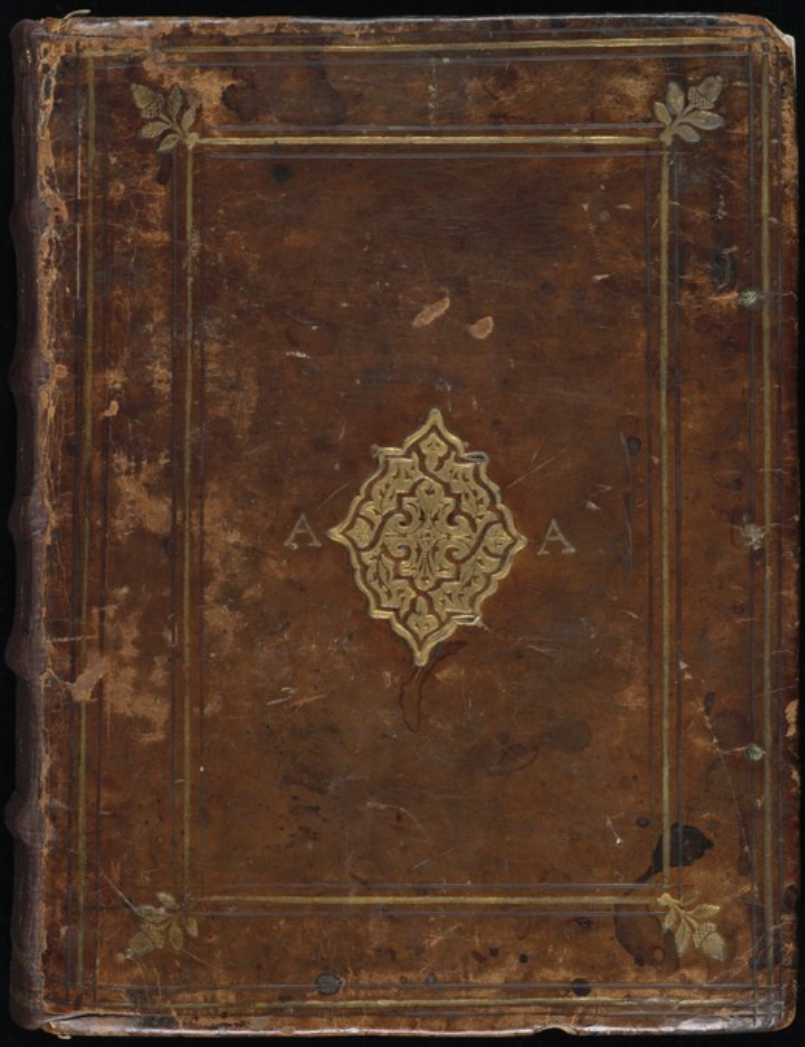
A A

Liber Comitissæ Arundeliæ.

A Booke of diuers Medecines Drosthes, Salues, Vnctors Syrropes, and Vntemenses of wch many or the most part have bin experienced vnderstood by the special practize of ye ye

Mrs Corlyon

Anno Dni 1606

Care of her Lor

fynn Myrrh 4... drammes, burnett, 3... drammes
burnetich, 4... drammes, redoxie 4... drammes
yellow Sandres, 4... Roseglass, red flow=
ers of marygolds, one drammes; scabious
vervain, basyll, of each 4... Ounces

A table of the generall chapters or titles to whiche all the particuler medecines in this booke ar referred as appeareth by a more particuler table annexed, which you may fynde in the ende of the booke Folio. 363.

A Medecine for a Pinn and a Webb or any other sore Eye.

Take one handfull of three leaued grasse that is most spotted with white: Gather it closer to the rote, as much of wilde Daeye rotes: Stampt them all in a woodden dishe, and boyle them in one pinte of water in a cleane brasse skillet with a very softe fyer. When it is scommed put in so much Allome as will make the water tast roughe vpon your tounge. After putt in so much honny as will make it looke yellowe and taste very swette. When it hath boyled a pretty while and is cleane scommed, strayne it into a cleane vessell, and when it is colde poure the clearest into a glasse and keepe it in a colde place, and it will last three weeke in Winter and iij dayes in the Sommer. The water is to be applied to the Eyes one houer before they aryse and when they goe to bead. If the Eye be very sore drope it at two of the clocke in the after noone and sleepe after it, if they cann.

A Poudger to take away the Pearle in the Eye.

Take the whittest of Hennes dounge that you can gett and drye it, and beate it into fyne powder and Sturze it.

throughe lawne, and to one spoonefull of that powder take three spoonefulles of Sugar candye fynelye beaten and as much powder of the best Ginger as will lye vpon a groate. Then steepe them altogether in a pottle of fynt Elmane lawne and at nighte putt into the Eye a little of the powder and in the morning vse the water before written only. Keepe your powder very dry, and it will last long: And this is also very good for any kinde of Scale, that groweth vpon the Eye.

A Medecine to drye the humors from fallinge to the Eyes, and good for the Megrime.

Take out handfull of wilde Daye roots and worme, and dry them in a clean clothe, then shrud them and take a dozen greate earth wormes, and stamp them well together: Putt to all this as much as a pretty tyle of sharpe Seauen Boule all well together and mingle all with the spittle of an Age and spread it vpon a cloth lynnen clothe so large as the sorrheade is, that it may come euen to the eyebrows and couer the temples: Lett the party lye vpon his backe one houre after the Medecine is laid on, after binde it with a kercher, and so lett it lye till it be all loose of it selfe. When you vse this Medecine make a bagg of dryed Sage so large as will couer from the moulde of the heade to the bagg of the neck, and take a pretty quantity of Grape Pitche and melte it

alone.

alone in a little earthen pott, and spread it with a flatt stick vpon the fleshe side of the best Glouers leather, and cast your plaister so large as it may lye ouerwaine the shoulders and vp towards the nape of the neck and lett it lye so long as it clymeth. It is very good for the Patient to forbeare much Butter or any thinge wherein Garlicke, Onions, or any Leekes be vsed.

A Medecine for a Bruse in the Eye.

Take the white of one newe laid Egge and beate it very well till all be of a freshe, then putt thereto two spoonefulles of redd Rose water, and make litle balles of Flaxe, and wett them in the aforesaid Lyquor, and shifte it morning and euening and if the Humors come much to the Eyes take the white of one Egg being beaten, and putt into it a good quantity of Bucharmarbick, and lay it to the forehead vpon a lynnen clothe. This will keepe the humors from comming downe.

A Medecine for redness in the Eye the whiche proceedeth only of hott humors.

Take a newe laid Egg, and breake a smale hole in the topp of it then putt out all the meate and fill it full of the iuice of Houseleeke otherwise called Sedrowne and so sett it in the Embers: When it doth boile scumme it vntill it be cleane and clare Then putt into it as much white Coperse as a

great Barly corne, and so lett it boile vntill the Coperose be molten: Then straine it throught a cleane clothe and so putt it into a glasse, and when you doe vse it, keepe your Eye closse with a peece of silke: you must take it when you goe to bedd and one hower before you aryse. If you do putt your Coperose in before the water be cleane it will make the water to looke black: but it will bt medecinable notwthstaundinge.

A very good Medecine to comfort a weake Eye or to helpe those that haue had the smale Pocke or Measlesi in theire Eyes.

Take a new laid Egg and rest it faire and hard in the fyer, then pull it cleane, and as hott as you can, cutt it in sunder and take out the yeolke with greate speede till yoo the holes where the yeolke was, with the pouder of white Sugar candye beynge fynely beaten and so plagg the two sydes togeather, the hotter they bt the better, then putt them into a fyne lynnen clothe and tye the clothe closse about it, putting the egg into the midst of the clothe and hange it vpp by the endes and lett it droppe into a Sauser as Almond Butter doth, vntill it will droppe no longer: Then take the water and putt it in a glasse and vse it eueninge, and morninge, when you haue occasion.

A Medecine for the Redness of the Eyes without paine.

Take peeces of fyne manchett Breade of an inche thicke beyng the breadth of your Eye, or bigger, and cutt holes in the middest

of them.

of them: Then dry them before the fyer, but make them not browne, putt them in fayre running water, and when they bt softe, lay them vppon your Eyes, and after they haue lyen an hower, bynde them fast to your Eyes with a clothe. This must bt doen when you goe to bedd, and in the morninge washe your Eyes with fayre water, and lye still an hower after.

An especiall good water for the clearinge of the Eye: and to preserue Sighte.

Take an handfull of redd Fennell, and as much of Salgindine, the like quantity of Sorrell, and as much of Sturbt grasse and two good handfulles of Eyebrighte, the like quantity of Houseleick, and three handfulles of redd Rose leaues, as much of white Rose leaues, the like quantity of Woodbynde flowers, and as much of the white flowers of the three leaued grasse, and putt all these togeather and distill them. Putt the water into a glasse and keepe it for your vse. This water is also ~~[illegible]~~ for the Pynn and Webb in the Eye, if it bt taken at the first beginning of it and vsed as followethe Take fower spoonefulles of the water and putt therin a peece of Alume as bigg as a greate Pease, and so droppe it out of a spoone into your Eyes Eueninge and morninge. This water is likewise good for the Raesome in your Eyes.

A Medecine to Eate out proude flesche growinge within the corner of the Eye.

Take of the hardest of the Honnye and mingle it with a little

Saffron and drop a litle of it at nighte when you goe to bedd upon the place grieued and lett not the partye shutt his eye to close, for squeesing it out and lett hym in the morning and twice or thrice in the day drop of the water that is first written into the Eye, dropping thrill or fower droppes at a tyme, staying, and closing his eye taselye a litle space betwixt euery droppe. ∞.

An other Medecine for to take away the Pynn and webb in the eye or a Iey in the eye wch growethe from the corner of the eye to the blacke, and is like a litle Gutt. ∞. ∞. ∞.

Take of fyne white Sugar as much as a Wallnutt and a peece of Sanguis Draconis as bigg as a Beane, and beate them togeather very fyne; Searce it throughe a peece of Lawne, and putt a litle of this powder into your eye, euenning morning, and at midd tyme of the daye and slumber a litle after, and by Gods helpe it will cure: ∞

A Medecine for a Burne in the Eye eyther by Fyer or Gunpowder. ∞. ∞.

Take halfe an handfull of Aylehoues and washe them cleane, drye them in a clothe and then stampe them and putt thereto three spoonefulles of thicke and sweete creame, stampe them togeither, and then straine them, and droppe of the

Lyquor

Lyquor thereof into your eye often tymes both by daye and nighte and annoynte of the same about your Eye with a Feather. This must be made freshe euery daye in the Sommer and euery two dayes in the winter. ∞.

A Drincke to cleare the Sighte. ∞.

Take an handfull of Rosemary and a greate handfull of Balme: stampe them togeather, and straine them with a quart of Ale, and drinck thereof in the morning fasting at three of the clocke in the after noone and at nighte goeyng to bedd, and you shall fynde ease This drincke doth consume the vapors, that comming from the Braine, doe hurte the Sighte. ∞.

An other Drincke to cleare the Sighte. ∞.

Take a good handfull of Pimpernelles three greate spoonefulles of Woode Lyse, otherwise called Sowes, stampe these togeather, and straine it with a Pynte of Ale: Keepe it for your vse, and drinck this at two draughtes in the morninge and at fower of the clocke in the after noone. Vse this for one whole weeke makinge newe drinck for euery day and at the weeckes Ende, leaue it of for the space of an other weecke, and then if you feele your selfe not well, vse it againe for an other weeke, and this doe as longe as you

shall have neede but use it not two weekes togeather nor when the signe is in the heade. This Drincke will consume the Catoricke in the Eye, or any other greefe within the Ball of the Eye: you may knowe the Catorick by this: It dymmeth the sighte at the beginninge the the Eye looking very fayre: The black of the Eye some after will waxe greater and greater and some of them will ryse like a black Starle in the blacke of the Eye and there is no water will helpe them nor any thinge else excepte these drinckes do helpe.

A Plaister to slay the Humors that feede the Catorick, to be applied to the temples when the former Drinckes ar in takinge.

Take a good quantity of Betany Lowes, and choppe them very small, mingle it with the yoolke of an Egg and a little honny and putt as much whiteton flower to it, as will make it stiffe to spreade upon a clothe, then cutt three litle Plaisters of stalland or Logrum that is neve and spreade this upon them somewhat thick and lave upon eche temple one and the thirde in the middest of the browe eyen with the lower parte of the browe And when these Plaisters do fall of, lay a newe upon and not before: And eate three or fower tymes in the day of the concerue of Betanye flowers, which is very good for that greefe.

To make very good Balles to stay ye redne

Take 4 ounces of licores scraped and finely searst fiue or 6 handfull of ye topps of Hopp 4 handfull of fenles foote a good handfull of rosmary flowers stamp all these earbs in a stone morter strayn them with onlye a pinte of Hopp water or faire water then beate the whites of 2 or 3 eggs and when the skume is well boiled up then skynne it clean and so twise clarify it with your whites of eggs then put to it 3 or 4 ounces of redd sugercandy and when that is molten and skeomed, strain your licor and after stroy in ye licorys and stire it continually for it wilbe apt to burne if great heede be not taken, and when it is so muche boiled as the whole mass will sture with ye stye from the pannes botome then make it up in roune balls or what fashion ye like ye must kepe it nese the fire for it wilbe apte to growe ofte, a very smale quantity will stay the ticklin reyne

A Medecine for reddnesse in the Eyes.

Take a queene Apple and choppe it very fyne the like quantytye of grated Manchett and a litle Sotherwoode bruised Boyle all these togeather in faire runninge water vntill it be so thicke that it may be spreade upon a clothe like unto a Plaister and when you goe to bedd applye it to your Eye first winckinge and closing your Eye.

An other Medecine for reddnesse in the Eyes.

In Maye take newe Milke, lett it not stande to croame but putt it into your Stillitorye before it be colde, and when you haue drawen the water sett it in the Sonn 10. or 12. dayes and putt to euerye pinte of the water as much Camphere as a wallnutt. If there be any heate in the Eyes vse it colde otherwise lett it be blande warme.

A Medecine for one that hath a Stryp in the Eye or a Bruse in the Face.

Take the pappe of a black softe Apple, the yeolke of an Egge and halfe a spoonefull of good Sallett oyle or else oyle of Roses and putt to it a spoonefull of redd Rose water, then with a spoone stirr them and beate them well togeather. And thereto so many crumbes of Manchett, as will make it thicke to sortende vpon a clothe like Salue then lett the Patient winche harde and lay the Plaister on the outsyde of the Eyelydd. And if the Bruse be vpon the Face applye the Plaister to the place bruised.

A Medecine for a Lynn and a Webb or any such like in the Eye

Take 16. or 20. Slugges and washe them in good Ale many tymes till they be very cleane and then bruse them with a little Ale in a Pattinger with the backe of a Spoone till they be almost consumed and then lett it runn throughe a Strayner and geue it to the Patient to drincke 9. morninges fastinge. And if it be to a Childe a dozen will serue at a tyme. This hathe beene approued.

A Medecine to comfort the Sighte.

Take the leaues and flowers of Eybrighte, and make them into fyne powder searzed, take of this powder as much as will lye vpon a Sixe pence, in a rare egge or Brothe or drincke. Take it fasting in the morninge. Also the conserue of the flowers and leaues mingled with Fennell Seedes or with sweete Margeram taken last at nighte or presently vpon meate to close the Stomake the quantity of a Nuttmegg doth comfort the Sighte. And the Heerbe likewise dryed with Ale or Beare hath the same effecte.

A Medecine to Cleanse a score Eye that is all couered with Blode like a Jelly.

Take an Egg and roste it very harde, then take such a quantity of the yeolke thereof as you thincke conuenient and bruisinge it with your fingers, putt it into a Cleane peece of Lawne that is washed from the Sope and so laye it to the Eye. And if you can open the Eye lay it close therevnto, chaunge it euery 3. 4. howers till the fylme of Blode be consumed, that you may the better discerne the disease of the Eye.

A Medecine for a score Eye.

Take Dwarfe Worte, stampe and strayne and myngle the iuyce thereof with Woemans milke and White Sugar Candye powdered, and so dropp it into the Eye. Take also Ribbworte, and if it be needfull to washe it, lett it be well dryed from the Water then stampe and strayne it, and dropp a good droppe thereof 2. or 3. tymes a daye into the Eye. This of Ribbworte is also good for any Beastes or Cattell that haue Sore Eyes.

For the Eyes that be sore.

Take daysy roots, leaues and all, pound them, take the iuyce therof, and runninge water, and boyle it in the shel of a new layd Eygge: And breake not the creame of the egge in the botom, and when it is well boylett washe your eyes therwith, & it wil cleere your sighte.

A Drincke to heale a pin & a web in the Eye.

Take a good handfull of babme, & a good sponefull or two of Lobis otherwise called woodlise that lyeth betwein the tree & the rine, stampe them together and straine them wth a pinte of good ale or beare, & drincke therof morninge & eueninge v. or vj. dayes. this is good for all especially for young children. &

A water for the humor that falls into the eyes.

Take red fennil, daysies rootes and leaues, pound them together, straine them wth a sponeful or two of very cleare water, put it into the shell of a newe layd egge not breaking the creame that lieth in the botom of the shell, and set it on a chafing dishe of embers, so that it may boyle moderately, puttinge therunto a little coppris as a good peace, & wth the top of a cleare feather take away the sponne that riseth on the top of it, & when it hath boyled one part away take it of, and straine it thorow a fine cloathe, & keepe it in a viall, & washe yor eyes therwith twise or thrice a day, when you washe you, ly vpright that the water may fall into yor Eyes.

ad this to that maybe. & And to this effect in

young children wch haue such webbs in their eyes it is good beside the foresaid drincke to ad this Emplaster take every nighte when the child goes to bed a litle peece of the lightes of a sheepe parboyle it a litle lay it warme and dry at the child his nape of the heade bind it fast to in the morninge take it away and wipe it well.

For the Pinn and webb in the Eye to be applied to the contrary wast, and to be shifted every 24 howrs, and will cure in three dressinges.

Take Hemlocke and Veruin of ech a like quantity beate them well in a morter: Putt to it a litle quantity of Rye lauon, a litle Bays Salte made into fyne powder, and a litle wine Vinagre, mixe altogeather and applye it in a thinn clothe as aboue. Probatum

A Gargas or Medecine for the Megrime in the heade.

Take Sage Rosemary and of Pellitory of Spaine, the roots of Ache of these a like quantity, and boile them in a pinte of Vinegar, vppon a chafingdish of coales vntill halfe be consumed, then putt therem two good spoonefulles of Mustard being made with good Vinegar, and so lett it boile a while, And then take a litle of it, as hott as you can suffer, and holde it in your mouthe as you shall feele occasion and then spitt it out, and take more and this doe five or six tymes euery morninge so long as you shall fynde occasion or feele your selfe greeued.

A Plaister for the same grefe to be applied after you haue taken the Gargas.

Take six Spoonefulles of the Gall of an Oxe or Cowe, putt thereto two spoonefulles of the powder of the longe Wormes of the Earthe, and the powder of halfe a Nuttmegg grated: Boyle all these togeather vppon a Chafingdishe of coales vntill it be so thick as you may spreade it vppon a clothe then take a doble Lynnen clothe and cutt it fitt for your foreheade and as it may couer the tymples. Spreade this vppon it, and lay it to your forheade lyke warme, and lett it lye vntill it do fall of it selfe you shall knowe the Megreime by this it lyeth in the Browes, or in the Noddell, or in the one side of your heade.

A Medecine for a paine in the Heade that commeth with a burninge Feuer.

Take an ounze of Comming, and beate it into powder, mingle it with the white of two new laid eagges. Spreade it betwixt two folder of browne Paper, and make it fitt to couer from the midst of your forehead vnto the crowne of your heade. Lye it vppon your heade with a kerther and lett it lye so twenty fower howers, and it will helpe if God willl.

An other Medecine for the same greefe.

Take a new laid egg, and rest it very hard, and cleave it in two: Take out the yolke and fyll the hollow places with the powder of Comming seede: Putt them betwixt two folder of an handkerther, and lay it to the nape of your neche the powder towardes your neck: Make it fast and lett it lye all nighte: Do this as often as you shall haue neede, and Gode willing you shall fynde ease.

To make a Pyllte to stey the Throme of what heade soeuer it bee.

Take two good handfulles of Sage made very drye, a smale handfull of bay Salte dryed very woll and as muche of very course Sobratten Brann in like manner dryed. Then take Flaxe, Brede it thynn, couer it ouer with some of your Sage, then couer your Sage with your Salte and Brann mingled togather, then make an other lay of Sage, and

Flaxe.

Flaxe ouer all as you did at first, and so bast it betwixt two folder of lynnen clothe beynge made fitt to couer your heade from the moulde vnto the Nape. Styre it well ouer Frankinsense and lay it to your heade when you goe to bedd and sett it every day where it may haue the aure of the fyer and this vse so long as you shall fynde occasion This will continue good foure or sixe weekes: It must be ayrd ouer Frankinsense euery tyme you lay it to your heade.

The trewe cause whence many of the Paines of the heade do proceede, how to know those paines and the Remedyes for them.

One of the principall causes whence many of the paines of the Heade do proceede is the opening of the heade the wch doth happen comounly by one of these three meanes viz. By ouer much moisture beyng about the Braine: By a sodaine iumpe or fall: Or by vehement ryding or such like. The best meanes to know when your heade is open is this. Bowe downe the end of your thombe, and if you cannot receaue the space that is betwixt the two iownes betweene your teethe, the vpper iownte beynge towardes your vpper teethe and the lower iownte, to your lower teethe then your heade is opened: If by the paine you haue and by this experiment you do fynde your heade to be open: then do this. Stand your self vppon your elboes with your heade somewhat lowe ouer a table, puttinge your face betwixt your handes

setting your thombes vnder the great skull Bone, that is
behinde your Eares, your fingars reaching vp towardes the
moulde of your heade. Gather your face into your handes
leaning somewhat harde and squeasing your face and the
temples of your heade together, lett your fyngars meete
about your heade and this continue for the space of halfe
an hower at a tyme, vsing thus to doe often so long as you
shall fynde occasion: You shall knowe when your heade
is closed by your thombe as is aforesaid: And as you doe
thus to close your heade, annoynte your temples about the
Eares and the Noddell of your heade and so downe to the
nape of your neck with the Oyntement of Lauander or
with the oyntment for the Palsye (The receiptes of wch
Oyntementes you shall fynde written in this Booke) And
withall when you vse the aforesaid Oyntementes you must
take a quart of Milke from the Cowe, putt thereto an hand=
full of Balme Eyther greene or dryed and as much of
Rosemary: Boyle all these together ouer a softe fyer
and when they do boyle putt thereto a Litle of a Nuttmegg
grated, and take it of the fyer, and putt altogeather into
a close pott, and drinck of it as hott, as you can holding
it in your mouthe that the ayre may ascende into your
heade: you must drincke a quarte of it Euery daye. But

if you

if you cannot gett of these oyntementes, take the milke
alone beynge vsed as is aforesaid, and holde your heade
as before is prescribed, and Godwilling, it will helpe. ∾

A Medecine for those that cannot sleepe. ∾

Take a spoonefull of the iuyce of Horseleick, as much of
Woemans milke, the like quantity of redd Rose water a litle
good Wine Vineger, and a Litle of the Oyle or Oyntement
of redd Roses: Warme all these together vpon a Chafing=
dishe of coales: Then cutt three pieces of a redd Rose
cake, and Lay them in the Lyquor, Laying the vpper side
of the cake downewardes in the dishe, and when they
be warme Lay two of them to your temples and the thirde
in the middest of your forehead Ouer with the fower
part of your Browes, and so fynde them on and they
will procure Sleepe if God please. ∾

An other Medecine to procure Sleepe. ∾

Take of white Lettice Seede one ounze, and beate it in a
morter, with a quantity of good white Sugar, vntill it
do come to a moiste Conserue, and if you can gett it putt
thereto halfe a spoonefull of Diacodyum then temper
these together and keepe them so for your vse And when
you do take of it, Eate a good quantity at a tyme and a
pretty while after, drincke a draughte of Posset Ale, this
doen dispose your selfe to rest, and you shall sleepe. ∾

A thirde Medecine to procure Sleepe.

Take of white Poppy Seede one spoonefull, beate it to ponder then putt thereto a little Posset Ale, made with Violettes Strawberry leaues, and Conguefoyle, drinck thereof warme and it will procure you to sleepe.

A Medecine for the paine in the Heade that commeth of colde humors.

Take of Camomele, Rosemary, and Sage of eche a like quantity, dry them well, then putt them with the folded of an handkercher, and lay it so, as it may come rounde about your heade then binde it fast, and lett it lye a day and a nighte, and you shall fynde ease. Lett those that ar troubled with colde in there heades take of the Ointement of Saunder, and annoynte therewith theire temples about theire Eares the nape of theire neckes and the Noddell or any other place of there heade, where colde is felte.

A Medecine to clense the Braine, to helpe those that haue a corrupt ayre at theire Noses and to clense the lunges of such grosse humors, as ar distilled downe from the putrefied Heade.

Take a good quantity of Rosemary leaues and chewe them lightly in your mouthe that the ayre may ascend into your heade and as you do thus holde downe your heade and voide the humors out of your mouthe, as they do fall. Do this in the morninge.

morninge fasting and two howers before you goe to ~~bed~~ Supper for the space of halfe an hower at a tyme, chaunging the leaues as you shall see occasion, and at euery tyme presently after you haue taken this, eate the quantity of two Walnuttes of this receipte followinge. Take a good quantity of Pennyroyall, Shredd it very smale, then mingle it with the best hard honny and beate them together vntill they be like a Conserue, then keepe it for your vse, and eate of it as is aforesaid. Doe this as you shall fetle occasion. And when you haue made an ende with these, then you must haue tentes to putt vpp into your Nose to open the conductes and to drawe downe the corrupte matter that offendeth. Make your tentes of fyne Lynnen clothe, and smale at the vpper ende: Wett those tentes in the iuyce of Primerose leaues and a litle Clarified Butter to make them to slippe. Putt these vpp into your Nose, and lett them staye there a pretty while: then take them out and wett them againe in the iuyce only, and putt them in as before, this doe for the space of halfe an hower at a tyme; Vse this for a good space and it will helpe you.

A Medecine good for those that ar troubled with wringe in theire Heades.

Take a pottle of sharpe Lauen Doughe as bigg as an Apple and halfe an ounce of Comming Seede fynelye beaten, worke it vpp in the doughe, and make it in a litle loafe then bake it vpon the hearth, and when it is well baked, open the loafe,

and moisten the crumme a litle eyther with Malmesye or Aquauite, then take two pretty pittes of the crumm, and putt them betwiact the foldes of a lynnen clothe and so fasten them somewhat warme to your eares, and lett them lye there for the space of twelue howers and then lay newe: This doe fiue or six tymes and keepe your eares and your heade very warme both at the tyme, and after, and it will helpe.

An other Medecine for the same greife to be vsed presently after you haue doen with the former.

Take a spoonefull of Neatesfoote Oyle and as much of Malmesye or of white wine: Putt these into a Sawser and lett them boile vpon the coales, then putt thereto the powder of halfe a Nuttmegg and lett it boile vntill it be somewhat thick: Then take black wooll and wett it in the Lyquor and droop it into your eare, luke warme and then stopp the wooll lightely into your eare, and lye vpon the contrary side halfe an hower after that the Lyquor may seinck into your peade, this do euening and morning. Lett the wooll lye bounde to your eare from one dresseinge to an other, and keepe your eare very warme.

A Medecine for the fallinge of the vuula.

Take a pittee of fyne lynnen clothe cutt it rounde as bigg as the moulde of the heade, lay fyne flaxe all ouer it, not

very.

very thicke, then take Nigella Romana, Nuttmeggs and Comming: Beate them all together to powder and laye of that powder all ouer the flaxe, then add an other laye of flaxe as before. Then take bay Salte and dry it as drye as you can and beate it into smale powder, and lay it all ouer vpon the flaxe, cutt a rounde pittee of clothe as before and quilte all these together that the powder runn not abrode, geuing a speciall marke to that side the Salte is on. Laye this quilte to the moulde of the heade very hott, the Salte syde vppermost from the heade and when it waxeth moist vpon the heade (as it will) drye the same on a dishe vpon a chafingdish of coales applying the same as often as you haue cause.

A Gargle good for the Sheume.

Take halfe a spoonefull of Mustard Seede & longe Pepper of Dilytorye of Spaine and Staueackre of eche two penny weighte and one spoonefull of Honye with 3. spoonfulles of Vinegar. Boile them in a pinte of water till halfe be consumed then straine it and take for 2. or 3. mornings halfe a spoonefull at once somewhat warme into your mouthe but lett it not goe downe. This will make you to auoide the Sheume exceedingly.

A Medecine for paine in the heade.

Take the hearbe Idyoll or Ellworthe otherwise called by the name of grounde Suye, Laye it to the crowne of the heade and towardes the necke, and it will helpe the paine of the heade.

A Comfortable Medecine for paine in the Heade.

Make a litle fyne smale roule of fyne lawne and wett it in good Rose watter, dip the top of it in the powder of Nuttmegg fynelye searced or beaten, and putt it in bothe your Nosetrilles but not to hye, and it will give ease.

For the falinge of the Vuola.

Take of the powder of the roote of Pellitory of Spaine fynelye beaten and searced, and of the powder of Ginger and rub the place therewith, and it will cause it to goe Vpp.

A Medecine for those that ar deafe and to recouer perfect hearinge.

Take halfe a pinte of Malmesye and halfe an ownze of Cloues, putt these into an earthen pott, and sett it vpon the embers and lett it boyle leasurely vntill a quarter of it be consumed away. Then putt altogether into a narrow mouthed cupp, and lay your eare to the mouthe of a Tonnell putt into the cupp, that the steame may goe into your eare, and couer your heade close with a sheete but lett not the steame be to hott. This contynue for the space of halfe an howr at a tyme. Vse this for a seauennighte both euening and morning and euery day putt a litle more Malmesye to the Cloues and after the first tyme do but make it of a sufficient quantitie to cast a steame fitt for your taking and after euery tyme that you haue vsed it, take of the lyquor before sett downe that is made with Neatesfoote Oyle and drop of it into your eare with black wooll laying the wooll vpon your eare in such sort as in the Medecine before for wind in the head is sett downe and when you haue layd this to your eare haue a quilte made with black wooll, hauing felt on the outsyde to keep out winde and lynnen clothe on the inner syde. Keep this clothe to your eare vntill you haue eare waxe in your eare, and lett those that

will preserue theire hearinge that speciall care that they pick not theire Eares.

A Medecine to drawe out an Impostume that is bredd in the Eare.

Take a tost of righte Leuenned Breade that is sharpe of the Leauen, leit it be somewhat thick, taste it before the fyer, somewhat browne on both the syde then cleaue it in the middest and take the thicker syde and wett the Inner syde of it with Vineger and Lay it to your Eare as hott as you can, and so lett it lye twelue howers and in twice or thryce dressing it will drawe out the bagg, and when it is come out if it do not breake of it self, launce it, and when it is broken make a tent of lynt, and dresse it with the Ointment of St. Johns wourte and putt it into your Eare. Then make a Plaister of the same ointement and Lay it vpon your Eare. Dresse it thus once in 24. howers vntill it be well. If you haue none of this Ointement you may take any other softe Salue, and dresse it as with the other, but keepe your Eare warme and be carefull that you take not colde after it.

A Medecine to drawe an Earewigge out of the Eare.

Take a sweete Apple and rest it in the fyer vntill it bee halfe rested, then take of the softest of it, and grinde it

very

very thick vppon a lynnen clothe, and lay it to your Eare as hott as you can suffer it, and lye vppon the same syde, and when you do feele it stirr you must lye very still vntill it bee come to the Apple, and then you must very sodainely pluck it away least the Earewigge retorne into your heade againe. And if you thincke there be any more Laye a newe one to your Eare.

A Medecine for the singinge in the Eares.

Take Barlye flower and bake a loafe of it and when you drawe it out of the Oven deuide it in the midste and strowe vppon it the powder of Nuttmegges, and as hott as you may suffer it holde it to your Eares, and do so often and you shall finde ease. It hath bein approued

An other very good Medecine for the same.

Take a quart of Sacke, and putt thereto an handfull of grounde Iuye, as much of Pennyrryall, and lett them boile well together and as hott as you can suffer it lett the steeme thereof goe into your eares by a tunnell that will close ouer the pott. Vse it in the morning and when you goe to Bedd, and keepe your selfe warme.

An other Medecine for the same.

Take a grate Onyon and cutt of a rounde peece of the crowne make an hallowd place within it, and putt into it a little Mythridate, a little olde Salleit Ryle and a spoonefull of Aquauite, and close it withe the peece that you cutt of the crowne and wrappe it in a paper and reste it in the Embers and when it is very softe take it out of the fyer and bruse it altogether and laye it in a clothe and as hott as you may suffer it, holde it to your eare.

A Medecaine to cure a face that is Redd, and full of Pimples.

Take two penny worthe of quicksilver, putt it in a little glasse and thereto so much fasting Spittle as will serue to kill it, then shake them well together, and the quicksilver when it is killed will take like duste: Then take such a Stone as Paynters do grynde theire coulors vppon, beyng clean washed, and take of the Oyle of Bayes the quantity of a good sole, Grinde your quicksylver and it together vpon the Stone and temper it still with wardynde water and so grynde it vntill the Ointement do take very graye then putt it in a Boxe, and anneynte your face therewith euery euening and morning for the space of 14. dayes keepeing your selfe close in your chamber all that tyme; and vsing the drinck following. one weeke before you applye the Ointement, all the tyme you do apply it, and one weeke after viz. Take a quantity of new Brare, and to euery tenn gallons take halfe a pounde of Madder, stirr these well together, and putt them in a vessell and when it is stale drinck thereof both morning and euening and diuers tymes in the daye. These beyng vsed as is aforesaid will by Gods helpe heale it. But for a Sruennighte your face will looke worse then before, vntill such tyme as the humor be killed, that is betwixte the flesshe and the skinn.

A Medecine for those that haue a flushinge in their faces and to cleare their faces of Wormes or such like thinges.

Take a greate handfull of Peache flowers, of wilde Daysy roots and of the whittest of wilde Tansye of ech of these the like quantity Put all these into a Pipter Bason and put thereto a quart of new milke from the Cowe, then sett it within your Still, and when you haue distilled it, put the water thereof into a glasse and keepe it for your vse; it will keepe good all the yeare: And when you haue occasion to vse it, take 4. or 5. spoonefulles thereof and put thereto of the clearest Allome as much as a greate Bean, and wett therein a clothe, then wett the place and lay the wett clothe vpon it when you goe to bedd and lett it lye on it all nighte, and in the morning take it of, woashe all the face with the same water without Allome and so dry it with a clothe. Doe this as occasion shall requier and it will helpe. But withall the Patient must drinck a greate draughte of this water following, both in the morning fasting and at 4. of the clock in the afternoone viz

Take three Pynttes of fayre Springe water or of running water and when it doth seeth put thereto a great crusto of white bread and when it hath boyled a good while putt thereto as much Sugar as will make it pleasant. Then take it of, and

putt

putt it in an Earthen pott, couer it close, and vse it as is aforesaid. This is good if it proceede of heate in the Liuer or Lunges But if it proceede of colde in the Stomake which doth comonly come with ouermuch abstinence, so as when worme meate commeth to the Stomake it stryueth and causeth a flushing in the face. Then lett the party vse after their meate to take continually a Sopp of a toste steeped in any kinde of wine, or if he haue no wine, then in Ale, and when it is steeped strowe vppon it the powder of Ginger Cynamome and Sugar, and so late thereof presently after your meate and it will helpe if it be taken at the first before it be goon to farr.

A Medecine for the Morfewe.

Take Fumytarye and make therewith a Posset and drinke of the possettale in the morninge before you arise and sweate two howers after. Then take the powder of Suney and seeth it in Ale with Annyseedes and Sugar and drinke thereof in the same morninge. And then take a newe laide Egge and lay it in white wine Vineger for 24. howers, after wch pricke the Egg with a pinn and take that wch commeth out, and annoynte the Morfewe and it will goe awaye.

A Medecine for the Toothe ache.

Take a spoonefull of the powder of Galles and as much of the powder of Rosemary budder dryed, halfe as much of brused Pepper, and the like quantity of the powder of Allome then take as much honny, as will serue to temper these well togather like a Conserue, putt it vpp in a Pott or Boxe and Keepe it for your vse, and when you do vse it, take a litle of it, and make it in a Ball, and if your toothe be hollow, put it therein, if not holde it betwixt your teethe and rigbte vpon the toothe that aketh, and let the water (as it falleth) runn out of your mouthe. This will drewe downe the Rheume, if it be a worme it will kill it, and it will burne vpp the Mary. Vse this as you haue occasion.

An other Medecine for the Toothe ache.

Take an Henbane root, scrapt it and washe it cleane, then slyce it, and boyle it in a good quantity of wine Vineger and three spoonefulles of Rose water, boile these togather in a platter vpon a chafingdish of coales vntill the Vineger be consumed that it will scarce couer the roots then take it of, and take one of the Slyces and holde it betwixt your teeth somewhat warme vpon the toothe that dothe ake and take a litle of the Lyquor in your mouthe warme and leane your heade vpon the Syde that your griefe is,

and after that you haue holden it in your mouthe about halfe an howr, hauing chaunged it twice or thrice in that tyme, putt it out and do this as you shall foole occasion and you shall fynde ease. Probatum est. ~

A Medecine to sweter the teethe, to make them cleane and strongt, and to preserue them from perishinge beyng used two or three tymes a weeke. ~

Take of Curroll and of Amber fynely beaten of eche a like quantity. Blend these with as much Honny as will serue to make it like a Conserue. Temper these well togeather then putt them in a glasse and keepe it for your vse, and when you doe vse it take a litle of it vpon a course clothe and rub your teeth therewith. As much as a Barlye corne will serue for all your teethe. ~

A Medecine for those that haue lost theire Speeche eyther by Sicknesse feare or otherwise. ~

Take a Primerose roote, Scrape it cleane, then take a slyce of the inner part of it, of a good thicknes and putt it vnder the Patientes tounge. Then annoynte the Noddell of his heade, the Nape of his neck and about his eares and iawes with the Ointement for the Palsye (so ca you shall fynde written in this Booke) chafe it well and lapp a clothe about it beyngs but warmed at the fyer and so lapp it vp close with sufficient clothes to keepe it warme, Drese him thus once

in

twelue howers, and continue it as you shall see occasion: to much heate of the fyer is hurtefull, to those that haue the Palsye but competent warmeth is good. ~

A Medecine for a Canker in the mouthe. ~

Take a pinte of white wine and as much of fayre watter then take of the litle slypes of Rosemary, of Hearbe grace, otherwise called Rewe and of Sage of eche of these halfe an handfull, and of woodbynde leaues and Plantyn leaues of eche of these an handfull, and when your lyquor doth boyle, then putt in all these hearbes, cleane washed and so lett them boyle softly vntill the hearbes beginn to looke yellowe. Then putt thereto so much Allome as will make it to looke yellowe and to taste very sweete then skumm it cleane, and so take it of and putt it altogeather into a pott and vse it as followeth ~

Take a Sawcerfull of this watter with some of the leaues of Sage woodbynde and Plantyne, and when it is warme take a cleane clothe, and lapp it about your forefynger, then wett it in the lyquor and rub therewith your mouthe and gummes and vnder your tounge and then spitt it out, and lay of the leaues about the gummes and vnder the tounge lettynge them lye there a litle while then spitt them out. you must drese it thus in the morning fasting, about fower of the clocke in the after noone and againe when you goe to Bedd. If the disease be in the throte lapp your clothe about the ende of a flatt Sticke and lett it hange an Inche ouer the ende of the Sticke, then

fasten it with a threede and wett it in the lyquor and so
washe your throate therewith and after washe your mouth
with the lyquor also Doe this as long as you shall stele occasion.

A Medecine for the Wheome in the teethe or Gummes taughte by Mrs Maynerde.

Take two or three Quinces as they come from the tree and boyle
them in fayre water of a running Streame till the water be
very strange of the Quinces: If you can gett no such Quinces
others will serue, that haue bein kept to bake, then take out
your Quinces and putt into the lyquor one handfull of Singue
foyle, with an handfull of Sotere Mynte, and lett them boyle
tograther till the Hearbes be tender, then take the water
from the hearbes and putt it into a glasse and keepe it for
your vse, it will last all the yeare, and alwayes when your
paine encreaseth take a litle of it into a Sauser and heate
it vppon a few coales, then washe your Gummes and gargle
it and in vsing it two or three tymes you shall fynde it
will cure you.

A very good Medecine for the toothache.

Take of Isope and Sage of eche 3. or 4. crosses one roote of
Henbane if not the roote then take halfe a dramme of the Seedes
Pellitory of Spaine Stauceackre of eche one gale Of Camphora
one scruple, Hani halfe an ounce Hony one spoonefull Vinegar
one Pinte Rosewatter 12. spoonefulles Boyle all these togather
till

till one part be consumed then putt it into a glasse and with
3. spoonefulles of this warmed washe your teethe every morninge.

For a Canker in the mouthe or Throate

Take to halfe a pinte of wine Vinegar a pretty handfull
of the greene Barke of Elder cleane scraped: Boile it well
till the strength of the Elder be taken away Then take out
the Barke Strane, and put therto 3 or 4. spoonefulles of
Honny and a good race of Ginger made into fyne powder
Boile it a litle and therwithall with a litle cloute fasto-
ned to thend of a sticke rubb the Sore twice or thrise
a daye.

For a sore mouthe happening to children when they breede Teethe

Take a pretty quantity of Toadeflaxe otherwise
called Stuggerworte: Bruse the greene therof very well
in your hand, and lay a good quantity of the same vnder
the chynn and Jawes of the childe fasten it wth a clothe
and chaunge it once in 12. or 24. howers as you fynde
occasion.

A Medecine for a sore Throte.

Take halfe an handfull of Cullenbynde leaues and the like quantity of Cinquefoyle: Boyle these in a pinte of newe milke and drinck thereof diuers tymes in the day as hott as you can. Vse this as you shall haue neede, and it woill helpe you, or else take a Sewstare and putt it in your drinck and drinck therof at your meales and at other tymes and this will helpe you also.

An other Medecine for the same.

Take the Conserue of Blackberryes that do growe vpon Brembles and gate a good quantity therof, in the morning at noone, and at nighte and it woill helpe you. The receipte of this Conserue you shall fynde hereafter in this Booke.

A Medecine for the quinzey or Swellinge of the kernelles in the throte.

Take a redd Cock of an yeare olde or more, cutt of the legges and slytt hym in the Back, and so lay hym about the sore part of your neck the guttes and all as warme as you can, and lett it lye there for the space of 12. houers and it woill aswage your kernelles.

An other Medecine for the same greefe.

Take Pamoilion (an ointtement wch you shall fynde hereafter in this Booke) and annoynte the place diuers tymes in the day therewith, and in tyme it woill aswage the swellinge of it or any other swellinge in the neeke, if it be taken before it be growen to putrifaction.

A Gargle for a Sore Throote.

Take a quart of Springe water, lett it boile a litle on the fyer then take of Colombinde of Cynquefoyle of Plantyn and of Honnysuckle leauues of eche an handfull, fiue Figges cutt in peeces halfe an ownze of Quinse Seedes, and if it be a colde Sheeme add therto a litle Sage or else not. When it is halfe boyled, putt to it as much clarified Honnye as will somewhat alter the colour of it, and when it hath boyled a litle together take it vpe and strraine it and vse it euenings and mornings beynge gargled somewhat hott, continue it as you shall see cause. Also Ruse and white Salte mingled together and dryed vpon a very hott fyershould and so made into a powder is good for the same disease.

A good Medecine for the Kinges Evill so that it be taken at the beginninge. And it is good for any other swelling in the throate or in any other part of the body.

Take a pretty quantitye of the slyces of course breade, eyther of wheate or Rye that is stronge of the leauen, and an handfull of dried red Rose leauues. Boile these in a quart of Beere and when it growth somewhat thicke putt thereto 4 or 5 spoonefullies of English honnye, and with a Clothe applye it warme to the place greeued, after in howers shiffe it and apply fresh and it will help.

A Gargle approued good for a sore Throote.

Take an handfull of Slope, 3 or 4 Figges some Kersons of the Sonn stoned, a pretty quantitye of Lycorisso cleane scraped, as much of Annyseedes; Boyle all together, and when the strenghe of the hearbe is well out put therto a good

spoonefull

spoonefull of Honny, and let it boile softely till the Shumm arise, then clarefye it, and therewithall somethinge warme garle offten in the day as you fynde occasion.

A Medecine to ripen a sore Breste or any other Impostumation in the Necke or Elsewhere.

Take a Lappefull of Mallowe leaues and putt them into a kettle full of fayre water: when it doth boyle vpon the fyer Lett it soe continue vntill the leaues be very soffte and slippy like Soape then take them vp and Lett the water runn from them, putt them into a greate wodden dishe, and putt the bottome of an other lower dishe vpon them and so wringe out all the water and the slyme, then stampe them, and putt thereto two spoonefulles of Hoggs grease, or the like quantity of good Neates footeoyle and stirr them well together, then take a pinte of good Creame and boile it and putt thereto the yeolkes of three eggs and three or foour spoonefulles of fyne grated Manchett and Lett them boile vntill it be very thicke, and that there be like an Oyle vpon the top of it, then take the roots of two Lillyes and rost them in a wett paper, and when they be rosted stampe them to powder. Then putt all these togeather and stirr them well and mixe them togeather, putt them in a vessell and keepe them for your vse and when you will vse it, you must spreade of it somewhat thick vpon a clothe and lay it to the Sorre beyng but warme, and Lett it Lye there for the space of 24 howers Dresse it thus vntill you see it looke redd and that it be soffte then take a shell Snayle or two and stampe them very smale and spreadd them somewhat thicke vpon a clothe

and lay them vpon the redd place onlye. Then layye the Pultesse ouer it and soo lett it lye twenty fower howrs and in twice dressinge it will breake it.

How to dresse a sore Breste when it is broken with the Pultesse aforesaid.

Take the hearbe called Cardus Benedictus and stampe 9. or 10. leaues of it and straine it with halfe a pinte of Ale and lett the party drinck thus much euery morning. Then you must haue a powder made with the same hearbe to dresse the sore withall to eate out the deade flesshe. Then take the Salue made with the oyntment of St Johns worte (hereafter written in this Booke) dresse your tentes therewith, and putt them into the sore and make a plaister of the same Salue and couer the sore therewith. Then lay your Pultesse ouer all and thus dresse it for 4. or 5. dayes after it is broken, and then you may leaue the Pultesse and vse all the rest vntill it be halfe whole, and then leaue the drincke and powder and vse the Salue only in manner as is aforesaide. And if the Impostame be vpon any other place, when it is broken you may tent it and dresse it with any other good Salue without the powder or drincke, but dresse it with the Pultesse as the Breste for 4. or 5. dayes, and then with the Salue only vntill it be well wch Godwillinge wilbe in conuenient tyme.

An.

An assured good Medecine to cure a Breste of an olde Sore and to helpe the Rupture or Brokennesse of the Bellye.

An wounde drinke

Take an handfull of Comfreye as much of yearrowe the like quantity of Bugell of the woode and as much of Sennikell: w Washe these cleane and wringe the water cleane from them with a clothe, then chopp them and putt them in a morter with an handfull of the longe wormes of the earthe the earthe beyng cleane striped from them. Stampe all these togeather very smale vntill the wormes be consumed, then straine it with a quart of Ale, and drinck the reste in the morning and diuers tymes in the day and at nighte and dresse the Sore with any of the Salues written after in this Booke. The taking of this drinck doth greatly further the curing of any woounde or Sore, and will helpe the Rupture (that is when the Ryme of the Brelly is broken) if it be taken within a yeare after it be doen. It must be taken in this sorte. Lett the partye lye vpon his Back in his bedd with his feete as highe as his heade, the Bowells beyng gotten in, and lett him vse to drinck of this diuers tymes in the daye and lett hym lye thus with as litle mouinge as he can 10. or 12. dayes annoyntinge the place often with the Oyle of wormes of the Earth, the wch you shall fynde hereafter in this Booke. And after the 12. dayes Ended, Lett the partye vse this drinck and the Oyntment

for a moneth and lett hym weare a truse for two moneths, and lett hym take heede that he straind not hym selfe.

A Medecine to drye vp a woomans Milke troubling her in Childbedd or to take away a Wonn from any place.

Make thinn Boales of Conde fitt to couer the Brest or Wonn and when you do lay it to the Brest warme it a litle and so wholme it vpon the Breste and make it fast that it remoue not and lett it lye as you sitte occasion. And when you do dresse a wonn wholme it vpon colde peyne fitt to couer the wonn and no more, and make fouer holes in the syde of the Boule and putt stringes to it the better to fasten it to the place and soe lett it lye without mouing vntill the wonn be consumed, and by that tyme the leade it selfe will almost consume. Probatum est.

A Medecine to preserue a Breste that is Sore from breaking and to aswage any Swelling or anguish whether it come of Bruse or otherwise if it be taken in tyme.

Take the Oynttment called Pampilion and annoynte the place therewith; take of Rozen, waxe, and Deares Sewett of ech of these a like quantitye, and one Spoonefull of the Oyle of Lynsteede Boyle these togeather, then take a peece of new Lokerem as bigg as will couer the place, and dipp it in the Lyquor and Laye it vpon the place somewhat warme, dresse it thus three tymes in the

in the day and it will aswage it. But if it come of a Bruse then take the Stared clothe only that is first written amongst the Salues and spreade it vpon the fleshesyde of tawed Sheepes leather, and apply it to the place till it fall of it selfe.

A Medecine to breake any Impostumation in such Places where a Pultesse cannot be laid as in the Face or Such like.

Take a Rowes eare and laye it in water for the space of an hower, then take it out and make it fitt for the Soore and applye it thereto, laying your hand vpon it vntill it doe cleaue to the Soore, then lett it lye vntill it fall of it selfe, the which will not be before it do bring out the core, and then you may dresse it with Salue at your discretion.

A Medecine for a Soore Breste.

Take Mallowes and choppe them smale and seeth them in running water till they be tender and the water consumed so that the herbes be not burned and putt thereto a good quantitye of Deares sewett or Sheepes sewett and a pottle of good Ale drugges and a quart of white wine and the crummes of white Leauened Breade made of Wheate, and seeth all this togeather till it be thicke, and then spreade it vpon a Lynnen clothe and laye it vpon the Breste no hotter then the Patient can well suffer it, and dresse it euery daye twise.

A Medecine for the coughe of the Lunges, and will helpe there that have had a long tyme

Take the Herbe called Coltsfoote, dryc it and make it into powder, then take a Chafingdish of coales and putt of this powder vpoon the coales, then take a Funnell and cover the coales therewith and holde your mouthe to the smale Ende or pypo thereof, and take the steame in at your mouthe no hotter then you can well Endure it. Do this in the morninge and at nighte first and last for 3. or 4. dayes and if your Coughe be come of an hott Rheume, it will dryc vpp the rheume and helpe you.

A Bollett Ale for the Coughe that commeth of an hott Rheume.

Make a quart of cleare Bollett Ale then take of Senneckle and Coltsfoote of Eche an handfull, putt them into your Bollett Ale with a Stick of Licorisse, cleane scraped and bruised. Boyle all these together vntill halfe a pinte be consumed, then putt it in a cleane pott, and drinck therof warmed in the morning, fasting in the after noone and at nighte when you goe to bedd but drincke it leisurely, and a good quantity at a tyme and thus continue it as you shall tynde cause.

A Medecine for an hott Rheume.

Take a quart of fayre water and boyle it with a good peece of white breade vntill one halfe pinte be consumed then putt

thereto so much Sugar as will make it sweett, putt it vpp in a pott and couer it close and drinck thereof diuers tymes in the daye But before you do drinck thereof first putt vpp the Viola of your mouthe with your thombe, then drinke it leasurely and a good draughte at a tyme Then take the Quilte for the Rheume, that is written before in this Booke made of Sage Bay Salte Bran and Flaxe and lay it to your throte in such sorte as is there expressed.

A Medecine and Quilte for those that haue a drye and weake Coughe, the wch commeth of the drynesse of the lunges or of a salte Rheume the which is most incident to those that be Aged.

Take a peece of Lynnen clothe of the compasse of your Breste and cutt it so, as it may be fastened behind your neche then take black woolle and twse it lighte and bast it lightlye vpon the clothe the compasse of your Breste that it may come close vpp to your throte and Cancell Barnes, then moisten it with the Oyle of sweete Almondes and lay it to your Breste and renewe the moistnings once or twice a weeke as you shall see cause: And withal take of the Syrupt of Licorise or of the Syrupt of Scabious (the wch you shall fynde written amongst the Syruppes) you must take it in this sorte. Licke it out of a sawser with a Licorise stick beyng iagged at the ende and so sucke it from the stick and swallow it downe Leasurely Doe this

diuers

diuers tymes in the day and continue it as you shall see cause All Syruppes for the lunges must be taken in this sorte.

A Conserue for the same greefe.

Take a quarter of a pounde of Almondes and lay them to blanch in colde water two dayes and two nightes, then blanche them and wipe them cleane with a clothe then take an ounce of the kernelles of Pynenples and pick them very cleane Beate the Almondes and them togeather in a morter. Then take of redd Rose water of Isope water and of Horehounde water of eche of these a like quantity, to the quantity of a good pointe in the whole. Temper your Almondes and kernelles therewith as you do beate them and so beate them very smale then strayne it and sett it vpon the fyer in a skillott and when it doth seeth, putt thereto a Sawser full or redd Rose water to quaile it with, then take it of the fyer and so lett it stande a while then take a course Holland clothe and wett it and after wringe the water cleane out of it. Then poure your Lyquor thereon and holde it or hange it vpp vpon a pinn that the whaye may drope from it, and when it hath done dropping, take out the stuffe and putt it vpon a dishe and putt thereto halfe a pound of Sugar finely beaten, sett them vpon a chafingdish of coales, stirr them well togeather and so lett them boyle halfe an hower, then take it of and when it is colde putt it in a glasse or a Gally pott and keepe it for your vse, and when you do vse it, eate thereof first and taste

and at other tymes of the day at your discretion, and you shall fynde ease.

A Medecine for the bleading of the Lunges.

Take of the Powder of Currall one spoonefull fynely beaten and of the Conserue of redd Roses six spoonefulles, mingle these well tograther, and eate thereof diuers tymes in the day and withall you must eate very ofton bothe by days and nighte of the Conserue of redd Roses alone; the conserue that must serue for this greife must be made with 3 pounde of Sugar to a Pounde of redd Rose leaues the whites beynge clipped of. Vse this and in short tyme it will helpe you.

A Tysant for these that hauie the Cough of the Lunges, and will helpe them the ayde they be entered into the first or Second degrees of a Consumption.

Take a Gallon of good smale Ale, put it into an earthen Pipkin, boile it and skum it cleane: Putt thereto a great handfull of Sage, as much of Pennyroyall one handfull of Fennell roote, cleane scraped and washed and pilled from the Pithe with six Perselye roties dressed in the same sorte, lett all these boile tograther, and when it is cleane skummed putt thereto three good Spoonfulles of Aniseeds cleane picked and

and a litle bruised, three ounzes of Lycorise cleane scraped and bruised with an hammer, halfe a pound of Raisons the Stones beyng taken out, and tenn figges quartered in 4 pieces: then boile all these tograther vpon a softe fyer vntill almost the one halfe be consumed, then take of it and lett it stand in the same Pipkin, and drinck ther of as you dae the other Medecines before written and it will helpe.

A Water of Lycorise to cure the stoppinge of the Lunges, to helpe the Shortnesse of Breathe or Loose of Breethe the whiche proceedeth of the Suffocation of the Lunges.

Take a quart of fayre water and when it dothe seethe skumm it cleane, then take 3 good Licorise sticks, scrape them cleane, and bruse them with an hammer very mosye but not to ponder, then cutt them in peeces of an Inche and an halfe Longe, and putt them into your water, and lett it boyle vntill it do tast strange of the Lycorise and looke of a deepe yellowe, then putt thereto as much Sugar as the quantity of a good Sole, lett it so seethe and skum it very cleane, then take it of and putt it in a pewter dishe, and take continually of it in this sorte. Holde one of the sticks of Licorise in your mouthe, and wett it often in the Lyquor and so suck the lyquor from it, and when it is drye wett it againe, this do continually vntill you fynde ease and take

sometymes a Spoonefull of the lyquor, and lett it goe softly downe. There is no helpe in any Medecine Vnlesse it be carefullye ministred, according to the trowe prescription thereof: This water helpeth also for the Plursye beynge diligently taken in such sorte as is heart sett downe. Probatum est.

A Tisant for the Coughe eyther of the Lunges or Stomake.

Take Hartstounge, Lyuerwarte, Longewarte, Coultsfoote, Maydenheare a little Enula Campana rote, Lycorsons of the Sonne stoned, some Licorise stamped, Annysseedes a little bruised. Let all these be boyled togeather in fayre running water according to the quantity of the hearbes, and when it is sufficiently sodden that the vertue of the hearbes be in the water, straine them all and drincke the lyquor at any tyme when you will.

A Powder for the same dyseases to be eaten with meate in Steede of Salte using it now and then.

Take the Lunges of a Foxe and washe it in white wine and laye it in white wine 12. howers, and then drye it in a fayre clothe and sett it in an Ouen, till it be so drye as it may be beaten to Powder: add thereto a little powder of Licorise fynely beaten, a little Annysseedes fynely beaten into Powder and a little Sugar candye made also into powder But lett the

greatest.

greatest quantityte of the Foxes Lunges. And when you eate not of this powder, Eate 2. or 3. tymes in the day conserue of redd Roses.

A Medecine for one that is in a Consumption

Take the quantitye of a quarter of a pinte of new milke as it commeth from the Cowe or else Gates milke, and vse it after this manner: Take a new laid Egg and poache it as rare as you can possible and taking out of the water putt the yeolke into the milke and stirr it a little vpon a softe fyer, not sufferinge it to boyle. Sweetten it with a little Manius christi or good Sugar and drinck it in the morning fasting and at night when you goe to Bedd.

An other Medecine for one that is in a Consumption

Take a pinte of Milke as it commeth from the Cowe and a pinte of redd Rose water, the yeolkes of 30. new laid Eggs an ounce of Cynamome bruised. Putt all these into a Stillatory and distill it with a softe fyer. Vse a spoonefull or two thereof in Sucke Brothes as you Eate, or in any other thinge at any tyme when you can best like of it. This water is very good to be vsed also in the former receipte.

A Medecine for the Cryne Coughe and Coughe of the Lunges, many tymes Experienced.

Take two or three handfulles of Scabious and 3. or 4. rootes of Enula Campana, scrape them, slyce them, and bruse them in a morter and likewise Gallingale cutt and bruised with Fennell rootes of the like quantitye. Then take a pottle of Ale and putt

the roots into it, and bruse the Scabious with your handes in the middest and putt it into the Ale, and lett it boyle from a Pottle to a quart, and when it is almost sodden putt it into a fayre Bason and lett it settle about some 10. howers then take the vppermost of it and putt it into a cupp. caste away the Dregges and every nighte and morning geue the Party 9. Spynefullies to drincke and it will haue very effectuall operation.

A very comfortable Sellye for those that are weake.

Take two Capons, kill them, tryce them and take all theire fatt from them, tryce the Bonce, washe them and lett them lye all nighte in water, the next morning putt them in a pott very well scoured with two Gallons of fayre water, and when it beginneth to boyle lett it be very well skummed, and all the fatt taken cleare of. lett it boile very softely a long tyme vntill you see it beginneth to come to a stiffe Sellye, and then strraine it moate and all throughe a fayre clothe and sett it where it may be cooled: When it is colde pare of all the fatt on both sydes, then putt it into a faire Napkin or Posnett, and lett it melte then putt in as much Sugar as will sweeten it with a litle Salte to season it take a Spynefull or two of Rose water, with as much Vinegar, and putt in with the Sugar, take the whites of six Egges and beate them very well and a litle before it boile putt them in, then stirr it a litle and when it boyles vpp. take it of and putt it in a Sellye Bagg with a brunch of Rosemary in the Ende thereof, and keepe it for your vse.

A speciall good Medecine, and will keepe those that doe vse to take it from falling into a Consumption.

Take two new Laid Egges and sett them in the Embers vntill they be thoroughe warme, but lett not the white be harde then make litle holes in the toppes of them and poure out the whites as cleane as you can, and fyll vpp your Egges with read Rose water, and the powder of Cynamome and Sugar, then warme them againe in the Embers and so Eate them. vse this and you shall fynde it very effectuall.

A very good Medecine for the Coughe.

Take English Honnye and halfe as much sweete Butter and as much of the iuyce of Isope as you may geese to be the quantitye of a quarter of the Honny and Butter and boyle those a litle together stirringe it well. When it is colde make a toste of Brede and sprinkle this vpon the toste, and Eate this 3. or 4. morninges, and if the coughe be so extreme that it goe not away at the first, then within 2. or 3. dayes vse those tostes againe and you shall fynde greate amendment.

An approued Medecine for the Coughe or for a colde or for breakinge of Fleame.

Take Isope Balme Horehounde Pennyroyall and Primerose leaues of all these together the quantitye of an handfull and one spoonefull of Annyseedes bruised and a spoonefull of Lycorice sliced very fyne, and putt all these together in a pinte of good Ale,

with a litle sweete Butter and a lise Sugar candye. Seethe all these togeather vntill a quarter thereof be consumed, and then strayne it throughe a fyne clothe, and drinke it morninges and eueninges 4 or 5 spoonefulles as warme as you can.

A Medecine for the stoppinge of the Lungs.

Take an handfull of Fetherfewe. Seethe it in a pottle of smale Beere vntill the halfe be consumed, then straine it and put to the drinke thrie ownzes of Honny and one ownze of Licorise and the like quantity of Annyseedes beaten into powder. Seethe them a litle and drinke it first and laste.

A Medecine for the Coughe with shortnesse of breathe and hath cured somer troubled therewith togeather with a continuall Feuer. La Rosell.

Take a quantity of Scabious and of Carduus Benedictus of eche a like quantitye. Boile it with Licorus and Annyseedes in a quantitye of water from a quart to a pinte and to halfe a pinte thereof put three spoonefulles of Syrupe made of Vineger and water and Sugar called Sirupus Acetosus simple. and so drinke it eyther warme or rather colde wch is deemed better.

A Powder good for to breake and helpe a grate colde.

Take Annyseedes Licorise of eche one ownze Ginger Alcampane roots of the Lunges of a Flocc of eche of these the weighte of two grotes. make all these into fyne powder And put thereto halfe a pounde of fyne Sugar powdered Sourze all these throughe a fyne heere searze and so mixe them altogeather with the Sugar and eate thereof as you fynde occasion.

A good Medicine, to cutt and avoide toughe fleame bothe in olde and youngt experienced.

Take a pretty quantitye of wine Vineger, Isope water sweete Byle Myne and white Sugar candye, boile them togeather vpon a soffe fyer, and when they ar well incorporate and like a Syrupe, geue the Patient a spanefull therof at a tyme.

A Medecine for a colde or cought and it may be geuen to a younge childe.

Take a pinte of runninge water, as many blewe Currantes as will lye in the palme of your hande, a spanefull of Anyseedes and a prettye quantitye of Licorise Boile altogeather till the water looke yeallowishe then put therto as much white Sugar candye as will make it sweete, and take therof 3 or 4 spoonefulles, at nighte when you goe to bedd or at any other tyme of the daye warme or colde as you like beste.

For the Lunges M. Holkett receipte.

Take Cumfrey roots three handfulles stampe them smale redd rose leaues, Betonys Plantane Eimpernell Polygone Scabious Tussilagins of every one two handfulles Put them in two gallons of water and seeth them to three quartes then straine them, and put to the lyquor two pound and an halfe of Sugar and seeth it to a Syrupe, and take halfe an Ounze of it first and last and in the midis tyme of the daye, and rubbe your breste wth the Byle of mace.

A Tyfsant to worstoop the Lyuer and the Spleene, it is good to disgest Melanholy and to purge the Pluresye.

Take two Gallons of fayre water, putt it into a Typhin and when it doth setth skumm it cleane, and putt thereto twoe smale handfulles of the best of the Fennell rotes used as is formerly sett downe, and the like quantity of Perrely rotes used in the same sorte, one handfull of Succory rotes and the like quantity of Dock rotes that bore most vtollow both beyngs cleane scraped washed and pitched as the other rotes. Then putt all these into the water and so lett them boile halfe an hower, skum them cleane, then putt thereto two ownzes of Maydenheare one ownze of Sydrack, one handfull of the leaues of wilde Taystfice, one handfull of Violett leaues, as much of Endeeue, and two handfulles of Egrimony halfe a pounde of Lycorise cleane scraped and bruised with an hammer, and two ownzes of Annisseedes well rubbed in a clothe, and winnowed cleane, putt all these into your Lyquor and so lett them boyle leusurely a good while vntell it do come to be very pleasant, then take it of the fyer and lett it stand in the same pipkin: you must take it in this sorte. Take 20 Almondes blanched grinde them smale in a morter and as you do grynde them temper it with 6 or 7 Spoonefulles of your Lyquor and when they be very smale ground and well tempered with the water straine it, and so warme it and drinck

thus much at a tyme euer when you do feele any prickinge or paine eyther in your Cheste or Sydes; And sometymes drinck of the Tyssant alone without Almondes eyther warmed or colde as you please: Doe this and you shall fynde ease.

An assured good Medecine for a Pluresye.

Take a Lappfull of Brookelyme, cutt of the rootes and washe the hearbe and chopp it smale as you wouldes do hearbes for the pott, putt them into a sufficient quantity of fayre water and putt thereto halfe a Pounde of the caule of a Sheepe chopped as it coore for Puddinges, then boile altogether vntill the hearbes beginn to looke yellowe Then take whitten Bran and as you do stirr it with one hand, putt in the Bran with the other hand, thus do vntill it be thick enoughe to make a Plaister thereof, then take it of the fyer and putt thereof betwixt two fouldes of a clothe and lay it to your Syde where the paine is as hott as you can endure it, and as it coleth putt it into your pott againe and take of the hott and putt into your clothe and lay it to your Syde as before, this do vntill the paine be gone And if your stuffe do waxe to thicke you may putt more water, and of the same tallow to it, and boile and stirr it well as before. And as you do apply this Medecine you must eate this receipte followinge for to cleanse the corruption downewarde. Take a good rosting Role cutt of the topp of it and picke out the Coore then fyll vpp the hole with Olybanum smale beaten or else with.

with the white of frankensence cutt very smale, then couer your Role with the topp, and sett it vpon a fyer Shouell before the fyer and lett it roste very softe, then take it and wringe it presently together as hott as you can, into a Sawcer and as you do temper it lett one scrape Sugar vpon it and when it is sweete enoughe lett the Partye eate it as hott as he can: Doe this continuelly after dinner and Supper as long as you shall see cause and it will sower the corruption from you Probatum est.

An other Medecine for the Pluresye.

Make a Caake of Rauen doughe and bake it vpon the hearth and when it is well baked, if your Pluresye be on both the Sydes, then cleaue your caake in the middest, if it be but on the one Syde then leaue the one syde thicker then the other, and so spreade the thicker syde with Tarre and so lay it to your syde or Sydes as hott as you can endure it, and when it doth waxe colde taste it before the fyer, and spreade it againe with tarr, and lay it againe to your syde as before. And when you do apply this Medecine, you must withall take this drincke followinge viz. Take Ittarie grace, stampe it and straine it with a drughte of Ale, and when it is strayned putt thereto as much Tryackle as the quantity of an Hasell nutt, and so warme it a little and stirr it together and lett the Partye drincke it: Doe this three morninges fastinge and it will helpe you. This Medecine of the Caake and Tarre beyng vsed as is heare sett downe, will ripen and breake any Impostumation eyther in the Backe or Sydes. Probatum est.

A Drincke to breake the Pluresye and to drawe it from the Syde.

Take two Knottes of Horse dounge to a pinte of white wine or Ale and putt it in a pewter pott or Stone Jugge and when it doth boile putt your Knottes whole therein and add thereto a race of Ginger cleane scraped and brused a litle and so lett them symber softly togather vpon the Embers without stirring vntill almost a fourter of the lyquor be consumed, then take it of the fyer, and poure out the clearest and strayne it This quantity woilbe sufficient to drinck at twice: And when they do drincke it lett them putt so much Sugar to it as woill serue to make it pleasant, and lett it be somewhat warme Drinck this first and last as you doe see cause and it will helpe.

A Medecine to trye a Pluresye from a Stitche and is approued good for the Stitche.

Take a pinte of Otes and halfe a pinte of bay Salte, mixe them woll togather and putt them into a frying pann, then sett them ouer the fyer and parche them woll sprinckling them often with Vineger, and when they be thoroughly hott, then put them into two Lynnen Bagges and so lay the one of them as hott as you can endure it to the place where your paine is, and if it be a Stitche it woill shifte, then followe it with your other Bagge, and alwayes as they be colde warme them in the

frying

frying pann, as at the first this do as you shall fynde neede following the Stitche as it doth shifte with bothe the Bagges and if it be a Stitche it woill helpe you else not: But if it be a Pluresye it woill abyde still in one place without shiftinge and thereby you shall knowe it. Probatum est.

A Posset Ale for a Stitche.

Take a quart of Posset Ale, an handfull of Pennyroyall as much of Stitchworte, putt these into your Ale and lett them boyle togather vntill the hearbes doe looke yeallowe; then putt a litle Butter to it, and so take it of and vse it as followethe Take of the powder of one Acorne and the like quantity of the powder of Broome Seedes, and twice so much of Annyseedes and halfe a dozen of the Seedes of Cummyn fynely brused: Mingle all these powders togather then putt thereto as much Sugar fynely beaten as there is in powder, mingle all togather and keepe it for your vse and when you do feele your greefe take halfe a spoonefull thereof and then drinck a good draughte of your Posset Ale after it to drive it downe This do as you feele cause and it woill helpe.

An other Medecine for a Stitche.

Take a turfe of the paringe of a flower where much doynge is. Broyle it vpon a Gridiron and bast it with Vineger on both Sydes and when it is well broyled, putt it betwixt the foulder of a lynnen clothe and lay it to the place where your

paine is as hott as you can wyll endure it, and as the paine shifteth follow it, and withall you must drincke of the powder of Baye berryes. Doe this as longe as you shall feele cause, and it wyll helpe you.

A Medecine for the opening of the Liuer the Spleene and the Gall and for the stoppinge of the Lunges with a greate Coughe.

Take an handfull of Fennell rootes as much of Persely rootes the like quantity of Succory rootes as much of Dock rootes of the yellowest you can gett, and a little of the Barke of an Ashe the outside scraped off: Boyle these in a gallon of runninge water skumming it cleane, then putt in a Penny worth of Maydenhoun as much of Sydrike, then take 4 or 5 sticke of good Lycorise cleane scraped and brused, and putt them therein as also one ounce of Fenny seedes, and so lett these boyle togeather till one quarte be consumed, then putt into the same a penny worth of redd Sandors and let it boile togeather softly one quarter of an houer after then strainе it into a cleane vessell and after it hath stoode a quarter of an houer, poure out the cleare thereof into a pipkin, adding thereto a pound of Reysons of the Sonn and a quarter of a pounde of Currantes, and halfe a pinte of Capers boyne, watered: And so lett it boile vntill the Reysons be tender and take thereof a spoonefull at a tyme a morninges and at fower of the cloche in the after noone.

An approued Medecine for the Pluresye.

Take a good Platterfull of Brookelyme Boyle it very tenderly in the water of the same Brooke where the hearbe growe, choppe the hearbe very smale before you putt it into the water. Add thereto halfe a pounde of Sheepes sewett shridd very smale. Lett these boile a greate while togeather, and then take a greate handfull of Whotten Brann, and thicken it therewithall like vnto a Pultesse. Spreade it on a clothe and as hott as the Patient can suffer it. Applye it to the place of paine, but somethinge lower then the greefe. When it groweth colde applye an other hott Plaister and so shifte it diuers tymes. And withall lett the Patient drincke of this receipte followinge. Take white wine and boile in it one or two knottes or nobbes of horsehoung and two racks of Ginger grated mingled togeather and knytt in a clothe somethinge loosely. Add to the wine a spoonefull of fenny seedes brused and 2 or 3 smale sticke of Lycorise sometyme brused, and when these haue well boyled togeather geue the Patient a good draughte thereof very hott, and lett hym lye on the same syde he findeth his paine to be. This Plaister and drinche well applied have holpen many in greate extremityes.

A Medecyne for a Stitche, good also for a Pluresye.

Take a Quincecostard, cut of the crowne and core it, then take Olybanum tynely beaten a Pouche stone, and an Acorne grated of eche a like quantyte of Ginger and Cynamome halfe as much some Sugar. Then lay on the crowne againe and set it in the Embers vntill it be rosted. then geue it to the Patient.

An outward Medecine to cole the Lyuer.

Take two spoonefulles of the iuyce of Houselicke otherwise called Sellgreene, and as much of the iuyce of Sorrell and put thereto 12. spoonefulles of redd Rose water and twice so much of Woemans milke. Putt all these togeather in a platter and sett it upon a chafinglish of Coales to warme, then putt thereto an heaped spoonefull of Saunders: stirr these altogether, and when it is warme, take the one halfe of a redd Rose cake and Lay the vpper syde of it downeward in the Lyquor and when it is warme Lay it to your Syde, but lett it lye no farther forwardes then the syde of your Briskett, and thoughe it do reache ouer your Back backwardes it foreth not, but in any wise lett it not come ouer any part of your Stomake and so roll it on with a clothe and lett it Lye 24 howers, and then warme it againe or chaunge it, and lay on a new one. This do for a weeke and then leaue it of for another weeke and then if you see cause vse it againe as before, this continue so longe as you shall fynde occasion and it will helpe.

A Medecine for the swellinge of the Spleene.

Take of wormewood Myntes and Fetherfew of eche an handfull chop them altogeather very smale, then take the crumes of sharpe leauened Brede to the quantity of halfe your hearbes mingle these well togeather then take a pinte of good white wine Vineger sett it on the fier in a skillett and when it doth boyle, poure in your stuffe softelye with one hand and stirr it with the

other hand vntill it be as thicke as doughe, then take it of and
putt it betwixt the foulldes of a clothe, and lay it to your Syde
somewhat hott and shiffte it euery 2. or 3. dayes.

An other Medecine for the Spleene.

Take six spoonefullies of Capers and as much of Currantes, bo=
yng boyled in water before, mingle these together and putt there=
to a little Vineger, then scrape Sugar therron, and eate therof
one houre before meate. This is good also to digest Melancolye.
And if you thinck your Spleene be full of woinde then make a
Plaister of Stone Pitche and lay it to your Syde and lett it lye
there vntill it fall of it selfe. This is good also to drawe winde
from the kidneyes or lunges beyng in this manner applied.

A speciall Medecine for any stopping of the Lyuer, and for the Jaundyes.

Take three spoonefullies of hulled Barlye, pricke it and washe it
cleane, and sotth it as is accustomed with faire water, keepe
the Barly so sodden till you haue the rest of the ingredience readye.
Take of redd Dock rootes washed cleane and the hard pithe taken
out, slyce the rootes very smale one ounze. Of the rootes of Succory
Liberoist made cleane pithed and slyced. The rootes of Buscus and
the rootes of Asparagus, of eche of these three halfe an ounze.
Of Reysons of the Sonn the stones taken out two ounzes. Putt all
the thinges aforesaid in a gallon of cleane running water and

sett them to boile with a softe fyer till you thinck a pinte be
consumed, then putt to these thinges of Egromony Succory Ca=
mupithes Cytruche or Asplene Hartes tounge of tuary one of
these Herbes halfe an handfull, Earthe Wormes prepared and
dryed the weighte of three frenche Crownes. Boyle all vntill you
thinck an other pynte be consumed and wasted, then strayne all
throughe a fayre clothe, and keepe the lyquor in some Earthen
vessell. Then if you make a pinte of Almond milke you must
take two ounzes or more (because there wilbe lesse) of Bitter
Almondes. Blanche them in warme water, then lett them be putt
into colde water, the space of halfe an houre. Beate them and
the Barlye together very smale, and in the beatinge sprinckle
them with the drynges of some redd Rose water and putt therto
by litle and litle so much water (as willl make milke accor=
ding to the Almondes) of the lyquor made with the rootes &
herbes and other thinges afore written. You must make it
pleasant with Sugar according to your taste more or lesse.

A Very good Medecine for the Spleene.

Take one or two of the galles of Oxen and for euery Gall take
one pottell of Vineger and boile them together till the one
halfe be consumed and with the lyquor all to bathe your side
before the fyer, and then take a peece of blewe wollen clothe and
wett it well in the lyquor and as hott as you may suffer it
laye it to your Syde and weare it all the daye. And vse thus
to doe euery morninge and in shorte tyme it will take away

all swellinge and hardnese of the Spleene Also the outward
Barke of the roots of youngge Ashes or When the strength is not
in the roots ashinge Kyes boiled in wine with a little Sugar
and so drunke is good for the same disease

For a tympany or great swellinge in the Body.

Take fiue Pyntes of Rennish or whitewyne and three
Porringers full of the Ashes of Broome A quantitye of
Cynamome bruised. Steepe the ashes and Cynamome in
the wine all nighte, the next day runne it throughe a
Jelly Bagge so often vntill it looke cleare, and adde
thorto so much Sugar as will please your taste, then
putt it into a Bottle of Stone or glasse, and so lett it
stande one whole days Then drincke of it morninge
and Eveninge, and one hower before meales, and after your
goynge at eche tyme if you be warme a good draught
colde as it is. Eate no Porridge brothe milke or
shonemeate that is moist, salte meate nor frute: And
drincke but once or twice at a meale, the lesse the better
drincke no wine at all, vnless your stomacke be very weake.

For the hardnes of the Syuore.

Take the roots of wilde Bryonye otherwise called
wilde vine a good quantitye Boyle them in Hogge
grease and so amoynte the Syuore syde morning
and eveninge warminge your handes at the fyer.

For the stopinge opilation or hardnes of the Spleene.

Take Sotherne wood, the toppes of Rosemarye Costmary
Myntes Bugelosse, the Leaues of Elder or ~~walwort~~
Walewortte, Rue, Wormewood, Brookelyme Lauender
cottone Cammomele of euery one two handfulles: Lauender
or youngge Spike two handfulles and an halfe
blacke Snayles fower Pounde, new fresh butter eighte
pounde, frankensence in powder fower Ounces fresh Cowe
dunge two or sponefulles fresh hens dunge two sponefulles
salte a little, melte your butter, then put in your Snayles
and boyle them gentlye vntill they be droude, then add
your Hearbes bruised, and your other thinges after, and
boyle them all moderatelye: Set them macerate three
dayes, then againe heate them, and straine out your
oyntement, for Paine swellinge and hardnes of the
Spleene is of Souueraine vertue It must be stroked
from the short ribbes crosse to the Shart.

A very good Medecine to putt away any greefe from the Stomake or to digest a Surfett.

Take the bottome of a Chrate loofe of a finger thick and sett it before the fyer, the crusto syde beyng first towardes the fyer and so lett it test Leasurely untill it be throughe warme, then turne the other syde and lett it test in the like sorte and when it beginneth to waxe browne, bast it well with Aquavite or with Malmesye, and as you do bast it lett it sooke in before the fyer, and when you have thus doon strowe it ouer with the powder of Mynes and wormewoode of eche a like quantitye and putt thereto of Cloues and Mace, and a litle of a Nuttmegg then caste a clothe ouer it, and so lay it to your Stomake as warme as you can, suffer it, then roll it on with a clothe and so lett it lye 12 howers and then renewe it or change it at your discretion. This do as often as you shall see cause.

A Medecine for those that have a moist Stomake the wch commeth of the Rheume fallinge into the Stomake.

Take a taste of white Bread of a reasonable thicknes and of the breadth of your two fingars, the crusto beyng taken of on both syde, and lett it be of the longthe of passe your p and then taste it very leasurely and make it dry but not browne so lay it upon a plate and steepe it well with Malmesye and strowe it ouer with the powder of Mynes and wormewoode of eche a like quantitye, then seraye it ouer with Sugar a good double

and so cutt it in 3. or 4. peces and eate of it every mornings and fast an hower after, Continue thus and you shall fynde ease.

A Medecine for wynde in the Stomake.

Take a new laid egg and roste it reare then open the topp of it and putt out the white that lyeth on the toppe then temper your egge with a good quantity of Pepper and Anny seedes bruised and so eate it fasting and in the after none if there be greate cause continue thus a good space and it will helpe.

A Drincke to dissolue wynde in the Stomake.

Take a quart of white wine and sett it to the fyer in a pewter pott, and when it doth seeth putt therto a good handfull of Sage and an ounce of Commyn seedes well rubbed in a clothe and piked. Then let it symber vpon a softe fyer vntill almost the one halfe be consumed, then take it of and drinck thereof diuers tymes in the day with Sugar. Doe this for a good space and it will helpe, and for want of white wine you may take ale.

A Medecine for an Impostumation in the Stomake and will consume it without brekings it vpwardes.

Take a Spoonefull of the powder of Lozen fynelye beaten, with a litle ale or Beare and swallowe it downe quicklye that it stay not in your mouthe and washe it downe with a draughte of drincke. And sometymes you may take it with Tryackle

tempering.

tempering it very thicke with the Powder. It is best to be taken every morning and euenings, but you may take it at any tyme when you do fynde occasion. Take the quantity of a grate Nutt at a tyme and drinck after it to washe it downe. It is good beyng thus taken to driue any paine or infection from the harte: it will clense any stuffinge or toughnes from the harte or Stomake: it is good also for a Bruse, you shall fynde this powder to be very souraigne for any of these greefes. And if you do vse to take it sometymes when you ar well you shalbe free from these greefes.

A Posset Ale to clense any Impostume or Bruse.

Make a quart of clearre Posset Ale and putt therto a grout handfull of Kernell otherwise called St Mary Perseley and as much of Feilde Dasyes but take not the roter thereof: Lett them boyle togeather vntill the hearbes begin to locke yellowe, then putt all togeather into a pott and drinke thereof morninge and Eueninge and diuers tymes in the daye and in tyme it will helpe. These Hearbes made in Pottage with Fennell roter and Perselye roter is very souraigne for the same greefes. And if you do vse sometymes to eate of this Pottage beyng well it will preserue you from Impostumations and clense you of Bruses.

A Medecine for an Impostume that is broken.

Drincke the water of Fetherfew and Cardus benedictus by equall proportion with so much Mithrydate as a good bigg Beane. This doe three tymes mornings and euenings.

A Powder good for winde in the Stomake or any other parts.

Take Seene one ownze Seduarye, Cummyn Seedes, Persely seedes and Dyll seedes of ethe 2. dragmes Ginger one dramm Cloves Nuttmeages, Calamus, Aromaticus, Valerian Annyseedes of ethe a dramme and an halfe, and of Sugar one ownze Make them into fyne powder and take a dramme therof after it is well mingled together first and last for the space of fower dayes and then but in the morninge.

A Drinke good for Winde in the Stomake.

Take two ownzes of Carroway seedes confecte as much of Fennell seede as much of Annyseedes both in confecte one ownze of Coriander seede two ownzes of Annyseedes one ownze of Sugar Candye grosslye beaten, eyghte knottes of Gallingall cutt in very fyne slyces two good sticke of Lycorise cut in like manner and 3 Nuttmeages likewise slyced. Put all these togeather into a platter and sett it vpon embers and tosse them togeather vntill they be very drye, and so put it vpp in Boxes and vse it as you fynde occasion.

A Medicine good for those that ar apte often to caste throughe weakenesse of the Stomake.

Take two pennyworthe of Saffron and a pretty quantityt of wine Vinegar heate it hott vppon a chafingdishe of coales wett a handkercher therin then wringe the moysture a little out fay it 2 or 3 folde double as hott as it may be suffered to the Stomake shifte and renew it as it coloth and it will helpe.

Cap 12.m Wormes

A Medecine for the wormes either in olde Folkes or Children. It will preuente loosenesse and is good to preuent an Ague in a Childe.

Take an handfull of Wormewood and as much of Fetherfewe and fower vnsett Leekes, chope all these togeather and mingle them with the Gall of a Beaste, then frye them in sweete butter and when they be fryed putt them in the foulded of a clothe and so lay it to the Stomake, and lett it come ouer the Nauell fasten it and lett it lye two dayes and two nightes and then change it if you see cause.

A Drincke for the wormes.

Take a good quantity of the Seedes of Commyn and boile them in Mulmesyt or for want thereof in Ale vntill the one halfe be consumed, then take it of and drinck thereof every morning warme with Sugar, and it will helpe.

A Medecine or Ointement for the wormes.

Take a pretty quantity of Garlick and sooth it in fayre water till it be tender, Straine it and mixe it well with freshe butter and make a Plaister thereof and applye it to the Belly of a Childe.

The makinge of Oxemell good for the wormes and to cutt phlegme and auoide toughe flegme.

Take a pinte of honney halfe a pinte of wine Vinegar and halfe a pinte of faire water clarifye it withe the whites of Egges, and when it is well incorporate togeather, keepe it for your vse and take thereof as you see occasion.

A good medicine for the smale mawe wormes.

Take an handfull of Rosemary strigg and stringe it in drincke and take it for nyne dayes togather, and if it be extreeme vse this receipt once in a monoth or six wookes and as they weare away by litle and litle lefson and leaue it

A Medecine for the Collicke.

Take a quart of Bolsott Ale, and putt thereto an handfull of Sage and as much of Pennyroyall, and a pretty quantity of Tyme and boile them togeather in your Bolsott Ale vntill the hearbes beginn to looke yeallowe, then take it of, and putt thereto so much of Caake Sowr as the quantity of a wallnutt and so much Sugar as will make it pleasant to drincke and so drinck thereof warme and it will make you to avoyde Grauell.

A Medecine for there that cannot make water.

Take 3. or 4. of the Shelles of Snayles wasche them cleane and dry them before the fyer and beate them into powder then take halfe a Spoonefull of it, and putt thereto a little of the Bolsott Ale next before written and so geue it to thes Patients then Lett hym wasche it downe with a good draught of the same Ale And if this will not helpe take the like quantity of the powder of Stratte in such sorte as is appointed for the other but take this with cleane Bolsott Ale, and it will helpe But withall you must annoynte the Bellye with Butter and Ale or Beare boyled togeather.

A Medecine for the Stone in the kidneye.

Take two great handfulles of Mallowes and of Camomele and Bollytory of the wall of Eche the like quantity, and of Holyoke Leaues a great quantity. Chopp all these togeather very smale then putt thereto of dryed Elder flowers, of Fynicricke meale and Lynseede of Eche of these a good handfull, mingle all these

togeather and make therewith two quiltes, then boile the quiltes in Milke the space of an houer, then take them out and wringe them betwixt two trenchers, and lay one of them to your Syde where the paine is as warme as you can suffer it, and when that is colde lay it in the Milke againe to warme and lay the other to your Syde in the same sorte. Continue this at your discretion and it will procure you ease.

A Drinke for the same Greefe and is to be taken when you do apply the Quiltes if you can haue them togeather, yf not one of them alone seuerally ye.

Take the chaue Bones of a Pyke dry them and beate them very smale into powder, then take a pinte of Lennish wine or of rubire wine and slyce therein a Lemon, add to it so much Sugar as will make it pleasant and so lett it stand all nighte then take halfe a spoonefull of the powder and putt thereto a litle of the wine and lett the Patient so drinke it downe, and then a good droughte of the same wine after to wash it downe Vse this as occasion shal requier and it will ease.

A Medecine for any Colliche or Greefe that cometh of wynde.

Take of Rosemary Thyme, Lauander Camomele Myntes and Sage of eche of these a like quantity. Boile all these togeather in a quart of Malmesye or for want thereof take anyother wine and the like quantity of water, and when they do seothe putt thereto sixe Spoonefulles of Annyseedes and the like quantity of

Commyn Seedes and so lett them boile vntill halfe the lyquor be consumed, then take a Bladder of a Cow or an Oxe and putt your lyquor and herbes therein as they come hott from the fyer and putt therein if you haue it a litle of the Oyle made with Elder flowers and Broome flowers or of the oyle of Camomele. Then tye the mouthe of the Bladder fast and laye it to the place where your greefe is, and as the greefe doth remoue followe it, and when it is colde warme it againe, thus do as you shall fynde cause this will continue good 5. or 6. tymes warminge.

An other Medecine for the same greefe.

Take of Wormewoode Fetherfew Camomele Sage Myntes and of Rosemary of eche of these an handefull then take a wooden dishe of a quarte and lay colde ashes in the bottome of it fill the dishe halfe full of hott embers lay your herbes on the top and heape them therton. Then take a napkin and lay ouer them, and fasten it vnder the Bottome of the dishe and reare it before the fyer, that with the embers and fyer it may be throughe hott. Then lay it in that sorte to the place where the paine is, and lett it lye so longe as the embers will maintaine the heate thereof: This do as you shall haue neede.

A Powder for the Colliche and the Stone.

Take the Powder of Broome Seedes and of the powder of the Seedes of Eglantine Berryes, of the powder of Baye berry Seedes and of the powder of Acornes of eche of these a spoonefull. Putt thereto as much of the powder of Setney as there is of all the reste, and add thereto of Annyseedes, and of the powder of

Licoresse of eche of these two sowmefulles then meingle all these
wall togeather and keepe it for your vse And take thereof
as you haue occasion eyther in your Pottage or Drincke and
you shall fynde ease.

An assured good Medecine for the Strangullyon.

Take of the berryes of the Elder when they be rype and hange
them in a chamber to drye vpon a thredd and when they be
drye you may keepe them all the yeare: Eate of these dryers
tymes in the day and they will helpe, or if it be in the tyme
of the yeare you may eate them greene from the tree and
they will worke to the same effecte.

A Quintesye for the Stone.

Take the water of Ramsey Perseley Cockes Pellitory of
the wall, the flowers of Beanes Sugy berryes Byttony Harts
tounge Grummell of ech a pinte: Putt to it as much Mus-
hadell as the quantity of all the water commeth to Distill
it togeather in a Lymbecke as you do Aquauite and drawe
from it two quartes and keepe it for your vse. Preserue
also the Mushadell and the water wch is called the grounde
in some glasse bottell and keepe it to your vse for it is of
a wonderfull vertue against the Stone. And when you will
vse these waters Lett the Patient troubled with the
Stone take halfe a pinte of the Quintessence and a whole
pinte of the other water, and lett hym drinck of, eyther the

said

said halfe pinte or the whole pinte, or as much thereof as
he is able to drinck, and lett hym walke after it holdinge
his water as much as he can, and when he can holde it no
longer to make it with as greate force as he can. you must
take but halfe the quantity in the ~~morninge~~ Eieninge and
then he shall not neede to walke so longe after it before he
takes his reste.

A Medecine for the Collick and the Stone.

Take a Pennyworth of Cloues and Mace an halfe pennye
worth of longe Pepper or somewhat more a spoonefull of
Gromell Seedes as much of an Oxe gall stone as a Beane, one
ounze of Bay berryes the hulles picked away one spoonefull of
sweete Brumble bryer stones, two Acornes the hulles picked
away two pennyworth of Turmarick, one spoonefull of Burre
Seedes halfe a spoonefull or more of Hanestones Pounde all these
togeather in a morter till they be fyne poieder. Then take as much
of the powder as you may take vp with your three fingers or
more, the more the better if you can abyde the bitternesse of it) and
putt it in 8. or 9. Spoonefulles of white wine lukewarme and
so drinck it in the morninge. And if any stick to the cupp syder
as it will rinse it with a little more so that you may take it
all. It will ease you.

An especiall good Medecine for the Stone.

Take the Seedes of blewe Violetts, the seedes of commoun Burres
with theire litle Podes a pounde drye them well in an Oven and
stampe them. Take of dryed Okenleaues well beaten to powder

fower ownzes of dryed Saxifrage halfe a pounde of Bayeberryes fiue ownzes: All these beyng well beaten into powder Lett them be sifted and mixed togeather: That doon take a quick hare, and strangle hym with a corde, that none of the blonde may be lost. Putt hym so whole or in peeces into some faire earthen or other Vessell Feete Gutter Blonde and all, and putt hym into an Oven that as well the Bones and the Skinn as the Fleshe may be broughte to Powder: then stampe it and searze it and mingle it well with the other Powders. Lett the Patient take a morninges of this powder so much as will lye vppon a Groote in a competent draughte of white wine. It will expell and clense Grauell and cure the Stone But to make it haue the more speedy and forceable operation you may vse this receipte followeinge viz Take 3 or 4 Radish rootes cutt smale and putt them into a Vyall full of good white wine, Malmesye or other good wine and lett it stand so in the Sonn and the Ayre 24 howers, take to one part of this wine two partes of the water distilled of the dounge of Oxen when they ar at grasse, and halfe a part of Strawberry water with 2 or 3 droppes of the iuyce of Commons or Cytrones, so as altogeather may be about halfe a pinte or somewhat more into the wch putt a peece of Sugar, and as much of the foresaid Powder as will lye vppon a Groote and geue it to the Patient to drincke a morninges wch he may continue for 12 dayes

togeather

together if he fynde occasion: But the best and most ordinary waye to take the powder aforesaid is to make a Bolsett Ale of Violett leaues, the leaues of Holycake or Mallowes and wilde Thyme. Putt so much of this powders is afore sett downe, into a litle of this Bolsett Ale, and presently after drinck a good draughte therof to washe it well downe. Note that in the former receipte the wine with the Radish roots and the iuyce of the Commons or Cytrone must be renewed euery day, the powder and waters with good vsage will kept longe. And the water of Oxe dounge beyng distilled about Maye will take away Spottes and Blemishes in the face, beyng washed therewithall a morninges and at nighte.

A Medecine for the Collike.

Take halfe a pounde of Fennell Seedes a quarter of a pounde of Annyseedes halfe a quarter of a pounde of Cummyn Seedes and lay those in Clarrett wine 24 howers, then dryes them and sytte awaye all the duste as cleane as may be and beate it into powder, and of this powder vse halfe a spoonefull at a tyme in your Brothe and it will free you from the Collicke:

A Medecine for the Stone.

Take a pretty quantitye of Sugar candye and putt it to 3 or 4 spoonefulles of oyle of sweete Almondes newlye made and drinck it fast and walke after it an howe: after wch drincke a good draughte of white wine and Commons or white wine and Onyons and you shall fynde ease. Also the Blonde of a Groote dryed and made into fyne powder, a prettye quantitye thereof putt into a good draughte of Ale and drincke is very good for the Stone.

A very soueraigne Medecine for the Colliche and the Stone.

Take one handfull of Saxifrage halfe an handfull of Gromell as much of Sage of Vertue, 4 handfulles of redd Nettle toppes 3 Branches of wilde Thyme that growth in gravellye grounde, 3 branches of Rosemary and 2 or 3 Shelles of new laid Egges Drye all these togeather in an Oven and grinde or beate them into a powder as smale as any Spice and keepe it very drye. Take so much of this powder at once as you cann take Vpp betweene your finger and thombe at 3 tymes and putt it into a competent draught of Beere or Ale and drinck so much first and last morninges and Eueninges and forbeare fresh Beefe Mallarde Geese and Eeles.

A very sufficient Medecine for the Stone.

In Maye take Fetherfewe Plantyn garden Tansey and Howselike of alla like quantity sauing Howselick (of wch take leaste because it is very colde) wesse them well and when they be very drye stampe and straine them and keepe the iuyce in a Cleane Bottell close stopped. Take 4 or 5 spoonefulles of the iuyce and a spoonefull or two of English Honnye and boile them togeather and make it thicke with the meale of Beanes and spreade it on a clothe of an handfull broade and laye it hott to the smale of the Backe and so downe to the lower ende of the Bellye It will ease

A good and well approued powder for the Stone.

Take the weighte of eyghte pence in Parmacetye, two pennyworthe of Cloues, as much of Mace as much of Cynamome as much of fennyl seedes one pennyworth of smale pepper as much of Barberies as much of Lycorisse 3 date stones one handfull of redd Sage as much of redd Fennell, 4 Acornes 4 Cloues of a Lyllye rote and burne them

Oistershelles.

Oistershelles in the fyer till they will deuide and take the inyside of the Shelles so deuided and putt to the rest All wch well dryed muste be beaten into a fyne powder mixed altograther and searzed. After they ar so tryed with a Searze take the Parmecetye and rubb it with the powder betwixt your handes for it may not be mixed with the powders before they be searzed That doeth keepe it for your vse and drincke therof first in the morninge and last at nighte or at any tyme as occasion shall require one spoonefull or more in Stale Ale or Beere or in a Posettale or any other drinck blade warme and taste one howr after the receipte If the extremity be greate and such as it stopeth the water Take one handfull of Perseley in Sommer and in Winter the roytes and stoth it in olde Ale to the quantitye of a pottell till the halfe be consumed Boile also therein 20 or 30 Prunes strraine it and putt thereto one or two spoonefulles of the foresaid Perseley and drinke therof as aforesaid.

A Medecine for the Stone.

Make a Posettale of rennish wine and milke if not rennish of the smallest white wine, and lett the wine be more in quantity then the milke Putt into this Posettale one good handfull of the smallest Perselye a little mother Thyme and a little Pellitory of the wall, lett it boile in the Posettale, till one quarter be consumed then wringe out the searbes into the Posettale and sett it on the fyer with some sweete butter, some Sugar and one spoonfull of white pepper bruised. Lett these boile a litle togeather and then drincke therof morninge and eueninge first and last for 2 or 3 dayes Also take Parsell and make pottage therof with Mutton, without any other thinge excepte greate Oteneale and date therof a morninges and to bedwarde make a Posettale with the same hearbe, and drinke therof when you gte to Bedd.

A Powder for the Stone.

Take Mugworte in the Springe and dryc it in an Ouen then beate it into fyne powder and keepe it in dryc Boxes, and once in a weeke or 10 dayes, take as much of this powder as you can take vpp betweene your fingers and your thumbe, mingle it with white wine and drinke it in the morninge fastinge. Take also the cuttinge of a Vine, and burne it cleane in an Ouen and keepe the Ashes and drincke one spoonefull of them in a draughte of white wine. It will breake the gruell and ease the paine of the Stone.

An other approued good powder for the Stone.

Take the Seedes of Broome the croppes of redd Nettles the croppes of redd Thyme, the budds of redd Oake, the lightes of a Foxe the flowers of Eldors, Hyp berryes Stonecrop, Ashen keyes Orange Pilles Saxifrage Parsilye seedes. Gather all these symples in theire dewe tyme, dryc and beate them seuerally into powder and putt these Powders into seuerall boxes or Bladders. Take of euery of these powders so much as will fyll an hazell Nutt, mingle and stirr them well together and putt them into a pinte or somewhat more or lesse of the Patients vsuall drincke or white wine and so lett it stand close couered in a pott 12 howers, and lett hym drincke thereof in the morninge a good draughte and walke or bowle or vse some other moderate Exercise for 2 or 3 howers after. This lett hym doe thryse in 7 dayes or one a weeke or a fortnighte more or lesse as he shall feele his greefe. This will make great abaydance of the Stone and hath beene proued.

A Medecine for the Stone.

Take Pellitory of the wall Saxifrage, Holyhocke, Smallage, Mallowes and Tansye of eche an handfull, choppe them smale and quilte them

in two

in two lynnen bagges, then take a pottle of the vppermoste of newe milke when it hath stoode awhile, and halfe a pinte of Malmesye and a little faire runninge water, putt them together in a pott, sett them on the fyer and when it doth seethe putt in one of the Bagges and seethe it a while in that Lyquor, then take it out and wringe it betweene 2 trenchers and lay it to the place greeued as hott as it may be suffered and when that bagg waxeth colde seethe and applye the other still chaunginge the Bagges as they begin to be colde and so lett them ~~often be~~ applied to the greefe until it doe cease.

A very good Medecine for the Colliche.

Take a tasche of browne breade two fingers thicke, when it is tosted spreade it with the best white Sage you can gett. Sett it againe to the fyer and putt on more Sage, and worke it in with your knife as you doe a buttered tasche. Vse it thus as longe as it will receaue any more Sagge: fryye it as hott as you may suffer it and laye it somethinge lower then your paine and followe it as the paine remoueth, and lett the tasche be wrapte in a course clothe.

An order how to take Aloes Succotrino.

Take of the Aloes as much as a good Beane and warme it over a chafingdishe of coales upon your knives pointe vntill it be soffte, then roll it up in 3: Pilles betwixt your handes with a little Rose water, and take them in the pap of an Apple and Sugar and halfe an howre after drinke a draughte of Bisott Ale or such like.

A Purgation of Senneye.

Take halfe an ounze of Senneye and putt it into a pinte of white wine, add thereto 5. or 6. of the roots of Polypodium, the w.ch is the Ferne that groweth vpon the Oke, cutt them in slyces and putt them thereto, and 20 Reysons of the Sonne the stones beyng taken out and a smale race of Ginger scraped and bruised, and a peece of a Nuttmegg cutt smalle with a spoonefull of Annyseedes rubbed and dusted. Putt all these together into the wine, and so lett them stand all nighte, and in the morning boile them together in an Earthen Pipkin upon a very soffte fyer vntill hary then the one halfe be consumed, then strayne it whilest it is hott, and putt thereto two spoonefulles of the Syrupe of damaske Rose, stirr it togethe and drinke it as warme as you can.

A Glister good for the Colicke.

Take of Pennyroyall Thyme Isope Mallowes and Camomele of eche of these an handfull. Boile all these together in a pottell of water, and when it doth seethe putt thereto of Annyseedes and of Cummyn seedes of eche 5. or 6. spoonefulles, and so straitt them

boyle vntill it do come to a pinte, then straine it into a Platter and sett it vpon a chafingdish of coales and putt thereto a good quantity of bay Salte and of the Oyle of Dyll and of the Oyle of Sttarbegrase of Eche of these a gant ~~[illegible]~~ spoonefull then stirr them well togeather and putt them into the Glister bladder and minister it to the Patient blode warme. A pinte is Enoughe at a tyme. ∾.

A Glister good to staye the Blodye Fluxe. ∾.

Take of one Cowes milke warme as it commeth from her a pinte straine it into a platter and sett it vpon a chafingdish of coales Then putt thereto of tryed Sheepes tallowe or Goates tallowe the quantity of a pretty hole and the like quantity of Sugar, and when these be thoroughly molten togeather, minister it to the Patient Blode warme. ∾.

A Medecine to staye the Blodye Fluxe. ∾

Take of Chalke tynelye scrapte a sawsserfull, temper it as it were doughe with the white of an Eage as much as will make two pretty cakes. Bake one of them vpon the hearthe and when it is baked, lay it to the Nauell of the Patient as hott as he can well suffer it, and when that is calle bake the other and lay that in the same sorte and this continue to doe Still with fresh cakes vntill it be staide. ∾. ∾.

A Medecine to staye anye Fluxe. ∾

Take halfe a spoonefull of the Seedes of redd Roses beyng dried in the ~~fitt~~ Season of the yeare and putt it into an Eleberrye

or a

or a little Milke soddep with Flower, take thereof twice or thrye euery daye and it will helpe you. ∾. ∾.

An other Medecine to staye all kinde of Fluxes. ∾.

Take of the redd leaues that growe vpon the young springes of an Oke that hath been loppe. Distill these and take 4, or 5. spoonefulles of the water thereof, and if it be for a Childe take but 2. or 3. spoonefulles, then putt it into an Eleberrye or such like, and ~~let the~~ Patient take thereof once or twice euery daye according as the disease is: And it will helpe. ∾. ∾.

A Medecine to staye the Showering that proceedes from a weaknesse in the Backe. ∾.

Take a Plaister of Stone Pitche and laye it to the Backe, then take of Comfreye Neppe and Clarye of Eche of these a like quantity, Shridd them very smale and beate them with two or thrie Eages, and so make a Tansye thereof, and when it is baked putt a litle Verjes to it, and strowe it ouer withe Sugar and so eate thereof Euery morninge so longe as you shall tynde occasion. It is good also for any weaknesse or Bruse in the Backe. ∾

A Suppositer to purge ~~[illegible]~~ withall ~~vpon any occasion~~. ∾. ∾.

Take a good spoonefull of Honnye and as much of Beare or Ale and a litle quantitye of bay Salte, putt thereto a litle of Deares Sewett or Sheepes sewett and so lett them boile togeather vntill it be so thicke that when you do dropp it in water it will forthwith become harde, and when it is so boiled poure it vpon a

trencher, and strowe it ouer withe the powder of Alloes Succetrino, and when it is somewhat colde make it vpp in Litle rolles smale at the one Ende and bigg at the other, and when it is through colde annoynte it with a litle Butter, to make it slipe and so minister it vpward to the Patient.

An other Suppositer to like effect and purpose.

Take the yeolke of a new laid Egg and putt thereto so much white Salte as wyll make it thicke, add thereunto 2. or 3. drops of Honnye, and when you haue stirred them well together, take a fairr lynnen clothe, and putt a litle of your stuffe therein and bynde it vpp close with a threede so that it be about the bignesse of a Button, then cutt it of, and lett the Patient take this as the other.

A Suppositer good for those that ar troubled withe the Collicke or winde.

Take a Figge make it as flatt as you can, then cleave it in two, layo vpon the outsyde of one of these partes two or three cornes of bayo Salte, then roll it vpp with that syde and the Salte inwarde, and lapp a thread about it from the one Ende to the other in such forme as it may be smale at the one Ende, and bigg at the other, then annoynte it with a litle Butter to make it slipe and so minister it vpwarde to the Patient as the other. you may doe the like with a greate Reyson beynge optned at the one Ende.

A Medecine.

A Medecine to staye any sloweynge or Fluxe especially for women in childbed. Experienced.

Take halfe an handfull of the innermost Barke of a Slowe bushe as much of the inward barke of the running Bramble, as much of the inner barke of a younge Oke. Seeth them altograther in a quart of fayre water, with a quarter of an ounce of Cynamome first brused, and a litle Mace. Vntill a quarter thereof be consumed then take Vnblanched Almondes, and powrre them in a fyer pann and stuppe them and make Almonde milke with the Lyquor. Then take Ryce and seethe it with so much running water as you may haue some of the water to remayne when the Ryce is sodden. then powre that Lyquor cleane from the Ryce and putt it into the first Lyquor before you drawe your Almondes, and in the Lyquor quenche fiye gaddes of Steele, and then make vpp your Almonde milke then putt it into your Ryce, with the powder of Cynamome Fynely beaten and Sugar, and so boyle it vpp even as you doe Ryce Pottage.

An other Medecine to staye a Fluxxe.

Take one handfull of Cumfrey as much of Peryvinckle as much of our Ladyes Mantell, as much of Sennickle Boile all these in a pottle of fairr running water Vntill it be halfe consumed, then make Almonde milke with it, but lett your Almondes be Vnblanched of this lett the Patient drinck a whole day if he be in extremitye.

The Duchesse of Feria her washinge of Alloes: A good purging Pill.

Take two ounces of Very good Alloes and putt thereto a quarter of a pinte of the iuyce of damaske Roses with as much of the

Syrupe of Violetts two spoonefulles of Vineger, then sett it in a soffe Oven after the breade is drawen, lett it be there till it be dissolued, then strainе it hard throughe a faire clothe and sett it in the Sonn or in warme Embers, vntill it thicken like vnto a Conserue stirring of it 3 or 4 tymes the daye. Then take Nuttmeges Cynamone Ginger Cloues Mace and Coriende Cubibes of euery of those a Duckett weighte, and of Rubarbe halfe a Duckett weighte. Bruse all these as you woulde doe for Spoones, and laye them in three quarters of a pinte of very good Muscadell three dayes: then take and strainе it, and after beate the Spices as smale as you can and grinde it with the same wine againe, then strainе it againe and weringe it as hard out as can be. Then putt that wine to the conserued Aloes, and lett it stand so longe in the Sonn or embers till it haue dronke vp that and come to a Conserue againe stirring it oftentymes in the daye, then putt it in a close pott and keepe it for an excellent purginge Pyll, to be taken once a weeke the quantity of a Beane rolled into a Pyll and taken an hower before Supper. It doth cure the Hendeache, comfort the Stomake and with many other good and approued operations.

A Medecine to be taken inwarde good for a weaknesse in the Backe.

Take a newe laid Egge presently from the Henne Dare of the Stole on the crowne of the egg as you doe to drinke it and putt out the white, leauing nothinge but the yeolke and putt thereto a spoonefull or somewhat more of pure redd Rose water and so much powder of

mastike.

Mastecke as will lye vpon a broade pointed knife, and as much of the powder of the whitest Amber. Warme these thinges beyng stirred togeather in the Shell with a fewe embers, and tacke it of, and after the receauing of it neither drinck nor Eate by the space of two howers, and it will be good to applye some strengthenинge and comfortable Sonreclothe or Plaister to the smale of the Backe where the paine is, lettinge it lye vntill it fall away of it selfe.

An approued Medecine for the Bloodye Fluxe.

Take in the morninges a newe laid egg, out out the white, add to the yeolke the weighte of halfe a crowne of Mastick beaten into powder and stirre it vp. Then boile Ryse in fayre water with a litle Plantyn some knotted grasse and Borro Pastoris bound togeather, with this liquor make Almond milke, wch put to the Ryse, and let this Ryse pottage be your meate for certaine dayes. Make then a collesse of a cocke capon henne or chicken strained only with the water it was sodden in, putting thereto some Verges without salte (the meate lefte of the cocke capon, &c is gud to be eaten) but drinck the Collesse halfe an hower before your meate, drinck smale drinck (and alwayes put a gadd of Steele red hott into the same. At after noones lay you downe to rest a while and binde your armes aboue your Ellbowes as hard as you can suffer it for the space of an hower, and stirr litle be quiett and merrye. And if this helpe not, and that you perceaue greate abundance to voide from you Take of the Syrupe of the 4 colde Seedes (wch you may haue at the Apothecaries) and put a pretty quantitye thereof in a good draughte of Woodbinde and Plantyn Water, mixe it well togeather and drinck thereof colde

for the space of 8. or 10. dayes betymes in the morninges and at 4. of the clocke in the after nones. This will purge the blode. And after this purging for stoppinge of the Fluxxe. Take a newe laid egg, breake the togg of it, take away the white then take ~~tooke~~ of terra Sigillata Bollarmoniack, white amber redd Roses, redd Myntes, Mastick, Sanguis Draconis and Sugar of Eche a pretty quantitye, made ~~into~~ tyne powder, mingle all togeather, and putt the weighte of a crowne thereof into the yolke of the egg and fyll it vpe with good redd wine and drinck this every morninge at 6. or 7. of the clocke for the space of 9. or 10 dayes, and sleape after if you will. Take also a gallon of Sacke as much of runninge Water an handfull of Bestonary as much of Sage and a quantitye of the dounge of a Mare or of an Asse, put this togeather into a dyet pott, stope the mouthe thereof very close with claye, and lett it seeth till the thirde part be consumed awaye, then vnstopp the pott, put a funnell on the togg sett it within a close stole, and sitt vpon it and receave the fume into your bodye and washe the fundament therewith very often. And when it is staide if perchance it cometh aguine. Take as at first the weighte of halfe a crowne of the powder of Mastick in the ystolke of an egg a morninge, and when you goe to bedd drinche some tymes a dringhte of Barrage water. After the stoppinge for to strengthen your Back vse to your breakfastes to ~~eate~~ eate of the pithe of an Oxe, and of a little tansye made of Camphere shredd fyne and a cople of newe laid eggs and strowe some Sugar Candye vpon it. Eate also sometymes Neetes feete and Calves feete stewed with some good hearbes. Vse thus to doe and with the grace of God, this will assuredlye helpe any fluxxe.

An approved Medecine for the stoppinge of a fluxxe

Take a good quantity of Sea cooles beynge beaten as fyne to powder as you can, put it into Beere or Ale mingle and stirr it well and let the Patient drinck thereof. And if he cannot take the powder in that sorte, lett it stand all nighte, and struine the dringe in the morninge and let the Patient vse it at all tymes when he drincketh for the space of 2. or 3. dayes and by Gods helpe it will cure.

A Purginge Ale

Take two gallons of newe Ale out of the tunne of the strengthe of a penny a quart, then take two ownces of the Cost Synee, as much of the Bollegodium of the Oxe Cloune scraped, halfe an ownce of Baye berryes, One ownce of Annis Seedes as much of Fennell Seedes: Bruise all these in a morter, and put them into a thyn Lynnen Bagge, and put a Stone into the bagge to make it synche and ~~tye~~ vpp the bagg close and hange it by a stringe into the Ale, and so let it worke togeather, and when it is weeke olde, grinde it fastinge every morninge, and if you will haue it worke much, drinche it also at fower of the clocke in the afternoone.

A Medecine good for those that ar enteringe into the yellowe Jaundyes.

Take of the inner barke of a younge Ashe, and almost so much of the yrollowe roots of Dockes being pitched. Boyle these together in a quart of Ale vntill it come to a pinte then put thereto a litle Saffron, and when you do drinck thereof, take therewith at every tyme halfe a spornefull of the powder of Ivory or of a Stagges horne, and so drinck a good draughte thereof every morninge luke warme, and in 7. or 8. dayes it will helpe.

An other Medecine for those that ar enteringe into the yellowe Jaundyes.

Take a good rostinge Apple, cutt of the topp of it and take out the core, then fyll it vpp with the powder of Turmericke or of Stagges horne, and a litle Saffron, then sett on the topp and roste it very softe, and when it is rosted voringe it out vpon a Sauser and scrape Sugar theron, and eate so much every morninge for 8. or 9. dayes and it will helpe.

An especiall good Medecine for the Jaundyes whether it be blacke or yellowe.

Take the greene of 8. or 9. of the Knottes of Cossedounge when it is new made, putt it into a pottle of stale Ale and shake them well togeather, then lett them stand 24 howers and after you haue shaken it well againe straine it and so sett it vpon the fyer, and when it doth seethe, putt thereto the white

of an edge beyng beaten to clarifye it withall and when it doth gather flicke vpon the toppe like a Posset curdle, skum it cleane and putt thereto a good hartfull of the yeellowest rootes of Dockes pyched and a greate handfull of the inner barke of a younge Ashe and 20. of the greate wormes of the earthe beyng slit and washed. Then lett them boile vpon a softe fyer vntill the one halfe be consumed, then putt thereto a little Saffron and keepe it for your vse. Lett the Patient drincke thereof three tymes every daye and it will helpe.

An other especiall good Medecine for the Jaundyes either Blacke or yeellowe if it be taken in tyme.

Take an handfull of Sallendine and somewhat more then an handfull of vtterrooce, and a good quantity of the longe wormes of the earthe, the earthe beyngc cleane stripped from them. Stamp them very well either seuerally or togeather, and straine it with Beere or Ale so much as may suffice to retaine the strengthe of the Hearbes and wormes. Then putt into it a good prettye quantitye of olde Suerye or Stagges horne and about a pennyworthe of Saffron made into fyne powder. Sott it on the fyer but lett it not seethe. When it is throughe warme putt it vp in a glasse and keepe it for your vse and lett the Patient take 9. or 10 spoonefullce thereof morninges and at eueninges, and it will helpe.

A very.

A very good drinck for those that be geuen to Melancholye, and weepinge.

Take a quart of Clarrett wine, putt it into an earthen Pipkin, add thereto halfe a pounde of Sugar, and so sett it vpon a very softe fyer, and when it doth boile and is cleane skummed putt thereto a quart of Rosemary flowers cleane pyked and halfe an ownce of Cynamome, and so lett them symber togeither softe ye for the space of an hower, then take it of and when it is colde, putt it into a glasse altogeather and drinck thereof with a litle clarrett wine after meate and when you goe to Bedd. Note that if you do make it of dryed Flowers a pinte will serue to a quart of wine.

A Medecine for the Jaundyes.

Take Horseliche and stampe it and straine it with woemans milke and every nighte when the Patient is readye to goe to bedd annoynte hym well therewith before a greate fyer from the roter of his haire downe to the lowest of his backe and chafe it in well with your hand and continue it till he be recouered.

A Drinche for the yeellowe Jaundyes.

Take the Inner barke of a Bartery tree and the inner barke of an Elder tree, and a litle englishe Saffron Boile them well together in Ale or Beere and putt to it some Longe Pepper and drinck thereof or Take Sallendine english Saffron and powder of Suery and seeth it till it be stronge and drincke it 9. tymes morninge and euninge Or Take 9. or 10. seedes of Hempe doe away the Husks and bruise them in Ale and drincke it fasting 9. dayes. Eyther will helpe.

An approued good Medecine for the Iaundies ~ yellow

Take of the most redd and greatest garden wormes you can gett, cut of as much of them at the Nauell or knott about the midst as the breadth of your thombe, slytt the knottes with a knife, take out all that wch is within or scrape them, then washe them with good ale and putt them in a goblett with 3. or 4. spoonefulles of ale and bruse them with a spoone stirringe them well together, so longe that the wormes be almost consumed, then ~~lett it~~ run throughe a strayner, and then take 3. or 4. Cloues of Saffron cutt ~~some~~ thinge smale putt it vnto 2. spoonefulles of ale, mingle them well together, and lett it run throughe the strayner to the rest. Add to this a little Vnicornes horne and drinke it fastinge 3. or rather 5. morninges together. Three or 4. peeces of wormes will serue at one ~~tyme~~ This Medicine often proued hath neuer failed.

An other good Medecine for the same yeollowe Iaundice.

Take a pinte of Ale and putt to it Turmerike and Saffron of eche a like quantitye, then take earthe wormes and washe them in warme water, shifte the water often and washe them vntill they be very faire and the earthe cleane out of them, then shridd them smale and knit them in a faire lynnen clothe and seethe them in the Ale with the Saffron and Turmerik and lett the Patient drinke therof as ofte as neede shall require.

An other Medecine for the yeollowe Iaundice.

Take redd Docke roote faire scraped and lightelye washed, take away the coore, and to a pott of 2. gallons of good Ale that is workinge putt in 3 handfulles of such scraped roote in a Cypresse or some other thynn clothe that is ~~[illegible]~~ washed cleane without Stone, after it hath wrought and is 2 or 3. dayes olde, drinke therof morninges noone and at nighte.

An other.

An other Medecine for the yeollowe Iaundice

Take a pinte of Ale, 9. Burrage leaues, 9 Pepper cornes grose beaten a litle Saffron and the powder of Vnicornes horne ~~and lett~~ the them altogeather, then strayne it and lett the Patient drinke therof ~~every~~ morninge fastinge for the space of 6. dayes. Or take Bettany leaues and ~~dryge them~~ and make them into powder and lett the Patient drinck of this powder oftentimes ~~of~~ of St Iohns worte in wine drinckeing the wine Or take newe Sheepes dounge and steepe it in Ale ~~or~~ Beere 12 howers, then straine it ~~and~~ putt to it a litle powder of Saffron and geue it to the Patient to drincke 3. morninges fastinge.

A Medecine to Stanch Bleedinge at the Nose.

Take Sope and bruse it, then putt it in a clothe and holde it to your Nose and it will stopp it. Or else take a clothe and wett it in redd wine Vineger, and lay it to your Nauell and it will staye it.

An other Medecine to Stoppe Bleedinge at the Nose.

Take the Bone of a Carpes heade and when it is drye bonte it into powder, and take of it in a Spoone with a litle drinck and drinck after it to washe it downe, and it will staye your bleedinge.

An other Medecine for Bleedinge at the Nose that will assuredlye helpe, if all other do fayle.

Make a Plaister of Pitche vpon Leather and Laye it betwixte your Shoulders colde, and lett your Plaister be cutt to couer the one halfe of your Shoulder blades and so goe smale vpwardes to the nape of your necke and lay an other of the Same to the Reynes of your Backe and these togeather vndoubtedlye will staye your Bleedinge.

A Medecine to Stande the Bleeding of a greene wounde and will heale it.

Take of the greene Mosse that growetth vpon an Hasell and Lay it thicke vpon the wounde, when it is new hurte, and so lett it lye by the space of 24 howrs and then dresse it with Salue if you see occasion.

A Medecine to stanche bleedinge to knytt the Synnowes and to heale any greene wounde hauinge no Bone perished.

Take the Longe wormes of the earthe commonly called knott wormes stampe them and spreade them very thicke vpon a clothe and so Lay them to the wounde. Note that so longe as it clouueth you must not take it of but if it falleth of then must you applye more of them to the wounde This taken in tyme will heale it in 8. or 9. dayes.

A Powder for a wound or olde Sore that bleedeth muche.

Take the Longe wormes of the earthe and putt them into a Bayle with heathes to scower them selues, then putt them into an earthen vessell or platter and sett them in the Ouen after breade is dryd and when they ar sufficiently dryed beate them into smale powder and putt thereto the like quantitye of the powder of Vernon leaues and so much of the powder of Bolarmeniake, then mingle them well togeather and keepe it for your vse. Make it in May or June best.

A water for a Sore that bleedeth much.

Take a quart of running water and when it doth boile putt thereto two ownzes of Roche Allome as much of white Copperrose and fewer ownzes of the powder of Bolarmeniake finely beaten, lett it boyle vntill these thinges be cleane dissolued, then skumm it cleane and putt thereto halfe a pinte of Honnye and so lett it boile with a softe fyer vntill halfe a pinte be consumed, and as it boylethe skumm it cleane, then take it of the fyer and when it is colde

putt it

putt it vp in a vessell with a tappe. And when there is occasion to vse it drawe out so much into a Sawser as you shall neede and warming it, wasse therewith the Sore with a Lynnen clothe This water thus vsed will continue good all the yeare.

A Water to stanche the Bleedinge of a Sore or to heale an olde Sore.

Take an handfull of Woodbinde leaues as much Sage and the like quantity of Sclltendine, put them into a pottle of Water and let it boile halfe away, then strayne it and put to the water an ownze of Alloes Hepatica a penniworth of Allome as much honnye and the like quantity of Greines, beaten into powder. Seethe them till the Alloes and Allome be dissolued, and so keepe it for your vse. Also halfe a quartter of an ownze of Mercury sublimate put to halfe a pinte of fayre water one spoonefull thereof mixed with 4. or 5. spoonefulles of this water is good for an inflamed face being vsed a cylde.

A Powder to stanche any bleedinge wounde.

Take Terra Sigillata, Sanguis Draconis, Bolearmoniacke Alloes hepatica of euery one halfe an ownze, make them into fyne powder and cast them into the wounde that bleedeth.

A Medecine to preserue one from the Swette.

Take Balme Rosemary and Borrage and putt them in Ale or Beere and lett it stand 12. howrs at the least and then drinke therof every morninge in the after noone and when you goe to Bedd, vse this to doe and it will preserue you from the Swette.

A Lesett Ale good for those that haue the Swette.

Take a gottle of Lesett Ale and putt therin a great handfull of Mary golds and as much of the toppes of Cummell with the youngest Seedes and the leaues togeathor, and so lett them boyle togeather the space of halfe an hower, then putt it off in a Vessell altogeather, and lett the Patient drinck therof as often as he will and as much as he will, and he shall funde great comfort in it, and withall lett hym be keete with moderate clothes without taking any ayre for ouer many clothes do much hurte.

A very good drinck to procure such as haue this disease to Swett, because for those that do only Burne, and cannot Swette, it is holde most daungerous.

Take a Pinte of Malmesye and burne it and putt therto a spoonefull of Graines beyng but bruised and so much Sugar as will make it pleasante, then lett the Patient drinke a good draughte therof warme, and so geue hym selfe to reste and it wyll procure hym to Swette.

An order of Dyett to be vsed in tyme of Sickness and will preserue the Patiente therof from the Plauge.

In the morninge at your vorysinge before you do take the ayre burne Tarte vppon a chafingdishe of coales, and take the ayre therof, then drinck a good draughte of Beere or ale wherein these hearbes haue Steede all nighte (that is to saye) Sage wormewoode Hearbegrace and Rentyn and so soone as you haue drunck out the drinck tyll vnp your pott againe It is not amiss if you drinck therof againe in the after noones and Shifte the hearbes twice or thrice a weeke. If you do vse this order and in this sorte in the tyme of infection you shalbe free.

A Medecine good for those that haue taken the infection of the Plauge.

Take a pinte of Malmesye and burne it with a spoonefull of Graines beyng brused, and so much Sugar as will serue to make it pleasant, then keepe it for your vse, it will keepe good a fortnighte or 3. weekes, and when any is fallen sicke take two or 3 Spoonefulles therof in a Porringer or other dishe. Putt thereto a good quantity of Tryacle, then stirr them well together and so lett the Patient drincke it a litle warmed and lett hym drincke a greate draughte of the same drincke warmed without Tryacle presently after. And if the Patient doe vomitt it vpp againe geue it hym still vntill he do keepe it and when he doth breake it, lett hym swette afterwardes the space of 12. or 16. howers, with moderate clothes beynge well

attended for taking of colde. And as he dothe Swette Lett hym drincke of Ale or Beare beyng boyled with Sage and so much Sugar as will make it pleasant but lett hym drincke it warmed. These drinckes ar also good in a pestilent Feuer; and if the Patient do retaine these drinckes and be carefullye attended there is no doubte but they shall Liue.

An other Medecine for the Plauge to be taken as soone as you can after the Party beginnes to be sicke.

Take of Masticke and Myrrhe of eche of them halfe an ounce and a quarter of an ounce of Aloes. Beate them into fyne powder, and putt them into halfe a pounde of Tryacle with so much Saffron beyng ground smale as you can take on the pointe of a Knife. Then Steir them very well togeather, and putt them into a London Baxe, stoppe it close, and keepe it for your vse, it will continew good 20 yeares. Lett the Party grieued take the quantitye of a Nutt thereof, and lett hym drinke presently after it a good quantitye or draughte of Malmesye and Tryacle as they ar prescribed in the former Medecine, or of Ale boyled with Sage and Sugar, beyng warmed, and lett hym take it vntill he doe breake it, and then keepe hym in a swette as it is in the former Medecine, and if he do retaine it there is no doubte but he shall liue.

An Almonde milke to coole those that be in the extreame heate of the Plauge.

Take the Kernelles of olde Hasell Nuttes, picke them cleane, and grinde them smale, with a few blanched Almondes then take as much of those waters followinge as will serue to straine them withal, that is to say of Tormentill & Bynpernell & Buglosstonge & Buglas and of Borrage & eche of these a like quantitye but if you cannot gett the distilled waters of all these herbes then take all the Ittardes sauinge Bynpernell, of eche a like quantity and boyle them in faire water a good space, and when they ar well boyled, then straine them and take so much of the water as will serue to straine your Nutte and Almondes with, Then Stryne them and geue the milke thereof warmed to the Patient to drincke as often as he will with Sugar, this will coole the heate and helpe the disease.

A Medecine to trye whether those will liue & dye that haue the Plauge come out vpon them.

Take of Gumm called Galbanum and dissolue it with the iuyce of feilde Daysyes, then spreade it vpon the fleshe syde of Gloues together, but lett the Plaister be no broder then the sore is discollered then lay it vpon the sore, and holde it on with your hand the space of a quarter of an hower, and if then it do cleaue, the Partye shall liue without all doubte, if not he will dye. And if it doe cleaue it will rypen the Sore, and breake it in 24 howers, and that before it do come at Probatum est.

An other Medecine to rypen breake and drawe out the core of the Plauge Soore.

Take a great rydd Onyon and roste it in the fyer vntill it be like halfe rosted, then wringe out the core of it, and laye the hollow place thereof rightte vpon the top of the Soore as warme as the Patient can well endure it, and holde it lightelye vpon with your hand the space of halfe an hower then bynde it on with

a clothe and lett it lye so 24 howers and if it be not then broke lay on an other in the like sorte. This will both breake it and drawe it till the coore come out and then drysse it with some good drawing Salue that hath therein no hearbes.

A Remaunder good to preserue the Bearers thereof from the Plaugue.

Take the quantity of a good hole of yrollowe waxe a good spoonefull of Tarre and 5. or 6. spoonfullies of good white Vinegar Boyle these together, and then put thereto so much of the powder of Wormewoode as wilt make it very thicke and when it is well stirred together take it of the fyer and when it is colde make it vp in Balles, and make an hole throughe one of them and with a stringe weare it about your nack in tyme of sicknesse, and by Gods grace it wilt preserue you from infection. Also a peace of the roote of Angelico or a peace of the pyll of a Lemmon or Orange or a leafe of Sorrell any of these bryngs carried in your mouthe and chewed a little is very good against the infection.

Minardus medecine for the Pestilence.

Take the dryed Bloode of a Drake and of a Ducke of a Goose and of a kidd: Rhewe, Fennell seede, the seede of Cummyn, Dyll and of wilde or garden Neepes or Rapes of every one 3. drammes the roote of Gentiane, Trefoile, Squinantum, Frankensense Rosis dryed of eche fower drammes. White Pepper and Longe

Coste.

Coste Valeryan, Aspyso, Cynamome of eche two drammes. Mirrhe Narde of eche 6. drammes. Beniamyn, Asarum, Gumm Armoniack of eche 3. drammes, Carpobalsan 20. graines, Vrses Saffron, Reobarbe and Leupontike, Ginger, Mastick of eche one dramm, Stycados Fiue Drammes. Make a fyne powder of all these, and with 4. tymes as much of clarified Honye, mingle all together and keepe it in a Silver vessell or a glasse close stopped. It is an hidde treasure in such a case. The Dose of it is two drammes in wine or water of Sorrell.

An Electuary of an wonderfull vertue in the tyme of Pestilence.

Take Cynamome Elect one onnze, Terra Sigillata 6. drammes fyne Mirrhe 3. drammes, Vnicornes horne one dramm, the seede and rynde of Cytrone, roses of Dyotanys, Burnett, Turmenticle Zedoaris, redd Corrall of eche 2. drammes, yrollowe Saunders 4. Scruples redd Saunders 2. scruples, Sopitebirn and redd flowers of Marygoldes of eche one drammes, Juorys rased, Scabiosa, Vernicii Tunici, Seede of Basyll, the bone of a Stagges hart, Saffron of eche 2. scruples. Make a fyne powder and add vnto it of Bole Armoniake preparate 2. onnzes, white Sugar 3. pounde and with a Syrupe of Acetosituti Cytri make a souerayne Electuarye and keepe it in a glasse. In the Pestilence commethe with grate excesse drinke a spoonefull therof vpon Rose water and Vinegar, but if the Patient fetle any colde let hym take it in a draughte of wine and couer hym with clothes

so that he maye sweate as longe as is possible, and so without doubte it woll prouue a present remedye. This Electuarye is of so greate vertue in them that do receaue it once in 24 houres that they may be sure from all euell infections of corrupte ayres and contagions all the daye after. But in them that ar infected alreadye and ar taken with the Pestilence if they drinck of it but one spoonefull as is aforesaid (especially after lettinge Blood, if it be conuenient for the Patient) and lay hym downe and sweate vpon the same, if the Venome hath not vtterly ouercome the Harte he shall vndoubtedly recouer. It hathe bene experienced that after drinckinge of the same Medecine when the Patient made his water in an Vrinall the glasse hath burst in peeces by reason of the Venome that it purged out.

A medecine preseruatiue against the infection of the Plague.

Take one olde Wallnutt, and shrydd it smale and putt to it a little Rhewe fyndye mynced, and when they be well mingled together open a figge and putt them into it and so closse vp the figge, and in tyme of infection eate this fastinge. It is very preseruatiue and hath bene often approued.

A Medicine preseruatiue against the Plague.

Take an handfull of Eldey leaues an handfull of redd Bramble leaues, as much of Herbe grace and as much of Sage leaues. Washe them and swinge them together in a fayre clothe and

Straine

straine them with a quart of White Wine, and then putt it in a glasse and put to it a good quantitye of Ginger, and drincke a good spoonefull of it, and it shall preserue from the infection for twentye dayes, and nyne tymes taken shalbe sufficient for the whole yeare.

A Medecine for the Plaugue to be taken as soone as any one doth feele hym sayd Sicke.

Take of the Roote of Betwell to the bignes of your thombe, a spoonefull of Joane Tryackle, three spoonefulles of faire water, and three spoonefulles of Wyne vinegar: Grate the roote smale mingle all well together and make it bloode warme and drinck it and if the Patient cast lett hym take as much and so continue vntill it staye forth hym, then lett hym goe to bedd and sweate if he cast, and be very carefull that he take no colde.

An approued good Medecine to ease the paine of the Goute

Take the yrollie of a new Laid egge and the like quantitye of Blacke Sope, and of Saffron beyng grounde into fyne powder so much as you can take vpon the pointe of a knyfe, styrr these well together, then spredde it vpon a clothe and lay it to the place greeued, and in 24 houres it will drawe out water and your paine will cease. Do this as you fynde occasion. It will ease your paine and strengthen the lymm. This is for the Goute that commeth of a colde humor.

An other Medecine for the same greefe.

Take of the brothe of Bacon, and when it doth boyle take it of the fyer, and putt therto so much of olde Cheese beyng scraped as will make it beyng well stirred togather like vnto Byrde-lyme, then spredd it thicke vpon a clothe and lay it to the place greeued as warme as you can suffer it and so lett it bye vntill it do fall of and you shall fynde ease.

A Medecine for the Goute that commeth of an hott humor. It will ease the paine and cole the heate.

Take of Cowe dounge when it is new made and putt thereto so much of new milke from the Cowe, as will make it somewhat thynn. Stirr them well togeather and boyle it vpon a softe fyer vntill it be thicke, then spredd it vpon a clothe, and lay it to the place greeued, as warme as the Patient can endure it. Shifte it once in 24 houres, and in short tyme it will ease. Vse this as you do fynde occasion.

A Medecine good for the Gowte, and to drawe out all Euell Humors from any parte of the Bodye. Also very good to amende the Sighte, ease any paine in the Heade, breake any Impostume, and to take awaye defecte in hearinge.

Take two pounde of Pitche, as much of Rozen as much of Frankinsence Cheffynelye beaten and searzed seuerallye, one pounde of Sheepes tallowe one ownze of Saffron, two ownzes of Cloues, as much of Mace, halfe a pounde of Commyn and 3. ownzes of Lapdanum beaten and searzed. All these muste be sodden the space of an houre The Pitche must be putt in first alone, and after the rest, and when it is sodden, make it in longe rolles and keepe it. Then to vse it take fyne tawed Sheepes leather and therof cutt Soles to couer the Soles of your feete, and spreade of the forsaid Plaister vpon them and weare them next your feete within your Sockes the space of a monethe or vntill they fall of and vse them so longe as you fynde occasion or ar therevnto disposed.

A Medecine for the bytinge of a mad Dogg to be vsed either for men or Beaste.

La: Winnwoode

Take of the Leaues of Reue picked cleane from the stalkes six ounces: of Gartiz pilled 4 ounces of the best Methredate or strange London Treacle 4 ounces, of the scrapinge of Tynne or Pewter 4 spoonfulles, and a Bottle of strange ale Putt it all into a vessell that will ~~out~~ contayne a thirde parte more, then all this ingredience: Stoppe it close and set it in a kettle of cleane water, and so lett it boyle ouer a gentle fire 4 howers: Then straine it into a cleane vessell and giue ~~thereof~~ euery morninge fasting vnto the Patient syne spoonfulles warmed for nyne dayes together either more or less accordinge to the strengthe of the man or Beaste that shall take it and bynde some of the strained ingredience to the place bitten: Probatum

For one ye hath a Rupture

Take Cumfre a good handfull wilde daysies as much roots & all knotted grass a handfull. stomp all these and strain them with Salmyre, and being blood warme gene it nine days a pretty drawght morning and evening. if it be a man that hath bene long so, he must weare hye at thee least nine days vpon his backe, and stir so littell as is possible. If a child so much as ye may kepe him syen for so long time, if ye think ye wine to hote for the child lett him have it ~~ye~~ nj days wth wine and the rest in fresh ~~ale~~ ale be fix ye. partye have a good trusse and be kept on at the least one whole yeare

A plaster for the same

Take of all the aforsaid herbes and make iuyce of them than take freshe butter and clarify itt and vnbrough bringe wax and clarifye it, of eche of these a like mache then take of the roote of Cumfrey and stry it and make powder of it and the powder of Comyn seed and fenneseede. but lett ther be thrise so much Comin as fenneseed. Boile these powders in the butter ~~and~~ and wax vpon a soft fiear a good while together then put in ye iuyce and lett it boile a howre or two. then sirr it altogether till it be cooll. When you are to vse it spread it and lay it to the goddes as hott as ye may suffer it and vse it till he be hole. This plaister is most expedient for a child that is burst on the Stadell

Mr Loes of Buckhurst Receipt

A Pultesse for a Soore legg that is swolne.

Take 2. handfulles of Brookelyme as much of Malloes the like quantity of Violett leaues, shreade all these togeather and boile them in a pinte of Water and as much of Milke putt thereto a quarter of a pounde of Sheepes tallowe let them boile halfe an houre togeather, then putt into it one handfull of redd Rose leaues and as much Vermeile well bruised, it must setth vntill it be very thicke then spreade it vpon a clothe and so applied to the legge, the wounde beynge still couered with a plaister It must not be removed vntill it hathe lyen 24. houres.

A Pultesse for a legge that is swolne and is harde and calde and whereof there is no skynn broken.

Take of the toppes of Wallworte and Camomele of eche 4 great handfulles, shridd them a litle and putt thereto 4 great handfulles of redd Rose leaues Boyle all these togeather in fayre Water vntill they be very tender, then putt therto a good dishfull of Cow dounge that is newe made, and so lett it boyle vntill it be so thicke that you may spreade it vpon a clothe, and so lave it to the Patienes Legg warme and chaunge it once in 24 houres and in 5. tymes dre Stoue it will allowe bete helpe.

A Pultesse for a legge that is wrenched.

Take a good quantity of Sypleage Brookelyme and Camomele Choppe them togeather and boile them in Vrine and Water with a good quantity of Sheepes tallowe vntill they be very thicke, then putt in a litle white Bran and styrr them togeather, Spreade it vpon a clothe and applye it to the place that is hurte.

A Bathe for a legg that is swolne with colde.

Take a good handfull of Rosemary, as much of Sage the like quantity of Thyme, as much of Hyssope, and as much of Penneyn as of all the rest Boile all these togeather in running water about halfe an houre rest Boile and into the Bathe you must putt a then poure them into a Boile and into the Bathe you must putt a wooden disshe with the bottome vpwerde in such sorte as the Patientes feete may rest vpon it without towchinge the Water Then must a Sheete and a warme clothe be cast ouer his legge to keepe in the heate, that doon wipe the legg with warme clothes and legg it vp very warme and after lett him lye on a Bedd 2. or 3. houres.

A Bathe for the Droppsye in the Legges

Take 2 Brickes and heate them in the fyer redd hott then quench them in water and take Wallworte otherwise called Danewortte or grounde Elder and ouer a good quantity of the Hearth lay the Brickes you must likewise lay some Wallworte ouer the Bricke Note that this must be doen in a tubbe, the Patientes Legges beynge sett vpon the Hearthe where he must sweate an houre, then wipe the Legges and lapp them vp warme and lay the Patient to rest quietlye on his bedd the space of two houres.

A Medecine for Legges that ar swolne with the Droppsye and chaunge not colour.

Make a very strynge Bryne of bayo Salte then setth it and skumme it clenne putt thereto 3. or 4 handfulles of Water Cresses and 2. or 3. handfulles of wheaten Bran, and so lett them boile togeather a good space Then take 2. peeces of White Cotton fitt to come about the Legges and wett them in the Lyquor and lay them to the Legges as hott as the Patient can suffer it, and as they do cole wett them againe

in the Lyquor, and thus doe 4 or 5 tymes and then Wringe the cloth very dryye and so make them fast about his Legges as hott as you can and let them lye all nighte and Vntill the next nighte and then drosse them in the same sorte aquine, thus doe and in 7 or 8 dayes it will helpe.

A Soueraigne good Medecine for a legge that is poysoned or Venomed Eyther with Salue Water or otherwise.

Take smale Otemeale and temper it with freshe Butter Vntill it be like Doughe, then make it into very thynn caakes betwixt your fyngar and thombe and so lay them Vpon the legge one close to an other so ferr as the Venominge goethe and there bo a score lye them ouer the Sore on plaste Vpon the plaister and shifte them once in 24 howers, and in short tyme it will helpe you.

A Medecine for a Straine or a Bruse.

Take the softest of newe Cowe dounge putt thereto two pennyworth of freshe Butter, halfe a pinte of Milke 4 ownzes of Oyle of Roses or Sallett oyle, Sott those ouer a softe fyer a good while and stir them well. There wilbe aboue the Ryde an Oyle wherewith first annoynte well the place greued then applye a plaister of the other vnto

A Water good to wethe any festered Sore or Canker.

Take of Wentlynde leaues of Flowsclicke and of Sage of eche of these 3 great handfulles and boile them altogether in runninge water Vntill the Water be very strange of the hearbes and to looke very yeollowe, then Straine it and boile it againe and when it is cleane scummed putt to euery quart of water a quarter of a pounde of Rosine Allome and 3 ownzes of white Copperyse and so let it boile

Vntill

Vntill the Allome and Copperyse be moulten, then scumm it cleane and to euery quart of the water putt a pinte of Honnye and let it boile Vpon a very softe fyer the space of an hower, and as it doth boyle scum it cleane, then take it of the fyer, and when it is colde putt it into a Vessell that hath a tappe Send when you haue occasion to vse it, a quart of it put into some Squyser and warme it before you do washe the Sore therewith, and when you haue washed it drosse it with Lynte and Salue as you see occasion.

An other water for the same purpose.

Take of Egremonye of Plantyn of Bryer leaues of Rye and of Honnysukle leaues of eche of these 3 good handfulles Boyle all these togeather in running water Vntill the water be very strange of the hearbes and do looke very yeollowe, then Straine it and putt to euery quart of the water a pinte of Honnye a quarter of a pounde of Rosine Allome and 3 ownzes of greene Copperyse Then boile the water Vntill one halfe pinte be consumed Vpon a very softe fyer and scumm it cleane When it is colde putt it into a clease Vessell that hath a tappe And drawe it out into a Sawser as you haue occasion to vse it warme it and washe the Sore therewith with a Lynnen clothe But if it be for a very olde Sore boyle your hearbes in the water of a tann pitt in steede of the runninge water These waters thus vsed will continue good all the yeare.

A Medecine for the Shingles.

Take the bloode of a Catt or of a Pigeon and annoynte the place therewith and after you haue therewith filled the disease drosse it with the Ynttment that is made with Ryle leaues and Creame Written hereafter amongst the Ynttmentes in this booke It will heale and skynn it.

A Medecine to Eate deade flesche out of any Soore.

Take of white Allome and laye it vpon an hott tyrrshouell and sett it vpon the coales and so lett it boile so longe as it doethe arise vpon Bubbles. When it is boyled enoughe it will stand still on a broape and looke white: When it is colde take it of the fyer shouell and make it in very smale powder and so dresse the Sore therewith.

A Medecine to bringe a greene wounde that gapeth togeather and to cause it to matter.

Take a peece of freshe Beefe of an Inche thicke and broyle it vpon a Gridyron and turne it vntill it be thoroughe hott then slitt it in the middest somewhat more then halfe throughe and so laye it abroade with the insyde vpon the wounde and lett it lye 24. houres and it will bringe the wound togeather and cause it to matter then dresse it with Salue as yoe shall see cause.

A Medecine for a Letter that Waters.

Take the iuyce of Sallendine and annoynte it therewith 4. or 5. tymes the daye, and laye an hollowe thinge vpon it to keepe that the clothes touche it not and in shorte tyme it will heale it. Also the iuyce of Bryany berryes that growethe vpon hedges like a wilde Hopp berynge applied as the other will heale it. Also for the drye Letter gyttes this ferde or Inke will kill it.

A Medecine for an Itche that hath been of Longe continuance.

Take six Gallons of newe Beere and putt it into a Stage Vessell add thereto a quarter of a pounde of Madder and styrr them well togeather and so lett it Stande 7. or 8. dayes vntill it be stale, Then lett the

Patient

Patient drinke therof every morninge and eueninge and in the after noone and withall lett the party every morninge sytt naked before a good fyer, and lett hym be well rubbed all over his Bodye and so the heate of the fyer and the rubbinge will make the Itche to come out Then take a smethe stricke flatt, and annoynte the Bodye very thyn ouer with Tarre beynge moulten with freshe grease or Sheepes tallowe beynge tryed, and lett hym not putt on his clothes tille he be drye This doe by the space of 12. dayes and it will helpe.

A Medecine for the prickinge of a Thorne, and howe to drawe out the same Thorne.

If you can drawe out the Thorne, then laye fresh barrelled Sage to the place and it will take awaye the venome and heale it But if you cay not gett out the Thorne Take the Kornelles of Hasell Nutes and chewe them in your mouthe very smale but weff them not to much then temper them betwixt your tyngers like gloughe and so lay it to the place and holde it vpon with your hande vntill it do cleave to the place, then bynde a clothe vpon it and so lett it lye vntill it do fall of it selfe, the wch will not be vntill it do bringe out the Thorne and have healed it.

and so laye it to the place no hotter then the Patient can well suffer it, and so lett it lye 24 houres. Dresse it thus as often as you shall see cause. And when it doethe looke very redd and is withall softe in some one place Take a shell Snayle and stampe it and spreade it thicke vpon a clothe, and laye it where the softe place is, then cover it with your Plaister as before and in 24 howers it will breake it, then tent it and dresse it with Salue till it be well.

A Medecine for a Felon.

Take halfe an handfull of Groundsell halfe a spoonefull of hog Suete and a spoonefull of Suete, Stampe all these together very smale putt thereto the yeolke of a newe laid egge and the like quantity of barreled Soope, styrr all these well together and temper them with so much leauen as will serue to make it like a softe Salue then dresse the fellon therewith once a daye and it will ripen it and breake it and after it is broken will heale it.

An other speciall good Medecine for a Felon.

Take of Rozen the quantitye of a grotate Hasell Nutt, putt it into an Oister shell, and sett it vpon the embers till it doe boyle then take a newe laid egg and putt the white cleane out of it, and stirr the yeolke well together in the shell, then poure it into the Rozen as it doth boyle by a litle at a tyme, and as you do putt it in stirr it with a knyfe vntill it do clutter about your knyfe, then laye it with speede vpon a clothe and so clappe it vpon the Felon as it commeth boylinge from the fyer, for vnlesse it be laid on so hott, it will not cleaue to it, and then you must dresse it againe

otherwise

otherwise it will do no good, and when it doth cleaue lett it lye 24 howers and then dresse it againe in the same sorte that it may cleaue, twice dressinge will breake it, and then dresse it with some good drawinge Salue till it be well.

An other very sufficient Medecine for a Felon.

Take an egge and putt out all the white the yeolke onlye remayning in the Shell, then take the younge leaues of Mallowes and mynce them very smale and putt them to the Egg with the crommes of leauened Bread and make it thicke and lay it on the Fellon and a Plantyn Leafe vpon it, and it will both ripen it and drawe out the Corse, and when that is doen take an other egg and putt out the white and putt to the yeolke a little honeye and thicken it with fyne flower and applye it as a Salue and it will spedye it this hath bene approued and it is not hurtefull if it be applied to a Whitelowe or a Byle.

A Medecine for the stynginge of an Edder.

Take a Cocke and cleaue him euene middest so soone as he is killed the feathers peynge vpon him and laye him to the place gutter and all where he is stynge, and so lett him lye 7 howers or 8 and then lay an other in the same sorte and it will helpe. And withall geue the Patient Tryackle to drincke to keepe the poyson from the Harte.

An other Medecine for one that is stynge with an Edder

Take Mustarde Seede and bruse it in a wooden dishe with Dragon water, then openinge the wounde with a fyne Needle first tyinding the Patient about the place where he is hurte for swellinge any farther, Bathe the Wounde and all about as farr as it is swelled

With the Dragon Water and then lay the Medecine on the Wounde
bynding it on with a fayre cloothe And when you dresse it againe
annoynte it with Oyle of Roses: Geue the Patient Tryacle and
Dragon water to drincke when you dresse it first.

An other Medecine for the stynginge of an Edder
or Snake or any other venomous thinge.

Take a good quantitye of St Johns Worte and stampe it well,
putt thereto a good prettye quantitye of the best wine Vinegar you
can gett and so applye it to the place that is so stynge and it will
presently drawe out the venome and cure it. And for any Beaste
that is stynge about the Nodder or any other parte take rotten
Egges which it will be good to keepe always in a readynesse in some
Pott. Beate the Egges well together, and rub and chafe the place
well for a good space together and it will presentlye cure any
such stynginge or venominge either in Man or Beaste.

A water or drinke to alter or drive away a Feuer or Ague

Take 3 or 4 of the roottes of Burrete washe them cleane and slytt them
and caste them into 3 pintes of good Beere putting vnto them one hand-
full of Fetherfewe, a quarter of an handfull of Camomile as much of
Mouseare and as much of Buckes horne otherwise called Iperiy Iuye
growinge flatt to the grounde like a Starr. Warme all the herbes well
and lett them so stoyle altogether vntill the one halfe thereof be
consumed: Then putt into it one spoonefull of grosse Pepper and lett
it boile a litle after, then save it in a pott coueringe it close and
keepe it for your vse. And one hower before the suspected tyme of the

commynge

commynge of the fyt, take a large draughte thereof as hott as you can
drincke it and couer your selfe very warme and sweate vpon it. Do this
3 seuerall tymes and it will by the helpe of God driue the Ague we from
you. It hath bten experienced.

A water for the Palsye. It is also good to quicken
memorye and to cleare the Sighte.

This you shall fynde written amongst the Waters folio 246.

A Drincke for the Palsye.

Take of Balme Rosemary and Sage of eche of these halfe an handfull
Boyle them togeather with a quart of Garrett Wine vpon a softe
fyer in a Pipkin or Lewter pott vntill halfe a pinte be consumed and
you must boile therewith so many Prymerose flowers as you can take
betwixt your 3 fyngers and the like quantitye of Cowslipp flowers
then putt therto a litle Sugar: and so putt it togeather into a pott
and drincke thereof euerye morninge and at 3 of the clocke in the
after noone and it will helpe you, and you must vse often to rubb
the Neddell of your neade and the nape of your Necke and keepe them
warme and you shall fynde ease.

A Medecine for the deade Palsye.

Annoynte the place that is taken therewith with Sallattoyle then
strewe thereon Pepper beyng beaten neyther ouersmale nor to greate
then laye the Patient in such sorte, as all the parte that is greeued may
lye vpon Nettles, and when there is wermth come to the tymme take
away the Nettles and annoynte the place with the Oyle that is for
the Palsye and lappe it in warme clothes. Then make tentes of clothe
and Wett them in Mustarde and Aquavite well blended togeather
and putt them dop into the Patientes Noose. This will purge the

heade quicken the senses and helpe them if it please God Conserue of Lauender flowers and Borrage flowers will greatly availe against the Palsye of the Harte.

A Medecine for the Palsye in the heade.

Take 3 Sage leaues and prick them with a pynn and lay them in steepe in Aquauite, and in the morninge take first one of them and lay it vnder the Patientes tounge, and when that hath yen there a while putt it out and take an other, and so vse them all euery morninge and washe his iawes temples and the nape of his necke with Spyke water, and he shall fynde ease.

An approued Medecine for the Palsye.

Take a Foxe and vncase hym then mynse his flesh as smale and as fyne as is possible, then take a fatt Gose and scalde her very cleane and plucke out her gutter and fyll her Bellye with the same mynsed Foxe and sowe vp the hole againe that none come out. Put her vpon a spitt and rost her well and keepe the drippinge therof close in a neyled pott and annoynte the place therewith where the greefe is and chafe it by the fyer.

An especiall good Medecine for the fallinge Sicknesse.

Take of the Skull of a mans heade and of Peoyonye rootes digged in the latter ende of Februarye of eche one ownze of Bettanye six drammes and of Lauander Spike 3. drammes. The Skull muste be fyled very fyne and beaten very well in a morter. The rootes and Herbes muste be dryed in the shadowe and then made into smale

powder

powder and all must be mingled well together. The Dose therof is one dramme at a tyme with Syrupe of Sticados. But first the Patient must be purged with this receipte following viz. Take of the rootes of Polypodye greene of the like halfe an ownze made very cleane and scraped, and of Diaphanicon (wch is a compounde in the Apothecaryes shoppes) Six Drammes. The Polypodye muste be beaten in a stone porter vntill they be in fyne paste and then mingled with Diaphanicon and so made in mordelles and taken with powder of Sugar. This Purgacion must be taken 3. dayes togeather and then for 14. dayes the Medecine before written then the Purgation againe and then the Medecine and so to continue 3. courses. The last tyme to take it is in the beginning of the Springe, when the Sonne is newe entered into the Signe. Nevertheleese it hath had good successe at other tymes.

A Medecine to staye the Emerodes.

Take the Powders of Bole Armenicke Terre Sigillate and of Sanguinis Draconis eche a like quantity. But the weighte of 3. Pense of this powder to a litle White of an Egge and beate it well together. Spreade it vpon a clothe and applye it to the place and once a day make a newe Plaister. But if you goreeaue them to looke blacke, then take away the Plaister for feare of to sodaine stayinge them. It is good also for the Emerodes to take a good handfull of yerrowe stampe it and straine it with Beere or Ale and drinke therof colde morninge and eutninge.

A Medecine for such as make water like cleare Blaode.

Take a good handfull of Bettonye poyled in newe milke of a Cowe that hath not been at Bull and drincke it warme euerye morninge and euenynge.

A Medecine for the fallinge of the Mother.

Take a litle quantitye of Balastians wch is Pomegranett ~~Seede~~ flowers and so much of Cypresse Nutes, and all beynge beaten into fyne Powder boyle them in Water, and with the same Water warme Washe the place Euenings and mornings and drye Wooll in it and applye it threunto after the wessinge.

A Medecine for heate in the Kidneyes.

Take the Leaues of Henbane and reste them in Docke Leaues till they be very soffte, then take them out of the Dock Leaues and putt to them the White of an Egg, Woomans milke some redd Rose Water and a litle white wine vineger. Beate these altogeather with a Spoone, till it be like a Salue, then sprende it on a clothe and when you goe to bedd lay it colde to the place where the paine is and gyue it doble clothe vpon it. Use thus to do sometyme when you feele any heate.

A Medecine for the Tympanye.

Take the Berryes of Elders when they be blacke rype and drye them in the Sonne and then rub them and putt a waye all but the White Seede that is within them, and when it is drye beate them into powder and geue the Patient therof to drinck in White wine or Ale fastinge 14. dayes together.

A Medecine for Scaldinge or Burninge and to take away the Heate.

Take Sage and seethe it in runninge water, and therwithall washe the wounde and it will take away the heate immediately

Then

Then take Sage and Hartes tounge and Sheepes dounge and frye it with Sheepes sewett, and anoynte the woynde with a feather and let it lye still. Then take Sheepes dounge dryed into powder and strowe it therron twice a daye and anoynte it as ofte and take heede of pickinge of any of it away leaste there be heales remaynynge euer after the skin. And to asswage the stiffnesse when you can anyde it no longer Bathe it a litle with Sage water But the lesse bathinge the sooner it will heale.

A Medecine for Legges that ar swolne.

Take a good quantitye of the white Mosse that growe the on an olde Ike. Boilt it in water and hay salte and then wringe it drye and apply it to the legges with a clothe to keepe it close to and it will asswage the swellinge.

A Medecine for knobbes that growe in the flesshe beginnings like wirtes sometymes runninge in secrett places.

Take the iuyce of Slowes when they growe blacke and washe the place therwith.

For a paine in the Joynte called in the Northe the Wormes.

Take of the roote of Rirecole otherwise called Horse radish, and the earthe beynge cleane rubbed from it bruse it in a morter till it be like paste, then sprende it somewhat thicke vpon a course clothe and applye therof vnto the place euery 12. howers till you fynde ease.

For the Syatica, in the hipp Bone.

Take blacke Sage, and chafe it well into the place before a fyer, both euenings and mornings and in a fewe dresinges it will procure ease.

For the drawinge out of any thynge of rustye Iron.

Make a Pultesse of redd wine and Wheate Brann, and applye it to the place, and it will drawe out any such venome.

To keepe the lyting of a madd Dogge from ranckling.

Take Betonye Egrimonye Plantyn and gustye Bacon beate them tyne togeather, and lay it vnto the place bitten. See for lyting fol. 247.

For the Ague in a Woomans Breste.

Take a pinte of Honnye and as much Groundsell as Will make halfe a pinte of iuyce. Boyle the iuyce and the honny togeather till it be somewhat thick. Spreade so much as Will serue, for once vpon a lynnen clothe and applyt it to the place somewhat warme, renuynge it once in 24 howers.

A Medecine for a Felon.

Take Rue a good quantitye. Boile it in as much fayre Water as Will make it tender, then thicken it with Otemeale or crumbes of Breade. When it is boiled take it of and putt thereto two spoonfulles of freshe grease and applye it warme. Also roule Houndes tounge in a paper and roste it in the Embers as it were a rote and applye it to the Felon somewhat warme. Renewe this once in 12 or 24 howers, this will eyther aswage it or breake it, and after it is broken apply any ordinary Salue thereto.

A Medecine or Water for a Tetter.

Take Gumme Arabicke one drammo Sal Armoniake 2 drammes beate them to powder, and putt them to 6 ownces of White vinegar and boile all togeather vntill halfe be consumed, then straine it and putt it into a glasse and Washe the tetter therewith.

A Medecine for the Dropsye.

Take to two gallons of Ale warte one pounde of Guacum Woode. Boile it till a quart be consumed, then vseat after it is strained with Ale yeasle as you do Ale, and when it is so olde as it leaueth working drinke of it at all tymes and in the space of 3 weeke it will helpe as it hath been experienced in many thoughte past cure.

An other Medecine or drinke good for the Dropsye.

Take two gallons of Ale or Beere putt thereto two handfulles of Ellycampane roses as much of Wormewoode of Rue as much of Sauage as much, a pounde and an halfe of Annyseedes a pounde of Licorise a quarterne of an ownce of Colloquintida, and a pinte of Honnye. Seethe all these togeather vntill the halfe be consumed, and vse it at all tymes.

A Medecine for the greene Sicknesse.

Take halfe a pounde of Reysons of the Sonn, 3 ownces of Licorise scraped Slyced and somewhat brused, as much of Annyseedes an handfull of Ammomele an handfull of Castmarye an handfull of Sorrell an handfull of Violett leaues and an handfull of french Mallowes or other if they cannot be gott. Putt all these ingredients in six quartes of running water 12 howers and then soft it boile on a soffe fyer, the vessell beinge cloose stopped tyll halfe the liquor be consumed. Then sett it by cloose stopped tyll it be colde then straine it and putt it into a Bottell and take thereof every morninge before you aryse the thirde part of a pinte and sweate gentlye if it offer it self.

An Electuarye for the falinge Sicknesse.

Take Peirritum Costus roote Stecados of euery one 10 drammes Agaricke 3 drammes Dillseede Assafetida Aristologie rotonda of euery one 2 drammes and an halfe. Iuyce of Savillee clarifyed Honnye of eche 14 ownces. Boile them on a soffe fyer vntill it be meetelye thicke. Afterwardes when it beginneth to cool mixe the other ingredience with it and take of it euery morninge 3 drammes and for a childe 2 will suffice and faste 4 howers after.

A Medecine for any extremitye of the Whittes

Take one ownze of Venice Turpentine well washed in Plantyn Water: Rubarbe 4 drammes made into powder: Sugar 2 ownzes Cynamome one ownze made into powder. Mingle them togather and take of it first and last three Pilles of the bignesse of Brase and in the morninge after it, take on the pointe of a knyfe, a litle Diascordium and a good draughte of a Verges posset hott to washe it downe and ~~first after~~ it one howe, and take heede to washe it downe ~~and first after~~ it one howe, and take heede of Drayning them by Lyttes or such like. The Posset and Diascordium must be used onlye after the pilles in the morninge. Use this 3 or 4 dayes, and if you fynde it begynn to stay vse it the longer. Otherwist leave it and after some 3 dayes vse it againe till you fynde Ease.

A Medecine for the falling of the Mother

First bathe the place very Cleane with warme milke and presently lye after lay a plaister on the place made of blewe Beanes beaten to fyne flower and then so much Wine Vineger as will make it spreade. Shifte it once every 24 howers till it gee vpp.

A Medecine for the rysinge of the Mother

Take Nickwoode and lay it as thick as your fingar and as longe and broade as a farys hand, then laye on Whole Mace on it, after more Nickwoode and more Mace and at last the Hoopte as at first. Then lay it to heate betwene two tyles till it be somewhat yrollowe, and then in a thynn Lynnen Clothe lay it to the syde somethinge higher then the mother is and fett it lye 12 howers and it will very seane cause it to fall to the righte place. This is to be used eyther when the fitt is come or that they feate the commings of it.

A Medecine for a Childe broken out with the itche all over

Take Sallendine and shamp it and strayne it and mingle the iuyce therof and redd Wine ~~Vineger~~ Vineger togather and so annoynte the childe morninge and euenynge before the fyer and in no wise gutt not of the Scurfe that will aryse, till it fall of it selfe. Dry firstly some part of the body, and if it do that good then vse it to his face.

A Medecine to

Take of white Amber three penny weighte of very fyne Cynamome fower penny weighte and somewhat more Beate them fyne Eche one by them selfe into fyne powder. Then take 6 or 7 spoonfulles of good Galeyne Wine Clarrett gutt it into a faire pottinger. Then putt the powders into it, and with a spoone Stirr it well that it runn not in lumpes, and heate it fyte warme, and lett it be dropke of all at one tyme. And by gods grace you shall heare good tydinges shortlye after, it hath bene approued.

An other Medecine for the same

Take the Canes of the Cashia the Cashia beyng taken out, and scrape them cleane and beate them to powder then take 2 parkes of that powder and one part of the powder of Date stones beaten and geue to drincke as much as will lye vpon a ~~pence~~ of size pence in any warme thinge.

An other Medecine to procure Throes for the same

Take as much of the seede of Sauerye as will lye vpon a groote beyng beaten and geue it the party to drincke in any Warme thinge.

An especiall good Medecine for the falling downe of the Fundament

Take of Ginger ~~made~~ into fine powder and searced, strowe therof on the fundament, then gutt it vpp with a fine Lynnen ragge and in a few dreffinges it will helpe.

A Medicine for a pushe or a Byle.

Take of grated crummes of white Breade a quantity of milke and some English Saffron, make thereof a Pultesse and apply it warme, it will ryeon breake drawe and heale.

A Medecine to alter or drive away an Ague or Feuers

See before 189 Take an handfull of Angelica as much of the toppes of Rosemary an handfull of redd Sage as much of Pearetegrace, an handfull of Smaleage as much of Perrywinckle as much of Balme, two pennyworth of Maiden hair, a pennyworth of Vnguentum album, an handfull of Baye Salte: chopp all these herbes togeather wth the Vnguentum and bay Salte, and so kepp them in a pott or Boxe. And when you haue occasion to vse it Spreade some of it on a cloth and lay it to both the wristes the night before the fitt shoulde come, and also renew it an hower before the fitt come. And when the fitt is altered or staied, it will be good to purge gently or take some vomit to remoue or auoyde the cause. And for a childe take Venice Turpentine, well washed in redd Rose water, and greese it ryeon leather, and after strewe therein Olybanum and applye it to the wristes.

A Powder good for

Take of Bruskye roses two ounces of Salsa perilla one ounce of Iris roses fower scruples of Sinte one ounce and an halfe of Turbith white and gummys, three drammes of Carraway seeds two drammes and an halfe beate them all into fyne powder.

A Brothe for these that ar sicke of an hott Feuers.

Take the knockle of Veale, and the knockle bones of Mutton beynge chopped Boyle these in a pipkin with a gallon of water and after they be cleane skummed lett them symber ryeon a soffte fyer the space of an hower, then putt thereto a good Flannell rolle and 3. or 4. Persolye roses cleane scraped and pitthed, and of Violett leaues Strawberry leaues, Endeiue Borrage and Buglasse of Ech of these a like quantitye, and of Currantes a quarter of a Pounde the like quantitye of Reysons the stones beyng taken out and 12. Prunes likewise stoned. Chopp all this fruite togeather and putt it into your Brothe, add thereto the bottome of a Manchett and so lett it symber ryeon a very soffte fyer, the space of two howers, then season it with Salte, and putt thereto halfe a pinte of frenche wine (if you haue it) with a litle Sugar, if not then putt thereto 3. spoonefulles of Vinegar, beynge made somewhat pleasant with Sugar, and the powder of a Nuttmeage or a litle Mace or Pepper whiche the partye best liketh or none of them if he doth like it without. Lett it symber a litle after all these be therein, then take it from the fyer and straine it throughe a Cullender and take the Bones from that wch stayeth in the Cullender and stampe all the rest togeather in a morter, and straine it withe some of the Brothe. Then warme all the rest of the Brothe ryeon coales and blande altogeather, and so putt it vpp as you will keepe it. And when it is colde it will be like a Jellye. In the winter it will keepe a weeke, in Sommer 3. or 4. dayes. Warme it when you geue it to the Patient.

A Culles for those that ar weake, to be taken as ofte as their Stomakes will serue.

Take the 4. knockle bones of a Mutton, beyng choppod and Boyle them in a pipkin with 3. pintes of water, and when it is cleane skummed lett it boyle leasurelye the space of an houer and an halfe, then putt thereto a litle Thyme and Perselye bounde in a bunche, no bigger then your litle fynger. Then take a Chicken and putt Perselye into the bellye of it with Por 4. whole Maces and putt it into the Brothe with the Heade Feete Luer and Gissorne and so lett it boile againe vntill the Chicken be tender, and season it with Salte. Then take forte Almondes and grynde them in a morter with a litle of the Brothe vntill they be very smale. Putt your Chicken and all the hearbes thereto, and stampe the bones and all together vntill the Chicken be very smale. Then straine it with all the Brothe into a Platter, and sett it vpon a chafingdish of coales to warme and putt thereto 3. spoonefulles of Redd Rose water with a litle Sugar and so geue it to the Patient. It will continue good but 24. houers.

A sharpe Brothe for those that be sick of any disease.

Take a chinne of Mutton or some other Bones such as be not fatt chopp them smale, and boile them in faire water, and when it is cleane skummed lett it symber vpon a soffe fyer the space of an houer, and when it hath so done, putt thereto of Perselye Fynkell Borrage Buglasse and a branche of Thyme of Eche a like quantity, bounde

bounde in a fagott tograther, then lett it boile againe the space of an houer and an halfe and when it hath so doon season it with Salte and putt thereto eyther Gooseberryes Barberies or Grapes as the tyme of the yeare shall serue, then thicken it with the yeolkes of two Egges beyng strained with a litle Verjes or Vinegar with a litle Sugar. Putt it into your Brothe and stirr it well butt lett it not sett the after you may putt in such Spice as is most fytt for the Sicknese. And you may boile a Chicken therein with the Mutton for the Patient to eate if you please.

A Brothe for those that be weake with Sicknesse.

Take a good Capon of two yeares olde beyng well fleshed but not very fatte, drese him as you woulde do to boile Leauinge the Heade and the Legges at the bodye. Then fyll the Belly full of Currantes blanched with an ownze of Mace, and sowe vp the bellye, you must haue a pipkin on the fyer with a gallon of water and when it doth seethe putt in your Capon with the Breste downewards and when it is cleane skummed, lett it symber vpon a very soffe fyer the space of two houers, then putt thereto a branch of Rosmarye two Borrage roots sliced and a good cruste of Manchett, and so lett it boile very leasurelye the space of 3. houers more vntill the Brothe be consumed to a quart or therabout, but stirr not your Brothe in any wise for breakinge the Capon, then season your brothe with Salte and a litle bruised Pepper, and hauing thus doon take it from the fyer, and geure your Brothe as cleare as you can from the Capon, into such a thinge as you do meane to keepe it in. And when it is colde it wilbe like a yeollowe Jellye. Then you may geue it,

warmed to the Patient as you shall see cause But warme no more thereof at once then you do meane to spend at that tyme you may bestowe your Capon at your pleasure.

A Brothe good for these that haue a great weakneise in theire Backe the wch commeth with an extreme Skouringe. It will strengthen the Bodye and staye any kinde of Loosenesse or Fluxxe.

Take a good legg of Mutton and beynge iointed putt it into a pott with a gallon and an halfe of water, and when it doth boyle and is cleane skummed lett it symber vpon a soffe fyer the space of two howers then putt thereto an olde Cunny chopped in three or 4. peeces and the bones broken, all saueing the heade and when it hath boyled againe and been cleane scummed lett it symber one hower more. Putt thereto three handfulles of Basyll myntes or of Spettremyntes or of white myntes and when you haue putt these thereto lett it boile a little after stirringe it well togeather, Then putt thereto a pinte of Ryce beyng boiled as it were for Pottage and an ounce of Cynamome broken in smale sticks, Stirr it well togeather and so sett it on the symbers the space of two howers and stirr it often as it doth boyle the last two howers. Then season it with Salte and a litle grosse Pepper and so straine it throughe a Cullender into such a vessell as you do meane to keepe it in and geue it warmed to the Patient as you shall see occasion. This Brothe will keepe good 5. or 6. dayes.

An other.

An other Brothe good for the same purposes.

Take a reddd Coike of an yeare and an halfe olde Blacke hym alive and beate hym with a rodd vntill the bloode do appeare thorughe the skinn, then breake his necke and drawe hym. Choppe hym in peeces and so putt hym vnwashed blode and all into a Pipkin with a gallon of water, the legges and heade beynge cutt of and when it doth boyle scummed it cleane and lett it symber vpon a very soffe fyer the space of an hower and an halfe then putt thereto of Egremonye, Scabious, Borrage, Bugloss, Neppe, Carye Comfieye and white Archaungell of eche of these halfe an handfull, and so lett it symber halfe an hower more then putt thereto a quarter of a Pounde of Currantes, halfe a pounde of Reysons of the Sonn the stones beynge taken out, halfe a pounde of Prunes and two Nuttmegges beynge cutt in smale peeces. Putt all these into your Brothe and so lett it symber 3 howers more vntill the Brothe be consumed to a pinte and an halfe. Season it with Salte and straine it throughe a Cullender stampe all that remayneth in the Cullender very smale and straine it with the Brothe throughe a strainer into a Bason then sett it vpon a chafingdish of coales vntill it be readye to boyle stirringe it well togeather. Geue thereof to the Patient twelue Spoonefulles at a tyme beynge warmed. This will keepe good a Seauennighte with good vsage.

A Brothe called a Grewell good for those that haue the greefe of the Spleene.

Take fower good peeces of the better end of a racke of mutton and boile it in a pipkin with a reasonable quantity of water and when it is cleane scummed Lett it symber vpon a softe fyer the space of an hower, then putt thereto a peece of a Fennell root and two Perseley roots pitched and of Borrage and Buglasse of eche an handfull and as much of Pennyrryall. Bynde all these togeather and putt them into the Brothe and lett it symber an hower more, then take vp your Hearbes and wringe them ouer the Brothe, then putt into the Brothe so much bruised Oatmeale steeped in water an hower before as will serue to thicken it withall and lett it symber an hower more, then season it with Salte, and putt thereto a litle bruised Pepper and a fewe Cloues and Mace with so much Saffron as will a little chaunge the colour of it, then stirr it well togeather, and so putt it vp into a Vessell and geue thereof to the Patient warmed and lett hym eate thereof at his pleasure, and in tyme he shall fynde ease.

A Brothe for those that be enteringe into a Consumption and will preserue them from it if it be taken in tyme and continued withall so longe as occasion shall require.

Take the shynn Bone of a Beeste from the knee vpwarde to the next iynte of the foreleggs. Chope the flesshe and bones togeather and

boyle it in two gallons of water, and when it is cleane scummed lett it symber vpon a softe fyer the space of two howers, then putt thereto the hynder quarters of an olde Capone, 3. or 4. knuckle bones of Mutton and a younge Cock of a quartor olde the bones of them all beyng broken. Putt these into the Brothe and lett it symber halfe an hower more. Then take of Borrage Buglasse Endeeue Egrimonye and Sauatristicke of eche an handfull and of Thyme and Perseley of eche a like to the quantity of halfe an handfull in all, putt all these into the Brothe and lett it symber an hower more. Then take a pounde of greate Reysons the stones beyng taken out, halfe a pounde of Prynes, a quarter of a pounde of Currantes and S. Bates: Shridd all these togeather and putt thereto a fewe whole Mace. Putt all these into the Brothe and lett it symber an hower and an halfe more. Then season it with Salte and strayne it throughe a strayner, wringe it not, butt lett it run cleare so longe as there will any moisture come from it, then put it into such a Vessell as you do meane to keepe it in. And when you geue thereof to the Patient, take so much of it as you do meane to geue hym at one tyme, and when it is warme straine it with 20. Almondes beyng grounde smale and so geue it to the Patient as warme as he shall like to take it. This will keepe good a weeke.

A good Brothe for those that are in a Consumption, but especially for the Consumption that is taken after an hott Feuer.

Take an hynder quarter of good large Mutton and roste it with a softe fyer vntill it be more then halfe enoughe then scotche it and pricke it with two knives, beyng vpon the Spytt and make

haste whilst it is hott, and lett the Grauye run out into a platter, as much as you can gett of it Then sett the grauye vpon a chafingdish of coales and scumm the fatt as cleane of as you can with a Spoone, season it with Salte and putt thereto halfe a pinte of French wine and if you haue none of that then halfe a pinte of the smallest Clarrett wine you can gett and halfe a pinte of redd Rose water and a sticke of Cynamone of the lenghte of your hand broken into smale peeces, and lett it boile halfe an hower vpon the coales then putt thereto one spoonefull of wine Vineger, and so much Sugar as will make it plesant Then putt it vpp altogeather into such a Vessell as you do meane to keepe it in. Geue thereof to the Patient to drinck warmed thrie tymes a day and 4. or 5. spoonefulles at a tyme. Continue this as you shall fynde occasion.

A very comfortable receipte for those that haue paine in theire Backes. It will staye the Bodye that is troubled withe any kinde of Fluxe, or with the wast of Nature.

Take a redd Cocke of a yeare and halfe olde beynge plucked and drawen, chopp hym in peeces and bruse the bones well, then putt hym into a pewter pott of a Pottell Vnwashed with the bloode feete heade and all and throwe thereon halfe a spoonefull of Salte, putt thereto a pinte of Muscadell halfe a pinte of redd Rose water, 6. Dates cutt in peeces and three or fower Maces

Then

Then shake all these well togeather in your pott, you may putt thereto what golde you please more or lesse but the more you doe putt in, the more effectually it will worke. Then past downe the couer of your pott, and tye a clothe so close about it that no ayre goe eyther in or out. Sett it into a kettell or pott of seething water vpp to the neck, and lett it so boile contynually the space of 24 howers, and as the water doth wast fyll vpp your kettell againe with hott water, then take out the pott and poure it into a strayner and lett the lyquor run into a Vessell so longe as it will run but wringe it not Then putt it vpp as you will keepe it. Geue the Patient thereof warmed 3. or 4. spoonefulles at a tyme and continue it as you shall see cause, and it will ease you shall haue as much liquor when it is strayned as you did putt into the pott. This is called the distillinge of a Cocke.

An other way to distill a Cocke for those that ar in an hott Consumption.

Take a redd Cocke of an yeare and halfe olde beynge plucked drawen chopped in peeces all the bones broken and putt hym into a pewter pott of a pottell Vnwashed with the bloode feete heade and all as in the former distillation and throwe thereon halfe a spoonefull of Salte Then putt thereto halfe a pinte of frenche wine or of smale clarrett wine, of Borrage water halfe a pinte and as much of Buglase water, 40 Reisons of the Sonne the stones taken out, two spoonefulles of Currantes three Dates and one Nutmegg. Shredd all these frutes togeather and so

putt them into your pott. Then take of Endeiue Borrage and Bu-
glasse of eche of these six Ounces and lay the one halfe of them under
your Cocke in the pott, and the other halfe on highe vpon the Cocke
and putt thereto one spoonefull of good wine Vinegar and so muche
Sugar as the tope of your thombe, then past the couer of your pott
downe and binde it as close as you can. Sett it in a kettle of water
that seetheth vp to the neck and lett it boile continually the
space of 12. houres, and as the water in the kettell doth waste fyll
it vp againe with hott water; then take it of the fyer and strain
it as in the former distillation and putt it vp in a fytt Vessell for
your vse. Geue thereof to the partye warmed 3. or 4. spoonefulles
at a tyme and continue it as you fynde cause: it is very effectuall
you shall haue as much Liquor when it is strained as you did put
into your pott.

An other way to distill a Cock good for those that ar
broughte weake with an Ygorse or such like Sicknesse.

Take a younge Cocke of a quarter olde beyng plucked downe and
washed, chop hym very smale the bones legges with the heade and
all, putt it into a pewter Boole and sett it within your Still and put
thereto a quart of Milke warme from the Cowe, six spoonefulles of
redd Rose water and of Egremonye Scabious Borrage Buglasse and
redd Rose leaues of eche halfe an handfull and distill them altoge-
ther and keepe the water for your vse. Geue the Patient thereof in
Brothe Capodle or Selberry 4. or 5. spoonefulles at a tyme and sometyme
lett hym drinck thereof alone with a litle Sugar. It is very norishinge
and good to putt away Melancholye.

A speciall

A speciall good distillation for those that
ar in a burninge Feuer.

Take a quart of redd wine and a quart of Milke distill
them togeather and lett the party drinck of the water thereof as
much and as often as he will It will kill the heate and bringe the
Bodye into good temper.

The distillation of a Pigg very good for those that
ar weake and fayne, and yet not Sicke but
many tymes distempered with Heate.

Take a Pigg of 12. dayes olde or thereabouts beyng scalded gur-
bisheed and washed, and take the 4. quarters and the feete thereof
and washe them in a pinte of white wine one after an other and lett
them lye and seede a litle in the wine, then dry them with a fayre dry
clothe and rubb them ouer with a spoonefull of Salte, then putt them into
a pewter pott of a pettell and lay halfe an handfull of Sage vnder them
in the pott then putt thereto a pinte of white wine, as much of fayre
water an ounce of Cynamome broken in smale peeces two spoonefulles
of wine Vinegar and as much Sugar as a good fyle. Putt all these
togeather into your pott, and lay halfe an handfull of Sage on highe
vpon the topp of all. Then stopp vp your pott close as in the former
distillations and so sett it in a kettle of seethinge water vp to the
neeke and lett it boile continually the space of 14 houres and as
the water wasteth fyll it vp againe with hott water, then poure
it into a strayner, and lett it run without woringe vntill it be run
dry then keepe it. Geue the Patient thereof warmed 5. or 6. spoone-
fulles at a tyme, as often as he will. Continue it as longe as you
please and it will procure ease and helpe.

A Brothe to be used and taken in the morninge of those that ar fallinge into a Consumption.

Take a leag of Veale of the best that may be gotten cutt of all the fatt, and washe it very cleane, then putt it into a pott of water wch water must be a gallon. Sett it on the fyer scumminge it so longe as you shall see eyther fatt or skumm rysing therون. Then putt thereto fower great spoonfulles of franche Barlye, which must be ordered after this manner. Save it all nighte in the quantity of a quart of water, in the morninge taking it out washe it twice or thrice in fayre water till it be very cleane, then putt it into a pott of water, and lett it seeth ty it sole vntill such tyme as the Barlye be swolne to the vttermost. The Barly boynge thus used must be cleane taken out of the water and putt into the liquor whereof this Brothe is to be made addinge thereunto these hearbes and rootes followinge. Take of the rootes of Fennell, Persely and Succorye the pithes beyng taken out and the rootes cleane scraped and washed of eche of them beyng not to olde fower rootes. Of Scabious Egremonye Bittony Strawberry leaves Violett leaves Thyme Rosemary, of eche of these a bunche as bigg as a mans thombe if they were bounde togeather, all wch must be putt loose into the pott with a quarter of a pounde of Reysons of the Sonn stoned and as much of Currantes. 12 Damaske Prunes 4 or 5 greate Mace, 10 or 12 Ginger cornes cutt in halfe or quartered.

quartered, and one Nuttmegg cutt in thyn peeces (this nutmegg only must not be putt in till the Brothe be almost soddon) all these must be boyled with a softe fyer the space of 3 howrs in wch tyme the State of the meate and hearbes wilbe boyled out, you may putt a litle Salte into it if you thinke good. This doen take out the Veale and the hearbes from the Brothe as neare as you may, and straine the Brothe into a fayre earthen pott and reserue it for your Vse. It will last if it be well made 2 or 3 dayes. The best taking of it is in the morninge two howrs after you ar ryseen and likewise at 4 of the clocke in the after noone, at both wch tymes you must take the quantity of halfe a pinte as hott as you can suffer it, without eyther Brede or any other thinge in it. If you cannot gett these hearbes greene you may heade them at the Apothecaryes dryed, wch will stand you in as good steede.

A very comfortable Brothe for any weaknesse.

Take to a good bigg Chicken 3 quarts of water and lett it seethe on the fyer keepinge it well scummed. Then take one handfull of Scabious as much of Endeuie, halfe an handfull of Succhory as much of Egremonye as much of Maydenheare a good quantiye of Spinnioorte. A Fennell rootes 3. A Persely rootes as many. Of yellow Docke rootes two, and those must be well washed and scraped and the pithe cleane taken out of them. Then take some handfull of Prunes one handfull of Reysons of the Sonn, as many of Currantes and a quantiye of whole Mace. Every of these fruytes must be washed very cleane and then putt with the rest into the pott. Lett all stewe togeather a good while and then putt to them

the bottome of a Manchett. Then lett all seeth togeather till the Brothe begynn to chaunge to a reddish colour, and be not in quantiye past one quart and so strayne the same and keepe it. Continue this Brothe 14. dayes togeather. It must be taken lukewarme once in the mornings and againe one hower before Supper.

Ten other like restorytiue Brothe.

Take to a large Legg of Veale choppe in gobbetts bones and all two gallons of water. When it hath boyled a while and is cleane scummed putt thereto a good Platter full of these herbes followinge cleane washed and picked. Viz. Maydenheare Scaly, ous Eyrymonye, Lyuerworte, Endeeue, Succhorye Borrage Buglase Strawberry leauce, Cynquefoyle leaues and Spinage. After these hearbes so putt in have boiled a pretty while putt in halfe a pounde of Currants and some 8. or 10. frenche Prunes to sharpen it, and so much Salte as may conueniently season it. Then slacke your fyer and lett it boile or symber softely the space of 7. howers Vncoueringe it once in halfe an hower and stirringe it well from the bottome for feare of sytting to. Then lett it run throughe a strayner, and when it is colde it will be like a Jellye. Take away the fatt and vse a reasonable quantiye fake warme in the morning and one hower before Supper. It may be taken oftener as the Patients stomake doth like thereof. It will keepe well 5. or 6. dayes. It will not be amiss to add the Fennell Perselye and Docke rootes conteyned in the former Brothe to this Brothe also, and you shall fynde it very restorytiue in operation.

China Brothe to rectifye the distemper of parts correct malignitye of Humors, and consequently, to restore your lost of Substance and Strynghthe

Take of the China woode thynn pared and slyced one ounce, lett it steepe 6. or 7. howers at least in 4. pintes of the best Springe water, standinge in hott embers in an earthen pott close stopped. Then putt into it 3. or 4. of the largest Mace, of Fennell rootes elect and prepared the weighte of 3. Shillinges. Of the best Leysons of the Sonne stoned halfe a score. Of the toppes of mother Thyme. Of the leaues of woode Bittanye, Of Starstounge. Of Lyuerworte, Of Maydenheare, Eche halfe a smale handfull: Of the flowers of Marygolde, Of Buglase Of Borrage Eche as much and one branche of Rosemarye. Lett all these hearbes be bounde togeather, and when these have boyled, till a thirde part of the lyquor be consumed, then take out the hearbes and rootes, and putt into the lyquor one reasonable bigg Chicken fleshye and well fedde, Sorcerysed before till all the Skynn be taken of and have boyled a woalme or two. When the Chicken is putt in lett it boile with the China leasurely and closse stopped, with a Sticke of Cynamome, and fiue graines of grose Pepper, till the strynghthe thereof be sufficiently in the Brothe. Then take out the Chicken and strayne the Brothe and drinke a good draughte thereof every mornings warme and an other two howers before Supper for the space of 9. dayes togeather makinge still newe Brothe, as neede shall require. The Chicken is not Vnholsome to be eaten of such as can lake the taste thereof.

A Brothe to keepe the Backe from slymye causes and from the breedinge of the Stone.

Take a knockle of Veale and a younge Cocke or Pullett, laye them in water to sooke out all the bloode an hower or two and sett them on the fyer, in a gallon and an halfe of water and so scumm it fayre. Then take two ownzes of frenche Barlye and woashe it in a little warme water, and stirr it by it selfe in two waters Vntill the reddenese be goen, then lett the water drayne from it, and cast the Barlye into the Brothe where the fleshe is. Then take an ownze of the 4. greate colde Seedes and bruse them grosly in a morter and putt them into the Brothe and therewith 40. Plummes of Sebastian, and 40. Reysons of the Sonn stoned. Then take halfe an ownze of Asparagus rootes the pithe beynge taken out, and as much of Knecholme rootes otherwise called Butchers broome. Of Perselye rootes and fennell rootes the pithe beynge taken out a like quantitye. Of Lettice and Purselyne of eche halfe an handfull: Of Borrage and Buglasse leaues and flowers halfe an ownze. you must lett all these seeth togeather, till the fleshe be come from the bones and the broth like a thynn Jellye, then take the clearest of it, and straine it thorwghe an Hippocrate bagg or thicke strayner till it be cleare and so putt it vpp into an earthen pott. It will continue good 4. dayes. When you will vse it you must take 3. or 4. spoonefulles of this

of this Brothe, and putt to it a spoonefull and an halfe of the Syrupe of Marshe Mallowes and the iuyce of a Lemmon. and sett it on the fyer and heate it and drinck it when it is blode warme. The 4. greate colde Seedes ar these Cocucumbers, Mylliions Pompions and Gourdes: The 4. lesser colde Seedes ar these Lettice, Purselyne Endeue and Succhorye.

A Brothe for those that ar greeued with Melancholye.

Take the knockles of Mutton and choape them smale and putt them into a Lipkin with three pintes of water and sett them on the fyer, and lett them boile Vntill such tyme as the Brothe doth smell of the meate, and alwayes as the skumm doth arise take it of, and then putt into it a Chicken whole with all the Purtenaunces sauinge the smale Puddinges, and then lett it boile againe and scumm it cleane. Putt into it halfe a dozen leaues of Buglasse, so much of Borrage and of Thyme, halfe a dozen branches of Tamyrus and as much Sydrake as you may take vpp betweene your three fyngers, and so greate Reysons of the Sonn the Stones beynge taken out and a cruste of a Manchett, and so lett it boile softelye Vntill it come to the quantitye of a pinte and season it with a little Salte. Then take vpp the Chicken and the Reysons withe the hearbes and stampe them in a morter, and straine it withe the same Brothe and so putt it vpp in a pott and drincke therof in the morninge and at fower of the clocke in the after noone somewhat warme.

A Mortrese good to geue to these that are weake.

Take the Brawne of a colde Capon or Henn that hathe been rosted, shridd it very smale all sauinge the Skynn, then take a quarter of a pounde of Almondes being blanched. Grinde them in a Morter very smale with a litle Sacke if the Parties stomake be colde or else with white wine, so much as will serue to make them a litle moiste and no more, then putt your meate to them and so grinde them very smale togeather, then putt thereto the yrolkes of two Egges and 3. or 4. Spoonefulles of redd Rose water, and when you haue tempered them wyll togeather driue it throughe a strayner. Then sett it vpon a Chafingdish of coales and season it with Salte, and if the Parties stomake be colde putt thereto a litle Cynamome and Ginger, and so much Sugar as will make it pleasant, but if the partye be hott putt only Sugar to it, and so boile it vntill it be come to be as thicke as Almonde Butter, then geue the partye thereof. This will keepe good 3. dayes.

The smaringe of a Capon very restoratiue.

Take a good Capon halfe rosted. Saue all the grauye of it and breake it vpp as to serue, then lay it in a pipkin with the breaste downewarde and putt all the grauye into it. Then take a pinte of Clarrett wine, and putt thereto about two spoonefulles of the very vtter ryne of the Orange (wch is the yrollowest) cutt as fyne as doste. Putt this wine with the powder of Oranges vpon a chafingdish of coales and when it dothe seethe, putt into it so much Sugar as may make it pleasant, and so putt all into the Capon and couer the pipkin close, and lett it steue vntill it be very tender. When it is readye to take vpp, putt in slyced Oranges with Sugar and vpon Sypotts dishe it vpp.

A Barlye creame good for the heate of the Lunges or to be taken in any hott Sicknesse.

Take a quarter of a Pounde of Barlye, washe it cleane then boyle it in faire water, and when the water looketh redd, shifte it into fresh water and so boile it againe, this do so longe as the water doth chaunge to redd. Then putt thereto a Fennell roote and 2. or 3. Parsely rootes beynge pirled and scraped, and so lett it boile vntill it be very thicke like Frumenteye, then take it of, putt it into a basson or earthen Vessell, and so lett it stand all nighte. Then take a quarter of a pounde of Almondes blanche them in colde water and grinde them in a morter, with 5. or 6. spoonefulles of the boyled Barlye with the lyquor vntill the Almondes be very smale then straine it with this water followinge. Take of Violett leaues of Cynqefoile of Strawberry leaues and of Endeiue of Ache a like quantity so that you haue of them all to the quantity of a greate handfull. Boyle those altogeather in faire water with a good Lycorise sticke cleane scraped and bruised, and when it hath boyled wyll, straine your Almondes therewith. This proportion of Almondes and Barlye wyll serue to make a pinte of Creame. And when it is strained putt thereto 3. or spoonefulles of redd Rose water, and so much Sugar as will make it pleasant, and so drinke thereof warmed in the morninge, at

after noone and goynge to bedd. you must drinche it lowsum; this pinte wille sufficient for one daye, the rest of the boyled Barlye will serue twice or thrice more or perhappes oftener.

A Cawdell of Almondes good for those that haue a wrynkyse in theire Backes.

Take a quarter of a pounde of Almondes boynge blanched and 3. Dates, grinde these very smale togeather, with a litle ale, then straine them with halfe a pinte of Muscadell and a pinte of ale, and putt thereto a grated Nuttmegge and a litle Sugar and so boile it, and lett the Patient eate thereof as much and as often as he will, and in tyme he shall fynde ease.

A Cawdell good for those that ar troubled with a greate drynesse.

Take a pinte of white wine or of Rennish wine and somewhat more of watter, putt them togeather and straine them with so much Otemeale as will make it to looke white then boile it the space of halfe an howr and putt thereto a grated Nuttmegge and so much Sugar as will make it pleasant. Then lett the Patient eate thereof as much and as often as he will and in shorte tyme he shall fynde good thereby.

An excellent water good for a Surfett approued by my selfe and others.

Take of Scordion of Salua, of Angelica, of Balme of eche, six handfulles: Of Cardiuus bene dictus, of Sorrel of the woode, of Tansey with tyges and all of eche fower handfulles: Of Redsandes, of Woalnutt leaues and nutter when they ar very younge, of Hartegrace. Of Rosemary of Pennyrial of Burnett of eche three handfulles: Of wilde reddish roots and leaues, of Dicdendiers, of Dragon of Saxifrage. Of Thyme, of Scabious, of Betony of Buglosse of Borage of eche two handfulles. Of Soueraynes of Flowers of Rosemary of Redrose of Violettes of Camomile of eche ~~three handfulles~~. Of Anisseedes three Pounds. Of Licorisse two Pounds. Of the Yoyer Pilles of Lemmons dried two ownzes: All these Hearbes must be sett on a bourde in the shaddow for the space of three dayes in an open chamber and when the moisture is partly consumed but not to drye; then putt all these aforesaid into strong spanisher wine or mighty strong Ale in Cornes for two or three dayes and stirr it well twice or thrice a daye, and when the Ale hath doen working, distill all in a Lymbecke, with very soffte fyer and keepe it for your vse: and vse it when good occasion is offered.

The makinge of Rosa Solis.

Take halfe a peck of the hearbe called Rosa Solis beynge gathered before the Sonn do arise in the later end of June or the beginninge of Julye Pick them and lay them vpon a Borde to drye all a daye Then take a quarter of a Pounde of Rasons of the Sonn the Stones beynge taken out: Six Dates and 12 Figges. Shridd all these togeather somewhat smale, and putt them into a great mouthed Glasse. Then take of Lycorise and Annisseedes of eche an ownze of Cynamome halfe an ownze a spoonefull of Cloues three, Nuttmegges of Colyander seedes and of Caraway Seedes eche halfe an ownze. Bruise all these, and putt them into the glasse, add thereunto your Hearbes and two pounds of the best Sugar fynely beaten and a pottell of good Aquauite. Then stirr them well togeather; and when you haue thus doen, stopp the glasse very close, then sett it in the Sonn for the space of ~~three~~ 8 weeke, often turninge the glasse about in the Sonn, but Lett it stand where the raine may not come vnto it and shake it oftentymes togeather and when it hath so longe so stode, straine it and putt the water vp into a dobble glasse and keepe it for your vse and if you please when you haue strained it you may putt thereto a leafe of Golde, and a graine or two of Musk.

The makinge of a Quintessence good to digest a Surfett or to reuiue one beynge in a deadly Sounde.

Take of Annyseedes of white Pepper of longe Pepper, and of

Cynamome of eche of these beynge brused a good handfull then take of Lycorisse halfe an ownze Of Ginger two good races, ten or 12. Cloves and one Nuttmegge bruse these also Then putt all togeather into a quart of Clarrett wine and boile them in a Bason vppon a chafingdishe of coales vntill almost the one halfe be consumed. Then strainе it, and lett it stand a while to settle after wch take the clearest of it, and putt it into your Bason againe (it beynge cleane Then putt thereto a quart of Aqua composita and a pounde and an halfe of good Sugar fynely beaten, and so lett it boile againe vppon a chafingdishe of coales the space of halfe an hower and scumm it cleane Then strainе it againe and when it is colde putt it vpp into your Bottelles and vse it as you fynde occasion.

The makinge of Cynamome water.

Take a pounde of Cynamome breake it into smale peeces, and bruse it a litle, then putt it into a glasse Still with 3. pintes of white wine, and a pinte of redd Rose water, then couer the glasse close, and lett it stand so 24. howers beynge first well stirred togeather. Then see your Still be very close stopped and so sett it in Ashes to distill with a moderate fyer, but in any case lett not the fyer goe out vntill it be distilled. You may if you please keepe a pinte of that 20ch runneth first by it selfe for it will be more strange then that wch runneth after and yet the later will be good if you take but a pinte of the Stranger from it.

The.

The makinge of Doctor Stephens water. It is good for the Goute, the Palsye, the Tootheache, and for all diseases that come of Rheume.

Take of Rosemary Sage, wilde Thyme Pellitory of the wall Camomele and redd Rose leaues of eche of these a greate handfull chopp them altogeather very smale and putt them into a gallon of Clarrett wine, then putt thereto halfe a pounde of Lycorisse and as much of Annyseedes beynge fyndye beaten and halfe an ownze of Cloves an ownze of Cynamome and 2. Nuttmeggs beynge cut brused, and of Collyander Seede Caraways Seede and of Sweete Fennell Seede of eche of these an ownze beynge bruised. Putt all these togeather into the wine and stirr them well togeather, then couer it close, and lett it so stande 24. howers. Then putt it into a bruse Pott, and sett your Lymbecke vppon it, make it close with paste and so lett it distyll vppon a soft fyer and as it doth distyll keepe the couer colde with wett clothes or such like, and when it is distylled putt your water into a glasse, and vse it as other distylled waters and so keepe it for your vse and drincke thereof when you do fynde your Stomake euell or ar troubled with the Rheume or any of the greefes aboue mentioned. The tyme to make it is about Midsommer.

The makinge and vertues of Aqua mirabilis et pretiosa.

Take Gallingale, Cloues, Cubibes, Gynger, Melylott, Cardimony, Maces, Nuttmegges, of eche a drumm made into powder, and mingle all these powders togeather, with halfe a pinte of the iuyce of Selendine, a pinte of good Aquauite and three pintes of good white wine. Putt all these togeather in a Stillatory of glasse, and lett it stand so all nightt and in the morninge distyll it with as easye a fyer as may be. This water is of secreat and excellent vertue. viz It dissoluetth the swellinge of the Lunges without any greefe, and if the Lunges be perished or wounded, it much helpeth and comforteth them. It preseruetth the Bloode from putrefaction and he shall neuer neede to be lett Bloode that vseth this water. It suffereth not the Harte to be brent, nor Melancholye or Flewme to be lyfte vp or haue dominion aboue Nature. It expelleth the the Flewme, profyteth the Stomake, and conseruethe the Bodye in very good estate. It engendrethe coulour and keepeth and conseruetth the visage and memorye. It is good for the winde Collicke and it destroyeth the Palsye of Lymmes and tounge. A spoonefull of this water gouen to a man or woeman labouringe to marle Denthe reliueth. It all waters artificiall this is the best. In the Sommer vse therof fastinge, once a weeke to the quantitye of a spoonefull and in the Winter two spoonefulles likewise fastinge.

The.

The makinge of Mr. Lucebolles redd water.

Take of mightye and stronge Ale three gallons. Putt thereto these Spices, Seedes, Rootes, woode, Gummes, Hearbes and Flowers in forme and quantity followinge. viz Of Fennyl seedes clenne drysed and brused 3. quarters of a pounde. It Lycorisse cleane scraped thin slyced and brused halfe a pounde. Of Cynamome. Of the rootes of Enula campana dryed. Of the rootes of Iroes of eche two ownzes slyced. Of Bare berries blanched and brused. Of Ginger pared and thyn slyced. Of Nuttmegges thyn slyced, Of great Galingale thyn slyced. Of Calsia ligna of eche one ownze. Of Cloues of Graines of longe Pepper, of Cummyn Seede, of Colyander seede of Cubebes of the seedes of Amomum, of the seedes of Amoos, of winter Sauory, seede of Saxefrage seede of Gromell seedes. Of Dyonye seedes of sweete Fennell seede of Angelico seedes of eche of these halfe an ownze brused. Of the rootes of Calamus Aromaticus, of the rootes of Gentian, of eche halfe an ownze thynn slyced. Of Olybanum of Masticke of Mirrhe of eche one ownze a litle brused. Of lignum Aloes thyn slyced, of Mace of Setwell rootes thyn slyced, of Spicknarde of eche a quarter of an ownze. Of redd Rose leaues dryed two handfulles. Of the flowers of Stycados of the flowers of Camomele of eche halfe an handfull. Of the flowers of Centorye two ownzes. Of Camaprytis of Diptamus creticus of St Johns woorte of Philopendula, of Pimpernell of Scabious

of Bittanye of Erymonye of Juniper berryes of eche an handfull somewhat dryed ℞ Cyorose rotes 4. ownzes ℞ Sugar 4 ownzes ℞ Alcanett two ownzes. Halfe the Cynamom and Lignum Aloes must be reserued out of the brasse pott and knitt in a litle bagg and laide in the bottome of the receiuer. And then also putt halfe your Sugar and Alcanett with an ownze of Amber greece or lesse into the receyuer. All the hearbes and flowers must be lefte out of the brasse pott Vntill you haue drawen the first draughte, and when you haue drawen the first draughte take away your receyuer and the bagg that is therein and woringe it harde into the receyuer That doth take of your Lymbeck and all the substance that is in the brasse pott, & pott it run throughe a Sive of harne into some faire brasse pann, all the Lyquor from the Spices Those Spices putt into the brasse pott againe and all the hearbes and flowers, and also those same Spices that ar in the bagg Put Vnto them one Gallon and an halfe of freshe ale and then sett on your Lymbeck and drawe it as you did before and into the receyuer putt the other ownze of Cynamome knitt in the bagg and draine it as you did before And then putt the first and last draughte togeather and keepe it for your vse in some glasse Bottell.

The makinge of a water for the Palsye. It is good also to quicken Memorye and to cheare the Sighte.

Take of Brymerose flowers with the younge Leaues and buddes of the flowers and budds of Cowsellips, of Rosemary flowers and budder and of the flowers and budder of Hartsease rotherwise called Wall Gylly-flowers ℞ eche of these the like quantitye, then take as much of Balme as of all the other, mingle all these togeather, and when they are somewhat dryed, distyll them, and vse the water as you woulde doe other distilled waters, then keepe it for your vse And take thereof when you do feele eyther lightnesse in your heade or colanesse or any other paine wch commeth of Colde in your heade And as you do take it holde some of it in your mouthe that the Sente may ascende into your heade and you shall fynde ease therebye.

The makinge of a water good for the Passion of the harte and for those that haue taken thoughte.

Take 4. gratte handfulles of Rosemary flowers budder and all, and of Sage & Enula campana rotes scraped and slyced and of Thyme that is flowen of eche of these 2. good handfulles and of Brymerose flowers and Cowslips flowers a platterfull And of Violett flowers Bugalose flowers and Borrage flowers the like quantitye ℞ dryed Red Rose leaues two handfulles and putt thereto as much of Balme as there is of all the reste. Stampe all these well togeather and putt them into a gallon of good clarrett wine, addinge thereto a pounde of Ennysedes as much of Cyorose flowers good Nuttmegges and halfe an ownze of Cloues all bryngе beaten smale Stirre all these togeather in the wine and so let it stand 24 howers then distyll it

in a Styllitory of glasse or a commoun Stylltory Then putt the water into a Glasse and keepe it for your vse and vse it as you do fynde occasion It is to be made only in the monethe of Maye. And it will remayne good 3. yeares being well kept and close stopped.

The makinge of a water good for the bytinge of a Madd Dogge. It will helpe Eyther man or Beaste, if it be taken within nyne dayes.

Take of Madfollon with the blewe flower, of white Lylly leaves of yearrowe of Nightshade with the blewe flower and of Wilde Sage of eiche of these a like quantitye, myngle them well togather and so distill them, and vse the water as you woulde doe other distilled waters, putt it into a glasse and keepe it for your vse. And when you do vse it, if it be for a man or a woeman, you must take sixe spoonefulles of the water in a pottenger and putt thereto a quantitye of Tryacle and mingle them well togeather, add thereunto of an Alebery or Cawdell, and so drincke it warme. Doe this fastinge three dayes togeather and assuredlye you shalbe safe. For a Dogge you muste in steeade of the Cawdell blende it with Lattigye or Milke. And for a Beaste with Drincke. You may if you please add to the former hearbes a litle Mercury knottgrasse horehownde and Scabiosa.

The makinge of a water good for the Stone.

Take two handfulles of Broome flowers one handfull of Thyme as much.

much of Sorrel, as much of S. Johns hearbe distil all this together, and drinck three spoonefuls morning & evening first and last, vse it two or 3. dayes in a week. Or take to every quart of good white wine 6 Lemons, and slice them Stems and all into the wine, and put to it one good handfull of parsley, and so distil it in a glass stillitory or otherwise, and when you are in doubt of the stone, drinck a draught thereof.

The makinge of a water good for the Collicke and the Stone

Take Fuens, Smaleage Thyme, Margerom, Broome flowers, Elder flowers, Hartes tounge, Philopendula, Veulus Christi, Saxifrage, Brane codder, Vnsett Lockes, Balme, Myntes and Perselye. Dystill of every one of these generallye a litle measure of about halfe a pinte, putt them togeather into a glasse. Then take as muche malmesye, or good white wine as of all these waters and putt it with the waters into a Stillitorye of glasse and with a reasonable fyer distyll it and drinke thereof a litle quantitye as you shall fynde occasion.

The makinge of Balme Water.

Take a gallon of good clarrett wine, an handfull of Lycorise bruised, of Anyseedes bruised halfe an ownce, of Fennell seedes bruised as much and 2. or 3. handfulles of Balme. These muste be putt altogeather into the wine ouernighte and so lett it stand all night, the next day distyll it in a Lymbecke. When you have taken of this the best to the quantitye of a pinte drawe no more for otherwise the first pinte be with addition will be ouerweake.

An other way or receipte for the makinge of Cynamome water.

Take 16. ownzes of perfect Cynamome beaten in a morter, and infuse it in 3 pintes of stronge and pleasant white Wine and one pinte and an halfe of pure redd Rose water, and keepe it very close that it breath not forthe in Balnea Marie tempered for the space of 24 howers, after wch distill it as is vsuall with the Lymbecke well cloosed as also the Receauer; that it may not breathe forthe Lett it distyll so longe as the water commeth forth stronge of taste and Sauour. Then chaunge the receauer for that wilbe a perfect water keepinge it in a glasse vessell. Afterwarde you may drawe the reste wch wilbe weaker. And if you will haue it also to be very good keepe it till you haue a second water of an other pounde of Cynamome and then mingle the two second waters together and add to them a pinte of wine halfe a pinte of Rose water and 8 ownzes of Cynamome vse it as before is prescribed and then distill it, and it wilbe an excellent water. And alwayes take heede that you keepe your distilled waters in no other thinge but glasse, and that they be very close stopped.

The makinge of Snayle water good for the yellowe Saunders or such like stoppinges.

Take 4 gallons of Ale the strongest you can gett. six ownzes of Harties horne scraped very fyne, 4 ownzes of Cloues bruised an handfull of Sallendine, and halfe an handfull of Angelico Wash the hearbes well and bruse them with your handes and put them with the rest into the Ale. Then take a pecke of garden,

Snayles

Snayles with the Shelles on theire backes, make a fyer of charcoale and when it is burned brighte, make an hole in the middest of the fyer and put them in, and couer them with the coales and so let them lye, till the whishing noise cease, then take them forthe and wipe them one by one very cleane in lynnen clothe then bruse them in a morter, and put them into your Ale and stirr them well together and so let it stand all nighte. After put all into a pott or lymbecke and distill it as you would do Aqua vite. With a softe fyer, and take and keepe the first and second water.

Rosemary flowers, Selfehealle, Daisy leaues and roots, Sonickle, Adlofstrange, Tormentill, Pimpernell, Plantyne Agrimony, the tender toppes of clott Burres, wilde Tansy Folefoote, of eche a good handfull or so many of the said herbes as you can gett. Madder roates two ownzes, Saxafrage roates Sarsaparilla, and the barke of Guiacum of eche fower ownzes. Boyle all in two gallons of white wyne in a diott pott (wch you may haue at Queenhithe) & eye the roates and herbes all nighte to steepe before you boyle them Then putt in the herbes in the morninge and boyle them six or eighte howers with charcoales, the pott being close stopped, with the whight of an Egge and wheate meale mixed together to a softe past. Then let it stand from the fiere a while, straine it and put to the drinck a quart of good English honey and boyle it againe 2 or 3 walmes, and drinke of it first and last. It is a great cleanser and healer. Feare not the white wine for the sharpnes is taken away with the herbes and stonge.

A distilled water approved to be very good for a Consumption.

Take a runninge Cocke, pull hym alive, then kill hym when he is almost colde, cutt hym abroade by the backe and take out the entrayles and wype them cleane, then cutt hym in quarters, and breake the bones: Putt hym into such a still, as you use to distill Rose water in with a pottle of Sacke, a Pounde of Currantes, a Pounde of Reysons of the Sonne the Stones taken out, a quarter of a Pounde of Dates the stones picked out and the Dates cutt smale, two handfulles of Pimpernell one handfull of Rosemarye, one handfull of wilde thyme two handfulles of Organum, two handfulles of Buglass and Borage, a Pottle of newe milke of a Redd cowe Distill this with a soft fire: Putt into the glass that the water doth droppe into a quarter of a Pounde of Sugar candye beaten very smale, halfe a Poke of Loaf sugar cutt smale amongst the Sugar, fower graines of Ambergreece, tenn graines of prepared Pearle: you must mingle the strange water with the smale and drinck two spoonfulles at a tyme in the morninge fastinge: and one howre before supper: you must shake about the glasse when you drincke it.

A Syrupe for the coughe of the Lunges.

Take of Scabious 3 good handfulles and halfe so much of Foale-foote, and the like quantity of Senickle the like of Pennyrryall Boile all these togeather in a gallon and an halfe of strale Ale with a softe fyer till the one halfe be consumed away Putt into it before you seethe it, two sticks of Lycorice scraped and bruised and 3 spoonefulles of Anny Seedes likewise bruised. Then straine it into an earthen pann, so lettinge it stand all one nighte, take the next day the cleanest of it, and to every pinte and an halfe putt one pounde of fyne Sugar. Then boile it againe and scumm it lettinge it boile till it come to a Syrupe thicknesse, that it maye stand upon your nayle when it is colde. Then lett the Patient take a Lycorice sticke and pare and iagg it at the ende and dip it in the foresaid Syrupe, and so sucke it as often as he or she shall please the oftener the better.

A Syrupe of Lycorice good for the Lunges and Shortnesse of the Breathe.

Take a Pounde of Lycorice cleane scraped and bruised with an hammer, then with greate Pynnes or such like thinges pluck it a sonder like stringes or threddes into a deepe Bason, then putt to it one wine pinte of Isope water so much of redd Rose water, the like of Horehounde water, the like of Pennyrryall water so lett them lye infused togeather 24 howers, often puttinge downe the Lycorice

into the water then boile it vpon a chafingdishe and cooles till the water be very strong of the Licorisse and consumed almost to the one halfe then strayne it into a cleane skillett and therein boile it puttinge thereto of white Sugar candye one Pounde and an halfe and for want of Sugar candye you may vse Barberye Sugar and take thereof at your pleasure.

A Syrupe of Vinegar good for to coole in anye hott Feuer, or any other sott Sicknesse and to breake Choler and grosse Fleame in the Stomake.

Take one Fennell roote of one yeares growthe and 4 Perselye rootes of a good bignesse if they be smale rootes take so many as may equall ytheir fennell roote and so much of Succhory rootes and 2 greate rootes of Dockes (the yellowest are the best) take the pithes out of them all and seethe them in a pottle or a gallon of water: add thereto one handfull of Violett Lettuce, and so much of younge Mallowes, as much of Endeaue. Lett all these seethe till a quarter of the water be consumed, then strayne it into a cleane vessell lettinge it settle Then take all the clearest of the water and to euery two pintes of this water put one pinte of the best wine Vinegar that you can gett and one pinte and an halfe of honny, then seethe and scumm it vntill it come to a Syrupe Lett it into a glasse and vse it at your pleasure when you will take it, put to so much Syrupe as you meane to take so much Borrage water or cleane water boyled as will make it thyn to drinke. If you like not honny take for euery pinte thereof a pounde of Sugar.

A Syrupe

A Syrupe to coole the Stomake and to allaye Choller.

Take of the iuyce of Orenges six spoonfulles, the like quantitye of the iuyce of Lemmons, and so much of the iuyce of Pomegranates if you can gett it) putt to it so much redd Rose water as all these iuyces doe amounte vnto, and put likewise so much faire water as will equall the foresaid iuyces and Rose water. Then measure all togeather and to euery halfe pinte putt halfe a pounde of Sugar finely beaten and so boile altogeather till it commeth to a Syrupe Then putt it into a glasse and keepe it for your vse. And when you will vse it take some Borrage water or Rose water or faire running water boyled. Mingle it with so much Syrupe as you will take so as you may drinke it.

A Syrupe to prouoke one to sleepe.

Take of white Poppye Seeder (but not of the rypest) 4. ounces bruse it a little and putt it into a pottle of rayne water, so lettinge it infuse 24 howers, then seethe it till more then the one halfe be consumed. Strayne it into a cleane vessell lettinge it settle and to euery pinte of the clearest of it putt one pounde of Sugar, then boyle it to a Syrupe and skumm it cleane and putt it in a glasse Take but one spoonfull thereof at a tyme.

A Syrupe of Damaske Roses good to purge Choller.

Take one gallon of faire running water in a pipkin with a couer and putt thereto so much of Damaske Roses stripped from the white as you can thrustre into the pott, when the water seetheth take it from the fyer, and so couering the pott closse Lett it stand till the

next daye. Then wringe out the Roses and againe sett the water vpon the fyer till it be scalding hott, and putt againe vnto it so many like Roses as will drincke vpp the water. Vse this to do in like sorte every daye vntill the water commeth to a pinte and an halfe. Then straine the water into a cleane Napkin and boile it puttinge thereto one Pounde and an halfe of Sugar, scumm it and boile it to a thicke Syrupe then putt it into a glasse and keepe it to your vse. Take for a Childe one spoonefull for an Elder Bodye 2. or 3. Spoonefulles.

A Syrupe of Horehounde good for the Consumption of the Lunges.

Take 3 handfulles of Horehounde and a good quantitye of Maydenheare, and a Fennell roote of one yeares growthe 3 Parselye rotes and an handfull of Pennyroyall. Boile all these in a pottle of runninge water, but lett your water seethe before you putt in your Herbes and then seeth them with a softe fyer vntill it be consumed to a pinte and an halfe. Then straine it and lett it coole and take a pinte of the clearest of it and putt thereto a pounde of Sugar, Lett it boile and cleare it with the white of an Egg well beaten with redd Rose water and so scumm it cleane and lett it boyle to Syrupe hight, then putt in two spoonefulles of the powder of the Lunges of a Foxe beynge dryed, you must take a little at once of it with a Lycorice Sticke as you shall neede.

A Syrupe cordiall good for such as haue taken thoughte.

Take halfe a pinte of the iuyce of Borrage as muche of the iuyce of Buglasse the like quantitye of the iuyce of Balme. Putt all these

iuyces

iuyces togeather and seethe them in a skillett and the greene will arise: skim it thicke like a Bisett curde, then cleare it with the whites of two egges well beaten, and scumm it cleane, putt it into a cleane Bason and sett it vpon a chafingdish of coales, putt thereto half a pinte of redd Rose water, with the weighte of foure pence of dryed Violett flowers and the like quantitye of dried Rosemary flowers with as much of Cowslipe flowers beynge also dryed as muche of Prymerose flowers and likewise of the Clowe Gilly flowers well dryed with 3 blades of Saffron. Thus lett it boile vpon the coales vntill it be consumed to a good pinte. Then straine it throughe a peece of white Cotton and putt in a pounde of white Sugar and scumm it with the white of an Egg beaten with redd Rose water and boile it to Syrupe hightye. When it is almost boiled take a graine of Muske well mixed with two spoonefulles of Rose water and putt it therein. You must take a spoonefull thereof at once.

A Syrupe good for the Stomake and to dissipate a Surfeite.

Take a quart of Clarrett wine putt it in a Bason and putt therein so many of the leaues of redd Poppye that groweth amongste wheate as may well be steeped therein, then sett it vpon a chafingdish of coales and lay two white flatt sticke ouer the Bason and take a peece of white cotton of a spann longe beynge an inche broade at the one ende and smale at the other, parge this vpon the syde of the Bason so as the broder ende may hange in the Lyquor and the other into the glasse. Then wrynge an other Bason on highe vpon the Sticke ouer your Lyquor and so lett it distill into the

glasse by the clothe vntill all the Lyquor be dried vp then take the Lyquor that is so distilled into the glasse and to every pinte thereof putt a pounde of Sugar, and so boile it Syruge highte, and when it is colde putt it into a glasse and keepe it for your vse.

A Syruge or Conserue to open the Lipes to comfort the Harte and to expell Melancholye.

Take a quart of Honye and putt it into a wide mouthed glasse add thereto so many of the flowers of Rosemarye as you can moisten therein by stirringe them well together, then sett it in the Sonn 2 or 3 dayes and as the Honny waxeth thynn with the heate of the Sonn, so stuffe it full with the flowers, this do so longe as there arysethe any moisture to cover the flowers, and when your Honny beynge thoroughly melted in the Sonn in this sorte will containe no more flowers, then beynge well stirred together, sett it in the Sonn to distill together the space of foure monethes, and it will be like a Conserue. You must turne your glasse offtentymes that all sydes may take the Sonn alike. And when you have thus done keepe it for your vse. And when it is a quarter of an yeare olde take thereof every morninge the quantity of a Wallnutt and you shall fynde the operation thereof to be very effectuall.

A Syruge to restore Nature.

Take the iuyce of Lemmons Borrage water or the iuyce of Burrage, three or foure Ounces of fyne golde (or more according to the

to the quantity of the receipte) cutt very smale, putt therein one Nutmegge grosse and Sugar candye. Then lett it boile in a smale Silver or Latthon vessell, till it growe thicke to a Syruge. Stirr it with a Lycorise sticke. Scrape into it sixe grasines of the best Amber greece, but lett not the Ambergreece boile. And more into the Syruge 4. or 5. grasines of Harteshorne. Take of this every morninge one spoonfull and as much at nighte, and fast some reasonable tyme after.

A Syruge or Water to breake any Colde and scower the Lyver. It will besides purifye and cleare the blonde and keepe the Lunges in very good temper.

Take runninge water and putt therein almost an handfull of French Barlye and lett it seeth till the water be redd then chaunge the water and lett it seeth againe till it be readye to breake, then cast out that water, and lett it seeth the third tyme till it have broken and one quarter of an hower after. Then take the water cleane from the Barlye beynge in quantity a quart, and when you have so seperated them sett the water on the fyer againe, puttinge to it halfe an handfull of Endeiue well washed, a quarter of an handfull of Suchorye, halfe an handfull of Violett Leaues, a quarter of an handfull of Bugloss, a good quantitye of Enula campana and lett these seethe till the water come to a pinte, then take it of and putt in the quantitye of two Sticke of Lycorise readye scraped and slyced while the water is hott, and lett it stande all nighte closse stopped. In the morninge drinke seauen spoonefulles and as much when you goe to bedd, and continue it morninges and euenynges in such manner till you fynde ease.

A Syrupe of Marshe Mallowes ·

Take two gallons of running watter and putt into it an handfull of Plantyn, as much of Pellitory of the wall and as much of whiite Saxifrage. Of the rootes of Asparagus take two ownzes and of Marsh Mallowes rootes (the pithe beyng taken out) and of the flowers and leaues fower ownzes. Of the rootes of Fennell Persly and Knidelme (the pithes beyng taken out) of eche one ownze. Of Sicoryouse bruised two ownzes. Of the 4 greater colde Seedes two ownzes. Of the 4 Lesser colde Seedes one ownze. Of Sedyanthum of both kindes one ownze. Of the cordyall flowers viz Borrage Buglasse and Violett flowers one handfull and 2 ownzes of Lyquorise and one ownze of Fenny seedes. Boile all these till they be halfe consumed away, then powre it out into a faire Basen through a strainer and wringe out the strengthe of the rootes and solett it stand till it be settled and an houre or two after take the clearest of it, and to euery pinte of the Lyquor add a pounde of Sugar and boile it to a Syrupe and this you may keepe a whole yeare and vse of it at your pleasure. The 4 greater colde Seedes are Cocucumbers Mellions Pompions and Gourdes. The 4 Lesser are Lettice Purslyne Endiue and Succorye. · · · · · · · ·

A Syrupe or Conserue of Alcacangye Berryes ·

Take of Eringus rootes faire scraped and the pithe taken out about one pounde and an halfe and two ownzes of Asparagus rootes

rootes and a pinte of Saxifrage watter, and putt them into a fayre earthen pott and stoppe them close with paste, and sett it into a pott of water, and lett it boile 12 howers. Then powre all out into a Cullender, and stampe it as smale as you can and rubb it throughe a strayner with a quarter of a pounde of Alcacangye Berryes. So setthe it vpp with Sugar to a Conserue. · · ·

A Syrupe or Conserue good for the Stone ·

Take Stahollye rootes pilled and picked and lay them in watter 2 or 3 howers. Boyle them in Saxifrage watter, till they be very tender, then strraine it, and take the Pulpe to the quantity of halfe a pounde. Take wilde Eglantine Berryes cutt them and picke out all the Stones and heares and setthe them in Saxifrage watter and strraine it, and take the Pulpe to the quantitye of a quarter of a Pounde. Take winter Cherryes otherwise called Alcacangye Berryes strraine it and take a quarter of a pounde of the Pulpe. Take of Pome Citrons two ownzes beyng boyled to take away the bytternesse. Mynce it fyne and beate it in a morter and so mixe all these aforesaide thinges togeather and boile them on a chafingdish of coales with a pounde of Sugar till it be as thicke as Conserue or as thynn as Marmalett. So putt it vpp in Boxes. And vse to eate thereof twice or thrice a weeke fastinge as you fynde your greefe. This is not to be made but about Allhallontyde. · · ·

A Syruppe good for a Consumption.

Take a quart of the iuyce of Borrage and clarifye it with the white of an egge then putt to it a pounde and an halfe of Sugar, and the weighte of two french crownes of Basyll seede and seeth it to a thicke Syruppe, and beynge almost colde putt to it tenn grainnes of Muske and 5. Leaues of golde and when it is thoroughly colde Stoppe it very closse and keepe it for your vse This maye be taken at any tyme as you fynde occasion yea thoughe the Patient be in an hott burninge feuer.

A Syruppe very restoratiue and specially preseruatiue.

Take 20 Dates that be sounde and good take out the Stones and the white rynde and cutt away the harde litle stemmes that be at the endes of the Dates, then washe them in Ale and cutt them in litle smale peeces Beate them in a morter till they be incorporated togeather like fyne paste, and putt them into a pottell of perfect good Muskadell: Breake them in sonder with a Slyce of wood and still stirr the wine and them togeather Then take the rootes of Alexander and Persely, of eche the quantity of two dates cleane washed cutt in smale peeces and bruised in a morter as the Dates a spoonefull of conserue of Roses halfe a pounde of white Sugar candye a quarter of a pounde of white Sugar: of Cynamome beaten into fyne powder two spoonefulles of Fallingall beaten into fyne powder one spoonefull, two Nuttmegges cutt into thynn peeces and not grated and a fewe Layes Mace. Putt all these into the Muskadell and stirr them well and lett them stand closse couered one howeer then boile

them

them in a pipkin, with a softe fyer very leysurelye and stirr it well, in boylinge and clarifye it in takinge of the Sonne and when a 4th part is consumed in boylinge, take it from the fyer and bryng but blood warme putt thereto a spoonefull of the powder of Ginger finely searced and 2 or 3 spoonefulles of Rose water stirr them well and lett it be strayned and keepe in a glasse closse couered. And if you woulde haue it like a Conserue putt to all afore written halfe a pounde of Almondes blanched and beaten smale in a morter, two spoonefulles of wheate cleane pilled and well rubbed and 5 or 6 preserued quinzes bruised Boile these with all the reste till it be of that thicknes you like of, and stirr them well in boylinge, straine it and keepe it in close Boxes or a gallye pott closse couered, and when you will vse it Take the quantitye of two Nuttmegges of the Conserue or a spoonefull of the Syruppe at a tyme in the morninge sittinge in your bedd halfe an hower before you aryse: You may also take thereof at nighte when you goe to bedd but lesse in quantitye And it will rathe amaise sometyme to take a spoonefull of the Syruppe in a litle thynn Brothe made with Mutton rubbett or Chicken.

A Syruppe good for a greate colde. La: Sheffeilde.

Take of the distilled water of Horehounde one pinte and add thereunto to make a Syruppe three quarters of a pounde of fyne Sugar candye white beaten very smale. Mixe these well togeather and sett them vpon a quicke charcoole fyer: Then take some good English Lycorise of the best tasted cleane scraped and sliced and put it in and let it boile in the said Syruppe the quantitye of one spoonefull. And when it soomes as it were halfe boiled take 3 graines of Amber grietie reasonablye well bruised, and

put into the same Syrupe and let them boile together but let any scumm that arysethe vpon it be taken of before you must haue care that it boile not with to mych heighte: And when it is come to a litle thicknesse beyng colde it is sufficiently boiled: else will it be all candye and no Syrupe While it is hott it must be strained throughe a fyne cleane clothe before it be putt vpp in any glasse.

Mel Rosarum good for a sore mouthe and many other infirmityes.

Take a pinte of Honye and a pinte of the iuyce of red Rosiaues, clarefye it with the whites of Egges, and when it is well incorporate togeather keepe it for your vse.

A Searclothe good for all Itches and Bruses it being applied presently vpon the hurte It is a very good Salue for any greene wounde or olde Sores Sauinge the Poxes

Take of Rozen of the best called Frenerozen one pounde, as much of Frankenscence of Olybanum two ounces, of yellowe waxe a quarter of a pounde of Mastick 2 ounces of Stagges sewett a quarter of a pounde: Bonet the Rozen the frankenscence and Gummes into fine powder, boile them altogether in a gallon of white wine vpon a soffe fyer till they be all moulten, then take it from the fyer and putt into it 3 quarters of a pounde of Venousite Venice Turpentine. Stirr them all well together then strayne it throughe a course thynn canvasse into an Earthen pann lettinge it stand 2 daies, then cutt it in peeces the length of halfe your hand, and the breadthe of 2 fyngers: worke these peeces drawinge them in lengthe till you thinke they be well mixed then lay the peeces a-gayne in the wine wherein they were Sodden, and vse them thus three daies together then make them in roles betweet your handes annointinge your handes with Butter and so keepe them to your vse. Sometime spin when you haue occasion to vse it vpon tawed Sleeves synnes vpon the flesh syde and applye it till it fall of And for a woundes sprinkle it vpon clothe and dryes not the wounde often.

A Searclothe for the Spleene or Stitche or wounde in the Bodye. It is good also to stanche Bleedinge.

Take greene Pitche melte it in an earthen pott, and putt no lyquor

or other thinge to it. When it is thoroughlye moulten then with a flatt spunche sticke spreade it upon leather and applye it To stop Bleedinge lay the Plaister upon the Reines of the back and betweene the Shoulders up to the necke. And for the Spleene laye it upon the lefte syde.

A Salue to heale a Canker Sore.

Take three good handfulles of Matfellon, so much of Scabious the like quantitye of Selfeheale of Plantyn so much, of Weybreade otherwise Ribbwore so much. Chope all thes together and stampe them together with Butter out of the Churne not salted nor washed so as you may make it up in greate Balles Then lay them for the space of 12. dayes in a lowe Seller where they may rott then boile them and when you see it looke very greene strain it and putt it into an Earthen pott and keepe it for your Vse. And when you will vse it Take so much lynt wch must be drawen and not scraped and make it so brade as it may couer the Sore and fill the wounde, spreade it very thicke with this Salue and lay it upon the Sore dressing it once in 24. howers And every nynthe day you must take freshe Chese cardes, wringe out the whaye and lay them to the Sore without the Plaister for the space of an hower and plucke it awaye so dainelye and it will drawe wormes out of it Then dresse it again with the Salue till it be whole.

A Salue to cure every olde Sore and to take out broken bones.

Take three handfulles of Sage the like quantitye of Rhue chope them.

them smale, then take 3 slyces of yrollowe rustye Bacon the slyces so longe as a mans hand, Shreade the Bacon very smale by itselfe and shredd the hearbes also by themselues then putt them together and stampe them till it come to be a very fyne Salue, then putt to it the yrolkes of 4. new Laid Egges and about 4 spoonefulles of whatten flower, and so much Honye as may make it somewhat thynn, and stirr it wellll together and putt it up in a Vessell fitt to keepe it. And when you haue occaston to vse it Take so much lynt drawen and not scraped and make thereof plaisters to couer the Sore and spreade it and applye it as before shiftinge it once in 24. howers The best tyme to make this plaister is in the monethe of Maye for all the yeare.

A drawinge and healinge Salue for any Sore.

Take halfe a pounde of waxe as much of Sheepes tallowe fynelye tryed, so much of Rozen. Melte all these together in a Vessell, and when they ar moulten putt to them of Hoggsgrease or clarified Butter without Salte the quantity of a greate Apple, then take it from the fyer and add therto two ownces of Common Turpentine then strainе it into a Vessell with colde water and make it into a Cake and so keepe it to your vse Make plaisters therewith and applye it to the Sore. If the Sore be very olde putt into this Salue so much Pitche as a greate Wallnutt.

A Salue to heale and skinn a Sore that is full of water and runneth muche.

Take of Rozen a quarter of a pounde as muche of waxe, halfe so much of Sheepes tallowe or Beares sewett Melte all these together

and putt thereto of the Ointement made of St Johns woorte, or of the Oyle the quantity of a quarter of a Pounde or more, and one spoonefull of Turpentine. Myngle them well togeather, and stowme them into a Vessell with water and make it in a Caake and vse it as neede shall requier.

A Salue for all Soores to be made onlye in Maye.

Take a pounde of Waxe as much of Rozen as much of Sheepes tallowe well tryed, a greate handfull of Sage, so much of Docke Leaues, so much of Smaleage two handfull of Woodbynde leaues one handfull of Valerion as much of Plantyn. Chopp all these hearbes, and when the waxe Rozen and tallowe ar melted vppon a soffe fyer, putt in to them the hearbes and lett them so Soake vppon the Embers an hower. Then boile them vppon a soffe fyer vntill the Salue looke greene, then strraine it into a Vessell of water and make it vp in rolles workinge it well and so vse it as neede shall requier.

A Salue called Gratia Dei.

Take halfe a pounde of Rozen so much of Sheepes tallowe. Sett them vppon the fyer with a quart of fayre water and when it is melted putt into it of Barrell Soope halfe a quarter of a pounde then lett it boile well the space of halfe a quarter of an howr and strraine it into a Vessell of colde water. Lettinge it stande one daye and a nighte, then worke it vp in rolles. And if you will haue the flesh to growe in the wounde boile in it three good handfulles

handfulles of Milchowles or Milchowes chopped and stamped and soile it till it looke greene. The Soope muste be putt in after all the hearbes.

A Salue to cure the Byteinge of a Dogge a Frogge a Horse or a Man.

Take a great quantitye of the Leaues of Ragwoorte called otherwise Fowlewoorte or Carpenters woorte. It growth in the feelder and beareth a yellow flower on the toppe somewhat like to Tansye growinge highe and hath a ragged leafe) Choppe them very smale and temper it with a pounde of freshe Butter and make it like dough, then stamp them well togeather and boile it in a Skillett vntill it do looke very greene, then strraine it into a Vessell and keepe it for your vse. And when you do vse it take of drawen Lynte accordinge to the wounde and lay it thicke vp the Salue and lay the Salue very thicke vppon the Plaister dresse it thus once in 24. howers, and it will heale it in shorte tyme.

A Soureclothe or Salue good for the Syatica.

Putt to a pounde of waxe the Iuyce of Margerum and redd Sage of eche six spoonefulles of the iuyce of Onyons two spoonefulles of Frankincense, Nuttmegges Cloues Mace and Annyseedes of eche a penny worthe and applye it vppon Leather.

A Salue to heale any olde Soore, and is good also for the Syatica.

Take a quart of strange ale and boile it vntill it do come to a thicke Salue, then apply it to the Soore as you woulde do an other Salue. And for the Syatica putt thereto grosse Pepper and sprrade it vppon leather and lay it to the place greeued, and lett it lye vntill it do fall of.

A Water and Treate approued to be soueraigne good for any newe or olde Sores.

Take a quart of stronge Ale or for defaite thereof as much Beere sett it on the fyer and scum it Putt into it as much Allome as a crabb and 3 or 4 spoonfullies of Honye and after it hath boyled well together, and is scummed putt thereto a quarter of a pounde of Madder, and breake the clottes and stirr it Well while it do boiled to a Syrype so strainge it, and putt it in a Stone pott or Bottell and when it is colde stoppe it close Worme a litle thereof in a Sawcer when you do vse it.

The makinge and vse of the Treate.

Take one ownce of Frankensense two ownces of Dtaves sewett 4 ownces of Waxe 8 ownces of Rozen. Molte your sewett waxe and Rozen together vpon the fyer and when it is well moulten beate the frankensense and putt to it and loff all molte together When the beate is a litle past heynge first poured out) putt it into a Bole of faire Water, keepinge the scum back with a Winge and poure it softelye that if there be any drose in the bottome it may stay behinde Then worke it well in the Water one houre at the leaste and so make it Dropp in rolles And for any Sore spreade it vpon a clothe and if there be any occasion to tent the Sore make tentes of the Treate so spreade dipping them in the Water above written and lay a Plaister of that Treate ouer the tent And if it be a deepe Soore washe it with the same water and dipp lynt in the Water and putt it in to the Soore and lay a Plaister of the Treate vpon it pricked full of holes Euerye other day will be sufficiente to drose it.

A Salue to clense and heale all manner of greene Wounde.

Take Venice Turpentine washe it well with redd Rose water and when the water is cleane taken awaye putt to it the yolke of an Egg and a very litle Saffron, and the weighte of 2 grouines of redd Mercurye precipitate. Spreade this on a Plaister. Then take Mpl Rosenum and oyle of Roses and dipp lynt in it and applye it to the wounde and after laye the Plaister vpon that and so drose it Dropp.

A Salue for any wounde caused by Gunshott.

First if by any meanes you can gett out the Shott, but whether you can or no drose it in this manner Take a pinte of Venice Turpentine, as much of the Oyle of Lyngeede a quarter of an ownce of Verdegrease beaten into fyne powder. Lett these boile together one warme then strainge them and putt it vpp close and vse it thus Worme it and dipp lynt in it and so applye it to the wounde and besides poure some of it warmed into the Wounde But for any manner of wounde in the Heade Take a quantitye of Eguauite and putt into it Sugar and therewith thoroughlye washe the wounde and stoppe it vpp with lynt dipped therein And drose it thus once in 24 houres.

A Salue good to cure any Burninge or Scaldinge.

Take a good quantitye of greene Iuye Stampe it well, then let it boile in a sufficient quantitye of Dtaves sewett ouer a softe fyer vntill it looketh blacke then strayne it and keepe it in a Caske as longe as you please When you will vse it melte a litle in a sawcer and with a feather annoynte the place.

The makinge of the greene Salue.

In Maye or June gather these hearbes followinge Plantyn Rebb-worte Vervan, Bettonye Egrimonye, Burnett Muggworte of these one good handfull, gather them cleane without duste for they may not be washed, Shridd them smale, after stampe them vntill they be like a Salue, then boile them halfe an hower in a pottell of good white wine, then straine the lyquor and wringe the hearbes as harde as you can out with it after wch lett it boile a warme or two then take it of the fyer and putt to it these thinges followinge Take one pounde of Rozen as much of Turpentine three quarters of a pounde of Waxe and one ownze and an halfe of Mastick the mastick must be beaten into fyne powder. Lett these thinges be moulten in a skillett after straine them into the aforesaid lyquor, then lett it boile altogeather till it be very neare enoughe then poure into it a Pottenger full of the iuyce of Persely and stirr the pann wth a good stick as fast as you maye this iuyce beynge so poured in, lett it have a warme or two after and so take of the pann and stirr it continuallye till it be so colde as you may worke it vp in rolles and so keepe it all the yeare cleane from duste This Salue is very good for greene wounde and old Sores It will bothe drawe and heale.

A speciall good doble Searecloth to shinn and heale.

Courteous Deffinitiy Searecloth

Take halfe a pounde of Deares sewett as much of Maye butter, and a quarter of a pounde of waxe When those ar well moulten put to it halfe a pounde of Lapis Calaminaris beaten and searzed When it hath boiled a little space take it of the fyer and lett it run through a thynn

a thinn clothe, and then dipp your clothes into it and strooke them smoothe and when they be colde stike them to make them more smoothe.

A very good Searecloth for all manner of greate sores any Burninge or Scaldinge or to aswage the Heate about any Sore.

Take of Deares sewett, of Maye Butter Capons grease Syle of Bores Honnye, Waxe Tallome and redd Rose water of all these a prettye quantitye accordinge to discretion Add to all these a quantitye of the iuyce of Horseblocke, sett them on the fyer and lett them boile togeather a quarter of an hower or better Then straine it through a cleane clothe and after dipp your clothes into it and smoothe them well with your handes againste the fyer and when it is colde folde it vp and keepe it for your vse One Searecloth will serue 4. dayes if you wipe it cleane it cleane every daysinge and lay on the others syde.

A water and Salue to close a cutt.

Take 2. handfullex of Sallendine as much of Sage as much of Honny suckle leaves with flowers and all, a quart of Honnye, 2. pounde and an halfe of Roche Tallome, and one ownze of graines. Stethe all these togeather in running water from a gallon to a pottell and then lett all run throughe a strayner into a vessell in wch you meane to keepe it and for the Salue Take a quantity of Rozen and a greate quantitye of Sheepes sewett clarified Setth them both togeather and skum it well, then take it from the fyer, and sett it by vntill the heate be aswaged, and then putt it into a paile of water and temper it therin It skilleth not much, what Salue be laid vnto the wounde, if you washe it with the aforesaid water for the Salue dothe but keepe it suggle.

A Tente and meanes to cure a Fistula.

Cutt a peece of Lawne byas or ouertwharte that may be fitt to make a tente accordinge to the deapthe lengthe and widenese of the Sore, then melte a little Rozen proportionable and therin dippe the lawne and make it Dry in a tente Then take of the younge Sprigges first growinge after an Oke hath been felled, and make them as it were into Charcole wch you may doe by wrappinge it in a paper, and layinge it in hott Embers. Beate these Coales into fyne powder searze it and mixe and temper it with a conuenient quantity of Frogges grease, and Stirre the tente slightely through it and so applye it to the Sore as speedely as you maye because otherwise the heate of the Body will cause the tent to become liquide and lose stiffe. And withall once in 7 or 8 dayes you must vse a Corrosiue in this manner Take a pretty quantity of redd Mercury and beynge in powder putt to it so much good Aquauite as will moisten it well but not so much as the Aquauite do floote or swymm ouer it Then sett the Aquauite on fyer and let it burne as longe as it will When the Mercurye is so burned, it will take a darkish colour and the force of it wilbe somewhat qualefyed, then washe it in Plontyn water dryye it make it into powder searze it and strowe thereof on the tente for the space of an Inche or accordinge to discretion, and minister it speedely as before You may geuer the tent and sore with a plaister made of any good Salue for that it will not be otherwise vordiable then to keepe in the tent This hath been approued.

For any Scotche or Cutte.

Take the yrolke of an Egge Wheate flower, and English horny boate, these togeither, then putt thereto the iuyce of Wilde Dasyes Leaues and roots boyled washed and againe Well dryed and applie it to the Sore chaunging it euery 24 howrs.

Paracelsus his plaister called Emplastrum Epidictionum Paracelsi, good for many diseases mentioned vnderneathe.

Take of these fower Gummes that is to saye Galbanum, Opoponax of eche an ownze Armoniacum, Bedelium of eche 2 ownzes let them be beaten very smale, and put them into an Earthen pott loaded or glazed powring vpon the same very good Wine Vineger and let them so remaine 24 howrs Then boile them in the same Vineger vpon a gentle fyer of coales that the gummes may melte, and when they be thoroughly moulten poure out the same hott into a bagge and wringe or prese well the same, that they may be well clensed from the dregges wch dregges must be cast aways. Take the said lyquor so strained out, and let it boile in a pott vntill the Vinegar be all sodder aways and vtterlye euaporated, and in the boilinge you must continually stirr it without ceasinge least the gummes be burned, keepe this very clenne and close couered that nothing fall into it. Then take Oyle Olive 2 pounde new Waxe halfe a pounde and let them be put into an Earthen pott well loaded or glazed, such a one as is of sufficient bignesse, set the same ouer a fyer of coales and let them melte softelye and by leasure at the lengthe put into it Lithargi beaten into very fyne powder a pounde and an halfe, Stirringe it continually with a sticke or a Spatula or such like vntill all these be well and thoroughlye

mixed togeather, and the matter be of a tawny colour. Then take of the foresaid gummes that were first boiled the quantitye of a Nutt and put it into the same matter, and so by litle and litle put into it such a like quantitye of the said gummes till the said gummes be all so put in and be well mixed and melted with the other things. And you must take heede withall least the matter be ouermuch melted and do boile ouer into the fyer for it is very hott of itselfe. Afterwardes put into it these thinges followinge: Take of the two kindes of Aristologia rotunda, Calaminaris, Mirre, Frankensense, of Euery of them an ownze: Beate them into very fyne powder and put them into the said matter, and poure vpon the same an ownze of Oyle of Bayes, and lastly put therin 4 ownzes of pure and fyne Turpentine. Let them boile and stirr them about continually with very great diligence. And when you will knowe whether it be well and sufficiently sodden Put a litle thereof into colde water and if it be so softe that it cleuee to your fingers, then it is to softe and therefore let it boile longer vntill it be very well boyled: and then at lengthe take it from the fyer and poure it into a greate Bason full of water. And when it is well cooled that you may handle it with your handes, annointe your handes with Oyle of Camomele or oyle of Roses and kneede it well with your handes three or 4 tymes till an howre be past euery tyme that is 3 or 4 howres, and so lay it vp in a cleane vessell and it will continue good aboue 50 yeares, and be then as medecinable as it was the first day it was made. The vertues of this Emplaister by Paracelsus ar innumerable. It is good for olde and newe Sores, it dryeth, it cleanseth, it breedeth good fleshe, It confirmeth it, comforteth, it healeth more in one weeke then many other in a whole monethe. It will not suffer any Soore to putrifye or corrupte

or any

or any deade or euell fleshe to grow. For Synewes cutter bruses or prickes of a Thorne and such like, it is most excellent. It drayweth out of wounde Iron, Weale or Leade and other such like, if you do but laye it therron. It cureth the bytinge of venomous Beastes, it causeth all kinde of Imposthumes and Biles to breake and rypen beyng layed therron, and it is most soueraigne against a Canker or Fistula, the Shingles St Anthonyes fyer, and also a speciall and present helpe to asswage all kinde of paines and Aches and for all kinde of wounde. It hath been exprienced to be a singuler and greedye helpe for bonne out of ioynte so that by layinge one or two plaisters or 3 at the most in 14 dayes armes out of ioynte have been healed so that the parties have had no paine nor weakness after. Also it is good for Poynes or thrustes, but you must not teare them excepte they matter before the plaister be laid on, only lay this all ouer it, and 2 plaisters commonlye ar sufficient to heale any Sore or swellinge. But if the deade fleshe be in a soore before the plaister come at it, it will not destroye it nor plucke it out, but if it bynde pone there it will not suffer any to greede. When you lay vp this Plaister wrappe it only in paper or leather or bothe for it will keepe it the better from ouermuch dryinge and laye it out of the Sonn and winde. ∞ . ∞ . ∞ .

A speciall good Searclothe of excellent vertue as after appearethe. ∞ Mr Tayler. ∞

℞. Oyle Oliue lib. j. ℞. redd leade lib. ß. White leade ℔ vij. Castle Soape ℔ iiij Oyle of Bayes ℔ ij. Put your oyle Oliue into a pipkin addinge therto the Oyle of Bayes and the castle Soape. Set it ouer a very gentle fyer of Embers vntill all be well melted togeather, then strowe into it a litle of the powders of the redd and white leade beynge mingled togeather, still stirringe it with a greate splatter of wood, And so strowe in more of your leade by litle and litle vntill it be all strawed in. Stirr

it continually at the bottome for an howre and an halfe, then make the fyer somewhat bigger, till the reddnesse be turned to a graye colour, but you must not leaue continuall stirringe of it vntill the matter be turned into a perfect black colour as Pitche. Then drop a litle of it vpon a woodden trencher, and if it cleaue not to the fingers nor to the trencher it is enoughe. Then take Longe lynnen clothes and dipp them therein making Searecloth, the vse wch will keepe good 20 yeares. Let the powders of the leade be searced most fyner and shridd smale the Sope. The vertues of this Searecloth are these. Beynge laide vpon the Stomake it procureth an appetite and taketh away any paine in the stomake. Laid vpon the Bellye it is a present reamedye for the Collicke. Laid to the Reynes of the Back it is good for the Bladdye Fluxe, the runninge of the Reynes the heate of the kidneyes and Weakenesse of the Backe. It healeth all swellinges and Bruses, it taketh away Aches, it breaketh Pellons and other Impostumes and healeth them. It draweth out any running humor without breakinge the skynne. Beynge applied to the fundament it helpeth any disease there. Also it careth olde Sores. It will asse 6 howers tyme to make it well.

A Salue to heale a smale cutt.

Take of Serpentes tounge 2 handfulles or 3 (for as much as you please accordinge to the quantity you meane to make of Salue) take as much of Valerian, halfe an handfull of Capons feather otherwise called Settwell, as much of Dithander leaues, as much of the leaues of Holde me to you, as much of the leaues of Groundsylle and the like quantitye of the leaues of Coue in idlenesse otherwise called Pamphletes. Choppe all these verye smale and take such a quantity of

butter vnsalted and vnwashed as you shall thincke good and the like quantitye of Virgine Waxxe or rather more that the Salue may be the more thicke and stiffe. Put all togeather, and boile them vntill such tyme as the hearbes be very well sodden then strayne the same and it wilbe a perfect Salue.

An approued good Medecine or Water for any Sore. Dr. Parrett.

Take Boile armoniake 4 ownzes Campher one ownze white Coperose 4 ownzes. Boile your Coperose and Canfer togeather in a litle black pott vntill they become water, stirringe them togeather till they be come hard in seathinge. Beate them in a Morter. Then take the Boile armoniake beate it to powder by it selfe, and mingle them togeather, and keepe your powder in a Bladder. When you haue occasion to vse the water take a pottle of runninge water and set it on the fyer vntill it doth begynn to seethe. Then take it from the fyer and put 3 spoonefulles of the powder into the warme water and put the water into a glasse, and let it rest till it be cleare in the vpper part, then take the clearest of the water and washe the Sore therewith very warme, and lay a lynnen clothe wett in the same hott water 4 doble vpon the Sore, and bynde it fast with a roller and keepe it warme. Doe this euenynge and mornynge.

A Searecloth for an olde sore. Mr. Heathe.

Take halfe a pinte of oyle Olyue, a quarter of a pounde of rodd leade. Boile them togeather, and stirr them vntill they be blacke then take it of and put thereto as much Stone pitch as a Wallnutt and the like quantitye of Deares sewett. Stirr them well togeather vntill bothe be moulten, then dipp a lynnen clothe therein and make thereof a Searecloth.

A Sarcclothe good for any swellinge or Ache.

Take a pounde of Frankincense halfe a pounde of Bozen a pounde of Pitche, halfe a pounde of waxe as much of Deers sewett and for want thereof as much of Sheepes sewett and a quarter of a pounde of Turpentine. Melte them togeather and spreade them vpon a lynnen clothe plaister wise.

An approued good Medecine or water for an olde Sore.

Take a quart of white wine an handfull of Honnysuckle & leaues as much of groundeIuye as much of Plantyn leaues and a peece of white Copperose of the quantiye of an Hasell Nutt put these into the wine and sett it on the fyer in a skillett and let it boile till it come to the quantiye of a pinte and an halfe, then strraine it throughe a faire clothe and so put it vp in a glasse, and wash any olde Sore therewith twice a day with a faire lynnen clothe, layng a clothe wett in the same on the Sore and couer it with a bladder to keepe the clothe wett This hath ben often experienced to be a very soueraigne Medecine for an olde Sore that is not in smale deepe hooles.

An excellent Salue or Plaister for an Ache or for the swellinge of an Aque.

Take halfe a pounde of Beares grease and a quarter of a pounde of newe yeollowe waxe and melte them both togeather, then take an ownze of good Camphore as smale beaten as you can. Put it to the rest and stirr it well togeather, and let it stand vpon the hott coales a prettye while, but haue care that it boile not much

then

then strraine it into some Wodden vessell and keepe it till you haue ocasion to vse it, and then it must be spreade vpon a thick new lynnen clothe, as thynn as you can, and layd to the place greued.

An Ointement good for all Aches Bruse and such like prescribed by Mr Burton.

Take Bay leaues, Rosemary, Margerom Pellitary, Sage, Daysies, Oake of Hierusalem, Rue, Sanicle, Redd & white Rose leaues, Clarye of eache two handfulles Item flowers of Sauander comoun Wormewood, Hermodactill, or Water Roses of each fower handfulles Item of Settfoyle yarrowe, Hyssop, Tansey, Hecoste of eche one handfull. Item of Mugwort, Plantin, Egrimony, flaggs Buglas, of each three handfulles The flowers and herbes must be gathered drye and before Sonsettinge, shridd Brayed or pounded and boyled in six pound of freshe Mays Butter, the space of two howers, with a soffte fier, then straine out all the iuyce, and add thereunto of Virgine waxe one pounde; Of oyle of Oliue two ounces of pulverized Mastix fower ounces, incorporate them well ouer a soffte fier, and keepe it for your vse.

An Ointement good for the Palsye.

Take of Primerose leaues with some of the youngest leaues a great quantity chopp them smale and stampe them with freshe Hoggs grease and worke it rop into a doughe and putt it into an earthen pott Then take the like quantity of the flowers and Budds of Rosemary chopp them smale and stampe them with Hoggs grease as the other and putt them into the pott to the other Take also the like quantity of Cowslippes the flowers and budder togeather vse them in the same sort and putt them to the other and likewise of Balme of Camomile when it flowerth and of Sauander sorte when it is full blowen, of eche of these the like quantity vse them seuerally as the others and putt them into the same pott and so lett them stand togeather the space of a monethe Then boyle them vpon a very soffte fyer the space of an hower after wch straine them, and putt all into an earthen pott, and when it hath stande all nighte then make an hole throughe the Ointement, and poure the water cleane from it then melte it againe and so putt it rop into potts or glasses and keepe it for your vse It is good for the Palsye the Crampe a Cricke or any other Ache that commeth of colde so it be not in the Backe you must be very carefull not to gather your Herbes when they be wett.

An Ointement of St Johns Wearte good for all Aches, and is good cyther of it selfe or to be put in Salues for Watering Sores. It is also good for any Pricke or greene Wounde

Take of St Johns Wearte a weeke before Midsommer or a weeke after stripe it from the Stalkes, chopp it smale, stampe it with freshe Hoggs grease temper it like doughe and putt it into an

earthen pott and so lett it stand and rott the space of a forte-
nighte or 3 weeke Then boile it vpon a softe fyer the space of an
hower and after straine it and so putt it vp into a vessell and
keepe it for your vse.

An Ointement for the Colliche or any other greefe
in the Bellye or Sydes that commethe of winde.

Take a good quantiye of Broome flowers choppe them smale
stampe them with freshe grease of an Hogge and temper it like dough
and putt it vp in an earthen pott Then take of Balme and of El-
der flowers of eche of these the like quantiye and when you have
vsed them seutrallye as the other putt them into the same pott and
so lett them stand and rott togeather the space of 3 weeke Then
boile them altogeather vpon a softe fyer the space of halfe an hower
or more then take it of and straine it into a vessell And when it
hath stoode all nighte make an hole throughe the Ointement and
poure the water clenne from it, then melte it againe and so putt
it vp into a glasse or vessell and keepe it for your vse.

An Ointement of redd Roses good to cole heate in the
Breste that commeth of the inflamation of the Lunges
or for heate in the palmes of the handes or Soles of the
feete, the wch may happen by Sickenese or other wise.

Take a Bushell of redd Rose leaues clipp of the whites of them
choppe them smale and stampe them with so much freshe grease
of an Hogge as will serue to make it somewhat softe, temper it
well togeather and so putt it into an earthen pott and let it so
stand.

stande the space of 3 weeke to rott, then boile it vpon a softe fyer
the space of an hower after wch straine it and putt it vp in a vessell
and keepe it for your vse This Ointement is good to put into Salues
for Sores that be in greate heate and do burne and Lake redd.

An Ointement of the Wormes of the earthe good to strengthen
the Backe, to cole it and to take away any Aches.

Take a greate platter full of the Longe Wormes of the earthe
lay them vpon Fennell or such like to scower the space of 24
howers, then choppe them smale and putt them to a quart of Neates
foote oyle Then take a platter full beyng chopped very smale of
fresh Dasyes all satinge the roots, they must be a platter full
when they be chopped, putt them to the Oyle and Wormes boylinge
them vpon a softe fyer altogeather the space of 2 howers Then
straine it and putt it vp in a vessell and keepe it for your vse
This Ointement is to be made only in April or about Michelmas.

An Ointement of Swalloes good for the shrinckinge
of Synnowes or for any Straine.

Take of Sauander Cottone of Isope and of the runninges out of
Strawberryes of eche of these a greate handfull choppe them smale
and stampe them with a pounde of freshe Butter that hath ney-
ther been washed nor salted and stampe therewith eyghte younge
Swalloes out of the neste, puttinge them in by one and one
feathers guttes and all, and so stampe them vntill they be very
smale, then boile altogeather vpon a softe fyer vntill it do looke
very greene then straine it and putt it vp into a pott and
keepe it for your vse.

An Ointement good to heale any greene wounde. It will helpe a man that hath bruised his Stones: Put to it Brimstone and it is good for the Itche.

Take of the yellowest Docke roots beynge pithed and scraped of Enula campana roots and of Sallendine of eche of these 3 greate handfulles choppe all these together very smale then stampe them well together with 2 Poundes of freshe Vnwashed Butter then boile it vppon a softe fyer the space of an hower and an halfe then straine it, putt it vpp in a pott and keepe it for your vse.

An Ointement called Lampision. It is good to aswage any swellinge, to take away any heate and to supple any Sore that is stiffe. It will aswage a sore Brest and keept it from brekinge, if it be taken in tyme.

Take of the leaves of a Popler tree before they be gotted any bigger then younge Cocker combes, and of Smaleage of eche a great Lappfull choppe them very smale together and stampe them very well with a quart of freshe Hogges grease, then putt it vpp in a Vessell and so let it stand to rott 15 dayes then boyle it vppon a softe fyer the space of an hower after straine it and keepe it for your vse.

An Ointement approued good for all diseases in the heade that proceede of colde.

Take a greate quantitye of Lauander flowers beynge stripped from the stalkes, choppe them very smale, then stampe them well with so muche of the freshe grease of an Hogg, as will serue to make it somewhat

softe, then putt it vpp into an Earthen pott, and lett it stande so the space of 3 weeke to rott, then boyle it vppon a softe fyer the space of halfe an hower, after straine it and putt it vpp in a pott and keepe it for your vse. You must annoynte the place where your greife is therewith and also the temples of your heade the Noddle and the Nape of your neck and it will helpe you.

An Ointement to kill a Wilde fyer or any other Inflamation that commethe of a Sore or otherwise It woll heale any Burne or Scalde beynge taken in tyme and vsed as followethe.

Take of Hylehoowes the leafe and stalke so much as is tender of it and choppe them very smale, then stampe them with very thicke creame, puttinge thereto so much Creame as your hearbes will make to looke very greene, then straine it, and with a feather annoynte the greeved place therewith 4 or 5 tymes the day for the space of 2 or 3 dayes at the first and after 3 or 4 tymes the daye will suffice you must lay a good quantitye on at a tyme and lett it dry vppon layinge the newe still on highe vppon the olde, and in the ende it will growe to a thicke crustie and the thicker it do crust the better. Do this as you shall see cause, and it will kill the wilde fyer, cole any Inflamation, and is good for any Burne or Scalde beynge taken in tyme. You shall knowe the wildefyer by this It woll fall sodainelye in any part of the Bodye with swellinge and burninge and will looke redd for a daye or two at the first, and then it will chaunge to purple and will Blister and water. It doth fall most comonlye in the Legges or face. And it dothe happen oftentymes where there is no hurte nor Skynn broken.

An Oyntement for the disease called the Floxx.

Take of the yrollowest Docke roots beyng pitted two good handfulls and 3 or 4 greate Nettle roots beyng cloune washed putt these into a quantity of fayre watter wthin it dothe setthe and so lett them seeth tograther vntill the Docke roots be very tender, then take vp your roots and lett the watter run cloune from them then stamp them very smale and strayne them The iuyce thereof wilte a kinde of Oyntement wherewith annoynte the Sore 3 tymes a daye and it will heale it. Freshe Butter without Salte is very good for the same greefe annoyntings the Sore therewith You shall knowe the disease by this It rysethe like a Blister but is harde in the toppe and the oftener you doe lett out the watter the broder it will gro and will growe in the ende to a great Sore. It may be healed as aforesaid.

An Oyntement for the Stomake approued good against the Caughe.

Take of Capons grease the quantitye of 4 ownzes and of Rosemarye two handfulles Stryppinge it downewarde, stampe it smale, and putt it into the greese and lett them boyle tograther vntill it be greene. The stronger it be of the Rosemarye the better it is When it is readye to be strayned putt in halfe an ownze of the powder of Mace very fynely sourzed. Then lett it be strayned, and vse it to the mouth of the Stomake warme.

A special

A special good Oyntement called the greene Oyntement

Take a pounde of Sage a pounde of Lead halfe a pounde of Wormewoode halfe a pounde of Baye leaues they must be chopped and weyed seuerally, then take 5 pounde of Sheepes sewett purely tryed and mynced two handfulles of Camomele, and one handfull of Rosemarye chopped also Mingle all these tograther, and stampe them in a morter by a little at once vntill the Sewett be not seen Then take a pottle of Sallett Oyle and mingle with it and so lett it stande 9 daies then boile it with a Softe fyer alwayes stirringe it with a sticke and after it hath boyled two howers, tryed if the Baye leaues crymble like fishes betweene your fyngers, and then take it of from the fyer and straine it, puttinge into it one Ownze of the Oyle of Spike and so keepe it.

An Oyntement good to kill wormes in the Stomake, to helpe a weake disgestion and to geue an appetyte.

Take of Sotherne Woode Stearke Grynse and Wormewoode of eche a good pretty quantitye Boyle them in good Vineger vntill they be tender, then boile them a litle with a pretty quantitye of good freshe sweete Butter. Strayne it into some conuenient Vessell that the Vineger and dregges may settle in the bottome. When it is colde take the toppe and pure part thereof Putt it vp in a Boxe, and keepe it for your vse. And as you fynde occasion annoynte the Bellye or Stomake therewith and it will haue operation effectuall as aforesaid.

A special Ointmente good for children that ar weake
It will helpe those that ar elder who have bin brought weake
with Sicknesse or ar enteringe into a Consumption It hathe
bein often experienced and hath done very much good.

Take a good quantitye of Mullevne leaves, as much of Camomele
as much of Fetherfewe Shridd them but not very smale, mixe
them with a conuenient quantitye of newe Butter vnsalted from
the Horne. Sett it to the fyer, and when the butter is all melted
take it of, and let it stand and settle togeather 24 howers after
wch sett it againe on a solte fyer, and let it symber togeather
till the water or moisture that commeth from the Hearbes be all
consumed. Then strainge it throughe a thicke Canvase Strayner, putt
it vp in a pott or glasse and keepe it for your vse, and when you
vse it Annoynte the Childe from the roote of the Hayre in the
necke all ouer the Bodye vnto the knees morninges and at nighte
and continue this as you see occasion. And whilest you vse this Ynt-
ment make Brothe with Egrimonye and Romane wormewoode
otherwise called Cypresse and geue the Childe to drinke. And it
wilbe very good to geive such Childe a little Rubarbe once or twice
at first if by any mtence you can gett hym to take it.

An Ointmente good for any Letter Ringworme or
other Sarre that blistereth or watereth.

Take of the hearbe called Feltergrasse otherwise Scaldworte and
of Rustye Bacon of eche a like quantitye. Waste not the Feltergrasse
but gather it drye and pike the earthe and duste cleane from it.
Shridd

Shridd it and the Bacon smale togeather, and frye them in a fryinge
pann, till it looke somewhat dryte. Then wringe it throughe some thyn
cloths into some earthen or other fytt vessell. And as it coolesh putt
to the same of good Tarre by a little and a little still steringe and
mixinge it togeather, so much as will bringe it to the thicknesse of
an Ointmente wch you may keepe for your vse. And annoynte the
place greeued, and when the Skinn groweth harde or scurfye washe
it with the Lyquor of rustye Bacon fryed, and Plantyn Water, and
it will supple mollyfye and take away any such scurfe.

A good Ointment for Aches in the Bones.

Take Aquauite and Sallett oyle that is olde a little Parmacetye and
the youngest of the toppes of Rosemary, wch must be chopped very
smale Boile these 4 togeather, and when they ar sufficiently coolde
Lett it run beyng hott throughe a strayner and keepe it for your vse
in an earthen pott, and when you feele any paine Lett the place
be well chafed with the Ointment before the fyer and keepe it warme.

An other Ointment good for an Ache in the Bones.

Take the Oyle of Bullocke Sette well clarified and so many spoonefulles
of Aquauite as you haue of the Oyle. Then take an handfull of Ca-
momele faire washed and dried, stampe or chappe it very smale and
putt it into the Oyle and Aquauite as also the gall of the Bull
with the skinn and all, making only an hole in the skyn that the
Gall maye vsue out. And so Lett it seeth togeather vntill you
cannot discerne the Aquauite nor the Gall. Then strainge it
and putt it into a Pott or Boxe and keepe it for your vse.

An Ointement good for the Soleene.

Take greene Ashe and burne it to ashes and make strongelye and when it is cleare take a gallon of the water, and putt to it one pounde of Gilles grease and boile it togeather till one quarter of it be wasted, then poure it into a faire platter, and when it is colde take of the Gilles grease from the Lye, and putt to it a good handfull of Meleylott bruised and boile it a wame or two and then straine it throughe a thynn peece of canuas and stirr it vntill it be colde and therewith annoynte your syde as you shall see cause. And if you cannot gett Meleylott the Lye and the Gilles grease will serue.

An Ointement called Oyle of Exeter.

Take in the moneth of Maye a pounde of the flowers of Conselyppe and steepe them in Oyle Olive, as much in quantity as they may easely be laid in. Then take Calamynte Hearte John Sage Turmentill Sotherne Woode Wormewood Pennyrayall Cauander Pellitory of Spaine Peritorye Rosemary Camomele Hervyll Leaues of Laurye flowers of Lillies of eyther an handfull gathered in the monethe of June. Grynde them in a morter as smale as it were for sawce then take the flowers aboueseid and wringe them out of the Oyle with clean handes, put them in a morter with the other herbes and grinde them togeather, that doth putt them into so much white wine as they may daselye be steeped in, and lett it lye there 24. howers in a vessell close stopped. Then take the heaues with the wine and the

the Oyle of Olyue that the flowers were steeped in, and lett them boile on a soft fyer togeather, till the wine and the water of the heaues be wasted awaye (wch you may thus knowe, take a spoonefull of the Lyquor that is in the Pannes bottome, and if you can discerne no water in the Spoone it is boyled enoughe) Then take it of the fyer and caste it imediatelye into a bagge of stronge newe canuas and straine it forceablye betweene two staues. Putt it vp in a vessell of Tynn or Glasse for no other kinde of vessell will containe it so well, and keepe it for your vse. This Oyle or Ointement may be applied and will auaileable to such places of Man or Woeman as are bruised with Goutes or Palsyes. In Sommer annoynte in the warme Sonn and in Winter by the fyer. And after the annointinge laye on the place blacke woole that neuer was washed made hott againste the fyer. This Ointement is good against all manner of Malladyes that be in the Synewes by occasion of any colde and is remeadinble for all bruses of Bones and Joyntes. It must be made vp in the moneth of Juene for all the yeare after and with good keepinge it will continue good 3. yeares.

An Ointement of the Hearbe Nicoitiana, good for any Cutt or Wounde and for any Aches in the Bones. Also where the Skynn is taken awaye, it will heale.

Take in the moneth of Augustes as many of the leaues of the hearbe Nicoitiana as shall weye sixe ownzes stampe them in a stone stone morter. Then take the like quantitye of good Shooes sewatt the skinnes beynge cleane taken awaye. Mince it smale and stampe it in the morter alone, after wch stampe them well togeather

Then take 8. ownzes of the best olde Sallett Oyle and mingle all these very well togeather and keepe it in an earthen pott sixe dayes and stirr it well togeather twice a daye after boile it with a softe fyer till it looke greene, then straine it throughe a thicke Canuas and keepe it in Gallye pottes. ~ ~ ~

An Ointment for all kinde of Aches and Bruses. ~

Take a pounde of Sage leaues, as much of Ohe we haue a pounde of Wormewood and as much of Baye leaues all these purely picked and gathered in the heate of the daye, that they may not neede washinge. Cutt them smale, and beate them in a morter. Then take 3 pounde of Sheepes sewett newe from the Sheepe and when it is colde, mynse it smale, and putt it into the morter to the hearbes. Beate them togeather vntill such tyme as the sewett may not be discerned but that the hearbes and it be all one in colour Then take it out and putt it in a cleane Basen. Add thereto a pottle of sweete Oyle Olyue, and worke the oyle with your handes into the hearbes vntill it be all of a like softenesse Then putt it into an earthen pott and cover it close and so lett it stand 8. dayes, then seeth it in a faire brasse pott with a softe fyer. You shall perceaue when it is sodden enoughe by this, take a spoonefull or two thereof and putt it into a newe canuas clothe and wringe the iuyce into a Sauser and if the lyquor looke browne it is not sufficiently sodden but when it is enoughe it wilbe a cleare Ointment and when it is so sodden straine it into an earthen pott for such will keepe it best.

And.

And when you vse this Ointment after the place greeued is well chafed with the Ointment laye a warme clothe vpon the same and so continue to doe, and change not the clothe that you first laye on for any other that is cleane. ~ ~ ~ ~ ~ ~ ~

A very good Ointement for any fyne or Bruse, or for any pouse in the Heade and to drawe out a Thorne. ~

Take a litle Rozen, a litle redd Deares sewett and a litle Camphere, putt these to a litle white wine, and lett them boile on a softe fyer a Wame after all is moulten. Then straine it into white wine, and beate it till it come to an Ointment wch you may keepe in Gallye pottes for your vse. And when you drelse any Bruse or Ache, chafe it in well before the fyer. ~

The golden Oyle good for all Aches and Bruses ~ Mr Burghere.

Take of Sage, Nepe, Smallage, Lauander, Sothernewood, Wormewoode, Rosemarye, Base leaues, Rewe, Lauander cotten, Featherfewe, Lauesey, Myntes, Camomele, Thyme, Oaks of Ierusalem, Cowslipes, Pennyroyall, Dittany, Sauory, Marierum, Louage, Wilde tansey, Hope, Balme, Myntes of Romana vizt white Myrtle, Pennye leaues, Daysye leaues, Baye leaues, Dyll, of ech one handfull. Bruse them in a morter; then put them in a fyne glasse vessell and putt thereto a pottle or three quartes of the best Sandyes Oyle Olive; sett the vessell in the Sonne for a monethe, then put it out into a pann and sett it on a softe fyer and let it seeth softelye and stirr it still. Then put thereto a quart of the best white wine, and so lett it seeth softelye till the wine be wasted after wch take it from the fyre and let it coole, then straine it thoroughe a lynnen clothe and put it

into glasses and vse it as you neede. Black Snayles also gathered in Maye and put in a pitcher with baye Salte well become an Oyle, and is speciall good for Horses legges strayned or bruised, and may be applied for that purpose to anye other creature.

An Oyle speciall good to heale a smale cutt and is auaileable to many other purposes to be applied alwayes, Bloody wormes or great woundes

Take a pinte or a quarte of Sallett oyle or as much as you thinke good to make, for the same will continue good 6. or 7. yeares, then take to euery pinte of Oyle two ownzes of Alcanett roots (wch is at all tymes to be had at the Apothecaries for iij^d or iiij^d the ownze) three good handfulles of Dragon or Serpentes tounge, two handfulles of Valerion and an handfull of an hearbe called Loue in idlenesse. Choppe all the hearbes as smale as hearbes for the pott and pounde the roots as smale as other spices. That done put all togeather into the Oyle and boyle it till you thincke the hearbes sufficientlye boyled, then strayne the same throughe a fyne clothe, and put the Oyle so strained into a glasse and sett it in a place where the Sonne commeth as longe as you will. And to make it more perfect and medicinable, Vpon Midsommer Eve gather 3. or 4. handfulles of the blossomes of St Johnes warte, and with an ownze of the said Alcanett roote pounded boile them in a pinte of Oyle as before then strayne it and put it to the other Oyle and set it altogether in the Sonne. But if these blossomes be not to be had or that you want Oyle &c. or that any of all the said hearbes in the first receipte may not be gotten, the Oyle and Roses onlye vsed and boyled togeather as before will heale sufficientlye.

The makinge of Oyle of Roses.

Take Roses cut of the whites, stampe them and put them in a glasse of Oyle Oliue, so that only halfe the glasse be filled with the bruised Rose leaues. Set it in the Sonne for the space of seauen daies and then seeth them in a double vessell 3. houres, and then strayne them, and put to the Oyle Rose leaues cut and bruised as before and let them stand in the Sonne 40. daies well couered. And in this manner you may make Oyle of Camomile, Dyll Wormewoode and Rewe.

An Ointement good for the Dropsey.

Take Lauander Cottone, Holyoake, Bettany, Thyme, Isope, Sage, Lauander spike, Rewe, Camomele, shridd them smale put them in a pann and put as much Maye Butter melted to them as will couer them then seeth it a prettye while, and let them stand from the fyre 12. howers after wch seeth them againe vntill the butter be grene, then strayne it, and keepe it for your vse.

An Excellent Ointement for any Ache or Bruse comounlye called the yellowe Ointement.

Take fower pounde of vnsalted and vnwashed Butter fresh from the churne, halfe a peck of Broome flowers, as much of the yoyngest leaues or toppes of Bryers that runn alonge the grounde and one good handfull of Rosemary toppes. Stampe these in a morter and boile them very well with the Butter, then strayne it and afterwardes boile therewith a quarter of an ownze of Mace fynelye beaten, and after it hath boyled put thereto a quarter of a pinte of Aqua composita, then melte two ownzes of vnwrought waxe therin, stirringe it till it be melted, and till

such tyme that nothinge appeare eyther of the iuyce of the
hearbes alone, or Butter alone, but that all seeme one perfect
Ointement. After wch strraine it into an Earthen ~~pott~~ pott.
It will keepe good, close stopped a yeare. If any haue any
paine at the Stomake annoynte therwith and it bringe the
greate Ease with warme Clothes.

An Oyle good for the shrinkinge of Synnewes or veines swell by occasion of Feyer burninge or any other accident.

Take to eyghte ownces of the clearest Olive Oile, two
ownces of Malmesey, Boyle them togeather in an Earthen
vessell well glazed till the Malmesey be cleane consumed
Stirr it continually whilest it boyleth with some slyce or stick
eyther of Steele or Iron, and when it is colde keepe it for
your vse. And when you vse it annoynte therwith alwayes
colde, and let the Patient stretch the Synnew as much as
he can by bending it the contrary way. Do this twise a daye.

For the Scurvey. diuers medicines.

It is very necessary before any of the medicines be vsed
to take the Counsell of some learned Physition and
to purge the humour that breedeth and nourisheth
the same.

A Bagge for Ale.

Take of Wormewood three handfulles of Water
cresses two handfulles of Brookelyme two handfulles of
Rosemary one handfull and an halfe of Scurvy grasse
fower handfulles of Egrimonye of Maydenhayre of
Balme of eche halfe an handfull. Of water Plantine one
handfull and an hyffe of Germaunder and Chamepitheos
of eche halfe an handfull. Of Cychorye rootes two ownces
of Lignum Vitae fower ownces of Salsaporilla fower
ownces of Ginger three drammes. Of ynamome halfe
an ownce. Of Fumiterre two handfulles. Putt those
into a bagge of Boulter stuffe wth a Plummet of Leade
and hange it in five gallons of Ale for fower dayes space
and drinke therof.

A Bathe for the Legges.

Take of Camomele and Melilote flowers of eche two
handfulles of Mallowes and Marish mallowes of eche three
handfulles of Fumiterre flowers of Hoppes of wilde Thyme of
eche one handfull of Wormewoode. Of Scurvye grasse of
eche two handfulles of Brookelyme. Of Water cresses of eche
two handfulles. Boyle these in a sufficient quantitye
of water for a Bathe and vse it.

A Plaister and Ointment by the Prescription of Mr Fenton.

Take of Mayes Butter twelue ounces of the iuyces of Wormewoode, water cresses and Scurueygrasse of eche three ounces of Madmesse three ounces. Boyle them togather vntill the Iuyces and wine be wasted then putt vnto it of yellowe waxe fouuen ounces of Burgonye Pitche six ounces. Boyle them togather to the forme of a Plaister then putt vnto them of Juniper Berryes finely bouten three ounces and incorporate them well togather and make them into Rolles for your vse. The Ointment is the same receipte leauinge the waxe and Burgony Pitche out. And you may annoynte your legge hearowth before you vse the aforesaid Bathe.

A Iunger prescribed by Dr Chaston.

Take of wilde Cucumber roots one pounde finely bouten and steeped in a quarte of distilled wine Vinagre by the space of fower and twenty howers: of clarified Honny two pounde. Boyle them togather to the forme of a Plaister, then putt vnto it of Emplastrum Diachilon cum gummis ℥ij of Olei Drim Linacis of eche two ounces of Cummyn seede in fyne powder fower ounces mingle them well togather for your vse.

℥ij

A Drinke for the Scurueye.

Take of Fumiterre of Surueye grasse that is gotten by the Sea Syde of eche fower handfulles of water Cresses two handfulles of Brookelyme one handful washe all these and take them cleane from the water, stampe them smale putt them into a gallon of strongs Beere or Ale and lett the herbes lye in it. Drinck therof a good draughte euery morninge and fast on hower after. Take therof againe an hower before Dinner and at nighte when you goe to bedd. The more you can steer after it the better, thoughe it be paineffull vse this for a fortnighte or three weeke, as you fynde your selfe to mend, and it will helpe by gods grace. If you cannot gett greene Fumiterre wch is best you may haue of it drye at the Apothecaryes. &c.

My Lady Wimwoods pilles for the Spleen and against Melancholy.

℞. Specierum Hieræ picræ ℥ij. Galbani dissoluti in aceto ℥j. Chalibis preparati ℥s. Speciorum diacumini ℥ij. cum q.s. Syrupi Stœchadis fiat pillulæ parvæ videlicet ex ℥j. pill. ℔ xxv.

℞. Conserue absynthij, maiorane, fl. Salviæ ana ℥j. Confer. Botrios ℥s. Speciorum diagalangæ, Diambræ, radicis Iridis Florentinæ yllaeriæ ana ℥j. Loch radicis holenij ℥iij. cum q.s. Syrupi menthæ. fiat conditum ad consistentiam conserue. ℞.

The Syrup for melancholy of m^r halsy his prescription.

Take of Buglos, Burrage Balm, Bittony, Dodder, Ceterach, Endive, the tops of hops, Tamarisk, of each two handfuls. of cichory rootes of Polypody roots of each half an ounce: of Raisons of the sun stones taken out half an ounce of Lichorish one dram. of Melones, Gourdes Citrons, & Cowcumbers seeds of each two drams. boyl al these in Clarified whay, and infusion of Damask roses of each three pintes vntil fowr pintes be wasted. then strain it And to the strainning put & infuse the space of twelf howers vpon warm Imbers these things following. of Sene clensed from dust & stalkes fowr ounces. of Agaric two ounces. of Epithemum one ounce of mirabilans Indian. of chosen Rabarb, of each six drams. of Cordial flowers of each one pugil. of Cinamom one dram & a halfe, of Ginger two drams. after the infusion let it boyl a litle, the vessel being clos stopped then strain it, and put to the strainning one pound of white sugar, and boyle it to the form of a syrupe. v. a. a.

The Countes of Kent her recit for a^l consumption

Take a liue Cork, gut him, then til him, when he is almost cold chine him down the back, take out his entrals, whipe him clean, cut him in quarters, ~~strak~~ the bones then put him into a stil with a pottle of sack, & a pottle of new milk of a red cow, a pound of currants, a pound of Reasons of the sun stoned, a quarter of a pound of dates cut smal. two handfuls of pimpernel. as much of Rosmary blossoms, one handful of wilde thyme. two handfuls of Organ, as much of Buglos blossoms, as much of Burrage blossoms, one handful of fennel. one handful of parsley roots scraped & the peth taken out. one handful of Cardiff leaves, as much of Cichory leaues. two handfuls of Coltsfoot leaues. one handful of maiden haire, one handful of figges. three ounces of Aniseeds brayed, as much of licorice scraped and bruised. stil al these together, with a soft fire, putting into the

glass.

glas wherin to it droppeth half a pound of suger candy finely beaten, a book of leaf gold cut smal & mingled wth the suger candy. foure grains of ambergrece twelf grains of prepared perles, so let the water drop in upon the suger &c. mengle the strong water, & the smal together. the take foure sponfuls of that distilled water in the morning fasting and as much before supper, always shakeing the bottom of the great glas before you measure the sponfuls.

Mr^s Stafords salue for a green wound.

Take two handfuls of water Dittany, as much of Rosemary. shred them very smal one quarter of a pinte of Turpintine. half a pound of yellow wax. a quart of sallet oyle. half a pinte of white wine. boyl al these to gether til the white wine be consumed then it wil be green & com to the height of a salue.

Mr^s Stafords green salue for an old soare.

Take one handful of Groundsel, as much of howslett, as much of Marigold leaues, wipe these herbs clean, but wash them not. beat them al as smal as you may possibly. then strain out al the juice; put to it a quantity of hogges grease as much as two eggs. beat al againe and then put in ten eggs, elks & whites, fiue sponfuls of English hunny, as much of wheat flower as wil make al this as stif as a salue, stir it wel together put it up in a close pot that it take no aire & keep it for yor vse.

For a bruse in the Eye.

Take pellitory of the wal, stamp & strain it. beat the whites of Eggs to froth mingle them wel to gether, wash the soare Eye with the thinnest thereof and apply the thickest being spread upon flax outwardly to the same Eye.

A Syrup for a cold, & stopping of the breast, & the like.

Take two ounces of french barley, boyle

it in two, or three waters then into the last water put in one parsley root, one fennel root two leaves of Colts foot boyl them wel together then strain it, and put to this liquor two ounces of brown sugar candy beaten, one ounce of the syrupe of green ginger then boyl al up to a syrupe. take two sponfuls therof both morning fasting. and as mure last at night.

An oyntment to be given both inwardly and outwardly for the kinges evil for the pluresy, burnings, scaldings, green wounds, & sore eyes.

Take one pound of Venice Turpentine, wash it in plantin water first, then in damas rose water after take three pintes of sallet oyle, three pintes of spring water boat them al wel together. then set it in a pan on the fire, til it be ready to boyle then take it from the fire and skum of al the oyle & Turpentine from the water, put to it half a pound of wax first molten stirring it continually til it be ready to boyle, then put to it one ounce of red sanders beaten to pouder and stir it wel together and keep it for your use. for soare eyes put no

red sanders to it.

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