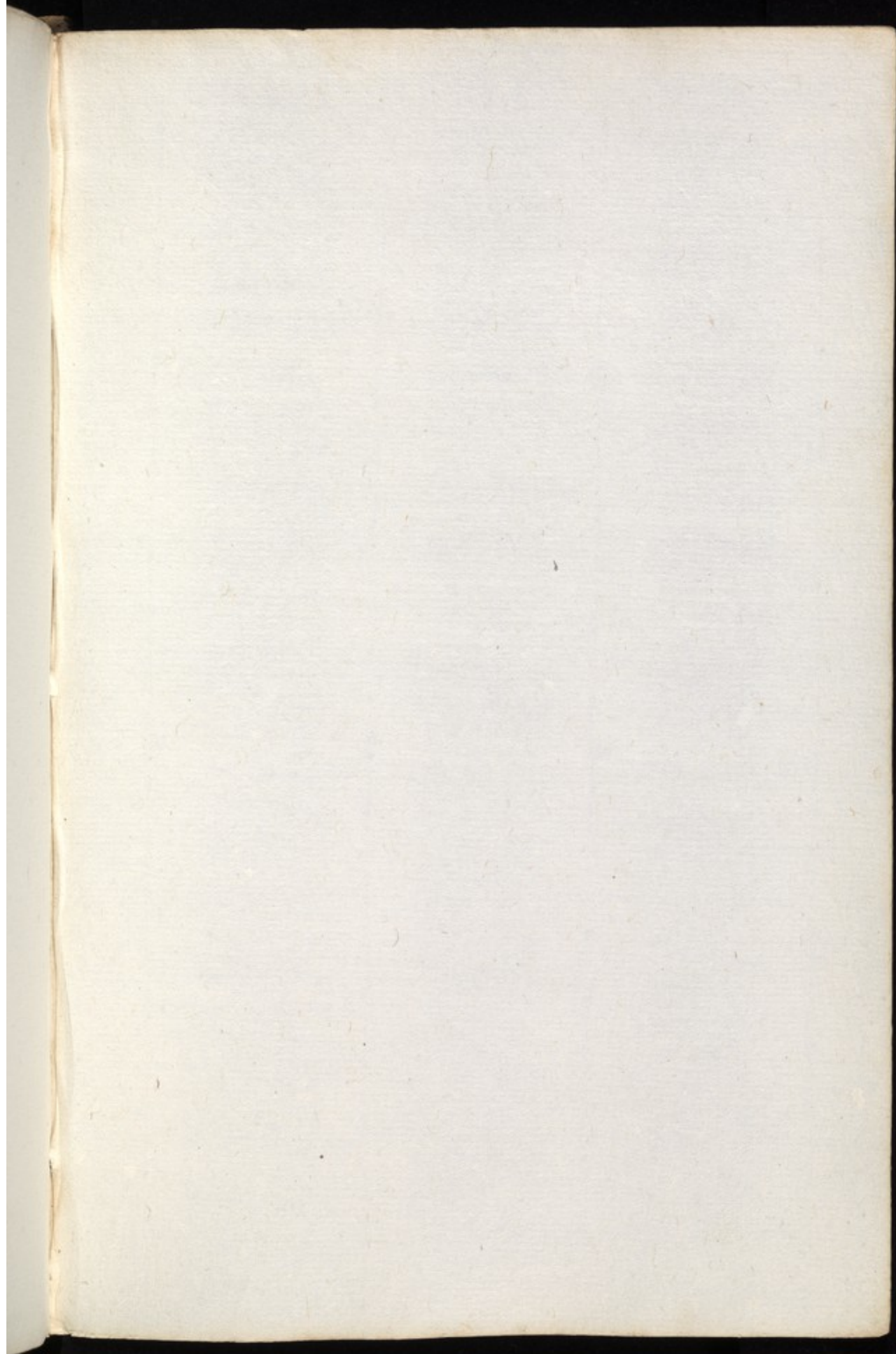


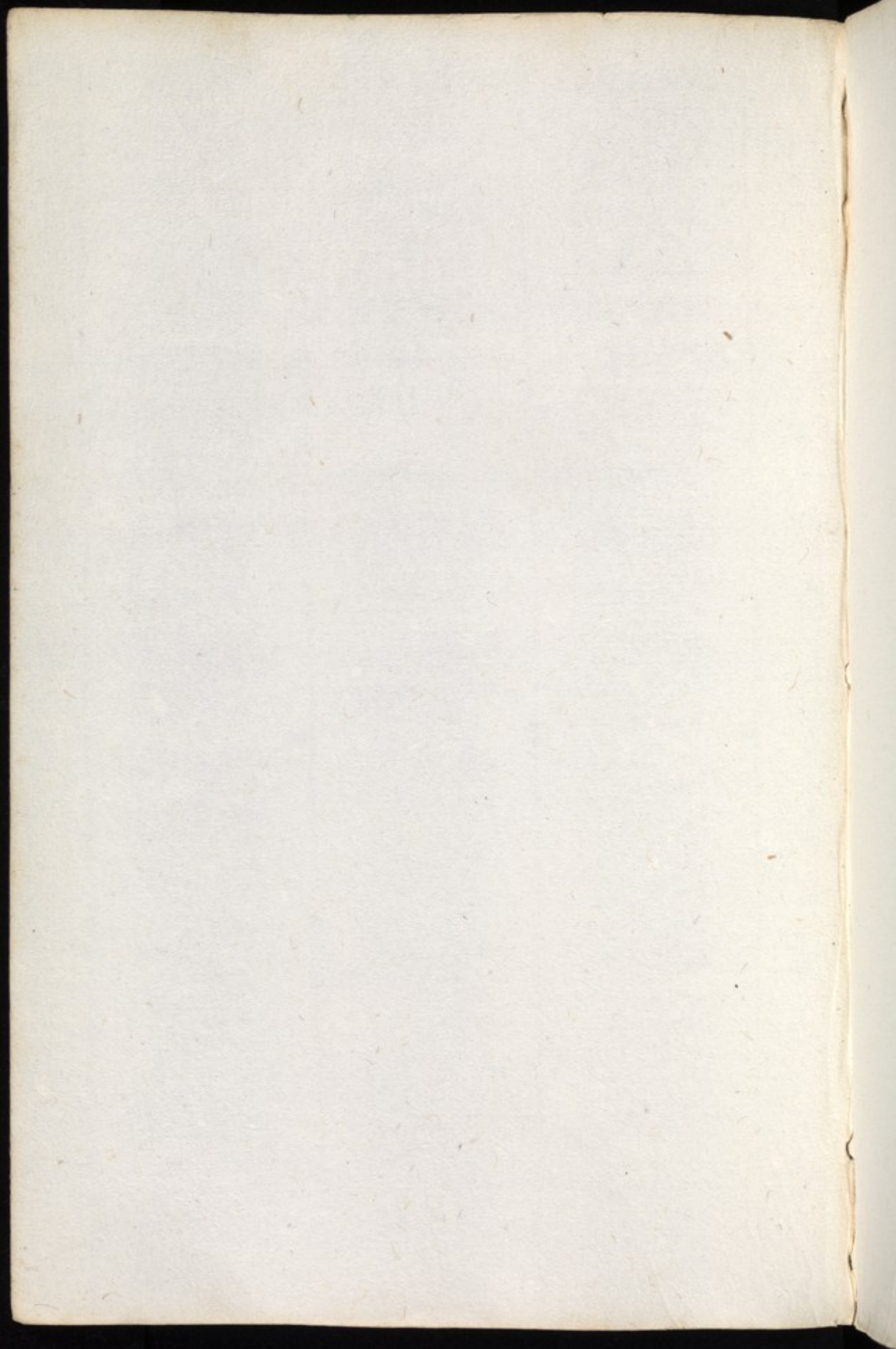


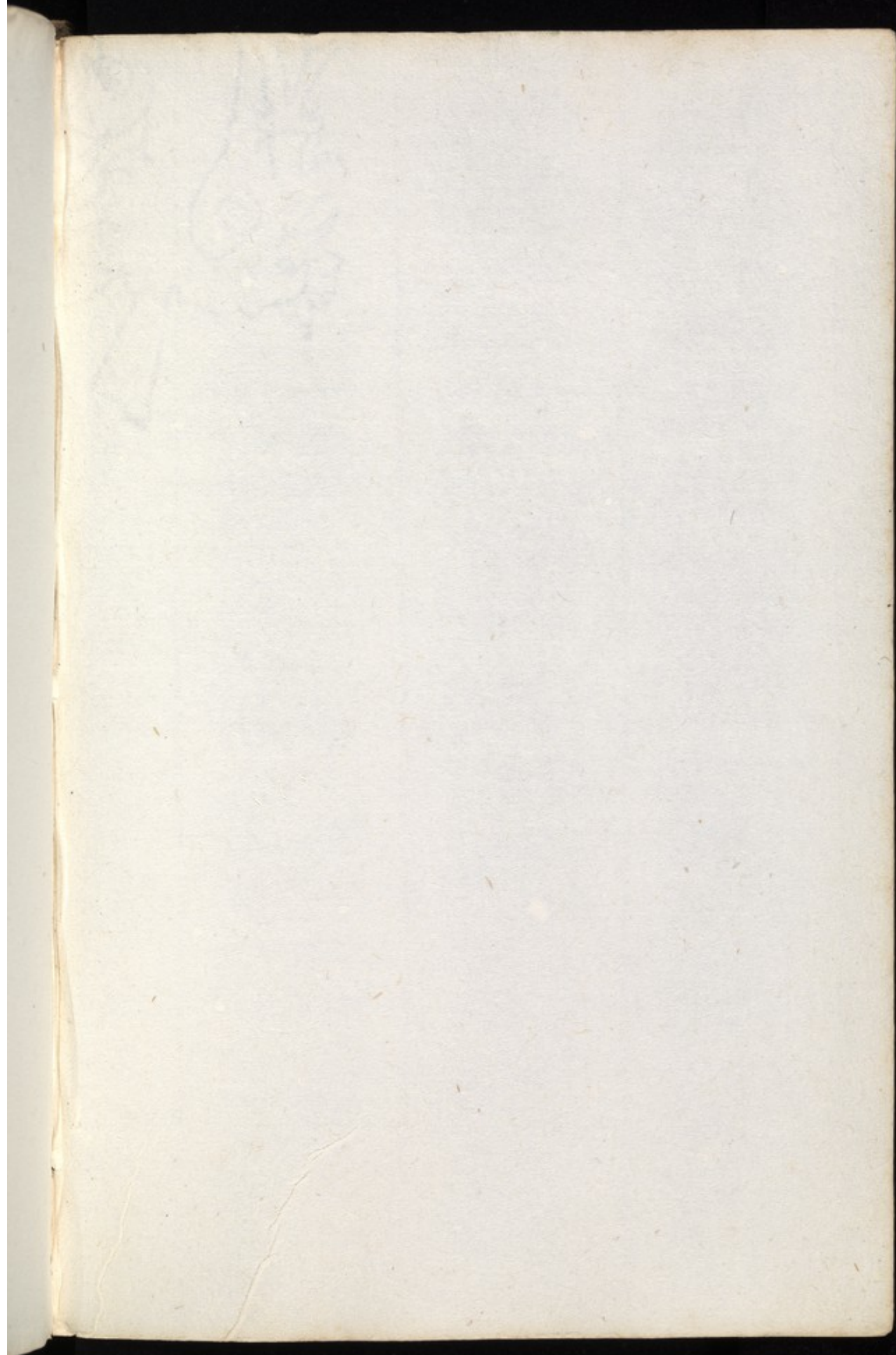


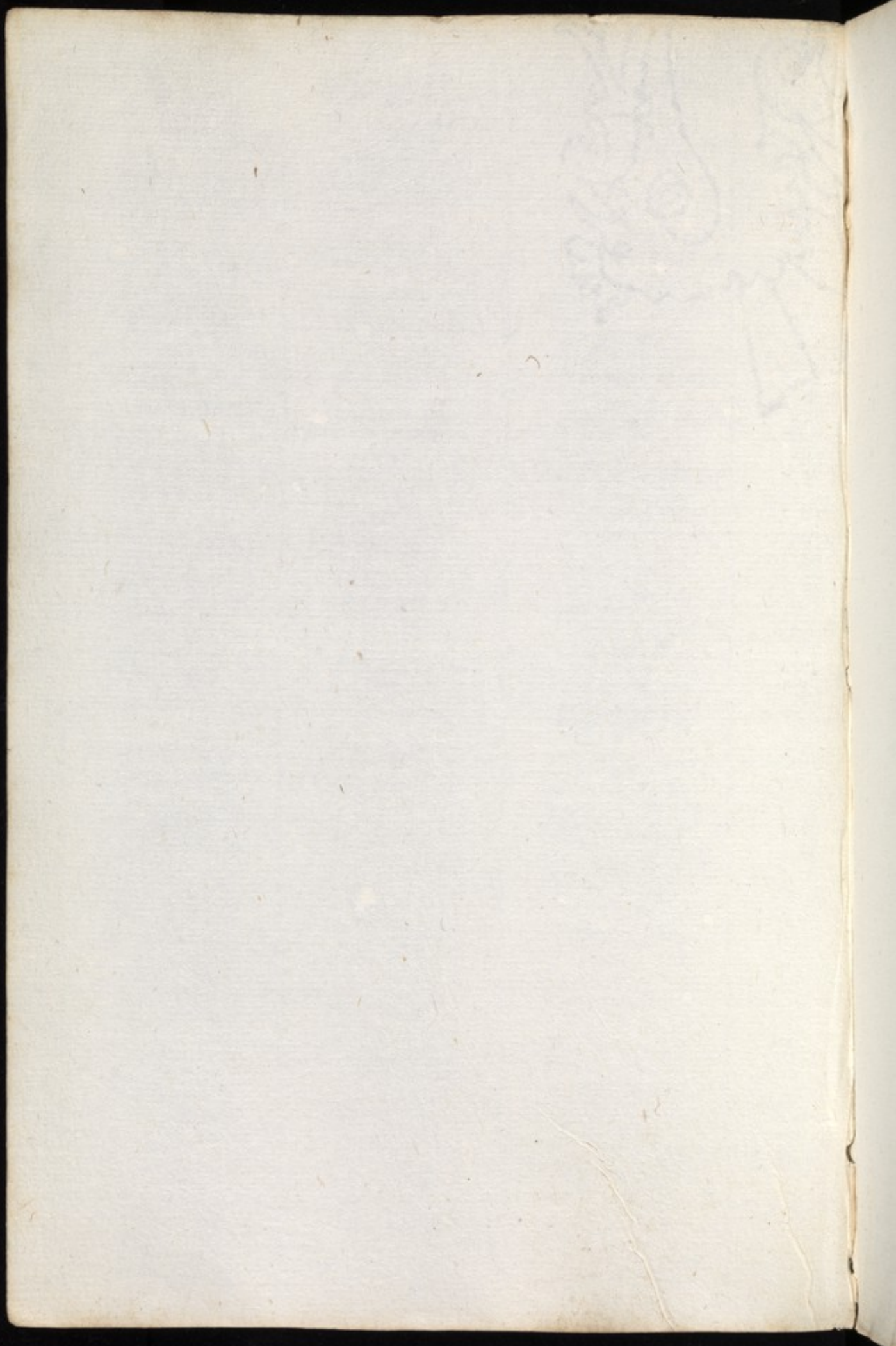


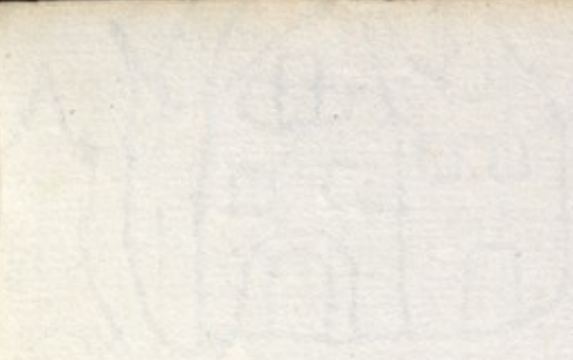


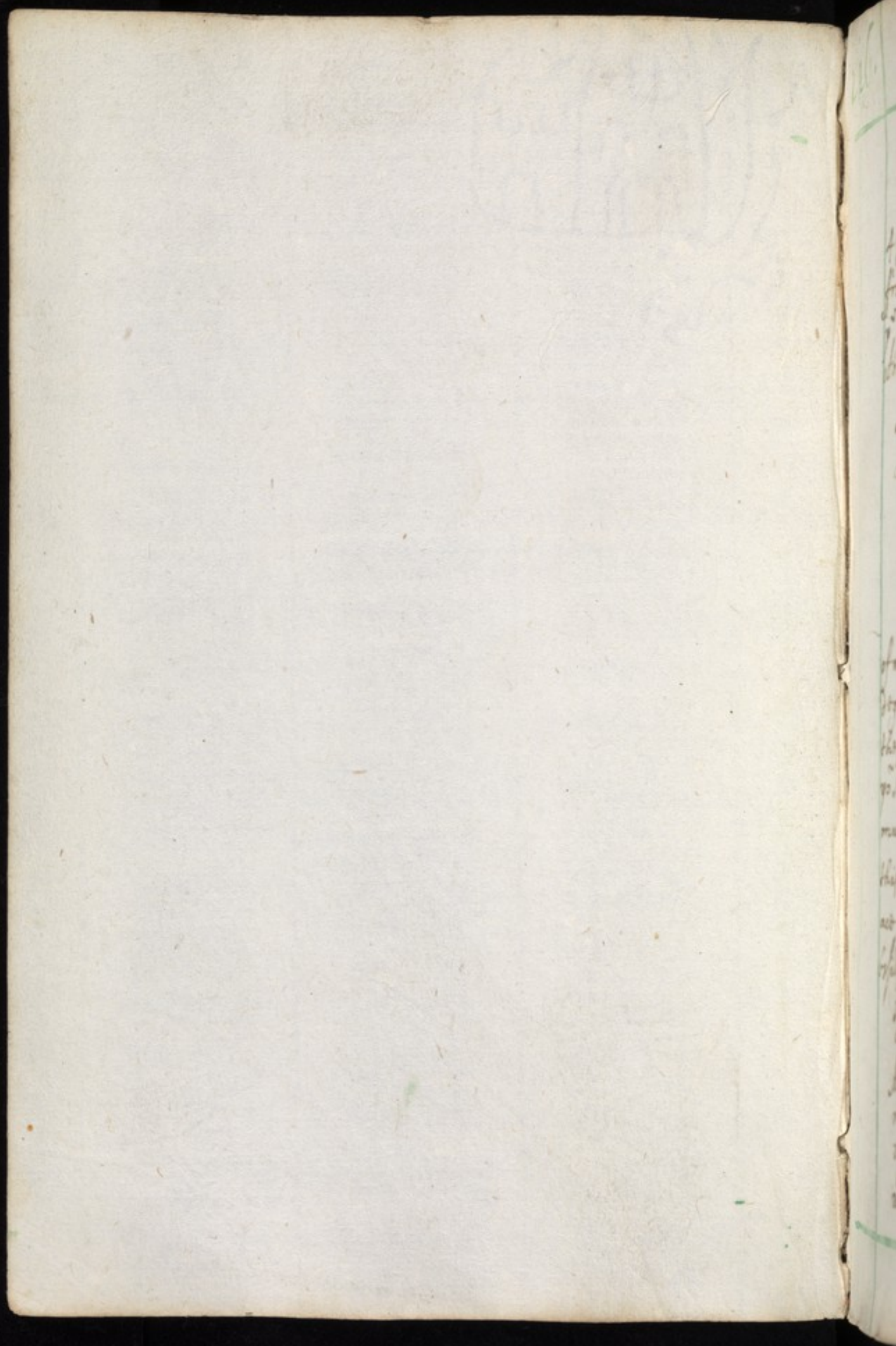












ii6. 0.1
An ointment call'd Bassillion; to dress
any sore; aft^r a l^osine hath bin ap^l
Take of Ox talle halfe a^l yello^r wax
4 oz. oil halfe a pint. Rosen halfe a^l
frankinc^{se}: 4 oz: melt ⁱⁿ together at
y^e fire y^e straine it through a course
cloth, & keepe it for use.

An ointment call'd unguent. Egiptiacen
good for any wound y^t hath d^rid fl^{es}
in it & cleanse it from any filth y^e
being wiped wth vinegre, & applyed to
any sore y^t hath wild fire in it, y^e
reke^y like hott wat. this will helpe

Take halfe a^l of honey: a quart
of a pint of strong vinegre: 2 oz. of v^er
degrees in fine powd. 1 oz. of Allum. bo^{il}
thos together. & when it is boyled enough
yo shall know by y^e red lookes. if too
much it will be black and spoile^d. wth
this yo may kill canker in any pl^{ac}
and first wiped wth a litt^{le} mouth wat.
beside many other fures w^{ch} yo: haue by

An oint. call'd unguent. populon
or pampetto. good for quincy, for
Aches swelling in y^e jointes, for wo
mong Bruses, to soft on y^e & to dry
up y^e milke wth many other thing
w^{ch} experiance will giue yo.

Take a pottle of y^e tender buds of y^e
Loplor tree, stamp y^e in a Mortar wth a fl^l
& a halfe of may Butt. soe lett y^e rot
together, till it be of a faire green
color y^e straind it, & keepd for y^e use.

A wat^r to cleanse woundes. or ulcers.

Take wat^r. & ashes, & boild y^e togth
& make a lye thereof, put to it bay salt
wormwood, & lupines, soe boild y^e togth
a good space, wth keepd for to bathe wth
clout^r very warme.

Oleum Hypericonis, or o. of S^t. Jo: wort.

Take of y^e oile of S^t. Jo: Olliv^r, &
put it in a glas, wth a wide mouth. & set it
in y^e sun. & put sum leaud^r thereto some
brui^d, wth a quantity of Sod, or Clavertw.
tho next y^e day straind out the^r herbes
& put thereto as y^e did before: this ser-
ueth for all woundes in y^e limmes, flish
or Body.

A Lotion for any wounde.

Take 3 great handfulls of
Sage, as many honisuck tho^row^r, & flou^r.
clean pickt, as much Cillandine. y^e take
a lb. of Rochallum, a quart. of Eng^l hony, &
clarifyd it, halfe a peny wth of Gram^r
2 gallons of Runing wat^r. boild all this
in y^e wat^r. from a gall. to a pott. then sett

it from y^e fire till it be almost cold
y^e strained it, soe use it. it will helpe any
wound if not deadly

An artificiall Balsme.

Take of y^e oile of olliv^e, & fine Tu
rpentine, of each a pint. boile y^e a water
or two. then put in a oz & a half of
fine powd. of verdigrise. soe boile y^e
to a p^{er}fect subpaned.

A Balsme called Apocodorum

Take a quart. of y^e oile of Olliv^e. 2j.
of yello Rosin. j^l. of wax. j^l. of Turpe.
melt all t^hey together & w^h y^e take it
from y^e fire. in y^e cooling put in an
oz of very fine powd. of verdigrise.

A salve for all sores cum to an fissu

Take a^l. of Turpentine. a quart. of a^l.
of Allum. one oz. of wax. a quart. of a^l.
of Rosin, a pint of Sallett oile. boile y^e
on a soft fire y^e space of a gr. of a. hour.
stirring it as long as it boile. y^e will
will draw & heale very well.

For a sore Legg

Take Dockroot, boile y^e in fa. wat.
untill tery be t^hend. y^e take y^e out of y^e wat.
bruis^e & strain y^e. & put a l^{it} raw creme
to y^e & boile y^e againe till it cum to a pint
ment.

soe anoint y^e sore.

Y^e Lower of all gint m^t. y^e ruer
was made

Take Rosin & frankincense of each
half a lb. beat y^e frank: into fine powder
if it be old, & beat it small: beat
y^e Ros: likewise. take virgin wine
a quart. of a po. shew it thin. take
Rof. ma. a qu. of g. make it into
fine powder. Camfer 2 drams beat
small: then take a skillett, in w^{ch}
first put y^e wine & sett it ouer a
soft fire untill it be melt. y^e
put in y^e Ros. & melt it. y^e put
in y^e frankin. & melt it, lett
it boile as litt. as y^e can. when
all is well melt. take it from y^e
fire & if ther be any driggs in it
straine it through a straine. if
not poure it into a p^{er}. when in
y^e haue putt a pott. of white wi
& whillt it is yett warme put in
y^e pound. of Rof. m. & stir it wth y^e
Gum: til it cleue to y^e. y^e boile it
till y^e wind be consumed. stirring it
when y^e find y^e wind consumed. y^e
shall try if it be enough by putti

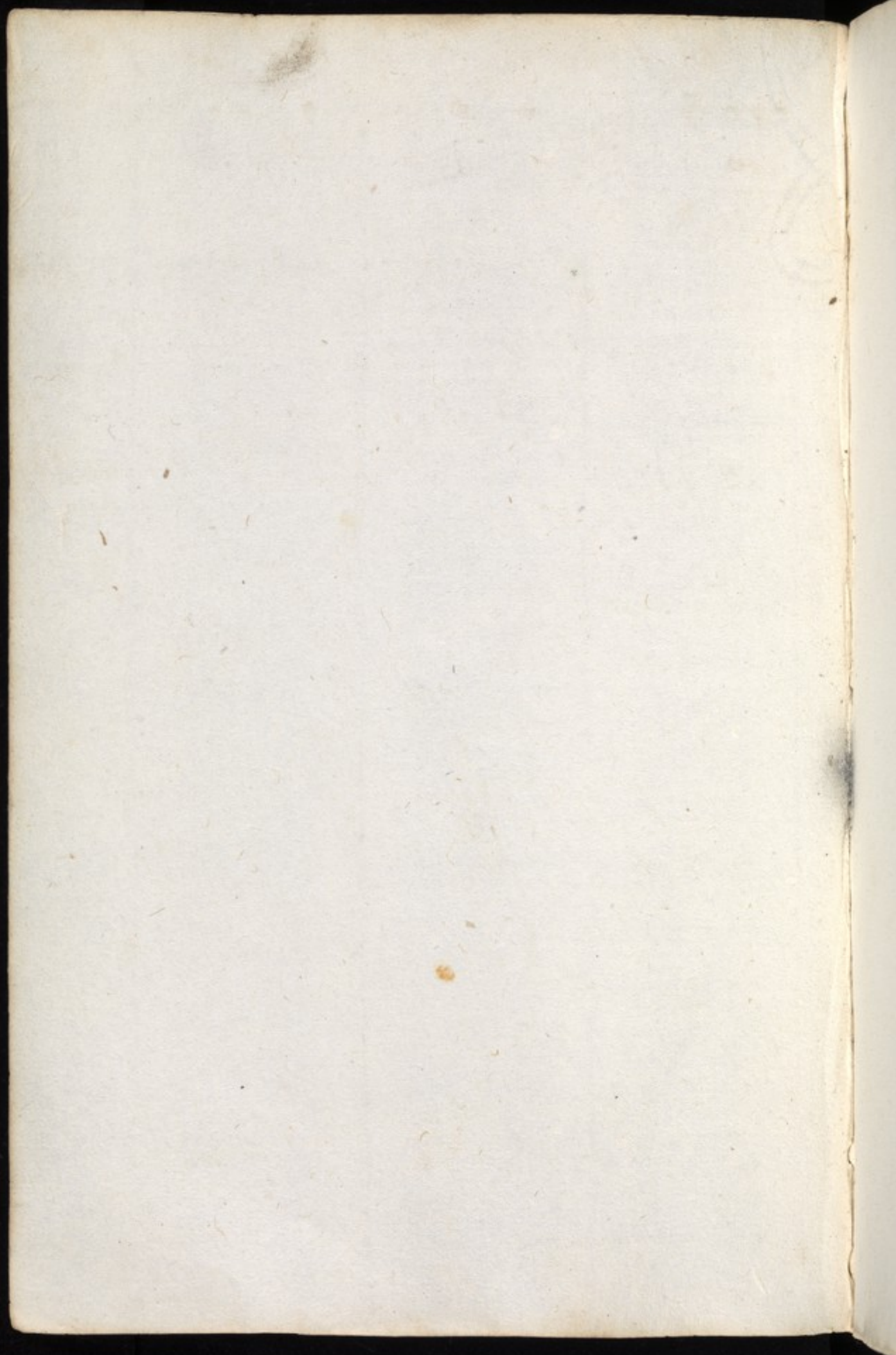
a little nitro y^e fire: if it sparkle
it is not consumed, but so so
as y^e wind is heat. suffer it to burn
no long: for loosing y^e best of y^e
quintessence, but take it fro y^e fire
& put in y^e Camfir & stir it well
till it be half cold, then put to
it a quart. of a. of venice turpentine.
still stirring it till it be cold. Then
put thereto as much salte oile as
will bring it to a ointment. & keepe
it for y^e use as y^e best y^e can be made.

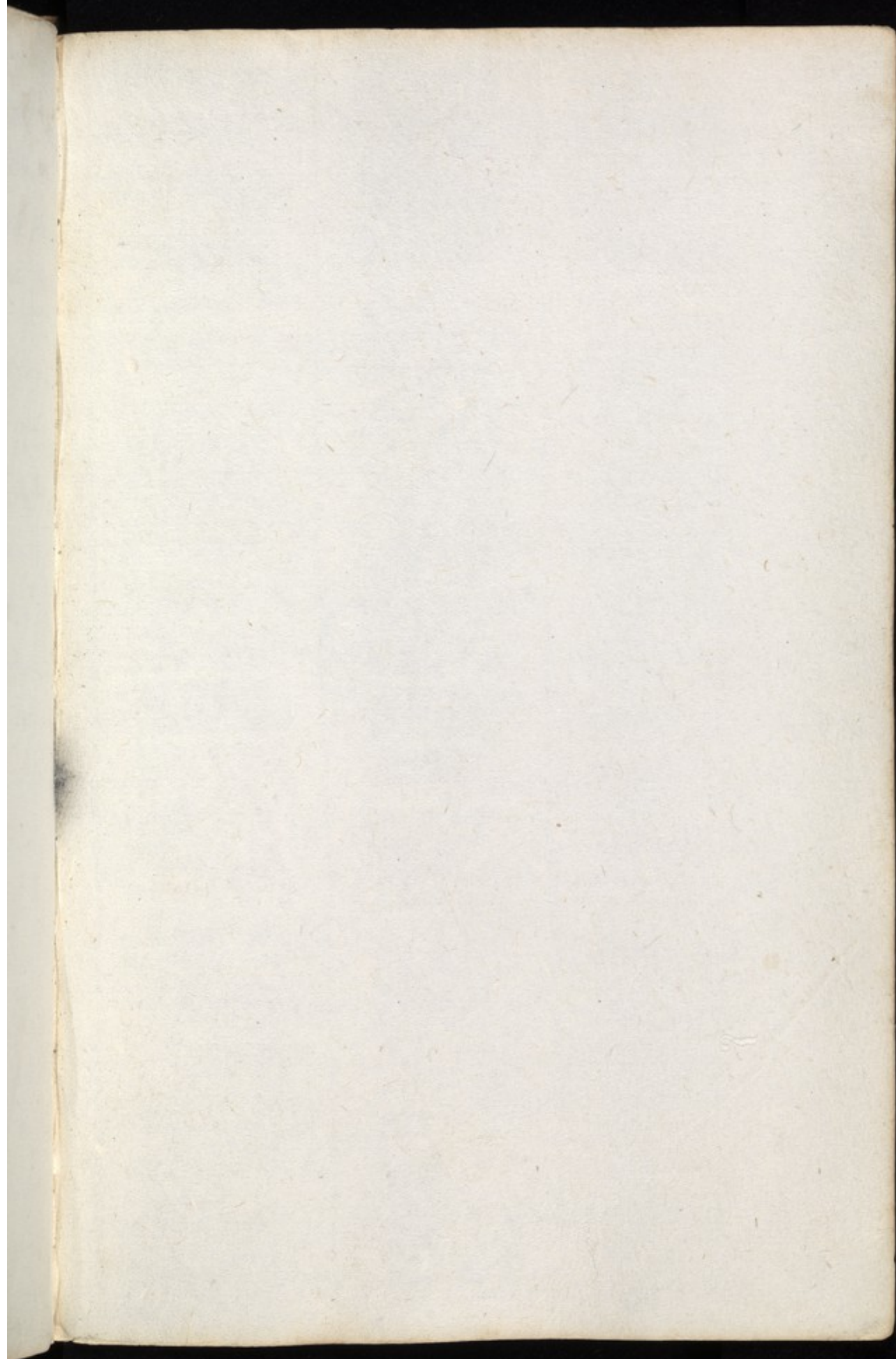
It is good for old sores, grei.
wounds, deep sores & healthe about
believe suffers nor corruption or eu
ill flesh, good for y^e head ach or sing
ing in y^e head: impostumes in y^e
body or head, shrunked sinewes or
strayned. it drawes a thorne or
splint, good against y^e biting of
any venomous beast, Bitch, fist
ulas, cankers, noly mo tangere.
draweth aches out of y^e liver, spleen
or Raynes. easeth y^e menstruous
healthe y^e Emperours. The use of
it is to anoint y^e place greivd &
to keepe it warme. & without y^e oile
it is a good live cloath.

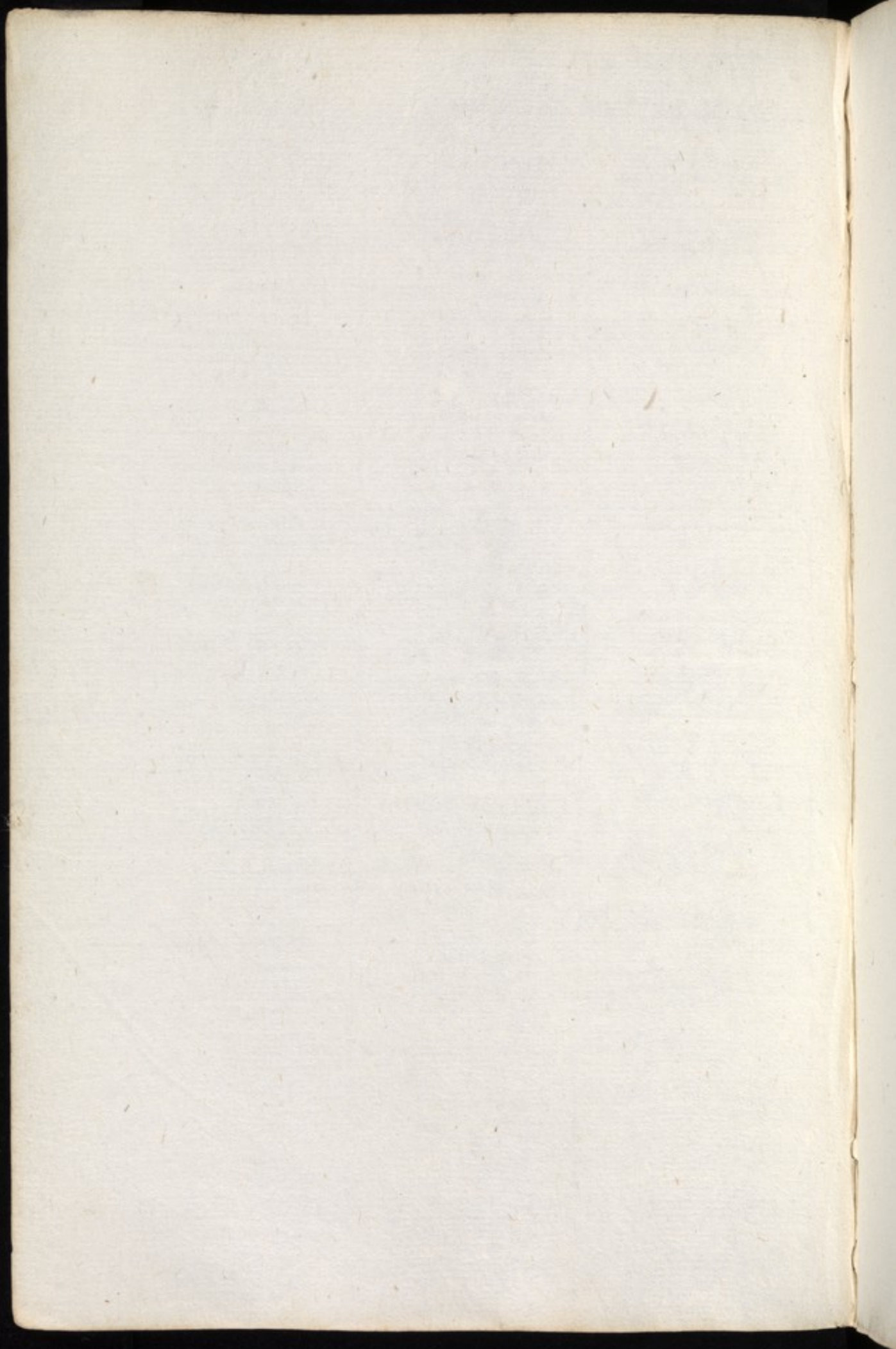
The Greene ointment to be made in
May.

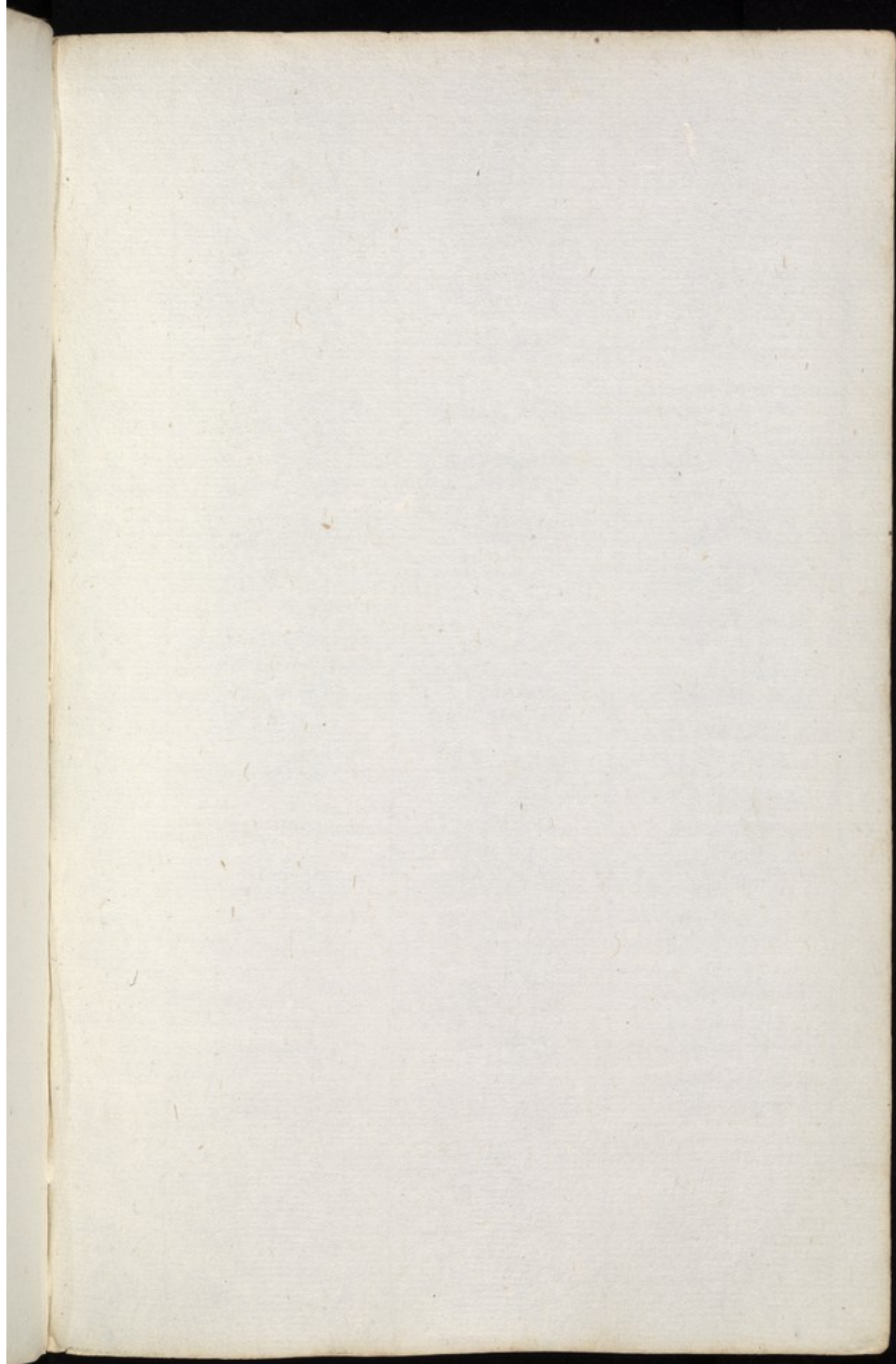
Take yonge Bay-leaues and
wormewood of each halfe a poun.
Red sage a^l. Rue a^l. pick these
cleane but not wash them, & gat.
them in y^r heate of y^e day. beat y^m
very well in a morter. Like greene
saw then take 4^l. of shope such
new killed, picked cleane & shred
small, beate all these together
till they be well incorporat yⁿ put
to these a pottle of y^e best oile oliv
yⁿ worke it wth y^r hand till it be
all of one softnes & celler then
put it in a new large earthen pann
lett it stand close covered in sun
cool place eight dayes then boile
it on small coales all most a day
stirring it well, & after it hath boild
4 howers, or more, put to it 4. oz. of
oile of spike, to know when it is
boiled enough take a drop in a saucer
if it be dusky boile it longer

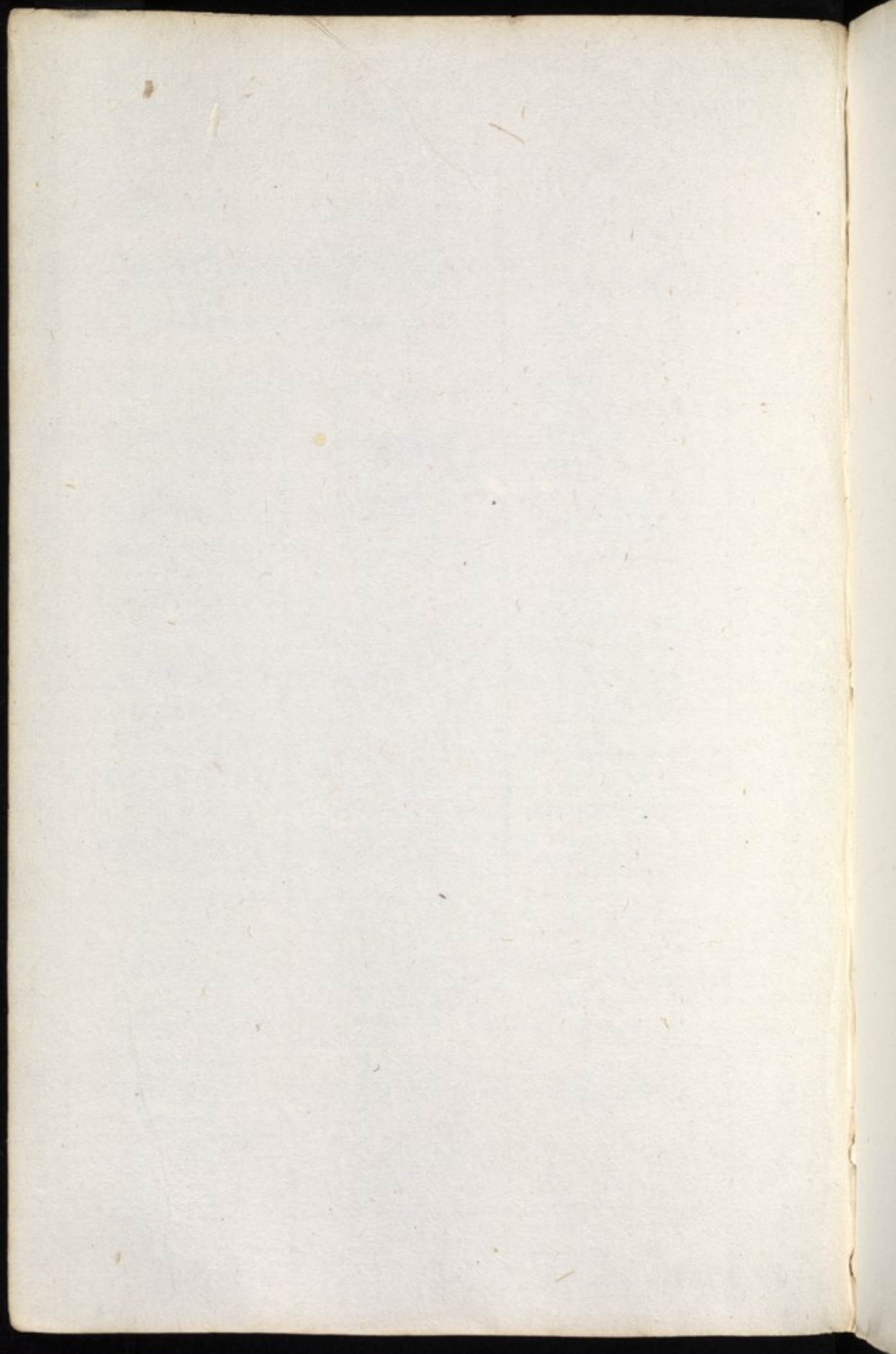
if a faire green take it of &
strain it through a new linnen
so grip it close in a gallipot
it will keep 4 yeares or more
it cures all praints with
Ings. Achey Kibey Cutty, Crampy
Scaldy, Burny of all sorts, all outward
Griefs, easeth y^e Diabrea, Goutic, wth
all swellings in y^e face or throate
S per bal

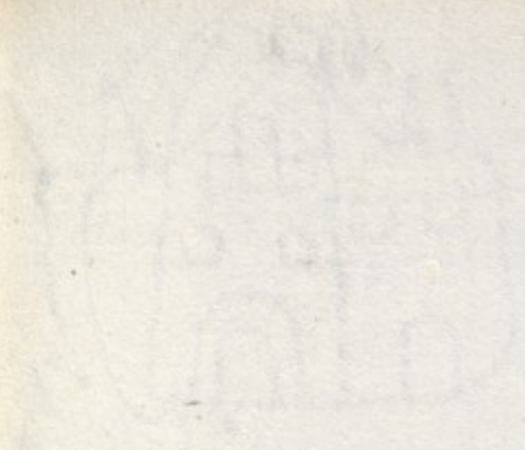


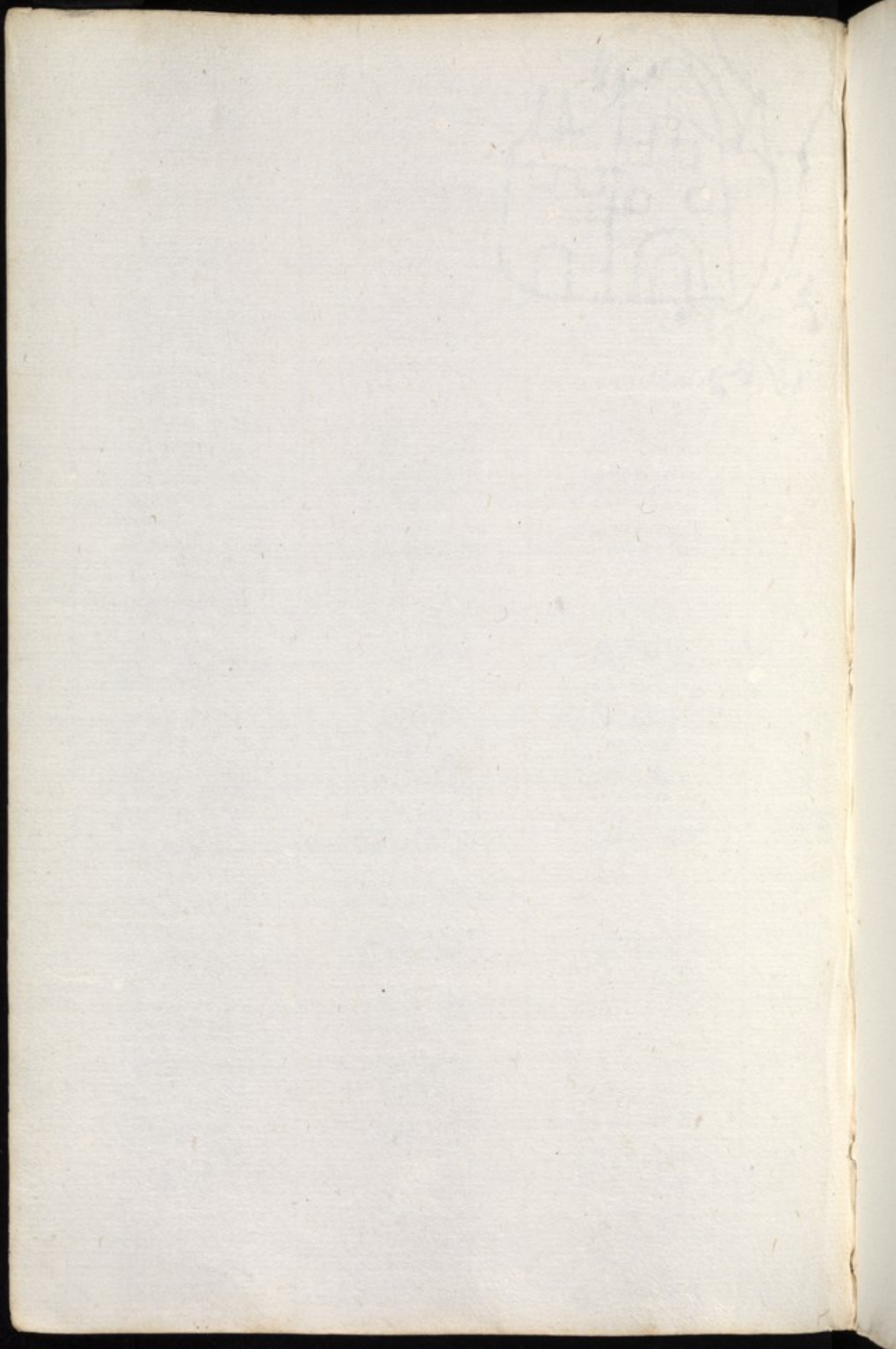


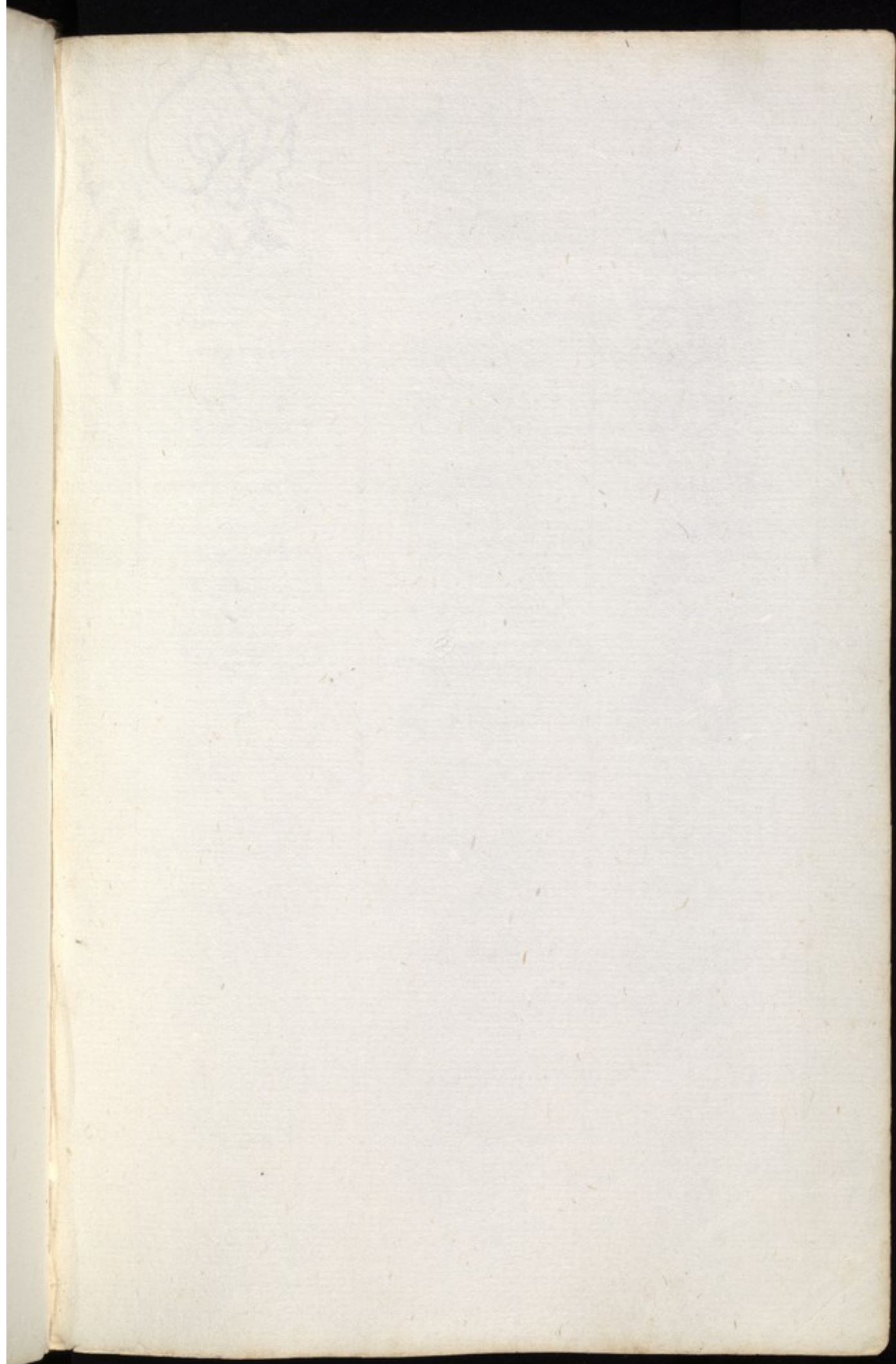


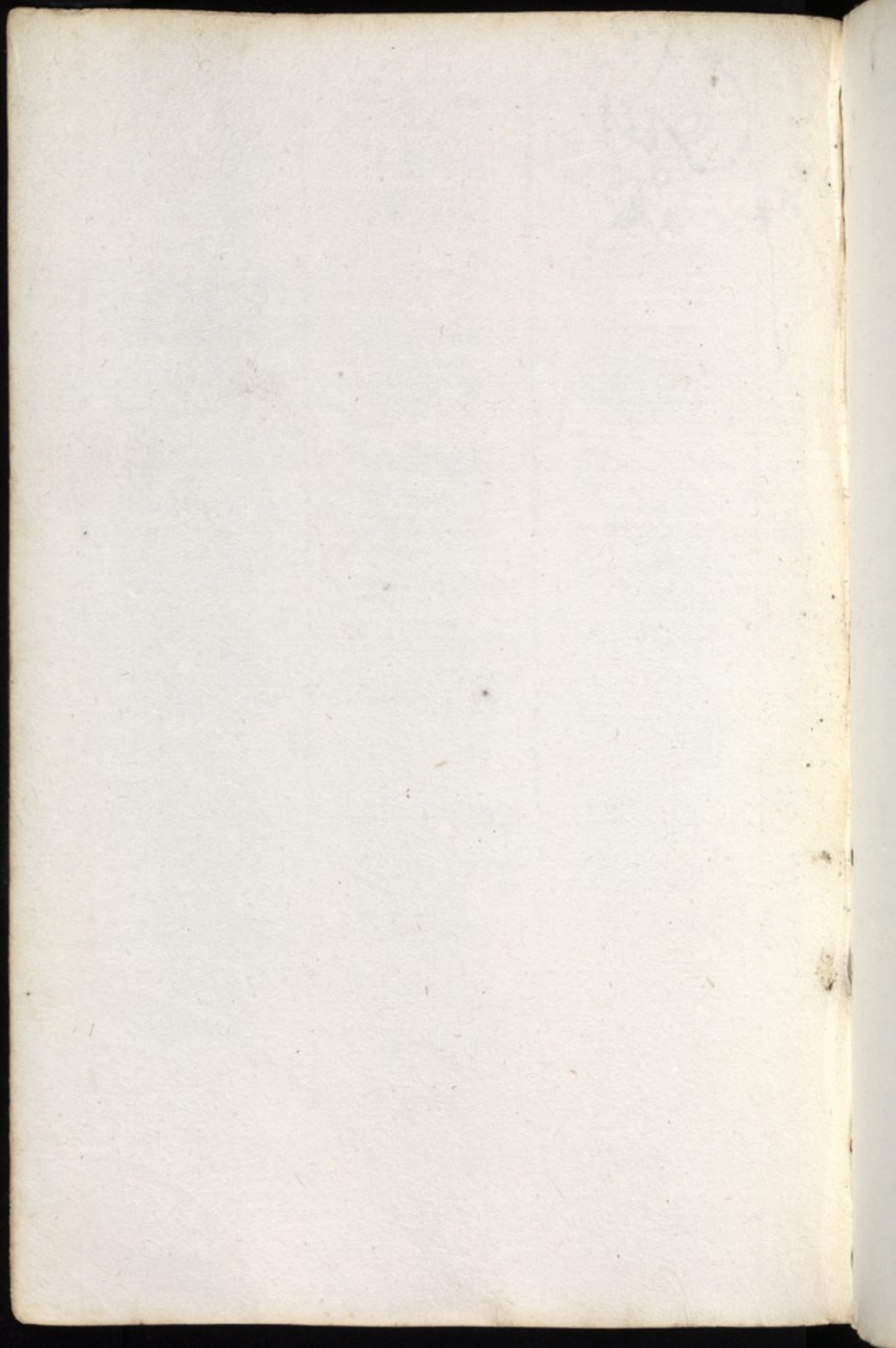


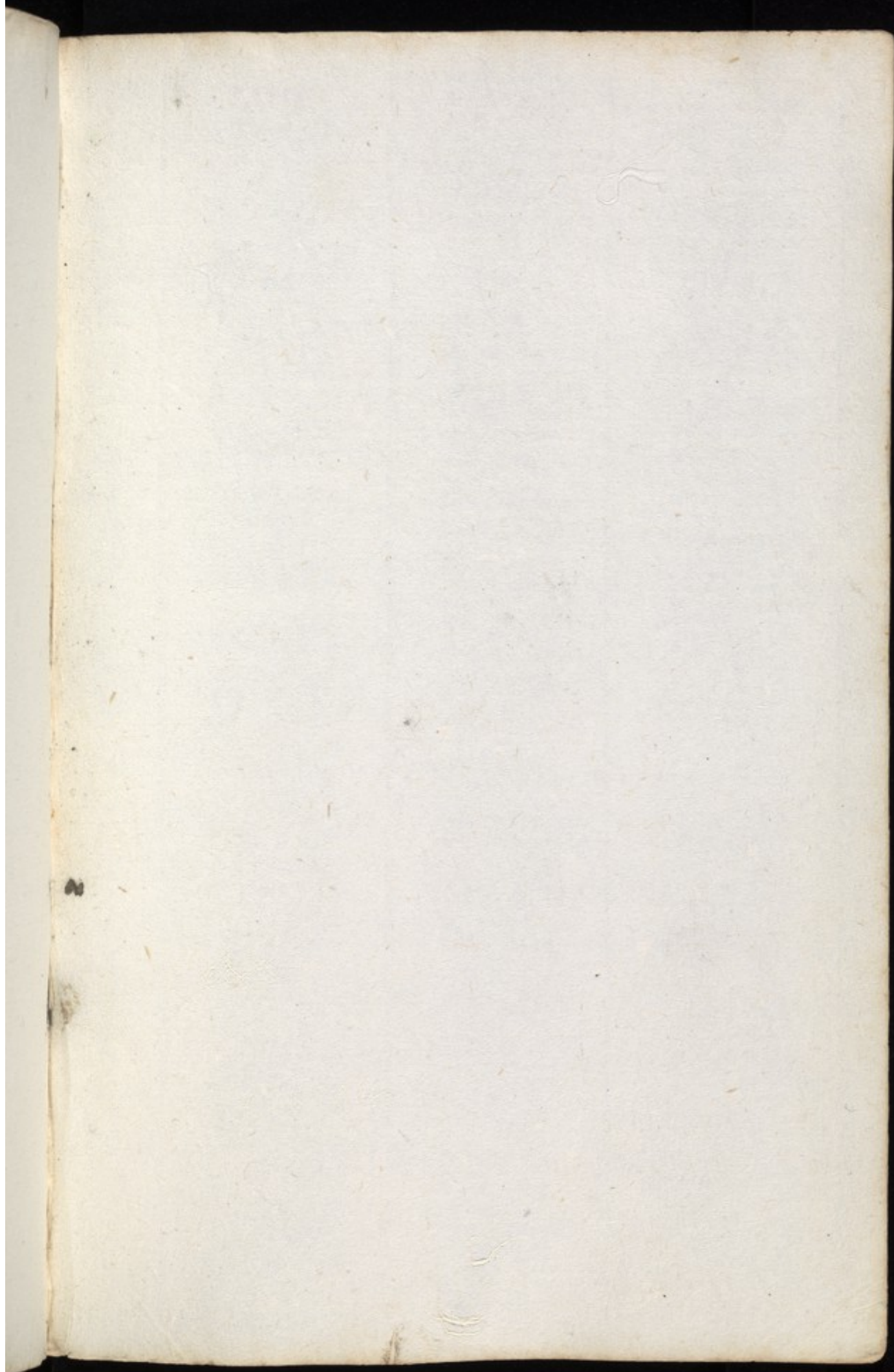












124.
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To keepe one soluble & against
windines of y^e Body.

Take 12 reasons of y^e Sonn y^e
stoncy pickt out, Lay them to steep
in white wine for y^e space of one
hower, then dry them in a napkin
& eat them fasting wth io sweete
fenill Comfitts. & when yo^e eat
morning of this date y^e next of y^e
rind of Oranges made into dry-
suckitt, w^{ch} helpeth much to stay
y^e Rumi in moysse Bodide. /

To purge y^e Blood, & all salt humors.

Take 1 oz of y^e rootes of Saxifrage, ha
an oz of elecompe and rootes. 1 oz of y^e Ro
of polliodi of y^e oake / & a halfe. 1 oz
of red docks. 6 pound of font. water.
make therof a decoction, boilding it
til a 3 part be consumed. y^e pull to it
of y^e best Lieny 12 oz. after y^e straine it
& ad to it one pound of y^e jeric of suer
igras. refined suger halfe a. Cinamo
halfe an oz. let y^e stand on y^e fire and
clarifi it wth y^e whites of eggs. take

of it every morn. at 4. & at 4 in y^e
aft. noon y^e 5th pt of a pint. fast 2
howrs aft. it: & contin. it 2.0 day. & tog
Doct. Monts Purg.

Take quart of spring wat. of Suran
mined small 3 oz. Rasons of y^e Son Stom
2. oz. of y^e herb Mercury 20 leaues. Matto
& violets of each glands. Black elder
bury leaues 9. 2 topps of fennel. on
oz of y^e best Sney. Put all this be
sed together on a soft fire till all mo.
a pint be consumed. y^e strain it &
vto thro' a flowerth. Take 3 hor of
spoonfulls well warm. & infuse therin
2. good spoonfulls of Damasc rose, the
syrup. also dissolud 8 hy in on: oz of
y^e best Manna. & soe take it before b.
in y^e Morn. every 8. or 9 days for thr
seuerall tims. if it workd not to yo
mind, ad to it y^e 2. days, a quart. of
an oz of diaphenicon well dissolud
therin. fast 3 howrs aft. it. y^e drink a
a good draught of Lim Broth. madth w
Burrag. tim. & violet leaues.

The Lady Marys Pocon

Take y^e outward part of y^e Saxifrage
finely sliced, 1 oz. 4. or 5. pounde bruised. &
put it into a pottle of faire water. &
bring close covered lett y^e boile leasur-
ly till halfe y^e liq: be consumed. in y^e
meane time lett a qt of whit wine be
set on hott imbrise & steep this & li. i.
Of Sag leaud x: of wood betony as many
a rosmary Spring. Violet leauds halfe a
handfull. of Damask rose leauds. and
Burrage flower of each a handfull. halfe
a pottle. cut in peeces. a quart. of a oz
of Sinamond bruised. When y^e first liq:
is boild to his right, lett these things
wth y^e wine be putt into it, & soe toge-
ther be putt into a dubble glass closed
stopped. & sett in a Posnet of faire water
and y^e fire soe boild it till a pint be
consumed. y^e lett it run through an
Ipecacas Bag. & sweetning it wth sugar
Drinke therof a quart. & a Pint every
Morn. Blood water. & halfe soe much at
Night.

for y^e Piles.

Take a white dry Dogstun
soke it in salt & oile & mollifie it
in y^e oile & then boile it wth often
stirring. soe laye of it vppon a
fine Linen Cloth & put it warme
to y^e place & it will ease y^e.

for y^e Land.

Take Linseed oile, & Rues
uer; wth a litt^{le} y^e llo wax & boile y^e
together. y^e spread it vnder a Cloth
& apply to y^e place as hot as y^e
can suffer it, keeping it warme

for y^e pally, numbnes of sinewes, decay
of sense, commotions, distract^{ions}, prickings
& Crampes: seeth in 2 gallo^{ns} of Runni
ng wat^{er}. thes thinges. of y^e tops of each one
handfull. wild Marjoram, Tind, y^e sor
rel, sage, Lavender. Rosemary, p^{er}neriall,
Savory. Etc. p^{er} remint, horsehound. pol
lipod. of y^e Oake; Emula Campana. of
Niter one pound. Bay salt handfull. it
being well sooth. bath therin; aft^r wth
being dry anoint y^e jointes, back, neck
& feet wth y^e oile off after.

for y^e small pox, being full com out.

Make a Brind wth Bay salt y^t may
brave an Egg. then wth a clout pat y^t face
a litt. & set wth some warme, wth will dry
y^m crust y^m suddenly. then take Bacon &
roast it, & lett it drop into a dish of faire
wat. take y^t salt & beat it a isⁿ time
in faire wat shifing it every time. y^m
putt it into roscuet. & beat it to a pom
atum. Anoint y^e face therewth & it will
take away all y^e hardnes wth out holing y^e
face.

for y^e Trick of a Throat.

Take sum fine flower boult.
& temp. it wth Ale, or wine, so boile it
toget. till it be as thick as a plaist. soe
apply it to y^e place as hott as yo^e can.

An Electu. for y^e Plague.

Take 3 pintes of Muscadine, herb
graced. Sage, of each a handfull, boile
thos to a pint. & straine it y^m put into
it Longeperr: ging: & nutmeg, finely
beat. y^e quantity of a oz. y^m boile it a litt.
more; y^m take it of & ad to it 2. oz. of Long.
treacle; and oz. of Metheredat. a quard
of a oz. of y^e best Angolica wat. stir it
very well toget. & keep for yo^e use.

A poltas to dissolve humours. 1

Take a sheep's head & cut it in
y^e wooll it being first chopt & beat
to pieces, y^e straine y^e Lieqr. & put
to a pint thereof a handfull of
Ries. soe boile it to a Poltas y^e
take it from y^e fire & putt to it
2 Spoonfulls of nerus oile, so apply it.

The seed of Rubarb are
good to purge collic, as Rubarb
dote. so purge Collic.

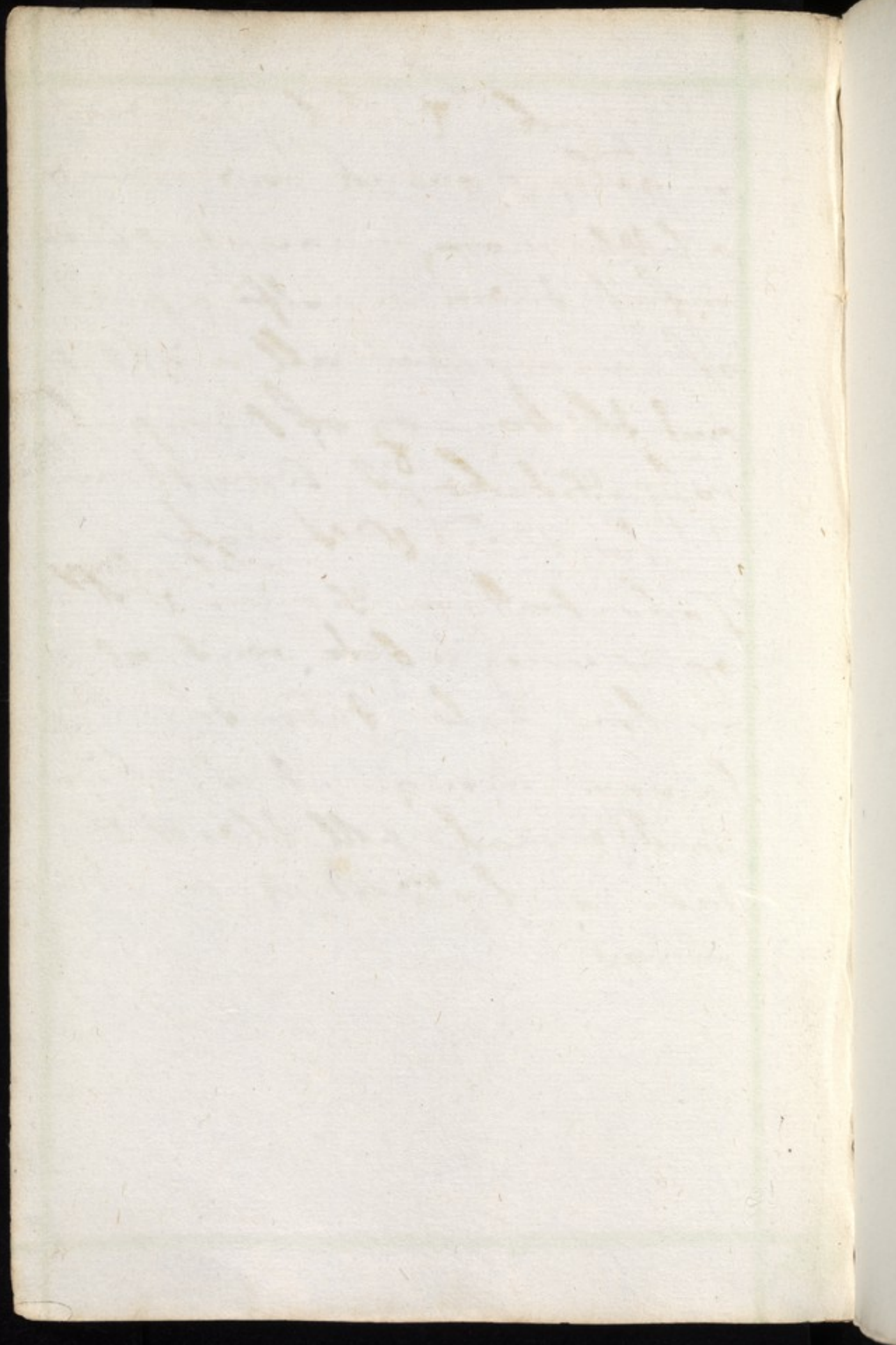
Take Halfe a oz of Castia
newly draund, one dram of
Rubarb, infused a night in En
dis wat. wth an oz of sirrup of
violets & a little spicknard, dr
inke it wth 3 oz of pistifan or
whoy warmed.

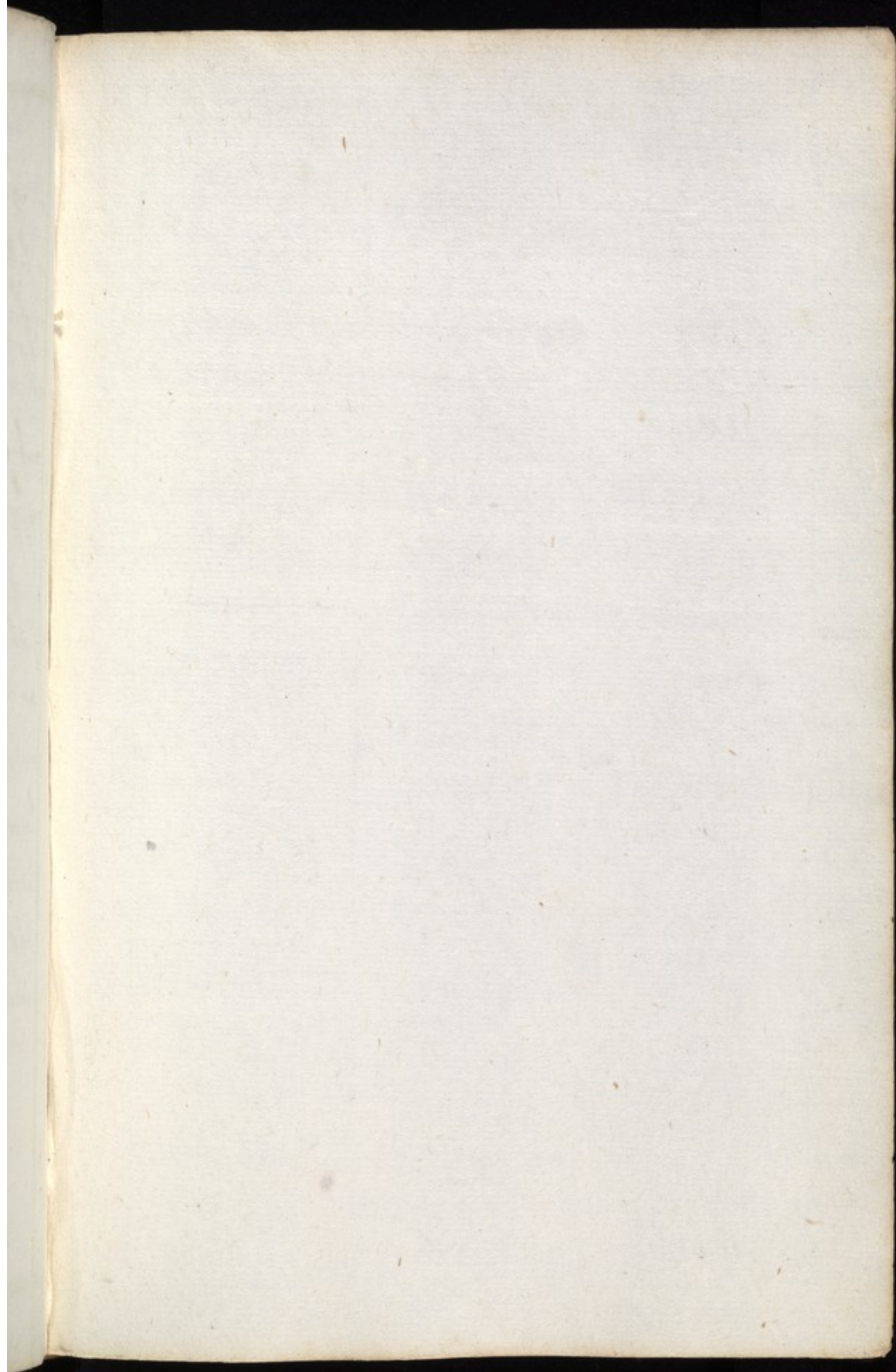
A purge

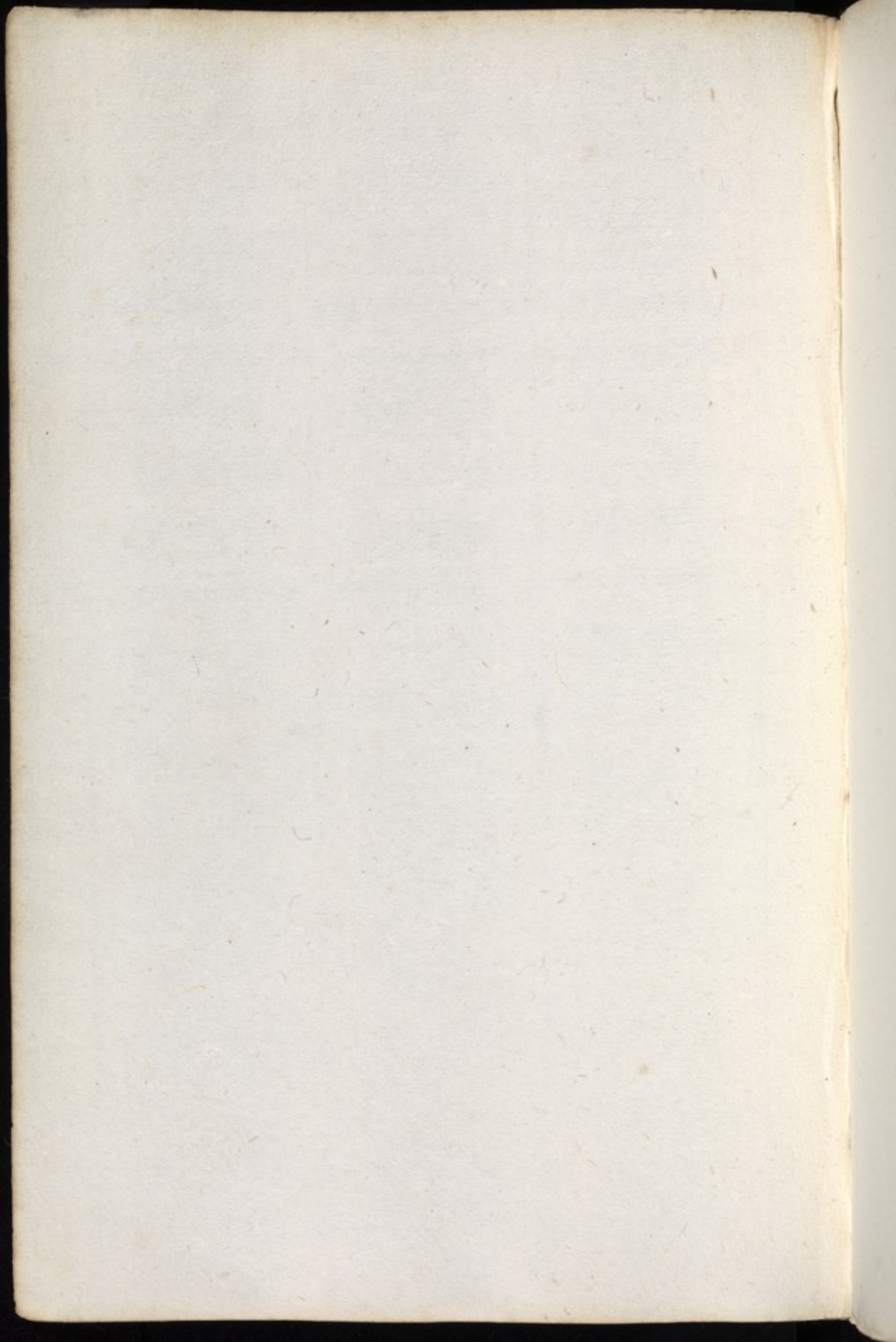
Take Rubarb y^e ⁶wisight
in gold, agarick one dram &
a little more, manna oz. 8 & bett.
infuse them in halfe a pint
of Scurvy wat. all night, so
put thereto 2 oz of Sirrup of
rosy. & take y^t, being straine.

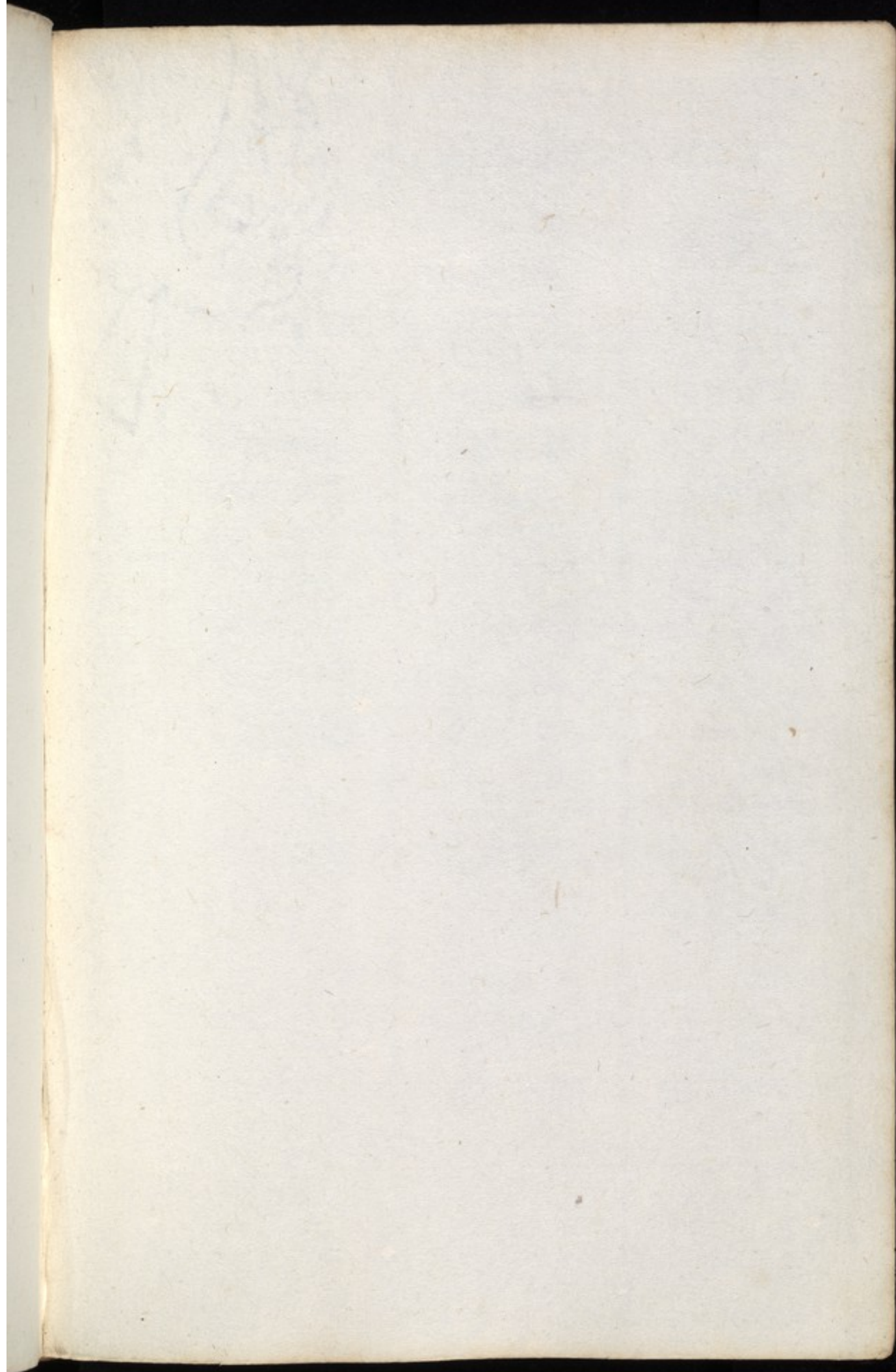
for Head & Stomack

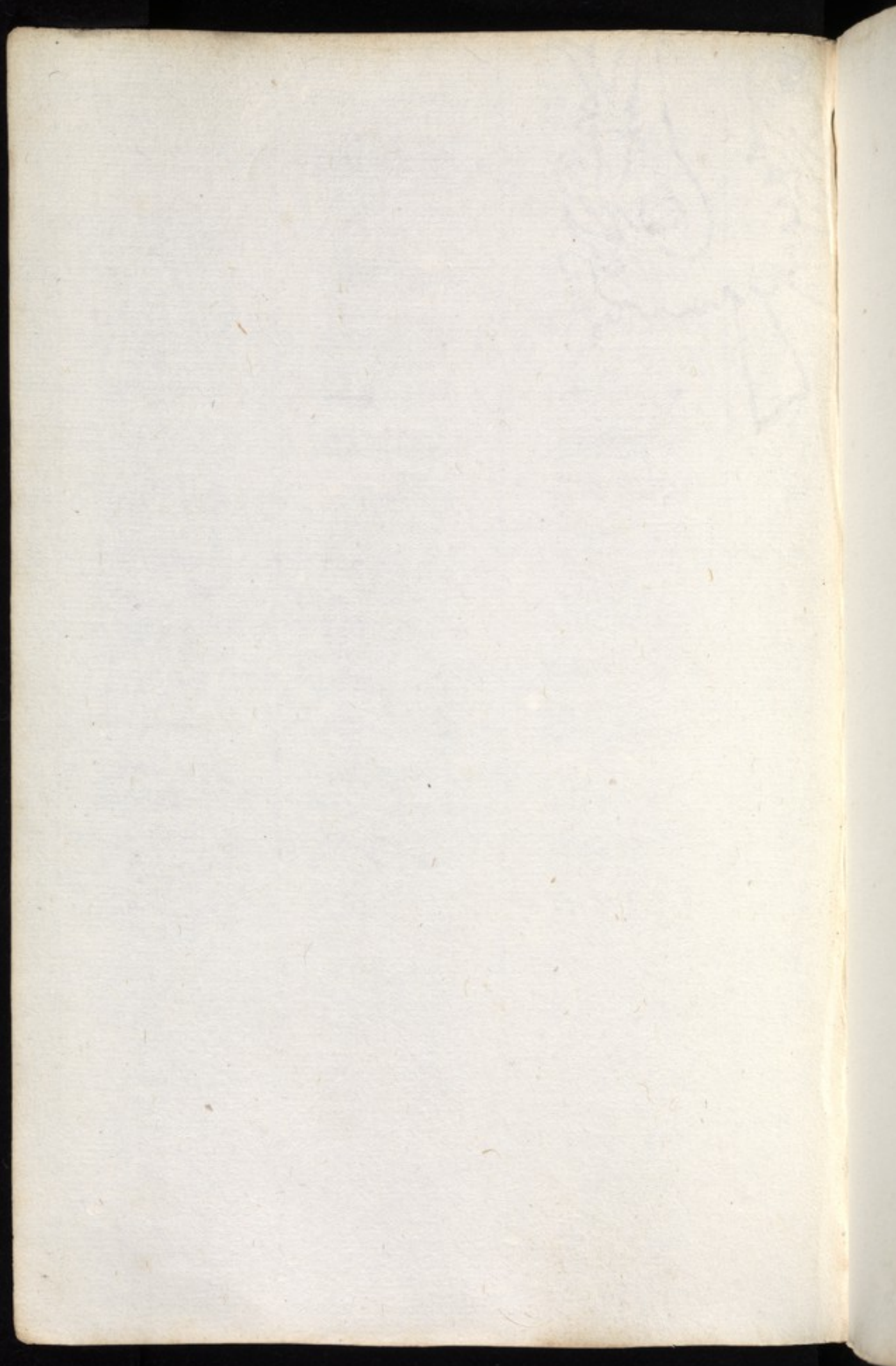
Take saffron, & mirr, & flow^{alike of each}
of as much a botz, beat all ve
ry fine, duste them through a
lawne, mingle it wth red roy
wat, & make pill ther of, &
take 2 of y^e ⁶st 4 in y^e morn
ings.

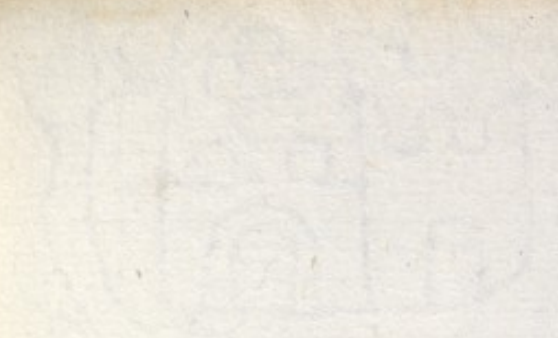


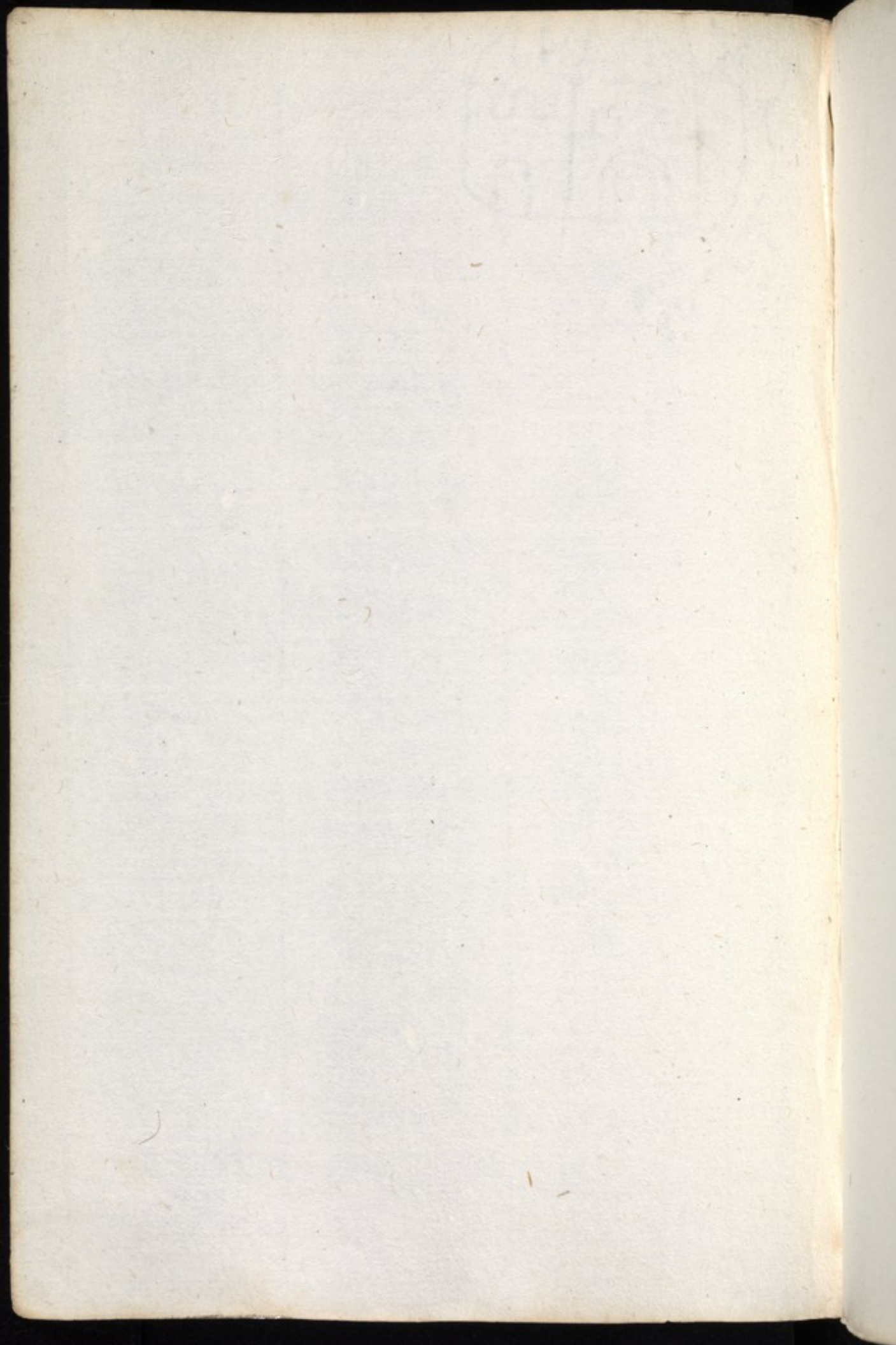


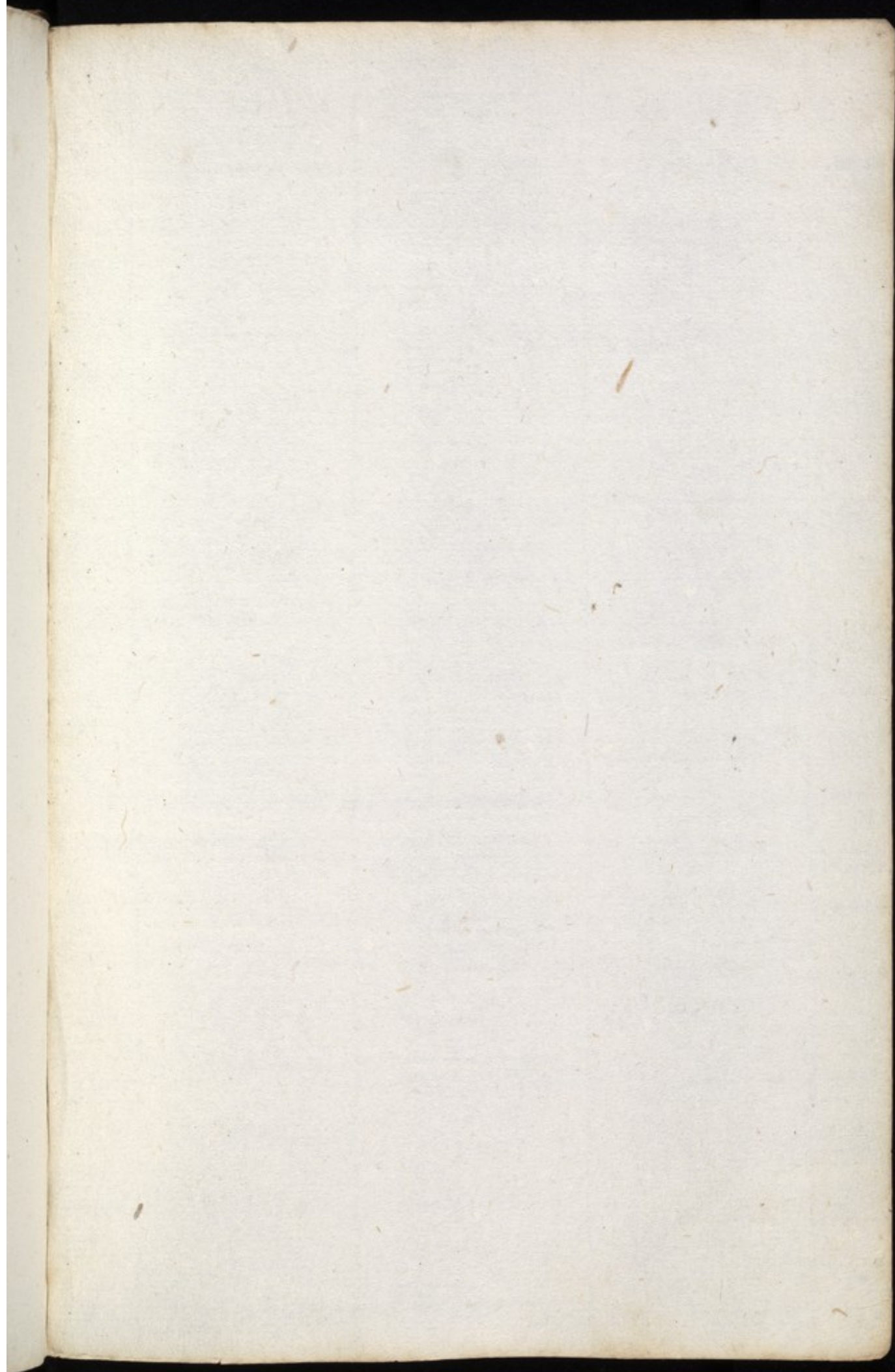


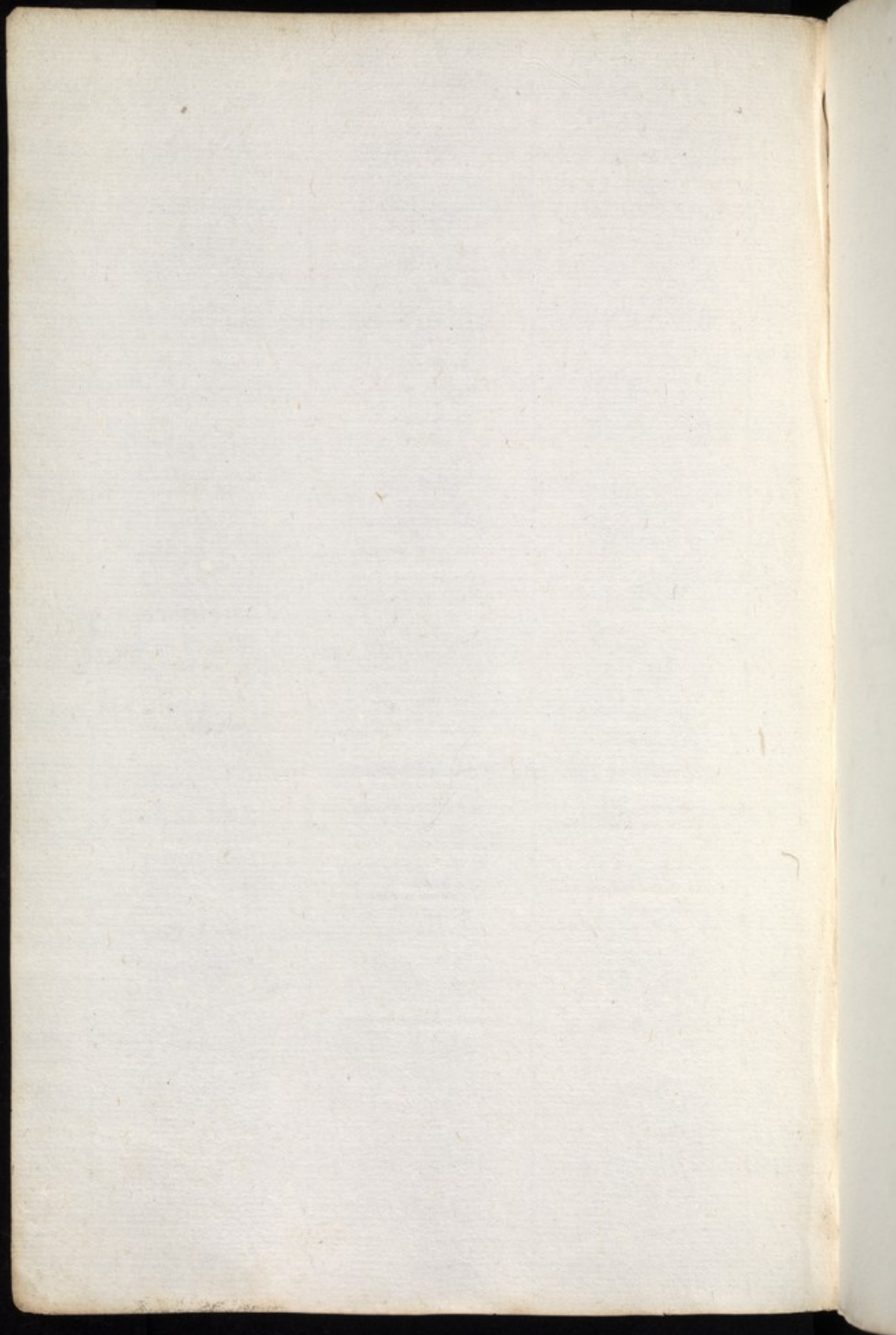


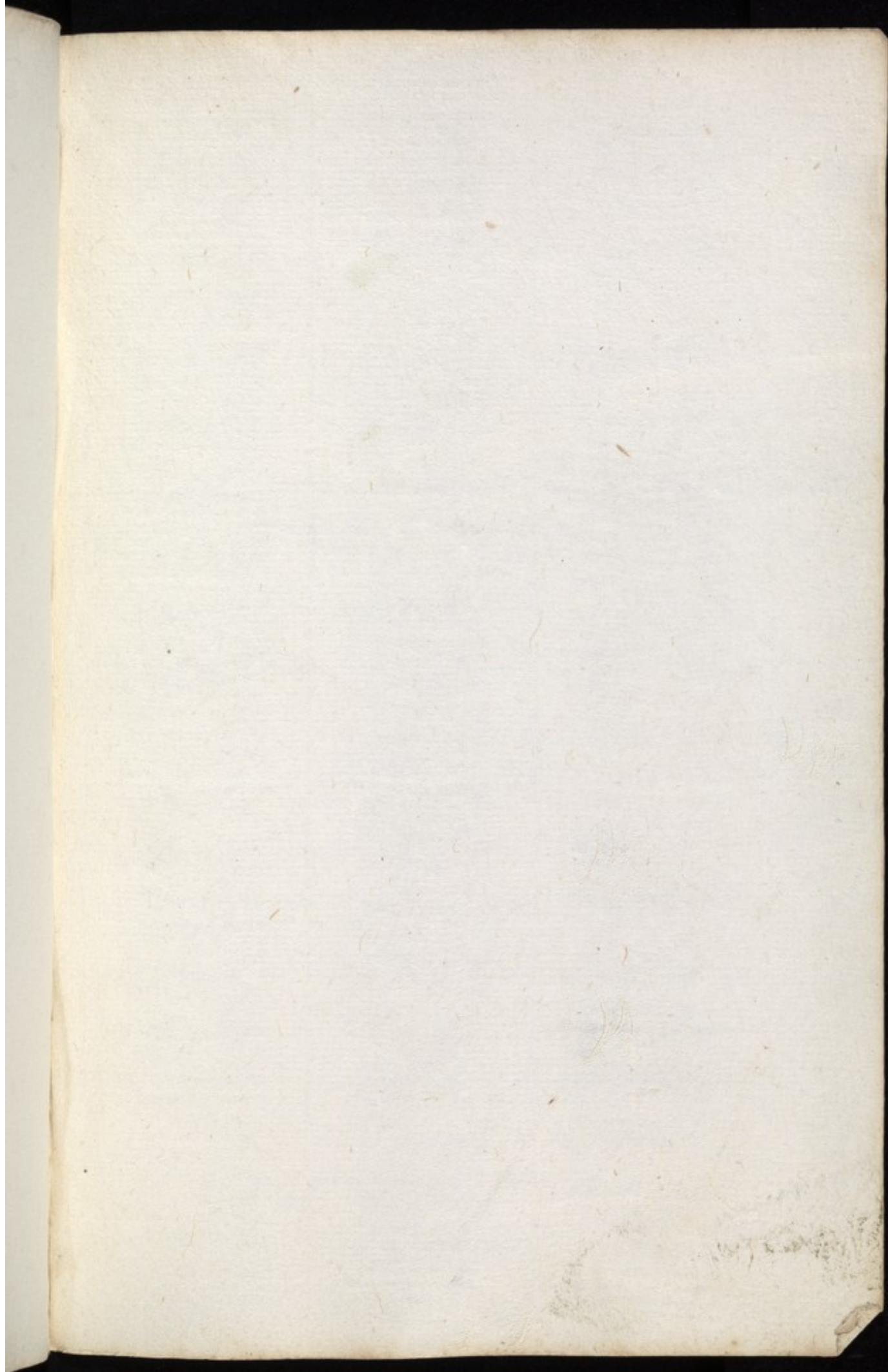


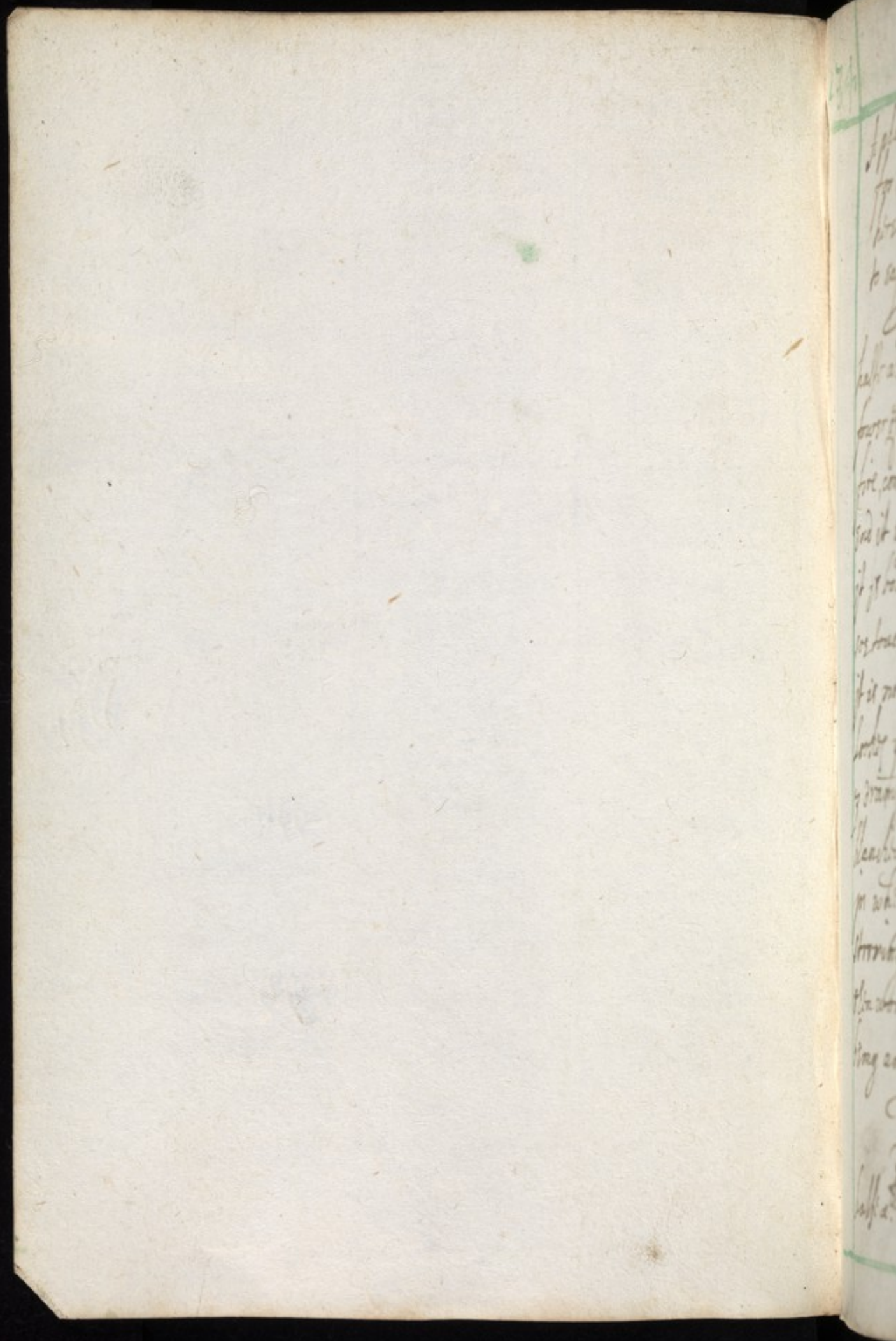












A plaister called y^e Minium plaister.
for heat in y^e Back. or any sore wth
hirsions y^e Laid Lint & saund. &
to ease paines in y^e finger or Toe.

Take a pint of Tallow oil,
half a lb. of red Lead. sliced very fine
four oz. of yellow wax put y^e m^o to y^e
fire, continually stirring of it in y^e
end it will grow black. so know when
it is boiled, drop a drop upon a stone
or touch it & if it cleave so y^e fine
it is not well boiled. & y^e black. it
lookes y^e best. then have in a redney
3 drams of Camphir beat wth 2 or 3
blanched Almonds. wth y^e must putt
in when y^e take it of constantly
stirring it, till it be almost cold
then worke it into roules y^e hand
being anointed wth oil soe of it.

The Leadn Plaster

Take a lb. of y^e Oile of Olives,
half a lb. of Red Lead, a quart of poare

of white Lead, both beat to fine poud.
fine oz of Spanish soap. Lett y^m be well
incorporat. together in a earthen pott
well glased, sett it on a soft fire to
boile for an houre & a halfe, continu-
ally stirring it wth a stick, then make
y^e fire a little quicker, till y^e redd
colour be turned to greenish, then
leaved stirring it till it com to an
oile colour. Then drop a little oppona
Sall & when it is cold, if it comof
wth out sticking it is boile enough.
then put in halfe a oz of Swind fat
& a little oile of Bary. then dip y^e
Loole into it, & hote it plain in y^e
hand till it be cold, then plane it up
pon a table & if it be wth out sticking
or Braikng it is enough. if not put
into it a little more Swind fat. this
plast. will keepe y^e ~~years~~
soe aply it but euery mon. drye & wipe
y^e place wth a Cloath. The vertue

Apply it to y^e Stomach & it procureth
a good Appetite to y^e sick takinge
away all griefe. if it be applyed
to y^e Belly it easeth y^e Colic. if
it be applyed to y^e Adome, it bindeth
y^e flux & taketh away y^e heate
therof, & doeth wonderfully stronge
it draweth a stone out of y^e Bladder
it breaketh & healeth all fellons
& impostumes, cureth y^e wormes
& generally all Aches in y^e Body.

Another Ointment.

Take roseage, & Rue, of each y^e
yongest jth. The Budds or very yongest le
aves of y^e Bay tree. & yongest worme-
wood of each jth pick y^m cleane but wash y^m
not. yⁿ shred y^m very small, & take 3th
of sheepe suet, hott fro y^e sheepe. all
w^{ch} must be shred very small, yⁿ mix
yo^r herbes & suet together, & shredd y^m
again. yⁿ put all they into a stone Mortar
& beat y^e by litt. & litt, till they be all
greene, & no white of y^e suet stand af
ter & lay putt all y^e things into a Ba
son, & putt to y^e a pottle of y^e best oile

of Ollivier. & worke y^e toget^r againe.
then put it into a new glazentie.
& cover it very close. & lett it stand
in som close place y^e space of 8.
dayes, then put it to y^e fire & lett
it boile simpringe. & when it is
halfe boyled put to it 4 oz of y^e oile
of Spike. take heed it be not in
y^e boiling, alway stirring it. to know
if it is well boyled, drop one drop
or 2: and a bright sauer. if it be
very green, it is enough. so strain
it into a gally pot, or glass; bring
well & close covered keepe it for y^e
use, when yo^r anoint any place gr.
rub it in, till it be almost dry.

The vertues. rub y^e small of y^e
Back therewth & it easeth him y^e
hath y^e stone, & halfe y^e bignes
of a pease closed in y^e eare wth a
litt^{le} blacke wood. taketh any part
it is good for scabs, fellony, any
risk of woundes, swelling, tooth
straining of joints, cramps, stich,
Sciatica, burnings, stiflings, or

sprains, in Man or Beast. y^e are
to make it in May, or June.

In an other receipt I found it
thus writt. Red sage, & Red of y^e
yongest, each one pound: yong &
fresh wormewood, & y^e budy, or yongest
leaves of y^e bay tree. of each halfe a.

A Balme for wounds. of a Monteban.

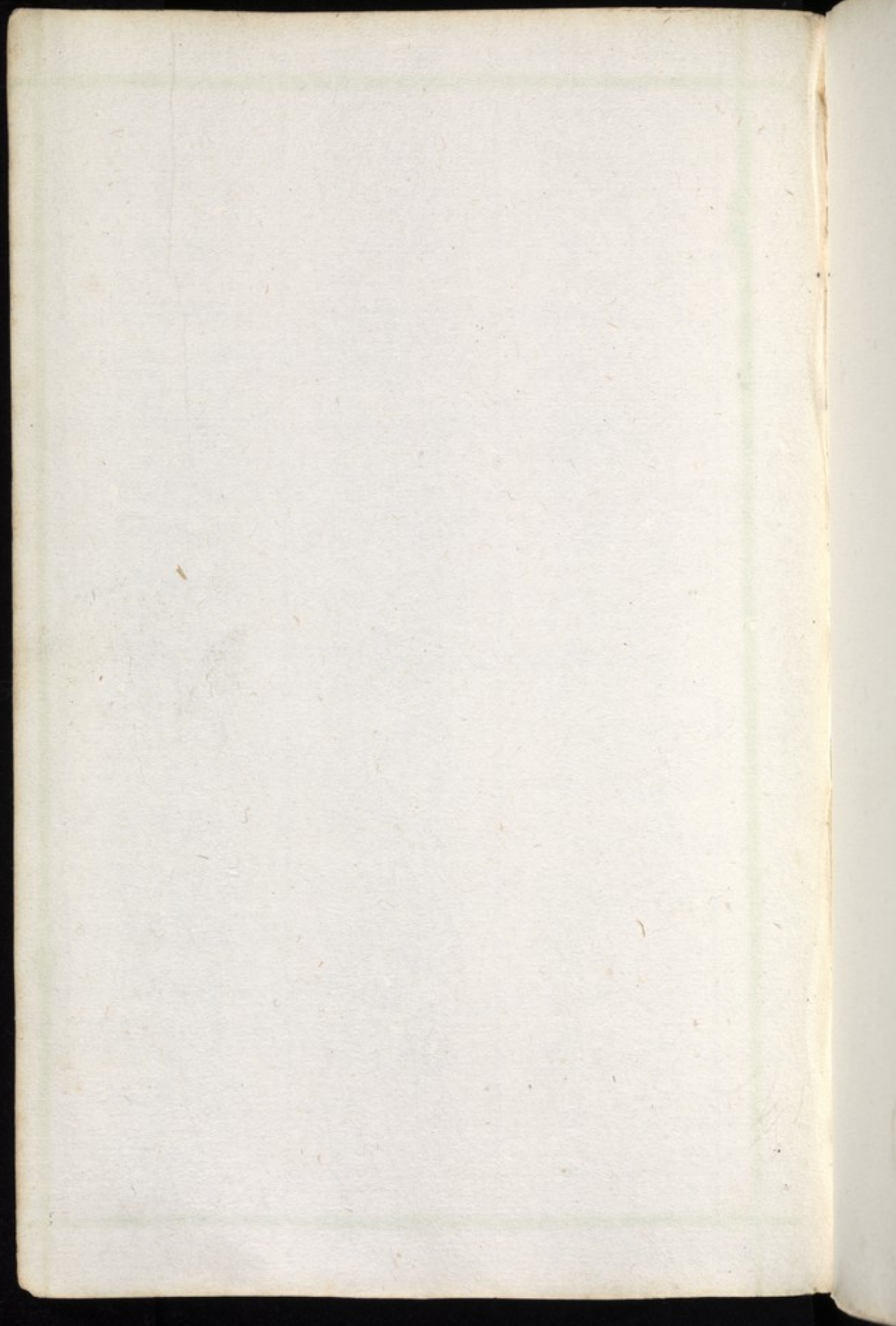
Take oile of Olives washt in
fontaine wat. & Turpentine washt
in Rose wat. & yellow wax, of each halfe
a. boile y^m into y^e substance of an
unguent. Adding red sandery to color it.
An ointm. for any wound.

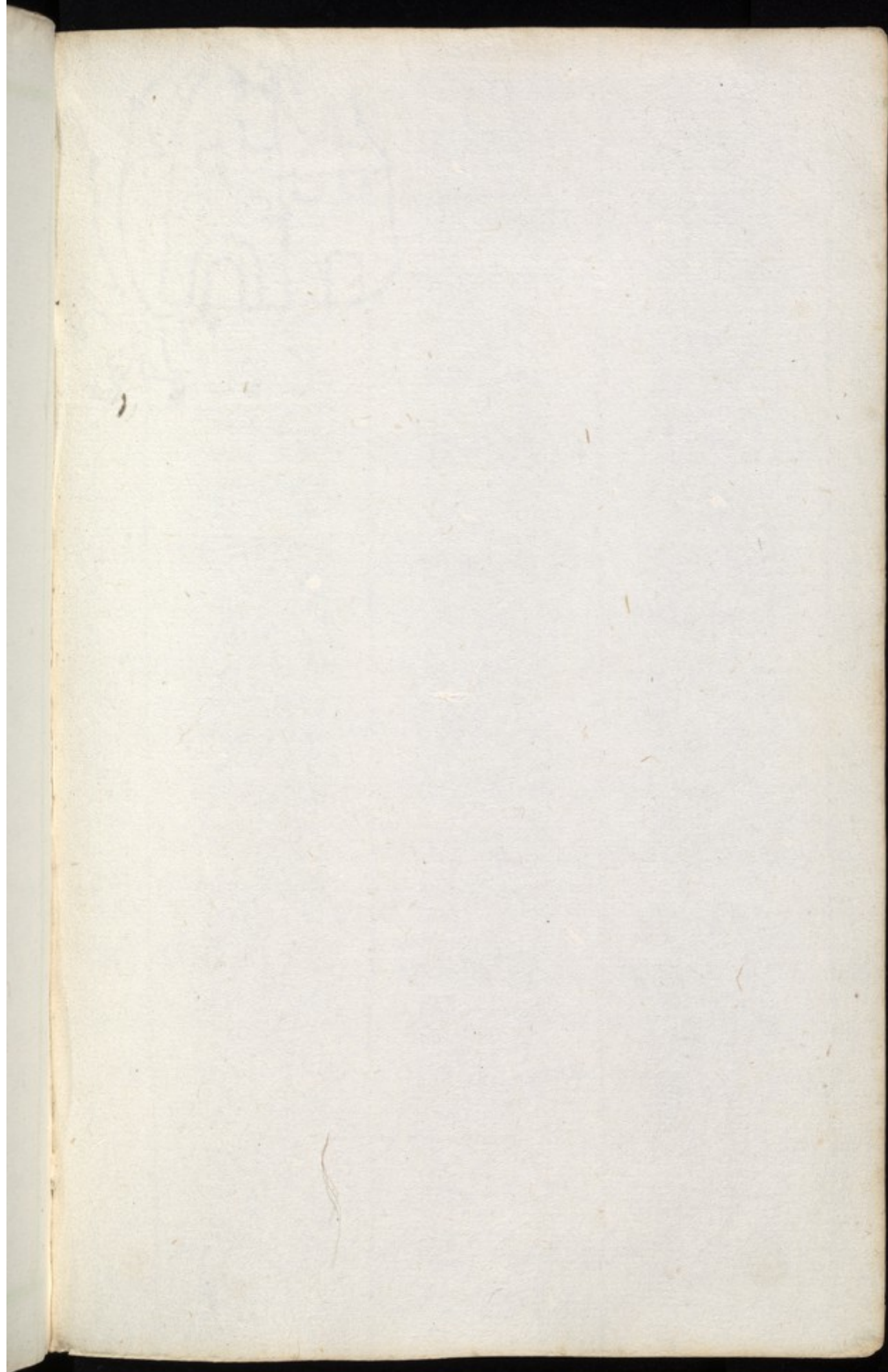
Take plantan, ribwort, tobacco, y^ero
o^r Ladys bedstraw, of each a good handfull
flowers of Comphry, & S^t. J. wort, & Rosemary
flowers, of each one oz. Scrape all thys in
sweete oile, & sunn y^m well but first bruse
them: renew y^m thus as oft as yo^e can wth
fresh herbes, & when they haue steynd one
moneth. wth a little yello wax & barrowes
grease well tryed, boile y^m together. yⁿ
straine it & keepe it for yo^e use.

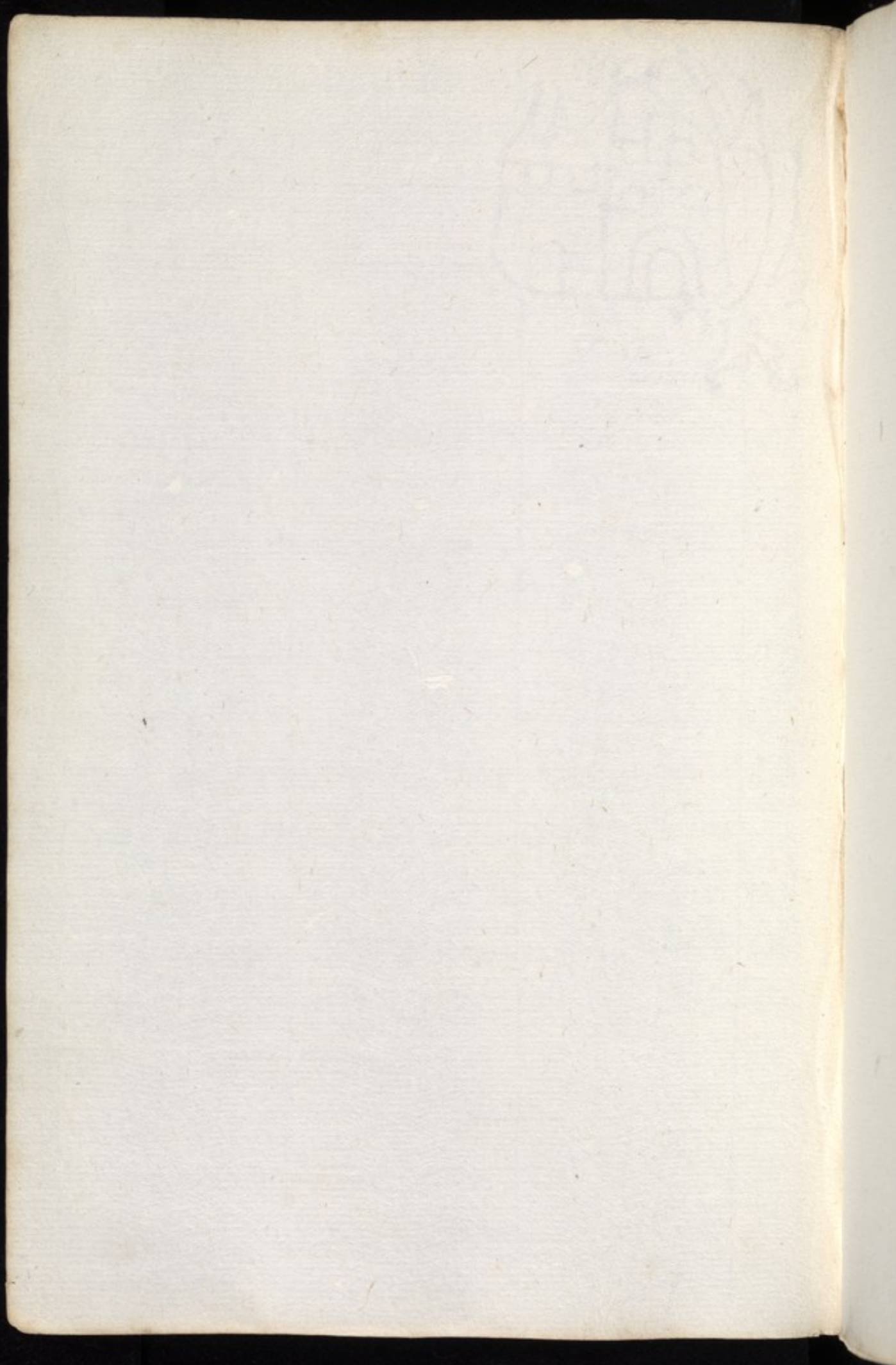
For any sore, or wound &c.)
Take halfe a lb. of Barres grees
or Sheeps lutt, halfe a lb. of unwrou-
ght wax. halfe a lb. of Rosin, halfe
an oz. of Blacke Sops. y^e melt all
but y^e Blacksops, & in melting
stir it continually. y^e put in y^e Sops
& soe put all together into a pint
of white wine, y^e novit y^e had
in Butt. & make it into Rols.)

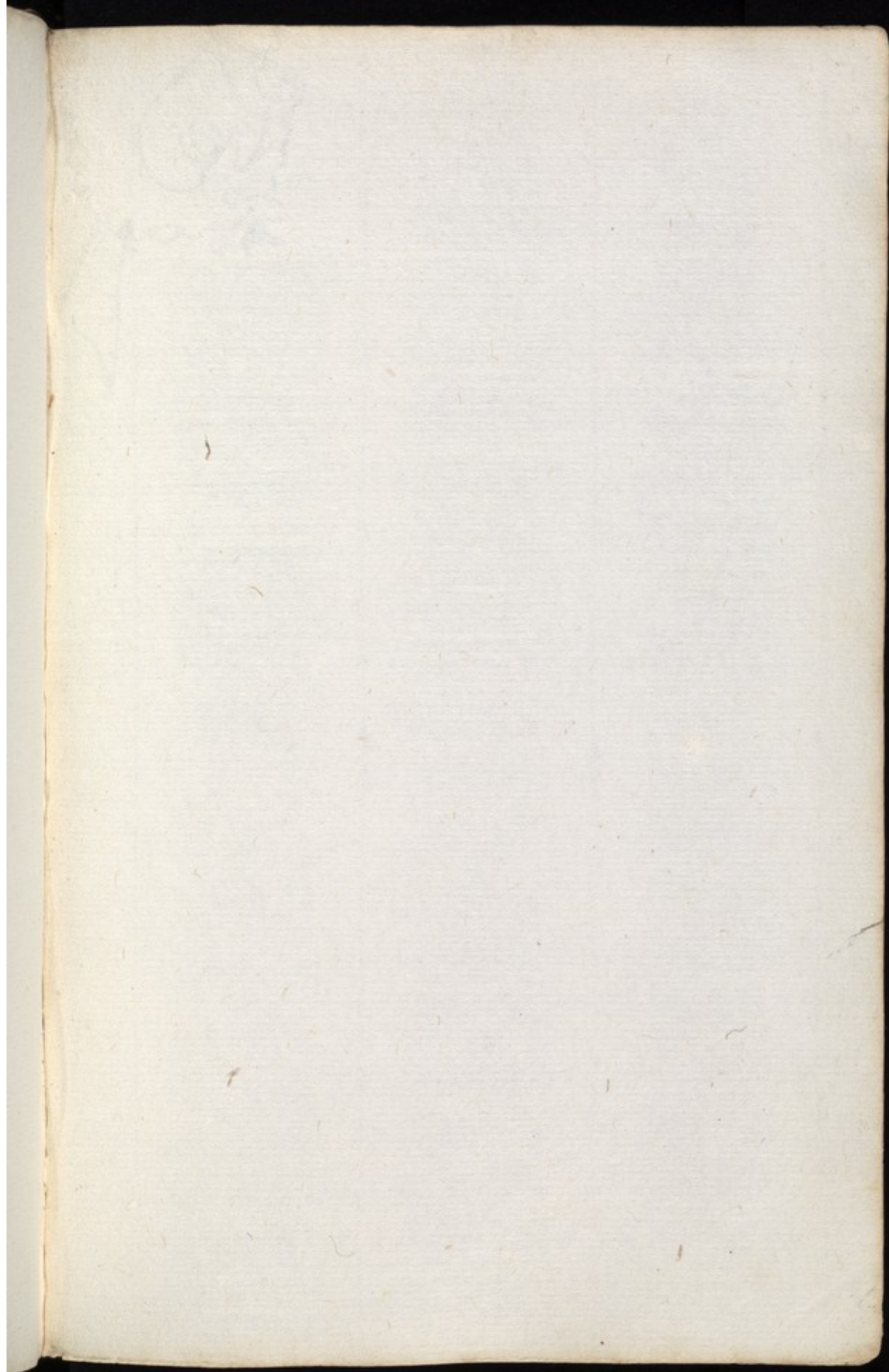
A wound Drink. i handfull
Take herbe Robert, Egremonie
2 handfulls, with Angelica, Bitton
Daisy, wth y^e Rootes, Bramble Leaves.
Bugle of y^e field, Mugwort, Sanna-
cle, Scabious. Strawberry Leaves, Aro-
maticum, of each a handfull. Pla-
ntain, selfe heale, of each halfe a
handfull. Boyle all these in two
gallons of Run wat. untill halfe
be consumed. then straine it &
& drinke therof 4 Spoonfulls
Morning & Evening.

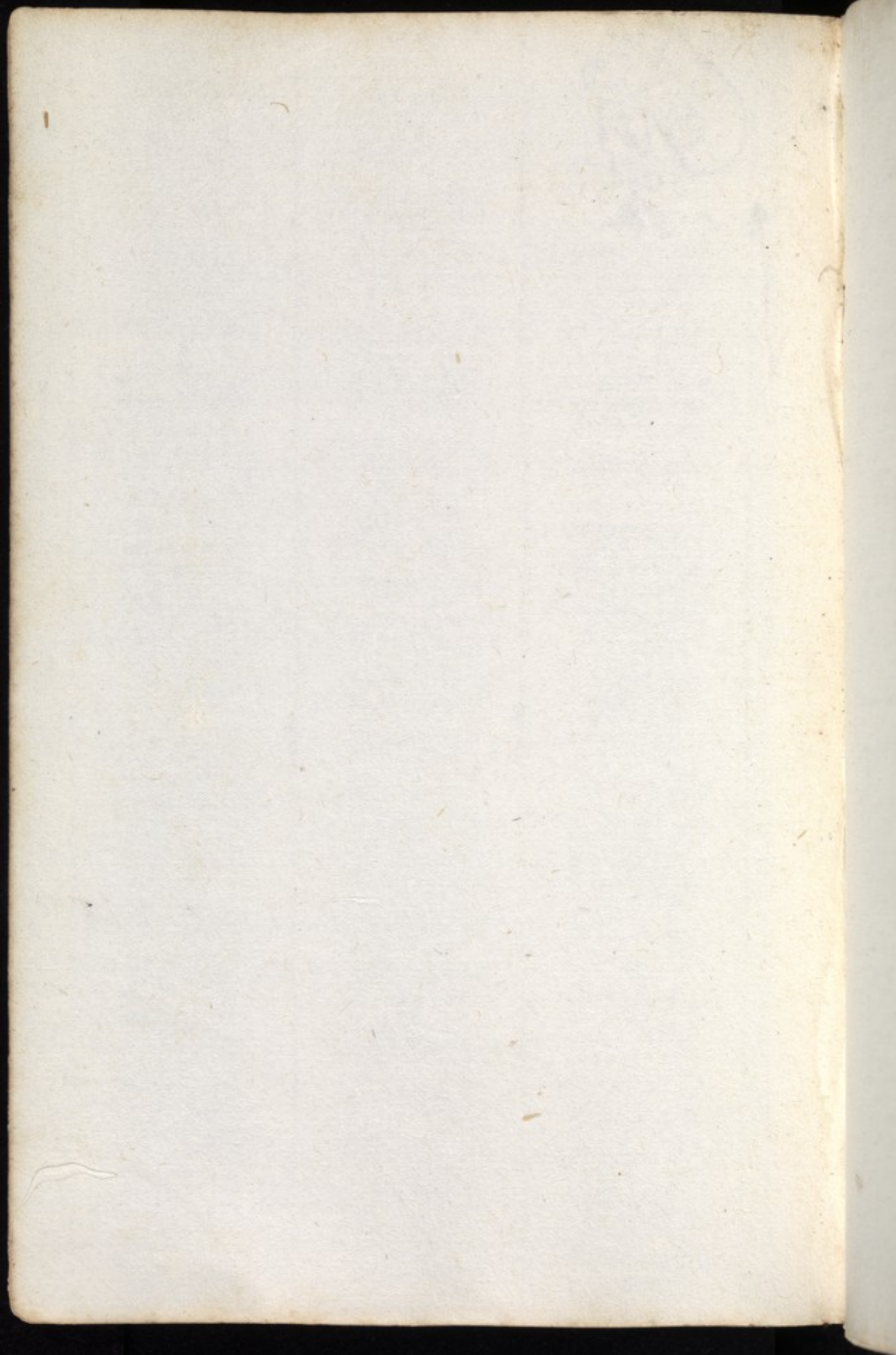
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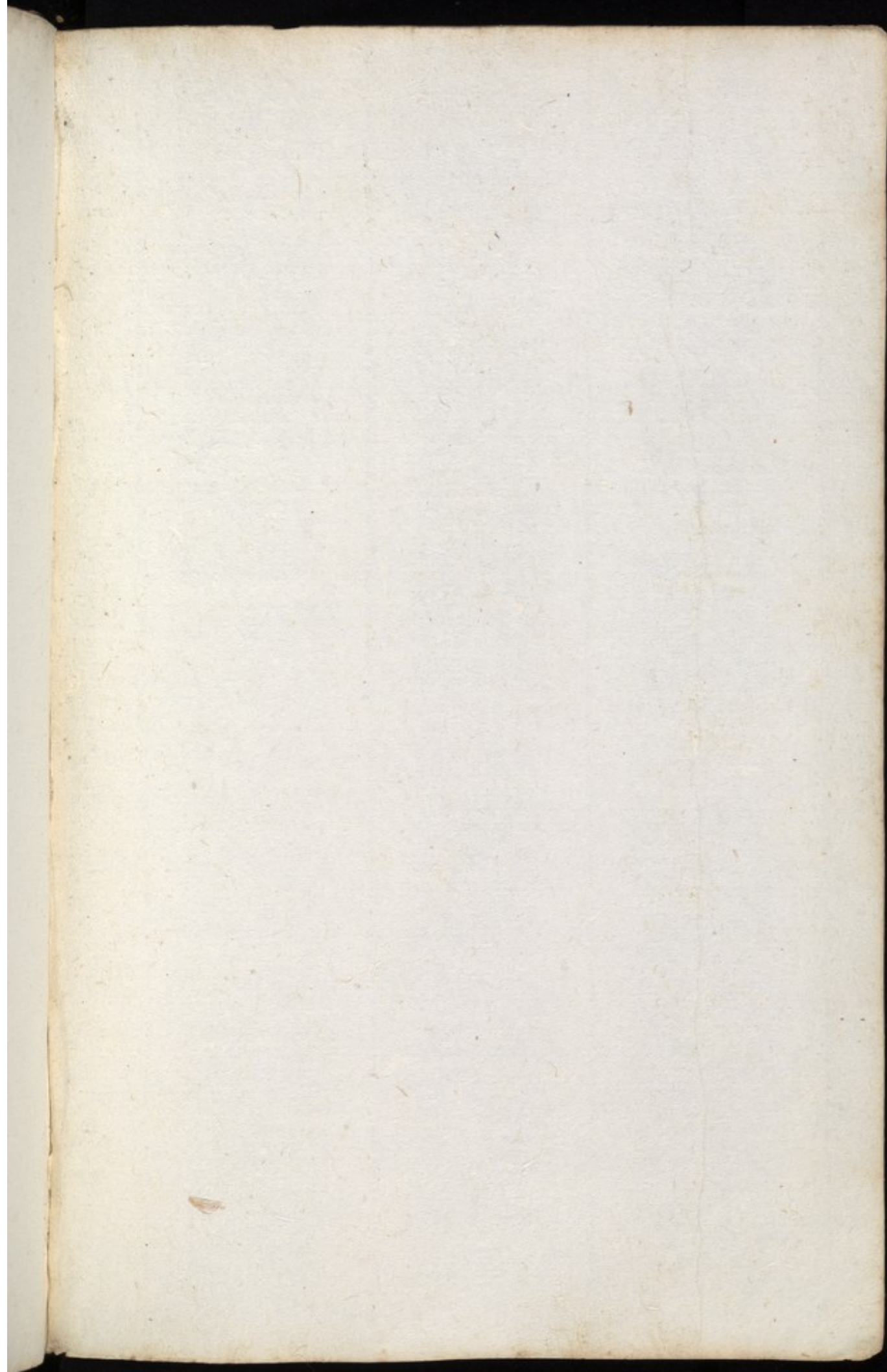












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for y^e Rume & orickling in y^e str.
Take a Nutm. & grate it & mingle
it in a little english hony & take it
Euen. & Morn.

hand
a quart
of a th
quart
T

for y^e same.

Take jcop, figs & hony sette
y^m in Ale & drinke & brog. Morn. & Euen.

for y^e Rume.

Take y^e or 4 parfly roots, y^e
pitt taken out boile y^m in a qt.
of white wine till halfe be con.
y^e put to it a nutm. grated, &
sum sug. so drinke it 4 dayes
togeth^r Eor. morn. & euen. y^e equal
of a quart. of a pint.

for y^e Rume & to dry it up.

Take sage dry it to powder: quier
it in a bagg, wash it & lay it
to y^e mould of y^e head.

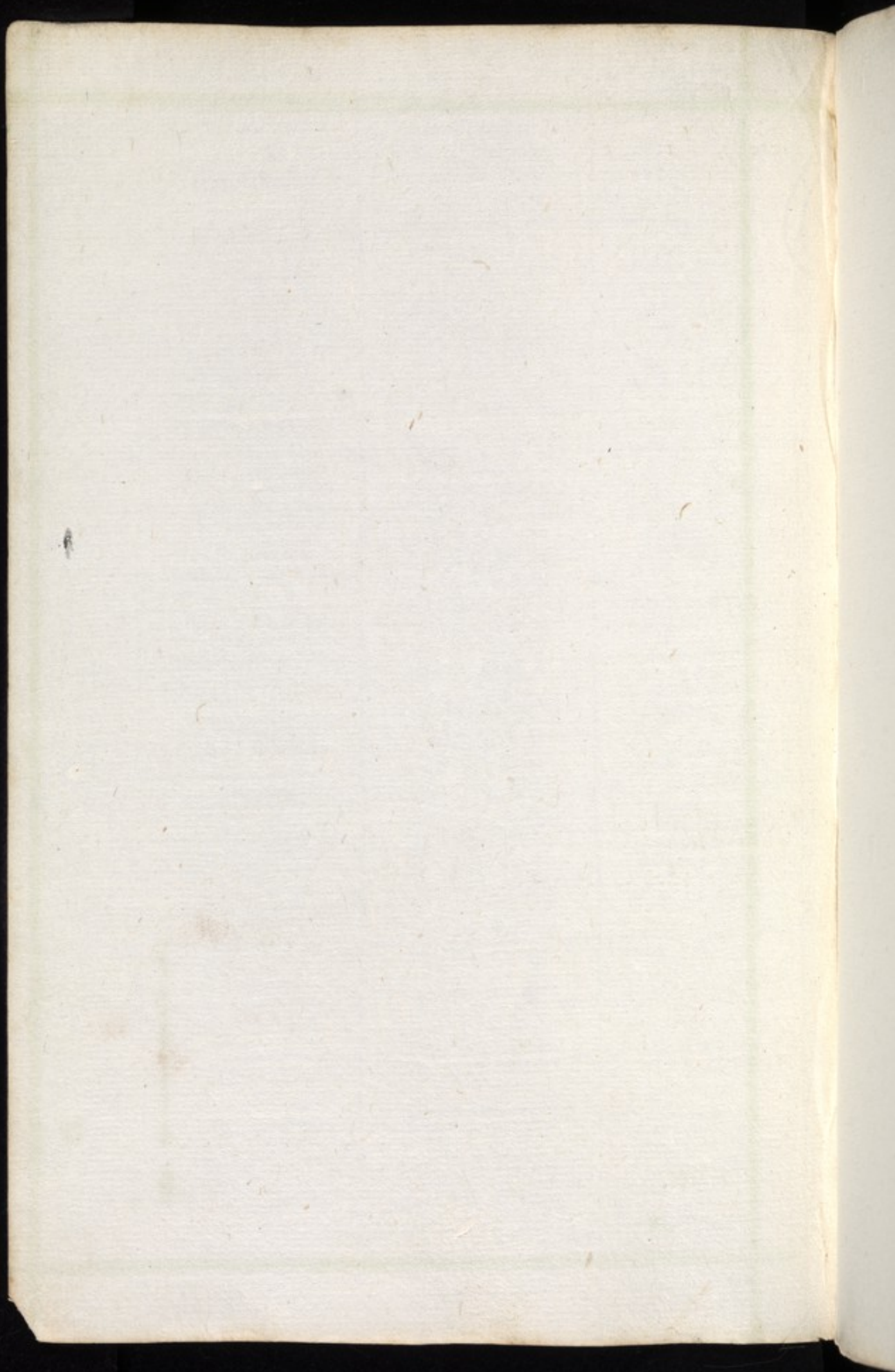
for y^e Rume dist. vpp^r y^e Tongue.

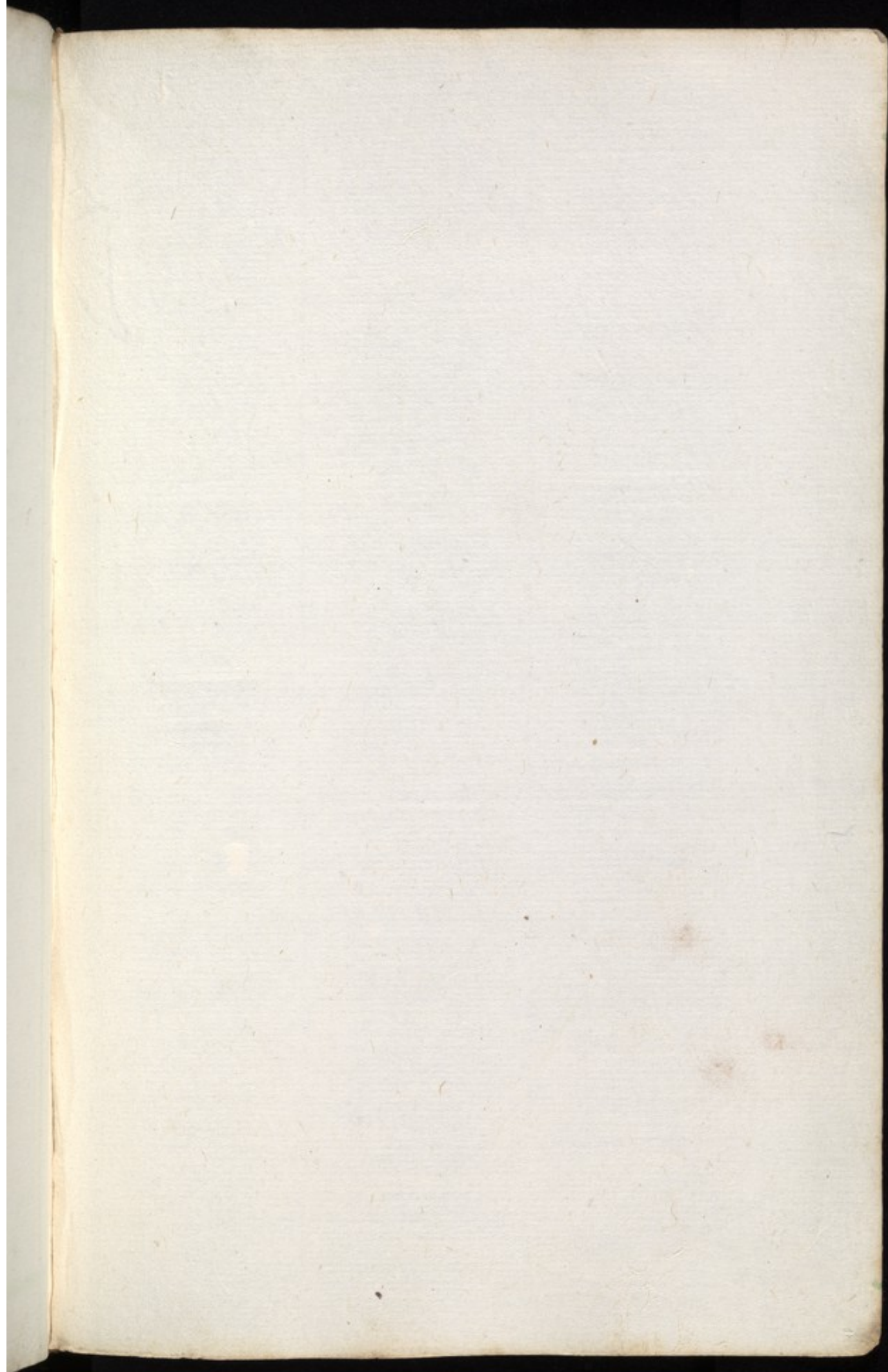
Take Sirrup of jcop, horsehound & lie
corish of each alike, put y^m togeth^r so
dip a liecorish pick t^r Eorin & low it
distill down y^e throat softly of it
it self.

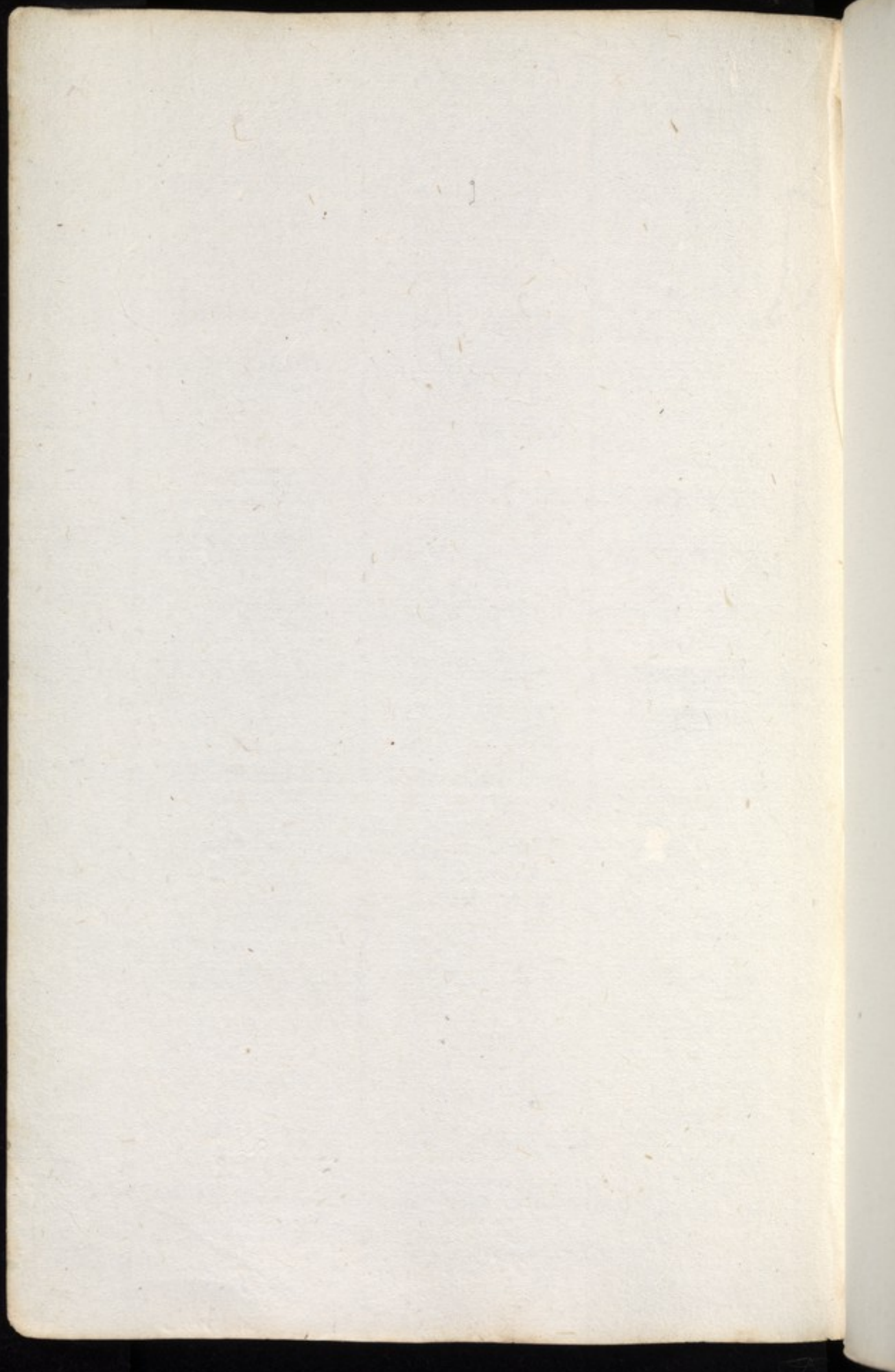
for Rume & exstr. pain in y^e head.
Take Rume, otherwise: herb graue
Dry it to powder wth a Spoonf of wine
seeds. y^e Rost an egg hard, cut it
in two & take out y^e yolke & fill
it wth y^e powder. mingle it & lay
it to his noddle butt as y^e can
for y^e Rume.

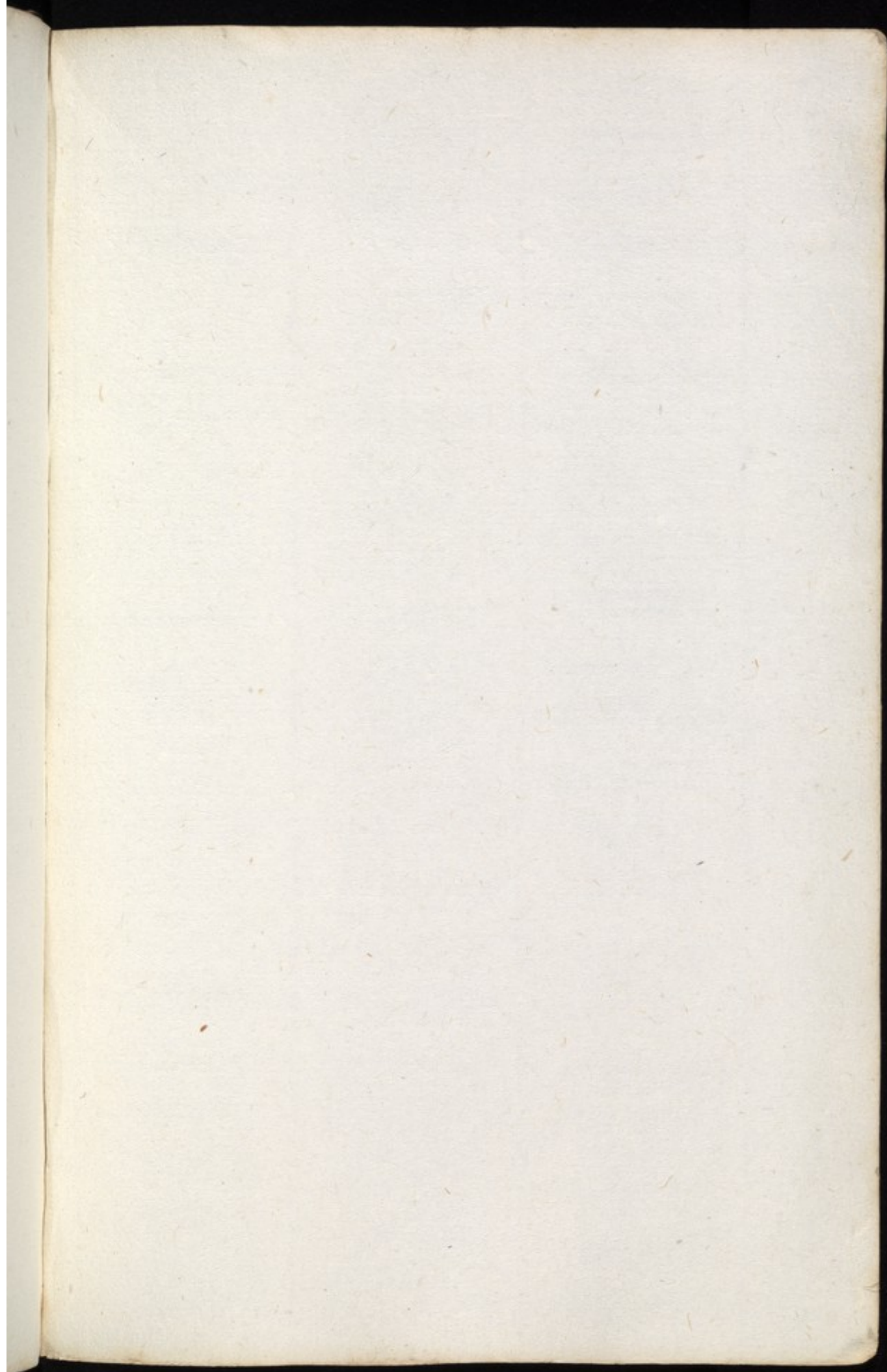
Take of soft figgs, & Honey. Sittles
them in Ale, & drinke it.

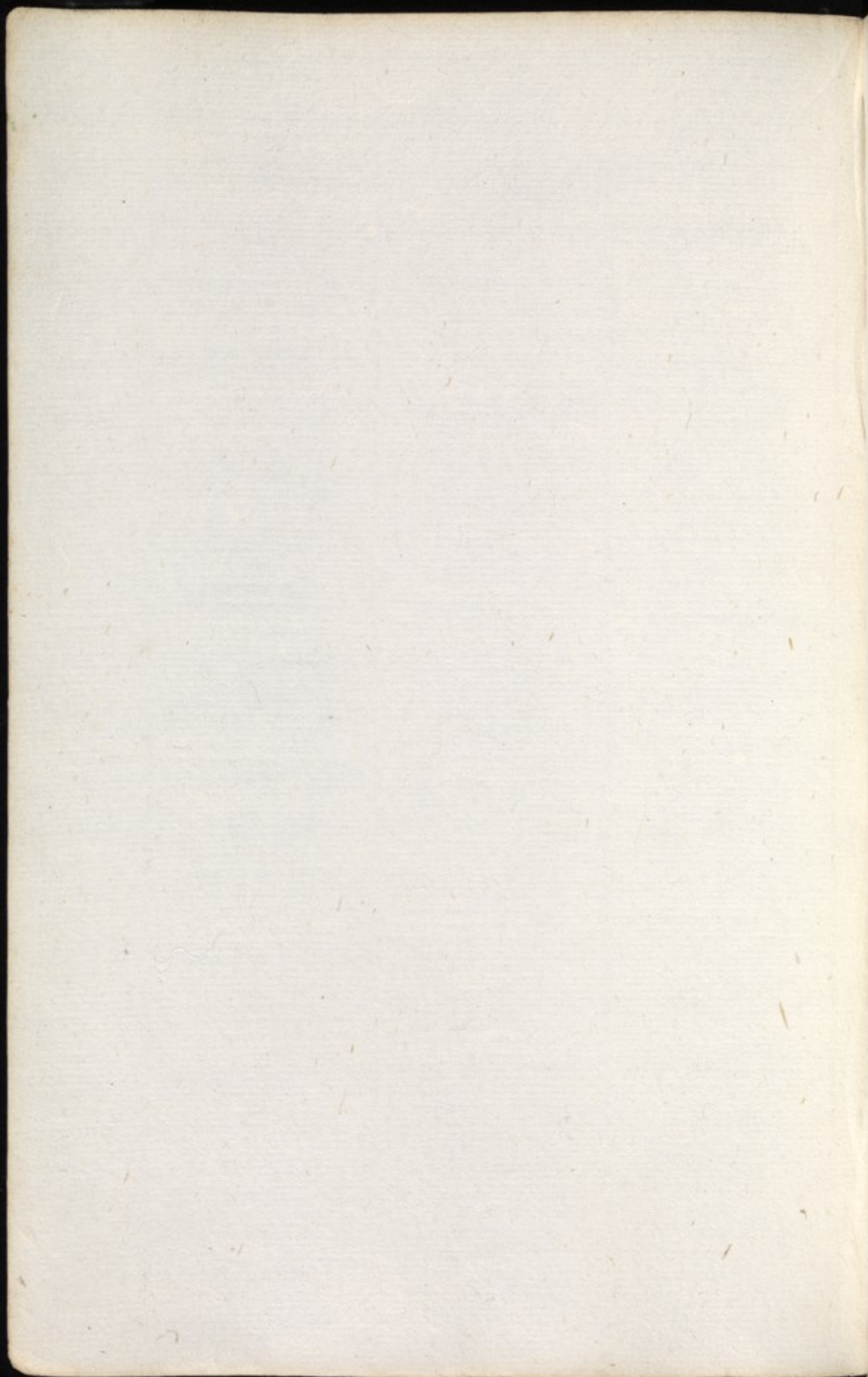
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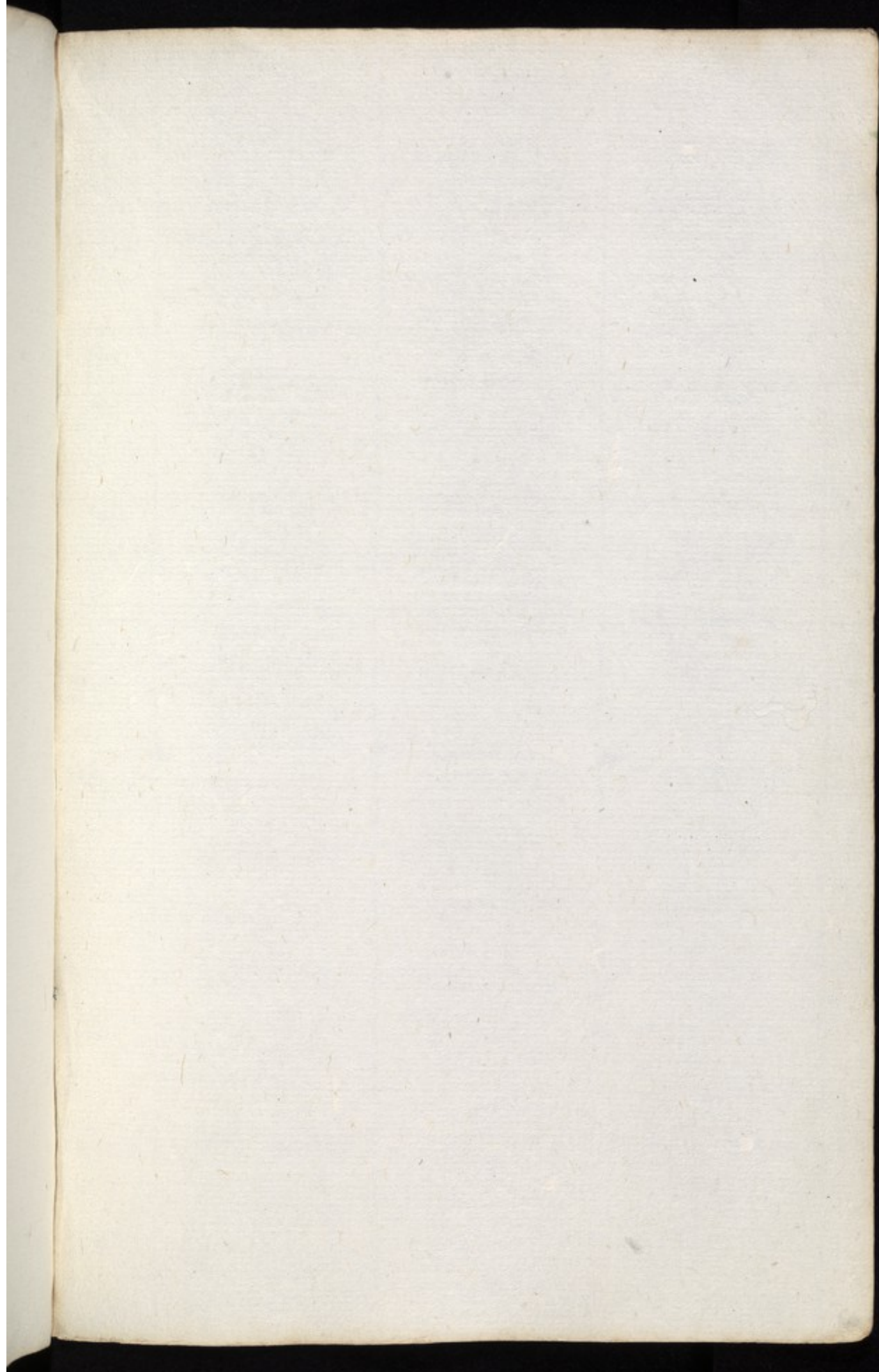


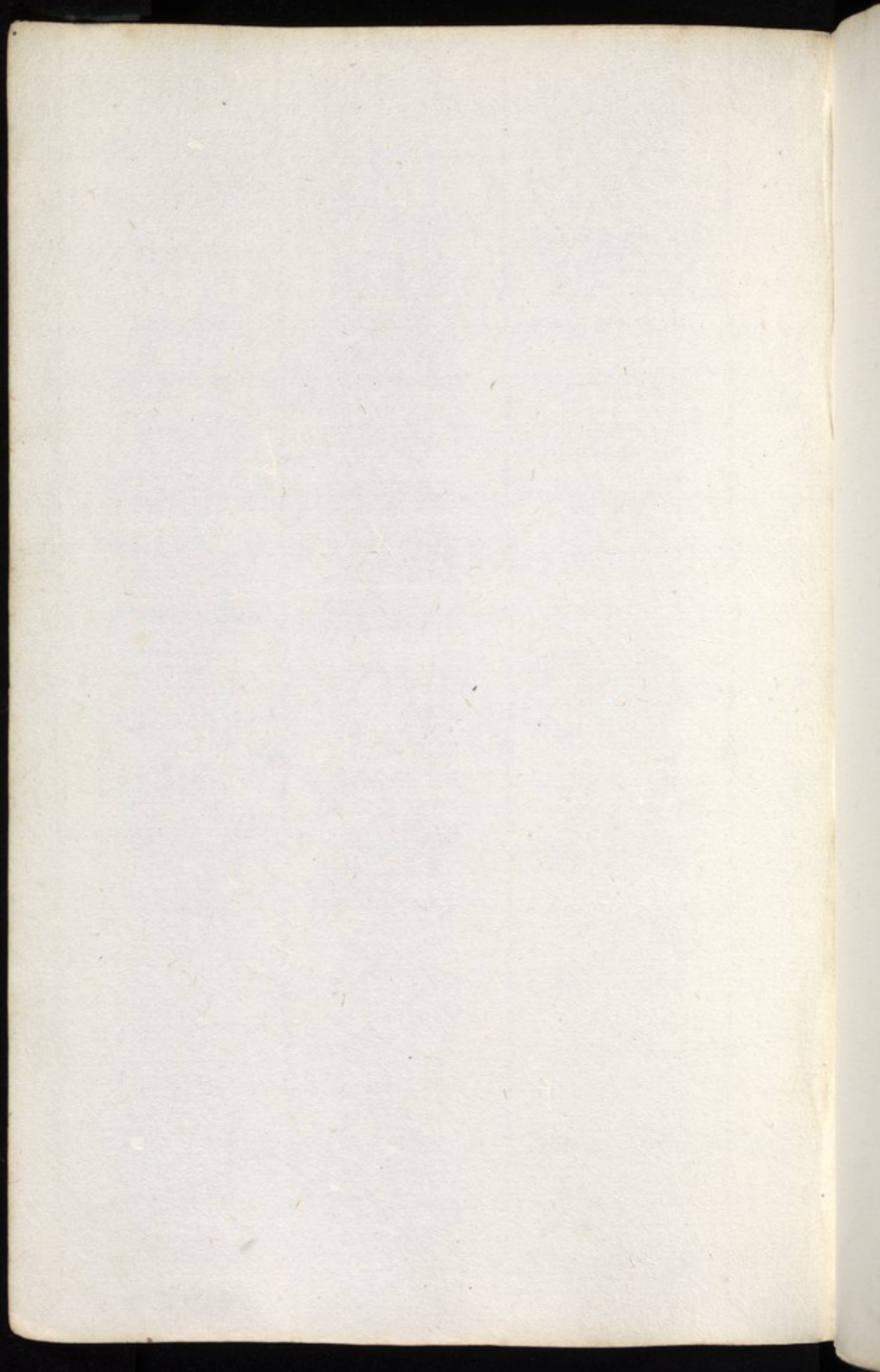


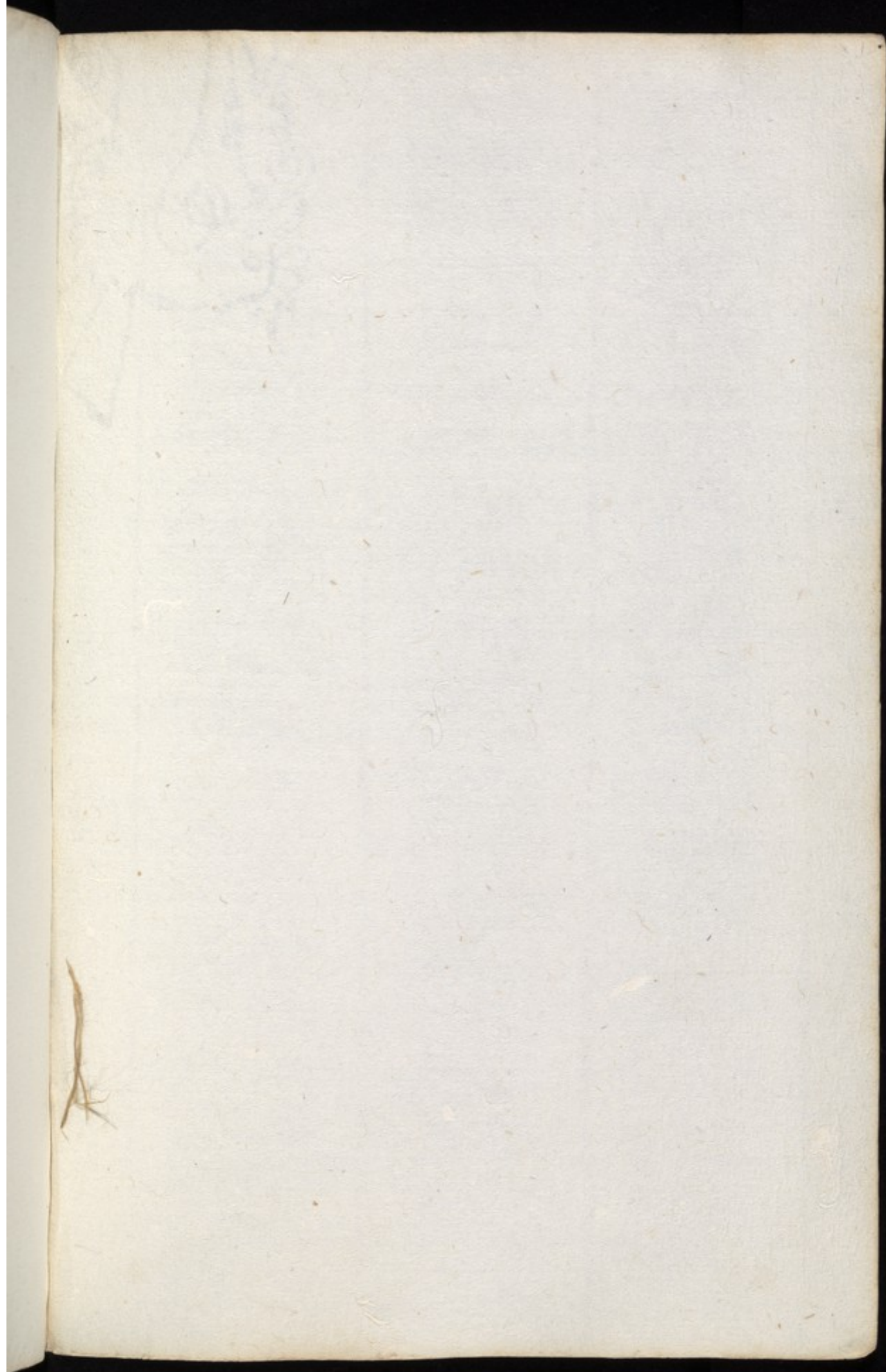


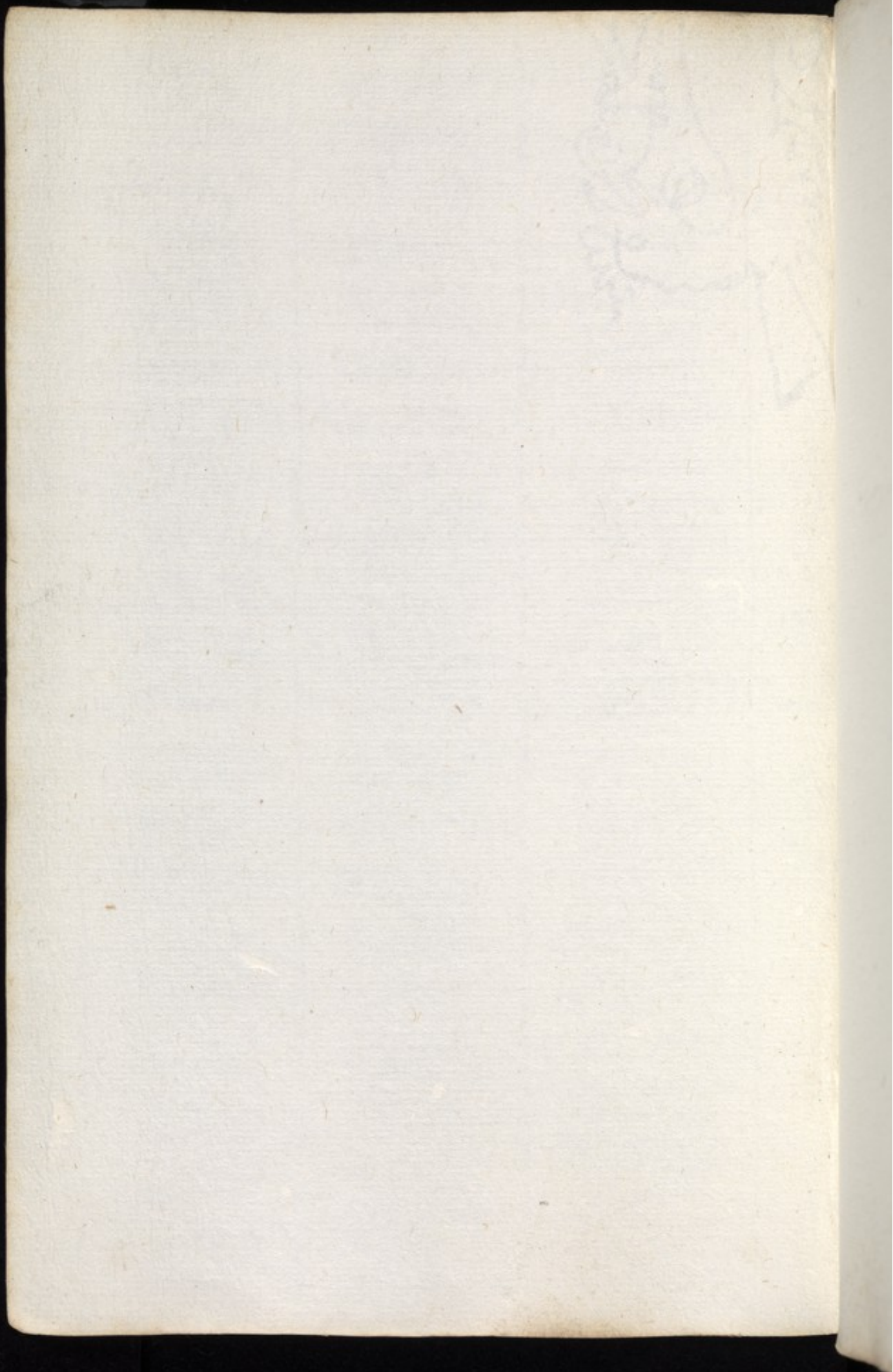


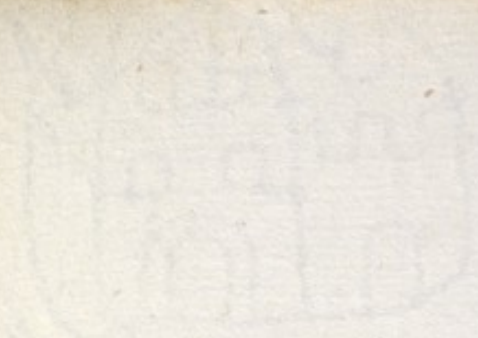


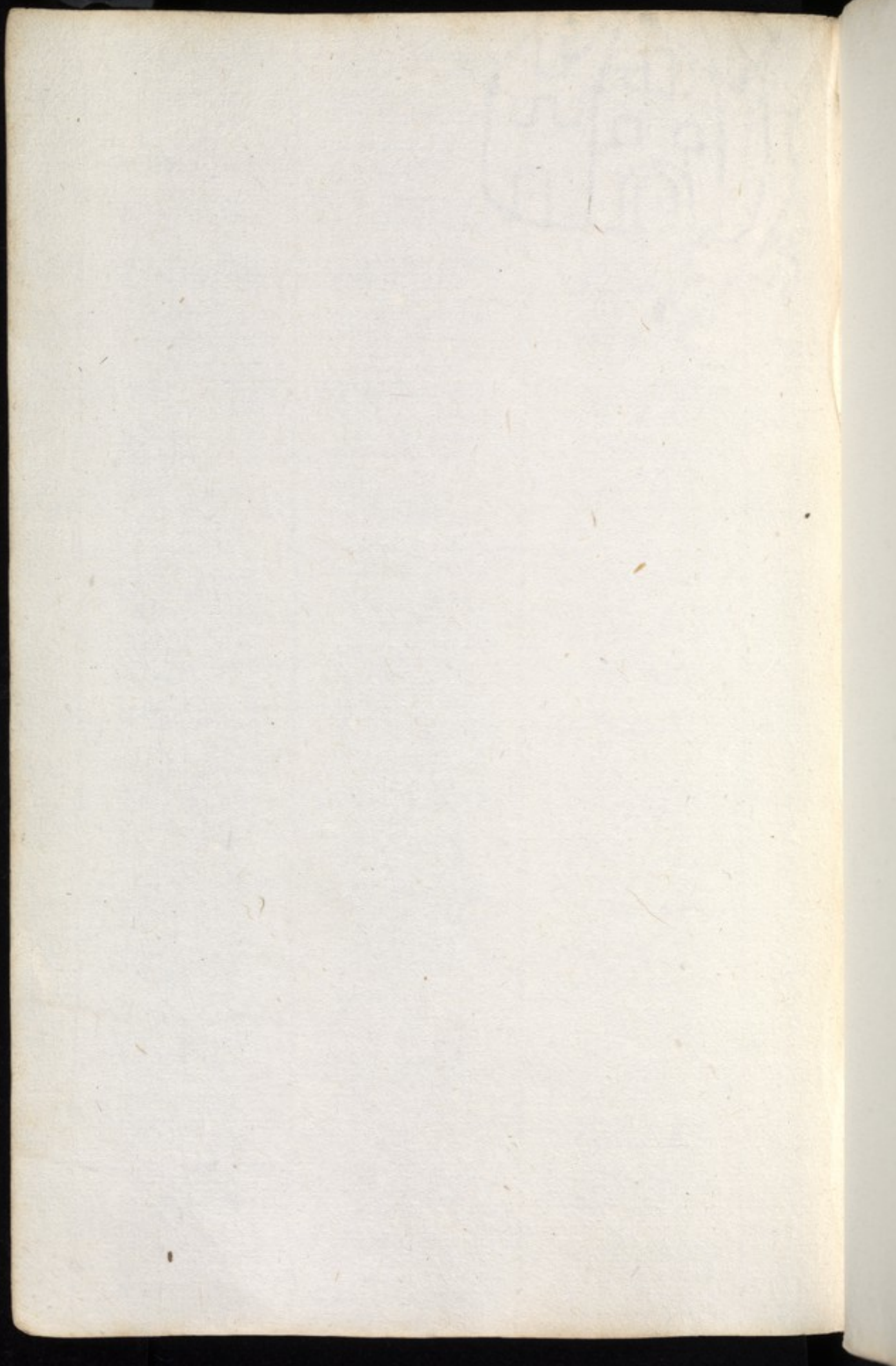


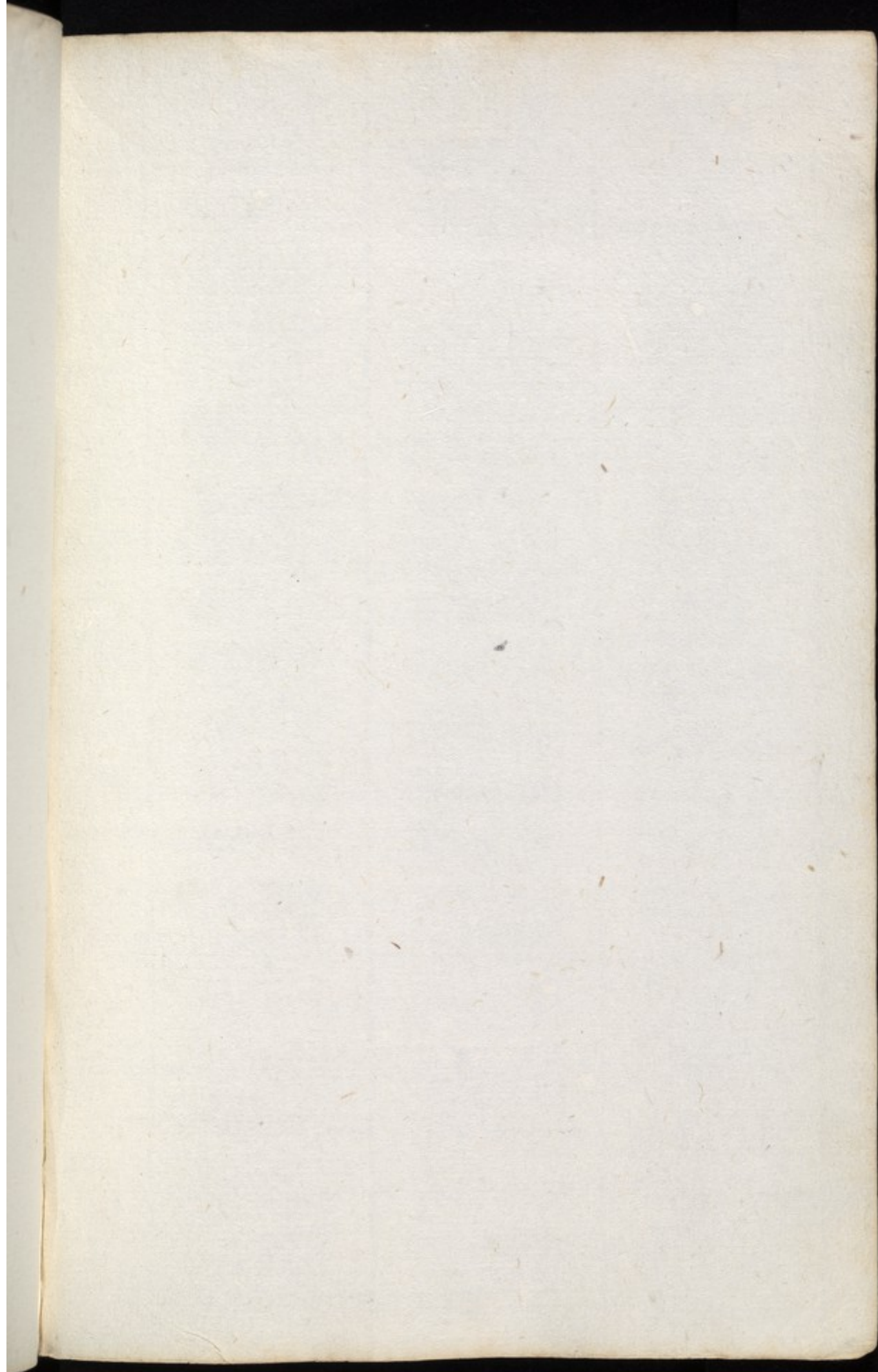


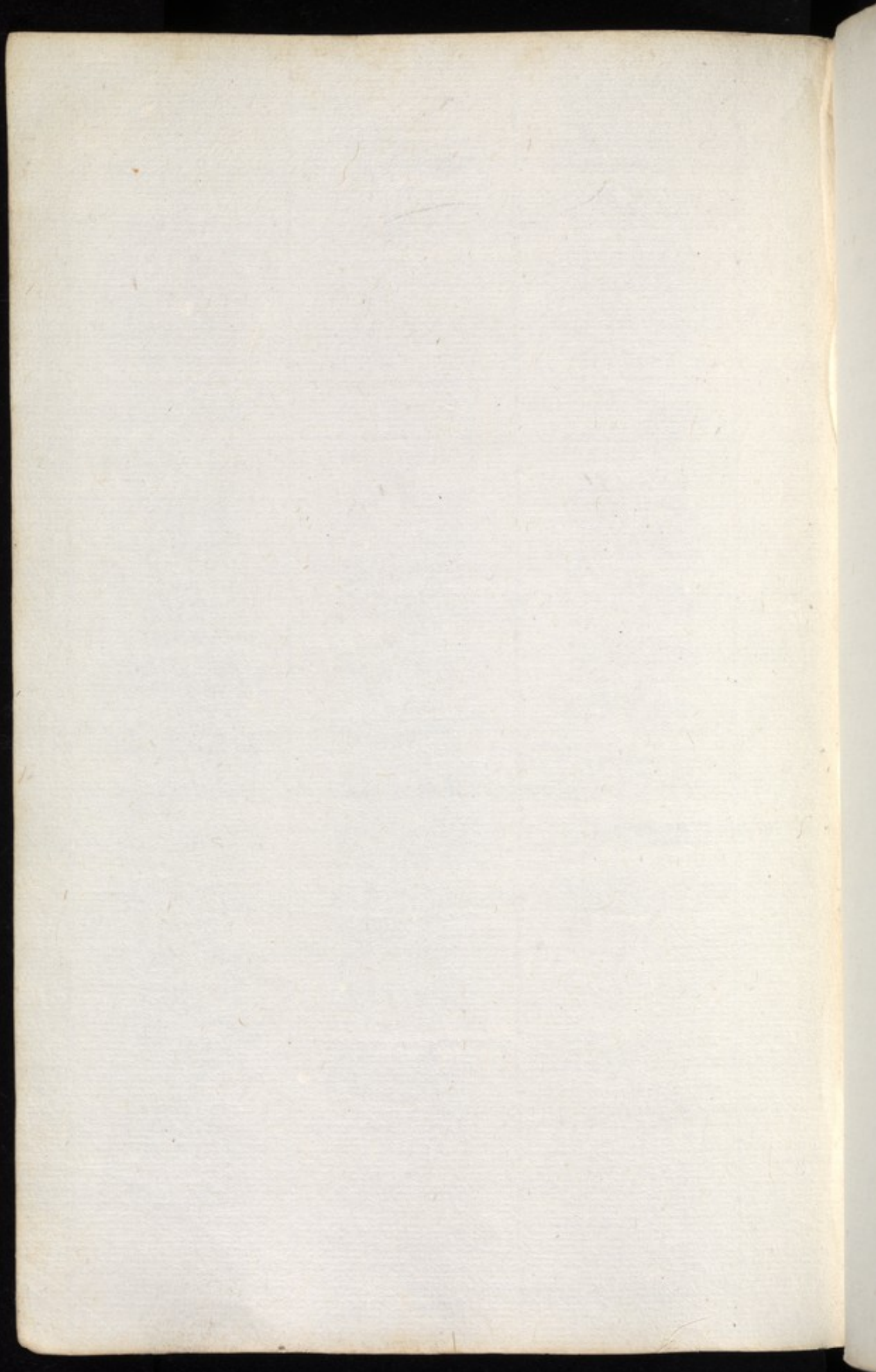


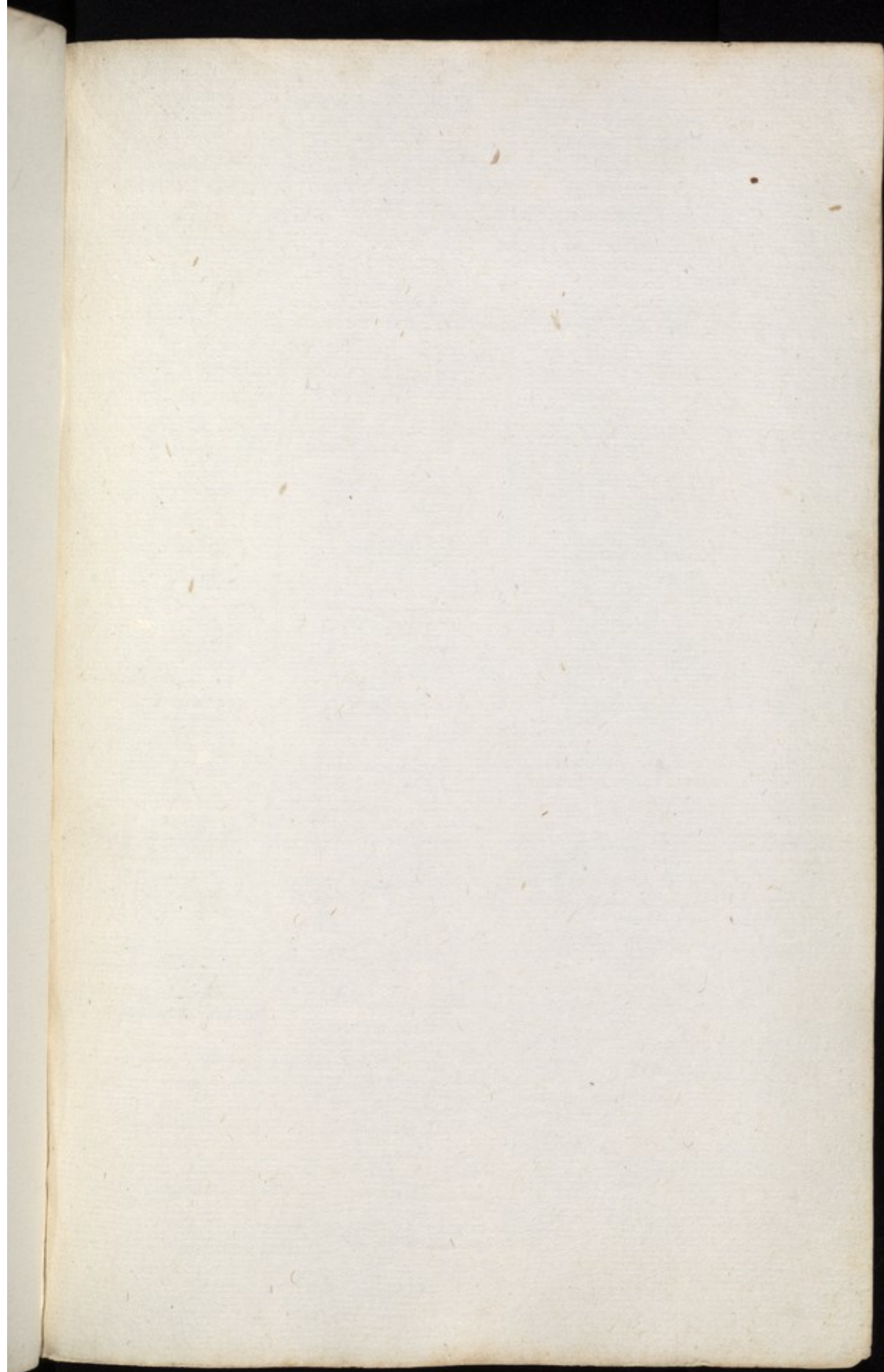












[Faint handwritten notes, likely bleed-through from the reverse side.]

240.
S. 1
Syrup of Poppy: S. r. w. m. Salter's.

Putt yo^r Poppie Leaves in an earthen
Pott well glased, & filled wth running wa-
ther sett them uppo imbers six dayes
to infuse, ad fresh every daye & to a
quart of y^e Last straining ad one pou-
nd of sugar then boyle it to a Syrup.

To make a drinke fo y^e Pleurisy.
Take a Gallon of faire wat. iiij. of
Sassafras a few reys of y^e Sord. alit
Licorish & Marsh mallow roots: boyle
them all togth: to a pott. y^t straind it
& make it sweet & drinke it war.
before Supp. for a cold Stomach.

Take Rosemary flowers husks
& all, & put y^t into a faire Basen soe
steep y^e in Carrett wine, & cast Cinna-
mond uppo y^t, brused: coverd close so
for 6. howeres, y^t still y^t & y^e this wth
of y^e it greatly comfort y^e Stomach: &
releue y^e Spitting.

for y^e Sticke
Take for a Ma. y^e Leaves of y^e Shee holly
for a wo: y^e Herk. dry y^e & beat y^e to powder.
& put thereof into y^e drinke or Broth.

Against Sorrow, or Sadnes of Heart.

Take Mithridat. saffron And Malmaey
a quantity of each wth a litle ginger.
Mix all they together & drink it.

for y^e Stone in y^e Kidneyes by y^e C. Cesar

Take Sierre p^{er}asi hand. wash them
3 or 4 times, & putt y^m in a p^{er}kin wth a
pott. or more of wat. soe lett y^m st^{and} all
night vpon y^e Embers. in y^e Morn. Let
y^e build wth y^e cragg end of a rock of flint
aff. it is deemed put to it a good handfull
of Rison of y^e Sonn stoned, & they sh^{all}
bound vp in a bundle. Succory, wth y^e roots
Liuercwort, Egremony, hartestonge, Ma
idenhaire. fennel roots, parsey roots
Asparago roots of each halfe a handfull
of Rosmary & bind a litle wth sum who
Maid.

Against y^e Stran. or Stone.

Take y^e knotty roots of filupin
dola pared & made into fine poud. y^e wait
of 2. drams. holme Birrey in poud. as mu
mix y^m together & drinck one dram the
rof Morn, & Euening in 6. spoonfull of wth
hit wine.

Or take Camuske-roots, & Drine-
balls. of each halfe a oz. of iust & par-
slye. & 2 handfulls, rue, & holmebit
one dram. make a poude thereof & take
of it as of y^e form. They are only to
quicke vrin & to bring away y^e Gra.
if extremite of paine follow, strong
meanes must be vsed, also yo must
be carefull in yo Diett, white wine
is good & also a good draught of Beere
as soon as yo rise. when y^e matt. of y^e
stone is voiding, or yo may take a
pint of New milke, halfe a oz of Hottad
poude. 4 oz of y^e oyle of sweete Almonds, they
yo must mingle & giue like warme at
3 of y^e clock in y^e aft. noon.

For y^e same & y^e Collic.

Take iij and a halfe of Bayberry
Turmeric iij. Long pepper a quart of a
oz. clove. & Maids y^e pnyworth gromell
Deerde iij. of y^e stone yn y^e Gall of an
ox, y^e quantitie of a wall nutt, of y^e seed
of Eglantine, Anisi. & Licorise a small

quantity of each. all w^h must be beat
finely in a very fine paper. & mixed, wh^{ch}
of take half a pottlefull in y^e mor.
fasting in a cuppe of white wine or
Ale. but if ther happen a paine in y^e
side, or Hampe y^e it shall be needfull
to put 6 Acorns in pouer to y^e aforesaid
Medicine

For y^e Stone.

Take 6 pintes of ripe hawes
half a pint. of shew. half a p^t of Chi
ristony. 30 greene Medley. half a pint
of Longe greene Bramble berry stamp
all they severally then steep y^m in two
gallons of white wine stirring y^m of 8 dayes
y^e top y^e vessel stop, soe lett y^m stand 24
houres then still y^m in a stombe: as long
as yo can make it run but keepe a
pint of y^e first water by it self.

For y^e same.

Take Sassafriz, distill it y^m take
as much milke of a red Cow & distill y^m
both together, when y^e party feelth paine

Let him take 2. or 3. spoonfull fast. one
houre before supper.

for y^e same.

Take y^e hard row of a Red herp-
ing & dry it. Beat it to powder. put half
a spoonfull thereof to two or 3 spoonf.
of white wine, & drinke it fasting in
y^e Morn. & anoint y^e Kidney, flanke
& bott. of his Belly wth y^e oile of Scorp-
ion.

for y^e same.

Take a quart. of y^e best white wine
a handfull of y^e Mot. of time cleane pickt
filipendula rootes wth y^e hearb. thereof
joz of pelitory of y^e wall half a ha-
ndf. boile all they to a pint & some
bett. then cut y^e rootes in small peces
wth Casia aniseeds & a quantity of Sug.
Drinke this Mor. & Even. & at any
time of y^e day, if yo^e feelle paine either
of y^e stone or Collick some warme
three times a weeke drinke half a pint
of white wine, y^e juic of a Lemon or half
a Lem. 1 spoonfull of y^e best tart oile wth a
lett sugar well brude toget. fasting. approved

for y^e same
Take y^e juice of Housleek y^e ju
of Tansey y^e juice of fitchew. y^e juice
of planten bryls all thes togth. vpon
a Chafingdis of Coale. but mix wth it
a quantity of Beane meale & honey. &
when it is thick lay it plast w^{is} vpon
a girdle made of lambs leather, & bind
it vpon y^e wast. vsing it 9 dayes. &
take y^e shell of a new laid Egg y^e midst
therof, dry it & beat it to powder. & drin
it Mor^g. & euen. in a draught of w^{at}er.

for y^e same.
Take y^e root of Philupendola. y^e
jaw bone of a Pike, dry y^e man egg
Orting pill dry two nutm^l. beat y^e
together & take y^e w^{at}er y^e conferre of Rosp^{er}
A dyet Drin^g. for y^e stone.
Take saffras wood cut into thin
slic^{es} ʒij. of plant^{en} staudy, one handfull
of y^e root of philupendola sliced a little
20. waigh^t. of licorish brused. y^e waigh^t. of

8. d. seth all the in a cart. pip B. into two
pott. of Rupt. wat. when 3 pint is con-
sumed, take it of y^e fire. when it is co-
sramed. & if it be not cleere enough
clarifie it wth y^e white of an egg, & Drin.
of this in y^e mor. at 6. in y^e aft. at 4
a resonable draught, soe continue it as
long as y^e please. making it fresh, &c.

To Break or void y^e Stone.

Take a pott. of Milke from y^e C.
1 hand. of parsley. 1 hand. of pelitory of
y^e wall. 1 handfull of Sassafridy. 1 hand.
of Mod of wine wited. shred this herbe
& putt y^m into y^e Milke. yⁿ take a Redise
roote or two & slice y^m into y^e Milke, so
lett y^m stand all night well covered. so
distill & when it is a Moneth old drinke
therof. 3 dayes together at every full of
y^e Moone & at every change. in this man-
er take 6. spoonfulls therof wth as much ren-
ish wine & sum sug. & fast 2. howers aft.
it. it is to be made in y^e last end of june
or y^e begin. of july. & may be kept a yere.

for y^e Splend.

Take of Bryony, Ligremory, and
Maidenhair. of each a handfull. of
Scurvi gras 2. great handfulls. Seth
thys wth a faire wat. to y^e quant. of three
pintes, when it is halfe wasted, put in
a quart. of a pint of a white wine, a li
ttle Lard. Mow. wth som sugar, so boile
it a little long. & in y^e spoonfulls of y^e
decoction, Take 2. spoonfulls of y^e rous
juice of Scurvi gras twice a day &c.

for a weakd Stomach.

Take confisur of Rosh & Barber
of each ij. oz. of Cinamo. y^e waight of
12. s. Seth thys in beere for Ale wth a
flask of Mow. straind it, & drink
y^e chereest.

To comfort y^e stom. & to pay a los

Take Red wine, a branch of Rosem
ary, a Cinamo. pick. y^e flowers of a v
poungarnt. a litt. sugar. & of rosewat. &
boile all thys tog. & & take of it
at any time.

For an old Soare:

Take a cake of white soap, sor
apd a quant. thereof into a sawyer, put
to it soe much dill & put it
a litt. toget. make thereof a roule,
and apply it plait. wise, mō: & Euen.

For the same

Take a gallon of rumd. wat. & handf.
of Sage, woodbine, & hēlindine, a like
quant. boile y^e wat. till a qt. be con.
then take y^e herbes, & put y^m into y^e wa.
wth a pint of good hony, & halfe a pound
of Rock Allum. y^{on} boile it wth a soft fi.
till y^e scum arise, so put it into an
erthen pot, & take of y^e thickst to
make y^o plait. y^o sore being first
washed wth y^e thinnest, lay y^o plait
to it. Then take two handfulls of
Ragwids, wash, pamp, & strain it
into a q^t. of alle, or Beere. & lett y^e
pat. ind. drinke thereof during y^e sore.

For a cold Stomack

Take Rosemary & whole Maie, beat
it in a mort. & boile it in sweetd but.
then strain it & put into it a quant.
of Saffron finely beat. soe apply it
to y^e Stomack

S:^r ^m Saltery. Sirrup of Poppi.

Put yo^r pop. leaues in an earthen pott
well glased. & filled wth runn water.
then put y^m vppo smb. & soe for 6: day,
infuse fresh euery day, & to euery
quart of y^e last strain. ad on. of sug
then boile it to a sirrup.

Spiritt of Strawberries, good to:
comfort y^e Spiritts.

Take a Gallon of Strawberries, very
cleane pickt. they must be dry gath.
& noe wat. put to y^m. put y^m into a
Body or infusing glass. poure on y^m.
soe much of y^e strongest spiritt of
wine, as will couer y^m. Let y^m stand
couerd, wth out any heat, 7. or 8. how.
then Let y^e liqr. run through a jelly
Bagg wth out straining it, y^e put into
it y^e 2^d time new strawber. & doe
as before. & likewise y^e 3^d time: but
let it run through a peece of lap pap
& laid on a linnen boult. y^e it may be
perfectly clenped. then put it to haue a.
of fine sug candy powdered, & keepe
it for yo^r v^s.

An Elixuarey of rare vertuty.

Recepi Pintarum, mundatar Satav
cum aqua violarum. & capilli venery.
Amigdalas dulcium eo modo preparat
arū ana ℥ ij. Diabros simplicis ℥ ss
Pulmon: vulpis preparati ℥ ij.
Pernidiarum recentiu. ℥ ss. Sacchari
Candi dissoluti in aqua Tussilaginis
& capilli v. n. ana q. s. Misco Fiat Pasta

In englishe thus

Take Pind nutts clensed & washt
wth wat. of violens & maiden haire: &
sweete allmonds ppared in y^e same man
of each 2. oz. Dia. Jeros simple, halfe
an oz. fox lunges ppared: 2. drams.

Pernidijs new made. ℥ j. drams.

Sugercandy dissoltued in y^e wat. of colts
foot & maiden-haire. of each as much
as may serue for y^e dissolution of y^e Sugr
Mingl^e y^e all together & make a paste
therof.

It is to be taken in y^e morn^g. fast.
y^e howe after rising, and at night about
halfe an houre before yo^e goe to bed. &
aft. dinner also for help of digestion if
need so require. the quantiti or dose is
as much as 2, or 3 Nutmegs at a time.

The principall vertues, are.
To restore rott Lungs, or one
if it is far spent in a Consumptio: to
restore naturall heat lost, & to rui
up y^e Spiritu. to rectify y^e ill consp
itacion of y^e whole Body, & to help
y^e winds in y^e Spleen. the plaist. her
under being also applied eundz.

Take Comin seed beat to powder
sifted, oile of Rose, & hony mix y^m
togeth^r to a thick consistens. emplast.
y^m on leather. & swath on y^e plaist.
it must be as broad as y^e grieve, chad.
it once 3 days.

The pporcion before mentioned
will fill a small marmilad Box 5. 6.
inches out, & will cost to be made
by y^e apothecary: 3. or 4. ^{sh} M^r. Stone.
at y^e Beare in Bucklure Berry is well
proctified in y^e making it. For any of
y^e whole Box will wey 12. 0. 13. oz. box
& all. The pticular priser.

Indiv^r kindly - 2. 6. 1/2
Almonds ——— 1: 7. 1/2
wat. of violets ——— 8. 1/2
& maidenhair. diff. 1: 7. 1/2 quad.

Diabitus. — i. 8 y oz.
for lungs 2 8 y oz.
wat. of salt foot dip. Drif y quart.

To cause sleep ^{fin}

Take 2 handfull of vinn leauy
2 hand. green rof leauy alike
of willow leauy y^t beard y^t
poplar paltm boile y^t to
wash y^t foots hot, dry them
so go to bed, y^t it be y^t night
together.

The Black wareldy.

Take a pint of sallit oyle of y^e
best, half a pound of Redd lead
of y^e best Dry wax y^e quantity
of a walnut. Doyle them till it
lookes black constantly stirring
it. then take it fro y^e fyre &
dipp y^e cloathly therein, & so hang
g them to dry. good for
soare Drifly, Brūisy, wounds.
swellings, festid sore,
Achy, Itifne in y^e eyte, &

(Car:) (for y^e Homing.)

Take a quart of Milk & a
Pint of water. & boile y^e togeth.
Drinke half a pint of it in a
morning fast: warme, & might
wth a spoonfull of Red-Rose
water, & a spo full of sugar.

tooth
sky
8 min.
Road
Lungs

Boiled
in Milk & water
together & ba

Boiled for a better. / In y^e hand.
Take wine vintg. & Curr. Attur. Pract
I think very fine; & a little warmed, for
to get it off. & hor with.

for y^e same
Take of y^e oile of Cream, & burnt
Allum, finely beat. & boyled together
rub it into y^e skin.

To make y^e Teeth white.

Take 4 oz. of fine sponges wash it
then put it in a pipkin wth a pint of
white wine, 2. or 3. dayes, y^e throw
away y^e wine, & put y^e sponges in an
other pint of white wine, wth one
oz. of glass Allum, beat. to powder
one oz. of Clove beat to powder. Stir
all these together, then take y^e
sponges out & lett it dry of it
self; soe when y^e use it. dip
it in Carrot combe.

For y^e Tooth ake.

Take a pint of bargis a
quantity of sage & y^e topp
of Rosemary, a quart. of oz of
Chandy breaf. d. Set by them will
till halfe be consumed, so keep
it in a glass stop bott herbs
and all.

if when yo^e neede warme thers
so put sum of y^e hearbs in yo^e
Mouth as hott as yo^e may, &
wash y^e mouth wth y^e water
for y^e same. ^{probat.}

Take Grene Berries, seeth
them in wine vinegre when
they be well sod poure y^e vin.
fro^m y^e Berries, so gargle yo^e
mouth & throte therwth. and
take y^e Berries & dry them, &
beate them to poude: so put ther
of in a clot & apply it to yo^e
feet. A nother.

(Take y^e rooke of Felitor.
of Spain, houle it in y^e yellow
it will purge y^e head & fasten
y^e feet.)

for worme in y^e feet.
Take Henbane seede & roe
wax, make little balie thers
so put two or 3 of them in a

Chafingdish of Coale & hold
yo^r mouth over it y^t y^r fume
may goe into yo^r mouth & then
wormes will drop out.

for y^r Teeth to breed flesh.

Take Allum, Honey & Sag, & y^r
yolke of an Egg, wet them
all in an eggshell & w^t it rub
yo^r teeth & gums.

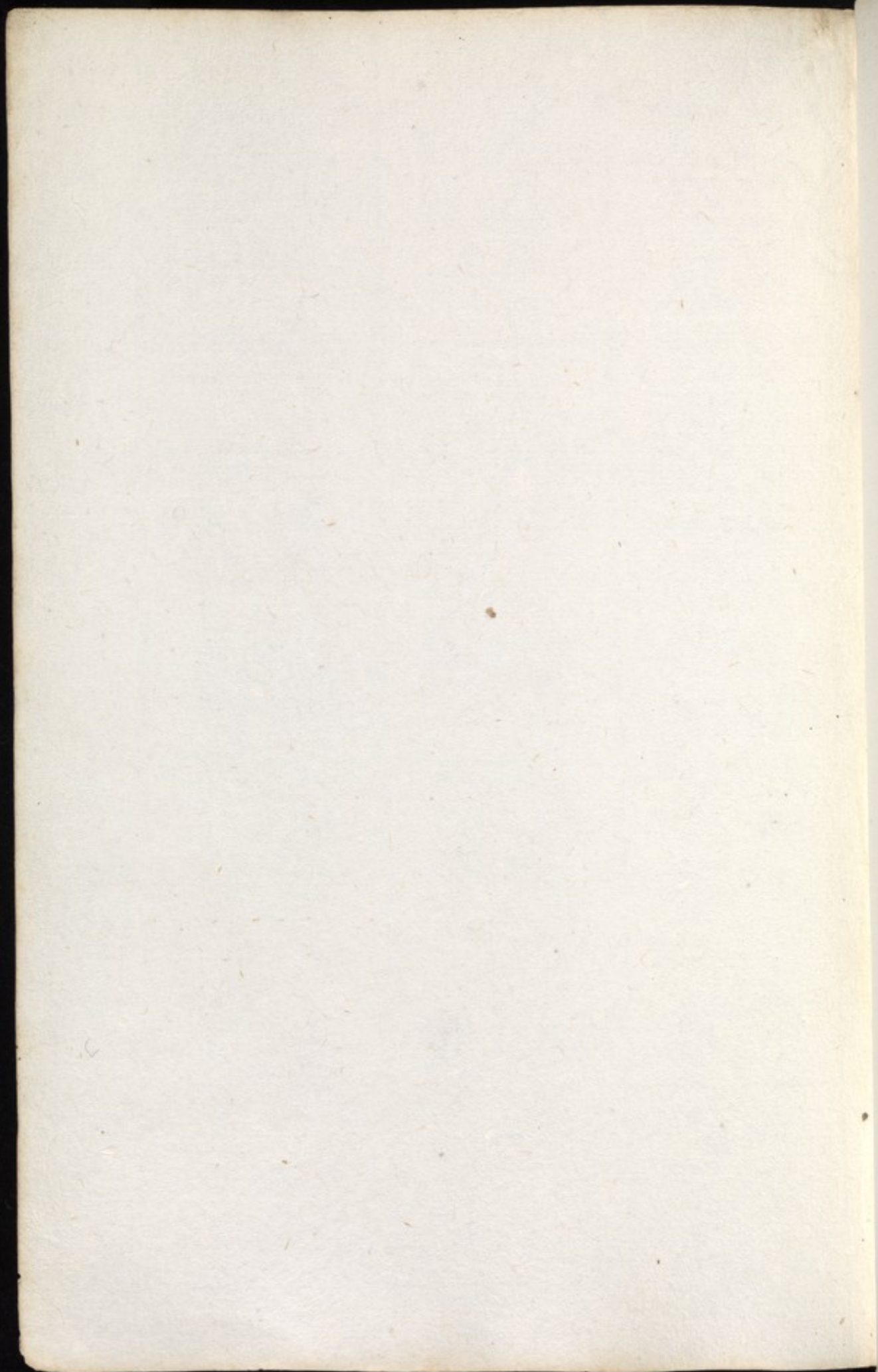
To keepe y^r Teeth white

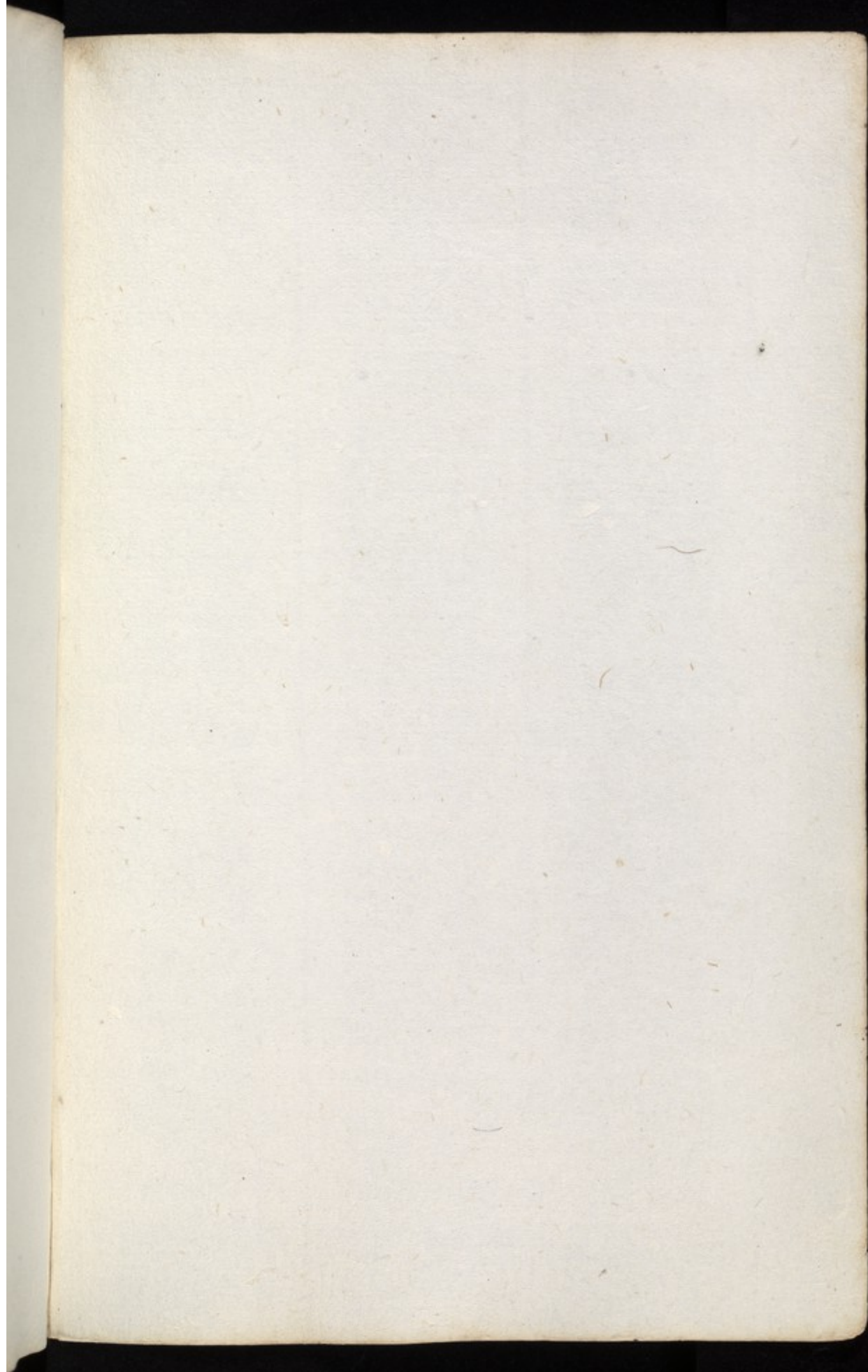
Take a pint of Honey, three measures
white wine vinegar and a thimble
boyle put into it one oz of y^r
pound of Rosemary burnt to
ash. Let them boile till halfe
be consumed. so wash yo^r teeth
therew^t.

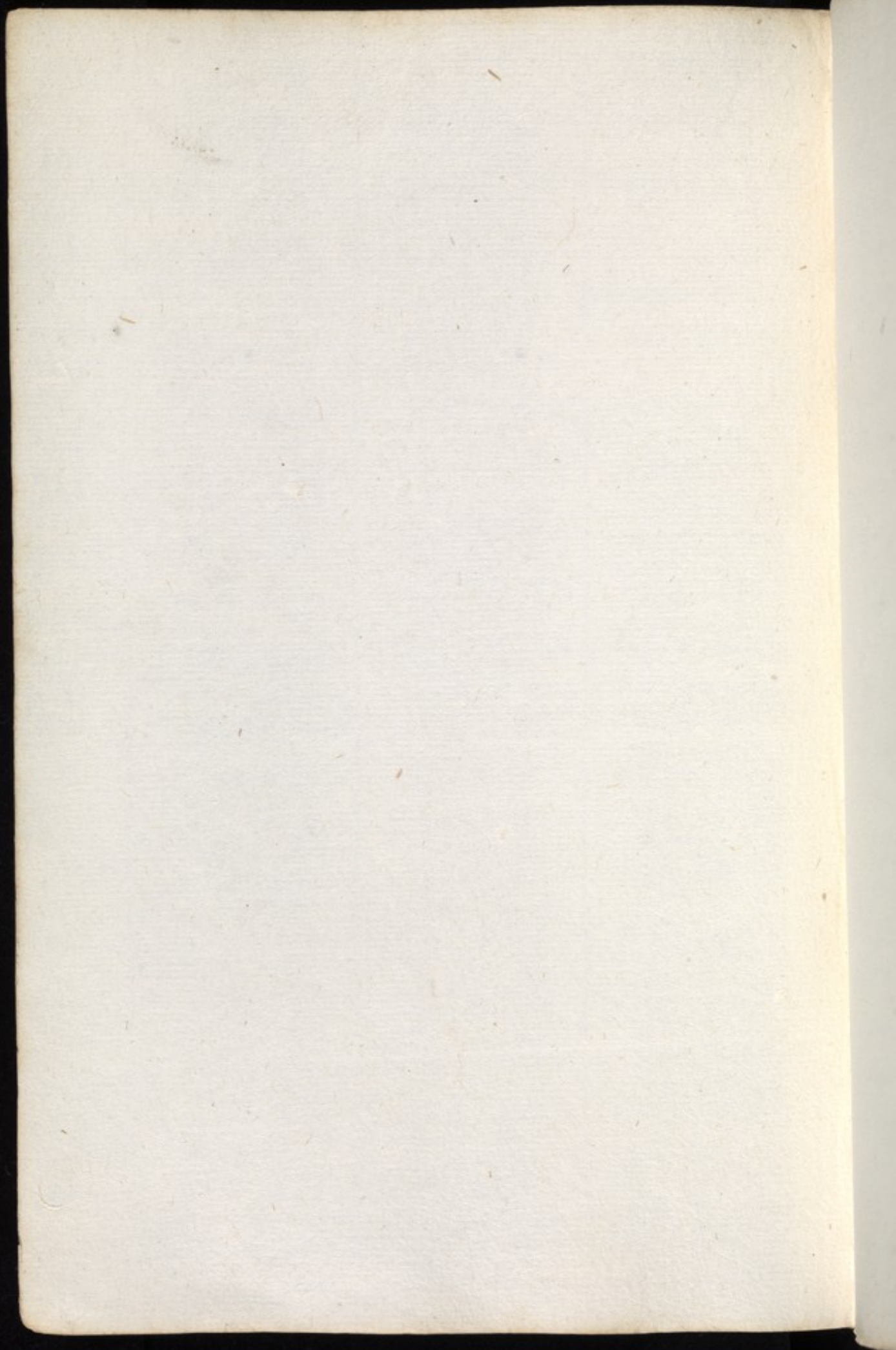
for y^r Tooth ake.

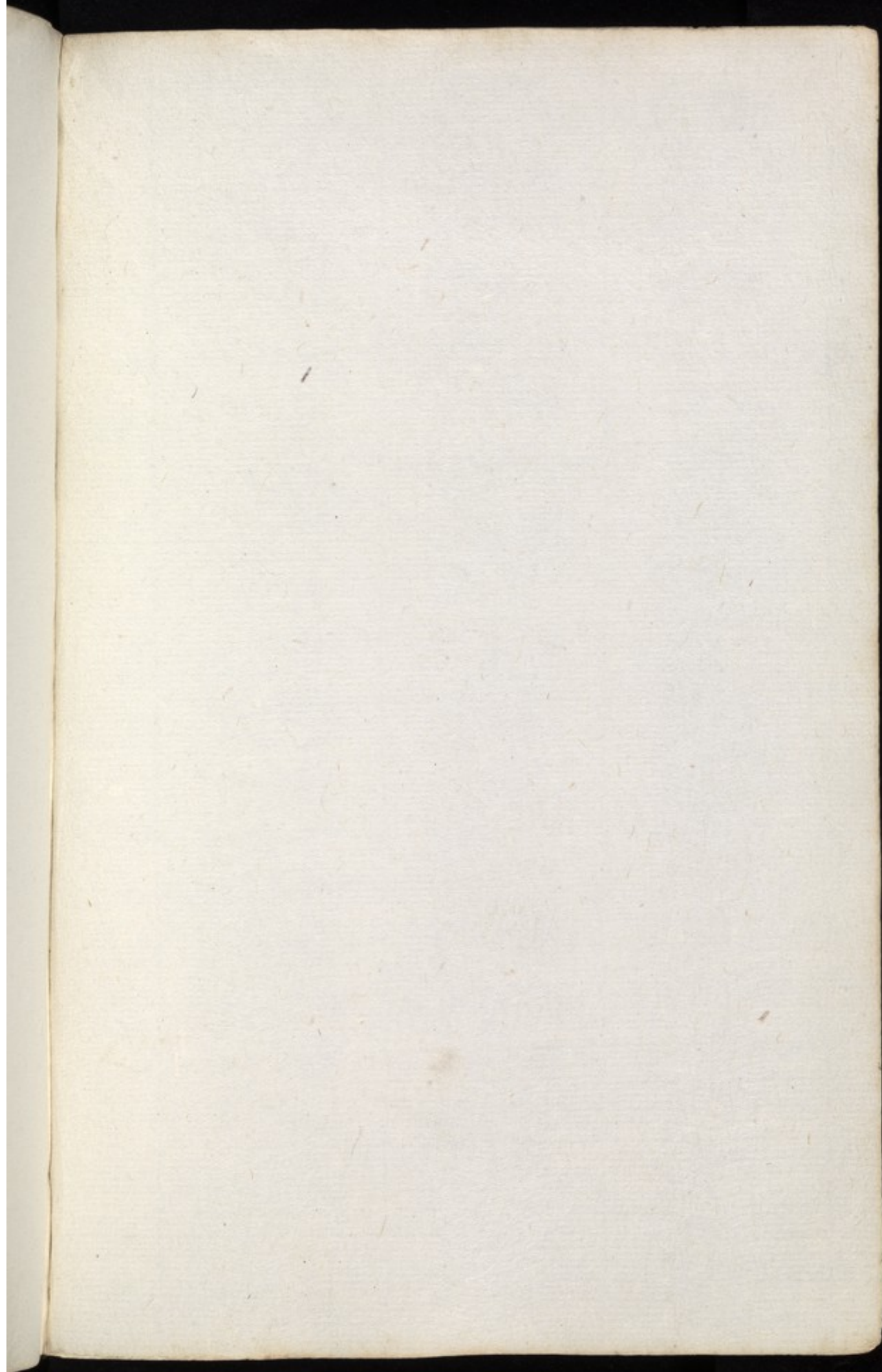
wash yo^r mouth

27 y^r for
 outy & k
 to fluff
 & lagg
 ety the
 & w^t jo
 & white
 my hope
 and a
 me oz
 burnt
 to fill
 30









[Faint handwritten notes, likely bleed-through from the reverse side of the page.]

Dr. Turning vomit.

Take Tobacco, halfe a leafe. clipp
it small & putt it into a good dra
of white wine ouernight & then stra
it & drinke it warme, if it workes
to much take som Ale wth y^e topps of
Rosemary & timd, & hold maed wth
sire together, & sweeten it wth white
sugercand. Drinke sir of it will
stay it.

To put up y^e Vuila.

Take woodbine leaues, beat y^e &
sack y^e juiced sir of, & a peece of Ale.
beat. serued, wth y^e finger in y^e
said juled & dip it vpon y^e pou
where wth put up y^e Vuila.

Unquent Album, to coole any heat.

Take halfe a pint of Oile, halfe
a of white Lead finely serued, wax
halfe a. & 3 drams of Camphir beat
to poude. wth Blanchd Almonj, melt &
incorpor. the together. it will coole
sore Leggs. skinn, & heal.

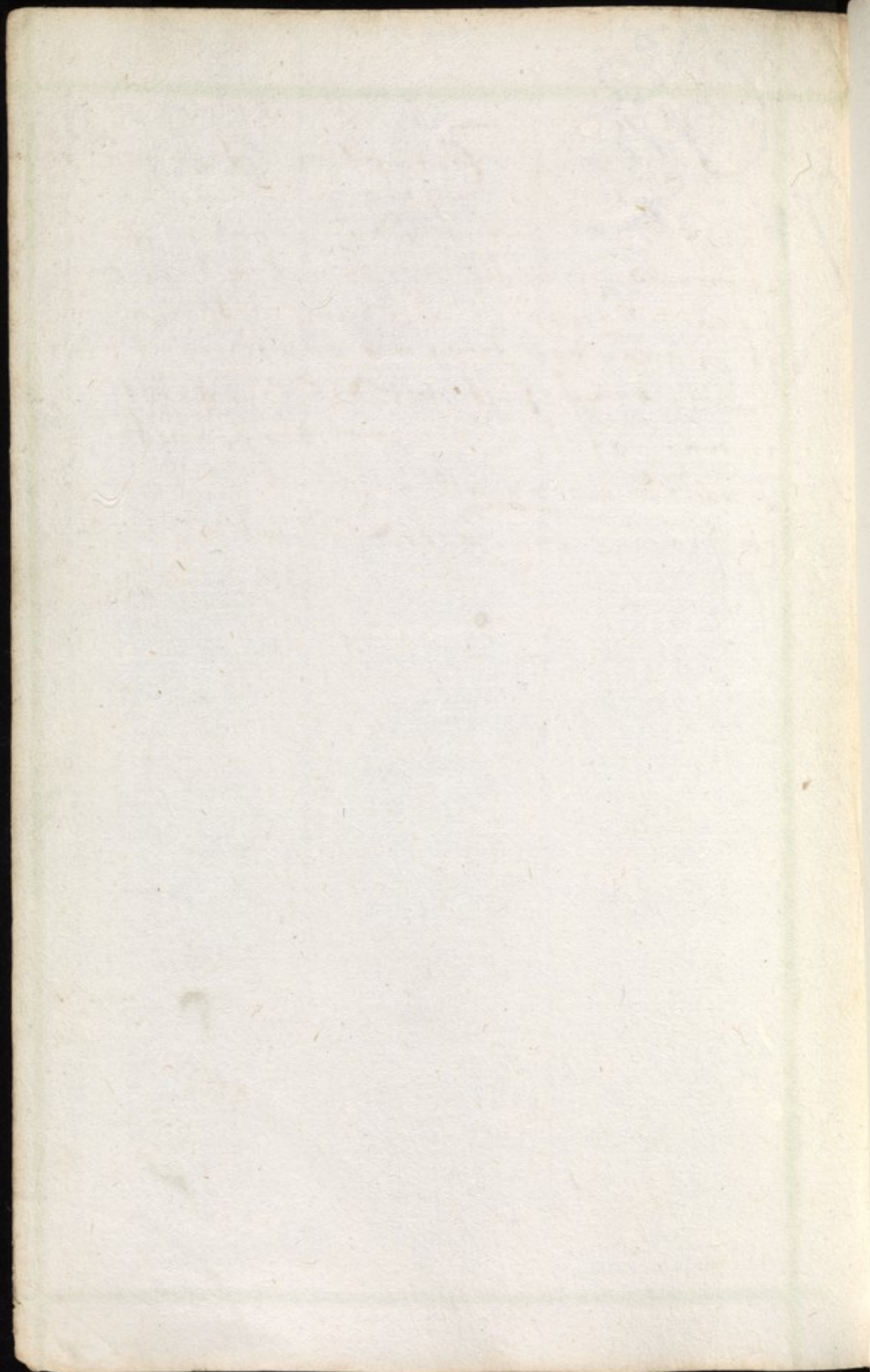
To stay y^e sharpnes of y^e Urin.
Take 3 spoonfulls of Green Early.
1 pint of Run. wat. boile it till it be very
soft. y^e frame it as hard as yo^e can &
put into it y^e quant^y of a wall nut of sug-
candy. & 2 spoonfulls of Melrosar. This
must be given like a glist.

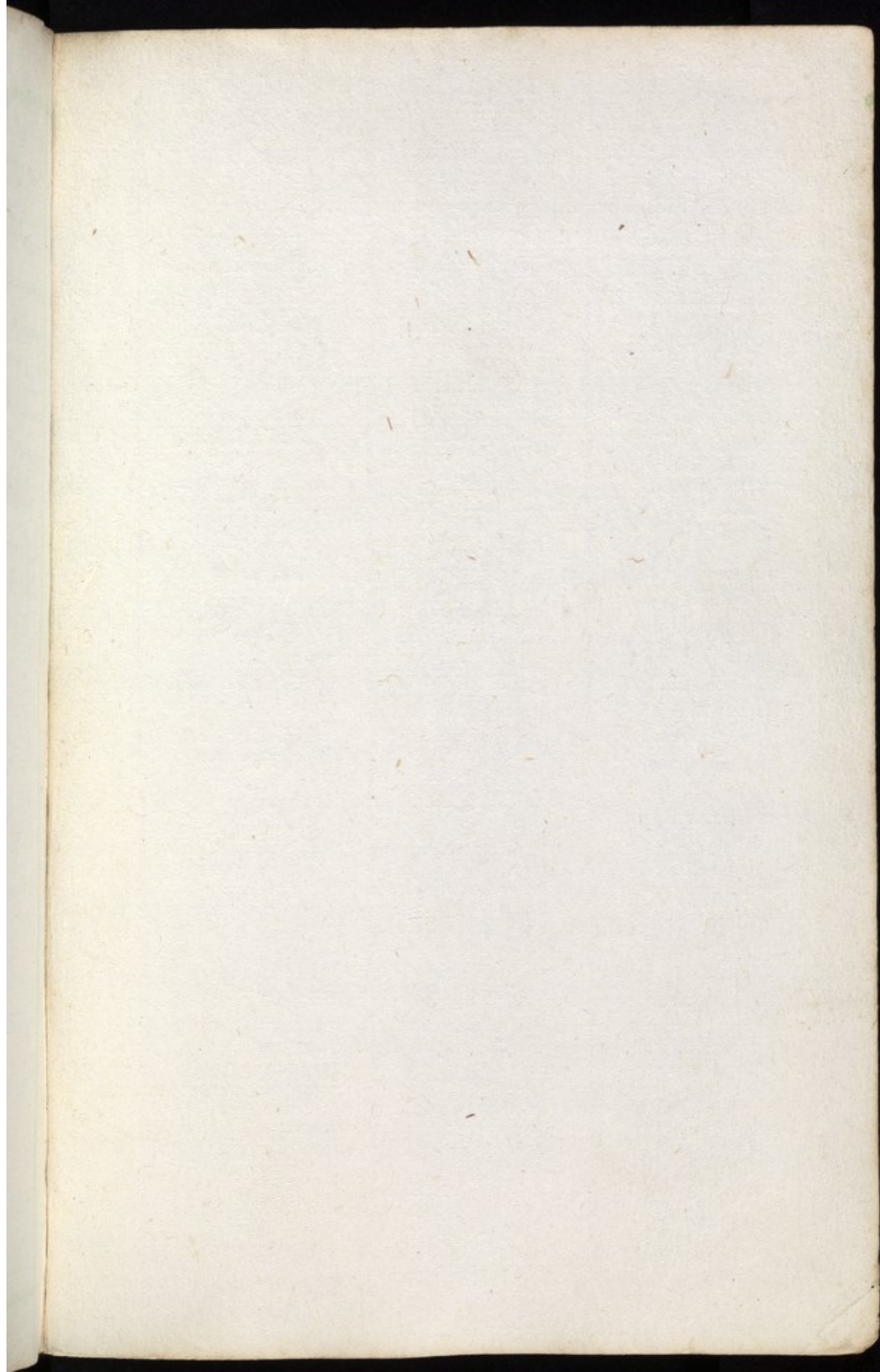
for one y^e can keep his Urin.
Take Sleepy Blatney & dry y^e into
poud. betwixt 2 wax. tildy & grind the
find. soe take of this poud. wth a figge
Mor. & Euen.

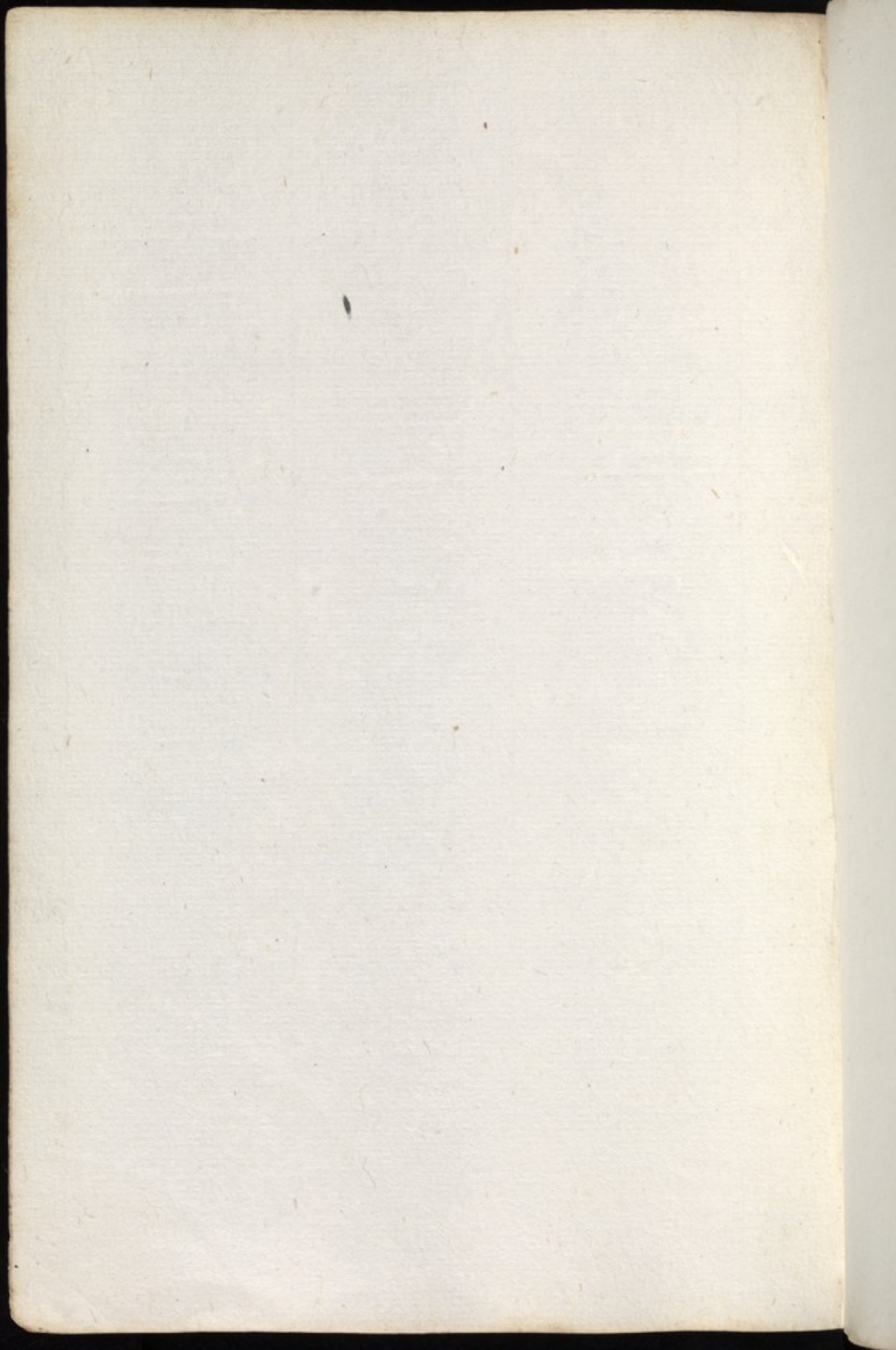
For vnguentorum.
Take half a lb. of Rosin, wth as much
periosin. put to y^e virgins wax, frankinc.
& Hartes tallo. of each a qu. of a lb. one of
of Mastick, 2 drams of Camphir. wth may
be melted, & made into poud. doe frui-
rally. but boile y^e all together. after.
Frame it into a pottle of white wine
y^e boile it againe, & put to it a quart.
of a lb. of Turpentine, so stir it till it be
cold. & keep it for y^e use.

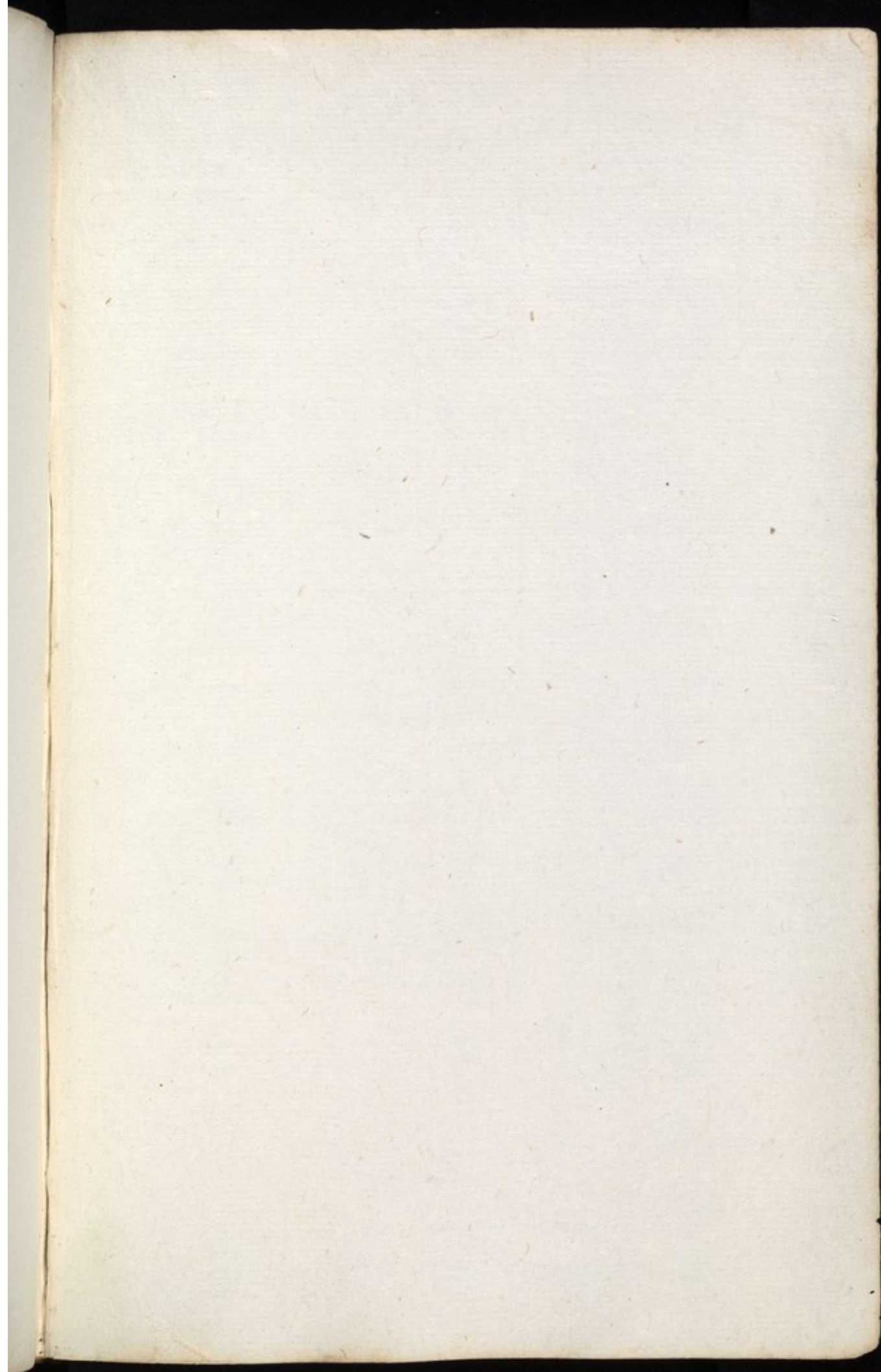
The vertues thereof.
It is good for old & new wounds
it clenseth well. mgsndr. glist. & heat

about measure: it suffereth nor y^e flesh
in a wound: or corruption: it is good for
y^e head ake. or paining in y^e braines: for
impostumes in y^e head or body: for sinews
shrunke. it will worke out a t^end^r or
broken bones: or w^h soever rest^s in a wound.
it is good for stinging or biting of veni-
mous beastes. it rotheth, & healeth all
mann^r. of Rots. good for a canker. &
draweth away all aches of y^e Liver, spleⁿ
or Gaine. for swolne Memb^rs. & y^e Em^rods.









Take
black p
y' wait
half an
Oran
all thy
poud.
Sugar
of thil
then ro
gi' poud
seth.

Take
brast n
Liese g
We n
and of
Take
much as
will it
to sping

for y^e wind^e in y^e stom.¹

Take well chosen white pep^r. &
black pep^r: of each 7 oz. of long^e pep^r.
y^e waite of 3 fre: Crown^e, of Anniseed^e
halfe an oz. of Ging^r. y^e waite of 1 fre: Crown^e,
of dryed tim^e a like quat: beat
all thes each by it selfe into a gross^e
poud. Take of Rose wat. 1 pint. of
suger 1 lb. boile them till they com to
y^e thicknes of a sirrup wth a soft fire,
then remouing it from y^e fire put in
y^e poud. being first mingled to-
gether.

for y^e same.

Take of Anniseed^e y^e waite of y^e
bruse not to small, of Ging^r. finely
sliced y^e wat of 2. of white pep^r: bru-
sed neither to small nor great. y^e-
wat of 12 mingled them together.
Take of Sug^r. 3 oz. of sin^e water as
much as will dissolue y^e suger, boile it
till it be as thick as a sir: then put in
y^e spier as before, pour it out by
spoonfulls.

Do^r. Casy restor^r. for weakⁿ in y^e Body.

Distill a pottle of Mille wth 4 or 5
handfulls of Arke angell flowry, & asm
of white hony suckle. & when it is once
distilled distill it againe, wth 2 handfulls
of each of y^e flowry, & or 2 stickes of
Licorish: sunn y^e wat. 4 or 5 dayes, y^e
sweeten it wth white suger candy & dr
inke thereof in y^e mor. 6 spoonfulls, 3 times
for y^e same.

Blanch, & grind 20, or 30 Almonds
mix y^m wth in suger candy & red rose wa
ter & throo y^e wait of a sij. of Amb: & y^e
wait of 4. of Red or white Curvall, & as
much of seed pearle beaten into fine
poud. worke throo into a papp. & eate
as much, last at night as y^e quant. of
a Nutmeg & a weeke.

to yo^r take take this or yo^r Mille af-
said yo^r must refraine from all tart shins
salt meates hott spices, compound meates
raw fruites, creames, Chees. or y^e like.
for y^e wind Colick.

Take y^e juiced of Limons y^e more shins

Take y^e confiture of Safflower 2
oz: of y^e confiture of Rosemary flowers

1 oz. of Romaine wormwood 3 oz.
of Saffron and scruple in spirit. of Bi-
agalanga 3 drams. 1 oz. of Gre. ging.
Littren pills p^rpared on 1 oz. mix all
they together & make y^m into an Electua.
for wind in y^e Stomach.

Take Mugwort, wild Mint, Marjor.
wild Thyme, Marygold flowers, ginep.
Berries, of each a quart. of a handfu.
Rue, & Lentry of each y^e waite of y^e y^e
Boile y^m wth possib^l drink made wth a
like quantiti of Ale & white wine.
sweeten it wth Sug^r & drinke & drop.
for y^e wormes.

Take y^e juice of greind wor-
wood, a pint. honey, boile y^m toged.
till they be thick. yⁿ spread it on
a peece of Lath. & strewe it thick
wth beat. Aloes, & lay it to y^e
Nauill.

for y^e same

Dip y^e fingers in y^e oile
of Specke, & hold y^e to y^e
Nostrille.

for wind in y^e Stomach: 1

Take 2 oz. of Decompan roots
y^e puttes binding taken out. Coriand.
seeds, Anis seeds, juniper berries. Han
borno, Afenkies of each 1 oz.

Afenkies 2 $\frac{1}{2}$ an oz.
Licorise $\frac{1}{2}$ an oz.

of Ginger $\frac{1}{4}$ of an oz.

Dry all thys, & beat y^e toged. to
a fine powd. & vs it as follows.

Caufe a thin p^{er}son drinke to
be made. & put a good Spoonfull
of y^e same powd. into it, & drinke
of it very warme. or take as much
of it as will ly vpon a pilling, &
drinke it in a draught of sack or
whit wine in a morn. fasting.
vs it 4. or 5. dayes toged. & as yo^r.
shall find yo^r selfe cured.

for wind, & wat. in y^e belly.

Take a quart. of Butt. milke. & set
it on y^e fire & take y^e whye cleare, &
put it in a new pipkin, wth halfe an oz.
of simamone, one spoonfull of bent. st.

one spo full of aniseeds bruised, boile y^e
whie to half a pint, y^e let it scale all
night, & straine it next morn. & put
ther in half an oz of Draferies. soe dr
inke & be of: all or pt. I know not.
for y^e same y^e take it.

Take Saxafrax 3. oz. Salsapilla 3. oz.
Senny 3. oz. English hony pint, Liccoris 3.
Aniseeds, half a. ^{all} Rasons of y^e sum
1. put ther into 4. gallons of wat.
soe rest it all night. y^e boile it half a
way.

for wind in y^e head: & hearing.

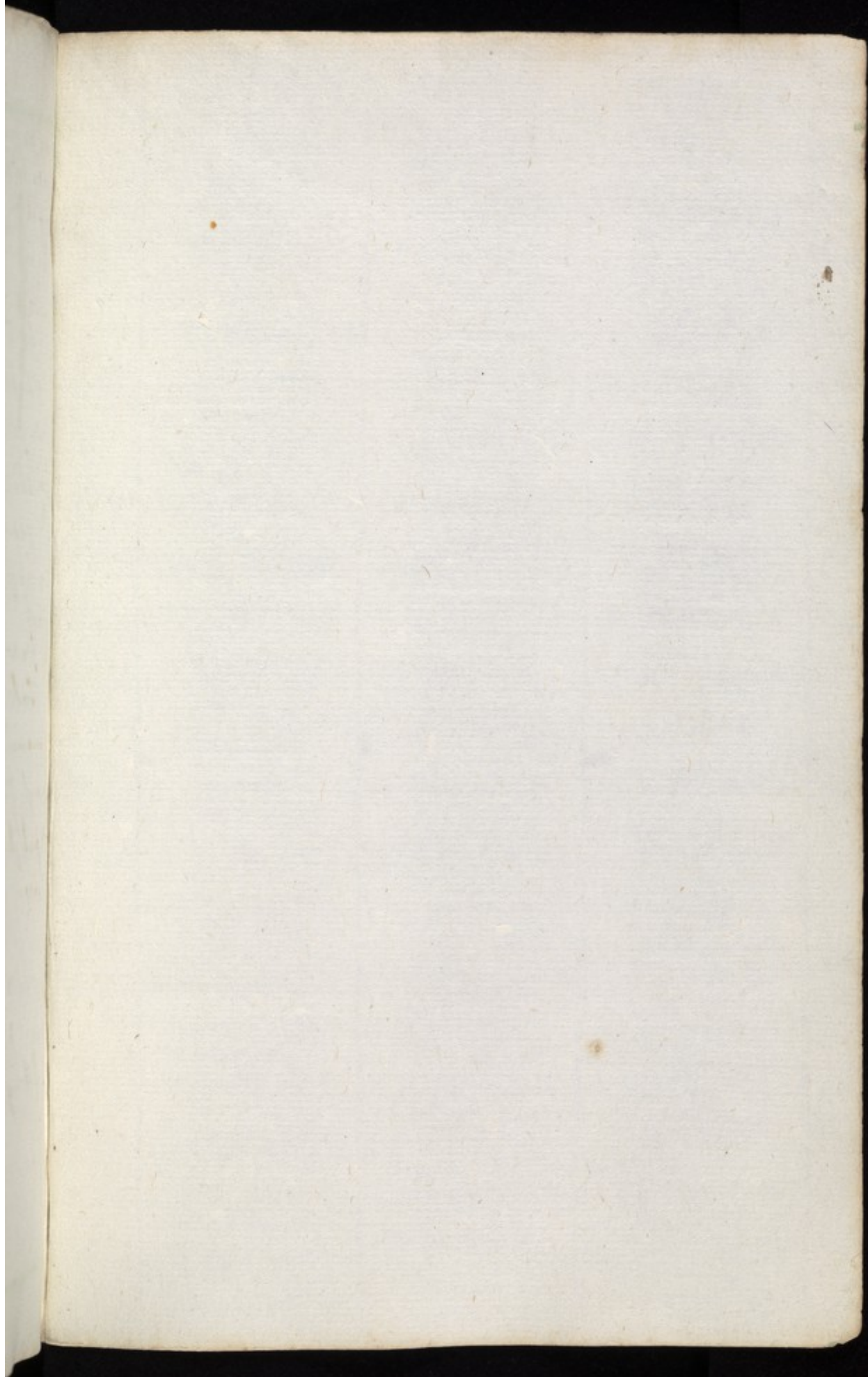
Take a handfull of y^e flower of
Camamile, half a handfull of Corni:
mingls y^e togeth. bring made into powder
& put it into 2. Baggs, & lay y^e to y^e
Eares. / wigned Gellack.
make a Jist. of Malmsey
& oil of camamile, or o. of Dill, &
ward a plast vpo y^e belly made
of stony, wormewood, & Alody.

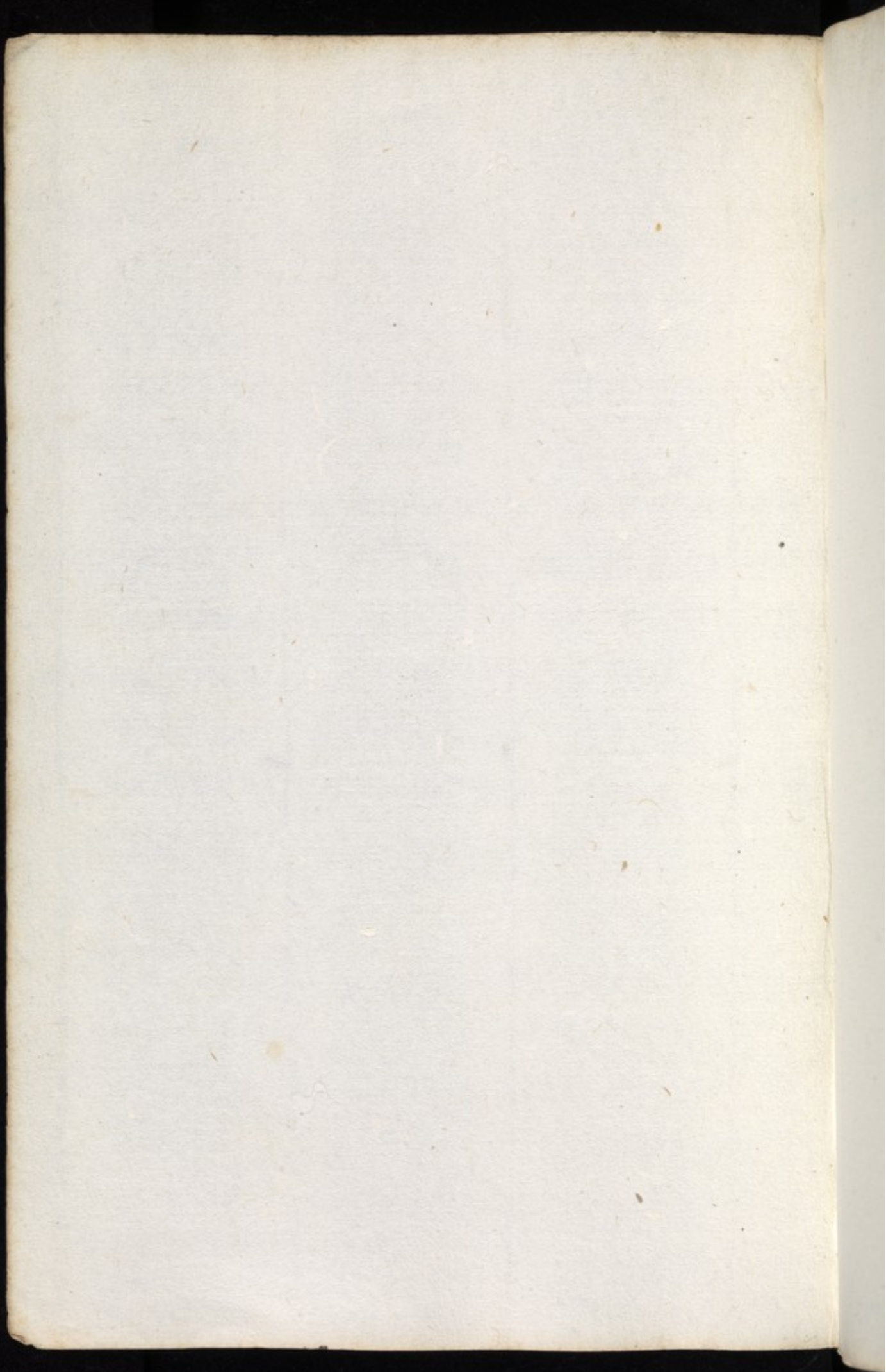
1842

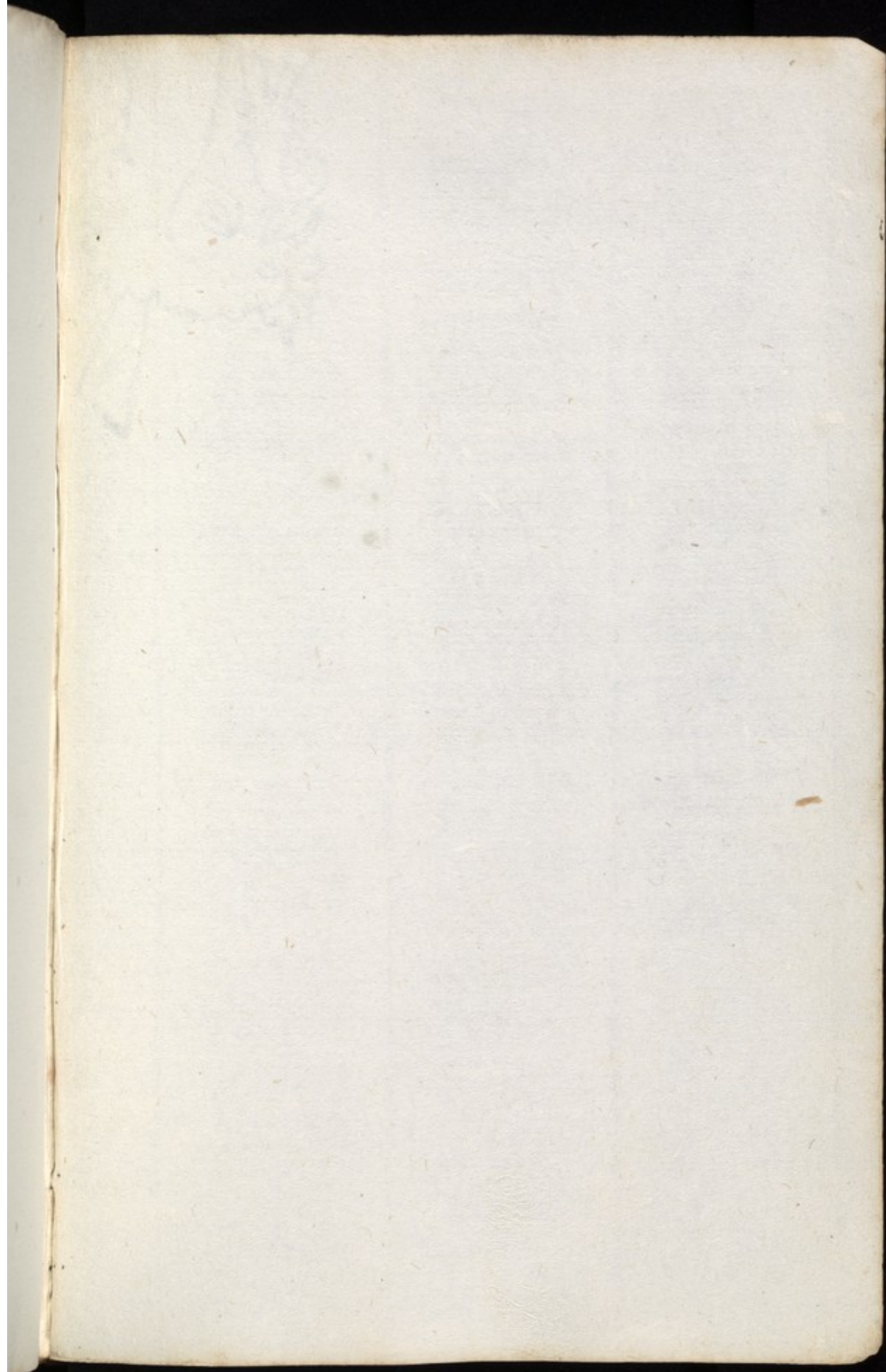
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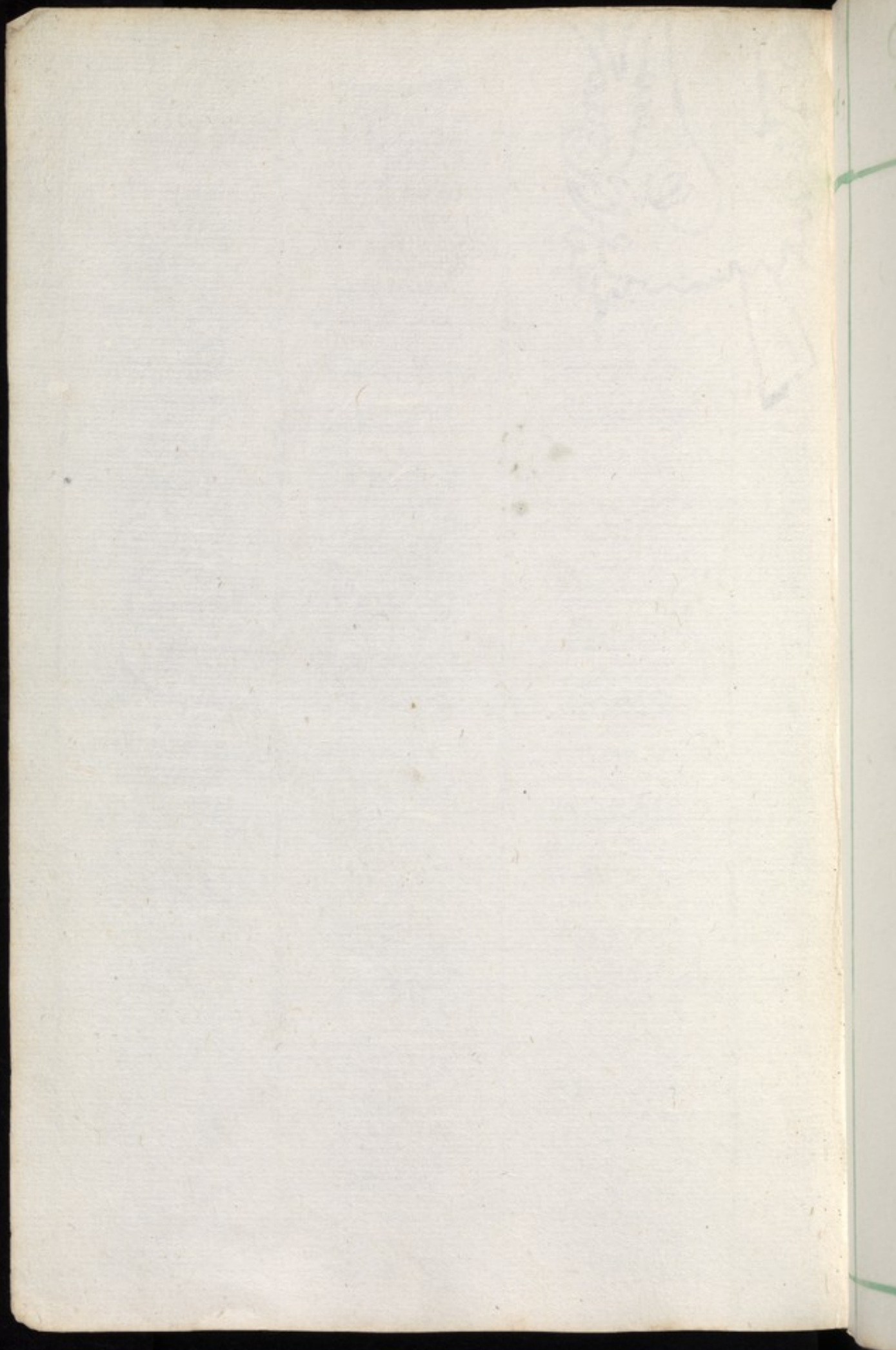
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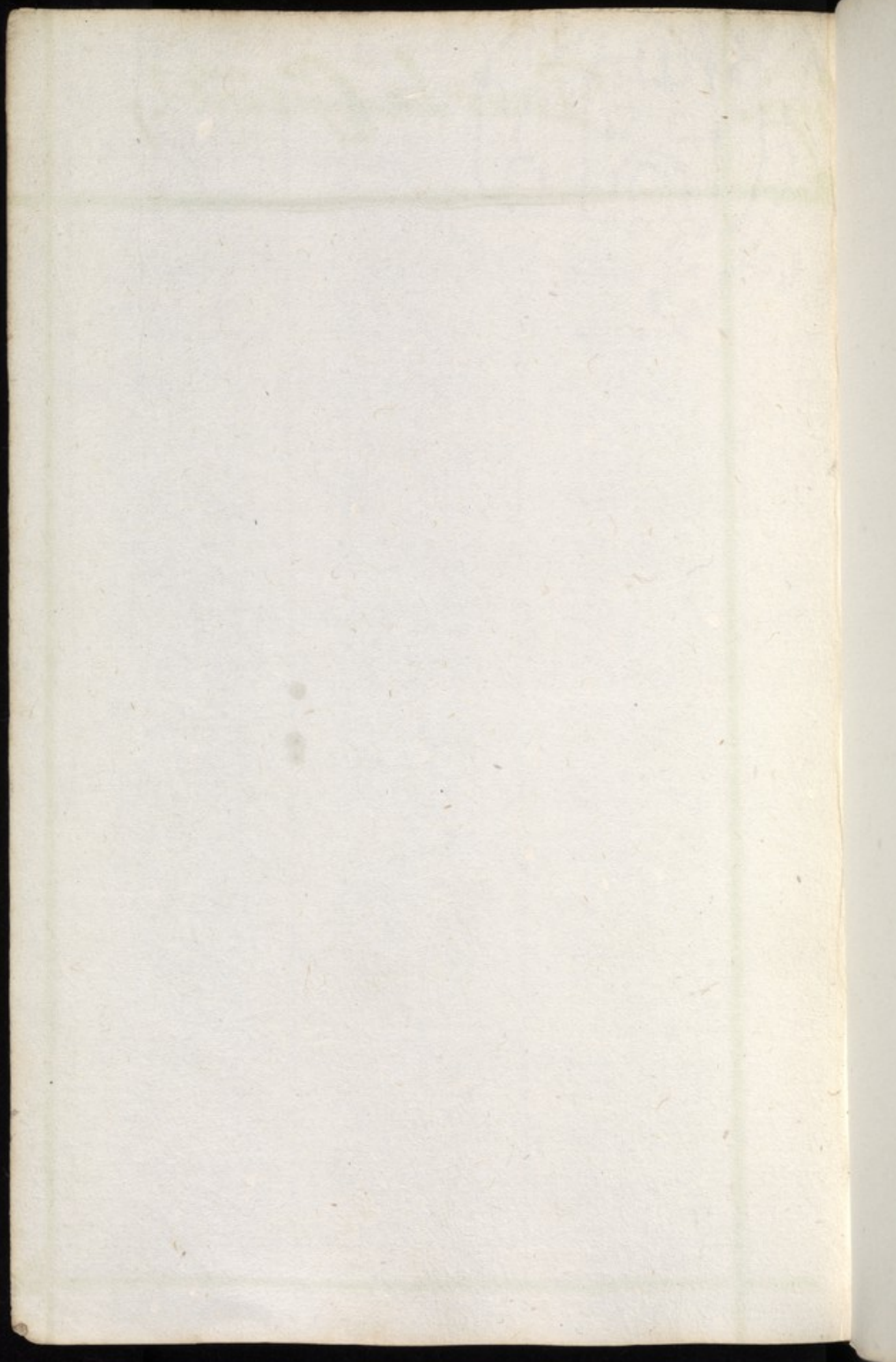




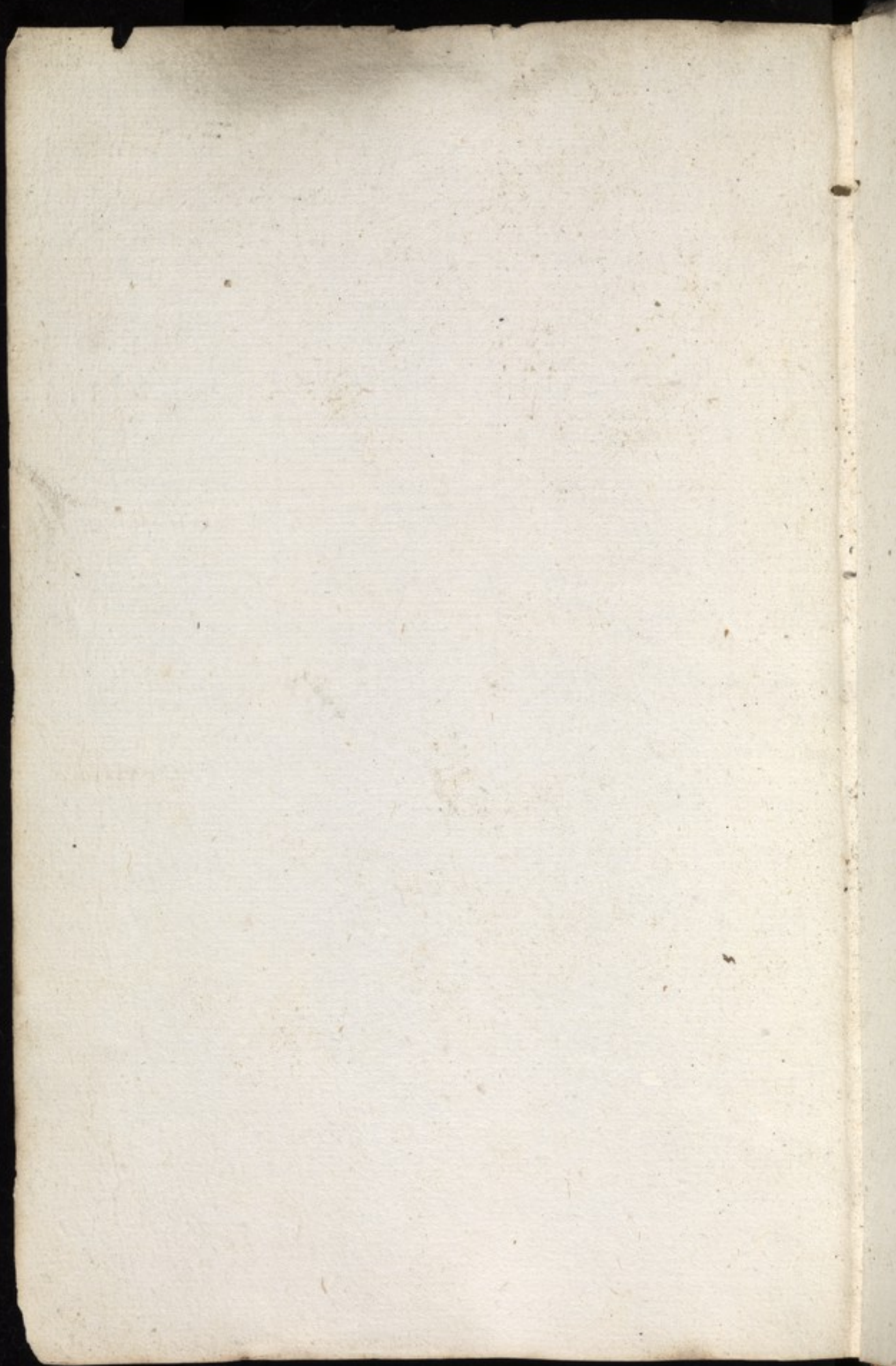


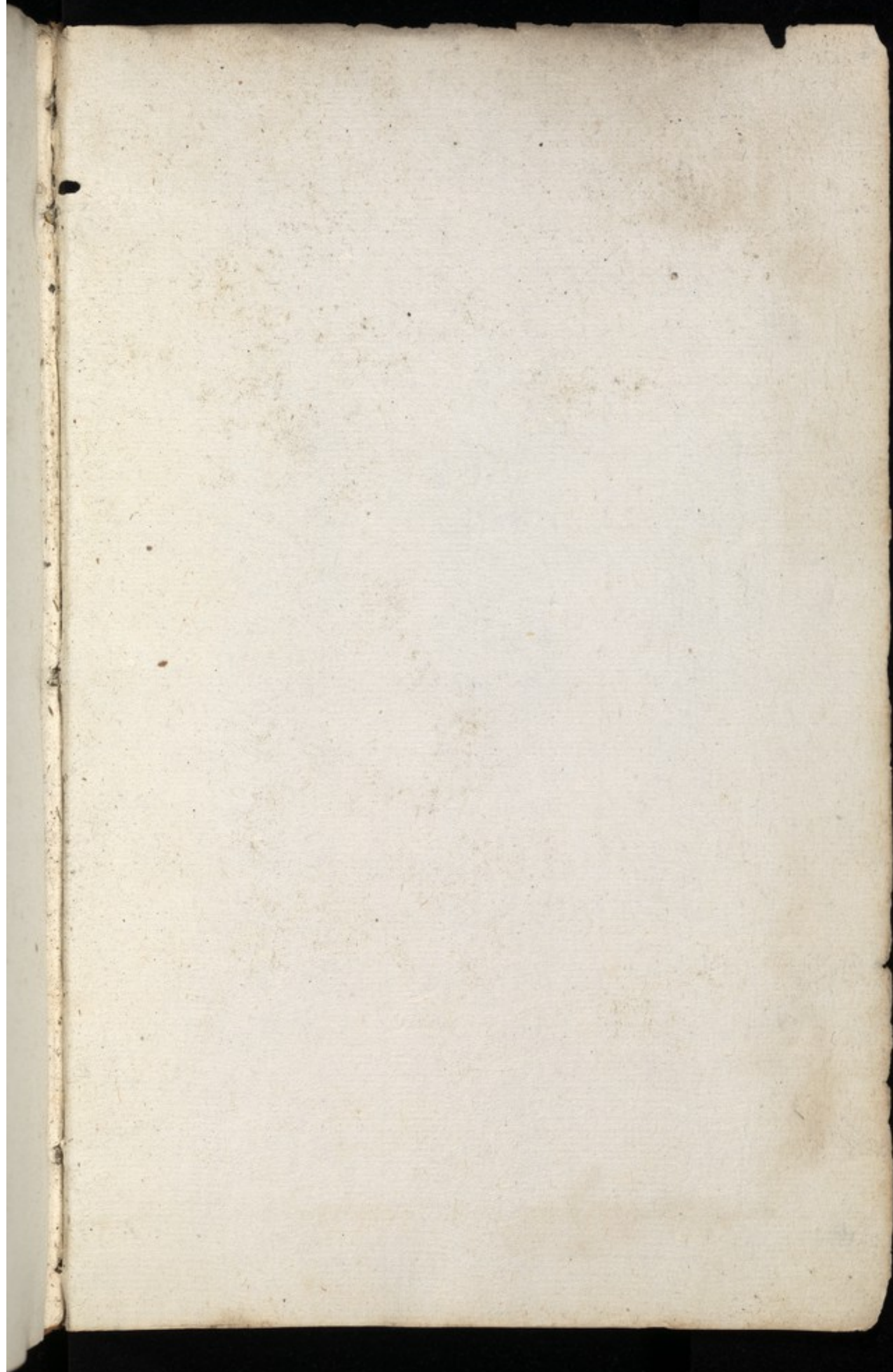
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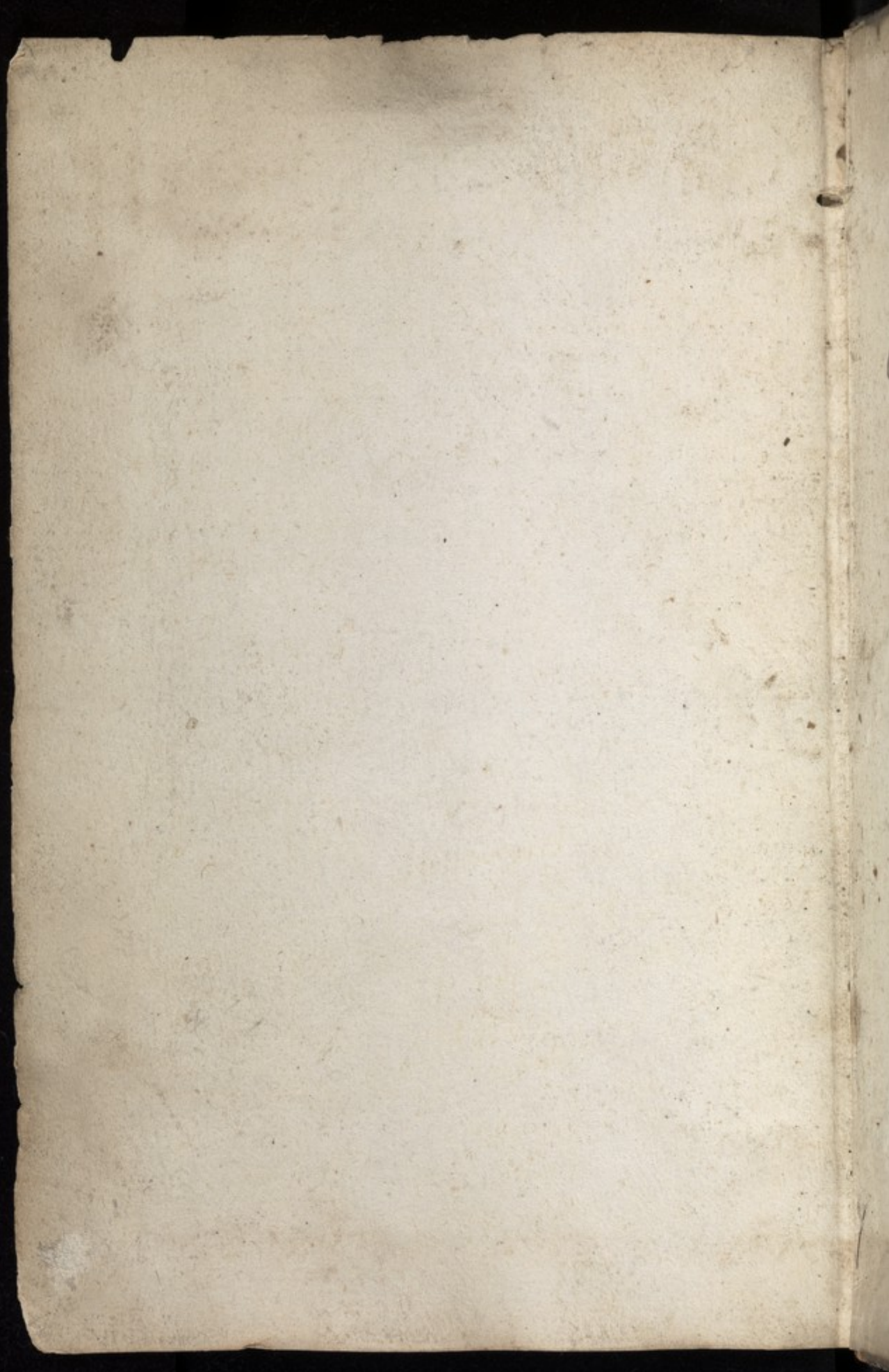
Pour la cuisine.



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and have not been photographed.







Thomas Walker
his Book.

1630.

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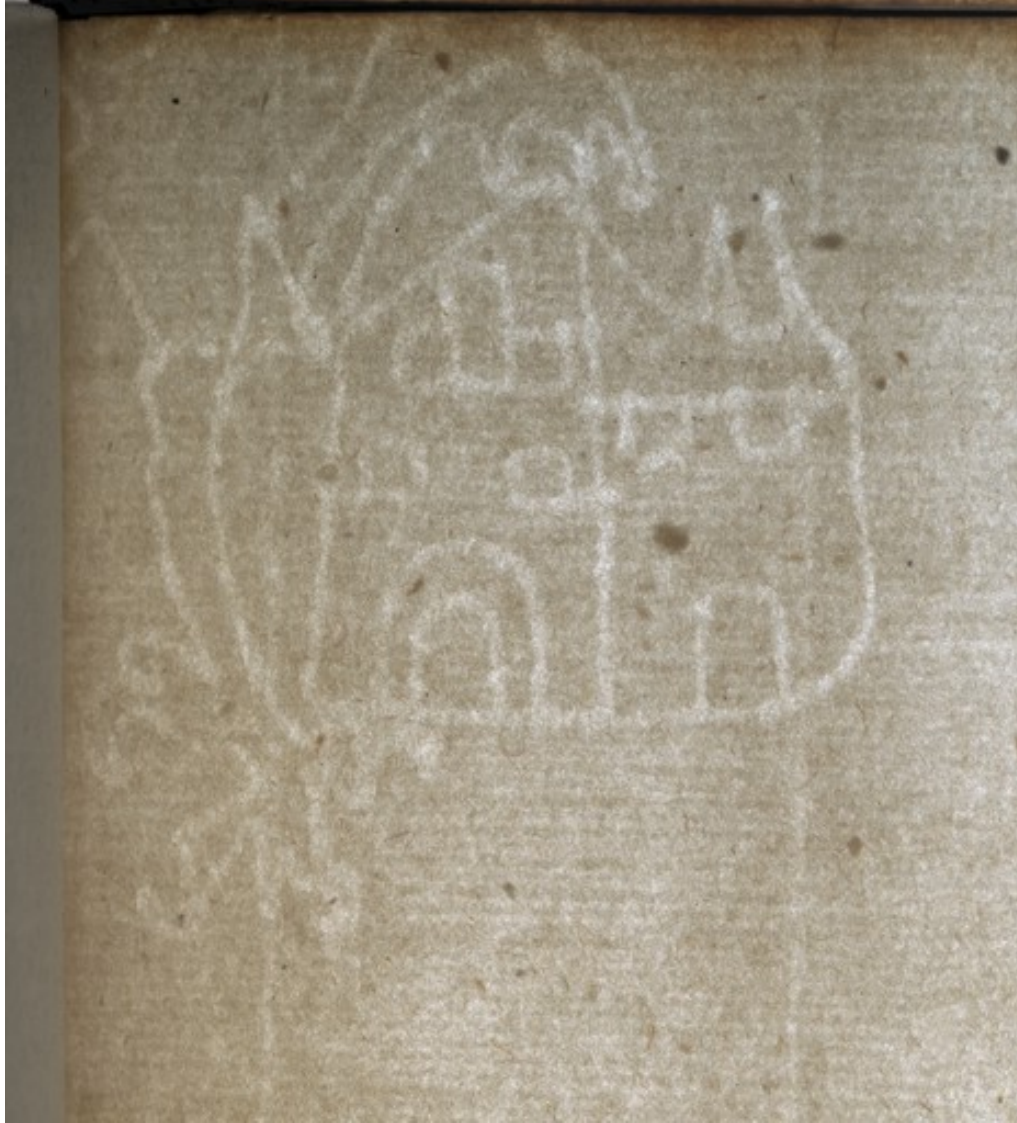
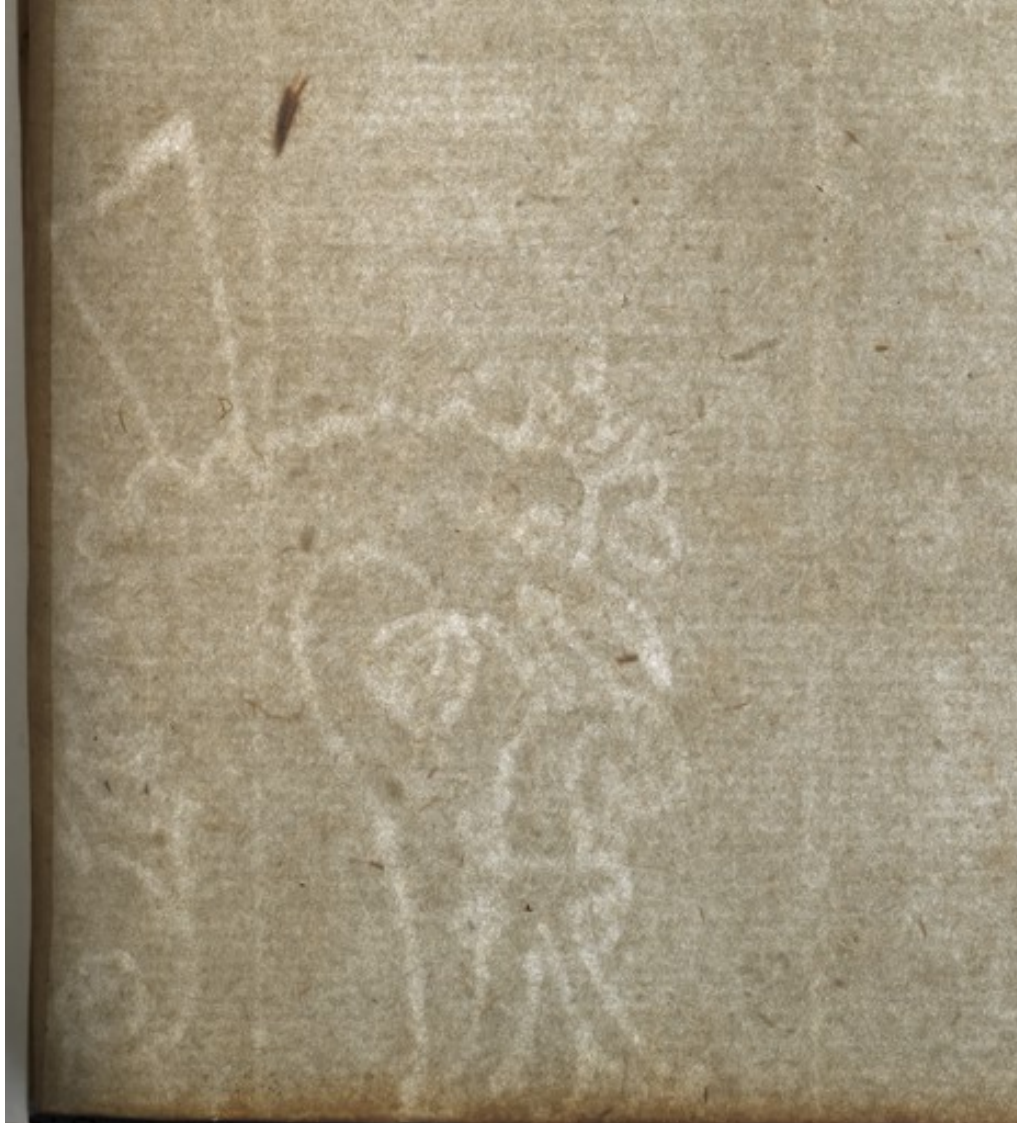
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The Wellcome Library