

**Saint John, Johanna**

**Contributors**

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the marks Apothecaries use in these Bills

Cochil. As spoonful

℥ a sufficient quantity

℥ A quarter

℥ a small Handful

℥ a great Handful

℥ is half a pound

℥ A pound

℥ a quart

℥ is an ounce

℥ is a dram

℥ a scruple

℥ is in number

℥ A grain

92688

9229

1338

Benedictine Monks

X Cow piss will cure in M

a dog of the mang washing

this with

a certain ointment is some Gunpowder  
beat very fine & put it in scalding Hogs lard  
& noynt it as hott as can be endured 3 times  
or more

X For the Factions in a Horse never failing H  
A Pennyworth of Anniseed water the same quantity of Juyce  
of Houseleek well mingled put half into one ear & half in the  
other eye the eares & watch the Horse is hotten that he lyes  
not downe this will expell the Humors out of the body & caus  
ing the sores to run abundantly the man that used this would buy  
any Horse that had it at any reasonable price with the presumption  
he could cure it with this

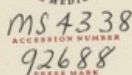
John Johanna S<sup>r</sup> John

Here Book

For A Bullock that pisseth blood X B  
This inward Bark of an oke boyld in a gill of rain  
water to a pint & strain it when tis almost cold  
put in 2 pennyworth of Bolax monaker give it blood  
warmer if once doe not give it 2 or 3 days cure  
again

D X To cure any inward sickness or distace in a  
dog or a man that is bit with a mad dog  
A pint of new milk & 6 of crabs claws the black tips of  
them make them into powder then take rue blood wort &  
Livre wort each half a handfull boyld this til it comes to  
3 qts of a pint then put in a spoonfull of good oyle the  
like of Juyce of Celondini & powder of Turmeric  
it will serve three times for a dog fasting 2 hours  
after it

X For the Itch in man or woman or many in a dog  
Take a pound of flowers of Brimston or Sulphur a gill of  
white wine put together give a wine glass to a man or woman  
or a little to a dog 2 spoonfulls to a horse 3 spoonfulls





For An Ague the woodhouse

4 ounces of Indian snake root pick it clean from the  
diet bruse it & put it into 3 pints of the spirit of sack  
let it stand 6 weeks in the sun close stoped give 3  
spoonfull an houre before the fit keep you bed all the  
time yr fit lasts this usually cures in 3 times but if a  
quartan 6 times or more it is also good for some  
feavers if the spirit be strong 2 spoonfull is enough  
or if the person be a woman or a young man after  
you have spent this infusion you may put into  
the same rootes a quart of sack that will serve  
poore people & children

For an Ague my losen Cutts

White peppre beat it & boyle it in vinegar to a  
poltis spread it on leather lay it in the hollow  
of the foot between the heel & the foot do it  
halfe an houre before the fit comes renew it  
every fit also the hairy side of a peece of the  
skin of a beare layd next the sole of the foot  
has done many cures & Tare spread on lambs  
leather & layd to the sole of the foot letting  
it lye as long as it will stick is very good

A wrist medicine for an Ague

venes Turpentina spread on leather plastic  
with straw thron powdre of olibanum mastick  
& Frankensence bind it onto the wrists if it stick  
it will quickly cure

For a Tertian Ague

Oyle of scorpions anoynt the soles of the feet & the  
palms of the hands & the forehead & the back bone  
before the fitt comes

For an Ague in any swelling

A new pipkin put therein a gill of a pint of salet oyl  
the quantity of a walnut of may Butter the same  
of Bees suet set it on embers & let it not boyle  
but simmer a gill of an hower then take it off from  
the fire stir it till it is almost cold then put in  
a spoonful of english hony apply it warme to the  
swelling

For an Ague

The Hart of a Pike taken out & drunk in maligo

For an Ague in a sore a Poltiss.

Two gills of Running water Malous & smolage each  
2 handfulls red Tinnel & sage each a small handfull  
chop ye Herbs smal boyle them in a pot with some  
Linsseed about 2 handfulls & the same of oveseal  
a little bruised a little vinegar a pint of red wine  
care a pint of milk from the cow almost a pound  
of suet shred smal boyle them til it be thick like  
a plaste lay it as hott as may be suffered

For an Ague swelling

Oatmeal boyle it in new milk to a poltiss then add  
to it may Butter & Aqua vitæ if it be a sore lay this  
on top of a Plaster hott

A Poltiss for the waists in an Ague

Aqua vitæ mustard seed & Rye meal beat these  
into a poltiss lay it on a little before the fitt in 3 time  
it will cure also to hang a peece of camphire as big  
as a walnut in a bag about the neck til the Ague  
be gone

A. 3.

For the swelling of the legs commg of an Ague  
Elder & Blackwort leaves each a Handfull Bay salt & wash  
Alom each a sufficient quantity by this in Boale grease make  
a poltiss or plaste of it & lay it to the legs

For an Ague Tertian

A Head of Garlick peel the cloves boyle it in half a pint  
of sack tender then take it out & bruise it & put it in  
again then put into it as much of the powder of levinas  
will make it into a poltiss spread it on 2 cloths lay it hott  
to the sole of each foot 2 howers before a fitt goe to bed  
when you lay it on let it lye 12 howers use it 3 fitts

Dr willis his wnst medeing for an Ague

Hoppes curans & Bay salt each alike quantity beat  
them to a poltiss lay it almost round the wnstis sore  
it on pntly hard a little before the fitt comes

For an Ague or swelling in the Breast

new milk & dross leaves Brown sage each a hand  
full chop them boyle them tender with a peece of sheeps  
suet then put in a little Flower lay it on hott this  
will disolve or break it

Dr willis to drink in an Ague

Rough Sint de Leon either boyle in posset drinck or  
the Juycæ in white wine

Another for an Ague

Take rootes of yarrow wash & chop them put them  
in a silk bag as big as the pawm of ones hand hang  
it to the pitt of the stomach change it 2 howers be  
fore the fitt doe this 3 fitts this yeare many Agues have  
been cured with a plaste of Galbanum to the navel & some with  
eating a magpyr baked in a pye 1680



Dr Willis for long Agues wch succeeded a  
Feavoe & caused in them great & hard Bellys  
a drink & oylment

Take Lavandier Cotton wormwood centaury carduus  
each a smal handful the peel of 3 oranges & i  
Limon cloves & mace bruised each a spoonful chop  
thes & strew them in a pound of fresh butter & half  
a pint of white wine 2 hours til the wine is all  
spent steam it & keep it in a gally pot anynt the  
sides & billy mornings thre with & keep quills  
smared thre with upon it

The Drink

Camomile Carduus wormwood Horehound centaury  
Brooklin water crasses sciror grass each 3 handful  
the peel of 10 oranges chop all this put them in  
a gallon of cyder poset drink stil them in a comen  
stil til it begin to east sowe put first & last to  
gether take 10 spoonfuls with sugar first & last

For an Ach in the Huckle Bone cald the sciatica  
Black sopr one pound a pint of Aquavits half a pint  
of salet oyle a gr of a pint of Juyes of Rue boyle &  
stir them on a soft fire till they be somewhat thick  
so as to be made into a plastic spread some of it on a  
piece of leather apply it hot to the place lettig it  
lye 3 days & 3 nights unmoved if one cure not lay  
on another it is most excellent

For an Ach or Lamenes

Ducks meat that grows in the water & moss that  
grows on the sail of a windmil boyle them in dreggs  
of Ale like a piece of braise til it be so thick that it  
will spread then spread it on a riasadow red color &  
the thickest lay it below the part ground bind hot  
clothes about it let it lye 2 nights & days keep  
yr bed all the time & sweat if you can

A 4

For any Ach or the sciatica

Great earth wemen stop them toward the Tayle till all the sweat  
be squeezed out of them rub them clean in a linnen cloth put 3 sege  
of them into a pint oyl boyle them til they crackle then cast them  
away anynt the place with the oyl aganst a soft fire

For an Ach in the flesh or Bones

Smalage Bawm ground gire camomile comfrey rootes each a handf  
chop them smal & boyle them in may Butter put in a spoonful of mace  
stram it & put in a little softon beaten

For an Ach or nummes or Lamenes in the Armes

The Ashes of Ashen wood steep them all night in water power of the  
clearest boyle mix sage rosemary camomile bays each a handf &  
with Flannel or cotton dypt in it bath & foment the Armes as one  
cooles dip another for half an houre then wipe it very dry &  
wrap it up warme so doe every night til the party be well

For An Ague

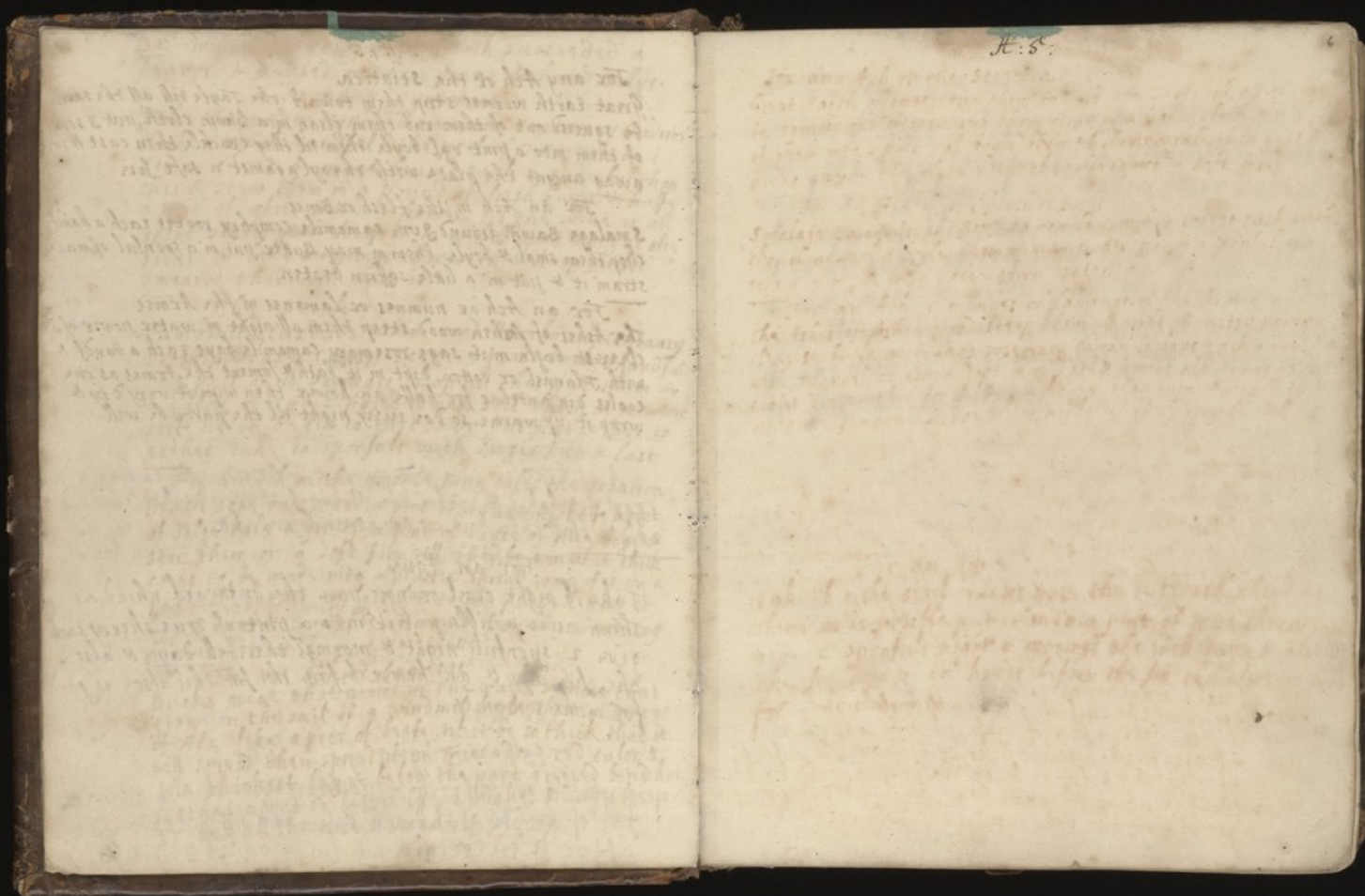
make cakes with Aqua vitæ & wheat Flour & lay to each wrist one  
raw not baked & within the binding of the Armes where they let  
blood bind them hard in an hourse before a fitt

For an Ague

Take 6 night civil oranges pare the outward rhind as  
thin as is possible put it into a pint of true sherry sack  
give 2 spoonfuls night & mornings the well dayes & also  
the fitt day & an hourse before the fitt this also is good  
for the woomen

For an Ague

A dram of Mirch in powder give it in a spoon  
full of sack an hourse before the fitt & a spoonful  
after it is certain at twice or at 3 times as long

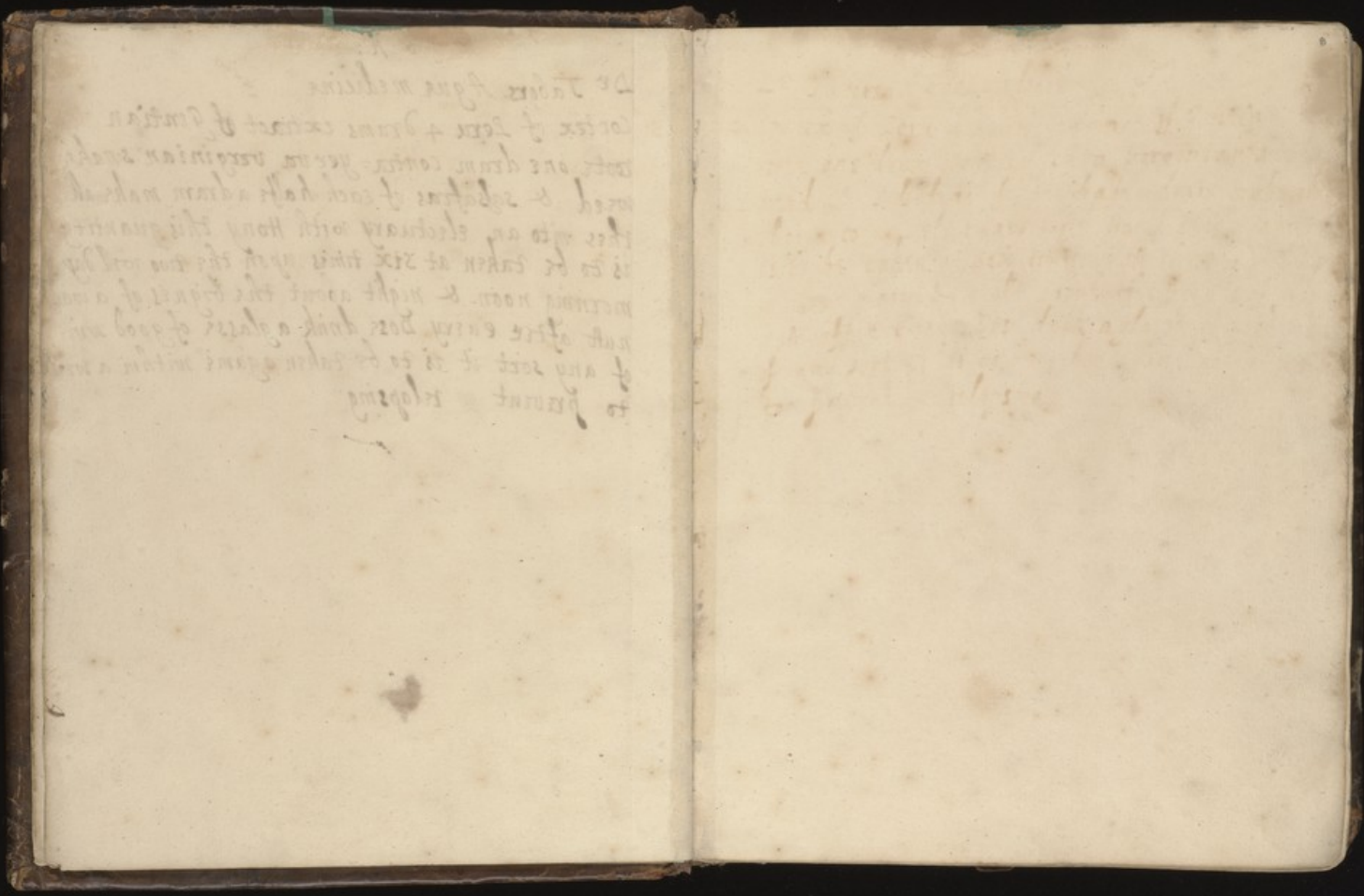




6.A:

Dr Tabors Ague medicina

Cortex of Peru 4 drams extract of Gentian  
root one dram contra-yerva virginian snake  
weed & sassafras of each half a dram make all  
this into an electuary with Honey this quantity  
is to be taken at six times upon the two next days  
morning noon & night about the signes of a real  
putt after every dose drink a glass of good wine  
of any sort it is to be taken againe within a week  
to prevent relapsing

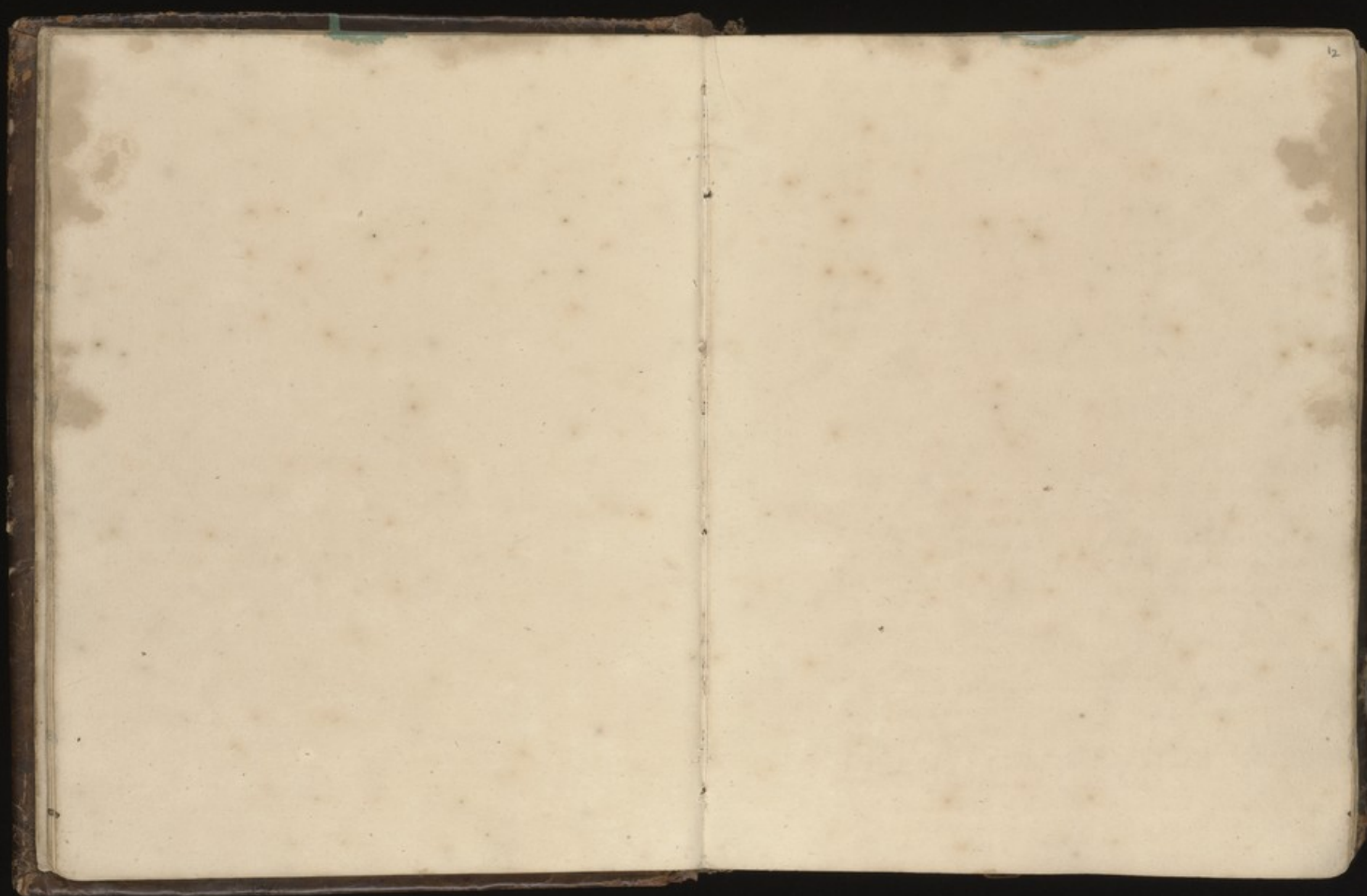














For a Remedy in a woman's Breast  
Take a pound ofcelandine Root, thin it, and put it in  
a Linnen cloth, and let it stand in the sun  
till it be dry, then take it out, and wash it  
in white wine, and let it dry again, and  
take it for use.

For a Remedy of the Head  
Take a pound of white egg, and wash it  
in white wine, and let it dry, and  
take it for use.

For a Remedy in a woman's Breast  
A decoction of Carduus marianus with  
white wine, and let it stand in the sun  
till it be dry, then take it out, and wash it  
in white wine, and let it dry again, and  
take it for use.

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For a Kanker in a womans Breast  
 Goats dung & celondina beat them well together lay it  
 as a Plaster to the sore it will kil the worms &  
 clens the sore also Goats Dung so used only adding  
 a little vinegar helpeth for cure  
 For a Bristle full of Paine  
 Bean Flower yolks of eggs rose water beat them  
 together till it be like a salve spread it on a cloth  
 lay it to the Ach  
 For a Kanker in a womans Breast  
 A Decoction of Carduus wash it therewith & it  
 will cure tho it be eaten to the Ribs bath it  
 well night & morning & drink thereof or of the  
 distilled water  
 Dr Mathias for the whiter & weaknes in the back  
 Venes Turpentina very well wash in red rose water  
 swallow every morning as much as a Hazil nut rolled in  
 powder of nutmeg & sugar fasting on howev, when you  
 are weary of this take as much powder of mastick  
 as will lye on a 6 pence in an egge reas tosted use  
 this a fortnight  
 Dr Browns Clary water for the Back  
 3 gallons of strong Beer or Ale put it in a brass pot that  
 will hold 4 gallons 10 handfuls of clary gathered in a  
 dry day 3 pound of stoned raisins liquorish & Anniseeds  
 each 3 pennyworth the whites & shells of 24 eggs  
 beat the shals smale & mingle them with the eggs the  
 beat to a mass in a limbeck  
 For a Bone Ach excellent  
 A pennyworth of Brandy as much of oyl de Bay mixe  
 & waime them chafe it in well against the sin keep  
 the part warme

For bleeding at nose  
 Purselan leaves & stalks put them in small Ale when it has done working  
 bottle it at 8 days old & drink nor other drink this has done great cure  
 & cure my silvum who nothing else could cure

B. C.

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 the part warme



For a Blow or other Bruise in a Brest  
First let Blood thin foment it with sage boyl in vinegar  
dip therein flannels & apply them hott for an houre when  
ye first are hurt & nights for a week after Dr Willis

For milk Quard in the Brests wch causeth  
sickness in the Stomach. Dr Symcotts  
The stomach of a Hare taken as much as will ly  
on a shilling in any Licuor night & morning in  
Powder

A Plaster for paine in the Back  
Tacamahacha Cayanna Burgundy Pitch each alike  
mixe them well & spread it on leather & lay it to the  
Back

For any venomous stinging S  
Anoynt the Place with oyl of scorpions also if it  
be an Adder Braise the Head & lay to the place will  
draw out the venome & to hold it to the fire or hold  
a red hott Iron to the place as neare as ye can  
suffre it also saffron rus & viner Treacle made  
into a polter will cure the Head of the Adder

For him that spitteth Blood  
Let him take the Powdre of mulberys in all his broths  
also Juice of Bittony mingled with goats milk drink  
3 mornings of it

For Bleeding at the nose  
The wool of a Hare with in the white of an eye &  
rub them in powdre of sugar & powdre of a burnt  
spung mingled & stop the nostril therewith

For a Blast or the poison of a Toad  
Plantain & Parsly each a handful stamp & strain  
them & mingle the Juice with Raw Cream & anoynt  
therewith with date layd to it is good

B. 2.

To draw a Bile from one place to another  
Oculus christi & veruon stamp them together & lay  
it on 2 fingers from the bile & so on till it comes to the  
place where you would have it break

For Bleeding at the nose  
A dried Toad hang it about the parties neck  
in a silk bag this also Dr Willis used for flooding  
also hogs dung hott smelt to

To take out the fire of a Burne speedly  
Burnt Aloes & the yolk of an egge & oyle beat all  
thes together & apply it cold & shift it often

To ripen a sore Brest  
The cream of new milk manchit grated very fine  
the yolk of a new layd egge gilgoby the ground a  
handful shred very fine stre them all the while til  
there be like cream on the Top of it then spread  
it and apply it as hott as may be m dured shifting  
it 2 times a day when it is broke Tent it

For to dissolve a Brest the never so hard  
A pint of Urin a good handful of marsh mallows if ye  
cannot get them ordinary mallows boyle it till half is con  
sumed then put in as much barley meal as will make it  
into a Lottis let it boyle a while then put into it a bit  
of Hoggs grease as big as a walnut take it off & put  
in a sponful of Honey lay it on as hott as can be suffred  
let the party take 12 Hogges brused in white wine  
3 sponfuls every morning

A Plaster for a sore Brest Bruise old or new.

itch or scatica

A pound of Pitch half a pound of Rosin a pece of Beers suit as Big as an egge & so much galow wax seeth them all a little, take them off & put in 5 spoonfulls of Ague vitta a penny worth of spie macitty then boyle them a little againe & spread it on the rough side of a sheeps skin warme it when you vse it it strengthens

X An admirable thing for a Cancer la Temple C  
The green leaves of Peewincke quill them as thick as one will lye by another upon soft brown papre it should lye on continually the leaves next it laymg on fresh as the leaves dry take dryng drinks with Hoglice in them while you vse this & sometimes purging

X Another for the same Lady Honeywood C  
Take of the Juyces of Featherfew celondine Rue & smalage mix these with Beane flower & ro haff a pint as much hony as a smal egge spread it on the softest brown papre if it be broke lay some of the papre next the sore & the Juyces cold up on it chang it twice a day & burne the medicine

For a sore Brest the broken La. St. John Mary gold, flowers sengizen groundsel Lavan der each mix as much as an egge of leaf Hogs greace 2 new layd eggs 2 spoonfulls of Hony beat this together with as much wheat flower as will make it into a poltis apply it cold

B:3:

A custart for weaknes in the back

The yolks of 4 new layd eggs the pith of an oxe bloud beat them thorowly & strain them with a little new cream that is not above 8 hours old lay the pith in water to take out his blood & strip it from the skinnings put thereto nutmeg rose water & suger either make it into puddings or bake it with y<sup>e</sup> will also eggs parched in water where milt has been boyled also the milke of all fresh fish is good for the back of the patient or cold in his back: oyl of camomile capons greace & sandres boyle it in a pot in a pot of water anoynt the back & Lay on a blew cloth that is wodded lay it next the skin

If they be hott in the back take oyl of roses the seeds of Plantaine & the yongest Plantaine you can gett & some sandres boyle this in a gally pot in a skillet of water anoynt the back & wear a blew cloth this will cure the back the in a consumption

For any knob or hardnes in the brest or milk

Quard  
A pint of Rops oyle a gr of a pound of white lead beaten very fine & as much red lead beat fine shomakers greace q<sup>r</sup> to pnd half so much virgin wax boyle all this in the oyle on a soft fire take it off if it be to run out let it boyle til it be brown then put in half an ounce of camphire cool it in water make it into roles spread it when you vse it on the fleshy side of sheeps leather let it lye til it drop off



For Broken Bones or Thorns to draw out  
Over fire stamp it with Hoggs greace & lay  
it to the place Ashes made of earth wormes  
soden in Honey draweth out broken bones

Syrup of Comfrey for a weak Back  
Dr Willis for one had a sprain in her back  
A pound of comfrey rootes scraped & sliced  
put them into a gally pot with a pound of hard  
sugre & halfe a pint of Alagant couer & see  
in an ourn not ouer hot but as y u would  
dry paves take of it morning & afternoon & 2  
or 3 slices of the comfrey

Dr Bates ointment for Burnes or scalds

Take of the freshest goos dung half a pound  
salit oyl half a pint Ointment of marsh  
mallows & oyl of red roses each 2 ounces cam  
phir a gr of an ounce snow water & 6  
spoonfuls boyle it till all the watry moyes  
turne be consumed then strain it & keep it  
in a pot anoynt it many times in an houre  
till the fire is out & it will neuer scare  
if yu take it at first yu need no other  
medson

For sharpnes of Blood & Bleeding

Conserve of Hypps as much as a walnut  
night & morning & this will be for a loss  
nes or any thing comes from sharpnes of  
Blood

yu need  
no other  
fr his most  
excellent

A drink Dr Willis prescribed one that had a  
sore Brest

Agrimony Horrhound sanacle mousen Colles  
foot Bugle Plantain tops of cyprus each in  
raisins halfe a pound Licorish halfe an ounce  
boyle this in 3 qts of water til a 3d part is wast  
ed put to it a pint of white wine strain it & when  
it is cold bottle it drink halfe a pint fastmg & at  
4 in the Afternoon if yu cannot get cyprus &  
Horrhound use st Johns wort & Tamaris instead  
of them

To make Conserve of Hypps  
cut them in halfe & with a iron knife scrape out  
all the seeds & downe let them lye 2 days couer  
ed in an earthen basen beat & pulp them throu  
a Haue sieve take the weight of the pulp in  
sugre beat them till they are well mixed take  
as much as a nutmeg night & morning

For the Biting of a mad dog neuer failing  
Leaves of Kue clean picked 6 ounces peeled  
garlick 4 ounces methridate or London  
Treacle 4 ounces sharrms of Lewtie 4 spoon  
fuls a pottle of strong Ale put this into a ves  
sel that will hold a 3d part more a strong jug  
& boyle this in the Jug in a Kettle of water  
close stopd 4 hours on a gentle fire strain it  
& give 9 spoonfuls 9 days more or lesse according  
to the age of the person wash the place with  
some of the decoction & lay some of the Decges  
upon it

For Bleeding at the Nose  
Black wool burne it with vinegar & put some up the nostril  
Lady Birchfield

For a Bruise with the Bone either by a blow  
fal or cold

Take Hemlock groundsel chickweed & m. i.  
break them betwix your hands boyle them with  
clarified wine in a glassen bottle untill they be  
when the herbs grow yellow cast in some wheat  
bran lay it in the place where it is often when  
you doe move it againe with the same wine

Susan Toole for a Burne or scald Blast Blite  
or St Antonys fire

Picked Juice that runns upon the ground & gilgoby  
ground each 2 handfulls sinkfoyl the same chop all  
this smal with a pound of hard kidney muttonsuet  
stop this hard into a pipkin let it stand 3 days boyle  
it very gently putting in 3 spoonfulls of snow water  
boyle it till the Herbs are crisp strain it hard into  
a pennyworth of salad oyle anoynt it still as it  
drys up till the paine be gone then lay on a rag  
dypt in it to the burne or scald shifting it often

For Bleeding at nose

The Haire of the party burnt or the stink of a candle  
newly put out

A draught to sweeten the blood  
9 spoonfulls of milk from the cow 3 of red wine  
water 3 of succory water 3 of milk water &  
a little suger candy take this every morning

To stop the bleeding of Leeches  
Burne a rag & lay it on the holes

Mc Boyles Balsame of sulphur

Take one part of Flower of Brimstone & five of pure  
oyle olive mingle this together with set them on a fire  
the fire in an earthen or a silver pan not very deep  
but pretty flat & wide let it not boyle but simmer & keep  
it still stirring with a silver or glasse spoon till such  
time as the flower of Brimstone be fully melted in your  
oyle when it is it will look very ked then take it  
off the fire & let it stand a while & coole then set  
it on againe still stirring it till it be thorowly melted  
& grown pretty thick like a Balsame or ointment then  
keep it close covered for your use

this mingled with oyle of Annis or Fennel seeds & fine pow-  
der of white suger candy alittle taken on the point  
of a knife is an excellent remedy for a cough

Also one part of this & 3 parts of oxycrow shom plaster  
& applyd warme to the Kings euel swelling if not broken  
will dissolve it & the Balsame alone when it is broken if  
dropt warme into it & some applyd on lint warme to it  
once or twice a day cures it for vlcers in the Tongues  
to take this fire out of Burnes the best way for inward  
taking it is to make it with oyle of eggs & for outward  
applications with oyle of St Johns wort

For Bleeding at nose

A sheet of white Paper wet it in vinegar & dry it  
in an oven when it is dry wet it againe & dry it as  
before so doe 3 times then make it into powder & snuff  
up some of it into the nose often as well when it  
does not as when it bleeds



For a Cancer in the Breast

A piece of a sheep skin taken off the flank of the sheep lay the skinn side to the breast changing it once in 12 hours & in hott weather once in 6 hours this was used to a woman whos breast was to be cut off ~~it was broke~~ & it kept her very many years without any pain or trouble & at last dyed of another disease so child knew the woman to whom it was taught by a French man

Another for a Knubb or hardnes in a Breast  
A piece of Brown Paper dip it in Brandy dry it & spread it out with Honey lay it to the breast & in a months time it will dissolve it it must be new ones in a day or two

For a Cancer in the Breast

A pint of chickin broth is or is crayfish alive beat them in a mortar & put some of the broth to them beat them & strain them as you doe Almons to make Almon milk beating & straining them till you have all the goodnes of the crayfish out drink it every morning a pint

X For a Dropsey

D

17

Six Topps of worm wood steep them all night in a grt of faire water drink of this water next day an equal quantity of clove <sup>wing</sup> ~~each~~ with ye meat & no other drink eat no milk purg with cariscosonium once or twice a week it must be new every night made

Bleeding at Nose

Take a Rag & dip it in a little water wherein you have dissolved a bit of Roman vitriol warme the Rag & lay it cross the nose without side & let the party for 3 mornings drink 2 spoonfuls of Juyce of watercress 2 of Juyce of netles & 2 of Juyce of Limon

- For a Cancerous Knobb in a Breast

The Brins that is in salt Butter dip a Rag in it several times in a day & lay to it I have heard of one whom it dissolved the Knobb quite after it had been there many years

For the same

The warts growing up on Horses legs made into powder take as much as will lay on a spilling in a little whiteswine morning & night

The Lady Bark Shirs famous Cancer water to  
prevent

Take Aprill Callimianis & ankers make it Red Hot  
in a spirit of whittens heat & quench it  
so 9 times til the wine boyle up to the Top of the  
cupp wch must be siluer & it must stand neare the  
fire but not to touch it then take an ounce of  
Tully burne it in a Crucible Red hot quench it in  
a little Red Rose water double with a little will quench  
it so does 3 times then put a pint more of double  
still Red Rose water with that you quench the  
Tully in into the wine beat the Callimianis &  
the Tully severally very fine then put both to  
the wine & Rose water bottle it & shake it twice  
a day  
with a double cloth 3 times a day & lay it to the  
Breast for the shakings the water is good also  
for the Kings evil & for sore eyes but for eyes  
you must not shake it but use the cleer  
withing the cloth & lay it on your eyes & bath  
them with it but drop none in I am told that  
Jasie water wherein a good deal of steel has  
been steeped a week is as good as wine &  
cheaper for the poore

For a Bube

Smiths water wash it therewith & lay  
Rags dypt in it upon it til the fire is  
out

For deafnes

bouse a few leaves of gil go by ground between  
your fingers & stop your ears with it & change  
it every night

For a Dropsiey

The Topps of yong Broom burnt to Ashes  
give as much as will lye on a shilling  
in white wine every morning

To temper and cleare the Blood.

Take the Berries of Elder when they are full ripe  
and pick them from the stalks then put them in  
a pitcher and Infuse them in a Kettle of water  
then take a Gallon of the juice and putt it into  
a Pipkin then Infuse it till it has wasted about  
a quart, then fill it up till twelve Gallons come  
to one.  
It must be stirred with a wooden stue for fear of  
burning, and take one spoonfull morning and  
Evening.



For a Bath  
Take a few leaves of St. John's Wort  
and steep them in a quart of water  
for a night and drink it in the morning

For a Cough  
Take a pound of Marsh-mallows  
and steep them in a quart of water  
for a night and drink it in the morning

For a Fever  
Take a pound of Marsh-mallows  
and steep them in a quart of water  
for a night and drink it in the morning

For a Head-ache  
Take a pound of Marsh-mallows  
and steep them in a quart of water  
for a night and drink it in the morning

For a Bath

Take a few leaves of St. John's Wort  
and steep them in a quart of water  
for a night and drink it in the morning

For a Cough

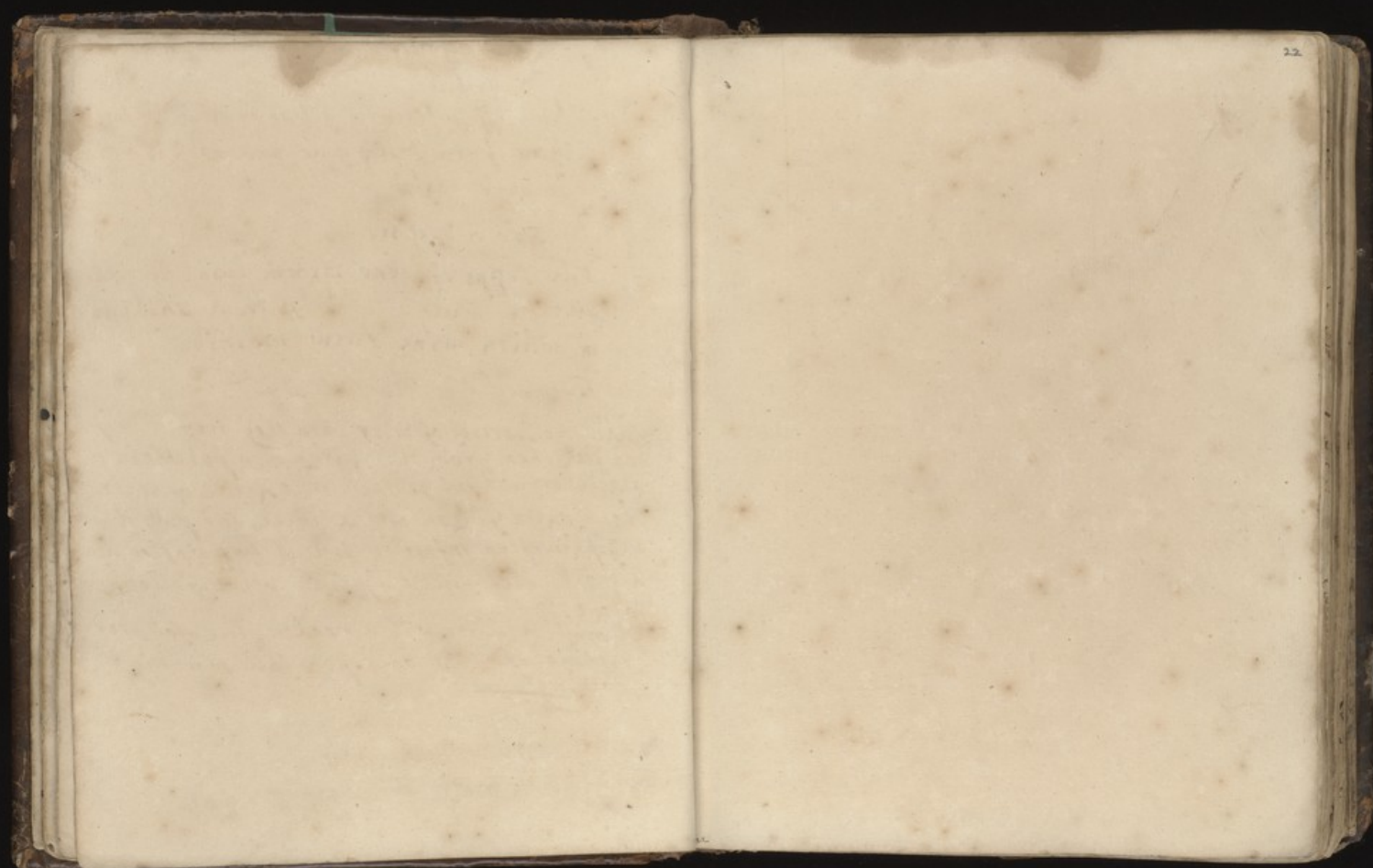
Take a pound of Marsh-mallows  
and steep them in a quart of water  
for a night and drink it in the morning

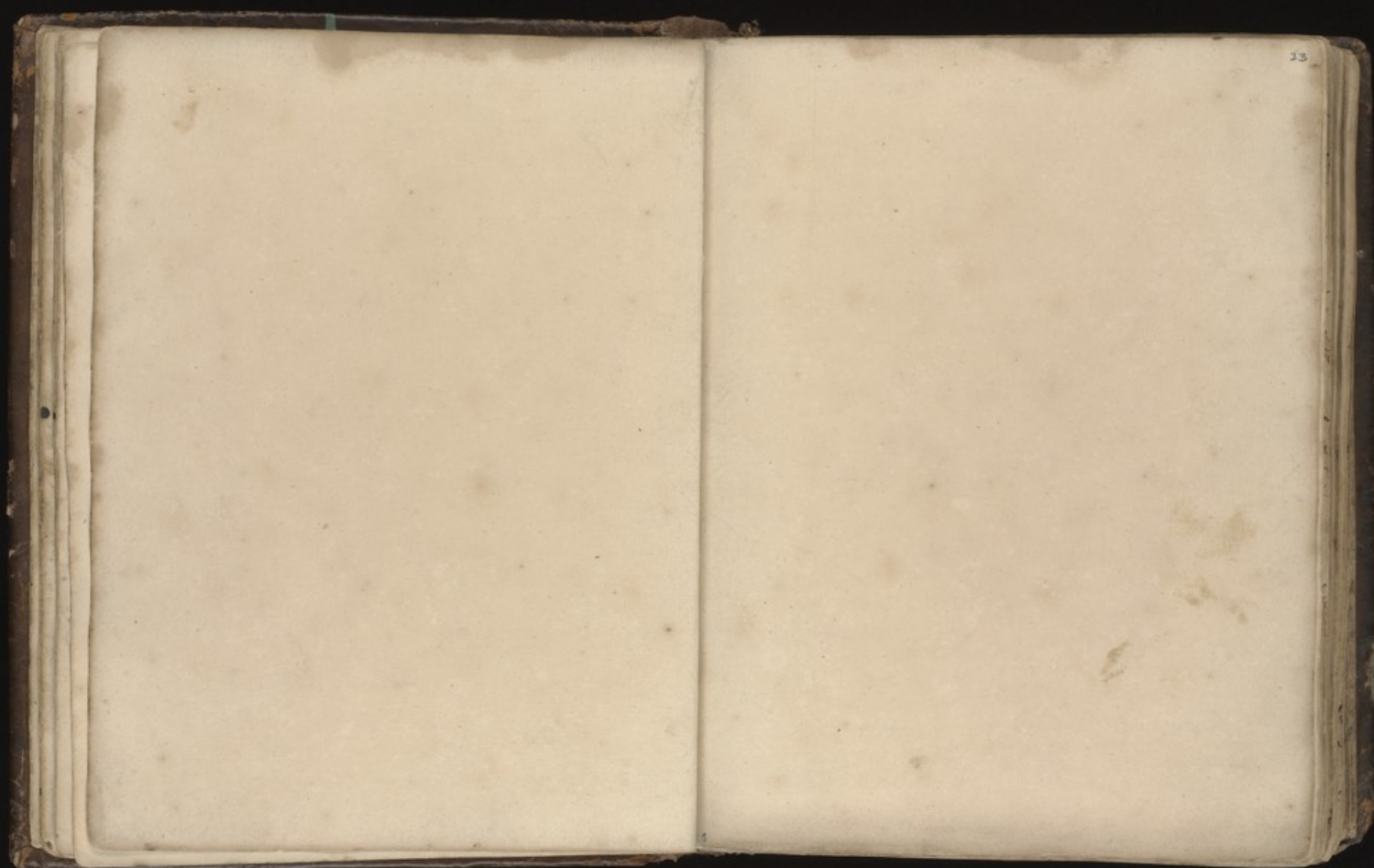
For a Fever

Take a pound of Marsh-mallows  
and steep them in a quart of water  
for a night and drink it in the morning

For a Head-ache

Take a pound of Marsh-mallows  
and steep them in a quart of water  
for a night and drink it in the morning









Handwritten text in a cursive script, likely a Latin manuscript. The text is dense and covers most of the page, with some lines appearing to be headings or sub-sections. The ink is dark and the paper shows signs of age.

An excellent Cordial water

Take of this cordial flower 4 handfulls apier  
Violetts Rosmary lowslip single wallflower Rosa solus  
Lilly con vally single Liony Lady smock Borrag Buglos  
Red & Damask Rosis double Links Thimz Lime tree  
Mary Gold sweet scabious Birkony wood sorrel dragon  
score onera clove guly Fl clary Lavandier Poppy mint  
sage orang Fl or leavis or any other cordial flower  
you can think of also this blossoms the same quantity  
of the Bearmam or pipin walnutt Peach white Rose  
that blows in septimbre calid the musk Rose vine  
Angalico rootis 4 ounces Polipodium of the oak a  
pound shie the rootis & put the flowers as they are  
in season into a lavy Bottle with 3 gallons of sack  
keep it stoppt close but let it be big enough other  
wise the ferment of the wine & flower will break  
with the ferment of the wine & flower will break  
it put in also 4 ounces of sinomon the same of  
sweet fennel seed & nutmeg & cardamum seeds  
all brused the peels of 12 oranges & the same of  
lemons when the have stood 3 or 4 days after  
thee bring all mixed then strain them well out  
& put 3 gallons more of sack to them & stil the  
flowers & the new sack & stil the old sack  
wherein the fl were steeped by it self for when  
you have drawn of as much water as you please  
you may take out the sack boyle it up with a  
little sugar give it for electuaries for a consump  
tion night & morning a spoonfull when you  
have drawn yr water mixe them strong with  
the smal till it be the strength of sack or a  
little stronger & put to every quart a drop of oil  
of cinomon & a drop of spirit of Amber give & the folow  
ing syrop

a. Blooms

A pint & a half of spring water & a pound & a half of refined sugar boyl this to a thick syrop when it is cold mixe it with the water this is enough for 5 grs. of water mixe yr drops with yr syrop when it is cold & then mixe this syrop & water in a clean Bason & if there be any smal water remaining you may keep it for children it is good for this & for melancholly fumes I use to put also an ounce of saffron into the flowers & 4 handfuls of yong Baum dyrd the Lady smock blows in April & may & grows in meadows and bears a white flower inclind to redish with 4 leaves also flowers of fumatory

X An Electuary for the Lungs

Six ounces of raisins of the sun stoned beat hie with 4 ounces of brown sugar candy & 8 ounces of old conserve of Red Roses & 24 drops of oyl of Brimston & 12 of oyl of vitriol beat them very well & add to it powder of olibanum an ounce take as much as a wal nutt night & morning

snayl water for a Consumption

A grs. of a peck of shel snayls washt in 3 waters beat them & put them in a stil with 2 quarts of new milk an ounce of cymomon a handful of mint take halfe a pint sweetned with Barbary sugar twice a day

For a Chine Cough

maxis milk to give the child is a certaine cure I have heard whatsoever is good for convulsion is good for that cough

Mr. Hides Powder for a Cough of the Lungs  
Powder of sulphur of Fox Lungs prepared & of Licorish ana 2 ounces brown sugar Candy 4 ounces or more Powder of elucampagne 4 drams powder of Annis seeds an ounce take as much as will lay on a great often especially morning & night carry it in yr Pocket

A Fume to be taken in a Pipe

Guaiacum mastick, olibanum Ambre soltsfoot wood Bittony to an ounce of every one of this 2 drops of oyl of Annis seeds some shins of pistachia nutt take it 2 or 3 times in a day also snayl milk a pint of milk pickt out of their shels & boyled til the milk be thick then put in a spoonful of red rose water & sweetned with sugar drink to the breakfast

A Brath by Dr Bates

An ounce of china root misasd in 6 pints of water a kuckle of vial a handful of Rasins stoned a little mace and a handful of Lungwort take a mess to breakfast the fume of a Limasol is good also to fume the cap or put in the pappin warme your Bed with not exercise an hour after dinner manna if they need any purge is best

X An Electuary for Pleurisy & Lungs  
half an ounce of Tarr an ounce of Hony sulphur Annis seeds Licorish Fox Lungs halfe an ounce as much as a nutt in every night



Cock water for a Consumption  
 Take a running Cock pul him alive kill him  
 when he is almost cold cut him open along  
 the back take out his miterls wipe him clean  
 cut him in qtrs break his bones put him in  
 a still with a pottle of sack blew curans &  
 rasins stand each a pound harts sliced 4 ounces  
 figgs a handful Pimpernel M: 2: Rosemary  
 Flowers & wild thyme M: 2: spiritmint M: 2:  
 Buglos & Burage Flowers each: 4 M:  
 Fennel & Parsly roots scraped & pitched  
 each M: 1: the leaves of endive succory  
 coltsfoot maidenhair ana M: 1: Annis  
 seeds bruised Liguonish bruised ana 3 ounces  
 a pottle of milk of a red cow or a goat  
 stile this with a soft fire put sugar candy  
 in the glasse & halfe a booke of leafe gold  
 cutt smal 3 grains of Abregrier prepared  
 prele 10 grains shake the glasse & take  
 2 spoonfulls morning & afternoon

A Glyster for the wind Colick  
 Camomile Fl Delitoy of the wall & malow  
 ana M: 1: Annis & Fennel seed bruised each  
 halfe a spoonfull sheeps head wool & all seeth  
 this together til the flesh comes from the bones  
 to 3 qrs of a pint of this Liguor put the  
 yolks of 2 Eggs & 3 spoonfulls of oyl of Almonds  
 conserve of garden Tansy taken inwardly is good

C: 3:  
 Snayle water for a Consumption  
 House snayls 3 pound taken out of the shels  
 & washed in muscadine 10 sheeps Harts the fatt  
 taken of a cock or capon his miterls taken out  
 & cutt in pieces Dates stoned & cutt smal: 1: pnd  
 Juiubis & sebastians ana 4 ounces raisins  
 stoned 4 ounces scabious maidenhair spiritmint  
 Hyssop coltsfoot Borage Buglos Fl Hartstongue  
 ana M: 2: HartsHorne 4 ounces let all this  
 steeve together 24 hours on hott embres in 3  
 gallons of faire water till halfe be consumed  
 let it stand til it be cold take of the fatt  
 then put in 6 quarts of muscadine conserve  
 of red roses conserve of Burage Buglos Flowers  
 Rosemary Fl cowslips Flowers each 6 ounces  
 ginger cloves cinomon Ana 1: ounce Aromatic  
 icum Rosatum Diambre Diatracaanthum  
 Frigidum each an ounce musk & Ambregtie  
 in powder 30 grains mixe all thes powders  
 together tye them up in a piece of Tiffany  
 stil this in an Alimbrech with a gentle fire  
 mixe strong & smal together take 5 spoon  
 fulls morning & afternoon it is an excellent  
 restorative

For Convulsions in the Stomach or fits in  
 general  
 Galbanum unstrained Castor of russia Opoponax  
 sagapenum infuse an ounce of each in a pint & halfe  
 of spirit wine rectified 10 days then strain it & ads the

the same thing  
 may be made  
 with the same  
 ingredients  
 but with a  
 different  
 quantity  
 of the  
 ingredients



C: 4:

Adrian Gilberts Cordial water

Dragons Burnett leaves & Knobs scabious

pimpernel Tarmintil roots Baum &

Angelico ana m: 2: dry them & shred um

lay them in steep all night in a gallon of

cannary sack next day distil it put in

the water this following cordial Flowers

sage Fl rosemary Fl July Fl cowslip

Fl may gold Flo single wall Flo links

clary Borage Buglos Flo Lungwort &

mallow Flo each 4 ounces Harts horn

2 ounces true meth'date the weight

of half a crown saffron & Galmigal in

powdre ana i dram as much baid seed

cloves half an ounce beat the roots & pierce

let all this stand together 24 hours still

them in a glass still keep the water serve

ally in the first gvt put 2 drams of prepa

red coral 4 of Beils 2 of crabs eyes

taken in the full of the moon as much &

the same of white Amber so much Bezor

stone as will weigh a dram a dram of

Ambergreece put this in powdre into a

glass & let it stand close stop't 10 days

shaking it once a day then wrap it in flax

boyle it in a pot of water & throwe strain it

thru a cotton bag put this ingredients into a

second water put in them this 2d part half

of sugar candy 4 ounces of red rose water 4 ounces

of spirit of wine boyle & scum it let it still put it in

the first water & make as much for the 2d

crabs

eyes

eyes

eyes

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The virtues of Gilberts water

28

It is bad for nothing it cures wind & the col  
ick restoreth decayed nature good for a con  
sumption expels poyson & all infection from the  
Hart helps digestion purifies the blood gives  
motion to the spirits drives out the smal pox  
for the guppies in young children women in la  
bor bringeth the Afterbirth stops floods  
for sounding & faintings

Lady Huitts Cordial water

Red sage Bitony spiramint unsst Hysope set wall  
Thyme Baum pinnyngal sanacle zelondie water  
cresses Harts ease Lavandier Angelico Germanie  
calamint Tamans coltsfoot avins Valerian saxa  
frage Pimpernel vivrein parsley rosemary savory  
scabious Agimony mother thyme wild mercuri  
Roman wormwood Cardus Bilitory of the wall  
field Daisys with the leaves roots & Flowers  
ana m: i: Rue yarrow comphry Plantain  
camomile maidenhair sweet marierome m: i:  
red roses cowslip Fl rosemary Fl ana half a  
peck. Annis seeds Fennel seeds caraway seed  
parsly seed ana 2 drams nutmegs ginger  
cinomon pepper cloves mace ana 2 drams  
spicknard elicampans roots dried mellilot  
Flowers calamus aromaticus cardamums  
Lignum Aloes Rubet shied thinn galmigal vi  
ronica 2 decoary Quibbs granes ana 2 drams  
Harts Horn 2 ounces Juniper Berrys i dram

5. C.  
 Aromaticum rosarum 2 drams china rootes one  
 ounce Sasafias sliced halfe an ounce sliced  
 all thes & put them into one or 2 earthen potts  
 in the midst of the Herbs <sup>put the seeds in the</sup>  
 being brused put in as much sherry sack as will  
 cover the Herbs let them stand 24 hours  
 put it in a limbeck make 2 stillings of it  
 from each still draw a bottle of water wh  
 keep by it selfe & draw a pint more from each  
 still put ye first 2 gts into one glass  
 & put in the things A pound of white  
 suger candy 30 grains of Bezoer 24 grains  
 of musk 20 of Amber greice 2 drams of pivil  
 2 drams of coral 4 leaves of gold a little  
 Bag of saffron

~~For worms in children~~ Aqua Mirabilis  
 3 pints of sack one of Angelico water one  
 gill of the Juyce of celondine Cowslip Fl  
 mint Bawm melilot Fl rosemary Fl  
 mary golds ana 2 drams saffron Spiny  
 worth cynamon cloves nutmegs ginger  
 cubeb cardamums Galengal each 2 dram  
 bruse them mixe them still them in a cold  
 still you may hang musk & Ambre greice in  
 it if you will sweeten it with suger  
 It dissolves the swelling of the Lungs who  
 uses it need not let blood it is good for melan  
 choly kuhms flegme Hart burning keeps the  
 memory this is cald Aqua mirabilis & I believe  
 the title on the Top is mistaken

29  
 For Wormes in Children  
 new milk sweeten it with Honey give 3 spoonfulls to  
 a child fasting it will hunt the wormes the same  
 in a Glyster is good so is sweet wort will bring them  
 away abundantly

Dr Stephens Cordial water  
 A Galon of good Gascon wine claret Ginger gal  
 mgal nutmegs grains cloves Anniseeds caraway  
 seeds ana i dram red sage red mints red roses  
 thimi Pelitory rosemary wild time camomile Lavander  
 ana ana m.i. beat ye Herbs & spices severally  
 put it to the wine let it stand 12 hours distil  
 it in a limbeck

Virtues  
 It comforts the vitals spirits good for all diseases  
 coming of cold as shaking Palsy contraction of the  
 sinews helps conception kills wormes the cold gout  
 & the Tooth Ach comforts the stomach comforts the  
 stomach cures the Dropsy & stone a stinking bath

For Convulsion fits  
 A stone growing in the gal of an old Ox & the  
 same quantity of a Dead mans scull that comes  
 in an untimely end mixe an equal quantity  
 & give the child as much as will ly on a 2 pence  
 a little before the fit comes the Hair that grows  
 between the hinder Leggs of a Her Bear boyle in  
 Brandy til the Brandy be consumed lay it warm  
 to the soles of the feet



C. 6.  
For Convulsion fits in Children  
Five pound of Black cherries beat til the  
stones are broke an ounce of Fatt Amber  
finely Beat & seced as much red coral  
sterio it among the cherries & distil it  
& give as much fatt amber in Powder as  
will lye on a 2 pence it is good for the  
Palsy

A Cordial water of black cherries  
Eight pound of Black cherries beat them  
& break the stones put them in a Jarre  
glass put to them a gallon of sack or claret  
a handful of rosemary Flowers a handf  
of Bawm a handfu of cowslip marygold Fl  
Borage Buglos clove July fl each 2 ounces  
cinomon & nutmeg each halfe an ounce let  
this steep a night & a day distil it

X A Pritious drink for any weakness  
A gallon of milk of a red cow put it in a  
clean pann put to it Acorns an ounce  
the same of nutmegs sliced boyle it in  
a gallon to a Bottle strain it & put into it  
a pint of rosewater where in almons have  
been strained sweeten it & drink no other  
drink this brought a man that was car-  
ried on mens shoulders to carry a vessel  
of Ale on his Back in 6 weeks

30  
For a Cough or Cold Lady Seamore  
A pound of Brown suger candy beat & seced an  
ounce of Juicy of Licorish steep all night in Hyssop  
water orris & elecampany Powder each 2 dram  
gum dragon halfe a dram steep in Hyssop wa-  
a dram of oyl of Annis seeds 2 grams of musk  
make this into past & so in to cakes they will dry  
of themselves

Spirit of Lemons  
A get of the best Canary the rhind of 4 Lem-  
ons very thinn pared steep them 2 days then  
distil it

For a Cold  
A pint of Vaguabak 6 ounces of Liguonish  
6 of Brown suger candy a pint of spring wa-  
boyle all but the candy til half be boyle a  
way then put in the candy & let it melt

For Convulsion fits  
The water of Ladysmock Flowers distil 3 times over  
take as much of the powder of the same dried as  
will lye on a 2 pence in this water sweetned with  
sympre of Black cherry or single Piony is momeys  
about the full & change of the moon

Citron water  
Eight of the fairest citrons pared thinn the pe-  
of 2 oranges & 2 Lemons to every pint of citrom  
& 2 gallons of canary steep them 10 days together  
clon stoped distil it in a Limbeck or comon still  
with yd please



8: C:

For a Consumption

Coltsfoot scabious ana m: i: maidenhair halfe  
a handfull red Poppy Flowers lesse Anisseed i spoonfull  
figgs & dates each 6. 40 raisins stoned & lecampany  
the quantity of a walnut & times so much Liguorish  
shred these boyle them in a pint & a halfe of Ale &  
so much spring water boyle it gently till a 3d  
part be consumed take morning & afternoon 10  
spoonfulls til the quantity be spent then rest  
& days & begin againe

For Convulsion Fitts in woman &  
Children

Conserv of Rue for a woman as much as a  
walnut to a child of a nutt night & morning  
the conserv of the Tree called Lignum vitæ  
the leaves made into a conserve is better  
if the stomach can bear it

Dr Bates his Etisan drink for a

Consumption  
the newest maidenhair 3 handfulls coltsfoot  
with the rootes & Buds 2 M: Gutubis rasins  
each a M: Anisseed 6 drams one pipin or  
pearmane sliced cutt smal beat yr seeds  
boyle these in Barley water 3 pints til a pint  
be consumed strain it & clarify it with the  
sweaten it with syrop of Juubies syrop of  
maidenhair & syrops of the 5 opening rootes  
each an ounce this cured one that had it 3  
years

A water for Convulsion Fitts Dr Bates

White water Black cherry water Bitony Flower  
water rosemary Flower water Cowslip water may  
gold water each agte of a pint mingle them put  
to them 4 ounces of syrop of red Piony 2 spoonfulls  
of spirit of castor one spoonfull of spirit of oyl  
of Amber give a spoonfull in a fit or in danger  
of it anoynt the wrists nape of the neck nostrils  
with oyl of Amber chang & full of the moon & if  
a child give it 5 grams of white Amber in the morning  
& the same of red in the morning if the child  
suck let the nurse drink pisset drink wharm is  
boyle rosemary sweet Fennel weed single piony  
rootes & a little Rew let her take this eury  
night & let the child so soon as it is borne take  
5 grams of white coral in Black cherry water  
night & morning in Black cherry water

For the Gapes in the month & to scower  
away the fitts in a child  
5 grams of Torches Rubens mixe it with as  
much as a smal fetch of Diascordium & alittle  
syrops of coral give it once in 3 days if need  
be

For worms in children  
Indian snake weed give of this powder 10  
exams to a child of 4 years old 10 mornings  
fasting

*cordial plaster A Plaster for digestion*

Powder of Red rose leaves mint calamint  
wormwood nutmegs cloves mace ana .i. dram  
powder of mastick 3 drams Labdanum half  
an ounce Turpentine washed with red wine  
as much as will make it into a Plaster Balsam  
of Perew oyl of cloves & of rhodian ana  
3 drops more then lay it to the stomach

*For the Colick*

Powder of Hips & Haws give as much as will lay  
on a shilling they must be beat stones & skins  
& dried & given in whitewine bake them first in  
thin brown crust & burn any them between 2 plates  
in an oven they are very troublesome to beat but  
an excellent medicine

*For Convulsions in the Stomach or Fits in  
General*

Galbanum unstrained rushia Castor Oppoponax  
Sagapenum an ounce each in a pint & a  
half of rectified spirit of wine 10 days then  
strain it & add the same quantity of the  
same things & a dram of each of these Flowers  
sage rosemary Lavandier Bittony infuse them  
10 days longer give half a spoonful at any  
time

*For a water in the Codd of a Bog or Low  
white Breast & milk a few elder Flowers & red rose  
Leaves 20 grains of saffron apply it warme*

*Dr Wright for a Chire Cough*

An ounce of China roots sliced a dram of shavings of Harts  
horne steep this all night in 3 pints of water then boyle  
it gently in a pipkin close covered til it comes to a quart  
then put to it an ounce of china moss or cupps & flyd  
mouse half an ounce of marsh mallow roots 8 Juinbes  
half a dram of Anniseeds two drams of Licanish green  
leaves of coltsfoot & the roots & of woodbittony each  
half a handful boyle this & straine them & when cold  
give half a pint to which put half a spoonful of  
syrup of Poppys or scabious to every half pint  
& let the child sleep after it give this 8 days but first  
let the child be purged with half an ounce of manna  
dissolved in Barley water or black cherry water half  
an ounce is enough for a child of 3 years old

*Dr Clements China Broth for a Consumption*

Two ounces of China & 4 of Hartsborne steep them in  
a quart of water close covered on embers all night  
then take a good red cock chicken & a chop of mutton  
or veale set this on the fire with 7 quarts of water  
when you have scummed it put in the water & China  
ye steep over night the bottom of a penny loaf  
a nutmeg & a large blade of mace 2 ounces of Dates  
sliced six Figs sliced 4 ounces of raising stoned  
maidenhair violets cowslips rosemary Flowers Borage  
Buglos marigold flowers sage Flowers Bittony Flowers  
each a spoonful when it is boyled to two quarts take out  
the cock beat him bones & all & put him in again & some eninge  
with uncarded & sarapella if need be strain it drink the clear



Dr Dickmisons great Cordial Powder

Take the root Contrayerva the Trochisk of  
vipers Red coral prepared whit Amber  
Amber pills prepared Hartshorne & Ivory prepared &  
crabbs eyes prepared each 2 drams very finely  
beat & sieved the black tips of crabbs  
claws taken in may (if possible) the weight of  
all of the best Beza Bezoar 3 drams of  
Ambregrise 5 grains musk 2 grains grind &  
temper the musk & Ambregrise with sugar  
candy & then mixe them with the rest in a  
mortar & make the mixture up in a mass  
with Jelly of Hartshorne not boyled to high  
make the Jelly with rose water

if it be for women leave out the musk &  
Amber grise

To make it more powerful in pestilential  
Feavours & Agues

to the proportion of Powders above mentioned  
with a lesse proportion of ~~powders above~~  
~~mentioned~~ Bezoar viz 2 drams of Bezoar  
before they are tempered with the Jelly must be  
added of tormentil rootes & Angelico rootes  
each 2 drams & saffron a dram in this mixture  
burnt Hartshorne & Ivory instead of other  
& the Jelly tinctured with saffron alsoe you  
must put in root of masterwort a dram

alsoe rootes of Bitasitis or Butter Buer <sup>33</sup>  
which must be taken spring or fall clens shite  
& dry them in an oven & Powder them &  
keep the Powder in a cleane glasse clos  
stoped

For a Consumption cured my Cos Fabian  
muscadell a quart. walnutt water a pint the  
same of spirit mint <sup>water</sup> a quart of a pound of loaf sugar  
a peece of cinamon put all the together into 2  
grt Bottles shake it over a day for 8 days give  
a grt of a pint morning & afternoon

For the Cramp

Take a Black snayl cut open the Head & you shall  
find a Bone about the bredth of a pinny ribbin  
take it out & lay it by you & when you are troubled  
hold it between your forefinger & yr thumb &  
it will presently cure you Mr Ashurst  
alsoe Dr Phillip warwick commends Bretony  
root to wear in the Pocket only

In a Fit of the Colick Dr Lower saith its  
very dangerous to give a Glyster because many  
times it strikes it up into the Head & puts them  
into an Apoplex



De Lower X For sharp Paines in the Stomach bowels S  
or Back caused by indigestion

Twenty grains of extractum Ruyg & a grain of  
Laudanum this will purge also they may take  
a glyster of milk & vinus Treacle

De Buttolph for a Cough

All the month of may take 6.8. or more little  
white snayles that have no shells take them alive  
in a spoonfull of new milk & a qtr of a pint after  
it every morning & at 2 in the afternoon a spoonfull  
of oyl of Almonds new drawn with sugar candy &  
the same going to bed

Almond milk for cooling

Barley water 10 Almonds milon seeds hushed & a  
peice of manchitt steep in rose water beat them  
all very fine strain it & sweeten it for your use

A Cordial for the Spirits

Rosemary water dissolve in it a sufficient quantity of  
sugar to boyle to a candy put into it when neare a  
candy 6 grains of Ambre give prels the weight  
of 6. pence take of them fasting  
A pint of spirit of malmsy steep in it crabbs eyes  
& Ambre 9 pieces & coral each 12 grains Juice of  
Sage 8 spoonfulls take of this 2 after your Loring  
it strengthens the memory senses & Head from  
Apoplexies restores the use of any member that is  
wreake For stiches & Colick Paines

stone Horse dung that goes to grass distilled in  
the juic of the water 3 times in a day halfe a  
pint at a time

Spirit of oatmeal good for Consumptive  
persons

3 pints of whole oatmeal put it into 6 quarts of  
water in a broad pann boyle it as fast as you  
can when it has boyled an houre with a ladle  
skim offe all the white froth that arises keep  
it & when you have all that will arise take  
12 or 15 almonds blanched beat them with a  
spoonful or 2 of red rose water strain them  
into it & sweeten them with loaf sugar

For Fits in Children

An emulsion made with piony seeds of single  
Piony & Black cherry water give frequent  
ly

For the Colick

Take an naval string dry it very carefully by 8  
grains that it will not stink nor burne soure it up  
in a peice of saffron weave it upon the pit  
of yr stomach

To take away any mark a child is borne  
with

The froth of new milk often anoynt the  
place with it & tis said to be good for the  
wreake limbs of Ricketty Children

A Clarified Whey with curd M<sup>r</sup> Tylgard when  
she was going into a Consumption +

Bagg some Agremony Bittony Scabious water Cress  
Brooklime Plantain Benediction & Fumatory straw  
brye leaves & violet leaves Boile one handful of each  
wash & dry them very clean ouer night put them in  
to 6 qrts of whey with a pound of blew corinths  
& a pound of Bruins boyle it in a 3<sup>d</sup> part is  
wasted power it all together into a stein Pott  
cover it with a Brown paper & a Board next  
morning drink one poynger full with one spoon  
full of Agustin syrops & 2 of syrops of roses  
drink a poynger in the Afternoon without  
syrops it may purge 4 or 5 times a day drink  
it 8 days

For the Colick +

A Glyster of the best Canary give it &  
before it a pint of sack or white wine  
possit a Friend of mine gave 5 pound for  
this recit

For a Cough & Consumption

An Herb called Bitter sweet made  
into Thea & drunk three times a day

For the Colick This made of Ruberbo  
Liquorish taken constantly when you have  
it is excellent you may add to every dish  
20 drops of Sixer proprietas or less

Mons<sup>r</sup> Water For Losneses & a Cordial

A qt of running water a pound of Loaf  
suger mixe them & power it 3 times throw  
a jilly Bag then put to it a pint of cinomon  
water a qt of a pint of Annis seed water a  
qt of a pint of Rosa solus a qt of a pint of  
clove water a pint of Damask Rose water  
powre all 2 times throw the Bag then put to  
it 2 pints & a half of Agus villa & let it  
run 2 times throw the Bag againe this su  
gre should be beat very fine & you may put  
in a few grainer of musk & Amber if you  
please

For a Consumption

3 pints of new milk a pint of good Red wine the  
yolks of 24 eggs beat them & mingle them with  
the wine & milk then put in as much manchit  
as will soke up the wine & milk stir it with a soaking  
fir & take a spoonful of this water in all yr  
breath or drink & in 2 months it will restore  
you +

For a Consumption

3 spoonfuls of Red Rose water the yolk of a  
new layd egge brew these well together &  
sweeten it with white suger canoy & pint  
to it 4 ounces or more of new milk take this  
every morning fasting



For the Colick

2 ounces of Liguorish 2 drams of kubris  
put a pint of scalding water to it &  
take a pint at a time

For the Colick

Cream of Tartar Ruber Liguorish  
Caroway seeds each an ounce made into fine  
Powder & served take as much as will lye  
on a shilling in a morning in a  
Liquor

For the Colick & to sweeten the blood

Shrubs Fox or Trochus boyld in water with  
a blad of mace & drink a chiny cup warme  
night & morning is not good for such as  
are inclin'd to be Fatt

For the Colick it cured Mr Beumfeld  
when all other means would not

A handful of camomile Flowers the same  
of Elden Flowers boyld in Ale or Posset  
drink & take a good draught hott morning &  
night for a fortnight together

Agua Coelestis

The Heavenly water is a principall Antidote against mitcher  
& poysoned Ayres either taken be smelt unto & absorb'd  
for the dead Palsies or falling sickness & for the Colick or  
any Gripping of the Guts & cold fluxes of the Guts  
or Biliary & spoonfull given in a Glyster  
made as followeth

Cinomon an ounce Ginger & Clove each half an ounce  
All the sorts of sandles each 6 drams cloves Galingal  
each 2 drams both the cardamoms each 3 drams seed  
of nigella mace Cubbs each one dram Annis seed  
Sweet Fennel seed wild Parsnip seed Bazel each  
one dram & a halfe Roots of Angelica Ains Sweet Kie  
each 2 drams Rhu the lesser Leaves of Clary thime  
calamint Penny Royal mints mother Thyme Mar  
jerom each one dram & a halfe Red Rose Leaves Sage  
Rose mary Bittony Stacadoes Buglos Borage the  
Flowers Citron Peel 3 drams Bruise what is to be  
bruised & infuse them 10 days in a vessel well stop'd  
in 12 Twelve pound of the best spirit of wine then  
distil it in B. M. according to Art & add to  
the distilled water the things

Diambre Aromaticum Rosat sweet Diamasch Diamas  
Guit Trig Didwood Abbat Electuary of Gems each 3  
drams Valer sanden Bruised 2 drams Moss Amber Greie  
in a little Bag each a dram & 1/2 of Gulam & Rosy upon  
shew them together let them stand til the water be  
stop it with wax or plaister



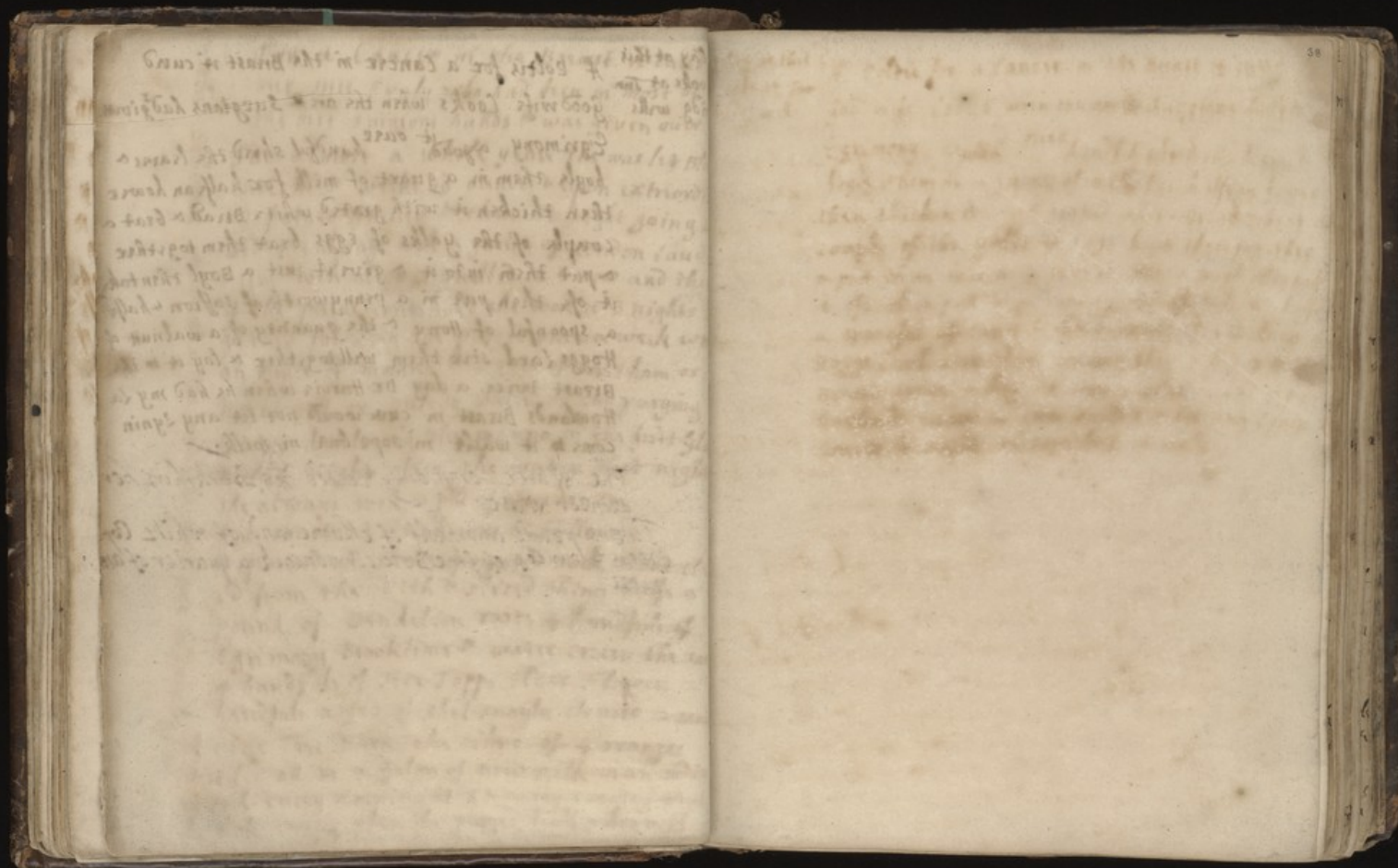
For a Cancer in the Breast it cured  
 one Mrs Evelyn who had been in most of  
 the best surgeons hands & was given cure  
 For almost a whole year she was let blood  
 once in 5 weeks 10 ounces & upon extraordina-  
 ry paines of tense & then at night going to  
 Bed she always took a grain of Laudanum  
 wch always quelled it & now and then  
 if the paine continued she took it 3 nights to-  
 gether following she purged once a week with  
 an ounce of manna & 2 qts of stertham or  
 North Hall or Dulidge water or any purging  
 water dissolving the manna in the first glass  
 that night after the water that night  
 she always took a pill of Laudanum  
 her constant drink was as Followed  
 A pound of sharp pointed Dock Root cleansed  
 from the Rith & sliced Thinn half a  
 pound of Dandelion roots & handfuls of  
 Egrimony Brooklime & water crosses the same  
 & handfuls of Foxe Topps & clove Flowers 2  
 handfuls a qt of shal snayles cleansed 2 ounces  
 of vint Tree Bark the rinds of 4 oranges  
 distilled all in a Galon of new milk in an ordina-  
 ry still every morning at 8 & every evening at 4  
 she took except when she purged half a dram of  
 Ethiopia mineral but take care it be not done but the

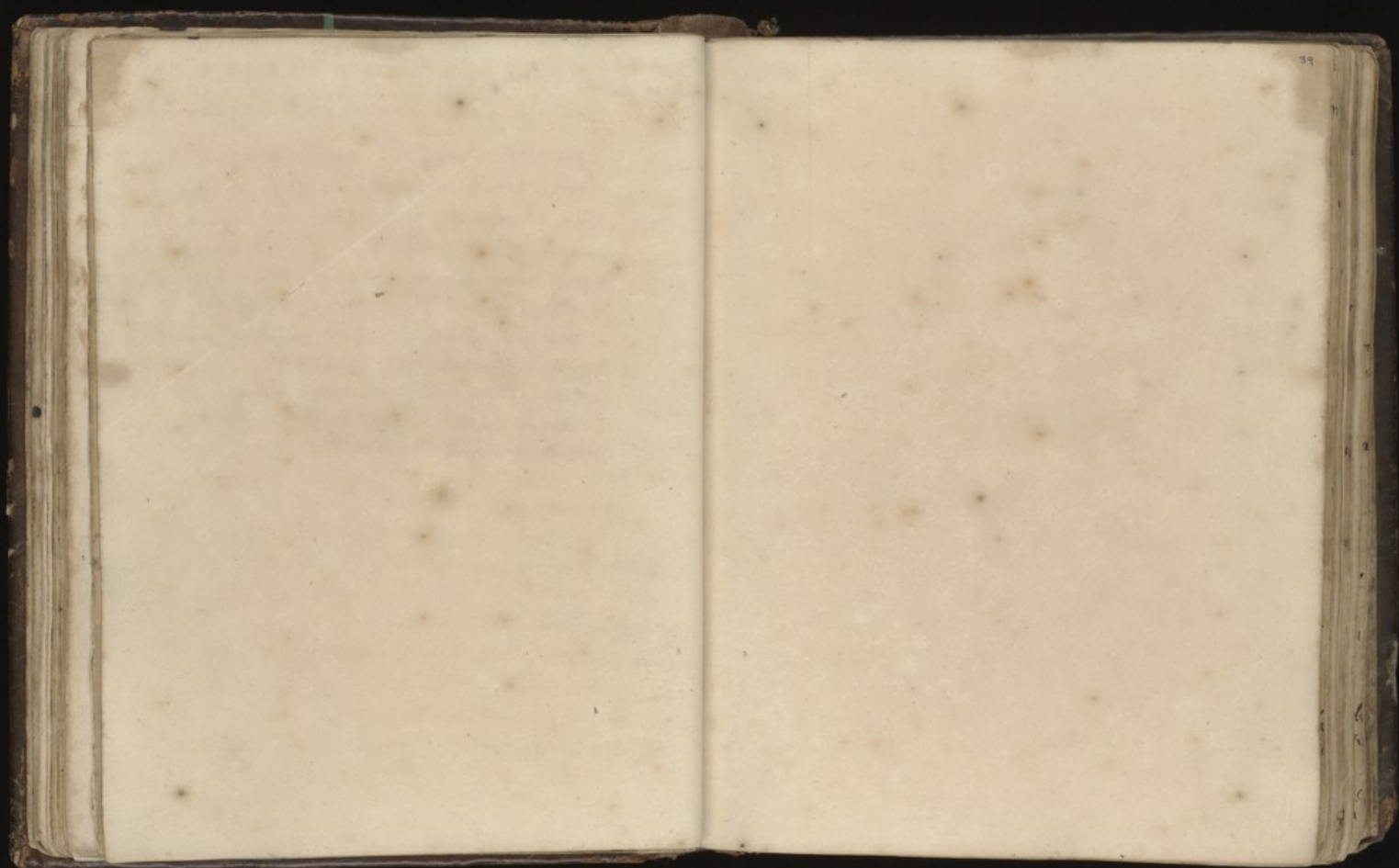
lay at this  
 good wife  
 Cook's

A Poltre for a Cancer in the Breast it cured  
 Good wife Cook's when the Drs & Surgeons had given  
 Egrimony a good handful shred the leaves &  
 boyle them in a quart of milk for half an houre  
 then thicken it with grated white Bread & beat a  
 couple of the yolks of eggs beat them together  
 & put them into it & give it just a Boyl & intake  
 it of then put in a pennyworth of saffron & half  
 a spoonful of Honey & the quantity of a walnut of  
 Hogs lard stir them well together & lay it to the  
 Breast twice a day Dr Harvey when he had my La  
 Howlands Breast in cure would not let any Lym  
 come to it washt in sops but in milk.

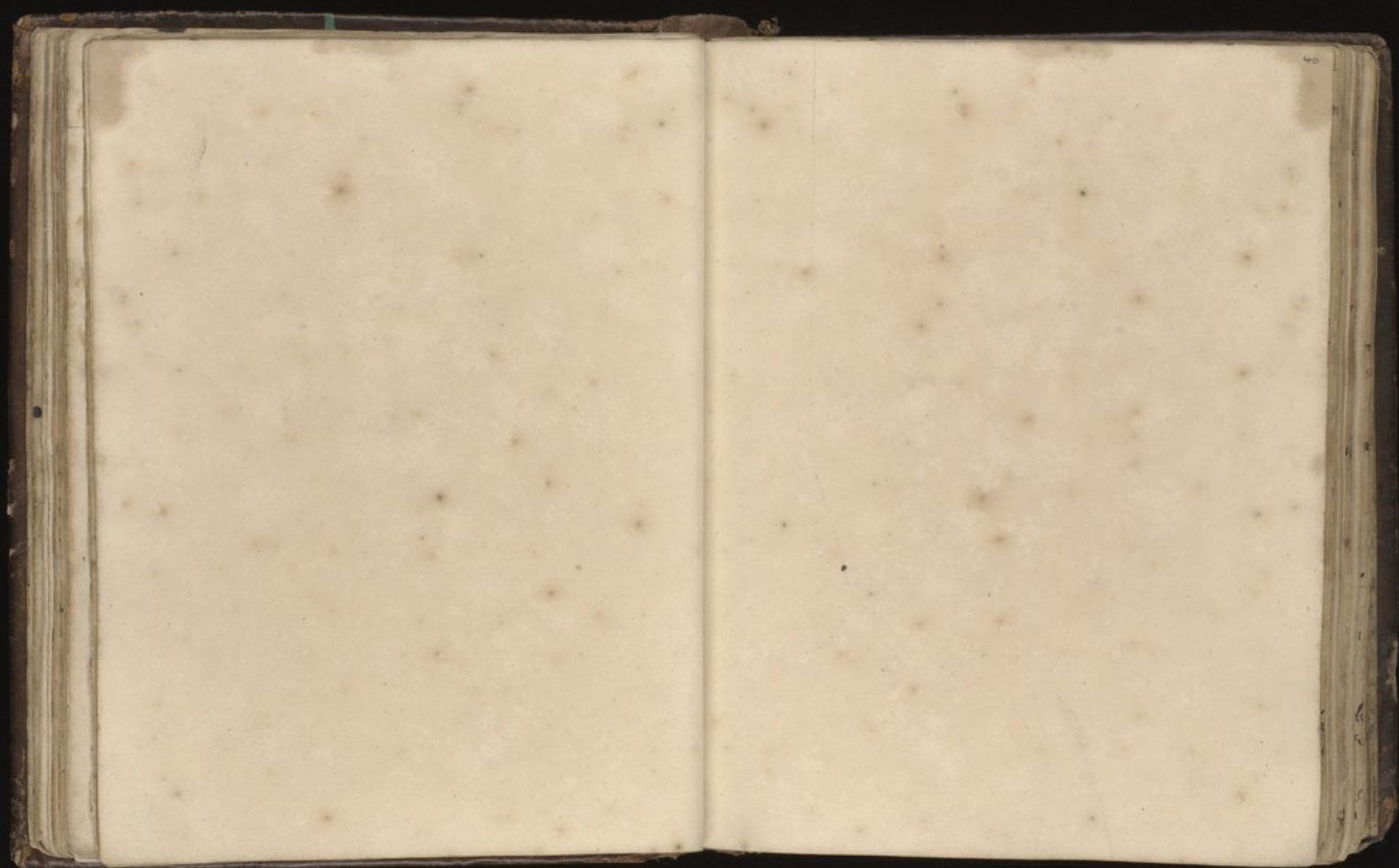
The Water commonly called <sup>day</sup> My. Berks hire her  
 Cancer water

Take a pound and half of clove and of white Cop-  
 peris 2 ounces, of fine Rose clironiack a quarter of an  
 ounce













De wils Dist Drink for the scieries & to purg the  
 blood to be taken in the spring  
 Rootes of Polypodium of the Oke yalow Dock rootes  
 sliced & dried each halfe a pound senna 12 ounces  
 english Rubreb Half a pound Coriandre seeds 4 ounces  
 yalow sanders 2 ounces sliced & bruse thes put them  
 into a vessel of 12 galons of middelmig Ale Tapp it at  
 8 dayes drink a pint more or lesse as it works and as  
 the Age requires in the morning fasting

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 blood to be taken in the spring  
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 into a vessel of 12 galons of middelmig Ale Tapp it at  
 8 dayes drink a pint more or lesse as it works and as  
 the Age requires in the morning fasting

A Plaster for digestion that should have been  
 here is in C: 10: by mistake

To Delivir a woman of a dead child  
 the milk of another woman drunk helps presently

For Deafnes De Harvir  
 the Juyce of Leeks Aqua vite & a branch of rosemary  
 boyle thes together & put into it a little Honey seeing  
 your Head & ears therewith

For A Dropsey  
 Take ye own watre 9 mommings & crace 3 & begin  
 againe alio a few drops of oyl of Annis seeds in Tobaccoe taken  
~~marry~~ Another for A Dropsey  
 A good Bundle of green Broome Burns it in a cleane  
 oven with 2 pound also of Juniper Berries save  
 the Ashes to a pint of them put a quart of rymish  
 wine stop it clos 3 days powe it gently of & to 5  
 sponfulls of this take 2 of syrop of Limmons mom  
 mg & afternoon

For Deafnes an excellent water  
Juyce of onions & Bittong each 6.℥. of the leaves  
of may stamp m.℥. oil of bitter Almonds 3.℥.  
distill this drop 3 or 4 drops into the ear going  
to bed & it will help you.

For the Dropsy which hath done many great  
In April take of the Juyce of water cresses  
as much as will make dough enough to strew  
3 months with flower with nothing else knead  
it will take it exceeding dry eat no other  
bread especially next yr heart in the morning  
not drinking the hott dropsy begins at the  
belly body & breast the cold which is most  
dangerous begins at the head & neck & falls  
down into the thighs & Flank.  
Jolop & dwarf elder & yellow Dock root &  
mexicoan root all purg the water  
Also wormwood steep all night in wine & boyle  
a 3d part away & drunk in the morning &  
sweat after it purgeth water admirably  
Juniper Berries horseradish root & elicampang  
root & Broom are all good for a dropsy.

A Polt is for a dropsy to Apply to the Belly  
A peck of Barly meal as much water as will  
boyle it to papp when it is almost boyled as much  
red sanders as 3℥. stir them together spread it  
on a strong cloth roll the party therewith  
before the fire very close & hard this hath  
wrought great experiments also the plain  
distilled water of cucur pmts distilled in April  
is good for dropsys.

De 2.  
De Allin For Deafnes  
To know the 4 causes of Deafnes  
The first is an obstruction in the orifice or Hole  
of the ear which is either hard & Black or blackish  
& clams upon the Dossel of cotton wool silk or lint  
the which must be twisted upon the end of the  
probe.  
The 2nd is an impostume of a greenish color  
& unsavory smell at the end of the probe.  
The 3d is a Bladder of water at the hole of  
the ear like the Bladder of a Roach.  
The 4th is a congelation it is known by the  
dimness dypes of the Drum head or Timpanum  
or greyness of it & they that are thus troubled  
have always a noyse in their head & wind & no  
ear wax at all but the ear is perfectly dry  
something scaly like sandre w to know the Dropsy  
whereof the Balsam is made to cure this 4 causes  
as also surffits Bruises Rissing of Blood running of  
the righte inward diseases coming of inflammation  
or impostumations of the stomach or any other part  
they grow by more sides & in moist places upon a  
long stalk or stalks by ditchs or ponds in clusters  
or bunches like cherries being perfect red in color  
having fine little small jagged leaves like straw  
berries but in color bluish & the stalk bluish  
there are 4 kinds of berries like this but they  
have but 3 or 4 stones apiece whereas this hath 30  
or 40 stones in each of them & a pine on the top of  
every one of them they must be gathered in August  
or September be water of Draining them in the  
gathering.



put them into an earthen vessel cover them with  
water boyle them til they swim but break none of  
them strain the liquor from them without breaking  
any of them then strain the Berries throu a  
reasonable thick cloth & strain for feare the seeds  
should come throu this done put the Balsam  
into some close vessel

To cure the first cause called an obstruction  
make an mixture with one pint of fair  
water & half a pint of red rose water & 3  
or 4 drops of Balsam infused into the mixture  
water & when you dress the patient pour  
some of the water into the poynger make  
it as hot as you can w<sup>th</sup> suffer it on the back  
of your hand when you mix it into the  
ear with doe 10 or 11 times together at  
one dressing with your syring or wind in  
strument Lay a napkin on the neck of the  
patient & hold a poynger to the ear to re-  
ceive the mixture & obstruction then cleans  
the ear very dry dress the patient with  
the Balsam a dosse being dyt half way  
thru w<sup>th</sup> & put into the ear as far as the  
patient can endure it leave it there 24  
hours this w<sup>th</sup> gods blessing is cured in 4  
days

to cure the 2nd kind  
make yr mixture with Beefe bones & sack  
less boyle & scum them strain them throu  
a cloth 4 or 5 times double then drop into  
a pint of it 5 or 6 drops of yr Balsam & make  
mixture w<sup>th</sup> yr syring & draw what wind

3: D:  
you can out of the ear you can after eury in-  
jection this being done 10 or 12 times cleans the  
ear with a dry dosse with cotton wool til the  
patient winks for you may draw to hard you may  
draw with your syringe 2 or 3 times at a dress-  
ing & the cure will be sooner effected for the draw-  
ing brings away the humors from the drum He ad-  
ing this done dip the dosse half way in the Balsam  
& apply it close to the Tympanum leaving it there  
24 hours this will cure in 3 weeks in summer  
but in winter it requires a longer time

The 3d cause  
Cut a peece of a sponge as big as a finger & an  
Inch long w<sup>th</sup> it w<sup>th</sup> in rose water then bind  
it about hand with pack thread or brown thread  
let it dry in the wind or sun then take the  
thread from it & it will be as small as a  
point tagg the which put gently into the  
ear as gently as can be suffer it not the  
patient lean on the contrary side then drop  
into the ear a little of the patients own  
water & the sponge will swell as big as before  
& thereby brake the bladder of water then  
enter your screw against the midst of the  
bladder of water twisting your screw from  
you drawing your hand towards you very soft-  
ly & the bladder will twist about the screw  
screw w<sup>th</sup> being drawn out make an mixture  
with rose water & white wine vinegar of each  
alike 3 or 4 drops of the Balsam of the mixture  
mix it as hot as can be m<sup>id</sup>ured holding the poynger  
under the ear receive what comes out draw out all

out all the water with your empty syring  
clense the ear very clean with dosles dress  
the patient with mixtions of Balsams as before  
this has cured m<sup>e</sup> 6 or 8 days

To cure the 4th  
use yr mixtion in every poynt as for the im-  
postume & use yr syring every tyme you use  
the mixtion wch must be once in 4 or 5 days  
at least but you must dress the patient once  
every day with the Balsams but be sure you  
take out one dosle before you put in another  
dip the dosle halfe way & put it home to the  
drum Head leave it there til next day this  
is m<sup>e</sup> cure 2 or 3 months

The first instrument you must use is a silve  
or steel wire with a screw at one end to  
twist the dosle about & flat at the other  
to put by the gressel part of the ear that  
shadows the orifice of the ear that you  
may the better look into the ear to discern  
the cause the second is a syring with a  
pipe halfe an Inch long to mixe & draw  
out wind & water & corruption try the  
cause either in the sun or in a dark room  
by a wax candle held by another the patient  
sitting very still

For deafnes coming of a cold suddenly  
dip cotton wool in the sopp of an ashen stick  
as it burns in the fire stop the ear therewith  
or willis

D:4:

Dr coxes Cock Ale good for coughs inward  
vleers consumptions

China sasaparilla & Lintisco wood each 6  
ounes shavings of Ivory 2 good handfuls as much  
of the shavings of Harts horns but all this be giv-  
ly powdered add about 10 ounes of rasins stoned  
bates stoned & picked 4 ounes the brayn of a  
large fleshy capon roasted 2 new penny loaves  
or 2 good handful of wheaten brann 2 or 3 nutt  
megs quartered the peel of an orange or lemon dry  
galingal root and winter Bark each halfe an ounce  
let all this be broken with a pestle & broken  
again into a bolter Bag & hung in 20 gallons of  
milding Ale letmg all work together bottle it at  
7 or 8 days old puting in every bottle a litt of hard  
sugre as big as a walnut sometimes add sage  
scirvisgras biting rosemary candied orange

Dr coxes Ale for the suppres & to strengthen  
the stomach

China & sasaparilla sliced each 4 ounes Legum  
Lintisco the same Ivory & whit sanders sliced  
thin each 2 ounes salt scirvisgras picked  
a little dried a pound sage a little dried 2 handfuls  
Bittoly & romon wormwood each 1 m: white sugar  
candy 4 ounes 3 nutt megs winter Bark Lemons  
each halfe an ounce Bran a handful 3 galls of  
steal chop the herbs slice the woods put them  
together in a Bolter Bag into 7 gallons of  
milding Ale drink it at 7 or 8 days old & no  
other drink



A Purging Ale to be taken in the spring  
in April & September it cures Dropsys Ealsys  
megrimms fowlnes of the lungs paines of the

Stomach

4 Gallons of the strongest Ale you can Brew boyle  
it to 3 gallons when you Tunn it put in good store  
of Barne that it may work well put a stick cross the  
vessel that you may hang the Bag upon it so high  
that it may not touch the Bottom by 2 inches put  
in a stonk that it swim not when you Tun it  
leave good store of Barne that it swim not drink  
it at 5 days old half a pint in morning & evening  
6 ounces of senna of Alexandria the same of Poly  
podium 2 ounces of saffronella the like of Bar  
berys and the same of Anniseed & Ashen Keys  
2 ounces of sasaparas wood bruse all but the  
senna it is good for wind keep warme

X Ale by Dr willis when sharp humors in the blood B  
cause convulsive motions in the joynts

4 Gallons of smal Ale boyle in it 4 handfulls of  
Ferre or pine trees in winter when you use it  
put in the peels of 6 oranges when it has don  
working & a gr of a pnd of Galeno sock roots  
dried & chine root 2 ounces drink it at 8  
days with your meals

X For a paine in the Earre E

A Jigg first beat some mustard seed & then beat them  
together & lay it on cold

D: 5:

X Chocolate my Aunt Mathams way C

A pound of chocolate nuts finely beat & seered with  
be adays war for one body half a pound of loaf sugre  
also finely beaten & seered an ounce of cinomon a gr of  
an ounce of nutmegs half a gr of an ounce of Anniseeds  
half a dram of long Pepper the same of Samara Pepper  
beat & seer all thes spices then put in 2 sticks of vnselos  
beat & seer them & 2 drams of Achota beaten & seered  
musk & Ambre grisee as you like the tast when thes  
are well powdered & well mixed heat them in an earthen  
pann till they are so hott as you can well endure y<sup>e</sup>  
finger in it keep it well stirred that it burne not then  
put it into a mortar & beat it very fast til it begin  
to oyle so as it will work into cakes

X For the Dropsy experienced on my Cooke  
nine Cloves of Garlick put into a bottle of new Ale  
Doe so by 9 Bottles let it stand 2 or 3 days then  
drink a bottle in bed every day for the 9 days

X Black Cherry Beer C

A Barrel of Beer of 18 or 16 shill the Barrel  
20 pound of cherries beat till the stones are broken  
& 20 pound of sugre put them together into the  
Beer after it has done working Bottle it at a  
month it is best to put the beer in spring & put in the  
by mistake there is a receipt for a Dropsy in S. 12

A Powder for Digestion Bsp Petre burrough & for  
the Heart Burning

Annis coriander & Fennel seed prepared each half  
an ounce china roots an ounce the Bark of sassa  
fras wood 3 drams the out peel of a candied orange  
Heartshorn & Ivory each half an ounce  
cinomon & red rose leaves each 2 drams red coral  
& maiestrey of coral each 2 drams & a half  
Ambrogriac a dram musk 20 grains sugre candy  
20 ounces make all into fine Powder take half  
a Spoonful more or less after meat

x Irish Usquebath Dr Parr U

The spirits to make Usquebath must be drawn  
from Great Ale made of Oaten & Barley mault  
whch you must order the distillers of Hot waters to  
make on purpose if the spirits be good 24 gallons  
will make 16 of Usquebath whch make thus.

In a Limbeck of copper whch will hold 5 or 6 gallons  
or more as you please it must be close covered & have  
a worme pipe that must be in a large vessel of cold  
water whch the spirits must passe thurrow. the  
Limbeck must be set in a Furnes & Heat with char  
cole the fire moderate & even.

When you put the spirits into the Limbeck fill it within  
two or three inches of the Brim & put in with the  
spirits one or 2 handfulls of coriander seed & caraway  
seed & twice the quantity of Annis seed with about  
a quart of wheat clean picked beat the seeds let  
them boyle in the spirits but not to burn out & scall the

pipes keep the worme cool & if the water be warme put in cool  
when the usque runs in a smal stream at the end of the pipe let  
it run til it grow very weak receiving it into some vessel then  
put the usque into some bigger vessel either a copper or brass  
vessel & cover it that it may not lose its strength & to qualifi  
it for it will be very strong put in a quantity of Liguorish  
new sound & good & dry it well in an oven heat & seach it put  
it into the Liguor into the Kettle keeping it close covered til it be  
cullered sweeten it to what you please stee the Liguorish over  
a day for two or three days let it stand one day after it is as  
well colored & sweet as you like it for it must be very cleare when  
you put it in the vessel in whch hang a little Bag of saffron & what quanti  
ty of stoned raisins you think convenient a pound of the powder  
of Liguorish will serve two or 3 gallons of usquebath begin to  
draw it at two months after it is in the vessel but it is not  
at the best til three months tis best to keep it in Bottles

By mistake I have writs two receipts For Dropsyes in m P: 6 &  
one in S: the 12:

x A Cordial Ale for the Head H

Take 4 handfulls of Fire 3 ounces of sarsaparilla 1 oz  
ounce of china root the same of Hartshorn & Ivory boyle  
them in 5 or 6 gallons of middling Ale wort as it comes  
from the mault til one be consumed then work it with  
Ale yeast Tunn it & when it has done working put in  
these things Scordonia roots 3 ounces sweet cheevil  
& eringo 2 ounces Hartstong dried 2 handfulls  
maidenhair Agrimony & Liverwort each half a handfull  
winter bark half an ounce the rinds of 2 oranges  
half a pound of raisins stoned water excesses Brook  
lime each 2 handfulls a Gad of steel hang the  
in a Bag drink it at 5 dayes



A most excellent remedy for the dropsey  
woodsage a qtr of a peck chop it very smal  
mixe with it halfe a pint of mustard seed  
then take a peck of Rye meal make it into  
a loafe with water only nor eggs milk  
nor yest then with ye hand make a hole  
in the middle big enough to put in the  
Herb & seed then stop up the hole with  
the same past bake it very well so as to  
be thurouly baken then break it into 4  
galons of middling Ale & drink noe other

x A Better way to make Chocolate

Take halfe a pound of powder of chocolate  
after it is beat & seered to that put a full  
qtr of a pound of hard sugar finely Beat &  
seered 30 grams of Anniseeds beat & seered  
the same of Jamaica pepper after it is beat  
& seered <sup>sticks</sup> of vanillios a qtr of an  
ounce of cinamon all weighed after they are  
beat & seered set the on the fire in a silver  
bason til they are scalding hot stirring them  
well least they burne then beat it up in a  
mortar that is something warme & it will  
coole it to much & hinder it from making  
up <sup>you may put in 2 grains of Ambrogins & one  
stick of vanillios or 1 grain & 2 vanillios to a  
pound of nuts</sup>

Dr Boles for a Dropsey

wormwood in seed about August or September  
one handfull of it in a quart of spring water in a  
stone or glasse Bottle drink it 3 times in a day  
the first in the morning at 4 in the Afternoon  
& at 7 at night use a spare diet this has cured  
many the wormwood must be in seed

Dr Twissdens Chocolate

Take the newest nuts if any be rotten pick  
them out put the rest into an Iron pann over  
a gentle fire til they begin to leap & will peel  
stirring them often that they burne not peel off the  
Husks & a little hard thing at the end beat them  
in a cold Iron mortar then seer it thurouly coole  
then fine seer it till it be very fine Powder if  
in beating they lump take them out & lay them  
to coole doe this til the whole quantity be  
beaten to powder to every pound of this powder  
take 10 ounces of fine sugar cinamon finely seered  
near two drams cardamum seeds in powder  
30 grains Jamaica Pepper the same vanillios  
one or more to each pound beaten & seered with  
some of ye sugar when all the are mixed & past  
thurou a sieve to mix them set ye mortar  
on hott coles til it be as hott as ye can well  
beare ye hand on the form

then put in one pound of ye Powder beat it  
very well take the mortice from the fire for if it  
be too hott it will burne if it grow cold warme  
it againe thus with long beating it will be like  
a conserve & when you cannot find any gritty  
nes upon ye tongue but it be smoth like butter  
put in ye sugar & beat it quick into a fine  
conserve put it in molds or dishes ~~or~~  
you may put 25 graines of long pepper if you please  
& a few drops of oyl of cinamon is or is

For a Dropsey

A Hammarke Rose cake that has been distilled  
in a common still boyled in a quart of strong  
Ale to halfe a pint give it for a day it may  
work to x or so times it has cured when many  
remedys have failed

X 100 Graines of Clove  
Rose ye nuts well waashed pound & mixe a pound  
of a halfe of sugar & an ounce of cinamon to ten  
pounds you may perfume it if you please

For A Dropsey

Rhubarb a dram yelow salt a dram crum of Tartre a  
scruple make this into fine powder & take it in real or  
mutton broth give it twice a week to a strong body the  
ful quantity to a weak but half give every morning  
some conserve of Rhenish wormwood at night a little  
Cusumid rootte will cure any dropsey that comes of a  
cold cause it has cured in twice taking the wormwood  
must be continued a great while

For the Dropsey with I have cured seven persons  
some given cure

mixes out of old Rotten chees two spoonfulls  
in a wine glass of white wine 5 mornings  
successively

Another  
Eat an handfull of Raisins and a crust of bread or  
a sea Bisquit in the morning and drink not till  
noon and then eat a piece of bread when you drink  
this cured in 14 dayes who was to have been topp'd



Se Edward Spencers ointment for my Lady Manchester for  
sore & Rheumatick eyes or a pinn & web

Two ounces of Hogs greace new streep it in rose water shewer  
wash it in several times in the best white wine wherby lapis  
calaminarius hath been quenched 11 times in the space  
of 5 or 6 Hours then take one ounce of Latria well pre-  
pared & finely powdered of the stone Hamazisha well wash-  
ed a scruple of Aloes washed well & made into fine powder  
& of Beel finely powdered 3 granses more all this well in a  
little Finnel water & make them up to an ointment  
if it be a pinn & web let the quantity of a pinn's Head be  
put into the crease of the eye & with the same quantity  
anoynt the Lidd when you go to bed & open it mor-  
ning till morning if it be only ruhm only anoynt the Lidd  
& wash it off in the morning with Rose water or Finel  
water

For sore Eyes the best medicin that can be whereby  
many have been cured & for a pin & web  
Take a quart of Goldstinnin wine a pint of the best Honey  
sate & eggshells ful mingle this & put them in a copper  
bain let them stand 20 days stirring them 20 or 30 times  
in a day strain it into a glass set it in the sun for a day  
strain it againe the clear is the better drop some  
into ye eye & anoynt the Lidd it will preserve the  
sight

For the Eyes Lady Petreborough  
As much of the powder of Lapis Tutia as will lay  
on a great dissolve it in a pennyworth of  
white rose water with a feather anoynt the  
eye dropping it in 4 or 5 times a day

For sore eyes & the megrim it hath  
brought to sight those that have been  
blind 8 weeks

The white of a new laid egge white ginger  
of the best white vinegar & rose water each  
alike beat the egge to a froth take of the  
froth put the things in the rest of the egge  
beat them together displace mite & bind it  
to the temples take heed it touch not the  
eye wash it off with fennel water in the  
morning

For Eyes that are faire to look on & cannot see  
smalage red fennel new veruain Bitony pimper-  
nel eye bright sage selondina Agnimony each  
gr of a smal Handful wash them stamp them  
in a cleare brazen pan the powdre of is peper  
comes beat & serued a pint of good white wine  
3 sponfuls of the water of a boy vray yong  
Hony 3 sponfuls put these together let them  
boyle a little strain it & keep it in a glass  
close stopp'd when you use it with a feather  
drop a little into the eye if it dry away put  
a little white wine with the glass so it is  
good for all sore eyes & cures in 18 days  
at the furdest

For a pinn & webb in the eye cures in 3 days  
Ginger of celondina drop 3 times  
a day into the eye Howelock poset night  
& morning or Lowe

For a film on the eye <sup>2</sup> or Bruise or pinn & webb <sup>or</sup> thick  
A quantitie skin

of good Hony clarified yong swallows out of the heart let them  
not fall to the ground pul off their heads let the blood drop  
into the Hony til it be very red with blood set it on embers  
stir it well here with anoight the eyes it will keep 7 years

For sore eyes Lady St John

The white part of the Dung of a House Henne dry it in the  
sunne or by the fire the like quantity of powdre of ginger  
twice as much fine sugre mingle these & blow it with a  
quill into the eye or leave out the ginger & put the rest  
in breast milke & so drop it in for a rednes & heat in  
the eye prick the round Rundle of a House mayle & let  
the cleare water from it drop into the eye

To draw Kuhl from the eye

Kest an egge vray hard cut it crosse take out the  
yolk & fil one of the halves with nutmeg chop the nutmeg  
side to the nape of the neck going to bed lay on new  
every night

For sore eyes

A quantitie of a walnutt of white copais boyle in a  
pint of spring water till half be consumed then  
bring blood warme put into it the quantitie of halfe  
a walnutt of camphire a gr of a pint of white rose  
water bring cold drop some into the eye

To recover sight

Tully in Powdre 3 Drams white sugre candy 2  
Drams white rose water booney set it in the sun  
40 days stirring it once every day drop it into  
the eye



For the Eyes

Take of a boys water between 2 & 7 years old & of the thickest cream you can reach alike quantity strain um into a copper poynger beating them with a copper spoon half an houre at a time twice a day til it come to butter spread it all oure the inside of the poynger set it in the oddest chamberly you can git up to the brim of the poynger for 4 days sometimes spreading it oure again put as much as a pinhs Head into yr eye in the morning be sure you sleep not after it & keep yr eye from wind & dust this doe for 3 days then rest a day & use it again as you see cause

A Plaster for Ruum in the Eyes to draw it back also for a paim in the Head  
Burgundy Pitch & Venes Turpentine each an ounce gum elami & carranna each  $\frac{3}{4}$  of an ounce gum Dragon an ounce mastick & Frankensence  $\frac{3}{4}$  of an ounce storax calamint & Bolarmongher each half an ounce merth seed & Psillium seed & Pomgranet Flowers each a gr of an ounce melt the gums pitch & Frankensence then melt the hard gums wch must be powdered then put in the calamint seeds carranna & gum elami & last the Turpenine then spread it on the rough side of sheeps leather when you use it & apply it to the nape of the neck or to the shouders prick the plaster with a knife before you lay it on its good to lay to the soles of the feet & inside of the knees to bring down those

A water for Eyes that <sup>3</sup> have a creamy thickness grow-  
ing oure them

Take to 9 ounces of raine water as it drops from the sky half an ounce of common salt i dram 2 scrupls & 3 grains of white vitriol boyle this & take of the scum til it be cleere

Dr Turbervell for Khuma in the Eyes  
wash the forehead morning & night with an equal quantity of brandy plantain water Rose water & Rose vinegar

Dr Gibbs his raine water for sore eyes & to strength  
A loss creating the brightest & whiter sugar candy each an ounce camphire a gr of an ounce Tutia an ounce  
4 Almonds blancht strip yr Tutia 3 times in byast milk 3 howers at a time the milk of a Boy put all this in to a qt of sd maligo sack the Tutia served the rest in lumps the Tutia should be served before the milk is put in it & shaken a little together then let it settle & pour off the milk the two first times the last time put in milk & all grind the Almonds with best milk put them in let the glasse hold a pottle stop it close shake it an houre & let it rest an houre for 10 days & nights keep some in a little glasse & let the rest stand on the ear the odde it is the better use it only going to Bed & anoynt the lidd also

Another very excellent for Rednes about the eyes  
Lapis Caliminis heat red hott & quencht 40 times in a pint of white wine til it have drunk up all the wine then scraps a quantity of white rose water if the rum be very hott put in a little Guyes of Housleick dip a quill into the glasse & drop it into yr eye a cloth dip in crabbs vinegar & layd to the eye lidd going to sleep strengthens the sight

For Fractures about the Eyes  
the distilled water of Hony half an ounce sugar candy dissolved in white rose water mixe them & drop a drop twice a day into the eye

### Elixer Salutis

Senna 6 ounces Ruber 2 drams Guaiacum 3 ounces  
the same of slicampany & Liguorish scutchinnsta 1 dram  
safran the same seeds of Annis Fennel parslly & corian  
der each 6 drams raisins stoned a pound Annis seed  
water 6 pound digest this a month then strain it &  
let it settle take of the cleare Liguor a spoonful over night  
It is good for any cold disease as Palsy or dropsy or  
green sickness

Mrs Whites Drink for all sore Eyes

A Handfull of Daisy roots & leaves ground  
Iris three leaved grass red sage Honnysuckle  
leaves & sinkfoyl each a handfull the same of the  
blades of red Fennel wash them & put them in a  
sieve dry the water from them then take 3 times  
7 Hog Lies. brused & brews the Herbs & stamp  
them put to them 2 quarts of strong Ale not  
stale strain it & put it in stone bottles close  
stoped if it be a very hott ruhm add to it halfe  
a Handfull more of sinkfoyl if a cold ruhm then  
halfe a Handfull lesse take of this as oft as you  
please night & day lying downe & keeping yr  
eye close for halfe an houre after every in  
time

### E. 4:

Elixer Salutis Daffes way

Enula = Campana roots & Liguorish sliced coriander  
& Annis seed senna orientall Guaiacum brused & car  
roway seedes of each 2 ounces raisins stoned a pound  
infuse this 4 dayes in Aqua vita or white Annis seed  
water 3 quarts of either of thes the utmost dose  
is 4 spoonfulls to be taken at night it requires  
nether diet nor keeping within if you please you  
may add an ounce of Rhuberb two of manna  
& one more of Guaiacum

For sore Eyes

A spoonfull of live honey the same of the Juices  
of Daisie roots & leaves the same of the white of  
egge beaten to froth

An excellent water to string thin the eyes  
Take 12 spoonfulls of red Fennel water & the same  
of white Rose water as much white copers as  
4 large pease as much prepared Totty in fine flour  
as you can lay heape don a 6 pinner 4 times and  
as much white sugar candie in fine flour as of Totty  
mingle all this very well with a spoon stirring them  
in a Bason at least 2. houres then powver it into  
a glass keep it close stoped it will keep a year  
shake it when you use it wash the out side of the  
eyes morning noon and 4 of the clock not later



The Lady Childes oymment to strengthen  
the sight

Eight ounces of may Butter unwashed & un  
salted & clarified in the sunn in a wide  
mouthed Glassa til it be very white stop the  
Glass close that noe dust nor raign fall into  
it

then take 2 ounces of virgin waxe melt  
the Butter & waxe together ouer a soft fire  
& when they are melted take them off the fire  
& powre them all into red Rose water to cool  
then put to the Butter & waxe 4 scruples of  
Camphire & one ounce of Tutty prepared in very  
fine powder & seved thurro w lawn work then  
very well together & put in a gally Pott keep  
it close for ye use annoynt the Eys lids wh  
as much as a smal pea night going to bed &  
the corners of the Eys alsoe it much cure  
the drynes of the eye

For eyes that are Red & smarting

Half an ounce of white Copre is beat fine two new  
eggs boyle very hard cut them cross with the shells take  
out the yolks & fill the holes with the copre let them lay  
3 or 4 howers then with ye hands break the hard eggs & copre  
small into a pint & half of spring water in an earthen water pot  
let it stand 3 days close covered then straine it & keep it for  
use wash them w<sup>th</sup> the water shutting the eyes ag<sup>ain</sup> of an houre  
after in the eye for it will smart a little if the eyes be bad use it  
twice a day

no better for helping

F. i.

For a Flux of Blood

Turkey Rubred dyed & powdered as much as a  
spoonful & give it in any proper liquor but if  
the griping be much & the losses have been  
long then give venes Treacle with it as much  
as a Hazzel nutt or filberd & a little conserve  
of red roses

For Fits of Convulsion & Falling sickness & Sedus  
Powder of the seeds of the true single Piony &  
conserve of Rosemary Flowers & Syrup of single  
Piang Flowers made into an electuary & taken  
as much as a nutmeg against the full & change  
of the moon night & morning 3 morninge before  
each & 3 after

For Falling sickness fits of the Mother & Convulsion  
A pound of single Piony rootes scrape them clean  
slices them very thin into 3 pints of white wine  
let it infuse all night in a Diphin close covered  
in embers strain it out very hard & put in a  
q<sup>ty</sup> of an ounce of castor in fine powder mingle  
all this & put in an ounce of the best spirit of  
castor 30 grains of the masse of a dead mans skull  
& as much of the masse it self both in fine powder  
make a masse very dry put all into it shake un  
for half an houre with all ye might set it in a  
coole place a spoonful is enough for a child for a  
man or a woman a wine glass full 3 morninge  
& ye may give it in a fit this water is soverain  
for whooping Coughs in children

For falling sickness or Convulsion fits Lady Copley  
 Take of Angel gold Goldsmiths weight one penny weight  
 Bezoar 12 grains Coral half an ounce orient  
 pearl the weight of 5 shilings in gold the clearest  
 Amber one ounce of an ounce 2 ounces of single piony  
 seeds dried beaten & sifted beat the gold in by  
 degrees for feare of flying about them mix them  
 all will give half a spoonful in a quart of white  
 of white endive water distilled of the best cutting  
 of the endive this must be taken the 3<sup>d</sup> day be  
 fore & after the full & new & change of the  
 moon & the 3<sup>d</sup> day after the full new &  
 change & when any fit is feared all must be  
 weight after the gold weights

Dr Willis for a Continual Feavore  
 Two mallow Apples rootes of pentadelon &  
 Asparagus as much as two fingers 20 rasins  
 boyle thes in a pottle of spring water til a  
 3<sup>d</sup> part is wasted strain it & put into it  
 2 Drams of sal prunella one ounce of  
 conserve of woodsorrell drink oft of this  
 & take every night of this mixture  
 Conserve of woodsorrell 3 ounces dias  
 cordium 2 Drams sal prunella i dram  
 give every night as much as a nutmeg  
 drink whey either alone or with mead  
 sweet boyled in it

F. 2:

For the falling sickness that never saile  
 Take the top of a mole Hil wheron grows mother of  
 thyme turf & all clap the grass side to the pit of the  
 stomach put on new eury day for 3 weeks & all  
 that while let the party take Bittong in all he  
 eatse or drinks

A water for the Plague or any malignant Feavore  
 A quart of smal spirit of carduus & a quart of smal  
 spirit of Poppyes infuse in them 6 ounces of Indian  
 snake weed 2 ounces of London Treacle 4 ounces  
 of carduus seed bused 2 ounces of Harts home  
 20 green walnuts sliced 4 ounces of marygold Fl  
 let thes steep 9 or 10 days then distil it in a com  
 mon stil when you give it let the party be miled  
 give 3 spoonfuls in 24 hours to a child lesse give  
 them possst drink in some time after

X To make spirit of carduus

Fill yr Limbeck with strong Ale put in as much  
 Carduus as will make it very thick stil & keep  
 ing the strongest by it self when you use it mix  
 the strong & smal til they be of the strength of  
 sack as the carduus is done so make the spirit  
 of Poppyes some put into the infusion score over  
 root



For the going forth of the fundament  
mixt the boyld in red wine bath is therewith & fumes it out  
Frankensiner

De Lowe Poltises for the feet to draw the Fravore from the Head  
white Bryony rootes 3 ounces Topps of Rue 4 handfulls  
the flesh of a pickled Herring as much black sope  
as will make it into a Poltis lay to the sole of each  
foot a little before the fitt change it every fitt

For Convulsion Fitts & Giddyness in the Head  
A good quantity of single Biony rootes in the  
full of moon newly taken up pare & shew them  
beat 2 spoonfulls at a time putting in some shew  
sack strain it keep it in a stone Bottle give 5  
spoonfulls first & last fasting two hours after it

For the Bloody Flux after they have been  
purged  
A peece of the Bark of an oke & a peece of cinomon  
a peece of loaf suger boyle them well together &  
after put some skim milk to them you must be  
sure to give purging Physick before you give any  
binding things  
scum milk boyle some nutmeg in it & after put  
in a peece of Butter give of it

For a Fellon or uncom  
House snayles Ale Hoof & rusty Bacon beat um  
well together lay it on his admirable

To know a Fistula  
it hath 2 holes by which it runs very much &  
the holes are a grt of a yard deep usually &  
the sove eates along by the sinues

F: 3:

To know a Fracture or whither the skull is broke  
Take a packthread tye a knot at one end & give the  
party the knot between his teeth let him shut his  
teeth close & hold it fast take the other end in yr  
Hand hold it straight as if you would pul it out of the  
patients mouth while you pul it straight with one hand  
give it a twitch on the midst of the string with the  
other hand that may make the third twang as you  
doe the string of a viol when you try if it be in tune  
Doe it pritty hard if the party cannot endure it to be  
done twice but thinks it like a Dagger in his Head  
it is a Fracture but if he can endure it the scull  
is not crackt also they usually find paine in set-  
ting their teeth together or chewing meat & are sub-  
iect to vomiting

A Broth for the Bloody Flux La St John  
A Gallon of running water a grt of red wine boyle them in a  
cock or Henp skin it clean put to it Hdg Bramble leaves  
ribwort oake Budd plantains posapostaryon knot grass  
raisin stonies each a handfull boyle this half away take  
Almons unblanched beat them & strain them to it with some  
of this liquor then beat & strain them againe wth all the  
goodness its out then add 12 spoonfulls of marmalade of red  
Quince

For a secret & Holow Fistula an approved med  
The Lithie of the sole of a clean old shoe burnt into powder  
& green copers each ana 2 ounces burnt Aloms halfe so  
much smiths cole burnt & beat to powder a grt so much  
Antimony the like quantity as of smiths cole or instead of it  
Litharg of siluer mixe these powders with cream  
you may put of Aloms one ounce & smiths cole & Antimony halfe  
an ounce

To cause a Traumatick man to sleepe  
The Gal of a Hare sdd in wine it will make him sleepe if you  
give him wine & valerian in all his meat & drinke is  
good

For a Red Face with bumps of heat  
A peece of Brimstone put it into a spinning & putt red rose  
water to it then grind them together till it be thick  
annoynt your face with it going to bed wash it off  
in the morning with red rose water

A cordial for Fainting Consumption & Rhuim  
Greek sack 3 pints a quart of a pint of red rose water  
2 ounces of white sugar Candy an ounce of the  
whitest nutmegs pick them put them into a narrow  
mouthed glass shake them together let them stand  
close stop 4 or 24 hours drinke 3 spoonfulls before meat

A glyster to stay at the in great extremity  
A pint of milk oustuch in it galls of steel in half the  
milk be consumed let there be in the milk red rose leaves  
& an ounce of beets suit let the person keep it as  
long as they can also to sit over the smoke of Hay  
with in Agnave

For the Falling Sickness  
A stick of an Alder Tree that grows in a Hallow willow  
cut it in septimores cut 9 round peices & tie them up  
in a peece of silk hang them about the neck before the  
full of the moon let them hang down to the crevice of  
the stomach wear them till they fall off of themselves  
then take them with tongs & bury them the party must  
have a care of passions & the mind pure before you use it  
& after the fits are gone & take piony seeds & use Rose  
mary sage & Betony in all ye drinke

For the Falling Sickness an excellent Powder  
Take a good quantity of Frogs put them alive into a Tubb of wa-  
ter a day & a night then take the Heart Liver & tongue of every  
Frog lay them one by one upon a Coltswort leaf & dry them on  
it in an oven take three weight of the first second powder of  
single Piony rootes or seeds three weight also in the first  
second powder of the Hindes part of a mans skull filled give  
as much as will lye on a finger in Black cherry water fast  
ing 3 days before & 3 days after the full & change of the moon

For the same & also Convulsion Fits Lady Treavor  
gave this Afterbirth of a woman that has a son to her first  
child wash it in white wine dry it leisurely in an oven  
keep it always in a dry place take of this powder of single  
Piony one ounce the same of red coral & the same of this  
afterbirth take it as the other wears Piony rootes about  
the neck is good to haile it in your spoonmeat

A cordial in a Malignant Feaver or Low  
make posset drinke with hartshornes marigold Flowers scor-  
nera rootes Tormentil rootes Jervay if there be a lossnes give  
venes Treacle & conserve of Red roses if that stay it not  
a glyster with elder Flowers boyld in milk

A cordial to stop griping in a Feaver or Head  
Diacordium a dram philonicum romanum one scruple  
Carduus watre 3 ounces syrups of Lemmon one ounce  
mixe this & give it at night going to bed

For Fits of convulsion rich cured Mrs sands  
After many Drs had tryed their skill  
she was advised by Dr Walgrave (who is a man famous  
for fits & had tryed many things) to drinke her own  
water this would put off a fit at any time & she  
has had none a great while it cured a man also of the  
dropsy that was thought a dying & cured



For a Fistula or Knelm Digby

A handfull of sage the like of xii 300 of Hoglice  
beat these severally straine them into 3 gallons of  
muddling Ale let it be drunk at 3 days old & noe  
other beere put in after the Ale has wrought

Woody For Convulsion Fits

The inward skin of the Gizard of a cock dyed & as  
much of the second Bark of a yong Ash dyed it must  
be an Ash of a years growth about as big as ones  
finger scrape of all the russet & take the next all  
green put as much of it dyed & powdered as will  
lye on a 6 pence to one cockes Gizard when they  
are mingled they will be 3 doses give a dose of it  
3 days before the Full of the moon & 9 days before  
the change but if the child have any fit give a  
dose when you find the fit coming

Flux De Troutbeck

wheat Flower make it into past with juyce of  
elder Berries bake it & then make it into past  
again so doe 7 or 8 times then give 2 drams  
of the powder many proper liquor bake it so  
dry as it may beat every time

For Fits

Three ounces of sugre Candy a pennynorth of saffron  
put this into a piggs Bladder hang it in cold water  
when it is melted give the child night & morning one  
two or 3 spoonfulls according to the age this cured Nan  
Chapshires child when the tongue hang out of its mouth  
like a fool

F. 5.

Dr willis method for Feavours that have malignity

A Julape to be taken once in eight hours  
Barom & carduus watre each halfe a pint 54 drops of July Fl  
2 spoonfulls juyce of Lemmons 1 spoonfull give 6 spoonfulls one  
in 6 hours give them in this or the like Julape is drops or  
more of spirit of Hartshorne once in 8 hours give it in a  
spoonfull & 2 after it but if the Feavour be continual spirit  
is not good we put about a quart of a pint of plague water to this Julap

To take of the heat

salt & wormwood 20 grams spirit of vitriol 20 drops cardu  
us watre 3 or 4 ounces syrup of violets 1 spoonfull give this  
3 hours before the fit

For the Cough which usually accompanys the Feavours

Take the rootes of chevil couchgrass Asparagus each halfe a  
handful barley a spoonfull woodsorrel a handfull raisins 3 ounces  
boyle these in a pottle of water til a 3d part is consumed put  
into it when strained put into it one dram & a halfe of sal  
prunella take of this 3 times a day 12 or 14 spoonfulls

A Glyster to be given the well day

mercury 2 handfulls yalow dock rootes 1 handfull 12 prunis  
sweet Fennel seed a spoonfull boyle these in a quart of  
watre til a pint is wasted strain it put to it 2 spoon  
of course sugre

Dolours to be applyd to the Feet an hour before  
the fit comes & to be changed once in 48 hours

Briony rootes a pound rue 3 handfulls sage 4 ounces  
Bay salt a handfull beat these in a mortar lay all over  
each foot warme some in this Feavours desire cold water  
he said if it were not malignant they might drink halfe a  
pint with halfe a dram of sal prunella



A Purge at the end of the distemper  
Senna 2 drams rubied one dram & half sweet Fennel  
seed half a spoonful infuse thes in 8 ounces of car  
dus water all night on embers in a close cup  
strain it & put to 4 ounces of it an ounce & half  
of syrop of roses

For a Consumption if it should follow the Feaver  
A grt of snayles in the shells Hyssop 6 handfuls  
the crumb of a penny white loaf chop all together  
put it into 3 grts of milk stil it in a common  
stil 10 spoonfuls 3 times a day if they have a sore  
mouth use the Gargle of elm Bark in M:

A Drink at the latter end of the distemper  
Roots of parsley & Fennel each as much as two  
finger Coltsfoot Aquimony & Hartstongue each  
a handful rasins qtz pnd stoned sweet fennel  
seeds a spoonful boyle thes in a pottle of water  
til a 3d part is wasted put to it half a pint  
of white wine strain it into a Flagon wherein  
put Brooklin & water cresses each a handful  
let it stee 2 hours strain it over a grt of a  
pint 3 times a day at the beginning you must  
use Blister & if they are inclin'd to vomit &  
opress at stomach give them a gentle vomit at  
first as a spoonful & a half of crocus infused in  
sack or at last if they be so far gone before  
the Feavers begin with shaking oppression at Heart  
quaking vomiting lightnes in the Head & pain  
taking gidd fainting sometimes loosens & usually begins  
by a sight of Heat and cold

For the Falling sicknes Lady Brodrick cured a surge  
of her own & knew one Dr Worth cured by it so that  
he never had more the he had them from a child

Take for a man the scull of a woman for a woman the  
scull of a man the thickest part about the crown dry  
it well in an oven beat it very smal & sift it thurrow a  
silk seer give the party 2 ounces at a time in a draff  
of warme red Cow milk if you cannot git it immedi  
ately from the cow warme it let the party walk two  
hours after it doe this five mornings one after ano  
ther for a man seven & alsoe a woman if she be in  
Age must not omit one morning

For Convulsion Fits in Children

A grain of civet put it on a pece of Rint or Cotton apply it <sup>to the</sup>  
navel lay on a plastir of diaculum to keep it on & if you find it  
going into a Fit turne it upon its belly

For a water in the bladder

For a Flux the Blood

Gire Clisters made with a sheeps Head & put in some Linseed  
oyle into them

Fey Flannel in fresh Butter wning it out hard apply it hot to  
thee Belly & the carol of a sheep either hot out of the Belly  
or heated on a warming Pan

For Convulsion Fits in children has cured many  
The vent of a live pigeon applyd & hild to the child  
fundament when one is dead apply another til  
the child come out of the fit



Prince Ruperts Ointment for a Flux the Blood  
Alsoe for Burns & new wounds

Moonwort the lesser & owners this Herb is rarely to be found  
it grows about Amesbury in Wiltshire & Shotover by the  
Oxford some add Housleek & a leaved grass the same  
solomons Seal the rootes a gte pound sanicle mouse ears  
plantaine Adders tongue each the same of the Herbs  
not water boyle thes being chop't in as much cream as  
you can make of 6 quarts of thick cream & thes Herbs  
will not spit nor crackle if you throw them in the fire  
strain it keep it in a pot or glass if you use it for the  
Flux anoynt the Back Bone every night

A Good Water for Convulsion Fits & the fits of the  
mother & Faling Sickness

A pint of good Black Cherry water as much Rue  
water put into them as much as a walnut of Asa  
fatida beat cutt or scraped as small as you can  
put it to the water shake them well together about  
an houre then add 30 or 40 drops of spirit of  
Castore shaker it againe another halfe houre alsoe  
when every time you use it give 4 spoonfulls at a  
time to a woman 2 to a child if you add 24  
ounces of single prony root sliced into the water  
& steeped 4 or 5 dayes then straine them out  
& put in the spirit keep it close stop't

For A tickling Rhume

Two ounces of Licorish pulled in long strings & handfuls of  
sage pickt & washed boyle thes in 6 quarts of water to  
4 put in a pint of the best Honey boyle it a litle straine  
it drink not other drink make new every 3 dayes

F 7  
Dr Ridgleys Julape in the Epidemick Feaver &  
Agues: 1680.

Take of scorzonera rootes an ounce & halfe Ange  
lica rootes & contrayerva rootes of each a dram &  
a halfe Borage & Buglos Flowers each a pugil &  
citron seeds a scruple boyle thes in 4 pints & a halfe  
of Barley water boyle it til a 3d part be wasted or  
to 3 pints in a pot or pipkin close covered let it stand  
to settle & let it be cleere then put it into a Bottle &  
mixe with it 3 ounces of Plague water 3 of loafe  
suger drink a gte of a pint at a time when you  
please

A Posset Drink for the same

9 spoonfulls of Treacle water 3 of white wine a gte  
of a pint of Ale the Juys of 2 oranges put all thes  
into a gte of milk give of this as oft as you please  
it is good for all malignant Feavers

For the Faling Sickness

The fairest earth wormes one quart put them into a gallon of spring  
water shift it twice in 24 houre then drain them from the water  
in a sieve then lay them one by one in a laye dripping pan turning  
them 2 or 3 times by a reasonable fire & they be dry enough to powder  
seize them & keep it in a viol close stop't it will keep a year  
take a spoonfull when you find the fit coming likewise morning & evening  
3 dayes before & 3 after the change of the moon & so after & before the full  
moon abstain from onions garlicke & salt meats this will cure in 3  
months if not continue longer for tis a certaine remedy the best wormes  
are found in a Tanners miskin tis good for pain in the stomack

To make one Fatt

A pound of French Barley & a pound of sugar candy both beaten & served take a gally pot of 2 pound lay in a layer of barley powder as thick as a finger then a layer of the sugar till all be in then put then stop yr pot close stoped with a plate or saucer & set it an oven after Household Bread stop up the oven so soon as it is in & let it stand till it be cold you must doe this 10 times then put in an ounce of seed pie made into fine powder when you make any spoonmeat boyle a spoonfull of this into any spoonmeat a little & eat it

For fits of the mother or any other & may be given in young men  
Two drams of oil of Amber boyle it in two quarts of water till one quart be wasted then scum off the oil & give halfe a pint of the water repeat it as you find cause

For fits especially Falling Sicknes  
Selvius his oyle volatile salt taken 40 drops in mistle water of the oak or Firre water when a fit is coming this is to be had at Casimere the German Dr

For young children that dye of fits & convulsion  
give them a spoonfull of Guyer of Rux the first thing after they are borne

For convulsions.  
Black Tinn in very fine powder as much as will lay on a 6 pence to a child of 7 years old in proper

My Lady Beaumonts water for Palsies Murther  
Appoplexes & Convulsions & melancholy  
Angelica water Lilly vally water Black cherry water  
Lime Tree Flower water of single Liony water  
each one pint put them into a glass with not to wide a mouth & put to them a qtr of an ounce of the  
Bones of a Stags Heart beat very small a dram of  
powder of roots of virginian snake Root coral  
red & white lignum Aloes in powder each one  
dram pearl in powder a qtr of an ounce half a  
pound of the best Barbary sugar let all this stand  
3 or 4 days shaking it 2 or 3 times every day then  
set it in an oven after bread so doe 2 or 3 times  
till the strength be out of the powder so every get  
put put a qtr of a pint of Aqua celestis & the  
same of Dr Stephens water shake it give a spoonfull or  
two as need is put a paper at bottom of the glass  
when you set it in the oven to keep it from breaking

To take out scars out of the face

Boyle eggs boyle them hard split them & fill  
the hole with powder of mitch & the halves  
together & lay them on sticks to drop out  
in an earthen thing anoynt yr face a night  
before you go to Bed wash it or lay a Patch  
over it



Mrs Shetter For Convulsion Fits wch cured Mr Deax  
Dor

A Handful of southernwood the same  
of sage & Pennyroyal boyle thes in 2  
qts of Beer til one is wasted let the  
child drink at least 3 times a day or  
nor other drink for 3 months together

Mrs Lewson for inward Fits in a child  
oyle of Damask Roses the Flowers not  
strained out 2 or 3 spoonfuls a spoonful  
or 2 of crabbe verrieger a nutmeg grated  
take a peece of roze cake as big as the  
pitt of the childs stomach with it in the  
oyle & the rest warm it & lay it to the  
stomach change it every night give the  
child a little syrops of socory with Rubus

A Poltice to be layd to the Feet in a

Flavor  
Garlick a handful the same of the  
flower of Rye 2 handfuls of Ale Hoof  
or ground give a handful of Bay salt  
beat this & put to them as much crab  
verrieger as will make it of a conve  
nient thickness & lay it warm on chan  
ging it once in 6 or 7 hours it will  
make the leggs swel but that will away  
again

For Convulsion Fits or Falling Sicknes

Take 3 ounces of the single Piony rootes scrap  
4 slicer them very smal & 2 ounces of good hearts  
horne put them in 3 parts of whitewine let them  
stand in a Bottle 10 days shaking it twice in  
a day strain out the rootes & put in 5 or 6 drops  
of spirit of Ambre shaking them very well  
if it be a man or a woman they must take a win  
glass fasting in the morning & fast 3 hours  
if a child 3 spoonfuls & wholly forbear milk & fish  
Mrs Shetl who gave it me affirms it failes not  
if to the quantity given be added a little  
Bezoar

For a Fistula under the eye +  
Sal Prunella & beat it very fine then mixe it  
with the white of a new layd egge & make it into  
thick lay it on for a Plaster experienced by an  
Alderman that was given over as incurable

Fits +  
To weare half an ounce of Assafetida in  
powder in each sock 10 ye for night & day

For the Bloody Flux +  
make Black Berries into Powder while they are  
Red & give a spoonful in any Fit liquor  
twice or thrice a day

For a violent Flux or Losnes  
& Gripping +

A pint of double manis seed water  
an ounce of Turkey Rubarb sliced  
the ped of 2 Pomgranatts a pint of  
spring water boyle thes in a pipkin  
to a pint of wch take 6 spoonfuls  
going to Bed is a sovereign remedy

For the blondg or any Flux

An Eggs hott from the Hen break the  
yolk into a little Brandy & drink it

For a Losnes

L

A quart of ~~spring~~ water a little cino  
mon boyl them a quart of an hower a  
pint of milk boyle it a little sweeten  
it with double refined sugar & sugar  
of rose drink often of it

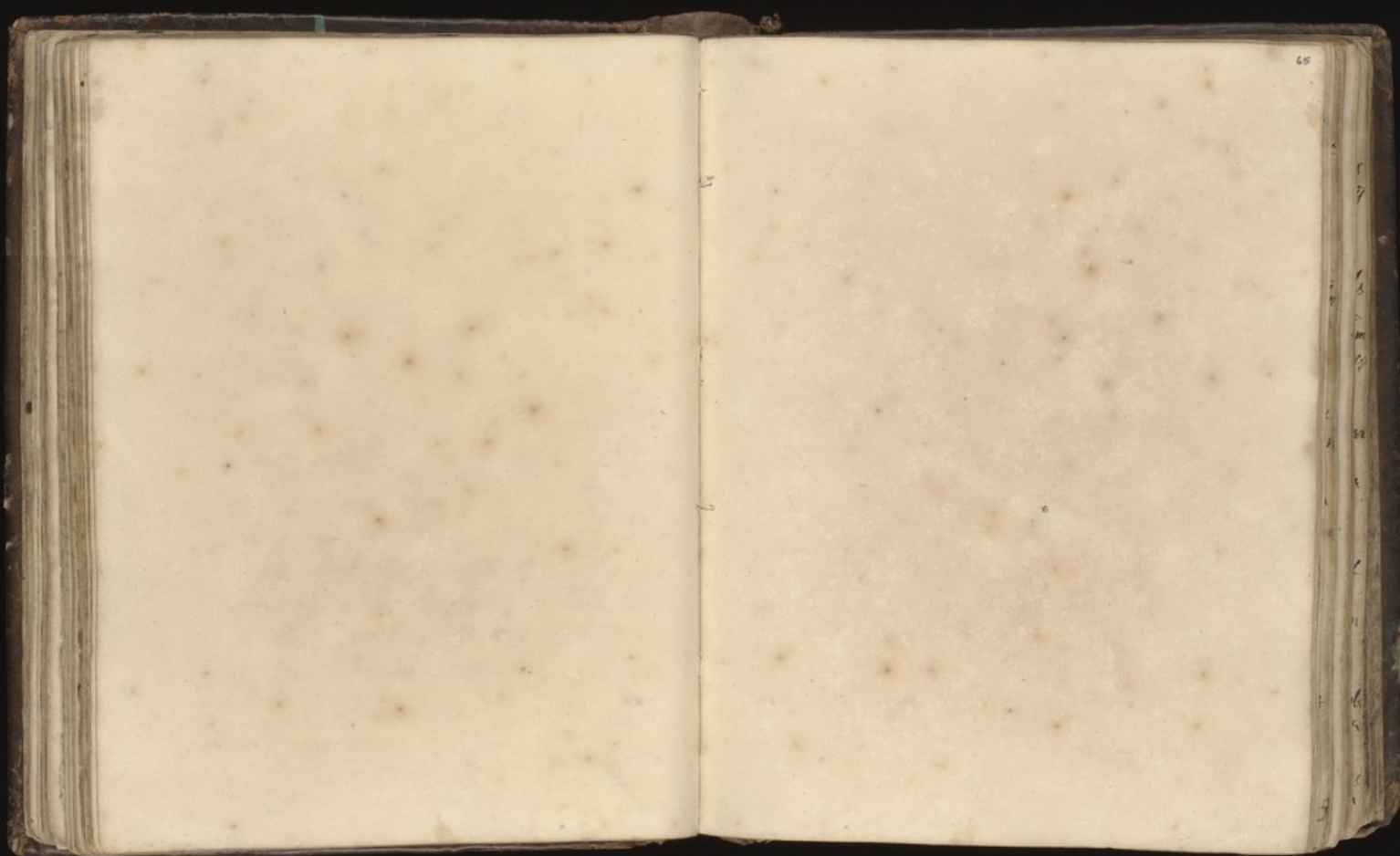
Se st Georges medecine for Fits  
pea cocks Duing dypnd & sercd as much  
as will lye on a shilling in any proper  
Liquor at new & full & at any time



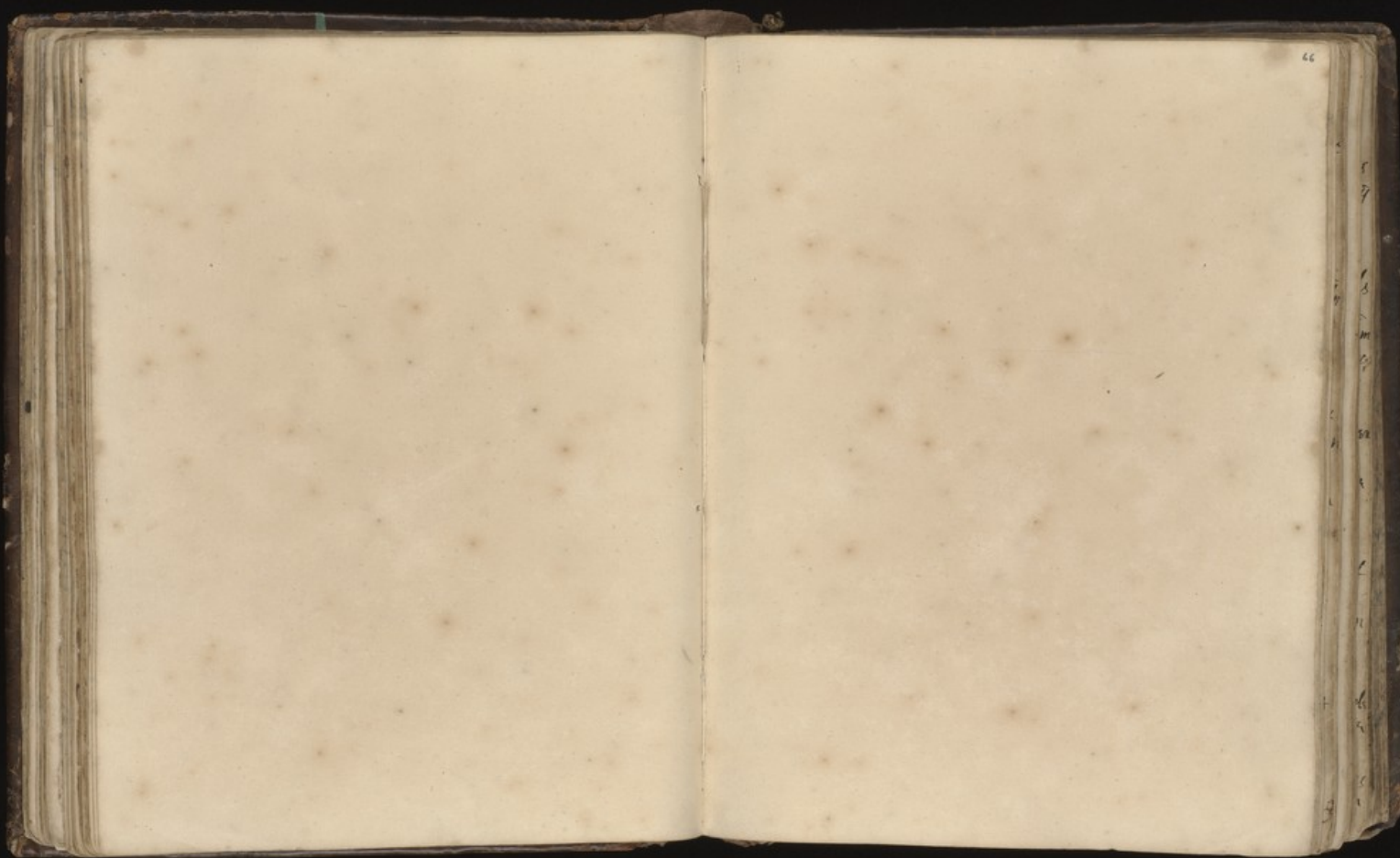
For the bloody or dry flux  
Take a quart of wine a little cin-  
nabar & a little of the honey of the  
gale, mix it with brandy & drink it

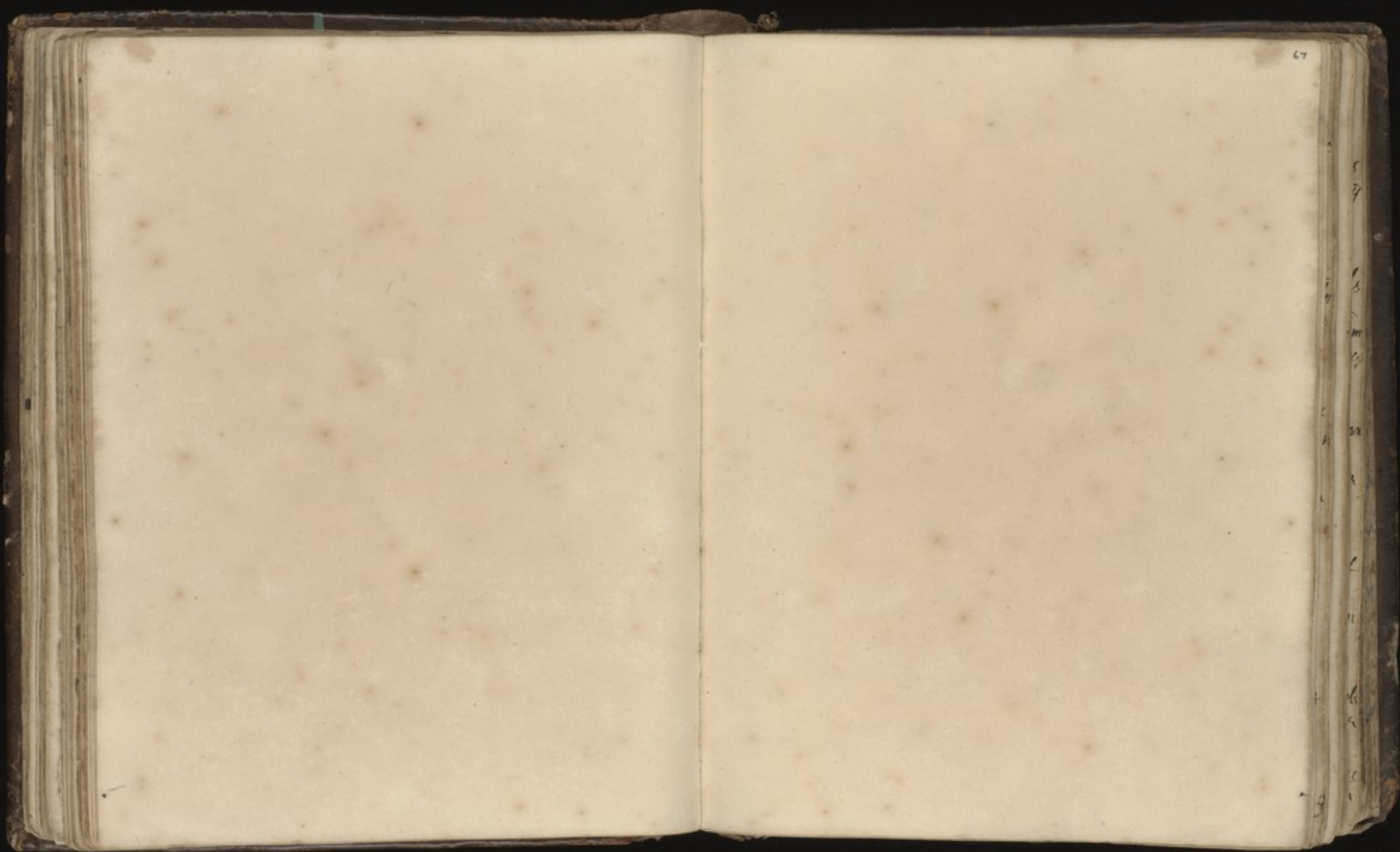
For a cancer  
A quart of white wine a little cin-  
nabar & a little of the honey of the  
gale, mix it with brandy & drink it

For St. Georges medicine for the  
peacock dung & dry & cold of much  
as will lie on a shilling in an  
ounce or two a full & of white wine

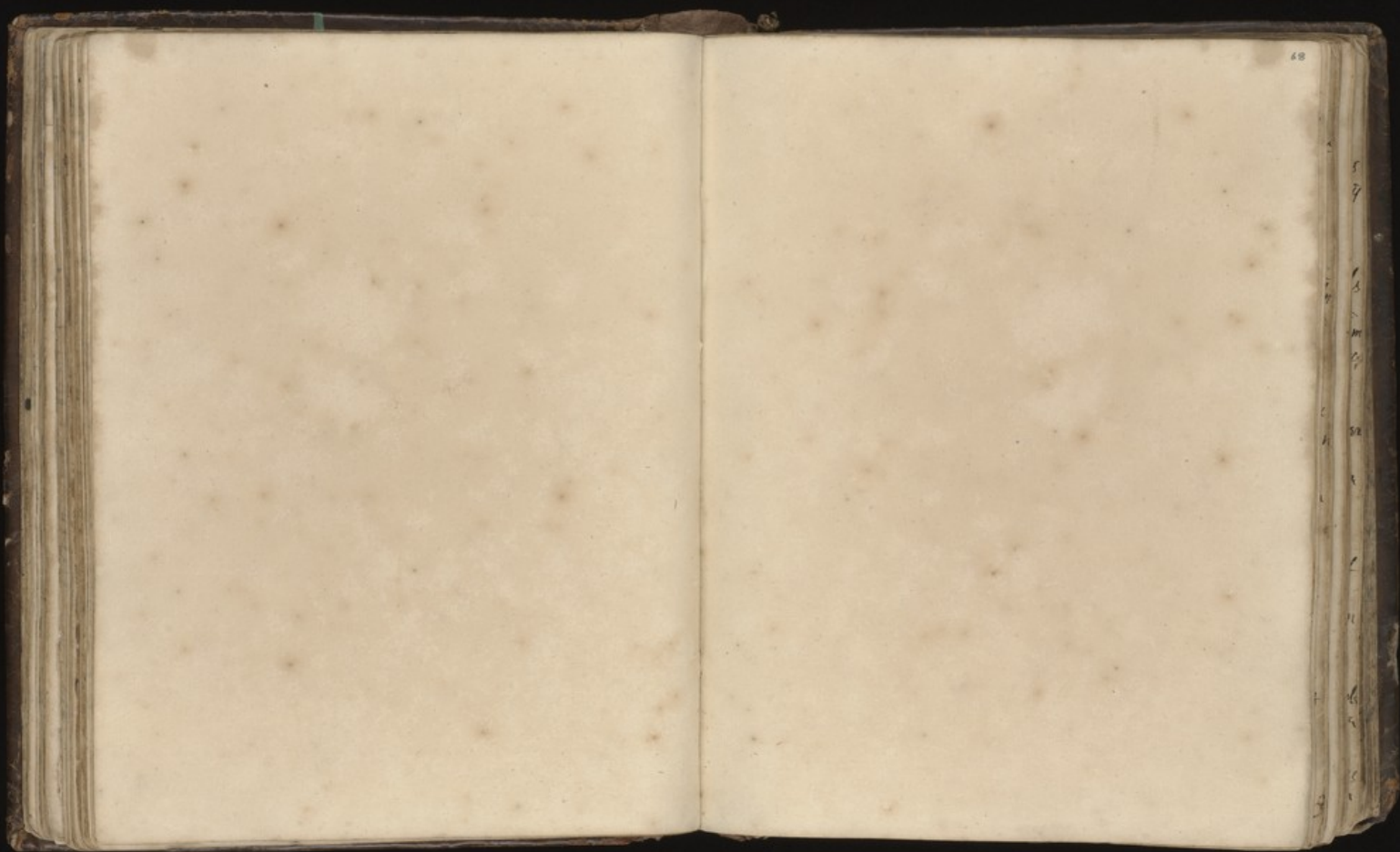


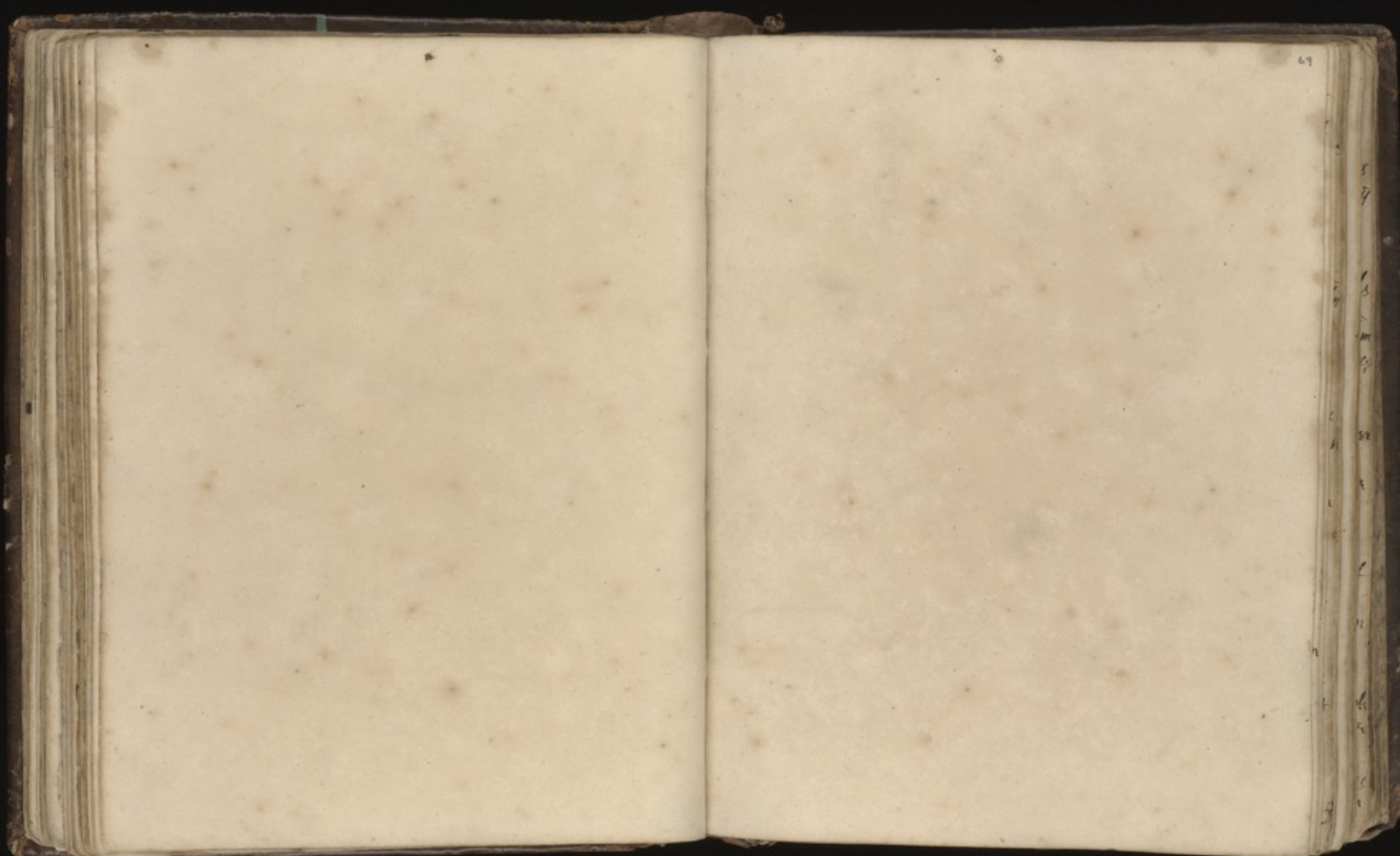




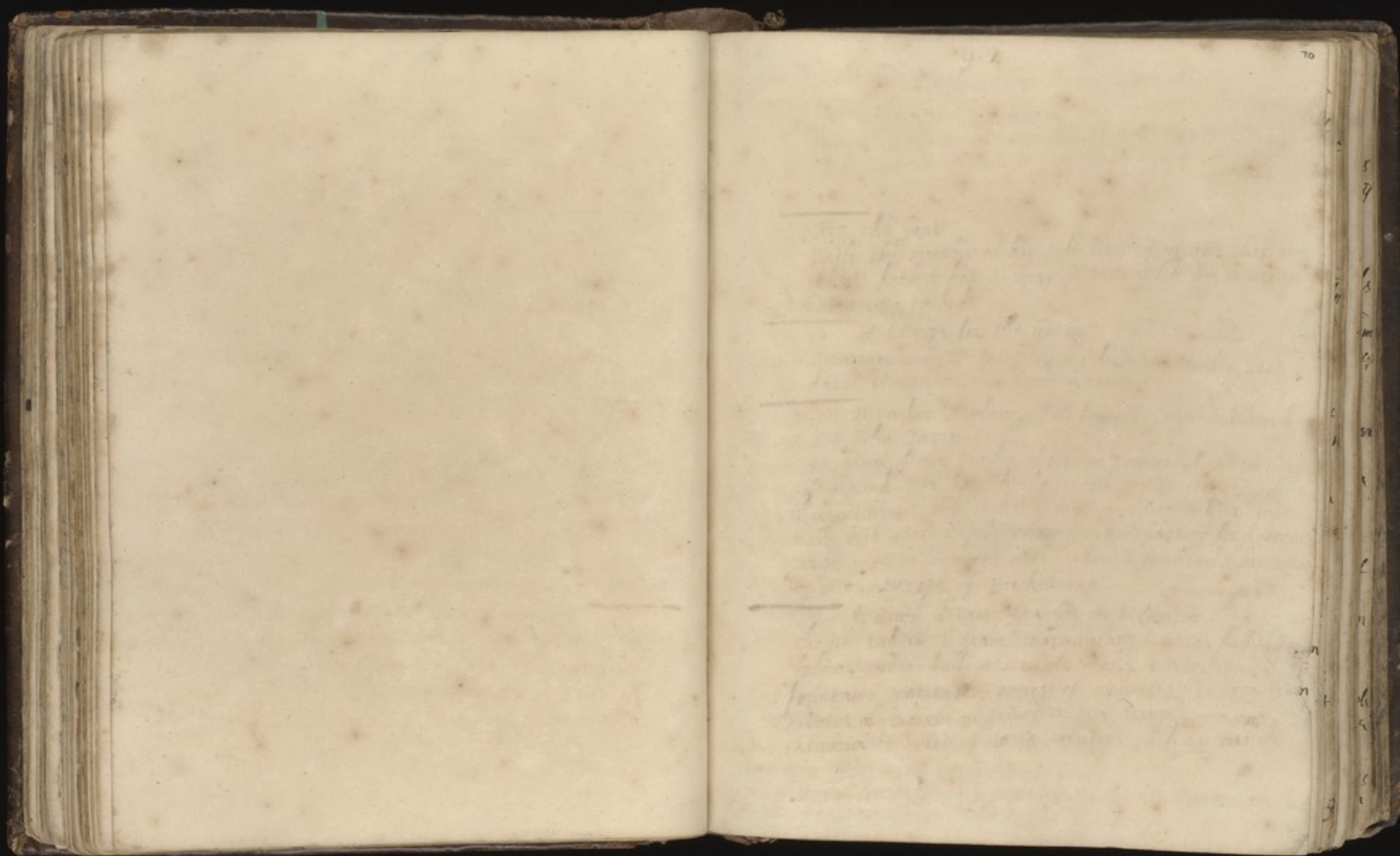












G.I:

A Glyster for the Green sickness

A wine Pint of a bogs run of 10 years old seth  
in it an ounce & a halfe of wheat Leven a 1/2 of  
an hower strain it give it at 4 in the after  
noon

For the Gout

Bath the membre in bay salt dissolved in wine their own  
is best bath it hott & wrap it in scarlett doe it newe  
but going to bed

A Purge for the Gout

Mexacan roots & yolor each a dram in Powder rest 3  
days between & then begin againe

Dr Thaddeus Mayheene Pills for the Gout wch cured  
Dr John Davies

An ounce of the powder of bitony 3 ounces of the powder  
of ground pike both finely seved put thereto as much  
Turpentine as will make it into a masse take a dram  
made into 4 or 5 pills every morning fasting for a year  
purge once in a month with senna & Rubarb & sweeten  
it with syrops of Buckthorne

A Purge in case of a Griping & Colic

Choyce rubies i dram mirabalans & citrina halfe a dram  
yalow sanders halfe a scruple make a decoction in  
fontaine water in 3 ounces of wch strained decoction  
dissolve of white in powder one scruple manna of  
calabria & syrop of roses solative each an ounce

For the Gout

Some have found much good in wearing Roach  
Alom in their Boockts



A Cordial after to stay Gipping  
of the confectiō of Alkermes a scruple of Philonium  
persecum half a scruple red Poppye water 2 ounces  
& of syrope of white Poppye 6 drams make this  
into a potion take it at night going to Bed

For the Gipping of the Guts & flux the blood  
First purge with Turkey Ruber then give night &  
morning as much night vnes Treacle as a large  
filberd & the same quantitie of old conserve of  
roses if this cures not purge with againe oyl of Aln  
& Camomile fl water is good to give them

For the Twisting of the Guts  
A spoonful of Juice of Lemmons a scruple of salt  
of wormwood

For the Green Sickness  
Four ounces of common wormwood the conserve of  
it half an ounce of prepared steel 2 drams of  
Fennel seed powdered let this be made up in an  
electuary give the quantity of a nutmeg drinking  
a glasse of white wine after it exercises an  
houre

For the Green Sickness & such obstructions  
Hera Picra half an ounce or a dram of salt of  
steel give 2 ounces of it every morning fasting  
mifuse it in a gill of white wine

For a Gipping & Colic  
Conserve of Hippis a dram diascordium the signis  
of a nutt Tosted Turkeye rubberd in powder as much  
as will lye on a great old conserve of red roses made  
into an electuary give it & let them drink milke  
or water & red roses leaves boyled together & sweetned  
with loaf sugar

G:2:

For the Gripes

A good handful of Harts horns boyle it in a quart or 3 pints  
of faire water till a 2 part be wasted then put in some  
milke take it

The infusion of snakeshead is very good & for an ordinary griping  
make it boyled in smal Ale & sweetened with white sugar candy

For the Green Sickness

Six pennyworth of the best prepared steel mix it with the Juice  
of green corne wheat it should be core a large pipin put it in &  
rot it take off the skin & make it to an electuary every morn  
when you take hie of hair to your Breakfast water gruel  
with blisw curans & clivres likewise also clivres in gruel  
is also excellent for the Gout

A Bitter Drinke Dr Lowe prescribed Betty when  
she had the Green Sickness & a Cough & was swild  
Species Hera picra one dram Tops of centaury one hand  
full white Horsehound a gill of a Handful Tops of st Johns  
wort 2 pugils filings of steel clensed one ounce roots  
of gentian one dram mifuse this in 3 pints of good  
white wine let them steep in it while the wine liquor  
is drunk drink 8 spoonfuls every morning lesse or more  
this was to be taken 3 or 4 days & then she took a spoon  
ful of syrope of steel & as much cream of Tartre as will lye  
on a great & of the both a little water wherein centaury  
has been mifused like Hera Picra mix the powder in a  
little of it & about 4 or 5 spoonfuls of it & every  
3d or 4 morning this Bitter Drinke so much as may work  
3 times or a pill of pill 3 times a day this 3 months together



An Excellent recit for the Goute

Two pound of May Butter unsalted put it in a new earthen pot well glazed & boyle it gently over a fire of oaken wood but by no means cole or Turfe or any sulphurous wood or furl put into it & the greenest & largest Frogs can be got put in two or three at a time til they be all in let them boyle till they are boyled to pieces then strain them into another pot then break the flesh & bones very smal in a morter then take Arismet Burrdock roots & leaves & walnut tree leaves cutt them smal & beat them in a morter put them & the Frogs into the foresaid Butter boyle them well & strain them & cast them away & when the salve is cold put a knife through it to the bottom & let the water out that is in the bottom tye it up close it will keep a great while  
then with bath the party where the paine is before a fire with oaken wood rub it well in til the paine ceaseth after wards only once a day then once in two days then once in 3 days & after once in 4 then only in march & April october & November bath it 5 or 6 times spring & fall he need not fear cure there must be a handfull of each of the root & leaves above mentioned

To remove the paine of the Goute

Two or three handfulls of the moss that grows upon an oke tree one of Arismet the same of mallows boyle them in smiths water when they cool the joints with hott Flannels dypt here in & wrung out hard soment the pained membre this drives away the paine & makes strait the shrunk sinews

For the Goute which has cured many  
Take mugwort chop it very smal boyle it on oken wood in some good oyl til the oyl be very green then anoynt the part very well against a fire of oaken wood & chafe it in night & morning you will find present ease & a perfect cure for that time

An Excellent Diet drink for the Goute

Take of the shavings of ~~Harts Horn~~ Sassafras wood 2 ounces mastick wood an ounce ground pine a handfull winter bark half an ounce Angelica seeds & sweet fennel seeds each a quart of an ounce boyle this with a gentle fire in a gallon of water til a quart be boyled away so let it stand with all things close covered in it drink noe other drink bottle up the cleere when cold

For the Gripes a Glyster or Bates  
A pint of milk boyle in it a spoonfull of ked Rose leaves a little Harts horn boyle it half away then give half of that which will be 2 ounces let it lye all night in the Bowels



For the Running Goutte & Kumanisme

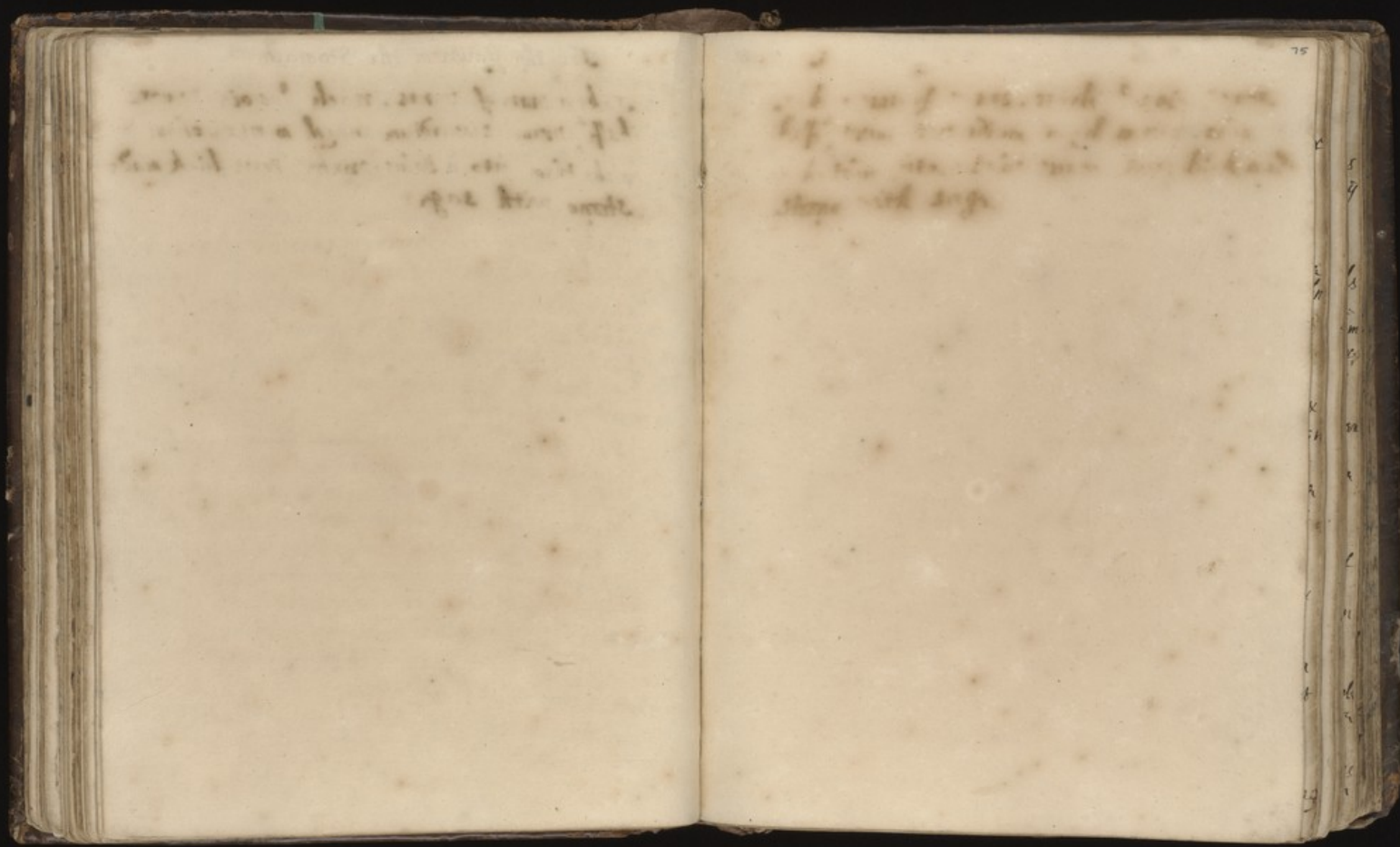
Take spiritamum steacados & sassafras each  
half an ounce brused Bay berries & Juniper  
berries each half an ounce brused. cleam  
pany roots & Hermodactilis each an ounce  
sliced Agneth & kubers sliced each a dram  
polipodium root an ounce Lignum vitæ  
4 ounces sinna 2 ounces & the same  
of Liguonish sasapervilla slit in the  
middle half an ounce an ounce of Annis  
seed brused 40 raisins stomed & a smal  
sprigg of wormwood hang these in a canvas  
Bag in 3 gallons of halfe beer & halfe Ale  
drink a pint at a time at 8 days old

For the Gripes & Bloody Flux

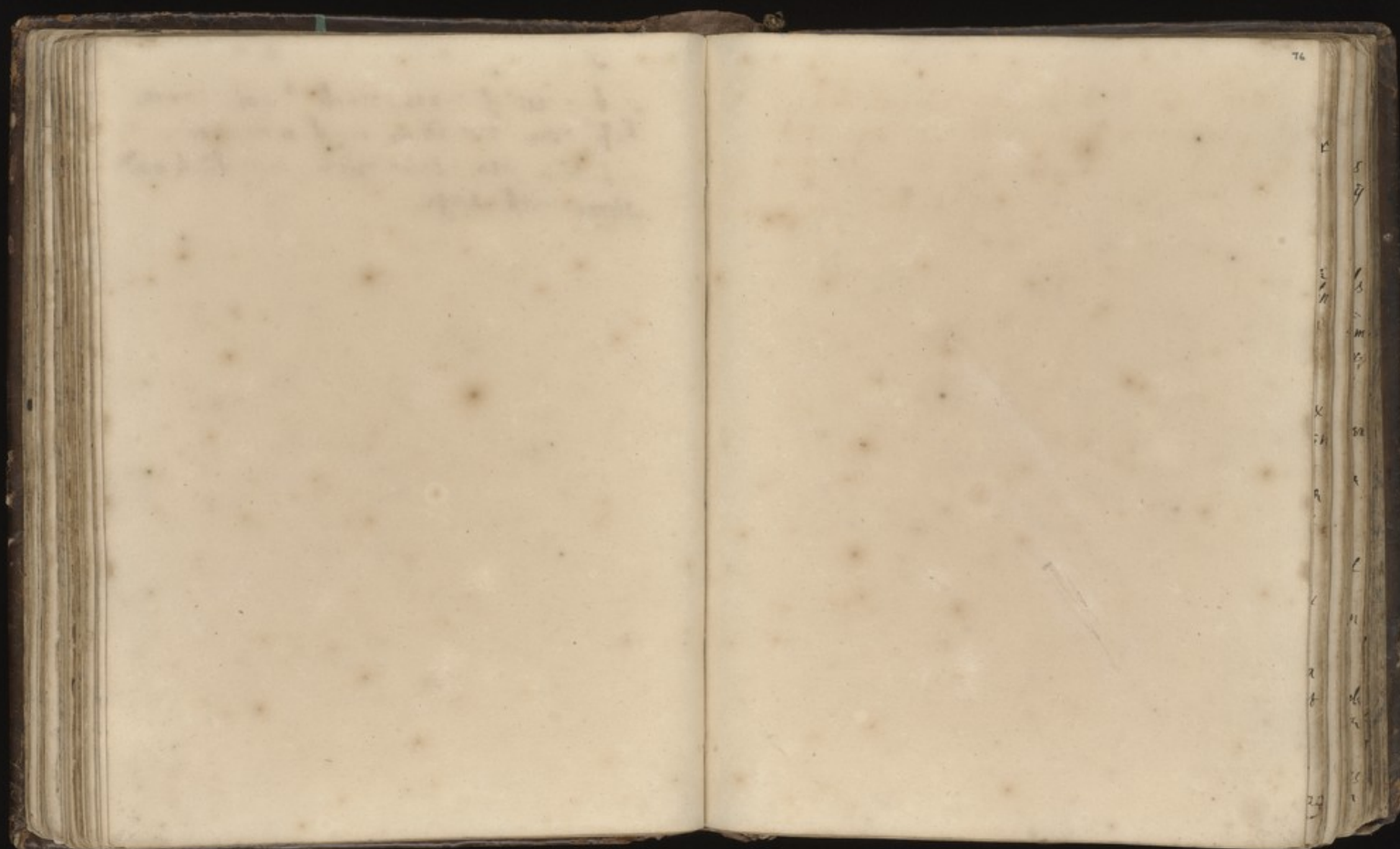
A fat Beast of mutton rost it without salt  
Tost sops of white bread to dip in it rate  
as many as yu can rate with any spiritus &  
doe not drink in 2 howers after this cure done  
given once by the day  
another was cured by drinking Irish slott bogie in  
posset drink another with drinking a quart of  
a pound of butter bogie til it was black in a  
skillet another with Almon Acornes made like  
Almon milk & cock bogie in all his drink &  
Basting all his meat with virgins was

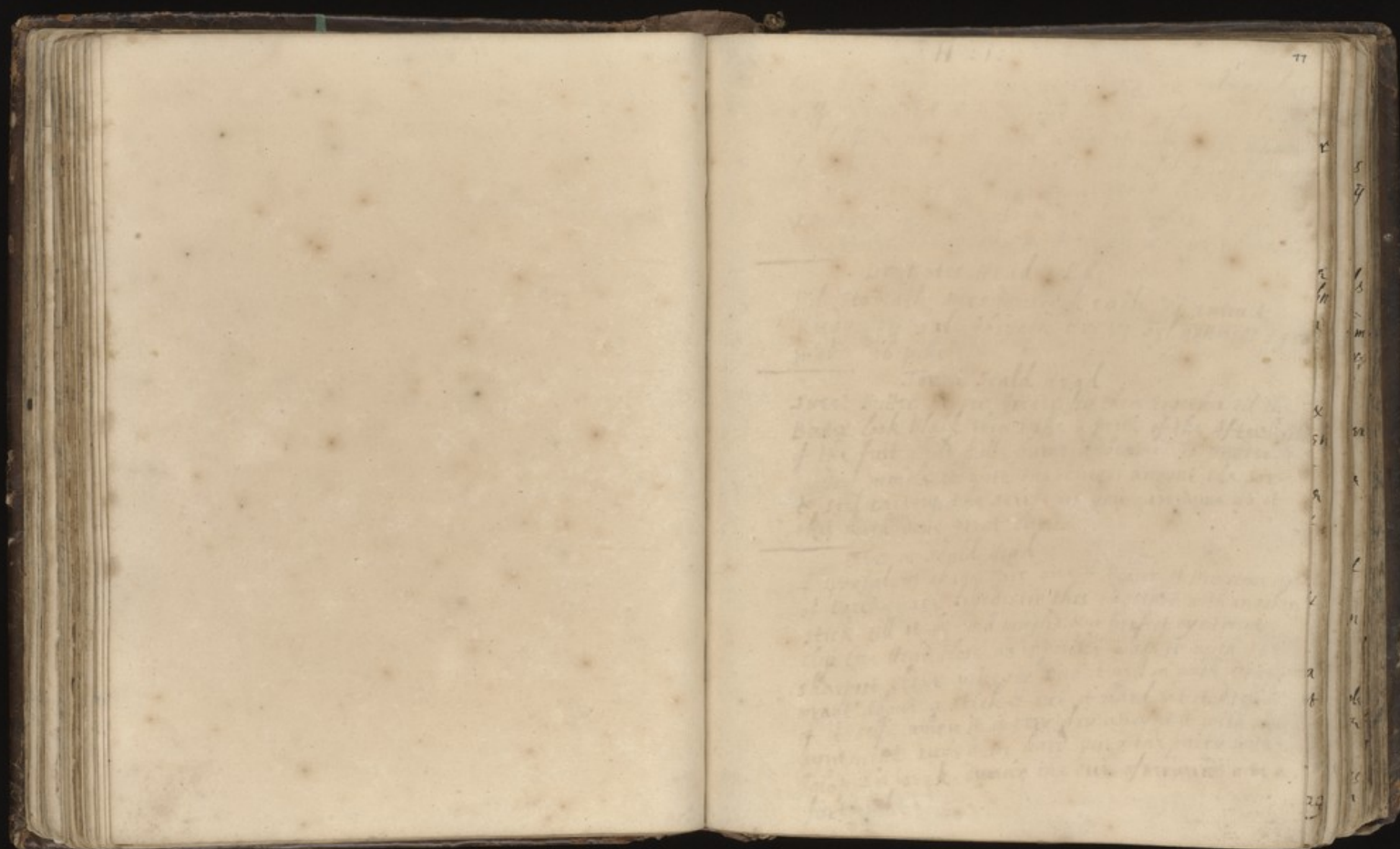
For the Goutte in the Stomach

Take a dram of viner Treacle Gascoine powder  
half a dram diascordium enough to mixe them &  
make them into a bolus drinke posset drink made  
strong with sage +











X

H: i:

M

For the megrim Convulsion fits or Falling sickness  
 Half a Handful of calondine let it misse 12 hours  
 in half a pint of white wine straine half a pint  
 from the Herbs & put thereto as much sliced ginger  
 & nutmeg as will lye on a great both together  
 sweeten it drink so much first & last 4 times  
 together let blood in a vein above the elbow

Dr Bates Head Pills

Pil stomach mes mastick each ʒi extract  
 Rudy ʒii sal Absynth gr ʒi oil nutmegs 3 gr  
 make 36 pills

For a scald Head

Sweet Butter Pepper Ginger fry them together til the  
 Butter look Black then take a piece of the Afterbirth  
 of the first child halfe burne it beat it to powder &  
 mingle it with the things anyont the sore  
 & stil rais up the scurf as you can come ab it  
 this hath done great cures

For a scald Head

4 spoonfuls of chape Tare one of Flower of Brimston eight  
 of Bores graer dried stie thes together with an oaken  
 stick till it be well mingled & a perfect oymnt  
 clip the Head close as is possible wash it with the  
 sharpest eldre vinegar rub it well in with a rag  
 waite about a stick & rub it hard let it dry in  
 of it self when it is very dry anyont it with this  
 oymnt rubd in hard purg the party with  
 Solop 2 a week during the cure afterwards one a  
 fortnight

To make the Hands white  
A manchitt steep it 2 howers in milk then boyle it  
an houre then boyle it with thes folowing things  
an houre more a q<sup>ty</sup> of a pound of bitter Almonds  
the 4 cold seeds each an ounce white poppy seeds  
an ounce spermatelly halfe a dram camphire 12 granes  
Borax one dram each Alom halfe a dram then beat  
the yolk of a new layd eggs let it just boyle after  
it is in rub all yr hands with as much as a walnut  
of it very hard & well & wash them with a little  
watre after & wipe them

Dr willis for the Hart Burning  
the shells of Eggs take off the skinn dry them &  
beat & sieve them then cary the powdre in a box  
about you & take as much as you can hold betwix  
your thumb & finger

Cordials for the Heart Dr willis  
Gascon or Lady Kents powdre in plague watre  
or Treacle watre sweetned with Syrope of July fl  
halfe a dram of vines Treacle methuine or  
Diascordium disolved in Beuom watre to a dram  
if cordials is requisite giue of this p<sup>re</sup>xture night  
& morning conserve of woodsoyl 3 ounces & of  
methuine halfe an ounce this will drive any  
malignity from the Heart

For a scall Head Mrs Drax  
Plantaine soxell Agremony sage calondine  
scabious cleampaine red Dock leaves woodbine  
night shade penny royal savory timothy wild  
Tandy walwort & Alom each a handful a quart  
of strong vineger a gallon of sea watre boyle all  
thes to a pottle strain it keep it to wash the  
Head or any scab about the body stop it close

for picking at the Heart Lady Gauden  
epileptick watre 5 spoonfuls & 30 grams of mberb  
giue it at night

Dr willis for an vlcere in the Head wch cured Sr walter  
wch came just by an impostume

If it smel use an injection cast up into the Head with a  
syring 2 times in a day a dram of mixch a pint of sack  
put into it an ounce & a halfe of Hony of roses let the  
mixch dissolve before you use it use it warme after the  
mixing snuff up this powdre Bittong Agremony St John  
wort dried each a handful powder & searce it & to an  
ounce & a halfe of this powdre a dram of Flowre of  
Brimstone mixe them well

If it smel not take centaury Horshound St Johns wort  
capomile Flowre each a Handful stew thes in a pint &  
a halfe of whiteswine in a close Pipkin for 2 howers then  
strain it & put into it 2 ounces of Hony of roses use it  
warne with thes things Sr walter took a purge once  
a weeke & a drying drinke made of china & such like &  
used it with his meat his vlcere smelt much & that  
wch came away was in a thinn skin & like the frame  
of a rabbit he lost a peece of a Bone out of his Head &  
this cured him in 6 weeks time

Thea for the Head Dr willis  
sage Rosamary marjoram mother Thyme boyle thes in wa  
tre & of the watre make cofe a spoonful of cofe to a pint  
of the decoction drinke halfe a pint & the rest at night

For the Heart Braking  
Bulent Claret wine wherein put a little bag  
of saffron



For a scald Head  
Shave it close & apply rags dypt in spirit of soot  
alsoe mixe salt to graine take inwardly every night

For continual Head Ach  
Drink night & morning 5 or 6 spoonfulls of right orang  
Flower water & wash the privis parts night &  
morning with fair water

Scald Head Lady Littleton  
Gunpowder beat fine put it into strong vinegar stir  
them well let it settle skim of the cream & rub that  
will in

For a swelling in the Head Dr Glyson  
The white of an egge beat well dip a cloth in it & lay  
it to the forehead & Temples all night

Sage wine for the Head  
Take 14 pound of maligo raisins put to them  
24 quarts of water boyle it an hower with  
the raisins in it then put halfe a bushel of  
sage in a little Tubb then pour the water  
& raisins boylimg hot into it stir it well &  
couse it close with a Flannell & stir it 3 or 4  
times a day for 3 days together then let it run  
thruow a Flannell strainer but not squeeze it  
& put it in a Barrell then take a large peece of  
Brown bread tost it very hard not burne it  
spread it all over with Ale yeast while it is  
hot put it into the Barrell mixing the yeast

with the Liqueur let it stand til it has done work  
ing then stop it up 5 dayes then draw it into Bottles put  
ing 4 spoonfulls of white wine into every Bottle & it is best  
to put it in a sack vessell the raisins must be washt  
& rubbed dry & chopt before you put them into the  
water it will be very good without wine

Dr Ents Balsame for Apoplexies Epilepsies Dizziness in the Head  
Oyl of nutmegs 2 ounces Ambregies one dram Black Ambre or  
Jett a dram & a halfe civit 2 drams & a halfe distilled water  
of Lavander Flowers where in Lilly con vally Flowers have been  
steeped halfe a dram of oyl of cinomon halfe a scruple of oyl of  
masticke halfe a dram of oyl of Ambre a dram of oyl of cloves  
6 drops of oyl of Rue halfe a dram mixe this to the consistence  
of a Balsame add Balsams of Peru it will be better it must be  
oyl of Lavander Flowers above mentioned in this receipt  
Anoynt the crown of the Head pallet of the mouth nostrils &  
nape of the neck it is excellent for the Colick anoynting the  
navel

For Paine in the Head  
night & morning to fume oure the smoke of dried  
Rosemary taking care not to take cold after it  
this simple thing has done good to those that have  
tryed all other means

For Giddynes in the Head  
Chew the dyed roots of Gentian continually  
For swelling & Giddynes in the Head proceeding  
from the stomach Tanzy distilled in milk &  
taken

Mr Howes medecine for a paine in the Head  
Rhubarb sliced one dram leaves of senna 2  
drams Indian root one scruple salt of tartre  
one scruple boyle these in 4 ounces or a sufficient  
quantity of faire water straine it & add  
to it syrope of rubarb & saccony one ounce  
powder of Jalap 10 graines take it in the  
morning & keep within & take broth in the  
working

For the Beating of the Heart  
If the powder of nutmegs & of Barage & wheaten  
flower & of white Amber & of the bone in a Stages  
Heart & of cinomon each alike quantity mingle an  
well & let the patient take as much as will lye  
twice on an english shilling drink it in wine Ale  
or beer every morning & at night this will cure  
in short time

Dr Lowes for the Giddynes in the Head  
Take of male Piony roots an ounce & half piony  
seeds red coral prepared each 3 drams prepared pieb  
2 drams piony flowers beat & dried in the sunn one  
ounce Leacochi dung the whitest 6 ounces powder  
& sever them add 2 or 3 ounces of the whitest  
loaf sugar take as much as will lye on a shilling  
drinking a little of this following draught  
sage rosemary & Bistony each a qtr of a handful boyle  
them in 2 qrts of water to 3 pints

H: 4:

X Dr Lowes advice in a Fitt of an Appoplexie A  
Dissolve 20 graines of Resin of Scammony in 2  
spoonfulls of Balsy water or Plague water when it  
is dissolved you may add 2 spoonfulls of any smaler  
water to make it not to strong then give it all at  
once & give the following Glyster presently  
A pint of the decoction of sage Rosemary &  
marierom & Lauandie Flowers add to it syrop  
of Buck thorne 6 spoonfulls & 4 spoonfulls of the in  
fusion of crocus metalorum the same you give  
for vomits apply cupping glasses with scarifica  
tion to the shoulders Cup so often after the  
scarifying till you draw 8 ounces of blood by it  
beside wch bleed 8 ounces out of the Arme &  
blow some white Hillibore powder into the nose  
apply blisters to the shoulders & above the  
Jssues if they have any if the Resin of scammony  
doe not work in 4 hours give 10 graines more  
dissolved in the same manner  
Apply a red Hot Trymg pan to the back part of the  
Head or the crowne & as one grows cold apply an  
other for halfe an houre

For Swiming in the Head  
Feather feathered quick in a warm oven powdered &  
give as much as will lye on a shilling in Honey in a morning



Water of Swallows for the Head

Forty or so young Swallows the more the better bruse them to pap in a mortar feathers & all add to it 2 ounces of castor in powder 2 pints of strong vinegar of white wine still this in a common still a pint will be very good you may take more but it will be weaker give a spoonful or two with a little sugar  
It is good for the pation of the Heart mother falling sickness swoonding dead palsy Apoplexie lethargy any thing coming from the head comforts the brain tis good for distraction light Headedness in a feavore mid some is the best time

A mead for the Head & all diseases in it  
Red sage Fenel celondine eye bright each 3 handfulls Betony 4 handfulls Rosemary 2 handfulls Rue half a handfull nutmegs an ounce brused boyle this in 8 quart of spring water put in 3 pints of Honey boyle all till 3 quart be wasted strain it & work it as other mead boyle it at a fortnight & drink a pint fasting 2 howers after it cures catracts if not to far gone strengthens the sight & memory

For those that are near distraction with vapours & cannot sleep  
boyle as much Hemp seed brused as oatmeal in water gruel & take it an night it causeth sleep & is also losening

H. 58

Dr. Lowes water for the Head

Roots of Angelico & male Diony each half a pound Peacocks dung of the whitest a pint mariscom sage & Lavandier each a Handful cardamums 4 ounces castor 7 drams 4 nutmegs sliced 6 orang peels strong Ale 1 gallon distil 2 pints mixing them

For the Heart Burning Mrs Howland

The shells of Turkeys Eggs so soon as they have hatched with the bloody skins & all made into fine Powder & taken thus is also for the colick

For Heart Burning & Heart Beating & Lossnes  
Take Chaulk gund it very fine in a marble mortar or stone with Red Rose or orang Flower water gently thick let it be so as to drop like drop cakes out of a spoon drop them on paper dry them in a stove or in the sun put one into a glass of milk water & drink it

For the Palpitation of the Heart a Dutch Dr  
Prepared Steel an ounce & half Mother of Pearl & Crabbs eyes each a dram crystal mineral two scruples Orice Root a dram powder all these & add 6 drops of oyl of oranges & of mine 3 drop after they are powdered take a Thimble full of this mixed for several mornings in what liquor you please

For the Palpitation of the Heart by a  
Dutch Dr

Take of Considine of Borage & Baglos Flowers each  
an ounce & half diascordium a dram Corral a  
dram & a half peel a scruple sal prunella 2 scruple  
valeriana salt of Hearts home 16 graines oyl of Nut  
megs 14 drops 6 of oyl of cinomon make all this  
into an Electuary & take the quantity of a wal  
nut every other morning

Another for the same

Take an ounce & a half of Juniper wood  
Angelico Rootes & Galingal Root each 2 drams  
& a half Citron & orang peel each 3 drams  
Juniper Berries an ounce & half St Johns wort  
Flowers 2 scruple Corinths brased 2 ounces & a  
half put this into a gill of whitewine & let um  
infuse some time then drink a wine glass every  
morning & an houre after dinner & supper the  
same quantity

For the Jaundie or yellowes of the skin after an Ague  
or fit of sickness

Take Hartshorn & Ivory each an ounce boyle it in 2 qts  
of spring water in an earthen Pipkin till a qt be con  
sumed take of Turmeric & saffron each alike quantity  
make them into fine powdres give as much of this powdres  
in 3 spoonfulls of this liquor & 3 spoonfulls of whitewine  
night & morning

Snayl water for the Black & yellow Jaundie colick in  
the stomach consumption

A Deck of shal snayls wash them in a great Bowl of Beere  
wash them clean dry them with a cloth heat them shal  
wash a qt of earthworms wash & slit them on a bodkin  
heat them also Angelico 2 handfulls in the bottom next  
the same ofcelandine 2 qts of Rosemary Flowers Bars  
foot Agimony Red Boock water the Bark of Barbery tree  
& woodsoyl each 2 handfulls of Rue Fennugreek Turmeric  
each 1 ounce lay your worms & snayls uppermost & put  
in 3 gallons of the strongest Ale 3 ounces of cloues in powder  
the weight of half a crown in English saffron 3 ounces of  
Hartshorn & let it not but past up your Limbeck let  
it stand a night in the place where you distil it take  
6 pints mix strong & smal & take 3 or 4 spoonfulls with  
Beere or alone as the patient can beare it take it fast  
ing & exercise after it & fast 2 howers & if the person  
be very weak give it in the Afternoon also

For the Jaundie or Euan Lloyd

3 pints of whitewine infuse in it a night the Juices of 40  
earth wormes after they are cleansed & shred 6 penny  
worth of saffron 3 penny worth of Teracle half a pint in  
the morning & as much in the Afternoon 4 a clock



For Impostumes Bruses & inward Inflammations  
of the Balsams for heafnes a spoonful mingle it with 2  
of english Honey of the first swarme mingle them well &  
put a spoonful of it into a pint of white wine the dearest  
can be got take a spoonful first & last the cold being  
taken off

To ripen an Impostume  
core an Apple fill it with powder of alibanum lay on  
the Top rest it safe it going to bed also French barley  
& dried Beans & Liguonish alike boyle these in running  
water drink it first & last

To ripen & cleas an Impostume  
Centaurie Horshound & rosemary each a Handful boyl  
them in 2 qts of white wine give a wine glass night  
& morning

A Purge for the Itch  
syrops of Buckthorne Berry 3 spoonfuls to a man or  
a woman Dissolve a shirt in Brimstone & wear it

For the Jaundice  
the white new Goos dung a handful steep it in half a pint  
of Ale & so much white wine all night a penny  
worth of saffron the like of Tuxemack strain it  
& sweeten it with syrops of cloues take it every  
morning also 20 Hoglice bruised & a pennyworth  
of saffron in powder core an Apple & put them in  
to the hole coure it & rest it mash it & give it  
at night going to bed

For an Impostume in the Stomach  
gish slatt give it night & morning this will rot  
& consume the Bag

J. 2:

For the Itch infallible  
put the 3d part of an ounce of white mercury into a qt of spring  
water with an ounce of salt Peter & a small handful of  
ordinary salt let them boyle together gently an hower &  
a half and as it boyles put in more water to keep the same  
quantity let the party stand naked by the fire & dab it  
with a rag where so ever you se any Itch let it dry in &  
wear still the same shirt boyle the shirt in an earthen  
pot that may be broke & Break the Bottle for tis poyson  
For a Dog Horse or Sheep  
put an ounce of mercury to a gallon of Chamberlyer a pound  
of Tobacco stalks a large handful of salt boyle it as  
above

For the Jaundice  
Take a fairer Pipin cut off the Top take out the  
core cleas put in as much venes Treacle as attaxed  
nut & the same of saffron finely beaten & scerced  
as will lye upon 2 pence fill up the Apple with  
sweet Butter put on the Top again & rest it 2 days  
mingle it like a conserve take as much as a walnut  
3 mornings together with 9 Lics out of a Head

For the Itch in man or Beast  
A good quantity of enula company boyle in  
fair water & wash twice a day therewith

For the Yellow Jaundice  
Take 9 earth worms slitt them wash them &  
beat them put to them a glass of sack let it  
stand a night an hower strain it drink as much for

X Sage Booke S.

Two pecks of sage pickt & washt brise it  
in a mortar 3 gallons of water boyle it  
halfe an houre 3 pound of rasins of the  
sun stoned & Beat put them & 3 pound of  
suger to the sage then powere the water  
hott upon them stop it close let it stand 2  
days & nights let it run tharow a Jolly  
Bag put in a qt of sherry to every  
gallon put it in a vessel stop it up &  
let it stand a month then bottle it

For the Itch Mrs Bral

Kid Roes in Powder Bay Salt Flower  
of Brimstone & orrice Powder each 2  
ounces take as much Thinn cloth but very  
strong as will make 2 Baggs put this stuff  
being well mixt into the Baggs then  
steep Baggs & all in as much salled oyle  
as they will drink up heat the Baggs in a  
pewter dish before the fire <sup>or</sup> on it &  
when one is heated rub the party wth  
it all over in bed 4 or 5 nights then  
use the other bag when you begin it lay on  
clean sheets <sup>in a week</sup> never shift shirt nor sheets

give a purge before they begin & one after they  
have done & siture in the Baggs in the time of  
using the Baggs give Flower of Brimstone &  
milk to drive it out

For the Jaundice & Green sickness Mrs Rave  
8 new layd Eggs break them & empty them  
then peel of all the skin from the inside of the  
shells & dry them in a very moderate heat of an  
Oven or stove heat the shells sever them then  
have 2 ounces of fine white suger candy beat &  
severd & 6 pennyworth of saffron made fine &  
severd mixe all & keep them close in a glass  
& give every morning as much as will lye on a  
6 pence & a wine Glass of white wine after it  
fasting 2 howers or more the shells must not  
burne in drying

For the Black & yellow Jaundice Robt Buelington  
put into a pint pot as much rye whiter wine as  
will fill it within an Inch & fill the whole measure  
with the rhinds of walnutt trees bowes not  
the outward but the green web is between  
the outward & the wood shave it off with a  
knife & thrust it hard into the pot till the pot  
will hold no more cover it close all night then  
straine the wine hard out & drink it all with warme  
lys quist it usually makes them vomit & cure it  
once taking at twice it has not been known to fail  
resting two or 3 days between



For the Dropsy and jaundis

A Lemon cut in it several slits & fill those slits with powder of Turmeric & then put it in a pint of white wine let it lye a night then drink it at 3 times next day first at last and at 5 afternoon make new every night this in 3 days cured a man that could not goe he was so swete

For the jaundis

Take a quart of white wine & put in it as much Turmeric as will make it red & let it stand in a close vessel for 3 days & it will cure

For the jaundis

Take a quart of white wine & put in it as much Turmeric as will make it red & let it stand in a close vessel for 3 days & it will cure

For the jaundis

A Spoonful of Syrops of Lemons morning & at Bed time is an infalable cure

X

For the Head Lims Tree Flower water

11

Lime Flowers & the strongest Ale wort distil them together in a Limbeck only let the flowers lye but 5 Hours in the wort before you still it least they be soure I have tryed it since I had it & raw wort will not doe neither has smell or taste so that it must be <sup>boyle</sup> wort

For the jaundis

Take a quart of mild strong Bre boyle & scum it then put in the quantity of a walnut of Barrell sops the best 3 cloves one blade of mace boyle this almost to a pint sweeten it to your taste with loaf sugar & when its cold stop it close in a Bottle Divide it into 3 parts & of it take one part every morning for 3 mornings successively using moderate exercise after it & take a messe of water Gruel 2 hours after it if the patient finds not good the first 3 mornings repeat it againe after 8 days 3 mornings more

उत्तर हिंदू विश्वविद्यालय

it is a great office a good & manly work  
 putting it into the hands of the poor & needy  
 a piece of money that a woman offers to the  
 church is very much more than a piece of  
 it takes one half every morning & evening to  
 stop it close in a Bible & sing a psalm of  
 comfort to your soul and that is a great  
 & a close one that is almost a great  
 put in the quantity of a hundred of these  
 Take a great of this strong good work & then

When I was young, my father used to say to me  
"Be true to your word."

87



To Make Gascon Powder. P

Take of y<sup>e</sup> Claw of y<sup>e</sup> Crab shell being beat to powder as fine as  
you can get it & sift it through a Tiffing & another take of it  
4 pound & take of the best fixed Oyle of y<sup>e</sup> Crab of y<sup>e</sup> shell of y<sup>e</sup> Crab  
& an Ounce of y<sup>e</sup> Powder of y<sup>e</sup> Crab & do them <sup>through a</sup> fine sieve  
then put y<sup>e</sup> Oyle & y<sup>e</sup> Crab to y<sup>e</sup> Crab Claw & mingle it every well  
together, then make it into a paste with a Roll of Snakes skins doing  
to it a little Close water that hath had Saffron in it, to give it a  
finishing, then work it w<sup>ell</sup> together upon an earthen plate with  
a knife a little at a time till you have it lo<sup>ose</sup> close, so make it  
into balls, & dry them in a stove, or before the fire.

The Crab are to be taken when the Sun & Moon are both in  
Cancer will happene but two days in a year, & they must be quite  
and dead in y<sup>e</sup> time, all the Claw is good but the top that is black  
is y<sup>e</sup> best.

To Make Solly of Snakes Skins.

Take ten or twelve Snakes skins as they are in length, cut  
each into 4 or 5 pieces & tie them loosely together with a thread  
put these into a pipkin headed within, that will hold about a  
Pot of spring water, then set them on a Chafin fire &  
let the Pipkin be covered, all but a little vent, stir it often  
with a spoon to make the snakes rise, at y<sup>e</sup> top, when you see  
the snakes & a black scum rise at y<sup>e</sup> top take it off, then there  
will rise a white scum which you must not take off when you  
see the skins so tender as to come to pieces, strain all through a cloth  
or square it very hard till the black appears through the skin

then leave off & put the liquor in a less Pipkin headed within,  
& covering it close let it stand empering on Coals till it is dry  
then put in the same water & saffron will serve to colour it, &  
warm it when you use it. Keep a constant gentle fire under it  
lest the water consume before the skins be tender.

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lest the water consume before the skins be tender.

[illegible]

1847



For an Ach in the Knees  
 A noynt them with the marrow of the Bones of a Horse  
 clarified keepng them warme

For an Ach in the Knees  
 Capons grease saffron & Aqua vite mixe them well together  
 warme it & anoynt them therewith

For an Ach or swelling in the Knees coming of cold  
 A quart of maligo thime a handf boyle them with this put in  
 a piece of swete Butte boyle them halfe a way anoynt it going  
 to bed keep them warme let the butte be out of the chum unsalted

For the Kings Euel unbroken to & isolor it  
 A Fat Goose roasted without basting save the fat & three  
 with anoynt the swelling it must not be salted but fresh  
 oyle of Toads for the Kings Euel  
 Take 6 Toads alive with as little harme as you can put  
 them into a pint of oyle cover the pipkin & lay on a wiff  
 set them on embus till they are dead then throw them  
 away anoynt the swelling or any cankers swelling  
 herewith

For Kings Euel Gout or Consumption or Batres  
 A pound of the best unsleight lunc or a pound & a halfe  
 put it in a galon of Fair water let it stand 4 days  
 then with a pounger take out all the cleere gently  
 then adds to what you take out very cleere 2 ounces  
 of Liguorish the like of Anniseeds both beaten let it  
 stand with this 5 days then straim it & Bottle it drink  
 halfe a pint morning & afternoon

For the Kings Euel  
 weare of the roots of Agunds tongue about the neck when  
 it is dry puting on fresh soe a worme up in a little Bag & apply  
 to the swelling if it be the Kings euel if after 24 hours it be end  
 & what it is not that disease but if the worm rot it is it

For the stone in the Kidneys a rare secret  
Take of the fine Powder of the Gold in rodd a spoonful  
in an new layd egge, reare roasted every morning fast  
& howers it provokes ynn the long detained & dis  
olves the stone saith my author

Lady Eucarch for the Kings Eul  
The Plant called Arch Angel the red for a man the white  
for a woman take the whole plant flowers & all  
steep it all night in white wine next morning cruse the  
plant lay it to the sun & drink the wine

For the Kankers so never failing a ons that I  
need add no more if it be the Kankers & salis not  
As much Garden sorrel as ons 2 fists pinn it up in  
a Colwort leafs wet it in wood embers till it be soft  
take it and the liquor into a poringer beat it with  
a spoon til it be like an oymment then put in as  
much of the best Honey as there was of sorrel & as  
much of the powder of Pepper made as fine as flower  
as will lye on a great not heaped mixe this will  
wpe the sores gently & lay ons as much medsin as  
will coure it & as the slime washes it away lay  
on more for the kankers in the body wash it  
with the decoction of carduus very often it  
will cure it

For the Kings eul  
Cariscostinum give half an ounce to purge once  
in 3 days a child half so much any oint it with  
Tare if unbroken if broken Tare it threewith

For the Kings Eul  
Give morning & afternoon to a child 3  
spoonfuls of the Syce of water yansips  
& the same of new milk mixed

It must  
be of this  
leaves &  
stalks

For the Kings Eul or any sores or Rhama

Take 6 Ale quarts of spring water put it in an earthen pot  
with a narrow mouth then take an ounce & a half of china  
roots or 2 ounces lignum flore 2 ounces lignum vitæ 2  
ounces sarsapilla 2 ounces licorish 3 ounces as much Annis  
seed stop it up close & past it then misur it 24 howers on the  
fire leting it boyle gently strain it & Bottle it drink half a  
pint morning & going to bed you may make a smale drink  
with more liquorish & Annis seeds & drink with meat take it  
24 h days making fresh cussy wicks for bearing salt milk wine  
& Tobacco eggs

Ribes & Chiblainas

A pece of a Tard Hares skin the Hairs side next the foot on  
ly a pece of paper next it

For the Kings Eul approued

A pound of lignum vitæ divide it into three parts put  
one part into an earthen Jug stop it close hang it in  
boylmg water 12 howers when it is cold strain it drink  
a draught warme first & last & in the afternoon but  
be best to drink nor other drink for a month spring &  
fall useing this oymment

Flowers of Fox Gloves one peck beat them very fine in a  
stone morter put to them 8 pound of fresh butter out of  
the churns unwasht & unsalted set them on a soft fire  
in a new pipkin let it boyle 4 howers stirring it continu  
ally with a stick then put it out into an earthen pip  
that never had salt that it may be heated once a month  
by setting it in an oven after bread & a pece of fresh Butter  
put to it to keep it may it when you use it make a ball in a



Spoon not more then you use at a time let it be not hotter  
then the party can well endure lay it on where it is broken  
dressing it twice a day the hard part of which must be  
anointed with some of the oyle which is on the top of this  
oyl if it be well kept lay the cyment on the cloth in a  
moderate thickness always keeping the same cloth next  
the sore the rest must be shifted when you please

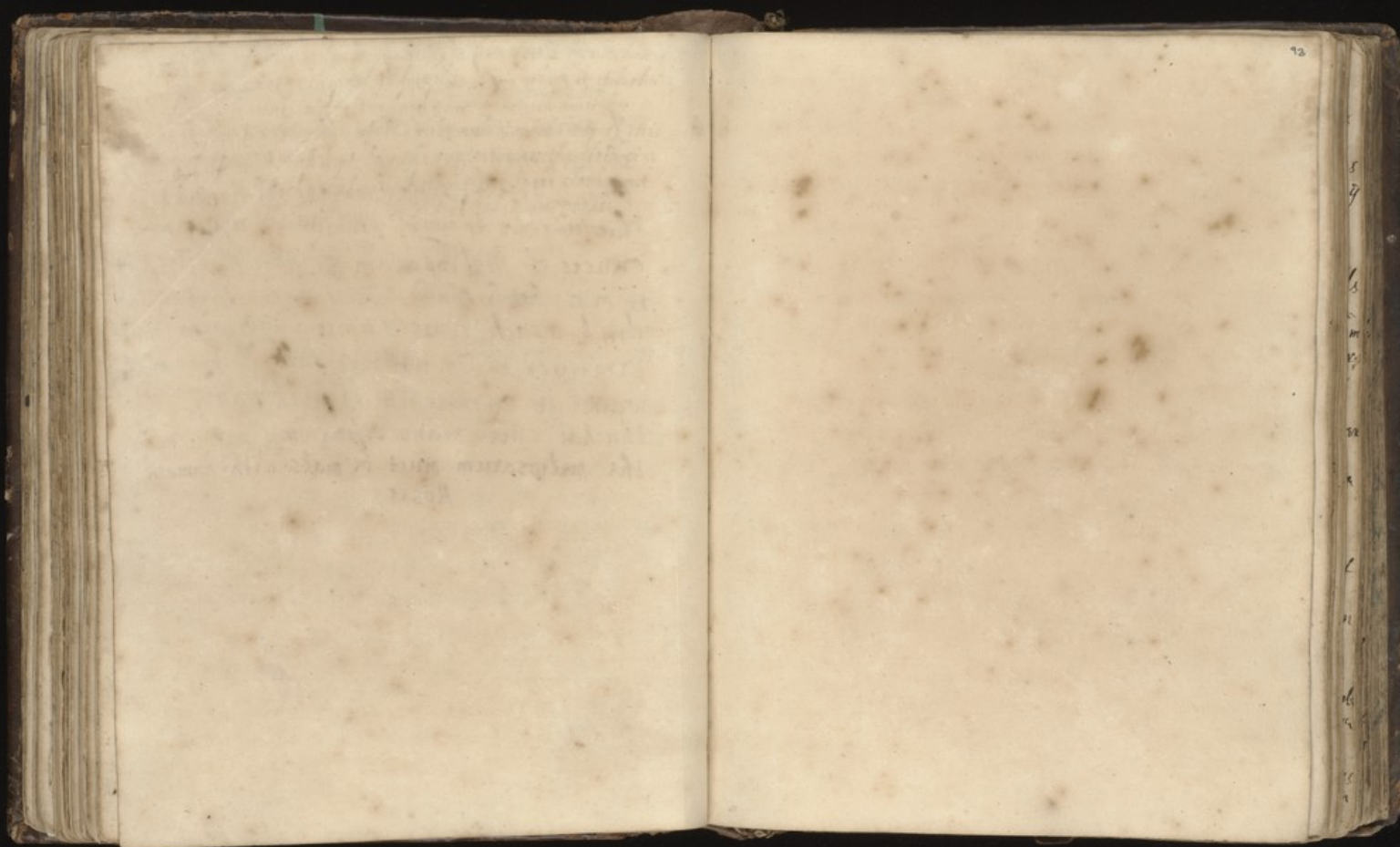
#### For the Kings Ewel

a quart of milk from the cow set it on  
the fire & when it boyles put in 2 spoonfuls  
of lix Honey stir it til the Honey is melted  
then set it on againe let it boyle 3 or  
4 walnes then take it off & give one part  
so soon as they wake another at 10 of the  
clock another at 4 in the afternoon &  
the last going to bed make it new every  
day & purge once or twice a week with  
cascarilla they that commend it  
say they have cured many with it

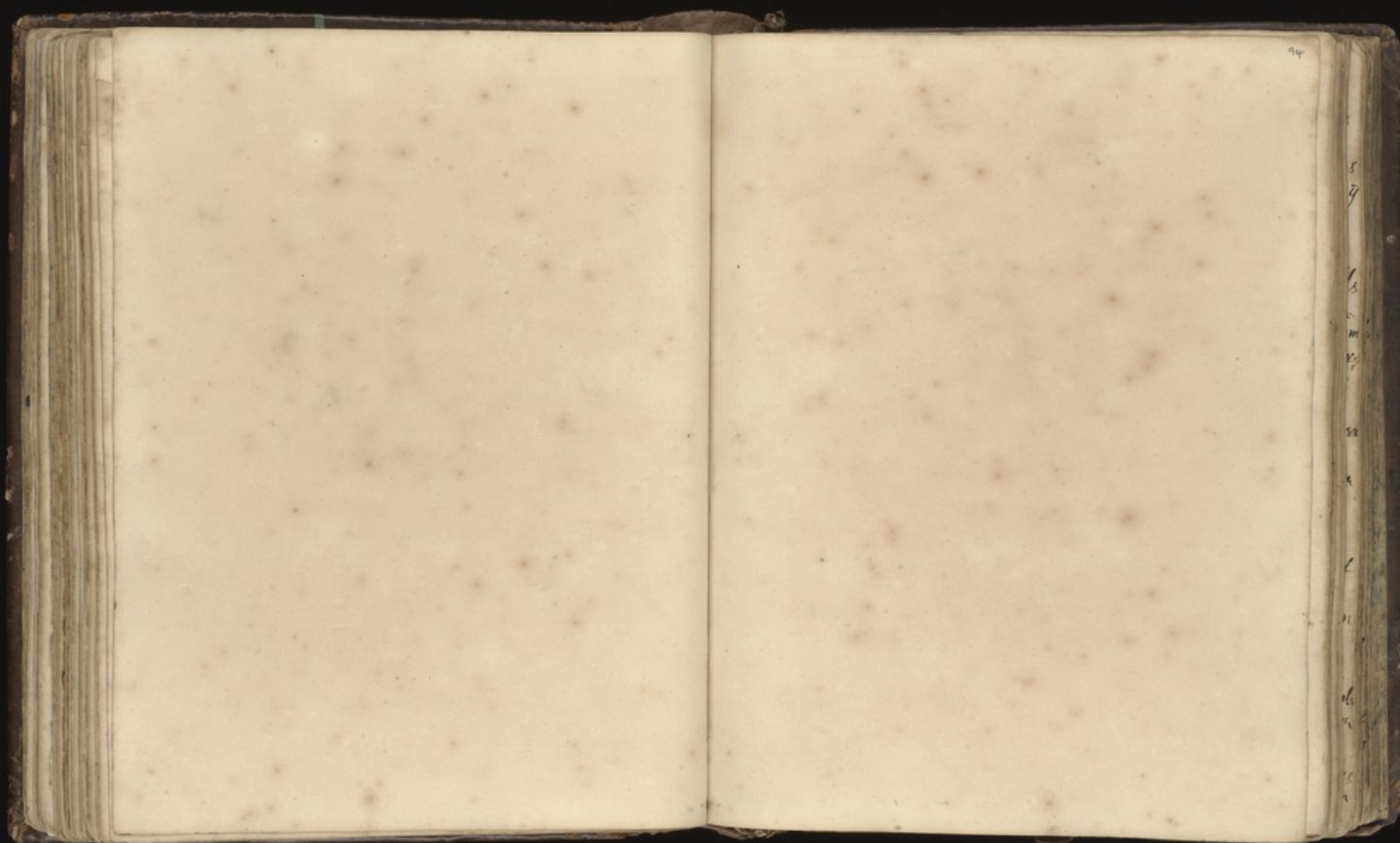
Kings Ewel or white swelling  
Take twice a day a spoonful of wheat Flower  
in Theriac for a month

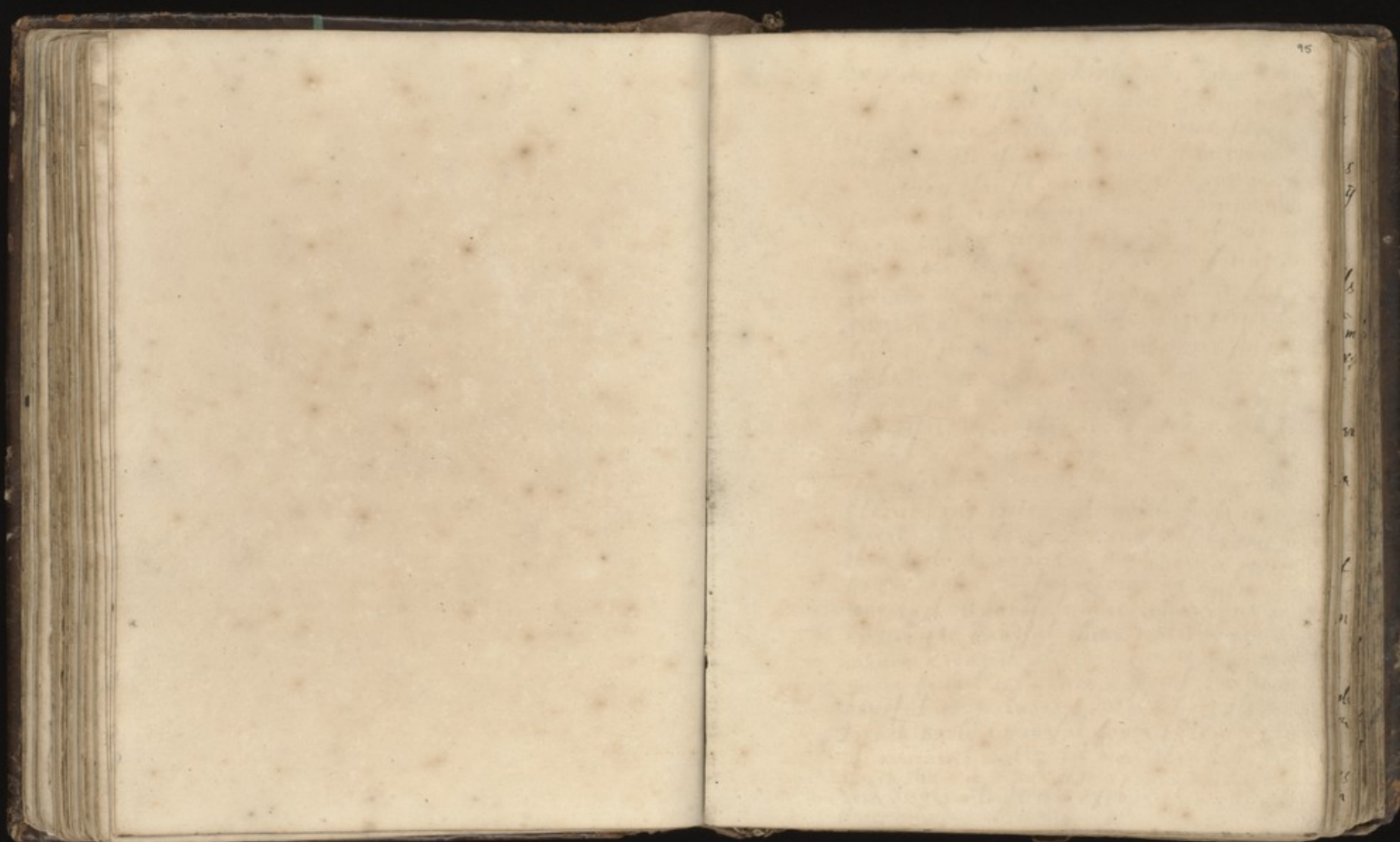
#### A Purging drink for the Kings Ewel

Two handfull of white Ackland Flowers an ounce  
of sweet Fennel seed half an ounce of lignum  
sh put them in a new white Pipkin & put to  
them 2 qrts of spring water then boyle this  
til they come to a get straine it & put in 2  
ounces of Melissarum or Honey of Roses put  
it in a bottle shake it stop it let the patient  
drink a sack Glass 3 times a day wash it with  
verineys made without salt if it be to sharp  
warm it with a Litt of fresh Butter  
this has cured many refraining milk & chere  
the Melissarum must be made with damask  
Roses











Dr Bates Licorish Cakes for the Lungs & cough  
 Half a pound of the fine powder of Licorish  
 serced Juyce of coltsfoot a wine pint Juyce of  
 Hyssop a gr of a pint Juyce of rosemary &  
 2 ounces clarify your Juyces & put in the  
 powder of Licorish with half a pound of loaf  
 suger candy serced half a pint of Rhamus  
 rose water boyle it til it be midifirent stiff  
 stirring it put into it a pound of very fine su-  
 gar serced & 6 grains of Ambregrise let it  
 boyle til it will roll between your fingers  
 make it into cakes rolling it with sugar  
 if you put your rosemary Flowers in to the  
 rose water after they are bruised it will doe  
 as well as to Juyce them

X An excellent Syrope for a Consumption  
 Elacampany rootes 2 handfulls boyle it in  
 water till it be tendre cutt it like smal Dice  
 then boyle it againe in hott water a gr of an  
 Hower take coltsfoot Liver wort Agimony Har-  
 row each 2 handfulls maidenhair one unsitt  
 hyssop 4 Handful china rootes sliced an  
 ounce Licorish sliced 2 ounces Annis seed &  
 sweet fennel seed each a spoonful raising a  
 handfull 13 Junibers 8 Dates 5 Figs sliced  
 French Barly a spoonful boyle these in 2 gals  
 of running water til more then halfe be con-  
 sumed strain it & put to it a pound & a halfe of ma-  
 dea suger almost to a syrope then put in the  
 elacampany & boyle it up

For a Cough of the Lungs (a Honey wood  
which has cured those that have died of the gene-  
ration after another)

Take Scabious strain it clearely in the  
fire when it is like claret wine make it  
into syrope as other Syces & infusions

X An opening syrope for a Cough C  
Larsly funnel & succory rootes marsh mallow  
& Holy Hock rootes made clean & the pith  
taken out each 2 ounces Aquimany gillony  
maidenhairs scabious Bonewort Lungwort  
Bacum Coltsfoot Hyssop Arins each 2i  
raisins stoned half a pound figs & liquish  
ana 4 ounces Anniseeds brused half an  
ounce boyle thes in a pottle of water til half  
be consumed make it into a syrope with  
sugre

For a Cough of the Lungs  
An egge yeaer rotted pour out some of  
the white & put in as much Flour of  
Brimston as will lye on a 3 pence a little  
rose water if it be not to fulsome eate it  
to yr Breakfast sometimes vsr white  
Amber instead of Brimston sometimes a spoon-  
ful of the wine calld Brown Bastard &  
the same of quinc distilled vsr this 30 days

X For a Hoosness H  
Comon pott Rhime a smal Handful boyle it in a  
qrt of milk put to it a bit of fresh Butter  
swarten it & let them drinke some 4 or 5 times a day to  
B 20

A Glyster for a losenis in a child

A Glyster of milk & red rose leaves a little smiths coat-se & some  
cornmentel rootes if it be the griping of the guts a little Tarr  
is safe

Extract of mault for the Lungs  
Two quarts of strong wort boyle it till it be as thick as honey  
take often of it upon a liquorish stick if the party be  
inclind to a dropsey boyle a clove of garlick in it

Dr Bates Juyce of Licorish for the Lungs & roughnes  
of the throte  
Coltsfoot water a quart Licorish beaten half a pound put  
them together let it stand 2 days stir it now & then  
strain it & put to it a pound of loafe sugre set it on the  
fire stir it constantly that it grow not to the skillet when it  
grows thick put into it an ounce & a half of the fine powder  
of serced Licorish & 4 ounces of fine sugre serced 10 grams  
of Amber grice in fine powder make it into roles with ser-  
ced sugre it will dry in any warme place

For the Bleeding of the Lungs  
The white of a new layd egge beaten to foath a little powder of  
white starch a qrt of a pint of Juyce of stinging nettles the  
same of Juyce of Plantaine as much old conserve of red  
rosses as will make it into Papp take a spoonful night &  
morning & oftner in extremity you may add to it the  
powder of the hairy Apple that grows on sweet Briar  
C X Dr Coxes advice for a man in a deep consumption spit blood  
& make found an inward tawness & burning in his breast  
griping in his stomach faint sweating his flesh wasted  
breath very short & a violent cough swelled in his Belly  
& the continuance some years

Lucatillas Balsame from the Bignes of a Bean to that  
of a putrefie twice a day if it purges & the party be  
weak you may mixe it with boyd conserve of Roses a  
Pizan drinke very rectrol as with Figgs raisins Lungwort



Coltsfoot maidenhair Alehoof yong nettles  
 but because most haue the scirvine yss to powe  
 these ptisan upon watercresses & a green fere hem  
 the here with is the best scirvine wher the lungs  
 are ill affected this must be used long & constant  
 ly make also a plain ptisan (the plain english  
 barley is best to cleane) a little liquonish with a  
 few Annis seeds let him drinke this for. Breer  
 take also a pint of the iuyce of Ale Hoof halfe  
 so much iuyce of Brookline a gr of an ounce of  
 the powder of red roses seuerd 10 ounces of  
 Brown sugar candy dissolve them together in  
 a Tankard in a skillett of boyleing water let  
 him take of this 3 spoonfulls 3 or 4 times a day  
 when he is apt to spitting blood such a syrop  
 made with the iuyce of yong nettles & Plantain  
 will be proper for purging it will suffice to give  
 from 12 to 20 grains of ruber with a little  
 conserve of red roses once in 4 or 7 nights  
 let his diet be sparing Barly gruel or water  
 gruel made with water or whey little flesh  
 & not so often eggs Baked Apples Turnips light  
 puddings & Flummery not made souer jssues  
 2 or 3 shaving the Head & laying on a plas  
 ter if he be not so fretical you may try the  
 linc drinke marse in a gr of it a handfull of  
 garden scirvine grass take a gr of a pint at a  
 time but instead of watercresses use Brookline  
 for watercresses have a more bitternesse & sharp  
 ness in it asses milk pulit upon Brookline &  
 scirvine grass is good also

For Legs that are swold & full of paine or coxe  
 Foment them with the decoction of Agrimony mallons & Brook  
 line water cresses & scirvine grass with a handfull or two of  
 Brann Dry Flannels in it winge them & lay them hot to  
 your legs winge them & lay them so doo several times

XC An Excellent Syrop for a Cough tho a consumption or  
 Hectick  
 A Bottle of strong Ale wort misse in it 12 horses liquonish  
 brased 3 ounces 4 dates coltsfoot 2 handfulls or halfe a  
 pint of the iuyce maidenhair a handfull woodsorrel  
 2 handfulls Borage & Buglos Flowers & Poppy each halfe  
 a handfull seeds of white poppy halfe an ounce of the  
 4 greater cold seeds each halfe an ounce boyle it with  
 a gentle & close fire halfe away then strain it & put  
 into it Diarrhos solomones an ounce  
 Diatrageacanthi Trigid one ounce & a gr boyle it  
 gently to a thick syrop take of it either in a licord  
 stick or in a spoon

Dr. Willis for an Ulcer in the Tongue  
 Rosemary chippes 2 ounces sage rosemary Hyssop coltsfoot  
 winter savory each an handfull liquonish 6 drams raisins  
 halfe a pound boyle this in a gallon of water til a 3d part  
 is boyle away take it off the fire & when tis cold put into  
 it of unsleight lime 1 pound coure it after two howers  
 straine it out & put it in bottles take 3 times a day half a  
 warm

For a whooping Cough  
 chine mosse boyled in milk but the very best thing is  
 chane of Ayer & garlic boyle in Hoggs greace any  
 the soles of the feet going to bed & keep warme



Dr willis An excellent mixture to strengthen the Lungs  
syrops of Iulius 2 ounces of maidenhair half an  
ounce snayl water an ounce of virginum half an  
ounce shake these together give a spoonful night  
& morning

For Pleurisy Shropshire wch Dr willis  
prescribed him for an Ulcer in his Lungs by bleeding  
in a Consumption

Takes Hartstongue Coltsfoot Agimony Bittony  
speedwell mouse ear mullen each a handful  
sanders of all sorts each a dram & a half rasins  
a qte of a pound Licorish half an ounce sweet  
Fennel seeds 2 spoonfuls boyle this in 2 qts of  
water til a 3d part is wasted strain it &  
when it is cold put it in bottles drink morning  
at 3 in the afternoon & put 7 at night each  
time half a pint tis better if he take no other  
drink he may drink it cold with his meat every  
night a spoonful of syrops of sulphur let  
his diet be good poudo Flummary & such  
light food & milk if it agree twice a day hot  
from the cow

A water to strengthen the Lungs  
clary 6 handfuls cyprus 4 handf Bittony sage  
Rasimary each 2 handfuls each 2 handfuls  
chop all put in to them 6 pints of milk one quart  
of malaga or canary stil it in a common stil  
mixe strong & small take 6 spoonfuls night &  
morning also syrops of the Juice of gilgobyground  
night & morning a spoonful for a fortnight

(4)

A Syrops For a Consumption or Cough of the Lungs  
Maidenhair a handful Coltsfoot Hartstong Liverwort spleenwort  
Lungwort sarrack each a handful & a half as much elecam  
pany root sliced a stick of Licorish a spoonful of Anniseeds  
of many gold Fl cowslips & Borage & tannis stoned each a handf  
12 figgs sliced lay all this all night in a gallon of water in  
a pipkin close covered in the morning set it on a soft fire  
let it boyle very softly till half is consumed it will be at  
least 6 hours doing it must be close covered then strain it  
let it settle 4 hours then pour of the clearest put to it  
half a pint of the Juice of Turnips baked in an oven & the  
same of Hyssop water & as much sugar as will boyle this  
to a syrops then take first & last a spoonfull of it

To strengthen the Lungs Dr willis  
A quart of milk a handful of gilgobyground boyle them  
put it in a Tankard over which put a Tunnell & receive  
the fume by the small end into your mouth for half an  
hour every morning

For a Cough of the Lungs  
An ounce of the Powder of Elecampany 3 ounces of Honey a  
qte of an ounce of Powder of sulphur make this into an  
electuary whereof take night & morning as much as an  
attuning you may increase your quantity

Mr Bellings emulsion for Ulcerated Lungs  
20 snayls a handful of maidenhair as much Daisy root  
& leaves boyle this in 2 quarts of Barley water to 3 pints  
& with white poppy & cucumber seeds each a qte of an  
ounce 10 Almonds blancht as much double refined sugar as  
will sweeten it make it to an Almond milk with the Almonds  
& seeds take it twice a day



For the Lungs Dr. wilman.  
Gilgoby ground 3 handfull maalt ground a pint & half  
rasins stoned a qtr pound a little Licorish distil this in  
a gallon of milk & qtr of old maligo sometimes Lamps  
bloud is added to this water distil it in a common  
still & take a qtr of a pint morning & at 4 in the  
afternoon

For Sore Leggs that have Holes & Stink  
Smiths water put to it new cowdung dona in the House  
boyle them together bath your Leggs as hot as you can  
suffre it

This way Dr. Willis taught Dr. Treavor to make make  
Powder of sulphur for the syrops for Coughs  
Brimstone in the hole 2 ounces powder it put in a  
crucible melt it put to it half an ounce of salt of  
Tartre let them both melt well always stirring them then  
take it off cole it & powder it againe.  
take two ounces of this powder put it in a qtr of sack  
into a pottle glasse put clay at the Bottom of a Kettle &  
set the glasse into it fill it with water set in the glasse  
let it mure in the water scalding water 24 hours  
then let it run throu a cotton Jelly Bag to a quart  
of this sack take 2 pound of loaf suger wett in sack  
boyle it to a candy then put in the sack wch has  
been infused the Powder stir them well but let it not  
boyle when tis cold scum it bottle it let it lye a  
month being unstopt to take away the smell  
that which remains in the Bag boyled in water is  
good for the scratches washing these Heels therewith  
twice a day give of the syrops first half a spoonful  
after one spoonful night & morning

For Spitting Blood  
Juyce of plantain & of stringing hickley made up in pills with powder  
of excochleyd eyes mte pills give night & morning

For the Lungs an excellent Balsamick syrops  
by Dr. Lowre m. 5:15

& the water I took after it a qtr of a pint only  
night & morning & in winter to be taken in stead of  
snayl water  
Dried mint 2 handfull milk a gallon & nutmeggs  
a pint of whites of eggs beaten to froth distil these  
in a common still & 2 handfull of Gilgoby ground

my Lady Swapricks Juyce of Liguorish  
One pound of Liguorish not too green nor too dry scrape  
it clean cut off all blacknes or rottennes slice it  
bruse it flat in a morter take a pint & a half  
of coltsfoot water a quart of Hysope water  
of Rosemary water put these waters into a gally pot  
with the Liguorish infuse them a day & a night then  
put them in a skillett boyle them on a clean cole  
fire til it be as thick as cream let it be stirred  
then straine it in a canvas strainer as hot as you  
can into a Bason let it boyle 10 or 12 hours on  
a cherecole fire sometimes stirring boyle it til it be  
thick enough to rols then must be a pint of Hops  
hound water the same of melancholy water wch I  
forget in the place take finer suger & Amörgrice  
ground together & make it up together with it  
keep it in a dry place

X For spitting Blood B  
Froggs spawn distilled keep the water  
mingled that & red Rose water & plan-  
tain water & Juice of nettles give  
3 times a day a qtz of a pint you  
may sweeten it with old conserve  
of Roses & strain it it will ease the

G X For a Cough & Flegme & a Rannelsagh  
A peice of enula Campany root boyle it  
tender in several water then pulp it throw  
a sieve & put to it as much of the papp of  
an Apple as it is & sweeten it with white  
sugre candy & take as much as a walnutt  
3 times a day morning afternoon & night the  
Aple must be rosted

For a Cough of the Lunges Mrs Archer  
give this pow A pound of the best powder of sulphur  
mix it with as much Lintseed oyl new  
drawn as will make it into a paste then  
put that into a new pipkin as big as  
will hold 4 gallons set it on a very smal  
fire least it run over stirring it conti-  
nually least it run over when it is  
dry it will be black make it into pow-  
der & give as much as will lye on a  
shilling every morning she saith it has  
cured some that have spit up their lungs  
& appeared could not live 3 days

CX Mrs Turners Rare Balsam for a Consumption which  
great cures have been done

A pound & a half of the best Bees wax sliced very  
thinn one pound of Venice Turpentine half a pint  
of Plantine water & half a pint of Damask Rose  
water put your Turpentine into a Bason Beat it &  
put in your water by little & little to it til the  
Turpentine has drunk up all the water; then take  
5 pints of the best salad oyl & 3 pints of spring  
water put these two into a pipkin that has a Holl in  
the Bottom & a cork to stop it & a long string to the cork  
let it simmer half a qtz of an houre but let it not  
boyle; put the Bees wax into another skillett by it  
self & melt it keeping it stirring til it is melted  
then take it off & put in your Venice Turpentine  
stirring them til it be melted then take off your  
pipkin & hold it over a Bason & pull out your cork  
& let the water run out & watch when you see the  
oyle come then hold it over the skillett & let the rest  
run then then put it all together over the fire & let  
it melt & incorporate together stirring it all the while  
then take it off & powre it into Basons & let it stand  
til the next day or til it be cold then take it out  
& all the water will be in the Bottom take the settling  
off from the Bottom with a knife scraping it then put  
it in the skillett again & stir it til it is almost cold  
& put then into it an ounce of natural Balsam &  
two ounces of Balm of Gilead beating & mixing them  
very well it must not stand in the skillett



because it will turn it green you must work it with  
a spoon it must be taken the quantity of a nutmeg  
a little before going to bed & about a gr of an hour  
after drink a draught of warm Ale or Beer it drink  
other wise it will be apt to lie on your stomach  
but if the party be weak & apt to sweat it best to  
take it in the morning because it provokes sweat  
& it will purge a little take it 4 or 5 times together  
& take taking it 4 or 5 days then take it as many  
days a gain but if the person be strong it best to take  
it night & morning especially if it be for an inward flux  
or bleeding in the Lungs & Kidneys Impostumes  
or itching humors & other such

For a Cough of the Lungs most Approved  
Consist of Red Roses 2 ounces powder of Sulphur  
an ounce Venice Treacle half an ounce Symp  
of violets as much as will make it into an  
electuary work all this well together with a  
pottle in a marble mortar & give every  
night as much as a nutmeg going to bed

For the Cough or Asthma P A  
3 spoonfuls of the Juice of Hartshorn leaves  
the leaves of the plant & 3 of whitewine fasting  
for several mornings at least 6

17:

For Wheezing of the Lungs & shortness of  
Breath or Raddif

Take of Balsam salve 2 ounces Coltsfoot  
Flower water 12 ounces digested in a glass  
vessel well luted for 2 Hours then strain  
it & make it into a Symp with a double  
quantity of double refined sugar & take 2  
spoonfuls of it night & morning & afternoon  
fasting some time before & after this Balsam  
salve is Balsam of Tolu as his own Apothg  
cary acknowledges

For an Asthma or Needham A  
Zedoary half an ounce Flower of Sulphur  
2 drams & a half Gum Armoniac a dram &  
a half saffron half a dram boyle this in 3  
pints of water sweetned with honey to a quart  
drink an ounce cold 3 times a day

For Shortness of Breath.

B

X  
R A quart of white wine Vinegar, 2 pound of Brown  
Sugar Candy, an ounce of Liquorish stick scrap'd and  
sliced, a Sprig of Mint, and another of Bawn, a top  
of Rosemary, Symmer all these till it come to a  
Syrrop, then squeeze in the Juice of a good Limon  
and just Symmer it again and keep it for use.  
Take 2 spoonfull at night and 2 in y<sup>e</sup> morning.  
Boyl it in a new pynkin with a cover, and stir  
it with a stick of Liquorish.

For Shortness of Breath.  
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Sugar Candy, an ounce of Liquorish stick scrap'd and  
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it with a stick of Liquorish.

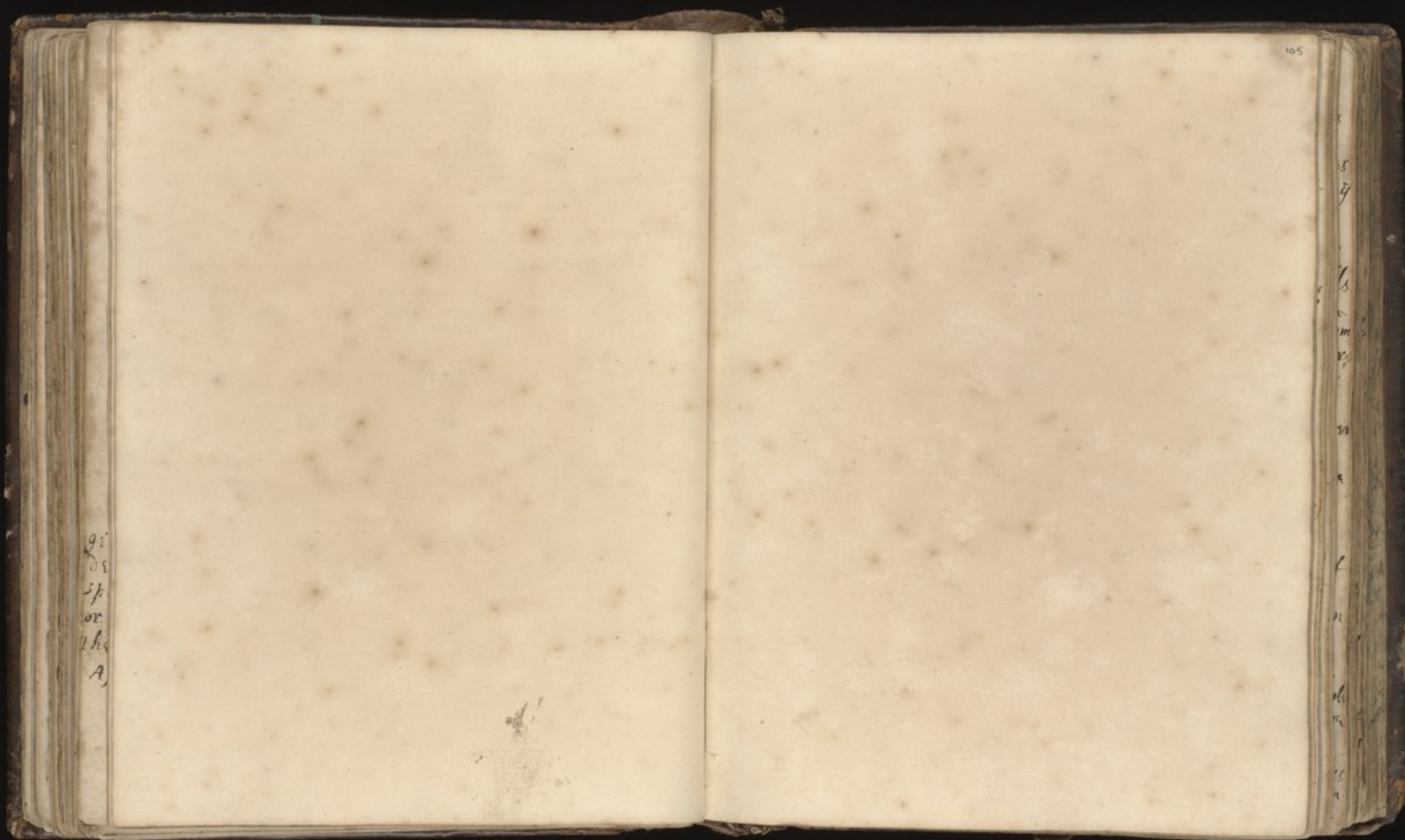
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For Shortness of Breath.

Take of white wine vinegar 2 pound of Arca-  
nical Candy as much of Sassafras and Acap and  
Rash a Sprig of Mint and another of Broom a lb  
of Aspidary Symplics all these be made into a  
Syrup then distill in the Juice of a good Lemmon  
and put upon it again and keep it for use  
Take 2 spoonfull at night and 2 in the morning  
Boyl it in a new Dishkin with a cover, and stir  
it with a stick of Aspidary.

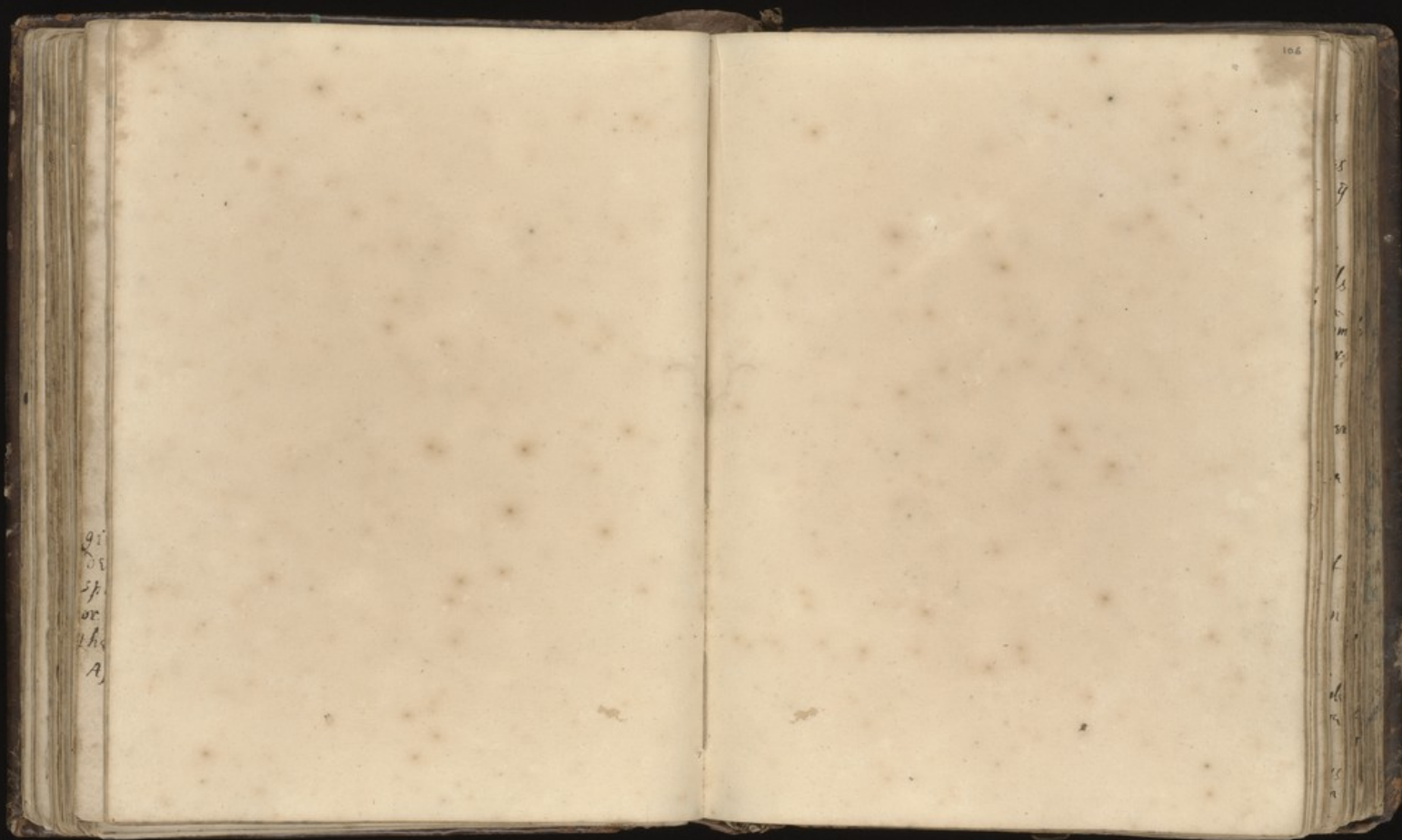
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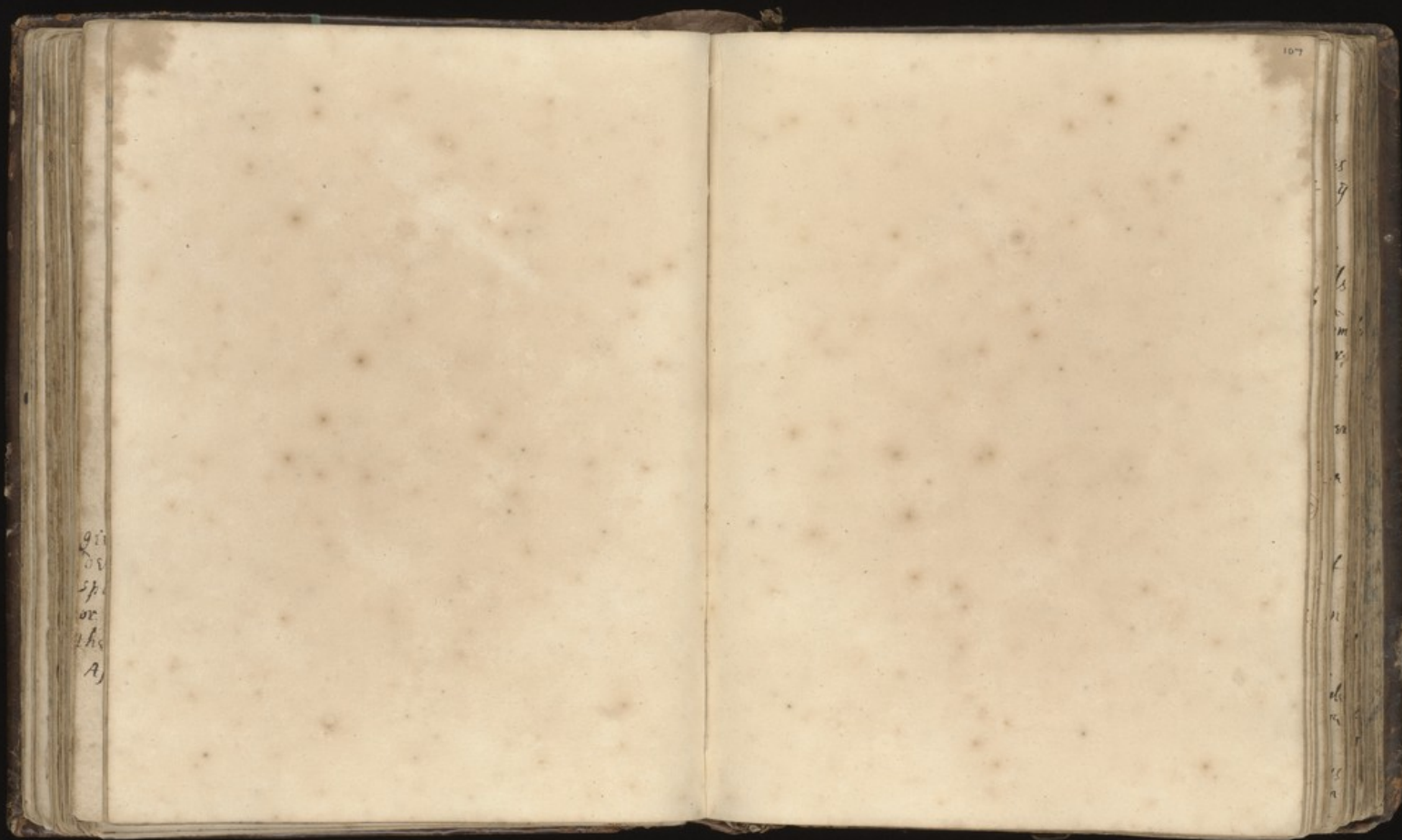




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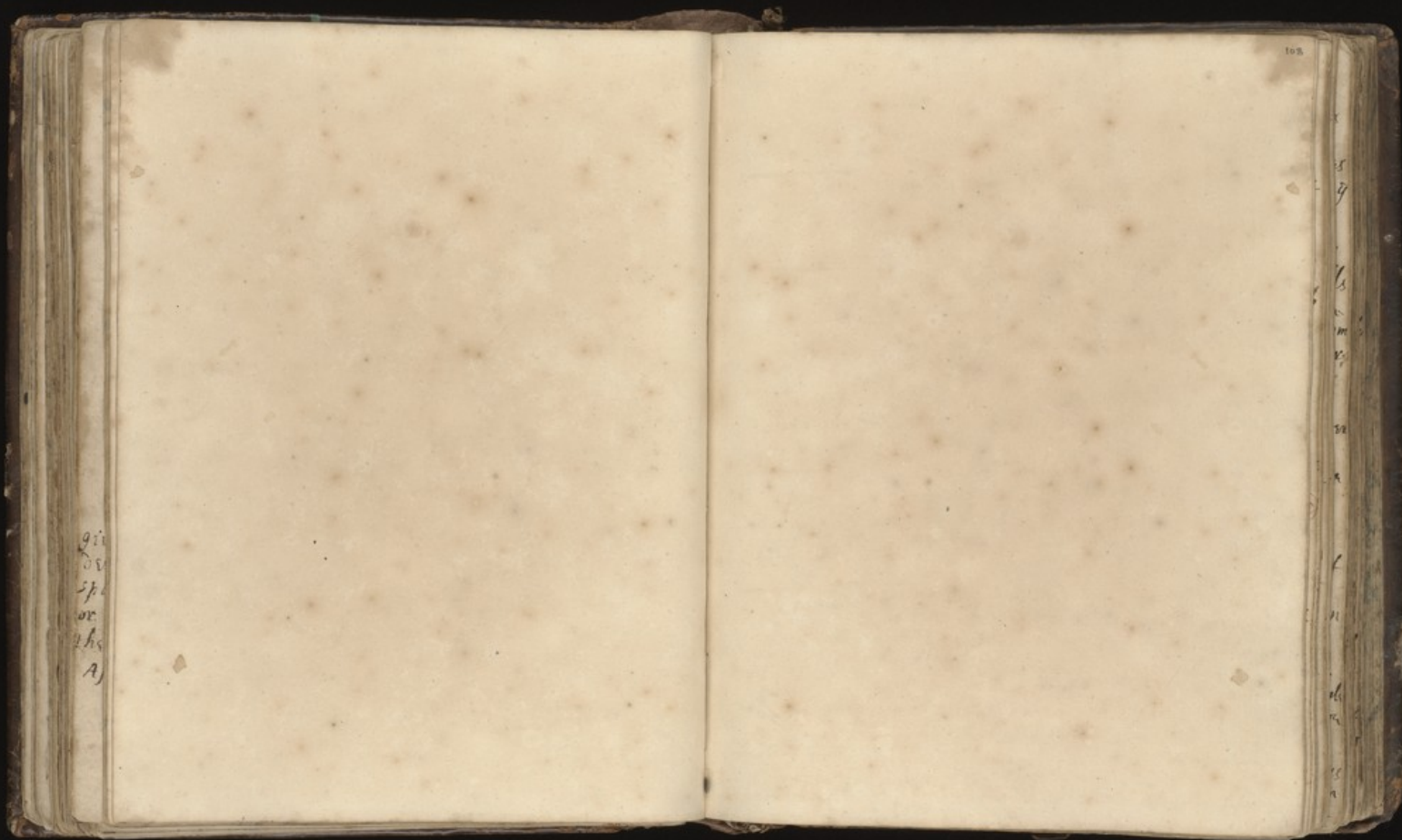
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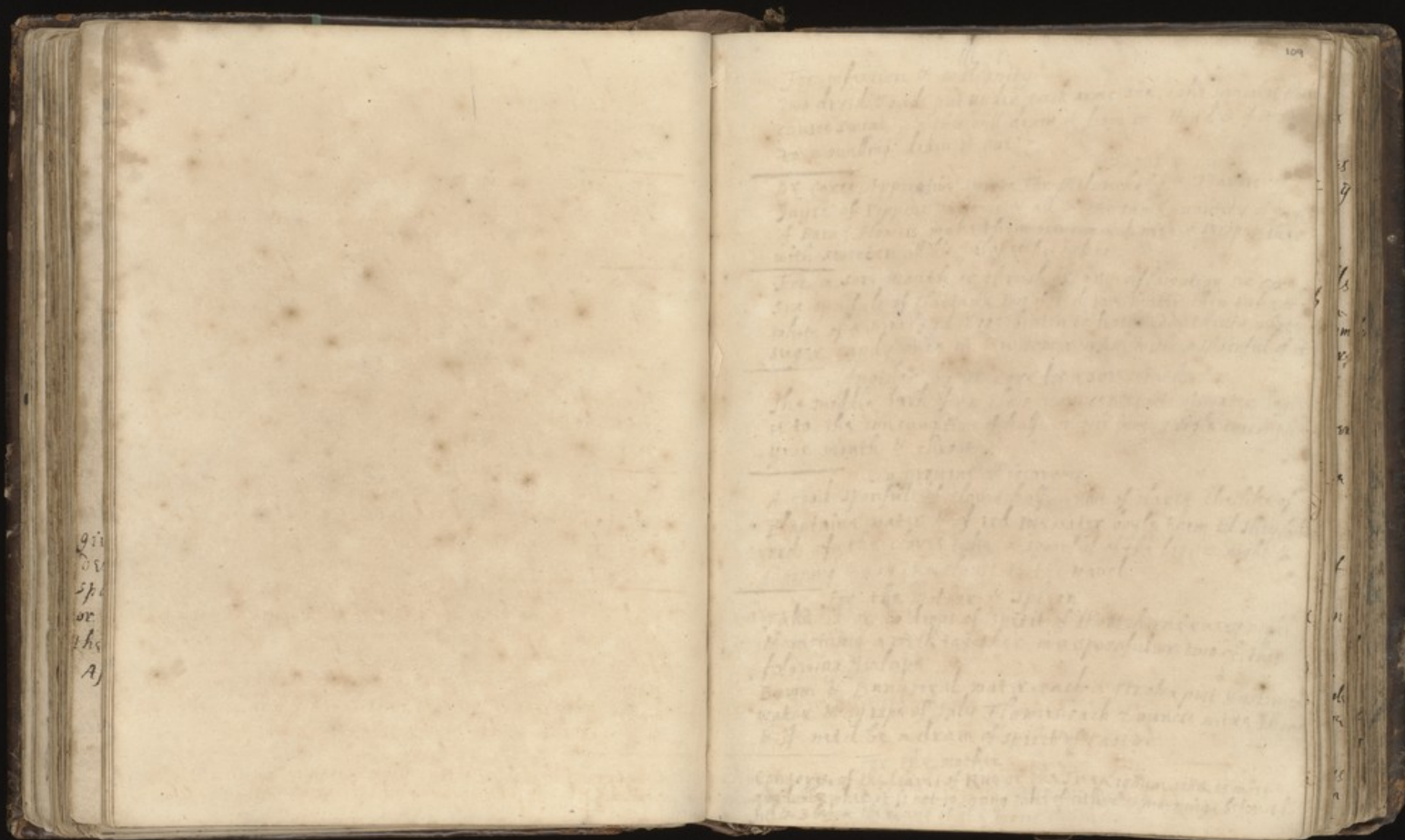




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M. i.

For infection & malignity  
Two dryed Toads put under each arme one, take som what that  
causes sweat & this will draw it from the Head & if it comes  
to a swelling draw it out

Dr coxes Appetitive syrop For Melancholly & Feavers  
Juyce of Pippins parings & all & the same quantity of juyce  
of Borag Flowers make them being mixed into a syrop & there  
with sweeten all his Julapies he takes

For a sore mouth or thrush or any inflammation Dr cox  
Six spoonfulls of Plantain water of red rose water then take the  
whites of a new layd egge beaten to froth adds thereto white  
suger candy once in an Houre wash with a spoonfull of it

Another by Dr coxe for a sore mouth  
The middle bark of an Elme 2 ounces 3 parts of water boyle  
it to the consumption of half or one pint gargle therewith  
your mouth & throat

To prevent Miscaryng  
A good spoonfulls of clovis half a pint of claret the like of  
Plantain water & of red rose water boyle them til they look  
red of the clovis take a spoonfull of the liquor night &  
morning & lay the clovis to the navel

For the Mother & Spleen  
Take 15 or 20 drops of spirit of Hartshorns every night  
& morning a week together in a spoonfull or two of this  
following Julape  
Bawm & Penny royal water each a qtr of a pint Hysterial  
water & syrops of July Flowers each 2 ounces mixe them  
& if need be a dram of spirit of castor

For the mother  
Conserve of the leaves of Rue or the Tree Ligum vitis is most  
available when it is not so strong take of either 9 mornings before the  
full & 3 before the change of the moon

A medicine for Madnesse if taken in time  
Split a Tench at the back from head to Tayle  
lay it flat with all the miterals in it spread it all  
ouer with Romon Mithridate lay it on to the  
Nape of the neck as hott as can be endured the  
Head to one eare & the Tayle to the other so as  
the Guts may lye in the nape of the neck bind it  
close change it <sup>night & morning</sup> ~~night & morning~~ 4 days

For a Thrush in a Childs mouth in the month  
Turmeric & Honey mixe them well & put some often  
in the mouth Butire & suger mixed is good to put  
in a Childs mouth that sleeps much to put a little in the  
mouth when it went to sleep keeps the mouth moyste &  
preuents a sore mouth

For the Mother Falming down  
The smel of Garden Tansy will sometime draw it up

For Fits of the Mother

An ounce of Biony rootes single or double a  
gill of an ounce of mace halfe an ounce of nut  
meg 2 penny worth of saffron halfe an ounce  
of coriander seeds 2 ounces of syrope of colts  
foot one ounce of Treacle beat the powders  
as fine as ~~the~~ flower temper them like an  
electuary take as much as a nutmeg  
night & morning

For the mother

The dried powder of dried Biony root as said  
lye on a pence 4 mornings in a glasse of white wine

For a sore Mouth of a Child in the Month  
Plantaine water a few drops of vitriol a little Honey  
of Roses

Another

Suger of Black Berries & suger dip your finger  
in it & rub the month all ouer with it when  
it goes to sleep

For Fits of the Mother de Coladen

Take a piece of camphire as big as a mans thumb  
light it in the candle being stuck upon a Bodkin  
then quench it in about halfe a pint or more of  
faire spring water doe this about 12 times &  
let the party drinke the water & keep the cam  
phire for another time

For Melancholly & madnes

Take ground Juir or Ale Hoof 3 great hand  
fuls & boyle it in a pottle of white wine  
of the purest sort til two parts are con  
sumed Straine it then boyle it with boun  
ce of the best salade oyle til they grow to  
an oymment cut offe the Haire of the head  
from the crown down to the brows a hand  
breadth anoynt the mold of the head on the  
scalp with this oymment being warme  
rubbing & chafing it very well in warme  
more fresh ground Juir & bounce them & apply  
them in plaster wise tying it very hard on  
repeat this euen other day



for 10 or 12 times for the space of 24  
dayes & for the first 8 or 10 days give  
fasting 3 spoonfuls of the Juyce of ground  
Iris mixt with 6 spoonfuls of Beer  
this cured 80 persons in 5 weeks time

For vapors even to madness +  
As much of the powder of the leaves  
of shag Holly in any liquor fasting  
for 3 months as will lye on a  
shilling

For a Thrush in the Mouth or throat  
A spoonful of wheat Flower as much mus-  
tard seed as will lye on a brinner when it  
is made into fine Powder the like quantity  
of Chalk beaten & the yolk of an Egge &  
a spoonful of Honey mingle them all well  
put a little often into the child's mouth  
rubbing it about with yr finger

For the Biting of a madd dog  
An Herb called Staff of the Earth or Bucks  
Horns Plantain or Harts Horns Plantain 3  
Plants roots & leaves the first morning fasting  
1 hour & the next morning & y<sup>e</sup> third  
morning, Chard it small & mix it with fresh  
Butter to Beards to men or women with sugar  
or how you please

For Melancholy the Medicine wh<sup>ch</sup>  
cured my Lady Bernard

Take of the Juyce of the Herb Mercury 8  
pound Juyce of Borage & Buglos each 2  
pound you must beat the Herbs three times  
over & squeeze them in an Almon Press the last  
straining is the best. Clarified Honey 12 pound  
boyle them a little then let them Runn thurough  
a Flannel Bag  
you must have 48 hours in a close pot or Tan-  
kerd 3 pints of whitewine 6 ounces of Orace  
Roots beaten 2 ounces of Gentian Roots sliced  
thinn straine this thurough the same Bag with-  
out pressing put the whitewine so strained  
into the Honey & Juyces boyle them to a syrop  
take a spoonful or two in Ale or any liquor  
& the same in the Afternoon if the person can  
bear it the first must be taken fasting this  
must be done at least 2 months

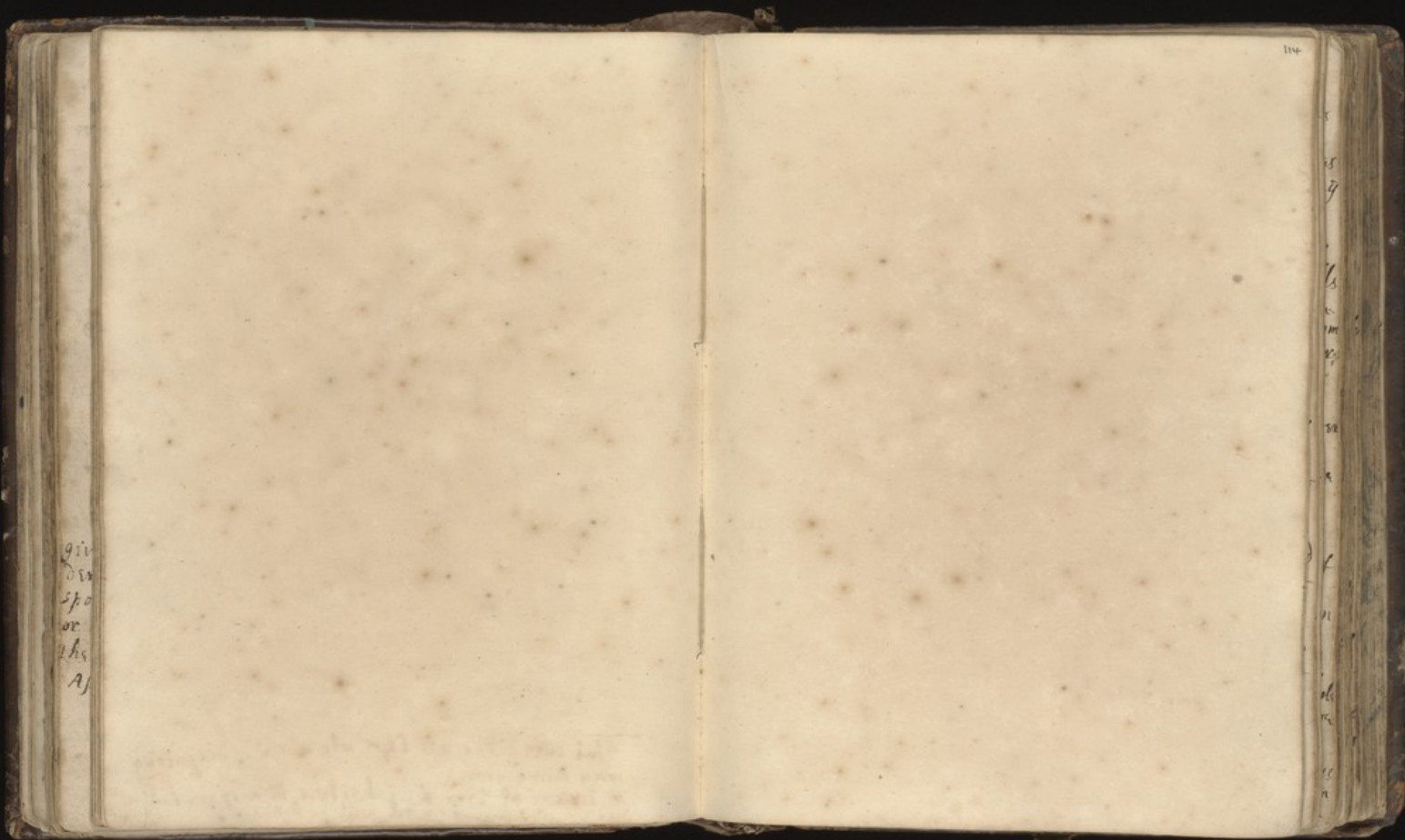
my Cosin Lane for a Throat canker in the  
mouth or clewhe

A little Honey made thinn with the Juyce of  
Esclondine dry a little saffron & crumble it into it  
with yr finger put some of it very oft into it without  
any rubbing this soon it will cure in a few days

This cured one Mrs Cope who was in a despairing  
way many yeares  
A dram of fine Quicksilver in a spoonful of  
sack every morning & will cure it

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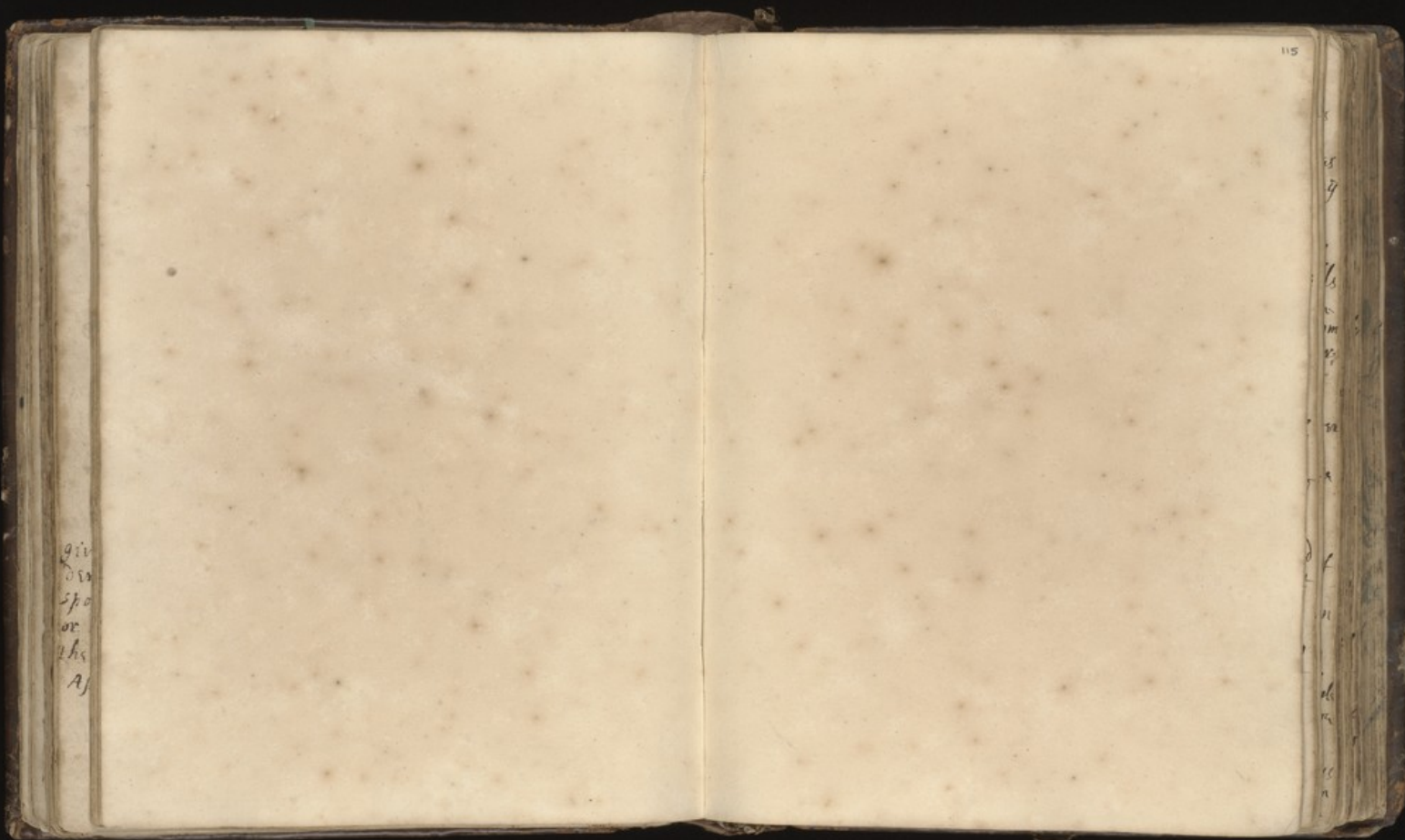
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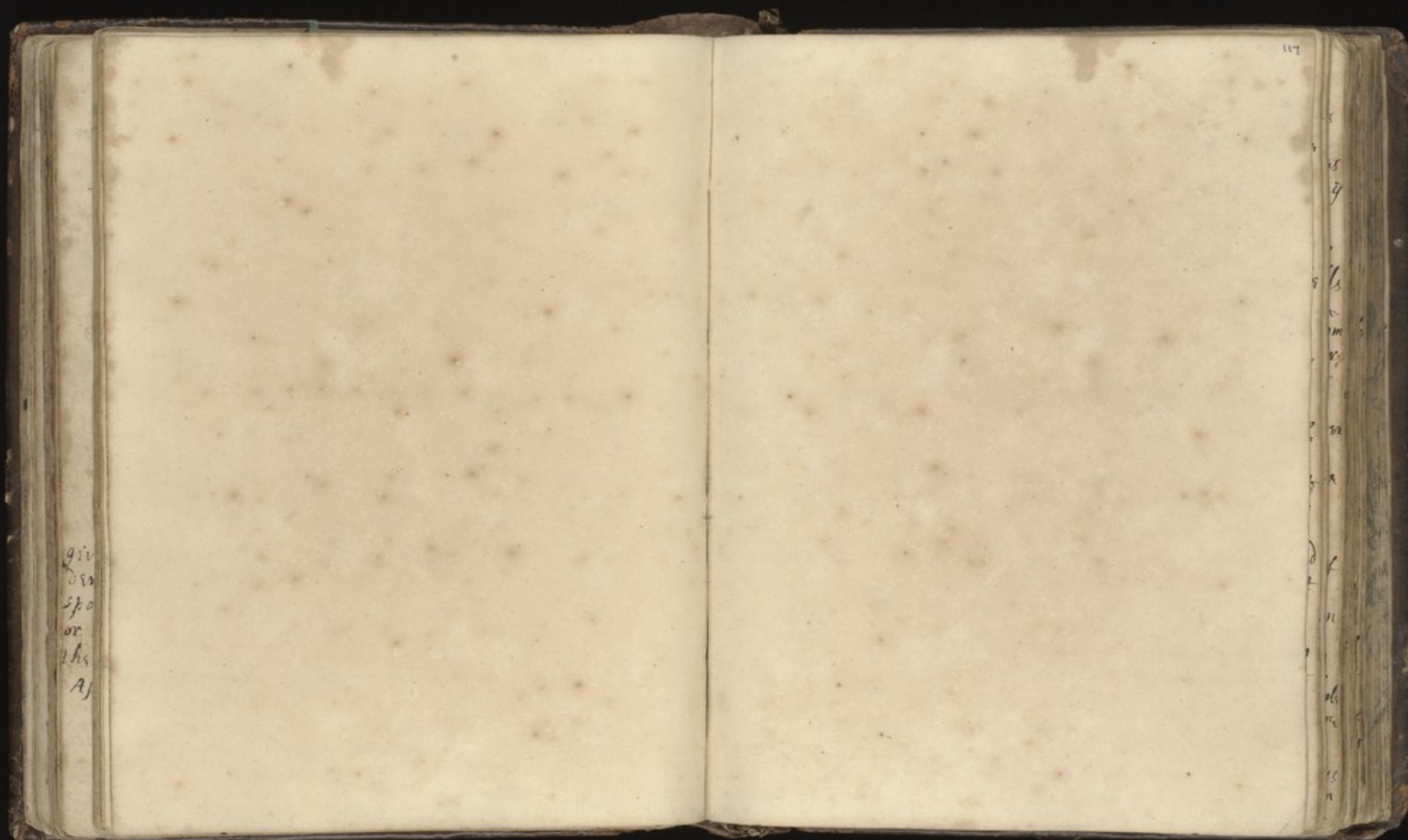
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To skin a Sore Nipple

A sweet Almon blancht heat a pair of Tongs hott squers  
it let it fall into a garwee annoynt the nipple therewith  
the gum of a cherry Tree steeped in white rose water of wch the  
child has done sucking annoynt the nipple with it

For choppes in A nipple when a child sucks  
The shinne bones of an oxe wherein the marrow lyes keep  
them & when you use them set them on the fire with the  
open side upward when they bume turne them about &  
let the marrow drop into something wherewith annoynt the  
cliffs & lay on a cabbage leaf

For a Numness in the Tongue  
make mustard with Juyc of sage & mixe it with strong  
Beer garganise therewith

For the Pricking with an Needle in the Joynt  
Finis Flower of wheat tempered with white wine boyl  
it together til it be thick lay it on the sore as hot  
as you can suffer it it will open the hole & draw out  
the venom & heal it up againe you may make it with Ale

For a sore nipple to cure or prevent it  
The first water a woman makes after she is delivered  
wash the nipple after the child has suckt & to annoynt  
the nipple with Tare while a woman is with child  
will harden the nipple & keep them from being sore  
After a nipple is very sore the farr that will grow  
by stals vnn standing in an earthen chamber pot  
annoynt the nipples therewith

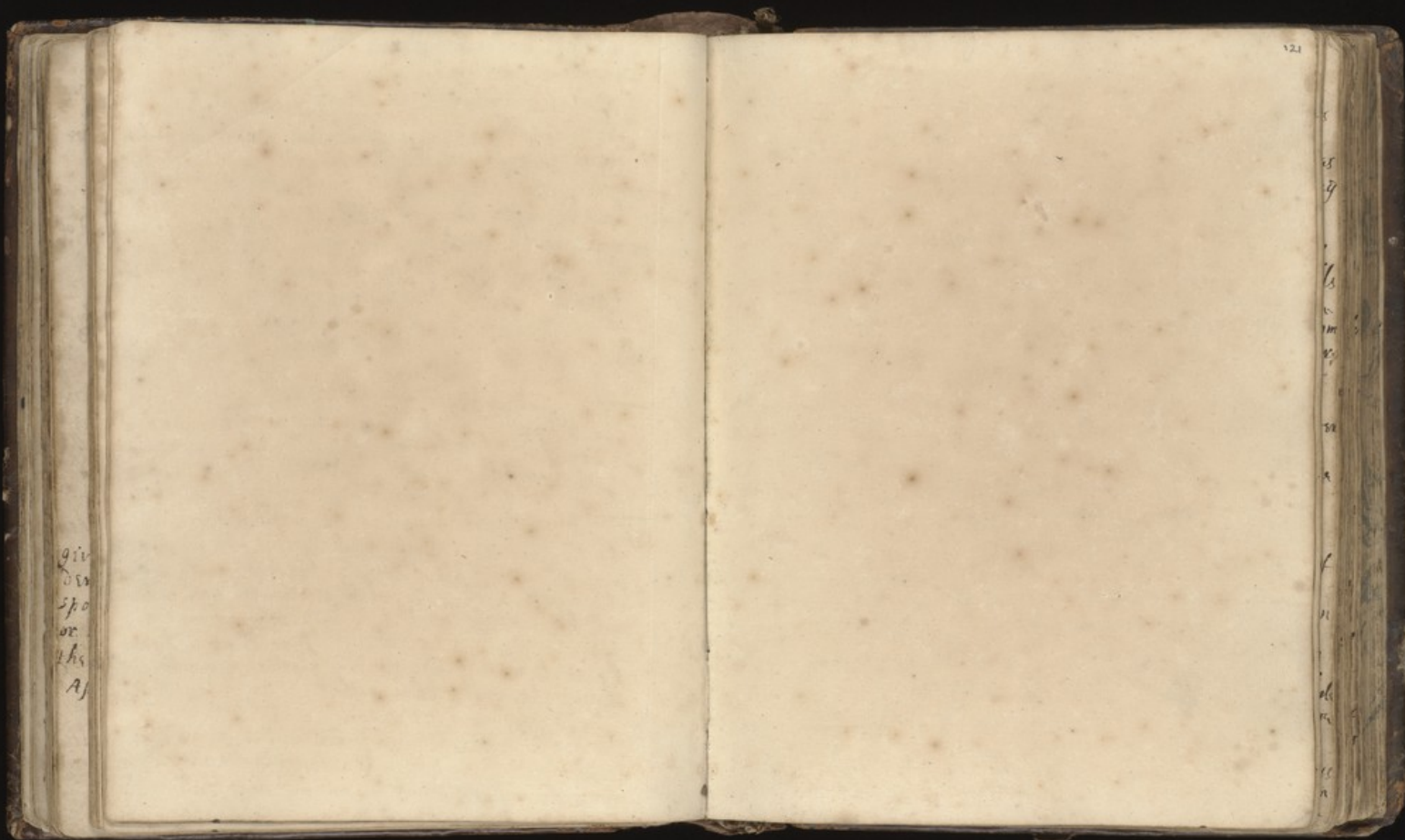
A sore nipple Mrs Bilton  
Borax beat & steep it in Plantaine water wth a violet  
leaf in it & therewith lay as a plaster to the nipple  
after the child has suckt renew it every time



Mr Boyles excellent remedy  
For bleeding at the nose or any  
other or Flouding in women

Take white Poppy seed & Henbane seed  
one dram of each powdered grossly mix  
them very well with 2 ounces of conserve  
of Red Roses & take as much as a smal  
nut from time to time as occasion requires  
be sure to take not more for it raises  
vapors much

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Oyl of Exeter or my Lord Dinnys oyl of mint  
 For spranes Ache Gout sciatica Bruse &c  
 May Baire unsalted clarified in the sun 1 pound  
 Baire grease 4 pound rosin a pound Turpentine a  
 pound Frankensin half a pound salt oyl a quart  
 add these herbs following each a good handful Earsly  
 mullein Flowers smalaga Lovage Zauand re cotton  
 soresl Laurel Lungwort rosmary red sage Bawm  
 rue Comfrey marie tom birch melilot Tobacco leaves  
 st Johns wort Flowers 2 ounces of yred grease  
 make the oyl & gums then chop ye herbs let them  
 boyle half a quart of an Houre then take it off &  
 put in the Turpentine by little & little stirring it til  
 it leave Boiling then put it in a large Bottle or  
 pot stop it close set it in a dunghil of Horse dung  
 21 days then take it out set it in a Kettle of boiling  
 water a little then straine it out & put in it  
 oyl of spike a pound in winter warme it  
 it is good for palyse & cramps &c. to put in Soliers  
 to aswage any cold swelling for spranes let it be well  
 rubbd in against the fire & weaped warme

For a cutt sinne in Horse or man  
 mullein & st Johns wort Flowers each alike quantity  
 sun them in oyl as roses dress the leaues with  
 but wipe it not

Oyl of Toads  
 six Toads Alive put into a pint of oyl in a new  
 pipkin cover it set them on embus til they be dead  
 good for kings euell & a canere to keep it from mear  
 eing purg sometimes gently with the vshing it

Oyl of Aliblastre

New & tender Bramble leaves each a handful  
stamp them as small as you can apnd & a half  
of Powder of Aliblastre powder of Fenell  
seeds half an ounce oyl of roses apnd mixe  
thes together put them in a new earthen  
pott never used with a quart of whit wine cam  
omile Flowers dried 4 ounces bees wax i  
ounce boyle it on a soft fire til the wine be  
consumed til it frys then put in the whites  
of 6 eggs stir them til they seem incorpo  
rated strain it thurw a linnen clothe in a gally  
pott

vertues

It will both close & Heal a wound for  
the Tooth Ach anoynt the cheek it easeth  
also for any paine in the matrix rat it as  
an electuary for the megrim anoynting the  
Temples & brows therewith

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The most Vertuous Oyl of Balm  
of Turpentine a pound put it into a body of glass  
warmed it over a soft fire til it grow liquid put ther  
in by little & little with stirring thes powders Frankincense  
3: v: Lignum Aloes masticke clovis cinomon mace  
galmigal Quibobs ana 3: i: all mixed together with  
the gum of a Figg tree 3: 6: when this are well in  
corporated set on the Head of the still lute it will  
set it in a box putting undyr it a gentle fire let the  
first drops fall for they are like worth the first will  
be a cleere water wch keep by it self the second  
will be bitter & of an agreeable color the 3d will be  
thick as Hony wch keep by it self for it is the best  
the first is called water of Balm the 2d oyle of  
Balm the 3d mother of Balm

vertues of it

washing the Face therewith it cures rashes cleares the  
sight comforts the sinues washing the hinder part of the  
Head & neck comforts the memory bringeth an Appetite  
comforts the stomach cures a stinking breath coming of the  
stomach or braine 4 or 5 drops drunk in a little wine once  
in a day also the biting of any venomous beast dyes up  
Tetter or scabbs 2 drops of this and as much German dr  
water droped in the rankish noyes in them doe it 4  
times a day & bindes it as long as you can also for drap  
nes watry eyes impotumes vlcers or any other superfluy  
makes the teeth white if the rootes be washed therewith  
cures all wounds in the Head tho the Brain pan be broke  
washad 2 a day the Kings ruel or any catmy sore the piles or fun  
dament that hath forth Balie or weaknes in the members all  
swellings coming of cold a cloth dyt in it & applyd



Oyl of St Johns wort  
Eight wine pints of old oyle olive 2 pints of the  
best white wine 8 handfulls of the Flowers of St  
Johns wort pickt from the green & brused in an  
Ablaster morter put the Flo oyle & wine into  
a glass stopd very close set it in the sun 2 days  
then boyle it in a pot of fair water & stuff it  
about with Hay that the glass stie not when it  
has boyled half an houre strain it & put in the  
same quantity of Flo as before this must be done  
3 times setting it in the sun before every boyling  
the 3d time strain it very hard measure it &  
put to every wine pint 12 ounces of Venice  
Turpentine the clearest & whitest bouners  
of oyle of Almonds dictamo gentium Turmeric  
calamo Asmart coriua Cordosanto each 4  
drams red earth wormes 4 ounces of iron  
washed in white wine slit on a bodkin beat  
all but the wormes put them all into the oyle  
addmg to every pint 3 penyworth of english  
saffron whole 2 good handfulls of the fresh Flo  
of St Johns wort set this in the sun 40  
days the other it is the better  
It is hot & dry cures all wounds in a short  
time shrunk sinews pain of the heart a burn  
sinus shrunk pain in the bladder or lower  
parts of the body provokes vain wormes in children  
palsys drafnes being dropt into the ears

0:3:  
Lady St John Stomach Oynment  
A quart of the best oyle or oyle of roses put to it wild  
thyme red mints wormwood Hyssop Baum each a handfull  
red rose leaves 2 handfulls ginger half an ounce mace  
1 ounce bay berries the same beat grossly put all this to  
gether into a long gally pot boyle the pott in water &  
howers strain it but not to hard & put into it 3 ounces  
of orange flower Butire half a gte of an ounce of oyle  
of cymon a gte of an ounce of oyle of cloves 2 ounces  
of good Bees wax 10 grains of Ambregrise melt & well  
incorporate all these things & put it up in a gally pott  
It is good for coughs colds windynes in the stomach  
It digestian vomiting Consumptions angnting the  
Temples causes sleep.

An oynment for wind in the stomach  
oyle of wormwood of mastick of Thyme an 2 ounces  
boyle these together with 3 drops of vinegar  
half a spoonful of Aqua composita white wax as  
much as a walnut anoynt the stomach lay on a  
warma cloth

The Bruised ointment  
 yong Bay Budds & wormwood each halfe a pnd  
 pickt clean not washt w<sup>th</sup> sage i<sup>nd</sup> w<sup>th</sup> the same  
 gather them in the heat of the day wash them not  
 beat thes all smal in a stone mortar like a man  
 salve 4 pnd of sheeps suit of the redding of a  
 weather newly kill pick it clean shad it smal  
 beat them together till they be incorporated  
 then put in 2 qrts of the best oyl olive work it  
 together with yr hands till it be all of one  
 color & softnes put it in a new earthen pot  
 let it stand close covered 8 days in a cool  
 place boyle it almost a day in a smal cole  
 fire stirring it well when it has boyled 4 howers  
 or more put in an ounce of oyl of swallow  
 4 of oyl of spike if being dropt it be a fair  
 green it is enough strain it into a new gally  
 pott it is for Sprains & Bruises Aches swelling

A Strengthening Ointment that brought to use a mans  
 Arme that had lost the use 3 years  
 eight pound of may Butter a pottle of black snayles put  
 in first the Butter then the snayles let them boyle half an  
 hower stirring them all the while then take it off & put in  
 two handfulls of the following herbs rosemary Bawm  
 Lavander cotton Southeynwood cosmary eldore leaves  
 bugles Buphrin camomile Burr leaves rue mint worm  
 wood self heal gather they in a dry day doe not  
 wash them chop them smal put them in & when it is  
 halfe boyled put in a pottle full of cow dung the same  
 of Hen dung new made also Frankensence 30 pns of  
 a pound Nutmegs bruised 2 ounces the like of mace  
 when tis boyled strain it after 2 days clarifie it keepe it  
 for yr use

### Oyl of Charity

Wormwood sage Rossmay Camomile Broad  
 leaved Lavander Southeynwood alike quantity  
 of each chopt smal infused in oyl olive a  
 month then ~~boyle~~ stir them once a day  
 at the months end strain them & put the  
 same herbs to it w<sup>th</sup> valerian then strain  
 them & let them stand 2 or 3 days boyle  
 it the 3d time before you strain it

Mrs Howlands way to make oyl of Charity  
 take of the leaves of Rossmay Camomile Lavander  
 wormwood & red sage each 4 ounces chop  
 them smal put them in a glass put so much oyl  
 olive to them as will well wet them & swim alittle  
 on the Topp cover the glass & let it stand a  
 month in the sun stirring it often then strain  
 all those herbs from the oyle then take 6 ounces  
 of every one of the same herbs you had before  
 & 4 ounces of valerian chop them smal & put  
 them into the same oyl out of w<sup>ch</sup> you strained  
 the other boyle it on a gentle fire stirring it  
 continually least it burne when it is boyled enow  
 strain it & let it stand 3 days in a glass vessel  
 then pour out all the oyl & boyle it half an hower



+ If this oyle of Charity be well made it will be of  
 a perfect green color  
 As for Bruises to give a spoonful or two warm in  
 warme Cosset & a small draught of poset after it  
 is a woman one spoonful every night to a man  
 2 to a child halfe a spoonful & anoynt the  
 outwardly w<sup>th</sup> a warm flin & lay on a warm Flan-  
 nel tis for all aches & sperrines anoynting w<sup>th</sup> it &  
 rubbing & chafing it w<sup>th</sup> a warm hand by the fin  
 & laying warm Flannel upon it & for a sore breast  
 & for a Linn & webb in the eye

X B + Madam Le Coque's Balme or Balsame to be made  
 in may

Rew 4 handfull wormwood 3 handfull mugwort 2  
 handfull the same of Rosemary leaves & Flowers  
 the same of sage 2 handfull of Laurel seeds all  
 these must be brused in a marble mortar in 3 pound  
 of oyl of nutts in a cleane Kettle cover it well  
 & let them mifuss 24 hours then boyle them over  
 a still fire until the herbs be black then straine them  
 thurow a hollow rag like canvas this dryer must be  
 put in a cleane Kettle & boyle over a still fire always  
 stirring it with a wooden stick & add to it two  
 ounces of oyl of spike 2 ounces of vines Turpentine  
 half a pound of new Bees waxe a pound of Rosin stir  
 it all in be like past with yu may know by dropping  
 some upon a plate always stir it & put it in 2 or 3 thin  
 pots very smooth the oyle the Bees the waxe the Rosin

the vertues of the French Balm

It cures new wounds in 24 hours the sore being wash  
 in Luke warme water & wine all paines in the Head anoynt  
 mg the Temples & cures deafnes if not natural by dropping  
 some into the eare & stoping it with cotton cures paines in  
 the stomach & vomiting helps digestion anoynting & lay-  
 ing warm Flannel the womnes in children anoynting  
 their Bellies paines & Aches any where vlcus in the  
 Leggs or else where tho never so old venomous biting  
 washing the place with wine & laying on the Balm  
 upon Lint to cause urin anoynting the Belly &  
 Reines & for Scatica & all cold causes

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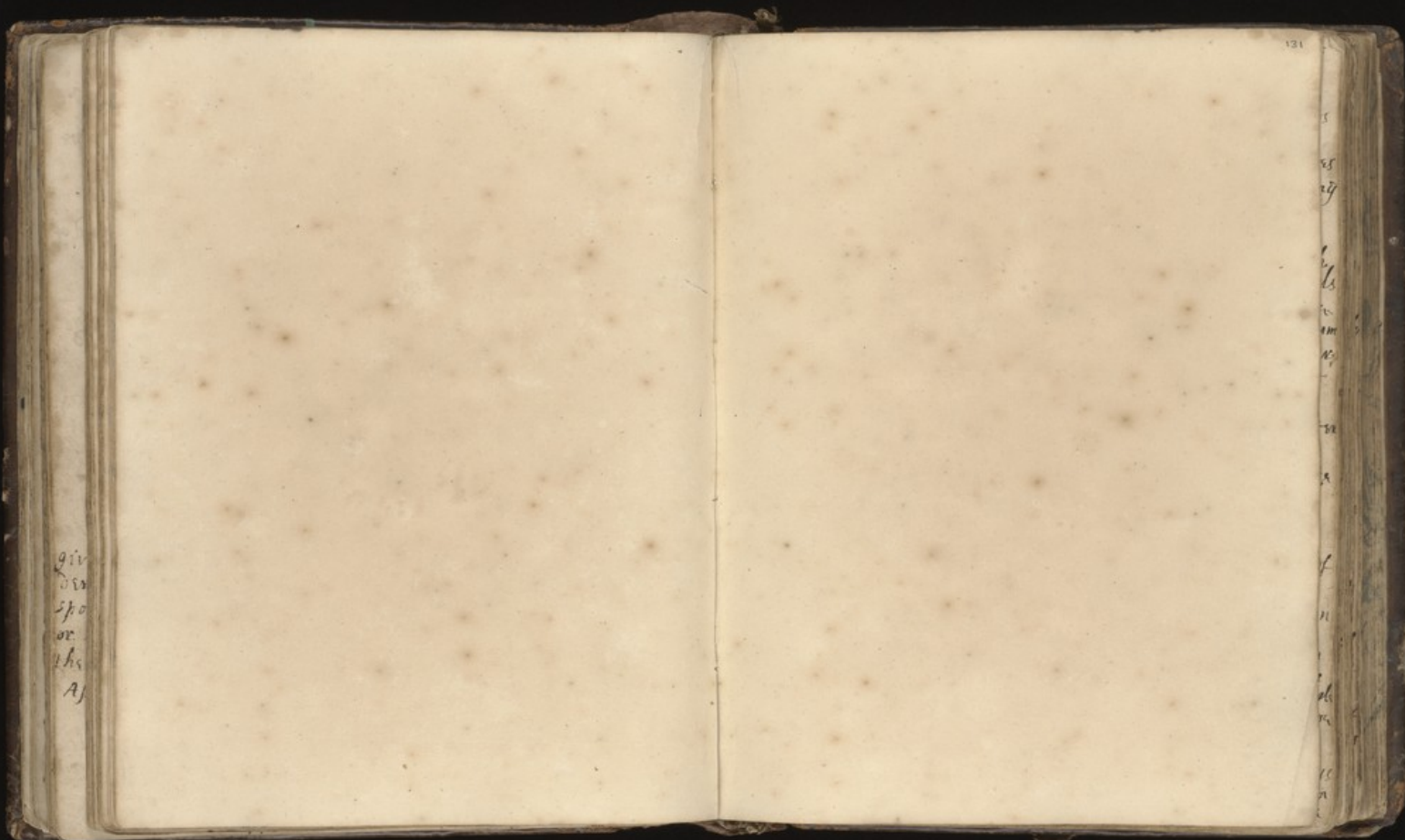


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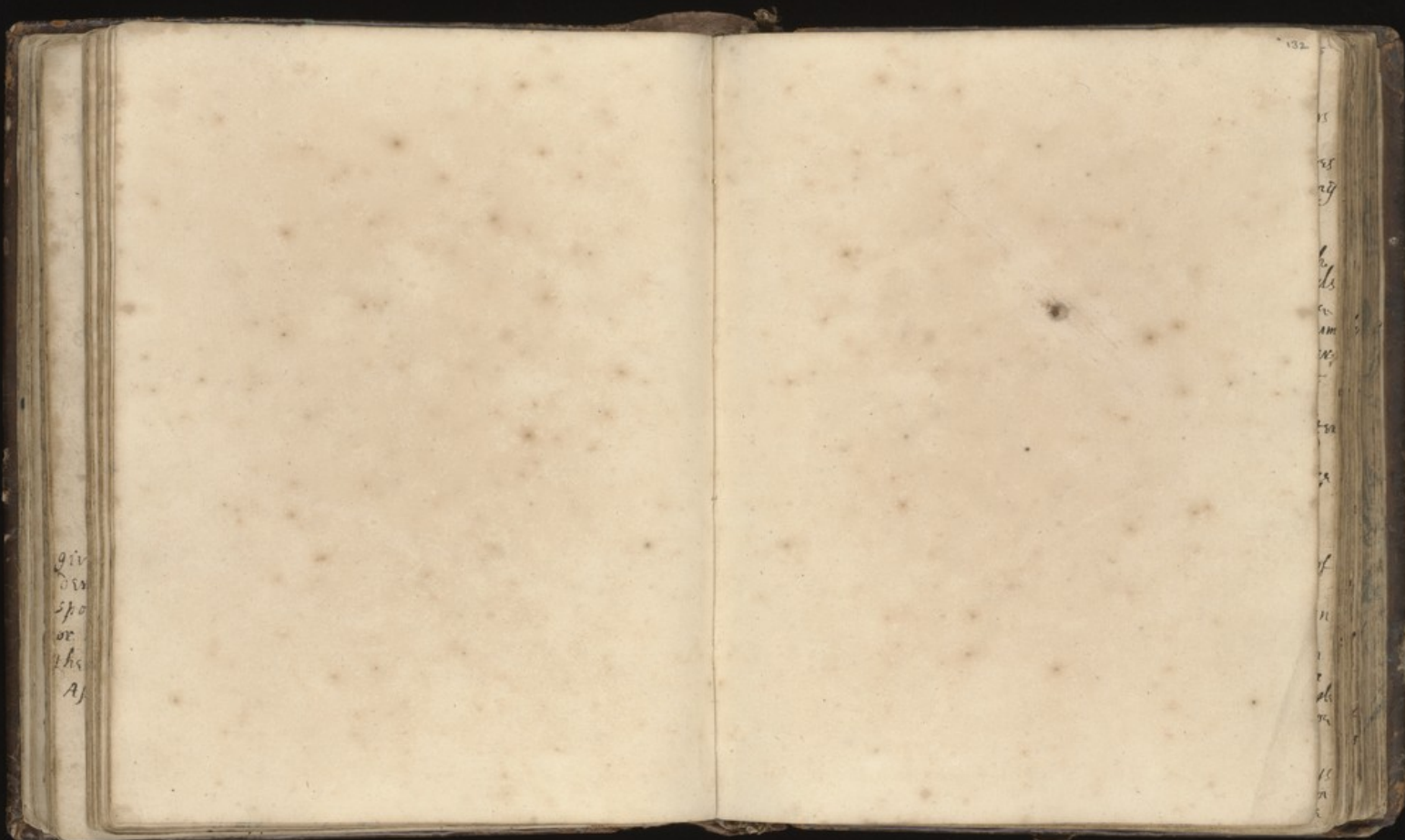


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A Plaster for all manner of griffs & paine so soon as it is  
 warme on the flesh the paine ceaseth for the Gout Bruises  
 scaticke old Aches where the skin is not broke  
 unwrought wax a pound Druitt a grt of apound softon  
 an ounce Rosin 2 pnd clove & mace each an ounce melt  
 what will be melted powdre the spice & saffron when all the  
 things are melted powce in by digres almat a grt of red wine  
 stirring it wry will then strow in yr powder gently stir  
 them well when you put in ye wine put in also 10 spoonfulls  
 of Aquavite when the powder have boyled a little stir it in  
 when it is of the fir 3 pennyworth of spemacity stir it in  
 it is almost cold then aneigh yr hands with oyl or grease  
 & make it up into wals when you use it spread it on the  
 rough side of sheeps leather let it lye as long as it will  
 stick

For the Piles or Hemoroides  
 Mullen leaves unset leeks beat them together beat them  
 put these to sheeps suet fry them together put them into a  
 little bag apply them hott pilewort roots & leaves boyled  
 in fresh butter & kept as it is strained in a pot to anoynt  
 also the sole of an old shoe very clean burne it to ashes  
 take the wright of the ashes in Druitt suit beat them  
 well together spread it like a plaster & apply it but if  
 they are broken take unwrought wax fresh butter mallow  
 leaves alike in wright boyle it & if it be green use it cold

A Poltis for any swelling  
 Damask rose leaves boyled in faire water in a silver  
 or new earthen vessel this cured the Kings Arme  
 and is most extraordinary ade to it a few crumbe  
 of white bread

A Plaster for all manner of griffs & paine so soon as it is  
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 scaticke old Aches where the skin is not broke  
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 stirring it wry will then strow in yr powder gently stir  
 them well when you put in ye wine put in also 10 spoonfulls  
 of Aquavite when the powder have boyled a little stir it in  
 when it is of the fir 3 pennyworth of spemacity stir it in  
 it is almost cold then aneigh yr hands with oyl or grease  
 & make it up into wals when you use it spread it on the  
 rough side of sheeps leather let it lye as long as it will  
 stick

For the Piles or Hemoroides  
 Mullen leaves unset leeks beat them together beat them  
 put these to sheeps suet fry them together put them into a  
 little bag apply them hott pilewort roots & leaves boyled  
 in fresh butter & kept as it is strained in a pot to anoynt  
 also the sole of an old shoe very clean burne it to ashes  
 take the wright of the ashes in Druitt suit beat them  
 well together spread it like a plaster & apply it but if  
 they are broken take unwrought wax fresh butter mallow  
 leaves alike in wright boyle it & if it be green use it cold

A Poltis for any swelling  
 Damask rose leaves boyled in faire water in a silver  
 or new earthen vessel this cured the Kings Arme  
 and is most extraordinary ade to it a few crumbe  
 of white bread

give  
 or  
 the  
 A

Palsey Balsame Lady Barington

Two quarts of very strong Brandy refuse in it a pound & 5 ounces of Gumtree Berries grossly Grused Imperatory Sarsaparilla & castorim each half an ounce brused also 2 handfuls of Lavender Spikes <sup>or</sup> spikes of rosemary Flowers a handful steep all this in your Brandy in an earthen pott close covered in a chimney corage 4 nights & days often putting hot embers about steaming it twice a day when it is at the coolest then take 9 drams of camphire in a glass brused & half a pint of the strongest spirit of wine which will dissolve it in 2 or 3 hours if you hold it in your warm hands when your pitcher is cold the 4th morning stir all your things well together & put in ye spirits & camphire stir them & let it not stand by the fire after that is in stir it cool in a cool place for an hower then strain it thurrow a woollen Bag & that which will come cleere put by it selfe the rest press harder let it settle & powere it off after

The virtues

Use it cold by the fire it will keep 20 years anoynting the place rub it well in til it be dry it is good for any weakness in the nerves or sinews or goat proceeding of cold Ach in the head anoynting the Temples & smelt to a spung dipt in it for the nothe also anoynting the nose teals & navel for deafnes coming of cold Drop a Drop into the eare going to bed steaming ye eare with loose Brown paper not unstopping it in a day & a night

The Palsey Water

Take sage Rosemary Bittony Flowers of each half a handf Lilly vally single Piony Borage Buglos Flowers each a handf steep this spirit of wine muscadine or Aquavinte then Bann spikes <sup>or</sup> spikes of rosemary Flowers a handful steep all this in your Brandy in an earthen pott close covered in a chimney corage 4 nights & days often putting hot embers about steaming it twice a day when it is at the coolest then take 9 drams of camphire in a glass brused & half a pint of the strongest spirit of wine which will dissolve it in 2 or 3 hours if you hold it in your warm hands when your pitcher is cold the 4th morning stir all your things well together & put in ye spirits & camphire stir them & let it not stand by the fire after that is in stir it cool in a cool place for an hower then strain it thurrow a woollen Bag & that which will come cleere put by it selfe the rest press harder let it settle & powere it off after

Pills to purge the Head & cleanse the Head & stomach of the Liver  
A groats worth of very good Aloes in fine Powder steep it in Buglos Borage or Piony endive water powder this from it & add to it a dram & a half of very good turbit grated finely mingle them & work them into pills take 2 before supper & 2 going to bed when the signe is in cancer  
To purge & cool the blood & thicken it & cleanse the Kidneys  
Two ounces of manna a dram of Sapis prunella dissolved in a quart of whey drink it 3 mornings one after another less for a weak man or for a woman



To make Imperial Powdre  
The rootes & leaves of Bitony St John wort Fox  
mintel pimpernel scabious Horshound Terra  
sigillata 12 3ss Bolaxmonake 12 make thes  
into powder use it with wine & or Ale this will  
force the venome out where it came in it is  
good aganst ill Ayer infections poyson miphatumu  
Biting of a mad dog or an venomous Beast  
powdre of scutchinsla is good in the Plague  
as much as will lye on a great m sack & swiat  
after it

An excellent Luge to cleane the matrix & bring  
Aloss 3ss Gentian <sup>chose</sup> Aristolochy Bittany saffron  
each 3ss madder methidate 3ss with syrops of  
mugwort make a masse of thes take a dram  
every day for 6 days together

Pills for the stomach  
A dram of mastick Pills take them m's pills  
before supper next morning by eight of the clock  
take an ounce of manna dissolved in poset drink  
the pills must be made up with 5 drops of  
oyle of Anniseeds

Mr George Jvies remedy for the piles  
A peece of stone lime as big as an egge lay it all  
night in a pottle of running water then powre out the  
cleare & put to it a good handful of brown sage the  
like of plantains boyle thes in the lime water to a  
scit then straine it out & put to it a penyng worth of  
verdegriace the like of Bolaxmonake & white copuris  
& camphire boyle it to a pnt wash them herewith  
thi cured him after he had been in the hands of  
several Drs & chirurgeons

### Gascons Powder

Besore stone 40 graines peel 4 scorples white Ambre one dram  
& a halfe crabs eyes 2 drams red coral one dram & a  
halfe contrayerva root half a dram scordonia root half  
Lapis contrayerva one dram & halfe crabs claws prepared halfe  
an ounce the powder to be past with <sup>day</sup> ~~powdre~~ of it dres skins

### Another

White Ambre red coral peel Burent Harts Horns crabs eyes  
each 3ss East Bezore 3ss crabs claws as much in weight  
as all the rest make thes into impalpable powder by grinding  
on a marble stone make them up with jelly of Harts horns  
& saffron & a little spirit of sack

An excellent Luge in the Spring for Baby & wind in the  
veines  
An ounce of senne the same of flowers of Lavandier & l  
put them into 3 quarts of new Ale drink it at 8 days at  
a pint morning & afternoon with a tost nutmeg & sugre

### Dr Butlers Plague water

Take 3 pints of the best muscadine boyle in it one handful  
of rue the like of goats rue & sage till a 3<sup>d</sup> part is boyle  
away then straine it & set it on the fire againe put thereto  
in powder long Pepper ginger nutmegs each an ounce let  
thes boyle a little then take it off & put thereto an ounce  
of methidate 2 of vines Treacle a quart of a pint of aqua  
vite keep it close stopp'd if one be infected take night &  
morning a spoonful & swiat after it never any mischance  
that us'd it

To wash the Face when the Small pox is shealing  
of to keep them from pitting & take out the rednes  
spermacitte & white wine mixs them & bath the face  
therewith night & morning alsoe vrin is good to wash  
with if they be scarred bind paper lead upon them at night take it off  
in the morning

*A Gentle Purg for a Man.*  
An ounce of the Lactaria electuary now take it by  
5 in the morning & two hours after take an ounce  
of manna dissolved in poset drink

*Dr Cox for the smal Pox or measles when a loseness*  
hinders their coming out especially children  
Take 3 pint of faire water a lb of pound of Guaiac  
an ounce of scordonia roots a good spoonful of calind  
hart's home as much as a grey pease of scutchinilla  
tied up in a rag boyle all this to a get sweeten it  
with loaf sugar give them like other drink

*A purge for a weak child when phisick is apt to over*  
work  
A pint of black chesnut water 12 grames of rubeb  
so much yelow sandels hang this in a rag in the  
water & the Juice of an orange give a spoonful  
or two morning fasting Dr Cox

*Dr Bugges Antidote for the Plague*  
consist of wood sorrel 4 ounces the species lib  
anex 3 drams of the electuary Dr Duo in the  
golden eage one gr of an ounce with syrups of  
the Juice of citrons as much as will make it into an  
electuary take the quantity of a large nutmeg easy  
morning

*To cure the Plague Dr Bugges*  
Take of oriental Bexoe snake bit of Virginia & of the  
miral Bexoe each a scruple saffron half a scruple  
the electuary Dr Duo an ounce & half with syrups  
of citrons what is sufficient to make it into an elect  
any let the dose be from half a scruple to a scruple  
or from 10 grams to 20 every 6 hours

*P. 4*  
A Drink Dr Willis ordred a little child that had the Palsy  
the use of one Arm taken away  
Two quart of water of rosemary & sage each a handful sasapar  
mintie bark sasaperilla liquorish rasins stand a good handful  
boyle then an houre let it drink nor other drink  
he also made it an issue in the neck & the Back bone was ano  
united with oyl of rectie also the bones between the Jaws &  
the nape of the neck & the nostrils & Temples with oyl of Amber  
& Palsu native mixed & take 2 drops in the drink at night

*Purgng medicines Dr Willis*  
F Pulvis sanctus from half a dram to a dram in poset Ale  
in coldre constitutions & pains in the limbs Pulvis Arthriti  
cus the same dose as the other put half an ounce of Hera  
Picea in a quart Bottle of white wine give of this from 6  
to 10 spoonfuls pill Ruffi from half a dram to a dram

*For the smal Pox Feavrs or Measles worms & a paine*  
in the stomach  
Bitony scabious Toemantel pimprenel Angelico cardus  
each half a pounde bruise them a little steep them 24 hours  
in a quart of white wine straine the liquor then take  
half a pound of the best Bole Armonaks beat & sered with  
it with some of ~~the~~ the liquor to the thickness of Batter sit  
it to dry against the sunn in a milk papp & as it dries  
add more of the liquor till it be dried up when it is as  
stiff as dough make it up for your use in Bals you may  
add some Venes Tracels so it give the weight of 6 pnce  
in any cordial water breathing in bed after it

*Pills I took when I had the spleen by Dr Willis advice*  
The stomach Pills with Gumms in the dyspnoe 3:ij  
resin of Golop 10 granes the same of Balsame of capivi  
as much as is sufficient to make 10 pills take 4 at night



Dr Willis his direction to us in the last great Plague  
To prevent & Also to cure.

So long as the Infection is not very near it may be  
sufficient to take a dose of pill Ruffi once in a month  
& to have this drink in the House & every one take  
a draught every morning Brew some middling Ale  
for a vessel of 8 gallons when it has worked put into  
it of wormwood 2 handfuls elucampans roots  
sliced an ounce

when there is danger of infection fume the House  
every morning with the smoke of this Powder second  
on coles & burnt in each room.

Brimstone a pound salt Petre half a pound Ashen  
Bark powdered a qte of a pound

Let each Party take every morning of this Electuary  
& again at night as much as a nutmeg

Rue leaves a pound the same of Blew Tiggs & of  
the Rixnds of walnuts or Filberds half so much  
beat this to an electuary in a mortar

Or else take a spoonful of this liquor

Roots of Angelica 2 doozy virginian snake

Roots moste wort creampany each 2 drams rue

scordium cardus each a handful mince all small

put it in a great glass bottle with 3 qts of white

wine vinegar

it is good to hang about the neck near the Hart a little

bag with these ingredients

powder of snake root a dram roots of Angelica & cream

pany each 3 drams camphire a dram make all into fine

powder add to it an ounce of Balsams of capivy put

as much as a nutmeg in a bag

if any be infected put them in bed take this potion

venes Treacle a dram 6 drams of Treacle water of the

vinegar above mentioned 2 spoonfuls let them sweat not sleep

P. 5.  
in five or six hours after sleep & every 12 or 16 or 24 hours as  
their strength is able repeat the sweating potion wch make  
strong or weak according to the Age & strength of the person  
after they are pritty well 2 little pills of pill Ruffi in the morning  
fasting 2 hours

A Receipt of my Lady Rents Powder given me by Dr Willis  
Roots of Contrayerva 2 ounces black Tippi of crabs  
claws 2 ounces perl white & red coral crabs eyes burnt  
Harts horns of Christal each an ounce occidental Bez or  
Terra Lemnic each half an ounce Venus of Antimony 2  
ounces scutchinnella half an ounce Ambrogio a dram  
a half musk half a dram an ounce of white Amber the  
Venus of Antimony must be first exord & the scutchinella  
that of Mexico the crabs claws taken in June all the things  
must be powdered severally & seariged on a marble stone  
with some cordial water Cardus water or Juice of  
citrons made up severally into cakes & dyed in the sunn  
& then all mixed after they are made to powder againe  
& made up with Jelly of Adders skins & Hartshornes a  
little tinctured with saffron & let the Jelly be made  
with cardus water

To cause sleep in the smal Pox or Measles  
Six drams of Treacle water & half an ounce of Dia  
codium

my Lady Gaudin to a child that had a lossnes & vomit  
ing in the smal Pox & was a year & a half old  
Twelve spoonfuls of Plague water a spoonful of Dia  
codium a little Diascordium give it a spoonful once in  
3 hours if it cast it up give another presently  
Grove boy in in possit drink will bring them out if  
struck in

For to bring out the smal Pox & fill them  
posset drink with Taxes bouled in it some Juicy  
pimpernel & some highly commend the Flower  
called Lancyes some have owed there there lives to  
it

XII For the Trembling & shaking of the Hand  
Sage Bitony & ground Pine an equal quantity make  
it as Tea drink 2 cofe dishes every morning for a  
fortnight fasting some times after so do once in a  
quartre for half a year some have been cured in  
a fortnights time

To bring out the Smal Pox after they are fallen  
a scruple of Camphire beat with a Bitte Almon  
mixe it with a qt of a pint of red rose water  
warmed or not tis not much matter for a child  
12 grains is enough

XI Dr Bates his red Powder For Feavers Agues Smal  
Pox Measles & such diseases where in Gascon London is  
good

Take Dragon Tormentil roots & leaves, Scabious  
Rue, Carduus Benedictus, Pimpernel, Bitony, scorp  
dium, Anglica, marygold leaves & Flowers of each  
6 handfulls wipe them clean & bruse them put to them  
a pint of white wine let them stand all night then  
strain it out & let it settle then take a pound of  
the best Bees Armonack Beat & seace it put it in a  
Bason put as much of the liquor to it as will make it  
like Batter stir it set it in the sun stirring it often when  
it is dry put in more liquor when you put in the last put in a  
drum & a half of saffron our cures of venes Treach the same of  
Horns in this powder contra verum & Indian snake tooth each  
an ounce 2 drams of gum dragon steep in Treach water

make it into Bais in a morter dry them in the sun cure them  
with a glass add scorsonsea root as much as the rest to it

X A Dropsy Lady Littleton  
Briony roots dyed made into powder put some slices in all  
your spoonmeat or drinks  
Also an egg pour out the white thereof & fill it with Juyce  
of Flower de Lucer tis not matter of what color they be set  
it on the fire stir them well together sup it up do this a  
week then leave a week & begin again

X Dr Lowe & to purge water & for a Dropsy  
Eight grains of Gamogium & 4 of cinomon both powdered  
& made into pills with syrope of Roses wch take all at once  
in a morning

Mr Threland the Bone Setters strengthening Plaster  
Bitony Plaster & Paracelsus Plaster each half a pound Gum  
Lemnia Tacamahaca caryanna each 2 ounces & solv the gums  
in half a pint of vinegar & strain them squeeze them with a  
pair of hott Tongues then melt the Bitony & Paracelsus &  
put the gums to them & of saffron & olivianum in powder each  
2 drams change it not til it comes off

For the Faling of the Lact or uilla  
red Rose leaves & Tormentil roots boyld together strain  
them & put in a little powder of the best Bees Armonack & a  
little burnt Aloes in powder gargle therewith hott

For the Piles  
leeks chop them boyle them in Barons grease strain it & an  
oint therewith

For the smal Pox in case of a Losenes  
give at night 6 grains of Diascordium to a child of 10 weeks old  
to bring them out either 6 grains of gascon or 4 of my Lady  
Kents Powder



Pills for obstructions de Willis

halfe An ounce of Aloes an ounce of Rhubarb an ounce of steel all in fine Powder make them into a masse with sack take every morning as much as you will find work it or 5 times in a day & after every dose a little mud sack take this 4 days together

An Excellent Ointment for any swelling or cankering in a sore M<sup>r</sup> Holders Damask Rose leaves boyld in fair water in a silver or clean earthen vessel & some crums of white Bread shift it as other

For Poyson M<sup>r</sup> Boyle

Juice of Lemmon & oyl of sweet Almonds

A Purg for Bleeding at the nose

Four ounces of plantaine watre 2 scruples of Rhubarb in powder sinne in powder one scruple spicknard boyled 7 or 8 grains scrape of roses solative i ounce mixe these together give it all to a man or a woman halfe to a child

For the smal Pox

Dutchess Hamilton A Handful of sheeps dung clean picked this is also put it into a pint of whitewine mash it well & let it stand all night give a spoonful or two out in the at a time it will keep the throat well & is excellent in all cases in that disease with the m<sup>r</sup> gwyn had experience of it not only in his own children but very many more besides

Dr Willoughbys Pills for the Palsie Convulsion Fits that affect the Head Fits of the Mother & Stoppages

Take Castor Galbanum Assafetida & saffron dyed & powdered castor & all & made as smal as you can an equal quantity of each & as much Mithridate as will make them into Pills beat all well in a marble mortie if you make an ounce of each put in 3 drams of oyl of Amber mixe them well put it in a Gally Pot make it into Pills as you use it give 2 larg pills night & morning for a month at least

For the Piles or Hemorodes

Take a dram of the Powder of live Brim stone & 3 drams of loaf sugar make it into lozenges with the gelly of quinces kernels dry them in a stove give ~~at~~ night & morning I have heard wearing an emerald ring will certainly cure also Elder Flowers & marsh mallows boyled in milk & bath them hott therewith

For the Palsey the the speech be lost

Take sage leaves steep about 20 or 30 in a little Brandy when you use a braie dap a cloth upon it to dry it a little put it in your mouth or ther mouth chew it & swallow ye spittle til ther is all the goodnes got out of that then take another use it in the same manner so doe all the day long it is an excellent to bring the use of the Tongue when lost make new every day

This true Scotch Pills given by the Author of them  
to my Lord Duke of Lothredale

Take Rosmarie Cardus Benidicatus Deinde Leon  
Balm Century the lesser Dodder of thina  
Arabia Spikenard Raisins of the sun stand  
of each a handful boyle this in a qt of water on a  
slow fire to a pint let them stand all night with  
half an ounce of sinns next morning straine it  
out & have ready 4 ounces of the best Aloes  
in fine Powder wash three times in Succory  
water put then yr Aloes in a little earthen  
vessel that will endure the fire put to it as much  
of the decoction as will dissolve the Aloes let  
this gently simmer on warme ashes still stirring  
it with a stick to the sides adding the remain  
ing decoction by little & little till the decoction be  
consumed & the Aloes brought to the consistence  
of pills at that time stir into it 4 drams of the  
best Refined in fine Powder till it be well mixed  
with the whole mass then when cool make it into  
pills you may take them when you please & be sure  
to carry off any draught of drink milk Charles  
the seconds time hardly any person was without a  
Box in his Pocket

Mr Archers way of making my Lady  
Kents Powder

Take of the maiestie of Pearls crabs Eyes  
prepared white Amber Bant Harts home maiestie  
of white coral Lapis Contrayerva each a like  
quantity to all this the Tipps of crabs claws <sup>two</sup>  
the ful weight of all this rest make them impalpable  
ble & to every ounce of this powders mingled a  
dram of oriental Benzoe & a scruple of Am  
ber Grice 10 graines of musk make it up with  
a strong Jelly of Harts home deeply tinctured  
with saffron dry them wither with sun or fire  
in a warme place the powder of the things is better  
than made into marcet <sup>they can make this powder as fine as the</sup>  
<sup>heavies they could not without dissolving a vinegar</sup>

Bonisters Powder by Dr Bates

10 grains of musk to be used  
9 grains of musk to be used  
Unicomus Home east Bezer the Bones of a staggs  
Heart Red & white coral Reel wood of Aloes Elkes  
claws seeds of cithons huld each 40 graines Roots of  
Tormentil & doany & Angelico powder of Ivory Terra  
Sanna each a dram make this into impalpable powder  
then add 15 graines of Ambregris 10 leaves of gold  
to every half ounce of the powder 10 graines of musk  
without perfume is best for such as have the Head Ach or  
mother chop the gold as fine as can be possible keep it  
in a clean dry glase well stopt is good for all that  
Gascon powder is good for if not more effectual



St theadon Coladons powder to sweeten the Bloud

For all Fluxes

Take Rascals

St theadon Coladons powder to sweeten the Bloud

For all Fluxes

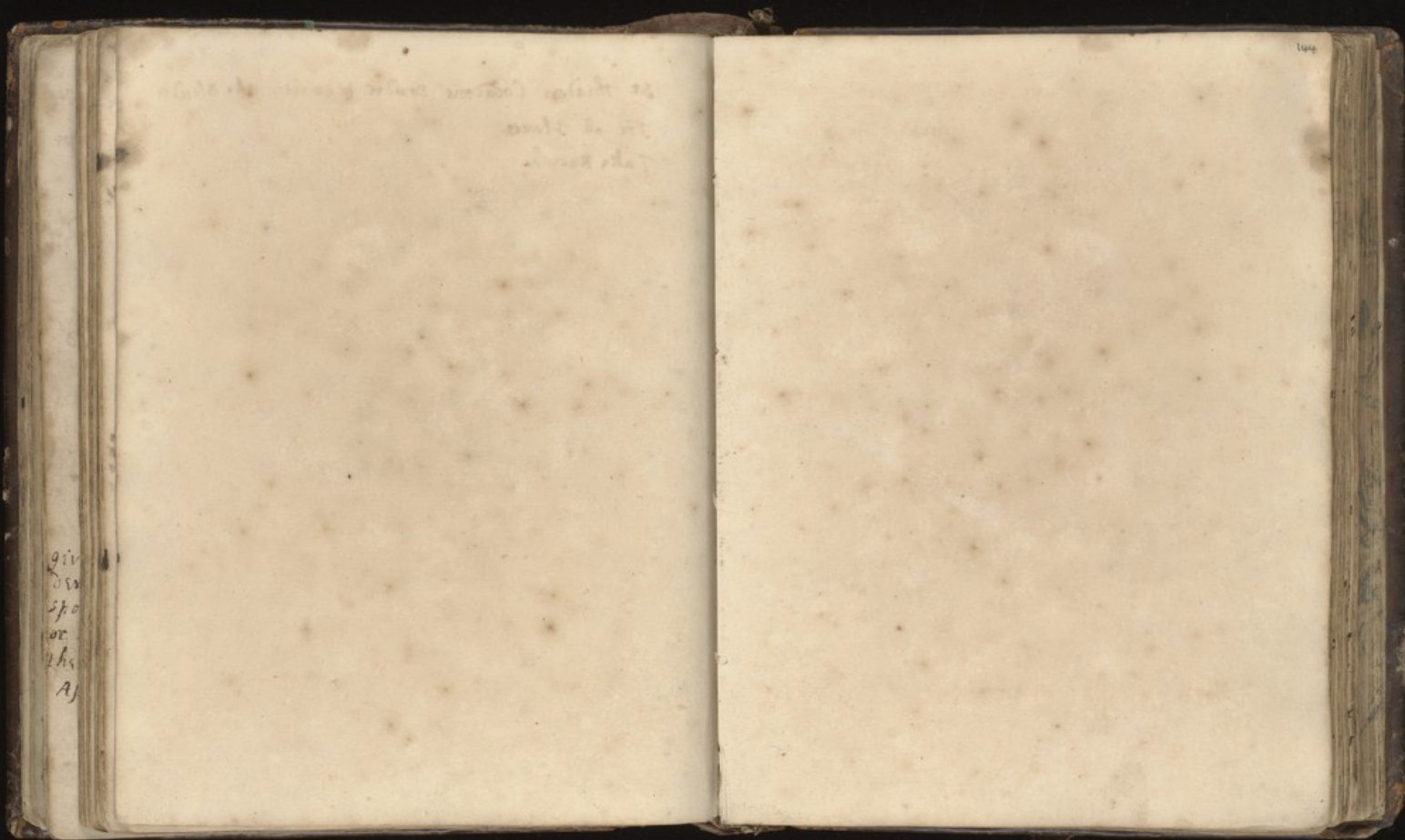
Take Rascals

22  
St. Thaddeus Colours. See the blood  
For all fluxes  
Take Rouch.

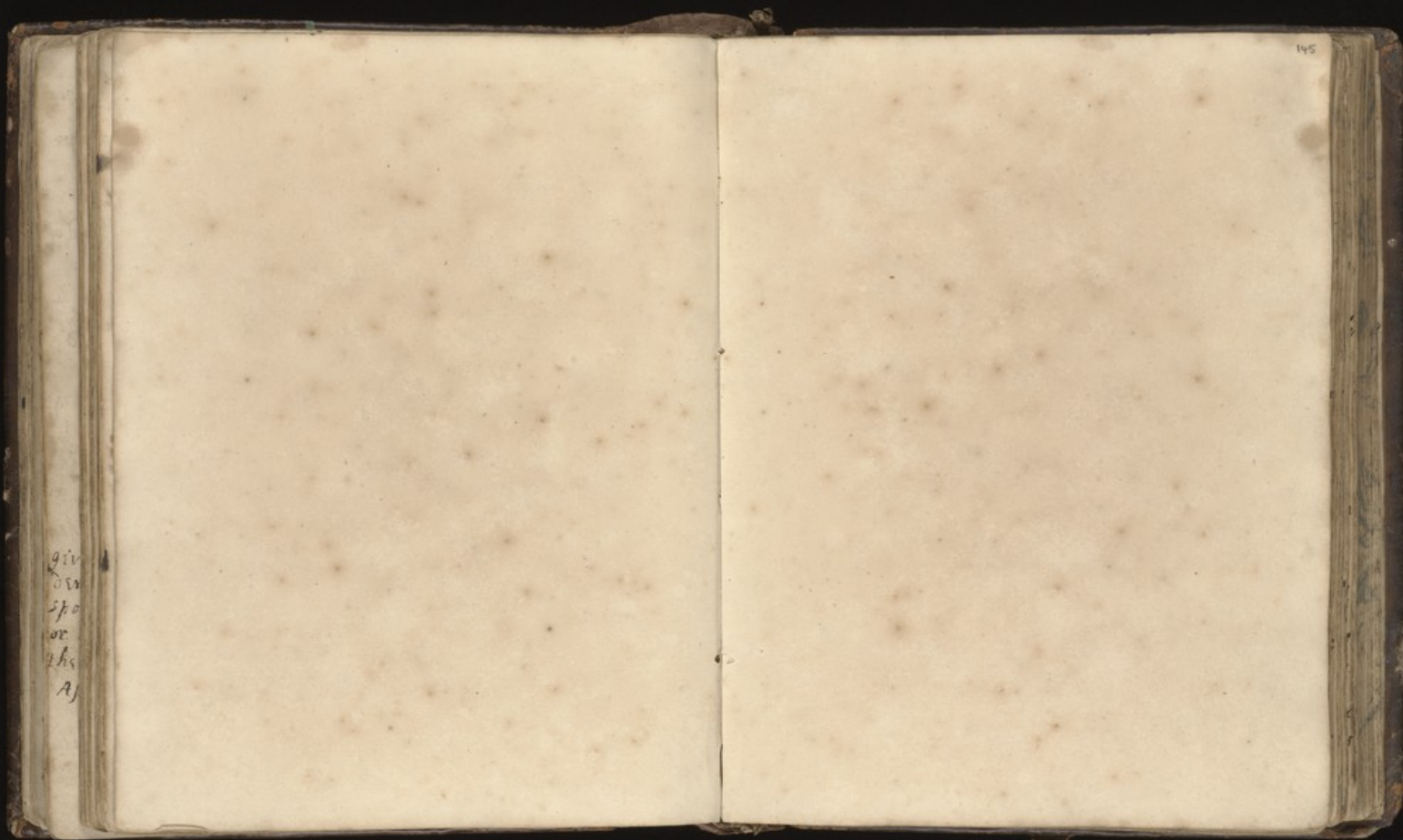
103  
St. Thaddeus Colours. See the blood  
For all fluxes  
Take Rouch.

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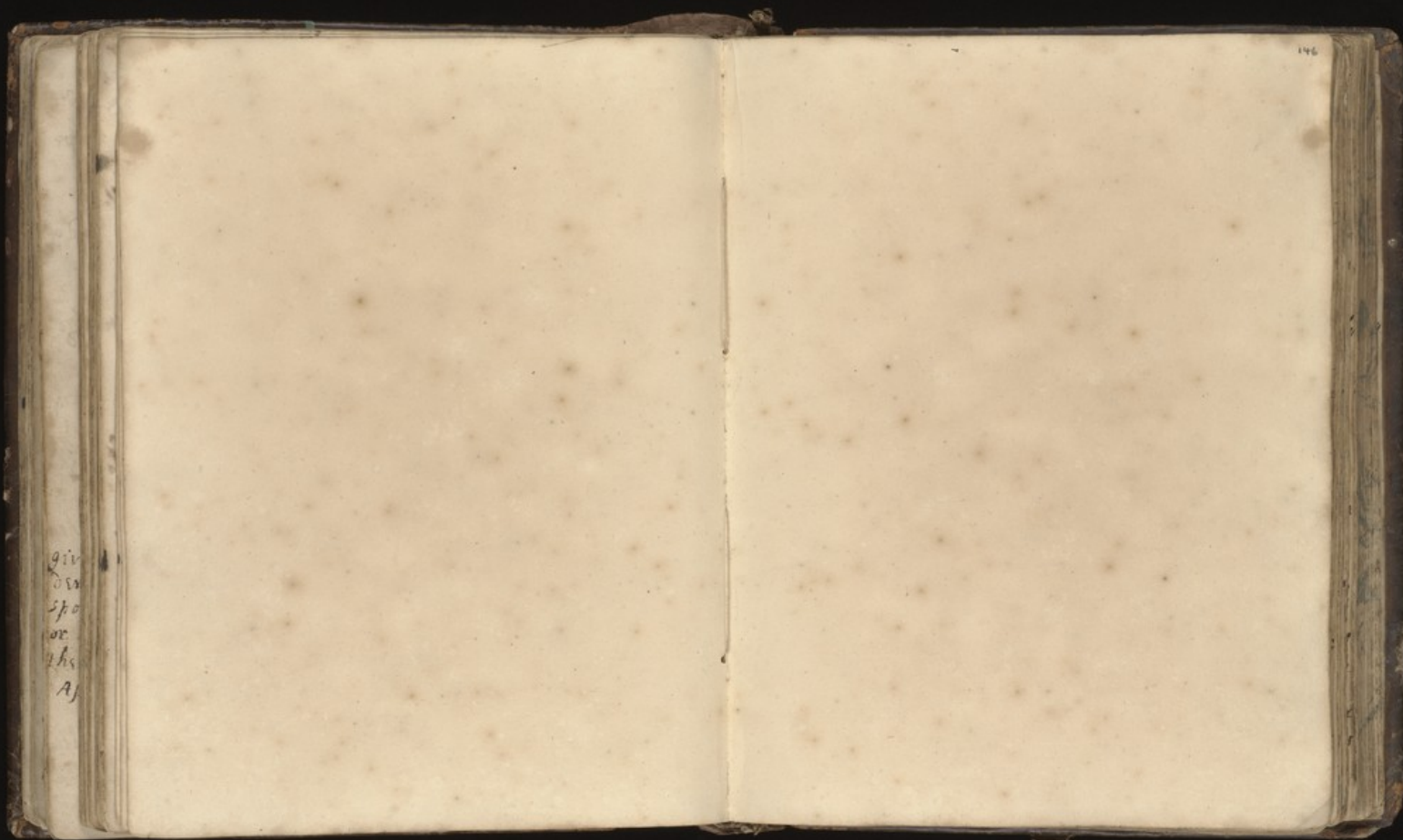


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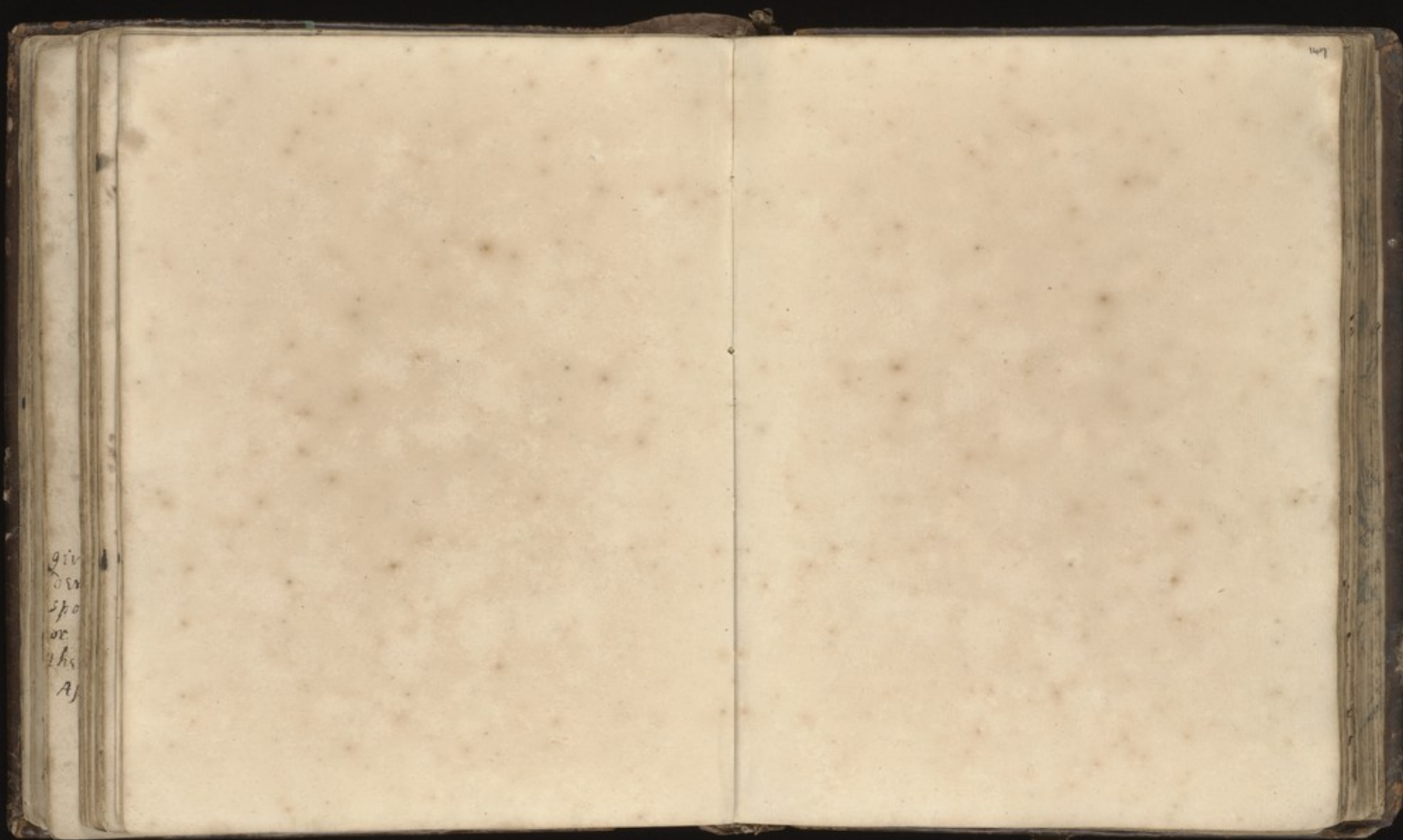


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*[Faint, illegible handwritten text, likely bleed-through from the reverse side of the page.]*

142  
An opening drink for the Rickets or Batres  
Harts tong maidenhare coltsfoot each 2 handfulls Liver  
wort 1 handfull Pompian seeds shreed with the Husks  
6 spoonfulls coniaidix seeds a spoonfull French barley 4  
spoonfulls mulen a handfull & a half Guinibes & sebstians  
each half a gr. and boyle this gently in 6 pints of spring  
water til a 3d part be wasted strain it & clarify it  
with the whites of an egge put to it 6 spoonfulls of sy  
rops violets when you take it add a little sugar of  
orange

My Aunt Mashams Ricket Oyntment  
Rosemary Featherfew spike Hyssop thyme pennyroyal south  
ernwood maidenhare bay leaves each a handfull boyle them in  
3 pints of safet oyle or 2 pound of unsalted Butter strain it  
Ranoynt the knots on the ribs & Joynts & Breast therewith  
if it be narrow keep warme

An opening drink for the Rickets  
Runing water 2 qts 6 Blw tiggis 2 handfulls of insins stoned  
a spoonfull of Anniseeds as much as two walnuts of Liquorish  
2 handfulls of Liverwort 10 leaves of Harts tong the black  
streaks taken out of the back side 2 handfulls of maid  
enhare boyle they to 3 pints give the child not other  
drink once in a day or 2 or 3 give a spoonfull of syrops of  
sicory with rubieb in Beere in the morning fast mo  
bfor you begin either the drink or oyntment give a little  
rubieb steeped all night in Beere so as to purge it 3  
times a day for 3 days April & septembie are good  
months to bleed a child behind the eares with a leech  
and to purge in butt hottie weather is better for  
the oyntment

giv  
Dr  
spo  
or  
the  
As



### A Plaster for a Rupture

Terra sigillata & Iris commun seed one ounce  
Beat them into fine powder take Honey a gr  
of a pint Honey & spoonfuls mingle them well  
together boyle this together till they be as thick  
as pap then take oyle of camomile 2 spoonfuls  
when it is cold put in your oyl apply it to the  
sore shifting it every 24 hours use this 6  
weeks when it is almost well you will find an  
itching where a Truss & a Bolster & forbear  
all windy meats & steams as jumping leaping  
reaching & butte cyprus nuts & gals are good  
to be layd to the place also powder of yarrow  
so durt much so doe powder of Acorns

### Lady Burton for a Rupture

Crane Bill leaves & roots dry them in an  
oven scree them give half a spoonful fast  
ing in any proper liquore or in red wine  
also the like going to bed if the person be  
aged adds to it 19 red snayls without  
shells dryed this never failed if the rupture  
be of long continuance or very great but  
lying in bed is the best when you use  
any postice it keeps the wound close put to  
the powder of 19 snayls 22 spoonfuls of the  
powder of the Herb

### For A Rheumatism

Conserve of Hipps is very good thing which you may  
find. m. B. 5:

R. 2

A white Lasing for Ruhn Dr Batis  
is Poppy Heads a spoonful of sweet Fennel seed boyle this  
in a pint of water to a pint then strain it take 2 ounces of  
white Poppy seed beat them with the liquor til you have  
got out all the strength add to the infusion a stick of  
Licorish 2 pound of Sugre double refine boyle it to a can  
dy drop it on plates

A Restorative for any Faintnes  
Three drops of oyl of cinomon a spoonful of syrups of July  
Flowers as much cinomon water

To make Boyle Conserve of Red roses for Ruhn & Consumption  
Take a pound of the best buds dypt from the whites apointed  
a half of loaf sugre beat them very fine set this by then take  
half a pint of spring water or red wine water set it on the  
fire in a quart skillett then put into it as many rose leaves  
with the water as you can cram into the skillett put but  
a little fire least it burn then stir the leaves down now &  
then till they are very white then strain them & put in some  
new mas so doe three times every straining they will look  
lesse white then other the last time put in your clift  
brides let them tender then strain them & beat them till  
they be as fine as papp & while the liquor is hott put in  
the sugre into the skillett & put in yr roses when they  
are fine stir them very well to make the sugre melt  
then take them off & before it boyle & stir them well til  
all the lumps both of the sugre & roses be dissolved put it up  
it will have an ever candy arch will keep it all the yeare it is  
best for consumption where they are apt to lossneses

*For the Rickets a great Cordial*

Harts Tongue water distilled three times put to a quart of  
a pint of it one spoonful of the best Atkenius 2 spoonfuls  
of Symplic of July Flowers 6 drops of spirit of sulphur  
shake this well give 2 spoonfuls first & last repeat this  
till a pint be taken

*To strengthen the Back in the Rickets*

The white of an egg beaten with a whisk & with the  
thinn part anoynt the Back Bone stroking it upward  
every night & morning

Alsoe sack & spruce Berry & rosemary Flowers boyled  
together stroke up the bottom of the Back Bone warme  
nights & morning

*For a watery Rupture in the Cadd of a Boy*

Knott grass Comfrey Longiannet Flowers self heal each  
a handful boyle them in Tanners dross from 3 pints to a  
quart add to it after it is strained a quart of a pint of  
Brandy foment the part & lay on red Hays Plaster  
the child this was made for had the cadd opened with a  
Lancet & it fild a gaine in 24 hours & another child  
of the same person being so the nurse had a new milk  
that purged it & every time the nurse opened it she  
would gently shake the cadd upward & the child would  
passantly void wind & water & so it went away in a  
little time

*For a windy Rupture*

Oyle of bil & Anniseeds 3 pennyworth of that of that which  
is dearest & a pennyworth of the other wat a egg & lay to  
it

*For a tickling Rume to thicken it* se Edward Grasse  
one spoonful of old Consue of red Roses 2 spoonfuls of Symplic of  
Poppys one of Symplic of snails or Consueys work this well together  
all it be like a thick Symplic take a spoonful often

*An Ointment for a Rupture Cos Cuts*

A pint of oken Buds the same of Ash & maple a good handful  
of polipodium of whitethorn if you can get it if not that of an  
Ash a handful of Bone set as much knot grass the same of  
the inward Back of eldrie as much thins halfe a handful of  
rosemary Tops halfe a pint of great weemes a pound of Bees  
as much mutton suet put all this in an earthen pot put some  
of the suet on the top sheet & some on the bottom slicing the  
Bees suet coarse the pot close pasting it down put the pot in  
boylng water let it boyle 24 hours strain it & when it is  
cold pass off the dross warme some of it amongst the plaes  
chafing it well in let not the child stretch out the legs till  
the crass is on doe this night & morning especially in marche

*For a tickling Rume by mistake there is a drink wnt in F. 6.*

*For Rumes*

Garden & sea scierie Grass together halfe a peck sage Britony  
romon wormwood each 3 handfulls shavings of sasafra 2  
ouncers chips of Guaiacum in gross powder 6 ounces the peels  
of 4 oranges & 3 nutmegs sliced halfe an ounce of hyssop  
coriandre seeds bused hang all this in 6 gallons of middling  
Ale

*For a Rumatism Lady Falkland*

Give oft a draught of whey to drink as halfe a pint  
3 times in a day the water distilled of stone Hons  
Dung is excellent for a Rumatism



La Coulaes  
L. X

The old womans Synt mint for Livergrown  
children & great Bilys & hardnes after Agues  
Also for Aches & sprains

Take Rossmay sage wormwood each 8 pound  
camomile 4 pound savory the tender leaves  
of Elder & of comphrey each 2 pound all this  
must be stipt from the stalk & weighed  
severally & chopt very small & put into a  
Brasse Kettle then put to them as much clari-  
fied Butter as will couer them & a little more  
set them ouer the fire a little then let it stand  
a month stir down the vredegreace of the  
Kettle into the Herbes & then let it stand  
10 weeks stirring it once a fortnight then  
straine it & set it ouer the fire again  
scum it very clean & put in 3 pound of  
Bees suet a pint of the marrow of a stone  
Horn clarified a gr of a pound of Beares  
greace which may be had at the Apothecary  
put it up for yr use you must anoynt  
the sides & belly with chafing it in &  
keeping on the same cloth always

A purging Powder for the Rickets by the same  
A gr of a pound of Solap root is pare them  
thin powder them sceris it then take half  
an ounce of scamony the same of cream of Tartar  
prepared in powder give a man or woman half  
a dram divide it in 3 parts for a child give it in  
whitewine port drink or mace Ale the purging will  
make it drink in the spring

For a Rupture most Extraordinary M<sup>r</sup> Howland

Take a pint of Aqua Composita half a pound of Bees  
suet a handful of Daisie root & leaves the same of  
comphrey & as much of the buds of the Ash tree while  
they are black shred them altogether put them alto-  
gether in an earthen pot let it lay 12 hours then  
strain it & keep it in a pot or pan anoynt the place  
warmed with it for half an hour holding a hott iron  
ouer the place which you anoynt or to warm it will in  
then lay a Ragg dypt in it on the place & put on the  
Tuss for this night & morning for a month together  
you must have two Irons while one is using let the  
other heat or wear the Tuss in the following maner  
as ouer it

For a Rheumitisme approved by William Willian<sup>s</sup>  
As much as an Egge of Garlick shies it into a gr  
of spring water drink it all going to bed this for  
3 nights one after another it will certainly cure  
drink only the water with the Garlick must be  
infused in at least 12 hours & close covered

For a Rumenie

Take an ounce of oyl of Turpentine 10 drops  
of oyl of Juniper Berries 10 drops of  
oyl of Nutmegs 10 drops of oyl of Anisseed  
mingla all thes & give 20 drops every morning  
in Sage Posset drink you will find a good  
afore night But it will cure at last

giving  
the  
A  
A purging Powder for the Rich by the use  
of a pound of Jellie water pass thin  
then powder them severally then take half  
an ounce of cream the same of cream of Tartar  
powdered in powder give a man or woman half  
a dram divided in 2 parts for a full cure in  
the morning or in the evening

For a Rumenie

Take an ounce of oyl of Turpentine 10 drops  
of oyl of Juniper Berries 10 drops of  
oyl of Nutmegs 10 drops of oyl of Anisseed  
mingla all thes & give 20 drops every morning  
in Sage Posset drink you will find a good  
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S. 1.  
A Poltis to asuage any swelling & festered sore  
A good quantity of milk thickned with Flowre set it on the  
fire keeping it stirring chop in a Handf of smalage lay it on  
as hot as can be suffered it will give present ease

A poltis to dissolve Break & draw any swelling & for a sore Breast  
A pint of very thick cream when it begins to boyle thicken it  
with fine wheat Flowre keep it stirring put to it the quantity  
of 2 walnuts of Bees wax 2 spoonfulls of Honey 3 or 4 of salt oyle  
red Rose water 2 spoonfulls Apply it as hot as can be suffered  
if the swelling be red boyle in the cream before you thicken it  
a handfull of mallows chopt dress it one m<sup>r</sup> howers this will  
keep a fortnight

To dissolve Break & draw any Hard swelling & for a sore Breast  
Grounds of Ale boyle in it Fagg dust or smal oatmeal when it  
comes to a poltis put to it some castles soap stie them well together  
spread it on brown papre apply it hot dress it night & morning

To strengthen the stomach  
Powder of the inward skin of the Gizard of a Hen  
for a man & of a cock for a woman give as much  
as will lye on a shilling in any liquor first & last

S. Edward Greave for the scirvies  
Three ounces of the conserve of the leaves of rose  
DE some den scirvies grass new made 2 ounces of conserve of  
bid me add Tumatory Flowers candied oranges citren pol orange  
powder of chips of each an ounce fresh Juice of scirvies grass  
mol & cor as much as will make all this into an electuary take  
it 3 times a day as much as a nutmeg night & morning

For Scabbs to cure them in 5 days  
Plantaine water & rose water each appt bring Flowre water half appt  
put to this sublimatum E.g. beaten in powder boyle it a sic of an hower  
keep it in a glass when it is cold wash the scabbs with it dry in of it self  
wash it only each other day doe it 3 times in all shipping a day the first  
time it will fetch them out the 3d will dry them up

giv  
div  
spo  
or  
the  
As

this of each  
half an  
ounce

Paine in the side coming of wind

Buer seeds & sweet Fennel seed each a spoonful  
beaten boyle them in a qrt of Posset drink to a  
pint & put to it 2 spoonfuls of oyl of Almonds drink  
it going to bed

A Poltis to Break any swelling

New milk grounds of Beere or Ale thicken it with  
Barley meal & chopt Housleek take it off & put  
in some Hoggs greace

For a Paine in the Stomack

Takein Beel candied or the Syrops each an ounce candied  
orange the same quantity of conserve of rosemary Fl  
clown July Fl or red roses or elce Syrops & one ounce  
mixe the citrons & oranges beat them finely put in  
them a spoonful of strong worm water & a dram of Alker  
mis take as much as a Hazell nutt first last

For wind in the stomach

Oyl of worm wood & of mastick & thyme each 2 ounces &  
drams of vinger half a spoonful of Aquacomposita as  
much white wax as a walnut boyle this til the wax  
be dissolved & put it into some clean pot anoynt  
ye stomach night & morning before the fire

For a Swelling in the legs thighs or coddles

Henbane & rue each a Handful new sheeps dung a  
cawseful stamp them together boyle them in  
good vinger with half a sawerful of Bran  
Flower stire them til they be thick make thereof  
a plaster lay to the swelling

S: 2:

Mellilot Salor or Plaster to dissolve a swelling or draw break it  
mellilot & camomile each 3 handfulls partly common worm wood  
plantaine dittany each one handfull rosin 2 pound wax 12 ounces  
sheeps suit tressed a pound a pint of white wine let all this boyle  
with continual stirring til the herbs grow crisp then strain it  
into an earthen pann when it is cold heat the pann so as to  
make it slip out

For the stone

The Rows of red Heringe dyed in an oile of Beare & served  
into fine powder one spoonful in a penny pot of white wine night &  
morning

Captain Greys Red Plaster for a Fistula or any other Soer  
in the Breast or elsewhere

Oyle olive half a pint & ounces of Red lead 1 ounce of white  
lead 3 ounces of Bolarmonake beat & serve all this together  
put them into the oyl on the fire stirring it & when you find  
it plaster thick put to it half an ounce of oyl of sweet  
when it hath boyled a little dip your cloths quick least it be  
to cold

Cap Greys Red Powder for the same cure

white copris 4 ounces camphire an ounce beat this both  
severally put the camphire first into a little black cup put  
the copris upon it cover the cup with a paper & a  
cawse & lay on a wright set the cup into a chafingdish  
of smal coles keep a soft fire to it for 3 or 4 hours & in  
that time it will be hard enough to take out of the pot with  
out breaking the pot then beat it with 4 ounces of Bolarmona  
beat them & serve them together make it up in ounces & half  
ounce paper one ounce will make a pottle of water put it in the  
water to warme & scald not boyle put it in a glass to settle  
when you use it warme it blood warme twice a day the green  
plaster next it & in case of great paine the Red ouer the green



one Plaster will serve 3 or 4 days turned & wiped  
Chap Greens Green Plaster for the same cure  
Oyl olive a pint red lead 8 ounces white lead 4 ounces  
castle soap & suppers sit the oil over the fire in an  
earthen pann melt the soap first then the lead being  
beaten & seced stir it well & when it turns color  
if it will come off when cold (if dropt upon iron or  
brass) then it is enough then put in half an ounce  
of Hoggs grease & a gr of an ounce of oil of Bays so  
dip your cloths strongly in it the red Plaster is so  
or used after any cold taken 2 or 3 days it is very  
good for any scatica (tymg it by 4 days)

De Feigg to ripen any Swelling  
Hemp seed Flax seed & lye seed beaten with milk  
make thereof a Poltis

A Poltis for any boyle tho a Plague Sore  
Hens lung the yalow an ounce of white salt finely  
beaten one ounce of yolke of eggs 2 ounces mingled  
all cold spread it on leather thinn lay it on  
cold & when it is broke spread it on cloth

To dry up wounds & fill them up with new flesh tho the  
bones be seen  
Powder of Flower de luce mixed with Honey fill up the  
wounds

To take dead flesh out of any wound  
insleckt Lime serve it very fine mix it with Honey  
bake it in an oven after bread shave it as you  
have occasion to use it

For a Spraine or Bruise

Take of Red Hareys plaster 8 drams Diapalma 3 drams melt  
this in smal fires over a gentle fire with a little oil of wormwood  
being melted add 10 drops of natural Balsams & so either make  
it in roles or spread it on linnen

X To make Red Hareys Plaster F  
Oyl olive 2 pints Lethurage of gold a pound & a half wax &  
per rasson each 4 ounces Appopanax sagapenum Galbanum  
amoniacum & elemmi of each being also strained 2 oz lapis  
callaminaris finely powdered 3 oz the roots called Aristolochia 1 lb  
nada an oz & half olidannum mastick mierz Amore dragons blood  
in fine powder an ounce burnt bones red Harey red coral the  
load stone severally & finely beaten crocus martis each half an  
ounce cyprus Turpentine 4 ounces first boyle your oil & Lethurage  
of gold stirring them well then put in the wax & gums stirring them  
continually when it is almost enough (you may find by dropping  
some upon a moist board) put in the Turpentine & the powder  
but you must first take it off the fire least it run downe stir with  
Rodrus will & make it into rolls anointing ye hands with oil  
of St Johns wort let it not boyle after the Turpentine in  
the Red Harey is that yoch is left in the bottom of the distilla  
tion after the oyle of vitriol is drawn off well washed  
& dried againe

For a sprain in the Bones or sinuss  
Aqua vitæ the white of an egge & Colarmonaka beat them  
severally mixe them with the Flax & apply them hott if it  
be an Ach put in a little vinegar

A Poltis for a swelling or Lanking Lady St John  
A quart of milk a pint of Ale grounds daisy roots plantain &  
mallows each a handfull chopt red rose leaves boyle them in  
the Ale & milk & thicken it with eaten meal to a poltis then put  
in some oyle of roses or red rose water or oyle of camomile as much  
as an egge Apply it hott

De Bonislaw's Syrope of Roses  
Juice of Damask roses 2 pound put shorn a pound  
of Damask roses beaten put it in a pot cover it close  
set it in seething water 24 hours then strain out  
that & add to the rose another pound thus doe for  
9 days the last straining put it into Balneo 24 hours  
it there appen a thick element in the bottom the rest  
will be cleere & red like a ruby pour of the cleere &  
set it againe in to hott water & there will be an  
other settlement with power the cleere from & make it  
into a syrope

Spirit of Saffron de Bates  
Browne the freshest & greenest shred finely in hand  
fulls cannary sack 3 qts sweet Fennel & Angelica  
seeds each 3 qts of an ounce Saffron halfe an  
ounce steep them 3 days distill them keep the first  
quart by it selfe the 2nd also the rest will be  
little worth to the first add fine suger candy  
finely Beaten 2 ounces hang in the glasse 6  
grams of Ambregreece if you please to make  
Tincture take a pint of the first get mixe a dram  
of saffron with the Ambregreece ravelled to press  
not powdered it is excellent in infectious diseases  
small pox measles spotted Feavers plague malign  
nant Feavers trembling at the heart fainting  
swooning or the like it moveth those easeth  
travel & some kind of Asthethrows from one spoon  
full to 3 as need requires the Tincture is best

S: 4:

### Sirfit water

Two quarts of Ague water halfe a pint of Damask rose  
water 3 quarts of Poppy water halfe a pound of white su  
gar candy powdered put them together let them stand 24  
hours put to it 4 ounces of Dates stoned & sliced 12 ounces  
of raisins stoned halfe an ounce of Anniseeds a gr of an  
ounce of nutmegs as much mace & cinamon a stick of  
Liquorish beat the seeds & spices put them together let  
them stand in the Ague water 10 days straining it once  
a day then put in a good handful of Poppy leaves clept  
& dyed as much clove July flowers clept set it in the  
sunne 12 days straining it once a day strain it out & hang  
a bag of Ambregreece in it

### For the Stone & stoppage of Urin

An ounce of Lapis Judaricus beat it 3 howers close  
covered labor it very well part it into seven parts to  
every part have beaten white suger candy halfe an ounce  
keep this severally disolve a paper of your candy in a  
draught of white wine put also a paper of your Lapis in  
a spoon with a little of that wine stir it & take it drink  
the wine after it fast 2 howers thus doe each other day  
for seven days thus morning you take not this boyle for  
night betwix in port drink halfe a spoonful of suger as das  
much sasapareilla as will lye in a great beyn put to it stir  
it well together take it first & last a great worth of the  
sasapareilla will serve all the time one who took this voyd  
ed 2 handfuls of gravel in one day & was at great ease  
7 years after & was cured againe by it & so commends  
it to the world



Dr. Wrights Spirit of Mint  
Five handfuls of Mint & 5 of Bawm put them in  
a quart of faire water let them lie 3 days stain  
out the water & put to it 3 quarts of rich  
malega sack & the same quantity of the same  
herbs dry to a pnt of it put an ounce of suger  
candy it is good for the stomach

Cold Sixhit water Dr. Bates  
Ther pound of Carduus. i pound of wormwood  
i pound of Spie mint chop them distil them  
in milk

The Yallow Salve or Flower of oymments  
Rosin Perozen each half a pound virgin wax  
Dess suit & olibanum each 4 ounces mastick  
an ounce camphie 2 drams beat ye gums very  
fine dox them in a great skillet or Kettle melt  
first your suit & wax then the gums one after  
another then strain them with a greasy wett cloth  
or dish clout wett in dish water into another such  
skillet or Kettle but first melt in it a little bees  
suit or oyle & also 2 quarts of right white wine  
warms it before you strain in ye gums greas a  
stick also to stir it with & stir it from first to last  
till it will burne it will boyle 8 howers if the wine  
be good it must boyle till the wine be consumed wch you may  
know by dropping a little of the salve upon any thing & when it is  
cold take it off & work it in ye fingers & if you find any wett  
in it the wine is not wasted when the wine is wasted take  
it off & stir it till it be scalding hot put in 4 ounces of Venes  
Turpentine & the 2 drams of camphie stir it till blood  
warms then put it in a pail of cold water & work it into rolls  
wch keep it in a paper every one by a silke

171  
A water for the Sciervis  
Garden sciervis grass 12 pound beat & strain it fresh bruise  
roots 3 pound Horre redish roots 2 pound winter Bark  
half a pound scraps & slice all this natmsq 4 ounces grated  
30 Lemmons sliced rinds & all steep this in 8 pints of white  
wine 48 howers still them in a Limbeck let it stand 2 or 3  
weekes then take 6 spoonfulls with this following syrope mixt  
with it every morning a month together it is also good for the  
Black & yallow jaundice

The syrope to take with the water  
Brisk rootes Asparagus Finnel smalage grass rootes rad  
an ounce wash scraps & cutt out the strings from the midst  
of them slice them into a quart of water let it boyle to a  
pint strain it & put in it a pound of suger boyle it to a  
syrope wch put to the water

Mr. Pratts salve for Sores Breasts Aches or to strengthen  
Red Lead white yce Lead each althe beaten & secced to  
every pound of lead a quart of oyl & half an ounce of camphie  
slice & boyle the oyl & lead in a vessell to big by halfs stir them  
all the while with a wooden thing let them boyle till they have  
frothed & will not stick to your fingers then take it off &  
put out half & put camphie but to half of it make it up  
in roles in cold water in hot causes use that with camphie  
it is good for old sores if you boyle it to much it will not  
stick there must be a quart of oyl to every pound of lead

For the Sciervis or Swelling of the Gummies or Bakes  
A pack of soxell washt & dyed sit it on a bawm in a dry pipkin  
stir it till it be tendre boyle it after ward with a little roach  
Alum strain it thurw a silke mangle it with two or 3 spoonfulls  
of clarified Honey & a little saunders put but make it sweet or tart  
according to the soyness of the gummies the roachnes seches the  
sweetnes heales rub the gummies with it & apply to the swelling  
some lint spread with it remove it when you eate & wash  
your mouth



For a Pain in the Stomach or micklethwait  
A Plastre of caruanna layd to the stomach when one  
falls of lay on another

For the Strangury  
The inward bark of the rinds of yong Hazel boyle it  
in smal Ale halfe away drinke a draught first & last

For an old sore or Canker  
White wine & running water each a Bottle Plantain  
Hony suckle leaves Bittong rosemary Broom each a  
handful boyle it in a quart is wasted then put in  
4 ounces then put in Camphur & diam boyle it in a  
strong earthen pot

For a Prick in the sinews  
oyle of roses heat it well & lay it to the wound as hott  
as can be suffered binding black wool about it

For a sting or sudden swelling  
oyle of bay anoynt the place & after it is dyed in  
take new butter whitewine & Bean flower thick  
them upon the fire & lay them to the place

For any great scabb or itch  
Rootes of red Dock stamp & strain them a penny worth  
of virginis wax sheeps suet 4 ounces powder of Brim  
ston a spoonful & a halfe Taxe 2 spoonfuls boyle  
all these together & when it is cold anoynt the place  
greased

To Cool a Sore  
Juyce of sorrell mary golds & mallows as much vineger  
as all this with a cloth dip it in them lay it on and as  
it dries lay on another

S: 6:

A Salve to bring Aking & rankling wounds to their kind  
to ease their burning & ease away dead flesh  
Juyce of smalage Botymocel plantain alike quantity  
Hony & the white of an egge a little quantity put to them  
bolterd flower of wheat stie them well til they be thick lay  
it on cold boyle it not

Dr Willis for Sharp & salt humors in the Blood  
Brooklime water crasses each 4 Handfuls reer & Feathes few  
each a handful the out peel of 10 oranges & 4 Lemons wal  
nut leaves if early in the spring or Blossoms or fruit 3  
handfuls Lady smock the same one quart of snayls in  
the shels chop all but the snayls must be washed in a pail  
of water & stird well about & dyed & chopt & distilled  
them in a gallon of cyder Posset or whitewine take a  
gill of a pint morning & evening

Dr Dikes Drink which cured Mrs Lambert of the  
Green sickness  
The Peel of an orange 2 handfuls of dried Agrimony 2  
ounces of prepared steel 2 ounces of burnt Hartshorne  
a dram & a halfe of conardie seeds the same of galmgal roots  
an ounce of china roots 2 ounces of salsaparilla an ounce &  
a halfe of Guaiacum 3 qts of an ounce of ebony wood put  
this in a bag of Bolster hang them in 3 gallons of Ale or Beer  
let the party drinke at 8 days the first & at 4 in the afternoon  
fasting an houre

The Powder by the same Dr for the same  
Four ounces of sugre finely beaten an ounce of steel powder  
serued the 3d part of an ounce of mace the same of cloves one nutmeg  
half an ounce of pearl as much Amber & coral as much nips Ashen Key  
and 4 Date Stones a grates worth of Aloes cecatina



beat all thes sicee them & mixer them with the sugre  
let the party take as much of this dry as will lye on a  
6 pence fasting in the morning & 2 howers before supper  
walking & fasting an houre after it

De Willis for the Spleen  
Take an ounce of the shavings of Iron or steel squars  
upon them the Juyc of 2 or 3 oranges let it lye 4  
howers then put it in a quart of whitewine unless  
it be a woman who uses to have those too much then  
clauet is best let the party take a wine glass morning  
& afternoon walking after it taking some opening  
bills once in a week

De Willis for sharpnes of Blood wch causes bleeding at  
nose or any fluxes

Take the Hippes that grow upon wild Brier cut the in  
two long ways scrape out all the seeds & woolly substance  
let them lye covered 24 howers then beat them with  
a spoon put the pulp thuro an haire sieve take the  
waite of it in sugre beat the pulp & sugre together  
take as much as a walnut night & morning

De Willis A drink for the Scirvies wch caused  
Lamenes sweating Aguishnes & Feaverishnes  
Rootes of chere vil & bent de leon each 2 ounces Guoy  
& Hartshorne each half an ounce burnt hartshorne &  
candied oranges each one ounce maiden haire Hartstong  
A gumony each a smal handful 2 pipms rasins stoned a  
qite ind boyle this in a pottle of water til a 3d part is wasted  
then put in it halfe a pint of white wine scirvies grass water  
crasses & Brooklime each a handful a little brewed a little many  
pel couer it close let it mure 2 howers strain it & when it is  
cold bottle it drink first & last halfe a pint

S. 7.  
A drink for a Scherous

Twelve gallons of Ale boyle in it Tree topps yalow dock rootes  
silt & the pith taken out Juniper or the Berrys polipodium &  
Broom instead of Hopps after it has done working put in Tama  
ris sina Juyc of scirvies grass each a handful a spring or 2 of  
wormwood 3 galls of steel a handful of the shavings of pewter  
in the spring a little rubbed hang these in a bag with a chalk  
stone & a lime stone drink a pint fasting & a little before supper

To make spirit of Eldre Berrys  
Take of the blackst ripst Berrys pick them press them thuro  
a haire bag let the Juyc run into a Tub to curry gallon of Juyc  
put a pound of broken Berrys work it with yeast 3 or 4 days  
letting it stand in a warme place couer it keep it from the  
Ayre stil it in a Limbeck

For the Stone in the Kidneys or Bladder  
Take sasafra wood & sasapilla sliced each 6 ounces  
of Anniseeds parsley & sasafra seeds each 3 ounces.  
horhounde Juniper Berrys each an ounce of the inward  
bark of eldre & wate crasses each a handful 3 limmons  
sliced rhinds & all oyl of vitriol halfe an ounce steep  
all this in 3 quarts of whitewine & 3 quarts of strong  
Ale in an earthen pot close covered 24 howers stil it  
in a plain stil gently as long as you can keep it from  
burning keep the water close take 8 spoonfuls of it in  
as much whitewine & a spoonful of Syrope of Althea  
4 days together twice a day at the ful of the moon  
using gentle exercise

Lady Rannelah For the Scirvies  
Juyc of the ripe Fitches or Taxis stamp & express the Juyc wet it  
on the fire & claiph it make thereof a Syrope wch give in morn  
gins to the patient it must be only of the graine not husk

An Excellent water for the stone or wind  
in the body or colick or illness in the stomach  
Take 3 gallons of Ale camomile Hawthorne Flow  
Phillipendula Saxofras germander rosemary  
pennyroyal Hysope Parsly winter savory Lavander  
Fennel wormwood 3 handfulls of each put this  
into the Ale 24 hours a spoonful or 2 of Honey  
as much Turpentine as a walnut beat them well  
together bruse the Herbs well 3 nutmegs put  
all this into your Limbeck except the Honey &  
Turpentine wch must be put in after the Limb  
boyles stric it together take 4 qrts of strong  
& 2 of smal drink 4 spoonfulls in a glass of wine  
morning & evening

My Grandmothers Clowns wound worth  
salve

Clowns wound worth 4 handfulls beat in a mor  
ter Bees wax 3 ounces Barrows grease 4 ounces  
halfe a pint of salit oyl boyle them til they will  
Bubble nor longer strain it put to it 2 ounces  
of Venes Turpentine set it on the fire let it  
boyle a little after so pot it up

To open a wound faster Healed  
Agrimony bittany rootes & rosemary alike quantity  
stamp them fine temper them with Honey & the  
white of an egge & Rye meal lay it like a plaster  
to the sore

S: 8:  
Spirit of Oranges

Forteen oranges pared very thinn strip them in 2 quarts of malt  
ga sack let them steep 4 days distil them sweeten it with white  
sugre candy as you please

For the shingles

The Galls of carpes Amount to ther with 3 times in a day cold  
as it comes out of the fish

To dry up any running sore

The dust of oke wood & smiths water then powe the water  
from it & put in a little white wine boyle them & with a cloth oft  
them & lay there to till it mends Another for stinking sores  
Juice ofcelandine Plantaine Honey & the yolk of an egge was  
much barley meal as will make it like a plaster let it come next  
nor fire An excellent salve for old sores  
Brambles leaves sage & wallflower each one pound wax & fresh  
butter the like rosin half a pound boyle this strain it for use

A comfortable Balm water for the Spirits

A quart of the Juice of Balm & a quart & halfe a pint  
of sack & a great nutmeg halfe an ounce of cinomon  
as many cloves as you can hold between yr fingers  
beat the spices add 6 pennyworth of saffron misure all  
this in yr Juice & sack 2 nights & a day stric into it a gr  
of a pound of sugre also 3 or 4 handfulls of dried Balm  
in this misure will doe well



### Syrup of Corral

A pint of Citron Juice & put into it an ounce & a half of corral finely seced & powdered & let it stand upon the sand where your stills are about 14 days till it hath gotten a good corall color from the corral stirring it 2 or 3 times a day with a wooden spatle then take the rinds of 4 oranges & 2 Lemmons very thinn pared & half a pint of Damask rose water put this in a close glasse still & lute it close with Bladder & set it in the water to stil & it will be done in 12 days & nights filter & straine it from the pells & then boyle it with as much hard sugar as will make it a syrop & by degrees put in the tincture of corral being filtered also

### Spirit of Lemmons Lady Compton

So cive Lemons fresh & well colored pare the pels in bits no bigger then a penny & so thinn put them into a glass or wide mouthed Jug put to them 6 quarts of the best canary stop it close let it stand 6 dayes draw off a quart in a Limbeck in wch steep for 8 days more the thinn parings of 12 or 14 more Lemons stoping them close then take 30 Lemmons more beat the yalow of the pells in a marble mortie squeeze out the Juice upon half a pound of white suger candy beat & seced then strain the distilled water upon the candy & Juice if they will not mixe put in some very close thing & set it half an houre in hot water & let it run thurrow a cotton Bag & bottle it

### For the stone

The Powder that is in the middle of Oval flint stones broken as much in a hit as will lye on a 2

S. 9.

The Dutches of Lothredales Spirit of Citrons  
Take the thinn pells of 2 dosen of Citrons put them into 6 quarts of Rhenish wine & 3 quarts of water infuse it 3 days then distil it

The syrop to put into the water when you drink it  
A pint of the Juice of Citrons make it into syrop as before

### For the Scirvus in Children

Clarify Juice of scirvus grass on the fire with the Juice of an orange give the child some of the cleve in the beer you give it also hang in three beer when they are weary of this as much horse redish scraped as a bean & 6 rasins half a spoonful of currans a spoonful of burnt Harts horns half so much ruber 6 leaves of scirvus grass this is good for the blood & the wormes & scirvus & this will serve a yet of the life the child have nor other drink

### To strengthen a weak childs Stomach

Two grains of <sup>nutmeg</sup> ~~nutmeg~~ 12 lb of rubarb mixe them with conserve of red roses & syrop of July flowers give as much every night as a nutmeg

### For any Red swelling or inflammation

A pound of Dane wort (wch is a kind of Swage Elder) leaves & a pound of may Butter tel if you drop some of it upon a live cole it will not hiss strain it & keep it for ye use

### A Baine in the side or Stomach

Conserve made of the leaves of wild or garden sweet Briar roses taken night & morning as much as a nutmeg



Spirit of Harts Horns M<sup>r</sup> Boyls way  
of Harts Horns broken upon an Anvill in peeces as big  
as a mans finger put a pound or a pound & half or  
2 pound at most according to the bigness of the vessel  
into a glass retort the stopper & larger the better  
place the retort in a sand furnace & give a very  
gentle fire 5 or 6 howers til the phlegme comes in  
great drops into the receiver wch must be well  
fastned on & larger then the vessel youe fire by  
degrees til you see a volatile salt stick in the  
neck of the retort & the sides of the receiver  
continue that degree of heat til you see no more  
salt come over & then increase it as much as you  
please whereby you will force over a darkish red  
oyle of wch I seldom make much use & therefore  
when about a spoonfull of that is come over I leave  
off the distillation take away the receiver & wash  
down all the volatile salt with the phlegm &  
the spirit then pour them altogether with the  
oyle into a Tunnel with a narrow hole whereby you  
may easily separate the oyle from the rest that wch  
rests must be set to rectifie in Balneo or any such  
gentle heat in a tall Head & body the higher the  
better if you give not so strong a heat there will first  
ascend into the Head a cleane volatile salt wch if you  
please you may take out of the Head & keep by it  
self but because it is not easy to get nor keep it  
nor give it usually continue the rectification til  
the liquor that arises up have washed down all the salt  
& carried down the rest with it into the receiver wch  
then take off

S: 10.  
& change that by continuing the distillation a little longer I may give some  
more spirit tho not so good as the first when by the last I find the  
second spirit weak I leave off

A Salve for a Swelling in the Throat to dissolve it  
Take ounces of Castile sope red & white Lead each a pound finely  
beaten oyle & pints boyle all this to a plaste

For a paine in the Side  
A pint of Ale boyle in it Broom till halfe be consumed give it hott  
lay to the side a poppy cake steeped in hott vinegre strewe on it  
commen seed

For the stone  
Take a peck of Haws the reddest & fatest about mchmus is  
horse redish roots freshly a handfull 2 or 3 Lemmons phillipendu  
la 2 handfulls put all these into a Bowl together 2 qrts of milk  
a qt of white wine a quart of sacrifice watre let them  
stand 24 howers distill them & take of the watre a spoonfull  
with so much white wine

A most excellent receipt for the stone in the Kidneys  
To every pint of Juice of Lemmons 4 score red cherries beat &  
the stones crackt let them stand 24 howers distill it take an  
ounce of watre with as much rinish wine & halfe an ounce  
of white sugre candy

For Sweating Dr coillis  
give Cardial Powders & after them cordus poset drink  
or camomile Flowers & sage when there is no flavor boyle  
Burr rooter & seeds in white wine poset drink with  
a few candied oningoes



For Sirfish Dr Willis  
Either vomit with salt of vitriol or give infusion  
of Poppy Flowers or Hiera Picra in Aqua vite or the  
plain distilled water of green walnuts also the Lady  
Allens or Plague water

For the Scieries

A pound of sciruis grasse leaves a pound of raisins  
beat these well in a mortise then put to it half a  
pound of fine sugre winterbark in Powder 2 or 3  
drams salt of wormwood 2 drams beat all this into a  
conserve give morning & afternoon as much as a walnut  
Conserve of Tanzy & Tamariz beat with an equal  
weight of sugre are very good

Dr Willis way to Make all syrrops

To a pint of any Liguor a pound & a half of su  
gre boyle it to a Candy high take it off from  
the fire & when it leaves boylmg put in the Li  
guor stir it til the sugre be well melted then  
put it into earth or siluse till next day then  
skim it & glasse it

Lozenges whan I had sharp Humors in my Bloud  
by Dr Willis

Coral prepared 2 drams mala Eiony roots in  
Powder half an ounce prepared pearl & Amber  
each 1/2 one dram make all in fine Powder mix  
them together then take 8 ounces of double refined  
sugre dissolved in a little black cherry water boyl  
it Candy high then put in the powder by little &  
little stirre them but not to long drop them on plates

For A Sirfish S. 11

distill a water with the Budds of elder Flowers put into the  
many blown Flowers as it will hold & when they are sunk put  
more let it stand covered in a hott place til it stinks (close co  
vered) & wormes breed in it then distil it give 5 or 6 spoonfull  
keeping very warme Dr Willis did much approve this water

For great gripings after a Sirfish Dr Willis

A Bottle of spring water a qtr of an ounce of china root the  
like of Harts Horns & Ivory halfe a spoonfull of surst Finnel  
seed brused a handful of raisins stoned a handful of Agimo  
ny the like of Harts tongue boyle these to the consumption of  
a pint this was prescribed when I was at Astrop waters & made with that  
water as best

For a Broken Shinn

whitewine & oyle beat well together anoynt the leg with  
a Feather & lay on a peece of lead beaten thin

A Black Salve for Aches & Sprains La Devenshire

Three qtrs of a pound of the finest yellow Bees wax of  
the first Hive & a pint of the best salst oyle break ye  
wax in peeces set them on a quick fire when they are melt  
ed take them off the fire let it coole a little then put in  
half a pound of white lead being finely ground on a painters  
stone then set it on the fire againe let it boyle halfe an houre  
stirring it continually then take it off & put to it oilbanum  
Frankensinca miera mastick all finely beaten each 2 ounces  
let them boyle halfe an hower more stir it in put in 1/2 lb  
it can cure after it has boyled an hower as before put in a qtr of  
an ounce of camphire beaten let it boyle til it be black take it  
off let it coole still stirring of it make it up in wols put not in  
the camphire til it be ready to be taken from the fire  
La Devenshire



X Dr Trigg For a Dropsy D  
A pound of swart Elder rootes & 4 ounces of  
Alixander seed scraps & slice the rootes bat  
& mash them well together put them in a  
pottle of whitewine in an earthen vessel close  
covered by a fire keep it moderately hot 24 hours  
put into 3 gallons of middling Ale of 12 shill let  
them worke together drinke it at 2 days old

Dr Willis for an Impostume in the Stomach wch voyds  
much blood by vomits & by stool

Take St Johns wort mouse ear plantaine cyprus mirtle  
each a small handful barley 2 spoonfulls boyle these in  
3 pints water to two pints put to it when strained 2  
ounces of Honey of roses one ounce of cinomon water  
drinke 3 ounces 3 or 4 times a day they may take  
Brent claret wine & a little cinomon water between  
whiles by the parties Armes & legs take some blood  
from the Arme for bray flesh & also drinke as  
much as may be, but they may drinke as much of  
the decoction as they please

For the Scirvus Dr Willis  
cyprus & Firr each 6 handfuls Indian cresses  
4 handfuls green walnuts brased 4 pound Elder  
Berries brased 2 pound unripe the peel of 4 Lemons  
& 10 oranges chop all & distil them in a gallon of cyder  
poset drinke take night & morning 8 spoonfulls

For to strengthen the Stomach  
Pills of powder of Rubie made up with elixer  
proprietatis take 3 or 4 once night

Dr Trigg For the Scirvus S: 12:

Four ounces of Lignum vite a pound & a half of raisins of the  
sun stand beat the wood then the raisins & that together into a  
past put them into a Bag boyle a gallon of water very well pour  
the water scalding hot upon the past as it is in the bag wch must  
be held over a stone pot with a Tap in the Bottom after 3 days  
draw it into Bottles drinke nor other drinke

The Bishop of Exeteborough for the Scirvus  
Take out the Kernels of an orange & then take 3 times its weight  
in double refined sugar & some Flower of Brimston pound all these  
together to an electuary take every morning as much as a walnut

XI Mrs Stones Diet Drink for one that had a leg that did  
not thrive

Three gallons of Ale one of white wine half a peck of sea  
scirvus grasse 4 ounces of rosemary Flowers without greens  
4 handfuls of woodsorrel 3 bunches of Brooklin the same of  
water cresses 8 bunches of Harts tongue 12 clouters of Liver  
wort 6 bunches of Lungwort or rootes if there be nor leave  
3 pennyworth of softon druid & rubbed 4 nutmegs grated  
a pint of Bulls dung with Ale mashed & strained a pint of  
goos dung 4 ounces of china brat small 1 ounce of carda-  
mums halfe an ounce of long Pepper the same of white  
pepper put all these into the Ale but let it not be so  
so as to work over but you may fill it up when it has  
done working if the weather be hot put lesse whitewine  
a pint for a man halfe so much for a woman use every  
size after it



Dr Willis his directions for the Stone

once in 3 weeks or a month if the weather be warme take the Bolus prescribed which is easily to purge & to cleanse the Kidneys then for 6 or 7 days after take 3 of the pills night & morning.

every new & full of the moon for 3 mornings together take a spoonful of Hanastones powder in a draught of small Ale adding a little nutmeg & sugar.

For ye ordinary drinking have a vessel of 6 gallons of small Ale hang in it this Bag Five Tops & handfuls Juniper in Hogs Berries 2 ounces Daucus seed 1 ounce Dock wotrs dried half a pound Tap it at a week old have one vessel after another.

At any time when you are troubled with strangury paines or stoppage of urin presently take a glyster with lettuce mellilot camomile & elder Flowers each a handful carry away Anise & sweet Fennel seed each a spoonful 6 prunes boyle it in a pint & a half of water to a pint of it put 2 spoonfuls of syrups of violets & 2 of comf sugar if that help not take another after 6 or 12 hours with a pint of urin & an ounce of viner Turpentine beaten first with the yolk of an egg. Take some poset drink with 2 parts Ale & one whitewine boyle march mallow water in it sperate it with syrups of march mallows drink plentifully of it.

If this avails not send for the mixture & take 3 spoonfuls once in 6 hours in the same Ale a good draught of it be careful in diet avoid salt meats & stales drinks eat veal mutton pullet rabbit & such like of Beef & pork but seldom, let yr Beer be mild or the Ale you may be allowed 3 glasses of wine with let be rough claret sherry or canary avoid whit & runnish or thinn clarets

the powder

of Hanastones Casia newly extracted 6 drams holland powder 2 scruples & a half salt of wormwood 10 grains with syrups of violets as much as will make it into a Bolus

beginning is hard stones that is seed

S. 13:

The Bolus

crabbs eyes & cariot seed each a dram & a half salt of Amber half a dram viner Turpentine as much as will make it into pills

The Pills

The mixture for stoppage of water

Rue & Marsh mallow water compound each 3 ounces syrups of marsh mallows 2 ounces spirit of Turpentine half a dram mixt

For a paine in the Stomach

A pint of spring water a handful of succory half so much spring water some blew cucumrs boyle them half away take half a pint three times in a day

For a Speaine

The whites of an egge & Bag salt beat them very well & mixe them dip some flax in them & bind it on change it once in aday

A syrups for Bleeding & Flooding

Twelve handfuls of Plantaine 6 ounces of comphry make a syrups with the Guyes

For the Stone in the Kidneys

A pint of white wine a pint of milk a pint of Ale a handful of ordinary mallows an ounce of grammel seed boyle them to gether half a pint of an hower strain it & add to every half pint an ounce of syrups of march mallows drink half a pint night & morning

For Scabs in the Face

Tare & mutton suit melt them well together & anoynt therewith

To make Juyc of bent or Leon for the Scirvies  
Take so much of the Herb as will fill a large gallon  
Pipe wash it spring it in a cloth sprinkle upon it  
halfe a pint of white wine set it on the fire stir  
it till it yield the Juyc strain it take halfe a  
pint morning & after noon

Lady Bernards medicine for the Stone  
Ambre & jst each alike & of the powder of the  
mward skins of Pigeons gizzards twice as much  
take halfe a spoonful & after it a good draught of  
white or rennish wine eueing night or oftner in  
extremity this is also admirable for fits

For Aches Paines Straticas or the Goute to prevent miscory  
ing a plaster to the back & Billy paine in the back or  
Goutes or any thing coming of cold  
Oyl of Oxen feet & sheeps feet & oyl of St Johns wort &  
Oyl of earth wormes & mans fat each halfe a pound  
white lead & serus each 5 ounces minium a pound  
yalow wax & Turpentine each 4 ounces saffron & can  
phir each an ounce lapis Hamatilis & dragons  
blood & casia drawn with the water of hoggs  
spawn each 4 ounces

To strengthen a weak Member Mr Freeman  
Solomons Seal Comfrey red sage red Fenel rose cake  
Knott grasss boyle this in whey bath it night & morn  
ing therewith hott

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A Bitter drink for the green Sicknes & paine in the Stomach  
Take Camomile Flowers & centaury each a pugil carduus  
seeds a dram gentian roots dyed halfe a scruple rubies a  
dram boyle this in a pint of spring water til a 3d part be  
wasted drink a gte of a pint in a morning

A water for the Same  
A gallon of white wine & ounces of Gentian 24 of Centaury strain  
these altogether & put the wine to them with an ounce of  
rubies grated still this in a common still drink 3 spoonfuls in  
a morning

For Stomach Wormes  
Two pennyworth of Aloss one of mithradate two of dias cordium  
a spoonful of oxe gal halfe a spoonful of vinegar boyle it till it be  
thick enough to spread lay it to the navel & stomach

For a Sore that will not Heale Dr Cowie  
Wet a rag in fasting spittle then take up a little quick  
siluer upon it & rub over a peece of lead beat very thin  
til it be silvered with it & apply it to the sore nothing  
between & for it new ore with quicksiluer  
every 2 days & purge once in 2 days while you  
use it this cured a leg of mine that had been many  
months ill in 12 days after I had tryed all ordinary salves  
& also Cap Greens Powder



**S**  
Syrup of steel Dr Lower gave me & with  
he uses

An ounce of Filings of steel infuse it in a quart of  
whitewine two or 3 weeks then pour off the  
clear liquor upon a dram of mace bruised let  
them stand a week longer then filter the  
wine thurrow a cap paper in a glasse funnel  
& dissolve in the clear liquor sugar about half  
so much as for other syrups in great lumps  
and not beat nor boyld the syrop only let it  
melt. ofe with take a spoonful with is or 20  
grains of cream of Tartre & drink some sage  
tea after it in the morning for giddines in  
the Head that is best but if it be for the  
green sickness then wormwood Renish  
& during the use of it take halfe a dram  
of Bilula Ruffi at night once or twice  
in a week then needs little exercise with  
it

The spirit of Prory is admirable for Feavers  
giving as spirit of Hartshornz & for the palpitation  
of the Hart 20 drops in Aleem in a glass of sack  
& 35 or drops in any proper Julap cures the plury  
without blood giving Tincture of Antimony clears  
the blood of the fistula ulcers & running sores from  
12 drops to 20 according to the age of the person in  
any proper liquor

Lower  
Dr

**S** 15 I  
The Balsamick syrop for the Lungs to cool & secure  
them from danger by all deflections upon them I,  
A pint of Barly water boyle in it halfe an ounce of  
Balsam of Tolu til it come to halfe a pint then put  
into it about halfe a pound of loaf sugar & some syrop  
of red Poppyes & syrop of Rasberys to make it more  
cooling take in great need a spoonful once in 2 hours  
other wise only first & last & a quart of a pint of snayl  
water after it or without the water let the syrop  
goe as gently down your throat as may be the  
barly water is only a decoction of Barly in water

Dr Lower prescribed a woman for the scirvies  
Take of Brooklime scirving grasse & water  
cresses each 6 Handfuls beat & squeeze out  
the Juyc & take 6 spoonfulls in a draught  
of Dint de lion posset drink every morning  
& evening

The water to take with the Balsamie syrups  
A gallon of milk 2 handfulls of dried mint & nut  
megs a pint of the whites of eggs beaten to froth  
still all these together give a quart of a pint morning  
& night after the syrop in some you may use  
snayles instead of eggs

An excellent receipt for the Spleen & melancholy

Take a 100 of pipins beat them a pint of Red rose water the same of pure orange flower water two ounces of the rinds of citrons & the same of the thinn bark of cinomon beaten small an ounce of coriander seeds beaten small & ounces of the Juice of clove July Flowers & sponfuls (or some dried may doe as well) 20 cloves beaten in fuss all thes in a close thing 3 days sometimes stirring them then distil this & when you put them into the still put in a few slices of citron it will give it a fine taste put in the glass some sugar candy & 20 or 30 grains of maistrey of pearl & 2 grains of Ambregrise

A Powder of Dr Willis for the scieries  
Fine prepared Ivory 6 drams crabs eyes  
the same white sanders 4 drams salt of  
prunilla 2 drams salt of steel one dram  
salt of worm wood <sup>gr scruply</sup> take halfe a  
dram first & ~~fasting~~ <sup>the afternoon</sup> 2 hours in a glass  
of sage Ale or Tea warme

For a paine in the Stomach  
The Green leaves of the Hartychoke plant not  
of the fruit boyle some of them in whiteswine  
or for an ordinary person in small Beer & give  
halfe a pint fasting & in the afternoon & giving  
to bed

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S. 16  
The water with which Dr Winn cured Charles  
Leg which was a grievous sore

Take sage Plantaine smalage Houseleek of each  
one handfull & a halfe white vitriol & Alum  
each 2 ounces camphire powdered 2 drams spirit  
of nitre halfe an ounce Honey one pint boyle  
all this in 8 quarts of water till halfe be wast  
ed straine it & keep it for use when it is cold  
put into it 4 ounces of spirit of wine

boyle the ingredients againe in as much water  
as before directed with will be for washing the  
sore

when it is almost quite healed wash it with  
ye abobofaidos water & apply to it bng: dorica-  
tivum Rubrum to it once a day the ulcer  
with this water healed an ulcer which had a great  
Fungus or piece of flesh growing in it & the bone  
scall'd twice the pills which he took were made with  
Quicksilver & are to had at Robert sacksons at  
the 3 pigons in Queen street

Se The adon Mayden for the scieries  
scieries grass seeds & ruberib each 2 drams  
Horse Radish scraped a spoonful put into a Bottle of  
Beer over night & drink it



For the Stone.

Coriander seeds (iconish sugar candy  
kubreb each an ounce beat & sift them  
add to this half an ounce of cream of  
Tartre mixe this & take as much as  
will lye heapt on halfe a crown m smal  
Beer or white wine

For the sciatica or Hipp Gout or any paine  
coming of cooling to soon +

Two ounces of the oldest Bees suite  
2 pennyworth of saffron 3 pennyworth of  
spirit of Brandy 2 pennyworth of oyl of  
oil  
put the oyl of oil & spirit of Brandy togeth  
er put the Bees suite & saffron together  
mixe them well by stirring oure a genth  
fire when they are well mixt then put in by  
little & little so that it doth not fly oure  
let it simmer on the fire til it comes to an  
oyle always melt it in a new dish & with  
a warme hand before the fire stroke it  
downward til it be well-soaked & moved  
by Richard Hill

S. 17:

For the scirvis

Two quarts of Ranc Brandy 2 handfuls of scie  
vigram the same of Brooklime & water cross  
put them into a bottle stop it close take of the  
Brandy 3 spoonfuls every morning with 3 spoon  
fuls of Juyce of orang fasting 2 howrs is  
a most excellent medicine

For waterishnes in the stomach

Take of the beanes of a Dice of Turkey  
Kubreb the same of orang peel chew it  
every morning & swallow ye spittle til  
you have all the tast & goodnes out  
alsoe a dram of Gentian root sliced &  
put into a gill of sheery take a wine  
glass before dinner sometimes take  
Kubreb with a little Venes Treacle going  
to bed & other whiles the Bitter decoction  
without senns & sometimes Juniper Berries  
swallow in whole night & morning

For paine in the stomach

six grams of powdre of Gentian root & 12  
grams of salt of wormwood put it into a spoon  
with any syrop take it fasting

7 Dr Coladons digestion Powder for the Stomach  
Coriander seeds Male Piony seeds sweet Fennel  
seeds & Daucus each 2 drams all made into pow-  
der coral crabs eyes Amber perl each one  
dram Limon & orang chippis each 2 scruples  
cinomon in powder half a dram sage of  
wormwood marjerom Limon Thymis all dryed  
powdered each one scruple

then take an ounce & a half of fine sugar  
wt it in orang Flower water boyle it to  
a candy then beat it to powder mix it  
with the Powder keep it in a Box & take  
a small spoonful halfe an houre after meals

Dr Thrador. Michiens steel

Take as much of the scales of smiths for as you  
can hold in both yr hands wash them clean  
then put them in a Pitcher with 3 qts of  
fair water boyle them almost to a qt then  
let them stand close covered in the chimney con-  
tinue taking spoonfuls of this mix of white or  
any wine in a morning or then & at dinner &  
in the afternoon if you can take a little after  
it is better

For Pains in the Stomach Dr Debores  
Syrup of comon wormwood made by the mfr  
on give one spoonful every morning sleeping  
2 houre after it

For sharpnes & paine in the Stomach  
A quart of smal Annis seed water put into  
it 4 drams of Hiera Picra & a dram of  
stultchenneal in powder infuse them in a  
chimney corner 4 days before you use it &  
it will keep a year take 3 or 4 spoonfuls  
when you are ill +

Pills for the same  
Ground Pine

Dr Palmers Electuary for the Stone +  
Cassia newly drawn an ounce & a half chosen Ruber  
in Powder a dram & a half Cyprus Turpentine will  
washd 7 drams specu diatragarant Frigid one  
scruple Liguorish halfe a dram in powder mix all  
in a sufficient quantity of Syrop of Althia

Take of this as much as a walnut fastmg & drink  
with it a good quantity of plain Posset drink  
an houre after make posset drink with white  
wine & nutmeg & sugar drink a good draught of  
that also then walk & rate at yr usual time  
this was prescribed by the Docter to a Brother of  
his own who was to be cutt at rib & was cured by it  
& the stone dissolved & came away in Gravil & he  
lived til so the like effect it had upon my lady Back  
hugst who was miserably tormented & also had an ulcer  
in her Kidneys & has been at ease & well for 17 years

Dr Debores  
Syrup of  
the  
A/  
Backmist  
& this began it to the lady



Mrs Watts Powder for the Green sickness

An ounce of Anniseed

An ounce of nutmegs

The same of Liquorish

4 ounces of sugar

An ounce of steel

An ounce of Beel

Mix these & take as much as will lie  
on a brine first & at 4 in the afternoon  
fasting after each 2 hours & use as often  
if they can

For the Green sickness

Two ounces & a half of the conserve of  
red roses one ounce of conserve of scirrus  
grasse 8 drams of steel make these into an  
Electuary with syrops of clove & rose  
take as much as a nutmeg morning &  
afternoon at 4 a clock for 10 days

For the Green sickness Dr Lower

half an ounce of fine powder of steel  
an ounce of steel & sulphur made into  
powder a dram of casia well powdered  
half a dram of ginger well powdered 2 drams  
of cinamon powdered & 2 drams of white  
sugar take it as that above

Liquid Laudanum

Take 2 ounces of opium one ounce of saffron  
2 drams of cloves & make a dram of each whole  
one dram of cinamon one pint of good sack  
slice the opium thinn & pull the saffron in  
peers put them in a long narrow gally pot &  
make the sack scalding hott & pour it on  
the opium & saffron & spice & close &  
let it stand in hours then sit it in a skil  
let of water & let it boyle gently to the  
consumption of halfe with will be 10 or 12 how  
ers in boyling it must be covered w<sup>th</sup> clay  
in the boyling & let the water come above  
the laudanum take it off & let it stand  
above two hours straine it thurw a Flan  
nel Bagg

The Red water for old or new sores  
one ounce of Bolarmenake as much of copins & 3 penny  
worth of camphir beat the copins very well & put it in  
worth of camphir beat the copins very well & put it in  
one gr<sup>ss</sup> of Running water then beat the Bolarmenake  
& put that in let it boyle two or 3 minutes stir it all  
the while then put in the camphir & let it just  
boyl up & stand til it is cold put it in a bottle &  
it should warm bath the sores in & lay a cloth well  
with in it to the sores doe it two or 3 times in a day

For the Stone

A handful of Tamaris Bark boyle in whitewine  
till it is drinke it & it will be well

For the Stone

A good quantity of Milepides or wood lyes or  
sowes wash them with white wine put them in  
a glazed pott lute & close it well set them in an  
oven to dry then reduce them to fine powder  
put to the powder as much white wine as it  
will drink up put it in the oven againe as  
before wth repeat three times then mix this  
powder with strawbery water & a scruple  
of oyl of vitriol dry it once more in an  
oven keep it in a glass close stopp take  
4 scruples & half an ounce of Aqua viti  
mixed with some mild Ale or thian broth  
or proper Liqueor fasting for 7 or 8 several  
days it cures one the 9th day a brought  
away the stone by degrees

For the Stone in either Kidneys or Bladder

A handful of the Bark of Tamaris boyle in  
white wine, essent at last a pint drink it fast-  
ing & going to bed for 9 days less or more  
as you see cause

For an old Sore

2 Handfuls of Gilgo by Ground 3 quarts of  
spring water as much Roach Alome as 2 wal-  
nuts boyle these to 2 qrs bath the sore night  
& morning wth Flannels dipp in it as hott as  
may be suffered half an hour lay the leavy  
all over the sore & on them a Rag double  
dirt in the water

For the Shingles

Take dew wormes wash them clean then take  
wood lice or sowes clean them as many of each as will  
goe into an egge shil then take a small handful  
of selondine will pickt & washt then put them all  
into a stone morter beat them well & put to them  
a pint of the strongest Ale you can get mixe them  
well & strain them as long as you can get any  
out in a strong cloth a man may take it at  
twice a woman it may serve thier sometimes  
in the spring once making will cure if it be later  
in the year twice I suppose tis to be drunk in  
a morning fasting this cured my son Cholmor  
delly

For the Stone Infaillible as tis said

Take May Flowers pick them from the stalk put  
them in the shil & strew some nutmeg on them &  
put in as much white wine as will cover the  
Flowers distil it to a gill of a pint of this dis-  
tilled water put half a pint of white wine wth  
nutmeg & sugar the Flowers shal be put in by layers  
& nutmeg between then the white wine



A Cold Poltis for any Soar

The yolk of a new laid egg as much Honey as the yolk & the same of Turpentine as much powder of Mithridate as will lye on half a crown breast them with in an earthen Porrage with as much fine Flower to pretty thick Battie spread it on cap paper chang it twice a day makes it once a week <sup>new</sup> keep it cool it prevents Gan-  
grene

For the Stone

A handfull of mercury the same of Pilitory of the wall boyle them in milk turne that milk into posset drink & take it by great draughts & it will bring away the Stone

For the stone Ciprianus a famous man for cutting for the stone

Nine cloves of Garlick pick every one with pinn then boyle them in a quart of skim milk to a pint then straine the cloves of garlick in a rag into the milk & take halfe in the morning fasting & the other half going to bed & after each draught a spoonful of oyl of almonds or Linseed or oyl of olive this never fails but it must be used no longer at one time than

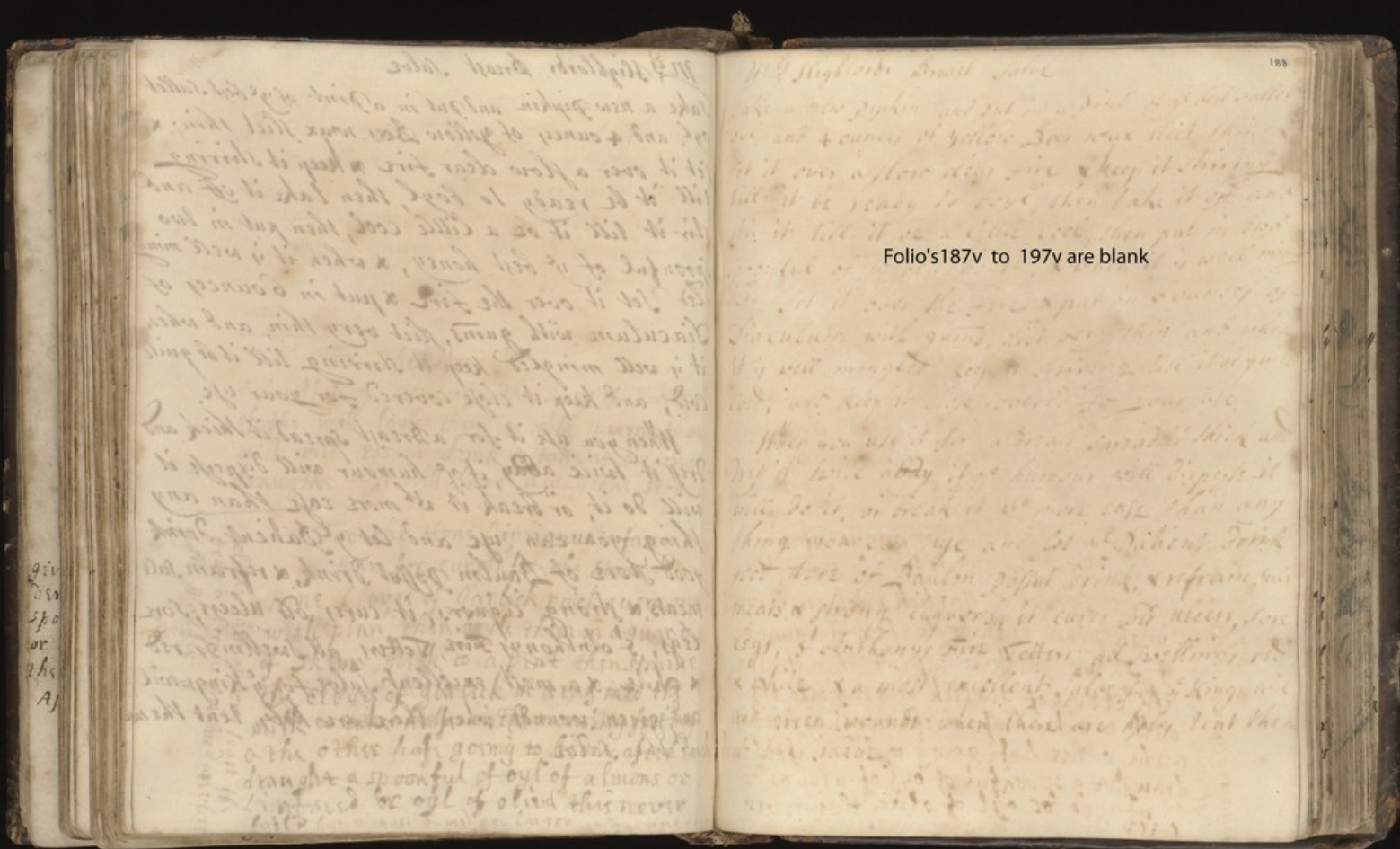
For the paines in the bladder  
heat & sharpnes of the urine  
in the bladder

M<sup>r</sup> Highlords Breast Salve

Take a new pipkin and put in a Pint of y<sup>e</sup> best Sallet oyl, and 4 ounce of yellow Bees wax slice thin; & set it over a slow clear fire & keep it stirring till it be ready to boyl then take it off and stir it till it be a little cool, then put in two spoonful of y<sup>e</sup> best honey, & when it is well mingled set it over the fire & put in 6 ounce of Diaculum with gums, slice very thin and when it is well mingled keep it stirring till it be quite cold, and keep it close covered for your use

When you use it for a breast spread it thick and dry it twice aday, if y<sup>e</sup> humour will disperse it will do it, or break it w<sup>th</sup> more ease than any thing you can use and let y<sup>e</sup> Patient drink good Store of Baulm posset drink, & refrain salt meats & strong liquors, it cures old ulcers, sore legs, & skinthony Fire, Tetters, all swellings red & white & a most excellent Salve for y<sup>e</sup> Kings-evil and green wounds, when there are holes rent them

For the Salve of purging fast witho<sup>ut</sup> any  
to knowe a fo<sup>ll</sup>ow to knowe a the way  
to knowe a the way to knowe a the way



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Folio's 187v to 197y are blank



*For An Ordinary Sore Throat*

Runing water Jewes ears red rose leaves boyle thes to 3 pints with a  
spoonful of French Barly & strain it & put into it powder of white  
dogg tured & sweeten it with syrope of mulberys or eldreberrys  
or Honey gaule often therewith warme take Honey & powder of white  
dogg tured inwardly often also stir Jewes ears in all your Beere you  
drinke

A Polti if it be swelled much outwardly  
Boyle mallows in water till they are very tender squers them between  
two Trenches spread them on a cloth long enough to reach from  
ear to ear & strewe upon it powder of dogs tured & Honey lay it on  
as hot as you can change it twice a day

To Fasten Teeth  
Burnt Alom half an ounce red rose Budds a smal handful vine  
igre and red wine one pint boyle half away take of this warme  
into yr mouth holding it awhile

For the Tooth Ach & Head Ach  
Powder of mastick mixe therewith ralsey watre in a spoon  
stir it til it comes to a salve spread it on sayns it lay to each  
Temple one

For the Faling of the Almons of the Eares  
A Colwort leafs lay it warme to the mold of the head  
Also a vittony plastre is good for to lay to the mold of the head  
to draw up the Almons of the eares or Ealit

A Squinsey in the Throat inwardly or outwardly  
Six shel snayles beat them shels & all in a morter very fine that  
ther be not bits put in a spoonful of Honey & some powder of white  
dogg tured & as much bean Flower as will make it into a polti  
lay it on a thinn cloth on the top of it hold it over colis to warme  
both sides as you can indure it let non lye on the wind pipe  
but just to it only under each ear & almost to the wind  
pipe

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Dr Bates to Make the Teeth white

Burnt Alome & sandowee each alike quantity as much  
Bolacmonake as will cullox it if you find it to sharp leave  
out some of the Alome rub the teeth with a rag this  
with & wash them

Teeth from loosning

Half a pint of the Juys of scirvigras & plantaine  
water together & a piece of the rhind sleid as big as  
a sixpence half so much synomond & a pritty piece  
of mastick all beaten a little life Honey hold some of  
this often in yr mouth

For a thing growing under the tongue that  
looks like a cocks comb

powdre of burnt scavelst & powdre of burnt Alom  
each alike mixed with Honey of Roses here with  
rub that thing twice a day at least

For the Scirvie in the Gums Dr Lower

Spirit of scirvie grass Honey of Roses syrope  
of dryed Roses of each 2 ounces add so many  
drops of spirit of vitriol as will make it moder  
ately sharpe spitt out the Rahm wch comes into  
yr mouth

For an Ulcer in the Throat

Take 3 pound of unslackt Lime but such  
as will slack very well put it in a stein Pot  
& sprinkle it with water a little at a time  
till it have done smoking & then put 4 gal  
ons of River water to it & stir it a good  
while then let it stand & settle 7 days  
then straine it thurow a fine cloth then  
put it into clean Bottles & it will keep a  
year when you m<sup>t</sup>ind to make yr Gargle  
you must take a pint of Red Rose water  
& 2 pennyworth of Pomgranet pels & two  
pennyworth of Jews Ears boyle them very  
well till the pels be soft then straine them  
out & let them stand till they are cold then  
put to it a pint of Lime water & 2 penny  
worth of Borax in fine Powder & halfe a  
pound of good English Honey & 2 pennyworth  
of the sharpest mustard & a gte of a pint of  
the best whitewine vinegar strain it thur  
ough a sieve that the mustard seed may not  
goe thurow but you must not put in the Bo  
rax this is not only for ulcers but prevent  
eth cancers & impostumes probatum  
& the Borax must not be put in till it be strained





These that cannot hold their Urin  
The stone & seed vessel of a Boar in powder  
New milk sliced Turneps into it distil it take half a pint twice  
a day

To Molifie Sharpnes of Urin  
Two quartes of spring water put it into a glass boyle it in  
the glass only have a care not to let the flame touch it put  
in sliced Liquorish 2 ounces sweet Almonds & pine Kernels  
each an ounce & a halfe castia new drawn 3 drams cori  
ander seed halfe an ounce let this mase 3 howers before they  
fin

To Stay Vomiting Lady St John  
Shall shels made into fine powder give half a spoonful  
in a glass of white wine when pilitory of the wall has  
been steeped half an hower being first brused

To Stay Vomiting Lady St John  
A quantity of muscadine put into it quince Kernels then  
add to them cinomon water yelow wax 4 or 5 drops  
of cinomon water a little marmalade of quince spread it  
to lay it hott to the pitt of the Stomach  
Also the lower crust of a Brown loaf tost it very dry &  
steep it in Rhenish & rub it over with nutmeg & cinomon  
nutmegs wormwood or oyl of mastick lay it on hott

Vicer in the Kidneys  
Cyprus Turpentine boyled in plantain water made up with  
gum Arabick let your drinke be Rhenish boyled in water  
use mictions with plantain water & Honey but you  
must not expect any good in two months

V  
Those that cannot hold their Urin  
The stone & seed vessel of a Boar in powder

For sharp urin  
New milk sliced Turneps into it distil it take half a pint twice  
a day

To Molifie Sharpnes of Urin  
Two quartes of spring water put it into a glass boyle it in  
the glass only have a care not to let the flame touch it put  
in sliced Liquorish 2 ounces sweet Almonds & pine Kernels  
each an ounce & a halfe castia new drawn 3 drams cori  
ander seed halfe an ounce let this mase 3 howers before they  
fin

For one that cannot Make Water  
Shall shels made into fine powder give half a spoonful  
in a glass of white wine when pilitory of the wall has  
been steeped half an hower being first brused

To Stay Vomiting Lady St John  
A quantity of muscadine put into it quince Kernels then  
add to them cinomon water yelow wax 4 or 5 drops  
of cinomon water a little marmalade of quince spread it  
to lay it hott to the pitt of the Stomach  
Also the lower crust of a Brown loaf tost it very dry &  
steep it in Rhenish & rub it over with nutmeg & cinomon  
nutmegs wormwood or oyl of mastick lay it on hott

Vicer in the Kidneys  
Cyprus Turpentine boyled in plantain water made up with  
gum Arabick let your drinke be Rhenish boyled in water  
use mictions with plantain water & Honey but you  
must not expect any good in two months



To Make Vomits of Crocus  
Four Drams of Crocus put into a quart of sack stop it close shake it once a day for 4 days together give to a man 2 spoonfulls to a woman one the other the iugne is the better it will work

To Make the Crocus  
Two ounces of salt Petre & two ounces of Antimony beat them in an Iron mortar put a live coale to it & let it burne so long as it will what is left is salt Crocus

For a sinking Ulcer or Canker in the Leg or elsewhere

Two Gallons of water & almost a peck of good Ashes boyle it til it be shony & slippery then take it from the fire & strain the Ashes from the liquor & set it on againe put to it a good dish full of bay salt containing a pint wormwood & centaury each a handful white Lupins & 4 boyle them altogether well & keep it for your use bath it with a cloth wrung out in it lay on your cloth hott & wsh it up hot

Those that cannot hold thir water  
The Lizzle of a Bul dried & grated & a little cinomon mixed give of it every morning & night in any proper liquor this cured Robert Jacob

Of a Vomit rook to much

Give her more posset drink but get into a warme bed lay a warme cloth to the stomach & the Thighs hand if a vomit work not give them good stons of Posset drink & in a spoonfull of it halfe a scruple of salt of vitriol

To make a child make water

Give him bruss them in a little wine or Hogher strain & give it of it a boy put a finger into the yare holding the skin together

U 2:

For Vomiting medicines Dr Willis

Vomiting vomis of squills from an ounce & halfe to 2 ounces also salt of vitriol from a scruple to a dram after either of these drink a good deal of Posset drink & vomit with a Feather it will succeed with all constitutions

For the Taking of the Trilla or Pallet or Almons of the raris  
A qtr of an ounce of white Pepper halfe an ounce of grated nutmeg a half cummin seed beat & mixe this & divide them into two parts putting it in linnen bags & warming it will bind one of them to the melle of the Head

For an Ulcer in the Lungs

Six crasfish unbould halfe a dram of cinomon & an ounce of white sugre Candy beat they in a Marble mortar halfe an hower then powe on them by degrees halfe a pint of the smal white wine & as much of the decoction of great Dary roots made with Barly water powe this upon them boylng hott by degrees & work it well with a Lestell halfe a qtr of an hower then strain it of this a man may drink a 3d part every morn mg & evening for a week or 10 days

A veina inward Broken

The quantity of a nutmeg of conserve of roses the same of the dried Lizzle of a staggs grate it & give it twice a day it is as good as a Bulls Lizzle for those that cannot hold thir water

Dr Clark those who make Bloudy & thick & Black urine  
A qtr of a pint of red rose or Plantaine water put into it as many leaves of the velvet rose as you can take up by warm your fingers & 7 drops of oyl of vitriol cover it close all night take out the leaves sweeten it & drink it all

For the relaxation of the uvula or Callit when  
it will not keep up  
shave of the hair on the crown as much as half  
a crown will cover and anoint it with oyl of spike  
& dip a piece of brown paper in it & lay it on if  
once doe not doe it againe

For such as cannot hold their water +  
Bris. waoc made into pills as big as peas swallow  
9 going to bed every night washing it down with  
a spoonfull of Beer at night this was a quantity  
for a boy of 14 he took 3 ounces before he was  
cured

For vapors extraordinary good +  
The finest Filings of steel 6 ounces Casid  
lignum 3 drams english saffron a  
scruple a dram of Anniseeds in powder  
white suger candy 2 ounces all mixt

For a diabetus  
A Hotte two penny Loaf eat it all up at  
one time

For vapors  
the distilled water of ver vein in a cold  
still drink a chiny dish with a lump of loaf  
suger when you are bed

its much sweeter sild very fine as a grey pease & as much suger a draught of 4 ounces  
of Bucke backe against the most place near & all distilling in a still still firing clept & sweaten  
it with 9 drop of strong & put in 20 drops of spirit of Rhatifion

For Vapors

give  
or  
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A

W: I:

Lucatillas Balsame for new wounds inward vleses  
the stone the whites wasting of the Lungs Bruises  
Venes Turpentine 1 lb beat it in a pint of the best Dam  
mask Rose water till it looke very white the best Bees  
wax 4 ounces sliced Red sandrus in fine Powder half  
an ounce oyl olive a pint & a halfe one pint of sack  
set ye sack oure the fire in a new earthen Dipkin  
will glaze put in the wax let them boyle then put in  
the oyl let it not boyle take it off let it cool then  
take out the cake cut of the dirt which you will  
find in the bottom wipe the Dipkin clean cast a  
way the sack put in the cake againe let it melt  
gently not boyle least it tast rank when it is will  
melted put in the Turpentine as it is incorporated  
with the Rosewater when it is melted take it  
off put in the sandrus stir it now & then least  
it sink to the bottom but stir it not constantly  
least it make the balsame look white it will keep  
20 years

Dr Wilsons Broth to prevent miscarriage  
A knuckle of veal p. r of mutton the pith of  
Beefe & mutton each a poringe full musk time  
pelitory of the wall shepards purse each m. ss  
marriemom a qtr 3 compney rotes clary M. i. Date  
an ounce a blade of mace a gallon & 3 pints of water  
in 24 hoppers boyle 3 pints & way strain it put in  
2 new layd eggs the yolks a pint of muscadine  
half a pint of red rose water let them simmer  
& stand til next day then take of a skinn 3 inch  
is thick throw it away take a mess once  
day that should be a spoonfull of conserve of  
rozes but it makes it so fulsome non miscare  
that took it



W. 2  
For a weak Back in a woman with  
child & to prevent miscarriage  
Venus Turpentine boyle in cleane  
water till it look white & raked up into  
pills with a point of an knife dip in the  
yolk of an egg take 3 or 4 in a morning  
for 6 mornings after wards take a  
joint of a stick of the pith of an ox  
beaten with a spoon a good quantity  
half a pound of Lemons a little cinamon  
boyle all this to an electuary take as  
much as a walnut night & morning

The Jelly to be taken for the same  
after the Pills & electuary  
2 cocks or capons fley cut them in halfe  
beat them to peeces take knot grass  
comfrey roots and a m. of the Herb calid  
Harts horne in red sage m. s. wash  
dry the Herbs gr. ounces of cinamon  
lik half a pound of Raisins stoned  
mingle all this & lay them between the  
halves of yr capons in an earthen pot  
close pasted up set it in an oven with  
a batch of bread strain it hard out  
& take 3 spoonfulls wayne

For warts infallible  
Anoynt them with the oyl of Brown Paper  
till they are gone

7 Balsamum Cylandrinum or the Fijers Balsame <sup>7204</sup>  
of souverain vertue against morall Blees & Consumptions  
A quart of the best spirit of sack in a strong bottle that  
will hold a pottle then take sarsaparilla four ounces cut  
of the strings & wipe it cleane slice it into 4 quarters the  
length of a finger of the best china roots two ounces  
beaten into powder put them into the spirit of sack  
& let them infuse with some agitation till the spirit  
be as yellow as gold then pour it of from the china root  
& sarsaparilla & to 2 pint of spirit take 10 ounces  
of gum Guaiacum washed very cleane with a cloth & beat  
on into powder which must be done in a mortar made  
hot & dry then let it infuse will stopp'd in the sun  
or some warme place where it may have a moderate  
heat shaking it twice a day for 15 days or 20 days  
then strain it & put to it a spoonfull of Natural  
Balsam of Peru or one ounce of Black Indian  
Balsam mix them well by shaking in another cleane  
bottle which will be done with in one day if will solo  
now then add to it one ounce of Jewish Balsam  
or Balm of Gilead the best that can be had mixe it  
well with continual shaking tye the cork very fast  
least it fly out 5 days before you strain it out put  
in 4 ounces of Beniamine then add your Balsam  
when you find it well incorporated with your Balsam  
of Gilead keep it close stoped it will m. a 100 years  
the Beniamine must be finely powdered

the vertues Follow on the other side the  
leaf

when you take any shake the Bottle & when  
you give it for any Ulcer in the Lungs spitting  
Blood or breaking a vein or inward bruise give  
3 or 4 drops in a little conserved of red roses or  
often in the day as you please when you give it  
for the French disease or scievie it must be two  
or 3 spoonfuls morning & evening in a cup of Beere  
or without if you can drink after it a spoonful  
of Plantaine water if you take it without  
Beere you must not apply it to any <sup>when</sup> 24 hours  
is past except you burn out the spirit  
if it be a wound new done drop it in & lay a rag  
dipped in it it is good for the Biting of a mad  
Dog so applyed they that take it must live a chaste  
life both while they take it & 3 weeks after  
It is also good for the Tympany Jaundee &  
quartan Ague or any disease taken one or two  
spoonful morning & evening in cold Beere a pint it  
may be given to any in health being a good purge  
to work gently & opens obstructions it will  
carry away any thing that is ill & is a good  
restorative while it is taking you must not  
eat fish eggs ches Butter nor drink wine it  
may be taken inwardly being made without  
the black Balsam the Beere you drink while  
you take it must be mixt with the Balsam  
a spoonful to 3 pints of Beere & if you drink it not  
other wise it will help in time tho it will be  
longer if you see it on the fire that the spirits  
may fly away it will cure old wounds  
as well as new

W: 3:  
Mr Cartwrights Commendation of & directions about the  
Feyers Balsam B

It cures the French pox more safely & perfectly than any  
other medicine being taken with a Box of private pills the  
chief time is spring or fall it cures the syphilis one pint be-  
ing taken in the spring another in the fall one or two  
spoonfuls according to the Age & strength of the party every  
other day It cures the scievie or any corruption in the  
Blood by taking one spoonful every other day for a fort-  
night or 3 weeks more or lesse as occasion requires it helps  
Ulcers in the womb a pint or a pint & a half or 2 pints  
taken either spring or fall it helps the Barrenness especially  
if moistness be the cause one spoonful cures a sore  
it cures broken urines & inward bleeding in the stomach  
half a spoonful being mixed with a little conserved of red  
roses & taken every morning fasting drinking immedi-  
ately after it 5 or 6 spoonfuls of Plantaine water  
& the like in the afternoon about 5 a clock for a  
week or more together but the party must ly down  
for about an hour upon the side the Broken  
urine is on

Cakes for the Blind Lady Treavor

Take of a pound of Blancht Almonds as many Linis kernels  
4 ounces of Pistachias candied orange & lemon or citron 3  
ounces of each white Amber as much as will ly on a shil-  
in powder pearl half so much Ambre greis & musk 6 gr  
half a crowns worth of leaf gold beat the Al & kernels &  
candies severally in a mortar make a candy of fine sugar  
put them in stie them all together drop them on gre plates  
& howers in a stove will dry them



To Make a woman have easy Labor  
Oyle of Almonds & Spie maistly knoght the Bottom  
of the Back & Belly therewith every night

1. Mrs Jassels candle to bring away the Afterbirth or  
any part left behind  
Boyle green or the corner of hys in gre candle with yur oat  
meal put no wms but what cleansing Herbs you can & a  
little madder rots if you have it

For Afterpains if the party be not subject to a losmes  
Hemp seed boyled in yone candle helps presently

X V For a sore or Ulcer especially the French Disease  
Powr water fair & cleer on quick Lime let it stand  
vse only the cleer  
It must be bathed with it & a cloth dypt in it & layd  
on & renewed often it useth away all the corruption  
earth the paine fills it with new flesh aswageth the  
Heat & inflammation

X To Prevent miscarving after any fright or hurt M  
or disorder

Just the Bottom of a white manchit pip it very well with  
muscadine take it out & strew on it powder of cloves  
nutmegs & cinomon & apply the crummy side hott to  
the navil also garden Tanzy bruised in muscadine or  
Tent & lay the Herb warme to the navil & drink some  
of the wine & a red wine cake so heat in Tent & layd  
on in like mannes sage & rosemary boyled in milk or  
if this cannot be had a draught of cold water after  
a night & lye down upon a Bed & gather up your  
knees is good to settle the mother so is sage water  
distilld it is good to anoynt the navil & bottom of  
the belly with oyl of mastick

W 4  
Lady Honywood to prevent Miscarving  
A dyed Toad & hang it about the wast

To deliver a woman in two Howrs  
Boyle 4 drams pure white Amore i dram & a half cinomon  
i scruple make this into fine Powder give therof to the woman  
in 2 scruples of cleare wine if after 3 hrs of an howre she be not de  
livered give as much more & an howre after if she be not delivered  
give as much more but before you give any thing of this nature be sure  
the child come right

For Chest Wormes  
Alom must take of the eard give half a pint every morn  
ing fasting also Gyner of cosmary given fasting

A Drink of incredible efficacy which within 3 days cures  
the Fistula & takes away the filth F

X Red colsworts Fenugreek partly Tanzy southernwood  
strawbery Leaves sweet Bryer leaves Hemp red madder  
cranes bill Alom must boyle them well in white wine put  
ther to a little Hony give to the party to drink everying  
& morning & wash the wound therewith twice a day  
keeping a red colswort leaf to it

The Water of Frogs spawn for green wounds & stink  
bleeding

Drane it well from the water distil it when you use it to  
stop bleeding dip a rag therein & dry it in the sunn so doe 3  
times the 4th time wet it lay it wet to the wound or to the  
part of your member that it bitwixn yr eyes & spenfuls of this  
& the same of red rose water is good in the hott fit of an Ague  
give it before the fit comes it is good for a Burne or scald



An Excellent Balme

3 pound Venes Turpentine clarified i pound excellent oyl olive  
 & ii: oyl of spikenard & Juniper also of oyl of  
 spike oleum petraea ana. & ii: red sanders half  
 a pound storax callamint & 4: choyce myrrh &  
 olibanum ana. & i: white wax half a pound oyl  
 of Bays the same aqua vite a qte of a pint beat  
 the myrrals into fine powder wash the turpentine  
 with white wine then put the wax & oyl & other  
 druggs into a new pot & so soon as they begin to  
 boyle put in the oyles & olibanum when it hath  
 boyled a qte of an houre put in the Aqua vite  
 & as soon as that is in take another new pot &  
 at the same time put in the red sanders to keep  
 the oyles from running over stir it till it is almost  
 cold then keep it close in glasses

For the Head Ach & Deafnes stopp the eares with  
 cotton dypt therein for the stone half an ounce in  
 a morning in broth for Agues the like quantity 3 or  
 4 hower before the cold fit for colick & pams in  
 the bladder anoynting the navil & privi members  
 to dissolve swellings & for all winds & cold humors

For all deep wounds made by a smal weapon it heals  
 without Tenting

Oyl of roses & St Johns wort each i pint Tobacco leaves  
 stampt smal 2 pound boyle them together to the consumption  
 of the Juices strain it & set it on the fire againe add thereto  
 Venes Turpentine & 2 olibanum & mastick in most fine  
 & subtil powdre & 3: adds to it a little wax & rosin to  
 give it a body

Paracelsus Plaster W: 5:

Gallanum Apocynax & i: amoniacum & ii: let them be beaten  
 very smal & put into an earthen pot that doth hold about 3  
 pints well leaded & glazed within then powder on them a pint  
 of the best wine vinegar cover them close & let them stand  
 a night & a day then stir into them very well a qte of a pint  
 more of vinegar set them on a soft fire till they are thumpe  
 ly melted continually stirring them with a stick then take  
 a pce of new canvas that is very thin strain them into  
 such another pot set them on a gentle fire of coles keeping the  
 fire from the sides let the gums boyle till the vinegar be con  
 sumed continually stir it least the gums burne take heed  
 nothing fall into it when they have boyled two hower take a  
 quart of oyle olive the best put it in a pot well glazed  
 that holds a pottle set it on a soft fire put in lether of  
 gold beaten to pss: stirring it with a stick till all is in when it  
 is all thoroughly melted & mixed put in new yellow wax in  
 smal pces to pss: so let it boyle till it come to a firme body or  
 ferme between yr fingers it is enough it will also look Tawny  
 then take it from the fire till it leaveth boylng & be almost cold  
 stirring it then take the gums that were first boyled & with yr  
 stick take thereof the quantity of a nutt put it into the rest  
 stirring it so put it in by such smal quantities till it be all in &  
 well mixed with the other rich will be halfe an houre in doing  
 therefore if it be almost cold set it on the fire a little but take  
 heed it be not too hot least it run over with if it chance to do  
 pour it into a pann of cold water & take it out & put it on the fire  
 againe when they are all well melted & mixed put in these things  
 Bismium 2 ounces the two kinds of Aristolochia rotunda calamina  
 tis mixt & Frankensiner each an ounce beat & secede twice  
 throw a fine linnen towle all this must be put on right after they  
 are seced mingle all this in a paper & put this treasurly to the  
 rest always stirring them then put into it oyl of Bays & ii: also  
 Venes Turpentine & 4: when you put it in



take it from the fire stir it at least half an hour  
then have some very good oyl of roses pour it along a very  
clean Table or board then pour your salve on it work  
it very well with your hands for an hour then make it  
up in 8 or 9 rolls for every roll up in an oiled paper &  
a piece of sheeps leather over it it will keep 7 years  
if you keep it from the wind & sun & oyl the papers must  
once a year when you use it spread it on leather &  
prick it full of holes with a hot knife.  
It is good for old & new sores it dryeth cleaseth & bringeth  
new flesh it comforts & heals it will not suffer a sore  
to putrefie or corrupt or any dead flesh to grow in it  
heals sinews cut & bruised or pricked it draws out wood  
iron or any thing out of the flesh it cures Bittings  
puckings Impostumes or Biles for stings canker or fis-  
tula pains or Aches all kinds of wounds for Bones out  
of Joynt forns or thrusts you need not Tent unless it be  
mattered or festered before it will not take away dead  
flesh but if there be none it will not suffer any to grow for  
Felon whitlow sprains & Bruises a wart that grows on  
the side of the eye

An Excellent Entreat to be made at midsummer It  
beverin himperul Bittony each a handful stamp them  
well & Boile them in 3 quarters of white wine till a gill  
be consumed strain it through a linen cloth set it on again  
put to it perruin a pound virgin wax minced & iij or  
made wine dissolved in warm milk of a Bay mastick & i  
boyle them well in the wine till they are dissolved stir it  
well & fast take it from the fire put thereto Turpentine  
℥ss. stir it till it be cold work it up into rolls with ye  
hands It is good for old & new wounds scoweth cleaseth &  
healeth in short time it fetcheth dead flesh & bringeth new it  
keeps a sore clean draws out a Thorne for Boils Fitches &  
venomous Bittings opens impostumes canker fistula or  
swelling

W. 6.

For the Spleen & Cordial & for the wind

Powder of red Corall an ounce conserve of Borage 6 drams sy-  
ropa of Juliet flowers the same as of Corall cinomon water 3 drams  
mixe this & take 3 drams twice a day

For any part of the Afterbirth left

A  
Mustard beaten dryed & sifted give 40 grains in any proper  
liquor you may give the same quantity 3 times if she be not  
delivered so that it be at 3 several times also as much of this powder  
of the Mustard dryed as will lay on a pin or 6 pins or Flood

A Cordial for Wind

Two ounces of syropa of Pippins half a pint of Borage & as  
much red rose water a gill of an ounce of Afterbirth 2 spoonfuls  
in the morning and as much going to bed

Do it Barbs water for all diseases proceeding from digestion  
of the womb for distillations & pains in the Head or Stomach  
of the leaves of marigold organum Calamint vervein  
Tamarisk red roses each a handful the Flowers of sage rose  
mary Bittony & stachados each half a handful white poppy  
seed 3 drams Annis Fennel & coriander seed prepared & 10  
mon nigell seed each 2 drams cortex winteramus one  
drum of calamus aromaticus or one root of Florance peli-  
tory of spaine each half an ounce the bark of lignum sa-  
safras orange peels dryed & yellow Sanders each 2 drams  
cassamums & Quinors each 1 dram cloves & nutmegs each  
each 2 scruples infuse all this grossly beaten in 3 qrts of  
sherry sack by a gentle fire 3 days or 6 days & come near  
nor fire infuse them in a large glass filter them before you  
use it it is sometimes made purgative by adding 3 ounces  
of the roote of black Helibon prepared take a spoonful in  
the morning & another at night

gill  
or  
the  
A



For any weaknes or a Consumption  
Sugre finely beaten lb. i. aqt. of a pint of rose water  
powder of white Amber & Is. coral 3. ii. finely beat  
perl finely beaten 3. ii. Ambreaticke iii. crocus mor  
ris the weight of 4 stir them well together boyle  
it til it will drop on a Trencher or paper & be hard  
& candy this is the black candy if you leave out the  
crocus martis it will be yelow

The Black Candy is good for the green sicknes yelow  
Jaundies & Flux & dropsys

The yelow is for Consumptions to make one strong  
breaks all windy causes in the stomach in a small  
time

The water of wild Thyme still'd drunk warm is  
very good for the wind Colick

Lady Grevings water for pams in the Head & Stomach  
For Feavers & sixths

Stones horse Dung that goes to grass steep't 12 houers  
in strong Ale distil it

#### A Round Drink

Southrenwood wormwood mugwort Bugle wood Biony  
tagwort Burnet whitewortley daisy & the roots Hony  
suckle avins addis long Bramble Budds comfrey  
mmts scabious strawberry leaves smkfoyl each an  
put this in a pottle of white wine & a gallon of running  
water till half be consumed strain it & put in a quart  
of Hony seum it upon the fire bottle it when cold &  
give 6 Spoonfulls night & morning warme

209  
Plague or my Lady Alleins water  
Sage Selondine rosemary with the Flowers ren wormwood mug  
wort pimpernel dragons scabious Aquinony Bawm scordium  
centaury carduus Biony rosasolus marygolds cowslips lily valy  
pimpernel with the purple flower is best & dragon flower is so  
also each a handful Angelico Tormentil elecampang & doany  
scorzonera single Piony roots each halfe an ounce shred the  
Herbs put them into a close pot put to them 5 quarts of sack  
distil them with a quick fire some put in Liguorish it is good  
for Feavors Agues sixths vapors of the mothe  
some put in as much Liguorish as of the rest. Dr Lower bid me add  
a good quantity of goats rue to this water & Burnet

#### Treacle Water

Dragons Angelico Bawm mother thyme carduus each an ounce mary  
golds fl. rosemary fl. & dove July fl. cowslips Borage each an ounce  
roots of Tormentil Angelico Piony scorzonera gentian eleampa  
cyprius & cithion peel each an ounce about 20 green walnuts  
beaten chop ye Herbs chop or beat ye roots boyle an ounce of  
Harts horn in 3 pints of carduus water till a pint be consumed  
3 pints of red rose water & 4 quarts of sack & a pound of  
vinez Treacle mingle all this well & when the Treacle is dis  
olved past up the still it should muffle 24 houers  
this is for the measles & small pox malignant Feavors gupes  
& to strike any disease from the Hart & cause rest

#### Dr Bates his Cinamon Water

Borage Flowers distilled eake 2 quarts of this & put into  
it half of a pound of cinamon bruised muffle it a day & a  
night distill it keep it for use it is not to hot to give to one  
that lyes inn for a lossnes & is a great strengthner of the Sto  
mach

BX To clarify a Bone if a member be cut off & hang only by the skin  
ogle of red roses & oyle of Turpentine & hony of roses each mixt alike  
quantity make them hot by fire then lay it on as hott as the party  
can suffer it



X Lady Roberts to prevent Miscaryng M  
The whites of 16 eggs beat very well put to them a pottle  
of milk distil them with a very gentle fire often stir-  
ring them this will not yield above a quart drink a  
min. glass morning & afternoon sweetened with sugar  
candy Dr Willis said that chocolate was the  
best thing to strengthen the back & fasten achils

X A Cawdle to prevent Miscaryng M  
Red rose & plantain water each halfe a pint 2 new  
laid eggs beaten with a little cinemom some crimson silk  
boyle this sweeten & drinke it night & morning  
Almon milk made with plantain & comfrey rootes  
& crumbs of bread & coriander seeds

X Tobacco Salve T  
Take Tobacco leaves beased 2 pound steep them a  
night in red wine then boyle it in a pound of Hogs  
greace till the wine be consumed strain it & add  
halfe a pound of the Juicy of Tobacco rosin 4 ounces  
boylmg it til the Juicy be consumed toward the  
end add round brethwort in powder and as much wax  
as will make it into an oymnt

M To clens the Mother & cause Conception Dr Row M  
Loss Rosata 2 drams powder of Saffron Castoreum  
each 1 dram with a sufficient quantity of Syrops of  
mugwort make it into pills whereof take 3 pills 3 mor-  
nings together

For a Rankled wound  
Juicy of plantain pennyroyal smalage each alike the  
quantity of all the rest of whites of eggs well beaten mix  
them with as much flower as will boyle it to a poley lay it  
on neare cold the coles of Birch wood helpeth perfectly

24:8  
Dr sharps water for an old sore  
Fill an earthen pipkin holding two gallons with the herbs mee-  
cury gathered early in the morning & also for it be scinded  
put to it 6 quarts of running water out of a spring against the  
east & set it on a constant fire with an earthen pipkin of  
4 quarts of the same water to fill it up as it sceths away & til  
5 of the Tenn quarts were boild away stie down the herbs with  
a stick when it is thus half consumed take it off & with the  
stick draine out all the herbs into an empty pipkin & crush them  
betwix 2 Trenchers into the liquror let it stand till next  
morning close covered & put two quarts of it into the gallon  
pipkin with a gr of an ounce of sublimed mercury & as  
much of the same mercury into the liquror in the great pip-  
kin with 3 qts of an ounce of Aloma put now Aloma into  
the lesser pipkin set them both on the fire keeping them  
both stirring with a stick til they boyle up then take it off  
& when it is quite cold fil it out into strong glasses if it  
be not sturd that which is on the top will be the mildest  
& the bottom the sharpest.

Makes good store of the Heel water in April & may without  
the mettles some sores this water will cure & it is used to  
qualifie the sharper water as occasion serves the oftner  
a sore is dressed the sooner it will be well apply nor salve  
only wash the sores with Ducks feathers dipt in the wat  
& lay on the smooth side of a mercury leaf or a rag  
dipt in it with a rag also when you take it off wet  
the rag least you bruse the wound in taking it off

Syrops of wormwood for the wind Colick  
wormwood 6 ounces red roses indi spica 3 grains white  
wine & Juicy of guiness 24 ounces steep them in an earth-  
en pot a night boyle it half away strain it & add to it  
24 ounces of honey or sugar boyle it to a syrops take a  
spoonful of it it is good for the stomach & liver & now  
risketh all internal parts provoketh Appetite & driveth out all  
bad humors by urine & sweat



To Cure a Wound  
Take unsleight lime in powder mixt with black sope  
anoynt therewith it causeth it to fall off when the  
roote is out anoynt it with oyl of Barom

An Ointment to stay water in any Sores & to allay the  
Oyl of roses & ii. Thre / wax & unguine ana & ii.  
rose water & ii. white cerus & iiij. Camphir & ii.  
the yolk of an egge boyle the wax & oyle stir them  
till they be cold beat that & all your former things to  
gather till they are very fine

To draw out any broken bones out of any part of the  
body or from a wound

Bitony veruine run stamp them & temper thir with  
life hony & the white of an egge yke meal & wheat  
Flower make a plaste lay it on cold it will also  
draw the wound & bring it to its courser cease the  
ing a swage rankling

X For an ulcer that is full of dead flesh V  
unsleight lime sech it very fine mix it with hony lay it on  
a peece of Lappe bake it in an oven after a Batch of bread  
shar it & keep it for your use

B Diachalum poundes oyl of roses & oyl of swallows each half  
an ounce Juyce of plantaine & honslyke half an ounce  
of each the white of an egge beat to oyl dissolve this toge  
ther & apply them

X To draw Bruised Bloud out of any place B  
Common Turpentine boyle it till it leaves smoking spread  
it on Flax or tow & apply it

211  
A Cordial for a woman near the time of Delivery  
Juyce of Roberys 2 ounces strong infusion of clove July Flowers  
& ounces Juyce of Roberys one ounce half a pound of sugre boyle  
this in silve to a syrop on a gentle fire take her of 2 weekes  
before delivery a spoonful fasting

X To hasten delivery  
Six spoonfuls of Fennel water one of small cinomon sweeten  
them with hony let it be drunk all at once

For a looseness in a Childbed woman  
Two spoonfuls of Beere one of Annised water give it unto the  
party Another by be Cox for the same

A spoonful of calcind Hartshorne boyle it in faire water & a  
stick of cinomon a peece of hard sugre give it oft & sweeten  
all her cawdles with hard sugre

X For an imoderate fluxe of the Bedds R  
give the party 4 times in a day half a pint at a time of the  
distilled water of Oke Budds when they first sprout

X A Glistre to be given in Labor G  
shafe a pint of new milk coarse sugre 3 ounces the yolk of  
an egge stir them well together give it let her keep it as  
long as she can

X To settle the mother after delivery Mrs Shaw M  
4 grains of musk mixed with 4 spoonfuls of burnt claret stop  
her nose least the sent miss vapors

X To bring forth a dead child or Afterberth A  
mugwort root or herbs rich in then most in strength boyle it  
in water tender stamp it fine put to it a shile wheat chissel boyle  
it a little againe put it in a linnen Bag lay it to the Bottom  
of her belly as hott as she can suffer it



A water to Cure Sores Old or New Festered  
stinking all Rankers in the mouth or throat  
Red sage calondine woodbine with the flowers  
each a handful put the herbs in a gallon of running  
water let it boyle to a pottle then straine it put  
the Liqueur ouer the fire againe put thereto a pint  
of Honey roach Alon finely beaten a pennyworth  
graines grossly bruised let them boyle together take  
of the skim with a Feather when it is cold put  
it up in a glass stop it up close wash the sore ther  
with & lay lint thereon with in the same brim will  
shaken if there be holes in the wounds fill them with  
lint first wash them with whitewine then cover  
the wound with a little peece of Bladder that it  
may continue moist dress it twice a day

A good Entreat for drawing drawing & healing of  
wounds sinews Joynts Impostumes Rankers drawing  
out thornes & Iron  
Bilony veruain pimpernel plantaine stamp & boyle  
them in a gallon of whitewine til it be soden to the  
3d part strain them cleane set it ouer the fire againe  
put thereto pitch rosin & virgins wax in all the  
quantity of a pound in euen proportions masticke  
in powder 3 drams boyle them til they be thick  
then take it off & put to it a quantity of Turpen  
tine stir it til it be cold use it plaster wise  
to the sores  
The Ashes of Elm wood & powder of single  
prong seeds mixed with halfe a spoonful of both  
together in proper liquor

211  
X Dr Willis for one that had a False Conception  
Anoynt her belly red & rub it in with a warme hand & lay a  
paper or cloth spread with the same upon her belly  
Bony roots sliced one pound middle Bark of elme 2 good  
handfuls pennyroyal & sauin each one good handful chopt smal  
the peel of 4 oranges chop this smal & put them into a skillet  
with a pound & a halfe of fresh Hogs greace & halfe a pint of  
sack stew it 2 howers gently 3 howers strain it gently keep it  
in a pott  
give her a Glyster 3 or 4 times in a weeke a pint of wine  
dissolued in it 2 spoonfulls of viner Turpentine first mixed  
with the yolk of an egge then with the Turpentine

For a long In woman  
If you are troubled with a flux take 15 grains of Lady Kents or  
Gascoins powder with Iush slutt the same quantity  
if those should stop or vapors trouble you take the Julaps drie  
tea in M.L. & when you use use 20 leaves of Kue in ye  
socks next your feet

For a losse in lying In  
Fine Flower & Powdise of cinomon 2 each alike tye them  
up in a rag boyle them 6 or 8 howers in faire water scrape  
some of this & give it hattereg boyle in milk is good

EX Dr Willis Julaps for one that Floods after she is deliuer  
Syrups of coral 3 ounces syrups of red Poppyes 1 ounce  
coral prepared halfe a dram plantain & smal cinomon  
water each 2 ounces take 2 spoonfulls once in 4 howers

X Dr Willis his Bath to cleanse the Mother  
Mugwort two arme fulls Camomile each 6 handfulls wild  
time pennyroyal & winter savory each 3 handfulls boyle in  
in a caldron of water sit in it halfe an houre blood warme  
morning & night when 2 weeks are out wearing a sheet & surcet an



this Bath is used after lying In or Miscaryng when 2  
or 3 weeks are past

SE Theodor. Meighems Cinomon water which  
may be used to a young In woman for a losnes  
A Gallon of white or claret wine & two quarts of water  
a pound & a qtz of cinomon bused a little let the wine &  
spice stand 12 howers in the limbeck close pasted up seill it  
gently

Dr Willis A Plaster for the Back if a woman be with  
child & also to be applyd to the navel  
Take a pound of soft red wax one ounce of Bol armonack  
halfe so many pomegranet flowers make thes into fine  
powders mixe the wax mixe them well make it into  
roles this is as good as a 100 ingredients

A snayl water Dr Willis prescribed me when I was  
with child for sharpnes in my blood

Take clary sage rosemary Toppes pine each 2 handf  
comfrey rootes qtz pound cinomon mace each 3 or  
4 ames as qtz of snayles 3 quarts of cyder posse  
drink 12 handfule of green cyprus tree drinck morn  
ing & after noon halfe a pint

For those that have too many of these <sup>whites</sup> when they  
are with child Dr Willis

Two ounces of conserve of red roses 2 pennyworth of  
venes or chio Turpinins mixe them take going to  
bed as much as a small nutt

If you be apt to miscary & feel any paine take red  
rose plantains & spissmint water mixe them & put  
in some syrops of coral

For a new lutt  
syrops of Rose with lute dypt in it layd to it

2-13  
A drink by Dr Willis to correct & dry up sharp humors & pre  
vent miscaryng & good agamst the whites

Sasaparilla 6 ounces china 3 ounces Ivory & hartshorn each an  
ounce & halfe white & red sandres each an ounce mastick wood  
2 ounces steep all thes in 2 gallons of water all night over sm  
bers in the morning boyle it till a 3d part is wasted adding of sage  
dried 3 handfule 10 dates shread rasins halfe a pound liquori  
sh an ounce strain it & bottle it when cold drinck halfe a pint  
twice a day

Also use broth made with a knuckle of veale hartshorn  
Jovv Dates sage & rosemary & manchitt chocolatt is very good  
to strengthen the womb & fasten a child

To stop floodmg & lung pams if such a case happen to a woman  
Dr Willis

Take the Livers & galls of 4 or 5 goat Eeles dry them in an  
oven after bread make them into fine powder give of this from  
halfe a dram to a dram with it 8 or 10 grains of cinomon  
in powder in whitewine if they do not flood but if they do  
then in claret repeat it every 3 howers or else the powder  
of Date stones alone in small cinomon water the same  
quantity

Dr Willis for Flooding after delivery  
red rose water Plantains water each 3 ounces cordialis  
Frigid sapins 2 ounces Treacle water an ounce syrop  
of red poppy & syrops of coral the same Dragons blood  
finely powdered halfe a dram peel 10 grains shake it to  
gethse when you use it

To Cause Conception  
A wine glasse of the Juce of sage with a little salt for 9  
mornings after the monthly clinsings are  
gone



X C To Cause Conception M<sup>rs</sup> Patrick's conceived twice together with it & she advised it to one that had been 9 years marry'd on whom it had the same effect  
Take a quart of new milk & the whites of 10 eggs beat them well & put them into the milk stir them well together still them in an ordinary still with a soft fire take of this 3 spoonfuls first in the morning & last at night sweetned with fine sugar fasting 2 hours continue it 3 months together

To prevent Miscarriage  
Take near half an ounce of cloves bruised put them into half a pint of red wine water let them boyle til the water be very red then strain out the cloves & make a syringe of the water with double refined sugar take hereof a spoonful morning & afternoon & at night in a little sage posset doe the like at any time when any flight or disorder happens to you this made Mrs Sands goe thurrow

To Make five quarts of Strong water se The fire  
Two quarts of Annis seed water & one of mint & one of Angelico the stallest ye can get the stallest at Mr Heaths at London stone a good deal of strong water a gallon of the best will cost behidings then take a pint & a half of ~~strong~~ spring water & a pound & a half of double refined sugar then boyle them together gently in an earthen pipkin til half be boyled away when it is cold put it into the strong water with half a dram of oyl of cinomon & 2 drams of perfume shake them together in a little Runlet close stoped for a day then draw it into bottles the oyl of cinomon will cost 3 pence

To make the Perfume for se The fire water  
put into 4 ounces of spirit of wine (that will burne all up) two scruples of Amber grise with one of musk lay them in a rag with a bit of lead to make them sink hang it in the midst of the spirit & set the glasse in hott water til the spirit have dissolv'd the Amber & musk stop the glasse with a cork stoped with hard wax or dip the cork in hard wax a drop of this will perfume a quart of any liquor

For A Feaver & wormes in Children Dr Willis  
Couch grass rootes a good handful burnt hartshornes 2 drams raisins stoned a handful boyle this in a quart of water til a 3d part is wasted let the child take 4 times in 24 hours or else drink nor other drink  
also take a bag of earthwormes alive lay it all night to the wall also as much as will lye on a penny of powder of Indian snake weed in watergruel twice a day

A water for the spleen & scirries Dr Willis  
Fennel tops cypress tops & Tamaris each 3 handfuls the scales of Iron from a smiths Anvil beat smal half a pound chop the heards & the out pest of 8 oranges & 4 Lemons distil it in a gallon of cyder Passet drink in a cold still take first & last 10 spoonfuls

To make a woman have easy labor  
Fennel Parsly & socory & marsh mallow rootes each a handful offire the pith is out half a Handful of stoned raisins 12 figgs slit Licorish sliced & Annis seeds bruised boyle this in 2 quarts of water til it comes to 3 pints whereof take 5 spoonfuls with a spoonful of oyl of Almonds night & morning  
For wormes in children  
syrup of double Tansy for a girl of single for a Boy



A wound drink which a friend procured me out of Holland it cured sr John Miner who was run thurrow the lungs & had sore wounds in a sea fight for any inward vlcere or sore breasts it stancheth blood inwardly causeth bullets to come forth that have layn years putrified bones causing them to scale for impostumes fches in the stomach wood Bittory wood Bugle wormwood Sanicle Bsm Dr Leon Ribwort white bottles Tutsan mints clowns wound wort scabious live wort comfrey Hartstongue Agnemony wild Anglica pagsy leaves & roots & Flowers Hony suckle all the kinds that grow in the fields Arins plantain strawberry leaves violet leaves sinkgyl wood sage Hawthorne buds oke buds Bramble the live wort must sure be put in green These herbs must be gathered in three seasons as in may except the buds a little sooner alike of each & dry them in a clean chambr floor each sort by it self turning them every day the buds must be got before they come to leafe when they are very dry put them into bags add as much moustr as of the rest if you use them green a handful of each is requisite but if dryed 2 good handfuls of all together is enough for the proportion of liquor following one gallon of the purest running water & a pottle of white wine put ye herbs to them let them boyle in an Iron pot or pipkin til half be consumed then strain out the herbs cleane & put into the liquor a quart of good english Hony set it on the fire & let it boyle up then skim it cleane & when it is cold put it in glass or stone bottles stop it close give 5 or 7 spoonfuls first & last lay on a platter of Apostolomon or minium or hony & wax to keep the wound sweet & from age.

20:13:

Hysterical suatee for fitts of the Mother

Take of the Juyce of Briony roots 4 pound leaves of rue & mug wort each 2 pound saffron dryed 3 handfuls featherfw resp rann royal each 2 handfuls Bazel Diptany of crest each a handful & a half orange pels 4 ounces mitch 2 ounces Castor an ounce Cannary 12 pound digest them 4 days in a vessel wth stopt this is good for fitts & to cleane any thing left behind when a woman is delivered

Dr Willis for one that lyes In or has miscaried when the cleavings smel & to bring away any thing left

Compound Powder of Crabbs claws 4 scruples Diptany of crest one scruple & a half mingle this & divide them into 6 parts give one or half a one night & morning in 6 spoonfuls of the Hystericke Julape wch you will find in M:1: also this may be made into pills with Turpentine of chio & 4 of them taken going to bed & when the party is strong enough nights alsoe alsoe mornings & afternoons is drops of elixer proprietas in 3 spoonfuls of the Hystericke Julaps & a spoonful or 2 after it compound powder of crabbs claws is gascoin powder

A Powder for a woman in Labor to bring paine yalow Amber Date stones coral of each of this alike beat them to fine Powder give halfe a spoonful in any propper liquor but you must be sure the child comes right there must be grans of Paradise & white Ambre as much as of any of the other

A Tandy to bring away a dead child or any thing left Take sow Bread wots & leaves Tandy worm wood fitcherew camomile shreed & oyle of Lillys & eggs whitis & all fry it & lay it in a cloth to the place put it hot



For the Green Sicknes or Stopage of those  
Shels of Eecimindus mace cloves nutmegs & prepared  
steel each an ounce & ounce of loaf sugar take a  
spoonful in white wine morning & after noon using  
exercising this has brought them where they have not  
had them of 35 years

For wormes in the Stomach  
posset drink made strong of cons may drink of it  
fasting 3 mornings

For a wound that is Gangrened or any Gangren  
given by a Dutch man to a Physician that had done  
him a kindness in return & will do  
Take Philandrium or cicutaria Palustris cald  
in english water Hemlock & handfulls infuse it a  
while in a Bottle of Brandy with wormwood south  
ernwood scordium & Germander each a handfull  
& with this infusion foment the part affected a  
qtz of an hower then take the same Herbs above  
mentioned & with grated bread or Bean Flower  
boyle them in clarist wine to the consistence of a  
poltis & lay it on hott to the part & every 12 how  
ers renew it againe till the dead flesh separate  
from the quick & then the danger is past

For woman that have those Immoderately  
dote Rotted in embro mines them & eats one  
or two night & morning

20:16:

Another for the same

A good handfull of green wheat bruse it & infuse it all night  
by this his in a draught of Beer or Ale drink it doe this 3 mornings

X Another for the Green Sicknesse Mrs G  
Shatterton

Take a qtz of an ounce of pearl m powder  
an ounce of Powder of steel cloves mace &  
nutmegs each half a qtz of an ounce dry the  
spice & make them into fine powder & sever it  
then take a qtz of a pound of loaf sugar beat  
& finely sifted mingle thes well with a Knife  
& take as much as will lye on a 6 pence morn  
ing & afternoon 4 of the clock using as much  
exercise as you can

X For a Bearing Downe of the Mother M  
A skimming dish made of Ashen wood boyle  
it in hott water wipe it dry lay it on as  
hott a little above but more below the  
navel then boyle it againe & lay it on again  
night & morning several nights

### Lime water

Take a pound & a half of unslacked lime put it to a gallon of spring water let it stand 8 or 10 hours & there will be a thin cream upon it wch you must scum off & cast away then take up the clear water softly & put into each gallon of water english Squarish Annus seeds sasafra wood each a gr of a pound mace a gr of an ounce blewew canes beaten one pound infuse all thes in the water one night then powre off the liquor from the ingredients Bottle it up for your use you may use only half the ingredients to the same quantity of Lime water letting them infuse but one night longer if it binds add a spoonful or two of syrope of violets in each draught take it 3 times a day a gr of a pint at a time warmed a little an hower before breakfast dinner & supper walk gently after it

Its excellent against all manner of obstructions Kings evil & all ulcers inward or outward it may be used by Injection or wash any ulcer tis good against any stone in the bladder or kidneys it cleanseth or mends the blood dries up superfluous humor in the body but not the blood strengtheneth nature purgeth by urine helpeth shortnes of breath procureth Appetites killeth wormes curseth consumptions & Dropsies is admirable against the cold Palsy if it cause bleeding fears it not for better will come

### For the Green Sicknes

A gr of an ounce of Hira picca put it into a quart of whitewine let it stand 2 dayes shakeing it every day take of this 3 spoonfuls fasting eat not in two howers & repeat the same at 4 a clock when you have taken it all dry some Tans (such as pignons eat) sever them take a handson spoonful & after it a gr of a pint of whitewine or half a pint if the stomach will bear it take it fasting using exercise doe this 9 mornings be sure the Tans be right

### A Powder for the Wormes

Worm seed 4 ounces senna an ounce coriandre seed prepared halfe a dram Rubied halfe an ounce dryed Rew 2 drams all thes made into Powder give from 10 grains to a dram in sugar or new wort or any syrope to a child from 6 to 9 years as much as will lye on a shilling

### For those that come in extremity & in Flouds but not lying in women

Take red stinging nettles beat them in a mortar & squess out the Juice in an Almon presse then set it on the fire to simmer & scum it will then when it is cold Bottle it & drink 3 times a day 4 ounces at a time when they are weary of that doe plantain the same way & take of that in like manner they may take more then 4 ounces



De Coladons Powder to cause paine  
when a woman is in labor

add a  
dragg &  
half of  
Castor. to  
ye other  
powders.  
Powder of date Stones & of graines of Para  
dice Trochis of mirch Peach Kernels  
skins & all Borax & yalow Amber  
each halfe an ounce made into fine pow  
der mixe them & keep them in a Box  
give halfe a spoonfull in Bevent urine or  
smal cordiall water but for the time  
you must be advised by the midwife  
for it must not be given unless the  
child come right nor til she finde tis  
needful

De Coladon Staggs Head water for women  
in labor & in childbed

The Heads of two yong Staggs take the  
soft part wch is at the extremity of  
the Horns & full of Blood cut it smal  
& powre upon it 2 qts of the best  
cannary you can get let it steep 24  
hours of green madder Bawm leaves  
scabious mugwort each 4 handfals  
Rosemary Lawrel leaves or Topps each 2  
handfals clove Flowers maygold Flower  
& July Flowers each a Handful & a halfe  
Kiesbergs Rix a quart corants halfe a  
pound Limon peel 4 ounces the best  
cinomon an ounce chop the Herbs

put the other ingredients on the Top & stil it  
of the Staggs must be newly kill

you may still the water only with the Staggs  
Heads without the spice & take 4 ounces of the  
last water & water of Apples distilled & mint  
water & cinomon & orang Flower waters each an  
ounce & a halfe good cannary 4 ounces syrop of  
Kiesbergs & clove July Flowers each 2 ounces  
& a halfe Amber greil 4 graines musk 2 graines  
saffron 4 graines mixe altogether this is the best  
cordiall water this is much esteemed for vapors  
& fainting fits se Theodor Meyhew water  
take 2 or 3 spoonfulls the excreants in the first  
water must be such as you buy at the Grocers

Mrs Howland to bring away the Afterbirth  
some of the womans own Haire burnt & give her  
halfe a spoonful of the Ashes in some mugwort  
water

To bring paines in Labor & bring any  
thing away wch is left behind

Three pints of the smallest Aquæ with a  
dram of Aqua Mirra Ricra put um  
into a stone Bottle stop it close set it by  
the fire or in a warme place shake it oft  
for 8 days also put in 4 drams of Liguor  
a dram of Scutchinell a pound of brown  
suger candy

For Cancers Wounds & the Kings Evil  
filthy sores & ulcers & a Fistula +  
Take Sanicle Bugles Comfrey & plantaine  
each 3 Handfuls Scabious Agrimony Ruins  
wood Bittony Dayss Roots & leaves Bram-  
bles leaves speedwell mugwort pimpinell  
Chervil Ribwort Dentonion each a hand-  
ful wormwood half a handful wash & pick  
them clean shred them & put them into  
a pot with a cover past it up with Rys  
past boyle it leisurely for the space of  
4 howers straine it out & when it is cold  
put it in a vessel when you use it  
put to a qrt of it a qrt of a pint of  
white wine as much of the best Hony as  
will sweeten it to your taste let it be  
over the fire a little while when it is  
cold Bottle it & drink a qrt of a pint at  
6 in the morning at 11 before dinner  
& 4 after noon & going to Bed at which  
time also you may wash the sores with  
it this has cured swellings as big as a  
goose eggs

For the Whites experienced by Mrs Lenton<sup>249</sup>  
make a                      a midwife  
syrup of white wild oranges or Hogs Hurd  
Green leaves of it & take of it first & last 4 spoonfuls  
in warme Ale for some time

Cinomon water A dutch way  
Steep cinomon 48 howers in 2 qrts of Barleys water  
a qrt of Hock a qrt of Red Rose water I suppose  
a pound of cinomon brewed sufficient  
sometimes cinomon steeped in old Hock will stop  
the Heart Beating



The Consumption Syrup, S

Take two quart of the first running of Ale wort and boyl  
in it, two ounces of Balsam of Tolu, One ounce of flower of  
Ainistort and one ounce of Ela campanet root cut thin, put  
them in a mashint with a stone to sink them, let boyl three  
quarters of an houre very gently, then take it off scum  
it and add to it two handfulls of ground Ivy dryd, and an ounce  
of liquorish selectd, a few Cardway seeds bruist and a  
handfull of Raisins, and three ounces of conserve of red  
Roses boyl it to a quart then take it off and strain it  
and boyl it to Syrup, with white Sugar Candy powdered,  
let the party take a Spoonfull in the morning before  
dinner, at noon and at night;

you may add a little Syrup of Marsh  
for the taste sake if you please.

9ii  
58  
59  
or  
1hs  
A)

Folio's 220v to 262v are blank

9iv  
5v  
17a  
or  
17b  
A)



Folio's 263r to 271r are blank

g  
d  
i  
p  
o  
r  
h  
A

for the many in a dog M  
as much as a nutmeg of usnes I suppose  
as much as a gray near of quicksilver  
the quicksilver then let it up in  
butter & give it fasting & let the dog  
fast 4 hours or more you will give  
it but once this is for a little dog  
myed it to two of mine

W

giv  
on  
spe  
or  
the  
A)



X 5 For any swelling in a Horse by a Bruise a certain cure

A spoonful of spirit of Turpentine such as painters use & as much as two walnuts of Hoggs Lard melt them together & anoint it warme therewith once or twice a day at least & keep it warme if it be in a place it may be done

26/100

J

9-1-10  
9-1-10  
9-1-10

X 11 For a Horse sick of the Plague in the  
Gutts

Two quartes of muscadine a pint & a halfe of Angelico water a handfull of Rue green & one of mithradate an ounce of Treacle good store of Long pepper Liguonish Raisins & Ginger let this be boyld to a quart give it to a Horse at 3 times mornings with a home & craigne him well up for an houre wrap him warme with clothes keep him from the Ayre til he be well & let him have warme mashis with mault

X For a Galed Horse Back excellent 11

Take fresh butter boyle it till its burnt black then pour some exceeding hott upon the soare & strewe upon it the powder of the upper Leather of a burnt shoe

X 12 A woman who bred much Poltry told me that she never lost a chick after she gave them when sick a little warm urin of a woman 3 times a day in the Houe they are in at first that they will drink it themselves set it by them but fresh a warm often





