

## **A Booke of excellent medicines**

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1755

403 Medical Manuscript. A Booke of Excellent Medicines. The Medicines being proved for the most parte, as also other admirable things belonging to phisike taken out the French by the writer of this booke ; whereunto are annexed certain copies for the making of some hott waters and precious Oyles with the excellent virtues of Sage and of the Oake, clearly written MS., on 118 pp., folio, old calf, *circa* 1660

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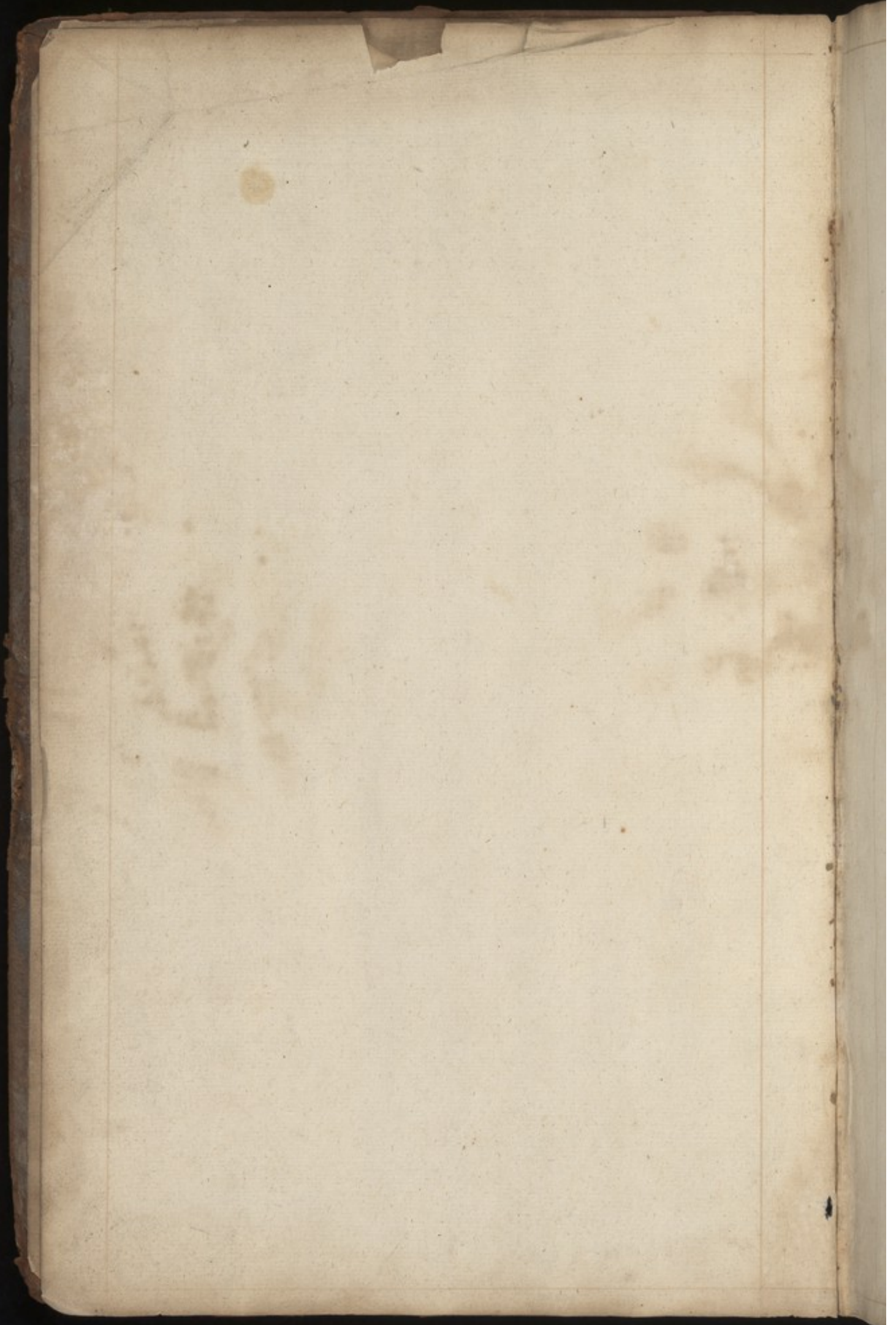
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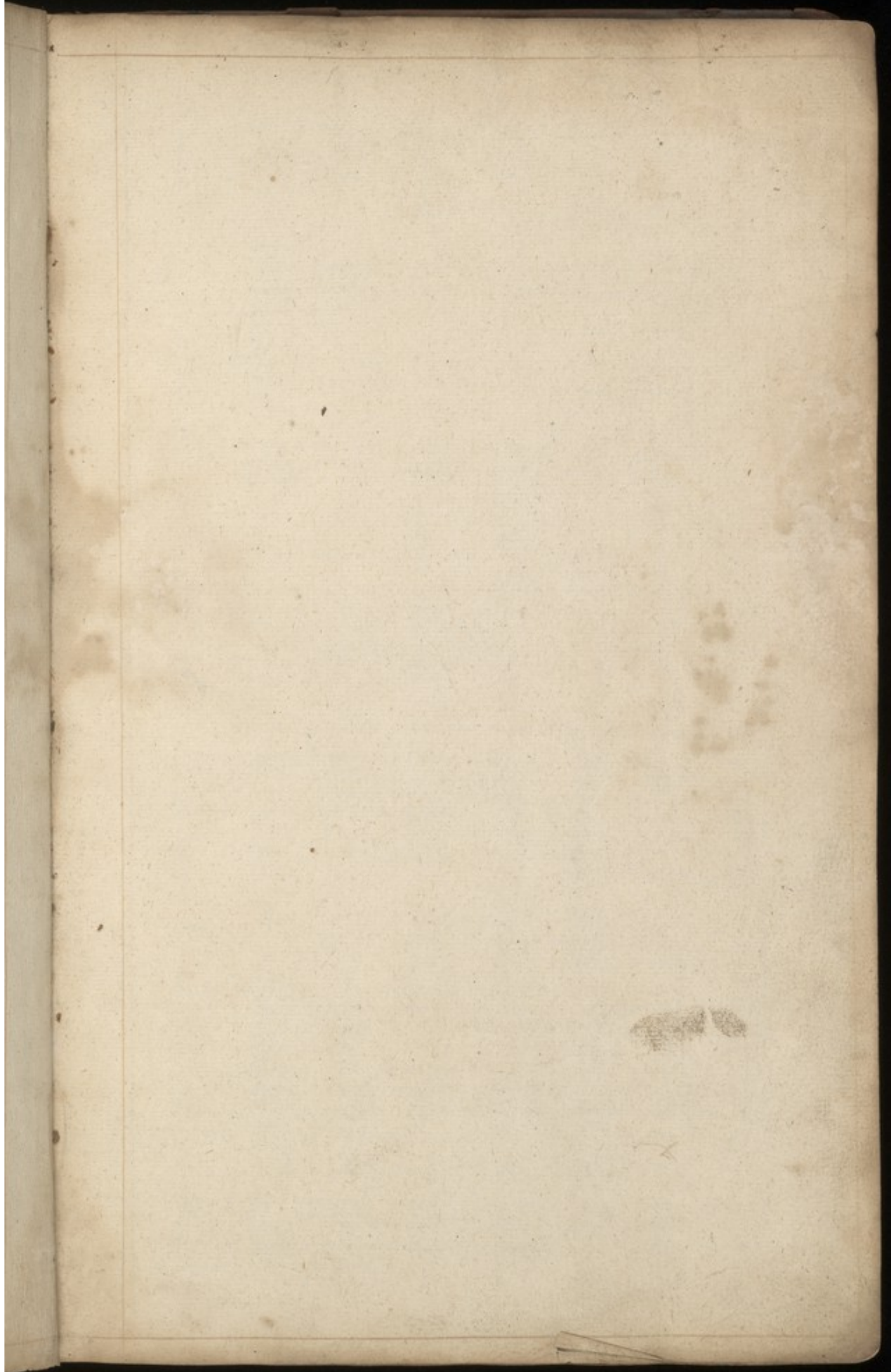
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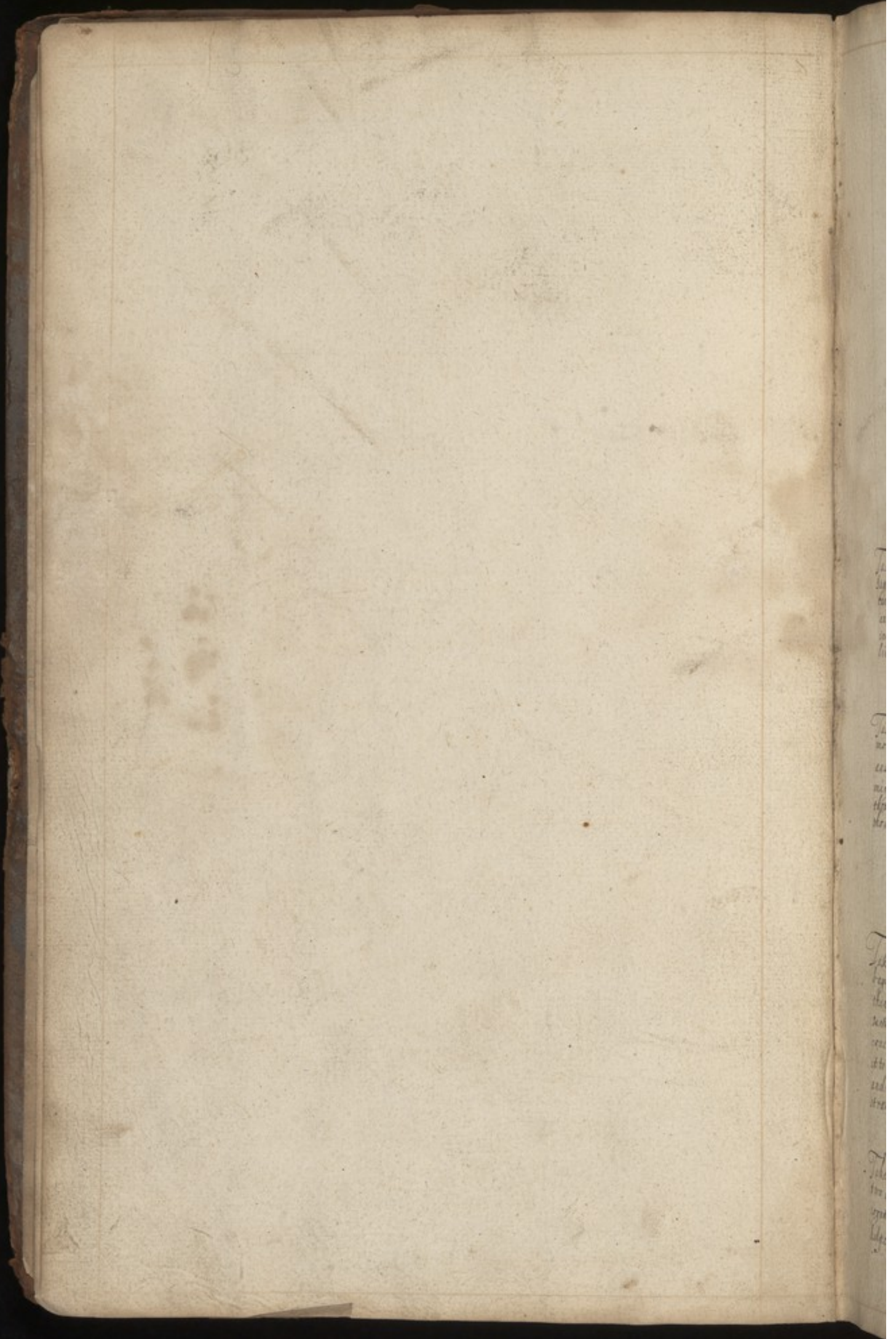
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# A Booke of Excellent Medicines Taken out of the best Written Bookes.

The medicines being proued for the most parte as also other admirable things belonging to phisicke taken out of the French by the writer of this booke.

Whereunto are annexed certaine copies for the making of some hott waters and precious Oyles with the excellent virtues of sage and of the Oake.

As also how to administer purgations, Vomitts, and the preparations pertaining to it before hand, with many things added of his own experience.

## How to make an ointment for an ache: the first booke.

Take of quicke Swallowes two or three nests, strawes of strawberries, Rose-Lauender cotton, Bay leaves, Sage, wormwood, horcheand, red nettle tops, the gall of an oxe, blacke Spratles, Oyle of Oliues a saucer full, of every one of the herbes a good handfull, then stampe them and the Swallowes whole feathers and guts - and all very small with the foresaid things in a mortar, then melt some May butter in a syring pan, and put all into the pan and fry them well together, and stirre it well from burning, and then straine it through a linnen bagg, and keepe it in some gally pott.

## To make an excellent ointment for an ache in any part of the body

Take of tyme sage hyssope the buds of each of them halfe a pound, and being clipped beate them in a stone mortar very small, then put all into a pinte of very good white wine, and halfe a pinte of sallett Oyle - and two pound of butter onely taken out of the butter milke, without washing or salted, all these being well mingled together, put them into an earthen pott, and so keepe them close covered for two dayes, then heale - then for the space of two houres with a soft fire, and stirre it for feare of burning, and while the same is thorough warme straine it, and so keepe it to your use all the yeare.

this must be made in the month of May.

## To make an ointment which is excellent for any ache of the wombe, for a bruise either of the cods or otherwise, to keale a felon being ripe to be plaistered therefore, or to keale a wound or cutt well approoued.

Take of sage, hearbe-grace, wormwood, camamile of each one quarter of a pound, of mellilott and bayleaves of each halfe a pound, two pound of suett, and a quart of salted Oyle, and beate the herbes by themselves, then mixte your suett with them, and beate them in a brazen mortar till there be no suett seene, then putt it in an earthen pott, and putt thereto your Oyle, and stirre it well together, then cover it close and stopp it with clay, and sett the pott in the ground a yard deepe, and lay a board on it to keepe the weight of the earth from hurting the pott, and being so buried fiftene dayes, take it up and put it into a pan, and scath it one hower, alwayes stirring it, then take it from the fire, and straine it into a close pott, and so keepe it.

## An excellent ointment for aches or stiffe Joynts.

Take one quart of Maluacey, halfe a pound of blacke scho that smellth strongest, two bullocke galls, two ounces of Cinnamon, heale all together till the halfe be wasted, and therewith annoynt the soare joynts by the fire twelue dayes together, twice a day morning and euening, and by gods grace it will helpe all aches. Probatum est.



For an ache in Arme or Legge.

Take Millefoyle, cinquefoyle, and a quantity of Red rose leaves, or flowers, and a quantity of honey and vinegar, and grind them small in a mortar and put thereto as much sover-leaves as a walnut and put it in a vessell over the fire and seeth it together and as hott as he may suffer it, lay it to the grise and it will helpe you.

For ache in the shoulders, or else where

Take one pint and an halfe of Oyle of Olives, camomill one handfull and a halfe, red sage, worm wood, Sutherin wood, lauraden cotton, rose leaves, lawrell leaves of each a handfull pound all and boyle it well, then straine it and use it when need requireth, and when the place is ariated lay a browne paper on it, it dissoluth wind, it digesteth humours, and putteth away ache.

For an ache in Arme or Legge.

X Take a field owle and splitt it and lay it to the place foure and twenty howers, and then wash it with warme water and so keepe it close with warme clothes, and if there arise a sore, teat it and draw it out, and so shall you be rid of the paine.

For the bone ache.

Take birdlime and spread it upon a white shepe skin, on the fleshy side, and lay it to the place where the paine is, and lett it lye foure and twenty howers, and so reave it till you have ease. M<sup>rs</sup> Nort

For an ache.

Take the inner rinde of primrose and make a poultis thereof and it will helpe you. M<sup>rs</sup> Dall

For an ache that runneth in the Joints or in the bones that is a hott Rheume.

Take comfrey leaves and rootes, and knotgrasse, and cutt them very small and braise it, and take foure or five nutmegs and slice them very small, and take twenty cloves and braise them very small, take all these and boyle them in a quart of the strongest Aleworste of the first running, and when these be boyled a little while, then take out the knot-grasse, and wring it very hard out, and throwe it away, and boyle all the other againe, till it come to the forme of a poultis or salve, and so lay it very hott upon the place that is sore, approved true.

For ache of the bones.

Take sage one pound Rue one pound red wormwood as much, bay leaves an ounce, sheeps suett three pound, of sallitt oyle one pound, chop all these very small, braise them together in a mortar and put them in an earthen pott, with the oyle lett them so remaine together eight dayes in steepethen, seeth them in a brass pott by the space of sixe houres very softly, then straine them and take out foure spoonfulls thereof, and if it be faire and greene without water then it is well, then anoint the place by a chafing dish of coales, and lay a faire linnen cloth betweene your shirt and it will helpe you. Vv.

Another for ache of the bones

- Take blacke Snayles and hang them upon a thread in the May Sun, and save the oyle that cometh of them, and anoint the place therewith very well and it helpeth. la. wa.

For ache in any place.

- Take blacke Snayles and lay them in a pott or platter, and strowe salt upon them, and there will arise a greate froth and water, take this and anoint the payne therewith. la. W.

For incurable aches in the Joints.

Take the whole hornes that a buche casteth off, the later in the year the better cast away the stampe and take nothing but the horne cutt the same in pieces then seeth them in a gallon of faire water till it be come to a pinte or somewhat more, then cast away the pieces of the horne, then lett that stand in the vessell untill it be cold, and then it will be like a gilly, and when you will use any of it warme some of it in a sawcer, and then anointe the place therewith by the fire, and it will heale it in nine or ten dayes, and this is very true. la. Wal.



To cure a greate ache.

Take night shade, and red nettles, and fry them with oyle of neates feete, and anoynte the patient therewith as hard as he may suffer it, and take a penniworth of oxiroccum and make a plaister thereof, and lay it to the griefe and it will helpe him: M<sup>r</sup> D:

For all manner of aches a roble plaister, for as soone as the plaister is on, the paine is gone.

Take unwrought waxe two pound, deere suet halfe a pound frankinsense foure poundes of cloves and of mace euoric one two ounces, saffron halfe an ounce, rozia two poundes, running pitch foure ounces melt that which is to be melted and powder that which is to be powdered and mingle them well together on a soft fire, except the cloves and mace, and saffron then take a pottle of wine, and by a little and little poure it into the saluc, stirring it well together and when it is melted, straine it into a cleane pan, then strowe in the powder, as cloves and mace and saffron, upon the foresaid stuffe, and stirre it well together a good while, and let it stand till it be somewhat cold, and so make it up in rowles, and when you haue neede to use it spread it on leather and lay it on. M: D:

An ogment for an ache.

Take two handfulls of the topps of rosemary, and a pint of the best aquavita you can gett, and lay them to steepe all night, then take halfe a pinte of sallett oyle, and three ounces of parmacity, boyle all these together upon a soft fire, till it be boyled to halfe a pinte, then straine it and keepe it for your use: l. w:

To cure the ache of the shin bone.

Take oyle of Hypericon, and make it very hott, and make embrocacion upon the shyn bone, so hott as the patient can indure it, and doo this very often: approved.

For ague aches in any place.

Take poppler buds in April when they begin to open, braise them and temper them with barrowes grease then set them into a warme oven when your bread is baked two or three times in a close earthen pott, and then in May gather wildesage, and scabious, maidenhaire, plantaine, cynth foyle, betony, ~~catu~~ tunc, mouseeare, violet leaues, braise them in a mortar and temper it with May butter clarified in the sunne, and put them in the oven as before: and then put the poppler and them together, sett them on the coales, and boyle them moderately, and then straine them, and putt them in a close pott, and so keepe it: the poppler must be twice so much in quantity as the other herbes, and so anoynte your selfe therewith: M: D:

For an ache a burne or a scall.

Take a gallon of fine sallett oyle, and putt thereto elder flowers finely pickt as many as you can steepe therein, then let them stand a ratifying the space of nine dayes, then put them into a faire vessell, and boyle them ouer a soft fire of coales the space of a quarter of an houre: then put it into an earthen pott.

For an ache and to helpe it

Take white pepper and beate it and searce it very small and rabb the ache therewith upon the paine in a hott house of stone.

For an ache

Take the thigh bone commonly called the marrow bone of a horse and take out the marrow, and try it, and thereto putt a little rosewater, then anoynte the place therewith where the ache is against the fire foure or five times and it will helpe it: approved l. w.



For an ache wheresoever it be.

Take a piece of the hoof of a horse foot, and two nutmeggs and grate them to fine powder, and put them in a quart of Ale well clarified, and seeth it to a pint and drinke of this morning and evening. approved true. l. w.

An ointment for an ache.

Take reasfoot, oyle one quart, deeres suett a quarter of a pound barrowes grease one pound, and camphire foure ounces, seeth them together a while, and then take them of, and then put one quart of aquavita thereto, and doe it in the fire a while and stirre it.

For an ache in what place soeuer.

Take oyle of venice turpentine two ounces of oyle of spermaceti three ounces of sallett oyle two penniworth, of nerue oyle three penniworth, of oyle of bayes two penniworth of reasfoot oyle clarified two penniworth, of aquavita two penniworth, boyle all together in a pewter dish beating it together with a spoon, morning and evening anoint the place grieved against the fire, chafing it with your hands.

A medicine to take away an ague, fallen into any place, or in any ache.

Take two red clothes the newer the better, make them fitt to cover your grieffe, boyle of your urine, and dipp one clothe therein, and lay it to your grieffe very hott, and as that clothe cooles lay on the other, thus doe five or six times together, keeping it alwaies moist and warme. probatum. 5<sup>o</sup> A. M.

For an ache in the knee, or swelling.

Take Rew and Louage and stamp them together, and put thereto honey, and lay it to the sore, and that shall take away both the ache and the swelling.

An other

Take bay salt well dried, beate it to powder, temper it with a quantity of barrowes grease, and anoint it therewith.

For the ache in the backe.

Take <sup>smallage</sup> ~~any~~ cgrimony and confrey of each alike quantity stamp them well together and put thereto barrowes grease fry them well and lay them plaisterwise unto the paine as hott as you may abide it.

To make an ointment for all aches, and is to be made in the month of May.

Take two handfulls of marygold leaues of mallowes of tansey of selfheale, of all alike, of yarrow of red roses, of campion leaues of plantaine, of each a handfull pound them all together and take a good quantity of May butter, seeth all these together a greate while till all the greenesse be gone and straine them together, then take as many of all these againe, and seeth them all againe in the same iuice, straine them and put thereto an ounce of waxe, and as much rozen, a little verdigreace, and sett them all on the fire to clarify them, and straine them into a pott, and so use it.

A good ointment for an ache of ones limbes.

Take a good handfull of sage as much of Rew, and make iuice thereof, as much of aquavita, and put all into a glasse, and the place by a good fire, that it may soake in, keepe this ointment well for it is very good.



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## A good ointment for all aches

Take a quarter of a pinte of sallett oyle, a handfull of Southernwood, as much of wormewood, as much of bayleaves, and putt them into your oyle being first beaten, putting thereto also the gall of an Oxe, and so much a guesrite as of the gall, and boyle it altogether and keep it to your use.

### For a bruise.

Take of pitch rozin and unwrought waxe, and beares grease or other swines grease of each alike quantity and boyle all these together in a pan, untill it become to a salve, and spread it upon a linnen cloth and lay it to the bruise, and let it lye on foure or five dayes.

### For a bruise and for him that spitteth blood, by a fall or otherwise.

Take bettony veruaine, mill foyle, cinque foyle, dayes of each alike quantity wash them cleare and grind them in a mortar, then wring out all the iuice, and put thereto as much goates milke as of the iuice and boile them well together, and let the sicke suppe thereof warme in the increasing of the moone five dayes together, and let him drinke ormond and confrey nine dayes with stale Ale, and he shall be whole. *probatum est*

### For a bruise

Take groundsell May butter honey and flower, and seeth them altogether till the butter goe from the same, take the thicke, <sup>for gnt</sup> and the other that is thicke for salve. *M<sup>r</sup> Norton.*

### For a bruise in any place.

Take elder flowers and picke them cleare from all parts saving the white, and boyle them in sallett oyle untill it looke like browne bread, and then anoynte the place where the bruise is, against the fire the space of six nights, when you goe to bed: *approved true. l. w.*

### A drinke for a bruise howsoever

Take egrimony, bettony, sage, plantaine, juy leaves, roses, parsley, and stamp them together and mixe them with wine, and give the patient to drinke thereof untill he be whole, *approved true. la. wal.*

### For a bruise.

Take camomill a good quantity, and chop it small and boyle it with oyle of roses, and lay it to the bruise. *l. w.*

### For a bruise of fingers or toes.

Take oyle of roses and the iuice of plantaine, and the whites of two egges and beate them all together, and wet a cloth therin and lay it upon it, and if there be bruised blood under the nayles, take your instrument and cutt it out and if you can: *approved true. la. Wall.*

### For to helpe an inward bruise, and for to helpe the spitting of blood.

Take the iuice of bettony, and a portion of honey, seeth these in a pewter bason upon a chafing dish of coales untill that you thinke that the rawnesse of the iuice be taken away, and lett the patient drinke of this, the fter the better, it is also good, for any cause that cometh of the lungs out of the chest. *approved true. l. wa.*

### For the soades upon the shin or wheresoever they be.

Take briony rootes and boile them in strong lye untill they be very soft, then stampe them in a stone mortar and straine them, and take of this three ounces, armoniacum one ounce, of the marrow of veale and hogs grease two ounces, sulphur visum one ounce, euphorbium three ounces, pellitory of spaine six drammes, quickerilver very well killed an ounce, make this plaster wise and lay it thereupon. *approved true. la. wa.*



A bathe for to bathe bruises, or wrinches, or broken legges, armes, or ioynts.

Take a pottle of powdered beefe brine and boyle it, and skimit, and take the clearest of it, and throw away the corruption of it, and then take one ounce of camomill flowers, and one ounce of mellilot flowers, and one handfull of oxe eye ~ and a quart of faire water, and one pinte of vinegar, then take these and boyle them altogether, and when they be boyled, take a cloth and wett in it and wring it out very hard, and lay it so hott on the sore place as the party can suffer it eight times at one dressing, doe this morning and evening, but note that the cloathes must be laid on it and remaine on it till the next dressing, so hott as may be, and bind it not to hard. approved true. l. 124.

And if that bathe helpeth not, then this will helpe presently.

Take one pinte of vinegar, and one pinte of water, and make it very hott, and wett the cloathes therein, and wring them hard, and lay them very hott upon the place. approved true. l. 124.

Inplastrum corrosivis ~ to helpe broken bones and to heale them.

Take white and red lead, and waxe, of every one of them halfe a pound, of sallett oyle one quart, white vinegar one quart, of white ceruse six ounces, make this plaister according to art. approved true. l. 125.

A good medicine for a bruise or ache.

Take three poundes of May butter, a good cup full of broome flowers, as many of honey suckle flowers, and beate them both together in a mortar, and then put them together in the butter, and lett them lye a day and a night, and straine them and anoynte your selfe therewith. M.D.

To cure a bruise that is swollen without breaking of it.

Take a rose cake, and womens milke, and warme it in a dish upon a chafing dish of coales, and lay it hott upon it, doe this often, approved true. l. 125.

For a bruise.

+ Take the powder of stone pitch, and drinke it in small drinke once every day, for the space of five or six dayes, this is good for them that be bruised by falling or other wayes. l. 125.

For a bruise, or stroke, or a fall.

Take frankincense and grind it with honey and fry it together and make a plaister and lay it there to, or wett wheatebrann in strong brine and lay it to the sore place. l. 125.

A very good drinke for a bruise.

Take comfrey, and daisy rootes, and Ale, and wett them in melme from a pinte to halfe a pinte and drinke one good draught aday three or foure dayes together.

A good cymentent for a bruise or ache.

Take one pound of sage, one pound of Rose, halfe a pound of wormewood, halfe a pound of bayleaves, choppe them small, and bruise them in a mortar, then take three poundes of sheeps suett of the newest mence, it small, and put it into the hearbes in a mortar, and beate them untill they be all of one colour, then put it into a bason, and put to it a pottle of oyle of olives, and worke it with your hands into the hearber untill it be soft, then take it and keepe it in an earthen pott close covered. S. A. M.



Oyle of swallows good for a bruisse, wriaches  
in the ioynts, or other aches.

Take Balme mariorum, bay leaues, vine strings, strawbery strings, roseleaves, mintes, wallnutt leaues, woodbine toppes, knett grasse, uarett hyssop, laueador cotton, small sage, french mallowes, ribwort, camomile, violett leaues, lauender, plantaine, germander of each one handfull, but of the camomile two handfulls, then take ten young swallows, gulche out of the nest and stampe them in a mortar very fine then take the hearbes and put them into the swallows and stampe them well together, and put to them halfe a pound of May butter, and a pinte of neates foote oyle, then take two ounces of cloves and beate them very small and put them into the hearbes, and stirre them well together, and put them into an earthen pott and cover it as close as may be with Rye dough, and let them stand nine dayes in the earth well and close layd about with earth, then take it up and pull of the dough, and put into it a pinte of sallett oyle, and one pound of waxe and cover the Pott with a dish or pottlid, then take a greate kettle of water and sett it on the fire and put the pott with all the aforesaid things into the kettle with water, and lett a good fire be made under the kettle and lett it boyle the space of an houre or more and then take the pott out of the water and sett it by the fire, and lett it boyle the space of two houres or more then straine it through a course boulder and so keepe it in a pott, and annoynt the patient with it. some rejoyce to doe appoynt that it must be bogled in the kettle or pan eight houres, and therein straine them and keepe them all the yeare.

A salve to heale any sore called  
Christopher. kitchen.

Take the whitest virgins waxe that you can gett, and melt it in a pan, then put thereto a quantity of sweete fresh butter and english honey, and seeth them together, the same being sodden take a dish of faire water and straine the waxe, butter, and honey, into the same, and therein worke it well with your hands and make it in a round ball and so you may keepe it as you will, and when it is to be laid to any sore you must worke it with your hands, then spread it on a cloth and lay it to the sore, and it will both draw and heale, this hath been found singular good.

An oynment to cleaue both new and old sores.

Take halfe a pound of turpentine and wash it well in barley water, the yolkes of six new laid egges, honey of roses foure ounces for lacke of honey of roses take other honey, barley flower so much as shall be sufficient to make it somewhat thicke like a plaister, and mingle them together, and let them not come nigh any fire.

A good oynment to cleaue old stinking sores.

Take the iuice of celandine the iuice of marsh mallowes, the iuice of plantaine, honey, the yolke of an egge of each a like quantity, mingle them together, and put to them as much barley flower as shall make them thicke like a plaister, and lett it come nigh any fire and so lay it upon the sore.

An entering salve to heale all manner of sores, and  
principally for a fresh wound.

Take oyle olive and turpentine of each a like quantity, a pretty quantity of rosemary leaues picked, boyle all these together, and in boyling put in a spoonfull of faire water and lett them boyle a while untill the water be consumed as an oynment, and when it is bogled then straine it hott and warme and lett it stand in a vessell of earth, and when you use it, heate it on the fire, and against the fire dresse the sore so that the fire may dry the oynment and if need be that there be dead flesh, lay lint in the salve, and lay it hott upon the sore and if it needs to be tented then tent it with a tent of the salve hott, and lay upon the top a plaister of what cleaueing salve you will.

A water to heale an old sore.

Take a gallon of ranning water and sett it on the fire, and lett it seeth, then take one ounce of greene copporas, three ounces of boll armoniacke, the quantity of a hasell nutt of white copporas, and grind or beate them all together adding to it one ounce of the oyle of neates foote, and putt all these together into the said water and lett them seeth all together a little while then take it from the fire, and when it is cold putt it into an earthen pott and stoppe it fast and then use it as you thinke best.



A water to wash a sore

Take rock allum and white copporas of each alike and fry them in an old pan, untill they be melted together, and when they be cold make powder of them, and then take faire water, as much as you will have of liquor and sett it on the fire, and thus scorching hott put in your powder, and when it is blood warme, wash the sore with the water, then lay a cloth in the water and being wet lay it on.

An ointment for all manner of sores  
heats, cuts, and swellings.

Take of mellilott, and egrimony of each alike, woodbine, wormwood, and smalage of each of them a like quantity, and gather them in May, and shrodd them and bray them with as much butter weight for weight as the hearbes are altogether, and then lay it in a pott and sett it by in some corner six or seaven dayes untill it be hoare or mouldy, and then frye it and straine it into an earthen pott, and when it is cold make a hole in the side or bottome of the pott that the drosse may ran out.

To skin the flesh that is raw.

Take a quart of good Ale or somewhat more, a quantity of english honey, and woodbine leaves and stampe them and put the iuice to it and seeth all till it come to a pint, and when it is cold wet a gray paper therein and lay it to the sore.

For sores and ulcers.

Take carduus benedictus and stampe them and seeth them with suett of swines grease, wine and wheate flower untill it be like an ointment, this is an excellent medicine for sores and ulcers whatsoeuer, yea though the bones were bare, but you must anoynte the sore twice a day, washing the corruption from the sore with white wine. l. Wal.

For sores or scabby places.

Take a little hariffe and stampe it and lay it in faire spring water for the space of foureteene hours, and then wash any sore or scabby place therewith, and it will heale it wonderously. l. Wa.

To heale the sores in the naturall  
places of women.

Distill in a limbecke in June the rootes of leeches, and with the water that shalbe distilled, wash the sores or ruptures, bathing therein pieces of linnen or little bags and put them into the place. approved true. l. Wal.

For to helpe soreness in the secret parts of  
women like unto the pyles when nothing else will heale it.

Take nep and stuffe the secret part full of it, and your fundament also if need be and anoynte round about it with cold ointment, doe so as often as occasion serueth. approved true. l. Wa.

A medicine for any sore.

Take sallett oyle and waxe a pretty quantity then take dasey rootes and leaves, plantaine rootes and leaves, and stampe them with crums of browne bread leuened, and boyle them all together, and stampe them a good while and then straine them all together and so make a plaister of it. M. D. care.

For a sore head.

Take browne butter, and wax, and a little lyreseed, a little populion, a little quicksilver, and a little ginger powder, seeth it a little together and stroake it therewith often, and under hold it.



For a tender sore in a tender place.

Take virgins waxe two ounces, frankincense two ounces, mirrhe and masticke of each an ounce, lycen-  
scede oyle foure ounces, fine turpentine two ounces, and seeth them till they melt, and straine them through  
a cloth, and put thereto oyle of roses two ounces, and it will both supple and heale.

To cleanse any sore.

Take an earthen pott neuer used before containing one quart or more, fill it with running water, and put  
thercin honey, spoonewort, two peaneworth, and boyle them and straine them cleane, then take two peaneworth  
of powder of verdigrease, and one halfe peaneworth of the powder of sulphure, and as much of the powder of roach  
allome put all these together in a pott, and sett it ouer the fire, and when it is scammed, seethe it with a soft  
fire untill it be wasted to a pint, then sett it beside the fire and lett it coole, and when it is cold, put it  
into a glasse, and when you shall use it to be a fine cleane cloth and lay it ouer the sore, and wet it with the  
same water three times a day, and lett the cloth continue till the third day. Then take it of and looke to  
the wound and so lay another cloth thereto, and doo so continually till it be whole, for this will  
heale and draw without any more salve winter and somer.

For an emprising sore, or inflammation, or crysipias.

Take greene oak leaues, and raw cream, and houselahe, and stampe them together and lay them to  
the sore. probatum est.

For a glittering sore.

Take clarett wine, Bolearmoniache, and wheate flower, and honey, and seeth them together till they  
come to a salve.

For an old sore.

Take white leaucaed bread and hearbe-grace and stampe each of them very fine alone, then stampe  
them together and make plaisters thereof.

For a sore.

Take harts tongue, cinquefoyle, the grounds of ale, wheate brann, and sheepes tallow boyle all toge-  
ther till it be thicke, and so lay it plaister-wise to the sore.

To heale any sore.

Take sal preparatum, clarified honey, and centory, stampe all these well together and make a plaister  
thereof, if the sore doo ranckle or imposthume stampe sorrell and honey together, and it will both  
assuage the heate, and also heale.

Another salve for all sores new or old.

Take oyle olive one pint and a halfe, turpentine one pound and halfe, rozen foure ounces, un wrought  
waxe halfe a pound, sheepes tallow foure pound, then take smallage, bugloss, ragwort, plantaine,  
and oxeye of each two handfulls, cutt all these hearbes, and make them small and sett them in  
the aforesaid stuffe, letting them boyle softly on the fire, allwaies stirring it till it be well  
mingled, and when you thinke it well, take it from the fire, and straine it through a canvas cloth,  
this salve is good for all sores.

A water for a sore.

Take raie water a quart, heate it hott, then take roche allome burnt, and beate it to powder  
and greene cooperas of each two spoonfulls, heepe it in a pipkin, and with the dearest first warmed  
wash the sore, then dip your lint therein, and lay your plaister thereon.

Another for the same.

Take sage, woodbine leaues of each a handfull, boyle it in a quart of strong Ale or Beere, and  
put to it a spoonfull of the powder of roche allome, and seeth it to a pint.

Another for the same.

Take a quart of spring water boyle it, and in the boyling put into it two good spoonfulls of  
madder, and one ounce of allome, and seeth one halfe way.

A water for all sores.

Take a gallon of running water, so much copperas as a wallnutt and being beaten small put  
it into the water heetting it close in a strong glasse bottle, when you haue occasion to use it  
wet a linnen cloth therein foure or five times double and apply it warme to the sore.



## For an old sore.

Take white sope scrape a quantity thereof into a sawcer, put to it as much deere suett, as boyle them a little on the fire, and make thereof a rowle, and lay it plaisterwise morning and evening: or take, a quarter of a pound of rozen, and a little quantity of waxe, and put thereto some Tarre, sett them on the fire, and stirr them very well together, and lay it to the sore.

## A good water for sores.

Take a gallon of faire water, of sage, woodbine and celandine of each a good handfull boyle them till halfe be consumed, then take forth the hearbes, and put into the water one pennaworth of roche allome, one pennaworth of graines, one pinte of honey, then boyle them in the water till the scumme doe arise, and keepe it in an earthen pott, and wash a new wound with the clearest of it, and an old sore with the thickest, and when you have washed it lay a plaister thereon.

## For an old sore.

Take a quart of oyle olive one pound of turpentine halfe a pound of waxe, nine ~ spriggs of rosemary, an halfe a pinte of water, boyle them all together, and stirre it well when you see it fall, and lay of it plaisterwise upon the sore.

## For an old sore.

Take two spoonfulls of honey, one of swines grease, melt them together and stirre them till they be warme, then put thereto wheate flower, and stirr it till they begin to rise, out of the vessel, and use it to all sores.

## To breake a sore quickly.

Take groundsell, and morsus diaboli and stampe them together and lay it to the sore.

## For rankling of the flesh.

Take lawrell leaves and vineger, and put thereto wheate brann washed in water till the flower be out, and then put them together in white wine, and make a plaister and lay it thereto.

## To take away the heate of any sore.

Take gods gold, and the cruames of leavened bread, stampe them together and lay it cold upon the sore. that you call gods gold is golden flower.

## For an old sore festered.

Take wallwort, waybread, selfheale, smallage of each a like quantity, stamp them together, and straine them through a linnen cloth and mingle the iuice with wheate flower, and honey, and the whites of egges, well stirred together, and lay a plaister thereof to the sore.

## For a fester or any other sore.

Take huseed and stampe it, and put thereto milke, and boares grease, and make a ~ salve thereof.

## For an old sore.

Take salt and burne it to powder, and then take new linnen cloth burnt to ashes ~ and grind them together, and put thereto as much honey, then put all these in a new earthen pott and set it on the fire, till it be burnt to white powder, and with that powder dress the sore.

## To heale a wound.

Take turpentine as much as you thinke will serue for your purpose, and put it into a dish with cleane water, then take a sticke made flat at one end and with that beate and turne the turpentine in the water till it be very white, then put the water cleane from it and put to it halfe so much yolkes of egges as is of the turpentine and mixe them well together, and minister it when you shall haue neede, put it not into any turned box, for it will soake through, you may put it into a bladder which will ~ preserve it very well.



A good medicine for a wound in the head.

Take of honey of roses two ounces, oyle of roses one ounce, mixe them together, and put it warme into the wound, with lint, and put a plaister upon it.

To make a salve to bring wounds that rancle, and ache, into their course kind, and cease burning and aking.

Take the iuice of smallage and plantain, of each a like honey and white of an egge of each a like quantity, put to these boyled flower of wheate, and stirr them well together till they be thicke, let it come nigh a fire, but cold and raw lay it to the wound, and it shall cleare the wound and ease the aking.

A plaister for a wound that will not leaue bleeding.

Take the blades of two unsett leches, and stampe them, and put thereto honey, and wheate flour, and stirr them together till they be thicke, and let it come nigh a fire but apply it cold to the wound, and it will stanch the bleeding, and draw out the bruised blood, and make it cleare.

A water to heale a wound or a cutt.

Take a gottle of faire running water and sett it on the fire, and lett it seeth a while, then take two pennyworth of white copperas, as much of bole-armoniacke, foure pennyworth of campher, and beate them together to a powder, and put them all into the water, and lett them seeth a while, then take it from of the fire, and when it is cold, put it into a glasse drosse and all, and when you shall use it, pompe a little of the clearest into a saucer, and not any of the bottome or drosse, and set it upon the coales and wash the wounds therewith as hott as it may be endured, and then take a little linnen cloth, and double it three or foure times, and wet it in the water, and lay it to the wound as hott as it may be suffered.

For a veine that is cutt with blood-letting

Take raw and seeth it in water, and stampe it and lay it to the wound, and unwashed lambs wooll and lay it upon the raw, and it will heale it quickly.

To stanch the bleeding of the master veine being cutt in a large wound.

Take a piece of leane salt beefe (no fatt) lett the beefe be of bignes to fill the wound then lay it on hott ashes till it be through hott, then thrust it into the wound, and bind it fast, and it will stanch the blood.

An especiall oyle for any wound.

Take of sallett oyle one gottle and put thereto one pound of the best white sugar in fine powder, and also halfe a quarter of a pound or less of fine powder of terra sigillata, and putt the same to the oyle and sugar, in a close stone pott, and when it is to be used, stirr it well, and take fine or six spoonfulls more or lesse as occasion requireth, and put thereto a quantity of clarett wine, warme so much thereof as you may have present occasion of, wherein dippe some flax as much as may serue to cover the wound, if the wound be deep poure some of the oyle into it warme, this oyle being very close kept may be preserued for many yeares, but if the wound bleed to stanch it take of the thickest that lyeth in the bottome of the oyle and lay to it.

For a wound.

Take hysope and stampe it, and lay the iuice into the wound and lay the stamped leaves upon the wound, and bind it fast with a cloth, and it will helpe in a short time.

For a rabbe, a pinch, or a cutt.

Take unwrought waxe and rozin shupes suett and a little honey, and sallett oyle, and clarify it together, then let it stand till it be cold, and then spread it upon a cloth, and apply it to the grieved part.

To make wound water.

Take a gallon of running water of sage celandine, woodbine of each a handfull, seeth them together from a gallon to a pottle, and cleaue them into another vessell, and sett it on the fire againe, and skime it then take a pint of honey or more a quarter of a pound of allome and beate it small and take a pennyworth of graine and seeth them together from a pottle to a quart, then let it stand till it be cold, and put it into a glasse and use it as occasion offereth it selfe.

For a cutt.

Take valerian and bruse it betwixt your hands, and then lay it to the cutt and it will heale it.



To helpe a wound, or dolour or paine.

Take the spawn of frogges keepe it in a glasse, and warme it before you use it, it will helpe any dolour or paine, and heale any wound.

To heale a wound quickly.

Take wormewood and stampe it cleane, and mixe it with dogs grease, and lay it thereupon.

For wounds made with gunshott.

is a singular remedy to heale the paines in wounds made by gunshott; and converteth the bruised blood or flesh into matter, and it is the first remedy to be used for the first dressing, and use your defension and your rowling. Take oyle of violette foure pounds, two young fatt whelps red vermillion <sup>terrestium</sup> one pound, boyle these ouer a greete fire of coals untill the flesh be consumed from the bones, then straine it, and add unto it, of venice turpentine three ounces, of aquavite one ounce.

To heale a wound in ten dayes.

Take camphor and stampe it with barrowes grease, and put it into the wound and it will heale it.

To cure any greene wound.

Take white borax and beate it to powder, and put it into the wound and bind it up very close, and you may carry it with you whethersoeuer you goe, in a little silver box.

A skinning plaister for to drye and heale.

Take of oyle olive one quart, of liturgo of gold halfe a pound, beate into fine powder and searced, two ounces of bolo armoniacke, and ceruse and terra sigillata, and lapis calaminaris of each alike, and so make it up into roundes, and keepe it for your use.

An Incarnatiue for wounds, sores or ulcers, it is the golden salve.

Take two pound of fresh butter, of waxe two pound, of yellow rozen two pound, melt these together upon a gentle fire untill they be dissolved, then straine them, after that boyle them a while, and in the cooling put therein of frankincense in fine powder foure ounces, mastick foure ounces, wheat flower foure ounces, one quarter of an ounce of saffron, each of these being beate to a very fine powder, then when it is almost cold, put in foure ounces of fine turpentine, and of honey six ounces, stirr it continually till it be cold, then keepe it for your use.

For a greene wound or cutt.

Take of valerian a good handfull, and stampe it with white wine because you may straine out the iuice, then take rozen and beate it into fine powder, and put the iuice to the rozen and let them two boyle together, then take it from the fire, and poure out the liquor from it, then take halfe as much waxe as the rozen cometh to, and sallett oyle as much as you thinke will suffice and melt them all together with a soft fire, then take it from the fire, and put thereto a spoonfull of turpentine, and stirr it together, and keepe it to your use.

A good water for any wound.

Take of the marrow of horsebones one pound, of May butter one pound, and halfe aqua composita a quarter of a pinte, of sage camomill, heart grace, southern wood, of each a handfull and a halfe, and one handfull of betony, stampe all the hearber together, and put to them the things aforesaid and stirr it well about, and boyle them to the halfe, then straine them and keepe for your use.

A water to dry any wound, or sore or shott.

Take hollwort and buckler thorne greene, and dry it, and beate them into a powder, take also celidony the rootes and all, seeth all these in water, then straine it, and wash the sore or wound therewith.



To take out a shott that cannot be found, or  
not otherwise to be gott out.

Take of white amber one ounce, the leascs of beanes, and the iuice of them two ounces, adament stone  
an ounce made into powder, blacke pitch two ounces, let them melt altogether and make thereof a salve  
and anoynte a tent therewith very well, and put it into the wound and the next day dresse it againe  
and you shall find the lead or iron before the wound.

For a greene wound.

Take a gallon of water woodbine, celondine and sage, of each two ounces choppe them and boyle them  
to halfe then straine them, and put thereto of honey one pinte let it yeth so long as any skimm doth arise  
then put in of allome millefolium and grayns, of each one pennyworth in powder, and giue it two or  
three walmes, and keepe it for your use.

To cause a man to cast blood, that hath  
bled inwardly.

Take of the iuice of nep and drinke it.

For a wound or cutt.

Sugar of alexantia made in powder, and put into a wound or cutt, doth not onely cleere and cleane  
all corruption from it and consumes all superfluous flesh or matter in it, but also heale it miraculously  
if you list you may mixe a little fresh butter therewith, whereby it will not be of the less virtue, this is a  
sure, and easie remedie.

For a gunshot.

First lay Egyptiacum, with a defensatiue upon it and after wards if the wound doe close up use a  
tent made with the pith of an elder wrang close together, then take blacke sope, the white of an egge and  
bay salt beaten to powder, but not much salt, beate these together untill they come to the forme of a  
salve, and then use it with this tent, it shall make the wound as wide as the elder pith was when it  
did grow, and after wards apply unguent tobacco, and a plaister of mellilots.

For a greene wound.

Bolle vitris one pound, vitrioli albi two ounces, terra sigillata one ounce, camphir halfe <sup>an</sup> ounce  
make them into fine powder, then take a pottle of faire water and boyle it, and in the boyling cast in  
of this powder one ounce, and incontinently put the water into an earthen pott, and stop it close  
that no aire may come in, and when you use it heate the water hott.

To take away the venome or poison from a wound made by some  
poisoned weapon or otherwise.

Take assafatida gumme, galbanum of each an ounce and steepe them in vinegar the space of a night  
then set it to the fire to dissolve, and straine it through a linnen cloth, mixed with two ounces of aqua  
tum ba silicoe and lay it to the wound and this oymtment will draw unto it selfe immediately  
all the venome and kill it so that the wound may afterward be healed as all other wounds be, if you  
can gett no galbanum, it shall suffice to have onely assafatida to draw the venome out of the said  
wounds.

An Jacarnative to heale speedily a greene wound.

Take cyle of waxe, or vesipus that is the filthy cyle that is in a sheepes flanche instead of waxe  
doggs grease one pound, halfe a handfull of wormwood, and the greene english tobacco, which is called  
yellow herbare one good handfull, stamp the hearbes, and boyle them with the doggs grease, till it be  
greene, the hearbes having lost their colour, then straine it through a linnen cloth and put to  
it the cyle of waxe a quartor of an ounce, and six ounces of yellow waxe rozen halfe a pound,  
saffron in powder two dragmes, two ounces of turpentine, and so stirr it till it be cold.

And for weeping wounds, or ulcers use your unguentum which  
you thinke best and make your poultis as followeth

Take the dingo of a stordhorse and sheepes suelt, and fine frankinsence and boyle them  
together, and dresse the patient twice a day therewith, and dresse the wound with the Jacarnative,  
let him also drinke a diet drinke for eight or ten dayes.

For a wound that is rankled or is festered.

Take one spoonfull of the iuice of nightshade, of smallage plantaine, wheate-flower and honey of each  
one spoonfull and the white of an egge well beaten, togger all these together, and boyle them till you see it  
pretty thicke, then take it up and keepe it in some earthen vessell, and lay it to the wound allwaies  
cold, being spread upon a plaister.



For a narrow small wound made with bodkin, or dagger  
Take wheate flower, put thereto white wine clarrett, or vinegar, and boyle them together  
till they be almost as thicke as papp upon a soft fire, then take it from the fire, and stir it  
well together, and in the beginning you must put thereto a little Balsamoniack, and so it  
apply upon the wound, and annoynte it about with warme oyle of roses.

A water to heale all manner of wounds.

Take one gallon of running water, one handfull of sage, of woodbine and celondine of  
each one handfull, boyle them till it be halfe consumed, then take your hearbes, put in of allome  
two penninworth, of grayns halfe a penninworth, and one pinte of honey, let all these seeth  
together till the skumme doth arise, and put it into a faire earthen pott, take the clearest  
of the water for a greene wound, the thickest for an old sore, and when you have washed  
your wound, take faire new waxe and spread it upon a linnen cloth, and lay it thereto.

Remedies for greene wounds and to stop blood.

Take copperas and bole armoniache, both made in fine powder, and mixe them together  
and lay it in the wound, and lay a defensiu upon it made of oyle, and vinegar, and bole-  
armoniache, and sanguis draconis, well mingled together in a mortar, and spread it  
upon a cloth of good breadth about the wound, and so let it lye in the winter three dayes, and  
in the summer two dayes and when you shall remoue it be sure that you have a linnen cloth  
ready dyt in wine, the wine being pressed out betweene your hands, and so laid upon the  
wound so hott as you can, and then you shall dress the wound with this balme following.

The balme to follow.

Take frankinsence halfe a pound made into fine powder, galbanum, ammoniacam, sagapenam  
sarcacolla, olibanum, sanguis draconis, verdigrise, of each halfe an ounce, turpentine two  
ounces, and oyle oliff halfe a pound, make them in fine powder, that which will be powdered,  
and dissolve your gumms in vinegar, and when your oyle is hott fylder it.

For to heale an old ulcer.

Take three ounces of turpentine washed in common water, and then in rose water, or plantain  
water, then take the yolke of an egge, and one ounce and halfe of oyle of roses, and sublimat  
halfe a dragme, mix all these together and make thereof a plaister, and lay it upon the ulcer,  
then take three parts of the oyle of roses halfe a part of vinegar, and a little Balsamoniack  
at your discretion mixe them altogether, and annoynte round about the ulcer and hold it  
not too farr from the fire, and lay to it a little double linnen with butter upon the ulcer.

A good salve to cure an ulcer.

Take two ounces of waxe, salbell oyle a pinte, boyle them till they come to a good body, then  
take olibanum, and lapis calaminaris in fine powder of each two ounces and put them to the  
waxe and oyle, as they coole with halfe an ounce of campher, two ounces of turpentine and a  
little burnt allome, boyle them not too much if you doo, they will be blacke and quite spoiled, so  
keepe it for your use.

A very good drinke for a fistula.

Take sargaperilla halfe a pound, lignum vita foure ounces, sassafras three ounces, lignum  
guaiacum fine ounces, radish rootes foure ounces, hyssop, red sage, of each three ounces  
beate all these and put them in fine running water, boyle it an houre, from two quarts to a pinte,  
and take a scrone and wash the wound with it, and to the rest that is left put a pound  
of currans in it and breake them small, and boyle it halfe an houre and more and as the  
fistula is hott put out these two hearbes sage and hisope, and put in betony and strawberry  
leaves, and also the pills of oranges, and drinke a quarter of a pinte thereof.

For a fistula.

Take a quart of faire running water, roche allome as much as an egge, white copperas  
as much as a wallnut, put them altogether, and seeth them from a quart to a pinte, then  
spout into the fistula three or foure times a day till it be whole.



To cure a fistula.

Take tanners owse, and wash it with a spring then have your tents ready, and anoynt your tent with some cold oymnt, then dip the end of the tent in greene copperas burnt use this two or three dressings or as occasion serveth then take burnt alabastr, and use it at the end of the tent, as it healeth so you may shorten the tent. It healeth ulcers also.

To make a stone to heale fistulas, hott ulcers, or wounds.

Take lapis calaminaris two ounces, allome halfe an ounce, bole armoniache foure ounces, ceruyse three ounces, greene copperas two ounces, make all these in fine powder and set it upon a fire of charcoales in a new earthen pipkin, and wet these powders in wine vinegar, and so let it boyle till it come to a stone, then use it, if it be a fistula, or alcer, put upon a little of the stone, vinegar, and if it be a wound wet the stone with white wine, if it be for sore eyes wet it with rose water, wet no more at one time then you have occasion to use.

For a fistula.

If the fistula be outward put into it the iuice of culuer foote, for it helpeth if inward, drinke it.

For a fistula.

Take whin strioll two ounces, and fine bole armoniache halfe an ounce, grind them upon a painters stone into fine powder, and then anoynt your tents with populion, and dipp it in the powder, doe this as often as you see occasion.

Then use of this water to incarnate it.

Take a pottle of faire water, twelue ounces of white copperas, and boyle halfe a pinte away, then take it from the fire and straine it, then take one pinte of this water that is boyled, and one pinte of clarett wine, four spoonfulls of the oyle of roses and put to it, and use it with a clout.

For a fistula.

Take the outward of a shoe sole, or many that be most worne, lay them in water two or three dayes, then scrape all grauell and dirt from them, drye them first in the sunne, after wards, in an oven, after the bread is drawen out for feare of burning, then take a few oaken sticks that be drye and kindle them, and when they burne, lay some of the leather soles on the fire to kindle and when they are kindled, put out the kindled leather into an earthen pan, or some other thing that will hold fire, and burne all the other sole leather into ashes in the fire, then take a fine searser, and searce the ashes from the coales of the shoe soles, saue the ashes and cast away the coles, then put to the ashes as much greene copperas unburned, in weight as your ashes, finely beate, and halfe so much roche gillome as your ashes be, and of golden coale which is to be found in the seacoale the more like gold the better, halfe so much as the allome is in weight, beate all these severally in a greate brazen mortar somewhat fine, then mingle them very well, and eueryly, then let the same be ground finely upon a painters stone made very cleane, keepe this powder wrapped close from the ayre ten weekes, before you use it, then take the cresse of the milke of one cowe, not changing the milke of that cowe so long as you can get it, take the cresse with a spoone, and put it into a cleane dish and let it stand a day or two, as you shall see the cresse thicke, then fleet it againe with a spoone, so that you take nothing but cresse, then, to euery spoonfull of your thicke cresse, put so much of the powder as will fill both sides of a hazell nutt shell, and temper it well on a trencher with a knife, make the tent almost an inch long, and dresse it with the same medicine, let your tent neuer be longer then an inch though the wound be yard deepe, it will breake it out in peeces, and search it to the bottome, especially if it hath been tented and dressed deepe before, it is a certaine remedy whether it be fistula or deepe wound, or any impostumation it will take away euill flesh, clarifie, and heale the sore, it must be dressed three times a day, but if the fistula be deepe in the flesh, then it will not breake out into parts, <sup>but</sup> at the bottome, insomuch that much matter will run out then it hath killed the fistula.

For swelling of the stomache.

Take of ashe seed, lyne seede, and cummin seede, of each a like, stamp them well together, and after they be strained, give the patient some thereof with hott water.

Another for the same.

Take of Jennell with ashe rootes, a like quantity, stampe them well and with <sup>white wine</sup> being well mixed and strained, give the patient to drinke.



For swelled legges.

Take a quantity of red wine, and crumms of rye bread, and seeth them together till it like a plaister, and as hott as the patient may suffer it lay it to his legges, upon a fine cloth, and that being done, take a fresh one, till you have taken three, and that by gods grace will helpe any man and make him whole.

Another for the same.

Take red lead, and rose vineger and oyle of roses and beate the lead fine and mix the oyle and vineger with it, and spread it upon a cloth, and apply it to the place griened.

Another for the same.

Take cowe dung, and sheepes suett, and grow owne water, and boyle it and make a plaister, and apply it to the place griened.

Another for the same.

Take strong brine and sett your legges in it over the anckles and keepe them so hott as they may sweate, the brine must be as hott as you can suffer it.

Another for the same.

Take water cresses and wash them cleare, then shredd them small and put them into an earthen pott with wine dreggs and wheate brann, and sheepes tallow, seeth them well together till they be thicke, then spread it upon white leather, that is somewhat bigger then the sore, and lay it upon the soare as hott as the patient can abide it.

For a swelling in a womans body.

Take powder of betony, and centory and drinke it in ale or beere, and if it be curable, it shall make the body small, though it be used but a little time every day.

For swelling in the throate.

Take cullarbine and steape it, and straine it, with ale, and drinke it.

To assuage a swelling.

Take faire water and salt and steepe them together, and therein wet a cloth, and lay it to the place affected.

Against a swelling.

Take one pottle of milke new from the cowe foure handfulls of mallowes two handfulls of plantaine let these hearbes be cleare washed, and the water swinged from them, chopp them small, and put them in the milke, to be sodden very tender and soft, and then put thereto halfe a pinte of english honey, one quarter of a pound of anney seedes, as much of cummin seede, foure handfulls of greato oatmeale all must be somewhat bruised then seeth them together till all be well sodden then spread it on a cloth, and bind it to the swelling all night, and if the swelling be hott, then at the first, seeth with the other hearbes a handfull of a houselike.

For swelling of the face by blast or otherwise.

Take a quantity of triacle, and a quantity of ale, and mingle them together then being warmed a little let the face be washed therewith, and so let it dry without wiping use this till the swelling be gone.

Otherwise for a swelling.

Take a pound of rice and lay it in running water all night, and in the morning put thereto a quart of fresh water, and boyle the same till it come to a pinte, then take camphire more then the quantity of a hazell nutt bruise it small and put it into the water with the rice, when it is seething, and when it is sodden take it from the fire, and straine it and lay it to the swelling, and it will ease you.



*An ointment for a heate or swelling.*  
 Take a good quantity of smallage, and mallows, and put thereto two pound of boares greace of butter one pound, of oyle of neatesfoote a quantity, they must be well stamped together, and frye them, and straine them in a carthen pott.

*To assuage any heate or swelling.*

Take a pinte of running water twelue oaken leaues, of the youngest, and as many woodbine leaues and six slaythe leaues, six branches of camomill, seeth all these till the third part be consumed, then put thereto a quantity of white vineger, or red vineger, and wash the sore withall, and lay the hearts thereon if it be swelled.

*For ones fingers when they be swollen with cold, and wax stiffe, and be sore, and do itch.*

Take one handfull of nettle rootes, boyle them in beefe broth, putting thereto one or two handfulls of wheate-brann, and being well boyled wash your hands well in it, and wipe them not, and wear your gloves upon your hands for the space of two or three houres, use it morning and evening, and you shalbe cleane whole, but you must note that your water must be as hott as you can endure it probatum.

*For swelling in the legges.*

Seeth oats in water till they be tender then let the party dressed hold his legge that is swollen over the vessell that it may receiue the fume or smoke of the sod oats, and cover the party with something that may goe downe round about the vessell, then blisters will come upon the legge or swollen place, wherout will rune much water, and corruption, after this anoynto the place with sweet butter, doe this foure or five times, or more if need require. approved true.

*For the swelling of womens bellies, that maketh them seeme to be with child.*

Take parsnip seede, and being brayed make powder of them, and with wine giue the woman to drinke the quantity of one dragme at one time morning and evening fasting, and doo the effect.

*For a swelling and to breake it.*

Take lilly rootes marsh mallow rootes, smallage camomill flowers, and mellilote flowers, fenegreek, and linseed, boyle these in white wine and milke, as much of the one as of the other and lay it too.

*For swelling of the coddys and the paine thereof.*

Take red clay, and wheate brann, and vineger and frye all these together, and lay it hott upon the coddys two or three times.

*For a swelling.*

Take smallage, and groundsell, and beate it and take the iuice of them, and deere suett, and boile them altogether, and bathe the swelling therewith so hott as it is possible, and then lay the cloth on the swelling and it will swage.

*For swollen feete,*

Take white beetes and running water, and seeth them together, and lay the same so hott as you can suffer it on the swelling.

*For the swelling of the coddys.*

Take beane meals, and temper it <sup>with</sup> vineger, and make it stiffe like past, and lay it to the coddys cold.

*For a swelling under the arme, or in the groyne to be done assoone as it cometh.*

Take stale pisse, and a white woollen cloth and stuffe it so hott as it is possible with stale pisse, and take floure milke and seeth it, and set his feete into it over the ancles, and the swelling will goe away whether it be plague or any other. prooued.

*For swollen coddys.*

Take ground Iuyce leaues, plantaine leaues, comfrey leaues, and rootes, seeth them in faire water bathe the place therewith being hott. approved true.



For swelled legges after an ague.

Take mallowes and seeth them in milke, put thereto flower or oate meale to thicken it, and put it in after the mallowes and milke have boyled a little, spread it plaisterwise upon a linnen cloth, and lay it unto the same rowled hard, and dresse it morning and evening and keepe the patient allwaies warme.

For a sore swelling in the cods.

Take comfrey the leages and the rootes, cutt them, and boile them in faire running water, and bathe the cods therewith, then make a poultice of beane flower, and rose vinegar, and apply it to the cods. approved.

For a swelling.

Take rose vinegar one pinte, white copperas, galls, bole armoniache, of each one ounce, boyle these together very well, and in the cooling put to it two ounces of white ceruse beaten very small in a mortar, stirring it till it be cold, and keepe it for your use approved.

For a swelling and paine in the legges.

Take of sweete marioran, camomill, fetherfew, of each one handfull, halfe a handfull of colenorts, halfe a handfull of mallowes, boyle them in water, and when they be boyled, stampe them in a stone mortar, put in thereto a handfull of barley meale, six spoonfulls of capon grease, and a halfe penny worth of honey, then boyle it againe with some of the broth, till it come to the thickness of a poultice, and bathe the legges with the rest of the broth. it hath bene of ten times. approved.

For a swollen yard that is sore.

Take lukeweedes, amber halfe an ounce, verdigrease one dragme and a halfe, dogs grease one pound, beate them well together in a mortar, and so anoynte the yard within and without. approved.

For a swelling in the gogge, and for an euill stomach, and for a grudging like an ague.

Take of each white wine, of each one pinte, a little saffron, two penny worth of triacle, boyle it halfe away, then straine it, and put into it one ounce of balme, a quarter of a pinte of damask rose water, a spoonfull of sallett oyle, and a peece of suger, and so brew it together, and drinke it evening and morning.

For a swelling in the legges that cometh with an ague.

Take the hearbo herbane beate it very small in a stone mortar then take barrowes grease sufficient, and boyle them together in forme of a plaister, then lay it hott upon the legges twice every day morning and evening. approved true.

To helpe the swelling of the cods.

Take beane flower and wine vinegar, and sallett oyle, and mixe them all together, anoynte the cods with it cold, and lay it on the cods plaisterwise. approved.

For to helpe a cold swelling in legges or faces, or any other place.

Take may butter, or sweet butter out of the churche, six pounds, a greate deale of the hearbo balme, and chepp it, and boyle them both together, and keepe it for your use, and make a poultice with balme and mallowes.

For the swelling of the cods.

Take aniseed fengreche, of each foure ounces, boyle them in a quart of strong ale untill they are almost drye, then stampe them very well, and put in May butter, and a little oyle of oliffe, and anoynte it with oyle of roses, then lay this salve warme ouer the cods. approved true.

For to helpe the swelling, or aching, in the hand, or in the face, or feete.

Take faire running water and bay salt, and red clay, and boyle these to the thickness of a papp, and spread it upon a cloth, and lay it hott upon the grieffe, then lay very hott clothes upon it three or foure times. approved.



For the swelling of the coddys by a bruisse or other misfortune.

Take fine beane meale a good handfull, good vineger, and white wine of each a like quantity, put them all together, and boyle it on the fire, untill it be as thicke as pepp, then put in a spoonfull of sallett oyle, and stir it together, and spread it on a cloth, and as hott as you can suffer it, lay it to it morning and evening.

For a swelling or an ache.

Take plantaine leaues one handfull, of mallowes one handfull, and a halfe, a pound of fresh butter, then chopp the hearbs small, and seeth them with the butter very well, then straine them through a cloth, and use this till the humours be dried up.

An ogyment for any swelling or sore to heale the same, it must be made in May.

Take of red sage, cammomill, rosemary topps, balme, bay leaues, plantain, rue, southerawood, fether, few and wormwood, of each a good handfull, halfe a handfull of perewinkle, foure or five pounds of boaresgrease, melted and strained, then stamp all the hearbs, and put them into the boaresgrease, let them boyle all together a good while in an earthen pott, then take a peece of white leather, and bind the head of the pott close, and put the pott with the ingredients into a round hole in the earth when the sunne may haue most force, inclose it a good thicknes in horsedung, and couer it a good thicknes with earth againe, that no wett may come to it, and so lett it stand, foureteene, or fifteteene dayes, and then take it up and boyle it againe a pretty while, and keepe it for your use.

For a swelling of the coddys.

Take of mallowes, cammomill, floweres, of each a handfull, halfe a handfull of lilly leaues, a quarter of a handfull of heabane leaues, seeth these in milke till they be very tender with one spoonfull of aniseed bruised, then straine them from the milke, and mince them small, and put thereto a spoonfull of good english honey, as much of oyle of roses, halfe a spoonfull of good vineger, and thirty raisins of the sunn, the stoness taken out, to be beaten as in a salac, one ounce of the floweres of beanes, mixe all these and make them very warme upon coales, and plaisterwise lay thereof to the place grieved so hott as may be endured. proued true.

A plaister and an ogyment for swelled coddys.

Implastrum adherniam. Herely this is the plaister, unguentum comectissa this is the ogyment approved.

For a swelling.

Take thyme unstalked halfe an ounce, treacle two ounces, boaresgrease washed in white wine, and the yolkes of two egges, and being warme lay it to the member till the swelling be gone.

A most excellent principall medicine for the mother, collick and stone.

Take fennell seeds, the coriander seeds, parsley seeds, carroway seeds, gallingale seeds, gromwell seeds, of each one ounce, the leaues and cods of Beene, a quarter of an ounce, of spikeard, of thyme of each a quarter of an ounce, take all these and make them into powder, and searce them very fine, and drinke them with good ale, or white wine, first and last, and in all manner of sauces that you eate with your meate. and this medicine hath been proued, of many.

Optima medicina for the collick and stone.

Take accornes and drye them but not in the sun, then grate them to powder as you do ginger, and drinke the powder.

For the same.

Take a roasted onyon and lay it to the nauell as hott as you may suffer.

For the same.

Take alexander seeds, parsley seeds, and bray them all together, and drinke the powder with stale ale warme.

For the stone.

Take the leaues of greene beanes, stampe and straine them with ale, and let the patient drinke thereof.



For the same.

Take barke seeds halfe a spoonfull at once, dry them on a tile stone very hott or in an oven the bread being newly drawne, and being dried beate it into powder, and with foure spoonfulls of white wine luke warme presently drinke it, and then walke upon it, and you shall make water immediately, or within a short time, after, this seed must be gathered betwene the two last or lady dayes next before michaelmas.

For the same.

Take the greatest and the biggest red onion you can gett roast it very tender, make a round hole therein, and fill the same with frankinsence, to the quantity of a wallnutt, and so hott as the patient may endure it, let it be layd to his navell, and bind it thereto with a towell or such like. this by experience hath been found very especiall good.

For the stone, and to cleanse the veines.

Take sene, polypodie, of each two ounces, the seeds of fennell, carrotway, coliauder, and iuniper seeds of each one dragme, bays berries two scruples, cypres footes, seedes of cummin of each one dragme, licorise, halfe an ounce, caula campana rootes two scruples, setwall, ginger, nutmegs, mace, galingale, of each one dragme, callamus, Aromaticus, one dragme, turbit hallow an ounce, rhubarbe one dragme, scammony one dragme, beate all these together into fine powder, and take one spoonfull thereof in posset, ale, or ce in a month, or lesser if need so require.

For the collick and stone.

Take berries, parsley seed, alexander seed, of each alike, and beate them to powder, take thereof a spoonfull at one time in hott malmesey.

For the collicke and stone.

Take the berries of haythorne, of eglatine, ashe keyes, licorise, and aniseeds, of each alike quantity make powder of all these, and drinke euery morning a spoonfull, with racked rhenish wine three mornings together.

Another for the same.

First distill one pottle of milke, and take the water that cometh of the same, and put it in a viole glasse, and when you are diseased, or at any other time put thereof eight or nine spoonfull thereof in a silver bowle, and the third part so much of white wine, and put thereto sugar and some ginger fine well beaten, drinke it milke warme in the morning fasting, and last at night and it will helpe you.

For the stone.

Take a toast of bread being browne, and a quantity of blache sope, and spread it on the toast like butter, and put it in a linnen cloth for feare of spoyleing your clothes and lay it hott to your grieife.

Another.

Take the water of saxifrago, of betony, of ramsons, of cowslippes by equall portions and mixe them together and drinke thereof first and last.

Another

Take parsley, and pellitor of the wall, of each one handfull, and put them into a pinte of white wine, and seethe all these together, straine it and giue it your patient to drinke.

Another.

Take the berries of the hipp boyer when they be ripe, and picke out the stones, or seed that is within them, lay them a drying and parche them in a frying pan, and rubbe them betwene your hands, and then the roughnes will fall from them, then fann away the dust and beate the stones to fine powder, and keepe it all the yeare, and when you be grieued, take a pottle of stale ale, and put it into a bowle, and gett eight or ten fliats, and make them very hott in the fire, and put them into the ale one after another, then scumme away the froth, this doo till halfe the ale be consumed, and then put your powder to it and drinke it.



## Another.

Take whole mace, and anniseeds, and trossys of alkahenge, of each alike quantity, beate them into powder, and drinke the powder with white wine.

## Another.

Take eight or nine cantharides, and pull of the heads, and wings, and drinke the powder of them in white wine, and if the patient made no water in a long time, this will make him piss presently.

## To cause a man to void gravell.

Take harmadactiti and they will cause you to void gravell in abundance. approved. *1. m.*

## Another.

Take the inner part or skin of heas, or capons, or both, and make powder thereof and drinke it in white wine.

## Another.

Take civett ~ soape, and shave it fine, and make powder of <sup>a</sup>nutmeggo and put them both in white wine, and drinke thereof hott. *probatum. M<sup>ris</sup>: Norton.*

## For the stone.

Take saxafrage, grommell, and alexander of each alike quantity, and drinke it with white wine, twice or thrise in the morning luke warme fasting.

## Another.

Take radish rootes, slice them and lay them in white wine, all night, and drinke it in the morning, and it will expulse the stone.

## Another.

Take powder of holland and eat it in your pottage, or in drinke, one spoonfull at once doth the like.

## Another.

Take the berries of hawthornes in the moneth of august, and eat some of them and drinke five spoonfulls of the distilled water of them at one time, with three spoonfulls of faire water warmed, and so take it.

## Another to avoid gravell and for the stone.

Take a good handfull of Jugo leaves growing upon an oake ash, or any other tree, and if any of it be fowled with birds, wipe them cleane, but wash them not, and then put them into a glasse, and put thereto a pinte of the best aquavita that may be gotten, and stopp it close, and let it stand eight or nine dayes, and then take thereof every morning first a spoonfull, and then walke after it, if you can one hower, or two, at the least, neither eate nor drinke, during the said space, and take also a spoonfull every night last to bedward, and use this one moneth, and by gods grace it will helpe you, and make you whole.

## Another medicine for the stone.

Take a good handfull of sheper trees new done, and mingle them with malmesy, and then it raise them, and put thereto the powder of good anniseed braised, and one nutmegg made into powder, and warme it bloud warme, and so drinke it three mornings together. *probatum est.*

## For the stone.

Take a pottle of ale, and three hard and greate onyons, and slice them in three picces, cuerie one of them, and take a spoonfull of good anniseed braised, and put all these into the ale, and seeth the same together from a pottle to a pinte, and so drinke of it evening and morning, and this will helpe you, but you must shake the glasse or pott every time when you drinke the same, and drinke it luke warme.



## Another for the collicke.

Take the trosses of alhakeage, nutmeggs, greate maces, anniseedes of each alike quantity, and make thereof powder and straine it with aquavite, and it will prouoke urine.

## For the stone.

Take two handfulls of parsley with the rootes and leaues, and of time one handfull, one handfull of alexander with the rootes and all, of beane cods with the rootes and stalkes made cleane, one handfull, and distill all these with an gentle easie fire, that they smell not of the fire, and this will helpe the disease without doubt, with often drinking thereof.

## Another.

Take rosemary, time, and the lights of a foxe dried, stampe them into powder, and strain them into a quantity of small ale, and being stales, drinke them of morning and evening. or take burre seede, and drinke it with ale or wine and it will helpe you. or take broome seede, bruise it and use it as you doe the burre seede.

## Another.

Take a certaine quantity of bees dried upon a tile stone, make them into powder, and take the shells of the eggs that the chickens be disclosed from, beate them into powder, then take powder of time, and let the patient drinke of these three powders, and he shall be whole.

M<sup>rs</sup>: Warrens medicine for the stone.

Take a quart of smiths water, and a quart of chamber lye, and six heads of garliche, put them together pills and all and let them seeth together till they be soft then take a cloth and lay these things therein, and binde it to your grieffe, but you must make three seuerall clothes with the stuffe before named, and apply them one after the other as hott as the party may suffer it, and within halfe an hoare you shall find greate ease.

## A speciall water for the stone.

Take strawberries and distill them, and drinke the water.

## For the stone excellent.

Take heathberries and distill them when they be ripe, and to foure spoonfulls of that water, put fine spoonfulls of white wine, and drinke it luke warme. probat un.

## For the collicke.

Take the rootes of enula campana, and of the leaues also, of anniseed and red cole wort leaues, bray them all in a mortar and seeth them with good white wine, or else red wine, and sugar, and drinke of it every day a quantity before sun rising, and this shall be his pottage or broth every day so long as the paine holdeth him (viz) bourage, parsley rootes and leaues, langede beete, hollyhoche, and a little of cold water cressis, and of violettis more then of the other hearbes, eate no whit meate, nor salt meate, and you shall receiue your health. probatum.

## For the collicke.

Take broome seed and bray it small, then take a quantity of scraped Jett, and drinke thereof three or foure times.

## Another for the same.

Take a new baked loafe of wheate, take out the crumme, and put it in a canvas bagg, and put thereto a good quantity of sweete and fresh butter, fry it in a frying pan with vineger and lay it about your nauell, so hott as you may suffer it, and when it is cold, heate it againe, this is a present remedie.



An especiall medicine for the stone, strangury,  
collicke, dropsie, and the iaudise.

Take halfe an ounce of saue of ginger, aniseeds, licorise, mace, nell loseede, jett and saffron  
of each of them two penny weight, carroway, fennell seeds, and spike nard, of each one penny  
weight, and three penny weight of cinnamon, make all these in powder, and drinke thereof halfe a  
spoonfull in posset ale or in your pottage.

A singular medicine for the stone, strangury,  
collicke, and to make one piss.

Take parsley seeds, carroway seeds, grum mell seed, Grecos; and fine iett of each a like  
quantity, make them in fine powder and drinke thereof first and last in wine or ale, three  
penny weight, use with this medicine pills before meate, and after, then drinke and use them once  
or twice in a weeke.

For the collicke and stone.

Take of spermaceti three pennaworth, in cloves, and mace one pennaworth, cyamom one penny  
worth, aniseed one pennaworth, small pepper, bays, licorise, of each one halfe pennaworth, three  
date stones, a handfull of red sage, a handfull of red fennell, three acorns, three cloves of lilly roots,  
the inner part of three oyster shells burnt, all these beaten to powder, drinke thereof one spoonfull  
in ale or beere first and last, one houre after let the party before griued take a handfull of parsley  
in summer, seeth it in ale till halfe be consumed, with twenty or thirty prugns therein, then  
straine it and put thereto one or two spoonfulls of this powder, and drinke it with white wine, or  
a little ale, and warme it on the fire, with a spoonfull of the powder, and use some exercise after it.

An approved medicine for the stone.

Take six figgs, two spoonfulls of mustard, bray them together, and make thereof a plaister,  
and lay it to the fundaments, and it will breake the stone.

For the stone, if it be in the reyns, or in the body.

Take the skin and blood of a hare newly killed, and put it in a pott well stopt, and burne it to  
powder, and giue it the sicke to drinke, with hott wine, or warme water, and the stone will  
breake in halfe, and if thou wilt proue the truth take the powder with hott wine, and lay it  
upon a hard stone, and it shall breake it to powder. this as galien saith is a principall medicine. but  
this hare must be taken in March.

For the collicke and stone.

Take elder flowers and drye them to powder, and temper therewith white wine, and put  
thereto a quantity of sugar, then let the patient drinke thereof, last at night, and first in  
the morning.

For the stone, the collicke, and strangury,  
also to make the belly solluble.

Take elder flowers, drye them, so as they may be made into powder, then take the newest  
laid egge shelly, the yolkes, and whites, being cleane taken out, and likewise dryed to be made in  
fine powder, then take of the flowers, and dried shells, both being made into powder of each a  
like quantity and mixe them together, then searce the same, and giue it the sicke in ale so much  
thereof as will couer a shilling by heape, then stirre it well in the ale or other drinke and  
cold as it is take it two houres before meate, and by the grace of god he shall haue ease  
and health.

Another for the collicke.

Take a dragme of mithridate, which you must mixe with two ounces of rue water and so  
drinke it cold. it is a diuine medicine.

Another.

Take a pecke of hawes and stamp them verry small, take also saxafrage one handfull and halfe,  
philipodula rootes as much, parsley two handfulls, three radish rootes cut small, three quartes  
of good sharpe white wine, and three quartes of new milke from the cowe, let them stand to  
infuse all night, and in the morning distill it with a soft fire, it must be drunke with white  
wine, and a little sugar.



## For the collicke and stone.

Take a gallon of red cowes milke, put therein a handfull of pellitory of the wall, one handfull of wilde thime, three of saxifrage, three of parsley, and two or three radish rootes sliced halfe a handfull of philipendula, rootes and leaves, steepe all these together after they be cleane washed, let all remaine in the milke one night, and then with a soft fire distill it.

## The use of taking the water afore mentioned.

Take of the water two cluc or siatene spoonfulls, six spoonfulls of rhenish or white wine, halfe a nutmegg either thinn sliced or grated, a spoonfull or two of the best sugar in fine powder, make it warme, and drinke it in the morning fasting, and abstaine from meate bread, or drinke three houres after, using moderate exercise, take it twice in a week, or thrice in a fortnight, or oftner as neede requires, and as you feele your paines to diminish or increase; distill the water in the end of May.

## For the collicke.

Take mustard made with strong vinegar and halfe a pound of figgs, and stampe the figgs very small, and then put the mustard and the figgs together, and lay it thicke on a linnen cloth, and so lay it upon your bare belly where the disease is, and suffer it as long as you may, and you shall be whole god willing.

## Another for the same.

Take new laid eggs and make a hole in the topp, and let the yelke and the white runn out and then fill the shell with faire water, and set it upon the chibbers till it boyle, and as it boyles, shimme it with a feather untill it be cleare, and then take the water and put it into a little ale or beere and drinke the same, then take the shell after and beate it into powder, and drinke the same, and you shall find a present remedie.

## Another.

Take the rootes of philipendula, the seeds of saxifrage, coriander, parsley, alisander and grammell, and the powder of betony, make all these into powder, and mixe them with licorise, and anniseed in manner of a dredge, and take a spoonfull of it every morning.

## Another

Take the powder of clicampane roots and boyle it in white wine, and drinke it when you are grieved.

## Another

Take the hearte of a hare, dry it and make powder thereof, and a spoonfull of the powder in a draught of white wine which must be taken in the morning fasting, and last at night, and it will helpe you.

## Another.

Take of fetherfew, pellitory of the wall, of dones dung, of each one handfull, bring asunder your heartes, and frye them all in fresh butter, and then put them all in a linnen bagge, and as hott as you may put it to the place where the griefe is, and it will remove the paine from the place speedily, and if it chance to come to any other place likewise use your medicine thereto, and it will helpe you.

## Another for the collicke.

Take a reasonable draught of any wine and put the same in a large mouthed glasse, or other cleane thing, put thereto so much oyle of oliue as will cover it, then take a quantity of mace, as you shall thinke meete, mince them very small, and put them to the wine and oyle, then beate these together with a spoone, or a flat sticke made for the purpose, that done drinke it of, and presently goe to bed, and lay as many clothes on you, as you may forthwith fall into a sweate, and soe continue the same as you see cause, such is best, and white wine is neat, you may put a little sugar to the same to make it pleasant.

## Another out of the french.

For a present remedie for the collicke take one dragme of the powder of yarrow, and drinke it with wine and it will helpe you presently.



For the collicke and alaste.

Take a pottle of whay, and put thereto Jeanell rootes, and mercury, mallowes, violett, the leaues of each one handfull, let them seeth till halfe be consumed then straine it and put thereto a good handfull of Jene leaues and codds, then let it seeth a good while till it change the colour then take the white of three or foure eggs, beate them well with a spoon, and take the frooth away and put it to the rest, and let all the things fore named seeth a while after then straine it againe, and put it in a cleane scoured pott, and lett it seeth againe, and put thereto powder of ginger, and of annised, and of sugar candy, of each a good quantity and let the sicke drinke it so hott, as he may, morning, and evening. et curabit cum probato est.

A drinke for the collicke, the stone, and strangury.

Take the gum of a chery tree, danson tree, or peach tree, but the chery is best of all, put the same into a cup of white wine, and so let it lye all night, if you intend to drinke it in the morning, or steep it in the morning if you intend to drinke it in the evening, using the same three dayes together; it will not onely breake the stone in your body, but also keepe and preserve you a long time after. approved true. la. Wall.

For the collicke.

Take pellitory of the wall and stampe it, and lay it to the cods, and under the nauell, and use it so foure times, and it will helpe the collicke, and the paine of the bladder, and cods, proued true. la. Wal.

A drinke for the stone and to make water a present remedy.

Take white wine, time, and parsley, very well sodd together, then straine it, and in a good draught of it, shauce a spoonfull of white castle sope, and giue it them that are grieued to drinke, and it will make them to make water with speede, and it giueth them a stoole, or two, they that are troubled with the stone let them drinke a good draught of beere every morning fasting. approved true. la. Wal.

For the collicke and strangury.

Take six cloues of garliche stamped and strained into a draught of rhenish wine, and so drinke it this a perfect remedy, it must be taken three dayes together. la. Wall.

For the stone.

Take cloues of garliche and burne them in a pott all to powder, and if you use to eate of this powder in your pottage doubtlesse it will procure you to make water, if you haue the stone.

To breake the stone in the bladder.

Take the blood of an oxe and white wine and drinke it and it will breake it, and if you will proue it, lay a stone in the blood and the wine, and it shall within three dayes breake. l. W.

For the collicke and stone.

Take the hearbe of greene balme, stampe, and straine it, with white wine, sufficient of both, and drinke it fasting. l. W.

For the stone.

Take a spoonfull of broom seede, and dry it and beate it to powder, and also ashen heges, and beate them to powder, and take these at conuenient times in meate, or drinke alone, if you can so abide to take it. l. W.

For the grauell. l. W.

Drinke every morning and evening one spoonfull of the water of elder and it will breake the grauell. or take the green blossomes of virginia, and licoris, and acorns dried, and stampe them together, and temper them with rheaske wize, or white wine, and drinke it morning and evening, two spoonfulls at a time, and it will helpe the grauell.

To helpe the grauell.

Take amber, and red corall, and blacke icte, and burne this upon a hott tile, and make powder of it, and giue this powder to drinke with warme beere, to the party; / also rubarbe taken in powder and drunken, is good for the strangury. la. Wa.

For the strangury.

Take goates milke, distill it, and drinke it, in your wine or beere, at all times, fasting in the morning as the sicke can away with it. l. W. For to breake the stone and to void it.

Take the berries of sweete bryer, and breake the blacke topps off them, and throw them away and bruise the berries, and distill them, and drinke of this water morning and evening. approved true by the la. Web.



To the burning of the urino and  
For the stone and strangury.

Take this preparatiue following. Take the waters of pellitory, endiue water, succory water, violett water, lettace water, and the water of water lillyes of each one pinte, and of the syrrop of violett nine ounces, of the oyle of vitrioll one scruple, of camphyr burned and consumed upon the water one scruple, then brew all these together the space of halfe an houre, drinke thereof morning and euening, foure ounces at a time.

Then take this purge following.

Take of the conserue of barberries, one ounce, of mastiche made into <sup>fine</sup> powder twelve grains, of diagridium grosly beaten, fiftene grains, or according to the strength of the patient, and muske one graine, incorporate all these together ouer night, and in the morning giue it to the patient, giue it him three or foure times as occasion serueth and giue him some warme broth one houre after. proued by l. w.

For the collicke and the stone, and to  
cause one to make water.

Take a quarte or three pintes of white wine, and a greate handfull of the hearbe balmie, and boyle them together, when it is well bogged straine the hearbe out, then take the wine very hott, and burne it with three peny dishes of fresh bull or, and burne it so well that it may be incorporated one with the other, and giue him to drinke halfe a pinte thereof in a morning at one time, and an houre after as much, and at night as much, giue it him as often as occasion shall serue. approved. l. w.

A powder for the collicke and stone.

Take the seeds of coriander, alisander seeds, saxifrage seeds, wild thime seeds, nettle seeds, broome seeds, gromwell seeds, philipendula seeds, parsley seeds, and fennell seeds, and the prickes of thornes of each a quantity, dry all these together in an oven, and beate them to fine powder, then take malmesey or beere, and drinke it fasting morning and euening approved. l. w.

A souereign medicine for the stone.

Take three spoonfulls of sallett oyle, and a good draught of white wine, with halfe a nutt megg and put the oyle into the wine, and stirr them together, and drinke thereof two or three mornings together. m. d.

For them that cannot make water.

Take the cloves of young garliche, distill them, and when the patient cannot make water, and that the stone lyeth in the way, drinke twice or thrice of this garliche water, and it will breake the stone.

Another.

Take two onyons and roast them and then take out the coares, and where the cores were, put beares grease in small chopped, and put it in the onyon where the core was, and the grease will melt, then put these two onyons hott into a fine cloth, and lay in either of his groynes that cannot make water, one of these onyons, as warme as can be, and he shall water presently. probatum est.

Another.

Take mallowes a good quantity, and a quantity of grummell, seeth them in vinger a good while, let the patient drinke thereof warme, and he shall piss soone after.

Another for the same.

Take of red nettles and parsley of each one handfull, wash them and then lay them in a cleane cloth, and squeeze them drye, as well as you may, then stampe them and straine out the iuice so cleane as you can, giue the same euen so to the patient to drinke, if that helpe not, giue againe to the patient as much more, within an houre, and not to take any other drinke or liquor in an houre after the last draught, and the sicke shall auoid vrin.



To cause one to make water that hath the stone.

Take snailles and lay them before the fire, and the snailles will creepe out, then wash the shells very cleane, and drye them in an oven, and beate them to powder, and drinke it with posset ale made with white wine, and it will make you to make water and ease you of the stone.

To cause one to make water if it be stopped within him.

Take of pure blacke soape, and of english saffron in powder of each a like quantity, mixe it together, and lay it on the fleshy side of white leather, and make thereof a plaister, and lay it on the navell of the patient, and it will cause him to make water within one hoare.

To make one hold his water.

Take a mouse and flay it, drye it and make powder thereof and drinke it at once, it doth perfectly cure them, that cannot keepe their water, if it be used for three dayes in this order. la: W.

For to cause one to make water

Take the rootes of flower de luce, such as beare no flowers, let them be gathered betwene both the lady dayes, cut them in pieces and so drye them, and make powder of them, and give the powder to the party, halfe a quarter of an ounce, as the party is of strength, and he shall make water. approved true; l: Wal: he may take it if he can in powder alone, or in beere or wine or posset ale.

For to make one piss that hath been three or foure dayes without making of water, and that in the space of an hoare, and will breake the stone in ten or twelue dayes.

Take fine powder of virga aurea, and put a spoonfull of it into a new laid egge soft rosted, and give the patient thereof in the morning at his breakfast, and let him eate nothing in foure houres after wards, and then he shall make water in lesse then halfe an hoare, if you use this continually for the space of ten or twelue dayes as is aforesaid, you shall make the party piss out the stone without grieffe; approved true. la: W.

To cause one make water.

Take the keyes of the hazell nutt tree, beate them to powder, and boyle them in white wine, let the patient drinke it warme.

Here follow diuers receipts for to helpe the grauell, and stone, also how one shall gouerne himselfe against the paine.

First you must warme your body against the fire, with warme clothes, you must open the backe of your doublett.

Make your bread hard as biskett, and eate hard eggs with salt.

Oxe flesh, and all flesh that is of nature hard, and cheese, and drinke no troubled wine or beere.

And busy not your selfe too much with women in one night, and lye not upon your backe, and piss often.

You must keepe your selfe from all these aforesaid things. la: W.

For the wind collicke.

Take anniseeds and steepe them in clarret wine twelue houres, then dry them againe and beate them into powder, and drinke thereof one spoonfull in ale or beere first and last, so long as the paine continueth. and by gods grace it will helpe you.

For the same.

Take of red sage one handfull, of red mintes one handfull, of red fennell one handfull, of worme-wood and of fettherfew, of each one handfull, parene all these together betwene two cleane dishes, upon a chafing dish, with coales, and sprinkle them with a quantity of vineger and rose water, then speedily see them between two lianen clothes, of the breadth of a square trencher, and see hott as you may lay it to the grieffe of the diseased, and it will in short time helpe the same. the which hath been often proved.

For the same.

Take two spoonfulls of faire running water, two spoonfulls of aqua composita, a quantity of ginger well grated, and a like quantity of nuttmegs so grated, of each a like quantity, twelue whole pepper cornes, and so much wheaten flower as a thimble will hold, put these ingredients all together, and the same being well mixed, drinke it up cold at any time when he is well or sick.

For the same.

Take holly berries and stampe them, and straine them with ale, and drinke it warme.

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Take one handfull of camomill, <sup>For the same.</sup> of thyme halfe a handfull, of cammim seede halfe a handfull, of bay salt two spoonfulls, bruisse your hearts somewhat small, and bruisse your cammim seede with your salt, and quilt all these together betwene two linnen clothes, the breadth of your two hands, and with a little vinegar sprinkle it well, then upon a chafing dish with coales make it very hott, and so as with some payne of the heate you may suffer it, lay it to the bottome of your belly, and when it is cold, warme it againe, and so lay it to the place as before, and keepe your selfe warme.

<sup>For wind in the body that riseth like the mother.</sup>

Take fenegreche, and mercury, and straine them together, then frye them in may butter, and lay it hott to the nauell.

<sup>A drinke for the wind collicke.</sup>

Take galingale, manna, and bay berries, and anniseedes, and take them all together and drinke them in a cup of sache. approved true; la. W.

<sup>Another for the same.</sup>

Take fine wood ashes and sift them, and put them into faire water, and stirr them twice a day for six dayes together, then take the cleare of it and straine it, and keepe it in a glasse, then drinke of this drinke morning and evening blond warme. approved upon diners by la. W.

<sup>For the wind in the belly.</sup>

Take a quart of clarrett wine and burne it as it ought to be with sugar and cloues, and when it is burnt take one pinte of the water of spearmint and brew it with the wine, and drinke of it as often as you shall please. approved true. la. W.

<sup>To helpe the wind collicke.</sup>

Take castyle soape and scrape it into a penny pott of white wine and make it warme, doe this once or twice as an occasion shall offer it selfe.

<sup>For wrenches, and spraynes, and streines.</sup>

To a quantity of good vinegar take three times as much cleare water, and being mixed together baths the griued place presently before you apply any other thing, then take the white of an egge, with a little towne, and a little of the water and vinegar well mixed together, plaster wise, laye the same to the hurt, doing so twice a day, three dayes together and keepe it warme, and so by gods grace you shall find perfect helpe.

<sup>For to cure a sprayne, wrench or bruise in short time.</sup>

Take bay salt and beate it small, and take sallett oyle and mixe them both very well together, and anoynte the griued place or member therewith, and keepe it warme; anoynte it morning and evening. approved true; la. Wallop.

<sup>To helpe spraynes, wrenches, and shrunke sinewes.</sup>

Take one pinte of acates foote oyle, and foure penniworth of saffron, and grind it very small, and put it therein, and boyle it with a soft fire as occasion serueth and keepe it for your use, and anoynte the place therewith, and lay a wet cloth upon it doe this morning and evening, and if the member be weake then use the playster called oxiorocum. approved true.

<sup>M<sup>r</sup> George Woodward his medicine for a sprayne.</sup>

Take a quart of strong ale, a good peece of sweete butter, and a handfull of sage seeth it till it cometh to halfe, and then being pretty hott baths the sprayne therewith, and lay the sage upon it, and bind it with a cloth, and at three or foure times dressing it will helpe you probatum by M<sup>r</sup> Woodward.

<sup>For a canker.</sup>

Take leafe honey, ginger, graiaes, and allome, leaues of woodbine, and bryers, leaues, ground sage, sage, and the iuice of an orange, and boyle them altogether in beere, and rub the mouth with the same, water and leaues, lying upon a cloth, you must change the cloth often in rubbing it, this you must doe, three or foure times, dressing it will be well.

<sup>Another for the same.</sup>

Take of heart robert, red sage, and heart grace, of each a like quantity, stamp them all in a mortar, then take a linnen cloth, and part of the hearts therein with the iuice, and lay it to the tooth or gumme, where the payne is all the night, and change it in the morning, and it will cure it.



## Another.

Take a handfull of filbudd leaues, of woodbine leaues, of penny royall, of sage, and rue, of each one handfull, put all these hearbs in a gallon of the strongest ale you can get, and then set them on the fire till it be very hott, then put to the ale good english honey, and roche allome, till it be very sweet of the honey, and strong of the allome, if the canker be in the mouth, you must use it after this sort, Take a spoonfull or too of the water blood warme, and hold it in your mouth till it be cold, and then put in more, and so use it foure and twenty houres without any sleep, and if it be in the roots of the tongue, then take a linnen cloth double, wet it in the liquor, and lay it to the throate against the sore, and if there be any holes in your mouth, take the lint and wet it and boyle it in the liquor, and put it into the holes, and so for foure and twenty houres use this medicine.

## Another for the canker in the mouth.

Take the water of plantaine, and woodbine, put them in the fire, and put thereto a few red rose leaues, or the water, and a quantity of honey, and when it doth seeth, put thereto a quantity of allome, let them seeth well together, and wash your mouth therewith, morning and evening.

## For the canker and tooth ache.

Take a quantity of smithes water, set it on the fire and put into it a pinte of stone honey, let them seeth together, then scum them cleane, that you see no mother therein, then put thereto a pinte of white vinegar, and ten crops of sage, and of allome the quantity of a wallnutt leafe, and as much of bay salt, soe let them boyle together one houre, then straine it through a linnen cloth and keepe it probatum.

## For the canker.

Take of woodbine, and of plantaine, of each one handfull, bray them together then take of vinegar and smithes water, of each one pinte, and a quantity of honey, and another of water allome, boyle them well all together, that being done take the hearbs from the water, and put it into a glasse, and wash your mouth therewith, and it will saue the mouth from stinking breath, and the teeth from canker-ing and rotting, you may keepe this water a long time in virtuo.

## To abswage the swelling of a canker.

Take turpentine, fenegreche, and line seed bruised, seeth them in faire water, and when it is foddren thicke, make a playster thereof, and apply it to the griso.

## For a canker.

Take one handfull of woodbine, and foure leaues of plantaine, stampe them, and straine them, with three spoonfulls of vinegar, set them on the fire, and put thereto a spoonfull of honey, and as much of allome as a wallnutt, let them seeth till it waxe thicke like a sirrapp, lay it on the canker after you haue washed it with the water that I last mentioned before this medicine.

## For the canker and fistula.

Take waxe one pound, frankincense, three ounces, camphyr two penniworth, and rubarb two penniworth, make them in a playster. l. m. q.

## Another for the canker.

Take plantaine fennell, rosemary, woodbine leaues, cinquefoyle, of each a like quantity, of celondine, and centory, of these put in more then of the other, seeth all these in white wine vinegar, and put therein a good quantity of burre roote, allome, and clarified honey, and let your water be bitter of the hearbs. l. m. q.

## For a canker in a wound.

Take a blacke snail and pricke him with a needle, and the oyle that doth come out of it is a speciall good medicine for it. l. m. q.

## Another.

Take a piece of gold hard cheeke and lay it to the wound all night. l. m. q.

## For to cure the canker.

Take rose alger and make powder of it, then take fresh grease that is newly molten, and mixe them together, and spread it on a white leather, as big as will couer the sore, then spread it ouer with wheate flower, and then with honey, and aboue that with wromans milke, and lay the playster on the sore all night, and on the morrow you shall finde the canker dead on the playster. l. m. q.



An oynement to cure the canker in the throate, or any ulcer, or any morbus caused in the throate.

Take english honey and burnt allome, and the iuice of woodbine leaues, which must be gathered when the dew is off them, in the heate of the day, and beate them in a mortar very well together put them in a gally pott, and keepe them for your use. approved true. l. v.

An approved medicine for the canker, and for an old sore.

Take a pottle of white wine, a pottle of running water, one handfull of plantaine leaues, one handfull of honey suckle leaues, one handfull of betony, of sage, rosemary and broome, of each one handfull, boyle them all together till halfe the liquor be consumed, then put in a pennyworth of allome, and when all is boyled together, put in two penniworth of camphyr, and keepe the same in a strong earthen bottle. m. d.

A water for a canker in the mouth.

Take a pinte of red wine vinegar, halfe a pound of honey, two penniworth of allome, one ounce of verdigrease, and foure penny weight of camphyr, and boyle them all together, observe this, that when you put in the verdigrease, the medicine will looke greene, but in any wise boyle it untill the scum looke red, like to the scum of brine. m. d.

To make the water for running cankers in the leggs or else where is for any horrible stinking ulcers, a greate secret

Take two gallons of faire water, and almost a peche of good ashes, and boyle them till you haue the water slippery, that is lye, then take it from the fire, and straine the ashes from the liquor, and set it to the fire againe, and put to it a good dishfull of bay salt containing by estimation a pinte, and of wormwood, and centory, of each one handfull, a quarter of a pound of white Lypines, and boyle them all together againe a good while, then keepe it for your use. it is approved by m. d.

When you use it haue two pretty boulters of cloth foure doubles a piece, and make the liquor hott, and wet the boulters in it, and wring them in your hands somewhat drye, and bathe it so diuers times at a dressing, and then lay on your cloth and rowle it up all hott, you shall know a canker, or as the chirurgions call it a gangrena, by the horrible stinke, keepe this secret though it be but simple, for it is a greate treasury. m. d.

To make mouth or canker water

Take two ounces of white copperas, of roche allome halfe a pound, one ounce of salt peter, one ounce of salt gemme, two handfulls of red sage, two handfulls of rue, and as much of woodbine leaues, two gallons of running water, all these foresaid things must be boyled together untill halfe the water be consumed, then let it runne through a faire linnen cloth of it selfe, or else the water will not be cleere. l. v.

Leaues of wild Iuye sodden in wine and laid upon any canker, doth kill and heale the same. l. v.

Another.

Take the leaues of cinquefoyle, and bruisse them with soves grease, and put a little old wine thereunto, it must be white, and anoynte the place with, it is a good remedy. l. v.

A powder for a canker.

Take one handfull of scarlett shreds, as much of the topps of rosemary, dry them in an oven, and take foure of the roots of Bryony, and beate them altogether, and use it for old folkes or young children, and lay it upon the gummies or other places where soeuer the canker is, three times a day, and the party must not eate or drinke for the space of one houre after. approved true. l. v.

For a canker in young, or old children.

Take the yolks of two new layd eggs, and put them both in one shell and temper them with bay salt, and let them rost in the embers till they be blew hard, make them into powder and lay of it upon the sore gummies, doe this often. l. v.

A water to wash the mouth for a canker.

Take of woodbine, rhime, sage, hysop, of each one handfull, two or three cropps of rosemarie, then take a spoonfull of honey, put all these into a pottle of faire water and seeth them well together, and in the seething put into it a peece of roche allome as bigge as a wallnut, and with this water wash well your mouth. this is also very good for the tooth ache. l. m. q.



To make a water that will both heale the canker in the mouth, and to heale both old sores and new wounds.

Take one handfull of rosemarie, of parsley roots three handfulls, of woodbine leaves, of primrose leaves, and violet leaves, of each three handfulls, and one handfull of red sage, bruisse the rosemary and straine it, and so do of all the other herbs, and put the iuice of them into a quart of Junitary water, and let them seeth to a pinte then take vinegar, and the powder of roche allome, and put thereto such a quantity, that the allome and vinegar may beare the cheefest taste, and wash the wound or canker continually therewith, and cleanse the wound of the dead flesh; this is the best medicine for the French is a hawke, that can be. la. 15.

For the canker or poche.

Take clicampare rootes or leaves, sodden in carriers blache, from a pottle to a pinte, and straine the same, then put thereto burnt allome, eight or ten spoonfulls, and wash the sore, and it shall heale the poche or canker. l. n. q.

A medicine for the canker.

Take white lead and make a powder of the same, and lay it to the sore when you go to bed.

For the canker in the moath a good medicine.

Take of sage, pimpernell, and parsley, a like quantity, shred them with a knife, and stampe them small in a mortar, and put thereto a little burnt allome, then take it up and drye it, and when it is drye, beate it to powder, and keepe it, for it hath been often proved, and neuer failed. l. m. q.

A most soaereigne water for a canker.

Take three pintes of spring water, of rue, red sage, rosemary, woodbine, leaves or buds, of each one handfull, boyle them well all together, then put to it some roche allome, and as much honey as will make it sweete and pleasant in taste and wsh it therewith, and if the canker haue so eaten it as that the dead flesh doth appeare, then strow thereon the powder of burnt allome, and if this doe not cure it seeke no further.

For a canker or gowte festered.

Take of the iuice of rue, of mints, of honey, and of vinegar, a like quantity, boyle them together till they become somewhat thicke, and soe apply it hott therunto, for the space of twenty dayes.

For a canker in a womans brest.

Take of garliche, barley, or rye flowre, and beate them together, and boyle them in good wine, vinegar, untill it become as thicke as pafte, then lay it on the sore untill it waxe white, then take pimpernell, and grinde it small, and put honey thereto, and lay a plaister to the brest, if it be blacke it is not cleane.

Another for the same.

Take smallage, and plantaine, a like quantity, put to them a quantity of honey, spread it on a linnen cloth, as it may compasse the brest, this will heale it if it be broken.

Another for the same.

Take a handfull of beane flowre, of wheate brann, and the powder of fenegreke of each one handfull, one pinte of white wine vinegar, three spoonfulls of honey, the yolks of three eggs, set all these together on the fire, stirr it well for feare of burning, and lay it hott to the sore, this will break it, and when you change it make cleane the corruption.

Another for the same.

Take a handfull of english lavender, of houselecke, groundsell, and of marigolds of each one handfull, two new laid eggs, yolks and whites, of barrows grease the quantity of a good wallnut, beate all these finely together, then take as much wheate flowre without any brann in it as will thicken it, and apply it plaister-wise it will be very curdy, if the brest be not broken, it will keepe it from breaking, and if it be broken neuer so sore it will heale it, you must not change your plaister aboue once in two dayes.



## For the morpew.

- Take three spoonfulls of elder-water nine dayes together, and every day looke that you sweete then take three or foure oaken apples, and let them steepe in white wine vinegar, foure and twenty houres, then wash your body with the same vinegar, and you shall be whole.

## For the same.

- Take vinegar, brimstone, and water of egrimony or rootes of the same, and lay them in the vinegar to steepe three nights, then take a new flaxen cloth, and rub the place of the morpew therewith, and within ten dayes it shall fall away like scales of a fish.

## Another.

- Take mustard seede, and salt, and temper them together, then staope it with vinegar, and anoynte it therewith.

## Another.

- Take the iuice of young wallworts and wash your face therewith, when you goe to bed every night, and it will kill the morpew.

## Another.

- Take the hearb balme foure good handfulls, three rootes of radishes being of a reasonable bignesse, the substance of three or six egges, roasted hard and for three dayes well steeped in strong white wine vinegar, of a sufficient quantity to dissolue them shells and all; and as the bignesse of your Still is, so may you increase the quantity of your balme, and as the balme is lesser or more so must your eggs be in number, and the radish rootes, euer remembering, that lesse you cannot well haue, then three large handfulls, and fewer then three hard eggs, and two radish rootes, at the least, and with a lyger portion of all you must put two piales of vinegar white, and strong, two spoonfulls of blache soape; after all is incorporated three dayes at the least together, then you may distill it with a gentle fire, make more account of the first water when it hath distilled a piale, then of the rest, you may put into this the lees of white wine dryed a quarter of a pound, or halfe a pound at the least of the new wett lees.

## Another for the same.

- Take the iuice of marigolds, drinke it, and use it three or foure times a day, and lye in a paire of cleane sheets, and you shall finde the morpew in the sheets; approved true by l. w.

## Another for the same.

- Take sulphur orisum and put it into a glasse, with elder vinegar, or fumitory water, and so touch the place where the morpew is l. w.  
And when it is drye, wipe it off with fresh new washed lianen, doe this so often as occasion serueth.

## Another for the same.

- Take the flowers of elder, the leanes of betony, of fumitory, scabious of each a like quantity, lay them in a stillitory, one upon the other to distill, and cast a few maces in powder upon it, and betweene, every day drinke the water so distilled nine dayes together first and last. l. m. g.

## Another for the same.

- Take borrage, wormwood, scabious fetretory, the rootes of docher, of each a like quantity, and beate them all together in a stone mortar, take the iuice of them and boyle it in an earthen pott, untill it be almost halfe wasted, then take as much honey as there is of liquor, and boile it together a little while, and skimme it cleere, when it is cold take three spoonfulls thereof first and last, morning and evening. approved true by l. w.

## Another for the same.

- Take one piale of white wine vinegar, and lay therein foure whole eggs three dayes, then the shells of the eggs will consume, then take the eggs out and wash the morpew with that liquor, and rub your body and breast therewith morning and evening, rub your breast and body with a cleane cloth, and put on a cleane shirt three times a weeke, and put into the liquor a quarter of a pinte of the best oyle of tartar, and one ounce of sulphur orisum beaten into fine powder, and hang it in a glasse and so use it approved true. l. w.



For the morpheus and spleene.

Take the rootes of Jennell, and <sup>parilla</sup> salse of each an ounce, of the topps of s<sup>t</sup> Johns wort, resemay, and mayden haire, of each halfe a handfull, the third part of a handfull of centory, the seeds of annise, carroway Jennell, of each two dragmes, of licorise scraped and bruised, halfe an ounce, make a decoction with five pintes and halfe of water, boyle it softly till it doth come to three pintes and halfe, drinke it at six a clocke in the morning, and one houre after walke, and in the afternoone, and so use so much w<sup>o</sup> occasion Jerueth. l. w.

You must take these sirrups after it;

Take of the sirrup of Junitory, and of cytrache, of each two ounces, of cinamon water two spoonfulls, of rhenish, or white wine one pinte, mixe these together, and drinke it affoure times morning and evening. approved true by l. w.

For them that cannot sleepe.

Take the seeds of lettuce and smallage, stampe them together then mixe them with the white of an egge, and bind them to the forehead in a linnen cloth, and by gods helpe you will sleepe well.

Another.

Take centory, way bread, and ground pepper, of each a pretty quantity, seeth them in wine and drinke the liquor hott when you goe to bed.

Another.

Let the patient drinke the water of cowslippes. l. m. q.

Another.

Take bayberries, bruise them in a mortar, and wet them in vinegar, and spread them upon a cloth, and lay it round about his head. l. w.

Another.

Take egrimony, and put it under the head of any person, and he shall sleepe till it be taken away. l. w.

Another.

Take the liver of a hare, and drye it to powder, take one scruple of it, and giue it to the patient in his meate or drinke, and he shall sleepe well, and as you will wake him put vinegar in his mouth, or else he may dye of it. l. w.

To procure sleepe.

Anoynte the soles of your feete with the suett of a dormouse.

To awake from sleepe.

Sauory beaten and sodden in vinegar and laid after the manner of a plaister to the hinder part of the head, doth awake those that are heavy with sleepe. l. w.

To make one sleepe well.

Take the gall of a hare, and drinke it with cummin, and then they shall neuer wake till they drinke vinegar. l. w.

To make one sleepe that is sicke.

Take a quarte of ale, and a quarte of new milke, and make peckett thereof, and take of the curd and straine it, then put into it one penni worth of english saffron, in small powder, and two sticks of licorise, of annyseeds, carroway seeds, and cummin seeds, of each one ounce, one handfull of rayns of the sunn, the stones picked out, and boyle all these together till halfe, then drinke it two or three times warme, and he shall sleepe by the grace of god. l. w.

For to make one sleepe that cannott, it is for to use outwardly learned of the lady Bier.

Take the iuice of henbane three spoonfulls, rose wine vinegar, two spoonfulls, red rose water two spoonfulls, warme all these together, and take a peece of scarlett or red cloth, and wet the same cloth therein, and lay it on the mould of the patients head, for the space of twelve houres, wet it foure times in that space, and if they doe not sleepe lay it on againe, after the same sort, but you must take heed that the party be not troubled with the rheume. approved true. l. w.

To make one sleepe.

Take white poppey, and henbane seeds, a little stamped, and tempered with the white of an egge, layd to the forehead doth prouoke sleepe. l. w.



To cast a man into a sleepe.

Take a spoonfull of sallett oyle, two spoonfulls of rose water, as much of vinegar and three spoonfulls of womans milke, and put all these together, then take a linnen cloth and dipp it therein, afterwards lay it and binde it fast to the temples, then take halfe a spoonfull of white poppey seede, and as much of white lettuce seede, stampe them and blanchd almonds, and thereof make almond milke and drinke it. .m. D.

To one that speaketh in his sleepe.

Take a good handfull of southernwood, a pint of white wine, boyle them, and drinke thereof morning and evening. l. m.

A notable thing to cause one to sleepe immediatly.

Take the iuice of heabane, of lettuce, of plantaine, of poppy, of the leaues of mandrake, of Iuy leaues, of mulberry leaues, and of hemlocke of each one ounce, of opium, and of Iuy berries of each one ounce, stampe the Iuy berries and the opium together, and mixe the iuices, then dip a sponge into the same, and it will drinke, then lay the sponge to the parties nose, and he will sleepe quickly, and dip another sponge in vinegar, and hold to his nose and he will awake quickly. l. v.

An Orball that prouoketh sleepe.

Take wilde poppy, the iuice of mandrake, rye, and a little lees of wine, as much of the one as of the other, and a little ciuett and of all these make a round ball, and hold it in your hand and smell to it, and it will make you sleepe immediatly. l. v.

To stop blood at the nose.

Take the mosse of an ashe tree that which groweth hard by the ground, and put it into the same side that the blood cometh out, stop the other side also, and if then it cometh out of the mouth, spitt it out, and it will stop very soone. l. v.

To stop bleeding at the nose.

Write with the same blood in the forehead of the party that bleedeth these words following Consummatum est, and it will stanch presently. l. v.

To stop bleeding wheresoeuer.

Say these words; Iesus of Nazareth which was baptizd in the water of the flood Jordan, he held up his holy hand, and bade the waters stand, so doo thou blood, in the name of the father, the sonne, and the holy ghost amen. l. v.

To stop bleeding.

Hang your cods in cold water, and it shall stop immediatly. l. v.

To make a plaister for them that be idle headed and the blood cometh out of their mouth or nose like a bloody quarteron.

Take waxe, turpentine, oyle oliue, and turre, and set them on the fire, and make a plue of it, and spread it upon leather a quarter of a yard euery way, and lay it upon the midst of the backe, and let it lye eight daies before it be taken off. l. v.

To helpe the bleeding of the lungs or in what place soeuer it be.

Take knot grasse, and shephards parse, of each one handfull stampe, and straine them and with the iuice of it wash the place that bleedeth, then take some of the iuice, and temper it with a little bole armoniacke and as much crocus martus, and apply it upon the place, on a plegget of linte, you must keepe the patient laxatiue. approved true. l. v.

And also labdarum paracellis is good for the bleeding wheresoeuer it is, and for the wind collicke, and for diuers other diseases; it cannot be praised too much, and for aches and fluxes, and for all other griefes, this must be taken in little pills fine at a time. A. p. v.



For to stanch blood wheresoeuer.

Write these words on the fore head of him that bleedeth viz: *Spernex* ~ ~ and it shall stop  
stanch by the grace of god. l. w.

An approved medicine for the stopping of blood,  
coming out of the mouth or nose.

Stet sanguis in te sicut stetit Christus in se.

Stet sanguis in vita sicut stetit Christus in morte sua.

Stet sanguis in fixus sicut stetit Christus crucifixus.

He that hopeth to have any remedy by this medicine, must so hang it about his necke, that  
it may touch his bare skinnie, and then thinke upon the passion of christ and say in the honour of the  
same, five pater nosters, five ave-maries, and one creed, and by the grace of god his blood shall stay  
m. d.

To stop the blood.

Take the <sup>shelly</sup> eggs of geese, after they have brought forth their young ones, and drye them in an oven, and  
beate them into powder, then put the powder into the cutt, and it shall stop the bleeding, or at the  
nose if you put in two teares that may reach high enough, with a little of the powder upon it. m. d.

To helpe bleeding wheresoeuer.

Take a handfull of worm wood, halfe a handfull of salt, stampe them all together, and lay it on the crowne  
of the head. l. w.

To stop blood.

Take egge shells and burne them to powder, and put therein wine vinegar, put it into a little bottle all  
together, hang this bottle in wine vinegar, and lay some of the same on the wound where the bleeding is approved.  
l. w.

To stopp blood.

Take a hott hogsturd and lay it on the place that bleedeth, and it will stay it. approved true. l. w.

Another.

Take burnt list, and put in the place where the bleeding is. l. w.

An astringent powder to stanch blood.

Take fine bole-armoniacke, and sanguis draconis, and crocus Martys beate all these to fine powder,  
and put thereto the fine shavings of spanish leather. la. w.

An approved medicine for a quartaine ague.

Take the heart of a hare, bake it on a tile, and beate it to powder, and let the sicke drinke thereof  
with white wine.

How to make a pint of barley cream very good for a burning  
ague, or for a hot liver especially.

Take a quart of faire conduit water, of borage, and of violett leaves, of each halfe a handfull, six  
leaves of succory, halfe a handfull of raisins of the sunne stoned, boyle all these together, consumed to  
a pint, take halfe a pound of blanched almonds finely ground in a stone mortar, take halfe a pint  
of barley well boyled, beate them all together in the same mortar, then straine all together with  
the boyled water, then put thereto a quarter of a pound of sugar, and six spoonfulls of red rose  
water, and straine it twice or thrice through a strainer of flannel ~ ~ ~ drinke thereof  
both morning and evening, it will coole and comfort you very much. probatum.

For an ague.

Take a handfull of smallage, and some crocus bill, and wash it not, halfe a handfull of bay salt,  
olibanum ~ ~ ~ halfe an ounce, stampe all these in a mortar together, till it be fine, then take  
it and bind it in a linnen cloth, and lay it in two places of the arme, the wrist, and the elbowe, this  
doe that day the fitt comes, or halfe an houre before let it lye on one day, and one night, use this  
three dayes on which the fitt cometh, and within three dayes this will helpe you.

Another for the same.

Take also seeth it and clarifie it cleane, then take of the best triacle halfe a spoonfull, seeth  
them together, then take the quantity of a nutt kernell of long pepper, as much of graines, then take  
a burre roote, and dry it and beate it in powder, as fine as may be, and take a spoonfull of it,  
and put it into the drinke together, then let him lye on his bed upright for the space of an houre  
after he hath drinke it.



## Another for the same.

Take a pinte of stale ale, a handfull of sage cleane washed, and pickt ~~out~~, and shake the water cleere out of it, set it on the fire and let it seeth till halfe a pinte be wasted, then take the sage out of it and wring it betwene two trenchers, then take halfe an ounce of bruyed pepper, and put to it, and then set it over the fire, and let it seeth a walmc or two, and halfe an houre before the fitt cometh, you must drinke a good draught of it, and lye downe with as many clothes as you can beare, and sweate the space of two houres after, and in three times drinking you shall have health god willing.

## Another for the same.

Take halyer berries, and drye them soe that they may be beaten to powder, and drinke them at night when you goe to bedd, also take the leaves, and drye them soe as they may be beaten to powder, and drinke them fasting in the morning, these must be both searsed, also take sallitt oyle and beate it in a glasse, then take a little wooll well warmed, and dip it in the sallitt oyle, and afterwards bind it to the place where you are griued with a linnen cloth, and after all this take sumitory dryed and beate to powder, and drinke it with clarrnet wine.

## A medicine for an ague.

Take a quantity of franhinsence of the hardest, as much as a wallnutt, and a good handfull of bay salt, and stampe them together untill they be very fine, then take a handfull of smallage or more, and wash it cleane, and then shake it untill it be drye, then stampe it by it selfe, untill it be well bruyed, then take of the powder aforesaid, and by little and little strew it in the mortar, grinding it still with the hearbes the space of halfe an houre, untill it be like an oyle or salve, then take the same and spread it upon a linnen cloth like the fashion of a plaister, lay it to the wrist and boughes of his arme one houre before the fitt take him, and within thrice dressing by gods grace he shall be amended; probatum est.

## For an ague.

Take plantaine and fetterfew of each a good handfull, and a quantity of hyspe, seeth all these in a quart of water to a pinte, then straine it, and drinke it warme, euen when the fitt doth come upon you, or a little before, then goe to bed and lye warme, then take yarow and crops of red nettles, of each a quantity, and bray them with a little bay salt and binde it to your pulses.

## For the quartaine ague.

Take three parts of a pinte of milke, as it cometh hott from the cove and drinke it fasting, then take the yeolkes of two new layd eggs and eat them within lesse then halfe a quarter of an houre euery morning after the milke, then fast three houres after from meate or drinke, and after the fitt breaketh his course, then leaue off drinking the milke, and eat onely the two yeolkes of eggs, for one moneth after, and so fast as before, after it for the time that the ague continueth, the patient must drinke the three parts of a pinte of milke for a seannight at least, and then as the ague beginneth to leaue, so drinke lesse and lesse of the milke, besides to abstaine from cheese, fruite, and such like, as milke & Pease and so much as may be from the fire.

## For the quartaine ague, the burning

Take five slippes of rue, slipp them downeward, hang them about your necke, so that they may come to the sponc of your stomache, then lay as many slippes to either sole of your fete, till they be drye, and then shift them. M<sup>r</sup>. Nor.

## For an ague.

Take a quartc of milke and sett it ouer the fire, and seeth it and put into it as much roche allome as a wallnutt, and let it boyle, and skimm off the curd, and then give the patient the whey to drinke, before the fitt, or in the fitt if the patient will. l. m.

## For the ague.

Take hartshorne, and mustard, the greene of veruoyne, and the buds of eldars, boyle them together in white wine, and nine ounces of pepper, and drinke thereof three houres before the fitt; l. m.

## For an ague.

Take hearbegrace, and bay salt, and bruyse them a little together, then lay it betwene two clothes, and lay it one night to the soles of your fete, to the wrists of your hands, and to the nape of your necke, and continue so foure times and it will drine it away by gods grace.

probatum



Another.

Take three spoonfulls of the iuice of lemmon, and two or three spoonfulls of red rosewater mingled together, and so it must be drunke two houres before the fitt cometh; or take the smoake of tarre at the mouth, covering your head close.

For the ague.

Take the inward rinde of a wallnut tree, and steepe the same in wine or vinegar, and lay it squarewise upon the wrists of the armes, halfe an houre before the fitt cometh.

For the ague.

Take a shell snail, when euen the fitt is on thee, and binde him in a cloute, and hang it about your necke nine dayes and nine nights. la: w.

For the ague.

Take the first water that the party doth make in the morning, that his fitt doth come, and make a posset thereof, and giue it to a dogge one houre before the fitt cometh, and it will cure his ague and free him of that disease. probatum est per M<sup>rs</sup> Gibbens.

To helpe the ague in young children.

Take veruain and drye it, and put the leaues of it into a little bagge, and lay the bagge upon the breast or stomache of the child, doo this often, it hath cured many. l: wa.

For a burning ague.

Take barley meale, parsley, and wine vinegar temper them together and make dough thereof and lay it to the pulse of the patient, and so as it drieth change it and it will asuage the heat and coole him. la: w.

For the ague.

Take a sage leafe and write these words upon it, when the ague comes upon him, *vix Christ is borne; Christ is crucified; Christ is risen againe;* then giue him this to eate, with these words written upon the leafe and it will helpe him. la: w.

For an ague.

Take allome leather a little venice turpentine, and spread it upon the leather, then take a small quantity of frankinsence, made into fine powder, and strew it upon the turpentine, and apply it to the wrists of the patient; but note if it be a man it must be laid upon the right arme, and if it be a woman upon the left: approved true per M<sup>rs</sup> Bent.

For the new sickness like an ague, and paine at the heart and stomack.

Take a pinte of new milke, when it boyles put in the iuice of two or three lemons and take off the curd, then put to it halfe a pinte of plantaine water, and boyle ix that red mints, tops of rosemary, knott grasse, cinquefoyle, and ribwort of each a handfull, foure dates, and a little cinamon, then straine it hard, then put in sugar, and drinke a little at once and very often, then make a plaister of treacle and powder of nutmeggs, and a little red saunders, spread it on leather and lay it on the stomache. approved true. l: w.

For a burning ague.

Take heed that when the grieuous paine of the fitt cometh or molesteth you, you must abstaine your selfe from all manner of broths and meates, and onely use posset ale clarified with a handfull of succory, and two parsley rootes, and some time you may take a cup of small ale, and a toast, but when you feele your selfe most at ease, call for some broth whether it be in the night or in the day; and to make him sleepe enoynte his temples and the seame that cometh from the crowne of his head to the forehead, and in nenuphar oyle n a n a n a n cold, so that his body be kept soluble therewith, a suppositor of honey and salt, or with a little Jena seed in his broth, this broth must be made after this fashion vix: take a good bigge chicken, three succory rootes, one handfull of sorrell, one handfull of succory, violet leaues, parsley, and borragge, of each halfe a handfull, nine or ten pruyes, seeth them together in a pinte and halfe of water, untill the halfe be wasted, then put thereto some grated bread, and three spoonfulls of sharpe vinegar, and let them boyle all together a pretty while; you must eate of this broth when you feele your selfe best at ease, the herbs must be tyed in a bunch, and you must keepe your selfe soluble. la: wa: .



## For an ague.

Take the oyle of Juniper berries and droppe twelve droppe into a cuppe of ale, and drinke it off when you feele the grudging of the fitt come, upon you, and then lye downe upon your bedd in your clothes and sweate. approved true diuers times. la. W.

## For an extreame heate or drought.

Take a pottle of faire water, one handfull of suckery, one handfull of endiue, one handfull of violett leaues, one handfull of borage, halfe a handfull of Lettice, two fennell rootes, two parsley rootes, put them all in the water and let them seeth from a pottle to a quarte, then straine it, and put a little sugar to it, and after let it boyle two or three walmes, and no more, then drinke thereof as you list.

## To coole the thirst.

Take candie water, rose water, of each of them a quantity, and put sugar thereto to make it pleasant, then wring the liquor of an orange, therein and drinke it, and it will coole the thirst. probatum. M. D.

## An approved medicine for the strangurye.

Take halfe a pinte of the blood of a male goate, and put it into an earthen pott or vessel, and mingle it with a quantity of wheate meale and the vessel in an hott oven till the blood be all dried, then make it in powder and drinke it fasting, and to bedward a pretty quantity thereof, and by the grace of god doubt not, but that it shall either heale, or mitigate the dyscase, if it be not mortus hereditarius, and also restore the nature of the body.

## For the strangurye

Take a quicke hare and take out his bowells and put him into an earthen pan and bake the hare in it in an oven, with browne bread to drie powder, then take ripe bramble berries, and beate them to iuice, and straine the liquor thereof, and keepe it in glasses all the yeare, and as you see cause drinke this powder of the hare, with the same iuice of bramble berries, this is a present remedie.

## Another.

Take a pound of lignum vita, and put it in a gallon of faire water, and let it stand all night close covered, and in the morning stopp close the pott that no aire come out, and set it on the fire and let it seeth six houres, and then let it be strained through a cloth, and giue it the patient to drinke five spoonfulls at once every morning and euening, and not to drinke in three or foure houres after, and so to use it euery day till it be whole.

## For the strangurye and collicke.

Take a quantity of white wine, and a pretty quantity of philopendula, rootes and all, and scrape the rootes faire and cleane, and then take a greate fennell rootes, two parsley rootes, and picke out the pithe of them, then take a good deale of unseasoned time, wash them all together, and boile them in the wine till a quarter be wasted, then giue it to the patient to drinke as hott as he can indure it. M. D.

## For the collicke or strangurye.

Make cleare posset ale of sache or beere, and put into it twenty cloues of garlick well picked, but not bruijed, and let it seeth till halfe be wasted, then take out the garlick and drinke of that posset warme, when you be grieued. S. A. M.

## Another for the same.

Take ashen heyes, eldar flowres, hynthorne berries, orange pills, the crops of red time, the crops of red nettles, saxifrage, stonecrop, and the lungs of a foxe, the crops of the buds of a red oake, make of all these a fine powder, searce it and take of euery of them the quantity of a small nut shell full, and put it into ale or beere, shake it well, and let it stand all night, take thereof euery morning for three or foure dayes together. probat. S. A. M.

## For the strangurye.

Take goates milke and still it, and drinke of it fasting and also put some of it into your wine for it is meruellous good.



## For the strangere.

Take the kernells of ashen keyes, and the ripe berries of the sweete briar and bake them in an oven, and make powder of them, and eate it in your pottage. or thus. Take ussett leches, parsley, beane cods, ranjones, auence and saxifrage, of each a like quantity, distill them by themselves, then take a little quantity of euerie one of their waters and distill them together with white malmesey, and drinke thereof first and last, a spoonfull at each time. la. M.

## To recover speech by sicknesse lost.

Take worm wood, stampe it ~~and~~ <sup>with</sup> water, and with a spoone put some of the liquor into his mouth.

## For him that hath lost his speech in his sicknesse.

Take the iuice of sage, or of primrose, and put thereof in his mouth and he shall speake. la. M.

## For the Stitch.

Take rue, fetherfen, and camomill, of each of them one handfull, and seeth them in a quart of running water, and put therein wheate brasse, and seeth them all together till it be thicke, then put oyle of camomill thereto, and then put all in a bagge, and lay it to the patient where the paine is, and it will helpe him. m. d.

## For a stich or bruise to be taken presently.

Take a good quantity of the earth of a new molehill, of the blacchest earth you can gett, and put the same into a panna, and sterr it upon the fire, then take wine vinegar and sprinkle it well with it, and when it is well stirred upon the fire, and made very hott put it in a cloth and lay it where the grieffe is. M. D.

## For a Stitch.

Take rosemary and pennroyall, and boyle them together in a pinte of malmesey, and lay them hott upon the place where the paine is. approued by l. w.

## For a stich, plurisie, or cough.

Take a greate apple and cut out the core, and fill the hole with frankisjence, and roast the apple till it be nere soft, and then eate it with a little sugar and it will helpe you. M. N.

## For the paine in the side.

Take a pinte of red wine vinegar, and certaine crams of wheaten bread, and fifteene crops of rue, and thirteene crops of worm wood, cleauen crops of fetherfen, nine crops of rosemary, and nine crops of sage, cutt all them very small, then put them with the vinegar and bread in a pott, and lett them boyle till they be very thicke, then put them in a linnen bagge, and lay them very hott to your side, doe this three nights together, and by the grace of god you shall be whole. M. N.

## For the Stitch.

Take one pennworth of saffron, as much of treacle, and the inner rinde of a young ash shott, chop the saffron and the rinde together very small, then mixe them with the treacle, and take six spoonfulls of pishet ale new made, and take the curd cleane away, then luke warme let it be giuen with the foresaid things to the patient, and let him fast one houre after, and that houre to lye on the grieved side. M. N.

## For a stich or cold under the side, in the way of a Jumentation.

Take milke one gallon, boyle in it mallowes, and the rootes of marsh mallowes, commonill flowers, aniseeds, carromay seedes, feanell seedes, of each of them one ounce, and bruisethem and put them into the milke, and let them seeth till they be reasonable thicke, then put it good and warme into a bladder, and lay it to the side where the paine is, it will take away the paine it is good for the windcollicke, use this foure times. approued true. la. Wa.

## For to helpe a stich.

Take rue, sage, worm wood, of each one handfull, and seeth them all together in the dreggs of the strongest ale you can gett, untill the liquor be almost consumed away, and then take out your hearts and press out your liquor hard, betwene two trenchers, then put them into linnen baggs, and lay it to the place where the stich is, so hott as the patient can suffer it, and as one bagg waxeth cold, then apply it againe with another hott bagg, doe this till the stich be gone. approued true. l. w.

## For to helpe a Stich.

Take mans water and mustard, wet a cloth therein, warme it, and lay it upon the stich, for a woman, a womans water, and for a man mustard and his owne water. approued. l. w.



## For the stitch in a mans side

Take a quart or a pinte of malmesy, and heate it seething hott, over the fire, and put it into an oxes bladder, and knitt fast the mouth of the bladder, and all hott bind it to the grieffe. l. m. & R.

## For the stitch.

Take a handfull of stitch worte, a lesser handfull of sea holly, and a handfull of hearts & tongue, drye them all in an oven or under a pan, and bray them all in a mortar to a fine powder, and let the patient drinke of it both evening and morning, in good ale warme or cold. la. m. & R.

## For the stitch in a mans side.

Take the bottome of a browne loafe, and toast it at the fire, and take a quantity of cummin seedes, and bruije them, and lay them on the loafe <sup>then drinke</sup> and them in a linnen bag, and sprinkle it with vinegar, and lay it hott to the place, and change it often, and it shall be well. la. m. & R.

## Another.

Take the iuice of sage, and drinke it with claret wine, and lay to thy side a hott tile. l. m.

## Another.

Take the flowers of broome, or the young crops thereof, and frye them in clarified butter, and put them in a little bagg of linnen cloth, and lay it against the stitch, and when it is cold frye it hott againe and so use it.

Also you may take powder of the berries of heneholme, or holly, or the leaues thereof, and drinke it with malmesy hott. l. m. & R.

## For a short breath, or wheezing.

Take scurvey gras six leaues or more, of longworte three rootes, of hearts tongue as much, of lierworte as much, wash them all, stampe them, and straine them with new milke, of one cow, and drinke it warme first and last. For shortnesse of breath and stopping.

Take a handfull of maidenhaire in powder, as much liccoris as much anniseedes all in powder, a handfull of fennell seedes unbruijed, two ounces of sugar candy; eate at all times one boare before meate, and one houre after meate, one spoonfull at a time. approved true. l. m. & R.

## For quaking of the hands.

Take salt and brasill & rind seeth them together; and there with wash your hands as hott as you may suffer it, and the quaking shall cease, and it is good to eate sage fasting, and use mustard, all this is good. l. m. & R.

## A gargell to draw away rheume, and to purge the head.

Take of honey, vinegar of wine, and of mustard, of each of them a spoonfull, put them into a sawcer, and warme it so hott at the fire as you may well indure it in your mouth, then take a spoonfull of it, and hold it in your mouth, so long till you shall find the fleagme descend to fill your mouth, gargeling it oftentimes, then spitt it out, and so take another spoonfull of it, and so one after another till you have taken it all, gargeling euery spoonfull as at the first.

## For the rheume.

Take two little pieces of liccorise, the barke scraped away, of the length of a pin, and of the bigness of two barley strawes, and put either of them into your mouth, betweene your gums and your cheeks, that is on either side one, and so let them be all the night, use this euery night for a fortnight at the least, and without doubt it will stop or stay the whe rheume, for it will congeale the thin rheume into thicke fleagme, so that you may spitt it out. approved true. l. m. & R.

Against the rheume, the head ache or stinking breath. Take red fennell, mints, red sage, betony, of each alike, steepe these hearbs one night in ale or beere, the hearbs being very well washed, and drinke thereof fasting in the morning. l. m. & R.



For to draw the rheume backe, and to helpe  
sore eyes and the paine of them.  
Take cummin seede, betony seede dryed, nutmegs, and red rose leaues, of each halfe an  
ounce, then take eye bright, rosemary, and sage, of each a quarter of an ounce, bray them  
and beate all these to powder, and make a broad bagge thereof, and lay it to the nape  
of the necke very hott. approued true. l. w.

For the rheume.  
Take one pound of dicampany rootes, after they be scraped and washed, halfe an ounce of  
maiden haire, five pintes of conduit water, put all these together, and let them seeth till they  
come to a pinte and a halfe, then straine it, and after it is strained put one pound of  
fine sugar into it, and let it seeth at leisure till it hath sodden away the third part,  
then take the whites of two very new laid eggs and put into it, and let them seeth all toge-  
ther very softly halfe a quarter of an houre, and something more, and then skim away the  
white of the eggs, this done, then straine it through a faire cloth, and take thereof a good  
spoonfull, when you be layd in your bed, and lye upright a while after, and let it goe downe  
very softly, and doe this at midnight, and in the morning one houre before you rise, and  
in three dayes it will helpe you by gods grace. l. m.

For the rheume.  
Take doues dung, bay salt, wheate brann, red sage and cummin, being all well dryed and  
made in powder, of like proportion and quantity, then make thereof a quilt of fine linnen  
cloth of the length from the one side of the mould of your head to the other, and in breadth  
three fingers, lay this warme to the mould of your head, when you goe to bed, and so use this  
three or foure nights together. M. N.

Your Dyett after it.  
Forbeare at that time and likewise after as you may conueniently greate suppers, and also  
supping late, and in any wise forbear also much drinke at supper, and especially wine,  
old and hard cheese, sallets, all oyles, butter, milke, and such like meates of ouer much qua-  
-lity. prob. M. N.

For to draw a cold rheume backe and to ease the paine  
of the head, lay it unto the nape of the necke plaisterwise  
approued.

Take euphorbium and pigeons dung, and the seed of water cresses, white pepper,  
gum sandrake, of each three ounces, stone pitch and rozen of each eight ounces, and halfe  
an ounce of waxe, first melte your waxe and your rozen, and stone pitch, but boyle it not,  
and when it is almost cold, then put all the rest which must be in powder in the cooling,  
stirring of it continually, then take it, and make it up in rowles, and keepe it for your  
use, and spread it upon leather. approued true. l. w.

To purge the head.  
Take aloes, agariche, rubarbe, and mastiche make pills thereof. ap. l. w.

To helpe the rheume.  
Take crops of the tops of centory, the flowers or rootes of flowerdeluce, or both of them,  
decampene, and licoris, of each a like quantity, two quarts of new worte, boyle all these  
things together till halfe be wasted, and drinke some of it, it purgeth the rheume from  
the hearte, approued true. l. w.

For the rheume.  
Take centory and distill it with clarified honey, and giue the water to the patient to  
drinke, if you will haue a progre of this hearbe, take one penninworth of beefe, thrust it  
through in ten or twelue places, then close place to place, and put it on the fire, with  
this hearbe, and before the beefe be sodden, the flesh shall so come together and whole  
as if it had neuer been shotten through. la. M.

For the rheume in the head.  
Make an hearbe called daucus. rrr and doe it in a bagge, and lay it on his head being  
very warme. l. M.

A gargarisme for the vuola.  
Take sage leaues, honey sucke leaues, plantaine leaues, of each one handfull, six figgs  
sliced, and two spoonfulls of honey, boyle all these in faire water, till it be cleare, and  
gargell with it warme. S. A. M.



A lotion to wash the mouthe.

Take three spoonfulls of water, so many of red wine, and one or two of rose water, and one spoonfull of sugar, and so use it, it is good for one that is sicke, and hath an ill taste, and can not relish his meate. Dr. Japworth. For to make the lotion water.

Take sage, rosemary, time, hisope, violett leaues, woodbine, plantaine, vine leaues, honey-suckles, willow leaues, primrose leaues, and the leaues of wilde iuye, of each a like quantity, then take allome, and honey good store, and bruiſe all the hearbes very well in a mortar, and boyle both the hearbes and the allome together according to arte, and when it is almost boyled enough, put in your honey, and then straine it into a vessel, and keepe it for your use. l. v.

For to make a lotion water for a canker.

Take plantaine leaues, woodbine leaues, and rue, of each a handfull, then take allome, the weight of two shillings, six spoonfulls of honey, and a quart of white wine, and a pinte of water, and seeth it all together to halfe, and then wash the place that is grieued. l. v.

To purge choller a pure way.

Take a handfull of sorrell, and stampe it very fine, and put thereto a little sugar and a pinte of stale ale, and straine it, and make it somewhat warme, and drinke it morning first, and euening last, and within six dayes it shall take away and purge the choller cleane away.

To purge flegme and choller.

Take oatmeale groates and make a cake thereof, and bake it as hard as a stone, and bruiſe the same in a mortar to a very small powder, then scarce out the finest, and the same being mixed with sugar candy, very finely beaten into powder, and fiue spoonfulls thereof given to the patient to eate in the morning first, and in the euening last shall greatly consume downwards abundance of flegme and choller, whereby health is kept much better, if the virtue hereof were to all men knowne it would be had in greate estimation. l. m. q. Another for the same.

To purge choller, flegme, and melancholly, you must take halfe an ounce of sena Alexandrina, something more than halfe a pinte of white wine, clarified whay, or ale, put therein also, with halfe a spoonfull of sena anniseeds a little bruiſed, or cut with a knife, put to these so much sugar as a wallnut, a handfull of ragsons of the sun stoned and small minced, and so let all stand infused foure and twenty houres close stopped, and shake it at the least ten times in the day, and after the foure and twenty houres are expired straine the same, and as it is giue it the patient to drinke, whereupon let him fast two houres, he may (notwithstanding) presently take the open aire, and the more he walketh upon it the better it will worke, the which hath been often proued by the writer of it.

To purge the stomache.

Take fetterfen, St Johns worte or weeds, wormwood, minte, ~~or kids~~, lavender cotton, of euerie one a handfull, and certaine crums of bread leauened, and frye all these together in a frying pan with vinegar, then put it in a faire linnen cloth and lay it to your stomach so hott as it may be suffered, and it will purge the stomache of a surfett by the grace of god. probatum est.

To make a purge of damask roses by infusion  
very good in a syrrop

Take your damask roses and pull off the leaues, and clip off the whites of the leaues cleane from the seeds, then take a fottle or gallon of faire water let it be running water according to the quantity that you will make, and set it on the fire, and being seething hott take it off againe, then put in as many picked roses as the water will steepe, and then let it rest till the next day that time, then take out all your rose leaues, and betweene two faire trenchers wring out the liquor into the pott againe, then cast away the leaues and make the water seething hott as before, and in like manner put in againe as many rose leaues, and soe doe for ten dayes together, then let the liquor run through a faire cloth, and set it on the fire, and hauing boyled a good while put so much sugar to it as you thinke meet, and when it beganeth to grow to a syrrop take it off, and being cold keepe it in a glasse, it will keepe all the yeere, and one spoonfull or two at the most, is sufficient for a purge.



A good purge for Chollic and melancholly.

Take a pinte of rishet ale, and put thereto halfe an ounce of cinamon, a penninworth of anniseeds, a penninworth of fennell seeds, a penninworth of cillander seeds, a penninworth of liquorise, a handfull of raisons of the sunn, and halfe a handfull of fennell, boyle all these together from a pinte to a good draught, and so drinke it, but first let all these infusion twelue houres, stirring it or shaking it diuers times, then in the morning cold straine it, and drinke it all being but a reasonable draught, and drinke some very thin broth two houres after, this will purge melancholly, flegme, and chollic, if the patient be costine take one ounce of sena. For to make one void both chollic and flegme easily.

Take white copperes the bignesse of a greate hazell nutt, and beate it in a mortar very fine, and put a little warme water to it, and drinke it off, then within an houre after take some faire water and sugar and make it blood warme and drinke of it often, approved true l. w.

A medicine to purge flegme and chollic.

Take barrage, langdebeefe, and violet leaues a greate handfull of euerie one of them proportionably alike, and seeth them in a quartle of faire water to a pinte, then take one ounce of sena codd and leaues, and seeth them in another quartle of water to a pinte, and so sodden and strained put both the waters together, and put thereto halfe an ounce of sena codd seede powdered, seeth them together one halme or two, and drinke them first and last with a little supper. l. m. q.

To purge chollic upward and downward.

Take five ounces of Barrell, and put thereto gumme arabicke to abate his sharpnesse for it will purge strongly. l. m. q.

To cause one to avoid flegme.

Take a pinte of white wine vinegar, and a pinte of Clarified honny, and two ounces of the powder of liquorise, and seeth them all together, and eate thereof three spoonfulls euerie morning. l. w.

To destroy flegme, and to open the pipes.

Take figgs and cut them in small peeces, and put them in a pottle of running water, and put thereto anniseeds, liquorish, sugar cady, and a good handfull of hyope, and as much harts tongue, two or three crops of rosemary, and seeth all these from a pottle to a quartle, and let it runne through an Spocras bagg, and you may drinke it all times when you please, you may seeth withall barley bruised, and it will be the better, this water will be good a moneth if you keepe it close in a glasse.

For the gonthe.

Take a young whelp especially of one colour, cleaue him in two parts through the midst of the backe, and the one halfe of the inner side lay hott to the place, eyther feete or hands. la. w.

For the gonthe or sciatica.

Take of rozen halfe a pound, of persea halfe a pound, of virginia waxe foure ounces, of olibanum foure ounces, of mastiche halfe an ounce, of sheeps tallow or deeres suett foure ounces, of camphire three dragmes, and of turpentine three ounces.

The way to make it.

First beate all your gums foresaid euery one by it selfe, then take your tallow and your waxe, and melte them together on the fire, then put the rozen, then the dibanum, and last of all the mastiche, and when all is relented or melted together on a soft fire of coles then straine it through a strong canvas cloth with two sticks as hard as you can wring into a pottle of white wine, then put in the turpentine and then let them boyle all together againe till halfe the wine be sodden away, then take it from the fire and let it coole, then after ward when it is almost cold, anoynte your hands with the oyle of sweete almonds, and worke it up in rowles like unto the rowles of waxe, and in the working thereof cast in the camphire, beaten in fine powder by it selfe alone, thus obserue, that before you put in the camphire into the mortar to be beaten into powder, you must allwaies beate in the same mortar two or three almonds, for else the camphire will not be made into powder.



## The ordering of the same medicine.

First you must caze it to be spread upon a faire linnen cloth plaister wise, and lay the same upon the very ioynte where the paine is, but before the laying on the plaister, you must anoynte all the ioynts with the oyle of roses, and the stuff of the plaister must be one inch thicke, and according to the properties of the same, you must let it sticke and continue when that you lay it on for the space of nine or ten dayes together, notwithstanding that it put you to some paine of itch in the meane season, yet you must in any wise let it lye still on it, for it will both draw out the humours by little small pimples, and also heale the same againe, and this one plaister must serue during all time of your disease without any manner of renewing. M<sup>r</sup> V.

For a hott gonthe or cold.

Take garliche, and honyfleeke of each a like quantity, and stampe them both together, and plaister the same either to a hott or cold gonthe, and it will ease the paine mercifully. l. v.

For the gonthe.

Take two ounces of red lead, halfe a pint of good speltt oyle, put it in a frying pan, untill the lead be consumed, then take an old linnen cloth and dipp the cloth in it like a sear-cloth, and when the paine is upon you lay a peece of it to the place, and it will draw away the paine. approved. M<sup>r</sup> Vth.

Another for the same.

Take wheateflour, culuer dung, one onion, bores grease, lilly rootes, yedkes of eggs, of each a like quantity, stampe all together and frye them in the grease, lay it hott to the gonthe like a plaister, and take euery day an oymement called Agrippa, and lay it to the plaister, and it will enter through the plaister, skin, and flesh, and it will purge the ache away, and make the vertue of the plaister to worke within the gonthe, and at the first five dayes it will be all in a cluster, and then breake the skinn, and let it ruane out, and let blood on the spleene veine within the foote a good quantity in warme water, and then do anoynte it againe with agrippa, and lay to it againe the foresaid plaister all the dayes and all waies five of the first daies wash the sore with vinegar, and also for the ache that will be in the meane time, after the ache is staid take blache snails and put them in a little linnen bagge, and a little salt with them, and set under some vessel to take the oyle that cometh from them, and with a feather anoynte the sore place, also for the last plaister, let the patient be in a dry stoue, or steeve onco or twice, and it will heale. M<sup>r</sup> Vth.

For the cold gonthe.

Take the roote of saxifrage, parsley, fennell, alijander, time, bisopo, penni royall, rosemary, lauender, prirose, minse, calamint, organy, adders tongue, horse minte, aniseed, bettony, and of sauroy, of each halfe a handfull, galingsale, blacke pepper, white pepper, long pepper, cloues, and nutmege, of each halfe an ounce, cinemon, mace, cubibe, of each two ounces, setwell, pellitory of spaine, mallorres, of each one ounce, stampe all these hearts, and make the spices in powder, and put them in a gallon of good red wine, and mingle the hearty and powder in it, and let it stand a night, and put it all into a stillatory, and distill it, and giue the patient a good spoonfull of that water and it will helpe him. M<sup>r</sup> Vth.

For a sciatica.

Take roxen waxe and stono pitch, of each a like quantity, of sweete butter, as much a pease, boyle them all together to the forme of a plaister, then stirr it till it be cold, then take new sheepes leather, and make one socke or two, if the paine be one both sides, and spread it upon the sole of the socke not too broad, because it must not come to the toes, and then pricke the plaister full of holes, and let it lye on, and neuer take it off for the space of foureteene dayes, learned of my lady P. l. v.

For paine of the heart.

Take rosemary flowers in May, and drinke them with white wine, the iuice boyled together.



## For heart burne.

Take ten or twelue cornes of wheate euerie morning fasting, till you be whole, but you must abstaine your selfe from butter all the while, and it will helpe you. probatum est by M<sup>r</sup> Norton.

## To comforte a feeble heart.

Take briony, roseleaves, lavender cotton, rosemary, time, and a little saffron, and boyle them in maluesey, and straine the liquor from the other things, and moisten a scarlett cloth therein, and wringe it hard, and lay it to the heart warme as may be suffered. l. v.

## For the soreness of the heart.

Take halfe a handfull of greene wormwood, halfe a handfull of red mints, and as much of red rose leaves dried, halfe a handfull of browne bread crumme, and bruisse them all together in your hands, and set them on a chafing dish of coles in a pewter dish, and put thereto maluesey, and stirr them together till they be hott, and put them in a linnen cloth, and sove it like a mattress, and lay it to the patients stomach as hott as he may suffer it, and by the grace of god it shall ease him of his paine. l. m. q.

## For the heart burning.

Take a corne of clibanum, and swallow it downe whole, and it will ease, or else cate rue, comin seed, or anniseeds, or pepper cornes bruised, in thy mouth, or cate almonds or small nuts and it will away. l. m. q.

## For the passion of the heart.

Take as much conferue of roses as the quantity of a hassell nutt, of methridatum as much as a pease, of hartshorne as much as two barley cornes scraped, mingle them together and cate it, and by the grace of god it will helpe it. l. m. q.

## For a stinking breath.

Take browne bread and toaft it, and lay a little bay salt bruised upon it, and cate it when you goe to bed.

## To make one have a sweete breath.

Take the powder of sage one ounce, rosemary flowers three ounces, gilliflowers fine dragmes, cinnamon one dragme, and a halfe, nutmegs one dragme and a halfe, myrke a little quantity, then take so much honey clarified as will incorporate all these things like unto marmalate, and cate of this fasting and at night a little quantity at a time, so shall your breath become sweete, and if you goo into any place of the plague or pestilente, or into any corrupt aire, if you cate a little of this fasting it shall defend you from the infection thereof. approued true. la. v.

## For a stinking breath.

Take a greate handfull of Strawberry leanes, and seeth them in two quartes of white wine, and drick of it morning and euening for fifeteene dayes together. l. v.

## Another for the same.

Take sage, and rubb it betweene your fingers or hands, in the morning, then put some of it up in your nostrills, and keepe it there a good while, doo this fifeteene dayes together. l. v.

## Another for the same.

Take two handfulls of the powder of Comin ~ and seeth it in good white wine, from a quart to a pinte, and drinke it first and last fifeteene dayes together. l. m.

## Another for the same that cometh from the stomache.

Take two ounces of comin and beate it in a brasse mortar to powder, and seeth it in good white wine, from a pottle to a quart, and drinke halfe a pinte thereof at a time thereof as hott as you can suffer it, and it will make him have a sweete breath within fifeteene dayes. l. v. he must haue a pinte almost at a time.

## To cure the trembling and the shaking of the heart.

Take conserues that is made of the flowers of marigolds, in the morning fasting to the quantity of a wallnut, cureth the trembling of the heart, it is also good to be used against the plague and corruption of the aire.

## For the convulsion of the heart.

Take the bottome of a browne loafe, and put it in a dish over a chafing dish of coales, and wet it all over with white wine vineger, then strow it over with the powder of a nutmegg, and lay it halfe way over the heart, and soe downward, and when one is cold you must haue another readie. l. m. q.



To comforte the heart that is weake.

Take the powder sett wall and put it in your meate, and it shall comforte the heart, and is very good if one be disposed to sounding, and is good against wormes in the wombo.

A very good sirrup for the trembling of the heart.

Take the leaves, stalks, and flowers of borage, a greato quantity, let it be cleane washed, and the water cleane wrung out, then stampe and straine them untill you have a pinte of the iuice, then mingle them together and put them into a deepe platter or other cleane vessel, and set it upon a chafing dish with coales, till it be ready to boyle, then take it off, and let it run through a cleane cloth or strainer till the cleares be come, then sett it on the cooler againe in a cleane dish, and put to it a quarter of a pinte of very good rosewater of the red rose, with a pound of very fine sugar in powder, so let it boyle till it grow to the likeness of a sirrup, then add thereto a graine of muske beaten with a little sugar, the powder of two bones in the heart of a fagg, and seeth it a pater noster while, then keepe it in a close vessel, and when you need thereof, use two spoonfulls in the morning and one at night, or at any other time when you feele griefe, and this shall helpe you by the grace of god.

Against melancholly, faintnes, sounding, plegme, leprozy, hott feauers, and to comforte the hearto.

Take the only red leaves of the clove gilliflower, beate them in a mortar very well, and to euery pound of gilliflowers take three pounds of fine sugar made in fine powder, then mixe the flowers by little and little with the sugar, stirring them together, and mixe them perfectly with a wooden slice, and then upon a gentle fire seeth it a little, putting the powder of cloves into it, to the quantitie of three dragmes, and one graine of muske, and a few dropps of the iuice of lemmon; you may add more flowers if the bitterness offend not. R: R.

For the faintness of the heart.

Take the filme of gold, and the powder of a Harts heart and mingle it with the iuice of borage, and sugar made in syrrop, drinke it, for it is very good for sounding.

For weaknes of the heart.

Take rosewater, a pearle beaten small to powder, and mingle it with sugar, and drinke it two or three dayes and it shall doe you good.

For the lashe or bloody flux.

Take rice flowre and put it in milke, and so being boyled very thicke, and eaten warme, and it will presently stay the flux.

Another.

Take germander and beate it small so and drinke it with red wine being a little warme and it will stay the flux.

Another.

Take a stone or two red corral; and burne them in the fire till they become white, then make them into powder, whereof let the patient drinke in red wine or raspi wine, being a little warme, and it will stay the bloody flux.

Another.

Take a handfull of pererwinde and set it on the fire in a quart of faire water, and let it seeth halfe away, then straine it, and set it on the fire againe, and put into it halfe a pinte of red wine, of the best, one ounce of sanders, halfe an ounce of cinnamon braised, and let it seeth together a while, and let it run through a cloth, and put it in a pott and keepe it close, and let the patient drinke it at all times warme, foure or five spoonfulls at once, and at the least, euening and morning.

Another.

Take a quarter of a pinte of new milke hott from the cows, and seeth it ouer the fire and when it is ready to seeth up, put into it a sawcer full of water, and so seeth it more, drinke it when you goo to bed, and oftner if you need, this will helpe you by gods grace.



## Another.

Take one spoonfull of beane flower, and put it into a pinte of ale, and seeth it till it be so thicke as a candle, then take it from the fire, and straine it through a cleane cloth, and drinke thereof so hott as may be suffered, doe so foure times and it will stopp it.

## To stopp a laske, be it neuer so greato.

Take a new tile stone, and put it in the fire till it be red hott, and take five or six yolks of eggs, and a nutmeg beaten into fine powder, beate them together in a manner like butter, then lay it on the tile stone being red hott, and when it is baked and not burnt giue it to the sicke to eate, then take a gadd of Steele, put it into the fire till it be red hott, and being well mixed, put it into a cup of stale ale, and giue it the patient to drinke forthwith. proued by Doctor Wells.

## Another.

Take plantaine seeds when they be through ripe, bruisse them in a mortar, and seeth them in milke, so many as may make it something thicke, and fasting giue the patient some of it to eate. probatum est.

## For the bloody flux a singular good medicine

Take as many cleane linnen clothes as will make a suppositor, wrapp it round butter wise, then wet the same in the best aqua vite, or aqua composita, and let the patient griued conuey the same into their fundament, and within foure or five dayes god willing they may be whole; proued and holpes very many that were brought very lowe and almost past cure. John White.

## Another.

Take the seeds of marsh mallowes, greene or dry, pound with a little ale, drinke it, and it will heale the bloody flux, stop the laske, and all other issues of blood.

## For the flux.

Take an egge and rost it somewhat hard, and take the powder of masticke, and put it into the egg, and eate it. M<sup>rs</sup> Norton.

## To stop a laske.

Take the white and yolke of an egge, beate them and scrape chalke into the same, and make it into a peece of dough, and bake it upon the hearth, and lay it to the nauell of them that are dysseased, as hott as they may suffer it, and thus use it, chytting it once in foure and twenty houres, three or foure days together. M<sup>rs</sup> Norton.

## For the bloody flux.

Take milke, seeth it on the fire, and when it seeth's put into it a peece of roche allome, and then there will arise a curd, take it off, then drinke the whey as hott as you can suffer it, and if your stomach will serue you, eate the curd also. l. m. Q.

## To stop the laske.

Take halfe a pinte of red wine, and three peece of steels, and make them red hott, and put them into the wine, and drink it all off in the morning. l. w.

## For the laske.

Take a thimble full of a mans bone made into powder, and drink it in red or white wine. l. w.

## For loosensse of the belly.

Take one knott of the roote of mullein, and giue it the patient to drinke, and it will bind his belly. l. w.

## For the laske and bloody flux.

Take the pixze of a buck, dry it, and grate it into fine powder, and boyle it in milke, then giue the patient to drinke thereof very hott, and often. approued true. l. w.

## To helpe the bloody flux.

Take a greate kittle full of faire water, and three pound of cummin seed, and halfe a peece of pigeons dung, boyle it very well, then set your feete in about the ancles so hott as you can suffer it, doe this as often as occasion serueth. approued true. l. w.

## To stop the laske or bloody flux.

Take strong wine wineger, and heate it very hott, and put cloues therein, and lay them hott unto the nauell three or foure times in one day. approued. l. w.



## Another to Stop a laske.

Take twelue eggs being new laid, and take the yolkes of them, and halfe a pound of beane-floure, two ounces of cinamon, one ounce of nutmegg, three ounces of sugar, and a quarter of a pinte of red rose water; then take the yolkes of the eggs, and the rosewater and beate them together, then take all the said powders and the beane floure and make a paste of them, then make a cake and bake it, and eate it morning and euening. this hath been proued both by sea, and land. l. v.

## Another.

Take the liuer of a young bulloche and dry it in an ouen, and when it is dry throughly powder it, and giue the patient some of it to drink in a cup of ale, morning and euening, as occasion serueth. proued upon diuers.

## Another.

Take hott horse dung boyled in malmesey, and lay it to the nauell, and it will helpe you by gods grace. l. v.

## Another.

Take a good quantity of the fruite of white thorne, when it is ripe in septem ber, pick out all the core or stones as cleare as may be from them, bruisse them into powder, and let the patient eate it, in a little thin broth made of mutton or weale, and this will stay the laske. M<sup>o</sup> Drylen.

## For a laske or losse of the belly.

Take a pretty quantity of Aqua composita, and a new layd egge, boyle the aqua composita with the egge, untill such time as the aqua composita be boyled away, then take sugar and cinamon of each a like quantity, beate them to powder and mixe them together, and let the patient eate the same with the egge, and it will speedily helpe him. M<sup>o</sup> D.

## Another.

Take a faire bason and set it forth in the raine, and saue the water that falls therein, then take a few violet leaues, boyle them in the same water, then take almonds and boyle them, but blanch them not, but beat them and make almond milke of them with the liquor, and if the flux be very much upon him, then boyle the milke, and put thereto a little cinamon, and sugar, and giue it to him. M<sup>o</sup> D.

## For the bloody flux.

Take a new layd egge and powre out the white, and stirr the yolke about with a knife, and put in a quarter of a spoonfull of aqua composita, and stirr it about and drinke it up. M<sup>o</sup> D.

## Another.

Take a pinte of milke from the cowe uncleansed, one pennivorth of starche flowers, two or three yolkes of new layd eggs, of cinamon and sugar, of each one pennivorth, seeth them all together to pappe, and eate this morning and euening fasting. proued true. l. v.

## For the laske.

Take the flocke of scarlett and frankincence, then put it in a chafing dish of coales, and let the patient sitt ouer it, and in using it often it shall be remedied. l. v.

## For the bloody flux.

Take red wine vineger, boyle it, and poche two eggs in the wine vineger, and eate them, and sup two or three spoonfulls of the vineger, doe this morning or euening till you be well. proued true.

## Another.

Take that which is shorne from the scarlett, dry it at the fire, or in an ouen, and make powder of it, and then giue to the patient to drinke halfe a spoonfull thereof in red wine, use this six or six times and it will helpe him shortly. l. v.

## Another.

Take Acatia mixe it with beaten cinamon, and red wine giue it the patient very warme morning and euening, it is good at sea, and on the land, but best for the sea. proued true. l. v.

## Another.

Take red wine of the best and rost an orange in the embers morning and euening, and when it is rosted make foure holes in it, then put it presently into your wine, and so drinke it off, and when you goe to stooles, there must be some fire underneath the stooles, or hard by so that the heate may strike up into the body; approved true. l. v.

## Another.

Take new milke and white bread, seeth them together, then take a good peece of wax and cut it in small peeces, and put therein, and let it boyle againe to melt the wax, then eate of it all together so hott as you can suffer it, doe this morning and euening. approved true. l. v.



## Another.

Take the yolks of three new laid eggs, and stirr them with a penniworth of aqua vita, halfe an ounce of the powder of cinamon, and seeth them both together, and stirr them till they be somewhat hard, then eate of it euening and morning, and at all times, and take the rootes of holly hocks and cut them in slices, and seeth them in a pottle of red wine, and drinke the wine. approved true. l. w.

## To breake a cake in a womans belly that cometh with sorrow.

Take parsley, sage, hiope, wormwood, and tansy, seeth them in a pottle of stale ale to a quart, and giue her to drinke in the euening cold, in the morning hott, and she shall be whole god willing. l. m. q.

## Another for the same.

Take a catt and cutt off his head, and take out the bowells, and lay it to the sore side, and it will helpe you. probatum. l. m. r. An oynement for the cake in the side.

Anoynte thy selfe with oyle of lillies, oyle of dill, fresh butter, the marrow of an oxe, and hens grease, mingle all together. l. m. r. To cure an old cough shortly.

Take powder of g reos and make a candlle thereof. l. m. r.

## For the ague, cake, or spleene.

Take young mallons, marsh mallons, red hollihocks, cleampe rootes, and briony rootes, of each a like quantity, of linseed, fengreche, of each three handfulls, you must seeth a sheeps head broken in peeces wooll and all in a good quantity of water, till it be sodden all into small peeces, then take the fattest of that broth to the quantity of a gallon and better, then seeth the stuffe aforesaid in this broth till all be very tender, then straine it hard and mingle with that water one pound of hogs grease without salt, and every morning warme some of this liquor, and dip a greatesponge into it, and wring it, and lay it hard to the side, and couer you well with a warme sheete, and let it remaine till it waxe cold, then apply another sponge in like order, and so continue one after another for the space of an houre, and afterwards apply thereto this plaister following.

Take the dregs of the liquor aforesaid, and stampe them very well in a mortar, then mixe it with the marrow of the bone of a beete, halfe a pound of hogs grease, and some quantity of figgs, and the fattest wooll of a blacke sheepe, stampe these together and boyle them and put thereto foure ounces of the leauen of bread, then spread some of this in a double cloth of linsen, and being very well warmed apply it to the hott side, hauing used the liquor till the next morning, the sponge must be used againe with the liquor hott, for the space of an houre, and after apply the medicine as before. approved true. l. w.

## For black freckles.

Take the gall of a bull, or the blood thereof anoynte thy face therewith, and it will clense it cleane.

## To take away freckles.

Take the leaues of white poppey, and distill them, and wash the face with the water. M<sup>o</sup> Norton.

## For the pearle in the eye.

Take wild daries wash them cleane, and dry them in a cleane cloth, beate them and straine them, then take the said iuices and drop two or three drops in the pearle, doe this twice or thrice a day, and it will destroy it, for it hath byn proued.

## Another for a pin and webb in the eye.

Take new laid eggs and rost them hard take out the yolks and put in roche allome a pretty quantity, and when it is melted in the white, wring it in a cleane cloth, and put the iuice thereof in your eye.

## Another.

Take honey and roses leaues, such a quantity of both as you mind to make your liquor, boyle them together, scum the same, and straine it, and at night put a drop thereof into the eye, and so use it euerie night till you be whole.

## Another.

Take a good race of ginger pared cleane, and make it in powder and mixe it with the powder of a cattlle bone, wherewith goldsmiths use to make cleane their plate, put thereof a quantity in your eye at night, when you goe to bed, it will smart a while, but let it a lone, and in the morning wash your eye with rose water, or white wine, and it will take it away.

## Another.

Take the gall of a hare, and honey, as much of the one as of the other, and at night when you be in bed, lay some thereof on the web with a fens feather, the hongg must be well purified.



For the eyesight.

Take three spoonfulls of rosewater, two spoonfulls of white wine, one spoonfull of fennell water  
X halfe a spoonfull of the cleare of an egge, I meane of the white of an egge when it is well beaten, mix  
all these together and with a feather put some of this in your eye, and wet a cloth in the same, and  
lay it upon your eyes.

Another for the same.

Take one pound of lapis calaminaris, which is a red stone and very heavy, put the same stone in the  
fire betweene two tiles, that no ashes come unto the stone, you must not leave blowing the fire untill  
it be red hot, then take it out of the fire, and put it into a piate of white wine, and let it lyethere  
untill it be quenched, then put it into the fire againe as before, which you must doe in all foure times,  
then take out the stone and cover the wine close, and let it stand till you see as it were a  
foame upon it, then when you goe to bed, and in the morning when you will use it, shake it toge-  
ther, and it will seeme like unto les of wine, and with a feather wet your eyes, and within  
foure times dressing it will be well. proued by M<sup>r</sup> Atkinson of lumbard streete.

Another.

Take one dragme of sarcocolla, as much of aloes, Tulli, of sugar candy one ounce, put this into a  
quarter of a piate of white wine, and one quarter of a piate of rosewater, put all these in a glasse  
and stop it close, and let it stand in the sunn twenty dayes, it must be in summer, shaking together  
once in two dayes, then put the cleere into a thianne bottle keeping it close, and when your eyes be any  
thing ill, then take with your fingers two dropps of it, and let it fall into the corner of your eye,  
then goe to your sleepe two hours or thereabouts be it at noone, or at night, and it will helpe you,  
this medicine will keepe yeauer yeere in virtue in a bottle.

For the sight very good.

Take red sage, red fennell, verucine, bettony, cofrage, cybright, pimpernell, cinquefoyle, and herb-  
X grace, lay all these a scoope full night in white wine, and distill them in a stillytory, this water is  
excellent you must take the hearbs by euen portions.

For the eyesight most precious.

Take smallage, fennell, rue, verucine, eyrtmony, botony, sea bious, aene, houndstongue, cyfrage, sage,  
pimpernell, of each one handfull, and still all these hearbs together with the urine of a man child, and  
five graines of frankinsence, and when this water is stilled put one drop of it in the eye of the  
patient before he goeth to bed, and in fine it will helpe, by his grace that giueth sight to all creatures,  
this is a speciall water for eyes, and of much virtue. probatum est.

A most soueraign medicine for the eyes grieft.

Take thirtie young swallowes out of the nest being well feathered, of leaues of red roses, of wood-  
bine flowers picked, and of eye bright, of each two handfulls, stampe them with the swallowes  
all together very small, then steepe them in foure or five pintes of good white wine foure and  
twenty houres, stopping the pot close, then put it into the still, and still it with a soft fire,  
one still full will aske two dayes stilling, and this is in the use of it a most precious medicine.

For the eyes.

Distilled water of marigolds ~~is excellent~~ put in the eyes cureth the rednes or inflamation  
of them, some are of opinion, that this water is good against all diseases of the eye.

An excellent water for pained eyes.

Take of ground Iuyce, celondine, and daisies of each a like quantity, stampe and straine them  
with a little sugar, and rose water, put thereto of the water into sore eyes with a feather, &  
this taketh away all manner of inflamation, spotts, webbs, itch, smarting, or any grieft what so  
euer is in the eye. proued to be the best medicine in the world.

For the pin and the webb.

Take heart beanet, otherwise called hemlocke, and a certaine quantity of bay salt, and stampe them,  
and if the pin and the web be in the right eye, lay it to the wrist of your left arme, on the inside, and  
likewise to the bowe of the same arme, and if the pin and web be in the left eye, lay the same heart  
likewise to the wrist of your right arme, and to the bowe of the same arme, use it as you shall  
need and it will take it away.

Another.

Take fine white ginger, and grate it upon a whetstone, and beate a little copperas very fine and  
put to it, and when the patient goeth to bed put of some of it with a quill into his eye, and when it  
hath been there a while take ground iuyce beaten, and strained with womans milke, and put three  
or foure dropps into the eye eue ning and morning, after that the white ginger, and the copperas  
haue been in the eye halfe an houre.



For a pin and webb in the eye either of man or beast.

Take nine sowes, otherwise called monkey reason that are betweene the barke of old trees, and wash them cleane with beere or ale, then stampe them very fine, and put them in draught of beere or ale, and drinke it off and lye on your bed, on that side that the webb is, by the space of a quarter of an houre and more, and it will helpe you in twice or thrice taking. this hath been well approved by Mr. Norton.

A very good water to cleare the eyesight of them that be troubled with dimnes of their eyes.

Take featherfen, hearb grace, red fennell, gather them all in may, and still them, and drop some of the water in your eyes, when you goe to bed, and when you rise, and it will cleere and amend the sight very well. M<sup>r</sup>. Norton.

A perfect remedy for sore eyes.

Take a quart of faire running water, of red fennell, and daisy rootes, of each one handfull, fouretcene or fiftene leaues of sengreene, and boyle all these from a quart to a pinte, and then put therinto the quantity of a hazell nutt of white copperas, then straine the water, and put it into a glasse, and drop thereof into your eyes, and you shall be whole by gods grace. approved: l. m. R.

A very soueraign medicine for the eyes.

Take fennell, oculus Christi, pyony, rue, chickweede, pimperl, veruain, sow thistle, egrimony smallage, betony, eye bright, tormentill, woodbine, vine leaues, red roses, or the water of red roses, welsell taylor, of each one good handfull, but most of betony and fennell, bruise them all in a mortar together, and put them all into a faire bason, that you may well turne them therein, then take the sawcer full of the milke of a woman, that giueth a man child sucke, a pinte of good white wine, two pennorth of stone honey, halfe a pinte of the water of a man child, being under the age of seauen yeares, the first day at night put into the bason of hearbs the pinte of white wine, and stirre them together, the second day, put the honey into it, and stirre it, the third day put in the water of a man child, the fourth the sawcer full of milke, the fifth day you must put it into the stillatory, and still it with a soft fire, and then keepe this water as you would gold, it will preserue your sight if you use to drop it now and then in your eyes when you feele any paine in them. M<sup>r</sup>. Norton.

For the itching in the eyes.

Take aloes and temper it with white wine, wash the eyes therewith. Note that oyle of the whites of eggs is good for sore eyes. l. m. R.

For sight of the eyes.

Take a new layd egg hard rosted, with the yolke taken out, and rocke allome put therein, put the water in your eyes l. m. R.

For teares of the eyes.

Take the leaues of betony, and rootes of fennell, and boyle them together in water, and wash your eyes morning and evening. approved: l. m. R.

For the rednesse of the eyes.

Take celondine, and clarified honey, with the whites of eggs, and mixe them together, and being well beaten, put some of it into your eyes with a feather, Note that there must be as much of the one as of the other. M<sup>r</sup>. Pall.

For a pin and a webb.

Take the iuice of smallage and put one drop into the eye three times a day and it will kill it. R. Locatelle.

To helpe the rheume of the eyes and to draw it backe.

Take pigeons doung, and mine vinegar, and frye them together, and lay them upon a cloth, and bind them to the nape of the necke, so hott as you can indure it, doe this so often as occasion serues. approved. l.

For a prick in the eye.

Take the marrow of a goose old hild, and put thereof in the eye of the party, and if it melteth take a little new spittle, and put it into the said marrow and temper it together. l. w.

To helpe waterish sore eyes, that are troubled with salt humours, with paine.

Take the hearbe cronfoote, and lay it bound your eyes, and tie a leafe of plantaine upon it and it will blister, and so keepe a leafe on it and let it run till the paine of your eyes be gone, and then lay onlya plantaine leafe and it will shew it. l. m.

For euill eyes

Take three leaues of veruain, and lay them upon the pulse of the hand, if it be the right eye lay it to the left pulse, if the left eye then to the right pulse. l. w.

For sore eyes.

Take an axe such a one as is to cleaue wood with, let it be cleane from rust, and scoure it and take a cleane linnen cloth and burne it upon the axe, and a little sweate will appeare upon the axe, under the burnt cloth, take it and strike it into your eyes and it will smarte, and wash them not for an houre, and sleepe upon it. doe this two or three times. approved. l. w.

*Handwritten signature or flourish.*



For the diseases of the sight.  
Take the iuice of reynard and of mints mingled with honey that hath been skimmed, put a little thereof into the eye, and at once ridde them that use it of the dimnesse of the sight: la: w.

To take away the inflammation of the eyes.  
Take halfe a pinte of milke, and seeth it, and put in a peece of allome into it, and there will come a curd, take the curd off, and put thereto a little rosewater, and womans milke, and the white of an egge, and with a feather put some of it into your eyes: approved. l: w.

For a humour or rheume in the eyes.  
Take mustard seede and bruiſe it, and quill it in a linnen cloth, and put it in a dish, and set it in a chafin dish of coales, and put thereupon aqua vita, and so make it very hott, and lay it on the nape of your necke, doe this diuers times: approved: la: w.

For sore eyes and to comforte them.  
Take a red fennell stalk, and cut it off aboute the heert, and fill it full of white sugar candy very small beaten, and stop the holes close up with waxe, and so bury it in the ground for two weekes, then take it up, and poure out the water that is in it into a glasse and wash your eyes with it, and keepe it for your use: l: w.

A comfortable medicine for the sore eyes.  
Roast a new layd egge reare, and put therein nutmegs and salt, and a little powder of eye bright, and see it up euery morning one for the space of nine dayes together: approved true upon diuers: l: w.

To make eyes bright.  
+ Anoynt your eyes with the blood of small birds, and they shall be bright euery after: approved true: l: w.

A medicine for bleared eyes.  
+ Take veruain, and dragons, and stamp them, and lay them to the eyes, and will heale them in three dayes.

A medicine for the eye sight.  
+ Take foure nests of young swallows, take the birds and put them in a stillatory and still them, then take of the water three drops at one time, and put it in the eyes, and it will make a blind man to see, also it will cleere the sight: m: d.

For the pin and web in the eye.  
Scrape a little of sel armoniacum and put it in the eyes once a day: approved: l: w.

For the pin and the web.  
Take white sugar candy and weare it in your bosome, next your body and drye it, then beate it in a faire white paper very fine, then put a little into your eye, also take the marrow of the wing of a gosse, and put that into the eye, and it will take it away.

A water to make a cleere and good sight.  
Take colidoni, eye bright, red fennell, red roses, sengreene, maiden haire, and rue, of each three ounces, put thereto of aloes halfe an ounce, still all these together in your stillatory, then take the water and wash your eyes therewith, and you shall haue a very cleere sight: approved true: l: w.

An excellent water for sore eyes.  
Take foure handfulls of eye bright, one pecke of snails with shells, and beate both hearts and snails very small, then take one dragma of white copperas, and strow it upon these when you put them in the still, and so distill them all together, and keepe the water in a close glasse, and wash your eyes with it morning and euening: approved true: w.

To purge the eyes.  
Take May weed, and stampe it and straine it, and take three or foure spoonfulls of the iuice of it, and put it into a cup of ale or beere, and drinke of it three or foure dayes together: approved: l: w.

For the poeke of the eyes or pearle.  
Take saffron and lay it in a sawcer with faire water let it stand while it is yellow, then drop some of it into the eye with a feather, and it will destroy the poeke, and saue the sight: approved true: l: w.

Then lay this hearb following to your wrist.  
Take veruain and picke it from the stalks, and stampe it with a handfull of bay sale, and bind it to the contrary wrist, and use it euery morning and euening: approved true: l: w.

To draw out any filth out of the eyes.  
+ Take whites of two eggs and beate them till they come unto an oyle, and shaine it very cleane, then take six branches of veruain, stampe it well, and straine it to the veruain, and to the oyle of the eggs, then take six blades of english saffron, and put it into a cloth of linnen, tye it fast with a thread, and let it lye in the same one howre, then wring it out and use it thus following.

Take the first water and put one drop or two in the eyes with a feather, then when it hath left smarting, dip a small linnen cloth in the oyle, and skutt your eyes, and lay it upon it, and so let it lye all night, if you will use the water first alone, if that will doe no good trye both: l: w.

For red eyes.  
+ Take bettony and vreye bright, stamp them and take the white of an egg, and beate it and seum it, and make balls of it, and bind it upon the eyes: l: w.



Take terra sigillata and temper it with a romans milke, and a little red rose water, and spread it upon the forehead, and spread it upon a little flax, and lay it upon the temples, and upon the head approved true. l. m.

For a humour or rheume in the eyes.  
Take honsleeke and garden wormes, more honsleeke then worms, and stampe them together, put thereto fine floure to make it plaister, then put it into fine cloth and apply it to the forehead and temples.

Another  
Take two handfulls of chickweed, wash them not, but shred them with a knife, then take a quart of white vinegar, and some leavened bread in crums, seeth them together till they come to be a plaister, then lay it upon a cloth unto the browes and temples as hott as it may be suffered, and a hott kerchiefe bound upon the same, using this three or foure times it will helpe, this must be used hott, with hot cloathes about the head, that the head may sweate, and because the eyes will burne with that heate, you must take a spoonfull of white copperas water, and with a feather drop one drop into the eye, and it will asswage the heate.

Another.  
Take a quart of the lees of white wine, a quantity of hemlocke of the smallest branches with the hearts, boyle them till it may be layd in a cloth as a plaister, and lay it over the whole forehead, and temples, it will cause the patient to sleepe, and take away the griefe of the megrim.

For the head ache, or shooting in the head.  
Take of sage, rosemary leaues, hisope, elder leaues, of each one handfull, frye these together in a pan, with a handfull of bay salt, then take vinegar and sprinkle it therewith that it burne not to the pan, then haue a cleane cloth ready to put your heards upon, when they be fryed enough, and lay them to your head as hott as it may be suffered, when you goe to bed, and when they waxe cold heate them againe, doe this two or three nights and you shall finde ease.

Another.  
Take a pinte of malmesey, and a quarter of a handfull of rosemary crops, and halfe a handfull of the mother of thyme, seeth all these together, with a spoonfull of the powder of cummin, and when they haue boyled a good while, put it into a little stone bottle and lay your eare to the mouth of it, that the steame may strike up into your head, as hott as you may suffer it, and when it is cold heate it againe, for it will serue to be heated twice or thrice, and then make new; when you be up you may likewise put it to your nostrills that it may go up into your head.

Another for the same.  
Take a handfull of camomill, of pennyroyall, of sage, of wheate bran, of each one handfull, chop them all together small, and boyle them in a pinte of sharpe vinegar, till they be thicke, and thereof make a plaister, and lay it to the temples of the head as hott as you can endure it, and it will doe you good. probatum.

Another.  
Take five nutmeggs, grate them, and seeth them in malmesey till they be thicke, then make a plaister thereof and lay it to your temples.

Against all paine of the head.  
Take halfe a dragme of bayberries, of scammony, and of saffron, a dragme, bray them well together with vinegar, and roses, and when your head acheth anoynte the place griened with this oyntment, and you shall see the vertue thereof, merueilous greate.

An excellent remedy for the head ache, which diuers haue found greate good by.  
Take one handfull of pellitory of spaine, boyle it in a little rosewater on a chafing dish with coales, that done, make a small lianen bagge, more then one handfull bread, and twice as long, fill the bagge with the said pellitory, and bind it fast to the pole of the head griened, so hott as may be, and in short space there will ensue greate ease, as hath been often proued.

A good pottage for the head ache.  
Take fenell rootes, borragle leaues, langlet beets, and lettuce, boyle all these together and make pottage of them.



Against euery grife or paine of the head,  
except the poxe.

Take roses, cammomill flowers, mellilote, calamint, southerwood,  $\text{m}^{\text{r}}$  of each two handfulls, seeth them in forty pound of water, and good wine, untill halfe be consumed, and with this being hott, let the patient wash his leggs from the knees downward, morning and evening, and his armes from the elbows downward, and let not his stomach be full;

Against the paine of the head that continueth  
allwaies.

Take leanes of blake Juye and bray them, and put them with vineger, oyle, and wine, as much of the one as of the other, seeth them together and annoynt your forehead, and your temples, and it shall ease you very much by gods helpe.

Against the headache by much drinking.

Take rue leanes, and bray them with vineger, and put roses to them, and bitter almonds, and with this rubbe your head and you shall be eased. Against the head ache and to purge the same.

Take maioran press out the iuice of it, and let the patient take thereof in his nostrills.

Against itching of the head.

Take a sheeps gall and mixe it with white chalke, therewith rubbe your head and let it dry upon you, and it will heale you.

Against ulcers and scabbs of the head,  
as well men, as women.

Take the gall of a bull, and mingle it with vineger, then make it like warme, and rubbe your head with it, that done, by the grace of god you shall be healed.

For the head-ache.

Take a rose cake mundified in rose water, and vineger, made after the manner of a fillet then take one nutmegg, a few maces, and three cloves, all beaten in fine powder, and strawd upon the rose cake, and so hott as may be suffered, bind it to the head of the patient, and let him take his rest, and this is very comfortable.

Another.

Take the iuice of houlecke, womans milke of a maiden child, red rose leanes, and rose water mingled all together, make a plaister, and sewe it in a linnen cloth, and lay it to the temples.

For the head ache old or otherwise.

Take the brainen of a crowe, seeth it and eate it, there is no paine of the head so greate or so old, but that it will heale it with a singular virtue. l. m. R.

Take the outward part of a fennell stalk, and red nettle leanes, and chickweed, beate them together and take the iuice thereof with good ale, sweet milke, or sweet wine. l. m. R.

For an ache in the hinder part of the head.

Stampe sage with the white of an egge, and temper it with vineger and lay it thereto. l. m. R.

To helpe the head and stomack

Drinke eary morning one penny weight of Jew wall, or otherwise called red wall in powder and drinke it, and it will helpe the head, stomack, and cleerness of sight. l. m. R.

For purging a paine of the head.

Take the iuice of ground iuye, and snuffe it up in the nose, out of a spoon or saucer, it purgeth the head merueillously, and taketh away the greatest and oldest paine thereof that is, this medicine is worth gold, though it be very cheape, this medicine hath cured those that haue beent troubled with this paine for the space of twelue yeares, and neuer had it since. l. wa.

To purge the head and to helpe the swining thereof,  
the head ache, and megrom.

Take the rootes of beets and wash them, and cut away the uppermost barke, then stamp the same and wring out the iuice thereof, then snuffe some of it out of a spoone into your nose, and a speedy remedy will follow. this approued. Then take labdanum and fume it under your nose in a chafing dish of coales. approued true. l. w.

To purge the head which is troubled with rheume  
and cold.

Take aloes and agaricks, and rubarb, and mastick, make pills thereof. approued true. l. w.



For a greate paine of the head or ache.

Take cowslip water, and red rose water, red sage, and sugar, and boyle it to a syrrop, and take it every day in the morning with a licoras stiche. l. m. l.

Another for paine and ache in the head.

Take rosemary, and red rose leaues dried, and nutmegs grated and a little penniroyall, bettony, cammomill, wine vineger, and a little red rose water, boyle all these together on a chafing dish of coales, and being put betweene two linnen clothes lay it to your necke warme. approued true. l. v.

For the wind and hurling in your head.

Take the plaister called oxycroceum, of the breadth of a penny or two pence, and lay it within the eare, and so change it euening and morning, and when the eare moisteneth within pick it out with an eare picker, and wipe it cleane, likewise if there be any sores about the eare lay the plaister on all the sores; Take the plaister aforesaid and lay it on a womans Nauell and it will stop the floures. M. D.

For the paine of the head, and to draw it backe.

Take wormwood dried, and the crums of browne bread, and rosemary, and a little nutmegs grated and rose leaues, and boyle them in wine vineger, with a little rose water, upon a chafing dish of coales, and put it betweene a double cloth of linnen, and lay it to the hinder part of his head warme, when he goeth to bed ward. approued true. l. v.

For the hickop.

Take ruiue of roses one ounce, and nine graines of muske, take it often. approued true. l. v.

Another.

Take three black snails, and rubb them in the palme of your hand with a little salt, and lay them in a piate of new milke two dayes, then giue it the patient to drinke, a little warme morning and euening, and often in the day. l. v.

For a felon.

Take six spoonfulls of the iuice of smallage, and six of the iuice of featherfew, and put into it a little wheate flowre, to make it some what thicke, and put to it blache soape, or gray, to the quantity of a wallnutt, and labour it together till you see none of the soape, and so lay it to the felon, and change it morning and euening.

Another.

Take a quantitie of rue, and the yolke of an egge or two, and a little bay salt, a little gray soape, the oyle of snayles, a little wheate flowre, a little honey of each a spoonfull or two, bruis the herbs small, and then temper them all together, and make a plaister of white leather, and lay it to the sore and it will heale it.

Another.

Take blache soape, and the soot of a chimney, and groundsell, and the yolke of an egge, and bay salt, and beate all these together, till they be like a salue, and lay it to the felon.

Another.

Take one handfull of rue, one handfull of red nettle crops, one handfull of smallage, beate all these together, and take the iuice of them, put thereto a quantitie of bay salt, and a quantitie of vineger, and a quantitie of rye leaues mingle all these together, and make a plaister, and lay it to the felon. probatum est.

Against corrupt nailes, growing on fingers.

Take the smallest celondine and pound it very fine, and lay it to the same, and with the use of it, the corrupt naile will fall away, and good nailes will grow in the place.

To kill a felon or to draw out a thorne.

Take smallage, featherfew, of each one handfull, stampe them and straine them, take the iuice, and temper it with wheate flower, and blache sope, and make a salue therewith, and lay to the felon or canker, or the pricke of a thorne, so that heartegrace be in stead of featherfew. la. m. l.



For a felon, uncome, or other sore.

Soape mixt with a little salt helpeth perfectly a felon, uncome, or other sore, or swelling ~ fingers. approved. l. v.

For a fellow or other sore.

Take a pinte of new milke, and one pennivorth of linsed beaten in a mortar, then put it into the milke, then seeth it to halfe, put into it two spoonfulls of vinegar, and boyle them all together over the fire againe, and make it salve like, it will be a plaister for all sores. l. vi.

To draw a naile, or thorne, out of any part of the body without paine.

Take the roots that groweth in the water, and stamp them grevy small with honey and make a plaister, and lay it to the place, and it shall come out without paine. l. vi.

To draw and heale a pricke with nayle or thorne.

Take two handfulls of celondine, and as much orpenny, and cut it small and boyle it with oyle oliue, and unwrought waxe, straine it, and use it; l. vi.

To breake a bite.

Take sorrell and rost it in embers and lay them next to the skinne ~ ~ ~ ~ ~ then take dandelion, and fresh butter, and oatmeale, and stampe them together, and apply them upon the sorrell, this will breake it within three houres. probatum est by M<sup>r</sup>: Drylen.

For a fellow.

Take the topps of rue, and of rose mary, boyle them well in new milke as it cometh from the cowe, let the place be well bathed as hot as may be suffered, then apply the herbs unto it for foure and twenty houres. Sir A. M.

To breake a bite.

Take ruelle seed, and fresh grease, frye them together and annoynt it therewith, and it will breake it meekely. Sir A. M.

To breake a fellow.

Take honey, and the yolks of two eggs, wheate flowre and the iuice of ribworth, and mixe them, keepe this in a boxe till occasion serue.

Take the greatest glasse you can find and fill it with red  
all  
this oyle stopped close in a glasse, and annoynt the children therewith where they are broken, approved true. l. vi.

To make oyle of Exeter.

Take a pottle of oyle diue and as much blosomes of cows lipps as may be laid asoake in it, and so let them stand still till you may haue as many hearts as heere followeth first take a quantitie of wormwood, pennivoyall, St Johns wort, rosemary, lavender, sage, eliuors, wild sage, sengreene, pellitory of spaine, pellitory of the wall, lilly flowers, elder flowers bay leaues, cammomill, red mints, of each of them a handfull, you must gather your hearts in mid June, then dry the blosomes from the oyle betweene your hands, stampe the hearts and seeth them together, and lay them in steepe one night in white wine, then put the oyle and them together, and seeth them till the quantity of wine be sodd from them, then straine them, and put the oyle in a glasse, or in a vessel of tznne, for there is no other vessel of any other mettall that will hold them. M. D.

An excellent oyle for any withered members.

Take a male catt of three weeks old fatt and sound, kill him and flea him, the head and entralls being flung away, chop it small, and stampe it afterwards in a mortar and add unto it three ounces of boares lard, cut it very small, then take rosen, frankinsence, and wax ~ ~ ~ of each one ounce, and halfe, then take a very fatt goose, take away her necke and entralls, put her in no water, but dry up the water or blood about her with clothes, put into her body the catt with these things, and stopp them fast into the goose that they fall not out, then rost this goose by a mild fire, and sett a pann under it to receiue the dripping, and with this annoynt euerie day in a warme place, the lame, and withered part. l. vi.



Another good for such lameness.  
 Take the marrow of a gelding that dyeth by some mischance, and the fatt of a deer halfe so much, melt them together by a wilde fire, and powre aqua vitæ upon it, and wring it out very warme through a cloth, and annoynte therewith the disegled parte, morning and evening. l. w.

How to make oyle of earth wormes, which is good for all paines of the ioynts, and frozen sinewes.  
 Take earth wormes three ounces, wash them with wine, and powre unto twelue ounces of sallett oyle, and six ounces of wine, seeth them together by a gentle fire, untill the wine be sodden away, then straine them through a cloth and keepe it for your use. l. w.

Oyle of swallowes for the shrieking of the veines.  
 Take twenty swallowes and put them quicke in a mortar, put therein lavender colkoz, spike, camomill, knott grass, ribwort, balme, valerian, rosemary tops, tops of woodbine, strings of vines, french mallows, the tops of alehoge, strawberry strings, tutson, plantaine, wallnut leaves, the tops of young bayes, hisope, violet leaves, sage of vertue, fine romane wormwood, of each one handfull, seeing of these, that is to say two of camomill, and two of red roses, two ounces of cloues beaten small, a quart of neatesfoote oyle, or else as much may better, all these must be beaten together in a mortar very small, and put them in a new earthen pott, and stop it close, and bury it in the earth nine dayes, and then take it up, and then put in halfe a pound of virgin waxe, and a pinte of neatesfoote oyle, and set that pot in a kettle of water, and let it boyle on the fire eight houres, and couer it while it seeths, and then straine it and keepe it to your use. M. R.

An oyle for an ache.  
 Take a pottle of sallett oyle, and put it into a gallon glasse, then take one pound of rosemary flowers, and bruisse them in a mortar, and put them in your oyle, and stop it very close, then let it stand in the sun till midsummer, then you may haue the rest of your herbs, then take one pound of red roses before they be too much blowne, and cut off all the white tops of them, there must be one pound of them when the whites is taken away, bruisse the herbs aforesaid in a stone mortar, and put them into the glasse of oyle, let them stand in the sun nine or ten dayes, untill there come a shoure of raine, whereby you may gather some earth wormes, take a quart of wormes the greatest you can get, wash and scowre them in white wine, and let them crawl on a course cloth, whereby they may become very cleane, then take these wormes, with halfe a pound of lavender spike, and ten young swallowes out of the nest, beat them small in a mortar till you can see neither gutts nor feathers, then put them into your glasse with oyle and stirr them together and let them stand one night, then take your oyle and herbs, and all that is in the glasse, and put it into a faire kettle or pan with a pinte of the best malmsey, and halfe a pinte of aqua vitæ, and set them ouer a soft fire of coales, and boyle them till the malmsey and aqua vitæ be consumed, then take it from the fire and straine it through a strong linnen cloth, and put it in a faire pan, and set it on the fire againe, and when it boyleth put therein two ounces of the best maseiche in fine powder, and as much cloues bruised a little, and let them boyle one quarter of an houre, then take it from the fire, and put it into a close glasse, and stop it very close with waxe. l. w.

The vertue of balme oyle.  
 Balme oyle serueth unto infinite purposes, especially for wounds of the head where bones be perished, and the panacles by powring into and applying it unto the wound, this preseruethe the face by annoynting it after discretion, it likewise helpeth the pluryfy by giuing a dragme once with water, and many other things this worketh besides.

The vertue of artificiall balme.  
 Artificiall balme is a meruicillous liquor for those that haue the paine of the flanks or bowelly, by taking two dragmes thereof in his mouth, he shalbe speedily eased and deliuered, this likewise helpeth the cough, the rheume, coldness of the head, and of the stomacke, and for all manner of wounds of the head.

This is a most siggular remedy by annoynting the head all about once a day for it pierceth into the braine, and euen to the stomack, it doth also dissolue any swelling in any part of the body in short time, it cureth the quartaine ague by annoynting the body with it, omitting no part untouched; in brieft there is noe disease which this in short time will not cure. l. w.  
 These foresaid balmes are made as follow.



A most notable balme serving for diuors and sundry griefes and diseases.

Take of most fine turpentine one pound, oyle of bayes foure ounces, gabbanum three ounces, gumme arabick foure ounces, gallingale, cloves, consolida minor, nutmegs, cinamon, ginger, white redoway of each one ounce, of pure frankinsence, mirrhe, gumme, iuys, lignum aloes, of each foure ounces, of maske, and ambergreece, of each one dragme, beat all these together, putting all after into a retort, to the which put upon fire or six pinches of the best aquavite, the triall whereof is thus, wet a linnen cloth into it and it will burne cleere; which so burned or burning put into the retort, that it may cause the water to burne, which thus burning with the cloth in it, you must stirr diligently all together; lett it the whole stand to infuse nine dayes, which after the setting in ashes distill according to art; the same that distilleth or cometh is a white water and oyle together; and one such wise proceed further untill you see the oyle beginna to come forth blackish, incontinent upon that sight change your receiuer, and increase the fire stronger, untill all the spirits of the substance be come forth of the body, which being throughly come, separate the oyle from the blacke water; and the like doe with the first, keeping each of the foure parts from the other; the first water which is white, is called the balme water, and the oyle of that water balme oyle, and the two blackish waters are called the mother of balme, the oyle of the second water is called the artificiall balme, which ought to be kept as a most precious ieuell; the first water dropped into the eye doth cleare and preserue the sight, and washing the face therewith maketh the face most beautifull and comely, it preserueth youth, it breaketh and dissolueth the stone in the kidneys, and causeth the patient to piss, which is letted by the fleshy stopping; this also cureth all manner of wounds, happening in any part of the body of what condition soeuer they be, by the washing with this water; and applying upon a linnen cloth wet in this water with sundry times exercise, it will shew a merueillous effect and working, as though the same were done by the very hand of god only, this also helpeth them rightly that are in consumptions, and all manner of rheumes and coughs, this also bathed or rather fomented, on the sciatica or paine of the hipp, causeth the paine to surcease, the second water called the mother of balme the same vertue.

This water fomented on the sciatica doth speedily helpe them, and maketh the same or the like effect on the foule scurfe, the leprosy, and all manner of ulcers, and that without tediousnesse, this also serueth to infinite other griefes and maladies if the places be annoynted or bathed with the oyle, or with the waters.

To know a good and true balme.

If you will know perfectly a good and true balme then cast some drops thereof into cleane water, and with a sticke labour well the water, and if the water abide still cleare, then the balme is good and true, or else not. l. v.

A greene balme for wounds to incarnate  
consoladinge and drying up of filthy ulcers.

Take of fine aquavite, oyle of roses, and venice turpentine of each one pinche, boyle them with a soft fire of coales, and after apply thereto of the seething liquor; put in one ounce of verdigrease, in very fine powder, one ounce and halfe will be better, and boyle it to a good and perfect substance. m. n.

A merueilous oyle of balme that cureth all wounds.

Take of turpentine one pound, of pure frankinsence, masticke, mirrhe, sarcocolla of each one ounce, of good aqua vita six ounces, all these diligently mixed and beaten together put into a retort strongly luted with the lute of wisdom, the same after the setting in ashes distill according to art, beginning with a soft fire, and after increasing it by little and little, and that to the end it may be the better. And the substance gathered will be oyle and water, which orderly separate, and keepe the one from the other in severall glasses, very well stopped. this oyle helpeth and healeth all manner of wounds of the head first closing or stitching the wound, and after applying liate dipped in the oyle, which oyle dryeth the wound, and defendeth it from putrifying, and corrupting, to be briefe this oyle worketh miracles. l. v.

The lute of wisdom above named is



## For the Imposthume in the head

Take rosemary, sage, and hysope, of each a like quantity, and mince them small, then take of aqua vita, rosewater, and good vinegar, of each one spoonfull, then put the same altogether, with the beards into a disk, and very hot put it into a little linnen bagge, and so hott as the patient may suffer it, lay it to the hole of his eare where the paine is, and lay the same side upon it on the bouldster.

## To ripen an imposthume.

Take wormwood, mallows, magwort, of each one good handfull, stampe them and mixe them together with a quarter of a pound of swinegrease, and fry them, and put thereto a handfull of wheate bran, a little wine, three ounces of honey, boyle them untill they be thicke, and lay it hot to the sore.

## To breake an imposthume.

Take a lilly roote, and an onyon, and boyle them in faire water untill they be soft and very tender, then stampe them, and fry them with swines grease, and lay it to the imposthume as hott as the patient can endure.

## For the imposthume and stitche.

Take the rootes of hollihocke and wash them cleane, and seeth them till they be tender, then powre the water into a vessell, take linseed, and sengreene, of each as much as of the rootes, and seeth them together in the same water till they be reaping as birdlime, and the water nere sodden away, then stampe the rootes and put them thereto, and mixe barley meale therewith, then fry all together with barrowes grease, and lay the plaister to the sore as hott as the patient may suffer it, use this medicine ninedages and it shall remedy the party.

## To breake an imposthume within foure houres.

Take one penny wright of rubarb, of cassia stala, scena, of scammony, of the seeds and rootes of alexander, the weight of two pence, make all these in powder, and seeth barrell leaues in stale ale, and temper these powders therewith, and giue the sicke to drinke, and he shall be deliuered of his imposthume. l. m. r.

## For to make a costick to open the imposthume.

Take some makers lye of the first running halfe a pinte, quicklime two ounces, arsenicke one ounce, seeth it till it be almost dry, and doe that with the salue, or without the salue, and make the hole of the plaister almost so greate as you will haue the hole. approved. l. wal.

## For an imposthume to ripen it.

Take an onyon and roast it under the coales wrapped in wet paper, then mixe it with oyle of roses, oyle of lillies, and blache soupe, and beate them all well together, and lay to the place where the imposthume is. l. wa.

## For an imposthume in the head which runnes at the eares.

Take of marigold waues one handfull, stampe them in a mortar, and straine them in a faire cloth, then take a little blache wool, and dip it in the iuice of the marigolds, and put it into the eares, and preserue it all waies that you warme it not. M. D.

## For imposthumes in the stomack.

Make the sirrope of prunies thus. Take foure or fine damask prunies, violets two ounces, seeds of lettuce, of endiffe the greate and lesser, and purslin, of each halfe an ounce, of sugar eightene ounces, this is often and gently to be swallowed downe.

Water of lillies, and water of violets, is also good to drinke, for the same grieft.

If this imposthume proceed of heate, and appeare dry, then use this purge also. l. w.

Take some dates, cassia and manna, and being tempered in broth wherein prunies, and violets and figgs have been sodden, these things expell such matter, and moister the throate and neck of the stomack. l. w.

## For an imposthume.

Take rosewater, sallett oyle, aqua composita and sugar of each one spoonfull, warme them all together, and giue it the patient in the morning lukewarme, fasting. l. w.

## For an imposthume when it is broken.

Take a white lilly roote, a quart of white wine, a spoonfull of the roots of elicampana, halfe a handfull of the powder of roses, then the lilly roote being boyled in the white wine from a quart to a pinte, put all the powder into it, and giue it warme to the patient to drinke, a spoonfull at a time. l. w.



For an imposthume in the ears.

Take black wooll dip it in the oyle of spike, warme, put it to the ears, then take a handfull of chickweede, and put it into a dish, on the coales, and sprinkle it with aqua vita, put it as hott as you may suffer it to the ears, use it still fresh and warme as it cools, and within six or seauer dayes it will breake the imposthume. l. v.

For sinews that be shrunke.

Take of May butter one pound, eight young swallows with the feathers and garbidge altogether, then take of thyme, lysope, lavender, cotton, of the strings growing under the leaues of strawberries, of each one ounce, take your hearts, swallows, and butter, and stamp them together as small as you can, and let them boyle on the fire six or seauer walms, then strain them through a faire cloth, and you shall haue an oyle thereof, and when you are to use it warme it in a saucer, and annoynt the sore place against the fire, then rowle seauer or eight folds with a linnen cloth and dress it three or foure times a day. approved true. l. v.

To knitt broken sinewes and for the palsey.

Beate greene betony and lay it to, lay it also to cut sinewes, and it will knitt them. l. v.

For sinewes shrunken.

Take the fette of a horse next unto the eyes, capons grease, and the grease of barrows, of each six ounces, and a hundred greate earth wormes, gathered in a churchyard, and take halfe a pinte of white wine, put the wormes therein and wash them, and lay them upon the rushes, and they will creepe upon them, and so they will be purged of their filthines, then take them and cut them in small peeces, put them into the things aboue mentioned, and boyle them according to art. approved. l. v.

Another.

Take young swallowes out of the nest one dozen or two, then take rosemary, lavender, cotton, strawberry leaues, strings and all, of each one handfull, or after the quantity of the swallowes, and bray the swallowes with gutts and feathers in a mortar, with the said hearts, untill they be very small, and frye all these together with May butter, but not too much, then put it in an earthen pott, and stopp it close nine dayes, then frye it againe with more May butter, and frye it well and straine it, and when you use it chafe it against the fire.

For sinewes broken or bruised.

Take knotted wormes, and stamp them with bursa pastoris and make a plaister, and lay it to the sore three times in foure and twenty houres, and it will heale it. l. m. 2.

For the same.

Take worm wood, and wheate brann sheepes tallow, and strong wine, boyle them together, and lay them to the sore. l. m. 2.

For the same.

Take smallage auens, daisies, and yarrow, seeth in white or claret wine, and wash the sore place three or foure dayes, it is a soueraigne bath. l. m. 2.

To make a salve called gratia dei.

Take halfe a pound of rozen and boyle it in a panna, untill the froth or scum be gone from it, then take a quarter of a pound of unwrought waxe, and put it into the rozen, and boyle it together as is foresaid, then take of sheepes suett, and of turpentine of each one ounce, of oyle oliue one spoonfull, put them all together in the said panna, among the rozen and wax, and boyle them all together untill all the foame be gone aboue, and when the salve beginneth to waxe blacke, then take it off the fire, and cleane it through a cleane linnen cloth into a panna of water, then worke it with your hands, and put it out as you doe birdlime the space of a quarter of an hours, and now and then wet your hands in the water when it cleaueth, and make it up into rowles for your use.



A salve for wounds or sores new or Old.

Take the leaues of marggolds, of holliboock, of mallowes, of greene tobacco, valerian, tutjan, an  
small sage and hysope, of each one handfull, boyle them in a gallon of the strongest ale or beere you can  
gett, and put therein one pound of fresh butter, or barrows grease, or boares grease, boyle it in liquor  
among the herbs till it be greene, the herbs must be very tender boyled, straine it through a strong can-  
=was cloth, and let it stand till it be cold, then take off all the fette thereof, and put it into a pipkin  
and put thereto more then a quarter of a pound of waxe, then put thereto two or three penniworth  
of turpentine, and of rozen and frankinsence, of each a penniworth, melt all these together  
sauing the turpentine, and after they have boyled a little then put in your turpentine stirring it  
among the stuffe, and being done keepe it in the pipkin, and so use it as you thinke best. approved by M<sup>r</sup>  
Norton.

A greene salve for all sores.

Take waxe, rozen, sheeps suett, May butter, herb grace, red sage, plantaine, and valerian, of  
each one handfull, boyle them altogether with the sheeps suett, and then straine it, and put some  
turpentine in the cooling of it, stirring of it allwaies, then put in verdigrease the weight of two  
peeces, approved: l: wa: l:

An oynement to take away the paine of a greene wound.  
or ulcer.

Take halfe a pound of liturge of gold, and as much of ceruse powder, and white lead, and three or  
four whites of eggs well beaten to oyle, put thereto halfe a pound of old barrows grease, purified  
and molten, put all these into a brash mortar, and beate it like an oynement till it be very thicke,  
put thereto oyle of roses as much as need is. approved. l: wa: l:

To make a salve.

Take one pound of turpentine, halfe a pound of oyle of roses, wash the turpentine in plantaine water,  
and for the more speedy healing take foure spoonfulls of the iuice of plantaine, and put it into the tur-  
=pentine M: D.

A golden salve for wounds, sores, and ulcers.

Take of fresh butter, waxe, and rozen of each one pound, melt these together upon a gentle fire, un-  
=till they be cleare relented, then put thereto two ounces of frankinsence in powder, mastich in  
fine powder, one ounce, wheate flour two ounces, one penniworth of saffron in powder, honey three  
ounces, set it on the fire and let it boyle a little, then take it off, and in the cooling, put in two ounces  
of fine turpentine, then straine it, and doe not presse it in the straining. l: wa: l:

A salve to breake the plague sore.

Take lilly rootes and onions six of each, rost them tenderly, and take twelve figgs, and ten  
snailles, and a peece of leaues, and ten oysters, stampe all these together with two ounces of oyle of  
lillies, and warme it on the fire, and so spread it upon a cloth, and lay it to the place hott, appro-  
=ved it is the best in the world. la: w:

An oynement for swellings.

Take May butter, a good quantity of elder flowers stamped, and strained together, and so  
lett them stand in a glasse before the sunn for a moneth or more. Sir A: M: :

To make a playster that is called orgeroecum.

Take a quarter of a pound of mead waxe, as much of rozen, as much of blache pitch, one ounce  
of saffron, one ounce and a halfe of mastiche, two ounces of frankinsence, of mirrhe, galbanum  
and turmentile of each two ounces, take all the gums and make them into small powder, and breake  
the waxe and galbanum into small peeces, and take the iuice of comfrey a good quantitie, then  
set them in vinegar all night, and on the morrow set it on the fire, and let it seeth till the  
vineger be somewhat wasted, then straine it well through a cleane cloth, into a vessel with  
white wine, or water, and when it is cold take it up and hold it against the fire but looke that  
you haue the saffron ground, then hold it as you would hold waxe, and by little and little temper  
the saffron thereon, and mingle them well against the fire, till the saffron be melted in the  
gumme, but you must annoynte your hands with the oyle of lawrell, that it cleave not to the  
hands;

This ~~is~~ is good for all sores, and bruise in any limbe of man.

It destroyeth hard imposthumes, and is good for broken bones, and for small wounds that were  
euill healed, and to open the sore, and to heale it againe very faire. approved true. l: w:



A salve for to cure an ulcer.

Take waxe two ounces, salter oyle halfe a pinte, boyle them till they come to a good body - then take these in fine powder, and put them in in the cooling, olibanum, and a little burnt allome, and lapis calaminaris of each two ounces, camphir halfe an ounce, and of turpentine two ounces, and keepe it for your use. approved true. l. w. boyle them not too much least they growe blacke.

An excellent plaister called Paracelsus his plaister, alias *Implastrum Foxadicationum Paracelsi*, good for a number of diseases heere mentioned in the end of the receipt following, translated out of latine into english.

Take of galbanum and opoponax of each one ounce, of amoniacum and bdellium of each two ounces, let them be beaten very small, and put them into an earthen pott, that will hold three pintes, it must be well leaded or glazed, then powre upon the same gums one pinte of the best wine vinegar, and cover them that nothing fall into them, and let them so remaine for one night and a day, then take a quarter of a pinte of wine vinegar or somewhat more, and put into them, stirring them a little, then set them on the fire till they be thoroughly melted, continually stirring of it, then take a peece of new canvas, that is somewhat thinn and strain them into the same pott againe, so set them on a gentle fire of coales, keeping the fire from the sides of the pott, that the gums may boyle till all the vinegar be sodd away, and utterly evaporated, boyle the gums till they will spread like a salve, and in the boyling you must stir it without ceasing, least the gums be burnt, and take heed least any thing fall into it; then take a quart of the best oyle olive, and put it into a pott well leaded or glazed, that holdeth one pottle or more, set it on a soft fire of coales and put into it halfe a pound of new wax cut in small peeces, and so let it melt in the oyle by leisure, when you are sure that your wax is thoroughly melted, put into it one pound and a halfe of lilturge of gold, beaten into fine powder, stirring it continually with a sticke or spatula, or such like by little and little, untill they be well mixed together, and the water a tawney color, and thicke, then take it from the fire, and when it hath left boyling a little while, then take of the aforesaid gums that were first boyled, and with your spatula take of them the quantity of a nutt, and put the same into the said water stirring it continually, and so by little and at severall times, untill the said gums be all put in, and be well mixed with the other things, your gums would be almost one houre in putting in there. Soe when you see it begin to be cold, set it on a few coales, being carefull that it be not over hott, for then it will run over into the fire, that you cannot stay it, it being very hott of it selfe, but if the worst should happen, that it suddenly begins to run over into the fire, so that you cannot stay it, have a bowle of water by it and quickly put it into the water, then take it out of the water and set it on the fire againe, and when these gums are well put in and mixed, and melted, afterward put into the things following, take of the two kinds of *Aristolochia rotunda* *calaminaris*, myrrhe frankinsence, of each one ounce, beate them into very fine powder, and searce through a very fine cloth twice, then mingle them together on a paper, and powre them into the said matter leisurely, continually stirring it, put in your myrrhe after your other powder, and your frankinsence last of all your powders, then powre into it one ounce of oyle of bays, and lastly put therein pure and fine turpentine foure ounces, and when you have put in your turpentine take it off the fire a little while, and stirre it diligently, else your turpentine will cause it to run into the fire, and when you would know when it is well and sufficiently sodd, put a little thereof in cold water, and if it be not so soft that it cleave to your fingers, but if it cleave to your fingers it is too soft, and therefore let it boyle longer, untill it be very well boyled, then take it from the fire, and powre so much of it into a bason of cold water as you will worke into a greate rowle, or ball, and when it is well cooled that you may handle it, annoynt your hands with oyle of cammomill, or oyle of roses, and knead it well with your hands, and make it up in rowles or balls, and so doe the rest, when you lay up the plaisters, wrap it up in <sup>over</sup> papers, or oylde leather, or both oylde paper and leather once a yeare, that you may keepe it in moisture, for overmuch drying will hart it, also lay it out of the sunn and wind, and it will last above fifty yeares, and be then as good as it was at the first.



## The virtue of this plaister.

It is good for old and new sores, it destroyeth it, it cleareth it, it breedeth good flesh, it con-  
firmeth, and comforteth it, it healeth more in one weeke then any other in a moneth, it will  
not suffer any sore to putrifie or corrupt, or any dead flesh, or any ill flesh to grow, or sinews  
cut, or pricked with a thorne, or otherwise it is excellent, it doth draw out of wounds iron, lead, or  
wood, or any other thing, it cureth the biting of venemous beasts, it causeth all manner of impost-  
= humes or boyles to ripen, if you lay it thereon, and is most excellent against cankers, and fistulas,  
the shingles, or *st. Anthonyes fire*, and also a soueraign and excellent remedy against all kinds of  
paine, and aches, as also all kind of wounds. The authour hereof Thomas Petter hath found by daily ex-  
= perience, that it is a singular remedy against broken bones, and bores out of ioynt, so that by applying  
three or foure plaisters, he hath healed in foure and twenty dayes perfectly, and soundly, armes out of  
ioint, so that the parties haue had no more paine or weakenes. Also for sores and thrusts, you must not  
lint them except they matter before you come to them, but only lay this plaister ouer it, and two  
plaisters are sufficient to heale it, or any other sore, or swelling, but if the dead flesh be in before,  
this plaister be layd on it, it will not destroy it, nor plucke it out, but if it finde none, it will  
not suffer to breed. approved true. leava:

### An ointment to be made in May.

This ointment is good for the stiffening of the ioynts, and stiffening of sinews, and paine in the back  
for the stretch in the side, and for the stopping of the liuer and spleene, or ague that is fallen into any  
part of the flesh, if it be taken before it grow to an imposthume, it is good for bruises, or harts, it  
will also take away any blacknesse, and it is made as followeth.

Take rue, sage, worm wood, feather few, bayleaves, and plantain of each alike quantitie, beate them  
in a stone mortar till they be small, then take reasfote oyle, and put it to the hearbs and put them  
into an earthen pott, and let them remaine rotting two or three moneths with the oyle, then when you  
will trye it take more reasfote oyle, and put to the hearbs, so that the hearbs be so thicke that you can  
scarcely stirr them, and set them on the fire in another vessel, and let it simper three quarters of an  
houre, and stirr it for feare of burning, then straine it, and put it in pottis and keepe it for your use.  
l. v.

### A plaister for sore breasts either botches or boyles.

Take leaues of mallowes and worm wood of each one handfull, seeth them together in water till  
they be as tender as the buds of an appletree, then lay them on a boord, and let the water run from  
them cleane, then cut them small with a knife, for otherwise they be so flatt that they will not  
grinde, then stampe them with a pound of sowes grease, and tamper them together till you haue  
not the one from the other, this plaister of all other is most precious for papps, it murthereth  
the paine not onely in papps, but also in botches and boyles, under the throate, or arme holes, or  
in any other place of the body, where it lyeth hard in the flesh, this must be applied like warme  
on a double linnen cloth, and changed twice in the day.

### For paine in womens breasts by much heate, with too much milke, which oftentimes doth happen after deliuey.

Take cleane clay without stones, and mixe it with ringer, and the yolke of an egge, spread it plai-  
= ster wise upon a linnen cloth, and lay it upon the sore breast, let it lye untill it be drye, and then  
remoue it, and lay to another.

### For a sore breast.

Take a pottle of running water, a good platter full of mallowes chopped small and seeth them  
together till the mallowes be soft, then take a good quantity of leauened grated bread small, and  
a quarte of white wine, and seeth them all together till they be thicke.

### To breake a sore breast.

Take a lilly roote and a piece of leauen, seeth them in milke till the lilly be very soft, and  
plaister like, and so as warme as the patient can endure it lay it too morning and evening.  
approved by M<sup>rs</sup>. Norton.

Take aqua composita and wash your breast with it, and then take wet clothes in the same, and  
as the clothes dry, refresh them againe, and it will helpe you. M<sup>rs</sup>. Norton.

### For a womans papp, that is randling.

Take *st. Johns wort*, and daisies euen proportions, stampe them small and temper it with stale ale,  
and giue it the patient to drieke. M<sup>rs</sup>. Norton.

### To breake a sore breast.

Take burrhe leaues and lay it to the breast, every day one and it will breake. l. v. l.



To breake a breast that is sore, and to heale it on any boyle  
or botch, but most excellent for a breast.

Take the leaues of mallowes, and hollihoches of each one handfull, seeth them in faire water  
untill they be very soft, then stampe them, and put a few white cruins of bread to it, and put May  
butter, or else fresh grease, and boyle them againe together, and as hott as the patient can endure  
it, lay it to her breast, both euening and morning, and it will heale her by gods grace, and that  
without tenting, though it be a very sore breast, it will also heale a boyle or botch, and hath  
often been proued to the comfort of many poore women, you must lay it ouer as much of the  
breast as is corrupted and sore. probatum. l. na. l.

For to dry up the breast that hath giuen milke,  
and to keepe it from cluttering.

Take waxe, and sheeps suett, and linseed gyle, and let it boyle till all the linseed gyle be almost  
boyled away, and so make a seare cloth thereof, and lay it upon the breast. Approved true. l. na.

For to breake a sore breast, or any sore that is imppothuned.

Take bramble leaues, and take the marrow of a bacon bone, and lay it on the leafe, and so lay it  
upon the sore morning and euening, as occasion offers it selfe. proued. l. n.

To heale a hard cluttered breast, and good for an ache or  
swelling.

Take dialthaea, and populion, and annoynte it morning and euening by the fire. approved. l. n.

For the ague in a womans breast.

Take hemlocke leaues and frye them in swete butter, and as hott as she may suffer it lay it to  
her breast, and lapp a white cloth warme upon it, and it will driue it away in short time. -  
approved. l. n.

For to take the ague out of a sore breast, or legge.

Take sheeps suett and hemlocke, and boyle them together and straine them, and put in one  
penneworth of sallitt gyle, and use it approved. l. n.

For a sore breast.

Take red wine vineger, and put to it a good spoonfull of honey, and when it hath boyled a  
good while upon the fire, put thereto a handfull or two of wheate brann, and a piece of swete  
butter, and stirr them all together and if it be not thicke enough for a poultis, then put  
in more brann, and when it is well boyled, spread it upon a faire linnen cloth, lay it halfe  
an inch thicke, and so lay it on. M. D.

A salve for a sore breast, or greene wound.

Take of waxe, and deere suett, of each halfe a pound, of smooth plantaine, of beane leaues, of  
valerian, of each three handfulls, of poplar buds, two handfulls, beate all the hearbs in a mortar  
together, and boyle them in the wax, and deere suett, and then straine them into a quarte  
of strong white wine, and put thereto a quarter of a pound of turpentine washed, and  
seeth it on the fire a little while, you must stirr it till it be celd, and then make it in  
rowles. M. D.

For the breast, and to clarify the pipes.

Take of drye hisope, of rootes of heath elecampana or valicoris bruised, of each one hand  
full, boyle them in a gallon of running water, till halfe be consumed, then straine it through  
a cloth, and put thereto halfe a pinte of clarified honey, and drinke thereof first and last.

To ripen and breake a sore breast.

Take mallows, violett leaues, camomill flowers, and lilly rootes, beate them all small in a stone  
morter, and put therein fengreche, and linseed, very small beater, then take figgs and  
bread, and a peece of leauen, then put in the strongest beere or ale dregs, and boyle all these  
together till it come to a poultis, then lay it upon a cloth and lay it to her breast, and when  
her breast is ready for to breake, lay a plaister of cantarides, and leauen mixed together,  
with a little vineger, and when it is broken tent it not, but make another poultis thus,  
and heale it with it.

Take mallows, violett leaues, camomill flowers, wheate bread, and hogs suett, then  
make your poultise thus, and boyle it with the dregs of ale. approved true. l. n.



For a woman that hath a greate breast, that hath a greate head, and that she cannott keepe it from scratching, or a man that hath a red pimpled face.

Take white mercury, boyle it in a litle faire water in an oyster shell, annoynt the breast or face two or three times therewith, then take the iuice of houlleche, and annoynt it therewith, and take sallet oyle, and creame, and wine vinegar, and rosewater, and annoynt it therewith till it be whole. approved. l. w.

For the typhiche and stopping of the pipes of the heart, and for Hlegme.

Take one pennivorth of english barley, put thereto one gallon of faire water, and boyle them together till the barley be as soft as any wheate, straine them, and put to that liquor so much good wortc as you thinke fitting, and one pennivorth of licoris scraped and bruised, of hiope and sage of each one handfull, boyle them all together till one halfe be bogled away, then straine that liquor and put it into a close vessel, and let it stand one day, then let the patient drinke thereof two spoonfulls at evening, and two at morning. approved. l. w.

For a sore breast with a red swelling.

Take smallage, chickweed, wild mallows, of each one handfull, and if it be hard and swelled under the arme, then take brook lime, and featherfen, and feele the hernell if it be hard, let there be as much of the lime, as of the featherfen, one handfull is sufficient, but if it be soft the other medicine will mollify it, and if it breake, take virgins wax, as much as a wallnut, as much black rozen, boyle it in milke or faire water that runneth out of a chalky ground, put therein beane flowre to the quantity of halfe a pinte, if beane flowre be not to be had, take as much oat meale, sallett oyle to the quantity of halfe a pinte, if the breast breake, and have diuers issues, that it requireth washing, wash it with allome and white wine; This receipt will preserue a breast from the danger of the wolfe. l. w.

To know whether the griefe of the breast will grow to a wolfe.

Take heed (viz) put your hand under the breast, and feele whether it grow to the rib, if it grow to the rib it will proue to be a wolfe, and will haue life, wherefore your best helpe is to feele the breast still, and to part it from the ribs, as much as the patient can endure it, and if it should proue to be a wolfe, take scootle-bone as much as the weight of two shillings, and scrape it into any poultis you do make, and it is the best medicine, I doe know saith the outhour, either to helpe the breast, or to kill the wolfe. l. w.

To assuage the swelling in a womans breast to keepe it from breaking if it be taken in time, or heale it being broken.

Take of the finest yellow rozen, of virgins wax, and venice turpentine, of each a like quantity, and of deere suett as much as of rozen and wax, boyle it well together, but not ouer much, and then it will looke blache, spread it on a linnen cloth plaisterous, and lay it all ouer the breast, and if it doe breake, tent it then with the same salve. probatum: l. p. n. l. w.

For the biting of a venemous beast, or mad dogge.

Take fine or six dragon leaues, or some of the roots, stamp them with a litle bay salt, and lay them on a cloth upon the place that is hurt. M: D.

For the biting of a mad dogg.

Write upon a peece of cheese or butter these words following, and giue it the dogg to eate, viz. gnare, frare, vare, vare, frare, gnare.

For the biting of hounds, or other beasts.

Wash first the wound with garticke tempered with salt water, take some plantaine and egri-mony, and temper them with the yolks of raw eggs, and with tryed honey, and put thereto swines greafe, and make it in manner of a plaister, and apply it thereto. M: R.

For the biting of a snake or adder.

Take centory, rue, and red fennell, of each one handfull, stampe them and put thereto wine or ale, straine it through a cloth and giue it the patient to drinke.

For the biting of a mad dogg.

Take triacle, betony, night shade, and running water, stampe, and straine them, and drinke it. M: R.

For the stingings of an adder or snake.

First wash the sore with vinegar, as halt as you may reasonably suffer it, then take of cost-mary leaues, of plantaine leaues, of each one handfull, and as much sowre leauen as a wallnut, stamp all these together, and fry them with fresh butter, and make thereof a plaister and lay it to the griefe. M: R.



For venome, or poyson, or biting of a mad dogg.

Take the blossomes of white thistles, dried in the shade, and beaten into powder, then give the party to drinke of the same powder the quantity of a wallnut shell full in white wine, and in twice or thrice taking of it he shall be whole. l: w.

To helpe the biting of a mad dogg.  
Take greene betony, beate it and lay it to the place, and it will heale it. l: w.

A present remedy for the stinging of a snake, bee or any venemous beast.

Take garliche and stampe it very small, take also mithridate, and mingle both together, and lay them on the swelling morning and evening, and it will helpe it by the grace of god. probatum upon the la: Walsingham.

For the biting of venemous wormes.  
Take hearbgrace and lay it to the place, and it shall not swell, but be whole. l: m: Q.

For one that is bitt with a dogg.  
Take unsettle leechs, hearbgrace, and honey, of each the quantity of a wallnut, then bruise them together, and lay it to the sore. l: m: Q.

For the biting of a mad dogg.  
Take a quantity of rue, and of nettles, and a little honey, stamp them together and apply it to the sore.

For the biting of venemous wormes as adders &c.  
Take cupping glasses or other vessels, and set them to the place affected to draw out the venemous blood, but this cure doth more belong to phisicians then chirurgions, see that you keepe the wound open, and both his feete in the broth of a gelded sheeps head.

For the biting of a mad dogge or any mad beast.  
Take of betony, night shade, and wild sage, a good quantity, stampe them together and straine them, then put a quantity of good triacle thereto, and meddle them together with running water, give it the patient to drinke, and it will helpe you.

For the biting of a mad dogg.  
Take of wilde sage of knotgrasse, of yarrow, and night shade that beareth a purple flower, and lilly roots of each a handfull, distill them in May if you can, or between the two lady dayes, and to every foure spoonfulls of that water, put halfe a spoonfull of triacle, and give the patient thereof to drinke.

How to make a seare cloth for ache, swelling, or bruise.  
Take halfe a pound of sheeps tallow cleane tryed, and as much unwrought wax, two ounces of rozen, and a spoonfull of frankinsence in powder, fine and well searced then boyle them all together, and scum it with a feather very cleare, and when it is boyled take it from the fire, when it is halfe cold, wet or dippe a linnen cloth in it, so that every part be through wet, and lay it abroad till it be cold, and role it up, you may keepe it all the yeare, and when you feele your selfe grievued with any of the said greifs take a peece thereof and lay it so hott to your griefe as you may suffer it.

A seare cloth for the itching of wounds.  
Take seaven ounces of sheeps suett and eight ounces of rozen, clarifie them both, and seeth them together for two houres, alwaies stirring them for feare of burning, and then make your seare cloth of what bignes you will, but note that the suett must be taken from of the kidney of the sheepe. ap: by M<sup>r</sup>: pa: ll.

A seare cloth for an ache.  
Take of pitch, rozen, unwrought wax of each one pound, as it comes out of the beehive, one pound of sheeps suett, two pound of frankinsence, and two penninworth of cloves, and boyle them all together. M: D:



A seare cloth for all manner of aches.

Take rozen halfe a pound, perrosen one quarter of a pound, masticke one quarter of an ounce, deere suett one ounce, cloves and mace halfe an ounce, saffron one quarter of an ounce, the liquor of this seare cloth must be oyle of roses, one houre before it be boyled enough put in two ounces of turpentine. ap. l. w.

To make a seare cloth to kill and cure a canker.

Take a quart of sallitt oyle, of redlead, and sheeps suett, of each two pound, of waxe and rozen of each one pound, boyle all these together and make a searecloth of it. approved true. l. w.

To make a searecloth for an ache, bruise, or swelling.

Take of sheeps tallow, of wax, of each a pound, of rozen a quarter of a pound, of Frankinsence one spoonfull, boyle all these prepsises together, and clarifie them, and so wet your linnen cloth in it, that every part of it be thoroughly wet, then take it out and lay it abroad untill it be cold, and then it will be stiffe, and so you may keepe it all the yeare following, and when you will use it, you must warme it and so lay it to the grieffe. l. m. 2.

An excellent seare cloth.

Take boares grease a good quantity, and of yellow wax, of deere suett, oyle of roses, honey, reats foote oyle, of each of them halfe so much as of the boares grease, boyle all these together upon a chazging dish of coales but a walme or two, then dip your cloth therein, and lay it thereto as hott as you can endure it. Sir A. Ma.

A seare cloth for a sore breast or any other sore.

Take of red lead, of virgins wax, of each foure ounces, of oyle of olives, and fine hogs suett of each two ounces, first boyle the oyle and the grease together, then put in the wax, and let it melt then put in your lead and stirre it together, and when it is boyled coole it a little, then put in your cloth, and as soone as you haue taken it out put it in cold water, and then lay it upon a table, and dry out the water and that is a searecloth, and if you will haue it an unguent, add to it oyle and grease and a little tar. l. m. 2.

A searecloth for a bruise

Take foure pounds of swines grease, one pound of deere melted rozen, and put thereto one pound of yellow wax beaten small and melt it, then take the pott from the fire, and put to it a quarter of a pound of turpentine, and stir it well till it be almost cold, take the whites of nine eggs well beaten by little and little allway stirring it, then take and melt your oyntment, and wett a linnen cloth therein, and lay it to the bruised place hott. Sir A. m.

For the shingles.

Take moist dones dung one handfull, barley meale one pound and a halfe, stampe them well together, and put to it halfe a pinte of ringer, and mixe them well together, and lay it cold to the sore, and lay upon it the leaues of coleworts, to keepe in the liquor, and binde it fast with a cloth, and let it lye three dayes unremoved, three plaisters will heale it. l. w.

Another.

Take two pennivorth of quick siluer well killed with fasting spittle, and oyle of bays as much, and lapis calaminaris beaten into fine powder, and so worke them all together in a mortar, and anoynt the shingles evening and morning. l. w.

For the purples.

Take nine knots of purple silke, and drinke them downe two or three times, and take the iuice of angelica and drinke it two or three times. proued true. l. w.

A poultis for aking or swelling.

Take a pinte of new milke as it comes from the cowe, and as much in quantity of new comes dung, seeth them both together till they grow to be thicke meete for a plaister, then take a good nutmegg and grate it, the which put into the same, and boyle afterwards but once, and so take it from the fire, and lay so much to the aking and swelling place as will couer it, so hott as it may be endured, be sure that you couer the grieued place with it, doe this five or six times, or oftner if you find no ease, if the place be not greate this quantity will serue three or foure times, being every time new heated on the fire.



A poultis to heale a sore swelled legge, and also watrish with heate it cured the Turners wifes legge in blackefyers.

Take Archangell theee and shee, and mallows, and oat meale beaten, and new milke, and boyle it together to the forme of a poultis, and lay it round about the sore legg twice a day, untill it be well, and perchance there will be a heate upon the legg, then take raine water and strong wine vineger, and warme it and wet clothes therein, and lay it round about the legg, doe this as often as occasion serveth, and when it is well keepe it hard round. approved true.  
la: wa:

A poultis to drive away a swelling from any place.

Take mallows, and violett leaves, of each two handfulls, and chop them very small, then take a penny white loafe, and cut the crums of it in slices, and lay it in faire water, and wash it cleane, then boyle all these together in faire water to a poultis, and when it is almost boyled, then put in sweete butter or capons grease; this is the poultis that the writer hereof did use daily with his praise. approved. la: wa:

An excellent poultis for an ache either in the breast or any place of the body if it come to a swelling.

Take a pottle of good ale, or beere grounds, and set them on the fire, then take of mallow leaves three handfulls, and foure of groundsell, chop them very fine and put them into the grounds, and boyle them together, then take a good deale of Sheeps suett being shred very fine, and a good peece of the crume of a browne loafe being cramed very small, and boyle them all together till they be poultis like, then lay it on a faire linnen cloth, and apply it to the place grieved so hott as it may be suffered, by the grace of god this will helpe him. M. D.

A poultis to ripen any boyle, or plague sore.

Take of scabious, dragons, angelica, of each one handfull, ten figgs shred small, boyle them in a pinte of ale to the thickness of a poultis, and mingle it with a peece of rye leaven, and some of the crums of rye bread, and when you take it from the fire, put to it a spoonfull of sallett oyle, and halfe so much of capons grease, and apply this to the swelling, and doe it twice a day. l: w:

To make a poultis for a cold ache, that will either breake it, or drive it away.

Take white wine, and oat meale, and lilly roots, sheeps suett, sorrell, and make thereof a poultis, and lay it upon it two times a day. approved true. l: w:

A poultis for a bruise.

Take mallows halfe a handfull, and chickweed a quarter of a handfull groundsell, and violet leaves, of each one handfull, shred them all together, and boyle them in faire running water, and thicken it with barley meale, and lay it to the sore place. approved. l: w:

A poultis to abate the swelling of any sore.

Take of mallows, smallage, and hemlocke of each one handfull, chop them small, and seeth them in milke, thicken it with oat meale, make a plaister of it, and scrape a little sheeps suett thereon, and lay it warme to the griefe.

An excellent poultis.

Take oat meale, sheeps suett, mallows, and groundsell, and if the party that is offended be inflamed wash it first with white vineger a litle warmed, and then anoynte it with cardialtheda, you must seeth it in milke. An: lo:

To make a camphire ball which is of this nature, that by washing it will take away the high colour both of face and hands.

Take six pennivorth of camphir, bruisse it small, two pennivorth of cloves, bruisse them small, one pennivorth of white starch brused in like manner, one quarter of a pound of the best white castile soupe, and shave it as thin as may be mix all these together in a deepe dish of pentee, or bason, and worke the same as you doe dough with rosenwater, and being well wrought make it up in round balls, and being dry use them.

For a red pimples face.

Take wine vineger one pinte, of brimstone two ounces, beaten to fine powder, and put it into the wine vineger, and let it stand there foure dayes, stirring of it every day, then wash your face therewith, every night when you goe to bed, or oftener if you have leisure and time. approved. la: w:



## For a red face.

Take two pennivorth of quicksiluer, and put it into a glass or little wooden dish, and in the morning put thereto two spoonfulls of fasting spittle, and increase your fasting spittle three mornings together, two spoonfulls each morning, and so let it remaine still in the spittle, then beate it or stirre it with a knife or sticke, till it be in the least or smallest that may be, as it were seeds, then draine away the spittle as much as may be, that done take two spoonfulls of white sweete barrows grease, and beate the same and the quicksiluer so long together that not any sparke be seene, then put in three drops of pure spike, and so temper all as it were a salve, and at night when the patient goeth to bed, let him or her rub a quantity of it with his finger, and in the morning wipe it cleane away againe, and so to use it untill he be recovered, night after night, and as soone as the oynment is made it must be put into a round box.

## Another for the same.

Take brimstone that is not round in peeces, and cinamon, either of them in euen portions by weight beate them into small powder, and searce them through a very fine searce, or a faire linnen cloth upon a sheete of paper, to the quantity of a quarter of an ounce, or a little more, and so by euen portions in weight, mingle them together a good while, till they be perfectly mixt or mollified in a quantity of cleare capons grease, when all hath been well wrought together, then put thereto a peece of camphir the bigness of a beane, with this where your face groweth red in going to bed annoynt it, and in the morning wash it away with white vineger, and within nine times dressing you may be cured.

## Another for the same.

Take a quantity of brimstone and make it into fine powder, then to a spoonfull of brimstone take so much aqua composita as will reasonably mixe it, then set the same on the fire, and when it is burned beate it into fine powder, and mixe it with deere suett, but the marrow of the bones is best, washed in rosewater, and so the water to be there in mixed, wherewith the face is to be annoynted.

## Another.

Take plantaine leaues, and beate them in a mortar, and put them in a still and distill them, and drinke thereof euery morning. the authour hereof did use this very often. l. v.

## Another.

Take foure pennivorth of quicksiluer, and put it in a glass, and spit your fasting spittle into it, and stirr it up and downe together very well, do it in this fashion three or foure dayes, untill it be very well killed, then take foure ounces of barrows grease, and worke it all together in a mortar very well, with two pennivorth of the oyle of spike, and wash the face euery day with the strongest vergice that may be had, and then annoynt your face with the oynment as occasion serueth, approued upon diuers. l. v.

## Another.

Take one handfull of strawberry leaues, as much of houslecke, one pound of buttock beefe without salt, camphire two ounces, and a quarte of creame, distill all these in a limbeck, and annoynt the face with the water thereof, then the party must drinke this drink following (viz) Take one handfull of houslecke, one ounces of licoris, with three or foure handfulls of coole hearbs, boyle all these in faire water and drinke it. l. v.

## A medicine for wild fire.

Take wine dregs, or vineger, and a raw hens egge, with the white and the yolke by euen measure, and temper it well together, and lay it on the sore, this salve will heale it. M. N.

## For a red pimpled face, and rheume.

Take strong wine vineger and make it hott, take cloues and steep them in the vineger, and hold to the face as hott as the party can endure it, afterwards you must annoynt it with unguentum album, and it will helpe you. approued. l. v.

## A purgation of violett flowers that may be taken at all times, though a woman be with child.

Take a good handfull of violett flowers dryed, and a greate handfull of greate raisias, the stones being pulled out, and seeth them in a pinte of ale till it come to the halfe, then wring it through a faire strainer with the yolke of a new layd egge as you doe a candle, and then drinke it off, and it will worke in any sanguine person six stooles or more. M. N.



To stop the working of a purgation, when it worketh too sore.  
Take the crumbs of a manchett and lay it in soake in red rose water, take two or three spoonfulls of it, and eat it without warming, eat a little more if you see cause. M. N.

A soueraign purgation to purge cholley, and melancholly.

Take a pinte of faire water, of polypodium, carduus, and betony, of each one handfull, one sticke of licoris, halfe a handfull of anniseeds, put all these into the water, and seeth from a pinte to a quarter of a pinte, then straine them into a little cup, and set it by untill it be lukewarme, and put into it halfe an ounce of sirrup of roses, solutiue, and halfe an ounce of sirrup of succory, with rubarb, so putt all these together, and stirr it with a spoone, and giue it to the patient, and it shall doe him good, by the graces of god. l. m. R.

To purge the head.

Take the seeds of stauers-acre, beate them to small powder, and when they are beaten take a fine linnen cloth, and put the powder therein, and make thereof a little ball, to the quantity of halfe a nutt, and put it in your mouth, and rowle it up and downe chewing it betweene your teeth, and holding downe your head the space of an howre, and it will purge the head and gums, and keepe the teeth from aking. l. m. R.

For the same.

Take the iuice of iuye, and powder of pepper, and mingle them and drinke it. l. m. R.

To purge cholley upward, and downward.

Take five ounces of lawrell, <sup>and gum</sup> put a rabeck thereto, and abate his sharpnes for it will purge strongly. l. m.

To purge all humours in mans body.

Take betony, ginger, and dill seeds, of each a like, put thereto pepper, and honey, stampe them well, and temper them with wine and drinke thereof, every day a pretty quantity first and last. l. m. R.

An easy purgation.

Take of ginger three ounces, of turbit two ounces, of elicanpana one ounce, of gentian and redwall, of each halfe an ounce, licoris two ounces, sugar sodden in water of hisope, with horehound, meos, enela, soure ounces, and make thereof an electuary, and in the morning let him take a spoonfull, as much at night. l. m. R.

To purge the body.

Take one pinte of raine water, put therein one penisworth, of sene, as much licoris, with a handfull of annyseed, let these be infused therein upon a soft fire, untill one halfe thereof be consumed, and drinke it fasting. S<sup>r</sup> A. N.

A very gentle and good purgation.

Take eight or ten prunes, halfe a sawcer full of raisins of the sunn stoned, a few tops of rosemary, a few bay leaues, a little mace, three <sup>hrench</sup> crownes weight of sene, boyle all in a quart of raine water with a chickentill it be well sodden then straine it and take thereof nine spoonfull, and dissolue therein one ounce of sirrup of roses solutiue, and take it blood warme, the sene must not be put in untill the rest be all most sodden. S<sup>r</sup> A. N.

Powder of holland to purge.

Take sene one ounce and a halfe, spiknard one quarter of an ounce, gromwell seed three quarters of an ounce, fennell seed and cummin seed a quarter of an ounce, gallingale, a quarter of an ounce, turbit a quarter of an ounce and halfe, rubarb a quarter of an ounce, beate all these into fine powder and mixe them all together, and giue a quarter of an ounce at one time, and giue it in white wine warme, and within an howre after take some warme cawdle, or ale berry. l. m.



## For a glistor.

Take of mallows and of camomill of each one handfull, of rue halfe a handfull, and boyle them together in a pottle of water, and when they be halfe sodden, put thereto a handfull of wheate bran, and boyle them together till they be slippery, then straine them through a cloth, and put thereto a quantity of May butter, and that is very good.

## A glistor for him that hath the stone.

Take marsh mallows or halyok, and other mallows, and pellitory of the wall, parsley rootes, carraway seeds, aniseedes, and camomill flowers, then take a black sheeps head, wool and all, and beate it all to peeces, and boyle all these together, and then take of this decoction, and put a quantity of oyle and make your glistor. probatum. l. w.

## A glistor for them that be weak and hott in the body.

Take barley and boyle it in the liquor of mutton, and put in sugar to it, and a quantity of oyle and make a glistor of it. l. w.

## For to make a very good glistor for women that hath any grife of the matrix or whatsoever.

Take a sheeps head and chop it in peeces wool and all, and seeth it in faire water all in peeces, then take one quart of this liquor and seeth it to a wine pinte with these things following, they must be beaten small, bayberries, aniseedes, commin seeds, carraway seeds, fenell seeds, of every one two spoonfull, and of camomill flowers, bays, and rosemary, of each halfe a handfull, gallingale, and ginger, of each one spoonfull, and a few raisins of the sunn, the stones picked out, then seeth it to a wine pinte, and then straine it, and put in six spoonfulls of sallett oyle, and give it warme, you may make it with this broth, and sometimes with a quart of new milke, wee use it daily. l. w.

## A comfortable glistor.

Take gallingale, ginger, elder flowers, pomegranate pills, and carraway seeds, of every one of them one ounce, beaten to small powder, then take one quart of new milke, one ounce of sugar candy, and boyle it to a wine pinte, then take three yolks of eggs, and beate them very well, and mixe them with the glistor, and administer it warme, approved. l. w.

## An excellent glistor.

Take pellitory of the wall, mercury, mallows of the common sort, and marsh mallows, epithemum, beets, hearts tongue, of each one handfull, the roots of sparagus, bruseus, parsley, smallage, of each two dragms, polypodium one ounce, the flowers of borage, hops, fumitory, mellilots, camomill, and dill, of each foure small handfulls, the seeds of carthamus, aniseedes, of each halfe an ounce, uniper berries halfe an ounce, make a decoction of all abovesaid, in three pintes of faire running water, till halfe be consumed, wherein dissolve confectio hamech, one ounce and a halfe, adding to it oyle of dill, lillges, violets, of each one ounce. et fiat glistor. l. w.

## An ordinary glistor.

Take the leaves of mallows, hollyhocks, beets, violets, camomill, of each one handfull, parsley seeds, and fenell seeds, of each three spoonfulls bruised, boyle these with a little fatt mutton in a quantity of water, till halfe be consumed, then straine it and take of the same decoction three parts of a pinte, in which dissolve and mingle of ordinary honey three spoonfulls, of salt butter two spoonfulls, of sallett oyle nine spoonfulls, of bay salt the weight of two shillings, all which dissolve in some part of the liquor, adde to these the yolks of two eggs, these being presently, and exactly mingled together, put them into a glistor and so give it, if you would have it somewhat more then put to the former and dissolve in it of cassia the weight of eight pence in silver, mixe all these well together, and use it a little warme. l. w.

## A glistor to coole the backe.

Take violet leaves one handfull, barley two handfulls, lettices one handfull and a halfe, seeth them in three pintes of water to a quart, then straine them, and take a pinte of the same water, and mingle with it three ounces of oyle of roses, one ounce of sugar, and two yolks of eggs, and being luke warme receive the same glistor in the night when you goe to bed, and keepe it all night if you can, and with the rest of the liquor make another glistor for the next night following. l. w.

## For a man that hath lost his nature.

Take fenell, and parsley seeds, kernells of cardamom, aloes, Gelouery, gallingale, cinamon of each a like quantity, one penninworth of rubarb, two dragms of allome and masticke, stampe them together in a mortar, then take an earthen pan, and a slice of horne, stir it well together till it be thick, as high as you can hold up your hand, put it into a box, and use to eat of it fasting, and after meals.

## Another for the same.

Take a pinte of pure rosewater, and as much new milke, and nine or ten new layd eggs, and beate them all together, and the powder of aniseedes, then still them and drink the water that cometh thereof morning and evening.



To comfort nature.

Take a quart of new goats milke, and a quarter of a pinte of rosewater, three yolks of new layd eggs, distill these said things, and drinke one spoonfull or two in the morning, and as much at night, mixt with a little sugar. l. m. R.

Another.

Take yolks of eggs, a quantitie of aqua vita close covered, and powder of nutmegs, and of diasatyrion and mingle them together but take not so much thereof at once, for it stirreth vehemently. la. marq.

A medicine for those that have weakness in the back, or consuming of nature.

Take a pinte of goats milke newly milked, halfe a handfull of the flowers of white archangell, lay the flowers in Acepe in the milke, in the morning boyle the milke and flowers together two or three walms, and so straine the milke from the flowers, and put there to a quantity of sugar candy, and let the patient drinke it luke warme, and soust it for the space of seven days, euery morning fasting. l. marq. For the plurisy or stuffing.

If any man hath the plurisy, or is stuffed in the stomack with long and hard phlegme, let him take one scruple of the powder of the seed of nettles, with the sirrop of violets, and swallow the same by licksing it by little, and little, and he shall spit out viscus and tough phlegme. l. m.

Against the plurisy.

Water of ruy is good for the stomack, for it abateth leckery, it is good for the cough, for a womans flowers, for the lungis, for the breast, for collicapsio, and for the plurisy. l. w.

Another.

Take a wheaten cake, or a rye cake, and bake it in an oven, or upon the hearth, and when it is baked slice it asunder in the midst, and spread it with tarr, and as hott as the patient can suffer it, lay it to the place where the stitche is, and so shift it hott, and hotter, and follow the stitche as it goeth, and it will helpe you by the grace of god. M. N.

Another.

Take a hott loafe of bread, and spread upon the one halfe of the loafe good triacle of Jeane, doe the like upon the other, and lay the one halfe to the place grieued, and the other halfe behind, opposite to the place where the griefe is, then rowle it well together, and let the patient goe to bed. M. N.

Another.

Take the powder of six acorns dryed in an oven, and put thereto foure or fiue graines of long pepper in powder, and searce them both together, and so let the patient drinke it in ale or wine, blood warme, and it will helpe him. M. N.

Another.

Take hore hisope, otherwise called maiden hisope, a pretty quantity, then take so much ale as will serue to straine it, when it is well stamped, seruing for two draughts, that is one draught fasting, and the other when you goe to bed, but you must also put thereto a spoonfull of grains in very fine powder, and drinke this luke warme, this hath been often approued to be especiall good. M. N.

To helpe a plurisy without letting blood.

Take horse dung, boyle it in white wine a walme or two, then take off the wine and sweeten it with sugar, take a french crowne weight of the powder of mastick and put to it, then giue it the patient to drinke, if he be in greate extremity, three nights to bedward giue him the powder of mastick in possett also, In his broths foure dayes together put ground worme halfe a handfull, and halfe a handfull of wild daisy roots, leaues and all, the horse dung and the white wine must be boyled thicke, and applyed unto that side where the paine chiefly is, l. marq.

A medicine for a bastard plurisy or other plurisy if it be taken in time, or for a surgett.

Take ale, and make a possett, and straine it, then put it on the fire and boyle it with a handfull of marigold leaues, then straine it againe and dissolue some saffron into it, and put thereto a ball of the dung of a stoned horse tyed in a clout, and straine it, and so giue it to the patient three or foure times. Also take a toast of household bread and spread it with tarr, and lay it to the side where the griefe is. For scalding and burning.

Take the white of an egge, and a stone of roche allome, and stirr it till it be thicke, and white, and lay it on the place scalded or burned, and it will heale it.

Another.

Take wooll oyle tempered with water and use it, and when the fire is out, take a quantity of heas dung, and a quantity of virgins wax tempered well together, therewith dress the sore, and it will heale it without scarr.



To heale any scalding or burning being applyed presently.

Take one pinte of sallett oyle, put it into a pipkin, then gather the spriggs of elder as big as the top of your finger, then take the green rinde of it about one handfull, and some few leaves, a quantity of plantaine, and as much of *sempervivum*, shred them grossly, and put in more then six parts of a pinte of strong vinegar, a little strong urine, two inches of tallow candle, let all these boyle with a soft fire about halfe an houre, stirring it, and then straine it through a cloth, and put it again into the pipkin, adding to it two ounces of oyle, and one halfe ounce of waxe, then melt all together stirring them, and then it must be spread upon paper, and lay it upon the sore, which must lye on the space of foure and twenty houres. approved by M<sup>r</sup> Pall a french man.

For a burning with gunpowder.  
Take two handfulls of groundsell, twelve heads of horeteche, a pinte of goose dung, as much of sheeps dung the newest of both, stampe the hearbe in a mortar, as small as you can, and then put the dung into the mortar, and temper them together, then take a pottle of boares grease, and put it into the mortar, and temper them all together halfe an houre, then take some vessel and seeth it halfe an houre all together, then take a canvas bagg, and straine it through with a clef sticke into an earthen pott, and so keepe it untill need require, and then use it.

Another if the shine be not broken.

Take good inke, bathe, and wash the place that is sore often, and it shall not rise in bladders, or make any blemish.

Another for the same.

Take new lime out of the hill, put it into water, not till it breake, but when it is a little quenched then take it out of the water, and lay it on a cleane board, and it will fall in peeces of it selfe, then take so much oyle olive as will make an ointment of it, and there with annoynt the place six times in a day untill it be well, this is also very good for a swelling in the leggs or other places, and to be made into a salve for any old sore.

For a scald or burne.

Take of the hearbe called perewinkle, fry it with fresh butter, or fresh grease, and sheeps dung newly made, then straine it, and it will be like a salve, lay of it to the sore plaister wise, and renew the plaister morning and evening. Sir A: m:

Another for scalding and burning.

Take barrows grease, sheeps dung, and two snalles, take them out of their shells, and stampe it, and melt it, and straine it, in a faire cloth, and take the fliche of a barrow hogg, and take away the fitt, and take the skin that is about the fliche, and lay the medicine upon the skin, and then lay it on the sore, foure and twenty houres, and that will heale it.

For scalding and burning.

Take one pinte of sallett oyle, and one quarter of a pinte of running water, and beate them together till the water be cleane consumed away, then take a pound of unwrought waxe, halfe a pound of the best turpentine, halfe a pound of rozen, beate it fine, and cut the waxe into small peeces, and then put all these into the oyle, and set it on the fire, and let it boyle halfe a quarter of an houre stirring it, then take it off, and stirr it till it be halfe cold, and when it is through cold take it out and use it, and keepe it dry.

Another for the same, and to use when the fire is out.

Take one pound of rozen and make it in powder, one pound of unwrought wax, mince it small, one pound and a halfe of clarified May butter, and put all together in a brasse pan, and set it upon the fire till it begin to rise, and allwaies be stirring it, and then take it off the fire, and incontinent put the same into a vessel, with faire cold water, and stirr it together, and so let it stand a day and a night till it be cold, then make it up in rowls, and so keepe it, and spread it upon a cloth, and use it as you doe other plaisters. l. marg.

Another for the same.

Take in May dayes roots, leaves, and flowers, of the inner barke of elder, of each one handfull, of the leades of bryers such as beareth the berries, one quarter of a handfull, bruisse them well in a mortar, then put thereto one pound of May butter clarified, mingle it together, and so set them over the fire, and let them boyle till the strength be out of the hearbe, then straine them through a cloth, and so keepe the ointment in a cleane pott till you use it. l. marg.

Mixe cream, and sheeps dung and lay to the sore. l. marg.

Another.

Take swines grease and ale, beate and stirr them together, and it healeth mightily and soone. l. marg.

Another for a burning with fire

Take the inner rinde of elmo, and lay it in faire water, and there with annoynt the place. probatum.



A singular good oynement which healed all burnings  
with fire not leaving any scars at all.

Take the whites of two eggs, two ounces of tatica alexandrina, two ounces of quicklime, washed in  
nine waters, one ounce of new wax, with as much oyle of roses as shall suffice, and make thereof an  
oynment, which you shall finde very good. l. v. a.

An oynement for them that be scalded with fire.

Take May butter, or sweete butter out of the churne, foure pound, and a good deale of sanicle,  
and ground iuge, and plantaine, and a little housleche, boyle them all together till it come to an oyn-  
ment, and keepe it for your use, approved true. l. v. a.

For a scalding or burning, a cold oynment.

Take ground iuge, and archangel, and the inward rinde of elder, water lillies, and housleche,  
chop and stampe them, and seeth them in sweete butter, then take the whole leaues of iuge, and seeth  
them in faire water, and dip them in the oynment, and so lay them upon the sore place. approved  
l. v. a.

To take the fire out of a scalding or burning.

Take the inward rinde of witch hazell, the hazell that beareth no nuts, and scrape it, and  
lay it in faire water, and the iuice of semper vium, and lay a linnen clout wet in the same  
iuice upon the burne, and so wet the linnen euerie houre. approved true. l. v.

Also the inward rinds of elme, and iuice of housleche doth the like. l. v.

For burning, or scalding.

Take white lime the quantity of an egge, put it in a dish of cold water, and wash it, then cast  
away the water, and wash it in eight waters more, and keepe the last water only, and put there-  
to oyle oliue, and stirr it till it be thicke, and annoynt the burne therewith, and so seauen  
dayes it will be well. Sir A. m.

Another.

Seeth Iuge leaues in water to the halfe, and with that water wash thy face, or other place,  
and after annoynt it with populion.

Take ground Irye three parts, barrows grease one part, and seeth them in a pann till  
they be thicke, then straine it in a cloth, and keepe it in a box, and when need requires take a  
little in a shillett, and melt it, and annoynt the sore place. l. marg.

For a burning of fire.

Take the rinde of the elme tree, and pare away the outside, stampe the sappye part there-  
of, and seeth it in water, and let it stand till it be thicke, then with a feather skumme that  
away that fleteth a boue, and keepe it, and annoynt the burnt place, two times a day or  
more. l. marg.

For burning with gunpowder or fire.

Take twelae, or twenty eggs, and rost them in the fire till they be very hard, then take  
a faire frying pann, and take out the yolks from the whites and put them in the pann, and  
so let them fry on the fire, and there will come an oyle, with the which annoynt the place,  
and you will finde wonderfull ease.

For a man that is burnt with a harlott.

Take an old flaxen cloth that is cleane washed, burne it and make a powder of it, and  
take oyle of eggs, and annoynte the sore holes therewith, and fill them full of the powder,  
and it will heale in a short time. M. N.

Against excoriations of the yard.

The distilled water of endiue, plantaine, and roges, profiteth against excoriations in the  
conduit of the yard, to be injected with a syringe, whether the hurt came by unclear-  
nesse, or else by some small stones and grauell, issuing forth with the urine, as often  
hath been seen. Ger: page: 222.

For the same.

Red flowered yarrow cureth the inward excoriations of the yard, of a man coming by  
reason of pollutions, or extreame flowing of the seed, although the issue doe cause infla-  
-mation, and swelling of those secret parts, and though the spermatick matter doe come  
downe in greate quantity, if the iuice be injected with a syringe or the decoction this  
hath been proued by a certaine friend of mine, sometimes a fellow of kings Colledge  
in Cambridge, who lightly brused the leaues of comon yarrow, with hogs grease, and  
applied it warme to the priuy parts, and thereby did sundry times helpe him selfe, and  
others of his fellowes, when he was there a student, and a single man liuing in Cambridge.  
Gerard page 915.



## For paine of the yard.

Take the leaues of plantaine stamp it and put into oyle olive, and set it in the hott sunn, for a moneth together, and after wards boyled in a kettle of seething water (which we call balneo Mariae) and then strained doth preuaile against the paine in the cars, (the yard or matrix being dropped into the ears, or cast with a syringe into the other parts before rehearsed) or the pains of the fundament: proved by a learned gentleman. M<sup>r</sup> William Godorus sergeant chirurgeon to the queen, out of Gerard page 341.

## For the falling sicknesse.

Take a moles heart, burne it to powder, and giue it the patient to drinke.

## For the falling sicknesse.

Drinke of the mistletoe of the Oake in wine before the paine cometh. M<sup>r</sup> Pall out of the french. probatum.

## Another.

Take scæ Alexandrina foure ounces, champepity, tyme, cow-slip leaues and rootes, lilly and charuill, of each a good handfull, hopps, epithimum, stachados, of each one ounce, aristolochia, of each kind one ounce, gentian, pine-root, of each halfe an ounce, boyle all these in a sufficient quantity of running water till the third part be consumed, let the patient drinke this drinke three times a day, with this powder following, that is in the morning fasting two howres after, at noone one howre after dinner fasting one howre after, at night two howres or at the least one howre after supper. l. v. note that there be three kinds of aristolochia. viz. longa, rotunda, officinarum.

## This is the powder aforesaid.

Take the heart of a rauen, the braine of a weasel dryed and killed in the howre of troelus a clocke, the sterbirth of a woman which is brought to bed of a manchild, dryed with cinnamon, and a little sugar, make the powder of all these, and drinke euery time a spoonfull. l. v.

## For the falling sicknesse.

Galler saith that he knew certaine men in his time that gaue the powder of mans bones burne to them that had the falling sicknesse, they not knowing of it, least their minds should stand against it, and many were cured with the same. Gregorius hath proved it with mens skulls. l. vi.

## Another.

Orpheus, and Archelaus affirmeth by report of Pliny, that if the lips of them be smeared with the blood of man, then they that are fallen of this sicknesse by and by will be deliuered from the traunce, or fitt, or if their greate toes be then next pulled, or pinched. l. vi.

## Another.

Take a peece of a Childs nauell string worne in a ring of gold, is good against a falling sicknesse, and the paines of the collicke. l. vi.

## Another.

The braines of a weasel dryed, and drunke with vineger, doth helpe them that haue the falling sicknesse. l. vi.

## A preseruatue against the falling sicknesse.

Castoreum the best you can finde, Asafatida, of each halfe an ounce, pine roots halfe an ounce, aromaticum, rosatum one ounce, made all in powder and mixed together with sirrope of mints, make seauen pills, and take two of them, or three a weeke, when you goe to bed. l. vi.

## For the falling sicknesse.

Take a greate frogg, slit it in the back and take out his man, wind it in a greate greene leafe, stop it close in a viole glasse, and let it stand alway in warme embers till it be dry for powder, let the sicke drinke that powder with three spoonfulls of gascaine wine three mornings together. Sir. N. M.

## Another for the same.

If the patient be fallen the manes of froggs used as aforesaid drunke in white wine will surely cure the party aforesaid for euer. l. vi.



For the running of the reins and weaknes of the back.

Take three ounces of french crosses seed, a quarter of a pound of dates, halfe an ounce of nutmegs a quarter of an ounce of the best large maces you can get, one penniworth of cinamon, one penniworth of saffron, halfe a pound of the best sugar, one pint of muskadine, and one quart of very good ale, then sett the ale on the fire in a very cleane vessell, and put in your seeds unwasht, but only rubd betweene two linnen cleathes, then put in the dates, and the maces minced very small, and slice your nutmegs very thinn with a sharpe knife, and put in the saffron whole, boyle all these things together for the space of an houre, then put into it your sugar, and your muskadine, and let them seeth till it be very thicke, euer stirring it for feare of burning it, and when you see that it is thicke enough, then strew your cinamon into it, and put it in a gally pott, and keepe it for your use. And when you haue occasion to use, then take one spoonfull at a time morning and euening fasting or at any time, so that your stomach be empty. approved true by M<sup>r</sup> Norton.

A candle for the running of the reins.

Take the yolks of three eggs, of red rose water, of plantaine water, of knott grass water, of each halfe a pint, three nutmegs, and some cinamon, a little sugar, and a little of the finest bole armoniacke, you can gett, and make it all together to a candle and drinke it up, and cate the things that be in it. approved true l. w.

To make a tansy with eggs for the running of the reins.

Take confrey leaues or rootes, knottgrass, clary, nep, one nutmeg and a little cinamon, make thereof a tansy, and cate them morning and euening with eggs, approved true l. w.

A plaister to helpe the paine of the backe and to stay the running of the reins.

Take sanguis draconis, and litharge of gold, oyle olive and amber, stampt small, and boyle it to the forme of a plaister, and then spread it upon leather, and lay it to the backe. ap. tr. l. w.

For the running of the reins.

Take dillsced three graines, seed of lettuce, and purslane, of each foure dragmes, make them in powder, and drinke it at twice morning and euening with water of lettuce or purslane with a little sugar, and it will ease the matter well. M. R.

For running of the reins, and weaknes of the back.

Take a pottle of new and warme goats milke, for want of goats take the coves milke, then take a handfull of hempseed as it groweth, and of acornes one handfull, the husks must be taken away, they must be so dry that they may be made into a powder, then take one roote of plantaine, and another of daisy, and cleanse them, then put them with the powder into the milke, seeth them together untill halfe be consumed, then straine it from the grounds, and drinke a good draught of it luke warme euery morning, and drinke not in two houres after it, and it will helpe you in short time. M. R.

For the paine of the back.

Take three quarts of milke new from the cove, raisins of the sunn the stones picked out, and currans of each one penniworth, of cinamon two penniworth, of red sanders halfe a penniworth, foure dates the stones pulled out, large mace two penniworth, cleane the stalks of pomegranats, two ounces and pennides two ounces, stampe your raisins, dates, and currans, beate your spices and boyle them all in the milke, keeping it stirring least it burne, then take it off, and put it into a cleane vessell, and then put to it the yolks of eight new layd eggs beaten, then distill it all together, and drinke thereof morning and euening for the space of sixtee ne dayes. l. M.

To stop the running of the reins.

First take cassia newly drawne, one ounce, rubarb in fine powder one ounce, of venice turpentine washed two ounces, mixe them and cate them upon a knives point. l. w.  
Then take venice turpentine one ounce, two yolks of eggs beaten together, and mixe them with one penniworth of white wine and drinke it warme in the morning. l. w.



Then take conserve of red roses, and mastick, of each two ounces, and fine bole halfe an ounce, in powder; mixe them together, and so eate it as occasion serueth. l. w.

Then take yinglabe and cut it in small peeces, and boyle it in milke, and so eate it euery morning and euening as occasion serueth; use all these afore mentioned as they are set in order; and by the grace of god you shall finde helpe. l. w.

A drinke for the running of the reins, and for the weaknesse of the backe.

Take a quart of muskadios and put into it three cape dates sliced, whole maces, whole cinamon, and a few clouys and daisy roots and leaues, and yarrow, plantaine leaues, and comfrey, hearb. and roots, and balm, and mixe of each alike quantitie, and two nutmegs, and the pithe of an oxe bache, and boyle all these together, and when they be boyled straine them, then take two new layd eggs, and beate them in a dish very well, then brew this liquor with the eggs very well, and then drinke of it morning and euening. approved true. l. w.

For to helpe the running of the reins.

Take the whites of eighteene eggs, and beate them till they come to an oyle, then scum the froth off them, then take one pinte of muskadios, and halfe a pound of barbery sugar, a pinte of red rose water, and mingle it all together, and drinke it affoure times morning and euening, and fast after it three houres, this is approved for the best medicine that euer was used. l. w.

A recey for the running of the reins, or for a weak backe.

Take pellitory of the wall, harts tongue, comfrey, and daisies of each one handfull, stampe and straine them, and put the iuice of them to a quantie of white wine, and mingle the wine and the iuice together, then take of clary and nepp of each one handfull, as much archangell, and wash them in three or foure waters, and put them into a frying pan, and put to it a nutmeg beaten to powder, and breake in it a new layd egge, and put to it a pease worth of butter or more, and fry them together, and let the party eate of this euery morning with new white bread, and drinke this withall. approved true. l. w.

For the running of the reins.

Take fine mastick in fine powder, and bole armoniache in fine powder of each one ounce, mixe these all together, and giue the patient twelue penny weight in a penny pot of red wine to drinke, giue him this euery morning and euening, and let him fast two houres after; then take one blade of semper uirum, and slitt it broad waies in the middend and sow it on a roller, and lay the little end to the broad end, and so bind it to the reins of your backe. l. w.

To helpe the paines of a womans backe.

Take may weed, and ripp, stampe and straine them, and take the iuice of them, and drinke it with muskadios, or malmesey, drinke this so often as occasion serueth. approved true. l. w.

A plaister to helpe the paine of the backe.

Take stone pitch, and honey, and melt them both together, and make them up in rowles, and make a plaister of leather, lay it thereon, and lay it to your backe, euery day you must renew it, untill you shall finde your selfe eased, approved. l. w.

A drinke for the running of the reins, or for one that cannot swallow a pill.

Take knottgrasse water, put to it the whites of six eggs beaten into water, that is so beate them till they come into water, and take halfe a pinte of the knottgrasse water, and as much rose water; to make it sweeter, of white sugar foure ounces, of crocus martis in fine powder one ounce, shake them together, and drinke them of first and last, but you must put into it halfe a pinte of plantaine water, and three nutmegs toasted and beaten approved true. l. w.

Pills for the running of the reins.

Take cystia fistula newly drawne, rubarb licoris, and annisceds in fine powder, of each one ounce, venice turpentine two ounces, nutmegs, mastiche, crocus martis, cinamon, of each halfe an ounce, make it in a dozen pills, and take fixe of them at a time. this Doctor Blacksmiths receipt. proued true. l. w.

A drinke for the running of the reins.

Take the foure greate cold seeds, that is to say gourd, Musk million, Citrons, and Cucumbers, take them and beate them, and put them into a pinte of white wine, and let them stand one day and one night, and so drinke them night and morning. l. w.

Another.

Take a pottle of cowes milke, a quart of archangell flowers, of plantaine leaues, yarrow, knottgrasse, and comfrey of each one handfull, cinamon halfe an ounce, turpentine one pennyworth, boyle all these hearbs and milke together, till halfe be consumed, straine the hearbs from the milke, then put in the cinamon and turpentine, let it boyle one halfe, then take it from the fire, and giue him to drinke morning and euening. approved. l. w.

Another to helpe both man, and woman.

Take a pinte of sacke, and a quarter of a pound of sugar, two nutmegs beaten to powder, and comfrey roots and cut them small, and a handfull of knottgrasse and seeds all these together, and when they be tender sodden take two new layd eggs, and a pinte of good and strong ale, and beate them together, then brew your hott sacke, and your cold ale together, and drinke it warme morning and euening. approved. l. w.



For the running of the reins.  
Take burrhe rootes, and dry them in an oven, and beate them in fine powder, and drinke them morning and evening. approved true. It's also good for the swelling of the cods. l. w.

An electuary for the running of the reins,  
learned of Doctor Daniell.

Take conserve of red roses of the oldest foure ounces, sirr up of mirrill two ounces, seeds of plantain and pomegranate flowres of each one dragma, terra sigillata, two scruples, mastiche one scruple and a halfe, and so to be made in electuary or bally, and take one ounce every time.

And two houres after you have take taken it, take plantaine water, and the flowers of borage, and buglosse, and so drinke that. approved. l. w.

For the spleene.

Take a quantitie of oyle diue, and a quantitie of aqua vita, and a quantitie of your owne water; and warme them upon a few coales, and chase your side by the fire, and as hett as you may suffer it both your side with the same, and then you must have a quilted cloth of linnen, as broad as a sheete of paper; and lay it upon the spleene, and thus you must doe morning and evening.

Another.

Take a handfull of three leaved grasse, stampe it and take the iuice there of, and put thereto ale, and the powder of cumin and ginger, and for lache of camin take anniseeds, drinke it luke warme, and you shall finde a present remedy.

Another.

Take the oyle of capers, the oyle of flowers of lillies, and the oyle of camomill and anoynte yourselfe therewith. M<sup>rs</sup> Norton.

For the turning of the spleene.

Take a good quantitie of the sharpest thistle roote that you can finde in the field, scrape, beate and straine them in good ale, then warme it, and giue it to the patient to drinke. M. D.

For the spleene.

Take the hinder quarter of three frogs, dry them in an oven, and make powder of them, and take a linnen cloth, and fresh butter that no salte hath been in, and strew the powder upon the butter, and lay it in the fundament three times a day so long as it grieueth you. l. w.

Another.

Take oyle of capers one ounce, oyle of broome one scruple, and anoynte your side therewith. l. w.

Another.

Take the scede of ashen heges, and beate them to powder, and drinke them morning and evening and cut them into your pottage, and it will ease the paine. l. w.

For the spleene, and to open the liuer chiefest.

Take succory rootes, parsley rootes, and doch rootes of each a good handfull, scrape them cleane and the pith pulled out, then take endiue, succory, and borage, of each one good handfull, chamapit<sup>er</sup> and egrimony, of each halfe a handfull, raisins of the sun two handfulls, washed cleane, and the stones taken out, and so wash them againe, wash also all the hearbs and rootes very cleane, and bind them with a fine thread, that they run not about the pott, and when the pott is scummed, put in the hearbs, and the raisins, and a little strained oatemeale, and so seeth it till the flesh be sodden away; make your broth with weale, mutton, capon, hen, or chicken, or what you will. approved true. l. w.

To open the spleene.

Take of the roots of the polipodium, of the che fennell rootes, parsley rootes, and of the barke of the roote of capers, of each the weight of twelue pence in siluer, of the leaues of balm, buglosse, ceterach, and harts tongue, of each one handfull, of the flowers of borage, buglosse, rosemary, and broome, of each halfe a handfull, of the seeds of fennell, anniseeds, and parsley, the weight of twelue pence, of licoris bruised and made cleane, halfe an ounce, of raisins of the sunn made cleane and stoned, one ounce and halfe, let this be boyled in a sufficient quantitie of clarified whey, till halfe be consumed, then straine it, and put in the weight of nine pence of mace, and sweeten it with sugar; and boyle it till the sugar be consumed, keepe this for a drinke for many times. l. w.

For the spleene.

Take emplastrum de melliloto pro splena this plaister did ease the authors brother. approved true. l. w.



For the spleene.

Take boares grease, and the ashes of ash wood, of each two pound, seeth them in a gallon of running water to the halfe part, straine them through a strainer, and let them stand all night, and on the morrow flitt off the grease, and doe away the water, and melt the same and straine it, and put it in a box, and therewith annoynte the spleene. approved true. l. w.

Another for the spleene.

Take the gall of an oxe or two, and for euery gall take one pottle of good vineger, boyle them together till halfe be wasted, and with the liquor bath your side well, before a fire, and then take a peece of blew woollen cloth, well wetted in the liquor, and as hott as you can suffer it lay it to your side, and wear it all day, use this euery morning, and in short time it will take away all swellings, and hardness of the spleene. proued. l. w.

Another for the spleene.

Take a handfull of Tamariske, lay it in sleepe foure and twenty houres, in waters wherein the Smithes quenck their iron, you must take two quarts of the water to one handfull of tamariske, and let the party grieued drinke of it euery morning and euening, so much as the party can, and it will helpe him or her, though it be of neser so long continuance, but you must strow the tamariske into the smithes water, if it hath been foure and twenty houres in sleepe, and drinke it something warme. approved true. l. wa.

For the spleene and iandise.

Take fetherfew, and cammo mill seeds, and cloves and mace whole, small raising, and bruised licoris, sodden in water, ale, or wine, mixt with a little triacle before the seething, and drinke the same euening and morning luke warme. l. marg.

To helpe the hiccok or stay vomiting. when one is sicke.

Take a pinte of red wine and one ounce of <sup>Indum</sup> fadum and cloves together, and they must not be broken, and a quartor of a pound of sugar, boyle it all together to halfe, and then giue a litle glass full to the patient to drinke so hott as he can suffer it, morning, euening, and at nooks, and when they will. approved true. l. w.

For a rupture.

Take heart dandelion well sodden in water, is accounted to be a chiefe helpe for the ioyning of wounds, it is good for ruptures, or for them that be bruised. approved true. l. w.

For a rupture or broken belly.

Take nine red snails, and put them betweene two tiles stones, and dry them in an oven, and make powder of them, then giue to the patient this powder of one of them euery other day in white wine fasting, neither eating nor drinking within two houres after, if these nine will not suffice, you may immediately doe nine more. l. w.

Viz: emplastrum contra rupturam is called sores plaister.

To helpe them that be broken, either men, women, or children.

Take the heart lillium conualium, and dry it and make powder of it, and giue it to drinke to the patient, or take the iuice of it, and drinke it in muscadine or malmesey warme, drinke it morning and euening. approved true. l. w.

A drinke for them that be broken.

Take house snails and let them purge themselves in vinegor, then take them and dry them in an oven and make powder of them and giue it the party to drinke in hott grass water being warme morning or euening. approved true. l. w.

A plaister for the rupture.

Take the plaister rupturum, and lay it upon it untill you be whole. approved true. l. w.

For to cure a rupture.

Take white mallows, the hearts, roots, and flowers, boyle all these in a pottle of white wine leese till halfe be consumed, and a quarter is best, and then spread it upon white leather, and lay it to, as hott as the patient can suffer it. proued true. l. w.

To cure a rupture.

Take our ladies mantle and distill it, and giue it to drinke to the patient, with the powder of lillium conualium let him haue a trizse, and a plaister of rupturum fernely. l. w.

A drinke for one that is broken.

Take a knuckle of veale, a pottle of white wine, halfe an ounce of whole maces, one pound of currans, halfe a quartor of a pound of cape dates, of comfrey, knotgrasse, polygodium, of the oake, of each one handfull, put all these into an earthen pott stoppt close with paste, and let it seeth in a kettle of water six or seauen houres, and then stampe them, and straine them all together, and let the patient drinke them first in the morning, and last at night, and rest an houre upon your bed after you haue taken it, and an houre after you are in your bed, allwaies being luke warme. l. w.



A powder to be drunke in knotgrasse water or white wine, for a rupture in man or woman.

Take house-snailes and let them purge themselves in orizager, then take them and dry them in an oven, then powder them, and mixe them in powder or with these following: Take dandelion, and the hearbelillium corvallium, and the tender cropps of asparag, and dry them in the winde, and not in the sunn, and make powder of them, and scarce it, and keepe it in a bladder, and let the patient drinke of those powders, with white wine or knot-grasse, water morning and evening, winter and summer saue in May, and in May drinke of the hearbe stamped with white wine, and the patient must be well and easily trused, that he or she may goe with it all day, and lye with it all night, till they be whole, and they must haue the plaister called rapturam fourteen dayes, and they must lye upright as much as they may day and night, and straine their bellies as little as they can, they must be kept laxatiue, as long as they lye in their beds, and fast two houres after it, they must eate no white meates till they be whole, nor straine themselves, nor walke but easily, and they may take in their broth bound with thread, these hearbs or rootes, viz: comfrey, knotgrasses, dasey rootes, and leaues, and nippe, and such like knitting hearts. l.v.

For a rupture.  
Take rootes of comfrey, dasey rootes, and leaues, of maudlaine, polliody rootes, hemlock valerian rootes, and egrimony of each a like quantity, but most of valerian, stampe them, and seeth them in faire running water, to the third part, and drinke the rege of morning and evening with sugar. M. R.

For children that are broken.  
Take butter in May upon the day, and take a thiane platter, and set it betweene the quere wall and the tile, and so make May butter as perfect as you may, then take the white flowers, you must plucke them in faire weather, and pluck them as drye as possible is, and take a quarter of a pound of the which you shall make into a powder; and take a pound and a halfe of butter, and boyle the said butter and powder together, and take so much for one child as a wallnut, and stroake it with a little of it at once, and take a little cotten, and lay it upon his stone or broken place, and stroake it two times a day at the first, and then one time a day, and they must haue a trusse to hold it up. approued true. l.v.

For one that is broken.  
Take in May the tender tops of the hearbs of mond, drye it in the winde, and not in the sunn, make a powder thereof and keepe it in a bladder, and let the patient drinke thereof morning and evening in white wine.

This will first cause the belly to seeme greene, and new broken, the patient must be kept easily trused day and night, within fiftene dayes it will be whole, lying upward so much as he may, and not straine his belly, he must be kept soluble so long as he is grieued, let him eate no white meate during his cure, and walke as little as he may. Sir A. M.

A plaister to knit him.  
Take the rootes of polliody of the oake, pare them cleane, take also the rootes of enula campana, pare them cleane, take also the leaues of daisies, and beate them all together small, and temper it with the oyle of bayes, and make it plaister thicke, and spread of it a good quantitie, and apply it under the trusse, changing it evening and morning, the leaues are best in May. Sir A. M.

Of suppositories.  
Suppositories are made sometime with honey only rowled upon a board and made round, smaller at the one end then at the other; and of length and greatnes after the quantitie of the body that taketh it, sometimes there is mixed with the honey salt dryed, or salt-peter, or the powder of such things as purge the tumours, or dissolue the gross winds, or other matter which offendeth, sometimes they are made with rozen, pitch, wax, or gums, sometimes of rootes, or leaues of greene mercury very small bruised, also with figs, or raisins, the stones taken out, or white soape made ready as aforesaid, and put up into the fundament to the greate end and keepe it there halfe an houre.

A suppository for the collicke.  
Take of rue two dragms, of cummim one ounce, of sal gemme two ounces, all these must be made into powder, and make your suppository with good honey. M. R. Norton.

To make a suppositor for the ague, and for loosnesse of the body.  
Take a figg, and cummim seede, and bruse it, and put it into the figg and make it like a suppository, and put it into the fundament; and eate one also of the same fashion, doe this so often as occasion serueth, and it will helpe you in using it once or twice. approued. L. wa. and L. Russell.

To make a suppository.  
Take honey and boyle it till it be thicke, and then put in hiera picra, and a handfull of white salt. l.v.



Another.  
Take allome and make it like a suppositor, and annoynt it with oyle of roses, and put it into the fundamentum.

For a suppositor a quicke way.  
Take five or six raisins of the sunne, open them, take out the stones, and fill them with salt butter, and thrust them one after another into thy fundament. Sir An. Maicage.

For the cough.  
Take elecampane rootes dried, and beate them in a mortar, and searce them cleane, then take anniseeds, and beate them and searce them, then take sugar candy and beate it small, then take two spoonfulls of each of them, and put them tog ether, and three or foure spoonfulls, or as much as you will, so you take of like proportion of each of them, and cate this morning and evening in especiall, and as often also as you will in the day, and put the powder of the elecampane rootes, and the powder of the anniseeds together which you may keepe long to ease or drieth, and you may if you will cate thereof two or three spoonfulls; put in as much sugar candy as will make it sweete; but you must note that the roots must be pared and cleane, before you beate them.

Another for an old cough, and to void gross phlegme.  
Take horehound two handfulls, hisope one handfull, time halfe a handfull, and elecampane rootes two handfulls, licorise a stick, and anniseeds a quarter of an ounce, bruiſe your licorise and your roots, then seeth them with the herbs in a gallon of water unto halfe, and put anniseeds bruiſed into it a little before it be sodden, straine it cleane and put to it the fourth fifth, or sixth part at the least of so much honey as there is liquor, then seeth it againe and clarify it, but first scum it before you take it from the fire, put in so much pepper as will season it, and drink thereof very hott and often. approved true. L. N.

A powder for the cough.  
Take sugar candy, and elecampane rootes, dried, and made in fine powder searced, and the sugar candy also beaten, but there must be more of the sugar candy then of the elecampane, three crops of hisope dried, a small raze of ginger, beate all these except the sugar candy, and searce them, then put the sugar candy to it, and mixe it well together, cate thereof first and last, and at all times of the day as you list, and by the grace of god you shall be whole.

For the cough.  
Take roots of marsh mallows, cleane washed, and sodden in milke, and eaten, is singular good against the cough, it must be milke new from the cowe.

Another medicine for the cough, and to void phlegme, or for the stuffing in the stomack or lungi.  
Take halfe a pinte of rose water, as much of fennell water, and as much of hisope water, a quarter of a pound of small raisins, a penniworth of sugar candy, a little cinamon, boyle them together with six spoonefull of white wine, clarify it, and drinke it so hott as you can, a pretty quantitie morning and evening, so long as it doth last.

To breake phlegme, and for the cough.  
Take a pinte of distilled hisope water, one quart of myshadell, of case ginger foure razes pared cleane, and cut in slices, and as much licorise also pared, and a good handfull of sugar candy, grossly beaten, or rather but bruiſed, put all these things together in a glasse stopped very close, shake them often together, and after it hath stood so foure and twenty houres drinke thereof at your pleasure.

Against the cough in young children.  
Take of the best aqua composita, or other speciall hott water, and therewith annoynt the childes wrists of the armes by the fire, and so let it dry of it selfe.

Another for the cough.  
Take one handfull of betony and wash it very cleane, and swing out the water with a cleane cloth, then seeth it tender in a quart of faire and cleane running water, put thereto a pecc of very good licorise the length of a finger, and when the herbs and the licorise be halfe sodden, then put in a spoonfull of anniseeds, and when all is sodden to a pinte then scum it, and keepe it in a cleane glass, and in the morning first, at euen last, take each time eight spoonfulls, warme, or cold so long as it lasteth; and by gods grace you will have helpe.

Sir rope of hisope for the cough cominge of a cholleriche humour, and for paine of the side, and shortnes of breath.  
Take fennell roots, smallage rootes, and licorise of each one ounce, two dragms of hisope, maiden haire, the seeds of quince, gume, dragagant, and greate mallow seede of each halfe an ounce, barley husked halfe an ounce, a fruit called Juimba five and twenty in number, greate raisins the stones pulled out one ounce, six figgs, seeth all these together in a quart of running water, till it be ragged to a pinte, then straine it, and put thereto halfe a pound of penedys, and a quarter of a pound of sugar, let them seeth till it be perfectly sodden, to the thicknesse of a sir rope, then keepe it, and use to drinke a spoonfull or two thereof morning and evening, with foure or five spoons full of hisope water, or scabious warme. M<sup>rs</sup> Norton.



To helpe the cough proceeding of the stopping of the lungs.

First take a vomitt, then take maiden honey, and white wine vinegar, make a syrrop therewith, and take two or three spoonfulls at a time euerie day once or twice; M<sup>r</sup>. Pall.

For the cough and hoarseness

Take eight spoonfulls of beere, boyle it and scume it, and take two ounces of diacodizum and put into the beere, and boile it, and so giue the patient to drinke of it, when he or she goeth to bed. l. w.

For hoarseness or cold.

Take the dregs of ale, and wash your feete very hott when you goe to bed, use it two or three times. l. w.

For a dry cough.

Take stone pitch, and rozen, as much as a wallnut in powder, and drinke it in pegett ale euerie morning, and euening, it hath been proued. l. w.

For a cough.

Take brimstone a quarter of an ounce, and put it small into an egge, with a little beniamin, use this morning and euening supping it up all together, doe this five or six times. l. w.

To helpe a cough, or hoarseness, when nothing else will helpe

Take an old pippin and roste it very well, cut it in foure quarters, and dip in fine sallott oyle, and eat it when you goe to bed and when you rise in the morning, and drinke one spoonfull of oyle with it, and sometime if you please taste white bread, and dip it in sallott oyle, and eat it, and it will doe likewise, the author of this medicine hath proued it upon himselfe and diuers others; l. w.

For the cough in young children.

Take unguentum pectorale and anoynte your stomache therewith, with a warme hand morning and euening, and lay a warme clothe thereto. approued. l. w.

For the cough.

Take of greene hisope picked halfe a handfull, shred it small, then boyle it in halfe a pinte of faire water till halfe be consumed, then straine it through a linnen cloth hard, then put to the same decoction as much white wine vinegar, and of sugar and honey of each three ounces, and so boyle it to a sirrope and use the same in the night when you cough most. l. w.

For the cough and hoarseness.

Take aqua vita, and mixe it with white sugar candy, in fine powder, so that it be not too thicke, but indifferently, take one spoonfull thereof last at night, for the space of three or foure nights, and it will helpe the cough and hoarseness, and breake the phlegme miraculously, this is a tryed thing, the same effect hath the roote of clematane mixed with the powder of licorise, and of white sugar candy, if it be oftentimes used and eaten, one spoonfull at once. approued. true. l. w.

For the cough.

Take six figgs and roast them, and put them into a pott of ale with a sticke of licorise, and halfe an ounce of aniseeds, let it seeth a little while, then eat three of the figgs, and drinke the drinke very hott morning and euening very often, you must adde to it one ounce of sugar candy. l. w.

For the cough, and opening the pipes and to helpe the stomache being closed or stopped. by Doctor Cromer.

Take the roots of enula campana and the roote of radish, and shred them thin, then pare as many wardens as of the rest, and put them together in a new earthen pott, and put thereto clarified honey till it doe ouerflow all the ingredients, then couer the pott and paste it, that the aire goe not forth, and set it into an oven, and let it bake with a batcke of bread, and giue the patient one spoonfull thereof morning and euening. l. marg.

A present remedy for a cough.

Take a very dry toaste of leauened bread, then heate aqua composita upon a chafing dish of coales putting to it some butter, boyle your toaste therein, and that being well soaked lay it to the bottome of your stomache as hott as you can well endure it. probatum est. Syr Ant. M.



### For the drye coughe.

Take of running water taken up against the streame three quartes, of barley huld, and sodden before hand, one pinte, and foure roots of halioke scraped and washed very cleane, of red fennell roots a handfull, scraped and washed very cleane, of licorise beaten two pennace reb, of aniseeds beaten, two pennace worth, of white sugar candy two ounces, seeth your roots and barley together in the water, then straine it, and when a quart is consumed away, then put your spices and your candy into it, and boyle all together againe till a pinte be consumed, then put it into a faire basin, and drinke thereof morning and night. l. marq.

### For the cougho.

Take a handfull of raisins of the sunn, picke out the stones and seeth them in faire water till they be soft, then take a pinte of good ale seeth it on the fire and scume it, then put in licorise, ginger, pepper, all in fine powder, of each a quarter of an ounce, put in saffron the weight of two pence, and the raisins of the sunn ofore said, and stirr them together upon a soft fire, till all be some what thicke, and if you will make it thicker, mingle it with some of the medicine you had before, and so keepe it in a gally pott, and use it stentimes on the pinte of a knife. l. ro.

### To dry up the shinn of a womans belly that is stretched too much with bearing of children.

Take a quart of malmesey, and one pinte of sallett oyle, and a greate handfull of rosemary, and seeth them together, then take new white cotten, wet it in the liquor, and as warme as you can suffer it, lay it to the bottome of your belly, and when one is cold lay on another, untill you have used halfe a dozen, and so use it for the space of a weeke, both morning and evening, and twice in the night when you awake out of your sleepe, then take of the water of briansy being an hearbe, and lay a cloth of fine or six double wet in the same water, and lay it to the bottome of your belly, and change it twice in the night, and doe so thre nights, and wear it three dayes, then must you take a sheeps carle out of the sheeps belly, and wet it with the same water, all afore your belly, and let it lye, and undoe it not in foure and twenty houres, and doe it five times, and let it be thre dayes betweene. M. R.

### A water to dissolue swelling in the bowells, and superfluity of Jatt.

Take two gallons of running water, and set it on the fire, and put to it two pound of red fennell, and two ounces of angelica, and a quantitie of cumim, and boyle these, from two gallons to one gallon, or less, and use this euerie day fasting, and in the space of twenty daies the greatnes of the superfluity of humours and groyns will wate. M. R.

### To bring downe womens monethly courses, a speciall balme.

Take mintes, marioram, baume, fennell, rosemary, lauender, hysope, sage, cammomill, time, worm wood, saury, and lauender cotten, boyle all these in a gallon of running water, with bays, aniseeds, and cumim, of each one ounce, then take a quart of malmesey, and let them boyle to the halfe, and ouer a close stoole receiue the fume, thre nights together, a good while after supper, and with the same decoction good and warme bathe your leggs and feete, and wrap a warme sheete about them, and goe to bed, and use this presary made with arsenect, and stopp with cotten, wet in the oyle of dill, and spike, and mace, and let it be the length of a finger in the outward side, grind a little oyle of mace, end of muske foure graines weight, of powder of castor thre graines weight, labour this halfe a quart of an houre in the place you know, which done, you shall receiue greate benefit by it. M. R.

### Another.

Take a handfull of hearbe grace, stampe it, and straine it, with three spoonfulls of beere, and drinke it euerie quart of the moore two dayes before, and two dayes after, for a whole moneth together, and take the rue and lay it to the place, and it will procure them presently, approued true. M. R.

### Another for the same.

Camells haire prouoketh urine, moueth the termes, and breaks wind about the stomache. Gerard page 40.

### Another for the same.

Take of saffron the weight of a french crowne, dry it, and make of it powder very small, then take an orange, and cut it in the middert, and strew the powder upon both halfe, and lay them together againe, and make them very fast with threed, and wrap it in browne paper, and roast it very tender in embow, but it must not be barned, then let it lye in steepe one night, in a glass full of very good white wine, and let the party drinke it in the morning fasting. approued. M. P. French.

### To bring downe the monethly courses of women.

If cats tagle, galingale, be boyled in wine and drunke, it prouoketh urine, driueth forth the stone, and bringeth downe the naturall courses of women. Gerard folio. 19.

### Another.

Fernelius saith the roots of cyperus used in baths, helpeth the coldnes and stopping of the matrix, and prouoketh the termes. Gerard. folio. 18.

### To stay the ouer much flowing of them.

The seeds of rashes dried at the fire, and drunke with wine allayed with water, stayeth the lakke, and the ouer much flowing of womens termes. Gerard. folio. 31.



To prouoke termes.  
Water flags, or flower de-luce, are good for those that haue cuill spleene, and those that are troubled with conuulsions, or cramps, or biting of serpents, and the running of the reynes, being drunke with wine, or as with Diascorides, and being drunke with wine it bringeth downe the monthly course of women.

For Ulcers of the yard.  
The oyle of the male balsam apple cureth the ulcers of the duggs or paps, the head of the yard or matrix, as also the inflammation thereof, being injected or conueyed into the place by a siringe, or pestary. Gerard folio.

To remoue hott swellings from the yard.  
The fiery red lilly stamped with vinegar, the leaues of hennane, and wheate meale, remoueth hott swellings of the stones, the yard, and the matrix. Gerard folio. 149.

For the thin cough.  
Take a pint of hisope water, two ounces of white lozge sugar, one nutmeg, one race of ginger, and of licoris at your liking, bray them together, and put them into the hisope water, in a glasse, set it before the fire in a platter, untill it waxeth white, then take it morning and euening first and last at your liking, two or three spoonfulls at a time.

Another for the same.  
Take a quantitie of the of the malle hills, of camomyl, mallowes, cinquefoyle, of each alike they must be all boyled in faire running water till it be halfe boyled away, then straine it cleare, and set it on the fire againe, and boyle it with a good quantitie of currans, and one ounce of sugar candy, and so take it morning and euening a spoonfull at a time.

To take away a wart.  
Take a blache snail and put him in a clout, then take a quantitie of bay salte, as bigge as the snail is, and put them both together, and wring the clout and there will runn out an oyle, take the oyle and anoynt the wart with it, and it will driue it away. M. D. Another.

Take the berries of elder when they be ripe, and rub them upon the warts.

To take warts from a mans yard, and from a womans secret part.  
Take cummin seeds, and beate it very small, strewe it upon the warts, then lay upon it plegets of fine cotton, doe this morning and euening. proued true. l. w.

To kill warts, a present remedie.  
Take aqua fortis, and a quarter so much of copperas water, and wash the wart therewith two or three times as occasion serueth, wash it not too much for rankling too deepe. approued true. l. w.

Another.  
Take the sappe of wood that comes out when it is in the fire and wash the wart with it, and it will take them away, the sapp of the oaken wood is the best, this is well proued to take them away, either in the face, the hands, or any part of the body. M. N.

Another.  
Take the lees of comon oyle, allome, aloes, cicatrine, pitch, of each a dragme, or endigrease a dragme, and a halfe, mixd them all together, and make an ointment thereof, then cut your wart till it bleed, and lay the ointment to it, then it shall waste away. proued true. l. w.

To take away warts or cornes the best and perfectest way that euer was yfed.  
Take brim stone and burne it and drop it iust upon the corne or wart and if occasion serue drop it once againe, and they will goe away perfectly. approued true. l. w.

To take away warts from the hands, yard, or other place of the body.  
Take the skinn of warts and touch the warts therewith, let it dry in two or three times a day, doe this so often as occasion serues.

For warts  
Take a needle or pin, and open the warts, pricking them till they bleed, then rub the warts three or foure times with fine salte. proued. l. m. R.

To take away warts of the yard.  
Take a red silke thread, and anoynt it with a little cold ointment, then dip it in a little red mercury, and anoynt the silke therewithall, and tye it about the warts till they fall off, and so dress them euery day with a pleggett of cold ointment. approued. l. w.



## To cleaſe the pipes.

Take rootes of decampaine, of jennell, and parſley, waſh them, ſtampe them, and picke them cleane, ſlice them very ſmall, and dry them in an oven, and beate them very fine to powder, then take ginger, and long pepper, anniſeeds, acorns, and licorice, very well beaten and ſearced, then take two ounces of ſugar candy, and put all theſe powders together, and eate of it at your pleaſure. proved true. l. w.

## For the cough of the lunges or any other cough.

Take hiſope water and ſirrup of licorice, and mixe them both together and take three ſpoonfulls of it morning and evening, and take preſerved elecampaine, and eate of that ſometimes in a day when you pleaſe. approved. l. w.

## To helpe an old cough ſtuffed with phlegme.

Take a quart of faire water, it muſt be running water, and halfe a pinte of the beſt english honey, and two handfulls of unſett hiſope, and boyle all theſe together till a pinte be conſumed, then ſtraine it, and put it in a glaſſe, and keepe it all the yeere for your uſe, and drinke of it morning and evening as occaſion ſerveth. approved. l. w.

## For the cough of the lunges.

Take a handfull of red ſage, as much of unſett hiſope, put them into a quart of ale, not too ſtrong, boyle it to a pinte ſtraine the ſame in a glaſſe, and put into it a good deale of white ſugar candy, drinke it morning and evening, you muſt not drinke any thing two houres after, nor two houres before you have taken this drinke, you muſt take it continually. l. w.

## For the cough of the lunges, or any old cough, being neuer ſo ſolid.

Take three ounces of the beſt conſerve of red roſes, one penaworth of the beſt olibanum, and when you go to bed take ſo much of the olibanum as your little finger, or ſo much as you can ſwallow, and rowle it in your conſerve of roſes, and ſwallow it, and ſo take your reſt, you muſt take three pills at a time probatum.

## A ſpeciall medicine for the cough of the lunges.

Take ſeven new layd eggs put the yolks of them into a baſon of faire water, and let them be there a whole night, and in the morning take them out, and put them in a veſſell, put unto them a pinte of morning milke, being of one coir, a pinte of roſe water, and as much ſugar candy as two wallnuts beaten ſmall, then beate them together with a ſpoone, and being well beaten, diſtill it at three ſtills, and the diſtilled water that cometh of this confection, let the patient drinke thereof a ſpoonfull ſofting, and betwene breakfaſt and dinner, another betwene dinner and ſupper, and one to bedwards, and in fifeteene days it helpeth.

## To take away a wenne upon what place ſoever it be.

Take a new layd egge and roaſt it very hard and pill it, and cut it through the middle into two peeces the long way, and clap the one halfe iuſt upon the wenne, ſo hott as may be, and bind it as cloſe upon it as may be, and let it lye on, and doe it three times or as often as occaſion ſerveth, then lay ſome cooling and healing ſalve upon it, and ſo it will ſeperate, and fall out, and ſo heale it up. approved. l. w.

## To kill a wenne.

Take a peece of lead as broad as twelve pence, and allway be rubbing it upon the wenne, and it will drie it away.

## Another for the ſame.

Take ſabaroniacke, allome, and roſe vineger, and make the wenne raw about with unquenched lime, or with a razor and then lay to this powder, and give him triacle to drinke, and when the wenne is away keele it with balme. l. m. q.

## Another.

Take three or foure ſnailes, ſcath them in a quart of faire water, then take the froth that cometh of them, and lay it upon the wen with lute. l. m. q.

## For a wen.

ſrett or chaſe it euerie day with a plate of lead untill it waſt away. l. marq.

## For a ſtuffing of the ſtomache.

Take a ſawcer full of pure oyle claſſe, and put thereto ſo much white ſugar well beaten in powder, as when it is put to the oyle, it may be as it were candied, of this eate euery morning firſt, and evening laſt, a ſpoonfull at a time, and this will helpe and cure the ſtomache.

## For the ſtomache, and to helpe digeſtion.

Take the powder of betony and eate it with honey, to the quantitie of a beane after ſupper, it helpeth the ſtomache to digeſt.

This hearbe is good in all manner of hearbs for the ſtomache, and helpeth moſt of all others. l. m. q.

## For the ache of the ſtomache, and to make good digeſtion.

Use the ſeeds of coriander in thy meate and drinke the wine that it is ſodden in. l. marq.

## For the gluttin the ſtomache.

Take the powder of ſauory and drinke it in aqua multa, and for the cough the powder of elecampaine with honey. l. m. q.



Take of aloes two ounces, mastick one ounce, it comforteth the stomache, and cleaseth it when it is cold, feeble and fainte. l. m. 2.

Take the barke of the roots of a wall nall tree that is in the ground, stampe it and drinke it, for it worketh presently. l. m. 2.

Take twenty prunes well washed, and seeth them in a pinte of white wine, and a pinte of spring water together, till the liquor be halfe consumed, and put to it a little quantitie of sugar, then eate of these prunes, and slice an old apple, and lay it in the liquor and sucke it.

Take the iuice of sewer apples and of sweete apples of each one pound, or more as you thinke best, and two pound of sugar and mixe them together, and let them boyle on a small fire, till they be as thicke as a sirrups, and use to eate of this euery day, a quantitie with lake warme water.

Take six cloues of garliche, and boyle them in a pinte of milke to halfe a pinte, and eate that to your breakfast.

Take whole cloues of garliche, and lard your meate with them, whole as they be, and so roast it and eate it.

Take usett leeks, and make your pottage with them and eate them, also you may seeth your fresh water fish with them, which is very good for the same disease.

Take a <sup>st</sup> Thomas onyon cutt out the coare, and fill the hole full of sugar candye or stone honey, and then well flax and bind about the onyon, and sett it on the hott embers, so lett it stand till it be roasted tender, and let the onyon be sweete, this done, shred the onyon, and eate him with your meate.

Take sweete onyons and boyle them in water, butter and salt, and put thereto as much sugar as you shall thinke fitt, and so eate them.

Take a gallon of running water, and two handfulls of bay salt, and heate it so hott as you may suffer it, wash your feete in it morning and euening, and so with heating againe that will serue two or three times.

Take plantaine leaues and roots, gallingale roots, rib worth leaues, fiue crops of red mints, parsley roots, thyme, rosemay, betony, and the roots therunto, the reddest sage of all these a like quantitie, wash them cleane, and swing them in a strainer, then stampe them in a faire bole dish, then put to them a quart of good clarett wine, and stirr them well together, and so let them stand in steepe twelue houres, then straine it, and put therein of cinamon, and of nutmegs a like quantitie, then take as much milke warme from the cove as there is wine, and put it into a skillet, and when it is ready to boyle put in your wine, when the curdy gathered take it off, then put into the pisset of aquavita two ounces, with foure ounces of sugar, and let it boyle againe a good while, then straine it, and put it into a pott, and keepe it close stopped, and let the patient drinke thereof milke warme, and let him drinke by the space of foure and twenty houres, or untill he haue dranke it all, and it shall worke so good effect as the party shall greatly be bound to giue god thanks. In this time he must not drinke any other drinke. taught by Richard Seymer.

Take a date, and at the greete head thereof take out the stone, and fill the date againe with sugar candye of the whitest as full as may be, or with white sugar in fine powder, then lay the date upon a little stone, so neere the fire as the sugar may melt, then take the date as hott as may be, and eate it at going to bed, and doe not drinke untill the next day, and by that time the cold will either be gone or very neere.

Take capong grease, and clarifie it well with rosemay, and a little mace, and mixe it with a little aquavita, and annoynt your selfe upon the stomache and keepe your selfe warme, and in twice or thrice using it will helpe you. probatum.

Take mint, sage, cam momill, and of worm wood most of all, and sewe them in a lianen cloth, with a handfull of the crams of leauened bread, boyle these in wingger, and lay them warme to the stomache. l. w. 1.



## For the cold.

Take one handfull of barley; of figgs; and raisins, of each one ounce, halfe an ounce of sugar candy, and some licorice, one ounce of aniseeds, and parsley rootes, split them, and take out the hard pithe within it, and fennell roots seeth them together from three pintes of running water to a quart, and drinke of it. approved. l. v.

## For one that hath taken cold, and for the wasting of the liver and lights.

Take time, parsley, borrag, lagg-de-beefe, marigolds, rosemary, mints and smallage, one pennivorth of sugar, as much of cinamon, one pennivorth of cloves, and mace, and halfe a pennivorth of bay berries, and take a quart of white or clarrett wine, and a pinte of running water, and seeth them all together to two pintes, and drinke this fasting in the morning, and evening when you goe to bed. approved true. l. v.

## For a greate cold.

Take an onion roasted, and fill it full of treacle, and three garlicke cloves, and stuffe it in euerie clous, and bruisse them together, and Araine it in ale and drinke it. l. m. r.

## For an extreame Stopping in the breast with cold.

Take an apple and pull out the coare, and put two or three little peeces of olibanum into it, and so roast it, and when it is roasted pare the outside and mixe the apple bruised with the olibanum, and eate it with sugar, and sallett oyle, morning and evening.

## For the crampe.

Take the water of wilde nappe, and dip a cloth therein, and bind it to the feete of the party.

## Another.

When you goe to bed forget not to rub your fingers betweene the toes of your feete especially when they smell moist, and then smell to them, for it is a perfect remedy to put away the crampe. l. v.

## Another.

A ring made of an ox horn, or comers horn, and worne, or carried about them that haue the crampe, is very good against it. l. v.

## Another.

Take aqua vita, and sallett oyle, and boyle them a little together, and rub the reynes of the backe therewith very hott, and lay warme clothes upon the backe. approved. l. v.

## For a corne upon a mans toe.

Take gray shales shelly and all, and a little soote of a chimney, and a little honey, and a little flower, stamp these together in a mortar, as finely as may be, and make therof a playster, and after three or foure times laying to the sore, it will take away the corne.

## Another.

Take the skin of a floure red herring and lay the inner side to the corne, and it will frett him cleane away for euer.

## Another for the same.

Take lilly rootes, oyle of oliffe, butter, and saffron, and beate them together, then frye them upon a soft fire, then make a playster of the substance fryed, and lay it to the corne, and so let it lye a day and a night, and then as it wasted scrape off the froth, that lyeth aboue and it shall be whole.

## Another for the same.

Take galbanum halfe an ounce, halfe the weight thereof of figgs, and halfe the weight of the figgs of very good red wax, with three dragms of vermillion, beate all these together in a mortar, till it become as euen in handling as yellow wax; when the corne is neere pared but not to bleed spread thereof on a thinn cloth and lay to the same somewhat broader then the corne is.

## Another.

Pare your toe cleane then take red wax the best you can get, then spread it on a thinn pece of a bladder and lay it to the corne, and let it lye still three dayes, then take it off, and lay on another playster of the same, and let it lye two dayes more, then take it off with your finger, and you shall plucke the corne from your toe.

## Another for a corne in ones foote or toe.

You must the first day after the moone hath been in the full bathe it in hott water a good while, then pare it as neere as you can, so that it bleede not, then take a coale in a silver-spoone and when it is hott touch the place before pared as hott as you can suffer it, and so doe after euerie full of the moone, for three moones together. M<sup>rs</sup>: Norton.

## Another.

If you haue paine upon the sunday cut it as neere as you can so that it bleede not, and so use it three sundays together. M<sup>rs</sup>: Norton.

## Another.

Wash it in hott water, and cutt it as nigh as you can, then lap a black snail roasted, in a linnen cloth, and lay it to the corne. l. m. r.

## Another.

First you must cut the corne till it be ready to bleede, then take two or three of the blades of housleeke and fill them, and lay them upon the corne, doe this three or foure times euerie two dayes. probatum l. v.



A very good medicine for the passion  
and heauinesse of the heart.

Take a gallon of old clarett wine, a handfull of balme, as much of rosemarie flowers dried or greas, as much of bugles, borage, and of the hearb called patience, which beareth a flower halfe blue, halfe murrey, and grows short like a cowslipp, take all the said hearbs, and wash them cleane, and wring them in a fine cloth, and then with your hands wring them in sunder, then put them in your wine with two ounces of cinamon, the sticks broken, of sliced ginger, of nutmeg sliced, of each one ounce, of sugar one pound, stirr them all together in a fine glasse pott of earth, that hath a hole to put a tap into, keepe the same close stopped with a spigott, and stop the mouth of the pott with a cover, and paste it round with rye dough, that no aire come forth, and set it in a cold roome, and there let it stand two or threedayes, and then pierce it, and giue to the patient thereof fasting euery morning, and one houre before supper, and an houre after supper, and by the grace of god it will make a glad minde, and a merry.

For the collicke in the belly.

Take cleere possett drinke and boyle therein foure or five leaues of bayes, with some greys pepper, and a little sugar, and drinke thereof morning and euening three or foure dayes together.

For a consumption of liuer and nature.

Take a pottle of worte not too strong, a handfull of maiden haire of liuer wort nine leaues, hearts tongue halfe a handfull, of parsley root halfe a handfull, as much fearell roots, bruisse them a little, wash them cleane, and boyle them all together to the third or halfe part, and immediately after the first seething, put in one ounce of sanders, when it is allmogh soddea put in a quantitie of cemonil bruised, straine it all together, then lett it run through a bagge, and let the party diseased drinke of it euery morning five or six spoonfulls, before he doo breake his fast, and euery night as much before he goe to bed. and this will helpe him. approved.

Another.

Take a pinte of running water or a pinte of white wine, put into it one spoonfull of english honey, and a quantitie of fine rocke allome, of sage leaues, of plantaine, of woodbine, of hearbe fine fingers, of each one handfull, boyle them together till more and halfe the water be consumed, then straine it through a linnen cloath untill it be greene, and take the iuice thereof and use it as you haue neede, and with an instrument of silver or brasse, conuey it into the conduit of your yard. approved for very good by M. N.

For one that hath the consumption of the lungs and Tysicke.

Take white clarified honey, and boyle therein the hearb balme, and so licke it as often as you can, you must put in the same two nutmegs, very fine beaten, and two handfulls of hisope ungett. l. w.

For them that be in low estate, or in a consumption.

Take an old cocke and dress him, and put into his belly a handfull of son thistles, then put them in a faire earthen pott or panchin, and put thereto five or six peeces of gold, foure dates, ten prunes, and a quarte of malmesey, then close up the mouth of the pott, so close as you may, then set it in a brasie pott with water, and let him boyle the space of twelue houres, untill the flesh be cleane consumed from the bones, then take it up, and let it run through a faire locram cloath, and put it into a cleane pott, and it will be a ielly, then take a spoonfull of that and put it into the other meate that the party eateth of, for it is very restorative. m. D.

For them that be weake, and to cause them to haue a stoole or two.

Take a new layd egge poure out all the white of it then take a nutmeg and beate into powder and put it into the egg, and stirr it together and it shall make him soluble. M. D.

For a consumption,

Take almonds blanched with red rose water and make milke of them, and put thereto so much manus chiviti as will make it sweete, and so boyle the milke three walms, and giue it to the patient fasting first and last. la. marq.

A restorative, or electuary for them that be weake.

Take cinamon, cloues, mace, gallingale, ginger, sett wall, long pepper, masticke, casia, lignes, and lignum aloes, of each two ounces, make all these in fine powder, then put thereto one pound of fine sugar and halfe xxv twelue graines of muske, foure leaues of gold, make it in to an electuary and souze it. probatum est. l. w.



## An especiall drinke for one that is in a consumption.

Take a fatt capon, and a hauekle of weale, boyle them in running water, and when it is halfe boyled put thereto a quartie of rhenish wine, let it seeth as doth a cullis, then straine it through a jelly bagge and after that seeth it againe, then put thereto one ounce of cinamon, well bruised, halfe a pound of sugar, or more as you please, when that is boyled sufficiently, then clarifie it with the white of an egge, straine it againe through the bag, and so drinke thereof like warme as you see good. l. n.

For them that be weak of nature, and long sicke,  
and to auoide the danger of a consumption.

Take an earthen pott of two gallons or more, and fill it with faire water, and put therein a well fleshed cocke, and a legge of weale, and cut the weale in small peeces, and when they seeth skimme the pott cleane, and within an houre after there will arise a greete fattnes, you must also scumme off that, then take of parvley, fen nill, and smallage rootes, six of each, cut them in small peeces, also six branches of rosemary, six leaues of herts tongue, one handfull of stitch worte, a handfull of lung-de-bette, borage, sperminis, somthittles, sorrell, dandelion, violett leaues, and hysope, wash them all, and put them into the cocks belly, with the rootes, and herbs, and them that cannot goe into the cocks belly binde them with a thread, and cast them into the pott, and let it boyle almost dry, and let the patient eate of it three or foure times. approved. l. n.

To recover strength of them that haue been long sicke.

Take the wine that nutmeg is sodden in, or ale, beere, or such like liquor that is good to recover the spirites of them that haue been lately sicke, and hold the nutmegs to the nose, and it will comfort the braines and members of the body. l. n.

For one that is mad.

Take a good quantitie of the iuice of smallage, and halfe a piate of good vineger, mingle them together, and dip a linnen cloth therein, and lay it to his head. l. n.

For him that is frantick. or mad.

Take powder of the flowers of white arc hangell, and seeds of columbine and white poppy, beate them into powder, and put all together in a linnen bagge, and lay it to the moulde of the patients head, which must be shaven before. approved. l. n.

For those that be mad.

Take halfe a dozen kernells of hazell nutts, as many cloves of garliche well pulled, as much rue as the quantitie of garliche cometh to, stampe them very well in a mortar, and put thereto the liquor that you are disposed to giue to the party that is mad, straine it into it, and put thereto triacle of Jeans, of the quantitie of a great plumme, warme as much as you intend to giue him to drinke, and lay the same party in some darke place. M. N.

For one that is Lunaticke. or mad.

Take the rootes of grom mell, and scrape them cleane, and cutt them, then take oculus christi, and mother wort, and boyle all these together with white wine, untill the roots be tender, then shaue the patients head, and as warme as he can suffer it, bath his head with white wine, Also as hot as may be suffered lay the hearts and roots unto his forehead, and so binde them fast, and let them lye foure and twenty houres, and keepe the chamber as darke as you can, and with a little noyse as possible may be, and when he shall desire to eate or drinke let him haue some good hot broth or supping, such as you can deuise for him. M. N.

Another for one that is mad.

Take the flowers of rosemary and distill them on a soft fire, then take the water that cometh from them, the flowers and leaues of rosemary, and distill them all together, and slice briony roots and distill them with it, and when you haue so done take the water that cometh of them, and let the party drinke thereof euery morning, a spoonfull fasting, also wash his temples, and anoynte the stomach therewithall. l. n.

To make wormewood wine, beere, or ale, and the virtues thereof.

Take of romane wormewood three handfulls, of comon wormewood one handfull, if you would haue the same to continue, you must dry it, and to euery three quartes of wine, ale, or beere, you must take one handfull of romane wormewood, and one handfull of comon wormewood, your vessell being made to put the drinke in, you must put your hearts into some bagge proportionable to the quantitie you will make, and let the bag remaine therein, so long as it is in doing, if you will make it in drinke, the hearts being greene, you must according to the proportions before mince thereof and put to your drinke, and so resting one houre therein, and being after strained, it is good to drinke especially fasting. M. N.

Another.

We must gather wormewood in the summer season betweene the two lady dayes, the later, and let it dry in the shadow, then take a vessell of two or three gallons or more if you will, and fill it with good rhenish wine, racked, put the same hearts into the wine, and let it rest there the space of three dayes, then it is good to drinke, you must drinke thereof euery morning before you goe forth of your chamber.



Another for such as be not able to buy the said wine.

Take either beere or ale and of worm wood, and mince it very small and let it stand in beere or ale all night, then in the morning straine it, and drinke a good draught thereof fasting, and you shall feele it comfortable. probatum: M: N:

The virtues of the said wine.

It is good in time of plague to preserve the body, it maketh a man light of spirit, it doth open, resolve, and consume grobe humors, in mans body. It doth strengthen the body, comforteth the stomack, clengeth the lungs and lights, it expelleth the jaundise, it clengeth the sight, resisteth venome, and hath many other virtues. M: N: Norton.

Docto<sup>r</sup> Palmers receipt for a diet beere, to purge and strengthen the liver.

Take of sene two ounces and a halfe, scurry grass, water cresies, and brook lime, of each three handfulls, red rose leaves halfe a handfull, rubarb cut in slices, one ounce and a halfe, cinamon halfe an ounce, fennell seed one ounce, foure nutmegs cut, put these into a thinn bagge, and hang it in foure gallons of beere newly tued up, that it may worke after the bag is in, drinke hereof in the morning fasting, and an houre before supper, three dayes in a weeke, and so for a moneth together or more, let your drink at your meales be another vessel of the same, saving that sene and rubarb must in that be quite left out. l. m: q:

A receipt for a purging ale.

Take an ounce of sene, an ounce of polypodium of the oake, an ounce of barberries, an ounce of anniseeds, halfe an ounce of fennell seeds, halfe an ounce of epithemum, one ounce of stechados.

These being well bruised put them into a gallon of ale, and put thereto new yeast, so let it worke together, and after three dayes drinke thereof for medicine, you may put the foresaid drugs into new wort, and after three dayes working you may (if you will) drinke thereof.

The quantitie of the ale must not be above a gallon and halfe at the most. l. m: Q:

To make metheglin.

Take faire water as much as you please, and put in so much honey as you thinke will make it sweete enough, then set it on the fire, and when the honey is melted to be sure it is sweete enough put in an egge, and if it beare the egge that you may see the breadth of three pence or a foure pence of the shell, then it is strong enough, or else you may put in more, keepe it cleane scumed so long as it is seething, it must seeth halfe away and more, which you may know easily by measuring it with a stick when it is first set on. Then take it off the fire, and put it into a cleane vessel of wood, letting it stand a day or two till it be through cold.

You must have a sweete vessel, or runlett well washed or dryed, and a linnen bag with these spices in it, cinamon, ginger, cloves, maces, nutmegs, if you will all these may be bruised and put into the bag, with a little peece of lead to keepe it downe, in the bottome of the vessel, but the bag must be tyed with a strong thread, and so let it downe at the bung hole, and the other end of the thred must hang without the vessel to get it out againe, and when all is drunke out when you fill your vessel, poure your liquor through a cleane strainer and tunnell, and be sure to fill the vessel very full, and so stop it up, but not very close the first weeke, but after as close as you can.

If you will you may put in egrimony and strawberry leaves, or what herbs you please, dry them in a windor, and turne them euery day, then seeth them in faire water a good while, and poure all the liquor through a strainer and cleanse it well from the herbs, then put in your honey, so much as you thinke will sweeten it. l. m: Q:

Of vomiting.

The meate or drinke superfluous, or corrupted in the stomache, or where some filthy bitter vapours arising out of his stomack with griefe in the ouer parts of the body is helpt by vomiting, if it be not ouer greivous to him which is diseased: for moderate use of vomiting purgeth phlegme lighteneth the head, and amendeth the affects of the reines, the bladder, and the fundament, it helpeth against leprosie, cankers, gouts, dropsies, and other sicknesses of the stomack, but it is not best for sickness of the head, it is better in winter then in summer, it is good for them which are repleat, or vemie cholericke, or that have not very well digested their meate, but it is ill for them that are leane and have weak stomacks, it is good for them that have heart burning and haue much spittle, or for them that remoue into sundry places, he that will vomitt after meate let him drinke sundry drinks mixt together, and last of all warme water, or if that be too cosy, let him mixe there with salt or honey, and if he will vomitt fasting let him drinke water and honey sodden together, or hisope with it, or eate radish roots, and drinke warme water upon it. Also if the matter cast out be mixt with phlegme and cholour it is most profitable, if it be not in ouer much quantitie, nor thicke, the best mixture, it hath the worse it is, if it be Greene, thinn, or black, it is ill, if it haue all colours it is extreme perillous, if it be leady coloured, and sauour horribly it signifieth death, and any stinking sauour in vomiting is ill, and to force one to vomitt that cannot, it to be abhorred. M: N:



## A good vomit.

Take five or six graines of stibium, in powder, and put in three or foure spoonfulls of good wine and drinke it, if it be for a strong body you may giue him foure graines, so it be steeped all night in the wine. M. N.

## To make one vomit.

Take pellitory of spaine and beate it into fine powder and put thereof either in fig or raynes, and let him cate it. M. N.

## To stay vomit.

Take a good greete onion and roast it, then lay it into a quantitie of vineger very strong and smell to it, or make a plaster of mintes, and lay it to the pit of the stomack; let the mints be brayed. M. N.

## To make vomit.

Take a pinte of faire water, and two penniworth of honey, and a little allome, boyle all these together to the halfe, then drinke it off. l. w.

## To preserue a man from vomiting at sea.

Take the iuice of wormwood and drinke it and you shall be quitt from vomiting, and from any such paine and recreation at sea. l. w.

## To make one vomit and void phlegme.

Take the rootes of flower deluce make it cleane and beate it, and take the iuice thereof two spoonfulls with a little white wine or posset drinke, and after wards drinke a draught or two of hott posset drinke. approued. l. w.

## A vomit for an ague or full stomack.

Take one handfull of groundsell, and foure or five slices of radish rootes, and boyle them together in a little ale and giue them to drinke warme when the fitt cometh and it will helpe. l. w.

## To make one vomit easily.

Take borax prepared twelue graines, and put it in posset drinke, and before hand drinke a draught of posset drinke along, and then you may drinke the medicine in posset drinke, and within an houre after another draught of posset drinke, then go round in a circle, and when it hath wrought well, drinke another draught of posset drinke. approued. l. w.

## To make one vomit and to cleare the stomacke.

Take three rootes of daffadillye, wash them cleane, and cut them small, and seeth them in a cup of ale till halfe be consumed, and put thereto halfe a penniworth of saffron, and so boyle them up and straine them, and drinke thereof after you haue broken your fast. l. w.

## To stay one from vomiting.

Take mints, and a crust of wheat bread, and wine vineger, and sacke, and a little cloues and mace, boyle all these together till they be almost drye, then take beaten cloues and mace, and strewe them upon the poultice, and so lay it hott to the pit of the stomacke, of the heart it should be. l. w.

## Another.

Take a penny pot of claret wine and a few mints, and a little wormwood, and a little peece of wheate bread, and some cloues and mace, and boyle all these together till they be almost dry, then haue some cloues and mace beaten small, and make this upona cloth very hott, and strewe this upon it, and lay it upon the pitt of your heart. approued true. l. w.

## For the scurvy disease.

Take a pottle of ale, two handfulls of scurvy grasse, a quantitie of long pepper, and as much graines as pepper, and a little saffron, boyle them all together, and giue the patient to drinke first and last.

A notable experiment used but once or twice in a weeke, giue the iuice of the heart to drinke with beere or ale. approued. M. D.

## To helpe the scurvy.

Take woodbine, chickweed, hyslecke, yar row, rish cepts lauander, and time, and use it thus, seeth them all in faire water, and fume your mouth with it as hot as you can endure it two or three times a day. approued. l. w.

## For the scurvy or swelling of the leggs.

Take scurvy grasse, water cresses, betony, and rhenish wine, or ale, then take sea bious, saffron, and long pepper, as much as you thinke fitt, then stampe your herbs and straine them, and put in your saffron and pepper into the liquor, in fine powder and drinke of it, and when you drinke it, make it warme with a toast, and drinke it continually till you be well, and annoynt your hands with oyle of bayes, and lay a wett cloth dipped in the same liquor on the swellings, and wash your gumes with lotion water, and annoynt the soles of the feete with oyle of boyes. approued. l. w.

## To cure the scurvy.

Take sea bious, betony, plantaine, water cresses, salt, scurvy grasse, of each one handfull, wash them cleane, and stampe them in a cleane bolle when the water is wringed in a cloth from them, this being done, when they are well beat, put thereto three quartes of beere or ale, and then straine it into a close pott, then bruiſe three or foure corones of long pepper, and put it into the pott, and drinke it every day three or foure times, shaking the bottle before your draught, because of the substance and strength of the drinke, and it shall cure the patient by the grace of god.

The symptoms of this disease are (viz) they shall be lame with greate ache and roicenes in the flesh their teeth will fall out, and soe impaired in strength, that they will be soone past all recovery, they will be so joint that they shall not be able to feede themselves.

And yet I haue saith the first writer hereof cured them with this medicine. probatum. l. w.



To helpe all kind of Dropsies what or howsoever they be.

Take of the powder and of the barks of guaycum, and Jalsa perella of each four ounces, of camersk, of the bark and the roots, of capers, of calamus aromaticus, of each halfe an ounce, Jall dancilla, camepitus, of garimons, of maiden haire, of each halfe a handfull, of licoris scraped three ounces, of anniseed, and Jennoll seede two dragms, of collequintida two dragms, boyle all these in six quartes of faire water, untill all be consumed, then put unto it one pottle of white wine, and of sene three ounces, of epithym one ounce and a halfe, of gallingole, of floreatine and flower de luce, of each halfe an ounce, of white guizer two dragms, boyle all these againe till halfe be consumed, then let it stand infused two houres after it is off the fire close covered, then straine it, and keepe it close in a glasse, and drinke of it morning and evening, then make a small drinke with the things that are left, and adde unto them powder of zedairium a halfe a pound, of flower de luce halfe an ounce, of sene three ounces, licoris one ounce, and one pottle of running water, and a pottle of white wine, and boyle it till halfe be consumed, then straine it, and drinke it at your meate, or when you please. approved. true. l. w.

To helpe the Dropsie.

Take water cresses, and stampe them in a stone mortar, so that you may have a pottle of the iuice of them, then take another pottle of the first running of the ale wort, and a quarter of an ounce of licoris, pared and bruised small, then set it upon the fire and let it seeth, and scume it cleane, and when it is consumed to a pottle, then take it and straine it through a cleane linnen cloath, and put it in a stone pott, and drinke thereof morning and evening, till you be whole, and it will keepe you in strength a greate while. l. w.

For a womans hard swelled belly like the dropsie.  
Take parsnep seede, piony seed, the herbe centaury, a little mace, a little greene broome, a little peece of an elder roots, and halfe an ounce of sene, boyle all these in a pottle of white wine to a quart, and of this you may drinke morning and evening. proved true. l. w.

For the dropsie, and those that be monstrously swollen that they are not able to goe or sit, a secret or  
by drawing  
virtue.

First you must make their bodies soluble by this medicine following: Take of sene, of polypode of the wall of each one ounce, of mercury leaues a handfull, boyle them all together, and give the patient thereof to drinke fasting, a good draught at once, and as much the next day, and use this for two or three dayes, then give your patient the medicine for the scurvy, being the first medicine in this booke for the scurvy, and let him take it in all points as though it were for the scurvy, as nere as you can two or three dayes more, then take halfe a peche of barley meale, and as much cleane water as will boyle it like to papp, seething, and spread this upon strong linnen cloth as canvass, and from the knee to the feete ease thee as it were with that playster, and rowle them very close and hard, with a strong rowley, and so the rest of the body as armes, and thighe, and belly, as hot as he can suffer it, spread it with a slice upon the cloth, and warme the playster against the fire, and so lay it too in the name of god, and you shall see a strong experiment. M. D.

For the Dropsie.

Take brush such as your hotmakers doe use, and beate the leggs of the patient therewith, and let him sit and strike the water off, the space of two houres, then take warme clothes, and this ointement which must be made thus. Take briony roots, and boares grease, and make an ointement of them, and boyle them softly and use it. l. w.

Another for the same.

Take solidonella, and radix china lignum, Jalsafra - all these are good for the dropsie. approved. true. l. w.

To dry and shien any raw place that hath any moist humour drawne to it.

Take a quart of Smiths water, and a good handfull of sage, and of burnt allome the quantitie of a walnutt, seeth all these together and lay one of the sage leaues upon the sore, with a wet cloth layd over it, and so dresse it twice a day. M. N.

For the dropsie.

Take red doche roots, and dry them, and beate them to powder, drinke it with white wine fasting nine mornings, and it will helpe you. l. m. q.

A souveraigne drinke for the dropsie.

Take a handfull of pennirgall, and seeth it in pissett drinke five mornings together, and drinke it first and last, and it will doe you good by gods helpe. l. m. q.

Take a handfull of broome, and seeth it in wine till halfe be waisted, and give it to the patient to drinke. l. w.

For a waterish belly.

Take rue, sage, rosmary, of each two handfulls dyed to powder, mixe it with honey, and bole armoniack, and cate of it morning and evening. l. w.



## For the tympany.

Take of flagg moore, and of the heart called mace sweete of each one handfull (this latter heart groweth in meadows) a pottle of white ringer, and a pottle of running water that runneth East, and take it up against the streame, boyle all this together till it come to a pottle, then put it into a bath tubb, and sit ouer it as close as you can, so that you may sweate, and you must make a pebbell ale, and boyle therein a quantitie of marigolds, and a quantitie of mace sweete and drinke it while you be in the bathe at sweate, and you must doe this three or foure times together, this medicine hath been oftentimes proued to helpe, if it be taken in time. M. N.

## For a tympany to avoid water.

Take the second rinde of an aske tree, and halfe an ounce of sene, two or three roots of parsley, take these and seeth them all together, in a quart of ale till it come to a pinte, and drinke it morning and evening. l. w.

## To purge the water after the tympany medicine be used.

Take elder roots, scrape them and stampe them, then take halfe a pinto of white wine, and beate them with it, and strain it, and giue the patient to drinke it three dayes together. l. w.

## For one that hath a waterish and hard belly, and

cannot make water. Take blache sope and annoynt your belly therewith once a day so often as occasion serueth, but annoynt it not upon the nauell, and take pellitory of the wall, and beate it reasonable small, and make a pebbell thereof with milke and ale, and drinke it hott morning and evening, and take water mints and seeth them in faire water, and sit ouer the fume of it, and sweate on it, and couer your selfe close that no aire get out. approved. l. w.

## For deafnesse or buzzing in the eare.

Take womans milke, and warme it in a cleane vessel, as hot as the patient can suffer it, then bathe the roots and back sides of the eares with the same, and after the bathing take a stone pot with malmesey and doves well boyled together, then take a gylster pipe, and set the greate end upon the pot soe close, as no issue of aire may be, but upward through the pipe, then set the small end of the pipe to the hole of the eare, and let the fume of the malmesey ascend into the eare by the pipe soe hot as is possible to be suffered, and the hotter the better, then annoynt the eares both before and behind, and round about with oyle of bitter almonds, as hot as may be, then dip a little blache wooll in the oyle being very hott, and put it into the hole of the eare, then keepe the head very warme, a goodtime after, especially in the time of giuing this medicine, and in any wise beware of taking cold, this medicine must be used evening and morning untill you finde ease.

## Aliter.

Take the rinde of hawthorne and burne it, and keepe the water that cometh out of it, and put it in your eare. or

## Aliter.

Ground sige brused, and put into the eares taketh away the humming noise of the eare, as also the rigging sound of the eare, and is good for such as be hard of hearing.

## For them that cannot heare.

Take good and true ciuet and put it into the eares of the m that cannot heare, and by gods grace it will heare them.

## Another for the same.

Take the gall of an hare and womans milke, and mince it together and let the patient put it into his eare, and stop them with blache wooll, and for a woman the milke of her that hath a sonne, and for a man the milke of her that hath a daughter.

## For the noise in ones eares, and for deafnesse.

Take sweete marioran, wormewood, rue, mellilote, a spoonfull of anniseeds, as much cummin seeds, seeth them all in malmesey, and take the fume at the eare. M<sup>r</sup> Norton.

## For the hearing and paine of the eares.

Take a quart of white wine and a pinte of ale, and a handfull of red sage, a handfull of betony, as much of plantaine, one pennimworth of honey, and a Nutmeg, and seeth it all together, and then drinke it hott foure dayes, and put aqua vita, and oyle of almonds together hott foure dayes into the eares. approved. l. w.

## For deafnesse in the eares.

Blache sheeps wooll mixed and chofed together with fresh butter, and the deafe eare stoppt with it at night, and thus used nine or ten dayes or nights together, very much helpeth deafnesse. l. w.

## For hearing and deafnesse in the braine.

Water of betony is good for hearing, and all manner of sickness of the body, for as mustard is sauce for all meats, so is the water of betony for all manner of sickness in the body. l. w.

## To helpe eares that runn with matter and corruption.

Take the gall of a barrow hogge, and halfe so much of the best honey, boyle these together in a thicke glasse in embers and ashes, till halfe be consumed away, and soyle it in the eare. approved. l. w.

## Upon the humming and ringing in the eares, proued upon the Lady Bond.

Take the iuice of an onyon, and drop it into your eare morning and evening as occasion serueth. approved. l. w.

## For the deafnesse and euill hearing.

Take the greage of fatt snailles, then take two greate onyons, and cut off the tops of them, and take out the pith in the midst of them, and fill the hole full of the greage of the snailles, and lay on the tops againe, and set them in the embers three houres, but there must be no coales, then straine them through a cloth, then put it into a glasse and keepe it close, then put of this liquor into the eares morning and evening and stop it with blache wooll. approved. l. w.

## To helpe the deafnesse of the eare.

Take a rotten apple and ryste it, and lay it to the hole of your eare, as hot as you can suffer it.



To helpe the deafnes, noise and jingling of the eares.

Take a white loafe holt as it cometh out of the oven, open it, and put red sage on euerie side of it, and clapp it holt to his eare, as hot as you can suffer it, and let him lye on his bed and sweate, and use it three or foure times if occasion serueth. approved. l. w.

For roaring in euer eares.

Take the iuice of ray and put it into the eare of him that is crullat, and after let him rest on the other side, and when he awaketh out of his sleepe it will be gone. M. D.

To kill a quicke thing in the eare.

Take the iuice of horsemints and put it in wine and straine them together, then make it warme and poure it into your eare, and it shall kill the worme. l. w.

For humming or peine in the eare.

Take burgony pitch, and make thereof two little tenas, and put them into the eare, and wrap a little blacke wooll upon the eare. approved. l. w.

For to helpe the hearing.

Take the fatt or grease of a greate eele, and the iuice of sengreene, of each alike quantitie, and put it into the contrary eare, and lye downe on the sore eare. proued true. l. w.

To helpe them that haue lost their hearing.

Take a little peece of sponge, and make it wet, and then take a linnen clout, and bind the sponge therewith packt close very fast and thicke, and when it is dry anointe the sponge with civet very well, then put it into the eare by goddy, then take oyle of sheeps feet, and then drop it in the sponge in the eare, that the sponge may swell and looke well to it, that it may not be too long in the eare, then take it out and keepe it very warme that noe aire strike in, then take blacke wooll and dip in the oyle, and stop the eare againe, and foure days after if it be not well, doe soe againe in this manner. proued true. l. w.

For the ringing and deafnes in the eare.

Take oyle of cardus two ounces, oyle of roses, and oyle of butter almonds of each one ounce, of aqua vite two ounces, mixe all these together, and seeth it till the aqua vite be consumed, then euery night when you goe to bed drop foure drops into the eare, and stop them with cotton, and a little mycke, sauouring somewhat well. approved. l. w.

Against the deafnes of the eare.

Take an eele and roast it, and take the grease that cometh out of it, then take a head of garlick, and roast it in the embers, and take of the head of the garlick one clove at a time, and put it into the said grease, and see put it hot into the eares, holding one end upward the space of halfe an houre, and you shall see the filthy humours come out of the eare, and the party shall be healed; you must put into the same stuffe a little gosse grease, and a little iuice of garlick, and put foure drops of it into the eare, soe that it be hot as may be suffered with reason. approved. l. w.

A medicine to helpe ones hearing.

Take a siluer eele, and let it touch no water, roast him, and take the oyle that cometh from him, take a spoonfull of this oyle, with halfe a spoonfull of oyle of masticke, and mingle them together, then put three drops into your patients eare, and stop his eare with blacke wooll. approved. l. m. q.

For paine in the eare, and to helpe the hearing.

The iuice of wild cucumber leaues taketh away the paine of the eare, also the water that roseth out of a greene ashe tree when it is burnt being dropped into the eare ceaseth paine, and amendeth hearing; also stamp earth wormes, and the eggs of ants, and the leaues of rue together, and being sodden straine it in oyle, one drop of it being put into the eare restoreth hearing being lost. l. m. q.

For the hissing in the eare.

Take the gall of a weather, and soe much clarified honey as of the gall, temper them well together till they become a salve, then put it into the eare, and stop it close with the wooll that groweth about the pissell of the weather, and if the paine goe to the other eare, doe like wise to that, diuines resting two houres on the contrary side. By. A. M.

For hearing.

Take the iuice of betony, and mingle it with rosewater, and so administer it into the eares, and by gods grace you shall haue helpe in short space. l. w.

For the kings euill.

It is manifest by experiance that the seventh male child by iust order neuer a quile betweene, doth heale only with touching, through naturall gift of god given to Kings and Queenes, as experiance doth witness. l. w.

Another.

When the moone is foureteene dayes old, early in the morning before the sunn rise gather night shade, stamp it in a wooden mortar newe used before, and stamp there with rocks allome, and then bring out the allome, and put it in his eare, and stop them with the roundhart, and then lay a boulder to it, and bind it fast, and so continue day by day to the end of foureteene dayes, and you might doe it euerie day fasting, and he shall be whole by the grace of god. probatum est. l. m. R.



An ointment for to helpe the mare wormes or cheft wormes,  
or other wormes, either in old folke or young children.

Take southern wood, rue, wormwood, and fetterfenn, boyle all these in wine, vinger untill they be very soft, and then take sweete butter and put it therein, and let it boyle till you see that it become very greene, and then put it out, and let it be cold, and then poure out the vinger that remaineth, then keepe the ointment for your use, and annoynt the childes stomach and belly with this ointment, and when you have annoynted their stomach three or foure dayes, then take garlick and boyle it with sheeps butter, and then make a plaister thereof the breadth of a shilling, and lay it upon the childes navel, and this ointment is also good for weake and waterish stomacks, and for them that be sicke or haue the greatest sickness approued.

A plaister for wormes to lay to the nauell of a child.

Take aloes cicatrina in fine powder, and take a briche and heat it red hot in the fire, and take it out, and take strong wine, vinger one spoonfull, and put it upon the briche, then strowe your aloes upon it, and take it off, make a plaister, and whilst it is hot lay it to the nauell of the child. approued. l. w.

For the wormes in the hands.

Take the iuice of rue, and mintes, of each alike, and annoynt the place where it lyeth and it will helpe you. l. w.

For wormes in young children or old folke.

Take new milke, and put therein a greate quantitie of salt, and giue it them to drinke. l. w.

To kill all manner of wormes.

Take a pint of clarified May butter, halfe a handfull of rue, as much of wormwood, a handfull of centory, a handfull of mintes, as much of fetterfenn, all this to be stamped, and fryed in a frying pannel, then straine them, then put thereto halfe an apple of colloquintida in fine powder, aloes cicatrina halfe an ounce in fine powder, Hierapicras much, lupines beaten to fine powder a quarter of an ounce, mixe them all together, with the gall of an oxe, to the quantitie of two ounces, and annoynt the stomacke and the body. M. M.

For wormes.

Take leaues of rue, common wormewood, sea wormewood, romane wormewood, lauender cotton, sothern wood, and helope, of each one ounce, mince them small, and put to them halfe a pint of sweete oyle of olives, and one spoonfull of malmsey, or muscadine, and let them boyle on a soft fire untill the heauy be drye, then straine it, and to that oyle put halfe an ounce of aloes cicatrina in fine powder, and with this oyle annoynt the region of the stomack and nauell as verace as may be suffered. M. M.

For wormes in children.

Children that haue wormes in the body must use to eate raisins of the sunne fasting, without any other meate, it will auoid the wormes, for as bitter things are noysome unto them, euen so sweete things, for with the often eating of sweete things it makes them to swell and burst. l. w.

For wormes.

Take southern wood, wormewood, tussie, tyme, maiden haire, St Johns wort, and rag of each one handfull, chop them small and put them into an earthen pott, or pan, and put to them halfe the greene of the gall of an oxe, and foure penny worth of sperma ceti, and a pound of fresh butter, frye them all well together, then straine them through a strainer and let it coole, then take the best thereof for it will beache in the bowome, and is naught, then take the weight of foure pence of the oyle of spike, and with a pestle mingle it in a wooden dish, then keepe it in a box, and when you haue neede thereof warme a quantitie in a penter dish so hott as you can suffer your hand in it, and see against a fire or a chafing dish of coales annoynt the stomack and the body of the patient to bedward, and in the morning, three dayes together, and this is a perfect and present remedie by the grace of god, and as you finde it, soe commend it. J. Wh.

For wormes in the belly.

Take cudwort or seeds, smallage seeds of each alike quantitie, made in fine powder, and take thereof as much a wall nutt at once in a draught of malmsey, or good ale in the morning. l. w.

For to helpe the wormes in young children.

Annoynt the child with oyle of rue, under the nose, and under the chin, and upon the brest, and in the pit of the heart, and round about the nauell, doe this three times a day, morning, noone, and euening. approued true. l. w.

For to helpe the wormes in man, woman, or child, and to giue to them that feare that they should haue them.

Take two spoonfulls of the iuice of maiden haire, or take the heart and dry it and make it to powder, and giue to a strong body soe much as will lye upon a six pence, and giue it in a little new milke, and giue it three or foure dayes morning and euening. learned of my lady Dyer, and approued. l. w.

For the yellow Jaundise.

Take a quarter of an ounce of graines, and a penny worth of saffron, and a quarter of an ounce of turmericke, and a little tuorie scraped fine, beate your turmericke by it selfe in powder, and dry your saffron and put it all in a mortar and pound them together to fine powder, and take good stale ale of the strongest a quarter of a pint, drinke it fasting morning and euening.

Another for the same.

Take a quantitie of hempe seed, and wash it two times in water, and as many times in ale, then bray it well in a mortar, and temper it with good ale and straine it, and drinke it diuers times in the morning and at night.



## Another for the same.

Take a pinte of stale ale, and sow thistle, celondine, ribwort, or plantaine of each a like quantitie, and in the whole the quantitie of one handfull, and wash them cleane, and then put them into the ale, and let them boyle till they be halfe consumed, then stirr it, and take eight or nine great earth wormes a r v r and slic them a length, and cleanse their bellies cleane, then stampe them with the liquor abovesaid, and then put thereto a litle powder of fine saffron, and halfe a spoonfull of fine ivory scraped, and drinke it blood warme eight or nine dayes next your heart, eate nere, drinke so three houres after you have taken it.

## Another for the same.

Take two gallons of new ale, halfe a handfull of red doct roots, halfe a handfull of the middle pill of the barberry tree, and as much of the middle pill of the elder, and pull the pithe out of the doct, and lay all the same in the ale, and let it boyle together foure and twenty houers, and then give it the patient to drinke morning and evening, and it shall make the patient with gods helpe.

## Another for the same.

Take the iuice of sorrell two spoonfulls, and one spoonfull of white wine, mixe it together, drinke the same two dayes together, and you shall be whole, if the dysese be curable the nailes will not be yellow, if they be yellow there is not any helpe.

## Another for the iaudise.

Take nine red nettle topps, and stampe them very small, then take nine spoonfulls of ale, and mingle it therewith, and drinke thereof one day fasting, and the second day six spoonfulls of ale, with the iuice of three topps of nettles, and the third day three topps of nettles, with three spoonfulls of ale; probatum est.

## For all iaudise.

Take celondine red nettles, rue, and clary, and grinde them all together, and straine them, and temper them with salt, ale, and honey, and give the patient to drinke thereof.

## Another for the same.

Take an apple and make a hole in the one end thereof, then take a quantitie of saffron and put therein and stop the hole againe, then roast the apple tender, and give it the patient to eate hott, put next his bare shan the leaues of celondine, betweene his stockings next his naked feete, so manie daies so many apples.

## For the yellow Jaundise.

Take one penniworth of turmericke, and halfe a penniworth of saffron, beate them together, and take a quarte of good ale, boyle it till it be sodden, and put the powder thereto give the patient to drinke thereof morning and evening.

## For the blacke Jaundise.

Take a quarte of good ale and halfe a pinte of honey, halfe a handfull of horche and, boyle them all together, and scum it cleane, then straine it into a stonke pott, and drinke it morning and evening, and when you have drinke stopp the pott close.

## Another for the same.

Take six eggs and lay them in vinegar till the shells be cleane worne away, and consumed, and then take the white of these eggs, and put them into a still, and put thereto a quarte of new milke, a good handfull of woodbine berries, and a handfull of the flowers of the said woodbine, a handfull of wilde tansy, six lemons cut in peeces, and still them altogether, and wash the places that breake out with the same water.

## Another for the same.

Take two penniworth of sugar, one penniworth of galingale, one penniworth of saffron, halfe a penniworth of turmericke, salt, Juory, powder, and a pinte of good ale, and drinke them all together.

Make broth of cliaers, and eate it, and it will helpe you, it may be taken very often. M<sup>rs</sup> Norton.

## For the yellow Jaundise.

Take saffron, and lay it to the nauill of them that haue the yellow Jaundise, and it will helpe them. l. w.

## For the blacke Jaundise.

Take twelve headlice, and a little nutmeg grated, and put them in a little ale and so drinke it all up, the lice must be alive, doe this foure or five times euery three dayes once. probatum est. l. w.

## For the yellow Jaundise.

Stamp hempseed and drinke it in beere. l. w.

## A soueraine medicine for the blacke Jaundise.

Take first for one man three penniworth of liquorish, two penniworth of cummin seeds, three red fennell roots, with the topps, a good handfull of white endiue, a pottle of good ale, take the licoray and cummin together, and beate them, beate also the red fennell roots and the topps thereof, with the handfull of white endiue, and boyle them together in the ale from a pottle to a quarte, and give him to drinke thereof as warme as he may, he may not drinke in foure houers after, if he can forbear it, he must exercise himselfe all that day after, that he haue occasion to sweate, and by the grace of god he shall be well. M<sup>rs</sup> B.

## For the yellow Jaundise.

Take one handfull of greene camomill, stampe it, and straine it in ale, and drinke it morning and evening. l. w.

## Another for the same.

Take sheeps turds a good quantitie, and take a pottle of ale, and boyle it to a quarte, and straine it and drinke it warme, morning and evening.



## For the Jaundise black or yellow.

Take one handfull of angelica, and one handfull of sheeps dugg, and lay it to steepe in two or three draughts of beer, or ale, and let the partie drinke it at two or three times, and use it for a whole weeke, if it be not too far gone, but if it be too far gone, then let him take it another weeke, but note that you must renew it every foure and twenty houres, and by gods grace it will helpe you. approved by Mrs. Giben.

## To helpe the yellow Jaundise.

Take a greate costard apple, and cut out the core, and put therein the powder of saffron, and a portion of turmericke, and a litle of the scrapings of Ivory, and a litle honey, then set it in the embers and roast it well, then put it a gunder, and eate of it morning and evening untill you be well. approved true. l. w.

## For the yellow Jaundise.

Take radish roots with the leaves and stampe them, and take the iuice of them, and give the patient to drinke morning and evening for the space of foure dayes, and let them take allwaies saffron in their meate.

## For the yellow Jaundise.

Take the middle rinde of barberry tree the quantitie of a handfull, and as much of the roots of millfoyle, and put them both together and straine it in a pinte of malmsye, and put therein a litle white castile soape, and make it warme, and drinke a good draught first and last. l. w.

## For the yellow Jaundise.

Take a greate burr roots, and scrape of the rinde, and then cut it in pieces, and put it in a quart of faire water, and let it boyle foure and twenty houres, and let it lye two dayes, and two nights, and then give the party so grieved to drinke fasting in the morning, and at night when he goeth to bed, and in foureteene dayes they will be cured perfectly god willing.

## For the blacke Jaundise.

Take the wormes that have a knot in the midst, and cut the two ends of them, and stripp out the earth, then take the red docke, and take the pithe out of them, and then take the inner barke of a red plum tree, and a handfull of bettony, and wash these very cleane, then take a quarte of stale ale or beere, and boyle all these on the fire, then straine it, then boyle it againe, with one quarter of a pound of raisins, and a litle suger, and put it there to to make it good in taste, and you must drinke it first and last warme. l. m. q.

## A medicine to eate three mornings together fasting for the yellow Jaundise and the morphen.

Take an apple and cut out the core, and fill it up with celandine, and english honey, and a good quantitie of unicorns horne, then roast it, and eate it fasting. l. m. q.

## Another drinke for the same diseases.

Take wilde tanje, and distill the water of it three spoonfulls at a time, three mornings together fasting, luke warme, and so drinke it. l. m. q.

## Another for the same.

Take halfe a pinte of strawberry water, and put into it a good quantitie of the powder of the fish or sea parthey, and drinke this five mornings together fasting till all be drunke. l. m. q.

## A medicine to wash the face for the same disease.

Take of blanched almonds, of rosemary flowers, and of clicampare roots of each one good handfull, and a pottle of running water, and hyle them together from a pottle to a quarts, and therewith wash your face morning and evening, till all be gone, and it will kill it. l. m. q.

## Another for the same.

Take a quarter of a pinte of sanitory water, and drinke three spoonfulls three severall mornings, fasting blood warme. l. m. q.

## For a scald head.

Take red dock roots, and seeth them in white wine vinegar, and stampe them, and straine them, and take sweete butter and boyle it againe a new a litle while, and when it is very ranke touch it with mercury water, and anoynt the head withall, and pluck out the haire that standeth in the skull, and take the piss of sheepe, and wash the scald therewith lukewarme, wash it everie dressing. approved true.

## For to pull out the haire of a scald head.

Take done pitch, and faire water and eye flower, and boyle it till it come to the forme of a papp, and make little plaisters thereof upon canvas, and lay them upon the head, in such places as occasion serveth, and let them lye three or foure dayes, and then snap them up with a hard twitch, and lay them on againe in such places as occasion serveth, then anoynt it with this synement above written. approved true. la. wa.

## For to helpe a scald head.

Take pitch and sheeps suet, and a greate deale of hemlocke, and chop them very small, and boyle them all together and straine it, and anoynt it everie day therewith, and keepe it for your use, you must use this next thing about this medicine, first to plucke out the haire. appr. true. l. w.

## For a scald head.

Take the piss of a red come, and the gall of an oxe, and browne butter fryed browne, and beate the gall and the butter together, and wash it with the water of the red come and anoynt it with the synment. l. w.



## For a scald head.

Take wooll oyle, and two greate doche roots, slice them, and take out the pithe of them, then stampe the roots in a mortar, and boyle it with the oyle a quarter of an houre, then straine it, and seeth it againe softly, so that you burne it not, then put thereto powder of long pepper, that it be somewhat thicke, and therewith annoynt the patient, and it shall be whole. experimentum est, per. M. D.

## A salve to annoynt a scald head and to make it runn out.

Take sweete butter and white Diachylon, and melt them together, and in the cooling put therein a little nutmegg, and a good quantitie of ginger, and so annoynt the head withall, and where you see it very ranke, take a little sponge and dip it in mercury wator, and well the place therewithall, and doe this three or foure dayes, and then annoynt it with the salve belonging to scald heads. l. v.

## For a scald head.

Take buckler thorne and stampe it small, the powder of ginger, the powder of cloues of eache like quantitie, sope, mustard new made rue, and sweete butter, and a little axomia, *oculus indi*, and take a new earthen pan and seeth all together, and so annoynt the head morning and evening. l. v.

## For to helpe a sore head.

Take two pound of sweete butter and make it browne in a shillet, then in the cooling put to it foure ounces of beaten ginger, and two ounces of bay berries beaten very small, and throw away the haires, then stirr it till it be cold, and put it in a gallynne, and keepe it for your use, and annoynt the head morning and evening, and if they will pay for it, purge the head foure times with pills de cochue and pills de aured appo. tr. l. v.

## For a sore or scald head.

Take doche roots, and elicampare roots, boyle them in wine, and straine it through a cleath, then take the powder of bay berries, and zigger, and nutmegs beaten very small and scarded, then take sweete butter and make it very browne upon the fire, then powre it into the wine, and let it coole, and take off the dirt, and then melt it againe, and then take the roots and the powder, and put them in the butter, and stirr it till it be cold, and pull out the haire, and then annoynt the head therewith. app. tr. l. v.

## For a scald head.

Take fresh butter, suett, sulphur, and tarr, and pitch, and make an oyntment thereof, and therewith annoynt the sore head, also you may <sup>take salt, and suet, and pitch, and make an oyntment thereof, but</sup> first shaue away the haire, or pull it up by the roots, and then annoynt the sore with this oyntment. l. m. q.

## For a scald head.

Take the leaues of brambles, the branches, buds, and all, seeth them in water till halfe be rosted, and wash the head therewith morning and evening, and lay to it a cleath dipped in that water, and in short time it will be well. 3<sup>o</sup>. A. M.

## For the itch, scall, or any breaking out.

Take one ounce of quicksilver, and two ounces of oyle of bayes, and mingle them together untill you can see no quicksilver, then put it in a box, and once in foure and twenty houres annoynt your patient therewith.

## For the itch.

Take iuice of lemons, bay salt, and white wine, boyle them together and wash the place. l. v.

## For to make populian which is good for all manner of itches

Take a gallon of poplar buds, before they be full leaved out, and beate them in a mortar, and put thereto foure pound of May butter, and beate them all together, and let them stand ratifying nine dayes, then boyle them on a soft fire of coales, and straine it through a strong linnen cleath, and put it into an earthen pott, and keepe it, and annoynt the place where the grise is. M. D.

## A water for a tetter.

Take a quart of stale brine boyle it on the fire, and seum it cleane, then take two new layd eggs, and put away the white, and put the yolke whole againe into the shells, then put them into the brine and boyle them till a quart of the brine be wasted, then take out the eggs and throw them away, and preserue the water, then dip a fine cloth into the water, and wash the place as often as it doth itch. M. D.

## To kill the itch or lice.

Juice of broome, mingled with oyle of radish or of mustard is a very good remedie against lice or itch. l. v.

## For the flocks, which be blisters that will itch, and are hard to be healed but by this medicine.

Take the iuice of garden tansie, and the crome of good milke, a like quantitie of either of them, and stirr it together and it will be like a salus, and with the same annoynt the same place grievd, and by gods grace it will heale it. M. N.

## For the itch.

Take boares greafe, and the iuice of celondine strained into it, standing upon a chafing dish of coales, and then put fine brimstone beaten into it whilst it boyleth, and stirr them together so long as it is in boyling, then put it into some stone pott and use it. l. v.



For the itch.

Take buckler thorne, and the powder of ginger, and brimstone, and penny and fresh butter make an ointment and use

For the itch.

Take brimstone, and cloves beaten in fine powder, and May butter mingle them together and anoynt your selfe.

For the itch of children.

Take oyle of roses one ounce, of storax liquida halfe an ounce, of salt one scruple, and a little of the iuice of lemons, mingle them all together with a spatler, and anoynt it therewith.

For the itch.

Take a seaver full of herbaine seeds, and beate them to powder, and lay it six dayes in a quart of springer, and dip a cloth therin, and rubb the place where it iteth, and it will kill the itching very soone.

Another for the same.

Take the roots of clicampne, and boyle them till they be soft, and the water almost boyled away, then straine them through a cloth, or a seaver, and then stamp them all to mash, and then boyle them with a pint and halfe of springer, and the water stirring it continually, and left of all straine it out hard, and when it is quite cold then put eight ounces of quicksilver, being mortified with two dragms of mercury, and a little springer put first, and foure pounds of hoggs grease and so mingle them all together, and put in ginger, and one ounce of caphorbiam, and bayberries one ounce, and so boyle it, stirring it till it be cold.

Another for the same.

Take brimstone, sweet butter, and cloves, the brimstone and the cloves must be very finely beaten to powder, and ginger, and quicksilver, well killed, and bay berries, and Arangia oculis christi, and sweet butter made browne.

To kill lice or itch.

Take one pound of sheeps suet, and clarified, and let it stand till it be almost cold, then take halfe an ounce of quicksilver, and fill it with springer and fasting spittle very well, and then mingle it with sheeps suet, and sturr it well, till it be all mingled together, and then anoynt the party therewith, and make powder of staves acre, and make a girdle of woollen tye, and tye it about the middle, the powder being in the girdle, and anoynt it with the same medicine.

For a drye itch.

Take one peece of white coten, and cut it so long that it may come about your neck, then dip it in the whites of eggs well beaten together, and make it fast round about your middle neck unto your shoulers.

For a tetter or ringworme.

Take Kentis oyster shells and scrape out the whites of them and worke it in your hand, with a little jadding spittle very well, then anoynt it therewith morning and evening.

For a tetter, ringworms or an itch, upon the face, or else where, or in a womans breasts.

Take a quarter of a pound of treacle, and a quarter of a pound of tarr, and mixe them both very well together, and anoynt the place therewith threentimes a day, approved true.

For to helpe the serfige in the hand.

Take oates and barley boyle them, and sweete your hands in them, and anoynt your hands with argenteum vivum, and arangia where they have sores, doe this foure or five times with camphire and brimstone, verdigrease, and allowe, approved true.

For the serfige.

Take a pint of sweete oyle, and halfe a quarter of a pound of wax, and boyle them together, and let it stand till it be almost cold, then put in two frogs with their bones broken alins, and anoynt the serfige therewith.

For a ringworme or tetter.

Take mercury sublimate bought at the Apothecaries, put it into as much rosewater, or faire water, as you thinke good, and anoynt the tetter therewith.

To kill a tetter, or ringworme.

Take a ryppe or bundle of hay, and lap it hard together, and set fire to it that it may smooke, but not blaze, and hold a broad peece of rusty iron over the smooke, then there will be a sweate or dew upon it, then anoynt the tetter therewith threentimes a day, approved to be the excellentest thing in the world.

For a serfige, or any kind of tetter.

Take quicksilver one ounce, clovecatrina two dragms, tartara alba one dragme, of oyle of bayes three dragms, of verdigrease three dragms, allowe one dragme, cantharides halfe a dragme, sulphur visum halfe a dragme, arsenicke two dragms, oyle of roses one ounce, Arangia, jarrissen foure ounces, the iuice of fumitory, and the iuice of red dock roots one ounce of both, of mastick one dragme, dibazam two dragms, of all these make an ointment, and anoynt it till it be killed, and then heale it with your unguent, and anoynt it with cold gyntments, and if it be in the hands, you must bathe it with oates, and barley sodden in faire water.

For a ringworme or tetter.

Take the iuice of pellitory of the wall, and anoynt it oftentimes, and let it dry in, and then take more of the pellitory, and let it be twelue houers in water, and then when you have anoynted it with the iuice, wash it off with the water, and use it thus often, and it will kill it in few dayes.

For a tetter.

Set a chamber pot till it stinke with the urine that is in it, and then take the hard crust or stone that is about it, and rubb the tetter, and that will helpe you.

For a tetter well or drie.

Take one pint of white wine vinegar one halfe pennyworth of Greene copperas, as much roche allowe, halfe a handfull of red sage, as much of rue, boyle all these with the vinegar, untill they be halfe consumed, that done put it into a glasse, and so keepe it close, the said water will keepe one whole yeare, and if the tetter be drye, rub the same with some peece of new course linnen cloth, so that the same may be opened, or otherwise wash it with soft suds, and then anoynt it with the above said stuffe, but note that the hearts must be strained from the liquor.



To take away a tetter, or ringworme, that runneth  
ouer a mans face, or other wise.

Take the roots of sorrell, as well wille as of the garden, wash them well and mundifie them, and cut them in small peeces, the which you shall steep in strong vinegar, and leave them in it two days, and two nights, and afterwards rubb the place of the sore with it three or foure times a day, and at night, and let the peeces of the sorrell roots remaine there sleeping allwaies in the same vinegar, and it will cure you. M. N.

Another for the same.

Take of the oldest glasse that you can finde, and that at which is growne as it were with the weather standing in some old chinks, or windings, or old houses, beate the same into as fine a powder as you can, and mingle it with blacke sope, and anagyme the same there with; approved true by J. Wh.

For a ringworme.

Take foure ounces of bay roses greafe, one ounce of quicksiluer, and kill it with fasting spittle, one ounce of verdigrise, one dragma of camphire, a quantitie of blacke sope, and mustard, and the iuice of wall nut leaves, and grinde them all together upon a painters stone, and put it into a box, and there with an oyle all the places where the tetter is, evening and morning till it be perfectly whole. M. N.

A sweete blacke plaister for the heate of the  
kidneiges, and veines, and for whole ulcers.

Take ceruse one pound, and of the oldest and strongest of sajour, oyle olive one quart, new yellow wax halfe a pound, beate your ceruse finely, and boyle all till it be a goodly black browne, and use it plaister wise; M. N.

A bath for the feete.

Take magwort, mother wort, calament, and fetterfens, and boyle it in faire water, and set your feete therein very often so hott as you can suffer it, but not above the ankles, let your herbs be in equall portions. l. v.

For one that hath an ague falne downe into his leggs.

Take a quart of sallet oyle, or neats foote oyle, and one pound of red lead, and boyle them till it become th like a salus, and lay it upon it; and it will either drie it away, or breake it. app: true. l. v.

For to cure swelled leggs that the shin  
is not broken, either of man, or woman.

Take white copperas, and beate it very small, and put it into beere, and stirr it tog ether, and let it stand all the night, then in the morning stirr it againe, and warme some of it, and wet linnen cloathes therewith, and lay them round about the swelled leggs morning and evening six times together, or so often as occasion serueth. app: true. l. v.

For stinking feete.

Who so hath his feete that they smell strongly, if they put the scales of iron in their shoes wherein they use to goe, it will make their feete sweete, and take away the euill smell of them. out of the french.

A good bathe for the feete.

Take halfe a handfull of bagleauz, as much of rosemay leaves, worm wood leaves, sage leaves, of each halfe a handfull, and a little white salt, these must be sodden in faire water softly, all together, halfe an hower at the least, this is very comfortable for cognt of the feete. M. N. Norton.

An excellent ointment for the swelling of the  
leggs by Doctor Hector.

Take camomile, wild time rosemay, rue, of each two handfulls, elder leaves, three handfulls, shred them very small with a naire of sheeres, and put it into a pipkin with a pottle of sacke, and two pounds of dried coves dung, seeth them a while till they be like papp, then take it from the fire and mingle with it the powder of frankinsence, and powder of beniamin of each one ounce, and at night when you goe to bed, spread some of the same upon a double cloth broad and as long as will cover all the swelling, and warme it very well, and reuete it with a venery for all night, and in the morning take it off, and wash your leggs with some warme sacke, and after you le your leggs hard from the toes up to the knees, and keepe it soe all the day, and at the evening apply the medicine againe, and use it in the order aforesaid, and so use it for ten, or twelue dayes, in that order, makinge the medicine fresh from time to time. l. m. q.

For an ague, and swelling of the leggs.

Take two spoonfulls of the oyle of roses, and the yolke of two eggs, and beate it well together, then take a cloath and spread the ointment on the cloath, and lay it to the leggs where the paine is, use this three or foure times, and you shall finde ease, and the swelling abated. app: true.

For a broken legge.

Take castle sope, and shred it very small, then take ale yeast, or batme of the best, and venice turpentine, and mixe them all together, and lay it cold on the sore, it is good also for any sore, whatsoever. Non. Lox.

For swelling leggs, and veines, that be out sprung.

Take mallowes and stampe them, and seeth them with milke, and oatmeade, and good stale ale, till they be thicke, and lay it plaister wise to the sore.

For the swelling of the feete, or the leggs, or any other member.

Take rems tallow and anogut the swelling, and gether the leaves of wall wort, and fry them in a frying pan, with out any liquor, and lay it thereto.

How to make oyle of neats foote for an ache of the feete.

Take the neats feet and wash them cleane, and put them into a pott full of water and seeth them till they be tender, and still as they seeth scum off the fatt with a feather, or a spoone, and keepe it close in something till it shall be used, this oyle is very good for an ache, and to supple a sore.



For the liver and collicles.  
Wash a quarter of a pound of curran first in running water, then in rhenish or white wine, then grinde them in a mortar with a little water of cyrimony, straine the papp from the skins, and mixe with this papp the powder of sanders, that is yellow, and calc thereof many times in the morning an hower before meate, about the quantitie of a good wallout, and if you have none of the distilled water of cyrimony, doe it with Jennell water, and a little of the wine, so will it coole the papp most, and this is very good for your liver and to make you soluble.

A purge for the liver.  
First clarifie whay, and then seeth familiarity in it, and use to drinke thereof one small draught in the morning and another at night, and abstaine from all drinke after you have dranke thereof the space of one hower, and use the same fifteen daies together.

To open the Lungs.  
One drop of the oyle of anniseeds taken with colds foote out of a pipe as you take tobacco, is excellent for to open the lungs Mr. Pall. Frenchman.

To comfort the liver.  
Take harts tongue, liver wort, and maiden haire, betony, cyrimony, sauerie, and the roots of time, dry them and make powder, and drinke one spoonfull at a time. Proved. L. W.

For unnatural heate in the liver.  
Take borage bugles, succory, violets, fumitory, young hopp buds, and Jennell buds of each a handfull, young molloves, and mercury, of each halfe a handfull, boyle all these in a pottle of whay, and straine it, and adde to it a little saury. Approved true. L. Pal.

To helpe them that be sicke and dry in the liver, and stout in the stomacke.  
Take pimpernell and distill it, and take that water and boyle it with sugar candye proportionable to the quantitie of that water, and skim it very well and cleane, put it into a sieve, then take it euery morning. It will comforte the party, warme the stomack, and open the liver. approved true. L. W.

For the tickle of the lungs.  
Take elicampno roots and scrape them cleane, then slice them into diuers parts, and dry them in an oven very drye, and so cate of them euery day a quantitie, it is good to make one long breathal. S. D.

For the tickle of the lungs.  
First take a gallon of sweete whay, and one handfull of salomon roots and all one handfull of avens roots and all two handfull of lung wort, which groweth in the garden, one handfull of bullocks lung wort of the youngest leaues, then take your whay and clarifie it on the fire, then wash the hearts, and scrape the roots very cleane, then slit the roots of the avens, and the lung wort, then put them all together into the whay, and seeth them together till one quarter of the whay be consumed, then drinke thereof at night when you goe to bed, and at midnight if you can, and in the morning fasting. And thus drinke as long as the month of may doth continue. N. D.

For the heate, and stopping of the liver.  
Take one handfull of mother wort, and one handfull of mugwort, and one handfull of liver wort, one handfull of mercury, and three roots of mader, and boile all these together in your broth, or in pisset drinke, or else in ale brewed, which you can take best. L. W.

To open the liver.  
Take winter saury one handfull, and hisope a little, and seeth them in a quart of water, till it be consumed one halfe, and then put thereto a pinte of white wine, and let it seeth againe, and then put thereto suger sufficient, and drinke thereof euery morning a quantitie. L. M. R.

To open the liver.  
Take a pinte of milke when it hath well boyled with a handfull of cyrimony, then put to it the iuice of halfe a dozen oranges, and so drinke it in the morning and to bedward. L. M. R.

For the liver and gall.  
Take a good spoonfull of the sirupe of borage, infuse it into two spoonfulls of white wine, the wine being made first blood warme, and so drinke it daily fasting, one whole mecke, you may enlarge the quantity as you thinke good. L. A. M.

Sirupe of hisope for the lungs.  
Take a greate quantitie of hisope, wash it well, and dry out all the water in the sunn, then stampe it and wring out the iuice thereof through a canvas into a bason, let it settle one night, then take out three pound of the clearest iuice, and put it in a faire pann, and put thereto three pound of suger, then set it on the fire, seeth it and scum it cleane, then put in to it the whites of two eggs, and skym it cleane so long as any doth rise, then take it from the fire, and put it into gally pells, and cover it close, this is also good to avoid flegme, and to helpe the shortness of breath.

Aqua mirabilis, et presiosa.  
Take galligale, cloves, quiber, ginger, melilot, cardamum mace, and nutmegs, of each one dragma, and of the iuice of celidony, halfe a pinte, and mingle all these made in powder, with the iuice, and with a pinte of aqua vitæ, made only of the lees of the best white wine, without any spice, or hearts, and three pintes of good white wine, and then put all these into a stillatory of glass, and let it stand so all night, and on the morrow still it with an egge fire as can be.

This water is of a secret nature, it dissolueth the swelling of the lungs without any griefe, and if the lungs be wounded or perished it mightily helpeth, and comforteth them, it suffereth not the blood to putrefie, and they shall neuer need to be let blood that use this water, it suffereth not the heart to be burnt, nor yet melancholly or flegme to be lifted up, or to have dominion above nature, it also expelleth the vicium, and profitteth the stomack, it engendreth good callow, and keepeth and conserveth the visago and the memory, and it destroyeth the pally of the limber and tongue, This water being given to a man or woman labouring towards death, one spoonfull relieueth of all waters artificiall, It is the best in the winter use thereof once a weeke fasting to the quantitie of a spoonfull, and in the winter two spoonfulls thereof during. M. M.



The manner to make an speciall Aqua composta, to  
drinke for a surfeit or cold stomack very well approved.

Take a handfull of rosemary, and a good root of elecampane, two handfulls of hysop, one handfull of sage, as much rime, six good crops  
of red mint, and as much of penegrayall, and the like quantitie of marjorane, one handfull of red fennell, and as much horehound,  
foure ounces of licoriz, foure ounces of anniseeds, small brused, then take foure gallons of good and strong ale, and the hearbs  
being wrung asunder, put both them and the ale into a Kings pott and cover them well, and so let them stand one night,  
and on the morrow set them upon the fire, and set your limbeck upon it, stopping the same stoppage as may be with pasty, that  
no evill may issue out, and so keepe it with a soft fire till it wax white, and then is it done. *M. R.*

But the new addition by counsell is such, put to it one quarter of an ounce of maces, and halfe a handfull of hart's tongue.  
*M. R.*

**Bolme water.**

Take bolme with the whole substance, shred it small, and bray it, and lay it to steepe a whole night in white wine in an  
earthen vessel close covered, and on the morrow distill it.

This water drunke with suger lighteneth the heavy minde, sharpeneth the understanding, and increaseth the  
memory. *M. R.*  
A water against poyson, and pestilence.

Take tormentilla, dittany, pimprenell, rue, and angelica of each of them three or foure handfulls, and still  
them together, this water is excellent against poyson, and the pestilence. *M. R.*

**How to make water of life, and the virtues thereof how to use it.**

Take balme leaves and stalks, burnett leaves and flowers, rosemary a handfull, of red sage, lavender, turmentill hysop,  
lime, red strings that groweth upon sauey, red fennell leaves, and roots, red mines, of each of these a handfull, put  
all these hearbs in a greete pott of earth glazed, and put thereto white wine as much as will cover the hearbs, and let  
them so be there in eight or nine dayes, then take one ounce of cinamon, as much of ginger, of anniseeds a quantitie, as  
much of nutmegs, cloves, and saffron, grate and small ragins, one pound, suger one pound, halfe a pound of dates, the  
kindey parts of an old coney, and a good running fleshy capon, the red flesh and sinews of a legge of mutton, foure young  
pigeons, a dozen of larks, the yolks of two clac eggs, a loafe of white bread cut in sopps, muscadell or bastard as much  
as shall suffice to distill all these things at once in a limbeck, and put thereto methydatum two or three ounces, or as much  
perfect triacle, and distill it with a moderate fire, then keepe the first water by it selfe, and the second by it selfe, and  
when there cometh noe more with strength, then take away the limbeck, and put into the pott more wine upon the  
same stuffe, and still it againe, and you shall have another good water, and so shall remaine nothing good of the first  
ingredients. *M. R.*

This water must be kept in a double glasse very diligently, for it is a restoratiue of the principall members, and defendeth  
all pestilentiall diseases, and against dropsies, palsies, agues, sweatings, spleens, yellow or black jaundies, worms, pestilentiall  
theists, and melancholly, it strengtheneth and fortifieth all spirits, and stirring of the braine, the heart, and stomack  
and the liver.

Take two or three spoonfulls thereof at a time if need be, by it selfe, or else with a lo beer, or wine, mingled with  
sugar, and it will helpe the digestions, and breake winds, it will stopp lasks, and net binde over much. *M. R.*

**How to make water imperiall.**

Take a pound of roses, a pound of elecampane, a handfull of rue, a handfull of sage, a handfull of hart's tongue, halfe a  
handfull of celonding, two handfulls of myrrus diabolus, two handfulls of mugwort, three handfulls of wormwood, and  
let them soke in wineger all night, and then distill it through a limbeck, and if you still it with a still it will purge  
choller, and all other humors, and it is good for all manner of agues. *M. R.*

**For him that cannot eat.**

Take centory, waybread, ground pepper, seeth them in wine and drinke it hott when you goe to bed.

**For him that hath not any lust to his meate.**

Take centory and seeth it in small ale from a pottle to a quart, then take it from the fire and put out all the liquor, into  
a faire vessel and stamp the hearbs small and put it on the fire againe, with the liquor a litle while, then take it up and  
straine it hard through a strainer or cleane cloth, and put it againe into the pott, and so much honey clarified there to  
well medled together, and so let it seeth till it be thicke, then heape it in a box and let the sick eat thereof, three spoonfulls  
euery day.

**Another.**

Seeth centory in cleane water, and let the sick use the same fasting three daies together, nine spoonfulls at a time.

**To make a stomack quick in digestion.**

Take fennell seed and roots of turmentill well dried, and beaten to powder, mingle therewith a litle portion of  
ginger and suger, and use this powder euery day fasting, approved true. *L. W.*

**To make a stomack good, and quick of digestion.**

Take vitrioll oyle one ounce, and if it be too strong put into it a litle faire water, and a litle suger beaten very  
small, and make it in forme of a sirrup, and take a stick of licoriz, and bruisse the end, and liche the sirrup with the  
licoriz, sticke a litle in the morning, and before dinner, and before supper, doe this so often as occasion serueth.  
Approved. *L. W.*

**A precious powder to make the stomack good and  
quicke of digestion.**

Take ginger, cinamon, and galingale, of each one ounce, anniseeds, caroway seeds, and fennell seeds, of each halfe  
an ounce, large pepper, and graines, mace, nutmegs, and sell all roots of each two ounces, then make all these  
together into fine powder, and put into them two pound of sugar, and mixe these all together, and use this powder  
before meate, and after at your owne pleasure, and it is good also to comforte the stomack, and to loofe winde.  
approved. *L. W.*



## An ointment for the binding of the Stomach.

Take a good quantitie of sweete capons grease, then take of red mint, featherfew, wormwood, and of pennyroyall of each one handfull, a pretty quantitie of cammomily beate them all together, then boyle them on a soft fire of coales, then straine them through a fine linnen cloth, and keepe it in an earthen pot, then take two spoonfulls of the same ointment, and two spoonfulls of malmesie, and warme them in a saucer together, and applye the stomach therewith against the fire, euery evening and morning.

## For a sore throat.

Take halfe a pinte of the iuice of great mulberry, and a pinte of the iuice of small mulberries, and halfe a pinte of clarified honey, and a quarter of a pinte of darrett wine, seeth all together till they be consumed, and rasping, and this so done you may hope in a yeare or two.

## Another for the same.

Take woodbine, sage, fives leaved grass, and roses, of each a handfull, and seeth them in faire water untill the strength of the hearts be sodden out, and take ten or dozen spoonfulls of water, and two spoonfulls of the sirrup afore said, and gargle it in the throate luke warme, and spit it out againe, and then take more and use it soe till your throate be whole. *M<sup>o</sup> Norton.*

## Another.

Take callambine leaves and boglothen in milke, and use to gargle the same being warme, and it will helpe you; also the seed of callambine is good, besides to annoynt the throate with good treacle, is especiall good for the same disease.

## Another.

Take swallowes, gulls feathers, and all and drye them in an oven wherof make powder and drinke of it for the sore throate, the quantitie of a good beane at a time.

## For heate or sorength of a mans mouth or tongue.

Take red sage, honey suckle leaves, rosemary, plantaine leaves, honey, and allome, a quantitie of each of these, with boyle them in a pottle of running water to a quart, then straine it, and wash your mouth withall euening and morning and it will helpe you. *probatum est.*

## For the sorength of the throate.

Take and steepe the tendrings of rosemary upon a linnen cloth, and soe weare it about your necke, and change it euery twelue hours till you finde ease. *M<sup>o</sup> Ro.*

## To make a gargle for the same.

Take a pinte of milke, and a pinte of running water, and then take a handfull of callambine, pennyroyall, fives fingers, sage, rosemary, and woodbine, of each a little handfull, and seeth them together to the halfe, and so gargle it diuers times, and it will helpe you by the grace of god. *M<sup>o</sup> Norton.*

## For a swollen throate.

Take oyle of cammomill warme it, and annoynt therewith, and after that wet a doek of thicke wooll in the same oyle so warmed, and binde it to the swelling, and it will drawe it. *L. M. R.*

## For drawing the mouth any.

Take two spoonfulls of english honey, two spoonfulls of aqua composita, and two spoonfulls of May butter, mingle them together and set them on the fire but not to boyle, then take thereof warme and chafe on the cheek that the mouth is drawne, and give a quantitie to the party to gargarise with in his mouth, so much as he may on that side the cheek is chafed, and within few times drawing by gods helpe you shall haue helpe. *M<sup>o</sup> White. probatum.*

## For a sore mouth.

Take a stiver <sup>weight</sup> of white mercury, and doe it in a glasse with halfe a pinte of faire water, and let it not come neere the fire, and so wash your mouth and it shall be well by gods grace. *L. M.*

## For the swelling or paine in the throate.

Take a Jewes eare which is to be had at the apothecaries, and lay it to steepe in ale a while, or a whole night, and driek a good draught thereof euery day once or twice, untill you perceiue your selfe amended. *L. M.*

## A sirrup for sore mouthes or throats.

Take a greate quantitie of red sage, beate it and straine it, take the iuice thereof and set it on a soft fire of coales, scan it and straine it, then take a pinte thereof, and a pinte of strong wine vinegar, and a pinte of honey, and a pain worth of allome, and boyle it halfe an hower, then put it into a glasse, then take it, and wash the gums and throate therewith. *M<sup>o</sup> D.*

## A water for a sore mouth.

Take a pound of greene copperas, and lay it in the sunn till it be white, then beate it into fine powder and take a pinte of faire running water and put in two spoonfulls of the powder thereof, and stirr it together, and wash your mouth with the same water, but rubb not the sore too hard. *M. D.*

## For the vuola or falling of the voege of the mouth.

Take the leaves of grimony, and seeth them in honey, and make a playster therewith and lay it to the mould of the head. *L. M.*

## For the pallet of the mouth of Doctor Pope.

Take Salgema a quarter of an ounce, terra sigillata, and white vitriol, of each halfe a quarter of an ounce, made all in fine powder, and touch the pallet therewith. *L. M.*

## For the pallet of the mouth.

Take galbanam, and spread it on a playster of leather so broad as a shilling, and lay it on the nape of the neck, and take loshio water and spout the mouth, and take Jewes eares and seeth them in milke, and drinke that so hot as you can, and put the pallet up with powder of burnt allome. *L. M.*

## For a sore mouth or throate.

Take vine leaves and boyle them in faire water, and when they be boyled let them hold their mouth over the fire, till that the steame may come into their throat a grade while then, suppe some of the liquor and hold it in the mouth till it be cold, then spit it out and take more, doe so six times together, for foure dayes and you shall be helped by the grace of god. *L. M.*



For the pallett and vuola of the mouth.

Take a white doggs turd and dry it and beate it very small, and take it upon your thumb and touch the pallett therewith, and it will presently goe upp. approved true. L. W.

Another for the same.

Take pomegranett pills one ounce, cloves halfe an ounce, cinnamon halfe an ounce, red wine one quart, a quarter of a pound of sugar, and so boyle it sufficiently, then take it so hott as you can suffer it, and hold it in your mouth and so spit it out, and so use it often. approved true. L. W.

To helpe the quinsy in the throate of man, woman, or child, that is the swelling and the stopping of the throate.

Take a hard white doggs turd and beate it very small and searce it, and give him some of it to drinke with a little white wine morning and evening, and mixe some of it with honey, and lay it plaister wise about the throate.

Approved true for Doctor Burhett. W.

To helpe the pallett of the mouth.

Take amber and stampe it grossely, then take a chatingdish of coales, and put some there in and gape cover the furnace and cover you closely, and doe it often. L. W.

Another.

Take some leaves and crush it very small one handfull of feather fern, and chopp it very small, and boyle them all together, with white minor vinegar, and lay it hott betwixe two cloathes in the nape of the necke. approved true. L. W.

For the vuola when it is fallen downe.

Take an eage and roast it hard and cut it aunder, and as hott as you can suffer it, lay it to the node of your neck or head, and binde it fast and it will helpe you in a night, or in a dayes warning. M. R.

A water for the falling of the vuola very necessary to wash the mouth often times, and to gargarise.

Take acorne cups, and the red rose buds dried, the flowers of pomegranats of each of them two dragms, bruised, and sced them in halfe a pint of planta ine water, a quarter of an hower, then straine it, and use to gargell it in your mouth, and this will fasten the vuola very well and stay it. M. R.

For the vuola.

Take a pint of white wine or water, boyle it with two little cropps of rosemary, and two cropps of hisope of cinque foyle and straw berry leaves, of each halfe a handfull, one spoonfull of honey, one natl megg, twenty cloves, and one ounce of saze, let all these boyle in the wine in a cupp the which would be narrow mouthed, that the aire of the medicine may the better enter the mouth and nost rills of the patient, and then take thereof so hott as you may suffer, and gargarise your mouth so often as you will, and drinke thereof once or twice after you have gargarised, and using this foure or five dayes you shall be cured. probatum est. M. R.

Another for the same.

Take a little salt and burse it in a spoon, then beate it very fine with long pepper, and put to it very good honey and temper them together, and at night when you goe to bed lay some of it upon your thumb, and there with put up the vuola and hold it up so long as you can stirring so little as may be, and doing this two or three times in the night, it shall be the better, you may doe it in the day time, but then you must rest upon your bed two howers after quietly, otherwise it will not profit you. M. R.

For to helpe the falling downe of the vuola.

Take clarified honey and daisy roots, with the flowers and leaves, wash them very cleare, and beat them in a stone mortar, and take as much of the iuca, as of the honey, and boyle them together till they be almost as thicke as poppe, then take a spoonfull thereof hott, and wash and rubb the vuola therewith, with a clout upon a stick, and put none of that into the vessel againe which you take out, and use it often. approved true. L. W.

For to helpe the vuola, and the swelling of the almonds, and the paine of the throate when they cannot eat nor drinke.

Take loshion and make injection into the throate, and then annoynt it within the mouth with the ointment that is for the canker, and fast after it one hower or two, and lay this poultice unto it underneath upon a cloath, then take the following for the poultice, Take linseed, and fenegreek, and red rose leaves, and beate them very small and boyle them all together in a sufficient quantitie of new milke, and when it is boyled to the forme of a poultice, put in it as much new roge, and sheeps suet, as will make it reasonable soft, and then spread it upon a cloath, and lay it as hott too as the patient can suffer it. approved true. L. W.

For the mother.

Drinke a draught of colde water when you feele the mother come, and it will helpe you. M<sup>ris</sup>: Norton.

A plaister for the belly for the comforting, and drawing up of the mother.

Take gum galbanum, and gum ammoniacum of each halfe a pound, and burgundy pitch foure ounces, let these three be dissolved in white wine vinegar, and let them boyle all together untill they be melted, and then straine them out, and so boyle them againe untill you perceive that the vinegar is consumed, then put into it two pound of hard pitch, and so let it boyle away, stirring it untill the pitch be melted, then take it off, and when it is something colde, then put in some turpentine, so make it up in rolles, and keepe it for your use. L. W.

For to helpe the mother.

Take white wine and the turde of a new houghed gelding, or horse, and seeth it with the wine, and straine it, and soe drinke it, you must drinke it warme, and it shall helpe you by gods grace. L. W.

For the mother.

Take a little civet, the best you can gett, and annoynt the nose with it, and take a fine linnen cloth and lay it upon your nose, and take a nutmeg and roast it till it be dry, then take a little of the nutmeg and eat thereof till such time as you annoynt your nose. L. W.

To bring the mother in her place wheresoever.

Take catory the leaves and flowers, piony seeds, and boyle them in ale from a quart to a pint, and put therein cloves and saze, and mace, and give it the patient to drinke how approved. L. W.



Ware cristall about you, and it shall helpe you by the grace of god.

For to cure the mother.  
Take the herbe or roote of mercury, maiden haire, harte Robe vt, or londing hisops of each one handfull and make breu being boyled in conduit water, then clarifie it with two ounces of hony, then mixe a dragma of the powder called hierapierre with it and use it. M.

To make the mother sinke.

Take the marke, and salt, and steer them together, and let her cate it morning and evening, let her take the same when the paine cometh upon her two or three days together. M.

For to bathe a woman that hath the mother mightily swelled, and hard.

Take camomill and the flower thereof, our ladies mantle, sanacle, balme seedes, and some cardus benedictus, boyle all these very well together, either in new milke, or malmscy, and so bathe it as hie as the party can suffer it. M.

For the mother being out of her place, or if it be putrified, and for to cure her, and preserve her, though she be in a consumption, learned of my lady Morrison, and approved upon her and divers others.

Take oyle of amber and annoynt their navell therewith two times a day, that is morning and evening, and then take Peribalsam three or foure droppe, in a morning in cardus water, three mornings in a week, and they must use much cardus, either in posset ale, or to take scalding hou broth, and put a branch of dryed cardus into it, and drinke of that, then take the milke of an Ass, and if you cannot get it, then take the milke of a cow, warme it with nutmeg and suger, The grieke of the mother cometh most times from the spleene, now for to warme and comfort it you must give her nourishing glisters, and make to comfort her inward parts, and not to purge her with milke, hony, or anniseeds, and if there be greates cause that you thinke that the place is putrified, then use this receipt in little bagges as followeth. M.

Take two spoonfulls of hony, and foure yolks of eggs, and some powder of senecle, and the powder of our ladies mantle, and some powder of eloues and mace, and if it be a winde cawke then take some beaten pepper and mingle all these together till you have made it in substance like greene goose dung, then you must fill eight little bagges of the bigness of your finger, and the end of it must be tyed with a thread, and a long strong thread least it pull it downe againe, and annoynt them at one side with oyle of sweete almonds, and so put them up so farr as you may well, and change them morning, at noone, and at night, if there be cause, the end of it must remaine with a thread to pull it downe, it is not to be beleevd the water and corruption that it will bring away; this was sent from my lady Morrison, a speciall good friend of hers, and a worthy gentlewoman, with this little title (viz) Remember this to doe good when Jam dead. Amen. M.

For to make the mother sinke, and for to helpe it.

Take a sassafrida, and make the rest of a little pill and swallow it whole downe, and six dayes after another, this will helpe it without fault by the grace of god presently. approved vras. M.

And if you cannot get sassafrida, then take scrapium, in the same order, but the sassafrida is the best. M.

For the tooth ache.

Take the rinde of ashe wood and burne it to ashes, then take as much of the ashes as quantitie of a halpell nut, and put them into a fine clout and wind it with a thread, and lay it into a saucer of water, the space of a quarter of an hower, and binde it to the side that the paine is. M.

For the tooth ache.

Take rue, sage, and a quantitie of bay salt, and beate them together and put some of it in a fine cloath and lay it betweene your gumme and your cheek, and lye on that side the paine is in, and take the iuice of it, and powre some into the hole of the tooth, and it will make you whole. M.

For the gomes being swollen.

Take a plate of white wine, six toppes of lavender cotton, and as manie of rosemary, and a small spoonfull of bay salt, one strike or two of pillitory of spaine, let your spide be sliced, and so sodden, use it in holding some of the liquor in your mouth being a little warme. M.

To purge and cleanse the teeth and gummes, and to kill the aking canker, and itch.

Take a good handfull of woodbine flowers, one handfull of rosemary stript from the stalkes, one handfull of sage, halfe a pinte of stone hony, and as bigge as a walkull of rocke atome, and then take a gallon of faire running water, or conduite water, and boyle them all together in the same water a good while, till you shall see the herbes well sodden, then take it from the fire, and let it stand till it be thorough colde, and then put the cleere water remaining in a glasse, and so keepe it, for it is a water that will keepe good seven yeeres if you will; but it must be made in May, and when you will use it for your mouth, put therof one spoonfull in your mouth, and labour it among your teeth. M.

Another for the same.

Take the roote of mallowes, and rubb the teeth with it, and the gummes, and for that take a course linnen clout and doe the like. M.

To make the teeth stand fast.

Seeth the roots of vervine in old wine, and wash the teeth therewith. M.

To plucke out a tooth.

Take the braines of a hare and seeth it in red wine, and therewith annoynt the sore tooth that you will have out, and it will fall out without paine. M.

For the tooth ache.

Take southern wood and boyle it in vineger, and as hot as you can suffer it helde a good spoonfull of the liquor in your mouth, and when it is all most colde, spitt it out and take more. M.

Another for the same.

Take crows foote, and a quantitie of bay salt well bruyed together, and if the tooth doth ake on the right side, then binde it to the middle of the right hand, and if it be on the left side, then use it in like manner on the left hand, and then you must take your rest without meate or drinke, for the space of foure howeres, and it will helpe you. M.



Another:  
 Take a small cloath and wet it in aquaviva, and when the ache is upon you lay the same cloath upon the seave tooth and it will  
 abate the rage. M: N:

To draw a tooth without paine.

Take two acrots or three that be in the water and one handfull of pismires, and six and twenty of <sup>earth</sup> great wormes that be quick and  
 knitt together, and cutt the heads off them, then take a new stone pot of halfe a pinte, and put all this therein, and stopp it fast  
 that no aire goeth out, and put them into an oven till they be all to powder, and stampe it in a mortar of wood never used before  
 then take one ounce of powder of centory, and mingle it therewith, and put a little of this powder to the tooth that you will draw  
 out. L: W:

For the tooth ache a present remedy.

Take mastick, slaves acre, penny royall, long pepper, cardovam, these must be taken of each a like quantitie and  
 beaten in fine powder where with all your teeth must be rubbed till they bleed, and then lay it up on them; but if the  
 tooth be hollow, then it must be mingled with unwrought wax, and so put it into the tooth. L: W:

For the tooth ache.

Take sanguis draconis and sal armo niack, of both these foure drams, take arsenick halfe an ounce, of precipitate a  
 quarter of an ounce, then make them in fine powder, and mixe it with orange, and mixe these with oyle of organum.  
 but take heed how you use this.

To fasten the teeth.

Take pellitory of spaine, chew it in your mouth, it will purge the head, and fasten the teeth. L: W:

For the paine in the teeth.

Take in your mouth the seeds of slaves acre, and chew it in your mouth, and it will cease the paine. L: W:

To make the teeth white if they be blacke.

Take white bread and pumice stone as much of the one as of the other, and barne it all together, and make thereof a  
 powder where with you shall rubb your teeth, and they shall be very white. L: W:

For the palsey.

Take red fennell, parsley, endive, bay leaves, aven, lavender, hysop, violets, <sup>red nettle, red borrag</sup>  
 of every one of these a handfull, then take cowslipp, betony, hart's tongue, succory, of every one of these two handfulls  
 then take sage by weight as much as all the other herbs before said, wash them cleane and grinde them a little in a  
 mortar, and put them in a new earthen pot, and put thereto one gallon of white wine, and three pottles of water, and one  
 pottle of henry, and boyle them together to a gallon, and then take it off the fire and lett it coole, and put it in a faire  
 vessel, and cover it fast, and let the sick drinke the rest nine dayes, at night hot, and in the morning cold, and it will helpe  
 him.

Another for the same.

Take rosemary, sage, hearbe magdalen, of each of them a handfull, of camomill flowers three handfulls, and make  
 with sallit oyle, an oyle like as you make oyle of roses.

For the palsey.

Take a quantitie of malmesey, one handfull of sage, and a little rosemary, and boyle all these till the liquor be consumed  
 to halfe, and then wash them that be taken, on that side that they be not drawne of, but on the contrary side, and it  
 will helpe the sick by gods grace. L: W:

For a colde palsey

Take gladen roots with the leaves it is like a flagg, or segge, it growes in meadows and woods, and watery places  
 the roots and leaves must be beaten, and given in muskadine to drinke of ten, these roots are sweet of taste at the  
 first and then as hore. L: W: approved true

For to helpe the colde palsey.

Take a very fatt goose the fattest you can gett, and fill her belly with these things following, take earth wormes,  
 and snaggis, and snails, of each foure handfulls, sage, saxifrage, maiden haire, knotgrasse, Tutian leaves, with the  
 beveries, and comfrey roots of each foure handfulls, then chop all these together, and mixe with them two ounces of  
 oyle of camomill, then fill the gooses belly therewith, and faste her so long as there is any vertue in her, and keepe  
 the dripping in a gally pott for your use, and annoynt the patient morning and evening. approved true. L: W.

For the colde palsey upon ones arme.

Take egromony two good handfulls, ale hooch foure good handfulls, ivy of the wall three good handfulls, put these into a  
 huttle of water of foure gallons, and boyle them one halfe houre, then have a bousler ready, and binde your arme red  
 have upon it a broad thin cover with cloathes and let it sweate well, then presently throwe these things following  
 into the bathe, take oyle of turpentine halfe one pound, apponax halfe an ounce, gallanum ammoniacum, bdellian  
 jerapicum, of each one ounce, then when it is bathed keepe it warme, and annoynt it presently with these things  
 following, the oyle of spike, and oyle of frogs, and oyle of norvines, and oyle of castoreum, warme your hand, and annoynt  
 it therewith. approved. L: W:

For the palsey.

Take a pottle of cowslipp water distilled, a quarte of sage water distilled also, and a quarte of rosemary water  
 put to them a quarte of white wine, and two ounces of cinamon beaten to powder, still them all together, and wash the  
 place that is griev'd therewith. Sr: A: M.

For the palsey.

Take red sage, fennell, sowine, mallows, radish, avens, pennyroyall, lavender, red nettles, borrag, hysop, violets, and  
 of each one handfull, two handfulls of betony, two handfulls of hart's tongue, with as much sage as halfe of  
 those herbs in weight, wash them all, and shred them small, put them into a new earthen pott, and put thereto a gallon of red  
 white wine, and two gallons of water, a pottle of good honey boyled, stampe them and set them on the fire, and skim it as it  
 beyleth boyle it to a gallon then take it and straine it, and keepe it close, and let the patient drinke the rest in the morn-  
 ing cold, and warme at night.



## Another for the same.

Take the gall of an ox or bull, foure red cyons roasted untill they be very tender, then mingle the gall with them, there must be foure times so much gall as cyons, laye into the place griued, the more till it be soaked in, then wrappe the party in a warme sheete, this is to be used only to bedward, and in nine times using it will mend much, and cause the flesh to grow, this receipt is very good for all manner of achey.

A powder for the palsey in the tongue, and wrynging in the mouth coming of colde humours.

Take pellitory of spaine, pepper, and rue, of each a dragma, ther take of sage, mace, draynes, and make of them a powder, and use it.

## To helpe the greene sickness.

Take a quart of goates milke, and two or three madder roots, and six plantaine leaves, and boyle them unto a pint, and halfe, and give them every morning three spoonfulls, and in the thirde first mornings give them in the thirde spoonfull a little brimstone, and that will kill the wormes, and take this underneath. ℞. M.

## To helpe the greene sickness.

Take hysop, ussett, golde, mothe wort, mus wort, germander, of each one handfull, aniseeds, and parsley seeds, and fenell seeds, of each one ounce, beaten small, a quarter of a pound of raisins of the sunn, the stones taken out, boyle all these in a pottle of ale till it be halfe wasted away, then straine it, and put into the ale treacle of fene one ounce, cloves mace, nutmeggs, and saffron, of each one penniworth finely beaten, and as much suger as will make it sweet, and so boyle it againe a little, and then put into it a quart of a pinte of rosewater, and so let him drinke the rest of a warme morning, and evening, ten dayes together, but you must purge gently purge away the greene cholles, and then followe with this foresaid drinke, and walke after it. approved true. ℞. M.

For to helpe the greene sickness, but it is best for the shortnes of breath.

Take turpentine, and lay it on a little round peece of leather, and lay it to the pitt of your heart, and refresh it every two or three dayes, for nine dayes together, and eat every morning and evening sweete butter with some sugar straw'd upon it without bread, and walke upon it. approved true. ℞. M.

## For to helpe the greene sickness.

First give them a good vomitt, then give them this electary following, first take rue, worm wood, red sage, and feather fern, of each a good handfull, and choppe them all together very small, and boyle them in clarified honey, and straine it for gentle women, but for others give them hearts and oyle, give it them morning and evening. approved true. ℞. M.

## For the greene sickness.

Take a quantitie of rosemary, a quantitie of wild red fenell, red sage, liver worte, and lung worte, and penny royall, harts tongue, and seeth it in white wine, and drinke it at evening and morning. M. M.

## For the greene sickness.

Take a pinte of malmsey, and a pinte of worm wood water, as much of mint water, suger halfe a pound, cinamon one ounce, ginger halfe an ounce, and make of these things Ippocras, and drinke of it when occasion serveth. M. M.

## For the greene sickness.

Take speremints and drye them so as they may be made in powder, and worm wood alle, and take of each of them a powder a like quantitie, then take of the powder of cinamon as much as of both thes, and mingle together, then make a toste of manchett, and with a spoone sprinkle a little muscadine or malmsey on it, and then put of the powder on the toste a pretty quantitie, and so eat the toste, and drinke a good draught of the muscadine or malmsey after it, and walke after it halfe an hower, or a quarter at the leyst, and it will helpe you in sixe or seven times taking. approved true. M. M.

## For the greene sickness.

Take a pinte of malmsey, and a pinte of worm wood water, a pinte of mint water, halfe a pound of suger, of cinamon halfe an ounce, ginger halfe an ounce, mingle all these together, and let it stand two houres in a faire bason, and then make a bagge as you doe for to make Ippocras, and so let it run through the bagge as you doe Ippocras, and let the sicke drinke a draught of it at evening and morning first and last, and it will helpe her. prob. est. M. M.

## Another for the same.

Take foure spoonfulls of good flemish madder, and boyle it in a pottle of white wine with a little suger, and lett it seeth from a pottle to a quart, and when it is cold let it run through a bagge as you doe make Ippocras, put it in a glasse or clepe pott, and so keepe it, and give the rest to the party to drinke morning and evening bloud warme, and after they have drinke it they must use some bodily exercise, either going up a paire of high staires, or dauncing, or travellling up some hill, or such like exercise, and by gods grace this will helpe within foure or ten dayes. M. M.

## For the pyles in a mans fundament

Take lung worte or lowrage and choppe it very small, and boyle it with fresh butter, it must boyle a good halfe hower and more, then straine it and keepe it close in a box or in a glasse, and with a feather anoynt the pyles with some of this medicine, and it will dry them up.



Another for the same.

Take a handfull of ussett leeks, and roast them in the fire in a doth legge, or in a paper, then stamp them fine and put to them May butter, and mixe the butter well with them, and then it will be a salve, and when the piles be angry and sore take a little of the salve some what warme and lay to it, you must take of the leeks both of the greene and of the white, but cut away the barke, and when this medicine hath well drawne them, then to skinn them the sooner againe take romans milke, and saffron, and wash them softly withall.

For the Pyles and Emerodds.

Take mysell shells and burne them in the fire, then take the white of them and make it in fine powder, then put to it a little english honey, and temper them together, then lay it upon a linnen cloath, and lay it to the sore place.

For the Emerodds.

Take parsley roots, fennell, mallowes, and hysope, of each one handfull, and seeth it well, and sett it under the edge of a dooly, and let the patient sit thereof.

Another for the emerodds

Take sage, ambrosia, rue, selfhead, the roots of the lily or celondine, of each of these a handfull, stamp them, and seeth them with six ounces of swines grease, or May butter, untill the iuices be waisted and put to them in the seething a spoonfull of roche allome in fine powder, then straine it, and put it up in a pot, and annoynt the emerodds therewith.

For the piles.

Take deere saett, and frankinsenco, and rozen, and boyle them together, then take mallow leaves and stamp them, and boyle them all together. M<sup>rs</sup>. Norton.

For to stanch bleeding of the Piles.

Drinke the iuice of millefoyle with the powder of burnt garliche and it will kill the Piles, also to destroy them take oyle of roses, and frankinsence and honey and make an oynment of these, and put it with your finger into the fundament, and if it be for a friend that thou wouldst helpe in haste take murre and put thereto, and after annoynt the fundament therewith and the going downe of the tynell seeth frankinsence and water together and wash the reuel therewith, and let the breath go up into the fundament, and he shall be whole. this is proved by M<sup>rs</sup>. Norton.

For putting up of the fundament.

Take a pottle of strong red wine, a pottle of smithes water, put thereto one handfull of gall, and a good quantity of the barke of thorne, a handfull of sage, a handfull of primrose leaves, a handfull of rosemary, and seeth them all together, and then straine it, and so use it. probatum. per. M<sup>rs</sup>. Norton.

For the Piles or Emerodds.

Take an oyster shell and burne it and beate it to powder and some pepper bruised, then take an onion and roast him and cut him in the middelt as hott as you may, then strowe on the powder of the oyster shell, and the pepper upon that, and so clapp it too, so hott as is possible, and keepe his bedd foure and twenty hours. approved true. S. W.

For the Emerodds.

Take apples of pakes and still them all, wash red nettles in that water, then wash the emerodds in the water, annoynting them well with oyle of acorns. S. W.

For bleeding of the Emerodds.

Take the whites of mysell shells, and make limo of them, and temper them with honey, and annoynt the place that bleedeth and you shall finde helpe thereby. S. W.

For the Emerodds.

Take huotgrass, and stampe it, and straine it with white wine, and let the sick drinke of it morning and evening. S. W.

An oynment for the Piles.

Take pile wort both leaves and roots, the leaves and roots of Angelica, the leaves and roots of cleampans, boyle these in Ducks grease, or May butter, and then straine them, and put therein a little wax and a little saffron, and a little fine frankinsence, and a little madiche, put these in the cooling of it, and stir it till it be colde. approved true. S. W.

For to helpe the Piles, and to restre them away.

Take elder buds or leaves, but the buds are the best, and beate them in a stone mortar till they be like a plaister, then boyle them with May butter, and sweete butter, and fallet oyle, and a little peeco of wax, and boyle them all together a good while softly, upon a soft fire, and let them not be drye, but very moist, then make a plaister of them upon a red cloath, and lay it to the piles so hott as you can suffer it, doe this five or six times as occasion serueth, and keepe the rest to your use in a gally pot, binding it close, and it will last two or three yeares. Proved. S. W.

For the Piles and Emerodds.

Take elder leaves picked from the stalks and boyle them in faire water a good while, and when they be boyled press them betweene two trenchers, and lay them upon a stoole, and sit upon them so hott as the patient may suffer it, and still as they coole lay more hott ones on the stoole. Doe this five or six times every day, and the third night when you do dress it, siven upon the hearts when they are layd hot upon the stoole a quarter of a spoonfull of the powder of burnt oyster shells, and sit thereupon often as occasion serueth, then the patients legs and coddys will swell, and there will breake out some few scabbs, then bathe them with this liquor and they will presently awage, also these hearts and bath are good for any swelling. this is the best remedy in the world. Proved upon diverse men. S. W.



## For to helpe the Piles.

Take soft leches, and cutt off the beards, and cut them very small, and bruisse them, and fry them with sweete butter, very tenderly, and lay them a hot upon a cloath, and lay them to the patient so hot as he can suffer them two times a day. L. W.

## Another.

Take two or three leches, and sett them to the fundament, and let them draw very well, and then the next day use the powder above said as occasion serveth, it is the best way for the cure thereof that may be found by all Doctors counsell. approved. L. W.

Take black ver-nish such as the cuttlers do use, make it very hot, and annoynt the Piles therewith two times a day, and if you will have haste made of them then make a bath of elder leaves, and sitt over it, and sitt upon the leaves so hot as you can endure it two or three times a day. approved. true. L. W.

## Another for the same.

Take a pots lidd that hath been used to cover the pots, and set it hard by the fire, that it may frye, and take the fet of oyle and annoynt the piles therewith. approved true. L. W.

## For the Piles.

Take the gument of tully and annoynt your selfe. L. W.

## For to helpe the Piles.

Take a browne paper and wet it a little with your fasting spittle, then take henbane seed, and bruisse it reasonable small, and lay it upon the paper, and then lay it upon the patient twice a day, approved true. L. W.

## For the Piles in the arse.

Take the hoofe of a done horse, and frankinsence, and put some of it in a chafing dish of coales, and sett it under a close doole and sitt there upon, then let the party come from it, and annoynt him with varnish such as the painters use. approved true. L. W.

## For the Emerodds, or Piles.

Take two or three bricke and burne them redd hot, and put them in some panna under a close doole, and sprinkle them with vinegar, and let the patient sitt upon the said doole that the fume thereof may ascend upwards to the fundament, doe this foure or five times if need be and certainly it will helpe you, and then annoynt them with the gument that is used for that purpose. approved true. L. W.

## For the Piles.

Take the roots of orpen and hang three about your necke in the very pit of your stomack and keepe them still there, and make a perfect curd, and lay it very hot upon the fundament thrice a day. approved. L. W.

## For to helpe the Piles.

Take the iuice of red sage and honey, boyle them till they come to a sirrup, then take the sirrup and annoynt the piles therewith very hot, and spread some of it on a cloath plaister wise, and lay it upon the piles, and dress them morning and evening. approved true. L. W.

## For to helpe the Piles and emerodds.

Take red curvall and beate it very small, and lay it upon a browne paper or a cloath, and then lay it upon the piles or emerodds, and binde it close unto them, lying upon your bedd, use this morning and evening, and as occasion may serve. It hath done much good, and hath been approved and tried by a skilfull gentle woman. Mrs. Heston. L. W.

## A medicine for the plague

Take a good figge and put therein one almond blanched, three cornes of bay salt, and a little stalk of rue brased, put all these in the figge and cate the same before you goe forth of your house in the morning, and it will preserve you.

## Another for the same

Take black Frye of the wally, and the berry thereof dranch with Ale in the morninge doth preserve from it, the berry must be made in powder.

## Another for the same.

Take a quantitie of wormwood and a quantitie of rue, and let it stand in a cupp all night, and drinke of it in a morning before you goe forth of your house, and it will defend it.

## Another.

Take twenty leaves of rue, two salt figgs, and two matts, cate the same every morning with a little salt, and in that day there shall be no ver-nome or payson abide about your heart.

## Another for the same.

Take the quantitie of an ounce of good treacle six spoonfulls of good sacke, three spoonfulls of very good vinegar, two spoonfulls of faire running water, drinke all these together warme, and neither cate nor drinke any thing in foure houres after, and stirr your body in some labour, and keepe your selfe warme, and by the grace of god it will expell it.

## When any finde themselves ill, fearing the infection

of the Plague  
Let them take the weight of ten pence in silver of ozime Philosophers with two spoonfulls of the sirrup of lemon, foure spoonfulls of treacle water a a a and so much cardus water as will make a draught, and let the party take it cold mixed together, and thereupon faste for the space of foure houres, and neither sleepe nor drinke in that space.

And when they are out of the feare let them drinke for ordinarie drinke perfect drinke made of white wine and milke, wherein boyle cardus, bonnage, and jorrell, and drinke no other drinke the time of the sickness.



### King James his medicine against the Plague.

Take one handfull of rue, one handfull of worm wood, one handfull of red sage, one handfull of red bramble leaves, one handfull of elder leaves, one handfull of scabious, stampe all these well together, then take a quart of good white wine, and straine all through a cleane cloth, then take one ounce of white ginger in powder, one great conwert of methridate, after the hearty be strained put those two in the wine, whereof being shaken together, drinke nine mornings together nine good spoonfulls, that is every morning one spoonfull, to the set fore mentioned being strained, put one ounce of dragon water. *M<sup>r</sup> John White.*

### The Prince of Aurange his medicine used to his Souldiers, the Plague being in his Campe.

Take the weight of a french crowne of beaten saffron, and a quarter of a pint full of the best aqua vite, steep the saffron in the aqua vite foure and twenty houers, if you haue not so much time, after one houer, stirring take it out, and straine it through a little peece of linnen cloth wring it out so hard as you can, then take the weight of halfe a french crowne of the oyle of brimstone, and mingle it with the rest, like weight of methridate of the best, and as much of the best venice Treacle, then drinke it, and sweate there upon immediately. It was said that after this medicine was used, there dyed not one that did take it.

### Another for the same.

Take a pint of the best aqua vite, one ounce of saffron, the weight of a french crowne of the oyle of brimstone, without treacle, take thereof every morning as much as you shall thinke good, for both of them must be used according to the nature and strength of the persons.

### A very good perfume for a chamber in the time of plague.

Take labdanum, and beniamin, of each one ounce, of storax calaminta, halfe an ounce, frankinsence, two ounces, make them in powder, and mingle them together, and burne them upon the coales.

### For to remove a botch from one place to another.

Take shep herds purse, and touch it upon the sore, then take it off, and binde it on any other place where you will have the sore to come to it, and it will draw it thither. *L. W.*

### For the Plague, or against it.

Take wine, ringer, and honey, and ginger, powder, and salt, and let him drinke it, and if he holde it in be shall doe well, and if not, it shall be dangerous. *L. W.*

### For a Carbuncle.

Take hoggs grease, and the iuice of scabious, and beate them together, till the iuice be drunke up in the grease, then put to it more of the iuice, and so doe till the grease looke greene, then put it into a pott of earth, and keepe it so in the pott nine dayes, then put it into a mortar and beate it together a little, and the water which standeth above cast it away, then put to more iuice, and so doe as is aforesaid two or three times, untill the grease be all greene like an unguent, and keepe it close, anoynt the sore first with oyle of roges, then spread it upon linte, and lay it upon the sore, let it lye foure and twenty houers.

### For to cure the Plague.

Take galbenaum and make it soft, and spread it upon a linnen cloth, and apply it upon a plague sore, and if the disease be curable it will so sticke and cleave to the sore that it cannot be plucked away unless it bring away the roote of the sore with it, but if the disease be not curable it will not sticke to it so hard. *L. W.*

### For the Plague.

Take bole armoniack, and olde clay of the hogges, and a little of the white chalke, and wine lees, and beate all in a pann, and seeth it, and lay it to the sole of your foote foure and twenty houers, and before take sweete milke, and the greene of the white chalke, and if they haue blaines take and nip the blaine, and spread thereon the lees, and lay a plaister on the place. *L. W.*

### For the Plague.

Take the dung or excrements of a young boy betweene ten and twelue yeares olde, and dry it, and after be ate it to powder, this done, put of it at the most two spoonfulls in a glasse of white wine, and give it the patient to drinke at the least six houers after the grieft taketh him, and the sooner the better. *L. W.*

### The Kings medicine for the Plague.

Take a handfull of sage, a handfull of rue, and a handfull of red bramble leaves, stampe them all together, and straine them in a fine linnen cloth with a quart of white wine, and a quart of white wine ringer, and a quantitie of white ginger, mingle these together and drinke of it a spoonfull every day, nine dayes together, and if it before, or cometo be a botch, take the leaves of red brambles, and the leaves of elders, and make a plaister thereof, and lay it to the soare. approved true. *L. W.*

### For the Plague.

Take a quantitie of sellwell and boyle it in poppet ale, then take so much of poppet ale as will make a draught, and put thereto foure spoonfulls of Dragon water, two spoonfulls of ringer, one spoonfull of triacle, and beate these all together, and make them bloud warme, and so drinke it, and keepe your selfe warme in your bed. *L. W.*



To breake a Plague soare.

Take a lilly roots, and take the clove, and pipe them with a cloath very cleane, and seeth them in milke and oat meale till they be soft, then put in a little barrows grease and a little triacle, and a little venice turpentine, and so let it lye upon the sore very hott, and put in a little wheate flower. appr: true. S: 52.

A most precious water against the Pestilence or poyson, it is called water Imperiall.

Take tormentill, scabious, and pimpervell, of each like much, still them together for it is for the pestilence, as Philosophers sayes, it were impossible that any man should dye of poyson, or of pestilence, that drin keth of this water next his heart; and is called water Imperiall, for to serve all Emperours, and greater Lords among the heathen, and Sarajins. approved true. S: 53.

To bring out the Pestilence soare.

Take garlick and new ale, and drinke it, which is so soveraign that one having the marks recovered there with. L: M: R:.

To breake a botch or Bile.

Take lilly roots, hollyhock, fenecake, red rose flowers, of each a like much, beate them small in a mortar with May butter, or hoggs grease, and keepe it in a pott close covered that no aire pass, and lay it too. L: M: R:.

For the same.

Take milke and oat meale, boyle them together till they be thicke, then put thereto a little English honny, and the yolke of an egge, and lay it too very hott. S: M: R:.

For the Pestilence.

Take sheeps sorrell, and pimpervell, and drinke it, and you shall be safe L: M: R:.

For the Plague.

Take of rue, sorrell, burnett, marigold, and fetter fenn, of each a handfull, a good quantitie of dragon roots, wash them in spring water, and boyle them from a pottle, to a quart, with a soft fire, then take it off, and if it be bitter, when you have strained it adde to it some suger candy.

If this be taken before the purples appeare there is no feare. S: A: M:.

The meaning of these Figures.

Grana	}	G
Scrupuli		ʒ
Drachme		ʒ
Oncia		ʒ
Quarte		ʒ
Libre		ʒ
Semis		ʒ
Manipuli		M
Pugilli	P	
Ana.	ana.	

Agraine is a barley corne taken in the midst of the care.

A scruple is twenty barley cornes.

Three scruples containe a Drachme.

Eight drachmes containe one ounce.

Quart signifieth a quart of any thing.

Libra is a pound

Semis is the halfe of every weight.

Manipulus is a greate handfull.

Pugillus is a small handfull.

Ana signifieth of every one a like much.

A Drachme is the eight part of an ounce.

Marke that mallowes are poyson from the beginning of February untill the midst of March. M: R:.



The virtues of herbs at all times  
 From the annuntiation of our blessed lady untill mid Jom the leaves and flowers are in virtue.  
 From mid Jom or untill St. Michael the crops and herbs are in virtue.  
 And from St. Andrew untill the annuntiation of our blessed lady the roots are in virtue. J. Wh.  
 Now the foure complexions doth raigne in the whole day. M. D.

Choller raigeth from nine of the clocke in the morning, untill two in the after noone. Then at three in the after noone melancholly raigeth, and lasteth till eight at night. And then at nine beginneth flegme, and lasteth untill two after midnight. And then at three after midnight raigeth sanguin or blood, and lasteth untill eight in the morning; and then choller againe. M. D.

### The right Rubarb and the best choice.

Rubarb is to be chosen, that is best that is brought from China, being fresh and new, and of a light purple red, with certaine veins and branches of an uncertaine varietie of callour comonly whiteish.  
 But when it is olde the callour becometh ill favoured by turning yellowish or pale, but more if it be wrought: being chewed in the mouth it is somewhat glemy, and clammy, and of a saffron callour, which being railed upon paper or some such thing sheweth the callour more plainly, the substance thereof is neither hard, or closely compacted, nor yet heavy, but something light; and as it were in a middle betwene hard and soft, and something saungie, it hath also a sweete and pleasant smell. The second in goodnes is that which cometh from Barbary, The last and worst from Bosphorus, and Pontus. Yerrard.

### A marvelous experience of the Oake.

The most cunning and noble man Arnold de villa nova speaketh of the virtue of this tree, and saith the wine made of the acorn of the oake made in powder, to be good against all diseases of the belly, and especially the colick stone, and strangurion, for the veins of the backe, one or two acornes eaten is good to stopp vomiting, and to avoid flegme, and for restoring the liver and melte, and for all diseases about the heart, for the cough the paine in the backe, for diacuis in the stomack. Also it represseth all hott vents in the guttes or bowells, and it breaketh the stone. Also it will take away the colde that women have which letteth them from conceiving; the water, or powder of acornes is good to put away corruption of meates, and also of ill ayres, it is good against the pestilence, and he that used this water or powder he shall not be infected with that sickness. Albertus saith that a lord which was a Jew was sicke of the sicknes, and all Physicians, and Chirurgions had forsaken him, and the very powder of the leaves of an oake tree drunken with a little suger because it is bitter did helpe him, which was a greate miracle unto the disease being held incurable.  
 Another thing proved, take an oake leafe and lay it upon a legge that is sore, be it either botch or canker, and it will heale it with continuance; also it helpeth St. Anthonges fire. J. W.

### The virtues and experience of sage.

Whoever doth eate sage he shall never need of a chirurgeon or physician, the powder of sage taken either in meate or drinke, is most necessary against excess of humors, and specially against flegme and melancholly, it purgeth the braine, destroyeth rheume, preserveth the sight, comforteth the stomack, maketh good digestion, destroyeth winds, restoreth appetite, of whatsoever cause it be lost, gotteth health, comforteth colde members, it is good for the paine of the back, it is good for the ague, either quotidian tertian, or quartan, it comforteth the breast and lungs, and all other members, the Jewe calleth it the powder of life. J. W.

### Of Polygonatum in Latine, the names.

Salomons seale is called in latine polygonatum of many knees, for soe the Greeke word doth importe, in shopps sigillum Salomonis, and seala celi, in English like wise seala celi, Salomons seale, and white wort, or white roots, in french Sean de Salomon.

### The temperature.

The roots of Salomons seale as Gallen saith have both a moist facultie and qualitie also, for they have faith he a certaine kind of attraction or binding, and biting witholl and likewise a certaine loathsome bitterness, as the same author affirmeth, which is not to be found in these that doe grow in our climate.

### The time.

They spring up in March, and shew their flowers in May, the fruite is ripe in September.

### The virtues.

Diascorides writeth that the roots are excellent good for to seale or close up greene wounds being stamped and laid thereon, where upon it was called sigillum Salomonis of the singular vertue that it hath in setting up wounds, broken bones, and such like, some have thought that it tooke the name sigillum of the mark upon the roots; but the first reason seemeth to me most probable: the roots of Salomons seale stamped while it is fresh and greene, and applied taketh away in one night or two at the most, any bruise, blacke or blew spots gotten by falls, or womens withfullnes, in stumbling upon their hasty husbands fists, or such like.

Gallen saith that neither herb, nor roots hereof is to be given inwardly; but note what experience hath found out, and of late dayes, especially among the vulger sorte of people in Hampshire, which Gallen-Diascorides, or any other that have written of plants, have not so much as dreamed of, which is, that if any of what sexe or age soever, that chance to have any bones broken in what parts of their bodies it be, their refuse is to stampe the rootes the veg, and give it unto the patient in ale to drinke, which holdeth, and gluet together the bones. Gerard.



Ache. 1 2 3  
 Bruises. 3 4  
 Sores. 4 5  
 Wounds. 5 6 7  
 Pleure. 7  
 Swelling. 7 8 9 10  
 Collicke, stone and gravell. 10 11  
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The late of wisdome mentioned in the nine and twentieth folio is to be made three  
 wayes. viz. *Satum sapientia* for closing of glasses.

Take ceris and bole armoniack of each an equall quantitie, in very fine powder, and mix it with linseed oyle then  
 strike it on linnen clothes, and it serves eyther for fencing, or luting glasses.

An other way.  
 Take fine chalk, to which add the drofs of Iron brought to fine powder, and common wood ashes, shorne flocks,  
 and horse dung, these must be stamp or strongly mixt together, with whites of egges, and sea water.

Another way which resisteth ayre and water  
 without disioyning, and is like marble.

Take a quantitie of strong and glewing mortar well beaten, mix with this as much new lime unslact, and  
 upon it cast oyle olive, or linseed oyle, and it will in short time become as hard as marble.



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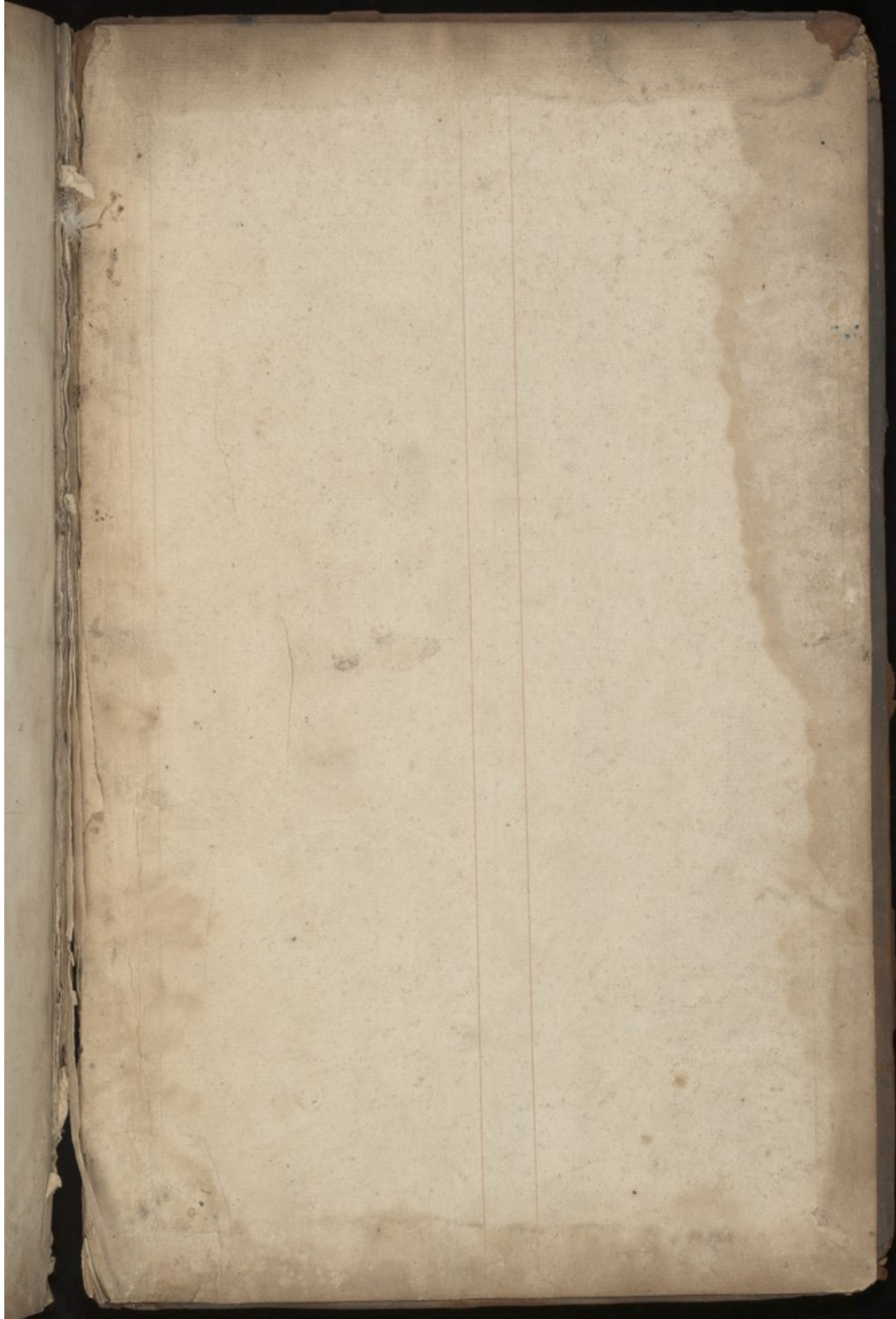
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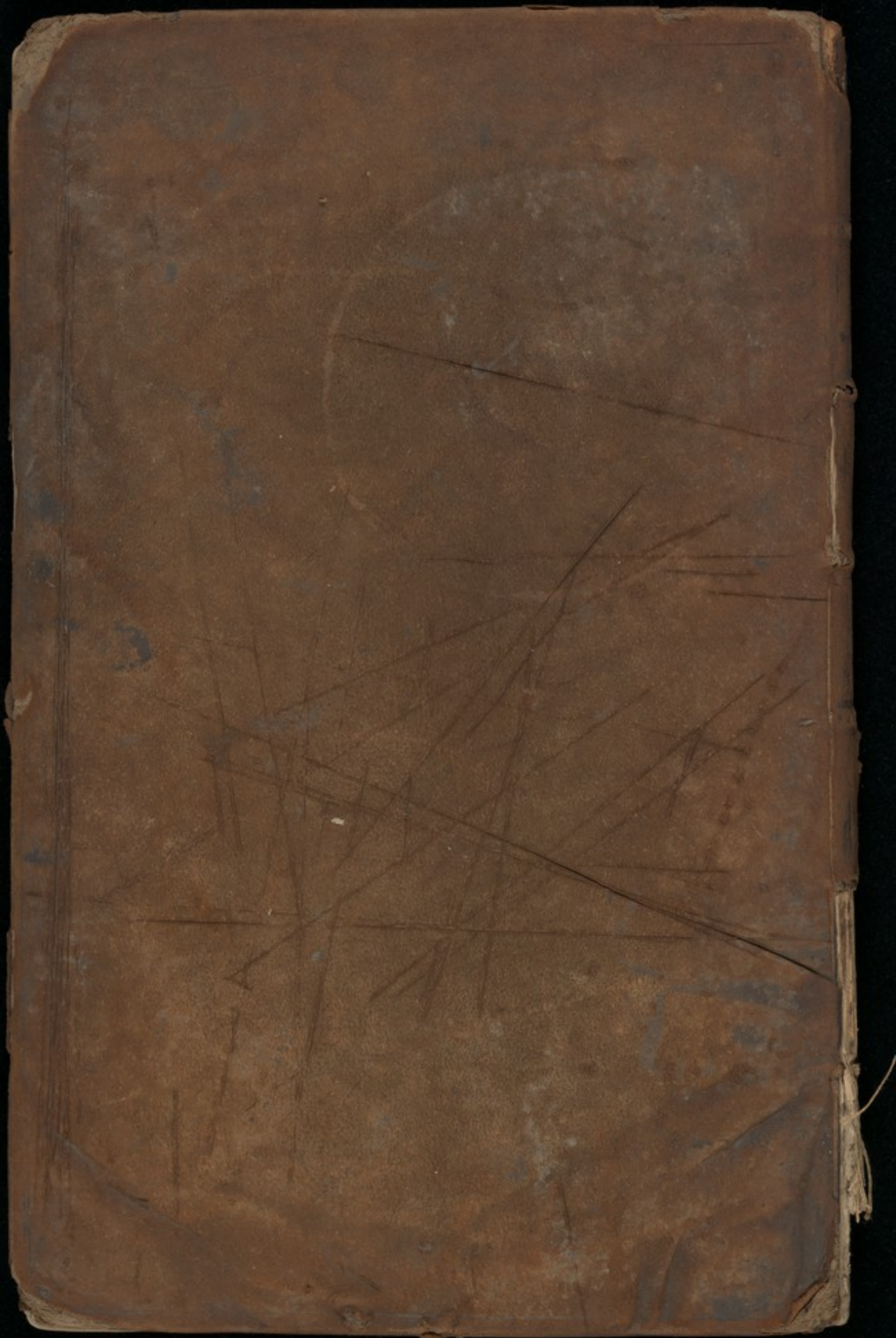
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To make a water that will both heale the canker in the mouth, and to heale both old sores and new wounds.

Take one handfull of rosemarie, of parsley rootes three handfulls, of woodbine leaves, of primrose leaves, and violet leaves, of each three handfulls, and one handfull of red sage, bruse the rosemarie and straine it, and so do of all the other herbes, and put the iuice of them into a quart of Junitary water and let them seeth to a pinte then take vinegar, and the powder of roche allome, and put thereto such a quantity, that the allome and vinegar may beare the cheefest taste, and wash the wound or canker continually therewith, and cleaue the wound of the dead flesh; this is the best medicine for the rownce in a hawke, that can be. la. W.

For the canker or poche.

Take clicampare rootes or leaues sodden in carriers blacke, from a pottle to a pinte, and straine the same, then put thereto burnt allome, eight or ten spoonfulls, and wash the sore, and it shall heale the poche or canker.

Take white

Take of sage  
small in a m  
drye, beate it

Take three pe  
one handfull  
make it swee  
as that the d  
not care it s

Take of the  
till they be

Take of gar  
vinegar, use  
pimpernell  
blacke it is

Take small  
linen clot

Take a han  
handfull, or  
all these to  
this will br

Take a hang  
handfull tw  
beate all th  
as will thi  
not broken  
it, you must

A medicine for the canker.

order of the same, and lay it to the sore when you goe to bed.

For the canker in the mouth a good medicine.

parsley, a like quantity, shred them with a knife, and stamp them into a little burnt allome, then take it up and drage it, and when it is drye it, for it hath been often proved, and neuer failed. l. m. q.

A most soveraigne water for a canker.

ter, of rue, red sage, rosemarie, woodbine, leaves or buds, of each allome, and as much honey as will if the canker have so eaten it of burnt allome, and if this doe

the quantity, boyle them together for the space of twenty dayes.

rest. and boyle them in good wine, untill it waxe white, then take a plaister to the breast, if it be

quantity of honey, spread it on e it be broken.

powder of fenegrecks of each one the vinegar, three spoonfulls of honey, the yolles of three eggs, set it stirr it well for feare of burning, and lay it hott to the sore, you change it make cleane the corruption.

Another for the same.

under, of housleecke, groundfell, and of marigolds of each one olly, and whites, of barrows grease the quantity of a good walkutt, then take as much wheate floore without any bran in it, it plaister-wise it will be very curdy, if the breast be from breaking, and if it be broken, neuer so sore it will heale a plaister aboue once in two dayes.





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